Football's back

Niles North varsity season reinstated following brief suspension. Page 4

The Niles North football team waits to enter the Prospect High School field in Mount Prospect for a game this season. After a suspension brought on by an alleged hazing incident, School District 219 officials said on Oct. 2 that the football team may resume its season immediately. The incident in question was investigated by school officials and police, and it was determined that no criminal conduct took place.

LIVING

Fun ways to let loose at home

Glenview resident Katie Bauer involves her four kids in a pizza-making challenge that includes unusual toppings such as M&Ms, Cheerios and broccoli. “I wanted to do something fun and creative,” she said. Play experts share their tips for household activities that will leave a lasting impression. Inside

Gather 'round for fall frights

A guide to this year’s spooky, family-friendly and just plain fun Halloween events. Page 17

OPINION

Tweets don’t allow room for dialogue

Columnist Randy Blaser thinks Americans have let labels get in the way of meaningful dialogue and debate about disagreements. Page 14

SPORTS

Playoff push

Local golf teams compete at conference meets ahead of state series. Pages 36-37
Debra Rains, cantor and former lawyer

Debra Rains, a Skokie resident for nearly 30 years, is a former litigator. The retired lawyer and mother of two recently walked her dog along Skokie’s relatively new bike and walking path that extends from the Dempster Street Skokie Swift station south into Lincolnwood.

Q: Where did you grow up?
A: Iowa and Wisconsin. I came here to work in Chicago. We came to Skokie when I married my husband.

Q: Pets?
A: Our first dog was JD. Just Dog. We lost him a couple years ago. He was 13. We had to put him down. The hardest thing anyone ever has to do is get rid of a pet. This one is OD — Other Dog. I really, really, really wish Skokie had more parks for dogs.

Q: What book are you currently reading and what book would you like to read next?
A: I’m currently reading “Hidden Figures,” which is quite interesting, and bears no resemblance to the movie. I don’t know about my next book. I read a lot of mysteries, so maybe one of those.

Q: As a kid, what did you want to be when you grew up?
A: A singer. I have a good voice. I’ve performed in the (Chicago Bar Association’s) Bar Show. I’m the musical director. I’m also a cantor at St. Martha’s Church in Morton Grove.

Q: What is an interesting factoid about yourself?
A: Our daughter just got married. Everyone came up and said that she and her husband had touched them — that they were the kindest, most generous people they had ever known. If you teach your kids to be nice, there’s hope in the world.

Q: A movie you’d recommend?
A: “Hidden Figures.” Honestly, it was a fascinating movie for anyone from my generation who was interested in the space race.

Q: Favorite local restaurant?
A: Libertad, but they could use a bigger space.

CLARIFICATION: PHOTO CREDIT ON RECENT ‘DOUGHBOY’ PHOTO

In the Sept. 28, 2017 edition of the Morton Grove Champion, a photo credit for the photo of the Doughboy statue that accompanies the story “Iconic V/WI ’Juguy’ statue rededicated in Morton Grove” misspelled the photographer’s name. It should be Karie Angell Luc. Pioneer Press regrets the error.

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D219 officials reinstate football at Niles North

Investigation of alleged hazing determined no criminal conduct took place

BY MIKE ISAACS
Pioneer Press

Niles Township High School District 219 officials announced Oct. 2 that the Niles North varsity football team has been immediately reinstated following a brief suspension last week due to an alleged hazing incident.

District 219 officials said program operations were suspended Sept. 25 after reports of a hazing incident on the team, which they said was under criminal investigation. But in reinstating the program, officials said the incident was thoroughly investigated by school officials and police and it was determined no criminal conduct took place.

"This last week has been a difficult one for our school community," Niles North Principal James Edwards said in a District 219 news release on Oct. 2. "As soon as our school became aware of the allegations, we were determined to act in the most proactive and thorough manner possible, and we are glad that we are able to reinstate the program today."

Officials did not release details of what the incident involved. But they said they worked in collaboration with Skokie police to ensure "a timely and thorough investigation." The district will take "appropriate action to address the conduct determined to have taken place," according to the release.

Edwards said he was proud of the school community and the student football players who "displayed a sense of maturity and responsibility during the investigation process."

But some students who learned about the suspension last week said they thought the district had over-reacted and feared at the time that the suspension would last longer.

Senior Waqahat Khan said if the season were to be canceled, it would hurt many of the team's players.

"I've heard that people are blowing this out of proportion," Khan said. Some senior players are drawing interest from college coaches, "and it sucks for them," he said.

Many who knew players on the team also said they were surprised that any serious hazing incident had occurred.

"It was a little surprising to hear about this because we have good kids at Niles North," said Elline Eliasoff, the mother of a Niles North student. "I'd be surprised if it's discovered that these kids did anything that awful."

I have my fingers crossed, and I'm optimistic," said senior Mohammed Amiwala also said he was surprised by the allegations.

"I know some of the players personally, and they just don't seem like the type to do this," he said. "They're not your stereotypical football players who are mean or jocks."

Andrew Francis, a 2017 Niles North graduate and quarterback on last season's team, said he didn't believe it when he heard the team was shutting down. He said that Mike Garoppolo and former head coach Mark Moersfelder "both made it clear that hazing wasn't allowed."

"I don't think any hazing or hurt another guy, I don't believe it," Francis said. "I know some of the players) personally, and they just don't seem like the type to do this," he said. "They're not your stereotypical football players who are mean or jocks."

Skokie police Sgt. John Moersfelder had said last week police would interview student athletes and coaching staff over the next few days as part of the investigation. The announcement of the team's reinstatement came after those interviews took place, officials said.

The school district's policy on hazing, outlined in Niles North's student handbook, states that punishment can range from a conference with school administrators to a 10-day suspension, recommended expulsion or referral to police.

Halting a season for disciplinary problems is rare. A spokesman for the Illinois High School Association said he and the staff were unable to recall a similar situation.

The incident marked the second hazing-related story involving a Chicago-area football team within a week. Prosecutors in DuPage County brought felony charges against five Wheaton College football players after a former team member said he was a victim of hazing. The five were suspended by the school from future games and practices.

Niles North's varsity team has a 2-3 record this season and has four regular season games remaining on its fall schedule. The school's homecoming game is scheduled for Oct. 13 against crosstown rival Niles West.

"Those guys were a really close group," Francis said, "and for one of them to be hazing or hurt another guy, I don't believe it."

"I want to commend Principal Edwards and his team at Niles North for immediately taking action and for carrying out the investigation so thoroughly and fairly," said District 219 Superintendent Steven Isoye. "The message we want everyone to take away from this is to reinforce how critical it is that each member of our school community treats every other with the respect and dignity that we all deserve."

Tribune reporter Ted Gregory and freelance Dan Shullin contributed to this report.

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Evanston sues Skokie over water stalemate

Municipalities have had dealings on water for 73 years

Staff Report

Officials with the city of Evanston have filed a lawsuit against the neighboring village of Skokie over an impasse in negotiating new wholesale water rates, according to the complaint filed Sept. 26 in Cook County Circuit Court.

Skokie has been buying its water from Evanston for 73 years, according to the lawsuit, but the two municipalities have not been able to reach an agreement over a new contract despite negotiating for months.

"Evanston and Skokie are unable to mutually agree on a reasonable rate to pay Evanston for water," the lawsuit reads. "Unfortunately, Evanston now has no choice but to seek a declaratory judgment."

Evanston officials said in a news release - issued after filing the lawsuit electronically Sept. 26 - that the city sold water wholesale to Skokie at "reasonable rates."

"As compared to other communities ... the rate charged by Evanston to Skokie is in many cases much less than that paid by other water customers in comparable communities," according to the release.

Skokie officials did not immediately respond to requests for comment.

Evanston wants Skokie to pay $2.06 per 1,000 gallons of the Lake Michigan water it treats and supplies to Skokie, according to the lawsuit.

But Skokie wants to pay "somewhere in the vicinity of 70 cents per 1,000 gallons," which Evanston states in the lawsuit "far below a fair and reasonable rate."

The two towns previously had long-term agreements for Evanston to supply the water. The latest contract, which started in 1997 and went for 20 years, expired Dec. 31, 2016, the lawsuit states.

"Beginning in 2012, knowing that the water contract would expire at the end of 2016, Evanston met with Skokie numerous times and provided hundreds of pages of information in order to negotiate a mutually agreeable new water supply contract," Evanston's suit reads.

Evanston officials state in the lawsuit that upon the expiration, the towns agreed that Skokie would pay an interim rate of $1.0797 per 1,000 gallons.

"Evanston cannot sit back and let the inequitably low rate exist for an indeterminate amount of time."

From lawsuit filed by Evanston against Skokie over impasse on water rates

Skokie officials previously said that the rate was a 2 percent increase over what the village had been paying.

The agreement on the interim rate expired Sept. 30.

There has been no rate contract since then. And Skokie also refused to extend the interim agreement while negotiations continue, according to the lawsuit.

"Also, under Illinois law, Evanston cannot terminate water supply service to Skokie unless ... Skokie first secures alternative water supply from another source," the lawsuit reads.

"Evanston cannot sit back and let the inequitably low rate exist for an indeterminate amount of time."

The Evanston City Council approved a new water rate ordinance - $2.06 per 1,000 gallons effective Oct. 1 - a day before the lawsuit was filed.

At that rate, Skokie would have lower rates than most nearby towns, based on information provided in the suit.

Only Glenview ($1.78 per 1,000 gallons), which gets its water from Wilmette, Northfield ($1.69 per 1,000 gallons), which gets its water from Winnetka, and Morton Grove-Niles, which just signed an agreement to get their water from Evanston, show lower rates, according to the lawsuit.

In addition to Skokie, Evanston supplies water to Arlington Heights, Palatine, Wheeling, Buffalo Grove and Des Plaines, the lawsuit states. Niles and Morton Grove are scheduled to become Evanston customers at the end of 2018, at a rate of 78 cents per 1,000 gallons. Lincolnwood is also expected to become an Evanston water customer within the next two years.

Skokie "bears a heavy burden to prove by clear and convincing evidence that Evanston's water rate ordinance is invalid," the suit states. "This is a burden Skokie has not and cannot meet."

Evanston in the next years will have to replace an older reservoir at a cost of $20 million, city officials said. "This necessary capital expansion and improvement fully justifies the rate payable by Skokie, as the rate captures fair and prorata shares of costs allocated amongst all wholesale water customers," the lawsuit states. "Skokie wants to underpay and unfairly shift those infrastructure costs to others."
**Evans ton volleyball joins nationwide protest**

Team members encourage dialogue by kneeling during national anthem

By Genevieve Bookwalter and Lee V. Gaines
Pioneer Press

The decision of an Evanston High School girls volleyball team to “take a knee” during the national anthem before their game this past week sparked conversation on the topic in both Evanston and in nearby New Trier High School, with members of both schools’ varsity football teams following suit on Sept. 28.

A senior on the volleyball team said the decision was made without the knowledge of parents or coaches and was done to bring attention to “those who face injustice in America.”

More than a dozen members of the Evanston football team, the Evanston cheerleaders and marching band, as well as one New Trier football player, also chose to kneel during the anthem before their game Thursday. The kneeling protests were brought to prominence months ago by then-San Francisco 49ers quarterback Colin Kaepernick, who was trying to raise awareness of social injustice and racism. The “take a knee” movement is a form of protest against the ongoing actions during anthems, particularly at sporting events, according to coaches and the school district.

Administrators and coaches at New Trier began talking to students about the possibility of anthem protests after seeing the photo of the Evanston girls volleyball game, which was held Tuesday. The coach of the New Trier volleyball team said she wasn’t aware of any parents contacting the school about the topic. This is the first time this happens. Dizon said, “Our athletic director talked to all our student-athletes coaches and the coaches called the teams. The main theme is this is an individual decision and we respect anyone’s individual decision on this action and we should also respect another one, our teammates and the other teams and what they decide to do.”

Dizon said she asked the New Trier athletic director whether he had heard from parents on the issue, and she said he hasn’t. She also said she wasn’t aware of any parents contacting the school about the topic. This is the first time this happens.

Dizon said the school has committed to not disciplining students who choose to participate in a protest during the anthem.

Evanston Township High School girls’ varsity and junior varsity volleyball teams kneeling during the national anthem before their game on Sept. 26 in Evanston.

Evanston Township High School girls’ varsity and junior varsity volleyball teams knelt during the national anthem before their game on Sept. 26 in Evanston.

That helped us start the conversation with all our teams and coaches about the ongoing actions during anthems, particularly at sporting events, Dizon said. “Our athletic director talked to all our student-athletes coaches and the coaches called the teams. The main theme is this is an individual decision and we respect anyone’s individual decision on this action and we should also respect another one, our teammates and the other teams and what they decide to do.”

Dizon said she asked the New Trier athletic director whether he had heard from parents on the issue, and she said he hasn’t. She also said she wasn’t aware of any parents contacting the school about the topic. This is the first time this happens. Dizon added that the football team had talked about the matter with their coach in advance of the game.

“I know for our football team, they discussed the issue with their coach because this was happening in the NFL and some teammates talked about why they were on one side or the other of the issue, but they all talked about how they support each other and act as a team. If a teammate wants to take a knee, they will be respected and supported and if they stand, it will be the same,” she said.

The senior on the Evanston girls volleyball team said there was no disrespect to the flag or the military intended in the protest.

“We live in a very diverse community, and a high school that values all students,” she wrote in an email, saying her statement was on behalf of the entire team. “We view taking a knee as respect towards the flag because we acknowledge that we do love our country, but it needs work and before we can love it completely, it needs to love every single person equally, regardless of race, class, sexual orientation.”

Evanston High School representatives on Sept. 30 referred questions to an open letter to the President.

Evanston Mayor Steve Hagerty said he backed the students’ constitutional right to free speech, and hopes Evanston and U.S. residents will focus on the reasons some feel taking a knee is necessary.

“I fully support anyone who chooses to protest with civility,” Hagerty said. “That said, I believe our city and the country should focus less on athletes kneeling and more on the reasons for their protest.”

Genevieve Bookwalter is a staff reporter. Lee V. Gaines is a freelancer.

**Lincolnwood trustee: ‘Why bother’ with sanctuary law?**

Proposal tabled as state legislation does same thing

By Genevieve Bookwalter
Pioneer Press

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Lincolnwood police Chief Robert LaMantia said the state ordinance “codifies what we already have been doing.”

Lincolnwood law enforcement “respects all races, minorities, religious backgrounds, ethnic backgrounds,” he said.

“Everyone is welcome. All will be treated with respect,” in Lincolnwood, LaMantia said.

In addition, Cope said, tabling the welcoming ordinance in Lincolnwood would mean that while the village is complying with the state statute, it could not be singled out for disqualification from federal funds, as President Donald Trump has threatened to do.

“Why bother raising the issue when we have a state statute?” Cope said.

Mayor Barry Bass said although Lincolnwood might not pass its own ordinance, he wants everyone in the village to feel safe in the village and know that law enforcement is not looking to discriminate against or, for some, deport them.

“Educate the general public to know if there’s an undocumented immigrant, they have certain rights. They should not be fearful of criminalization,” Cope said.

Resident Raymon Grossman said the village still should do its part in reassuring residents that all are welcome in Lincolnwood.

Not passing the ordinance “would be a crime of omission,” Grossman said. “We must stand up.”

Photo courtesy of Ben Silverman

PHOTO COURTESY OF BEN SILVERMAN

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Genevieve Bookwalter is a staff reporter. Lee V. Gaines is a freelancer.

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Lincolnwood councilman David Grossman read a statement of support before last Thursday’s varsity football game.

“Students of Evanston Township High School have the right of free expression and association and the privacy of one’s own thoughts and opinions. If a student chooses to remain seated or kneeling during the national anthem, our existing practice allows students to express their First Amendment right to free speech so long as it does not significantly disrupt the learning environment,” Witherspoon wrote.

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Chief: Niles Police Dept. steps up crime prevention

Outreach efforts for officers to appear ‘more approachable’

BY MIKE ISAACS
Pioneer Press

Niles police Chief Luis Tigera recently unveiled a revamped crime prevention plan that he said provides greater outreach to the community in a variety of ways.

“Upon reviewing our police community, strategies and discussing our priorities with senior command staff, changes were made,” he said at an Aug. 22 Niles Village Board meeting. He said the plan provides “a more consistent community relations focus.”

Shortly after announcing the plan, the Niles Police Department reinstated its “Coffee With a Cop” program in much more organized than when it was tried years ago, officials said.

“Want what we want to do is get out, talk to people, get to hear what issues they might have in the village and the community, what concerns they have, and just to make us a little bit more approachable,” Niles police Cmdr. Robert Torabene said.

Coffee With a Cop is only one piece of the chief’s new crime prevention plan. The police have scheduled over 20 outreach events over the next three months — starting in August, Tigera said.

The plan also calls for re-establishing a school resource officer program in all Niles schools, expanding community policing and a neighborhood watch program, focusing on traffic safety around schools and scrutinizing certain neighborhoods and intersections, placing more emphasis on preventing business crime; expanding family-oriented community relations, taking measures to increase senior awareness about common crimes and expanding use of the police’s Auxiliary Services Unit, according to information Tigera provided.

The police chief said some of these measures have already been implemented, others are being rolled out.

Torabene heads up the department’s new crime prevention bureau under the plan and directly reports to the chief. A sergeant oversees “numerous community policing crime prevention programs,” according to the chief.

“The purpose of the change is to redirect our personnel to various hot spots in the community, provide traffic parking control, bike patrol and schedule crime prevention education programs — in essence getting back to the basics within our community,” Tigera said.

Another part of the community policing plan calls for dividing the village into “sub-beats” with each patrol officer taking “ownership” over a certain area.

A traffic safety unit will pay special attention to distracted driving and target key areas that have proven to have more safety issues or multiple complaints, Tigera said. In the first three weeks of August, he said, Niles police issued $9,000 in tickets because of truck safety and other violations.

Police are also making a greater effort to address break-ins that have been happening with unlocked vehicles in Niles and many nearby communities.

“Our residents are leaving their vehicles unlocked, people are walking down the street and just opening up the car,” the police chief said.

Tigera said Niles is working with other agencies and considering a task force to try to address the issue. Another new effort is working with local businesses to prepare them against crime, he said.

Tigera said a team has been trained to make seniors better aware of how to detect common scams against the elderly.

Niles resident Norbert Johnson, who helped create the Niles Crime Stoppers, said he was one of the originators and distributors of a petition signed by Niles residents in support of the Niles Police Department.

The Niles Crime Stoppers collected more than 1,000 signatures to support police, he said.

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The following items were taken from the Niles Police Department reports. An arrest does not constitute a finding of guilt. Only a court of law can make that determination.

**THEFT**
- Thomas Nowakowski, 25, of the 1400 block of Henry Street, Des Plaines, and Kyra Santiago, 24, of the first block of Timber Terrace, Cary, were each charged with theft on Sept. 22. According to police, the pair were accused of stealing purses on Aug. 26 at a retailer in the 8500 block of West Golf Road. Police said they were also charged with a similar crime in Mount Prospect. Nowakowski and Santiago were each scheduled to appear in court Sept. 22.
- Patricia Korbel, 58, of the 9500 block of Terrace Place, unincorporated Maine Township, was charged with retail theft on Sept. 22 after police said she stole three greeting cards from a retailer in the 8500 block of West Golf Road. Police said she also stole from a retailer in the 8500 block of West Golf Road. Korbel is scheduled to appear in court Oct. 10.

**PROPERTY DAMAGE**
- Angela Wojcik, 34, of the 500 block of Columbia Avenue, Des Plaines, was charged with criminal damage to a vehicle, criminal trespass to property and possession of marijuana on Sept. 16.
- Nestor Perez, 25, of the 8200 block of Milwaukee Avenue, Niles, was charged with driving under the influence, possession of marijuana and possession of drug paraphernalia Sept. 17. According to police, Perez was found slumped behind the wheel of his car, which was parked in the 8400 block of West Carol Street. Tsegmed is scheduled to appear in court Oct. 10.
- Michael Bradica, 26, of the 400 block of Raven Road, Shorewood, was charged with driving under the influence, failure to reduce speed to avoid an accident and driving without a valid license on Sept. 21 after police said he was involved in a crash in the 7200 block of West Oakton Street. Bradica is scheduled to appear in court Oct. 12.
- Gantumur Tsegmed, 49, of the 4100 block of Williamsburg Court, Glenview, was charged with driving under the influence, driving without a valid license, driving without insurance and improper parking on Sept. 22. According to police, Tsegmed appeared to be "passed out" behind the wheel of his vehicle, which was parked in the 8400 block of West Carol Street. Tsegmed is scheduled to appear in court Oct. 10.

**BURGLARY TO VEHICLE**
- A man told police that a backpack containing a 9mm handgun was stolen from his car while it was parked in the 5700 block of Touhy Avenue Sept. 22. A side window was reportedly smashed out to gain entry.

**THEFT**
- Fifteen "parking bumpers" were reported stolen Sept. 18 from a private parking lot in the 9200 block of North Milwaukee Avenue.
- Three drill kits were reported stolen from a retailer in the 900 block of Civic Center Drive on Sept. 22.

**DISTURBANCE**
- Police were called to a store in the 5600 block of West Touhy Avenue for a report of an employee who allegedly threatened co-workers after he was fired on Sept. 21. The man was given a no-trespass warning, police said.

**BURGLARY**
- An attempt was made to pry a security plate off the locking mechanism of the rear doors of a business in the 9600 block of Milwaukee Avenue between Sept. 1 and 18.
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School funding formula impact explained

Panel looks at how state affects school finances

BY LEE V. GAINES
Pioneer Press

At a school finance panel last week, school business officials for Park Ridge-Niles District 64 and Maine Township High School District 207 provided initial estimates on what the districts expect to receive in state funding going forward following passage of a new school funding formula in Springfield.

The panel was hosted Sept. 28 at Lincoln Middle School by the League of Women Voters of Park Ridge. Panelists included District 64's chief school business official, Luann Kolstad, District 207's assistant superintendent for finance, Mary Kalou, and associate professor emeritus at Roosevelt University Thomas Kersten. In addition to discussing the impact of the state's new school funding formula, panelists also explained how property taxes are calculated and assessed, using individual tax bills as examples.

Following the local election in April, Rebecca Little, a member of the League of Women Voters of Park Ridge, said there appeared to be confusion in the community about property taxes and how the district imposed tax levies. She said the group also wanted to demystify what impact the new funding formula would have on Park Ridge schools.

The league put together the panel to educate residents on both issues, Little said.

At the core of the new school funding law is a desire to provide an adequate education to all Illinois students regardless of where they live, Kalou said. She said she worked with those responsible for crafting the new formula and

“We sat in a room and talked about the purpose of the formula, and really it was to take those school districts that are being underfunded and try to raise them up, and that’s a goal we could support.”

Kersten said schools in Illinois rely heavily on property tax dollars to support school operations and facilities. The system provides a couple of advantages, he said, including that the locally generated property tax cannot be taken from the district through legislative action in Springfield, and that taxes on district property are used to support the community's own school districts, he said.

“The problem is there's these huge inequities, and other places cannot provide an adequate education because they don't have the property taxes,” Kersten said.

The majority of the state's most underfunded districts are located south of Interstate 80, Kolstad said. “Many of these districts are in severe trouble,” she said.

The state's Board of Education is in the process of calculating each district's adequacy level, according to a presentation from the school officials. Preliminary estimates indicate District 207 is funded at 134 percent of its adequacy and District 64 stands at 140 percent of adequacy. The adequacy level for each district is based on the cost of “27 essential elements,” how much the district can contribute locally in property tax dollars and in personal property replacement taxes, which are taxes on corporations, partnerships, trusts and public utilities that are collected by the state and paid to local governments.

The high adequacy levels are attributed to relatively high assessed values for properties in the districts, their staffing levels and academic and activity opportunities for students, according to the presentation. Both Districts 64 and 207 are considered “tier four” districts per the new funding model, which means they are among the most well-funded school districts in the state.

“We've always beaten the state average, and always expected a level of performance from students that is far superior to what the state would say the average is,” Kolstad said. “We've been fortunate we have property values in this area that can support a high level of education.”

Initial estimates indicate District 207 will receive just under $5.6 million in base funding from the state moving forward, while District 64 anticipates about $3.3 million. The state did not take into account the elementary and middle school district's English language learner population when it made its initial estimate, Kolstad said, and that's something the district intends to follow up on.

“The state is beginning to pay the base funding due to the district, which we will receive in 22 equal payments this year,” Kolstad said. “We're owed about $800,000 from last year.”

Kalou said the state's general assembly appropriated funding for the model only through the current fiscal year. If the legislature is unable to appropriate sufficient funding in the future, districts in tier four -- including Districts 64 and 207 -- will see a reduction in their state aid.

Beyond the base funding amount due to the districts per the new formula, Kalou said the districts will not receive any new state money until underfunded school districts across Illinois are brought up to adequacy levels.

The funding bill also includes “mandate reliefs,” which allow districts to reduce physical education classes from five to three days per week and contract with third-party driver education services, in addition to new reporting requirements for school districts.

A “last-minute” addition to the funding formula bill also means that voters in districts with funding levels above 110 percent of adequacy can petition for a referendum to reduce the tax rate for education purposes by up to 10 percent. The petition requires 10 percent of a district's voters to sign on and a referendum can be considered only in odd-numbered years in consolidated elections held in spring. District officials said the soonest such a referendum could be held would be April 2019.

Kolstad said the formula used to determine adequacy levels does not take into account expanded early childhood offerings; 11 instructional technology programs; class sizes less than 25 students for grades four through 12; language immersion and dual-language programs; high-cost, low-incidence special education; capital maintenance; transportation; new construction; existing bonds, among other elements, according to the presentation from school officials.

Kalou said she was under the impression the adequacy model would be used only to increase state aid for underfunded districts.

“And I knew there were flaws (in the model). If I knew this was how adequacy targets would be used, there would have been a lot more discussion in what should be in that adequacy formula and how they are maintained,” she said.

Lee V. Gaines is a freelance reporter for Pioneer Press.
Cubs fans eye playoffs with cautious optimism

'Post-World Series hangover' lingers across North Shore

BY DANIEL I. DORFMAN
Pioneer Press

Nearly a year after the Chicago Cubs' World Series win, some Cubs fans on the North Shore are looking ahead to the postseason with optimism.

But there's perhaps more relief than giddiness among fans following a slow start to the 2017 season.

"There is always going to be a post-World Series hangover," Winnetka's Robert Harvey said. "Last year was a magical season. It will never happen again. Everything fell into place.

"This year, lots of guys got hurt, players didn't play as well as they have in previous years. Luckily, the division wasn't very good," he said.

Northbrook's Mark Pierce wasn't certain a repeat of last year would be on its way during some of 2017's more lukewarm moments.

"I feel excited and a little surprised because of the first half of the season," Pierce said. "It looked like it was going to be just another season, but now there is hope."

The Cubs' division-clinching victory in St. Louis on Sept. 27 was met with a ho-hum reception from some fans.

"You have to pinch yourself a little bit because it was such a pathetic track record for a long time," said Winnetka's Ford Bartholow, a Cubs fan since childhood who said he loves what Joe Maddon and his players have delivered. "Obviously you see what happened with a change in culture and a terrific manager."

"You get used to it like the Bulls (in the '90s)," echoed Glencoe's Gerry Wise. "You just expect them to win."

The Cubs will face the Washington Nationals in the first round of the playoffs starting Oct. 6.

"It will be a tough series," predicted his son, Paul Wise, who grew up in Glencoe and now lives in Chicago. "Bryce Harper will be back (following an injury) and Washington's pitching is really good. The Cubs have some of the best batters in baseball and they have some of the best pitchers in baseball, so it will be a pretty even matchup."

The Nationals have gone 0-3 in postseason series since the franchise relocated to the nation's capital in 2005. That was not lost on some Cubs fans.

"The Nationals don't have a good postseason track record, but last year the Cubs didn't have a good track record either, so we'll see," Bartholow said.

Other fans pointed to Nationals manager Dusty Baker's lack of postseason prowess, given a mere three playoff series victories in more than two decades as manager. Baker was manager of the Cubs from 2003 to 2006.

"What more can you want?"

Daniel I. Dorfman is a freelancer for Pioneer Press.

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Volunteers celebrate democracy

Help sign up people on Voter Registration Day

BY KATHY ROUTLIFFE
Pioneer Press

The stream of parents walking their youngsters to hockey practice at the Wilmette Park District’s Centennial Ice Arena Sept. 26 moved swiftly, but Eleanor Lipinski and Ann Roberts were still able to ask each adult the same question: Were they registered to vote?

The answer they got in almost every case was “yes.” Sometimes the passerby would say he or she wasn’t from Wilmette. That didn’t matter, Lipinski and Roberts said: They could register anyone in Illinois to vote.

The two women, both members of the League of Women Voters of Wilmette, were at the arena as part of this year’s National Voter Registration Day. They were ready to help people register, and they were armed with information for anyone simply wanting to know more about the process.

“Most people have been registered, so that’s encouraging,” Lipinski said.

“But we do get questions,” Roberts added. “Some people want to know if they have to re-register, and we’re able to tell them they don’t, unless they’ve changed addresses.”

Other league members staffed similar tables at eight other locations, including the Wilmette Public Library, Village Hall, the Park District’s Mallinckrodt Center, Mather Retirement Community, New Trier High School’s Winnetka campus and Niles North and Niles West high schools in Skokie.

“National Voters Day has been going on since 2012,” said Allysion Haut, one of the Wilmette league’s co-presidents. “Over 3,500 groups have taken part, but for the past five years, the league has been one of the largest groups on the ground.”

According to the National Voter Registration Day website, the day is “a national holiday celebrating our democracy ... Every year, millions of Americans find themselves unable to vote because they miss a registration deadline, don’t update their registration or aren’t sure how to register. National Voter Registration Day wants to make sure everyone has the opportunity to vote.”

According to the website, more than 750,000 people registered to vote in last year’s campaign.

Trish Nealon, who co-chairs voter services for the Wilmette chapter, said plans for the 2017 event began in July.

By the end of the day, League volunteers registered 52 people and helped 17 others check their registration or change addresses, she said. They also made contact with and handed out basic voter information to 318 people, she said.

Although Voter Registration Day is over, people can still register in several different ways, Nealon said.

Illinois is one of 10 states with automatic registration, which allows eligible voters to become registered automatically when they apply for a driver’s license or state identification at the offices of the Illinois Secretary of State.

Ann Roberts, left, and Eleanor Lipinski, both volunteers with the League of Women Voters of Wilmette, talk during a break in their National Voter Registration Day duties at the Centennial Ice Arena in Wilmette Sept. 26. The Wilmette League chapter was one of many groups taking part in the nationwide registration effort.

Governor Bruce Rauner signed the automatic voting legislation into law in August.

For more information on registering to vote, citizens can visit the League of Women Voters of Wilmette website, at www.lwv wilmette.org, the National Voter Registration Day site at nationalvoter registrationday.org, Cook County Clerk David Orr’s office at www.cookcounty clerk.com or the Illinois online voter registration application site at https://ova. elections.il.gov.

Students hurt, school bus driver ticketed after crash

BY JENNIFER JOHNSON
Pioneer Press

Two elementary school students were treated for minor injuries after the school bus they were on Sept. 25 in Niles was struck by another vehicle then hit three other cars, Niles police said in a news release.

The school bus driver, a 74-year-old Chicago man, has been ticketed following the multi-vehicle accident.

An investigation determined that the school bus driver failed to yield to oncoming traffic while turning left, said Niles police Cmdr. Robert Tornabene.

Two students on the bus, ages 6 and 8, and the 37-year-old driver of another car were treated for minor injuries by paramedics and taken to Advocate Lutheran General Hospital in Park Ridge following the crash, which occurred shortly before 9 a.m., Niles police said.

According to police, the bus, which was providing service for East Maine School District 63, was driving south on Milwaukee Avenue, approaching Main Street, when it entered the left turn lane. As the bus began turning left to head east on Main Street, it was struck by a car that was traveling north on Milwau-kee Avenue, police said.

The impact caused the bus to strike three cars on Main Street that were stopped for a red light, said Tornabene.

The bus driver was not injured, police said.

East Maine School District 63 spokesman Janet Spector Bishop said the bus was en route to Nelson Elementary School in Niles at the time of the accident and the only passengers were the two students and a school employee.

Bishop said in a statement that all three passengers “were conscious and speaking with first responders, all were transported via ambulance to the hospital, where the students’ parents met them. One student and the employee were treated for minor injuries and all three passengers were released later in the day.”

The bus is owned by Alltown Bus Service, police and the school district said. “Naturally, we are relieved and grateful that no serious injuries occurred,” Bishop said. “At this time, we are working closely with Alltown and with the Niles Police Department to investigate the incident and assess next steps.”
Harwood Heights renews pact for major crime assistance

Staff Report

Harwood Heights trustees renewed the village's continued participation in a network that provides assistance in the event of major crime.

Board members approved the resolution, one of the items on their consent agenda. Under the proposal, the village joins other communities in a Major Case Assistance Team agreement.

The agreement is made "in recognition of the fact that local law enforcement capabilities are enhanced by having access to regionalized facilities, programs and the assistance of other departments," read the introduction to the agreement.

"The purpose of entering into such an intergovernmental agreement is to gain access to mutual aid when required," the agreement added.

After the meeting, Harwood Heights police Chief Frank Biagi said he hopes there aren't any incidents that require the department to make use of the task force, but he's glad the pact is in place nonetheless.

"It's a tremendous asset," he said. He said the village would call for the Major Case Assistance Team, only in selective cases.

When used, though, "what we have is basically a slew of great detectives, who are experienced, from all these other towns who would come here and assist. Every department basically puts one member in, one of their detectives in this task force. They're trained by the task force, it's ongoing training. They have forensics, they have surveillance units who will follow and look for people, and if there's a major event in your city they will also come out to assist you.

"Fortunately for us, we haven't had to use it," he added. "We don't want to use it — but it's there, and it's at our disposal."

Glenview police seek public's help in credit card fraud investigation

By Alexandra Kukulka

The Glenview Police Department is asking for the public's help in identifying two people caught on surveillance cameras as part of an identity theft and fraud investigation.

The pair is known to frequent Trader Joe's in several Chicago area towns and attempt to steal credit cards from shoppers, according to a Glenview Police Department Facebook post. The individuals stole from a shopper at a Trader Joe's in Glenview on Aug. 28, said Glenview police spokesman Sgt. Jim Foley.

They have been seen at retail stores in six towns, including Glenview, police said. A similar incident was reported in 2017.

"Fortunately for us, we haven't had to use it," he added. "We don't want to use it — but it's there, and it's at our disposal."

The Glenview Police Department is asking for the public's help in identifying two people, shown in the photos above, who are suspects in an identity theft and fraud investigation.

Anyone who can identify the pair should contact the Glenview Police Department tip line at 847-901-6055 or gpdtipline@glenview.il.us.
Too many of us tweet instead of talking

RANDY BLASER

We need to talk.
As a nation, as individuals, as members of political parties, as people with different beliefs, as people with different opinions, as people with grievances and concerns, and as people who need to understand.

But we're not doing that.
Instead, we are tweeting.
Instead, we are posting on Facebook.
Instead, we're Snapchatting.

But there is little talking, little real communication.
Instead, the nation is honking up a storm.

Instead of engaging in conversation or dialogue, we are labeling each other. He's a racist, a sexist, a bigot, a misogynist, a homophobe, etc., etc., etc.

And when you label a person, you shut down all chance for dialogue, all chance for discussion, all chance for change. Who wants to talk to a racist, et al.?
I prefer not to label people. No one is all one thing. No one is irredeemable.
Don't get me wrong. I don't want to ignore racism, or sexism or misogyny or all the other bad things that no one really wants. But I don't want to paint with a broad brush, either.

Instead of labeling people, I want to identify what they say or do as being the issue and the problem. Not them.

People may say something that is racist or sexist or homophobic. And when they do, we should be able to say, "Hey, what you said is racist. Here's why." Then I can engage and dialogue and maybe change minds.

But I can't if I shout, "You're a racist! That's the nuclear bomb of discussion.
The war is over.
The same thing applies with people's actions. If somebody doesn't want to make a cake because they think it goes against their religion in a certain instance, that person has to be respected and acknowledge that their thinking has taken them as far as it can.
Then explain why it is homophobic, if that's what you think it is. Maybe they'll see that point of view.

What we all need to realize right now is that when you start labeling people and identifying them as a problem, you are wading into very dangerous waters. It is human nature that when you identify a problem, you have to find a solution.

The most recent group to label and identify another group as "a problem" came up with an idea to solve that problem they called "the final solution."

I think you can see how dangerous it can become to label people.

In his great speech proposing the Civil Rights Act in the summer of 1963, President John F. Kennedy said it will take more than changing the law to resolve America's racial issue. It will take change in the home of every American. Have our hearts become too hardened to change?

Randy Blaser is a freelance columnist.

Humans on the ground could learn a thing or two from geese in flight

PAUL SASSONE

What is that noise?
I glanced around in search of who was blaring a radio that loud.

But, as I stood in the back yard on my way to the garage I realized it wasn't a radio. It wasn't music. It wasn't even talking.
It was honking.
Look, up in the sky.
It's a bird.
It's a plane.
No, it's a bird. I was right the first time.

High above me in V formation were a couple dozen geese gracefully going somewhere and honking up a storm.

I was entranced. Why do they fly in a V and how do they know to do it?
Later I looked it up.
Geese fly in a V because that formation allows them to glide more often which conserves energy. The V shape is aerodynamic and reduces air resistance.

This enables geese to fly longer distances. A flock of geese can fly 70 percent farther by flying in V formation than by flying in isolation. There is an equation for this but I don't know how to type it.

Another benefit of the V formation is that each bird has an unobstructed field of vision, which make it easier for the geese to keep track of one another and communicate (hence the honking) while in flight.

OK, but how do geese know to fly in V formation?
Which Christopher Columbus goose discovered the benefits of the flying V and explained them to all the other geese and taught them how to do it?

That is one of history's mysteries.
I didn't know any of that as I watched the geese gracefully fly through the sky. But these geese made me think.

Somehow, geese had discovered they could go farther, expend less energy and better look out for each other if they worked together. They cooperate and they all benefit.
Could we humans learn something from geese?

Could we make more progress and better look out for one another if we cooperated more?

Nah!
Don't be a silly goose.

Paul Sassone is a freelance columnist.
Banned Books Week seeks to douse flames of culture war

Among Waukegan's favorite sons and daughters, for me it's a toss-up between Jack Benny and Ray Bradbury. Except for this week.

Others may include Otto Graham or Jerome Whitehead or Jerry Orbach as their favorites, but none of them penned the classic novel "Fahrenheit 451." Bradbury did.

During Banned Books Week, which ran Sept. 24-30, the late author — who even has a park named for him in a quiet city neighborhood off Washington Street — gets my vote for Waukegan's favorite son on the strength of the 1953 book that paints a dim picture of a future America.

With some of our national government figures doing good imitations of "doublespeak" — war is peace; peace is war — from George Orwell's "1984," it's a good time to remember that in certain countries across the globe and communities across the nation, books are banned, like they are in "Fahrenheit 451."

Banned Books Week is an annual event that celebrates reading and the freedom to read. Librarians, bookstores (those that are left), book publishers, teachers and, of course, journalists, are big supporters of Banned Books Week. Especially this year.

The coalition of groups that sponsor Banned Books Week is highlighting this year the importance of the First Amendment, which guarantees our right to read. That guarantee even includes reading so-called unpopular or "dangerous" books, some of which are found in your local libraries.

I've always opined that when the real revolution comes along, journalists, librarians and nuns will be lined up shoulder-to-shoulder in front of the firing squads, rounded up for railing against a new regime's crackdown on the First Amendment and its collecting of books to be burned.

Which is what "Fahrenheit 451" is all about. The book used to be required reading in high school English classes. I hope it still is.

If you are unfamiliar with the book, its title stems from the temperature at which paper burns. In Bradbury's America of the future, books are banned, and his fictional firemen don't go into homes to save people. Instead, they go into their houses to confiscate their books and then burn them.

"Fahrenheit 451" is Bradbury's cautionary tale about government gone awry and citizens ignoring reading and being dependent on what was "new media" back in the 1950s — television. It resonates further with today's "new media."

Today, we don't have books banned willy-nilly, but, increasingly, books are challenged to be banned for content and language.

Today, we don't have books banned willy-nilly, but, increasingly, books are challenged to be banned for content and language.

Unlike days past, when books were yanked from library shelves because of controversial political ideas, the current list of the 10 books sought to be banned mainly from school libraries have a lot to do with LGBT themes, or language that is sexually explicit, according to the Chicago-based American Library Association. One of the books, a children's tome, was written by Bill Cosby and challenged because of the criminal sexual allegations lodged against the once-loved entertainer.

The ALA has been compiling its "banned book" list since 2000, and looking back, Harry Potter books have made the list, along with some perennials, such as "The Catcher in the Rye," "The Adventures of Huckleberry Finn," "Of Mice and Men," "The Color Purple" and others. Lots of them.

Not on the list is "Fahrenheit 451." But with the current fiery culture and diminished value of reading being fanned from Washington, D.C., it may only be a matter of time.

Charles Selle is a former News-Sun reporter, political editor and editor.

sellews@gmail.com
Twitter @sellews
“WILDLY ENGAGING HIP-HOP TAKE ON DICKENS’ CLASSIC”
-CHICAGO SUN-TIMES

“UNSTOPABLE, UNBEATABLE, RELENTLESS 4-STAR FUN”
-STAGE AND CINEMA

“SAVY AND WITTY”
-CHICAGO TRIBUNE

written by
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(GQ, JQ, JAX, and POS)
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BY DEBORAH HOPPE
Pioneer Press

Brookfield
Boo at the Zoo, 10 a.m.-4 p.m.
Oct. 21-22 and 28-29
Brookfield Zoo, 8400 31st St., 708-688-8000; www.czs.org
- The annual bash features a costume parade (1 p.m.) and costume contest (1:30 p.m.), crafts, a haunted hayride, a corn maze, spider cookie decoration, pumpkin carving and animal chats.

Chicago
The Catacombs Haunted House, 7-11 p.m. Fridays & Saturdays, 7-10 p.m. Thursdays & Sundays, Oct. 13-14, 20-22, 26-29
St. Pascal School, 6143 W. Irving Park Road, 773-736-8806; www.scarypopcorn.com
- Tickets are $10 at the door, $18 VIP; Triple VIP Pass is $30, three haunts, no lines.

Monster Smashed Pub Crawl, 7-10 p.m. Oct. 28
www.edisonpark.com
- The pub crawl lineup is Edison Park Inn 7-8 p.m., Emerald Isle 8-9 p.m. and Firewater Saloon 9-10 p.m. Tickets cost $20 and include drink specials, a raffle ticket and grub along the way. The night also will offer a costume contest.

Glencoe
Spooky Pooch Parade, 11 a.m. to 1 p.m. Oct. 21
Chicago Botanic Garden, 1000 Lake Cook Road, 847-835-5440; www.chicagobotanic.org
- Cleverly costumed canines march the parade route to celebrate Halloween. Anyone bringing a dog must purchase paid registration for your dog, whether or not you enter the parade and costume contest. Dogs must be on leash at all times and must leave the garden by 2 p.m. Advance tickets on or before Oct. 20 are $15/$20 member/nonmember; tickets on Oct. 21 are $20/$25 member/nonmember. Ticket price is per dog. Parking is $25; free for Garden members.

Boo Bash, 5:30-7 p.m. Oct. 26
Takiff Center, 999 Green Bay Road, 847-835-1185; www.glencoeyparkdistrict.com
- Kids ages 2-8 can enjoy an evening filled with crafts, carnival games, treats, inflatable fun and entertainment. Bring a trick-or-treat bag and wear a costume. All children must be accompanied by a paying adult; children 24 months and younger are free. Cost is $8 by Oct. 25, $10 on Oct. 26. Registration required.

Harwood Heights
Trick-Or-Treat Around the Library, 2-6 p.m. Oct. 31
Eisenhower Public Library District, 4613 N. Oketo Ave., Harwood Heights, 708-867-7828; www.eisenhowerlibrary.org
- Trick-or-treaters are welcome to come to Kids World to begin a free trick-or-treating tour of the library.

Highwood
The Great Highwood Pumpkin Fest, 5-10 p.m. Oct. 5, 4-10 p.m. Oct. 6, 9 a.m.-10 p.m. Oct. 7, 11 a.m.-9 p.m. Oct. 8
Downtown Highwood, www.highwoodpumpkinfest.com
- Enjoy trick-or-treating, costume contests, hay rides, a petting zoo, carnival rides, food and drink vendors. Admission is $3 per day per person; $5 for weekends includes all-you-can-carve pumpkins.

Lincolnwood
Pumpkins In Proesel Park, 1-3 p.m. Oct. 21
Proesel Park, 6915 Kostner Ave., 847-673-1540; www.lincolnwoodil.org
- This Hollywood-quality haunt features terrifying monsters and tormented souls from the underworld. Recommended for ages 12 and older. Tickets are $19.99-$32.99 plus tax; see website for special events.

Morton Grove
House of Torment Chicago, weekends, Sept. 22-Oct. 7; daily Oct. 11-15, Oct. 17-31, Nov. 3-4
8240 Austin Ave., Morton Grove, www.houseoftormentchicago.com
- This Hollywood-quality haunt features terrifying monsters and tormented souls from the underworld. Recommended for ages 12 and older. Tickets are $19.99-$32.99 plus tax; see website for special events.

Halloween Family Fest, 3-6 p.m. Oct. 21
Prairie View Community Center, 6834 W. Dempster St., 847-965-1200; mortongroveparks.com
- Wear your costume for a free, fun and safe event for kids ages 3-14 featuring carnival games, hayrides, sensory mystery rooms, inflatables and the chance to decorate a pumpkin.

Niles
Monster Bash, 6:30-8:30 p.m. Oct. 20
Howard Leisure Center, 6676 W. Howard St., 847-967-6633; www.niles-parks.org
- Family-friendly event for kids ages 3 and up. Features a buffet dinner, games, pumpkin decorating and dancing. Each child will receive a goodie bag. All participants must register. Cost is $16 residents, $19 nonresident.

Halloween Parade & Party, starting at 9:30 a.m. Oct. 28
Oak Park, Main Street and Ottawa Avenue, 847-965-6633; www.niles-parks.org
- Annual event for kids ages 1-12 for a bewitching stroll from Oak Park (Main St., Turn to Halloween, Next Page
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Skokie

Halloween, from Previous Page

and Ottawa) to Grennan Heights. Once at Grennan Heights there will be a party from 10 a.m.-noon with games, goodies and surprises. Registration required. Cost is $12 for residents, $14 for nonresidents.

Norridge

Spooktacular Halloween Party, 6-8 p.m.
Oct. 27
Norridge Recreation Center, 4652 N. Olcott Ave., Harwood Heights, 708-457-0961; norridergkpk.com
- Family-friendly Halloween party includes games, music, crafts, treats and a costume contest. Ages 12 and under with an adult. Cost is $10 residents, $12 nonresidents. Registration required.

Park Ridge

Halloween Hoopla,
6:30-8:30 p.m., Oct. 12
Maine Park Leisure Center, 2701 W. Sibley, St., 847-692-5127; www.pprparks.org
- The event will include scarecrow building, pumpkin carving, hayrides and a campfire. The cost is $31 per resident family; $35 for nonresident families. This event is designed for children under 10. Call (847) 825-3123 for more information.

Skokie

Skatium Halloween Skate & Costume Contest, 7-9 p.m., Oct. 21
The Skatium Ice Arena, 9300 Weber Park Place, 847-674-1500, Ext. 2900; www.skokieparks.org
- Cost is $5 per person or $25 per family of four.

Monster Bash at The Exploritorm, 10 a.m., Oct. 28
Oakton Community Center, 4701 Oakton St., 847-674-1500, Ext. 2900; www.skokieparks.org
- The event is fun and informative, not frightening. As you're guided along the trail, you'll venture to three places — the cave, forest, and marsh — and hear from the animals that live there. The event is recommended for children under 10. Quick check注册 required.

Trick or Treat at the Library,
9 a.m. - 9 p.m., Oct. 31
Park Ridge Public Library, 20 S. Prospect Ave., 847-825-3123; www.parkridgepubliclibrary.org
- Stop in the library any time, all day to show everyone your costume and get a treat.

Rosemont

Monster's Ball Halloween Dance Party, 8 p.m., Oct. 28
Joe's Live Rosemont, 5441 Park Place, 847-261-0392; www.joeslivejosemont.com
- Halloween party featuring Bad Boy Bill and Chicago's best DJs, with costume contests and more. 21 and over. Tickets start at $20.

Skokie

Scream Scene, 7 p.m. weekends through Oct. 29
Skokie Water Playground, 4701 Oakton St., 847-674-1500, Ext. 2700; www.screamsceen.org
- Family-friendly Halloween party includes games, music, crafts, treats and a costume contest. Ages 12 and under with an adult. Cost is $12 for residents, $14 for nonresidents. Registration required.

Devonshire County Fair, 12:30-3:30 p.m., Oct. 8
Devonshire Cultural Center, 4400 Greenwood St., 847-674-1500, Ext. 2400; www.skokieparks.org
- Fun for the whole family with hay wagon rides, inflatables, pie eating contest, mini-pumpkin decorating, carnival food and live music. Cost is $10 per person or $25 per family of four.

Things That Go Bump In The Night, 6:30-8:30 p.m., Oct. 20 and 21
Emily Oaks Nature Center, 4650 Brummel St., 847-674-1500, Ext. 2500; www.skokieparks.org/emily-oaks-nature-center
- This event is fun and informative, not frightening. You'll be guided through the trail, you'll venture to three places — the cave, forest, and marsh — and hear from the animals that live there. The event is recommended for children under 10. Registration is required.

Trick or Treat in downtown Skokie, 1-3 p.m., Oct. 28
Downtown Skokie, near Lincoln and Oakton, www.downtownskokie.org
- This family event will have carnival games, bounce house, face painting and candy galore. Event price includes Exploritorm play. Children, ages 1 and older, and all adults must register. Cost is $10-$12 for residents, $13-$15 for nonresidents.

Trick or Treat in downtown Rosemont, 1-3 p.m., Oct. 28
Downtown Rosemont, 5441 Park Place, 847-674-1500, Ext. 2900; www.rosemontchicago.org
- Children ages 12 and younger in costume can trick or treat at participating businesses. Pick up a bag at Crafty Beaver, Mini Man Monkey Brains or North Branch Yoga and start your adventure. Participating merchants will have a pumpkin poster in the window.
A look at locals in the arts

BY MYRNA PETLICKI
Pioneer Press

Here's a look at the latest news about suburban authors, actors, artists, musicians and more.

New view: A dozen distinguished local artists spent a year of workshops, study and critiques as part of the second Chicago cohort of Spertus Institute’s Midwest Jewish Artists Lab. Each created an artwork around the theme of boundaries. “Outside Inside: Exploring Boundaries and Otherness,” an exhibition of those works, will be displayed at the institute’s Ground Level Arts Lab Gallery through Jan. 7. Suburban participants are Stewart Cherlin of Park Ridge, Suzanne Horwitz of Highland Park and Julie Cowan, Dorit Jordan Dotan and Charlotte Hart, all of Evanston.

Violent past: Morton Grove native Victor Bayona is doing violence design for — and also appearing in — Akvavit Theatre’s “Ghosts & Zombies,” through Oct. 29 at Strawdog Theatre. It’s a rare onstage role for Bayona who has created violence moments for productions across the Chicago area with R&D Choreography. For tickets, go to chicagonordic.org.

Who could have predicted?: A blind date goes awry in Gina Gionfriddo’s “Becky Shaw,” through Nov. 12 at Windy City Playhouse. The cast includes Oak Park resident Michael Pogue, who has performed with many of the top theater companies in the Chicago area, including Court, American Blues, Steppenwolf, Remy Bumppo, Teatro Vista, Oak Park Festival, Eclipse and Redtwist. For tickets, go to windycityplayhouse.com.

Chance to dance: Evanston elementary school student Paula Hlava is launching her professional performing career in a big way. She plays Ballet Girl in the cast of Porchlight Music Theatre’s production of “Billy Elliot the Musical,” Oct. 6–Nov. 19, at the Ruth Page Center for the Arts. Oak Park elementary school student Alejandro Medina plays Tall Boy. Grownup suburbanite Sean Fortunato of Evanston plays Dad. The musical tells the story of a young boy growing up in a mining town who prefers ballet slippers to boxing gloves. For tickets, go to porchlightmusictheatre.org.

One of the first: Recent North Central College graduate Becca Sheehan, a Hinsdale native, is cast in Other Theatre’s world premiere production of “The Making of a Modern Folk Hero,” through Oct. 29 at Chicago Dramatists. It tells what happens when a washed-up actor is hired by a congressman to play a superhero for a publicity stunt. Sheehan has worked with Northern Sky Theater, Explore Theater and Chicago Shakespeare Theater. For tickets, go to theothertheatrecompany.com.
Old-fashioned fun in store at Devonshire County Fair

BY MYRNA PETLICKI
Pioneer Press

Old-time fun is what you'll find at the Devonshire County Fair, 12:30-3:30 p.m. Oct. 8 at Devonshire Cultural Center and Park, 4400 Greenwood St., Skokie. There will be hay wagon rides, a pie eating contest, egg toss, mini-pumpkin decorating, popcorn and cotton candy. Other attractions include inflatables, interactive circus activities and face painting, plus blues, folk and country music.

The cost is $10 per person for a book of event tickets; $25 per family of four; $2 per individual event ticket.

For details, call 847-674-1500 or go to www.skokieparks.org.

Fall on the farm

Fall-themed crafts, tractor barrel train rides, Steve Belliveau twisting balloons, a full schedule of live entertainment and WTTW Big Idea Traveling Lab are a few of the attractions at Fall on the Farm, a new event at Lamb's Farm, 14245 W. Rockland Road, Libertyville, 10 a.m.-4 p.m. Oct. 7 and 8.

Participants will have all day access to the Farmyard and attractions. There will also be a community tent sale, and a food, beer and music tent. Admission is $15 for children, $8 for adults.

For details, call 847-362-4636 or go to www.lambsfarm.org.

Monster mash

Creating a giant box creature is the goal at the Family PlayLab: Monster Mash, 10-10:45 a.m. Oct. 15 at Emily Oaks Nature Center, 4650 Brummel St., Skokie. Kids will explore the parts of a pumpkin, play pumpkin games, make a pumpkin craft and prepare a pumpkin treat to eat. The cost is $5 per person; a registered adult must accompany the children.

For details, call 847-674-1500, Ext. 2500 or go to www.skokieparks.org/emily-oaks-nature-center.

Fun with fall food

You and your children will explore a seasonal star at a Pumpkin Palooza Campfire, 1-2:30 p.m. Oct. 15 at Emily Oaks Nature Center, 4650 Brummel St., Skokie. Kids will explore the parts of a pumpkin, play pumpkin games, make a pumpkin craft and prepare a pumpkin treat to eat. The cost is $5 per person; a registered adult must accompany the children.

For details, call 847-674-1500, Ext. 2500 or go to www.lambsfarm.org.
There are types of meditation that don't require being still.

Meditation for the antsy

Can't sit still? There are ways to achieve state of relaxation without closing your eyes in a quiet room
Let’s play

Tips for including more time for fun

Create a space for play

“Open-ended, freestyle play is the very best vehicle for our kids to learn about the world,” says Meredith Sinclair, play advocate, author and blogger at www.MeredithPlays.com. “It helps children develop social, emotional, and physical skills and grow as independent little humans.”

For many, giving kids more time to play is appealing but not always easy, especially given most parents' tendency — intentional or not — to over-schedule our kids' lives. Sinclair understands this dilemma. Her book, “Well Played: The Ultimate Guide to Awakening Your Family's Playful Spirit,” is a parent's go-to resource for finding simple ways to incorporate more fun into your family's life. I recently spoke with Sinclair, as well as other “play experts,” to find out how we can create more opportunities to just play.

Schedule time for spontaneity

It may seem counterintuitive, but Sinclair recommends scheduling time for spontaneity. “Just as we plan every other extracurricular activity, intentionally leave gaps in your family’s schedule for free, open-ended, spontaneous fun. If we leave no space for play, it’s impossible to expect it to show up.”

Find outlets that encourage open-ended play

“With research centering on the importance of play in a child’s life and healthy development, we believe every day can be a day of play,” says Elizabeth McChesney, director of children's services at the Harold Washington Library. To celebrate the power of play, McChesney, along with her colleagues at the Harold Washington Library, are hosting their third annual Day of Play from 11 a.m. to 3 p.m. Oct 7. This year's theme is “Play with Your Place: Playing at Home and Everywhere” and will feature household items transformed into play. Activities include the Global Cardboard Challenge, www.cardboardchallenge.com, where roughly 2,000 boxes are “dumped” in the middle of the Winter Garden and children are invited to build, transform and discover. There is also a fort area, puppet-making station and live music. For more information, visit bit.ly/2hqD7rK.

Let play evolve

As a mom of a sixth-grader, I know the days of open-ended, imaginative play opportunities are few and far between. When my son was younger, my house was filled with recycled junk robots, cardboard airports and shoebox "pets." Take heart: open-ended fun doesn’t need to end after elementary school; it just needs to grow with your kids. One of the best ways to get your older kids to engage is through food, which is exactly what Glenview mom Katie Bauer did with her four kids ages 6 through 16. "I wanted to do something fun and creative, that all four kids could enjoy together." Bauer set up a pizza-making challenge where each child had to create a pizza using randomly selected ingredients. To make the challenge even more "fun," each contestant had to eat at least one piece of his or her pizza. Although the pizzas might not be the most delicious meal the kids ever ate — pizza topped with Goldfish crackers and M&M’s might not be for everyone — the fun of the activity and the memories it made will last a lifetime.

Harold Washington Library offers a Day of Play that includes leaving out 2,000 cardboard boxes for kids to decorate and transform.

Glenview resident Kate Bauer involves her four kids, ages 6 to 16, in a joint activity with a pizza-making challenge that includes some interesting toppings such as M&M’s, Cheerios and broccoli.
Meditation for the antsy

Can’t sit still? There are ways to achieve state of relaxation without closing your eyes in a quiet room

By Claire Altschuler
Chicago Tribune

I want to meditate. I really do. Everyone from celebrities to fitness instructors to neurosurgeons tell us it’s the answer to all that ails us. Having trouble at work? Meditate. Struggling with health issues? Meditate. Want to find your purpose in life? You guessed it: Meditate.

Although growing evidence supports these claims, many of us find it difficult to sit still. The idea of sitting in a quiet room, closing our eyes and chanting a mantra just makes us more anxious. We know that as soon as we get settled, the dog will bark, the phone will ring or the baby will start to cry.

“I think most everybody has trouble with meditation at first,” says Peg Baim, clinical director of training at the Benson-Henry Institute for Mind Body Medicine at Massachusetts General Hospital. “People often say, ‘I can’t meditate because I can’t sit still or my mind never stops.’”

The good news is there are types of meditation that don’t require being still. “There are other ways to break the train of everyday thought” than sitting cross-legged in a quiet room, says Dr. Herbert Benson, director emeritus of the Benson-Henry Institute.

Effective meditation, he says, requires only two things: repetition of a word, a sound or a movement, and the ability to turn off everyday thoughts. When those are combined, the body naturally triggers the relaxation response, a powerful antidote to everyday stress.

Yoga, running, bicycling and walking are just some of the activities Benson recommends. Each involves rhythmic, repetitive movements that can be connected to a word or phrase - a mantra - such as “left-right” linked to footfalls, or “in-out” linked to breathing. When the mediator focuses on the mantra and how the body feels, thoughts drift away, providing relief from stress and the physiological damage it can cause.

Chronic stress has serious negative consequences for our health, say experts. According to Benson, “60 to 90 percent of physician visits” involve stress-related illnesses. That’s because we react to stress as if we are in actual physical danger.

In the classic “fight or flight” response, our bodies prepare us to either confront or run away from an aggressor by increasing heart rate, elevating blood pressure and secreting hormones such as adrenaline and cortisol. In the case of real danger, these changes help us respond more quickly. Once the threat is eliminated, the body returns to normal.

But when ongoing work or personal issues are the source of stress, our bodies remain in an agitated state for extended periods of time, causing harm. Experts believe that chronic stress leads to physiological changes that exacerbate or give rise to many common maladies, including anxiety, depression, high blood pressure, digestive issues, insomnia and tension headaches.

Chronic stress has even been shown to cause changes in our DNA. While activating the relaxation response won’t cure all diseases, meditation can ameliorate them, says Benson.

Barri Leiner Grant, an author and interior stylist from Chicago, was introduced to meditation as part of her regular yoga class. She enjoyed it so much she started going on retreats, where she learned to meditate for longer periods of time. She also used an app called Headspace, which helped make meditating a daily habit.

Leiner Grant says meditation has helped her relax and feel more grounded. She also credits it with making her a better listener and a more patient parent.

Others have seen these changes too. “People started to notice” almost immediately, Leiner Grant says. “They’d say things like, ‘You have such a nice energy,’ or ‘you’re so calm.’”

Different types of meditation work for different people, says Dr. Melinda King, executive director of Northwestern Medicine’s Oscher Center for Integrative Medicine. Whether one sits still or moves, she says, almost any activity will work as long as the practitioner has the “intention of being present, being aware and developing that mind-body connection.”

Yoga, tai chi and qi gong are especially well-suited for those who want to pursue active meditation. All three practices use movement to draw attention to the body and the breath, concentrating the mind on the present and activating what Baim calls the “adaptive network,” which “spares the brain from returning to the stress network” we usually inhabit. In addition to helping us relax, these practices increase flexibility and strength, boost circulation and improve overall health.

At Chill, a meditation center in Chicago, yoga is used to facilitate seated meditation. In one class, students prepare for meditation by first performing a series of yoga poses that stretch the legs and strengthen the body’s core muscles. This helps participants focus and makes it easier to sit comfortably for longer periods of time.

“Being uncomfortable is the biggest hindrance to having a good meditation practice,” says Claire Mark, instructor and co-founder of Chill. Yoga is used “to support the meditation.”

Margo Mallar, a fundraising specialist from Barre, Mass., says she appreciates how easily she can incorporate active meditation into her day. “I can be mindfully walking (while) going from the parking lot to the grocery store,” or while walking up stairs or commuting to work, she says. When Mallar walks, she focuses her mind by counting her steps or saying a series of thank-yous in different languages. “It’s like a rosary of sorts,” she says. “It draws my attention into my body” and away from everyday thoughts.

At the Insight Meditation Society in Barre, Mass., seated meditation is alternated with walking. While both forms provide calmness and clarity, sitting emphasizes tranquility and walking emphasizes energy, says Sharon Salzberg, author and co-founder of the Society. Together, she says, they provide “a really good balance.”

Whether sitting or walking, “meditation is really about attention training,” Salzberg says. It is like strengthening a muscle “to let go gently of a distraction and then returning our attention to the original object,” which may be a mantra, the breath or awareness of the body’s movements. “We’re always letting go and coming back. That’s really the transformational aspect of meditation.”

Claire Altschuler is a freelance writer.
When a cat won’t poop in the litter box anymore

By Cathy M. Rosenthal
Tribune Content Agency

Q: Our 6-year-old housecat stopped pooping in the litter box, but she still urinates in it. We find poop all over the house, but never urine. She doesn’t have a favorite place to evacuate; it’s on rugs, hardwood floors — she isn’t hiding it. We find it out in the open and it trails off. It seems like she continues to evacuate while she walks away. We’ve been to our vet and there is nothing physically wrong. Nothing in the house has changed; no one new and no renovations. It’s the same litter and it trails off. It seems like she continues to evacuate while she walks away. We’ve been to our vet and there is nothing physically wrong.

A: Cats don’t generally poop while they’re walking. I am not a veterinarian, but it sounds like fecal incontinence. Your veterinarian probably ruled that out, but if you are not sure if he or she did, please discuss this with your veterinarian.

If she’s healthy and squatting to poop, then we need to dig a little deeper to figure out why she suddenly won’t use the litter box. I know you went through a list of things that could cause that to happen, but let me offer a few more possibilities.

Cats are extremely sensitive to scents. Were any new scents sprayed into the air or a new air freshener located or plugged near the litter box? Did you use ammonia or citrus-smelling cleaners to clean the litter box? These scents are off-putting to cats.

Sometimes, if a cat is startled near the litter box or experienced an especially difficult bowel movement (something you wouldn’t know happened), he or she will associate the litter box with that experience and will poop someplace else. My suggestion is to add a second litter box to your home, perhaps in a more private space. Use a fine grain, unscented litter, and fill two to three inches high. If she starts to use this box, then you know she might have had a bad experience at the other box. Let me know if this suggestion helps her.

Q: Do you have any information on area shelters where you can adopt pets? Originally, I was looking for a sheltie dog, but I am expanding my preference, and just looking for other shelters where I can adopt.

— Char F., Franklin Park, IL

A: You can search several animal shelters and rescue groups all at one time on Petfinder.com. Enter your ZIP code and the type of dog you want based on size, age, and even whether they are house-trained or not. You can indicate how far you are willing to travel to adopt a dog. Once you provide the search criteria, scroll through the online gallery of pets available for adoption. It might be an easier way to find your next canine companion.

Q: I have an 11-year-old Maltese. He’ll be 12 in February. For the last two years, we’ve noticed that whenever people come over, he gets extremely anxious and whines throughout their entire visit. He hangs his toys. He licks his privates. I’ve tried an anxiety shirt. It doesn’t work.

— Monica K., Deer Park, NY

A: Some dogs do get more anxious as they get older, which is why there are so many “behavioral health products” on the market now. Some of these products are available as daily supplements through veterinarians; some are available in treat form over the counter and online.

Many of these products contain “theanine,” an amino acid that has been shown to impact mood and reduce anxiety in dogs. Try an over-the-counter product, and if it doesn’t reduce your dog’s anxiety, talk to your veterinarian about one of the daily behavioral health products they carry.

Cathy M. Rosenthal is a longtime animal advocate, author, columnist and pet expert who has more than 25 years in the animal welfare field. Send questions to cathy@petpundit.com. Please include your name, city, and state.
Dear Help Squad,

I read your Aug. 31 column, "Free trial turns into expensive monthly membership" and I just wanted to add one more to-do regarding consumer protection for internet credit card purchases. Ben could have used a credit card feature called a virtual account number or VAN. My Mastercard provider offers this option, which is meant for online purchases where you do not wish to give your actual credit card number for fear of hacking or unscrupulous use by the seller.

I can generate a VAN in seconds simply by going to my account online. It is only valid for a specific seller and can be set with a dollar limit and expiration of up to 12 months. It can also be used for recurring charges. If Ben wanted to make a purchase of $4.96 from 4K Health, he could have set his VAN limit to $5, generated the 16-digit number and used that at check-out. If 4K tried to charge more than that before shipping the second bottle, they would have been out of luck. Perhaps 4K would have contacted Ben, but at least he would have been in control of the situation.

I have also set up text alerts with my credit card company that provide my daily balance and monitor whether any purchases were made over a dollar limit that I pre-set. This helps in preventing identity fraud as well.

Dennis (retired consumer finance executive), Naperville

I really appreciated Dennis writing in with this useful information, and as a result of his email, I contacted Citi, Visa and CreditCards.com for their online purchasing protection advice.

Citi Global Cards spokesperson Jennifer Bombardier confirmed the process Dennis outlined telling me all of Citi's branded consumer credit cards (except Costco) offer VANs. She also clarified that VANs are not available on debit cards.

"All purchases made with a temporary VAN appear on a cardmember's monthly statement, and will include the virtual account number that was used for each transaction," Bombardier said. "In addition to virtual account numbers, Citi also offers a range of push notifications for transactions ranging from 'card not present' (online) charges, to overseas charges, to any charges in excess of customers' pre-set limits."

When I asked CreditCards.com senior industry analyst Matt Schulz which card issuers offer virtual account numbers, he pointed to Citi and also to Bank of America.

Schulz pointed out that credit cards often offer other perks that protect consumers.

"Many come with extended warranties for bought items, purchase protections for broken or lost goods and even guaranteed returns, in which a card issuer might accept a return on an item that would be too old to return to a retailer."

Specific to the topic of deceptive free trial marketing, Visa spokesperson Sandra Chu told me, "Visa monitors its payment network to identify merchants with excessive levels of cardholder disputes, which may indicate the use of deceptive marketing practices. In fact, merchants who use deceptive marketing practices have up to 20 times as many consumer disputes as the average e-commerce merchant. Visa requires the merchant and its bank to take corrective action to reduce excessive consumer disputes, or risk termination of Visa acceptance privileges."

Visa, in conjunction with the FTC and Better Business Bureau, provides the following cautions regarding free trials:

■ Take time to read and understand all terms and conditions.
■ Pay attention to any pre-checked boxes before you submit your card information. Failing to un-check boxes may bind you to unwanted terms and conditions.
■ Review your card statements for any unauthorized charges, and notify the card issuer promptly of unauthorized charges.
■ Try to resolve the situation with the merchant. If unsuccessful, contact the card issuer immediately to dispute the charge.

Send your questions and complaints to HelpSquad@pioneerlocal.com.

Cathy Cunningham is a freelance columnist.
Revisiting small-screen gem

Re-watching a TV series is pleasurable, but it doesn't stack up to rereading books

By John Warner
Chicago Tribune

Mr. and Mrs. Biblioracle recently re-watched and enjoyed all 76 episodes of the TV series "Friday Night Lights." But after devouring five seasons in a little over two weeks, Mr. Biblioracle realized that this sort of reconnection is even better with books.

"Friday Night Lights" television series

By John Warner
Chicago Tribune

This is a writer whom I'm hoping has a second bite.

On the other hand, on a whim, I recently reread "Bridge to Terabithia" by Katherine Paterson for perhaps the 30th time since I first encountered it in grade school. I'm staring at Katherine Dunn's "Geek Love" on the shelf thinking it's about time for another trip through the universe of the Binewski family circus. And right next to "Geek Love" is "Skippy Dies" by Paul Murray, which I have not yet reread, which seems a foolish oversight. There are Flannery O'Connor's "Wise Blood," Laurie Colwin's "Goodbye Without Leaving," John Williams' "Stoner," Evan Connell's "Mr. Bridge" and "Mrs. Bridge," Richard Ford's "The Sportswriter" and Frederick Exley's "A Fan's Notes."

Just thinking about the books makes me feel fuller, more human. I enjoy many television shows, but the ones I want to watch again and again are few. I'll keep searching out those transcendent TV experiences, but books will always remain a more reliable source for what I'm craving.

John Warner is the author of "Tough Day for the Army."

Get a reading from the Biblioracle!

Send a list of the last five books you've read to books@chicagotribune.com. Write "Biblioracle" in the subject line.
LET'S GET TOGETHER:
A group endeavor

BY GAIL GRABOWSKI | EDITED BY STANLEY NEWMAN

Across
1 Toothpaste portion
5 Braying beasts
10 Face-valued, as bonds
15 French arm
19 Entertainer Falana
20 Pastel purple
21 Emmy category
22 Kappa predecessor
23 Typical Saudi
24 Rental agreement
25 Slightly wet
26 Common mirror shape
27 Do the unexpected
30 Paying attention
31 Trial software
32 Seniors' group
33 Adventurous vacations
35 Gown fabrics
38 Lake bordering Buffalo
39 Fix up, as a building
40 Circumvent
41 Spring weather event
44 Teeth expert's deg.
47 Musical groups
48 Nada
49 List line
50 Without commitments
51 Vietnam Veterans Memorial architect
52 Money in Milan
53 Casual eater
55 Aerial camera carrier
56 Quarterback Manning
57 Slow-cooker entrée
59 Gift giver's prompt
60 Teacakes
62 Korean car
63 Common landscaping tree
65 Conspiring factions
67 Industrious employee, informally
69 Yoga accessory
72 Mindful (of)
75 Plant on trunks
76 1950s headline shape
77 One and only
78 Pigeon sounds
79 Supermarket
80 Cut corners
81 Much more than worried
82 Square-cornered
83 Cell phone user's woe
86 Prepared to propose
87 Where a judge is in charge
88 Corn product
89 Jeweled toppers
90 Tenacious
91 Shadow
92 Archrival
93 Mindful (of)
94 Teacakes
95 Light bulb measures
96 Difficult task
97 Election faction
98 Prefix for scope
99 Was transported
100 Trampled (on)
101 Prestigious law school
102 Ready for picking
103 Sunlit lobbies
104 Bring to a garage, perhaps
105 High society
106 Romance novelist Roberts
107 Preholiday times
108 Raise, as a flag
109 Very funny folks
110 Object of adulation
111 Ties the knot
112 "That's a shame!"
113 Have an inkling
114 Relinquish formally

Down
1 Delighted
2 Anecdotal wisdom
3 Snowman in Frozen
4 Nestling
5 Parcels out
6 City near Florence
7 Czechs and Serbs
8 Lighten (up)
9 Plot outline
10 Thinks highly of
11 March together
12 Nuisance
13 Morning hrs.
14 Scoundrel
15 Class with microscopes
16 Nomad
17 Video arcade pioneer
18 De-ices, in a way
19 Aft part of a plane
20 At a distance
21 Tailor at work
22 Subtle "Excuse me . . ."
23 24 Slightly wet
27 Do the unexpected
30 Paying attention
31 Trial software
32 Seniors' group
33 Adventurous vacations
35 Gown fabrics
38 Lake bordering Buffalo
39 Fix up, as a building
40 Circumvent
41 Spring weather event
44 Teeth expert's deg.
47 Musical groups
48 Nada
49 List line
50 Without commitments
51 Vietnam Veterans Memorial architect
52 Money in Milan
53 Casual eater
55 Aerial camera carrier
56 Quarterback Manning
57 Slow-cooker entrée
59 Gift giver's prompt
60 Teacakes
62 Korean car
63 Common landscaping tree
65 Conspiring factions
67 Industrious employee, informally
69 Yoga accessory
72 Mindful (of)
75 Plant on trunks
76 1950s headline shape
77 One and only
78 Pigeon sounds
79 Supermarket
80 Cut corners
81 Much more than worried
82 Square-cornered
83 Cell phone user's woe
86 Prepared to propose
87 Where a judge is in charge
88 Corn product
89 Jeweled toppers
90 Tenacious
91 Shadow
92 Archrival
93 Mindful (of)
94 Teacakes
95 Light bulb measures
96 Difficult task
97 Election faction
98 Prefix for scope
99 Was transported
100 Trampled (on)
101 Prestigious law school
102 Ready for picking
103 Sunlit lobbies
104 Bring to a garage, perhaps
105 High society
106 Romance novelist Roberts
107 Preholiday times
108 Raise, as a flag
109 Very funny folks
110 Object of adulation
111 Ties the knot
112 "That's a shame!"
113 Have an inkling
114 Relinquish formally
Elementary

**BY CHARLES PRESTON**

<table>
<thead>
<tr>
<th>ACROSS</th>
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<td>Furnace</td>
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<tr>
<td>64</td>
<td>Mechanical device</td>
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Last week's answers appear on the last page of Puzzle Island © 2017 Creators News Service.
Dispirited Away

BY GAIL GRABOWSKI
EDITED BY RICH NORRIS AND JOYCE NICHOLS LEWIS

Across
1. Financial smartphone download
7. Vague feeling
11. Shot spot
14. Take up or let out
19. More profound
21. Gunk
22. Russian bread
23. Crooner Vic
24. Software update strategies?
27. Urban view obscurer
28. Action-filled
30. Get by succession
31. Stand in a loft
33. Title absentee
35. Bridge installer's deg.
36. Counsel offered by Carlo Rossi?
42. Map in a map
43. Ristorante suffix
46. Pursued
47. State secrets?
48. Container with slats
52. Recommend
54. Dream about childbirth?
56. What alibis may be
58. Series of rings
60. Ultra-secret org.
61. Like yoga devotees
62. Naval strength
65. Co-host Shapiro of "All Things Considered"
66. Celeb's freebie
67. Views about poetry?
71. "That film is awful"
75. '60s-'80s Brit. sports car
76. Frozen fruit-flavored snack
81. Soda purchases
82. 1999 Movietone acquirer
83. Fluency
85. Normal beginning?
86. Reminded guests that certain casual attire is required?
89. Baseless accusation, to an alleged perp.
91. Yoga pose
92. Pic for a doc
93. "Dig in!"
96. When Le Havre heats up
97. Run through a
99. Uncompromising boss?
101. Break down

Down
1. Throws into the mix
2. Group with lineups
3. Exec's reminder
4. Orbital high point
5. Writer
6. Put the squeeze on
7. "The Four Seasons" composer
8. It might follow a bullet
9. Zinger
10. "Frozen" princess
11. Disco phrase
12. Fal of Harry
13. Summon silently
14. St. Louis landmark
15. Renaissance instrument
16. 1954 Ford debut
17. Legendary Spanish hero
18. Intervals of inactivity
25. "Picnic" playwright
26. Queen's subjects
29. Princess from Alderan
32. Spy-fi figs.
34. Grammy-winning singer Krall
36. Medical containers
37. Common film festival entry
38. Skin lotion brand
39. Menlo Park middle name
40. Justice Gorsuch who replaced Antonin
41. DJ's stack
43. 8/21/2017 celestial event
44. Vagabond
49. Quartet named for its members
50. They're usually seen with sandals
51. Miscalculates
52. Connection method: Abbr.
55. Cross inscription
56. Spark producer
58. Apt to mouth off
59. Critical care ctrs.
64. Houdini's family name
65. BOLO equivalent
66. Expressive online image
69. Take in the wrong way?
70. Apple mobile platform
71. Rick calls her "kid"
72. Google successes
73. Quatto competitor
74. Cold weather word
75. Turntable letters
78. Took a little off
79. Give a keynote, say
80. Morning read
82. TV spot seller
83. U.S. dept. with a windmill on its seal
84. Wine city near Turin
87. Unimproved property
88. In-flight fig.
89. Tail feature
90. Western natives
94. Earl with a three-finger banjo-picking style named for him
95. Berkshire boarding school
97. Castaway's home
99. Foment, with "up"
100. If all goes right
101. Rolls with rice
102. Withdrew, with "out"
103. "Moneymail" baseball exec Billy
105. Mettle some mounts
107. Paquin of "True Blood"
108. Pioneering TVs
110. Column on the right
111. Smartphone display
112. 113. Nibble
115. Be flush with
116. Ill-tempered
117. Struck (out)
119. Period that may be named for a president
121. "Lux" composer

Last week's answers appear on the next page

Jumble
Unscramble the six Jumbles, one letter per square, to form six words. Then arrange the circled letters to form the surprise answer, as suggested by this cartoon.

Sudoku
Complete the grid so each row, column and 3-by-3 box in bold borders contains every digit 1 to 9.

Last week's answers appear on the next page

By David L. Hoyt and Jeff Knurek. © 2017 Tribune Content Agency, LLC. All rights reserved.
By Jacqueline E. Mathews. © 2017 Tribune Content Agency, LLC. All rights reserved.

Crossword

Across
1. Prayer closing
5. Has ___ in one's pants; is jittery
9. Darkness
14. Punctuation mark
15. Ooze
16. Stove
17. Tact
19. Chris of tennis
20. Willy
21. White meat
22. Discontinues
23. Metal container
24. ___ song; final performance
26. Leaves high and dry
30. Bugs
35. Fully alert
36. ___-up; confined
38. Calcutta dress
39. Like paper in a school binder
40. Raced
41. "Jack ___ could eat no fat..."
42. "Ney" voter
43. Actress Winslet
44. Wear away
45. Fate
47. Critics angrily
49. Robin's home
51. Hair covering
52. Series of eight piano keys
53. Series of eight piano keys
55. Monogram for inventor Bell
56. Slightly open

Solutions

1. Also says
2. Send via USPS
3. Nettie
4. Org. for Flyers and Flames
5. Nut variety
6. Close
7. Small nails
8. "Wild blue yonder"
9. Spinach & kale
10. Ena's output
11. Singles
12. Mannie
13. New York team
16. Confusion
18. Gave one's two cents' worth
22. Isn't able to
23. "or leave it"
25. Champion
26. Coleslaw or Crab Louie
27. Thick string
28. ___ and raves; carries on
29. Aerosols
31. ___ de corps;
camaraderie
32. Christmas song
33. Exchange
34. Locations
37. Break a fast
38. Patella's place
41. Cuts off
42. For what reason?
43. Come up with,
as a new gizmo
44. Impulsively
45. Patella's place
46. Tooth coating
48. Lake near Reno
50. Rows of need
53. Gator's cousin
54. Info on an ATM deposit slip
55. Bald eagle
57. Mrs. Joe Biden
59. Stare stupidly
60. Lunch orders
62. For what reason?
63. Nutshell; briefly

Down

12. Bike's center
16. Mr. Gingrich
17. Fragrance
18. Holler
51. Series of eight
52. Rowers' needs
53. Gator's cousin
54. Impulsively
57. Mrs. Joe Biden
59. Stare stupidly
60. Lunch orders
62. For what reason?
63. Nutshell; briefly

"Encapsulating"

"FLAKE NEWS"

Last week's Quote-Acrostic
J(oe) QUEENAN: MOVING TARGETS:
Musical Instruments fall into three
categories: the quite loved electric
 guitars, piano, tenor sax; the respected
 clarinet, trombone, French horn; and
 those justly feared — didgeridoo, Moog
 synthesizer, bagpipes.

Last week's Sudoku

This week's Jumble

KNIGHT ATTEND SMOOCH GLADLY HOTTER EASILY
When the whole family got
involved in building an outdoor
living space, it was —

ALL HANDS
ON DECK
La Lumiere School, located in La Porte, Indiana, believes there are no shortcuts when it comes to education.

School news

British International School of Chicago, South Loop
Unmatched opportunities to create global connections and personalized learning enable British International students to dream big and reach their highest potential. At every stage of the learning journey, from age 3 to 18, students work toward individualized learning targets. This approach creates challenge and instills a love of learning, so every child can continuously grow — academically, personally and socially. British International students represent more than 30 nationalities and its highly qualified British teachers share expertise gained from posts around the world. They come together in its state-of-the-art facility for meaningful learning with curriculum that combines the best in the world. British International School of Chicago, South Loop is located at 161 W. 9th St., in Chicago. For more information, call 773-599-2472 or visit nordangliaeducation.com/our-schools/chicago/south-loop

La Lumiere School
La Lumiere School believes that education involves the formation of the entire person, and there are no shortcuts in an enterprise of this importance. On La Lumiere's wooded campus in La Porte, Indiana, relationships are forged founded on the dignity of every member of its community. From there, the school challenges and supports one another as together they develop character, ignite scholarship and cultivate faith. Graduation finds seniors who are well on their way to growing into the best versions of themselves. Hungry for the next challenge, students believe that they’re at the helm of their own journey and are ready to shine their light in the world.

La Lumiere School is located at 6801 N. Wilhelm Road in La Porte, Indiana. For more information, call 219-326-7450 or visit lalumiere.org.

Lake Forest Country Day School
Lake Forest Country Day School delivers a diverse and rich educational experience grounded in academics, arts and athletics to 2-year-old through eighth-grade students. LFCD delivers an emphasis on the whole child, including rigorous academics coupled with a strong social-emotional learning curriculum.

“Focusing on social-emotional learning doesn’t come at the expense of academics. In actuality, it serves to dramatically amplify a child’s success as a student,” says Head of School Bob Whelan. Whelan notes that scores for students with social-emotional instruction are 11 percent higher than those of students without this training.

In 2015, LFCDS launched a highly successful fall Special Speaker Series, which focuses on providing parents with access to leading child-development experts. This year, LFCDS welcomes "New York Times" parenting columnist and best-selling author
Spoke on "Educating the Whole of the Yale Center for Emotional Through the Seven Transitions into Untangled: Guiding Young People families from the LFCDS community. observe classes in session, and meet speak with teachers and students, an opportunity to tour the campus, Tuesday, Nov. 14. Open Houses provide offered at 9 am. Thursday, Oct. 19, and Experience, visit the fall Open House the public.

Speaker events are free and open to All of the Child, A Community Conversation Intelligence Dr. Marc Brackett who place at 10 am. Thursday, Oct. 26.

Earlier this fall, LFCDS hosted Director Adulthood.' Damour's lecture takes place at 10 am. Thursday, Oct. 26.

Dr. Lisa Damour who will discuss of faith, with families passionate about education, students fully engaged in their learning, and teachers committed to their practice as caring professionals.

CONTINUED ON PAGE 6
How to keep school uniforms looking like new

School uniforms can simplify dressing for school and may even bolster school pride among the student body.

The U.S. Department of Education says that wearing a uniform may help decrease the risk of violence and theft and instill discipline while helping school officials more easily recognize potential intruders.

Although once found only at religious and private schools, school uniforms are now worn at many public schools across the United States. The National Center for Education Statistics indicates roughly 20 percent of public and private schools across the U.S. required students to wear uniforms in the 2011-12 school year — the most recent year for which data is available.

School uniforms may help families save money on clothing. Although the initial cost of the uniform may be higher than some other clothes parents may purchase for school, uniforms can be worn again and again, saving parents the expense of buying many outfits for their kids to wear to school. Uniforms may even be available for purchase from multiple places, allowing families to shop around for the best prices. Some uniforms may be simple, such as a white shirt and khaki pants, so that parents have more options.

School uniforms require an investment, and it is important to take care of the uniforms so they can handle the wear and tear of daily use, as well as all of the potential hazards kids might experience in a typical day. These tips can help families keep school uniforms in the best condition possible.

**Launder gently.** Wash clothes in cold water to prolong the life of the clothing. When possible, line-dry items or tumble dry on low.

**Have a few backups.** Purchase a few pairs of pants, skirts and shirts that can be interchanged each day. This will cut down on how frequently uniforms need to be washed.

**Spot-treat stains immediately.** Kids seem drawn to stains from ink, grass, grease, and more, and these stains can permanently ruin clothing if they are not addressed promptly. Rely on some of these stain-removal techniques to keep uniforms looking newer longer:

- Soak clothes in cola for 30 minutes prior to laundering to remove greasy marks or food stains.
- A paste of white vinegar and baking soda can remove grass stains when worked into the stains and then washed.
- Spray pen marks with hair spray then blot to lift off the ink. Repeat as needed before laundering.

**Skip some washes.** If the uniform isn’t especially soiled or smelly, it may be possible to wear it again without washing. Clothes can often be “refreshed” by using at-home dry cleaning kits.

**Reinforce buttons.** Use a thin coating of clear nail polish to serve as a protective barrier on button finishes. This will help the buttons look newer longer. The polish also can strengthen the thread that holds buttons on.

Maintain a safe school bus stop

School buses are safe modes of transportation for children.

School buses are large and heavy vehicles that protect riders during collisions. School buses also help keep a greater number of passenger vehicles off of the roads during high-traffic school times.

The National Highway Traffic Safety Administration says that each year approximately 450,000 public school buses transport 23.5 million children to and from school and school-related activities around the United States. Although safety is enforced while students are on the bus, it is also vital for students to remain safe before they board. Ensuring a safe bus stop requires diligence.

**Safety starts with students and parents.** Students are under the authority of the bus driver while they are on the bus. But before they board the bus, students typically are not supervised. Chaperoned bus stops can help deter rowdy actions, particularly at crowded bus stops. Parents can rotate standing watch and keeping tabs on bus stop behavior.

**Arrive early at the bus stop.** Accidents can happen when people are rushing and not paying attention. NHTSA advises getting to the bus stop at least five minutes before the bus is scheduled to arrive.

**Stand at a safe distance.** Children should remain no less than six feet away from the curb or roadway while waiting for the bus to arrive. Parents should routinely remind students not to run and play at the bus stop.

**Lobby for safe bus stop locations.** District transportation directors are often tasked with choosing school bus stop locations based on local policies and attendance. Only basic requirements may be addressed, such as distance between stops. Parents and community members might be able to offer feedback regarding roads with low traffic volume and spots that offer maximum visibility during all seasons.

**Minimize street crossings.** Parents can drop children off on the side of the road where the bus will stop so the kids do not have to cross roadways unattended.

**Use traffic assistance whenever possible.** Children who walk to bus stops are urged to walk in crosswalks and on sidewalks and obey traffic controls. Parents can work with their children to find the safest routes to the bus stop, such as on residential streets rather than high-traffic roadways.

**Familiarize yourself with the route to the bus stop.** Parents are urged to research the area and know where potential hazards on the route to the bus stop may lie. This includes potential human hazards. According to BusBoss, a school bus routing and tracking company, it’s important for parents to know where registered sex offenders live and ensure kids avoid these homes on the way to the bus stop. Other hazardous areas include spots where drug activity or other illegal behavior occurs.

**Drive cautiously during school hours.** Drivers should exercise extra caution and reduce speeds when schools are opening and closing. There will be lots of students on the roads between 8 and 9 a.m. and again between 2 and 4 p.m.

Maintaining school bus safety is of the utmost importance. Students, parents and the school district can work together to make security a priority.
Lake Forest Country Day School
2017 Annual Special Speaker Series

New York Times Best-Selling Author

DR. LISA DAMOUR
THURSDAY, OCTOBER 26, 10 AM

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Woodlands Academy’s Center for Global Studies offers a comprehensive academic and experiential program that equips graduates to navigate through and flourish in a rapidly changing global landscape.

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October 22, 2017

openhouse.northridgeprep.org

Woodlands Academy of the Sacred Heart is a Catholic day and boarding college-preparatory school for girls.

SCHOOL NEWS
CONTINUED ON FROM PAGE 3
meaningful differentiation in the classroom. State-of-the-art technology is used in every classroom to make lessons dynamic and provide resources beyond traditional textbooks. The accelerated curriculum means St. Norbert students are well prepared for whatever high school they choose to attend.

While academics are the focus of the school, faith is the heart. Catholic values are integrated into the school day so the students aren't just learning their faith; they're living it. In addition to religion classes, students participate in Mass together every week. They prepare for the sacraments and look forward to religious celebrations.

Students at St. Norbert are encouraged to lead lives of service. The school's buddy program pairs older students with a younger buddy. They attend school Masses together and they participate in other activities together throughout the year. The students also initiate various community service projects including packing food for a local food pantry and visiting residents at a local nursing home.

At St. Norbert School, "Think Ahead" isn't just the school's tagline. It is the way it lives its mission. St. Norbert School prepares students to be lifelong learners, rooted in faith and committed to service. St. Norbert School prepares them to be successful; not just in high school, but in life.

St. Norbert School is located at 1817 Walters Ave, in Northbrook. For more information, call 847-272-0051 or visit stnorbertschool.org.

Woodlands Academy of the Sacred Heart
A Woodlands Academy of the Sacred Heart education is about thinking creatively and critically — asking tough questions, making connections and delving deep into ideas. As a Catholic day and boarding college-preparatory school for girls in grades 9-12, Woodlands welcomes students of all faiths from around the city, country and world.

The school offers a distinctive combination of academic excellence, opportunity, support and global studies experiences. The Center for Global Studies offers a comprehensive academic and experiential program that equips graduates to navigate through and flourish in a rapidly changing global landscape.

A Woodlands Academy education empowers girls to change the world.

Woodlands Academy is located at 760 E. Westleigh Road in Lake Forest. For more information, call 847-234-4300 or visit woodlandsacademy.org.

PRIVATE SCHOOL

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219-326-7450  
lalumiere.org

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Lake Forest  
847-615-6129  
lfcds.org

North Shore Country Day School  
310 Green Bay Road  
Winnetka  
847-446-0674  
nscds.org

Our Lady of Perpetual Help  
1123 Church St.  
Glenview  
847-724-6990  
olph-il.org

Rochelle Zell Jewish High School  
1095 Lake Cook Road  
Deerfield  
847-470-6700  
rzjhs.org

Resurrection College Prep High School  
7500 W. Talcott Ave.  
Chicago  
773-775-6616  
reshs.org

The School of St. Faith, Hope & Charity  
180 Ridge Ave.  
Winnetka  
847-446-0031  
faithhopeschool.org

St. Norbert School  
1817 Walters Ave.  
Northbrook  
847-272-0051  
stnorbertschool.org

Solomon Schechter Day School  
3210 Dundee Road  
Northbrook  
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Finding balance with extracurricular activities

Many high schools, colleges and universities emphasize their goals of producing well-rounded students. Extracurricular activities teach students important life lessons, provide them opportunities to socialize and often stimulate their minds and bodies in ways that differ from the stimulation provided in the classroom.

Data from the U.S. Census Bureau states that, in 2014, 57 percent of children between the ages of 6 and 17 participate in at least one after-school extracurricular activity. Children are more likely to participate in sports than clubs or lessons, such as music, dance and language, but each of these activities can be beneficial to students' development.

Students who participate in extracurricular activities may want to limit their participation to 20 hours per week. This is according to a group of professors from Stanford University and Villanova University who have been collecting data on the issue since 2007. In their report "Extracurricular Activity in High-Performing School Contexts: Stress Buster, Booster or Buffer?" Jerusha Conner and Sarah Miles found that 87 percent of kids who would be considered to have packed schedules were perfectly happy unless they were doing more than four hours a day.

The "over-scheduling hypothesis" may be overhyped. This is the concern that too much organized activity participation leads to poor developmental outcomes. This hypothesis also suggests that hectic schedules also undermine family functioning, detract from schoolwork and possibly increase the risk of copycat behaviors and excessive competitiveness. However, in the study "The Over-Scheduling Hypothesis Revisited: Intensity of Organized Activity Participation During Adolescence and Young Adult Outcomes," researchers J.L. Mahoney and Andrea Vest determined that controlling for demographic factors and baseline adjustment, extracurricular intensity was a significant predictor of positive outcomes and unrelated to indicators of problematic adjustment (e.g., psychological distress, substance use, antisocial behavior) at young adulthood.

Even though extracurricular activities are largely positive — even when schedules are packed — parents need to be aware of the diminishing returns of too many activities. This is something called the "threshold effect." Benefits from extracurriculars can level off when too many activities are being juggled. If a child is experiencing anxiety, sleeplessness or depression, or seems overly stressed, it could be time to reduce students' time spent doing structured activities.

It's essential that families use the cues given by kids to assess what students can handle.

How smart home technology can help you eliminate stress

Many parents have worries around the back-to-school season, especially if kids will be alone for a portion of the afternoon or in the morning before catching the bus. What if you could keep a better eye on things when you're not physically there? Here are some ways to use smart home technology to simplify daily routines and minimize stress knowing the kids are safe.

Start with a hub

A hub is like the brain of your home tech and connects to your router, allowing devices like locks, thermostats and lighting to communicate with one another. The hub can even send notifications to your mobile phone, so you can monitor and control your home remotely. With hubs such as SmartThings, Wink or Nexia, setting up your devices and customizations is simple. However, you may prefer a hub disguised as security panels, such as ADT Pulse or Vivint, or those that work with popular voice speakers, such as Amazon Echo and Google Home.

Customize

Scenes are an easy way to sync smart devices to perform a series of actions that make life more convenient. For example, you can wake your kids with a "good morning" scene that turns lights on and plays music via an Echo or Google Home.

Worried about energy bills? Keep kids from cranking the air after school with a smart thermostat, which lets you control the temperature throughout the day.

After homework and chores are complete, a voice control assistant will keep kids entertained with music, and a movie scene can lower lights and turn on speakers. Finish the day with a "good night scene," that shuts off lights, lowers the temperature, locks the doors and arms the security system.

Think safety

Your smart home can keep a watchful eye on kids. Smart door locks like Schlage or Kwikset eliminate the need for kids to keep track of housekeys, and let you know if they forget to lock the door when they leave. When they get home, you'll receive a notification letting you know they've arrived safely.

Security-focused solutions like the Piper NV camera and hub, or Abode's DIY security solution alert you when someone enters and exits, and even provide video clips to your phone. Smart sensors, such as those from Aeotec, can notify you whenever a window, door or even a cabinet drawer is opened.

During emergencies, kids can press Fibaro's Button device to activate an emergency scene that signals an alarm and sends a notification to your phone indicating they need help.

Future-proof your tech

Smart home tech doesn't have to be expensive; you can start small with a hub and a few devices and add more as your needs change. Just be sure all your devices can talk to one another now and in the future. With Z-Wave technology for example, devices from different manufacturers can communicate, no matter where you bought them, so consider looking for the Z-Wave logo when shopping for smart home technology. For smart home ideas and customer support, visit z-wave.com.

Alleviate back-to-school stress with new tools that help you keep kids safe and streamline your day.
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New ways technology is changing classes

Today's classrooms are in flux. And these changes, rooted in technological innovation, are making it easier for students to become more engaged and collaborative.

Here are several areas where technology is changing the way lessons are taught and information is absorbed.

Collaborative apps. While in the past, group study sessions and group projects could become logistical nightmares outside the classroom, class communication taking place among students and teachers at their convenience outside the classroom, class time is becoming more productive and efficient as a result.

Modern mathematics. The latest graphing calculators are a far cry from the kind you may remember from your own high school days. Certain models today feature the ability to draw 3D graphs and view them from various angles in order to better understand their shapes, as well as offer picture-plot function, for plotting graphs over real-life scenes. In the past, students may have felt isolated working out problems on their own, however, with the latest models, such as the fx-CG50 from Casio's PRIZM line, teachers can now easily display and share lessons with the entire classroom thanks to full-color textbook-style LCD display, and direct projector and USB connectivity.

Modern music. In many classrooms today, students are learning to read, write and play music on the most up-to-date digital pianos. Many such models offer the performance and playing comfort of acoustic pianos, but with the benefits of modern tech, such as split and layer capabilities, multiple audio outputs and two-track recording. To learn more, visit CasioMusicGear.com.

Smart gaming. Many students find traditional lectures a bit dry. But cutting edge educational gaming is more dynamic and exciting than ever before, with some classrooms even using immersive virtual reality experiences to help students understand history in unprecedented ways.

Connected projections. The modern lesson plan has nothing to do with chalk and chalkboard. Today, teachers are using the latest projectors to better connect students with the material. For example, Casio's XJ-UT351WN not only enables projection from data files stored on a USB memory device, but also allows wireless connection to smartphones with a downloadable app. The ability to display and annotate presentations as well as open an internet browser and display content in real-time, makes for dynamic delivery of lessons.

Classrooms that keep up with the pace of technological innovation offer their students more opportunities to connect and collaborate with each other and engage with the material.

StatePoint

Fun ways to get kids to enjoy math

For some kids, one of the toughest parts of the back-to-school season is getting back into the swing of math class. You can help ease the transition this fall and beyond by making math a wholly integrated part of the day.

Math plays a hidden role in so many aspects of daily life. By pointing out these connections in ways that are fun and engaging, you can help make math one of your child's favorite subjects — or at least less feared.

Bake your lesson plan: Learning fractions? Use pies and cookies to demonstrate the concept visually. It's a tasty and fun way to learn how fractions and percentages work.

Calculator fun: Get out the calculator and help children explore patterns. First to third-graders can add or subtract the same number repeatedly. Children will observe patterns that emerge and get a better sense of arithmetic. Children can even make their own "pattern puzzles," which are number sequences where some numbers are omitted. For example: 7, 14, __, __, 35, __, 49. The activity can make addition and multiplication more comprehensible. Look for a model that will be useful for the next several years of math class, such as the fx-300ES from Casio, which offers 2-line display and 240 functions. Free educational resources and activities to try on the calculator can be found at CasioEducation.com.

Money math: At home, use spare change to teach children simple addition and subtraction. Set a timer and see if they can make proper change in record time. Ask kids to solve increasingly difficult problems, and when they answer correctly, give them the change as a reward.

Make it interdisciplinary: Leverage your children's favorite school subjects and hobbies to pique their interest in math. If they love reading, help them select literature that celebrates math. If they find history fascinating, have them read about famous mathematicians and scientists who used math to make discoveries. For young athletes, there are always ways to turn that pick-up game in the park into a math lesson. Angles, distances, times and averages all figure into sports. Using these concepts in an applied way can make math more interesting.

Help kids get off to a great start this back-to-school season by making math fun and engaging.

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Travel back in time to 1930s Chicago with "A Century of Progress: A Photographic Tour of the 1933-34 Chicago World's Fair." This historical collection features more than 100 rare - and in some cases, unpublished - photographs documenting the fair's construction, demolition and everything in between. Readers will glimpse the technological feats and futuristic exhibits that characterized the fair, as well as elements of lasciviousness and insensitivity that, while clearly on display during the exposition, may prove shocking to modern readers.

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Chicago Tribune
Girlfriends give back with special breakfast

Ask any woman what her girlfriends mean to her and you will undoubtedly tell her they are a huge part of her life. Whether they are power walking around the neighborhood, shopping at a new local boutique, sipping wine at a book club, doing a yoga class or sitting together at a Starbucks for a much-needed counseling session, good girlfriends always find time to get together, even when life seems busy and overwhelming.

But there's something else girlfriends find joy in doing together—giving back. That was the idea behind the annual Girlfriends Breakfast, a charity event started 13 years ago by six women who wanted to bring girlfriends together to help make a difference in the lives of children in the community.

It all started in 2004, when about a half-dozen working moms who lived in Glenview and Northbrook launched Friends of Youth Services, an organization that aimed to raise money and awareness for Youth Services of Glenview and Northbrook. Youth Services is an agency that offers programs focused on early intervention, intervention and crisis response for children and their families.

While developing the concept of FOYS and planning fundraising events, members of the newly formed board thought of an idea they felt was untapped.

"There were lots of elaborate Saturday night gala events that you could go to as couples, but you had to dress up and get a baby sitter," said Julie Shechtman, a Glenview-based financial adviser for Morgan Stanley and mother of four, who was one of the original board members. "There wasn't anything out there for girls to get together during the day while our kids were at school. It was unique. It was like a daytime party.

The first Girlfriends Breakfast took place at a Glenview venue that held 125 guests, which at the time seemed like a lot of spots to fill.

"Ironically, I was a totally glum about the first one," said Patty Patt, an original board member and mom of three, who remained on the board for nine years and who served as president of Friends of Youth Services for two. "I was sure we would never get 125 women to come. Not only did we get that, but we ended up with a huge waiting list. We moved to a bigger venue the next year."

"The board was instrumental," said Shechtman, a past president of FOYS, as well as both an annual sponsor and hostess of the event. "We didn't do any advertising. We reached out to our girlfriends with handwritten notes and told our story and asked them to come. I think we hit a nerve because people wanted to give back in a way that was easy and fun."

According to Shechtman, the event has sold out every year, and organizers have changed venues a few times to accommodate larger crowds. The expected attendance of this year's Girlfriends Breakfast, scheduled for Nov. 3, at the Northbrook Hilton, is 350.

So what goes on at the Girlfriends Breakfast? Everything girlfriends love: drinking mimosas and coffee, eating breakfast, socializing and the biggest attraction—shopping in a room filled with boutique vendors selling clothing, accessories, jewelry, art and gifts. A percentage of every sale is donated to Youth Services.

"They have really unique, creative things, great for holiday or client or hostesses gifts," said Missy Jerfita, a Glenview-based Realtor who is a current board member and sponsor of the event.

Jerfita, who has participated in the Girlfriends Breakfast for several years, said for most girlfriends, the event has become a tradition.

"It's a great way to connect, to network, to see lots of friendly faces and old friends, and to meet friends of friends," she said.

Through ticket revenues, advertisers, sponsors, raffle tickets and vendor sales, the Girlfriends Breakfast has raised over $600,000.

I have personally attended The Girlfriends Breakfast for several years in different capacities.

I have gone as a guest, as a journalist and as a vendor! What I always see is the beauty of women who are so delighted to run into each other. They hug, they giggle, they laugh, they network, they catch up and they buy! You go home from the event proud and happy to be a part of a community of people who care, not only for each other, but for those in need.

"When listening to the speeches during breakfast, tears come to people's eyes," Shechtman said. "We are thinking, thank God I don't need these services, but if I did, these people are here for me. It's really a feel-good event."

For more information, visit ysgn.org. 
Connection between aluminum and Alzheimer's not known

By Dr. Robert Ashley
Ask The Doctors

Dear Doctor: My husband and I have been reading about a possible connection between aluminum and Alzheimer's disease. Some reports even discourage the use of aluminum foil for cooking. Is there a connection between aluminum and Alzheimer's?

Dear Reader: Your worries center around the most abundant metal and the third-most abundant element, one that by mass makes up 8 percent of the Earth's crust. Plants and animals have evolved in an environment in which aluminum is common. In fact, aluminum is even present in the human brain. This most fundamental of organs contains, on average, 1.02 milligrams of aluminum per gram of brain tissue. Further, brain levels of aluminum increase with age, causing researchers to take a look at how that happens—and what might be the result.

The human body absorbs aluminum from compounds in water, food, and aluminum-based utensils, deodorants and drugs. But at toxic levels, aluminum can damage neurons in the brain as well as DNA within neurons. The aluminum ion can affect normal cellular reactions in the brain, cause brain inflammation and lead to neurofibrillary tangles and amyloid deposits that are the hallmark of Alzheimer's disease. In fact, aluminum chloride in combination with the sugar D-galactose injected in rats and mice induces many of the brain changes and behavioral changes seen in Alzheimer's disease.

One important study researchers studied the postmortem brains of 12 people with familial Alzheimer's disease in England. They found elevated aluminum content in all but one of the brain samples. The researchers also found aluminum concentrated in neocortexes and amyloid deposits, which have been linked to Alzheimer's. They couldn't conclude that aluminum was the cause of the dementia; it may be that degenerative brain diseases concentrate and retain aluminum within the brain. Still, a connection seems clear.

The findings are alarming. Aluminum is more ubiquitous today than ever before. Aluminum hydroxide, aluminum sulfate and aluminum chloride are used in drinking water treatment and waste water management, and we use aluminum foil and aluminum in our food preparation and storage.

Considering such exposure, it's important to ask questions about the potential impact. A 15-year study in France assessed the aluminum levels in drinking water and the rate of Alzheimer's disease in multiple areas of southern France. The concentration of aluminum in the water varied from 0.001 to 0.514 mg/liter depending on location. Of the 1,677 people over the age of 65 who completed the study, 461 were diagnosed with dementia. Those whose aluminum intake was more than 0.1 mg per day had 2.26 times the risk of dementia compared with those whose intake was less than 0.1 mg per day. All of that said, neither I nor medical science overall can provide a clear and fast answer to your question about the risk of aluminum exposure. It is heartening, however, to know that water boards measure the amount of aluminum in drinking water at a time when the correlation between human exposure to high levels of aluminum and dementia is still largely unknown.

Robert Ashley, M.D., is an internist and assistant professor of medicine at the University of California, Los Angeles.

Send your questions to askthedocters@mednet.ucla.edu, or write: Ask the Doctors, c/o Media Relations, UCLA Health, 924 Westwood Blvd., Suite 350, Los Angeles, CA, 90095. Owing to the volume of mail, personal replies cannot be provided.

Craving ice? It could be a sign of celiac disease

By Joe Graedon and Teresa Graedon
King Features Syndicate

Q: My wife developed an intense ice craving. She crunched ice relentlessly at home and even when we ate out. As it turned out, she was seriously anemic and osteoporotic as well.

After almost four years of iron pills and blood infusions, a biopsy of her small intestines revealed celiac disease. This was in the days before diagnostic blood tests and general awareness of gluten intolerance. You have written frequently about ice cravings, but you haven't mentioned celiac disease as a potential causative factor?

A: A craving for nonfood substances such as ice, cornstarch or clay is called "pica." Anemia brought on by iron deficiency can trigger this condition.

As you correctly point out, anemia can be caused by celiac disease. This autoimmune disorder can damage the lining of the small intestine when susceptible people consume gluten from wheat, barley or rye. When this happens, it is hard to absorb nutrients like iron. Other minerals that often are affected include calcium, magnesium and zinc.

People with unexplained anemia and ice cravings should be tested for celiac disease. They also should be checked for other nutritional deficiencies.

Q: I am caught in a terrible situation. I have arthritis that affects my fingers, knees, hips and back. I also have a family history of heart attacks and strokes. Five years ago, I got two stents because of blockage.

My doctors told me that I cannot take NSAIDs for inflammation because of my heart condition. My rheumatologist will not longer prescribe hydrocodone for the pain. Without pain meds, my blood pressure goes way up, and I cannot sleep. What can I take to ease this agony without harming my heart?

A: You are caught in a classic double bind. The Food and Drug Administration has warned that NSAIDs like diclofenac, ibuprofen, meloxicam and naproxen have been linked to an increased risk of both heart attacks and strokes (July 9, 2015). If you were put on antiplatelet therapy to prevent a blood clot after the stents were placed, NSAIDs could raise your risk for gastrointestinal bleeding (Medicine, January 2015).

With these constraints, you may want to consider nondrug options such as ashwagandha, boswellia, bromelain and tart cherry juice.

Acupuncture or atherotherapy (bee stings) also may provide some benefit. To learn more, you may wish to read our online resource "Graedons' Guide to Alternatives for Arthritis." It is available for $4.99 at www.peoplespharmacy.com.

Before you start on any supplements, however, make sure to check with your physicians about the potential for interaction with your medications.

Q: My plantar fasciitis was off-the-charts painful. Shoe inserts just made it worse.

I started taking one of your remedies: I table- spoon Cerato in one cup of Welch's Concord grape juice. Within a few days I started experiencing relief. I now walk 5-8 miles a day with very little discomfort.

A: Other readers have reported success with this approach to plantar fasciitis. We're glad it was so helpful.

Q: I usually fall asleep OK, but then I wake up in the middle of the night. A friend told me to take magnesium before bedtime. That worked! I rarely wake up at 3:30 a.m. now.

A: Magnesium is indeed essential for good health.

Many people develop insufficiency in this mineral, especially as they age. A small placebo-controlled trial concluded that there was significant improvement in both subjective and objective measures of insomnia with magnesium supplementation (Journal of Research in Medical Sciences, December 2012).

Too much magnesium can lead to diarrhea, however. In addition, those with reduced kidney function should steer clear of this element.

In their column, Joe and Teresa Graedon answer letters from readers. Send questions to them via www.peoplespharmacy.com.
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Certificate of Sale that will entitle the purchaser to a deed to the real estate after confirmation of the sale. The real estate is improved with a single family residence. The judgment amount was $373,825.

Property Index No. 10-2012-211-003.

If this property is a condominium unit, the purchaser of the unit at the foreclosure sale other than a mortgagee shall pay the assessments required by the Condominium Property Act, 765 ILCS 605/18.4(b) for the condominium unit. The property will NOT be open for inspection and plaintiff makes no representation as to its condition.

NOTE: Pursuant to the Fair Debt Collection Practices Act you are advised that Plaintiff’s attorney is deemed to be a debt collector as defined in said FDCPA. Any information obtained will be used for the purpose of attempting to collect a debt and any information obtained will be used for that purpose.

The property will be sold at public auction to the highest bidder, as set forth below, with the following terms:

**Sale Terms:**
- 25% down of the highest bid by certified funds at the foreclosure sale on August 10, 2017.
- Payment in full of the amount bid, the purchaser will receive a Certificate of Sale that will entitle to a deed to the real estate after confirmation of the sale.
- The real estate is improved with a single family residence.
- If this property is a condominium unit, the purchaser of the unit at the foreclosure sale other than a mortgagee shall pay the assessments required by the Condominium Property Act, 765 ILCS 605/18.4(b) for the condominium unit. The property will NOT be open for inspection and plaintiff makes no representation as to its condition.

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INTERCOUNTY JUDICIAL SALES CORPORATION
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pay the assessments required by subsection 1g-il of Section 185 of the Community the purchaser of the unit other than a mortgagee shall pay for that purpose. The property will NOT be open for inspection and plaintiff makes no representation as to the quality or quantity of title and without recourse to Plaintiff and is AS IS condition. The sale is further subject to confirmation by the court. Upon payment in full of the amount bid, the purchaser will receive a Certificate of Sale that will entitle the purchaser to the deed to the real property after confirmation of the sale. The foreclosure sale is conducted by the Judicial Sales Corporation. The Judicial Sales Corporation conducts foreclosure sales for that purpose.

The property will NOT be open for inspection and plaintiff makes no representation as to the quality or quantity of title and without recourse to Plaintiff and is AS IS condition. The sale is further subject to confirmation by the court. Upon payment in full of the amount bid, the purchaser will receive a Certificate of Sale that will entitle the purchaser to the deed to the real property after confirmation of the sale. The foreclosure sale is conducted by the Judicial Sales Corporation. The Judicial Sales Corporation conducts foreclosure sales for that purpose.

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party checks will be accepted. The balance in certified funds/or wire

17 CH 00913

IN THE CIRCUIT COURT OF COOK COUNTY, ILLINOIS

vs

Case Number 17 CH 00913

OCWEN LOAN SERVICING, LLC;

Trustee

for the

trustee of

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ORDINANCE 2017-3

ORDINANCE PROVIDING FOR BUDGET AND APPROPRIATIONS OF EISENHOWER PUBLIC LIBRARY DISTRICT, COOK COUNTY, ILLINOIS, FOR THE FISCAL YEAR BEGINNING JULY 1, 2017 AND ENDING JUNE 30, 2018

WHEREAS, the Board of Trustees of the Eisenhower Public Library District, Cook County, Illinois, caused to be prepared and approved the Budget and Appropriations of said Library District for the fiscal year ending June 30, 2018, and

WHEREAS, a public hearing was held on August 21, 2017, for the purpose of hearing the public on the above mentioned budget and appropriations, and

NOW, THEREFORE, be it Ordained by the Board of Trustees of the Eisenhower Public Library District, Cook County, Illinois, as follows:

1. That the fiscal year of the Public Library District hereinafter referred to be from July 1, 2017, and ending June 30, 2018.

2. That the following budget containing an estimate of the funds available and expenditures is submitted to the above mentioned Board of Trustees, and the appropriations hereinbefore and hereafter, and are hereby adopted by the Board of Trustees for the purposes of the Eisenhower Public Library District, as hereinafter specified for the fiscal year ending June 30, 2018:

ESTIMATED REVENUES - ALL FUNDS

Table 1: Estimated Revenues for the Fiscal Year 2017-2018

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Property Taxes</td>
<td>$1,050,000</td>
</tr>
<tr>
<td>Telephone</td>
<td>$200,000</td>
</tr>
<tr>
<td>Insurance</td>
<td>$100,000</td>
</tr>
<tr>
<td>TOTAL GENERAL FUND</td>
<td>$1,350,000</td>
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</tbody>
</table>

3. That no expenditure shall be made from any fund without a vote of the Board of Trustees.

4. That the Board of Trustees, at any regular meeting, shall determine the amount of funds required for the operation of the Library District, and shall adopt a budget for the fiscal year ending June 30, 2018.

5. That the above mentioned Ordinance is hereby adopted by the Board of Trustees of the Eisenhower Public Library District, and is made part of this Ordinance.

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EMPLOYMENT OPPORTUNITY - LEGAL NOTICE

Notice pursuant to state law, the Board of Fire & Police Commissioners for the Village of River Grove, Illinois, will hold competitive examinations in River Grove to provide an eligible list for the position of Police Officer within the River Grove Police Department.

Pursuant to the River Grove Civil Service Rules, eligibility for Police Officer positions is limited to those persons possessing a high school diploma or an equivalent degree associated with service in the United States Armed Forces or having an associate's degree in the field of law enforcement or criminal justice, or a bachelor's degree in any field.

Applications must be submitted to the Administrative Offices located at 2621 Thatcher Avenue, River Grove, Illinois during regular office hours. Advance Applications and further information may be obtained from the Administrative Offices located at 2621 Thatcher Avenue, River Grove, Illinois.

All applicants must pay a $25.00, non-refundable, processing fee in advance of the application process.

The competition for placement on the eligibility list is open to any applicant who is eligible for appointment to any available position. An individual will disqualify an applicant from the competition if the application fails to pass any examination or if it is determined that the applicant has not met the requirements for appointment to any available position. Failure to pass any examination or failure to pass any examination or if it is determined that the applicant has not met the requirements for appointment to any available position. Failure to pass any examination or failure to pass any examination or if it is determined that the applicant has not met the requirements for appointment to any available position.

The competition for placement on the eligibility list is open to any applicant who is eligible for appointment to any available position. Failure to pass any examination or if it is determined that the applicant has not met the requirements for appointment to any available position. Failure to pass any examination or if it is determined that the applicant has not met the requirements for appointment to any available position.

All applicants must be citizens of the United States and have a high school diploma or its equivalent. All applicants must complete an application, have a valid Illinois driver's license, and have the ability to speak English fluently. A copy of the applicant's birth certificate and high school diploma or its equivalent must be attached to the application. Failure to attach both documents to the application will disqualify an applicant from the competition.

Any individual subsequently appointed by the board must complete a probationary period of employment, and may be required to reside within the boundaries established by Village ordinance.

The competition for placement on the eligibility list is open to any applicant who is eligible for appointment to any available position. Failure to pass any examination or if it is determined that the applicant has not met the requirements for appointment to any available position. Failure to pass any examination or if it is determined that the applicant has not met the requirements for appointment to any available position.

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BENEFIT RAISES $600,000 FOR NIGHT MINISTRY

Robert Jordan of Lincolnwood, left, and Carl Warschauksy of Winnetka were among 450 guests at the Light Up the Night awards dinner benefiting the Night Ministry of Chicago May 25. Held at Loews Chicago Hotel, the evening raised $600,000 that will help provide housing, health care and resources to community members struggling with poverty. See www.thenightministry.org.

GOLF TOURNAMENT RAISES $85,000 FOR THE CRADLE

Second Place Team: Beth Loeb of Highland Park, from left, Phyllis Thomas of Arlington Heights, Peggy Anselmo of Morton Grove and Gillian McLaughlin of Chicago were among 78 golfers at the 2017 Cradle Classic Golf Tournament at the Glen View Club, Golf, June 26. Benefitting The Cradle, Evanston, which has offered ethical adoption services for 94 years, the day raised $85,000. See www.cradle.org.

BEACH PARTY RAISES $325,000 FOR PAWS CHICAGO

Jill Monoscalco and Chompers of Morton Grove joined 500 other people and 100 dogs at the 15th Annual PAWS Beach Party at Castaways on North Avenue Beach, Chicago, on July 20. The day raised $325,000 that will support PAWS work to save homeless pets and find homes for them. See pawschicago.org.

Looking for holiday bazaar information

Winter holidays are on the way. Let us know about your holiday bazaar, boutique, cookie walk or other gift-selling event and we'll include it in our annual Holiday Bazaar listings. Please send full information — event name, location, time/date, brief description, website — by Oct. 12 to Deborah Hoppe, dhoppe@pioneerlocal.com.
EVERYTHING WITHIN REACH

ACCESS EVERYTHING YOU NEED,
EVERY TIME YOU NEED IT.

Enjoy more access to your kitchen with custom pull-out shelves for your existing cabinets.

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*Limit one offer per household. Applies to purchases of 5 or more Classic or Designer Glide-Out™ shelves.
Expires 12/31/2017. Lifetime warranty valid for Classic or Designer Solutions.
COMMUNITY REAL ESTATE HOMES IN YOUR AREA

NORTH BROOK
Four-bedroom, 2.5-bath home in cul-de-sac location. Open floor plan. Vaulted living room ceiling. Formal dining room. Updated eat-in kitchen with granite and access to wrap-around deck. Family room with sliding doors to private backyard and patio. Updated master bath and hall bath plus additional walk-in closet. Hardwood floors. Two-car attached garage with crawl space. New roof and recently updated windows.

Address: 1350 Brookside Lane
Price: $459,000
Schools: Glenbrook North High School
Taxes: $7,981
Agent: Robin Blumenthal/Coldwell Banker Residential

DEERFIELD

Address: 10 Carlisle Ave.
Price: $449,900
Schools: Deerfield High School
Taxes: $14,115
Agent: George Seaverns/RE/MAX Suburban

BARRINGTON
Three-bedroom, 2.5-bath village home. Fully updated with fresh paint, new carpet, kitchen and baths. Stainless steel appliances, granite counters and custom cabinets. Master bedroom with updated luxury master bath. Additional loft upstairs with multiple potential uses. Private, professionally landscaped yard with brick paver patio. Finished basement with recreation space and a separate exercise room. Attached two-car garage with asphalt driveway.

Address: 26881 W. Taylor St.
Price: $469,000
Schools: Barrington High School
Taxes: $8,905
Agent: John Morrison/@properties

WILMETTE
Remodeled brick ranch with four bedrooms and three baths. Open floor plan. White kitchen with subway tile backsplash, granite counters and stainless steel. Hardwood floors throughout main level. Sunken living room with large windows. Full finished basement with family room and wet bar. Circular drive and four-car garage.

Address: 537 Romona Road
Price: $519,000
Schools: New Trier Township High School
Taxes: $9,766
Agent: Anthony Disano/Parkvue Realty

Listings from Homefinder.com

Skokie's senior theater troupe: Still Acting Up presents:
THE LAST RESORT

Directed by Genevieve Fowler and Music by: Barbara Brown, Brenda Segal, and Mark Lazar

In the final week of a senior summer resort the young at heart go to find some fun and possibly love.

Wednesdays, October 11 & 18 at 2 p.m.
Saturdays, October 14 & 21 at 7:30 p.m.
Sundays, October 15 & 22 at 2 p.m.
Devonshire Playhouse • 4400 Greenwood, Skokie

Tickets
Adults $15/$16
Seniors $13/$15
Children (-12) $8
Groups (15+) $11

Advance tickets available at SkokieParks.org/Devtickets.html and Devonshire Cultural Center

Devonshire CUTFIL

Sunday, October 8 • 2:30-3:30 p.m.
at the Devonshire Cultural Center and Park
4400 Greenwood St. Skokie

Come one come all to the Devonshire County Fair. Fun for the whole family with a performance of Children's Characters, Hay Wagon Rides, Inflatable Fun, Pig Eating Contest, Egg Toss, Mini-Pumpkin Decorating, Popcorn, Cotton Candy, Jellies and Jam for Sale, Interactive Circus Activities, Fantasy Face Painting, Blues, Folk, and Country music.

$10 per person for a book of event tickets
$25 per family of four
$2 per individual event ticket

Listings from Homefinder.com
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when you remodel
with Revive!
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Serving Cook, Lake, Dupage, Kane and Will Counties
<table>
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<tr>
<th>ADDRESS</th>
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<td>2415 W Rose Ave, Lake Zurich Heights</td>
<td>Jonathan J Risilii</td>
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<td>4211 N Mallard Dr, 5, Arlington Heights</td>
<td>Stevan Nagpalovski &amp; Tetiana Nagpalovski</td>
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<td>1127 Miller Ln, 208, Buffalo Grove</td>
<td>Anson Nisch &amp; Amy L Chiao</td>
<td>Andrew Warren</td>
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<td>4 Red Tail Dr, Buffalo Grove</td>
<td>Joseph N Larocco &amp; Anne A Lirocco</td>
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<td>Taylor Mark Parks</td>
<td>James Roberts</td>
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<td>Andrew G Ries &amp; Lisa M Ries</td>
<td>Lee R Schaps</td>
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<td>7955 Hamilton Ct, 10, Deer Park</td>
<td>Michael Goldman &amp; Jane Goldman</td>
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<td>649 Wynegate Ln, Buffalo Grove</td>
<td>Timothy J Chang &amp; Nhu N Cho</td>
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<td>Gregory Kollman &amp; Marina Kollman</td>
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<td>Chandeep Singh</td>
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<td>1128 W Northlake Blvd, Des Plaines</td>
<td>Mango Niu</td>
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<td>07-21-17</td>
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<td>1702 Mill St, 602, Des Plaines</td>
<td>Pawel K Czajkowski</td>
<td>Tadeusz Houhel</td>
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<td>208 Oakwood Ave, Des Plaines</td>
<td>Charles W Woody</td>
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<td>9249 Barlin Ln, Des Plaines</td>
<td>John Kurvitsiva &amp; Theresa Roman</td>
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<td>1036 Hollywood Ave, Des Plaines</td>
<td>Feliciana Rojas</td>
<td>Allam Ali</td>
<td>07-21-17</td>
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<td>1764 Spruce Ave, Des Plaines</td>
<td>Elizabeth Pachyrczyk</td>
<td>William D Larue</td>
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<td>208 Willowfield St, Des Plaines</td>
<td>William Onell &amp; Whitney J Matthews</td>
<td>Lisa Rispoli</td>
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<td>543 Bedford Ln, Des Plaines</td>
<td>Jarrin Kowal</td>
<td>Ignacy Dudzik</td>
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<td>Joseph Sobczak &amp; Anna Zanabazka</td>
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<td>3701 Old Glenview Rd, Evanston</td>
<td>Loris Dolan</td>
<td>Konrad Gerstenberg</td>
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<td>515 Main St, 506, Evanston</td>
<td>Someswar Rao Duggirala &amp; Muru S Dindyal</td>
<td>Aaron W Vinson</td>
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<td>2475 Central St, 3A, Evanston</td>
<td>Karen Dahl</td>
<td>Jack L Seymour</td>
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<td>801 Central St, Evanston</td>
<td>Carrie Stewurt</td>
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<td>2032 Cleveland St, Evanston</td>
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<td>Mark Lebben</td>
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<td>Slawomir Slebokwcz</td>
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<td>Matthew Edelman</td>
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<td>Donald P Schaf</td>
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<td>Taylor Morrison Of Illinois Inc</td>
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<td>Jeffrey S Kon</td>
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<td>Charles Baum</td>
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<td>Carl D Wagner</td>
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<tr>
<td>2415 N Rose Ave, Lake Zurich</td>
<td>Joseph D Laro &amp; Karina A Lirocco</td>
<td>Future Savings LLC</td>
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<td>Harshwardhan Date &amp; Jaime Datta</td>
<td>J B Steven</td>
<td>07-11-17</td>
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This list is not intended to be a complete record of all real estate transactions. Data compiled by Record Information Services | 630-557-1000 | public-record.com
COMMUNITY CALENDAR

Listings are subject to change. Please call the venue in advance.

Thursday, Oct. 5

Carrie Mae Weems: Ritual and Revolution: Carrie Mae Weems often creates works that blur the lines between fiction and documentary to explore universal human experiences through the black subject. Composed of 18 diaphanous printed cloth banners with a poetic audio track, Ritual and Revolution (1998) explores the historic human struggle for equality and justice. 10 a.m. daily, Mary and Leigh Block Museum of Art, Northwestern University, 40 Arts Circle Drive, Evanston, free, 847-491-4000

William Blake and the Age of Aquarius: This exhibition explores the impact of British visionary poet and artist William Blake on a broad range of American artists in the post-World War II period. This considers how Blake's art and ideas were absorbed and filtered through American visual artists from the mid-1940s through the 1960s. This is when Blake became a model of nonconformity, individuality and resistance to authority. 10 a.m. daily, Mary and Leigh Block Museum of Art, Northwestern University, 40 Arts Circle Drive, Evanston, free, 847-491-4000

SAIC Art Exhibition at Fashion Outlets of Chicago: Fashion Outlets of Chicago is featuring the work of three Master of Design graduate students from the School of the Art Institute of Chicago (SAIC), as part of The Collection: Where Art Meets Fashion. 10 a.m. daily, Fashion Outlets of Chicago, 2200 Fashion Outlets Way, Rosemont, free, 847-957-4600

The Drowsy Chaperone: The story includes two lovers on the eve of their wedding, a bumbling best man, a desperate theater producer, a not-so-bright hostess, two gangsters posing as pastry chefs, a misguided Don Juan and an intoxicated chaperone, and you have the ingredients for an evening of madcap delight. 7:30 p.m. Thursday, 7:30 p.m. Friday and 2 p.m. Saturday, Skokie Theatre, 7924 N. Lincoln Ave., Skokie, $29-$39, 847-677-7761

Friday, Oct. 6

Duke Ellington's Greatest Hits: American composer, pianist and bandleader Duke Ellington composed thousands of songs for stage and screen during his 50-year career. This concert includes: “Satin Doll,” “Mood Indigo,” “Sophisticated Lady,” “It Don't Mean A Thing (if it Ain't Got That Swing),” “Take the ‘A’ Train” and so many others. 8 p.m. Friday, 2 p.m. Sunday and 2 p.m. Wednesday, Nichols Concert Hall, 1490 Chicago Ave., Evanston, $34 and up; half price for 25 and under, 847-920-5360

Showcase ETHS — A Tribute to YAMO's 60th: Evanston Township High School's student-produced revue YAMO opens Oct. 6, for a seven-night run in the school’s Upstairs Theatre. YAMO annually pokes fun at current events, but this year's theme is a murder mystery, as they present "YAMO, She Wrote." Tickets are available online at the website. 7:30 p.m. Friday and 7:30 p.m. Saturday, Evanston Township High School, 1600 Dodge Ave., Evanston, free, 847-424-7130

Retail Therapy Night on Central Street, Evanston: There is late night shopping fun on Central Street in Evanston. Businesses remain open late with discounts, promotions, demos, raffles and refreshments. 6 p.m. Friday, Central Street shopping district, 1800-2700 Central St., Evanston, free, 847-804-5566

Friday Fun for Ages 3-5 with Adult: Ticketed Event: Join the Youth Services Librarians with an occasional special guest or two to explore, play, and learn something new on the first and third Fridays of the month. A parent or caregiver must be present, and the tickets are given out 20 minutes prior to the program. 10:30 a.m. Friday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Silver Screen Series: “The Birds”: The film is not rated. This is about a small Northern California town that is suddenly terrorized by bizarre bird attacks. The cast includes: Rod Taylor, Tippi Hedren. 2 p.m. Friday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Friday Fun and Games: This is for all adults to come and play familiar games, learn new games, make friends and challenge their brain power. Drop by the North Suburban YMCA every Friday morning from 10:15 to 11:15 for an hour of board, card or word games. Bring your own favorites, or just show up and play what's on the table. Free coffee and tea available while you play. For more information, contact Karen Brownlee, kbrownlee@nsymca.org, 10:15 a.m. Friday, North Suburban YMCA, 2705 Techny Road, Northbrook, free, 847-272-7250

Shabbat B’Yachad Service and Dinner: The service is at 6 p.m., with dinner at 6:45 p.m. During Shabbat B’Yachad there is a special service for families with children age's birth through 2nd grade and families with children in grades 3rd through 6th can participate in the main congregational service. Enjoy dinner together as a community following the service. Cost for dinner for immediate family is $25 and $10 per additional adult. Contact Matt Rissien. 5:45 p.m. Friday, Congregation Beth Shalom, 3433 Walters Ave, Northbrook, $25 family; $10 additional adult service only free, 847-498-4100

A Week In Portugal: Start your Portuguese adventure in Lisbon, with stops along the way to visit the Pen Palace in Sintra and the charming town of Obidos. Visit the Castelo de São Jorge for an overview of Lisbon and then the Alfama's twisting, narrow streets and the neighborhoods of Belem and Baixa. There is also a book store that is said to have inspired J.K. Rowling, and so much more. 1 p.m. Friday, North Shore Senior Center, 161 Northfield Road, Northfield, $10 member; $15 nonmember, 847-784-6030

Art and Artists in the Movies: Explore some of the greatest artists of all time in this feast for the eyes. Spend time with Vermeer, Camille Claudel, Van Gogh, Rembrandt and many others as they create some of the most beautiful works of art in history. Witness art theft in “The Thomas Crown Affair” and visit the Art Institute of Chicago with Ferris Bueller. Experience the beauty of sculpture, painting, light, color and perspective in this cinematic celebration of art. 10 a.m. Friday, North Shore Senior Center, 161 Northfield Road, Northfield, $12 member; $17 nonmember, 847-784-0030

IIlinois Secretary of State Mobile Unit Visit: The Illinois Secretary of State Mobile Unit visits NSSC to provide services onsite including renewal or correction of drivers' license for drivers less than 74-years of age. Get a new, renewal or corrected state ID, free to those 65 and over. Also, license plate stickers, and motor voter registration with renewal of license or ID and organ donor registration with renewal of drivers' license or ID. Proper identification is needed for any of these services, and it is given on a first come-first served basis. 10 a.m. Friday, North Shore Senior Center, 161 Northfield Road, Northfield, free, 847-784-6030

The Power of When — Discover Your Chronotype: In the Power of When, Dr. Michael Breus uses the new and popular science of chronobiology to show an important key to unlocking our full potential. Join Harriet Porter, LCSW, to discover and discuss chronobiology. The short chronotype quiz is available at www.thepowerofwhen.com. Please complete the quiz for the first class. 1 p.m. Friday, The Woman's Exchange, 330 Lincoln Ave., Winnetka, $60, 847-443-3406

Storytime with Brad Meltzer: This story time is with best-selling author Brad Meltzer. Two new additions to his series for our youngest readers are celebrated. The two newest titles are: “I Am Sacagawea” and “I Am Gandhi,” which are told in a conversational way that works well for young nonfiction readers and that always includes the hero's childhood influences. At the back are an excellent timeline and photos. 4:30 p.m. Friday, The Book Stall at Chestnut Court, 811 Elm St., Winnetka, free, 847-446-8880

Saturday, Oct. 7

Polyglot Toastmasters meeting: Polyglot is the only Toastmasters International Club in the United States that conducts its meetings in German. If you speak German or want to keep it fresh or improve it, visit this club. Please email andrew.weileruiuc@gmail.com for the current location, as sometimes they meet at places other than the Des Plaines Library, 9:30 a.m. Saturday, Des Plaines Public Library, 1501 Ellinwood St., Des Plaines, free, 847-827-5551

Undeniable: Women's Health in America: Women's health in America is a loaded issue politically and socially. The connection to and control over our bodies is closely intertwined with health and well being. Artists reveal the complexities of concerns, ranging from living with altered bodies after cancer treatments to speaking out about the frustrations of lack of access to equality of care. 1 p.m. Saturday, Evanston Art Center, 1717 Central St., Evanston, free, 847-475-5300

Ice House Gallery Evanston Grand Opening: A new art gallery and rentable work space is opening up in the heart of South Evanston right off the purple line. Guests can tour the upstairs work space and view the featured artist's work that is displayed, while listening to music and enjoying refreshments. Join the opening celebration. 1717 Central St., Evanston, free, 847-803-2070

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Monday, Oct. 9

**Adult Book Discussion: “LaRose”:** This book discussion features “LaRose” by Louise Erdrich. After a tragic hunting accident, Landreaux Iron gives away his own son to his friend's family according to tradition, leading to a tenacious peace that is threatened by a vengeful adversary. Books for the next discussion are distributed to Lincolnwood residents at each meeting. 11 a.m. Monday, Lincolnwood Public Library, 4000 West Pratt Ave., Lincolnwood, free

**Knitting Roundtable for Adults:** Ronnie Rund, an expert knitter, shows attendees how to knit or how to solve knitting challenges. Bring one’s current project(s) and needles. 2 p.m. Monday, Morton Grove Public Library, 6140 Northfield Ave., Morton Grove, free, 847-965-4220

**Six Mistakes to Avoid When Planning for Retirement:** Wally Brown, wealth management advisor, presents six critical mistakes people make when planning for retirement and how to avoid them. 7 p.m. Monday, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

**Ballroom Dance Classes:** A basic ballroom dance class starts at 6:45 p.m. and an intermediate class is at 7:45 p.m. Monday, Bernard Weinger JCC, 300 Revere Drive, Northbrook, $10 per person per class, 847-577-2227

**Boost Your Brain Power:** Discover proactive ways to enhance cognitive functioning in this class that features mental exercises such as social reminiscence, trivia games, picture puzzles, scrambled sentence games, letter counting, entangled figure games, visual puzzles and even creative healthy snacks. Make practical changes that will keep your mind sharper longer. 10 a.m. Monday, North Shore Senior Center, 161 Northfield Road, Northfield, $15 nonmember, 847-784-6030

**LADO National Folk Dance Ensemble of Croatia:** “LADO” National Folk Dance Ensemble of Croatia presents the rich and diverse regional musical and choreographic traditions of Croatia, which is geographically situated at a crossroad of Europe in which the Mediterranean Balkan, Pannonian and Alpine influences are found in the dances, music and costumes. 7 p.m. Monday, North Shore Center for the Performing Arts, 9501 Skokie Blvd., Skokie, $34-$65, 847-673-6300

**Organize Your Photos Workshop – Part II:** If you have lots of photos on your phone or computer and you would like to make an album or share them, in the Part I of the workshop, Jessica Jolly, digital coach, explored the different computer programs for storing and organizing photos. This Part II is a chance for hands-on technical support, to dig in using the program that has been chosen. 11 a.m. Monday, The Woman’s Exchange, 630 Lincoln Ave., Winnetka, $30, 847-441-3406

**Tuesday, Oct. 10**

**Bikes, Gas Buggles and Burma Shave:** Chicago actor R.J. Lindsey portrays R.E. Olds, Oldsmobile's founder. The innovative early history of the automobile and stories of early cross-country auto racing, including the first women to travel from New York to San Francisco, are presented. Please register at glenviewpl.org/register or call 7 p.m. Tuesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

**Drop-in Homework Help Center (grades 1-8):** High school volunteers to the (homework) rescue! Thirty-minute sessions for homework, reading and math skills practice provided on a first-come, first-served basis. Children may be grouped by subject and grade level. 6 p.m. Tuesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

**Introduction to Excel 2010:** Registration is required for this hands-on workshop to learn simple formatting and entering/editing data. Registration is limited to six. The prerequisite for attendees: they must be experienced and comfortable with computer, keyboard and mouse. 7 p.m. Tuesday, Morton Grove Public Library, 6140 Northfield Ave., Morton Grove, free, 847-965-4220

**Breath of Fresh Air: Improved Breathing with Exercise:** Living with breathing difficulties can be draining. There are safe exercises that can be done even if you have COPD, asthma or chronic bronchitis. These difficulties may even be improved through a regular exercise routine. This discussion provides tips for exercising safely, as well as covers deep breathing exercises and relaxation techniques. 1 p.m. Monday, North Shore Senior Center, 161 Northfield Road, Northfield, $10 member; $15 nonmember, 847-784-6040

**Panel on Hospital Safety for People with Hearing Loss:** Represents from several area hospitals explain how they help people with hearing problems in the challenging hospital setting. Guests can present ideas and questions, as well as learn how to advocate for themselves in this collegial discussion on improving patient experience. The auditorium is equipment with a hearing loop. 10 a.m. Monday, North Shore Senior Center, 161 Northfield Road, Northfield, free, 847-784-6030

**The Gift of Years Discussion Group:** Be enlightened by the wisdom of Joan Chittister’s “The Gift of Years: Growing Older Gracefully.” This three-week book discussion is facilitated by Kathy Fink from the Counseling Center of the North Shore. Chittister’s belief is that the purpose of aging is to learn and practice to live in the present, with her emphasis on looking inside ourselves. 3:30 p.m. Tuesday, The Woman's Exchange, 630 Lincoln Ave., Winnetka, $45, 847-441-3406

**Meet Scott Simon, host of NPR's Weekend Edition:** Chicago native, lifelong Cubs fan, and NPR Weekend Edition Saturday host Scott Simon discusses his new book, “My Cubs: A Love Story.” Tickets are not required, and this is open to the public. A book signing follows, with copies of Mr. Simon's books available for purchase courtesy of The Book Stall. 7 p.m. Tuesday, Wilmette Junior High School, 620 Locust Road, Wilmette, free, 847-256-6930

**Movies, Munchies and More: “Little Boy”:** The film, which is rated PG-13 is about an 8-year-old boy who is willing to do whatever it takes to end World War II. He wants to do this so he can bring his father home. The cast includes: Emily Watson, Jakob Salvati, Kevin James. 11:30 a.m. Tuesday, Morton Grove Public Library, 6140 Northfield Ave., Morton Grove, free, 847-965-4220

**The True Flag: Mark Twain and the Birth of American Empire:** It can be argued that the real birth of American empire began with the first movement across the continent by the new United States, incorporating Florida, the Louisiana Purchase, the northern half of the Mexican territory and the lands of the native population. However, Stephen Kinzer’s illustrative new history, “The True Flag,” takes the reader back to the turn of the 20th century when the first acts of overseas empire were argued and acted on. 1 p.m. Tuesday, North Shore Senior Center, 161 Northfield Road, Northfield, $49 member; $68 nonmember, 847-784-6030

**Public Affairs with Linda Lutton:**

**Wednesday, Oct. 11**

**Lego Club (Grades 3-6):** Join us for our monthly free build. We provide the Lego, you bring the ideas and everything will be awesome. Please register at glenviewpl.org/register or 847-729-7500. 4 p.m. Wednesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

**FAFSA Workshop for Parents of High School Seniors:** Make a one-on-one appointment with a representative from the Illinois Student Assistance Commission (ISAC) for help with filling out the FAFSA application. Visit or call the Reader Services Desk at 847-729-7500, ext. 7600, to register for an appointment and to receive a list of documents to bring to your workshop. Glenview Library card required. 5:15 p.m. Wednesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

**WORD 2013 Basics:** Learn how to create and edit documents. Glenview Library card is required. Please register at glenviewpl.org/register or call. 10 a.m. Wednesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

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CALENDAR

Lincolnwood Knitting Circle: Come share tips, show off your work or learn how to knit or crochet with needle-art enthusiasts. Bring your own knitting supplies or use the library's limited supply. 11 a.m. Wednesday, Lincolnwood Public Library, 4000 West Pratt Ave., Lincolnwood, free

Presentation: Medicare Made Clear: John Larson, a Medicare insurance specialist, explains Medicare and Medicare Advantage, as well as Medicare supplemental and prescription drug coverage. Participants get information to help them choose the right plan during Medicare open enrollment. 7 p.m. Wednesday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Northbrook Farmers Market: 7 a.m. Wednesday, Cherry Lane and Meadow Road, Northbrook, free

The Great Depression: Professor Gary Midkiff takes the audience through the U.S.'s greatest crisis since the Civil War, as he examines the longest and most severe depression ever experienced. 10 a.m. Wednesday, North Shore Senior Center, 161 Northfield Road, Northfield, $19 member; $28 nonmember, 847-784-6030

The Artful Musicals Inspired “La La Land”: “All That Jazz”: Bob Fosse’s semi-autobiographical film was based on aspects of his life and career as a dancer, choreographer and director. The film was inspired by his manic effort to edit his film “Lenny” while simultaneously staging the 1975 Broadway musical “Chicago.” It borrows its title from the Kander and Ebb tune from that musical. From the dazzling opening production number that fully captures the energy of a Broadway cattle call to the surreal ending of a man dying on a Broadway stage. 12:30 p.m. Wednesday, North Shore Senior Center, 161 Northfield Road, Northfield, $12 member; $17 nonmember, 847-784-6030

Fall Color Walk: This is a fall color hike led by an expert Lake County Forest Preserve conservationist. Learn basic tree identification, get a refresher on why leaves change color in autumn, and hear how critters adapt to the coming cold weather. 11 a.m. Wednesday, North Shore Senior Center, 161 Northfield Road, Northfield, $12 member; $17 nonmember, 847-784-6030

Knitting Studio and Workshop: Each Wednesday afternoon, Certified Knitting Instructor Mary Stackmann provides personalized instruction, answers any questions about knitting, and perhaps gets you started on a new project. Bring your supplies or project in progress. Brush up on your skills, learn new techniques, or just spend an afternoon knitting with others. 1:30 p.m. Wednesday, North Shore Senior Center, 161 Northfield Road, Northfield, free, 847-784-6060

Networking Luncheon at McCormick and Schmick's Rosemont: Join the Park Ridge Chamber of Commerce to hear Tom Kelly present, “The Attraction Principle: How to Shift from Working to Getting Clients to Attracting Them Effortlessly.” Lunch is included: $25 member fee; $30 for regular fee or walk-ins. 11:30 a.m. Wednesday, McCormick & Schmick's, 5320 N. River Road, Rosemont, $25-$30, 847-825-3121

Lit Lounge: “Blue Boy” by Rakesh Satyal: This book discussion – Lit Lounge warmly welcomes new members and registration is not required. The book description: Kiran, a young son of Indian immigrants, does not fit in with other Indian children and he soon questions his love for dolls and make-up means he is secretly a Hindu god.

Getting It Together: Personal Finance for Women: The Getting It Together – Savings and Investing class is designed and facilitated by Anne Wieboldt, MBA CFA(R) CFP(R), and Nancy Wieboldt, MBA CFA(R), to help attendees to become a more confident financial services consumer. You will learn how to tackle a number of common financial concerns and how to solve new concerns as they arise. 4:30 p.m. Wednesday, The Woman's Exchange, 630 Lincoln Ave., Winnetka, $25, 847-441-3406

Linkedin Workshop: LinkedIn has expanded. Michael Gershbein from Very Smart People will show attendees how to use the extended social networking site to connect with other professionals, find a job, and keep on top of business news. 10 a.m. Wednesday, The Woman's Exchange, 630 Lincoln Ave., Winnetka, $25, 847-441-3406

Have an event to submit? Go to www.ChicagoTribune.com/Calendar.
Bahry, Janice E

Janice E Bahry, 88, of Park Ridge, Illinois peacefully passed away in the comfort of her home on Friday, August 25, 2017. She was born on January 2, 1929, in Menominee, MI to George and Margaret Everson. Janice is preceded in death by her husband George Bahry. She is survived by her five children; sons Gregory T Bahry, Douglas G Bahry, Jeffery B Bahry, Scott M Bahry, one daughter Susan Margaret Field, and three grandsons, Brent A Bahry, Sean C Bahry and Nicholas G Bahry. Janice was an extraordinary woman, and loving mother, grandmother and wife. She will be missed by all who knew her.

A Memorial Service will be held at:
St Mary's Episcopal Church
306 S Prospect Ave, Park Ridge, IL 60068
On: Oct 7, 2017 — At: 11:00 AM

In lieu of flowers, donations can be made “in memory of Janice Everson Bahry” to the Area of Support of “Environmental Studies Internship Fund” at give.uchicago.edu

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Photos are for representative purposes only. Offers good through October 11, 2017.
Soccer helped Niles North's Odicho assimilate

BY JAKUB RUDNIK
Pioneer Press

Amcy Odicho was, by his own account, quite small as a freshman. He spent his first high school soccer season on the Niles North freshman B team.

It was the same fall he was taking classes in full-speed English for the first time, and taking (and sometimes failing) the same spelling tests as classmates who were native English speakers.

Fast forward three years, and Odicho is a captain and vocal leader on the Vikings varsity team. Niles North boys soccer coach Filip Cejovic said Odicho's been perhaps the best player on a team that is out-performing expectations at 8-6-5 through its 1-1 draw against Prospect on Saturday. And he's excelling in school and taking an AP government class.

Odicho, who lived in Tell Tamer in northeastern Syria until he was 10, immigrated to the U.S. with his parents and three brothers because his parents wanted them to get the best education possible, and they already had some family in the U.S.

When he came to the country he spoke no English — he was taught Arabic in school and spoke Assyrian at home — and in middle school he took English Language Learners classes. But from the get-go, Odicho said he found easy friendships through soccer. He's continued to grow through the sport as the years have gone on.

"For immigrant students there's a language barrier, maybe there's a confidence barrier, maybe there's an assimilation barrier, but maybe sports is a way to fight through that," Cejovic said. "I feel like in his case he found himself in soccer, and he found confidence and inspiration and wanting to be the best he could be, and I think soccer was a vehicle, a tool for him, to grow not only as a soccer player but as a human being. His transformation has been nothing short of impressive."

Odicho now lives in Skokie and played center back since his first coach at Old Orchard Junior High played him there in seventh grade. His current coach said Odicho isn't spectacular in any certain area on the field, but that doesn't mean he isn't an exceptional player. Cejovic said Odicho's work ethic — he never missed a summer practice or workout and attended every open gym — and appreciation of his chance to play the sport are what sets him apart.

"He's the kind of kid who understands how amazing it is to be a high school athlete from a much broader level than an average American high schooler," Cejovic said. "He's appreciative of that. He invests himself fully in every opportunity that he's afforded."

At Niles North, Odicho has found commonality with his coach. Cejovic was 13 years old when he immigrated to the U.S. in the 1990s from Serbia, which saw strife at the end of the decade, culminating in the NATO bombing of Yugoslavia. He also arrived speaking no English, but graduated from Maine South in 1997 before playing soccer at DePaul. The pair have developed a bond through their similar experiences.

"He had to start all over, and I think soccer was what got him started, or boosted him I think, like it did to me," Odicho said. "He understands the struggle. I think he learned a lot of lessons when he was younger and moved here, I think that might help him connect with players more since he has such a diverse program and diverse school."

Odicho is now looking to follow in his coach's example and play soccer collegiately. He wants to studying business. Cejovic said his player has the skill and the grades to make it happen.

Whether Odicho plays somewhere next fall or not, he's come a long way since he first came to the U.S., and soccer has been key to his journey.

"I've always used soccer as a motivation to keep my grades up, since if you're failing classes you can't play," Odicho said. "It also helped me gain a lot of friends. It is easier to make friends with soccer, especially not speaking English at all in fifth grade. All you have to do is say 'pass' or 'ball,' you only have to learn that one word and that's it, that's all you need to know. The sport's worldwide. It's a great icebreaker if you ever need it."

Jakub Rudnik is a freelance reporter for Pioneer Press. 

Twitter @PioneerPress
Deerfield wins tourney, Highland Park wins conference

BY STEVE SADIN
Pioneer Press

Warriors junior Kailey Bertram recorded the first eagle of her career during the Central Suburban North meet and helped Deerfield win the tournament.

On the 261-yard, par-4 14th at Wilmette Golf Club, Bertram used a 4-wood on her drive and the ball settled 85 yards from the pin on Sept. 27. Then she selected her wedge.

"I was facing downhill so I decided to punch it," Bertram said. "I watched it go in the hole from there."

It was her eighth hole of the tournament, which had a shotgun start, and she worked to keep her composure.

"I was so excited," said Bertram, who went on to earn medalist honors with a 76.

Though the Warriors won the tournament with a 335, they finished second to Highland Park in the final league standings. The Giants, who finished with a 350, went 4-0 in league dual meets.

Highland Park

Giants girls golf coach Cathy Nachman said freshmen Emilia Schwenk and Samantha Fahn added a spark to Highland Park's run to the Central Suburban North title with continual bursts of enthusiasm.

"Their love of golf is a big part of our success," Nachman said.

Fahn carded a 97. Schwenk, who tied for seventh with an 87 at the conference meet on Sept. 27, likes the way golf makes her think.

"I love the mental part of the game," Schwenk said. "You have to figure out the right shot all the time."

Maine South

Golf gave a second athletic life to Maine South senior Emille Kracik. She was a three-sport athlete playing volleyball, basketball and softball for the Hawks.

After she suffered three concussions and was forced to spend a significant amount of time out of school while she recovered during her sophomore and junior years she is now in her fifth year of high school.

Kracik said she did not want to give up sports so she tried out for golf in the fall of 2015 and is now the captain. She is scheduled to graduate in the spring.

"It gave me friends I never would have had if it were not for golf," Kracik said.

She shot a 96 at the Central Suburban South meet on Sept. 27 at Wilmette Golf Course. The Hawks placed third with a team score of 361.

Niles West

Alena Sirichotiratana, a Niles West junior from Morton Grove, tied for ninth at the Central Suburban South meet with an 87 on Sept. 27 at Wilmette Golf Club. She said she shaved 10 strokes off her game in the last year by making better decisions.

"Rather than using my 4-wood to try to hit the ball 240 (yards) I'll use a 4-iron and 8-iron to get closer to the hole," Sirichotiratana said.

Maine South's Emille Kracik watches her drive during the Central Suburban League meet on Sept. 27 at Wilmette Golf Club.
Curcio enjoys strong day at conference meet

BY STEVE SADIN
Pioneer Press

Jack Curcio, a Maine South senior, almost recorded back-to-back eagles at the Central Suburban South meet.

Thanks to an eagle on the par-4 16th and a birdie on the par-5 17th, he ended with a 73 on Sept. 26 to finish in a tie for fourth at Sportsman's Country Club in Northbrook.

Curcio, a Park Ridge resident, drove the green on the 16th and made his putt for the eagle.

"To be able to see him do it was cool," said Niles West freshman Kyle Gibson, who was part of Curcio's foursome. "He two-putted on the next hole or he would have had another eagle."

Curcio said his drive landed 243 yards from the green on 17 and he put his second shot 15 feet from the hole with a 4-hybrid. He said he concentrates on every putt, but never gets nervous.

"If it goes in it goes in," Curcio said. "If it doesn't it doesn't."

Niles North

Niles North boys golf coach Tom Zera created an intramural contest to help his players compete and stay focused, even after a string of bad holes.

The rules are simple: Whoever has the best score for any three consecutive holes wins a sleeve of three golf balls.

"It keeps it fun," Zera said. "Even if you have a few bad holes you still get a chance to start over and win."

Niles North recorded a team score of 389 and placed sixth out of six teams at the Central Suburban South meet on Sept. 26 at Sportsman's Country Club in Northbrook.

Niles West

Niles West coach Mitch Stern is excited about the Wolves' future with every member of his varsity team scheduled to return next season.

Among the players expected back are three current freshmen: Kyle Gibson from Niles, Christopher Villanueva from Morton Grove and Elijah Kim from Lincolnwood.

Stern said a number of athletes who started playing golf as underclassmen dropped the game as they got older, giving the three freshmen an opportunity to play varsity golf.

"They have no idea how much better they're going to get," Stern said.

Niles West placed fifth at the Central Suburban South meet with a 333 on Sept. 26 at Sportsman's Country Club in Northbrook.

Steve Sadin is a freelance reporter for Pioneer Press.

Maine East's Cashen scores season-best 85

BY GARY LARSEN
Pioneer Press

Maine East junior Will Cashen posted his best score of the season at the Central Suburban North meet, finishing with an 85 at Glencoe Golf Club on Sept. 27.

"I think he's been in the low 90s this year but never in the 80s," Maine East coach Tony Montesano said. "I really notice that his course management has been better over the last couple weeks: He's taking an easier swing and being more aware of his capabilities. He's not taking those risky shots and it's been paying off."

"Playing aggressive golf might be fun, but playing intelligent golf is what has carried Cashen at season's end."

"We all tend to have a perfect shot in our mind but most of the time, that's not what happens," Montesano said. "Will has been better about managing that tendency and playing smarter."

Gary Larsen is a freelance reporter for Pioneer Press.

Maine South's Jack Curcio putts on the 10th hole at the Central Suburban South boys golf meet on Sept. 26 at Sportsman's Country Club in Northbrook.
Celebrating Success. Celebrating the Journey.

It's time to vote!

The polls are open for the October Athlete of the Month challenge! Go to chicagotribune.com/suburbs/athletes through noon on Oct. 12 to cast your vote. You may vote once every 12 hours. Winners will be featured in print and online, receive a commemorative plaque, and his or her school will receive $250, presented by Country Financial.

**HIGH SCHOOL ATHLETE OF THE MONTH**

Name: Tommy Brady
Year in school: Junior
School: Maine South
Sport: Boys cross country
Best game: Brady won the Palatine Meet of Champions, a race that Hawks boys cross country coach Greg Nordahl called "prestigious." He finished in 14 minutes, 44.8 seconds. Libertyville's Alexander Tam placed second in 14:47.1. Brady helped Maine South finish eighth as a team.

Name: Ty Gavin
Year in school: Junior
School: Notre Dame
Sport: Football
Position: Running back and safety
Best game: Gavin rushed for three touchdowns in the Don's 25-7 victory over rival St. Patrick in Week 5 in River Grove. Gavin's big game gave him 10 rushing touchdowns and over 500 yards on the ground this season.

Name: Jonathan Cherian
Year in school: Senior
School: Niles West
Sport: Boys soccer
Position: Forward
Best game: Cherian scored five goals in the Wolves' 8-2 victory over Montini on Sept. 23 in Skokie to set the school and program single-game record for goals scored.

**WEEK 6 FOOTBALL RESULTS**

<table>
<thead>
<tr>
<th>Stadium</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Barrington</td>
<td>26, Palatine 24</td>
</tr>
<tr>
<td>Buffalo Grove</td>
<td>44, Elk Grove 7</td>
</tr>
<tr>
<td>Deerfield</td>
<td>24, Vernon Hills 8</td>
</tr>
<tr>
<td>Glenbrook South</td>
<td>40, Niles West 0</td>
</tr>
<tr>
<td>Hersey</td>
<td>35, Wheeling 0</td>
</tr>
<tr>
<td>Highland Park</td>
<td>26, Glenbrook North 7</td>
</tr>
<tr>
<td>Lake Zurich</td>
<td>27, Lake Forest 0</td>
</tr>
<tr>
<td>Maine South</td>
<td>1, Niles North 0</td>
</tr>
<tr>
<td>Maine West</td>
<td>51, Maine East 0</td>
</tr>
<tr>
<td>New Trier</td>
<td>27, Evanston 17</td>
</tr>
<tr>
<td>Rolling Meadows</td>
<td>42, Prospect 8</td>
</tr>
<tr>
<td>Stevenson</td>
<td>24, Libertyville 10</td>
</tr>
<tr>
<td>Warren 48</td>
<td>Mundelean 7</td>
</tr>
<tr>
<td>Friday's scores</td>
<td></td>
</tr>
<tr>
<td>Downers North</td>
<td>28, OPRF 23</td>
</tr>
<tr>
<td>Fenwick</td>
<td>47, Marmion 36</td>
</tr>
<tr>
<td>Glenbard West</td>
<td>35, Lyons 3</td>
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<tr>
<td>Hinsdale Central</td>
<td>49, Proviso West 0</td>
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<tr>
<td>Hinsdale South</td>
<td>51, Proviso East 6</td>
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<tr>
<td>IC Catholic 45</td>
<td></td>
</tr>
<tr>
<td>Riverside-Brookfield 0</td>
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</tr>
<tr>
<td>Leyden 14</td>
<td>Addison Trail 7</td>
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<tr>
<td>Loyola 34</td>
<td>St. Rita 14</td>
</tr>
<tr>
<td>Nazareth 28</td>
<td>Joliet Catholic 6</td>
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<tr>
<td>Notre Dame 41</td>
<td>Carmel 14</td>
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<td>Eight-man football:</td>
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<tr>
<td>Lake Forest Academy 26</td>
<td></td>
</tr>
<tr>
<td>Rockford Christian Life 0</td>
<td></td>
</tr>
</tbody>
</table>

**COLLEGE NOTES**

St. Joseph grad Becton paces Middlebury football

**BY SAM BRIEF**

Elmhurst native Wesley Becton was named Co-Defensive Player of the Week in the New England Small College Athletic Conference on Sept. 18.

Becton, a St. Joseph graduate, is a senior linebacker at Division III Middlebury College in Vermont. He dominated in the Panthers' 30-27 win against Wesleyan on Sept. 16. He had 10 tackles, forced a fumble and added a sack. In a 41-14 win against Bowdoin the following week, the 6-foot, 205-pound Becton amassed four tackles, including a sack.

Maine South's Justin Fahey, Ibrahim Nasir and Jack Pistorius join Becton on the Panthers' roster.

**Radke already a force for NIU volleyball**

Stevenson graduate and 2016 Pioneer Press girls volleyball Player of the Year Jordi Radtke has been stuffing the stat sheet for the Northern Illinois women's volleyball team.

The freshman outside hitter from Buffalo Grove ranks in the top three on her team in points and kills. Radtke, the Stevenson record-holder for kills in a season and in a career, has also notched six service aces this season, tied for the most on the team.

Radtke is joined by Maine South alumna Destiny Deyro, a freshman who has recorded 15 digs in nine matches this season.

Austin finds the end zone for Elmhurst again

 Lyons alumus Hasahn Austin, a wide receiver for the Elmhurst College football team, scored on Sept. 23, marking back-to-back games with a touchdown.

Austin hauled in a 10-yard touchdown pass from quarterback Orlando Hernandez to open the scoring against Wheaton College, the fourth-ranked Division III team in a recent American Football Coaches Association poll. Austin, a 5-10, 160-pound freshman, finished with three catches for 55 yards, including a 35-yard reception.

The previous week, Austin caught an 18-yard touchdown pass as part of a three-catch effort in Elmhurst's 23-20 win against North Park. Meanwhile, Austin's teammate Matt Brachmann, an Elmhurst resident, increased his season totals to 206 yards receiving and four touchdowns.

Have a suggestion for College Notes? Email Sam Brief at briefsam@gmail.com.

Sam Brief is a freelancer.

**CORRECTION**

A story in last week's paper about Dr. Philip Skiba misstated his connection to British triathletes Alistair and Jonathan Brownlee. Skiba developed the training system the British Triathlon Federation used with its elite athletes; however, he did not directly train the Brownlee brothers.
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