ANXIETY HIGH

The pressure to keep up can overwhelm students in elite suburban school districts. Read part one in a series examining high school stress and the expectation to achieve.

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LIVING

Learn from loss: How to ease the sting of rejection

Every person will deal with setbacks at some point, but how do you help a child through it?

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WHAT TO DO

The best, any way you slice it

Local pizza pros dish on their favorite pies.

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Learn the ABC's of your health coverage

Columnist Cathy Cunningham follows up with a health care specialist about what to know when considering enrollment in Medigap and Medicare Advantage plans.

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Back in the gym

Pioneer Press previews the 2017-18 girls basketball season. Page 34
Samuel Hirsch, Niles North senior

Samuel Hirsch, of Skokie, a Niles North High School senior, has also proven to be a successful software application developer. At age 17, Hirsch said he has developed a web payroll app using code he created. He is also consulting for a local real estate firm to develop an application using an algorithm that sorts public information on properties with delinquent taxes.

Q: What college would you like to attend?
A: Right now, my top three choices would be MIT (Massachusetts Institute of Technology), IIT (Illinois Institute of Technology) and U. of I. (University of Illinois) at Urbana-Champaign.

Q: How long have you lived in Skokie?
A: I've lived with my mom and my brother in Skokie since 2013. Just recently, my brother moved away to Israel.

Q: Pets?
A: I have a little kitty. His name is Hobbes. He's about a year-and-a-half old.

Q: What book are you currently reading, and what book would you like to read next?
A: "Programming Java Scripts Applications" by Eric Elliott. There is not a particular book that I'd like to read next, but now that I've got a little more time on my hands, I'd like to be reading a bit more fiction.

Q: A movie you'd recommend?
A: I would recommend "Baby Driver." It came out over the summer.

Q: Words of wisdom?
A: Don't worry because when you worry you suffer for it.

Q: What is an interesting fact about yourself?
A: I have the first 100 digits of pi memorized. I had a month or so of free time when I was in fifth grade, and I memorized the digits and I haven't forgotten them since. I have not once needed to use it.

Samuel Hirsch
From common colds to common denominators.

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‘No worse fate than failure’

How the pressure to keep up is overwhelming students in elite districts

Editor’s Note: This is the first part in a three-part series examining the issues surrounding student stress and the pressure to achieve.

BY KAREN ANN CULLOTTA, KAREN BERKOWITZ, KIMBERLY FORNEK AND SUZANNE BAKER

When Naperville North High School student Tessa Newman heard about the suicide of a classmate last school year, she was outraged.

Furious, not at the classmate, but at a culture she said exacerbates the pressure she and many of her fellow students feel. So Tessa took action.

“I was just so angry and overwhelmed. I got on my Chromebook at 2 a.m. and essentially wrote down my feelings,” says Tessa, 17, now a senior at the school.

Within days, Tessa had posted a 1,458-word essay on Change.org. The petition, “Naperville North Pressure Culture Must Change,” soon went viral, striking a chord nationwide and prompting fierce debate on the topic.

“At Naperville North there is one path to success,” Tessa wrote in the piece. “From the age of 13, every prospective Naperville North student understands that this path makes no exceptions, and those who wander off or fall behind are left for failure. Everyone here understands that there is no worse fate than failure.”

If nothing else, the essay and the response it generated show how much the topic of student stress and educational anxiety is on the minds of kids, parents, teachers, counselors and administrators — some of whom are calling it a burgeoning mental-health crisis.

“When I first wrote the essay, it wasn’t meant to be shared, but I knew I had something important to say,” Tessa said. “I thought to myself, ‘If I don’t do it, who will?’”

But Tessa — and her fellow students at Naperville North — aren’t alone. High-performing teens at elite public high schools across the suburbs, from Highland Park to Hinsdale and La Grange to Lake Forest, are feeling the same strain.

“Many parents want their children to either meet or surpass what they have achieved, but there’s not a whole lot of room to surpass the success of a parent who is a CEO of a Fortune 500 company,” said Timothy Hayes, assistant superintendent of student services at New Trier High School in north suburban Winnetka.

For months, Pioneer Press has explored the problem of student anxiety and school-related stress. Reporters spoke to students, parents, administrators and public health experts and examined school data on topics ranging from how often kids are sidestepping gym class to how many request school counseling services.

The research showed a pervasive, increasing and potentially dangerous problem that impacts every aspect of students’ lives — from their emotional and physical health to their future college and career paths.

In many top-performing schools, students and experts describe an atmosphere of intense, sometimes disabling, pressure connected with test scores, college admissions and AP course loads.

In many top-performing schools, students and experts describe an atmosphere of intense, sometimes disabling, pressure connected with test scores, college admissions and AP course loads.

‘Falling apart’

Tom Koulentes, a former principal at Highland Park High School, said that a decade ago, the North Shore school had roughly 10 students per year hospitalized for mental health issues. Teachers were changing their curricula to factor in students' anxiety and stress. And kids are facing what they say is a constant, grinding strain throughout their academic careers.

There is a double-edged sword. We want kids to challenge themselves, but not at the expense of their mental well-being,” said Emily Polacek, a social studies teacher at Hinsdale South High School in west suburban Darien.

‘Falling apart’

“How the pressure to keep up is overwhelming students in elite districts

Share Your Story

Have you or your child experienced stress or anxiety in school? Do you have thoughts on how schools and parents should address the issue? We want to hear your opinions on our Anxiety High series. Email us at SchoolAnxiety@tronc.com.

Video and Web Extras

Visit us online at chicagotribune.com/anxietyhigh to watch related videos, view more photos and find additional resources for dealing with anxiety and stress.
from 164 students in 2011-12 to 260 students in 2015-16. The school currently has 2,026 students enrolled.

And officials said 75 percent of students who received individual or group counseling at the high school during the 2015-16 year reported issues of anxiety, compared to 5 percent five years earlier.

The same trend is evident at north suburban Deerfield High School, where 73 percent of students who received individual counseling from a social worker or psychologist were experiencing anxiety issues, according to school data.

Officials at both schools say the primary causes of stress vary among students and can include not only academic anxiety but also worries about family problems and social situations.

There are some common threads, however, officials say. Many teens are experiencing a lack of sleep, a cause of increasingly rigorous college prep courses and the demands of juggling several hours of homework each night with extracurricular activities required to burnish college credentials.

"So now, everyone is taking the hardest classes, but it's not just grades, because they're told they not only have to be involved in clubs and sports, but they need to be the leader or captain," Koulentes said. "And they also need a high test score on the ACT and SAT."

Koulentes says that can mean some teens are in class from 8 a.m. to 3 p.m., followed by sports, music or other extracurriculars until 7 p.m. After that, it's an evening ACT or SAT prep session.

And the problem isn't all grades and class rankings.

Technology has emerged as a new stressor for kids, and administrators are finding it challenging to address.

Koulentes said with the expectation that grades will be updated on a digital portal and that email will be portal and that email will be compressed, even on weekends.

"A child gets a test back in math class, and they find out they got a 'D' so they text mom and dad, even before the teacher has walked back to their desk," Koulentes said.

Not to mention the set of ultra-competitive teens seeking admission to Ivy League schools; they're feeling compelled to launch nonprofits, apply for patents or develop new apps, he said.

"I've had conversations with former students who have told me, 'College is actually easier than high school;" Koulentes said. "In high school, they're dealing with hard, hard classes, and then they have three, four or more hours of homework each night."

Data from area school districts show increasing numbers of students taking Advanced Placement classes.

This trend can be observed at Adlai Stevenson High School in Lincolnshire, where the proportion of students taking AP courses has been steadily on the rise. While about 55 percent of Stevenson juniors were enrolled in at least one AP course in 2011-12, the percentage stood at 71 percent during the 2015-16 year, school data show. About half of all sophomore students were enrolled in an AP course in 2015-16. Among seniors, the figure was about 82 percent.

Data from other area school districts are in line with that growth, and show both the overall number of students taking AP courses and the number of AP courses offered increasing.

"Really startling"

Scientists have begun recognizing the issues, with both stress and anxiety the focus of national research.

At Yale, psychology professor B.J. Casey is the director of its Fundamentals of the Adolescent Brain Lab. She said roughly one in four teens between the ages of 13 and 17 meet the criteria for having an anxiety disorder.

"When you look at the fact that in Australia, it's only 7 percent of teens with anxiety, compared to 25 percent in the U.S., it's really startling," Casey said.

Casey said there are significant changes going on in the teen brain during adolescence, as the different parts and functions of the brain take time to mature and fine-tune.

"When a teen is under stress, the emotional part of the brain "hijacks" the prefrontal cortex, or rational, cognitive part of their brain, that helps someone pause and think before acting," Casey said.

"They're dealing with hard, hard classes, and then they have three, four or more hours of homework each night."

— Tom Koulentes, principal, Libertyville High School
Stress, from Previous Page

and to learn how to fail," she said.

In that vein, some argue that stress and anxiety are part of growing up, and that officials at elite schools shouldn't lower academic standards but should push for even more achievement.

Steve Deutsch, a longtime Naperville School District 203 activist, is one of those who say students of every era have vented about the pressures they face.

In the incidents at Naperville North this year—which included student suicides and Tessa Newman's petition—Deutsch said the events shouldn't be blamed automatically on academic pressure.

"It is too soon, and hardly conclusive, to use these incidents as an indication for wholesale or immediate change," Deutsch said.

Michelle Fregoso, director of communications in Naperville School District 203, said the district always has listened to concerns raised by anyone in the community.

"Our students' health and well-being are our No. 1 priority," Fregoso said. "Feedback from students, parents and our community is always considered." Timothy Hayes, assistant superintendent of student services at New Trier High School, said a recent "Stressed Out at New Trier" event was aimed at expanding the conversation, and talking about the many ways stress can impact a kid's life.

"We've been talking about stress at New Trier now for many years, and from our perspective, stress can be both positive and negative," Hayes said.

For example, Hayes said, stress before an athletic competition or taking an exam can be beneficial if it helps students perform better. However, he said, stress can have a negative impact on teens if it affects them in a physical way—for example, leaving them sleep-deprived and eating poorly.

Hayes said officials at the high school base some of their decision-making on data from the Centers for Disease Control and Prevention's Youth Risk Behavior Survey, which asks students to describe their primary sources of stress.

"Not surprisingly, academics is always at the top," Hayes said. "We have to ask ourselves, 'What do we do?' But there's always going to be some level of stress."

Hayes said officials a few years ago considered mandating that every student have at least one open period in their schedule. Community response, though, wasn't what they expected.

"The pushback was pretty intense, and kids and parents told us they wanted a choice," Hayes said. He said there are special challenges with New Trier students, some of whom have parents who are wealthy, accomplished or both.

Still, Hayes said, it's not fair to blame successful parents with high expectations for their teen's academic anxiety.

"I get this self-imposed stress because kids naturally want to make their parents proud," Hayes said. "We believe every kid should go to college, which is not necessarily a bad thing. But the downside is, it isn't really the right plan for every kid to go straight from high school to college if they are just following what they think they should do, and haven't really thought about why."

'Stressed to death'

Polacek, who also teaches AP psychology at Hinsdale South, said the stress can start to simmer in the fall months before students take their spring AP exams.

"They're stressed by October," Polacek said. "That's when they realize, 'I'm in over my head.'"

The reading level is harder in an AP class, because the reading is the level of a college textbook. And we have to get through the entire textbook by April, so we have time to review," Polacek said.

It's not just the AP class, she said, but the AP workload combined with the work in all their other classes.

"Some kids can take seven AP classes and benefit," she said. "The (question) is, are we trying to push more people into AP classes, who may not be ready for it?"

The increase in school-related stress and anxiety among teens is apparent to Beth Sosler, a Highland Park High School parent who tutors high school students.

"We've seen more and more students with diagnosed or undiagnosed anxiety," Sosler said. "We are seeing more and more students being tutored for classes they are not ready for, but feel the pressure to be in."

Sosler said kids are feeling pushed to take harder classes and do more. And if they don't load up their schedules with AP classes, they worry they're not doing enough or keeping up with their high-achieving peers.

But while high schools are putting more emphasis on AP courses, Sosler says, more colleges have stopped awarding credit because they are finding students are not prepared to take the next level of the course in college.

"Why aren't they ready?" she asked. "Probably because in high school, there is so much pressure that they are just going through the motions. High school has come down to, 'What boxes do I need to check for college?' Students are learning what they need to learn to take the test, spit it out and move on. They are not learning what they need to learn to be at the next level."

Sosler said that while it's entirely appropriate for some students to take the hardest classes offered and push themselves to earn high marks, it ends up putting pressure on many other students who feel they're falling behind the pack.

"What is happening is you have students who are in over their heads," Sosler said. "They are stressed to death."

Freshmen are told on one hand not to worry about college, then given an early version of a college entrance exam three weeks into their first year of high school, she said.

"There has always been a very small fraction of high-achieving students and parents who say the school isn't doing enough to get students into Ivy League colleges," Sosler said.

"The truth of the matter is, our school is offering every opportunity for students whose goal of attending an Ivy League school is appropriate," she said.

The reason more Highland Park students aren't being admitted to Ivy League schools is that very few students anywhere are, she said.

Of the nearly 40,000 students who applied to Harvard University last year, just 5.2% were admitted, according to the school.

The fallout

Despite the best efforts of school officials and parents, for teens who struggle with chronic stress and anxiety, experts say the emotional pain and physical symptoms can prove incapacitating.

Dr. Carol Weitzman, a pediatrician, researcher and a professor of pediatrics at Yale University, says somatic complaints from teens—such as stomachaches, headaches and difficulty breathing—often are early signs of anxiety. A visit to a pediatrician is typically the first step many parents take when trying to figure out what's wrong.

In parents' nightmares, the end result of all of this stress is a student who feels no other option than to end his or her life. Experts, however, caution that the causes of suicide are not simple nor are they easily determined, and typically stem from a serious mental illness.

But Naperville North student Tessa Newman, the author of the online essay and petition, said a competitive culture, combined with pressure to be perfect, can help usher some of her peers to a dark place.

"What we keep hearing from the high school is that it's inherently all about students' mental health problems, not about the system," Tessa said, adding: "I started my petition because I believe that a lot of students' mental health problems are actually caused by the system."

In part two of the series, we will examine some of the steps some suburban high schools parents and kids are taking to try to manage anxiety surrounding educational performance.
Morton Grove police seek public's help in child luring investigations

BY BRIAN L. COX
Pioneer Press

Morton Grove police are asking for the public's help as they investigate two separate reports of child luring near a local school, authorities said Nov. 10.

Both incidents occurred between 3 and 4 p.m. on separate days near Hynes School in the 9000 block of Belleforte Avenue in Morton Grove, police said in a news release on Nov. 10. Police did not say specifically on what days the reported child luring occurred other than to state that officers “recently” took separate reports on them.

Police also said it is unknown if the incidents are related, according to the release.

In one incident, the release states, a man described as white or Asian, middle aged, with light gray hair and wearing a gray jacket, told two boys to “come here.”

In the second incident, the suspect made a gesture “with his hands” toward a girl indicating that he wanted her to come toward him, police said.

Police said that in both incidents, the man left the area when the children notified an adult.

The incidents are currently under investigation, police said in the release.

Police ask that anyone with information or details related to either one of the incidents call Morton Grove police immediately at 847-470-5200.

Residents should call 911 to report any suspicious activity, police said.

Brian L. Cox is a freelancer.

Winter weather has arrived, but many trees haven’t gotten the memo

BY KATE THAYER
Chicago Tribune

Snow and frigid temperatures have landed in Chicago, and 93.9-FM has started its Christmas music rotation; but many of the area's trees seem reluctant to give way to winter.

The combination of a wet spring, a dry end to summer, warm fall temperatures and a dry October have resulted in many trees retaining their leaves longer than usual, said Doris Taylor, plant clinic manager at the Morton Arboretum in Lisle.

The fall color change was also delayed, she said, and in some cases didn't happen at all. Recent cooler temperatures and spots of frost this week caused some leaves to drop while still green.

While this might have dulled autumnal glories, many property owners and municipalities are dealing with more practical implications: how to get all those leaves raked and collected before winter arrives in earnest.

Several officials agreed that the frosts and the recent precipitous drop in temperature should expedite the seasonal leaf-stripping.

Paul Tobin, division superintendent of Public Works for Morton Grove, said the village does not plan to change its leaf pickup schedule this fall. Crews began collecting leaves on Oct. 16 and will continue through Dec. 8 as planned, he said.

In Lincolnwood, public works officials say the village does not plan to alter its leaf pickup schedule.

Temperature, sunlight and moisture - along with a tree's genetics - all play roles in determining when and how leaves change color, and when they finally drop to the ground as the tree goes dormant for the winter, Taylor said.

In Wilmette, officials have actually recorded higher leaf collections this year compared with last year, said Guy Lam, deputy Public Works director.

Oak Park Public Works Director John Wielebnicki said the village was in talks with its hauler, Waste Management, about extending leaf pickup for a week, at a cost of $25,000.

“We're hoping (for) the cold weather and the leaves to start dropping,” he said. “Originally, at the beginning of the leaf pickup season, we were coming down already, and then everything stopped.”

Wielebnicki added that this fall presents “an opportunity to be a little bit more environmentally friendly” by mulching leaves and leaving them on yards rather than raking them into bags or, in the case of communities that offer loose-leaf pickup, into the street.

Besides the environmental advantages, he said, “the later we allow leaves to be raked into the street, the more of a chance we'll have for snow, which means we would be plowing the leaves back into the residents' yards.”

**Evanston welcomes Army Ranger home**

**BY KYRA SENESE**  
Pioneer Press

Evanston recently celebrated the homecoming of U.S. Army Sergeant Aron Wagner, following his tour of duty in Iraq.

Wagner, who has served in the Army since enlisting in 2014, arrived back in Evanston Oct. 29 to a warm community welcome.

Representatives from the American Legion in Evanston, Warriors’ Watch Riders and National volunteer organization A Hero’s Welcome helped to coordinate the welcoming event, which took place at the American Legion Evanston Post 42 in the north suburb.

“It’s also important for the community to understand the sacrifices that our men and women make on their behalf,” said Maria Hyland of Philadelphia-based A Hero’s Welcome.

“Being deployed and being away from home is a strain,” Wagner’s parents, who wanted to give their son a warm welcome said.

“They asked if they could use our Legion Hall as a meeting place, and of course we have a 100-year-old building here in Evanston and made that building available,” Farley said.

Members of the Warriors’ Watch Riders escorted Wagner and his family to Evanston from O’Hare Airport, with motorcycles adding to the festivities and excitement.

Hyland said the ability to have a group escort a soldier home “adds a punch to the welcome home.”

The soldiers “love it,” she said.

In a statement on Warriors’ Watch Riders website, Jeff Wagner talked about his son’s military service.

“Aron’s unit was in a forward position, assisting and advising Iraqi soldiers throughout the battle for Mosul. In early August, Aron earned a Joint Service Achievement Medal for supervising a mobile strike cell with his battalion and their partners from Australia,” Jeff Wagner wrote.

Evanston Mayor Steve Hagerty proclaimed Oct. 29, 2017 as “Sergeant Aron Harry Wagner Day” in the north suburb to honor the soldier.

Hagerty, a representative from New Trier High School where Sgt. Wagner attended, the Evanston Fire Department and community members were among the crowd of 50 to 60 at the American Legion to welcome the soldier and his family, Hyland said.

The volunteer organization, founded by Hyland’s daughter, has been running for 10 years. Hyland said holding such homecoming events is an important activity not only for the soldier who is returning, but for community members, as well.

“I think just knowing we’re there supporting soldiers when they come back from a visit or leave boosts their morale,” she said.

Farley said he served during the Vietnam era, and homecoming celebrations such as these were not common at that time.

“I know that there were not these kinds of welcomes when the soldiers were coming back from that conflict, and we’re very happy to be able to do it for the soldiers coming back now,” Farley said.

Kyra Senese is a freelance reporter.
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Niles VFW holds Veterans Day open house

Group seeking younger members

BY MIKE ISAACS
Pioneer Press

More than 60 people braved less than ideal weather Nov. 11 to pay tribute to military men and women during Niles's annual Veterans Day ceremony, said Harry Benjamin, quartermaster of Niles Memorial Veterans of Foreign Wars Post 3579.

"The importance of this day is to remember all those soldiers and sailors that have fought and have been killed in wartime activities," said Benjamin, a Vietnam War veteran. "It's a way to honor them."

Like in past years, the ceremony was held at the Veterans Memorial Waterfall near Milwaukee and Touhy avenues in Niles. Dignitaries, including Mayor Andrew Przybylo, spoke at the ceremony.

This was the first year that the VFW in Niles also held an open house following the ceremony at White Eagle Banquet Hall. Since Veterans Day fell on a Saturday this year, Benjamin said that allowed the VFW to add to the event.

According to Benjamin, Niles Memorial VFW Post 3579 has about 750 paid members led by Cmdr. Frank Merkendorfer. But Post 3579 wants to attract younger members so the VFW can continue to thrive, he said.

"We're trying to generate interest in our post and let people know we're there," he said. "A lot of people don't know, so we're trying to make ourselves more visible."

Benjamin said the VFW is "in definite need" of younger members despite the robust number of paying members.

"It's hard to find the younger veterans," Benjamin said. "We're trying to find ways to get them to our post and we thought the open house might be one way to do so."

Benjamin said more veterans today are part of two-income families and share the burden of raising children.

"They just do not have as much time available for coming to meetings and participating," he said.

"They also have more choices today of what to do with their time," Benjamin said. The Niles post is a good investment of their time because it does all it can to serve veterans.

"Those veterans out there - especially the younger ones - need the VFW," he said. "The VFW is an advocacy group - a lobby group so to speak - and it's always working on behalf of veterans."

POLICE BLOTTER

The following items were taken from the Niles Police Department reports. An arrest does not constitute a finding of guilt. Only a court of law can make that determination.

POSSESSION
■ A 26-year-old Glenview man was ticketed with possession of drug paraphernalia on Oct. 31 following a traffic stop in the 8100 block of Golf Road.
■ A 25-year-old Des Plaines woman was ticketed with possession of marijuana on Nov. 2 after police began investigating some people in the parking lot of a school in the 9400 block of North Hamlin Avenue after school hours. Police said the woman was in possession of an electronic smoking device that contained suspected marijuana oil.
■ A 21-year-old Schiller Park man was ticketed with possession of drug paraphernalia Nov. 3 following a traffic stop in the 9000 block of West Golf Road.

DUI
■ Jessica Colin-Montes, 22, of the 3100 block of North Marrona Avenue, Chicago, was charged with driving under the influence and driving without a valid license on the morning of Oct. 29. According to police, a traffic stop was conducted on Colin-Montes's car in the 8000 block of Oakton Street because she was driving without a front passenger side wheel.
■ Jorge Hernandez Jr., 26, of the 9000 block of Lamon Avenue, Skokie, was charged with driving under the influence, driving without a valid license and failure to reduce speed to avoid a crash on Oct. 30. According to police, Hernandez was seen driving on a flat tire before he crashed into another vehicle in the 9500 block of North Milwaukee Avenue. He is scheduled to appear in court Dec. 11.
■ Ronald Martinez, 26, of the 6400 block of South Greenwood Avenue, Chicago, was charged with driving under the influence and leaving the scene of an accident Oct. 31. Police said Martinez fled a crash near Touhy and Harlem avenues that left another driver injured. Police said Martinez was also ticketed with driving without insurance and illegal transportation of alcohol. Martinez was scheduled to appear in court Nov. 4.
■ Adam Macierzynski, 42, of the 6500 block of North Normandy Avenue, Chicago, was charged with driving under the influence on the night of Nov. 2. Police said he entered a safety traffic enforcement zone set up in the 6700 block of North Milwaukee Avenue with a loud muffler and no rear registration light. He was given a Dec. 20 court date.

THREATS
■ Joseph Cimino, 26, of the 100 block of North Branch Avenue, Northfield, was charged with threatening a public official on Nov. 3. According to police, Cimino was accused of writing multiple letters to the Niles Police Department, threatening physical harm to a specific police officer. Cimino is scheduled to appear in court Nov. 20.

PUBLIC INTOXICATION
■ A 62-year-old Maywood man was ticketed with public intoxication on Nov. 3 after police said he was found to be highly intoxicated while inside a store in the 200 block of Golf Mill Center. He was taken to Advocate Lutheran General Hospital in Park Ridge.

THEFT
■ Two people were caught attempting to steal plastic soda crates from the rear of a store in the 6000 block of West Touhy Avenue on Oct. 31.
■ A woman told police she paid a person she met online $500 for what she believed was a new iPhone 8, but it turned out to be a different, cheaper phone after the money was exchanged in a parking lot in the 8500 block of West Golf Road on Nov. 1.
Niles-Maine Library trustees vote to raise levy

Move's impact on the average tax bill not yet known

By Genevieve Bookwalter
Pioneer Press

Trustees on the Niles-Maine District library board approved a slight increase in the library district's property levy at their Oct. 18 meeting.

Trustees voted 5-2 to approve raising $6.9 million of the library's $7.4 million budget through the property tax levy.

That will increase the amount collected through the levy for the library system by about $141,000 over last year.

The amount that each property owner in the library district will be charged was not immediately available.

Trustees Carolyn Drblik and Dennis Martin voted against asking taxpayers for more money.

"Maybe we could think of some ways to cut and not raise the levy and live within our means," Drblik said. "It's not such a large amount."

Martin proposed holding off on voting on the levy at the meeting, to allow library officials to look at other ways to save more money.

"I didn't approve a budget and think, 'Oh, we're gonna take out a taxpayer credit card to cover it,'" Martin said.

Other trustees expressed concern with recently unsuccessful state legislation that proposed freezing property taxes.

If such a measure ever passes in Springfield, it could limit the library's ability to increase its levy in the future.

Raising the levy now "is something that will hopefully hold us through, just in case," said Linda Ryan, board vice president.

The Niles-Maine library district serves about 59,000 residents in the village of Niles, unincorporated Des Plaines and unincorporated Glenview.
Lincolnwood Place hosts tribute in honor of Veterans Day

Event draws roughly 200

BY GENEVIEVE BOOKWALTER
Pioneer Press

Some who served the nation in World War II or other conflicts that followed celebrated Veterans Day Nov. 10 with friends and family at Lincolnwood Place senior residence in Lincolnwood.

About 80 of the approximately 200 people who attended the event served in the U.S. Armed Forces, said Autumn Fuesz, executive director of Lincolnwood Place.

Residents who are veterans wore hats, shirts and even dress blues to commemorate their service.

"I bought these years ago for one purpose: to swear my daughter in as a Marine," said Kenneth Penn, 60, who served as a Marine captain during the Vietnam War and now lives at Lincolnwood Place. He wore full dress blues to the event.

Now, Penn said, his daughter "outranks me. She's a major. I have to salute her."

The Lincolnwood Police and Fire Honor Guard paid tribute to the veterans before joining in to sing the fight songs of four military branches.

The group finished with a rendition of "God Bless America."

"If it wasn't for all that you have done we wouldn't be able to live the lives we do today," Fuesz said to the veterans at the event, before the music began.

Falling snow could be seen through the tall windows behind the crowd as members of each branch stood for their respective fight songs.

Afterward, resident Elaine Bogetz, 94, who served in the Navy from 1944 to 1946 during World War II, complimented the service.

Bogetz, who lives at Lincolnwood Place, said she joined the Navy after her father, who served in World War I, "put his dog in the K-9 Corps" of the U.S. Army.

"If the dog is in, I'm in too," Bogetz said.

She married a military man, Bogetz said, and the two married at Walter Reed Memorial Chapel. Her Navy uniform doubled as her wedding dress, and a photo of her on her wedding day was displayed on a table in the Lincolnwood Place lobby on Nov. 10.

Serving in the military remains a strong bond between Bogetz and other residents, she said.

"You have camaraderie with people in the service like no one else," Bogetz said. "You served when they did. People look out for each other."
Metra board OKs fare hikes, service cuts

By Mary Wisniewski
Chicago Tribune

Metra riders will see fare hikes and service cuts next year, part of the transit agency's 2018 budget that was approved Friday.

Officials also warned that more service cuts and fare hikes could be coming next year, unless state funding improves.

Adult and reduced-fare one-way tickets will rise by 25 cents in all zones. Ten-ride tickets will increase between $4.25 and $7.75, depending on the length of the trip. Monthly fares, which are the most common ticket type for Metra riders, will increase between $9 and $12.50, depending on the length of the trip. Someone who rides the train from Bensenville to downtown, for example, will see the price of their monthly pass go from $171 to $181.25 — a 6 percent hike. Reduced fares for seniors and people with disabilities also would increase.

The price of $8 weekend passes will increase to $10.

The hikes mark the fourth consecutive year that the commuter rail service has raised fares; the fare increases take effect Feb. 1.

Before the vote, board members criticized the current state funding situation, which has meant a lack of money for both running the railroad and paying for repairs and replacement of rolling stock, some of which has been around since the 1950s.

“Over the last year, the board has recognized that we need to fund the rail operations to keep service running,” said Metra Chairman Norm Carlson. “The current situation is unsustainable, and threatens the future viability of the important service Metra provides,” said Metra Chair Norman Carlson.

The service cuts, which kick in Feb. 5, represent the first time that the agency has had to reduce service to close a deficit. Metra is cutting five of the 691 trains it runs on weekdays, including three Rock Island weekday evening and late-night trains, which runs southwest to Joliet. The agency also will combine two semi-express north Central rush hour trains, which run between downtown and far northwest suburban Antioch, into single local trains.

On the SouthWest line, which goes through the southwest suburbs, two midday trains will no longer serve Laraway Road and Manhattan stations, while on the Milwaukee District North, which runs to Fox Lake, two Saturday round trips and one Sunday round trip will be eliminated.

Metra officials said the service cuts and fare hikes will help close a $45 million budget gap, which is the result of decreased state funding, higher costs and lower expected sales tax revenues.

Metra expects the state to replace some funding by the middle of next year, CEO Don Orseno told reporters. If this does not happen, the agency may have to look at more cuts and fare hikes.

Orseno asked Metra riders to “Stay with us, please; let your elected officials know how important it is to fund transit. If you want to see it grow we need to fund it like a transportation system should be funded.”

Higher costs are partly the result of added head counts and rising salaries at the transit agency. The higher payroll costs for the suburban commuter railroad rose 32 percent between 2012 and 2016, and overtime rose 47 percent. Metra officials attribute the increases to the higher costs of maintaining aging equipment, the need to attract and retain professionals, and the price of implementing federal mandates like a new federally mandated safety system called Positive Train Control. The system monitors and controls train movements to prevent crashes, and will cost a total of $400 million.

The 2018 operating budget for Metra is $797.2 million, while the capital budget is $196.8 million. Other savings will come from a hiring freeze and other efficiencies, officials said.

Earlier this week, the Pace board of directors approved a budget that will raise fares next year by a quarter a ride for the suburban bus agency. The Chicago Transit Authority has not announced its proposed budget for 2018.

Carlson, the Metra chair, said the entire region benefits from having public transportation, whether or not they ride the trains.

“There are people who will never step on a Metra train who benefit from Metra because of the number of automobiles we take off the roads,” said Carlson. About 300,000 people ride Metra trains every weekday.

Orseno stressed that Metra’s on-time performance is better than peer commuter railroads, while the costs of its fares are lower.
D74 shows off newly upgraded middle school

Parents take a tour of the revamped Lincoln Hall

BY MIKE ISAACS
Pioneer Press

Lincolnwood School District 74 unveiled its upgraded Lincoln Hall Middle School at an open house for the community — mostly parents who have children who attend there.

District 74 school board President Scott Anderson told nearly 100 community members at the Nov. 7 event about a school board vote six years ago to tear down Lincoln Hall.

"Several years later, the community voted unanimously not to tear down this building," Anderson said, referring to a failed referendum. "We had to regroup. We had to replay what was going to happen here."

Instead, School District 74 created a plan to improve its school buildings at an estimated cost of less than $24 million. The work at Lincoln Hall marked the end of the second of three phases, district officials said.

Some of the improvements include a new entrance, either upgraded or new state-of-the-art STEM labs, a library, a gymnasium, a fitness room, fine arts space, a cafeteria, other classrooms and more.

Sixth-, seventh- and eighth-grade classrooms are also separated by floor now, offering more efficiency for moving from class to class, officials said.

"You will see a whole bunch of new spaces, but those spaces were borne out of a conversation that started with 'what if?" Anderson told the visitors.

Expiring bonds and other timing factors meant that taxpayers did not see any increase in their property tax bills as a result of the renovation, he said.

"I'm here to tell you that we are levying less now than we were five years ago with the construction and with the debt," Anderson said. "I hope when you walk through here, you'll see that we've gotten our money's worth, and I hope you'll see that the improvements help our students deserve." Some of those students helped lead the tour Nov. 7 that spanned all three floors of the building. Parents looked at the new spaces, asking questions along the way.

"I'm very happy because this is just an exciting space for kids to be learning," said Mariel Evens, a Lincoln Hall parent. "I've been here before, but this was my first time in the library. I had to sit in a chair."

In the cafeteria, multiple photos of the renovated Lincoln Hall were lined up for visitors to see. Parents who came through said they were more than impressed by the improved school.

Principal Dominick Lupo said he was an assistant principal three years ago when work at the school first began. The eighth-grade tour guides on this night were only sixth-graders, he said.

"They weren't really sure what they were getting into," Lupo said. "They walked into the halls and we had some projects beginning and they were so flexible and so eager to learn that they were able to see the end and where we were going with all this."

Music teacher Erin Egan showed off her new classroom, which includes more space and other amenities.

"It's making such a difference," she said. "The flexible seating and the additional space — it's just so much faster to be able to able to do what I want to do now."

Parent Mariel Evans said she has two children — one at Lincoln Hall and one at Rutledge Hall. She tried out some of the new seating in the revamped modernized library.

"I'm very happy because this is just an exciting space for kids to be learning," she said. "I've been here before, but this was my first time in the library. I had to sit in a chair."

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OPINION

Flags at half-staff mean it’s mourning in America

RANDY BLASER
When I was a rookie reporter all too long ago, I was lectured about AP style early and often, particularly regarding the issue of whether the U.S. flag is flown at half-mast or half-staff.

But today, I have no idea who died. The flag is flying at half-staff, indicating a time of national mourning, and I have no idea who died.

Was it a policeman tragically killed in the line of duty?

Was it a soldier in Afghanistan?


Was it a shooting victim? I don’t know.

Do we really have that many national tragedies these days? Is there a reason to mourn in this country, every day of every week, 52 times a year?

Maybe we do. Maybe in this day and age of mass shootings, which come one right after another like repeated hammer blows to the nation’s psyche, the flag is permanently set at half-staff.

As I drove around today, I made an effort to look at the official places that fly the American flag every day. Sure enough, the flags are at half-staff.

But why? Why do we mourn? Who do we mourn? Is it ourselves?

Have we reached the point in our history when the words of John Donne’s famous maxim applies: “Ask not for whom the bell tolls, it tolls for thee.”

Randy Blaser is a freelance columnist.

Forget elections. Let’s just name the candidate with the most money the winner.

PAUL SASSONE
“$5,000,768,” he claimed.

“$45,60,000,000,” she rebutted.

“Oh, really?” he said.

“What about $291,000?”

“That’s nothing; $456,000,000;” she retorted.

What is all this, you may be asking?

It’s a political debate between candidates, of course.

This concept of political discourse came to me the other night while I was watching “Chicago Tonight” on PBS.

Panel members were discussing who was running for Illinois governor.

For many elections now, a frequent criticism of journalists talking about candidates involved the treating of elections as a horse race.

Too often, it was argued, journalists evaluated candidates based on their standing in the polls. These discussions ignored the issues at stake in an election and where the candidates stood on those issues and merely detailed who was ahead and who was behind. In short, elections were treated as a sport, as a horse race.

The discussion I was watching on “Chicago Tonight” didn’t take that route. The journalists did not treat the list of gubernatorial candidates as participants in a horse race.

Neither, unfortunately, did they delve into issues where the candidates stood on them.

The discussion centered entirely on how much money each candidate had raised for the campaign. It’s kind of creepy to listen to members of the media concentrating so much on campaign dollars since most of those campaign dollars will be spent on media advertising.

But beyond that, are numbers to become the stuff and substance of political discourse?

Will numbers — campaign dollars — become the measure of a candidate?

Has that happened already?

If so, we Americans could save ourselves a lot of time and trouble if we did away with elections.

If campaign dollars are the measurement of a candidate’s worthiness, a date should be set for each election cycle.

And on that date the candidate with the most money is declared the winner.

Paul Sassone is a freelance columnist.
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OPINION

Tax reform needs reforming

Proposed family credit highlights GOP hypocrisy

SALLY HIGGINSON

In a Nov. 5 New York Times op-ed piece, “Tax Reform Should Help American Families,” Sen. Marco Rubio made me laugh. Granted, it was a high-pitched, slightly hysterical laugh. But what he wrote amused me the way only the absurdity of current politics can.

Rubio cites federal data that says since 1960, the cost of raising a child, excluding college, has risen by more than $11,000. “Ask just about any couple and they’ll tell you (the cost) absolutely influences their decisions about when to have children and how many to have.”

Rubio wants a “tax code for the 21st century.” He suggests larger per-child tax relief than the current Republican proposal offers, acknowledging “the crisis of the working-class family has steadily grown in recent years, with fewer marriages and children ... all against the backdrop of increasingly out-of-touch, ruling-class elites in the wealthiest country in the world.”

The person within me paused as I read this. But the woman within me went nuts. The writer in me had a field day.

How many couples take the cost of raising a child into account when planning their families? Oh wait. I can’t even type that sentence without noting the language. If couples “plan” their families, then doesn’t that mean they subscribe to Planned Parenthood? Logic suggests yes, but politics suggest otherwise. After all, “planning” for a family requires a lot of factors. Cost is certainly one of them. Birth control would be another. In planning my family, I considered both. Somehow, familiarity with the tax code was an element I missed. I don’t recall anyone taking taxes into account when deciding whether to have a child.

There it is again. That little detail about “deciding” to have a child. If making a decision is synonymous with making a choice, then isn’t Rubio’s argument dependent upon choice? I smell conflict in the political discourse.

The tax reform change Rubio recommends “helps” parents to the tune of $2,000 per child. Not with state-sponsored childcare. Not with mandates for universal preschool, or full-day kindergarten. There’s no meaningful social support for parents in the throes of child-rearing. Last time I checked, the going rate for a babysitter hovered at $15 an hour.

According to my calculator, Rubio’s commitment to improved tax reform would cover 133 hours of childcare. That translates to 2 1/2 hours of Saturday night coverage for the year, or less than four weeks of daycare for parents working 40-hour weeks.

But if my employer’s religion prohibits birth control benefits, what’s the point of all this planning? If the only health insurance I can afford excludes maternity coverage, and Blue Cross Blue Shield estimates the cost of medical care for a healthy pregnancy and delivery at $12,800, then what good is a $2,000 tax rebate for a kid I couldn’t plan for and can’t afford to deliver, let alone raise?

So thank you, Marco Rubio, for providing morning laughter. You did write that op-ed as a joke, didn’t you? Because if you’re serious, then I need to cry.

Sally Higginson is freelance columnist for Pioneer Press.
Veterans Day is good, but helping all year would be even better

PAT LENHOFF

Last weekend, ceremonies across the country honored our nation's veterans. Many schools were off on Friday, and in advance of that holiday, they held events featuring assemblies that gave students a chance to serenade veterans, in recognition of their service to our country. It’s a slight change from the old days, where the day off part often overshadowed the “honoring veterans” part. Happily, we now celebrate our service members as enthusiastically as they deserve. I agree with that approach wholeheartedly. That may seem contradictory for a member of the generation who fought so hard against war and the involvement of our soldiers in Vietnam. Chants of “hell no, we won’t go” echoed across college campuses like mine. However, time and world developments have changed the focus.

Now, my instincts say that our veterans should be honored every day, not only on Veterans Day. I don’t mean daily parades and honor guards and patriotic school concerts. Once a year is fine for those events. What I mean are the other day-to-day things that can smooth life’s wrinkles a bit for those who have given us the ultimate gift of security and freedom.

Anyone who has put their life’s dreams on hold to serve our country, knowing that they may end up in a place they never expected and find themselves dealing with challenges that usually don’t appear on recruiting posters, deserves some perks as thanks for that selfless service.

Some benefits are already in place, but I think we can do better by improving on what already exists and adding some new programs that currently don’t exist. Access to low-cost mortgage loans is helpful. So is the ability to receive assistance for the cost of higher education. Insurance has become the newest four-letter word in our society so an insurance pool or similar program with favorable rates available to veterans and immediate families seems justified.

When I hear stories about veterans who fell scant days or weeks short of serving the length of time currently required to qualify for job training or higher education assistance, it is frustrating. When reading about wait times at VA hospitals, or for insurance benefits for veterans in need, I wonder if we really get it. These men and women have left their families behind and committed, full tilt, to a military program that expects them to answer the call any time for as long as they serve.

Surely, when they come back to their regular life, they should be able to expect the same in return from us.

No doubt there are funding ramifications involved in administering programs of assistance for the major aspects of veterans’ lives once they are discharged. But I can’t think of any group who deserves it more, every day of the year.

Maybe Congress will give up some of their many perks so we can care for our veterans? Just a thought.

Pat Lenhoff is a freelance columnist for Pioneer Press.

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A heartbroken mom says ‘heroin is in your suburb’

Loving, respectful and well behaved is how P.J. Newberg described her daughter as a young girl. But when her daughter was in high school, she met a boy, and according to Newberg everything changed.

“Things started getting weird,” said the single North Shore mom. “She didn’t come home some nights, and she began sneaking out, cutting class and just acting different.”

Newberg said she confronted her daughter — then a junior in high school, but her daughter refused to open up about anything. So, she searched her bedroom. What she found was the worst possible nightmare for any mom: needles and heroin.

“I was in shock and so full of fear, and I knew I needed to act fast,” said Newberg, who happens to be a certified addiction counselor and an alcoholic who has been in recovery for 29 years. “I had had conversations with her from a pretty young age about alcohol and drugs, but I didn’t talk to her about heroin or opiates because I didn’t think it was a problem in our area.”

Newberg took her daughter to a residential treatment program, and while there, her daughter’s boyfriend died of a heroin overdose. Unfortunately, this would not be enough of a scare for her daughter to stop using heroin.

According to Newberg, the past seven years have been “torture.” Her daughter has been in rehab 15 times, she has been hospitalized several times, has been in jail, and has had health problems related to her addiction. Newberg says her daughter is currently clean.

“It has been a nightmare,” Newberg said. “She would stay clean for a couple months and then would relapse. The cycle kept repeating itself. Three other friends of hers died of an overdose in an 18-month period and she still could not stay clean.”

Describing the stress as unbearable, there is something Newberg said has been her saving grace: spreading the word about heroin and opioid addiction.

In 2012, Newberg and her daughter founded North Shore Secret Heroine Problem, a nonprofit organization dedicated to raising awareness about heroin, to educate parents and kids, and to prevent more students from addiction.

“I saw these kids dropping like flies, so I decided to go public,” Newberg said. “I felt compelled to do this because I don’t want to see any more kids die.”

Newberg, who holds a master’s degree in counseling and a bachelor’s degree in psychology, is a public speaker to groups of students at schools and to parents at community events, sharing her story and alarming information about the prevalence of heroin and opiates in the suburbs.

Newberg, who spoke last week at a Youth Services community event in Glenview, said heroin can be snorted, smoked or injected, and that doing heroin even once can cause addiction and even death.

She said heroin looks like a white or tan colored powder, and that opioids also include legal drugs (sold illegally) such as Vicodin, Percocet, oxycodone and fentanyl.

“Talk to your kids about what heroin looks like, how dangerous it is, and how physically addicting it is,” Newberg said. “An addict can have withdrawal that causes vomiting, nausea, chills and severe anxiety, and they physically need the drug.”

Although there is drug education required in all Illinois public schools, Newberg said it’s equally or more important for parents to have open, honest discussions about it with their kids.

I asked Newberg what her daughter would say if she was listening to our interview.

“She would tell you, ‘Don’t ever try it. It will ruin your life,’” Newberg said. “She met this guy and I truly believe in her heart she didn’t know he was a heroin addict. She was in love and he kept asking her to try it and finally she gave in and she immediately knew it was the wrong thing to do. She was hooked. This is not like a normal cigarette or even an alcohol addiction. This is the devil.”

According to The U.S. Centers for Disease Control and Prevention, 91 people die every day from an opioid overdose.

“The North Shore doesn’t want to face it. They want to sweep it under the rug so that people have the impression that the suburbs are safe,” Newberg said. “This is not the case. Do you know how many hundreds of moms I’ve met who have lost a kid to a drug overdose? The truth is, heroin is in your suburb.”

Jackie Pilossoph is a freelance columnist for Chicago Tribune Media Group. She is also the creator of her divorce support website, Divorced Girl Smiling. Pilossoph lives in Chicago with her two children.
Considering Medigap or Medicare Advantage?
Here’s what to know

I just read your column, “Health insurance and open enrollment — what you need to know.” I was wondering if you could help me. I’m looking for supplemental insurance to go along with Medicare. The costs are high and the deductible on some is $2,000! I’m 67, retired and on a fixed income. Any suggestions?

— Paul, Chicago

Kathy Lipscomb, health care advocacy consultant at KL Services, LLC, in Skokie, was one of the experts providing health insurance guidance in the above-mentioned Help Squad column, so it was to her that I turned for advice on Paul’s behalf.

Lipscomb began by explaining that Medicare supplemental insurance, also known as Medigap coverage, is insurance that can be purchased to cover costs that original Medicare — Part A (hospitalization) and Part B (medical) — doesn’t cover. These costs can include copayments, coinsurance and deductibles. A Medigap policy will not cover Medicare Advantage Plan (Part C) copayments, deductibles or premiums. Medigap is designed to supplement original Medicare benefits, whereas Part C is a policy purchased from a private insurer to cover Part A, Part B and extra benefits such as vision, hearing, dental and prescriptions. Part C plans are used in place of, not in combination with, Medigap. (Medicare pays a fixed amount each month to the companies providing Medicare Advantage Plans to Medicare policyholders.)

Another important point: The timing of Medicare enrollment is different than health insurance marketplace enrollment. Per the Medicare.gov website: “The best time to buy a Medigap policy is during your six-month Medigap open enrollment period. During that time you can buy any Medigap policy sold in your state, even if you have health problems. This period automatically starts the month you’re 65 and enrolled in Medicare Part B. After this enrollment period, you may not be able to buy a Medigap policy. If you’re able to buy one, it may cost more ... If you apply for Medigap coverage after your open enrollment period, there’s no guarantee an insurance company will sell you a Medigap policy if you don’t meet the medical underwriting requirements.”

Lipscomb recommended the following for selecting a Medigap policy: First, go to Medicare.gov, then click “Supplements and Other Insurance” at the top of the page. From the drop-down, select “How to Compare Medigap Policies.” This provides a chart comparing the various plan options and what is covered in each.

Said Lipscomb: “It is important to remember that all policies, by law, offer the same standardized basic benefits. So, Plan G from insurance provider ABC is going to have the same benefits and coverage as from insurance provider XYZ. Only the cost of the policy might be different.” She added that some plans offer coverage when traveling out of the country and some might include your Medicare Part B premium. She emphasized the importance of comparing copays and deductibles before deciding on a plan.

Medicare.gov can assist consumers in finding Medicare supplemental plans if they click on “Find health & drug plans” under the “Sign Up/Change Plans” tab at the top of the home page. Lipscomb also recommended checking individual insurance companies’ websites, contacting AARP, and/or speaking with an insurance broker who sells medical insurance.

And for those interested in exploring Medicare Advantage Plans (Part C), Medicare.gov provides assistance via “Your Medicare coverage choices,” which can be found in the drop-down under the “Sign Up/Change Plans” tab.

It is important to evaluate your overall Medicare costs and benefits when deciding whether or not to enroll in an Advantage Plan. As explained on the Medicare website: “Your cost sharing is lower (or included) if you’re in a Medicare Advantage Plan.” However, it is possible that your premium will be higher than it would if you had original Medicare combined with a Medigap supplement.

Lipscomb advised: “Most major insurance providers have a Part C plan. You can contact insurance providers through their websites. Also, retirees should check with their former employers. If they worked for a large company, they may be able to get Part C coverage through that company.”

Need help? Send your questions, complaints, injustices and column ideas to HelpSquad@pioneerlocal.com.

Cathy Cunningham is a freelance columnist.
If you are a person, under the age of 21 years old, Medicaid-eligible in the State of Illinois, and have been diagnosed with a mental health or behavioral disorder for which a licensed practitioner of the healing arts has recommended intensive home- and community-based services to correct or ameliorate the disorder, a class action lawsuit may affect your rights.

Or, if you have a child who fits the description in the above paragraph, a class action lawsuit may affect the rights of your child.

This notice is being published by order of the United States District Court for the Northern District of Illinois to inform you of the proposed settlement of a class action lawsuit (N.B. v. Norwood, Case No. 11 C 6866) set forth in a proposed Consent Decree with the Director of the Illinois Department of Healthcare and Family Services regarding Medicaid services for children in Illinois under the age of 21 who have been diagnosed with a mental health or behavioral disorder. The parties to that lawsuit have agreed to the proposed Consent Decree that, if approved by the court, would provide certain rights and benefits to eligible individuals. The court will hold a hearing to consider whether to approve the proposed Consent Decree on Tuesday, December 19, 2017 at 11:00 a.m. before the Honorable Jorge L. Alonso, United States District Judge, in the Dirksen Federal Building, 219 S. Dearborn Street, Room 1219, Chicago, Illinois 60604.

Who is Included? You are a Class Member whose rights may be affected by the proposed Consent Decree if you are a Medicaid-eligible child under the age of 21 years old in the State of Illinois: (1) who has been diagnosed with a mental health or behavioral disorder; and (2) for whom a licensed practitioner of the healing arts has recommended intensive home- and community-based services to correct or ameliorate the disorder.

What does the Proposed Settlement Provide? The parties have asked the Court to approve a Consent Decree that, if approved, would provide certain rights and benefits (as more fully described in the proposed Consent Decree) to eligible Class Members. The Consent Decree provides eligible Class Members the opportunity to access a continuum of Medicaid-authorized services, including home- and community-based services that may be needed to address their conditions.

How Can I Get More Information? A detailed Notice describing the proposed Consent Decree, the rights of class members, and a copy of the proposed Consent Decree itself are available on the website of the Illinois Department of Healthcare and Family Services, https://www.illinois.gov/hfs/info/legal/Pages/N.B.vNorwood.aspx, and also at www.farleyl.com and www.nbclassaction.org. If you have questions for plaintiffs’ lawyers, you may contact Attorney Robert H. Farley, Jr. at farleylaw@aol.com or 630-369-0103.

Dated: October 27, 2017

Honorable Jorge L. Alonso
United States District Court Judge
LIBERTYVILLE
Renovated home across from Riverside Park with four bedrooms and 2.5 baths. The open concept kitchen with new appliances. Fenced and flat backyard. Second floor has master with en suite bathroom, including marble double vanity. Large windows in all bedrooms. Living room has picture window and opens to dining room. Circular floor plan. Unfinished full basement. Attached 2.5-car garage.
Address: 717 Kenwood Ave.
Price: $499,999
Schools: Libertyville High School
Taxes: $10,949
Agent: Megan Likus/Conlon: A Real Estate Company

GLENVIEW
Multi-level home with six bedrooms, six full bathrooms. Double door entry leads to living and dining room combo with sliding doors to yard and patio. Second-floor laundry. Remodeled baths in third-floor bedrooms. Fourth floor has two staircases to fifth and sixth bedrooms. Lower level family room with gas fireplace, full bath and bounce room. Finished sub basement with tile floor.
Address: 2829 Victor Ave.
Price: $629,900
Schools: Evanston Township High School
Taxes: $13,890
Agent: Colleen Berg/Berg Properties

EVANSTON
Three-bedroom, two-bathroom home was recently decorated. Hardwood flooring throughout first floor and stairs. Plaster walls, arched openings, updated kitchen and a large main-floor family room addition with its own HVAC system. Upstairs features additional bedrooms, three-quarter bath and attic access. Full, repainted basement with an additional room. Detached single-car garage.
Address: 320 Wesley Ave.
Price: $399,900
Schools: Evanston Township High School
Taxes: $8,696
Agent: Donald Gelfund/RE/MAX Villager

BARRINGTON
Four bedrooms, four bathrooms. Private wooded views. Cherry cabinets in open concept kitchen. Hardwood floors throughout. Family room has two-story gas fireplace with granite surround. First floor office. Master includes cathedral ceiling, sitting area, walk-in closets and en suite bath. English basement with home theater, rec room, exercise room, wet bar and steam shower.
Address: 21208 N. 23rd St.
Price: $524,900
Schools: Barrington High School
Taxes: $11,130
Agent: Michele Alyea/Baird & Warner

Listings from kiomefinder.com

Travel back in time to 1930s Chicago with A Century of Progress: A Photographic Tour of the 1933-34 Chicago World's Fair. This historical collection features more than 100 rare – and in some cases, unpublished – photographs documenting the fair's construction, demolition and everything in between. Readers will glimpse the technological feats and futuristic exhibits that characterized the fair, as well as elements of lasciviousness and insensitivity that, while clearly on display during the exposition, may prove shocking to modern readers.

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<td>James B Pasakarnis &amp; Kristin J Pasakarnis</td>
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<td>1430 S Evergreen Ave, Arlington Heights</td>
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<td>769 Kingsbridge Way, Buffalo Grove</td>
<td>Neelakandan Mani &amp; Vasanthi Rajendran</td>
<td>Brian Woodward</td>
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<td>253 Chilcory Ln, Buffalo Grove</td>
<td>Mahayo Luca Ivarus &amp; Boris Labov</td>
<td>Gina Laskey</td>
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<td>610 S Broadway Ln, # 615, Buffalo Grove</td>
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<td>Val Lytsky</td>
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<td>410 Raymond Rd, Buffalo Grove</td>
<td>Srirakshmi Miyal &amp; Praveen Kamar Patia</td>
<td>Chitra Muru</td>
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<td>920 Beauf Dr, # 103, Des Plaines</td>
<td>Robert Suszek &amp; Dorata Suszek</td>
<td>Timothy J Doherty</td>
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<td>90 S River Rd, # 3B, Des Plaines</td>
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<td>Anna M Mikos</td>
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<td>Joseph Ulbert</td>
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<td>Derek C Cwik</td>
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<td>1800 Ridge Ave, # 206, Evanston</td>
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<td>Joseph J Kaczmaruski &amp; Ii &amp; Katarine L O Connor</td>
<td>Esther X Padamsee</td>
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<td>645 Custer Dr, # 303, Evanston</td>
<td>Christopher J Brummert &amp; Nikki Brummert</td>
<td>Rizwan Syed</td>
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<td>9121 Ewing Ave, Evanston</td>
<td>Milly A Vyas &amp; Katherine F L Vyas</td>
<td>Mario Pifulrich</td>
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<td>2536 Lawndale Ave, Evanston</td>
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<td>3846 Knollwood Ln, Glenview</td>
<td>Mudassar Sadiyuddin</td>
<td>Andrew Hyun Soo Kim</td>
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<td>1500 Palomino Dr, Glenview</td>
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<td>James F Burton</td>
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<td>Mark Tunkel</td>
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<td>194 Mooregate Trl, Hawthorn Woods</td>
<td>Hillary Carol</td>
<td>Randolph L Burcett</td>
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<td>44 Equestrian Way, Hawthorn Woods</td>
<td>Ali Ahmed Jansari &amp; Soofia Jansari</td>
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<td>26 Brier Creek Dr, Hawthorn Woods</td>
<td>Gerald W Lott &amp; Veronica A Burger</td>
<td>Mark R Kremarzick</td>
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<td>674 Highbury Ter, Lake Forest</td>
<td>Julie A James</td>
<td>Sean R Kiely</td>
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<td>63 Washington Rd, Lake Forest</td>
<td>John D Walters &amp; Jamie M Walters</td>
<td>John P Lantot</td>
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<td>870 Symphony St, Lake Forest</td>
<td>Brandon Faber &amp; Melissa Faber</td>
<td>Russell A Hanos</td>
<td>09-13-17</td>
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This list is not intended to be a complete record of all real estate transactions. Data compiled by Record Information Services. 630-557-1000 | public-record.com
SOUGHT-AFTER "WOODLANDS" CONDO!
Morton Grove...Brand New Listing! Beautiful and Immaculately maintained 2 Bedroom 2 Bath Condo! In-Unit Laundry, 1 Underground Garage Space and 2 Storage Spaces. Highly desired Park View School District 70. Move-In Condition; Newly Decorated and New Carpeting throughout. Master Suite with Large Walk In Closet. Lovely Kitchen with 42" Cabinets and Breakfast Bar overlooking living rm & dining room. 16' Recessed balcony for outdoor enjoyment. Everything you have been looking for is here. Convenient to Metra, Library, Restaurants, Forest Preserve Trails and much more!!...$259,900

DON'T LET THIS ONE PASS YOU BY!
Skokie...Impeccable, mint condition 6 room Bi-level located in School District 73.5! Large living room/dining room "L", eat in kitchen, main floor family room was expanded adding a wood burning fireplace & sliding doors to the patio overlooking beautiful fenced yard. Main floor Laundry/utility room. Attached garage with direct entry. 18' master br with his & her closets & huge full bath. Unfinished dormered attic just waiting to be finished for more living space. This home has large windows thruout. Furnace & C/A new 7/2016. Great location & schools!...$279,000

PRICE JUST REDUCED TO SELL!!
Morton Grove...Sparkling clean and Absolute "Move in Condition" Must be Seen! New Kitchen with custom white cabinets, Quartz countertops, custom 5' skylight; SS appliances, SS double sink with single lever faucet/spray & oak floors. Both baths with new vanities, Granite tops & recent decorator ceramic tile. Beautiful oak floors in LR/DR, kitchen &3 brs. 25' family room with new carpeting. Private like fenced yard with concrete patio. Oversized 2 car garage. Block to Edison School and Niles West High School. Immediate possession!! Call to see today...$329,000

MOVE RIGHT IN AND ENJOY!
Perfect Slice
Pizza pros dish on their favorite pies

By Veronica Hinke
Pioneer Press

Their secrets are out: We asked four of our favorite pizza pros across the Chicago suburbs to tell us their (other) favorite spot to get a pizza fix.

Union Pizzeria, Union Squared
1245 Chicago Ave., Evanston and Union Squared, 1307 Chicago Ave., Evanston; www.UnionPizza.com
Who: Vincent DiBattista, chef-partner
At work: Union Pizzeria and Union Squared

Union Pizzeria: Union Pizzeria is known for crispy Neapolitan artisan pizzas. Toppings include everything from lamb sausage or wild mushrooms to shrimp and bacon or potato and broccoli. There are also artisan small plates, from calamari to burrata. The menu has a variety of items beyond pizza, too — from skirt steak to shrimp and grits and more.

Union Squared: Union Squared Evanston features Detroit-style pan pizzas, which are baked in a custom black rectangular metal pan. Technically, the pan is supposed to be made in Detroit, but all that matters is the pizza is amazing. It’s widely known for its light, fluffy crust and crispy edges. At Union Squared the Detroit pizzas get heaping doses of Wisconsin brick cheese and tomato sauce. There are 11 pies and rotating specials on the menu. A 30-seat beer garden features local favorites like beers from nearby Temperance Beer Company, Sketchbook Brewing Company and more.

Off-the-clock: Larsa’s Mediterranean Cuisine, 3724 Dempster St., Skokie; www.LarsasMediterraneanCuisine.com
“One of my favorites that my family and I find ourselves coming back to over the years is Larsa’s in Skokie,” Di Battista said. “It’s a Mediterranean restaurant that also has a beautiful old Fauld’s rotating deck oven. I love the potato and rosemary pizza. It’s a thin crust pizza with a little chew to it. It consists of olive oil, garlic, sliced potatoes, rosemary and feta. It’s simple and delicious.”

He usually orders Mediterranean classics, too, like fattoush salad. Fattoush salad is made from toasted or fried pieces of Arabic flat bread. The bread is mixed in with mixed greens, radishes, tomatoes or other vegetables. He also loves to order baba ghanouj (cooked eggplant) along with the pizza. “It makes a nice dinner combination,” he said. Sometimes Di Battista gets a whole Cornish hen as well and his little boy gets mann eash (freshly baked crust topped with a blend of sesame seeds, olive oil and a touch of special Mediterranean herbs). “He calls it the herb pizza!” Di Battista said.

Pizzeria De Ville
404 N. Milwaukee Ave., Libertyville; www.PizzeriaDeVille.com
Who: John Durning, chef and managing partner
At work: At Pizzeria DeVille in Libertyville, chef-managing partner John Durning and team are just about to roll out a new winter menu with some new pizzas, including their take on Nomad’s black and white pizza. (No, not the cookie.) Nomad’s black and white is a pizza made with Neapolitan-style dough, black garlic sauce, black garlic cloves and white is a pizza made with a Neapolitan-style dough, black garlic sauce, black garlic cloves and mozzarella and chèvre cheeses. This winter, look for Pizzeria DeVille’s new retro pizza night on Wednesdays, when they’ll bring back some of the old pizzas they used to have on the menu.

Off-the-clock: Paulie Gee’s, 2451 N. Milwaukee Ave., Chicago www.PaulieGee.com/Logan-Square
“Td pick Paulie Gee’s Logan Square because I can get both great wood-fired pizzas, both traditional Italian and artisan/ nontraditional plus I can score a great Detroit-style square pie as a side dish,” said John Durning, Pizzeria DeVille chef and managing partner. “There’s no picking favorites at this place. Just order the ones that grab your eye and Derrick, Dennis and crew will get you taken care of.”

Baldinelli Pizza
114 S. Washington St., Hinsdale; www.BaldinelliPizza.com
Who: Vincent Distasio, manager
At work: Baldinelli Pizza could be known for all the clever names of its pizzas. The Chicken Blast pizza is topped with chicken, onions and sauce that is either mild, hot or barbecue. The Health Happy pizza is made with broccoli, tomato and mushroom. The quirky-sounding Dirti Kirti pizza is topped with onions, spinach, black olives, basil and oregano. And there’s much more than pizza here: Distasio recently started serving homemade stuffed shells, chicken florentine and fried calamari. For desserts, there are cherished old-school Italian classics like homemade chocolate cake, gelato and Italian ice. Di Franco said Nino’s is known for its thin crust. They also make pan and deep dish. He likes a thin crust pizza with sausage, green olives, pepperoni and garlic. “I like dominant flavors,” he said.

Di Franco has worked with pizzas his whole life. It’s the family business. He also loves White Cottage Pizzeria & Italian Cuisine in Wood Dale.

“I like the sausage, bacon and pepperoni on a thin crust so you can really taste the ingredients,” he said. White Cottage Pizzeria & Italian Cuisine also offers pastas, salads, sandwiches and more.

Veronica Hinke is a freelancer.
Thursday, Nov. 16

The Desilones: 8 p.m. Thursday, Evanston Space, 1245 Chicago Ave., Evanston, $15-$25, 847-492-8860

Stephen Sondheim Celebrated by Wirtz Center: Northwestern University's Wirtz Center for the Performing Arts presents "Company" from Nov. 3 to 19 in the Ethel M. Barber Theater followed by NT Live's "Follies" on Nov. 30 in the Josephine Louis Theater, 20 Arts Circle Drive on the Evanston campus. "Company," with music and lyrics by Stephen Sondheim and book by George Furth, premiered in 1970. 7:30 p.m. Thursday-Saturday and 2 p.m. Sunday, Josephine Louis Theatre. Northwestern University, 20 Arts Circle Drive, Evanston, $6-$30, 847-491-7282

Nemmers Prize Winner Steve Reich Returns to Bienen: Musical pioneer Steve Reich returns for his second residency at Northwestern University's Henry and Leigh Bienen School of Music. The recipient of the 2016 Michael Ludwig Nemmers Prize in Music Composition, Reich will attend music rehearsals, discussions with students and faculty and performances of his work. Thursday, Pick-Staiger Concert Hall, Northwestern University, 50 Arts Circle Drive, Evanston, $5-$8, 847-475-4800

Imagining Jesus, Who, I Am?: What does it mean to be a Christian in today’s world? This event has brought together diverse leaders from various faith traditions to engage this important question. Thursday, Northwestern University, 20 Arts Circle Drive, Evanston, $5-$8, 847-467-4000

Proclaiming Justice: The Challenge for the Church: Modern-day prophets Father Michael Pfleger, Rev. Alexia Salvatierra, and Rev. Dr. Otis Moss III and panels of leading scholars and pastors address some of the pressing issues of injustice that infect our society. Be educated, encouraged and activated to proclaim and work actively for justice in your church, community, society and the world. 8:30 a.m. Thursday, Garrett-Evangelical Theological Seminary, Northwestern University, Evanston, $100, 847-866-3888

YMCA Art for Ages 3-5 with Adult: Art should be available to everyone, even preschoolers. The North Suburban YMCA Art Academy provides a monthly opportunity for preschoolers to create art. A parent or caregiver must be present. Please register at glenviewpl.org/register or by calling 1-800-666-6840. 10 a.m. Thursday, YMCA Art Academy, 3800 North Lukens Court, Park Ridge, $75, 847-866-3888

Friday, Nov. 17

The English Beat: 8 p.m. Friday and 8 p.m. Saturday, Evanston Space, 1245 Chicago Ave., Evanston, Sold out, 847-492-8860

Designer's Challenge: Buoyant Boats for Grades 4-8: The challenge, as a team, is to build an aluminum foil boat that can hold cargo without sinking. Please register at glenviewpl.org/register or by calling. 4 p.m. Friday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-5441

Saturday, Nov. 18

Gassel Concert: The Salaam-Shalom Music Project: For the seventh annual Gassel Concert, JRC has invited the Salaam-Shalom Music Project to perform music and dance that blends interfaith traditions. This musical performance is followed by dancing taught by three dance leaders from Jewish and Arabic backgrounds. 7:30 p.m. Saturday, 847-729-7500

Diamon and Denim Fundraiser by Rotary Northbrook: Diamonds and Denim Fundraiser offers the chance to win $10,000 or two-year lease from Foley Cadillac. The ticket includes entry for two, raffle entry, small bites tastings from area restaurants, cash bar, silent and live auctions. This benefit Rotary Club of Northbrook for domestic disaster relief, with a goal to raise $80K. 7 p.m. Friday, Lewis FLOOR and Home, 1840 Skokie Blvd., Northbrook, $100, 847-946-1803

Crafternoon Sip and Sketch: Join Julie for a fun sketching class just in time for Holiday cards or placecards at your table. This class includes a 16 oz. pot of tea of your choice and all drawing materials. Guests are encouraged to bring a small sketchbook and favorite pencils or pens. 12:30 p.m. Friday, TeaLula, 11 South Fairview Ave., Park Ridge, $25, 847-823-8327
LIMITED HOLIDAY ENGAGEMENT
BEGINS TUESDAY

"A WILDLY ENGAGING HIP-HOP TAKE
ON DICKENS' CLASSIC"
-CHICAGO SUN-TIMES

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UNBEATABLE,
RELENTLESS,
FOUR-STAR FUN"
-STAGE AND CINEMA

"SAVVY
AND WITTY"
-CHICAGO TRIBUNE

"DOWNRIGHT
IRRESISTIBLE"
-CHICAGO SUN-TIMES

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(QQ, JQ, JAX, and POS)
developed with RICK BOYNTON
directed by QQ and JQ
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by CST and Richard Jordan Productions

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RELENTLESS,
FOUR-STAR FUN"
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"SAVVY
AND WITTY"
-CHICAGO TRIBUNE

"DOWNRIGHT
IRRESISTIBLE"
-CHICAGO SUN-TIMES
Music Car and Corvette Nationals: This is the world's largest all indoor specialty event featuring over 550 of the world's rarest and most desirable muscle cars and Corvettes. All kids under 12 get in free. 9 a.m. Saturday and 9 a.m. Sunday, Donald E. Stephens Convention Center, 5555 North River Road, Rosemont, $25 online; $30 at door.

"Into the Woods": The Brothers Grimm hit the stage with an epic fairy tale about wishes, family and the choices we make. 7 p.m. Saturday and 3 p.m. Sunday, Devonshire Playhouse, 4400 Greenwood St., Skokie, $17 adults; $15 students and seniors, 847-674-1500.

Sunday, Nov. 19

Bonnie Koloc: With special guest Eddie Holstein, 6 p.m. Sunday, Evanston Space, 1245 Chicago Ave., Evanston, $20-$42, 847-492-8860.

Imagina U's "Stellaluna" Creative Drama Workshop: A 45-minute creative drama workshop with Northwestern teaching artists and cast members is held following the 2 p.m. matinee. Children explore themes of the show through a variety of games and creative drama-based activities. This is most engaging for students who are 4 to 8 years old and reservations are required. 3 p.m. Sunday, Hal and Martha Hyer-Walls Theater, Northwestern University, 1490 Campus Drive, Evanston, free, 847-491-7282.

41st Lincolnwood Turkey Trot: This CARA Certified, USA-TEF-Certified, chip-timed 5K/10K race and 5K fitness walk takes you through scenic Lincolnwood, featuring a flat, fast course perfect for novice as well as experienced runners and walkers. For our youngest athletes (6 years of age and under), the Drumstick Dash is the perfect way to round out this historic running event. 8 a.m. Sunday, Prosel Park, 7055 Kostner Ave., Lincolnwood, $15-$37, 847-677-9740.

Concerts at MGPL: The Woodstreet Bloodhounds: Inspired by the tones of bluegrass bands like Flatt and Scruggs and the Stanley Brothers, the Chicago-based Hounds tap into the soul of bluegrass for a listening experience. 2 p.m. Sunday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220.

Tom Kastle, Maritime Singer and Storyteller: Tall Ship captain Tom Kastle entertains with songs from the Great Lakes, stories and maritime chicanery. This program is free. However, due to the great popularity of Mr. Kastle please call ahead if you are coming. The doors open at 1 p.m. 2 p.m. Sunday, The Niles Historical and Cultural Center, 8970 N Milwaukee Ave., Niles, free, 847-390-0160.

NaNoWriMo Weekly Write-In: This weekly November NaNoWriMo write-in offers you space to talk with other writers and work on your novel. We'll also have computers if you need them, and snacks to keep you fueled. 2 p.m. Sunday, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224.

Sheera and Adam Ben-David: Cabaret/Broadway Performance: The One Tree Many Branches concert series presents Chicago's own Temple Shalom cantor Sheera Ben-David and, from New York, "The Book of Mormon" Musical Director Adam Ben-David for songs from Cabaret and Broadway. All are welcome and refreshments follow the performance. 4:30 p.m. Sunday, Lutheran Church of the Ascension, 460 Sunset Ridge Road, Northfield, free, 847-446-8335.

Unique Boutique at Skokie Synagogue: Featured at this boutique are hand-made scarves, hats and purses, hand-painted silk blouses, decorative pottery, fused glass, hand-made jewelry, various items of Judaica and even children's books. It is hosted by the synagogue Sisterhood and will be open from 11 a.m. until 3:30 p.m. 11 a.m. Sunday, Ezra Habonim, The Niles Township Jewish Congregation, 4500 Dempster St., Skokie, free, 847-675-4141.

Music of the Baroque: Two's Company: J.S. Bach's Concerto for Oboe and Violin headlines an evening that also features a concerto for two violins by Telemann and a double cello concerto by Vivaldi. Beethoven's Symphony No. 2 provides classical contrast in an orchestral program led by Principal Guest Conductor Nicholas Kraemer. 7:30 p.m. Sunday, North Shore Center for the Performing Arts, 9501 Skokie Blvd., Skokie, $25-$87, 312-551-1414.

Monday, Nov. 20

Nintendo Switch Open Sessions: The staff is breaking out the Nintendo Switch for open play sessions every Monday in November and December for grades 5-12. Drop in and play the newest releases on the Switch including "Mario Kart," "Arms," "Splatoon," "Mario Odyssey" and "Pokken Tournament DX." 5 p.m. Monday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220.

Services for the Blind and Visually Impaired: Melissa Wittenberg, Senior Director of The Chicago Lighthouse North in Glenview shares information about how the non-profit social service organization serves the needs of blind and visually impaired people in the community, including a state-of-the-art low vision care clinic, a retail store featuring aids for independent living, assistive technology devices and enrichment programs. Contact Karen Brownlee, kbrownlee@csymca.org. 11 a.m. Monday, North Suburban YMCA, 2705 Techy Road, Northbrook, free, 847-272-7250.

Carol Burnett: Musical Comedy: From an impoverished little girl who dreamt of being a movie star to a multi-talented Broadway and television and movie star, Carol Burnett persevered her way to the top. This program illustrates Carol's journey which includes surviving personal heartbreak and charting new entertainment territory. 10 a.m. Monday, North Shore Senior Center, 161 Northfield Road, Northfield, $24 member, $32 nonmember, 847-784-6030.

Best Nutrition for Diabetes Care: Find out firsthand what the latest nutrition principles and recommendations are to improve your health and control your numbers. Whether implementing a personalized meal plan, utilizing new recipes or simply watching your portions. Put new healthy habits into practice! 1 p.m. Monday, North Shore Senior Center, 161 Northfield Road, Northfield, $10 member, $15 nonmember, 847-784-6030.

Wake Up and Smell the Caffeine: Take a look at caffeine in our lives and how it affects our health. Sara surveys different kinds of tea and coffee, how they are produced and prepared, and the way those beverages have influenced world history. Look at other food and drinks that contain caffeine, such as chocolate, cola and energy drinks. 1 p.m. Monday, North Shore Senior Center, 161 Northfield Road, Northfield, $10 member, $15 nonmember, 847-784-6030.

Tuesday, Nov. 21

SCORE Counseling Appointments: SCORE Chicago provides mentoring to local small business owners and entrepreneurs. Current and potential entrepreneurs can benefit from the experience of retired executives to develop their business plan and grow their business. Register and schedule your appointment at score.org/find-mentor. 5 p.m. Tuesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500.
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We Give Thanks — Interfaith Thanksgiving Service: The Glenview Clergy Association holds its annual Interfaith Thanksgiving Service. Fr. Maina Waitaha (St. Catherine Laboure) gives the reflection. The offering for the evening will be divided equally among Wesley Child Care, Glenview Youth Services, and the Northfield Township Food Pantry. All are encouraged to bring staple food, pet food or household supplies for donation to the Northfield Township Food Pantry. 7:30 p.m. Tuesday, St. Catherine Laboure Parish, 3355 Thornwood Ave., Glenview, free, 847-729-1414

Movies, Munchies and More: “Tommy’s Honour”: A father passionately works to pass his torch on to his son in this intimate, powerfully moving tale of the real life founders of modern golf. 11:30 a.m. Tuesday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Current Events Club: Current Events Discussion Group is welcoming new members and meets Tuesdays at the Northbrook Park District Senior Center inside the Leisure Center. Drop by the Senior Center or call to learn more. 1 p.m. Tuesday, Northbrook Park District Leisure Center, 3323 Walters Ave., Northbrook, free, 847-291-2988

Yoga for the Rest of Us: This class is uniquely designed for individuals of all fitness levels to relax and unwind. Our certified yoga instructor accommodates individual needs through the use of chairs, blocks, bolsters and other props to help you develop a more mindful awareness of your body and a sense of overall well-being. 9 a.m. Tuesday, North Shore Senior Center, 161 Northfield Road, Northfield, $75 member, $89 nonmember, 847-784-6030

Hollywood's Bark Busters: Dogs In the Movies: Man's best friends have been wagging their tails on the silver screen for more than 100 years and these canine celebrities have even contributed to the financial success of several major movie studios. Look back and review the surprising number of entertaining films featuring, or even starring, a dog. 1 p.m. Tuesday, North Shore Senior Center, 161 Northfield Road, Northfield, $10 member; $15 nonmember, 847-784-6030

Monthly Meeting of the Society of Active Single Seniors: SASS is an independently run, non-denominational club that offers a variety of social events including attending professional theater, music performances, parties and dining at various restaurants. Events are planned by the members. The meeting is held at the Lutheran Church of the Ascension, located at the southwest corner of Sunset Ridge Road and Willow Road. New able-bodied members are welcome and refreshments are served. 7 p.m. Tuesday, Lutheran Church of the Ascension, 460 Sunset Ridge Road, Northfield, free, 847-498-5231

Interfaith Thanksgiving Service: The New Trier Multifaith Alliance, comprising 14 North-suburban faith communities, hosts its annual Interfaith Thanksgiving Service with guest speaker Dr. Rami Nashashibi. The Alliance’s Interfaith Choir, Children’s Choir, and representatives of various faith communities lead attendees in music, prayer and thanksgiving. 7:30 p.m. Tuesday, Winnetka Covenant Church, 1200 Hibbard Road, Wilmette, free, 847-446-4300

Faith, Hope and Recovery Free Support Group: Free spiritual support program for all people affected by mental health conditions. This includes family and friends, colleagues and caregivers. Refresh your spirit by sharing your concerns. Learn skills that restore the soul. Receive compassion and support. In being together, we find companions for the journey. 7 p.m. Tuesday, Winnetka Presbyterian Church, 1255 Willow Road, Winnetka, free, 847-302-6017

Wednesday, Nov. 22

Knitting Club: If you want to learn to knit, or you are working on a knitting or crochet project, drop-in to share tips, show off your work and converse with fellow needle arts enthusiasts. Bring your own knitting supplies. 11 a.m. Wednesday, Lincolnwood Public Library, 4000 West Pratt Ave., Lincolnwood, free, 847-677-5277

Thanksgiving LEGO Party: Create ships, UFOs, planes, cars and anything you can imagine with more than 100 pounds of LEGO bricks and elements. Students can build themselves into a 6-foot tower of bricks. 10:30 a.m. Wednesday, Northbrook Park District Leisure Center, 3323 Walters Ave., Northbrook, $25-$30, 847-291-2998

Creating a Blend: Participants learn basic blending tips and tea knowledge in this hands-on workshop. Open to ages 15+. 7 p.m. Wednesday, TeaLula, 11 South Fairview Ave., Park Ridge, $35, 847-823-8327

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FOOTBALL PLAYOFFS: MAINE SOUTH 39, NAPERVILLE CENTRAL 28

Comeback win adds to Hawks’ playoff mystique

By Dan Shalin
Pioneer Press

A sign at the Maine South football team’s practice field urges the Hawks to “Stay the Course.”

It proved sound advice Saturday afternoon in Park Ridge. The fifth-seeded Hawks overcame a 15-point, third-quarter deficit by scoring the game’s final 26 points in a dramatic 39-28 win over 11th-seeded Naperville Central in a Class 8A quarterfinal.

Maine South went ahead for good on a 5-yard run by irrepressible senior running back Fotis Kokosioulis with 2:57 remaining.

“We do what we’re taught, just stay the course, and it will happen. (The opponent) gets tired. We’re in the best shape in the state,” said Maine South junior defensive lineman Jonny Halvorsen, a Park Ridge resident who had a fumble recovery, sack and key fourth-down tackle on Saturday.

The Hawks, the defending state champions, advanced to the semifinals against top-seeded Lincoln-Way East. The game is scheduled for 6 p.m. Saturday in Frankfort. The Griffins are the only team to have beaten Maine South this season, prevailing 28-15.

In last year’s quarterfinal, the Hawks defeated Lincoln-Way East 34-31 thanks to a last-minute drive and game-winning field goal.

Several Maine South players compared Saturday’s drama to that game.

Other longtime Hawks fans said the comeback and excitement against Naperville Central was reminiscent of the Hawks’ 35-34 win over Lincoln-Way in the Class 6A semifinals in 2000. In that game, Maine South overcame a 14-point deficit in the final seven minutes of regulation and won in double overtime. Maine South went on to win the state title.

Hawks coach Dave Inserra, who was an assistant on the 2000 team, said the Saturday’s win may not have been on par with the 2000 classic.

However, Inserra said his team’s ability to fight back against the Redhawks when it was down 28-13 a minute into the third quarter was likely due to coaches and players who have been part of close, tense games in the past.

“We don’t panic,” he said. “We always talk about how the coaches have been here before, the players have been here before. (We tell the players) ‘Use that to our advantage. Don’t panic. Know what you’re doing and find a way to get it done.’”

Naperville Central (9-3) appeared to grab hold of the game just 42 seconds in the third quarter when senior running back AJ Deinhart fumbled behind the line of scrimmage in the Hawks’ 39-28 win in the Class 8A quarterfinals on Saturday in Park Ridge.

Maine South’s Jonny Halvorsen pulls Naperville Central’s Payton Thorne down behind the line of scrimmage in the Hawks’ 39-28 win in the Class 8A quarterfinals on Saturday in Park Ridge.

But the Hawks said they felt they were back in the game when senior linebacker Andrew Masterson picked off a pass in Naperville Central territory with 5:10 remaining in the third quarter. Maine South didn’t score on the ensuing possession, but senior receiver Paul Sasso said it felt like something had changed.

“Although we didn’t capitalize (on the interception), that was the momentum-changer on our part,” said Sasso, a Park Ridge resident who had six catches for 61 yards and some key kickoff returns.

“We realized the defense was making great plays for us, but now our offense had to step up. I think we turned the switch on.”

Inserra agreed that Masterson’s pick was a turning point.

“You’re looking at the clock, begging a little bit. (We) just have to make one play,” Inserra said. “Masterson has a huge interception. We didn’t get any points, but I think it changed our mindset. I think it changed the team and the (fans in the) stadium to, ‘Hey, we can do this.”

Another key figure in the comeback was Maine South junior kicker Aiden Carolan. While he missed a 25-yard field-goal attempt after Masterson’s interception, he bounced back by hitting a 25-yarder and a 26-yarder to help the Hawks creep back into the game.

“I felt bad (after the miss), but my teammates had my back. They encouraged me to keep looking forward,” said Carolan, who lives in Park Ridge.

“You always have to remember the ones you missed, but you have to know you can make the next one. That’s all that matters.”

Notes

Maine South senior quarterback John O’Sullivan completed 30-of-50 passes for 370 yards and two touchdowns. Senior receiver Rory Hayes had nine catches for 85 yards and senior receiver Cam Stacy had five catches for 50 yards.

Hawks junior Dylan Harris had an important fumble recovery on a Naperville Central kickoff return with 3:00 gone in the fourth quarter.

Dan Shalin is a freelance reporter for Pioneer Press.

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FOOTBALL RESULTS AND PLAYOFF SCHEDULE

CLASS 8A

Quarterfinals
Loyola (10), Marist (10)
Maine South (9), Naperville Central (3)

Semifinals
No. 5 Maine South (11-1) at No. 1 Lincoln-Way East (12-0), 6 Sat.
No. 6 Loyola (11-1) at No. 26 Edwardsville (9-3), 2 Sat.

CLASS 7A

Quarterfinals
Lake Zurich (4), St. Rita (17)

Semifinals
No. 18 Mount Carmel (9-3) at No. 1 Lake Zurich (12-0), 1 Sat.

CLASS 6A

Quarterfinals
Nazareth (20), Sacred Heart-Griffin (17)

Semifinals
No. 2 Nazareth (11-1) at No. 13 Providence (9-4), 2 Sat.

CLASS 3A

Quarterfinals
IC Catholic (46), Wilmington (21)

Semifinals
No. 5 IC Catholic (11-1) at No. 3 Byron (12-0), 2 Sat.
CENTRAL SUBURBAN SOUTH

BY DAN SHALIN
Pioneer Press

Must-see: Glenbrook South senior point guard Lizzy Shaw, a fourth-year varsity player, is a fine ball-handler and passer who will be counted on to score more this season. The 5-foot-7 Shaw, who plans to play collegiately at the University of Chicago, averaged 8 points per game as a junior. She finished second on the team in scoring behind Carie Weinman (22 ppg), who is now a freshman guard at Denver.

"Last year especially, and the years before that, my role was more to get the ball to other people, see other people up and find the best opportunities for our team to score in different scenarios," said Shaw, one of four team captains and a resident of Glenview. "This year, I have to step up on the scoring aspect. I've been working different ways to get to the basket, on my 3-point shot and on reading the game. I also want to step up more as a leader."

Others to watch: Maggie Murdock, New Trier; Kate Murdock, New Trier; Nicole Scales, Maine South; Kayla Henning, Evanston; Sam Galanopoulos, Niles West.

Beyond the box score: After finishing 22-6 overall and 8-2 in conference a year ago, Glenbrook South will have to replace Weinman's scoring but the Titans appear to have a nice inside-outside balance thanks to the perimeter trio of Shaw, senior guard Makaya Stadler and junior guard Libbie Vanderveen, and the forward tandem of 5-11 junior Kristin Ralston and 6-0 senior Liz LaPierre. Ralston is the daughter of new Glenbrook South boys coach Phil Ralston and was a member of Geneva's Class 4A state championship team in 2017.

"(Ralston) is going to be a huge help for us and allow us to do some high-low things," Glenbrook South coach Steve Weisenstein said. "We have some good guards and good inside people. Hopefully, these girls will step up. When we need a basket, and the other team is taking away the inside, we have some good girls on the perimeter. And when they're taking away the outside, we have girls inside who can score."

Making a difference: For a 15th straight year, Niles North will host Somebody's Hero Thanksgiving Tournament. The event began in honor of former Niles North student-athlete Kathy Meyers-Grabemann, who died from leukemia at the age of the 33 in 1996. Niles North coach Dan Paxson said all proceeds from the event go to the Leukemia Research Foundation. This year's tournament, which runs from Nov. 17-25, includes Niles North, Warren, Penwick, Proviso East, Taft and Nazareth.

#ThrowbackThursday: It may have been before the turn of the year, but everyone knew the game between Evanston and Glenbrook South in Glenview on Dec. 22, 2016, had conference-championship implications.

The game lived up to the hype and Evanston prevailed 59-56 in overtime. Glenbrook South went on an 11-0 fourth-quarter run and led by 6 late in regulation. But Evanston fought back, and senior Leighah-Amori Wool's late 3-point play forced overtime. In the extra session, Evanston hit 7-of-10 free throws to seal the win. Weinman finished with a game-high 27 points, while Wool, who is now a freshman at Western Michigan, scored 19. Evanston finished 10-0 in league play and won the conference title.

"(We knew) the winner (of that game) was more than likely going to be in the driver's seat to win the conference," Evanston coach Brittany Johnson said via email. "It was a battle between the top two teams and the top two players (in Wool and Weinman)."

On the rise: Maine South trayled the University of Louisville for Tony Konsewicz, who resigned after the 2016-17 season, alleging unfair treatment from then-District 219 board president Mark Sproat. Braheny has been a varsity boys assistant at Niles West for the last two seasons and was the boys sophomore coach for five seasons before that. Two conference gyms got upgrades in the offseason. Video boards were installed at Evanston's Beardsley Gym and the court was extended to college dimensions ahead of the Northwestern women's volleyball and women's basketball teams playing there while the university's Welsh-Ryan Arena undergoes renovations. Glenbrook South's Titan Dome got a new floor, new bleachers and brighter lighting ...

In June, Maine South traveled to the University of Louisville for a team camp. The Hawks have visited a college-hosted team camp for 13 straight summers, previously traveling to Michigan (twice), Michigan State (twice), Wisconsin (twice), Purdue, Illinois, Missouri, Notre Dame, Marquette and Indiana State.

Dan Shalin is a freelance reporter for Pioneer Press.

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**SPORTS PIONEER PRESS GIRLS BASKETBALL PREVIEW**

**CENTRAL SUBURBAN NORTH**

**BY STEVE SADIN**

**Pioneer Press**

*Must-see: Maine West.* The only disagreement between the Warriors’ opposing league coaches is whether the conference’s best player is Alisa Fallon or the entire Maine West starting five. Maine West ended last season with a 65-46 loss to Geneva, the eventual state champion, in the Class 4A Addison Trail Supersectional.

Vernon Hills coach Paul Brettnr said Maine West returns the top eight players from last season’s team.

**Others to watch:** Addie Budnik, Highland Park; Sydney Ignoffo, Highland Park; Kirby Bartelstein, Highland Park; Morgan Paull, Glenbrook North; Kayla Caudle, Vernon Hills; Nicole Pieper, Vernon Hills; Jackie Buczkowski, Maine East; Ashley Morgan, Deerfield.

**Beyond the box score:** There are two new coaches in the league this year—Deerfield’s Danielle Ripkey and Maine East’s Jill Kowalyszyn—and both are trying to change the culture.

Kowalyszyn comes to Maine East from Elgin Academy, a Class 4A program where there were not always enough players on the team for a five-on-five scrimmage. In her first year at the helm at Elgin Academy, she led the Hilltoppers to the Harvest Christian Academy Regional final last season. It was deepest the program had advanced in the postseason since 2010.

“She really stood out as someone with an intense, demanding yet caring demeanor,” Maine East athletic director Steve Schanz said in a statement announcing Kowalyszyn’s hire in March. “What she has done at Elgin Academy in a short amount of time is truly remarkable. In our opinion, Coach Kowalyszyn has an incredibly bright future and we are very fortunate to have her here at Maine East.”

Kowalyszyn said she is excited about coaching a Class 4A program and is the product of a large school herself, having played at Larkin in Elgin.

“We’re taking a no-nonsense approach,” Kowalyszyn said. “We have all new coaches at every level from freshman on up!”

Kowalyszyn replaces Karol Hanusiak, who retired after nine seasons at the helm.

When Kowalyszyn needs to discuss coaching strategy she can do it at home with husband Paul Kowalyszyn. He is the boys basketball coach at Streamwood. They both coach AAU basketball.

Ripkey said she wants to create an unselfish atmosphere where the players support each other regardless of how play is going on the court.

“There will always be ups and downs,” Ripkey said. “They are pulling together and we want them to pull together when things fall apart.”

**Throwback Thursday:** Ripkey may be the new coach, but she is not new to Deerfield. Neither are the other two females on the five-person coaching staff, varsity assistant Kelly Derrig and freshman coach Lisa Ballenger. They are all Deerfield graduates and former teammates.

Ballenger graduated in 2007, Ripkey followed in 2008 and Derrig graduated the year after that.

“It is the best feeling in the world to coach with not only people you trust but also with your good friends,” Ripkey said. “I am very lucky.”

Ripkey replaces Mike Muldrow, who was her high school coach.

After Ripkey’s four-year playing career at Carthage College (Wis.), concluded, Bretnr hired Ripkey as an assistant. Ripkey coached the Cougars freshmen during the 2013-14 and 2014-15 seasons before becoming a Deerfield assistant. She said all the players she coached at Vernon Hills have graduated.

**On the rise:** Bartelstein, Budnik and Ignoffo have Highland Park coach Jolie Bechtel excited about the 2017-18 season.

“Kirby (Bartelstein) handles the ball and distributes it very well,” Ignoffo said. “She has started to develop a strong sense of leadership,” Kowalyszyn said. “She will be a strong player for us with her quick speed and aggressive nature.”

The other Maine East captain is junior Caya Apostolou. She is a well-rounded player, but more importantly she has the ability to lead the team on and off the court as a junior, Kowalyszyn said.

“She has started to develop a strong sense of leadership,” Kowalyszyn said. “She will be a huge contributing factor for us offensively and defensively.”

This and that: Last season Glenbrook North made 100 blankets for the neonatal intensive care unit at Advocate Lutheran General Hospital and this year the Spartans will be raising money to help fight SMARDI, “an inherited condition that causes muscle weakness and respiratory failure,” according to the U.S. National Library of Medicine website. Paul and Spartans senior teammate Samm Cansello will be fourth-year varsity starters.

Buczkowski will be playing all over the court for the Blue Demons from under the basket to the corners.

Steve Sadin is a freelance reporter for Pioneer Press.

Twitter @Pioneer_Press
Deerfield qualifies two relays for state

Deerfield was one of several area teams that had a big day at the Glenbrook South girls swimming sectional on Saturday in Glenview.

Two of the Warriors' three relays, the 200-yard medley (1 minute, 45.99 seconds) and the 200 free (1:37.85), qualified for state. Both relays placed third.

The two-day state meet begins Friday at New Trier's Winnetka campus.

Seniors Lily Kurzydlo and Ariela Katz swam on both. Junior Samantha Vogt and senior Sydney Colburn swam the first two legs of the 200 medley relay.

Senior Elizabeth Hardner and junior Nicole Piatek were the other two members of the 200 free relay.

Kurzydlo also advanced to state in both of her individual events, the 50- and 100-free. She touched the wall in 23.73 (second) and 51.83 (third), respectively.

Colburn also qualified in the 100 breaststroke (1:03.56, second).

Deerfield placed fifth.

Maine South sophomore Annika Wagner placed first in both of her individual events, the 200 individual medley and the 100 free, at the sectional.

She won the 200 individual medley in 2:03.62 and the 100 free in 51.21.

She also swam the anchor leg on the Hawks' state-bound 400 free relay, which finished in 3:34.89 (fourth). The other members of the team were junior Margaret Edsey, sophomore Natalie Bryant and junior Anna Sorbon.

Sophomore twin sisters Riley and Bronwyn Bond, Maine South's only two divers, also qualified for state. Riley Bond placed third (415.10) and Bronwyn Bond took sixth (400.25).

The Hawks took seventh as a team.

Highland Park junior Abby Smith reached the state meet in a pair of individual events to lead the Giants to an eighth-place finish at the sectional meet.

She earned state berths in the 100 butterfly (56.94) and the 500 free (5:07.61) and placed third in both events.

Giants senior diver Ahana Velick (407.75 points, fourth) and senior swimmer Rachel Wander also advanced to state. Wander qualified in the 100 breaststroke by touching the wall in 1:05.58, which was good for third place.

Niles West and Niles North finished ninth and 10th, respectively, in the team standings at the sectional.

Wolves senior Mia Piljic advaneed to state in the 100 backstroke by finishing in 57.85. She finished fourth overall.

Niles North did not have any entrants advance to state. Neither did Maine East, which placed 12th in the team standings.

---Pioneer Press
NATIONAL SIGNING DAY NOTES

Niles West's Butera, New Trier's Redding to team up at SLU

BY STEVE SADIN
Pioneer Press

New Trier catcher Cam Butera and Niles West pitcher Sam Butera went from conference opponents in the spring to Top Tier club baseball teammates over the summer. While playing together they became close friends. Butera, a Skokie resident, and Redding, who is from Wilmette, will be reunited as teammates once again upon graduation after they both signed national letters of intent on Nov. 8 to play at Saint Louis.

They will also be roommates in college. “This is awesome,” Butera said. “I knew of him from New Trier. When we met at Top Tier we hit it off perfectly. Having him catch for me next year will be so much more fun. He knows all my pitches. It will be like having him catch for me.”

Butera likes the fact he will begin college knowing a member of the pitching staff very well. “(Butera’s) one special pitcher and he’s really competitive,” Redding said.

Butera was the first of the two to commit to Saint Louis in part because he could enter the business school as a freshman. He is tentatively planning to be a marketing major.

“The game will one day come to an end and I need something to fall back on,” Butera said.

Redding was looking at other offers but decided on Sept. 2 to join the Billikens. The chance to receive a Jesuit education and the baseball program were two of the reasons he chose Saint Louis. Redding also intends to study business. “The education is perfect and I get to play the sport I love,” Redding said.

Another Top Tier teammate, Scott Youngbrandt of Tinley Park and Andrew High School, will be joining Butera and Redding at Saint Louis. Butera said they three players will be in the same suite.

Though they are excited to become teammates at Saint Louis in the fall, both Butera and Redding will be rivals before that when the Wolves and Trevians compete in the Central Suburban South. Butera will be ready to face his once and future teammate.

“Playing with him all summer I know his strengths and weaknesses as a hitter,” Butera said. “That doesn’t mean he’s going to be a very easy strikeout, but I want to beat New Trier.”

Redding has an edge too. “I know his pitches very well,” Redding said.

Notre Dame’s Kaplowitz picks Xavier

A gentle recruiting approach with just the right amount of texting helped Xavier baseball coach Billy O’Conner get a commitment from Notre Dame shortstop Jackson Kaplowitz.

O’Conner know he was going to be playing in a tournament in Atlanta in early July with his club team, the Illinois Indians. O’Conner planned to watch him there, but Kaplowitz didn’t let the pressure-packed situation get to him. “I just got into my game and focused on what was happening on the field,” Kaplowitz said.

The strategy worked. A few weeks later Kaplowitz traveled to Cincinnati to see the campus and at that point he knew Xavier was the right place. He announced his commitment on Twitter and received messages from his new teammates.

“I tweeted it out and got some responses from current players as well as the guys in my class,” Kaplowitz said.

Steve Sadin is a freelance reporter for Pioneer Press.
Congratulations to our winner!

Jimmy Horkavi, Maine South senior

Jimmy Horkavi advanced to state by carding a 5-over-par 76 at the New Trier Sectional at Winnetka Golf Club on Oct. 9. He finished tied for 11th in the individual standings and he tied for second among players not on a team that qualified for state.

NCAA women’s soccer tournament includes 5 New Trier graduates

BY SAM BRIEF
Pioneer Press

Five graduates of New Trier are among the local athletes who reached the NCAA women’s soccer tournament this fall.

Jackie Welch, a redshirt sophomore defender at Vanderbilt, has scored four goals for the Commodores. Vanderbilt, which qualified for the NCAA Tournament for the first time since 2006, earned a first-round road game against Ohio State. Welch transferred to Vanderbilt from Indiana.

Elsewhere in the Big Ten, five local athletes reached the NCAA Tournament with Wisconsin. Freshman center back Samantha Urban, a New Trier graduate, helped the Badgers qualify for a first-round match against Toledo. Urban is joined by junior goalkeeper Grace Quirk (Highland Park), senior forward Sydney McGinnis (Park Ridge), freshman midfielder Maia Cella (Evanston) and junior defender Jamie Donohue (Evanston).

Dani Kaufman and Maddie Mulford, both New Trier graduates, helped Bucknell reach the tournament. Kaufman, a sophomore goalkeeper, had a 10-8 record in net with an .813 save percentage during the regular season. Mulford, a senior forward, ranked second on the team with four goals.

Natalie Laser, a freshman forward from New Trier, helped USC secure a first-round match against Eastern Washington.

Zinkula selected to D3football.com Team of the Week

After a stellar effort against Wooster on Nov. 4, Denison free safety Ryan Zinkula was named to the D3football.com Team of the Week for his six tackles against Augustana.

Lappo earns all-CCIW honors

Anna Lisa Lappo, a junior defender on the Elmhurst College women’s soccer team, was recently honored by the College Conference of Illinois and Wisconsin.

Lappo, a York graduate who transferred to Elmhurst from Lewis University, was named to the All-CCIW team. She started all 17 games for the Bluejays’ defense, which allowed just 15 goals, the second-lowest total in program history.

Elmhurst finished 10-6-1. Joining Lappo with the Bluejays are senior forward Genevieve Kapecki (Libertyville), sophomore forward Kristin Kelly (Ridgewood), senior midfielder Karlee Jurczak (Maine South), senior forward Marri Gragnani (Nazareth) and freshman forward Carmella DiCicco (Hersey).

Local alums shine for St. Norbert football

The St. Norbert football team won seven straight games from Sept. 23 to Nov. 4 to earn a berth in the Midwest Conference championship game.

Libertyville alumnus Sean Ferraro, a junior running back and wide receiver, had 11 carries for 70 yards rushing in a 47-7 victory against Beloit on Nov. 4. St. Viator alumnus Ben Tietz, a junior defensive back, recorded two tackles, and Notre Dame’s Matt Harrit had three.

Have a suggestion for College Notes? Email Sam Brief at briefsam@gmail.com.

Sam Brief is a freelance reporter.
You’ll always be their biggest fan. We like to think we come in at a close second.

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