

NILES HERALD-SPECTATOR



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Thursday, July 14, 2016

nilesheraldspectator.com

Carnival brings out crowd

St. John Brebeuf four-day event offers something for everyone. Page 6



KARIE ANGELL LUC/PIONEER PRESS

Joseph Mazur, of Niles, calls bingo on July 10 at St. John Brebeuf Church in Niles.

GO



PARAMOUNT PICTURES

'Titanic' live

Chicago Symphony Orchestra to perform score to blockbuster film during screening at Ravinia. Page 23

SPORTS



US ROWING

So close

Skokie native comes up short in quest to make U.S. Olympic Rowing team. Page 44



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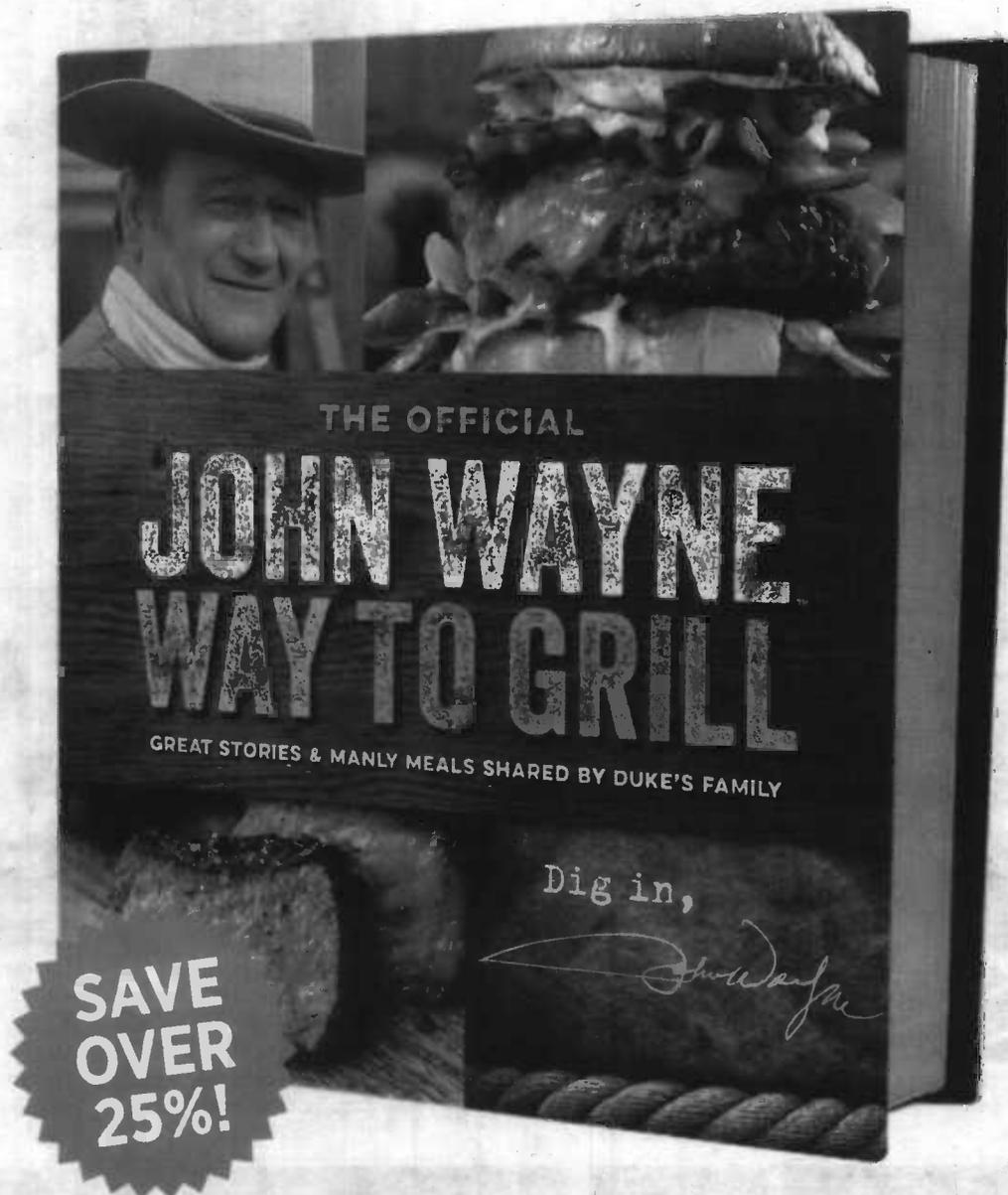
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Vol. 68, No. 24

SHOUT OUT

Eve Michelini, Glenview librarian

Eve Michelini, 58, a Niles resident, started working at the reader services desk at the Glenview Public Library three months ago, and before that she worked at the Brown County Library in Green Bay, Wis. She grew up in Norridge and raised her three children in Park Ridge.

Q: How do you like working at the Glenview Public Library?

A: I love it. The staff has been so warm and friendly, and the customers are awesome. We provide great services for our community and patrons.

Q: What do you like about working in libraries?

A: I like working with people of all ages and helping them find the materials and services they need.

Q: What genre of books do you like to read?

A: I like action and adventure, paranormal, young adult and romance.

Q: What are you reading right now?

A: I am reading J.R. Ward's "The Beast." It's good. It's part of a big series, and this is her latest one.

Q: If you could go anywhere in the world, where would you go?

A: I would like to go to The Smithsonian and spend a week there. I would also like to go to the Redwood National Park.

Q: Where do you see yourself in 10 years?

A: I'll be 68 then, so I'm thinking I am going to be just retiring. I am going to garden and paint. I am going to spend time with my grandchildren. I only



ALEXANDRA KUKULKA/PIONEER PRESS

Eve Michelini works at the Glenview Public Library.

have one grandchild, but I'm thinking I'll have more.

Q: What words of wisdom do you have for the community?

A: An open heart and an open hand can change the world.

— Alexandra Kukulka, Pioneer Press



TASTE OF PARK RIDGE

JULY 14, 15, 16

www.tasteofparkridge.com

Dean T. Patras, the Man Behind the Magic of the Taste of Park Ridge

Dean T. Patras was not only the unsung hero of the Taste of Park Ridge. He was undeniably one of the most dedicated volunteers in Park Ridge history. Many people were not aware of that, because Dean never boasted about anything. He simply wanted to help. That is what a genuine volunteer does. To paraphrase Dean's son Dean J., Dean was not the person to whom one would hand the microphone, but he was the one who had probably secured the microphone in the first place. The spotlight was not Dean's forte. Working tirelessly behind the scenes was.

An accomplished businessman, having owned Broadway Livery in Chicago, and Ann's Pizza and Giappo's Restaurant in Park Ridge, Dean was intelligent, industrious, well organized, and incredibly loyal. As was true of the Taste's legendary John Wamimont, many of the initiatives with which Dean became involved, were the results of having been asked by his friends for help. Dean was the first person invited to join the original Taste committee in 2005 (he had already helped to launch the Taste of Uptown in 1998, then the Taste of Park Ridge in 2000). His "help" was also requested when the Holiday Lights committee was formed in 2009. Prior to that, Dean was instrumental in creating an enormously successful soccer league in Park Ridge.

The Taste of Park Ridge is a celebration of all that is positive in our wonderful community. Dean always stayed true to the committee's initial vision: that of presenting a professional, first class family oriented festival where attendees could enjoy a wide variety of food offerings, top notch free entertainment, and most importantly, the camaraderie of each other.

We have been privileged to work alongside an impressive number of impressive individuals throughout the Taste's history, including committee members, City, Chamber, and Park District personnel, suppliers, food vendors, and volunteers. But of one thing I am certain. There would have never been a Taste of Park Ridge were it not for the incomparable Dean T. Patras.

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NEWS



Barbara Mazur of Niles has just won \$25 in bingo at the St. John Brebeuf Carnival in Niles.



Veronica Chudoba, 11, of Niles tries out the bungee jump attraction on July 10.

Carnival a big hit

Fantasy Amusement Co. and St. John Brebeuf Carnival in Niles at St. John Brebeuf Parish at 8301 N. Harlem Ave. took place from July 7 through 10.

The four-day carnival took place under banner conditions with a Thursday start that had threats of rain when a line of storms rolled through the Chicagoland

area shortly after 6 p.m.

"It's outstanding," said Greg Sromek of Chicago, a carnival patron who used to live in Niles and came back with his grandchildren and their family.

"It's kid-friendly," Sromek said.

— *Karie Angell Luc, Pioneer Press*



Buzz Theodoropoulos of Niles waves to her child Magda Mulvenna, 5, of Niles who is on a ride.



Magda Mulvenna, left, and Vanessa Guerrero, both of Niles; wave from a ride on July 10.

KARIE ANGELL LUC/PIONEER PRESS PHOTOS

Stormwater alleviation project to begin this fall

BY LEE V. GAINES

Pioneer Press

An estimated \$400,000 project scheduled to begin later this year will keep the equivalent of nearly 1,000 rain barrels of water out of Niles' overburdened stormwater system, according to village officials.

The village plans to construct a bioswale and permeable parking lot in the area surrounding Oak Park beginning this fall. A bioswale is "a broad, shallow, earthen channel designed to slow runoff, promote infiltration and filter pollutants and sediments in the process of conveying runoff," Tom Powers, an engineer for the village, wrote in an email.

A bioswale, which generally is filled with some form of vegetation, is designed to filter out pollutants from the water and to hold water within the swale as long as possible. Powers said the bioswale will be constructed in the village right of way adjacent to Oak Park and run the length of Lee Street from Overhill Avenue to Ottawa Avenue.

Native plants within the bioswale will be used to maximize the infiltration capacity — the rate at which soil is able to absorb rainfall, Powers said. He said residents will benefit from the project because the bioswale will capture stormwater that would otherwise drain directly to the village's "overtaxed" sewer system.

"The bioswale also provides stormwater storage to capture and hold stormwater, providing extra time for the receiving drainage systems to recover and receive stormwater flow," Powers wrote.

A permeable parking lot will also be constructed along the west side of Ottawa Avenue and will replace an existing impermeable parking surface, he said.



ANTONIO PEREZ/CHICAGO TRIBUNE

The village of Niles plans to construct a bioswale and permeable parking lot in the area surrounding Oak Park beginning this fall, with ideas similar to this Smart Home located at the Museum of Science and Industry in Chicago.

The new lot is also designed to provide stormwater relief.

"Rather than directing runoff straight to a roadway inlet or catch basin, rainwater infiltrates through the surface of the pavement," Powers wrote. The rainwater is collected beneath the parking lot and then "slowly infiltrates into the ground below," he wrote. In a heavy rain, the storage capacity under the parking lot might not be enough to hold all the water coming through, and in that case, excess water will flow directly through to the village's stormwater system, according to Powers.

"Considered together, the bioswale and permeable pavement store 53,811 gallons of stormwater (this is equivalent to almost 1,000 rain barrels)," Powers wrote. As a result of the project, he added, there will be that much less polluted water discharged to the North Branch of the Chicago River

per every 1-inch to 2-inch rain event.

The exact costs for the project are not yet known, but the village has budgeted \$400,000 for the improvements, with the Metropolitan Water Reclamation District picking up half the cost, according to Powers. The village also received a \$10,000 grant from the Royal Bank of Canada to help offset the costs of the project.

"If the project is completed for the budget amount then the village will be responsible for funding \$190,000 of the improvement," he wrote. "We expect the project to be complete at or below the budget amount."

Power said construction will begin in September and the plantings in the bioswale will be completed in the spring of next year.

Lee V. Gaines is a freelance reporter for Pioneer Press.

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'Sad day in law enforcement'

Suburban cops speak on Dallas shootings

TRIBUNE NEWSPAPERS

The shooting deaths of five police officers in Dallas on July 7 weighed heavily on police departments in Chicago's suburbs.

Bolingbrook police tweeted thoughts and prayers "to our brothers and sisters in #Dallas."

"It's a day of mourning," Kenilworth police Chief David Miller said. "It's a sad day in law enforcement, for everybody who knows somebody in law enforcement or who has a relative in law enforcement, and for your average citizen who respects the job officers do."

Miller said his first act upon coming in to the Police Station the next day was to place a black mourning band on his personal badge, something he said many of his officers would do.

The shootings of the officers came on a night when protests were being held in Dallas, Chicago and other cities over the recent shootings of two black men by police officers in Louisiana and Minnesota.

Seven other officers were wounded in Dallas, as were two civilians, officials said.

The events of the day reinforced in many officers both the dangers of the job and the ongoing effort to address police and community relations.

Park Ridge police Chief Frank Kaminski, the immediate past president of the Illinois Association of Police Chiefs and a 40-year law enforcement veteran, said he has seen "ups and downs" when it comes to relations between the police and public, but "this time seems different."

"I'm troubled by this appearance of a continual divide in our country between police and the community — I get scared about it," Kaminski said. "Where are we going as a society and how

do we get back to some sense of rebuilding and reconciliation and get away from violence?"

Kaminski has long backed a community policing philosophy as a way to improve relations between officers and the public and reduce crime.

Earlier this year, the IACP held a round table event with police chiefs from central Illinois and representatives from the Illinois chapter of the NAACP to discuss issues faced in policing and ways of building trust, Kaminski said.

West Dundee police Sgt. Steve Fletter, who has been in law enforcement for 25 years, calls the recent climate "the worst I've seen as far as visceral reaction to police."

"No one wants to wait and hear the facts," he said. "The silent majority is still there and still supports law enforcement. I just wish the silent majority would become a little more vocal."

Upon hearing news of the shootings, Fletter said he got a pit in his stomach he hasn't felt since Sept. 11, 2001.

Fletter said the West Dundee department will stay vigilant.

"We always are. You have to be," he said. "Nothing is routine in this job. It's just so sad for those officers. They had families, loved ones. They were shot because they were wearing their uniform. It's horrendous."

Carpentersville police Chief Michael Kilbourne said the events of this week "will have a profound effect on the law enforcement profession and the country as a whole."

"We must always remember that a great many in the both the United States and our community support us as police officers and the job we do," he said. "Yet as police officers we understand that there are those very few who

hate and target us simply because of what we stand for and/or for the uniforms we wear."

Miller said the incident didn't appear to have been caused by participants at the Dallas march, who he said were invoking their right to demonstrate, while the officers were doing their job.

"You've got people on the outside who had obviously pre-planned and orchestrated a plan on police officers," he said. "There's mistrust out there, and all it takes is for people who maybe have some mental issues or some other agenda, that you don't know beforehand."

Miller said the shootings would not change the way his officers do their job: "There's no way to not make traffic stops, or not to go out on calls. We have to do our job. This is a dangerous profession. Everyone who becomes a police officer realizes that."

Police Cmdr. Joe Dugan of Evanston, a city that has seen recent demonstrations ranging from Black Lives Matter organizers to anti-Islamophobia advocates, said his department will not change the way it polices such events.

"We have not heard of any credible threats against our officers but it will definitely heighten the officers awareness as far as officer safety," he said.

"The vast majority of citizens that I encounter are supportive of the police," he said. "I am proud to be a police officer. It is more of a calling than a job for most officers. I read about and see examples, both here and nationally, that officers do on a daily basis that help people in the community that reinforces the fact that it is truly a calling."

Hinsdale police Chief Kevin Simpson said that although Hinsdale is a much



KARIE ANGELL LUC/PIONEER PRESS

Niles police Sgt. Ronald Brandt stands below the American flag at half-mast outside the Niles Police Station July 11. The blue ribbons on the flag poles outside the station are to acknowledge the victims in Dallas.

smaller town than Dallas, "We are not naive enough to think that something like that cannot happen here," he said.

Niles police Sgt. Robert Tornabene said police there train annually on active shooter situations and that the department tries to come up with scenarios officers might encounter.

"This is to ensure that the training is both valuable and their reactions are appropriate," he said in an email. "In addition we conducted a department-wide training earlier this year in de-escalation strategies to both deal with individuals who were emotionally disturbed, but also those who become hyper stressed when they encounter police," he said.

Arlington Heights Deputy Police Chief Miguel Hernandez said, "It's a tough day for us here at the Police Department, and our hearts and prayers go out to the Dallas police."

Will County Sheriff Deputy Chief Tom Budde said

that he had received phone calls and emails from people wanting to buy sheriff department T-shirts to wear in support of local law enforcement.

The department is sending its honor guard to the funerals of the fallen officers in Dallas, Budde said.

Mundelein police Chief Eric Guenther said police in his town received at least five phone calls or emails July 8 relaying messages of support.

Another person had sandwiches from a local restaurant delivered to the Police Station, Guenther said. Representatives from a Mundelein business also sent cookies to the station, he said.

"I'm sure there are some out there who don't agree and are not supportive of our efforts, but by and large everybody in this community appreciates what we do," Guenther said.

"We have to remember that because as sad as it is, this isn't the last time it will happen," he continued.

"There will be other tragedies and that's just inevitable. We can't, as a community and as a society, have a knee-jerk reaction to these things, both in what happened in Minnesota and Baton Rouge or what happened in Dallas."

Guenther sent an email to all police employees July 8.

"The greater public will look for a reaction from you," Guenther's email reads. "They will want to know what you think, and how you feel about the Dallas terrorist attack. Some will do it with ill intention (to get a rise from you), but most, however, love and cherish what you do each day, and more importantly how you do it."

Karen Ann Cullotta, Chuck Fieldman, Kimberly Fornek, Jennifer Johnson, Rick Kam-bic, Richard Ray, Kathy Rout-liffe of Pioneer Press; Hannah Leone of the Aurora Beacon-News; and freelancers Erin Gallagher and Erin Sauder contributed.

Chicago man charged in parking lot shooting

BY LEE V. GAINES
Pioneer Press

A Chicago man faces gun and drug charges after Evanston police arrested him and allege he is responsible for shooting a 25-year-old Beach Park resident multiple times in an IHOP parking lot early morning July 3.

Cornelius Jones, 29, of the 7500 block of North Ridge Avenue in Chicago, was charged July 7 with aggravated battery with a firearm, aggravated discharge of a firearm, unlawful use of a weapon by a felon and unlawful possession of cannabis, according to a news release from Evanston police.

Evanston Police Cmdr. Joe Dugan said witnesses to the shooting identified Jones in a photo line up as the man who allegedly shot

the Beach Park resident three times at about 5 a.m. July 3 in an IHOP parking lot in the 100 block of Asbury Avenue. Jones allegedly approached the victim, who was standing in the parking lot with several other people, and asked what his gang affiliation was, police said. When the victim told him he wasn't a member of a gang, Jones opened fire, according to police. The Beach Park resident, who was hit in the torso, arm and leg, was treated for his injuries at St. Francis Hospital and released, police said. Dugan said Jones, a Rogers Park resident, is a member of the Gangster Disciples.

Prior to the shooting, Jones was under investigation for narcotics by the city's Neighborhood Enforcement Team. Dugan said distinct tattoos on

Jones' forehead, which were noted by witnesses to the shooting, helped police realize that he was likely connected to the incident.

Members of the department's Special Operations Group executed a search warrant at Jones' residence July 6. During the search, police discovered a loaded Smith & Wesson 40 caliber semi-automatic handgun and 40 caliber ammunition in addition to a small amount of marijuana, Dugan said.

Cook County State's Attorney approved felony charges against him the following day, according to police. Dugan said Jones' arrest was due in part to cooperation from the victim and witnesses to the shooting.

Lee V. Gaines is a freelancer.

Woman pleads not guilty to causing Evanston Target bathroom explosion

BY BRIAN L. COX
Pioneer Press

A Chicago woman charged with causing an explosion in the bathroom of an Evanston Target store pleaded not guilty at the Skokie courthouse on July 7 to all charges.

Heidi E. Schmidt, 44, of the 4000 block of West Crystal Street in Chicago, was charged with aggravated arson and unlawful possession of an explosive or incendiary device, after an explosion in a bathroom located toward the front of the Target at 2209 Howard St. on June 8, authorities said. They said that no one was injured in the incident and the damage was limited to a stall in the restroom.

Schmidt, who is being held in the Cook County jail in lieu of \$250,000 bail, on July 7 pleaded not guilty to

all charges at the Skokie courthouse and was scheduled for a July 11 preliminary hearing. Schmidt also faces a \$1,000 arrest warrant for retail theft out of Branch 23 courtroom at the Chicago's Grand Central police district, said authorities.

Dressed in a blue prison uniform, Schmidt did not say anything during the brief hearing. Her attorney entered her not guilty plea.

An eyewitness was inside the Target bathroom when the explosion occurred inside Schmidt's stall, prosecutors said during Schmidt's bond hearing last month. They said that after the explosion, the witness asked Schmidt if she was OK, but Schmidt, who was uninjured, exited the bathroom without saying anything and left the store.

The Chicago police Bomb Squad was called to the store

and confirmed that the explosion was the result of a chemical reaction inside a bottle, said authorities. At the time, police said that based on witness accounts and surveillance footage they determined that Schmidt was inside the stall at the time the incident.

After the explosion there was speculation that it may have been caused by someone angry over Target's policy of letting "transgender patrons" use the bathroom of their choice, said authorities. But police said there was no evidence of that and the explosive cocktail in the bottle included items combined to "produce a chemical high." They said that during the mixing process the items can become volatile and explode.

Brian L. Cox is a freelance reporter for Pioneer Press.

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The following items were taken from the Niles and Park Ridge police department reports. An arrest does not constitute a finding of guilt.

Niles

BATTERY

■ David Crespo, 51, of the 3700 block of North Sawyer Avenue, Chicago, was charged with battery July 1 after he was accused of throwing a rubber sign at his supervisor's face inside a custodial company on the 5900 block of Howard Street, police said. According to police, Crespo then attempted to strike the 55-year-old man in the face several times before he "head-butted" him on the top of his head. The supervisor told police that Crespo became upset when he was told he could not work that day because he appeared to have been drinking alcohol. Crespo was given a July 27 court date.

DUI

■ Alberto Velazquez, 22, of the 3700 block of Delaney Drive, Joliet, was charged with driving under

the influence and obstructing a police officer June 25 following a traffic stop near Dempster Street and Potter Road at 4:40 a.m. According to police, Velazquez was seen moving from the driver's seat to the rear passenger seat after his car was pulled over. When asked why he had done so, Velazquez reportedly told police he was not the driver of the car, which also contained two sleeping women, police said. Velazquez was given a July 20 court date.

PUBLIC INTOXICATION

■ A 50-year-old Niles man was ticketed for public intoxication July 1 after police responded to assist an ambulance called to a sidewalk bench on the 6300 block of Touhy Avenue at 11:15 p.m. He was taken to Presence Resurrection Medical Center.

UNDERAGE DRINKING

■ Two 16-year-old girls from Glenview were ticketed for underage drinking and possession of drug paraphernalia June 26. According to police, one of the girls was found unconscious and face-down on the ground outside a

house on the 7000 block of Dobson at 5:50 a.m., while the second girl was found in the back seat of a car that contained a device used for smoking marijuana. Both teens were taken to Advocate Lutheran General Hospital in Park Ridge, police said.

THEFT

■ A 38-year-old woman told police she paid a man \$500 for his car after he checked into the Village Motel, 6871 N. Milwaukee Ave., June 10. On June 25, she reported seeing the man driving away with the car, police said.

■ A man and woman are alleged to have stolen \$600 in cash from a store on the 8500 block of Golf Road when they short-changed a cashier in two separate incidents June 26.

■ A Niles man reported that he discovered jewelry valued at \$1,700 missing from his home on the 8400 block of North Terrace after he hired someone to do small repairs and painting June 26. The victim told police that the man he hired never returned to finish the work and has not responded to phone calls and text messages.

■ Police said someone stole the social security number of an 80-year-old, terminally ill Niles woman and used it for employment purposes. Because her social security number showed an unreported increase in income, the Cook County Housing Authority informed the woman that she was being terminated from the county's housing program July 31, police said. The woman told police on June 28 that she has not worked in many years and is in fear of losing her home.

BURGLARY TO VEHICLE

■ A 25-year-old Chicago man reported that his 12-gauge shotgun was stolen June 27 from the trunk of his car, which was parked in a lot on the 5700 block of Touhy Avenue. The man reportedly told police that there were no pry marks on the car, but he was not sure if he had hit the trunk release button when he parked. The gun was entered into the state's theft database, police said.

■ A business owner's bank deposit containing "several thousand dollars" was stolen June 29 from a minivan parked in a lot on the

9000 block of Greenwood Avenue, police said. A window was reportedly shattered to gain entry.

Park Ridge

TRESPASS

■ Timothy L. Moore, 29, of the 3900 block of West Lexington, Chicago, was charged with criminal trespass June 29. According to police, Moore was seen panhandling at Advocate Lutheran General Hospital, 1775 W. Dempster St., despite previously receiving notice that he was not allowed on the property. He was given an Aug. 3 court date.

BATTERY

■ Thomas Calkins, 19, of the 600 block of Courtland Avenue, Park Ridge, was charged with battery June 30. Police said Calkins was the third person charged in connection with the beating of a 19-year-old Park Ridge man May 4 at Northwest Park, 1200 N. Dee Road. Police said the victim knew all three of his alleged attackers. Calkins was given a July 20 court date.

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Students learn about local STEM jobs

STEM Career Awareness Day pairs local kids with those who work in the field.

BY MIKE ISAACS
Pioneer Press

Chicago area high school students who visited Skokie last month had their future careers in mind rather than the summer respite from school they were about to enjoy.

Fresenius Kabi, a global health care company that focuses on pharmaceuticals, medical devices and clinical nutrition, held its inaugural STEM Career Awareness Day at the Illinois Science + Technology Park.

This was an opportunity to give dozens of students a daylong taste of the kind of STEM (science, technology, engineering and math) jobs that could be part of their futures.

At least, Fresenius Kabi and other such companies hope so.

According to the U.S. Department of Education, "Few American students pursue expertise in STEM fields — and we have an inadequate pipeline of teachers skilled in those subjects."

President Barack Obama has prioritized programs "designed to attract, develop, reward and retain outstanding educators in science, technology, engineering, and mathematics," according to the White House Office of the Press Secretary.

To Fresenius Kabi, more people need to be doing the kind of work its engineers, scientists and specialists perform. That's what prompted the idea of bringing in high school students to learn about new career paths, officials said.

The company says it has operated in the United States since 2008 and performs U.S. pharmaceutical research and development at the Illinois Science + Technology Park. German-based, it employs more than 30,000 people worldwide

and has annual sales of more than \$5 billion as part of health care group Fresenius SE, it says.

Fresenius Kabi's stated goal is to put lifesaving medicines and technologies in the hands of people who care for patients and to find answers to the challenges they face.

The 80 students who attended STEM Career Awareness Day were not randomly selected; they each have some family member who works at Fresenius Kabi. Four Fresenius Kabi specialists, representing different science and engineering disciplines, filled in students about their careers.

"One of the reasons I'm a scientist is because I was one of those kids who always took things apart," said principal scientist Ben Oberts. "Why does this work? If I could get my hands on something, I was fascinated by it."

Steve Binninger, a senior engineer in the company's medical device group, has a background dissimilar to just about anyone else, he said.

He was a college tennis player, a student athlete president and a national vice president of a leadership organization before pursuing a career as a physical therapist and then in economics.

Nothing was a good fit, he said, and so he found his way to bio-medical engineering and pursued a graduate degree at Northwestern University.

"I graduated on a Friday, I interviewed on a Monday, I flew back to Florida on a Tuesday and I was awarded the job at Fresenius in Florida while playing tennis on a Friday," he said.

This quick hiring out of college was a common experience among the young speakers at Fresenius.

Karen Liu, a senior scien-



MIKE ISAACS/PIONEER PRESS PHOTOS

Fresenius Kabi medical device senior engineer Steve Binninger demonstrates an important filtering device his team created during the health care company's inaugural STEM Career Awareness Day for high school students in Skokie.

tist in the pharmacy division, said her current work is split among lab work, paper work and meetings. Her necessary skill set, she said, includes critical thinking, analytical skills and communication.

"When you go to college, find someone who can act as a good mentor for you — anybody who really inspires you," she advised. "At every stage of my life, I found a mentor and someone who helped me."

Ashley Gupta, a technical transfer specialist in pharmaceutical operations, said she had a love of chemistry in high school and her father has a background in chemistry.

"There are many pathways you can take to build your career," Gupta said.

"There is no one way to do it ... Let your values be your driver and set realistic expectations. Be creative and, last but not least, love what you do."

That the speakers were young and not far removed from school was by design, company officials said. Their experiences were likely to resonate with students more, they said.

The day also included interactive experiments including setting salt on fire, making gummy bears and working with liquid nitrogen. Binninger gave students hands-on experience with a blood separation device his team created, and students toured Fresenius Kabi's labs and saw demonstrations of its aseptic manufacturing techniques.



Fresenius Kabi held its inaugural STEM Career Awareness Day, inviting high school students to Skokie to learn about STEM careers and witness some cool demonstrations.

Fresenius Kabi officials expect STEM Career Awareness Day to become an annual event. The goal, they said, is to inspire high schoolers' interest in STEM subjects and teach them of the importance they hold in addressing "society's most pressing challenges."

misaacs@pioneerlocal.com

District 64 expecting a \$414K savings with rebid

BY MARIO BARTOLETTI
Pioneer Press

District 64 officials saved about \$414,000 rebidding a window replacement contract for Lincoln School as part of the district's ongoing health, life and safety maintenance and improvement plan.

The board discussed the new Lincoln windows at its last meeting on June 27.

"This is a [\$414,000] savings over the bid that was put out several months ago?" board President Anthony Borrelli asked.

Chief Business Official Luann Kolstad confirmed that it was and said the contractor, Jensen Win-

dow Corp., would take advantage of school days and Thanksgiving break to install the windows.

"Initially, the board bid the window contract out in February and when it came back it was higher than it should have been because the companies that install windows were booked for the summer," she said. "So our construction manager suggested we rebid the contract and have the work start in the fall."

The contractor will take advantage of days off school and will work around staff schedules to ensure that there is minimal disruption to classes.

The Lincoln staff gave the project an extremely high priority on their own

facilities report.

"There was a cold air and a lot of water coming into the building, which destroys walls from inside," Kolstad said. "You know it's a problem when the staff says this is the number one thing they want to see done."

At the board meeting, Kolstad emphasized that students would be safe and staff would personally ensure safety procedures would be followed for workers.

"The law in Illinois mandates that when a contractor signs a [school] bid, they do criminal background checks," she said.

Mario Bartoletti is a freelance reporter for Pioneer Press.

Police, FBI search for bank robbery suspect

BY MIKE ISAACS
Pioneer Press

Skokie police have been searching since July 6 for a man who they say robbed a Skokie bank just before noon.

Police said FBI agents and task force officers responded at 11:58 a.m. July 6 to reports of a bank robbery at First American Bank, 4611 Golf Road. Police called the incident "a non-takeover robbery" in which no weapon was displayed by the suspect. Authorities did not report how much money was taken.

There were no injuries to employees or customers at the bank, according to police. Police said the suspect fled the bank on foot in an



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The suspect

unknown direction. An immediate search of the area by Skokie police officers was unsuccessful in locating the suspect, they said.

The suspect is described as a black male in his 50s, 6 feet tall, weighing about 200

pounds and wearing a dark blue T-shirt, dark blue jeans, black sunglasses and a dark navy blue baseball hat with the word "classic" written in cursive on the side.

The bank was closed July 6 and a sign posted in the window announced a power outage, but made no mention of a bank robbery.

"We apologize for any inconvenience, however, due to a power outage this branch is temporarily closed," the note read.

The Police Department and the FBI requested help in identifying the suspect. Those with any information are asked to contact the FBI at 312-421-6700 or Skokie police at 847-982-5900.

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Glencoe resident seeks kidney donor

Dialysis sessions three times a week keeping him alive

BY DANIEL I. DORFMAN
 Pioneer Press

Dan Lee has played a major role in creating some of what Chicago radio listeners hear today. But Lee doesn't reflect on his past. Instead, he is trying to preserve his future.

Lee, who said eight different radio stations were at one time or another part of his business interests, is seeking a kidney donation, as both of his own are failing.

Speaking from his kitchen in Glencoe, wearing a blue shirt and khaki pants, Lee, 74, describes the August 2015 day when his life changed.

"I started getting fatigued and had shortness of breath, and when I did a routine blood test, it showed the kidneys were really failing," he remembered.

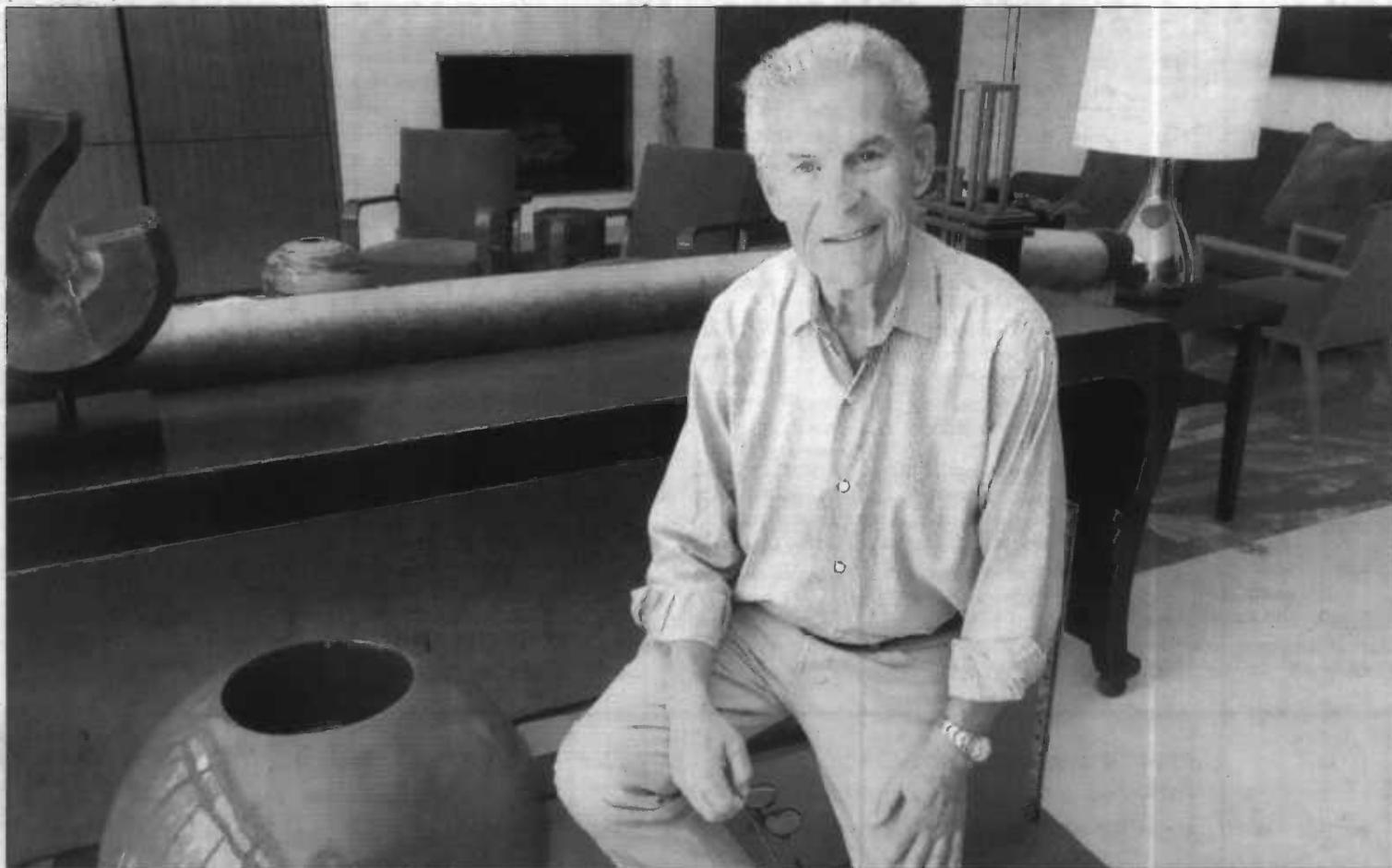
His doctor instructed him to go directly to Chicago's Northwestern Memorial Hospital, where he underwent an emergency dialysis and was then told regular dialysis sessions would be a reality in his life.

He now gets the treatments in Glenview, where the sessions are rigorous and at times painful. Three times a week, for 3½ hours a session, Lee has large needles stuck in his arm to begin the procedure.

Yet, as he reveals the bandages on his arm, Lee displays a philosophical attitude about the dialysis.

"That is the only way to stay alive," Lee said. "Without it, you die."

Such is the predicament today for Lee, an entrepreneur who followed his father into the radio world, with his two most prominent holdings being stations in Chicago. Alternative rock WXRT came to life in 1972 and he later oversaw the development of all-sports



DANIEL I. DORFMAN/PIONEER PRESS

Dan Lee, shown here in the living room of his Glencoe home, is searching for a kidney donor.

WSCR in 1992, even though he is not much of a sports fan.

Lee and his family moved into Glencoe in 1976. Lee once owned a downtown video store, participated in the Glencoe Caucus, helped form the Glencoe Ski Club and served as president of Congregation Am Shalom.

The kidney problems represent the latest in a series of health issues for Lee.

In 2002, he survived a battle with esophageal cancer, losing 45 pounds as surgeons removed a portion of his stomach to replace his esophagus. He believes his current condition can be traced to the chemotherapy and radiation he underwent then.

Later, Lee had unexpected quadruple bypass heart surgery.

Now, it is his kidneys that have gone bad.

In the face of grueling dialysis treatments expected to continue indefinitely, Lee is asking the public if there is someone willing to donate a kidney to him. He is looking for a living donor, since transplants from living donors have a higher success rate than those from deceased donors.

The search process — which requires a donor with Type O blood to match Lee's — has had its share of disappointments.

Neither his wife of 46 years, Karen, or his two daughters are compatible as kidney donors for Lee. Two other possibilities fell through in late stages of the screening process. Another promising donor has stepped forward and is be-

ing analyzed now by Northwestern Hospital, but Lee said he won't know for several weeks if that will be a match.

Anne Paschke, spokeswoman for the United Network for Organ Sharing, the nonprofit organization that manages the nation's transplant system for the federal government, said almost 100,000 people are on the waiting list for a kidney, and nearly 18,000 kidney transplants took place in 2015.

Lee's age means he is less likely to be offered one of the best-quality kidneys that become available, according to a rule change that was put in place at the end of 2014, Paschke said.

"The 20 percent of organs expected to function the longest are offered first to the people that would need them the longest," she said.

Therefore, Lee said, he has to find a direct donor.

He is being assisted by fellow Glencoe resident Harvey Mysel, himself a two-time kidney recipient who started a nonprofit organization called the Living Kidneys Donors Network. Mysel said he has helped hundreds of people through the process of finding a kidney donor, and he is optimistic that someone will come forward for Lee.

"I think he is a very good candidate, mainly because he is positive and he has his health, besides obviously needing a kidney transplant," Mysel said. "There are good people in this world who want to help."

Meanwhile, Lee is trying to lead as active a life as possible.

While an anticipated trip to Russia has been placed on

hold because of the demands of the dialysis treatments, Lee still finds time to enjoy a good cheeseburger, play golf and attend programs at the new Writers Theatre in downtown Glencoe.

He spends time with his family, including his five grandchildren.

After all of his medical problems, Lee said, he enjoys life more than he did in the past.

"The flowers smell sweeter," Lee said. "The sun is brighter and you cherish each day because it is a little more important."

Those interested in donating a kidney to Lee can go to <http://www.kidneydonorfordan.org/>.

Daniel I. Dorfman is a freelance reporter for Pioneer Press

Area residents remember Elie Wiesel

By DANIEL I. DORFMAN
Pioneer Press

During a trip to Florida several years ago, Glencoe resident Bruce Bachmann was introduced to Elie Wiesel, Holocaust survivor and Nobel Peace Prize winner, by a mutual friend. Soon, Bachmann and Wiesel went for a walk on the beach where, instead of discussing the world's problems, they focused on a distinctly American pastime: baseball.

Wiesel wasn't familiar with the intricacies of baseball, but he was headed to a spring training game later that day. So Bachmann explained the game to him.

Bachmann is one of two area residents who spent time with the renowned humanitarian, who died July 2. He, along with Leo Melamed, who met Wiesel more than two decades ago as part of their involvement

with the United States Holocaust Memorial Museum in Washington, D.C., recently reflected on Wiesel and his life.

"(His death) was a bit of a shock, as it was difficult to consider him a normal human being with a lifeline," Melamed said.

After his initial meeting in Florida with Wiesel, Bachmann didn't see him again until he came to speak at the Washington museum's annual luncheon in Chicago, chaired by Bachmann and his wife.

"We talked baseball that day, and about three years later he was speaking at the Field Museum, and while he did not remember my name, his eyes lit up and he said, 'Baseball,' Bachmann remembered.

Bachmann said he met Wiesel a few more times, and there was even correspondence between Wiesel

and Bachmann's grandson, who received what Bachmann described as a "beautiful autographed picture." The grandson reciprocated by inviting Wiesel to his bar mitzvah. The invitation was declined, according to Bachmann, who lived in Glencoe for 45 years before moving to Highland Park several weeks ago.

Bachmann said he was struck by Wiesel's eyes.

"They were sad, and when I looked into them I saw the Holocaust, and that is very emotional," he said.

Melamed, a longtime Glencoe resident, met Wiesel more than two decades ago after President George H.W. Bush appointed Melamed as a Council Member of the Holocaust museum in Washington, prior to its opening in 1993. It was there that he got to know Wiesel, and the two were in touch periodically.

"The man was all consuming," Melamed recalled. "If you were in his presence, you felt his depth of intellect and his mission of remembering, and his voice against genocide of any sort."

Melamed said Wiesel had three goals of remembrance for the United States. First, there was the creation of Washington's Holocaust museum. Second was a national day of remembrance of the Holocaust, to be commemorated of the rotunda at nation's capital. And Melamed was thrilled that, in his role at the Holocaust museum, he was instrumental in carrying out Wiesel's third mission.

"He wanted the creation of a Committee on Conscience to act as a warning voice to the world whenever genocide appeared somewhere," Melamed said.

Melamed said that com-



UNITED STATES HOLOCAUST MEMORIAL MUSEUM

Elie Wiesel, left, meets with longtime Glencoe resident Bruce Bachmann, shown in an undated photo.

mittee was one of the first to alert the world to the 1994 Rwandan genocide. Melamed distinctly remembers one conversation many years ago with Wiesel. While Wiesel survived the Auschwitz concentration camp, Melamed's family escaped Poland in 1939 after being captured by the Nazis. After stops in Siberia and Japan, they arrived in the U.S. in 1941. While his trip

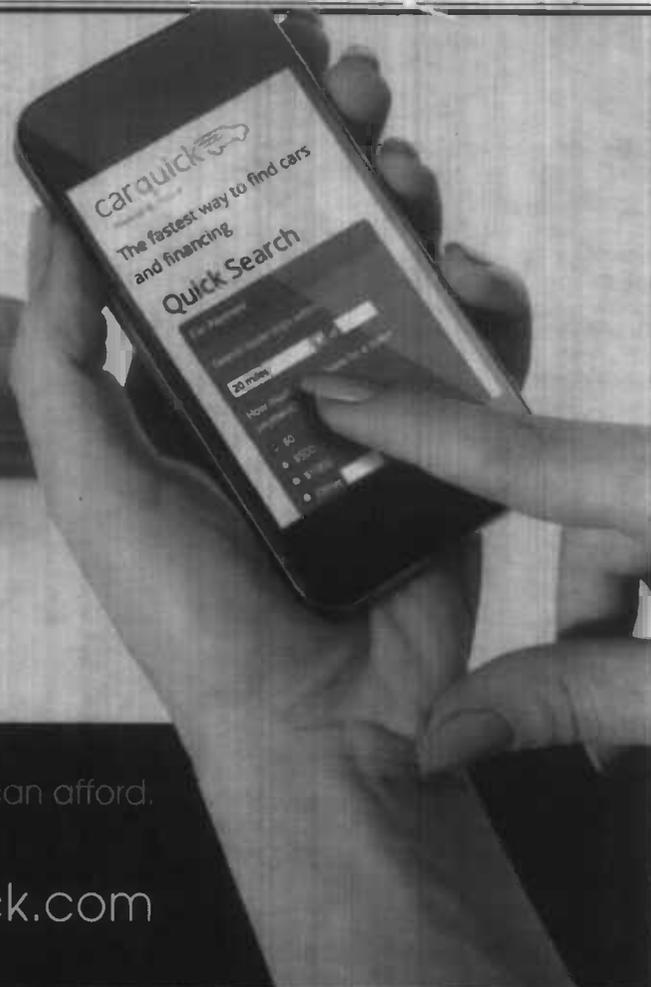
was harrowing, Melamed did not have the tattoos of many concentration camp survivors.

"I told Elie I did not feel comfortable being called a survivor because I did not have numbers on my arm," he said. "He smiled and said, 'You escaped from the Nazis, so you are a survivor.'"

Daniel I. Dorfman is a freelance reporter.

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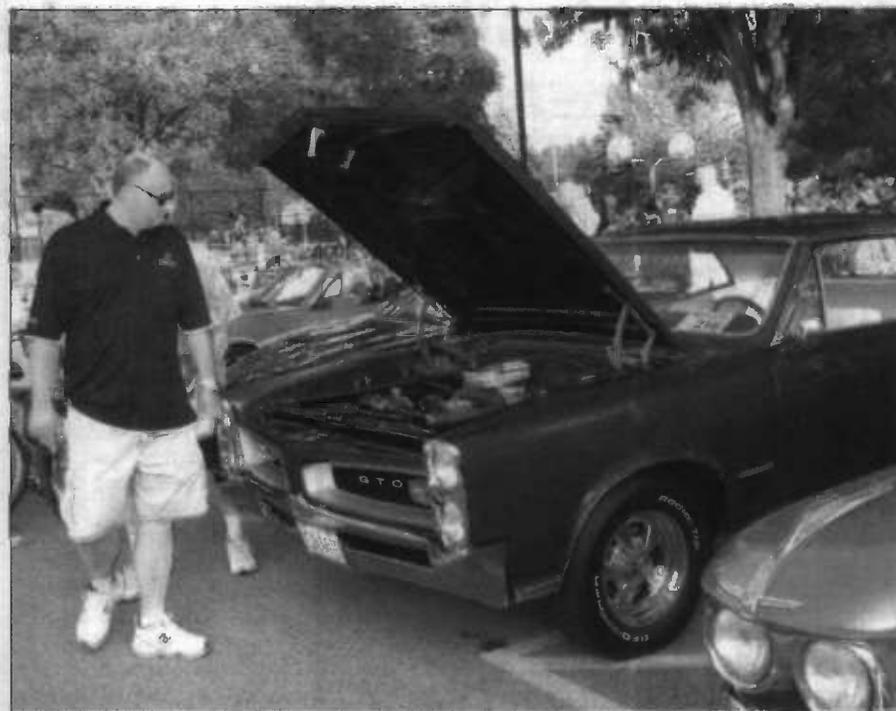
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ALICIA RAMIREZ/PIONEER PRESS 2015

The seventh annual Harrer Park Classic Car Show will roll into Morton Grove on July 21 and will include a vast array of motor vehicles spanning decades and styles.

Harrer Park Classic Car Show just around the bend in Morton Grove

BY LEE V. GAINES
Pioneer Press

An automotive tradition is slated to return to Morton Grove later this month.

The seventh annual Harrer Park Classic Car Show will roll into town on July 21 and will include a vast array of motor vehicles spanning decades and styles.

The car show, which is organized and operated by the Morton Grove Park District, began in 2010 in response to community interest, said Kathy Herrmann, marketing manager for the park district.

She said individuals and car groups from Morton Grove and surrounding municipalities exhibit vehicles in the annual event. The variety of motor vehicles on display typically runs the gamut from an-

tique — pre-1949 era cars — to modern-day sports cars. Other categories including muscle cars, modified and imported vehicles, Herrmann said. Judges will pick their favorite antique, classic, modified, muscle, import and sports car models and the winners will be announced toward the end of the two-hour event.

"Last year we had 65 cars on display. Since we allow cars to enter day of it's a little difficult to estimate our exact amount of cars that will be on display, but I would expect the number to be on par with last years," Herrmann wrote in an email. She said about 550 people are expected to attend this year's show.

Attendees and exhibitors will also be treated to performances by Creedence Clearwater Revival tribute band the Fortunate

Sons, according to Herrmann.

The Charcoal Flame and Dairy Queen of Niles will be hocking food and frozen treats. The event is held in conjunction with the park district's summer concert series.

To participate in the car show, register by July 15 to reserve a spot, Herrmann said. She said day of event registration will be based on availability and a first-come, first-served basis beginning at 5:15 p.m. July 21. All cars on display must arrive at the event between 4:30 p.m. and 5:45 p.m. and remain on site until the end of the car show.

The show will take place between 6 p.m. and 8 p.m. at Harrer Park, 6250 W. Dempster St.

Lee V. Gaines is a freelance reporter for Pioneer Press.

Lincolnwood Binny's to host grand opening, tasting

BY NATALIE HAYES
Pioneer Press

Binny's Beverage Depot is the newest player to join Lincolnwood's retail liquor store scene, following in the footsteps of the April opening of Armanetti Wine and Spirits.

Two weeks after the new 30,000 square-foot store opened in the former Lincolnwood Produce building on the 7100 block of Lincoln Avenue, Binny's will host a grand opening party July 15 with a champagne reception, wine tastings from California wineries, and a whiskey tasting, according to Binny's spokesman Greg Versch.

Lincolnwood native and Binny's founder Harold Binstein was a lifelong resident of the village before he passed away in 1995, according to Versch, who said



BINNY'S BEVERAGE DEPOT

Two weeks after it opened, Binny's will host a grand opening party July 15.

Binstein's roots in the community lend special significance to the Lincolnwood opening.

"Binny's has deep roots in the neighborhood, and this location is a labor of love," Versch said.

Binstein's son, Binny's owner Michael Binstein, gained approval from the

village last year to renovate the property.

The space where Binny's opened in early July was used by the grocery store, a shuttered bank and the Vineyards of Lincolnwood, a liquor store that Binny's acquired and closed as part of its 20-year lease for the property. The former liquor

store space was converted into offices that now house part of Binny's corporate division.

Binny's arrival means that the 44,950-square-foot shopping center at Lincoln and Touhy avenues is now fully leased, with CVS Pharmacy being the only other retailer to share the center

with Binny's.

Customers of Lincolnwood Produce, which was open from 2000-2015, will hardly recognize the space, Versch said.

Construction crews rehabbed and remodeled the old store, building out a new storefront, installing exposed vaulted ceilings, and knocking down walls that divided different sections of the grocery store.

"The space is open, huge and beautiful," Versch said. "You have to see it to believe it."

Niles-based Binny's has 32 locations in Illinois, according to the company's website.

As Binny's next door neighbor at 6929 N. Lincoln Ave., Armanetti's manager Marty Scharaga said he's not thrilled about the prospect of competing for business with the corporate-run

liquor retailer.

Danny's Liquor, LLC signed a 10-year lease to operate Armanetti's in the former Lincolnwood Wine & Spirits store last year, according to attorney Dimitrios Christopoulos, who represents Danny's LLC owner Scott Tomczyk.

When Tomczyk took over the lease from Lincolnwood Wine & Spirits, he kept Scharaga, a longtime wine consultant who worked at the store for several years.

"We're slowly getting back some of the old customers," Scharaga said. "I'm sure Binny's can't help us, but we are competitive price wise and with (our) inventory and I love schmoozing and knowing my customers personally."

Natalie Hayes is a freelance reporter for Pioneer Press.

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New Target store opening in Skokie

BY MIKE ISAACS
Pioneer Press

Once a dilapidated shopping center and more recently vacant property owned by Skokie, space east of the Skokie Swift train station on Dempster Street will become home to a new Target store, the retail chain announced recently.

According to Target, the store will occupy 33,000 square feet on the southwest corner of Dempster Street and Bronx Avenue in the village's West Dempster Street Corridor.

The "flexible-format store," as Target calls it, is expected to open in fall 2017 and is smaller in scale than a traditional Target store, it said.

Target said the store will offer items for families and children, baby care products, sporting goods, toys, portable technology accessories, gift items, stationery, health and beauty products and a grocery section including fresh produce, select kosher items and many "grab and go" food selections.

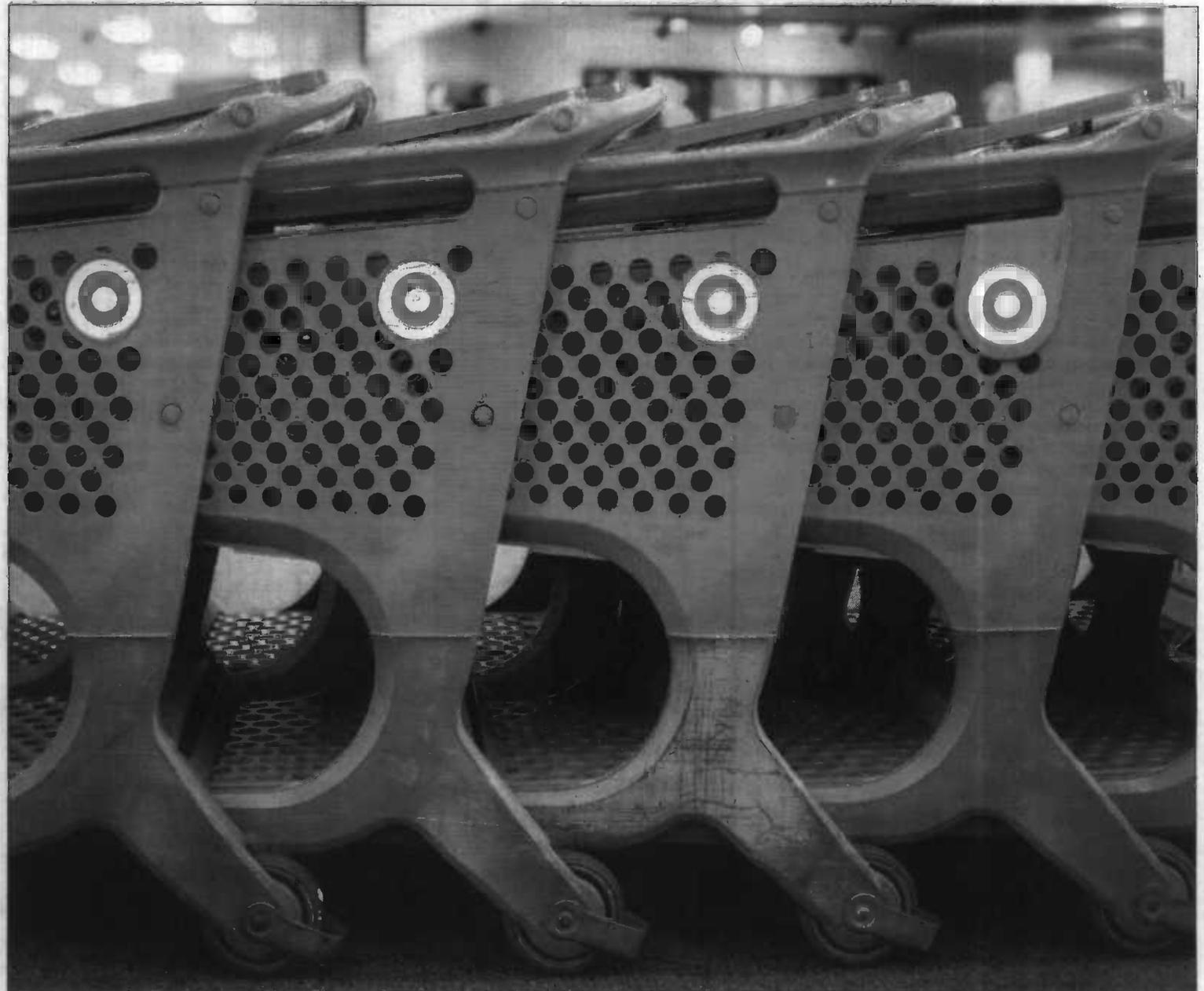
The new store also will include a pharmacy and order pickup service, Target said.

"The construction of a new Target store on Dempster Street is great news for the village of Skokie," Mayor George Van Dusen said in a released statement.

"The village has long sought a major retailer to serve as a catalyst for additional transit-oriented development near the Skokie Swift station."

Van Dusen said the new retail space along with a growing mix of businesses on Dempster has the potential to generate more economic growth in the area.

The new Target store is being developed by BlitzLake Partners, Chicago, according to Target. It will be supported by 77 surface parking spaces on the south



CHRISTOPHER DILTS/BLOOMBERG

Shopping carts sit inside a Target store in Chicago in this file photo. The planned Dempster Street store will be smaller than a traditional Target store.

side of the building and new parking spaces that will be added to Carol Street, the village said.

The Target store is expected to come before the Skokie Plan Commission and other bodies before the project moves forward.

For years, village leaders have made improvements to Skokie's West Dempster Street Corridor a top priority.

During and after the economic recession, the village used tax increment finance funds to acquire commercial properties that had been up for sale for a long time.

In March, the Village Board voted to sell the last property in the area it still owned at 4933-57 Dempster St. and 8734-38 Bronx Ave. for \$2.65 million.

At the time, village officials did not mention Target,

but Corporation Counsel Michael Lorge said the new development was a "national general merchandise retail store."

Lorge predicted the community would be pleased once they knew what was to occupy that property. He said the development would "enhance the Dempster corridor and provide a broad shopping resource to the village."

In announcing the new acquisition, the village pointed to Chicago Jewish Funerals, Oberweis Ice Cream and Dairy Store/That Burger Joint, the opening of the new and larger Pita Inn, the rebuilding of Kaufman's Deli, Creative Paths Learning Center and Gross Point Crossing shopping center as significant developments on West Dempster Street near the

Skokie Swift station over the past decade.

"The steady, continued development on Dempster Street began more than a decade ago with the relocation and restoration of the historic Skokie Swift station that now houses a Starbucks and other businesses," Van Dusen said.

misadcs@pioneerlocal.com
Twitter @SKReview_Mike

Clinton's actions careless, but not criminal



RANDY BLASER

All my friends are either cheering the latest news about Hillary Clinton's emails, or railing about a double standard and the rule of law. Yes, I have friends on both sides of the political aisle.

And me?

I'm again left shaking my head wondering if anyone at all recognizes the dangers we face as a nation heading into the presidential election of 2016. It's like Nixon vs. Johnson, if anyone can remember the disastrous decade between the Kennedy assassination and Watergate.

Don't get me wrong. I don't think Hillary should be jailed over her top secret emails, or the other right-wing bogey man, the Benghazi tragedy.

No one should go to jail for doing a bad job.

And that's what I think



NICHOLAS KAMM/GETTY-AFP

U.S. Democratic presidential candidate Hillary Clinton arrives at a campaign event in Charlotte on July 5.

we have here. And that's what worries me as it grows increasingly likely she will be the next president.

I know my friends on the

right are still ranting about the Benghazi issue, and my friends on the left think it is much ado about nothing.

I think mistakes were made, there was a certain

level of miscommunication and incompetence that led to the tragedy that is the Benghazi episode. Mistakes were made, for sure, but there was no criminal

wrongdoing.

What bugs me about Benghazi is the cover story and political spin involved. But I don't know if that was the president's doing, and Hillary went along, or if the apparent cover story was Hillary's brainchild and Obama gave the go-ahead.

Either way, it was seriously bad.

Now let me try to explain my issues with Hillary's email in as plain a way that I can.

Everyone has gotten an email that had a paragraph at the bottom of it explaining that the contents of the email are confidential and meant only to be seen by the person intended to receive it.

Now let's say you're applying for a job at a company that deals in confidential, protected information. It's an important job, and you gain an interview. During the interview, when the subject of protecting confidential information in the digital age comes up, you admit:

"Hey, I don't really know too much about that. I just

use my own server at home. It's no big deal, I don't worry about it."

I'm going to guess you don't get the job.

So again, it is the cover-up and the smoke screen that is the bigger issue for me, not what actually happened. The secretary of state of the United States should not be using a private server for the official correspondence of the U.S. government.

Top-secret emails went to the president. Maybe that's who is really being protected.

Anyway, unlike my liberal friends, I find these flaws in Hillary's character too big to gloss over.

And unlike my conservative friends, I see them as flaws, not criminal or treasonous behavior.

Some presidents overcome their character flaws and go on to greatness. Other presidents get laid low by their lesser traits.

Which one will Hillary be?

Randy Blaser is a freelance columnist for Pioneer Press.

Sometimes the past reaches out and grabs you



PAUL SASSONE

Do you always know why you do things?

I don't.

Not that I don't know why I still watch the TV western "Gunsmoke" 41 years after the show ceased production. It was (and is) a great show. When I was a kid, the highlight of my week was at 9 p.m. each Saturday when Marshal Matt Dillon strode onto the



CHICAGO TRIBUNE

A scene from "Gunsmoke."

screen to outdraw a black-clad bad guy.

"Gunsmoke" hit the air in 1955 as a half-hour

black-and-white show. The dramas were dark and tough, cramming an amazing amount of character

and plot into less than 30 minutes.

James Arness led the wonderful cast of regulars: Dennis Weaver as Dillon's helper Chester Goode, Amanda Blake as the smart and spunky Kitty Russell and Milburn Stone as grumpy but humane Doc Adams.

"Gunsmoke" was a half-hour show for its first six years, then expanded to an hour. The show first broadcast in color in its 12th year. "Gunsmoke" is still on the air, noon every day on MeTV.

The first 11 seasons (all the black-and-white shows) have been released on DVD.

I've watched all 11.

Now comes the part where I did something I'm not sure why I did it.

Let's face it, a lot of the reasons I (we) watch westerns is for the climactic shoot-outs.

My brainstorm was: How many bad guys did Matt Dillon shoot? I decided to keep score of how many villains Matt Dillon killed in "Gunsmoke's" first 11 seasons, all that are now available.

Why?

All I can answer is: Why not?

In the first 11 seasons, Marshal Dillon killed 211 bad guys. Season 1 - 21,

season 2 - 17, season 3 - 21, season 4 - 19, season 5 - 12, season 6 - 24, season 7 - 17, season 8 - 17, season 9 - 15, season 10 - 5 and season 11 - a whopping 33.

Whew! Done.

But when I told my wife of my project's conclusion, she said, "It seems to me that just about every show, Matt Dillon was being shot in the arm, or the leg, or in the back. How many times do you think he was shot and in what parts of his body?"

Oh, great!

Back to season 1.

Paul Sassone is a freelance columnist for Pioneer Press.

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OPINION



MARK J. TERRILL/AP

Michael Phelps swims in the men's 100-meter butterfly final at the 2016 U.S. Olympic swimming trials. Phelps is one of the few well-known athletes heading to Rio.

If the Olympics are about anything, they're about stories and product



SALLY HIGGINSON

The Rio clock is ticking. So for sport the other morning, I called my sister Betsy to conduct a little research. "Quick," I said, "Name your favorite Olympic hopefuls."

"Do not print this," was the second thing she said. The first was short and unprintable.

"There's that Jewish Olympian, Aly What's-Her-Name. And there's that other gymnast who has won everything for the past four years and smiles all the time. And there's Michael Phelps. Is that enough?" she asked.

No, that is not enough. With less than a month to go before the XXXI Summer Olympiad begins, my sister, who represents all of America, couldn't come up with three full names of homegrown hopefuls.

Kellogg's, General Mills and Proctor & Gamble, can you get on this? If Betsy is the standard, then Madison Avenue is dropping the Olympic ball in a big way.

Proceeding with my research, I asked her, "Can you name some sports you're planning to watch?"

"The summer sports are boring. You ever watched a bunch of swimming?"

Betsy speaks from years of experience as a swimming mom, that lesser-appreciated class of parent who spends entire weekends sitting on wooden bleachers in humid natatoriums, lulled into comas by the utter monotony of watching their children flip-turn for glory.

My own daughter swam in high school. Here I confess that during her last sectional meet, I read "Twilight" in its entirety — 544 pages of boredom — without missing a moment of her participation. As entertainment, I'd rank the book and the sport at about the same level.

Betsy kept going.

"Now, I'm totally in for watching the progression of Bob Costas' plastic surgery, or his eye inflammation. That's sport I'll watch."

She made a fine point. I have to admit my own fascination with the progress of Costas' pink eye during the Sochi Winter Games. Why wasn't that

famous inflammation ever featured on a box of Wheaties? Note to Johnson & Johnson: I would totally buy Bob Costas-endorsed Visine.

If the Olympics are about anything, they're about stories and product. Think about all of those P&G ads with their soft-focus storytelling and subdued soundtracks that end with the tag line "Thank you, Mom." Those mothers, all selfless and tireless, soothe fears, dry eyes and nourish their children's athletic souls.

I'm wistful for the old days, when an hour of prime-time TV meant enough Olympic-themed advertising to prep me for the Games. Next month, NBCUniversal is promising 6,755 hours of programming, including 4,500 hours of live streaming. Yet when I think of Rio, I'm like Betsy. I don't think of specific athletes. The Olympic story that pulls at my heartstrings is Zika.

There's time for Madison Avenue to come through. I hear Deep Woods Off! is now a sponsor.

Sally Higginson is a freelance columnist for Pioneer Press.

Fashion trends in Chicago involve stars ... and salmon?



ERIC SCOTT

In terms of fashion and design in Chicago, this summer is shaping up to be one of stars and salmon — two popular looks that couldn't be farther apart on the spectrum of good taste.

On the positive end, the city of Chicago's flag, with prominent 6-pointed red stars and blue stripes, has been popping up on clothing and accessories for some time now.

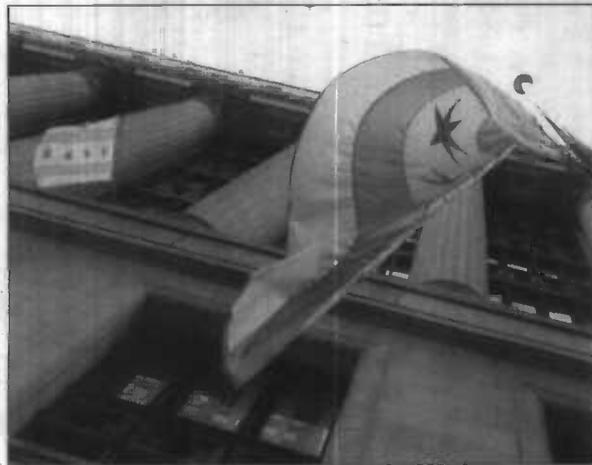
Not only is clothing featuring the city flag popular on the streets, you might even see shoppers wearing flag-pattern red stars, blue-striped hats and shirts walking past similarly designed dinner plates and pillows at many stores.

The design looks great (I'm still looking for a sun visor of the Chicago flag), and it's hard to believe this trend didn't start sooner. I'm not sure where the city's flag got its popularity boost.

But it certainly served as the inspiration for the name and uniform design for the Chicago Red Stars a women's pro soccer team.

The red stars and blue stripes also are featured in the trailer for "Chi-Raq," The 2015 film by director Spike Lee takes a different spin on the city's escalating gun violence and features a poignant graphic visual of drops of bright red blood dripping down off the bottom points of the flag's red stars, bleeding across the flag's vibrant blue and white background.

It's highly symbolic of the current state of affairs within high-crime neighborhoods of a major city, where millions of residents still are proud to call it



ANTONIO PEREZ/CHICAGO TRIBUNE 2015

Chicago flags fly at City Hall. Columnist Eric Scott praises the people showing Chicago pride by wearing the city flag while questioning those who adorn salmon-colored outfits.

home.

It's as if the graphic asks viewers to look past the polish and pristine image that the city's flag presents and take a glimpse into the real story that's sadly gripping children, adults and entire communities.

It's quite a contrast compared to the city pride many feel when seeing the red stars and blue stripes flapping in the wind alongside American flags at our baseball parks and schools. The pride is best seen on a blue sky day, as people walk across the Michigan Avenue bridge over the Chicago River.

And if Chicago did have a fashion police force, they surely would be arresting men wearing salmon-colored pants and shorts before throwing them into a, "What were you thinking?" tank.

I don't know when the fish-innards color scheme suddenly "became a thing," if I may borrow a phrase from the kids. But this is just wrong on so many levels.

Unless your goal is to say, "Look at me! I have no idea what I'm doing," a person wearing salmon-colored anything doesn't exactly project sophistication.

I can't tell you how many times I've cringed lately after walking around a city block corner and encountering some fashion dude heading toward me in salmon slacks or shorts.

I almost want to pull them aside and say, "Look, whatever is going on with you — it's not worth wearing the aftermath of a head-on collision between brown, pink and orange."

If a headache had a color — yup, it's definitely salmon.

If you think about it, not one major pro sports team has salmon anywhere in their uniform colors. Even the Miami Marlins, a multi-colored adorning baseball team that's even named after a fish, couldn't bring themselves to rotate salmon into its color wheel.

If fish could wear clothes, I don't think salmon would even consider wearing salmon-colored items for daily swims up the river.

But you know they would be wearing Chicago's red stars and blue stripes.

That would be a really cool look above and below sea level.

Eric Scott is a freelance columnist for Pioneer Press.

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Hear the music of 'Titanic'

CSO to perform score while movie plays at Ravinia Festival

BY DOROTHY ANDRIES

Pioneer Press

"It was sad when that great ship went down," so goes a folk song that has become legendary. And it would be fair to say that the sinking of the RMS Titanic on April 15, 1912 has entered the collective imagination well beyond any other shipwreck. A few years back the centennial of that maritime disaster was observed with the opening of the Titanic Museum in Belfast, where the ill-fated ship was built.

On July 29 and 30 the Ravinia Festival in Highland Park will show the 1997 movie "Titanic" with the Chicago Symphony Orchestra playing the Academy Award-winning score by the late James Horner live-to-projection.

That means the score has been digitally removed from the film so that CSO can perform it as the film is shown.

The score received one of the film's 11 Oscars, which included Best Picture and Best Director for James Cameron. Horner also won Best Song for composing "My Heart Will Go On," sung by Celine Dion, which became a hit on its own. The blockbuster film, which runs three hours and 20 minutes plus intermission, will be shown on a large screen in the pavilion and on the lawn.

The CSO will be conducted by Ludwig Wicki. Clara Sanabras and the Chicago Children's Choir will sing. Wicki, who lives in Switzerland, is a pioneer in live-to-projection. He conducted the first such concert in 2008 in Lucerne, with his 21st Century Orchestra playing Howard Shore's score for the world premiere of "The Lord of the Rings: The Fellowship of the Ring." He conducted the CSO in that same program at Ravinia in the summer of 2011.

The festival is going full steam ahead to enhance their visitors experience. Ravinia restaurants will serve items from the menu of the ship's final meal, which included — get this — iceberg lettuce!

For the adventurous couple, which the characters played by Leonardo DiCaprio and Kate Winslet certainly were, the festival has secured a full-size exact replica of the door on which Kate floats after the boat



PARAMOUNT PICTURES

Ludwig Wicki, below, will conduct the Chicago Symphony Orchestra during screenings of "Titanic" on July 29 and 30 at Ravinia Festival.

'Titanic' Live

When: 7 p.m. July 29 and 30.

Gates open at 4 p.m.

Where: Ravinia Festival, 200 Ravinia Park Road, Highland Park

Tickets: \$25 lawn; \$25/\$90 pavilion

Contact: Ravinia.org

sinks. Couples are invited to get on and see if they could have "saved Leo" or each other.

Horner's score incorporates the distinctive sounds of whistles and uilleann pipes, a type of Irish bagpipes, and mines Celtic strains to near-mystical effect. The film is centered around the fictional love story between a poor young artist, (DiCaprio) who wins his ticket to New York aboard the massive luxury liner in a card game, and an upper-class American girl (Winslet) being forced into a loveless marriage to restore her family's fortunes.

The score is enchantingly nautical. It portrays the swirling motion of the sea, but is punctuated ominously with deep thundering booms, which evoke the sound of the liner's mighty engines, but also conveys a sense of doom.

A word here about composer James Horner, who died while piloting his own airplane in June of last year at the age of 61. He composed sound tracks for "Braveheart," "Avatar," "Field of Dreams," "Glory" and many others.

In the spirit of Symphony Center's popular "Friday Night at the Movies," the Ravinia Festival for several years has used its world-



RAVINIA FESTIVAL

class resident orchestra in live-to-projection nights. Last season there were four such movie nights: Disney's "Fantasia" and "Fantasia 2000," "Star Trek," "Gladiator," and a pastiche of Daniel Elfman scores for Tim Burton films.

Did the eight members of the Titanic Orchestra, who were hired for the voyage to play after dinner, during teatime and for Sunday services, actually play "Nearer my God to Thee" as the ship sank? Passengers reported hearing the hymn and it is certainly cemented in the ship's history. Both

Cameron's "Titanic" and the 1953 film of the same name, starring Clifton Webb and Barbara Stanwyck, featured it during the sinking scene. What is known for certain is that the Titanic's musicians continued to play even as the liner collapsed, literally going down with the ship.

The Lincoln Trio, featuring violinist Desiree Ruhstrat, cellist David Cunliffe, and pianist Marta Aznavoorian, will perform music played by the ill-fated Titanic musicians on both nights in front of the lawn screen.



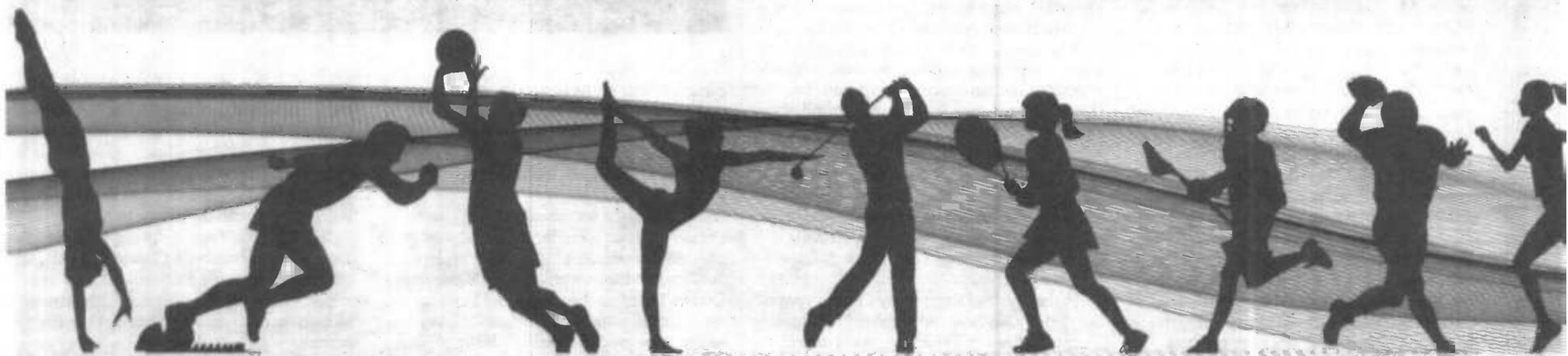
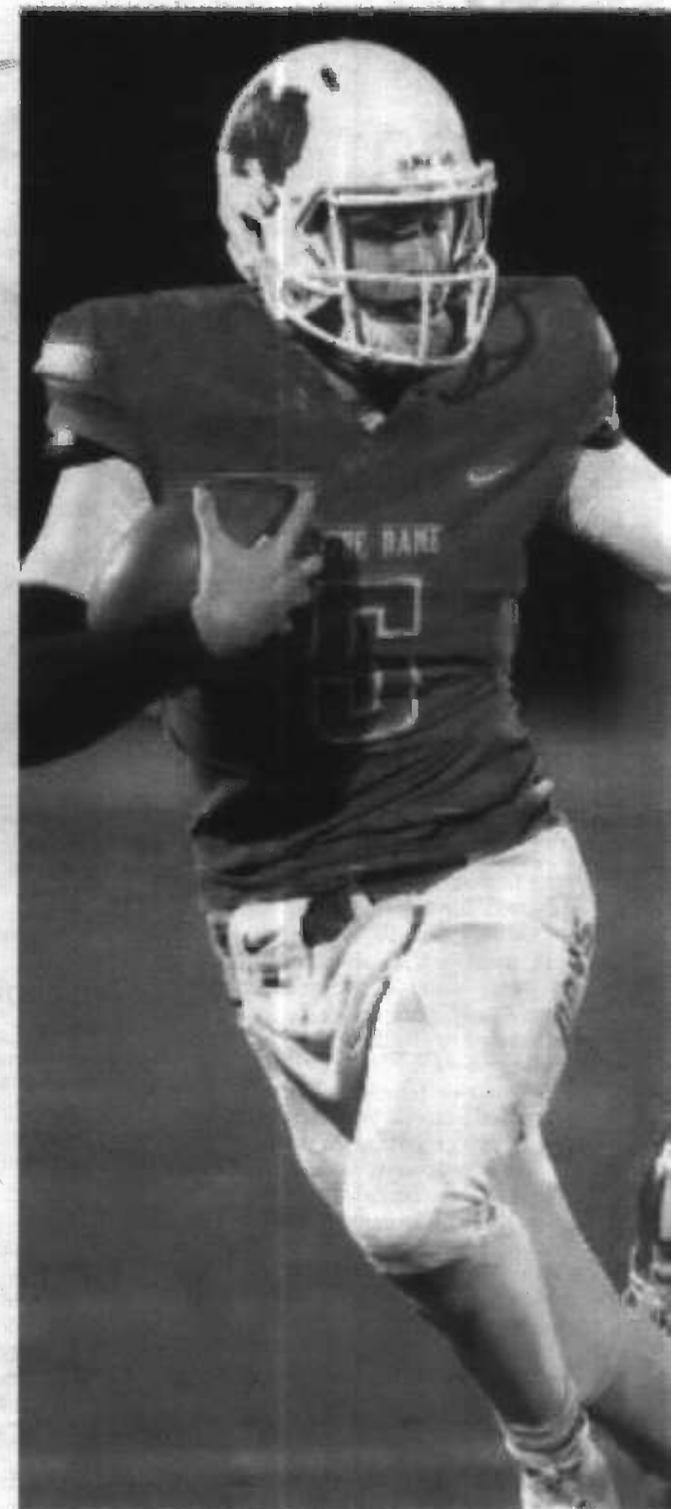
Pictured L-R: Fanette Singer, Senior VP of Marketing at COUNTRY Financial, Emma Vickery, Sasha Stefanovic, Alexis Yager, Kaitlin Aylward, Nate Edmunds, and Jim Retehe, General Manager of the Suburban Publications, Chicago Tribune

On June 11th 2016 the Chicago Tribune in partnership with COUNTRY Financial celebrated the Community Choice Athlete of the Year Awards Ceremony at the Printer's Row LitFest in downtown Chicago. Celebrated were the accomplishments of 9 outstanding High School Athletes who were chosen by their community's as their athlete of the year.

Earlier in the year, each of these athletes was chosen by the Chicago Tribune Sports Prep team to be featured as the Athlete of the Month. Community members then voted for their favorite athlete and a \$250 donation was made by COUNTRY Financial to each athlete's school. A new element to

the program was added this year called the Community Choice Athlete of the Year, where again the community got to choose for their favorite Athlete of the Month from the 2015/2016 season. This program, now in its 3rd year, recognized 63 outstanding athletes for this year alone!

The outstanding accomplishments of the 9 Community Choice Athletes of the Year were a testament to the dedication of their families, teammates, schools and most importantly, themselves. The Chicago Tribune and COUNTRY Financial congratulate all these hardworking athletes on a terrific year and look forward to the 2016 - 2017 season!



Section 2

Living

Thursday, July 14, 2016



**Mel's kitchen:
Baked goat cheese
and tomato sauce
a taste of comfort**

Page 3

CN

MISTY BEDWELL/GETTY

BRINGING UP A BRAT?

How to tell if your child's behavior has crossed the line from 'spirited' to downright obnoxious. Page 14



SUBURBAN COOKS

Farmer touts eating quality meat less often

Family raises livestock in antibiotic-free, humane manner at Oswego farm

By Judy Buchenot
The Beacon-News

Andrea Kastor thinks everyone should eat less meat, even though she sells beef, pork, chicken, turkeys and ducks from Three Maples Farm in Oswego.

"People should try other things like salads and vegetables," Kastor said. "You don't need to have meat at every meal. If people would eat less meat, they could afford to pay for meat raised in a humane way. Farmers wouldn't have to produce so much meat at a fast pace -- meat that has less flavor. We could all afford to enjoy quality meat if we ate a smaller amount."

Kastor lives on an Oswego farm owned by her family since 1933. In the 1950s, the farm had expanded to 120 acres and was shared by several relatives for growing a variety of crops. Kastor was born and raised in Oswego and started raising livestock about 13 years ago. Family members have sold off parts of the farm but Kastor's mother, Dianne Pell, still owns some of the original farm where Kastor and her family raise antibiotic-free and hormone-free livestock in small batches. The birds are free-range and all the feed is non-GMO.

Every morning, Kastor, 43, and her husband, Brian, 45, spend about two hours feeding and watering the animals which include cows, pigs, goats, chickens, ducks and turkeys. They also have several pets, including five horses, six dogs and Persian cats, which they breed. The chores must again be repeated in the evening.

Although some animals are raised with the goal of being used for food, Kastor says they are all treated with dignity. "We name all of the animals. Our two kids help. Our boar is Flint Lockwood. Mr. Incredible is a chicken. The cows are Moo-Moo, Auntie, Elaine and Gerry. Two of the turkeys are Bert and Ernie. The goats are Oreo, Mozart and Nibbles. And the sows -- well there is Babs and Blondie," she said.

Kastor said her children care for the animals but understand that their purpose is to provide food. "They understand the circle of life."

Kastor practices rotational grazing where animals are moved between different fields. She also believes in having a diverse stock instead of focusing on a single animal. "I slowly added something new over time. I didn't start a new animal until I had mastered everything I had," she says. She raises all of her breeding stock so all of her animals were born and raised at Three



THREE MAPLES FARM

These kiwi marinated short ribs are made with beef raised at Three Maples Farm in Oswego by longtime resident Andrea Kastor. She raises a variety of livestock in a humane, antibiotic-free manner that she says produces meat that is more tender and flavorful.

Andrea's Culinary Cue

Try mixing meats in your recipes. Make sloppy Joes with half beef and half pork. Mix ground chicken and ground beef in your meatloaf. Try something new like bison or lamb by mixing them with familiar beef or pork in a recipe. Mixing a lean meat with a meat with higher fat content delivers a more tender dish. Mixing meat types also gives new life to old recipes.

Maples Farm.

There are many challenges for Kastor. "There is such a disconnection about where food comes from. Who can picture where bacon even comes from? But if people saw what goes into raising animals, they would be willing to pay more. Like turkeys! If everyone knew how hard it is to raise a turkey, they would pay \$400 a pound for it. Turkeys are the dumbest birds. They lay on each other and crush each other. Chickens carry a disease that will kill turkeys so we have to keep them separate. Hawks will carry them off. Turkeys are very difficult."

Kastor maintains that animals raised with dignity and care are far superior and it is worth the extra effort. "I had stopped eating pork because it had no flavor. But then I raised my own pigs, and the pork is so sweet and full of flavor and tender. You don't need marinade or sauces -- just salt and pepper and it is so good," Kastor said.

In order to be in compliance with state rules, Kastor uses a USDA-licensed meat processor to cut her meats. "I used Eickman's in Seward (Illinois) because it is one

of the best. He can cure our bacon without nitrates and it is so good," she said. "The hams are also amazing. This year we tripled our brat output but we are almost sold out already."

Kastor encourages everyone to try meat raised in small batches on small farms. She sells meat at the Oswego and Aurora Farmers Markets, participates in two community-supported agriculture programs and has an e-commerce website, www.threemaplesfarm.com.

Three Maples Farm is part of a team working on the Food to Market Challenge. This effort, sponsored by the Kinship Foundation and The Chicago Community Trust, will award \$500,000 to the group that comes up with the most innovative solution to improve supply chain practices for Chicago region's local and sustainable food markets. She is hopeful that there will be more opportunity for everyone to eat meat that is locally raised for flavor more than profit. Here are two of her favorite meat recipes for others to try.

Judy Buchenot is a freelance writer.

Pan-seared chicken thighs with tomato chutney

Makes six servings

- 2 cups chopped yellow tomatoes
- 2 teaspoons ginger
- 1 teaspoon minced garlic
- 2 tablespoons chopped fresh cilantro
- 2 teaspoons chili powder
- 1 tablespoon sugar
- 6 chicken thighs
- salt and pepper to taste

1. To make chutney, combine the chopped tomatoes, ginger, garlic, cilantro, chili powder, sugar and salt in a saucepan. Bring to a boil, reduce heat and simmer for about 10 minutes, until thickened. In a frying pan, heat 2 tablespoons oil and brown chicken thighs about three to four minutes per side until lightly browned. Pour tomato chutney over thighs and simmer until cooked through. Season with salt and pepper to taste.

Kiwi-marinated short ribs

- 1 cup brown sugar
- 5 pounds Korean style beef short ribs
- 1/4 cup rice wine
- 1/2 cup water
- 1 cup soy sauce
- 1 kiwi, peeled and mashed
- 1 small onion, peeled and finely grated
- 1/4 teaspoon pepper
- 2 tablespoons dark sesame oil
- 4 tablespoons minced garlic

1. Sprinkle brown sugar over short ribs and rub to evenly coat. Let sit at room temperature for 10 minutes. Meanwhile, to make marinade, whisk together wine, water, soy sauce, mashed kiwi, onion, pepper, dark sesame oil and garlic. Place short ribs into a resealable bag and pour marinade over all. Seal the bag and turn several times to be sure short ribs are coated. Refrigerate four hours or overnight.

2. When ready to cook, heat charcoal or gas grill. Drain short ribs and grill about three to four minutes each side or longer for desired doneness.



MELISSA ELSMO/PIONEER PRESS

Baked goat cheese with a rustic tomato sauce is served over paprika toasts and is easy to share among friends.

Baked goat cheese and tomato sauce offers taste of comfort

When I moved from Wisconsin to Chicago nearly 25 years ago, I feared this city would swallow me up whole. Sure I was attracted to the hustle and bustle of the Windy City, but I was small town girl and knew very few people in the area save for my soon-to-be-husband, Leif.

Figuring out where you belong in a busy new city is a daunting task, and I was overwhelmed by a million little things. I needed to find a job, a place to live and learn how to navigate a transit system for the first time in my life.

Every day I worked to get my footing in a my new city felt like an exhausting series of misadventures. I "lost" my car because I failed to read a parking sign. I found myself on the wrong bus on my way to a job interview and dropped two full bags of groceries on the sidewalk waking home from the grocery store because I overestimated how much I could carry on my own.

At the end of my first week in the big city, I needed a bit of a respite, and Leif took me out for dinner at a



MELISSA ELSMO
Out of Mel's Kitchen

local tapas bar for some good food and cozy conversation. We ordered a steaming earthenware casserole of queso de cabra in tomato sauce. I had never tried the warm concoction of goat cheese baked in tomato sauce before that moment, but the dreamy little dish satisfied a couple of displaced cheese heads with ease.

We lingered long at the table slathering bread with warm cheese and chatting about the new life we were building together. We laughed about mistakes we had made, celebrated the fact I was finally grasping the grid system and fantasied about buying a dining room table we could never afford. I expressed my disdain for lower-lower Wacker Drive, and

we clinked our glasses to celebrate my new job. We transitioned from tourists to residents over that silly cheese spread.

To this day I associate queso de cabra with both comfort and possibility.

I recently whipped up a batch to honor some friends who were heading off on travel adventures to Spain. One bite of the savory casserole took me right back to that restaurant table 25 years ago, and I realized everyone should know and enjoy this simple recipe.

My version of the dish is more rustic than most as I prefer not to puree the sauce surrounding the cheese. The spread is spicy, briny, smoky and slightly sweet thanks to the addition of cayenne, caper, paprika and a touch of brown sugar. Making use of fresh goat cheese ensures this easy-to-eat comfort food comes together without the need for specialty ingredients.

So gather your friends and make your own queso de cabra-inspired memories. You won't regret it!

Baked Goat Cheese in Tomato Sauce with Paprika Toasts

FOR THE CHUNKY TOMATO SAUCE:

- 2 tablespoons olive oil
- 1 medium white onion, diced
- 1 large red pepper, diced
- 1 large green pepper, diced
- 1 teaspoon kosher salt, plus more to taste
- 1/2 teaspoon black pepper, plus more to taste.
- 2-3 garlic cloves, minced
- 2 teaspoons smoked paprika
- 1 teaspoon paprika
- 1/4 teaspoon cayenne pepper
- 2 tablespoons brown sugar
- 1 bay leaf
- 1 28-ounce can diced tomatoes, undrained
- 1 tablespoon sherry vinegar

1. Heat the olive oil over medium-high heat in a large sauce pot. Add the onions and pepper and season with the salt and pepper. Sauté the mixture, stirring frequently, until vegetables are softened (about 10 minutes). Add the garlic to the pot and season with the smoked paprika, paprika and cayenne. Mix well before adding the brown sugar, bay leaf and tomatoes. Mix well and season with sprinkling of additional salt and pepper.

2. Bring the mixture to a boil, reduce heat to low and allow sauce to simmer gently for 45 minutes. Remove the sauce from the heat, mix in the sherry vinegar and allow the sauce to cool. Transfer to a container and refrigerate until ready to use. Sauce can be made one day ahead.

FOR THE BAKED GOAT CHEESE:

- 1 11-ounce log of goat cheese
- Chunky tomato sauce (recipe above)
- 1/2 cup pitted mixed Greek olives, halved
- 2 tablespoons capers
- 1/4 cup chopped flat leaf parsley

1. Preheat the oven to 400 degrees. Flatten the goat cheese into a large dish and place in the center of a casserole dish. Ladle the chunky tomato sauce around the goat cheese in the casserole, but leave the top of the goat cheese exposed. Place the dish in the oven and bake the casserole for 30-40 minutes until the sauce is bubbling. Sprinkle with casserole with the chopped, olives, capers and parsley. To serve the dish, allow guests to spread a generous amount of the warm cheese and tomato sauce mixture over paprika toasts (recipe below) and enjoy at once.

FOR THE PAPRIKA TOASTS:

- 1 baguette
- 1/4 cup olive oil
- 2 garlic cloves, minced
- 1 teaspoon paprika
- 2 tablespoons chopped parsley

1. Preheat the broiler to high. Slice the baguette lengthwise through the middle. Open the bread halves, cut-side up onto a sheet pan. Combine the olive oil, garlic, paprika and parsley in a small bowl. Brush the oil evenly over the bread halves. Broil the bread a couple of inches from the heat until bread turns golden brown; about 2 minutes. Slice crosswise into smaller pieces and serve with the baked goat cheese. For a large crowd you can double this recipe and serve it with the same amount of baked goat cheese.

PETS/ANIMALS

MY PET WORLD

Do diet and ice cubes affect a dog's teeth?

By Marc Morrone
Tribune Content Agency

Q: I was very interested in your recent comments on canned versus dry food. We feed our 7-year-old King Charles Cavalier Spaniel canned food in the morning and dry food in the evening. He also loves to chew on ice cubes. He has had several teeth removed due to decay found during his semi-annual dental checkups. Admittedly, we rarely brush his teeth and leave it to his monthly groomer visits and dental checkups. Could his diet or the ice cubes be contributing to his dental issues or are we responsibly for his dental problems?

— Stan Trepner, Las Vegas

A: Dental problems in both dogs and humans can be attributed to environment, diet, genetics and all sorts of things, which means I cannot say what caused the problems with your dog's teeth.

However, the only statement that I can make that is 100 percent true and correct is there is no way that chewing on a piece of kibble is going to clean a dog's teeth that are already dirty, nor will it keep teeth that are clean from becoming dirty.

The question of the ice cubes is up for debate. For the last half-century, every dog I have ever had — from great big Irish Wolfhounds to little Chihuahuas — has loved crunching up ice cubes



CHICAGO TRIBUNE

Much the same as with humans, one way to avoid tooth decay in dogs is by regularly brushing their teeth.

with no ill effects. Some dogkeepers have told me that their dogs did crack a tooth from chewing on an ice cube, so I would say proceed with caution and common sense.

Q: I have a 3-year-old female yellow canary. Every spring she lays three infertile eggs in her food dish. I let her sit on them for a few days and then dispose of them when she is not looking. While walking in the

park a couple of weeks ago, I saw a little brown-and-white bird with a red beak huddled next to the path. I took it home and learned it was not a wild bird, but a male zebra finch that must have gotten out of somebody's house. I put him in the cage with my canary. He has started to court the canary. However, she just now laid her eggs for this spring and she is sitting on them this time. My question is if there is a chance

they are fertile?

— Stephanie Williams, Chicago

A: Zebra finches and canaries are both passerine birds, but they are different species so it is very unlikely that those eggs are fertile. A cross between two different species of animal are called hybrids and they do not occur very often and are usually sterile.

Crosses between canaries and other passerine birds usually happen only when the species are closely related — such as a canary with a green singing finch or a European goldfinch, as they are taxonomically very close.

In addition, zebra finches are native to Australia and have been separated from other passerine birds for many generations that their genes are totally different. So it is highly unlikely that those eggs could be fertile.

However, you never know what is going to happen in the natural world, so instead of discarding the eggs after a few days, this time leave them with the canary for three weeks and see what happens.

It usually takes two weeks for such eggs to hatch. After this amount of time if none do then they are obviously sterile.

Q: We have a male lop-eared bunny that is now 5 months old. He was 8 weeks when we got him. He is very nice pet and uses a litter box. However, just in the last few weeks he started to run circles around our feet and sprays urine on them. He

does not do it when we have shoes on. Our vet told us that he needs to be neutered, but that they do not do "exotic animals." We are worried that if we do neuter him then he will lose his unique personality, and wanted to know what you thought.

— Isabella Carbone, Las Vegas, NV

A: Hormones, house pets and humans are never a good mix as your situation demonstrates. Marking your feet with his urine is an instinct that is brought about by the rising testosterone levels in his body.

It has nothing to do with his opinion of you; it is just an instinct. If you do neuter him, the testosterone goes away and so will some of his behaviors. What will not change is his opinion of you because it is based on his experience, not his hormones.

Neutering will only make him a better pet. There are lots of vets around these days that will happily treat bunnies, as well as spay and neuter them and you can locate them by taking a look at the website of the House Rabbit Society at www.rabbit.org.

Marc Morrone has kept almost every kind of animal as a pet for the last half-century and he is happy to share his knowledge with others. Although he cannot answer every question, he will publish many of those that have a general interest. You can contact him at petxperts2@aol.com; please include your name, city and state.

PET OF THE WEEK



Sophie

Meet Sophie, a 7-year old active Boxer. Some dogs like other dogs, and some prefer to be the only one. She falls in the last category, but it has a lot of great benefits. She has plenty of energy so she can easily keep up with a large active family. She also has loads of loving so even as an only dog, she will make sure everyone gets plenty of kisses and tail wags — or should we say nubby wags. She is already trained, has the cutest smile and of course, your perfect Boxer face. She is a learner and a lover, just waiting for a fun-loving family. For additional information, please visit www.saveapetil.org.

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After bone scan done early, hospital says pay up

Dear Help Squad,
I have been a patient of Advocate Dreyer Medical Clinic since 1968. They have always treated me fairly — until I made an appointment for a DEXA (bone density) scan in 2015.

My oncologist from Advocate Lutheran General Hospital ordered the scan as he has every year.

In the past, when any date was close, I was always informed when I would be eligible for the test according to Medicare laws. When I made the appointment for July 13, 2015, I was not informed the test would be done seven days before I was eligible for Medicare coverage.

At the appointment, I was asked to sign a paper saying I would pay if Medicare would not. Medicare has never refused to pay for any test I have needed, so I naturally signed the paper and had the test performed.

Now Dreyer is charging me \$253 (the full amount of the scan) because the test was performed a week too early. I never would have had the test done early if I'd been told it wouldn't be covered, and I

would not have signed the Dreyer paper.

I feel the mistake was Dreyer's scheduler's. I explained this to the business office. Then I was told they would credit my account \$100 but not the rest because I signed their paper.

Please help me.

— *Barbara, Aurora*

After reviewing the account past-due and appeal denial letters sent to Barbara by Dreyer, along with an explanation of benefits from Medicare Part B, I noticed something. Though Dreyer was unwavering in its assertion that Barbara was responsible for payment of the bone density scan, her Medicare EOB contained the following note: "You didn't know this service isn't covered so you don't have to pay. If you paid and do not receive a refund from your provider, you have 6 months to send a copy of this notice, your provider's bill, and proof that you paid to the address on the



CATHY CUNNINGHAM
Help Squad

last page of this notice."

With this information in hand, I called 1-800-MEDICARE and spoke with a customer service representative. Upon introducing myself, I was told all media inquiries must be directed to the Advanced Resolution Center and someone from that department would call me back within the next seven business days. Seven days for a return phone call? That wouldn't do. So I tracked down Centers for Medicare & Medicaid Services Chicago Regional External Affairs representative Gregg McAllister to explain Barbara's situation and ask him about the note on her EOB. McAllister began looking into her situation immediately, and two days later sent this email: "A caseworker is looking into the issue and will update [Barbara] when we have a resolution."

Two days later, Barbara reported: "I received a call from Medicare. The representative said I was not to pay the bill to Dreyer Clinic because the doctor made a

mistake. He did not say what the mistake was. [He gave me a number to call] if I receive another bill, or even a phone call, from Dreyer. No harassment will be allowed. He said they will deal with Dreyer.

"Then today another Medicare representative called, and she was wonderful. I asked what mistake the doctor made and she said Dreyer should have known I was a high-risk patient and that the test should have been coded as such. She said the same thing; they will deal with Dreyer. I'm to call her if I get another bill, phone call or any other harassment. I thank you from the bottom of my heart for your help."

I asked McAllister if there were ways to avoid a situation like Barbara's. His advice was to "[W]ork with a trusted provider to ensure all coverage requirements are met." He added Medicare beneficiaries can access its website to check the status of their eligibility and access claims information.

Need help?

Send your complaints and column ideas to HelpSquad@pioneerlocal.com.

Cathy Cunningham is a freelance columnist.

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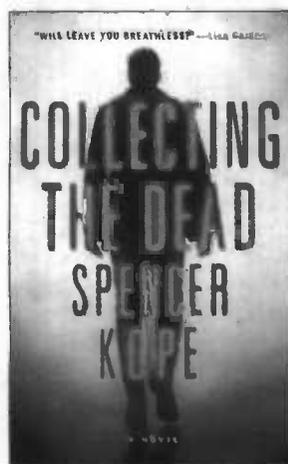
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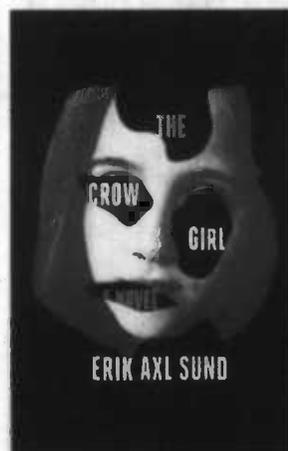


Collecting the Dead

By Spencer Kope, Minotaur, 320 pages, \$25.99

Magnus "Steps" Craig, the FBI tracker introduced in Spencer Kope's auspicious debut, "Collecting the Dead," was born with a gift that guaranteed his future. He can see the "shine" left behind by serial killers — "every touch, every footfall, every cheek on a pillow, every hand on a wall" — and has used his secret talent to stop no less than 17 such monsters in the last five years. His failed efforts haunt his dreams, and tromping through darkened forests would give him the willies even if he wasn't searching for bodies. But the emotional attachment to the victims he develops keeps him going. And when he uncovers the names of young women being targeted by the prolific Sad Face — a new threat who leaves behind finger drawings of downturned mouths — Steps becomes obsessed with preventing their killings. Fortunately, he has in Special Agent Jimmy Donovan a partner who provides the anchoring presence he needs to get the job done. He also can take a break from his visions by donning special glasses that nullify his powers. Kope, a working crime analyst for a county sheriff in Washington State, avoids the histrionic low road of serial murder fiction, using his experience to enliven the plot with

the intricacies of profiling and detection. We get schooled on such concepts as "overclocking" — when the brain detects the surreal, the dangerous, the shocking" Kope's dry, unexcitable style, with its streaks of off-beat humor, further raises expectations for a "Collecting the Dead" sequel.



The Crow Girl

By Erik Axl Sund, Knopf, 784 pages, \$29.95

Swedish crime novels in the post-"Dragon Tattoo" era have offered a full slate of grotesque sex crimes, murder, torture and other precipitous drops into the human void. But there's been nothing with the cracked intensity or wild ambition of the pseudonymous Erik Axl Sund's 800-page event, "The Crow Girl." Arriving here six years after becoming a Swedish-language hit in Europe, the book unfolds in kaleidoscopic fashion, making obvious and surprising connections between past and present atrocities in places ranging from Stockholm to war-torn Sierra Leone. Child abuse is the main offering: fathers committing unspeakable things with underage girls, young boys getting mutilated, grown-up victims — or the split personalities they have developed to deal with the trauma — carrying out graphic acts of vengeance. The two central figures are Jeanette, an unhappily married Stockholm policewoman probing the dismemberment of a boy injected with anesthetic, and Sofia, a psychiatrist specializing in abuse victims to whom Jeanette turns for assistance. About Victoria, an abuse victim whose oral journals Sofia compulsively listens to, the less said the better. Sund is relentless in scraping away at both physical and psycho-

logical wounds, leaving us with scenes and images that may make you leave the room: "the wave of sour sweat as his pants fall to the floor." Ultimately, "The Crow Girl" — the first entry, I hasten to point out, in a trilogy — is unable to keep up with itself. Various stretches sag. But fired up by moral concerns, this book's engine never stops humming.

CHICAGOLAND BEST-SELLERS

1. "Me Before You: A Novel" by Jojo Moyes (Penguin, \$16).
2. "Homegoing" by Yaa Gyasi (Knopf, \$26.95).
3. "The Girls: A Novel" by Emma Cline (Random House, \$27).
4. "Alexander Hamilton" by Ron Chernow (Penguin, \$27).
5. "The Nest" by Cynthia D'Aprix Sweeney (Ecco, \$26.99).



Participating bookstores: Barbara's Bookstores (Chicago), The Book Cellar (Chicago), Seminary Co-op Bookstore and 57th Street Books (Chicago), Anderson's Bookshop (Naperville), The Book Stall at Chestnut Court (Winnetka), Women & Children First Bookstore (Chicago), The Book Table (Oak Park), The Bookstore (Glen Ellyn), The Book Bin (Northbrook), Lake Forest Book Store (Lake Forest).

NEW IN PAPERBACK



The Fishermen: A Novel

By Chigozie Obioma, Back Bay, 297 pages, \$15.99

Obioma's debut novel is told through the voice of 9-year-old Benjamin, the youngest of four brothers. "The Fisherman," a modern take on the biblical story of Cain and Abel, takes place in the '90s in a small Nigerian town where, left unsupervised, the boys skip school to go fishing. On their way back home, a deranged homeless man makes a prophecy to the oldest: One of his siblings will kill him.



And West Is West: A Novel

By Ron Childress, Algonquin, 315 pages, \$15.95

Childress demonstrates the snowball effect of people's actions with the help of his two main characters. Jessica, a young Air Force drone pilot in Nevada, is ordered to launch a missile against a terrorist, risking the deaths of innocent civilians. Meanwhile, Ethan, a Wall Street analyst, helps his company gain from these anti-terrorist strikes. They both end up being shunned by the same flawed systems in which they participated.



The Memory Painter: A Novel of Love and Reincarnation

By Gwendolyn Womack, Picador, 320 pages, \$16

"The Memory Painter" follows the story of Bryan Pierce, a world-renowned painter with a dark secret: His inspiration comes from lucid dreams. Pierce interprets them as flashbacks from another life, and his encounter with neurogeneticist Linz Jacobs only deepens the mystery. He dreams of a team of scientists close to discovering a cure for Alzheimer's, who died in a lab explosion decades ago. As Linz and Pierce get closer to the truth, a killer plots to stop them.



The Most Good You Can Do: How Effective Altruism Is Changing Ideas About Living Ethically

By Peter Singer, Yale University, 211 pages, \$16

Singer, an Australian philosopher, investigates effective altruism, which implies that living a virtuous life means doing the "most good you can do." Singer shows that by being highly altruistic, many remarkable people achieve personal satisfaction. The book offers practical ways to live less selfishly and do more by taking a pragmatic approach to charitable giving.



The War at Home: A Wife's Search for Peace (and Other Missions Impossible)

By Rachel Starnes, Penguin, 245 pages, \$16

Starnes' memoir documents her life as the wife of a Navy pilot and a mother of two. After growing up with an absent father due to his job away from home, Starnes swore to avoid making her parents' marriage mistakes. Insecurities surrounding parenthood and struggles to find a sense of home are interlaced with lighthearted moments like the time she and her husband spent their honeymoon in a van.

— Andreea Ciulac



puzzle island

For interactive puzzles and games go to chicagotribune.com/games

Presidents' Day: A few months early

BY FRED PISCOP | EDITED BY STANLEY NEWMAN
(stanxwords.com)

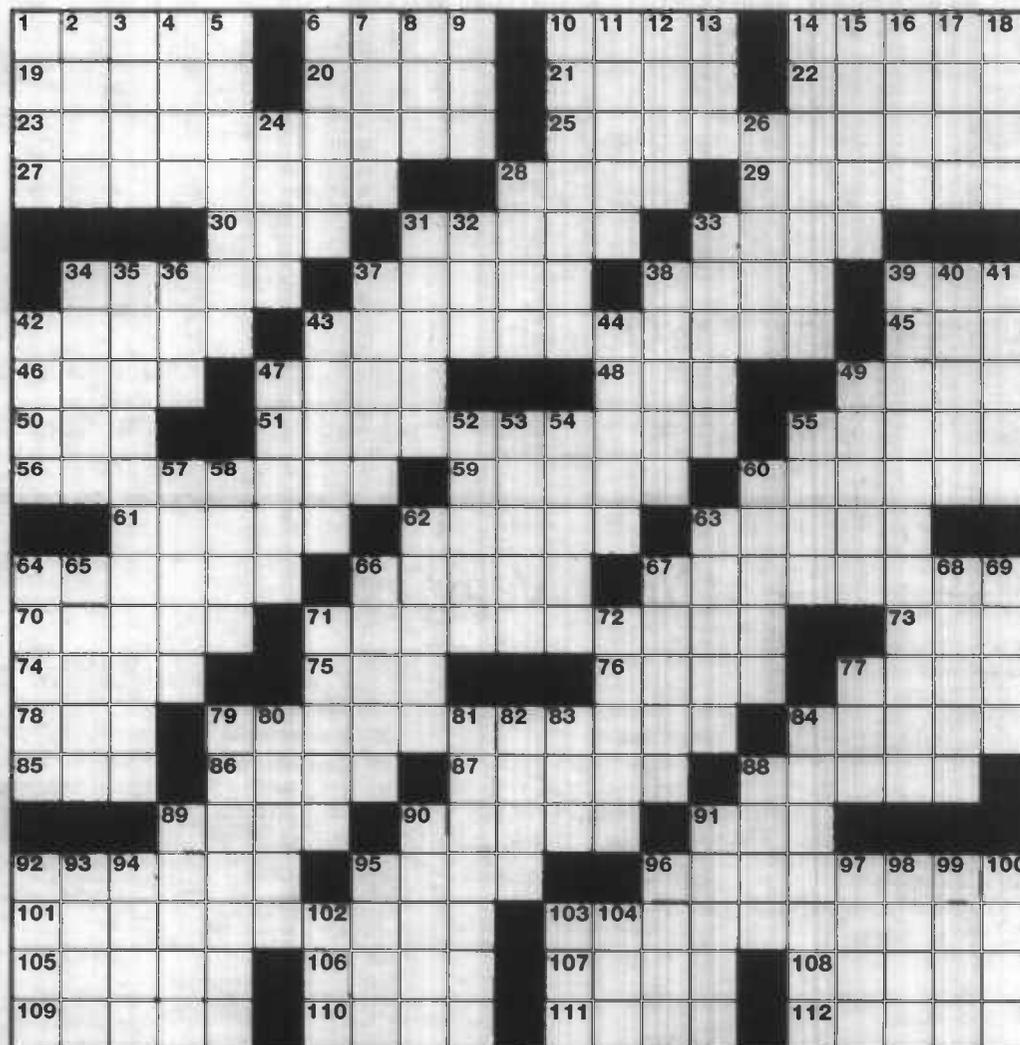
Across

- 1 Must, slangily
- 6 Bar mixer
- 10 Dealer's pursuer
- 14 Payroll listing
- 19 Of hearing
- 20 Took off on
- 21 Venerable cookie
- 22 Sheer linen fabric
- 23 *Dilbert* cartoonist
- 25 Bluegrass mandolin great
- 27 Sort of exam
- 28 Avon alternative
- 29 Short round of tennis
- 30 Bumped into
- 31 Things to crack
- 33 Tried to elude a tag
- 34 Ballerina painter
- 37 Golf-club parts
- 38 Small snack
- 39 Computer capacity, for short
- 42 Western neckties
- 43 "Fire and Rain" singer
- 45 Timeline slice
- 46 Beef cut
- 47 Impair
- 48 --Caps (cinema snack)
- 49 Door sign
- 50 Prefix for metric
- 51 *Shaft* score writer
- 55 Giggle
- 56 TV fund-raiser
- 59 Glowing reviews
- 60 Reef formers
- 61 "That is to say ..."
- 62 Deserve
- 63 Committee runner

- 64 Lease signer
- 66 Nasal partitions
- 67 Hung around
- 70 Spanish national hero
- 71 Modeling agency founder
- 73 Suffix for secret
- 74 USAF truant
- 75 Geese flight pattern
- 76 "Got it"
- 77 Not guaranteed
- 78 Animation collectible
- 79 Aerosmith's lead singer
- 84 Appall
- 85 QVC competitor
- 86 Corn product
- 87 Doctoral exams
- 88 Protester's chorus
- 89 Out of alignment
- 90 Barbers
- 91 Witty remark
- 92 Not getting enough credit
- 95 Call to a sea dog
- 96 Defensive fence
- 101 *Ain't Misbehavin'* star
- 103 Father of Janet and La Toya
- 105 Spin doctor's concern
- 106 Added stipulations
- 107 One for the road
- 108 Rose rapidly
- 109 Skycap, often
- 110 Sit for a shot
- 111 Title in Uncle Remus stories
- 112 Makes uniform, say

Down

- 1 Sound of surprise
- 2 Post-pun comment
- 3 King Priam's home
- 4 Body art, for short
- 5 Some Nissans
- 6 Camp David
- 7 Accords signer
- 8 October birthstone
- 9 Party person, in headlines
- 10 Words from sponsors
- 11 Most lofty
- 12 Coloraturas' deliveries
- 13 Bank (on)
- 14 Rank above maj.
- 15 More poker-faced
- 16 In great shape
- 17 What snobs put on
- 18 Polar bear's resting place
- 19 Linear measures
- 20 Seasoned experts
- 21 Very, on a score
- 22 "To a ..." works
- 23 Sign of a pause
- 24 Soccer stadium shout
- 25 Fodder holders
- 26 Extinguish
- 27 First film Tarzan
- 28 Party, in headlines
- 29 Clear wrap
- 30 Amanda of *Hairspray*
- 31 Henry Higgins
- 32 Henry Higgins
- 33 Shakespearean sprite
- 34 Defeats at chess
- 35 Telly watcher
- 36 Chief Argonaut
- 37 To this point



Last week's answers appear on the last page of Puzzle Island

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- 47 Part of a drum kit
- 49 Macabre
- 52 Fancy flapjack
- 53 Western writer
- 54 Of birds
- 55 Perfectly
- 57 Some smartphone messages
- 58 Wait on
- 60 Say "Tsk!" to
- 62 Big brawl
- 63 Utensil for apples
- 64 Show the ropes to
- 65 *The Princess Bride* star
- 66 Holey holder
- 67 Manages to elude
- 68 Boot out
- 69 Place for a blotter
- 71 Notable function
- 72 Jam-packs
- 77 "Now I get it!"
- 79 Two-Oscar Tracy
- 80 South Pacific kingdom
- 81 Just as good
- 82 Highchair part
- 83 Talk nonstop
- 84 Stand-up routines
- 88 Soft drink
- 89 Protrusion
- 90 Gets rid of
- 91 Thatcher-Blair link
- 92 Storage rental
- 93 Verne submariner
- 94 Venetian blind piece
- 95 Periodic table fig.
- 96 Sampras of tennis
- 97 Variety-show segment
- 98 Italian wine region
- 99 Human dynamo
- 100 Extremities
- 102 Kanye West's music
- 103 Sharp comment
- 104 Dickens' *Mutual Friend*

Quote-Acrossic

- Define clues, writing in Words column over numbered dashes.
- Transfer letters to numbered squares in diagram.
- When pattern is completed, quotation can be read left to right. The first letters of the filled-in words reading down form an acrostic yielding the speaker's name and the topic of the quotation.

Clues Words

- A. Truman's Secretary of State
 B. Peace officer
 C. Wet happening
 D. Enthusiasm
 E. Ho-hum event
 F. Close-following march: 2 wds.
 G. Wuthering Heights family
 H. Witness: var.
 I. Ski maneuver
 J. Ineffective
 K. Ljubljana resident

- L. Sparkle
 M. Organization
 N. Grumbler
 O. Warm
 P. Down Under wind Instrument
 Q. Impressive
 R. 20 per cent of Canada's land
 S. Freedom of expression need
 T. Majestic
 U. Small-time
 V. Wimpy at times

1	J	2	M	3	E	4	B	5	A	6	N	7	R	8	F
9	P	10	I	11	B	12	L	13	S	14	H	15	P	16	O
17	Q	18	T	19	B	20	U	21	I	22	H	23	P	24	E
25	G	26	C	27	N	28	F	29	I	30	H	31	V	32	O
33	T	34	G	35	U	36	S	37	E	38	L	39	J	40	D
41	M	42	R	43	C	44	S	45	P	46	K	47	N	48	B
49	A	50	V	51	C	52	N	53	L	54	F	55	P	56	M
57	A	58	S	59	F	60	I	61	G	62	K	63	Q	64	R
65	H	66	P	67	U	68	D	69	G	70	T	71	F	72	L
73	S	74	O	75	K	76	V	77	A	78	P	79	R	80	G
81	S	82	Q	83	T	84	V	85	J	86	B	87	F	88	I
89	E	90	Q	91	K	92	L	93	O	94	B	95	S	96	V
97	D	98	U	99	C	100	T	101	Q	102	A	103	U	104	S
105	G	106	I	107	A	108	O	109	K	110	E	111	J	112	H
113	T	114	D	115	B	116	R	117	C	118	V	119	M	120	P
121	L	122	N	123	G	124	Q	125	P	126	C	127	H	128	I
129	K	130	F	131	V	132	A	133	O	134	L	135	U	136	R
137	J	138	B	139	M	140	L	141	S	142	Q	143	E	144	N
145	T	146	F	147	I	148	H	149	K	150	O	151	J	152	C
153	L	154	H	155	U	156	P	157	N	158	R	159	D	160	G
161	S	162	L	163	O	164	M	165	T	166	B	167	V	168	Q

Last week's answers appear on the last page of Puzzle Island

By Robert O'Neill.
 Edited by Linda and Charles Preston.
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Eat Your Veggies!

BY CHARLES PRESTON

Across

- General Bradley
- Respond to stimuli
- ___ in one's bonnet
- Hawser
- Islam's god
- "___ I say, not..."
- Pugilistic trademarks
- AWOL, maybe
- Mortar adjunct
- Arabian Sea gulf
- Sonneteers
- Certain cat
- Mansion feature
- Addition
- Non-producer
- ___ Maria
- Disencumbers
- Intimidate
- Bakery items
- Expert
- ___ *Entertain You*
- Category
- End
- Deli choices
- Kind of buddy

- Neighbor of Java
- Sudden
- Equidistant
- Garden crop
- Food fish
- Remainder, to Pierre
- Like some pockets
- Tennis great
- Overfull
- Goldwater and Moynihan: abbr.

Down

- Killer whale
- Biblical land
- Southern constellation
- Frees
- Roof beam
- Miss Terry
- Yucca's kin
- Rookery sound
- Get ___ : understand
- ___ *Fideles*
- Ships' officers
- Peerage type

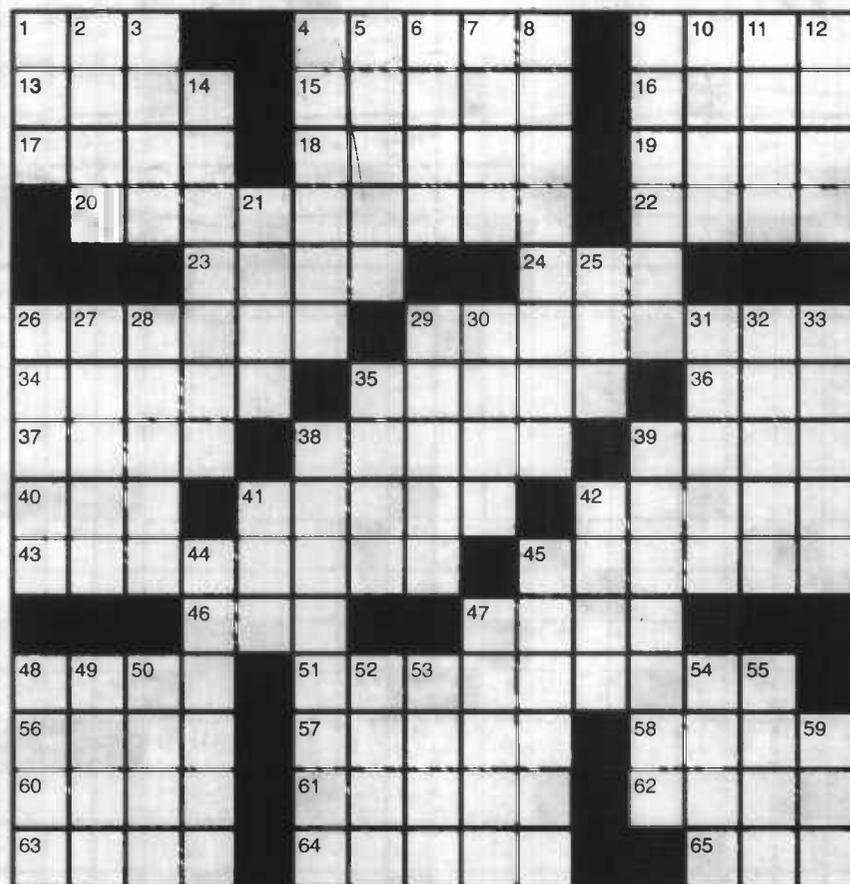
- Being, to Ovid
- Reference aid
- Canadian official
- Likely to
- Corday's victim
- In reserve
- Forest floor feature
- Trap and snare
- Stave off
- Agreeable words
- Fact or figure
- They signify
- Risky
- Speech problems
- Of the throat
- Dessert choice
- Contorted
- Run up
- Mr. Eban
- Bikini uppers
- Attention-getter
- Clare Boothe ___
- Vingt- ___
- Landing craft
- Pasture land

1	2	3	4	5	6	7	8	9	10	11	12	13	
14				15					16				
17				18					19				
20								21					
			22				23						
24	25	26				27					28	29	
30						31					32		
33						34					35		
36						37					38		
39						40					41		
			42						43				
44	45						46				47	48	49
50							51						
52							53				54		
55							56				57		

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Crossword



By Jacqueline E. Mathews. © 2016 Tribune Content Agency, LLC. All rights reserved.

7/13/16

ACROSS

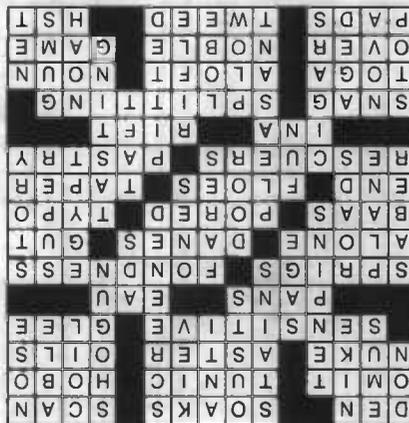
- 1 Lion's lair
4 ___ up; absorbs
9 Read over quickly
13 Leave out
15 Loose-fitting upper garment
16 Bum
17 Heat in the microwave
18 Daisylike flower
19 Thomas Kinkadee's paints
20 Touchy
22 Delight
23 Items in a set of cookware
24 ___ de cologne
26 Bits of parsley
29 Affection
34 Isolated
35 Actress Claire
36 Abdomen
37 Flock cries
38 ___ over; studied intently
39 Clerical error
40 For days on ___; continually
41 Sheets of ice on the ocean
42 ___ off; diminish gradually
43 Saviors
45 Danish, for one

- 46 ___ nutshell; briefly
47 Fissure; split
48 Unexpected obstacle
51 ___ up; dividing
56 Caesar's robe
57 In the air
58 Part of speech
60 Trip ___; stumble on
61 Chivalrous
62 Sporting event
63 Cushions
64 Rough woolen fabric
65 FDR's follower

DOWN

- 1 Actor Knotts
2 Huge birds from Australia
3 Athletic shoe brand
4 Indelible marks
5 Kicks out
6 One opposed
7 Ukraine's capital
8 Examined job applicants
9 Military leader of old Japan
10 Form a spiral
11 Capable
12 Snout

Solutions



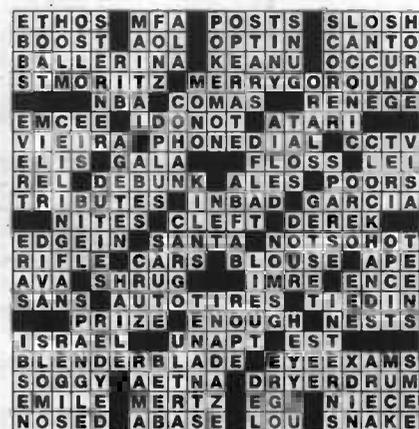
- 14 Bowling
21 Cooking herb
25 Promos
26 Curved sword
27 Glider or 747
28 Streets
29 Taxi prices
30 Singles
31 Cairo's nation
32 "Terrific"
33 Tale
35 Entryway
38 Nice; cordial
39 Sampling
41 Make ___ of; ridicule
42 20th-century U.S. president
44 Cuban exports
45 Like prunes with the stones removed
47 Soldier's gun
48 Go no further
49 ___ Scotia
50 Over the hill
52 Farm machine
53 Part of the ear
54 Flood survivor
55 Periodontist's concern
59 Hair bonnet



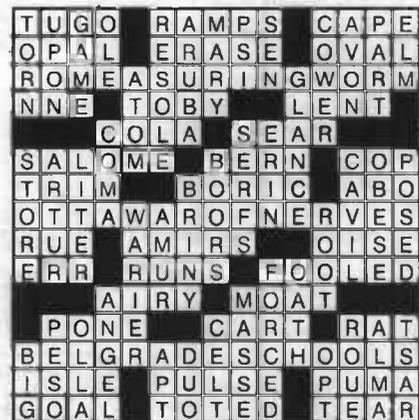
puzzle island solutions

Last week's crosswords

"In Rotation"



"Making Capital?"



"First Cuts"



Last week's Quote-Acrostic

(Scott) ADAMS: HOW I SAVED THE EARTH: To construct your ultimate green home using twigs, pinecones, and abandoned bird nests, the architect will demand Immunity against beavers eating supporting walls, crushing your family under forest debris.

Last week's Sudoku

7	3	1	8	9	6	2	5	4
5	9	6	2	4	1	7	3	8
8	2	4	3	5	7	9	6	1
1	7	8	4	6	2	5	9	3
2	6	9	1	3	5	8	4	7
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This week's Jumble

CURFEW STUDIO BELLOW
HEALTH BUTTON SHAGGY

When Agatha Christie's funeral service was over, they said —

THAT'S ALL SHE WROTE.

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Interactive puzzles and games

What he wants, what she's thinking about sex

A man sees a beautiful woman walking down the street, and his mind automatically thinks about what it would be like to sleep with her. On the contrary, a woman sees that same beautiful woman, and she wonders what color her lipstick is and where she got her cute handbag.

While not the case with all men and women, this example illustrates the male gender's spontaneous desire for sex, and the frequency of his sexual thoughts, according to Suzy Olds. Olds is the founder of relationship wellness company After Nine Tonight, which offers tasteful, implied sexual content videos to help monogamous couples reignite the spark in their relationships.

I sat down with Olds to talk about the fundamental differences men and women have when it comes to the need and desire for physical intimacy, and what couples can do to get on the same page in the bedroom.

"Testosterone drives the physical need for sex for men. They don't need to plan ahead," said Olds, a wife and mom of two, who spent several years researching the subject before launching the company with her husband, Doug. "Women on the other hand have more of a responsive sexual desire, which means she's not thinking about it, but once there is a trigger — once a man starts touching or kissing her, she becomes aroused."

Olds said when a man wants sex and his spouse declines, it is usually because the emotional connection is missing; something a woman needs to spark her desire. Also, lack of sex in a marriage can lead to a disconnect, two partners functioning like independent entities rather than a team, a breakdown of the marriage due to resentment, and the potential for cheating. So, how does a couple achieve a healthy, loving emotional connection?

"Have a conversation about intimacy," Olds said. "This is often difficult for couples because sometimes talking about sex is more intimate than the sex itself."

Olds said it's not easy to be vulnerable and that you might hear things you don't want to hear.

"For example, one of you might think you are having great sex, but the partner



JACKIE PILOSSOPH
Love Essentially

"Sometimes talking about sex is more intimate than the sex itself."

— Suzy Olds

feels otherwise. This needs to be talked about openly," she said.

Also, getting in the mood takes a lot longer for women. Olds said a woman needs time to shut down all the multiple tasks going through her mind, and that men sometimes don't understand that because they can shift to having sexual thoughts so much more rapidly.

Olds suggests that if a man wants to have sex, he should take on some of the tasks involving kids and tell his spouse to go unwind, take a bath and maybe have a glass of

wine so her mind is more at ease and open to the idea of sex.

When readers email me asking advice for lack of sex, here is what I tell each gender:

Men: No woman wants to have sex with a man who is mean to her, who disrespects her, who treats her badly, or who ignores her needs. On the flip side, a woman wants to have sex with a spouse who makes her feel appreciated and loved, who respects her, who is kind, who is attentive to her needs and who is helpful with chores and with the kids.

Women: If you have no interest in sex with your spouse, your issues run much deeper than "I'm tired" or "I'm not attracted to him anymore." Explore why you feel this way. Feeling good about yourself is key to feeling desire for physical intimacy, so take steps to get there if you are lacking self-confidence and self-love. Additionally, if you love your spouse, you owe it to him to give him what he needs. That said, sex should not be a chore. It should be something you do to make your spouse happy, and also to sustain a strong connection in your relationship.

Here is the good news. Oxytocin is a bonding hormone that gets released during physical touch, causing couples to feel connected. In other words, once you have good sex, your body wants more of that feeling. This is especially true for women, and will keep them thinking about sex. So next time you see a beautiful woman walking down the street, men, take steps to put your wife in the mood. And ladies, believe that you are that woman!

Jackie Pilossoph is a freelance columnist.

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Advice for those affected by allergies



DR. ANTHONY KOMAROFF
Ask Doctor K

Dear Doctor K: The weather's warming up. For me, that means one thing: allergies. Can you give me some specific advice to help keep my allergies under control?

Dear Reader: Inhaled pollen, from trees, grass and weeds, is responsible for hay fever. These allergens get into the air — and into our noses, eyes and lungs — causing the symptoms that allergy sufferers dread.

It takes only a minuscule amount of pollen to trigger an allergic reaction. And pollen is everywhere during allergy season, impossible to avoid completely. As a result, many people find that medication is necessary. But taking steps to reduce your pollen exposure can also help to lessen the severity and frequency of your symptoms.

Many people check pollen counts on weather apps or websites so they know what to expect on a given day. These can be of some help. But pollen counts can fluctuate depending on things like the weather or time of day. For example, they're usually lower on cooler, rainy days. And they're usually higher in the morning, particularly on warm days.

Trees and plants are very consistent in the levels of allergens they release into the air. In the Northeast, where I live, the pollen season starts in February or March and ends in October. In Southern states it starts earlier



GLORIA CASAS/THE COURIER-NEWS

Taking steps to reduce pollen exposure from flowers such as these can help prevent allergic reactions.

and ends later. In Northern climates, trees kick off the season, followed by grasses and finally weeds.

Here are some ways to minimize your pollen exposure:

- Stay indoors when the pollen count is high, especially on dry, windy days.
- Stay indoors between 5 a.m. and 10 a.m., when airborne pollen counts are likely to be at their highest.
- Keep home windows closed during allergy seasons, and turn on the air conditioner.
- Keep car windows closed when driving.
- Don't cut your own grass; have someone else do it.
- Don't hang clothing and bedding out to dry.
- Wash your hair before bedtime, after a day spent outdoors.

Except for very minor allergies, it's a good idea to treat your allergies and not just suffer through them. Apart from helping you feel better, timely treatment will lessen the likelihood of complications like sinus infections and blocked ears. If you also have asthma, you may find that your asthma will improve if you treat your hay fever.

If you do take allergy medicines (antihistamines, nasal steroids and so forth), start taking them several weeks before you anticipate your allergy season will start. Clinical trials have demonstrated that this strategy is more effective than starting the medicines after you have already developed symptoms.

The best medicines for moderate to severe nasal allergy symptoms are nasal sprays of medicines called glucocorticoids. Antihistamine pills are also effective. The older "first-generation" pills are more likely to cause side effects than the newer pills. Some antihistamines come as nasal sprays and are also effective. Finally, a nasal spray of a medicine called cromolyn also is effective.

Summer should be about beauty and warmth — not nasal allergies. Some combination of these approaches should help you.

Dr. Komaroff is a physician and professor at Harvard Medical School. To send questions, go to AskDoctorK.com, or write: Ask Doctor K, 10 Shattuck St., Second Floor, Boston, MA 02115.

PEOPLE'S PHARMACY PRESCRIPTIONS AND HOME REMEDIES

Will fish oil to protect the heart cause prostate cancer?

By Joe Graedon and Teresa Graedon
King Features Syndicate

Q: I have really high triglyceride levels (over 600). My cardiologist wants me to take fish oil supplements to get the triglycerides down.

I'm worried, though, because I have read that fish oil could increase the risk of prostate cancer, which runs in my family.

I'd like to know more about this problem before I start taking supplements. What can you tell me?

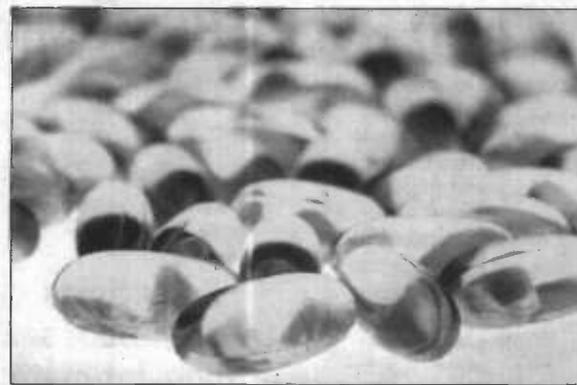
A: Fish oil and a low-carb diet can help bring down triglycerides, so your cardiologist is justified in this recommendation (Journal of Clinical Lipidology, January-February 2014).

The connection between fish oil and prostate-cancer risk is confusing. There have been studies suggesting that fish oil may protect against prostate cancer progression (Cancer Prevention Research, January 2014). Other studies indicate that men with higher levels of fats from fish oil are more susceptible to prostate cancer (Journal of the National Cancer Institute online, July 10, 2013).

A review of 36 studies over the past 20 years concluded that there is no consistent evidence of a link between fish oil and prostate cancer (Journal of the American College of Nutrition online, Nov. 23, 2015).

Q: I've been told to take my Synthroid first thing in the morning, but I've read that coffee interferes with its absorption. I hate waiting an hour after I get up before I have my coffee or breakfast. Is this really necessary?

A: Levothyroxine



KIRK MCKOY/TRIBUNE NEWSPAPERS

There's been conflicting research regarding a potential link between fish oil and prostate cancer.

(Levothroid, Levoxyl, Synthroid) is better absorbed when you have not eaten (Journal of Clinical Endocrinology and Metabolism, October 2009). Food, dietary supplements and coffee can interfere with its absorption (Thyroid, March 2008).

Taking your Synthroid at bedtime is effective, and you don't need to worry about coffee (Archives of Internal Medicine, Dec. 13/27, 2010). You can learn more about optimizing your treatment for hypothyroidism in our downloadable 25-page Guide to Thyroid Hormones, available at www.peoplespharmacy.com.

Q: I have been on tramadol (50 mg three times a day) for a couple of years due to back pain. I had surgery on my back last November and suffered complications.

For a while, I was taking a double dose of tramadol, and now my tremors are so bad that I can hardly type.

In addition to tramadol (my regular dose), I am taking bupropion SR and escitalopram. I have trouble sleeping and cannot get more than three hours of sleep at a time. I've been taking mirtazapine or alprazo-

lam to help me sleep.

Last night, I took both to try to get a solid night's sleep, but I woke with a horrible headache. I almost passed out when I tried to stand up.

Does this sound possibly like serotonin syndrome? My job is clerical in nature, and if I cannot type due to tremors, I'm unable to do my job.

A: You are taking three drugs (tramadol, escitalopram and mirtazapine) that can affect the brain chemical serotonin. The combination might well lead to excess amounts of this neurotransmitter. That could trigger serotonin syndrome. Symptoms of this condition include agitation, tremor, confusion, uncontrollable muscle contractions and elevated blood pressure.

Do not stop any of your medications suddenly, especially tramadol. Please consult your doctor and pharmacist and ask them to check for drug interactions. They may be able to design a gradual taper for your medications so that you will no longer suffer from tremors.

In their column, Joe and Teresa Graedon answer reader letters. Send questions to them via www.peoplespharmacy.com.

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trbcht-129712

By Nara Schoenberg
Tribune Newspapers

Does your preschooler throw a fit when you deny him a second cookie?

Does your tween lounge on the couch as you haul bag after bag of groceries into the house?

In this age of more responsive — some would say permissive — parenting, most of us have moments when we ask ourselves, “Has my kid just stepped over the all-important line that separates ‘spirited,’ or ‘confident’ from ‘a complete brat?’”

For answers, we recently turned to Elaine Rose Glickman, a parenting columnist at Sarasota, Fla.’s Mommy Magazine and author of the new book “Your Kid’s a Brat and It’s All Your Fault: Nip the Attitude in the Bud — from Toddler to Tween.”

Glickman, the mother of three, ages 16, 14 and 12, says certain behaviors are giveaways: When your preschooler whacks you on a regular basis, you have a brat problem. Ditto if your little darling is in the habit of ordering you around or telling you to shut up. But even the best-behaved kids whine, disobey and act up from time to time, so, Glickman says, it’s important to look at the big picture.

“When I think of what makes a brat, it’s a child who really thinks first and foremost of themselves, and either has ceased or is ceasing to look to parents as a source of guidance and authority,” she says.

That’s not necessarily the tween who lies on the couch as you unload the groceries, but it could be the tween who doesn’t respond when you ask for help.

Similarly, the kid who asks for a treat at the grocery store checkout line is, well, being a kid. But the kid who regularly demands and receives a treat without any show of gratitude has entered the danger zone.

“When the attitude is that they’re this monarch accepting (checkout line) tribute, that’s no good,” Glickman says.

“And also from your point of view, it’s bad enough that you had to go through the shopping, then at the very end to be embarrassed and miserable and beaten down? What about you?”

Glickman suggests asking yourself three questions when making your overall brattiness assessment.

BRINGING UP A BRAT?

How to tell if your child’s behavior has crossed the line from ‘spirited’ to downright obnoxious



How do you feel in your interactions with your child?

There’s such pressure in modern parenting to always be cheerful and positive, that we can forget to listen to our inner warning signals, Glickman says.

“If you’re feeling that there’s something that’s gone wrong with your relationship with your child, if you’re watching the way they’re behaving with you, with others, and you sometimes have a bad feeling in your stomach or a sinking feeling in our chest, or if you find that you dread certain types

of interactions with your children, I think you have to listen to those feelings,” Glickman says. “That’s a sign that something’s gone wrong.”

Consider the whining preschooler: She says she wants a cookie. You politely tell her no. She whines for the cookie. You tell her no. She whines for the cookie again. You tell her to stop whining. She whines for the cookie again. You give in and regret it immediately.

It’s important to teach your kid that when you say no, you mean

no, and not just for your sake, Glickman says. It’s very scary for a young child to feel like she is in charge; she needs to feel that you’re strong and powerful enough to keep her safe. There’s nothing wrong with offering a detailed explanation the first time you say no to the pre-dinner cookie, but after that, Glickman suggests, stick with something more streamlined, such as “No cookie before dinner; that’s the rule.”

“It’s important to bring your child on board and engage them — to a point,” she says. “But engaging

in protracted negotiations with a 3-year-old? It’s just something that you don’t want to do.”

How would you view your kid’s behavior if he weren’t your kid?

Maybe you can understand when you pick your tween up from school with a cheery “How was your day?” and he just grunts or puts in his earbuds or starts texting his friends.

He’s had a hard day, right? He needs his downtime.

OK, Glickman says. Let’s turn this around. What if it was your son’s best friend who was giving his mom the silent treatment? What would you think then? Most likely that he was being really disrespectful, not to mention unappreciative, and it was time to step in and demand some basic human courtesy.

How does your kid respond when you correct her behavior?

Glickman tells a disturbing story of eating dinner with a friend and her preschool child. The child, who was sitting on his mother’s lap, wanted another dinner roll. The mother said no: “Sweetie, you’ve had enough rolls. The chicken’s coming soon. We’ll wait for that.”

The child didn’t cry or fuss. He just turned around and casually socked his mother in the mouth.

“You could tell he’d done it a million times,” Glickman says.

Most kids aren’t hitting their parents on a regular basis, but it’s important to look at how they respond to correction, Glickman says.

“When you work to get your child to stop whining, do they indeed stop whining?” she asks.

“When you tell your tween, ‘Please hop up and give me a hand bringing in the groceries,’ do they say, ‘Oh, sure,’ or do they ignore you? Do they engage in some bratty behavior but still respect your authority as a parent?”

In her book, Glickman offers a range of strategies for taking back your authority, including not giving in at the checkout line. It’s not fun scooping up your groceries as your kid howls for Mentos, but it does send the message that there’s a new sheriff in town, and she’s not an automatic candy dispenser.



MEGAN CHAFFIN PHOTOS

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Tyler Tsagalis NOTRE DAME COLLEGE PREP FOOTBALL

Tyler was the Athlete of the Month in November. He helped his team the Dons win a conference football title, the first for school in 29 seasons. Despite falling to Marist in the first round of the playoffs, Tsagalis remembered the special conference title game. "To win the conference championship and finish 8-1, I don't think I'll ever forget that." Tsagalis set program records for passing yards (1,970) and touchdown passes (18) in a season, ran for 667 yards and nine touchdowns, and is committed to play at South Dakota. Congratulations to Tyler Tsagalis on being awarded the Athlete of the Month and the Community Choice Athlete of the Year.

Congratulations to All the Previous 2015 - 2016 Athlete of the Month Winners



SEP

**Nikl Ahlstrand
Senior**
Maine East High School
Volleyball



OCT

**Conor O'Neill
Senior**
Notre Dame College Prep
Soccer



NOV

**Tyler Tsagalis
Senior**
Notre Dame College Prep
Football



DEC

**Barrington Wade
Senior**
Niles North High School
Football



FEB

**Jon Arenas
Senior**
Maine South High School
Basketball



MAR

**Caleigh Pistorius
Freshman**
Maine South High School
Gymnastics



APR

**Martin Barr
Senior**
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COMEDY

The 'Queen of Mean' Lisa Lampanelli comes to town

BY MYRNA PETLICKI
Pioneer Press

The Queen of Mean is actually kind and sensitive.

There, I've said it. I'll tell you how I know later. First, I want to assure Lisa Lampanelli's legion of fans that the celebrated stand-up comedian will be tossing insults in her usual witty way on July 22 at the North Shore Center for the Performing Arts in Skokie. Rest assured her targets will include people of every age, race, color and sexual orientation.

Lampanelli explained how that mean scene began. "About nine months into doing standup, I really got into doing crowd work," she said. "I loved messing with the crowd. Nobody was getting offended; everybody was having a good time, so I went with it."

She was also inspired by having watched the Dean Martin roasts when she was a child. "I thought that was what stand-up was," she said. "I thought you were with a group of friends, hanging out, having a good time and making fun of each other."

That training has come into play during Lampanelli's frequent appearances on Comedy Central and Friars Club roasts. Her targets have included Jeff Foxworthy, Pamela Anderson, David Hasselhoff, Betty White, Flavor Flav, Donald Trump and others.

Shy audience members need not fear being singled out. Lampanelli has a way of knowing who will make a willing target. "They have to show an openness to it," she noted. "It's body language. It's their laughing along. If they're really present. You sense that they can take a joke; that they're not really inhibited. You put a little something out there. If they laugh along, you keep going."

If Lampanelli picks someone who looks embarrassed, she will move on to someone else. "We don't get paid to make people miserable, we get paid to make them laugh," she said.

In addition to touring across the country, Lampanelli has had two acclaimed one-hour HBO comedy specials, "Long Live the Queen" and "Dirty Girl." She is also the author of an autobiography, "Chocolate, Please: My Adventures in Food, Fat and Freaks."

Lampanelli's latest project is her play, "Stuffed," in which she discusses weight, body image and food issues from the perspective of four different women.

I heard a portion of the piece when Lampanelli presented it at the Dramatists Guild Conference in California last year. That was



DAN DION

Stand-up comedian Lisa Lampanelli performs at the North Shore Center for the Performing Arts July 22.

Lisa Lampanelli

When: 8 p.m., July 22

Where: North Shore Center for the Performing Arts, 9501 Skokie Blvd., Skokie

Tickets: \$48-\$68

Information: 847-673-6300; northshore-center.org

my first indication of Lampanelli's tender, loving heart. (Other indications include learning that she took a friend's 10-year-old daughter out to lunch because the friend had a biking accident, and discovering that she hosts a weekly game night at her home so her mother can get out of her own house.)

Initially, Lampanelli planned to focus on her own experiences in "Stuffed." At that Dramatists Guild Conference, though, composer and lyricist Stephen Schwartz encouraged her to use three other actresses and herself, because he felt that would make the piece "more universal," she said.

"I interviewed a bunch of women and wrote three other characters," Lampanelli said.

Finding subjects was no problem. "I'm in my house now. I could throw a rock and find 15 people with eating disorders," she said. "I also met with a bunch of women I know who are comics and actors and talked about it. Now it's a full-blown play that's going to open in New York in the fall."

SHOW

Bond, Disney, Streisand on tap for movie music concert

BY MYRNA PETLICKI
Pioneer Press

Jenny Farney is inviting everyone to join her on a sentimental journey.

The Northfield native will share some of her favorite film songs when she presents, "Let's Go to the Movies," July 22 at the Skokie Theatre.

"I'll have three major medleys," Farney reported. "I'll do three popular songs from James Bond movies. I'll have a Barbara Streisand medley highlighting the songs from the movies that she's been in. And I'll have a Disney medley."

She will also sing a variety of hit songs from other films, including, "I Will Always Love You," "Somewhere Over the Rainbow," "Unchained Melody" and "Think."

"I'm trying to do a mix of older movies with newer movies," Farney said. "Basically, anything that is familiar and grandiose."

She will be backed by a five-piece band led by music director David Bugher.

In addition to singing songs from films, Farney will talk about the movies in which they were sung and show some clips.

She has been putting this show together for a year. All of the songs were arranged by Las Vegas-based Robby Wingfield.

Farney, who has been singing since she was 8 years old, joined all three choirs at New Trier High School during her junior and senior years. She also took an advanced acting course and dance classes at the school.

Her next stop was the University of Michigan, where Farney earned a bachelor's degree in vocal performance.

After graduation, Farney began performing on cruise ships, which she continued



JENNY FARNEY

Jenny Farney presents her program of movie music at the Skokie Theatre July 22.

'Let's Go to the Movies'

When: 8 p.m., July 22

Where: Skokie Theatre, 7924 Lincoln Ave., Skokie

Tickets: \$25

Information: 847-677-7761; skokie theatre.com

doing on-and-off for nine years. "In-between some of the contracts on cruise ships, I did a show in Vegas and then took that show to Reno, Nevada," Farney said.

Farney revealed that she created, "Let's Go to the Movies," "with the hope that it will get picked up as a headlining act on a cruise ship." The singer knows what cruise ship audiences like, she said. "They really love anything that is nostalgic. They like familiar music," Farney said. "And nothing is more nostalgic and memorable than what we've seen in the movies."

She plans to record the show at the Skokie Theatre so she can send it to agencies that book cruise ship

performers.

The singer returned to the Chicago area a year ago. "It's my home base and I always longed to plant roots somewhere again because I've been traveling so much over the last 10 years," she explained. "I always knew that when I wanted to plant roots, it would be back here."

Since January, Farney has been singing every Saturday night in the front room at Davenport's Piano Bar & Cabaret with her music director Bugher. She also sings for Evanston-based Arlen Music Productions, an entertainment company that provides live music for events.

Farney is excited to be premiering "Let's Go to the Movies" at the Skokie Theatre. "This show is going to be so great for the regulars who are used to going to the Skokie Theatre," she declared. "It's going to be music that they love. It's really a show for everybody. It spans singers throughout the generations," some of whom, Farney said, "have affected my career and my development."

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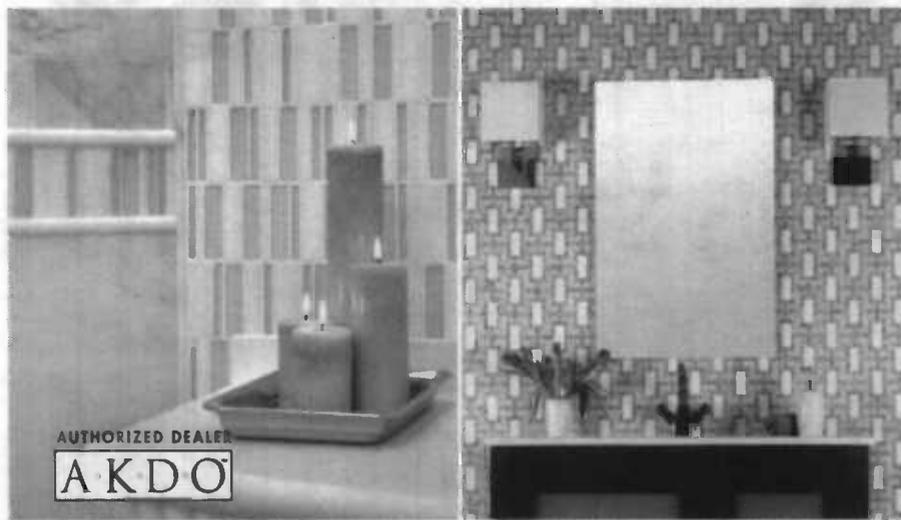
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BY MYRNA PETLICKI
Pioneer Press

Take your family on a tropical staycation during Luau Night at the Proesel Park Family Aquatic Center, 7055 N. Kostner Ave., Lincolnwood, 7-8 p.m. July 15. The event is free with daily admission or a pool pass.

The highlight will be a performance by the Barefoot Hawaiian dancers, a professional touring company that performs more than 600 shows each year. Wearing colorful, authentic traditional costumes, they will perform Polynesian, Hawaiian and Tahitian dances as well as dances from other neighboring islands.

There will also be games and food.

The Aquatic Center was designed to be enjoyed by all ages. There's a fenced children's area for ages seven and younger, that has interactive water toys and a miniature water slide. A zero-depth pool also has interactive water toys, as well as water sprayers and two full-size water slides. There's also a 50 meter by 25 meter main pool with two one-meter diving boards and one three-meter diving board.

For details, call 847-673-6870 or go to www.lincolnwoodil.org.

Jam with Jodi

Kids will get a workout during Jodi Koplin's Jigglejam, 11 a.m. July 16 at WIP Theater, 6670 N. Northwest Highway, Edison Park. Koplin will be joined by the Jigglejam Band and the JiggleKids Chorus. The interactive show will feature tunes from Koplin's first two CDs, "Kangarooster" and "Jumpin' Bean," as well as from her soon-to-be-released album, "Shake,



LINCOLNWOOD PARK DISTRICT

The Barefoot Hawaiians bring hulas and other island dances to Lincolnwood on July 15.

Rattle & Squirm." Tickets are \$10.

For details, go to www.wiptheater.com/kids or www.jigglejamproductions.com.

Sing along to every song

Miss Lori will lead a sing-along 6-7 p.m. July 20 at Fleetwood-Jourdain Playground, 1655 Foster St., Evanston. The concert is the final event in the city's Starlight Junior Concert Series.

For details, call 847-448-4311 or go to www.cityofevanston.org/starlight.

Roaming reading resource

Stock up on vacation reading materials for your kids during Summer

Splash with the Book-mobile, 4:30-5:30 p.m. July 21 at Lawler Park, 10040 Laverne Ave., Skokie. There will also be water games and treats at this drop-in family event, weather permitting.

For details, call 847-673-7774 or go to www.skokielibrary.info.

Chairman of the bored

That's how parents sometimes feel during long car trips. Kids will hear a story about that problem at an, "Are We There Yet?" Storytime, 11 a.m. July 16 at Barnes and Noble, 55 Old Orchard Center, Skokie. Dan Santat's book will be featured.

For details, call 847-676-2230 or go to www.barnesandnoble.com.



KEVIN TANAKA/PIONEER PRESS

TASTE OF PARK RIDGE RUNS JULY 14-16

Ribs grilled by JD Kapps, like these seen among last year's treats, will also be available, along with an array of foods from many local eateries, at the 2016 Taste of Park Ridge, which takes place July 14-16 at Prospect and Summit avenues. The Taste includes children's activities, film screenings in the Pickwick Theatre, a sidewalk sale and music that includes performances by 7th Heaven at 9 p.m. Friday and Libido Funk Circus at 9 p.m. Saturday. Taste hours are 11 a.m.-10:30 p.m. Thursday, 11 a.m.-11 p.m. Friday and Saturday. Complete information at www.tasteofparkridge.com.



AGEOPTIONS

NORRIDGE VOLUNTEER HONORED FOR SERVICE

Doris Gianotti of Norridge was among 48 volunteers from throughout the Chicago area honored for their service at the 41st Annual AgeOptions Luncheon and Volunteer Recognition on June 16. The award was presented by Jonathan Lavin, president and CEO of AgeOptions, the Area Agency on Aging of suburban Cook County. The event was held at William Tell Holiday Inn in Countryside. Gianotti was nominated by Seniors Assistance Center where she has volunteered for six years. Known as the "Friendly Visitor volunteer," she is compassionate, listens to older adults and is kind, reliable and flexible with her time. Her sense of fun and enthusiasm make her a favorite with all the clients she visits. More at www.ageoptions.org.

CHILDREN'S ADVOCACY CENTER HONORS NILES MAN



JOE ASENCIOS/CHILDREN'S ADVOCACY CENTER

2016 Champion of Children Award winner Sgt. John Huinker of Niles, from left, with his family, Julla Huinker, Cara Liberty, Kelly Schreiner Huinker and John Huinker, attended the 2016 "Hope, Heal, Grow Gala" at the Medinah Country Club, Medinah, where Sgt. Huinker was honored on April 30. The benefit, attended by 170 guests, raised \$195,000 for Children's Advocacy Center of North and Northwest Cook County, which supports children and families affected by sexual and physical abuse. More at www.cachelps.org.

'CHEFS AND THE CITY' RAISES \$50,000



LEE A. LITAS/PIONEER PRESS

Liz Zweifler and Steve Downes, both of Park Ridge, were among 300 guests at the 14th "Chefs and the City" tasting event, held at Chicago's Montgomery Club on June 2. The event raised \$50,000 for Heartland Health Outreach HIV/AIDS services. More at www.heartlandalliance.org.

Share your event

To submit, visit community.chicagotribune.com or email sburrows@pioneerlocal.com.

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Morton Grove... Brand New Listing! Fabulous 4th floor 2 bedroom-2 bath Condo with open floor plan! Large living rm with patio doors that open to gorgeous courtyard view! Updated spacious eat-in kitchen with travertine floor & beautiful backsplash. Large master bedroom suite with 2 walk in closets and full bath. In unit laundry. 1 car attached heated garage space + storage area. Numerous amenities include Fitness Room, Party Room, 2 elevators & car wash bay. Located near Metra Train, Forest Preserves, Bike Trails, Library, Restaurants & Shopping!! Move Right in!!.....**\$263,900**



IMPECCABLE "MORTONAIRE" SPLIT!

Morton Grove... Truly Stunning updated 5 br - 3 bath Split-level on extra large lot! Huge kitchen with Quartz counters, breakfast bar, 2 skylights, newer appliances & large eating area seats 8 with sliding doors to stone patio & landscaped yard. Updated C.T. bath with Quartz counters. Lovely dining room with custom mirrored cabinets. Hardwood floors in living room, dining room & 4 upper brs. 26' family room with newer floor. Bedroom with shared deluxe master bath & Jacuzzi. New concrete walkways & driveway. 2 1/2 car attached garage. Near park/pool!!.....**\$459,000**



ONE-OF-A-KIND CONDO!

Skokie...Pristine 6 room Deluxe Condo located in "Siena" at Old Orchard has Superb "In-Town" location near Old Orchard Shopping, Theatre, Restaurants, Bus, Train, I-94 & much more! Perfection + décor, design and view. Large living room/dining room. Exquisite upgraded kitchen with island and 2 upgraded baths. Beautiful hardwood floors and numerous extras! 2 large bedrooms. Bonus Den area. Nice balcony for outdoor enjoyment. Master bedroom suite with full bath. In unit laundry. Truly a 10++ Condo!! Must see to fully appreciate!!.....**\$399,000**



NEED MORE SPACE??

Niles...Then this is the house for you!! Fabulous Grennan Heights Ranch with 4 brs & 2 baths is located just north of the Grennan Heights Park Field House. Niles Free Bus stops at the corner. Move in condition. Main Floor Family Room + Rec Room. Updates include New Copper Water Lines. One bath redone 2 years. Kitchen cabinets 5 years. Windows 7-10 years. Roof main 7 years. Addition 2 years. Updated sump pumps. Ash hardwood Floors. Oversized lot has an additional 6 feet rear yard for pool, garden, etc. 2 1/2 car garage. Price Reduced!!.....**\$365,000**

REAL ESTATE TRANSFERS

ADDRESS	BUYER	SELLER	DATE	PRICE
902 W Alleghany Dr, # 2A, Arlington Heights	Bharti Patel	Richard Z Kwasniak	06-08-16	\$112,500
1030 S Fernandez Ave, # 3L, Arlington Heights	Klaudiusz Lech	Paul Paraskevopoulos	06-01-16	\$115,000
2700 E Bel Aire Dr, # 101, Arlington Heights	Angela T Huettinger & Kathleen Cassata	Zillinger Trust	05-23-16	\$150,000
1511 W Partridge Ln, # 4, Arlington Heights	Andrew Skwiercz	Neil Teys	05-25-16	\$151,000
1511 W Pheasant Trl Ln, # 1, Arlington Heights	Shirley Ann Nieman	Diana Terletska	05-25-16	\$175,000
3964 Newport Way, Arlington Heights	Vitaliy Onypko	Brandon G Broderick	05-23-16	\$180,000
906 N Mitchell Ave, Arlington Heights	John Paul Marcus & Vera R Boulros	Phillip D Williams	05-23-16	\$220,000
827 W Happfield Dr, Arlington Heights	Jane Brennan	Dariusz Abramowicz	05-25-16	\$232,000
707 E Euclid Ave, Arlington Heights	Mary Lou Basren	Ronald Malik	06-08-16	\$232,500
906 N Douglas Ave, Arlington Heights	Martin Napoleon & Eva Napoleon	Greene Trust	06-02-16	\$235,000
3961 W Nichols Rd, Arlington Heights	Mark Zielski	Andrew E Birner	05-25-16	\$239,000
10 S Dunton Ave, # 605, Arlington Heights	Matthew Lee Kogan	Downtown Ah Lic	05-19-16	\$250,000
1932 N Silver Lake Rd, Arlington Heights	Wojciech Wasilewski	Timothy M Murray	05-20-16	\$255,000
423 S Donald Ave, Arlington Heights	Thomas P May & Julia A May	Mary Ellen Armstrong Estate	05-31-16	\$260,000
1919 W Spring Ridge Dr, Arlington Heights	Kimberly Sheets	Jenny Hemmer	05-19-16	\$270,000
1181 S Chestnut Ave, Arlington Heights	Justin Junk & Megan Hoffman Junk	Nicholas D Ricciardi	06-01-16	\$270,000
1556 N Courtland Dr, Arlington Heights	Christopher Kim & Aejin Kim	Lawrence Fuld	06-01-16	\$273,500
44 N Vall Ave, # 505, Arlington Heights	Meivin Thoede	Keith Merkel	05-19-16	\$276,000
3141 N Daniels Ct, Arlington Heights	Ruslan I Shlain & Anna Lomeyko	Garry Airapetov	06-08-16	\$285,000
31 N Prindle Ave, Arlington Heights	Robert E Obodzinski & Charlotte C Obodzinski	Anne Stack	06-01-16	\$285,000
721 Elmhurst Rd, # G, Des Plaines	Gloria Hernandez	Federal Home Loan Mtg Corp	05-24-16	\$63,000
1348 Brown St, # 8, Des Plaines	Gina Tunar	Andrzej Kwiecien	06-01-16	\$65,000
659 S River Rd, # 1B, Des Plaines	Dhaval Shah & Nipa Shah	Bank Of New York Mellon Ttee	05-19-16	\$72,000
640 Murray Ln, # 115, Des Plaines	Ilmyeoung Kim & Hangmi Cho	Us Bank Na	06-08-16	\$81,500
1633 River St, # 3A, Des Plaines	Matthew T Darmofal	Adam Haydock	06-02-16	\$82,000
825 Pearson St, # 2H, Des Plaines	Jusien Yong & Elga Kulasic	Hristo Evtimov	06-02-16	\$93,000
9250 Noel Ave, # 1D, Des Plaines	Niel De Guzman & Louiemar De Guzman	Stefania Kosla	06-01-16	\$98,500
9382 Landings Ln, # 403, Des Plaines	Patricia Gancarczyk	Dobryanka Parvanov	06-02-16	\$100,500
9364 Golf Rd, # 1B, Des Plaines	Manish T Shah & Nancy M Shah	Bolos Lic	05-23-16	\$102,000
9419 Bay Colony Dr, # 3, Des Plaines	Malgorzata Waszak Karluk	Maureen Joyce	05-20-16	\$105,000
9265 Noel Ave, # B 6, Des Plaines	Yousif Wardah	Romeo Gozo	05-23-16	\$120,000
9395 Landings Ln, # 202, Des Plaines	Maria Cano Rojas	Rita Younan	05-19-16	\$121,000
1302 E Washington St, # B3, Des Plaines	Manjula S Panchal	Boris Girshovich	06-02-16	\$133,000
659 S River Rd, # 2A, Des Plaines	Priya A Patel	Gary T Sorensen	06-08-16	\$145,000
508 Crestwood Dr, Des Plaines	Phillip J Jenzake	Tcf National Bank	05-23-16	\$149,000
9357 Landings Ln, # 107, Des Plaines	Joseph M Homik & Klaudia Homik	Valeriy Yavor	05-20-16	\$150,500
647 Metropolitan Way, # 303L, Des Plaines	Delante T Greer	Kenneth Kramer	06-08-16	\$161,000
1491 Ashland Ave, # 4SW, Des Plaines	Obie L Arrington & Maria Dionislo Burnio	Ismet Sharich	06-08-16	\$165,000
1233 Earl Ave, Des Plaines	Rosalina Lopez	Hugo Valencia	06-01-16	\$180,000
9550 Potter Rd, Des Plaines	Monir Toma & Martina Mikhaail	Chandrakant C Soni	06-08-16	\$183,500
8815 Robin Dr, # A, Des Plaines	Gullaine L Bien Aime	Gojko Radanovic	05-25-16	\$192,000
476 Alles St, # 507, Des Plaines	Marta Szklanko	Pino J Muffoletto	05-20-16	\$198,000
319 S Wolf Rd, Des Plaines	Ignacio Mejia	K&a Realty Lic	06-08-16	\$200,000
9410 Meadow Ln, Des Plaines	Khaled Toma & Yvonne Patlo	Bank Of New York Mellon Ttee	05-23-16	\$201,000
656 Pearson St, # 703 C, Des Plaines	Sung Ah Park & Yon Klm	Sung Jin Chol	05-20-16	\$201,000
1129 S 6th Ave, Des Plaines	Dejan Todosijevic & Dusica A Jovanovic	Preferred Property Buyers Inc	05-31-16	\$208,500
9209 Brockton Ln, # 8E, Des Plaines	Jakub Aniol & Diana Dobosz	Igor Sitkovsky	05-19-16	\$214,000
6940 Lyons St, Des Plaines	Mazen Yacoub & Jehan Sheba	Rajendra Patel	06-08-16	\$215,000

ADDRESS	BUYER	SELLER	DATE	PRICE
1670 Mill St, # 202, Des Plaines	Roberto Gonzalez & Lorena Gisell Valenti	Lisa A Minaie	06-02-16	\$217,000
365 Graceland Ave, # 405A, Des Plaines	Kenneth Yoshida & Linda Yoshida	Judy A Curry	05-19-16	\$249,000
60 E Fremont Ave, Des Plaines	Srinivas Jayanthi & Rita Dugrani	Labhu O Dugrani Estate	05-31-16	\$250,000
1718 E Algonquin Rd, Des Plaines	Katie M Hesel & Jenny Cox	Mark B Johnston Jr	06-02-16	\$250,000
1451 Danbury Ln, Des Plaines	Thankachan Muttemthottil Antony & Mary J Thirunelliparambil	Vasyl Hryhorysyn	06-01-16	\$276,000
1541 Webster Ln, Des Plaines	Ismet Sharich & Almira Saric	Carlton H Hibbert	06-08-16	\$280,000
135 Ambieside Rd, Des Plaines	Cesar Sanchez & Anna Grzywa	Peter Revel	05-25-16	\$306,000
1210 Harding Ave, Des Plaines	Alexander Coolgeorgen & Anastasia Maravellas	Ryan R Suhr	06-08-16	\$310,000
2001 Eastvlew Dr, Des Plaines	Fadle A Awawdah	Nationstar Mortgage Lic	05-20-16	\$314,500
446 Cordial Dr, Des Plaines	Thomas J Kim & Unsook Sin	Antoni Gorski	06-01-16	\$315,000
1467 Oakwood Ave, Des Plaines	Mathias G Gartner & Laura M Gartner	Michael H Didier	05-24-16	\$315,000
1407 S 4th Ave, Des Plaines	Michael Hefferan & Kristen Hefferan	Daniel A Pepsnik	05-19-16	\$380,000
710 Castlereia Ln, Des Plaines	Uranelia Kovacevic & Abdulah Kovacevic	Paul D Nelson	05-31-16	\$500,000
5801 Madison St, Morton Grove	Armaghan Rana & Aaliya Rana	William Hendrick	05-23-16	\$222,500
8538 Mango Ave, Morton Grove	Saba Khan	Eliot Yamashiroya	06-02-16	\$260,000
9019 Austin Ave, Morton Grove	Kathleen Jara	Alliance For Revitalized Commu	06-08-16	\$260,000
7634 Suffield St, Morton Grove	Rogel P Guleng & May P Guleng	Bank Of America	05-24-16	\$270,000
8820 Osceola Ave, Morton Grove	Jennifer N Lundang	Marian F Brezinski Estate	05-24-16	\$272,000
9115 Mango Ave, Morton Grove	Brian P Mchale & Carolna Mchale	Frank D Kruk	05-24-16	\$300,000
6811 Prairie St, Morton Grove	Shiyuan Huang	Aleksandar Pipovic	05-20-16	\$320,000
7618 Beckwith Rd, Morton Grove	Mohammed Amin B Baqui	Lina Younan	06-08-16	\$365,000
5844 Emerson St, Morton Grove	Kenechukwu Mmjeje & Natasha Mmjeje	Mubbasher Khan	05-25-16	\$493,000
9128 W Terrace Dr, # 1F, Niles	Eric Han	Maylin Quinones	05-20-16	\$70,000
9701 N Dee Rd, # 41, Niles	Jan A Bigoraj	Fannie Mae	05-20-16	\$76,500
9074 W Terrace Dr, # 5H, Niles	Simon Liang	Haina Liska	05-25-16	\$89,000
8801 W Golf Rd, # 9A, Niles	Armaghan Jargal Baldandorj	Kathleen J Pappas	05-20-16	\$150,000
7920 W Oakton St, Niles	Patryk Goncerzewicz & Magdalena Goncerzewicz	Resi Reo Sub Lic	06-02-16	\$179,000
9251 N Courtland Dr, Niles	Alan Poles	Remon Basso	06-08-16	\$232,000
8910 N Merrill St, Niles	Zdravko Vasilic & Srdjan Vasilic	Hsbc Bank Usa Trustee	05-31-16	\$254,500
8450 N Oleander Ave, Niles	Monica A Williams	Dariusz Roman	05-19-16	\$344,500
1301 W Touhy Ave, # 108, Park Ridge	Michael Surmin & Lana F Surmin	Lee Iii Trust	06-01-16	\$65,000
1210 Potter Rd, Park Ridge	Ewa Iwanski	Wells Fargo Bank	05-25-16	\$266,000
2001 Habberton Ave, Park Ridge	Daniel A Krawitz & Catherine M Krawitz	Carolyn E McCormick	05-20-16	\$270,000
505 N Rose Ave, Park Ridge	Krzysztof Firs	Romy P Ishu	05-20-16	\$300,000
460 S Northwest Hwy, # 307A, Park Ridge	Patrick M Heneghan & Nancy L Heneghan	Judicial Sales Corp	05-23-16	\$320,500
2162 N Western Ave, Park Ridge	Muhammad Iqbal & Zeenat Iqbal	Alan Czarnik	05-20-16	\$350,000
725 Florence Dr, Park Ridge	Austin Gilkeson & Ayako Gilkeson	Richard Mcparland	05-23-16	\$370,000
25 Park Ln, Park Ridge	Leo Piazza & Charisse Piazza	Rynes Trust	06-08-16	\$375,000
1426 Cherry St, Park Ridge	Brandon Paul Eells & Rachel J Eells	John Laffey	05-25-16	\$393,000
1730 Walnut St, Park Ridge	Thomas J Cepa & Elana Hakin Cepa	Michael GLIsla	06-08-16	\$430,000
2114 Parkside Dr, Park Ridge	Travis Scott Hilligoss & Josefina J Sopcie	Hpa Borrower 2016 1 Lic	05-25-16	\$442,000
1820 Elm St, Park Ridge	Kent Wehman & Therese Wehman	Vito Barbanente	05-24-16	\$465,000
1312 S Knight Ave, Park Ridge	Robert Kociubinski & Hallna M Kociubinski	Deutsche Bank Natl Trt Co Ttee	06-02-16	\$475,000
617 S Vine Ave, Park Ridge	Michael B Cluck & Erin C Cluck	Reid D Tokarz	05-24-16	\$525,000
2029 Manor Ln, Park Ridge	Kenneth Siercey & Andrea Siercey	Mital Trust	05-25-16	\$536,000
43 Morris St, Park Ridge	Liang Liang & Tiantian Qiu	Hinkley Park Development Llc	05-24-16	\$629,000
704 Parkwood Ave, Park Ridge	Owen A Slater	Wieslawa Mikolajczyk	06-01-16	\$655,000
47 Morris St, Park Ridge	Marko T Pilecky & Lydia A Pilecky	Hinkley Park Development Llc	06-02-16	\$697,500
404 Grand Blvd, Park Ridge	Marissa Watt & William Watt	Dada E Hurter	05-20-16	\$700,000
217 Murphy Lake Ln, Park Ridge	Damon Sather & Stacey R Sather	Joseph J Perillo	05-24-16	\$850,000
906 W Crescent Ave, Park Ridge	Marc Sala & Joanne Claveria	Timothy M Metropulos	06-08-16	\$895,000

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ARLINGTON HEIGHTS

Three-bedroom, two-bath home built in 1957 on tree-lined street. Hardwood flooring under first-floor carpet, wood-burning stove, eat-in kitchen with separate dining room, fenced yard with storage shed. Near shopping, schools and transit.

Address: 1206 W. Sigwalt St.
Price: \$299,999
Schools: Rolling Meadows High School
Taxes: \$2,274
Agent: Maria Del Boccio, Coldwell Banker Residential Brokerage



LAKE BLUFF

Five-bedroom, 3.5-bath home built in 1998 in Glenmore Woods area. Family room with fireplace, two-story foyer, rec area in basement, patio and private backyard. Near shopping and I-94 expressway.

Address: 28627 Isleworth Court
Price: \$625,000
Schools: Lake Forest High School
Taxes: \$10,875
Agent: Heather Fowler, Berkshire Hathaway HomeServices KoenigRubloff Realty Group



SKOKIE

Three-bedroom, two-bath ranch built in 1955. New carpet, updated hall bath, freshly painted, new storm door, plus 1.5-car detached garage. Near parks, shopping and transit.

Address: 8425 Harding Ave.
Price: \$349,000
Schools: Evanston Township High School
Taxes: \$12,200
Agent: Sheila Doyle, Baird & Warner Evanston



WINNETKA

Four-bedroom, 4.5-bath Nantucket-style home built in 2012. Millwork, patio, fenced yard, kitchen family room, restoration hardware lighting. Near schools, train, town and parks.

Address: 887 Spruce St.
Price: \$1,599,000
Schools: New Trier Township High School
Taxes: \$24,822.92
Agent: Paige Dooley, The Hudson Company

Listings from Homefinder.com

Area Houses of Worship
 Call 312.283.7023 to place your ad

Christian Church
St. Luke's Christian Community Church
 9233 Shermer Rd., Morton Grove
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<http://www.stlukescoc.org>
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 Rev. Elizabeth Jones

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*Listings are subject to change.
Please call the venue in advance.*

Thursday, July 14

Coffee Talk Chicago's drawbridges: Come learn about Chicago's extraordinary bridges that made the Windy City what it is today; the drawbridge capital of the world. Discover the architectural and engineering significance of the bridges, past and present, mixed with the human dramas of bridge jumps, political battles, and destruction of bridges by flood, fire and cattle. 1:30 p.m. Des Plaines History Center, 781 Pearson St., Des Plaines, \$3 donation, 847-391-5399

Society Artwork in Residence Program: The Evanston Art Center launches an inaugural "artwork-in-residence" program, inviting six artists to "move in" to the second floor of the center's project space for 4-week residencies. From June 2016 to March 2017, the Art Center proudly hosts artists: Adriana Kuri Alamillo, Judith Brotman, Joseph Cruz, David Giordano, Kirsten Leenaars and Pedro Valez. Each of the artists chosen by curator Jessica Cochran address the residency theme Society during their stay. 9 a.m. All week, Evanston Art Center, 1717 Central St., Evanston, free, 847-475-5300

Central Street Evanston Annual Sidewalk Sale July 14-17: Central Street goes outside to offer huge sales on fabulous things. Service businesses join them to give out information and deals. 10 a.m. July 14-17. Central Street shopping district, 1800-2700 Central St., Evanston, free, 847-864-5565

Pop-Up Indoor Art Fair at Stella: Stella, a women's boutique, hosts its fifth Annual Pop Up Shop/ Indoor Art Fair for the month of May. Stella believes in shopping local, so come find some treasures. 10 a.m. Stella Boutique, 2116 Central St., Evanston, free, 847-864-5565

Contemporary Native Women Opening Doors to Change: Join the Mitchell Museum for the opening of its latest exhibit, Contemporary Native Women Opening Doors to Change. Welcoming reception at 1 p.m., curator led tour at 2 p.m. and a panel discussion from 3-4:30 p.m. Mitchell Museum of the American Indian, 3001 Central St., Evanston, \$3 kids, \$5 adults and Tribal members free, 847-475-1030

Evanston Legend: The Art of Peggy Lipschutz: The City of Evanston sponsors a month long show of the paintings

and drawings of Peggy Lipschutz with an Opening Reception between 2-5 p.m. on Oct. 4, with musicians including Rebecca Armstrong, Peggy Browning, Mark Dvorak, Maura Lally and Kristin Lems. 10 a.m. All week, Noyes Cultural Arts Center, 927 Noyes St., Evanston, free, 773-816-4716

Summer Circus Intensive: During the six weeks, you condition your body to its highest physical levels while working with a cross section of Chicago's leading circus, dance and physical theatre instructors to develop new skills. You begin the creative process of choreographing a circus movement piece to call your own. 4:15 p.m. and 6:15 p.m. July 14 and July 18-July 20. Actors Gymnasium, 927 Noyes St., Evanston, \$880, 847-328-2795

Hidden Art of Trees: The Hidden Art of Trees showcases some of the Midwest's most talented wood artisans and the materials that inspire them. The grain, the color and even random defects in the wood motivate these artists to create some of the most stunning and unique furniture and bowls. 8 a.m. All week, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440

Company: 7:30 p.m. July 14 and July 15, 3 p.m. July 16, Writers Theatre, 325 Tudor Court, Glencoe, \$35-\$80, 847-242-6000

Death of a Streetcar Named Virginia Woolf: A Parody: Writers Theatre and the Second City mash up some of the most popular characters from American plays of the 20th century. 7:30 p.m. July 14 and July 15, 3 p.m. and 7:30 p.m. July 16, 2 p.m. and 6 p.m. July 17, Writers Theatre, 325 Tudor Court, Glencoe, \$75-\$80, 847-242-6000

Barefoot & Unplugged: Live Music with Scott Gardner: Join Reach Yoga members, friends and staff to enjoy live music with friend-of-Reach Scott Gardner. Scott will sing and play your favorite familiar tunes, covering folk and classic artists including James Taylor, Crosby Stills Nash & Young, and Simon & Garfunkel. No yoga, just music and friends in our beautiful studio. 7:30 p.m. Reach Yoga, 688 Vernon Ave., Glencoe, free

Meditation Healing Circle: The Wellness Source hosts a Guided Meditation Healing Circle with Katherine Trinity, a life-long student of mystical arts and sciences. Call for reservations. 7:30 p.m. The Wellness Source, 1245 Milwaukee Ave., Glenview, \$20, 224-413-3500

Summer History Tours at The

Grove: The Grove is an ideal place for a day trip with the kids that's close to home this summer. Take a tour of the historic buildings with costumed interpreters who show guests what pioneer life was like in Northern Illinois over 150 years ago. The tours are free and include demonstrations plus fun activities for kids. 11 a.m. July 14, July 16 and July 17. The Grove, 1421 Milwaukee Ave., Glenview, free, 847-299-6096

Adult Literacy Classes: Summer Session: A unique opportunity for native and non-native English speakers to improve their reading and writing skills. A small, friendly group led by a teacher and volunteer tutors meets twice weekly. 9:15 a.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

"Roller Girl" Book Discussion and Drillis for grades 3-6: Read Victoria Jamieson's graphic novel about growing up while growing strong. Experience empowerment in our version of roller derby camp, led by staff from Game On! Sports. Copies are available for extended check-out at the Youth Services Desk. Please register at glenviewpl.org/register or call. 4 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Little Bearfoot In The Park Concerts: Join us Thursday mornings in July for the Glenview Park District's summer entertainment series for kids. Our whimsical, interactive and delightful entertainers provide a fun filled outing for your whole family. 10:30 a.m. Glenview Park Center, Gallery Park Amphitheater, 2500 Chestnut Ave., Glenview, free, 847-724-5670

Chicago YIVO - Yiddish and Laughter: Chicago YIVO presents Yiddish and Laughter at the library with humorist and raconteur Rabbi Barry Schechter. 7 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

Physicians' Lecture Series The Beat Goes On: Dr. Jason Robin presents a lecture on cardiac health, focusing on the common problem of atrial fibrillation, followed by a question and answer period. 1 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

New Technology Launch Event: Rosin Eyecare invites you to learn more about AdlensFocuss eyeglasses. They are a particularly good option for those struggling to adjust to progressive lenses. Adjustable focus is available with this unprecedented technological innovation. Speak to AdlensFocuss users or

be fitted for a pair. 2 p.m. Rosin Eyecare Northbrook, 1917 Cherry Lane, Northbrook, free, 847-564-2020

How Islamic Is the Islamic State: A confusing parade of names the Syrian-Iraqi extremists have employed, but the single constant in that litany is "Islamic." Jim Kenney explores the difference between Islam and ISIL. 10 a.m. North Shore Senior Center, 161 Northfield Road, Northfield, \$20 NSSC member, \$26 nonmember, 847-784-6030

Jimmy Stewart: An American Original: Like his friend and contemporary Henry Fonda, Jimmy Stewart was an American icon on-screen and on stage who nobly served during the second world war. An actor of amazing range and repertoire, and a man of great compassion and wit, Jimmy Stewart's story will delight and inspire you. 1 p.m. North Shore Senior Center, 161 Northfield Road, Northfield, \$10 (NSSC member); \$13 (non-member), 847-784-6030

Uncorked at Westfield Old Orchard: Take a trip around the world without leaving the North Shore at Uncorked, a Moroccan-inspired Midsummer's soiree, hosted at The Cube and Cube Park and will benefit the Niles Township Food Pantry. This colorful evening includes choice wine samples from the Chloe Wine Collection, light bites, whimsical entertainment, shopping and more. 5 p.m. Westfield Old Orchard, 4999 Old Orchard Center, Skokie, \$25, 847-673-6800

Fundraiser for Niles North Vocal Jazz Alumni Foundation: On this day, 20 percent of all sales are donated to the Niles North Vocal Jazz Alumni Foundation. This is valid for dine-in or carry-out orders (not online orders). Go to www.nrvocaljazz.org/events-dates.html to download the flyer and present it when placing your order. 5 p.m. Blaze Pizza, 4999 Old Orchard Shopping Center, Skokie, free, 847-568-1649

My Son the Walter: A Jewish Tragedy: 2 p.m. and 7:30 p.m. July 14, 8 p.m. July 15, 2 p.m. and 8 p.m. July 16, 2 p.m. July 17, North Shore Center for the Performing Arts, 9501 Skokie Blvd., Skokie, \$40, 847-673-6300.

Special Exhibition Three Years, Eight Months, and Twenty Days: The Cambodian Atrocities and the Search for Justice: Learn about the Cambodian genocide and the current trials to bring the perpetrators to justice, 40 years later. 10 a.m. All week, Illinois Holocaust Museum and Education

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Center, 9603 Woods Drive, Skokie, free, 847-967-4835

Wilmette Public Library Fiber Group: Join us as we knit, crochet, needlepoint or any type of fiber art. We share ideas, have knit-alongs, group projects and occasional lessons. New members are always welcome. 10 a.m. Wilmette Public Library, 1242 Wilmette Ave., Wilmette, free, 847-859-6356

Plaza Del Lago Free Concert: Come hear Ginger Road, who are country with a kick. They blend the latest country hits with old school artists like Garth Brooks and Johnny Cash, along with southern rockers like Lynyrd Skynyrd and The Allman Brothers. 6 p.m. Plaza del Lago, 1515 Sheridan Road, Wilmette, free, 224-612-0893

LIGHT OPERA WORKS Musical Theater Summer Workshop: The Light Opera Works Musical Theater Summer Workshops give kids 8 to 13 the chance to sing, dance and act in a non-threatening, nurturing atmosphere. 9 a.m. Light Opera Works Rehearsal Center, 516 4th St., Wilmette, \$370, 847-920-5360

Where Is Archange Scavenger Hunt: Learn a bit of local history as you and your family join in this village-wide scavenger hunt to find her. All kids aged 13 and younger are eligible to participate. Details about the scavenger hunt and winner prizes can be found at www.wilmettehistory.org/events or call the museum. 1 p.m. All week, Wilmette Historical Museum, 609 Ridge Road, Wilmette, free, 847-853-7666

Free Walking Clinic: Learn to get the most benefit out of walking as exercise in Gillson Park. A certified, personal trainer teaches the class, which includes a warm-up, stretching, inclines, steps, balance and coordination. 5:30 p.m. July 14 and July 18, Gillson Park, Lake Ave & Michigan Ave, Wilmette, free, 847-251-6834

HIT180: A low-impact, high-intensity cardio and strength fitness class. Go to www.hit180fit.com for more information and to register. The first class is free, but please register three hours before the class. 9 a.m. All week, Hit 180 Fitness, 193 Northfield Road, Winnetka, First class free, 224-216-2086

Winnetka Native Liz Pryor Discusses Her New Memoir: Winnetka native Liz Pryor discusses and signs copies of her new book, "Look at You Now: My Journey from Shame to Strength." 6:30 p.m. The Book Stall at Chestnut Court, 811 Elm St., Winnetka, free, 847-446-8880

Friday, July 15

Des Plaines Farmers' Market: City of Des Plaines Farmers' Market is every Friday, open until 7 p.m. on Ellinwood Street starting at Lee Street. Parking is available in the Library parking garage off Prairie Street or on Ellinwood between Pearson and River Road. Available are fresh produce, olive oil, bird houses and birdseed, food storage containers, green products and more. 3 p.m. Des Plaines Public Library, 1501 Ellinwood St., Des Plaines, free, 847-827-5551

Over the Rhine with Heather Maloney: 8 p.m. July 15 and July 16, SPACE, 1245 Chicago Ave., Evanston, \$25-\$46, 847-492-8860

The Ben Hecht Show: 8 p.m. July 15, 5 p.m. and 8 p.m. July 16, 3 p.m. July 17. Piven Theatre Workshop, 927 Noyes St., Evanston, \$30-\$35, 800-838-3006

Summer Figure Skating Exhibition: Enjoy this free exhibition by figure skaters from the Ice Center's skate school and the Blades Synchronized Skating Team. 6 p.m. Glenview Ice Center, 1851 Landwehr Road, Glenview, free, 847-724-2800

Design Your Own Board Game for grades 3-6: This is a drawing workshop with Professional Illustrator Dan Laib. Please register at glenviewpl.org/register or call. 3:30 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

"Race": "Race," is the story of Jesse Owens' quest to become the greatest track and field athlete in history. Owen is thrust onto the world stage of the 1936 Olympics, where he faces off against Adolf Hitler's vision of Aryan supremacy. A casual audience-led discussion follows matinee screenings, so just drop in. 2 p.m. and 6:30 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500.

Parkinson Wellness Recovery Brain-Body Training: Brain-Body Training/PWR! is Parkinson-specific exercise, scientifically designed to target symptoms of PD. It includes boxing training for endurance, agility, and stability. The instructor is Drew Surinsky, an exercise physiologist. 10 a.m. Mondays, Wednesdays and Fridays, Glenview Park Center, 2400 Chestnut Ave., Glenview, \$10-\$15, 847-502-0630

Friday Night Live: Meet your friends and bring your family to the Glenview Park Golf Club for burgers and brats hot off the grill, cold drinks and free live music. For a list of performers, call or visit golfglenview.com. 7 p.m. Glenview

Park Golf Club, 800 Shermer Road, Glenview, free, 847-724-0250

Gentle Yoga: Due to high demand, two yoga sessions are now offered. Space in each session is limited to the first 50 people. Yoga instructor Olga Rudiak leads a series of yoga sessions for improved physical strength, relaxation and mental clarity. Exercises are done in a chair or standing not on the floor. 9:30 a.m. and 11 a.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

Jazz Blues Salon Concert: Chicago-based jazz guitarist Andy Brown is known for playing the area's finest venues. Come see him at the library, for free. 7:30 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

Seeing Psalms in a New Light: Join Hyma Levin as she unpacks well-known psalms and some that may be new to you. Watch videos and listen to music to which psalms have been set and learn about modern day psalmists. 10 a.m. North Shore Senior Center, 161 Northfield Road, Northfield, \$19 NSSC member; \$25 non-member, 847-784-6030

Share The Warmth: Join a group of warm, friendly, supportive women (men welcome) to prepare one-of-a-kind fleece blankets for chemo patients. Add a crocheted edge to fleece and send free blankets to new adult chemotherapy patients. Donations are welcome to this 501(c)3 non-profit organization. 9 a.m. North Shore Senior Center, 161 Northfield Road, Northfield, free, 847-293-6755

Duplicate Bridge: The senior center offers a friendly bridge game every Friday morning. 9 a.m. Park Ridge Senior Center, 100 S. Western Ave., Park Ridge, free, 847-692-5127

"What Is Done Is Done": An English Play starring Kalki Koechlin, Vinay Pathak and Ranvir Shorey. The play is based on William Shakespeare's Macbeth directed by Rajat Kapoor. The tickets available are: \$100 VIP; \$75 Stage Level 3; \$55 Stage Level 2; and \$35 Balcony. 8 p.m. North Shore Center for the Performing Arts, 9501 Skokie Blvd., Skokie, \$35-\$100, 630-886-4700

Mahjong Lessons at Mallinckrodt Center of Wilmette: Four-week group classes begin Friday, July 8. 10 a.m. Mallinckrodt Community Center, 1041A Ridge Road, Wilmette, \$40 member, \$50 nonmember, 847-256-9623

LIGHT OPERA WORKS Musical Theater Summer Workshop: The Light Opera Works Musical Theater Summer

Workshops give kids 8 to 13 the chance to sing, dance and act in a non-threatening, nurturing atmosphere. 9 a.m. July 15-July 20, Light Opera Works Rehearsal Center, 516 4th St, Wilmette, \$370, 847-920-5360

Winnetka-Northfield Sidewalk Sale: Plan to shop in both Winnetka and Northfield on this weekend. Visitors browse the unique wares the shops, boutiques, salons and vendors have to offer at incredible prices. 9 a.m. July 14-July 16, Winnetka-Northfield Chamber of Commerce, 841 Spruce St., Winnetka, free, 847-446-4451

Saturday, July 16

Polyglots Toastmasters meeting: Polyglots is the only Toastmasters International Club in the United States that conducts its meetings in German. This is not a language school, but a place where you can speak and listen to German and, above all, have a good time with those at all levels and ages. Go to their website at www.polyglotstoastmasters.org/ and their meetup at www.meetup.com/Polyglots-Toastmasters-German-speaking/. Please email andrew.weiler.uiuc@gmail.com for the current location, as sometimes they meet at places other than the Des Plaines Library. 9:30 a.m. Des Plaines Public Library, 1501 Ellinwood St., Des Plaines, free, 847-827-5551

Evanston Farmers Market: Shop for fresh produce, meat, cheese, baked goods, flowers and more from 51 vendors. Please note: Dogs are not allowed at the market (service animals excepted). LINK cards are accepted. 7:30 a.m. Oak Avenue and University Place, 1090 University Place, Evanston, free, 847-448-8045

Signature Entertainment Presents: LOL Saturday: Adult Comedy every Saturday night hosted by Comedy legends Tony Sculfield and Mark Simmons. National Headliners with movie and television credits on stage. 9 p.m. Chicago's Home of Chicken & Waffles, 2424 W. Dempster St., Evanston, \$15 adult advance; \$20 at the door, 847-521-6434

"Animal Arts and Seasonal Stories": "Animal Arts & Seasonal Stories" are recommended for children ages 5 and up, but there is no minimum age requirement. Activities are offered at varying levels of difficulty and interest to engage the entire family. An adult must accompany participants. 10:30 a.m. Mitchell Museum of the American Indian, 3001 Central St., Evanston, \$3 kids, \$5 adults, 847-475-1030

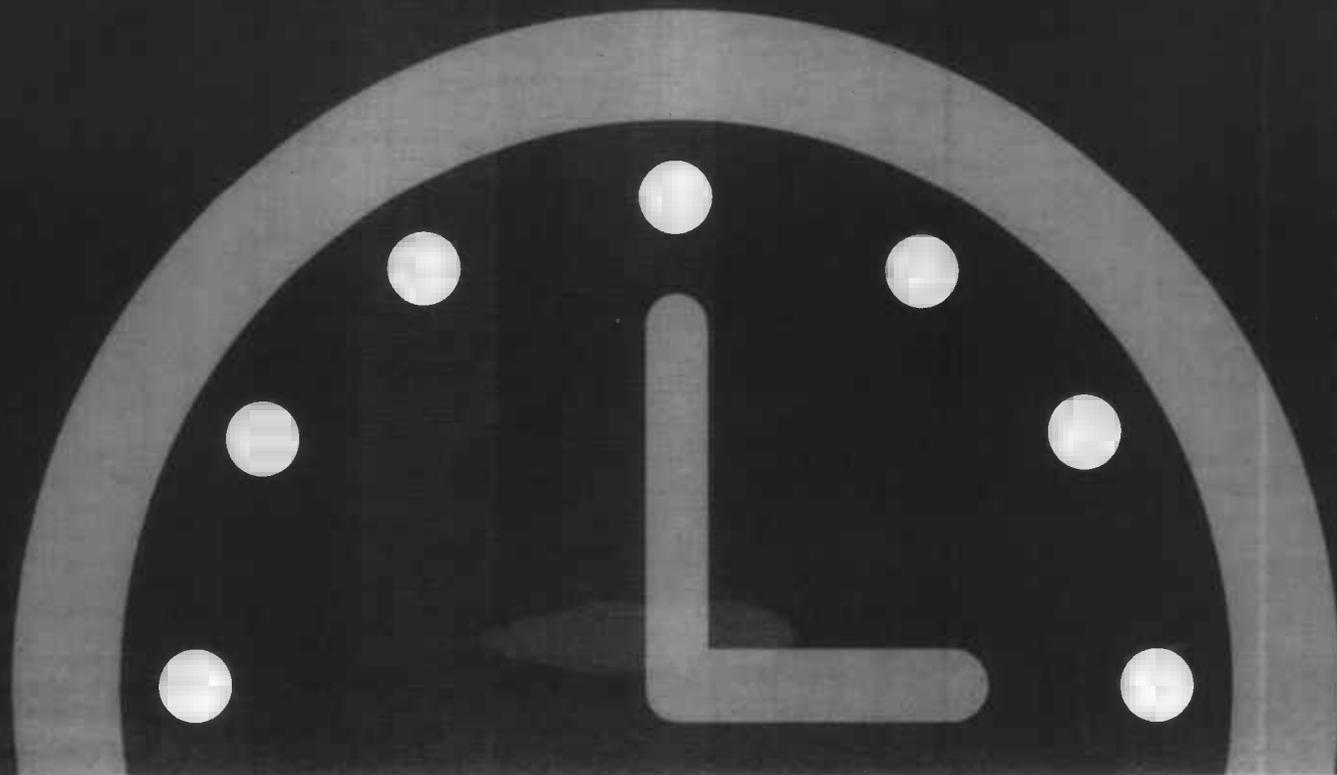
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Glenview Farmers Market: This is the meet-up place for farmers from Illinois, Michigan and Wisconsin. They bring fresh fruit, vegetables, eggs and flowers, beef, bison, pork and poultry. Several vendors offer made-to-order crepes, wraps, egg sandwiches, smoothies, and coffee. 8 a.m. Glenview Farmers Market, 1510 Wagner Road, Glenview, free, 847-657-1506

Genealogy Research Day: Join in this Technology Lab where the genealogy experts can help attendees with their research, or visit the Genealogy and Local History Room to use their print collections. A Glenview Library card is not required, so just drop in. 1 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Chicago North Suburban Myasthenia Gravis Breakfast Chat: Share the ups and downs of the rare auto-immune disease myasthenia gravis with other "MGers" in Glenbrook Hospital's casual Atrium Cafe. Use the West (Green) parking lot and Ambulatory Care Center entrance. 9:30 a.m. Glenbrook Hospital, 2100 Pfingsten Road, Glenview, free, 800-888-6208

Art in the Park A Northbrook Fine Art Festival: All media are represented from artists across the U.S.: oil, ceramics, jewelry, sculpture, acrylic and more. This juried fine art festival, held in beautiful downtown Northbrook, includes live music, food, a hands-on art activity for kids and free parking. 10 a.m. July 16 and July 17, Village Green Park, 1320 Shermer Road, Northbrook, free, 847-726-8669

Punt Pass and Kick Youth Football Clinic: The North Suburban YMCA hosts a new football clinic in partnership with the North Shore Griffins Football Club. Children ages six to 14 are invited to participate in a 90-minute instructional clinic run by Griffins coaches, followed by a Punt, Pass and Kick Challenge with the chance to advance to the league's semi-final competition. Register by visiting the website. 9 a.m. North Suburban YMCA, 2705 Techny Road, Northbrook, Advance: \$20 NSYMCA members; \$25 non-members; Day of Event: \$29, 847-272-7250

Preserving Survivor Stories: Ask Holocaust Survivor Pinchas Gutter any question you would like, and "natural language" technology software will respond as if Pinchas were in the room. 10:30 a.m. Illinois Holocaust Museum and Education Center, 9603 Woods Drive, Skokie, free, 847-967-4800

Northfield Farmers Market: Enjoy a

casual morning shopping for vegetables and fruits, plants, flowers, cheeses, pastries, coffee and gourmet items. Cooking demonstrations are given by local chefs. Corn Fest is Aug. 20 and Harvest Fest, Sept. 24. 7:30 a.m. Northfield Farmers' Market, 6 Happ Road, Winnetka, free, 847-446-4461

Let Loose on Lincoln: A Block Party: Enjoy music throughout the day, food trucks and a beer and wine tent. There will be continual music through out the day. The Chicago Catz headlines. 3 p.m. Elm Street and Lincoln Avenue, 750 Elm St., Winnetka, \$5.00 suggested donation

Sunday, July 17

Jim Peterik: 7:30 p.m. SPACE, 1245 Chicago Ave., Evanston, \$18-\$32, 847-492-8860

Evanston Art Center at the Ethnic Arts Fest: The Evanston Art Center will provide a variety of arts and crafts activities to celebrate the 31st annual Ethnic Arts Festival at Dawes Park. Noon, Dawes Park, 1700 Sheridan Road, Evanston, free, 847-475-5300

"A Midsummer Night's Dream": This July, Muse of Fire Theatre Company presents a wild riot of whimsy with "A Midsummer Night's Dream" under the summer sun. Bring a blanket, stretch out in the shade, and join the ensemble in a twisted tale of lamenting lovers, furious fairies, asinine actors and a genuine jackass. 3 p.m. Ingraham Park, 2100 Ridge Ave., Evanston, free

Mitchell Museum Native Garden Tour: Eli S. Suzukovich III (Little Shell Chippewa/Cree) introduces visitors to the various trees and plants. The tour covers northern yucca, yarrow and milkweed with a special focus on the juniper and downy hawthorn trees. These common garden and trees are used as food, medicines, lumber and for spiritual significance for many tribes throughout North America. 1 p.m. Mitchell Museum of the American Indian, 3001 Central St., Evanston, \$3 kids; \$5 adults; Tribal Members free, 847-475-1030

John Williams' Sunday music session: 3 p.m. The Celtic Knot Public House, 626 Church St., Evanston, free, 847-864-1679

Civilian Women of the 1860s: Luetta Coonrod speaks about the lives of women in the 1860s. Afterward attendees are invited to tour our Farmhouse Museum. 2 p.m. Glenview History Center, 1121 Waukegan Road, Glenview, \$5 suggested donation, 847-724-2235

Meet the Author Kathleen Anne Fleming: Local area author Kathleen Anne Fleming reads from her newest book, "Canary in the Coal Chute," followed by a book signing. Join her for an optional workshop on getting started with the writing process. 2 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

Jewish Genealogical Society of Illinois workshop: Judith R. Frazin, an expert genealogist from the Jewish Genealogical Society of Illinois presents this program on "Getting Started in Genealogy." Frazin explains how to get started, how to interview relatives, how to use the public library as a valuable resource, and much more. 1 p.m. Temple Beth Israel, 3601 W. Dempster St., Skokie, free, 312-666-0100

Skokie Farmers Market: Farmers and vendors from Illinois, Indiana, Michigan and Wisconsin sell fresh-picked vegetables, fruits and flowers along with cheese, baked goods, coffee, sauces and spices. 7:30 a.m. Skokie Village Hall, 5127 Oakton St., Skokie, free, 847-673-0500

A Tour of Alternative Yards: You'll find plenty of inspiration for your own yard at the 4th annual Alternative Yard Tour. Visit yards independently or join guided bike tours. 9 a.m. Wilmette Public Library, 1242 Wilmette Ave., Wilmette, free, 847-256-5025

Monday, July 18

Live Bluegrass, Roots and Folk: Every Monday in the pub, The Mudflapps perform. 8 p.m. The Celtic Knot Public House, 626 Church St., Evanston, free, 847-864-1679

Drop In Movie Night "The Mighty Ducks": Enjoy this rated PG movie with the story of Gordon Bombay's transformation from self-absorbed lawyer to role model, thanks to his coaching the worst hockey team in the league. This is recommended for ages 8 and up, and attendees should bring their own covered drinks, and a beach towel or blanket. 6:45 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Learn To Be A Shark: Vcapital speakers Ryan Kole and Jim Vaughan explain how to invest in early and mid stage companies, joining investor networks and be a part of venture funds. 6:30 p.m. Callan Building, 1939 Waukegan Road, Glenview, free, 847-414-7342

Monday Movers: This is for toddlers with a caregiver (walkers up to 24 months) to join for a half hour of mov-

ing, singing, reading, and fun!. 10:30 a.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

"Green Scene The Future of Food": Watch and discuss a documentary about the dangers of genetically modified food and corporate farming, and learn how consumers can support sustainable agriculture. Cosponsored by the Northbrook Library Green Team and Go Green Northbrook. 7 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

The Most Wanted in Chicago: Author Laura Enright, presents amazing facts from her book "Chicago's Most Wanted: The Top 10 Book of Murderous Mobsters, Midway Monsters, and Windy City Oddities." She shares how re-searching and writing the book helped change her perspective on a lot of what she thought she already knew about Chicago. 10 a.m. North Shore Senior Center, 161 Northfield Road, Northfield, \$10 NSSC member, \$13 nonmember, 847-784-6030

Advance Health Care Directives: Dr. Margaret Schmid and Dr. Joan Sophie discuss what you need to know. Learn how to designate a health care agent, the current Illinois health care directive form, and review benefits and potential drawbacks of treatments commonly recommended at the end of life. 1 p.m. North Shore Senior Center, 161 Northfield Road, Northfield, \$9 NSSC member, \$12 nonmember, 847-784-6030

Exploring Grief: 7 p.m. Kenilworth Union Church, 211 Kenilworth Ave., Wilmette, free, 847-251-4272

Tuesday, July 19

Sawyer Fredericks: With Mia Z. 7:30 p.m. SPACE, 1245 Chicago Ave., Evanston, \$20-\$35, 847-492-8860

Find Your Female Ancestors: Tracing female ancestors can be challenging. Learn about which records can help you find those elusive maiden names. A Glenview Library card is required and also registration to glenviewpl.org/ register or by calling. 10 a.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

America Coast to Coast: Put on your virtual walking shoes to take a 4,000-mile hiking, biking, and canoeing adventure across fifteen states. World traveler John Lynn takes attendees to some of America's most scenic and historic trails, roads, and rivers. 7 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

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Financial Planning Appointments:

Schedule a free one-hour consultation with a certified financial planner. Call and ask for extension 7700 or visit the Reference Services Desk to register. 9 a.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Adult Literacy Classes: Summer Session:

A unique opportunity for native and non-native English speakers to improve their reading and writing skills. A small, friendly group led by a teacher and volunteer tutors meets twice weekly. 9:15 a.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Games Outside the Box: Each week we'll be featuring a different game, program, hardware or toy. Stop by and let's see what you can do. 2:30 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

Keep Calm and Yarn On: Knitters, weavers, crocheters, and fiber artists, stop by our new weekly meetup. You can share what you know, learn something new, or just work on your own project. 2 p.m. Northbrook Public Li-

brary, 1201 Cedar Lane, Northbrook, free, 847-272-6224

Wednesday, July 20

Book group on American political art history: The community is invited to pick up a copy of "A People's Art History of the United States" by Nicolas Lambert and join an informal and lively book discussion. The title is now available for checkout at the readers services desk at the Des Plaines Public Library, 1501 Ellinwood St. 6 p.m. Des Plaines History Center, 781 Pearson St., Des Plaines, free, 847-391-5399

The Suitcase Junket with Johnny & Molly: 8 p.m. SPACE, 1245 Chicago Ave., Evanston, \$12-\$22, 847-492-8860

Live Music Wednesdays with the Josh Rzepka Trio: Hear the music of Dizzy Gillespie, Charlie Parker, Thelonious Monk and other classics of the era played by the Josh Rzepka Bebop trio. Reservations can be made online or by calling. 6:30 p.m. Found Kitchen & Social House, 1631 Chicago Ave., Evanston, free, 847-868-8945

Garden Fun Wednesday: Join in the

Youth Services department for a gardening-themed art or science project on Wednesday mornings after Storytime in June and July. 11 a.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

Free Film "Avengers Age of Ultron":

When Tony Stark, aka Iron Man, (Robert Downey Jr.) and Bruce Banner, aka the Hulk, (Mark Ruffalo) try to jumpstart a dormant peacekeeping program called Ultron (James Spader), things go horribly wrong. It's up to Earth's mightiest heroes to stop the villainous Ultron from enacting his terrible plans. This is part of the Library's Classics on Wednesdays Film Series. 1 p.m. and 7:30 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

Northbrook Farmers Market: Shop for farm fresh fruits, veggies, cheese, baked goods and more at this not-for-profit community farmers market. The market is open rain or shine, except in the event of severe weather. 7 a.m. Cherry Lane and Meadow Road, Cherry Lane and Meadow Road, Northbrook, free

Richard J Daley: During this two week course Gary Midkiff profiles this fasci-

nating and very effective politician. 10 a.m. North Shore Senior Center, 161 Northfield Road, Northfield, \$19 (NSSC member); \$25 (non-member), 847-784-6030

Pop-Up Library at Mariano's: Lincolnwood Public Library is "popping up" in various places throughout the summer. They have popular materials to check out through their mobile circulation including books, DVDs, audiobooks, and CDs. Noon, 5 p.m. Mariano's, 3358 W. Touhy Ave., Skokie, free, 847-677-5277

Program on Frank Sinatra at Skokie synagogue: "The Life and Loves of Frank Sinatra" is presented at a Men's Club program. Presenter Hy Speck, professor, historian and lecturer, traces Sinatra's career from the streets of Hoboken, New Jersey, to Hollywood and the show places of Las Vegas. 7:30 p.m. Ezra Habonim, Niles Township Jewish Congregation, 4500 Dempster St., Skokie, \$10 per person; \$12 at door, 847-675-4141

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Now playing

**"Finding Dory" ★★★**

PG, 1:43, animated

This satisfying follow-up to the 2003 smash "Finding Nemo" amplifies the defining characteristic — short-term memory loss — of Dory, the blue tang fish voiced with subtle warmth and unerring comic timing by Ellen DeGeneres. Dory fin-twists, gently, Marlin (Albert Brooks) and Nemo (Hayden Rolence) into aiding her in her search for the parents she only periodically recalls. The quest takes the trio to the coast of California and

the Marine Life Institute. The open ocean is the reward for Dory, along with reuniting with her parents, and I felt slightly jerked around in getting to the reward part. The visual personality of the movie is fantastically vivid and bright; the story itself, less so. — *Michael Phillips*

**"The Purge: Election Night" ★★★**

R, 1:45, action

The third "Purge" movie may be the harshest political commentary this year. The America we see in writer-director James DeMonaco's sequel might've been dreamed up over a conference call among Donald Trump (a clear model for the movie's prime minister), the National Rifle Association and the most reactionary Fox News pundits. "Purge 3" also works well as a simple, scuzzy survival narrative. The ruling political party has

cut the nation's crime rate by devoting one night a year, Purge Night, to rampant murder, unpunishable by law. It's ridiculously easy to predict who lives and dies in "Purge 3," yet the predictability doesn't kill your interest in the outcome. — *M.P.*

**"The BFG" ★★★**

PG, 1:57, fantasy

There's a lot not quite right with "The BFG." There's also a lot that's very, very right, starting with Mark Rylance's astonishing performance-capture portrayal of the Big Friendly Giant created by author Roald Dahl. Ruby Barnhill plays the Insomniac Sophie, who spies the BFG one night skulking around her village. The giant whisks her off to Giant Country. The action sequences favor elaborate Rube Goldberg physical comedy. They're fun for

a while, and then they go on, and then on some more. You keep waiting for the character stuff to take center stage again, because it actually matters, and works. — *M.P.*

**"Independence Day: Resurgence" ★**

PG-13, 2:09, sci-fi

From the metallic shell of 1996's "Independence Day," Roland Emmerich has pulled a seriously lousy sequel, dripping with alien goo and incoherence. There's a new, bigger UFO, 3,000 miles in diameter, which is just dumb. When your UFO is 3,000 miles wide, your movie threatens to lose all sense of dramatic scale. You can up the ante all you like and wipe out world landmarks, but if your witty asides aren't witty, and your editing

juggles plotlines so ineptly, then you have a movie like this. Characters keep talking about comas and boredom and how tedious reunions are, and you know what they mean. — *M.P.*

**"Central Intelligence" ★★**

PG-13, 1:54, comedy

"Central Intelligence" is the kind of movie that sends you from the theater smiling because you're glad it's over. Dwayne Johnson and Kevin Hart play high school acquaintances rejoining 20 years after graduation to cavort through a thicket of spy nonsense. National security agents appear, shots are fired, and the unmatched duo is on the run. Johnson and Hart are performers of trustworthy charisma, but their personal appeal hits its limits

in this film. "Central Intelligence" is a chase movie that goes nowhere, but from which there's no escape. — *Colin Covert, Star Tribune*

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DEATH NOTICES

We extend our condolences to the families and loved ones of those who have passed.

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Death Notices

Balfour, Robert G.

Age 90, resident of Presence Nazarethville Home for the last decade. Preceded in death by his parents Oscar and Margaret Balfour and brother Raymond. He leaves behind his dear cousin Florence (Bud) Hoffman and their two children; Karen Triffonoff (Raino) and Sandra Mueller (Arnold). Born and reared in Skokie, IL. He was a choir director and organist

to many churches, parishes and houses of worship throughout his career. He dedicated his life to sharing his musical talents with students and anyone who was within earshot. Memorial Mass Friday July 15, 2016 at 3pm at Presence Nazarethville Chapel 300 N River Rd, Des Plaines 60016. Graveside Saturday September 10, 2016 at 1pm at St. Peter's UCC Cemetery on Harms Rd, Skokie. In lieu of flowers please contribute to Presence Nazarethville Home.



Cremation Society
of Illinois

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Haase, Reverend Louis P.

Reverend Louis P. Haase, age 78, of Skokie. A native Chicagoan and the son of a Presbyterian Elder, Louis was educated locally, went to college in Dubuque, IA, and then attended McCormick Theological Seminary. He was ordained by the Chicago Presbytery on July 8, 1962, at Trinity Presbyterian Church, Chicago. He served as a pastor in the following



Presbyterian churches: Brewster, MN; Toledo, Iowa; Gibson City, IL; Carter-Westminster United Church, Skokie, IL; and Trinity Church, Northlake, IL. He also

served as Interim Pastor at the Mayfair & Mundelein churches and retired in 2003 after 41 years of ministry and became active at First Presbyterian Church of Evanston, IL. He was active in many railroad associations; a world traveler; known to many as "Uncle Lou"; and a Servant of God! Beloved husband of Marilyn for 55 years; dear father of Lynn and Louis Paul (Melissa) Haase; loving grandfather of Harper and Poppy; dear friend of Marcie Lampert; fond brother of Mary Lou Hake and the late Barbara Haase; dearest uncle to many nieces and nephews. Visitation was Friday, July 8, 2016, at **HABEN Funeral Home & Crematory**, Skokie. Burial Service was Saturday, July 9, at Woodlawn Cemetery, Forest Park. A Memorial Service will be held Sunday, July 17, at 2 p.m., at the First Presbyterian Church of Evanston, 1427 Chicago Ave, Evanston. In lieu of flowers, memorial contributions may be made to Beverly Farm Foundation, 6301 N. Humbert Rd., Godfrey, IL, 62035 or Ministry of Hope, P.O. Box 1462, Black Mountain, N.C., 28711. Funeral info: 847.673.6111 or www.habenfuneral.com.

HABEN

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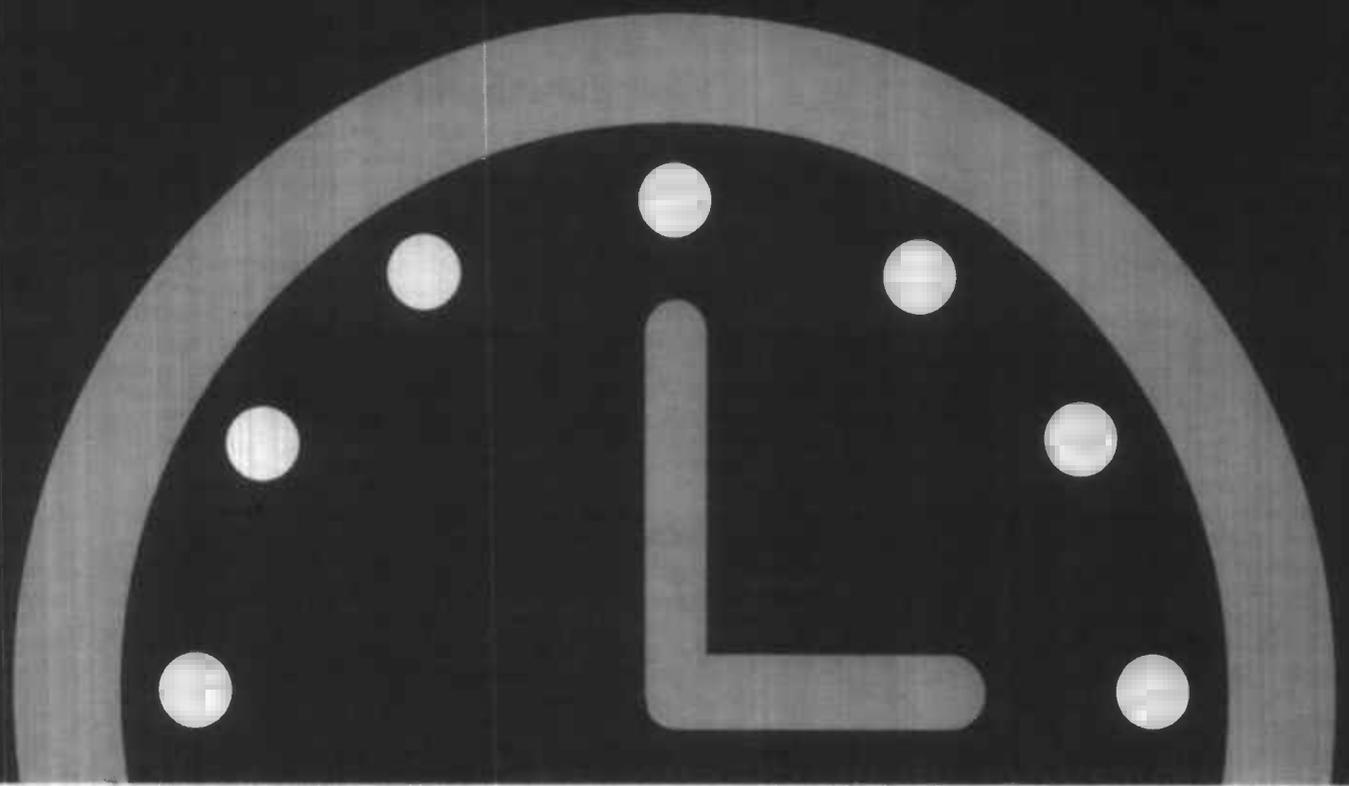
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Red, white and Camry

Toyota model tops American-Made Index for second year in a row

BY KELSEY MAYS | Cars.com

In today's global economy, there's no easy way to determine just how American a car is. The American-Made Index rates vehicles built and bought in the United States.

The index factors in the percentage of parts considered domestic under federal regulations, whether the car is assembled in the U.S. and U.S. sales. We disqualify models with a domestic-parts content rating below 75 percent, models built exclusively outside the U.S. or models soon to be discontinued without a U.S.-built successor.

Domestic-parts content stems from Congress' 1992 American Automobile Labeling Act, which groups the U.S. and Canada under the same "domestic" umbrella. It's one of the bill's imperfections, but the 1992 act is the only domestic-parts labeling system car shoppers can find on every new car sold in America.

The Toyota Camry topped the American-Made Index for the second consecutive year, while the Honda Accord and Honda Pilot returned to the index for the first time since 2012. Also back are five regulars: the Toyota Sienna, Honda Odyssey and GM's Michigan-built crossovers — the Chevrolet Traverse, GMC Acadia and Buick Enclave.



PAUL DOLAN/CARS.COM ILLUSTRATION

Index results

1. Toyota Camry

Domestic factory: Georgetown, Ky., and Lafayette, Ind.
Domestic-parts content: 75 percent U.S./Canada, 15 percent Japan
2015 U.S. sales: 429,355
Global headquarters: Toyota City, Aichi prefecture, Japan

2. Honda Accord

Domestic factory: Marysville, Ohio
Domestic-parts content: 80 percent U.S./Canada
2015 U.S. sales: 355,557
Global headquarters: Tokyo

3. Toyota Sienna

Domestic factory: Princeton, Ind.
Domestic-parts content: 75 percent U.S./Canada, 15 percent Japan
2015 U.S. sales: 137,497
Global headquarters: Toyota City, Aichi prefecture, Japan

4. Honda Odyssey

Domestic factory: Lincoln, Ala.
Domestic-parts content: 75 percent U.S./Canada
2015 U.S. sales: 127,736
Global headquarters: Tokyo

5. Honda Pilot

Domestic factory: Lincoln, Ala.
Domestic-parts content: 75 percent U.S./Canada
2015 U.S. sales: 136,212
Global headquarters: Tokyo

6. Chevrolet Traverse

Domestic factory: Lansing, Mich.
Domestic-parts content: 80 percent U.S./Canada, 15 percent unspecified
2015 U.S. sales: 119,945
Global headquarters: Detroit

7. GMC Acadia

Domestic factory: Lansing, Mich.
Domestic-parts content: 80 percent U.S./Canada, 15 percent unspecified
2015 U.S. sales: 96,393
Global headquarters: Detroit

8. Buick Enclave

Domestic factory: Lansing, Mich.
Domestic-parts content: 80 percent U.S./Canada, 15 percent unspecified
2015 U.S. sales: 62,081
Global headquarters: Detroit

Global market

After reaching an all-time low of just seven cars in 2015, the AMI is up to eight cars. That's still lower than earlier AMIs, when the index regularly hit its 10-car limit, with dozens of models qualifying as recently as 2011.

In a testament to the auto industry's globalization, that list of AMI-eligible cars has dwindled in recent years even as total U.S. light-vehicle production has increased.

Five of this year's eight AMI cars are from foreign-based automakers; the last time a Detroit Three vehicle topped the AMI was in 2014, when the Ford F-150 pickup truck ranked No. 1. (This year's F-150, like many other vehicles, fell below the AMI's 75 percent eligibility threshold for domestic-parts content.)

But in a year when auto manufacturing has been the subject of controversy on the presidential campaign trail, it's important to remember the AMI rates cars, not automakers.

American-born

When it comes to automakers, the Detroit Three's economic impact in the U.S. is undeniable. The American Automotive Policy Council, a group that represents GM, Ford and Fiat Chrysler Automobiles, claims its members employ more than two-thirds of all U.S. autoworkers.

The Detroit Three run 25 of the 42 U.S. assembly plants that build light-duty passenger cars bought in the U.S., according to Automotive News. The remaining 17 assembly plants come from nine other automakers: BMW, Honda, Hyundai-Kia, Mercedes-Benz, Nissan, Subaru, Tesla, Toyota and Volkswagen. All but Tesla are headquartered overseas.

Foreign investment

But foreign-based automakers contribute plenty. A 2015 study by the Center for Automotive Research, a Michigan-based nonprofit, found the auto industry accounts for about 3 percent of all foreign direct investment in the U.S. — some \$74 billion in total. In its December 2015 contributions report, the Japan Automobile Manufacturers Association said U.S. vehicle production from Japan-based automakers has climbed from 2.3 million cars in 1995 to more than 3.8 million in 2014.

Production drives employment. AMI analysis considers employment and production figures to see how many assembly plant jobs each model supports. The 2016 analysis shows one foreign-based automaker's car — the Toyota Camry — supports the most assembly jobs of any AMI vehicle by a wide margin for a second-straight year.

Jobs

Of course, that doesn't illustrate the full effect of each car. Automakers directly employ 322,000 American residents, the research center's 2015 study found. But an additional 521,000 are employed building parts for those cars, while car dealerships employ 710,000 more U.S. residents to sell and service those cars. In short, a given car doesn't just drive certain direct employment at the assembly plant; it also spurs plenty of jobs at suppliers, dealerships and more.

Consumer preference

Despite the heightened political dialogue, or perhaps because more time has passed since the GM and Chrysler bailouts, fewer consumers care about buying from an American manufacturer. In a Cars.com survey of 892 respondents, 13 percent said they would consider only an American manufacturer when shopping for a car. That's far less than a year ago, when 28 percent of respondents answered the same way.

Still, perceptions trail reality. The vast majority of respondents said models like the Chevrolet Corvette, Ford F-150 and GMC Acadia — all former or current AMI cars — are American-made, but less than half said the same of the Toyota Camry and Honda Accord. And less than a third of respondents said the Toyota Sienna, Honda Odyssey and Honda Pilot are American-made.

Sources: Automakers; Automotive News; National Highway Traffic Safety Administration; www.goodcarbadcar.net; AALA



HONDA

The 2017 Honda Ridgeline has the bed of a midsize truck but the body of a crossover.

Honda Ridgeline back for '17

BY ANDY MIKONIS
Tribune Newspapers

The Ridgeline is back for 2017 at a time when the midsize pickup segment is resurgent. Using the architecture of the car-based Pilot crossover, the redesigned Ridgeline has lost its unique styling, which was characterized by boxy fender flares and the "flying buttresses" behind the cab. The 2017 looks more like a Pilot than a pickup.

The Ridgeline's crossover utility vehicle roots give it the most interior cargo space with the rear seats folded, but it trades towing capability for refinement. The four-wheel-drive Chevrolet Colorado and GMC Canyon pickups tow 2,000 pounds more than a similarly equipped V-6 all-wheel-drive Ridgeline. The Ridgeline gets only 1 mpg more than the Colorado.

Ride. The 3.5-liter was about the smoothest and quietest V-6 on and off the interstate, with ample power for passing on two-lane roads.

Suspension settings offer a very smooth ride without wallowing in corners, helped by torque vectoring all-wheel drive that changes the speed of individual wheels as needed. Substantial 18-

2017 HONDA RIDGELINE AWD RTL-E

Midsize pickup

Price as tested:

\$42,170

Base price: \$29,475

Mpg: 18 city, 25 highway

Engine: 3.5-liter V-6

Transmission:
six-speed automatic

Parting shot:
Balances carlike manners
and truck utility

inch tires looked appropriately trucklike and had the added benefit of being wide enough to offer some protection from curbing the painted and polished alloy wheels.

Cargo. Ridgeline doesn't break any new ground over the previous iteration as far as the outdoor cargo area goes. The formula is pretty good though. The best thing about it is the generous underfloor trunk. It's well sealed, well lit, washable, lockable (with a key or the fob) and hidden within the bed floor. The Pilot has the spare outside under the vehicle, whereas the doughnut spare and

jack are out of the weather in the hidden trunk of the Ridgeline.

Just like your favorite 1970s station wagons (and the first Ridgeline), the dual-action tailgate opens to the side for easier loading and access or it folds down like other pickup gates. The tester had a hitch receiver you can see in the rearview camera for solo hookups. Because the typical Ridgeline will see more play than work, top trim levels include a 110-volt power outlet and an in-bed audio feature that switches the music to hidden speakers for your tailgate party.

Tech. My tester was tech-heavy but registered a few misses in that department. Adaptive cruise control, which automatically brakes or accelerates to maintain a set distance between you and the vehicle ahead, is balky.

Having owned several traditional pickups, I find it hard to grasp the intended Ridgeline buyer. It has impeccable carlike driving dynamics, but many municipalities will still subject it to truck restrictions and fees. It has a respectable degree of truck functionality, but I don't see typical truck buyers going for a front half that is a dead ringer for the Pilot.

Andy Mikonis is a freelance writer.

Resting feet on the dash, out window can be risky



BOB WEBER
Motormouth

Q: Now that the weather is nicer, I see many passengers putting their feet up either out the window or on the dashboard. With air bags armed and ready to protect people in the event of a crash, what would that do to people in the event of deployment?

— P.B., Skokie, Ill.

A: They will be injured. Not only may legs be broken by the air bag, the body will be unrestrained by seat belts. This will likely result in extensive injuries, if not death. The Insurance Institute for Highway Safety reports that the energy required to quickly inflate air bags can cause injury to people sitting or thrown too close to the air bag before it deploys. The National Highway Traffic Safety Administration estimates that from 1990-2008, 290 deaths were caused by frontal air-bag inflation in low-speed crashes. More than 80 percent of people killed were unbelted or improperly restrained. Most of the people who died were passengers.

Q: What is with these people who won't open the driver's window of their cars? In the drive-thru at the bank, at the burger joint, at the ATM, etc. They open the door instead. And don't suggest the window is inoperable, because these are new or nearly new cars. At least offer an opinion. These people are driving me and many, many others



TRIBUNE NEWSPAPERS 2014

Passengers — and drivers — are advised to keep their feet on the floor to avoid serious injury from inflating air bags.

nuts!

— J.B., Lansing, Ill.

A: Take a chill pill, J.B. Maybe they are too short or their arms are too short to reach the machine. Maybe they are blind and need to access the Braille dot pattern. We saw a book the other day titled, "People Can't Drive You Crazy If You Don't Give Them the Keys." Good advice.

Q: When catalytic converters first came out, they were being blamed for starting grass fires when people parked their cars on dry grass. I seem to remember warnings on the visors about not parking your car on dry grass. I don't hear about this anymore. Have changes with catalytic converters eliminated this danger?

— W.L., Chicago

A: The Environmental Protection Agency and NHTSA have been monitoring the frequency and type of such incidents. Based on a review done in 1976, the NHTSA concluded that "the rate and nature of catalytic converter incidents do not present an unreasonable risk of health or injury to the public." Heat shields are part of the solution. If you keep

your car properly maintained, you should normally have no problems. If you notice the engine running rough, or your check engine light is illuminated, you may have a misfiring spark plug. Be sure to have that checked promptly to avoid overheating the converter. And, yes, don't park your car on a pile of dry leaves or grass.

Q: I was told by a friend that having other keys on your car key ring is not a good idea, that the weight of them causes a problem. I have never heard of this. What is your learned opinion on this?

— J.M., Chicago

A: Over the years we have seen plenty of ignition switches damaged by the weight of a key ring weighing nearly as much as an anvil. A few keys are fine, but flashlights, charms and handcuffs are too much. As more carmakers move to push-button start, this may be a problem of the past.

Send questions along with name and town to Motormouth, Rides, Chicago Tribune, 435 N. Michigan Ave., Fifth Floor, Chicago IL 60611 or motormouth.trib@verizon.net.

In spite of injury, Aghai was in Olympic contention

Skokie native just missed making U.S. Rowing team

BY SAM BRIEF
Pioneer Press

One January morning of this year, Dariush Aghai woke up in his bed in Chula Vista, Calif., where he was training for the U.S. Olympic rowing team.

But there was one problem.

"I couldn't even stand up," Aghai said. "My entire back from my shoulders to my glutes had seized up and spasmed. I was like a turtle on its back. I could barely move without serious muscular spasms and sharp pains in my lower back."

At the time, Aghai was in the heat of the Olympic qualification circuit and he couldn't afford to miss any significant time.

"It was so bad, the physical therapists couldn't do any real work on me," said Aghai, who grew up in Skokie and who rowed at Loyola Academy and the University of Wisconsin. "I was told it could be career-ending."

He had a bulge in two discs in his spine, and one was torn. Aghai, who is now 26, received a cortisone shot in his spine and underwent physical therapy. In addition, he worked out on an incline treadmill to stay in shape.

Then, Aghai pulled off a masterful comeback. He had to fight against his injury, his team and his coaches — to prove just about everyone, but himself, wrong.

The erg isn't easy.

Also known as an indoor rower, it's a machine that simulates real-world rowing and is used as a training tool.



US ROWING

Skokie native and Loyola graduate Dariush Aghai, right, came up short in his quest to make the U.S. Olympic rowing team.

After Aghai's injury, coaches moved his ranking from fourth to dead last in the group that was attempting Olympic qualification. He told coaches he deserved a higher ranking and wanted an opportunity to earn his spot back. In response, the coaches challenged him to a 2,000-meter erg test to gauge his health. They said he needed to break 6 minutes.

"They were giving me what I thought was an impossible task," Aghai said. "I just looked them in the eyes and was like, 'Done, I'll

do it.'"

Aghai broke 6 minutes — and set a personal record. He was back.

"I willed something out of my body," he said.

After proving to the coaches he was healthy, Aghai continued to push. He ended up in a fierce competition to make the eight-man Olympic boat, as well as the two-man boat.

But he didn't make the Olympic team. He criticized the decision of one of his coaches, Luke McGee, a former University of Wash-

ington coach, for giving his former Washington rowers spots over a potentially more-deserving Aghai in the eight-man boat. He later just barely failed to qualify for the two-man boat.

"I don't think he's right," Aghai said. "I think I should be in that boat. I've been beating those guys for years."

Aghai came very close to earning a spot on the Olympic team, especially for someone who stands 6-foot-2 and weighs 175 pounds, which is significantly smaller than most

Olympic rowers.

"If people would say, 'You're not good enough, you're not big enough,' they never affected him at all in a negative way," said Chris Clark, Aghai's coach at Wisconsin. "He's always liked to prove them wrong."

Aghai's brother, Matthew, now 30, rowed in high school and helped serve as a pull for Dariush to get involved.

"As a family, we are so incredibly proud that he could get up to this level, despite all the adversity and

the people working against him," Matthew Aghai said.

But Dariush Aghai's rowing career isn't over. He said he can't yet hit the escape button.

"I love the pressure," Dariush Aghai said. "You're sitting at the line, and your stomach, your throat hurt. You can barely breathe, and you can barely think straight. I love that feeling. It's awful and I love it — and I don't think I can stop doing it."

Sam Brief is a freelance reporter for Pioneer Press.

CORRECTION

A photo that appeared with the Pioneer Press All-Area baseball first team in the June 23 issue misidentified a player as Tristan Michaels of Barrington. The photo was of Barrington's Andrew Stopka.

Race boom benefits runners and nonprofits alike

BY DAN SHALIN
Pioneer Press

With his 70th birthday approaching, Chicago resident Chuck Aron was eager for a challenge. An avid runner who has competed in the Chicago Marathon since 2004, Aron wanted to honor his late brother-in-law Paul Bracken, who died in 2001 after a battle with early-onset Alzheimer's disease.

Bracken would have turned 73 this year, so Aron decided to run 73 races this spring, summer and fall while raising money for the Alzheimer's Association, Greater Illinois Chapter.

Aron has had no shortage of charity runs and races from which to choose. Dozens are held throughout the Chicagoland area on any given weekend between early spring and late fall. During a four-day stretch between June 9 and Sunday, June 12, Aron competed in the Sunset Shuffle 5K in Glenview, the La Grange Rocks 5K, the Trot Against Trafficking 5K in Park Ridge and the River Grove Police FOP 5K.

But why have races and walks benefiting nonprofits become so popular?

According to Running USA, an organization with a mission to advance the growth and success of the running industry, the number of road race finishers in the U.S. rose from just under 5 million in 1990 to just over 19 million in 2013, before declining slightly in 2014 and 2015. Last year, there was a total of 171 million road race finishers.

Liz Livingston Howard, director of nonprofit executive education at Northwestern's Kellogg School of Management, said technology is one of the main reasons the "a-thons" have grown in popularity.

"If you go back to my childhood, pre-the internet, if we were having an a-thon, we had to go door-to-door or get on the phone to collect pledges," she said.



ERIC P. DAVIS/PIONEER PRESS

Runner and walkers take off in the rain at the start of the 5th Annual Ridgewood 5K on May 13 in Norridge. The race raised funds for Easter Seals and the New Horizon Center for Children & Adults with Developmental Disabilities & Autism.

"In today's world, you just send out an email or a Facebook post with a link to a fundraising page. This is a piece of why we see more of these. It's easier to do it now."

Nonprofits have caught on to the benefits of these events. Livingston Howard said a-thons often serve as either fundraisers or fundraisers, the latter building awareness about the cause or brand, thanks to advertising, news coverage, signage, T-shirts and social media posts from partici-

pants.

Christie Madsen, the Arlington Heights-based senior manager of national events and brand campaigns for Make-A-Wish America, said her organization's 60-plus chapters across the nation organize events — walks, runs, bike rides and hikes — that raise money and awareness.

Madsen said peer-to-peer fundraising is one of the fastest growing revenue segments for nonprofits.

"The organization is not just asking someone for a

donation, but they are recruiting someone who signs up for a walk or run, and that person is reaching out to their networks, asking for a contribution," Madsen said. "In addition to fundraising, this is a donor-acquisition tool. It's a way for organizations both large and small to get a footprint in the community and to acquire new donors and revenue."

Corporate sponsorship also plays an important role in underwriting many of the runs and walks organ-

ized by nonprofits. However, Livingston Howard said corporations have gotten more strategic about their sponsorships and philanthropy in recent years, looking for events that deliver a specific demography. For example, Avon 39 The Walk to End Breast Cancer is a way for the cosmetics company to help women and also reach its core customer.

Many local charities that coordinate their own races do so with some input from the Chicago Area Runners

Association, a nonprofit dedicated to running advocacy in Chicago and the suburbs.

Greg Hipp, CARA's director of road race services and events, said organizers must consider location, budget and staffing in order to coordinate a successful charity run.

"You have to be good at what you're doing," Hipp said. "You need a professional approach."

In addition to providing expertise about organizing races, CARA certifies a number of Chicagoland's "most well organized and well-appreciated races" as part of the CARA Runners' Choice Circuit.

One charity race Hipp used as an example of a well-run event is the annual Lake Bluff PTO Pumpkin Chase, featuring a 5K and one-mile run, which will take place this year on Oct. 29.

The race, with a course that runs through wooded ravines, along the bluff overlooking Lake Michigan, down tree-lined streets and past historic homes, began in 1988. Rich Martin, now in his 15th year as race director, said the event traditionally drew between 400 and 500 participants.

That number has grown to 800 in recent years after the Pumpkin Chase became a United States Track and Field-certified course in 2012. The certification meant the course's distances were certified for accuracy, and the designation attracted a more serious group of runners.

In 2014, the race raised \$23,000 for Lake Bluff School District 65, according to a statement.

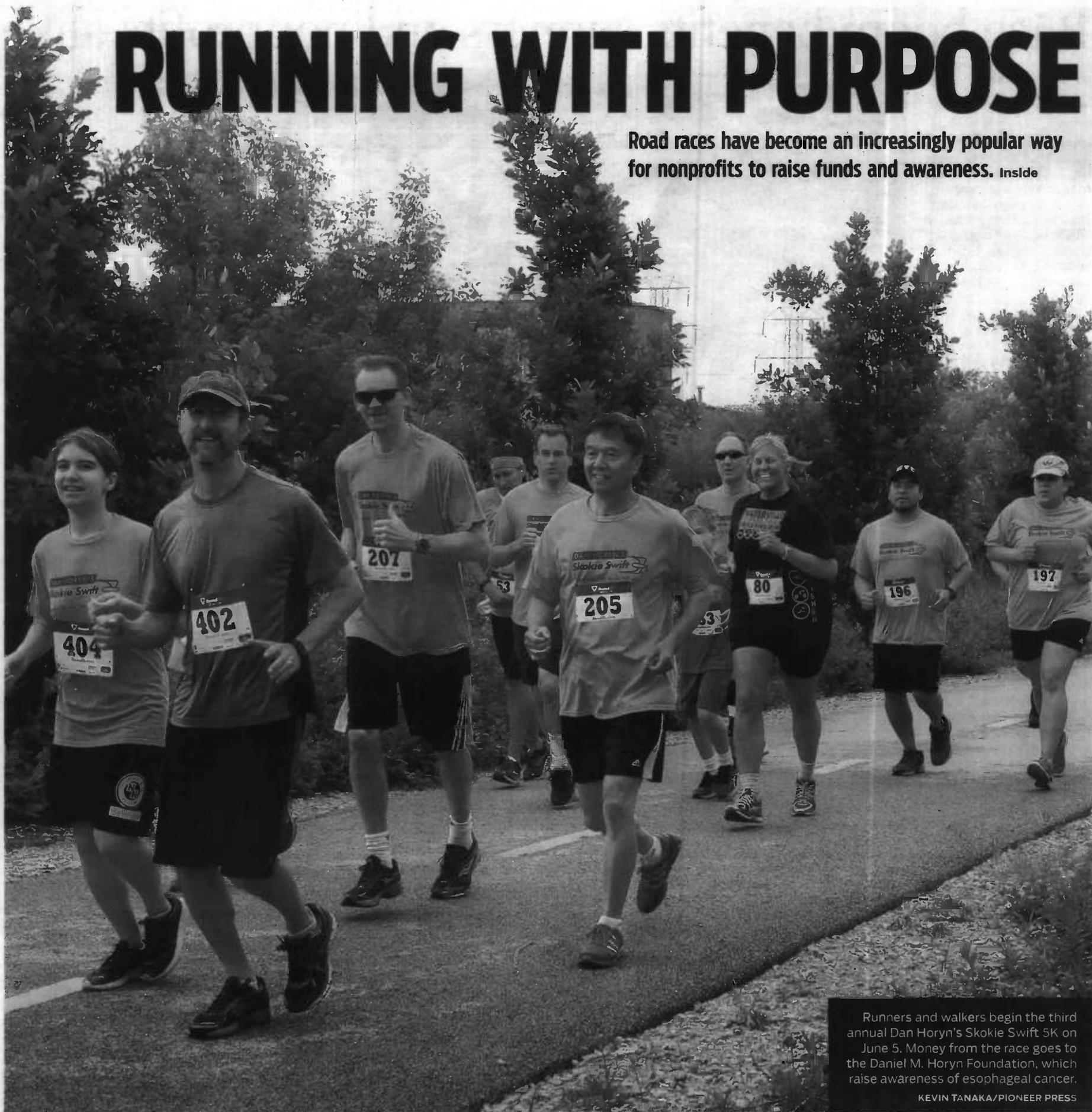
This year, the Pumpkin Chase joins the CARA Runners' Choice Circuit, and Martin hopes to see participation reach 1,000.

Dan Shalin is a freelance reporter for Pioneer Press.

Twitter @dshalin

RUNNING WITH PURPOSE

Road races have become an increasingly popular way for nonprofits to raise funds and awareness. Inside



Runners and walkers begin the third annual Dan Horyn's Skokie Swift 5K on June 5. Money from the race goes to the Daniel M. Horyn Foundation, which raise awareness of esophageal cancer.

KEVIN TANAKA/PIONEER PRESS

Chicago Tribune

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