

NILES HERALD-SPECTATOR

\$1.50

Thursday, March 3, 2016

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Going back in time

Holocaust Museum probes historic 1936 Berlin Olympics. Page 4



MIKE ISAACS/PIONEER PRESS

The Illinois Holocaust Museum & Education Center recently opened a new traveling exhibition, "Nazi Olympics: Berlin 1936," to mark the 80th anniversary of the seminal games. The performance of Olympic star Jesse Owens is one of the many important stories that came from these historic Olympics.

GO

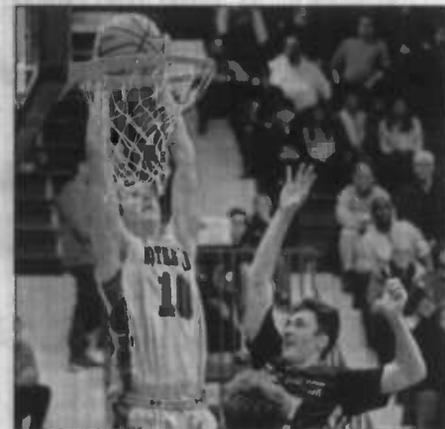


KENNETH JOEL

Film fest

The JCC Chicago Jewish Film Festival will show 18 films at eight area venues. Page 19

SPORTS



PATRICK GORSKI/CHICAGO TRIBUNE

Interior threat

Notre Dame's Anthony D'Avanzo "has evolved into one of the best bigs in the area." Page 37

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MAILING ADDRESS
 435 N. Michigan Ave.
 Chicago, IL 60611

PUBLICATION INFORMATION:
 Niles Herald-Spectator is published 52 issues per year by Chicago Tribune Media Group, 435 N. Michigan Ave., Chicago, IL 60611. Single copy: \$1.50. One-year subscription: \$52.00. Includes Sunday Chicago Tribune. In-county only. New subscriber starts require email address. If for some reason you choose to cancel, please note that a refund processing fee may apply.
 Vol. 68, No. 5

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SHOUT OUT

Devorah Heitner, technology expert

In advance of her Parent University talk March 8 at Emerson Middle School in Niles, Devorah Heitner — who has a doctorate in media/technology and society and is the founder and director of Raising Digital Natives, an online resource for parents and schools — answered a few questions for the Park Ridge Herald-Advocate about bringing up children in the digital age.

Q: What can people who attend the event expect to hear you speak about?

A: A lot of parents are a little bit overwhelmed by how quickly the digital landscape has changed. They might also be concerned about some of the challenges that come with being so connected. I think it's important to help them have empathy for what it's like to grow up in the digital age. ... What I want to set parents up for is an ongoing conversation. The important thing is we have digital etiquette and we have a conversation about it.



Heitner

Q: How did this become your area of expertise?

A: I used to teach [media studies] at the college level for many years. When I became a parent myself seven years ago ... that was when cell-phones really started to proliferate, and it coincided with a lot more parental involvement. ... A lot of high schools and middle schools brought me in to speak. After doing conversations and consulting on the side, it became my focus.

Q: Does screen time get a bad rap?

A: I think we kind of lump too many things in that. Not that some consumption isn't good. Often, parents want to know good apps versus bad apps, but ... you can do great things on Twitter and bad things on Twitter, and it's the same with Snapchat or Instagram, for example. Are you using it in an appropriate way? Are you using it in a thoughtful way?

Q: What are some common parent concerns?

A: I think it's very good to keep a conversation going with other parents. I think we feel like we can't ask other people how they deal with some of these things. Actually, the best way to keep kids safe is to do it as a community. It's good to know what's out there so you can fact-check your kids. It's good to kind of identify your allies in the collective project of keeping your kids on the good side of this.

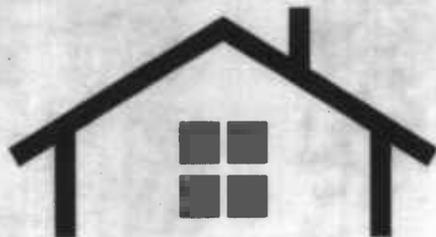
Q: As a parent yourself, how do you manage screen time and all things digital?

A: Being unplugged at meal times is important to us as a family. When any of us are becoming kind of a "screen monster," you're allowed to let the other person know.

Q: What are your favorite apps or programs for kids?

A: Look at apps that are really challenging for kids. Minecraft is great, or Scratch, which teaches computer programming language. The best apps are things you can use at different stages and they're still interesting.

— Caitlin Mullen, Pioneer Press



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Exhibit probes 1936 Berlin Olympics

By MIKE ISAACS
Pioneer Press

The Illinois Holocaust Museum and Education Center says it took four years to acquire its latest traveling exhibition, the same time-span that exists between two summer Olympic Games.

That wasn't a coincidence, said Museum Chief Curator of Collections and Exhibitions Arielle Weininger. Since the new exhibition, on loan from the U.S. Holocaust Memorial Museum, probes deeply into the seminal and historically significant 1936 Olympics in Berlin, the goal was always to open it during a summer Olympic year, she said.

This year also marks the 80th anniversary of the games — forever remembered for the four gold medals track-and-field star Jesse Owens captured right in Hitler's own backyard. Three years later, Germany would invade Poland to ignite World War II.

The story of Owens and his gold in Berlin are prominently featured in "Nazi Olympics: 1936 Berlin," now on display through Aug. 28 at the Skokie museum. But this dense collection of photos, artifacts, archival footage and recent interviews paints a much more comprehensive picture than just Owens' own path to glory.

"These Olympics are important to remember because contrary to popular beliefs, these games were a propaganda triumph for the Nazi regime," said Curator Susan Bachrach of the U.S. Holocaust Memorial Museum. "There are no ifs, ands or buts about that. If people only focus on Owens, they're looking at only the feel-good part of the story, and they're not looking at the darker side of history."

Without a doubt, Owens is part of that story, organizers say, but if his Berlin successes are celebrated only in a vacuum, they



MIKE ISAACS/PIONEER PRESS PHOTOS

The classic torch run to begin the Olympic games began in Berlin in 1936. The Illinois Holocaust Museum's new traveling exhibition, "Nazi Olympics: Berlin 1936," will be on display through Aug. 28 at the museum.



The Illinois Holocaust Museum & Education Center recently opened a new traveling exhibition, "Nazi Olympics: Berlin 1936," to mark the 80th anniversary of the seminal games. The exhibition will be on display through Aug. 28.



perpetuate myth rather than history.

That myth is wrapped up in the idea that by succeeding so magnificently in Berlin, Owens crashed the Nazi party, upending the idea of a global stage to showcase the superiority of the Aryan race.

The exhibition, however, says this is only partly true; it counters that the games accomplished just what the Nazis sought. According to

"Nazi Olympics," the grandiosity and unprecedented pageantry of them even had parts of the world questioning whether Germany had made a turn for the better.

"It's essential that we see these games for what they were and to learn from them," Bachrach said. "Part of this story is about the power of propaganda, and the Olympics is a propaganda vehicle. In an age when people try to create narra-

tives that aren't necessarily based in fact or to suit their own agendas, it's important that people be able to look critically at the exploitation of something like sports, but particularly the Olympics."

According to historians, the 1936 games were responsible for some of the Olympic symbolism and ceremonial extravaganza we see today. These were the games that first gave the Olympics its torch-running

start, and there had never been an opening ceremony as grand before, they note.

"This Olympics in many ways defined what we now understand as the Olympics," Weininger said.

Hitler was not so keen on hosting the Olympics in 1936, the exhibition asserts, but Minister of Propaganda Joseph Goebbels always saw their potential to divert and mislead.

Back home, there was

unprecedented division in the United States and Europe about whether to boycott the games, a chapter extensively covered in the exhibition. Counter events were planned, some organizations called for boycotts and some athletes refused to try out for the games.

A year earlier, the Nazis had announced the Nuremberg Laws, which denied German Jews citizenship and "prohibited them from marrying or having sexual relations with people of 'German or related blood,'" according to the U.S. Holocaust Memorial Museum's website.

That was just one sign of trouble, Weininger said. What surrounded the facade of these games — and the Nazis' efforts to paint a less threatening picture of Germany — were indicators that "something wasn't right," she said.

More than 400 people

The exhibition's Feb. 21 opening drew about 425 people, possibly a record, according to the museum. Participating in a panel discussion, Owens' daughter, Marlene Owens Rankin, asserted there were two impassioned sides about joining the 1936 Olympics.

One position held that playing in the games was tantamount to condoning Germany's off-the-field actions — or at least giving that impression.

"The other side of that is that black Americans would go and disprove (the idea of) Aryan supremacy," she said.

According to Rankin, Owens was likely influenced in his decision by his father — "a strong silent type." He told him his attendance at the games would not make a difference, she said.

Black Americans were under their own discrimi-

Turn to **Exhibit, Next Page**



MIKE ISAACS/PIONEER PRESS PHOTOS

The friendship between Olympic star Jesse Owens and German Olympiad Carl "Lutz" Long during the 1936 Olympics is one of the stories told in "Nazi Olympics: Berlin 1936," a new exhibition at the Illinois Holocaust Museum in Skokie.

Exhibit, from Previous Page

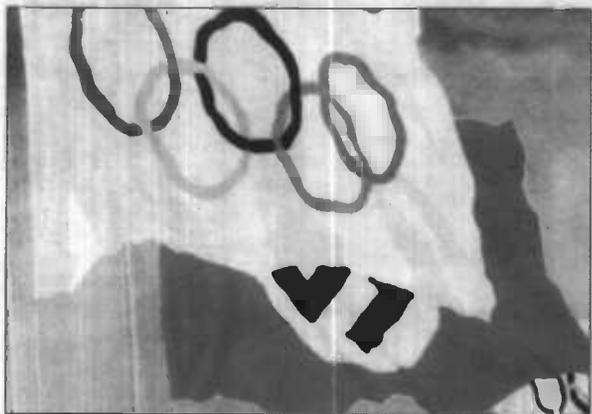
nation and segregation in 1930s America. The exhibition doesn't gloss over this part of history, either; some favoring participation in the games asserted that the United States should have its own house in order before calling for a boycott on the grounds of injustice.

Rankin was not born yet when her father triumphed in Berlin, and she said she learned a lot more about him from the new movie "Race," which was made with the family's approval. Her father was loving and devoted who believed everyone should be treated fairly, she said.

Bachrach said the movie gets the "big picture" right, but there are a lot of embellishments along the way. In "Nazi Olympics," she said, the history is accurate and placed in context.

Jesse Owens, a graduate of Ohio State University, was already a rival of fellow Olympian Ralph Metcalfe before the '36 games. The exhibition tells this story as well as the unlikely friendship Owens shared with German athlete Carl "Lutz" Long in Berlin. Long would be killed in action some seven years later fighting for the Germans in World War II.

Other stories also come to life in the exhibition as do



"Nazi Olympics: Berlin 1936" examines the historic Olympics of 80 years ago.

the role the International Olympic Committee played and the push for U.S. participation in the games by Avery Brundage, future president of the IOC.

A piercing coda to the exhibition displays a gallery of photos of Olympians who would later perish in World War II and the Holocaust.

2016 Olympic year

As the 2016 Olympics draw closer this summer, the exhibition will hold more meaning for thousands of children who come to the museum, museum leaders say.

"As we kick off the 2016 Olympic year," said Illinois Holocaust Museum CEO Susan Abrams, "this exhibition serves as a vital re-

minder of protecting human rights and taking a stand for what is important to us. 'Nazi Olympics' explores the contemporary subject of ethics in sports."

"Everyone remembers when the Olympics first made an impact on them," said Weininger. "All of these schoolchildren will really be able to learn about the history of this big thing they're about to see. There's a real important educational opportunity available here."

"Nazi Olympics" is on loan from the U.S. Holocaust Memorial Museum. More information is available at www.ilholocaust-museum.org/naziolympics.

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Turning Point town hall paints 'bleak' picture

By MIKE ISAACS
Pioneer Press

Turning Point Behavioral Health Care Center CEO Ann Fisher Raney is first to admit she has sounded a similar alarm in recent years at each of the organization's annual town hall meetings on mental health care.

"I realize I tend to say the same thing," Raney said Feb. 19 at Turning Point's 15th annual community gathering at the Skokie Public Library. "These are challenging times. Community mental health services are being threatened by decreasing funding."

The not-for-profit outpatient mental health center, established in 1969, serves the communities of Skokie, Morton Grove, Niles, Lincolnwood and Evanston, according to its website. The organization's yearly town hall meeting and panel discussion serves as an opportunity "in understanding the complexities of mental health funding, service provisions and public education," according to a statement from Raney on the website.

The picture painted at past town hall meetings doesn't compare with this year when Illinois is still without a budget, she said at the meeting.

"What is different this year? Honestly, things are getting worse. And it's hard to see any resolutions," Raney said.

Like in previous years, a panel of state and local legislators discussed the state of mental health care services while other stakeholders, including those who administer mental health care day to day, were in the audience.

The state budget crisis, Raney said, means that Skokie-based Turning Point is not receiving payments for key grants relied on by the agency.

She said grants awarded to Turning Point that have been unpaid this year be-



MIKE ISAACS/PIONEER PRESS

Turning Point Behavioral Health Care Center held its 15th annual town hall meeting on the state of mental health care. In attendance were state Rep. Robyn Gabel, D-Skokie, from left, Skokie Mayor George Van Dusen, state Sen. Daniel Biss, D-Evanston, state Rep. Lou Lang, D-Skokie, and Leslie Combs representing U.S. Rep. Jan Schakowsky, D-Ill.

cause of the budget crisis amount to \$505,000, money that helps fund two key Turning Point programs. The programs have continued on, Raney said, even though the state funding has not been available.

"We have been providing crisis services and residential services with no payment," she said.

Turning Point has scrambled to sustain staffing for those programs while looking for other funding options, Raney said.

Calling the landscape "bleak" for mental health care agencies, she said Lutheran Social Services of Illinois recently had to lay off 43 percent of its staff.

"Lots of people are giving up hope," she said. "We are not among those without hope."

She said there needs to be "a sense of urgency" to improve the situation.

Although Gov. Bruce

Raney didn't appear at the town hall meeting, he was front and center in many of the legislators' comments.

They criticized the governor for tying approval of the budget to his own agenda. Raney has repeatedly defended his positions and, during his recent budget address this month, said Illinois is in deep need of structural reforms, according to a transcript of his speech.

The Democratic legislators at the forum see the governor's position as having the greatest impact on people who need budget funds the most.

"As you go downhill to the proprietors that need more help and more help from the state of Illinois, you're the ones less likely to get it," state Rep. Lou Lang, D-Skokie, said.

Lang commended fundraising efforts that have kept programs going de-

spite an absence of funding from the state. But he said he sees difficult times ahead.

Raney was invited to the town hall meeting, but did not attend, and he was not immediately available for comment. But he tackled the stalemate over the budget in his recent address, saying that his "turnaround" budget is necessary. Panelists accused him of refusing to negotiate over the budget unless his unrelated agenda issues are addressed.

"There's a perception among some of you that the turnaround reforms we've put forward won't help our budget crisis," Raney said to legislators this month at his budget address. "That they're quote 'non-budget' items. That they don't matter enough to move the needle. That they'd do more harm than good. Well, nothing could be further from

the truth."

Both Lang and state Sen. Daniel Biss, D-Evanston, said social service agencies like Turning Point are now in a critical position because of the governor's approach to the budget. The best tool available for moving forward from the current crisis is public advocacy and activism, they said.

Biss said a big reason for a stalemate over the budget is Raney's insistence on tying the state's fiscal plan to measures that would lower the wages of workers and weaken unions.

"The best tool we have ever seen in this society to push back against (a hit against the middle class) is organized labor," Biss said. "Because what unions allow is for workers to band together, they get more power and they can fight for greater compensation and better working conditions."

In his budget address,

Raney said the state is negotiating a new labor contract that he called "fair to both state employees and taxpayers."

State Rep. Robyn Gabel, D-Evanston, said she and 29 colleagues who signed on to a letter she wrote asked Raney for a meeting about the budget last year. But the governor insisted on talking only about his "turnaround agenda," she said.

Skokie Mayor George Van Dusen said the state budget crisis can also have an impact at the village level when it comes to mental health care services.

"We're the first responders," the mayor said. "It doesn't have to be a catastrophic crisis, but it could be that somebody needs emergency care. We have to pay for that."

The village's Human Services Department, he said, is in touch regularly with mental health care agencies such as Turning Point.

"This is the rough stuff," Van Dusen said. "This is the heavy lifting that takes place in society. The not-for-profits are the organizations that lift people up, maintain people's standard of living and also the ones that provide the critical mental health care."

Gabel said the stigma surrounding mental illness continues to be a serious problem, a position sounded at previous town hall meetings.

"We have to make clear that mental health is just another aspect of health care," Gabel said. "It's no different than having heart disease. It's no different than having diabetes. People can get treated. People can get well and live productive lives."

Also participating on the panel were Cook County Commissioner Larry Suffrin, D-Evanston, and Leslie Combs representing U.S. Rep. Jan Schakowsky, D-Ill.

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Niles considers increase in fees, taxes to fend off fiscal threats

BY LEE V. GAINES
Pioneer Press

With fiscal threats looming on the horizon, Niles village trustees outlined a range of possible measures to bring new revenue into village coffers, including increasing ambulance fees, selling ad space on bus shelters and benches, a leaf bagging program and red light cameras.

The substantial list of both cost saving and money making suggestions were presented to the board by trustees Denise McCreery and Dean Strzelecki, the two members of Mayor Andrew Przybylo's Ad Hoc Committee for Economic Enhancement, at a recent meeting. A memo to the mayor and the board cited the potential loss of about \$750,000 in local government distributive funds — income tax disbursed by the state to local municipalities every year — and the loss of between \$200,000 and \$250,000 in annual tax revenue from the now shuttered off track betting establishment in Niles, in addition to massive spending on stormwater improvements in the village that has left fewer dollars leftover for pension contributions.

The village has already implemented a number of cost controls and revenue enhancements, according to the memo, including taking advantage of an American Express corporate rewards program which has earned the village over \$100,000 in revenue, pursuing private partnerships to support the village's food pantry and Family Services operations and increasing the use of volunteers, among other measures.

Some of the suggested strategies to increase savings and revenue are more likely to be implemented than others, said Village Manager Steve Vinezano in an interview following the meeting. For example,



LEE V. GAINES/PIONEER PRESS

Niles Village Trustee Denise McCreery is one of two members on Mayor Andrew Przybylo's Ad Hoc Committee for Economic Enhancement

it's unlikely the village will establish a red light camera program—which is estimated to bring in over \$150,000 per year—any time in the near future because there are several bills that would either eliminate the use of red light cameras or enhance their use awaiting legislative action in Springfield, he said.

Additionally, a proposed leaf bagging program, which could save the village over \$100,000 annually, would likely be a tough sell, Vinezano said. Instead of sweeping leaves to the curb as is currently done, residents would be required to bag their leaves under the proposed program, McCreery explained.

The program “does have many benefits, especially for communities like ours that focus so many resources on flood control and sewer health,” she said. Vinezano said the proposed program will likely generate pushback from seniors in the community who may have difficulty bagging up their leaves.

Measures that are more likely to become a reality include an ambulance fee

adjustment which is expected to increase revenue by \$70,000 per year, he said. Strzelecki said all six towns the village has mutual aid agreements with are on board with the adjustment.

An amusement tax for purchases at movie theaters, bowling alleys and billiard rooms is also a likely possibility, Vinezano said. According to the memo sent to council, the tax could bring in an additional \$30,000 in annual revenue. Vinezano said it's unlikely the tax will extend to cable subscriptions. He said selling ads on bus shelters and benches—a strategy expected to generate about \$3,000 per year—will most likely receive board approval.

“A lot of these (measures) are pretty harmless,” he said.

The suggested cost savings and revenue building strategies will be hashed out in village committees and a portion of them will likely return for village approval sometime in the coming months, Vinezano said.

Lee V. Gaines is a freelance reporter for Pioneer Press.

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POLICE REPORT

The following items were taken from local police reports. An arrest does not constitute a finding of guilt.

Niles

RETAIL THEFT

■ Delano Starks, 43, of the 300 block of Lotus, Chicago, was charged with retail theft on Feb. 18 after he allegedly stole two bottles of alcohol, valued at \$55.90, from a store in the 7300 block of Melvina Avenue. He has a March 4 court date.

■ Elaine Medygral, 70, of the 800 block of Greenview, Chicago, was charged with retail theft on Feb. 23 after police said she stole food from a store in the 7900 block of Milwaukee Avenue. According to police, Medygral also had an outstanding Niles arrest warrant for shoplifting. She has a March 10 court date.

■ Ahuva Cohen, 61, of the 8900 block of Wisner

Street, Niles, was charged with retail theft on Feb. 24 after she allegedly stole \$455 worth of merchandise from a store at Golf Mill Shopping Center.

DUI

■ George Mondragon, 25, of the 500 block of Audrey Lane, Wheeling, was charged with driving under the influence on Feb. 21. According to police, Mondragon was found asleep behind the wheel of his car, which was parked on a raised median facing southbound in the northbound lanes of the 9400 block of Milwaukee Avenue, at 3:55 a.m. He has a March 31 court date.

■ Christopher Pigott, 40, of the 8100 block of Merrill Street, Niles, was charged with driving under the influence and possession of marijuana on Feb. 20 after police responded to a call of a car that drove onto a lawn in the 8100 block of Ozark Avenue. According to po-

lice, Pigott's car hit a car parked on the street before it struck a "children playing" sign on the parkway and a tree. The car then came to a stop on a neighboring lawn, police said. Pigott has a March 31 court date.

■ George Papagorgiou, 23, of the 3700 block of Nottingham, Chicago, was charged with driving under the influence on Feb. 20 after he was reportedly involved in a car accident on the 6800 block of Touhy Avenue. He has a March 14 court date.

■ David Sanchez, 37, of the 5300 block of West Agatite, Chicago, was charged with aggravated driving under the influence and driving on a suspended license on Feb. 22. Police said his car was stopped in the 9800 block of Milwaukee Avenue after he was clocked on radar traveling at 58 mph in a 35 mph speed zone. He has a March 16 court date.

■ Kevin Cullnan, 58, of the

5100 block of Devon Avenue, Chicago, was charged with driving under the influence on Feb. 24 after he was reportedly involved in an accident near the intersection of Touhy Avenue and Central Road. He has a March 31 court date.

BATTERY

■ Police said an employee of a business in the 8200 block of Golf Road was punched in the face on the morning of Feb. 19 after attempting to stop two people from stealing pallets from behind the building. The two suspects then reportedly left the area.

DISPUTE

■ Police were called to a home in the 8500 block of Oleander Avenue on Feb. 17 after two men became involved in an argument over renovation work and one man allegedly struck the kitchen ceiling with a sledge hammer, causing a hole. The man who caused

the damage agreed to leave the house for the day, police said.

THEFT

■ An employee of a store at Golf Mill Shopping Center reported her purse was stolen from behind a cashier counter on Feb. 19.

■ A phone was reported stolen Feb. 20 from a fitness center in the 9200 block of Milwaukee Avenue. Police said the owner of the phone was able to track the device's signal to the area of Milwaukee and Menard avenues in Chicago before the phone was reportedly turned off.

■ A money order for \$450 was reported stolen Feb. 24 after it was left on the front passenger seat of an unlocked car parked in the 7900 block of Milwaukee Avenue, police said.

■ Two people allegedly stole \$54 worth of merchandise from a store in the 5600 block of Touhy Avenue after attempting to buy

the items with a \$100 bill suspected of being counterfeit on Feb. 22, police said.

Lincolnwood

THEFT

■ Police said a Samsung Galaxy Note 4 cellphone belonging to an employee at the Cellphonia Cell Phone Accessories kiosk near the Lincolnwood Town Center food court in the 3300 block of West Touhy Avenue was stolen Feb. 19. Police said they asked employees at nearby stores whether they had seen anyone take the phone and no one reported seeing anyone take the device or any other suspicious activity.

DRUGS

■ Matt P. Overpack, 20, of the 2800 block of West Fitch Avenue, Chicago, was charged with possession of marijuana in a parking lot in the 7200 block of North Cicero Avenue Feb. 24.



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EDUCATION

Grievance prompts look at D219 department

BY BRIAN L. COX
Pioneer Press

Following a union grievance and outcry from the community, the Niles Township High School District 219 Board of Education voted to fund the district's communications department for a full year and will consider making it a permanent department at a recent meeting at a later date.

The board created the communications department last August. The popular debate and journalism programs, once housed in the humanities department, were moved to the communications department, district officials said, prompting issues with The Niles Township Federation of Teachers and district community members for separate reasons.

The teachers union filed a grievance alleging that the appointment of two directors to the communications department violated the notice and posting requirements listed in the collective bargaining agreement, officials said. They said that as part of the resolution of the grievance, the board agreed that it would review and determine whether the communications department



BRIAN L. COX/PIONEER PRESS

Ann Goethal, president of The Niles Township Federation of Teachers, spoke to the District 219 board.

is an appropriate use of district resources.

During a Feb. 17 meeting, board members voted to continue operation of the communications department. As part of its agreement with the union the board also authorized the "non-renewal" of the current directors' administrative contracts, but it is also posting the director of communications positions per its agreement with the union, officials said.

But after that meeting it was determined that there had been a procedural issue with the vote, so the board took it up again at their Feb. 22 meeting. A call to district officials seeking comment to clarify the procedural issue was not immediately returned.

At the Feb. 22 meeting, the board passed a motion stating that "an independent communications department be established for a period of one year, while measurable achievement indicators and goals are clearly defined, and the layout of current/future sequenced classes and tracks are delineated, a report on the required alignment in facilities and funding will be generated, and the re-evaluations of extra-curriculars/co-curriculars per the status of debate, journalism, etc. are clarified for aligned funding and support staffing with the input of [Curriculum Standards for School Improvement Committee]."

"I believe what this does is it makes it an independent department," said board member Ruth Klint. "It gives it time to go through the proper process. It also allows us to catch up, because for debate and journalism

those programs have both exploded."

And although the district took up the issue of funding for the communications department due to a grievance by the teachers union, Ann Goethals, president of The Niles Township Federation of Teachers said the union did not have a position on the need for or value of the department.

"The union ... took no position on whether the communications department should exist or not," she said. "Our grievance was solely on what we believed was an infraction of the contract with respect to posting the director positions. We believe that was a violation. We were proven true."

During the Feb. 17 board meeting, Niles West High School graduate James McLellan told the board that joining the school's debating team gave him the skills which allowed him to get into a top university.

"I would not have been ready for the University of Chicago without that program," he said.

Several residents who said they had children in the district also said during that meeting the debating and journalism programs provided their kids with an

opportunity to develop unique skills sets that gave them confidence, helped with their grades and also made them more attractive to various colleges.

Board Vice President Linda Lampert on Feb. 22 also expressed support for the communications department.

"I think that our students do deserve the best," she said adding that Stephenson High School and New Trier High School have similar communications departments.

"I am definitely supporting this because I believe our students need to come first and their education needs to come first," Lampert said.

But board member Carlton Evans voted against the motions saying that he had problems with the process by which the department was created.

"We have been struggling with this communications department since its inception," he said. "We have not had our stuff together. We've been unbalanced. We've not been respectful, I think to our teachers, I think all those things are really tearing at me simply because this just was not done properly."

District 219 considers architectural firms for district bus terminal

BY BRIAN L. COX
Pioneer Press

After purchasing 55 buses last year, Niles Township High School District 219 is continuing to move toward running its own school bus system and is now looking for an architectural firm to design a bus terminal, officials said.

Unsatisfied with the service it had been receiving from companies supplying the district with school bus services over the years, District 219 last year paid \$4.9 million for 55 buses and also bought 3.3 acres of land in the 6100 block of Howard Street in Niles for \$2.5 million on which the district plans to build a bus terminal, said Eric Trimberger, District 219 assistant superintendent for business.

"We've had service levels that haven't met the expectations of

the district off and on for several years," Trimberger said of the district's past dealings with school bus companies. "We've had vendors come and go but we just feel the service has not been there that this community expects."

In addition, he said, the district didn't get many bids when it went through the competitive process in recent years. He said when a new vendor wanted to come in and bid on providing school bus services, the contract would only be for three years and would cost the company between \$15 million and \$20 million "to come in and set up shop."

"They would have to set up a local bus terminal and buy buses," he noted.

He also said the district's old contract with a private vendor not only included servicing District 219 and its special education

students but also included serving Districts 69, 70, 71, 73 and 74, all of which are feeder districts to District 219.

"I talked to the District 219 school board and said the objection we're running into is the capital investment that vendors have to make," Trimberger said. "I recommended to the school board that District 219 make a capital investment, then just hire someone to operate our equipment out of our depot."

The district, he said, is currently interviewing architectural firms interested in designing the bus terminal and that contract probably will be awarded in the next month or so.

"We haven't received cost estimates yet from the engineers," he said. "We don't have final cost figures at this time."

Trimberger said the district has

signed a three-year contract with a private company, First Student, which is operating the 55 new buses that park in the driver's education area at Niles West High School.

The need for the district to drastically improve the way students are bused was made clear over the past few winters when buses failed to start, leaving some students standing out in the cold for hours, Trimberger said.

"We had kids standing out in the cold on days when the wind chill was 20 below zero waiting for a bus that didn't show up," he said. "They had diesel buses that wouldn't start when it got that cold."

He said the school district bought propane buses because they will start up in temperatures up to 40 below zero. He also said they are a much cleaner vehicle

because they run propane fuel instead of diesel fuel.

"You don't have the emission issues or have to worry about the idling," he added. "They're much quieter. They are much more environmentally friendly."

He said that as part of the bid package the new buses are equipped with a GPS tracking system that allows students to use an app that shows them where the school bus is along the route in real time so they will know when it will be at their stop.

"They're not standing outside on cold days anymore," he said. "The service level is greatly improved over what we've experienced in recent years. It's really been a success story for District 219 this year."

Brian L. Cox is a freelance reporter for Pioneer Press.

Students with 'learning differences' link up with mentors

BY LEE V. GAINES
Pioneer Press

In an effort to erode the stigma surrounding those with learning disabilities and attention deficit disorder, students from Niles North High School and area colleges, in addition to a celebrity guest, shared the impact learning disabilities has had on their lives with Golf Middle School students who have struggled with similar diagnoses.

The event, dubbed "Strike Out Stigma," was hosted Feb. 22 by the Morton Grove school's Eye to Eye chapter, which is part of a national youth mentoring network run by and for those with "learning differences." Golf Middle School lays claims to being the first Eye to Eye chapter in Illinois, and is in its eighth year of existence, said Bari Levin, a special educator at Golf District 67.



DAVID BUCHAN/GETTY IMAGES

Actor Chris Williams attends a 2014 event in West Hollywood, Calif. Williams was the special guest for Strike Out Stigma.

The way the program at Golf works, she said, is college students, primarily from Northwestern University, who have learning differences ranging from dyslexia to ADD and ADHD, come to the middle school one after-

noon per week to mentor students with similar learning differences, create art together, talk about the accommodations available to them because of their diagnoses and discuss strategies for how to make learning in the classroom easier.

"The whole program is about embracing your learning difference, celebrating it and sharing your story about it," Levin said.

During the month of February, all 52 Eye to Eye chapters nationwide are engaged in a friendly competition to "strike out stigma" associated with learning differences and to foster bonding between mentors and their mentees, she said.

Levin called on her close friend, Chris Williams, a television and film actor, to share his story with the students gathered for the day's event.

Williams, who was diag-

nosed with attention deficit disorder as an adult, said via Skype that being a professional actor has been "a bit of a struggle for me because you have to be able to concentrate as much as possible."

While shooting an episode of a show called "Silicon Valley" for HBO, Williams said he both had to memorize a long speech and rework parts of it when asked to by directors — something that he said required an immense amount of focus and concentration.

"What helps me out is breathing," he said. "Trying to focus myself, calm down and think clearly."

A former student of Levin's and Eye to Eye participant, Zachary Alvarez, a 19-year-old freshman at Oakton Community College, urged the younger pupils to take advantage of the accommodations available to

them under individualized education programs. For example, he said, let your teachers know you need extra time to complete a test.

"When I started with Eye to Eye, it opened my eyes to trying to take advantage of using those accommodations because it will help you a lot," said Angel Torres, a 16-year-old student at Niles North High School and former Eye to Eye participant.

Torres said he used to feel judged for his learning difference, but his experience in Eye to Eye at Golf Middle School has helped him regain his confidence.

A mentor in the Eye to Eye program, Nicole Walsh, a 24-year-old senior at Loyola University who was diagnosed with dyslexia as a child, said she wished she had had a chance to participate in Eye to Eye when she was a student at Golf Middle School. She urged the mid-

dle schoolers in the program to take advantage of the experience

As a teacher in the program, Levin said Eye to Eye has also helped her communicate more freely with her students as they learn together to accept learning differences. Over the course of the last eight years, she said, she's also had a chance to see mentors, like Walsh, grow from the experience and develop a deeper sense of self-confidence and awareness.

"Remember, having a learning disability can be tough, but you can do anything anyone else can do and sometimes you can actually do it better," Williams said in his signoff to the students. "Don't let it hold you back from anything you want to do."

Lee V. Gaines is a freelance reporter for Pioneer Press.

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Supporting the library at the book sale

BY DANIEL I. DORFMAN
Pioneer Press

For years, Marti Wick has helped stage three weekend-long book sales annually at the Glencoe Public Library. But before each sale opens, she wonders if people are still interested in them.

"It's like giving a party and wondering if anyone is going to come," said Wick, president of the Friends of the Glencoe Public Library.

She needn't have worried. The organization held its latest book sale from Feb. 27-29, and crowds were bustling as of Saturday morning.

"There are a lot of people here, and that is a good thing," said Katie Phillips of Lake Zurich, who frequents similar book sales in other communities because she believes in supporting local libraries. "You can generally tell how a community supports their library by the early turnout of these types of sales."

Preparations for a book sale begin months in advance - typically, within a week of the conclusion of the last sale. Twice a week, volunteers sort through donations of books, CDs and other items,



PIONEER PRESS/DANIEL I. DORFMAN

Katie Phillips of Lake Zurich looks on Feb. 27 for reading material at a used book sale at the Glencoe Public Library. The sale was held by the Friends of the Glencoe Public Library.

organizing them into categories like fiction, history or children's works.

Wick said her favorite moments of the sales are "seeing how happy people are when they find books they have been looking for, especially little kids who get excited.

Some of them don't even want you to put them in the bag because they are so excited."

Doors to the sale, held in the library's basement, opened to the public on Feb. 27, but the weekend started on Friday night, when a two-hour private sale was held for

those who donate to the library.

"It's our way of thanking the people in the community who support the organization," Wick said.

Some bought books for pleasure or for school. But not everyone was planning to read what they purchased.

"I take books and use them for art projects," Glencoe resident Jessica Kinzelman said. "I use old dictionaries and reference books for graphics in art projects for business purposes."

"I buy cheap books so I don't feel bad about tearing them up," she said.

Leslie Singel, who is writing a dissertation for her PhD in English, made the approximately 30-mile trip from west suburban Forest Park with her husband.

She needed two works by Pulitzer Prize winning novelist Jhumpa Lahiri for her studies. She walked out with *The Lowland* and *Unaccustomed Earth*.

"I walked in and there they were," she said.

Some, like Daniel Evbota, whose wife owns a Naperville book store, planned to sell what they found.

"I mostly buy nonfiction, as they

are better sellers," said Evbota, who travels to many used book shows and planned to purchase 10 to 15 bags of books.

Brian Hansen of Buffalo Grove runs an online book selling operation, and said he was looking for "anything I can buy cheap and make a profit on."

Wick, who spent a large portion of Saturday morning getting large orders prepared for book dealers, is all right with that.

"The point of the sale is us raising money so we can support the library, so it doesn't matter to us who buys the books," she said.

Proceeds average between \$7,000 and \$8,000 per sale, and the money is turned over to the library itself, Wick said. Art books and autographed volumes tend to be the most expensive, she said, and after three days, most unpurchased items are donated to an undisclosed charity.

Wick said she was pleased with the crowd, particularly in an age when people turn to their tablets and smartphones for information.

"It's nice to see people are still reading books," she said.

Daniel I. Dorfman is a freelance reporter for Pioneer Press

North Shore educator's trust gifts \$100K to Waukegan Public Library

BY YADIRA SANCHEZ OLSON
News-Sun

The Waukegan Public Library has received a \$100,000 gift from a North Shore woman who shared its mission of literacy and education.

Helen Morrow was a Wilmette resident who dedicated nearly 40 years to teaching high school in New Trier Township High School District 203.

When she died last year at age 94, her wishes were for an undisclosed amount of her trust to be bequeathed to religious and educational organizations, said Scott Friedman, an attorney and trustee of her trust.

During a ceremony Feb. 25 at the Waukegan Public Library, at 128 N. County St., Friedman told members of the library's foundation and board of trustees why the institution was chosen as a benefi-



YADIRA SANCHEZ OLSON/LAKE COUNTY NEWS-SUN

From left are Scott B. Friedman, an attorney; Waukegan Public Library Foundation President Verna Wilson; Library Executive Director Richard Lee; and President Jacqueline Herrera Giron.

ciary.

"Helen had certain discretion for what she wanted her trust to support. She would have loved to

have been here and been able to see what her trust could do for this library," Friedman said before handing a \$100,000 check to

Richard Lee, the library's executive director.

The money will be used to continue literacy programs for all ages, Lee said.

Morrow's gift might have never made its way to Waukegan's library patrons but for the praises and word of mouth of a former volunteer.

Diane Tuchman was a tutor in an adult literacy class at the library. While working with Friedman's law office, the Deerfield resident made the connection between Morrow's wishes to support education and the library's mission to empower the community through learning and discovery.

Friedman said the Waukegan library was thoroughly vetted after Tuchman's recommendation.

"We found it to be a place of learning that Helen would have

been proud to champion," Friedman said.

On Feb. 25, Tuchman recalled her time as a tutor as she talked with library leaders. "It impacted my life," she said.

More than 316,000 patrons participated in the library's classes or took advantage of its resources last year, library officials said.

The library's foundation promotes dialogue within the community and supports programs that teach finances and good health, helping patrons break educational barriers.

"This gift will help the foundation's vision to change the trajectory of our citizens in this community, to let them know that literacy is the way out of poverty," said Verna Wilson, president of the library foundation.

Yadira Sanchez Olson is a freelance reporter.

Skokie man wins \$25,000 in trick-shot contest at IU

BY RONNIE WACHTER
Pioneer Press

A Skokie native won \$25,000 Feb. 24 in a trick-shot contest at Indiana University.

"We're going to do a little negotiating," Jake Newlander, a junior at the school, said of how his family will spend the dough.

Newlander and two of his fraternity brothers took part in the "Ball in the Hall" three-on-three basketball tournament at Assembly Hall in Bloomington, Ind. His squad, Alpha Epsilon Pi, made it to the championship, and that game's six players got to compete in a skills drill for \$25,000.

The task: sink a layup, a free-throw, an NCAA-range three-point shot and a shot from half-court, all in 24 seconds.

"I'm still in shock," Newlander, 20, said the next day.

He said he'll likely use the money to finance his tuition bill for senior year.

"Ball in the Hall" was organized

by the Sigma Alpha Mu fraternity as a benefit for the Lauri S. Bauer Foundation for Sudden Loss, a Lincolnshire-based nonprofit. Scott Bauer of Buffalo Grove created the foundation, and he has two sons in Sigma Alpha Mu's Indiana chapter.

Bauer owns an insurance firm that covers trick-shot competitions like this one, and he calculated the odds of someone hitting all four baskets in 24 seconds at one in 7,000.

"It was unreal," Bauer said of watching Newlander's work. "I couldn't believe it, but I was so excited."

Newlander was surprised to hear the odds he had beaten.

"That's crazy," he said.

Newlander and his younger brother Josh both played basketball for Rochelle Zell Jewish High School in Deerfield, where the elder athlete swung from point guard to shooting guard to small forward when the school was still known as Chicagoland Jewish.

He now majors in kinesiology — "the study of human movement," he said — and will likely study it next year for free, in part because of his own human movement.

The four-shot contest took place before the championship game, and Newlander was the first of the six competitors to shoot. Wearing his team's maroon uniform, the bearded Newlander sank the layup and free-throw with ease.

Almost seven seconds into the routine, he missed the three-pointer, tried again and bricked again. His third attempt, 15 seconds into his allotted 24, went straight through the net.

He backed to mid-court, collected his basketball and dribbled twice. The half-court shot is basketball's Hail Mary, and it's familiar territory for Newlander.

"I've always been able to make half-court shots," he said. "It's just always something I've been able to do. But, not in an actual competition, or game or anything."

And with tuition money hang-

ing over his head in a cavernous Assembly Hall, which was devoid of fans in the stands, this was probably the biggest shot of the right-hander's life.

"It looked good after I shot it," he said.

Numerous videos that have surfaced on the Internet show Newlander's only half-court attempt making a swishing sound as it sails through the net. Maybe a tenth of a second later, the backboard's red light activates, signaling the end of the 24-second clock.

"I never thought it would happen," he said.

About 15 players from several of the tournament's teams mobbed Newlander. After that, none of the other five finalists could match his feat. And Newlander still had the championship game to play. His squad defeated the organizers, Sigma Alpha Mu.

Newlander called his parents, but they already knew. Friends of friends spread the word through mobile phones, and by the time he

reached them, they had already seen the videos.

"They were definitely both in shock, but very happy," he said. "My phone hasn't stopped buzzing since last night."

Bauer said the \$25,000 comes without earmarks, and the Newlanders could use it for anything. Newlander said tuition is the most probable outcome — but that is something his family will have to hash out.

When Jake Newlander missed his first three-point attempt, the ball hit the front of the rim and bounced straight back to him. His second attempt caromed way off to his left, though — and it was his brother Josh who chased it down, then snapped a swift pass back to him.

"He sprinted for that rebound," Jake Newlander said.

"If he hadn't helped me rebound that ball, I wouldn't have had a chance."

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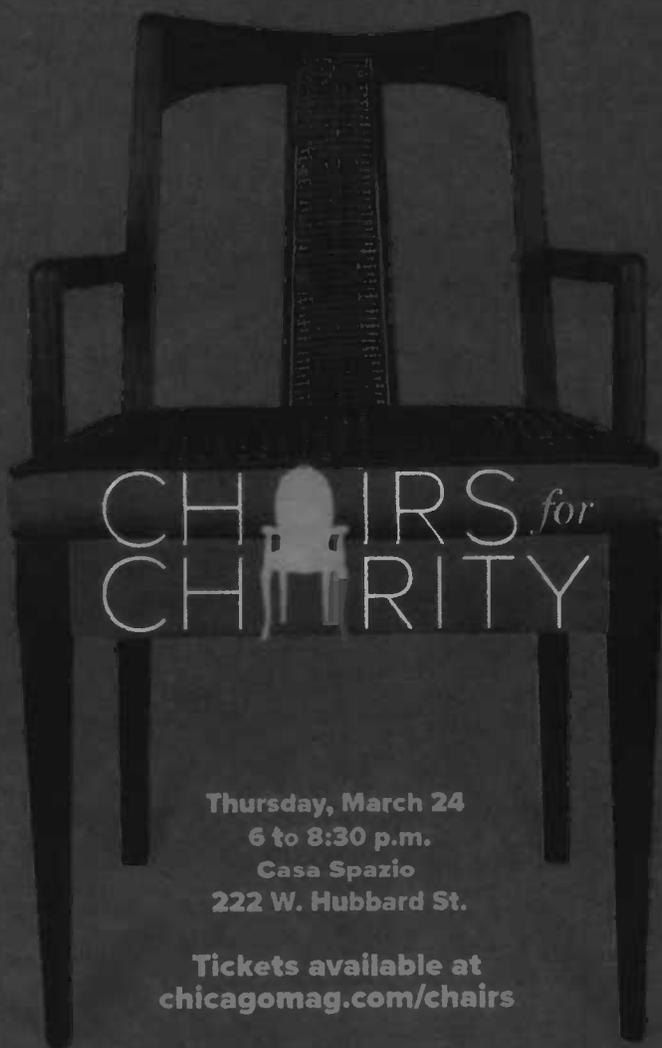
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NEWS



MIKE ISAACS/PIONEER PRESS

The Skokie Fire Department conducted water rescue training drills for three days at the Emily Oaks Nature Center. Firefighters learned techniques on land before they donned a special suit and ventured into the frigid waters to practice rescue techniques.

Skokie fire crew performs water rescue training at Emily Oaks

BY MIKE ISAACS
Pioneer Press

It might have been a scene from "Chicago Fire" — or maybe "Skokie Fire" if they wanted to move the show just a bit north and rename it.

Someone falls into the water at the Emily Oaks Nature Center and suddenly finds himself in trouble. Bring on the heroic fire crew for a daring at-the-scene water rescue.

For three days — Feb. 24-26 — the Skokie Fire Department provided in-water rescue training to all of its firefighters, according to Lt. Nick Eschner, who helped lead the drills Feb. 26.

There in the frigid waters of Emily Oak's serene pond was one firefighter playing the victim, a second firefighter playing the rescuer. On land was the rest of the firefighting team feeding a line into the water and then pulling the two back to safety.

Before the crew conducted the exercises, the

leaders made certain firefighters had the basic skills down from throwing "throw-bags" to using a hose-inflator, which helps the crew reach someone in distress in the water.

"We get all the basic skills out of the way and then at the end here, we'll do a response type of drill," Eschner said. "We're going to try to take care of anybody on the surface of the water. The goal is always to get a person out of the water as quickly as possible and then hopefully you don't need a dive team."

Skokie doesn't have its own dive team and would have to rely on the Evanston Fire Department or a Mutual Aid Box Alarm System team if necessary. But the goal is to be able to protect someone in the water so there is never a need, the lieutenant said.

Unlike Evanston, Skokie has no Lake Michigan that makes water rescues an ever-present possibility.

"We don't have too many bodies of water here in Skokie, but you never

know," Eschner said. "We have Emily Oaks here. There's some retention ponds throughout and the sanitation canal as well as swimming pools."

In fact, he said, Skokie has an agreement with Evanston that any time there is an incident in the sanitation canal, Evanston will automatically respond to the call with divers and its water rescue team.

The Skokie Fire Department's water rescue training is performed once a year, he said. In three shifts over three days, the Fire Department can train all of the necessary personnel.

One component of the training is always letting rescuers get used to the special suit they have to wear as they venture into the water. The suit traps air so rescuers who wear it look a bit awkward, Eschner said.

"We just don't want the first time they're in the suit to be on a real incident," he said.

misaacs@pioneerlocal.com

SNAPSHOT

Bonding with dad at Glencoe's annual park district dance

BY KARIE ANGELL LUC
Pioneer Press

Nearly 100 little girls and their fathers, grandfathers and other caregivers attended the annual Daddy Daughter Dance on Feb. 28 at the Glencoe Park District's Takiff Center.

"It's an opportunity for dads and daughters to have a night out, to enjoy a meal and to bond," said Liz Visteen, program manager of special events and active adults for the Park District.

Pearl Rosenfeld, 4, of Glencoe took a photo booth keepsake picture at the event, which included din-

ner and dancing, with her grandfather, Mike Rosenbaum of Mobile, Ala.

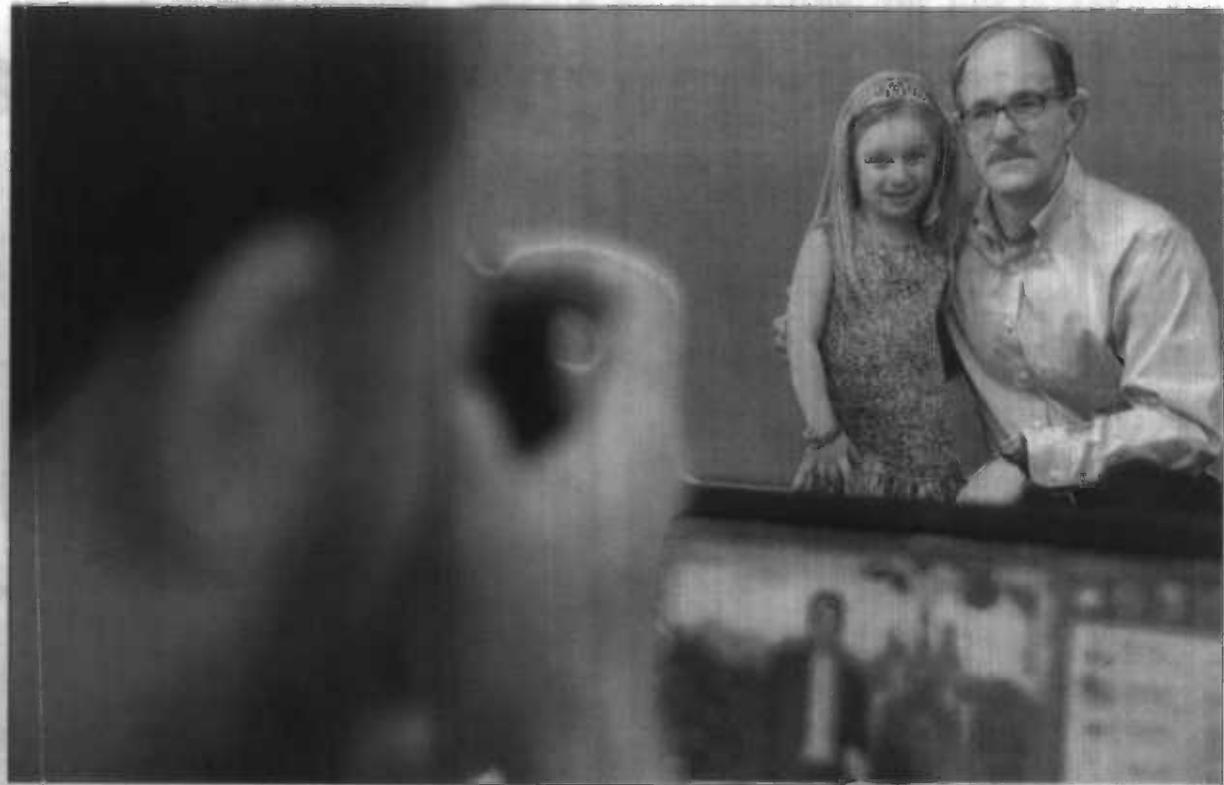
"This is great and I was very honored when she invited me to escort her," Rosenbaum said. "I mean, how often do you get to do this?"

Siena Olson, 5, of Morton Grove, brought her father, Harry.

"We love it," he said. "It's our second time here to build memories and have some fun."

"She likes to dance with daddy," he added.

Karie Angell Luc is a freelancer for Pioneer Press.



KARIE ANGELL LUC/PIONEER PRESS

Pearl Rosenfeld, 4, of Glencoe sits with her grandfather, Mike Rosenbaum of Mobile, Ala., while their photo is taken Sunday at the Glencoe Park District's annual Daddy Daughter Dance.

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11:00 A.M. TO 5:00 P.M.

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Colorado struggles to educate pot tourists

BY JOSH NOEL
Chicago Tribune

You're in Colorado, where recreational marijuana is legal.

You decide to indulge and eat a weed brownie. (First one since college!)

Nothing seems to happen. You can still reel off the state capitals, hold a coherent conversation, and an entire bag of salt-and-vinegar potato chips doesn't sound particularly tasty.

So you eat another brownie. And, waiting for something to happen, perhaps one more.

And then — blam! Anxiety. Sweats. Panic. Heart palpitations. And your Colorado vacation takes an unwelcome turn to the emergency room.

Another potential outcome, of course, is that you have an extraordinarily fun night and play video games. But the more dramatic scenario has happened with increased regularity, according to a Northwestern University doctor's study published Feb. 25 in the *New England Journal of Medicine*.

Out-of-state visitors to Colorado emergency rooms for marijuana-related symptoms accounted for 163 per 10,000 visits in 2014, up from 78 per 10,000 visits in 2012, according to research published by Dr. Howard Kim, a Northwestern research fellow and emergency medicine physician.

The 109 percent increase far outpaced the 44 percent increase among Colorado residents since the state's recreational marijuana sales began Jan. 1, 2014.

Kim, who was a resident at the University of Colorado when the research began, didn't study how marijuana was consumed by patients who showed up in his emergency room with mostly gastrointestinal, psychiatric and cardiovascular issues. But the most likely



CRAIG F. WALKER/DENVER POST VIA GETTY IMAGES

Visitors explore the merchandise at La Conte's Clone Bar & Dispensary in Denver in 2014. Colorado officials say it's been a challenge to inform residents and visitors about the responsible way to use recreational marijuana. According to a Colorado Tourism Office survey, 8 percent of visitors to the state during the first half of 2015 visited a marijuana dispensary.

cause, he said, was edible marijuana, and tourists' lack of understanding about dosing themselves.

Smoking marijuana or inhaling its THC as vapor (known as vaping) results in a fairly immediate impact; the effects of edible marijuana can take two to four hours to peak, Kim said. Combined with perhaps feeling a bit more footloose on vacation, tourists have become more likely than locals to find themselves in distress.

"It's not like emergency rooms are being overwhelmed by visits from out-of-state tourists," Kim said. "But the trend is significant."

According to a Colorado Tourism Office survey, 8 percent of visitors to the state during the first half of 2015 visited a marijuana dispensary. Nearly 7 percent of respondents said that the legalization of mar-

ijuana was a primary motivation for their trip, up 2 percent from the previous year.

With 426 retail cannabis outlets across the state as of Feb. 1, according to the Colorado Department of Revenue, educating visitors has been a challenge on a number of levels, said Mike Van Dyke, who monitors the health impacts of legalized marijuana for the Colorado Department of Public Health and Environment.

Despite the legalization, prohibitions abound, including smoking in public and smoking in most hotels and public indoor spaces. Visitors have been careless about disposing leftover weed at the end of a trip and often don't know they're not allowed to legally transport the marijuana out of state, Van Dyke said.

But the biggest difficulty has been educating tourists about marijuana edibles.

With public smoking prohibited and only retail shops selling marijuana — there is nothing like Amsterdam's legendary cafes for tourists to frequent in Colorado, which has a handful of private pot-smoking clubs — visitors are often left to indulge in marijuana edibles for a high. But most people have no idea how to properly dose themselves and fail to realize the unique potency of Colorado marijuana until it's too late.

Marijuana advocates have adopted a slogan of "Start low and go slow" with regard to edibles, and shared the sentiment on Denver billboards with the advice, "Don't let a candy bar ruin your vacation."

Van Dyke, who contributed to Kim's research, runs a marijuana education project called Good to Know (www.goodtoknowcolorado.com), but he suspects it's been more effective with

Colorado residents than tourists.

"Visitors are here for a short time, and it's hard to get to those people," Van Dyke said.

The key to educating pot tourists, he added, is the conversation that happens between salespeople (known as "budtenders") and consumers. He noted that it's difficult to ensure that those conversations are being had.

"We've been talking about how to figure that out for awhile, and we can't find an accurate way to do it," he said. "All the retailers I've been to — which is not a huge number — are doing a good job telling people how to appropriately use these products."

However, Van Dyke said the study points to an issue that both the marijuana industry and government need to resolve.

"There really needs to be

a joint effort between public health and the industry to figure these things out," he said. (Pun not intended, he added.)

"There's a perception that marijuana is completely harmless, but there are plenty of health effects that go along with marijuana use," he said. "Trying to get the message across that this isn't a completely harmless drug is a challenge."

As with most things, being a responsible pot tourist is incumbent on the individual traveler. Educate yourself on Colorado marijuana law. Know that eating professionally cultivated marijuana is more of a long game than a sudden high. And because marijuana can't be smoked in hotels, consider renting accommodations via Airbnb or VRBO, where there are fewer restrictions.

"One of the things I'd like to get across to tourists is safe disposal of the remaining product," Van Dyke said. "We see people leave their marijuana behind in their hotel room. Imagine leaving a chocolate on the counter of where you were just staying. There's a potential for someone to come across it and not know that it's not just an ordinary chocolate."

Michael Elliott, executive director of the Marijuana Industry Group, a trade association of licensed marijuana businesses, said tourists need to read the labeling carefully on weed products, particularly edibles, which have strict requirements.

"Educating tourists, particularly about edibles, is probably the biggest challenge," Elliott said. "We don't want people taking two, three, four, five times as much as they should and to have an incredibly unpleasant experience, like if you've had too much alcohol."

"Though unlike alcohol, no one has ever overdosed and died from marijuana."

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Lee fortunate to have recognition in life and death



PAUL SASSONE

News is more than the latest Donald Trump rant.

The death of Harper Lee is of major importance to those with brains to think and hearts to feel.

How could it be otherwise? Her iconic novel, "To Kill a Mockingbird," has been read and loved by millions since its publication in 1960. The book won the Pulitzer Prize, was named the best novel of the 20th Century by the Library Journal, is taught in 74 percent of secondary

schools and was made into an Oscar-winning movie.

Lee was able to bask in her fame for more than 50 years. And when she died, newspapers were full of glowing tributes — three in one day in the New York Times alone.

Not all great writers are so fortunate. What about the writer of America's greatest novel, the writer of our greatest short story, the writer of our best novella?

They are all the same writer: Herman Melville. Here is his Sept. 29, 1891, New York Times obituary:

"Herman Melville died yesterday at his residence, 104 East Twenty-sixth Street, this city, of heart failure, aged 72. He was the author of 'Typee,' 'Omoo,' 'Moby Dick,' and other

sea-faring tales, written in earlier years. He leaves a wife and two daughters, Mrs. M.B. Thomas and Miss Melville."

That's it, including the misspelling of "Moby Dick."

A year before Melville's death, critic Edward W. Bok wrote this item for New York Publishers Weekly: "There are more people to-day ... who believe Herman Melville dead than there are those who know he is living ...

"Forty-four years ago, when his most famous tale, Typee, appeared, there was not a better known author than he, and he commanded his own prices. Publishers sought him, and editors considered themselves fortunate to secure his name as a literary star. And



CHIP SOMODEVILLA/GETTY IMAGES

"To Kill A Mockingbird" author Harper Lee is shown here in November 2007 at a ceremony to receive the Presidential Medal of Freedom.

to-day? Busy New York has no idea he is even alive, and one of the best-informed literary men in this country laughed recently at my statement that Herman Melville was his neighbor by only two city blocks. "Nonsense," said he. "Why,

Melville is dead these many years!" Talk about literary fame? There's a sample of it!"

It is a great pity Melville didn't live to see his genius recognized. But most of us have learned that what one deserves often has nothing

to do with what one gets.

Fortunately, fame and honor coincided with the life of Harper Lee.

She deserved every bit of both.

Paul Sassone is a freelance columnist for Pioneer Press.

The dog question surfaces again



RANDY BLASER

The dog question has come up at our house.

No, not the, "Can we get a dog?" question. We went through that question about years 12 ago.

Today, the question isn't so much a question as it is a statement. I don't know when kids go from asking questions to making statements. But we seem to be at that point.

It goes something like

this:

"We should get another dog."

When that statement was made, no one jumped out of a chair and shouted, "Now wait a doggone minute! What are you talking about? We already have a dog."

Yes, we already have a dog. Which makes the query ludicrous. But nobody said so.

We all know that our loyal beloved Penny, the mutt we rescued from the shelter, is getting older.

We can see it in her grizzled muzzle that is going from the golden tan of her beautiful coat, a mixture of

German shepherd and golden retriever, to gray seemingly overnight. As excited as ever to go on her walk, she lags a bit behind at the end of the walk.

Her eyes seem a bit clouded.

Let's face it: she's getting old at age 12. And there is a rationale to getting another dog.

"We need to get a puppy so Penny can train it," is how the boys put it.

"Train it to be what?" I ask. "A dog?"

I look at the old faithful dog lying at our feet on a cold winter evening and think, "Well, there's no training in that."

We used to joke that Penny was just "doing her job" as she slept the day away, the remark a remnant of an old George Carlin comedy bit. But it was true.

She slept most of the day. Woke up only to greet everyone as they came home. Dutifully barked at the sound of footsteps coming up the front walk or the sound of the doorbell.

"Thank you, Pavlov," I would think every time the doorbell would ring and there would come the outburst of barking.

Can't the dog be taught not to bark at the bell? Burglars don't ring, do they? So the boys want a puppy

to train and to be Penny's eventual replacement, as if such a dog could actually exist.

My argument is the same as ever. "And who's going to walk the dog?" I ask. They are hesitant to answer, "We will," because history isn't on their side.

I asked the very same thing so many years ago and got the same answer.

But I can see there are cracks in the defense.

We watched the Westminster Kennel Club dog show a few weeks ago, just like we did years ago.

Everyone pitched in with shouts of "Oh, I like that one," or "That's a good dog."

And there are the critiques, too. "Beagles are diggers," and "We're not getting a poodle."

So it goes. I don't know when lightning will strike. But I fully expect to come home one day and see a puppy frolicking in the back yard, nipping and yipping at a stately older dog that lets it play.

And it sure didn't help that on last week's episode of "Downton Abbey," Lord Grantham got a new dog.

What do you say my fellow dog lovers?

Randy Blaser is a freelance columnist for Pioneer Press.

LETTER TO THE EDITOR

Vote 'no' on Niles trustee vacancies referendum

At the upcoming March 15 primary the voters in Niles will again be asked to vote on how vacancies on the Niles Board of Trustees are filled.

Ideally, all vacancies should be filled by an election. The mayor has publicly talked of mayhem and devastation happening in Niles in the aftermath of a vacancy. Based on this fear he is asking for the voters to reverse the vote in 2014 and give the power back to him.

Our current board has

offered no other solution as to how to uphold the vote of the electorate and make sure the government will function no matter what may occur except to eradicate the certified decision of the voters and return the responsibility of filling vacancies to the mayor.

The village started a practice of creating independent positions to work toward open and honest government. The position of the independent inspector general could be utilized to form a selection committee

of residents if and when a vacancy occurs. The inspector general would be charged with making sure there are no conflicts of interests.

On March 15, the voters in Niles need to vote "No" on the reversal of their vote on how vacancies should be filled. Then we must demand the board, including the mayor, find an independent way to guarantee unbiased appointments.

— Rosemary Palicki,
Former Niles Trustee

LETTER TO THE EDITOR

Some localisms from growing up

Dear Paul Sassone,
I enjoy reading your column every week and especially enjoyed your Jan. 7 column about colloquialisms. So, I thought you might like to see some of mine:

My mother always said she was going to a "Doing." I asked her, "What is a 'Doing?' and she answered

'a party!'" So after hearing it growing up, I adopted the saying also.

Also, my father had his own saying if something got broken. He would say, "Something is on the Bum!" or "on the fritz!" It still was broken. And if he needed something, he would ask me, "where is the 'Watcha-call-it' or the 'do-jigger'

or the 'Hoosetes?!'"

I don't know if any [of these] are spelled correctly — I'm only going by the sounds.

So Paul, being Italian, I will end with, "Forget about it!"

Thank you.

— Marianna Cartwright,
River Grove

LETTER TO THE EDITOR

Veteran compliments Lovell Health Care Center

Recently, I had an appointment at the Captain Lovell Health Care Center in North Chicago. The facility is staffed by civilian

and Navy personnel. I had to stop at five different departments and at each one, I had excellent care with competent, courteous

and friendly staff. On a score from 1 to 10, they get a 10+.

— Bill Kearns,
veteran, Skokie

LETTERS TO THE EDITOR

We want to hear from you! Send your letters to the editor to suburbanletters@tribpub.com. Letters should not exceed 250 words and should include your name, phone number and address (only your name and town will be published).

Social interaction important to toddlers



SARA CLARKSON
Dateline

I attended a talk about how technology impacts toddler's and young children's executive functioning development. The short answer is "not positively," which is probably not too much of a surprise.

What young children from infancy through the early school years need is lots of social interaction with people — not iPads or screens or talking toys. They need lots of hands-on experiences and opportunities to focus on one age-appropriate task at a time and to build on their experiences, to scaffold, so that they can grow.

This was the second talk I have been to in less than a month which concerned brain development and our children. The previous talk was about the adolescent brain, and this one, which the Union Church of Hinsdale's Grandparent's Group sponsored, focused on toddlers, their development and the impact of today's technology on them. It featured Georgia Bozeday, Ed.D. and director of educational services at the Rush NeuroBehavioral Center.

I am happy to report that neither speaker contradicted the other. They both talked about particular times of the brain's neuroplasticity, when it is particularly susceptible to new growth and experiences. Thanks to breakthroughs in brain imaging, neuroscientists know the periods of life when the brain is undergoing its most growth.

Bozeday specifically addressed Executive Functions: Essential Skills for the Young Child, and she attracted an audience which included pre-school teachers, grandparents and parents.

"There is no such thing as multitasking," Bozeday said.

This notion of doing

more than one thing at a time, often involving smart phones, computers and other electronic devices is a 21st century affliction, she said, which leads to "brown out" — the inability to remember what you are doing, the inability to focus on the task at hand.

"Do one thing at a time," she urged.

For our young children who are growing and learning all about the world around them, Bozeday stressed that experience trumps everything. All learning stems from experience — hands-on experience. Researchers used to think that executive functioning skills didn't develop until children were older, but imaging shows these skills develop from infancy. What are executive functioning skills? They include the ability to set and achieve goals, organize materials and time, self-regulate, solve problems, focus and maintain attention, and be flexible and adaptable.

Parents, grandparents and teachers are all brain changers for young children, Bozeday said, adding that modeling appropriate behavior and actions is a powerful form of teaching.

A certain amount of stress, or tension if you will, is important to the learning process. We need just enough stress to prompt the brain to search for new solutions but not so much that the thinking part of the brain shuts down and the fight or flight instincts take over.

Scaffolding — building

on skills already learned — is the way to make learning stick, she said. Letting children play is important.

"When you build a fort, you are learning all kinds of things," she said.

You have to find materials, make them stay which involves trial and error, you have to think ahead, you may need to work with others. It involves a huge amount of problem solving.

No matter what the electronic device promises in its packaging, there is no substitute for interaction and socialization. Having said that, grandparent and other relatives who communicate with the children using FaceTime or Skype is OK, because this is in real time and involves face-to-face interaction.

It's a shame that nursery rhymes are falling out of fashion, she said. Never mind the goofy thoughts — blackbirds baked in a pie? — and think instead of the rhythm and language the rhymes impart.

New research does show that traditional toys and books are more impactful than electronic toys. Bozeday also provided a hand out about reading aloud to children. This "ancient" method of teaching and engaging children of all ages is still vitally important. The suggestions including trying to predict what a story might be about based on its cover, setting a reading goal, creating a story time routine and finding age-appropriate books.

When finished with a book, review it, extend its themes and plots lines into playtime; explore similar stories and themes.

For more information, visit www.rnbc.org an interesting and useful website. Look for more parent education opportunities from the Union Church of Hinsdale.

Chicago Jewish Film Fest set to start

BY BRUCE INGRAM
Pioneer Press

The Jewish Community Center's third annual Chicago Jewish Film Festival grew by 50 percent last year, from 1,000 to 1,500 attendees and the JCC is confident the audience will double this time around.

JCC Chief Advancement Officer Addie Goodman doesn't find that sort of exponential growth surprising at all.

"Chicago has long been unusual in the sense that it did not have a Jewish Film Festival," said Goodman, whose duties include overseeing marketing and fundraising and programming areas including the cultural arts. "And for a Jewish metropolis such as ours, that's a real miss, a real absence in the cultural arena." (The city does have the Chicago Festival of Israeli Cinema, which focuses on presenting Israeli culture, www.israelifilmchi.org.)

This year's festival will present 18 films over 10 days beginning March 10 in city and suburban venues including the AMC River East 21, the AMC Northbrook Court 14, Landmark's Century in Chicago and Renaissance Place in Highland Park theaters and the Illinois Holocaust Museum in Skokie.

The fest has also added the McCormick Auditorium at Northwestern University in addition to a grassroots innovation — "parlor screenings" in private homes where people host films for friends and community.

The festival will also present two niche screenings this year. The John Barleycorn tavern in Chicago will present the German romantic comedy "Hanna's Journey" March 10 in an attempt to attract younger viewers. And several animated shorts



JCC CHICAGO JEWISH FILM FESTIVAL

Filmfest 3 "Mamele" starring Molly Picon, "The Queen of the Yiddish Musical," is among the films featured in the third annual JCC Chicago Jewish Film Festival.



KENNETH JOEL

"Surviving Skokie" with co-director Eli Adler, right, and his father Jack is among the films featured.

from the "Frog and Toad" series will be shown March 13 at the Bernard Weinger JCC in Northbrook as part of a Purim carnival for kids and families.

The fest is the centerpiece for the JCC's major fundraiser this year, with Peter Sagal of NPR's "Wait Wait... Don't Tell Me!" hosting the preview gala event March 6 at Bernard Weinger JCC in Northbrook. Tickets range from

\$125 for event admission to \$250 for VIP admission to \$1,800 for VIP table sponsorships.

"JCC Chicago has the mission of enriching lives and building community," Goodman said. "And the cultural arts are a primary way people connect with each other. Of course, it's also an opportunity to make the wonderful attributes of Jewish film available for the community at



BRIAN NGUYEN/CHICAGO TRIBUNE

Documentary "Breakfast at Ina's" looks at Chicago's Breakfast Queen Ina Pinkney.

large."

As it was last year, the theme for the 2016 Chicago Jewish Film Festival is emotion — and the ways people connect.

"Crying, laughing, loving, playing, remembering — films that make you feel and evoke reaction and response — that's what we're always looking for," Goodman explained. "Films that bring people together in a way that's

thought-provoking and discussion-worthy."

Some of the films featured in this year's lineup include:

"Surviving Skokie" — One of three local films in the fest (including the documentaries "Breakfast at Ina's" about longtime Chicago "Breakfast Queen" Ina Pinkney and "That Bites!" a documentary on food allergies by Wilmette eighth-grader Jack Yonov-

JCC Chicago Jewish Film Festival

When: March 10-20

Where: Chicago and suburban venues.

Tickets: Admission is \$12; \$10 for students and seniors.

Contact: 847-763-3507; www.jccfilmfest.org

er), "Surviving" is a documentary co-directed by Eli Adler, recalling the way his father Jack, a concentration camp survivor, coped when a neo-Nazi group announced plans to march through Skokie in the late 1970s.

"Mamele" — Digitally restored by the National Center for Jewish Film, this 1938 film stars Molly Picon, "The Queen of the Yiddish Musical," in a Cinderella story about a dutiful daughter who takes on the care of her family after her mother dies.

"Very Semi-Serious" — This documentary on cartoons in "The New Yorker" features a rare behind-the-scenes look at the magazine plus interviews with cartooning legends and hopefuls.

"Dough" — In this British dramedy, an old Jewish baker (Jonathan Pryce) with a failing business on his hands lucks into a possible reprieve after accepting a young Muslim apprentice—a refugee from Darfur.

"Projections of America" — This documentary assembles highlights from a series of 26 short films created by a team led by Oscar-winning screenwriter Robert Riskin ("It Happened One Night") during the darkest days of World War II—and intended to illustrate the American way of life to audiences around the world.

EVENT

Bauhaus-influenced design on display at Koehnline

BY BRUCE INGRAM
Pioneer Press

Chicago's Institute of Design typically receives most of the credit for continuing the influence of Germany's Bauhaus school of art and design in America, but there was once another educational institution that exerted a profound influence.

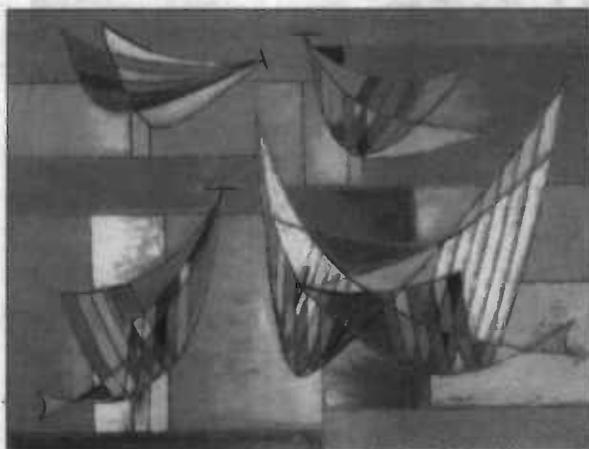
That institution was North Carolina's long-defunct Black Mountain College and the exhibit "Convergence/Divergence: Exploring Black Mountain College and Chicago's New Bauhaus/Institute of Design" presents Bauhaus-inspired work by former faculty members and students through March 25 at Oakton Community College's Koehnline Museum of Art.

"We're trying to show the roots of Bauhaus in America by examining the two most prominent schools that were descendants of the Bauhaus," said Michael Reid, a retired graphic artist who long made a study of the Institute of Design's effect on abstract painting in Chicago.

The Bauhaus was founded in 1919 by the architect Walter Gropius, with the goal of bringing together all forms of art "to serve the betterment of mankind," Reid said. "It was a social movement as well as an artistic movement." And one that eventually had a powerful influence on modern design, art and architecture.

It was not at all admired by the Nazis, however, who closed the school in 1933 after condemning the Bauhaus for "cultural bolshevism"—forcing its faculty and students to carry on their work around the world.

In America, Laszlo Moholy-Nagy founded the New



KOEHNLINE MUSEUM OF ART

An abstract painting by Richard Koppe is among the Bauhaus-influenced works on display through March 25 at the Koehnline Museum of Art.

'Convergence/Divergence'

When: Through March 25
Where: Koehnline Museum of Art at Oakton Community College, 1600 E. Golf Road, Des Plaines
Admission: Free
Contact: 847-635-2633; www.oakton.edu/museum

Bauhaus/Institute of Design in 1937 while Josef Albers became a leading light of the Black Mountain College art department in 1933—24 years before the school closed.

As a result of deep mutual dislike, Albers and Moholy-Nagy never taught at each other's schools. However, significant cross-pollination did occur, thanks to shared faculty and students who studied at both institutions.

The onetime River Forest resident, who was asked last year to curate the show by the now-closed Black Mountain College Museum, said he couldn't have been more delighted to find a Chicago museum that would agree to mount it on relatively short notice—given the prominence of the School of Design among the more than 90 pieces in the exhibit. The bulk of the exhibit is made up of work by faculty members and

students who attended both schools at one time or another. A smaller portion of the show features work by faculty or students associated with one school or the other, like Albers and Moholy-Nagy and three photographers from the Institute of Design: Harry Callahan, Arthur Siegel and Aaron Siskin. Their work is particularly important because, Reid says, after the death of Moholy-Nagy and under the guidance of Siegel, the Institute of Design became the most prominent photography program in American higher education.

Especially since its graduates went on to teach at or found photography programs at major universities in the 1960s and '70s.

"The significance of Bauhaus on 20th-century art and design is unparalleled, and it continues to exert that influence," said Reid.

THEATRE REVIEW

Marriott's 'Sister Act' all in the service of musical fun

Soulful comedy film reimagined for the stage

BY KERRY REID
Chicago Tribune

Sisters are doing it for themselves — with a glitzy assist from an on-the-run disco queen wannabe — in Lincolnshire.

And unless you've given up silly-but-soulful musicals for Lent, Marriott Theatre's production of "Sister Act" mostly hits the sweet spot in female empowerment set to an ersatz-'70s beat.

It helps that Don Stephenson's production stars Hollis Resnik, longtime local treasure and vet of the national tour, as Mother Superior. Resnik's deadpan dignity serves as a sturdy foil to Stephanie Umoh's flighty Deloris Van Cartier, the singer with more sass than sense who ends up in hiding at a convent when her married club-owning crime-boss boyfriend, Curtis (Byron Glenn Willis), finds out she's snitched to the cops about his murdering an associate.

Though based on the 1992 film comedy starring Whoopi Goldberg, the 2011 musical resets the action from Reno and San Francisco to Philadelphia in the late 1970s. This means that Alan Menken's score (with lyrics by Glenn Slater) is heavy on the light funk and Philly soul, while Cheri and Bill Steinkellner's serviceable book weaves in references to cheese steaks at the drop of a wimple.

I've always thought that there's an echo in "Sister Act" of Howard Hawks' 1941 screwball comedy "Ball of Fire," in which Barbara Stanwyck's gang-



LIZ LAUREN

"Sister Act" is playing at the Marriott Theatre in Lincolnshire through April 3.

'Sister Act' ★★★

When: Through April 3
Where: Marriott Theatre, 10 Marriott Drive, Lincolnshire
Tickets: \$50-\$55
Contact: 847-634-0200 or marriotttheatre.com

ster moll/singer takes refuge with a group of celibate scholars. Like Stanwyck's Sugar O'Shea, Deloris brings passion and hip attitude to her rescuers, while they teach her about community and help her find a much-needed dash of self-control.

Of course, unlike Sugar, Deloris doesn't find love in the convent — for romance, there's Eddie Souther, or "Sweaty Eddie," a former high school classmate and cop who has never gotten over his crush on Deloris.

The mutual salvation for Deloris and the nuns comes through song, of course. By teaching the nuns' choir to rock out, Deloris helps fill the pews and stop the diocese's sale of the church to a pair of antique-loving bachelors (wink, nod).

Umoh leavens Deloris' seemingly streetwise patter with hints of just how lost and naive she really is, which gives a

needed touch of emotional honesty to both her sparring with Resnik's Mother Superior and her heart-to-hearts with shy postulant Sister Mary Robert (Tiffany Tatreau).

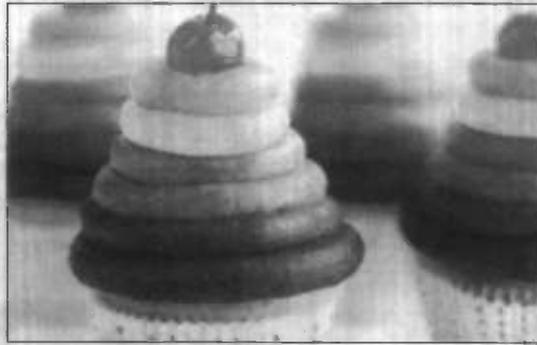
Stephenson's ensemble of singing nuns provides strong comic support throughout, especially Mary Robin Roth's vinegary Sister Mary Lazarus and Lillian Castillo's cockeyed optimist, Sister Mary Patrick. And Melissa Zarembo's choreography gets the habits flying and the booties shaking with comic invention.

If you're allergic to cute singing nuns, then you'll obviously wish to stay far away. Menken's score, while energetic and uplifting, isn't quite layered enough to overcome the more-obvious moments of personal revelation in the Steinkellners' book. Nor would Slater's gently sardonic lyrics give Tom Lehrer a run for his money.

Yet Umoh and Resnik in particular do a fine job in making us believe in the ridiculous premise of the relationship between Deloris and Mother Superior. "Sister Act" may not take you to musical heaven, but the cast has enough soul and smarts to provide a critical Mass of entertainment value.

Living

Thursday, March 3, 2016



Mommy on a Shoestring: A St. Pat's rainbow of fun for everyone

Page 3

Colorectal cancer, which is expected to claim the lives of nearly 50,000 people in the U.S. this year, is largely preventable.

BSIP



Colon cancer screening vital

Early detection of abnormalities can save lives Page 12

SUBURBAN COOKS

Comfort recipes reflect heritage

Aurora resident brings taste of Mexico to dishes

By Judy Buchenot | The Beacon-News

Comfort food is something simple, delicious and filling that your grandma or dad would make for you that brings back pleasant memories spent with people you love.

For some it may be mac and cheese, but for Aurora resident Abby Contreras, it is Mexican fried rice and refried beans.

"It is so simple once you see how to do it and it is really good. I think every Mexican family probably makes it a little differently but I make it like my mom made it," she said. She said her mother is a great cook who makes a variety of things in addition to Mexican dishes.

While many people have boiled rice, fewer may have tried frying rice. Contreras, 24, offers a few tips on how to fry rice. She starts by heating a layer of oil in a very large frying pan. Chopped onion and garlic are added along with cumin and adobo seasoning and cooked just until soft. Plain long grain white rice goes in next.

"The trick is to stir the rice so that it gets coated with oil. You need to use a large pan so that the rice isn't piled up on top of each other. You just keep stirring and checking the rice until it starts to pop or puff up."

At this point, other ingredients like crushed tomatoes, celery and carrots are added along with chicken stock. After bringing everything to a boil, the mixture is covered and simmered until the rice becomes fluffy.

Seasoning is important for the fried rice.

"Cumin is the most familiar. It is the flavor most people associate with taco meat," she said. "I also use adobo seasoning instead of salt." Adobo seasoning is a blend of dry seasonings, usually salt, garlic, Mexican oregano and tellicherry black pepper.

However, there are other varieties of adobo seasoning that include lemon, cumin, bitter orange, hot pepper or saffron.

"Sometimes when the rice is done cooking, you taste it and add a little more adobo seasoning if it is needed. I use adobo seasoning on chicken, steaks, soups. It really is a standard seasoning for many Mexican dishes."

A common variation of Mexican fried rice involves the addition of chicken thighs. They are added with the rice and cooked until tender. The amount of liquid may need to be increased when adding the chicken thighs to be sure they are submerged during the cooking time.

A side dish to the Mexican fried rice is refried beans.

"You can buy them all made in a can but if you make them yourself, they are so much better." Contreras said either pinto beans or black beans can be used.

"I like black beans because they are easier to mash," she said. The dried beans must be soaked overnight to make them soft.

There are two secrets to the flavor of refried beans, according to Contreras. One is to use "a well-seasoned cast iron pan." Her mother has a cast iron skillet that is well seasoned from many years of use. Her mom carefully wipes clean the cast iron pan instead of soaking it in soapy water to keep the nonstick surface.

The cast iron skillet provides an even heating surface



JUDY BUCHENOT/BEACON-NEWS

Abby Contreras peels an onion for Mexican Fried Rice.

Abby's Culinary Cue

To save time when chopping carrots and celery, first slice in half lengthwise. Lay the curved part of the celery on top of the curved part of the carrot. Slice lengthwise again and then start cutting crosswise.

and helps trap the seasonings in the beans. The second secret is using manteca, also known as lard, which is basically rendered pig fat.

"The manteca goes into the beans as you cook and stir and mash the beans," said Contreras. "It is what makes them creamy and smooth. Some people like their refried beans whipped very smooth. I like to have a few whole beans left in there."

Contreras said many people mistakenly think that all Mexican food is "hot," but she said this is really a choice, not a standard. She recommends visiting an authentic Mexican restaurant to try a few dishes.

"Try a traditional taco which doesn't have lettuce, tomato and cheese. It is more commonly served with onion and cilantro and meat with a little lime if you want. For something different, try lengua, which is beef tongue that is cooked very low for a long time and then chopped up to go on a taco or burrito. If you want spicy, the go for al Pastor, which is very spicy pork."

Judy Buchenot is a freelance writer.

Mexican Fried Rice

- vegetable oil
- 1 clove garlic, finely chopped
- 1 medium yellow or white onion, chopped fine
- 1 teaspoon cumin
- adobo seasoning to taste
- 3 cups long grain white rice
- 6 ounces tomato paste
- 28 ounce can crushed tomatoes
- $\frac{3}{4}$ cup diced carrots
- $\frac{1}{2}$ cup diced celery
- $\frac{1}{2}$ cup chicken stock
- 1-2 cups water

1. Coat a large frying pan with a thick layer of oil. Heat oil and add chopped garlic, chopped onion, cumin and $\frac{1}{4}$ teaspoon adobo seasoning. Cook until garlic and onion are softened but not browned.

2. Add rice and stir to coat with oil. Continue cooking and stirring until the rice begins to pop open. Add oil if needed.

3. Add tomato paste, tomatoes, carrots, celery and chicken stock. Add enough water to cover the rice. Bring to a boil and reduce heat and cover. Simmer until liquid is absorbed and rice is fluffy, about 30 to 40 minutes. Stir occasionally while cooking, adding additional liquid if needed.

Refried Beans

- 1 pound dried pinto or black beans
- water
- salt to taste
- 3 tablespoons manteca

1. Place beans in a bowl and cover beans completely with water. Soak for 10 to 14 hours. Drain and rinse the beans with room temperature water. Do not use hot or cold water.

2. Place beans in a Dutch oven and cover with water so that beans are about 1 inch under water. Bring to a boil over medium heat. Reduce heat to low.

3. Cover pot with lid that is ajar to leave a small opening. Simmer one hour. Check beans. If they are not tender, continue to cook. Cooking time can be longer depending on age, size and type of beans. Cooking can take up to three hours.

4. When beans are tender but still a little firm, add 2 to 3 teaspoons of salt. Do not add salt too early or beans will not get tender. Continue simmering until beans are very tender. At this point, beans can be cooled and stored with some of the cooking liquid in a container for later use. They will keep one week in the refrigerator or up to three months in the freezer.

5. When ready to use, thaw beans if frozen. To finish refried beans, melt manteca into a cast iron skillet. Add beans with some cooking liquid. Start cooking beans, gently stirring and mashing them until they reach a texture similar to smooth guacamole. If mixture is too thick, add more cooking water. If it is not creamy, add a little more manteca.

A St. Pat's rainbow of fun for everyone



BETH ENGELMAN
Mommy on a Shoestring

Celebrate St Patrick's Day with a tip of the hat to leprechaun magic and a rainbow of treats.

Leprechaun Trap

According to legend, if you catch a leprechaun he is obligated to give you his pot of gold. But the little men are cunning, and your kids will have to start creative juices flowing as they work out and construct the perfect trap. So find a space where they can get messy, put out a wide assortment of materials (everything from colored paper and crayons to recycled cereal boxes, glue and popsicle sticks). Then, ask your kids to come up with some ideas of how they'll catch a leprechaun. Or take a tip from 4-year old Bryson Leahy and simply ask "Siri." Has leprechaun trapping moved into the 21st century? Let the kids find out.



CHERYL LEAHY
Bryson Leahy, 4, places a path of Lucky Charms leading up to his leprechaun trap.



HEATHER BAIRD/SPRINKLEBAKES.COM
Rainbow Cupcakes are easier to make than one might think.



BETH ENGELMAN/PIONEER PRESS
Jackson Engelman, of Glenview, enjoys a Rainbow Ring Pop.

Rainbow in a Jar

Leprechauns love to chase rainbows, which is why this colorful craft works so well. It makes a simple, elegant St Patrick's Day gift for grandparents, neighbors, teachers and friends. It can also be a special surprise for your kids courtesy of their favorite leprechaun.

You need:

- Mason jar and lid
- Ribbon
- Skittles
- Rolos (individually wrapped)

Directions:

Place a handful of Rolos at the bottom of the jar, then layer purple, green, yellow, orange and red skittles until the jar is full. Add lid and a festive ribbon. You can also download and print a "lucky" card that fits with the theme. To get your free printable tag visit this link: bit.ly/1mVBaR6 or create your own card. Thank you to the folks at UncommonDesignsOnline.com for sharing this colorful idea.



BETH ENGELMAN/PIONEER PRESS
Rainbow in a Jar makes a simple, elegant St Patrick's Day gift.

Rainbow Ring Pop

Although finding a real pot of gold is unlikely, your kids will still be delighted by these beautiful and delicious gems. Thank you to Gina at Willowday.com for sharing this brilliant idea and recipe all the way

from Sweden!

You need:

- 3/4 C each: raspberries, mango, kiwi, blueberries
- 4 C apple juice
- 12 small paper cups
- 12 pipe cleaners
- 12 small cupcake liners

Directions:

These ring pops are fairly easy to make but they do require a number of steps. First create four different layers. For the red layer: puree raspberries with 1 cup of apple juice. Repeat with each batch of fruit. (Add more fruit or a few drops of food color for more intense hues).

Next, create 12 ring bases with the pipe cleaners. First, fold each pipe cleaner in half, then twist around your finger to make a ring shape. Twist pipe cleaner at base of ring and continue to twist all the way down the stem. (Make fairly long stems to support the ring pop). Trim stem if necessary.

Place 12 paper cups on a freezer tray or cookie sheet. Fill the bottom of the cups with blue puree. Freeze several hours until frozen. Then pour green puree on top of the frozen, blue layer and freeze that.

Add the yellow layer next, but, before replacing in the freezer, carefully poke the pipe cleaner ring base into the popsicles being careful that each base is straight and

upright; freeze. Top with red layer, and freeze until completely frozen.

Then remove from pops from freezer, peel away paper and thread cupcake liners through the ring base to prevent sticky fingers. Place rings on fingers and enjoy the magic.

Note: In a time crunch, you can substitute colored sparkling juice for one or more of the apple juice/puree mixtures.

Rainbow Cupcakes

These showstoppers are easier to make than you think. Thank you to Heather Baird/Sprinklebakes.com for sharing this recipe.

You need:

12 Plain vanilla cupcakes from favorite mix or recipe. Baird recommends a recipe incorporating Wilton green color mix-ins at <http://bit.ly/1ftXzH>.

- 2 C unsalted butter, softened
- 2 lbs. confectioners' sugar
- 2-4 T whole milk
- 1 tsp. clear vanilla extract

Violet, blue, green, yellow and orange gel food colors

12 Maraschino cherries with stems, drained and patted dry

Directions:

For buttercream frosting, mix together butter and confectioners' sugar with an electric mixer. Start on low speed until crumbly, increase to high and beat 3 minutes. Add milk gradually until light and fluffy. Add vanilla extract and beat several minutes. If the frosting is too stiff, add milk or heavy cream, 1 tablespoon at a time, until the mixture is spreading consistency.

Divide the frosting into 6 bowls and tint accordingly. The only color you'll need to create is indigo which you make by adding one part blue food coloring to one part violet. Since the purple frosting is at the base of the cupcake and the orange is the topper, you will need more purple and less orange. Baird recommends the following amounts:

- 2 1/3 cups violet
- 1 1/2 cups indigo
- 1 cup blue
- 2/3 cup green
- 1/2 cup yellow
- 1/3 cup orange

To frost cupcake, transfer violet icing to a piping bag fitted with a large plain tip (Baird recommends Wilton 2A). Or use a zip-top bag with a corner snipped. Pipe an even line of frosting around the edge of a cupcake and then lightly fill in the middle with frosting. Repeat with remaining frosting, making smaller circles as you change colors. Top each cupcake with a maraschino cherry.

Happy St. Patrick's Day!

8 tips for a happy, fun life with your dog

Enjoyable ways to be a responsible owner

Tribune News Service

Dogs bring us so much love and enjoyment that we owe them a lifetime of care and commitment to their health and well-being. Of course, this includes regular vet visits and quality food, but don't forget about being a friend to your dog. In honor of American Kennel Club Responsible Dog Ownership Days, here are some of the most fun ways that you can be a responsible dog owner:

Play! Dogs, of course, love to play. Set aside time each day for play sessions. In addition to the bonding time, play also provides an outlet for your dog's energy.

Plan activities with your dog. Include your dog in family activities. Take him to the park, on outings to the beach or to special activities such as the Dog Olympics or dog parades.

Switch out toys. Keep your dog entertained by rotating his toys. Put "old" toys out of sight for a month or two and then bring them out again. Your dog will enjoy them just as much as when they were new.

Socialize your dog. Expose your dog to different people and settings regularly. Take him to the park, to the pet store or on a walk through town.



Include your dog in family activities. Take him to the park, on outings to the beach, to the pet store or on a walk through town.

Go to class. Obedience classes can be a great experience for you and your dog. You may even discover that your dog has a talent for learning and be able to compete in obedience, agility or tracking events.

Give your dog a job. Keep your dog active and alert by giving him tasks to do. Ask him to sit before getting a treat or lay down before

going outside.

Praise your dog. Your dog wants to please you. Praise him lavishly for obeying commands and behaving well. Using positive re-

inforcement will help your dog enjoy learning.

Find the "spot." Scratch your dog's belly often. If you find the "spot," so much the better.

PET OF THE WEEK



Sammy

I came from a rural animal control facility whose officer and volunteers always network very hard to find no-kill rescues where we can go. I am very playful; I love toys, definitely tennis balls. I sit and if you take a treat, I often lay down for it. I am a sweet and may even appear a bit timid at first but then the next thing you know I am all happy and if you scratch me, I will even dance.

For additional information, go to www.saveapetil.org.

chicagotribune.com/pets

Visit us daily for the latest pet and animal news from the suburbs, city and beyond, plus:

- Our adoptable animals blog featuring photos and descriptions of Chicagoland pets in need of homes.
- Our suburban and city pet events calendar
- Photo galleries, videos, more



Volkswagen finally responds to biodiesel issue

You may recall three weeks ago Sarah, a Volkswagen diesel owner, wrote to Help Squad because she had unknowingly been sold (by Autobarn City Volkswagen) a 2012 VW Jetta TDI that's incompatible with Illinois biodiesel fuel. When that column went to press, Sarah was still waiting for a response from VW. Now, three weeks later, VW has spoken.

VW's final decision on Sarah's issue, per Mark Gillies, VW's manager of product and technology, was this: "We will cover any costs that have been incurred under warranty (including Sarah's December 2014 \$500 fuel system repair)."

He wanted me to know, however: "I've checked with Customer Care; we haven't heard of a flood of complaints about the use of B20 with TDI vehicles. In fact, it's one of those things I haven't really heard any issues about." However, he added, "We should have supported (Sarah's fuel system repairs) under the warranty at the time because it's a fuel-related issue." He went on to say, "If it's still within warranty and (Sarah has) another issue that's fuel-related, we would take care of it. And if it's

just out of warranty, I think we would also look into that."

Gillies additionally spoke to the question of whether Autobarn should have disclosed the TDI biofuel situation to Sarah prior to her purchase: "To be fair to the dealership in this instance, they would have known that the warranty covered B20 in Illinois, so the idea that they were selling a car that didn't perform with the fuel that was available isn't quite the case." Except for the fact that Autobarn didn't cover Sarah's repairs under warranty and instead labeled the cause "bad fuel," which then started Sarah down the TDI biodiesel path of discovery ...

Beyond refunding Sarah the cost of her 2014 fuel-related repair, Gillies also offered to have a VW quality technical manager evaluate her car to determine if the fuel system might require another overhaul. Sarah took him up on this offer.

Ironically, while I was speaking with



CATHY CUNNINGHAM
Help Squad

Gillies, Sarah received a call from Autobarn City's general manager, Dan Drescher. Said Sarah: "He initiated contact based on an email he received from Customer Care. He wanted to know what was happening with the car and what he could do. I told him I used an

additive, Sea Foam Motor Treatment, and I got an oil change at Jennings (Volkswagen in Glenview) last weekend and things have improved." Sarah asked Drescher several questions; most of which he indicated he would have to research and get back to her.

I concluded by emailing three follow-up questions to Gillies, below.

Q: How does VW communicate the additional maintenance required for 2009-2013 VW TDIs burning a greater than B5 biodiesel blend?

A: "The owner's manual is very comprehensive and addresses these issues."

Q: When Illinois' biofuel content changed, what recommendations were made to dealers for managing and selling

existing TDI inventory?

A: "We honor the warranty, so TDI sales and inventory were managed in the normal manner."

Q: What additives does VW recommend for TDI owners to lessen the impact of high levels of biofuel in Illinois ULSD?

A: "We don't. Our advice would be to use the highest quality ultra low sulfur diesel fuel you can find." Sarah responded, "ALL diesel sold in Illinois is ultra low sulfur diesel. The important piece of information is the level of biodiesel, which is not posted."

To Sarah's request that Volkswagen buy back her Jetta TDI, Gillies' unequivocal response was no. "In our opinion there is no fundamental issue with the car."

Said Sarah: "I owe Volkswagen roughly \$13,000 for a car with no market value, for which I have to call gas stations ahead of time to find out if I can purchase fuel."

Send your questions to HelpSquad@pioneerlocal.com.

Cathy Cunningham is a freelance columnist for Pioneer Press.

Need a Car Now?

Bad Credit? No Credit? No Problem.



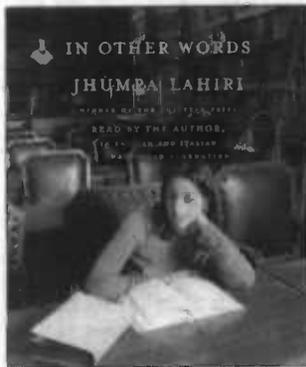
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ROUNDUP | AUDIOBOOKS

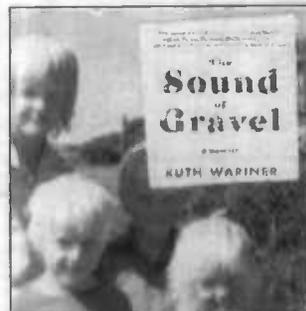


In Other Words

By Jhumpa Lahiri, translated by Ann Goldstein, narrated by Jhumpa Lahiri, 6:53, Random House Audio

The best narration is a kind of performance, an interpretation. It adds to the reader's experience, providing other layers to plumb. The narration of memoirs and other nonfiction requires a subtlety far greater than fiction, and even professional narrators fall short. In fact, uninspired reading is a non-fiction commonplace. So when an author with no training in narration takes on the most difficult type of book, the result is often flat and uninteresting. At worst, the reading not only fails to add, it subtracts. And, sadly, that is the case as Jhumpa Lahiri, the author of moving and beautiful stories, narrates, "In Other Words," her memoir about adopting Italian as her new language. So determined is Lahiri to separate herself from the language she's always written in, she writes the memoir in Italian and engages Ann Goldstein, whose

translations include the works of Elena Ferrante, to turn her prose into English. While one can admire the Italian immersion, and there is a stubborn courage to Lahiri's undertaking, this effort seems ultimately too personal, too singular. She wrestles with Italian's complexities and her motivation for pursuing it, but the struggle feels distant. The two short stories within the memoir are transparent, too related to this personal quest to transcend it. The enterprise feels turned in upon itself, not really meant for us. "I have an ambivalent relationship with this book," she writes in the afterword. And perhaps that lies behind her narration. Uncertain of her content, her voice unintentionally withdraws approval.



The Sound of Gravel

By Ruth Wariner, narrated by Ruth Wariner, 9:04, Macmillan Audio

It has to be difficult for an author to let someone else tell her story. It's so personal; who else can she trust with it? Given what Ruth Wariner, the author of "The Sound of Gravel," has gone through, handing this book to anyone else surely felt impossible. But the result is an undistinguished reading that fails to live up to the story's possibilities. That said, Wariner's childhood is so full of hardship and even horrors, she could have sung it to the tune of the alphabet song and few would have turned it off. Wariner is the 39th child of the prophet whose father founded Colonia LeBaron, a polygamous community in Mexico. Her childhood in this fundamentalist Mormon cult was one of naked poverty, in which adults sang "Count Your Blessings" in the face of their children's

want. Here, stupidity and evil masquerade behind the guise of religion, and the notion of forgiveness becomes an instrument of bondage. Wariner's story confirms every bad thing ever imagined about these groups in which young girls are force to marry old men. It makes "Big Love" seem like "Little House on the Prairie." And sometimes, it just feels like voyeurism. In the end, after Wariner and the siblings who escaped the colony are adults — Wariner is a high school Spanish teacher — we learn one of the brothers had married a second wife. With that unexamined tidbit, it all feels a bit hopeless.

CHICAGOLAND BEST-SELLERS

1. "When Breath Becomes Air" by Paul Kalanithi (Random House, \$25).
2. "My Name Is Lucy Barton: A Novel" by Elizabeth Strout (Random House, \$26).
3. "A Man Called Ove: A Novel" by Fredrik Backman (Washington Square, \$16).
4. "The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing" by Marie Kondo (Ten Speed, \$16.99).
5. "My Brilliant Friend" by Elena Ferrante (Europa Editions, \$17).



Participating bookstores: Barbara's Bookstores (Chicago), The Book Cellar (Chicago), Seminary Co-op Bookstore and 57th Street Books (Chicago), Anderson's Bookshop (Naperville), The Book Stall at Chestnut Court (Winnetka), Women & Children First Bookstore (Chicago), The Book Table (Oak Park), The Bookstore (Glen Ellyn), The Book Bin (Northbrook), Lake Forest Book Store (Lake Forest).

NEW IN PAPERBACK



Infinite Jest: 20th Anniversary Edition
By David Foster Wallace, Back Bay, 1,088 pages, \$20

This edition of Wallace's acclaimed novel "Infinite Jest" marks the 20th anniversary of its publication in February 1996. Set between a youth tennis academy and an addiction rehab center, the comedic novel ponders questions of entertainment, human connection, addiction and recovery, and the Pursuit of Happiness.



On the Move: A Life

By Oliver Sacks, Vintage, 402 pages, \$16.95

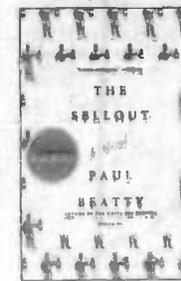
The British neurologist reflects on his life and the passions that have driven it, primarily the human brain and his love of motorcycles. Sacks details his relationship with his schizophrenic brother, the guilt he felt over leaving his family to move to the United States, his love affairs and the writers and scientists who most influenced his work.



Hell and Good Company

By Richard Rhodes, Simon & Schuster, 302 pages, \$16

Rhodes considers the Spanish Civil War and how it influenced conflict, war technology, medical treatment, and art and literature. Rhodes explores how the war served as a tactical precursor to World War II, how breakthroughs were made by doctors for front-line blood transfusions, and how the war inspired some of the best work of Pablo Picasso, Joan Miro, Ernest Hemingway and George Orwell.



The Sellout: A Novel

By Paul Beatty, Picador, 291 pages, \$16

Born in the rundown, "agrarian ghetto" of Dickens, Calif., the satirical narrator of "The Sellout" is the subject of racially charged psychological studies implemented by his father, a controversial "sociologist" who is at work on a non-existent memoir but is later killed in a police shootout. With this deceit and the removal of Dickens from California maps, the narrator attempts to right wrongs by reinstating slavery and segregating the local high school, leading him to a Supreme Court battle.



Billie Holiday: The Musician and the Myth

By John Szwed, Penguin, 230 pages, \$16

Szwed looks at the life and career of jazz great Billie Holiday, with a special focus on Holiday as an artist, and how her singing style influenced later generations and weathered shifts in popular music. Szwed uses new material that surfaced in the last decade to further detail Holiday's life.

— Jeremy Mikula



puzzle island

For interactive puzzles and games go to chicagotribune.com/games

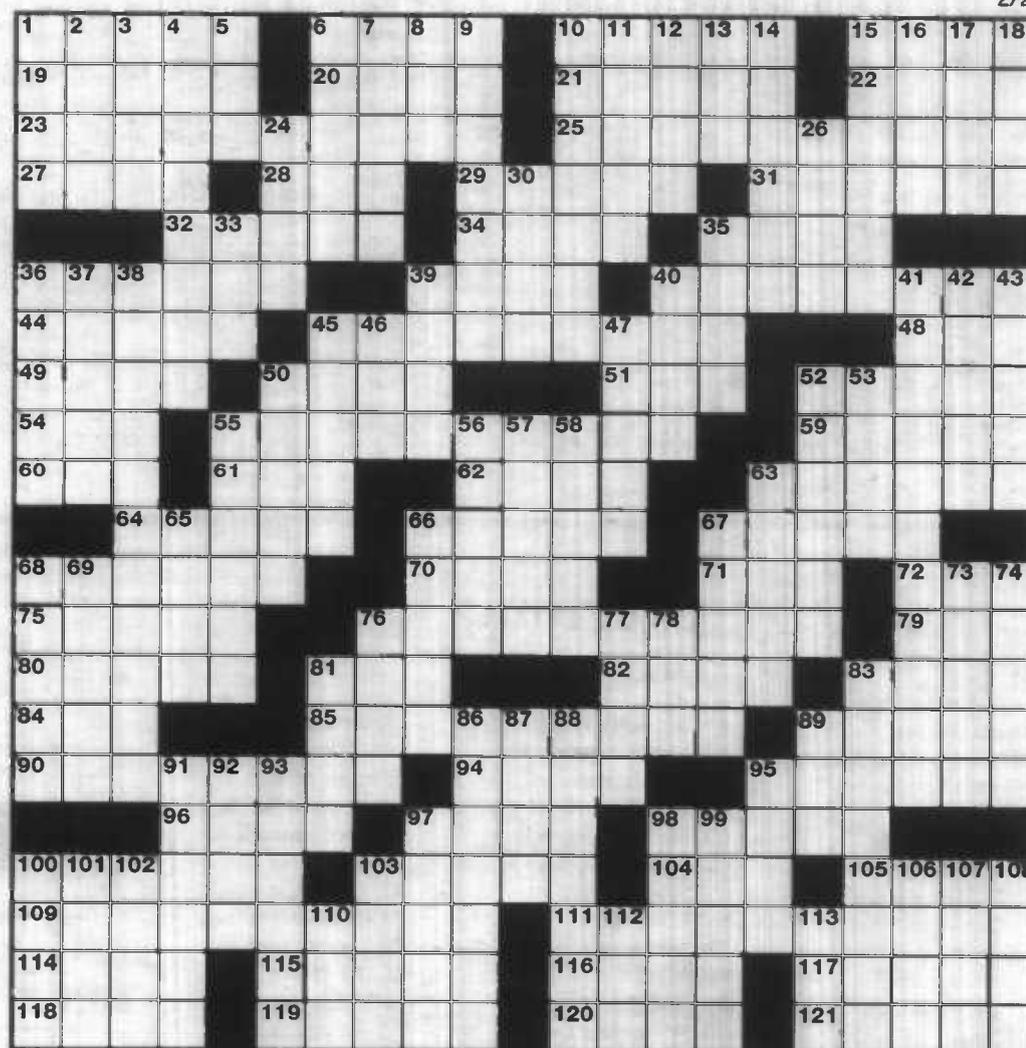
Here's Two You: Pairs that can precede a certain word

2/28

BY FRED PISCOP | EDITED BY STANLEY NEWMAN
(stanxwords.com)

Across

- 1 Sore spots
6 Squander, as cash
10 Ottoman Empire title
15 Actress Moore
19 Main thrust
20 Corn Belt state
21 In accordance with
22 Mary Kay rival
23 Major real-estate deal
25 Coffee time at the office
27 Biblical shepherd
28 Likewise not
29 Chamber group
31 Swoons
32 Be penitent
34 Refusals
35 Assemble, as a music CD
36 Nectar source for bees
39 Software's drop-down list
40 Old West-era message
44 Mythical abductee
45 Repairer's installation
48 Diminutive suffix
49 Says further
50 "—, Vikings" (NFL fight song)
51 Paris' Palais — Sports
52 "Pipe down!"
54 Phone bk. listings
55 3, 5 or 7
59 As a result
60 CNN sister channel
61 Foldaway furniture
62 In very short supply
63 Less trusting
64 Done dozing
66 Witches' assembly
67 Wood-joint component
- 68 With good judgment
70 Wilson of *Midnight in Paris*
71 Oil drilling equipment
72 Family MDs
75 Bewilder
76 Like a loafer's day
79 Successful legislation
80 Bath toys
81 Fade away
82 Can't do without
83 Sponge opening
84 Go astray
85 Host at the restaurant
89 Good judgment
90 Danger signal
94 Puts frosting on
95 Plan spending
96 T. Rex, e.g.
97 Admit openly
98 Work too hard
100 Caught sight of
103 Ideal places
104 Road rescue
105 Minor clash
109 Teacher's end-of-year wish
111 Fast marching pace, and an alternate puzzle title
114 Big bash
115 Knuckleheads
116 George I predecessor
117 Satisfies fully
118 Metallurgical specimens
119 Gladden
120 Talks on and on
121 Botanical specimen
- 2 Bed with bars
3 Massive
4 Isolated regions
5 NL Central team
6 Returning beast on a 2005 nickel
7 France's longest river
8 Hold title to
9 Old West driver
10 Prepare a printed page, old-style
11 Cookout residue
12 Catch a glimpse of
13 Yonder yawl
14 Crafty
15 Afraid of nothing
16 Level off
17 Water under the drawbridge
18 Cartoonist's supply — about (approximately)
26 Unembellished
30 Highway marker
33 Lacrosse team complement
35 Takes the odds
36 Utter repetitively
37 Strung along
38 Great American Songbook tune
39 Complex with anchor stores
40 Sloth's home
41 Needing cutting, as a sitcom script
42 Queen of Hearts irker
43 Utility reading
45 Ride on a board, perhaps
46 Certain seat seeker
47 Guys who write promos
50 Dull gray
52 Seat seeker's common promise
- 53 Prefix for nautical
55 Only inanimate zodiac symbol
56 Move like mountain lions
57 Get tangled
58 Rachel, in recent *Sherlock Holmes* films
63 Outlandish
65 Shoe strip
66 Cheese akin to Cheddar
67 More sincere
- 68 Musketeer's weapon
69 Be mad about
73 Analyze critically
74 Wine category
76 Share a border with
77 Roadhouses
78 Catch a glimpse of
81 River of Aragon
83 Column support
86 Widely varied
87 Enduring symbol
88 *Everybody Loves Raymond* employer
- 89 GMC Terrain, for one
91 Reebok's corporate owner
92 All baloney
93 Consumer application
95 Weep and wail
97 Highly skilled
98 Played badly
99 Places for earrings
100 French Toast waffle brand
- 101 Emulate eagles
102 Battery part in physics
103 Actress Watson
106 Slightly leavened flatbread
107 Solemn assent
108 Battery part in psychology
110 NL Central team
112 — case-by-case basis
113 Precognition, for short



Last week's answers appear on the last page of Puzzle Island

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Quote-Acrossic

- Define clues, writing in Words column over numbered dashes.
- Transfer letters to numbered squares in diagram.
- When pattern is completed, quotation can be read left to right. The first letters of the filled-in words reading down form an acrostic yielding the speaker's name and the topic of the quotation.

Clues Words

A. Gulleys

85 130 121 33

B. Mom, dad and child, say: 2 wds.

86 29 68 154 118 105 9

C. Loamy deposit: 2 wds.

39 146 20 138 128 53 4 58 87

D. Bonny and Clyde: 2 wds.

64 96 133 57 78 109 37 47 148 21 93

E. American mountain ash

73 41 19 51 2

F. Peculiar habit, e.g.

89 147 31 1 116 108 95 71 14

127 67 52

G. Say 'uncle': 2 wds.

159 99 136 32 84 46

H. Planned ahead: 3 wds.

122 158 6 34 106 11 141 17

I. Vigorous: 2 wds.

26 142 13 63 75 44 100 115 49

J. Sullen look

3 55 102 91 152 28

K. Globular vegetable

45 119 137 79 103

L. Study of birds' eggs

62 77 30 5 120 131

M. Greets with a hat

97 42 110 16 157

N. Those who 'get back'

48 76 15 59 134 27 114 156

O. Bahamas capital

43 54 22 117 72 139

P. Sneaky, malicious coward

70 107 129 25 82 153 60

Q. Cowboy neck scarf

23 123 69 50 140 83 92

R. More than clever

94 61 145 80 124 155

S. Reduced worth

36 111 151 143 56 65 104 90 132 18 74

T. Two floor apartment

7 24 113 40 160 112

U. Let me explain again: 3 wds.

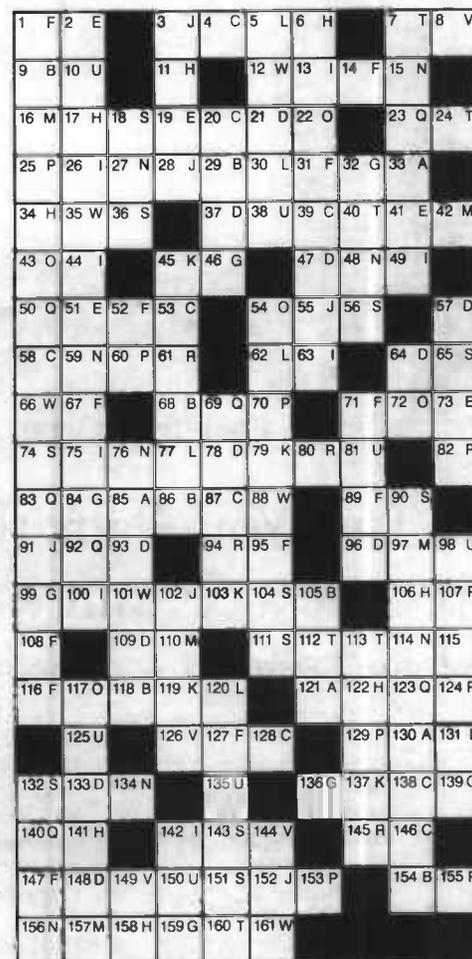
38 10 125 81 135 150 98

V. Two-masted sailboat

144 8 126 149

W. Playground attractions

88 12 101 35 66 161



Last week's answers appear on the last page of Puzzle Island

By Pat Bittermann.
Edited by Linda and Charles Preston.
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Greening

BY CHARLES PRESTON

Across

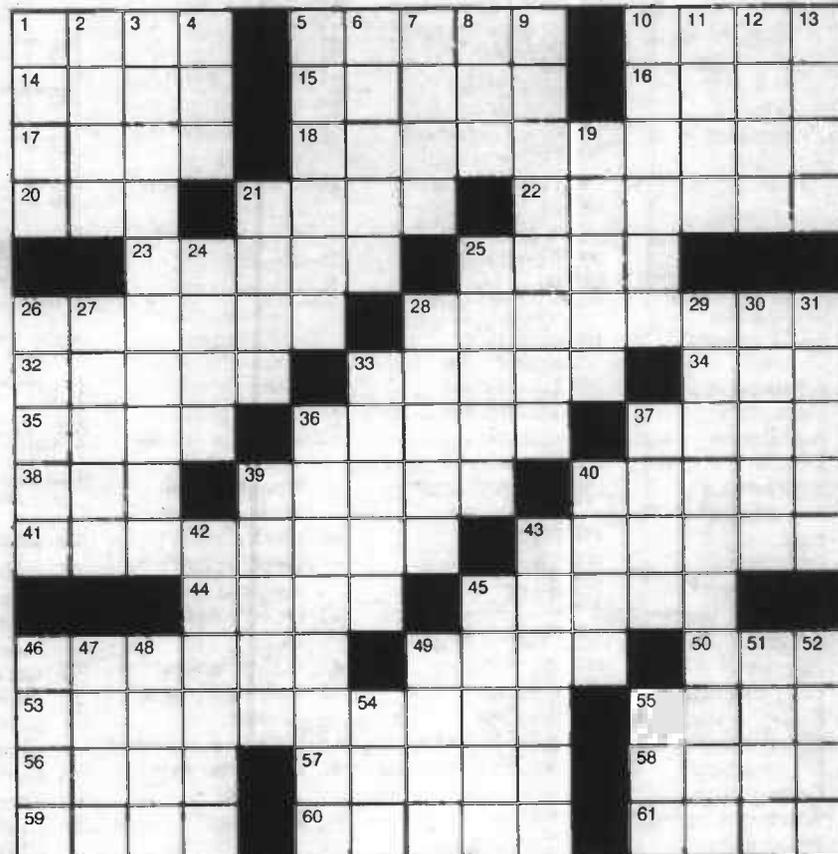
- Como or Maggiore
- Kind of geometry
- Crooked
- Neutral shade
- ___ at the office
- Not stereo
- Count calories
- Sweet plums
- Summer cooler
- Late newsman Huntley
- Mean
- Nasal openings
- Took to court
- Postponed
- Arlington, VA building
- Fit to be tied
- Holy city
- Baseball stat
- Puerto follower
- Discernment
- Wail
- River of Scotland
- Comic Jay's folks
- Bel ___: Italian cheese
- Dinner finales
- James, of Hollywood

- Scarlett's home
- Motown products
- Arm bones
- Nobelist Wiesel
- Hall or area ender
- Special-services soldier
- Scepter
- River duck
- Tarzan's transport
- MacLaine role
- Auld Lang ___
- Stage direction
- Fragrant river

Down

- Swan girl
- Etcher's need
- Singles and sawbucks
- Excuse
- Languished
- Fairy-tale heavies
- Freedman
- ___ Got a Secret
- Accuse
- Ms. Plummer
- Theater section
- Lulu

- Bouquet
- She played Camille
- Algonquian
- Member of the choir
- Denominations
- Worn out
- Greet the dawn
- Mexican money
- Grassy turf
- In need of 17 Across
- Forty-___
- Devilfish
- Like Ivan
- N.Z. plant
- Hear of
- Cracker spread
- Addison's partner
- Segovia's instrument
- Coeur d'___, ID
- Alts.
- 1934 Nobelist
- Denote
- Latin I verb
- Pinnacle
- Part of a century
- Strauss' ___ *Heldenleben*
- O sole ___



Last week's answers appear on the last page of Puzzle Island

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Putting in Overtime

BY JEFFREY WECHSLER

EDITED BY RICH NORRIS AND JOYCE NICHOLS LEWIS

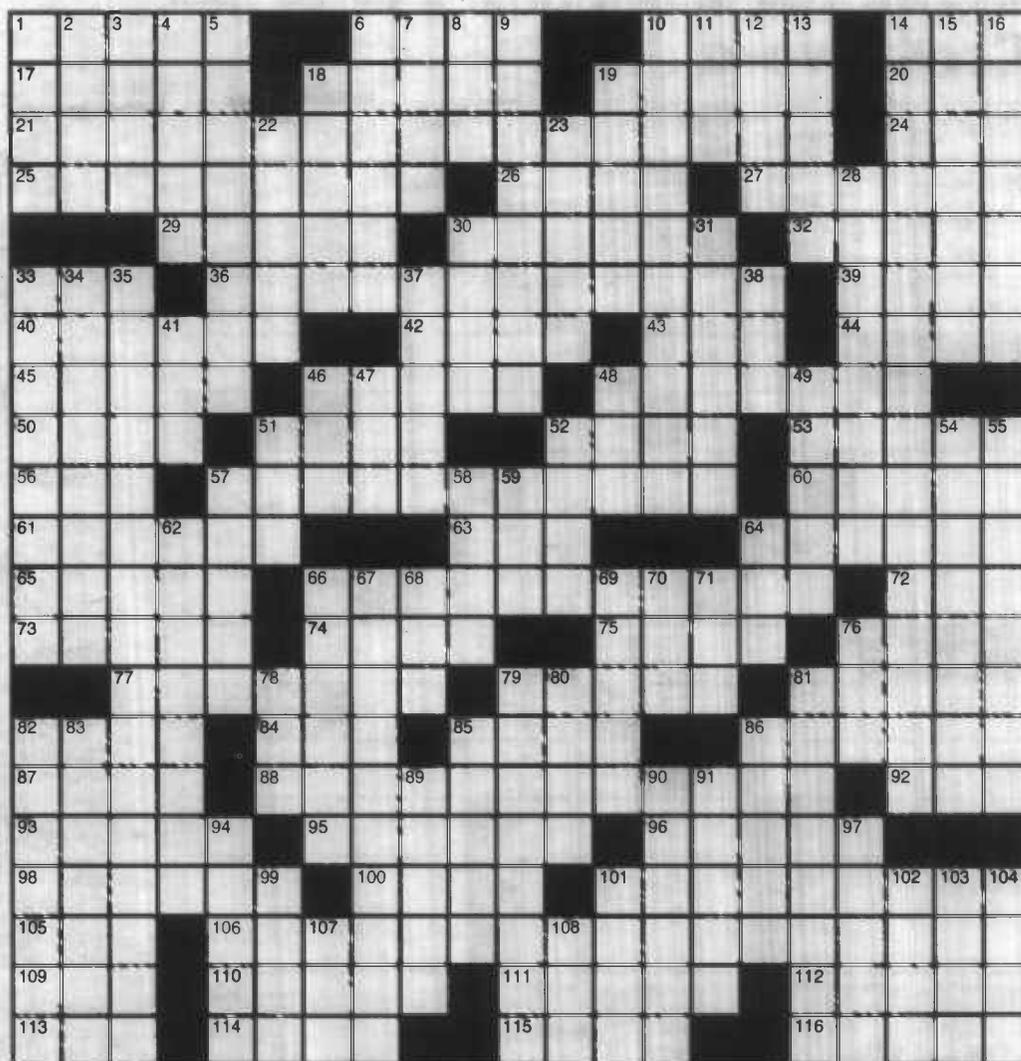
Across

- 1 — Picchu
6 Library fixture
10 Early name in late TV
14 Bit
17 They help define a lot
18 "Eraserhead" star Jack
19 — à manger: dining room
20 Pink, for example
21 Cold weather moisturizer?
24 "More of the same" letters
25 Boards
26 Trig function
27 Real Madrid's game
29 Bar offerings
30 Campus challenges
32 Judd of country music
33 Freed (of)
36 Moor's money pool?
39 Zen paradox
40 Features of some traffic signals
42 Charged atoms
43 Hi-__ image
44 Mini- analog
45 Sheltered spots
46 Lionel Hampton's instrument
48 Fulfill the requirements
50 Econ. statistics
51 Target of icing
52 Target of icing
53 Linguistic source of "pajamas"
56 Ability scorned by many
57 Best Western fishing amenities?
60 Unhidden
61 Affixed, in a way
63 Voyage segment
64 Top spots
65 Not as expected
66 Business where lines are discouraged?
72 Defunct carrier
73 Seller of chew toys
74 From scratch
75 Secretary of Education Duncan
76 Shaft access
77 Flattering
79 Meir's successor
81 Go on and on, with "on"
82 Maker of Veriton computers
84 "How could I not see that?!"
85 Assistant to millions

- 86 Some factory workers
87 Noodle variety
88 Child-friendly?
92 Poppycock
93 Steaming
95 European travel guide author Rick __
96 Geek Squad pros
98 First named Atlantic storm in 10 different years to date
100 Johann: "Sehr gut" :: Jacques: "__ bien"
101 Compel to accept, as ideas
105 Up to, on invites
106 Queen's body double?
109 Words with a certain ring
110 Dish name from the Tamil for "sauce"
111 Stymies
112 Danny __, Shel Silverstein's "dancin' bear"
113 Crookshanks, in Harry Potter fiction
114 Moves it
115 Animal rights issue
116 Utterly enchant

Down

- 1 Pilates class array
2 Zwei quadrupled
3 First Nations tribe
4 Makes it easier
5 Hope venues for 50 yrs.
6 Ancient Chinese sage
7 Latin dating word
8 It merged with WorldCom in 1998
9 Retirement plans
10 Classic delivery vehicle
11 Space bar neighbor
12 Beth preceder
13 TV Land fare
14 Pirate treasure at your neighbor's house
15 Defunct self-serve eatery
16 Just say no
18 Like Pluto, once
19 Exodus high point
22 Attention-getters on the road
23 Attention-getters at a bar
28 Relax
30 Antarctic sight
31 Outback fare
33 Kitchen remodeling selection
34 '60s-'70s TV detective
35 Did away with voting?
37 Fact-checking can help avoid it
38 Haute couture initials
41 Gives a thumbs-up
46 Brewery container
47 Harry's successor
48 Status __
49 Wishful words
51 Flimflam
52 Possum pal of Porky Pine
54 Gradually made a member of
55 "Just checking the alarm, folks"
57 Nincompoop
58 Squander
59 "Toy Story" dinosaur
62 Work on a tree, maybe
64 Blackjack need
66 Gulf Coast environs
67 Nearly flawless diamond highlights
68 Red Sox legend Williams
69 One-named Milanese model
70 Calendar abbr.
71 Holiday __
76 Wall St. hedger
78 Script fixers, for short
79 Gets out of Dodge
80 Applied __
81 Get it finished
82 Like some lions
83 Contest with picadors
85 Cut
86 "CBS Sunday Morning" correspondent Mo
89 Absorbent cloth
90 Micronesia components
91 Periods in sentences
94 Father of Methuselah
97 Blue shoe material of song
99 Needle holder
101 Pretty, maidenwise
102 Antismoking TV spots, e.g.
103 Alberto's alternative, with "el"
104 Omsk objection
107 Charlemagne's realm: Abbr.
108 "As __ Like It"



Last week's answers appear on the next page

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Jumble

Unscramble the six Jumbles, one letter per square, to form six words. Then arrange the circled letters to form the surprise answer, as suggested by this cartoon.

PIRGNS
DENRGE
MURSEE
SVIHAN
TORATH
CIPTAM

Check out the new, free JUST JUMBLE app

PRINT YOUR ANSWER IN THE CIRCLES BELOW



This week's answers appear on the next page

By David L. Hoyt and Jeff Knurek. © 2016 Tribune Content Agency, LLC. All rights reserved.

Sudoku

2/28

Complete the grid so each row, column and 3-by-3 box in bold borders contains every digit 1 to 9.

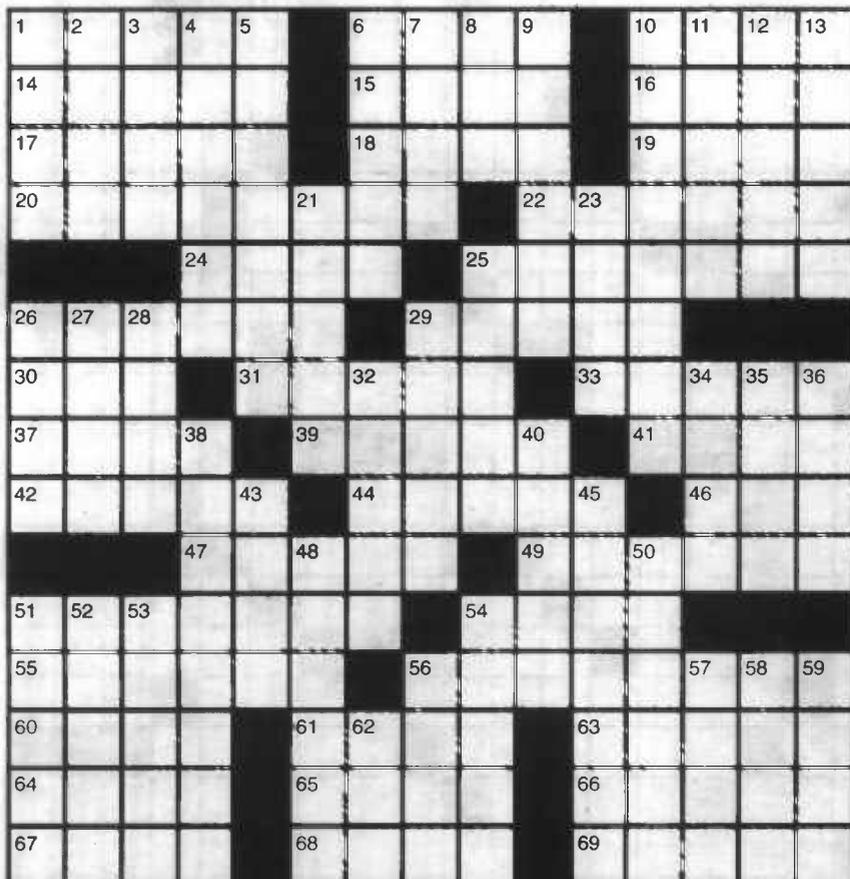
Level: **1 2 3 4**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 1 | 2 | 7 | | 9 | | |
| | | 9 | | | | | | 5 |
| 6 | | | 8 | 4 | | | | |
| | 1 | | 2 | 3 | | | | |
| 5 | | | | | | | | 1 |
| | | | | 8 | | | 3 | |
| | | | 2 | 9 | | | | |
| 8 | | | | | | | 6 | |
| 4 | | 3 | 6 | | 1 | | | |

Last week's answers appear on the next page

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Crossword



By Jacqueline E. Mathews. © 2016 Tribune Content Agency, LLC. All rights reserved.

3/2/16

ACROSS

- 1 Piece of dining room furniture
6 Blood analysis sites, for short
10 Breaks a fast
14 Swarm of people
15 Ladd or Thicke
16 ___ for; yearn
17 Playful act
18 Casino game
19 Father children
20 ___ to improve; makes up one's mind to do better
22 Stated one's views
24 Yesterday; abbr.
25 Freeloaders
26 Cool dessert
29 Supermarket walkway
30 Toronto's prov.
31 Jagged
33 Acting award
37 Rose and Gypsy
39 Burn slightly
41 Mediocre
42 School composition
44 City in England
46 Fraternity letter
47 High-powered surgical beam

DOWN

- 49 Satisfactory
51 Actor Kevin ___
54 Heap
55 Dissimilar to
56 Happy
60 Claim against property
61 Tearful request
63 Discontinue
64 Vatican leader
65 Very long times
66 Stolen
67 Colony members
68 Palm tree fruit
69 Toboggans

Solutions



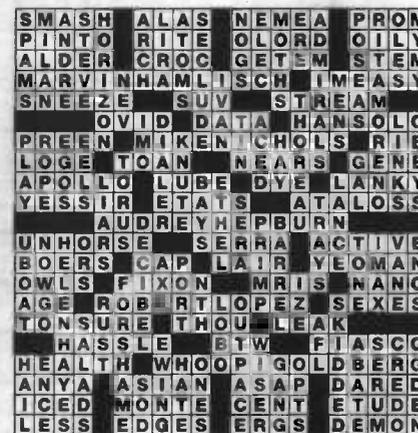
- 23 Explorer Marco
25 Prolonged attack
26 Internal spy
27 Change for \$5
28 Univ. of Utah athletes
29 Actor Ed ___
32 Fuel carrier
34 ___ d'Azur; Riviera region
35 Wise ___ owl
36 Drive out
38 Soda crackers
40 Actor Albert
43 Pull hard
45 Chooses
48 Leaked out
50 Kix or Trix
51 Mea ___; words admitting guilt
52 French ___ soup
53 Snoozed
54 ___ out; get rid of gradually
56 Small coin
57 Phony
58 Secondhand
59 Part of the eye
62 Mauna ___



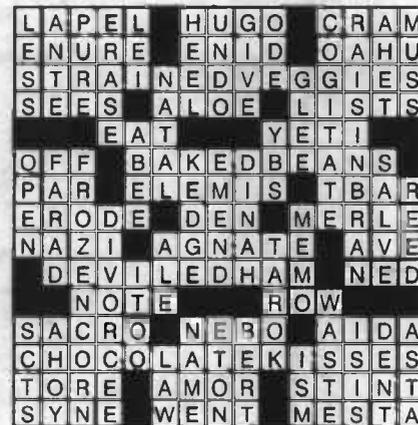
puzzle island solutions

Last week's crosswords

"Grand-Slammers"



"Culinary Contributors"



"Wait, What?"



ATTENTION, READERS:

The Quote-Across puzzle for Sunday, February 21, contained an error. Clue Q should have called for a one-word answer instead of two words. We apologize for the error.

Last week's Quote-Across

BILL GATES: PHILANTHROPY: I really thought that it would be a little confusing during the same period of your life to be in a meeting where you're trying to make money and then go to another meeting where you're a philanthropist.

Last week's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 3 | 2 | 5 | 9 | 8 | 1 | 6 | 4 |
| 4 | 6 | 1 | 2 | 7 | 3 | 5 | 8 | 9 |
| 9 | 8 | 5 | 1 | 4 | 6 | 3 | 7 | 2 |
| 5 | 1 | 3 | 4 | 8 | 9 | 6 | 2 | 7 |
| 6 | 9 | 8 | 7 | 1 | 2 | 4 | 5 | 3 |
| 2 | 7 | 4 | 6 | 3 | 5 | 9 | 1 | 8 |
| 1 | 2 | 7 | 9 | 5 | 4 | 8 | 3 | 6 |
| 8 | 4 | 6 | 3 | 2 | 1 | 7 | 9 | 5 |
| 3 | 5 | 9 | 8 | 6 | 7 | 2 | 4 | 1 |

This week's Jumble

SPRING RESUME THROAT
GENDER VANISH IMPACT

The policeman's infant son didn't want to sleep and was —

RESISTING
A REST.

chicago
tribune.com
/games

Interactive
puzzles and
games

Celebrities reinvent themselves, so did we

Reintroducing Chicago's original entertainment guide

Experience the new Metromix.com, now on all of your devices. With entertainment listings that cover the city and the suburbs, we're your go-to source so you can spend less time planning, and more time doing.



m metromix.com

Colon cancer screening vital

Early detection of abnormalities can save lives

By Danielle Braff
Tribune Newspapers

Just a few weeks after she turned 17, Danielle Burgess was diagnosed with colon cancer.

Burgess had been noticing blood in her stool for several years, but she shrugged it off after consulting Dr. Google and self-diagnosing hemorrhoids.

By the time she went to the doctor to have a colonoscopy, she was diagnosed with stage 3 colon cancer.

"It wasn't great, but they gave me a lot of treatment options," said Burgess, of Kansas City, Mo.

Six months later she was cancer-free. Doctors continued to monitor her colon (large intestine) every three years. In 2009, when she was 25, a growth on her colon once again tested positive for cancer.

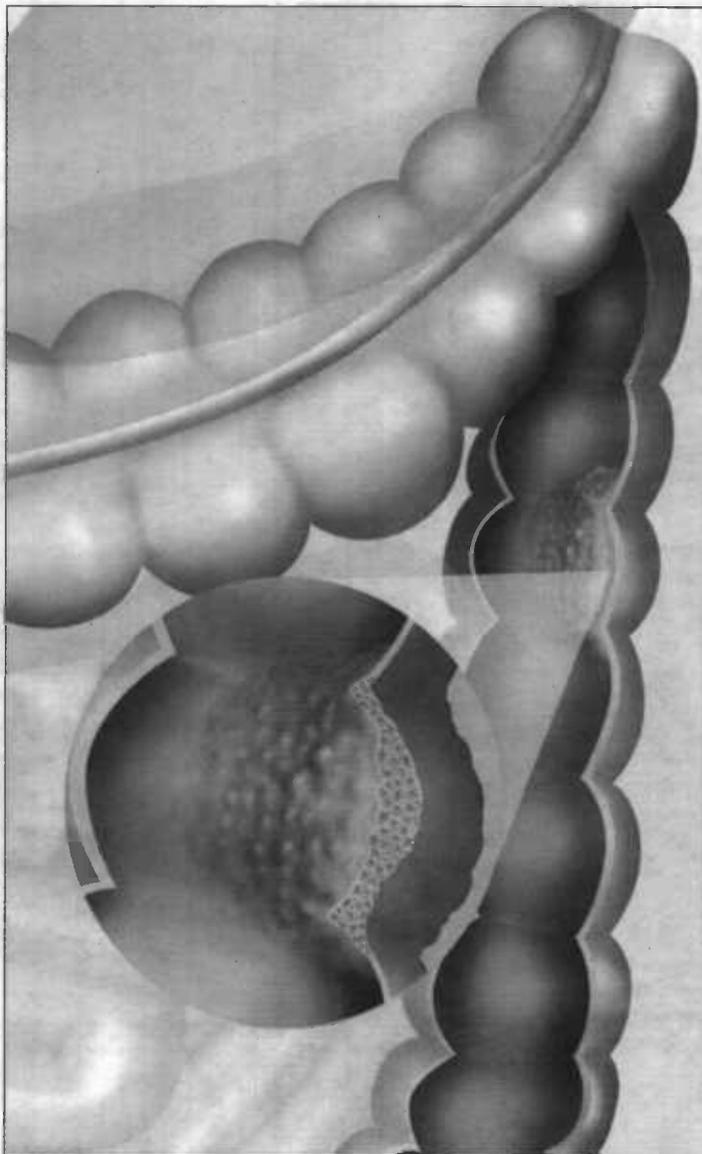
"Luckily, they caught it early," said Burgess, now 32.

Colorectal cancer, a malignancy that occurs in the colon or rectum, is a leading cause of cancer deaths. This year, it's expected to claim the lives of nearly 50,000 people in the United States.

It's also largely preventable. Screening tests can detect and remove abnormalities before they have a chance to turn cancerous — or spot problems in the early stages, when the disease is more responsive to treatment.

The American Cancer Society and other groups say that screening for most men and women should begin at age 50. Even so, many choose to ignore this advice. Roughly one-third of the country's eligible adults haven't been screened for colorectal cancer as recommended by the U.S. Preventive Services Task Force, according to the Centers for Disease Control and Prevention.

The CDC estimates that if everyone age 50 and up had regular testing, at least 60 percent of



This drawing illustrates a cancerous growth in the lining of the colon.

BSIP

deaths from this cancer could be avoided.

"In nearly every case, colon cancer begins with a small growth called a polyp, which over time turns into a large polyp, and eventually turns into cancer," said Dr. David Greenwald, director of clinical gastroenterology and endoscopy at the Mount Sinai Hospital in New York. "This process takes many years to occur; if polyps are removed when they are small or even when they are big, but before they turn into cancer, colon cancer is pre-

vented."

If found in its earliest stages and if the cancer hasn't spread, the survival rate beyond 5 years is 90 percent, said Durado Brooks, managing director of cancer control intervention for the American Cancer Society. If it has already spread, the survival rate drops to 12 percent beyond 5 years.

"Our treatments are much, much more effective at the early stage," Brooks said.

There are numerous ways to screen for colorectal cancer, and

several organizations have issued their own guidelines.

The U.S. Preventive Services Task Force recommends screening using high-sensitivity fecal occult blood testing, sigmoidoscopy or colonoscopy beginning at age 50 and continuing until age 75, at which point the decision to continue screening should be made on an individual basis depending on the person's overall health and screening history.

The tests the task force recommends:

■ High-sensitivity fecal occult blood test (FOBT) or fecal immunochemical test (FIT) to detect blood in the stool, a possible sign of cancer. People get a kit and collect small samples of stool that are sent to a lab. This test should be done annually.

■ Flexible sigmoidoscopy, where doctors use a thin, flexible, lighted tube called a sigmoidoscope to examine the interior walls of the rectum and the lower third of the colon. Should be done every five years in conjunction with FOBT/FIT every three years.

■ Colonoscopy, similar to a sigmoidoscopy but uses a longer colonoscope tube to look at the inside walls of the rectum and the entire colon. Should be done every 10 years. During the procedure, tissue samples may be collected for further testing or polyps may be removed. Colonoscopies are often performed as a follow-up if abnormalities are picked up by other screening methods.

Doctors say they've heard a plethora of excuses from patients who've put off screening.

"Some excuses for not undergoing screening include a fear of being diagnosed with cancer," said Dr. Andrew Chan, associate professor of medicine at Harvard Medical School and gastroenterologist at Massachusetts General Hospital. "Other patients do not want to undergo endoscopic screening tests because they are afraid of pain or discomfort. For these patients, I explain that the vast majority of patients do not experience discomfort since they are given sedatives and pain medicines during the procedures."

The American Cancer Society's recommendations include additional screening options, such as an X-ray of the colon and rectum called a double-contrast barium enema, and a CT colonography (virtual colonoscopy), where X-rays and computers create images of the entire colon. Both require that the colon is completely empty before testing, so patients need to do a colon-cleansing prep, same as they would with a standard colonoscopy.

The society also recommends a stool DNA test every three years that entails sending a bowel movement to a lab to be checked for cancer cells.

"They (stool tests) may not be as sensitive as colonoscopy, and some patients also worry about having to manipulate fecal matter," Chan said. "However, any screening is better than no screening exam."

While most adults can wait until 50 to start routine screening, tests should begin earlier and be done more frequently for those at higher risk, such as people with inflammatory bowel disease or a strong family history of colorectal cancer or polyps.

People also need to be vigilant about symptoms — no matter what their age.

Just before Susan Cohan's 40th birthday in 2002, Cohan experienced stomach pain and rectal bleeding. She saw several doctors who prescribed laxatives rather than referring her to a gastroenterologist.

Cohan ended up in the emergency room in incredible pain. She was diagnosed with advanced-stage colon cancer and told she had a couple of months to live, said her father, David Cohan, president of the Baltimore-based Susan Cohan Colon Cancer Foundation.

"Susan died two years later after a heroic battle," her father said. "We urge anyone regardless of age with symptoms such as abdominal pain, bleeding or continuous constipation to get screened for colon cancer."

Danielle Braff is a freelance reporter.

8 ways to date your spouse without leaving the house

Planning a date takes effort. First you have to decide what you want to do. Eating dinner at a trendy restaurant, catching the new movie everyone's talking about, seeing a concert, or going to a Bulls game are all great options, but there is a downside. Dates like these require planning in advance, a baby sitter if you have kids, and in most cases, big bucks.

So when a reader emailed me and explained that he and his wife recently planned an at-home date in which they put the kids to bed and proceeded to give each other manicures, pedicures and massages, it got me thinking. There are so many other date options that couples could enjoy in the comfort of their homes and without spending a lot of money.

Here are eight ways to date your spouse without leaving the house:

1. **Cook dinner together.** I'm not talking heating up a frozen pizza or making one of the kids' favorites, like tacos or spaghetti and meatballs. Cooking together on a date means preparing a meal you'd order in a really nice restaurant. Think pistachio-crusted whitefish with Brussels sprouts salad, chicken limone with capers and spinach, or marinated skirt steak with caramelized onions. I bet you find the most enjoyable part of the evening is the time you spend preparing the meal. Take your time. Drink wine, talk, maybe even have a slow dance.

2. **Movie marathon.** Get rid of your cellphones, break out the popcorn and get comfortable on the couch. Like two best friends, find a movie or a show you that interests both of you and enjoy it while snuggling close. Suggestions: "The Godfather Saga," "The Sopranos," "Homeland," "Entourage."

3. **Poker night.** All bets are on when you sit down with your spouse and play this card game that will have you matching and/or raising his or her bet, folding, or ... you know what else!

4. **Play "The Love Game."** Very different from poker, "The Love Game" is a new card game designed to foster deep, meaningful connections for a couple. The deck of cards consists of 36 questions aimed to open up communications and nurture trust with each other. Questions include,



JACKIE PILOSSOPH
Love Essentially

There are so many other date options that couples could enjoy in the comfort of their homes and without spending a lot of money.

in the kitchen creates a close bond and a fun, youthful connection.

7. **Dance-a-thon.** What makes you want to dance? Is it '70s hits? Songs from the '80s? Hip-hop? Rap? Whatever gets the two of you onto your living room dance floor works! And don't forget to include some slow songs. Here's an idea: play the song you danced to at your wedding.

8. **Take a bath.** This isn't the best idea for those with sleeping children in the home, but if you find yourselves home alone, take advantage of the privacy by enjoying a romantic bubble bath. Be sure to include candles, soft music, wine (in plastic cups) and maybe even a special hors d'oeuvre.

These ideas might sound silly to you simply because you're not used to them, but they all have one thing in common. They foster uninterrupted, quality time together as a couple; something that can easily be squeezed out of a marriage if you allow it, given kids, work, hectic schedules and daily distractions.

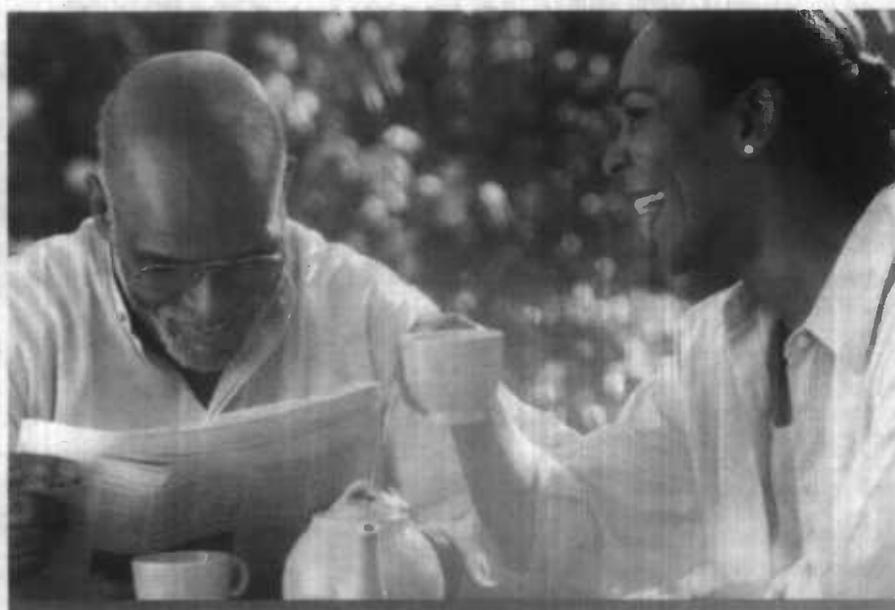
Remember that the word "date," according to Dictionary.com, means "a social appointment, engagement, or occasion arranged beforehand." It doesn't necessarily mean eating at a fancy restaurant or attending the theater. The best dates are those spent with the one you love most, creating memories that can be heart-stopping, funny, sweet and joyous, and that will live in your heart forever.

Jackie Pilossoph is a freelance columnist for Chicago Tribune Media Group.

"What is your most treasured memory?" and "What is the greatest accomplishment of your life?" To purchase "The Love Game," visit PlayTheLoveGame.com.

5. **Yoga and green tea.** There's no reason to go to a yoga studio when you can do a class right in your living room. Dim the lights and pop in a yoga DVD. After an hour, you will be relaxed and ready for some green tea and good conversation!

6. **Baking.** Homemade chocolate chip cookies for your mom, a cake for your friend's birthday or cupcakes for the kids ... they're all sweet, and making them together is the sweetest part. Just working together



March is Colon Cancer Awareness Month. Schedule your screening today.

Colon cancer is a serious health risk for both men and women over 50. For African Americans and those with a family history of colon cancer or polyps, the risk starts even sooner. The most important step to preventing it is getting screened.

At NorthShore, our Gastroenterology Services make it easy to schedule a screening. We have six screening locations and offer convenient hours, including Saturdays.

Schedule your colonoscopy today. We make it easy. Call (847) 492-5700 Ext. 1107 or visit northshore.org/screening to request an appointment. For added convenience, NorthShoreConnect users can schedule an appointment directly online.

Evanston Hospital
2650 Ridge Avenue
Evanston, IL 60201

Highland Park Medical Group
1777 Green Bay Road, Suite 201
Highland Park, IL 60035

Highland Park Hospital
777 Park Avenue West
Highland Park, IL 60035

Skokie Hospital
9600 Gross Point Road
Skokie, IL 60076

Glenbrook Hospital
2100 Pfingsten Road
Glenview, IL 60026

Vernon Hills Medical Group
225 N. Milwaukee Avenue
Vernon Hills, IL 60061

NorthShore
University Health System

FAMILY

Parents choosing surnames for their baby's first name

By Leslie Mann
Tribune Newspapers

Before Lucy DeWitt and her husband, Steve, chose names for their children, they read the top baby names. Then they crossed them off their lists.

"We wanted uncommon names," said DeWitt, 33, a real estate agent from Shawnee, Kan. "Not like my brother's name, Andy. There were so many Andys in his school, he was always Andy R."

The result was surnames for first names — Lanning for their son, 2, and Collins for their daughter, 1.

"They set them apart from other kids and say 'spunk' and 'confidence,'" DeWitt said. "When they have careers, they'll give them an edge because they're memorable."

Hang out at a playground these days and you'll hear first names with surname roots. For boys, they include Carson, Carter, Chase, Hudson, Lincoln and Wyatt. For girls, Addison, Avery, Harper, Madison, Morgan, Peyton and Taylor. Unisex ones include Blake, Kennedy, Logan, Riley and Ryan.

"It started in Tudor England, when parents chose surnames of nobility," said Cleveland Evans, author of "The Great Big Book of Baby Names" and a psychology professor at Bellevue University in Nebraska.

"Then, in early America, parents used presidents' names like Jefferson and war heroes' names like (Francis) Marion."

Fast-forward to the late 1800s, when upper-class Southerners revived the practice with names like Beverly (for boys only then), Evans said. "Post-World War II parents named girls with preppy-sounding surnames. In my class, we had a girl named Russell."



CHRIS RYAN/GETTY

The surname-as-first-name practice is fueled by the genealogy craze, said Jennifer Moss, of Oakhurst, Calif., CEO of BabyNames.com and author of "The One-in-a-Million Baby Name Book." "We see more of our family trees on sites like 23andme.com," she said. "Use one of these names, and your family's happy."

That's the plan, said Kelly McKinley-Ford, 29, a Clearwater, Fla., teacher who named her 7-month-old MacDermott. "My husband's family had used it and changed 'Mc' to 'Mac,' so it had a built-in nickname," she said. "It's also a tribute to my grandfather, Frank McKinley, who went by Mac."

For Tracy Gramesty, 39, of Trumbull, Conn., it wasn't so much who had the name as the name's nationality. "I'm 100 percent Irish, so we chose Reilly and Delaney," said the teacher and mother of two.

Also enjoying a renaissance are first names that began as occupational surnames, such as Cooper (barrel-maker) and Marshall. Ditto for "son of" names like Harrison, Jackson and Jamison.

Parents who want to honor pop culture icons use last names because they're easier to identify. You may not see the significance of Jimi, Brad and

John, but you would recognize Hendrix, Paisley and Lennon. David Bowie's death will generate lots of baby Bowies, not Davids, said Linda Rosenkrantz, Los Angeles-based co-founder of the website Nameberry and co-author of 10 name books.

Other name trends include the ongoing use of "grandma names," said Moss, such as Emma, Vivian and Adeline. Geographical names continue a hot streak that dates back to the births of Paris Hilton and Dakota Johnson. If it's from the United Kingdom, parents want it, Moss added. Thus, the evergreen Kelly and Casey and more recent imports like Declan and Grady.

Watch for these trends to cross the pond — hyphenated girls' names and nickname names (Ben, not Benjamin, and Liv not Olivia) — now that they're fashionable in England.

"Don't just choose a name because it sounds cool," Evans added. Put yourself in your child's shoes. Will he spend his life having to explain its odd spelling? Will he be teased? Does the name clash with your last name?

Evans said he was taunted when he was young. "They'd say, 'Hey, Oo-hi-oo,'" he said. "Problem is, we lived in Buffalo."

Leslie Mann is a freelancer.

Just became a new mom? Don't hesitate to ask for help

By Jalme Lynne Fletcher

The Orange County Register

During my pregnancy, "Congratulations" was nearly always followed by "Get ready."

Sometimes a mom offered this wisdom as if she truly wanted me to emotionally prepare for the joy that becoming a mom would bring, which I later learned is impossible to prepare for.

Most of the time the advice felt more like a warning from those who have been in the trenches of sleepless nights, spit-up and separation anxiety.

Looking back, I know there is no way to "get ready" for these challenges, but there are ways to keep new parents from completely losing their minds.

There will be sleep deprivation, constant worry and stress, and Dr. Jennifer Birkhauser, a pediatrician at Hoag Memorial Hospital Presbyterian in Newport Beach, Calif., says moms shouldn't hesitate to call for backup.

"Ask for help, and accept it when offered," Birkhauser said. "Whether it be dad, parents, in-laws, other family, whoever — let them bring you food, help with cleaning and help take care of any other kids that you may have."

Friends and well-deserved breaks are also important tools, Birkhauser added.

"Other moms may be an invaluable source of advice and reassurance or, at the very least, an understanding ear," she said. "If you are truly feeling overwhelmed, it is OK to leave the baby in a safe place, such as a crib or bassinet, and go outside for a breath of fresh air for a couple of minutes."

Often, the biggest support is the person sharing the bed with you. Whitney Kumar, a Fullerton, Calif.,



JO UNRUH/ISTOCKPHOTO

Moms of newborns should reach out to family and friends whenever the stress is becoming too much, experts say.

mom of a 3-year-old boy, says tag-teaming baby duties with her partner kept her stress levels low.

"Being kind to your partner is really important," she said. "When you have a newborn, you are so exhausted, frustrated and irritable that it's really easy to take it out on your partner. You have to remember that and be very conscious of it, because your spouse is your biggest asset."

Dr. Meredith Hansen, a relationship/family psychotherapist in Newport Beach, Calif., emphasized the importance of making your relationship a priority.

"It's definitely easy to get caught up in taking care of baby's needs and to neglect your relationship, but remember that your marriage is the foundation for your family," Hansen said. "When you tend to your marriage, you not only provide a safe, stable environment for your children, but you teach them about love early on."

Caring for your personal health is just as important as maintaining strong relationships and allowing yourself well-deserved breaks, both doctors add.

Sleep deprivation and stress have a way of making us skip meals and stay sedentary, the antitheses of combating fatigue, Birkhauser says.

"The last thing you may

feel like doing after having a baby is exercising, but just walking around the block with your baby in a stroller counts as exercise," she said. "Making sure your diet is balanced and has enough calories, especially if you are nursing, is vital."

For some moms, there will be times when trying all these things won't seem to be enough. In this case, expand your network, Hansen says.

"Don't be afraid to reach out for professional help of any kind, whether that means meeting with a lactation consultant for help with breastfeeding issues, a sleep expert for help with regulating baby's sleep or a psychologist to help strengthen your marriage," she said. "Professionals are there to help, and their tips and support can make a big difference in getting you through the many unknowns of being new parents."

So when you have spit-up in your hair and are on day three of dirty yoga pants, remember to take a deep breath, mama.

"A new baby is a rough but rewarding ride," Birkhauser said. "Things will get better, and you'll probably forget how stressful the newborn period can be."

Distributed by Tribune Content Agency



POSITIVE IMAGE PHOTOS

English-style home in Burr Ridge: \$1.55M

ADDRESS: 1002 Burr Ridge Club Drive in Burr Ridge

ASKING PRICE: \$1,550,000

Listed on Feb. 3, 2016

Transformed Burr Ridge Club two-story home in gated area. Vaulted, beamed ceiling in living room with floor-to-ceiling custom stone fireplace. Large formal dining room, spacious family room with stone fireplace, kitchen with 10' quartzite island, double oven, 6-burner gas stove and beverage center. First and second floor master bedrooms. New custom floors throughout, new carpet, new lighting and updated plumbing and electrical. Community has pool, tennis courts, clubhouse and gated entry.

Agent: Anne Brandt of Brush Hill Realtors, 630-920-0666

At press time, this home was still for sale.



CORRECTION

In "Resort-like Highland Park home with pool: \$1.8M," published Feb. 24, the listing date was incorrect. The correct listing date is Feb. 12, 2016.

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NILES PARK DISTRICT

The Easter Bunny hops in for breakfast at the Niles Park District Howard Leisure Center on March 12.

FAMILY FRIENDLY

Bunny breakfasts, brunch kick off Easter season

BY MYRNA PETLICKI
Pioneer Press

Things will be hopping at Breakfast with Bunny, March 12 in the Howard Leisure Center Banquet Room, 6676 W. Howard St., Niles. A happy hare will greet kids during seatings from 9-10 a.m. and 10:30-11:30 a.m.

"We have a buffet breakfast and then the bunny will be available to take photos with the families," said Julie Jentel, director of marketing for the Niles Park District. "We'll have a balloon artist walking around and a kids' craft. The room is decorated and we have a special area for the bunny to sit in."

The meal usually consists of pancakes, eggs, sausage, fruit and beverages.

"It's a good way to kick off the spring and Easter season," Jentel said. "We see a lot of families come back year after year so it's a tradition for many."

Breakfast with Bunny costs \$10 per person for residents; \$12 for nonresidents. Early registration is

encouraged because the event fills.

For details, call 847-957-6633 or go to www.niles-parks.org.

Rabbit gets around

Your family can also have Breakfast with Bunny at 9:30 a.m. March 19 at Oakton Community Center, 4701 Oakton St., Skokie. After breakfast, there will be craft projects and a free raffle, followed by an 11 a.m. egg hunt. Breakfast costs \$13 per person for residents; \$16 for nonresidents. Registration is required.

For details, call 847-674-1500, ext. 2700 or go to www.skokieparks.org.

Quick as a bunny

Amazing as it seems, the happy hare will also make it to the Bunny Brunch, 10-11:30 a.m. March 19 in the National Fieldhouse at National Park, 9325 Marion Ave., Morton Grove. The Bunny will pose for photos and have special treats for each child. Registration is required.

For details, call 847-965-1200 or go to www.mor-tongroveparks.com.

More animal lore

Your family will meet more than 20 actual animals at the Frog Lady's Reptile and Amphibian Show, 2-2:45 p.m. March 13 at Park Ridge Public Library, 20 S. Prospect Ave. Reservations are required for this program geared toward ages 4 and older. Non-Park Ridge Library cardholders must pay a \$3 fee.

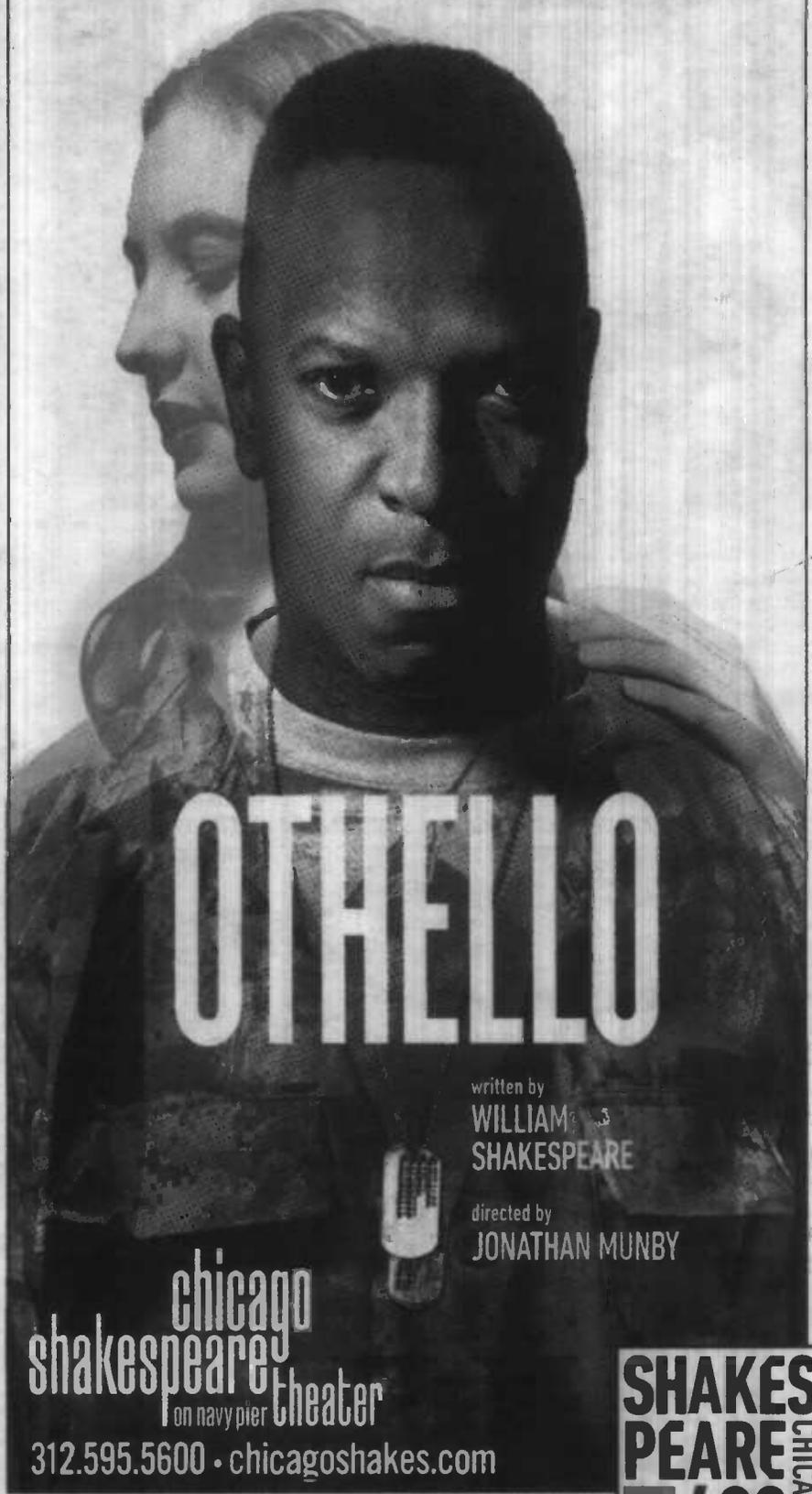
For details, call 847-825-3123 or go to www.park-ridgelibrary.org.

Egg-cellent activity

Families can work together to paint Decorative Egg Ornaments, 2-3:30 p.m. March 6 at Eisenhower Public Library, 4613 N. Oketo Ave., Harwood Heights. Artist Jessica Van Swol will lead the session. The cost is \$5.

For details, call 708-867-7828 or go to www.eisenhowerlibrary.org.

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'CHEF'S GALA' RAISES \$400K FOR CYSTIC FIBROSIS

CAITLIN LISA PHOTOGRAPHY/CYSTIC FIBROSIS FOUNDATION

Danielle Colletti of Park Ridge, from left, Michele Schmidt of Mount Prospect, Mary Colletti and Vincent Colletti of Park Ridge were among the 1,000 who enjoyed tastes from top local chefs at the 19th Annual Cystic Fibrosis Foundation Grand Chefs Gala, Jan. 29 in Chicago's Navy Pier Grand Ballroom. During the evening, the 2016 Chicago Classic Award presented by Gene & Georgetti was given to restaurateur Phil Stefani of Phil Stefani Signature Restaurants. The festivities raised \$400,000 to support work of the foundation. See www.cff.org/chicago.

'DAR HE,' AT NORTH SHORE CENTER

MIKE WILEY PRODUCTIONS

Mike Wiley stars as all 36 characters in "Dar He: The Lynching of Emmett Till," a play he also wrote, at 2 p.m. March 12 at the North Shore Center, 9501 Skokie Blvd., Skokie. Set in 1955, the play tells the true story of a 14-year-old black Chicago youth who traveled to the Mississippi Delta to visit relatives and, for allegedly whistling at a white woman, was brutally beaten and lynched. Tickets are \$20 and available at the box office, by calling 847-673-6300, or at www.northshorecenter.org.

TWICE AS NICE MOMS SPRING RESALE MARCH 12

TWICE AS NICE MOMS

Refurbish kids' wardrobe for warm weather fun and find other treasures at the 2016 Twice as Nice MOMs Spring Resale event from 8 a.m.-1 p.m. March 12, at the Park Ridge Presbyterian Church, 1300 W. Crescent Ave. The sale also features shoes, toys, equipment for babies and kids, maternity wear, pregnancy books, mom-to-be needs and other useful or fun items. Bring a laundry basket for easy shopping, but no strollers for the first two hours. There will be a half-price sale from noon-1 p.m. The \$1 admission is cash only. Park at Greenwood and Crescent. More information by emailing tanmResale@gmail.com.

VALENTINE PARTY RAISES \$116K TO FIGHT BREAST CANCER

LEE A. LITAS/PIONEER PRESS

Marti McMaster of Skokie and daughter Alexandra, 8, along with 500 other guests, enjoyed the fun at the 9th annual 'Be My Valentine' Family Party of the Lynn Sage Cancer Research Foundation, held Feb. 7 at Chicago's Location: Ritz-Carlton Hotel. The festivities raised \$116,000 to support breast cancer research projects. See www.lynnsage.org.

We want to publish your photos. To submit, visit <http://community.chicagotribune.com> or email sburrows@pioneerlocal.com.

REAL ESTATE TRANSFERS

| ADDRESS | BUYER | SELLER | DATE | PRICE |
|--|---|-------------------------------|----------|-----------|
| 342 W Mlner St, # 1B, Arlington Heights | Donald Neri & Paulette Neri | Carol J Keilman | 01-27-16 | \$94,000 |
| 205 W Mlner St, # 201, Arlington Heights | Po Jen Fang | Harvey G Moellenkamp | 01-27-16 | \$96,000 |
| 110 S Evergreen Ave, # 3 CN, Arlington Heights | Barbara Klein | Reed A Bartuska | 02-01-16 | \$195,000 |
| 315 W Hintz Rd, Arlington Heights | William Desario & Jennifer Desario | Keaton Rock I Llc | 01-29-16 | \$265,000 |
| 2015 E Eastman Ct, Arlington Heights | Kliril Ivanov & Mllena Ivanov | Brian W Zator | 02-01-16 | \$340,000 |
| 1330 N Walnut Ave, Arlington Heights | Brian Madlgan & Arom Madigan | Cynthia D Brooks | 02-01-16 | \$565,000 |
| 908 N Drury Ln, Arlington Heights | Brian W Zator & Meghan K Zator | Shaun Raugstad | 02-01-16 | \$602,500 |
| 1125 Miller Ln, # 103, Buffalo Grove | Iryna Bahram | Linda M Kooper | 01-29-16 | \$55,000 |
| 250 Lake Blvd, # 213, Buffalo Grove | Swaranjeet Singh | Mary Anders Kaminski | 01-27-16 | \$90,000 |
| 1043 Courtland Dr, Buffalo Grove | Ilya Fishman & Nadya Frid | Kathy W Lin | 01-29-16 | \$124,000 |
| 294 Anthony Rd, Buffalo Grove | Aleksandr Kutsy | Us Bank Na Trustee | 01-27-16 | \$155,000 |
| 501 Le Parc Cir, Buffalo Grove | Kristina Martynyuk & Igor Rozyengurt | Friendship Yang | 01-29-16 | \$179,500 |
| 239 Selwyn Ln, Buffalo Grove | Steven Tuchman | Citimortgage Inc | 01-27-16 | \$186,000 |
| 83 Le Jardin Ct, Buffalo Grove | Roman Grigoryan | Morris Trust | 01-27-16 | \$201,000 |
| 311 Willow Pkwy, Buffalo Grove | Aaron Goldberg | Prempal Singh | 01-25-16 | \$265,000 |
| 18 Marquette Pl, Buffalo Grove | Rulgang Wu & Chunyan Hu Hw | Seok Mln Kwon | 01-27-16 | \$278,000 |
| 518 Harris Dr, Buffalo Grove | Kalin Richardson & Deborah Richardson | Deepak Pant | 01-27-16 | \$288,000 |
| 510 Crown Point Dr, Buffalo Grove | John Moxley & Constance Moxley | Steven D Tlne | 01-27-16 | \$307,000 |
| 43 Willow Pkwy, Buffalo Grove | Cynthia S Lebovitz | Prace Trust | 01-29-16 | \$307,000 |
| 749 Highland Grove Dr, Buffalo Grove | Muhammed Irfan Sadiq | New York Community Bank | 01-26-16 | \$370,000 |
| 281 Brunswick Dr, Buffalo Grove | Hyuck Joo Kwon & Hye Won Klm | Harvey M Melamed | 01-28-16 | \$380,000 |
| 291 Brunswick Dr, Buffalo Grove | Akshay Shail & Payal Goel | Julie Haid | 01-27-16 | \$392,000 |
| 1043 Shamblls Ct, Buffalo Grove | Jonathan Moscovitch & Leah Zimmerman | Alex Noudel | 01-27-16 | \$411,000 |
| 9356 Landings Ln, # 204, Des Plaines | Joseph Lump | Cynthia J Hajost | 02-01-16 | \$75,000 |
| 9208 Bumble Bee Dr, # 1E, Des Plaines | Bina K Shah & Kaushik K Shah | Vaibhav Shah | 01-28-16 | \$80,000 |
| 9305 Hamilton Ct, # C, Des Plaines | Anna Kobeszko | Fannie Mae | 01-29-16 | \$89,500 |
| 960 S River Rd, # 304, Des Plaines | Scott D Fleming | Cecilia A Lopez | 01-28-16 | \$125,000 |
| 9346 Landings Ln, # 108, Des Plaines | Aid Kurtovic | Robert D Agdern | 02-01-16 | \$125,000 |
| 332 N Wolf Rd, Des Plaines | Sadaf Khan | Us Bank Na Trustee | 02-01-16 | \$130,000 |
| 194 Grove Ave, # A, Des Plaines | Jozef Bujdos & Jana Bujdos | William J Hindman | 01-27-16 | \$148,500 |
| 656 Pearson St, # 610C, Des Plaines | Christine M Gordon | Tiffany E Lutz | 01-29-16 | \$150,000 |
| 1433 Perry St, # 503, Des Plaines | Panagis D Papapanayiotou & Catherine Papapanayiotou | Tadeusz Gasior | 01-29-16 | \$156,000 |
| 9515 Sumac Rd, # C, Des Plaines | Araceli Castro | Abdul Majeed | 01-27-16 | \$160,000 |
| 9013 Sherry Ln, Des Plaines | Zofia Pczela & Witold Pczela | Fannie Mae | 01-28-16 | \$174,000 |
| 1101 Dodge Ave, # 205, Evanston | Mitchell Naparaila | 1101 Dodge Llc | 02-01-16 | \$249,000 |
| 2145 Brummel St, Evanston | Lal Bhattarai & Tulashi Timsina | Theodore Gammell Sr | 01-27-16 | \$265,000 |
| 1326 Greenleaf St, # 2, Evanston | Kathryn Morrissey | James K Haberi | 02-01-16 | \$295,000 |
| 1800 Ridge Ave, # 109, Evanston | Julie R Rinard | Niki L Moe Horrell | 02-01-16 | \$442,500 |
| 3801 Appian Way, # 404, Glenview | Peter Kim & Meesun Kim | Chang Sun Park | 01-27-16 | \$134,500 |
| 540 Glendale Rd, Glenview | Abdul B Khan & Rukhsana Basit | Theresa Abrahamson | 01-29-16 | \$190,000 |
| 1800 Dewes St, # 309, Glenview | Haris Toplic & Alma Toplic | Charles J John | 02-01-16 | \$250,000 |
| 716 Indian Rd, Glenview | Marek Chaj & Anna Chajl | Wells Fargo Bank Trustee | 01-27-16 | \$351,000 |
| 3030 Lexington Ln, Glenview | Ran Gao & Yinan Xie | Vyacheslav Manoshin | 02-01-16 | \$363,000 |
| 1990 Shermer Rd, Glenview | Tak Yee Lee & Shu Tieh Huang | Development Solutions Gln Llc | 02-01-16 | \$593,500 |
| 1963 Dauntless Dr, Glenview | Paul S Detlefs & Katherine C Detlefs | Development Solutions Gln Llc | 01-27-16 | \$629,500 |
| 2131 Chandler Ln, Glenview | Benjamin Boshes & Anna Boshes | Wilkas Trust | 02-01-16 | \$910,000 |
| 32 Sequoia Rd, Hawthorn Woods | Scott Olson & Nancy Olson | Fannie Mae | 01-27-16 | \$320,000 |
| 3 Trent Rd, Hawthorn Woods | Mark B Woodward & Dale B Woodward | William C Ortman | 01-29-16 | \$385,000 |
| 27 Beverly Ln, Hawthorn Woods | Srinivas Monangl & Venkata-lakshmi R Naramsetti | Pulte Homecorp | 01-27-16 | \$470,000 |
| 35 N Empress Dr, Hawthorn Woods | Amit Singh & Priya Singh | Ibg Hawthorn Trails Llc | 01-29-16 | \$679,500 |
| 30 N Acacia Dr, Hawthorn Woods | Jegath K Rengarajan & Ramya P Jegath | Ibg Hawthorn Trails Llc | 02-01-16 | \$729,500 |
| 237 Us Highway 45, Indian Creek | Jennifer S Daniel & Emily H Lake | Ahlstrand Trust | 01-28-16 | \$262,000 |

| ADDRESS | BUYER | SELLER | DATE | PRICE |
|---|---|------------------------------|----------|-------------|
| 1542 Shire Cir, # 114, Inverness | Russell E Schaefer & Gail M Schaefer | Right Residential II Fund I | 01-28-16 | \$342,500 |
| 21375 N Hlghwood Rd, Kildeer | Zachary Simkowski & Catherine Simkowski | Gines A Montoya | 02-01-16 | \$555,500 |
| 584 Fletcher Cir, Lake Forest | Daniel Costanzo & Christine E Costanzo | Muehlstein Trust | 01-29-16 | \$725,000 |
| 805 Highview Ter, Lake Forest | Peter Sandor & Andrea Cseszko | Allson K Issel | 01-29-16 | \$870,000 |
| 880 Gage Ln, Lake Forest | Darren K Cockrel & Jennifer A Cockrel | Miller Trust | 01-29-16 | \$1,050,000 |
| 19 Bailey Ln, Lake Zurich | Eric Perczynski | Mauricio Orantes | 01-28-16 | \$264,400 |
| 1213 Briarwood Ln, Libertyville | Natalie Catella | Scott Lancaster | 01-27-16 | \$225,500 |
| 1202 Emerson Ln, # 32C, Libertyville | Robert J Radcliff & Patsy L Radcliff | Kevin Bolkema | 01-25-16 | \$229,900 |
| 16970 W Serranda Dr, Libertyville | Caleb J Cabrera & Diana M Cabrera | Lawrence M Santello | 01-26-16 | \$242,000 |
| 290 Crescent Knl, Libertyville | Dmitriy Pavulskiy | Maksim Gritsenko | 01-28-16 | \$325,000 |
| 805 Braeman Ct, Libertyville | Dawn K Wiggemansen | Christopher J Bodem | 02-01-16 | \$328,000 |
| 320 Appley Ave, Libertyville | Stephen James Stoyan | James C Zimmerman | 01-27-16 | \$378,000 |
| 15475 W Cherrywood Ln, Libertyville | Christopher M Meyer & Danielle J Meyer | James Dallas Estes | 01-26-16 | \$385,000 |
| 857 Fair Way, Libertyville | Nuriddin M Saratore | Susan S Willbond | 01-25-16 | \$650,000 |
| 4 Dukes Ln, Lincolnshire | Roger W Junge & Victoria J Junge | Jaime E Reyes | 01-26-16 | \$489,000 |
| 32 Kent Ct, Lincolnshire | Aviral Mehta & Namrata Dave | Mitchell M Iseberg | 02-01-16 | \$616,500 |
| 4958 Trillium Trl, Long Grove | Leonard Kreimer & Evelina Kreimer | Gino Bavaro | 02-01-16 | \$1,050,000 |
| 5505 Main St, Morton Grove | Agees Abraham & Susan Abraham | Joann Pantelis | 02-01-16 | \$340,000 |
| 511 S Wille St, Mount Prospect | Judith Spielmann | Donna L Patterson Estate | 01-27-16 | \$262,500 |
| 510 N Wille St, Mount Prospect | Kathleen Mchugh | John Corbu | 01-28-16 | \$280,000 |
| 1539 W Lonnquist Blvd, Mount Prospect | Alexander Tosa | Sheila A Walsh Estate | 01-28-16 | \$340,000 |
| 1108 E Barberry Ln, Mount Prospect | Sean W O'Brien & Mallory A Navarra | Richard L Geib | 01-27-16 | \$340,000 |
| 1902 E Euclid Ave, Mount Prospect | Amit Shah & Lopa Shah | Armando Celaya | 01-27-16 | \$495,000 |
| 5 W Euclid Ave, Mount Prospect | Yazan Mazahreh & Sharon Amari | Paul Micula | 01-29-16 | \$645,000 |
| 9074 W Terrace Dr, # 6A, Niles | Jaquelyn Youkana & Girges Youkana | Midwest Investment Group Llc | 01-27-16 | \$150,000 |
| 8650 N Shermer Rd, # 204, Niles | Jenny Lin | Steven Kreiter | 02-01-16 | \$175,000 |
| 8538 W Clara Dr, Niles | Karen E Walsh | Federal Home Loan Mtg Corp | 01-29-16 | \$315,000 |
| 2150 Valencia Dr, # 200, Northbrook | Mln Keun Park & Young Chun Park | Alla Alzenberg | 02-01-16 | \$149,000 |
| 1220 Rudolph Rd, # 1D, Northbrook | Gary Goland | Klein Trust | 01-27-16 | \$242,000 |
| 4585 Forest View Dr, Northbrook | Antonio Tiagonce | Fannie Mae | 01-29-16 | \$272,000 |
| 1832 Smith Rd, Northbrook | Stephen Winter & Lacey Winter | Boris Persky | 01-27-16 | \$455,000 |
| 1934 Beaumont Pl, Northbrook | Todd Denenberg & Stephanie Geitner | Thomas Kwon | 01-29-16 | \$480,000 |
| 2808 Crabtree Ln, Northbrook | Justin McBride & Jennifer Ellen | Semyon Sorsher | 02-01-16 | \$525,000 |
| 2932 Crabtree Ln, Northbrook | Ryan Park & Stacy Cheng | Michael J Ullrich | 01-29-16 | \$542,500 |
| 3357 Old Mill Rd, Northbrook | Raj A Patel & Prita Patel | Thomas A Evett | 01-27-16 | \$710,000 |
| 4140 Ridgeland Ln, Northbrook | Eugene Shakhman & Marina Shakhman | Jessie B Pearl | 01-28-16 | \$850,000 |
| 1816 Central Ave, Northbrook | Jason Skiouris | Masbr Llc | 01-28-16 | \$930,000 |
| 214 W Jennifer Ln, # 3, Palatine | Joanna Ontiveros Padilla | Johcon Properties Llc | 01-27-16 | \$127,000 |
| 1275 E Baldwin Ln, # 508, Palatine | Janusz Figiel | Teresa Moldawa | 01-27-16 | \$129,000 |
| 24 W Station St, # 318W, Palatine | Patrick A Mitchell | Christine E Herlocker | 01-27-16 | \$195,000 |
| 1766 W Ethans Glen Dr, Palatine | Alexandru Jubea & Lilla Jubea | Greg Urbaniak | 02-01-16 | \$245,000 |
| 441 E Baldwin Rd, Palatine | Brian S Dahlquist & Irma Hasham | Exodus 1 Llc | 02-01-16 | \$262,000 |
| 432 S Plum Grove Rd, Palatine | Christopher Mette & Julie Mette | Pabitra M Dalai | 01-29-16 | \$268,000 |
| 1452 N Oak St, Palatine | Aaron M Morris & Melissa M Morris | Barbara E Moriarty | 01-28-16 | \$280,000 |
| 20451 N Hazelcrest Rd, Palatine | Zenonn Dziubinski | William M Fraser III | 01-29-16 | \$325,750 |
| 570 W Parkside Dr, Palatine | Bhagasvi Raavi & Venugopal Bellineni | Robert Dew | 02-01-16 | \$335,000 |
| 1536 S Kempley Ave, Palatine | Jean H Sophie | Elizabeth L Hagan | 02-01-16 | \$420,000 |
| 400 Ascot Dr, # 1E, Park Ridge | Mirjana Lippmann | Pavlo Ivanov | 02-01-16 | \$174,000 |
| 1604 Grove Ave, Park Ridge | Jeremy J Lefler & Yvonne Lefler | John P Kaiser Jr | 01-27-16 | \$395,000 |
| 520 Grand Blvd, Park Ridge | Jacob Noah Settle & Kelly Settle | James R Coy II | 01-28-16 | \$910,000 |
| 664 Pinecrest Dr, # 204, Prospect Heights | Stanislawa Mlcun | Us Bank Na Trustee | 01-29-16 | \$60,000 |
| 674 Pinecrest Dr, # 303, Prospect Heights | Alam Rajchel | Martin V Matulyauskas | 01-27-16 | \$87,000 |

This list is not intended to be a complete record of all real estate transactions.
Data compiled by Record Information Services ■ 630-557-1000 ■ public-record.com



WINNETKA

Updated traditional home in east Winnetka neighborhood. Walk to two train stations, two business districts, beach & Winnetka Community House. Formal living and dining rooms, white kitchen, with new stainless steel ovens, refrigerator & dishwasher, breakfast area and family room. Master bedroom with walk-in closet, full bath with separate tub & shower.

Address: 799 Foxdale Ave.
Price: \$850,000
Schools: New Trier Township High School Winnetka
Taxes: \$20,166
Agent: Dayle Lively/Baird & Warner Winnetka



GLENCOE

Four-bedroom, 2.5-bath home with possible fifth bedroom in basement on 61'x239' lot. Move-in ready. Close to town, schools, train, lake. Access to area trails to Botanic Gardens, Ravinia. Generous size rooms and bedrooms. Full/partially finished basement with playroom/teen den and fifth bedroom, room for home gym and has good storage area.

Address: 555 Vernon Ave.
Price: \$839,000
Schools: New Trier Township High School Winnetka
Taxes: \$21,355
Agent: Jennifer Black/@Properties



WHEELING

Completely remodeled three-bedroom ranch on a quiet, tree-lined street. Bright home with open floor plan. Hardwood floors throughout. Living room with wood-burning fireplace. Gourmet kitchen with 42-inch cabinets, granite counters and stone backsplash. Backyard features large deck. Two-car garage and much more. Walking distance to schools, parks, shopping and transportation.

Address: 371 Stone Place
Price: \$214,900
Schools: Wheeling High School
Taxes: \$4,242.49
Agent: Marcin Krempa, RE/MAX Edge



VERNON HILLS

Four-bedroom home on a cul-de-sac lot in Grosse Pointe Village. 2677 square feet of living space. 2.5 baths. Hardwood floors, new roof and siding, main level office/den. Vaulted ceilings and fireplace on main level. Butler pantry in kitchen. Attached garage. No wires or busy roads.

Address: 268 Southfield Drive
Price: \$399,000
Schools: Stevenson High School
Taxes: \$12,260.36
Agent: Tom Carris, RE/MAX Showcase
Listings from Homefinder.com

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Photo credit: St. John Lutheran Church & Early Learning Center

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NILES HERALD-SPECTATOR

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|-------------------|----------------|---------------|------------------------|-------|--------|--------|--------|-------|---|---------------------------|
| Sebonic Financial | 3.649% | Points: 0.000 | 20 yr fixed | 3.500 | 0.000 | \$795 | 20% | 3.555 | 866-723-1989 http://bankrate.sebonic.com | NMLS# 66247 MB 6760960 |
| | | | 15 yr fixed | 3.000 | 0.000 | \$895 | 20% | 3.078 | | |
| | | | 10 yr fixed | 2.875 | 0.000 | \$995 | 20% | 3.001 | | |
| | | | 5/1 ARM | 3.125 | 0.000 | \$1595 | 20% | 3.139 | | |
| | | | 30 yr Jumbo Conforming | 3.750 | 0.000 | \$995 | 20% | 3.769 | | |
| Sebonic Financial | 30yr Fixed APR | % Down 20% | 30 yr FHA | 3.250 | 0.000 | \$1295 | 3.5% | 3.313 | | |
| | | | 30 yr VA mtg | 3.250 | 0.000 | \$1295 | 5% | 3.313 | | |
| | | | 7/1 ARM | 3.500 | 0.000 | \$895 | 20% | 3.501 | | |

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Listings are subject to change.
Please call the venue in advance.

Thursday, March 3

Lil' Kickers Opening Day: Lil' Kickers is a child development soccer program for kids ages 18 months through 9 years old. This program helps develop a child's social, emotional and cognitive skills while providing physical exercise. It also develops players who are good sports and good teammates on and off the soccer field. Visit the website to register for their spring session (through May 28). 8:30 a.m. Thursday-Wednesday, Lil' Kickers, 2454 Oakton St., Evanston, \$15 per class, 708-410-1302

Native Haute Couture: The year long exhibit celebrates the history of Native American high fashion from pre-contact to today. It features garments that showcase American Indian artistry and expertise in tanning, weaving, embroidery, beadwork and tailoring. 10 a.m. Thursday-Wednesday, Mitchell Museum of the American Indian, 3001 Central St., Evanston, free, 847-475-1030

Connecting Cultures: 40 Years at the Mitchell Museum: The latest exhibit unveiled is: Connecting Cultures: 40 Years at the Mitchell Museum. The exhibit celebrates four decades of thought-provoking exhibits, lectures and performances through photographs and memorabilia. There is also a display of 45 objects donated by key collectors and Native artists who have presented at the museum. 10 a.m. Thursday-Wednesday, Mitchell Museum of the American Indian, 3001 Central St., Evanston, \$3 children, seniors; \$5 adults; Tribal Members Free, 847-475-1030

Evanston Legend: The Art of Peggy Lipschutz: The City of Evanston sponsors a month long show of the paintings and drawings of Peggy Lipschutz with an opening reception between 2-5 p.m. on Oct. 4, with musicians including Rebecca Armstrong, Peggy Browning, Mark Dvorak, Maura Lally and Kristin Lems. 10 a.m. Thursday-Wednesday, Noyes Cultural Arts Center, 927 Noyes St., Evanston, free, 773-816-4716

Chicago Botanic Garden's Camp CBG Registration Now Open: Online registration for Camp CBG, the Chicago Botanic Garden's signature summer day camp is now open. The camp, which runs from June 20 through Aug. 19, provides exciting, fun and enrich-

ing outdoor learning experiences for children ages two to 15 years old. 9 a.m. Thursday-Wednesday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, visit event website for fee information, 847-835-5440

"Marjorie Prime": Kimberly Senior directs this Pulitzer Prize finalist about an aging woman in the age of artificial intelligence who meets a young visitor programmed to help her hold on to her fading memories. 7:30 p.m. Thursday-Friday, 3 p.m. and 7:30 p.m. Saturday, 2 p.m. and 6 p.m. Sunday, 7:30 p.m. Tuesday-Wednesday, Writers Theatre, 664 Vernon Ave., Glencoe, \$20-\$70, 847-242-6000

Relay For Life of North Shore Kick-off Party 2016: Enjoy a fun night out and to learn how to help the American Cancer Society save more lives from cancer. Guests will have the opportunity to learn more about the event, make children's crafts and enjoy complimentary pizza. 5 p.m. Thursday, Grandpa's Place, 1868 Prairie St., Glenview, free, 847-317-0209

Adult Literacy Classes: Spring Session: A unique opportunity for native and non-native English speakers to improve their reading and writing skills. A small, friendly group led by a teacher and volunteer tutors meets twice weekly. Tuesdays and Thursday through May 12. Classes are conducted by Oakton Community College in the Glenview Library's Community Room West. Call 847-635-1426 for details. 9:15 a.m. Thursday and Tuesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Art in the Library Exhibit Opens: The Call of the Shore: Artist Cherie Piatt creates water colors of the seascapes and landscapes she finds so inspirational. Close your eyes, leave winter behind and imagine the soothing sound of the waves on a sultry summer day. 9 a.m. Thursday-Wednesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Build It at Kohl Children's Museum: The popular temporary exhibit Build It! allows children to explore their creativity while learning about architecture, science, storytelling and much more. Children may grow using 10 different varieties of building blocks, all in one exhibit space. 9:30 a.m. Thursday-Wednesday, Kohl Children's Museum, 2100 Patriot Blvd., Glenview, \$11 children and adults; \$10 senior citizens; free for members and children under 1, 847-832-6600

Glenview Women's Club \$10,000 Backyard Makeover Raffle: Win a \$10,000 backyard makeover and support local charities! Only 300 tickets are to be sold at the price of \$100 each. Winners are announced at a cocktail reception on March 9! Tickets can be purchased on the website. 6:30 p.m. Thursday-Tuesday, Cafe Lucci, 609 Milwaukee Ave., Glenview, \$100 each chance, 847-878-2134

Everybody Move Offsite: This seven-week session runs Thursdays for ages birth through two years with a caregiver. Registration is required. Celeste Cifala Roy, from Evanston's program Everybody Move!, has planned an hour of activities and exploration including scarves, balls, hoops and instruments to get your child up moving, singing and dancing! Weekly attendance is encouraged. 9:30 a.m. Thursday, Lincolnwood Community Center, 6900 N. Lincoln Ave., Lincolnwood, free, 847-677-5277

Author Visit: Cupcakes and Stories with Stacey Ballis: Join in a discussion with Stacey Ballis, an author of numerous novels filled with life-affirming stories of food, love and friendship. Attendees chat with the author about the inspiration for her stories, her writing craft, her favorite recipes, and also, eat lots of cupcakes! Registration is required. 7 p.m. Thursday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-929-5090.

Wonder Ground Open Lab: Look, touch, tinker and play with an intriguing array of science-oriented curiosities in this new space designed especially for kids. A drop-in visit is meant to last about 15 minutes. Activities are repeated each week from Tuesday to Thursday. The Wonder Ground is a STEAM playground for kids. 4 p.m. Thursday and Tuesday, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

Lunch and Games: Northbrook Community Synagogue's Women's Havura hosts a Lunch and Game Day for all to attend. 11:30 a.m. Thursday, Northbrook Community Synagogue, 2548 Jasper Court, Northbrook, \$15, 847-509-9204

Total Memory Workout: This is a unique and innovative educational series designed to enhance every day memory in cognitively intact adults of all ages. This six-week wellness series focuses on brain-healthy lifestyle habits and practical memory techniques to promote memory fitness. 2:30 p.m. Thursday, Bernard Weinger JCC, 300 Revere Drive, Northbrook, \$59 for six week series, 224-406-9257

Distinguished Speakers: Congregation Beth Shalom welcomes Distinguished Speaker Rabbi Ed Feinstein, A History of Chutzpah. This event is open to the community. 8 p.m. Thursday, Congregation Beth Shalom, 3433 Walters Ave., Northbrook, free, 847-498-4100

Park Ridge Fly Tying Club Meetings: Chicago Fly Fishers Club meet at 7 p.m. Thursdays from October through May. Demonstrations of fly tying are performed by an experienced demonstrator. The members have an opportunity to tie the same pattern using tools and materials provided by the club. 7 p.m. Thursday, Park Ridge Community Church, 100 S. Courtland Ave., Park Ridge, free, 847-823-3164

Book Discussion: This group meets on the first Thursday of each month. 1 p.m. Thursday, Park Ridge Senior Center, 100 S. Western Ave., Park Ridge, free, 847-692-5127

Beginning Ukulele: Have you ever wanted to learn how to play the ukulele? Peggy Mistak teaches this very simple and delightful instrument. Participants must provide their own ukulele and register in advance. Contact the Centennial Activity Center for more information. 1:30 p.m. Thursday, Park Ridge Park District- Centennial Activity Center, 100 South Western Ave., Park Ridge, \$25 member; \$30 guest, 847-692-3597

Intermediate Ukulele: Brush up on your skills or learn new songs! This class is for those who have experience playing the ukulele and want to continue their skills. Participants must provide their own ukulele and register in advance. Contact the Centennial Activity Center. 2:30 p.m. Thursday, Park Ridge Park District- Centennial Activity Center, 100 South Western Ave., Park Ridge, \$25 member; \$30 guest, 847-692-3597

Legends of Laughter II: The Comedy Teams Film Series: This ten-film series showcases the great movie comedy teams of the 1930s, 40s and 50s. Doors open at 6:30 p.m. for patrons of all ages to enjoy. 7 p.m. Thursday, Park Ridge Public Library, 20 S Prospect Ave., Park Ridge, free, 847-720-3209

Save A Star's Drug Disposal Program: Save a Star Drug Awareness Foundation's Drug Disposal Program box is in the lobby of the Park Ridge Police Department. Accepted are: prescription medications, (including con-

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trolled substances), all over-the-counter and pet medications, vitamins, liquids and creams. Call 847-579-1300 ext. 146. 9 a.m. Thursday-Wednesday, Park Ridge Police Department, 200 Vine Ave., Park Ridge, free

Karaoke Thursdays: Enjoy some great pizza and sing a tune or two. 7 p.m. Thursday, Perry's Pizza and Ribs, 711 Devon Ave., Park Ridge, free, 847-823-4422

Jamey Johnson at Joe's Live Rosemont: Come for a live performance from country music star Jamey Johnson. Jamey Johnson is an eleven-time Grammy-nominated singer-songwriter. He is one of only a few people in the history of country music to win two Song of the Year Awards from both the CMA and ACMs. 7 p.m. Thursday, Joe's Live Rosemont, 5441 Park Place, Rosemont, \$36

Food Drive in Skokie: Requesting donations of canned goods and dry food products to fill the shelves of the Niles Township Food Pantry. These foods to be given to the hungry in the community. All foods can be dropped off at Walgreens. For further information, call Ezra-Habonim, the Niles Township Jewish Congregation office at 847-675-4141. Midnight Thursday-Wednesday, Walgreens, 3945 West Dempster St., Skokie, free, 847-675-4141

The Jewish Course of Why: The top 50 questions about Jews and Judaism were selected for this Jewish Learning Institute course. This class is offered at five separate times to suit every schedule. Please call for more info or visit the website. The \$100 registration fee includes the textbook; sign up with a friend for a 10 percent discount. 9 a.m. Thursday and Sunday, Lubavitch Chabad of Skokie, 4059 Dempster St., Skokie, \$100; discount available

German Stammtisch: The group meets on the first and third Thursday of each month in the community center to practice German and learn about German culture. For all experience levels, from native speakers to beginners. 1 p.m. Thursday, Oakton Park Community Center, 4701 Oakton St., Skokie, free

"Selected Scenes from the Works of Neil": Neil Simon, is one of America's foremost playwrights. "Scenes by Simon: Selected Scenes from the Works of Neil" showcases moments from the best of his works for an evening of laughter, love and contemplation. 8 p.m. Thursday and Saturday, noon and 3 p.m. Sunday, JCC Chicago - Mayer Kaplan JCC, 5050 Church St., Skokie,

\$11, 847-763-3514

Special Exhibition Three Years, Eight Months, and Twenty Days: The Cambodian Atrocities and the Search for Justice: Learn about the Cambodian genocide and the current trials to bring the perpetrators to justice, 40 years later. 10 a.m. Thursday-Wednesday, Illinois Holocaust Museum and Education Center, 9603 Woods Drive, Skokie, free, 847-967-4835

Quilt Lecture: Illinois Quilters Inc. meet when the doors open at 6:30 p.m. for sign-ups, library and socializing; with the meeting starting at 7 p.m. This month's speaker is Barb Raisbeck and her lecture is entitled "Handsome in Hand Dyes" (trunk show). Guests are welcome. 7 p.m. Thursday, Beth Hillel Congregation Bnai Emunah, 3220 Big Tree Lane, Wilmette, \$5 for guests, 847-480-9777

Friday, March 4

Friday Night Fish Fry: Enjoy all-you-can-eat lake perch dinner for \$14.99. Fresh fish entrees, weekly menu specials and delicious desserts are also available. 5 p.m. Friday, White Pines Golf Club, 500 W. Jefferson St., Bensenville, \$14.99, 630-766-0304

Therapy Players Live in Evanston: Chicago's premier all-psychotherapist comedy improv troupe returns to Evanston with laughs even your insurance company can't deny. 7 p.m. Friday, 27 Live, 1012-1014 Church St., Evanston, \$15, 885-927-5483

Brian Blade Fellowship: 7 p.m. Friday, 9:30 p.m. Friday, SPACE, 1245 Chicago Ave., Evanston, \$18-\$38, 847-492-8860

Nia: Holistic dance fitness: With Nia develop flexibility, agility, mobility, strength, and stability in your body. 11 a.m. Friday, Monday and Wednesday, Raydiant Day, 1400 Greenleaf St., Evanston, \$11 drop-in. \$80 unlimited class pass, 847-869-6477

5Rhythms Dance: Come explore the 5Rhythms Dance - a movement meditation to music. 7:30 p.m. Friday, Foster Dance Studios, 915 Foster St., Evanston, \$15; \$10 for students and seniors, 847-869-0250

Friendship Club: Games, Games, Games (grades 3-8): For children who want to make friends in a supportive environment. Trained Friendship Ambassadors (in grades 4-12) host fun and engaging events where everyone feels welcome. Generously sponsored by the Kiwanis Club of Glenview-Northbrook. Please register by calling

or visiting the event website. 4:30 p.m. Friday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Drop-In Chess Club (up to grade 8): Volunteer chess instructor Steve Levenson teaches fundamentals and strategy. If possible, when dropping in, bring your own chess set. Children under age eight must be accompanied by a parent. 7 p.m. Friday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Friday Preschool Fun Offsite: This Spring Session 1 is on Fridays, for children ages 2-5 with a caregiver. Registration is required (open Feb. 15). Enjoy stories, activities, crafts and more. Weekly attendance is encouraged. 10:15 a.m. Friday, Lincolnwood Community Center, 6900 N Lincoln Ave., Lincolnwood, free, 847-677-5277

Baby Lapsit Storytime: This Spring Session 1 is on Fridays, for birth to pre-walking with a caregiver. Registration is required. This story time is geared towards the youngest children to establish early literacy skills. Weekly attendance is encouraged. 9:30 a.m. Friday, Lincolnwood Community Center, 6900 N Lincoln Ave., Lincolnwood, free, 847-677-5277

DIY Teen Craft: Guatemalan Worry Dolls: Learn about worry dolls, tiny handcrafted dolls clothed in traditional Mayan costumes. Make your own worry doll with fabric and yarn to try its relaxing powers for yourself. 4 p.m. Friday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-929-5090

"Rebel Without a Cause": A rebellious young man with a troubled past comes to a new town, finding both friends and enemies. 2 p.m. Friday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-929-5090

"Parisian Salon Concert: Jillann Gabrielle": An original one-woman musical show about Greta Garbo by and with Jillann Gabrielle. 7:30 p.m. Friday, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

Healthy You, Healthy Garden - Free Exercise Tips: Personal Trainer and Garden Designer Megan Tyner teaches basic exercises to help you be prepared for the gardening season. Protect your back, shoulders and knees by learning a few simple strength and flexibility exercises to make it safer for your body. 9:15 a.m. Friday, North Suburban YMCA, 2705 Techny Road, Northbrook, free, 847-858-4203

Friday Fish Fry at Allgauer's on the Riverfront: All-you-can-eat Friday Fish Fry with coleslaw, potato cake, French fries on Fridays until 10 p.m. 5 p.m. Friday, Allgauer's on the Riverfront/Northbrook Hilton, 2855 N. Milwaukee Ave., Northbrook, \$13 per person, 847-664-7999

Storybook Shabbat and Oneg: Join in as Shabbat is welcomed with music and dance, a Shabbat story, and more! Storybook Shabbat is for children birth to 8 years old and their families. For more information contact dmoore@bethshalommb.org. or call. 6:45 p.m. Friday, Congregation Beth Shalom, 3433 Walters Ave., Northbrook, free, 847-498-4100

Duplicate Bridge: The senior center offers a friendly bridge game every Friday morning. 9 a.m. Friday, Park Ridge Senior Center, 100 S. Western Ave., Park Ridge, free, 847-692-5127

Saturday, March 5

Southside Johnny and the Asbury Jukes: 8 p.m. Saturday, SPACE, 1245 Chicago Ave., Evanston, \$48-\$76, 847-492-8860

FUSE: Studio: Drop in with friends to wire LEDs, compose a ringtone, build an amp, mix chemicals to make gel beads, navigate a robot obstacle course and more. For grades six to 12. Midnight Saturday, Evanston Public Library, 1703 Orrington Ave., Evanston, free, 847-448-8600.

Ecology Center Winter Market: Learn about the benefits of eating fresh and locally grown foods. Shop for a variety of seasonal and artisan products. 9 a.m. Saturday, Ladd Arboretum, 2024 McCormick Blvd., Evanston, free, 847-448-8045

Overeaters Anonymous: Overeaters Anonymous meets Saturdays. New-comer meeting on the last Saturday of the month. No dues, fees or weigh-ins. For information, call Hannah. 9 a.m. Saturday, St. Matthews Episcopal Church, 2120 Lincoln St., Evanston, free, 773-996-0609

Animal Arts and Seasonal Stories: "Animal Arts & Seasonal Stories" are recommended for children ages 5 and up, but there is no minimum age requirement. Activities are offered at varying levels of difficulty. An adult must accompany participants. 10:30 a.m. Saturday and Sunday, Mitchell Museum of the American Indian, 3001 Central St., Evanston, \$3 kids, \$5 adults, 847-475-1030

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Psalms, Hymns and Spiritual Songs: Lutheran Choir of Chicago presents this exploration of the rhythms and melodies that have moved people across the centuries, including works by Ralph Vaughan Williams (The Old Hundredth), Moses Hogan (Elijah Rock), and Michael Engelhardt (Wayfaring Stranger). 7 p.m. Saturday, Immanuel Lutheran Church, 616 Lake St., Evanston, \$15 advance; \$20 at the door; free for children 10 and under, 847-864-4464

Midwest Fruit Explorers Spring Lecture: Professor Mosbah M. Kushad, University of Illinois Department of Crop Sciences, discusses the secrets of successful backyard orchards. 1 p.m. Saturday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440

Spring Fling Golf Tournament: Gear up for golf season and challenge your friends and neighbors in Longest Drive and Closest to the Pin competitions. 10 a.m. Saturday, Glenview Park Golf Club, 800 Shermer Road, Glenview, \$10+, 847-724-0250

Storytime with Construction Abe: Pardon our dust! As Lincolnwood Library undergoes renovation, stop in for a storytime and see our construction in progress. No registration required, all ages welcome. 10 a.m. Saturday, Lincolnwood Public Library, 4000 West Pratt Ave., Lincolnwood, free, 847-677-5277

Creative Coloring: Tap into your creativity and relieve stress in this coloring program just for adults. Unique coloring pages for all skill levels are provided, as well as markers and colored pencils. Participants (18 years or older) provide the imagination. This event requires registration. 2 p.m. Saturday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-929-5090

T'Fillot Nashim - Women's Prayer Service: Sisterhood Temple Beth Israel presents this Women's Prayer Service. Shabbat morning service is led by members of Sisterhood and the community is welcome. Luncheon follows. 10:30 a.m. Saturday, Temple Beth Israel, 3601 W. Dempster St., Skokie, free, 847-675-0951

Preserving Survivor Stories: Ask Holocaust Survivor Pinchas Gutter any question you would like, and "natural language" technology software will respond as if Pinchas were in the room. 10:30 a.m. Saturday, Illinois Holocaust Museum and Education Center, 9603 Woods Drive, Skokie, free, 847-967-4800

Wendy & DB Winter Kids' Concert: Wendy & DB love to get kids singing, wiggling, jumping, dancing and just having a great time. 11 a.m. Saturday, Wilmette Public Library, 1242 Wilmette Ave., Wilmette, free, 847-256-5025

Sunday, March 6

Peter Bradley Adams: 7 p.m. Sunday, SPACE, 1245 Chicago Ave., Evanston, \$15-\$26, 847-492-8860

John Williams' Sunday music session: 3 p.m. Sunday, The Celtic Knot Public House, 626 Church St., Evanston, free, 847-864-1679

"Suffragette": This is the first film in history to be shot in the Houses of Parliament. It is a Women's History Month selection, so just drop in. This 2015 release is a heart-breaking yet inspirational British historical drama that tracks the story of the foot soldiers of the early feminist movement women forced underground to pursue their dangerous goals. 1:30 p.m. Sunday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Glenview Park Center Indoor Triathlon: This fun challenge includes a 10-minute swim, a 20-minute bike ride on spin bikes and a 15-minute run on the indoor track; suitable for all fitness levels ages 9 years and older. Call or visit website. 6:30 a.m. Sunday, Glenview Park Center, 2400 Chestnut Ave., Glenview, Entry fees vary, 224-521-2596

"East Side Sushi" Latino Film Screening and Discussion: Following the screening of the movie, "East Side Sushi," is a discussion with a representative from the International Latino Cultural Center of Chicago. The story, which is not rated, is about Juana, who secures a position as a kitchen assistant at a local Japanese restaurant and about what she learns. 2 p.m. Sunday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-929-5090

Two Planos Four Hands: Saori Chiba and Michael McElvain: Enjoy rarely-heard works performed by highly renowned pianists on two grand pianos! Saori Chiba and Michael McElvain perform works by Bach, Mozart, and Rachmaninoff. 2 p.m. Sunday, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

Screen Break: Old Fashioned Toys and Games: Take a break from televisions, computers and other screens.

Spend Sunday afternoon, as in days past, playing old-fashioned games and making traditional toys with family and friends. 1:30 p.m. Sunday, Wilmette Historical Museum, 609 Ridge Road, Wilmette, free, 847-853-7666

Monday, March 7

Blue Mondays featuring Joel Paterson Blues Bash: 8 p.m. Monday, SPACE, 1245 Chicago Ave., Evanston, \$8, 847-492-8860

Live Bluegrass, Roots and Folk: Every Monday in the pub, The Mudflapps perform. 8 p.m. Monday, The Celtic Knot Public House, 626 Church St., Evanston, free, 847-864-1679

Knitting Roundtable: Come work through knitting projects and socialize with fellow knitters. Expert knitters can show you how to solve knitting challenges. Don't forget your current knitting projects and needles! Call 847-929-5101 or visit www.mgpl.org for more information. 2 p.m. Monday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Yarn Gang: Kids in grades one and up are invited to try their hand at knitting, crocheting or other yarn crafts. 4 p.m. Monday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Monday Movers: Enjoy a morning at the Library's Story Corner with your little one. For walkers up to 24 months of age. 10:30 a.m. Monday, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

Exploring Grief: 7 p.m. Monday, Kenilworth Union Church, 211 Kenilworth Ave., Wilmette, free, 847-251-4272

Tuesday, March 8

Rotary Club of Evanston Lighthouse: This community leadership group boasts 80 members and meets every Tuesday. 7:15 a.m. Tuesday, Hilton Garden Inn Chicago North Shore/Evanston, 1818 Maple Ave., Evanston, free

Irish music session: Enjoy Irish music every Tuesday night. 7 p.m. Tuesday, The Celtic Knot Public House, 626 Church St., Evanston, free, 847-864-1679

Preschool Storytime Offsite: This fun, interactive storytime emphasizes letters, numbers, shapes, colors and other concepts to provide a language-

rich experience. Weekly attendance encouraged. 10 a.m. Tuesday, Lincolnwood Community Center, 6900 N Lincoln Ave., Lincolnwood, free, 847-677-5277.

MGPL Kids: Listen Up: Drop-in story and play time for preschoolers with a parent or caregiver. Call 847-929-5102 or visit www.mgpl.org/kids for more information. 4:45 p.m. Tuesday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Film: "Suffragette": Drama about the women who were willing to lose everything in their fight for equality in early-20th-century Britain. 11:30 a.m. Tuesday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-929-5090

Mozart's "Requiem": Niles Metro Chorus performs Mozart's "Requiem" this spring. New singers are welcome and for more information, please call. Rehearsals are weekly, every Tuesday. 7 p.m. Tuesday, St. John Brebeuf Parish Church, 8307 North Harlem Ave., Niles, free, 702-806-8421

Preschool Storytime (Ages 3-5): Enjoy a half-hour storytime with your little one on Tuesdays and Wednesdays at the Library's Youth Services Activity Room. 10:30 a.m. Tuesday and Wednesday, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

Great Books Discussion Group: Meets on the second Tuesday of each month to discuss some of the best books in the English language. For more information on joining, call 847-673-1814. 7 p.m. Tuesday, Skokie Public Library, 5215 Oakton St., Skokie, free, 847-673-7774

Wednesday, March 9

Cyrille Almee: 7:30 p.m. Wednesday, SPACE, 1245 Chicago Ave., Evanston, \$17-\$32, 847-492-8860

Live Music Wednesdays with the Josh Rzepka Trio: Hear the music of Dizzy Gillespie, Charlie Parker, Thelonious Monk and other classics of the era played by the Josh Rzepka Bebop trio. Reservations can be made online or by calling. 6:30 p.m. Wednesday, Found Kitchen & Social House, 1631 Chicago Ave., Evanston, free, 847-868-8945

Preschool Story Time: Stories and songs for children ages 3-5 and a caregiver. 10:30 a.m. Wednesday, Evanston Public Library, 1703 Orrington Ave.,

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Evanston, free, 847-448-8610

New Hours and Programs: The museum is doubling the hours it is open to the public, including Thursday evenings and first and third Saturdays. New programming for students and collectors, access to research library and collection, a Blog and special exhibits are in the making. See website for hours. 10 a.m. Wednesday, American Toby Jug Museum, 910 Chicago Ave., Evanston, free, 877-862-9687

LinkedIn: Make connections; build your professional identity and learn how to network on this professional social media site. A valid email address is required, and a Glenview Library card is required to register. Call the library or visit the website. 2 p.m. Wednesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

Toddler Time Offsite: A series of stories, songs, and activities geared for very young walking children. This story time is followed by open play. Weekly attendance is encouraged. 10 a.m. Wednesday, Lincolnwood Community Center, 6900 N Lincoln Ave.,

Lincolnwood, free, 847-677-5277

Local Spelling Bee Practice Session: Illinois adults age 50 and over can demonstrate their spelling skills through three levels of spelling competition: local, regional, and the State Finals. The local competition is held on March 16, at 10 a.m., at the library. The winner and runner up of the Local Bee, goes on to compete at the Regional Spelling Bee. The library offers practice sessions to get prepared, so just drop in. 10 a.m. Wednesday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-929-5090

Beginning Bridge Classes: This series of lessons with a certified Bridge Master is for those who have never played bridge or haven't done so in a long time, and have forgotten how to bid and play. Call to register in advance or for information. 12:30 p.m. Wednesday, Park Ridge Park District-Centennial Activity Center, 100 South Western Ave., Park Ridge, \$79, 847-692-3597

Park Ridge Community Emergency Response Team Class: The City of Park Ridge hosts this class for the Winter/Spring 2016. The class is held

through March 16 on Wednesday nights until approximately 10 p.m. Interested persons should contact Phil Falson, Director Park Ridge CERT, who can be reached at parkridgecert@gmail.com or by calling. 6:30 p.m. Wednesday, Park Ridge Public Works Center, 400 Busse Hwy, Park Ridge, free, 847-774-4231

Monthly Networking Luncheon with Nancy LaBreacht: Join in welcoming Nancy LaBreacht from Whole Foods Market who shares her incredible experience volunteering in India for three weeks. She shares stories of the amazing women she met running an orphanage, creating their own businesses and taking care of their families with the simplest of means. An Indian lunch from Whole Foods Market is served. 11:30 a.m. Wednesday, Park Ridge Chamber of Commerce, 720 Garden St., Park Ridge, \$20 members; \$25 prospective members, 847-867-6059

LitLounge: The Third Plate: This book discussion of the Morton Grove Public Library is held at the Curragh. Registration is not required. New members are warmly welcome. A description of the current book: Renowned chef Dan Barber introduces a

new kind of cuisine that represents the future of American dining, exploring the evolution of American food. 7:30 p.m. Wednesday, The Curragh Irish Pub Skokie, 8266 Lincoln Ave., Skokie, free, 847-929-5090

Senior High Youth Group: For all youth grades 9 to 12 to enjoy fun and friendship while engaging in meaningful discussions and service learning opportunities. The evening starts with a tasty dinner sometimes chicken, sometimes pasta or pizza. 6:45 p.m. Wednesday, First Congregational Church of Wilmette, 1125 Wilmette Ave., Wilmette, free, 847-251-6660

Gardening as We Age: Although advancing years may bring increasing challenges, there are some ways to make gardening a pleasure for a lifetime. Barb Kreski, an occupational as well as a horticultural therapist at the Chicago Botanic Garden, will present how to modify a gardener, a garden or gardening tools so that this healthful hobby continues to bring joy. 2 p.m. Wednesday, Wilmette Public Library, 1242 Wilmette Ave., Wilmette, free, 847-256-6930

Have an event to submit? Go to chicagotribune.com/calendar

FIND YOURSELF @ THE NORTH SHORE CENTER
FOR THE PERFORMING ARTS IN SKOKIE

Join the 99% for a revolution Sandy style!
Sandra Bernhard Feel the Bernhard
Mar 10 | 7:30pm

*More than mere versatility it's virtuosity
—American Theatre Magazine
DAR HE: The Story of Emmett Till
Mar 12 | 2pm

The Chicago Premiere!
Justin Roberts Not Ready for Naptime Players
The Mysterious Hat
Mar 19 | 10am & 1pm

"Insightful, thought-provoking humor..."
—Chicago Tribune
Paula Poundstone
Mar 19 | 8pm

at the Center North Shore Center for the Performing Arts in Skokie
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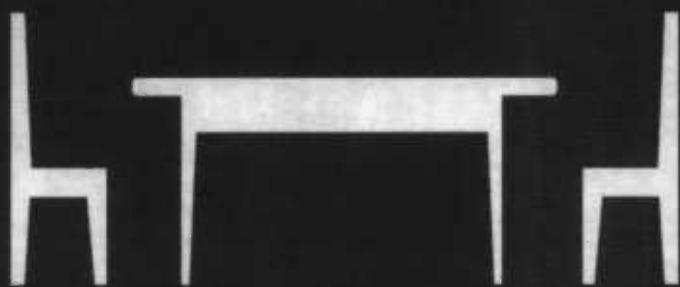
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MOVIES

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"Deadpool" ★★ ½

R, 1:48, comedy

"Deadpool" is a movie about an unkillable wisenheimer who never shuts up, even while enduring or inflicting a degree of brutality that would've earned an X or a NC-17 rating just a few years ago. Showcasing a character born in a 1991 Marvel Comics "New Mutants" installment, the routine revenge fantasy positions itself as the outsider Marvel franchise wannabe. Early on, Wade Wilson, played by Ryan Reynolds, learns he has late-stage cancer and hooks up with a sadistic scientist who subjects him to a series of torture sequences. He's immortal and the cancer's gone. But so is his face and skin, and the sociopath Deadpool is born. At least Reynolds is entertaining. — *Michael Phillips*



"Kung Fu Panda 3" ★★★★★

PG, 1:35, animated

A third installment in a franchise isn't always great. But sometimes, it can be a comforting guarantee of a good time at the movies, as is the case with "Kung Fu Panda 3." The first two installments have been met with rapturous reception and box-office success, and this one will no doubt follow in their footsteps — with good reason. Roly-poly goofy panda and Dragon Warrior, Po (Jack Black) is being promoted to kung fu teacher by his master, Shifu (Dustin Hoffman). With a star-studded voice cast, there's no shortage of humor, but the animation is the real standout in this film. The engaging and heartfelt story, coupled with eye-popping animation, makes this film a total knockout. — *Katie Walsh*



"Risen" ★ ½

PG-13, 1:47, drama

The film puts a grimly modern lens on the story of a Roman tribune, Clavius (Joseph Fiennes) discovering salvation in Christ. Clavius and his men answer to the scheming Roman bureaucrat Pontius Pilate (Peter Firth), and carry out the brutal realities of Pilate's word, including the crucifixion of a man called "the Nazarene." When the corpse goes missing, Clavius and Co. set off on a process of tracking down every disciple, friend and follower, unearthing fly-ridden corpses, turning Jerusalem topsy-turvy at Pilate's behest. It's destined for no glory greater than as an appropriate cable rerun on Easter. — *K.W.*



"The Witch" ★★★★★

R, 1:33, horror

Writer-director Robert Eggers' film is set in 1630, a few decades before the Salem witch trials. Farmer William (Ralph Ineson), his wife Katherine (Kate Dickie) and their five children are banished by the church leaders in their community for shadowy reasons. They relocate to a remote edge of a forest, with the hope of a decent if isolated new life. But the disappearance of their youngest child begins a steadily enveloping story of dread, recrimination, bone-deep misogyny, Puritan ideals and rampant scapegoating. You don't have to be a devil worshipper to admire the film's spellbinding aura. — *M.P.*



"How to Be Single" ★★ ½

R, 1:50, comedy

"How to Be Single" stars Dakota Johnson, whose easygoing, offhanded charisma has a way of loosening up mediocre material. Rebel Wilson plays Robin, the boozy confidante to Johnson's character, Alice. "Let me teach you how to be single," Robin says, and they're off, a-drinking and a-dating and a-learning how to navigate their 20s without giving in to the usual cultural load of shame and humiliation and doubt regarding their singlehood. Roughly half the scenes are terrible, nervously edited and predictable. The other half transcend the innate shrugginess of the script. — *M.P.*

DEATH NOTICES

We extend our condolences to the families
and loved ones of those who have passed.

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Death Notices

Kite, Charles R.

Charles R. Kite, age 85, of Skokie. Graduate, Washington University, St. Louis; Veteran, U.S. Army; retired Film Editor. Beloved husband of the late Rae Louise, nee Hook; dear companion of Sondra Chesler; dear father of Michael (Elizabeth, nee Lockner) and Christopher (Sylvia, nee Peters); loving grandfather of Benjamin, Alexander, Brian, and Sabrina; fond brother of Richard Kite and Phyllis Freiburger. Services are private. In lieu of flowers, memorial contributions may be made to The Lifelong Learning Institute, c/o National Louis University, 5202 Old Orchard Rd., Suite 300, Skokie, IL, 60077-4409. Info: www.habenfuneral.com or 847.673.6111.



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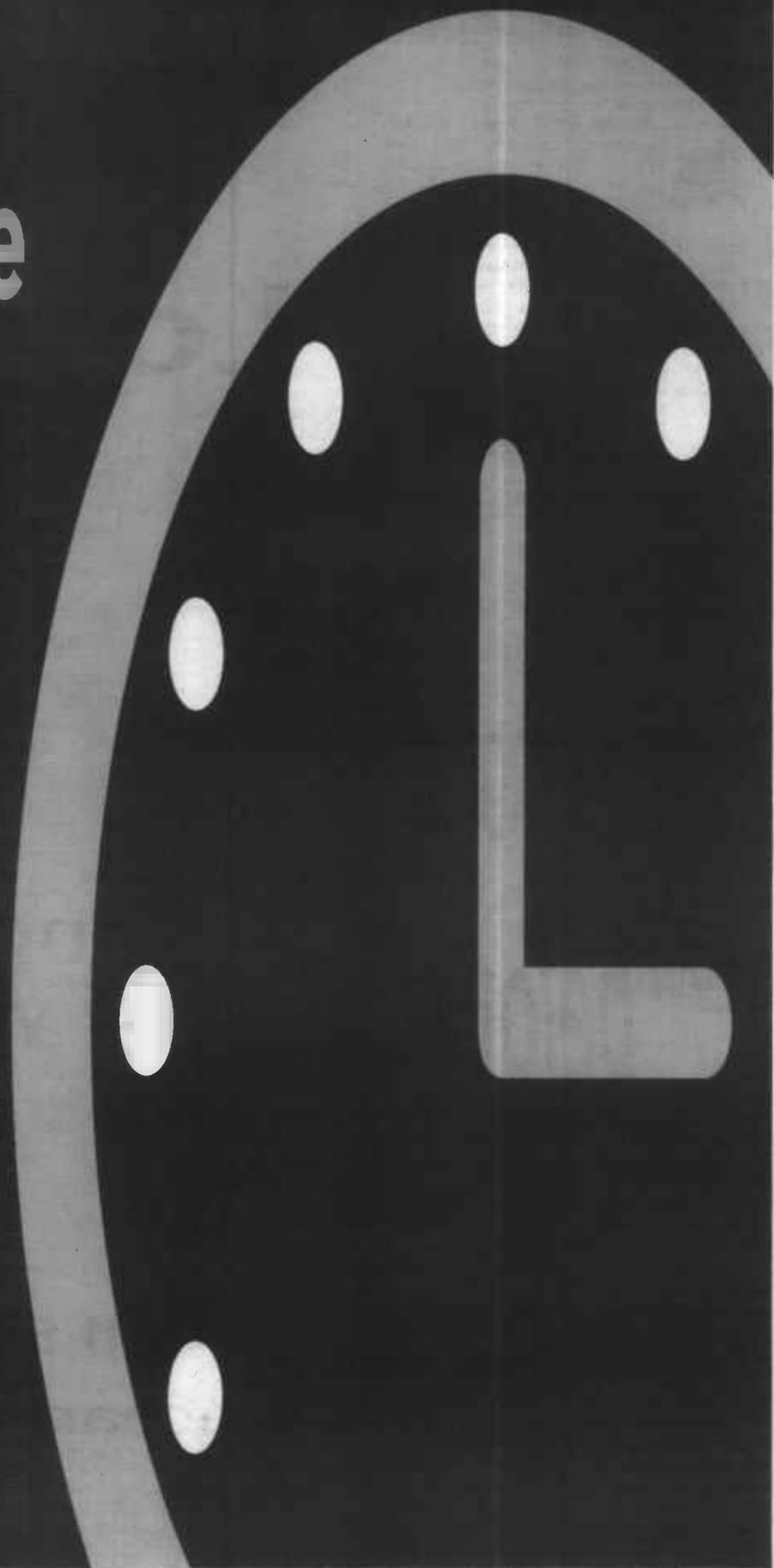
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Fueling consumer demand

Automakers making plans for crossovers, SUVs regardless of gas prices

BY ANDY MIKONIS
Tribune Newspapers

Americans bought a record 17.47 million vehicles in 2015, surging past the old record of 17.35 million set in 2000. Several factors drove the record growth: pent-up demand, an improving economy, easy credit, low interest rates and low gas prices.

The last factor is affecting not only what vehicles we buy but also how automakers design future products.

Low gas prices have helped fuel the trend away from cars and into more trucks, SUVs and crossovers. Virtually every brand saw increases in light truck sales, which includes pickups, vans, crossovers and SUVs, while cars were down. Crossover vehicle sales in particular are on fire. On the other end, fuel savers such as hybrids and electric cars and some conventionally powered economy cars, took an especially hard hit.

Considering these top-selling vehicles, as well as high-performance cars, were being developed when gas prices were oscillating at record highs between \$3 and \$4 in 2011 and 2012, according to Gasbuddy.com, may make it seem like automakers can see the future.

Instead, they see what consumers want.

"Fuel prices alone are not driving sales of trucks and SUVs," said Stephanie Brinley, senior analyst at IHS Automotive. "It's what the consumers prefer. Fuel economy is comparable with cars now, so you don't have the guilt. This just



SCOTT OLSON/GETTY

Chrysler unveils the 2017 Pacifica minivan. It, like many other new cars, will be accompanied by a plug-in hybrid variant.

makes it easier."

Trucks in particular are known to be particularly high-profit items for the manufacturers, so in the short term they will be happy to ride the wave. But in response to consumer trends and forecasts of low fuel prices in the near term, some brands are cooling off car efforts and concentrating on truck and SUV development.

Fiat Chrysler Automobiles announced in late January that it will cut production of small cars in the U.S. so it can build more profitable and more popular Jeeps.

Ford announced at the 2016 Chicago Auto Show that it will add four more SUVs to its global lineup by 2020.

"In terms of a longer-term trend of people moving from passenger cars into SUVs, we think that will continue beyond fuel prices," said Mark LaNeve, Ford vice president of sales and marketing, who cited improved powertrain efficiency of larger vehicles than in years past.

But automakers have to

consider governmental pressure as well as consumer preference.

"Low fuel prices are here for the foreseeable future, maybe two years plus," said Wayne Gerdes, owner of CleanMPG.com. "However, much higher efficiency (CAFE) standards are still looming and the (automakers) have to meet or face large penalties."

Brinley said the Environmental Protection Agency "has signaled it's not relaxing their requirements for 2025." That magic number is an industry fleet average of 54.5 miles per gallon. The situation may not be as completely dire as it sounds, as Brinley points out this is an "unadjusted" number, and due to a complicated system of credits the manufacturers can take advantage of, along with other factors, the requirement should end up "closer to 35 mpg real world."

The "adjusted" number is the one we see on Monroney new-car stickers.

This prompted the drive to more fuel-efficient vehicles in the first place, when CAFE regulations were

started in 1975 and finalized in 2012. As a result, larger vehicles are more fuel-efficient than ever before. A 1985 Ford F-150 automatic got about 16 mpg combined; the 2015 version of America's best-selling vehicle gets 22 mpg combined.

Despite the improvement in fleet fuel economy, the biggest gainers in fuel efficiency are losing to low gas prices. The extra cost often associated with hybrid powertrains or battery electric vehicles are hard for buyers to justify with cheap gas.

"Something needs to give," Brinley said about the consumer disconnect between cheap gas and the need for more efficient, less polluting powertrains.

It's a formidable challenge for automakers to meet requirements with vehicles that people want to buy. Electrified powertrains are the clearest way forward yet, but they can be 20 percent more expensive. The federal credit for an electric vehicle of \$7,500 is meant to offset the cost to the consumer. A Ford Focus

for a well-rounded vehicle are getting more choices. Brinley points to some recently redesigned hybrid products, such as the 2016 Toyota Prius, that have addressed not just mileage but factors such as price, power, driving dynamics and interior refinements. "It has to be an 'and' proposition," she said.

So how will automakers accomplish this in new products going forward? The real story is in the technology. Kia's all-new Niro, unveiled at the 2016 Chicago Auto Show, is a subcompact crossover hybrid expected to get 50 mpg. The powertrain and eco-car platform will serve Kia's goal to triple its green car lineup by 2020.

Vehicle designs are something of a shell game, coming and going while underlying technologies persist.

As people's tastes change, we will see the latest tech emerge in new places, such as the planned Chrysler Pacifica plug-in minivan and more efficient midsize pickups.

"Powertrain development is not concurrent with vehicle development," Brinley said. "One hybrid system could be applied to three different vehicles. Sometimes you have a new car with a new engine tied to that car, but powertrains have a longer shelf life than cars."

Gerdes expects the trend to crossovers and trucks to continue but also more efficient options in those vehicles.

"Expect to see more diesels in the light-duty truck space, more hybrids and plug-in hybrids across the compact and midsize segments and even some compact CUVs (crossover utility vehicles) ending up being hybridized," Gerdes said.

Andy Mikonis is a freelance writer.



VOLVO

The 2016 Volvo S60 Cross Country is a turbocharged wagon with all-wheel drive.

AWD antidote to crossovers

BY CASEY WILLIAMS
Tribune Newspapers

Back in the day, Volvo built wagons shaped like a brick but powered by turbo. It seems appropriate that the automaker fortifies its heritage with a jacked up turbo wagon that seems sculpted for the wind as much for the road. Channeling the larger XC70, the midsize V60 Cross Country wagon flaunts 19-inch alloys, plastic wheel-well extensions and aluminum trimming the ground affects and lower facias.

The Cross Country's raised ride height of 2.6 inches over the standard wagon makes it easier to enter and no less comfortable. You could justify buying a Volvo just for the plush, huggy heated leather seats, but would also appreciate the heated steering wheel and thin center control stack with storage behind. The cabin feels precisely crafted, but nothing is flashy. Dark zebra wood grain and aluminum trim add warmth. Plug in your iThing, crank the Harman/Kardon audio system, open the moon roof, and make all the Bluetooth calls you want.

Take a look at the beautiful dashboards of the new XC90 and upcoming S90 to know the V60 is ready for an overhaul. It uses an

2016 VOLVO V60 CROSS COUNTRY Five-passenger wagon

Price as tested:

\$45,165

Base price:
\$41,200

Mpg: 20 city, 28 highway

Engine: 2.5-liter turbo
five-cylinder T5

Transmission:
6-speed automatic in
all-wheel drive

Parting shot:
Safe and comfortable,
the V60 Cross Country
challenges all roads.

old-school screen mounted high in the dash, controlled by knobs and buttons below, for navigation, climate, and audio. It works, but can be a little confusing and less than elegant. Under the hood, a turbocharged 2.5-liter five-cylinder delivers 250 horsepower and 266 pound-feet of torque. It connects to a six-speed automatic transmission and Haldex all-wheel-drive system.

The turbo-five is plenty peppy, able to shove the wagon from 0 to 60 mph in 7 seconds and on the way to 130 mph. A light morning dusting proved no challenge as the AWD

system is sure-footed through snow and rain. But the V60 doesn't get the S60's efficient turbocharged and supercharged four-cylinder engines. It could also use Volvo's new eight-speed transmission.

On a three-hour trip to see my parents, I kicked the left lane with baby softly snoozing in the rear. The car was quiet, with the suspension balancing firmness and comfort. It felt planted with the AWD system and turbo reassuring. But our journalist-thrashed test car had some squeaky-creaky from the driver's door panels. And refrain from using too much bass if you don't want to hear those doors vibrate like your picture window when the neighbor kid rolls his thumpin' Civic into the driveway.

With an array of safety technology like pedestrian and cyclist detection systems that can completely halt the car if you don't, Volvo's focus on safety remains unquestioned.

An antidote to the commonplace crossover, the V60 offers all of the traditional Volviness you expect in a sleek package with all-road capability. Improved fuel economy, silenced squeaks, and simplified controls would make it even better.

Casey Williams is an automotive freelancer.

Like a blood test for a car — oil test shows engine health



BOB WEBER
Motormouth

Q: I have a 1973 Corvette with around 82,000 miles. That car is pretty correct and has not been modified. What besides an engine compression test will tell me when the engine is in need of restoration?

— Glenn M., Westchester, Ill.

A: The next time you have the oil changed, take a sample of the oil and send it out for analysis. A blood test can detect problems about your health. An oil analysis does the same for your engine. Various metal traces in the oil point to wear of engine components. You can buy kits to collect the sample at most auto parts stores. The cost, around \$30, also covers the testing. Blackstone Laboratories in Fort Wayne, Ind., is one of the major labs. To learn more, go to www.blackstone-labs.com.

Q: My car has been infiltrated by ants. My

condo sprayed the parking spaces, and I have sprayed several cans of Raid in the interior and trunk. I had my mechanic use his compressor to try to blow them out under the hood and the undercarriage. Some people suggest the car be "bombed," but my mechanic says that could damage the controls. Any suggestions?

— A. D., Boca Raton, Fla.

A: We suggest calling an exterminator. But try a few things on your own. Remove food sources (candy wrappers, potato chip bags, etc.) and vacuum the car top to bottom. Clean hard surfaces with window cleaner. You may have to repeat this every week for several weeks. If this does not work, call in the pest control cavalry.

Q: A couple of weeks ago my 2007 Honda Accord would not start for three mornings in a row. I took it to the shop and the battery was replaced. It continued to not start off and on for the next week. I discovered by accident that it was the key I was using. It was an extra that I purchased at a Honda dealership. The extra key has worked

well for three years, and now we suspect the microchip is malfunctioning. The key we got when we purchased the car still works fine.

— L.L., Deerfield, Ill.

A: You get an A in diagnostics. If one key works while the other fails, it is the key's fault.

Q: For years I have plugged a small solar charger into the cigarette lighter whenever I parked my old T-Bird, resulting in a fully charged battery at all times. Does anything similar exist that would supplement the charge to an all-electric (or hybrid)?

— B.M., Downers Grove, Ill.

A: Hybrids still have a 12-volt battery for lights, radio and so on. A solar-powered trickle charger will help keep that battery charged. We are not aware of any such chargers for drive motor batteries.

Send questions along with name and town to Motormouth, Rides, Chicago Tribune, 435 N. Michigan Ave., Fifth Floor, Chicago, IL 60611 or motormouth.trib@verizon.net.



WIECK/GENERAL MOTORS

An oil test could warn whether a car like this 1973 Chevy Corvette needs engine work.

Gutierrez fights injuries to finish season

BY JAKUB RUDNIK
Pioneer Press

Dino Gutierrez's 2015-16 wrestling season didn't begin as he would have liked; he was still recovering from surgery to repair his meniscus in his right knee when preseason activities began.

Gutierrez, a four-year varsity wrestler for Notre Dame, was no stranger to injuries: He had surgery on his right shoulder in the spring of 2015 after two separations and a torn labrum. He hoped he could keep the injury bug at bay for his final season. But he dislocated his right shoulder again against Glenbard West at the DeKalb Dual Meet Tournament at the end of December, just one month into the season.

Gutierrez wouldn't let that end his career.

"I knew I was coming back as soon as it happened," he said. "I had no doubt in my mind. It was my senior year, and I wasn't letting anything stop me."

Gutierrez worked to rehab and strengthen the shoulder and made it back to the mat less than a month later for the East Suburban Catholic Conference tournament, in which Notre Dame finished second. He earned all-conference honors at 160 pounds.

"He did everything he could to get ready to wrestle," Notre Dame coach Augie Genovesi said. "For a month there was a lot of strength work and stretching to get back from injury."

Two weeks later, Gutierrez competed in the Class 3A Conant Sectional as an individual, where he lost to Prospect's Bobby Jarosz in the second round. He won

two matches in the wrestlebacks and was named an alternate for the individual state meet, though he did not wrestle at state.

Notre Dame won the Maine East Regional and advanced to the Larkin Dual Team Sectional to face Prospect after the individual state meet was finished. That led to a rematch between Gutierrez and Jarosz.

"It was a revenge match," Gutierrez said. "This was someone who had pinned me two weeks earlier. I knew that shouldn't have happened. This was a pride match and a revenge match more than anything."

Gutierrez's mind-set led to aggressive wrestling and an 8-7 win.

"It was probably the best match of the day for us," Notre Dame senior Tom Simon said. "He was more

on offense this time."

"I wanted to prove something," Gutierrez said.

Despite Gutierrez's individual win, Notre Dame lost 36-16 with four overtime losses, swinging the score in Prospect's favor. Gutierrez said that while it was great to get that bit of redemption, it was tough to lose and finish a wrestling career on a team that was very close.

"He's been a four-year varsity wrestler who has just had some bad luck physically," Genovesi said. "He's one of the kids who stands out because he's a good student and a good athlete."

Gutierrez, who will graduate summa cum laude and scored a 29 on the ACT, said he has been accepted into the University of Illinois, Loyola University Chicago and Illinois-Chicago. If he chooses to stay in the Chi-



JON LANGHAM/PIONEER PRESS

Prospect's Bobby Jarosz (left) locks up Notre Dame's Dino Gutierrez during the Class 3A dual team sectional in Elgin on Feb. 23.

cago area, he plans to help Genovesi by coaching with the grade school program. Even if his body let him down at times during his career, his wrestling mind was always intact.

"I'm not wrestling in

college, but I think I've still got a lot to give back to the sport," Gutierrez said. "I've got a lot of knowledge to share."

Jakub Rudnik is a freelance reporter for Pioneer Press.

Good luck to the
Girls Class 3A and
4A contestants in the
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finalists competing for
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The polls are open!

Meet your March finalists and head to the polls! Voting is open at chicagotribune.com/athletes through noon on March 10. You may vote once every 12 hours.

Caleigh Pistorius

Maine South freshman
Best result: Pistorius tied for 12th in the vault at the state gymnastics tournament on Feb. 19. She scored a 9.425. She also competed in the floor exercise and tied for 23rd (9.200).

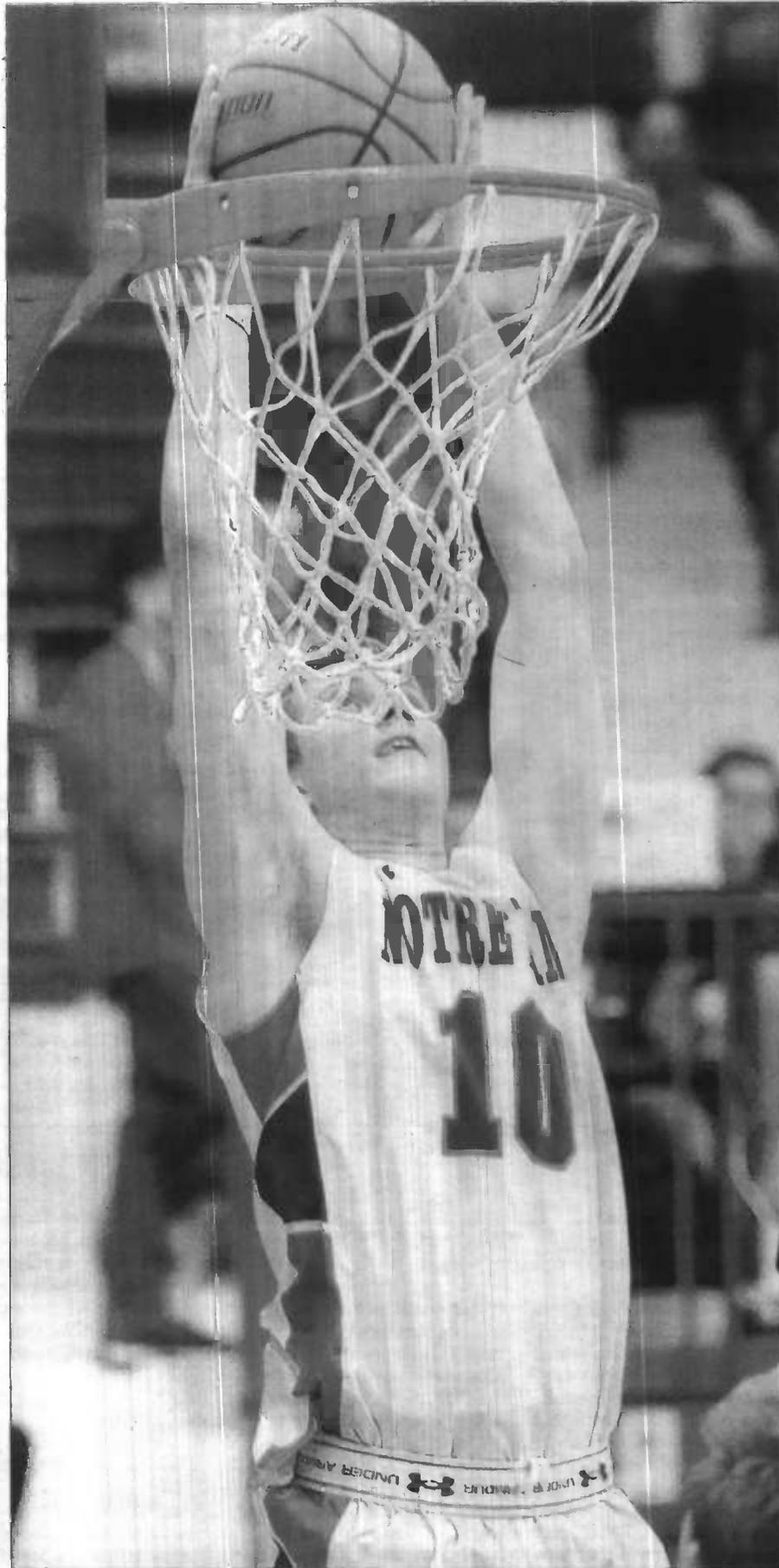
Jasmine Dirks

Niles West freshman
Best result: Dirks competed at the state gymnastics meet in the vault and finished 31st with a 9.050 on Feb. 19. She advanced to state by tying for third (9.400) in the vault at the Mundelein Sectional.

Zaria Syfu

Niles North Junior
Best game: Syfu competed at the state bowling tournament, finishing with a two-round total of 1,064 on Feb. 19. Her average score at state was 177.3. She tied for 125th place.

CHICAGOTRIBUNE.COM/ATHLETES



PATRICK GORSKI/PIONEER PRESS

Notre Dame center Anthony D'Avanzo dunks against St. Viator on Feb. 12 for Niles.

D'Avanzo a triple threat in the post

BY TODD MARVER
Pioneer Press

Notre Dame senior center Anthony D'Avanzo has given opponents fits by scoring, rebounding and blocking shots at a consistently high level.

In the regular-season finale at Marian Central, D'Avanzo scored five of his 13 points in overtime of the Dons' 68-65 win on Feb. 24. He scored the first four points of the extra session to give the Dons a 64-60 lead and later added a free throw to extend Notre Dame's advantage to 67-62.

"(D'Avanzo) has evolved into one of the best bigs in the area and probably in state," Notre Dame senior forward Ammar Becar said. "He's been playing really well for us in the last few games blocking shots and he has the right mentality and things like that. He helped us with those two big buckets in the overtime and he's playing his role. He's doing what he knows best and that's a half hook and the basics and fundamentals and blocking shots and rebounding. I feel like that's what is going to get him noticed if we go further in playoffs. So Anthony's definitely a guy to watch."

The Dons entered the postseason — they received the fourth seed in the Class 4A Glenbrook South Sectional and were scheduled to play on Tuesday, March 1 — on a five-game winning streak, which tied for a season-best. D'Avanzo had several big games during that stretch:

■ He recorded 13 points, 8 rebounds and 4 blocks versus Marian Central on Feb. 24.

■ He tallied 12 points, 12 rebounds and 7 blocks against Marist on Feb. 19.

■ He added 10 points, 11 rebounds and 7 blocks ver-

sus St. Viator on Feb. 12.

■ He finished with 6 points, 10 rebounds and 8 blocks against Marian Catholic on Feb. 5.

D'Avanzo, who is listed at 6-foot-7 and 190 pounds, uses deception to trick shooters and rack up blocked shots.

"When I block shots, I try to just make them think they can get a layup and then I jump at the last second and try and get it so I don't get the foul and block it," D'Avanzo said. "(For rebounding I) just get a body on my man and box out and go after the ball. Coach (Tom) Les always talks about going after the ball and getting it at the highest point, so that's what I've been trying to do."

Becar stated that D'Avanzo's blocked shots give the Dons an extra boost of energy.

"Most of his blocked shots are probably glassed," Becar said. "That's a slang term for blocked off glass. It just motivates us when we see he's going out playing hard and blocking shots and it just gives us another surge of energy to play harder and that's what we do."

Les indicated that the other players aren't always doing their job after D'Avanzo blocks a shot, though.

"The only problem that we have after he blocks them is that we're not getting them all," Les said. "He goes to help and his man sneaks in and gets an uncontested offensive rebound, so the rest of the group has to regroup and get to the rim."

Les noted that he is even more impressed with D'Avanzo's ability to change shots and reduce the opposition's points in the paint than his rebound and blocks totals.

■ "I think his best attribute

is his mobility on the defensive end," Les said. "He deflects and changes a lot of shots and then after he changes them, he goes and covers them on the rebound. He's really unsung on his stats side. His rebounding numbers are good and his blocks are good, but more importantly than that he changes shots and keeps people out of the paint. From the last five or six games last year all through this year, he's played very well. He locks down the post and scores inside. He's had a really good year and finished really strong last season."

Les attributes strength training to D'Avanzo's success.

"He's done a lot of work in the weight room," Les said. "He's getting better and better each week and each game he gets a little bit better. And I think his weight-room work has been really significant to his success."

Becar and D'Avanzo agreed that going against each other in practice also has helped D'Avanzo improve.

"(D'Avanzo) has been playing against me (in practice) for three years," Becar said. "I'm a really rough guy at practice and I have a very hard work ethic. I always motivate him to go harder and push me and score and to play harder and run the floor."

"Just going against each other in practice every day (helps)," D'Avanzo said. "We're all really talented even our bench, so going against our bench players even helps a lot. So that just really sets us above the others."

Todd Marver is a freelance reporter for Pioneer Press.

Twitter @todd_marver

BOYS SWIMMING STATE NOTEBOOK

Kearney happy to compete in freestyle final

BY MATT HARNES
Pioneer Press

Christopher Kearney finally cleared the hurdle.

After swimming in the consolation finals of the 100-yard freestyle the past two seasons, the Loyola senior got himself into the top six at this year's state meet at Evanston.

His personal-best 45.91 seconds on Feb. 26 was good for fifth in the preliminaries. Kearney held that position in the final on Feb. 27, clocking a time of 46.25. It was the seventh medal of his career.

"I did it," said Kearney, who lives in Deerfield. "That felt good. [Saturday] was my last swim for Loyola, so I wanted to have fun with it. I had no time or place in my mind."

Loyola coach Mike Hengelmann said Kearney's improvement in the event can be traced to his increased stroke rate. Simply put, Kearney is moving his arms faster than in previous seasons.

"He's a big, strong dude," Hengelmann said of the 6-foot-4 Kearney. "He's been able to use his strength to get more speed."

Kearney echoed Hengelmann's assessment.

"I didn't change my technique or anything like that," he said. "I just got stronger, and that helped me with my tempo."

The Miami (Ohio)-bound Kearney also took third place in the 200 free (1:41.03) to match his performance in the event from last season.

"He's had a really successful career for us," Hengelmann said.

Junior Chris Canning took second in diving with 468.15 points. Hononegah senior Payton Staman was the state champion with 475.05. Canning was fourth after the prelims and third after the semifinals.

The state medal was Can-



BRIAN O'MAHONEY/PIONEER PRESS

Niles North's Maxim Royzen finished third in diving at the state meet on Feb. 27 at Evanston.

ning's third in three years. He placed third as a sophomore and fourth as a freshman.

Evanston

Evanston coach Kevin Auger had only one swimmer to root for on Feb. 27 at the state meet at his home pool.

Although the Wildkits had nine entries in the preliminaries, on Feb. 26,

none of them qualified for the finals, which is saved for the top 12. The top six compete in the championship heat.

Sophomore Aaron Holzmueller, competing in the athletes with disabilities division, represented the Wildkits on the second day. He finished fourth in the 100-yard breaststroke (3:01.80), fifth in the 50 free (57.67) and fifth in the 100 free (2:08.28).

Nevertheless, Auger said his team accomplished what it set out to do, which was advance as many swimmers as possible to the state meet. The good news is that seven of the 10 Wildkits who swam at the state meet have eligibility remaining.

"We are not disappointed at all," Auger said. "We were hoping to have that one super surprise swim, but it didn't happen."

Junior Evan Ziolkowski

is one swimmer who Auger said he anticipates bigger things from next season. Ziolkowski was part of both the 200 free relay and the 400 free relay at state.

"Evan has been putting in the time," Auger said. "For me, it's the smaller, technical things he needs to work on, like starts, turns, hand placement. If he continues to build on his strengths, he should take the next step next year."

Glenbrook North

Mark Schneider closed out his prep career on Feb. 26 with four swims. In his individual races, the senior was 25th in the 50 free (21.94) and 34th in the 100 free (49.01).

Schneider also swam on the 200 free relay that finished 20th (1:27.48) and on the 200 medley relay that took 21st (1:37.56). He was joined by senior Arshad Baxamusa, senior Eric Velez and freshman Jake Shapiro for the 200 free and teamed up with Shapiro, sophomore Ethan Schonfeld and Baxamusa for the medley.

Niles North

Maxim Royzen placed at the state finals for the third season in a row in diving. The junior had his best career showing on Feb. 27 by taking third with 462.90 points. Royzen finished fifth as a sophomore and took 10th as a freshman.

Niles West

Cameron Lee didn't win any state titles this year, but the senior said that didn't get him down. He said he enjoyed his three seasons swimming at the state meet for Niles West as part of the athletes with disabilities division.

Lee has Charcot-Marie-Tooth disease, a neuromuscular condition that affects his lower body. Lee lacks the normal amount of muscle mass in all areas of his legs.

A four-time state champion, Lee capped his career on Feb. 27 by taking second in the 200 free (2:22.23), third in the 50 free (27.66) and third in the 100 free (1:01.25).

Matt Harness co-hosts a golf podcast called *Teeing Off*. Find it on Twitter (@Teeing_Off).

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In this Dec. 22 photo, Notre Dame's Anthony D'Avanzo blocks a shot by Waukegan's Tremayne Gwinn at the Wheeling Hardwood Classic.

TRACY ALLEN/
CHICAGO TRIBUNE

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Dons' D'Avanzo has a penchant for blocking shots. Page 37

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