Carnival brings out crowd
St. John Brebeuf four-day event offers something for everyone. Page 6

Joseph Mazur of Niles calls bingo on July 10 at St. John Brebeuf Church in Niles.

‘Titanic’ live
Chicago Symphony Orchestra to perform score to blockbuster film during screening at Ravinia. Page 23

So close
Skokie native comes up short in quest to make U.S. Olympic Rowing team. Page 44
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Dean T. Patras, the Man Behind the Magic of the Taste of Park Ridge

Dean T. Patras was not only the unsung hero of the Taste of Park Ridge. He was undeniably one of the most dedicated volunteers in Park Ridge history. Many people were not aware of that, because Dean never boasted about anything. He simply wanted to help. That is what a genuine volunteer does. To paraphrase Dean’s son Dean Jr., Dean was not the person to whom one would hand the microphone, but he was the one who had probably secured the microphone in the first place. The spotlight was not Dean’s forte. Working tirelessly behind the scenes was.

An accomplished businessman, having owned Broadway Livery in Chicago, and Ann’s Pizza and Giappo’s Restaurant in Park Ridge, Dean was intelligent, industrious, well organized, and incredibly loyal. As was true of the Taste’s legendary John Wernimont, many of the initiatives with which Dean became involved were the results of having been asked by his friends for help. Dean was the first person invited to join the original Taste committee in 1998 (he had already helped to launch the Taste of Uptown in 1998, then the Taste of Park Ridge in 2000). His “help” was also requested when the Holiday Lights committee was formed in 2009. Prior to that, Dean was instrumental in creating an enormously successful soccer league in Park Ridge.

The Taste of Park Ridge is a celebration of all that is positive in our wonderful community. Dean always stayed true to the committee’s initial vision: that of presenting a professional, first class family oriented festival where attendees could enjoy a wide variety of food offerings, top notch free entertainment, and most importantly, the camaraderie of each other.

We have been privileged to work alongside an impressive number of impressive individuals throughout the Taste’s history, including committee members, City, Chamber, and Park District personnel, suppliers, food vendors, and volunteers. But of one thing I am certain. There would have never been a Taste of Park Ridge were it not for the incomparable Dean T. Patras.

SHOUT OUT

Eve Michelini, Glenview librarian

Eve Michelini, 58, a Niles resident, started working at the reader services desk at the Glenview Public Library three months ago, and before that she worked at the Brown County Library in Green Bay, Wis. She grew up in Norridge and raised her three children in Park Ridge.

Q: How do you like working at the Glenview Public Library?
A: I love it. The staff has been so warm and friendly, and the customers are awesome. We provide great services for our community and patrons.

Q: What do you like about working in libraries?
A: I like working with people of all ages and helping them find the materials and services they need.

Q: What genre of books do you like to read?
A: I like action and adventure, paranormal, young adult and romance.

Q: What are you reading right now?
A: I am reading J.R. Ward’s “The Beast.” It’s good. It’s part of a big series, and this is her latest one.

Q: If you could go anywhere in the world, where would you go?
A: I would like to go to the Smithsonian and spend a week there. I would also like to go to the Redwood National Park.

Q: Where do you see yourself in 10 years?
A: I’ll be 68 then, so I’m thinking I am going to be just retiring. I am going to garden and paint. I am going to spend time with my grandchildren. I only have one grandchild, but I’m thinking I’ll have more.

Q: What words of wisdom do you have for the community?
A: An open heart and an open hand can change the world.

—Alexandra Kukulka, Pioneer Press
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Barbara Mazur of Niles has just won $25 in bingo at the St. John Brebeuf Carnival in Niles.

Fantasy Amusement Co. and St. John Brebeuf Carnival in Niles at St. John Brebeuf Parish at 8301 N. Harlem Ave. took place from July 7 through 10. The four-day carnival took place under banner conditions with a Thursday start that had threats of rain when a line of storms rolled through the Chicagoland area shortly after 6 p.m.

"It's outstanding," said Greg Sromek of Chicago, a carnival patron who used to live in Niles and came back with his grandchildren and their family. "It's kid-friendly," Sromek said.

— Karie Angell Luc, Pioneer Press

Buzz Theodoropoulos of Niles waves to her child Magda Mulvenna, 5, of Niles who is on a ride.

Veronica Chudoba, 11, of Niles tries out the bungee jump attraction on July 10.

Magda Mulvenna, left, and Vanessa Guerrero, both of Niles, wave from a ride on July 10.
Stormwater alleviation project to begin this fall

BY LEE V. GAINES
Pioneer Press

An estimated $400,000 project scheduled to begin later this year will keep the equivalent of nearly 1,000 rain barrels of water out of Niles' overburdened stormwater system, according to village officials.

The village plans to construct a bioswale and permeable parking lot in the area surrounding Oak Park beginning this fall. A bioswale is "a broad, shallow, earthen channel designed to slow runoff, promote infiltration and filter pollutants and sediments in the process of conveying runoff," Tom Powers, an engineer for the village, wrote in an email.

A bioswale, which generally is filled with some form of vegetation, is designed to filter out pollutants from the water and to hold water within the swale as long as possible. Powers said the bioswale will be constructed in the village right of way adjacent to Oak Park and run the length of Lee Street from Overhill Avenue to Ottawa Avenue.

Native plants within the bioswale will be used to maximize the infiltration capacity — the rate at which soil is able to absorb rainfall, Powers said. He said residents will benefit from the project because the bioswale will capture stormwater that would otherwise drain directly to the village's "overtaxed" sewer system.

"Considered together, the bioswale and permeable pavement store 53,811 gallons of stormwater (this is equivalent to almost 1,000 rain barrels)," Powers wrote. As a result of the project, he added, there will be that much less polluted water discharged to the North Branch of the Chicago River per every 1-inch to 2-inch rain event.

The exact costs for the project are not yet known, but the village has budgeted $400,000 for the improvements, with the Metropolitan Water Reclamation District picking up half the cost, according to Powers. The village also received a $10,000 grant from the Royal Bank of Canada to help offset the costs of the project.

"If the project is completed for the budget amount then the village will be responsible for funding $190,000 of the improvement," he wrote. "We expect the project to be complete at or below the budget amount."

Power said construction will begin in September and the plantings in the bioswale will be completed in the spring of next year.

Lee V. Gaines is a freelance reporter for Pioneer Press.
Sad day in law enforcement

Suburban cops speak on Dallas shootings

TRIBUNE NEWSPAPERS

The shooting deaths of five police officers in Dallas on July 7 weighed heavily on police departments in Chicago's suburbs.

Bolingbrook police Chief David Miller said, "It's a sad day in law enforcement, for everybody who knows somebody in law enforcement or who has a relative in law enforcement, and for your average citizen who respects the job officers do."

The shootings of the officers came on a night when protests were being held in Dallas, Chicago and other cities over the recent shootings of two black men by police officers in Louisiana and Minnesota.

Seven other officers were wounded in Dallas, as were two civilians, officials said.

The events of the day reinforced in many officers both the dangers of the job and the ongoing effort to address race and community relations.

Park Ridge police Chief Frank Kaminski, the immediate past president of the Illinois Association of Police Chiefs and a 40-year law enforcement veteran, said he has seen "ups and downs" when it comes to relations between the police and public, but "this time seems different."

"I'm troubled by this appearance of a continual divide between our country between the police and the community -- I get scared about it," Kaminski said. "Where are we going as a society and how do we get back to some sense of rebuilding and reconciliation and get away from violence?"

Kaminski has long backed a community policing philosophy as a way to improve relations between officers and the public and reduce crime.

Earlier this year, the IACP held a round table event with police chiefs from central Illinois and representatives from the Illinois chapter of the NAACP to discuss issues faced in policing and ways of building trust, Kaminski said.

West Dundee police Chief Steve Fletter, who has been in law enforcement for 25 years, calls the recent climate "the worst I've seen as far as visceral reaction to police."

"No one wants to wait and hear the facts," he said. "The silent majority is still out there and still supports law enforcement. I just wish the silent majority would become a little more vocal."

Upon hearing news of the shootings, Fletter said he got a pit in his stomach but wasn't surprised. "I knew it was coming," he said.

Fletter said the West Dundee department will stay vigilant.

"We always are. You have to be," he said. "Nothing is routine in this job. It's just so sad for those officers. They had families, loved ones. They were shot because they were wearing their uniform. It's horrendous."

Carpentersville police Chief Michael Kilbourne said the events of this week will have a profound effect on the law enforcement profession and the country as a whole.

"We must always remember that a great many in the both the United States and the community support us as police officers and the job we do," he said. "Yet as police officers we understand that there are those very few who hate and target us simply because of what we stand for and/or for the uniforms we wear."

Miller said the incident didn't appear to have been caused by participants at the Dallas march, who he said were invoking their right to demonstrate, while the officers were doing their job.

"You've got people on the outside who had obviously pre-planned and orchestrated a plan on police officers," he said. "There's mistrust out there, and it takes for people who maybe have some mental issues or some other agenda, that you don't know beforehand."

Miller said the shootings would not change the way his officers do their job: "There's no way to not make traffic stops, or not to go out on calls. We have to do our job. This is a dangerous profession. Everyone who becomes a police officer realizes that."

Police Cmdr. Joe Dugan of Evanston, a city that has seen recent demonstrations ranging from Black Lives Matter organizers to anti-Islamophobia advocates, said his department will not change the way it polices such events.

"We have not heard of any credible threats against our officers but it will definitely heighten the officers awareness as far as officer safety," he said.

"The vast majority of citizens that I encounter are supportive of the police," he said. "I am proud to be a police officer. It is more of a calling than a job for most officers. I read about and see examples, both here and nationally, that officers do on a daily basis that help people in the community that reinforces the fact that it is truly a calling."

Hinsdale police Chief Kevin Simpson said that although Hinsdale is a much smaller town than Dallas,

"We are not naive enough to think that something like that cannot happen here," he said.

Niles police Sgt. Robert Tornabene said police there train annually on active shooter situations and that the department tries to come up with scenarios officers might encounter.

"This is to ensure that the training is both valuable and their reactions are appropriate," he said in an email. "In addition we conducted a department-wide training earlier this year in de-escalation strategies to both deal with individuals who were emotionally disturbed, but also those who become hyper stressed when they encounter police," he said.

Arlington Heights Deputy Police Chief Miguel Hernandez said, "It's a tough day for us here at the Police Department, and our hearts and prayers go out to the Dallas police."

Will County Sheriff Deputy Chief Tom Buddle said that he had received phone calls and emails from people wanting to buy sheriff department T-shirts to wear in support of local law enforcement.

"You've gut people on the outside who had obviously pre-planned and orchestrated a plan on police officers," he said. "There's mistrust out there, and it takes for people who maybe have some mental issues or some other agenda, that you don't know beforehand."

"We are not naive enough to think that something like that cannot happen here," he said.

Mundelein police Chief Eric Guenther said police in his town received at least five phone calls or emails July 8 relaying messages of support.

"This is to ensure that the training is both valuable and their reactions are appropriate," he said in an email. "In addition we conducted a department-wide training earlier this year in de-escalation strategies to both deal with individuals who were emotionally disturbed, but also those who become hyper stressed when they encounter police," he said.

"I'm sure there are some out there who don't agree and are not supportive of our efforts, but by and large everybody in this community appreciates what we do," Guenther said.

"We have to remember that because as sad as it is, this isn't the last time it will happen," he continued.

"There will be other tragedies and that's just inevitable. We can't, as a community and as a society, have a knee-jerk reaction to these things, both in what happened in Minnesota and Baton Rouge or what happened in Dallas," Guenther said.

News; and freelancers Ed Sauder contributed.
Chicago man charged in parking lot shooting

BY LEE V. GAINES
Pioneer Press

A Chicago man faces gun and drug charges after Evanston police arrested him and allege he is responsible for shooting a 25-year-old Beach Park resident multiple times in an IHOP parking lot early morning July 3.

Cornelius Jones, 29, of the 7500 block of North Ridge Avenue in Chicago, was charged July 7 with aggravated battery with a firearm, aggravated discharge of a firearm, unlawful use of a weapon by a felon and unlawful possession of cannabis, according to a news release from Evanston police.

Evanston Police Cmdr. Joe Dugan said witnesses to the shooting identified Jones in a photo line up as the man who allegedly shot the Beach Park resident three times at about 5 a.m. July 3 in an IHOP parking lot in the 100 block of Asbury Avenue. Jones allegedly approached the victim, who was standing in the parking lot with several other people, and asked what his gang affiliation was, police said. When the victim told him he wasn’t a member of a gang, Jones opened fire, according to police. The Beach Park resident, who was hit in the torso, arm and leg, was treated for his injuries at St. Francis Hospital and released, police said.

Dugan said Jones, a Rogers Park resident, is a member of the Gangster Disciples.

Prior to the shooting, Jones was under investigation for narcotics by the city’s Neighborhood Enforcement Team. Dugan said distinct tattoos on Jones’ forehead, which were noted by witnesses to the shooting, helped police realize that he was likely connected to the incident.

Members of the department’s Special Operations Group executed a search warrant at Jones’ residence July 6. During the search, police discovered a loaded Smith & Wesson .40 caliber semi-automatic handgun and .40 caliber ammunition in addition to a small amount of marijuana, Dugan said.

Cook County State’s Attorney approved felony charges against him the following day, according to police. Dugan said Jones’ arrest was due in part to cooperation from the victim and witnesses to the shooting.

Lee V. Gaines is a freelancer.

Woman pleads not guilty to causing Evanston Target bathroom explosion

BY BRIAN L. COX
Pioneer Press

A Chicago woman charged with causing an explosion in the bathroom of an Evanston Target store pleaded not guilty at the Skokie courthouse on July 7 to all charges.

Heidi E. Schmidt, 44, of the 4000 block of West Crystal Street in Chicago, was charged with aggravated arson and unlawful possession of an explosive or incendiary device, after an explosion in a bathroom located toward the front of the Target at 2209 Howard St. on June 8, authorities said. They said that no one was injured in the incident and that the damage was limited to a stall in the restroom.

Schmidt, who is being held in the Cook County jail in lieu of $250,000 bail, on July 7 pleaded not guilty to all charges at the Skokie courthouse and was scheduled for a July 11 preliminary hearing. Schmidt also faces a $1,000 arrest warrant for retail theft out of Branch 23 courtroom at the Chicago’s Grand Central police district, said authorities.

An eyewitness inside the Target bathroom said the explosion occurred inside Schmidt’s stall, prosecutors said during Schmidt’s bond hearing last month. They said that after the explosion, the witness asked Schmidt if she was OK, but Schmidt, who was uninjured, exited the bathroom without saying anything and left the store.

The Chicago police Bomb Squad was called to the store and confirmed that the explosion was the result of a chemical reaction inside a bottle, said authorities. At the time, police said that based on witness accounts and surveillance footage they determined that Schmidt was inside the stall at the time the incident.

After the explosion there was speculation that it may have been caused by someone angry over Target’s policy of letting “transgender patrons” use the bathroom of their choice, said authorities. But police said there was no evidence that and the explosive cocktail in the bottle included items combined to “produce a chemical high.” They said that during the mixing process the items can become volatile and explode.

Brian L. Cox is a freelance reporter for Pioneer Press.
The following items were taken from the Niles and Park Ridge police department reports. An arrest does not constitute a finding of guilt.

Niles

**BATTERY**
- David Crespo, 51, of the 3700 block of North Sawyer Avenue, Chicago, was charged with battery July 1 after he was accused of throwing a rubber sign at his supervisor's face inside a custodial company on the 5900 block of Howard Street, police said. According to police, Crespo then attempted to strike the 55-year-old man in the face several times before he "head-butted" him on the top of his head. The supervisor told police that Crespo became upset when he was told he could not work that day because he appeared to have been drinking alcohol. Crespo was given a July 27 court date.

**DUI**
- Alberto Velazquez, 22, of the 3700 block of Delaney Drive, Joliet, was charged with driving under the influence and obstructing a police officer June 25 following a traffic stop near Dempster Street and Potter Road at 4:40 a.m. According to police, Velazquez was seen moving from the driver's seat to the rear passenger seat after his car was pulled over. When asked why he had done so, Velazquez reportedly told police he was not the driver of the car, which also contained two sleeping women, police said. Velazquez was given a July 20 court date.

**PUBLIC INTOXICATION**
- A 50-year-old Niles man was ticketed for public intoxication July 1 after police responded to assist an ambulance called to a sidewalk bench on the 6300 block of Touhy Avenue at 11:15 p.m. He was taken to Presence Resurrection Medical Center.

**UNDERAGE DRINKING**
- Two 16-year-old girls from Glenview were ticketed for underage drinking and possession of drug paraphernalia June 26. According to police, one of the girls was found unconscious and face-down on the ground outside a house on the 7000 block of Dobson at 5:50 a.m., while the second girl was found in the back seat of a car that contained a device used for smoking marijuana. Both teens were taken to Advocate Lutheran General Hospital in Park Ridge, police said.

**THEFT**
- A 38-year-old woman told police she paid a man $500 for his car after he checked into the Village Motel, 6871 N. Milwaukee Ave., June 10. On June 25, she reported seeing the man driving away with the car, police said.
- A man and woman are alleged to have stolen $600 in cash from a store on the 8500 block of Golf Road when they short-changed a cashier in two separate incidents June 26.
- A Niles man reported that he discovered jewelry valued at $1,700 missing from his home on the 8400 block of North Terrace after he hired someone to do small repairs and painting June 26. The victim told police that the man he hired never returned to finish the work and has not responded to phone calls and text messages.
- A business owner's bank deposit containing "several thousand dollars" was stolen June 29 from a minivan parked in a lot on the 9000 block of Greenwood Avenue, police said. A window was reportedly shattered to gain entry.

Park Ridge

**TRESPASS**
- Timothy L. Moore, 29, of the 3900 block of West Lexington, Chicago, was charged with criminal trespass June 29. According to police, Moore was seen panhandling at Advocate Lutheran General Hospital, 1775 W. Dempster St., despite previously receiving notice that he was not allowed on the property. He was given an Aug. 3 court date.

**BATTERY**
- Thomas Calkins, 19, of the 600 block of Courland Avenue, Park Ridge, was charged with battery June 30. Police said Calkins was the third person charged in connection with the beating of a 19-year-old Park Ridge man May 4 at Northwest Park, 1200 N. Dee Road. Police said the victim knew all three of his alleged attackers. Calkins was given a July 20 court date.
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Students learn about local STEM jobs

STEM Career Awareness Day pairs local kids with those who work in the field

BY MIKE ISAACS
Pioneer Press

Chicago area high school students who visited Skokie last month had their future careers in mind rather than the summer respite from school they were about to enjoy.

Fresenius Kabi, a global health care company that focuses on pharmaceuticals, medical devices and clinical nutrition, held its inaugural STEM Career Awareness Day at the Illinois Science + Technology Park.

This was an opportunity to give dozens of students a daylong taste of the kind of STEM (science, technology, engineering and math) jobs that could be part of their futures.

At least, Fresenius Kabi and other such companies hope so.

According to the U.S. Department of Education, "Few American students pursue expertise in STEM fields -- and we have an inadequate pipeline of teachers skilled in those subjects."

President Barack Obama has prioritized programs "designed to attract, develop, reward and retain outstanding educators in science, technology, engineering, and mathematics," according to the White House Office of the Press Secretary.

To Fresenius Kabi, more people need to be doing the kind of work its engineers, scientists and specialists perform. That's what prompted the idea of bringing in high school students to learn about new career paths, officials said.

The company says it has operated in the United States since 2008 and performs U.S. pharmaceutical research and development at the Illinois Science + Technology Park. Germany-based, it employs more than 30,000 people worldwide and has annual sales of more than $5 billion as part of health care group Fresenius SE, it says.

Fresenius Kabi's stated goal is to put lifesaving medicines and technologies in the hands of people who care for patients and to find answers to the challenges they face.

The 80 students who attended STEM Career Awareness Day were not randomly selected; they each have some family member who works at Fresenius Kabi. Four Fresenius Kabi specialists, representing different science and engineering disciplines, filled in students about their careers.

"One of the reasons I'm a scientist is because I was one of those kids who always took things apart," said principal scientist Ben Oberts. "Why does this work? If I could get my hands on something, I was fascinated by it."

Steve Binninger, a senior engineer in the company's medical device group, has a background dissimilar to just about anyone else, he said.

He was a college tennis player, a student athlete president and a national vice president of a leadership organization before pursuing a career as a physical therapist and then in economics.

"There is no one way to do it. Let your values be your driver and set realistic expectations. Be creative and, last but not least, love what you do."

That the speakers were young and not far removed from school was by design, company officials said. Their experiences were likely to resonate with students more, they said.

The day also included interactive experiments including setting salt on fire, making gummy bears and working with liquid nitrogen. Binninger gave students hands-on experience with a blood separation device his team created, and students toured Fresenius Kabi's labs and saw demonstrations of its aseptic manufacturing techniques.

Fresenius Kabi held its Inaugural STEM Career Awareness Day, inviting high school students to Skokie to learn about STEM careers and witness some cool demonstrations.

"There are many pathways you can take to build your career," Gupta said.
District 64 expecting a $414K savings with rebid

By Mario Bartoletti
Pioneer Press

District 64 officials saved about $414,000 rebidding a window replacement contract for Lincoln School as part of the district's ongoing health, life and safety maintenance and improvement plan.

The board discussed the new Lincoln windows at its last meeting on June 27.

"This is a [$414,000] savings over the bid that was put out several months ago," board President Anthony Borrelli asked.

Chief Business Officer Luann Kolstad confirmed that it was and said the contractor, Jensen Window Corp., would take advantage of school days and Thanksgiving break to install the windows.

"Initially, the board bid the window contract out in February and when it came back it was higher than it should have been because the companies that install windows were booked for the summer," she said. "So our construction manager suggested we rebid the contract and have the work start in the fall.

The contractor will take advantage of days off school and will work around staff schedules to ensure that there is minimal disruption to classes.

The Lincoln staff gave the project an extremely high priority on their own facilities report.

"There was a cold air and a lot of water coming into the building, which destroys walls from inside," Kolstad said. "You know it's a problem when the staff says this is the number one thing they want to see done."

At the board meeting, Kolstad emphasized that students would be safe and staff would personally ensure safety procedures would be followed for workers.

"The law in Illinois mandates that when a contractor signs a school bid, they do criminal background checks," she said. "So our construction manager suggested we rebid the contract and have the work start in the fall.

Mario Bartoletti is a freelance reporter for Pioneer Press.

Police, FBI search for bank robbery suspect

By Mike Isaacs
Pioneer Press

Skokie police have been searching since July 6 for a man who they say robbed a Skokie bank just before noon.

Police said FBI agents and task force officers responded at 11:58 a.m. July 6 to reports of a bank robbery at First American Bank, 4611 Golf Road. Police called the incident "a non-takeover robbery" in which no weapon was displayed by the suspect. Authorities did not report how much money was taken.

There were no injuries to employees or customers at the bank, according to police. Police said the suspect fled the bank on foot in an unknown direction. An immediate search of the area by Skokie police officers was unsuccessful in locating the suspect, they said.

The suspect is described as a black male in his 50s, 6 feet tall, weighing about 200 pounds and wearing a dark blue T-shirt, dark blue jeans, black sunglasses and a dark navy blue baseball hat with the word "classic" written in cursive on the side.

The bank was closed July 6 and a sign posted in the window announced a power outage, but made no mention of a bank robbery.

"We apologize for any inconvenience, however, due to a power outage this branch is temporarily closed," the note read.

The Police Department and the FBI requested help in identifying the suspect. Those with any information are asked to contact the FBI at 312-421-6700 or Skokie police at 847-982-5900.

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ADULT DAY CLUB
Glencoe resident seeks kidney donor

Dialysis sessions three times a week keeping him alive

BY DANIEL I. DORFMAN
Pioneer Press

Dan Lee has played a major role in creating some of what Chicago radio listeners hear today. But Lee doesn’t reflect on his past. Instead, he is trying to preserve his future.

Lee, who said eight different radio stations were at one time or another part of his business interests, is seeking a kidney donation, as both of his own are failing.

Speaking from his kitchen in Glencoe, wearing a blue shirt and khaki pants, Lee, 74, describes the August 2015 day when his life changed.

“I started getting fatigued and had shortness of breath, and when I did a routine blood test, it showed the kidneys were really failing,” he remembered.

His doctor instructed him to go directly to Chicago’s Northwestern Memorial Hospital, where he underwent an emergency dialysis and was then told regular dialysis sessions would be a reality in his life.

He now gets the treatments in Glenview, where the sessions are rigorous and at times painful. Three times a week, for 3 1/2 hours a session, Lee has large needles stuck in his arm to begin the procedure.

Yet, as he reveals the bandages on his arm, Lee displays a philosophical attitude about the dialysis.

“That is the only way to stay alive,” Lee said. “Without it, you die.”

Such is the predicament today for Lee, an entrepreneur who followed his father into the radio world, with his two most prominent ownerships being stations in Chicago. Alternative rock WXRT came to life in 1972 and he later oversaw the development of all-sports WSCR in 1992, even though he is not much of a sports fan.

Lee and his family moved into Glencoe in 1976. Lee once owned a downtown video store, participated in the Glencoe Caucus, helped form the Glencoe Ski Club and served as president of Congregation Am Shalom.

The kidney problems represent the latest in a series of health issues for Lee.

In 2002, he survived a battle with esophageal cancer, losing 45 pounds as surgeons removed a portion of his stomach to replace his esophagus. He believes his current condition can be traced to the chemotherapy and radiation he underwent then.

Later, Lee had unexpected quadruple bypass heart surgery.

Now, it is his kidneys that have gone bad.

In the face of grueling dialysis treatments expected to continue indefinitely, Lee is asking the public if there is someone willing to donate a kidney to him. He is looking for a living donor, since transplants from deceased donors have a higher success rate than those from deceased donors.

The search process - which requires a donor with Type O blood to match Lee’s - has had its share of disappointments.

Neither his wife of 46 years, Karen, or his two daughters are compatible as kidney donors for Lee. Two other possibilities fell through in late stages of the screening process. Another promising donor has stepped forward and is being analyzed now by Northwestern Hospital, but Lee said he won’t know for several weeks if that will be a match.

Anne Paschke, spokeswoman for the United Network for Organ Sharing, the nonprofit organization that manages the nation’s transplant system for the federal government, said almost 100,000 people are on the waiting list for a kidney, and nearly 18,000 kidney transplants took place in 2015.

Lee’s age means he is less likely to be offered one of the best-quality kidneys that become available, according to a rule change that was put in place at the end of 2014, Paschke said.

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“The flowers smell sweeter,” Lee said. “The sun is brighter and you cherish each day because it is a little more important.”

Those interested in donating a kidney to Lee can go to http://www.kidneydonorfordan.org/.

Therefore, Lee said, he has to find a direct donor.

He is being assisted by fellow Glencoe resident Harvey Mysel, himself a two-time kidney recipient who started a nonprofit organization called the Living Kidneys Donors Network. Mysel said he has helped hundreds of people through the process of finding a kidney donor, and he is optimistic that someone will come forward for Lee.

“Think he is a very good candidate, mainly because he is positive and he has his health, besides obviously needing a kidney transplant,” Mysel said. “There are good people in this world who want to help.”

Meanwhile, Lee is trying to lead as active a life as possible.

While an anticipated trip to Russia has been placed on hold because of the demands of the dialysis treatments, Lee still finds time to enjoy a good cheeseburger, play golf and attend programs at the new Writers Theatre in downtown Glencoe.

He spends time with his family, including his five grandchildren.

After all of his medical problems, Lee said, he enjoys life more than he did in the past.

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Daniel I. Dorfman is a freelance reporter for Pioneer Press.
Area residents remember Elie Wiesel

BY DANIEL I. DORFMAN
Pioneer Press

During a trip to Florida several years ago, Glencoe resident Bruce Bachmann was introduced to Elie Wiesel, Holocaust survivor and Nobel Peace Prize winner, by a mutual friend. Soon, Bachmann and Wiesel went for a walk on the beach where, instead of discussing the world's problems, they focused on a distinctly American pastime: baseball.

Wiesel wasn't familiar with the intricacies of baseball, but he was headed to a spring training game later that day. So Bachmann explained the game to him.

Bachmann is one of two area residents who spent time with the renowned humanitarian, who died July 2. He, along with Leo Melamed, who met Wiesel more than two decades ago as part of their involvement with the United States Holocaust Memorial Museum in Washington, D.C., recently reflected on Wiesel and his life.

"(His death) was a bit of a shock, as it was difficult to consider him a normal human being with a lifeline," Melamed said.

After his initial meeting in Florida with Wiesel, Bachmann didn't see him again until he came to speak at the Washington museum's annual luncheon in Chicago, chaired by Bachmann and his wife.

"We talked baseball that day, and about three years later he was speaking at the Field Museum, and while he did not remember my name, his eyes lit up and he said, "Baseball," Bachmann remembered.

Bachmann said he met Wiesel a few more times, and there was even correspondence between Wiesel and Bachmann's grandson, who received what Bachmann described as a "beautiful autographed picture." The grandson reciprocated by inviting Wiesel to his bar mitzvah. The invitation was declined, according to Bachmann, who lived in Glencoe for 45 years before moving to Highland Park several weeks ago.

Bachmann said he was struck by Wiesel's eyes. "They were sad, and when I looked into them I saw the Holocaust, and that is very emotional," he said.

Melamed, a longtime Glencoe resident, met Wiesel more than two decades ago after President George H.W. Bush appointed Melamed as a Council Member of the Holocaust museum in Washington, prior to its opening in 1993. It was there that he got to know Wiesel, and the two were in touch periodically.

"The man was all consuming," Melamed recalled. "If you were in his presence, you felt his depth of intellect and his mission of remembering, and his voice against genocide of any sort."

Melamed said Wiesel had three goals of remembrance for the United States. First, there was the creation of Washington's Holocaust museum. Second was a national day of remembrance of the Holocaust, to be commemorated at a rotunda at nation's capital. And Melamed was thrilled that, in his role at the Holocaust museum, he was instrumental in carrying out Wiesel's third mission.

"He wanted the creation of a Committee on Conscience to act as a warning voice to the world whenever genocide appeared somewhere," Melamed said. Melamed said that committee was one of the first to alert the world to the 1994 Rwandan genocide. Melamed distinctly remembers one conversation many years ago with Wiesel. While Wiesel survived the Auschwitz concentration camp, Melamed's family escaped Poland in 1939 after being captured by the Nazis. After stops in Siberia and Japan, they arrived in the U.S. in 1941. While his trip was harrowing, Melamed did not have the tattoos of many concentration camp survivors.

"I told Elie I did not feel comfortable being called a survivor because I did not have numbers on my arm," he said. "He smiled and said, "You escaped from the Nazis, so you are a survivor."

Daniel I. Dorfman is a free-lance reporter.
Harrer Park Classic Car Show just around the bend in Morton Grove

BY LEE V. GAINES
Pioneer Press

An automotive tradition is slated to return to Morton Grove later this month. The seventh annual Harrer Park Classic Car Show will roll into town on July 21 and will include a vast array of motor vehicles spanning decades and styles.

The car show, which is organized and operated by the Morton Grove Park District, began in 2010 in response to community interest, said Kathy Herrmann, marketing manager for the park district.

She said individuals and car groups from Morton Grove and surrounding municipalities exhibit vehicles in the annual event. The variety of motor vehicles on display typically runs the gamut from antique — pre-1949 era cars — to modern-day sports cars.

Other categories including muscle cars, modified and imported vehicles, Herrmann said. Judges will pick their favorite antique, classic, modified, muscle, import and sports car models and the winners will be announced toward the end of the two-hour event.

"Last year we had 65 cars on display. Since we allow cars to enter day of it's a little difficult to estimate our exact amount of cars that will be on display, but I would expect the number to be on par with last years," Herrmann wrote in an email. She said about 550 people are expected to attend this year's show.

Attendees and exhibitors will also be treated to performances by Creedence Clearwater Revival tribute band the Fortunate Sons, according to Herrmann.

The Charcoal Flame and Dairy Queen of Niles will be hocking food and frozen treats. The event is held in conjunction with the park district's summer concert series.

To participate in the car show, register by July 15 to reserve a spot, Herrmann said. She said day of event registration will be based on availability and a first-come, first-served basis beginning at 5:15 p.m. July 21. All cars on display must arrive at the event between 4:30 p.m. and 5:45 p.m. and remain on site until the end of the car show.

The show will take place between 6 p.m. and 8 p.m. at Harrer Park, 6250 W. Dempster St.

Lee V. Gaines is a freelance reporter for Pioneer Press.
Lincolnwood Binny's to host grand opening, tasting

BY NATALIE HAYES
Pioneer Press

Binny's Beverage Depot is the newest player to join Lincolnwood's retail liquor store scene, following in the footsteps of the April opening of Armanetti Wine and Spirits.

Two weeks after the new 30,000 square-foot store opened in the former Lincolnwood Produce building on the 7100 block of Lincoln Avenue, Binny's will host a grand opening party July 15 with a champagne reception, wine tastings from California wineries, and a whiskey tasting, according to Binny's spokesman Greg Versch.

Lincolnwood native and Binny's founder Harold Binstein was a lifelong resident of the village before he passed away in 1995, according to Versch, who said Binstein's roots in the community lend special significance to the Lincolnwood opening.

"Binny's has deep roots in the neighborhood, and this location is a labor of love," Versch said.

Binstein's son, Binny's owner Michael Binstein, gained approval from the village last year to renovate the property.

The space where Binny's opened in early July was used by the grocery store, a shuttered bank and the Vineyards of Lincolnwood, a liquor store that Binny's acquired and closed as part of its 20-year lease for the property. The former liquor store space was converted into offices that now house part of Binny's corporate division.

Binny's arrival means that the 44,950-square-foot shopping center at Lincoln and Touhy avenues is now fully leased, with CVS Pharmacy being the only other retailer to share the center with Binny's.

Customers of Lincolnwood Produce, which was open from 2000-2015, will hardly recognize the space, Versch said.

Construction crews rehabbed and remodeled the old store, building out a new storefront, installing exposed vaulted ceilings, and knocking down walls that divided different sections of the grocery store.

"The space is open, huge and beautiful," Versch said. "You have to see it to believe it."

Niles-based Binny's has 32 locations in Illinois, according to the company's website.

As Binny's next door neighbor at 6929 N. Lincoln Ave., Armanetti's manager Marty Scharaga said he's not thrilled about the prospect of competing for business with the corporate-run liquor retailer.

Danny's Liquor, LLC signed a 10-year lease to operate Armanetti's in the former Lincolnwood Wine & Spirits store last year, according to attorney Dimitrios Christopoulos, who represents Danny's LLC owner Scott Tomczyk.

When Tomczyk took over the lease from Lincolnwood Wine & Spirits, he kept Scharaga, a longtime wine consultant who worked at the store for several years.

"We're slowly getting back some of the old customers," Scharaga said. "I'm sure Binny's can't help us, but we are competitive price wise and with (our) inventory and I love schmoozing and knowing my customers personally."

Natalie Hayes is a freelance reporter for Pioneer Press.
New Target store opening in Skokie

BY MIKE ISAACS
Pioneer Press

Once a dilapidated shopping center and more recently vacant property owned by Skokie, space east of the Skokie Swift train station on Dempster Street will become home to a new Target store, the retail chain announced recently.

According to Target, the store will occupy 33,000 square feet on the southwest corner of Dempster Street and Bronx Avenue in the village’s West Dempster Street Corridor.

The “flexible-format store,” as Target calls it, is expected to open in fall 2017 and is smaller in scale than a traditional Target store, it said.

Target said the store will offer items for families and children, baby care products, sporting goods, toys, portable technology accessories, gift items, stationery, health and beauty products and a grocery section including fresh produce, select kosher items and many “grab and go” food selections.

The new store also will include a pharmacy and order pickup service, Target said.

“The construction of a new Target store on Dempster Street is great news for the village of Skokie,” Mayor George Van Dusen said in a released statement.

“The village has long sought a major retailer to serve as a catalyst for additional transit-oriented development near the Skokie Swift station.”

Van Dusen said the new retail space along with a growing mix of businesses on Dempster has the potential to generate more economic growth in the area.

The new Target store is being developed by Blitz Lake Partners, Chicago, according to Target. It will be supported by 77 surface parking spaces on the southwest side of the building and new parking spaces that will be added to Carol Street, the village said.

The Target store is expected to come before the Skokie Plan Commission and other bodies before the project moves forward.

For years, village leaders have made improvements to Skokie’s West Dempster Street Corridor a top priority.

During and after the economic recession, the village used tax increment finance funds to acquire commercial properties that had been up for sale for a long time.

In March, the Village Board voted to sell the last property in the area it still owned at 4933-57 Dempster St. and 8734-38 Bronx Ave. for $2.65 million.

At the time, village officials did not mention Target, but Corporation Counsel Michael Lorge said the new development was a “national general merchandise retail store.”

Lorge predicted the community would be pleased once they knew what was to occupy that property. He said the development would “enhance the Dempster corridor and provide a broad shopping resource to the village.”

In announcing the new acquisition, the village pointed to Chicago Jewish Funerals, Oberweis Ice Cream and Dairy Store/That Burger Joint, the opening of the new and larger Pita Inn, the rebuilding of Kaufman’s Deli, Creative Paths Learning Center and Gross Point Crossing shopping center as significant developments on West Dempster Street near the Skokie Swift station over the past decade.

“arida, continued development on Dempster Street began more than a decade ago with the relocation and restoration of the historic Skokie Swift station that now houses a Starbucks and other businesses,” Van Dusen said.

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Clinton's actions careless, but not criminal

Randy Blaser

All my friends are either cheating the latest news about Hillary Clinton's emails, or raving about a double standard and the rule of law. Yes, I have friends on both sides of the political aisle.

And me? I'm again left shaking my head wondering if anyone at all recognizes the dangers we face as a nation heading into the presidential election of 2016. It's like Nixon vs. Johnson, if anyone can remember the disastrous decade between the Kennedy assassination and Watergate.

Don't get me wrong. I don't think Hillary should be jailed over her top secret emails, or that the right-wing bogey man, the Benghazi tragedy.

No one should go to jail for doing a bad job.

And that's what I think.

U.S. Democratic presidential candidate Hillary Clinton arrives at a campaign event in Charlotte on July 5.

we have here. And that's what worries me as it grows increasingly likely she will be the next president.

I know my friends on the right are still ranting about the Benghazi issue, and my friends on the left think it is much ado about nothing.

I think mistakes were made, there was a certain level of miscommunication and incompetence that led to the tragedy that is the Benghazi episode. Mistakes were made, for sure, but there was no criminal wrongdoing.

What bugs me about Benghazi is the cover story and political spin involved.

But I don't know if that was the president's doing, and Hillary went along, or if the apparent cover story was Hillary's brainchild and Obama gave the go-ahead.

Either way, it was seriously bad.

Now let me try to explain my issues with Hillary's email in as plain a way that I can.

Everyone has gotten an email that had a paragraph at the bottom of it explaining that the contents of the email are confidential and meant only to be seen by the person intended to receive it.

Now let's say you're applying for a job at a company that deals in confidential, protected information. It's an important job, and you gain an interview.

During the interview, when the subject of protecting confidential information in the digital age comes up, you admit:

"Hey, I don't really know much about that. I just use my own server at home. It's no big deal, I don't worry about it."

I'm going to guess you don't get the job.

So again, it is the cover-up and the smoke screen that is the bigger issue for me, not what actually happened. The secretary of state of the United States should not be using a private server for the official correspondence of the U.S. government.

Top-secret emails went to the president. Maybe that's who is really being protected.

Anyway, unlike my liberal friends, I find these flaws in Hillary's character too big to gloss over.

And unlike my conservative friends, I see them as flaws, not criminal, or treasonous behavior.

Some presidents overcome their character flaws and go on to greatness.

Other presidents get laid low by their lesser traits.

Which one will Hillary be?

Randy Blaser is a freelance columnist for Pioneer Press.

Sometimes the past reaches out and grabs you

Paul Sassone

Do you always know why you do things?

I don't.

Not that I don't know why I still watch the TV western "Gunsmoke" 41 years after the show ceased production. It was (and is) a great show. When I was a kid, the highlight of my week was at 9 p.m. each Saturday when Marshal Matt Dillon strode onto the screen to outdraw a black-clad bad guy.

"Gunsmoke" hit the air in 1955 as a half-hour black-and-white show. The dramas were dark and tough, cramming an amazing amount of character and plot into less than 30 minutes.

James Arness led the wonderful cast of regulars: Dennis Weaver as Dillon's helper Chester Goode, Amanda Blake as the smart and spunky Kitty Russell and Milburn Stone as grumpy but humane Doc Adams.

"Gunsmoke" was a half-hour show for its first six years, then expanded to an hour. The show first broadcast in color in its 12th year. "Gunsmoke" is still on the air, noon every day on MeTV.

The first 11 seasons (all the black-and-white shows) have been released on DVD.

I've watched all 11.

Now comes the part where I did something I'm not sure why I did it.

Let's face it, a lot of the reasons I (we) watch westerns is for the climactic shoot-outs.

My brainstorm was: How many bad guys did Matt Dillon shoot? I decided to keep score of how many villains Matt Dillon killed in "Gunsmoke"'s first 11 seasons, all that are now available.

Why?

All I can answer is: Why not?

In the first 11 seasons, Marshal Dillon killed 211 bad guys. Season 1 - 24, season 2 - 21, season 3 - 20, season 4 - 19, season 5 - 18, season 6 - 24, season 7 - 17, season 8 - 17, season 9 - 15, season 10 - 5 and season 11 - a whopping 33.

Wow! Done.

But when I told my wife of my project's conclusion, she said, "It seems to me that just about every show, Matt Dillon was being shot in the arm, or the leg, or in the back. How many times do you think he was shot and in what parts of his body?"

Oh, great!

Back to season 1.

Paul Sassone is a freelance columnist for Pioneer Press.
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OPINION

If the Olympics are about anything, they're about stories and product

SALLY HIGGINSON

The Rio clock is ticking. So for sport the other morning, I called my sister Betsy to conduct a little research. “Quick,” I said, “Name your favorite Olympic hopefuls.”

“Do not print this,” was the second thing she said. The first was short and unprintable.

“There’s that Jewish Olympian, Aly What’s-Her-Name. And there’s that other gymnast who has won everything for the past four years and smiles all the time. And there’s Michael Phelps. Is that enough?” she asked.

No, that is not enough. With less than a month to go before the XXXI Summer Olympics begins, my sister, who represents all of America, couldn’t come up with three full names of homegrown hopefuls.

Kellogg’s, General Mills and Proctor & Gamble, can you get on this? If Betsy is the standard, then Madison Avenue is dropping the Olympic ball in a big way.

Kellogg, General Mills and Proctor & Gamble, can you get on this? If Betsy is the standard, then Madison Avenue is dropping the Olympic ball in a big way.

Proceeding with my research, I asked her, “Can you name some sports you’re planning to watch?”

“The summer sports are boring. You ever watched a bunch of swimming?” Betsy speaks from years of experience as a swimming mom, that lesser-appreciated class of parent who spends entire weekends sitting on wooden bleachers in humid natatoriums, lulled into comas by the utter monotony of watching their children flip-turn for glory.

My own daughter swam in high school. Here I confess that during her last sectional meet, I read “Twilight” in its entirety — 544 pages of boredom — without missing a moment of her participation. As entertainment, I’d rank the book and the sport at about the same level.

Betsy kept going. “Now, I’m totally in for watching the progression of Bob Costas’ plastic surgery, or his eye inflammation. That’s sport I’ll watch.”

She made a fine point. I have to admit my own fascination with the progress of Costas’ pink eye during the Sochi Winter Games. Why wasn’t that famous inflammation ever featured on a box of Wheaties? Note to Johnson & Johnson: I would totally buy Bob Costas-endorsed Visine.

If the Olympics are about anything, they’re about stories and product. Think about all of those P&G ads with their soft-focus storytelling and subdued soundtracks that end with the tagline “Thank you, Mom.” Those mothers, all selfless and tireless, soothe fears, dry eyes and nourish their children’s athletic souls.

I’m wistful for the old days, when an hour of prime-time TV meant enough Olympic-themed advertising to prep me for the Games. Next month, NBCUniversal is promising 6,755 hours of programming, including 4,500 hours of live streaming. Yet when I think of Rio, I’m like Betsy. I don’t think of specific athletes. The Olympic story that pulls at my heartstrings is Zika.

There’s time for Madison Avenue to come through. I hear Deep Woods Off! is now a sponsor.

Sally Higginson is a freelance columnist for Pioneer Press.
Fashion trends in Chicago involve stars ... and salmon?

ERIC SCOTT

In terms of fashion and design in Chicago, this summer is shaping up to be one of stars and salmon — two popular looks that couldn't be farther apart on the spectrum of good taste.

On the positive end, the city of Chicago's flag, with prominent 6-pointed red stars and blue stripes, has been popping up on clothing and accessories for some time now.

Not only is clothing featuring the city flag popular on the streets, you might even see shoppers wearing flag-pattern red stars, blue-striped hats and shirts walking past similarly designed dinner plates and pillows at many stores.

The design looks great (I'm still looking for a sun visor of the Chicago flag), and it's hard to believe this trend didn't start sooner.

But it certainly served as the inspiration for the name and uniform design for the Chicago Red Stars women's pro soccer team.

The red stars and blue stripes also are featured in the trailer for "Chi-Raq," the 2015 film by director Spike Lee. It takes a different spin on the city's escalating gun violence and features a poignant graphic visual of drops of bright red blood dripping down off the bottom points of the flag's red stars, bleeding across the flag's vibrant blue and white background.

I don't know when the fish-innards color scheme suddenly "became a thing," if I may borrow a phrase from the kids. But this is just wrong on so many levels.

Unless your goal is to say, "Look at me! I have no idea what I'm doing," a person wearing salmon-colored anything doesn't exactly project sophistication.

I can't tell you how many times I've cringed lately after walking around a city block corner and encountering some fashion dude heading toward me in salmon slacks or shorts.

If a headache had a color — yup, it's definitely salmon.

If you think about it, not one major pro sports team has salmon anywhere in their uniform colors. Even the Miami Marlins, a multi-colored adorning baseball team that's even named after a fish, couldn't bring themselves to rotate salmon into its color wheel.

If fish could wear clothes, I don't think salmon would even consider wearing salmon-colored items for daily swims up the river.

But you know they would be wearing Chicago's red stars and blue stripes. That would be a really cool look above and below sea level.

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Eric Scott is a freelance columnist for Pioneer Press.
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Hear the music of 'Titanic'

CSO to perform score while movie plays at Ravinia Festival

BY DOROTHY ANDRIES
Pioneer Press

"It was sad when that great ship went down," so goes a folk song that has become legendary. And it would be fair to say that the sinking of the RMS Titanic on April 15, 1912 has entered the collective imagination well beyond any other shipwreck. A few years back the centennial of that maritime disaster was observed with the opening of the Titanic Museum in Belfast, where the ill-fated ship was built.

On July 29 and 30 the Ravinia Festival in Highland Park will show the 1997 movie "Titanic" with the Chicago Symphony Orchestra playing the Academy Award-winning score by the late James Horner live-to-projection.

That means the score has been digitally removed from the film so that CSO can perform it as the film is shown.

The score received one of the film's 11 Oscars, which included Best Picture and Best Director for James Cameron. Horner also won Best Song for composing "My Heart Will Go On," sung by Celine Dion, which became hit on its own. The blockbuster film, which runs three hours and 20 minutes plus intermission, will be shown on a large screen in the pavilion and on the lawn.

The CSO will be conducted by Ludwig Wicki. Clara Sanabras and the Chicago Children's Choir will sing. Wicki, who lives in Switzerland, is a pioneer in live-to-projection. He conducted the first such concert in 2008 in Lucerne, with his 21st Century Orchestra playing Howard Shore's score for the world premiere of "The Lord of the Rings: The Fellowship of the Ring." He conducted the CSO in that same program at Ravinia in the summer of 2011.

The festival is going full steam ahead to enhance their visitors experience. Ravinia restaurants will serve items from the menu of the ship's final meal, which included - get this - iceberg lettuce!

For the adventurous couple, which the characters played by Leonardo DiCaprio and Kate Winslet certainly were, the festival has secured a full-size exact replica of the door on which Kate floats after the boat sinks. Couples are invited to get on and see if they could have "saved Leo" or each other.

Cameron's "Titanic" and the 1953 film of the same name, starring Clifton Webb and Barbara Stanwyck, featured it during the sinking scene. What is known for certain is that the Titanic's musicians continued to play even as the liner collapsed, literally going down with the ship.

The Lincoln Trio, featuring violinist Desiree Ruhstrat, cellist David Cunliffe, and pianist Marta Aznavoorian, will perform music played by the ill-fated Titanic musicians on both nights in front of the lawn screen.
On June 11th 2016 the Chicago Tribune in partnership with COUNTRY Financial celebrated the Community Choice Athlete of the Year Awards Ceremony at the Printer's Row Lit Fest in downtown Chicago. Celebrated were the accomplishments of 9 outstanding High School Athletes who were chosen by their community's as their athlete of the year.

Earlier in the year, each of these athletes was chosen by the Chicago Tribune Sports Prep team to be featured as the Athlete of the Month. Community members then voted for their favorite athlete and a $250 donation was made by COUNTRY Financial to each athlete's school. A new element to the program was added this year called the Community Choice Athlete of the Year, where again the community got to choose for their favorite Athlete of the Month from the 2015/2016 season. This program, now in its 3rd year, recognized 63 outstanding athletes for this year alone!

The outstanding accomplishments of the 9 Community Choice Athletes of the Year were a testament to the dedication of their families, teammates, schools and most importantly, themselves. The Chicago Tribune and COUNTRY Financial congratulate all these hardworking athletes on a terrific year and look forward to the 2016 - 2017 season!
BRINGING UP A BRAT?
How to tell if your child's behavior has crossed the line from 'spirited' to downright obnoxious. Page 14
Family raises livestock in antibiotic-free, humane manner at Oswego farm

By Judy Buchenot
The Beacon-News

Andrea Kastor thinks everyone should eat less meat, even though she sells beef, pork, chicken, turkeys and ducks from Three Maples Farm in Oswego.

"People should try other things like salads and vegetables," Kastor said. "You don't need to have meat at every meal. If people would eat less meat, they could afford to pay for meat raised in a humane way. Farmers wouldn't have to produce so much meat at a fast pace - meat that has less flavor. We could all afford to enjoy quality meat if we ate a smaller amount."

Kastor lives on an Oswego farm owned by her family since 1933. In the 1950s, the farm had expanded to 120 acres and was shared by several relatives for growing a variety of crops. Kastor was born and raised in Oswego and started raising live-variety of crops. Kastor was born and raised in Oswego and started raising live-

Kastor maintains that animals raised with dignity and care are far superior and it is worth the extra effort. "I had stopped eating pork because it had no flavor. But then I raised my own pigs, and the pork is so sweet and full of flavor and tender. You don't need marinade or sauces — just salt and pepper and it is so good," Kastor said.

In order to be in compliance with state rules, Kastor uses a USDA-licensed meat processor to cut her meats. "I used Eckman's in Seward (Illinois) because it is one of the best. He can cure our bacon without nitrates and it is so good," she said. "The hams are also amazing. This year we tri-pled our output but we are almost sold out already."

Kastor encourages everyone to try meat raised in small batches on small farms. She sells meat at the Oswego and Aurora Farmers Markets, participates in two community-supported agriculture programs and has an e-commerce website, www.three

Three Maples Farm is part of a team working on the Food to Market Challenge. This effort, sponsored by the Kinship Foundation and The Chicago Community Trust, will award $500,000 to the group that comes up with the most innovative solution to improve supply chain practices for Chicago region's local and sustainable food market. She is hopeful that there will be more opportunity for everyone to eat meat that is locally raised for flavor more than profit. Here are two of her favorite meat recipes for others to try.

Judy Buchenot is a freelance writer.
When I moved from Wisconsin to Chicago nearly 25 years ago, I feared this city would swallow me up whole. Sure I was attracted to the hustle and bustle of the Windy City, but I was a small-town girl and knew very few people in the area save for my soon-to-be-husband, Leif.

Figuring out where you belong in a busy new city is a daunting task, and I was overwhelmed by a million little things. I needed to find a job, a place to live and learn how to navigate a transit system for the first time in my life.

Every day I worked to get my footing in a new city felt like an exhausting series of misadventures. I “lost” my car because I failed to read a parking sign. I found myself on the wrong bus on my way to a job interview and dropped two full bags of groceries on the sidewalk waking home from the grocery store because I underestimated how much I could carry on my own.

At the end of my first week in the big city, I needed a bit of a respite, and Leif took me out for dinner at a local tapas bar for some good food and cozy conversation. We ordered a steaming earthenware casserole of queso de cabra in tomato sauce. I had never tried the warm concoction of goat cheese baked in tomato sauce before that moment, but the dreamy little dish satisfied a couple of displaced cheese heads with ease.

We lingered long at the table slathering bread with warm cheese and chatting about the new life we were building together. We laughed about mistakes we had made, celebrated the fact I was finally grasping the grid system and fantasized about buying a dining room table we could never afford. I expressed my disdain for lower-lower Wacker Drive, and we clinked our glasses to celebrate my new job. We transitioned from tourists to residents over that silly cheese spread.

To this day I associate queso de cabra with both comfort and possibility.

I recently whipped up a batch to honor some friends who were heading off on travel adventures to Spain. One bite of the savory casserole took me right back to that restaurant table 25 years ago, and I realized everyone should know and enjoy this simple recipe.

My version of the dish is more rustic than most as I prefer not to puree the sauce surrounding the cheese. The spread is spicy, briny, smoky and slightly sweet thanks to the addition of cayenne, capers, paprika and a touch of brown sugar. Making use of fresh goat cheese ensures this easy-to-eat comfort food comes together without the need for specialty ingredients.

So gather your friends and make your own queso de cabra-inspired memories. You won’t regret it!

### Baked Goat Cheese in Tomato Sauce with Paprika Toasts

#### FOR THE CHUNKY TOMATO SAUCE:

- 2 tablespoons olive oil
- 1 medium white onion, diced
- 1 large red pepper, diced
- 1 large green pepper, diced
- 1 teaspoon kosher salt, plus more to taste
- 1/2 teaspoon black pepper, plus more to taste.
- 2-3 garlic cloves, minced
- 2 teaspoons smoked paprika
- 1 teaspoon paprika
- 1/4 teaspoon cayenne pepper
- 2 tablespoons brown sugar
- 1 bay leaf
- 1 28-ounce can diced tomatoes, undrained
- 1 tablespoon sherry vinegar

1. Heat the olive oil over medium-high heat in a large sauce pot. Add the onions and pepper and season with the salt and pepper. Saute the mixture, stirring frequently, until vegetables are softened (about 10 minutes). Add the garlic to the pot and season with the smoked paprika, paprika and cayenne. Mix well before adding the brown sugar, bay leaf and tomatoes. Mix well and season with sprinkling of additional salt and pepper.

2. Bring the mixture to a boil, reduce heat to low and allow sauce to simmer gently for 45 minutes. Remove the sauce from the heat, mix in the sherry vinegar and allow the sauce to cool. Transfer to a container and refrigerate until ready to use. Sauce can be made one day ahead.

#### FOR THE BAKED GOAT CHEESE:

- 1 11-ounce log of goat cheese
- Chunky tomato sauce (recipe above)
- 1/4 cup pitted mixed Greek olives, halved
- 2 tablespoons capers
- 1/4 cup chopped flat leaf parsley

1. Preheat the oven to 400 degrees. Flatten the goat cheese into a large dish and place in the center of a casserole dish. Ladle the chunky tomato sauce around the goat cheese in the casserole, but leave the top of the goat cheese exposed. Place the dish in the oven and bake the casserole for 30-40 minutes until the sauce is bubbling. Sprinkle with casserole with the chopped, olives, capers and parsley. To serve the dish, allow guests to spread a generous amount of the warm cheese and tomato sauce mixture over paprika toasts (recipe below) and enjoy at once.

#### FOR THE PAPRIKA TOASTS:

- 1 baguette
- 1/4 cup olive oil
- 2 garlic cloves, minced
- 1 teaspoon paprika
- 2 tablespoons chopped parsley

1. Preheat the broiler to high. Slice the baguette lengthwise through the middle. Open the bread halves, cut-side up onto a sheet pan. Combine the olive oil, garlic, paprika and parsley in a small bowl. Brush the oil evenly over the bread halves. Broil the bread a couple of inches from the heat until bread turns golden brown about 2 minutes. Slice crosswise into smaller pieces and serve with the baked goat cheese. For a large crowd you can double this recipe and serve it with the same amount of baked goat cheese.

### Baked Goat Cheese with a Rustic Tomato Sauce

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### Out of Mel’s Kitchen

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MY PET WORLD

Do diet and ice cubes affect a dog's teeth?

By Marc Morrone
Tribune Content Agency

Q: I was very interested in your recent comments on canned versus dry food. We feed our 7-year-old King Charles Cavalier Spaniel canned food in the morning and dry food in the evening. He also loves to chew on ice cubes. Has his diet or the ice cubes contributed to his dental issues or are we responsibly for his dental problems?

— Stan Trepner, Las Vegas

A: Dental problems in both dogs and humans can be attributed to environment, diet, genetics and all sorts of things, which means I cannot say what caused the problems with your dog's teeth.

However, the only statement that I can make is that 100 percent true and correct is there is no way that chewing on a piece of kibble is going to clean a dog's teeth that are already dirty, nor will it keep teeth that are clean from becoming dirty.

The question of the ice cubes is up for debate. For the last half-century, every dog I have ever had - from great big Irish Wolfhounds to little Chihuahuas - has loved crunching up ice cubes with no ill effects. Some dogkeepers have told me that their dogs did crack a tooth from chewing on an ice cube, so I would say proceed with caution and common sense.

Q: I have a 3-year-old female yellow canary. Every spring she lays three infertile eggs in her food dish. I let her sit on them for a few days and then dispose of them when she is not looking. While walking in the park a couple of weeks ago, I saw a little brown-and-white bird with a red beak huddled next to the path. I took it home and learned it was not a wild bird, but a male zebra finch that must have gotten out of somebody's house. I put him in the cage with my canary. He has started to court the canary. However, she just now laid her eggs for this spring and she is sitting on them this time. My question is if there is a chance they are fertile?

— Stephanie Williams, Chicago

A: Zebra finches and canaries are both passerine birds, but they are different species so it is very unlikely that those eggs are fertile. A cross between two different species of animal are called hybrids and they do not occur very often and are usually sterile.

Crosses between canaries and other passerine birds usually happen only when the species are closely related - such as a canary with a green singing finch or an European goldfinch, as they are taxonomically very close.

In addition, zebra finches are native to Australia and have been separated from other passerine birds for many generations that their genes are totally different. So it is highly unlikely that those eggs could be fertile.

However, you never know what is going to happen in the natural world, so instead of discarding the eggs after a few days, this time leave them with the canary for three weeks and see what happens.

It usually takes two weeks for such eggs to hatch. After this amount of time if none do then they are obviously sterile.

Q: We have a male lop- eared bunny that is now 5 months old. He was 8 weeks when we got him. He is very nice pet and uses a litter box. However, just in the last few weeks he started to run circles around our feet and sprays urine on them. He does not do it when we have shoes on. Our vet told us that he needs to be neutered, but that they do not do "exotic animals." We are worried that if we do neuter him then he will lose his unique personality, and wanted to know what you thought.

— Isabella Carbone, Las Vegas, NV

A: Hormones, house pets and humans are never a good mix as your situation demonstrates. Marking your feet with his urine is an instinct that is brought about by the rising testosterone levels in his body.

It has nothing to do with his opinion of you; it is just an instinct. If you do neuter him, the testosterone goes away and so will some of his behaviors. What will not change is his opinion of you because it is based on his experience, not his hormones. Neutering will only make him a better pet. There are lots of vets around these days that will happily treat bunnies, as well as spay and neuter them and you can locate them by taking a look at the website of the House Rabbit Society at www.rabbit.org.

Marc Morrone has kept almost every kind of animal as a pet for the last half-century and he is happy to share his knowledge with others. Although he cannot answer every question, he will publish many of those that have a general interest. You can contact him at petxperts2@aol.com; please include your name, city and state.
Dear Help Squad,

I have been a patient of Advocate Dreyer Medical Clinic since 1968. They have always treated me fairly — until I made an appointment for a DEXA (bone density) scan in 2015.

My oncologist from Advocate Lutheran General Hospital ordered the scan as he has every year.

In the past, when any date was close, I was always informed when I would be eligible for the test according to Medicare laws. When I made the appointment for July 13, 2015, I was not informed the test would be done seven days before I was eligible for Medicare coverage. At the appointment, I was asked to sign a paper saying I would pay if Medicare would not. Medicare has never refused to pay for any test I have needed, so I naturally signed the paper and had the test performed.

Now Dreyer is charging me $253 (the full amount of the scan) because the test was performed a week too early. I never would have had the test done early if I'd been told it wouldn't be covered, and I would not have signed the Dreyer paper.

I feel the mistake was Dreyer's scheduler's. I explained this to the business office. Then I was told they would credit my account $100 but not the rest because I signed their paper.

Please help me.

Barbara, Aurora

After reviewing the account past-due and appeal denial letters sent to Barbara by Dreyer, along with an explanation of benefits from Medicare Part B, I noticed something. Though Dreyer was unwavering in its assertion that Barbara was responsible for payment of the bone density scan, her Medicare EOB contained the following note: "You didn't know this service isn't covered so you don't have to pay. If you paid and do not receive a refund from your provider, you have 6 months to send a copy of this notice, your provider's bill, and proof that you paid to the address on the last page of this notice."

With this information in hand, I called 1-800-MEDICARE and spoke with a customer service representative. Upon introducing myself, I was told all media inquiries must be directed to the Advanced Resolution Center and someone from that department would call me back within the next seven business days. Seven days for a return phone call? That wouldn't do. So I tracked down Centers for Medicare & Medicaid Services Chicago Regional External Affairs representative Gregg McAllister to explain Barbara's situation and ask him about the note on her EOB. McAllister began looking into her situation immediately, and two days later sent this email: "A caseworker is looking into the issue and will update [Barbara] when we have a resolution."

Two days later, Barbara reported: "I received a call from Medicare. The representative said I was not to pay the bill to Dreyer Clinic because the doctor made a mistake. He did not say what the mistake was. [He gave me a number to call] if I receive another bill, or even a phone call, from Dreyer. No harassment will be allowed. He said they will deal with Dreyer. "Then today another Medicare representative called, and she was wonderful. I asked what mistake the doctor made and she said Dreyer should have known I was a high-risk patient and that the test should have been coded as such. She said the same thing; they will deal with Dreyer. I'm to call her if I get another bill, phone call or any other harassment. I thank you from the bottom of my heart for your help."

I asked McAllister if there were ways to avoid a situation like Barbara's. His advice was to "Work with a trusted provider to ensure all coverage requirements are met." He added Medicare beneficiaries can access its website to check the status of their eligibility and access claims information.

Need help?
Send your complaints and column ideas to HelpSquad@pioneerlocal.com.

Cathy Cunningham is a freelance columnist.
**NEW IN PAPERBACK**

*The Fishermen: A Novel*  
By Chigozie Obioma, Back Bay, 297 pages, $15.99  
Obioma’s debut novel is told through the voice of 9-year-old Benjamin, the youngest of four brothers. “The Fisherman,” a modern take on the biblical story of Cain and Abel, takes place in the ’90s in a small Nigerian town where, left unsupervised, the boys skip school to go fishing. On their way back home, a deranged homeless man makes a prophecy to the oldest: One of his siblings will kill him.

*And West is West: A Novel*  
By Ron Childress, Algonquin, 315 pages, $15.95  
Childress demonstrates the snowball effect of people’s actions with the help of his two main characters. Jessica, a young Air Force drone pilot in Nevada, is ordered to launch a missile against a terrorist, risking the deaths of innocent civilians. Meanwhile, Ethan, a Wall Street analyst, helps his company gain from these anti-terrorist strikes. They both end up being shunned by the same flawed systems in which they participated.

*The Memory Painter: A Novel of Love and Reincarnation*  
By Gwendolyn Womack, Picador, 320 pages, $16  
“The Memory Painter” follows the story of Bryan Pierce, a world-renowned painter with a dark secret: His inspiration comes from lucid dreams. Pierce interprets them as flashbacks from another life, and his encounter with neurogeneticist Linz Jacobs only deepens the mystery. He dreams of a team of scientists close to discovering a cure for Alzheimer's, who died in a lab explosion decades ago. As Linz and Pierce get closer to the truth, a killer plots to stop them.

*The Most Good You Can Do: How Effective Altruism Is Changing Ideas About Living Ethically*  
By Peter Singer, Yale University, 211 pages, $16  
Singer, an Australian philosopher, investigates effective altruism, which implies that achieving personal satisfaction. The book offers practical ways to live less selfishly and do more by taking a pragmatic approach to charitable giving.

*The War at Home: A Wife’s Search for Peace (and Other Missions Impossible)*  
By Rachel Starnes, Penguin, 248 pages, $16  
Starnes’ memoir documents her life as the wife of a Navy pilot and a mother of two. After growing up with an absent father due to his job away from home, Starnes swore to avoid making her parents’ marriage mistakes. Insecurities surrounding parenthood and struggles to find a sense of home are interlaced with lighthearted moments like the time she and her husband spent their honey- moon in a van.

— Andreea Ciulac
Presidents' Day:
A few months early

BY FRED PISCO | EDITED BY STANLEY NEWMAN

Across
1 Must, slangily
2 Bar mixer
10 Dealer's pursuer
14 Payroll listing
19 Of hearing
20 Took off on
21 Venerable cookie
22 Sheer linen fabric
23 Dilbert cartoonist
25 Bluegrass
27 Sort of exam
28 Avon alternative
29 Short round of tennis
30 Bumped into
31 Things to crack
33 Tried to elude a tag
34 Ballerina painter
37 Golf-club parts
38 Small snack
39 Computer
42 Western neckties
43 "Fire and Rain" singer
45 Timeline slice
46 Beef cut
47 Impair
48 ___-Caps (cinema snack)
49 Door sign
50 Prefix for metric
51 Shaft score writer
55 Giggle
56 TV fund-raiser
59 Glowing reviews
60 Reef formers
61 "That is to say ..."
62 Reserve
63 Committee runner

Down
1 Sound of surprise
2 Post-pun comment
3 King Priam's home
4 Body art, for short
5 Some Nissans
6 Camp David
7 Accords signer
8 Party person, in headlines
9 Words from sponsors
10 Most lofty
11 Coloraturas' deliveries
12 Bank (on)
13 Rank above maj.
14 More poker-faced
15 In great shape
16 What snobs put on Polar bear's resting place
18 Linear measures
24 Seasoned experts
26 Very, on a score
28 "To a ..." works
31 Sign of a pause
32 Soccer stadium shout
33 Fodder holders
34 Extinguish
35 First film Tarzan
36 Party, in headlines
37 Clear wrap
38 Amande of Hair spray
39 Henry Higgins
40 Shakespearean sprite
41 Defeats at chess
42 Telly watcher
43 Chief Argonaut
44 To this point
45 Shaft score writer
46 Prefix for metric
47 Part of a drum kit
49 Macabre
51 Western writer Bret
52 Fancy flapjack
53 Stand-up routines
54 Of birds
55 Perfectly
57 Some smartphone messages
58 Wait on
60 Say "Tsk!" to
61 First film Tarzan
62 Big brawl
63 Utensil for apples
64 Show the ropes to
65 The Princess Bride star
66 Holey holder
67 Manages to elude
68 Boot out
69 Place for a blotter
71 Notable function
72 Jam-packs
73 Suffix for secret
74 USAF truant
75 Geese flight
76 "Got it"
77 Not guaranteed
78 Animation collectible
79 Aerosmith's lead singer
84 Appall
85 QVC competitor
86 Corn product
87 Doctoral exams
88 Protester's chorus
89 Out of alignment
90 Barters
91 Witty remark
92 Barters
93 Venetian blind
94 Human dynamo
95 Periodic table fig
96 Sampras of tennis
97 Variety-show segment
98 Italian wine region
99 Human dynamo
100 Extremities
101ilil
102 Kanye West's link
103 Sharp comment
104 Dickens' ___ Mutual

Last week's answers appear on the last page of Puzzle Island ©2016 Creators Syndicate. All rights reserved.
Eat Your Veggies!

BY CHARLES PRESTON

ACROSS
1 General Bradley 43 Neighbor of Java
5 Respond to stimuli 44 Sudden
10 ___ in one's bonnet 46 Equidistant
14 Hawser 50 Garden crop
15 Islam's god 52 Food fish
16 "I say, not..." 53 Remainder, to Pierre
17 Pugilistic trademarks 54 Like some pockets
20 AWOL, maybe 55 Tennis great
21 Mortar adjunct 56 Overfull
22 Arabian Sea gulf 57 Goldwater and
23 Sonneteers Moyrihan: abbr.
24 Certain cat
27 Mansion feature
30 Addition
31 Non-producer
32 ___ Maria
33 Disencumbers
34 Intimidate
35 Bakery items
36 Expert
37 ___ Entertain You
38 Category
39 End
41 Deli choices
42 Kind of buddy

DOWN
1 Killer whale
2 Biblical land
3 Southern constellation
4 Frees
5 Roof beam
6 Miss Terry
7 Yuca's kin
8 Rookery sound
9 Get ... understand
10 ___ Fideles
11 Ships' officers
12 Peerage type
13 Being, to Ovid
18 Reference aid
19 Canadian official
23 Likely to
24 Corday's victim
25 In reserve
26 Forest floor feature
27 Trap and snare
28 Stave off
29 Agreeable words
31 Fact or figure
34 They signify
35 Risky
37 Speech problems
38 Of the throat
40 Dessert choice
41 Contorted
43 Run up
44 Mr. Eban
45 Bikini uppers
46 Attention-getter
47 Clare Boothe
48 Vingt-
49 Landing craft
50 Garden crop
51 Pasture land

Last week's answers appear on the last page of Puzzle Island
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Crossword

By Jacqueline E. Mathews. © 2016 Tribune Content Agency, LLC. All rights reserved.

ACROSS
1 Lion's lair
4 __ up; absorbs
9 Read over quickly
13 Leave out
15 Loose-fitting upper garment
16 Burn
17 Heat in the room
18 Daisylke flower
19 Thomas Kinkade's paints
20 Touchy
22 Delight
23 Items in a set of coolware
24 __ de cologne
26 Bits of parsley
29 Affection
34 Isolated
35 Actress Claire
36 Abdomen
37 Flock cries
38 __ over; studied intently
39 Clerical error
40 For days on __ continually
41 Sheets of ice on the ocean
42 __ off; diminish gradually
43 Saviors
45 Danish, for one

Solutions

DOWN
1 Actor Knotts
2 Huge birds from Australia
3 Athletic shoe brand
4 Indelible marks
5 Kicks out
6 One opposed
7 Ukraine's capital
8 Examined job applicants
9 Military leader of old Japan
10 Form a spiral
11 Capable
12 Snout

14 Bowling
15 U.S. president
21 Cooking herb
25 Promos
26 Curved sword
27 Glider or 747
28 Streets
29 Taxi prices
30 Singles
31 Cairo's nation
32 "Terific!"
33 Tel
35 Entryway
38 Nice; cordial
39 Sampling
41 Make __ of; ridicule

42 20th-century
43 Cuba's exports
44 Cuban exports
45 Like prunes
46 With the stones removed
47 Soldier's gun
48 Go no further
49 __ Scotia
50 Over the hill
52 Farm machine
53 Part of the ear
54 Flood survivor
55 Periodontist's concern
59 Hair bonnet

Last week's crosswords

"In Rotation"

Last week's Quote-Acrostic

(Scott) ADAMS: HOW I SAVED THE EARTH: To construct your ultimate green home using twigs, pinecones, and abandoned bird nests, the architect will demand immunity against beavers eating supporting walls, crushing your family under forest debris.

Last week's Sudoku

This week's Jumble

CURFEW STUDIO BELOW HEALTH BUTTON SHAGGY
When Agatha Christie's funeral service was over, they said —
THAT'S ALL SHE WROTE
What he wants, what she's thinking about sex

A man sees a beautiful woman walking down the street, and his mind automatically thinks about what it would be like to sleep with her. On the contrary, a woman sees that same beautiful woman, and she wonders what color her lipstick is and where she got her cute handbag.

While not the case with all men and women, this example illustrates the male gender's spontaneous desire for sex, and the frequency of his sexual thoughts, according to Suzy Olds. Olds is the founder of relationship wellness company After Nine Tonight, which offers tasteful, implied sexual content videos to help monogamous couples reignite the spark in their relationships.

I sat down with Olds to talk about the fundamental differences men and women have when it comes to the need and desire for physical intimacy and what couples can do to get on the same page in the bedroom.

"Testosterone drives the physical need for sex for men. They don't need to plan ahead," said Olds, a wife and mom of two, who spent several years researching the subject before launching the company with her husband, Doug. "Women on the other hand have more of a responsive sexual desire, which means she's not thinking about it, but once there is a trigger - once a man starts touching or kissing her, she becomes aroused."

Olds said when a man wants sex and his spouse declines, it is usually because the emotional connection is missing, something a woman needs to spark her desire. Also, lack of sex in a marriage can lead to a disconnect, two partners functioning like independent entities rather than a team, a breakdown of the marriage due to resentment, and the potential for cheating. So, how does a couple achieve a healthy, loving emotional connection?

"Have a conversation about intimacy," Olds said. "This is often difficult for couples because sometimes talking about sex is more intimate than the sex itself."

Olds said it's not easy to be vulnerable and that you might hear things you don't want to hear.

"For example, one of you might think you are having great sex, but the partner feels otherwise. This needs to be talked about openly," she said.

Also, getting in the mood takes a lot longer for women. Olds said a woman needs time to shut down all the multiple tasks going through her mind, and that men sometimes don't understand that because they can shift to having sexual thoughts so much more rapidly.

Olds suggests that if a man wants to have sex, he should take on some of the tasks involving kids and tell his spouse to go unwind, take a bath and maybe have a glass of wine so her mind is more at ease and open to the idea of sex.

When readers email me asking advice for lack of sex, here is what I tell each gender:

Men: No woman wants to have sex with a man who is mean to her, who disrespects her, who treats her badly, or who ignores her needs. On the flip side, a woman wants to have sex with a spouse who makes her feel appreciated and loved, who respects her, who is kind, who is attentive to her needs and who is helpful with chores and with the kids.

Women: If you have no interest in sex with your spouse, your issues run much deeper than "I'm tired" or "I'm not attracted to him anymore." Explore why you feel this way. Feeling good about yourself is key to feeling desire for physical intimacy, so take steps to get there if you are lacking self-confidence and self-love. Additionally, if you love your spouse, you owe it to him to give him what he needs. That said, sex should not be a chore. It should be something you do to make your spouse happy, and also to sustain a strong connection in your relationship.

Here is the good news. Oxytocin is a bonding hormone that gets released during physical touch, causing couples to feel connected. In other words, once you have good sex, your body wants more of that feeling. This is especially true for women, and will keep them thinking about sex. So next time you see a beautiful woman walking down the street, men, take steps to put your wife in the mood. And ladies, believe that you are that woman!

Jackie Pilossoph is a freelance columnist.
Advice for those affected by allergies

Dear Dr. Komaroff:
The weather's warming up. For me, that means one thing: allergies. Can you give me some specific advice to help keep my allergies under control?

Dear Reader:
Inhaled pollen, from trees, grass and weeds, is responsible for hay fever. These allergens get into the air—and into our noses, eyes and lungs—causing the symptoms that allergy sufferers dread.

It takes only a minuscule amount of pollen to trigger an allergic reaction. And pollen is everywhere during allergy season, impossible to avoid completely. As a result, many people find that medication is necessary. But taking steps to reduce your pollen exposure can also help to lessen the severity and frequency of your symptoms.

Many people check pollen counts on weather apps or websites so they know what to expect on a given day. These can be of some help. But pollen counts can fluctuate depending on things like the weather or time of day. For example, they’re usually lower on cooler, rainy days. And they’re usually higher in the morning, particularly on warm days.

Trees and plants are very consistent in the levels of allergens they release into the air. In the Northeast, where I live, the pollen season starts in February or March and ends in October. In Southern states it starts earlier and ends later. In Northern climates, trees kick off the season, followed by grasses and finally weeds.

Here are some ways to minimize your pollen exposure:
- Stay indoors when the pollen count is high, especially on dry, windy days.
- Keep home windows closed during allergy season, and turn on the air conditioner.
- Keep car windows closed when driving.
- Don’t cut your own grass; have someone else do it.
- Don’t hang clothing and bedding out to dry. Wash your hair before bedtime, after a day spent outdoors.

Except for very minor allergies, it’s a good idea to treat your allergies and not just suffer through them. Apart from helping you feel better, timely treatment will lessen the likelihood of complications like sinus infections and blocked ears. If you also have asthma, you may find that your asthma will improve if you treat your hay fever.

If you do take allergy medications (antihistamines, nasal steroids and so forth), start taking them several weeks before you anticipate your allergy season will start. Clinical trials have demonstrated that this strategy is more effective than starting the medicines after you have already developed symptoms.

The best medicines for moderate to severe nasal allergy symptoms are nasal sprays of medicines called glucocorticoids. Antihistamine pills are also effective. They are the “first-generation” pills are more likely to cause side effects than the newer pills. Some antihistamines come as nasal sprays and are also effective. Finally, a nasal spray of a medicine called cromoly is also effective.

Summer weather should be about beauty and warmth—not nasal allergies. Some combination of these approaches should help you.

Dr. Komaroff is a physician and professor at Harvard Medical School. To send questions, go to AskDoctorK.com, or write: Ask Doctor K, 10 Shattuck St., Second Floor, Boston, MA 02115.
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How do you feel in your interactions with your child?

There's such pressure in modern parenting to always be cheerful and positive, that we can forget to listen to our inner warning signals, Glickman says.

"If you're feeling that there's something that's gone wrong with your relationship with your child, if you're watching the way they're behaving with you, with others, and you sometimes have a bad feeling in your stomach or a sinking feeling in our chest, or if you find that you dread certain types of interactions with your children, I think you have to listen to those feelings," Glickman says. "That's a sign that something's gone wrong."

Consider the whining preschooler: She says she wants a cookie. You politely tell her no. She whines for the cookie. You tell her no. She whines for the cookie again. You tell her to stop whining. She whines for the cookie again. You give in and regret it immediately.

It's important to teach your kid that when you say no, you mean no, and not just for your sake, Glickman says. It's very scary for a young child to feel like she is in charge; she needs to feel that you're strong and powerful enough to keep her safe. There's nothing wrong with offering a detailed explanation the first time you say no to the pre-dinner cookie, but after that, Glickman suggests, stick with something more streamlined, such as "No cookie before dinner, that's the rule."

"It's important to bring your child on board and engage them — to a point," she says. "But engaging in protracted negotiations with a 3-year-old! It's just something that you don't want to do."

How would you view your kid's behavior if he weren't your kid?

Maybe you can understand when you pick your tween up from school with a cheery "How was your day?" and he just grunts or puts in his earbuds or starts texting his friends.

He's had a hard day, right? He needs his downtime.

OK, Glickman says. Let's turn this around. What if it was your son's best friend who was giving his mom the silent treatment? What would you think then? Most likely that he was being really disrespectful, not to mention unappreciative, and it was time to step in and demand some basic human courtesy.

How does your kid respond when you correct his behavior?

Glickman tells a disturbing story of eating dinner with a friend and her preschool child. The child, who was sitting on his mother's lap, wanted another dinner roll. The mother said no: "Sweetie, you've had enough rolls. The chicken's coming soon. We'll wait for that."

The child didn't cry or fuss. He just turned around and casually socked his mother in the mouth.

"You could tell he'd done it a million times," Glickman says.

Most kids aren't hitting their parents on a regular basis, but it's important to look at how they respond to correction, Glickman says.

"When you work to get your child to stop whining, do they indeed stop whining?" she asks. "When you tell your twee, 'Please hop up and give me a hand bringing in the groceries,' do they say, 'Oh, sure,' or do they ignore you? Do they engage in some bratty behavior but still respect your authority, including not giving in at the checkout line. It's not fun scooping up your groceries as your kid howls for Mentos, but it does send the message that there's a new sheriff in town, and she's not an automatic candy dispenser."
Nantucket-style home in Winnetka: $1.59 million

ADDRESS: 887 Spruce St., Winnetka
ASKING PRICE: $1,599,000
Listed on July 4
Details include handsome millwork, lofty ceiling heights and vistas from patio and second floor. Open floor plan includes a cook's kitchen and breakfast room that opens to the family room. Luxurious master suite with ensuite bath. Other features include designer elements, Restoration Hardware lighting and a private, fenced yard with patio. Close to schools, train, town and parks.
Agent: Paige Dooley of The Hudson Company, 847-609-0963

At press time, this home was still for sale.
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No case is typical. You should not expect to experience these results.
Tyler Tsagalis
NOTRE DAME COLLEGE PREP
FOOTBALL

Tyler was the Athlete of the Month in November. He helped his team, the Dons, win a conference football title, the first for school in 29 seasons. Despite falling to Marist in the first round of the playoffs, Tsagalis remembered the special conference title game. “To win the conference championship and finish 8-1, I don’t think I’ll ever forget that.” Tsagalis set program records for passing yards (1,970) and touchdown passes (18) in a season, ran for 667 yards and nine touchdowns, and is committed to play at South Dakota. Congratulations to Tyler Tsagalis on being awarded the Athlete of the Month and the Community Choice Athlete of the Year.
The ‘Queen of Mean’ Lisa Lampanelli comes to town

BY MYRNA PETLICKI
Pioneer Press

The Queen of Mean is actually kind and sensitive.

There, I've said it. I'll tell you how I know later. First, I want to assure Lisa Lampanelli's legion of fans that the celebrated stand-up comedian will be tossing insults in her usual witty way on July 22 at the North Shore Center for the Performing Arts in Skokie. Rest assured her targets will include people of every age, race, color and sexual orientation.

Lampanelli explained how that mean scene began. "About nine months into doing standup, I really got into doing crowd work," she said. "I loved messing with the crowd. Nobody was getting offended; everybody was having a good time, so I went with it."

She was also inspired by having watched the Dean Martin roasts when she was a child. "I thought that was what stand-up was," she said. "I thought you were with a group of friends, hanging out, having a good time and making fun of each other."

That training has come into play during Lampanelli's frequent appearances on Comedy Central and Friars Club roasts. Her targets have included Jeff Foxworthy, Pamela Anderson, David Hasselhoff, Betty White, Flavor Flav, Donald Trump and others.

Shy audience members need not fear being singled out. Lampanelli has a way of knowing who will make a willing target. "They have to show an openness to it," she noted. "It's body language. It's their laughing along. If they're really present, you sense that they can take a joke, that they're not really inhibited. You put a little something out there. If they laugh along, you keep going."

If Lampanelli picks someone who looks embarrassed, she will move on to someone else. "We don't get paid to make people miserable, we get paid to make them laugh," she said.

In addition to touring across the country, Lampanelli has had two acclaimed one-hour HBO comedy specials, "Long Live the Queen" and "Dirty Girl." She is also the author of an autobiography, "Chocolate, Please: My Adventures in Food, Fat and Freaks."

Lampanelli's latest project is her play, "Stuffed," in which she discusses weight, body image and food issues from the perspective of four different women.

I heard a portion of the piece when Lampanelli presented it at the Dramatists Guild Conference in California last year. That was my first indication of Lampanelli's tender, loving heart. (Other indications include learning that she took a friend's 10-year-old daughter out to lunch because the friend had a biking accident, and discovering that she hosts a weekly game night at her home so her mother can get out of her own house.)

Initially, Lampanelli planned to focus on her own experiences in "Stuffed." At that Dramatists Guild Conference, though, composer and lyricist Stephen Schwartz encouraged her to use three other actresses and herself, because he felt that would make the piece "more universal," she said.

"I interviewed a bunch of women and wrote three other characters," Lampanelli said.

Finding subjects was no problem. "I'm in my house now. I could throw a rock and find 15 people with eating disorders," she said. "I also met with a bunch of women I know who are comics and actors and talked about it. Now it's a full-blown play that's going to open in New York in the fall."
Jenny Farney is inviting everyone to join her on a sentimental journey.

The Northfield native will share some of her favorite film songs when she presents, "Let's Go to the Movies," July 22 at the Skokie Theatre.

"I'll have three major medleys," Farney reported. "I'll do three popular songs from James Bond movies. I'll have a Barbara Streisand medley highlighting the songs from the movies that she's been in. And I'll have a Disney medley."

She will also sing a variety of hit songs from other films, including "I Will Always Love You," "Somewhere Over the Rainbow," "Unchained Melody" and "Think."

"I'm trying to do a mix of older movies with newer movies," Farney said. "Basically, anything that is familiar and grandiose."

She will be backed by a five-piece band led by music director David Bugher.

In addition to singing songs from films, Farney will talk about the movies in which they were sung and show some clips.

She has been putting this show together for a year. All of the songs were arranged by Las Vegas-based Robby Wingfield.

Farney, who has been singing since she was 8 years old, joined all three choirs at New Trier High School during her junior and senior years. She also took an advanced acting course and dance classes at the school.

Her next stop was the University of Michigan, where Farney earned a bachelor's degree in vocal performance.

After graduation, Farney began performing on cruise ships, which she continued doing on-and-off for nine years. "In-between some of the contracts on cruise ships, I did a show in Vegas and then took that show to Reno, Nevada," Farney said.

Farney revealed that she created, "Let's Go to the Movies," "with the hope that it will get picked up as a headlining act on a cruise ship."

The singer knows what cruise ship audiences like, she said. "They really love anything that is nostalgic. They like familiar music," Farney said. "And nothing is more nostalgic and memorable than what we've seen in the movies."

She plans to record the show at the Skokie Theatre so she can send it to agencies that book cruise ship performers.

The singer returned to the Chicago area a year ago. "It's my home base and I always longed to plant roots somewhere again because I've been traveling so much over the last 10 years," she explained. "I always knew that when I wanted to plant roots, it would be back here."

Since January, Farney has been singing every Saturday night in the front room at Davenport's Piano Bar & Cabaret with her music director Bugher. She also sings for Evanston-based Arlen Music Productions, an entertainment company that provides live music for events.

Farney is excited to be premiering "Let's Go to the Movies" at the Skokie Theatre. "This show is going to be so great for the regulars who are used to going to the Skokie Theatre," she declared. "It's going to be music that they love. It's really a show for everybody. It spans singers throughout the generations," some of whom, Farney said, "have affected my career and my development."
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FAMILY FRIENDLY

Enjoy Hawaiian-style fun at Lincolnwood luau

BY MYRNA PETLICKI
Pioneer Press

Take your family on a tropical staycation during Luau Night at the Proesel Park Family Aquatic Center, 7055 N. Kostner Ave., Lincolnwood, 7-8 p.m. July 15. The event is free with daily admission or a pool pass.

The highlight will be a performance by the Barefoot Hawaiian dancers, a professional touring company that performs more than 600 shows each year. Wearing colorful, authentic traditional costumes, they will perform Polynesian, Hawaiian and Tahitian dances as well as dances from other neighboring islands.

There will also be games and food.

The Aquatic Center was designed to be enjoyed by all ages. There's a fenced children's area for ages seven and younger, that has interactive water toys and a miniature water slide. A zero-depth pool also has interactive water toys, as well as water sprayers and two full-size water slides.

There's also a 50 meter by 25 meter main pool with two one-meter diving boards and one three-meter diving board.

For details, call 847-673-6870 or go to www.lincolnwood.org.

Rattle & Squirm. Tickets are $10.
For details, go to www.wiptheater.com/kids or www.jiggiejamproductions.com.

Sing along to every song
Miss Lori will lead a sing-along 6-7 p.m. July 20 at Fleetwood-Jourdain Playground, 1655 Foster St., Evanston. The concert is the final event in the city's Starlight Junior Concert Series.

For details, call 847-448-4311 or go to www.cityofevanston.org/starlight.

Roaming reading resource
Stock up on vacation reading materials for your kids during Summer

Splash with the Bookmobile, 4:30-5:30 p.m. July 21 at Lawler Park, 10040 Lavernge Ave., Skokie.
There will be games and treats at this drop-in family event, weather permitting.
For details, call 847-673-7774 or go to www.skokielibrary.info.

Chairman of the bored
That's how parents sometimes feel during long car trips. Kids will hear a story about that problem at an, "Are We There Yet?" Storytime, 11 a.m. July 16 at Barnes and Noble, 55 Old Orchard Center, Skokie. Dan Santat's book will be featured.
For details, call 847-676-2230 or go to www.barnesandnoble.com.
TASTE OF PARK RIDGE RUNS JULY 14-16

Ribs grilled by JD Kapps, like these seen among last year's treats, will also be available, along with an array of foods from many local eateries, at the 2016 Taste of Park Ridge, which takes place July 14-16 at Prospect and Summit avenues. The Taste includes children's activities, film screenings in the Pickwick Theatre, a sidewalk sale and music that includes performances by 7th Heaven at 9 p.m. Friday and Libido Funk Circus at 9 p.m. Saturday. Taste hours are 11 a.m.-10:30 p.m. Thursday, 11 a.m.-11 p.m. Friday and Saturday. Complete information at www.tasteofparkridge.com.

CHILDREN'S ADVOCACY CENTER HONORS NILES MAN

2016 Champion of Children Award winner Sgt. John Huinker of Niles, from left, with his family, Julia Huinker, Cara Liberty, Kelly Schreiner Huinker and John Huinker, attended the 2016 “Hope, Heal, Grow Gala” at the Medinah Country Club, Medinah, where Sgt. Huinker was honored on April 30. The benefit, attended by 170 guests, raised $195,000 for Children's Advocacy Center of North and Northwest Cook County, which supports children and families affected by sexual and physical abuse. More at www.cachelps.org.

NORRIDGE VOLUNTEER HONORED FOR SERVICE

Doris Gianotti of Norridge was among 48 volunteers from throughout the Chicago area honored for their service at the 41st Annual AgeOptions Luncheon and Volunteer Recognition on June 16. The award was presented by Jonathan Lavin, president and CEO of AgeOptions, the Area Agency on Aging of suburban Cook County. The event was held at William Tell Holiday Inn in Countryside. Gianotti was nominated by Seniors Assistance Center where she has volunteered for six years. Known as the “Friendly Visitor volunteer,” she is compassionate, listens to older adults and is kind, reliable and flexible with her time. Her sense of fun and enthusiasm make her a favorite with all the clients she visits. More at www.ageoptions.org.

‘CHEFS AND THE CITY’ RAISES $50,000

Liz Zweifler and Steve Downes, both of Park Ridge, were among 300 guests at the 14th “Chefs and the City” tasting event, held at Chicago’s Montgomery Club on June 2. The event raised $50,000 for Heartland Health Outreach HIV/AIDS services. More at www.heartlandalliance.org.

Share your event

To submit, visit community.chicagotribune.com or email sburrows@pioneerlocal.com.
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### Real Estate Transfers

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<td>Glana Tanur</td>
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<td>659 S River Rd, # 1B, Des Plaines</td>
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<td>640 Murray Ln, # 115, Des Plaines</td>
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<td>1633 River Rd, # 1A, Des Plaines</td>
<td>Adam Haydock</td>
<td>Matthew T Daroof</td>
<td>06-02-16</td>
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<td>825 Pearson St, # 2H, Des Plaines</td>
<td>Kristofer Lege</td>
<td>Jastien Yong &amp; Ella Kulusic</td>
<td>06-02-16</td>
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<td>Stefania Kosal</td>
<td>Neel De Guzman &amp; Louise De Guzman</td>
<td>06-02-16</td>
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<td>Dori Lyn Parkhav</td>
<td>Patricia Gancarzcyk</td>
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<td>9346 Golf Rd, # 1B, Des Plaines</td>
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<td>Manish T Shah &amp; Nancy M Shah</td>
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<td>9419 Bell Colony Dr, # 3, Des Plaines</td>
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<td>9295 Nobel Ave, # B, Des Plaines</td>
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<td>Rita Younan</td>
<td>Marlo Cano Rojas</td>
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<td>1302 W Washington St, # 83, Des Plaines</td>
<td>Boris Girshovich</td>
<td>Manjula S Panchal</td>
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<td>659 S River Rd, # 2A, Des Plaines</td>
<td>Gary T Sorensen</td>
<td>Priya A Patel &amp; Mariel endors</td>
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<td>Joseph M Homik &amp; Klaudia Homek</td>
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<td>Kenneth Kramer</td>
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<td>Obie L Arington &amp; Maria Dianoblo</td>
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<td>Johanna Salina</td>
<td>Roselina Lopez</td>
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<td>Hugo Valencia</td>
<td>Monal Toma &amp; Martina Milkovic</td>
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<td>Golko Radanovic</td>
<td>Guillaume L Bijin</td>
<td>05-25-16</td>
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<td>476 Allen St, # 507, Des Plaines</td>
<td>Pino J Cusilieto</td>
<td>Maleta Koczylo &amp; Yoyaen Patius</td>
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<td>319 W Whil Rd, Des Plaines</td>
<td>KAA Realty Llc</td>
<td>Ignacio Mejia</td>
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<td>655 Pearson St, # 703 C, Des Plaines</td>
<td>Sung Ah Park &amp; Yong Kim</td>
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<td>1129 S 9th Ave, Des Plaines</td>
<td>Preferred Property Buyers Inc</td>
<td>Delan Todoroevic &amp; Dustin A Jovic</td>
<td>05-31-16</td>
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<tr>
<td>9209 Brookton Ln, # 8E, Des Plaines</td>
<td>Igor Sikovskiy</td>
<td>Jakub Anol &amp; Dana Dobosz</td>
<td>05-19-16</td>
<td>$214,000</td>
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Bruce Gershenhorn, DO
Medical Oncologist

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Address: 1206 W. Sigwalt St.
Price: $299,999
Schools: Rolling Meadows High School
taxes: $2,274
Agent: Maria Del Boccio, Coldwell Banker Residential Brokerage

LAKE BLUFF


Address: 28627 Isleworth Court
Price: $625,000
Schools: Lake Forest High School
Taxes: $10,875
Agent: Heather Fowler, Berkshire Hathaway HomeServices KoenigRubloff Realty Group

SKOKIE


Address: 8425 Harding Ave.
Price: $349,000
Schools: Evanston Township High School
Taxes: $12,200
Agent: Sheila Doyle, Baird & Warner Evanston

WINNETKA

Four-bedroom, 4.5-bath Nantucket-style home built in 2012. Millwork, patio, fenced yard, kitchen family room, restoration hardware lighting. Near schools, train, town and parks.

Address: 887 Spruce St.
Price: $1,599,000
Schools: New Trier Township High School
Taxes: $24,822.92
Agent: Paige Dooley, The Hudson Company

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COMMUNITY CALENDAR

Listings are subject to change. Please call the venue in advance.

Thursday, July 14

Coffee Talk Chicago's drawbridges: Come learn about Chicago's extraordinary bridges that made the Windy City what it is today; the drawbridge capital of the world. Discuss the architectural and engineering significance of the bridges, past and present, mixed with the human dramas of bridge jumps, political battles, and destruction of bridges by flood, fire and cannon. 10 a.m. Des Plaines History Center, 781 Pearson St., Des Plaines, $3 donation, 847-391-5399

Society Artwork in Residence Program: The Evanston Art Center launches an inaugural "artwork-in-residence" program, inviting six artists to "move in" to the second floor of the center's project space for 4-week residencies. From June 2016 to March 2017, the Art Center proudly hosts artists: Adriana Kuri Alamillo, Judith Brotman, Joseph Cruz, David Giordano, Kirsten Leenaars and Pedro Valez. Each of the artists chosen by curator Jessica Cochran address the residency theme Society during their stay. 9 a.m. All week, Evanston Art Center, 1717 Central St., Evanston, free, 847-475-5300

Central Street Evanston Annual Sidewalk Sale July 14-17: Central Street goes outside to offer huge sales on fabulous things. Service businesses join them to give out information and deals. 10 a.m. July 14-17. Central Street shopping district, 1800-2700 Central St., Evanston, free, 847-864-5565

Pop-Up Indoor Art Fair at Stella: Stella, a women's boutique, hosts its fifth Annual Pop Up Shop/Indoor Art Fair for the month of July. Stella believes in shopping local, so come find some treasures. 10 a.m. Stella Boutique, 2116 Central St, Evanston, free, 847-864-5565

Contemporary Native Women Opening Doors to Change: Join the Mitchell Museum for the opening of its latest exhibit, Contemporary Native Women Opening Doors to Change. Welcoming reception at 1 p.m., curator-led tour at 2 p.m. and a panel discussion from 3:30 p.m. Mitchell Museum of the American Indian, 3001 Central St., Evanston, $3 kids, $5 adults and Tribal members free, 847-475-1030

Evanston Legend: The Art of Peggy Lipschutz: The City of Evanston sponsors a month long show of the paintings and drawings of Peggy Lipschutz with an Opening Reception between 2-5 p.m. on Oct. 4, with musicians including Rebecca Armstrong, Peggy Browning, Mark Dvorak, Maura Lally and Kristin Lems. 10 a.m. All week, Noyes Cultural Arts Center, 927 Noyes St., Evanston, free, 773-816-4716

Summer Circuses! During the six weeks, you condition your body to its highest physical levels while working with a cross-section of Chicago's leading circus, dance and physical theatre instructors to develop new skills. You begin the creative process of choreographing a circus movement piece to call your own. 4:15 p.m. and 6:15 p.m. July 14 and July 18-20. Actors Gymnasium, 927 Noyes St., Evanston, $80, 847-328-2795

Hidden Art of Trees: The Hidden Art of Trees showcases some of the Midwest's most talented wood artisans and the materials that inspire them. The grain, the color and even random defects in the wood motivate these artists to create some of the most stunning and unique furniture and bowls. 8 a.m. All week, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440

Company: 7:30 p.m. July 14 and July 15, 3 p.m. July 16, Writers Theatre, 325 Tudor Court, Glencoe, $35-$80, 847-242-6000

Death of a Streetcar Named Virginia Woolf: A Parody: Writers' Theatre and the Second City mash up some of the most popular characters from American plays of the 20th century. 7:30 p.m. July 14 and July 15, 3 p.m. and 7:30 p.m. July 16, 2 p.m. and 6 p.m. July 17, Writers Theatre, 325 Tudor Court, Glencoe, $75-$80, 847-242-6000

Barefoot & Unplugged: Live Music with Scott Gardner: Join Reach Yoga members, friends and staff to enjoy live music with friend-of-Reach Scott Gardner. Scott will sing and play your favorite familiar tunes, covering folk and classic artists including James Taylor, Crosby Stills Nash & Young, and Simon & Garfunkel. No yoga, just music and friends in our beautiful studio. 7:30 p.m. Reach Yoga, 688 Vernon Ave., Glencoe, free

Meditation Healing Circle: The Wellness Source hosts a Guided Meditation Healing Circle with Katherine Trinity, a life-long student of mystical arts and sciences. Call for reservations. 7:30 p.m. The Wellness Source, 1245 Milwaukee Ave., Evanston, $20, 224-413-3500

Summer History Tours at The
**Friday, July 15**

**Des Plaines Farmers' Market:** City of Des Plaines Farmers' Market is every Friday, open until 7 p.m. on Ellinwood Street starting at Lee Street. Parking is available in the library parking garage off Prairie Street or on Ellinwood between Pearson and River Road. Available are fresh produce, olive oil, bird houses and birdseed, food storage containers, green products and more. 3 p.m. Des Plaines Public Library, 1501 Ellinwood St, Des Plaines, free, 847-827-5551

**Over the Rhine with Heather Maloney:** 8 p.m. July 15 and July 16, SPACE, 1245 Chicago Ave., Evanston, $25-$46, 847-492-8860

**The Ben Hecht Show:** 8 p.m. July 15, 5 p.m. and 8 p.m. July 16, 3 p.m. July 17. Piven Theatre Workshop, 927 Noyes St., Evanston, $30-$35, 800-838-3006

**Summer Figure Skating Exhibition:** Enjoy this free exhibition by figure skaters from the Ice Center's skate school and the Blades Synchronized Skating Team. 6 p.m. Glenview Ice Center, 1581 Landwehr Road, Glenview, free, 847-724-2800

**Design Your Own Board Game for ages 8-13:** This is a creative workshop with Professional Illustrator Dan Laib. Please register at glenv應用.org/register or call. 3:30 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

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**Park Golf Club, 800 Shermer Road, Glenview, free, 847-724-0250**

**Gentle Yoga:** Due to high demand, two yoga sessions are now offered. Space in each session is limited to the first 50 people. Yoga instructor Olga Rudik leads a series of yoga sessions for improved physical strength, relaxation and mental clarity. Exercises are done in a chair or standing not on the floor. 9:30 a.m. and 11 a.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-227-6224

**Jazz Blues Salon Concert:** Chicago-based jazz guitarist Andy Brown is known for playing the area's finest venues. Come see him at the library, for free. 7:30 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, 847-227-6224

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**Seizing Psalms in a New Light:** Join Hyma Levin as she unpacks well-known psalms and discovers what may be new to you. Watch videos and listen to music to which psalms have been set and learn about modern day psalmists. 10 a.m. North Shore Senior Center, 161 Northfield Road, Northfield, $19 NSSC member, $25 non-member, 847-784-6030

**Share the Warmth:** Join a group of warm, friendly, supportive women (men welcome) to prepare one-of-a-kind fleece blankets for chemo patients. Add a crocheted edge to fleece and send free blankets to new adult chemotherapy patients. Donations are welcome to this 501(c)3 non-profit organization. 9 a.m. North Shore Senior Center, 161 Northfield Road, Northfield, free, 847-293-6755

**Duplicate Bridge:** The senior center offers a friendly bridge game every Friday morning. 9 a.m. Park Ridge Senior Center, 100 S. Western Ave., Park Ridge, free, 847-692-5127

**"What is Done is Done":** An English play starring Kalki Koechlin, Vinay Pathak and Ranvir Shorey. The play is based on William Shakespeare's Macbeth directed by Rajat Kapoor. The tickets available are: $100 VIP; $75 Stage Level 3; $55 Stage Level 2; and $35 Balcony, 8 p.m. North Shore Center for the Performing Arts, 9501 Skokie Blvd., Skokie, $35-$100, 630-886-4700

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**Mahjong Lessons at Mallinckrodt Center of Wilmette:** Four-week group classes begin Friday, July 8, 10 a.m. Mallinckrodt Community Center, 101A Ridge Road, Wilmette. $40 member, $50 nonmember, 847-256-9623

**LIGHT OPERA WORKS Musical Theater Summer Workshop:** The Light Opera Works Musical Theater Summer Workshops give kids 8 to 13 the chance to sing, dance and act in a non-threatening, nurturing atmosphere. 9 a.m. July 15-July 20, Light Opera Works Rehearsal Center, 516 4th St, Wilmette, $307, 847-920-5360

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**Winnetka-Northfield Sidewalk Sale:** Plan to shop in both Winnetka and Northfield on this weekend. Visitors browse the unique wares the shops, boutiques, salons and vendors have to offer at incredible prices. 9 a.m. July 14-July 16, Winnetka-Northfield Chamber of Commerce, 641 Spruce St., Winnetka, free, 847-446-4431

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**Saturday, July 16**

**Polyglots Toastmasters meeting:** Polyglots is the only Toastmasters International Club in the United States that conducts its meetings in German. This is not a language school, but a place where you can speak and listen to German and, above all, have a good time with those at all levels and ages. Go to their website at www.polyglots.toastmasters.org and their meetup at www.meetup.com/Polyglots-Toastmasters-German-speaking/. Please email andrew.weiler.ruic@gmail.com for the current location, as sometimes they meet at places other than the Des Plaines Library, 9:30 a.m. Des Plaines Public Library, 1501 Ellinwood St., Des Plaines, free, 847-827-5551

**Evanston Farmers Market:** Shop for fresh produce, meat, cheese, baked goods, flowers and more from 51 vendors. Please note: Dogs are not allowed at the market (service animals excepted). LINK cards are accepted, 7:30 a.m. Oak Avenue and University Place, 1090 University Place, Evanston, free, 847-448-8045

**Signature Entertainment Presents:** **LOL Saturday:** Adult Comedy every Saturday night hosted by Comedy legends Tony Sculfield and Mark Simmons. National Headliners with movie and television credits on stage. 9 p.m. Chicago's Home of Chicken & Waffles, 2424 W. Dempster St., Evanston, $15 adult advance; $20 at the door, 847-521-6434

**"Animal Arts and Seasonal Stories":** "Animal Arts & Seasonal Stories" are recommended for children ages 5 and up, but there is no minimum age requirement. Activities are offered at varying levels of difficulty and interest to engage the entire family. An adult must accompany participants. 10:30 a.m. Mitchell Museum of the American Indian, 3001 Central St., Evanston, $3 kids, $5 adults, 847-475-1030
Get stories by the week and hour

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Chicago Tribune
chicagotribune.com/suburbs
Northfield Farmers Market: This is the meet-up place for farmers from Illinois, Michigan and Wisconsin. They bring fresh fruit, vegetables, eggs, and flowers, beef, bison, pork and poultry. Several vendors offer made-to-order crepes, wraps, egg sandwiches, smoothies, and coffee. 8 a.m. Glenview Farmers Market, 1510 Wagner Road, Glenview, free, 847-657-4506

Genealogy Research Day: Join in this Technology Lab where the genealogy experts can help attendees with their research, or visit the Genealogy and Local History Room to use their print collections. A Glenview Library card is not required, so just drop in. 1 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Chicago North Suburban Myasthenia Gravis Breakfast Chat: Share the ups and downs of the rare autoimmune disease myasthenia gravis with other “MGers” in Glenbrook Hospital's casual Atrium Café. Use the West (Green) parking lot and Ambulatory Care Center entrance. 9:30 a.m. Glenbrook Hospital, 2100 Pfingsten Road, Glenview, free, 800-888-6208

Art in the Park A Northbrook Fine Art Festival: All media are represented from artists across the U.S.: oil, ceramics, jewelry, sculpture, acrylic and more. This juried fine art festival, held in beautiful downtown Northbrook, includes live music, food, a hands-on art activity for kids and free parking. 10 a.m. July 16 and July 17, Village Green Park, 1320 Sherrner Road, Northbrook, free, 847-726-8669

Punt Pass and Kick Youth Football Clinic: The North Suburban YMCA hosts a new football clinic in partnership with the North Shore Griffins Football Club. Children ages six to 14 are invited to participate in a 90-minute instructional clinic run by Griffins coaches, followed by a Punt, Pass and Kick Challenge with the chance to advance to the league's semi-final competition. Register by visiting the website. 9 a.m. North Suburban YMCA, 2705 Techny Road, Northbrook, Advance: $30 NSYMCA members; $55 nonmembers; Day of Event: $29, 847-272-7250

Preserving Survivor Stories: Ask Holocaust Survivor Pinchas Gutter any question you would like, and “natural language” technology software will respond as if Pinchas were in the room. 10:30 a.m. Illinois Holocaust Museum and Education Center, 9603 Woods Drive, Skokie, free, 847-967-4800

Northfield Farmers Market: Enjoy a casual morning shopping for vegetables and fruits, plants, flowers, cheeses, pastries, coffee and gourmet items. Cooking demonstrations are given by local chefs. Corn Fest is Aug. 20 and Harvest Fest, Sept. 24. 7:30 a.m. Northfield Farmers' Market, 6 Hopp Road, Winnetka, free, 847-446-4461

Let Loose on Lincoln: A Block Party: Enjoy music throughout the day, food trucks and a beer and wine tent. There will be continual music throughout the day. The Chicago Cutz headlines. 3 p.m. Em Street and Lincoln Avenue, 750 Em St, Winnetka, $5.00 suggested donation

Sunday, July 17

Jim Paterlik: 7:30 p.m. SPACE, 1245 Chicago Ave, Evanston, $15-$30, 847-492-9860

Evanston Art Center at the Ethnic Arts Fest: The Evanston Art Center will provide a variety of arts and crafts activities to celebrate the 31st annual Ethnic Arts Festival at Dawes Park. Noon, Dawes Park, 1700 Sheridan Road, Evanston, free, 847-475-5300

“A Midsummer Night’s Dream”: This July, Muse of Fire Theatre Company presents a wild riot of whimsy with “A Midsummer Night’s Dream” under the summer sun. Bring a blanket, stretch out in the shade, and join the ensemble in a twisted tale of lamenting lovers, furious fairies, asinine actors and a genuine jackass. 3 p.m. Ingraham Park, 2100 Ridge Ave., Evanston, free

Mitchell Museum Native Garden Tour: Eli S. Suzukovich III (Little Shell Tribe, Montana) introduces visitors to the various trees and plants. The tour covers northern yucca, yarrow and milkweed with a special focus on the juniper and downy hawthorn trees. These common garden and trees are used as food, medicines, lumber and for spiritual significance for many tribes throughout North America. 1 p.m. Mitchell Museum at the American Indian, 3001 Central St., Evanston, $3 kids; $5 adults; Tribal Members free, 847-475-1030

John Williams’ Sunday music session: 3 p.m. The Celtic Knot Public House, 626 Church St., Evanston, free, 847-864-1679

Civilians Women of the 1860s: Luetta Coonrod speaks about the lives of women in the 1860s. Afterward attendees are invited to tour our Farmhouse Museum. 2 p.m. Glenview History Center, 1121 Waukegan Road, Glenview, $5 suggested donation, 847-724-2235

Meet the Author Kathleen Anne Fleming: Local area author Kathleen Anne Fleming reads from her newest book, "Canary in the Coal Chute," followed by a book signing. Join her for an optional workshop on getting started with the writing process. 2 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-722-6224

Jewish Genealogical Society of Illinois workshop: Judith R. Frazin, an expert genealogist from the Jewish Genealogical Society of Illinois presents this program on “Getting Started in Genealogy.” Frazin explains how to get started, how to interview relatives, how to use the public library as a valuable resource, and much more. 1 p.m. Temple Beth Israel, 3001 W Dempster St., Skokie, free, 312-666-0100

Skokie Farmers Market: Farmers and vendors from Illinois, Indiana, Michigan and Wisconsin sell fresh-picked vegetables, fruits and flowers along with cheese, baked goods, coffee, sauces and spices. 7:30 a.m. Skokie Village Hall, 5127 Oakton St, Skokie, free, 847-673-0500

A Tour of Alternative Yards: You’ll find plenty of inspiration for your own yard at the 4th annual Alternative Yard Tour. Visit yards independently or join guided bike tours. 9 a.m. Wilmette Public Library, 1242 Wilmette Ave., Wilmette, free, 847-256-5025

Monday, July 18

Live Bluegrass, Roots and Folk: Every Monday in the pub, The Mudflaps perform. 8 p.m. The Celtic Knot Public House, 626 Church St., Evanston, free, 847-864-1679

Drop In Movie Night “The Mighty Ducks” Enjoy this rated PG movie with the story of Gordon Bombay's transformation from self-absorbed lawyer to role model, thanks to his coaching the worst hockey team in the league. This is recommended for ages 8 and up, and attendees should bring their own covered drinks, and a beach towel and up, and attendees should bring their own covered drinks, and a beach towel

Sawyer Fredericks: With Mia Z. 7:30 p.m. SPACE, 1245 Chicago Ave, Evanston, $20-$35, 847-492-8860

Find Your Female Ancestors: Tracing female ancestors can be challenging. Learn about which records can help you find those elusive maiden names. A Glenview Library card is required and also registration to glenville.library/org/register or by calling 10 a.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Tuesday, July 19

“A Midsummer Night’s Dream”: This July, Muse of Fire Theatre Company presents a wild riot of whimsy with “A Midsummer Night’s Dream” under the summer sun. Bring a blanket, stretch out in the shade, and join the ensemble in a twisted tale of lamenting lovers, furious fairies, asinine actors and a genuine jackass. 3 p.m. Ingraham Park, 2100 Ridge Ave., Evanston, free

Learn To Be A Shark: VCcapital speakers Ryan Kole and Jim Vaughan explain how to invest in early and mid stage companies, joining investor networks and be a part of venture funds. 6:30 p.m. Callan Building, 1939 Waukegan Road, Glenview, free, 847-414-7342

Monday Movers: This is for toddlers with a caregiver (walkers up to 24 months) to join for a half hour of mov-
Wednesday, July 20

Book group on American political art history: The community is invited to pick up a copy of "A People's Art History of the United States" by Nicolas Lambert and join an informal and lively book discussion. The title is now available for checkout at the readers services desk at the Des Plaines Public Library, 1501 Ellinwood St., Des Plaines, free, 847-391-5399.

The Suitcase Junket with Johnny & Molly: 8 p.m. SPACE, 1245 Chicago Ave., Evanston, $12-$22, 847-492-8860.

Live Music Wednesdays with the Josh Rzepka Trio: Hear the music of Dizzy Gillespie, Charlie Parker, Thelonious Monk and other classics of the era played by the Josh Rzepka Bebop trio. Reservations can be made online or by calling 6:30 p.m. Fond Kitchen & Social House, 1631 Chicago Ave., Evanston, free, 847-689-8945.

Garden Fun Wednesday: Join the Youth Services department for a gardening-themed art or science project on Wednesday mornings after Storytime in June and July. 11 a.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224.

Free Film: "Avengers Age of Ultron": When Tony Stark, aka Iron Man, (Robert Downey Jr.) and Bruce Banner, aka the Hulk, (Mark Ruffalo) try to jump-start a dormant peacekeeping program called Ultron (James Spader), things go horribly wrong. It's up to Earth's mightiest heroes to stop the villainous Ultron from enacting his terrible plans. This is part of the Library's Classics on Wednesdays Film Series. 1 p.m. and 7:30 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224.

Northbrook Farmers Market: Shop for farm fresh fruits, veggies, cheese, baked goods and more at this not-forprofit community farmers market. The market is open rain or shine, except in the event of severe weather. 7 a.m.

Richard J Daley: During this two week course Gary Midkiff profiles this fascinating and very effective politician. 10 a.m. North Shore Senior Center, 161 Northfield Road, Northfield, $19 (NSSC member); $25 (non-member), 847-784-6030.

Have an event to submit? Go to chicagotribune.com/calendar.
“Finding Dory” ★★★
PG, 1:43, animated
This satisfying follow-up to the 2003 smash “Finding Nemo” amplifies the defining characteristic — short-term memory loss — of Dory, the blue tang fish voiced with subtle warmth and unerring comic timing by Ellen DeGeneres. Dory fin-twists, gently, Marlin (Albert Brooks) and Nemo (Hayden Rolence) into aiding her in her search for the parents she only periodically recalls. The quest takes the trio to the coast of California and the Marine Life Institute. The open ocean is the reward for Dory, along with reuniting with her parents, and I felt slightly jerked around in getting to the reward part. The visual personality of the movie is fantastically vivid and bright; the story itself, less so. — Michael Phillips

“The Purge: Election Night” ★★★
R, 1:45, action
The third “Purge” movie may be the harshest political commentary this year. The America we see in writer-director James DeMonaco’s sequel might’ve been dreamed up over a conference call among Donald Trump (a clear model for the movie’s prime minister), the National Rifle Association and the most reactionary Fox News pundits. “Purge 3” also works well as a simple, scuzzy survival narrative. The ruling political party has cut the nation’s crime rate by devoting one night a year, Purge Night, to rampant murder, unpunishable by law. It’s ridiculously easy to predict who lives and dies in “Purge 3,” yet the predictability doesn’t kill your interest in the outcome. — M.P.

“The BFG” ★★★
PG, 1:57, fantasy
There’s a lot not quite right with “The BFG.” There’s also a lot that’s very, very right, starting with Mark Rylance’s astonishing performance-capture portrayal of the Big Friendly Giant created by author Roald Dahl. Ruby Barnhill plays the insomniac Sophie, who spies the BFG one night skulking around her village. The giant whisked her off to Giant Country. The action sequences favor elaborate Rube Goldberg physical comedy. They’re fun for a while, and then they go on, and then on some more. You keep waiting for the character stuff to take center stage again, because it actually matters, and works. — M.P.

“Independence Day: Resurgence” ★
PG-13, 2:09, sci-fi
From the metallic shell of 1996’s “Independence Day,” Roland Emmerich has pulled a seriously lousy sequel, dripping with alien goo and incoherence. There’s a new, bigger UFO, 3,000 miles in diameter, which is just dumb. When your UFO is 3,000 miles wide, your movie threatens to lose all sense of dramatic scale. You can up the ante all you like and wipe out world landmarks, but if your witty asides aren’t witty, and your editing juggles plotlines so ineptly, then you have a movie like this. Characters keep talking about comas and boredom and how tedious reunions are, and you know what they mean. — M.P.

“Central Intelligence” ★★
PG-13, 1:54, comedy
“Central Intelligence” is the kind of movie that sends you from the theater smiling because you’re glad it’s over. Dwayne Johnson and Kevin Hart play high school acquaintances rejoining 20 years after graduation to cavort through a thicket of spy nonsense. National security agents appear, shots are fired, and the unmatched duo is on the run. Johnson and Hart are performers of trustworthy charisma, but their personal appeal hits its limits in this film. “Central Intelligence” is a chase movie that goes nowhere, but from which there’s no escape. — Colin Covert, Star Tribune
DEATH NOTICES

We extend our condolences to the families and loved ones of those who have passed.

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Death Notices

Balfour, Robert G.
Age 90, resident of Presence Nazarethville Home for the last decade. Preceded in death by his parents Oscar and Margaret Balfour and brother Raymond. He leaves behind his dear cousin Florence (Bud) Hoffman and their two children: Karen Triffonoff (Ramo) and Sandra Mueller (Arnold). Born and reared in Skokie, IL. He was a choir director and organist to many churches, parishes and houses of worship throughout his career. He dedicated his life to sharing his musical talents with students and anyone who was within earshot. Memorial Mass Friday July 15, 2016 at 3pm at Presence Nazarethville Chapel 300 N River Rd, Des Plaines 60016. Graveside Saturday September 10, 2016 at 1pm at St. Peter's UCC Cemetery on Harm's Rd, Skokie. In lieu of flowers please contribute to Presence Nazarethville Home.

Cremation Society of Illinois

Sign Guestbook at chicagotribune.com/obituaries

Haase, Reverend Louis P.
Reverend Louis P. Haase, age 78, of Skokie, A native Chicagoan and the son of a Presbyterian Elder, Louis was educated locally, went to college In Dubuque, IA, and then attended McCormick Theological Seminary. He was ordained by the Chicago Presbytery on July 8, 1962, at Trinity Presbyterian Church, Chicago. He served as a pastor in the following Presbyterian churches: Brevister, MN; Toledo, Iowa; Gibson City, IL; Carter-Westminster United Church, Skokie, IL; and Trinity Church, Northlake, IL. He also served as Interim Pastor at the Mayfair & Mundelein churches and retired in 2003 after 41 years of ministry and became active at First Presbyterian Church of Evanston, IL. He was active in many railroad associations; a world traveler; known to many as "Uncle Lou"; and a Servant of God! Beloved husband of Marilyn for 55 years; dear father of Lynn and Louis Paul (Melissa) Haase; loving grandfather of Harper and Poppy; dear friend of Marcie Lampert; fond brother of Mary Lou Hake and the late Barbara Haase; dearest uncle to many nieces and nephews. Visitation was Friday, July 8, 2016, at HABEN Funeral Home & Crematory, Skokie. Burial Service was Saturday, July 9, at Woodlawn Cemetery, Forest Park. A Memorial Service will be held Sunday, July 17, at 2 p.m., at the First Presbyterian Church of Evanston, 1427 Chicago Ave, Evanston. In lieu of flowers, memorial contributions may be made to Beverly Farm Foundation, 6301 N. Humbert Rd, Godfrey, IL. 62035 or Ministry of Hope, P.O. Box 1462, Black Mountain, N.C., 28711. Funeral info: 847.673.6111 or www.habenfuneral.com.

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Red, white and Camry

Toyota model tops American-Made Index for second year in a row

BY KELSEY MAYS | Cars.com

In today's global economy, there's no easy way to determine just how American a car is. The American-Made Index rates vehicles built and bought in the United States.

The index factors in the percentage of parts considered domestic under federal regulations, whether the car is assembled in the U.S. and U.S. sales. We disqualify models with a domestic-parts content rating below 75 percent, models built exclusively outside the U.S. or models soon to be discontinued without a U.S.-built successor.

Domestic-parts content stems from Congress' 1992 American Automobile Labeling Act, which groups the U.S. and Canada under the same "domestic" umbrella. It's one of the bill's imperfections, but the 1992 act is the only domestic-parts labeling system car shoppers can find on every new car sold in America.

The Toyota Camry topped the American-Made Index for the second consecutive year, while the Honda Accord and Honda Pilot returned to the index for the first time since 2012. Also back are five regulars: the Toyota Sienna, Honda Odyssey and GM's Michigan-built crossovers - the Chevrolet Traverse, GMC Acadia and Buick Enclave.

American-born

When it comes to automakers, the Detroit Three's economic impact in the U.S. is undeniable. The American Automotive Policy Council, a group that represents GM, Ford and Fiat Chrysler Automobiles, claims its members employ more than two-thirds of all U.S. autoworkers.

The Detroit Three run 25 of the 42 U.S. assembly plants that build light-duty passenger cars bought in the U.S., according to Automotive News. The remaining 17 assembly plants come from nine other automakers: BMW, Honda, Hyundai-Kia, Mercedes-Benz, Nissan, Subaru, Tesla, Toyota and Volkswagen. All but Tesla are headquartered overseas.

Consumer preference

Despite the heightened political dialogue, or perhaps because more time has passed since the GM and Chrysler bailouts, fewer consumers care about buying from an American manufacturer. In a Cars.com survey of 892 respondents, 13 percent said they would consider only an American manufacturer when shopping for a car. That's far less than a year ago, when 28 percent of respondents answered the same way.

Still, perceptions trail reality. The vast majority of respondents said models like the Chevrolet Corvette, Ford F-150 and GMC Acadia — all former or current AMI cars — are American-made, but less than half said the same of the Toyota Camry and Honda Accord. And less than a third of respondents said the Toyota Sienna, Honda Odyssey and Honda Pilot are American-made.

Sources: Automakers; Automotive News; National Highway Traffic Safety Administration; www.goodcarbadcar.net; AAAA
Honda Ridgeline back for '17

**BY ANDY MIKONIS**
Tribune Newspapers

The Ridgeline is back for 2017 at a time when the midsize pickup segment is resurgent. Using the architecture of the car-based Pilot crossover, the redesigned Ridgeline has lost its unique styling, which was characterized by boxy fender flares and the “flying buttresses” behind the cab. The 2017 looks more like a Pilot than a pickup.

The Ridgeline’s crossover utility vehicle roots give it the most interior cargo space with the rear seats folded, but it trades towing capability for refinement. The four-wheel-drive Colorado and GMC Canyon pickups tow 2,000 pounds more than a similarly equipped V-6 all-wheel-drive Ridgeline. The Ridgeline gets only 1 mpg more than the Colorado.

**Ride.** The 3.5-liter was about the smoothest and quietest V-6 on and off the interstate, with ample power for passing on two-lane roads.

Suspension settings offer a very smooth ride without wallowing in corners, helped by torque vectoring all-wheel drive that changes the speed of individual wheels as needed. Substantial 18-inch tires look appropriately trucklike and had the added benefit of being wide enough to offer some protection from curbing the painted and polished alloy wheels.

**Cargo.** Ridgeline doesn’t break any new ground over the previous iteration as far as the outdoor cargo area goes. The formula is pretty good though. The best thing about it is the generous underfloor trunk. It’s well sealed, well lit, washable, lockable (with a key or the fob) and hidden within the bed floor. The Pilot has the spare outside under the vehicle, whereas the doughnut spare and jack are out of the weather in the hidden trunk of the Ridgeline.

Just like your favorite 1970s station wagons (and the first Ridgeline), the dual-action tailgate opens to the side for easier loading and access or it folds down like other pickup gates. The tester had a hitch receiver you can see in the rearview camera for solo hookups. Because the typical Ridgeline will see more play than work, top trim levels include a 110-volt power outlet and an in-bed audio feature that switches the music to hidden speakers for your tailgate party.

**Tech.** My tester was tech-heavy but registered a few misses in that department. Adaptive cruise control, which automatically brakes or accelerates to maintain a set distance between you and the vehicle ahead, is balky.

Having owned several traditional pickups, I find it hard to grasp the intended Ridgeline buyer. It has impeccable carlike driving dynamics, but many municipalities will still subject it to truck restrictions and fees. It has a respectable degree of truck functionality, but I don’t see typical truck buyers going for a front half that is a dead ringer for the Pilot.

**Price as tested:**
$42,170
Base price: $29,475

**2017 HONDA RIDGELINE AWD RTL-E**

Midsize pickup

Mpg: 18 city, 25 highway
Engine: 3.5-liter V-6
Transmission: six-speed automatic
Parting shot: Balances carlike manners and truck utility

**Passengers — and drivers — are advised to keep their feet on the floor to avoid serious injury from inflating air bags.**

**Q: Now that the weather is nicer, I see many passengers putting their feet up either out the window or on the dashboard. With air bags armed and ready to protect people in the event of a crash, what would that do to people in the event of deployment?**

**A:** They will be injured. Not only may legs be broken by the air bag, the body will be unrestrained by seat belts. This will likely result in extensive injuries, if not death.

The Insurance Institute for Highway Safety reports that the energy required to quickly inflate air bags can cause injury to people sitting or thrown too close to the air bag before it deploys. The National Highway Traffic Safety Administration estimates that from 1990-2008, 290 deaths were caused by frontal air-bag inflation in low-speed crashes. More than 80 percent of people killed were unbelted or improperly restrained. Most of the people who died were passengers.

**Q:** When catalytic converters first came out, they were being blamed for starting grass fires when people parked their cars on dry grass. I seem to remember warnings on the visors about not parking your car on dry grass. I don’t hear about this anymore. Have changes with catalytic converters eliminated this danger?

**A:** The Environmental Protection Agency and NHTSA have been monitoring the frequency and type of such incidents. Based on a review done in 1976, the NHTSA concluded that “the rate and nature of catalytic converter incidents do not present an unreasonable risk of health or injury to the public.” Heat shields are part of the solution. If you keep your car properly maintained, you should normally have no problems. If you notice the engine running rough, or your check engine light is illuminated, you may have a misfiring spark plug. Be sure to have that checked promptly to avoid overheating the converter. And, yes, don’t park your car on a pile of dry leaves or grass.

**Q:** I was told by a friend that having other keys on your car key ring is not a good idea, that the weight of them causes a problem. I have never heard of this. What is your learned opinion on this?

**A:** Over the years we have seen plenty of ignition switches damaged by the weight of a key ring weighing nearly as much as an anvil. A few keys are fine, but flashlights, charms and handcuffs are too much. As more carmakers move to push-button start, this may be a problem of the past.
In spite of injury, Aghai was in Olympic contention

Skokie native just missed making U.S. Rowing team

BY SAM BRIEF
Pioneer Press

One January morning of this year, Dariush Aghai woke up in his bed in Chula Vista, Calif, where he was training for the U.S. Olympic Rowing team.

But there was one problem.

"I couldn't even stand up," Aghai said. "My entire back from my shoulders to my glutes had seized up and spasmed. I was like a turtle on its back. I could barely move without serious muscular spasms and sharp pains in my lower back."

At the time, Aghai was in the heat of the Olympic qualification circuit and he couldn't afford to miss any significant time.

"It was so bad, the physical therapists couldn't do any real work on me," said Aghai, who grew up in Skokie and who rowed at Loyola Academy and the University of Wisconsin. "I was told it could be career-ending."

He had a bulge in two discs in his spine, and one was torn. Aghai, who is now 26, received a cortisone shot in his spine and underwent physical therapy. In addition, he worked out on an incline treadmill to stay in shape.

Then, Aghai pulled off a masterful comeback. He had to fight against his injury, his team and his coaches— to prove just about everyone, but himself— wrong.

The erg isn't easy.
Also known as an indoor rower, it's a machine that simulates real-world rowing and is used as a training tool.

After Aghai's injury, coaches moved his ranking from fourth to dead last in the group that was attempting Olympic qualification. He told coaches he deserved a higher ranking and wanted an opportunity to earn his spot back. In response, the coaches challenged him to a 2,000-meter erg test to gauge his health. They said he needed to break 6 minutes.

"They were giving me what I thought was an impossible task," Aghai said. "I just looked them in the eyes and was like, 'Done, I'll do it.'"

Aghai broke 6 minutes—and set a personal record. He was back.

"I willed something out of my body," he said.

After proving to the coaches he was healthy, Aghai continued to push. He ended up in a fierce competition to make the eight-man Olympic boat, as well as the two-man boat.

But he didn't make the Olympic team. He criticized the decision of one of his coaches, Luke McGee, a former University of Washington coach, for giving his former Washington rowers spots over a potentially more-deserving Aghai in the eight-man boat. He later just barely failed to qualify for the two-man boat.

"I don't think he's right," Aghai said. "I think I should be in that boat. I've been beating those guys for years."

Aghai's brother, Matthew, now 30, rowed in high school and helped serve as a pull for Dariush to get involved.

"As a family, we are so incredibly proud that he could get up to this level, despite all the adversity and the people working against him," Matthew Aghai said.

But Dariush Aghai's rowing career isn't over. He said he can't yet hit the escape button.

"I love the pressure," Dariush Aghai said. "You're sitting at the line, and your stomach, your throat hurt. You can barely breathe, and you can barely think straight. I love that feeling. It's awful and I love it—and I don't think I can stop doing it."

Sam Brief is a freelance reporter for Pioneer Press.

CORRECTION
A photo that appeared with the Pioneer Press All-Area baseball first team in the June 23 issue misidentified a player as Tristan Michaels of Barrington. The photo was of Barrington's Andrew Stopka.
Race boom benefits runners and nonprofits alike

BY DAN SHALIN
Pioneer Press

With his 70th birthday approaching, Chicago resident Chuck Aron was eager for a challenge. An avid runner who has competed in the Chicago Marathon since 2004, Aron wanted to honor his late brother-in-law Paul Bracken, who died in 2001 after a battle with early-onset Alzheimer's disease.

Bracken would have turned 73 this year, so Aron decided to run 73 races this spring, summer and fall while raising money for the Alzheimer's Association, Greater Illinois Chapter.

Aron has had no shortage of charity runs and races from which to choose. Dozens are held throughout the Chicagoland area on any given weekend between early spring and late fall. During a four-day stretch between June 9 and Sunday, June 12, Aron competed in the Sunset Shuffle 5K in Glenview, the La Grange Rocks 5K, the Trot Against Trafficking 5K in Park Ridge and the River Grove Police FOP 5K.

But why have races and walks benefitting nonprofits become so popular?

According to Running USA, an organization with a mission to advance the growth and success of the running industry, the number of road race finishers in the U.S. rose from just under 5 million in 1990 to just over 19 million in 2013, before declining slightly in 2014 and 2015. Last year, there was a total of 171 million road race finishers.

Liz Livingston Howard, director of nonprofit executive education at Northwestern's Kellogg School of Management said technology is one of the main reasons the "a-thons" have grown in popularity.

"If you go back to my childhood, pre-the Internet, to coordinate a successful charity run, you'd have to do door-to-door or get on the phone to collect pledges," she said.

"In today's-world, you just send out an email or a Facebook post with a link to a fundraising page. This is a piece of why we see more of these. It's easier to do it now."

Nonprofits have caught on to the benefits of these events. Livingston Howard said a-thons often serve as either fundraisers or friendraisers, the latter building awareness about the cause or brand, thanks to advertising, news coverage, signage, T-shirts and social media posts from participants.

"The organization is not just asking someone for a donation, but they are recruiting someone who signs up for a walk or run, and that person is reaching out to their networks, asking for a contribution," Madsen said. "In addition to fundraising, this is a donor-acquisition tool. It's a way for organizations both large and small to get a footprint in the community and to acquire new donors and revenue."

"Corporate sponsorship also plays an important role in underwriting many of the runs and walks organized by nonprofits. However, Livingston Howard said corporations have gotten more strategic about their sponsorships and philanthropy in recent years, looking for events that deliver a specific demographic. For example, Avon 39 The Walk to End Breast Cancer is a way for the cosmetics company to help women and also reach its core customer."

Many local charities that coordinate their own races do so with some input from the Chicago Area Runners Association, a nonprofit dedicated to running advocacy in Chicago and the suburbs.

"You have to be good at what you're doing," Hipp said. "You need a professional approach."

In addition to providing expertise about organizing races, CARA certifies a number of Chicagoland's "most well organized and well-appreciated races" as part of the CARA Runners' Choice Circuit.

One charity race Hipp used as an example of a well-run event is the annual Lake Bluff PTO Pumpkin Chase, featuring a 5K and one-mile run, which will take place this year on Oct. 29.

The race, with a course that runs through wooded ravines, along the bluff overlooking Lake Michigan, down tree-lined streets and past historic homes, began in 1988. Rich Martin, now in his 15th year as race director, said the event traditionally drew between 400 and 500 participants.

That number has grown to 800 in recent years after the Pumpkin Chase became a United States Track and Field-certified course in 2012. The certification meant the course's distances were certified for accuracy, and the designation attracted a more serious group of runners.

In 2014, the race raised $23,000 for Lake Bluff School District 65, according to a statement.

This year, the Pumpkin Chase joins the CARA Runners' Choice Circuit, and Martin hopes to see participation reach 1,000.

Dan Shalin is a freelance reporter for Pioneer Press.

Twitter @dalshalin
Runners and walkers begin the third annual Dan Horyn's Skokie Swift 5K on June 5. Money from the race goes to the Daniel M. Horyn Foundation, which raise awareness of esophageal cancer.

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