

# NILES HERALD-SPECTATOR

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nilesheraldspectator.com

## Search continues

District says no conflict exists in hiring educational search firm. Page 4



BRIAN L. COX/PIONEER PRESS

The Niles Township High School District 219 Board of Education on Feb. 17 voted unanimously to hire BWP and Associates to lead the district's search for a new superintendent and a principal at Niles North High School. District 219 interim superintendent Mark Friedman (left) is a partner with BWP and Associates, an educational leadership search firm in Libertyville.

GO

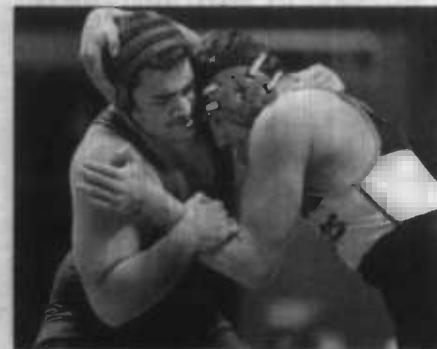


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SPORTS



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LIVING

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## SHOUT OUT

# Nancy LaBreach, traveler and presenter

Nancy LaBreach, who works in marketing for Whole Foods — including a stint at the Park Ridge store — will be speaking at the Park Ridge Public Library at 7 p.m. Feb. 25 about her trip last fall to India through the Whole Planet Foundation.



LaBreach

The foundation, established by Whole Foods, supports micro-lending opportunities — usually around \$200 and primarily to poor women overseas — so they can start their own small businesses and earn their own money.

**Q: What did you do in India through Whole Planet Foundation?**

A: We went into rural India and met some women and saw a banking session. We were able to see a couple of the businesses [that were started with a microloan]. One [was] a dental practice that a woman was helping her husband to expand. Another was a woman who sold sari fabric. We also got to visit a children's home that was part of a program through the Miracle Foundation.

During that time, we got to be hands-on ambassadors, getting to work with children and understand the operations of the orphanage. The last leg of the trip was working with Traditional Medicinals, a company that makes herbal teas sold through

Whole Foods Market.

**Q: What was your reaction to visiting India?**

A: Initially, I was traveling alone and I ended up in Dehli before sunrise and it was incredibly overwhelming. Just the mass of humanity. I don't think I was prepared for that. It was a huge culture shock. But once I got out of Dehli and got into the mountains [where I spent the first week], I met some really nice people and had an opportunity to trek into the Himalayan mountains. That's where I really connected to the country.

**Q: What did you think of the food you tried there?**

A: They all had a strong vegetable base with heavy spices. At first, the dishes seemed very similar, but

toward the end I really adapted to it. There was a lot of white rice and a lot less meat. I was almost completely vegetarian when I was there ... There was also dal [a lentil dish] everywhere, mostly a yellow dal that was served with every meal. Comparing the dal was interesting along the way. Roti was also served with most meals — it's like a tortilla. I got to make roti at the children's home, so that was a hands-on experience.

**Q: Did you experience any of the popular 'Bollywood' culture?**

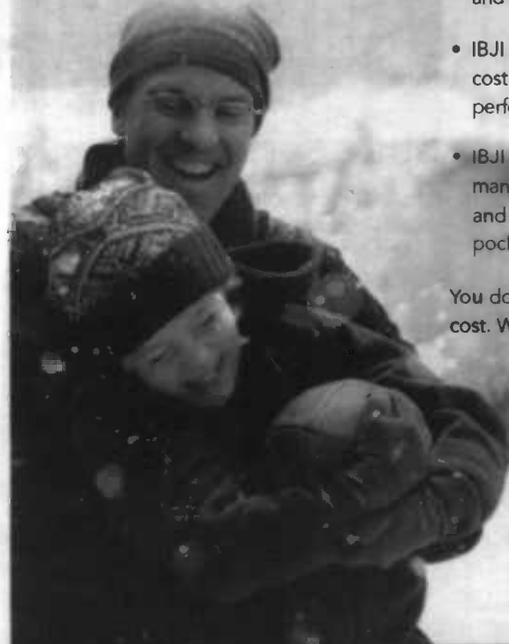
A: The whole country is filled with music — all the time! Whenever we went out in public there would be a TV on with an MTV-like channel playing just Bollywood videos. So I got to see them all the time. To me, it was so much fun, just a celebration of life and love.

**Q: What will your library presentation include?**

A: I'm going to do an overview of my trip and bring some samples of Indian food to try.

— Jennifer Johnson, Pioneer Press

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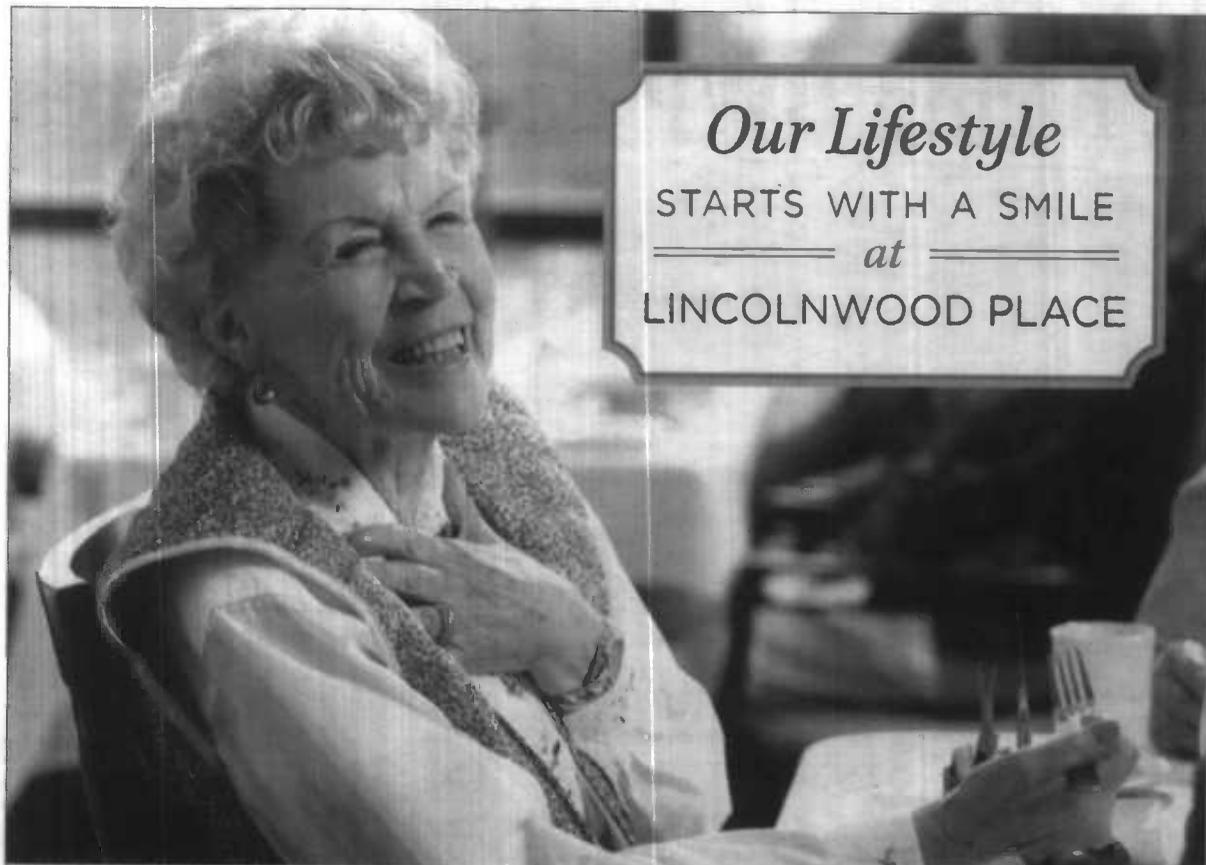
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# D219: No conflict hiring BWP and Associates

## Interim superintendent works for firm hired in superintendent search

BY BRIAN L. COX  
Pioneer Press

Niles Township High School District 219's interim superintendent said there is no conflict in the Board of Education's recent vote to hire a firm where he works to lead the district's nationwide search for a district superintendent and a principal at Niles North High School.

The board on Feb. 17 voted unanimously to hire BWP and Associates in the district's search for the two key positions.

Mark Friedman, the district's interim superintendent, is a partner with BWP and Associates, an educational leadership search firm based in Libertyville. He was tapped by District 219 in the fall following the departure of then-Superintendent Nanciann Gatta who left the district last December following a tight-lipped internal investigation.

Friedman is charged with assisting the board and leading the administration and staff during the transition to a permanent leader for the school district, officials said. Officials also said he will be paid at a rate of \$1,400 per day and he is limited to a maximum of 100 days of work per year.

"When I was negotiating my contract with the (District 219) Board of Education they asked me flat-out 'Can you lead this search?'" Friedman said. "I said if I'm going to be the superintendent I can't, but the group that I work with will."

On Feb. 8, the board appointed Steve Griesbach to serve alongside Friedman as co-interim superintendent for the remainder of the school year. Griesbach has worked at all grade levels in public schools during his 34-year

career, including eight years as superintendent at Gower School District 62 in Willowbrook, the district said in a release.

Griesbach, who is also a partner with BWP and Associates, is being paid \$1,200 a day plus expenses, the district said.

Mark Sproat, the board's president, said during the Feb. 17 meeting that the board is using BWP and Associates to help the district fill the two important positions because the company is the best one for the job.

Friedman also said it is not unusual for such arrangements to be put in place.

"It's pretty typical," he said. "Most superintendents are associated with one firm or another. It's all an ingrained business. Many retired superintendents are associated with a firm."

"When I was the interim superintendent in Winnetka we did the same thing," he added. "The firm I had an association with did the superintendent search in conjunction with me being the interim. The pattern is there and it happens all over the place."

In a request for a comment on why the district chose BWP and Associates instead of The Illinois Association of School Boards or another firm to lead the search Jim Szczepaniak, District 219's director of strategic partnerships and community relations, replied in an email saying:

"The Illinois Association of School Boards does not do extensive searches for superintendents. In fact, it would be a conflict for the association to recruit dues-paying members to work for other dues-paying districts. In addition, the IASB restricts its focus to Illinois schools and does not have the resources or connections



BRIAN L. COX/PIONEER PRESS

The Niles Township High School District 219 Board of Education on Feb. 17 voted unanimously to hire BWP and Associates to lead the district's search for a new superintendent and a principal at Niles North High School. District 219 Interim Superintendent Mark Friedman, left, is a partner with BWP and Associates, an educational leadership search firm in Libertyville.

***"It's pretty typical. Most superintendents are associated with one firm or another. It's all an ingrained business. Many retired superintendents are associated with a firm."***

— Interim Superintendent Mark Friedman

tions that would help D219 recruit nationally for these positions. We do not see a conflict in awarding the search to BWP. Mark Friedman and Steve Griesbach are under contract to (District 219) to serve the district as interim superintendents. They will not be directly involved in the search process."

Friedman also said that he expects the district will pay BWP and Associate less than \$30,000 for both searches, a price that he said is a bargain.

"Truly they're two months behind on what

they needed to do," he said of the district's ongoing search. "It wasn't their first priority but now it has to be."

During the Feb. 17 meeting, resident Frank Sacks told the board he wants the district to use an "unbiased search firm" with no connection to the district. He said the board should only consider candidates with at least five years experience, a track record of improved student outcomes and that the final four candidates should meet with the community to present their vision for the school dis-

trict. He also said the new superintendent should be required to live within the district.

"By living here that means they believe in the district," he said.

Friedman said finding candidates in the national search could be difficult.

"There are impediments to people from outside Illinois coming to the state of Illinois to take high-level administrative jobs," Friedman told the board.

"They come in as tier two employees and fall under a whole different scope of rules and pension systems," he said. "What's happening is few people are coming from out of state to Illinois in any position whether it's superintendent, principal, assistant superintendent. It's become an unattractive place to come to. What we'll need to do is make it attractive and we'll bring people in."

Friedman said the proc-

ess probably will take about three months.

"We're thinking you'll probably finish this up in April, and that person will have a couple of months to get acclimated by the start of July," he said.

He also said the new superintendent will play a key role in selecting a new principal at Niles North.

"As soon as that superintendent is identified, he or she can then roll up their sleeves and get involved in the principal hiring," Friedman said. "We're confident that Niles Township High Schools will attract a strong group of superintendent candidates and Niles North will attract a strong group of principal candidates. This isn't something you do by yourself. You definitely have to use outside assistance. It's a big task and a big job."

Brian L. Cox is a freelance reporter for Pioneer Press.

# D219 to offer staff members training in student diversity

By LEE V. GAINES  
Pioneer Press

Officials at Niles Township High School District 219 said they aim to provide district faculty with diversity training over the next three years in hopes it will enable educators to provide a welcoming space to discuss issues of race and ethnicity in the classroom.

Last December, the district's Board of Education approved a roughly \$20,000 contract with Pacific Education Group (PEG), a San Francisco-based company that engages "in sustained partnerships with educational organizations to transform beliefs, behaviors, and results so people of all races can achieve at their highest levels and live their most empowered and powerful lives," according to PEG's website.

Five staff members from the district — a combination of teachers, administrators, union members and special educators — will receive training through PEG, said District 219's director of equity and English language learner programs, Corrie Wallace. Wallace is one of five faculty members who will receive this training.

Roughly 85 staff members who responded to a recent district survey indicated they had attended a two-day seminar hosted by PEG, entitled Beyond Diversity, sometime in the last couple years, Wallace said.

"The idea is once we complete our training, the five of us will be able to deliver the two-day diversity training within the district," she said. This means staff members won't have to travel to receive the training and the district's PEG affiliates will be able to tailor the curriculum to fit their needs, Wallace said.

Glenn Singleton, founder of PEG, said his company typically doesn't engage in

what he called "affiliate development" until all board and administrative leaders within a district have received Beyond Diversity training. He said District 219 is a unique situation and he's become more flexible in the way the program is offered given what he calls "a pattern of resistance" to "developing consciousness and literacy in race" in the Chicago area.

The training itself "focuses on race, specifically" and "is very much focused on racial inequality within education ... we know that can be very intense for people, very uncomfortable and (Beyond Diversity training) allows people to work through the discomfort," Wallace said.

Singleton said the program teaches "educators how to see racial inequity in policy, programming and practices that are transpiring in school systems every day."

A slew of district educators, all of whom had attended a Beyond Diversity seminar, implored the board at their meeting last December to approve the contract, citing the personal and professional benefits they had experienced as a result of the seminar.

Among the advocates for PEG's curriculum were two Niles West High School students: 17-year-old senior Justina Jude and 16-year-old junior Claire Embil.

Both students are leaders of a relatively new club at the high school called Students Organized Against Racism (SOAR). Jude and Embil have first-hand experience working with PEG; the two students performed a spoken word piece at PEG's National Summit for Courageous Conversation in Baltimore, Maryland last October where Jude was also honored with an award.

The students, in a recent interview, said they can tell the difference between an

educator who has received diversity training and one who has not.

Jude, an Indian American, said she had a teacher "who did not realize that racism is not just a black and white issue but it also pertains to people who are Asian, who are Indian, who are Middle Eastern."

Embil, whose mother is white and whose father emigrated to the U.S. from Ghana, said she's the only African American student in both of her AP classes and that this circumstance results in awkward situations. She recounted a time when a teacher asked her to weigh in on slavery "because I'm black and they automatically assumed I have experience with that."

Had this teacher received training through PEG or PEG affiliates, Embil said they would not have said such a thing to her.

Another benefit of the training, Wallace said, is helping equip educators with the tools and knowledge they need to discuss incidents of racism, and recently, Islamophobia, occurring outside the classroom.

"Our students tell us, and I talk to them and other adults who talk with them, that (at school) everything is fine, but in the real world, and what they see on the news is not fine and it's our job and responsibility to prepare them for the real world," she said.

Singleton echoed the critical importance of melding curriculum instruction with students' own experiences of the world at large.

"When a teacher doesn't resonate or find importance around what's happening in the lives of students, then they are going to miss these students and the students are going to disengage from the institution," he said.

Lee V. Gaines is a freelance reporter for Pioneer Press.



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# Zacharias Sexual Abuse Center opens in Skokie

BY MIKE ISAACS  
Pioneer Press

After announcing last year that Zacharias Sexual Abuse Center was coming to Skokie, the center opened its doors this month, according to the social service agency.

ZCenter, as the service agency is often referred to, held a grand opening Feb. 16 at its new home at 4232 Dempster St.

According to the ZCenter, its services include free counseling, support groups and advocacy services to survivors of sexual violence

and non-offending loved ones. It is headquartered in Gurnee.

The Skokie site includes a lobby fireplace, an art therapy room, a play therapy room, two group therapy rooms including one designed for expressive arts therapies, five client counseling rooms, a community training room and space for the future healing garden.

"We're in the business of healing," said Amy Junge, the organization's CEO, during a tour of the facility in October.

At that time, ZCenter

still had work to do in finishing off rooms and other spaces before it was ready to open. None of the rooms were even furnished then.

"There is healing after sexual violence, and ZCenter is here to support survivors on their individual healing journeys in a beautiful, holistic space," Junge said, standing inside one of the unfinished rooms nearly four months ago.

The center is now ready for service, ZCenter officials say. According to ZCenter, the Skokie facility occupies about 5,100

square feet — half the size of the Gurnee center.

The organization traces its history back to 1981 when the Advisory Board and Coordinating Council of Lake County Health Department formed the Rape Victim Advocacy Task Force.

Lake County's first rape crisis center began in 1983 as a nonprofit organization — the Lake County Council Against Sexual Assault, according to ZCenter. In 1990, the Lake County Council Against Sexual Assault was able for the first time to offer counseling to

child survivors of sexual assault with the help of the Richard Zacharias Foundation, according to the social service agency.

In 1997, a new state-of-the-art facility was opened on Old Grand Avenue in Gurnee, ZCenter recounts. The center was renamed the Zacharias Sexual Abuse Center "to honor the generosity and public-service spirit of the Zacharias family, and to make a statement about an issue which is often hidden and not addressed publicly," according to the ZCenter Web Site.

The social service agency says it treated more than 40,000 people in 2014 in different ways at its flagship Gurnee location.

"Zacharias Sexual Abuse Center seeks to provide quality, comprehensive, client-centered services to survivors of sexual assault and abuse," its published mission states. "These services are provided in partnership with the survivor in the spirit of equality, free from judgment or oppression."

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# Culver's eatery planned for Skokie Boulevard Jewel parking lot

BY MIKE ISAACS  
Pioneer Press

Skokie's first Culver's restaurant with a drive-thru lane, proposed for an existing shopping development in the 9400 block of Skokie Boulevard, received unanimous backing last week from the Skokie Plan Commission.

Should the Skokie Village Board follow the Plan Commission's recommendation, the new Culver's would be built in the parking lot of the small center occupied by Jewel-Osco, Old Navy and Marshalls.

According to the proposal, the shopping center parking spaces would be reconfigured to accommodate the new eatery. The Plan Commission on Feb. 18 supported three necessary measures for the project to move forward — an amendment to the shopping center site plan, a special-use permit for the drive-thru and subdivision of the property.

Project Civil Engineer Maureen Mulligan of RWG Engineering LLC said the Culver's restaurant is targeted for the northeast corner of the roughly one-acre property in the current Jewel-Osco parking lot at 9449 Skokie Blvd.

The Culver's would be adjacent to the Jewel building and front Gross Point Road, she said. The building is just less than 5,000 square feet with its own drive-thru lane and 57 parking spaces, she said.

"The current site plan you are looking at is really the culmination of 10 previous site plan options that we went through," Mulligan told plan commissioners. "This plan took a lot of careful consideration from our ownership, from Jewel Osco, from the other tenants in the shopping center." She also said village staff helped come up with a final plan.

Mulligan said most of the considered site plans had to do with the location of the drive-thru. The drive-thru would allow stacking of up to nine vehicles before the ordering station, five between the ordering and pay stations and eight spaces for customers waiting for their orders, according to Culver's.

Project plans call for an entrance to the restaurant from Gross Point Road through a T-intersection between Jewel-Osco and the restaurant. A north entrance would also be available on Gross Point Road.

"The site plan of Culver's

safely and efficiently provides traffic flow — both vehicular and pedestrian," Mulligan said.

Skokie Planning Supervisor Steve Marciani said that although plans for the Culver's eatery include outdoor dining, a special-use permit was not needed because of the zoning of the area.

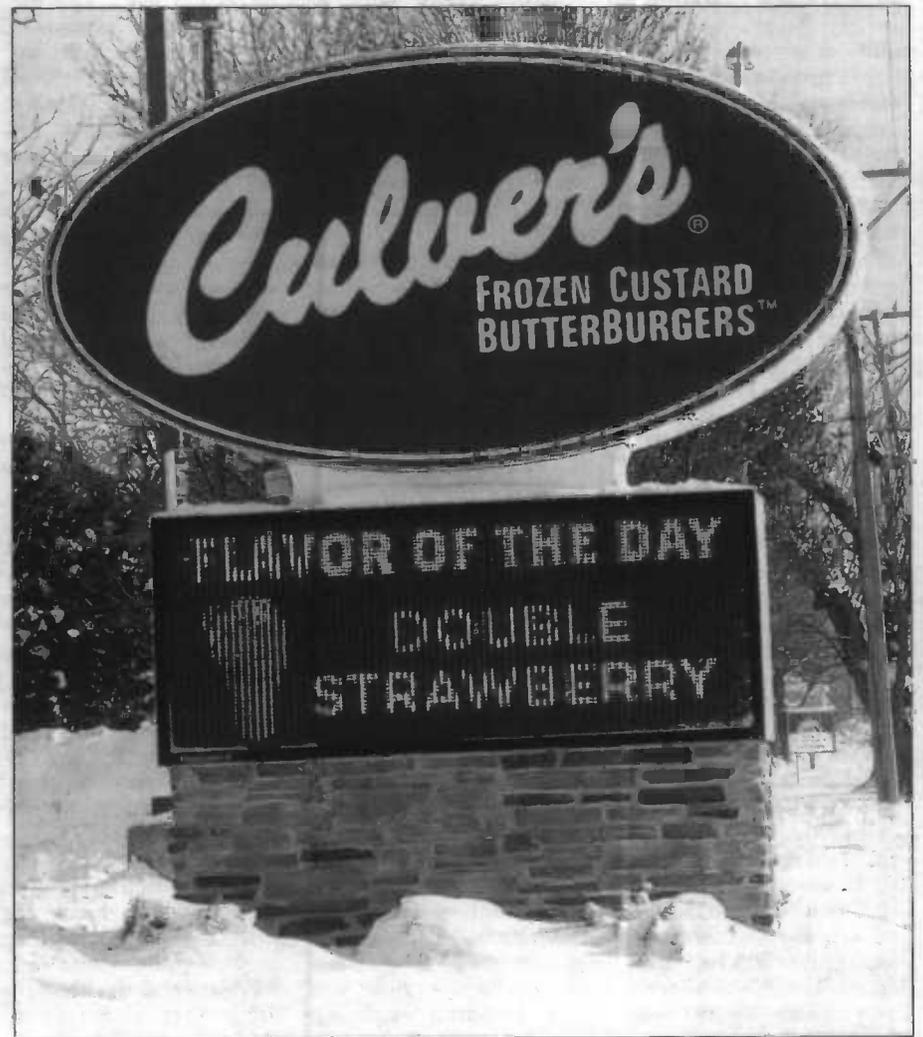
Culver's representatives said every site is individually managed so hours can vary. At a minimum, they said, hours would be 10 a.m. to 10 p.m., but some Culver's have extended closing hours to 10:30 p.m., 11 p.m. or even midnight.

In applying for project approval, the Culver's team called the eatery "an upscale fast food restaurant."

"The location of the building will enhance and improve the appearance of the shopping center, occupying a lesser-used portion of the Jewel parking lot and partially serving as a screen for the Jewel drive-thru pharmacy window," the team said in their application.

The Skokie Village Board is scheduled to vote on the project at an upcoming meeting.

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Culver's is planning to bring its frozen custard and butterburgers to Skokie.

# Woman who left scene not charged in pedestrian death

BY IRV LEAVITT  
Pioneer Press

A driver believed to have struck and killed a Golf Road pedestrian Feb. 16 will not be charged unless new evidence surfaces, according to the Cook County Sheriff's Police.

"Based on the information that we have, it does not lend itself to charges at this time," Sheriff's spokeswoman Sophia Ansari said Thursday.

The driver, identified only as a woman, drove about two miles from the collision site at Golf and Overlook Drive in the village of Golf, to the Cook County Courthouse at 5600 Old Orchard Road in Skokie, to tell police that "she may have hit something on Golf Road," Ansari said Feb. 17.

Ansari added that the incident, originally considered a hit-and-run, has been reclassified as a "pedestrian vs. vehicle crash." According to Ansari, the woman said she had stopped at the scene, but because of poor lighting could not see what she had hit.

Ansari said Feb. 17 that the driver spoke to officers at the courthouse at 6:57 a.m., 32 minutes after the County Sheriff reported receiving a telephone call

saying a body had been found on the highway.

Ansari said the time indicates when the driver made contact with the officers, but does not necessarily reflect how long it may have taken her to find them.

A cousin of victim Izah Malik, 26, who was from Niles, said Feb. 17 he couldn't understand why the driver hadn't been arrested.

The Cook County medical examiner's office reported Malik as being from Morton Grove. Morton Grove police confirmed Feb. 18 she was from the 7100 block of Niles Road in Niles.

"If you can't charge for hit-and-run, that's ridiculous," Faisal Malik said. "If we can't protect people who are just walking down the street, there's something wrong."

Faisal Malik said his cousin had apparently decided to take her early morning jog two miles farther from her Niles home than normal, and her family was surprised that she was off her usual route.

He said she had apparently been talking to another cousin on her wireless phone when she was struck.

"She was talking to her cousin, and then [the cous-

in] heard some noise," and the connection was lost, Faisal Malik said. "She called her back, and was not hearing anything."

The stretch of Golf Road where Izah Malik was hit is Route 58, a four-lane state highway. In response to a query, the Illinois Department of Transportation said Feb. 18 there were two accidents reported at Golf and Overlook in 2014 and a dozen at nearby Harms Road and Golf the same year, the most recent for which data is available.

Of the 14 accidents, four occurred after dark and two involved injuries.

"It's not very well lit, and there no sidewalks," Ansari said. "It's not a pedestrian-friendly area."

She said the driver had been traveling eastbound at the time of the collision, but the body was found in the westbound lanes.

Faisal Malik said Feb. 17 that he grew up with Izah Malik.

"She was a gorgeous person," he said.

"How can they not charge the driver?" he asked. "Somebody has a hit-and-run and they're not arrested? It doesn't make sense."

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# Alpana Singh to open Evanston location

BY PHIL VETTEL  
Chicago Tribune

Alpana Singh is headed to Evanston.

The award-winning sommelier and owner of Boarding House and Seven Lions restaurants will open an Italian-Mediterranean restaurant in downtown Evanston sometime this year.

"I used to live in Rogers Park," Singh said, "and I went to Evanston all the

time for dining and shopping ... when this opportunity came up, I thought, 'hmmm.'"

Singh signed a lease for an 8,000-square-foot space at 1701 Maple Ave. (formerly Bravo! Cucina Italiana, which closed in October), and plans to create a three-faceted operation under the name Terra & Vine.

"Terra & Vine will be the large dining room," she said, "then a smaller space, Bar

Terra, will be a 40-seat bar featuring a smaller menu ....

"The third component will be a private-dining and catering concept; we'll have four private rooms that will seat 10, 20, 40 and 60, but can be combined to hold 140."

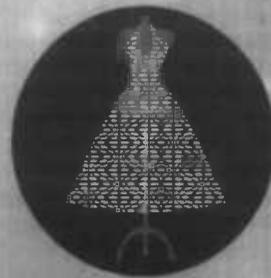
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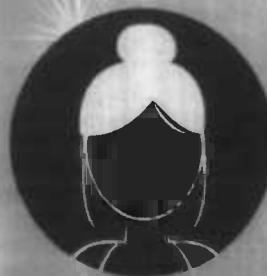
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## POLICE REPORT

The following items were taken from the Niles Police Department reports. An arrest does not constitute a finding of guilt.

**RETAIL THEFT**

■ Chinzong Batbayar, 33, and Solongo Tsobayar, 22, both of the 900 block of Lawrence Avenue, Chicago, were charged with retail theft on Feb. 16 after they allegedly stole cosmetics and a pair of women's leggings from a store at Golf Mill Shopping Center. The items were valued at \$190, police said. They have a March 10 court date.

**DUI**

■ Jesus Alcazar-Calleja, 20, of the 9000 block of Cumberland Avenue, Niles, was charged with felony aggravated driving under the influence and driving without a valid license on Feb. 15 after he reportedly struck a parked car in the 8200 block of Elizabeth Street around

12:20 a.m. According to police, the owner of the car that was struck opened the driver's side door of Alcazar-Calleja's car, removed the keys from the ignition and called 911. Police said an officer had to hold Alcazar-Calleja's arm to keep him from falling to the ground. He has a Feb. 24 court date.

**DISORDERLY CONDUCT**

■ A 52-year-old Park Ridge woman told police she became involved in an argument with two women who were talking loudly during a movie at AMC Showplace Niles, 301 Golf Mill Center, on Feb. 13. Shortly after the argument, the woman reported that water was thrown at the back of her head, police said. Security reportedly located a 47-year-old woman and her 19-year-old daughter and asked them to leave the theater.

■ A 13-year-old boy alleg-

edly began hitting a 12-year-old friend over the head with a pillow, which police said led to a physical fight between the two inside Golf Mill Shopping Center on the night of Feb. 13. Customers broke up the fight and the boys admitted that the incident was "joking around that had gone too far," police said. Both boys were released to their mothers, who declined to pursue any law enforcement action, police said.

■ Police said officers were called to a bar in the 9000 block of Milwaukee Avenue for a report of a man who was intoxicated, yelling at staff and "causing a scene" on the night of Feb. 13. A manager told police that the man kicked a door as he was leaving, but did not want to sign any complaints against him.

■ Police were called to a store in the 7800 block of Milwaukee Avenue on Feb. 12 after a man allegedly started yelling at em-

ployees because customers did not want to buy a phone he was selling. Police told the man he was no longer welcome in the store.

**BURGLARY**

■ A house was burglarized Feb. 11 between 1:45 and 7:30 p.m. in the 8500 block of Bruce Drive.

**THEFT**

■ A stolen Chevrolet Impala, which was involved in a pursuit with Wilmette police on Feb. 12, was discovered the following day parked in front of a fire hydrant in the 8000 block of Lyons Street, police said. The car reportedly was stolen out of Chicago on Feb. 5.

■ A woman reported that her phone was stolen from her purse while it was hanging on the back of a chair inside the computer room at the Niles Public Library, 6960 W. Oakton St., on Feb. 16.

## Police: Chicago man killed in hit-and-run

BY NATALIE HAYES  
Pioneer Press

A 35-year-old Chicago man was killed in an apparent hit-and-run Feb. 20 while crossing the street near a Norridge Dunkin' Donuts, police said.

Authorities said Tomasz W. Radke, of the 6300 block of West Addison Street, was hit as he tried to cross the street Feb. 20 at about 11:16 p.m.

Police said they are searching for the driver of a dark-colored vehicle seen near 7801 W. Lawrence Ave. at that time.

After hitting Radke, the driver did not stop but continued driving east, according to police.

Authorities said they

got several calls from drivers who reported seeing a man lying in the road.

Radke had been at a friend's house earlier in the evening, according to Dave Disselhorst, acting police chief for the Norridge Police Department. Police did not say where he was going when he was hit by the car.

The investigating is ongoing, and police did not release any other additional information Feb. 21.

Authorities asked that those with information contact the Police Department at 708-453-4770.

Natalie Hayes is a freelance reporter for Pioneer Press.

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# Actors to take flight in East's 'Mary Poppins'

BY JENNIFER JOHNSON  
Pioneer Press

When Maine East High School's Yula Sung takes on the role of Mary Poppins, she'll be literally soaring to new heights.

The Park Ridge school's upcoming musical will feature the characters of Mary and Bert (played by Derek Liavas) suspended by wires and flying over the stage, according to director Karen Hall.

Training of the actors by crews from ZFX Flying Effects was expected to begin Feb. 24, in time for the musical's debut on March 4. But two members of the public will also have a chance to "fly" on Feb. 25 as part of a raffle offered by the school.

"We're so excited to be doing 'Mary Poppins,'" Hall said. "It's such a classic musical based on a movie that everybody loves. You get to see all your favorite songs from the movie brought to life on stage, plus a lot of new music that was added. It's also just a classic family story about the importance of being together as a family and what's important in a family."

According to a news release from District 207, the musical "combines elements from both the 1964 Disney movie starring Julie Andrews and Dick Van Dyke and the series of children's books by P.L. Travers that inspired the movie."

As they prepared for the production, actors also had an opportunity to video chat with Maine South High School alum Brad Haak, who was the music director for the original

six-year run of "Mary Poppins" on Broadway.

"He took about 30 minutes to talk to the kids and he talked about the process of putting 'Mary Poppins' together on Broadway," Hall said.

Maine East was also granted permission to use the original choreography from the Broadway production for the number "Supercalifragilisticexpialidocious," she added.

"Mary Poppins" will be presented March 4, 5, 11 and 12 at 7:30 p.m. in the school's auditorium at 2601 W. Dempster St. in Park Ridge. Tickets are \$10 and can be purchased through Maine East's website, [east.maine207.org](http://east.maine207.org), by clicking the "seat yourself" tab.

Cast members include Yula Sung, Derek Liavas, Ebad Khan, Vi Kakares, Kate Arey, Iva Galic, Martin Galic, James Righi, Jordan Ratliff, Claudia Quintero, Alexis Joseph, Leila Music, Marielle Pabustan, Joey Maltese-Miller, Johnny Maltese-Miller, Halie Urbanski, Yusuf Ahmed, Palash Ranjit, Eric Burke, Vic Cayas, Annalise Lasky, Jessica Janis, Karisma Kohli, Mayah Rotter, Jasmine Moraga, Ellen Cherkassky, Emily Cashen and Sari Halabi.

Members of the ensemble are Victoria Alba, Joanne Areno, Allison Baek, Jacob Carrion, Sharon Edamala, Fionna Ek, Lily Ford, Taylor Gammell, Olga Grzebyk, Helaine Ilacio, Adam Lindquist, Lexie Moreno, Akshar Shah, Penny Veneri and Rachel Zarembski.

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Twitter @Jen\_Pioneer



KEVIN TANAKA/PIONEER PRESS PHOTOS

Yula Sung plays Mary Poppins in Maine East High School's production of the play in Park Ridge Feb. 17.



Derek Liavas rehearses for Maine East High School's production of "Mary Poppins" in Park Ridge.



Amli Patel works on set construction for Maine East High School's production of "Mary Poppins."

# Pleasant Ridge teacher set to retire

Longtime physical education instructor has also worked with fundraising efforts

By PHIL ROCKROHR  
Pioneer Press

David Jones, a physical education teacher at Pleasant Ridge School in Glenview for 28 years, is retiring in style at the end of the school year.

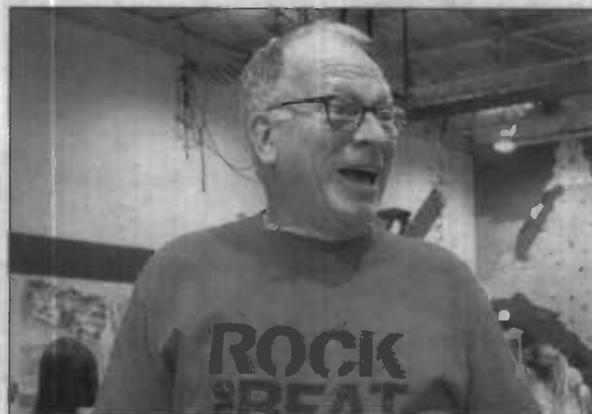
Jones, 60, of Northbrook, was honored in a ceremony at the school on Feb. 12 for achieving what an American Heart Association spokesman called a "historic milestone."

Over the last 28 years, Jones and Pleasant Ridge students have raised more than \$1 million by jumping rope, said Corey Rangel, director of communications in the association's Chicago office.

"His passion and dedicated work will help Pleasant Ridge become only the second school in the country to raise a million dollars for the American Heart Association's Jump Rope for Heart program," Rangel said in a prepared statement.

Jones, who was named a Golden Apple teacher in 2002, called the milestone a "bit unreal." The choice to involve his students in the annual fundraiser came easily, he said.

"I wanted a community service (project) for the kids, one that tied to their physical education," Jones said. "Working on a healthy heart while helping the community fit the bill."



KARIE ANGELL LUC/PIONEER PRESS

Pleasant Ridge Elementary School teacher David Jones

After six years at the Molloy Education Center in Morton Grove and three years at the Northern Suburban Special Education District, Jones launched Jump Rope for Heart in his first year at Pleasant Ridge, he said.

"The fundraising helps in the fight against our number-one killer," Jones said. "What could be more important than that? Students — heck, people — need to know that they can and should do to help out to make our communities

grow and move forward."

Pleasant Ridge is able to raise so much money because students tell donors that "any amount helps in the fight," Jones said.

"We don't set a school goal," he said. "We just do the job."

About three years into the annual fundraiser, Jones calculated that Pleasant Ridge would reach the \$500,000 mark by the time he retired, he said. Little did Jones know when he started that the Internet would help in fundraising by allowing students to create websites each year, reach out via email and connect donations online.

"We passed (\$500,000) long ago," he said. "So the \$1 million (mark) feels like the right time to go."

To put the achievement in perspective, approxi-

mately 24,000 schools in the U.S. participate in Jump Rope for Heart each year, Rangel said.

Currently, Pleasant Ridge raises between \$50,000 and \$65,000 each year, he said. The average school raises around \$3,500 a year, Rangel said.

Jones plans to spend his retirement traveling with his wife, riding his motorcycle, fishing, swimming, spending time with his new grandson and perhaps writing a second book, he said.

In 2009, he co-wrote "10 Demandments of Creativity," a guide for parents to foster creativity as their children develop, with Denis Berkson, a retired professor at Oakton Community College, Jones said.

Phil Rockrohr is a freelance reporter for Pioneer Press.

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# Developer revisiting shopping center plans

By NATALIE HAYES  
Pioneer Press

The Skokie real estate investment company hit with an \$11.5 million foreclosure suit last month for defaulting on a mortgage loan on the former Purple Hotel property announced plans this week to refinance its debt and continue to pursue a \$135 million shopping center with a hotel at Lincoln and Touhy avenues.

The real estate developer, Skokie-based North Capital Group, had planned to sell the property to Cleveland shopping mall developer Stark Enterprises, but the company failed to purchase the property by the date it had agreed to with the village, officials said. Neil Stein, principal of North Capital Group, said that prompted him to return to his original plans to move forward with a retail center dubbed the Shoppes at Lincoln Pointe.

"Unfortunately, that business relationship fell through, so we're moving on with our (original) plans to redevelop the property," Stein said.

North Capital now says it plans to refinance its debt with Toronto-based mortgage lender Romspen Investment Corporation, which is suing Stein's company for defaulting on a \$10.2 million loan against the property that was taken out in May of 2014.

In the foreclosure complaint, filed in the Circuit Clerk of Cook County Jan. 19, Romspen Investment Corporation asks a judge to order foreclosure on the former Purple Hotel property at Touhy and Lincoln avenues. The suit also asks a judge to order North Capital Group to pay \$11.5 million plus \$4,792 in interest per day starting Dec. 15, 2015 through the day of the final court ruling.

Romspen Investment Corporation alleges North Capital Group defaulted on its loan agreement when the maturity date passed last June without it being paid off. In the suit, the lender also claims North Capital Group failed to pay property taxes on the parcel of land in 2014.

Stein described the suit as a "friendly foreclosure," and said Romspen has no plans to seize the property.

Romspen Investment Corporation did not respond to requests for comment.



NORTH CAPITAL GROUP

A rendering of the original development plan from North Capital Group for the former Purple Hotel property. The proposed shopping center has been dubbed the Shoppes at Lincoln Pointe by the developers.



STEVE LASKER PHOTO

Neil Stein, principal of Skokie real estate development firm North Capital Group, appeared at the Feb. 16 Village Board.

Because of the financial fallout associated with the property, Stein said it took some convincing to get Village Board members to agree to extend his pre-development agreement (set to expire March 1) by another year.

The Village Board also agreed to give Stein until March 4 of next

year to comply with the terms of the pre-development agreement, which includes property restoration requirements for the site, including the removal of the concrete foundations on the property and the planting of grass.

The extensions granted during the Feb. 16 Village Board meeting also allow Stein additional time to resolve land use relief issues associated with the property and requires North Capital to continue to foot the bill for any costs connected with the project.

Those extensions are subject to certain conditions, however. Under the agreement, Stein has until May 15 of this year to show proof that his company has secured a "fully-executed" loan from venture capital firm IFC Capital, LLC, to finance construction costs and fend off the foreclosure suit. He also must produce a final plan for development by September of this year.

"One of the reasons the board is extending the agreement is because North Capital Group indicated that they have a formal

commitment for this project to move ahead," Trustee Larry Elster said.

Echoing the concerns expressed by other Village Board members, Trustee Jesal Patel asked Stein if his request for the extension was a way for him to secure a "placeholder" until he figured out whether plans to build on the property would finally materialize.

"We're setting expectations for the marketplace, for other developments, and for our residents as to what we expect to go there," Patel said. "And by extending an approval, we're not looking to kick a can down the road if that's what is intended to be done."

Known as the "heart of Lincolnwood" to many public officials and longtime residents alike, Village Manager Tim Wiberg has described the corner of Lincoln and Touhy as the top focus for economic development for the village of Lincolnwood.

"We too are disappointed this has taken a long time," Stein said. "Please know we're doing every-

thing in our power to get the project moving as quick as possible and to build something the village will be proud of for many years — we have every confidence we can bring this project to fruition as soon as possible."

A new timeline provided by North Capital Group shows a final engineering plan is expected to be ready by July 1. Construction would begin by Nov. 15, and the entire complex, including the hotel, would open by November 2018.

Stein, who had missed an informal deadline to start construction on the site last fall, shared his latest plans with Lincolnwood Trustees during a Feb. 16 Committee of the Whole meeting to refinance his debt with the Canadian lender attempting to foreclose on the property.

Stein is scheduled to appear at the March 1 Village Board meeting to ask for zoning relief for the property.

Natalie Hayes is a freelance reporter for Pioneer Press.

# Glencoe celebrates Random Acts of Kindness Week

BY DANIEL I. DORFMAN  
Pioneer Press

When Glencoe Junior Kindergarten student Levi Kaufmann, 4, asked his friend Elena to "please pass" an object, little did he know a reward was soon coming his way.

"I'm going to give you a blue sticker because you used kind words with Elena," his teacher, Sue Banker, told him.

The school was one of many Glencoe organizations that took part in Random Acts of Kindness Week, held Feb. 14-20. The week is a worldwide initiative, run by an organization of that same name, that asks people of all ages to do nice things and distribute blue stickers in recognition for good deeds.

Locally, the program was coordinated by the village's

social service agency, Family Services of Glencoe, with local partners including District 35, the Glencoe Park District and Glencoe Junior Kindergarten.

"We are trying to bring awareness to the importance of treating one another well, and to practice kind behavior," FSG Executive Director William Hansen said in an email. "In today's polarized world, and with more negative emotions being expressed more freely, bad behavior is often the result."

A 2014 FSG survey showed 30 percent of Glencoe respondents said they lack an adequate support network, and 36 percent believe they feel lonely or isolated.

While survey results did not produce answers as to why people of Glencoe felt the way they do, the overall

numbers are ones FSG officials hope to help reverse with the kindness challenge.

"The acknowledgment and gratitude expressed toward the 'giver' will be felt by both people in the interaction," Hansen said. "There is tremendous power in such interactions. The acts, as well as the stickers, will promote discussion. The teachers at the schools will talk about it with the kids. The workers at the Park District and youth agencies and Girl Scouts will talk about it with the kids. The kids will go home and talk about it with parents."

Debra Gaetano, the executive director of GJK, said the children will be asked to put together a journal with help from their parents about the nice things they've done, as a way of reinforcing the idea of being

kind.

"Part of preschool is teaching them what kindness is," Gaetano said. "We want them to be able to pick out when people are doing kind things. When they see kindness, they will be able to give kindness back to others."

District 35 Superintendent Catherine Wang said staff members are being asked to look out for random acts of kindness — and she hopes it starts a trend that will continue.

"We challenge everyone to pause and consider ways to show care and kindness each day," Wang wrote in an email. "The ongoing challenge is to sustain the caring and kind behavior; there is no need for kindness to stop when the week ends."

Daniel I. Dorfman is a freelancer for Pioneer Press.



DANIEL I. DORFMAN/PIONEER PRESS

Glencoe Junior Kindergarten student Levi Kaufmann shows off a sticker he received during Random Acts of Kindness Week.

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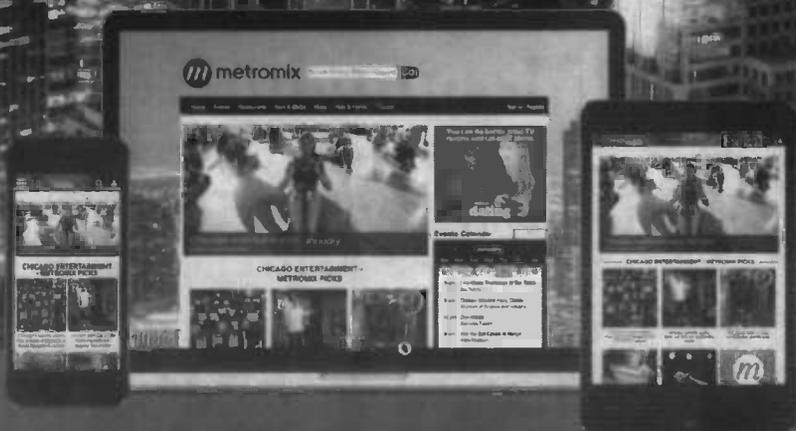
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## NEWS



MIKE ISAACS/PIONEER PRESS

Old Orchard Junior High School 6th grade violinist Christina Zela works with Chicago Philharmonic professional musician Sheila Hanford during a special concert this month. For the second year in a row, Old Orchard Junior High has partnered with Chicago Philharmonic.

## Chicago Philharmonic, Old Orchard Junior High find their perfect pitch

BY MIKE ISAACS  
Pioneer Press

For years, Old Orchard Junior High School students have been performing winter concerts in gymnasiums filled with family and friends.

Both students and faculty say that the concerts of the last couple years, however, have reached an even higher note. Sitting beside many of the students during two concerts at the school earlier this month were members of the Chicago Philharmonic, professional musicians who mentored the students over the last few weeks.

"It's got to be one of the highlights of my career," said faculty conductor Ingrid Nevinger of Old Orchard Junior High. "It's a privilege to work with these musicians. It's phenomenal."

The Chicago Philharmonic, founded in 1988, bills itself as a musician-governed not-for-profit organization founded by principals from the Lyric Opera of Chicago Orchestra.

"The Chicago Philharmonic Society has devel-

oped into a musical community of over 200 of the highest-level classical music performers in the Chicago area," it states.

In 2015, it entered into a pilot program where its musicians mentored Old Orchard Junior High students for several weeks. The program culminated in two concerts.

During that inaugural partnership year, Chicago Philharmonic Personnel and Concert Manager Terrell Pierce said he hopes the program can serve as "a model in how we can serve high schools and junior high schools throughout the Chicago area."

Old Orchard Junior High staff, so enthused were they about the success of the first year, predicted then that the partnership would become an annual staple.

The program may not have achieved the status of "annual staple" quite yet, but the partnership remains as strong as ever in year two, both the school and professional musicians say.

Chicago Philharmonic Executive Director Donna Milanovich told parents Feb. 9 what the musicians

have been up to at Old Orchard Junior High: They made music with their children, helped and instructed them, invited them to a Chicago Philharmonic concert and now were about to sit next to them in their own concert, she said.

"This is our second year and we individually, with all the different instruments you see, work with your students in different master classes for three weeks in a row," she said. "Then they have this side by side opportunity where they sit in with the orchestra."

Before this month's concerts began, each of the professional musicians and mentors introduced themselves to the large audience. According to the winter concert organizers, 10 of them participated in this year's mentorship program.

That program is made possible, organizers say, because of sponsors. This year, sponsors included the Charles and M.R. Shapiro Foundation, Mathew Lucante Violins LLC, J.W. Pepper and Music & Arts.

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Twitter @SKReview\_Mike

# Glencoe Historical Society hopes to rebuild waiting station

BY DANIEL I. DORFMAN  
Pioneer Press

The Glencoe Historical Society is trying to raise money to re-create a Frank Lloyd Wright-designed waiting station that was demolished more than a half-century ago.

The construction of the waiting station would cap off the 2015 centennial celebration of the commissioning of the Ravine Bluffs subdivision, where seven homes designed by the renowned architect remain.

"We really haven't seen any opposition to it," Historical Society President Karen Ettelson said at a Feb. 21 meeting at the Glencoe Public Library. "Everybody thinks it is a great idea."

The Historical Society's goal is to create a replica of the waiting station that was in place for passengers of the now-defunct North Shore Electric Line. It would be placed at the intersection of the Green Bay Trail and the Maple Hill Road, only a few feet



GLENCOE HISTORICAL SOCIETY

An artist's rendering from the Glencoe Historical Society of the Frank Lloyd Wright-designed waiting station that the organization hopes to re-create. The waiting station was demolished in the 1950s.

from the location of the original structure.

Historical Society officials said the original waiting station was constructed between 1917 and 1920 following the development of the subdivision and came down sometime in the late 1950s.

"We don't know when it was demolished," said Peter Van Vechten, Historical Society board member. "We've been searching frantically for that."

The North Shore Electric Line ceased operations in 1955, according to Ed Goodale, a His-

torical Society board member.

The Historical Society envisions the re-created waiting station to be approximately 210 square feet and adjoin the small Park 7N. Officials envision placing a planting bed in the park, as well as installing new sidewalks and restoring a stone gathering place there.

"We think it will be a comfortable area for people to catch their breath and just to enjoy nature," Goodale said.

Ettelson estimated the project will cost in the mid-six figure range, though the group doesn't have an exact number yet because the final design of the waiting station is still being decided. Ettelson said the group is now interviewing professional fundraisers to decide how it will reach its goal.

"We really are committed to making this happen," Ettelson said. "We want to do it in the most expeditious way we can."

Historical Society Treasurer Adam Steinback said the group

has raised so far approximately \$25,000 for the project.

Ettelson said the Glencoe Park District has already agreed to maintain the waiting station after it's built, but additional intergovernmental pacts between the Park District, the village and the Historical Society still need to be completed before it can be constructed.

The Village Board, which agreed to transfer the parcel of land to the Park District, has given the Historical Society a deadline of December 2017 to raise the money, according to Goodale.

Historical Society officials point to the re-creation of the Wright-designed Sylvan Road Bridge in 1985 as a precedent for having a new waiting station.

"It contributes to the quality and heritage of Glencoe," Goodale added. "Some of the more mature residents of the village, they remember this station."

Daniel I. Dorfman is a freelance reporter for Pioneer Press.

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# Bob's Discount Furniture comes to Skokie

BY MIKE ISAACS  
Pioneer Press

The opening of Bob's Discount Furniture store in Skokie this month completes the rehabilitation of a retail strip to the south of Westfield Old Orchard that had been vacant not long ago.

Within six months, however, the small shopping center in the 4800 block of Golf Road has been filled with two major retailers — first a Burlington Coat Factory and now Bob's Discount Furniture.

This latest addition marks the first Midwest entry for East Coast-based Bob's Discount Furniture along with four other stores that opened in the Chicago market around the same time.

"We've identified Illinois as a major market for us outside of where we've traditionally operated," said regional manager Todd Peter, who oversees all of the Illinois stores.

According to Peter, Bob's Discount Furniture is the 14th largest furniture chain in the country, with stores scattered throughout the East Coast.

The company confirms it has 14 stores in New York, 10 each in Massachusetts and New Jersey, nine each in Connecticut and Pennsylvania, five in Maryland, four in New Hampshire, two in Virginia and one each in Maine, Delaware and Rhode Island.

"Chicago is a major market," Peter said. "It's one of the top five markets in the United States. So the strategy is to go and bring our culture into the Chicago, Ill., market."

In addition to Skokie, stores are now open in Aurora, Burbank, Villa Park and Orland Park. Future stores are planned for Schaumburg and Calumet City as well as Merrillville, Ind., according to the company website.

So serious is Bob's Discount Furniture about entering this new market, Peter said, that 56 percent of the company's management team has relocated from the East Coast to Illinois.

Bob's Discount Furniture has grown rapidly since 1991 when Bob Kaufman opened his first store in Connecticut, according to company information.

In coming to Skokie, Peter said, Bob's has donated funds to Fair-



MIKE ISAACS/PIONEER PRESS PHOTOS

Bob's Discount Furniture regional director Todd Peter explains why the franchise never runs sales.

view Skokie School District 72 and the Niles Township Food Pantry, which is in keeping with company practice. Bob's has been an active donor to charities and has given back to communities wherever it has set up shop since its inception, he said.

Shoppers waiting for a wide variety of furniture at Bob's to go on sale will be waiting a long time.

"We haven't run a sale in 25 years," Peter said. "Bob's believes the person who comes in six months from now or next week or whatever should pay the exact same price as the person who came in today."

The Skokie store occupies 33,000 square feet, according to Bob's. It is laid out in a large open-room display with a cafe in the back, a design mirroring almost all of its near-70 stores across the country.

In Skokie, Bob's occupies space that last belonged to a golf merchandise store for years. When Golf Galaxy closed its doors, both spaces in the retail building became empty.

Skokie officials said they always expected these spaces to be filled by stores that would complement the neighboring Old Orchard shopping center.

Economic Development Coordinator Tom Thompson recently said furniture stores in particular seem to always want to be clustered near large shopping centers.

"We've talked to several furniture stores over the years," he said. "They will not go anywhere in the community except the Old Orchard corridor. They don't want to be more than six blocks away."

misaacs@pioneerlocal.com  
Twitter @SKReview\_Mike



Bob's Discount Furniture recently opened at 4825 Golf Road in Skokie, one of the first five of the franchise's stores in the Midwest. The store is located across from Westfield Old Orchard in a retail strip that had been vacant not long ago.

# Physical books, bookstores aren't going anywhere



PAUL SASSONE

Do you ever wish you could pick up a newspaper and read some good news? Well, it's a good thing you picked up this newspaper, because here is some good news.

The deaths of books and bookstores have been greatly exaggerated.

Using U.S. Census Bureau figures, Publishers Weekly reports that in 2015 bookstore sales rose by 2.5 percent from \$ 10.89 billion

to \$11.17 billion. This is the first such increase since 2007.

And Nielsen BookScan, which collects data on 85 percent of book sales, reports 571 million paper books were sold in 2015, up from 559 million paper books in 2014.

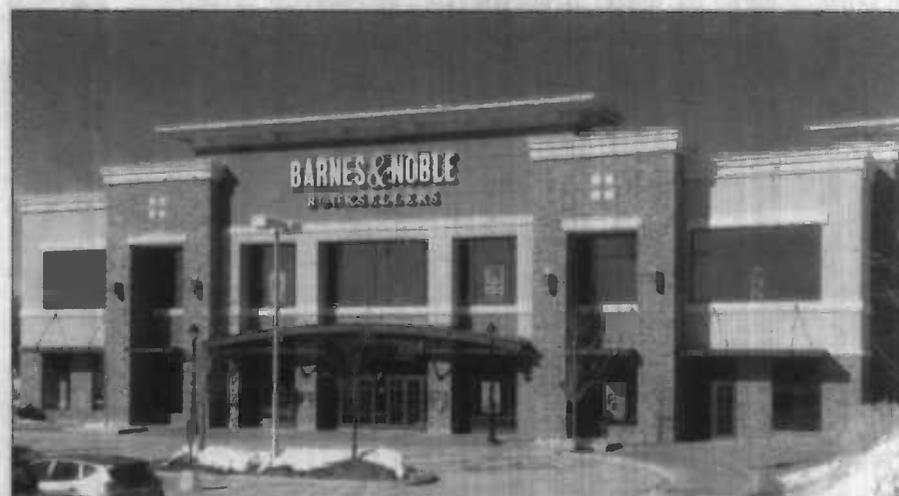
Real actual books. And book STORES. Despite all our electronic diversions, despite all the prophecies of doom, books and bookstores still are with us and likely to stay for some time at least.

And what is better than reading a book? I'm holding a book now, though not when I am actually typing. I'm not that coordinated.

Go ahead, pick up a book.

*Books are how we communicate across the years and centuries. Books shouldn't die, can't die. Books are necessary to us.*

Feel it. Smell it. Leaf through it. Admire the cover art and photos, maps and illustrations. Feel its heft. It has weight and substance. It is made of paper, which once was a tree, a living thing. Books are alive, physically. And the



RONNIE WACHTER/PIONEER PRESS

A Lincolnshire Barnes & Noble store is pictured in this undated photo.

stories and facts and fantasies and speculations in books are alive, too.

Books are how we communicate across the years and centuries. Books shouldn't die, can't die. Books are necessary to us.

Paper books have competition these days in ebooks. Although The Association of American Publishers reports that in the first three quarters of 2015, ebook sales were down 11.1

percent from 2014.

E-books aren't going away. And who wants them to? Reading is a good thing no matter the format or place.

And as for reading places, the American Library Association states that 208,904,000 Americans hold library cards, the most since the group started keeping track in 1990.

Surely, some of these millions are taking home

and reading actual books.

I looked it up. The Internet lists 156 bookstores in Cook County.

Go to them.

Buy a book, buy several books. Because what is better than reading?

And what makes reading more pleasurable than a real, actual, hold-in-your-hand book?

Paul Sassone is a freelance columnist for Pioneer Press.

# Don't take risks with ice in winter



RANDY BLASER

My older cousins liked to tell the story of how they were playing hockey one cold winter day on the frozen Humboldt Park lagoon when a Chicago cop drove his squad car onto the ice and chased them off because it was dangerous.

Since that day, I've been wary of frozen lakes, ponds and rivers, despite the obvious conflicting message of driving a squad car on ice to warn kids of the dangers.

Years later I went snowmobiling on frozen Pistakee Lake in northern Illinois and was warned to stay away from pressure ridges where open water could be lurking. A few weeks later, I saw a man take off from shore on his snowmobile onto the frozen lake and get about 40 feet from shore before the ice gave way and the snowmobile sank into the water.

Every year, we hear of tragedies or near tragedies happening in not so frozen waters.

Just this month, a man was rescued from Chain O'Lakes after his snowmobile fell though the ice.

Also this year, we heard of the tourists who tried to turn a frozen section of

Lake Geneva in southern Wisconsin into a parking lot. About a dozen cars fell through the ice, ruining the cars and the day for the tourists, but making one good story for the locals.

A frozen lake, pond or river can be very inviting on a winter day. Who wouldn't want to take a walk out onto the middle of the lake, an area usually only seen from a boat in summer.

And a lake dotted by the little black huts or tents of ice fishermen can give one the false idea that all is safe.

So when is it safe to walk on ice or drive across the lake with a snowmobile or even a car?

Here are some guidelines from one of my favorite resources for country

living - The Farmer's Almanac.

Three inches of ice is enough to support one person walking. Four inches of ice can handle a group in single file.

To hold up a car, you need at least 7 1/2 inches of ice, and for a light pickup truck, there had better be at least 8 inches of ice. For a heavy truck, figure on a foot of solid ice.

There are a couple of things the Lake Geneva cars could have done to stay dry besides not parking on the lake. One would be to keep the cars at least 50 feet apart. They were parked as if someone painted stripes on the lake.

But a better idea would be to drill a hole in the ice



DANIEL GAITAN/AP

Multiple vehicles were submerged after falling into the ice on Geneva Lake in Lake Geneva, Wis., on Feb. 6.

near one of the cars. When water starts lapping above the hole, the ice is sinking and you better skedaddle.

Perhaps the best way to stay safe is to avoid going on the ice at all. But if you absolutely must go, then use common sense. Don't

go alone. Test a patch for thickness.

While it is a lot of fun to snowmobile, ice fish or go skating this time of year, stay safe.

Randy Blaser is a freelance columnist for Pioneer Press.

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## OPINION

# Take a hint from your kids to get in shape



**NICOLE  
 RADZISZEWSKI**

Let's talk for a minute about your fitness regimen. Are you a runner? Do you lift? Go to Zumba? This is all great stuff, but what about the other 23 hours of your day? Let's talk about your commute, your job, your favorite TV shows, the time you spend watching your kids' activities, your social life and what you're doing while you read this article.

Are you moving?

Some of the most disciplined gym-goers and athletes I know are also the most broken (I used to be one of them). They're constantly battling injuries, they have poor posture and they're chronically stressed. On the contrary, some of the fittest people I know don't do any formal training. Granted, most of them are under age 5 - but they all have one thing in common: They move. All. Day. Long.

Here's the thing: Our bodies are not designed to sit for eight hours and then move for one. They're designed to lift, carry, run, jump, squat, twist, crouch, reach, push and pull - from the moment we wake up

until we put our heads on the pillow. When we move frequently and in a variety of ways, we keep our bodies in balance and functioning at their best.

I love watching my kids because they remind me of this. They literally hit the ground running when they step out of bed, and their little bodies are constantly in motion. Obviously, we don't have the luxury of playing all day long (and yes, age does play a factor in how well we move). But I bet if you just take a few hints from your kids, you'll feel fitter within a week.

Wear play clothes. When you put a button-down and khakis on your little guy, he throws a fit, right? It's because he can't move in this stuff! If you want to move more, you've got to dress the part. Take the squat test: If you can get into a deep squat and then sit on the floor (without showing stuff you don't want to show), you're good to go.

Which brings me to my next point: Squat. Like, a billion times a day. Watch your kids - if you have little ones, they are squatting all day long. When you pick up their toys for the millionth time, use it as an opportunity to use your booty.

Go outside. Even when it's really cold or really hot. There's something about the great outdoors that inspires movement.

Take off your socks. It drives you nuts when your kids do this, right? Well it's actually a really good thing for your feet and toes to be totally unshod. So go barefoot as much as you can, and when you need to wear shoes, lose the heels.

Go up the stairs to get that one thing you really need. Then come down. Go back up because you need something else. Then come down. Do this as many times as possible throughout the day.

Watch what you eat. If you don't let your kids eat it because you don't want to deal with the sugar high and crash, maybe the same should apply to you.

Don't sit still. Seriously, that fidgeting your 5-year-old is doing while he colors his art project is pretty awesome. Oh, and sit on the floor. Chairs do terrible things to your posture.

Sing. Put on music. Dance. It's impossible to sing along to your favorite song and not move.

Roll around on the floor because it feels good. Skip. Frolic. Don't worry about how you look - just move.

*Nicole Radziszewski is a freelance columnist. She lives in River Forest and is a certified personal trainer and mother of two. Check Nicole out on Facebook at Facebook.com/mamasgotta move.*

## LETTER TO THE EDITOR

### Thanks for the good work, Paul Sassone

Dear Paul Sassone,  
 I very much enjoy reading your columns in the Niles Herald-Spectator. In fact, all of us at Glen St. Andrew Community Life Center talk frequently about what you write.

Your recent column about remembering the squirrels in winter especially captured everyone's attention. One lady here feeds the little rascals from a window in her bathroom.

I think my own experience with squirrels really demonstrates how intelligent they are.

God bless you and keep up the good work!!

*Kathleen Melia, Niles*

HEART OF THE HOME

# Rock out at Housing Center fundraiser

When Amy Renzulli, owner of the School of Rock Oak Park, and Rob Breymaier, executive director of the Oak Park Regional Housing Center, were introduced to each other by Village Trustee Bob Tucker, they were told by Tucker that they "should know each other."

"We met and quickly realized that we had a lot in common," Renzulli said. "Most importantly, that we both believe that the diversity in Oak Park is what makes it such a great place to live, work and play and that we wanted to take an active role in shaping our community."

At about the same time, chef Melissa Elsmo (who's also a freelance Pioneer Press columnist) conceived the idea of an event that would pair local chefs with home brewers. A few months later, in winter 2014, Rock the House, the first event benefiting both the Housing Center and the School of Rock, was held.

"It has grown each year and this year, we are expanding to include our newly renovated second floor space at the School of Rock," said Renzulli. "There will be even more food, beer and live music. This event combines our mutual love of community, friendship, food and music."

Rock the House 2016 is planned for Feb. 27 at the School of Rock, 219 Lake St.



FELICIA DECHTER

"The Best Party in Oak Park" is going to be better than ever this year, its organizers promise. But organizers warn that tickets often sell out (they're available at [tiny.cc/Rock2016](http://tiny.cc/Rock2016)).

"This night is pure fun," said Housing Center Executive Director Breymaier. "There will be nine chefs [including Elsmo, Su Jang from New Rose Catering, Deno Andrews from Felony Franks, the Carnivore Guys, Urban Till, Skrine Chops] and eight brewers providing food and beer tastings. The flavors are always amazing and the people involved are all local.

"In addition, there will be three bands — two rock bands downstairs and an acoustic duo upstairs," said Breymaier. "Which leads me to the fact that we will be working with more space this year — the event will be on two floors."

Anyone 21 and over who loves good food and good music should come, said Breymaier.

Last year's event raised \$8,000, and this year, the hope is to raise \$10,000. Money raised is split by the Housing Center and School of Rock. The Hous-

ing Center's share supports its integration work in Oak Park, while School of Rock's share provides scholarships for music education to low-income students.

"When we first opened the School of Rock Oak Park, we made a commitment to making sure that the community inside the school reflects the community we live in," said Renzulli. "And in order to do that, maintaining a scholarship fund would be a key part of our business plan."

Beside the fundraiser hype, the housing center also has another reason to be excited, because it's also recently hired a new development director, long-time Oak Parker Stuart Barnes Jamieson. He comes to the agency after more than 20 years with Habitat for Humanity International and local affiliates of the nonprofit all around the Midwest.

An Oak Park resident since 1999, Jamieson has been active at Pilgrim Congregational UCC and the South East Oak Park Community Organization. His experience in fair housing and funding development makes him a great fit for the Housing Center's ongoing mission, Breymaier said.

*Felicia Dechter is a freelance columnist for Pioneer Press. Got a real estate-related story idea? Email [write12@comcast.net](mailto:write12@comcast.net).*



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LETTERS TO THE EDITOR

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# Time to hit the red carpet

Where to watch the Oscars around Chicago

BY PIONEER PRESS  
Staff Report

When the Academy Awards airs Sunday, a fair share of people will be watching the show from their couch. But for those who want to go big on Oscar night — whether it's getting dressed to the nines or simply seeing the ceremony on the big screen — here are a few Oscar-orientated events to check out.

Before you watch the Oscars, why not watch the Oscar-nominated movies? For the true movie lover, AMC Theatres offers its 10th annual **Best Picture Showcase**, screening every movie nominated for the 2016 Best Picture Academy Award in select theaters. Four of the movies ("Bridge of Spies," "Room," "Mad Max: Fury Road," "The Big Short") screened Feb. 20, but there's still a chance to see the remaining four ("Brooklyn," "Spotlight," "The Martian" and "The Revenant") on Feb. 27 at the following Illinois AMC locations: AMC Dine-in Theatres Block 37, AMC Hawthorn 12 in Vernon Hills, AMC Loews Crestwood 18, AMC Loews Woodridge 18, AMC Showplace Naperville 16, AMC South Barrington 30 and AMC Yorktown 18. Meanwhile, there's an option to watch all eight Best Picture nominees in a 24-hour marathon viewing at AMC River East 21 in Chicago starting the morning of Feb. 27. Visit [www.amctheatres.com/events/best-picture-showcase](http://www.amctheatres.com/events/best-picture-showcase) for more information.

The Niles Public Library is hosting an **Oscar Night Party** at 7 p.m. Feb. 28 at the library, 6960 W. Oakton St., Niles. Registration is required, call 847-663-1234 or visit [www.nileslibrary.org](http://www.nileslibrary.org).

Hollywood Blvd. in Woodridge will become transformed into an Academy Award-worthy party venue for **Variety of Illinois' Annual Awards Viewing Gala** at 6 p.m. Feb. 28 at the theatre, 1001 W. 75th St., Woodridge. For the 2016 Oscar party, party-goers will experience red carpet glamour, silent auctions, food and a live broadcast of the Academy Awards. Tickets are \$50 and include appetizers, champagne, a plated dinner, dessert, a silent



20TH CENTURY FOX

Leonardo DiCaprio stars in Best Picture nominee "The Revenant."

auction, a red carpet photo and swag bags. The mission of Variety of Illinois is to improve the quality of life for children with disabilities by providing the equipment and experiences needed to reach their highest potential. Visit [www.hollywoodblvdcinema.com/events](http://www.hollywoodblvdcinema.com/events).

An **Oscars Viewing Party** takes place at 6 p.m. Feb. 28 at the Logan Theatre, 2646 N. Milwaukee Ave., Chicago. Come dressed up to watch the Academy Awards and participate in trivia games. Visit [www.thelogantheatre.com](http://www.thelogantheatre.com).

Chicago's Drake Hotel will host an **Oscars Viewing Party** starting at 6 p.m. Feb. 28 in the hotel's Palm Court, 140 E. Walton, Chicago. The party will include a red carpet, a themed food menu and a winner's ballot. Tickets cost \$116.55. Visit [www.thedrakehotel.com/dining/palm-court](http://www.thedrakehotel.com/dining/palm-court).



KERRY BROWN/20TH CENTURY FOX

Saorise Ronan plays Ellis and Emory Cohen plays Tony in Best Picture nominee "Brooklyn."

## MOVIES

# One Earth Film Fest screens inspiring, challenging films

BY PATRICK MCGAVIN  
Pioneer Press

Three years ago, Chicago filmmaker Jeff Spitz began the meticulous process of piecing together the footage of a documentary he shot with his wife Jennifer Spitz examining the relationship between food, health and lifestyle.

Spitz was also an associate film professor at Columbia College. The department chairman, Bruce Sheridan, introduced him to Ana Garcia Doyle, a digital marketing specialist. It proved to be a very happy and fortuitous meeting.

The year before Garcia Doyle helped launch an ecologically conscious art program called the One Earth Film Festival. She was on the lookout for emerging talent and films whose subject addressed the environment. Spitz and his wife produced an extract, a 19-minute "discussion starter," from the larger material and the work debuted at the Whole Foods in River Forest.

"It was the first time we showed any of the footage, and it was really daring on the part of the festival," Spitz said. "They were able to get a really interesting and unconventional venue, but it was where audiences shop for food."

The completed work, "Food Patriots," went on to screen both nationally and internationally and now returns home to the One Earth Film Festival for screenings March 5 at Pilsen's Lozano Public Library and March 6 at Chicago's Resurrected Life Church.

This year's festival, celebrating its fifth anniversary, runs Friday through Sunday, March 4-6, and is made up of more than 35 feature and short films. Oak Park and River Forest is still



"GARBAGE WARRIOR"

Mike Reynolds works on a can wall in New Mexico in "Garbage Warrior," a documentary about Reynolds' fight to build off the grid, self-sufficient communities.

## 'One Earth Film Festival'

**When:** March 4-6

**Tickets:** Most screenings are free of charge, with suggested \$5 donation.

**Contact:**  
[www.oneearthfilmfest.org](http://www.oneearthfilmfest.org)

the nexus for the screenings, though the festival has widened in virtually every direction, including several Chicago neighborhoods and suburbs such as Elmhurst, River Grove, Wilmette, Grayslake, Evanston and Lake Forest.

The festival formally kicks off with the Green Carpet Gala on March 4 at the Gratz Center at Fourth Presbyterian Church (126 E. Chestnut St., Chicago). Tickets for the opening celebration and preview gala are \$50. Most of the film screenings and attendant events are free, with a suggested \$5 donation charge.

The festival began small and humble. "That first year, we had about seven weeks to pull the festival

together and get the films," Garcia Doyle said. About 500 people showed up for the screenings throughout Oak Park and River Forest. Attendance now is around 2,500 and the festival has a separate programming and festival selection committee that received more than 200 submissions.

David Mrazek is a LaGrange-based filmmaker whose film about the extinction of the passenger pigeon, "From Billions to None," played last year's festival. Mrazek and his collaborator, the writer Joel Greenberg, whose book served as the basis for the film, are headlining a discussion at the Lake Theatre in Oak Park on March 5 of "Racing Extinction," the new film by the Academy Award-winning team of "The Cove."

Mrazek praised the One Earth Film Festival and its ability to curate provocative films. "The most important thing is One Earth does is not just show environmentally minded films, but wants to use their messages to get people to act locally and not just wring their hands," he said.

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& the Not Ready for Naptime Players  
**THE MYSTERIOUS HAT**

Mar 19 | 10am & 1pm



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WRIGHT**

Apr 08 | 8pm

## GO

## MUSIC

# Johnny Mercer: Learn about the man behind the music

BY MYRNA PETLICKI

Pioneer Press

Johnny Mercer was a complex man but, oh, how he could write lyrics. Mercer penned over 1,500 of them with 230 composers. You can learn about the music and the man through two shows at the Skokie Theatre.

On March 1 and 2, musical theater historian Charles Troy will present a multimedia presentation, "The Just-Too-Marvelous Johnny Mercer." His guest performer will be cabaret artist Jeff Dean. On March 10, Dean will present "Johnny Mercer: Dream," accompanied by musical director Beckie Menzie, who will also play Mercer's wife Ginger.

Dean first performed his Mercer show in 2013 at Davenport's Piano Bar and Cabaret in Chicago. He admitted that he was initially reluctant to create a show about Mercer when Menzie suggested it, because he wrongly assumed that shows on Mercer had often been done in this area.

"Once I started researching, I was enthralled," Dean admitted. "I've never known any other songwriter of his era to also have a singing career and also be a businessman."

Dean was astounded by the diversity of Mercer's songs and fascinated by the man, including his dark side. "He was a heavy drinker and, when he drank, he was not an especially nice person," Dean explained. "He was someone who achieved so much in spite of himself."

The cabaret artist learned that Mercer would go into an almost trance-like state when he was writing lyrics. "He called that, 'Getting in tune with the infinite,'" Dean said. Unlike most lyricists, he preferred that the music be written first.

Dean will perform around 20 hits, including three songs that he considers "quintessential Mercer" — "Moon River," "Blues in the Night" and "Skylark."

You'll already know a lot about Johnny Mercer if you precede your visit to Dean's show by attending one of Troy's carefully researched presentations.

Troy said he explored Mercer's history because, "The impetus in doing my programs in general was to expose the great lyrics of Broadway and the Great American Songbook." Johnny Mercer's lyrics rank high on the theater historian's list.

This program was more difficult to create than many others, Troy indicated. "Mercer was all over the place," Troy explained. "He was on Broadway, he was in the movies, he wrote jazz songs, he sang. Some songs he wrote just for commercial release. My challenge was to pick songs that



CHARLES TROY PHOTO

Charles Troy

## Johnny Mercer events

### 'THE JUST-TOO-MARVELOUS JOHNNY MERCER'

When: 7:30 p.m. March 1 and 1:30 p.m. March 2

Where: Skokie Theatre, 7924 Lincoln Ave.

Tickets: \$15

Contact: 847-677-7761; skokietheatre.com

### 'JOHNNY MERCER: DREAM'

When: 8 p.m. March 10

Where: Skokie Theatre, 7924 Lincoln Ave.

Tickets: \$22

Contact: 847-677-7761; skokietheatre.com

would have a through-line that I could hang the songs on."

Most helpful for Troy's research was a biography by author Philip George Furia, "Skylark: The Life and Times of Johnny Mercer."

One surprising fact Troy learned through his research was that, "The main incident in his life that changed him and shaped him was his affair with Judy Garland. He was ready to ditch his marriage for her," Troy said.

Garland married someone else, devastating the lyricist. "It changed the way Johnny Mercer wrote," Troy noted. "He had been writing very cheerful, sunny songs before that. Once this happened to him, his work deepened significantly."



IMPROV PLAYHOUSE

Improv Playhouse presents a musical version of "Rumpelstiltskin" on Feb. 27 at Morton Grove Public Library, 6140 Lincoln Ave.

#### FAMILY FRIENDLY

## Kids learn honesty is best with 'Rumpelstiltskin'

BY MYRNA PETLICKI  
Pioneer Press

Straw will be turned into gold and a lesson will be learned when the Improv Playhouse presents its original musical version of "Rumpelstiltskin," 2-3 p.m. Feb. 27 at Morton Grove Public Library, 6140 Lincoln Ave.

The humorous script was penned by creative director Seth Lilley. Lilley noted that the main difference between his version of the classic tale and traditional ones is that, "It doesn't end negatively. Most of them end when Rumpelstiltskin tears himself in half or goes into a rage and flies out the window. The villain of this one is the king because he keeps the daughter trapped in the tower making gold for him."

Lilley's version adds a jester who sings most of the show's folk-style tunes. Rumpelstiltskin does a rap, which the author likes to refer to as "Rapelstiltskin."

Lilley hopes kids will learn from this show that,

"Honesty is the best policy." Otherwise, there might be unexpected consequences. For details, call 847-965-4220 or go to [www.mgpl.org](http://www.mgpl.org).

#### There's the rub

It's surprising what can happen when you rub a magical oil lamp in "Disney's Aladdin." The animated musical Family Movie will be shown at 2 p.m. Feb. 27 at Niles Public Library, 6960 W. Oakton St. A little snack will be served.

For details, call 847-663-1234 or go to [www.nileslibrary.org](http://www.nileslibrary.org).

#### Up, up and away on Leap Day

There's an art to paper airplane folding and kids will learn the intricacies at an Aeronautical Engineering Challenge, a.k.a. Paper Airplane Fun, 4:30-5:30 p.m. Feb. 29 at Niles Public Library, 6960 W. Oakton St. Afterward, kids will test their designs on an aerial obstacle course. Parents have to stay with children

in second grade or lower. For details, call 847-663-1234 or go to [www.nileslibrary.org](http://www.nileslibrary.org).

#### Pack it in

Kids ages 10 and older and adults will get at Introduction to Backpacking by L.L. Bean, 7:30-8:30 p.m. March 2 at Emily Oaks Nature Center, 4650 Brummel St., Skokie. Registration is required for this free event.

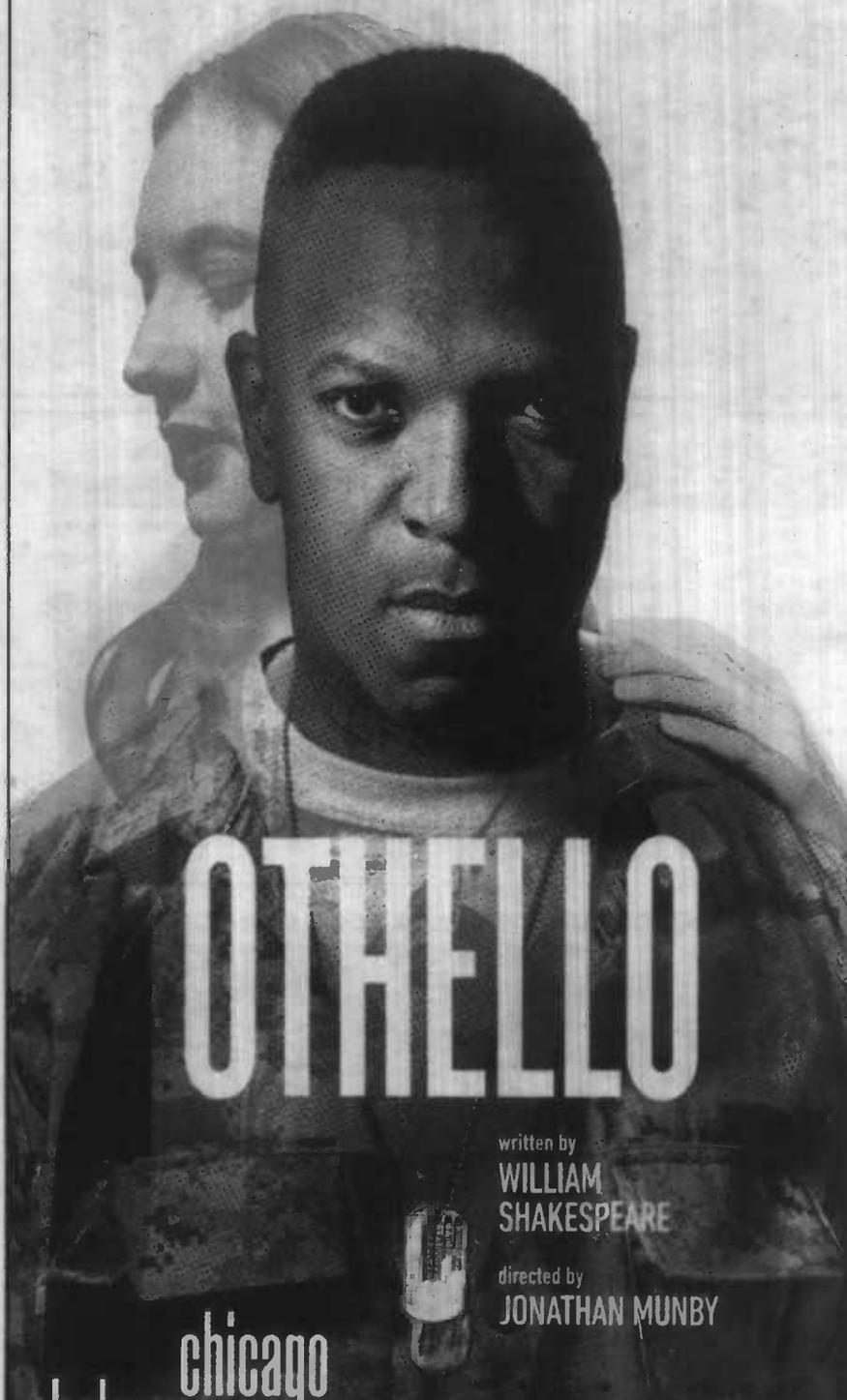
For details, call 847-674-1500, ext. 2500 or go to [www.skokieparks.org/emily-oaks-nature-center](http://www.skokieparks.org/emily-oaks-nature-center).

#### One way to toast the Doctor's day

Kids will pin the tail on Horton, decorate a Cat in the Hat hat, and hear a great story during the Dr. Seuss's Birthday Celebration Storytime, 11 a.m. Feb. 27 at Barnes and Noble, 55 Old Orchard Center, Skokie.

For details, call 847-676-2230 or go to [www.barnesandnoble.com](http://www.barnesandnoble.com)

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## NORTH SHORE CENTER FEATURES PLAY ON BULLYING



COURTNEY SCHMITZ/NORTH SHORE CENTER

"Out of Bounds," a play that addresses issues of school and cyber-bullying is coming to the North Shore Center for the Performing Arts, 9501 Skokie Blvd., Skokie. A free public performance at 7 p.m. Feb. 29, tells the story of school bullying from an adult perspective, and will be followed by a post-show panel discussion and talkback with experts. The second performance by Youththeatre at 10 a.m. March 1, tells the same story from the student victim's perspective, and will also include a post-show talkback. Reservations for the free public performance are available online at [NorthShoreCenter.org/OutOfBounds](http://NorthShoreCenter.org/OutOfBounds). Student group reservations are available online at [www.NorthShoreCenter.org/Youtheatre](http://www.NorthShoreCenter.org/Youtheatre) or call 847-679-9501 x3100.

## MITCHELL MUSEUM CELEBRATES 40 YEARS



MITCHELL MUSEUM

Lakota doll by artist Rhonda Holy Bear (Cheyenne River Sioux), donated by Elizabeth Seabury Mitchell, wears a detailed replica of Red Cloud's shirt and beaded moccasins. It will be part of "Connecting Cultures: 40 Years at the Mitchell Museum," celebrating four decades of the museum, 3001 Central St., Evanston. The exhibit, featuring 45 works donated by collectors, opens Feb. 27. It is open 10 a.m. to 5 p.m. Tuesday-Wednesday, 10 a.m. to 8 p.m. Thursday, 10 a.m. to 5 p.m. Friday-Saturday, and noon to 4 p.m. Sunday. Admission is \$5 for adults, \$3 for seniors, students and children and free for members. See [www.mitchellmuseum.org](http://www.mitchellmuseum.org).

## MORTON GROVE STUDENTS PACK FOOD FOR HUNGRY



GOLF MIDDLE SCHOOL

Golf Middle School parent, Eivra Tokic, from left, and sixth graders, Mason D., Ema T., Alexis B. and Dalen B. were among the school's 60 volunteers who recently packed 24,840 meals at Feed My Starving Children in Libertyville in just an hour and a half. The meals, destined for El Salvador, will feed 68 children for a year. The event was part of the school's "GMS (Golf Middle School) Gives Back," efforts for the year, supervised by principal Karen Chvojka. All grades at GMS are participating: the eighth graders packed in November, the fifth graders in December and the seventh graders will pack in April. Based in Minnesota, with facilities in several states, FMSC tackles world hunger by sending volunteer-packed, nutritious meals to more than 70 countries.

## PICKWICK PRESENTS MARX BROTHERS AT THE 'OPERA'



TRIBUNE FILE PHOTO

The Marx Brothers madcap comedy, "A Night at the Races," will be the feature presentation at 7 p.m., March 12, in the Classic Film Series at the Pickwick Theatre, 5 S. Prospect Ave., Park Ridge. "Thicker than Water," a 1935 comedy of Laurel & Hardy will also be shown. Admission is \$8, or \$6 for seniors, in advance or \$10 and \$7 for seniors at the door. See [www.parkridgeclassicfilm.com](http://www.parkridgeclassicfilm.com).

We want to publish your photos. To submit, visit <http://community.chicagotribune.com> or email [sburrows@pioneerlocal.com](mailto:sburrows@pioneerlocal.com).

Section 2

# Living

Thursday, February 25, 2016



**Mel's Kitchen:  
Get creative  
with dukkah  
spices** Page 3

2



RADIUS IMAGES

## Romance and television

How to deal with  
disparate choices in  
TV watching Page 14

## SUBURBAN COOKS

# Toasty Cheese at Naperville Winter Ale Fest

Food trucks to deliver fresh, hot meals

By Judy Buchenot  
Naperville Sun

The third annual Naperville Winter Ale Fest will take place on the barren landscape of Frontier Park on Saturday.

There is a promise of more than 130 unique beers, food and entertainment.

One might wonder how food will be produced out on this frozen tundra. Festival-goers will have a selection of fresh, hot and delicious entrees thanks to the miracle of the modern food truck.

Greg Barnhart of Roselle is one of several food truck owners who will be driving their gourmet mobile eateries to Frontier Park.

"Actually, food trucks have been around for about 30 years in Southern California. They are big in Texas and Florida but didn't really start showing up in the Chicago area until around 2013. They are really becoming popular now," said Barnhart.

He explains that food trucks have become an ideal way to provide food to festivals.

"Instead of setting up tents, figuring out how to hook up power, coming up with ways to keep food hot and cold and getting all of the required permits, communities are realizing it is easier to just have the food trucks roll up and start serving. Food trucks today offer quality food and a great variety of food," he notes.

Barnhart had a career in the auto industry but after working six days a week for more than 10 years, he decided he wanted to try something different.

"I wanted to do something that would involve my kids, who were all teens," he recalls.

He thought about trying to open a food truck and asked his kids what he should serve.

"They unanimously voted for grilled cheese. I have always been kind of famous with my family and friends for my grilled cheese." Barnhart turned the key to start up Toasty Cheese, his food truck, in 2012. Over the years, his children — now 23, 21 and 19 — have helped in the venture.

Barnhart shares some advice about the art of a proper toasted

cheese sandwich.

"The bread plays an important part. It really needs to be able to stand up to toasting. We experimented with several different breads and settled on a three pound Panini loaf. It is similar to a sourdough or French loaf with a crust that provides a great crunch."

Barnhart said attention must also be given to the cheese selection.

"I look for great melt ability. The cheese can't be too greasy either. About 80 percent of the cheese I use comes out of Wisconsin."

An important ingredient for his toasted cheese creations is his "toasty butter" which is a secret blend of butter and "special ingredients" that give the sandwiches their golden brown appearance. He is not willing to divulge this toasty butter recipe.

Barnhart notes that there can be more than cheese on a toasted cheese sandwich. For example, he created the Chef's Choice made with provolone, duck bacon, fresh spinach, baby arugula, Sicilian cherry tomatoes and aioli on Panini bread. Steak, eggs, pork belly and many other ingredients can all be used to give a gourmet twist to this American classic.

One of the advantages of a food truck is "you go to where people like your food. Different foods sell in different areas so with a food truck, you have the flexibility to go to where the people are," said Barnhart.

He admits there are some challenges with a food truck. The most obvious is the limited space.

"Then there is the whole mechanical aspect," he said. Like all vehicles, the truck needs to be maintained. The power supply is limited to about 10,000 watts total so it is important to carefully choose equipment to keep within that limit.

Barnhart said finding staff who can handle the physical demand as well as culinary demand is also a challenge.

"We spend hours prepping the truck for an event, loading everything into the truck. Every day, you have to set up and then break down the kitchen. You have to be very organized too so that nothing is left behind."

Although it is demanding



TOASTY CHEESE

Greg Barnhart is bringing his Toasty Cheese food truck to the Naperville Winter Ale Fest. Several other food trucks will also be at the event.

## Greg's Culinary Cue

The biggest mistake people make with toasted cheese sandwiches is cooking them over heat that is too high so that the bread burns before the cheese melts. Low and slow is the way to go.

## Winter Ale Fest

**Where:** Naperville Frontier Park, 3380 Cedar Glade Road.

**When:** noon until 4 p.m. Saturday

**Tickets:** \$50 general admission, \$20 for designated driver admission.

**Information:** [www.napervillewinteralefest.com](http://www.napervillewinteralefest.com)

work, Barnhart said it is enjoyable because he is often attending music festivals, shows and other entertaining events in the truck.

"The food truck owners all become friends too because we see each other at different events. Sometimes we help each other out."

In addition to festivals, Barnhart has served a midnight meal to wedding guests as well as ca-

tered private events. Toasty Cheese now has two trucks with a possible third on the way. Barnhart also opened a brick and mortar restaurant in December in Schaumburg.

All of this success comes from a great toasted cheese sandwich.

"You need good bread and great cheese," said Barnhart.

Judy Buchenot is a freelancer.

## Scott's South of the Border

- 6 ounce chicken breast
- Salt and pepper to taste
- 1 avocado
- 1 tablespoon of mayonnaise
- 1 teaspoon of chopped cilantro
- 4 slices of rustic Italian bread
- 2 tablespoons soft butter
- 12 slices pepper jack cheese
- 1/4 white onion
- 1 poblano pepper
- 1 tablespoon olive oil
- 7 ounce can chipotle sauce

1. Place the chicken breast on a baking sheet and season with salt and pepper. Bake for 35 minutes at 350 degrees or until the chicken reaches 165 degrees. Remove from oven and allow to rest for 15 minutes.

2. While chicken is resting, peel and slice the avocado. Mash avocado together with mayonnaise and cilantro. Add salt and pepper to taste to create a cilantro-avocado aioli.

3. Spread butter on one side of all four bread slices. Place three slices of pepper jack cheese on the unbuttered side of each slice of bread.

4. Slice onion and poblano into thin slices and saute in olive oil until browned and softened. Set aside but keep warm. Shred chicken using two forks. Add chipotle sauce a little at a time until it is well covered but not too wet.

5. In a large pan, begin toasting the bread, butter side down over low heat. When the cheese starts to melt, spread the cilantro avocado aioli onto two bread slices. Place the chicken mixture and sauteed onion and poblano on the other two bread slices. When bread is browned and crispy, place cheese with cilantro avocado aioli bread slice on top of the chicken and vegetable bread slice. Makes two sandwiches.

Find more of Greg's recipes at <http://trib.in/10oqqRk>.



MELISSA ELSMO/PIONEER PRESS

Dukkah spices go well with something as simple as a side of bread or a soft-boiled egg.

# Dukkah: Get creative with Egyptian spice blend



MELISSA ELSMO  
Out of Mel's Kitchen

Even the most creative cooks are susceptible to the mid-winter kitchen blues. Slow simmered soups, oven-roasted meats and hearty stews are all the rage as temperatures plummet at the start of the winter season, but a few months into a deep chill has most folks clamoring for some

fresh new flavors. Unfortunately we have several more weeks before spring starts in earnest, but that doesn't mean you can't spice things up in the kitchen.

When the winter woes invade my kitchen I mix up a batch of robust dukkah spices; this Egyptian street food has been a favorite pantry staple of mine for years. Whipping up a batch of this complex blend of nuts, seeds and spices is a simple task, but the ways to put it to good use on a plate are practically endless.

Dukkah's base of roasted chickpeas, hazelnuts and pistachios marries flawlessly with freshly-

ground cumin, coriander and fennel. A healthy dose of sesame seed adds more rustic texture while smoked paprika adds vibrant color to the dish. Herbal notes of thyme and mint round out the dish affectionately known as "the playboy's snack."

Toasting whole spices and grinding them at home is the key to harnessing the bold flavor dukkah is known for. I keep a second electric coffee grinder on hand expressly for grinding everything but coffee beans, but an old fashioned mortar and pestle will get the job done, too.

Purists enjoy their dukkah

with nothing more than warm flatbread and olive oil. Simply dip small pieces of the bread into the oil and then into the spice mixture; the oil helps the dukkah adhere to bread for easy on-the-go snacking. From there it is easy to experiment with uses for dukkah.

I sprinkle mine over everything from pureed squash to roasted cauliflower. I especially love it as a garnish for braised lamb and steamed asparagus, but sprinkling dukkah on a soft boiled egg is sheer heaven.

Go on and spice up your life with a healthy dose of dukkah!

## Dukkah Spices

(Make about 3 1/2 cups)

- 2 cups roasted chickpeas, divided (typically found in health-food stores and bulk bins at various grocery stores)
- 1 cup hazelnuts
- 1/2 cup shelled pistachio nuts
- 2 tablespoons cumin seeds
- 2 tablespoons coriander seeds
- 1 tablespoon fennel seed
- 1/4 cup black sesame seeds, toasted
- 1 1/2 tablespoons smoked paprika
- 2 teaspoons dried thyme leaves
- 2 teaspoons dried mint
- 2 teaspoons kosher salt
- 1 teaspoon coarse black pepper

1. Preheat the oven to 375 degrees. Spread the hazelnuts on a large sheet pan and roast in the oven, shaking the pan periodically, until deep golden brown and fragrant (about 10 minutes). Allow the nuts to cool.

2. Place 1 cup of the whole roasted chickpeas in a large mixing bowl. Place the remaining cup of chickpeas in the bowl of a food processor fitted with a metal blade. Add the roasted hazelnuts and pistachios to the processor and pulse until coarsely ground. Add the chopped nuts to the bowl containing the whole chickpeas.

3. Place the cumin, coriander and fennel seeds into a dry skillet and heat over medium-high heat. Toast the seeds, shaking the pan frequently, until slightly darkened and very aromatic (about 5 minutes). Transfer the seeds to a spice grinder and process until coarse, but verging on fine. Pour the ground spices into the bowl with the nuts.

4. Add the sesame seeds, smoked paprika, thyme, mint, salt and pepper to the bowl. Mix all the dukkah ingredients thoroughly and transfer to an airtight container. Keep the spice mixture at room temperature for up to one week.

# Making your pet a screen star

Tips to shoot videos, take photos of dogs

American Kennel Club

Every season presents new opportunities for taking photographs and shooting video of nature's beauty. A dog in the foreground can only make those photos better!

But is your dog ready? Are you? Help him show off to the world with these 10 videography tips. Most cat owners acknowledge that their pet may not be as eager to please, but many of these tips will work for Fluffy, too.

**1. Train your dog.** Amazing tricks are fun to watch, but even if your dog has a limited repertoire, such commands as sit and stay can help you keep any dog in the frame and looking cute.

**2. Train your eye.** Professional cinematographers can look through the lens and see what they are getting. For a novice, it's important to practice. That develops the ability to see exactly what is being recorded and understand

how such variables as lighting and backgrounds can make a difference.

**3. Choose the right camera.** Think about what kinds of events you are hoping to record. A zoom lens will make agility trials and other sporting events easier to capture. Also, don't forget about audio. A microphone attachment may be a good investment if you want more than background noise.

**4. Let the moment happen.** Who can forget those beautiful videos of returning soldiers being reunited with their dogs? In situations like these, it's just best to start shooting and keep the camera running. You can shorten or edit later. Don't try to stage everything. You won't get those magical moments.

**5. Have great, but realistic, expectations.** For every movie hero dog on the big screen, there are six or seven canine doubles, and often each will have a different talent. It takes a lot of skill and



Patience is key to taking great videos of your pet. But it helps if he is trained to sit and stay, so he remains in the frame.

FLY\_DRAGON-FLY/ISTOCK

people to make it all look that good. Yours may not be an epic, but a simple activity can yield some entertaining video and enduring memories.

**6. Allow some sniff time.** If you are shooting in an unfamiliar place, give the dog as much time as possible to get used to the new environment. Even the most stable and serene dog may become tense in new surroundings. Others might find the camera intimidating. It's probably a good idea to allow your canine subjects to take a close look and a sniff at that weird gadget before you start

to film.

**7. Get a dog's-eye view.** This means skip the tripod and get down and dirty. Many people stand, aiming 3 or more feet below eye level, and end up seeing mostly the top of the dog's head. Things are more interesting down on the dog's level.

**8. Recruit helpers.** It's difficult to handle a camera and a dog at the same time, and impossible if you are hoping to record an event. Designate a friend or family member as videographer, and make sure in advance that he or

she knows how to use the camera.

**9. Visualize.** Before you pick up the camera, think about what you want to achieve. Having a mental image of the memories you'd like to preserve will help you direct the lens.

**10. Have fun.** If you're tense, your dog will be too. Be relaxed and enjoy the process. And if things don't work out exactly as you had planned, remember that everyone loves a blooper.

Distributed by Tribune Content Agency

## PET OF THE WEEK



Lady Ramona

Hola, hello! I am a 1.5-year-old bilingual cat that came from Puerto Rico. Things are really bad there with very few organizations that help us. I am a very lucky kitty that was able to hitch a flight for a new beginning. I am super playful, pretty much any toy captivates me and at times even my tail is fun to chase. I am quite active but also enjoy lounging while getting brushed.

For additional information, please visit [www.saveapetil.org](http://www.saveapetil.org)

## [chicagotribune.com/pets](http://chicagotribune.com/pets)

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- Our adoptable animals blog featuring photos and descriptions of Chicagoland pets in need of homes.
- Our suburban and city pet events calendar
- Photo galleries, videos, more



# Who's responsible for dishwasher leaks, floor damage

Dear Help Squad,

I am upset with the treatment I have been getting from Abt Electronics. My daughter and her husband bought me a dishwasher a few years ago, which is still under a service warranty. I had a service call in the winter when the washer didn't start, and Abt fixed the problem.

In August, I noticed the glue coming up on my floor in front of the dishwasher. A local floor man said it was water, probably coming from the dishwasher. I called Abt to inspect the washer and they found the hose with a hole in it. They replaced the hose, took pictures of the floor.

(An Abt) damage representative called to tell me that Abt is not responsible for the damage to my floor, though the dishwasher is still under warranty! He went on to say I had someone move the machine since the last time they were here and that caused the hole in the hose ... There was never anyone else touching the dishwasher other than myself when I put dishes in and out of it! Can you help me?

Susan, Park Ridge

This was a tough one. I began my investigation of Susan's issue with the assistance of Abt sales manager Robert Khoury, who had been helpful with a separate Help Squad issue in October 2014.

Upon contacting Khoury, he involved damage support department manager Donna Cline and Abt's general manager, John Panchisin.

Between the Abt work orders and Whirlpool warranty claim communications provided by Susan and the photo and technician notes provided by Abt, I was able to piece together this timeline.

**December 2012:** Dishwasher delivered and installed by Abt.

**December 2014:** Dishwasher not powering on; Abt service technician visits. Cause diagnosed as electrical junction box malfunction. Abt technician recommends certified electrician repair box. Electrician works on junction box; dishwasher works.

**September 2015:** Susan notices kitchen floor water damage. Abt service technician



CATHY CUNNINGHAM  
Help Squad

replaces leaking dishwasher hose, takes damaged hose to Abt. Susan submits damage claim to Whirlpool.

**December 2015:** Whirlpool denies claim stating hose is not a Whirlpool product. Susan contacts Help Squad.

Though Susan wasn't previously informed of Abt's final conclusion regarding the source of her leak, Cline and Panchisin asserted that the hole was the result of an electrical burn. Unfortunately, the only explanation Susan ever heard was the damage rep's supposition that the dishwasher had been moved. When asked why Susan would be provided two conflicting explanations, Cline said, "(The damage rep) did not have the hose in hand yet when (Susan) called. He did see notes about the hose being damaged and her needing an electrician. Not being sure how (the electrician) performed the work needed, (he suggested the electrician) could have moved the unit if he had to get to electrical behind it."

When asked how Abt determined the hole was caused by an electrical spark, Cline responded: "Our technicians are authorized by manufacturers to service product and continually train on products and servicing ... I have spoken with (GM) John (Panchisin) and the electricians we have on staff here. The leak was caused after the electrician was out to correct (Susan's) issue of no power to her unit from the junction box. It appears as if something electrical touched the line causing a spark and damaging the line ..." She added: "In this case, the hose was melted."

Cline concluded, "Abt can not take responsibility for the damage and will offer as a good faith gesture a gift card of \$250."

Though this was not the resolution Susan sought, she accepted the gift card.

### Need help?

Send your questions, complaints, injustices and column ideas to [HelpSquad@pioneerlocal.com](mailto:HelpSquad@pioneerlocal.com).

Cathy Cunningham is a freelance columnist for Pioneer Press.

ALWAYS  
GIVING  
ADVICE?

Here's a tip: start a blog

[chicagonow.com/pitch](http://chicagonow.com/pitch) CHICAGO NOW

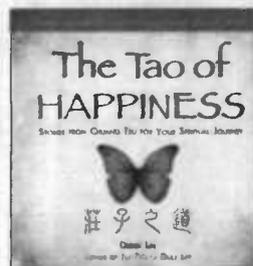
## ROUNDUP | SPIRITUALITY

**Augustine: Conversions to Confessions**

By Robin Lane Fox, Basic Books, 688 pages, \$35

Rare is the spiritual character whose life story is deserving of nearly 700 pages of inquiry. But St. Augustine, the bishop of Hippo in ancient North Africa and author of the 13-volume Christian masterpiece "Confessions," is certainly among those for whom such a weighty tome is warranted. And in the hands of English classicist, ancient historian and Oxford University don Robin Lane Fox, all the more so. Such is the power of Lane Fox's pen that this biography, which begins with Augustine's birth in 354 A.D., captures our modern-day attention, ignites the imagination and sets the soul stirring. "Augustine: Conversions to Confessions" is a compelling read as the author unspools the life story of the man whose youth and young adulthood might best be described as debauched (complete with childhood thievery and a concubine in his early teenage years), but whose conversion at 32 and later confessions stand as a cornerstone of Western thought, and a paradigm for sin-to-salvation narrative nearly two millennia later. No trifling undertaking, this is a tome for

the erudite spiritualist, or simply the reader with an eye toward elegant historical chronicling. Lane Fox calls Augustine's "Confessions" a prayer "from start to finish," and claims it's one that "no Christian before or since has equalled." A page-turner that might last the whole winter long, come spring you'll be all the more enlightened. It's a subtle meditation to the end, one that seeps through painstaking history and mindful analysis. If you've ever been drawn to deeper understanding of Augustine or his "Confessions," this book will fuel certain spiritual flame.

**The Tao of Happiness: Stories from Chuang Tzu for Your Spiritual Journey**

By Derek Lin, Tarcher/Penguin, 144 pages, \$15.95

The parable as prescriptive is one of the great paradigms for spiritual teaching, and in "The Tao of Happiness: Stories from Chuang Tzu for Your Spiritual Journey," as illuminated by Taoist teacher Derek Lin, the lessons are deep and rich and lasting. It's a slim volume, all the better for slipping into a backpack or briefcase or big ol' purse. Lin has thoughtfully curated the teachings of Tzu, one of the great Taoist sages. And, in lucid prose, Lin takes those ancient teachings and reveals their modern-day relevance. Consider for instance, Tzu's parable of the Shu tree, "its trunk all

twisted lumps and knotty bumps; its branches are all bent and crooked. It has no straight runs anywhere that could be used as timber, so carpenters and builders pass by without a second look." Here, Tzu introduces the idea that the misfit might be more blessed than first imagined, and its gifts lie deeper within. "This big Shu tree is no different," writes Tzu. "You consider it useless, but think about what happens when you plant such a tree in an empty field. Everyone will come to enjoy its shade and rest freely under its shelter. As you have pointed out, no one will ever chop it down, so it will always be around." And thus, the truth is revealed of "the quiet strength beyond the understanding of the conventional mind." In all, the book offers 18 Tao lessons worth close attention.

## CHICAGOLAND BEST-SELLERS

1. "When Breath Becomes Air" by Paul Kalanithi (Random House, \$25).

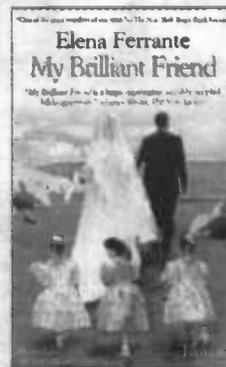
2. "My Brilliant Friend" by Elena Ferrante (Europa Editions, \$17).

3. "The Road to Little Dribbling: Adventures of an American in Britain" by Bill Bryson (Doubleday, \$28.95).

4. "My Name Is Lucy Barton: A Novel" by Elizabeth Strout (Random House, \$26).

5. "The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing" by Marie Kondo (Ten Speed, \$16.99).

Participating bookstores: Barbara's Bookstores (Chicago), The Book Cellar (Chicago), Seminary Co-op Bookstore and 57th Street Books (Chicago), Anderson's Bookshop (Naperville), The Book Stall at Chestnut Court (Winnetka), Women & Children First Bookstore (Chicago), The Book Table (Oak Park), The Bookstore (Glen Ellyn), The Book Bin (Northbrook), Lake Forest Book Store (Lake Forest).



## NEW IN PAPERBACK

**Get in Trouble: Stories**

By Kelly Link, Random House, 336 pages, \$16  
"Get in Trouble" is a compilation of some of Link's dark-humored short stories published in various magazines and anthologies over the years, including "The Lesson," which was partially inspired by the premature birth of Link's daughter. The story is dotted with Kafkaesque details: a spider she saw crawling inside one of the incubators or the shocking discovery that her husband's wedding ring fit over their newborn's wrist.

**Reasons to Stay Alive**

By Matt Haig, Penguin, 256 pages, \$15  
Haig takes a light-hearted look at his battle with depression during his 20s — including the time he contemplated throwing himself off a cliff — and how he managed to come out on the other side of his illness to take another chance on life with the help of his wife and parents.

**Know Your Beholder: A Novel**

By Adam Rapp, Back Bay, 341 pages, \$15.99  
After a series of unfortunate events — his mother died, his wife dumped him and his band broke up with no hopes of reconciliation — 30-something Francis Falbo of Pollard, Ill., has completely let himself go. He practically lives in his bathrobe and rarely leaves his attic apartment. His salvation comes unexpectedly from the quirky tenants living in the house.

**Mahabharata: A Modern Retelling**

By Carole Satyamurti, W.W. Norton, 888 pages, \$19.95

Satyamurti's synopsis of the Mahabharata, India's most fundamental epic — which includes the famous Bhagavad Gita — consists of blank verse based on scholarly translations in English. The original Sanskrit poem — 18 books long — tells the story of a bloody battle among the members of a sacred royal dynasty for control of their kingdom.

**The Reason for Flowers: Their History, Culture, Biology, and How They Change Our Lives**

By Stephen Buchmann, Scribner, 342 pages, \$17  
An ecologist specializing in bees, Stephen Buchmann examines the captivating world of flowers, focusing on their impact on human history, from serving as muses in art and literature to producers of food, medicine and perfume.

— Andreea Ciulac



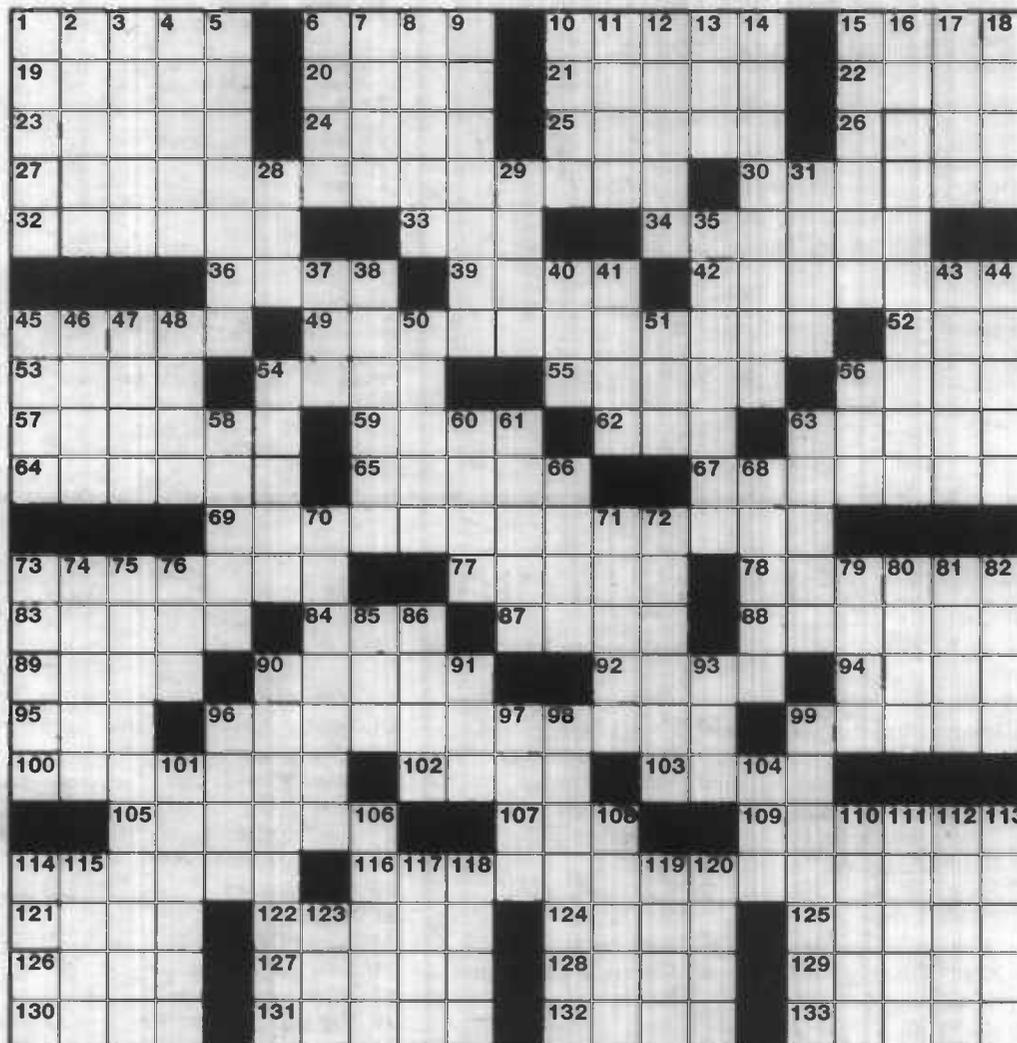
# puzzle island

For interactive puzzles and games go to [chicagotribune.com/games](http://chicagotribune.com/games)

## Grand-Slammers: Emmy/ Grammy/Oscar/Tony winners

BY MATTHEW SEWELL | EDITED BY STANLEY NEWMAN  
(stanxwords.com)

- |   |                                    |                               |
|---|------------------------------------|-------------------------------|
| <b>Across</b>                                 | 73 Knock off at a Ren Faire        | <b>Down</b>                   |
| 1 Huge success                                | 77 Friar canonized by Francis      | 1 Inundates inboxes, perhaps  |
| 6 "I was not to be ..."                       | 78 Energetic                       | 2 Italian fashion center      |
| 10 Site of a Herculean labor                  | 83 Some South Africans             | 3 Agassi of tennis            |
| 15 Setting for a senior moment                | 84 Mushroom part                   | 4 Actor Carell                |
| 19 Burrito bean                               | 87 Hidey-hole                      | 5 Where the sea meets the sky |
| 20 Sacred ceremony                            | 88 Royal attendant                 | 6 What a keystone tops        |
| 21 Phrase in many psalms                      | 89 Impressive head-turners         | 7 Turkish money               |
| 22 Slick                                      | 90 Become preoccupied with         | 8 Makeup of matter            |
| 23 Electric-guitar wood                       | 92 Some 3-D pictures               | 9 Isolate                     |
| 24 Toothy reptile, for short                  | 94 Small iPod                      | 10 Winter party concoctions   |
| 25 "Don't let those fellas escape!"           | 95 Info on a day-care application  | 11 Basic util.                |
| 26 Mushroom part                              | 96 Grand Slammer songwriter        | 12 They fly by night          |
| 27 Grand Slammer composer                     | 99 Battlers of long standing       | 13 Poetic preposition         |
| 30 "Whatever you say"                         | 100 Monk's hairdo                  | 14 Fleet bosses               |
| 32 Allergic reaction                          | 102 Ten Benjamins                  | 15 Impersonate                |
| 33 Big wheels, for short                      | 103 Drip source                    | 16 Grand Slammer actress      |
| 34 Modern video transmission                  | 105 Badger or hound                | 17 World Cup cheers           |
| 36 Roman poet                                 | 107 "Incidentally" in a chat room  | 18 "Very interesting!"        |
| 39 ___ plan (wireless user's subscription)    | 109 Opposite of "smash"            | 28 The Silver St.             |
| 42 "It's not wise to upset a Wookiee" speaker | 114 Fitness                        | 29 Russian royal name         |
| 45 Groom carefully                            | 116 Grand Slammer comic/actress    | 31 Clothing category          |
| 49 Grand Slammer comic/director               | 121 <i>The Cherry Orchard</i> girl | 35 Friend of Emerson          |
| 52 Tease gently                               | 122 Bahraini or Bhutanese          | 37 Texter's qualification     |
| 53 Private theater box                        | 124 Interoffice directive          | 38 Telemarketer's tool        |
| 54 Means ___ end                              | 125 Took up the challenge          | 40 Malleable metal            |
| 55 Moves toward                               | 126 Topped, as a torte             | 41 Passed with ease           |
| 56 Trait transmitter                          | 127 Italian alp                    | 43 Web article references     |
| 57 Twin of Artemis                            | 128 Smallest euro coin             | 44 Complies                   |
| 59 Garage service                             | 129 Piano piece                    | 45 Wiggle room                |
| 62 Easter egg dip                             | 130 A smaller portion              | 46 Wild West show prop        |
| 63 Abe Lincoln-like                           | 131 Fringes                        | 47 Head swellers              |
| 64 "As you command"                           | 132 Energy measures                | 48 Reef wrigglers             |
| 65 Les ___ Unis                               | 133 Bundle of energy               | 50 Notre Dame legend Rockne   |
| 67 Clueless                                   |                                    | 51 Pitchfork fodder           |
| 69 Grand Slammer actress                      |                                    | 54 Donut shape                |
|   |                                    | 56 Hoedown participant        |
|   |                                    | 58 They're not true           |
|   |                                    | 60 Sheltered waters           |



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- |                                       |                              |                                    |                                   |
|---------------------------------------|------------------------------|------------------------------------|-----------------------------------|
| 61 <i>I Love Lucy</i> character       | 74 "The door is that way"    | 93 Ideal ending                    | 112 Belief, in brief              |
| 63 Ren Faire weapon                   | 75 Grand Slammer actress     | 96 Reddish brown                   | 113 City near the Great Salt Lake |
| 66 Emilio's evening                   | 76 Workplaces for MDs        | 97 Timber wolf                     | 114 Greet enthusiastically        |
| 68 Photocopier attachments            | 79 Muscle quality            | 98 Leave in the dust               | 115 Ending for prefer             |
| 70 Earplug effectiveness measure      | 80 Huge film screen          | 99 Hit an icy patch, perhaps       | 117 Enmity                        |
| 71 Groom carefully                    | 81 Windsock alternative      | 101 Leafy lunches                  | 118 Change-machine input          |
| 72 Wild West show prop                | 82 Grandson of Adam          | 104 CIO partner                    | 119 Social or antisocial group    |
| 73 Battle of the Atlantic participant | 85 Cleaver kin               | 106 Dallas surname                 | 120 Withdraws, with "out"         |
|                                       | 86 Flash drive plug-in place | 108 Having learned from experience | 123 Landscaper's rolls            |
|                                       | 90 Reproachful remark        | 110 Fall off                       |                                   |
|                                       | 91 Ultimate degree           | 111 Salk vaccine medium            |                                   |

## Quote-Acrossic

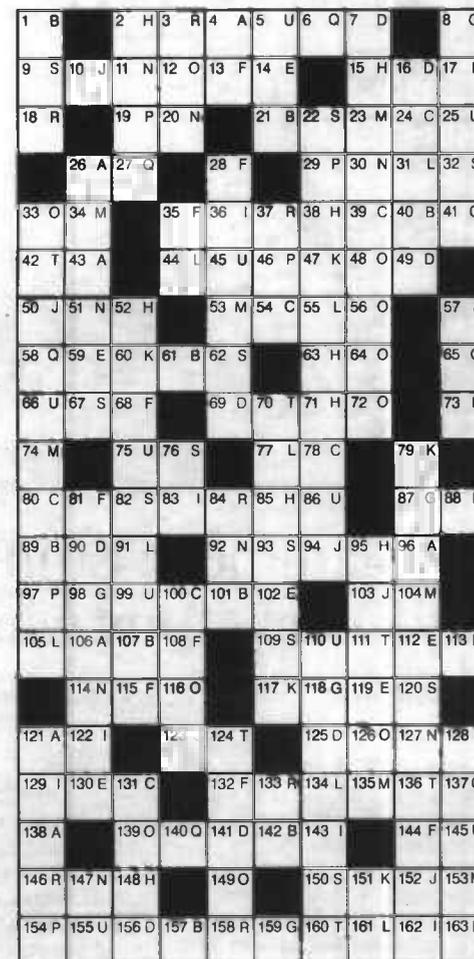
1. Define clues, writing in Words column over numbered dashes.
2. Transfer letters to numbered squares in diagram.
3. When pattern is completed, quotation can be read left to right. The first letters of the filled-in words reading down form an acrostic yielding the speaker's name and the topic of the quotation.

## Clues

## Words

- A. Old hurts? 26 106 121 43 4 138 96
- B. Planned: 3 wds. 1 101 128 157 89  
21 61 142 107 40
- C. Celebrity 24 39 80 100 78 54 131 65
- D. Sluggishness 69 141 156 16 125 90 49 7
- E. Achieve one's objective: 2 wds. 102 130 73 14 88 119 59 112
- F. The devil 28 68 35 13 81 115 108 132 144
- G. — the towel: 2 wds. 8 118 98 159 87 41 137
- H. Audacity 148 38 71 95 63 85 15 52 2 113
- I. Mollify 162 122 36 83 129 143

- J. 'I — you': 3 wds. 57 94 50 152 103 123 10
- K. Dominican Republic's neighbor 151 79 47 117 60
- L. Nearest 161 55 105 91 44 77 17 31 134
- M. Fail: 2 wds. 153 74 53 34 104 23 135
- N. Influence 114 11 20 51 127 147 30 163 92
- O. Needlessly novel 126 72 139  
64 149 48 12 33 56 116
- P. Lag behind 97 46 154 19 29
- Q. Canine command: 2 wds. 140 27 58 6
- R. Bring together again 158 133 146 37 84 18 3
- S. Gaping: hyp. 93 150 82 120 109 22 67 32  
9 76 62
- T. Shackle 160 136 111 70 124 42
- U. Newcomer: 2 wds. 99 145 45 155 86  
75 5 66 110 25



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By Erv Kaczmarek.  
Edited by Linda and Charles Preston.  
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## Culinary Contributors

BY CHARLES PRESTON

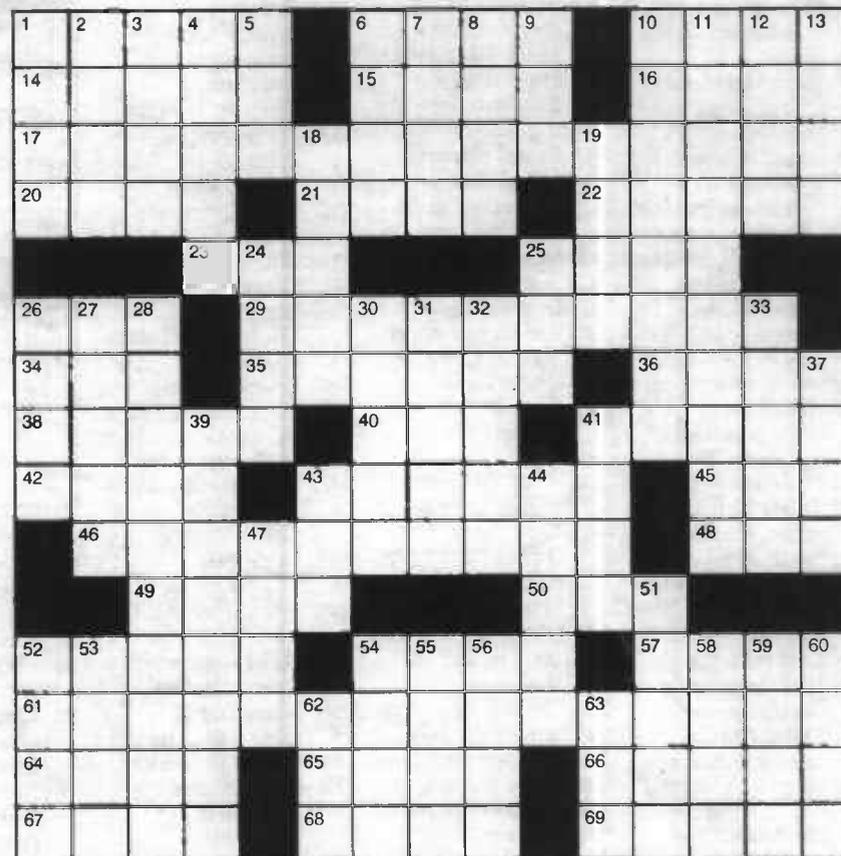
## Across

- 1 Boutonniere location  
6 Author of *Les Misérables*  
10 Prepare for an exam  
14 Become hardened to  
15 Novelist Bagnold  
16 Honolulu site  
17 Frank Gerber  
20 Discerns  
21 Plant of the lily family  
22 Compilations  
23 Ingest  
25 Tibetan snowman  
26 Not in operation  
29 Henry Heinz  
34 Standard  
35 Varnish ingredients  
36 Ski lift  
38 Wear  
40 Lair  
41 Blackbird  
42 German fascist  
43 Paternally related  
45 Prayer  
46 William Underwood  
48 A Beatty  
49 Musical symbol

## Down

- 50 Tier  
52 Holy: prefix  
54 Mount, in Jordan  
57 Verdi opera  
61 Milton Hershey  
64 Dashed  
65 Cupid  
66 Work assignment  
67 Ago: Scots  
68 Took off  
69 Former Washington hostess  
1 Fewer  
2 Cost  
3 Unadulterated  
4 Expunge  
5 16 Across  
6 Command to Fido  
7 Take apart  
8 Make a donation  
9 Poetic form  
10 Mull over  
11 Charles Post  
12 Egyptian month  
13 Disarrange  
18 Birth-related

- 19 Merriment  
24 Bonnet contents?  
25 Annual sch. publications  
26 Frank  
27 Electrical unit  
28 Clarence Birdseye  
30 Small anchor  
31 Correct  
32 Song hit of the 1930s  
33 Soothing ointment  
37 Wind instrument  
39 *The Gay* — 1934 film  
41 Reminder  
43 Ginger follower  
44 Old card game  
47 Langston Hughes title  
51 Squander  
52 BSA membs.  
53 Nautical call  
54 Appellation  
55 British school  
56 Wheeler or Lahr  
58 Wife of Osiris  
59 Fender nick  
60 Hollywood pooch  
62 Statute  
63 Doctrine

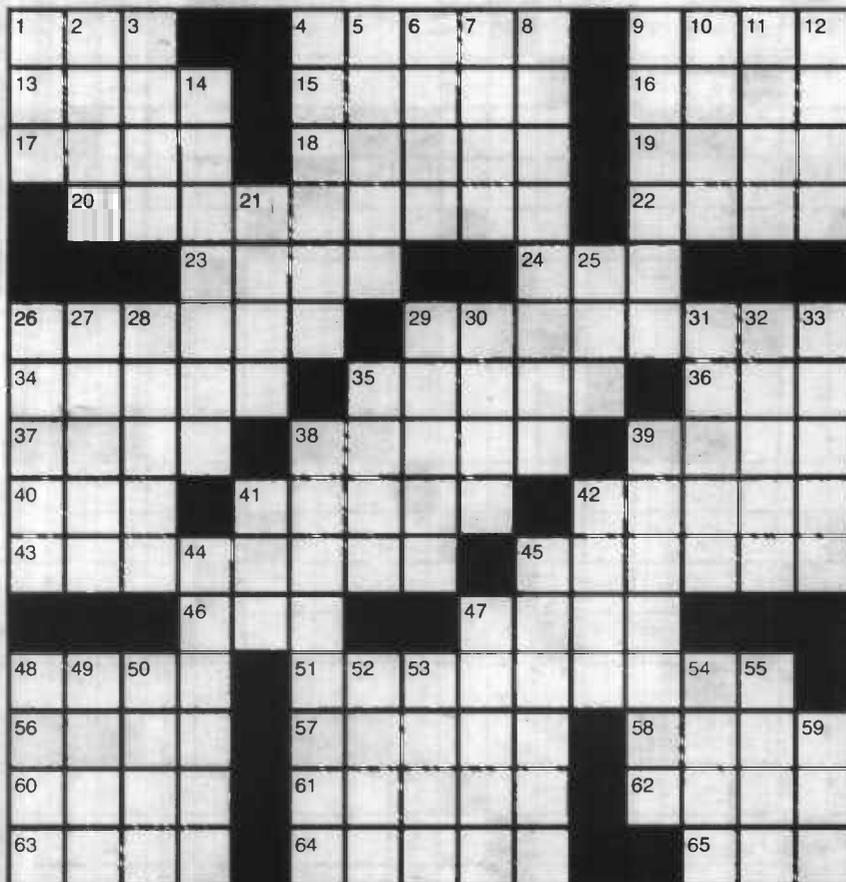


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# Crossword



By Jacqueline E. Mathews. © 2016 Tribune Content Agency, LLC. All rights reserved.

2/24/16

## ACROSS

- 1 Douglas \_\_; Christmas tree variety  
4 Ice cream portion  
9 Biting vipers  
13 Pitfall  
15 Black-and-white bear  
16 Tack  
17 Bird of peace  
18 Marathons  
19 Yucca or yew  
20 Poverty  
22 Difficult  
23 Dogs with wrinkly faces  
24 Miner's find  
26 Rips up  
29 Road surface  
34 Bleacher levels  
35 Amazed  
36 Mr. Iacocca  
37 Up in \_\_; irate  
38 Wild card  
39 Piece of china  
40 Island garland  
41 Creates  
42 Fight off  
43 Highly respected  
45 Equestrians  
46 Driver's spot in a big rig  
47 Female red deer

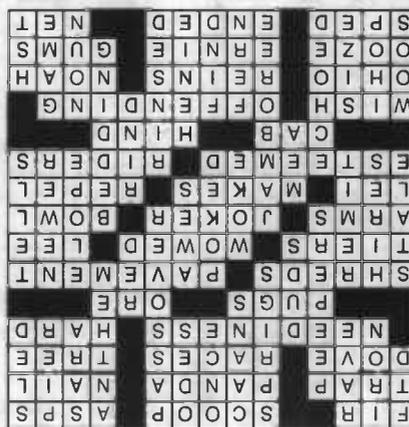
- 48 "When You \_\_ Upon a Star"

- 51 Insulting  
56 Where you'll find Columbus  
57 Harness straps  
58 Actor Wyle  
60 Seep out  
61 Bert's buddy  
62 Bazooka and Spearmint  
63 Ran fast  
64 Finished  
65 Hair covering

## DOWN

- 1 Floral wire delivery service  
2 Common metal  
3 \_\_ about; praise-highly  
4 Bits of parsley  
5 James & Scott  
6 A single time  
7 Some works of Wordsworth  
8 April 22-30, 2016  
9 "O Canada" for one  
10 Poet Teasdale  
11 Wharf  
12 Winter toy  
14 Eyes  
21 Failures  
25 \_\_ as a beet

## Solutions



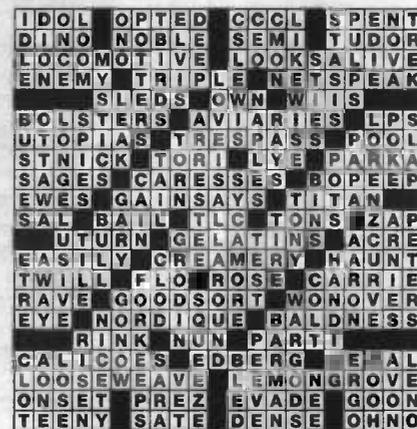
- 26 No longer fresh  
27 Takes on new employees  
28 Send in payment  
29 Jabbed  
30 Fills with wonder  
31 Wed on the run  
32 More modern  
33 \_\_ a fib; lies  
35 Roused  
38 Huge festive gathering  
39 Sheets and blankets  
41 "Cry \_\_ River"; song of lament  
42 Orange peel  
44 Reverberated  
45 Washed off soapsuds  
47 Skater Sonja  
48 Wines & dines  
49 Pancake house  
50 S, M, L or XL  
52 Plant with fronds  
53 Discover  
54 Part of speech  
55 Sports event  
59 FDR's follower



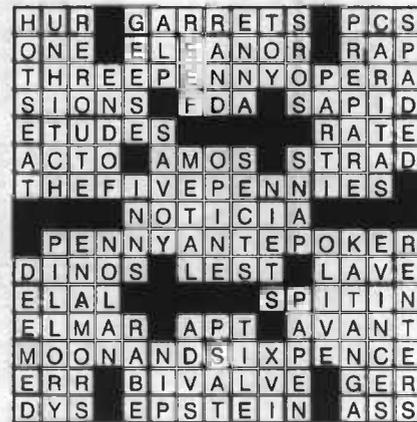
# puzzle island solutions

## Last week's crosswords

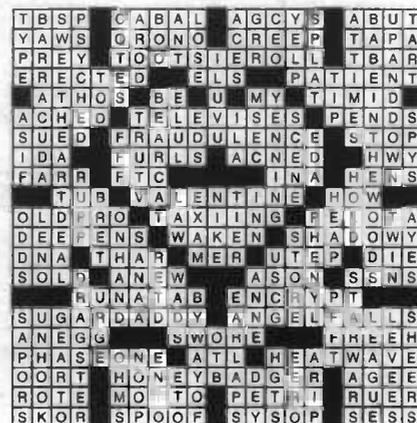
### "For Valentine's Day"



### "Musical"



### "Cherish the Thought"



## Last week's Quote-Acrostic

E(rik) LARSON: THUNDERSTRUCK:

A safe but chilly way of recalling the past is to force open a drawer if you are searching for something in particular. You don't find it but something falls out the back that is often more interesting.

## Last week's Sudoku

3	1	4	5	2	7	6	8	9
6	2	5	1	8	9	4	3	7
8	7	9	3	6	4	2	5	1
9	8	7	4	3	1	5	6	2
1	5	3	2	7	6	8	9	4
2	4	6	9	5	8	7	1	3
5	3	8	7	9	2	1	4	6
7	6	1	8	4	3	9	2	5
4	9	2	6	1	5	3	7	8

## This week's Jumble

HICCUP SOOTHE FIASCO  
PRANCE HINDER PACKET

The man was losing his hair, but he wanted to —

**KEEP IT UNDER HIS HAT.**



# Can true love sustain a clash in political views?



**JACKIE PILOSSOPH**  
*Love Essentially*

We all know the old saying about never talking politics with friends. But nowadays, with the presidential primaries well underway, it's hard not to opine on the candidates and tell others who we want or don't want running our country.

If you happen to disagree politically with a co-worker, a friend or an acquaintance, it probably is best to respectfully agree to disagree and move on. But when it comes to your spouse, what happens if you just can't see eye to eye? What if one of you is wild about Hillary Clinton and the other wants to see Donald Trump in the White House? Do you avoid the subject? Fight it out? Stop watching TV?

Gary Hill is a North Shore-based clinical psychologist and licensed marriage and family therapist with a focus in relationship counseling. Hill said it's perfectly OK — and even healthy — to discuss opposing political views with your spouse.

"If you don't talk about it, resentment can build up and misunderstandings can start occurring," said Hill. "When couples are in conflict and not communicating, they are making assumptions, which can increase the chance of distance and a lack of connection."

Hill said the key to productive political discussions is debating in a friendly way and looking for core commonalities.

"Saying 'I'm right and you're wrong' is a recipe for conflict," he said. "Instead, look for agreement on certain issues."

Hill explained that being open-minded will not only reduce tension, but can provoke stimulating, interesting conversation which might lead to a shift in views.

"You don't have to agree, but if you make an effort to understand why the other feels the way they do, you might find yourself saying, 'I never thought of it that way,'" Hill said.

But what if you can't agree on any issue, and you're starting to wonder what planet your spouse is on?

"If you find the discussions unproductive, the happier place is to leave it alone and instead talk about things you do have in common," Hill said. "What got the two of you together? Was it parenting values? Sense of humor? The same hobbies? You'll



PHIL VELASQUEZ/CHICAGO TRIBUNE

Presidential candidate Hillary Clinton holds a campaign rally at the Parkway Ballroom in Chicago on Feb. 17.

probably discover that politics wasn't in the mix, but that you have other similarities that keep your relationship strong."

I have been fortunate in my romantic relationships when it comes to politics, so I can't say I understand firsthand what it would be like to passionately disagree about politics with a significant other.

That said, I have many friends whose political views are polar opposites of mine, and over the years, I have realized that trying to change someone's opinions can only lead to anger, frustration and stress in the friendship. So, all you can do is voice your opinions in a constructive way, remain calm in discussions and try to be respectful of others' beliefs.

But what if you're on a romantic dinner date and politics comes up? After rolling your eyes or becoming confrontational, is it possible to drop it and keep eating? Probably not.

My advice is, from now until November, forget about political issues and the men and woman trying to become our next president. I'm not saying pretend your spouse doesn't love Clinton or Trump, even if that drives you insane. But instead, focus on the things you love about the person you are with: the way she looks in her beautiful dress; his kind eyes; his adorable, funny way with the kids; or the way she plops her head on your shoulder while you're watching TV.

Aren't those things a lot more valuable than bickering over who would make a better president? In the end, when it comes to politics, we are really only entitled to two things: our opinion and our vote. As far as love, the sky's the limit. We can have as much as we want, but only if we know how to sustain it.

*Jackie Pilossoph is a freelance columnist.*

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# Cognitive restructuring can help manage stress



**DR. ANTHONY KOMAROFF**  
Ask Doctor K

**Dear Doctor K: In your column you've mentioned something called cognitive restructuring. Can you explain this in more detail?**

Dear Reader: Cognitive restructuring is one part of cognitive behavioral therapy (CBT), a type of "talk therapy" that attempts to correct ingrained patterns of negative thoughts and behaviors. CBT is the leading therapy for anxiety. It is also used to treat stress, depression, eating disorders and many other problems.

Cognitive restructuring can help you change the way you think. That, in turn, can help change the way you feel. To better understand how it works, try to remember your thoughts the last time you were late for work. Perhaps your first thought was simply "The train is late." But then that quickly transformed into "I'll be late to work. I won't make it to my meeting on time. My job is in jeopardy."

This is an example of negative automatic thinking. Scenarios like this can activate the stress response almost as easily as a growling Doberman pinscher starting to run toward you.

Often our negative thoughts are riddled with irrational distortions. For example, you may have an "all or nothing" attitude. If you don't perform flawlessly, you consider yourself a complete failure.

Another example is overgeneralization. If you do this, you take one negative event — such as rude



BLEND IMAGES

Cognitive behavioral therapy, which include cognitive restructuring, is the leading therapy for anxiety.

service at a restaurant — as part of an endless pattern of dismaying circumstances and defeat. Perhaps you exaggerate potential problems or mistakes until they take on the proportions of a catastrophe. Or you jump to conclusions: an observation that your friend seems upset turns into the certainty that she is mad at you.

For a person who is distressed by distortions and negative thoughts, cognitive restructuring may involve asking yourself:

- Is this thought or belief true?
- Did I jump to a conclusion?
- What evidence do I actually have?
- What's the worst that could happen?
- How else can I think about this?

Here's an example of how it might work: If you get stuck in traffic on the way to work, first take a few deep breaths to reduce physical tension and step

back from the stressor before you react. Then, reflect: "It's just a traffic jam. I can handle this. It's not worth getting this upset." Don't assume you'll be fired. Tell yourself, "I'll just be a few minutes late. I'm doing the best I can. I can handle this."

It may seem simplistic; it may sound too good to be true. And it doesn't happen just like that: It's not an instant cure. It takes work, focus, concentration and a talented therapist. And it takes time.

But the value of cognitive behavioral therapy, including cognitive restructuring, has been shown in scientific studies. It is the most important new type of talk therapy that I've seen in my professional career.

*Dr. Komaroff is a physician and professor at Harvard Medical School. To send questions, go to AskDoctorK.com, or write: Ask Doctor K, 10 Shattuck St., Second Floor, Boston, MA 02115.*

## PEOPLE'S PHARMACY PRESCRIPTIONS AND HOME REMEDIES

# Cut and dried: Paper towel blows away jet-air option

By Joe Graedon and Teresa Graedon  
King Features Syndicate

**Q: After you wash your hands in a public restroom, which is better: hot-air blowers or paper towels?**

Where I work, they have installed noisy dryers in some restrooms. I much prefer paper towels but have been told the blowers are better for sanitary reasons. Is that true?

A: You win this debate hands down. Several hospital studies comparing hand-drying methods have found that jet-air dryers blow microscopic drops of water containing bacteria around the bathroom (Journal of Hospital Infection, December 2014; March 2015). Researchers concluded that jet- or warm-air dryers "may be unsuitable for use in health care settings" since they could facilitate the spread of germs from one person to another.

An Australian study concluded that "from a hygiene viewpoint, paper towels are superior to electric air dryers" (Mayo Clinic Proceedings, August 2012). There's one other benefit of paper towels: They don't sound like a jet airplane taking off.

**Q: My doctor prescribed Tamiflu when I tested positive for H1N1 flu. I have been taking two tablets daily, one in the morning and another at night. Now that my fever is gone and I am feeling much better, do I have to finish the whole strip of 10 tablets?**

A: You are supposed to finish the entire five-day course of treatment with oseltamivir (Tamiflu). Like antibiotics, this antiviral treatment needs to be completed for full effec-



PHOTODISC

tiveness. If you stop in the middle, you may increase the likelihood that the virus will develop resistance (Eurosurveillance, July 30, 2009).

**Q: As a 72-year-old with Type 2 diabetes, I'm a walking pharmacy. I take three pills for diabetes, one for high blood pressure, two for cholesterol and another for gastroesophageal reflux disease.**

One of my diabetes meds is Actoplus MET, which contains metformin. I read in your column that metformin users should consider taking a B-vitamin supplement. What should I look for?

A: If you are taking a PPI acid-suppressing drug like esomeprazole (Nexium), lansoprazole (Prevacid) or omeprazole (Prilosec) in addition to metformin, you probably need extra vitamin B-12. Both drugs deplete this vital nutrient.

In her new book, "Fortify Your Life," Dr. Tierona Low Dog recommends 500 micrograms of vitamin B-12 daily for those taking either metformin or a PPI. She also suggests alpha-lipoic acid, a multivitamin, vitamin C, and 300 to 400 mg of magnesium.

To learn more about dietary recommendations, nondrug approaches to controlling blood sugar and a discussion of the

pros and cons of diabetes drugs, you may wish to read our "Guide to Managing Diabetes." Anyone who would like a copy, please send \$3 in check or money order with a long (No. 10), stamped (71 cents), self-addressed envelope to: Graedons' People's Pharmacy, No. DM-11, P.O. Box 52027, Durham, NC 27717-2027. It also can be downloaded for \$2 from our website: [www.peoplespharmacy.com](http://www.peoplespharmacy.com).

**Q: My skin is so dry, it itches. When I scratch it, I bleed. Moisturizers have not been helpful. What can I do?**

A: An ordinary moisturizer might not be strong enough when the air is really dry due to indoor heating. You could try one with urea, which improves the barrier function of the skin (Journal of Investigative Dermatology, June 2012). Research has shown that urea can be an excellent skin moisturizer (Biochimica et Biophysica Acta, November 2013).

We are partial to Udderly Smooth Extra Care 20 cream from Redex. It contains 20 percent urea. (Redex is an underwriter of our radio show.)

*In their column, Joe and Teresa Graedon answer letters from readers. Send questions to them via [www.peoplespharmacy.com](http://www.peoplespharmacy.com)*

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# Romance and television

## How to deal with disparate choices in TV watching

By Jessica Reynolds  
Tribune Newspapers

It's almost 9 p.m. on a Sunday as you pour a glass of wine and settle into the couch to watch "The Good Wife." It's your weekly ritual.

Your significant other, meanwhile, is in the basement watching "Homeland," which airs at the same time.

Couples are bound to have varied tastes in television, but what if it starts to pull the two of you apart? One of you keeps binge-watching "Grey's Anatomy" in the living room, while the other lies in bed watching "Sons of Anarchy."

"When couples spend what little time they have to hang out together in separate rooms watching their own programs, they often lose their sense of intimacy and connection," said John Sovec, a psychotherapist in Pasadena, Calif.

When we find shows that we just can't get enough of, the ones whose characters and storylines transcend the screen and invade our idle thoughts, we want to discuss them with the people close to us. TV can be a social tool in a relationship, but not if you're always watching different shows.

Danielle Faust, 34, of West Palm Beach, Fla., said she and her husband can rarely find shows they both enjoy.

"He is very science show-newsy stuff, while I'm very reality show or scandal," Faust said. Having only one TV equipped with cable in their home, the couple compromise based on who cares more at any given time. There is a short list of TV programs they will watch together, including "Survivor" and football.

Thanks to streaming services like Netflix, Hulu and Amazon Prime, the odds of finding a show that interests both partners have never been higher.

"Trying to find something to watch together can ... provide a



GETTY

healthy outlet of communication between you as you determine your likes and dislikes as individuals and as a couple," said Barbie Adler, of matchmaking service Selective Search. Deciding which shows to watch may seem like a trivial task, but "it can be indicative of you and your partner's general negotiating skills and a reflection of how you handle bigger issues," Adler said.

Rosina Motta and her husband, Edgar, have been married for 15 years, but disagreements over which shows to watch still pop up.

"I avoid his shows by doing chores, and he avoids mine by doing yardwork or being on the computer or phone," Rosina said.

But recently the couple have been hooked on Netflix, finding new shows they can binge-watch together, including "Orange Is the New Black" and "Mad Men."

"It's brought us together," she said. "Our tastes have evolved to where we actually have some common interests that I wouldn't

have guessed before."

Is having two TVs the answer?

Melania Trump, wife of the real estate mogul and GOP presidential candidate Donald Trump, said in an interview with People magazine in September that her philosophy for TV in her marriage is, "you watch your own stuff, and I watch mine." She added, "We have TiVo! It's a great relationship."

Two TVs might prevent fights over the remote from flaring up, but it can also lead to isolation. Couples may find themselves watching TV for hours a night in separate rooms. Solo TV time may seem satisfying at first, but it can quickly create a feeling of separation.

"One TV is enough," Sovec said, recommending that couples who can't agree on what to watch should consider using a DVR. Decide which shows you must watch in real time, plan accordingly and record the rest. Watch "Scandal" one week and "Thursday Night Football" the next.

(Although, admittedly, recording sporting events to watch later might be a tough sell.)

"Try to watch the shows the other person doesn't like when (he or she is) not around," Adler advised. Or, when your significant other watches his or her programs, "use that time to do something else in another room if you can't stand to sit through an episode." Do laundry, browse the Internet on your laptop or exercise. But try to stay nearby.

In a perfect world, quality time spent together as a couple would mean face-to-face conversations uninterrupted by phones, television or computers, but sometimes you just want to relax.

Watching TV together not only allows couples to bounce theories off each other, collaboratively psychoanalyze characters or root for a common team, but it could also be a catalyst for intimacy.

"It's the perfect opportunity to squeeze in some cuddle time with your partner and get into that feel-good mood that comes with

## Avoiding TV conflicts

Don't let your obsession with "Empire" get the best of you. Before you go to battle for control over the TV, consider this advice from our experts.

**Is TV the problem?** If you find yourselves frequently fighting over television control, making ad hominem attacks about the other person's interests, it could be emblematic of a much larger problem, psychotherapist John Sovec said. "Perhaps there are other things that you need to address in your relationship surrounding intimacy and support."

**Don't talk during their shows.** "Never try to chat through a show that your partner loves," professional matchmaker Barbie Adler advised. You may be bored to tears and want your partner's attention, but allow him or her to get lost in a favorite show. Wait until a commercial or the credits start rolling to interrupt.

**Use it as background noise.** Watching TV with your significant other doesn't mean you have to devote your full attention to his or her show. Do a crossword puzzle or flip through a magazine. Just being together in front of the TV is better than being apart, relationship adviser April Masini said.

**Turn the TV off.** Give the TV a rest at least one night a week and spend that time either out of the house or doing a different activity together at home, Sovec said.

physical closeness," Adler said.

Streaming services even make it possible to technically be together while still watching different shows.

"There is something very modern about lying in bed together (with) two laptops and two sets of earbuds," said April Masini, who writes about relationships at AskApril.com. "These are not your parents' TV watching habits!"

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ASKING PRICE: \$1,800,000

Listed on Feb. 12, 2015

Six-bedroom, 5 1/2 bath, 5,400 square foot home situated on nearly two acres in East Highland Park. Designed by renowned architect Stanley Tigerman, this home features a grand entryway, 35-foot barrel ceilings, skylights and a double staircase. Highlights include a large cook's kitchen overlooking the landscaped backyard with pool and a master suite with a spa bath, sitting area and custom closets. Additional features include floor-to-ceiling windows, skylights throughout, three fireplaces, an outdoor barbeque near the pool and a four-car attached, heated garage. Please note that \$1,800,000 is a suggested opening bid for the home's mid-April auction.

Agent: Diana Peterson of SVN AuctionWorks, 312-756-7333

At press time, this home was still for sale.



CN

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# REAL ESTATE TRANSFERS

ADDRESS	BUYER	SELLER	DATE	PRICE
1101 E Algonquin Rd, # 3, Arlington Heights	Khang Nguyen & Chinh Nguyen	Konstantin S Stoyanov	01-19-16	\$54,000
1106 N Dale Ave, # 2E, Arlington Heights	Mateusz Adamski	Steinberg Trust	01-26-16	\$72,500
1515 E Central Rd, # 317C, Arlington Heights	Helena Kuczak	Christopher P Hackett	01-26-16	\$143,000
1243 S Ridge Ave, Arlington Heights	Athanasia Nancy Fokas	Rodig Trust	01-25-16	\$230,000
889 S Dwyer Ave, Arlington Heights	James Barnes	Lee Johnsen	01-22-16	\$262,000
1725 N Patton Ave, Arlington Heights	Jeffrey Royce Parker & Shelly Schneider Parker	Deborah G Parker	01-20-16	\$279,000
2630 N Dryden Pl, Arlington Heights	Edward Leszynski & Craig J Morse	George Lewandowski	01-19-16	\$290,000
733 N Beverly Ln, Arlington Heights	Joseph C Pesoll	Zerrudo Trust	01-19-16	\$335,000
1122 S Pine Ave, Arlington Heights	Sean Salehzadeh & Dovie A Salehzadeh	Michael J Goebig	01-22-16	\$340,000
505 N Harvard Ave, Arlington Heights	Joann M Peterson	Ilya Barshai	01-22-16	\$360,000
7 S Regency Dr E, Arlington Heights	Michael Jaworski & Maigorzata Jaworski	Maura Ronayne	01-25-16	\$361,500
77 S Evergreen Ave, # 302, Arlington Heights	Takakazu Konishi & Takako Konishi	Gordon Mckay	01-19-16	\$375,000
11 S Woodridge Ln, Arlington Heights	Patrick Connolly & Kerry Connolly	Se Fok Chan	01-26-16	\$392,000
906 W Tanglewood Dr, Arlington Heights	Jeffrey M Ziolkowski & Amy L Ziolkowski	Richard J Bernas	01-21-16	\$410,000
642 S Mitchell Ave, Arlington Heights	Edward A Culbertson & Reagan B Culbertson	Christopher Frase	01-26-16	\$425,000
24 N Lincoln Ln, Arlington Heights	Vinod Ramesh Bhavnani	MI Homes Of Chicago Llc	01-20-16	\$474,500
12 N Lincoln Ln, Arlington Heights	Algird R Mameniskis & Jodi M Zaban	MI Homes Of Chicago Llc	01-20-16	\$484,500
410 S Roosevelt Ave, Arlington Heights	Michael Cacciabondo & Melissa Cacciabondo	Piotr Styczen	01-26-16	\$500,000
4 N Lincoln Ln, Arlington Heights	Elizabeth J Rosenberg	MI Homes Of Chicago Llc	01-19-16	\$503,500
104 Steeple Dr, # A, Buffalo Grove	Sam Yi & Kyoung Hee Yi	Paul Krzesaj	01-21-16	\$150,000
350 E Dundee Rd, # 304B, Buffalo Grove	Ronald Gold & Donna Gold	Clifford Salzman	01-22-16	\$160,500
448 Ferndale Ct, Buffalo Grove	Luba Lipkin	Leonora H Schweffler Estate	01-15-16	\$222,000
3 E Beechwood Ct, Buffalo Grove	Carlie Janowiak	Paul M Camel	01-26-16	\$290,500
1407 Winston Dr, Buffalo Grove	Radoslaw Mazur & Patricia Mazur	Joseph Bryan Bennett	01-19-16	\$330,000
321 Willow Pkwy, Buffalo Grove	Rozalia Makagon	Joseph Bakshis	01-21-16	\$352,000
415 Claret Dr, Buffalo Grove	Eugene J Katz	Laxmichand V Udeshi	01-15-16	\$419,500
27 Trotwood Ct, Buffalo Grove	Santanu Dey & Debarati Mitra	Albert C Lencioni	01-19-16	\$462,000
22 Carlyle Ln, Buffalo Grove	Jlayin Huang & Wei Wang	James M Schallman	01-15-16	\$592,000
9990 Holly Ln, # GS, Des Plaines	Oswaldo J Paese	Denis Rasin	01-22-16	\$43,000
905 Graceland Ave, # 3, Des Plaines	Stella Kazimirova	Fannie Mae	01-25-16	\$65,000
1105 Holiday Ln, # 12, Des Plaines	Adam Swietek	Bank Of New York Mellon Ttee	01-22-16	\$70,000
9301 W Ballard Rd, # D, Des Plaines	Sasan Ghannad	Judicial Sales Corp	01-19-16	\$75,000
8840 N Western Ave, # 2C, Des Plaines	Jeffery J Vadukumcherry	Sumy V Johny	01-19-16	\$80,000
9205 Bumble Bee Dr, # 1D, Des Plaines	Yousif Benyamin	Santosh Thomas	01-26-16	\$91,500
9332 Landings Ln, # 302, Des Plaines	Beata Sadowski	Harlan D Sugerman	01-26-16	\$100,000
828 Graceland Ave, # 202, Des Plaines	Marie A Olson	Irene Kowalczyk	01-19-16	\$125,000
401 Trailside Ln, Des Plaines	Dejan Jesic & Tanja Jesic	Robert Dwight Miner	01-19-16	\$130,000
190 Grove Ave, # B, Des Plaines	Piotr Duda & Agnieszka Duda	Danielle Helma	01-22-16	\$134,000
9001 Golf Rd, # 4H, Des Plaines	Rose Calovic	Ivaylo S Ivanov	01-19-16	\$140,000
9253 Aspen Dr, Des Plaines	Muhammad F Zikaria & Nasreen B Zikaria	Mohammad Motiani	01-21-16	\$140,000
430 S Western Ave, # 212, Des Plaines	Patrycja Frackiewicz	Wells Fargo Bank Trustee	01-20-16	\$147,000
8652 Gregory Ln, # E, Des Plaines	Manish Maslyava & Payal Maslyava	Dig Investment Llc	01-25-16	\$148,500
2145 Elmira Ave, Des Plaines	Joseph Magnelli & Anna Maria Magnelli	Jennifer L Tsalapatanis	01-22-16	\$155,000
2157 Douglas Ave, Des Plaines	Roberto A Solls Jr	Robert Sperling Estate	01-25-16	\$180,000
9420 Greenwood Ave, Des Plaines	Theresa Zumba	Federal Home Loan Mtg Corp	01-21-16	\$183,000
1386 Danbury Ln, Des Plaines	Szymon Godowski	Nicholas Verros	01-21-16	\$200,000
900 Center St, # 3A, Des Plaines	Jessica F Horning	Sebastian Szafranski	01-22-16	\$203,000
9048 W Emerson St, Des Plaines	Stifan Korkis & Nadia Korkis	Rita Y Odishu	01-22-16	\$210,000

ADDRESS	BUYER	SELLER	DATE	PRICE
9356 Home Cir, Des Plaines	Vivek R Kunwar & Dharmistha V Kunwar	Sabrina A Yousif	01-21-16	\$210,000
514 E Washington St, Des Plaines	Michael Drozdek & Katherine J Drozdek	Herman P Schlipma Jr	01-19-16	\$245,000
2016 Plainfield Dr, Des Plaines	Muhammad Shah & Wajeha Shah	V Mortgage Reo 1 Llc	01-25-16	\$252,000
1623 E Algonquin Rd, Des Plaines	Joseph Ethington & Brittany Ethington	Rex Garcia	01-26-16	\$300,000
2110 Fox Ln, Des Plaines	Bhupatsinh N Chavada & Mlian Patel	Red Investments Llc	01-22-16	\$312,500
26 S Josephine Ct, Des Plaines	Xin Liu	Joseph P Hansberry	01-19-16	\$408,000
722 W Dempster St, # GG12, Des Plaines	Grzegorz Kogut	Edyta Korga	01-21-16	\$80,500
146 Callan Ave, Evanston	Fernando Perez	Clifford E Cox Iii	01-21-16	\$75,000
1619 Howard St, # A5, Evanston	Candice K Richards	Marion G Chlmon	01-21-16	\$85,000
950 Harvard Ter, # 1, Evanston	Andrea D Lacorte	Gene Murray Mar	01-20-16	\$105,000
1327 Dodge Ave, Evanston	Juan Rueda & Sandy Suarez	Bank Of New York Mellon	01-21-16	\$108,000
800 Judson Ave, # 203, Evanston	Kris A Stipp	Robert Drainville	01-21-16	\$185,000
2429 Church St, Evanston	Martin Rojas & Norma Rojas	Armando Campos	01-26-16	\$209,000
815 Brummel St, # 1, Evanston	Andrea Iversen	Jacob M Downs	01-26-16	\$209,500
2314 Hastings Ave, Evanston	Dean Bushala & Kyle Kinzie	Walter F Bushala	01-21-16	\$350,000
1110 Monroe St, Evanston	Geoffrey D Prairie & Jeannette M Mihalek	Greater Chicago Residential	01-20-16	\$407,000
801 Hinman Ave, # 3, Evanston	Jonakan O Steen	Scott W Devine	01-22-16	\$425,000
2021 Harrison St, Evanston	John Benson & Michael Law	David L Doyle	01-22-16	\$575,000
1580 Sherman Ave, # 902, Evanston	Robert C Froetscher & Janet P Froetscher	Stanley E Leimer	01-26-16	\$865,000
1134 Pine St, Glenview	Stavrouia Ladas	Susan J Currie	01-19-16	\$227,000
2020 Chestnut Ave, # 309, Glenview	Paul J Kaiser & Kathleen A Kaiser	Peter Schweke	01-25-16	\$275,000
831 Long Rd, Glenview	Philip Tangen & Dimitra Tangen	Evelyn Abbasi	01-25-16	\$325,000
106 Crescent Dr, Glenview	Aashish H Kapadia & Amisha A Kapadia	Leonidas Kominos	01-21-16	\$330,000
2733 Pauline Ave, Glenview	Khitam A Shakro & Jacob Shakro	Olivia & Associates Llc	01-20-16	\$392,500
416 Huber Ln, Glenview	Basharat Hargey & Anam Hargey	Andrew J Plipton	01-19-16	\$585,000
1998 Shermer Rd, Glenview	Lilia Drabkina	Development Solutions Gln Llc	01-25-16	\$585,500
1000 Forestview Ln, Glenview	Walter Pfenning & Rachael Rp Pfenning	Aleowyn C Ward	01-19-16	\$1,170,000
9 Carlisle Rd, Hawthorn Woods	Kelly M Wren	Lane Brown	01-21-16	\$347,500
23 Robin Crest Rd, Hawthorn Woods	Justin R Embree & Meredith J Embree	Us Bank Na Trustee	01-22-16	\$370,000
5500 Lincoln Ave, # 419E, Morton Grove	Amalija Zenkic & Anel Zenkic	Jordana Jordanova	01-25-16	\$78,500
8219 Mango Ave, Morton Grove	Edward Gustafson & Deborah Gustafson	James Sorenson	01-26-16	\$200,000
9226 National Ave, Morton Grove	Richard S Kang & Meyke A Kang	Catherine Kastil	01-21-16	\$230,000
9120 Mcvicker Ave, Morton Grove	Rebekah Israel & Obadiah Israel	Jagdish T Madhav	01-26-16	\$244,000
7219 Foster St, Morton Grove	Najeeb D Syed	Dawood M Syed	01-21-16	\$279,500
5705 Cleveland St, Morton Grove	Richard Stanislaus	John F Casper Estate	01-26-16	\$297,500
7850 Lotus Ave, Morton Grove	Pan Tae Kim & Son Ye Kim	Monticello Properties Llc	01-20-16	\$390,000
8229 N Oleander Ave, Niles	Lida Yacoub	Donna S Hrijjac	01-25-16	\$180,000
7857 N Nordica Ave, Niles	Syedmazhar Ali Jafri & Sultan M Farooqui	Suman Gheewala	01-19-16	\$205,000
9906 N Wendy Way, Niles	Vanessa Aviles	Jacob Roth	01-25-16	\$280,000
8759 N Elmore St, Niles	Ameen A Syed & Arifa Ahmed	Bank Of New York Mellon	01-20-16	\$280,000
1445 W Touhy Ave, # 3A, Park Ridge	Chu Hays	Federal Home Loan Mtg Corp	01-26-16	\$85,000
1419 W Touhy Ave, # 9, Park Ridge	Anthony Crawford & Amber Slupski	Fannie Mae	01-26-16	\$87,000
2300 W Talcott Rd, # 2C, Park Ridge	Francesco V Loconte	Quintillani Trust	01-19-16	\$140,000
2400 Archbury Ln, # 3J, Park Ridge	Anna Khomenko	Donna Wegzyn	01-22-16	\$167,000
2200 Bouterse St, Park Ridge	Robert J Murphy & Marianne S Murphy	Hoffman Trust	01-20-16	\$275,000
1700 W Crescent Ave, Park Ridge	Marcus E Sernel & Tracy L Sernel	Joe Magnelli	01-22-16	\$435,000
218 Austin Ave, Park Ridge	Anthony A Smith & Melissa Smith	Kevin O Goll	01-20-16	\$457,500
1704 W Crescent Ave, Park Ridge	Marcus E Sernel & Tracy L Sernel	Joseph Magnelli	01-20-16	\$520,000
297 S Northwest Hwy, Park Ridge	Mary F Browne	Brighton Mews Venture Llc	01-26-16	\$534,500
319 Grant Pl, Park Ridge	Nicholas Giordano	Christopher M Morrissey	01-22-16	\$590,000
2012 De Cook Ave, Park Ridge	Kenneth Cielocha & Ellen Cielocha	Jaroslav Gryczko	01-21-16	\$625,000
427 S Cumberland Ave, Park Ridge	Atul Mehta & Prajakta Korde	Jadwiga Krypla	01-20-16	\$715,000

This list is not intended to be a complete record of all real estate transactions.  
Data compiled by Record Information Services ■ 630-557-1000 ■ public-record.com



**GLENVIEW**

Updated 4-bedroom, 2-bath all stone and brick home. Living room features wood-burning fireplace with marble surround. Formal dining room with bay window and first-floor family room. Kitchen features stainless appliances, granite counters, breakfast corner and pantry. Four bedrooms upstairs, master with his/her closets. Full finished walkout basement with large rec room and storage. Patio, landscaped yard and 2-car garage.

**Address:** 311 Nora Ave.  
**Price:** \$539,000  
**Schools:** Glenbrook South High School  
**Taxes:** \$6,536  
**Agent:** Missy Jerfita/Berkshire Hathaway HomeServices KoenigRubloff Realty Group



**EVANSTON**

Four-plus bedroom home. First floor has sun room, a kitchen, a living room with a wood-burning fireplace, a separate dining room, a powder room and a screened porch off of the kitchen. The 2nd floor has three corner bedrooms (1 with an extra tandem/sun room) plus an office and one full bathroom. The 3rd floor is finished with an open room (bedroom No. 4) and a full bathroom. The basement has laundry, storage, mechanicals and plenty of space for a recreation room.

**Address:** 735 Monticello Place  
**Price:** \$669,000  
**Schools:** Evanston Township High School  
**Taxes:** \$5,569  
**Agent:** Michael Thomas/@properties



**VERNON HILLS**

Newly refinished hardwood floors throughout the main level. Two-story living room. The eat-in kitchen has new stainless appliances, maple cabinets, granite counters, a center island & opens to family room with gas fireplace. Master suite has vaulted ceiling, sitting area, private bath and his & hers walk-in closets. Two guest/family bedrooms, 1 with walk-in closet, share a bathroom with double sink. The basement has a finished rec area. Backyard includes patio & landscaping.

**Address:** 493 Valhalla Terrace  
**Price:** \$479,900  
**Schools:** District 128  
**Taxes:** \$11,354  
**Agent:** Jane Lee/RE/MAX Top Performers

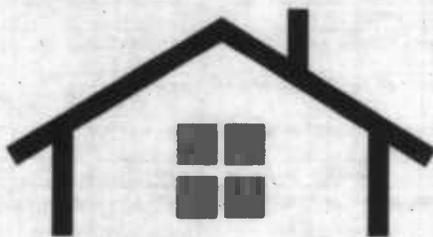


**SOUTH BARRINGTON**

Brick two-story home has 5 bedrooms and 5.5 baths, marble foyer with curving staircase, hardwood floors, and formal living & dining rooms for entertaining. The center island kitchen has granite counters, breakfast bar, eating area and backyard views. Family room has brick fireplace and wet bar. Home office could be used as a first-floor bedroom. Backyard has in-ground pool, outdoor kitchen, gazebo & patio.

**Address:** 2 Westlake Drive  
**Price:** \$749,000  
**Schools:** Barrington High School  
**Taxes:** \$12,616  
**Agent:** Dean Tubekis/Coldwell Banker Residential Brokerage Barrington

Listings from Homefinder.com



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		15 yr fixed		3.000	0.000	\$595	20%	3.052		NMLS# 66247	
		10 yr fixed		2.875	0.000	\$795	20%	2.976			MB 6760860
		5/1 ARM		3.000	0.000	\$1495	20%	3.084		<b>866-723-1989</b>	
		30 yr Jumbo Conforming		3.750	0.000	\$995	20%	3.769			<a href="http://bankrate.sebonic.com">http://bankrate.sebonic.com</a>
		30 yr FHA		3.250	0.000	\$295	3.5%	3.264			
		30 yr VA mtg		3.250	0.000	\$0	5%	3.251			
		7/1 ARM		3.250	0.000	\$895	20%	3.251			

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Listings are subject to change.  
Please call the venue in advance.

## Thursday, Feb. 25

**"Marnie & Phil: A Circus Love Letter":** Through the spectacular circus wizardry of The Actors Gymnasium, Marnie & Phil: A Circus Love Letter tells a time-spanning, multi-generational story that explores how our friendships stay with us over time, recede, and can come back to save us just when we need them to. 7:30 p.m. Thursday-Sunday, Actors Gymnasium, 927 Noyes St., Evanston, \$25; \$15 for students, 847-328-2795

**"The Things We Keep":** The Arc presents a family drama about an artist in the process of cleaning out her attic at the end of her life and her family's return home to settle the estate. 7:30 p.m. Thursday-Saturday, 6 p.m. Sunday, Noyes Cultural Arts Center, 927 Noyes St., Evanston, \$10-\$25, 847-448-8260

**Art in the Library Exhibit: "The Call of the Shore":** Artist Cherie Piatt creates water colors of the seascapes and landscapes she finds so inspirational. 9 a.m. daily, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

**Twitter class:** Get acquainted with this online social networking service. 2 p.m. Thursday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

**Adult literacy classes: Spring session:** Native and non-native English speakers can improve their reading and writing skills. 9:15 a.m. Tuesdays and Thursdays, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

**Morton Grove Chamber of Commerce Networking Lunch:** Hear what it was like on the other side of the microphone with speaker Barry Edwards, veteran broadcaster from the best days of Chicago's media. Call or email [Director@mgcci.org](mailto:Director@mgcci.org) for reservations. 11:30 a.m. Thursday, China Chef Restaurant, 5940 N. Lincoln Ave., Morton Grove, \$20 per person, 847-965-0330

**Teen Science Lab: DIY Lava Lamps:** Make your own lava lamp using household ingredients and the magic of science. Supplies, instructions, and snacks will be provided. Registration required. 3 p.m. Thursday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

**Neighbor Time:** Join us as we visit everyone's favorite neighbor. We'll watch, play, talk, and sing in the style of this classic children's television show. 1:30 p.m. Thursday, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

**Wonder Ground Open Lab:** Look, touch, tinker, and play with an intriguing array of science-oriented curiosities in this new space designed especially for kids. 4 p.m. Tuesdays and Thursdays, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

**Tech Time for Adult Learners:** Use library computers or bring your own computer or tablet. No registration is required and walk-ins are welcome, with staff on hand to assist. 9 a.m. Thursday, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

**Evening with the author: Mary Kubica:** Chicago-area author Mary Kubica, author of "The Good Girl" and "Pretty Baby," reads her work and answers audience questions. 7 p.m. Thursday, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

**Watergate:** This two-part presentation will look at the roots of the crime and the desperate attempts of the Nixon Administration to cover it up, all of which were unraveled by journalists, a judge, and Congress. 1 p.m. Thursday, North Shore Senior Center, 161 Northfield Road, Northfield, \$19 NSSC members; \$25 non-members, 847-784-6030

**Neil DeGrasse Tyson: Five Cosmic Questions:** Before he dies, Neil DeGrasse Tyson, host of the renowned television series "Cosmos," would like to know the answers to five questions about the universe and our place in it. 10 a.m. Thursday, North Shore Senior Center, 161 Northfield Road, Northfield, \$40 (NSSC member); \$52 (non-member), 847-784-6030

**Tai Chi:** Practice the ancient, healing art of Tai Chi, which is the practice of controlled, relaxed body movements. Wear loose clothing. 9 a.m. Thursday, North Shore Senior Center, 161 Northfield Road, Northfield, \$75 NSSC members; \$89 non-member, 847-784-6030

**Park Ridge Fly Tying Club Meetings:** Chicago Fly Fishers Club meets from October through May. Demonstrations of fly tying are performed by an experienced demonstrator. The members have an opportunity to tie the same pattern using tools and materials provided by the club. 7 p.m. Thursday, Park Ridge Community Church, 100 S. Courtland Ave., Park Ridge, free, 847-823-3164

**Beginning Ukulele lessons:** Participants must provide their own ukulele and register in advance. Beginners' class at 1:30 p.m. Intermediate-level class at 2:30 p.m. Thursday, Park Ridge Park District- Centennial Activity Center, 100 S. Western Ave., Park Ridge, \$25 member; \$30 guest, 847-692-3597

**Silver Screen 101:** For those who would like to make a movie, come join in this class, where participants come away with a three- to five-minute short film project. 6 p.m. Tuesday-Thursday, Park Ridge Park District- Centennial Activity Center, 100 S. Western Ave., Park Ridge, \$100, 847-692-3597

**New Chamber Member Reception:** The Chamber Ambassadors welcome their new members. 8:30 a.m. Thursday, Park Ridge Chamber of Commerce, 720 Garden St., Park Ridge, free

**Ken Rogerson:** The comedian best known from appearances on "Letterman" and "Conan" headlines a stand-up showcase. 8 p.m. Thursday, 8 & 10 p.m. Friday, 7 & 9:30 p.m. Saturday, Zanies Rosemont, 5437 Park Place, Rosemont, \$22 plus a two-item food/drink minimum, 847-813-0484

**Joe's Live Rosemont Grand Opening with Frankle Ballard:** This grand opening event features a live performance from country music star Frankie Ballard. 7 p.m. Thursday, Joe's Live Rosemont, 5441 Park Place, Rosemont, \$26

**"Mothers and Sons":** Northlight presents Terrence McNally's play about a mother who visits her deceased son's partner 20 years after his death and is confronted with a changing definition of family. 7:30 p.m. Thursday, 8 p.m. Friday, 8 p.m. Saturday, Northlight Theatre, 9501 Skokie Blvd., Skokie, \$15-\$68, 847-673-6300

**The Tango:** Professional ballroom and Latin dance instructor Vito Magrone will be teaching tango throughout the month of February. Both couples and singles can join the class. 8 p.m. Thursday, Just Dance Studios at Georgetown West, 301 S. Prospect Ave., Wood Dale, \$40, 630-542-7644

## Friday, Feb. 26

**"Chicago Doo Wop Dreams":** Music, Chicago, Live brings their hit show "Chicago Doo Wop Dreams" to the historic Leela Arts Center in Des Plaines. 7:30 p.m. Friday, 7:30 p.m. Saturday, 3 p.m. Sunday, Leela Arts Center, 620 Lee St., Des Plaines, Tickets are \$15 to \$25, 800-838-3006

**Cornmeal:** 8 p.m. Friday, SPACE, 1245 Chicago Ave., Evanston, \$15-\$25, 847-492-8860

**Coupes and Comedy: Indoor Drive-In Theater:** Create your very own cardboard coupe, and then cruise over to the Lincolnwood Community Center's indoor drive-in theater for a funny animated story. Supplies for building and decorating the coupes will be provided; participants are encouraged to bring a "seat cushion" to place inside their car during the feature film. Advance registration required. For ages 2-5 with caregiver. Register through the Lincolnwood Parks & Recreation Department online at [www.recreation.lw-d.org](http://www.recreation.lw-d.org) or in-person in our office. 10 a.m. Friday, Lincolnwood Community Center, 6900 N. Lincoln Ave., Lincolnwood, free, 847-677-5277

**MGPL After Dark Movie Night & Oscar Prediction contest:** Enjoy complimentary popcorn and refreshments and fill out an Oscar prediction ballot for a chance to win a Blu-ray/DVD player. Movie to be shown: "The Martian" (2015, PG-13, 2 hr 20 min). 6:30 p.m. Friday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

**Rise and Shine Storytime:** Children ages 2-6 are welcome to drop in for a 30-minute story time. 10 a.m. Friday, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

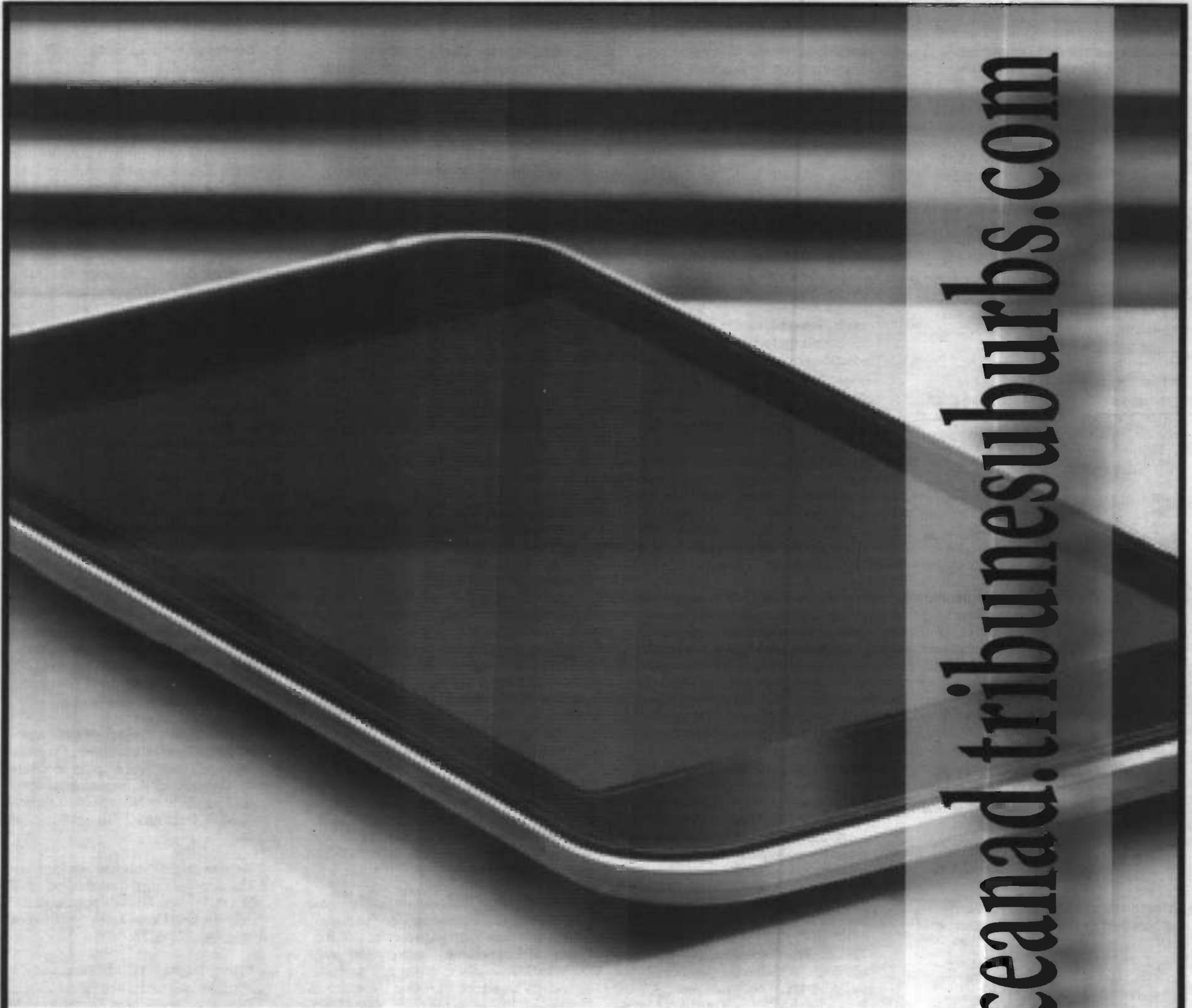
**Shakespeare Project of Chicago — "Cymbeline":** Shakespeare Project of Chicago's theatrical reading production of "Cymbeline." A discussion follows. 6:45 p.m. Friday, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

**Gentle Yoga:** Exercises are done in a chair or standing not on the floor. 9:30 & 11 a.m. Fridays, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

**Friday Night Fit Club:** Fitness and fun combine, when the Northbrook Park District offers drop-in Zumba to end the work week. Advance registration is not required. 7 p.m. Friday, Greenbriar School, 1225 Greenbriar Lane, Northbrook, \$5, 847-291-2995

**Friday Fish Fry at Allgauer's on the Riverfront:** Friday Fish Fry with coleslaw, potato cake, french fries on Fridays from 5 to 10 p.m., Allgauer's on the Riverfront/Northbrook Hilton, 2855 N. Milwaukee Ave., Northbrook, \$13 per person, 847-664-7999

Turn to Calendar, Next Page



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Calendar, from Previous Page

**Share The Warmth:** Volunteers wanted — Join a group of warm, friendly, supportive women (men welcome) to prepare one-of-a-kind fleece blankets for chemo patients. A basic crochet stitch can be taught if needed. Bring lunch. Attendees often gather until 2 or 3 p.m. Donations are welcome to this 501(c)3 non-profit organization. 9 a.m. Fridays, North Shore Senior Center, 161 Northfield Road, Northfield, free, 847-293-6755

**Great Decisions In Foreign Policy:** Gary Midkiff facilitates this discussion group that meets every other week to explore in-depth the topics featured in the year's 2016 Great Decisions Briefing Book, including: the Middle East, the rise of ISIS, the future of Kurdistan, migration, the Koreas, the United Nations, climate change, and Cuba and the U.S. 9:30 a.m. Friday, North Shore Senior Center, 161 Northfield Road, Northfield, \$95 NSSC member; \$115 non-member, 847-784-6030

**Duplicate Bridge:** The senior center offers a friendly bridge game every Friday morning. 9 a.m. Friday, Park Ridge Senior Center, 100 S. Western Ave., Park Ridge, free, 847-692-5127

**S.T.A.R. Dominoes Tournament:** Join them on the last Friday of the month for a friendly competition. Call to register in advance, or for more information. 1 p.m. Friday, Park Ridge Park District-Centennial Activity Center, 100 S. Western Ave., Park Ridge, \$2 member, \$3 guest, 847-692-3597

**Women in Business Networking Breakfast:** Build your network and make new connections. 8:30 a.m. Friday, Park Ridge Chamber of Commerce, 720 Garden St., Park Ridge, \$10 members; \$15 prospective members, 847-825-3121

**Shawn Lacy and Wheelhouse at Joe's Live Rosemont:** Catch Nashville stand-out musician Shawn Lacy with bluegrass band Wheelhouse at Joe's Live Rosemont. 9 p.m. Friday, Joe's Live Rosemont, 5441 Park Place, Rosemont, \$10, 847-261-0392

**Saturday, Feb. 27**

**Rebirth Brass Band:** 7 p.m. Saturday, 10 p.m. Saturday, SPACE, 1245 Chicago Ave., Evanston, \$25-\$46, 847-492-8860

**FUSE: Studio:** Drop in with friends to wire LEDs, compose a ringtone, build an amp, mix chemicals to make gel beads, navigate a robot obstacle course and more. For grades 6-12. Saturdays, Evanston Public Library, 1703 Orrington Ave., Evanston, free, 847-448-8600

**Ecology Center Winter Market:** 9 a.m. Saturdays, Ladd Arboretum, 2024 McCormick Blvd., Evanston, free, 847-448-8045

**Overeaters Anonymous:** Overeaters Anonymous meets Saturdays. New-comer meeting on the last Saturday of the month. 9 a.m. Saturdays, St Matthews Episcopal Church, 2120 Lincoln St., Evanston, free, 773-996-0609

**Animal Arts and Seasonal Stories:** Activities are offered at varying levels of difficulty and interest. An adult must accompany participants. 10:30 a.m. Saturdays and Sundays, Mitchell Museum of the American Indian, 3001 Central St., Evanston, \$3 kids, \$5 adults, 847-475-1030

**Immanuel Lutheran Church Winter Market:** 8 a.m. Saturday, Immanuel Lutheran Church, 616 Lake St., Evanston, free, 847-864-4464

**Chefs Stegner and Vowell at Winter Farmers Market in Evanston:** Chef Sarah Stegner of Prairie Grass Cafe and chef-turned-farmer Tracey Vowell of Three Sisters Garden serve a special brunch and sell unique food items twice a month. 8 a.m. Saturday, Immanuel Lutheran Church, 616 Lake St., Evanston, orders vary, 312-651-9000

**The Bluegrass Advocates:** 9:30 p.m. Saturday, The Celtic Knot Public House, 626 Church St., Evanston, free, 847-864-1679

**Re-Opening of Thrift House:** The Junior League of Evanston-North Shore runs this thrift store to raise money to support projects in the community. The store was recently re-designed. 10 a.m. Saturday, Thrift House, 920 Chicago Ave., Evanston, free, 847-328-5778

**be BRAVE Women's Wellness Workshops:** Come to the 2016 be BRAVE full day workshop for yoga, nutrition, meditation, massage, acupuncture and more. 9 a.m. Saturday, Glenview New Church, 74 Park Drive, Glenview, \$75, 847-219-3513

**Discovering the Riches of FamilySearch:** Maureen Brady, professional research and co-director of the Crystal Lake Family History Center, introduces the riches, free internet resource for genealogical researching, illustrating search techniques and navigation tips. 10 a.m. Saturday, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

**Family Movie: Disney's "Aladdin":** Drop in for a big movie and a little snack. 2 p.m. Saturday, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

**Family Film: "Alvin and the Chipmunks The Road Chip":** 2 & 7:30 p.m. Saturday, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

**"Junie B. Jones":** Adapted from a series of popular books, "Junie B. Jones, The Musical" brings a precocious first-grader to life. The musical takes a hilarious look at growing up, presented by the professional Northbrook Theatre for Young Audiences. 10 a.m. Saturday, 1 p.m. Saturday, Northbrook Theatre, 3323 Walters Ave., Northbrook, \$10-\$12, 847-291-2995

**Tefilla Yoga:** Match yoga postures and sequences with themes and key words of traditional Jewish prayers. Bring your own mat and dress appropriately for yoga. 11 a.m. Saturday, Congregation Beth Shalom, 3433 Walters Ave., Northbrook, free, 847-498-4100

**Writing the Short or Feature Screenplay:** For writers ages 18 and up. At the end of the class, participants have an understanding of what turns a story into a successful screenplay. Please register in advance by contacting the Centennial Activity Center or for more information. 2 p.m. Saturday, Park Ridge Park District-Centennial Activity Center, 100 S. Western Ave., Park Ridge, \$100, 847-692-3597

**Chris Janson at Joe's Live Rosemont:** Join in this live performance from country music star Chris Janson ("Buy Me a Boat"). 7 p.m. Saturday, Joe's Live Rosemont, 5441 Park Place, Rosemont, \$20

**Johnny Rodgers live at Gene and Georgetti Rosemont:** Enjoy dinner and a live performance from Johnny Rodgers. 6 p.m. Saturday, Gene & Georgetti Rosemont, 9421 W. Higgins Road, Rosemont, \$31-\$50, average dinner prices, 847-653-3300

**"The Internet Ate My Brain":** An innovative evening of hilarious topical songs lampooning how crazy we've all become because of gadgets and gizmos. Starring and written by Bill Dyszel, the author of "Microsoft Outlook for Dummies" and more than 20 books in the popular book series. 8 p.m. Saturday, Skokie Theatre, 7924 N. Lincoln Ave., Skokie, \$20, 847-677-7761

**Preserving Survivor Stories:** Ask Holocaust Survivor Pinchas Gutter any question you would like, and "natural language" technology software will respond as if Pinchas were in the room. 10:30 a.m. Saturday, Illinois Holocaust Museum and Education Center, 9603 Woods Drive, Skokie, free, 847-967-4800

**Sunday, Feb. 28**

**Etel Melamed:** Jewish, Russian, Gypsy, European and other styles blended with originality and finesse by Chicago's own Maxwell Street Klezmer Band with vocalist Etel Melamed in an all-new show. With guest cameos and audio-visuals multimedia extras, this is a great concert for all ages. 6 p.m. Sunday, Prairie Lakes Theatre, 515 E. Thacker St., Des Plaines, \$30 in advance; \$35 at the door, 800-838-3006

**Ellis Paul:** 7 p.m. Sunday, SPACE, 1245 Chicago Ave., Evanston, \$15-\$35, 847-492-8860

**Inspire Energy Orchestra Concerts:** At 1:30 p.m.: Reading, Cadet, Concertino, and Philharmonia perform. At 2:30 p.m.: Concert Orchestra, Voices Rising, and Mini & Mighty Maestros perform. Also featured is the Walgreens National Concerto Competition MYA Junior Division winner. At 6 p.m.: Midwest Young Artists presents critically acclaimed Symphony Orchestra in concert. Also, winners of the Walgreens National Concerto Competition perform. Tickets for all Inspire Energy concerts available at <http://www.mya.org/store/tickets.php>. 1 p.m. Sunday, Pick-Staiger Concert Hall, Northwestern University, 50 Arts Circle Drive, Evanston, \$30 adults, \$15 students, 847-926-9898

**Southern trails to social justice: civil rights highways and byways:** Allan Ruter, long-time Glenview resident and Glenbrook High School teacher, commemorates Black History Month in this presentation. 2 p.m. Sunday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

**Critic's Choice: "Second Coming":** (2014, NR, English, 1 hr 45 min) A close-knit family tries to cope with an unexplained pregnancy. 2 p.m. Sunday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

**Oscar Night Party:** The Oscars once again are taking over the Niles Library. Advance registration required. 7 p.m. Sunday, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

**Niles Historical Society hosts Financial Event:** A Financial Education Event with The Heartland Institute will present strategies on how to invest for retirement and college. 2 p.m. Sunday, The Niles Historical and Cultural Center, 8970 N. Milwaukee Ave., Niles, free, 847-390-0160

Turn to Calendar, Next Page

Calendar, from Previous Page

**Meet Abe Lincoln:** American history comes to life with R.J. Lindsey's dramatic portrayal of Abraham Lincoln. 2 p.m. Sunday, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

**Concerts on 3 - Claire Happel:** Harpist Claire Happel performs works by Brahms, Handel, Debussy. 2 p.m. Sunday, Park Ridge Public Library, 20 S. Prospect Ave., Park Ridge, free, 847-272-6224

**Classic Puck Off Celebrity Hockey Game:** Capping off this third annual Winter Frost Face Off hockey series is a celebrity hockey game featuring a roster of notable Chicagoans such as: ABC 7's Windy City LIVE co-host Ryan Chiaverini and Chicago Blackhawks alumni including Eric Daze and Adrian Aucoin. After the game, guests can head to Five Roses Pub for a meet and greet opportunity. 3 p.m. Sunday, MB Financial Park at Rosemont, 5501 Park Place, Rosemont, free, 847-349-5008

**"From Dawn to Dusk — Music of Haydn and Mozart":** The Music of the Baroque Orchestra shines in three short Haydn symphonies — Le Matin, Le Midi, and Le Soir. Mozart's Serenata Notturna rounds out the musical day. 7:30 p.m. Sunday, North Shore Center for the Performing Arts, 9501 Skokie Blvd., Skokie, \$27-75, 774-266-0718

**VIP Film Screening: "Olympic Pride, American Prejudice":** Don't miss the "sneak-peek" of this incredible documentary before its debut during the 2016 Summer Olympics. The film tells the story of the 18 African-American athletes who represented the U.S. at the 1936 Olympics, despite facing significant prejudice at home and abroad. Film director Deborah Riley Draper speaks following the film. 1:30 p.m. Sunday, Illinois Holocaust Museum and Education Center, 9603 Woods Drive, Skokie, \$15 general; \$10 members, 847-967-4800

**Luther Lewis Concert:** Luther Lewis presents a concert of songs and spirituals. Along with his music, Lewis is also a visual artist and displays a sampling of his paintings and drawings. 3 p.m. Sunday, Winnetka Covenant Church, 1200 Hibbard Road, Wilmette, free, 847-446-4300

**Lecture: "The Children of La Hille":** Join us to learn about the late Walter Reed's new book, "The Children of La Hille, Eluding Nazi Capture during WWII." 2 p.m. Sunday, Wilmette Historical Museum, 609 Ridge Road, Wilmette, free, 847-853-7666

**Children and Faith in Multidimensional Modern Families:** The panelists provide insight on discussing acceptance of religious differences in one family and providing accessible options for religious exploration. Free childcare is available. 10:30 a.m. Sunday, Winnetka Community House, 620 Lincoln Ave., Winnetka, free, 847-446-0537

## Monday, Feb. 29

**Book Bables:** Songs, games, story time and free play for babies ages 2 and younger with a caregiver. 10:15 a.m. Monday, Evanston Public Library - North Branch, 2026 Central St., Evanston, free, 847-448-8600

**Lil' Kickers Opening Day:** Lil' Kickers is a soccer program for kids ages 18 months through 9 years old. Visit the website to register for their spring session (Feb. 29-May 28). 8:30 a.m. Monday, Lil' Kickers, 2454 Oakton St., Evanston, \$15 per class, 708-410-1302

**Live Bluegrass, Roots and Folk:** Every Monday in the pub, The Mudflapps perform. 8 p.m. Monday, The Celtic Knot Public House, 626 Church St., Evanston, free, 847-864-1679

**hoopla, MyMediaMail and Zinio Individual appointments:** Learn how to download ebooks, audiobooks, magazines, movies, TV shows or music to your portable device. 10 a.m. Monday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

**MGPL Kids: Monday Morning Playgroup:** Drop-in play time for preschoolers with a parent or caregiver. Call 847-929-5102 or visit [www.mgpl.org](http://www.mgpl.org) for more information. 10:30 a.m. Monday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

**Knitting Roundtable for Adults:** Ronnie Rund, an expert knitter, shows attendees how to knit or how to solve knitting challenges. Bring one's current project(s) and needles. 2 p.m. Monday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

**Yarn Gang:** Kids in grades 1 and up are invited to try their hand at knitting, crocheting or other yarn crafts. 4 p.m. Monday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

**Paper airplane challenge:** Learn the art of airplane folding and test designs on a custom aerial obstacle course. 4:30 p.m. Monday, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

**Babytime Storytime:** This drop-in storytime is followed by playtime for birth through 2 years old with a grown-up. 11 a.m. Monday, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

**Homework Help:** Teens are available to help K-5 students work on their weekly homework assignments. 6:30 p.m. Monday, Niles Public Library, 6960 W. Oakton St., Niles, free, 847-663-1234

**American Politics and Current Events:** Come to actively contribute to the moderator-led discussion as we cover a wide variety of topics, or come just to listen and learn from the opinions of others. 9 a.m. Monday, North Shore Senior Center, 161 Northfield Road, Northfield, \$19 (NSSC member); \$25 (non-member), 847-784-6030

**Southern England:** Southern England's colorful history comes alive in its ancient capitals and architectural wonders, prehistoric monuments, remnants of Roman Britain, and incredible coastline. 1 p.m. Monday, North Shore Senior Center, 161 Northfield Road, Northfield, \$10 (NSSC member); \$13 (non-member), 847-784-6030

**STAR Art Workshop:** Instructor Rae Penzin, teaches all ability levels in acrylics. Advance registration required. 1:30 p.m. Monday, Park Ridge Park District-Centennial Activity Center, 100 S. Western Ave., Park Ridge, \$64 member, \$74 guest, 847-692-3597

**Those Wacky Game Shows:** Local bandleader and pop culture historian, Steve Cooper presents hilarious clips of old game shows: "What's My Line," "I've Got a Secret," "Name That Tune," "The \$64,000 Question" and others. Call to register in advance, or for more information. 1:30 p.m. Monday, Park Ridge Park District-Centennial Activity Center, 100 S. Western Ave., Park Ridge, \$10 member, \$13 guest, 847-692-3597

**Great Decisions Foreign Policy Discussion Group:** Join in watching a short video and then discussing the corresponding articles from the Foreign Policy Association Great Decisions booklet. (This is available at the library, or for sale at the meetings.) Participants need not attend all sessions. Please register online. 1 p.m. Monday, Winnetka Public Library, 768 Oak St., Winnetka, free, 847-446-7220

## Tuesday, March 1

**Crystal Bowersox:** 7:30 p.m. Tuesday, SPACE, 1245 Chicago Ave., Evanston, \$18-\$38, 847-492-8860

**Rotary Club of Evanston Lighthouse:** 7:15 a.m. Tuesday, Hilton Garden Inn Chicago North Shore/Evanston, 1818 Maple Ave., Evanston, free.

**Let's Talk @ Lunch:** At this drop-in program, participants can talk through the issue of racism, and practice honest conversation skills by looking at our own experiences in light of what we're learning about how racism affects us all. 1:30 p.m. Tuesday, YoFresh Yogurt Cafe, 635 Chicago Ave., Evanston, free, 847-864-8445

**Tuesday Morning Music:** Garden visitors can enjoy free hourlong meditative musical performances on Tuesday mornings in the McGinley Pavilion overlooking Evening Island. Music varies from string quartets to Native American flutes, and are focused toward an older crowd. 10 a.m. Tuesday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440

**Adult Literacy Classes: Spring Session:** A unique opportunity for native and non-native English speakers to improve their reading and writing skills. A small, friendly group led by a teacher and volunteer tutors meets twice weekly. Tuesdays and Thursday through May 12. Classes are conducted by Oakton Community College in the Glenview Library's Community Room West. Call 847-635-1426 for details. 9:15 a.m. Tuesdays and Thursdays, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

**Northern Lights Homework Help Center (grades 1-8):** Thirty-minute sessions for homework, reading, and math skills provided on a first-come, first-served basis. Children may just drop in. This service is offered through March 22. 6 p.m. Tuesday, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

**Preschool Storytime Offsite:** 10 a.m. Tuesday, Lincolnwood Community Center, 6900 N. Lincoln Ave., Lincolnwood, free, 847-677-5277

**MGPL Kids: Listen Up!** Drop-in story and play time for preschoolers with a parent or caregiver. 4:45 p.m. Tuesday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

**Mozart's "Requiem":** Niles Metro Chorus performs Mozart's "Requiem" this spring. New singers are welcome, and for more information, please call. Rehearsals are weekly, every Tuesday. 7 p.m. Tuesday, St. John Brebeuf Parish Church, 8307 N. Harlem Ave., Niles, free, 702-806-8421

Turn to Calendar, Next Page

Calendar, from Previous Page

**The Culture Wars:** Hartman's history of the long clash between social progressives and cultural conservatives will guide Jim's conversations on the forces that ushered America into the 21st century. 1 p.m. Tuesday, North Shore Senior Center, 161 Northfield Road, Northfield, \$40 NSSC member; \$52 non-member, 847-784-6030

**Enhance Your Memory: A Memory Training Class:** Learn practical techniques and useful information that can help improve brain functioning, increase verbal fluency, and enhance your memory. Please register in advance by contacting the Centennial Activity Center or for more information. 1:30 p.m. Tuesday, Park Ridge Park District-Centennial Activity Center, 100 S. Western Ave., Park Ridge, \$49 member; \$59 guest, 847-692-3597

**Dancing for Weddings and Special Occasions:** This class helps participants brush up on all of the most important dances for that special event. Please register in advance. 10:15 a.m. Tuesday, Park Ridge Park District-Centennial Activity Center, 100 S. Western Ave., Park Ridge, \$72 member; \$80 guest, 847-692-3597

**The Breakfast Club at Lola's Diner:** Enjoy breakfast, networking, and coffee. This is hosted by Chamber Ambassador, Dave Donovan, and is open to all. 7:30 a.m. Tuesday, Lola's Diner, 920 Busse Hwy, Park Ridge, \$10 members; \$15 prospective members, 847-825-3121

**Old Dominion at Joe's Live Rosemont:** This live performance is from country music band Old Dominion. A portion of the proceeds tonight benefit the Academy of Country Music Lifting Lives. 7 p.m. Tuesday, Joe's Live Rosemont, 5441 Park Place, Rosemont, \$20

## Wednesday, March 2

**David Ramirez:** With Lucette. 8 p.m. Wednesday, SPACE, 1245 Chicago Ave., Evanston, \$15-\$27, 847-492-8860

**Live Music Wednesdays with the Josh Rzepka Trio:** Hear the music of Dizzy Gillespie, Charlie Parker, Thelonious Monk and other classics of the era played by the Josh Rzepka Bebop trio. Reservations can be made online or by calling. 6:30 p.m. Wednesday, Found Kitchen & Social House, 1631 Chicago Ave., Evanston, free, 847-868-8945

**Preschool Story Time:** Stories and songs for children ages 3-5 and a caregiver. 10:30 a.m. Wednesday, Evanston Public Library, 1703 Orrington Ave., Evanston, free, 847-448-8610

**Open Mic Night In Evanston:** Hosted by Daniel Fiddler. Sign-up begins at 8 p.m. 9 p.m. Wednesday, The Celtic Knot Public House, 626 Church St., Evanston, no cover, 847-864-1679

**Toddler Time Offsite:** This story time is followed by open play. 10 a.m. Wednesday, Lincolnwood Community Center, 6900 N. Lincoln Ave., Lincolnwood, free, 847-677-5277

**Chess Club:** Chess sets and clocks provided. No registration is required. 7 p.m. Wednesday, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

**Magic Class:** Children can learn an assortment of fascinating tricks from the Magic Team of Gary Kantor. Each child (ages 5-12) receives a magic kit to take home. 6:45 p.m. Wednesday, Northbrook Park District Leisure Center, 3323 Walters Ave., Northbrook, \$20 Northbrook Park District residents; \$25 non-residents, 847-291-2995

**Knitting Studio and Workshop:** Bring your supplies or project in progress. Brush up on your skills, learn new techniques, or just spend an afternoon knitting with others. 1:30 p.m. Wednesdays, North Shore Senior Center, 161 Northfield Road, Northfield, free, 847-784-6060

**The Eerie Similarities between JFK and Abraham Lincoln:** Historian Jim Gibbons presents similarities that repeatedly and eerily mapped President Kennedy's and Lincoln's paths that headed both men toward their tragic destinies. 12:30 p.m. Wednesday, Park Ridge Park District-Centennial Activity Center, 100 S. Western Ave., Park Ridge, \$17 member, 19 guest, 847-692-3597

**Reclaiming Conversation with Sherry Turkle:** Loyola Academy's Courageous Conversations book and speaker series features renowned authors and experts on the issues most influencing adolescents and their families today. For more information, visit website. 7 p.m. Wednesday, Loyola Academy, 1100 Laramie Ave., Wilmette, free, 847-256-1100

Have an event to submit? Go to [chicagotribune.com/calendar](http://chicagotribune.com/calendar)

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## MOVIES

# Now playing



### "Deadpool" ★★½

R, 1:48, comedy

"Deadpool" is a movie about an unkillable wisenheimer who never shuts up, even while enduring or inflicting a degree of brutality that would've earned an X or a NC-17 rating just a few years ago. Showcasing a character born in a 1991 Marvel Comics "New Mutants" installment, the routine revenge fantasy positions itself as the outsider Marvel franchise wannabe. Early on, Wade Wilson, played by Ryan Reynolds, learns he has late-stage cancer and hooks up with a sadistic scientist who subjects him to a series of torture sequences. He's immortal and the cancer's gone. But so is his face and skin, and the sociopath Deadpool is born. But at least Reynolds is entertaining; it's rather sweet to see this eternally not-quite-a-star get closer than usual to justifying star billing. — *Michael Phillips*



### "Zoolander 2" ★½

PG-13, 1:40, comedy

A film cannot live on celebrity cameos alone. But "Zoolander 2," a ridiculously hot mess sequel to the cult comedy of 2001 that parodied the fashion world, is certainly going to try. The paper thin spy-action plot feels rushed and harried, because it stops every two minutes to make room for random notable names to mug for the camera. The too little, too late sequel, in all of its petty extravagances and vanities with the endearing dim bulb Derek Zoolander (Ben Stiller), chooses to overwork old territory from the first time around — Derek's cognitive abilities of a brain-damaged poodle; Mugatu's crazed, bloodthirsty ego; Hansel's all-encompassing libido. Eventually, you'll just be waiting for it to end. — *Katie Walsh*



### "Kung Fu Panda 3" ★★½

PG, 1:35, animated

A third installment in a franchise isn't always great. But sometimes, it can be a comforting guarantee of a good time at the movies, as is the case with "Kung Fu Panda 3." Roly-poly goofy panda and Dragon Warrior, Po (Jack Black) is being promoted to kung fu teacher by his master, Shifu (Dustin Hoffman). With a star-studded voice cast, there's no shortage of humor, but the animation is the real standout in this film. The engaging and heartfelt story, coupled with eye-popping animation, makes this film a total knockout. — *K.W.*



### "Hall, Caesar!" ★★½

PG, 1:40, comedy

With any sort of comedy set in Old Hollywood, the characters' names become weirdly important. In "Hall, Caesar!" there's a smooth British director by the name of Laurence Laurentz, whose trademark billing is "Laurence Laurentz presents." The studio head, mentioned but not seen, is a Mr. Nick Skank (think Joseph Schenck, a real-life mogul). Dueling Hedda Hopper-brand gossip columnists, who happen to be identical twin sisters, go by Thora Tacker and Thessaly Tacker. These details, like the perfect, vaguely threatening hats those last two wear, kept me smiling through much of "Hall, Caesar!" But it isn't a laffer, in the parlance of Daily Variety. It's a grinner at best, and the jokes are surprisingly meager. — *M.P.*



### "Star Wars: The Force Awakens" ★★★

PG-13, 2:16, fantasy

So: Where were we? Let's skip past the prequel trilogy "The Phantom Menace," "Attack of the Clones" and "Revenge of the Sith," apparently written and directed by droids. In chronological story terms we last saw Luke Skywalker, Han Solo, princess-turned-queen Leia, Chewbacca, R2-D2 and C-3PO whooping it up at the Ewok luau back in 1983, in "Return of the Jedi," celebrating the massive global popularity and merchandising sales of George Lucas' bright idea. The idea was simple, and quaintly retro: The world, Lucas figured, might enjoy a whiz-bang riff on the old "Flash Gordon" serials. Now, minus the Ewoks, the gang's back. And it is good. Not great. But far better than "not bad." — *M.P.*

## DEATH NOTICES

We extend our condolences to the families  
and loved ones of those who have passed.

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### Death Notices

#### Swanson, Earle H.

 Earle H. Swanson of McHenry, formerly of Park Ridge and Chicago, beloved husband of Gerry, nee McMahon and the late Gladys, nee Stemberge; Loving father of David (Elizabeth) Swanson and Nancy (Robert) Alongi; Loving stepfather of Stormy (William) Wolff, Kenneth Sr. (Michelle) Tank, Scott (Rebecca) McMahon, Dale McMahon; Loving grandfather of Karryn, Leena, Ashley, Michael, April (Aaron), Staci (Daniel), Kimberly, the late Jennifer, Kenneth Jr. (Kimberly), Anthony Sr. (Sarah), Stephanie, Rachel, Kelly and Corrie; great grandfather of 8; Loving brother-in-law to Margaret Hosking of Michigan, Helen Unterreiner, Jonell Cummins and Howard (Wavelan) Stemberge all of Kentucky, and fond uncle of many. Visitation will be Wednesday, February 24, 2016 from 6pm-8pm with a service at 7:30pm at WARREN FUNERAL HOME, 1475 N. Cemetery Rd., Gurnee, IL. Visitation will also be held on Saturday, February 27, 2016 from 11am-12pm at Morgan's Funeral Home, 301 W. Washington St., Princeton, KY 42445. Graveside services and Army Military Honors will take place at 12:30 pm at Lance Nichols Cemetery in Caldwell County, KY. In lieu of flowers donations to the American Cancer Society would be appreciated. For information, please call 847-855-2760 and sign the guestbook at [www.warrencemetery.com](http://www.warrencemetery.com).  
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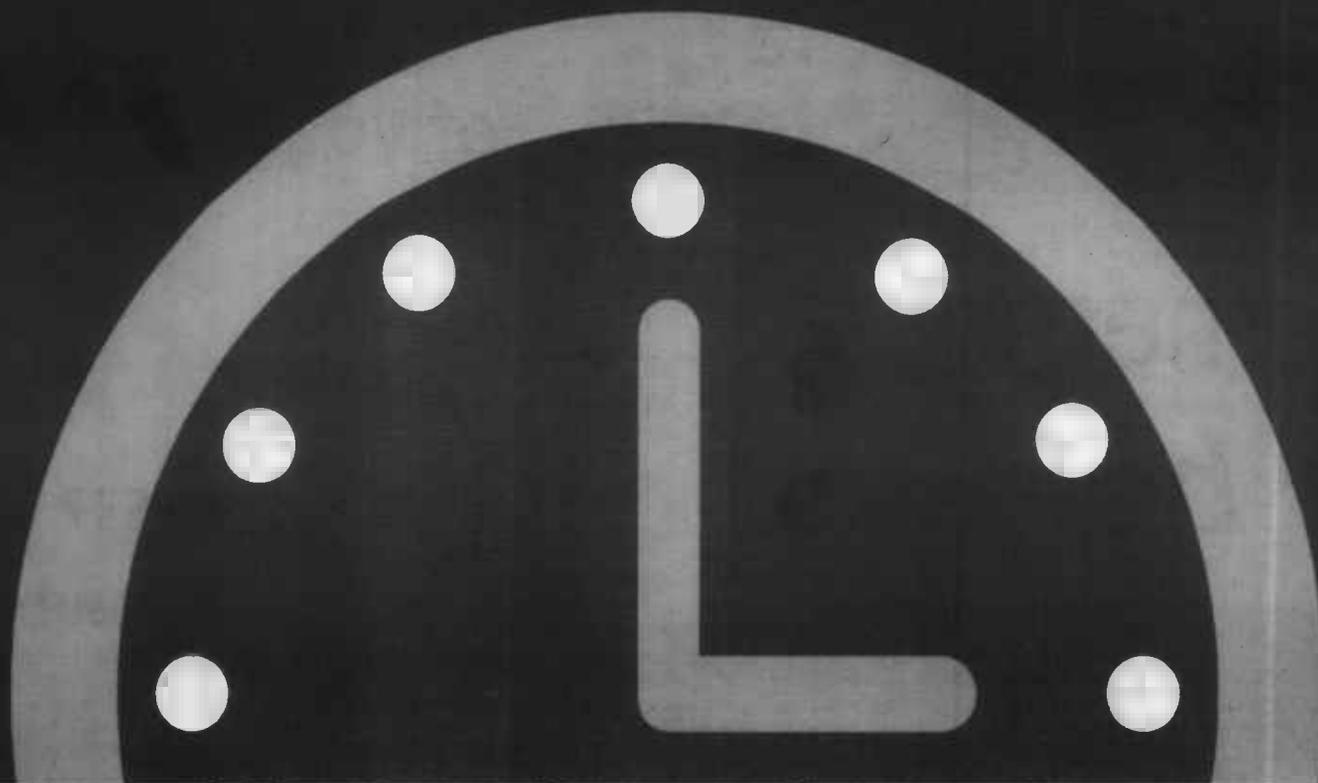
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# Recharging the marketplace

Carmakers offer a new wave of more affordable electric vehicles and hybrids

BY DAVID KILEY  
Tribune Newspapers

With national gas prices hovering under \$2 per gallon, sales of electric vehicles and plug-in hybrids have stalled.

Sales of plug-ins were down more than 5 percent in 2015, compared with 2014, according to [insideevs.com](http://insideevs.com), and account for less than 1 percent of annual vehicle sales in the U.S. Moreover, gas engines are more fuel efficient than ever, and crossovers, SUVs and pickups look all the more enticing when you can fill them up for less than 40 bucks.

Despite this, automakers are rolling out more and more electrified cars that help meet corporate average fuel economy targets of 54.5 mpg (or an adjusted real-world value of about 40 mpg that we see on Monroney new-car stickers) by 2025.

The hidden truth of electrified vehicles is that they're fun to drive. No gear shifting, no turbo lags, just pure torque.

The decision on whether to buy an electric vehicle is not simple. EVs cost more than gasoline vehicles, they take hours to charge up and they have a limited range, most often under 100 miles.

Plug-in hybrids, or PHEVs, typically have a shorter all-electric range, but have a gas generator or gas engine that can drive the car the same distance as a conventional gas engine car.

Federal tax credits from \$2,500 to \$7,500 (depending on battery size) soften the blow to the wallet.

But the federal credit and state rebates are sub-



ROBERT DUFFER/TRIBUNE NEWSPAPERS

The 2015 BMW i3 has an all-electric range of 81 miles but has a gas-powered generator that will extend the battery life for an additional 70 miles.

ject to the prevailing political winds.

In 2015, the state of Illinois suspended its \$4,000 electric vehicle tax rebate years after pledging to lead the charge on plug-in car infrastructure. The state will, however, still cover 50 percent of the cost of installing a Level 2, 240-volt charger, up to a maximum of \$3,000.

All-electric vehicle-maker Tesla and its two models in production, the Model S performance sedan and Model X three-row crossover, exceed 200 miles in range but can also exceed \$100,000.

BMW will have a plug-in variant of every model in the next few years, starting with the X5 xDrive40e plug-in SUV and the forthcoming 330e.

Mercedes-Benz will have at least 10 plug-ins by 2017, ranging from the extant B-Class and S-Class plug-ins to crossovers and possibly vans.

There are more than a dozen affordable EVs and plug-in hybrid cars selling today, with dozens more on the way, including the 2017 Chrysler Pacifica minivan, the first of its kind to get a plug.

This roundup consists of plug-in cars that start under \$50,000 and are available in most states, not just the EV-11 coastal states. The Chevrolet Spark EV, Fiat 500e, Smart ForTwo ED, Volkswagen E-Golf, and Toyota Mirai hydrogen fuel-cell have limited availability and so were not included. (MPGe data from [fuelconomy.gov](http://fuelconomy.gov).)

## EVs

**BMW i3:** \$43,395  
MPGe: 137 city, 111 highway, 124 combined

Range: 81 miles/150 miles with range extender

The i3 is a terrific driver, with a somewhat Space Age-looking two-tone graphics exterior with rear-hinged suicide doors. The interior has the look and feel of Scandinavian furniture. It is offered with a two-cylinder gas range extender.

**Chevrolet Bolt:** Estimated \$37,000  
MPGe: TBD

Range: Estimated 200 miles-plus

Getting over 200 miles in range, the Bolt could be a game changer when it hits dealer lots in the fourth

quarter of 2016. Roomy interior, and plenty of cargo space in an attractive five-door package.

**Focus EV:** \$31,105  
MPGe: 110 city, 99 highway, 105 combined

Range: 76 miles  
With about a 75-mile range, the Focus EV doesn't go as far as many rivals do, but the actual driving experience with the car is quite good, and the recharging time is about four hours on a 240-volt charger.

**Kia Soul EV:** \$36,775  
MPGe: 120 city, 92 highway, 105 combined

Range: 93 miles  
With a 93-mile range, the nicely equipped and fun-styled Soul EV is one of our top choices for comfort and satisfaction. Only downside is price. Handy interior space. You can recharge in about five hours with a 240-volt charger, but you can also get a 480-volt charge (30-minute charge time) at Kia dealerships in California.

**Mitsubishi i-Miev:** \$23,940  
MPGe: 126 city, 99 highway, 112 combined

Range: 62 miles



SOPHIE ESTIENNE/GETTY-AFP

The new Chevrolet Bolt has an estimated 200 miles-plus range and is slated to go into production this year.

Every category has its bare-bones value-priced entry and the i-Miev is it for the EV category. Small, funny-looking, a shorter driving range than rivals — 62 miles — and iffy highway handling. It will take seven hours to recharge even with a Level 2 240-volt charger. But it is cheap, and so it remains an attractive choice for those in the EV geek crowd who don't like spending much on cars.

**Nissan Leaf:** \$29,860  
MPGe: 126 city, 101 highway, 114 combined (24 kW-hr battery pack)

Range: 107 miles

The 2016 Leaf is all-new for Nissan, with a less clunky and more stylish exterior design. The range is improved to between 85 and 107 miles. The Leaf is a handy package, with comfortable seating and a roomy interior. There are three trim levels for the Leaf, so getting all the goodies you want is not a problem, including the quicker charging, which will light up the battery in about four hours on a 240-volt outlet.

## PHEVs

**Hyundai Sonata Plug-in Hybrid:** \$35,690  
MPG: 38 city, 41 highway, 40 combined

Gas+electric: 99 MPGe

The Sonata is a terrific sedan to start with, and this extended-range EV has an

all-electric range of 27 miles.

**Chevy Volt:** \$34,725  
MPG: 43 city, 42 highway, 42 combined

Gas+electric: 98 MPGe  
The Volt, which was the first plug-in hybrid on the market, is all-new for 2016, and sports a much sleeker style than the original. The back seat is still tight, though. It takes about 4.5 hours to recharge on a 240-volt charger and the all-electric range is up to 53 miles.

**Ford C-Max Energi:** \$32,645

MPG: 40 city, 36 highway, 38 combined

Gas+electric: 88 MPGe

The C-Max, with perhaps the most utilitarian style package for passengers and cargo, will go about 19 miles on an electric charge before the gas motor kicks in. C-Max also has one of the best rides.

**Ford Fusion Energi:** \$34,775

MPG: 40 city, 36 highway, 38 combined

Gas+electric: 88 MPGe

All the benefits of a Ford Fusion, a handsome sedan, inside and out, but with a 20-mile electric range before the gas motor kicks in to get you the rest of the way.

David Kiley is a freelance reporter.

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TOM SNITZER PHOTO

Honda's 10th-generation Civic is sportier in styling and powertrain, and the continuously variable transmission is impressively smooth and almost unnoticeable.

## Civic's new look impresses

BY ROBERT DUFFER  
Tribune Newspapers

If you don't know what car your roommate owns, chances are it is a Honda Civic or Toyota Corolla. The two best-selling compact sedans in the U.S. are reliable, fuel-efficient values that don't stand out much from the large but shrinking compact segment. But Honda wants its redesigned 2016 Civic to make an impression that lingers far longer than that one time your roommate cleaned the bathroom.

The 10th-generation Civic is sportier in styling and powertrain, making it less like the Hyundai Elantra and more like the Mazda3.

On the outside, Honda has adopted a lower, coupe-like roofline, but the floor is also lower, so headroom isn't compromised. The body is nearly 4 inches longer, largely from the car's distinctive front overhang, with sharp LED lighting and body paneling that circles the fog lights. The wheelbase, with sharp, 17-inch alloy wheels, is an inch longer, and the snubbed rear with a high spoiler makes it seem hatchbacklike.

There are two powertrains now, a 2.0-liter four-cylinder or a direct-injection 1.5-liter turbo four-cylinder. Both are mated to

### 2016 HONDA CIVIC TOURING

Compact sedan

Price as tested:

**\$26,500**

\$18,640 base price

**MPG:** 31 city, 42 highway

**Engine:** direct-injection 1.5-liter turbo 4-cylinder

**Transmission:** continuously variable transmission

**Parting shot:** The infotainment system is a black hole in an otherwise great car.

a continuously variable transmission, or CVT.

The turbo Civic that comes at the Touring trim level is a punchy powertrain that matches the sportier exterior. Honda's first 1.5-liter turbo engine in the U.S. kicks out 174 horsepower and 162 pound-feet of torque, good enough to hit 60 mph in less than seven seconds, according to Car and Driver. That's nearly two seconds faster than the outgoing 1.8-liter four-cylinder engine. Turbo lag is slight, max torque is delivered as early as 1,700 rpm, and the responsive

throttle gives it plenty of bang for its 26,500 bucks.

Honda's commitment to the CVT in the Civic adds value. The turbo Civic with CVT extends a tank of gas; we averaged more than 40 mpg on the highway without trying. EPA estimates are 31 mpg city, 42 highway and 35 combined, which is where we were at in Eco setting.

Additionally, the CVT is remarkably smooth and nearly unnoticeable.

The Touring interior boasts leather-trimmed seats, steering wheel and shifter, with soft-touch dash and door materials. It comfortably and easily fits a family of four, though larger drivers may have to work the eight-way power seats to find the right setting. In back, Honda says it added 2 inches of rear legroom, and the 60/40 split rear seats open up to a trunk with 2.6 more cubic feet. It feels more midsize than compact.

The 7-inch touch screen feels smaller than that, the surface buttons are narrow, and changing audio channels is best done via presets, Car Play or anything other than the screen.

It's too complete a car, at too right a price, to be sunk by a system with touchy functionality.

rduffer@tribpub.com  
Twitter @DufferRobert

## Long engine warmup a waste



BOB WEBER  
Motormouth

**Q:** If it is necessary to warm up a car in frigid winter weather before you drive away these days? Does it harm the car if you want to warm it up for comfort? I have Reynaud's disease that's aggravated in cold weather, so I warm up the car when the temperature is in the single digits. I've read that: "Idling your car in the cold not only wastes fuel, but it's also stripping oil from critical components that help your engine run, namely the cylinders and pistons. When it's cold outside, gasoline is less likely to evaporate. Your car compensates for this initially by adding more gasoline to the air-vapor mixture ... and that's where the problem begins."

— D.M., Calumet City, Ill.

**A:** In the olden days, when engines were equipped with carburetors, cylinder wash-down was more of an issue than it is today due to fuel injection. Yes, the engine must run a bit when first started, but the computer receives

information about engine temperature and, as it warms up, the fuel mixture is leaned out. However, the part about wasting gas still holds true. We feel your pain, as we suffer from mild Reynaud's syndrome. Fortunately, the fingers do not get too tingly to type.

**Q:** I got it when you said that most engine wear occurs during the first 10 minutes of driving. Long ago, we tossed SAE 30 Valvoline into a modified flathead V-8, but what about today's multiweight oil? Does it really take as long for cold 5W or 10W oil to reach important parts as warm 20W or 30W oil? I'd be more concerned about the exhaust not reaching operating temps than the engine, in this situation.

— W.L., Allentown, Pa.

**A:** Your reference to the exhaust reaching operating temperatures alludes to the need to get the catalytic converters lit off to begin controlling emissions. Yes, that is important. Getting the engine warmed up quickly is important. That is why the transmission will not shift into overdrive when cold. As to the low viscosity oils reaching their destinations quicker, you are correct, but other factors such as thermal expansion of metals is also a factor.

**Q:** Have you ever heard of this? My son has a 2013 Cadillac and has been experiencing loss of tire pressure that lights up the tire monitor. When he brought it to one of the local chain tire dealers, they told him that there was corrosion on the rims that was preventing the tire bead from sealing properly. The car has 43,000 miles and is garage kept in the Chicago area. He was assured there was nothing penetrating any of the tires.

— R.M., Chicago

**A:** Heard of it? Mrs. Motormouth had this exact problem with her GM car. After a couple of years of sanding the corrosion from the bead seats on the rims and then applying bead sealer before inflating the tires, only to have them go low on a monthly basis, we found a solution. We bought new rims. Salt and other chemicals on the road cause the corrosion. That is why many motorists mount their winter tires on steel rims and store their alloy rims until spring.

Send questions along with name and town to [Motor-mouth,Rides,ChicagoTribune,435N.MichiganAve.,FifthFloor,Chicago,IL60611](mailto:Motor-mouth,Rides,ChicagoTribune,435N.MichiganAve.,FifthFloor,Chicago,IL60611) or [motor-mouth.trib@verizon.net](mailto:motor-mouth.trib@verizon.net).



ANTONIO PEREZ/TRIBUNE NEWSPAPERS

Your car's engine should idle for a bit when first started in frigid weather, although modern fuel-injection systems eliminate most issues with cylinder wash-down.

## GIRLS BOWLING STATE TOURNAMENT NOTEBOOK

## Odarczenko makes most of opportunity

BY MATT HARNESS  
Pioneer Press

While in a reading class one day last month, Victoria Odarczenko received some of the best news of the school year.

In an e-mail from the Maine South athletic department, she was informed the school was going to sponsor the junior for the bowling state series. The school didn't offer the sport for individuals last season, according to Maine South bowling coach Keith Engeriser.

"I asked to go to the bathroom, and I called my mom," said Odarczenko, who lives in Harwood Heights. "I was so excited.

She was at work, and she freaked out. It was a really nice thing to find out."

Odarczenko, who bowled for Maine South as a freshman, made the most of her opportunity. She finished second at the regional and won the Rolling Meadows Sectional title. At the state tournament last weekend at The Cherry Bowl in Rockford, she had 2,332 pins for a 194.3 average and placed 66th.

"It was tough not to bowl last year," she said. "They said they had no money. I even thought about transferring."

Although she was caught by surprise by the ability to bowl in the postseason, Odarczenko was ready to go

**"It was tough not to bowl last year. They said they had no money. I even thought about transferring."**

—Maine South junior Victoria Odarczenko

Feb. 6 for the Palatine Regional. She had been competing in a league at Habeter Bowl in Chicago and practicing nearly every day, she said.

"She was thrilled to get bowling back," Engeriser said. "She has great form. She looked good."

This was Odarczenko's first time qualifying for the state tournament. Engeriser said once she settled down, she started having some success at state. Odarczen-

ko's second three-game series was better than her first three-game series both days. On the first day she improved from 559 to 662 pins and on the second day she made the jump from 533 to 578 pins.

"I got a little angry at first when I was rolling it bad," she said. "That's when I was whipping the ball hard. But you want to have a smooth roll with more control. I think I got better the longer I was there."

## Niles North

One of Zaria Syfu's worst days of the season happened at the wrong time.

In her first appearance at the state tournament on Feb. 19 at The Cherry Bowl in Rockford, the Niles North junior totaled 1,064 pins to tie for 125th. Her score wasn't enough to make the cut for the second day. Syfu had a 1,218 at the sectional meet.

"The immensity of the event, the scale can be overwhelming," Niles North coach Richard Lee said. "If you don't get breaks, some splits or have unlucky leaves, it can shake your confidence."

But Lee said Syfu, a

Skokie resident, told him on the ride home that she understood this time at the state tournament mostly was about the opportunity. If she makes it back, she will be better prepared, Lee said.

"She's mature for her age, so she realized what she accomplished this year," he said. "She has all the physical skills to compete with the best in the state. She will take this experience and grow from it."

Matt Harness co-hosts a golf podcast called Teeing Off. Find it on Twitter (@TeeingOff) or at [www.facebook.com/teeingoffpodcast](http://www.facebook.com/teeingoffpodcast) and on iTunes.

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Congratulations to our February winners, and thank you for voting! Stay tuned next week for the announcement of the March finalists.

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## GIRLS GYMNASTICS STATE NOTEBOOK

# New Trier's Rohrer flawless on beam, ties for second

BY MATT HARNESSE  
Pioneer Press

Emma Jane Rohrer didn't just stay on the balance beam in the most pressure-packed setting of the girls gymnastics season, she stuck every element of her routine.

The New Trier sophomore, who was plagued by falls on beam for much of this year, executed her layout flawlessly near the beginning of her beam routine at the state finals on Feb. 20 in Palatine. She nailed her switch-half — a jump and turn — soon thereafter.

Immediately after Rohrer completed her routine, she jumped into the arms of New Trier coach Jen Pistorius in glee. Once Rohrer and Pistorius' enthusiastic embrace ended, Rohrer

hopped up and down exuberantly. She also hugged Loyola senior Claire Sullivan, who's one of her closest friends.

Rohrer's beam routine was awarded a 9.45 by the judges. That put her in first, with eight gymnasts remaining.

Glenbard West freshman Maddie Diab, who was the all-around champion, surpassed Rohrer with a 9.525 on beam. DeKalb junior Aleah Leman and Hinsdale South senior Maddie Nowak matched Rohrer's 9.45.

Her second-place finish tied for the best a New Trier girls gymnast had ever done at state. She matched Kathie Orwig, who was second in the all-around and second on balance beam in the 1984-85 season, according to www.IHSA.org.

Rohrer also was 13th in the all-around (36.775) and New Trier senior Taylor Kwok finished 25th on floor (9.150).

## Niles West, Glenbrook South

Niles West freshman Jasmine Dirks took 31st in the state on vault (9.05).

Glenbrook South sophomore Bebe Haramaras finished 17th in the all-around (36.325) on Friday, Feb. 19. Katie Wahl, a junior, was 28th in the all-around (35.225).

## Loyola

Loyola senior Claire Sullivan made it to the end of her beam routine without incident at the girls gymnastics state final, then looked

down at the line she drew in chalk on the beam. The line marked where she should begin her dismount.

"I always draw a smiley face to remind me to smile," Sullivan said. "I looked at it, and then it hit me."

She had reached the final moments of her competitive gymnastics career.

Sullivan did her dismount cleanly, which wasn't the case at the state finals in 2015. She immediately ran into the arms of New Trier coach Jen Pistorius, who was standing feet away from the beam. She then hugged her mom, Sheli Sullivan, who was to Pistorius' right. Pistorius coached Claire Sullivan in the offseason and saw a large majority of her high school meets.

There were a number of



MARK KODIAK UKENA/PIONEER PRESS

Loyola senior Claire Sullivan dismounts from the balance beam during the girls gymnastics state finals on Saturday, Feb. 20, at Palatine.

tears shed, in that moment.

Claire Sullivan received a 9.15 from the judges soon thereafter. She finished ninth in the state.

"To finish on beam, at the state finals, was awesome,"

Sullivan said. "It's a little bit bittersweet, but I'm ready. It's been such a great run."

Eric Van Dril is a freelance reporter for Pioneer Press.

## COLLEGE NOTES

# Brawner-Henley, Lewis still on a roll

BY NICK BULLOCK  
Pioneer Press

The Lewis women's basketball team continued its outstanding season with a 59-51 victory against Truman State on Feb. 13 in Kirksville, Mo. Leading the way for the Flyers, as she has all season, was senior forward **Mariyah Brawner-Henley**. The Niles North alumna scored a game-high 26 points and grabbed 12 rebounds.

Brawner-Henley, as well as teammate **Alyssa Dengler**, a Trinity graduate, pushed the Flyers to a 24-1 record with just three regular season games remaining. Lewis is a Division II program.

In a win over Cumber-

land (Tennessee) on Dec. 30, Brawner-Henley grabbed 12 rebounds to become the school's all-time leading rebounder. That game pushed her career total to 1,046, which was three more than Julie Freundt. She had held the record since 1985.

Dengler, a senior guard, was averaging 4.6 points and ranked second on the team in assists with 2.4 per game through 25 games.

## Mangan, Clamage contributing for Rochester

After rattling off its eighth straight victory with a win against New York University on Feb. 14, the

Rochester men's basketball team sat in a tie for first place in the University Athletic Association, a Division III conference. Loyola graduate **Michael Mangan** and Lake Forest Academy's **Ryan Clamage** have been important pieces for the Yellowjackets (16-6 after the win).

Mangan, a freshman guard from Winnetka, finished with eight points in just 16 minutes against NYU. He has played in all 22 of the team's games, starting four. After the game against NYU, he ranked fifth on the team in scoring (6.3 points per game), third in total assists (28) and second in steals (30).

Clamage, also a freshman guard, was averaging 1.8

points and 1.4 rebounds in 8.6 minutes per game for the Yellowjackets.

## Laterza honored as defensive standout

Barrington Hills native **Frank Laterza**, a senior captain and defensive back for the St. Norbert football team, was named to the American Football Coaches Association Division III Coaches' All-America Team. Laterza was also one of 63 players to be selected as a finalist for the 2015 Cliff Harris Award, which is presented to the nation's top small-college defensive player in NCAA Division II, NCAA Division III and NA-

IA football.

Laterza led St. Norbert this season with six interceptions and seven passes defended.

Also on the St. Norbert team this season were sophomore defensive back **Matt Harrity** and sophomore linebacker **Tommy Gonzales**, from Notre Dame; freshman running back **Sean Ferraro** and freshman linebacker **Patrick Ryan**, both Libertyville graduates; junior defensive back **Alec Swanson**, a Lake Forest Academy graduate; senior offensive lineman **Matt Doherty**, a Fenwick alumnus; freshman offensive lineman **Jack Traficano**, from Oak Park-River Forest; and freshman linebacker **Kyle Meckert**, from



STEVE WOLTMANN/DAILY SOUTHTOWN

Senior forward Mariyah Brawner-Henley is Lewis' all-time leading rebounder.

Barrington.

Have a suggestion for the College Roundup? Email Nick Bullock at [bullockpioneerpress@gmail.com](mailto:bullockpioneerpress@gmail.com).

Nick Bullock is a freelance reporter for Pioneer Press.

Twitter @Pioneer\_Press

## BOYS SWIMMING SECTIONAL NOTEBOOK

## New Trier medley relay among best in state

BY ERIC VAN DRIL  
Pioneer Press

The New Trier 200-yard medley relay began the Niles North boys swimming sectional by smashing the Vikings' pool record and staking its claim as one of the contenders to win a state title at this weekend's state meet.

The Trevians' relay — at sectionals, it included sophomore Ryan Gridley (backstroke), sophomore Charlie Scheinfeld (breaststroke), senior Danny Brooks (butterfly) and senior Riley Mech (freestyle) — shaved more than two seconds off of its previous best. Its time of 1:34.09 was the third-fastest time at any sectional. Only Lyons (1:32.45) and Hinsdale Central (1:33.16) were faster.

New Trier's 200 medley relay has turned in some of Illinois' top times all season. However, Brooks said the members of Trevians' 200 medley relay haven't closely followed where they stack up among the other top medley relays this season.

"There are so many good teams this year. There are high schools that I didn't even know [existed] that are dropping crazy times, so we try not to get caught up in that," Brooks said. "If you start thinking about numbers, then it's mind-boggling [with] some of the times teams can go. We're happy to be up there with those teams. I think it speaks to our depth and the quality of guys we have."

Brooks went on to explain there's a friendly competition throughout the season among the Trevians to earn one of spots on the team's 200 medley relay.

"That's the great thing, to be able to get on each other in practice and race each other in practice, race each other in meets," Brooks said. "Just the fact that there's so much competition pushes you to swim faster in the season, which I



KEVIN TANAKA/PIONEER PRESS

New Trier's Charlie Scheinfeld swims the second leg of the 200-yard medley relay at the Niles North Sectional on Feb. 20 in Skokie.

think in turn sets you up better for these final meets coming up."

The members of the 200 medley relay will be joined by several of their teammates at the state meet, which takes place at Evanston on Feb. 26 and Feb. 27. Other individual qualifiers include: seniors Willie Kinsella, Charlie Gentzkow, George Owen and Maxwell Robertson; juniors Patrick Drake and Jack Walter; sophomores Patrick Gridley and Cameron Rosin.

New Trier finished first at the Niles North Sectional (300 points). Evanston was second (219.5), while Loyola took third (212). Niles North (195.5) was fourth.

### Niles North

Last year, the Niles North boys swimming team was comprised primarily of freshmen and sophomores and Anthony Zagorov, then a freshman, was the lone Vikings swimmer to qualify for the state meet.

A lot has changed since then. Four Vikings swim-

mers qualified for state in individual events. Together they combined for seven entries. In addition, junior diver Maxim Royzen and two relays also advanced to the state meet. The Vikings' 400-yard freestyle relay put an exclamation point on the team's excellent sectional meet by setting a school record (3:12.55) in the last event of the Niles North Sectional on Feb. 20 and qualifying for state. Niles North took fourth.

"We're all sophomores and juniors this year," junior Mitchell Mages said. "We knew we had more time ahead of us, for junior and senior year. It's really an accomplishment [to] have [six] guys going to state."

Mages added that the team's focus was on winning a Central Suburban North title a year ago.

It accomplished its goal. Winning conference remained a goal this year, but Mages said many of the Vikings were focused all season on getting under their state cuts. Mages qualified for state in both

the 200 individual medley (1:57.86, fourth) and the 100 breaststroke (59.92, fourth).

"Making state is such a great accomplishment," Mages said. "It feels so good to know that all the hard work that I've done [has paid off]."

Mages and Royzen will be joined by Zagorov (500 free and 200 free), junior Ethan Lee (50 free, 100 free) and Jared Brown (50 free). The Vikings' 200 free relay also qualified for state. It included Lee, Zagorov, Brown and junior Patrick Cox at the sectional. The same four also were on the 400 free relay.

### Loyola

Niles North sophomore Anthony Zagorov and Lane sophomore Daniel Puczko were the top seeds in the 500-yard freestyle at the Niles North Sectional, and the first two-thirds of the race played out as expected.

Zagorov and Puczko set the pace. They were neck-and-neck in the middle two lanes of Niles North's pool,

seemingly poised to pull away from the field.

But Loyola junior Daniel McGowan, who ended up winning the 500 free from lane No. 2, hung with Zagorov and Puczko. McGowan looked over at the leaders while he remained in excellent position.

"I could tell they could not see me the entire time," McGowan said. "Every time I hit that wall, I saw them. The last 150, I was right with them. I knew I could win. The last 100, I was like, 'Oh, this will be a close one.'"

It wasn't, however.

McGowan implemented his racing strategy, which he referred to as "outside smoke," with 100 yards remaining. He swam as hard as he could in the final 100 yards of his 500 free. He left Zagorov and Puczko behind.

McGowan touched the wall in 4:41.94. He also beat New Trier senior Maxwell Robertson, who also used a late burst to finish in second place (4:43.00).

McGowan shaved nearly

8.5 seconds off of his seed time at the sectional. His hope, entering this weekend's state meet, is to drop even more time and make the state finals in the 500 free. McGowan will likely use the same late-charging racing strategy at state, he said. It could prove to be even more effective — in part because he won't swim the 200 free earlier in the meet and he will be fully tapered.

"I've only had a week taper, so next week, I feel really confident about making it to A or B finals at state," McGowan said.

McGowan will be joined at state by senior Chris Kearney (100 free, 200 free), junior Nathaniel Guenther (200 IM), sophomore diver Alex O'Toole and junior diver Chris Canning. The Ramblers' 200 free relay and 400 free relay also qualified for state. Senior Walter Haracz swam on both relays at the sectional.

The state meet is scheduled to take place at Evanston on Feb. 26 and Feb. 27.

### Niles West

The Wolves will be represented at the state meet by diver Brendan O'Shaughnessy. The junior finished eighth (442.50 points) at the Niles North Sectional, but earned an at-large berth. Niles West senior Cameron Lee also is slated to compete at state. He qualified in the Athletes with Disabilities races of the 50 free, 100 free and 200 free.

The Athletes with Disabilities races take place at Evanston on Feb. 27.

### Notre Dame

The Dons finished 11th (14 points) at the Niles North Sectional.

Eric Van Dril is a freelance reporter for Pioneer Press.

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## BOYS SWIMMING SECTIONAL NOTEBOOK

## Hard work in practice helps Espinoza set personal record

BY MATT HARNESS  
Pioneer Press

Josh Espinoza has come a long way since the start of the season when he couldn't break the two-minute barrier in the 200-yard freestyle.

At the Glenbrook South boys swimming sectional on Feb. 20, the Maine East junior clocked a time of 1:49.91.

"I'm speechless," the soft-spoken Espinoza said of the personal-best time. "I was surprised by that time. I thought I might go 1:53 or maybe 1:52. My previous best was 1:55."

Espinoza placed ninth in the event, and he fell short of qualifying for the state meet.

Maine East coach Peter Przekota praised Espinoza's self-discipline, noting that Espinoza pushed himself in practice even though the Blue Demons didn't have freestylers as fast as him.

"We saw the potential in him last year, so we challenged him this season," Przekota said. "He really worked at it. He didn't miss a practice."

Przekota got creative with ways to train Espinoza. For instance, he had Espinoza compete in a 150-yard race against a relay team of three Maine East teammates who each swam a 50-yard leg.

"That was hard, but it helped me a lot," said Espinoza, who didn't swim competitively until high school.

Espinoza's sectional time was 1.08 seconds shy of the program record, according to Przekota, and Espinoza said breaking the school record in the 200 will be on his list of things to do as a senior. But Przekota said Espinoza shouldn't rule out swimming at the state meet. The state qualifying time in the 200 free this season was 1:44.63.

"He probably has an outside shot, and that should be his goal now," Przekota said. "If he trains hard in the offseason and finds some fast guys to race against, he should come in next season ready to do that."

Espinoza also took ninth in the 100 (49.70) at the sectional.

The Blue Demons, who didn't qualify any swimmers for the state meet, scored eight points at the sectional and finished 13th out of 14 teams.



MICHAEL SCHMIDT/PIONEER PRESS

Maine East's Josh Espinoza swims in the 200-yard freestyle during the Glenbrook South Sectional on Feb. 20 in Glenview.

### Glenbrook North

Glenbrook North senior Arshad Baxamusa had been to a boys swimming sectional meet before, so he understood the stage.

That's why he, along with senior Mark Schneider, wanted to make sure freshmen Daniel Kaufman and Jake Shapiro were ready for the 200-yard medley relay — the first race at the Glenbrook South Sectional on Saturday, Feb. 20 — by giving them a brief pep talk.

"It's a lot of pressure, especially for those who are inexperienced," Baxamusa said. "Mark and I just gave them some guidance by pumping them up. We told them to let the adrenaline of this meet carry into the water."

It worked.

The Glenbrook North relay

finished in 1 minute, 36.76 seconds to establish a program record and qualify for the state meet. The Spartans placed third behind Deerfield (1:35.29) and Glenbrook South (1:35.47).

Sectional champions and swimmers and relays that met the state-qualifying standard advance to the state meet, which runs Feb. 26-27 at Evanston.

Shapiro (backstroke) and Kaufman (breaststroke) swam the first two legs, and Baxamusa (butterfly) and Schneider (freestyle) closed out the relay. The splits for Shapiro (25.17), Kaufman (27.91) and Baxamusa (22.75) were personal bests.

Baxamusa said he saw Shapiro's time on the scoreboard and figured the record was within reach. He said he didn't pay attention to Kaufman's time while

he prepared for his leg on the block.

"I knew we were in good position," Baxamusa said. "I knew we were going fast. My kick was good, and I nailed my turn. I was confident that Mark could bring us home."

Glenbrook North coach Kirk Ziemke admitted it was a gamble to have two freshmen at the top of the relay, but he said they had proved themselves this season and deserved the opportunity.

"It's nerve-wracking, but they did step up," said Ziemke, who noted the record had stood since 2012. "They had us about on pace for the record. The freshmen were good, and the seniors were great."

Glenbrook North finished second as a team with 226 points, seven points behind sectional champion Glenbrook South (233).

### Maine South

Senior Victor Sibiga swam the final meet of his senior year on Feb. 20 at the Glenbrook South Sectional. He took eighth in the 50 free (22.59) and in the 100 free (49.62). Both times were personal records. Sibiga led off the 200 free relay that placed seventh in 1:31.55 and anchored the 400 free relay that finished seventh in 3:23.79.

The Hawks tied for eighth as a team with 62 points and did not have any swimmers advance to state.

*Matt Harness co-hosts a golf podcast called Teeing Off. Find it on Twitter (@Teeing\_Off) or at [www.facebook.com/teeingoffpodcast](http://www.facebook.com/teeingoffpodcast) and on iTunes.*

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# Shadd comes off bench to lead Niles North

BY ERIC VAN DRIL  
Pioneer Press

At nearly the same point in the first and third quarters, the Niles North boys basketball team seemed to be on the brink of danger when one of its key players had to leave the game due to foul trouble.

On both occasions, Vikings senior reserve Savelon Shadd asserted himself and helped Niles North earn a 55-47 victory over Glenbrook North on Feb. 19 in Northbrook.

Crishawn Cook, Niles North's best player, was whistled for a charge with 5:36 remaining in the first quarter of the Central Suburban North game. Cook, a senior guard, was assessed a technical foul just seconds later and sat on the bench for the rest of the half with two fouls.

The Vikings (20-7, 7-3 after the win) not only survived with Cook on the bench, but they led 26-22 at the half thanks in large part to Shadd. The guard/forward came off of the bench and scored seven points and grabbed seven rebounds in the first half.

Being ahead at halftime "was huge," Niles North coach Glenn Olson said. "I think that was a huge confidence thing for our kids because we rely so heavily on [Cook]. For good reason. ... He's such a special player. At the end of the day, to win big games you need other players to step up and I thought the rest of our guys were great."

Shadd, who hit a 3-pointer in the first half and attacked the paint several times, began the second half on the bench. He was quickly inserted into the game, however, when sophomore guard/forward Damaria Franklin — who had 29 points and 15 rebounds in a 73-30 double-overtime loss to the Spartans on Jan. 15 — committed his third foul with 5:32 left in the third quarter.

Shadd continued to play



TRACY ALLEN/PIONEER PRESS

Niles North's Savelon Shadd blocks a shot by Glenbrook North's Zach Hoffman on Feb. 19. Niles North defeated Glenbrook North 55-47 in Northbrook.

at a very high level in the second half. He drove to the basket soon after entering the game and converted an and-one layup. He hit the ensuing free throw to put Niles North ahead 31-27.

That basket was Shadd's final field goal of the game, but he went 6-for-6 from the free-throw line in the fourth quarter. The springy, 6-foot-4 Shadd also defended very well. Shadd

finished with 16 points, 10 rebounds and three blocks.

"He had a great night, all across the board," Olson said.

Shadd benefited from the defensive attention

commanded by Cook and Franklin (11 points, five rebounds), Glenbrook North coach David Weber explained.

"[Shadd] got to the rim a couple times," Weber said.

"That's a tough matchup for us because we've got to put our best defender on Cook, and then we've got to put someone else on [Franklin]. He had [29] against us last time. We were worried about him. And then [Shadd] just killed us."

Therein lies the difficulty of defending this Niles North team.

The Vikings don't have a star like guard Malachi Nix, a 2013 graduate. Cook is the closest thing to that — he finished with 17 points on just seven field-goal attempts against Glenbrook North (15-10, 7-3) — but this year's team, which has an almost completely different roster than last year's team, reached 20 wins because it has so many different players capable of making significant contributions.

"In the course of a season, you need different guys to come in and step up," Olson said. "Tonight was Shadd's night."

## Game notes

■ Niles North junior guard Montay Williams finished with six points and three rebounds. Senior guard Kaleb Canonigo didn't score against the Spartans, but Olson praised his defense on Glenbrook North's James Karis. The junior point guard finished with 10 points and four rebounds, but Canonigo and his fellow guards made it very difficult for Karis.

■ Senior guard Michael Stachnik finished with 11 points and five rebounds on the Spartans' senior night. Sophomore forward Kellen Witherell scored 10 points for Glenbrook North. Junior guard Luke Amen finished with nine points.

■ The Vikings have reached 20 wins in five of Olson's seven seasons as their coach.

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## STATE WRESTLING NOTEBOOK

## Barzowski took active role in college recruiting process

By MATT HARNESS  
Pioneer Press

Jake Barzowski said he got serious about wrestling when he attended Lincoln Middle School in Park Ridge.

By the time he was a sophomore at Notre Dame, he said he was thinking about wrestling in college. He verbally committed to St. Cloud (Minn.) State before his senior season. The Huskies, an NCAA Division II program, won their first team national title last year.

But Barzowski wasn't recruited like many of the area's top football and basketball players. In fact, he said he, with the help of Notre Dame coach Augie Genovesi, contacted dozens of colleges to raise his profile.

Once Barzowski and Genovesi narrowed down the list of schools where there was mutual interest, Barzowski corresponded with those coaches via e-mail. He estimated he traded about 10 e-mails with St. Cloud State, which he chose over SIU-Edwardsville, Notre Dame (Ohio) and Old Dominion.

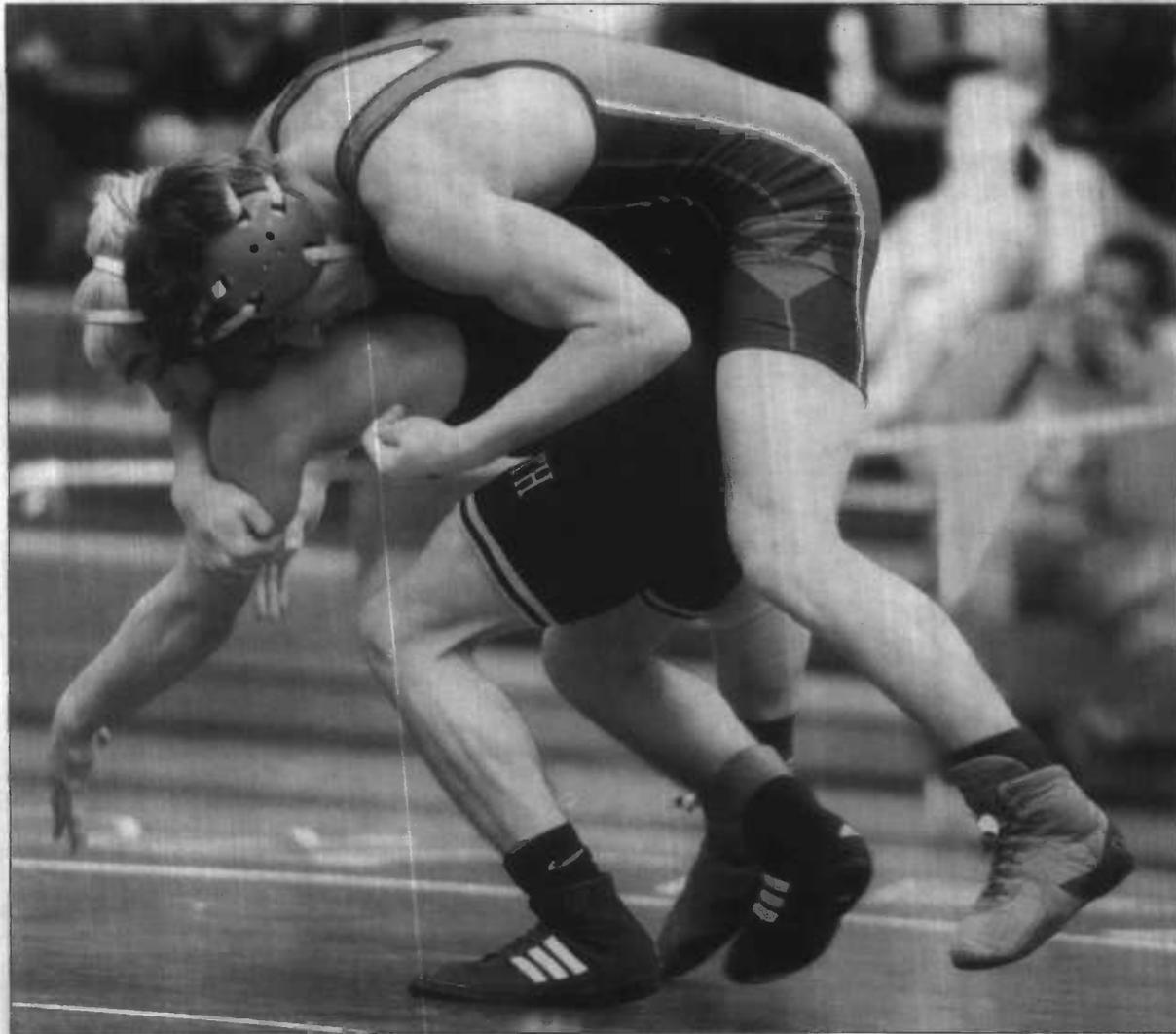
"It was something I had to do myself," Barzowski said. "I did my best to spread my name around. Coach (Genovesi) helped me out, too, by contacting schools. I just wanted to have as many options as possible."

His individual season ended on Friday, Feb. 19, at the Class 3A state tournament at the University of Illinois' State Farm Center. Barzowski (41-3) went 1-2 at state at 138 pounds.

"I didn't wrestle well," Barzowski said. "I was not spring, not hand-fighting. The losses were on me."

Other Dons at the state tournament were senior Simon (32-16), who finished 0-2 at 220, and senior Josh Barzowski (9), who went 1-2 at 152.

The Dons were scheduled to compete at the Class 3A skin team dual sectional Feb. 23.



MICHAEL SCHMIDT/PIONEER PRESS

In this Feb. 13, photo, Notre Dame's Jake Barzowski, top, wrestles Glenbard North's Joe Czernek at the Class 3A Conant Sectional. Barzowski plans to attend St. Cloud (Minn.) State in the fall and wrestle for the Huskies.

## Maine South

Ibrahim Nasir will be missed in many ways, Maine South coach Kevin Hansen said.

Nasir was a two-time state qualifier who concluded his senior season by going 1-2 at 220 pounds at the Class 3A state tournament. But Nasir (38-6) also was a mentor to some of the younger wrestlers in the program, according to Hansen.

"He will be known as one of the better wrestlers we've had here," Hansen said. "He had a winning attitude that we want the other guys to adopt."

Freshmen James Bartell

and John Halvorsen were two Hawks who looked up to Nasir, Hansen said. Both qualified for the sectional tournament and won a combined 54 matches in this season.

"Ibrahim was our best wrestler, and they want to be that one day," Hansen said. "They watched how he worked, how he carried himself."

As the season wore on, Halvorsen started warming up and drilling with Nasir. He even tried to go live against him, but Hansen said he shut it down as soon as he saw it.

"Once a week, he's over there trying to wrestle him,"

said Hansen, laughing. "Ibrahim is too big for him. I always told [Halvorsen] no."

Halvorsen was in Champaign last week to cheer on Nasir. But Hansen also said it was a business trip for the freshman.

"It's part of his learning process," Hansen said. "He got to see a lot of close matches, guys who are grinding out wins not with technique or skill, but with guts. Down there, you do whatever it takes to win. That's something he saw from Ibrahim all year."

Nasir plans to play football at Middlebury, a Division III school in Vermont, in the fall.

## Evanston

When asked on Feb. 21, if he was proud of what he accomplished during his senior season, Jaalen Banner immediately said no.

After all, the 182-pound Banner recently had his Evanston career come to an end with one loss at the Class 3A state tournament at the University of Illinois' State Farm Center.

"I got some regrets, a lot of regrets," he said.

Banner (43-8) paused for several seconds.

"I am a little proud of the season, but I wanted to achieve more," he added.

This was Banner's first

full season in the varsity lineup. A torn meniscus in his left knee cost him a chance to start at the outset of his junior year. Banner returned to action midway through the season, but he did not compete in the postseason. Evanston coach Rudy Salinas applauded Banner's determination.

"He's a role model," Salinas said. "His work ethic, his behavior. He was always respectful. He deserves to be proud of everything he's done. It's going to be hard to replace guys like him."

Banner said he's looking to wrestle in college. His top choices are St. Cloud (Minn.) State and Minot (N.D.) State. Both are NCAA Division II programs. St. Cloud State won its first national title last year.

"The sky is the limit for him," Salinas said. "His body hasn't matured yet. He's just starting to tap into his abilities."

Junior 106-pounder Chris Rivera (46-7) and senior 126-pounder David Rivera-Kohr (41-3) also ended their seasons in Champaign. Rivera went 0-2 while Rivera-Kohr went 1-2 in Champaign and finished with 166 career victories. He leaves as the program's all-time wins leader.

## New Trier

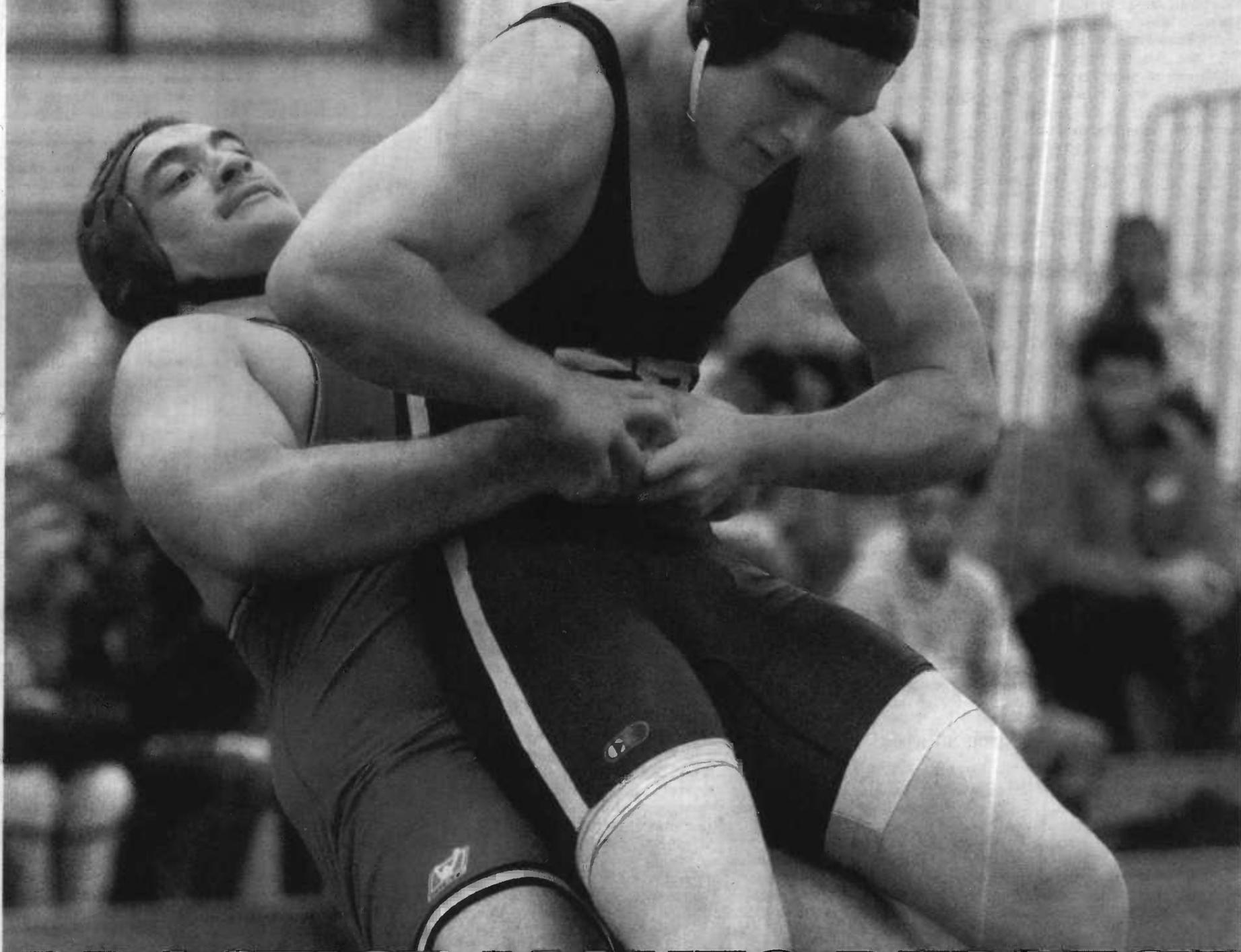
In his first appearance at the Class 3A state tournament, Trevians sophomore Patrick Ryan lost both of his matches at 132 pounds. Ryan (37-10) was pinned in the first round before losing an 8-5 decision in the first round of the back draw.

Matt Harness co-hosts a golf podcast called *Teeing Off*. Find it on Twitter (@Teeing\_Off) or at [www.facebook.com/teeingoffpodcast](http://www.facebook.com/teeingoffpodcast) and on iTunes.

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Ridgewood's Vinny Scaletta, left, won the Class 2A state final at 220 pounds. He is pictured wrestling Elmwood Park's Tony Caruso on Jan. 8.

KEVIN TANAKA/PIONEER PRESS



# PRACTICE MAKES PERFECT

Led by state champion Vinny Scaletta, several area wrestlers competed at state. PAGE 45

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