50 years later
Niles North High School class of 1968 holds reunion. Page 4

Niles North High School 1968 graduates Art Gould, left, and Andrea Siegel look through their senior yearbook Sept. 28 at the Curragh Irish Pub in Chicago during a class reunion event.

LIVING
Is it time for counseling?
Experts say there are yardsticks for when your relationship could use professional help — and delay can make recovery harder. Inside

WHAT TO DO
Politics, corruption in 1920s Chicago
Screwball comedy “The Front Page” brings a message of hope. Page 21

OPINION
Blaser: MLB due for a new playoff system
A better playoff system would make for better baseball. Expanding to 16 teams and creating new divisions would create an interesting month of October baseball. Page 14

SPORTS
Swinging for state
The boys and girls golf state meets tee off downstate. Page 30
Larry Greenberg, retired technology ‘dinosaur’

Larry Greenberg recently took a walk at the Emily Oaks Nature Center with his wife on an unseasonably warm and lovely fall day. Greenberg said he is retired but used to work “in various aspects of technology.”

Q: How long have you lived in Skokie?
A: I’ve lived in Skokie for 36 years.

Q: Where did you grow up?
A: Brooklyn, New York. We moved to Chicago in ’76 and came to Skokie in ’82. We came to this area for work. At first, we were thinking about going back to New York but it worked out that we stayed here. We had choices to move to Chicago but decided to stay.

Q: What kind of technology were you involved in?
A: I was involved in internet, infrastructure, telecom — things like that. Now, I’m a dinosaur. By the late 2000s, I was already passé.

Q: Do you have pets?
A: Not anymore but we used to have two dogs. Our first was a Beagle and our second was a Lab Mix.

Q: Do you have children?
A: We have two (sons). They’re 42 and 36. One is in the Army. He’s a physical therapist. And the other is a government specialist for a gas pipeline company.

Q: What book are you currently reading and what book would you like to read next?
A: I just read “Jewboy of the South.” It’s a novel. You could say it’s something of a historical novel. I saw a review and the first paragraph grabbed me. I’m reading (“Conservatism: An Invitation to the Great Tradition”) by Roger Scruton.

Q: What did you want to be when you grew up?
A: Probably I wanted to be on the Supreme Court but not anymore.

Q: What was your first job?
A: When I was about 10 years old, I delivered milk to a butcher on a 60-pound bike and had to walk upstairs to deliver for more meager tips. My master’s degree was in city planning. I later worked for Brooklyn College doing a massive campus planning.

Q: Do you have any words of wisdom?
A: Be yourself because those who count don’t mind and those who mind don’t count.

Q: What is your favorite local restaurant?
A: I suppose we go to Chinatown in Morton Grove a lot. It’s our favorite place for Chinese food.

Q: What is an interesting factoid about yourself?
A: I’ve taken up drawing late in life and I’m half-way decent at it. I draw faces, landscapes, buildings. Growing up, I used to doodle but I didn’t pursue it until very late in life. I like doing it because I like doing it, but I also find it’s sort of an oasis of peace in the world.
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Niles North class of 1968 hosts 50th year reunion

Staff report

The Niles North High School Class of 1968 graduated in one of the most turbulent years in American history, alumni acknowledged just before their recent 50th reunion.

But they say they remember equally well being the first graduating class to have spent all four of their high school years at what was then the new Niles North High School.

"In 1964, they opened Niles North and it was not even finished when we walked into the building," said Andrea Siegel, one of the leading organizers of the reunion. "That's a very clear memory.

At a get-together Sept. 28 at the Curragh Irish Pub on the Northwest Side of Chicago, many hugged and immediately shared memories. Some of the former classmates had not seen each other for 30 or 40 years, they said.

"As freshmen, we were excited being in a new school," Siegel said. "I don't think people were nervous going to high school because we were all experiencing something new at the same time."

According to reunion organizers, more than 180 classmates from among 550 Niles North 1968 graduates descended on Skokie Sept. 29 for the 50th reunion held at the DoubleTree hotel.

The class also raised nearly $8,000 for the Niles Township High School District 219 Educational Foundation, which helps students in financial need.

Officials say 3 out of every 10 NTHS Dist. 219 students qualify for the free or reduced-price lunch program, a number that has grown dramatically since the foundation was formed in 2007.

Many 1968 graduates said the donation shows a continuing interest in their former high school. Some have stayed close to classmates for decades and a handful have even married each other, they noted.

Dale (Olsen) Tadelman, former Niles North homecoming queen, said she had no idea that she and Ed Tadelman would spend their lives together after their first date — bowling and dinner.

"I was actually in love with someone else who was in Europe at the time," she said. "He was older than me and he was gone and studying abroad. My husband and I were best friends before we were in love with each other."

Married for 44 years, the couple now have two married children, four grandchildren and live in Lake of the Hills.

"I knew he was a great guy the moment we went out," she said.

Their is not the only lasting love story among the ’68 class.

Graduates Laura (Kaplan) Saret and her husband, Larry, also married — even after they went to different colleges and agreed to date other people while they were apart.

"Some of us did a little more dating than the other," Larry said, smiling.

Laura acknowledged she dated more but said she never found anyone better.

Andy Pearlman Tobor, who came from San Francisco for the reunion, called the 1968 class "unusual."

"I think we're almost closer now than we were as a class," she said. "Many of us stayed in touch and it just feels different."

Some said the '68 class was so large and remember there were four different halls so it was like being in four different schools.

Half a century later, they are the only class where most of their alumni celebrating a 50th reunion are the same age as the year they graduated — ’68.

The reunion attendees joined together to look through yearbooks and old photos. Many remembered Niles North being the first school in the area to have air conditioning, making students there the envy of those in other buildings.

Others shared vivid memories of the snow storm of 1967 and of certain teachers.

Mike Korey, vice president of the class of ’68, said he looks back on Skokie as having been a perfect place for teenagers.

"Growing up in Skokie was so great in those days," he said. "We'd go play ball, meet friends at the park, you didn't have to have anything organized, and we'd play hockey in the winter and go bowling and walk to Orchard Twin Bowl. It was just ideal. People talk about growing up in Brooklyn being so great, Skokie was the same."

But outside of the idyllic suburb was a country in turmoil.

In their final year of high school: the Vietnam War raged on, civil rights leader Dr. Martin Luther King Jr. and Robert Kennedy were assassinated, and the Democratic National Convention — held in Chicago and just miles from the Skokie high school — became infamous for drawing a violent clash between protesters and police.

Graduate Ellen Waxberg said she was planning to work for Robert Kennedy that summer when she learned he had been killed.

"I remember thinking, "what was happening to this country?" she said. "After his brother died, I thought Bobby Kennedy was going to save the country."

Graduation day in '68 was the official day of mourning for Robert Kennedy, alumni recalled.

Some alumni talked about the way national events that year shaped their lives, mostly after they graduated. In high school, many said they felt "protected" and "safe."

"We were at a school where we were all very similar: middle-class and educated," said Siegel. "And I think our awareness made us care about each other more. You can still see that 50 years later."
Customers browse apparel Oct. 4 at the recently reopened Sears in Oakbrook Center. The state says the retailer is closing its Niles store and laying off 75 workers by December.

Sears to close Niles store, lay off 75 employees

420 workers to be affected nationwide

BY LAUREN ZUMBACK
Chicago Tribune

Sears will close its store in north suburban Niles in mid-December and lay off 75 workers there, according to a report from the Illinois Department of Commerce and Economic Opportunity.

The Niles store at Golf Mill Shopping Center wasn't among the 46 Sears and Kmart locations Hoffman Estates-based parent Sears Holdings Corp. previously said would close before the holidays. But an August announcement suggested more closures could follow.

Sears also reported to the state 75 layoffs at its corporate headquarters, which took place in September.

As the company gets smaller and looks for ways to cut costs, "we continue to evaluate all areas of our cost structure and pursue measures to achieve cost savings, including greater consolidation of the Sears and Kmart corporate and support functions," spokesman Larry Costello said in an email. "We do not take these decisions lightly, but they are a necessary part of our efforts to transform the company and return it to profitability."

It wasn't the first round of job cuts or store closures for the struggling department store chain this year. Sears already has announced two rounds of layoffs affecting 420 corporate employees, and the 46 stores identified on the August list of closures are in addition to 78 more stores the struggling department store chain had announced since May.

Last month, Sears CEO Edward Lampert's hedge fund urged the company to restructure debt and sell assets, including nearly all of its remaining real estate, to stave off bankruptcy. The company has said it expects to have half as many Sears and Kmart stores by the end of the year as it did just two years ago.

But not all of the brick-and-mortar downsizing has involved closing stores. Last week, the company re-opened the Sears in Oakbrook Center after a remodeling that shrunk the store to about a quarter of its former footprint.

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Annual Morton Grove 5K also a fundraiser

Race to the Taste benefits program that helps families

BY KARIE ANGELL LUC
Pioneer Press

Despite a rainy forecast with lightning earlier that morning, the annual Race to the Taste in Morton Grove took place Oct. 6 under clear skies and a temperature of 64.

Registrants of all ages could run or walk the 5K course, stepping off at 8:05 a.m. on Oak Park Avenue and ending on Churchill Avenue.

More than 180 people were pre-registered for the event, and there was space for additional race day, said Sue Braubach, wellness and fitness manager for the Morton Grove Park District.

"It's a nice way to get out and stay fit and healthy," Braubach said.

The event benefited the Morton Grove Park District Financial Assistance Program.

"That is for families who maybe can't afford camp or after school programs," Braubach said.

"Some of the money can go towards assisting them and being able to put their children in those programs," she added.

The event has taken place for several decades, Braubach said, adding that volunteer support makes a welcome difference.

"It's giving back," said Carol Gail of Glenview, a volunteer.

The event this year took place the day before the Chicago Marathon.

"Sometimes it's a good, short race prep work if you're running the marathon on Sunday," Braubach said.

Kathy Maloney of Park Ridge has participated in this Morton Grove race before, she said.

"I like it." Maloney said.

"It's really quick."

The first finisher of the 5K was Jose Vargas of Chicago who crossed the finish line with a time of 18:52.

"It was nice, a tremendous course," Vargas said, minutes after completing the race.

Moretti's Ristorante and Pizzeria of Morton Grove was among the event sponsors. Participants could nosh on pizza and chicken nuggets. There was fruit too.

Other sponsors also gave of amenities and services.

"It's for the community," said Mike Kelly, general manager of Moretti's.

"They take care of us so we take care of them."

Kane Angell Luc is a freelance reporter for Pioneer Press.

Jose Vargas of Chicago, pictured, was the first cross the finish line of the Race to the Taste 5K Oct. 6, with a time of 18:52, in Morton Grove.
Holocaust Museum showing virtual reality film

'The Last Goodbye' offers survivor's tour of concentration camp

BY MYRNA PETLICKI
Pioneer Press

The Illinois Holocaust Museum and Education Center is premiering a film where Holocaust survivor Pinchas Gutter takes viewers on an emotional tour through the Majdanek Nazi concentration camp in Poland, where he was held captive and where his parents and twin sister died.

The award-winning virtual reality film "The Last Goodbye," created by the USC Shoah Foundation, will run at the museum in Skokie through Jan. 27.

Visitors view the approximately 15-minute film one person at a time in a small enclosed screening area, wearing special goggles. Viewers follow Gutter as he drives to the concentration camp on what the 86-year-old survivor believes will be his last journey there.

Those watching the film will feel as if they are in the railway car like the one where Gutter and his family were transported to Majdanek—the car so packed, Gutter says, that some people suffocated to death there.

The experience includes a 360-degree visit to the gas chamber, shower room and barracks.

Gutter shares his tearful memory of the last time he saw his 11-year-old twin sister, running to be with his mother. He admits that he has an image of her hair in his mind but cannot visualize her face.

Shoshana Buchholz-Miller, vice president of education and exhibits at the Illinois Holocaust Museum and Education Center, oversaw the installation of the project.

She noted that the USC Shoah Foundation, which created "The Last Goodbye," had shown the film at festivals but it had never had a long-term installation.

"Several Holocaust museums had been in conversation with the Shoah Foundation about using it in their museums," said Buchholz-Miller. "We, as a group, decided that we would be the national premiere of the installation in September."

The other participating museums are the Museum of Jewish Heritage in New York, the Florida Holocaust Museum and the Los Angeles Museum of the Holocaust.

The Illinois Holocaust Museum wanted to participate because, "We are very focused on telling survivor stories in new and innovative ways in an effort to engage as many people as we can in telling those stories," Buchholz-Miller said. "This is the first of its kind—a virtual reality tour of a camp by a Holocaust survivor. It is incredibly emotional and immersive."

Pinchas Gutter was chosen to be featured in the film because he was the first person who was filmed for the Illinois Holocaust Museum's Interactive Holographic Survivor Stories Experience.

Gutter had previously visited the camp and he frequently speaks about his Holocaust experience, Buchholz-Miller said.

"It was a very emotional experience for him and you can see that when you watch the film," she said.

Viewing the film creates a unique experience, Buchholz-Miller noted.

"It's very powerful to be immersed in the physical space," she said. "You feel like you're standing there in the shower, in the barracks, in the crematorium. But what makes it most powerful is hearing Pinchas tell his personal recollections of the last time he saw his sister. Also, him making comparisons and thinking how we need to apply these horrible lessons to today, in wars and genocides. And how we need to take action against them."

Gutter, who was born in Poland, lived in five different concentration camps over the course of the war. After the war, he lived in several countries, including England, France, South Africa and Brazil. He currently resides in Canada.

Buchholz-Miller observed that people who view the film "are incredibly moved by it and very engaged by it."

Myrna Petlicki is a freelancer.
The following items were taken from the Niles and Lincolnwood Police Department reports. An arrest does not constitute a finding of guilt.

Niles

**ASSAULT**
- Montez Cannida, 49, of the 4200 block of Oakton Street, Skokie, was charged with aggravated assault and retail theft on Oct. 2. According to police, earlier this year Cannida was accused of stealing purses from an unnamed Niles store, pulling a knife and allegedly threatening an employee when he was confronted.

**BATTERY**
- Jose L. Garcia II, 38, of the 8000 block of West Foster Lane, was charged with domestic battery on Sept. 30.

**THEFT**
- Mohammad W. Zzaman, 42, and Mastura Begum, 32, both of the 8800 block of Jody Lane, unincorporated Maine Township, were each charged with retail theft on Oct. 1 after they were accused of stealing $1,844 worth of various merchandise from a retailer in the 200 block of Golf Mill Center.
- Zzaman and Begum are each scheduled to appear in court Nov. 11.
- Nebojsa Denikov, 56, of the 9000 block of Culumbeland Avenue, was charged with retail theft on Oct. 2 after he allegedly stole $280 worth of merchandise from a store in the 8600 block of West Dempster Street. Denikov is scheduled to appear in court Nov. 1.
- Police are investigating a report of more than $20,000 worth of unauthorized charges made to a credit card belonging to a medical office in the 7700 block of North Milwaukee Avenue.

**WEAPONS**
- A 15-year-old boy from Park Ridge was issued a local ordinance citation for unlawful possession of a prohibited weapon on Sept. 30 after officers responded to a call of a teen holding a knife in the 8000 block of North Merrill Street. According to police, two teens were located and a folding knife was found in the pants pocket of the 15-year-old. He was released to his parents, police said.

**DISORDERLY CONDUCT**
- A 29-year-old Palatine man and a 49-year-old man from Wauconda were each ticketed for disorderly conduct after they were allegedly involved in a physical altercation with each other Oct. 1 inside in the 8700 block of Dempster Street.

**DRUGS**
- A 14-year-old Chicago boy was ticketed for possession of marijuana after a vaping cartridge containing about 1 gram of cannabis oil was found inside his locker at a school in the 7600 block of Dempster Street. The student's locker was being searched as part of an in-school investigation into a complaint that he had made an anti-Semitic comment in class, police said.

**THEFT**
- Two men allegedly stole $1,189 worth of over-the-counter medications from a store in the 5600 block of West Touhy Avenue on Oct. 2.

Lincolnwood

**CRIMINAL DAMAGE**
- Two vehicle tires were reportedly slashed between Sept 30 and Oct 1 while the vehicle was parked in a lot in the 7200 block of Cicero Avenue.
- A vehicle was reportedly damaged between Sept. 28 and Sept. 29 while parked in the 6800 block of Hamlin Avenue. Police said the side mirror was no longer on the vehicle and the signal light was found on the ground.

**CRIMINAL TRESPASS**
- A vehicle was reportedly broken into on Oct. 4 while parked in the 3900 block of Loyola Avenue. Police said the owner of the vehicle found a light on inside the vehicle and a door ajar. The center storage compartment of the vehicle was found open, police said.

**THEFT**
- Wheels and tires attached to a vehicle were reportedly stolen between Oct. 1 and Oct. 2 while the vehicle was parked in the 3900 block of Wallen Avenue. Police said the vehicle was found resting on eight landscape bricks.
- A welder/generator was reportedly stolen from a job site between Sept. 28 and Oct. 1 in the 3900 block of Devon Avenue. Police said the equipment piece was on wheels and tire and shoe marks were found near where it had been located.
- A cell phone was reportedly stolen Oct. 1 in a store in the 3300 block of Touhy Avenue. Police said the owner placed the phone on a counter while looking at other merchandise when it was stolen.
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Hawk pride winds through Park Ridge

Nice weather benefits Maine South parade

Sunny skies and a touch a cool, fall weather provided the backdrop for Maine South High School's 2018 Homecoming Parade on Sept. 29.

The parade, following its traditional route, traveled from Maine South to Uptown Park Ridge and featured a variety of school clubs, athletes and performers displaying their Hawk pride.

Riding on top of a convertible were Maine South's 2018 homecoming king and queen, Sean Kelly and Alyssa Faltin.

-Pioneer Press staff

The Maine South High School marching band is shown during the homecoming parade in Park Ridge on Sept. 29.
District 63 board appoints new member to fill vacancy through April

BY ALEXANDRA KUKULKA
Pioneer Press

The East Maine School District 63 Board of Education appointed a new board member Oct. 4. Katie Anderson, a Morton Grove resident, will fill the vacant seat left by former board member Angelo Scarsella, who resigned from the board in August, according to a district news release. The appointment runs through April 2019, after which time the seat will be filled through local elections.

Anderson, a district resident since 2015, has three children, one of whom attends Melzer School, according to the release. She has bachelor's degrees in English and marriage, family and human development from Brigham Young University, according to the release.

"I'm truly honored and excited to serve on the D63 Board," Anderson said in the release. "As a mother of a district student, I've been impressed with the enriched educational experience our schools offer — and the way they celebrate inclusiveness, family and community participation, and diversity. I look forward to supporting the district's focus on student success and on the growth and development of every child's mind and future."

The board received applications from four candidates to fill the vacancy, according to the release.

"Each possessed unique assets that would serve our school community well; it was a difficult decision," said Board President Alexandra Brook in the release. "After a great deal of discussion, the board chose to appoint Anderson. Her passion for children's literacy and providing an equitable education to all D63 students resonated deeply with us."

District 63 includes portions of Niles, Morton Grove, Park Ridge and unincorporated areas near Glenview and Des Plaines.

EAST MAIN SCHOOL DISTRICT 63
Katie Anderson was appointed to the East Maine School District 63 Board of Education Oct. 4.

Lincolnwood to officially open Touhy Ave. overpass

Staff report

The Touhy Avenue Overpass in Lincolnwood will officially open Oct. 11 following a ribbon cutting ceremony that several community leaders and stakeholders are expected to attend, according to a village news release.

"The new overpass will allow cyclists and pedestrians to safely cross Touhy Avenue on the Valley Line Trail and serve as a new gateway feature for the village," officials said in the release.

Lincolnwood officials will open the overpass for public use at the ceremony, which is scheduled for Thursday evening.

"Attendees are encouraged to bike or walk to the ceremony, which will be held on the north side of Touhy Avenue where the overpass meets the trail," officials said.

Funding for the project came from a Congestion Mitigation and Air Quality grant, where 80 percent of the total project is paid for using federal funds. Construction of the overpass began nearly one year to the day from the scheduled official opening, according to the release.

"This will be a wonderful enhancement for path users, and a beautiful gateway into the Lincolnwood community," Lincolnwood Parks and Recreation Director Laura McCarty said in the release.

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Residents displaced by condominium fire gather for fundraising dinner

By Jennifer Johnson
Pioneer Press

Less than two weeks after a condominium fire in Maine Township, the residents gathered for a fundraiser to help raise money for those affected. The fire at the complex has left 65 people without homes.

At a Sept. 25 Niles Village Board meeting, officials estimated the cost of the entire project at $2 million. A community dinner was held Sept. 27 in the clubhouse of the Landings condominiums to help raise money for the residents of building J. They were displaced by the fire that broke out in the building on Sept. 16 and took the life of one of their neighbors, 85-year-old Hilda Edelman.

Many of the building's residents, who have been staying in motels, have secured rental apartments nearby, returned to the complex for dinner, which featured a variety of foods donated by area businesses.

"We're lucky we're part of such a giving community," said Marina Dikanovic, a resident of the building.

Two rooms inside the Landings clubhouse have been set aside for donations of clothing, household items and toys, with residents invited to take what they can use. Residents said they have also received grocery store gift cards from Maine Township, along with donations of food. A local business donated gift bags of body wash and facial cleansers for women as well, Dikanovic said.

"We experienced some real generosity from everyone around us - our neighbors, our community," said Russ Nairner, who escaped his condo unit on the morning of the fire with his wife, Mariya, and the couple's two daughters, ages 3 months and 2 years. "It's beyond what we would have expected, really."

Temporarily living with family members, the Nairners are hoping a condo in another Landings building will become available to rent until they can move back into their own unit. Several residents, including Nairner, said they were told that the building will be repaired, but that it could take a year or more before they are able to return.

Some residents were allowed back into the building briefly to retrieve valuables from their units, only to discover that water used to douse the fire had damaged much of what they had owned.

On Sept. 27, Nairner said he was still waiting for his insurance company's adjusters to be allowed access to his unit to survey the damage.

"Right now, everything is up in the air," Nairner said. "Saturday evening, everything was fine, watching TV and enjoying time as a family, and Sunday morning you're homeless with no idea what is happening. We're all in the same position."

"We try not to think about it too much," said Cosmin Cernea, a fourth-floor resident. "Sometimes it's hard to imagine. It's like a bad dream and trying to wake up."

Eileen Schumann has lived in the Landings for 40 years - almost as long as the complex has been there. She escaped her second-floor condo with her dog, Madi, on the day of the fire and has been staying with a friend.

"You never expect it to happen to you," she said. "It's always something you just watch on TV."

When she heard the fire alarm sound that day, Schumann assumed it was a false alarm and that she would soon be back in her condo, she recalled.

"Not this time," she said. "It was horrendous just seeing the flames."

While her living room was largely spared significant damage, the ceiling in her bedroom collapsed due to the amount of water that had flowed into the building, she said.

Another resident, who did not want to give her name, said water had been at least knee-high inside her fourth-floor unit, which she saw for a short time when she allowed back in last week.

Everything is gone," she said.

The Sept. 27 fundraiser also drew residents of other Landings buildings who acknowledged that they, too, had been affected by the blaze.

"It affected me because I knew the majority of people who live there," said Angi Passarelli, who had tears in her eyes while reflecting on the fire.

"I think the complex is devastated," said Marianne Klyta, who lives in an adjacent building and took in a displaced friend for a few days. "When you see that happen to one building, you think about the fact that it could happen to yours."

The first thing that came to my mind was Prospect Heights," said Mary Larkin, another Landings resident, referring to the building that destroyed four connected buildings in the River Trails Condominium complex in Prospect Heights and left about 500 people without homes.

The cause of the fire in the Landings is being investigated by the Illinois State Fire Marshal's Office. The Cook County Sheriff's Department is also involved in the investigation.

Residents said they had not been told how the fire may have started.

"I want to know what caused it, what started it to make it that bad," Larkin said.

"We're lucky we're part of such a giving community," said Marina Dikanovic, a resident of the building.
Randy Blaser

One of my more recent columns focused on how to fix baseball.
I argued that it was time to add two new teams to the Major Leagues to give it a more balanced 32 teams instead of 30. I then suggested those 32 teams be divided into four eight-team divisions by geography in order to create new rivalries and enhance long-standing rivalries.

Imagine following a Midwest division featuring not only the Cubs and the White Sox, but also the Brewers, Twins, Tigers, Indians and Royals.

This year, the final standings in such a division would have had the Cubs and Brewers tied for first, but I would give the title to the Cubs because they beat the Brewers in head-to-head games all year.

Those top two teams would be followed by the Indians in third place, the Rockies in fourth, and the Twins, Tigers, White Sox and Royals in the bottom tier.

Now here is where my plan gets better.

We've seen the current playoff system play out already, with a single playoff game between the Cubs and Brewers for the NL Central title, and also the Brewers and Dodgers for the NL West title.

Those games ended with the Brewers and Dodgers winning and making it into the playoffs. The Cubs were then forced to play the Rockies in the single elimination game to see which wild card team would go on to the playoffs.

We saw how that played out.

The Cubs had gone from the best record in the National League to a one-and-done wild card game.

My playoff plan would be immensely better.

In my realigned Major League, more teams — 16 in all — would make the playoffs. The first round of playoffs can still remain a best of five series. But within one week of baseball, we'd be down to eight teams, fighting in a seven game series.

So what would the games look like in my plan?

Let's say that in each of my new eight-team divisions, the top four teams make the playoffs and face off with the first place team playing the third place team and the second and fourth place teams taking each other on.

So in the new Central Division, the Cubs would play the Indians and the Brewers take on the Rockies. In the new East Division, I would have the Red Sox host the Pirates and the Yankees taking on the Nationals.

In the South Division, we'd see the Astros playing the Rays and the Braves taking on the Cardinals. And in the West, the A's would play the Mariners and the Dodgers host the Diamondbacks.

That would be an interesting week of baseball, don't you think? The next round could easily feature a Yankees-Red Sox showdown, Cubs vs. Brewers and A's vs. Dodgers. Wow.

If we wanted to combine two divisions to make a "league" and let the top eight teams in each league make the playoffs, no matter where they fall in their division, then that make up would be quite interesting, too.

Here's how that scheme would work.

If we put my new East and South Divisions together, the playoff lineup from the best playing the worst — would now see the Red Sox play the Nationals, Astros take on the Pirates, Yankees playing the Cardinals and the Braves challenging the Rays.

Over in the other league made up of the Central and West, would have this playoff scheme to offer baseball fans: The A's vs. Diamondbacks, Cubs hosting the Mariners, Brewers taking on the Rockies and the Dodgers battling the Indians.

I think this system makes a lot more sense than playing 162 games only to have one of the best teams all season long — the Cubs — knocked out in two elimination games because their bats went cold.

Maybe they wouldn't get out of a five-game playoff against either the Mariners or against the Indians, but that's a better payoff for such a great season than what happened this past week.

Now I know what you're thinking. Oh, Blaser wants to completely change baseball to help the Cubs because he's a Cubs fan.

Not so. Everyone who knows me knows I am a longtime White Sox fan, so I have no dog in this fight.

Nevertheless, it's time for baseball to make the big change.

Randy Blaser is a freelance columnist.
I am a survivor of sexual assault. This week has been nothing but painful.

SALLY HIGGINSON

Here's a list of what I wanted to write about this week: moving my daughter into her London dorm room; the fun of seeing the new musical adaptation of "Tootsie"; the recent research findings that drinking a boatload of caffeine boosts one's ability to withstand pain.

All of these could potentially be good topics for my little newspaper column, the place where I poke fun at the small insanities that make up the bulk of everyday life in the 21st century here in America.

Every time I start to write, however, the real world gets in my way. Though I'm not sure when you're reading this, I am writing it five days after watching the Senate Judiciary Committee's made-for-TV hearings. My sister and I spent last Thursday morning sitting together, riveted to every quivering word that came out of Dr. Christine Blasey Ford's mouth.

I am a survivor of sexual assault. You read that correctly, but I'm going to repeat it as an act of empowerment. I am a survivor of sexual assault. Watching Ford recount the trauma of her experience was profound. I sat in stunned admiration of her courage and composure, while her testimony brought the pain of my experience flooding back into the fore of my memory.

It was emotional. It was raw. It was wrenching. And it was real. Her truth mirrored my truth. Details differed, but the resulting cracks in the foundations of our psyches were the same.

Then I returned home and watched Brett Kavanaugh's testimony alone. That was a mistake. Seeing him turn red, lash out and deny every element of Ford's accusations triggered something in me nearly worse than the trauma of being assaulted. Almost 20 years after my incident, I confronted the person who assaulted me.

Like Kavanaugh, he denied it had happened. Like Kavanaugh, he turned red in the face. Like Kavanaugh, he grew belligerent. Like Kavanaugh, he believed himself and his behavior to be beyond reproach.

The Sept. 27 hearing is all I can think about. It's all my girlfriends and I talk about. Then, yesterday, my sister directed me to a Facebook posting, written by a friend's daughter. Empowered by Ford's testimony, this twenty-something young woman wrote about her sexual assault. There had been liquor. There had been a closed door, a drunk young man and there had been non-consensual, forcible, physically painful sexual assault.

How do I write about the struggle to find fitter sheets in London after reading that? How do I laugh about a clever new musical when I fear in my gut that at week's end the Senate will vote to confirm Kavanaugh's appointment to the Supreme Court, where he will take a sullied seat next to Clarence Thomas?

How do I make light-hearted observations about caffeine being able to numb pain when there is no amount of anything that can ease the pain of being dismissed no matter how calmly you speak?

This week, nothing is funny.

Sally Higginson is a freelance columnist.

No checkouts at new Amazon Go provide glimpse into future

Never have I been more excited about buying a Diet Coke.

On a recent lunch break, I walked a different route through the Loop, crossing the Adams Street bridge over the Chicago River on an overcast day, to get it.

Sure, I passed plenty of places where I could've bought a can of pop, but I was on a mission.

I had to check out the new Amazon Go store.

If you haven't heard by now, this futuristic shop at 113 S. Franklin St. in Chicago doesn't look much different than any other store, except for one big thing.

No one checks out at a cash register. You simply take your stuff and walk out.

OK, before you step into the future of retail shopping and pledge never to wait in an endless checkout line again, you need to do some set-up work on your smartphone before visiting the Amazon Go store.

Once you download the Amazon Go app and link a credit card or other payment source, you are good to... well... go!

Entering the store is a little like going into a musical when I fear in my gut that at week's end the Senate will vote to confirm Kavanaugh's appointment to the Supreme Court, where he will take a sullied seat next to Clarence Thomas.

How do I make light-hearted observations about caffeine being able to numb pain when there is no amount of anything that can ease the pain of being dismissed no matter how calmly you speak?

This week, nothing is funny.

Sally Higginson is a freelance columnist.

ERIC SCOTT

TOM WILLIAMS/AP
Who doesn’t want to be healthier, happier?

I feel like most people enjoy and appreciate tips on how to be healthier and happier. That includes me. So, when I stumbled upon a new NBC show called “Health + Happiness With Mayo Clinic,” I was intrigued.

What’s so funny is, I watched an episode, and it turns out, one of the show’s co-hosts and executive producers is an old friend of mine named Vivien Williams, who was the main news anchor for the Minnesota television station where I worked as a reporter over two decades ago.

I reached out to Vivien (who I call Viv) to talk about the show, and to gain some tips on how to live a happier and healthier life, particularly when it comes to relationships.

“Health + Happiness With Mayo Clinic” is a health, wellness and lifestyle show geared towards families and teens to help people make small changes to live a healthier, happier life,” said Viv, a 20-year veteran reporter for the Mayo Clinic who co-hosts and co-produces the show with nutrition expert and frequent Today contributor Joy Bauer.

With interviews of medical experts from the Mayo Clinic, along with Bauer’s healthy eating tips and recipes, “Health + Happiness With Mayo Clinic” is designed to inspire viewers when it comes to wellness and a better quality of life.

“The Mayo Clinic wanted to do this show because it was a great way to deliver credible information from Mayo experts to consumers,” said Viv, who is also a public speaker and documentary film maker. “There is so much chatter on the internet, it’s hard to know where the reliable sources are. We want viewers to get real information they can use from experts.”

At the end of each show, there’s a segment called “Happy Note,” which offers a wellness tip that can lead to enhancing interpersonal relationships. I asked Viv to share a few. Here they are:

1. **Assume positive intent.** If a loved one or friend says something that offends you, or if he or she snaps at you, take a second and think, “They are human.” Chances are, they are going through something and didn’t really mean to be rude. Thinking this way will help minimize conflict and make you feel more understanding and loving.

2. **Nature nurtures.** Studies show that people are healthier if they engage in nature. If you are stressed, take a moment to take a walk outside, go to a park, visit a greenhouse, buy a bouquet of flowers or even look out a window.

3. **A wishing well walk.** Take a walk and silently wish people well. Not only are you spreading wellness, but it will make you feel better, get rid of negative energy, calm a bad mood, and lift your spirits.

4. **Zoom out for perspective.** If you are trapped in the daily details of life, close your eyes, sit for a few moments, and think of two or three top things and/or people in your life.

5. **Pets not pills.** A pet offers the inspiration of feeling like a caretaker and like you are needed, thus improving self-esteem and self-worth. A pet also offers unconditional love, which is comforting and promotes self-love. A doctor recently interviewed stated that he had a patient who he is convinced got better much quicker than expected because he said he had to get home to take care of his dog.

6. **Say one good thing.** When you get home from work, say one positive thing to your spouse and other family members. For example, “You are a great listener,” or “Thank you for making such a nice dinner,” or “I love the picture you made for me.” The sentiment will make both your loved ones and you feel energized and happier.

7. **Make happiness a habit.** You can really train yourself to be optimistic. Research shows that people who are optimistic are healthier and live longer. Up to 80 percent of our own happiness depends on our conscious choices. Children tend to find happiness in little things. We should do the same.

8. **Coloring.** Did you know that adults color? There is a whole movement on how coloring promotes mindfulness. It is a way to focus on the moment, appreciate things and people around you, and relieve stress.

9. **Gratitude board.** Design a collage that includes photos of your spouse, kids, family members and pets, mementos of a fun vacation or event, pictures your kids made when they were young, and other items that are special to you. Look at it first thing in the morning, last thing at night or when you need some perspective.

**OPINION**

**Jackie Pilossoph**

**Love Essentially**

Jackie Pilossoph is a freelance columnist for Chicago Tribune Media Group.
Is it time for counseling?

Experts: There are yardsticks for when your relationship could use professional help — and delay can make recovery harder.
Animals associate pain with where they experience it

By Cathy M. Rosenthal
Tribune Content Agency

**Dear Cathy:** We have two 9-year-old cats. Charlie and Stella have been together since kittens and are both fixed. They get along fine. In the last six months, Stella has been going outside the litter box. I took her to the vet, and she checked out fine, just a little constipated. She now eats a prescription diet with fiber and gets a Cat Laxative to help. Our veterinarian also said it could be behavioral, so prescribed Amitriptyline HCL 10 mg, which is next to impossible to give to her. She is still a loving gentle cat, but urinates around the house, like in laundry baskets, on shoes and suitcases, even on the coffee table, which ruined our wedding album. Help! — John and Dale, Eaton’s Neck (Northport), N.Y.

**Dear Cathy:** I recently adopted a 2-year-old dog rescue from China. She had been in a rescue center here for three weeks when I got her. She is a wonderful dog, but, probably because of her background, has no interest in any toys, not even the ones that offer a reward. I take her for a walk each day, and she spends time in my backyard, but when she is home, there is nothing to entertain her. The only thing she likes is chewing on a bone, but I can’t give her too many of those. Do you have any suggestions? She is not destructive. — Diana, Smithtown, N.Y.

**Dear John and Dale:** Animals often associate pain and discomfort with where they experience it. When that happens, an animal avoids what they think is the trigger for their pain, which, in this case, is the litter box.

Your veterinarian has pointed you in the right direction, but I would also try a few other things to see if you can’t get your cat motivated to go back to the box.

First, she needs a second option. Can you add another litter box in the house that is in a different location? Add different litter products since the scent of the old litter could be a negative trigger for her too.

Second, if your current box is covered, then get an open litter box and vice versa. We want to create an entirely new experience for her.

Finally, buy a litter box additive to sprinkle into all the litter boxes. You can find it at pet stores or online stores. The products are designed to attract the cat back to the box.

**Dear Cathy:** I recently adopted a 2-year-old dog rescue from China. She had been in a rescue center here for three weeks when I got her. She is a wonderful dog, but, probably because of her background, has no interest in any toys, not even the ones that offer a reward. I take her for a walk each day, and she spends time in my backyard, but when she is home, there is nothing to entertain her. The only thing she likes is chewing on a bone, but I can’t give her too many of those. Do you have any suggestions? She is not destructive. — Diana, Smithtown, N.Y.

**Dear Diana:** Play is something people and animals do when they feel safe in their environment. Because you say it’s a recent adoption, give her more time before deciding she won’t play with all toys. I agree she probably has had an interesting journey, so it may take several weeks or months before she feels safe enough to play and explore her world.

Don’t worry if she is not playing right now. Continue taking her for walks and let her just enjoy outside time with an occasional bone. She is watching and smelling and learning about her world. As she adjusts, she will likely get more animated.

As she acclimates in your home, introduce her to a Kong toy filled with a few pieces of her food or treats along with a smear of peanut butter inside and outside to entice her. Do not give her lots of bones to chew, but there are long-lasting chews that a dog can nosh on that might be appealing to her. Remember to supervise her when she is chewing on a bone and put it away when she is done. Smear a little peanut butter on the bone every other day to keep her interested in playing with it.

Now having said that, you should know some dogs, when not introduced to toys as puppies, may never fully enjoy toys. But that doesn’t mean she might not enjoy a game of hide and seek or that you can’t train her to learn some commands or complete a small obstacle course in the backyard. Start training her to sit, stay, come, lay down, and heel on her leash to build trust between you. It will feel like play to her and keep her active.

As she relaxes in your home, her personality will continue to emerge, and you might be surprised at what she enjoys six months from now.

Cathy M. Rosenthal is an animal advocate, author, columnist and pet expert. Send your pet questions, stories and tips to cathyr@petpundit.com. Include your name, city, and state. You can follow her @cathymrosenthal.

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Is it time for counseling?

By Danielle Braff
Chicago Tribune

Experts say there are yardsticks for when your relationship could use professional help — and delay can make recovery harder.

Anika and Michael Byrley at their home in Chicago. The Byrleys went to marriage counseling shortly after infidelity and financial secrets were exposed and say they’ve benefited.

By Danielle Braff
Chicago Tribune

You’re arguing with your significant other. Is it time to go to couples counseling? Or is it too late? Or maybe it’s too soon? Does counseling even work?

Every relationship ebbs and flows, with good days and bad days ... so how do you know when your relationship has enough bad days to warrant couples counseling?

Most often, couples go to therapy two to five years after the start of negative feelings, such as increased conflict, lack of communication or intimacy, and discontentment in the relationship, said Amy Padron, a marriage and family therapist with the Glenview Counseling Group in Illinois. And according to relationship and marriage expert John Gottman, couples wait an average of six unhappy years before hitting the counseling couch. That's a long time to suffer through discontentment, Padron said.

"This unresolved conflict continues to damage the relationship further," Padron said. "I encourage couples to seek therapy sooner rather than later, as the relational work in therapy for them is so much easier when there are not years of unresolved hurts and resentments."

Other therapists encourage clients to follow the magic ratio of relationships: the 5-to-1 rule.

"Five positive interactions to one negative interaction," explained Erika Miley, a mental and sexual health therapist. "Do you find yourself having more negative interactions than positive? This is a good sign it is time to get some help."

Anika and Michael Byrley, of Chicago, went to marriage counseling shortly after infidelity and financial secrets were exposed. "We were trying to work through both the practical and emotional consequences of that," Anika Byrley said. The couple went about twice a month for just under a year, and it allowed them to understand that they both wanted the marriage to succeed — and they'd be willing to put in the effort to make it work. "Beyond that initial, critical phase of working through specific problems, we also each learned to ask one another for the things we need emotionally, and to listen to and then try to provide what the other was asking for," Byrley said.

While the couple, who have now been married for 15 years, aren't going to couples counseling currently, they plan to go again, even in the absence of a particular problem or crisis. Having a neutral listener who is supportive helps them see each other's perspectives and encourages them to understand each other Anika Byrley said. "We both know that's something that takes practice, and I think that going back to counseling on an occasional basis will help," she said.

The key is to start couples counseling before the problem becomes severe, said Raffi Bilek, a couples counselor and director of the Baltimore Therapy Center. That's because if couples have been fighting for months or years, there's much more anger and resentment to get through than if they seek advice and input when trouble is just starting.

Her advice for figuring out if you should try couples counseling: "If you think you might need couples counseling, you need couples counseling," Bilek said. "It doesn't have to be the last breath of the relationship; in fact, it will be much more helpful if it's done with the early signs of trouble."

One therapist even recommends that couples start counseling as soon as they enter relationships, as a preventive measure.

"Everyone brings their own baggage to a relationship. It is pretty rare to find baggage that matches yours exactly," Miley said, adding that the couples who are the most successful seek help before their patterns become toxic.

Couples therapy for happy couples is helpful because it primes them for going deeper into their relationship, said Sara Stanizai, licensed marriage and family therapist and owner of Prospect Therapy in Long Beach, Calif. But there are specific signs that a couple should see a counselor as soon as possible, she said. These include recurring disagreements about the same topic; feelings of depression, anxiety or unhappiness most of the time; a big transition or change occurring; less or more communication; feeling nervous about sharing feelings; and relying on others instead of your partner, Stanizai said.

Regardless of when you start, couples counseling does have concrete benefits. Marriage counseling statistics appear to vary, but all show that it helps with some couples.

The most recent study of 134 chronically and seriously distressed married couples showed that nearly half had clinically improved their relationship five years after eight months of therapy; 27 percent were separated or divorced.

The effectiveness of couples counseling is directly related to the motivation level of both partners — along with the timing of the counseling, said Whitney Goodman, a licensed marriage and family therapist based in Miami.

"A professional can help shine a light on the dynamics that are keeping you stuck and teach you new ways to interact and support one another," Goodman said.

And that works anytime.

Danielle Braff is a freelancer.
New York Media sees the value in expanding its books coverage

By John Warner
Chicago Tribune

Books coverage has been shrinking in newspapers — including this one — for about as long as I can remember.

Don't get me wrong, I'm proud to be nestled in the Sunday Chicago Tribune, the hometown paper I grew up reading, but what book lover doesn't miss the days of the stand-alone Printers Row book section?

Cataloging the technological and economic upheavals that have buffeted the business side of journalism would require a four-part series of this column, but the result has been a gradual shedding of content judged peripheral, which at many papers has sadly included books.

Bucking the trend is New York Media (Vulture, The Cut, Daily Intelligencer, New York Magazine), which recently announced it would be significantly expanding its books-related coverage, "tripling" its content spread across multiple platforms.

Last year, The New York Times, after years of running a kind of bifurcated system in which the daily and Sunday papers were separate fiefdoms, committed to a single vision for its books coverage under the authority of New York Times Book Review Editor Pamela Paul. Rather than signaling a consolidation and shrinking of coverage, this move added coherence and coordination, and included a redesign of the venerable Sunday Book Review.

Why are books worth investing in when it comes to drawing digital-age eyeballs?

I don't know anything for certain. These examples could be Hail Mary bets, but it feels more substantive than that. I think these publications understand what you and I both know: Book audiences are the best audiences.

When advertising online, it is difficult to achieve "market segmentation," grouping audiences in a way that allows for effective targeting of products and messages. Facebook and Google wield so much power because all of the personal data of ours they're busy hoovering up allows them to target advertising on their platforms.

Websites or parts of sites that draw a group with natural affinities create a kind of self-segmenting audience, which allows for more effective advertising, which publications can sell at higher prices.

Affiliate income, a chunk of revenue for anything purchased from clicking through a site to a vendor, also has the potential to be a nice chunk of ancillary revenue.

Business matters aside, I think there's a deeper reason why these publications are making this bet: They've recognized that books are enduringly popular and the nature of the internet as a medium has allowed book people to indulge.

This doesn't mean more book reviews, but it does mean more book coverage — features about authors or trends, themed lists, lost treasures. Recognizing that people want to read and talk about books as much as they want to read the books themselves is proving to draw audiences.

It works on me, anyway, both as a writer of this column and a passionate reader. Often now I'll finish a book I loved and go rooting around for interviews with the author or podcasts discussing the story or even online reviews from regular readers — all ways I can share and nurture my passion.

We are legion, folks. Let's hope more publications get wise to our power.

John Warner is the author of "Tough Day for the Army."

Twitter @biblioracle

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Book recommendations from the Biblioracle

John Warner tells you what to read next based on the last five books you've read.

1. "The French Lieutenant's Woman" by John Fowles
2. "Bleeding Edge" by Thomas Pynchon
3. "City on Fire" by Garth Risk Hallberg
4. "The Goldfinch" by Donna Tartt
5. "Where'd You Go, Bernadette" by Maria Semple

Michelle H., North Aurora
Almost feels like an easy one, which makes me suspicious, but I'm going with my gut: "The Sellout" by Paul Beatty.

1. "The Darkest Evening of the Year" by Dean Koontz
2. "The Bishop’s Pawn" by Steve Berry
3. "The Pharaoh Key" by Douglas Preston and Lincoln Child
4. "The President Is Missing" by James Patterson and Bill Clinton
5. "So Cold the River" by Michael Koryta

Pam K., Naperville
A clear preference as a reader, which I want to respect, but I can't resist getting a little off the path. For Pam, it has to be suspenseful, and I'm going with a great novel of dark, psychological suspense: "The Dinner" by Herman Koch.

1. "Cutting for Stone" by Abraham Verghese
2. "Maude" by Donna Foley Mabry
3. "My Name Is Lucy Barton" by Elizabeth Strout
4. "Maine" by J. Courtney Sullivan
5. "Without Reservations: The Travels of an Independent Woman" by Alice Steinbach

Lisa M., St. Charles
Here's how crazy reading is: If I just read the title "My Name Is Lucy Barton," I get an emotional reaction rooted in my experience of reading the book. Tell me that's not cool. Lisa needs something well-written and emotionally satisfying, which brings me to "Up From the Blue" by Susan Henderson.

Get a reading from the Biblioracle

Send a list of the last five books you've read to books@chicagotribune.com.
Influenza, colds most commonly transferred through saliva

By Dr. Eve Glazier and Dr. Elizabeth Ko

Dear Doctor: How contagious is spit? I read that an Ohio man with hepatitis C was sentenced to 18 months in prison for spitting at police officers and paramedics.

Dear Reader: You're referring to an incident in Cleveland last January, when several police officers came to the aid of a man who was passed out on the sidewalk in the middle of the night. As the officers were helping to load him into an ambulance, he spat at them and tried to get away. During the struggle, he spit at the people around him. According to police reports, the man hit one of the officers in the eyes.

Though the man was spitting, it wasn't the saliva that posed the threat. Rather, it was the blood mixed in with the saliva that was potentially dangerous. Hepatitis C is transmitted from a blood donor who is infected with the virus. The virus enters the blood of someone who is not infected. Although the likelihood of transmitting the virus via the bloody spit was low, the affected police officers underwent subsequent testing and got clean bills of health.

As for diseases that can be transmitted through saliva, influenza and the common cold are probably the most common. Direct contact with saliva can also expose you to the enteroviruses that cause a certain type of bacterial meningitis, the Epstein-Barr virus, oral herpes and gingivitis. Sharing a glass or eating utensils, using someone else's toothbrush and kissing are all ways that you can inadvertently come into contact with someone else's saliva. It's important to note that exposure to infectious agents does not automatically translate into developing the disease.

Perhaps most interesting is the ongoing research into the idea of saliva as a diagnostic tool. Scientists suspect that within that non-water 2 percent of saliva are proteins, antibodies and nucleic acids that may be biomarkers of both localized and systemic disease. The hope is for a breakthrough that can lead to the use of saliva both as a diagnostic tool for disease states and as a way to monitor general health.

Eve Glazier, M.D., M.B.A., is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.

Send your questions to askthedoctors@mednet.ucla.edu or write: Ask the Doctors, 50 Media Relations, UCLA Health, 924 Westwood Blvd., Suite 350, Los Angeles, CA, 90095. Owing to the volume of mail, personal replies cannot be provided.

Can Vicks VapoRub help relieve facial pain?

By Joe Graedon and Teresa Graedon

Q: I have been very interested in the messages about using soap containing limonene to help with cramp-like pain. I have been plagued with such pain on my face. I did research on products that contain limonene. Vicks VapoRub is one. I have been using that around my eyebrows and forehead, and it helps relieve pain.

A: We are fascinated by your report. That could help explain why Vicks VapoRub is considered helpful for soothing sore muscles. A chemist who specializes in volatile compounds reported to us that the soap people find useful against leg cramps usually contain limonene in their fragrance. This compound from essential oils has analgesic effects (Inflammation, April 2017).

We should offer one word of caution: Dermatologists have reported one case of skin depigmentation (vitiligo) triggered by the application of Vicks VapoRub (Journal of Clinical and Aesthetic Dermatology, November 2008). Be alert for any changes in skin tone where you are applying the Vicks.

Q: You have had some people ask questions about dry nasal passages. My father used oxygen for his congestive heart failure, and as a result he, too, struggled with dry noses.

A: Most of the research involves beetroot juice. A meta-analysis of randomized controlled trials concluded that the juice lowers blood pressure (Advances in Nutrition, Nov. 15, 2017).

We have not seen research comparing grated or cooked beets with beetroot juice. One reader offered this testimonial: “Recently had my blood pressure increase (140 over 90). I started taking beet powder. I add this to food or water. It has a pleasant taste, not very beety. My blood pressure now is in the normal range.”

In their column, Joe and Teresa Graedon answer letters from readers. Send questions to them via www.peoplespharmacy.com.
Resort-like home in Lake Forest: $5M

ADDRESS: 211 W. Westminster Road in Lake Forest
ASKING PRICE: $4,900,000
Listed on Sept. 7, 2018
This suburban home was completely renovated in 2002 with new mechanicals, plumbing and wiring. Features include a chef's kitchen, spa-quality baths, a wine cellar and two laundry rooms. A first-floor master suite overlooks park-style grounds. Outdoor space includes a screened kitchen/studio, fire pit, spa, pool and his-and-her changing rooms. A two-bedroom suite with private stairs is perfect for guests or in-laws.
Agent: Elizabeth Jenkins of Coldwell Banker Residential, 847-910-2264

*Some VHT Studios photos are "virtually staged," meaning they have been digitally altered to represent different furnishing or decorating options.

At press time, this home was still for sale.

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chicagotribune.com/homes | Visit us online for exclusive Home of the Day photo galleries, plus views of other featured homes and real estate stories.
SLICE OF LIFE:
One portion at a time

BY GAIL GRABOWSKI

ACROSS
1 UN member, 1945-1991
5 Pigeon sounds
9 Decline to bid
13 "For real, dude!"
19 Matching glove
20 Whittle (down)
21 Texter's "If you ask me..."
22 33rd president
23 2/3 or 3/4
26 Playwright Pinter
27 Light lunch, perhaps
28 Sound of impatience
29 Lectern locale
31 Typical tricycle riders
32 Sound from a stallion
34 The Daily Show
36 Coffeehouse orders
38 Offend the nose
40 Wireless match
42 Cricket and beetles
46 Sheepish sound
49 Wear suitable garb
53 Ill-gotten gains
54 Footed vase
55 Sworn statement
56 More reasonable
57 Sealy competitor
58 Japanese-sounding knife brand
60 NYSE listings
62 Pampering treatment, for short
63 Outdoor chair material
64 Astronaut's garb
65 Idiom similar to "pressure cooker"
68 Prepare for recycling
69 Tarzan movie sound effect
70 Something suitable for exhibition
72 Partner for many a jogger
74 33rd president
76 Prez's backup
78 Beetle's appendage
79 Full of suds
80 Optimally
83 Tooth pro's deg.
84 Civil War vets' org.
85 Ethereal guardian
86 Visionaries
87 Brewery supply
90 Scott of Hawaii
92 Period of importance
93 Neighbor of Jordan
94 Totally
97 Gridiron great
98 Put in place
100 "By all means!"
101 Gazebo strip
103 Agree (to)
104 Goes bad
105 Storage structures
110 Incentivizes
114 Knight's neighbor
116 Craving
118 Spring zodiac sign
120 The Merchant of Venice heroine
122 Baker's flavoring
125 Size up
126 Genesis setting
127 Couture monthly
128 Not snowed by
129 Gets going
130 Caustic solutions
131 Tach readings
132 Hoarse sound

DOWN
1 Foul callers
2 Clear kitchen wrap
3 Took illegally
4 Fix up
5 Lifesaving skill: Abbr.
6 Clumsy ones
7 Senator Hatch
8 Poseidon and Neptune
9 Area for an orchestra
10 Encircled by
11 Sand bar
12 Justice Sotomayor
13 Ultimate degree
14 Speaks at length
15 Pre-trial ritual
16 "Don't worry about me"
17 Poetic lowland
18 Intentions
19 Barely defeated
20 Navigator's references
21 Big to-do
22 Queen of Olympus
23 "Good one!"
24 Demolition material
25 Burger topper
26 Hit the roof
27 Champange sealer
28 Shopper's convenience
29 Shopper's convenience
30 Hit the roof
31 Craving
32 Spring zodiac sign
33 The Merchant of Venice heroine
34 Baker's flavoring
35 Size up
36 Genesis setting
37 Couture monthly
38 Not snowed by
39 Gets going
40 Caustic solutions
41 Tach readings
42 Hoarse sound
43 Coin discontinued in 1965
44 Old West riverboat
45 Misfortune
46 "Dune" vehicle
47 Crop up
48 Invaluable
49 Head a cast
50 "Dune" vehicle
51 Crop up
52 Invaluable
53 Head a cast
54 "Dune" vehicle
55 Crop up
56 Invaluable

Across 57: "If you ask me..."

Across 68: Prepare for recycling

Across 72: Partner for many a jogger

Across 74: 33rd president

Across 76: Prez's backup

Across 78: Beetle's appendage

Across 79: Full of suds

Across 80: Optimally

Across 83: Tooth pro's deg.

Across 84: Civil War vets' org.

Across 85: Ethereal guardian

Across 86: Visionaries

Across 87: Brewery supply

Across 90: Scott of Hawaii

Across 92: Period of importance

Across 93: Neighbor of Jordan

Across 94: Totally

Across 97: Gridiron great

Across 98: Put in place

Across 100: "By all means!"

Across 101: Gazebo strip

Across 103: Agree (to)

Across 104: Goes bad

Across 110: Incentivizes

Across 114: Knight's neighbor

Across 116: Craving

Across 118: Spring zodiac sign

Across 120: The Merchant of Venice heroine

Across 122: Baker's flavoring

Across 125: Size up

Across 126: Genesis setting

Across 127: Couture monthly

Across 128: Not snowed by

Across 129: Gets going

Across 130: Caustic solutions

Across 131: Tach readings

Across 132: Hoarse sound

Down 1: Foul callers

Down 2: Clear kitchen wrap

Down 3: Took illegally

Down 4: Fix up

Down 5: Lifesaving skill: Abbr.

Last week's answers appear on the last page of Puzzle Island

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Quote-Acrostic

1. Define clues, writing in Words column over numbered dashes.
2. Transfer letters to numbered squares in diagram.
3. When pattern is completed, quotation can be read left to right. The first letters of the filled-in words reading down form an acrostic yielding the speaker's name and the topic of the quotation.

Clues

A. Training exercise: 2 wds.
B. He threw Thompson the pitch
C. Positive development
D. Idealist of the '60s: 2 wds.
E. Key's inspiration site: 2 wds.
F. Toothbrush and credit card
G. Wilder, dramatist: 2 wds.
H. NBC's Maestro
I. Unlike
J. Periodically

Words

1. Raise the Flag

By CHARLES PRESTON

Across
1. Forefeet
5. Spoken evidence
10. Cool one's heels
14. Author Dinesen
15. City of Spain
16. Andes native
17. A.J. Foyt, in 1967
20. Watchmen
21. Phonies
22. Brag
23. Wiretaps
24. Greek lead-off
27. contendere
28. Woodmen do it
31. Actor Clive
32. Composed
33. Town near Murmansk
34. Winners at 53 Across
37. Summoned the butler
38. Merino mamas
39. de Leon
40. Chi-Richmond direction
41. She played Lucy
42. Dim bulbs

43. Determines
44. Teamster trip
46. Hang around
49. HairClip
53. Timely event
55. Think over
56. Ear area
57. Big bell
58. __; sow, so shall...
59. Like some leaves
60. Swirl of air

Down
1. Area at 53 Across
2. Wimbledon's Arthur
3. Issue caveats
4. Drawing rapidly
5. Barbecue locale
6. A Room With __
7. Borders
8. Miss
9. Legally
10. Nictitates
11. Diarist Frank
12. Picnic tote
13. Smokers' danger
18. Gofer's chore
19. Othello's headache
23. Dimwits
24. Have ___ watch out
25. Falana and Albright
26. SST, for one
27. Prestigious prize
28. Egypt's Mubarak
29. Vote in
30. Stock in trade
32. Monkish wear
33. Student's quest
35. Lillie or Arthur
36. Bullish trend
37. Where's the __?
38. Bullish trend
39. Lillie or Arthur
40. Area at 53 Across
41. She played Lucy
42. Dim bulbs

Last week's answers appear on the last page of Puzzle Island © 2018 Creators News Service.
BINNY'S IS HIRING!

Binny's Beverage Depot is the Midwest's largest upscale retailer of fine wines, spirits, beers and cigars, and due to our continued growth, we are now looking for dedicated individuals to join our team at the following location:

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In return for your skills, we offer growth opportunities and attractive compensation.

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NOTICE OF SALE

PUBLIC NOTICE IS HEREBY GIVEN that pursuant to a Judgment of Foreclosure and Sale entered in the above cause on August 14, 2018, an agent for The Judicial Sales Corporation, will at 10:30 AM on November 13, 2018, at The Judicial Sales Corporation, One South Wacker Drive, Chicago, IL 60606, sell at public auction to the highest bidder, subject to general real estate taxes, special assessments, or special service levies taxed against said real estate and for sale without any representation as to the quality or quantity of title and without recourse to plaintiff and its assignee. The property will be sold subject to confirmation by the court.

Upon payment in full of the amount bid, the purchaser will receive a Certificate of Sale that will entitle the purchaser to a deed to the real estate after confirmation of the sale.

The judgment amount was $5396,327.77.

Sale terms: 25% down of the highest bid by certified funds at the close of the sale payable to The Judicial Sales Corporation. No third party checks will be accepted. The balance in certified funds will be accepted. The balance in certified fund will be due within twenty-four (24) hours. The property is subject to general real estate taxes, special assessments, or special service levies taxed against said real estate and for sale without any representation as to the quality or quantity of title and without recourse to plaintiff and its assignee. The property will be sold subject to confirmation by the court.

Upon payment in full of the amount bid, the purchaser will receive a Certificate of Sale that will entitle the purchaser to a deed to the real estate after confirmation of the sale.

The property will not be open for inspection and plaintiff makes no representation as to the condition of the property. Prospective bidders are admonished to check the court file to verify all information.

If this property is a condominium unit, the purchaser of the unit at the foreclosure sale, other than a mortgagee, shall pay the assessment and the legal fees required by The Condominium Property Act 765 ILCS 605/901 and (g) of. If this property is a condominium unit, the purchaser of the unit at the foreclosure sale, other than a mortgagee, shall pay the assessments and the legal fees required by The Condominium Property Act 765 ILCS 605/901 and (g).

If you are the successful bidder, this is the location of the property, the purchaser of the unit at the foreclosure sale, other than a mortgagee, shall pay the assessment and the legal fees required by The Condominium Property Act 765 ILCS 605/901 and (g) of.

The property will not be open for inspection and plaintiff makes no representation as to the condition of the property. Prospective bidders are admonished to check the court file to verify all information.

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If you are the successful bidder, this is the location of the property, the purchaser of the unit at the foreclosure sale, other than a mortgagee, shall pay the assessment and the legal fees required by The Condominium Property Act 765 ILCS 605/901 and (g) of.

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NOTICE TO BIDDERS

BID NOTICE

Protest Hearing Notice

The Village of Winnetka is requiring the submission of protest hearing notices in accordance with Illinois Landlord-Tenant Act Section 7-5-12. Bidders who believe that the award of contract to the successful bidder is not in accordance with the requirements of the advertised bid shall file a protest hearing notice with the Village Clerk within 10 days of the announcement of the award of contract.

Bid Notice

Bidding is invited for the HVAC Upgrades Project at the Josselyn Center. The project includes the replacement of air conditioning and heating systems in the Josselyn Center, located at 1185 Arlington Road, Winnetka, IL 60091. The project is anticipated to begin in December 2018 and be completed by June 2019. Bidders are invited to submit proposals for the HVAC Upgrades Project.

Bid Openings

The Village of Winnetka will conduct a public opening of bids for the HVAC Upgrades Project at the Village Hall, 510 Green Bay Road, Winnetka, IL 60091, on Thursday, October 11, 2018, at 7:00 p.m. (Central Time). Bids will be publicly opened and read aloud.

Insurance

Each bidder must provide proof of insurance coverage for work performed during the course of the project and for any personal injuries or property damage that may occur. The insurance coverage must be in effect during the period of the contract and must name the Village of Winnetka as an additional insured.

Contract Documents

Contract documents, including drawings and specifications, will be available for purchase at the Village of Winnetka, 510 Green Bay Road, Winnetka, IL 60091, and online at the Village of Winnetka website. The bid deposit is non-refundable.

Bid Deposit

A non-refundable bid deposit of $1,000 must be submitted with each bid. The deposit will be retained by the Village of Winnetka if the bidder is not selected for the contract.

Contract Award

The Village of Winnetka reserves the right to reject any and all bids, to waive any informality in bids, and to award the contract to the bidder whose bid is deemed to be in the best interests of the Village of Winnetka. The successful bidder will be notified in writing.

For more information or to obtain a copy of the bid documents, please contact the Village of Winnetka at 510 Green Bay Road, Winnetka, IL 60091, or email info@winnetka-il.gov.
LEGAL NOTICE OF PUBLIC HEARING

Skokie Zoning Board of Appeals,
Wednesday, November 7, 2018,
Village of Skokie, 7707 Gross Point Road, Skokie, Illinois 60077, at 7:30 PM., to consider the following:

2018-112 - 3641 - 3647 Dempster Street

3647 Dempster LLC, on behalf of Robert Eska of Signarama Skokie, requests a variation in order to increase an existing ground sign to 65 square feet per face with a gross surface area of 170 square feet rather than the 150 square feet gross and 100 square feet maximum gross surface area as required by Section 82.27 (b)(2) of the Sign Chapter of the Skokie Village Code in a B2 Commercial District.

PIN: 10-23-106-015-0000

2018-122 - 10071 Skokie Boulevard

JMLA Properties, on behalf of Integrity Sign Company, requests a variation in order to install three wall signs facing a street frontage rather than the one maximum as required by Section 82-28(b)(1)b. of the Sign Chapter of the Skokie Village Code in a B2 Commercial District.

PIN: 10-10-100-022-0000

Northbrook School District 28 will be conducting an early childhood screening on Thursday, October 25, 2018 for residents three to five years of age. Children ages 3 to 5 will participate in a play-based screening in the areas of cognition, language, fine and gross motor skills, social-emotional functioning, and adaptive skills. Screenings are by appointment only. To schedule a screening, please contact Josephine, Administrative Assistant for Early Childhood at 847-504-3809. If your child is younger than 3 and you have concerns about their development, please contact Jenne Diuffy, Assistant Director of Student Services at 847-504-3848.

PUBLIC HEARINGS

Public Notices

NOTICE

NOTICE

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TO PLACE AN AD ONLINE GO TO
What to do when recall work doesn’t repair your car

I am taking care of my son-in-law’s 2009 Ford Escape while he is in the service. The steering has been erratic. I called Ford and they said the steering was already fixed on a recall. At first, the steering was rocking. Now, the power steering does not work.

My wife uses the vehicle to drive our granddaughter. Fortunately, they were not in the vehicle when the power steering went out. Is it true that Ford doesn’t have to fix the steering a second time?

I googled for recalls on the steering system and there was one. Online reviews said dealerships were instructed to perform a reflashed/clear out of the code, which was a temporary fix and down the road it would malfunction again. At that point, it would need the “revised/upgraded steering part” in order to fix the problem.

I took the Escape to a Ford dealership in Rockford. They indicated the “recall reprogram” already was performed and it would cost me an estimated $700 to install the revised part.

I work at an automotive center and wondered if I cleared the code, whether it would have an effect. I cleared the code and the steering worked like new again!

I believe it to be unprofessional that Ford has a safety recall on a faulty part that can be temporarily fixed and then upon failure, requires replacement with a new part the consumer has to purchase.

Thank you for your time,
Joseph, of Rockford

Because the National Highway Traffic Safety Administration (NHTSA) is the U.S. government agency tasked with enforcing motor vehicle safety standards — including issuing and tracking safety recalls — I reached out to this agency, as well as the Ford Motor Company.

Derryl Lyles, a spokesman with NHTSA, advised Joseph to submit a complaint via NHTSA’s Auto Safety Hotline online or by calling 1-888-327-4236, which Joseph did.

According to NHTSA’s website: “NHTSA reviews filed complaints from vehicle owners and other information related to alleged defects to decide whether to open an investigation. (An investigation is) closed when (NHTSA notifies) the manufacturer of recall recommendations or they don’t identify a safety-related defect.”

In response to his submission, Joseph received an email from NHTSA informing him that if Ford or NHTSA determines the failed power steering poses an unreasonable risk to safety, it will become part of a recall.

The steering didn’t stop working. It reverted from power to manual. I also exchanged emails with Ford’s safety communications manager, Elizabeth Weigandt, who put Ford’s customer care team in touch with Joseph.

Following their contact, she told me: “In its investigation, Ford identified certain repairs ... at the time (Joseph’s car) was brought in for service. In this case, the vehicle’s power steering control module was reprogrammed, which resolved the safety concern. Though the vehicle is no longer under recall, as a gesture of goodwill, we are pleased to cover half the current expenses.”

This was an improvement from the Ford dealership’s offer of a 30-percent discount, but it still was not exactly what Joseph was looking for.

I concluded my investigation with an interesting conversation with David Claster, service manager at Joe Rizza Ford of Orland Park.

Claster, who has worked in Ford service for more than 30 years, was familiar with the post-recall power steering issue that Joseph was complaining about.

“I’ve seen this scenario in all three Ford stores I’ve worked at over the last several years,” Claster said. “At all three, if the software update was performed and customers came back with an issue, Ford basically said we’re not doing anything about it.”

So, here’s the catch.

There is language in the recall notice that essentially says, if your vehicle has not yet experienced a power steering failure, which the recall is designed to address, you will receive a software update. If, however, your vehicle shows a history of power steering loss—stored via the vehicle’s computer fault codes—all affected components will be replaced.

“I’ve told friends and family not to get the recall done,” Claster revealed. “Because if a consumer doesn’t do the recall and then they have the problem, Ford will cover it.”

For consumers who have a problem after recall work is performed, Claster told me about a much lower cost (though still not free) fix — replacing the sensor angle, as opposed to the entire power steering module, will remedy the problem and for half the cost.

In other news, this will be my final Help Squad column as I am moving on to other fulfilling, problem-solving work. It’s been a privilege — and a pleasure — to provide consumer advice and assistance to all of you for the past four-plus years.

Cathy Cunningham is a freelance columnist.
COMMUNITY REAL ESTATE HOMES IN YOUR AREA

**NORTHBOURG**


**Address:** 1710 Fieldwood Drive

**Price:** $699,900

**Schools:** Glenbrook North High School

**Taxes:** $11,679

**Agent:** Andrzej Swiderski/Hometown Real Estate

---

**WILMETTE**


**Address:** 2418 Elmwood Ave.

**Price:** $535,000

**Schools:** New Trier Township High School

**Taxes:** $14,930

**Agent:** John Nash/Jameson Sotheby's International Realty

---

**ARLINGTON HEIGHTS**


**Address:** 6 W. Noyes St.

**Price:** $409,900

**Schools:** Rolling Meadows High School

**Taxes:** $8,316

**Agent:** Vicki MacKinnon/Coldwell Banker

---

**LAKE ZURICH**


**Address:** 229 Fairway Road

**Price:** $275,000

**Schools:** Lake Zurich High School

**Taxes:** $5,362

**Agent:** Jim Luby/@properties

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<th>SELLER</th>
<th>DATE</th>
<th>PRICE</th>
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<td>Jake Ingram</td>
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<td>Benjamin Barney</td>
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<td>Richard Oberman</td>
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<td>Nick Takrit</td>
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<td>Nikiforos N Ilidias</td>
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<td>Jie Wang</td>
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<td>Udyh Misri/Rother &amp; Deepri Misri/Rother</td>
<td>Stephen Klaber</td>
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<td>8916 Kennedy Dr, #18, Des Plaines</td>
<td>Cornclio Zaharia &amp; Magdalena Zaharia</td>
<td>Irena Boltyk</td>
<td>07-23-18</td>
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<td>341 Lance Dr, Des Plaines</td>
<td>Mira Sikora</td>
<td>Lawson C Lunde</td>
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<td>787 Graceland Ave, #20L, Des Plaines</td>
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<td>770 Locust St, Des Plaines</td>
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<td>Ansa Wema</td>
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<td>36 Nicholas Dr, Des Plaines</td>
<td>Ryan Occone</td>
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<td>636 Rose Ave, Des Plaines</td>
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<td>Ethelbert L Gazmen II</td>
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<td>991 Charlton Dr, Des Plaines</td>
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<td>Maamnam Kagdawala</td>
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<td>1062 Greenview Ave, Des Plaines</td>
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<td>Katarzyna Korsik Mird</td>
<td>07-23-18</td>
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<tr>
<td>2425 Davis St, Evanston</td>
<td>Hien Xuan Nguyen &amp; Hong T Phan</td>
<td>Lionel A Pitts</td>
<td>07-20-18</td>
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<tr>
<td>9053 Forestview Rd, Evanston</td>
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<tr>
<td>1640 Maple Ave, #120S, Evanston</td>
<td>Phillip Goss</td>
<td>Nicole E Stavish</td>
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<tr>
<td>624 Sheridan Sq, #2, Evanston</td>
<td>Margaret Murdock</td>
<td>William N Black</td>
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<tr>
<td>533 Chicago Ave, # B, Evanston</td>
<td>Jeremy Y Perlin &amp; Frankel Perlin</td>
<td>Elon C Weinberger</td>
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<td>335 Prospect Ave, Evanston</td>
<td>Patricia Berman</td>
<td>Matthew Shenoda</td>
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<td>9490 Central Park North, Evanston</td>
<td>Robert Owen Miller &amp; Jennifer Dawn Coquett Miller</td>
<td>Monticello Properties Ll</td>
<td>07-23-18</td>
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<td>823 Ridge Ter, Evanston</td>
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<td>James A Signorelli</td>
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<td>Darilusz Stanowski</td>
<td>Miroslav Uszka</td>
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<td>690 Cobblestone Cir, # B, Glenview</td>
<td>Paulina Garcia</td>
<td>Danielle Campanella</td>
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<td>1826 George Ct, Glenview</td>
<td>Szezpam Grendza</td>
<td>Michael J Licha</td>
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<td>1011 Harter Rd, Glenview</td>
<td>Cynthia M Langendorf</td>
<td>Max Lipner</td>
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<td>9011 Miller Dr, Glenview</td>
<td>Eric Gatti &amp; Tiffany Gati</td>
<td>Best In Home Service Inc</td>
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<td>79 Mark Dr, Hawthorn Woods</td>
<td>Loren R Seaman</td>
<td>Rita Pauss</td>
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<tr>
<td>25487 N Marilyn Ln, Hawthorn Woods</td>
<td>Natalia Naguszewska &amp; Zyby- niew Naguszewska</td>
<td>Cynthia L Shababy</td>
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<td>957 Phoenix Pass, Ridge Lake Barrington</td>
<td>Tomasz Skorak &amp; Sylwa Skorak</td>
<td>Frank R Krempep</td>
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<tr>
<td>107 Hampton Blvd, Lake Bluff</td>
<td>Julee Armstrong</td>
<td>Bryan K Horsey</td>
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<tr>
<td>410 E Prospect Ave, Lake Bluff</td>
<td>Griffin I Kelj &amp; Lauren N Kelj</td>
<td>Julie A Crouch</td>
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<tr>
<td>516 Mawam Ave, Lake Bluff</td>
<td>Benjamin A Hart &amp; Kelly Hart</td>
<td>Laura S Harris</td>
<td>06-28-18</td>
<td>$633,000</td>
</tr>
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THOSA BRIEF
A ‘crazy romp’ through 1920s politics

The cast takes center stage in ‘The Front Page’

BY ANNIE ALLEMAN
Pioneer Press

Set in Chicago in the 1920s, "The Front Page" revolves around politics and corruption.

It’s about a newspaper reporter named Hildy Johnson (J. Michael Wright) who just wants to finish his career quietly and move to New York with his wife to take a job in advertising. But the city won’t let him go quite so easily.

“The Front Page,” written by Charles MacArthur and Ben Hecht, is coming to the Oil Lamp Theater in Glenview Oct. 4- Nov. 18. Performances are at 8 p.m. Thursdays, Fridays and Saturdays and 3 p.m. Saturdays and Sundays. It is directed by Keith Gerth.

“The Front Page” premiered on Broadway in 1928 and has seen four revivals since then, most recently in 2016 with John Goodman, Nathan Lane and John Slattery. It’s also been adapted for the big screen, most notably in the Howard Hawks 1940 screwball comedy “His Girl Friday,” starring Cary Grant and Rosalind Russell.

It’s about the glory days of tabloid American journalism in that Toddlin’ Town.

“Set in Chicago in the 1920s, these reporters were chasing after some really nasty people. It’s a down-and-dirty kind of job,” Gerth said. “Hildy longs for something better. He wants to move to New York with his new wife, settle down in the suburbs and have some kids. That whole lifestyle. This is the night he’s leaving and putting Chicago behind him.”

In the midst of that, the Sheriff and the Mayor — who are conveniently up for re-election within days — have framed a man for shooting a policeman and they want to see him hanged. The accused manages a jailbreak, and while the other reporters rush out to chase this breaking story, Hildy stays behind — just as the fleeing prisoner literally falls into the press room and drops the scoop of a lifetime right into Hildy’s lap.

“It’s the biggest story in the world,” Gerth said. “He has a choice to make — is he going to pursue this story that he’s ever had in his entire career or is he going to turn his back on all of this and go to New York?”

The whole play takes place in the press room of the Chicago Criminal Courts Building over about a four-hour span, he said.

“It’s a great way to talk about what’s going on journalistically in our country today without really talking about it,” he said.

With midterm elections coming up and so much negativity abounding, they wanted to do something positive and uplifting, he said. They try to do plays with a message of hope and of people doing the right thing when faced with a choice, he said.

“This play represents that beautifully,” he said.

If it sounds heavy and depressing, that’s not the case, Gerth promised. It’s a slapstick comedy complete with slamming doors and overlapping telephone conversations in the traditions of American farce and screwball comedy, he said.

“It’s just a crazy, crazy romp through Chicago politics in the 1920s,” he said. “The mayor and the sheriff are not very good at their jobs. They’re pretty inept so they’re making lots of mistakes. The reporters are very stereotypical Chicago, early 1900s kind of guys.”

There will be lots of fun music and old props, like candlestick phones and typewriters.

If you can absorb it on any level you want,” he said. “You can sit back and let it be a comedy on its pure level or you can dig into and think about what are the underlying concepts we’re dealing with as far as these corrupt politicians and these inept people that are living these lies out.”

The cast has 17 people, making it the biggest show they’ve ever done, he said.

“The cast has 17 people, making it the biggest show they’ve ever done, he said. “It’s very fast-paced, lots of energy, lots of sub stories going on as well,” he said.

“It’s a fun experience and the characters are so well-written. They’re having a lot of fun with it. But 17 is a huge number for us.”

He thinks people are really going to enjoy it, he said.

“It’s the kind of show you can experience in so many different ways,” he said. “There just a lot of fun elements to it. I’m excited.”

Annie Alleman is a freelance reporter for Pioneer Press.
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WHAT TO DO COMMUNITY CALENDAR

Listings are subject to change. Please call the venue in advance.

Thursday, Oct. 11

**Perpetual Change:** The Evanston Art Center is pleased to announce "Perpetual Change," an exhibition of recent "en plein air" and studio landscape paintings by John Santoro. On Thursday from 5-8 p.m., there will be an opening reception at the EAC which is free and open to the public. 5 p.m. Thursday, Evanston Art Center, 1717 Central St., Evanston, free, 847-475-5300.

**Phases of Matter:** The Evanston Art Center (EAC), welcomes the public to "Phases of Matter," an exhibition of works by Bernice Fick-Swenson, Linda Gammell, Ann Ginsburgh Hofkin and Holly Newton Swift. This show runs from Oct. 11-Nov. 7, in the first floor gallery of the Art Center. The opening reception is Oct. 11 from 5-8 p.m. For more information, visit online or contact Cara Fenney, Manager of Exhibitions, by calling or: cfenney@evanstonartcenter.org. 5 p.m. Thursday, Evanston Art Center, 1717 Central St., Evanston, free, 847-475-5300.

**Break A Rule: Ed Paschke's Art and Teaching:** Ed Paschke (1939–2004) was a bold innovator who mentored students for over two and a half decades at Northwestern University to think outside the box. This exhibition considers his teaching alongside his art.10 a.m. daily, Northwestern University - Block Museum of Art, 40 Arts Circle Drive, Evanston, free.

**YMCA Art for Ages 3-5 with Adult:** The North Shore YMCA Art Academy provides a monthly opportunity for preschoolers and caregivers to create and work together to produce unique works of art. 1:30 p.m. Thursday, Evanston Y, 1930 Glenview Road, Evanston, free.

**Storytime For All:** Join us for a family Storytime ages birth-5 years with caregiver; older siblings welcome. No registration required. 2 p.m. Thursday, Lincolnwood Public Library, 4000 W. Pratt Ave., Lincolnwood, free, 847-677-5277.

**Free Workshop:** 5 Things Women Should Know About Finance: It's very important for women, regardless of their marital status—single, divorced, widowed or married—to take a much more active role in their financial lives. Join in this women-in-focus forum to learn important steps to build one's financial well-being. Contact Karen Brownlee, kbrownlee@nsymca.org. 7 p.m. Thursday, North Suburban YMCA, 2705 Techny Road, Northbrook, free, 847-272-7250.

**Steven Pinker: Enlightenment Now:** Steven Pinker is an evolutionary psychologist, an expert in human behavior and its evolutionary adaptations. He is the author of many books, including his latest, "Enlightenment Now." He argues compellingly that the key values which animated the 18th-century Enlightenment—humanism, reason and science—are still active, and even dominant, in human culture. 9 a.m. Thursday, North Shore Senior Center, 161 Northfield Road, Northfield, $59 member; $76 nonmember, Northfield, 847-784-6030.

**Silent Heroes: Look at the Resistance in Nazi Germany:** The 85th anniversary of Adolph Hitler's rise to power in Germany presents the opportunity to look at the relatively unknown and sometimes even forgiven heroes who often gave their lives in order to fight against the Nazi regime. Anette Isaacs pays homage to Sophie and Hans Scholl, George Elser, Baron von Stauffenberg, the women of Rosenbergstrasse and other groups who made up the German Resistance. 1 p.m. Thursday, North Shore Senior Center, 161 Northfield Road, Northfield, $12 member; $17 nonmember, 847-784-6030.

**Park Ridge Garden Club Meeting:** The Park Ridge Garden Club hosts speaker Julie Janoski on "Art & Architecture in Your Garden." Learn ideas on how to compliment your home and showcase your garden using paths, structures, lighting, furniture and art. Runs from 7-9 p.m. and all are welcome. The Park Ridge Garden Club is a member of the Garden Clubs of IL Inc. District IX and National Garden Clubs, Inc., Central Region. 7 p.m. Thursday, Centennial Activity Center - Park Ridge Park District, 100 S. Western Ave., Park Ridge, free, 773-852-1063.

**Halloween Hoopla:** The Park Ridge Park District offers a family event in preparation for Halloween: carve a pumpkin, stuff a scarecrow, jump on a hayride and enjoy s'mores and apple cider or cocoa around a campfire. A pumpkin and scarecrow judging contest is held during the last 15 minutes of the evening, and prizes are awarded. 6:30 p.m. Thursday, Maine Park Leisure Center, 2701 W. Sibley Ave., Park Ridge, $31 resident; $51 nonresident per family, 847-692-3127.

**Hofbräuhaus Chicago Oktoberfest 2018:** Hofbräuhaus Chicago brings the "ompah" of Oktoberfest back to the Chicago area with its sixth annual Oktoberfest celebration. Guests can enjoy a plethora of festivities including authentic nightly Bavarian entertainment, freshly brewed "Oktoberfestbier" inspired by the original Hofbräuhaus in Munich, daily food specials served by Dirndl-clad waitresses and celebrity keg tapping ceremonies. 11 a.m. daily, Hofbräuhaus Chicago, 5500 Park Place, Rosemont, free, 847-671-2739.

**Nature Warblers:** Children ages 2-4 learn about animals and the outdoors through music, movement and motion. Craft a musical instrument each week and learn how to keep a beat. Expect to spend half of class time outdoors. An adult must accompany each child. Visit the website or call to sign up. 2 p.m. Thursday, Emily Oaks Nature Center, 4650 Brunell St., Skokie, $108 Skokie resident; $135 non-resident, 847-677-7001.

**Special Presentation: Christian Picciolini:** Christian Picciolini, author of White American Youth: My Descent into America's Most Violent Hate Movement — and How I Got Out, is an award-winning television producer, public speaker, author, peace advocate and former violent extremist, speaks of his former devotion to hatred, what changed his outlook and how he left the ranks of the White Supremacist movement he helped create during his youth. A book signing follows the presentation. Free with Museum admission. 6:30 p.m. Thursday, Illinois Holocaust Museum and Education Center, 9603 Woods Drive, Skokie, free, 847-967-4800.

Friday, Oct. 12

**Intro Zen Shiatsu Workshop:** Learn the fundamental techniques and philosophies of Zen Shiatsu, and chat with current students and instructors. Register online. 7 p.m. Friday, Zen Shiatsu Chicago, 825a Chicago Ave., Evanston, free, 847-864-1130.

**Ticketed Baby Signs for Birth-age 3:** Pre-readers learn sign language with their families through new activities, songs and vocabulary each month. Led by Jamie Stevens, ASL instructor and certified Baby Signs instructor. 10:30 a.m. Friday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500.

**Helping Hands for the Homeless:** Just drop in. 3:30 p.m. Friday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500.

**First Steps Storytime:** Nurture your walking toddler's love of books and encourage them to learn numbers, colors, sounds and new words in this interactive Storytime. This program is for 1- to 2-year-olds, with a caregiver; siblings welcome. 11:30 a.m. Friday and 10 a.m. Monday, Lincolnwood Public Library, 4000 W. Pratt Ave., Lincolnwood, free, 847-677-5277.

Saturday, Oct. 13

**Heritage Day at Churchville Schoolhouse & Fischer Farm:** Celebrate fall with a day of family-friendly festivities at the historic landmark Churchville Schoolhouse and neighboring Fischer Farm. 11 a.m. Saturday, Churchville Schoolhouse, 3N784 Church Road, Bensenville, free at Schoolhouse, $6 kids and $2 adults at Fischer Farm, 630-833-4457.

**Evanston Farmers Market:** Shop for fresh produce, meat, cheese, baked goods and flowers from up to 58 vendors. Please note: Dogs are not allowed at the market (service animals excepted). LINK cards are accepted. 7:30 a.m. Saturday, Oak Ave. and University Place, 1090 University Place, Evanston, free, 847-448-8045.

**The Transformative Power of the Edgar Cayce Readings:** Edgar Cayce shared techniques and guidance that would enable individuals to expand their personal consciousness and allow them to access and experience their higher soul self. This special program explores three of the most popular topics in the Edgar Cayce material and gives attendees insights into their soul self. Metronix readers save $5 using code FE185853! Learn more or register at the event website. 9 a.m. Saturday, Unity on the North Shore, 3434 Central St., Evanston, $79-$99, add $20 at door, 800-333-4499.

**Segovia Classical Guitar Series:** Named for legendary guitar virtuoso Andrés Segovia Torres, the series is now in its 26th season and features the following guitarists: Tengyue Zhang 7:30 p.m. Saturday, Oct. 13, 2018; Berta Rojas, 7:30 p.m. Saturday, Jan. 26, 2019; Walter and Maxwell Duo, Richard Graef and Charles Pikler, 7:30 p.m. Friday, March 1, 2019; Paul O'Dette and Roon McFarlane, 7:30 p.m. Friday, April 26, 2019; and Judicael Perroy, 7:30 p.m. Saturday, May 11, 2019, 7:30 p.m. Sat-
Mr. Milton Nelson presenting a pro-ter's luncheon is served at noon, with Tracks. 7 a.m. Saturday, Park Ridge town market, Saturday mornings from 7 a.m. to 1 p.m. at the corner of Prairie and Highwood Drive, Evanston. Tickets are $25. 847-729-7500.

Dempster St., Morton Grove, free, 847-677-7001. Check out the fresh produce, meats and breads from local and regional vendors. 8 a.m. Saturday, Wilmette Village Center, along 12th St. and Wilmette, Central and Greenleaf Ave., Wilmette, free, 847-275-9000.

Winnetka Farmers Market: Shop for fresh-picked fruits and vegetables, blooming plants, shrubs, cut flowers, cheeses, baked goods and specialty foods on Saturdays from 7:30 a.m. – 12:30 p.m. The market takes place at the corner of Green Bay Road and Oak St., across the street from the Winnetka Train Station. Takes place rain or shine from now through October 20. 7 a.m. Saturday, Winnetka Village Hall parking lot, 510 Green Bay Road, Winnetka, free, 847-446-4451.

Sunday, Oct. 14

Murder at the Mic: The Mystery Writers of America Midwest Chapter presents short readings from area crime fiction authors including New York Times bestselling and Anthony Award-winning novelist Julie Hyzy and fellow authors Mia Manansala, Raymond Benson, N.R. Walker, Michael Barra, Tracy Clark and Carlene O'Connor/Mary Carter. 3 p.m. Sunday, Bookends & Beginnings, 1712 Sherman Ave., Evanston, free.

Midwest Young Artists Conservatory Fall Concert: Midwest Young Artists Conservatory Jazz, Choral and Orchestra students take the stage to present classic stories of adventure, heroism, intrigue, mystery and romance in an all-day concert event. 1:30 p.m. Sunday, Pick-Staiger Concert Hall, Northwestern University, 50 Arts Circle Drive, Evanston. Tickets are $18.

Purchase ticket by calling Day of concert tickets will be sold in the Pick Staiger lobby for $25 for adults and $10 for students, 847-926-9898.

Yes, You Can - Motivational Speaker: Paralympian Lloyd Bacharach teaches attendees that the sky is the limit. This discussion is appropriate for the whole family — to dream big, so that one can reach their goals if they put their mind to it. This is co-sponsored by the Lincolnwood SD-74 PTA. Registration required but open to all. 2 p.m. Sunday, Lincolnwood Public Library, 4000 W. Pratt Ave., Lincolnwood, free, 847-677-5277.

Tuesday, Oct. 16

Oil Lamp Theater - The Front Page: Actors from Glenview’s Oil Lamp Theater present a selection from The Front Page, a comedy about a newspaper reporter and an escaped convict set inside the press room of Chicago’s Criminal Courts Building. Enjoy an evening of theater and Oil Lamp’s signature cookies. 7 p.m. Tuesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500.

Excel 2013 Intermediate: Learn a variety of intermediate skills, such as tables, conditional formatting and absolute/relative cell references. Basic Excel skills required. 7 p.m. Tuesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500.

Power Employment Workshop: This comprehensive workshop discusses setting SMART goals to keep you on track, using social media to connect with active hiring managers, getting your resume through today’s Applicant Tracking Systems and learning critical interview skills. Register at worknetnc.com. 9:30 a.m. Tuesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500.

Financial Planning Appointments: If you need a financial tune-up, schedule a free, one-hour consultation with a Certified Financial Planner. To register, call 847-729-7500 ext. 7700. 9 a.m. Tuesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500.

Homework Help Center for Grades 1-8: High school volunteers to the homework rescue! Thirty-minute sessions for homework, reading and math skills provided on a first-come, first-served basis. Children may be grouped by subject and grade level. Just drop in. 6 p.m. Tuesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500.

SCORE Counseling Appointments: One-hour appointments are available from 5-8 p.m., as SCORE Chicago provides mentoring to local small business owners and entrepreneurs. Current

Alliance Francaise du North Shore Open House: Alliance Francaise du North Shore. Journee portes ouvertes (Open House). Join in to find out what they have to offer. Enjoy a light luncheon and short program that concludes just before their monthly program at 1 p.m. For more information, write to openhouse@AFNorthshore.org. Noon Monday, Wilmette Public Library Auditorium, 1242 Wilmette Ave., Wilmette, free, 847-887-1274.
and potential entrepreneurs can benefit from the experience of retired volunteer executives to develop business plans and grow businesses. Register and schedule your appointment at the event website. 5 p.m. Tuesday, Glenview Public Library, 930 Glenview Road, Glenview, free, 847-729-7500.

Free Workshop: Dealing with Parkinson’s Disease: Bob Tucker, a Qualified Dementia Care Provider and Certified Parkinson’s Educator with Senior Helpers helps attendees understand Parkinson’s Disease. Ideal for Parkinson’s patients, their families and healthcare professionals working with older adults with Parkinson’s. Bob discusses facts about Parkinson’s, strategies and techniques for better living, and medications that can make a difference. Contact Karen Brownlee, kbrownlee@symca.org. 11:15 a.m. Tuesday, North Suburban YMCA, 2705 Techny Road, Northbrook, free, 847-272-7250.

Weaving Workshop: Learn the basics and go on to a sampler or small project of your choice. Looms are provided for use in class. Attendees receive the book “Learn to Weave” as part of the tuition but students have to provide their own fiber. 1 p.m. Tuesday, North Shore Senior Center, 161 Northfield Road, Northfield, $95 member; $115 nonmember, 847-784-6030.

The Adoption Process from A to Z: Attorney Sally Wildman presents adoption fundamentals and legal steps to help you adopt. She will introduce you to the many types of adoption available, including agency, private, foreign and foster parent adoptions. 7 p.m. Tuesday, New Trier Township High School, 7 Hage Road, Northfield, $18 per person, 847-446-6600.

Toad Tales: Through exploration and play in the natural world, your child builds and strengthens their motor and language skills. Each class focuses on a new animal and sensory experience and introduces simple sign language. An adult must accompany each child. Visit the website or call to sign up, 10 a.m. Tuesday, Emily Oaks Nature Center, 4650 Brummel St., Skokie, $110 Skokie resident; $138 nonresident, 847-677-7070.

Scrutin’ Around for Homeschool - Ages 6 to 10: Those ages 6-10 explore the natural world, learn new skills, can be creative and have fun with friends this fall! Activities change weekly and include outdoor adventures and science topics. Visit the website or call to sign up, 11:15 a.m. Tuesday, Emily Oaks Nature Center, 4650 Brummel St., Skokie, $120 Skokie resident; $150 nonresident, 847-677-7001.

Wednesday, Oct. 17

St. Olaf Band: The St. Olaf Band, conducted by Timothy Mahr, will perform in the Midwest on its 2018 national tour. Founded in 1891, The St. Olaf Band, dubbed “one of America’s preeminent bands” by The New Yorker, performs the very best compositions and transcriptions for symphonic band, producing an exciting, crowd-pleasing style. 7 p.m. Wednesday, Evanston Township High School, 1600 Dodge Ave., Evanston, $10 for adults, free for students. Visit stolaf.edu/tickets, 800-363-5487.

8th Annual Buckthorn Barbecue features Bill Kurtis: The Buckthorn Barbecue supports the Friends of the Green Bay Trail’s restoration and stewardship efforts on the Green Bay Trail, a historical North Shore recreational trail and natural asset. Bill Kurtis, acclaimed television documentary producer and ardent conservationist, will share how restored prairies can offset the impact of climate change. 6 p.m. Wednesday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, 847-274-1789.

All Things Spanish: Native and non-native Spanish speakers are invited to join the fun while practicing language skills and expanding their love for Spanish/Latino culture. 7 p.m. Wednesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500.

Open Sewing Studio: Use the library’s sewing machines and sergers to work on your own project or choose one of theirs. Staff is available to provide basic instruction on projects and equipment, but limited to beginning sewing topics. No online registration is taken. Visit or call the Reader Services Desk at 847-729-7500 ext. 7600 for questions and to register for a one- or two-hour session. 2 p.m. Wednesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500.

Northbrook Farmers Market: Shop more than a score of booths for farm fresh produce and other delicious artisan foods. Be sure to check out new and returning vendors. The market is open 7 a.m. to 1 p.m. Wednesdays through Oct. 17, rain or shine, except in severe weather. For more information, visit the website. Join the conversations on Facebook, Instagram and Twitter. 7 a.m. Wednesday, Northbrook Farmers Market, Cherry Lane and Meadow Road, Northbrook, free.

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Halvorsen anchors retooled Hawks D-line

Maine South committed three turnovers in the first half Friday, but Glenbrook South was unable to capitalize.

The Hawks can thank their defensive line for that.

Led by senior defensive tackles Jon Halvorsen and Dylan Harris, the Hawks limited the Titans to 27 yards rushing on 22 first-half carries. Glenbrook South posted only 56 yards of total offense.

After lightning caused play to be suspended, the Hawks finished the job Saturday in a 44-7 victory against the Titans.

Entering the season, Halvorsen was the known commodity on Maine South's defensive line. A third-year starter, he was an all-conference performer in 2017, not to mention a third-place finisher at 182 pounds at the Class 3A wrestling state tournament in February.

"(Halvorsen) is the heart and soul of the D-line," Maine South defensive line coach Adrian Kibiersza said. "He was on the (2016) state championship team. He knows the process. He keeps the rest of them in line."

But Halvorsen was the lone returning starter to the front three this season. Senior Luke Preston was moved from defensive tackle to linebacker, and senior Nicholas DiVito was moved from nose guard to defensive guard.

Enter Harris and senior nose tackle Ethan Leach, both of whom played sparingly last season but are starting and getting the job done this fall. Senior Brian Brown and star offensive tackle Peter Skoronski, a junior, also see time on the defensive line.

Maine South has had standout defensive linemen in recent years, but Harris said he is content to pass somewhat under the radar. After the Hawks' 21-13 win against Evanston in Week 4, Maine South head coach Dave Inserra called Harris one of the team's unsung heroes.

"I'm not really the guy to make plays, I'm just the guy doing my job," Harris said. "I just had to catch the interceptions," Gavin said. "I'm just happy to do my job."

"He's a remarkable kid," Hennessey said. "Right now, to be honest, I'm not going to (college) games. I'm not that important. I'm the guy that's working behind the scenes."

Even if college football isn't on Gavin's mind at the moment, he's on recruiters' radar. Two days before the St. Patrick game, the 5-foot-11, 185-pounder picked up his first Division I scholarship offer from Morehead State. Gavin said he also has four offers from D-II schools.

Interest in him could pick up with a few more performances like the one against St. Patrick. Gavin made an impact both as the featured back in the Dons' offense and on defense, where he calls out the signals from his free safety spot.

"These guys help the rest of us," Hennessey confirmed that, noting that Gavin is on the field "90 percent of the time" with breaks on kickoff returns and occasional defensive snaps.

"He's a remarkable kid," Hennessey said. "These couple plays at the end, he just finds a seam and breaks it, (puts) the game away."

Gavin's defensive contributions may be overshadowed by his offensive exploits, but there's no doubt how important they are for the Dons (6-1, 4-1 ESCC).

"Without him back there, nobody knows where to go," Hennessey said. "Him and (linebacker) Carden are the two guys directing traffic. That makes all the difference in the world."
Evanston makes quick work of Niles West

By Jon J. Kerr | Pioneer Press

Evanston's contest Friday night against Niles West marked the last regular-season home game for the Wildkits' seniors. Evanston won the game, though it didn't last very long at all.

The Wildkits led 36-7 near the end of the first quarter when bad weather delayed the game. Evanston football coach Mike Burzawa said Niles West was not interested in resuming the game Saturday, so the Wildkits won after only one quarter.

Malik Ross scored on a 2-yard touchdown run with 53 seconds left in the first quarter to account for the final score.

"It was a little bizarre how things unfolded," Burzawa said. "We dedicated our whole week for our seniors, and it would have been nice for them to have an opportunity to play in the game."

Nevertheless, the Wildkits (5-2, 1-2 CSL South) were happy to get back on track. They had dropped back-to-back games against Maine South and New Trier and became playoff-eligible in their return to the win column.

The offense moved the ball at will against the Wolves after it struggled at times against the Hawks and Trevians.

Evanston can improve its playoff seeding with wins at Glenbrook South (2-5, 2-1) in Week 8 and Niles North (1-6, 0-3) in Week 9.

"We had to look at ourselves in the mirror and evaluate some things," Burzawa said. "If we are fortunate enough to be in the postseason, we can be a strong football team."

Trevians finish off Vikings

It took two days, but the New Trier football team continued its stretch of good football with a 42-7 win against Niles West.

Bad weather was in the forecast when Niles North will head to Niles West on Friday.

"The weather looked so bad we knew it would probably be called," New Trier head coach Brian Doll said. "We talked about getting home, getting sleep and getting ready to play another half."

Doll said the Trevians (6-1, 3-0 Central Suburban South) were not sharp in 22 minutes of football Friday night. When play resumed Saturday morning, they were a different team.

New Trier scored two touchdowns on its first two possessions Saturday. Senior running back Brian Sitzker was sharp in his second full game back from a leg injury.

"He's been impressive coming back," Doll said. "It's been good to get him going and get a few games under his belt."

Next up for New Trier is a big road test Friday at Maine South (6-1, 3-0). The Trevians' offense will need to be at its best against the Hawks.

"A lot of our offseason through the summer is spent focusing on our goals, one of which is winning a (CSL South) title," Doll said. "I know our kids are ready for the challenge."

Vikings looking toward the future

Niles North first-year football coach Pat Pistorio is thinking long-term as his team completes its schedule.

The rain-riddled 42-7 loss to New Trier was an opportunity for the Vikings (1-6, 0-3) to get more reps for sophomore quarterback Miguel Picazo-Marin.

"He doesn't miss a rep throughout the work week and is a player buying into what we are doing," Pistorio said.

Next up is rivalry week for the Vikings. Niles North will head to Niles West on Friday.

FOOTBALL SCORES AND SCHEDULE

WEEK 7 SCORES

Barrington 41, Hoffman Estates 15
Benet 42, St. Viator 14
Buffalo Grove 27, Prospect 7
Carmel 31, Marian Central 13
Chicago Christian 41, St. Joseph 40 (OT)
Deerfield 18, Highland Park 6
Downers Grove North 14
Downers Grove South 35, Leyden 7
Elmwood Park 41, Guerin 13
Evanston 36, Niles West 7
Fenton 31, Ridgewood 21
Glenbard West 21
Hinsdale Central 27
Glenbrook North 54, Maine East 0
Hersey 43, Elk Grove 10
Hinsdale South 35, Addison Trail 28
IC Catholic 35, St. Edward 0
Libertyville 34, Mundelein 14
Loyola at De La Salle: incomplete at press time
Maine South 44
Glencoe Brook 27
Maine West 54, Vernon Hills 0
Marist 34, Nazareth 13
Morton 42, Fenwick 0
New Trier 42, Niles North 7
Notre Dame 41, St. Patrick 20
Oak Park-River Forest 42, York 21
Rolling Meadows 42, Wheeling 0
Stevenson 42, Waushen 0
Warren 34, Lake Zurich 6
Zion-Benton 30, Lake Forest 28

WEEK 8 SCHEDULE

Friday's games
Aurora Christian at Guerin, 7
Barrington at Schaumburg, 7:30
Buffalo Grove at Elk Grove, 7:30
Chicago Christian at Glenbrook Park, 7:15
Deerfield at Glenbrook North, 7
Evanston at Glenbrook South, 7:30
Hersey at Rolling Meadows, 7:30
Highland Park at Maine West, 7
Hinsdale Central at Lyons, 7:30
Hope Academy at St. Joseph, 7:30
Holt Catholic at Nazareth, 7
Lake Forest at Libertyville, 7:30
Lake Forest Academy at Alden-Hebron, 7
Leyden at Hinsdale South, 7:30
Maine East at Vernon Hills, 7:30
Marion at Fenwick, 7:30
Mundelein at Lake Zurich, 7:30
New Trier at Maine South, 7
Niles North at Niles West, 7
Notre Dame at Carmel, 7
Proviso West at York, 7:30
St. Francis at IC Catholic, 7:15
St. Ignatius at Ridgewood, 7:15
St. Patrick at St. Viator, 7
Stevenson at Warren, 7:30
Wheeling at Prospect, 7:30
Saturday's game
Loyola at St. Rita, 1
Oak Park-River Forest at Glenbard West, 1
Jersey. Andre Szmyt, a Vernon Hills alumnus and a redshirt freshman who had had a big hole at kicker, joined the program as a preferred walk-on, beat out punter Murphy graduated, the Syracuse. was locked in a tight battle for Hills alumnus Andre Szmyt Pioneer Press BY BOB NARANG Vernon Hills' Szmyt connects COLLEGE NOTES to the season-opener at Western Michigan. After five games, Szmyt had become a major part of Syracuse's turnaround. He certainly has been busy, connecting on 13 of 14 field-goal attempts and making all 26 extra points. In front of 80,000 people, Szmyt was at his best for Syracuse's 27-23 loss at No. 3 Clemson on Sept. 29. "I just block it out," Szmyt told syracuse.com of his approach at Clemson. "Walking out there, it's cool to seeing all those people. But when it's time to kick, I block it out." He made three field goals, including a career-long 51-yarder. Szmyt was named as one of the three Lou Groza Award "Stars of the Week" on Oct. 1. His solid kicking is a key reason that Syracuse won its first four games of the season. Before this season, Syracuse kickers had missed 16 field-goal attempts in the last two seasons. Szmyt was also named the ACC's Specialist of the Week. He scored 10 of the Orange's 23 points against Clemson, booting field goals of 35, 51 and 32 yards. Through the first five games, he led the country with a field-goal average of 2.6 per game. He also topped the country with 13 field goals and 65 kick-scoring points. Szmyt has also made at least two field goals in every game. Vernon Hills coach Jason Czarnecki said his entire coaching staff kept tabs on Szmyt against Clemson. While at Vernon Hills, Szmyt worked closely with special teams coach Dave Schroetter. After originally committing to Louisville, Szmyt switched to Syracuse. A kicker and punter in high school, Szmyt made 9 of 12 field goals his senior year, including a school-record 48-yarder. "I can say we are all definitely proud of him," Czarnecki said. "When Andre was kicking field goals against Clemson last week, all the coaches were texting each other with excitement. He's definitely making both the Vernon Hills football program, the high school and the community proud." Dziedzic playing well for NIU soccer East Leyden graduate Konrad Dziedzic is making an impact this season on the pitch. Dziedzic is a redshirt junior goalkeeper for the Northern Illinois men's soccer team. The 6-foot, 176-pound goalie spent two seasons at West Virginia but did not play. Last season, his first at Northern Illinois, Dziedzic started 11 matches and posted a 1-0 shutout against No. 10 Omaha. As of Friday, he had started nine matches and played 814 minutes, allowing nine goals and recording 17 saves for a 7-2 record in the net this season. Senior forward Adrian Corados, a Niles North graduate, is also on the team. Have a suggestion for College Notes? Email Sam Brief at brieffarm@gmail.com. Bob Narang is a freelance reporter for Pioneer Press.

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As season winds down, prep golfers eye state meet

The final week of the boys and girls golf season is underway, and many of the top golfers in suburban Chicago are aiming for the pin at the state meet.

Sectional tournaments were incomplete at press time, but plenty of high school golfers had positioned themselves to qualify for state with solid performances at regional tournaments throughout the area.

The Loyola boys golf team came out on top at a competitive Class 3A Niles West Regional. The Ramblers (294) edged New Trier (298), while Glenbrook North (314) won a tiebreaker over fourth-place Evanston. Loyola junior Jack Crawshaw fired a 67 to be named the tournament medalist.

Glenbrook South senior Jack Upperman (71) was the low scorer among the individual sectional qualifiers.

At the Class 2A Loyola girls regional, New Trier came out on top as the host Ramblers finished second. Loyola junior Mary Boesen (75) was the only golfer to break 80 and earned medalist honors.

Glenbrook South also advanced to the sectional meet as a team.

The Maine South boys were victorious at the Class 3A Elk Grove Regional. Freshman Nicholas Dombro (78) had the low score among the Hawks.

In Class 1A, the North Shore Country Day boys golf team dominated the field at the Walther Christian Regional. The Raiders finished 35 strokes ahead of second-place Francis Parker. North Shore sophomore Eli Sherman (71) was the medalist.

The Class 1A, 2A and 3A boys golf state tournaments are scheduled to begin Friday in Bloomington and Normal. The Class 1A and 2A girls golf state tournaments will take place in Decatur.

—Pioneer Press staff

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WE HAVE OUR WINNERS!

Check back next week to see who our panel of suburban sports editors chose as your winners for our October Athlete of the Month challenge! The winners will also be announced on our Twitter page, so make sure you follow us at @ChiTribAOTM or you can go to chicagotribune.com/suburbs/athletes for more results.
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Morton Grove...New on the Market! Spectacular 7 room brick Bi-Level in Popular School District #70; only 4 blocks to Park View School. Sparkling clean + numerous updates all New in 2018: New Anderson windows; New Hot Water heater; New entry door & 2 screen doors; New vinyl floor in Family Room; New Kohler SS sink faucet & New SS wall oven & range hood in eat-in kitchen; 2 New bathroom faucets; 2018; New garage door & opener 2018; Roof only 10 years old. Newly painted throughout 8/2018. 2 ½ car garage. Quality construction, Superb Location & Move In Condition! Near forest preserve, walking/bike/bridle trails!! .... $339,900

SPECTACULAR IN EVERY WAY!
Northbrook...Just Listed! Beautifully updated & maintained 8 room Townhouse in Prime Location on Mission Hills Lane! Large living rm, dining rm & patio overlooking expansive green space. Hardwood firs in foyer, kitchen, living/dining rms & powder rm. Updated kitchen with Granite counters, white cabinets + large eating area. Cozy den off kitchen. Living rm/dining rm with gas log FP. Huge master br with top of the line master bath with dressing area, walk-in closet & balcony. Rec room with bar area. 2 car garage. Association fee includes 3 outdoor pools, tennis, golf, snow removal, lawn maintenance & more!!........... $399,900

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