Building community
More than 300 gather at NDCP for annual Bike Niles Fest. Page 4

Niles Mayor Andrew Przybylo, right, gets ready to address the audience at Bike Niles Fest in Niles at Notre Dame College Prep at 7655 W. Dempster St. On left is Ross Klicker, village of Niles economic development coordinator.

The beers of summer
Local brewers share their favorite sips of the season. Page 20

The best around
Pioneer Press names its all-area teams for girls soccer and boys volleyball. Page 46

LIVING
Feeling down for the count? Take a lesson from 'The Greatest'

Relationship columnist Jackie Pilossoph gets inspired by the late Muhammad Ali when it comes to self-appreciation. Inside
Imagine the possibilities in your own backyard. Get your free backyard planning guide at YARDCOMETRUE.COM

Techo-Bloc paving stones offer the industry's largest collection of shapes, textures, and colors to match any style.
SHOUT OUT

Jennifer Howell of the Mitchell Museum

On a wide range of social justice issues, Native American women have been breaking new ground.

Evanston's own Mitchell Museum's latest exhibit "Contemporary Native Women Opening Doors to Change," celebrates some of those contributions at an exhibit planned to kick off Saturday, June 18 at the museum.

The museum's Jennifer Howell recently filled us in on some of the details.

Q: You have a new exhibit coming up at the museum, "Contemporary Native Women Opening Doors to Change." Can you tell us about its focus?
A: The year-long exhibit takes an in-depth look at 12 Native women leaders whose contributions have shaped the future in a range of social justice issues from tribal sovereignty, culture and language, and land and environmental issues, imagery and stereotypes to the arts.

Q: Aren't there stereotypes the exhibit is trying to address?
A: Visitors will learn about major issues faced by indigenous people today, including dispelling stereotypes, and how these challenges are being overcome to bring about change, inspire the next generation, and break ground for women everywhere.

Q: What are a few questions the exhibit might answer?
A: Find out who the first Native American woman was to successfully argue a case before the United States Supreme Court. Learn who is leading the charge in the fight against using racial stereotypes as mascots. Discover who was named one of the "35 people who made a difference in the world" in 2015 by Smithsonian Magazine.

Q: Where can people learn more about the exhibit, sign up?
A: On June 18, the exhibit opens for a year-long run. A welcoming reception will be held at 1 p.m., followed by a curator-led tour at 2 p.m., and a panel discussion from 3 to 4:30 p.m. For more information about The Mitchell Museum of The American Indian, visit www.mitchellmuseum.org, call 847-475-1030.

—Bob Selden, Pioneer Press
Record breaking attendance

BY KARIE ANGELL LUC
Pioneer Press

Organizers called attendance at this weekend's Bike Niles Fest a record-breaker with more than 300 patrons at Notre Dame College Prep on June 11.

Attractions at the free event included BMX bike stunts, Safety Town, snacks, gymnastics demonstrations, giveaways and more.

Carl Maniscalco of Norridge, director of the Niles Family Fitness Center quoted John F. Kennedy in reference to the popularity of the event. "Nothing compares to the simple pleasure of a bike ride," Maniscalco said.

Cyclists enjoyed the Robert W. Amling Memorial Route bike path. Niles Mayor Andrew Przybylo brought his bike and welcomed people during a presentation.

"This builds community," Przybylo, who rides a Rocky Mountain Latitude, said to the audience. "We are becoming Bike Town USA."

Other sets of wheels seen around the bike bonanza included recumbent bikes and mobility chairs.

"You get paid in smiles," said Don Godshaw of Wilmette who serves on the board of directors of Adaptive Adventures, a non-profit entity based in Elk Grove Village and Lakewood, Colorado.

Godshaw was among those on wheels who took a spin or a straight shot on a steamy day through a black-top water circle created by an aerial truck sprinkler, courtesy of the Niles Fire Department.

Katie Schneider of the Niles Chamber of Commerce Dollars for Scholars program recognized six area students with scholarships. "The cost of education has been rising," Schneider said, noting that the greater Niles area includes students from lower to middle income families.

The half-dozen scholarships, $1,000 each for 8th-graders and $3,000 each for high school seniors, total a $12,000 disbursement for 2016. "So the need is growing," Schneider continued. "Our program helps with that."

Marguerite Bambic, a 2016 Evanston Township High School graduate, said she will study theatre at the Tisch School of the Arts at New York University. "I'm really excited and I'm really grateful for this scholarship," Bambic said.

"I'm going to use it ($1,000 scholarship) to get all of the supplies I need in high school to do the best I can," said Tayanna Lilly, 14, of Cary and an incoming Cary-Grove High School freshman. "I'm so proud of her," said Tayanna's mother Jennifer Lilly. "She's an amazing, young, beautiful lady."

Other learning opportunities included the importance of bike helmet and safety precautions.

"We must have a proper fit," said Alix McNulty, coordinator of the Injury Prevention Program at Advocate Children's Hospital in Evergreen Park. "Children without a helmet are at a higher risk of injury or fatality," McNulty said.

"Declan Kampwirth, 5, of Niles, has his bike helmet fitted by Alix McNulty, coordinator of the Injury Prevention Program at Advocate Children's Hospital at Bike Niles Fest in Niles at Notre Dame College Prep at 7655 W. Dempster St.

More than 300 come out for annual Bike Niles Fest event

KARIE ANGELL LUC/PIONEER PRESS PHOTOS
Niles officials celebrated a groundbreaking late last month on the village's largest infrastructure project to date: the Cleveland Relief Sewer Project.

The project is intended to relieve flooding for 200 homes located on or around Cleveland Street between Oketo Avenue and the north branch of the Chicago River.

The groundbreaking ceremony took place May 25 and was attended by village Mayor Andrew Przybylo, Metropolitan Water Reclamation District President Mariyana Spyropoulos, village trustees and representatives from the Forest Preserves of Cook County and the state's Environmental Protection Agency.

The project includes the installation of a new storm sewer with a 72-inch main line running around Monroe Street and Cleveland Street and branching out to adjacent side streets of Kennedy Street, Monroe Street, Oconto Avenue, Octavia Avenue, Odell Avenue and Oketo Avenue, the village's public services director, Mary Anderson, said in an email. Anderson said the new stormwater sewers will provide flood relief to roughly 140 homes in the area.

The aim of the project, she wrote is to corral stormwater runoff and transport it to the North Branch of the Chicago River. Roughly 11,200 feet of new stormwater sewer will be installed, Anderson wrote.

The cost of the project totals $8.7 million, according to Anderson. She wrote that the Cleveland Avenue area has experienced “repeated overland flooding.”

“This project will not solve all the flooding problems, but will greatly improve the drainage condition in the area,” Anderson wrote.

Once completed, the new system will move water away from homes in the area thereby reducing flood damages, lessening the amount of water that ends up in the village's sewer system and “in turn reducing peak flows through these sewers and the risk of basement backups for residences in the project area,” according to Anderson.

Traffic will be impacted in portions of the neighborhood “from time to time during construction,” the village said in an email. Anderson added that detours will be posted as necessary.

Lee V. Gaines is a freelance reporter for Pioneer Press.
Video gambling licenses available in Niles

BY LEE V. GAINES
Pioneer Press

A handful of Niles businesses will now have the opportunity to apply for a limited number of video gambling licenses from the village after the board voted in favor of an ordinance establishing rules and regulations for the practice.

Video gambling was previously banned in the village. The Niles Village Board voted 4-2 to pass the ordinance May 24 with Trustees Joe LoVerde and Denise McCreey voting against it.

Ross Klicker, economic development and marketing coordinator for the village, wrote in an email that video gambling is anticipated to generate between $150,000 and $250,000 in revenue for the village. According to the ordinance, 25 percent of the funds will be earmarked for the village's Department of Family Services to support addiction services, and the remainder will be used to fund both water fund infrastructure projects and/or shortfalls in the pension fund.

A maximum of 16 video gambling licenses will be issued to businesses with liquor licenses under the new ordinance, including 10 to current liquor license holders, two to new video gambling cafes that open up in strip malls with a vacancy rate greater than 30 percent, two to business owners who have operated within the village for the past five years, have experienced a decline in business and who have applied for and received a liquor license and two to fraternal or veterans' organizations who have operated within Niles for the past half decade. Each licensee can have up to five machines in their establishment, per the ordinance, and all terminals must be in an area restricted to individuals 21 years of age or older.

Niles Mayor Andrew Przybylo said the village's attorney, liquor commissioner, assistant liquor commissioner and a representative of the community development director are responsible for hammering out an application process.

A task force appointed by Przybylo recommended the village lift its ban on video gambling two years ago, and a report from a revenue enhancement ad hoc committee presented to trustees earlier this year indicated that allowing video gambling would bring in additional revenue to the village. There was no indication, at the time of the committee presentation to the board, however, that the village aimed to get an ordinance on the books any time soon.

Przybylo said in a recent interview that the closure of Lucky Magees, an off-track betting establishment located in the Golf Mill Shopping Center, spurred movement over the last couple months on the video gambling issue. He said the village received about $250,000 in annual revenue from the now shuttered betting business and that the establishment of video gambling would be a way to make up the shortfall.

Przybylo said he received no complaints from residents since the board passed the video gambling ordinance at their last meeting.

LoVerde said during the meeting that he wasn't opposed to the practice, but was concerned that the presence of video gambling in the village would negatively impact businesses without gaming licenses.

He suggested the village “make the playing field even” and allow every liquor license holder the opportunity to receive a video gambling license.

“I can't vote for this and I would encourage everyone else to look at it and think about how you're going to hurt everyone else in the business community,” LoVerde said.

Przybylo said while he doesn't personally enjoy gambling, he sees video gambling as a way to help sustain businesses in a tough economy.

When asked whether the public had had an appropriate amount of time to comment on the ordinance before trustees voted on it, Przybylo said he’s had many informal conversations with residents on the issue and the village has provided multiple forums for feedback over the last several years.

“Since we did our due diligence with the gaming task force, it wasn't that anybody was taking away the public forum, it just became necessary to do it when we did for budgetary reasons,” he said.

Lee V. Gaines is a freelance reporter for Pioneer Press.

Lincolnwood upholds video gambling ban citing 'moral issues'

BY NATALIE HAYES
Pioneer Press

A video gambling “cafe” chain with a heavy presence in Illinois will not be allowed to open in Lincolnwood after trustees rejected a proposal on June 7 to consider lifting the town's ban on video gaming.

The decision to deny a request from Des Plaines-based Laredo Hospitality to open a Stella's Cafe location, an empty storefront on the 3900 block of Devon Avenue, came during the Committee of the Whole portion of the Village Board meeting.

Trustees—all of whom were in attendance except for Trustee Jesal Patel—said they agreed with a May 25 decision from the Economic Development Commission to keep the village's ban on gaming in place.

“The economic value wasn't enough to overcome what most saw as an ethical and moral issue,” community development director Steve McNichols said. “It came down to that.”

Since February when Laredo Hospitality first approached the village with their plans, Lincolnwood has been exercising its home-rule authority to decide whether to end the town's prohibition on video gambling, which the state of Illinois made legal in 2012.

Village officials during a series of Committee of the Whole meetings during the past four months weighed whether the prospect of extra revenue was worth denting the community’s image by becoming the only town in the North Shore area to lift its prohibition on gambling.

“The (Economic Development Commission) was concerned about the issues that came up during the process and the commission decided to support the rejection made by the Economic Development Commission,” village manager Tim Wiberg said.

The measure never gained much notice from the community and a low turnout of residents at a May 17 public hearing prompted the village to shelve the issue and reconsider it at another public hearing in September.

That hearing was canceled with the board's decision to support the rejection made by the Economic Development Commission, a group of constituents that advises the Village Board on fiscal issues.

“The (commission) is convinced, and I have to support their arguments—the village of Lincolnwood is just not ready for video gambling," Lincolnwood Mayor Jerry Turry said.

Following the board’s decision, Laredo Hospitality CEO Gary Leff said he respected the village's choice.

"I respect and appreciate the time and effort you put in," Leff said. "We understand some communities have concerns— I wouldn't say they're not valid, but we think differently in that maybe some of the concerns were overblown.

Natalie Hayes is a freelance reporter for Pioneer Press.
Highway commissioner: 'I'm just ready to retire'

BY JENNIFER JOHNSON
Pioneer Press

An elected Maine Township government official says he plans to step down before his term ends next year.

Robert Provenzano, highway commissioner for Maine Township, described his impending departure as a retirement and said it will occur "hopefully within the next month or two." "I'm just ready to retire," Provenzano said June 7. "I feel I've put in enough time, over 17 years in the highway business."

Provenzano, of Des Plaines, said he joined Maine Township government in 1993 when he was elected township collector. From 1994 to 1998, he served as a trustee until the town board appointed him highway commissioner to fill a vacancy left by the departure of Bill Fraser.

Maine Township's highway commissioner oversees a department of six who are responsible for maintaining streets, sidewalks and storm sewers within the small, but densely populated unincorporated area of the township.

Like Maine Township's other elected officials, Provenzano is a Republican. He was most recently re-elected in 2011, and his four-year term is set to expire in April 2017. He earns an annual salary of $89,952.

Township Supervisor Carol Teschky said the town board will select a new highway commissioner to fill the remainder of Provenzano's term.

Provenzano's successor probably will be someone currently serving on the board, Teschky said. "Typically, (an appointee to a vacancy) comes from our board because we feel that person has had the experience in township government," she said.

Walter Kazmierczak, a Maine Township trustee for 15 years and a resident of Park Ridge, said he has expressed interest in being considered for highway commissioner.

Kazmierczak, who is now retired from a career in community relations for the State of Illinois Council of Banks and Real Estate, said he believes he can handle the responsibilities of the highway commissioner post, including running the office, applying for grants and going out to bid for projects.

Teschky credited Provenzano's "long tenure of service to Maine Township, both as a trustee as a highway commissioner."

Before joining Maine Township, Provenzano worked for the Cook County Highway Department in Des Plaines, according to his township biography. He was a recipient of a Park Ridge Chamber of Commerce Community Star Award in 2008 — the same year he was named Elected Official of the Year by the Illinois Township Association of Senior Citizens Services Committee.

The next public meeting of the Maine Township Town Board is scheduled for 7:30 p.m. June 28 at Maine Township Town Hall, 1700 Ballard Road in Park Ridge.

Contact Cosmina today to get started:
Cosmina@chicagotribune.com
312-883-9619

Niles 4th of July parking rules set

BY LEE V. GAINES
Pioneer Press

Parking restrictions will be in place during the Niles 4th of July Parade next month.

The parade begins at 9 a.m. July 4 and the route begins at Notre Dame College Prep in the 7600 block of West Dempster Street and extends south to Grennan Heights Park, according to a statement from the village. The route travels south on North Ozark Avenue to West Main Street, south on North Harlem Avenue to West Monroe Street and west on Monroe, ending at North Oketo Avenue.

A lineup of entertainment including the R-Gang Band, face painting, children's games, pony rides and an information tent will be provided.

Parking restrictions will be in effect until 2 p.m. July 4. Parking during the parade is prohibited on West Cram Street from Ozark to North Ozan Avenue, on Ozan from West Greenleaf Street to Dempster Street, on North Keeney and Kedzie streets between North Odell and Olcott avenues and on Odell, Olcott and North Osceola avenues between Keeney and Kedzie.

Anyone needing more information about the parade is asked to call the village 847-588-8005 and for information related to post-parade activities, the Niles Park District at 847-967-6633.

Lee V. Gaines is a freelance reporter for Pioneer Press.
The following items were taken from the Niles Police Department reports. An arrest does not constitute a finding of guilt.

**THEFT**
- James Howard, 18, of the 8800 block of Robin Drive, unincorporated Maine Township, and two 16-year-old boys were each charged with retail theft June 1 after police said they stole video games from a store on the 8500 block of Golf Road. Howard was given a June 23 court date.

**DUI**
- Thomas O'Brien, 47, of the 8600 block of Merrill Street Niles, was charged with driving under the influence May 29 following an accident at Greenwood Avenue and Church Street, police said. He was given a June 29 court date.
- Emilio Mendoza, 51, of the 7100 block of North Paulina Avenue, Chicago, was charged with felony aggravated driving under the influence and driving on a revoked license May 30 after police responded a complaint of a driver traveling well below the posted speed limit on Milwaukee Avenue near Main Street. According to police, Mendoza had two prior convictions for driving under the influence of alcohol. He was given a June 29 court date.
- Dustin Dietrick, 40, of the 1400 block of North Lahoni Street, Park Ridge, was charged with driving under the influence June 2 following a traffic stop on the 9000 block of Greenwood Avenue. He was given a June 27 court date.

**THEFT**
- Maxx Hall, 18, of the 6300 block of Dobson Street, Niles, was charged with speeding more than 35 mph over the posted limit May 30. According to police, Hall's motorcycle was clocked traveling 82 mph in a 35 mph speed zone on the 6700 block of Touhy Avenue. He was given a June 23 court date.

**DISORDERLY CONDUCT**
- Police were called to a bar on the 6900 block of Milwaukee Avenue May 28, for a report of an intoxicated man trying to fight with an employee. According to police, a 29-year-old man from Harwood Heights "became hostile toward the servers," shouted at them and broke two drinking glasses. The man was ordered to leave and was ticketed for disorderly conduct, police said. He was not identified by police.

**PROPERTY DAMAGE**
- A 22-year-old Chicago man was ticketed for allegedly spray painting "GREK" on a street sign at Touhy Avenue and Riverside Drive and on a restroom wall in the Bunker Hill forest preserve May 30. That same day, Harwood Heights police also arrested him for the same offense, according to reports.

**BURGLARY TO VEHICLE**
- A radio was stolen between May 27 and 28 from a car parked in a lot on the 8400 block of Dempster Street, police said. Both passenger side windows were reportedly smashed.

---

**Skokie woman reports $18,900 loss in IRS scam**

Niles police say a Skokie woman lost $18,900 in an apparent IRS scam this month. The 43-year-old woman told police that she received a voicemail message June 2 from a man who said he was with the Internal Revenue Service. He referenced a pending lawsuit and arrest warrant against the woman.

When she called the man back, she was told to pay $6,000 to the IRS in order to avoid prosecution, police said. The woman reportedly transferred a total of $18,900 to a bank in Niles to three separate accounts before realizing she was the victim of a scam, police said.

Niles police have been warning residents not to send money to callers who say they are from the IRS. According to a scam alert posted on social media by the department, citizens who receive calls about unpaid taxes should hang up and call the IRS directly at 800-829-1040 to verify that they owe tax.

-- Jennifer Johnson, Pioneer Press

---

**Find a Car Now?**

Bad Credit? No Credit? No Problem.

Find cars close to home that you can afford.
We accept all credit applications.
Get started at carquick.com

Powered by Tribune

---

**Need a Car Now?**

Bad Credit? No Credit? No Problem.

Find cars close to home that you can afford.
We accept all credit applications.
Get started at carquick.com

Powered by Tribune
Let us help you with your rehabilitation and skilled nursing care needs.

We’ve been there when you need us and will care for you as part of our family. Whether you need post-hospital Rehabilitation or Skilled Nursing Care, we can offer you the full continuum of care.

- Fresh, chef-prepared cuisine daily
- Charming Skilled Nursing & Rehab center
- Comprehensive therapies including physical, occupational and speech
- Short term stays available to give the primary caregiver peace of mind and rest that they need
- Excellent reputation in the community
- 5 Star Medicare Rated community

CALL US AT 847-686-2989
FOR A PERSONAL LUNCH
AND TOUR TODAY!

LINCOLNWOOD PLACE
a Senior Lifestyle community
INDEPENDENT LIVING | ASSISTED LIVING | SKILLED NURSING | REHAB
7000 N. McCormick Blvd. | Lincolnwood, IL 60712
WWW.SENIORLIFESTYLE.COM

Serving the community since 1991.
City backs county tax break for kosher food distribution company

BY MIKE ISAACS
Pioneer Press

The Skokie Village Board recently voted to back a special county tax break officials say will allow deteriorating space in the village's East Industrial Area to be significantly rehabilitated as the new home of a kosher food distribution company.

Shmuel Wasserman, owner of vacant property at 8121 Central Park Ave., said he will lease the property to another company that he primarily owns, Mid Town Distribution LLC.

The kosher food distribution company is currently leasing space at 5722 St. Louis Ave., according to the village, but the lease expires at the end of the year.

"In order to make the property suitable for kosher food distribution use, the applicant is planning to undertake major interior and exterior building improvements and upgrades," Economic Development Coordinator Tom Thompson and Economic Development Specialist Leslie Murphy said in their report to the Village Board.

Wasserman has applied for a Class 6B property tax designation, which is handed out by Cook County. In order for the county to sign off on the tax break, a municipality must approve a resolution in support, Thompson said.

According to the village, the Class 6B classification is designed to encourage industrial growth by offering a real estate tax incentive for the development of new industrial facilities, rehabilitation of existing properties and re-use of industrial buildings.

Properties receiving the Class 6B designation, Thompson said, are assessed at 10 percent of market value for the first 10 years, 15 percent in the 11th year and 20 percent in the 12th year before returning to the normal industrial assessment rate of 25 percent.

Thompson and Murphy provided a long list of significant repairs planned for the space, which has been vacant for more than five years, they said.

"The applicant is planning to undertake major interior and exterior building improvements and upgrades," according to the report.

The estimated cost for the rehab work is more than $1.14 million, they said.

According to Thompson and Murphy, the work will include roof replacement, repairs to walls, new floors and ceilings, installation of a sprinkler system and fire alarms, new heating and cooling equipment, drywall work, plumbing and electrical upgrades, a new security system, improved lighting, rehabbed bathrooms, a new kitchen, replacement of doors and windows, two new interior adjustable loading docks, new landscaping and fencing, professional design assistance and more.

"The cost of the rehab will far exceed the cost of the purchase of the facility," Thompson and Murphy said.

Wasserman said he is looking to occupy the new space by the end of the year.

According to the village, property taxes at 8121 Central Park Ave. have been reduced for the last several years because of the vacancy. Total taxes paid in 2015 were $34,818, it reported.

Village staff is projecting that taxes will spike to $40,000 to $50,000 even with the Class 6B property tax incentive in effect.

"This is due to the higher assessed value for a fully occupied facility in spite of the reduced assessment rate," Thompson said.

Following the 12-year term of the Class 6B designation, the village estimates annual taxes for the facility would exceed $100,000 a year in today's dollars.

The property totals about 42,000 square feet and includes a freestanding, single-story masonry building of about 24,200 square feet, according to the village.

The Class 6B tax break will "provide the owner with the necessary incentive to make the substantial investment to rehabilitate the building and create a functional industrial/retail facility," Thompson and Murphy said.

Without the incentive, they said, the level of rehab planned for the site could not be justified and the company probably would move to another community.

mesaacs@pioneerlocal.com
Twitter @SKReview_Mike
OCC students take 2nd in NASA robotics competition

BY LEE V. GAINES
Pioneer Press

A team of students from Oakton Community College earned second place in a NASA robotics mining competition last month, beating out teams from other universities and colleges with significantly more resources to devote to the project.

The college's 13-member robotics club participated in the competition held May 16 through 20 at the Kennedy Space Center Visitor Complex in Titusville, Fla. The team represented one of only two community colleges competing against 43 teams from four-year colleges and universities nationwide, according to a release from OCC.

Professor of electronics and computer technology and faculty adviser for Oakton Robotics, Angelo Gero, said the team constructed a robot designed to mine simulated martian dirt, wrote a system engineering paper to explain their design process, conducted community and social media outreach, and produced a short manual and video to demonstrate how their robot functioned. The team placed highly and earned awards in all four categories, which moved them to second place overall.

The awards were unexpected, Gero said. He said he’s guided OCC students through the annual NASA competition since 2013 and this was by far the highest ranking the college had ever received.

He said the team, which included students ranging in age from about 18 to 25, took a robot from a prior competition and modified it. The initial goal, he said, was to create an autonomous robot “pretty much like the Google self-driving cars.”

“There’s nothing the operator can do except start and stop the robot,” he said. “The process itself is extremely complex because it involves a lot of sensors and computer software that needs to be developed. Most of the effort went into trying to design an autonomous system.”

Unfortunately, due to time constraints and equipment failures, the team elected to run the robot manually, Gero said.

Lynette Sugatan, 23, who recently earned an associate’s degree in engineering from OCC, participated in the competition working as part of the team’s autonomy group. She said the team spent an entire school year working on their robot.

“Even though it was bittersweet, we had to drop the autonomy software — the good thing is the software and the code can be used next year,” she said.

Like Gero, Sugatan said she was taken aback by the team’s ranking.

“That was a huge surprise. It was very surreal,” she said. Sugatan, a Niles resident, said the OCC team was able to build from prior iterations of its robot. Most schools involved in the competition choose to construct a brand new device every year, Sugatan said.

Additionally, she said, “most of the robots cost more than our robot.”

Gero said funding for the project comes from NASA grants and from OCC’s Education Foundation. He said the team spent about $7,000 on this year’s robot. Some of the schools involved in this year’s competition spent more than that on a single component for their robot, Gero said.

“We try to use parts we already have; we try to use parts from robots we built before to save costs. You try to make it as simple as possible, and that is one of the limitations we live with,” he said.

Mohankumar Vegesna, the team’s mechanical lead and a 2013 OCC graduate, said the past year was his second involved with the competition.

Lee V. Gaines is a freelance reporter for Pioneer Press.
Out-of-towners more likely to receive speeding tickets

Analysis shows some suburbs penalize nonresidents at dramatically higher rates

BY TONY BRISCOE
AND JOE MAHR
Chicago Tribune

When out-of-town drivers think of the small western Chicago suburb of Wayne, police Chief Dan Callahan admits the term “speed trap” may come to mind.

The speed limit slows to a relative crawl on the main road through the rural village characterized by its historic horse farms and miles of riding trails. Roads are lined with sprawling ranch-style fence posts — with traffic signs warning of crossings for horseback riders. But the village may also be at the crossroads of another debate: how often do outsiders use local police cut to their residents, versus outsiders.

A Chicago Tribune analysis of three years of traffic stop data shows that Wayne leads the region in how many more likely outsiders are to get speeding tickets than residents. Those pulled over for speeding were nearly three times as likely to be handed a ticket if they live outside Wayne than if they live in Wayne.

While police say there are other factors at play in who gets ticketed, one longtime defense lawyer said the data is evidence of a “home-court advantage” for local drivers as well as a legal type of discrimination police can employ against outsiders.

“There’s nothing illegal if you’re in law enforcement and you don’t like people from Park Ridge or Niles, or something,” said the lawyer, Donald Rasmussen. “There’s not a legal basis for the thought that there is a geographic discrimination, but it’s definitely real.”

The Tribune examined traffic stops for speeding and compared the ZIP codes of the drivers to those of the communities where they were pulled over. On average, drivers with a listed ZIP code from outside that community were about 8 percent more likely to get a speeding ticket.

In some suburbs, however, the odds of getting a ticket are dramatically higher if a driver is an outsider.

They include:

- River Forest, a near west suburb where nonresidents, once stopped, were 43 percent more likely to get a ticket.
- Sugar Grove, a far west suburb where the odds of being ticketed, once stopped, increased for nonresidents to 55 percent.
- Itasca, a suburb west of O’Hare International Airport where the odds for nonresidents were also 55 percent higher.

But the biggest difference could be seen in Wayne.

On the village’s main drag, Army Trail Road, the speed limit drops from 40 mph on the eastern edge of town to 25 farther west.

Wayne police stopped 1,379 nonresidents for speeding in the three years examined, issuing nearly 81 percent of those drivers a ticket. The department curbed 28 Wayne residents for speeding in the same period, writing tickets to only eight, or 29 percent. To put it another way, on average, a nonresident was written a speeding ticket once a day while a resident was cited for speeding about once every four months.

Callahan said his department doesn’t discriminate against out-of-town drivers. He suspects so few Wayne drivers are stopped because those in the town of 2,400 lives are well aware of the lower speed limit. Callahan said he believes his town’s residents are more aware of where his officers conduct traffic patrols.

“There are not more breaks to residents and nonresidents,” Callahan said. “We don’t stop a lot of our residents because they are aware of the speed limit. The village embraces the low speed limit.”

While Callahan chalks up the sheer number of outsiders stopped to lack of familiarity with the village’s posted speed limits, he also maintains that locals, when they are caught speeding, usually aren’t driving as fast as outsiders.

“If I was deciding whether to give you a speeding ticket, it would depend on the seriousness of the offense. And I believe out-of-towners speed at substantially higher rates.”

— Dan Callahan, Wayne police chief

Out-of-town vs. residents

Breaking down stops, warnings and citations

BY JOE MAHR, TONY BRISCOE AND CHICAGO TRIBUNE

A Chicago Tribune analysis of three years of traffic stop data from 2012 through 2014 revealed that many suburbs were more likely to issue speeding tickets to nonresidents, there is bias in the way 100 municipal police departments.

Who gets ticketed?

River Forest had the highest rates, followed by Naperville, South Elgin, and Lisle. Wayne stopped nearly 93 percent of nonresidents, compared to 68 percent in Naperville. Wayne residents were 55 percent more likely to be ticketed than nonresidents.

Where out-of-towners are most likely to get tickets

Table: Out-of-towners vs. residents

<table>
<thead>
<tr>
<th>Suburb</th>
<th>Percentage Nonresidents</th>
<th>Percentage Residents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wayne</td>
<td>55%</td>
<td>29%</td>
</tr>
<tr>
<td>Naperville</td>
<td>93%</td>
<td>68%</td>
</tr>
<tr>
<td>South Elgin</td>
<td>60%</td>
<td>45%</td>
</tr>
</tbody>
</table>

Across the region, not every department cuts breaks to their residents. Some even were more likely to ticket residents than nonresidents.

In Naperville, for example, police cited almost the exact same percentage of residents stopped — 72 percent — as outsiders stopped.

Meanwhile, the Tribune found that 80 percent of residents in Naperville were pulled over for traffic violations in the three years examined, compared to 56 percent of nonresidents.

“Out-of-town drivers don’t have as much luck getting out of tickets outside of their hometown, with 48 percent getting cited when they were stopped for speeding away from home,” said Weiss.

Of the other three departments, only one responded to requests for comment: River Forest.

Chiefs of police in other departments said they maintain that locals, when they are caught speeding, usually aren’t driving as fast as outsiders.

“By the time a resident gets pulled over, they are typically less committed, and what was the violation committed, and what was the driving behavior... We take pride in that. That’s something we push from day one of hiring,” Weiss said.

In Hoffman Estates, the data also show no bias against outsiders, with Sgt. Mark Mueller noting that officers are given a case-by-case basis “regardless of where the person lives.”

But the data found most departments were likely to cut more breaks to residents, Olympia Fields being another example.

Olympia Fields Chief John Krull described the Tribune findings pertaining to the village’s department as a “reasonable anomaly” that “bears further investigation.”

While not as pronounced as Wayne, where 98 of every 100 drivers stopped for speeding were from elsewhere, outsiders still made up almost 92 percent of speeding traffic stops in Olympia Fields. Outside motorists stopped for

Turn to Tickets, Next Page
Visitors more likely to get tickets

Tickets, from Previous Page

speeding were handed tickets 63 percent of the time. Of the rarer stops of residents, just 38 percent got tickets.

“There is no policy written or unwritten with Olympia Fields police to give anyone a break,” Krull said. “It’s all up to the discretion of the officers.”

The village of 4,800 residents is bordered by many heavily traveled roadways including Lincoln Highway (U.S. Highway 30), Vollmer Road and Western Avenue. Krull noted that the winding residential streets, some of which are dead-ends or cul-de-sacs, “are not conducive to excessive speeding.”

As a result, the department concentrates much of its patrols on the major roadways.

“It’s like the old analogy about fishing, so to speak,” Krull said. “You go fishing where there are a lot of fish.”

But Ramsell, the defense attorney, said police officers can’t feign complete unawareness of the residency of the drivers they pull over. Ramsell, a former chairman of the Illinois State Bar Association Traffic Law Section Council, said that after more than 30 years practicing traffic law, he believes some law enforcement agencies target out-of-town drivers, especially those with out-of-state plates.

“Out-of-state drivers are less likely to challenge that ticket in court since they don’t live there,” Ramsell said. “I think police officers see those drivers as easier tickets, because they won’t face any type of scrutiny over the validity of the ticket.”

The problem, Ramsell said, is that while the practice might be controversial, it’s not illegal discrimination if it doesn’t cross into protected areas, such as race, religion, ethnicity and sexual orientation.

In the past, traffic stop data have been examined for racial discrimination by law enforcement. Though legal experts in Chicago say they aren’t aware of studies on geographic bias, Ramsell has a theory to explain the apparent prejudice.

“How many (local) drivers, when they get pulled over, say the same thing ‘I pay your taxes. I pay your salary!’ People who live in town expect a break and they express that viewpoint.”

Wayne police attribute the disparity in tickets for nonresidents in part to residents’ familiarity with low speed limits.

THE PET LOVER’S GUIDE TO CHICAGO

From the dog-friendliest joints to the most extreme ways to pamper your kitten, we’ve got all your animal needs covered.

ON NEWSSTANDS NOW

Subscribe at 800-999-0879 or chicagomag.com/access
We know your favorite spot better than your spouse

Reintroducing Chicago's original entertainment guide

Experience the new Metromix.com, now on all of your devices. With entertainment listings that cover the city and the suburbs, you're your go-to source so you can spend less time planning, and more time doing.

metromix.com

Dan Horyn's Skokie Swift 5K event draws hundreds

BY MIKE ISAACS
Pioneer Press

This year, there were only clouds in the sky — and thankfully not rain like last year — when the third annual Dan Horyn's Skokie Swift 5K took off in downtown Skokie.

The annual event was established in honor of Dan Horyn, a popular 11-year Niles North High School teacher who died in 2013 after battling esophageal cancer.

“He was an incredible cross country and track coach, who had a lifelong passion for running and competing,” organizers said in announcing the event.

“This race truly embodies the spirit of Dan Horyn and serves as a way for everyone to remember the man and run for a cure.”

Like the last two years, the race kicked off June 5 outside the Illinois Science + Technology Park. Last year's race ended in a downpour, but this year, runners were able to stay dry.

According to Dan Horyn's Skokie Swift 5K results, 348 people signed up to participate in the race, 292 of whom finished it. The race attracts people of all ages, but Niles North students and alums and other high school age students are always especially well represented.

Martin Barr, 18, of Skokie, won this year's race with a time of 15:40 and an average mile pace of 5:03. The top 10 finishers in the race were all under age 23 and the majority from Skokie, according to the results.

Proceeds from the race go to the Brian L. Horyn Foundation, started by Horyn's wife, Andrea.

According to the foundation, its purpose is to "raise awareness of esophageal cancer, a disease that is rarely detected until later stages with formative malignancies."

Little research and drug development funding exists specifically for esophageal cancer, according to the foundation. Funds support esophageal cancer research and the introduction of new therapies for the treatment of esophageal cancer at The University of Chicago Medical Center.

For more information on the Daniel M. Horyn Foundation go to danielmhorynfoundation.org.
A new study has found that the north suburbs are the most expensive place for senior living in the Chicago area. The study, released by the senior care referral company A Place for Mom, found that senior living is usually cheaper in the suburbs. But the Chicago area is an exception. Deerfield, Lake Zurich, Barrington, Libertyville and Highland Park are the most expensive places in the area for senior living. In Deerfield, the most expensive area, ranges from $3,228 to $6,278 per month, depending on the level of care. Hammond, Ind., Chicago, Markham, Blue Island and Merrillville, Ind., have the lowest costs for senior living in the area. Hammond, the least expensive, has an average cost of $2,164 to $4,262 per month, depending on the level of care.

Residents can avail of an on-location library in the Gidwitz Place for Assisted Living, part of the Weinberg Community for Senior Living in Deerfield. The Weinberg Community for Senior Living in Deerfield has scholarships for seniors, according to Carole Klein-Alexander, vice president of marketing management at CJE SeniorLife, which operates the Weinberg facility. "We make sure that people can stay at Weinberg communities as long as they can," Klein-Alexander said, "because we're a nonprofit, we can never say, 'Well, no, you can't stay here.' That's a lot different than some other for-profits. We need to make sure we maintain our integrity, but we take more of a holistic approach, we make sure that people really have a good quality of life while they're there. Very often residents have gotten to the point where they need a lot of care — they can't really live at home anymore. You can't really put a price on that care. You want to make sure somebody is safe and eating and taking their medication. You want to make sure every community has a resource like that."

Charlie Severn, vice president of brand marketing at A Place for Mom, said the index was put together to provide a resource for families so they can better plan for the future. "We want families to understand what care costs are in their area... (and be) able to choose from different options based on budget," Severn said. He said there are several reasons why it is difficult to research assisted and senior living, including the circumstances surrounding the decision. "First, it's a highly emotional time in your life," Severn said. "Most families are sort of forced into this decision. Second, it's not a highly touched-on topic. Many consumers aren't that knowledgeable in the subject, so they don't really know what options exist."

Michael Joyce is a freelance reporter for the News-Sun.

**LIFESTYLE. LUXURY. CONVENIENCE.**

**THIS IS MAINTENANCE-FREE LIVING.**

**VIEW OUR BEAUTIFUL MODEL HOMES TODAY.**

**CALL NOW.**

630-701-6568

**COME TO OUR OFFICE.**

**DAILY**

10:00 A.M. TO 5:00 P.M.

**SUNDAY**

11:00 A.M. TO 5:00 P.M.

donvenhomes.com
TURN THE HOUSE YOU HAVE
INTO THE HOME YOU WANT

For over half a century, Airoom Architects and Builders has grown with your community. Our Design-Build process means seamless planning and execution. We handle everything so that you don't have to. We offer financing, a 10-year installation warranty, and a 15-year structural warranty.

Call or visit our website for a complimentary design/pricing consultation.

847.268.2199 | AirooomHome.com

Visit Our State-Of-The-Art Home Design Showroom
6825 North Lincoln Avenue, Lincolnwood, IL Mon-Sat: 9-5, Sun: 11-4
Schwartz's Intimate Apparel set to close

Three generations kept store going for 100 years

BY KAREN BERKOWITZ
Pioneer Press

For the past 100 years, three generations of Schwartz family members have helped women find the brassiere or corset that would enhance, rather than undermine, their self-image.

Ben Schwartz, the third-generation proprietor of Schwartz's Intimate Apparel, is now approaching retirement age himself. Rather than sell the business — and the family's name along with it — he and his sister Syndi Salat are closing down the Highland Park shop at 161 Skokie Valley Road this summer.

"It just wasn't worth it to sell the name without what went with the name, which was the service, the one-on-one attention, the customization," he said. "Those are the first things that would go."

Schwartz said that personal approach is what makes the shop special.

"Helping the woman who is a 46AA or a 38K bra size, that is what we are known for," he said.

Polish immigrants Molly and Ben Schwartz founded the Schwartz Corset Co. in 1915 on West Division Street in Chicago. At one point, they manufactured corsets in the back of a retrotfit movie theater and conducted fittings in the front.

Later, Schwartz's Intimate Apparel shops run by Florence and Milton Schwartz and their children carried on the tradition of providing personal service to women of all sizes.

"Business is changing and we either adapt again and change the way we do things," Schwartz said, "or we can say, It's been a wonderful run. Thank you for 100 years."

They've chosen to go out on their own terms.

"We never wanted to be the store that becomes outdated, has no customers and is thread-bare by the time it closes," Schwartz said.

Ginny Glasner, president and chief executive officer of the Highland Park Chamber of Commerce, said the store's longevity is a testament to the personal service they provided.

"To have been in business for as long as Schwartz's has, through economic ups and downs, is quite an accomplishment," she noted.

Riverwoods resident Sheila Hollander has been shopping at Schwartz's Intimate Apparel since her mother took her to the Skokie store when she was around 11 or 12 years old to buy her first bra. That was 60 years ago.

"I've been following them around ever since," Hollander said. "When her mother, now 97, recently visited from California, a shopping trip to the Highland Park store was a priority."

"It's the personal service," Hollander said, of her loyalty to the store and its staff. "The department stores can't live up to that."

While the first two generations of owners brought in their children to energize the business with new ideas and direction, Schwartz said their children have chosen other careers and have no inclination to enter retailing.

The family's century-long run in the intimate apparel business was an outgrowth of grandmother Molly's entrepreneurial streak as a teenager. Upon arriving from Poland as a young teen, her first job in Chicago was working for a corset company, Schwartz said.

"By the time she was 16, she was sewing corsets on the side at home for her own clients," Schwartz said.

Over the years, new shops were opened and existing shops relocated to be closer to loyal customers. In the 1940s, a store was opened in the Albany Park neighborhood of Chicago, and in the 1960s, a shop was opened on Oakton Street in downtown Skokie, where they remained for more than 25 years.

From there, they moved into a Wilmette shopping center just north of Old Orchard, which served as their base for 22 years. In late 2010, they moved into the Crossroads Shopping Center in Highland Park.

In the 1960s, Schwartz Intimate Apparel launched its Positive Care division to provide custom-fitted bras to breast cancer patients after surgery.

"My parents were at the forefront of designing bras that could help these women," Schwartz said, noting their innovations occurred at a time when women who'd had mastectomies often kept it a secret.

The Positive Care division, which is run by Schwartz's sister Syndi Salat, also provides compression and wound-care garments for both male and female patients.

When the invention of pantyhose rendered stockings and girdles with garters obsolete, the business was stuck with a large inventory of stockings in its warehouse that father Milton insisted on keeping, Schwartz said it proved to be a fortuitous decision.

A stylist for Playboy dropped into a shop Schwartz ran near Rush and Oak streets in Chicago, and happened to mention how hard it was to find nylon stockings and other items.

"I had stockings and in colors," Schwartz said, of the serendipitous encounter that spawned a long relationship between the store and Playboy.

Since the store announced its closing sale to customers by mail and email, the reaction has been overwhelming, Schwartz said.

"We know most of our customers on a first name basis," he said.

"It is a great loss to the community of women who needed special help."

Hollander was among those saddened to hear of the store's closing.

"Who are we going to go to now?" she asked. "What are we going to do?"

One customer told Schwartz that her grandmother had brought her mother to Schwartz's Intimate Apparel for a first fitting. Her mother brought her, and she in turn brought her daughter.

"She'd hoped her daughter would be bringing in her granddaughter," Schwartz said.

kberkowitz@pioneerlocal.com
@KarenABerkowitz
Muhammad Ali, free to be who he wants to be

One of the greatest events in 20th century sports history was what became known as "The Fight of the Century." Two undefeated heavyweight champions were to meet for the first time in the ring. One of them would walk away as boxing's undisputed heavyweight champion, the greatest title in boxing. What I remember most about the fight was the anticipation not just among boxing fans, but among everyone. Even casual fight fans and people who knew nothing about boxing were keen on the fight between Muhammad Ali, who was seeking to regain the title taken from him for his refusal to get drafted and fight in Vietnam, and the reigning champion, Joe Frazier.

The buzz around school was not only who would win, but who were you for. Making a choice at that time went beyond a favorite in the ring. Favoring Ali or Frazier was making a political statement.

Of course fight fandom was divided. But for the first time, I noticed that the division was along racial lines. Whites were for Frazier. Blacks were for Ali. I always felt somewhat sorry for Joe Frazier, a great fighter, who was cast as the white man's boxer. Racism was a lot more overt back then.

Frazier won what was one of the best fights of all time. A split decision. The fight went the full 15 rounds and it was agreed that it was one of the greatest fights of all time.

Ali went on to beat Frazier in a rematch, then regained his title with a stunning win over George Foreman. He became a great personality and eventually a beloved sports icon, not only for his boxing prowess - he was one of the greatest fighters ever - but also for his willingness to fight for his principles and for the truth.

In that sense he was a true leader, always out front. By the time he lit the Olympic flame in Atlanta in 1996, the rest of us caught up to him and he was beloved.

The Fight of the Century and the Olympic flame are just two of the many highlights those of us who lived in his time will remember. You are exactly who you want to be. I love you.

As Cosell would say, "That's telling it like it is."

Randy Blaser is a freelance columnist for Pioneer Press.

My dad returns to me on Father's Day

They bear the children and then provide an unbroken stream of caring, nurturing, feeding, loving, tending.

Not that fathers don't do these things, too. But a mother's love is minute by minute, day by day, seamless.

When I think of my father, it often is in terms of single events, of firsts.

As a child, whenever I did something for the first time, I remember my father was there to watch, to help or to introduce.

When I learned how to catch, throw and hit a ball, my father was there. He was the one who taught me.

I am a nut for trains. Probably because my father would take me to the tracks near our house. He would hold me up and we would both wave at the engineer as the train rumbled by.

My father taught me to ride a bike. I was little, but I remember him running alongside me, hands ready to steady me as I first rode without training wheels. The first movie I remember seeing was "Wake of the Red Witch" with John Wayne. My father took me.

The first time I heard Beethoven - the musical love of my life - was when my father and I sat by the radio and listened to Arturo Toscanini conduct the NBC Symphony Orchestra. I hear and as if were yesterday, it was Beethoven's Fifth Symphony.

I became acquainted with Gilbert and Sullivan when my father sang me to sleep with a songs from "HMS Pinafore."

And these firsts didn't stop when I was a kid. On my 21st birthday, I wanted to prove to the world I was an adult by buying a bottle of Scotch. My father casually mentioned he would go to the liquor store with me in case, I suspect, the sales clerk wouldn't believe my ID.

I bought a pint of Cutty Sark. My father hovered. But the clerk didn't give me a hard time.

We took the bottle home. And we had a taste. My father didn't even smile at my sour expression on first sip. Then there was the time I said my first swear word in adult company. My father was there. And he... Well, nevermind.

These are the kinds of things I remember on Father's Day.

And though he's gone, he's still here. Happy Father's Day, Dad.

Paul Sassone is a freelance columnist for Pioneer Press.
‘United Shades of America’ puts the real in reality TV

ERIC SCOTT

Whether he’s stepping off a plane in the frigid, northernmost reaches of Alaska or in a state of frozen shock and silent fear as flames from a burning cross flicker overhead against an evening sky in Louisville, W. Kamau Bell will kidingly gripe on camera about why he’s doing this.

We should all be glad he is, and you should see why.

The stand-up comedian, turned CNN show host, has been a pistol TV tour guide in one of the network’s newest shows, “United Shades of America.” Viewers are advised — this goes way beyond your usual traveling host show that may showcase the best spots in America for chill or quirky roadside attractions. Through good-natured humor and a genuine sense of curiosity, Bell walks us through the door of the unusual and introduces us to the people who choose to operate on wavelengths that tend to stray outside usual mainstream boundaries before he takes viewers on an extended tour of “the why.”

Back to that cross burning.

Bell, an African-American male, is welcomed into the inner circle of a Ku Klux Klan chapter in Arkansas and Kentucky, and he is encouraged to ask questions most of us would offer up if we were there. He mainly focuses on why people act and behave the way they do. Viewers find out that it’s often a combination of how people were raised or an extension of the way things always have been done.

In on-camera situations that sway on a scale between bizarre and hate, passing over all other emotional points, Bell’s sharp wit and thought-provoking questions extract “the why” in a way that generates understanding, instead of allowing viewers to cement their established opinions. The answersBell uncovers aren’t necessarily right, but cut to the core of why some people behave the way they do. You wish these same level-headed questions could be asked to diffuse hot-button, intense situations, such as shootings involving police or violence erupting at political rallies.

In the cross-burning episode, you can’t help but think how far we’ve come as a society, where such a violent symbol of hate can be examined up close by someone who would have feared for his life if faced with the same situation not so many decades ago. But in imagery alone, the same scene emphasizes how far we still need to go when it comes to equal treatment for all. If you could combine the best ingredients from Comedy Central’s “The Daily Show,” the storytelling of “CBS Sunday Morning” and CNN’s “Parts Unknown,” with chef and author Anthony Bourdain reporting and eating at tables around the world, you’d have the recipe for the meaty entreé that “Shades” offers up in each show’s main course. Well done (pun intended).

Hopefully, CNN has found the right formula to bring back once loyal viewers (myself included) who switched the channel in droves following monumental on-air credibility issues. They include not getting all the facts straight on the Supreme Court’s Obamacare ruling and reporting the wrong information for several minutes.

This is also the same network that turned the search for that still-missing Malaysia Airlines jet into weeks of wall-to-wall “what if” speculation that featured newly invented “expert theories” every night. All this happened while real people were still grieving lost loved ones and begging for real answers.

With “Shades,” CNN finally is taking a step toward a network news identity that learns toward value and away from ratings-driven, eye-candy sensationalism.

And with cameras close behind, Bell takes much needed steps as host over terrain canvassed with closely-held beliefs while also taking us across rough seas in search of calmer waters of understanding.

Eric Scott is a freelance columnist.

When we move, our kids win

A recent study by the Journal of Adolescent Health found that encouraging overweight and obese teens to move more through use of their everyday environment (versus organized sports) led to significant, sustained increases in physical activity.

My first reaction to reading the study headline: Duh. My second, after reading a synopsis of the study: Yikes. Have we really come to this?

The study involved educating kids on ways they could move and locations near their homes where they could do so — stuff that, in my opinion, 10-to-16-year-olds ought to be familiar with by now.

But that’s not where it ends. Nope, that’s not even where it begins. Because saying, “Kids, why don’t you play at the park?” is not enough nowadays, what with technology and phones. Each participant, who wore an activity monitor, set weekly activity goals and received text or phone messages reminding them of their goal, plus a low-cost gift (such as a ball, Frisbee, etc.) to encourage physical activity, and small monetary gifts when they met their goals.

Overall, intervention group participants averaged 9.3 minutes more daily moderate-to-vigorous physical activity than did control group participants (38 minutes versus 28.7 minutes). Increases in daily physical activity were sustained for at least three to four months.

But can we really call this a success, that adolescents move an additional nine minutes per day when harassed with text messages and rewarded with cash?

Don’t get me wrong, I’m happy for the kids in the study, and I hope some of them developed some healthy habits and a new love for moving their bodies. But where do we go from here? Give all kids fitness trackers and offer to raise their allowance when they play at the park?

We have a problem when movement becomes something we have to ask our kids to do. But it’s not just the fate of overweight kids like the ones in this study that concerns me.

What concerns me is kids equating movement to burning calories. Kids asking for a Fitbit for their birthday. Kids moving exactly 45 hours a week because that’s how much time they spend playing organized sports. Kids choosing to run on a treadmill instead of climbing the monkey bars because they read that it burns more calories. Kids whose only experience seeing their parents move is when mom goes to the gym to “undo the damage I did last night.”

“Sound familiar, Mamas, it starts with us. If we want our kids to move more, we have to move more. Every day, in all different ways, not because our Garmin watch said so, but because it’s good for us! Promoting an active lifestyle is not just about signing your kids up for soccer and swimming lessons, or even about running a 5K with your kids watching. Those kinds of things are awesome, but it’s also about saying, “Let’s walk to the store,” instead of driving. It’s about seeing a puddle and jumping over it instead of going around. It’s about getting off our couches and setting good examples for our kids.

If we want our kids to have a healthy relationship with their bodies, we need to model a healthy relationship with our own.

Actress Kate Winslet told Vogue magazine in 2012: “It starts very young. As a child, I never heard one woman say to me: ‘I love my body.’ Not my mother, my elder sister, my best friend. Not one woman has ever said: ‘I am so proud of my body.’ So, I make sure I say it to my daughter, because a positive physical outlook has to start from a very early age.”

How do you talk about your body in front of your kids? When you refuse a slice of cake, do you say, “I don’t deserve it,” or do you casually say, “No thanks, I’ve had enough sweets for today?” When your kids ask why you go to the gym, do you say, “I need to lose this tummy,” or do you exclaim, “Lifting weights makes Mamas feel strong!”

Your kids are listening. It’s great to model healthy eating habits and to exercise in front of your family, but if you do these things out of disgust for your body or as punishment, they will know.

Reports have shown that by age 6, girls start to express concerns about their weight. An estimated 40 to 60 percent of elementary school girls are concerned about their weight or about becoming fat. And let’s not forget the boys — who are also prone to body self-consciousness, but no one is making realistic-looking versions of action figures for their sake.

We can blame the media, schools, technology, socioeconomic factors, our children’s friends — there are plenty of convenient scapegoats. But the truth is, our kids’ beliefs and values start at home, with us.

Move your body. Love your body. Not just for your sake, but for theirs.

Nicole Radziszewski is a freelance columnist. She lives in River Forest and is a certified personal trainer and mother of two.
The beers of summer

By Veronica Hinke | Pioneer Press

They have names like Beach Blonde, Dog Days Dortmunder and Summerfest. There is even a classic hefeweizen named after the puffy clouds in the blue sky on a sunny day (Cumulus). What do local brewers say will be the best beers of summer 2016? We asked local pros to name their faves. They picked one of their own brews and one of someone else's. Here's your guide to the best sips of summer.

EXIT STRATEGY BREWING CO.
7700 W. Madison St., Forest Park;
www.ExitStrategyBrewing.com

The Pro: Chris Valleau, co-owner/brewmaster

His beer: Persephone — Pomegranate Wheat. “It’s a flagship beer for us that has the perfect balance of tart pomegranate fruit and wheat malt,” Valleau said.

Someone else’s beer: Rosa by Revolution Brewing.

Taproom: Yes, with around 14 beers on tap.

Food: Menu items in the brew pub include short rib poutine, bourbon-bacon grilled cheese and yes, beer cheese soup. House-made sodas like root beer, cream soda, ginger beer and “flavors of the moment” are on tap too.

GOOSE ISLAND BEER COMPANY
1800 N. Clybourn, Chicago; www.GooseIsland.com

The Pro: Jon Naghski, head brewer

His beer: Willow St. Wit. “I love the classic combination of traditional whitbier yeast, sweet orange peel and coriander; this offering is refreshing, has a complex flavor and crisp finish,” Naghski said.


Taproom: Yes, and the new tap room (1800 W. Fulton) opened last year.

Events: A new offering debuts every Thursday at 6 p.m. during a weekly pre-miere event. The Beer Academy is a themed tasting on the last Wednesday of every month. Brewery tours are offered on Saturdays and Sundays.

HALF ACRE BEER COMPANY
4257 N. Lincoln Ave., Chicago and 2050 W. Balmoral St. Chicago; www.HalfAcreBeer.com

The Pro: Matt Young, head brewer

His beer: Alkar Shogun. “It has a tropical lemon/lime wheat haze that is super refreshing time after time,” Young said.

Someone else’s beer: Summerfest Lager by Sierra Nevada

Taproom: Yes, and the Lincoln Tap Room (4257 N. Lincoln Ave.) has a full kitchen. A tap room and restaurant is currently being built at the Balmoral brewery site.

Events: Large, annual parties to individual beer releases. During Sunday Dinner Club meetings, guests go into the kitchen and collaborate with Chef Nick. Each meeting has a theme, and Cubano Sandwiches are up next on the agenda for June 27.

LAGUNITAS BREWING COMPANY
2607 W. 17th St., Chicago; www.Lagunitas.com

The Pro: Jeremy Marshall, master brewer

His beer: Aunt Sally. “It’s a true dual fermentation beer made with two exclusive organisms: the first is lactic acid bacteria which convert a small portion of the grain sugars into lactic acid, which is well known in the wine world to be both smooth and velvety; the second is a normal yeast fermentation with our house ale strain. Then we hit it with a massive dry hop that creates intense citrus and berry notes. The result is a very unique beer that engages beer geeks and non-beer drinkers simultaneously,” Marshall said.


Taproom: Yes, with seating for 300 people and 360-degree views of the operation.

Events: Live music in the tap room, Wednesday through Sunday, 4:20 to 7:30 p.m. Annual Beer Circus is set for September.

NORTH SHORE DISTILLERY
13990 Rockland Road, Green Oaks; www.NorthShoreDistillery.com

The Pro: Sonja Kassebaum, co-founder/co-owner

Her Summer Drinks: “Cucumber Caipiroska and Summertime Smash are my favorite drinks of summer,” Kassebaum said. “I love using fresh ingredients from my garden and the farmers market to make a delicious cocktail. For the Cucumber Caipiroska, I pair our North Shore Vodka (or our Sol Chamomile Citrus Vodka) with fresh cucumber, lime and a touch of sugar for balance. For the Summertime Smash, I pair our Distiller’s Gin No. 6 with some fresh berries or fruits, lemon, mint and a touch of sugar for balance. So tasty!”

Someone else’s beer: “I love Revolution’s Anti-Hero IPA for summer, as well as Metropolitan Brewing’s Krankshaft Kolsh.”

Tasting room: Yes, and they just moved to a larger location that is open Wednesday through Sunday.

Food: Snacks and a limited food menu. Look for future partnerings with some of the local food trucks and caterers for cocktail pairing dinners and other events. Guests can also bring in food that is not on the menu.

Events: Kassebaum and her team will begin hosting a range of events in their new tasting room starting in June. Events will include monthly game days on the first Sunday of each month, and live music at least once a month. They are looking forward to hosting their Summer Solstice party again on June 18.

OAK PARK BREWING COMPANY
155 S. Oak Park Ave., Oak Park; www.OakParkBeer.com

The Pro: Jim Cozzens, head brewer

His beer: “My favorite summer beer that we make here is our Half-Timbered Kolsch, because it is light-bodied, and easy-drinking, but with a delicate grain-y flavor and mellow spicy hop aroma and bitterness,” Cozzens said.

Someone else’s beer: “I’d have to go with Troublesome Gose by Off Color,” he said.

Taproom: “We are a brewpub, so we have a full restaurant, Hamburger Mary’s Showlounge.”

Events: Drag shows every Friday and Saturday night at 7:30 p.m. and 9:30 p.m.; bingo for charity every Wednesday night; comedy show with an open mic every Thursday.

SKETCHBOOK BREWING CO.
821 Chicago Ave., Evanston; www.SketchbookBrewing.com

The Pro: Shawn Decker, founder/managing partner/brewer

His beer: Cumulus. “It’s a classic German hefeweizen. It’s light, clean, thirst-quenching, a great summer beer,” Decker said.

Someone else’s beer: “I’ve always been a huge fan of Dale’s Pale Ale by Oskar Blues; it’s a nice, direct, simple but very balanced pale ale.”

Taproom: Yes, with 10 beers on tap.

Turn to Beer, Page 22
“★★★★!
Pitch-perfect! The laughs just keep on coming.”
Daily Herald

“Highly recommended!
65 perfect minutes of pure fun.”
Chicago Sun-Times

“This is the funniest show I’ve seen in a long time. I’m coming to see it again and bringing friends.”
WT Audience Member

WRITERS THEATRE WITH THE SECOND CITY PRESENTS

DEATH OF A STREETCAR NAMED VIRGINIA WOOLF:
A PARODY

CREATED BY TIM RYDER AND TIM SNIFFEN
WRITTEN BY TIM SNIFFEN
DIRECTED BY STUART CARDEN AND ARTISTIC DIRECTOR MICHAEL HALBERSTAM

NOW PLAYING
Performed in the Gillian Theatre

WRITERS THEATRE.ORG | 847-242-6000

INaugural Season Sponsor
MAJOR CORPORATE SPONSOR
INICIAL LIGHTING SPONSOR
NEW WORK SERIES SUPPORT
2015/16 MEDIA PARTNER

BMO Harris Bank
Nes Rentals
ComEd
The Elizabeth F. Cheney Foundation
Pioneer Press
SMYLIE BROTHERS BREWING CO.
1615 Oak Ave., Evanston; www.Smylie.Bros.com
The Pro: Brad Pulver, head brewer
His beer: Purple Line.
“It won a bronze medal in the 2015 Great American Beer Festival. I'm not a giant fruit wheat beer fan, so when we decided to make one I came up with a beer I would want to drink,” Pulver said. It's a hefeweizen with hibiscus, blueberry, and blackberry. The hibiscus keeps it slightly tart and super refreshing.”
Someone else's beer: Counter Clockweisse by Destihl Brewery.
Taproom: Yes, and with a full menu.
Events: Pulver and Executive Chef Grant Carey collaborate in beer dinners every few months. The next beer dinner will be held in August. A July 9 second anniversary party will feature live music and special beer releases throughout the day.
TEMPERANCE BEER COMPANY
2000 Dempster St., Evanston; www.TemperanceBeer.com
The Pro: Josh Gilbert, founder
His beer: Greenwood Beach, blonde ale with pineapple. “I love how the first thing that hits me is the pineapple aroma, which instantly transports me to a tropical vacation, but the first sip is a refreshing flavorful beer,” Gilbert said.
Someone else's beer: Radler grapefruit by Stiegl.
“‘For when I want something citrusy and only 2 percent ABV’,” he said.
Taproom: Yes, and guests can fill growlers and sample flights.
Food: A variety of eats from local vendors (Popcorn Asylum, Bee's Knees Nuts, Great American Cheese Collection) as well as slices from Panino's Pizzeria. Food trucks visit periodically, and guests bring food in.
Events: Every Friday this summer, the Drop Summer Series features some of Chicago's best DJs. Temperence Trikonasana yoga takes place the third Saturday of every month.
TEN NINETY BREWING CO.
1025 N. Waukegan Road, Glenview; www.Ten-Ninety.com
The pro: Brian Schafer, co-owner
His beer: Half Wit.
“Wheat beers are perfect for hot summer days, and I love the refreshing flavors imparted from the orange peel, coriander, and honey in our Half Wit.”
Someone else's beer: Grapefruit Sculpin by Ballast Point Brewing Company.
Taproom: Yes. Outdoor seating is available for 20.
Food: Light snacks, food trucks and order-in options are available.

ALWAYS GIVING ADVICE?

Here's a tip: start a blog

If you can dish it out, we want to take it. Simply pick a topic you're passionate about and send us your pitch. If chosen, you'll join ChicagoNow, a network of hundreds of local bloggers. No worries if you're a newbie - we'll help you build and launch your platform. So get going, Chicagoland's waiting for your words of wisdom.

chicagonow.com/pitch
Ensemble Español celebrates 40 years of passionate dance

BY MYRNA PETLICKI
Pioneer Press

For 40 years, Ensemble Español has thrilled audiences with its annual “Flamenco Passion” performances. This year, more than 40 dancers, musicians and guest artists will perform in classical, traditional, contemporary and Flamenco styles, June 17-19, at the North Shore Center for the Performing Arts in Skokie.

A major highlight of the upcoming concerts, according to founder Dame Libby Komaiko, is the world premiere of “Iroko” by Angel Rojas and Carlos Rodriguez, artistic directors of Madrid’s Nuevo Ballet Español.

“This wonderful new choreography is very modern and it’s fusion,” Komaiko said.

“It’s a potpourri of original music. The costumes are gorgeous and the lighting designer from Madrid is outstanding,” Executive Director Jorge Perez added.

Komaiko also praised Artistic Director Irma Suarez Ruiz’s “El Baile de Luis Alonso,” which she created in 2010. The program features a number of other pieces drawn from the company’s repertoire, including Komaiko’s beloved “Bolero,” which she choreographed in 1993 to the music of Ravel. It has been seen by more than 1 million people around the world and was featured in two documentaries.

“We’ve been invited to perform in Spain so the concerts that we’re having at the North Shore are the program that we’ll be taking to Spain,” Perez said.

“Flamenco Passion” is part of the company’s 2016 American Spanish Dance & Music Festival that runs from June 8-25. It includes Spanish dance classes and flamenco master workshops at Northeastern Illinois University.

The company, based at Northeastern Illinois University, has come a long way since Dame Libby Komaiko founded it. The Evanston resident, who studied dance at the Chicago Musical College of Roosevelt University and with Gus Giordano, was introduced to Spanish dance when she went to see a concert by Jose Greco’s Spanish Dance Company. “It was the most unusual and wonderful dance I had ever seen,” Komaiko recalled. At the age of 18, she auditioned for the company and was accepted.

Komaiko’s love of Spanish dance inspired her to create Ensemble Español, initially with seven dancers. Komaiko’s dedication to Spanish dance earned her Spain’s highest honor in 1983 and the title Dame.

Perez attributes the longevity of Ensemble Español to “the passion of the organization.” Perez declared that he and Ruiz are “blessed with an incredible group of dancers that are giving their heart and soul to what we’ve established all these years.”

The dance company’s reach continues to expand, Perez noted. They now have four full-time dancers doing outreach in the community. During the past year, 26,000 students were served, over 50,000 audience members saw the company perform and there were over 100 programs and residencies.

Perez concluded that, “The growth that Ensemble Español has undertaken has a lot to do with the passion and drive of the artists and staff, and the people who are touched by the work created here in the Ensemble.”

chicagotribune.com/nominate
Summer Tile Sale

SAVE 10-50%
Sale ends June 30th.
Come in to see the latest styles and selections.

Cancer Wellness Center

Lewis Floor & Home is proud to support the Cancer Wellness Center in Northbrook. A portion of June sales will be donated to this worthwhile organization.

24h Delights

Go By Myrna Petlicki

Pioneer Press

Kids will get down and dirty on Mud Day, 6-7 p.m. June 29 at Wildwood Nature Center, 529 Forestview Ave., Park Ridge.

"Mud Day is a family event celebrating mud and all things dirty," said Supervisor Jenny Clauson.

"It's meant to be fun. Everybody likes to squish mud through their toes. It's such a fun sensory experience."

Clauson reported that this is an international event that was started by the Nature Action Collaborative for Children. This is the fourth year that Wildwood has participated.

There will be many chances for kids to get dirty at this event.

"There'll be painting with mud, making mud castles, and a mud kitchen to make mud pies and mud soup," Clauson said. "A lot of dirty fun."

Participants should wear old clothes or swimsuits and bring towels or a change of clothes. You'll be able to use sprinklers and hoses to clean off.

The cost is $12 per family. Registration is required.

For details, call 847-677-9740 or go to www.11ncolnwood.org.

The play's the thing...during Lincolnwood Parks and Recreation Department's Community Park Play Dates.

The first weekly event is 1-2 p.m. June 23 at Centennial Park, 6801 McCormick Blvd. There will be active games, outdoor crafts and more, led by the Fun Crew, at this drop-in event for all ages.

For details, call 847-677-9740 or go to www.lincolnwood.org.
Balancing business and baby

How moms who own businesses manage to make maternity leave work. Page 14
Farm fresh strawberries can’t be beat

Use seasonal fruits to make a salsa or delicious bread

By Judy Buchenot
News-Sun

If you are not convinced that there is a difference between farm fresh seasonal produce and grocery store produce, go pick a box of strawberries currently ripening at one of the many area farms.

When you pull up to the field, you will be surprised at the amazing fragrance of strawberries that fills the air. Then pull off a ripe berry that is still warm from basking in the sun and take a bite. The tender strawberry will give way to a burst of juice that explodes with a sweet berry flavor unlike any supermarket strawberry. This is not your imagination. This is farm fresh at its best.

“IT’s all about varieties,” says Marcia Thompson of Thompson Strawberry Farm in Bristol, Wis., a family-owned strawberry farm in operation since 1969. “Growers who have to ship their berries need to use a variety that can stand to be shipped and last a long time. Our berries are softer and juicier and can’t travel that far. They don’t last as long either.”

The difference is visible inside the strawberry. Thompson berries are red inside almost to the very center, while grocery store varieties have a large firm white center. The farm berries are also not as uniformly large. There are some large berries but there are also smaller berries that are just as tasty. Commercial growers prefer large berries because they can be picked quickly. It takes longer to fill a quart with small berries.

In addition to looking different, farm berries have a more intense flavor, since they are picked ripe, says Thompson.

“If you are going to use strawberries to make something like jam, these are the best berries to use because they are juicier,” she says.

Fresh berries are perfect for eating in spinach salad or in strawberry shortcake, but Thompson says there are many other ways to use them.

“We like to make strawberry lemonade. We just put lemonade in the blender with some strawberries and then whirl it together. It is very good.”

She also chops the strawberries to use in a fruit salsa served with cinnamon chips.

Smoothies made with these farm fresh berries are far superior to those made with firm, commercially grown berries, says Thompson.

For a year-round supply of these tasty, juice-laden berries, Thompson suggests freezing them. She simply washes, hulls and then slices the strawberries. Then she likes to sweeten them by adding 1/4 cup of sugar to four cups of sliced berries.

After adding the sugar, she allows the berries to stand for about three minutes so that the sugar dissolves. She then portions the berries into freezer bags or containers to be frozen. The thawed berries are great over ice cream, in smoothies or in recipes like Thompson Strawberry Bread, a moist, delicious bread made with oatmeal and cinnamon.

Taste strawberries at their best by picking your own or buying a box from a local grower during the next few weeks. The local strawberry season winds down in early July. Be sure to call before heading to the farm since weather can affect the supply each day.

“It is best to wait to wash them until you are ready to use them,” says Thompson. “They need to be kept cool also. The refrigerator is best, but if you have a cool space in the house, you can use that also. Wash the berries with the tops still on. If you take off the tops, water gets into the berry and makes them too soft. After washing, hull the strawberries and use them as soon as possible!”

Packed with vitamin C, fiber and antioxidants, strawberries are good for you, says Thompson.

“They are low in calories too,” she adds.

Depending upon size, berries have between two to four calories each. They have no fat unless you add a dollop of whipped cream or a scoop of ice cream. Thompson shares two of her favorite recipes that are delicious when made with farm fresh strawberries.

Thompson Strawberry Farm is at 14000 76th St., Bristol, Wis. Call 262-857-2353 or go to thompsonstrawberryfarm.com.

Judy Buchenot is a freelance writer.

Marcia’s Culinary Cue

Strawberries can be used in many ways to add interesting flavor to dishes. Add pureed strawberries to your favorite salad dressing or meat marinade. Fresh strawberries can be added to flavored gelatin and make great additions to salads too.

Strawberry salsa with cinnamon chips is an interesting way to enjoy fresh seasonal strawberries.

Heeman’s Sweet Strawberry Salsa with Cinnamon Chips

Makes 4 to 6 servings
1. large naval orange
2. kiwi
1/2 large crisp apple (like royal gala or empire)
2. cups fresh strawberries
1. tablespoon of honey, Splenda, sugar or maple syrup
10-12 tortillas
1. tablespoon melted butter
Cinnamon sugar

1. Peel orange and kiwi and dice into small bite-sized pieces. Wash and core apple and dice into small pieces. Wash and hull strawberries and dice. The salsa is more appealing if the diced fruit is all the same size.
2. Sweeten fruit with desired sweetener. To make the cinnamon chips, brush each tortilla with butter and sprinkle with cinnamon sugar, stacking the tortillas on top of each other. Cut two to three tortillas with scissors into triangles.
3. Spread in a single layer on cookie sheets. Bake at 325 degrees for about 15 minutes or until lightly golden. Dip chips into salsa and enjoy.

Thompson Strawberry Bread

Makes two loaves, 6 to 8 servings each
3. eggs
2. cups sugar
1. cup salad oil
1. tablespoon vanilla
2. cups flour
1. cup quick oats
1. tablespoon cinnamon
1. teaspoon baking soda
1. teaspoon salt
1/2 teaspoon baking powder
2. cups crushed strawberries
2. cups brown sugar

1. Beat together eggs and sugar. Add oil and vanilla and mix well. Stir in flour, oats, cinnamon, baking soda, salt and baking powder. Add strawberries and mix well.
2. Grease and flour two 9" x 5" loaf pans. Divide batter between pans. Bake 1 hour at 350 degrees. Cool slightly and remove from pans,
The thrill of the grill

By Veronica Hinke
Pioneer Press

Alan Mayer’s white wine-soaked hickory chips, his special basting technique and his late wife’s cherished apricot noodle kugel make one Highland Park family’s barbecue extra special. Mayer is 92, and his daughter Laurie Kentor and Beth Levin, think his barbecue is still finger-licking good.

For these occasions, Mayer indulges in a 10-hour process to make spare ribs and chicken in his coal-fired smoker. He loves to give the barbecue a smoky flavor with hickory chips, soaks for a full day in white

wine. Then he goes out and buys a slab of ribs and cuts it in thirds. He buys chicken breasts with a bone and pieces of chicken leg and thigh and washes the meat thoroughly.

When it’s time to fire up the smoker, he uses a coal chimney instead of lighter fluid. He adds the chips. The chips steam and become smoke for the barbecue. The coals cover about one-third of the grill.

Every hour on the hour, Mayer flips the chicken. “I make more than I need because the kids like to take it home and have it the next day. That’s my contribution to the party.”

“Is this the party,” Kentor said.

Another key point comes two hours before the end. “I pour myself a big vodka,” Mayer joked. “That’s very important.”

One of the family’s favorite barbecue sides is an apricot noodle kugel that their mom, the late Terry Mayer, used to make. It’s made with egg noodles, butter, milk, sour cream, cottage cheese and a jar of brightly colored apricot preserves.

Their grandmother, the late Lillian Orwin, always made a beloved frozen fruit salad. She mixed together mandarin oranges, canned fruit cocktail, sour cream, mini marshmallows and a hint of lemon juice.

It’s not gourmet, but it’s tasty and refreshing,” Kentor said.

For dessert, Mayer’s whipped cream cake is now practically required at almost every family meal. He makes it using the recipe on packages of Famous Chocolate Wafers. Mayer arranges the wafers and cream into the shape of a log to make it extra pretty, especially at holiday time. He sets it up the night before so it softens.

Mayer is not just a barbecue enthusiast, he’s also an author. Family stories and short stories of his life are showcased in his newest book, “Sitting Duck,” www.WeThePeoplePublishing.com. Mayer was born in Brooklyn, NY in 1923, and was already making his own wages on Long Island fishing docks by age 11. By the time he was 13, he was earning money as a semi-pro boxer. He moved to Chicago in 1938, and was with the U.S. Air Force in World War II. In over 30 years he owned 15 companies and was a banker for another 30 years. “I’m still restless and looking for a new career,” Mayer said.

“Sitting Duck” is Mayer’s second book. At 91, his first book was published. It was called “The Fix,” and it was about boxing. When Mayer was a 9-year-old student on Long Island in New York, he learned crude boxing and those hard-fought skills helped shaped the rest of his life.

Mayer is currently working on his third book, titled “Why Am I Still Here?” And he’s also spending plenty of time perfecting his barbecue technique.

Sisters Beth Levin, left, and Laurie Kentor, center, feel blessed to celebrate Father’s Day with their 92-year-old dad Alan Mayer, right. His barbecued ribs and chicken are still finger-licking good.

92-year-old dad shares his Father’s Day barbecue secrets

For dessert, Mayer’s whipped cream cake is now practically required at almost every family meal. He makes it using the recipe on packages of Famous Chocolate Wafers. Mayer arranges the wafers and cream into the shape of a log to make it extra pretty, especially at holiday time. He sets it up the night before so it softens.

Mayer is not just a barbecue enthusiast, he’s also an author. Family stories and short stories of his life are showcased in his newest book, “Sitting Duck,” www.WeThePeoplePublishing.com. Mayer was born in Brooklyn, NY in 1923, and was already making his own wages on Long Island fishing docks by age 11. By the time he was 13, he was earning money as a semi-pro boxer. He moved to Chicago in 1938, and was with the U.S. Air Force in World War II. In over 30 years he owned 15 companies and was a banker for another 30 years. “I’m still restless and looking for a new career,” Mayer said.

“Sitting Duck” is Mayer’s second book. At 91, his first book was published. It was called “The Fix,” and it was about boxing. When Mayer was a 9-year-old student on Long Island in New York, he learned crude boxing and those hard-fought skills helped shaped the rest of his life.

Mayer is currently working on his third book, titled “Why Am I Still Here?” And he’s also spending plenty of time perfecting his barbecue technique.

For dessert, Mayer’s whipped cream cake is now practically required at almost every family meal. He makes it using the recipe on packages of Famous Chocolate Wafers. Mayer arranges the wafers and cream into the shape of a log to make it extra pretty, especially at holiday time. He sets it up the night before so it softens.

Mayer is not just a barbecue enthusiast, he’s also an author. Family stories and short stories of his life are showcased in his newest book, “Sitting Duck,” www.WeThePeoplePublishing.com. Mayer was born in Brooklyn, NY in 1923, and was already making his own wages on Long Island fishing docks by age 11. By the time he was 13, he was earning money as a semi-pro boxer. He moved to Chicago in 1938, and was with the U.S. Air Force in World War II. In over 30 years he owned 15 companies and was a banker for another 30 years. “I’m still restless and looking for a new career,” Mayer said.

“Sitting Duck” is Mayer’s second book. At 91, his first book was published. It was called “The Fix,” and it was about boxing. When Mayer was a 9-year-old student on Long Island in New York, he learned crude boxing and those hard-fought skills helped shaped the rest of his life.

Mayer is currently working on his third book, titled “Why Am I Still Here?” And he’s also spending plenty of time perfecting his barbecue technique.

For dessert, Mayer’s whipped cream cake is now practically required at almost every family meal. He makes it using the recipe on packages of Famous Chocolate Wafers. Mayer arranges the wafers and cream into the shape of a log to make it extra pretty, especially at holiday time. He sets it up the night before so it softens.

Mayer is not just a barbecue enthusiast, he’s also an author. Family stories and short stories of his life are showcased in his newest book, “Sitting Duck,” www.WeThePeoplePublishing.com. Mayer was born in Brooklyn, NY in 1923, and was already making his own wages on Long Island fishing docks by age 11. By the time he was 13, he was earning money as a semi-pro boxer. He moved to Chicago in 1938, and was with the U.S. Air Force in World War II. In over 30 years he owned 15 companies and was a banker for another 30 years. “I’m still restless and looking for a new career,” Mayer said.

“Sitting Duck” is Mayer’s second book. At 91, his first book was published. It was called “The Fix,” and it was about boxing. When Mayer was a 9-year-old student on Long Island in New York, he learned crude boxing and those hard-fought skills helped shaped the rest of his life.

Mayer is currently working on his third book, titled “Why Am I Still Here?” And he’s also spending plenty of time perfecting his barbecue technique.

For dessert, Mayer’s whipped cream cake is now practically required at almost every family meal. He makes it using the recipe on packages of Famous Chocolate Wafers. Mayer arranges the wafers and cream into the shape of a log to make it extra pretty, especially at holiday time. He sets it up the night before so it softens.

Mayer is not just a barbecue enthusiast, he’s also an author. Family stories and short stories of his life are showcased in his newest book, “Sitting Duck,” www.WeThePeoplePublishing.com. Mayer was born in Brooklyn, NY in 1923, and was already making his own wages on Long Island fishing docks by age 11. By the time he was 13, he was earning money as a semi-pro boxer. He moved to Chicago in 1938, and was with the U.S. Air Force in World War II. In over 30 years he owned 15 companies and was a banker for another 30 years. “I’m still restless and looking for a new career,” Mayer said.

“Sitting Duck” is Mayer’s second book. At 91, his first book was published. It was called “The Fix,” and it was about boxing. When Mayer was a 9-year-old student on Long Island in New York, he learned crude boxing and those hard-fought skills helped shaped the rest of his life.

Mayer is currently working on his third book, titled “Why Am I Still Here?” And he’s also spending plenty of time perfecting his barbecue technique.

For dessert, Mayer’s whipped cream cake is now practically required at almost every family meal. He makes it using the recipe on packages of Famous Chocolate Wafers. Mayer arranges the wafers and cream into the shape of a log to make it extra pretty, especially at holiday time. He sets it up the night before so it softens.

Mayer is not just a barbecue enthusiast, he’s also an author. Family stories and short stories of his life are showcased in his newest book, “Sitting Duck,” www.WeThePeoplePublishing.com. Mayer was born in Brooklyn, NY in 1923, and was already making his own wages on Long Island fishing docks by age 11. By the time he was 13, he was earning money as a semi-pro boxer. He moved to Chicago in 1938, and was with the U.S. Air Force in World War II. In over 30 years he owned 15 companies and was a banker for another 30 years. “I’m still restless and looking for a new career,” Mayer said.

“Sitting Duck” is Mayer’s second book. At 91, his first book was published. It was called “The Fix,” and it was about boxing. When Mayer was a 9-year-old student on Long Island in New York, he learned crude boxing and those hard-fought skills helped shaped the rest of his life.

Mayer is currently working on his third book, titled “Why Am I Still Here?” And he’s also spending plenty of time perfecting his barbecue technique.

Apricot Noodle Kugel

Serves 8

1/2 pound egg noodles
1/3 cup butter
1/2 cup milk
1 cup sour cream
12 ounces cottage cheese (small curd)
6 teaspoons sugar and cinnamon mixture
4 eggs, beaten
1 tablespoon grease (for greasing casserole dish)
1 jar apricot preserves

Cook, rinse and drain noodles. Melt butter. Mix half of the butter with noodles. Add milk, sour cream and cottage cheese. Add three teaspoons sugar and cinnamon mixture. Add eggs.

Grease oblong casserole dish and pour in noodles. Sprinkle top with another three teaspoons sugar and cinnamon mixture and pour remaining melted butter over all. Bake for one hour at 350 degrees.

Spread the top of the kugel with one jar of apricot preserves, and bake for another 30 minutes.

Frozen Fruit Salad

1 tablespoon oil (for greasing ring mold)
1 can mandarin oranges, drained
1 large can fruit cocktail, drained
2 cups sour cream
3 cups miniature marshmallows
2 tablespoons lemon juice
1/4 teaspoon salt
1 drop red food coloring (optional)

Oil a ring mold. Place mandarin orange slices around the bottom of the mold in a nice design. Combine the rest of the ingredients. A drop of red food coloring is optional.

Gently spoon mixture into the mold. Freeze. Before serving, place in refrigerator for 90 minutes or leave on the counter for 30 minutes. Run a knife around the edge to unmold. If it doesn’t come out, run a cloth dampened with hot water over outside of mold.
Ways to prevent your cat from pulling threads in the carpet

By Marc Morrone
Tribune Content Agency

Q: My 14-year-old male cat keeps pulling up threads on new carpet on my previously wood stairs. What can I do or use to prevent this from continuing to happen? I have been clipping his nails regularly. I have tin foil over the first few steps. I have a big piece of cardboard blocking the stair entry. Somehow he gets on them anyway and I will notice a new pull.

— Sharon Jorden, Chicago, Ill.

A: Your cat has no idea that the fabric on the once barren steps feels so good to him could possibly have any monetary value. In addition to the methods you have already used, I have found that putting strips of double-sided tape on the edges of the steps works very well and is less inconvenient then the aluminum foil and cardboard.

However, no matter what you do, he will do his best to go around those repellents if he has no other alternative place to use his claws on. You have to get one or two of those carpet trees that have shelves that are covered with carpet and place it near the stairs. Make those stairs as unattractive as possible while also spreading loose catnip over the cat tree.

What should happen is when he walks over to the stairs to use his claws, he will instead smell the cat tree as an alternative and use his claws on the carpeting of the cat tree. As time goes on and he no longer thinks of the carpeted steps as an option, you can remove the tape and other barriers.

Q: I grew catnip in my garden this year with the idea of drying it when the plants mature and making my own cat toys. However, I do not think I will ever get to do this as my cats spend a great part of the day rolling around in the catnip bed and crushing all the plants. Can my cats overdose from all this catnip?

— Kathy Sullivan, Orlando, Fla.

A: I can understand your concern, but you really do not need to worry here. The element in catnip that cats enjoy never enters the bloodstream. The reaction you see is merely in response to the smell and taste — it is not a narcotic and any cat can snap out of catnip high.

Catnip is in the mint family and like most mint plants it grows quickly so even though your cats seem to be abusing it a bit, I am still sure that you will have plenty to dry in the fall for their winter enjoyment.

Q: I have seen a wild cottontail rabbit for the first time in my backyard recently and I was hoping I could feed them something, like I do with the birds and chipmunks in the area. What kind of food can I put out to encourage this rabbit to stay and have a family in my yard?

— Chris Edwards, Westport, Conn.

A: The Eastern Cottontail Rabbit is under special concern here in the Northeast as its numbers are in decline — your desire to encourage the population growth of them is admirable. However, diet is not an issue, rabbits mainly eat grass and there is no lack of that in suburbia.

The rabbits will sometimes eat vegetables from a garden or newly planted flowers, but such intrusions are easily preventable with low fences. If you really want to help the population of cottontails, then the thing they need is cover-manicured yards. Planting thickets of shrubs in your yard, such as rambling-type rosebushes, would allow the bunnies to have a place to escape into when running away from predators. It would also provide a safe place to raise their young, which would help increase their population.

Food is just one ingredient in helping wildlife — the other issue that you must take into consideration is providing them with an appropriate habitat.

Marc Morrone has kept almost every kind of animal as a pet for the last half-century and he is happy to share his knowledge with others. Although he cannot answer every question, he will publish many of those that have a general interest. You can contact him at petexperts2@aol.com, please include your name, city and state.
Help at last for victim of Chicago car theft

For those of you sitting on the edges of your seats since last week wondering whether the city of Chicago would resolve the mess created for Chuck when his car was stolen, there have been some developments.

Quick recap of the situation: Chuck's car disappeared from its parking spot on Bryn Mawr Avenue in the 48th ward in September. Though the theft was reported to police, it was Chuck who found the car in October— as a result of all the parking citations he received in the mail following its disappearance. Upon recovery, Chuck was told by police to mail in the parking tickets with his recovery report so he wouldn't be held liable for the fines. Not only did he wind up being liable for $1,600 in fines, he was additionally turned over to collections for non-payment — and his license was suspended!

As of last week, I'd made contact with Molly Poppe, spokesperson for the Office of Budget and Management, and Dan Luna, chief of staff for Alderman Harry Osterman, 48th. However, there had been no movement on Chuck's predicament prior to publication of my column. Then, two days later, I received the following from Poppe: "I did just get confirmation that the license suspension will be rescinded by 4:30 today."

The next day, she followed up: "First and foremost, the Department of Finance apologizes to (Chuck) for the delay in dismissing these tickets and the subsequent driver's license suspension. The City dismissed all the corresponding tickets yesterday, and the Secretary of State rescinded the license suspension yesterday as well. (Chuck) will be receiving a letter from the Comptroller as written notice of the tickets dismissed and rescission of the license suspension."

"Additionally, the new acting Comptroller is focused on improving customer service throughout the Department, and she has asked her team to develop a process to ensure these types of issues are immediately identified and expedited for quick resolution."

When I emailed Luna to ask if he had helped move things along, he responded only: "The City that works."

Upon conveying the update to Chuck, he said with relief, "That is awesome news! You are great! Thank you for your help."

Over the next few days, Chuck called the collection agency to inquire about the parking fines and was told his balance was zero. He requested a free credit report to see if his credit score had been impacted; it had not. (Poppe confirmed: "The debt was not reported to any credit bureau.") Then everything wrapped up nicely with a letter from the Secretary of State confirming Chuck's license had been reinstated.

So, the big question: How could this extremely inconvenient, stress-inducing situation have been avoided? When posed to Poppe, she offered some advice. First, it appears Chuck was provided poor counsel at the recovery scene. Rather than including the parking tickets with his recovery report and mailing everything in as he was advised, Poppe explained he should have instead used the formal ticket contesting process, available online, by mail or in person. Because a digital trail is created when performed online, this seems the most reliable method.

Poppe explained: "If (Chuck) went through the formal process for contesting the violations, the tickets would have been held in queue until the evidence was reviewed and a decision was made by an administrative law judge. The license suspension would not have gone through and the issue could have been addressed more quickly. But as I mentioned previously, the new acting Comptroller has asked her team to ensure these types of issues are addressed quicker if the Department is made aware of this type of issue outside the administrative hearing process."

Need help?
Send your questions, complaints, injustices and column ideas to HelpSquad@pioneerlocal.com.

Cathy Cunningham is a freelance columnist.
**Dianoia**

By Michael Heller, Nightboat, 120 pages, $17.95

Michael Heller’s preoccupation with spiritual contemplation through poetry is fiercely intellectual, as it is cautious: “No one can safely say where the sacred leaves off, where the profane begins,” he writes in “Mappah,” the collection’s opening poem. The word “safely” may strike the reader as odd if not accidental, but it isn’t: “In every new spiritual foray, Heller both reaches upward and instantaneously shrouds himself with doubt, skepticism, and a promise of reason. As he puts it:

...And I guess if one can call it
a belief, then mine was, if nothing else,
the Holy One had gone missing, and I was left
to raise other thrones from the now abandoned
languages of observation and objection.

Dipping into language of Judaism and Buddhism, hedging his bets, Heller not only teases out the philosophical underpinnings of his position, but in fact, recalling, enacts the actual experience: “No place to hang one’s lonely stuff. Who can be home to this homeless light?”

Yet, perhaps, Heller arrives at his most lyrical, transcendent moments in poetic commentary on the works of other artists. Studying Picasso’s “The Shadow,” which depicts a dark silhouette across a painting in the studio, Heller writes: “Artists cast shadows, and those who come after you light into the darkness of their opacity.” A profound response to “The Shadow,” its symbolism and significations, Heller’s lines stand on their own — memorable, esoteric, haunting observation on the nature of interpretation and artistic inheritance.

---

**Certain Magical Acts**

By Alice Notley, Penguin Poets, 144 pages, $20

Reading Alice Notley is altogether unlike reading. The pure force of language, instant invention, rapid transformation, and coinage of new archetypes all add up to a more visceral, centrifugal, hallucinatory experience, which is all-absorbing as it is enlightening. Notley seems to be uncontrollably possessed with voices she herself can’t entirely identify — those belonging to another world or era, to a dream as much as a nightmare, vision or prophecy:

I think fiercely to tell you how I have mutated,
O shades; help me and speak too for you have changed, to be here
in a poetic space with my own spirit, we are one.

In a way that is reminiscent of the invocation to the muses, the poet calls for other sorts of assistance, summoning — the dead, history, images. To put it another way, her “shades” are manifestations of our times cast against the backdrop of language. In “Private Lives: The Names,” she writes:

So you will you approach, as love, knowing all this will dissolve futurely
into bits of us bright. As we enter the real reality
after this breaks up and before that I’d
heal you
A number of clear departures from normative syntax and meaning signify an attempt to not only break away, or purge, but to invent new possibilities of thinking and hoping. As “futurely” is a constellation of the words “future,” “furtive,” “rely,” “surely,” so the whole phrase “dissolve futurely / into bits of us bright” is musical, fearsome, and above all, emancipatory in its promise.

---

**NEW IN PAPERBACK**

4. “Circling the Sun: A Novel” by Paula McLain (Ballantine, $16).
5. “Before the Fall” by Noah Hawley (Grand Central, $26).

Participating bookstores: Barbara’s Bookstores (Chicago), The Book Cellar (Chicago), Seminary Co-op Bookstore and 57th Street Books (Chicago), Anderson’s Bookshop (Naperville), The Book Stall at Chestnut Court (Winnetka), Women & Children First Bookstore (Chicago), The Book Table (Oak Park), The Bookstore (Glen Ellyn), The Book Bin (Northbrook), Lake Forest Book Store (Lake Forest).

---

**Unfair: The New Science of Criminal Injustice**

By Adam Benforado, Broadway, 394 pages, $17

Benforado looks at the failings of the U.S. criminal justice system and sheds light on how simple things such as a camera angle during a taped interrogation or word choice during testimony can influence the jury. Benforado also explores recent research conducted by psychologists and neuroscientists into the cognitive forces that have such an effect.

---

**Liar Liar: A Helen Grace Thriller**

By M.J Arlidge, New American Library, 451 pages, $15

In a span of 24 hours, six fires leave two people dead and several more injured. Detective Helen Grace (the subject of the series) and her team must find the arsonist before he or she strikes again — as long Helen’s dark impulses don’t consume her and compromise the investigation.

---

**Heart of Stone: An Ellie Stone Mystery**

By James W. Ziskin, Seventh Street, 288 pages, $15.95

It seems like a tragic accident when two men plummet to their deaths at a dangerous diving pool in an Adirondack lake. Police quickly establish, however, that the men didn’t know each other, and as Ellie Stone investigates, she’s thrust into a world of travelers, intellectuals and old Cold War grudges.

— Jeremy Mikula
Switcheroo:
With too-for-one odds

BY MARK MCCLAIN | EDITED BY STANLEY NEWMAN

Across
1 Probable last
Masters stroke
5 Telejournalist
Sawyer
10 Fix, as a program
15 Starting on
19 '70s tennis star
20 Harry Potter series
owl
21 __-3 fatty acids
22 Suitor
23 A few feet away
24 Keep Prague
natives hidden
26 Hot-tub sounds
27 Shows silent
approval of
Country official
29 Chemistry paper
32 Nursery rhyme
King
33 Emotionless
34 Connective tissue
35 Art galleries
38 Does farm work
39 Trash containers
40 Civil War soldier
43 Thickens
44 Pine (for)
45 Part of many
Seattle-area
business names
46 Sundial numeral
47 Ferrari's NYSE
symbol
48 Pair of oxen
49 Guest house
50 Barrel__-scotch
51 OB/GYN's org.
52 Why an opera
villain nodded off
56 Dad of Peyton and
Eli
58 Ursa Minor star
61 Make into law

62 Egg buy
63 Database software
command
64 Geometric surface
65 Zenith
66 Kitchen scrubber
69 Get __ of (grasp)
70 Enticing ads
74 His and hers
75 Barnyard
complaints
78 Cut back
80 René's refusal
81 Grassy fields
82 Get wind of
83 NL West team
84 Hunter's device
86 Formal attire
88 Builder of Civic
centers
89 It might be in the
tail
90 Still with a chance
to win
91 Hard to impress
92 Follow everyone
93 Nations
95 Alaskan river
96 Green garnish
97 Rather like
99 Printer cartridge
contents
100 Following orders
104 For fear that
105 Objects of scorn at
the Round Table
109 The Lion King
villain
110 Supermarket
department
111 Launder of lipstick
112 Show silent
approval of
113 Roof feature
114 Oil cartel
115 Got a hand going
116 __ Heights
(disputed Mideast
region)
117 Once again

Down
1 Symptom of hunger
2 __-friendly
3 Asian cuisine
4 Home for a coastal
flier
5 Window
attachments
6 Outraged
7 Ellipse segment
8 Japanese drama
9 Voter
10 Quite a few
11 Abrasive material
12 Call companion
13 "Not good!"
14 Utility conduit
15 Cut back
16 Highbow title for
a taller
17 Surfing mecca
18 Go to a lot of
trouble
25 Rodeo worker
28 Jacob's dozen
31 Research ctr.
33 Blasts verbally
34 Omen
35 Toss out
36 1836 battleground
37 In-town
38 Paella tidbits
39 Ring-shaped cake
41 Kiddie chorus
42 Ryan debater in
2012
43 Recital number
44 Winemaking
ingredient
45 Recital number
48 Sporty Fords of old
50 Farmer's area
53 Further along, in a
document
54 __-__ (crawling)
55 B.B. King's music
56 Ability to reach
57 Author Santha...
59 Easy__ (simple)
60 Crowd noise
61 __
62 Egg buy
65 Geographical
reference
66 Mar. 17 figure
67 Midwest hub
68 Exotic soap-opera
setting
71 Kagan of the Court
72 Pathways
73 Nursery rhyme
dieter
74Pathways
76 Totally unfamiliar
77 Fuse, as metal
78 Long-running CBS
series
82 Mariana Trench
region
84 By__ of (owing to)
85 Funded
86 Not available
87 Worshipful
88 Batter's place
91 Pleasure trip
92 Martini with an
onion
94 Caper
95 Li'l Abner persona
96 Bunch of,
informally
97 Gucci of fashion
98 Don't 35 Down
99 Informal farewell
101 End of the Little
Engine's chant
102 Church area
103 Sprouted
104 Following orders
108 Good cholesterol

Last week's answers appear on the last page of Puzzle Island © 2016 Creators Syndicate. All rights reserved.
Going To School

BY RON TOTH AND C.C. BURNIKEL
EDITED BY RICH NORRIS AND JOYCE NICHOLS LEWIS

Across
1 Space exploration vehicle
6 Power couple
10 Bowled over
14 Key holders
18 Regatta entrant
19 - noho: dance performed while seated or kneeling
20 Holder of 14 Grand Slam titles
22 Sheltered at sea
23 SOLE
25 SKATE
27 Majors won five times by Jack Nicklaus, familiarly
28 Weapon with a three-sided blade
29 Map unit
30 Words after "If mom finds out"
31 Menu list
33 Drive to the airport, say
35 Tot tender
36 Investment vehicle, briefly
37 Horace's "_ Poetics"
38 Blue Devils' conference
39 "Have a seat!"
41 FLUKE
45 BASS
49 Employee's hope
50 Book with a year on its cover
51 Interplay
52 Fire
53 Java neighbor
54 Bargain
55 Grandson of Adam
57 U-Haul rival
58 How many autographs are signed
60 Put a stop to
62 Actor's aid
64 U.N. workers' agcy.
65 Amaze
68 RAY
71 Singer Redbone
72 Fire
73 Cheese companion
74 Woes
75 Watch company logo
77 "I'm here!"
79 Back
81 Mop partner?
82 Within
85 System based on urgency
87 Annoyed
90 Five-time presidential candidate
92 PIKE
94 CARP
97 The Brits call it an identity parade
99 Recipient of Bart's prank calls
100 Wide shoe size
101 Org. that promotes hunter safety
102 In _ trapped
105 Works one's fingers to the bone
107 Spells during a vacation, perhaps
109 Old Athens enemy
110 Many an Ivan
111 Org. that fills in Texas
112 Oral history
115 SHARK
117 SNAPPER
118 "I'll buy"
120 Cap
121 "Rock of _"
122 "Counting Sheep" company
123 Many an Ivan
124 Zaire's Mobutu _ Seko
125 Legal wrong
126 Defame
127 Daughter of Adam
128 How many autographs are signed
129 Book with a year on its cover
130 Interplay
131 Fire
132 Cheese companion
133 Woes
134 "I'm here!"
135 Book with a year on its cover
136 State since 1948: Abbr.
139 Acquire abundantly
140 Holding of 14 Grand Slam titles
141 Interplay
142 Fire
143 Cheese companion
144 "I'm here!"

Down
1 Actor's aid
2 Infantry combat school decoration
3 Saltwater aquariums
4 Wild thing
5 Marine eagle
6 Wishful words
7 Works for a pianist
8 Fashion monthly
9 Is allowed to
10 Rolling Stones title woman
11 It might be packed
12 She played Carmela Soprano
13 Pop
14 Imperative
15 Sci-fi staple
16 Pie nut
17 Run-down
18 Welcoming symbol
19 "Nothing runs like it"
20 Hardly a picky eater
21 Popular place to visit
22 Acquire abundantly
23 Pond gunk
24 Back again
25 "I'm here!"
26 State since 1948: Abbr.
27 Partner
28 Partner
29 Partner
30 Partner
31 Partner
32 Partner
33 Partner
34 Partner
35 Partner
36 State since 1948: Abbr.
37 Partner
38 Partner
39 Partner
40 Elec. bill unit
41 FLUKE
42 Singer K.T.
43 Animals
44 Ominous peals
45 Small studio production
46 Spanish sky
47 Spanish sky
48 Company infamous for shredding
49 Arguing against
50 Book with a year on its cover
51 Flagship
52 Tree with delicate bark
53 Hard-to-like person
54 Prime minister
55 Valuable tunnel
56 Prefix meaning "bull"
57 indoor gridiron org.
58 Colorado native
59 Great guy?
60 Game that reportedly originated in Texas
61 Indoor gridiron org.
62 Adult party
63 Bridge
64 Pool
65 Great guy?
66 Prefix meaning "bull"
67 Indoor gridiron org.
68 Colorado native
69 Great guy?
70 Game that reportedly originated in Texas
71 Texas university in Beaumont
72 Belgian surrealist
73 Sacred Indian river
74 "Nothing runs like it"
75 Tree with delicate bark
76 Poetry
77 Actor's aid
78 "Nothing runs like it"
79 Back
80 "Let's do it my way"
81 Inheritance factor
82 "Whatever"
83 "Whatever"
84 Heading for an annual list
85 Many millennia
86 Capitol tops
87 Land along the Mekong
88 "Nothing runs like it"
89 "Nothing runs like it"
90 "Nothing runs like it"
91 Strand under a microscope
92 Inheritance factor
93 "Whatever"
94 Heading for an annual list
95 Many millennia
96 Capitol tops
97 "Nothing runs like it"
98 "Nothing runs like it"
99 "Nothing runs like it"
100 "Nothing runs like it"
101 Org. that fills in Texas
102 "Nothing runs like it"
103 Intervals
104 Cleveland suburb
105 Works one's fingers to the bone
106 Iconic sportster
107 Quail
108 Against a thing, e.g.
109 Old Athens enemy
110 Many an Ivan
111 Org. that fills in Texas
112 Oral history
113 Military title
114 Month before
115 SHARK
116 Circle ratios
117 Yoga accessory
118 Some coll. degrees
119 "Nothing runs like it"
120 Cap
121 "Rock of _"
122 "Counting Sheep" company
123 Many an Ivan
124 Zaire's Mobutu _ Seko
125 Legal wrong
126 Defame
127 Daughter of Adam
128 How many autographs are signed
129 Book with a year on its cover
130 Interplay
131 Fire
132 Cheese companion
133 Woes
134 "I'm here!"
135 Book with a year on its cover
136 State since 1948: Abbr.
137 Partner
138 Partner
139 Acquire abundantly
140 Holding of 14 Grand Slam titles
141 Interplay
142 Fire
143 Cheese companion
144 "I'm here!"

Jumble
Unscramble the six Jumbles, one letter per square, to form six words. Then arrange the circled letters to form the surprise answer, as suggested by this cartoon.

Sudoku
Complete the grid so each row, column and 3-by-3 box in bold borders contains every digit 1 to 9.
Muhammad Ali can help those feeling unappreciated

Of all the smart and wonderfully inspiring things said by Muhammad Ali, who died last week at age 74, this is one of my favorites.

“Service to others is the rent you pay for your room here on earth,” said the heavyweight champion and civil rights activist who deemed himself “The Greatest.”

While the quote invokes the importance of giving back, it is also very applicable to an issue I hear from a lot of people when it comes to relationships: the disappointment of feeling unappreciated.

Feeling unappreciated makes a person feel frustrated, resentful, sad and hopeless. It makes you feel like others have a sense of entitlement to all your hard work and effort.

Although they are deeply loved by us, kids are the biggest offenders when it comes to making us feel unappreciated. It’s not their fault, and they don’t do it intentionally, but kids have no clue how much their parents actually do for them and, hence, show little appreciation. The behavior should be expected. Just know that deep in their hearts, kids do feel some gratitude. Nonetheless, it doesn’t make it any easier when you feel like all you ever do is give, and no one even blinks an eye or says thanks.

Then there’s your spouse. Feeling unappreciated in marriage is something I hear from countless couples and is, in my opinion, the biggest cause of marital distress. It is so simple and easy to say thank you to a spouse for the thoughtful things and hard work he or she does to make you happy, yet people tend to opt out of showing gratitude. This causes resentment, less thoughtful gestures and a breakdown in the couple’s emotional connection, which then can lead to less romance and sex and more frustration, arguments and anger.

If you are divorced and waiting for your ex to appreciate you, you are dreaming. In divorce, aside from immense resentment, neither parent has any idea what the other does for the kids because he or she isn’t around to see it.

Furthermore, if you are receiving child support, the person giving it to you can be resentful, which can make you feel unappreciated for all the things you do and the money you spend on the kids that can go above and beyond the child support check you receive each month. If you are giving child support, the recipient probably doesn’t give you a big hug and words of thanks when you hand them the check, so you feel unappreciated.

People can also feel unappreciated in the workplace. If you go the extra mile, do you get recognized? Maybe you worked really hard on a project, worked over the weekend, late into the night, and your boss says “Hey, thanks,” the same way he or she would if you’d have spent an eighth of the time on it.

What I take from Ali’s quote is things you do for others should be done because you want to do them, not because you are seeking praise. They should be done because they give you purpose and make you feel good and worthy of your existence.

In other words, a thank-you isn’t what’s important. The act of giving is what matters. If you think of it this way, you won’t feel unappreciated, but instead productive.

Another significant aspect of feeling appreciated is the importance of appreciating yourself. I find that people focus too much on the praise of others, when all we really need to do is look in the mirror.

Look at your hard work, the good decisions you make, your ethics and the difference you are making in the lives of others. It is then that you won’t care so much about recognition.

How do you appreciate yourself? By thanking yourself for all you do. Don’t wait for your spouse to buy you flowers, buy them for yourself. Don’t wait for your kids to say “Thanks, Mom,” but rather treat yourself to a massage or that new pair of sunglasses you’ve had your eye on. Take an afternoon off, and go for a nice long bike ride or sit on a beach.

Doing nice things for yourself will accomplish these objectives:

- You will feel less resentful and better about what you do.
- You won’t be waiting for someone to appreciate you because you will have already taken care of that.
- You’ll keep working hard to make a difference in the lives of others because you will have rewarded yourself.
- “I am the greatest!” Ali proclaimed after his famous victory over boxing rival Sonny Liston.

Remember that you are the greatest, too, and that you don’t need to hear that from anyone. Feeling it in your heart is all that matters.

Jackie Pilossoph is a freelance columnist.
Too little or too much sleep can be bad for your health

By Dr. Anthony Komaroff

Dear Doctor K: I average about six hours of sleep each night. How much is enough, and how much do most people get?

Dear Reader: Let's start with how much is enough. Many large studies have found that people who average fewer than seven hours of sleep per night, or more than nine hours, have more health problems. That is, there is an association between "too little" or "too much" sleep and health problems.

However, these studies don't prove that too little or too much sleep is the cause of their worse health. Instead, something else may be causing too little or too much sleep, and also causing health problems.

For example, people who sleep more than nine hours per night tend to have higher rates of obesity, heart disease and depression. But it could be that their primary problem is depression, not excessive sleep. People with depression often spend more time sleeping. And they often eat too much and exercise too little, and thereby become obese. Obesity, poor diet and inadequate exercise all raise the risk of heart disease.

Most experts are more convinced of the adverse effects of sleeping fewer than seven hours per night. The study involved nearly half a million people from all 50 states and the District of Columbia.

The good news was that most people (65 percent) reported that they averaged at least seven hours of sleep per night. The bad news was that 35 percent did not. That amounts to about 84 million U.S. adults. About 12 percent reported sleeping fewer than five hours per night. About 23 percent reported sleeping fewer than six hours per night.

Interestingly, only about 4 percent reported averaging more than nine hours per night. So if sleeping that much is harmful, a relatively small fraction of people is affected.

Averaging fewer than seven hours of sleep each night was more likely in certain groups and certain geographic areas. For example, non-Hispanic blacks, American Indians/Alaska Natives, Native Hawaiians/Pacific Islanders and multiracial people were more likely than others to report too little sleep.

People in the upper Rocky Mountain and Mid-western states got the most sleep. New York, Michigan, Illinois, Ohio, Kentucky, West Virginia, South Carolina, Georgia and Alabama got the least sleep.

When this most recent study was compared to past studies, it appeared that more Americans are sleeping longer hours than in years past. For example, in another large survey conducted in 2007-2008, only about 60 percent of people reported getting at least seven hours of sleep per night (compared with 65 percent in this study).

So, sleeping seven to nine hours per night may be healthier than sleeping fewer than seven hours per night. But that is by no means proven. Also, if it is true, it is only true for the "average" person. There probably are people who are born to need more or less sleep than the average person.

Q: After seeing my doctor and getting a blood test, I was told that my vitamin D levels were abnormally low (below 10). I have symptoms of deficiency, including fatigue, depression and muscle and bone pain. My doctor prescribed 50,000 IUs of vitamin D weekly, but after the first dose my symptoms got worse. The bone pain got really bad, along with nausea, vomiting and abdominal pain. The urgent-care doctor blamed it on the vitamin D supplement. How can I raise my vitamin D levels without suffering side effects?

A: Ask your doctor if it would be acceptable for you to take a lower dose every day instead of 50,000 IU weekly. As the sun gets stronger, you might consider 15 to 20 minutes of exposure a day. That is one way to get your vitamin D without upsetting your stomach or aggravating your bone pain.

You haven't said whether your doctor prescribed vitamin D-2 or vitamin D-3. Many readers have reported digestive difficulties (heartburn, diarrhea, constipation, nausea, vomiting, etc.) with a high, once-a-week dose of vitamin D-2.

Q: I saw my doctor about a horrible allergic reaction in my mouth due to taking high-dose cinnamon capsules with chromium. Please let your readers know that they may run into grief trying something natural to control blood sugar.

My pharmacist had never seen this problem, but mixed up a special mouthwash with Benadryl, lidocaine and Maalox to soothe the blisters covering my tongue and cheek lining. This is a holy terror of pain, but swishing the mouthwash around three times a day helps numb it.

A: Some people are super-sensitive to cinnamon. We have heard from readers who developed a skin rash from taking cinnamon capsules. Other people have reported mouth irritation from using cinnamon-flavored toothpaste, chewing gum, candy, lip balm, mouthwash or even after eating cinnamon toast. (Dermatitis, May-June 2015).

In their column, Joe and Teresa Graedon answer letters from readers. Send questions to them via www.peoplespharmacy.com.

PEOPLE'S PHARMACY PRESCRIPTIONS AND HOME REMEDIES

Certo plus grape juice can ease arthritis pain

By Joe Graedon and Teresa Graedon

Q: Certo and grape juice worked for me. I had terrible plantar fasciitis and had stopped exercising completely for a year. I'd also tried foot exercises and vitamins, but nothing helped. Taking Certo in grape juice every day completely cured my foot pain in two and a half weeks!

A: We first heard about combining Certo (liquid fruit pectin used to make jams and jellies) with grape juice nearly 20 years ago. Most people report that it eases their arthritis pain.

You are the first to suggest that this formula could be beneficial for plantar fasciitis. This painful condition is caused by inflammation of the band of tissue that runs along the sole of the foot. Usually heel pain is most acute upon arising, and sometimes it helps to flex the foot, stretching the toes toward the knee, before getting out of bed.

The compounds in purple grape juice can reduce inflammation in recreational runners (Applied Physiology, Nutrition and Metabolism, September 2015). Test-tube research backs up the anti-inflammatory effect of anthocyanins in grapes (Food and Function, April 2015).

Q: My pharmacist had difficulty without upsetting your stomach or aggravating your bone pain.

A: Ask your doctor if it would be acceptable for you to take a lower dose every day instead of 50,000 IU weekly. As the sun gets stronger, you might consider 15 to 20 minutes of exposure a day. That is one way to get your vitamin D without upsetting your stomach or aggravating your bone pain.

You haven't said whether your doctor prescribed vitamin D-2 or vitamin D-3. Many readers have reported digestive difficulties (heartburn, diarrhea, constipation, nausea, vomiting, etc.) with a high, once-a-week dose of vitamin D-2.

Q: I saw my doctor about a horrible allergic reaction in my mouth due to taking high-dose cinnamon capsules with chromium. Please let your readers know that they may run into grief trying something natural to control blood sugar.

My pharmacist had never seen this problem, but mixed up a special mouthwash with Benadryl, lidocaine and Maalox to soothe the blisters covering my tongue and cheek lining. This is a holy terror of pain, but swishing the mouthwash around three times a day helps numb it.

A: Some people are super-sensitive to cinnamon. We have heard from readers who developed a skin rash from taking cinnamon capsules. Other people have reported mouth irritation from using cinnamon-flavored toothpaste, chewing gum, candy, lip balm, mouthwash or even after eating cinnamon toast. (Dermatitis, May-June 2015).

In their column, Joe and Teresa Graedon answer letters from readers. Send questions to them via www.peoplespharmacy.com.
Food Is Art!
Use your palate

September 23-25

TICKETS ON SALE NOW AT CHICAGOGOURMET.ORG

bon appétit presents
CHICAGO GOURMET
MILLENIUM PARK

SPONSORED BY
Balancing business and baby

Female leaders of companies need a plan, experts say

By Danielle Braff
Tribune Newspapers

Julia Rohan was still in her hospital bed, recovering from a cesarean section, when she returned to work.

The owner and founder of Rover-Time Dog Walking & Pet Sitting had planned to step away from direct client contact during her maternity leave.

But she realized just a few hours after giving birth that her first baby — her company — couldn't flourish without her help.

"I had two people who needed my guidance to keep everything afloat," said Rohan, whose son just turned 1.

Though she'd planned to go back to work part time after having her son, Rohan soon was clocking 60 hours a week.

Between 1997 and 2013, the number of female-owned companies increased by 59 percent, and today more than 8.6 million businesses in the United States are owned by women, according to a 2013 American Express report.

Still, research has shown that women are taking the lead in business ownership, they're finding it difficult to take a break from their companies to have a child. For many, being a business owner and a mother is a burden because they feel they have it all but can't enjoy any of it.

Even if they can give themselves maternity leave, some owners say taking 12 weeks away can be a death sentence for a business.

Still, research has shown that taking more maternity time is one of the top five wishes for do-overs for women with MBAs, said Laraine Zappert, clinical psychologist and author of "Getting It Right," a book about women, work and wellness.

"Even the most career-committed women sometimes wish they had allowed themselves more time before returning to work," Zappert said.

Rohan said she loved her job but became resentful because she felt her company was tearing her away from her baby during those first three months.

"It drastically affected my relationship to my job," she said. "The business I had was my first baby, but to fall so out of love with it was very difficult, and to shift this back and to make myself love it again was hard."

Rohan said she felt she was going through a trauma when she returned to work soon after her son's birth but did so to keep her company afloat.

"I'm happy that I could have a business to return to, but I realized that I needed to work on my relationship with my business," Rohan said.

Resentment about not being able to take time off to care for a newborn can linger for years, which is why female leaders need a plan, said Allyson Downey, CEO and a founder of weeSpring, an online shopping platform for parents, and author of "Here's the Plan."

"I think open, candid conversations about who will be handling what is crucial," Downey said. "I talked to a pair of female entrepreneurs who had so much resentment simmering beneath the surface of their relationship."

Downey suggested inviting the founders of the company was worried that all the burden would be placed on her after her business partner became pregnant.

"I had two people who needed my guidance to keep everything afloat," she said.

"But, Kubik said, it will be different with her second child, due in October.

She now has a studio manager, administrative support and a plan: Most of her work duties will shift to the studio manager.

"I'm sure I'll still be doing something, but I just won't have to be in the front lines," she said.

Stepping away from an important position may sound scary to a business owner, but it's a great opportunity to send a message to your company, said Amanda Brown, executive director of the National Women's Business Council.

"It sends a strong message about who you are and the values you have and the culture that you want to create in your business," Brown said. "I have spoken with many women who have actually taken extended leaves from their CEO roles with the specific intent of serving as a leader and a role model within that organization."

And, perhaps, as a leader and a role model to their children too.

Danielle Braff is a freelancer.
Marseilles mansion with pond, pool: $3.5M

ADDRESS: 2103 N. 2653rd Rd. in Marseilles
ASKING PRICE: $3,500,000
Listed on June 2, 2016
This gated 12,500-square-foot home is nestled within 20 acres of woodlands and has a boat pier. The three-story home features eight bedrooms and 9.3 baths. Three bedroom suites occupy the entire third floor, including a full coffee bar, in addition to a walk-out patio with a hot tub connected to the master suite. On the main floor, the oversized kitchen includes two islands, hammered copper and brushed nickel sinks and a custom wine bar with refrigerator. In addition to several patios and balconies and a roof deck, the home also features an indoor pool, steam shower, massage room and sound-proof theater. The 4,000-square-foot garage, which can accommodate six cars and a 45' tour bus, features a full kitchen, full bath and laundry room.
Agent: Terry Anderson of John Greene Realtor, 630-294-6378

At press time, this home was still for sale.

chicagotribune.com/homes  Visit us online for exclusive Home of the Day photo galleries, plus views of other featured homes and real estate stories.
LOVE WHERE YOU WORK?

Nominate your company for a Top Workplace award.

chicagotribune.com/nominate
Kalo Foundation marks 10 years of arts in Park Ridge

Members, friends and founders celebrated the 10th anniversary of the Kalo Foundation of Park Ridge with an open house on June 4. The festivities, which took place at the Iannelli Studios Heritage Studios, 255 N. Northwest Highway in Park Ridge, also marked the five-year anniversary of the Foundation’s acquisition of that property.

During the celebration, the Foundation dedicated the new Betsy Foxwell Resource Center. Foxwell was one of the founding forces of The Kalo Foundation whose vision, drive and determination were crucial to the accomplishments of the organization.


— Staff report

Vicky Bellisario, left, who conducts silver clay jewelry classes at Maine South High School, showing JoJean and John Brandt the results of those lessons during the Kalo Foundation Open House on June 4.

MAINE TOWNSHIP RECYCLING AIDS CHARITIES

Maine Township Trustees Walter Kazmierczak and Kimberly Jones, first two on the left, and Supervisor Carol A. Teschky, second from right, along with volunteers, were on hand June 4 for a document shredding day, a free service for residents, that benefited Glenkirk, one of the social service agencies the township helps support. More than 5,000 pounds of sensitive documents were destroyed. Inside the Town Hall, an electronics collection station Avenues to Independence that collects toner cartridges and electronics. For a list of accepted items call 847-297-2510 or stop by Town Hall, 1700 Ballard Road, Park Ridge from 9 a.m. to 5 p.m. weekdays.

LOCAL WOMAN RAPPELS DOWN HOTEL FOR CHARITY

Kira Jostes O’Connell of Park Ridge was one of 65 people who rappelled 278 feet down the Wit Hotel in Chicago on May 22 as part of the “Skyline pLUNGE Chicago.” At right is participant Lauran Colwell, of Gilberts, Ill. O’Connell took part in the event, which raised over $70,000 for the Respiratory Health Association, because she’s seen emphysema on both sides of her family. RHA combats lung diseases through research, advocacy and education. More at www.lungchicago.org.

Share your event

We want to publish your photos. To submit, visit community.chicagotribune.com or email sburrows@pioneerlocal.com.
MOVE RIGHT IN & ENJOY!

Niles...Just Listed! Sparkling clean, quality built 3 br -1 ½ bath brick Ranch on 53’ x 152’ extra deep lot with oversized 2.5 car garage + extra 10’ x 9’ garden shed behind garage. Delightful interior with oak floors, updated kitchen with newer range & refrigerator. Newer roof and windows. Full semi-finished bsmt with sauna, tiled floor, finished ceiling & painted walls (makes a great big Rec Room with loads of potential). Double closets in each BR. Natural finished interior trim/doors. Best and convenient location near shopping, school, park & pool! .............. $277,500

HURRY BEFORE IT’S GONE!!

Skokie...New Listing! Quality built brick ranch lovingly maintained by original owners! 3 bedrooms, large eat-in kitchen, hardwood floors, full finished basement with separate laundry room and abundant storage. Rear deck overlooks beautifully landscaped fenced rear yard. Easy access to Edens expressway and Old Orchard shopping center. Walk to downtown Skokie, shops, restaurants, parks and transportation (Skokie Swift and bus). Award winning Schools-Park View School & Niles West High School! Shows true pride of ownership!! .............. $249,000

NEED MORE SPACE??

Niles...New on the Market! Then this is the house for you!! Fabulous Grennan Heights Ranch with 4 brs & 2 baths is located just north of the Grennan Heights Park Field House. Niles Free Bus stops at the corner. Move in condition. Main Floor Family Room + Rec Room. Updates include New Copper Water Lines. One bath redone 2 years. Kitchen cabinets 5 years. Windows 7-10 years. Roof main 7 years. Addition 2 years. Updated sump pumps. Ash hardwood Floors. Oversized lot has an additional 6 feet rear yard for pool, garden, etc. 2 ½ car garage .............. $376,500

“FERRIS HOUSE” TOWNHOME!

Morton Grove...Just Reduced! Superb, Rarely available 2 story Townhome in outstanding location near Metra, bus, forest preserve, bike trails, park, pool & Park View School! 2 bedrooms and 1 ½ baths. Spacious kitchen with breakfast bar and patio doors leading out to large deck. Hardwood floors in living room/dining room. Freshly painted. Wood burning fireplace in living room. Spacious bedrooms, lower level rec room and laundry room. 2 assigned parking spaces in rear of complex. Located in Park View School District #70! Call for appointment!! .............. $254,000
### Real Estate Transfers

<table>
<thead>
<tr>
<th>ADDRESS</th>
<th>BUYER</th>
<th>SELLER</th>
<th>DATE</th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>322 Braintree Ave, Libertyville</td>
<td>Stephen Blumgren &amp; Colleen Blumgren</td>
<td>David A. Esper</td>
<td>04-21-16</td>
<td>$568,000</td>
</tr>
<tr>
<td>316-15 S Somerset Cir, Libertyville</td>
<td>Ahmad A. Othman &amp; Sarah A. Elkasrawy</td>
<td>Lynn M. Nichols</td>
<td>04-21-16</td>
<td>$706,000</td>
</tr>
<tr>
<td>4100 Parkside Ave, Morton Grove</td>
<td>Elilitho Bresheer &amp; Vanessa Vicer</td>
<td>Lisa Marie Brandt</td>
<td>05-02-16</td>
<td>$245,000</td>
</tr>
<tr>
<td>9236 Haschke Rd, Morton Grove</td>
<td>Susan &amp; Kristin Terry</td>
<td>Michael B. Bartholomew</td>
<td>05-06-16</td>
<td>$417,500</td>
</tr>
<tr>
<td>100 S Emerson St, #306, Mount Prospect</td>
<td>Colleen M. Gara</td>
<td>Jody L. Marx</td>
<td>05-06-16</td>
<td>$300,000</td>
</tr>
<tr>
<td>907 E Arden Ct, Mount Prospect</td>
<td>Xueyi Kim Nguyen &amp; Ngan X. Nguyen</td>
<td>Daniel Antes</td>
<td>05-06-16</td>
<td>$410,000</td>
</tr>
<tr>
<td>7622 O. Ave, Niles</td>
<td>Joshua L. Malavolpi</td>
<td>Maureen Watson</td>
<td>05-06-16</td>
<td>$239,000</td>
</tr>
<tr>
<td>1912 Milton Ave, Northbrook</td>
<td>Paul J. Meilhefs &amp; Kristin M. Meilhefis</td>
<td>Alex S. Lam</td>
<td>05-02-16</td>
<td>$346,000</td>
</tr>
<tr>
<td>3105 Heimbach Ln, Northbrook</td>
<td>Krzysztof Kraj &amp; Susan Kraj</td>
<td>Tarek Sattar</td>
<td>05-16-16</td>
<td>$557,000</td>
</tr>
<tr>
<td>2415 Newport Rd., Northbrook</td>
<td>Nathan S. &amp; Erica S. Balvinder</td>
<td>S. Saeen</td>
<td>04-29-16</td>
<td>$465,000</td>
</tr>
<tr>
<td>950 N Countryside Dr, #207, Palatine</td>
<td>Tye Harris</td>
<td>US Bank NA Trustee</td>
<td>05-05-16</td>
<td>$52,000</td>
</tr>
<tr>
<td>1273 N Winsholme Dr, #1D, Palatine</td>
<td>Avis Patel &amp; Prathant Patel</td>
<td>Aracely J. Perez</td>
<td>05-06-16</td>
<td>$70,000</td>
</tr>
<tr>
<td>410 W Mahogany Ct, #405, Palatine</td>
<td>Sun O. Ostrom &amp; Michael F. Ehrlich</td>
<td>Tushar Munir</td>
<td>05-06-16</td>
<td>$143,000</td>
</tr>
<tr>
<td>76 W King Henry Ct, Palatine</td>
<td>Zachary M. &amp; Michael J. King</td>
<td>Mary S. Felt</td>
<td>05-06-16</td>
<td>$279,000</td>
</tr>
<tr>
<td>301 N Glen Dr, Palatine</td>
<td>Bart J. &amp; Jessica M. Johnson</td>
<td>Frederick Green</td>
<td>04-16-16</td>
<td>$310,000</td>
</tr>
<tr>
<td>348 N Pondview Dr., Palatine</td>
<td>Carrie J. Mohanty</td>
<td>04-26-16</td>
<td>$475,000</td>
<td></td>
</tr>
<tr>
<td>78 N Crescent Ave, Palatine</td>
<td>Charles S. &amp; Abigail Ferguson</td>
<td>Michael B. &amp; Deborah Ferguson</td>
<td>04-29-16</td>
<td>$479,000</td>
</tr>
<tr>
<td>1074 N Northwest Hwy, Park Ridge</td>
<td>Dawn M. Buzick &amp; John E. Rezicka</td>
<td>Richard R. Kallstrom</td>
<td>04-24-16</td>
<td>$385,000</td>
</tr>
<tr>
<td>1062 Cove Dr, #D, Prospect Heights</td>
<td>Walid Bayt Motehlio</td>
<td>05-06-16</td>
<td>$110,000</td>
<td></td>
</tr>
<tr>
<td>404 W 5th St., Vernon Hills</td>
<td>Justin K. &amp; Sarah E. Keins</td>
<td>Jason Tomlinson</td>
<td>04-19-16</td>
<td>$370,500</td>
</tr>
<tr>
<td>32 Manchester Ln, Vernon Hills</td>
<td>Hsiang-Lee C. &amp; Lee Young</td>
<td>Robert Sherman</td>
<td>04-20-16</td>
<td>$265,000</td>
</tr>
<tr>
<td>933 Creek Bend Dr, Vernon Hills</td>
<td>Xiang Zhao &amp; Jason Yu</td>
<td>Mark J. Putterman</td>
<td>04-19-16</td>
<td>$725,000</td>
</tr>
<tr>
<td>913 Ridge Rd., Wheeling</td>
<td>Mark B. Sterkowicz &amp; Artur Zaczynski</td>
<td>Robert Strohl</td>
<td>04-29-16</td>
<td>$162,000</td>
</tr>
<tr>
<td>7 Preston Ln, Wheeling</td>
<td>Laurie Chang</td>
<td>Federal Home Loan Mtg Corp</td>
<td>04-29-16</td>
<td>$255,000</td>
</tr>
<tr>
<td>351 Morris Ave, Wheeling</td>
<td>Aure &amp; Valeria Sam</td>
<td>Jbcb Ilc Holdings</td>
<td>04-29-16</td>
<td>$271,000</td>
</tr>
<tr>
<td>2138 Edmond Ave., Wilmette</td>
<td>Michael P. &amp; Debra J. Thompson</td>
<td>Martha P. Robbins</td>
<td>04-29-16</td>
<td>$474,500</td>
</tr>
<tr>
<td>1207 Frontage Rd., Wilmette</td>
<td>Steven M. &amp; Sarah K. South</td>
<td>04-29-16</td>
<td>$660,000</td>
<td></td>
</tr>
<tr>
<td>1420 Sheridan Rd., #5C, Wilmette</td>
<td>Garrett Johnson &amp; Barbara Johnson</td>
<td>Kenneth Tucker</td>
<td>04-21-16</td>
<td>$2,000,000</td>
</tr>
<tr>
<td>2330 Sibley Ave, Berwyn</td>
<td>Sheehy &amp; Richard S.</td>
<td>05-06-16</td>
<td>$227,000</td>
<td></td>
</tr>
<tr>
<td>1493 Edmond Ave, Berwyn</td>
<td>Robert C. Frazee</td>
<td>Trebllum Solutions Group Inc</td>
<td>04-29-16</td>
<td>$375,000</td>
</tr>
<tr>
<td>4037 Grove Ave, Brookfield</td>
<td>Joshua Setler &amp; Amanda S. Satter</td>
<td>Swiss Investment LLC</td>
<td>05-06-16</td>
<td>$375,000</td>
</tr>
<tr>
<td>6647 W Shakespeare Ave., Chicago</td>
<td>Edwin F. Morales &amp; Stephanie A. Morales</td>
<td>American International Bank of Chicago</td>
<td>04-29-16</td>
<td>$300,000</td>
</tr>
<tr>
<td>1823 New Castle Ave., Chicago</td>
<td>Patrick Winter &amp; Rachel Winter</td>
<td>Marcus D. Johnson</td>
<td>04-29-16</td>
<td>$315,000</td>
</tr>
<tr>
<td>536 N Cumberland Ave, #229, Chicago</td>
<td>Ronald Sadowski</td>
<td>Zeljko Jankovic</td>
<td>05-06-16</td>
<td>$880,000</td>
</tr>
<tr>
<td>800 W Summerdale Ave., #2N, Chicago</td>
<td>Jaroslav Kruszewski</td>
<td>Pnc Bank Na</td>
<td>05-06-16</td>
<td>$105,000</td>
</tr>
<tr>
<td>6701 W Irvin Park Rd., #3C, Chicago</td>
<td>Miroslav Lukasiewicz &amp; M. Zuzana Lukasiewicz</td>
<td>Anna Grejczyczyk</td>
<td>05-02-16</td>
<td>$120,000</td>
</tr>
<tr>
<td>356 N Panama, Chicago</td>
<td>Damian C. Sanchez</td>
<td>Ronald H. Sadowski</td>
<td>05-02-16</td>
<td>$190,000</td>
</tr>
<tr>
<td>3741 Noscota Ave, Chicago</td>
<td>Kathleen S. Flatley</td>
<td>05-06-16</td>
<td>$195,000</td>
<td></td>
</tr>
<tr>
<td>7200 W Balbo Ave, Chicago</td>
<td>Rachel B. Burke</td>
<td>Robert Valdes</td>
<td>05-06-16</td>
<td>$234,000</td>
</tr>
<tr>
<td>3510 S Orange Ave, Chicago</td>
<td>Casey Drezek &amp; Ellen Drezek</td>
<td>Martin P. Hines</td>
<td>05-06-16</td>
<td>$264,000</td>
</tr>
<tr>
<td>5616 Waveland Ave, Chicago</td>
<td>Carolina Verkely &amp; Angel Verkely</td>
<td>FirstArm Investment Group Inc</td>
<td>04-29-16</td>
<td>$265,000</td>
</tr>
<tr>
<td>430 N Narragansett Ave., Chicago</td>
<td>David E. Post</td>
<td>Jacqueline Wisette</td>
<td>05-02-16</td>
<td>$285,000</td>
</tr>
<tr>
<td>1490 S 58th Ct, Cicero</td>
<td>Eleskar Alvarez &amp; Linda Casafeh</td>
<td>Linda Sheehy</td>
<td>04-29-16</td>
<td>$130,000</td>
</tr>
<tr>
<td>3603 S 58th Ct, Cicero</td>
<td>Juan Aparza</td>
<td>Bianca C. Garza</td>
<td>04-29-16</td>
<td>$186,000</td>
</tr>
<tr>
<td>532 W 35th St, Cicero</td>
<td>Rosemary Barajas &amp; Alvaro Barajas</td>
<td>Michael Mellows</td>
<td>05-02-16</td>
<td>$145,000</td>
</tr>
<tr>
<td>6122 S Kersten Ave, #C, Country Club</td>
<td>Julie Christopher</td>
<td>Maria Humendorf</td>
<td>05-06-16</td>
<td>$508,000</td>
</tr>
<tr>
<td>3813 N 76th Ct, Elmwood Park</td>
<td>Elod J. Reyes</td>
<td>Zahara Investment Inc</td>
<td>04-22-16</td>
<td>$500,000</td>
</tr>
</tbody>
</table>

This list is not intended to be a complete record of all real estate transactions. Data compiled by Record Information Services. 630-307-7000. Public-record.com
LAKE FOREST

Three-bedroom, 2.5-bath custom ranch-style home. Formal dining room, centered fireplace, French doors, kitchen with center island and private patio. Near shopping, restaurants, beach and transportation.

Address: 670 S. Eaton Court
Price: $662,000
Schools: Vernon Hills High School
Taxes: $10,122
Agent: Linda Rosenberg, Coldwell Banker Residential Brokerage Lake Forest

NILES

Four-bedroom, two-bath ranch built in 1956 in Grennan Ranch area. Main floor has family and rec room. Newer cabinets, bathroom remodeling and copper water lines. Near parks and mass transit.

Address: 8327 N. Odell Ave.
Price: $376,500
Schools: Maine East High School
Taxes: $2,736.69
Agent: Joseph Hedrick, Century 21 Marino, Inc.

WINNETKA

English country estate on professionally landscaped property. Five bedrooms with five full baths and two half baths, larger and smaller rooms, three-tiered Bluestone patio with ravine views. Near lakefront and Metra.

Address: 1094 Fisher Lane
Price: $2,250,000
Schools: New Trier Township High School Winnetka
Taxes: $51,347
Agent: Leslie Maguire, @Properties

PALATINE

Three-bedroom, 1.5-bath home on half-acre lot. Living room/dining room combo, enclosed three-season porch, newer vinyl siding, family room with fireplace. Near shopping and forest preserve.

Address: 2379 N. Big Oak Road
Price: $325,000
Schools: Palatine High School
Taxes: $6,578
Agent: Laura Weaver, RE/MAX Unlimited Northwest

Listings from Homefinder.com

SILENT OAKS IN ST. CHARLES

3 lots left
Homes from $1.25m to $3.5m

GROVE ESTATES OF OSWEGO
Luxury you deserve
Homes from $649,000

HIGHLAND WOODS IN ELGIN
Homes available now
Homes from $475k to $850k

Your dream home is waiting.

630.618.2470
johnhallhomes.com
2020 Dean Street, Suite A.
St. Charles, IL 60174

John Hall Homes has perfect communities with the quality, unique style and luxurious ambiance to match. Come visit our model homes and uncover the lifestyle you've been looking for.
Thursday, June 16

Society Artwork In Residence Program: The Evanston Art Center launches an inaugural “artwork-in-residence” program, inviting six artists to “move in” to the second floor of the center’s project space for 4-week residencies. From June 16 to March 2017, the Art Center proudly hosts artists: Adriana Kuri Alamillo, Judith Brotman, David Giordano, Kirsten Leenaars and Pedro Valez. Each of the artists chosen by curator Jessica Cochrane address the residency theme society during their stay. 9 a.m. Evanston Art Center, 1717 Central St., Evanston, free, 847-475-5300

Connecting Cultures: 40 Years at the Mitchell Museum: The latest exhibit unveiled is: “Connecting Cultures: 40 Years at the Mitchell Museum.” The exhibit celebrates four decades of thought-provoking exhibits, lectures and performances through photographs and memorabilia. There is also a dazzling display of 45 objects donated by key collectors and native artists who have presented at the museum. 10 a.m. All week, Mitchell Museum of the American Indian, 3001 Central St., Evanston, $3 children, seniors; $5 adults; Tribal Members Free, 847-475-1030

Summer Camp at the Actors Gymnasium: Begin your day with a rigorous warm-up, followed by training and workshops in circus and aerial arts, physical theatre and drama and dance. Students learn juggling, tumbling, static trapeze, Spanish web, highwire, stilts and more; take fun-filled field trips and create and perform their own circus-theatre performance at the end. 9 a.m. All week, Actors Gymnasium, 927 Noyes St., Evanston, $1,180 (per session), $2,275 (both Sessions), 847-328-3754

Evanston Legend: The Art of Peggy Lipschutz: The City of Evanston sponsors a month-long show of the paintings and drawings of Peggy Lipschutz with an Opening Reception between 2-5 p.m. on Oct. 4, with musicians including Rebecca Armstrong, Peggy Browning, Mark Drayak, Mommy Lally and Kristin Lems. 10 a.m. All week, Noyes Cultural Arts Center, 927 Noyes St., Evanston, free, 773-816-4276

Service Buddies Spread Sunshine for Grades 1-8: Be ready to dig in the dirt, plant a flower and decorate a pot to share the joy of summer with the seniors of Patten House and earn service hours. Grades 5-8 must arrive at 10:30 a.m. for a briefing. Preference is given to Glenview Library cardholders. 11 a.m. Glenview Public Library, 130 Glenview Road, Glenview, free, 847-729-7500

Digital Demos in the Lobby: Explore the library’s digital movie, TV program, music, ebook, audiobook and magazine collections, hoopla, MyMediaMall and Zinio, and learn how to download items to your portable device. Information and instruction are also available about the library’s online databases. 2 p.m. Glenview Public Library, 130 Glenview Road, Glenview, free, 847-729-7500

Books & Bites for June: Required registration is open for those in grades 5-8. This offsite book discussion is about Series vs. Stand-Alones--would you rather have one book or multiple? 4 p.m. Niles Public Library, 4000 W. Pratt Ave., Lincolnwood, free, 847-677-5277

Summer Storytime in Madeleine's Garden at Proesel Park: Bring a blanket and enjoy 30 minutes of stories and outdoor activities geared toward birth through five-year-olds. The children must be accompanied by a caregiver. 10 a.m. June 16 and June 21, Proesel Park, 7055 Kostner Ave., Lincolnwood, free, 847-677-5277

Lincolnwood Summer Concert Series: This concert series is a perfect way to enjoy warm summer nights in June and July, featuring live music, free children's activities, and bingo with great prizes. The weekly concert is located next to the big tent in front of the Proesel Park Family Aquatic Center. 6 p.m. Proesel Park, 7055 Kostner Ave., Lincolnwood, free, 847-677-9740

Concert for Kids with Wendy Morgan: Wendy Morgan loves to sing with kids, singing, wiggling, jumping, and just having a great time. 10 a.m. Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Hot Ticket “Joy” in 2016: The show is the story of the title character, who rose to become founder and matriarch of a powerful family business dynasty. The cast includes Jennifer Lawrence, and Robert De Niro. 2 p.m. and 6:30 p.m. Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Wonder Ground Open Lab: Look, touch, tinker and play with an intriguing array of science-oriented curiosities in this new space designed especially for kids. A drop-in visit is meant to last about 15 minutes. Activities are repeated each week from Tuesday to Thursday. 4 p.m. Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

Karaokes: Free Karaoke Bar has karaoke every day from 8 p.m. to 4 a.m. A’s Karaoke Bar, 8751 N. Milwaukee Ave., Niles, free, 224-534-7138

Park Ridge Fly Tying Club Meetings: Chicago Fly Fishers Club meet at 7 p.m. Thursdays from October through May. Students of fly tying are performed by an experienced demonstrator. 7 p.m. Park Ridge Community Church, 100 S. Courland Ave, Park Ridge, free, 847-823-3164

Summer 2016 Kumbaya Chess-Ed Camps: Fun and education summer chess camps help children grow in their skill level. Professional teachers provide high-level instruction and supervised game play. 9 a.m. St. Luke’s Lutheran Church, 205 N. Prospect Ave., Park Ridge, $190 morning or afternoon, $320 All Days, 773-775-1045

Karaoke Thursdays: Enjoy some great pizza and sing a tune or two. 7 p.m. Perry’s Pizza and Ribs, 711 Devon Ave., Park Ridge, free, 847-823-4422

Rockin’ in the Park 2016: This concert series features the music of classic cover bands. The weekly concerts occur every Thursday from June 2 through Sept. 1 with food and beverage tents on the park’s green lawn and a musical fireworks display after every show. 7 p.m. MB Financial Park at Rosemont, 5501 Park Place, Rosemont, free, 847-349-5554

Food Drive in Skokie: Requesting donations of canned goods and dry food products to fill the shelves of the Niles Township Food Pantry. These foods to be given to the hungry in the community. Donation collection is from now through August 6 at-risk children often left out of other early education and childcare programs. 6 p.m. Mountain View Adventure Center, 515 S. Algonquin Road, Des Plaines, $20, 847-391-5733

*"Barefoot in the Park":* Neil Simon’s Tony Award winning romantic comedy produced by the Guild Theater. 7:30 p.m. June 17 and June 18, 7 p.m. June 19, Leela Arts Center, 620 Lee St., Des Plaines, $15-$25, 847-220-2919

Ring 43 Magic Club Meeting in Evanston: Magic performance and instruction by comedy magician Tom Burgoo, 7:30 p.m. Presence Saint Francis Hospital, 355 Ridge Ave., Evanston, $20 guest fee may be applied to Ring 43 membership, 847-775-3850

The Ben Hecht Show: 8 p.m. June 17, 5 p.m. June 18, 7 p.m. June 19, Piven Theatre Workshop, 927 Noyes St, Evanston, $30-$35, 800-838-3006

Word 2010 Basics: This is an overall introduction to this popular word-processing software. Mouse and keyboarding skills are required and a Glenview Library card is required. Please register by calling or glenviewlibrary.org/register. 10 a.m. Glenview Library, 1930 Glenview Road, Glenview, free, 847-729-7500

"Creed": This film is rated PG-13. Cheer for the underdog as the former World Heavyweight Champion Rocky Balboa seeks to take the world title back by training even harder. Summer Storytime in Madeleine's Garden at Proesel Park: Bring a blanket and enjoy 30 minutes of stories and outdoor activities geared toward birth through five-year-olds. The children must be accompanied by a caregiver.
NIGHT FLEA MARKET
SAT. JUNE 18
(3PM-12AM)/$5
OUTDOORS • TENTS • INDOORS
TREASURES GALORE
Boone County Fairgrounds • Belvidere, IL
715-526-9769
www.zukispromotion.com

To Place An Ad Online go to:

312-283-7082
placeanad.tribunesuburbs.com
**Saturday, June 18**

**Polyglots Toastmasters meeting:**
Polyglots is the only Toastmasters International Club in the United States that conducts its meetings in German. If you speak German or want to keep it fresh or improve it, visit this club. Go to [www.polyglotstoastmasters.org](http://www.polyglotstoastmasters.org/) and meet their meetup at [www.meetup.com/Polyglots-Toastmasters-German-speaking](http://www.meetup.com/Polyglots-Toastmasters-German-speaking/). Please email andrewweller.1uc@gmail.com for the current location, as sometimes they meet at places other than the Des Plaines Library. 9:30 a.m. Des Plaines Public Library, 1501 EILLWOOD St., Des Plaines, free, 847-827-5571

**History Center Concert during Taste of Des Plaines:**
This concert, "Windjumpers, Sternwheelers, and Tin-Stackers: Working Waterways of Illinois," is held during the Taste of Des Plaines. Children's crafts and games are also available at the History Center. For more information, call the History Center or go to the website. 2 p.m. Des Plaines History Center, 781 Pearlson St., Des Plaines, free, 847-391-5399

**Evanston Farmers Market:**
Shop for fresh produce, meat, cheese, baked goods, flowers and more from 8-10 a.m. LINK cards are accepted. 9:30 a.m. Oak Avenue and University Place, 1090 University Place, Evanston, free, 847-448-8045

**Temperance Circus Night:**
There are to be aerialists, acrobats and other fun to entertain you. Proceeds support classes in circus and performing arts for students of all ages and financial backgrounds. No tickets are needed; just come out to support local circus and local Brews. 8 p.m. Temperance Beer Company, 2000 Dempster St., Evanston, free, 847-328-2759

**Signature Entertainment Presents: LOL Saturday:**
Adult Comedy every Saturday night hosted by Comedy legends Tony Sclafani and Mark Simon. National headliners with music and television credits on stage. 9 p.m. Chicago’s Home of Chicken & Waffles, 2422 W. Dempster St., Evanston, $15 adult advance, $20 at the door, 847-521-6434

**Contemporary Native Women Opening Doors to Change:**
Join the Mitchell Museum for the opening of its latest exhibit, "Contemporary Native Women Opening Doors to Change." Welcoming reception at 1 p.m., curator led tour at 2 p.m. and a panel discussion from 3-4:30 p.m. 1 p.m. June 18 through June 22, Mitchell Museum of the American Indian, 3001 Central St., Evanston, $3 kids, $5 adults and Tribal members free, 847-475-1030

**ACT Prep Test for Grades 9-12:**
Professional tutors from College Nannies and Tutors of Glenview guide students through a practice ACT test. This is a great way to gain testing experience in a relaxed environment. Allow three hours to complete the test, one hour to review answers and remember to bring pencils and a calculator. Please register at glenview.org/register or by calling. Noon, Glenview Public Library, 1501 Glenview Road, Glenview, free, 847-729-7500

**Smarty Pants presents The Big Balloon Show:**
Inspired by classic vaudeville, this innovative all-ages program includes magic, comedy and Smarty's award-winning, eye-popping balloon props. Preference is given to Glenview Library cardholders. Please register at glenview.org/register or by calling. 10 a.m. Glenview Public Library, 1501 Glenview Road, Glenview, free, 847-729-7500

**Storytime with Construction Abe:**
Stop in for a storytime and see the construction in progress. No registration is required. 1 p.m. Morton Grove Public Library, 6630 W. Oakton St., Morton Grove, free, 847-965-4220

**Author Event: Mary Kubica:**
Mary Kubica enjoys a reading and discussion with Mary Kubica, best-selling author of psychological thriller reminiscent of "Gone Girl" by Gillian Flynn and "The Girl on the Train" by Paula Hawkins. Registration is required. 1 p.m. Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

**Get Hooked Craft: Craft Camp:**
Create designs on stones and other outdoor materials for decorations for your garden or home. Supplies will be provided. 10 a.m. Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

**Morton Grove Farmers Market:**
Shop for locally produced fruits and vegetables, flowers, crafts, baked goods, pastries, home items, body products and more at this weekly market. Extras include live music and entertainment for kids. 8 a.m. Dempster Street and Georgia Avenue, 6210 Dempster St., Morton Grove, free, 847-750-6436

**Anime and Manga Club:**
Gather with fellow fans to watch and discuss anime and manga, draw fan art, make cosplay costumes. 2 p.m. Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

**Park Ridge Farmers Market:**
Shop for fresh produce, soap, olive oils, flowers, pickles, pasta baked goods and meat. The weekly market also features live music and kids activities. Help give back to the community by bringing canned goods to the market to donate to the New Hope Food Pantry. 7 a.m. Prairie Avenue and Main Street, 15 Prairie Ave., Park Ridge, free, 847-309-2433

**The Boy Band Night:**
Joe's Live Rosemont, 5441 Park Place, Rosemont, $10

**Men's Club Shabbat at Skokie Synagogue:**
The public is invited to this special Shabbat hosted by the Men's Club, whose members conduct the entire morning service. They read all parts of the prayer services both in English and Hebrew from the Torah. Conducted during the Synagogue, conduct Tora from the Torah and bind the Torah after reading. 9:30 a.m. Ezra Habonim, The Niles Township Jewish Congregation, 4500 Dempster St., Skokie, free, 847-675-4141

**Preserving Survivor Stories:**
Ask Holocaust Survivor Pinchas Gutter any question you would like, and "natural language" technology software will respond as if Pinchas were in the room. 10:30 a.m. Illinois Holocaust Museum and Education Center, 9000 Woods Drive, Skokie, free, 847-967-4800

**Sunday, June 19**

**Ricky Byrdsong Race Against Hate:**
Now in its 17th year, the Ricky Byrdsong Memorial Race Against Hate was launched to honor the legacy of Ricky Byrdsong and bring attention to the need to combat hatred in all its forms. Enrolled to the YWCA Evanston North Shore in 2006, the Race Against Hate is comprised of chip-timed 5K and 10K races. The 5K walks and a fun youth mile. The event also features on-field refreshments, music and fun for the whole family. 7:30 a.m. Long Field, 600 Lincoln St., Evanston, $39, 847-864-8445

**John Williams' Sunday music session:**
3 p.m. The Celtic Knob Public House, 625 Church St., Evanston, free, 847-864-1679

**Woody Guthrie: Roots and Branches:**
Chris Walz from Old Town School of Folk Music, takes us on a journey from where the songs came from, to where Woody Guthrie brought them, and explore why they continue to be important today. 2 p.m. Lincolnwood Place, 7000 N. McCormick Blvd., Lincolnwood, free, 847-677-5277

**Continue to Calendar, Next Page**
Calendar, from Previous Page

Father's Day Brunch and Dinner: Treat dad to a family celebration and delicious brunch buffet. Prairie Grass Cafe's regular dinner menu, augmented with entree and cocktail specials, will be offered from 5 p.m. to closing. 10 a.m. Prairie Grass Cafe, 601 Skokie Blvd., Northbrook, Buffet: $48 (per adult); $18 (ages 10 and under), 847-205-4433

Father's Day Brunch at Bub City Rosemont: Treat that sweet dad in your life with plenty of decadent options on our classic southern brunch menu like fried chicken & waffles and beef brisket Benedict, or tackle the green chili scrambler with pork carnitas. 10 a.m. Bub City, 5441 Park Place, 312-610-4200

Skokie Farmers Market: Farmers and vendors from Illinois, Indiana, Michigan and Wisconsin sell fresh-picked vegetables, fruits and flowers along with breads, baked goods, coffee, sauces and spices. 7:30 a.m. Skokie Village Hall, 5127 Oakton St., free, 847-673-0500

Monday, June 20

College Illinois Information Session In Spanish: Join College Illinois to learn how to financially prepare for your child's future college tuition. 6:15 p.m. Forest Elementary School, 1375 S. 5th Ave., Des Plaines, free, 312-644-8100

Live Bluegrass, Roots and Folk: Every Monday in the pub, The Mudflaps perform. 8 p.m. The Celtic Knot Public House, 636 Church St., Evanston, free, 847-664-1679

Freeze Dance Party Ages 2-6 with adult: The kids should wear their dancing shoes and be ready to celebrate summer. Preference is given to Glenview Library cardholders. Please register at glenviewpl.org/register or by calling 6:30 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, 847-729-7500

hoopla, MyMediaMail and Zinio Individual Appointments: Meet with trained library staff for a 45-minute one-on-one session and learn how to download ebooks, audiobooks, magazines, movies, TV shows or music to your portable device. For questions, to register, and for appointment locations, visit or call the Reader Services Desk at extension 7600. A Glenview Library card is required. 10 a.m. Glenview Public Library, 1930 Glenview Road, Glenview, 847-729-7500

Tuesday, June 21

Rotary Club of Evanston Light-house: This community leadership group boasts 80 members and meets every Tuesday 7:15 a.m. Hilton Garden Inn Chicago North Shore/Evanston, 1818 Maple Ave., Evanston, free, 847-965-5460

hoopla, MyMediaMail and Zinio Individual Appointments: Meet with trained library staff for a 45-minute one-on-one session and learn how to download ebooks, audiobooks, magazines, movies, TV shows or music to your portable device. For questions, to register, and for appointment locations, visit or call the Reader Services Desk at extension 7600. A Glenview Library card is required. 10 a.m. Glenview Public Library, 1930 Glenview Road, Glenview, 847-729-7500

Tuesday Morning Music: Garden visitors can enjoy free hour-long meditative musical performances on Tuesday mornings in the McGinley Pavilion overlooking Evening Island. After the concert, visitors can board a 25-minute narrated tour on the Bright Encounters Tour, a close-up view of the gardens on the main island, or the Grand Tram Tour, an overview of the Garden's history and highlights. 10 a.m. Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440

A Summer Day In Chicago: First stop is the Chicago Architecture Foundation River Cruise on “Chicago’s First Lady” back on Michigan Avenue, cross the flag-draped bridge to the Tribune Tower for lunch at Howells and Hood, named for the architects who designed this iconic building. Choice of entree, soft drink and dessert. 9:30 a.m. Glenview Public Library, 1930 Glenview Road, Glenview, $80, 847-998-0893

Secret Strategies to Land Your Job In 90 Days: This comprehensive workshop discusses setting SMART goals to keep you on track, using social media to connect with active hiring managers, getting your resume through today’s applicant tracking systems, and sharpening critical interview skills. 9:30 a.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Financial Planning Appointments: Schedule a free one-hour consultation with a certified financial planner. Call and ask for extension 7700 or visit the Reference Services Desk to register. 9 a.m. and 10 a.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Storytime at the Pool: Enjoy a brief, poolside story with a librarian during the first afternoon safety break each Tuesday. In case of rain storytime will be canceled. 12:45 p.m. Proesel Park Family Aquatics Center, 7055 N. Kostner Ave, Lincolnwood, free, 847-677-5277

Movies, Munchies and More Film "Woodlawn": The film, “Woodlawn” is rated PG. It is the story about a school and its football team who combat racism in the 1970s. The cast includes: Sean Astin, Brando Eaton, and John Voight. 11:30 a.m. Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Summer Kids Club: Golf Mill Shopping Center Kids Club returns every Tuesday this summer. The mall has a full schedule of fun, educational and interactive activities planned for children ages 12 and under. Summer Kids Clubs is held in Center Court, where there are live performances, arts and crafts giveaways and more. 11 a.m. Golf Mill Shopping Center, 239 Golf Mill Center, Niles, free, 847-699-1070

Mozart’s “Requiem” : Niles Metro Chorus performs Mozart’s “Requiem” this spring. New singers are welcome, and for more information, please call. Rehearsals are weekly, every Tuesday. 7 p.m. St. John Brebeuf Parish Church, 8307 N. Harlem Ave., Niles, free, 702-806-8421

Summer Stories: Join in a fun summer storytime for all ages. 10:30 a.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6244

Adult Graphic Novel Discussion: Join at North Shore Comics after store hours to talk about graphic novels with fellow enthusiasts and newcomers. This month, the group discusses "Y: The Last Man," Vol. 1 by Brian K. Vaughn. 7 p.m. North Shore Comics, 3155 Dundee Road, Northbrook, free

Yoga for the Rest of Us: Our certified yoga instructor accommodates individuals needs through the use of chairs, blocks, bolsters, and other props to help you develop a more mindful awareness of your body and a sense of overall well-being in this 8-week class. 9 a.m. North Shore Senior Center, 161 Northfield Road, Northfield, $75 (NSSC members); $89 (non-members), 847-784-6030

Country in the Park 2016: “Country in the Park” concerts occur every Tuesday throughout the summer. Guests can enjoy food and beverage tents on the park's great lawn and a musical fireworks display after select performances. Parking is free with validation. 7 p.m. MB Financial Park at Rosemont, 5501 Park Place, Rosemont, free, 847-349-5556

Wednesday, June 22

Foundations of Investing: Yev Kozachuk, financial advisor with Edward Jones, discusses stocks, bonds, mutual funds, IRAs, 401Ks and financial goals for the beginning and experienced investor. Register at glenviewpl.org/register, extension 7700 or visit the Reference Services Desk. 7 p.m. Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Little Farmers Parent/Child Playshop for Ages 3-5: For children with an adult to enjoy farm stories, meet the library's Garden Guru and plant some seeds to take home. Preference is given to Glenview Library cardholders, and please register at glenviewpl.org/register or by calling 9:30 a.m. and 10:30 a.m. Glenview Public Library, 1930 Glenview Public Library, 1930 Glenview

Turn to Calendar, Next Page
CONCERTS IN THE PARK: Bring your dinner, folding chairs and lawn blankets and enjoy these shows guaranteed to please young and old alike. The Jackman Park Gazebo is located at Lehigh Ave. and Prairie St. Entertainment schedule: June 15 - Pool House; June 22 - Second Hand Soul Band; June 29 - Soda; July 6 - Pirates Over 40; July 13 - Wild Daisy; July 20 - Bopologu; and July 27 - Final Say. 7 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

LITERARY LATTE HOUR: Join us in this informal setting. Relax with a hot beverage and tell others what you've recently enjoyed (or not enjoyed). Meet new people and share your love of reading. 10:30 a.m. Glenview Grind, 989 Waukegan Road, Glenview, free, 847-729-7500

CHESS CLUB: Whether you're a skilled player looking for a challenge or a beginner interested in learning new skills, all are welcome at this new, weekly Chess Club. Chess sets and clocks provided. 7 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

GARDEN FUN WEDNESDAY: Join in the Youth Services department for a gardening-themed art or science project on Wednesday mornings after Storytime in June and July. 11 a.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

SUMMER STORIES: Join in a fun summer storytime for all ages. 10:30 a.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

FREE FILM “MURDER BY DEATH”: The Library's Classics on Wednesday film series features spoofs in June. Join in this showing of “Murder by Death.” The world’s greatest detectives have been invited to dinner. But, when murder is on the menu, who will make it to dessert? 1 p.m. and 7:30 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

NORTHBROOK FARMERS MARKET OPENING DAY: The eighth season of the Northbrook Farmers Market begins in the parking lot of Meadow Plaza, Cherry Lane and Meadow Road. The traditional Watermelon-Cutting Ceremony begins at 10 a.m. with Village President Sandy Frum skillfully slicing watermelon for all to enjoy. 7 a.m. Northbrook Farmers Market, Cherry Lane & Meadow Road, Northbrook, free, 847-000-0000

KNITTING STUDIO AND WORKSHOP: Each Wednesday afternoon, Certified Knitting Instructor Mary Staackmann provides personalized instruction, answers any questions about knitting and perhaps gets you started on a new project. Bring your supplies or project in progress. 1:30 p.m. North Shore Senior Center, 161 Northfield Road, Northfield, free, 847-784-0600

ENHANCE YOUR MEMORY - MEMORY TRAINING CLASS: Learn practical techniques and useful information that can help improve brain functioning, increase verbal fluency and enhance your memory. 1 p.m. North Shore Senior Center, 161 Northfield Road, Northfield, free, 847-784-0600

FREE FILM “MURDER BY DEATH”: The Library's Classics on Wednesday film series features spoofs in June. Join in this showing of “Murder by Death.” The world’s greatest detectives have been invited to dinner. But, when murder is on the menu, who will make it to dessert? 1 p.m. and 7:30 p.m. Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

CONVERSATIONS WITH ED TRACY: This special program includes social media entrepreneurs and successful food bloggers Kit Graham, author of "The Gourmet Grilled Cheese Cookbook" and Jocelyn Delk Adams, author of "Grandbaby Cakes: Modern Recipes," "Vintage Charm," and "Soulful Memories." 1:30 p.m. Skokie Theatre, 7924 N. Lincoln Ave., Skokie, free, 000-000-0000

WENDY & DB CONCERT FOR KIDS: Wendy & DB use original songs to encourage children to use their imaginations, teach musical basics like melody and rhythm and show kids how to have fun with words. 12:30 p.m. Wilmette Park District Auditorium, 3000 Glenview Road, Wilmette, free, 847-256-9686

Have an event to submit? Go to chicagotribune.com/calendar
MOVIES

Share your suburban events on Metromix.com

1. Start at chicagotribune.com/calendar.
   You will be directed to Metromix's online calendar.

2. Create an account or sign in and share your event.
   Signing up with Metromix is free and you can share unlimited events.

3. Confirmation: Metromix will notify you via email when your event is posted.

Questions?
   Email metromix@metromix.com

**Teenage Mutant Ninja Turtles: Out of the Shadows** ★½
PG-13, 1:48, action
The best part of this "Teenage Mutant Ninja Turtles" sequel comes after the movie is over, when the credits morph into the bright, cartoon style of the TV show we knew and loved. That's the point when you finally recognize the beloved and bizarre turtles that somehow signify childhood. The preceding hour and 50 minutes are just a befuddling and loud jumble of computer graphics and familiar character names crammed into a story that's overly busy but also too simple. This time around, the Turtles are struggling with the lack of recognition they get for keeping the streets of the Big Apple safe from supervillains like Shredder (Brian Tee). Ultimately, any sass, sentiment and personality are obliterated in the noisy chaos of the climax. — Katie Walsh

**X-Men: Apocalypse** ★★
PG-13, 2:27, action
The stakes in the boringly apocalyptic "X-Men: Apocalypse" couldn't be higher. Its long-entombed, ready-to-party mutant god Apocalypse, played by Oscar Isaac, is both invincible and immortal, and he wants to control every single mind in every single human on Earth. Screenwriter Simon Kinberg lumbers through the conflicts, and director Bryan Singer handles the traffic earnestly and well. But this latest "X-Men" picture is no gem. It's simply large and long. — Michael Phillips

**Me Before You** ★★
PG-13, 1:50, drama
"Me Before You," the 2012 novel by Jojo Moyes, is a romance between a wealthy, dashing quadriplegic and his manically upbeat caregiver. The film version stars Emilia Clarke as Louisa "Lou" Clark, provincial English country girl hired on a six-month contract to care for the recently paralyzed Will Traynor, played by Sam Claflin. When Lou learns of Will's plans to end it all, she doubles down to make him realize his life is not over. There's a thin, crucial line in stories such as these, and with protagonists such as Lou, between life-affirming positivity and sociopathic exuberance. Clarke's Lou zooms past adorable into the land of needy and pushy and enough, already. — MP

**Alice Through the Looking Glass** ★½
PG, 1:53, fantasy
This sequel to Tim Burton's 2010 live-action version of "Alice in Wonderland" feels reverse-engineered to fit a release date, with a story that manages to feel largely unimaginative and low stakes. Alice escapes through a mirror to the magical alternate universe where she reunites with her friends the Mad Hatter (Johnny Depp) and the White Queen (Anne Hathaway). Hatter, who thought his family long dead, has reason to believe they may still be alive, and the realization has thrown him into a deep depression. To save her friend, Alice goes back in time via a steampunk time-travel orb. The premise is so thin that it wears out its welcome before the first act is up, and not even the visuals can save it. — KW.

**The Angry Birds Movie** ★★★
P-G, 1:37, animated
If you've ever played the mobile video game Angry Birds, you might have found yourself wondering — why am I sling-shotting cartoon birds at grinning green pigs? Why are these birds so angry? "Angry Birds," the movie, is here to fill in that back story and provide motivation for the avian rage. The film, directed by Clay Kittis and Fergal Reilly, proves to be more than just a gimmick, and doesn't skimp on any of the quirky wackiness that you might expect from a film about blob-shaped, flightless birds battling pigs. — K.W.
TOGETHER, WE CAN CHANGE THE STORY.

United Way of Metropolitan Chicago supports nearly two million people in need in our local communities. You can help those in need when you give a gift directly to United Way to support summer enrichment programs, sports programs and activities that will keep our kids from falling behind and on the path to success. Donate today and be a part of changing someone's story, because we all deserve the chance to realize our dreams.

Give today at LIVEUNITEDchicago.org
Patterson, Nancy Ann
Nancy Ann Emrich Patterson (née, Post) passed away peacefully on May 23, 2016, in Peoria, Arizona. Born in 1935, Nancy was the youngest daughter of Viola and Donald Post and sister to Donna (Harris). Raised in Battle Creek, Michigan, Nancy moved to Chicago in 1956 with her husband Shane O'Connell.

Nancy's love for music began in high school where she played clarinet in the orchestra and sang in Glee club. In Chicago, she played the guitar and later performed in a dance troop in Sun City, Arizona. Daughter Renee (Blue) O'Connell inherited her mother's guitar and went on to become a professional musician.

Nancy was also known for her artistic creativity. She loved stitchery and excelled as a seamstress. Her interior design skills equaled that of any professional decorator. Her daughter Sheryl O'Connell inherited her visual artistic gifts and is a graphic designer.

In the mid-1960s, Nancy became a computer programmer where she met her second husband Jeffrey Emrich. They relocated, in 1970, to Park Ridge, Illinois. Their son Scott went on to become a tech entrepreneur.

Sign Guestbook at chicagotribune.com/obituaries
Get stories by the week and hour

Visit us online for more community news to help you make informed decisions around the clock.

Chicago Tribune
chicagotribune.com/suburbs
Vehicle of emotion

Selfie generation gives new look to love of cars

BY ALISON BOWEN
Tribune Newspapers

When Alexis Tahara sold her 2000 Volvo S80, she made sure to snap one last picture. Posing with a car is such a life event that many post an accompanying photo, be it a glamour shot of the car or a selfie. 

Ford's "selfie" station at the 2016 Chicago Auto Show encouraged fans to upload their picture with a #FordSelfie hashtag.

When Tahara bought her new car, a 2008 Honda Fit Sport, she took a photo to commemorate the event.

A majority planned a road-trip goodbye together. Bean understands the emotional attachment. When she sold her Subaru from her dad when she had just graduated college.

Since then, she had driven it through some of life's major milestones, from her first job in her early 20s in Baltimore to a relocation to Philadelphia, then off to Delaware to meet her future in-laws. For her New Hampshire wedding, she and her hus-

Band "packed it to the gills with beer and all the wedding stuff."

"We drove our baby home from the hospital in it," she added. So it definitely was there and keeping us safe throughout all of these life moments, which I didn't even really think about until after it was sold."

When she and her husband decided to downsize to one car, he posted the ad on Craigslist.

"I didn't get to say goodbye," she said. "I wasn't very emotional about selling it, but once it was gone, I was like, 'Oh, I loved that car.'"

And the Subaru, Bean added, was sold to a family that just had a second baby.

"It was going on to someone else," she said, "who was living another milestone in their life."

This sounds familiar to Alexis Tahara.

When the 25-year-old marketing coordinator bought her car, a 2008 Honda Fit Sport, on Craigslist, she cataloged the events on social media.

At the same time, she was selling her old car, a 2000 Volvo S80 (nicknamed "Hans"). It'd been with her through college, back and forth on road trips home to Pennsylvania and packed with things for her move to Nashville, Tenn.

"That was my first car," she said. "When I sold it, it was my last moments with the car." In the Target parking lot, her father snapped a photo.

Buying her new car — already named Gus — was a crowning life moment, she said. So that, too, was immortalized on Facebook.

The seller was a woman who was pregnant and needing something bigger. The seller cried and I took the picture of her before I took the keys," she said.

Honda's "selfie" station at the 2016 Chicago Auto Show encouraged fans to upload their picture with a #FordSelfie hashtag.

When Alexis Tahara sold her 2000 Volvo S80, she made sure to snap one last picture.

The effort that goes into buying a car is an achievement. As a virtual memorial, said Best somepapers. When a post that began, "it's been seven hours and 12 long years," served as a virtual memorial.

Friends weighed in, sharing memories of the Subaru: fun trips to the beach, its impressive cup holders. And she wrote about everything she and the car had been through.

"We brought our babe home from the hospital in this car," she said.

Bean, 35, who works in social media marketing in Philadelphia, is not alone in virtual vehicle eulogizing. Selling or buying a car is such a life event that many post an accompanying photo, be it a glamour shot of the car or a selfie.

Our autos hold a lot of our lives. They transport our children. They hold our belongings during a move. They whisk us to moments both happy and harrowing.

So perhaps it's not that surprising that when we buy or sell them, we leave a memory of them online.

Amy Best, a Virginia sociologist, said cars mean a lot of things to a lot of people. "In some ways, their life unfolding plays out in and around the car," she said. "We do form deep attachments to our car."

Plus, she said, purchasing a car is an achievement. "We associate cars with major life-course milestones," Best said.

And now, other milestones — job, children, marriage, are milestones. The effort that goes into buying a car is an investment that "makes it ripe for a more meaningful attachment," Best said.

Car dealerships are starting to capitalize on the trend of posting the car equivalents of birth and death announcements. A New Jersey Honda dealership asked shoppers to take a selfie with a Honda Civic for a chance to win a new one, on Instagram, #love-mysubaru has more than 3,000 posts, with car owners bubbling, "I got a car!!!"

Posing with a car has always been a popular way of noting something that's a status symbol and point of pride. And in a society that's very consumer-focused, Best said, "Cars are really bundled up with nostalgia and longing."

Organizers at the Chicago Auto Show said they noticed so many people taking selfies that they created a social media challenge, asking fans to take a selfie with their dream car.

Ford also had a selfie station, said Chicago Automobile Trade Association spokeswoman Jennifer Morand.

A study revealed that people assign personalities to their cars that can mirror relationships with others. More than 70 percent said they felt very or somewhat attached to their car.

The study also found that 56 percent called their vehicle an "old friend," and a quarter said they felt sad thinking about parting ways.

But should that day come, more than a third reported wanting their car to "go to a good home," and...
Crossover with off-road cred

BY ROBERT DUFFER  Tribune Newspapers

Renegade is a more refined Jeep, more versatile than rugged, yet it's still a hill of fun.

Renegade was launched for model year 2015 on the crest of a wave of subcompact crossovers landing in the North American market. The Trailhawk-rated version is the only cute ute with any legitimate off-road capability.

Most importantly, this global-market vehicle feels and looks like a Jeep, even without all the kitschy brand heritage reminders.

Off road. In steep, muddy and rocky courses at Road America in Elkhart Lake, Wis., and the Autobahn Country Club in Joliet, Ill., the trail-rated Trailhawk was able to keep pace with the Wrangler, despite smaller wheels and a shorter ground clearance of 8.7 inches.

There are five drive settings, including mud, snow, sand and rock in a dynamic four-wheel drive system Jeep calls SelectTerrain. It can be used on normal road surfaces with snow or wet conditions to minimize spinouts and to start in second gear so the wheels won't make a rut when taking off.

The Active Drive 4x4
Low system specific to the Trailhawk models lets the Renegade crawl over rocks and other uneven terrain due to engineering wizardry. The brake-lock differential, for example, stops one wheel from spinning and delivers all the torque in that axle to the wheel that is planted. So long, log blocking the road. Hill descent is another magical function that, once activated, will overtake the gas and brake pedals. The driver can brake if he feels the need to do something other than steer.

The little buddy with the 2.4-liter Tigershark engine churns out 177 pound-feet of torque and can tow up to 2,000 pounds. It'll also turn the tow hooks into a rescue device instead of just a cool visual component.

On road. The wizardry doesn't stop once the Trailhawk is back on the road. Because it's wiser than the Wrangler, the rear axle disconnects from the powertrain when it's not needed. Sounds ominous, but it's a fuel-saving device reversing the Renegade to a front-wheel drive vehicle that is more efficient, smoother and quieter.

Sky high. Keeping with Jeep's manual, hands-on heritage, the tester came with twin removable roof panels known as My Sky. A padded storage bag in the back keeps the panels secure, though it does limit how much you can stuff in the small cargo area.

Versatility. The 60/40 rear seats provide plenty of space, and for solo adventurers the front passenger seat folds forward for stowing long boards and other gear.

The Renegade Trailhawk is great for people who don't need the regular ruggedness of a Wrangler but who are still tempted to detour off the road well-traveled into the unknown.
‘You have to keep fighting’

Lashley still swinging more than a decade after parents’ tragic death

BY BOB NARANG
Pioneer Press

Nate Lashley kept his words to a minimum and spoke softly when recalling the toughest time of his life.

Competing in the Rust-Oleum Championship at Ivanhoe Club on June 9, Lashley still had a difficult time talking about when his parents were killed in a small plane crash on May 23, 2004. At the time, Lashley was a junior at Arizona. His parents, Rod and Charlene, had just watched him at the NCAA West Regional in Sunriver, Ore.

When Nate returned to the Tucson campus, he began to worry when he had yet to hear from his parents, who had boarded a small airplane bound for their hometown of Scottsbluff, Neb.

Three days later, Nate found out that his parents and girlfriend, Leslie Hofmeister, were killed in a plane crash near Gannett Peak in Wyoming. Investigators believed poor weather was to blame.

Lashley was 21 years old at the time of his parents’ death. Now 33, he is attempting to earn his PGA Tour card.

“It was a huge part of my life,” Lashley said. “It was pretty tough for quite a while, definitely for a few years. I tried to use golf in college as something to do other than always think about it. Golf is very mental. It was difficult to play and tough because you always are going to think about it.”

Lashley said his dad got him started playing golf when he was 7 or 8. His parents were avid golfers. Lashley is still pursuing his dream of playing golf professionally, and thus keeping a connection with his parents.

“I just liked to play golf when I was young and I could go out there all day, hang out and play,” Lashley said.

Lashley said he does not have any children but has thought about hanging up his golf cleats to settle for a desk job. But the allure of playing golf continues to drive him on a daily basis.

“It’s been playing golf for a long time,” he said. “I try not let it be my whole life, but it’s a huge part. The ultimate goal is to hopefully make the PGA Tour. I’ve had a few small wins. I like the competitive part. When you are playing well, it’s a lot of fun. When you are not, it’s pretty brutal.”

In order to get into the Rust-Oleum Championship field, Lashley had to play in one of two local qualifiers on June 6. He blew away the field with a 7-under 65 at Pine Meadow Golf Club in Mundelein.

Lashley spent most of 2015 on the PGA Tour Latinoamérica, where he made the cut 13 times in 17 tournaments and finished third twice. He’s also won a number of smaller events, including the Waterloo Open (twice), the Colorado Open, Wyoming Open and Utah Open. He’s made the cut in three Latinoamérica events this year but has missed the cut in both Webcom Tour outings so far. He shot a 1-over 73 on June 10 to miss the Rust-Oleum cut by two strokes.

“You have to keep fighting?”, Lashley said. “It puts some perspective on life because you never know what’s going to happen,” Lashley said. “It makes golf a little easier from looking at the perspective that golf isn’t such a big deal.

That never seems to be the case. It never seems to get easier. I try not to let it daily affect my life and be as difficult, but you have to fight through it. It happens to a lot of people. You have to keep fighting.”

Bob Narang is a freelance reporter for Pioneer Press.

Local players in the MLB Draft

Round (overall), Name, Position, School, Team
9 (267), Jason Goldstein, C, Highland Park (Illinois), Seattle Mariners
12 (355), Daniel Woodrow, OF, Loyola (Creighton), Detroit Tigers
14 (410), Matt Dennis, RHP, Rolling Meadows (Bradley), Colorado Rockies
14 (432), Chris Hall, RHP, New Trier (Elon), Toronto Blue Jays
23 (687), Jack Anderson, RHP, Evanston (Penn State), Seattle Mariners
26, (772), Charley Gould, 1B, Lake Forest (William & Mary), Oakland Athletics
28 (628), Cooper Johnson, C, Carmel, Cincinnati Reds
28 (855), Michael Danielek, RHP, Hersey (Dartmouth), Pittsburgh Pirates
31 (926), Brandon Bossard, SS, Nazareth, Chicago White Sox
32 (950), John Hendry, RHP, Notre Dame, Colorado Rockies
35 (1042), Daniel Rafferty, LHP, Loyola (Bucknell), Oakland Athletics
36 (1081), Ben Brecht, LHP, New Trier, Baltimore Orioles
37 (1105), David Fleita, 2B, Maine South, Detroit Tigers
37 (1109), Welby Malczewski, LHP, Prospect (Heartland CC), Arizona Diamondbacks
38 (1148), Sam Ferri, C, Notre Dame, New York Yankees
GLENBROOK SOUTH’S OLIVIA PETERS

By ERIC VAN DRIL

Olivia Peters was an offensive force during her senior season at Glenbrook South, scoring 37 goals and adding 11 assists. But her path to that point wasn’t an easy one.

The 2016 Pioneer Press All-Area Girls Soccer Player of the Year tore the ACL in her right knee during the summer before her freshman year. Then she tore the ACL in her left knee during the summer before her junior year.

Peters persevered and led Glenbrook South to a 20-3-2 record this season. She also earned Illinois High School Soccer Coaches Association all-state honors.

Peters has signed to play at Walsh University, a Division II program in North Canton, Ohio.

Pioneer Press contributor Eric Van Dril caught up with Peters recently for an interview.

Q: Did your two ACL injuries teach you anything about yourself? Did that alter how you viewed soccer?
A: I definitely learned never to take anything for granted. I know that’s cliche, but whenever we do fitness — either club, or on my own, training for college — I know it’s hard, but I keep telling myself, “Man, I’m so lucky to be able to do this.” I’d much rather be sweating and getting a good workout (than) sitting on the couch, knowing there’s nothing I can do. I value the game a lot more. I appreciate it.

Q: Are there precautionary measures you take now to make sure your ACLs stay healthy?
A: I do hamstring strengthening and quad strengthening. But after almost every game, I ice both of (my knees). It looks kind of funny, walking off the field with two ice bags, but you’ve got to do what you’ve got to do.

Q: After you tore your second ACL, you had to go through another six-month rehab process. What was that experience like?
A: At first, when it happened, I was crying because I knew what was ahead of me. I remember going to the first physical therapy session, I was bawling in the car because I knew how painful it was going to be. But after that first session, I told myself, “If I can come back from the first one, there’s really no reason why I can’t come back from the second one.” That first therapy session really opened my eyes. I was like, “OK, I did this once. Now, I can do it again.” I knew what was ahead of me. I knew all of those milestones — the one-month, two-month, three-month marks. I pushed myself to reach (them) faster than I did before.

Q: You finished your career with 111 goals, which was second all-time behind Janelle Flaws (145) at GBS. Growing up, did you look up to Janelle quite a bit?
A: I didn’t really know much of her until maybe my freshman year, when I played with her (younger) sister, Teigan. Her dad would come to the games, and every now and then I would hear her name. I was like, “Why do I keep hearing her name? What’s so great about her?” Then, when I saw what she did for the program, I was like, “Wow. She’s a fantastic player.” Going to (Illinois), breaking the all-time goal-scoring record there, and then playing for the Chicago Red Stars. I know she went through ACL surgery as well, so she’s been kind of a role model for me. She went through everything I did. I thought, “If she can do it, I can too. I probably won’t do it as good as her, but I’ll try my best.”

Q: Do you know what you want to do, in terms of your career, at this point?
A: I’m going into physical therapy. I got into Walsh University’s direct-entry program. I’m going to apply for their accelerated program, which is a six-year program.

Q: Did your experience with the two ACL surgeries influence you in terms of what you want to do after school?
A: Yes, it definitely did. It made me realize how good it would feel, just to see someone do something they haven’t done in a while. Being able to walk again, you could see how proud my therapist was — and being able to run again. It’s the little things that help people get back on their feet. It’s a job where you get to interact and work with people, and I really like the communication and interaction with others.

Q: How do you like to spend your free time?
A: I’m a big outdoors person, so if my dad (Dan Peters) is free at that time, we’ll probably go fishing on Lake Michigan or we have some land in southern Illinois that we go to a lot. I like getting away from Glenview. It’s nice to be around friends, but there are not many times that I can just get away and be in the outdoors.

Q: What’s the biggest fish you’ve ever caught?
A: I caught two 48-inch muskies. I’ve caught smaller fish that have weighed more, but those are definitely the longest fish I’ve caught.

Q: Fishing obviously requires a lot of patience. Your position, being a forward, requires a lot of patience. Do you feel like those two things are connected, in kind of a weird way?
A: Yeah. Obviously, when the time comes, the time comes. You have to wait and when the opportunity is there, you need to jump on it and make the best of it. When you have a fish on (the line), you try your best to get it in the net and not lose it because you don’t get many opportunities. When you’re a forward, if you have a breakaway or a really good, wide-open shot, you need to make it count.

Eric Van Dril is a freelance reporter for Pioneer Press.

Twitter @VanDrilSports
**ALL-AREA FIRST TEAM**

**GIRLS SOCCER**

**Olivia Peters**

_Glenbrook South, Sr., F_

**Key stats:** 37 G, 11 A  
**College:** Walsh University (Ohio)

Glenbrook South (20-3-2) was one of the state's biggest surprises and advanced to the Class 4A Maine South Sectional semifinals. The way the 2016 Pioneer Press All-Area Girls Soccer Player of the Year performed at the top of the Titans' formation was a big reason why.

Peters' blend of speed, strength, athleticism, intelligence and finishing put significant strain on opposing defenders.

Peters, an Illinois High School Soccer Coaches Association all-state selection, enjoyed the best season of her high school career. She finished with 111 career goals.

**Devon Burns**

_Loyola, Sr., F_

**Key stats:** 24 G, 13 A  
**College:** Iowa

A torn ACL in Burns' left knee cost the Green Oaks resident her entire junior season. Burns returned this year and was the leading scorer on a team with lots of offensive talent. She earned IHS-SCA all-state honors.

Burns finished with 80 goals in her career.

Like all great forwards, Burns has game-breaking ability. Her speed, skill, finishing ability and soccer IQ made her one of the best goal scorers in the state throughout her high school career. Burns will join older sister Corey Burns, a defender, at Iowa.

**Bina Saipi**

_New Trier, Sr., M_

**Key stats:** 16 G, 12 A  
**College:** DePaul

Saipi was an important part of New Trier's defensive structure that conceded only six goals all season. She was also the team's engine in the middle, winning 50-50 balls, setting up her teammates and scoring goals in the air.

The IHSSCA all-state selection also came through with huge goals. Saipi scored in overtime of New Trier's 1-0 victory over Glenbrook South in the Class 3A Maine South Sectional semifinal, which was the Trevians' toughest test en route to their third straight state title. Saipi also scored in the state championship game.

**Maia Cella**

_Evanston, Jr., M_

**Key stats:** 16 G, 14 A  
**College:** Wisconsin

Watch Evanston play, and it's only a matter of time before Cella stands out.

The versatile IHSSCA all-state selection can play forward and attacking midfielder, but she played deeper in the midfield for the Central Suburban South champions much of this season. She distributed the ball all over the field, made tackles and won headers. Cella, the PepsiCo Showdown MVP, used her speed, dribbling skills and athleticism to find space and put significant strain on opposing defenses.

Cella's 16 goals were a team-high.

**Paige Bourne**

_Lake Forest, Sr., M_

**Key stats:** 9 G, 19 A  
**College:** Purdue

Bourne was Lake Forest's creative force in the midfield. She distributed the ball to her teammates all over the field, setting them up in dangerous positions and testing the goalkeeper herself when the situation called for it.

The IHSSCA all-sectional selection also was excellent on set pieces. Her services into the box on corner kicks and free kicks were routinely dangerous because of their accuracy.

Bourne leaves the Scouts as their all-time leader in career assists. She helped Lake Forest win four regional championships, two sectional titles and the 2014 Class 2A state crown.
ALL-AREA GIRLS SOCCER FIRST TEAM, CONTINUED

Soph Spinell
Barrington, Jr., M
Key stats: 9 G, 18 A
College: DePaul
Spinell can be a defender in a variety of ways. She can get the best of her defender in one-on-one situations. She also can send accurate crosses into the box during the run of play.
Spinell, an IHSSCA all-state selection, is also a dead-ball specialist. She can score on restarts or set up her teammates, such as junior defender Kayla Keck, whose nine goals were mostly from set pieces.

Julia Neiweem
Libertyville, Sr., D
Key stats: 1 G, 2 A
College: Bucknell
Neiweem, an IHSSCA all-state selection, has all the tools of a standout defender.
She's fast and physical. She's excellent in one-on-one situations. She's also aggressive, intelligent and a leader.
Neiweem's defensive ability helped the Wildcats win their third regional title since 2008 and reach the Class 3A Palatine Sectional final, where they lost 2-1 to state power Barrington.

Jackie Batliner
Barrington, Jr., D
Key stats: 5 G, 7 A
College: DePaul
Batliner, the MSL West Player of the Year, also presented a significant challenge for opposing defenses when she chose to get forward from her position as an outside back. Batliner has been a standout since she was a freshman. This year, she once again showed a rare combination of athleticism, intelligence, marking ability, speed and fitness that makes her one of the best outside backs in Illinois.

Dani Kaufman
New Trier, Sr., GK
Key stats: 6 GA, 0 GA in the postseason
College: Bucknell
Kaufman was an excellent defender for the Ramblers. Loyola conceded only 11 goals this year, despite being hit by injuries at the end of its season and playing one of the most difficult schedules in Illinois. The two-time IHSSCA all-state selection was an important piece of that success.

Alex Yasko
Loyola, Sr., D
Key stats: 3 G, 8 A
College: TCU
Yasko is also one of the best outside backs in the state. She used her speed, dribbling ability and passing to get forward when the situation called for it.

SECOND TEAM

KK Phelan
Loyola, So., D
College: TCU*

Emma Dannhausen-Brun
Hinsdale Central, Sr., F
College: Illinois**

Claire Ramsey
Nazareth, Jr., M
College: Uncommitted

Avery Schultdt
New Trier, Jr., M
College: Dartmouth

Colette Jasrowski
Fenwick, Sr., M
College: Miami (Ohio)

Anne Brennan
Glenbrook South, Sr., D
College: Wisconsin*

STOOPAGE TIME

For the all-area girls soccer honorable mention team, visit www.chicagotribune.com/suburbs. For the Pioneer Press all-area softball and baseball teams, grab a copy of next week’s paper.
PLAYER OF THE YEAR

BARRINGTON'S TJ MURRAY

BY BOB NARANG | Pioneer Press

Barrington senior middle hitter TJ Murray entered high school thinking he would play basketball. One of the tallest players in his class, Murray soon switched his focus to another sport that values height.

He decided to play volleyball after his history teacher, Rob Ridenour, pestered him throughout his freshman year to join the team. Ridenour, who is the boys volleyball coach, saw something in the lanky and tall freshman. Three years later, the 6-foot-9 Murray is committed to play for Lewis in Romeoville. As a senior, he tallied 162 kills and 68 blocks for the Broncos.

Murray, the Pioneer Press All-Area Boys Volleyball Player of the Year, talked about his volleyball development, height and other interests.

Q: How did you decide to start playing volleyball?
A: My history teacher for my freshman year was the volleyball coach, Rob Ridenour. I remember coming into class, and he said, “Hey, you are going to play volleyball.” That was the very first thing he said to me. I’m like, “Hi, I’m TJ, nice to meet you.”

Every once in a while, he would hand me a paper about volleyball. I took them and threw them away. I wasn’t going to play volleyball. That’s a girls sport. My friends even said it. Basketball was my sport. But I figured that I’m tall and skinny and basketball hasn’t worked out for me. After him harassing me all year, I decided toward the end of the basketball season about going for volleyball. The rest is history. It was the best decision I’ve ever made.

Q: What were the first few practices like your freshman year?
A: I was so bad. I passed one ball with my arms and they were super red. I said I didn’t want to do this. I didn’t want to injure myself, but the biggest draw for me was the camaraderie and how the seniors worked with the freshmen.

Q: What was the toughest thing for you to learn in volleyball?
A: Footwork.

Q: When did you realize you were good at volleyball?
A: About June at the end of my sophomore year during my club season. I started getting recruited by smaller schools and just decided to go all-in with volleyball and started going to Sports Performance (Volleyball Club in Aurora).

Q: How devastating was your broken left ankle that caused you to miss your entire sophomore season?
A: It was bad. I realized my career could end at any moment.

Q: How was your recruiting process?
A: I went to a visit to California Baptist and Pepperdine. Ohio State was interested in me, but the biggest thing for me was the coaches. The relationships that I have with the coaches at Lewis is amazing. Sometimes I will see them sitting next to my parents for two hours, just talking to them and laughing at one of my matches.

Q: Are your parents tall?
A: Not really. My dad was 6-2, and my mom was 5-9. Nothing too crazy to create a 6-9 person.

Q: What’s the oddest thing that has happened to you because of your height?
A: I love being tall. It’s the best conversation starter I can ask for. People come up to me and say, “Oh my gosh, you are so tall.” I just say, “You are observant, good job and thank you. I work on it.” I have fun with it.

Q: What’s the toughest thing about being so tall?
A: All the skinny guy jokes. I don’t fit into any pants. Weightlifting is hard.

Q: Do you have any other talents?
A: I’m a computer nerd and pretty good at video games. I was ranked pretty high in (the “Call of Duty: Elite” ranking).

Q: What’s your favorite movie?
A: “Napoleon Dynamite.”

Q: What kind of car do you drive?
A: A minivan. I love it.

To see the all-area boys volleyball honorable mention team, visit www.chicagotribune.com/suburbs.
TJ Murray
Barrington, Sr., MH
Key stats: 162 kills, 68 blocks, 482 hitting percentage
College: Lewis
Murray is a fast learner. He never played volleyball until his freshman season, then missed his entire sophomore campaign due to a broken ankle. An injury sidelined him for a dozen games this season. At 6-foot-9 with long arms, Murray was courted by many schools, including Pepperdine and Ohio State. He picked Lewis, which offered him his first scholarship.
"TJ has been an amazing leader and example for our program," Barrington coach Rob Ridenour said. "From where he was as a freshman and sophomore, he is probably the most improved player in the history of our program. His improvement comes from his deep competitive drive and work ethic. After missing our first 12 matches this year, he came back and was dominant throughout the year."

Peter Hindsley
New Trier, Sr., OH
Key stats: 230 kills, 50 blocks, 37 aces
College: UC San Diego
Hindsley is an explosive player with a well-rounded game. A captain on the New Trier team that finished second in state, Hindsley showed his versatility with a strong swing and explosive serve. The 6-foot-2 Hindsley was named to the All-Central Suburban South team for the third year in a row.
"Peter has been the rock of our team for the last three years, leading on defense, service receive, attacking and serving," New Trier coach Sue Ellen Haak said. "He can do it all, and that is exactly what he has done for our team and program."

Jared Bennett
Vernon Hills, Sr., OH/S
Key stats: 314 kills, 55 aces, 196 digs, 39 blocks, 67 assists
College: Undecided
Considered by Vernon Hills coach Chris Curry to be "the most versatile, multi-skilled athlete we've ever had in the program," Bennett is capable of playing multiple positions. A three-year starter, Bennett has played three positions in his career and ranks first in career aces, third in kills and sixth in assists at Vernon Hills.
"There aren't a lot of guys I've ever seen who can set a team at state one year and lead the team in kills with over 300 the next year," Curry said. "He would have made a great middle if we could have used him there."
The 6-foot-2 Bennett ranks in the top 20 in IHSA history in aces.

Zach Schnittker
Buffalo Grove, Sr., S
Key stats: 227 kills, 40 blocks, 880 assists, 27 aces
College: McKendree
A four-year varsity player, Schnittker was a key leader for the Bison throughout his high school career. Schnittker is known for delivering perfect passes to set up his teammates. Schnittker was voted as the Mid-Suburban East Player of the Year.
"Zach demonstrated great leadership with his patience and encouragement as he supported hitters and led our offense," Buffalo Grove coach Tim Kosiek said. "He worked hard, kept his focus and made extraordinary contributions in key moments of big matches. He kept blockers guessing with his ability to dump, tip, attack and set. He opened up our hitters and continually provided our team with opportunities to be successful."

Ethan Carroll
Barrington, Sr., OH
Key stats: 174 kills, 64 blocks, 176 digs, 16 aces
College: McKendree
A player who excels at every aspect of volleyball, the 6-foot-8 Carroll formed an imposing duo with 6-foot middle hitter TJ Murray for the Broncos. Voted the Mid-Suburban West Player of the Year, Carroll has the ability to compete on either pin and is a strong offensive threat with solid ball control and blocking ability, according to McKendree coach Nickie Sanlin.
"Ethan matured immensely as a player this year and became our most important piece," Barrington coach Rob Ridenour said. "He was dominant as a pin blocker (and) was our best defender. Offensively, he learned to hit the right shot consistently and was the glue that held us together. Ethan was a kid that played his best in big matches, and we will definitely miss his leadership and tremendous skill set next year."

Sam Bugaieski
Lyons, Sr./L
Key stats: 441 digs, 10 aces, 24 assists
College: Michigan (student)
The 6-foot Bugaieski was a mainstay for Lyons, which reached the state quarterfinals. He had a match-high of 30 digs earlier this season and earned team MVP honors. He notched the all-time program mark for digs in a season. Bugaieski really made a name for himself after taking over for Jake Suva, who tallied 437 digs last season.
"Sam is a tremendous defensive player," Lyons coach Joann Pyritz said. "He was instrumental in so many saves and keeping us in rallies. He was so competitive and made such a difference for us."
Pioneer Press names its all-area teams for girls soccer and boys volleyball, including players of the year Olivia Peters of Glenbrook South and TJ Murray of Barrington.
Call or for a complimentary consultation

(847) 268-2195 | ReviveDB.com

Visit Our Bathroom Design Showroom
6919 N. Lincoln Ave, Lincolnwood, IL • Open Monday - Friday: 10-5, Saturday: 10-4
Serving Cook, Lake, Dupage, Kane and Will Counties
30TH ANNIVERSARY TENT SALE

FRIDAY, JUNE 17
SATURDAY, JUNE 18
MONDAY, JUNE 20

BRAND NEW 2016 NISSAN

SENTRA
MODEL CODE 12066

$89/mo.
For 36 months, $3999 due at signing.

BRAND NEW 2016 NISSAN

ROGUE S FWD
MODEL CODE 22116, 2 OR MORE AT THIS PRICE

2 OR MORE
AT THIS PRICE

MURANO S AWD
MODEL CODE 23016, 2 OR MORE AT THIS PRICE

ALTIMA 2.5
MODEL CODE 13016, 2 OR MORE AT THIS PRICE

MAXIMA 3.5 S
MODEL CODE 16116, 2 OR MORE AT THIS PRICE

5757 W. TOUHY AVE • NILES
847-582-0979

STARNISSAN.COM

Dealer not responsible for errors in this advertisement. Offers expire 7/5/16. Plus tax, title, license & doc fee. To qualified lessees with approved credit.