

NILES HERALD-SPECTATOR

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Election town hall

Cook County officials host informational meeting for voters. Page 9



LIBBY ELLIOTT/PIONEER PRESS

Cook County Commissioner Larry Suffredin, right, speaks during the Feb. 23 town hall meeting he hosted with county Clerk David Orr, left. The pair held the event to provide voters information about the election process.

LIVING

Simple tips to keep your budget afloat

Mommy on a Shoestring recommends cost-saving strategies for an afternoon out with the family to save money without sacrificing fun, such as joining loyalty programs and visiting local culture centers, such as the Mitchell Museum in Evanston, shown at right. Inside



MITCHELL MUSEUM OF THE AMERICAN INDIAN

SPECIAL SECTION



ANATOLIY SAMARA/2XSAMARA.COM - FOTOLIA

Summer camp guide

Summer will be here before you know it. Check out our Summer Camp Guide to find the perfect camp for you. Inside



MOVIES

Now playing

Check out our reviews of films in theaters. Page 35

SPORTS



BRIAN O'MAHONEY/PIONEER PRESS

Healthy competition

Strict standards help high school wrestlers make weight "the right way." Page 39



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SHOUT OUT

Shalom Klein, economic development chair

Skokie resident Shalom Klein is vice president of his family book-keeping and accounting business, the founder of Jewish B2B Networking and Jewish Business News, a radio host of the weekly "Get Down to Business With Shalom Klein," the chair of Skokie's Economic Development Commission, co-founder of the village's Dempster Street Merchants Association and much more.

Q: Where did you grow up?

A: I was born in Vernon Hills, but I lived in Skokie almost all of my life. I grew up on Lincolnwood Drive and lived there until I got married.

Q: Do you have pets?

A: One dog, Buddy — a goldendoodle. He just turned 2. I actually wanted to call him Teddy because I love politics and then my wife said, "Buddy, come over here" and that was that.

Q: What book are you currently reading and what book would you like to read next?

A: I just read a book by Howard Schultz, the owner of "Starbucks," called "Onward: How Starbucks Fought For Its Life Without Losing



PIONEER PRESS

Shalom Klein

Its Soul." I'd next like to read Condoleezza Rice's book "No Higher Honor." I have an enormous amount of respect for her.

Q: What was your first job?

A: The first job is a job I still have today. From a very young age, I've always been involved in our family business in the accounting firm. I started doing my dad's invoices when I was probably 12 years old.

Q: As a kid, what did you want to be when you grew up?

A: A rabbi. I've always loved community work and working with people. Over time, though, I learned there's other ways to be

involved in community without being behind the pulpit.

Q: Is there a movie you'd recommend?

A: I don't go to a lot of movies but I actually love musicals and plays.

Q: Any words of wisdom?

A: Learn things from everybody you interact with. I really mean that. I network and talk to a lot of people all the time and I can literally count on one hand the number of times I didn't gain in the conversation.

Q: Favorite local restaurant?

A: I love every local small business and have found a way to visit with just about every one of the independently-owned restaurants in Skokie.

Q: Are there any interesting factoids about yourself?

A: I didn't drink coffee when I went to school. I only started drinking coffee when I learned how to network and eventually realized it was awkward for me to be sitting across from people at Starbucks without ordering anything.

— Staff report

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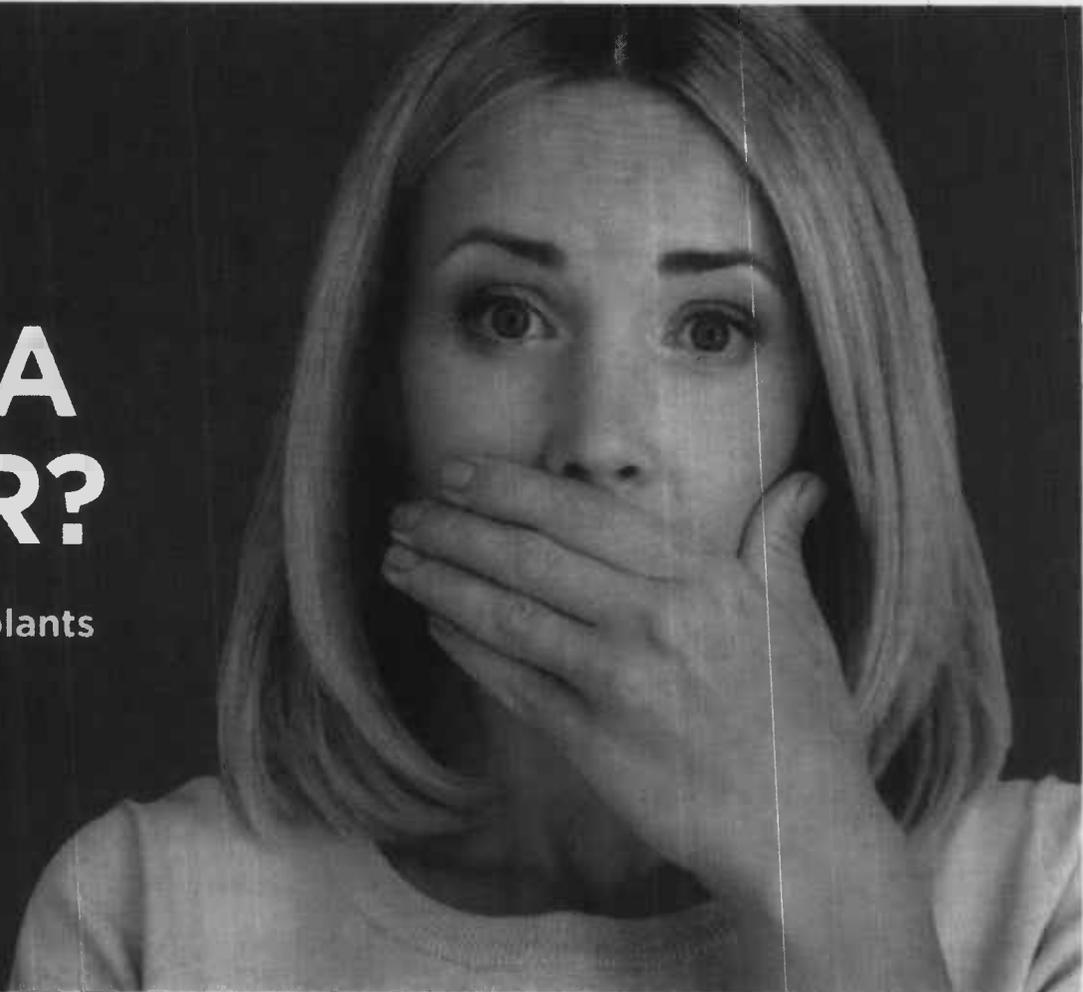
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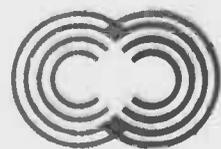
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Judge: You abused position of trust

Rev. James Dokos pleaded guilty to stealing more than \$100K from church

By **TONY BRISCOE AND KATE THAYER**
Chicago Tribune

A Greek Orthodox priest from Chicago who pleaded guilty to stealing more than \$100,000 from his church had his felony theft conviction reduced to a misdemeanor Feb. 22.

A judge in Milwaukee agreed to instate the lesser conviction after the Rev. James Dokos satisfied the terms of his year-long probation, including 40 hours of community service, which he fulfilled by volunteering in a Chicago church.

Dokos, 64, will continue to avoid jail time if he pays a \$5,000 fine within the next year, officials said.

While leading Annunciation Church in Milwaukee, Dokos tapped into a trust fund intended to benefit the church and used the money for personal expenses, according to authorities. The priest controlled the \$1 million fund — money that was left to the church by former parishioners — and used it to pay personal credit card bills, buy jewelry for a relative and provide gifts of more than \$6,000 to a high-ranking church official in Chicago, among other unauthorized purchases, according to a 2013 Tribune analysis of trust fund records.

Parishioners at Annunciation began looking into the trust fund spending after Dokos was transferred by church leaders in Chicago to Sts. Peter and Paul congregation in Glenview. They contacted authorities in Milwaukee after an investigation by officials at the Greek Orthodox Metropolis of Chicago determined the priest had engaged in no wrongdoing.

Feb. 22 in court, Milwaukee County Judge Jeffrey Conen chastised Dokos for abusing his congrega-

tion's trust.

"This is an extremely serious set of circumstances that a member of the clergy used and embezzled funds... that were to go to the church," the judge said. "I always have a significant problem with somebody who was in a position of trust, who abuses that position of trust and steals money."

Dokos, who has repaid the money to the church, pleaded guilty to theft last year, under the condition that the felony charge would be reduced to a misdemeanor if he performed his community service and otherwise abided by the rules of probation.

As was the case when he pleaded guilty a year ago, Dokos did not offer an apology in court Feb. 22.

When the judge asked Dokos if he wished to say anything, the priest responded, "I'm just grateful for your time and consideration in this matter."

The judge also warned that, even with a misdemeanor theft conviction, Dokos could still be jailed for up to nine months. Conen instead imposed an additional \$5,000 fine against Dokos, who must pay it within a year.

"I feel like there has to be consequences, and, yes, a conviction is a consequence, but I feel like there has to be other consequences for a violation of law," the judge said. "I can take a look at jail time, but I do not think that is appropriate here."

Dokos' attorney, Patrick Knight, noted that in addition to repaying the money, his client paid a "huge financial settlement" to Annunciation.

The specific figure was not provided, but Knight said it was "far beyond anything (prosecutors) were attempting to seek in terms of restitution."



ABEL URIBE/CHICAGO TRIBUNE

The Rev. James Dokos during a 2014 court hearing in Milwaukee for allegedly spending more than \$100,000 from a church trust fund. He was later convicted of felony theft, which was reduced to a misdemeanor Feb. 22.

Scott Taylor, an attorney for Annunciation, confirmed the church reached an out-of-court settlement with Dokos last year. He declined to give further details.

"I'm certainly not surprised there was no jail time," he said of the penalties Dokos received.

Dokos is on a leave of absence with the church, but provides voluntary assistance in ministry, Knight said. Prosecutor David Robles said Dokos fulfilled his court-imposed community service by working at St. Andrew Greek Orthodox Church in Chicago, where he was involved in preparations for Lent and other church functions.

Following the hearing, a Metropolis spokesman released a statement: "The court has rendered its verdict, including the approval of all terms and conditions of Rev. Dokos' probation and community service. The Greek Orthodox Metropolis

of Chicago has no additional comment regarding this tragic case."

The spokesman did not address whether Dokos will return to formal priestly duties.

Records shows that the No.-2 ranking official at the Metropolis, Bishop Demetrios of Mokissos, received \$6,700 in checks written by Dokos from the trust fund. Metropolis officials have said that financial gifts to church hierarchy are traditional and that the source of the gifts from Dokos "was not questioned."

The church hierarchy in Chicago, which oversees Greek Orthodox congregations in several Midwestern states, has come under criticism for its handling of the allegations.

The Metropolis initially did its own investigation, which found that Dokos' spending from the fund was in accordance with its terms.

Later, when the parish

council president at Sts. Peter and Paul in Glenview asked that Dokos be placed on leave during the criminal investigation, Metropolis leaders angrily rebuked the council president and instead removed him from the position.

After media reports surfaced, the Metropolis posted a message on its website saying leaders "stand together to deplore the use of public media outlets as a means of handling internal issues and conflicts that confront the Church." The statement did not refer specifically to the Dokos allegations.

Later, Bishop Demetrios was warned by a Milwaukee prosecutor against "potential efforts to intimidate witnesses," related to emails that another Annunciation priest said he had exchanged with the bishop about the case. That priest was later reassigned.

Sts. Peter and Paul member George Karcazes, who

has been critical of Dokos and the Metropolis, said the scandal has hurt the church, which has lost many families over the matter. Karcazes has said he was removed from a parish committee after speaking out.

"People see this and they leave the church, because they are so disappointed in the leadership of the church," Karcazes said.

He said many in the community are anxious to see whether Dokos is reinstated.

"I don't know how many people are going to want to show up and take communion from this man," Karcazes said. "The church discipline is what everyone is looking for. ... Everyone wants to see where he's assigned next, whether it's Sioux City, Iowa, or Chicago."

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Incumbent faces lifelong resident in mayoral race

Three village board members unopposed

BY GENEVIEVE BOOKWALTER
Pioneer Press

Niles' current mayor faces a challenger in the April 4 general election, while three of Niles' six village board members will hold on to their positions after no one filed to run against them.

Mayor Andrew Przybylo, with the Promises Kept party, will run against challenger Steven Yasell, an independent, according to the Cook County Clerk's office.

Przybylo was elected mayor in 2013 after 24 years as a trustee.

Village board members George Alpogianis, Danette O'Donovan Matyas and John Jekot, all of the Promises Kept party, are running unopposed and will be re-seated, according to the county clerk's office. All three were seated with Przybylo as part of a 2013 slate.

Andrew Przybylo

Przybylo, 65, has lived in the village since 1981. He's running to keep his seat because, "I started quite a bit of projects that another four years would allow me to complete," he said.

Przybylo said he also is concerned about flood control and plans to move on to the next phase of the village's flood control project this year, which would include repairing and replacing water pipes. He plans to continue Niles' ethics training, senior crime reduction program and animal control efforts, which have been especially helpful in curbing the village's skunk problem.

If elected, new projects could include dealing with the city's firefighter and police pensions; building a



BRIAN O'MAHONEY/PIONEER PRESS

Niles mayor Andrew Przybylo, above right, shown in May 2016, is challenged by Steven Yasell, below, in the upcoming election.



STEVEN YASELL PHOTO

"cozy shopping district" to attract those who now buy online; and listing Niles' leaning tower as a National Historic Landmark, among other efforts, Przybylo said. That shopping district could include redeveloping around the tower.

Steven Yasell

Yasell, 28, a lifelong Niles resident, was the first baby born in the village in 1989, he said. He is challenging Przybylo because "the village needs strong leadership."

Yasell got involved with local politics after flooding affected his home in 2008 and he felt the village's response was inadequate, he said. He hopes to im-

prove Niles' flood management and repair aging water mains that break with increasing frequency, among other projects.

Yasell said he supports Niles' agreement to buy Lake Michigan drinking water from Evanston instead of Chicago, the village's current provider. But he would like to see Niles hold off on replacing pipes carrying water from Chicago if village leaders soon will build new ones to tie into Evanston's system.

"There's no point to making pipes bigger from Chicago if we're going to be cutting them off in a few years," he said.

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PCE-OC55

Evanston looking to raise Skokie water rates, sell to Lincolnwood

BY GENEVIEVE BOOKWALTER
Pioneer Press

Skokie water rates could go up and Lincolnwood could soon tap into Evanston's Lake Michigan water as Evanston officials discuss the future of the city's water sales, according to a city report.

Evanston already notified Skokie officials that the 20-year water agreement between the two municipalities would not be renewed

when it expires later this month, according to a report accepted at Evanston's Feb. 13 city council meeting. The two towns are considering a 10-month extension to work out a new agreement that, according to the report, could mean "the Skokie rate would increase significantly."

In the meantime, Evanston officials said they would like to see Skokie's rates go up for the 10-month negotiating period.

"We're just trying to find

a rate that will work for us in this interim period while we negotiate a new long-term agreement," said Evanston City Manager Wally Bobkiewicz. "We still haven't found it."

Right now Skokie buys Lake Michigan water from Evanston and pays for water treatment costs. But the village pays only "a low percentage" of the distribution costs, according to Evanston reports. A specific cost increase amount was not listed. More details are

expected at Evanston's Feb. 28 city council meeting.

Meanwhile Lincolnwood in "recent weeks" has been in touch about switching water providers from Chicago to Evanston, according to the report.

Evanston staff has provided Lincolnwood with a proposed water rate and could deliver water to Oakton Street and McCormick Boulevard, from where Lincolnwood would pipe it to village residents, according to the report. Talks contin-

ue between officials from the two towns.

The report on Skokie and Lincolnwood comes after Evanston in January approved agreements to provide Lake Michigan water to former Chicago water customers Morton Grove and Niles, with delivery starting as soon as 2018.

That deal will increase the number of suburban customers using Evanston water from 400,000 now to about 450,000, according to city figures. Morton Grove

and Niles users are expected to make up about 13 percent of those using Evanston water.

The sale is expected to earn Evanston an additional \$735,000 in revenue next year, rising to \$1.2 million in 2022, according to city reports. No water treatment plant improvements should be needed to accommodate the demand, Evanston officials said.

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POLICE BLOTTER

The following items were taken from Niles police reports. An arrest does not constitute a finding of guilt.

FRAUD

■ Richard Lach, age not provided, of the 22600 block of Imperial Drive, Richton Park; and Latavia Hudson, 29, of the 3700 block of West 82nd Place, Chicago, were each charged with possession of a fraudulent identification card on Feb. 7. Police said the pair attempted to pick up an online order from a store in the 5700 block of Touhy Avenue using fake ID cards. According to police, multiple credit cards printed with the same number, but different names, were also seized from a vehicle the pair were in. Lach and Hudson were each scheduled to appear in court Feb. 28.

THEFT

■ Dinko Kralchev, 33, of the 600 block of East Falcon Drive, Arlington Heights, was charged with retail theft on Feb. 4 after he allegedly stole food and trading cards from a store in the 8500 block of Golf Road. Kralchev is scheduled to appear in court March 24.

■ Shahmila Rafiq, 21, of the 2200 block of West Thome Avenue, Chicago, was charged with retail theft on Feb. 7 after she

allegedly stole merchandise from a store in the 6100 block of Touhy Avenue. Rafiq is scheduled to appear in court March 24.

DUI

■ Alejandro Ortiz, 30, of the 7500 block of North Ridge Boulevard, Chicago, was charged with driving under the influence on Feb. 4 following a traffic stop in the 8100 block of Milwaukee Avenue, police said. Ortiz is scheduled to appear in court March 17.

■ Mohamed Abutaleb, 40, of the 6300 block of Lincoln Avenue, Morton Grove, was charged with driving under the influence on Feb. 5 following a traffic stop in the 9100 block of Milwaukee Avenue, police said. Abutaleb is scheduled to appear in court March 17.

■ Nino Spuria, 51, of the 8100 block of Farnsworth, was charged with driving under the influence and illegal transportation of alcohol on Feb. 9 after police and paramedics reportedly found Spuria unresponsive behind the wheel of his car, which was stopped in a restaurant drive-thru lane in the 8800 block of Dempster Street. Spuria is scheduled to appear in court March 28.

DISORDERLY CONDUCT

■ A 52-year-old Wheeling

man was ticketed for alleged disorderly conduct Feb. 9 after a 46-year-old man said he was pushed while working out inside a fitness center in the 9200 block of Milwaukee Avenue. The Wheeling man reportedly told police the other man was blocking a mirror, so he put his hands on him to move him away, but did not push him.

PROPERTY DAMAGE

■ All four tires were slashed and the rear windshield and driver's door were damaged on a car parked in the 8200 block of Elizabeth Avenue overnight between Feb. 4 and 5, police said.

■ Police said an accelerant was poured down a playground slide Feb. 4 at Jonquil Terrace Park at Oleander Avenue and Mulford Street and a fire was lit.

DRUG POSSESSION

■ A 19-year-old Des Plaines man was charged with possession of marijuana Feb. 4 following a traffic stop in the 7300 block of Dempster Street, police said.

THEFT

■ An 80-year-old woman told police that her purse was stolen Feb. 4 while she was shopping inside a store in the 7900 block of Milwaukee Avenue. The

woman reported that two other women began asking her questions about an item she was looking at, and after they left, the woman discovered her purse missing from her shopping cart.

■ A bicycle was reported stolen Feb. 4 from outside an apartment building in the 8200 block of Dempster Street.

■ A bag was reportedly stolen Feb. 4 from a woman's locker in the 6300 block of Touhy Avenue.

■ A woman told police that her two shopping bags containing clothing were stolen Feb. 9 after she put them down and walked away from them briefly while inside a store in the 200 block of Golf Mill Center.

BURGLARY TO VEHICLE

■ A purse was reported stolen from a car parked in the 9100 block of Milwaukee Avenue between Feb. 4 and 5.

■ Five cars parked in a lot in the 8500 block of Golf Road were reported burglarized Feb. 5. Purses and money were reportedly stolen and all five cars were forcibly entered, police said.

■ Tools were reported stolen from a car parked in the 9000 block of Cumberland Avenue overnight between Feb. 7 and 8.

Chicago man faces gun charges after arrest in Evanston

BY GENEVIEVE BOOKWALTER
Pioneer Press



Sims

A man arrested Feb. 27 in Evanston for allegedly possessing a loaded gun is being held in Cook County Jail on \$75,000 bail for that charge, according to law enforcement officials.

The Chicago man "also has a no-bond hold for the Illinois Department of Corrections," according to Cook County Sheriff's Office spokeswoman Sofia Ansari.

Jacquese T. Sims, 22, was arrested early Feb. 27 on gun charges after a traffic stop for expired registration.

Sims was pulled over about 1 a.m. at Howard Street and Western Avenue in the north suburb, according to an Evanston police statement.

Officers talking to the driver and passenger noticed a handgun on the driver's side floorboard, according to the statement.

Sims, who was driving, and a 28-year old female passenger were taken into

custody.

The recovered handgun was a loaded .45-caliber Smith and Wesson, according to the statement.

A serial number check showed it was stolen in July 2016 during an

Evanston burglary.

Sims was charged with aggravated unlawful use of a weapon by a felon, a class 2 felony; misdemeanor possession of firearm/ammunition without a valid firearm owner's identification card; and expired registration and no driver's license on his person, both traffic violations, according to police.

Sims was on parole, according to the statement, and the Illinois Department of Corrections issued a parole violation warrant due to the circumstances of the arrest.

The passenger was released without charges, police said.

Sims is due back in court March 13 at the Skokie courthouse.

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Cook County leaders host public forum on election

By LIBBY ELLIOTT
Pioneer Press

Amid national reports of possible foreign government meddling in the November 2016 general election, two county officials held a town hall meeting in Skokie to share election and voting rights information with local constituents.

Over 100 people gathered in the Oakton Community Center in Skokie Feb. 23 to voice their growing concerns about the integrity of the U.S. electoral system.

Cook County Commissioner Larry Suffredin, D-Evanston, and Cook County Clerk David Orr hosted the town hall meeting.

The meeting came as some municipalities were about to hold a primary election Feb. 28 and statewide. Then the consolidated election, where offices from village president, mayor and clerk to school and park boards will be on the ballot, is scheduled for April 4.

"The subject matter tonight becomes timely because of congressional investigations into the November national election where we had potential interference by a foreign government," said Suffredin. "There are a number of people concerned that there was fraud in registration, fraud in turnout and fraud in the count."

The event was held in conjunction with the office of U.S. Rep. Jan Schakowsky's, D-Evanston, and area state senators and representatives. The League of Women Voters of Cook County, the local chapter of a non-partisan national organization that encourages informed and active participation in government, was also a co-sponsor.

"The League of Women Voters is all about voting rights," said Cate Whitcomb, a volunteer with the group's Evanston branch.



LIBBY ELLIOTT/PIONEER PRESS
Attendees of a Feb. 24 town hall meeting browse literature at the event.

"Our organization is fighting on a national level to help people whose voting rights are being denied."

Suffredin touted the election process as being integral to the democratic system of governing.

"If you don't have a good election system, you don't have a democracy. You have a rigged government," he said.

Suffredin and Orr sought not only to reassure voters of the integrity of Cook County's electoral system, but also to educate constituents.

"The entire election process begins with voter registration," said Suffredin.

The commissioner said that process should come with ease.

"We should not be putting obstacles up in the way of people registering to vote," he said.

Citing the landmark 2010 Supreme Court case *Citizens United v. The Federal Election Commission*, Orr outlined his concerns about the rise of money in politics, especially when it comes to unclear or unknown donors.

"I believe we have very serious threats to our democracy," Orr said. "We are now seeing a new reality that money grossly amplifies speech and influence in this country."

Orr pointed to several initiatives a few states are

undertaking to address the issue of campaign finance. He pointed to Washington state and California as examples, and to a small donor-matching program recently enacted in New York.

State Sen. Daniel Biss, D-Evanston, recently introduced legislation to bring the New York program here.

Of equal concern for Orr, he said, is the rise of voter suppression.

He said such things as restrictions on voter identification and redistricting are examples of that. Orr explained that those actions tend to obstruct voter registration and access to polling stations.

"I know there's a great deal of misinformation today coming from the White House regarding all this talk about massive fraud and busloads going to New Hampshire," said Orr. "It's good theater but it detracts us all from the real problem, which is not covered in the press, and that's voter suppression."

Orr listed a series of federal initiatives that Illinois adopted to facilitate voter registration — motor vehicle registration, early voting, voting by mail and online registration. Proposals to adopt automatic voter registration software, an Electronic Registration Information Center and election day registration policies, have been contested by state Republicans, but will be "key battles" going forward, he said.

The county clerk said new election equipment is needed, along with audits, paper trails and forensic testing to maintain the state's electoral integrity.

"To fight fraud and save money is what both Republicans and Democrats want, by and large," said Orr.

Libby Elliott is a freelance writer.

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Chief: Undocumented immigrants should get legal driver's license

Evanston officials advise locals to avoid false ID use

BY GENEVIEVE BOOKWALTER
Pioneer Press

Evanston's police chief and mayor Feb. 21 emphatically encouraged residents living in the United States illegally to obtain a proper Illinois driver's license to help avoid being swept up in tightening federal immigration rules.

Namely, said Evanston Police Chief Richard Eddington, it's important to use proper and legal identification to avoid being charged with using a fake ID, among other things.

"The use of a false ID jacks this from undocumented to criminal," said Eddington. "We need to coach the undocumented

person not to commit this unforced error."

Mayor Elizabeth Tisdahl echoed the police chief's statements.

"If you were here illegally," Tisdahl said to a concerned resident, "I would recommend you follow Chief Eddington's advice."

The comments came at a Feb. 21 town hall meeting hosted by the mayor. They followed recently released plans from the U.S. Department of Homeland Security to expand immigration enforcement priorities.

Federal officials especially plan to focus on immigrants convicted of any criminal offense — not just violent crimes — or who have unresolved charges pending, according to Chicago Tribune reports.

The Evanston City Council in December unanimously approved an ordi-

nance strengthening the city's sanctuary city status to protect undocumented residents. It prohibits Evanston police from holding undocumented immigrants for immigration authorities after a stop, according to language in the ordinance. Exceptions include those convicted for serious crimes or already sought via an arrest warrant.

However, Eddington said, using false identification is often a state charge. While Evanston police won't inquire about someone's residency status, state officials processing the case might.

"We arrest people all the time for not being candid about who they are," Eddington said. "That's why it's so critical."

Under Illinois law, those living in the country illegally can apply for a "temporary visitor driver's li-

cense for undocumented (non-visa status) individuals," said David Druker, spokesman for the Illinois secretary of state's office.

The license is good for three years, Druker said. Applicants must prove that they have lived in Illinois at least 12 months, carry insurance and pass vision, written and road exams, among other requirements. The fee is \$30.

Illinois started issuing the temporary visitor licenses in 2013 as a way to increase road safety, Druker said. The license cannot be used as identification to board an airplane, buy a firearm or register to vote.

About 200,000 Illinois residents have signed up for the licenses, Druker said.

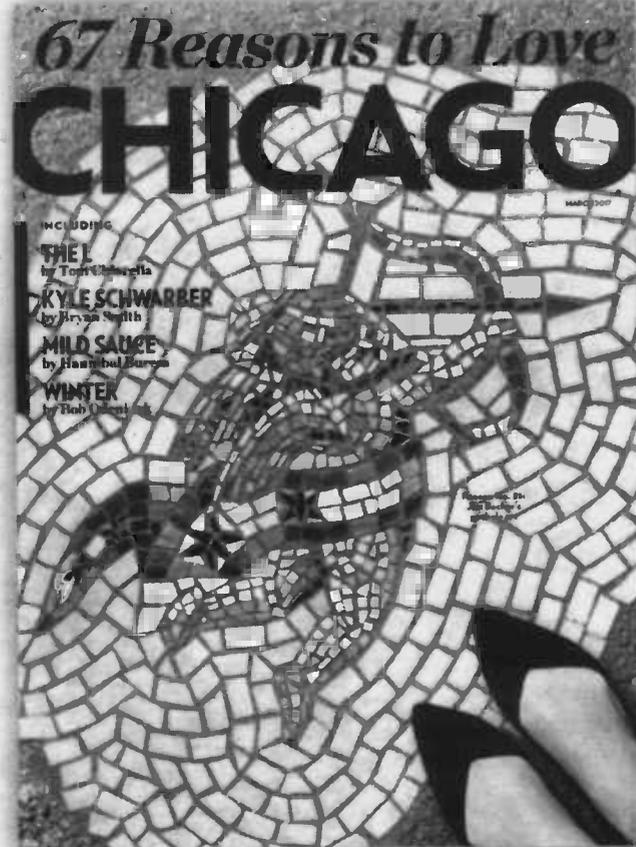
So far, he said, "the program has been successful."



BRIAN L. COX/PIONEER PRESS

Evanston Police Chief Richard Eddington

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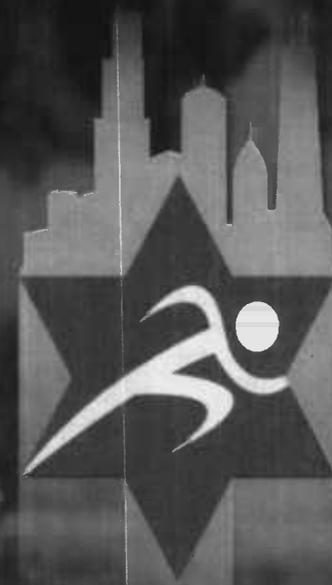
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Longtime library board member to retire

Zelda Rich's service spans four decades

BY MIKE ISAACS
Pioneer Press

Long before the Skokie Public Library would amass the accolades and recognitions it currently has, Zelda Rich joined the library board because she wanted to see improvements made, she said.

"I'm a big library user and reader," Rich said. "In Chicago where we lived, the library was not great. The library in Skokie was pretty good, but I really had a lot of issues with it and I wanted to have a voice."

For 27 years and part of four different decades, Rich, 87, has shared that voice as a library trustee.

She is retiring from the board and will attend her final meeting March 17, she said.

Rich is moving out of Skokie to an independent living facility in Glenview — otherwise she would have remained on the board, she said.

She originally joined because of some concerns she had about the village's library — chief among them the library's children's section — and said she never could have predicted this kind of longevity.

"They built a whole new section and the children were upstairs," she said. "The children should never be upstairs. They shouldn't have been on the second floor. There was a staircase and the kids were hanging out over the staircase."

Little did Rich know, however, that a library director the board had recently hired was thinking the same way.

Carolyn Anthony served as director for about 30 years — most of them coinciding with Rich's tenure on the board — before she, herself, retired last year.

When Rich arrived on the board, the library's collection was primarily books



MIKE ISAACS/PIONEER PRESS

After 27 years on the Skokie Library Board, Zelda Rich is retiring after the board's March meeting.

and other print materials, with the exception of some vinyl record albums.

In addition to rapid technology changes, the library met the needs of a changing community, she said.

During her time on the library board, Rich has seen the library implement use of audiocassettes, videocassettes, CDs, DVDs Blu-ray players, e-books and audiobooks.

She was also present for the momentous advent of the library's internet services that opened to the public in 1995.

These new technologies were not always immediately embraced by all board members, Rich recalled, but they were by her.

She always welcomed their addition when Anthony introduced them,

often ahead of other libraries, Rich said.

"Without that director," she said, "I wouldn't have been here that long."

In 2008, the library received a National Medal for Library Service that was awarded at the White House. It won the Community Aware Award in 2012, and received five stars (highest honor) from the Library Journal in 2013.

According to library officials, 815,262 patrons walked through the library doors last year. That count doesn't include people who used the bookmobile or who only used electronic books or other digital resources, they said.

Rich said she is proud to have served on a board that helped oversee this kind of growth and popularity.

The village commissions an independent citizen survey every three years, with the most recent one showing that 95 percent of respondents gave the library the highest marks.

In some ways, though, Rich sees the board's greatest responsibility as overseeing finances while library leaders implement services.

"The board is really in charge of the money," she said. "It's a public board and that's what we mainly do. I think we've done a good job."

The library's 2016-17 budget of \$13.9 million reflects less than a 1.2 percent increase over the previous year. While the library is run independently under its own board, it is under the village's taxing authority,

which Rich said has made the job easier.

"If you have a good village, it's easier to have a very good library," she said. "They're very good to the library. They protect us. They give us our money, and we don't have to worry about politics."

The Skokie Public Library has a reputation for long-serving board members and staff. In fact, Rich is only the second longest-serving member on the board — behind library board Trustee Diana Hunter.

"Zelda was very committed to the library as a broad institution," Hunter said. "She was interested in the children's area in the library and that it would be a special place. She always contributed her valuable

perspective to that."

Rich said that the children's area was always a point of special interest for her. Once the children's area moved to the lower floor, she said, she supported more programming to meet children's needs.

"This is now a young community," Rich said. "I remember saying to the board, 'You know, the demographics are changing in this community. We're not old people anymore. And we're not keeping up with 2-year-olds and up.'"

Rich also said one of her most important accomplishments as a board member was hiring a successor to Anthony last year.

She said new library Director Richard Kong is poised to continue the library on its successful path for years to come.

Earlier in life, Rich worked as a social worker on the West Side of Chicago. Her husband, who died last year, was an orthopedic surgeon who worked on the South Side of Chicago, she said.

That's why the couple and their children moved to Skokie some 40 years ago, she said. In Skokie, her husband could still jump on the expressway and get to work in the city in relatively short time.

Rich remains active — playing the piano, drawing, using a computer and even bringing a good book to bed, she said.

Her final meeting will be a quiet one, and the library board is holding a small, private celebration for her, officials said.

"That last one is going to feel terrible," Rich admitted. "It will mean that this is really it. It's over."

She said she plans to get to know her new local library in Glenview, but it won't be the same.

"The Skokie library is one of a kind," she said. "It can't be duplicated."

Former board member Cameron to fill D64 vacancy

BY LEE V. GAINES
Pioneer Press

Elected officials on the Park Ridge-Niles School District 64 Board of Education opted to appoint a former duly elected board member to serve for a 10-week stint as an interim board member before a slate of newly elected candidates take their seats at the board table following the upcoming spring election.

At its Feb. 21 meeting, the board unanimously approved Terry Cameron's appointment to fill the vacancy left by former member Dathan Paterno following his sudden resignation last month after he was rebuked by community members for controversial tweets he posted about the Women's March on Washington. Eleven people ap-

plied for the short-term post and eight, including Cameron, were interviewed at a special board meeting held Feb. 13.

Board President Anthony Borrelli said he was extremely pleased that so many people had applied for the short-term position — which includes a total of about four board meetings — and said he encouraged all applicants to seek full terms on the board in the 2019 election. He described Cameron as a “true prodigal son” returning to serve on the elected body.

Cameron was chosen for the interim seat because of his existing knowledge of board policies and processes, Borrelli said.

A health care information technology professional, Cameron was elected to the board in 2013 and resigned the following year

to take a job in Colorado. He told the board during his interview in open session on Feb. 13 that he applied for the post to serve the board, the administration and community in an effort to maintain continuity until the newly elected officials are sworn in.

None of the eight candidates the board interviewed for the interim appointment is running for a seat at the board table in the April 4 election. Seven candidates are running to fill four seats on the board, and those who receive the most votes will be sworn in at a meeting in May.

In his application for the short-term post, which was obtained via a Freedom of Information Act request, Cameron wrote that when offered an opportunity to move back to Park Ridge, his entire family “voted yes

without hesitation.”

“I was very disappointed to hear of recent events and resignation of the District 64 board member,” he wrote, in reference to Paterno's departure. “My sole interest in the opportunity to serve as an interim board member is to help provide stable continuation of District 64 policy, procedures and school business operations.”

Cameron added that he has successfully completed the Illinois Association of School Boards' board member training.

In an interview following Cameron's appointment, Borrelli said, officials came to a consensus in closed session following the Feb. 13 interviews to select the former board member for the interim seat. The board's intent to appoint Cameron to the post was announced

the Friday following that meeting after Borrelli confirmed Cameron was still interested in serving.

Paterno's resignation left board members with a “very, very unusual situation” given that they needed to find someone to fill the seat for a notably limited period of time. He said his colleagues agreed that it generally takes someone nine months to a year to become fully acquainted and comfortable with board procedures and policies.

Borrelli called Cameron's appointment “a very reasonable reach” given that he served as an elected official a few years ago and already knew how the board functioned. He described the rest of the cadre of candidates for the post as “excellent.”

Cameron hit the ground running following his ap-



LEE V. GAINES/PIONEER PRESS

Park Ridge-Niles School District 64 Board of Education President Anthony Borrelli swears former board member Terry Cameron in Feb. 21.

pointment by deliberating and voting on a number of high-priority issues, including moving forward with a funding framework for five years' worth of needed capital improvements totaling roughly \$33 million.

Lee V. Gaines is a freelance reporter for Pioneer Press.

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Mom sees success in advertising effort

5 years into push for making children with special needs more visible, retail catches on

By VIKKI ORTIZ HEALY
Chicago Tribune

For five years, Katie Driscoll of Palos Park worked day and night trying to persuade retailers to use more children with disabilities in advertising. She flew all over the country offering photo clinics to parents of children with special needs so they would have images to use while promoting the mission as well.

She emailed, called and met with dozens of corporations that told her “no” — which only inspired her to email, call and meet with them again.

So last month, when a Facebook friend posted a photo of an advertising banner hanging above the seasonal aisle at Walgreens depicting an 8-year-old girl with Down syndrome happily holding a fuzzy chick, Driscoll probably shouldn't have been caught off guard.

“Is this Grace?” the Facebook friend asked, referring to Driscoll's daughter, her blond-haired, blue-eyed youngest child and the inspiration for all her efforts.

“I was shocked,” Driscoll recalled. “I definitely did not expect for her to be in such a visible position.”

Much has changed since 2012, when Driscoll, 42, launched ChangingtheFaceofBeauty.org from a makeshift photo studio she opened in her south suburban garage. Back then, the stay-at-home mother of six thought she was creating an online gallery of images of children with disabilities — a place where advertisers could see adorable children with special needs and consider casting them in a campaign.

But in a few short years, Changing the Face of Beauty has surprised even Driscoll with its success. Bombarded with images and inquiries from around the world, Driscoll regis-

tered Changing the Face of Beauty as a nonprofit organization in 2015.

The group has landed big-name corporate partners, including Matilda Jane Clothing, The Land of Nod and Nordstrom. Driscoll and Grace have been featured on the “Today” show and will appear in an upcoming photo spread in Women's Health magazine. Editors from American Girl magazine have asked for a meeting.

The success mirrors, and is likely one of the reasons for, progress in the way people with disabilities have been represented in the media in recent years, said Gail Williamson, a talent agent at Kazarian/Measures/Ruskin & Associates, one of the few casting agencies in Los Angeles that has a department devoted to landing jobs for people with special needs.

Williamson represents five of the seven actors with Down syndrome featured on the Emmy Award-winning A&E reality program “Born This Way.”

“For 25 years, I've been saying there's a wave coming and we have to be ready to catch it,” Williamson said. “It feels like the wave is starting a little bit.”

For the last three years, Williamson has had one or two actors with disabilities called in for auditions each year. This year, nearly 30 have been asked to audition. And more shows than ever are featuring characters with disabilities: Two shows have characters with autism, two have characters with Down syndrome and two have characters who use wheelchairs, Williamson said.

Still, while companies may be showing interest in hiring people with disabilities as actors or to promote their products, another setback still exists: Most talent agencies in Chicago and



ALEX WROBLEWSKI/CHICAGO TRIBUNE

Katie Driscoll (right) and her 8-year-old daughter, Grace (center) who has Down Syndrome, prepare for a photo spread in Women's Health Magazine featuring mothers and daughters at Root photo studio in New York, New York. (Alex Wro-

across the U.S. do not yet choose to represent people with special needs in their portfolios, Williamson said.

Some of the lack of inclusion from talent agencies is due to stereotypes about people with disabilities not being able to perform well. Another reason is that talent agencies may be fearful of offering up a person with disabilities if one is not specifically requested. Why risk losing commission on a contract if you don't have to? Williamson asked.

For her part, Williamson is working to cast people with disabilities in the background of as many scenes as possible. She believes that in doing so, the public will become so accustomed to seeing people with special needs as part of the landscape that they eventually will not do a double take when the same people are seen in main roles.

“Baby steps,” Williamson said. “I don't know if (casting agents) will ever all ask for people with disabilities. But I do think we'll see more and more roles.”

At Changing the Face of Beauty, Driscoll has hired three staff members to help with the many ongoing efforts. In the next six months, the organization is scheduled to hold 10 “head shot clinics” around the country in which parents may pay a small fee to have professional photographs taken of their child with special needs.

They are creating the first “stock imagery database” for people with disabilities. The database will allow photographers to showcase photos of people with disabilities and advertisers to purchase the images to promote their products, Driscoll said.

And Driscoll is working with representatives from the Chicago-based advertising company Ogilvy & Mather to prepare a presentation for talent agencies that will encourage them to understand the importance of using people with disabilities in their work.

“We have to change the business world out there,” she said. “Because if (peo-

ple with disabilities) are valued as consumers, then they'll be valued as potential employees.”

With so many ongoing projects to promote using people with disabilities in advertising, Driscoll had papers scattered around her kitchen counter on the day her Facebook friend noticed the photo of Grace at her local drugstore.

Walgreens executives have worked for more than a decade to integrate people with disabilities into the organization. Until recently, the bulk of those efforts were focused on creating job opportunities and central roles for people with disabilities at its distribution centers and within stores, said Steve Pemberton, global chief diversity officer for Walgreens.

Last fall, the company requested that one of the models for an upcoming photo shoot be a child with disabilities.

Amanda Gray, whose company, Amanda Gray Productions, does casting for Walgreens, said she was

delighted when she saw the request but had to borrow headshots — provided by Changing the Face of Beauty — from another agency because she didn't have any of her own.

Walgreens advertising officials didn't know they were choosing Driscoll's daughter when they selected her for the sign, which is now hanging above the Easter aisle in more than 8,000 stores across the U.S., Pemberton said.

“I feel the most powerful message here is perhaps what we are not seeing — this is not in celebration of the American Disability Act, it's simply, “Happy Easter,” Pemberton said.

It's a message that makes Driscoll very happy.

“I wanted to cry,” she said. “I eat, breathe and sleep this change. So it's a profound feeling when it's your own child out there changing the face of beauty.”

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Judge decides against area couple in treehouse case

Owner insists, 'They told us what to do, and we did it'

BY JENNIFER JOHNSON
Pioneer Press

A Park Ridge family trying to save their backyard "treehouse" has lost a legal fight against the city.

Cook County Judge Celia Gamrath ruled Feb. 9 to uphold the Park Ridge Zoning Board of Appeals decision that the wooden play structure and elevated walkway built in the backyard of a home in the 900 block of North Western Avenue in 2015 is not allowed under the terms of the city's zoning ordinance.

Joe and Margaret Solomon filed the lawsuit last year in an attempt to get the zoning board's decision reversed so they could keep

the play structure they built for their two children. The house was constructed on top of a partial tree trunk and, at its highest point, measures about 15 feet above ground.

The couple said they spent more than \$26,000 to build the treehouse.

The Solomons had argued that former city employees initially signed off on their plans and that they were told a separate building permit was not needed because the play structure and elevated walkway could be added to an existing permit they acquired for a backyard deck. The couple provided emails they say showed building department employees knew about the treehouse and even made recommendations that the Solomons lower the height, which they did.

In her ruling, Judge Gam-



JENNIFER JOHNSON/PIONEER PRESS

Margaret and Joseph Solomon of Park Ridge say they want to keep the play house and deck they built for their children, but the city has ordered them to remove the structures because of zoning violations.

rath said there was no record that the Solomons' building permit had been revised to include the play structure. The only permit the couple received was for the backyard deck and a

fence, the ruling says.

"The plaintiff's predicament is of their own making in not obtaining a permit for the structure they built," Gamrath wrote.

The ruling also says there

was no evidence that city employees knew "there would be walls, windows, a roof, four swings, two slides, an elevated deck and staircase of the height and magnitude constructed," and that the city has the right to uphold its zoning laws, even if former employees conducted "unauthorized, undocumented acts."

Jim Brown, director of Community Preservation and Development for the city of Park Ridge, said the Solomons can remove the structure and deck or modify them to conform to the city's zoning laws.

Modifications would involve lowering the height of the treehouse to a maximum of 12 feet and moving it at least 10 feet away from the house that is on the property, Brown said. Right now, the structure is about nine feet from the house, he said.

Brown did not address the elevated walkway component of the project, which was determined by the Zoning Board of Appeals to be in violation of the zoning ordinance as well.

The Solomons said they are waiting to speak with an attorney before determining their next steps.

"We're really upset by (the judge's) response and the insinuation that we didn't do our due diligence," Margaret Solomon said, insisting that she and her husband had a meeting with city employees in which they went over drawings and discussed "what we were supposed to do."

"There's nothing we could have done differently," she said. "They told us what to do, and we did it."

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North Shore synagogues take extra precautions

BY DANIEL I. DORFMAN
Pioneer Press

Some North Shore synagogues are beefing up security measures following an increase in anti-Semitic incidents and threats in the Chicago area and nationwide.

The steps range from creating emergency response plans to hiring guards and locking outside doors.

"I think congregants are nervous as to what is happening across the country, but we have not had any threats," said Elly Bauman, executive director of Wilmette's Beth Hillel Congregation Bnai Emunah, where laminated emergency procedures are being posted in each classroom and office. "However, we believe it was appropriate to add to our security."

A Jewish cemetery was vandalized near St. Louis last week, and a downtown Chicago synagogue was also vandalized in early February.

Bomb threats have been made against a number of Jewish Community Centers nationwide, including one in Chicago's Hyde Park neigh-

borhood on Feb. 20.

"As these waves of bomb threats have been affecting the nation, we have sent out security alerts with our resources for these institutions and we are available to do briefings regarding best practices for Jewish communal institutions," Jessica Gall, associate regional director of the Anti-Defamation League in Chicago, said Feb. 24. "We keep in steady contact and let them know what the current best practices are."

Beth Hillel announced to congregants in a Feb. 10 email that armed security guards will monitor the grounds on weekends. Beth Hillel's school will conduct lock down drills and fire drills, and outside doors will remain closed and locked, with visitors being buzzed in.

"Our office works very closely with the Wilmette Police department, who monitor situations and inform us of any threats in the Chicago area," the email said. "Additionally, they drive by the synagogue on a regular basis."

Glencoe's North Shore Congregation Israel announced additional safety

measures on Feb. 23, including an upgrade to its security hardware. In a weekly emailed newsletter, the synagogue said it will make changes to access procedures to the building, and urged congregants to notify staff if they see something or someone suspicious.

In addition, the newsletter said that a Highland Park police officer with a background in emergency management is training the synagogue's staff, clergy, educators, volunteers and board members.

In a statement released Feb. 24, NSCI said it regularly reviews and updates its security practices.

"In light of the increase in anti-Semitic events over the past months, our recent communications serve to inform our congregants of our long-standing efforts to promote safety and remind them of their role in the process by being vigilant and watchful," it said.

Meanwhile, at Highland Park's Lakeside Congregation, executive director Rick Schuster said no changes have been made.

Daniel I. Dorfman is a freelancer for Pioneer Press.

Police radar unit stolen from Park Ridge street, found in nearby suburb

BY JENNIFER JOHNSON
Pioneer Press

A device that records traffic counts and drivers' speeds was found in the home of a Carpentersville man after it went missing from a Park Ridge street last week, police said.

The radar unit, which is owned by the Park Ridge Police Department, was discovered stolen from the 1000 block of Northwest Highway on Feb. 22 when a police officer went to check

the device and download the data it had collected, said Deputy Police Chief Lou Jogmen.

Investigators were able to track the device — which had been mounted to a pole on Northwest Highway — to a home in northwest suburban Carpentersville, about 30 miles from Park Ridge, where they met with a 59-year-old man who admitted to having the unit, Jogmen said.

Through a translator, the man reportedly told police

that he found the device in the yard of his home and believed it had been thrown there by someone.

The radar unit, which is valued at \$3,300, did sustain some damage, but it was not immediately known how much the repair cost would be, Jogmen said.

The man in the possession of the unit was not charged as police were unable to prove he had stolen the item, Jogmen said.

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Park District Board approves boating on Lake Glenview

BY ALEXANDRA KUKULKA
Pioneer Press

With a 6-1 vote, the Glenview Park District Board of Commissioners on Feb. 23 approved boating on Lake Glenview, despite some resident concern.

Non-motorized boating on the 45-acre, man-made lake, located in Gallery Park behind Park Center and Attea Middle School, will be allowed from May 1 to Oct. 1, according to the policy approved by the board. But boating will begin on Memorial Day this year because Park District officials have to get approval from the Village Board to allow boating, said Elsa Fischer, superintendent of leisure services.

Park District staff researched boating on Lake Glenview for a year and a half, "and we are finally at a time where it could be implemented," Fischer said. The 2017 boating season "will be a trial period for this activity," and adjustments can be made moving



ALEXANDRA KUKULKA/PIONEER PRESS

The Glenview Park District Board of Commissioners on Feb. 23 approved boating on Lake Glenview, shown here behind Attea Middle School.

forward, she said.

Nature photographer Carol Freeman, one of seven residents who addressed the park board, said that she previously asked Park District officials to consider

shortening the boating period to Memorial Day to Labor Day to protect migrating birds. Fischer said that Park District staff has found that the proposed boating period will not affect the nesting

and migration patterns of the birds.

But to protect the wildlife around Lake Glenview, the Park District will enforce the following rules: there will only be one entrance and exit point for boats, the islands and the south part of the lake will be off limits to boaters, and boat permits will be required, which will allow staff to contact people who are abusing the rules, she said.

"Although this activity will not be supervised, staff will be checking on boating activities on Lake Glenview at various, unannounced times. Boating privileges will be revoked for those who do not follow the rules," Fischer said.

Commissioner Angie Katsamakos voted against boating because of safety concerns. She said she disagrees with the policy that children under 13 years old have to be accompanied by an adult who is 18 years old or older.

"I feel that we have to implement a minimal age requirement

to be in a boat. Our rule is too lenient. You could have a 7-year-old with an 18-year-old, and that 18-year-old not paying attention to that 7-year-old," Katsamakos said.

Resident Jessica Judge said that she "doesn't see the significance in having boats on the lake," because nearby communities have lakes where boating is allowed, like the Skokie Lagoons in Winnetka. The Park District has a liability to protect the environment and a liability to keep people on the lake safe, she said.

Resident Richard Baylander said he supports boating on Lake Glenview and believes people will respect the environment while on the lake.

"I honestly believe that boating and birding can coexist," he said.

Commissioner William Casey said that he supports boating because "boaters are environmentalists."

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Ravinia unveils plans for interactive museum

BY KAREN BERKOWITZ
Pioneer Press

Ravinia Festival hopes to have two major park improvements ready for concert-goers during the 2018 and 2019 summer seasons, including an interactive museum with a classical bent.

The Highland Park concert venue is proposing to add the experiential exhibit space, known as the Ravinia Music Box, for the 2019 season. An outdoor dining veranda overlooking the park would be added in 2018. Both improvements are aimed at attracting younger audiences, particularly millennials, and reversing the declining audience for classical music.

During summer concert seasons, the Ravinia Music Box would be free to ticket-holders and open to visitors who sometimes arrive hours before the concert is scheduled to begin. The new building would be located in the northwest corner of the park.

"It will be a value-added music experience that we hope will entice all of our



MICHAEL BARNES, WIGHT & CO./RAVINIA FESTIVAL PHOTO

A view of the proposed Ravinia dining pavilion, veranda and music experience center from the north lawn.

audience members, especially kids and families," Welz Kauffman, Ravinia's chief executive officer, said as he explained the proposed improvements to a city of Highland Park commission on Feb. 21.

"This is not just designed for classical concert nights, but also very specifically for non-classical evenings," said Kauffman, noting that audience members arriving early for non-classical concerts often are looking for something to do.

During the off-season, the center would be available to

school groups and for other pre-arranged visits.

Kauffman said Ravinia has been working for 10 years with BRC Imagination Arts to figure out what would make the experience enticing. The creative firm developed the Abraham Lincoln Library and Museum in Springfield, among many other experiential museum spaces.

"We feel that this is the chance to take a chance," said Kauffman, noting the project doesn't face the usual marketing issues because visitors already are in Rav-

inia Park for a certain amount of time.

Inside the Ravinia Music Box, two gallery spaces would flank a 65-seat theater.

"Sixty-five seats is two school buses," Kauffman explained. "You don't want more than 65 kids. They won't have a good time. They will be distracted."

Visitors will progress from an interactive exhibit space into the theater for a show lasting 7 to 11 minutes. From there, they'll move into the second exhibit space.

Kauffman said the audience for classical music has been declining for four decades, and there was a 10 percent drop in the American audience in just the last four years.

"When it comes to the classical music challenge, we feel this is the time to think big, to make no small plans, to cast a very wide net and invite all audiences to the table," Kauffman said. "It's time we remove the arrogance and condescension that permeates the classical music world."

The second floor of the

Ravinia Music Box would be partially enclosed and feature an outdoor cocktail area overlooking the grounds. If all goes as planned, Ravinia hopes to open the Ravinia Music Box for the city of Highland Park's 150th anniversary in 2019.

An open-air dining veranda would be added onto the existing dining pavilion. The veranda would both overlook the grounds and provide cover for an existing patio below.

Kauffman said Ravinia's dining facility has come off as foreboding to some patrons.

"Since we opened the building in 2007, we have had people wonder if the public was invited or if it was a special donor club," Kauffman said. "You don't know exactly where to go in."

Kauffman said younger audiences want more outdoor dining with a view and opportunities for an elegant, but speedy experience.

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Winnetka looking forward to new June music festival

BY KATHY ROUTLIFF
Pioneer Press

Winnetka has agreed to provide \$25,000 toward a June music festival that organizers say will provide an exciting outdoor event for village residents and visitors.

The Village Council on Feb. 21 adopted a resolution authorizing village sponsorship of the Winnetka Music Festival, scheduled to take place June 23 and 24 on multiple stages in the Elm Street business district. The resolution also authorizes the \$25,000 donation and in-kind support from the public works and police departments.

"As part of Village Coun-

cil, we're constantly getting residents who say we need to do something more to excite the village, to bring people to our village, to kind of bring the residents together," Village Trustee Scott Myers said in a presentation about the proposed festival.

Myers, who left the dais and headed to the speakers' podium to give his report as executive director of the festival, said the group of residents behind the project want to make it unique on the North Shore by focusing on emerging artists from Nashville, Tenn.; Michigan, Texas and elsewhere.

According to the festival website at www.winnetkamusicfestival.com, fea-

tured acts include Michigan-based band The Accidentals, and Nashville-based country singer Logan Brill.

Winnetka resident Val Haller, part of the festival team, said work began about six months ago with an idea from Myers.

"He's a visionary and he really knows how to think big-picture," Haller said Feb. 23. "And I think one thing people should know is that this is going to be differentiated from other music festivals because of its curated, handpicked music that will attract suburban adults, their children and millennials."

As planned, the festival will start the evening of June

23 with a concert, Myers said. Events will continue the next day, starting at noon June 24, with acts performing on two outdoor stages: one each on Lincoln and Elm streets, as well as on indoor stages at two Elm Street businesses, he said. The music will be free; food trucks will be selling craft beer and wine, he said.

In addition to the village's monetary donation, which has been included in the 2017 budget, the organizing committee has raised money, Myers said, bringing the total to roughly \$125,000.

He said the committee has worked with the Winnetka-Northfield Chamber of Commerce as well as with the Wilmette Park District.

Portions of the festival will take place at Dwyer Park, where organizers plan a children's stage offering musical acts and interactive children's activities, he said.

Myers praised Village Manager Robert Bahan and other administrators at Village Hall for their work in getting the festival up and running.

"We knew if we were going to make this happen, it was critical we included the village," Myers said. "When I brought it to Rob, he did not laugh; he did not roll his eyes. He said, 'This is great.'"

When Cherry Street resident Pat Balsamo asked if activities could take place beyond the Elm Street dis-

trict, such as on the Village Green or in the Hubbard Woods district, Myers said the North Shore Art League's show is happening at Hubbard Woods the same weekend. Organizers thought the Village Green sits in a heavily residential area that planners didn't want to include, at least for the first year, he said.

People who want to volunteer with the festival can get in touch via its website, Myers said. They can also contact him at smyers@winnetka.org.

"We are hoping this is going to be the first of many years," he said.

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No reason to fret over unseasonably warm weather

For some people the crazy early spring weather we've had late in February has been a source of joy.

Kids were out on their bikes. People of the suburbs flocked to the parks. Some crazy guy down the block started cutting his grass. I trimmed trees.

But for others, the mild late winter was cause for alarm and a source of fear.

In a story that ran in the Chicago Tribune, one 33-year-old woman admitted her fear to the reporter. It was scary, she admitted because in her entire life she had never seen a February so warm.

Think about that for a minute.

That's how fear of weather change and weather abnormalities is now measured — whether such a weather event has happened in the living memory of a 33-year-old.

I've lived a bit longer, and I can say that I can't remember such a balmy February either. But since I wasn't raised on climate change, I don't worry about it much.

I kind of just say, "Wow, that's interesting!" and go about sawing a tree limb or walking the dog.

But I'm sure it has happened before. And, thankfully, a fellow scribe at the Tribune looked it up. Turns out it was 75 balmy degrees on Feb. 27, 1976.



RANDY BLASER

Now that was 41 years ago, so our typical 33-year-old, who fears such warm weather, wasn't around to remember that torrid date.

But I was. And guess what. I really don't remember it.

I can't recall if I donned shorts and ran to the park. Maybe I picked up a ball glove and played catch with my neighbor. Maybe I fired up the grill and roasted some hot dogs.

Wait, it's coming back to me now. I was in Normal, supposedly studying but really enjoying quarter beer nights. I remember walking around and thinking, "Wow, this is interesting!" Then I saw a friend washing his car. Washing his car in February! Imagine that.

OK, it might have been April. I don't know. I really don't remember what day it was. I just have a fleeting memory of a sudden warm day in the late 1970s and a fellow student washing his car.

Back then, unusual weather didn't scare me or anyone else. It just caused wonderment.

I know what you're thinking. Today such weather should scare me, because if you look at the data, it is all warmer.

We have many milder winters in Chicago. A whole string of them. Except for those interrupted by extreme cold or piles



MICHAEL TERCHA/CHICAGO TRIBUNE

Students Tye Baldinazzo, 18, and Audrey Mason, 18, enjoy the unusually warm weather on Feb. 22 on Promontory Point near the University of Chicago campus.

of snow.

In my experience, which I know is a blip on the weather data chart, there are more mild winters in Chicago than extremely cold ones. But a nice day or week can easily be followed by a blizzard.

So when you live in Chicago, you have to learn to take those extremes. You learn to shrug your big shoulders and enjoy what you get.

And if there is global warming, and if

because of it Chicago eventually has a climate like Louisville, I say that's great. Who wouldn't want our Chicago summer to last from April Fools day to Halloween instead of Memorial Day to Labor Day.

Plus, I won't have to move.

Fret if you want, but I'm going to enjoy it while I can.

Randy Blaser is a freelance columnist for Pioneer Press.

Taking a break from serious stuff like politics

Oh, sure, it's OK for you not to have an opinion.

But, what about me?

I'm supposed to have at least one opinion on something each week, and then write about it. If I don't, there is a big empty space in the paper. I suppose I could lie and instead of a column run an insert: "Paul Sassone is on vacation. His column will resume next week." But, alas, I am not on vacation.

Closer to accurate would be, "Paul Sassone's brain has shriveled into a dried gourd and he can't think of anything to write about."

But, that isn't true, either. Alas (again) I always have opinion. I can't help myself.

For example, how can Barack Obama be ranked as the 12th best president in the latest poll of presidents when his successor is undoing whatever Obama accomplished? So, how can the pollsters assign a rank to Obama now?

I mean, is Obama's rank based on what



PAUL SASSONE

he accomplished when he left office? Or is it based on what remains after his successor is through dismantling what he did?

Makes a difference, no?

But, I don't know. I don't feel like writing about politics this week. I need a

rest from it. And maybe you do, too.

What about life as we live it?

What about this for a column? Not opinion, more observation.

No two people eat exactly the same. I don't mean they eat mashed potatoes with their fingers. Just that after a lifetime of eating in restaurants and at family dinner tables, I see we all have individual ways of accomplishing the same thing — moving a meal from table to stomach.

I know a guy who always orders a Coke with lunch. He doesn't sip the Coke throughout the meal. He eats all his food and then drinks the Coke in one swallow.

Someone else tears breakfast toast into quarters to make little egg sandwiches.

A member of my family would roll pieces of white bread into tiny balls and use them like crackers in tomato soup.

And, yes, I also have my own idiosyncrasies. I often eat a sandwich in a circular pattern: All the crust first, then devour the middle. I only eat this way at home, so it is safe to have lunch with me.

And what are your peculiarities when it comes to dining?

Surely you have some. Ketchup on hot dogs, perhaps? Why not, huh?

Nice to take a break and cleanse my mental palate.

Next week back to serious stuff. Politics perhaps?

Paul Sassone is a freelance columnist for Pioneer Press.

BILL HOGAN/CHICAGO TRIBUNE
FILE PHOTO ILLUSTRATION

Columnist Paul Sassone considers idiosyncrasies in different people have when it comes to eating, such as those who put ketchup on hot dogs.



It's OK to indulge; Some days require a doughnut



SUSAN DUBIN

The other day, my son, Andrew, had a few friends sleep over and while they still were sleeping the next morning, a mom of one of the friends stopped by to drop off doughnuts for them.

I took the doughnut boxes out of the bag and put them on the kitchen table. As I placed the boxes down, I swear I heard one of the doughnuts with chocolate frosting and sprinkles speaking to me, saying, "Look how yummy I look! Please eat me right now!"

Never one to be rude, I contemplated eating the doughnut, thinking different thoughts, such as, "Hmmm ... I'm trying to eat healthy today but if I eat the doughnut, I could just count it as breakfast since I haven't eaten anything yet."

I also thought, "If I eat a doughnut, it would just be like having two healthy breakfast bars." And I continued to think, "Even if I eat the doughnut, I could still enter the calories in the My Fitness Pal app and maintain a healthy day if I stayed on track."

Moments later, I was saying to my husband Bill, "mhre, mhre mhre, mhre, mhre," which is doughnut-speak for, "Oh my Gosh! This is the best darn doughnut I've ever tasted!"

After eating my almost healthy breakfast, I ran a bunch of errands and did some work around the house. Around lunchtime, I walked into the kitchen to make myself a fabulous salad and on the table, I



DEETTA'S BAKERY

The chocolate sour cream old fashioned doughnut from DeEtta's Bakery in Naperville was the top choice among judges at the 2017 Donut Fest in Chicago.

noticed one, lone chocolate frosted doughnut left over from the sleepover.

I kind of felt bad for the doughnut. Like, why was he left there when all of his frosted friends had been eaten? At this point, I thought to myself, "Well, if I eat the doughnut now, I can just count it as lunch and have a salad for dinner instead. And I can still enter it into My Fitness Pal, stay within my daily calories and consider this a pretty healthy day."

So, for lunch, I had a doughnut, which I loved.

Later that afternoon, I went shopping and on a long, fast-paced walk with my friends Ally and Amy. It was so beautiful outside that after the walk, Ally said she wanted us all to get some frozen yogurt.

"Um, I accidentally had a doughnut for breakfast and another one for lunch, so I'll just sit with you guys while you have yogurt," I said.

But when we walked in the yogurt store, and I saw all the delicious-yet-low-cal flavors, I decided to get a little bit of yogurt and just count it as a healthy afternoon snack, especially since I knew I would be getting a salad for dinner.

I also limited myself to two toppings since I was trying to keep it light. That's how healthy people think.

For dinner, we went out with friends. But I actually did have a salad, although I might have inadvertently topped it off with a few crispy onion straws and some crunchy noodles, and maybe a miniature corn muffin on the side. Some days are just like that.

And actually, those are some of my favorite days.

Susan Dubin is a freelance columnist for Pioneer Press. Reach her at gabbin@susandubin.com.

If our single socks could talk



NICOLE RADZISZEWSKI
Mama's Gotta Move

The other day I found myself immersed in a conversation about stray socks in a local mommy Facebook group.

One mom had posted a picture of her overflowing matchless sock basket: "I have a single sock epidemic. This is bananas. Anyone else?"

If you can relate, this story is for you.

Setting: In the master bedroom of a modest suburban house, a woman, "Mom," peers over a laundry basket.

Mom: This is ridiculous. There have got to be at least 30 socks in this laundry basket and I can't find a single pair. I swear, I should just throw these out and start over. (Leaves scene.)

Gray sock: Hey did you hear that? She said she's gonna throw us out if she can't find our match. SHE'S GONNA THROW US OUT!

Black sock: Yeah, I figured that day would come. It's about time. I've been sitting in this crowded laundry basket for months. There's no way anyone out there is looking for me.

Gray sock: You can't talk like that! Just the other day, Blue Balega got hitched.

Black sock: Yeah but the boss was actively looking for a match for her. She's a designer running sock. I'm just an ordinary sock from Costco.

Gray sock: You're a Costco sock? Do you know how lucky you are? I bet there are, like, five sole-mates out there for you! I wish I were polygamous like you.

Black sock: Being polygamous doesn't do you any good when you're the only one. I've already lost three



NICOLE RADZISZEWSKI/PIONEER PRESS

The life of a sock without a match is a sad life, indeed.

potential matches who were too holy.

Kid sock (interrupts): Do you think I'll ever find my match again?

Black sock: Ha, have you seen how those kids treat their socks? Flinging them behind the couch, taking them off in the car, stuffing them into that abyss of a toy box ... by the time she finds your match, their stinky feet won't fit you anymore. You'll be lucky if you make it to Goodwill.

Mom (from the other room): Boys, get your socks and shoes on! We need to leave for school.

Kid 1: I wanna wear my Batman socks.

Mom: Let me go see if I can find them.

Gray sock: Quiet! She's coming. Act like you're asleep.

Mom: How's this - one Batman, one Superman?

Kid sock (watches in awe): Did you see that? Batman and Superman haven't seen their matches in months and they just got picked up as a pair. There's hope for all of us!

Black sock: Maybe for YOU, but have you ever seen the boss wear two different socks? Not gonna happen. In my younger days, I practically threw myself at her feet and she tossed me aside like a wet sock.

Gray sock: I know my sole mate is out there. I can just feel it. She probably escaped this mundane

world through a vent in the dryer and is on an exotic vacation, airing out in the sun. She'll be back someday.

Black sock: She's probably inside out at the bottom of a stinky gym locker, gasping for air.

Gray sock: Oh, put a sock in it!

Purple sock: Hey did you guys hear about the lingerie bag? Word on the feet is that the boss's mom paid a visit. She bought the boss a mesh bag with a zipper that's supposed to keep us all together. All the boss has to do is put us inside as soon as she sees one of us on the floor, and we won't get lost in the wash anymore. We all go in and come out together!

Gray sock: Well that sure is news! Such hope for the next generation! But do you think she'll actually use it?

Kid 2 (to his brother, holding up lingerie bag): Look what I found! A new place to hide our secret treasure. It had socks in it, but I dumped them out so it could be a spy bag.

Black sock: And there's your answer.

Narrator: The sock-ga continues ...

Nicole Radziszewski is a freelance columnist. She lives in River Forest and is a certified personal trainer and mother of two. Check Nicole out on Facebook at [facebook.com/mamasgottamove](https://www.facebook.com/mamasgottamove).

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Actress ensures deaf voices heard

30 years after Oscar win, Marlee Matlin remains an advocate for actors faced with disabilities

BY TRE'VELL ANDERSON
Los Angeles Times

When Marlee Matlin was a teenager, she didn't care about the Academy Awards. She never watched the ceremony, opting for Miss America or reading Tiger Beat magazine.

But after being cast in a stage production of "Children of a Lesser God" at 19 and winning the lead actress Oscar for that same role in 1987, her eyes were opened to "a new world" of trade magazines, film criticism and Hollywood hobnobbing. The deaf actress' history-making win, as the first — and still only — disabled actor to be recognized, catapulted her into notoriety and fame.

Thirty years later, however, as Hollywood continues to grapple with diversity and inclusion on the heels of #Oscars-SoWhite, industry opportunity for disabled actors is still too far and in between.

"Diversity is a beautiful, absolutely wonderful thing, but I don't think they consider people with disabilities and deaf and hard of hearing people as part of the diversity mandate," said Matlin, 51, who grew up in Morton Grove and Northbrook and graduated from John Hersey High School in Arlington Heights in 1983. "We have people of all diverse backgrounds in incredible work this year with mind-blowing performances, but we actors who are deaf — and I'm not complaining (because) we should write ourselves and act ourselves and create ourselves. But it doesn't seem that the mainstream is still willing to accept it."

Matlin has spent the last three decades beating the drum for disabled actors. Through her example — with notable roles on "Reasonable Doubts," "Law & Order: Special Victims Unit" and "Switched at Birth" — she has shown that having different abilities doesn't automatically preclude someone from working in the industry. The Ruderman Family Foundation, an internationally recognized organization that advocates for people with disabilities, honored her with its Morton E. Ruderman Award in Inclusion this year.

On the anniversary of her win, we spoke with Matlin and her longtime interpreter Jack Jason, about receiving the Oscar 30 years ago, its impact on her career and the state of opportunity for other differently-abled actors.



BRIAN VAN DER BRUG/LOS ANGELES TIMES

Award-winning actress Marlee Matlin, who grew up in the Chicago suburbs.

Q: How did you get the chance to audition for the lead in "Children of a Lesser God"?

A: I was doing a local production in Chicago of the play (that the movie is based on). I was the supporting role of Lydia. The opening night, there was a casting director from Paramount in the audience. They had been looking for the lead of the film for three or four years and hadn't been able to find anybody. She met all of us, and then the next day we were asked to videotape ourselves in our roles (as an audition). According to Randa Haines, who was the director of the movie, she saw me in the background and said, "Who is that? Let me see her in the lead role." It was a very intense process of auditioning for this, because I was only 19 and I had no experience in television or film, or anything having to do with Hollywood.

Q: Do you remember the call saying you got the job?

A: I was at my mom's house and a call came in from my agent, through what we called Teletypes. It was 11 in the morning and my agent had a question: "Would you be willing to do a nude scene?" (I said, "Yes.") Three minutes later, she called back and she said, "Congratulations." Then my mother was standing in the doorway, crying, with her phone book ready in hand to call everybody that she knew.

Q: Describe for me the emotions you

had once your role began garnering critical attention and eventually the Oscar nomination?

A: It was overwhelming for me because (of) the love, the support and even the hating on the part of some people who felt I hadn't paid my dues. I was just a young girl from Northbrook, Ill., and I was thrust into the spotlight of Hollywood. So much was going on that I had to grow up very, very fast, which was good and bad.

Q: You won your first time out of the gate.

A: I had no prepared speech. No one told me you could do a prepared speech. But it was a very proud moment for me (because of) the accolades and support that I received, particularly from deaf people.

On the next day, I got reviewed. Most of them (were) positive until one particular column by Rex Reed said that my win the night before was probably the result of a pity vote and that he thought that I wasn't necessarily the one who deserved the Oscar because I was a person who was deaf, playing a person who was deaf. And how was that acting? (Rolls her eyes.) Before I could even react, there was an article that said I was great but I'll never work again because I was deaf and I don't speak. That was disappointing to me, but I put that all aside and I continued to celebrate my uniqueness and looked forward to whatever was next.

Q: Thirty years later, you're still the only winner with a disability. What is the state of opportunities out there for actors who happen to be deaf?

A: There are an amazing number of disabled actors out there, and not only in the United States. Even though 20 percent of the population has a disability, 2 percent of roles (in Hollywood are for disabled characters) and of that 2 percent, only 5 percent are played by people with disabilities.

Q: Is there anyone doing diversity properly in your eyes?

A: "Switched at Birth" did it so well. They included all kinds of deaf actors in the show, and that's what diversity is about. We did an episode where it was all done in American Sign Language. It had never been done in the history of television. (Creator) Lizzy Weiss really was fearless in going forward as was the rest of the production team. There are some people who get it, like Aaron Sorkin or Ilene Chaiken or David Kelley.

We're not going to sit and wait. We have to develop ourselves, and if it means on Seeso or Hulu or Amazon, why not?

I'm not trying to put these people down who don't get it. It's just ... if you want authenticity, and you want authentic stories, and it happens to have deaf people in it, hire deaf people and you'll have a story to tell.

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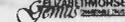


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MUSIC

David Taylor, Park Ridge orchestra take on Brahms

BY MYRNA PETLICKI
Pioneer Press

Violinist David Taylor is looking forward to the challenge of playing Brahms' "Violin Concerto in D Major" during Park Ridge Civic Orchestra's March 12 concert, "David Taylor, Brahms & Tchaikovsky."

"It's surely the greatest concerto ever written for the violin," said Taylor, who is assistant concertmaster of the Chicago Symphony Orchestra. "It's also one of the most difficult. It places tremendous demands on the performer, both from a technical standpoint and especially from a musical standpoint."

"It's not really a work for a young person to play," he added. "It's like a fine old wine. It has to be very seasoned. You have to have a real idea of how to play it stylistically and then technically you have to be able to bring it off because it's very difficult."

Taylor noted that the piece has a very heavy orchestration behind it, which adds an extra challenge for the violinist. "A regional orchestra or a smaller orchestra, in particular, have to be very careful not to drown the soloist," he explained. "One violin against an entire orchestra is not a fair match."

This will be the first time that Taylor has performed this challenging piece. He has been preparing since March and enjoying the process.

"It's the most rewarding of all concerti," Taylor asserted. "The melodies are gorgeous, the writing is stunning and there really has never been any concerto to compare with it."

"He's an outstanding violinist. He's a connection to the very highest refined level of violin playing," declared Music Director Victor Muenzer about his friend violinist Taylor.

Muenzer invited him to perform at the upcoming concert because, "I've always wanted to do the Brahms concerto," he said. Fortunately, Taylor also wanted to perform that piece for the first time.

The pair discussed the possibility of that collaboration last summer when they both were working at the Grand Teton Music Festival in Jackson, Wyoming. They decided, "It would be a great collaboration," Muenzer said.

The music director explained why he wanted to conduct that piece. "There are a couple of violin concertos that really are pure and compelling and introspective pieces of music," he said. "The Beethoven 'Violin Concert' is one of those pieces — which we did last year. The Brahms is another one of those."



CHICAGO SYMPHONY ORCHESTRA

Violinist David Taylor, assistant concertmaster of the Chicago Symphony Orchestra, will perform with the Park Ridge Civic Orchestra March 12.

Park Ridge Civic Orchestra presents, 'David Taylor, Brahms & Tchaikovsky'

When: 2 p.m. March 12

Where: North Shore Center for the Performing Arts in Skokie, 9501 Skokie Blvd., Skokie

Tickets: \$45; \$35 ages 62 and over; \$15 under age 21

Information: 847-692-7726;

www.parkridgecivcorchestra.org

Muenzer noted that even though he is a trumpet player, a lot of the violin repertoire is ingrained in him because his late father, Edgar Muenzer, founder of the Park Ridge Civic Orchestra, played violin with the Chicago Symphony Orchestra. He heard violin music in his home continually when he was growing up — played by his father as well as by his father's students.

The program will also feature Tchaikovsky's "Symphony No. 5."

"The Brahms is a very beautiful piece of music and the Tchaikovsky is, too, but in a very different way," Muenzer said. "There's a lot of drama in the Tchaikovsky but it feels like it's a little bit more lighthearted and it ends in such a positive way."

Living

Thursday, March 2, 2017



**Mommy on a shoestring:
Eat out, have fun without
breaking the bank** Page 3

GN

A number of cannabis-friendly dating sites and apps have gone online in recent years, including My420Mate and High There!

DREAMSTIME/
TRIBUNE NEWS
SERVICE

High on love

With the legalization of marijuana in several states, new apps and matchmaking services cater to those seeking cannabis-friendly partners.

Page 14



SUBURBAN COOKS

Simple family recipes hold wonderful memories

By Judy Buchenot

The Beacon-News

A casserole is known by many names from the basic "hot dish" to the exotic "strata." The names often have modifiers like "supreme" or "quick and easy." This method of mixing ingredients into a single container and calling it dinner has been around for decades.

One of the more popular periods for casseroles was during the Great Depression when homemakers were trying to stretch their food budgets. After World War II when women started working outside the home, the casserole was often the answer for a quick meal. In 2011, the iconic Corning Ware casserole with the blue cornflower design was added to the collection of the Smithsonian National Museum of American History.

Just about everyone has a memory of a favorite casserole that their moms made, including Aurora resident Tina Villalta. "My mom got a lot of her recipes from my grandmother who grew up on a farm with eight brothers and sisters. It was a lot of work to feed that family."

Most of Villalta's favorite recipes can be found in her mother's cookbook, which she was given years ago. The spiral notebook has tabbed sections to separate recipe types and her mom carefully wrote out recipes by hand into the book. Sometimes there is a notation naming the friend or relative who gave her the recipe. There are also some recipes clipped from can labels or newspapers that are carefully pasted into the notebook.

Many of the recipes are simple but hold wonderful memories for Villalta. "My mom's apple crisp was so good," she said. The dish was always made with hand-peeled and sliced apples that were seasoned with sugar, cinnamon and lemon juice and then topped with a brown sugar and butter topping. Her mom served the apple crisp still a little warm from baking and topped with ice cream or whipped cream.

"We would always fight over who would have the last piece," Villalta said.

Even though her mom was a single woman raising two daughters, the family always sat down to dinner together. Villalta quickly learned the tricks of stretching the food budget with a casserole while watching her mother. Simply adding a few extra noodles or a few more vegetables could up the serving size at very little cost.

"One of my favorites that she made and that I still make is cornbread casserole. It's a quick evening meal all in one dish. It only takes 20 minutes to bake too," Villalta said.

Villalta tries to make dinner every night for her son and husband as well. On espe-



JUDY BUCHENOT/BEACON-NEWS

Tina Villalta chops onions for her cornbread casserole, a quick meal in one dish that her family has made for generations.

cially busy evenings, she sometimes uses a quick meal trick she learned from her mom.

"Sometimes we have breakfast for dinner. I make pancakes, eggs and sausage or bacon for dinner." The meal is fast and satisfying, she said.

"My mother never wasted anything," Villalta said. "If there was meat left from a roast, she had a big cast iron grinder with a hand crank that attached to the table. She ground up the meat to make hash. She

would make the hash and other things in her cast iron skillet. I am still waiting for her to hand that skillet down to me."

One of the many lessons Villalta's mother taught her was "to be thankful for what you have. So if there was leftover casserole, you saved it and ate it later."

Villalta shares her family recipe for cornbread casserole as well as another recipe for smothered hamburger steaks with onions for others to try for a quick and economical dinner.

Tina's Culinary Cue

To save time when making dinner, chop onions, peppers, celery or other ingredients for the whole week all at once. Store in bags or containers. Completing a recipe goes much faster when the chopping is already finished.

Cornbread Casserole

Serves 4 to 6.

- 1 medium onion, minced
- ¼ cup butter, divided
- ¼ cup chopped green pepper
- 1 ½ pounds ground beef
- 10 ¾ ounce can condensed tomato soup
- ½ cup grated cheddar cheese
- 1 teaspoon salt
- ¼ teaspoon pepper
- 1 8.5-ounce box corn muffin mix
- 1 egg
- ⅓ cup milk
- 2 tablespoons minced parsley

1. Set aside 2 tablespoons of chopped onion. Melt 2 tablespoons butter in a frying pan. Sauté remaining onion until tender. Add remaining butter, green pepper and ground beef. Cook while stirring for about 5 minutes. Drain off fat and return to pan. Add soup, cheese, salt and pepper. Bring to a boil. Pour into a 2 quart casserole.

2. In a mixing bowl, mix together corn muffin mix, egg and milk. Add reserved chopped onion and parsley. Spoon cornbread mixture over the meat. Spread to cover and seal the top of the casserole. Bake at 400 degrees for 20 minutes or until cornbread tests done.

Smothered hamburger steaks with onions

Makes four servings.

- 1 pound ground beef
- ½ cup water
- 1 teaspoon salt
- ¼ teaspoon pepper
- ¼ cup fine dry bread crumbs
- 4 medium onions, sliced
- 2 tablespoons vegetable oil
- 1 10-ounce can prepared beef gravy

1. Mix together ground beef, water, salt, pepper and bread crumbs. Form into patties. Brown one side in oil. Turn patties. Add onions and cook until tender. Add gravy. Cover pan and simmer for 35 minutes.

Eat out, have fun without breaking the bank



BETH ENGELMAN
Mommy on a Shoestring

Love going out, but hate spending money?

It's easier than ever to find dinner deals and entertainment steals with just a click of a button. So when you want to go out, don't sacrifice quality for price. Follow these money-saving tips and check the websites.

Find free meals

If you have kids, be sure to bookmark www.mykidseatfree.com and www.kidsmealdeals.com. Both sites offer comprehensive lists of restaurants that offer family friendly deals including days and times when kids can eat for free. "Freebee expert," Chelsea Rustrum, suggests visiting Restuarant.com which curates restaurant deals and specials. Rustrum also recommends using printable restaurant coupons, which you can find on her site at freemania.net/coupons.

Strategies for dining cheap

Once you've chosen your dining spot, follow these guidelines to help reduce the bill.

- Avoid alcohol and soda, which are often marked up 75-100 percent. Stick with tap water.
- Skip the entree and opt for an appetizer or side dish.
- If you do order an entree, eat half and bring the rest home in a doggie bag. Or split the entree and order an extra soup or salad.
- Eat a small snack before dining out. Almonds, apples and cheese and crackers will curb your hunger and allow you to order less.
- Choose a restaurant based on word of mouth and online reviews. Let's face it. If you're going to splurge, you want to pay for a meal you enjoy.

Enjoy cultural events for free

Single mom Mary Kaarto and her daughter love the theater but found ticket prices were cost prohibitive. Their solution? Volunteer as ticket takers at their local theater, which allowed them to see plays for free. Kaarto and her daughter also took advantage of "free museum days" to ensure they got their fill of art and culture.

Smaller, local museums are interesting,



MITCHELL MUSEUM OF THE AMERICAN INDIAN PHOTO

Mitchell Museum is an inexpensive, fun way to learn about America's native peoples with help from artifacts like this Woodlands canoe.

inexpensive — or even free — places to visit. The Mitchell Museum in Evanston, for example, offers a wealth of information and programs about Native American cultures, with many options for kids. See mitchellmuseum.org.

And keep your eyes open for special events. On May 21, Elmhurst History Museum, along with the Elmhurst Art Museum, Lizzadro Museum of Lapidary Art, and Wilder Park Conservatory will be free all day, with a free trolley ride between the sites where there will be free crafts and other activities. See elmhursthistory.org.

Almost every museum in Chicago offers "free days." To find out more information including day and times, visit your museum's website.

Join the club

It's hard to put a price on loyalty, but a multitude of restaurants and movie theaters try to do just that by offering their loyal customers rebates, discounts and rewards.

Elisa Kronish of Highland Park is a fan of the AMC Stubs Club, amctheatres.com/amcstubs. "I know it's a small fee upfront, but becoming an AMC movie member has saved us money. A family of four seeing a movie and getting snacks is



INTI ST CLAIR/BLEND

Take advantage of the kids-eat-free days offered at many restaurants.

probably enough to earn a \$10 reward, so that next time your trip is much cheaper," Kronish said.

Lettuce Entertain You Restaurants invite customers to join their Frequent Diner Club, www.leye.com which allots points

for every dollar spent, which ultimately translate into free food and drinks. In addition, several restaurants offer free appetizers or desserts on your birthday. Simply visit your favorite restaurant's website to find out if they offer a loyalty program.

PETS/ANIMALS

MY PET WORLD

How to help a recently injured dog up the stairs

By Marc Morrone
Tribune Content Agency

Q: I have a 2-year-old pit bull mix named Twinkie. Recently she will not go upstairs in my house or outside when she used to have no problem in the past. It's been a problem for almost three months now. She did suffer a mild sprain of her back leg, but there was no fracture as per the veterinarian that I went to. She is back to running around in the yard and being very affectionate but just stops at the base of the stairs when I encourage her to come up. Do you have any helpful suggestions? — *Cathy Duffy, Chicago, IL*

A: Animals very rarely accept our guarantees or assurances that a situation is safe when their instincts tell them otherwise. Your dog felt at the time that the stairs were not a safe place to be when she hurt her leg, and she will continue to think that until her firsthand experience proves otherwise.

So your job is to allow her to experience going up the stairs without drama and with her in control of the situation. The best way to do this is to grab a handful of treats and allow the dog to see you holding the treats. Then calmly walk up the stairs leaving a treat on each step. While you are doing this say nothing to the dog, just go up the stairs and ignore her.

What will likely happen is she



CACHE CREEK ANIMAL RESCUE PHOTO

A hesitant dog may need an incentive to go up the stairs again.

will suck up as many treats as she can reach without going up the stairs, but the lure will be too much for her. On her own, she will decide that her fears are unfounded and she will zoom right up the stairs after the rest of the treats without hesitation. The key here is to ignore her — if you start coaching her then her radar will go up and she will think that you're planning to force her to do what you want.

Q: My elderly father just passed away two months ago and his companion was a Maltese that he has had for the last 10 years. My dad and his dog have lived with us now for six

years and we have two other dogs, but dad's dog never really socialized well with them. The dog seems to be doing fine in the respect of eating and going outside. However, she will stare at the chair that my dad used to stay in most of the day for an hour at a time and then slowly walk away and go to sleep in her bed. She does not whine or do anything but sit there and stare. We tried to move the chair out of the room but she found it and continues to stare at it. We really do not know what she is seeing or what is going on, but we are all feeling a bit odd by it. Should we just move the chair out of our

house? Dad's bed is still upstairs in her room but the dog does not bother to go in that room at all, so we are at a loss here and wondered what you thought? — *Pat Monroe, Orlando, FL*

A: I am really not qualified to say what is going on here, why it is happening or what you should do about the situation. But you asked my opinion and that is what I shall give to you.

It is a scientific fact that animals can grieve, and just as in humans grieve, it is an individual and personal issue — not everyone does it the same way. It also is a scientific fact that animals can see, smell, hear and sense things we humans cannot — even such abstract issues as magnetic fields and other parts of the natural world that science had no concept of for a long time.

People can read into this situation however they want. I can offer you this: You say your late father's dog is eating and acting just fine; the only issue is the staring. Well, she is not bothering anyone and is not chewing up the house, so if this is her way of grieving then I would allow her to do so as long as she wants.

If she was not eating or in some other way was compromising her health then I would say that you should take a stronger hand in things, but otherwise just leave well enough alone here.

Q: It seems like every week birds hit our windows in our

office building and it bothers me to see those pretty little songbirds lying dead on the sidewalk as I go to work. This year the management put black bird silhouettes that are supposed to scare the birds away from the glass but they obviously do not work. Is there anything that you can suggest? — *Alan Robertson, Allentown, PA*

A: This is a big issue nowadays — so many poor birds that fly through our urban and suburban areas die by crashing into windows before they even start their journey. We have altered their environment with so many obstacles that are alien to them in the last 100 years.

A few silhouettes on a big window are not going to do very much. The birds are flying so fast that it is hard for them to comprehend that those cutouts mean anything.

Some sort of netting or sheets to reduce visibility or reflection work best. The Cornell Institute of Ornithology in Ithaca, N.Y., has studied this issue in great detail and can offer solutions. You can access this information at all aboutbirds.org.

Marc Morrone has kept almost every kind of animal as a pet for the last half-century and he is happy to share his knowledge with others. Although he cannot answer every question, he will publish many of those that have a general interest. You can contact him at petxperts2@aol.com.

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- Our adoptable animals blog featuring photos and descriptions of Chicagoland pets in need of homes.
- Our suburban and city pet events calendar
- Photo galleries, videos, more



Bob's Discount Furniture sees column, offers refund

Interestingly, as a result of last week's column, "What does warranty really say? Bob's Discount Furniture customer finds out" – which featured Tina's travails surrounding a request for a refund from Bob's Discount Furniture – I received an email from a member of the Bob's public relations team. Shortly after the column was posted online, Sean Flanagan, account services PR vice president, contacted me with this message for Tina: "The folks in the Customer Care department at Bob's would like to reach out to Tina and work something out with her."

I asked Tina if it was OK for me to share her email and phone number with Flanagan, to which she enthusiastically replied: "Yes, I'd really appreciate it. Thank you."

The next business day, Tina emailed me to say: "I'm smiling today. I just got off the phone with Bob's Furniture. They're picking up the defective furniture and crediting me with the total cost of the sofa, love seat, side table, Goof Proof (extended) warranty, shipping and taxes. I'm keeping the side chair since it is not defective (it's a different material), and part of the Goof Proof war-

ranty to cover the chair. The total refund is \$1,155.98.

"Thank you so much for all your help. I know this never would have happened without your intervention. The power of the press lives on! I am so thankful to you for your help, run of interference, and your great column."

The above is an example not only of the power of the press, but by extension the power of the digital age in which we all currently reside.

I typically post my column to social media sites including Twitter and Facebook, as well as my blog, each week. As progressive companies have entire staffs devoted to monitoring their organizations' mentions on Twitter, Facebook, blogs, review sites, YouTube and other online media (like the Chicago Tribune), a post such as mine can result in a company reaching out to make things right for a disgruntled customer in very short order.



CATHY CUNNINGHAM
Help Squad

Now I'm definitely not trying to diminish my value as a consumer advocate (who relies on your issues to produce a weekly column!), but you as an everyday consumer have nearly the same power as I do. If you have a Twitter and/or Facebook account, you can post

your grievances directly to a company's social media pages, like Bob's Discount Furniture's. You can, and should, additionally post your consumer complaints to your own social media accounts, which are shared with friends and followers. Believe it or not, posting to your own Twitter or Facebook pages will often get you a more immediate and personalized response than posting to a company's Facebook or Twitter pages. Why, you might ask? Savvy companies are proactively working to nip bad viral PR in the bud before it can spread too far.

If, after you've posted (and included a hashtag in front of the company's name so the post can easily be found) you do not

receive a response, or the response is unsatisfactory, this might be the time to enlist "the power of the press."

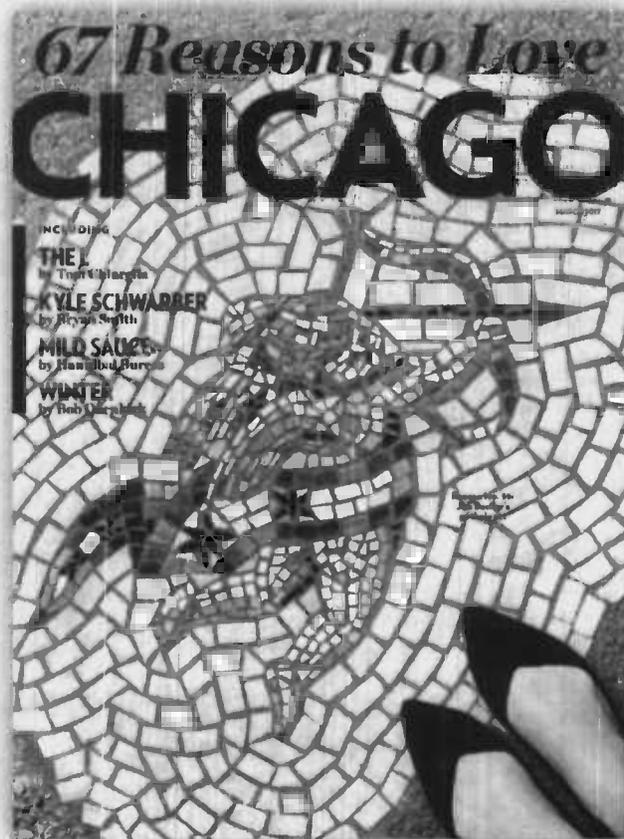
Bob's Discount Furniture at a corporate level seems fairly on top of this new digital reality. The problem in Tina's case appears to have been that the store's operations manager was not. Though it's always best to start at the source – in this case, the Bob's Skokie store – don't give up if you don't get immediate satisfaction. You clearly have other consumer tools at your disposal.

And who knows, you too could wind up with a concerned company representative such as Flanagan reaching out to resolve your issue and wrap everything up with a friendly, "Thank you for reaching out. Glad to hear that everything is resolved and the consumer is satisfied."

Need help?

Send your questions, complaints, injustices and column ideas to HelpSquad@pioneerlocal.com.

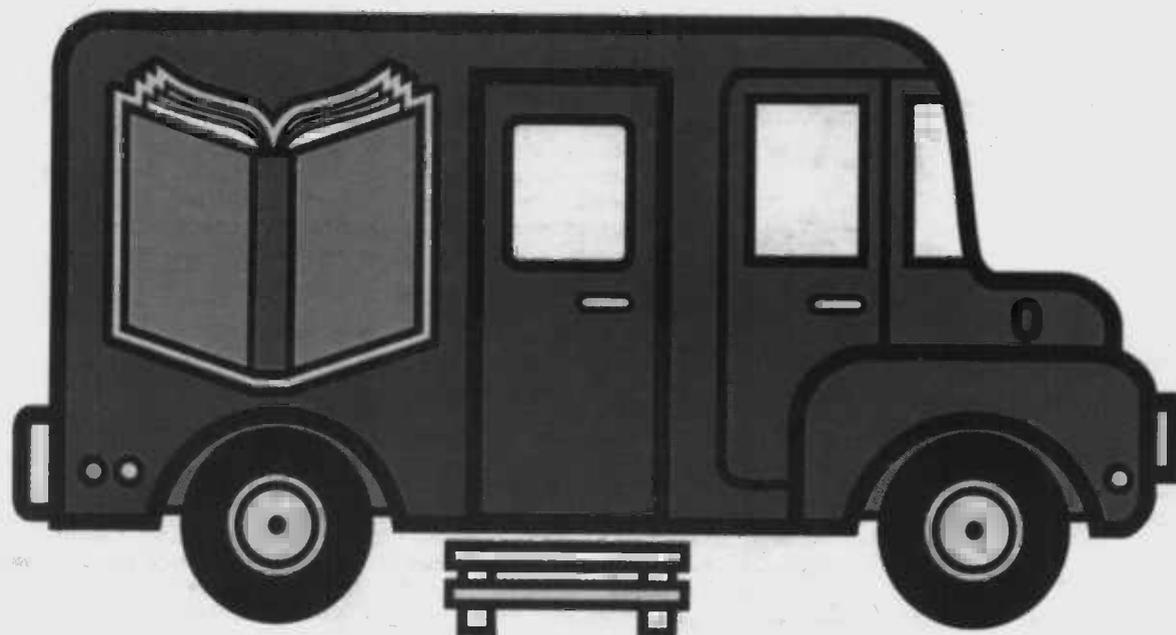
Cathy Cunningham is a freelance columnist for Pioneer Press.



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PROFESSORPHOTOSHOP/DIGITAL VISION VECTORS

Bookmobile for new generation

By John Warner

Chicago Tribune

I recently met two young women who are living my dream job.

I hate them.

No, I do not hate Julia Turner and Christen Thompson Lain, both 27, both of North Charleston, S.C. I envy them, their youth, their promise, their drive.

Their bookstore.

Their bookstore on wheels. Turner and Thompson Lain are the founders/co-owners/chief dishwashers for Itinerant Literate, a 135-square-foot store housed in a 1958 Yellowstone trailer purchased for \$3,000.

This is a tale of love and fate, a mutual love of books and a fateful post-graduate meeting in 2012 at the Denver Publishing Institute, a monthlong crash course on the ins and outs of the publishing industry. It's a tale the pair told me over drinks in a local wine bar.

The women call their meeting "kis-met," though it would take a couple more years for both of them to wind up in North Charleston and working at a nearby specialty press where they would sketch out their dreams during downtime. Well aware that, in Turner's words, "Book lovers are not necessarily good business owners," over months they planned their fantasy bookstore, which was ultimately scaled down to something possible with the limited

available resources.

The result was first pop-up stores in the Charleston area in April 2015, followed by a crowdfunding campaign to buy the trailer, which made its debut in April 2016.

Next time you are inclined to look down your nose at the "entitled" millennial generation, maybe recall the story of these two women with full-time jobs and home mortgages who saw a need larger than themselves and put it into glorious action.

This is not only a story about a love of books, but a desire to use books to improve the community.

For all its sophistication and history, the Charleston area is short of bookstores. There are a couple of Barnes & Noble stores sprinkled about and an excellent used store downtown, Blue Bicycle, that sponsors the nationally known young adult literary festival YALLFest, but there was not an independent (nonspecialty) bookstore until Itinerant Literate.

Community is at the core of Itinerant Literate's approach. Partly this is a natural outgrowth of having a store that's capable of being in different places on different days, but it's also an extension of the owners' wish to do more than just sell books.

The first Sunday of every month is dedicated to children's "story time," at a local coffeehouse, The Orange Spot. Second Saturdays it's adult time at The

Brew Cellar.

Each month they host a book club with up to 25 participants. In March, Charlie Jane Anders, author of "All the Birds in the Sky," will appear via Skype.

Less than two years in, the store has proved "viable," but Turner and Thompson Lain are eager to put Itinerant Literate on the road for more days, having left their steady publishing gigs for remote and freelance work that will allow them more time with the store. They hope to do more events, lit crawls, live author visits and any other thing they can think of that brings people together to share their love of books.

They still think about that "fantasy" store, maybe something like Parnassus Books in Nashville, Tenn., owned by author Ann Patchett, which has a mobile store to go with her generous bricks-and-mortar location.

Perhaps once Turner and Thompson Lain dreamed of working in the glamorous world of New York publishing, but they said their time in the Charleston area and work with the community has convinced them they're right where they belong.

Bookselling will never be easy, but they appear to be in it for the long haul. Literally.

John Warner is the author of "Tough Day for the Army." Follow him @biblioracle.

Book recommendations from the Biblioracle

John Warner tells you what to read next based on the last five books you've read.

1. "A Woman Looking at Men Looking At Women" by Siri Hustvedt
2. "Walk Through Walls" by Marina Abramovic
3. "War and Turpentine" by Stefan Hertmans
4. "What Belongs to You" by Garth Greenwell
5. "Eileen" by Ottessa Moshfegh — Penelope R., Madison, Wis.

I'm reaching for a classic of modernism here that is a little strange and requires the reader to embrace its dense, poetic style, but Penelope's list tells me she's a good candidate for "Nightwood" by Djuna Barnes.

1. "Girl Waits With Gun" by Amy Stewart
2. "Hidden Figures" by Margot Lee Shetterly
3. "Firefly Lane" by Kristin Hannah
4. "We Were Liars" by E. Lockhart
5. "Leaving Time" by Jodi Picoult — Jackie T., Rolling Meadows

I'm going to turn Jackie on to the work of Michelle Huneven, whose books generate plenty of story-related tension while also probing deeply into the psyches of her protagonists. Start with "Blame."

1. "Paper Lion" by George Plimpton
2. "Moonglow" by Michael Chabon
3. "Razor Girl" by Carl Hiaasen
4. "Dark Matter" by Blake Crouch
5. "The Fireman" by Joe Hill — Tony T., Chicago

I think Tony will enjoy a fresh, new take on the noir/detective genre: "IQ" by Joe Ide.

Get a reading from the Biblioracle!

Send a list of the last five books you've read to printersrow@chicagotribune.com. Write "Biblioracle" in the subject line.



puzzle island

For interactive puzzles and games go to chicagotribune.com/games

2/26

ZOO STORIES: And people involved with them

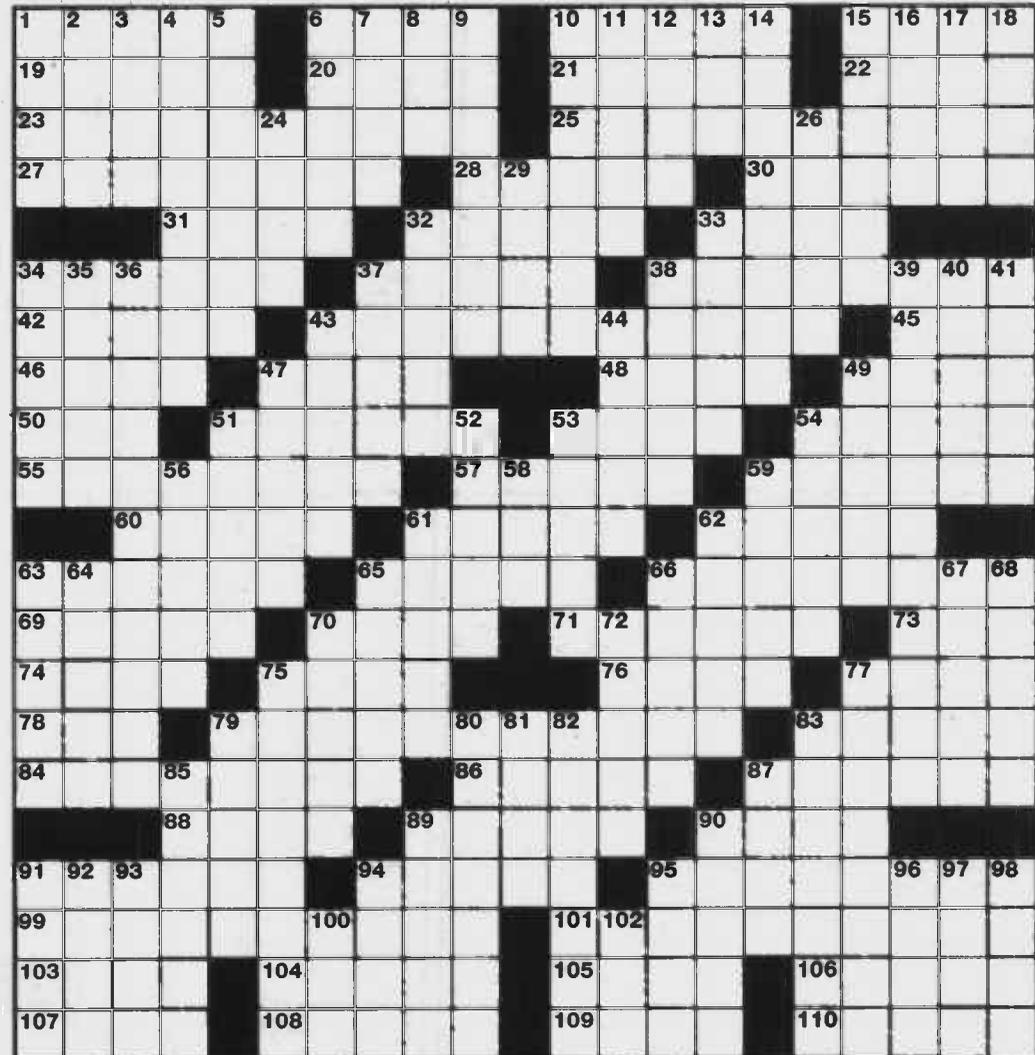
BY S.N. | EDITED BY STANLEY NEWMAN
(stanxwords.com)

ACROSS

- 1 Tent entrances
6 Henry the Eighth's sixth
10 Move like a water moccasin
15 Keeps cool, perhaps
19 Part of modern-day Turkey
20 This: Sp.
21 *Star Trek* officer
22 Fast-food packet, perhaps
23 *Gorillas in the Mist* author
25 *Monty Python's The Meaning of Life* director
27 Punctual
28 2006 Court appointee
30 Is unsatisfactory
31 Kimono closers
32 He directed Tom in *Sully*
33 Neighbor of Niger
34 *Life of Pi* director
37 Handle clumsily
38 Deprecate
42 Editor's mark
43 *The Lion in Winter* star
45 Surveillance device
46 Pasture complaints
47 Datum
48 Groups of stadium seats
49 High-fashion
50 Ostrich cousin
51 Impressive setups
53 Toppers
54 Shannon's county
55 Vito Corleone, by birth
- 57 Southern pie ingredient
59 Certain line's offering
60 Has a capacity for
61 Penitent
62 What Sophocles spoke
63 Word on the Canadian province list
65 Trojan War saga
66 Flourishes
69 Word before race or right
70 Voiced
71 Gentle touch
73 Large tub
74 Hamlet lament
75 Hoodlum
76 Lack of fairness
77 Speck on a globe
78 *Fresh Air* ailer
79 *The Pelican Brief* author
83 It's just over a foot
84 Accountant's expertise
86 Omelet ingredient
87 Didn't leave
88 Left humbled
89 Tough nut to crack
90 Give/take transaction
91 Dairy product designation
94 Primary points
95 59 Across schedule
99 *American Buffalo* playwright
101 *The Bad News Bears* star
103 Airport shuttle operator
104 Elegance of action
105 Rather similar
- 106 Instrumental exercise
107 Shout of approval
108 Web-footed mammal
109 Pop singer Bareilles
110 Merest bit

DOWN

- 1 Generic pooch
2 Steak cut
3 Art school class: Abbr.
4 Balloon flaws
5 Sure thing
6 Cuban money
7 Mgr.'s helper
8 GPS offering
9 Sovereign's self-reference
10 Interrupted
11 Scarlett's third
12 Cretan money
13 Goof
14 Nonsubscriber online restrictions
15 "Leave that to me"
16 Jargon
17 Looked over
18 Nothing special
24 Comics canine
26 Grendel's mother in the *Beowulf* film
29 Truth twister
32 Feline
33 Feline remarks
34 Pinnacles
35 Actress Watts
36 *Monkey Business* star
37 Southern pie ingredient
38 Diner seating
39 *Swan Lake* composer
40 Sanctuaries



Last week's answers appear on the last page of Puzzle Island

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43 Law office aides
44 *Hairspray* girl
47 Painter Kahlo
49 Detective's detections
51 Go-for-broke wager
52 Ruin, as a surprise
53 Either end of "chaotic"
54 Salad veggie
56 Merest bits
58 Historical interval
- 59 In a foul mood
61 Jargon
62 Hint of light
63 Refuse to, quaintly
64 It's Nero's fault
65 Smooths, as shirts
66 Wilson of the Beach Boys
67 French director Louis
68 Knight's ride
70 Exhibited awe
72 More than dislike
- 75 Old school cheer
77 If absolutely necessary
79 Yakked it up
80 Traditional early riser
81 Research facility: Abbr.
82 Midday breaks
83 Speechless
85 Salad veggie
87 Start a triathlon
89 Magazine article
- 90 Clubhouse amenity
91 Sydney salutation
92 Ecstatic review
93 Adidas alternative
94 Future MBA's exam
95 Ruckus
96 With 97 Down, Beaufort scale category
97 See 96 Down
98 Wheelless vehicle
100 Creative technique
102 Alias introducer

Quote-Acrostic

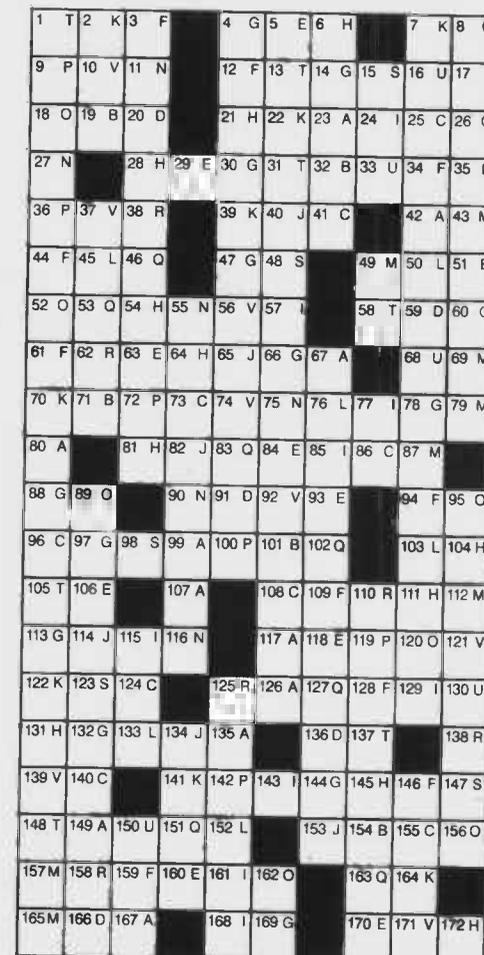
1. Define clues, writing in Words column over numbered dashes.
2. Transfer letters to numbered squares in diagram.
3. When pattern is completed, quotation can be read left to right. The first letters of the filled-in words reading down form an acrostic yielding the speaker's name and the topic of the quotation.

Clues

Words

- A. 'Come on like _____' 80 107 67 135 42 126 149 23 167 99 117
- B. Clear of a charge 19 71 154 101 51 32
- C. Hong Kong pirate hang-out: 2 wds. 86 140 60 155 25 96 41
108 73 124
- D. Neglect 166 136 20 35 59 91
- E. Not in my lifetime!: 3 wds. 106 29 84 63 118 170 5 93 160
- F. Good example 109 94 44 159 3 128 146 34 61 12
- G. Like Ragtime Cowboy Joe: 2 wds. 14 113 66 4 144 88
132 47 169 97 78 30
- H. Motor-mouth: 2 wds. 28 54 131 145 111 172
21 81 64 104 6

- I. Positive and negative, e.g. 24 161 168 129 143 85 57 115 77
- J. Prospered 17 40 82 65 114 153 134
- K. Bush attorney general 22 7 2 141 70 122 164 39
- L. About stone 45 133 103 50 76 152
- M. Washington Capitals captain 165 157 69 49 112 87 43 79
- N. Beautiful and happy 27 55 90 75 11 116
- O. As good as can be 89 120 162 156 18 95 52
- P. Get 100 142 36 72 9 119
- Q. Led first air-raid on Tokyo 53 163 26 127 151 8 83 102 46
- R. Emend 62 110 38 158 125 138
- S. Like a typical 3-year-old 98 147 48 15 123
- T. Singer, songwriter Douglas 58 31 13 105 137 1 148
- U. They're in Philadelphia and Denver 68 33 130 150 16
- V. Squeeze 92 121 56 37 139 171 10 74



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By Robert O'Neill.
Edited by Linda and Charles Preston.
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Name Game

BY CHARLES PRESTON

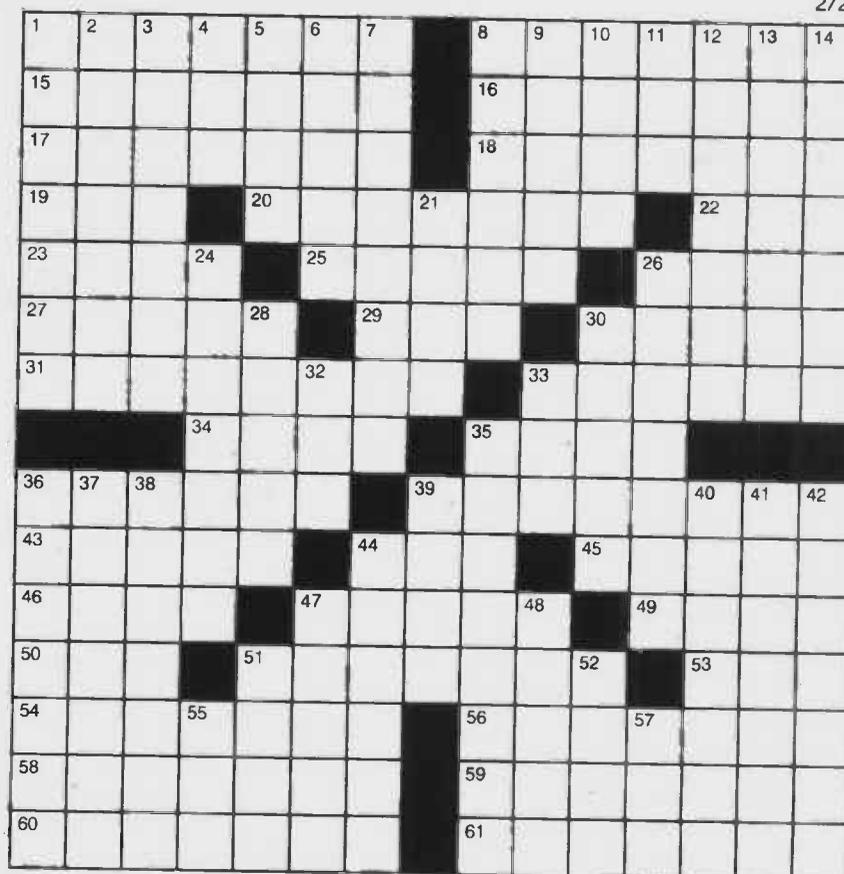
Across

- 1 Where the Coosa flows
- 8 Nautical fid
- 15 Misses Adler and Tebaldi
- 16 Venezuelan river
- 17 Inhabitants
- 18 Philatelic term: pl.
- 19 Aries
- 20 Wanting
- 22 Complete the ninth letter
- 23 Tierra del Fuegians
- 25 Thief, e.g.
- 26 City on the Dvina
- 27 Tree trunks
- 29 Communication medium: abbr.
- 30 Panama town
- 31 Talked back
- 33 Vibrated with life
- 34 Angered: archaic
- 35 Vale
- 36 Pipe collar
- 39 Contemned
- 43 Kitchen item
- 44 Wino

- 45 Genoese lucky number
- 46 Sweetshop
- 47 Nibbles
- 49 Harvest
- 50 Garnet, e.g.
- 51 Chooses
- 53 Burgundian friend
- 54 Past era
- 56 Symbolic
- 58 Wool fat
- 59 Basic constituent
- 60 Dressy
- 61 Strips

Down

- 1 Goa powder
- 2 Danny Thomas's ancestral home
- 3 Zoo denizens
- 4 Bath: Ger.
- 5 Amenhotep IV's object of worship
- 6 Quadruped females
- 7 Agreed
- 8 Party
- 9 Practical joke
- 10 — Ling
- 11 Business abbreviation
- 12 Publishes together
- 13 Bucolic poem
- 14 Cyrano's conceiver
- 21 Contract
- 24 Repairs of a sort
- 26 Cheerleader
- 28 Traditional graduation suit material
- 30 Swallows hastily
- 32 Female ruff
- 33 Foot: L.
- 35 Observed, as clues
- 36 Meaningless post office stamp
- 37 Of the side
- 38 Wildflower
- 39 Overlove
- 40 Took off, as wallpaper
- 41 Cotton fabric
- 42 Limns
- 44 — movies
- 47 What to do with a beguine
- 48 It's sometimes mink
- 51 Spanish room
- 52 Swedish weight
- 55 Eggy drink
- 57 Ostrich's cousin



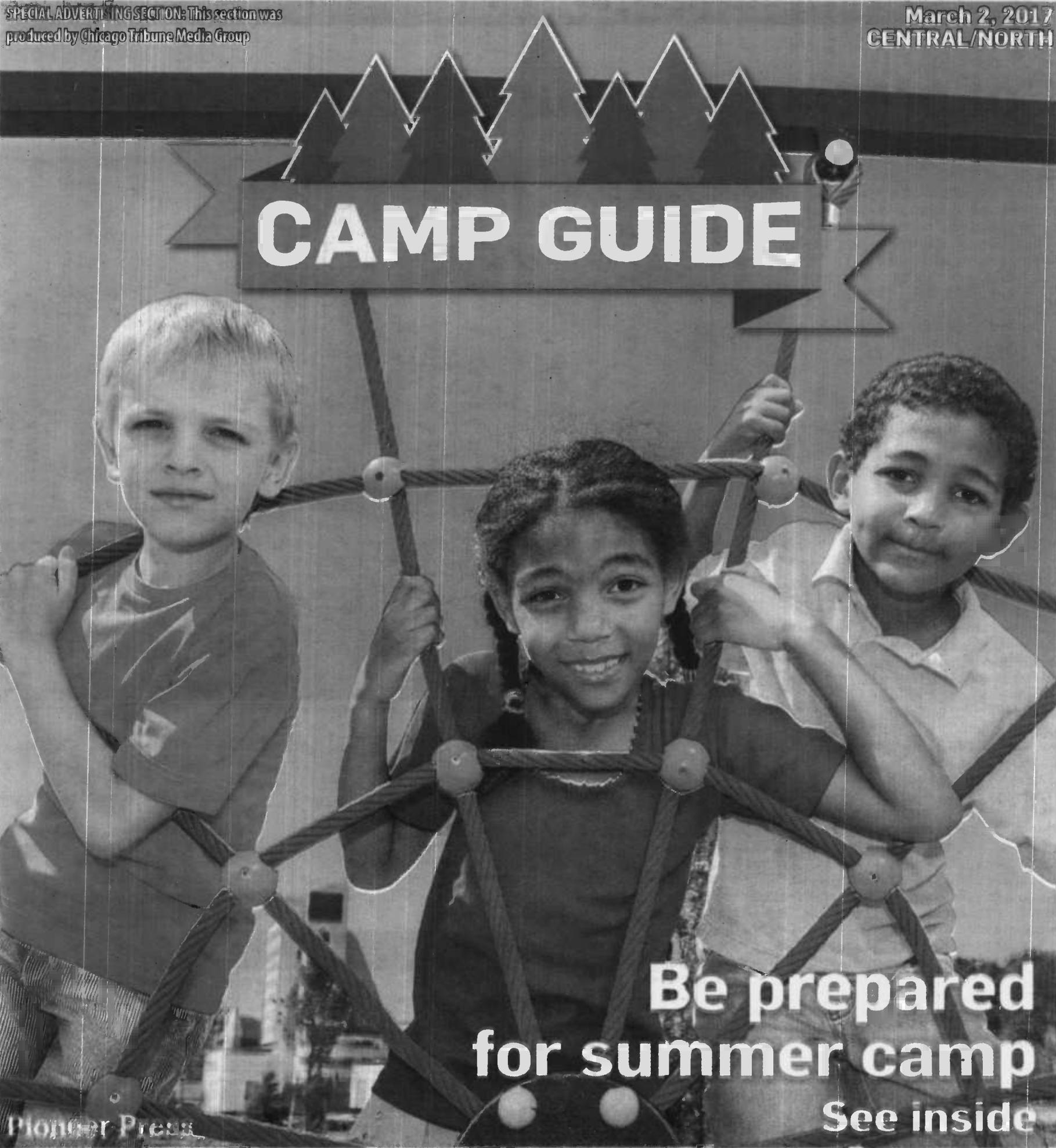
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March 2, 2017
CENTRAL/NORTH

2



CAMP GUIDE

**Be prepared
for summer camp**
See inside

Pioneer Press

Get prepared for summer camp season

Summer camp season is just around the corner. Each summer, millions of children depart for campsites around the country to swim, hike, craft, and enjoy the companionship of friends.

Summer camps in North America were first established in the 1880s and were attended by children without their parents for overnight stays. By the 20th century, summer camps had become an international phenomenon, and various organizations hosted traditional summer camps or camps geared toward religion, sports, music and other subjects and activities.

According to the American Camp Association, each year more than 14 million children and adults in the United States attend camp. America is home to more than 14,000 day and resident camps (8,400 are overnight camps and 5,600 are day camps). Nonprofit groups are the largest sponsors of summer camps.

Many people put off summer camp planning until it is too late. Parents should keep in mind that camps begin registration early in the year and have specific cut-off dates for enrollment. Parents who want to beat the crowds this year can use this guide to help plan a summer camp agenda.

Attend an orientation seminar. Take the time to visit prospective camps for a tour, and use this open house as an opportunity to learn more about the programs offered. If available, find a camp employee to discuss your child's eligibility for enrollment. Some camps may offer webinars for convenience.

Fill out the enrollment package completely. Each camp has their own requirements for registration. Expect to submit some personal information, including a medical background and proof of insurance, names and numbers of emergency contacts, and any other pertinent information as it applies to the camper. This may include



Start gearing up now for summer camp plans to guarantee kids attend the camps they prefer.

allergies, fears, physical or mental disabilities, or even preferences in camp courses.

Establish payment schedules. Summer camps vary in price. The ACA says camp costs range from \$100 to more than \$1,500 per week. However, many accredited camps offer some sort of financial assistance for children from families with limited financial means. If cost is a factor, be sure to broach the subject.

Prepare children for the physical challenges a camp may present. Summer camp activities may be rigorous, and campers may need to be cleared by a physician before starting. Be sure to schedule a physical for your child and bring along any pertinent forms. Children also should increase their levels of

physical activity compared to the often sedentary nature of winter. Such preparation can prevent injuries when engaging in outdoor and physical activities.

Shop for supplies. Camps are likely to provide a list of requirements with regard to clothing and other equipment campers will need. Make sure kids have enough shorts, T-shirts, socks,

athletic shoes, swimsuits, toiletries, and other camp necessities before they leave.

Keep children in the loop. Engage children in the planning process to help alleviate their fears and get them excited about summer camp.

Summer camp can foster lifelong memories. Parents can help kids prepare in advance for the fun that's soon to arrive.

Camp Guide

Chicago Tribune Media Group

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Summer camp is a fun way that millions of children spend their summers each year.

Choosing the right summer camp

It can be difficult to envision warm summer days when the wind is blowing and the snow is falling.

However, the winter months are a great time to explore summer camp options. In fact, many camps have strict enrollment timelines that require decisions to be made prior to spring.

Attending summer camp has been a tradition in the United States for more than 150 years. Statistics indicate that around 30 million American kids attend summer camp each year. There are many benefits to summer camp. Camp enables children to stay engaged during the summer when there may be limited interaction with school friends. It also gives parents both a safe and viable daycare solution during the summer.

Summer camp pulls together children from different neighborhoods, social classes and backgrounds, which can make it a good place to meet new people — some of whom may become lifelong friends.

Camps also provide a variety of activities that can challenge children to try new things that go beyond their comfort zones.

Some children are very receptive to the idea of attending summer camp. Others need a little coaxing. But summer camp should never be forced on a child who does not want to go. In such instances, consider local daytime programs that may fill the void instead of programs that require being away from home. Once the decision for summer camp is made, there are some questions to answer.

- What are your finances like? Do you have a budget for summer camp?
- What size camp do you desire?
- Should the camp be co-ed or single sex?
- How far do you want your child to travel for summer camp? What are the options in your area?
- Are there any camps that have been recommended by friends or family members?
- What kinds of activities do your children enjoy?

These types of questions will help you narrow down your options. Then you can visit and interview camps to find one that is the best fit. When visiting camps, go armed with a checklist of questions. Some

of these can include:

- What is the philosophy of the camp?
- Can you explain a typical day?
- What are the types of activities and facilities offered?
- What is the camper-to-counselor ratio?
- What is the camp's drug/alcohol policy?
- Does the camp have insurance and security personnel?
- What percentage of staff return each year? How are staff selected and trained?
- What kind of health care is provided?
- Can you tell me about the policy on phone calls and family visits?
- What do you do in the event of emergencies?

There are many different camps available. Some offer a "little bit of everything." Others cater to academics, sports, specific hobbies or even religious preferences. Don't wait too long to research and sign up for camps because many fill up quite early or have an extensive waiting list. That is why choosing a camp should be part of a winter to-do list.



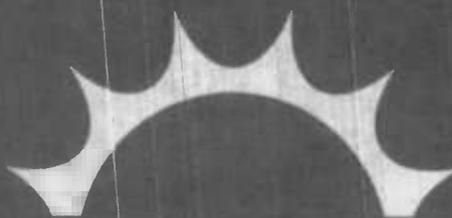
Sign-up for junior tennis camp

Northbrook Racquet Club's Summer Junior Tennis Camp starts June 12, so get ready to make new friends, learn and have fun. Head pro Jimmy Doessel keeps the courts jumping with drills, games and competitive play; low student/instructor ratio and one-on-one instruction helps perfect new skills.

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Northbrook Racquet Club offers junior tennis camp this summer.



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Begin planning kids' summer recreation now

Many families spend winter figuring out how to chase away cabin fever and endure frigid temperatures until spring and summer mercifully return. Parents thinking ahead to swimming pools and days lounging on the beach can put their daydreams to practical use by planning ahead for their youngsters' summer vacations.

Youth recreational programs and summer camps can bridge the gap in care between the end of school and the day when classes resume. Due in part to high demand, parents who want to place their kids in summer rec programs or summer camps should be vetting such programs and camps well in advance of summer. The following are a handful of tips for moms and dads who want their kids to have fun and fulfilling summers.

Ask for recommendations

Speak with fellow parents and trusted friends about where they send their children. Personal recommendations can be very helpful, providing firsthand insight into a particular camp or program. Schedule appointments to visit camps that fall within your budget. Take your son or daughter along so he or she can get a sense of what camp will be like.

Explore all options

Camps come in more flavors than ever before. Certain camps may be faith-based ministries while others may focus on particular sports. Band camps and art camps may appeal to creative kids. Also, there are plenty of general-interest camps that offer various activities without narrowing in on any particular one. Parents may need to choose between a sleepaway camp or day camps, depending on which camp experience they want for their children.

Inquire about camp schedules

While many camps are flexible, day camps do not have the same



level of flexibility as after-school programs. Arrangements will need to be made if care is required after regular camp hours. Speak with camp staff to see which types of after-hours programs, if any, are available.

Determine your camp budget

As varied as program offerings may be, camps also can vary greatly with regard to cost. Government-run camps may be less expensive than those offered by private companies. Day camps typically cost less than those that provide room and board. Find out if a particular organization subsidizes a portion of camp costs. Scouting programs often have a dedicated camp and may offer affordable options for Scouts. Martial arts schools and

dance centers frequently offer camp schedules.

If camp seems out of reach, look into local summer recreation programs at parks or schools. Such programs may not be as extensive as those offered by camps, but they can quell kids' boredom and keep children occupied during the day.

In addition to camp, remember to plan for some free days so children can just enjoy some downtime. Such days can break up the monotony of a routine and provide kids and families time to relax together.

Summer recreation may be far off, but it is never too early to start making summer plans, including finding camps and other activities for kids.





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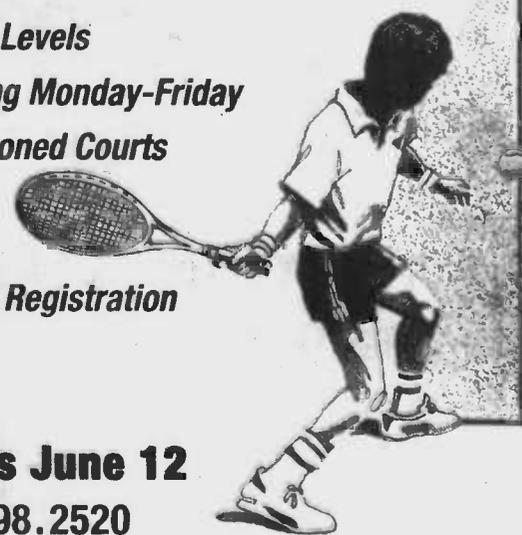


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 anokijig.com

Canal Shores Golf Course
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 Evanston
 847-475-9173
 canalshores.org

Decoma Day Camp
 4350 Walters Ave.
 Northbrook
 847-272-4560
 decomadaycamp.com

Good Times Summer Day Camp
 300 Waukegan Road
 Glenview
 847-729-4884
 goodtimesdaycamp.com



Northbrook Park District
 545 Academy Drive
 Northbrook
 847-291-2960
 nbparks.org

Northbrook Racquet Club
 2995 Dundee Road
 Northbrook
 847-498-2520
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The More the Merrier

BY GAIL GRABOWSKI

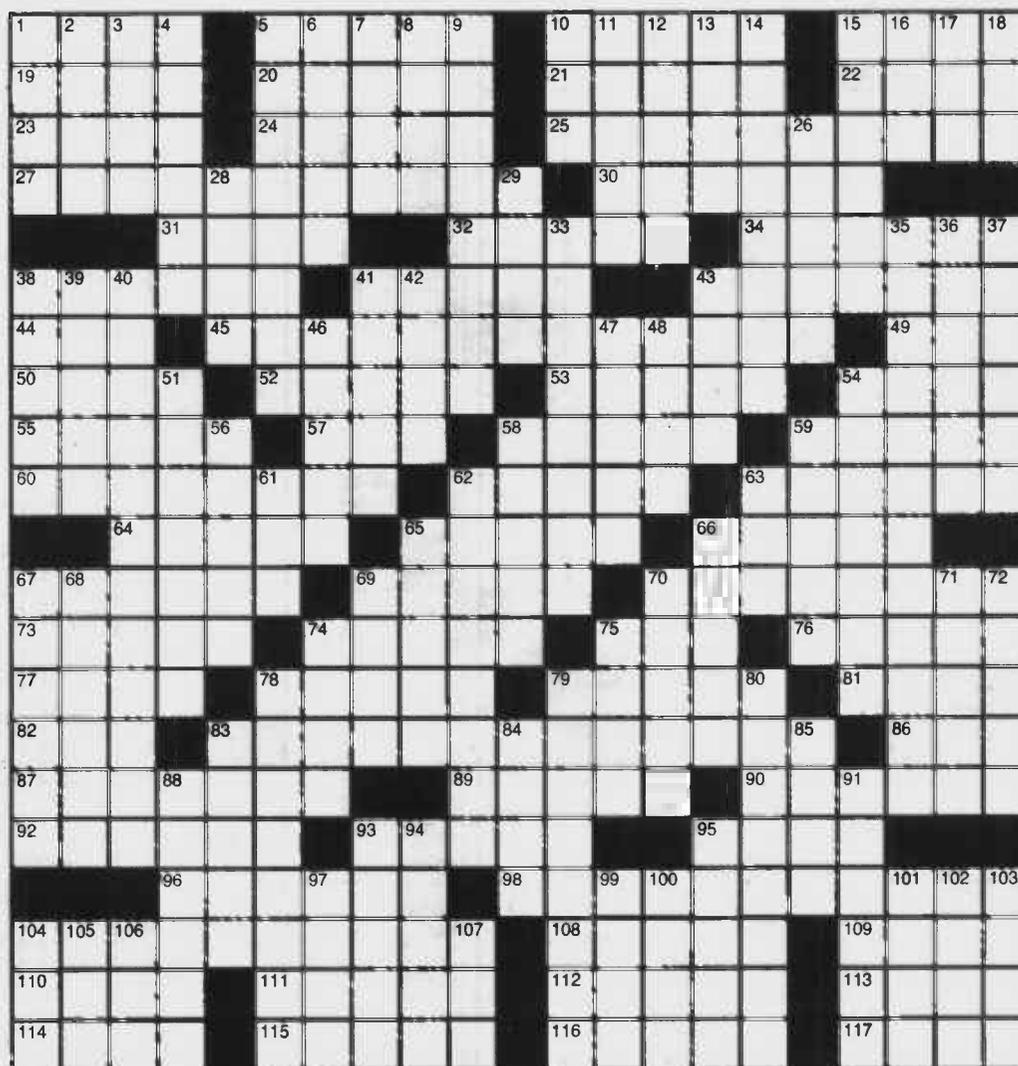
EDITED BY RICH NORRIS AND JOYCE NICHOLS LEWIS

Across

- 1 Made a mess of
5 Authorizes
10 Audibly jarred
15 Off the premises
19 Coastal South
20 American capital
21 Unenthusiastic about, with "for"
22 Hard wear
23 "Good job!"
24 Wistful word
25 Words after do or before you
26 Trendy tots' footwear?
27 Tippy tour members?
30 How Steak Diane is traditionally served
31 Ermine cousin
32 One may be responsible for rain
34 Came down
38 Gambler's concern
41 "Dog Whisperer" Millan
43 Starting point
44 Extended time off, briefly
45 Bakery products made with white chocolate?
49 HVAC measure.
50 It's near the humerus
52 Hard to keep up?
53 Musical shortcoming
54 Publication sales fig.
55 Diploma word
57 Sit in a cellar, say
58 Opposite of belt
59 Co-star of Keanu in "The Whole Truth"
60 Isn't serious
62 Stake-driving tools
63 Many a March birth
64 Chef's supply
65 Has to repeat, maybe
66 Mouthy retort
67 Superhuman
69 "Nuthin' but a 'G' Thang" rapper
70 Pay attention
73 More than apologize
74 New York governor Andrew
75 Catch a bug, say
76 Amassed, with "in"
77 When tripled, a story shortener
78 University town near Bangor

Down

- 1 Hardly thrilling
2 Taylor of "Six Feet Under"
3 Webby Award candidate
4 Words written with an index?
5 Party bowlful
6 Longtime photo lab supplier
7 Somewhat
8 Doctor Zhivago
9 Passes in a blur
10 "How relaxing!"
11 Ill-gotten gains
12 With room to spare
13 Noodle sometimes served with a dipping sauce
14 Provider of cues
15 Get in on the deal
16 ___ Fit: video exercise game
17 Par-four rarity
18 "No doubt"
19 Penetrating winds
20 Capital of Yemen
21 Scorch
22 Strict control
23 Snacks Batman can't have?
24 Primary course
25 Brilliant display
26 Emphatic assent, in Sonora
27 Really cold
28 Govt.-issued aid
29 Complimentary hotel apparel?
30 Changed-my-mind key
31 Protective film
32 Boundaries
33 Zeroes in on
34 Stunning instruments
35 "The Picasso of our profession," to Seinfeld
36 Folk first name
37 Unabbreviated
38 "Check out those platters of candy and fudge!"
39 Tournament-changing scores?
40 Gaucho's turf
41 Couture monthly
42 Kibbles 'n Bits shelfmate
43 Brief concession
44 "Don't care what they do"
45 Upswing
46 Elaborate ruse
47 Cookware brand
48 Puts one over on
49 Call for
50 They may be wild
51 Rough patch
52 Really cold
53 Protective tops for cattle drivers?
54 Guzzles
55 Novel conclusion
56 Phillips of "I, Claudius"
57 Incites
58 Angora and alpaca
59 Modernists, informally
60 Signal receiver
61 Citation Mustangs, e.g.
62 Cliff dwelling
63 Coptic Museum city
64 Bill add-on
65 "The Blacklist" network
66 Contingency funds
67 Water___: dental brand
68 Illegal laundering operation, say
69 ___ Lama
70 Reacts to, as a dog does the moon
71 Minnesota lake
72 OutKast and others
73 Is inclined
74 "The Gondoliers" bride
75 Royal order
76 First Nations tribe
77 Heat rub target
78 Surpass
79 Deep-fried appetizers
80 Elegant cafés
81 Bouquet ___
82 Object of adoration
83 Rural structure
84 Driver's starting point
85 In step with the times
86 Earlier offense
87 Singer Della
88 Late-'60s Maryland governor
89 In a laid-back manner
90 Author Robert ___
91 Butler
92 Green Hornet sidekick
93 Netman Nastase
94 Apart from this
95 Flower child?
96 "What nonsense!"
97 Worldwide workers' gp.
98 Scholastic meas.
99 It sells in advertising



Last week's answers appear on the next page

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Jumble

Unscramble the six Jumbles, one letter per square, to form six words. Then arrange the circled letters to form the surprise answer, as suggested by this cartoon.



PRINT YOUR ANSWER IN THE CIRCLES BELOW



This week's answers appear on the next page

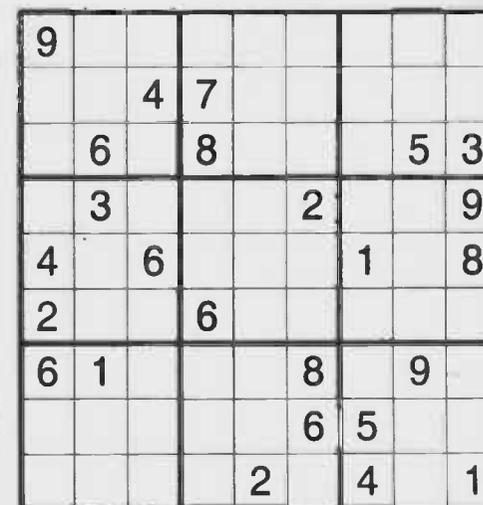
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Sudoku

2/26

Complete the grid so each row, column and 3-by-3 box in bold borders contains every digit 1 to 9.

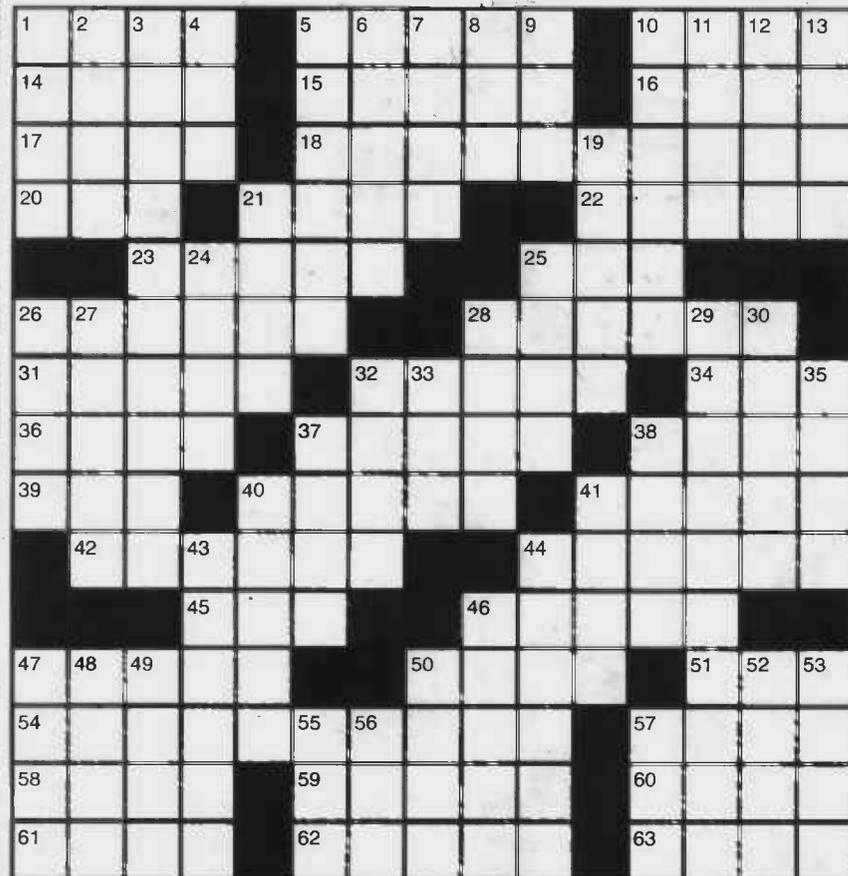
Level: **1 2 3 4**



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Crossword



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3/1/17

ACROSS

- 1 Hairdo
5 Cinnamon or nutmeg
10 Paper fastener
14 TV's "___ Street Blues"
15 Ease, as someone's fear
16 Mexican wolf
17 Friendly nation
18 Open to attack
20 Fraternity letter
21 Dines
22 Pack animals
23 "It takes two to ___"

- 25 Fall month: abbr.

- 26 Veer off course
28 Graduate paper
31 Shindig
32 Brown hairy-skinned fruits
34 Capture
36 Gabor & others
37 Outdoor sitting area
38 Prison knife
39 Damp
40 Guitarist Eddie Van ___
41 Unable to see
42 Partial return of money paid
44 Misgivings

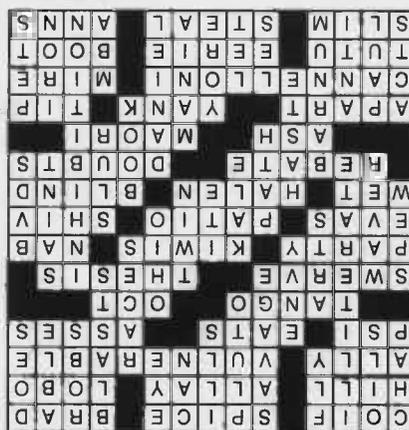
- 45 ___ Wednesday; today

- 46 Native New Zealander
47 Take ___; undo
50 Pull hard on
51 Waiter's hope
54 Dish of filled pasta tubes
57 Deep mud
58 Ballerina's skirt
59 Uncanny
60 Cowboy's shoe
61 Slender
62 Swipe
63 Jillian & Curry

DOWN

- 1 British fellow
2 Lubricates
3 Unable to read or write
4 Pesky insect
5 Barbarian
6 Disney dog
7 Problems
8 Is able to
9 Needle's hole
10 Explosions
11 Estes & Lowe
12 Competent
13 Mothers of fawns
19 Churchill Downs events
21 Jealousy
24 ___ and crafts:

Solutions



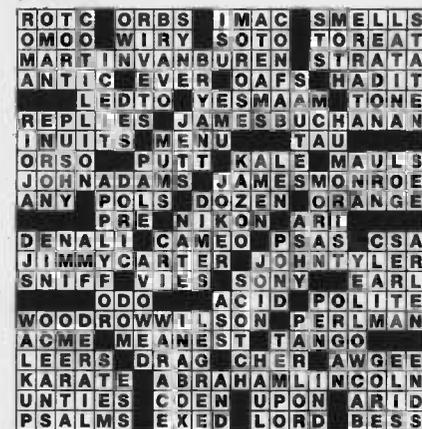
- 25 Midwest state
26 Gush forth
27 Vacillate
28 Jacob, to Esau
29 Shyness
30 New Orleans' football player
32 Leaf cabbage
33 Suffix for favor or meteor
35 Underwear, for some
37 Walkway
38 Unkind remark
40 Speediness
41 Primer or tome
43 Bailey's circus partner
44 Explorer Boone
46 Extreme enthusiasm
47 Performances
48 Beatle name
49 One opposed
50 Days of __; yesteryear
52 Press clothing
53 Flea collar wearers
55 "___ Miserables"
56 Permit
57 Advanced deg.



puzzle island solutions

Last week's crosswords

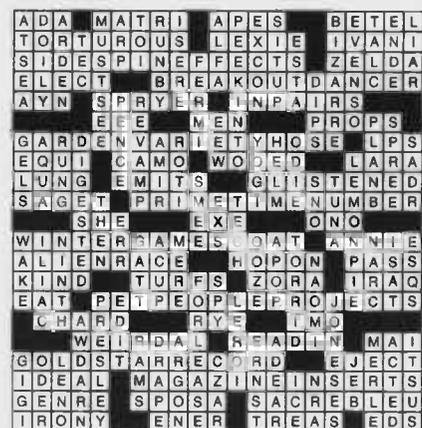
"FIRST AND LAST"



"Tourist Spots"



"Between the Covers"



Last week's Quote-Acrostic

ANN KADET: UGLINESS FOR ALL:
We design gorgeous blenders, retro washing machines and vacuums resembling objets d'art from the space museum, but window air conditioners remain as altogether shockingly unattractive, bulky plastic boxes.

Last week's Sudoku

3	8	2	4	1	6	7	5	9
1	9	4	7	3	5	8	2	6
5	6	7	9	8	2	1	4	3
9	7	1	2	5	4	6	3	8
8	4	3	1	6	7	2	9	5
6	2	5	8	9	3	4	7	1
2	3	9	6	4	1	5	8	7
7	1	8	5	2	9	3	6	4
4	5	6	3	7	8	9	1	2

This week's Jumble

FROSTY SLEEPY SPRAIN
PRAYER. OUTFOX FREELY

The new Ophthalmologist's office was —

A "SITE" FOR SORE EYES



How to love yourself in lingerie

I have a question for my female readers. How many times have you gone shopping for lingerie, tried something on, looked in the mirror and said to yourself, "Wow. I feel really good in this?"

Zero? That's what I thought. Most women I know (including me) have a tendency to criticize and nitpick every stretch mark, roll, varicose vein and extra pound we have on our bodies. So, why would a woman want to shop for bras, underwear and teddies that are meant to accentuate parts of the body that she sees as flaws?

It truly baffles me how every woman I know is constantly trying to improve her body. Larger women, medium-sized women, even skinny women! Most women are guilty of something that's a pretty big deal: they fail to accept, appreciate or celebrate their physical beauty in any real way.

Add to body image insecurities the media's portrayal of what beauty should look like, which includes the Victoria's Secret models we are conditioned to emulate, and I have to wonder how the heck lingerie got to be a multibillion dollar industry.

A woman named Psyche Terry gave me the answer: Versus buying lingerie to wear for your boyfriend or your spouse, lingerie is meant to be purchased for you – to magnify inner feelings you want to bring out.

"Most women's fear of wearing lingerie is that they are afraid they won't look like what we see in the media, that they won't meet that expectation of what desirable means," said Terry, who is the founder of her newly launched Dallas-based lingerie company, Inspire Psyche Terry. "Lingerie is designed to let a woman decide who she wants to be today or tonight. You can be romantic or regal or comfortable. Lingerie can exude the definition of any of those words the minute you put it on and enable you to decide what part of yourself you want to tap into."

Terry, a mom of three young children, explained that during her life she has been every size, from a 2 to a 20. She said women of all sizes and shapes can feel confident in their own skin, but that it all begins with self-love.

"It's a process to learn to love yourself," said the 35-year-old Terry, who is also the founder of Psyche Terry's Girls That Rock, an organization that helps high school girls graduate and apply to colleges. "We as women have to learn that we are desirable and it's so much bigger than our breasts or our legs. Being desired comes from what we bring to the table. We as women are entrepreneurs and friends and



JACKIE PILOSSOPH
Love Essentially

parents and wives and there are so many different facets to us. We sometimes forget that and we think a wrinkle or a roll defines who we are and it doesn't."

In my opinion, sex appeal and physical attraction come from what I call "the whole package." What

I mean by that is you can meet someone who has a perfect body, a beautiful face and who looks like a model, but if the attraction doesn't go beyond looks, the relationship most likely won't last.

Sex appeal and sustained physical attraction come from a few things, which can include: respecting the person, thinking the person is really smart or interesting, realizing how much that person makes you laugh, or appreciating an attribute such as warmth, kindness or honesty.

Sex appeal and physical attraction come from knowing the person is confident and self-assured, and that he or she possesses self-love. In other words, if you aren't attracted to yourself, others will catch your vibe and feel the same way.

Next time you look in the mirror, forget what you're wearing and try looking deeper. Look at what you're worth to others. Look at the lives you affect positively every day. Look at the mom you are, the wife you are and the friend you are. If you like what you see, it's hard not to love what's physically staring back at you, and that includes the lingerie you're wearing.

Psyche Terry's tips for "rocking lingerie like a queen:"

■ You're not alone: There are a huge number of women who lack confidence; it's not just you. This is something that even famous, beautiful women struggle with and the first step to overcoming it is to recognize the issue and face it head on.

■ You're not the problem: Your products are. According to a UK survey conducted by Simply Be, from a sample of 2,000 women ages 18-34, 55 percent reported feeling more confident in a perfectly fitting bra. Sadly, though, 80 percent of women aren't wearing the right size bra. How many women would be trying new bras and style if they had options truly fit for a goddess and specifically designed to enhance their shape?

■ Just go for it: In the end, you've just got to take the leap. Start small and work your way up. You may not jump right to a thong, but maybe start with a new, exciting color or a sexy nightgown that flatters your body shape. Everyone's comfort zone is different, so do what's doable for you but still bold enough to challenge you.

Jackie Pilossoph is a freelance columnist.

MARK AND MICAH



MARK SUPPELSA

MICAH MATERRE

WEEKNIGHTS

CHICAGO'S VERY OWN

WGN⁹NEWS

HEALTH

ASK THE DOCTORS

Common preservatives can cause food allergies

By Dr. Robert Ashley
Ask the Doctors

Dear Doctor: BHT, a preservative in a lot of food products, really does a number on me. One serving of food with BHT, and I wake up with terrific pain in my head and right eye, upset stomach, chills and fever. How common are such allergies, and how can I avoid these reactions?

Dear Reader: BHA and BHT, short for butylated hydroxyanisole and butylated hydroxytoluene, are antioxidants used to preserve a wide array of foods, including snack foods, meats, butter, chewing gum and rice, as well as cosmetic products and medications. Both BHA and BHT prevent oxidation of oils, helping prevent ingredients from becoming rancid and, in some foods — such as breakfast cereals, baked goods and potato chips — helping maintain product crispness.

These antioxidants rarely cause allergic reactions. This was first officially evaluated more than 25 years ago in a placebo-controlled trial involving two patients who had a history of hives; the patients were first exposed to BHA and BHT via foods in their diet, then to a placebo. The elimination of these two components from their diet led to a reduction in the frequency and the severity of their hives.

In 2007, a study published in *Toxicology and Applied Pharmacology* identified the mechanism for the allergic reaction. In studying rats given BHT, researchers found an increase in immediate skin allergies, linking it to an allergic response that caused a type of white

BHA and BHT are antioxidants used to preserve a wide array of foods.

blood cells, known as mast cells, to release the chemicals histamine and leukotrienes. These chemicals caused an allergic response in the skin.

Questions remain, however, about the effect of the chemicals and the allergic response to them. Although the chemicals could theoretically induce nasal allergies and asthma in those already susceptible, researchers have yet to establish proof of increased asthma or nasal allergies with BHA.

BHA in particular has been singled out as potentially increasing the risk of cancer. This worry stems from studies in rats and hamsters in the 1980s. One notable study showed that rats fed diets with up to 1 to 2 percent of BHA had increased cancers of the stomach. Of those that ingested a diet with 1 percent BHA, 20 percent developed cancers of the stomach; of those that ingested a diet of 2 percent BHA, 100 percent developed cancers of the stomach.

In the United States, the highest amount of BHA that is approved in foods is 0.02 percent, which is significantly less. Overall, some studies in rats have shown an increased risk of cancer, and others have shown a decreased risk in cancer.

When it comes to humans, researchers have found little evidence of a potential cancer link. In a study published in 2000 in

Food and Chemical Toxicology, researchers in the Netherlands used a dietary questionnaire to ask 120,000 men and women between the ages of 55 and 69 about their dietary intake of BHA and BHT. After six years, the authors found no increase in stomach cancer among those with higher BHA/BHT intake.

When it comes to cosmetic products, the very low percentages of BHA and BHT found in those products have not been linked to cancer.

Your reactions to BHT appear to be a form of allergy. Obviously, the best thing you can do is simply avoid this chemical. While writing this, I looked at the foods in my house to determine whether they might contain BHA or BHT and found only one item. So it seems you could eliminate your home exposure to BHA and BHT by reading labels.

Going out to eat is obviously trickier, so you'll have to be diligent. Stay away from clearly processed foods, and stick to whole, plant-based or healthful foods.

Pay special attention to sauces. If a food has a sauce, make sure to ask your server if it was made from totally fresh ingredients or if it might contain foods with additives, specifically BHA or BHT.

Robert Ashley, M.D., is an internist and assistant professor of medicine at the University of California, Los Angeles.

Send your questions to askthedoctors@mednet.ucla.edu, or write: Ask the Doctors, c/o Media Relations, UCLA Health, 924 Westwood Blvd., Suite 350, Los Angeles, CA, 90095.

PEOPLE'S PHARMACY PRESCRIPTIONS AND HOME REMEDIES

Antidepressants may lead to bone breaks for elderly

By Joe Graedon and
Teresa Graedon
King Features Syndicate

Q: Could osteoporosis be a side effect of antidepressants? I have taken antidepressants for years, and I am concerned about my bones.

A: Recent research from Finland shows that older people taking antidepressants are about twice as likely to break a hip (*International Journal of Geriatric Psychiatry* online, Jan. 5, 2017). The epidemiological data do not show whether bones are weaker or whether people taking antidepressants are more prone to fall.

A study in mice, however, suggests that fluoxetine (Prozac) might contribute to osteoporosis by interfering with bone biology (*Nature Medicine*, October 2016).

You might want to talk to your doctor about the new research. Never stop an antidepressant without medical supervision.

Q: I tried to stop Xyzal after taking it for 10 years for allergies. Every time I stopped, I'd itch like crazy and break out in hives. I thought I was nuts.

A: I am petite and have gained more than 15 pounds since I've been on the medicine. I really believe this steady weight gain is due to this medicine. Whenever I try to stop, I feel like I can't live without it.

A: We first heard about unbearable itching as a withdrawal symptom from the antihistamine cetirizine (Zyrtec) about seven years ago. Since then, hundreds of people have described a similar problem on our website. We notified the Food and Drug Administration but have seen no



RICK NEASE/DETROIT FREE PRESS

response. When we searched the medical literature for accounts of withdrawal itching, we found nothing.

Xyzal is a closely related medication, levocetirizine. We are not surprised that it, too, produced unbearable itch when you stopped it suddenly.

We were pleased, however, to find that an alert reader posted this to www.peoplespharmacy.com:

"I found a link to a peer-reviewed medical journal article about unbearable itching after Xyzal or Zyrtec withdrawal. Here is the explanation: 'Long-term treatment with antihistamines can decrease H1R gene expression to the basal level.' I hope this scientific explanation and the case reports that went with it make all of us feel less crazy. Zyrtec ought to have a warning label on the bottle. This is a serious mental and physical health issue."

The journal article our reader cited is in *Drug Safety Case Reports* (December 2016).

Q: Years ago, a blood test indicated my vitamin D was low. My doctor put me on a supplement. When I told her at the next visit that the vitamin D had cured my chronic headaches, she said, "I doubt it." I didn't

doubt it.

All my adult life, I'd had headaches once every month or two. They were severe enough to put me to bed for half a day and usually lingered another day or two, even with over-the-counter painkillers. After I started taking vitamin D, I never had another one of those headaches.

A: New research confirms your experience. Finnish researchers measured blood levels of 25-hydroxyvitamin D in more than 2,600 middle-aged men (*Scientific Reports* online, Jan. 3, 2017). Those with the lowest levels were twice as likely to suffer chronic headaches as men with the highest levels.

There is more information about the consequences of low vitamin D levels in our "Guide to Vitamin D Deficiency."

Anyone who would like a copy, please send \$3 in check or money order with a long (No. 10), stamped (70 cents), self-addressed envelope to: Graedons' People's Pharmacy, No. D-23, P.O. Box 52027, Durham, NC 27717-2027.

In their column, Joe and Teresa Graedon answer letters from readers. Send questions to them via www.peoplespharmacy.com.

Dear Chicago,
Will you send us your proposal
video? We're asking on one knee.



the **wedding**.com

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Enter for a chance to share your special moment.

By Matt Lindner
Chicago Tribune

As marijuana laws change and recreational use becomes more socially acceptable, matchmakers are having more open conversations with clients about the drug. But is marijuana use a turn-on? Probably not.

According to Match.com's Singles in America survey, which surveyed more than 5,500 U.S. singles in 2015, 70 percent of all singles said it's a turnoff if a potential romantic partner regularly smokes marijuana. However, 38 percent of men and 24 percent of women said they're open to dating someone who regularly lights up.

Data from OkCupid paints a slightly different picture. OkCupid spokeswoman Jane Reynolds wrote in an email that 2016 data showed that at least 50 percent of OkCupid users in every state except West Virginia (which clocked in at 47 percent) answered in the affirmative when asked, "Could you date someone who does drugs?"

Stef Safran, a Chicago-based matchmaker, says she has seen attitudes about marijuana change dramatically as states have legalized the drug for recreational or medicinal purposes. In November alone, voters in three states — California, Massachusetts and Nevada — passed measures to allow recreational use; three other states — Arkansas, Florida and North Dakota — voted to legalize the drug for medicinal purposes.

Safran says career often influences if someone tolerates a potential mate's marijuana use. Those who aren't in a profession with strong views about drug use — such as law or medicine — may be more open to it. "Like drinking," Safran says, "people do seem to state that if someone does use marijuana recreationally, they are OK with it if it is not a daily or every weekend habit."

A number of cannabis-friendly dating sites and apps have gone online in recent years, including My420Mate and High There!

My420mate launched in 2014 — on April 20, naturally — and now has nearly half a million members in 50 states and more than 88 countries, according to co-founder Miguel Lozano.

"As a daily smoker of cannabis myself, I came up with the idea about five years ago when dating sites were becoming more and more popular," Lozano says. "As a person who uses the benefits of cannabis, I thought it would be nice to have a way to meet potential dates and friends, alike, who supported cannabis use. With a site like My420Mate, I felt I would have an avenue to meet other cannabis users, and I didn't have to feel judged or explain myself."

Free app High There! bills itself as a social network for the cannabis community.

Co-founder and CEO Darren Roberts

High on love

With the legalization of marijuana in several states, new apps and matchmaking services cater to those seeking cannabis-friendly partners



BRENNAN LINSLEY/AP

says the app has attracted nearly 300,000 users, mostly in the U.S., since launching 18 months ago. Dating is only one component of the app.

"It's not just about meeting and dating," he says. "That does take place, but (sharing experiences on) the medicinal side of things, sharing experiences, travel, you name it. There's multiple ways in which people connect and the reasons for it."

Users fill out a brief questionnaire, which includes questions on your energy level when consuming cannabis, how you prefer to consume it, what kinds of activ-

ities you're into and a brief personal bio — up to 420 characters — detailing who you are and what you're looking for.

Users can then select whether they're in the mood to go out, stay in or chat. Much like Tinder and other dating apps, users see photos of other users, along with information about how far away they are. Rather than swiping left or right, users click buttons labeled "Bye There!" for people they don't want to get to know and "High There!" for ones they do. Tapping "High There!" sends a chat request to the other person. If it's approved, you can start chat-

ting right away.

"People generally are drawn toward individuals where they want to think they have some things in common," Roberts says. "Technology has made it a lot safer in a lot of ways because you're not sitting across from somebody at dinner and saying, 'You know what, I like to do edibles.'"

For a more personal touch, there's Molly Peckler, a 32-year-old California-based former matchmaker who launched Highly Devoted in June 2015, a service offering cannabis-friendly life coaching and dating coaching services ranging in cost from \$1,000 to \$3,000.

"I focus on helping people find a cannabis-friendly partner," she says. "In terms of the dating, what I'll do is I'll help people to figure out what they need in a compatible partner, and then I will help develop and implement online and offline dating strategies, so they can meet someone locally and bond over cannabis."

Peckler herself has been married for five years and with her husband for 11 years altogether. She says she and her husband initially bonded over their shared affinity for marijuana.

"The first time we met, we smoked weed together. It was such a great way to bond," she says. "We would spend hours just chatting over a bowl of weed getting to know each other, and this was before we even kissed. It's been a really important part of our relationship ever since."

So how does one become a cannabis-friendly life and dating coach, exactly?

"There were none of them out there before I came along," she says, laughing. "I just had the perfect background and perfect experience to fill a need that wasn't being filled. I realized there was this huge demographic of more white-collar cannabis users that just wasn't being catered to."

Peckler says that, regardless of how you go about meeting the love of your life, if cannabis consumption is an important part of your life, it's best to be upfront about it with any potential mate.

"It's just about ripping off the Band-Aid and being honest and open," she says. "If someone has an issue with you consuming cannabis, you can have an interesting conversation there, but it's also maybe a sign that some of your other core values may not be aligned."

Safran says the same applies for those who don't consume marijuana.

"If you are someone who is uncomfortable with someone who does marijuana a few times a year, then you may want to bring that up within the first few dates," Safran says. "As of now, I feel that it's a conversation like about drinking. If drinking regularly is extremely important to you, you need to let someone know that it is a regular part of your life in the first few dates."

Matt Lindner is a freelancer.



VIS-HOME PHOTOS

Castle-like home in Lincolnwood: \$1.2M

ADDRESS: 6550 Tower Circle in Lincolnwood

ASKING PRICE: \$1,195,000

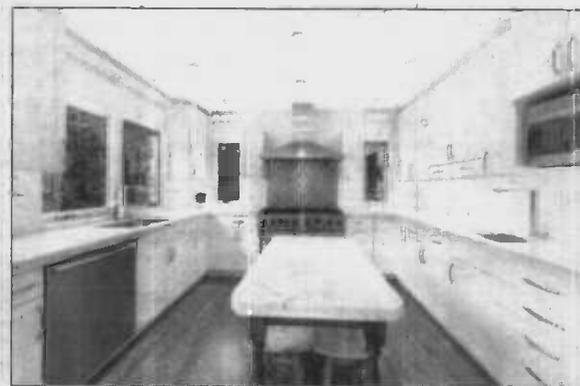
Listed on Feb. 3, 2017

Renovated and expanded home in Lincolnwood Towers, set on a professionally landscaped, oversized corner lot. The large living room with vaulted ceiling and Lannon stone fireplace, formal dining room and original wrought iron, curved staircase lend a traditional feel to the house. The rear of the home include a large family room with fireplace and game room. The great room with heated marble floors and gas fireplace opens to bluestone patio with retractable awning. The eat-in kitchen features high-end appliances, marble counters and a buffet area complete with Subzero refrigerator/freezer drawers and an additional Miele dishwasher. The finished basement offers a rec room with fireplace, wet bar with granite counters, wine room and ample storage.

Agent: Liz Bulf of Jameson Sotheby's International Realty, 847-733-2826

At press time, this home was still for sale.

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trbcht-129712

MUSIC

Chicago cabaret crack up Kander and Ebb catalogue

Composer's 90th
birthday honored
this year

BY MYRNA PETLICKI
Pioneer Press

This year marks the 90th birthday of the composer of music for such megahits as "Cabaret" and "Chicago." To celebrate that milestone, Chicago Cabaret Professionals is presenting All That Jazz: The Music of Kander and Ebb on March 13 at the Skokie Theatre as part of its Musical Mondays series.

"I really, really, really love Kander and Ebb," said Jeff Dean, who directs the show dedicated to the celebrated composer and his lyricist partner Fred Ebb.

He noted that Kander wasn't initially planning to write show tunes. "He set out to be a serious composer," Dean said. That is reflected in the complexity of his music.

On the other hand, Dean said, "Fred Ebb's lyrics have a simplicity. He can be as sentimental as the next person without being cloying. And he can be very intelligent without being polarizing."

"The big thing that I like about their music is that they tell a story," said musical director Pat Rusk. "A lot of their music is about interesting issues and interesting historical things. And their music is varied."

Dean chose the songs for each of the eight cast members. He gave himself three numbers: "Life Is" from "Zorba," "The Money Tree" from "The Act" and "Hit it, Lorraine" from "70, Girls, 70."

All of the cabaret artists in the cast seem to share Dean and Rusk's enthusiasm for the work of the writing partners.



CHICAGO CABARET PROFESSIONALS

John Eskola, from left, Pat Rusk and Scott Gryder rehearse for "All That Jazz: The Music of Kander and Ebb"

All That Jazz: The Music of Kander and Ebb

When: 7:30 p.m. March 13

Where: Skokie Theatre,
7924 Lincoln Ave., Skokie

Tickets: \$30

Information: 847-677-7761;
www.skokie theatre.org

"I have been a longtime fan of Kander and Ebb," said Cheryl Szucsits. "I did a revue of them back when I lived in Indiana with a group that I directed there. So I was surprised when I got my song assignments from Jeff that there were songs I hadn't heard of — and I thought I knew all of Kander and Ebb."

Szucsits will be singing "Yes" from "Liza with a Z," "You, You, You" from "The Visit," and a duet with student Brittany Barlin, "The Apple Doesn't Fall Very Far from the Tree" from "The Rink."

"They write lively music with so much personality," said Scott Urban. "Singing is always about telling a story and their songs always tell a story."

Urban will sing "Mr. Cellophane" from "Chicago," a song that he sings

fairly often. He noted that his late mentor, renowned pianist and singer Buddy Charles, encouraged him to do that number.

He'll also sing a song with which he was unfamiliar, "Isn't It Better?" from "Funny Lady."

In addition, Urban will do a duet with Jan Slavin, "Do We?" from "70, Girls, 70." "It's a funny, light-hearted number," Urban said, which leaves the audience questioning "if the two old people onstage are still romantically involved."

Slavin describes the song a bit more graphically. "Everybody wants to know, do they actually 'do it' or not?" she said.

Slavin agreed to perform in this show because, "I wanted to sing some songs I could sink my teeth into and Kander and Ebb songs are great for a woman of a certain age," she said. "I've got three really meaty songs and all of them are blissfully age-related."

Slavin's solos are "So What?" from "Cabaret," "Plenty of Time" (not from a musical) and "What Kind of Man?" from "Curtains."

The cast also includes Wydetta Carter, John Eskola, Scott Gryder and KT McCammond.

SATURDAY
MARCH 25
8:00

Anoushka SHANKAR

हृदय

Sitar player and composer Anoushka Shankar is one of the leading figures in Indian classical and progressive world music today. Don't miss what promises to be a captivating performance featuring selections from her album *Home*, deeply rooted in the classical traditions she learned from her father, the legendary Ravi Shankar. "Expect to be thoroughly intoxicated" (*Time Out New York*).

TICKETS START AT \$30



SYMPHONY CENTER PRESENTS

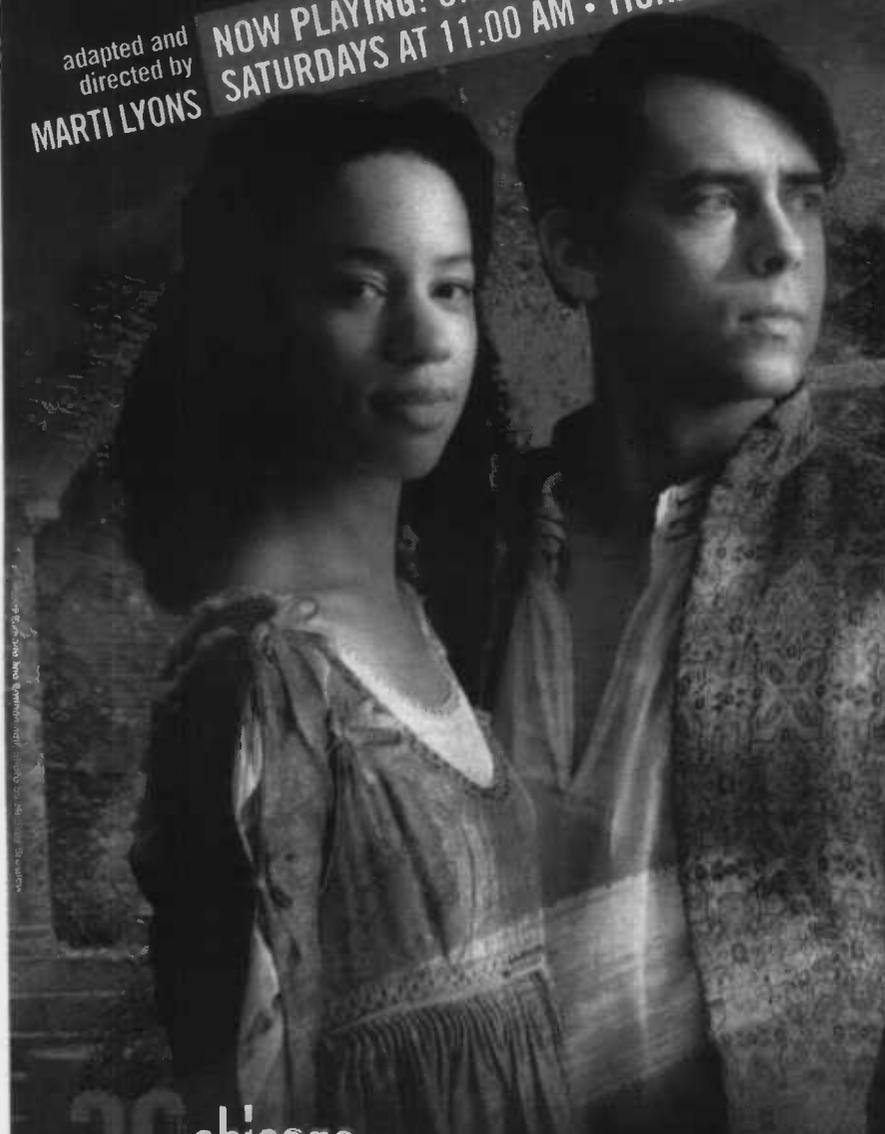
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FAMILY FRIENDLY

Coming Together programs spotlight Chinese culture

BY MYRNA PETLICKI
Pioneer Press

Every year a different culture is highlighted in Coming Together in Skokie and Niles Township. This year, through April, the focus is on Chinese culture.

There will be a Mandarin Bilingual Storytime for ages 2-5, 10:30 a.m. March 6, at Skokie Public Library. Kids and caregivers will hear stories and sing songs in Mandarin and English.

"Where the Mountain Meets the Moon" and "The Ugly Vegetables" by Grace Lin are two books that will be featured in an All Ages Book Discussion with Tea, 7 p.m. March 8 at Lincolnwood Public Library. The others are "American Born Chinese" and "The Shadow Hero" by Gene Luen Yang.

Families can create a paper Chinese dragon puppet or lucky goldfish during Crafty Saturday, 9:30 a.m. March 11 at Morton Grove Public Library. Program continues while supplies last.

The Cheng Da Drum Team will perform during a Second Sunday Family Program, 2 p.m. March 12 at Niles Public Library.

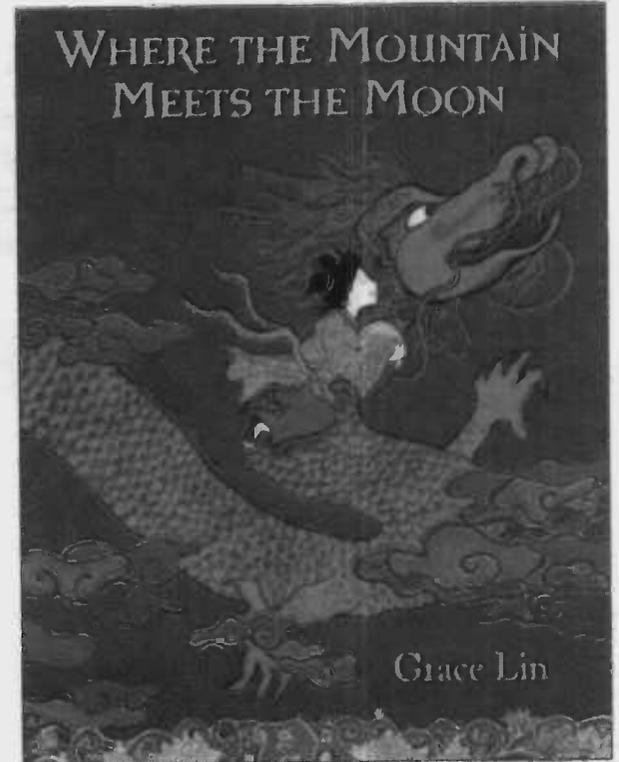
Registration may be required at some of these events.

For details, go to www.comingtogether.in.

Scientifically speaking

You and your children will do experiments and projects as you explore scientific concepts during Science Night, 6-7 p.m. March 14 at Wildwood Nature Center, 529 Forestview Ave., Park Ridge. The cost is \$12 per family. Registration is required.

For details, call 847-692-3570 or go to www.prparks.org.



COMING TOGETHER

Stories like Grace Lin's "Where the Mountain Meets the Moon" will be part of the focus on Chinese history and culture with programs through April as part of Coming Together in Skokie and Niles Township.

Come in costume

Kids are encouraged to wear their favorite costume to a Purim Carnival, 11 a.m.-12:30 p.m. March 12 at Temple Beth Israel, 3601 W. Dempster St., Skokie. There will be lunch, games, prizes and more. The cost is \$5 per person; \$25 per family.

For details, call 847-675-0951 or go to www.tbiskokie.org.

Zippity Doo Da!

Wendy Morgan and Darryl Boggs, known professionally as Wendy & DB, promise it will be "A Doo Da Day," when they perform a family program for ages 12 and under, 10-10:45 a.m. March 4 at Eisenhower Public Library, 4613 N. Oketo Ave., Harwood Heights. Their interactive

concert will feature fun songs with positive lyrics that promote imagination. Registration is required.

For details, call 708-867-7828 or go to www.eisenhowerlibrary.org.

Pizza primer

You and your children, ages 4-10, will learn how natural ingredients used in pizza are grown during a Pizza Party, 9:30-11 a.m. or 1-2:30 p.m. March 25 or April 2 at the Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe. They will plant an herb container garden. The cost is \$19.20 per child for members; \$24 for nonmembers. Registration is required.

For details, call 847-835-8261 or go to www.chicagobotanic.org/education.

Top chefs help Operation Taste raise \$45,000

Event: Operation Taste
Supporting: Operation North Pole, which works with Chicago's major children's hospitals, emergency and fire departments to provide a day of fun and fantasy for families who have a child battling a life-threatening illness
Location: Cafe la Cave, Des Plaines

Special guests: Michael Lachowicz (Restaurant Michael & George Trols), Roland Liccioni (Les Nomades), Bravo TV's "Top Chef" contestant Carlos Gaytan (Mexique), and chefs from Gene & Giorgetti's, Tavern on Rush, Chez Moi, La Sardine, Le Bouchon, Gibson's Steakhouse, Mia Passione, Blisstronomic, Volare and more providing tastes for the evening

Attended: 325

Date: Feb. 6

Raised: \$45,000 to help support a fantasy trip to the North Pole for children with life-threatening illnesses and their families

Website: www.operationnorthpole.org



Tim Crossin of Niles, treasurer, Operation North Pole, and Barb Dabler of Des Plaines, president, Operation North Pole

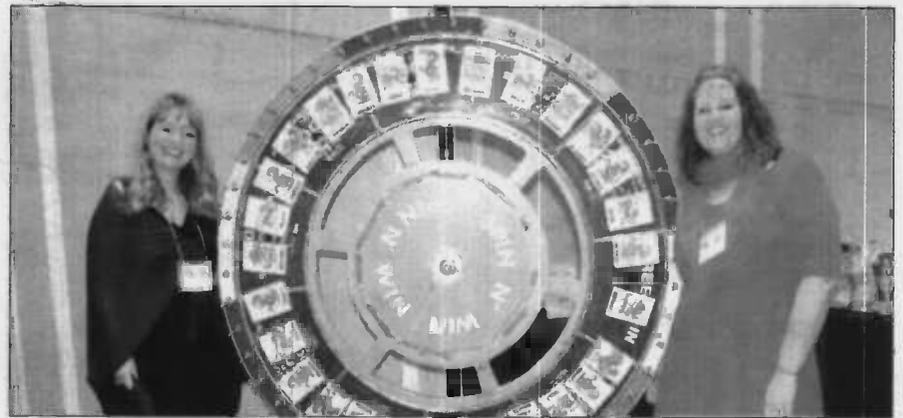


Jane Rice of Park Ridge, from left, Peggy Teske of Westchester and Mary Duffin of Mundelein



LEE A. LITAS/PIONEER PRESS PHOTOS

Joann Chulpek, from left, and Shawn Chulpek, both of Morton Grove, Barb Dabler, president Operation North Pole and Patrick Dabler, both of Des Plaines



DIST. 64 EDUCATIONAL LEARNING PHOTOS

Georgette Demarinis, left, and Christy Holtz

Casino party raises \$25,000 for Dist. 64 ELF

Event: 2017 "Night of Good Fortune" ELF Casino Party

Benefiting: School District 64 Elementary Learning Foundation, serving Park Ridge and Niles schools
Location: Cafe La Cave, Des Plaines

Date: Jan. 28

Attended: 300+

Raised: \$25,000, which will help support ELF grants to District 64 teachers and schools fund innovative and imaginative programs and projects

Website: www.district64elf.org



Jim Morrison, from left, Athanasia Albans, Anthony Murray and Tim Gleason



10 Year Dealers, who have volunteered at Casino Night include: Bill Kusack, Lenore Franckowiak, Sara Born, Meghan Keefer, Harley Tom, Kara Pottinger, Missy Machon, Karen Heffner, Mike Heffner, Kirke Machon; not pictured: Mike Taglia

Share your event

We want to publish your photos. To submit, visit community.chicagotribune.com or email sburrows@pioneerlocal.com.

**PROSPECT HEIGHTS**

Four-bedroom, 2.5-bath wood exterior design home built in 1945. Open concept layout featuring hardwood floors, wood-burning fireplace, custom moldings and built-in hand crafted cabinetry. Eat-in kitchen with breakfast bar. Light filled sunroom with vaulted ceilings and skylights, deck and landscaped yard.

Address: 111 N. Pine St.

Price: \$489,250

Schools: John Hersey High School

Taxes: \$10,194

Agent: Maria Del Boccio, Coldwell Banker Residential Brokerage

**PALATINE**

Four-bedroom, 2.5-bath single family home built in 1964. Hardwood floor and carpet, master bedroom with bath and double closets. New roof, gutters, siding (2016). Entrance door with side windows in 2015, new windows in master bedroom and bath. Interior painted and kitchen remodeled in 2014, 2.5-car attached garage.

Address: 528 N. Robinson Drive

Price: \$309,900

Schools: Palatine High School

Taxes: \$5,584.06

Agent: Janet Robertson, CENTURY 21 McMullen

**GLENVIEW**

Four-bedroom, 2.5-bath colonial home built in 1964. Eat-in kitchen, family room with brick fireplace, gazebo with hot tub. Master bedroom on second floor, three family-sized bedrooms and updated hall bath, and the basement is finished with office space, rec room with pool table. Garage.

Address: 2828 Knollwood Lane

Price: \$680,000

Schools: Glenbrook South High School

Taxes: \$12,153

Agent: Sharon Dolezal, Coldwell Banker Residential Brokerage Northbrook

**GLENCOE**

Five-bedroom, 3.5-bath brick/stone exterior home built in 1928. Newer cook's kitchen, Pella windows, tile roof, finished lower level with mechanicals. Hardwood floors, first-floor laundry, foyer, rec room and breakfast room. Double lot with slate patio, two-car garage and fenced yard.

Address: 435 Oakdale Ave.

Price: \$999,999

Schools: New Trier Township High School

Taxes: \$18,715

Agent: Gloria Matlin, Coldwell Banker Residential Brokerage Glencoe

Listings from Homefinder.com

Dear Chicago, Will you send us your proposal video? We're asking on one knee.



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CATLANE/E+

HOME REMEDIES

Vessel sinks that will go swimmingly in a bathroom

BY ED DEL GRANDE
Tribune News Service

Q: I am planning a new bathroom and want to include natural stone sinks in my budget. All I care about is the sinks are natural stone, so I am open to style suggestions. What types of stone bathroom sinks have you installed, and what do you like?

A: For all-around ease of installation, product availability and dramatic style, I like vessel-type bathroom sinks made from natural marble. Many of these natural material sinks are handcrafted from a single piece of stone, making them one-of-a-kind items.

Since it is a vessel design, you get to show off

the marble on both sides of the sink. A stone vessel sink can rest on top of a natural stone countertop, allowing you to create striking contrasts.

Your faucet choices will be limited to wall-mount or tall, vessel-type faucets, and both can be pricey. Natural stone sinks are also very high-end items, and the choice may not be practical if you're looking for rock-bottom prices.

Q: I want to install a vessel sink in my new bathroom. But I'm thinking about cast iron for my sink material choice. Can you please give me some advice on cast-iron vessel-type sinks? I want to build my bathroom as green as possible.

A: If strength, beauty and color choices are a top priority, you'll find all these features in cast iron. Remember, vessel sinks are exposed, because they sit on top of the counter. Heavy-duty materials like cast iron can provide some extra sink protection.

Also, with a cast-iron vessel sink, the enameled finish inside the bowl can be one color, and the painted outside of the bowl can be a contrasting color, to create an artistic effect.

Finally, most cast-iron fixtures contain recycled materials. So, if you want to build green, no need to feel blue about using cast iron.

Distributed by Tribune Content Agency

ADDRESS	BUYER	SELLER	DATE	PRICE
110 S Dunton Ave, # 3B, Arlington Heights	Janine Dorsey	Katharina Fischler Estate	12-29-16	\$120,000
1631 N Windsor Dr, # 111, Arlington Heights	Wieslaw Budzik & Maria Budzik	William Moylan	01-13-17	\$135,000
4225 N Mallard Dr, # 4, Arlington Heights	Alex Shabayev & Olexandr Romanets	Mary Ann Deegan	12-29-16	\$150,000
1605 E Central Rd, # 318C, Arlington Heights	Rosen Vasilev	Ssapp Llc	12-29-16	\$156,500
4221 N Pheasant Trail Ct, # 6, Arlington Heights	Richard Magsombol & Roselle Magsombol	Ruth Usuriello	12-09-16	\$173,500
110 S Dunton Ave, # 3F, Arlington Heights	Samantha M Lynn	Katharine B Carney	12-09-16	\$173,500
121 W Fremont St, Arlington Heights	Elena Coughlin	Michael Gastfield	01-26-17	\$212,000
316 N Dwyer Ave, Arlington Heights	Jonathan D Trapani & Christina M Trapani	Thomas Bowen	12-09-16	\$215,000
2745 S Embers Ln, # A, Arlington Heights	Batgerel Mashbat	Iryna Bahram	01-13-17	\$231,000
831 S Dunton Ave, Arlington Heights	Mark R Johnson & Joann L Johnson	Paul D McMahon	12-29-16	\$242,500
1984 N Silver Lake Rd, Arlington Heights	Ion Guritanu	Kristina Jordan	01-13-17	\$247,000
110 S Walnut Ave, Arlington Heights	Corrina Beverung	Lydia Battistoni	01-30-17	\$290,000
701 W Rand Rd, # 438, Arlington Heights	David Adelstein	Illana Weintraub	01-13-17	\$290,000
949 W Essex Pl, Arlington Heights	Taras Banakh	Chitti S Ravi	01-26-17	\$327,000
1529 N Ridge Ave, Arlington Heights	Melissa Mier	Mark J Van	01-27-17	\$335,000
730 S Highland Ave, Arlington Heights	Jason M Macklin & Sarah A Grubich	Denise M Cinch	12-09-16	\$395,000
507 N Lincoln Ln, Arlington Heights	Michael Organ & Sara Organ	Gerard B Kostuk	12-09-16	\$410,000
827 S Arlington Heights Rd, Arlington Heights	Ilyne Maravilla	Phillip Campanella	01-13-17	\$630,000
2215 E Amhurst Ct, Arlington Heights	Bobby Thomas & Teny P Thomas	Fred Naleck	01-27-17	\$636,000
175 Lake Blvd, # 359, Buffalo Grove	Zahra Arghavani	Sherwin Rice	01-13-17	\$122,000
101 Old Oak Dr, # 109, Buffalo Grove	Anatoly Belogorsky & Bella Belogorsky	David Shim	01-30-17	\$161,500
977 Harvard Ln, Buffalo Grove	Vladyslav Pyrogivskyi	Wylie J Miller	01-30-17	\$279,000
213 Woodstone Dr, Buffalo Grove	Kenneth D Cater & Rachel Itano Carter	Olga Ratner	01-23-17	\$285,000
850 Twisted Oak Ln, Buffalo Grove	Ellen L Nielsen	Mark J Faiwell	01-19-17	\$291,500
892 Sussex Ct, Buffalo Grove	Olena Manakina	Obrand Trust	01-13-17	\$302,000
1548 Bunesco Ct, Buffalo Grove	Heriberto Rodriguez & Silvia Rodriguez	Barbara J Chandler	01-23-17	\$307,000
10079 Linda Ln, # 1N, Des Plaines	Chettiparampil C Kuriakose & Shanti Kuriakose	Elsadig Mohamed	01-26-17	\$45,000
9619 Bianco Ter, # E, Des Plaines	Philip Faustmann & Barbara Grymel	Allen Cherin	01-13-17	\$67,000
9607 Bianco Ter, # E, Des Plaines	Bhavesh Shah & Hema Shah	Anna Lipka	01-30-17	\$93,000
9460 Dee Rd, # 2F, Des Plaines	Patricia J Chigbue	Gigi Valyaneth	01-13-17	\$99,500
8848 Kenneth Dr, # 205E, Des Plaines	Orlando Velez	Green Realty Llc	01-26-17	\$99,500
9546 Dee Rd, # 2H, Des Plaines	Bharatkumar V Desai & Rekhaben B Desai	Jocelyn Moreno	01-30-17	\$100,500
8924 Kenneth Dr, # 2E, Des Plaines	Anoop Mathew & Nimmy James	Green Realty Llc	01-26-17	\$106,000
920 Beau Dr, # 312, Des Plaines	Cristina Angeles	Paula Angeles	01-30-17	\$106,500
9204 Bumble Bee Dr, # 2F, Des Plaines	Syed Mohiuddin & Madiha Bano	Green Realty Llc	01-13-17	\$112,000
223 N Warrington Rd, Des Plaines	Haseeb Suhail & Humeera Yasmeen	John L Haupt	12-09-16	\$163,000
9010 Abbey Ln, Des Plaines	Bartosz Sliwak & Monika Kantor	Andrew Sztukowski	01-13-17	\$175,000
1622 Oakwood Ave, Des Plaines	Javier Montes Gonzalez & Angeles Camarillo	Mary A Krol	01-13-17	\$200,000
9346 Hamlin Ave, Des Plaines	Mathew Kuriakosa & Jeni Kuriakosa	Elaine Gnatowsky	01-30-17	\$225,000
983 S 6th Ave, Des Plaines	Jean Marie Downes & Mary J Downes	Rabideau Trust	01-27-17	\$257,000
944 Leahy Cir, Des Plaines	Thomas Kantyka & Ewa Lecka	Daniel R Katzenmayer	01-30-17	\$265,000
1011 S 2nd Ave, Des Plaines	Justin T Rillon	Sharon R Delaney	01-26-17	\$270,000
687 Therese Ter, Des Plaines	Shani Philip & Susan Kuruville	Timothy R Howard	01-13-17	\$280,000
537 Radcliffe Ave, Des Plaines	Sharon R Thovson	Samuel Saltzman	12-09-16	\$285,000
894 Greenview Ave, Des Plaines	John Ley & Elizabeth Ley	Brett Buynack	01-30-17	\$288,000
350 S Western Ave, Des Plaines	Mital P Gohil & Shirinbhai B Patel	Taylor Morrison Illinois Inc	01-26-17	\$326,500

ADDRESS	BUYER	SELLER	DATE	PRICE
2351 Lechner Ln, Des Plaines	Ancy Mathew & Ancy Mathew	Mathai V Thottumgal	01-30-17	\$331,000
1408 Wedgewood Ave, Des Plaines	Mark Weyna & Barbara Chablewski	Gulley Trust	12-29-16	\$350,000
8741 W Davls St, Des Plaines	Benjamin R Vaduva & Maria M Vaduva	Doina Tisler	01-26-17	\$448,500
1072 Irwin Ave, Des Plaines	Sharon Espino	Fouad T Noweder	01-13-17	\$465,000
1622 Greenleaf Ave, Des Plaines	Adila Aftab & Choudhry Aslam	Resi Reo Sub Lic	01-26-17	\$482,500
8730 Lyons St, Des Plaines	Alexander M Panicker & Sosamma Panicker	Piotr Jalowiec	01-26-17	\$485,000
820 Seward St, # 3F, Evanston	Arthur Golovansevsky	James Kalogine	12-09-16	\$71,000
2752 Hampton Pkwy, # M1, Evanston	Anna Krzyzanowski	Nilkanth B Ranade	01-26-17	\$105,000
2760 Hampton Pkwy, # W3, Evanston	Vilia Dedinas & Chris Gair	Timothy J Donovan	12-09-16	\$145,000
318 Asbury Ave, # A, Evanston	Dennis A Levy & Lenice D Levy	Anita F Turner Baker	12-09-16	\$175,000
622 Judson Ave, # 2, Evanston	Richard W Schmidt & Deborah B Schmidt	Christopher K Blair	12-09-16	\$215,000
1814 Seward St, Evanston	Audrey Sherer & Jonathan Olen	David C Jeannett	01-26-17	\$275,000
2140 Dobson St, Evanston	Sue Dahlkamp	Robert A Picciariello	12-09-16	\$278,000
832 Forest Ave, # 8, Evanston	Debra Lee West	Amy Walker	12-09-16	\$285,000
1800 Ridge Ave, # 105, Evanston	Valentina Fonseca Krug	Javier Rivera	12-29-16	\$295,000
1720 Maple Ave, # 880, Evanston	Dinesh Vasdev Tulsiani & Urvi Tulsiani	George Litas	01-26-17	\$325,000
510 Lee St, # 2, Evanston	Hugh Griffin Leahy & Lindsay W Leahy	Rhea J Keenan	01-26-17	\$340,000
1810 Main St, Evanston	Yasuko Oura & Nicholas Photinos	Cedric G Young	01-26-17	\$345,000
3320 Payne St, Evanston	Lee Rawles	Jason Wroblewski	01-30-17	\$400,000
531 Chicago Ave, # 1, Evanston	Sean L Dimmic & Kathryn C Dimmic	Heath Harwood	01-30-17	\$415,000
838 Michigan Ave, # 5A, Evanston	Patrick Foley & Meave Foley	Barry M Hackner	01-13-17	\$415,000
2429 Prospect Ave, Evanston	Martin Daniel Syvertsen & Margaret Derouin Burke	Harack Trust	12-29-16	\$475,000
1019 Oakton St, Evanston	Brian Ligon & Sarah Aagaard	Callie Carerra Inc	12-09-16	\$575,000
2751 Hurd Ave, Evanston	Bradley Dunlap & Stephanie Davls	Lawrence G Magill	12-09-16	\$1,130,000
600 Naples Ct, # 609, Glenview	Oleg Cosiuc	Sebastian Manu	01-26-17	\$165,000
2029 Ammer Ridge Ct, # 201, Glenview	Robert C King & Suja K King	Charlie Mckenzie	01-30-17	\$235,000
3229 Greenbriar Dr, Glenview	Yoon Koo Lee & Hyon Koo Lee	Drew Milo Watson	01-30-17	\$302,500
9128 New England Ave, Morton Grove	Michael Y Mirza & Linda N Mirza	Clint Samuel	12-29-16	\$250,000
8901 Mcvicker Ave, Morton Grove	Robynn Upton	Olson Trust	01-30-17	\$255,000
8813 Oriole Ave, Morton Grove	Fritzie T Dulay	Karolina A Lagoa	12-09-16	\$352,500
8947 Marion Ave, Morton Grove	Christopher Arends & Sarah Arends	Marina Jacobson	01-26-17	\$404,000
8814 Luna Ave, Morton Grove	Bill B Kim & Wanda T Torres	Monica Iusco	01-30-17	\$550,000
9701 N Dee Rd, # 2J, Niles	Franso T Yousef & Ramouna Youkhanna	Barbrasue Wishman Miller	12-09-16	\$67,000
8401 N Milwaukee Ave, Niles	Mohammad Zabadneh	Palli Enterprises Corp	01-30-17	\$200,000
7769 N Nordica Ave, Niles	Kboshobo Kahy Taison Zaya & Taneya Zaya	Abdul Wahid	01-26-17	\$230,000
6636 W Wood River Dr, Niles	Chester R Mendoza	Harry J Smith Estate	12-29-16	\$245,000
6701 N Milwaukee Ave, # 410, Niles	Ingeborg M Soens	James C Grant	12-29-16	\$250,000
8136 W Oak Ln, Niles	Edwin J Flyke & Julie I Flyke	Violeta Deleon	12-29-16	\$250,000
7705 N Neva Ave, Niles	Noraida Perez	Grandview Capital Llc	01-30-17	\$290,000
7217 W Crain St, Niles	Alexander Kasten & Vladimir Beliakov	Andrzej Nawara	12-29-16	\$325,000
600 Thames Pkwy, # 2F, Park Ridge	Paul Djonlich & Jean Djonlich	Shenshen Li	01-26-17	\$181,500
826 N Dee Rd, Park Ridge	Daniel Gorski & Jacqueline Remillard	Mohd Mishal	01-13-17	\$290,000
1420 Cynthia Ave, Park Ridge	Stanislav G Grozev & Elitsa D Pesheva	Mary Jane Cinelli Estate	01-27-17	\$327,000
50 N Northwest Hwy, # 404, Park Ridge	Norman Bartek & Marianne Bartek	John FSlevin	01-30-17	\$348,000
833 Seeley Ave, Park Ridge	Tina Kohnke	Tarah Johnson	12-09-16	\$425,000
1530 S Vine Ave, Park Ridge	Kimberley Freedman	Jeanne Blank Haber	12-09-16	\$440,000
916 S Western Ave, Park Ridge	William Healy & Tera Healy	Christopher J Keith	01-13-17	\$452,000
299 S Northwest Hwy, # 5, Park Ridge	Janice Rothenberger	Brighton Mews Venture Llc	01-26-17	\$508,500
40 Meacham Ave, Park Ridge	Nicholas A Neri	Hnklikey Park Development Llc	12-09-16	\$691,000
1415 Tyrell Ave, Park Ridge	Alfred Hanania	Michael J Izrael	12-29-16	\$1,117,500

This list is not intended to be a complete record of all real estate transactions.

Data compiled by Record Information Services ■ 630-557-1000 ■ public-record.com



TNS PHOTOS

Powder pink and brown create an interesting, unexpected combination.

Make your home decor pop with many shades of pink

BY CATHY HOBBS
Tribune News Service

Pink is one of those colors that you can dress up or down and use all year long.

Despite what many people may think, pink is more than just a feminine color. From the runways to home decor, pink remains one of the most popular accent colors.

Pink comes in an array of shades and tones. Many darker pinks have undertones of blue, which is why these deeper tones come to life when paired with blue. On the other hand, some softer tones have foundation colors that are cream or white and, therefore, work better with lighter shades, or can be used as contrast colors when paired with darker colors.

When looking for ways to incorporate pink into your decor, first decide if you wish to use it as a foundation color for your primary pieces, as a dominant color in your space or as an accent color. One of the best ways to use pink



Hot pink packs a powerful color punch in this bedroom.

— or any accent color — is through a popular designer technique called color mapping, in which color is repeated throughout a space.

Rely on these top tips to make your home pop with pink:

- Pair pastel pink or lighter shades with white.
- Many consider this palette to be fresh and modern.
- Contrast lighter shades

of pink with darker colors such as black or brown.

■ Don't be afraid to mix different shades of pink in the same space.

■ Consider using pink in unexpected ways, such as in artwork or accent pieces like coffee-table books.

■ Resist the urge to rule out hot pink! This bold shade is one of the hottest accent colors in home decor.

Listings are subject to change.
Please call the venue in advance.

Thursday, March 2

Commander Cody & His Lost Planet Armen: 8 p.m. SPACE, 1245 Chicago Ave., Evanston, \$17-\$32, 847-492-8860

Kader Attia: Reflecting Memory: The Block Museum will present an exhibition of newly commissioned work by the internationally acclaimed French-Algerian artist Kader Attia, based in part on the artist's research in the collections of Northwestern University's Herskovits Library of African Studies and interviews with university faculty across disciplines. 10 a.m. All week, Mary and Leigh Block Museum of Art, Northwestern University, 40 Arts Circle Drive, Evanston, free, 847-467-4602

Mining Pictures: Stories from Above and Below Ground: The exhibition spotlights the mining photography of Bruce Davidson and W. Eugene Smith, and sets their work in conversation with prints, drawings, and photographs from the late 19th century. 10 a.m. All week, Mary and Leigh Block Museum of Art, Northwestern University, 40 Arts Circle Drive, Evanston, free, 847-491-4000

If You Remember, I'll Remember: This exhibition presents a selection of works by artists Kristine Aono, Shan Goshorn, Samantha Hill, McCallum & Tarry, Dario Robleto, and Marie Watt, who investigate aspects of 19th and 20th century North American history and resonate with contemporary concerns about war, racism, and xenophobia. 10 a.m. All week, Mary and Leigh Block Museum of Art, Northwestern University, 40 Arts Circle Drive, Evanston, free, 847-467-4602

The Orchid Show: This year, at our biggest flower show of the year, we're taking a playful look at how orchids have influenced and continue to inspire popular culture. Bring your camera and come see the striking Phalaenopsis "V3 orchid" it's rarely on display at botanic gardens. 8 a.m. All week, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, Adults: members/nonmembers: \$10-\$12, seniors 62-years-old and older, members/nonmembers: \$8-\$10, children ages 3-12: members or nonmembers: \$8-\$10, 847-835-5440

"The Scene": 7:30 p.m. Thursday-Friday and Monday-Wednesday, 3 p.m. and 7:30 p.m. Saturday, 2 p.m. Sunday, Writers Theatre, 325 Tudor Court,

Glencoe, \$35-\$80, 847-242-6000

BookBites: Reading Social: The selection is "A Man Called Ove" by Fredrik Backman. This is co-sponsored by the Niles Public Library. Go to facebook.com/nilesglenviewbookbites for details and just drop in. 7 p.m. Hackney's Glenview, 1514 E. Lake Ave., Glenview, free, 847-724-7171

Adult Literacy Classes: Spring Session: This is a unique opportunity for native and non-native English speakers to improve their reading and writing skills. A small, friendly group is led by a teacher and volunteer tutors, who meet twice weekly. Classes are conducted by Oakton Community College in the Glenview Library's Community Room West. Call 847-635-1426 for details. 9:15 a.m. Thursday and Tuesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Parkinson Wellness Recovery Brain-Body Training: Parkinson Wellness Recovery/PWR! is Parkinson-specific exercise, scientifically designed to target symptoms of PD. It includes boxing training for endurance, agility, and stability. The instructor is Drew Surinsky, is an exercise physiologist. 9 a.m. and 10 a.m. Thursday, 1 p.m. Friday and Monday, Glenview Park Center, 2400 Chestnut Ave., Glenview, \$12-\$17, 847-502-0630

Free Seminar: Relieving Pain While Avoiding Addiction: In this seminar, you'll discover the risks and signs of a prescription drug addiction, how to prevent this addiction, and alternatives to pain management. Presented by addictions specialist Peggy Hough, in conjunction with The Manor, residential addiction treatment center. 4:30 p.m. Whitehall of Deerfield, 300 Waukegan Road, Glenview, free, 847-580-8198

Wonder Ground Open Lab: Look, touch, tinker, and play with an intriguing array of science-oriented curiosities in this new space designed especially for kids. A drop-in visit is meant to last about 15 minutes. Activities are repeated each week from Tuesday to Thursday. The Wonder Ground is a STEAM playground for kids. 4 p.m. Thursday and Tuesday, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

DNA Testing for Kinship: An Introduction: Forensic genealogist and lecturer Marsha Peterson-Maass, helps attendees make sense of today's three commercially available DNA tests. The audience takes a look at examples of the results they deliver to you online so you

can understand what they mean. No DNA tests will be distributed or taken at this free lecture. 7 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

World Air Pollution: In today's world we now have "particulate matter" and other pollution in our air. Topics discussed are: Air pollution all over the world, as well as ozone depletion and its effects on the human body. There are solutions to the problem. 1 p.m. North Shore Senior Center, 161 Northfield Road, Northfield, \$10 NSSC members; \$13 non-members, 847-784-6030

A careful Inquiry of Fascism: Can a home-grown but fully-formed fascist movement ever rise in the U.S.? Some analysts argue that it's already underway. Others argue that many of the key elements of genuine fascism are absent, and will almost certainly remain so. Who's right? Jim Kenney presents a careful inquiry over three weeks. 10 a.m. North Shore Senior Center, 161 Northfield Road, Northfield, \$35 NSSC members; \$44 non-member, 847-784-6030

Northbrook Woman's Club Boutique, Lunch & Book Review: Go to the website to make your reservations by Feb. 22, for the Boutique which takes place from 10 a.m. to 12 p.m., featuring 15 vendors, plus chair massages by Align Wellness Center. Lunch begins at noon, followed by a book review of "Capital Dames: The Civil War & the Women of Washington" performed by Jenny Riddle. 10 a.m. Sunset Ridge Country Club, 2100 Sunset Ridge Road, Northfield, \$50, 847-291-7860

Experience Virtual Reality: VirTour is showcasing its newest line of Virtual Reality (VR) services for the Event Planning industry. Join us for a fun night, and learn how VR can be used to enhance your next event. 2:15 p.m. Joe's Live Rosemont, 5441 Park Place, Rosemont, free, 773-315-3645

Brantley Gilbert: 7 p.m. Allstate Arena, 6920 Mannheim Road, Rosemont, \$29.75+, 847-635-6601

"Faceless": 7:30 p.m. Thursday, 8 p.m. Friday, 2:30 p.m. and 8 p.m. Saturday, Northlight Theatre, 9501 Skokie Blvd, Skokie, \$30-\$81, 847-673-6300

Friday, March 3

Reading Between the Lines: The Woman's Club of Evanston has been making people laugh for a good cause for over sixty years in their annual Benefit Show. This year's 66th Revue, titled

Reading Between the Lines, is no exception. 8 p.m. Friday and Saturday, Woman's Club of Evanston, 1702 Chicago Ave., Evanston, \$35-\$40, 847-475-3800

MFA Lab: "Crime and Punishment": In this Joseph Jefferson award-winning 90-minute adaptation of Dostoyevsky's "Crime and Punishment," three actors create a dark psychological portrait of a killer and his search for redemption. A murderer, urged on by a detective and young prostitute, relives his actions and explores the thoughts, ideas and feelings that drove him to his horrible crime. Speaking directly to the audience at times an. 8 p.m. Friday, 2 p.m. and 8 p.m. Saturday, 2 p.m. Sunday, Hal and Martha Hyer-Wallis Theater, Northwestern University, 1949 Campus Drive, Evanston, \$6-\$10, 847-491-4819

Danceworks 2017: Current Rhythms: Ballet Hispanico Artistic Director Eduardo Vilaro, Columbia College Chicago's Onye Ozuzu and Northwestern University faculty Jeff Hancock and Joel Valentin Martinez choreograph this year's annual dance showcase entitled Current Rhythms. 7:30 p.m. Friday and Saturday, 2 p.m. Sunday, Josephine Louis Theater at Northwestern University, 20 Arts Circle Drive, Evanston, \$6 - \$25, 847-491-7282

The Actors Gymnasium/Presents "Quest": "Quest" is an original circus-theater production, loosely based on Leo Tolstoy's short story, "The Three Questions." The protagonist asks three simple (but huge) questions, setting in motion a whirlwind journey to find the answers. The hero and her sidekicks venture through obstacles, misinformation, slapstick fun, unexpected detours, music and songs, near crises, and amazing feats of partnership in seek of answers. 7:30 p.m. Friday-Sunday, Actors Gymnasium, 927 Noyes St., Evanston, \$20, 847-328-2795

Piccolo Theatre Private Eyes: Matthew's wife, Lisa, is having an affair with Adrian, a British director. Or perhaps the affair is part of a play being rehearsed. Or perhaps Matthew has imagined it all. But a mysterious woman who seems to shadow the others brings the story to its surprising conclusion or does she? The audience plays the role of detective in this hilarious, multi-layered comedy of suspicion about love, lust, and the power of deception in which nothing is ever quite what it seems. 8 p.m. Friday and Saturday, 3 p.m. Sunday, Piven Theatre Workshop, 927 Noyes St., Evanston, \$10-\$25, 847-424-0089

Friday Night Meltdowns: This is a

Turn to Calendar, Next Page

Calendar, from Previous Page

great night out for teens to join in an awesome skate and dance party. A DJ plays today's hits and disco lighting shines on the ice throughout the night. Call for more information. 8:15 p.m. Glenview Ice Center, 1851 Landwehr Road, Glenview, \$8 per person; \$4 for rental skates, 847-724-5670

Minecraft for grades 4 to 8: Use your own account or play on one of the library's. Since space is limited, participants are asked to register at glenviewpl.org/register or by calling. 6 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Safety Tips for Older Adults to Protect Themselves: Glenview Police Department experts give instructions on how to, especially for older adults, reduce their chances of becoming crime victims. Register at glenviewpl.org/register or call. Part 2 is: Fire Safety Tips, at 1 p.m. on May 5. 1 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

STEAMagination Ages 6 - 12: The materials are provided. Participants provide the curiosity in this self-guided exploration of STEAM (Science, Technology, Engineering, Art and Math) concepts. 4 p.m. Park Ridge Public Library, 20 S. Prospect Ave., Park Ridge, free, 847-825-3123

STEAM Starts Ages 2 - 6 with adult: Join in the children's department for self-guided exploration of science, technology, engineering, art, math and, of course, reading. 10 a.m. Park Ridge Public Library, 20 S. Prospect Ave., Park Ridge, free, 847-825-3123

Muskingum University Choir Concert: The Muskingum University Concert Choir and Chamber Singers present a concert around the theme The World That Is To Be: Songs of Life, Hope, and Love featuring sacred and secular music. Some pieces included are by: Telemann, Copland, Sondheim, and Leonard Cohen, from all around the world. 7:30 p.m. St. Luke's Lutheran Church, 205 N. Prospect Ave., Park Ridge, free, 847-825-6659

Sapphire Woodwind Quintet Concert St. Mary's Park Ridge: In honor of Women's History Month, the Sapphire Woodwind Quintet perform. The Quintet is known for its original programming that includes Klezmer music, folk songs, and jazz interpretations. At 7 p.m., students of the Sapphire Quintet members will perform. No tickets are required. 7:30 p.m. St. Mary's Episcopal Church, 306 S. Prospect Ave., Park Ridge, free, 847-823-4126

Park Ridge Alumnae Panhellenic Club: Join the club for lunch and spring cleaning and organizing with Monica Friel. For more information contact-Julie Cook at jfcook318@gmail.com. 12:15 p.m. Park Ridge Country Club, 636 N. Prospect Ave., Park Ridge, \$30 per person and includes lunch, 312-343-3495

MommyCon Chicago: MommyCon's mission is to create a community and resource for anyone interested in natural and organic parenting. The multi-conference comprises: more than three dozen educational seminars and workshops, and 30,000 square feet of exhibition space featuring the latest parenting products and fashions. 11:30 a.m. Friday-Sunday, Donald E. Stephens Convention Center, 9291 Bryn Mawr Ave., Rosemont, \$35-\$500 in advance via website, 847-692-2220

Saturday, March 4

Polyglots Toastmasters meeting: Polyglots is the only Toastmasters International Club in the United States that conducts its meetings in German. If you speak German or want to keep it fresh or improve it, visit this club. This is not a language school, but a place where you can speak and listen to German and, above all, have a good time with those at all levels and ages! Go to their website at www.polyglotstoastmasters.org and their meetup at www.meetup.com/Polyglots-Toastmasters-German-speaking! Please email andrew.weiler.uiuc@gmail.com for the current location, as sometimes they meet at places other than the Des Plaines Library. Our March 4 meeting will be at: Des Plaines Public Library 1501 Ellinwood Ave., Des Plaines, IL 60016. 9:30 a.m. Des Plaines Public Library, 1501 Ellinwood St., Des Plaines, free, 847-827-5551

Booker T. Jones: 7 p.m. SPACE, 1245 Chicago Ave., Evanston, \$20-\$58, 847-492-8860

Academy Orchestra with John W.W. Sherer, organ: John W. W. Sherer, organist and director of music at Fourth Presbyterian Church in Chicago, joins students from the Music Institute's Academy for gifted pre-college musicians in two performances of Poulenc's monumental Concerto for Organ, Timpani and Strings in G minor. 7:30 p.m. Nichols Concert Hall, 1490 Chicago Ave., Evanston, \$10-\$30

Overeaters Anonymous: Overeaters Anonymous meets Saturdays. New-comer meeting on the last Saturday of the month. No dues, fees or weigh-ins. For information, call Hannah. 9 a.m. St.

Matthews Episcopal Church, 2120 Lincoln St., Evanston, free, 773-996-0609

Signature Entertainment Presents: LOL Saturday: Adult comedy every Saturday night hosted by Comedy legends Tony Sculfield and Mark Simmons. National headliners with movie and television credits on stage. Awesome venue with full bar and dinner menu. 9 p.m. Chicago's Home of Chicken & Waffles, 2424 W. Dempster St., Evanston, \$15 adult advance; \$20 at the door, 847-521-6434

Animal Arts and Seasonal Stories: "Animal Arts & Seasonal Stories" are recommended for children ages 5 and up, but there is no minimum age requirement. Activities are offered at varying levels of difficulty and interest to engage the entire family. An adult must accompany participants. 10:30 a.m. Saturday and Sunday, Mitchell Museum of the American Indian, 3001 Central St., Evanston, \$3 kids, \$5 adults, 847-475-1030

The Queen-Christina of Sweden: The Girl King: A musical history of the life of the amazing Queen Christina, one of Europe's great eccentrics, featuring music written for or heard by her by the many illustrious composers she knew, including Lully, Carissimi, Corelli, and Cesti. Narrated by Chicago-based author Sara Paretsky. 8 p.m. Mary Galvin Recital Hall at Northwestern University, 70 Arts Circle Drive, Evanston, \$35-\$55, 773-669-7335

SS. Peter & Paul Quilt-A-Thon: Members of other Chicago Metropolitan Philoptochos chapters and residents of Glenview and neighboring communities, are invited to join in. Participants don't need to know how to sew to help assemble quilts, which will be distributed to children and teens in area hospitals/shelters. 10 a.m. Saints Peter & Paul Greek Orthodox Church, 1401 Wagner Road, Glenview, free, 847-729-2235

Restoration Work Day at The Grove: Bring work gloves (if you have them), to help collect seeds, remove non-native, invasive plants to make way for wildflowers, grasses and trees. Work parties might be canceled in the case of inclement weather. 9 a.m. The Grove, 1421 Milwaukee Ave., Glenview, free, 847-724-5670

Friendship Club: Games for grades 3 to 8: This is for children who want to make friends in a supportive environment. Trained Friendship Ambassadors (grades 4-12) host these events where everyone feels welcome. This is generously sponsored by the Kiwanis Club of Glenview-Northbrook. Please register at glenviewpl.org/register or by calling.

3 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Happy Birthday Dr. Seuss with Megan Wells: It's a Seuss-a-bration, full of crafts, stories, and fun, co-sponsored by The Glen Town Center. 10:30 a.m. The Book Market at Hangar One, 2651 Navy Blvd., Glenview, free, 847-904-7304

SAT Practice Test: Registration is required to join in this free SAT Practice Test. It is administered by college and test prep center, C2 Education Evanston Center. The newly redesigned SAT exam is vastly different from previous editions. Students are encouraged to bring a pencil, light snack and water. Registration is limited to the first 60 participants. 10 a.m. Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Purim Shpiel or comic theater at Skokie Synagogue: "Bye Bye Haman," a Purim Shpiel (comic play) based on the rollicking 1950s-style music of "Bye Bye Birdie" is presented three times. The story of the evil Haman, who tried (but was unable) to destroy the Jews in 5th century BCE Persia, is told in song and story. Tickets are: \$20 for adults or \$25 at the door; \$10 for children under 12 or \$12 at the door. 8 p.m. Saturday, 1:30 p.m. Sunday, Ezra Habonim, The Niles Township Jewish Congregation, 4500 Dempster St., Skokie, \$10-\$25, 847-674-5414

Preserving Survivor Stories: Ask Holocaust Survivor Pinchas Gutter any question you would like, and natural language technology software will respond as if Pinchas were in the room. 10:30 a.m. Illinois Holocaust Museum and Education Center, 9603 Woods Drive, Skokie, free, 847-967-4800

Sunday, March 5

Spring Handbell Concert at Des Plaines Church: A free concert featuring two church handbell choirs and a chancel choir are presented in the sanctuary of the church. Featured choirs include the handbell choir of Glenview Community Church and the Wholly Ringers and Chancel Choir of First Congregational UCC of Des Plaines. For further information, call. 6 p.m. First Congregational United Church of Christ Des Plaines, 766 Graceland Ave., Des Plaines, free, 847-299-5561

Rose Cousins and Edle Carey: 7 p.m. SPACE, 1245 Chicago Ave., Evanston, \$15-\$27, 847-492-8860

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John Williams' Sunday music session: 3 p.m. The Celtic Knot Public House, 626 Church St., Evanston, free, 847-864-1679

"Manchester by the Sea": This film is rated R and is about a poignant exploration of the power of family, community, sacrifice, and hope. Lee Chandler (Casey Affleck) is forced to reluctantly raise his nephew. 1:30 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Second Annual East Wing Mah Jongg Tournament: Start the day with registration and brunch. Participants may sign up as a foursome for their chance to win one of the amazing raffle prizes, and they don't have to be a member to play. The registration fee per person includes brunch and the tournament. For more information, call Janet Steinberg. 10:30 a.m. The East Wing Glenview Senior Center, 2400 Chestnut Ave., Glenview, \$35, 224-521-2582

Wayne Messmer: One-Man Play "Damien" and Keep the Faith: Parish Mission with Wayne Messmer performing "Damien" on the first evening, March 5, and his talk Keep the Faith: No One Ever Said It Would Be Easy on the second evening, March 6. 7:30 p.m. St. Catherine Laboure Parish, 3535 Thornwood Ave., Glenview, free, 847-729-1414

Concert: Jazz Spectrum: Come in and enjoy up-tempo swing, classic jazz and slow and dreamy melodies performed by the popular local group Jazz Spectrum. This is a jazz-influenced vocal quartet backed by four swinging musicians. 2 p.m. Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Monday, March 6

Page Turners: Just drop in the library for the selection: "The Girls of Atomic City: The Untold Story of the Women Who Helped Win World War II" by Denise Kiernan. 1 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Tech Talk for Non-Techies: This is a Q&A discussion to explore websites, apps, social media, smart devices, email, and more. A library card is not required, so just drop in. 7 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Knitting Roundtable for Adults: Ronnie Rund, an expert knitter, shows attendees how to knit or how to solve knitting challenges. Bring one's current project(s) and needles. 2 p.m. Morton

Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Learn how to Make Your Money Last a Lifetime: Ann Wiesbrock, certified financial planner and president of Covenant Trust Company, will present Make Your Money Last a Lifetime at Covenant Village of Northbrook. To register for this free program, call or go to the website. 2 p.m. Covenant Village of Northbrook, 2625 Techny Road, Northbrook, free, 877-816-5668

Money Matters Discussion: The group meets on the first Monday of each month. 10 a.m. Park Ridge Senior Center, 100 S. Western Ave., Park Ridge, free, 847-692-3597

Tuesday, March 7

5Rhythms Dance: Come and explore the 5Rhythms Dance - a movement meditation to music. 7:30 p.m. Raydiant Day, 1400 Greenleaf St., Evanston, free, 847-869-0250

Gallery Tour: Mining Pictures: Join Block Fellow Talia Shabtay for a closer look at her exhibition, Mining Pictures: Stories from Above and Below Ground. Mining Pictures looks at ways artists and other image makers construct narratives about industry. The exhibition features artworks and documents of mining, and the complex networks of power, technology, and family and labor relations that keep this industry in motion. 4 p.m. Mary and Leigh Block Museum of Art, Northwestern University, 40 Arts Circle Drive, Evanston, free, 847-467-4602

Let's Talk @ Lunch: At this drop-in program, participants can talk through the issue of racism, and practice honest conversation skills by looking at our own experiences in light of what we're learning about how racism affects us all. 1:30 p.m. YoFresh Yogurt Cafe, 635 Chicago Ave., Evanston, free, 847-864-8445

Irish Pub 101: Learn about Irish stouts, lagers, and ales from the experts at Heinen's. Sample a few select brews and enjoy pub nibbles, too. Please register at glenviewpl.org/register or call 847-729-7500, as there is a limit of 30 participants. 6:30 p.m. Heinen's Grocery Store, 1020 Waukegan Road, Glenview, free

Facebook Basics: Create a profile and get started with the basics of this popular social media site. This class focuses on Facebook for personal use. Sign up for a Facebook account before class, and a Glenview Library card is required. Register at glenviewpl.org/register or by calling. 2 p.m. Glenview Public Library,

1930 Glenview Road, Glenview, free, 847-729-7500

Career Counselling 30-minute Appointments: Consult with a career expert for resume help and job search strategies for any stage of your career. Call 847-729-7500, ext. 7700, to register for one of four 30-minute appointments. 6:30 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Beginning Square Dance Classes: Have fun and learn to square dance; beginner lessons are sponsored by the Glenview Square Dance Club and Glenview Park District. No experience necessary. 7:30 p.m. Glenview Park Center, 2400 Chestnut Ave., Glenview, free first lesson; Registration for 9-week session: \$46/\$54., 847-724-5670

Park Center Preschool Spring Book Fair: Park Center Preschool Spring Book Fair takes place at the Glenview Park Center. Stop by to shop great selections of books for all ages, as well as craft, activity and gifts. 9 a.m. Glenview Park Center, 2400 Chestnut Ave., Glenview, free, 847-724-5670

Movies, Munchies and More: "The Queen of Katwe": "Queen of Katwe" is rated PG and is a biopic of Ugandan chess prodigy Phiona Mutesi. It traces her journey from the Kampala slum of Katwe, where she is forced to abandon her formal schooling at a young age, to the upper echelons of the chess world. The cast stars: Madina Nalwanga, and David Oyelowo. 11:30 a.m. Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Niles Metropolitan Chorus J.S. Bach's St. John Passion: Singers invited, with rehearsal 7-9 p.m. Tuesdays prior to the performance. Their spring concert of J.S. Bach's St. John Passion is presented on Sunday, April 2, 2017 at 3 p.m. 7 p.m. St. John Brebeuf Parish Church, 8307 N. Harlem Ave., Niles, suggested free will donation, 702-806-8421

Lecture and Meeting - North Suburban Needle Arts Guild: North Suburban Needle Arts Guild presents guest speaker Roz DeBoer. Her lecture is entitled Confessions of a Fabric Manipulator--Texture as I Feel It. Roz is a textile artist specializing in landscape art quilts. 9:30 a.m. Gloria Dei Lutheran Church, 1133 Pfingsten Road, Northbrook, free, 847-272-0400

The Breakfast Club: Grow your business, gain referrals, and network with the early morning risers. Hosted by Park Ridge Chamber Ambassador, Dave Donovan. 7:30 a.m. Lola's Diner, 920 Busse Highway, Park Ridge, \$12-\$15,

847-825-3121

Lehrhaus Confirmation Class: Post Bar/Bat Mitzvah teenagers are invited to participate in this program which teaches young people how to utilize Jewish resources when faced with making a decision. This is a fascinating three-year program. 7 p.m. Ezra Habonim, The Niles Township Jewish Congregation, 4500 Dempster St., Skokie, \$420 for entire year plus book fees, 847-675-4141

Wednesday, March 8

Found's Salon Series Featuring Nicholas Barron: Found Kitchen and Social House are featuring a new collective of interactive events dubbed the Salon Series. As a part of this series, Evanston's own Nicholas Barron is set to perform every Wednesday night. 8 p.m. Found Kitchen & Social House, 1631 Chicago Ave., Evanston, \$10, 847-868-8945

Live Music Wednesdays with the Josh Rzepka Trio: Hear the music of Dizzy Gillespie, Charlie Parker, Thelonious Monk and other classics of the era played by the Josh Rzepka Bebop trio. Reservations can be made online or by calling. 6:30 p.m. Found Kitchen & Social House, 1631 Chicago Ave., Evanston, free, 847-868-8945

Bubbles and Bites at Crystal Ballroom Evanston: Meet with the wedding industry's top professionals all at once. Don't miss this amazing opportunity to soak in the stunning Crystal Ballroom and enjoy bites and bubbles too. Those featured are: The Crystal Ballroom and Lounge, Kensington Floral and Events, Classic Event and Tent Rentals, Andre LaCour Photography, Amor In Motion, Spilled Ink Invitations, Velvet Dessert, Victoria Sdoukos, and Windy City Linen. 5:45 p.m. The Crystal Ballroom & Lounge, 529 Davis St., Evanston, free, 847-570-7819

Organ Meditations for Lent at Saint Luke's Episcopal: Pause midweek during this season of reflection to enjoy sounds of the historic 1922 Skinner Organ in the beautiful Saint Luke's nave. Dr. Christine Kraemer, organist at Saint Luke's, performs organ meditations during Lent. A free will offering is taken to benefit NFP Opus 327, dedicated to preserving the organ. 11:30 a.m. St. Luke's Episcopal Church, 939 Hinman Ave., Evanston, free, 224-307-4327

FamilySearch: Discover the impressive free database and extensive online services offered by this nonprofit genealogy organization. Glenview Library

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card required, register at glenviewpl.org/register or call. 2 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Circle Time Swap: Discover new material to use in your classroom, learn what your colleagues are doing, and see how they do it. CPDUs (ISBE) and DCFS credits are available. Please register at glenviewpl.org/register or by calling. 7 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Park Center Preschool Spring Book Fair: Park Center Preschool Spring Book Fair takes place at the Glenview Park Center. Stop by to shop great selections of books for all ages, as well as craft, activity and gifts. 9 a.m. Glenview Park Center, 2400 Chestnut Ave., Glenview, free, 847-724-5670

Coming Together Book Discussion: Join in for tea and an all ages book discussion. Attendees talk about this year's selections for Coming Together Celebrating Chinese Culture. "American Born Chinese" by Gene Luen Yang; "The Shadow Hero" by Gene Luen Yang; "Where the Mountain Meets the

Moon" by Grace Lin; and "The Ugly Vegetables" by Grace Lin. 7 p.m. Lincolnwood Public Library, 4000 W. Pratt Ave., Lincolnwood, free, 847-677-5277

Knitting Club: If you want to learn to knit, or you are working on a knitting or crochet project, drop-in to share tips, show off your work and converse with fellow needle arts enthusiasts. Bring your own knitting supplies. 11 a.m. Lincolnwood Public Library, 4000 W. Pratt Ave., Lincolnwood, free, 847-677-5277

ESL Conversation Group: Registration is required for this group of all skill levels. Those who attend practice speaking English in an informal and friendly group setting. Discussions focus on a variety of practical, everyday and general interest topics. 10 a.m. Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Spelling Bee practice session: Illinois adults age 50 and over can showcase a lifetime of knowledge and demonstrate their spelling skills through three levels of spelling competition: local, regional, and the State Finals. The local competition will be March 22, at 10 a.m., at the library. 10 a.m. Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Chess Club: Whether you're a skilled player looking for a challenge or a beginner interested in learning new skills, all are welcome at this new, weekly Chess Club! Chess sets and clocks provided. No registration is required. 7 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

The Reagan Years: Gary Midkiff looks at President Reagan's domestic economic policies, foreign policy, decision-making process, influence on his professional life from his wife Nancy, and the leverage he achieved from his superb speech-making ability. 10 a.m. North Shore Senior Center, 161 Northfield Road, Northfield, \$19 NSSC members; \$25 non-member, 847-784-6030

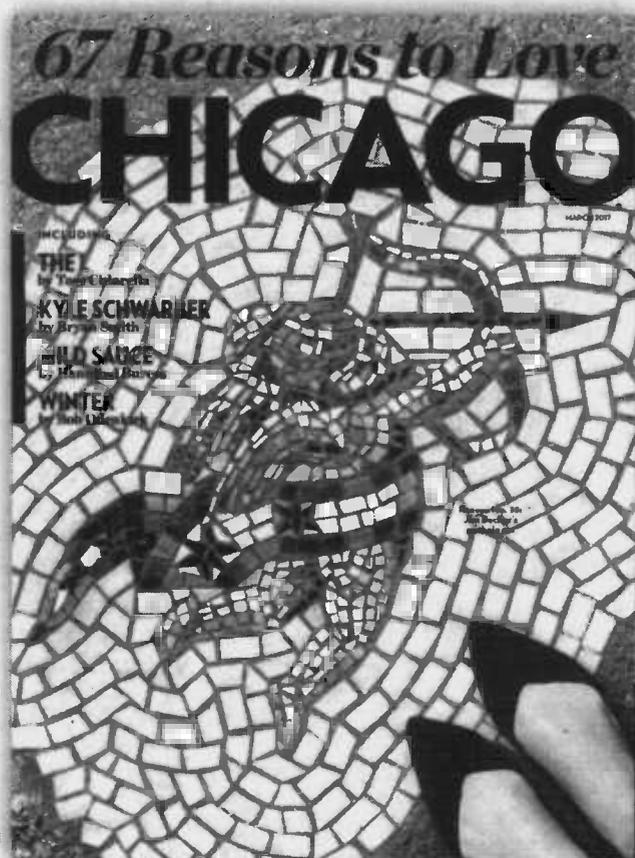
Networking Luncheon - How to Get Culture-ific: Hear Tim Padgett, Founder and CEO of Pepper Group, present How to Get Culture-ific at our Monthly Networking Luncheon. As the work place continues to change with work/life balance lines blurring, an increased emphasis on culture and the introduction of Millennials, it is crucial to understand how to communicate effectively with recruits and employees. 11:30 a.m. The Summit of Uptown, 10 N. Summit Ave., Park Ridge, \$25-\$30, 847-825-3121

Park Ridge Fly Tying Club Meetings: Chicago Fly Fishers Club meet at 7 p.m. Wednesdays, from October through May. An experienced demonstrator does demonstrations of fly tying, with members tying the same pattern using tools and materials provided by the club. 7 p.m. Park Ridge Community Church, 100 S. Courtland Ave., Park Ridge, free, 847-823-3164

Pajama Storytime All Ages with Adult: Wear your pj's and bring your favorite stuffed friend for a cozy bedtime storytime. 7 p.m. Park Ridge Public Library, 20 S. Prospect Ave., Park Ridge, free, 847-825-3123

The Ides of March: The 21st Star Chapter of the NSDAR hold a meeting at the Park Ridge Country Club. The Uke Tones perform for the chapter members. A silent auction that includes baked goods is also to be held at this meeting. Contact Second Vice Regent, Dorothy Wilson at 847-328-6946 for further details. 11:30 a.m. Park Ridge Country Club, 636 N. Prospect Ave., Park Ridge, \$22, 847-328-6946

Have an event to submit? Go to chicagotribune.com/calendar



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NOW PLAYING

**"The Lego Batman Movie" ★★ 1/2**

PG, 1:46, animated comedy

At its sporadic best, the crazy velocity and wisenheimer appeal of "The Lego Batman Movie" reminds you of what made "The Lego Movie" such a nice surprise three years ago. "The Lego Batman Movie" goes where various franchises housed at various studios have gone before, with the ill plastic Batman (Will Arnett) taking center stage as a raging egomaniac, all abs and no heart. Batman's chief nemesis remains, inevitably, the needy,

whiny, malevolent Joker (Zach Galifianakis). This spinoff offers more mayhem and less funny than the first Lego movie; I enjoyed it well enough. — *Michael Phillips, Chicago Tribune*

**"The Great Wall" ★ 1/2**

In 1972, Richard M. Nixon visited the Great Wall of China. "I think that you would have to conclude," he said in his remarks, "that this is a great wall." In the Nixonian spirit, let's discuss director Zhang Yimou's "The Great Wall." Watching it, you would have to conclude that this is a movie. It is in color, in English and in 3-D, which means green monster guts splurging in your face. It co-stars Matt Damon as a mercenary archer named William Garin, whose dialect suggests Brendan Gleeson pretending to

be an American after a couple of pints. So what is ol' Matt Damon doing in a mythological version of 1100 A.D. China? His character is just another European money-grubber, ostensibly trading with the locals. So "The Great Wall" is a monster movie, a white savior movie and a tedious movie. Even in China, they didn't love it. — *M.P.*

**"Fifty Shades Darker" ★★**

The second installment of the "Fifty Shades" franchise is pure camp. Audiences will be in ecstasy all right — from hysterical laughter. While not a comedy, there are times when you have to wonder if the film is in on the joke. Star Dakota Johnson definitely seems to be. The plot of "Darker" is fairly mundane, centered around the reunion of Ana and her dominant partner, Christian Grey (Jamie Dornan). As an independent woman who "loves working," Ana's got her reservations about being truly

submissive, and therein lies their conundrum. — *Katie Walsh, Tribune News Service*

**"John Wick: Chapter 2" ★★**

R, 2:02, action

The sequel stars Keanu Reeves in a film that's a step down from the first "John Wick." Early in "John Wick 2," one of many licensed and bonded guns for hire visits brooding Wick at home. He presents Wick with a marker, the Coin of Death; this means the recipient must do the bidding of the presenter and his account is settled. Wick declines. One destroyed brooding house later, Wick reconsiders, and he travels to Rome to eliminate the guy's

sister. "John Wick 2" stages its gun-fu melees sleekly and sometimes well. As our real world grows stranger and more brutal by the day, a movie selling weightless ultraviolence, plus nice suits and Reeves, is like a deep-tissue massage for our jaded, fearful souls. — *M.P.*

**"Fist Fight" ★★ 1/2**

R, 1:31, comedy

"Fist Fight" is a pleasantly foul-mouthed exercise that gets by on the chemistry of its two stars: Ice Cube and Charlie Day. Nice-guy Campbell (Day) and mean-guy Strickland (Cube) are both teachers at a falling high school in the throes of staff layoffs. Big, beefy Strickland challenges small, marshmallow-man Campbell to a fight after school — and the entire school erupts in anticipation. There's a scene near the end of "Fist Fight" that

more than makes up for whatever weak-sauce comedic sins have gone before. Let's just say that the combo of Big Sean's unprintable hit rap, Day's nebbishy physicality and a young girl's school talent show is comedy gold. — *Cary Darling, Fort Worth Star-Telegram*

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OF THE MONTH**

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DEATH NOTICES

We extend our condolences to the families and loved ones of those who have passed.

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Death Notices

McCabe, John E.

John E. McCabe, age 86, US Army Korean War Veteran. Beloved husband of Linda nee Matview. Loving father of Heather McCabe, Jennifer (Brian) Jandula, and Christopher McCabe. Cherished and adored grandfather of Alexis and Calvin Jandula. Dear brother of J. Josephine (late Rodney) Kahr and the late Charles and George McCabe. Dear uncle, relative, and friend of many. A Memorial Visitation will be held Saturday, March 4, 2017 from 2:00-7:00 p.m. at Colonial-Wojciechowski Funeral Home, 8025 W. Golf Road in Niles. A Memorial Service will be held at 6:00 p.m. Interment private. In lieu of flowers, memorials appreciated to Alzheimer's Disease Association, 8430 W. Bryn Mawr, Suite 800, Chicago, IL 60631 or alz.org. Info 847-581-0536 or www.colonialfuneral.com



Sign Guestbook at chicagotribune.com/obituaries

Roggatz, Robert

Died peacefully February 18th 2017. Rob was the cherished son of the late Beverlee Roggatz (Wilson) and the late Roger Roggatz. Robert will be remembered by his little sister Rory Roggatz and his friends from Rose Ave in Park Ridge. Rob your strength and tenacity to live life with such courage and determination will always be remembered, and you will be greatly missed by those who knew and loved you. Please join us for a Celebration of Rob's Life on Sunday March 5th at The Harp & Fiddle 110 Main Street Park Ridge, IL from 4:00 to 7:00pm. A guest book page has been created for condolences and a lasting memory of Robert's life and friendships on Legacy.com. As a thank you for their support the family requests that Memorial Donations be made to Cross and Crown Lutheran Church Ministry of Hope 1122 W. Rand Road Arlington Heights, IL. Sign Guestbook at chicagotribune.com/obituaries

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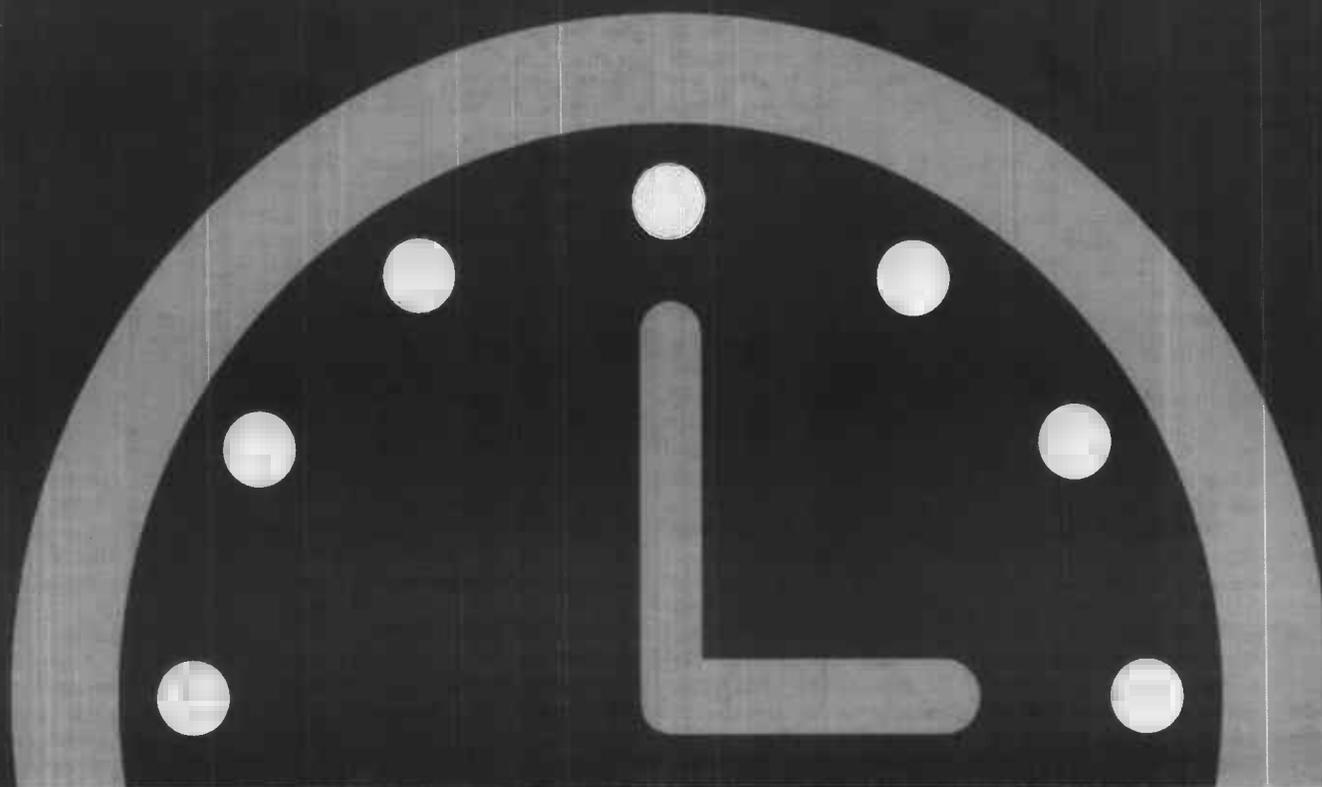
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RAIN, SHINE OR STALEMATE

Locals at Chicago State keep playing amid budget woes

BY BRETT CHRISTIE
Pioneer Press

Greg Manos is aware of the perceived stigma surrounding the Chicago State athletic program these days.

A Niles native and former girls volleyball assistant coach at Evanston, Manos is in his first season as the women's volleyball assistant coach at the school and said, at least from his experience, perception is not reality.

"I think there's been a lot of talk swirling around Chicago State, but I think when you get here and you see what's going on day-to-day, I don't think it's as hectic as people make it seem in the media," Manos said. "To be honest, I know that there's things that we hear from the outside and that we hear from the inside and they are often different. Unfortunately, what people perceive the school to be is not always what it is. ... In terms of immediate limitations and stuff like that, I haven't really seen it."

The stigma is in reference to the concern that athletics will be terminated or no longer compete at the Division I level at the public university on Chicago's Far South Side because of the school's financial problems. Cutbacks in its state financing, because of a budget stalemate between Republican Gov. Bruce Rauner and the Democratic-led legislature, has left Chicago State with only emergency funding from the state, according to The New York Times. In the past, the state has provided 30 percent of the school's budget.

Last spring, the school laid off more than 300 employees, which was about one-third of its workforce.



NICOLE WATKINS/CHICAGO STATE

Chicago State women's soccer player Berina Gradjan (13) said Cougars teams, "work to make our experience the best that it can possibly be, but it's kind of hard with all the challenges we face every day."

Just 86 freshmen enrolled at Chicago State in the fall, dropping its total enrollment to 3,578. The next smallest school in the Western Athletic Conference is Seattle, which has 7,755 students, according to the WAC website. Five schools in the eight-member league have at least 15,000 students.

The budget issues have had an immense impact on the school's academics, and the athletic product has suffered. The Cougars volleyball team went 3-26 this past season after going 1-27 in 2015. Manos said when it comes to recruiting, rather than viewing the situation as dire, he and the coaching staff sell prospective athletes on what Chicago State can offer.

"We just try to highlight the positives about the school, so the biggest things for us are: the location, we're not far from (downtown) Chicago, that's a big plus. Some kids I think that are looking for an urban life, whether they are not in it before or looking for it full time, I think that's some-

thing that attracts a lot of them here," Manos said.

Chicago State interim athletic director Tracy Dildy, who is also the men's basketball coach, said he sells recruits and their families on athletes' success in the classroom. For Cougars athletes who initially enrolled in 2009, they had a 68 percent Graduation Success Rate. The GSR takes transfers into account.

Berina Gradjan came to Chicago State from Oakton Community College two years ago excited for the opportunity to play Division I soccer. Gradjan, a Niles North graduate and Morton Grove resident, just completed her senior season with the Cougars. Chicago State went 1-16 overall and 0-7 in the WAC. However, their lone win was against an NAIA team.

As a result, fourth-year coach Tony Tommasi was relieved of his duties at the end of the season. He launched the program, guiding it to become a varsity sport in 2014.

The baseball team includes redshirt junior

pitcher Brad Moore, a Hersey graduate and a transfer from McHenry County College. The Cougars baseball team was 13-42 last season and is 3-4 so far this year.

Gradjan said the struggles can be directly linked to the school's financial shortcomings.

"I think our coaches try to give us the best experience that they possibly can. I think they put in a little more effort, just because our situation with our administration and our budgeting," Gradjan said. "You know, we're not really like a winning program or a Division I program. I think we definitely deal with a lot of struggles. It's a lot, especially hearing from other people and their input and what's been written about us. It puts a lot of barriers on us and challenges, but I think for the most part, a lot of the teams are pretty close, so I think we kind of work to make our experience the best that it can possibly be, but it's kind of hard with all the challenges we face every day."

One of the main chal-

lenges, Gradjan said, is travel related. When the team goes on road trips it's often a waiting game for whether or not they'll receive funding for meals, Gradjan said.

"We kind of wait for the very last minute to get our money and sometimes you don't know if you're going to be going on the road without money or not," Gradjan explained. "It does come through, but you can definitely sense that there's pressure with budgeting and putting our teams in (a bind)."

"It's a lot of pressure because you don't know if you're going to have that money in time or not. So it makes us feel like, not that we're not important, but it just kind of burdens us to know why can't this be done ahead of time?"

Dildy disputed Gradjan's account of funding for road trips.

"I can tell you that we have never had a road trip where our student-athletes didn't have money to eat," he said. "That has never happened. That has never happened. The other side

of that is our experience for our student-athletes is no different than any other student athlete's experience when you talk about a university of our caliber in our conference."

At home, the soccer team also is in an unenviable situation. For practice they use the baseball team's artificial turf field and they travel about 15 minutes away to Kroc Stadium for games.

"We have to rent out extra times so we can go train on a soccer field. I think for the girls, it's hard, because practicing on a baseball field instead of a soccer field is completely different. You don't get that kind of advantage, so that's also a challenge that we have," Gradjan said.

Chicago State has hired a new women's soccer coach, but Gradjan estimated seven or eight players from the 2016 team have opted to transfer. Gradjan is on track to graduate in May with a bachelor's degree in criminal justice.

Manos said that despite the obvious financial hindrances he's been satisfied with his experience at the school and that what Chicago State lacks in funding, it makes up for with overall support.

"I've had a very positive experience and I've really enjoyed it," Manos said. He added: "To be at a school that supports the team in every way — all the coaches are at our games and we like supporting them. The community supports us. It's not a big campus, we don't have as high of an enrollment number as some of the other schools that play in our conference. So that's the biggest difference for me, but I think there's a lot of positive things going on here and I'm enjoying my time here as well."

Brett Christie is a freelance reporter for Pioneer Press.

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Wrestling coaches, regulations push healthy dieting

BY JAKUB RUDNIK
Pioneer Press

An athlete's weight management is critical to any sport, but wrestling in particular is often associated with competitors doing everything possible to make weight — working out, sweating and even cutting food and water. In 1997, the deaths of three collegiate wrestlers, which occurred during weight-loss workouts, in a six-week span rocked the sport and made national news.

University of Iowa wrestling athletic trainer Jesse Donnenwerth has worked with wrestlers at Virginia Tech, Wisconsin and Iowa over the past 15 years. He said that the way athletes and coaches think about weight loss has changed since 1997.

"Athletes are coming to grips that, 'Yeah, I can't probably perform at a high level if I have to lose a lot of weight,'" Donnenwerth said. "I think, slowly but surely, guys would rather wrestle up a weight class than going down in weight class. There's a high level of discipline required to keep your body lean and do that the right way."

At the high school level in Illinois, the IHSA implemented a weight control program for wrestling in 2003-04, establishing minimum weight classes based on skinfold tests measuring body fat.

Per IHSA rules, a certified official must test all wrestlers for hydration before they undergo skinfold tests prior to any competition. After the results are determined, athletes have minimum weight classes established at 7 percent of their body fat for boys, 12 percent for girls. The IHSA also allows only a 1.5-percent loss of total body

weight per week.

Area high school coaches said the rule changes have had a positive effect in discouraging dangerous weight-loss habits, which Rolling Meadows wrestling coach John Bassler called "the old days of the sport."

"Unfortunately that old idea sticks with parents of these current wrestlers," Bassler said. "The sport is so much safer with body fat testing and hydration to make sure our athletes are at a safe weight to compete."

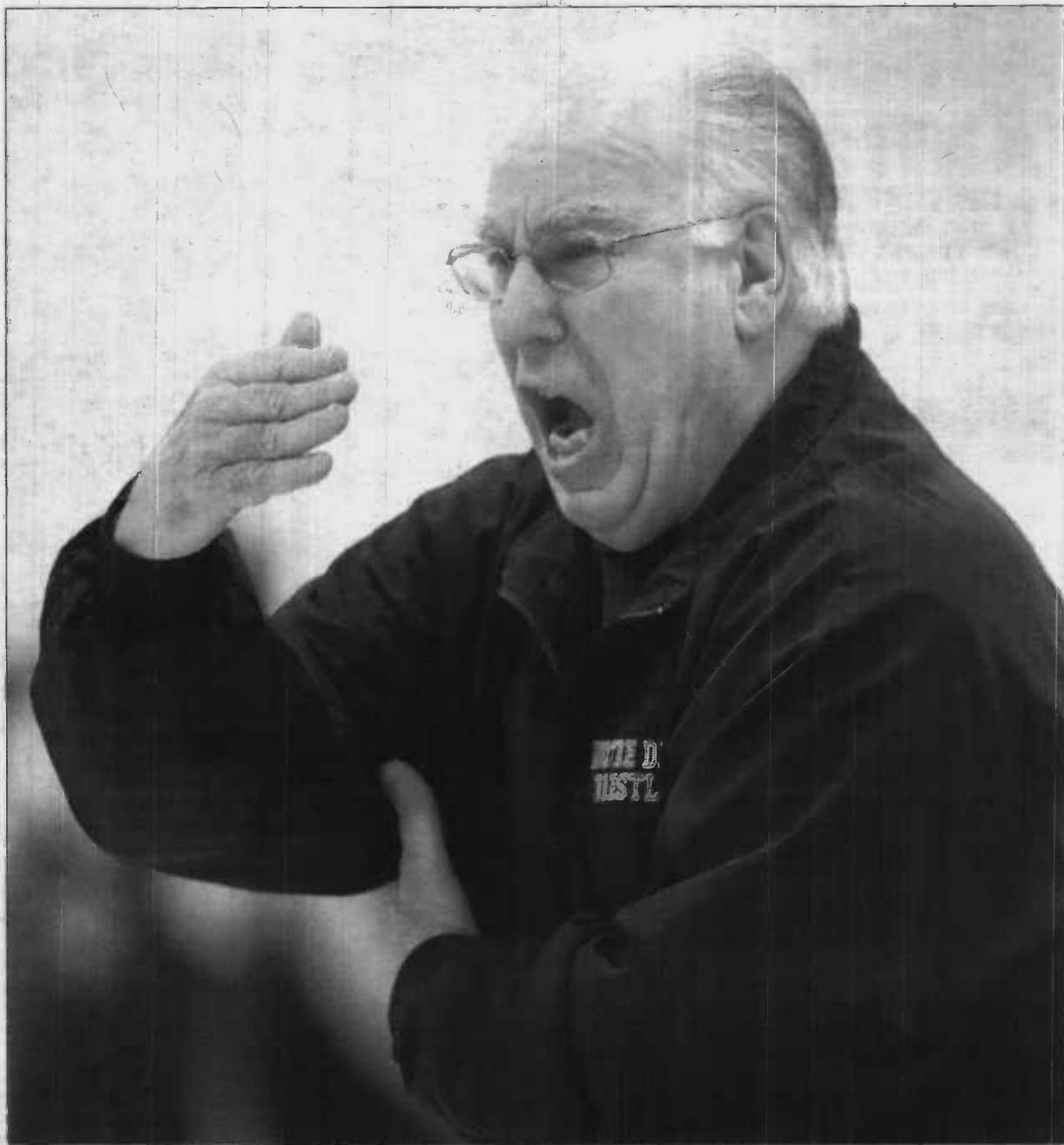
Augie Genovesi, who started coaching at Notre Dame College Prep in 1977 and stepped down as head coach after the 2016-17 season, said coaches have "gotten a better handle on weight cutting."

Genovesi recalled instances when wrestlers would avoid food and drink prior to making weight and then binge afterward.

"After weigh-ins it used to look like you were at a picnic with all the garbage and junk food the athletes were consuming," Genovesi said. "About 10 years ago I took it upon myself to stop our varsity from bringing any food. I, in turn, started supplying all the food for after weigh-ins: small bagels, peanut butter, honey, granola bars, fruit and Gatorade shakes, Gatorade gels and, of course, water. It's a cost, but it's something I believed had to be done."

Making healthy dietary choices isn't limited to the day or week of a match, or even wrestling season. Nicole White, Iowa's director of sports nutrition, stressed the importance of maintaining healthy decisions throughout the year.

"Healthy weight loss is not accomplished by quick weight loss, restricting food, cutting hydration, chewing and spitting, constant use of sauna," White said in an



BRIAN O'MAHONEY/PIONEER PRESS

Longtime Notre Dame wrestling coach Augie Genovesi said area high school programs "have gotten a better handle on weight cutting" to encourage healthy dieting.

"The thing about wrestlers is they don't have to just hit a target, they have to hit a bullseye. If you're going to hit a bullseye regularly, you have to be deliberate about what you're eating, when you're eating."

— University of Iowa wrestling athletic trainer Jesse Donnenwerth

email. "What wrestlers need to focus on is keeping their weight in the off-season in a range (about 3 to 5 percent above their competition weight) that allows them to lose about 1-2 pounds per week over several weeks until they reach

their target weight."

Donnenwerth said he tries to instruct wrestlers about nutrition on a conceptual level to help them understand the challenges of maintaining healthy dieting habits.

"I try to break it down

where they look at nutrition as fuel, look at how they plan their day so they can be effective at what they do," Donnenwerth said. "The thing about wrestlers is they don't have to just hit a target, they have to hit a bullseye. If you're going to

hit a bullseye regularly, you have to be deliberate about what you're eating, when you're eating."

Jakub Rudnik is a freelance reporter for Pioneer Press.

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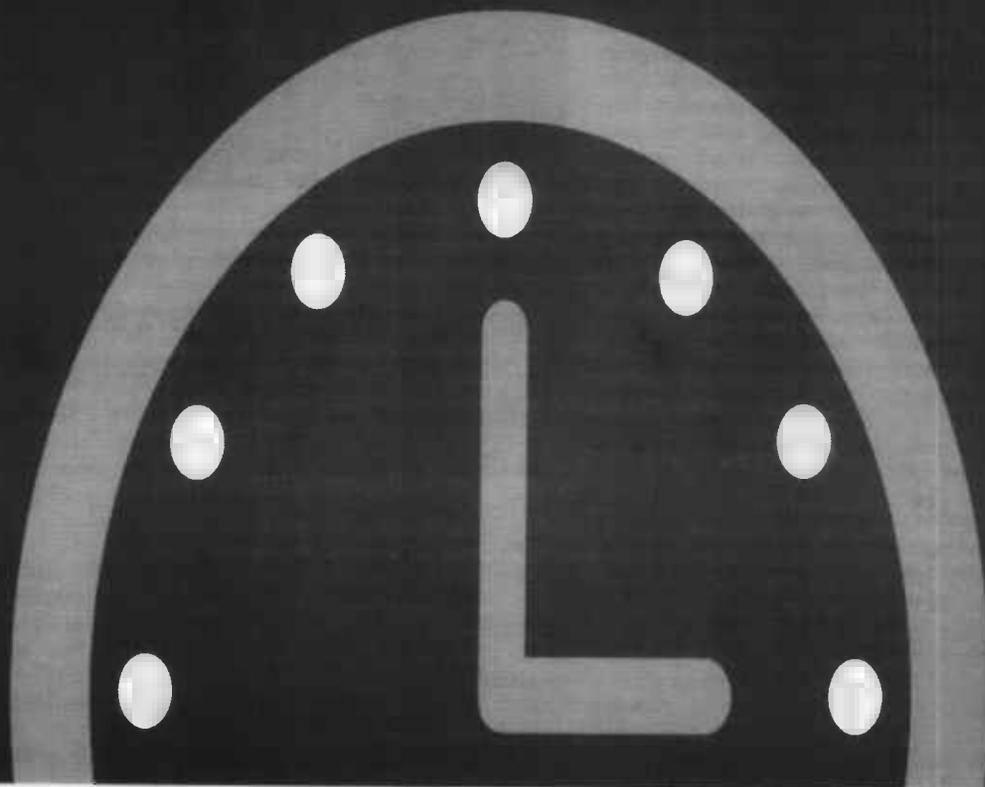
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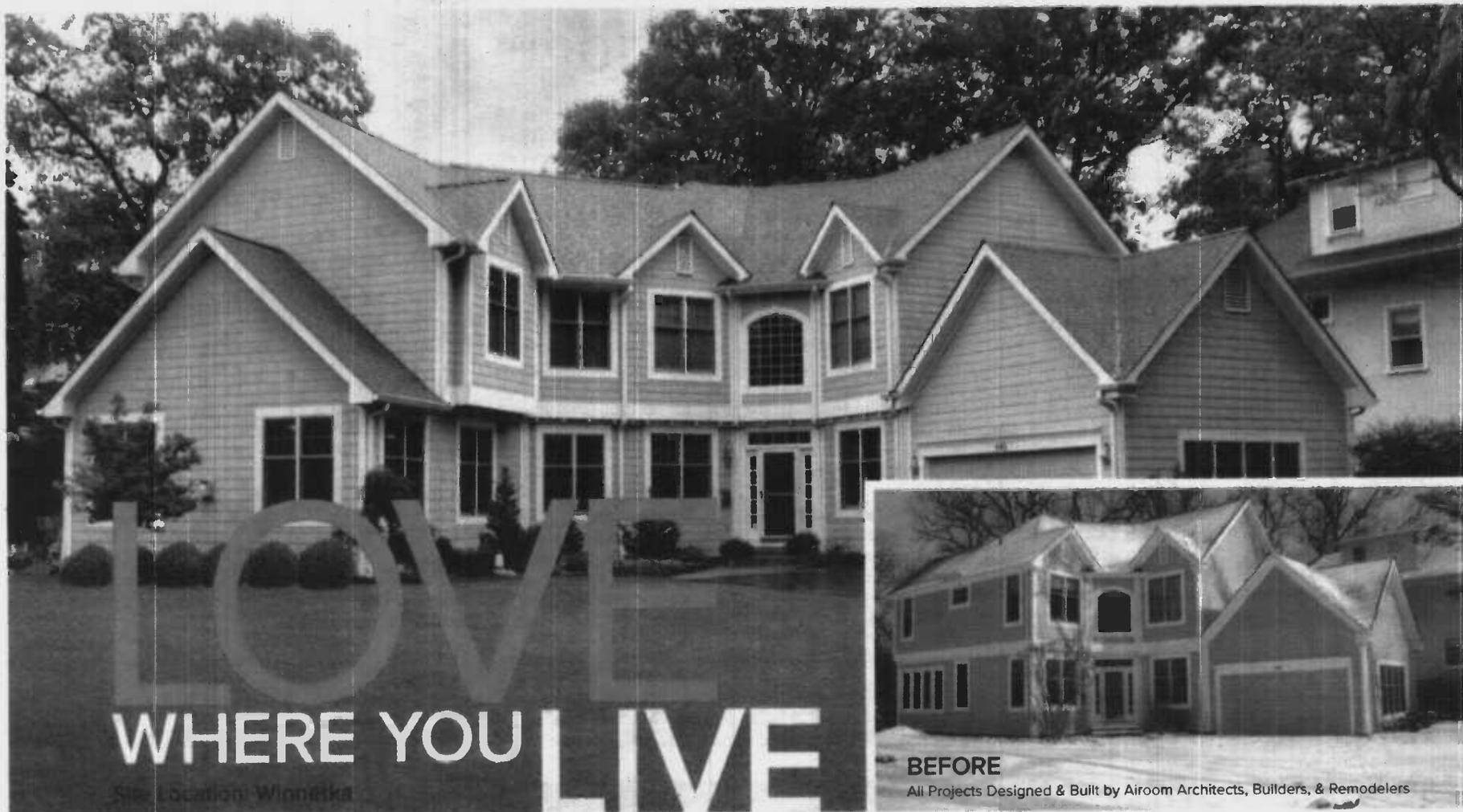
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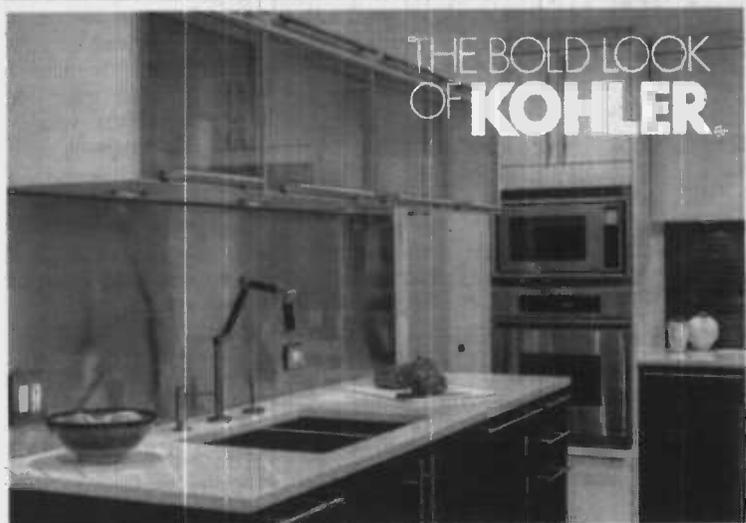
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Thornton, Maso continue to shine on offense for Northridge

BY JAKUB RUDNIK
Pioneer Press

On the Northridge boys basketball team's first possession of its 59-39 Class 2A regional semifinal win over Sullivan, the ball swung around the perimeter and through the high post until it found Sam Thornton open on the right wing. The senior guard rose up and released a 3. Nothing but net. The very next possession the Knights found Thornton again, which led to the same result.

He was just getting started.

Before the game was four minutes old, Thornton was 4-for-4 from behind the arc and his jumper had single-handedly given Northridge

a 12-2 lead on Feb. 22 in Niles. He credited the Knights' ball movement with finding him in the right spots on the court.

"It's a lot easier to make them when guys are getting you open," said Thornton, an Arlington Heights resident. "That's what we've been doing all season, I just have to shoot them. Yeah, confidence goes up (when I hit shots), but they're getting me open every time."

Thornton went to the bench without having missed a shot, and then it was fellow senior backcourt member Kiko Maso's turn to get going for the Knights.

After making a layup late in the first quarter, Maso opened scoring in the second by knocking the ball out

of a Sullivan player's hands and driving the length of the court for an and-one layup. He knocked down the ensuing foul shot. Two possessions later, he banked in a free-throw line jumper, forcing a Sullivan timeout. Sullivan scored on its next possession, then Maso grabbed a rebound the next time Sullivan shot. He took it coast-to-coast and finished with a Euro step. That gave him nine points during an 11-4 Northridge run that put the Knights up 23-10 midway through the second quarter.

Northridge coach Will Rey said the seniors' first-half play was representative of how they have performed all season.

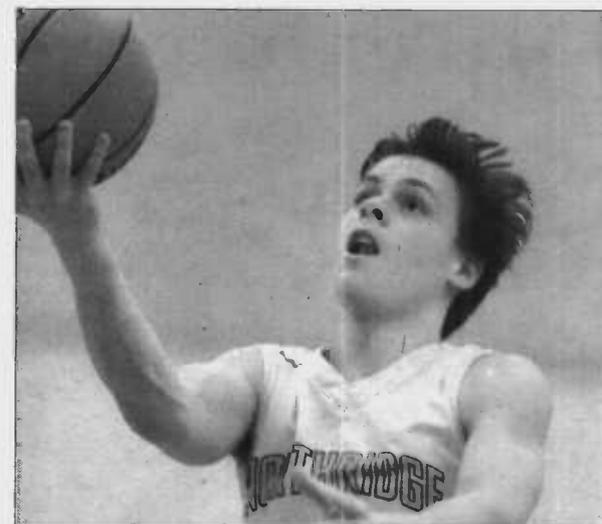
"(Maso's) been a really

dynamic player for us all year," Rey said. "He and Sam have been very consistent for us all year long, so no reason to expect that to be any different (in the playoffs)."

Eighth-seeded Sullivan (8-15) clawed its way back, going on a 9-2 run to cut the lead to just six early in the third quarter. It was back up to a nine-point lead late in the quarter when Thornton found himself open on the left wing again. The result was the same as in the first quarter, and the Knights were up 12.

The game never got any closer. Thornton finished with 18 points, all triples.

However, the Knights (22-6) lost two days later in the sectional final for the



BRIAN O'MAHONEY/PIONEER PRESS

Northridge's Kiko Maso puts up a shot during the second quarter of the Class 2A Northridge Regional semifinal game against Sullivan. Northridge won the game 59-39 on Wednesday in Niles.

second year in a row. Fourth-seeded St. Edward beat Northridge 68-43 thanks to a dominant third quarter. St. Edward, which trailed 25-19 at halftime, started the third quarter on

a 13-3 run and outscored Northridge 29-8 in the quarter.

Jakub Rudnik is a freelance reporter for Pioneer Press.

Atypical style suits Notre Dame's Poniatowski well

BY GARY LARSEN
Pioneer Press

For four varsity wrestling seasons, Notre Dame's Andy Poniatowski embraced an unorthodox style: He was a scrambler comfortable in vulnerable positions that wrestlers are generally taught to avoid.

Dons coach Augie Genovesi and his staff preached the importance of a less-risky style, but assistant coach Jim Cartwright came to a conclusion prior to Poniatowski's senior season.

"(Cartwright) said, 'He hasn't listened to us for three years, why would he start now?'" Genovesi said. "Andy has basically been doing the same thing for four years. But he's had success doing it. His future is really ahead of him as a wrestler, if he chooses to wrestle in college."

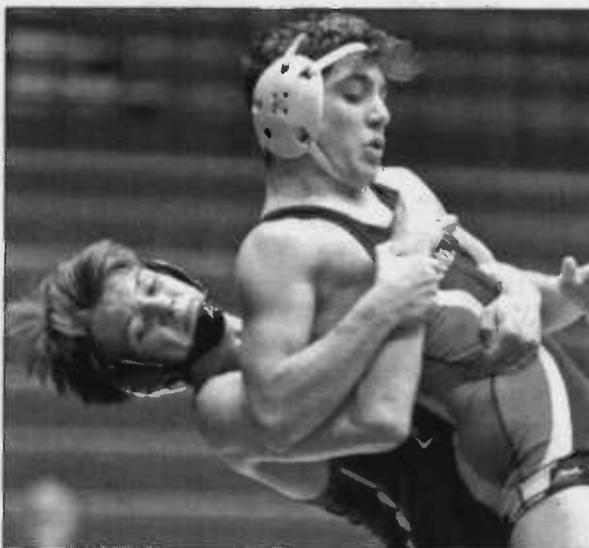
Poniatowski indeed

plans to wrestle in college next season, probably at a Division III school in Wisconsin or Iowa.

Poniatowski went 29-6 at 126 pounds this year and won more than 120 matches in his Dons career. He admits to a stubborn refusal to change the way he most enjoys wrestling.

"Unorthodox is the word to describe it and I feel very comfortable with it," Poniatowski said. "I'm 5-foot-9 at 126 pounds and a lot of the guys I wrestle are 5-foot-6 or 5-foot-7 at the most. 'With my leverage and reach, I can use my speed to my advantage, and I'm comfortable in a scramble, where you can turn someone else's style into five points for you really quick.'"

Notre Dame's season ended at the Class 3A Conant Team Sectional on Feb. 21 with a 36-27 loss to Conant. The loss ended the high school careers of sen-



JON LANGHAM/PIONEER PRESS

Notre Dame's Andy Poniatowski, left, wrestles Conant's Nicky Amato during the Class 3A Conant Team Sectional on Feb. 21.

iors Poniatowski, Josh Barzowski, Augie Whittington, Vince Spedale, Nick Prozanski and Conor Flaherty.

Genovesi bumped wres-

tlers around to different weights and the Dons nearly pulled off the win with a lineup that featured eight underclassmen

against Conant.

"That was one of the best dual meets we've ever had," Poniatowski said. "We wrestled to the best of our ability in that meet. It's a young team and these kids have a lot of potential."

"This year they learned that you have to wrestle each match like it's your last match, and always wrestle to win instead of wrestling not to lose."

Poniatowski, a Chicago resident, wrestled at 106 pounds his freshman year and 120 in his sophomore and junior years.

During his first two varsity seasons, one of his wrestling partners in the practice room was former state-qualifier Jimmy Gallardo.

"Those two years I wrestled in the room with him, I owe it almost all to him," Poniatowski said. "That kid worked me almost to tears in the room but it made me

tougher. I love him for it."

Poniatowski also expressed gratitude to his parents, Maureen and Jim, for working two jobs in order to send their four children to private schools.

After 35 years as either the head coach or co-head coach at Notre Dame, Genovesi will step down and become an assistant coach with the program next year.

Poniatowski expressed appreciation for what Genovesi brought to the table.

"Just like my parents, he's another example where if he has something you need, whatever it is, he'll give it to you," Poniatowski said of Genovesi. "He'll sacrifice so much and that's what he's done over all these years."

Gary Larsen is a freelance reporter for Pioneer Press.

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Doubly talented

Ida Crown's Silverstein both a wrestler and a glassblower

BY DAN SHALIN
Pioneer Press

On many Sundays this winter, Ida Crown senior Joey Silverstein attended morning wrestling practice at the Skokie school before traveling to the Firehouse Art Studio in Chicago's University Village neighborhood to work in the art of glassblowing.

Silverstein, whose career came to an end with a third-place finish in the 170-pound division at the Wittenberg Invite held Feb. 17-19 in Paramus, N.J., has been wrestling since freshman season. He was 10 when his grandmother introduced him and his older sister to glassblowing, an ancient art form that involves shaping molten glass into various objects by blowing through a long pipe.

Passionate about both activities, Silverstein said there are similarities between wrestling and glassblowing.

"I see parallels in that both (wrestling and glassblowing) involve (proper) technique," said Silverstein, who lives in Northbrook. "In wrestling, my coaches always stress technique and there are so many intricacies people don't see. In glassblowing, it's definitely about technique. You can be artistic and have a great idea, but if you don't (use the right technique), it can be destroyed in half a second and you can be left with nothing."

"Secondly, wrestling is most painful when you lose. (Likewise) when you put so much into the glass — your sweat, your blood, you can burn yourself or cut yourself on the glass — and then see it crack right before you finish, it's like getting pinned in a match. It guts you."

Silverstein has had more successes than disappoint-

ments in both endeavors. In wrestling, he finished his senior season with a 16-9 record, including a second straight second-place finish at a Class 1A regional. This year's tournament was held at Walter Christian on Feb. 4.

Ida Crown wrestlers do not participate in the sectional because it takes place on a Saturday, the Jewish Sabbath. Instead, the Aces biggest meet of the year was the Wittenberg Invite, which brings together wrestlers from yeshiva high schools across the country.

Ida Crown's school day runs from 8:05 a.m. to 4:55 p.m. or 5:39 p.m. Monday-Thursday. School gets out earlier on Fridays. The school has strict limits on hours of athletic participation — six hours of team events per week, including practices and competition — which makes Silverstein's accomplishments on the mat that much more impressive.

"You figure he's getting three practices at most, sometimes only one practice (if there are meets), and most other schools have five or six (practices per week). He's done really well. He's really solidified his wrestling performances this year," Ida Crown coach Doug Klein said.

Klein called the 5-foot-11 Silverstein a technical wrestler with a strong mat sense.

"He always knows what needs to be done in any position or time in the match in order to deliver victory," Klein said. "(Silverstein) may not be the strongest, most physical wrestler, but he's technically sound, and he overcomes deficiencies in strength and speed with his technical proficiency."

Silverstein said he was a creative child, who liked to put things together. Glassblowing, he said, was the

perfect way to use those abilities.

"I can't really draw and paint, but the real place I've been able to express my creativity is with glass. It's where I express my ideas the best," Silverstein said. "I've always liked to build and figure things out, and if I want to make a piece, it's important to know the physical and scientific components of the material and how it will act at certain temperatures. For me it's, 'How do I figure out the puzzle of doing a piece?'"

Silverstein said he has completed approximately 250 pieces, and many are still in his possession, kept in places like his basement, cabinets in his house and his bedroom. Though he's never publicly displayed his work, Silverstein said he would like to at some point.

Silverstein said he's gone through different creative phases, at one point focusing heavily on pieces that resemble medieval weapons, at other times creating animals, fish, vases, vessels and goblets.

Chicago artist Aaron Wolf-Boze, who has served as Silverstein's teacher and mentor for the last four years, said Silverstein's medieval weaponry phase was memorable, and likely something the artist will revisit in the future.

"He was making (replica) medieval weapons, and it was really difficult stuff to do. It was ambitious to make it to scale, and it took a lot of time," Wolf-Boze said. "But, I'm kind of a 'yes' person, and if he comes to me with an idea, we try to figure out a way to do it, even if we've never done it before. In that way, I learn a lot too by working with him."

Silverstein plans to attend Northwestern in the fall. He said he hopes to study biology in anticipa-



KEVIN TANAKA/PIONEER PRESS

Joey Silverstein works on a glassblowing project at the Firehouse Art Studio on Feb. 12 in Chicago.

tion of going to medical school or pursuing a graduate degree in microbiology. Since he'll only be a few miles from Ida Crown's campus, Silverstein said he hopes to return to his alma mater to help out with the wrestling program. He also

intends to keep glassblowing as part of his life.

"I intend to continue for the foreseeable future," he said. "I can't stop and could never stop glassblowing, even if I take a break, I'm not done. I'll never be done, even if I don't know where

the future lies. I still want to get better and make all my ideas (come to life), get them the way I want."

Dan Shalin is a freelance reporter for Pioneer Press.

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Improved mental approach helps Royzen win state

By DANIEL I. DORFMAN
Pioneer Press

A few minutes after winning a state championship, Niles North senior Maxim Royzen reflected on why he started diving many years ago.

"I always loved to do tricks on the diving board, but my dad was worried I was going to get hurt. So he put me in diving lessons so I could learn how to dive properly and I just loved it since then," Royzen said.

The Skokie native channeled that love into the diving state title on Saturday in Winnetka, finishing with a total score of 527.50. Royzen was in first place after the semifinals on Friday and remained in the lead the following day.

"I was very confident but I wasn't confident to the point that I would neglect anybody," Royzen said. "I still knew I needed to stay on my toes to win."

Royzen's three efforts into the water during the last round started with an inward dive producing scores ranging from 7.5 to 8.5. The high scores came in a dive with the lowest degree of difficulty. Royzen's task then got harder with a reverse 2 1/2 somersault tuck. The scores weren't as high for the second dive, but he essentially sealed the championship by pulling away from the competition thanks to the complexity of the dive.

Royzen then completed his high school career with an inward 2 1/2 somersault tuck.

"That is my favorite one be-

cause it is a dive I really love and I always close out with it," Royzen said. "It has gotten me out of some tough situations before."

Soon he embraced his coach, Joe Wilson, and acknowledging the pressure he had been feeling was no longer there.

"This is like the greatest relief ever," said Royzen, who has committed to dive at Minnesota.

Royzen was in contention the last two years at the state meet, but had not captured the title. However, with age came a different approach, he explained.

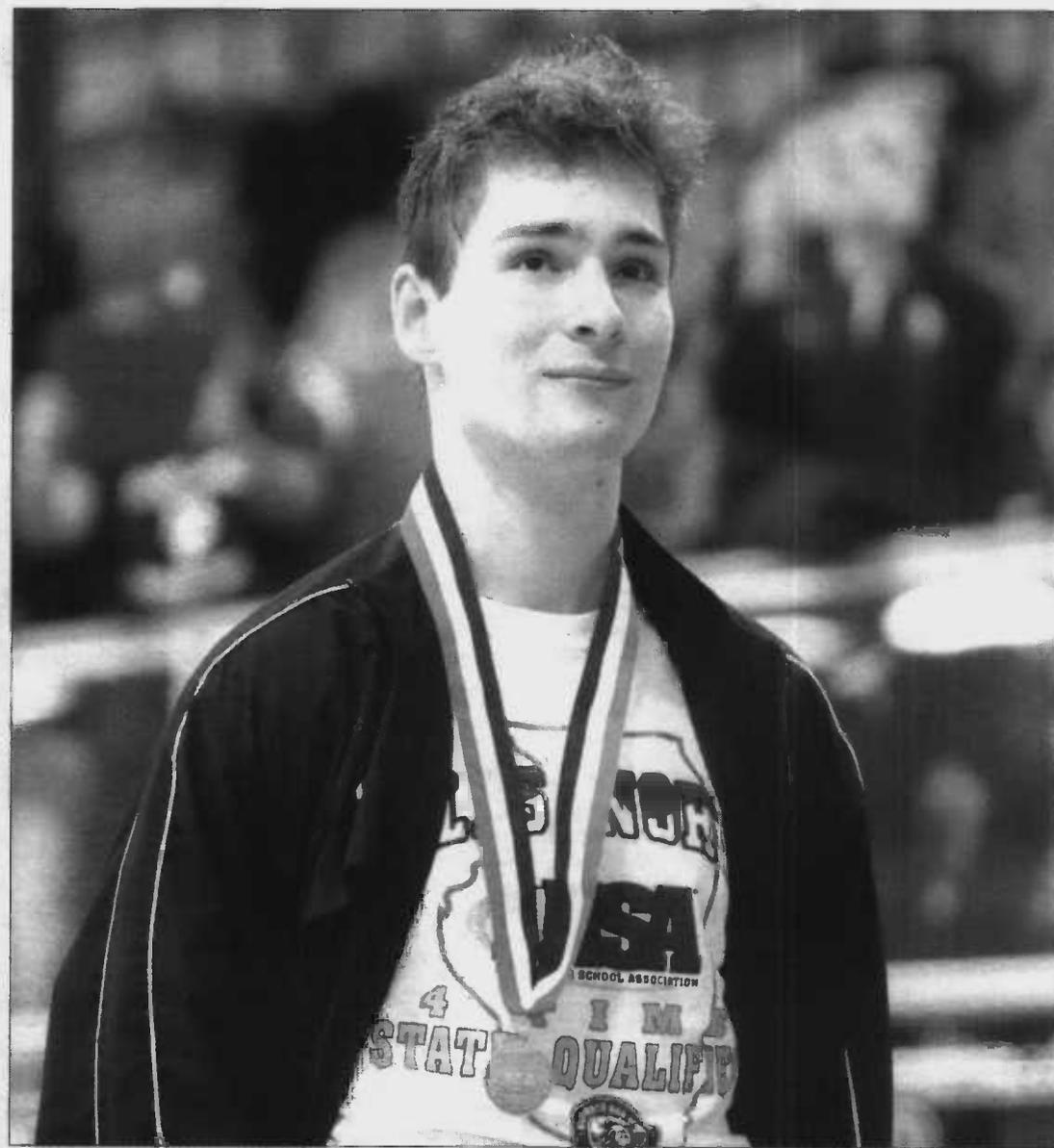
"I think I needed to learn how to compete," Royzen said. "I always had a lot of physical skill and a lot of adrenaline, but I needed to work on my mental game and I think that is something that I needed to improve a lot over these last two years."

Wilson was his coach for only one year, but he believed Royzen's win could be traced to their collective work in refining some of his mechanics to allow for tighter and higher dives. Moreover, he also saw a tremendous dedication from Royzen.

"He would always want to do another dive and keep pushing it and go past the time in practice because he just always wanted to make sure to work on perfecting his mechanics," Wilson said. "He is super driven."

Niles North notes

■ When senior Mitchell Mages saw that he touched the wall in the 100-yard breaststroke consolation final in 57.29 seconds, he splashed



MARK KODIAK UKENA/PIONEER PRESS

Niles North senior Maxim Royzen won the state title in diving on Saturday at New Trier.

the water and pumped his first on Saturday. He realized he had established a new Niles North record, eclipsing Will Ikeda's 57.41 mark established in 2008.

"That's all I wanted to do is beat the school record," Mages said.

■ The Niles North team of Mages, senior Ethan Lee, junior Jared Brown and junior Anthony Zago-

rov finished fourth in the 200 freestyle relay with a time of 1:24.86. The Vikings finished 11th overall with 45 points.

Vikings coach Seth Orlove was pleased with the way the season concluded for the Vikings.

"I thought we made huge progress this season," Orlove said. "We started out with a new crew. To

finish up on the last day of the boys season is quite an honor, especially at this meet. It was a really fast meet this year."

Daniel I. Dorfman is a freelance reporter for Pioneer Press.

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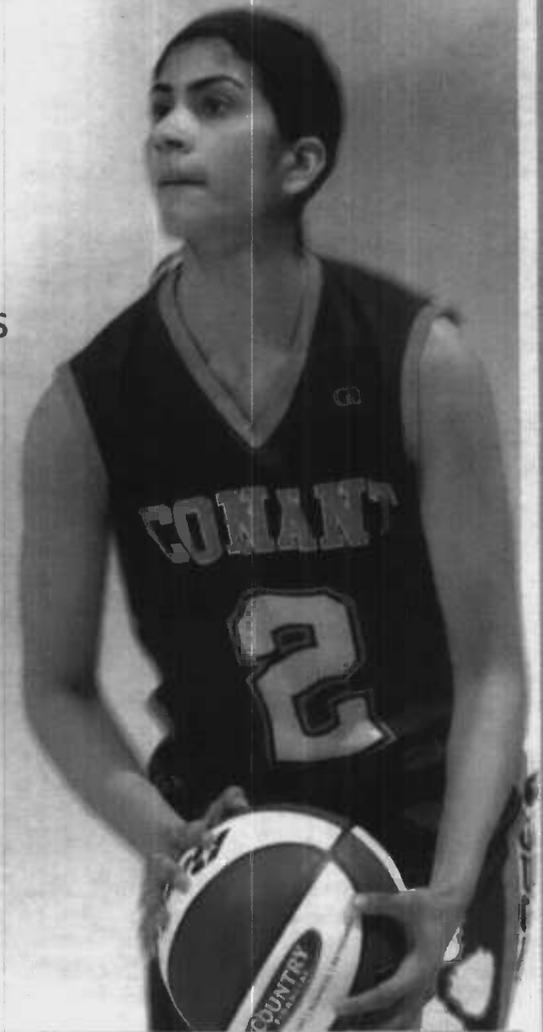
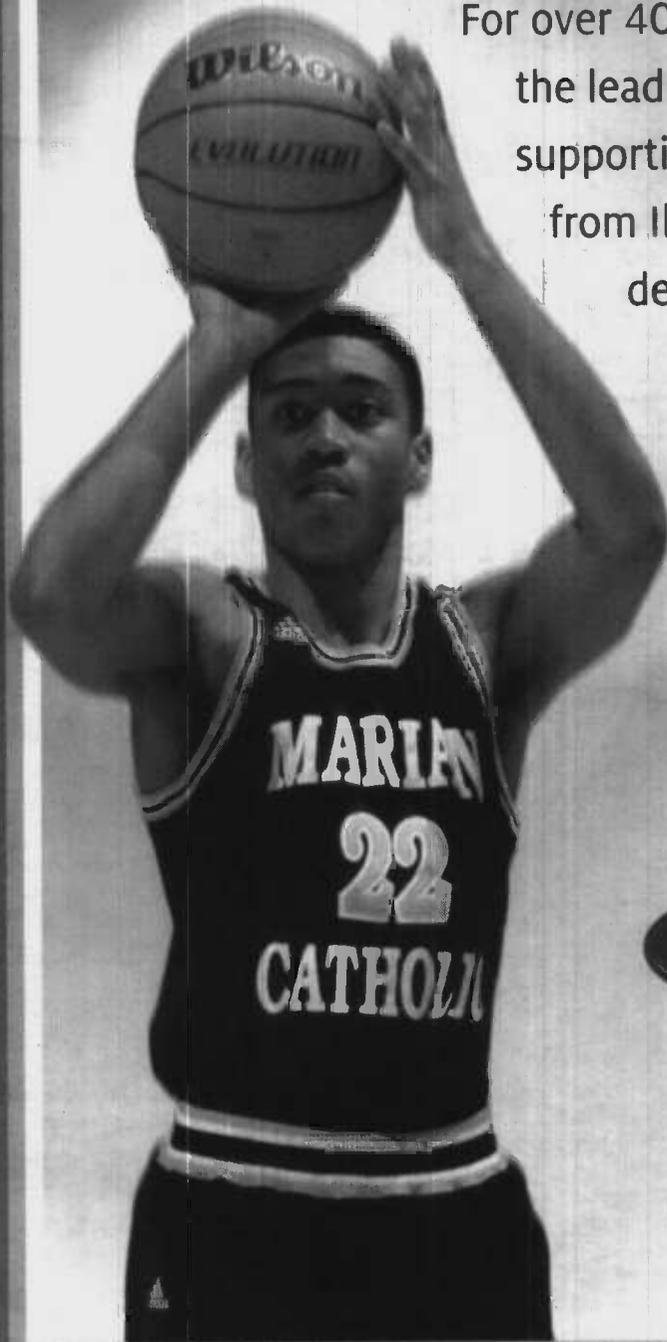
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Check back next week to see who our finalists are for the March Athlete of the Month challenge. Voting begins at noon on March 9 at chicagotribune.com/suburbs/athletes. Thank you to everyone who voted in February!

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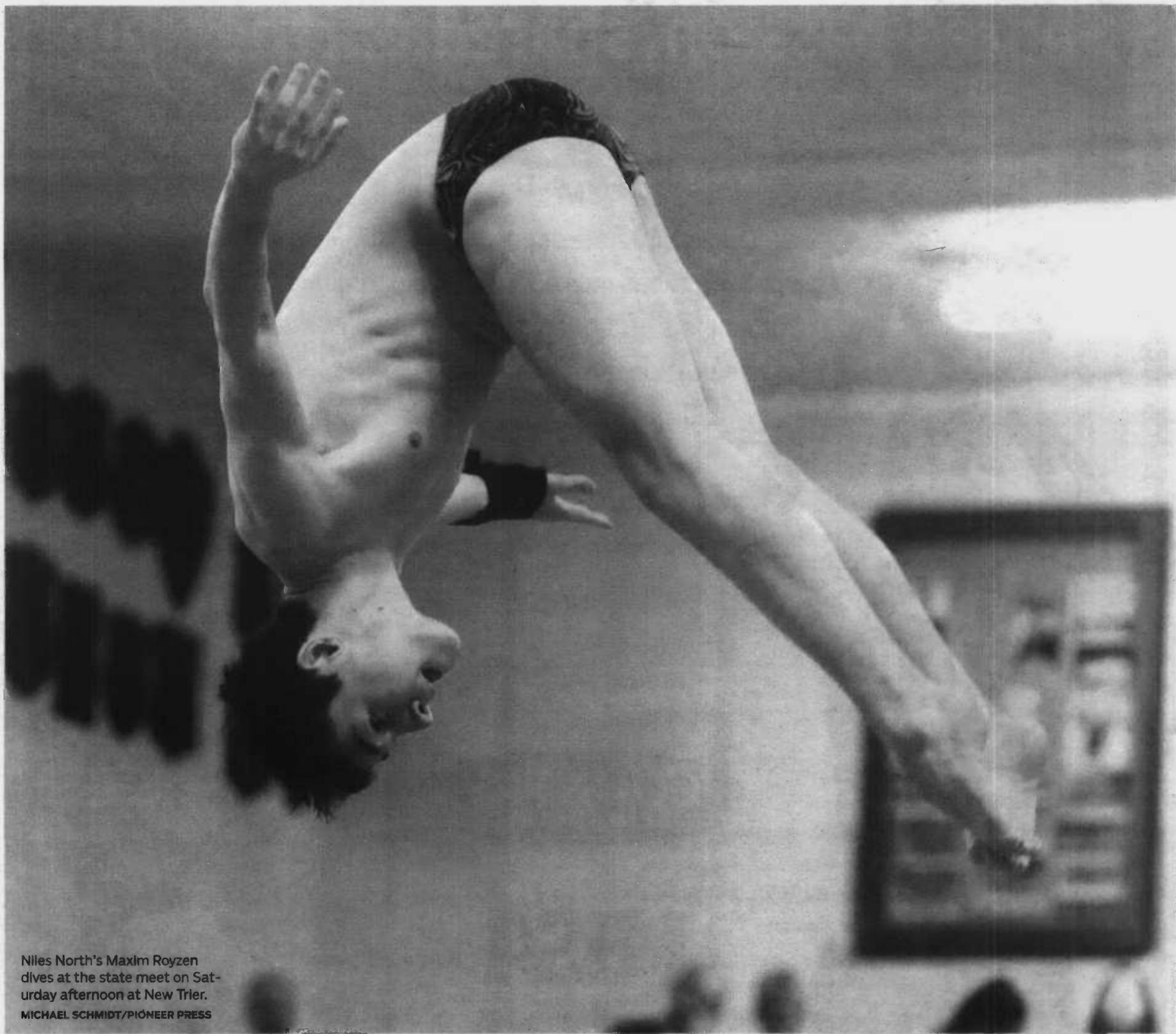
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Niles North's Maxim Royzen dives at the state meet on Saturday afternoon at New Trier.
MICHAEL SCHMIDT/PIONEER PRESS

UNMATCHED

Niles North's Royzen wins state diving title. Page 44

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Morton Grove... Spectacular 2 BR - 2 Bath "Woodlands" Condo with split bedroom floor plan. Laminate floors throughout. Custom track lights for exhibiting art. Gorgeous eat-in kitchen with Maple cabinets, Granite counters, Bosch Dishwasher + GE Appliances & ceramic tile floor. Large living/dining room with sliding glass doors that open to private balcony. Huge master bedroom suite with walk-in closets & bath. Huge closets and storage in front of heated garage space. Convenient to Metra Train, Bus, Forest Preserves, Restaurants, Harrer Park/Pool & Schools!..... **\$265,900**



HOT OFF THE PRESS!

Des Plaines... Brand New Listing! Fabulous Updated 3+ bedroom - 3 bath Ranch with bonus 4th bedroom in the basement. Spacious living room with dining room "L". Eat in kitchen. Master bedroom with full master bath. Fresh paint & new windows. Plenty of extra living space. Hardwood floors in living room, dining room & 3 main floor bedrooms. Full finished basement with 32' family room, office, 4th bedroom, full bath and utility/laundry room. Huge yard with large patio. Great Location is convenient to Metra Station, shopping, schools & more!..... **\$265,000**



A MOST TEMPTING BUY!

Skokie... Superb 7 room brick Bi-level located in School District #68 & steps from Jane Stenson School!! Newly remodeled throughout! New paint & decorating. Beautiful oak floors in living room, dining room & 3 rooms. Custom Granite kitchen with stainless steel appliances, ceramic tile floor & backsplash, double stainless steel sink, built-in oven & range. 2 newly remodeled baths. Lower level family room. New custom wood grain front entry door leads to large ceramic tile foyer. New Carrier furnace '07 & new roof '15. Fenced yard with patio..... **\$319,900**



YOUR DREAM HOME AWAITS!

Morton Grove... Absolutely the "Finest" Custom Home built 2008. 7 BRS - 6 Baths. Dramatic 2 story entry foyer - Hardwood floors - Formal LR - Separate formal Dining Room - exceptional custom granite island kitchen with adjoining main floor Family Rm w/fireplace + library/sun room. Main floor BR with bath. Exquisite Master BR suite with spa like bath & 2 Walk-in closets. Full finished Lower Level with 2nd kitchen, fireplace and additional Family Room/Rec Room + full bath & separate entrance. Huge yard/patio + deck off kitchen. Oversized 2.5 car garage..... **\$999,000**