Taste of the Mediterranean

Big Greek Food Fest overs a little bit of Greece in Niles. Page 4

Athanasios Kondilis of Des Plaines makes saganaki, a type of cheese presented with a flash of flame, at the July 17 event.

PAM DEFIGLIO/PIONEER PRESS

LIVING

Punchline dish's flavor is no joke

Why did the chicken cross the road? We might never know the answer to that eternal question, but we do know of one tasty salad it has inspired. Inside

MELISSA ELSMO/PIONEER PRESS

SPORTS

On the rise

Niles West's Evan Hines draws interest from college coaches. Page 36

NIC SUMMERS/PIONEER PRESS

Scholarly sculptures

Oakton Community College's Des Plaines campus and Koehnline Museum of Art welcome 45 new sculptures. Page 19

OAKTON COMMUNITY COLLEGE PHOTO
SHOUT OUT

Rev. David Aslesen, new Park Ridge pastor

The Rev. David Aslesen is the new pastor at First United Methodist Church of Park Ridge, taking over from the Rev. Rich Darr who is now heading up First United Methodist Church in west suburban Glenview. Aslesen, a native of Canton, ND, was ordained a Methodist minister in 1996 and has served at churches in Glenview, Rockford, Riverside and, most recently, Lake Bluff.

Q: What made you want to become a minister?
A: It was the influence of a wonderful pastor when I was young and in a youth group at my home church. He had a great amount of joy and cared for kids and youth and he was very involved in music and theater, which is what I've been involved in as well. He was just very kind and compassionate and sought justice and love for all people. That was a great influence in my life at that time.

Q: You were raised Lutheran, but converted to Methodist. What inspired you to convert?
A: I was baptized Lutheran, but we started attending the Methodist Church as part of the children's choir. When my parents divorced, we left that church, but I eventually came back to it because that's where the youth group was. It was a source of support and strength at that time. I joined the Methodist Church by myself at age 15.

Q: What is your favorite Bible verse?
A: It's Psalm 46: "God is our refuge and strength, a very present help in trouble."

Q: What do you hope to bring to First United Methodist Church of Park Ridge?
A: My vision for the church is working with their statement of ministry and welcoming, helping people make the church alive, joyful and relevant in the ministry of serving the community and the world.

Q: What are some of your other interests?
A: Theater, so it's great being so close to Chicago. Also music and arts. I paint - acrylics and oil, also mosaic.

Q: What kind of music do you like?
A: I'm a Decemberists fan. And old-school stuff, like Old and Wise. I like real guitar, rhythmic folk and new folk kind of stuff. James Taylor and Alison Krauss and Union Station.

---Jennifer Johnson, Pioneer Press

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Greek Fest brings a taste of the Mediterranean

BY PAM DEFIGLIO
Pioneer Press

Having just come back from Greece, Chris Hanes of Lombard headed for the Greek taverna tent at the Big Greek Food Fest of Niles July 17. He came away with a tray piled with grilled octopus, pita bread and loukaniko sausage.

“It’s my third year coming here,” Hanes said. “The food ranks right up there with Greece.”

The taverna was one of many food and activity stations at the annual fest, a major fundraiser for St. Haralambos Greek Orthodox Church on Caldwell Avenue. Every July, hundreds of parishioners pitch in to help plan and staff the fest, and they start cooking food, and freezing it, a month in advance.

While the proceeds go toward the church’s operating expenses, this year some of them will go toward constructing a $5.5 million multipurpose building. An existing reception and community center area will be repurposed as classrooms.

Rain temporarily threatened the proceedings at the 5 p.m. opening of the fest Friday, but the sun came back out about 90 minutes later. The same thing happened Saturday, with thundershowers in the afternoon and pleasant skies by 5:30 p.m.

“It really picked up after the rain, so we’re really excited,” said Jolynn Ruggero, of Glenview, who was volunteering Friday in the bookstore area, which sold icons and religious books.

Perry Giannopoulos, the fest chairman, said the fest typically gets its highest attendance on Saturday and Sunday, so that even with the rain, it was a pretty good Friday. Crowds also showed up Saturday just in time for dinner.

Many visitors, such as Connie Guzman, of Burr Ridge, who attended with her daughter, Erica, of Niles, and friend Nancy Abbala, of Niles, were enjoying the weather and food.

“It’s beautiful here,” she said. “I love the music.”

A band played Greek music, attracting dancers holding each others’ hands in a long line and circling around in front of the band.

Most people, though, came for the food. At one tent, volunteers grilled sausages; at another, they turned kebabs over flames.

At the gyros tent, Athanasios Kendilis, of Des Plaines, prepared saganaki, or flaming cheese, in a pan, stepping back quickly as a flame rose high above it.

“I’ve been volunteering in the gyros tent for 10 years, since I was 13,” he said.

Tina Zook of Des Plaines, who had brought her son, Alexander, to the Kids Korner area to play games and have his face painted, said, “This is our church. People love the food – it’s amazing.”

A long line stretched in front of the loukoumathes tent, with people waiting for the cinnamon-scented fried doughnuts. The Rev. Panagiotis Boznos, of Sts. Peter and Paul Greek Orthodox Church in Glenview, and the Rev. Chris Mihalopoulos, of St. Demetrios Greek Orthodox Church in Glenview, were standing in the line.

“Loukoumathes are what every Greek festival is known for,” Mihalopoulos said. “They’re to die for.”

Pam DeFiglio is a freelance reporter for Pioneer Press.
Chicagoland Greeks travel to homeland despite crisis

BY PAM DEFIGLIO
Pioneer Press

Rita Petratos of Niles says she’s worried about how her uncle in Greece is faring during the country’s debt crisis, which has rattled global financial markets. Despite the much-publicized bank closures and the necessity of using cash, her parents and many other north suburban Greek Americans are heading to Greece this month.

Her cousin, brother and fellow teachers from St. Haralambos Greek Orthodox Church in Niles, where Petratos teaches preschool, are also en route to Greece. "Yes, it’s a dire time," she acknowledged. "Greeks need people to come there and spend money."

Tom Kanelos, chair of the Niles Zoning Board and Planning Commission, also knows local Greek Americans who are leaving for Greece this week. "They were having trepidation about [being able] to use credit cards," he said.

He estimated that 25 to 40 percent of St. Haralambos parishioners return to visit Greece at least every third year, and many return annually.

"Many Greek Americans have family there, so once they get to the village or the house [of the relatives], they can get a little money every day," he said.

Petratos said her parents, who live here but also have a house in Greece, can get money through an American bank.

Endy Zemenides, executive director of the Hellenic American Leadership Council, said his organization hasn’t heard of any Americans getting stranded in Greece, but has heard of Greek tourists getting stranded in the U.S. because they couldn’t use their bank cards.

Zemenides, who lives in Chicago near Lincolnwood, said many Greek Americans worry that their older relatives, like Petratos’ uncle, might not be able to get medicines and other necessities.

"Pensioners who were squeezed before are squeezed even more now," Zemenides said. "Greece’s dive over the past five years has been worse than the Great Depression in the U.S." George Alpogianis, a Niles trustee, agreed.

"The rich get richer in these situations, the poor get poorer and the middle class gets squeezed," he said.

Petratos, whose uncle is retired and on a pension, wants people to know it’s not easy. "My uncle was a hard worker," she said. "The myth is that they retire at 40 and go to fiesta—it’s untrue."

Dispelling such myths, and the debt crisis in general, have been the main topics of conversation lately whenever Greek Americans get together, Kanelos said. "He feels that part of the reason 60 percent of Greeks voted no on the bailout on July 5 was that they harbor pent-up anger at the way Germany is handling the situation—and remember the brutal way in which the Nazi Germany of the 1940s treated both the Greek people and Greek economy.

"There are still people alive who remember the harshness of the German occupation during World War II," he said. "Germany was supposed to pay Greece reparations, and it paid some, but not all."

As for whether Greece could have agreed to the deal Germany and other European nations were proposing at the time of the July 5 vote, Kanelos said, "It’s not that Greeks feel that they shouldn’t pay the money back, but austerity can only go so far.

Pam DeFiglio is a freelance reporter for Pioneer Press.
Library board mulls employee raises

BY LEE V. GAINES
Pioneer Press

Employee raises dominated a discussion of a tentative budget for the Niles Public Library District during a meeting of its board of trustees July 15.

The board voted unanimously to approve the tentative budget for the 2015-16 fiscal year presented by staff, but asked that the budgeted amount for employee raises be lifted from 2.4 percent to 3 percent.

When asked by board members what the resulting impact on the budget would be, Greg Pritz, business manager for the library, estimated the change would account for an increase of between $12,000 to $15,000 in salary expenditures.

The tentative budget approved by the board includes general fund and special fund revenues totaling roughly $6.3 million — a 3 percent decrease from last year's projected actual revenues. The library's tentative budgeted expenditures amount to nearly $6.4 million, which is a roughly 15 percent jump over the actual estimated expenditures for the previous year.

The district's budgeted expenditures, however, will increase slightly because of the change in employee raises requested by the board.

Board President Linda Ryan said she believed a 3 percent raise was a more fair figure than the proposed 2.4 percent factored into the budget.

According to Pritz, employees were given a 2.4 percent raise last year and a 3.25 percent raise the year before. Leading up to the previous two-year period, he said, library staff received a 3.5 percent raise with the possibility of a 4 percent increase in their salaries with excellent performance.

Ryan said the 2.4 percent figure was "a pretty big hit last year."

"I didn't feel right about it last year and I really wouldn't feel right about it again," she said.

Susan Lempke, director of the Niles Public Library District, said she would also like "a little wiggle room" to add a merit increase for those employees going above and beyond.

Trustee Carolyn Drblik asked what other libraries in Cook County were providing as far as raises were concerned. Lempke said the 2.4 percent increase is "actually better than what most libraries are giving."

Though the tentative budget proposed includes a roughly $100,000 deficit, the district is running a surplus of about $900,000 because last year's revenues were that much greater than its estimated expenditures turned out to be, Pritz said.

News of the surplus appeared to assuage trustees concerns about increasing raises, and eventually all hopped on board with the idea. It was also agreed that there would be a future discussion as to how Lempke could provide merit-based increases to employee raises.

Trustee Karen Dimond said that while she agreed with the raise increase, the discussion about employee pay should have occurred at an earlier date.

"I do think, probably in the future, we should talk about what kind of salary increase we want to give before we come up with the budget," she said. "It really probably deserves an earlier, separate discussion."

Pritz said the board has another chance to tweak the budget at its next meeting, which is scheduled for Aug. 19, or during a committee meeting before that date. A public hearing on the budget is also scheduled to take place at the board's August meeting.

Lee V. Gaines is a freelance reporter for Pioneer Press.

Niles North student selected for national honor ensemble

BY ALICIA RAMIREZ
Pioneer Press

It was almost eight years ago when Daniel Aisenberg, a Niles North senior, began playing the clarinet. This summer, he was selected as a member of the National Association for Music Education 2015 All-National Honor Ensemble.

"In my elementary school I chose to be in band, and you were allowed to choose two instruments and pick the one you liked best, so I tried the trombone and the clarinet, and my arm wasn't long enough for trombone," Aisenberg, 16, of Skokie, said.

Since then, Aisenberg said he has studied the instrument and played his way through a number of pieces, both classical and contemporary, landing a spot in the All-State Music Festival this past school year.

In order to apply for the national ensemble, students must first be accepted into their division festival the prior academic year. Following that, they must be chosen for the all-state festival. Once a student who is otherwise eligible meets these criteria, he or she is invited to audition for the national ensembles.

"I filled out the online application and sent in a video audition and was selected," Aisenberg said.

"It was really, really exciting because I spent a lot of time on the audition, and it was one thing to be selected for the state ensemble, but to be considered for a national ensemble is mind-blowing for me.

As a member of the ensemble, Aisenberg will participate in a concert Oct. 28 at the Grand Ole Opry House in Nashville, Tenn., with other high school musicians from around the country.

"Think I'm most looking forward to meeting the other clarinet players," he said. "I know the group of cabinet players in Illinois, but I think it will be interesting to meet all of the ones across the country."

Alicia Ramirez is a freelance reporter for Pioneer Press.

Niles Public Library offers free lunch program for kids

BY LEE V. GAINES
Pioneer Press

The Niles Public Library is handing out free lunches to children under the age of 18 and to those with special needs up to age 24 this summer as part of a national food service program.

Ariane Carey, head of youth and teen services for the library, told the Board of Trustees at a recent meeting that the facility has been handing out cold boxed lunches to any child who shows up at noon at the library on Tuesdays and Thursdays.

The program began on June 23 and will continue through Aug. 6, she said.

Carey said the library chose to be an "open" site for the program, meaning any number of children can sign up in advance for the "closed" site that requires participants to sign up in advance for the program.

She said representatives of the program, which is funded by the United States Department of Agriculture, oversee the state and administered by sponsors including the Archdiocese of Chicago, told the library that they "were very brave to be an open site."

The program has been extremely popular and very well-received, Carey said.

She said all meals must be eaten on site at the library and only the children — not their parents or anyone else over the specified age limit — can partake.

The program has been extremely popular and very well-received, Carey said.

The library hopes to offer the program again next summer and provide free lunches three days per week rather than just two, she said.

Lee V. Gaines is a freelance reporter for Pioneer Press.
Ditka's son arrested, charged with battery

BY LEE V. GAINES
Chicago Tribune

The son of former Chicago Bears coach Mike Ditka was arrested at Rivers Casino in Des Plaines July 18 and charged with battery, according to police records and his attorney.

Michael P. Ditka, 53, of Deerfield, was released by police shortly after the arrest and is due to appear in Cook County court next month.

No further details on the allegation were immediately available, but Ditka's longtime attorney, Robert Ritacca, said the charge was a misdemeanor and stemmed from "a fight or an argument." Ritacca said the alleged incident was not domestic in nature.

The younger Ditka has had several run-ins with the law in Lake County, where he lives, including three DUI arrests between 2004 and 2011, court records show. He received court supervision and fines in the 2004 arrest and pleaded guilty to a lesser charge, reckless driving, in the 2008 arrest, for which he received probation. A 2011 aggravated DUI case was dropped.

Ditka pleaded guilty to misdemeanor battery in Lake County court in 1998 stemming from a 1997 charge in which authorities said he pushed his then-girlfriend while they were watching a football game. Michael Ditka received court supervision in that case as well.

A casino spokesman declined comment on the most recent arrest.

Lee Gaines is a freelance reporter.

Cops: Morton Grove man charged in fatal hit-and-run

BY NATALIE HAYES
Pioneer Press

A Morton Grove man was charged with leaving the scene of a fatal accident that left a Des Plaines man dead Monday night, Des Plaines police said in a prepared statement.

Police arrested Daniel Wehr, 54, of the 8600 block of North Frontage Road in Morton Grove Tuesday. Police said Wehr admitted to driving the vehicle that struck Jose Piancante Gomez, 25, at Algonquin Road and Pennsylvania Avenue approximately 9:40 p.m. Monday night.

Police said Gomez had been riding a bike when he was struck by the vehicle. Emergency personnel transported him to Lutheran General Hospital in Park Ridge, where he died from his injuries, police said.

Wehr was found by police after they located his company vehicle for United Airlines at a facility owned by the company in the 1200 block of East Algonquin Road in Elk Grove Village, police said.

He has been charged with one felony count of leaving the scene of an accident resulting in death, police said.

He is scheduled to appear in bond court at the Skokie Court House on Wednesday, July 15.

Natalie Hayes is a freelance reporter for Pioneer Press.

Niles man reports money stolen

BY JENNIFER JOHNSON
Pioneer Press

A Niles man reported losing $4,000 in cash after two women who identified themselves as nurses from a local hospital came to his residence last week, Niles police said.

According to police, the man said the women arrived at his home in the 8600 block of Root Street July 6, stating they were nurses from Advocate Lutheran General Hospital in Park Ridge. Since nurses visit the home regularly to care for his father, the man let them inside, police said.

The man told officers that one of the women sat down with him in the kitchen while the second woman entered a bedroom, looking for medications taken by the man's father. At one point, while the man was in a room with the second woman, she reportedly asked to look inside a briefcase, police said.

After the women left the home, the resident told police that he discovered an envelope containing the cash was missing from his bedroom.

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The following items were taken from the Niles and Morton Grove police department reports. An arrest does not constitute a finding of guilt.

Niles

DISORDERLY CONDUCT
- Sulaka Kiorikis, 58, of the 9000 block of Emerson Street, unincorporated Maine Township, was charged with disorderly conduct and criminal trespass July 14. According to police, Kiorikis began arguing with employees of a retail store on the 8700 block of Dempster Street after he was seen making photocopies of a magazine and was told he was not allowed to do that. He has an Aug. 26 court date.

RETAIL THEFT
- Daniel Brown, 32, of the 1700 block of Rand Road, Des Plaines, was charged with felony retail theft July 10. After he allegedly stole a bottle of whiskey from a store on the 8500 block of Golf Road, he has a July 22 court date.
- Soo Kim, 43, of the 4900 block of North Sheridan Road, Chicago, was charged with retail theft July 10. After she allegedly stole a bottle of wine from a store on the 8500 block of Golf Road, she has a July 22 court date.

Morton Grove

POLICE REPORT

WARRANT
- Munkhoriil Munkhbat, 19, of the 4600 block of Washington, Skokie, was taken into custody July 12 on a warrant for unlawful possession of a credit card out of McLean County. An officer encountered Munkhbat sleeping inside a parked car, police said.

DUI
- Renata Fernezova, 35, of the 7200 block of 72nd Court, Elmwood Park, was charged with felony aggravated driving under the influence and driving without a valid license July 12 following a traffic stop at Oakton Steert and Overhill Avenue. She has a July 22 court date.

BURGLARY
- Three bicycles were stolen between July 10 and July 12 from a garage on the 9200 block of Woodland Drive. Two of the bikes were later found next to a fire hydrant near the corner of Courtland Avenue and Church Street, police said.

RETAIL THEFT
- Several bottles of alcohol were reported stolen from a restaurant on the 8500 block of Golf Road July 11.
- Several wireless routers and Ethernet switches, valued at $1,340, were stolen July 12 from a store on the 8300 block of Golf Road, police said.

THEFT
- On the morning of July 10, a man allegedly attempted to steal a cart filled with alcohol from a store on the 5600 block of Touhy Avenue. When confronted by an employee, he left the cart and ran to a vehicle, which left the area, police said.

BURGLARY
- A home was burglarized between 11 p.m., July 10 and 1 a.m. the following morning on the 8700 block of Olcott Avenue, police said.
- A woman left the hose attached to her car and started to drive away from the station on the 8500 block of Dempster Street. A manager told police that after the hose broke away from the pump, the woman stopped her vehicle, got out, removed the hose from her gas tank and drove away without reporting the incident. Police said the manager estimated damages at $300 to $800. An investigation was pending.

THEFT
- On the morning of July 10, a man allegedly attempted to steal a cart filled with alcohol from a store on the 5600 block of Touhy Avenue. When confronted by an employee, he left the cart and ran to a vehicle, which left the area, police said.

DRUGS
- Ahmed M. Hassan, 41, of Des Plaines, was arrested for shoplifting at the TJ Maxx store on the 7200 block of Dempster Street July 11, police said.

DUI
- Zahir Fazlic, 50, of Des Plaines, was charged with driving under the influence of alcohol on July 10. Police said Fazlic was stopped for a traffic violation, and allegedly failed sobriety tests. A court date is set for July 30.

PROPRIETY DAMAGE
- A woman reportedly damaged a gas pump on July 14 when she left the hose attached to her car and started to drive away from the station on the 8500 block of Dempster Street. A manager told police that after the hose broke away from the pump, the woman stopped her vehicle, got out, removed the hose from her gas tank and drove away without reporting the incident. Police said the manager estimated damages at $300 to $800. An investigation was pending.

THEFT
- On the morning of July 10, a man allegedly attempted to steal a cart filled with alcohol from a store on the 5600 block of Touhy Avenue. When confronted by an employee, the man reportedly left the shopping cart of items behind and ran to a vehicle in the parking lot. Police said the man is believed to have been with two women who filled a shopping cart with $670 worth of merchandise, but left it behind in the store.

Morton Grove

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DRUGS
- Russell A. Fell, 57, of Skokie, was arrested for possession of cannabis and driving with a suspended license on Maramoro and Austin avenues on July 10, police said. Someone called police to report a suspicious vehicle, and police allegedly found cannabis in his vehicle.

DUI
- Zahir Fazlic, 50, of Des Plaines, was charged with driving under the influence of alcohol on Oakton Street and Gross Point Road July 11. Police said Fazlic was stopped for a traffic violation, and allegedly failed sobriety tests. A court date is set for July 30.

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Morton Grove

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First D219 in-school health center opens

BY NATALIE HAYES
Pioneer Press

District 219's first in-school health center opened July 13 at Niles West High School, and Niles North will follow suit when it opens a similar health care center July 27.

School district officials say the school-based health centers will go above and beyond the traditional in-school nurse's office by offering more health services, including psychiatric care, immunizations, physicals and even reproductive health services.

Students who utilize the health centers will receive treatment from physicians assistants and nurse practitioners with oversight from a pediatrician, according to information from the school district.

Uninsured students will be able to get free health care services through the program, according to information from the school board, while insured students would be billed.

District 219 and clinic operator Heartland Health Centers received a $1.3 million grant from North Suburban Healthcare Foundation last year that enabled the schools to launch the clinics this summer. School officials have said the district will likely spend $500,000 annually to operate the two clinics.

D219 Superintendent Nanciann Gatta had hoped to test the effectiveness of the new program under a deal she helped secure with Northwestern University's Feinberg School of Medicine.

A memorandum of understanding prepared to the school board July 13 would mean the university's Department of Family and Consumer Medicine would conduct ongoing research on the impact of the clinics on student health and academic performance.

The partnership was signed off on by Rex Chisholm, vice dean for scientific affairs at Northwestern University June 22, but it was stalled by the newly-elected District 219 School Board this week, whose new members decided to table the measure.

Longtime board president Robert Silverman stepped down from the board last month, and Mark Sproat was appointed to fill the position.

Linda Lampert, Brian Novak, Sproat and David Ko voted to table the approval of the partnership, while incumbents Carlton Evans and Ruth Klint dissented.

Lampert explained her decision to vote against the proposal as a way to uphold her campaign platform, where she pledged to advocate for better communication between the school board and the public.

"People are holding us accountable, and they expect us to hold everyone in the district responsible," Lampert said. "This is for the sake of transparency."

Sproat also criticized the district's review process, claiming the research proposal should have been discussed in committee before it appeared before the board, but Gatta made it clear she wasn't stepping down.

"The [partnership with Northwestern] is an added layer of accountability," she said. "I feel it is our utmost responsibility to be open and transparent about the work we're doing—what it takes, and whether we're seeing a return on investment."

Dr. Pete Marcelo, assistant superintendent of special education and student services, said the memorandum of understanding was clear-cut and didn't require an in-depth review.

"The understanding is what it is—a memorandum of understanding," he said. "There's really not much to talk about besides there's a memorandum of understanding and we're going to do some research with someone."

Natalie Hayes is a freelance reporter for Pioneer Press.

DISTRICT 219 BOARD BRIEFS

News from the July 13 Niles Township High School District 219 Board of Education meeting.

Students now required to prove residency

A new residency verification policy announced by School District 219 this summer will require all students to show proof that they reside within Niles Township by July 17.

Under the new policy, the school district requires parents of D219 students to provide proof of residency every year in order for continued enrollment.

The policy was created to ensure compliance with state law and to ensure only taxpayers' families are able to enroll in the two high schools according to the school district.

D219 parents have been able to provide residency-verification documents on the district's web site since June, but both schools will be open July 13-17 during varying hours so parents can upload the necessary documents in person.

The school district is reminding parents that families must reside in the school district in order to register for kindergarten and owning property in the township without actually residing in the district doesn't qualify for residency, according to the school district.

Parents of Niles North students should direct questions to Caitlin Sweeney at 847-626-2393. The contact at Niles West is Loretta Hastings at 847-626-2932.

'The most consistent way to help students get ready for college is to provide a strong foundation early in the high school years,' said board member Dr. Pete Marcelo, assistant superintendent of special education and student services.

Another initiative is Classroom's First Consolation, which would mean the university's Department of Family and Consumer Medicine would conduct ongoing research on the impact of the clinics on student health and academic performance.

The program began last year at districts 219 and 69 with the goal, according to school officials, to reduce spending on remedial programming at the high school level by providing a refined and personalized curriculum geared toward better readiness for college.

The streamlined curriculum would eventually begin at the kindergarten level and continue through 12th grade, according to information from the school district.

As previously reported by Pioneer Press, Classroom's First Consolation has been scrutinized as exclusionary by some taxpayers and parents of other school districts that feed into Niles Township High Schools.

"We're doing what it takes, and whether we're seeing a return on investment," Lampert said. "The [partnership with Northwestern] is an added layer of accountability," she said. "I feel it is our utmost responsibility to be open and transparent about the work we're doing—what it takes, and whether we're seeing a return on investment."

"The understanding is what it is—a memorandum of understanding," he said. "There's really not much to talk about besides there's a memorandum of understanding and we're going to do some research with someone."

Natalie Hayes is a freelance reporter for Pioneer Press.
Skokie resident fills D219 vacancy

BY NATALIE HAYES
Pioneer Press

A new board member has been appointed by the Niles Township School District 219 board to fill a vacancy left by former long-time board president Robert Silverman, who resigned in June, two years before his term expired.

The school board has selected Skokie resident Joseph S. Nowik, an executive at a Chicago-based lighting manufacturing company, to fill the vacancy.

Nowik, who was sworn in during the regular school board meeting July 13, was selected for the seat among 12 people who submitted applications for the position, according to information from the school board.

The board vacancy and Silverman's sudden decision to end his 23 years on the school board came a month after the heated April election that had 11 people vying for four openings on the school board.

Brian Novak, Robert Silverman's son, Mark Sproat and Linda Lament won against incumbents Sheri Doniger, Jeffrey Greenspan and Eileen Valer.

Robert Silverman announced May 5 his intention leave the School Board, saying that he wanted to give the new board the opportunity to elect new leadership.

Post-election, District 219's new board, which is now led by newly-elected President Mark Sproat, has changed drastically.

Only Carlton Evans, Ruth Klint and Ko, who had been appointed to his seat two years prior, remain from the previous administration.

It's still unclear how Nowik, who sat through the heat of districts, will fit into the board's dynamics.

Nowik is the father of two teenagers; his son graduated from Niles West this year and his daughter is a junior at the school.

After announcing the board's search to fill the vacancy, Sproat said the potential candidates were asked many of the same questions that the board candidates were faced with during the two debates that were held at the high schools during this past election season.

Sproat did not immediately respond to a request to comment Tuesday on the board's decision to appoint Nowik.

Natalie Hayes is a freelance reporter for Pioneer Press.

Field School alumna named asst. principal

BY JENNIFER JOHNSON
Pioneer Press

A native of Park Ridge and former Field School student has been named the school's assistant principal.

The Park Ridge-Niles School District 64 Board of Education approved the hiring of Amanda Spychalski on July 13. She will begin her new role on July 27.

District 64 Board President Anthony Borrelli said Spychalski will receive an annual compensation of $80,000.

Spychalski, who attended Field School from kindergarten through sixth-grade, most recently taught third-grade at Oriole Park Elementary School on Chicago's Northwest Side. According to the district, Spychalski was a teacher at Oriole Park for eight years and began her career in 2005 as a sixth-grade language arts and reading teacher at Blackhawk Middle School in Bensenville.

According to the district, Spychalski created "Pulitzer Prize" ceremonies recognizing student writers and started community literacy nights. At Oriole Park School, she oversaw the student-teacher program, represented teachers on the local school council and coached cross-county teams, one of which competed in the city championship, the district said.

District 64 reported that Spychalski is a graduate of the University of Illinois at Urbana-Champaign and has master's degrees in reading and in school leadership.
Ready for the future

BY NATALIE HAYES
Pioneer Press

A nanotechnology lab was launched at the Illinois Science and Technology Park in Skokie two years ago by Oakton Community College with the goal of branding the college as a leader in nanotechnology training.

The NE31 nanotechnology program - developed through a technology-focused collaboration between Oakton, the village of Skokie, and the Illinois Science and Technology Coalition - was created as a hub for Oakton students to study the emerging field of science and earn certification.

After completing a 31-credit-hour nanotechnology certificate program offered through the college, students are matched with internships - many offered by companies and start-ups within the science park - before approaching the search for a career in the field of nanotechnology.

Careers in the field are in demand - six million workers were expected to be hired by companies by this year - and jobs can pay an average of $30,000-$95,000, according to information from the college.

When NE31 was first launched, Oakton administrators hoped - and still do - that the program would prepare students to fill what could be an abundance of nanotechnology-related technician jobs at Illinois companies.

Since the college's first nanotechnology class, "Fundamentals of Technology," was offered two years ago, about 10 students have completed all 31 hours of the program, according to Bob Sompolski, dean of math and technologies at Oakton.

Two students who finished the training have landed jobs, and a few have finished internships, according to Leslie Murphy, economic development specialist for the village of Skokie.

Sompolski said that while the NE31 program has received overall positive feedback, the number of students who finish the program is dwindling because the majority of students drop out before finishing.

"We're not seeing the numbers we wanted, but the students we do have coming through are getting jobs," he said. "If we're struggling on any level it would be with students entering their second year - we get more students enrolling than we have finishing the program."

In an effort to foster a greater interest in nanotechnology among teenagers, the college hosted a field trip for local high school students June 30.

About 25 high school students in Oakton's three-week-long Career Exploration Course for engineering and nanotechnology attended the field trip to the lab, where they toured the nanotechnology lab and listened to speakers from local companies.

"It was designed to get the kids excited about taking nanotechnology courses, and to get them thinking beyond high school and about what they want to do with their careers," Murphy said. "Most of the kids were aspiring scientists and engineers."

The summer Career Exploration program is offered at a network of nine area high schools served by Oakton.

The program offers students the opportunity to explore a variety of career options by meeting with professionals in their fields of interest and engaging in a combination of classroom learning and field trips, according to information from Maine South High School, one of the schools that participates in the program.

Before the field trip was over, students also visited businesses in the science park that offer internships and jobs in the field, including NanoAl - an aluminum superalloy company and AuroraSense Therapeutics.

Many of the science park companies perform life sciences, nanotechnology and other kinds of cutting-edge technology. Companies include large multinationals, midsize businesses and startups.

For Oakton's NE31 program, the key to longevity, according to Sompolski, is to build career-focused interest in nanotechnology, engineering and science among students at an earlier age, before they enter college.

"Getting high school students interested is important - in some cases, they'll go on to graduate programs, and in other cases they'll earn their certificate," he said.

Out of the 31 hours credit needed (eight total classes) to earn certification, four of the classes are nanotechnology-focused and the other four are basic math and science classes, including biology, chemistry, physics and statistics, according to Sompolski.

Besides the certificate program, the nanotechnology lab also hosts faculty from high schools and other colleges for programs for nanotechnology lab training workshops.

Oakton will host open houses, including tours of the lab, on Aug. 13 and 20 at the science park, 8045 Lamon Ave., Skokie.

Natalie Hayes is a freelance reporter for Pioneer Press.
Proesel Park prepares for annual fest

BY NATALIE HAYES
Pioneer Press

The annual Lincolnwood Fest will light up Proesel Park this weekend for four days of old fashioned summer fun including live music, carnival rides and games, and food from local restaurants.

Each summer, the festival brings family, friends and neighbors, and local businesses together for a relaxing four-day celebration of summer in the park.

This year’s fest will be filled with many of the same attractions as past years, minus the Sunday morning pancake breakfast that used to be held for the Lincolnwood Baseball Association. The Sunday morning car show will be run by Skokie-based Rick Glickman of “Monday Night Car Shows” this year, according to Damien Kardaras, chair of the Friends of Lincolnwood Committee.

Kardaras, who took over the planning responsibilities from former fest planner Barb Faermark this year, said the pancake breakfast—which in past years had been funded by the Holiday Inn Chicago North Shore in Skokie—became too much work to continue.

“There will be no more pancake breakfast because parts of the original [festival planning] committee were setting up and doing everything, including all the clean-up,” Kardaras said.

Mud wrestlers and a mechanical bull, which were added to the fest lineup last year, have also been removed from the mix this year, he said.

“Last year we did a rodeo and wrestling and I didn’t think it was appropriate,” Kardaras said. “The wrestlers came in and basically drank their weight in beer—unlimited beer action—and then they left.”

Guests who come to Proesel Park this weekend will however find more rides for younger kids and music genres that are new to the Lincolnwood Fest, including a performance by the Lincolnwood Chamber Orchestra on Sunday afternoon followed by live music from blues and bluegrass bands.

Lincolnwood mayor Jerry Turry will kick off the 2015 Lincolnwood Fest on Thursday, July 23 at 5 p.m. before “Marlon Long & the Shakers” take the stage as the first band in a lineup of eight acts set to perform before the end of the weekend.

Friday night headliners include Allman Brothers cover band, “Rosiehill Revival” at 5:30 p.m. and “Think Floyd USA” at 8 p.m. Saturday’s bands are “Triple Threat at 5:30 p.m.” followed by “Rico” at 8 p.m.

The carnival rides will start spinning at 5 p.m. Thursday, and will continue through Sunday evening.

Some of the festival’s long-running traditions, like American Legion Post 1226’s Bingo Tent and a business expo, will continue this year.

The tab for this year’s fest, which will run from Thursday, July 23 through Sunday, July 26, has reached more than $40,000, according to Kardaras, who said he was forced to borrow $10,000 in “seed money” from the village because the festival’s former planning committee didn’t leave funds available for this year’s fest.

“The fest costs money but it also brings in money—we’re hoping for four days of great weather so we get a great turnout,” he said.

Proceeds from the fest are put into a fund for the Lincolnwood Parks and Recreation Department, and that fund had been controlled by Faermark until Kardaras took over fest planning this year.

Kardaras said he had expected to receive “seed money” from last year’s proceeds, but instead had to approach the village for a loan after he was told there was no money available from last year’s proceeds.

The full schedule for the 2015 Lincolnwood Fest is available at www.lincolnwoodfest.com.

Natalie Hayes is a freelance reporter for Pioneer Press.
Residents urged to keep speaking out over O’Hare noise at town hall meeting

BY LEE V. GAINES
Pioneer Press

State Sen. John Mulroe, a Park Ridge legislator, urged dozens of attendees at a July 16 town hall meeting on Chicago’s Northwest Side to keep speaking out about the negative impacts increased noise from air traffic at O’Hare International Airport has had on their lives.

Mulroe, who represents the 10th District, an area that includes sections of Park Ridge and ten other north suburbs along with portions of Chicago’s Northwest Side, was joined at the meeting at the Copernicus Center, 5216 W. Lawrence Ave., by 19th District state Rep. Rob Martwick, Harwood Heights Mayor Arlene Jezierny and representatives of Fair Allocation in Runways, or FAIR, a group based in Chicago’s Northwest Side that represents both city and suburban residents concerned about airport noise.

The meeting focused solely on what legislators, municipal leaders and FAIR representatives are trying to do to alleviate additional air traffic noise residents in Park Ridge, Norridge, Harwood Heights and the city’s Northwest Side have complained about following the installation of parallel runways under the ongoing O’Hare Modernization Project.

The project calls for six east-west parallel runways and two of four original diagonal runways at the airport, which currently features four parallel runways and four diagonal runways.

The legislators and FAIR representatives present at the meeting placed specific emphasis on the need to prevent the decommissioning of two of O’Hare’s four diagonal runways.

A FAIR representative, Colleen Mulcrom, said legislation allowing 10 runways to operate at O’Hare rather than the current limit of eight, which was supported by both Martwick and Mulroe, is currently awaiting Illinois Gov. Bruce Rauner’s signature.

But a second bill that would prohibit Chicago from shutting down any of the airport’s diagonal runways became tangled up in committee meetings and conversations with the city, she said.

“There was a movement from other people to squash that other bill,” Martwick said.

The Park Ridge City Council approved a resolution in May supporting the passage of both bills in the state house.

But Martwick said he was able to hammer out an agreement to bring together the Chicago Department of Aviation, the Federal Aviation Administration and city government officials with representatives of FAIR and other groups concerned about airport noise to discuss how the runway changes have affected people’s lives and what can be done about it.

This first meeting has already been held, and Mulroe, Martwick and Mulcrom said it provided the residents most affected with a forum to have their voices heard. A second meeting was scheduled for July 20, and the city is expected to bring forth solutions to the noise issue at the third meeting, Martwick said.

During the first meeting with the city and the FAA, Mulcrom said FAIR representatives outlined five solutions to the noise issue, including noise monitoring and abatement, a supplemental study of the environmental impacts of the runway reconfiguration, a mandatory fly quiet policy, and fair and equitable distribution of air traffic through use of all the airport’s runways.

“A humongous focus for us is to keep those diagonal runways open because they provide the most options for the most possible solutions that could have an immediate or measurable felt impact on our lives,” Mulcrom said.

Lee V Gaines is a freelance reporter for Pioneer Press.
Union Church rummage sale draws bargain hunters

By Karie Angell Luc
Pioneer Press

Fans of the Kenilworth Union Church annual rummage sale started lining up shortly after dawn July 16 at the church, 211 Kenilworth Ave.

They were waiting for the premium pre-sale, with a 50 percent markup on prices, lasting from 8 a.m. until noon.

"It makes my spirit soar to be a part of this remarkable ritual that's been going on for more than 60 years," said Susan O'Connor of Glencoe, who has volunteered for the sale for five years.

Last year's sale raised about $40,000, said Karin Balsbaugh of Northfield, a volunteer.

"We're just delighted we can offer this service to the community," Balsbaugh said.

Funds assist a variety of charitable agencies in the North Shore region. It takes several weeks to sort, check and price donated merchandise, organizers said.

"It's a beautiful sale, and what's nice, everything goes back to the community," said Tana Hitch of Northfield, also a volunteer and a former Kenilworth resident.

John Burnham of Skokie was perhaps the 40th person in line.

"I'm just here for old collectible toys," he said.

Burnham, who had never been to the sale before July 16, found one Holy Grail item early. A "Saturday Night Live" Church Lady doll spoke to him from its makeshift pulpit along a church wall upstairs in the toy room, he said.

Karie Angell Luc is a freelance reporter for Pioneer Press.

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Tilted Kilt sports bar opens in Skokie

BY MIKE ISAACS
Pioneer Press

In nearby Evanston, there was controversy and consternation when the well-known Tilted Kilt sports bar and eatery wanted to move into downtown a few years back.

It never did in the end.

In Skokie, the pub-style establishment, which, like Hooters, is well known for its waitresses and the “official uniforms” they wear, has been up and running now for over a month and without a lot of fuss.

Tritsis said there are more than a hundred Tilted Kilts in the United States and beyond — a few even in Canada now — but he and his partner own only the Skokie one. They are in the process of opening a couple others including one in Wrigleyville.

When the Tilted Kilt went before the Skokie Plan Commission for approval, there were a few objections, but nothing like those in Evanston that ultimately led the mayor to reject a request for a liquor license.

One difference in Skokie is that the Tilted Kilt has opened shop, not in Skokie’s downtown, but in a shopping center several miles to the south.

“We thought this was a good area, and it was underserved for what we offer,” Tritsis said. “We wanted to be part of the community here.”

Skokie’s Tilted Kilt has about 100 employees, about two-thirds of which are waitresses, Tritsis said.

“We’re sensitive to the needs of the community,” he said. “It’s atypical that people don’t want to have an establishment that’s giving a hundred jobs to the community, giving young people opportunity. This is a world-class place. I don’t think there’s any place like this in Skokie.”

The Tilted Kilt sits next to a Red Robin restaurant and a Buffalo Wild Wings in the east wing of Village Crossing, only a few miles away from Chicago and Lincolnwood. Skokie Chamber of Commerce Executive Director Howard Meyer said it’s a good fit for the new business.

“When they go into strip centers like this, it’s a whole different thing,” Meyer said. “We hear they’re doing fairly well here. It’s a nice mix.”

The Tilted Kilt is among the newest members of the chamber, which prompted a special chamber event during its grand opening July 14. A long array of pub food made up an impressive buffet; an Irish band performed; and “the Badpiper,” who bills himself as “the world’s only flame-throwing, punk rock piper,” added to the festivities.

The generous bar area and sit-down tables are divided by a “captain’s table,” like in all Tilted Kilt establishments. Tritsis said the franchise’s “captain’s tables” pay homage to the public houses of yesteryear where people from all walks of life gathered in one place to debate the issues of the day and to socialize.
Lincoln's Springfield home remains humble, timeless

The friendly, informative and deadly serious National Park Service rangers who guide you through Abraham Lincoln's home will tell you that Mary Todd Lincoln loved to host parties for up to 500 people at the modest frame house on Eighth Street in Springfield.

More than 150 years after the Lincolns moved to a much larger house in Washington, D.C., their Praire State domicile is still welcoming a steady stream of guests. Families, tour groups and buffs of history are able to enter through the very door darkened by the 16th President when he was a not-so-simple country lawyer.

Those of us who went there on our eighth-grade field trips in the late 1970s or as young parents in the 1990s will find that the historic home is as tidy and timeless as ever in 2015, decked out and protected to look just as Abe and Mary left it in February 1861 - or, at least, the way we all imagine they must have left it.

Last week, the two-story, expanded cottage-style structure was all dressed up for the looming Fourth of July, with red-white-and-blue bunting along its fence and maybe a few more tourists than on a normal Friday lining up for the free tickets to tours that start every 10 minutes.

Tip to the wise traveler: The Lincoln Home National Historic Site visitor's center just east of the home on Seventh Street opens its doors at 8:30 a.m. If you know how your day is shaping up, send an advance party to reserve tickets for any open slot between then and the last tour at 4:30 p.m.

They'll hold your tickets at the information desk until you arrive with your crew - though they will also advise you with a smile to pick them up 15 minutes early. Fourteen minutes before the tour starts, they will "give your tickets to someone else."

Upon arrival, you can pay $2 for one hour of parking in the visitor-center lot or 25 cents per 15 minutes at spaces on Seventh Street. You can also probably find a better deal on parking within a short walk, since Springfield is the emptiest city of 116,000 you will ever visit, and it seems even more abandoned when the Legislature has blown town for a holiday.

While waiting for your tour slot, the center has a surprisingly well-produced short film on the Springfield life of Old (and young) Abe. The unknown actor portraying Lincoln might make you forget Daniel Day-Lewis' meticulous but granny-voiced portrayal.

When your appointed hour approaches, your stroll to the house that takes you back in time, with the neighborhood filled with 19th-century homes and the surrounding streets covered in brown gravel, Before heading inside, the aforementioned tour guides will tell you in as folksy a way as possible to both spit out your gum before you go through the door and not touch anything once inside.

They will also tell you that a motion-detecting alarm will sound if you wander off a blue-carpeted path through the narrow hallways. You might start to wonder if Mary Todd had these installed for Lincoln's political rivals.

Once you're up the steps and in the parlor, the experience takes on a quiet sense of awe as you try to picture the man behind the myth going about his daily existence. Before he was a giant marble statue on the National Mall, we're reminded, Lincoln was a husband and father working for a living, walking to and from his office, building a better home than the log cabins of his childhood.

When you head out the back door past the family's original cast-iron stove, you're grateful that this humble home remains open to the people. You imagine that it will remain this way for your grandchildren to enjoy, especially if everyone remembers to ditch the gum.

No free money drops this year, apparently

Maybe you do, and maybe you don't.

Remember what the hot news story was last year at this time, that is. Not terrorism. Not minimum wage. Not the murder rate.

In case it has slipped your mind, the big story at this time last year was the hunt for hidden cash. It started in California (of course). Someone hid envelopes full of cash and placed clues where to find the dough on social media.

Turned out the mystery money-hider was a real estate investor who wanted to "give back." The clues he left urged finders to give some of the money to others. Though the interviews with finders I saw or read indicated people who found the money were going to keep the money.

Soon, not to be outdone in giving back, wealthy folks across the country picked up on the idea and started hiding money.

At the time, I wrote: If wealthy people want to amuse themselves by making people run around and grab for money - one envelope was apparently found at the bottom of a garbage can - that's their privilege. And their fun.

I also pointed out that the "give back" excuse was flawed. Maybe a rich person would find the money. What if - heaven forbid - Donald Trump found a money-stuffed envelope? How would that give back?

If the affluent really want to give back, I wrote, give where there is need, to cancer research, food pantries, and so on.

Well, that was a year ago.

The wealthy money-hiders must have grown tired of humiliating the peasants (you and me) by tempting us to rummage through garbage for a few dollars, or they have found another way of amusing themselves.

I haven't been able to find a single report this year of money-hiding. I guess all fads fade. Too bad, in a way.

I have this image of Gov. Bruce Rauner and Illinois House Speaker Michael Madigan poking through trash or reaching into drains in hopes of finding enough hidden cash to cure the state's financial ills.

PAUL SASSONE

Twitter @NewsSunDanMoran

Paul Sassone is a freelance columnist for Pioneer Press.
Flying Under the Radar: Pop goes the diet soda

If your business depends on selling Coca-Cola, Pepsi or some other carbonated beverage, you're not going to enjoy these next few words.

For a while, I couldn't log onto a news website without seeing a story about the dangers of drinking soda; it was as if the headlines and photos of supermarket soft drink displays were waiting to scare my eyes with every mouse click. Knowing that my love of diet soda wasn't my best thirst-mouse click. Knowing that soft drink headlines and photos of soda, it was as if the words.

As of this writing, I've now gone about 6-weeks without hoisting a can or bottle of anything from the fizzy drink family — and it's been a very wise choice in a number of ways.

After about a week, not only did I not miss drinking soda, but I began craving water. In the middle of the day, ice-cold, bottled water is now a must instead of a vending machine Coke or Pepsi. Now that my bottled water fix can get triggered simply by driving alongside a lake, I'm never too far from a Dasani, Aquafina or a faucet to fill an empty bottle. Is my body telling me that I need to make up for lost time and guzzle as much water as possible following years of pounding down diet drinks? That may be the case.

There also might be a drink-coloring effect going on as well. So far, I've had no interest in the many varieties of flavored bottled waters that look more like watered-down fruit juice. When I see them in the convenience store cooler I think, why would I want a 120 calorie-or-more drink that tastes like weak, just-add-water lemonade? For me, the zero-calorie, no-frills bottled water choices are working fine. However, I won't shy away from a berry or lemon-flavored clear water if it's available. No bubbles, please.

Scott is a freelance columnist.

Twitter: @viberider18

The importance of female-female friendships

Did you ever have one of those days where everything seems to be going wrong? Well, I definitely had that type of day last Friday.

First, I found out at least six people in various suburbs did not receive my son's Bar Mitzvah invitation even though I personally handed the invitations to an attendant at the post office two weeks prior. And those were only the ones I knew about. I was definitely panicked thinking there could possibly be more guests who also did not receive their invitations, but I wouldn't know about it since the RSVP date was still a month away. I then realized I was going to have to contact everyone on the list who had not yet replied to make sure they received their invitations.

Next, I realized my air conditioning did not seem at all cool enough and it was approaching 80 degrees in my house.

Last, two fabulous white, leather couches were about to be delivered from a highly reputable furniture store and I was extremely excited. When the couches arrived, the delivery man brought one down from the truck, opened the box, unwrapped the thick plastic and said, “Ma'am, I think you're going to want to see this and you also need to refuse this delivery!”

I really just expected there to be some small things in the couch legs or something minor like that, but when my husband Bill and I walked over to the truck we encountered the dirtiest, dingiest couch ever! There were at least eight different areas with dried-up, crusty spaghetti sauce or some other type of food and then each couch cushion had pen scribbled all over it. It also looked like someone had tried to get the pen out so there

SUSAN DUBIN

were cleaning stains over the pen marks.

Additionally, the white leather was now a dusty gray color and not in a fashionable-gray way. I began to think I might be on one of those hidden camera shows as a joke to see how people react in these types of situations, so I quickly made sure my hair looked camera-ready. But when I realized this situation was real, I was so disappointed. I could not believe such a well-respected store could deliver a couch that was so filthy one would not even want to sit on it in a neighbor's living room.

As the couch debacle played out, two of my gal pals, Gail and Betsy, stopped over to see how my fabulous new couches looked. When they walked into my boiling-hot house, they could clearly see I was in desperate need of a girls' night out. Gail and Betsy quickly whisked me away to several air conditioned furniture stores and then we went to dinner. I have to admit, by store number three, I was definitely feeling way better. And by the end of dinner, I had put everything into perspective to see that all of the earlier problems from the day could be easily solved. I really had a wonderful and relaxing evening and thought about how much the power of friendship helps in any situation.

The next day, I called up my friend Carolyn J. Lewis, LCSW, to discuss it.

"Women being with female friends actually helps reduce stress," says Lewis. "One particular study shows that when women experience stress, they release oxytocin, which encourages them to take care of others and be around other women. It also showed that women who had more female friendships were able to cope with stress more effectively."

"This is true from childhood through adulthood," says Lewis. "Women and girls need friends. Even with friends with whom I just agree with me and reinforce that I did the right thing or that my feelings are OK. She always just agrees with me and when I know that's what I need, I call her. I also have close friends who hear me and understand, validated and cared for, laughed at and laughed with," adds Lewis. "A close friendship like this often helps reduce stress," says Lewis. "One particular relationship is as important as any other.

To contact me about future columns or to be on my email list when I take a poll or do a survey, email gabbin@susandubin.com.

Dubin is a freelance columnist.
45 new sculptures invade Oakton College

BY SAMANTHA NELSON
Pioneer Press

Forty-five new works have settled in among Oakton Community College's sculpture park and taken over the school's Koehnline Museum of Art this summer.

Sculpture Invasion, which runs through Sept. 18 and is in partnership with Chicago Sculpture International, brings works of 3D art to campus. Five large works are positioned around the college's parking lot and the new Margaret Burke Lee Science and Health Careers Center, while 40 smaller pieces are on display within the museum.

The exhibit is extremely diverse, with pieces made from wood, metal, plastic bags, paper and wax. Some are free standing, while others are mounted on the wall. The mix includes striking images like Martin Chadwick's "Wise Owl," a bust of an old woman who appears to be sprouting plants from her shoulders; and Dominic Sansone's disturbing "Childhood Memory #120384," based on his recollections of watching news about the Bhopal disaster, where thousands of Indians died from toxic gas exposure.

"We're very fortunate that all these artists allow us to display their art," Oakton Community College president Joianne Smith said. "The sculptures are interesting to students and community members and bring community members to campus."

At an opening reception July 9, the artists toured the campus' museum wearing nametags to invite other visitors to talk with them about their work. Laurie LeBreton stood near her piece "Sentinels," a collection of 40 figures made from banana leaf paper that she painted in hues of yellow, pink, peach and gold and then cut and wrapped around balloons. The different shapes come from variations in how the balloons were inflated.

"Everything I do, I have limited control and I like that," the Chicago resident said.

The work is inspired by fierce-looking Haitian sculptures meant to guard sacred spaces that LeBreton saw on exhibit at The Field Museum of Natural History in Chicago.

The edges of each Sentinel are painted gold, mimicking the color's use to outline portraits of Russian religious icons.

Janice Elkins, director of Oak Park's Gallery Pink, came to the exhibit to see the works of artists she's mentored and whose work she's displayed.

"I'm a painter, but I love sculpture," she said. "This is a great show. The quality is excellent. I haven't seen anything like this in any of the colleges I've been in."

The school also is using the exhibit as a resource. Ceramics teacher Vesna Joyanovic of Chicago brought her students to see it since "Sculpture Invasion" includes several ceramic pieces.

"This is a very relevant show for them," she said.

"They're really scrambling right now to make all their projects, but this is a nice relief."

Student Amsa Issa of Glenview needed to write an essay on art for an English class and his teacher recommended visiting the exhibit to find a subject. While he said he isn't interested in art, Issa was captivated by Fred Klingelhofer's piece "Event 01.2000.015" and spent time chatting with the artist about his work.

Made from steel, the piece's name follows a convention physicists use to assign coordinates and a position in time for an event. This was Klingelhofer's first work of 2015 and his first wall-mounted piece. It is meant to show a body with a lot of gravity distorting space, a subject that interests the retired engineer who holds a degree in physics; though he said a friend of his who is a biologist also interprets the various shapes in the piece as parts of a cell. Klingelhofer said he is planning to make more sculptures following the same theme.

"I stayed away from being too technical, but why not put my technical background into it?" he said.

This is the third iteration of "Sculpture Invasion," following different members of the nonprofit Chicago Sculpture International exhibiting in 2007 and 2010.

"The 'Sculpture Invasion' series highlights the dedication of Oakton Community College to its art program," said curator Nathan Harpaz said. "This immediate encounter between art and viewers provides a source of inspiration, a foundation for developing sensitivity to aesthetics, and a tolerance and respect for artistic expression."

Sculpture Invasion
When: 10 a.m.-7 p.m. Monday-Thursday through Sept. 18
Where: Koehnline Museum of Art at Oakton Community College, 1600 E. Golf Road, Des Plaines
Cost: Free
More Information: 847-635-2633; www.oakton.edu/museum

"The Point" by artist Bill McGrath, made of steel and river rock.

Terrence Karpowicz, "Gift of Moses," bronze and granite.

FESTIVAL

Guide to county fairs

Area attractions offer affordable fun

BY ANNIE ALLEMAN
Beacon-News

With every town having its own festival, it's easy to forget that the county you live in celebrates too.

But what is more classic Americana than a county fair, with its 4-H livestock shows, giant midway, truck and tractor pulls, demolition derbies, rodeos and various talent competitions and cooking contests?

Here is a quick guide to the county fairs in northern Illinois.

Kane County Fair
When: July 15-19
Where: Kane County Fairgrounds, 525 S. Randall Road, St. Charles
Hours: 3-11 p.m. Wednesdays, noon-midnight Friday and Saturday, noon-9 p.m. Sunday.
Information: 630-668-6626; dupagecountyfair.org.

What's back: Spirit of DuPage beer and wine tasting event will be back at 6 p.m. July 24, as will the demolition derby ($10).

Must-see: Members of the Willis Clan, previous contestants on "America's Got Talent" who currently star on their own show on TLC, perform on the main stage at 6 p.m. July 23.

What else: Gold Medal Flour Cookie Contest 10 a.m. July 25, talent contest July 25, Latting Rodeo 1 and 6 p.m. July 25, carnival (mega passes available).

Lake County Fair
When: July 29-Aug. 2
Where: Lake County Fairgrounds, 1060 E. Peterson Road, Grayslake
Hours: 10 a.m.-11 p.m. July 29-30, 10 a.m.-11 p.m. July 31-Aug. 1, 10 a.m.-9 p.m. Aug. 2.
Cost: $8 for adults Wednesday through Friday and $10 on Saturday and Sunday. Seniors 65 and older and children ages 6 through 12 cost $5 daily. Children age 5 and under are admitted free. Military in uniform with ID free. Military and family (with active ID) $5. Military and veterans free on July 31. Cash only. Season passes (advance purchase only): adults, $35; children, seniors, military, $15. Family Fair Fun Pack, $25 for two adults and two children daily.

What's back: Carnival, Ag Adventure, banana derby races, barnyard races, live music in Festival Square, demolition derbies at 7 p.m. July 31 and 1 p.m. Aug. 2. Truck and tractor pull 6 p.m. July 30, Pro Rodeo Stampede at 2 and 7 p.m. Aug. 1.

Must see: "Sailor the Dog," a 20-month-old standard poodle, is going for a Guinness World Record for the longest distance by a dog walking while balancing on a ball at noon July 31.

Kankakee County Fair
When: July 29-Aug. 2
Where: 213 W. 40000 Road, Kankakee
Hours: Opens at 7 a.m. daily.
Cost: $8; kids 5 and under, free. $20 season pass. Kids 3-12, $5 daily. Seniors 62 years and older and military with ID free until 3 p.m. July 22, 23, 24.
Information: 815-932-6714; kankakeefair.org.

What's new: The Marvelous Mutts K-9 Spectacular (agility, Frisbee, dock diving and more) performing daily; Team Extreme motorcycle trials showcase daily.

Big Hat Rodeo puts on the rodeo at the Kendall County Fair.

WHAT'S BACK: Team Ice Cream Eating Challenge, 2:35 p.m. Aug. 1.

WHAT'S BACK: Western Speed show 1:30 p.m. July 30, truck and tractor pull 6 p.m. July 31, 4-H auction, livestock show, petting zoo, magic show and face painting.

Kendall County Fair
When: July 30-Aug. 3
Where: Kendall County Fairgrounds, 2015 Manchester Road, Wheaton
Hours: 8 a.m.-11 p.m. daily.
Cost: $10; children 3-12, $4; children 2 and under, free. Season pass, $30. Kids 3-12 free on July 22. Seniors 62 years and older and military with ID free until 3 p.m. July 22, 23, 24.
Information: 603-686-6636; dupagecountyfair.org.

What's back: Spirits of DuPage beer and wine tasting event will be back at 6 p.m. July 24, as will the demolition derby ($10).

Must-see: Members of the Willis Clan, previous contestants on "America's Got Talent" who currently star on their own show on TLC, perform on the main stage at 6 p.m. July 23.

WHAT'S BACK: Carnival, Ag Adventure, banana derby races, barnyard races, live music in Festival Square, demolition derbies at 7 p.m. July 31 and 1 p.m. Aug. 2. Truck and tractor pull 6 p.m. July 30, Pro Rodeo Stampede at 2 and 7 p.m. Aug. 1.

Must see: "Sailor the Dog," a 20-month-old standard poodle, is going for a Guinness World Record for the longest distance by a dog walking while balancing on a ball at noon July 31.

Kane County Fair
When: July 15-19
Where: Kane County Fairgrounds, 525 S. Randall Road, St. Charles
Hours: 3-11 p.m. Wednesdays, noon-midnight Friday and Saturday, noon-9 p.m. Sunday.
Information: 630-668-6626; dupagecountyfair.org.

What's back: Spirit of DuPage beer and wine tasting event will be back at 6 p.m. July 24, as will the demolition derby ($10).

Must-see: Members of the Willis Clan, previous contestants on "America's Got Talent" who currently star on their own show on TLC, perform on the main stage at 6 p.m. July 23.

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Cost: $8 for adults Wednesday through Friday and $10 on Saturday and Sunday. Seniors 65 and older and children ages 6 through 12 cost $5 daily. Children age 5 and under are admitted free. Military in uniform with ID free. Military and family (with active ID) $5. Military and veterans free on July 31. Cash only. Season passes (advance purchase only): adults, $35; children, seniors, military, $15. Family Fair Fun Pack, $25 for two adults and two children daily.

WHAT'S BACK: Team Ice Cream Eating Challenge, 2:35 p.m. Aug. 1.

WHAT'S BACK: Western Speed show 1:30 p.m. July 30, truck and tractor pull 6 p.m. July 31, 4-H auction, livestock show, petting zoo, magic show and face painting.

Kendall County Fair
When: July 30-Aug. 2
Where: County Fairgrounds at 10826 Illinois Route 71, Yorkville
Hours: 8 a.m.-11 p.m. July 30-Aug. 1, 8 a.m.-6 p.m. Aug. 2.
Cost: Admission costs $8 for adults; $4 for children ages 5-13; $5 for seniors 62 and up. Four-day passes are available. Free for active military personnel with ID.
Information: 630-553-2860; kendallcountyfair.org.

What's new: Team Ice Cream Eating Challenge, 2:35 p.m. Aug. 1.

WHAT'S BACK: Carnival, Ag Adventure, banana derby races, barnyard races, live music in Festival Square, demolition derbies at 7 p.m. July 31 and 1 p.m. Aug. 2. Truck and tractor pull 6 p.m. July 30, Pro Rodeo Stampede at 2 and 7 p.m. Aug. 1.

Must see: "Sailor the Dog," a 20-month-old standard poodle, is going for a Guinness World Record for the longest distance by a dog walking while balancing on a ball at noon July 31.

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Must see: "Sailor the Dog," a 20-month-old standard poodle, is going for a Guinness World Record for the longest distance by a dog walking while balancing on a ball at noon July 31.

What's new: Brett Eldredge, named new artist of the year at the Country Music Association Awards in 2014, performs at 7 p.m. Sept. 11 on the grandstand.

WHAT'S BACK: Tractor pulls at 12:30 and 6:30 p.m. Sept. 12, and demolition derbies at 1 and 3 p.m. Sept. 13. Live music, the Midwest's largest display of agricultural and home arts exhibits, carnival, FFA farm zoo, Indian Valley Theatre melodramas, cooking competitions.

Must-see: Vintage baseball 5 p.m. July 11 and the Northern Illinois Outlaws' "Showdown in DeKalb County" at 2 p.m. Sept. 12.
Out of Mel's Kitchen: Chicken joke inspires salad for a cause

Animal books celebrate our relationship with domestic and wild animals — and the pleasures and comfort they bring to humans. Page 6
Baker knows her way around fair contests

By Judy Buchenot
Naperville Sun

Naperville mom Cathy Williams enjoys a little competition. For the past seven years, she and her children have entered items at the DuPage County Fair and have a collection of winning ribbons, including some from the annual bake-off events.

"I enjoy trying to come up with something different to enter," said Williams, 50. "But I also just like to go and see what other people come up with."

The baking contests at the fair usually have a sponsor who requires the use of a specific ingredient. This year's bake-off is sponsored by Gold Medal flour so every recipe must include the company's flour. "One year there were two different contests. One for a lasagna recipe and one for a recipe using Ghirardelli chocolate. I decided to come up with one recipe that could be entered in both contests."

After many hours working with lasagna noodles and chocolate combinations, Williams came up with Turtle Lasagna, a baked dessert incorporating chocolate, caramel and noodles. She said the judges were a little surprised by the chocolate lasagna at first but then realized that the dish met the contest requirements, so they gave it a taste. The dish earned a third place ribbon in the competition.

This year's contest requires cookies to go with a cookie. "I start with a cookie that I like to eat and then add things to it," Williams said.

Along with baking, Williams also helps her children enter decorated magnets and other crafts and has submitted her own photography, poetry and crossword puzzles.

"We always go to the carnival part for the rides and then go see all of the animals. You can be close to the animals, which is really fun," Williams said.

Williams is close to finalizing this year's cookie entry, which is top secret—at least for now. "If you win, you have to give them the recipe," she said.

Since the recipes from her past entries are no longer secret, Williams shares them for others to try. The English Toffee Dessert is based on a favorite family recipe and won an honorable mention at the 2010 DuPage County Fair Ghirardelli Chocolate Contest. The second recipe is her fanciful version of lasagna that took third place in 2012.

Find more suburban cooks on page 4

DuPage County Fair Cookie Contest

See how your culinary skills measure up at this year's DuPage Gold Medal Flour Cookie Contest on July 25. Entries must be at the Expo Center building between 9 and 9:30 a.m. Entrants must be amateur bakers, 18 and older and must use at least 1 cup of Gold Medal flour in their cookie. Each entry should include a Gold Medal flour proof of purchase, a legible recipe and contestant's name, address and phone number. First place wins $200, second place $100 and third place $50. For complete rules, see www.dupagecountyfair.org/cook-off. Visit www.dupagecountyfair.org for the daily schedule.

Turtle Lasagna

4 no-boil lasagna noodles
15 ounces whole milk ricotta
4 ounces cream cheese, softened
2 large eggs
1 1/4 cups powdered sugar
3/4 cup unsweetened cocoa powder
1 1/4 cups whipping cream, divided
1 1/2 cups chocolate chips (milk chocolate or semi-sweet), divided
25 caramels, unwrapped
1 1/2 cups pecan, chopped

1. Fill a container with hot water and place noodles in it to soak for 10 to 15 minutes. Meanwhile, mix together ricotta, cream cheese, sugar, cocoa and eggs. Set aside.

2. Make a chocolate sauce by combining 1/2 cup whipping cream and 1/2 cup chocolate chips in a microwave-safe bowl. Microwave at 30 second intervals until chips are melted and stir until smooth. Then make a chocolate syrup by combining 1/2 cup of whipped cream and 1 cup of chocolate chips in a microwave-safe bowl. Microwave at 30 second intervals until melted and stir to combine. Drain noodles.

3. To assemble, butter an 8-inch by 8-inch pan. Pour in one-third chocolate sauce and smooth to an even layer. Layer in the remaining ingredients in this order, evenly smoothing out each layer: two lasagna noodles, one-third chocolate sauce, one-half ricotta mixture, one-half chopped pecans, one-half chocolate syrup, one-half caramel syrup.

4. Cover and refrigerate overnight. To serve, cut into squares and top each serving with whipped cream from the aerosol can.

English Toffee Dessert

1. Combine the crushed vanilla wafers and pecans. Evenly spread half of the mixture onto the bottom of an ungreased 9-inch by 13-inch jelly roll pan with 2-inch sides. Set aside the remaining half of the mixture.

2. Cream butter and sugar together in a medium bowl. Add egg substitute and beat until smooth. Melt chocolate and stir into butter mixture.

3. In a separate bowl, whip the whipping cream until soft peaks form. Fold the whipped cream into the chocolate butter mixture. Drop small spoonfuls of the mixture onto the cookie and pecan layer. Carefully spread the mixture into an even layer over the cookie layer. Sprinkle on the remaining cookie and pecan mix.

4. Cover and refrigerate overnight. To serve, cut into squares and top each serving with whipped cream from the aerosol can.

Cathy's Culinary Cue

Appearance is important when entering a contest. Instead of using a plain paper plate or an expensive piece of china, purchase an inexpensive but durable plate from a dollar store to display the entry.
Fowl humor

Chicken joke inspires salad for a cause

"Why did the chicken cross the road?"
Folks have been telling this little joke for more than 150 years. The timelessness of the joke makes it ideal for both kids and adults to put their own spin on. Sure the chicken crossed the road to get to the other side, but he also could have crossed the road to prove he could cock-a-doodle-do it!

I prefer to keep my punch lines on a plate. In my edible version of the classic chicken joke, my grilled bird crosses the road to snap up a few kernels of popcorn. After all, what chicken wouldn't prefer airy popcorn to average corn-based chicken feed? Seems obvious to me.

My robust and colorful salad features a "road" dividing the chicken elements from its popcorn treat. That street is paved with corn, red peppers, barley and chickpeas. Blue cheese adds a bit of decadence to the popcorn treat. Tossing the mixture results in a whimsical summer salad with an intriguing texture.

Join me as I take things to the next level by feeling hilly at the Oak Park and River Forest Day Nursery fundraiser Comedy & Cocktails July 25. Comics Kristen Lundberg, Andy Milne, David Gavn and others will be at the event. Ticket sales benefit the Early Childhood Education program serving pre-school aged children at The Day Nursery.

Comedy & Cocktails @ The Day Nursery

When: 7 p.m. Saturday, July 25 (adults only)
Where: Oak Park and River Forest Day Nursery, 1139 Randolph, Oak Park
Cost: $75; 4 comics, joke-inspired appetizers and a complimentary cocktail

Why Did the Chicken Cross the Road Salad

(Makes 8 servings)

FOR THE MARINADE:
2 large garlic cloves, minced
1/4 cup honey
1/2 teaspoon BBQ seasoning
1 teaspoon salt
1 teaspoon pepper
1/4 cup Balsamic vinegar
2 Tablespoons canola oil
4-6 skinless boneless chicken breast halves, patted to a near even thickness

FOR THE DRESSING:
1/4 cup Balsamic vinegar
2 Tablespoons honey
1 teaspoon minced garlic
2 teaspoons Dijon mustard
1/2 cup olive oil

FOR THE SALAD:
1/2 cup chopped chicken
1/2 cup Gorgonzola crumbs
4 cups spinach leaves
14.5-ounce can garbanzo beans, rinsed and drained
2 Tablespoons canola oil
2 teaspoons Dijon mustard
1/2 teaspoon minced garlic
1/4 cup olive oil
2 teaspoons BBQ seasoning
1/2 cup Balsamic vinegar
1/2 cup honey

FOR PLATING:
1 1/2 cups fresh popped corn
1 1/2 cup Gorgonzola crumbles
4 cups spinach leaves
10-15 grape tomatoes, halved
1/2 of a red onion, thinly sliced
1/2 cup chopped fresh parsley

1. Whisk the marinade ingredients together in a medium bowl until thoroughly combined. Place the chicken in a re-sealable bag and pour the marinade over the chicken. Seal the bag and place in a bowl in the refrigerator overnight.

2. To make the dressing place all the ingredients in a jar or Tupperware, cover and shake well to combine. Refrigerate overnight or, if preparing on the same day you are serving the salad, allow to the dressing to sit at room temperature while you prepare the rest of the salad.

3. Prepare a medium-hot fire in a charcoal or gas grill. Remove the chicken from the marinade and discard the excess marinade. Oil the grates and grill the chicken breasts on 5 minutes on one side until well marked and flip. Continue cooking until an instant read thermometer registers 160 degrees (about 5 additional minutes). Allow the chicken to rest for 15 minutes while you prep the rest of the salad.

4. To prepare the salad heat the olive oil in a large skillet and add the chopped red pepper. Allow the pepper to cook over medium low heat until just beginning to soften. Add the corn and season well with salt and pepper. Toss well until corn is bright yellow and crisp-tender (about 5 minutes). Transfer the corn and peppers to a large mixing bowl. Add the cooked barley, garbanzo beans, grape tomatoes, red onion and parsley. Just before serving add the dressing and toss well to combine.

5. To serve, place 1 cup of spinach on each of four plates. Slice the chicken breasts and arrange on one side of the plate and garnish with two sections of hard boiled egg. Create a "road" of the corn and barley mixture down the center of the plate. Arrange the popcorn and blue cheese on the other side. Variation: Substitute diced pepper jack cheese for the blue cheese and eliminate the popcorn from the recipe. Dice the grilled chicken and mix all the salad ingredients well in a large bowl with the dressing to make a lovely chopped chicken and barley salad.
SUBURBAN COOKS

Cook uses native Puerto Rican flavors

By Judy Buchenot
Beacon-News

America may be a melting pot of many ethnic groups, but it's still possible to experience authentic cultural flavors thanks to events like the 44th annual Aurora Puerto Rican Heritage Festival in RiverEdge Park July 25 to 26. A parade, music and food are part of this two-day celebration of a rich cultural heritage.

"It is a time when we celebrate our culture but also embrace other cultures," said J.J. Negron, president of the Aurora Puerto Rican Cultural Council, which sponsors the event. "Everyone is welcome to attend and experience the food, music and culture."

Negron, 37, is from Puerto Rico and came to the United States in 2007 to attend Loyola University. He now lives in Aurora and is an attorney with Gil Law Group in Aurora.

Negron said there is an interesting mix of flavors in Puerto Rican food. "First there are the flavors of the native people, the Tainos," he said. "They cooked with a lot of root vegetables, beans and some corn. But then the Spaniards came and then Africans were brought to Puerto Rico to work. So Puerto Rican food is a mix of native Taino, Spanish and African food. There are some similarities to Creole cuisine."

"There is a lot of rice in Puerto Rican dishes. Back home, we had rice every day. It was often Arroz Con Gandules or as it is called here, Puerto Rican rice. It is basically rice with peas."

According to Negron, a common seasoning used as the base in many dishes is sofrito. "It is used in many countries, and each person makes sofrito a little differently," Negron said. A common mix is onion, garlic, Cuban peppers, cilantro, ajices dulces, tomatoes and red bell pepper. Ajices dulces are a variety of sweet peppers. The ingredients are chopped fine and used as a starting point for many dishes. Another common seasoning used in Puerto Rican dishes is sazon, a finely ground mix of cilantro, garlic, achiote and salt that can be purchased already mixed together.

Puerto Rican cuisine includes many appetizer-size dishes like cod fritters, which are battered and deep fried, or turnovers filled with ground beef, shrimp or seafood. A common street food is alcapurrias, which starts with a mixture of taro root and green bananas and is filled with a variety of ingredients like ground beef, potato and olives. The alcapurria is then deep fried to create a perfect hand-held meal. A popular soup is asopao which Negron describes as "a gumbo-like soup with chicken, vegetables and rice. It is very common during winter holiday when the temperatures go down to like 60 degrees, which is cold for Puerto Rico." Negron said that seafood was the main staple in Puerto Rico many years ago, but now chicken, pork and beef have become more popular.

Puerto Rican desserts are harder to find in the United States Negron said. "Tembleque, a flan-like custard that has a coconut flavor is common in Puerto Rico and so is quesito, a pastry that is filled with cheese."

Funds raised during the Puerto Rican Heritage Festival go toward scholarships awarded by the Aurora Puerto Rican Cultural Council. "When this organization was formed more than 30 years ago, it was all first generation, blue-collar families. They were determined that the next generation should get an education and established scholarships," Negron said. "Today, our board members are all professionals. Values are very important in our culture, and we value education along with many other things."

Negron invites the community to come for a taste of Puerto Rican food and culture during the festival. He also shares his recipe for sofrito, which can be used to make his Puerto Rican Chicken with Rice.

Puerto Rican Chicken with Rice

Sofrito

1. Peel onions and garlic. Remove seeds and stems from peppers and tomatoes. Coarsely chop the onion and cubanelle peppers in a food processor.
2. With the motor running, add remaining ingredients, one at a time, and process until smooth.

Puerto Rican Chicken with Rice

1. Season chicken with adobo or salt and pepper. In a large pot, cook chicken in oil until lightly browned, about five minutes per side.
2. Remove chicken and set aside. Add sofrito, tomato sauce, olives, capers and garlic to the same pot. Mix well and cook over medium heat for five minutes.
3. Add the sazon, chicken and rice to the pot. Stir to mix.
4. Add boiling water until water is about 1 inch above the rice. Boil uncovered on medium heat until all the water is absorbed. When water is absorbed, stir gently from bottom to top. Cover pot with aluminum foil and then cover with the lid. Continue to cook over low heat for another 30 to 35 minutes or until rice is tender.

44th annual Puerto Rican Heritage Festival

When: Noon-10 p.m. Saturday and 1-9 p.m. Sunday in downtown Aurora at Broadway Street and Downer Place. Parade is at noon Sunday.
Where: RiverEdge Park, 350 N. Broadway St., Aurora. Parking available at Aurora Transportation Center.
Cost: Admission is $5 per person, children 5 and younger are free.
Information: www.auroraprrcc.org

J.J.'s Culinary Cue

To ensure a tight seal while steaming or roasting, place a layer of aluminum foil over the pot and then put the lid in place.
Dear Help Squad,

I really need your help. In March, I fractured my wrist, and landed in the emergency room. I was told to follow up with a doctor three days later and I made an appointment at Illinois Bone & Joint Institute. There, I met with a doctor for literally five minutes. He sent me two doors down to get a removable cast and told me to come back in three weeks. I paid for the cast and didn't really care for the doctor, so decided not to go back.

I got a bill from Illinois Bone & Joint for over $1,000 (this was in addition to my ER bill, which was over $1,000). The bill was broken up as follows: $153.50 for office consultation, $875.45 for fracture care. Additionally, my Blue Cross Blue Shield explanation of benefits stated “surgery” — which I absolutely did not have.

I went ahead and paid for the office consultation as I felt that was exactly the service that was performed. I have spoken to four people at IBJI and in the last conversation was told that fracture care was a cost for all follow-up care related to the fracture. It was my choice not to come back and they could do nothing about the bill. I am not one to shirk on my bills, and feel that this is down and out fraud! Why should I have to pay a doctor for services that were never performed? Can you help?

Thanks in advance,
Debbie, Highland Park

Upon reaching out to Illinois Bone & Joint Institute, we were put in touch with administrator Maureen Zizzo. Help Squad presented Debbie's complaint to her and she researched the situation and got back to us. Zizzo and Blue Cross Blue Shield of Illinois educated Help Squad on the billing of “bundled,” “package” or “global” medical services.

When a patient comes to IBJI for treatment of a fracture, he/she receives a bundled bill, Zizzo said, which covers all follow-up visits relevant to the fracture.

“Bundled payment is very common,” Zizzo said. “Ninety days post-operative care is included in that payment. Fracture care is categorized by the insurance companies, including BCBS, as surgery.” Zizzo added, “Insurance companies expect fracture care to be billed as a bundled payment. ... We do get a lot of questions about this (from patients).”

Mary Ann Schultz, senior manager of media relations and public affairs for BCBS of Illinois, confirmed IBJI’s explanation: “According to current procedural terminology (CPT) guidelines, fracture care is billed as a ‘package’ or ‘global’ service. This means that at the time of initial care, a charge is generated that includes evaluation of the fracture, application of the first cast or splint (there will be a separate charge for supplies) and 90 days of normal, uncomplicated, follow-up care.

Per all of the above, even though Debbie chose not to return to the IBJI doctor, she was technically responsible for the global bill she received.

“According to all standards of care, in this case the doctor did exactly what he was supposed to do, and there was no billing mistake,” Zizzo said. “However, we failed to communicate effectively with the patient. For this reason, we reached out to (Debbie’s) insurance company and were able to write off the fracture care charge for her.”

Zizzo additionally recommended that if a patient contacts billing with a concern about a charge for which they feel they are receiving an inadequate response, they should speak with an administrator or manager. Once everything was resolved, Help Squad received the following email message from Debbie: “I feel like the consumer won today and I can’t thank you enough for all of your help. I really hope this makes others not afraid to speak up for themselves.”

Need help?
Send your questions, complaints, injustices and story ideas to helpsquad@pioneerlocal.com and we will be happy to help you.
Books take readers on wild adventures

By William Hageman | Chicago Tribune

The latest shipment of reading material unleashes a veritable menagerie: cats, dogs, chickens, elephants and even dolphins get their due. Here's a summary:

By Andrew Knapp (Quirk): Momo "Find Momo: Coast to Coast"

"The Good, the Bad and the Furry" by Tom Cox (St. Martin's Press):
Among the things British writer Cox came away with after his divorce was a herd of cats: Janet, Ralph, Chipley and The Bear, the latter being the master of Cox's household. The Bear is the star of this funny and charming book, in which Cox relates how he manages to survive in a feline world.

"Find Momo: Coast to Coast" by Andrew Knapp (Quirk): Momo has been traveling the country with photographer Knapp, who takes his photos of Momo posed inconspicuously in landscapes. The focus is on the big picture; but look close, and, yes, there's Momo peeking out from behind a tree in Union Springs, Ala., or relaxing on the steps of the Lincoln Memorial.

"When Fraser Met Billy" by Louise Booth (Atria Books):
Fraser is a child diagnosed with autism and a muscular disorder; Billy is a gray cat found in an abandoned house. Their bond turned Fraser from a tantrum-throwing toddler into a happy child with a bright future. "When Fraser Met Billy" provides an interesting look at the subject of companion animals.

"The Intimate Bond: How Animals Shaped Human History" by Brian Fagan (Bloomsbury Press):
Fagan, emeritus professor of anthropology at the University of California at Santa Barbara, does a masterful job of researching and explaining how humans and animals are intertwined, and how our survival would have been a much different story without them.

"Beyond Words" by Carl Safina (Henry Holt):
Every pet owner wonders what her cat or dog may be thinking, but Safina takes a scholarly approach to the topic. He has spent decades observing animals in the wild and explains the surprising similarities between us and them.

"James Herriot's Dog Stories" and "James Herriot's Cat Stories": Works republished by St. Martin's Press. "Dog Stories" features 50 stories by the man who once said, "I knew I wanted to be a dog doctor, so I could spend all my time with dogs." But Herriot, who died in 1995, didn't slight his feline friends, and "Cat Stories" offers 10 tales in a new gift edition.

"Elephant Company" by Vicki Constantine Croke (Random House): J.H. Williams was a British soldier who operated behind enemy lines after Japan invaded Burma in 1942. He oversaw a group of war elephants that carried supplies, ferried the sick over the mountains and helped build bridges. Croke's book details the heroism of Williams and his elephants.

"Mr. Wilson Makes It Home" by Michael Morse (Skyhorse Publishing): Michael and Cheryl Morse had not gotten over the loss of their two dogs, both euthanized the same day three years earlier. Into that gloom skittered Mr. Wilson, a schnauzer-poodle mix and runaway. Morse describes how Mr. Wilson turned his and his wife's lives around.

"A Kid's Guide to Keeping Chickens" by Melissa Caughey (Storey Publishing): Dogs? Cats? Goldfish? Gerbils? So old school. Caughey explains how to turn a child's love of animals into a different type of pet experience, one with fresh eggs. She covers everything, from choosing the right breed to setting up a backyard home.

PET OF THE WEEK

Meet Attina. She is an 18-month-old spayed cat. Attina is looking for a new home after her former owner had to move into a nursing home. She can be a little bit shy at first, but quickly begins to show her loving personality. She is friendly, calm and loves to be held.

NAWS cats are spayed/neutered, microchipped, and up-to-date on vaccines. Contact NAWS at 708-478-5102, email wendy@nawsus.org, or stop in at 9981 W. 190th Street, Mokena, IL to meet our wonderful cats.
Love Essentially

9 things every woman should carry in her purse

It's one of life's little joys, a small but intensely gratifying item that can instantly transform a woman's demeanor and self-confidence level from below average to movie star. I'm talking about a new handbag.

There's something about a this-season Prada or a timeless Louis Vuitton hanging on a woman's shoulder that in some way makes us feel fashionable, pretty, sexy and happy. I should know, as I recently nabbed a Tory Burch on sale at a Nordstrom sale a few days ago.

But as I was cleaning out my old, worn-out bag, throwing away old receipts and gum wrappers, and transferring all of my "stuff" into my new bag, I realized something. What a woman carries in her purse is just as important, if not more important than the purse itself.

Here are nine things a woman needs in her purse to make her feel like the best woman she can be:

1. Lipstick: I actually dedicated an entire column a few months ago to the importance of wearing lipstick and how it can improve your love life. Colorful lips make a woman feel so pretty that she will actually walk with better posture, and exude more self-confidence, thereby becoming much more attractive to others.

2. Photos of your loved ones: Need a little boost of happiness and/or hope? You'll find it in the faces of your parents, siblings, kids and spouse. Whether you have them stored in your phone or taped into a tiny photo album, looking at photos of the ones you love most will offer strength and courage when you need it.

3. Resume: Several years ago, a former executive at the company where I worked told a group of us that our resumes should always be updated and readily available. "I'm not telling you to quit the company," he said. "I'm telling you to be prepared at all times for an opportunity that can present itself when you least expect it."

4. Bottle of water: I'm not a health expert, but here's my rationale for carrying water in your purse. Mayo Clinic recommends women drink 2.2 liters of water per day. If you're anything like me, you're on the go all day with little access to water. If it's in your purse, problem solved.

5. A symbol of faith: Spirituality has gotten me through some of the roughest times in my life. I'm not telling you to start going to church or synagogue on a weekly basis if that's not your thing. But having faith and talking to God — wherever you are — can be comforting and can offer hope. Carrying a symbol can offer added inspiration and the feeling of safety.

6. A symbol of luck: A four-leaf clover, a lucky penny, a horseshoe, a wishbone, a fortune cookie fortune or some other personal item should be kept with you. A little extra luck never hurts.

7. Breath mints: It was not until a former boyfriend alerted me to the fact that my breath left something to be desired right around the 3 p.m. hour that I made the conscious decision to carry breath mints with me at all times. Carrying mints in your purse will give you the assurance that others are focusing on what you are actually saying as opposed to the bad odor coming out of your mouth.

8. Tissues: I have a dear friend who is a true lady in the sense that the second she sees a woman begin to cry she hands her a tissue. I've seen it happen a couple dozen times. It's remarkable. The women are so appreciative. And, I don't know a woman over 40 who doesn't cry at the drop of a hat, so you do the odds.

9. A memento from your true love: It can be a love letter written on a sticky note, ticket stubs from your first concert together, or even the ribbon from the first gift he ever gave you. Whatever it is that's in your purse brings him closer to you, making you feel special and loved, and giving you the confidence that your someone is always by your side.

Jackie Pilossoph is a freelance columnist for Pioneer Press.

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ROUNDUP | SCIENCE FICTION

Aurora
By Kim Stanley Robinson, Orbit, 471 pages, $26

Ever since Einstein, interstellar travel has been a problem for science-fiction writers. Relativity insists we can't travel faster than light, and even if we could get close, the nearest planetary systems are many years away. Writers have usually dealt with this in two ways. One involves things like warp drives, wormholes or alien technologies — mostly based on physics that hasn't been invented yet and probably won't be — and the other involves the “generation starship,” a self-contained artificial world designed for a voyage that will last decades or even centuries, with descendants of the original population arriving at the destination. Kim Stanley Robinson, a rare contemporary writer to earn a reputation on par with earlier masters such as Isaac Asimov or Arthur C. Clarke, characteristically approaches science-fiction ideas with a critical eye, and “Aurora,” his version of the generation starship tale, is likely to surprise some science-fiction readers.

In 2545, a starship began a 170-year-long voyage to Tau Ceti in hopes of finding a habitable planet, and as the novel opens the ship has begun the long process of deceleration in the final decade of its voyage. The brilliant chief engineer Devi seems able to resolve crisis after crisis in classic sci-fi form, but the story eventually returns to Freya and Ship.

Wylding Hall
By Elizabeth Hand, Open Road, 148 pages, $4.99 e-book

Elizabeth Hand is, in the best sense, perhaps the leading aesthete among contemporary fantasy writers. Her novels touch upon Andy Warhol's Factory, Shakespearean theater productions, Victorian painting, punk photography and even Arthur Rimbaud, and in “Wylding Hall” she turns her attention to the British folk revival of the 1970s, when bands such as Fairport Convention seemed to be trying to channel an earlier era of English magic and mystery. The novel is narrated, at a distance of several decades, by the swordswoman Julian, whose manager hoped to get an album completed by sending the band to a remote manor house in rural England during the summer of 1972. But anyone who's ever read a British ghost-story knows that remote manor houses are not to be trusted, and parts of this one date back to the Tudor era, with hidden staircases, secret rooms, a long-abandoned library and possibly a ghost. The album gets made, almost by accident, but at a cost the band's gorgeous and charismatic lead singer Freya — and the ship itself, which narrates much of the novel while trying to learn how to tell a tale in human terms. The part that may surprise science-fiction readers is what happens when the starship reaches its destination, but what should satisfy all readers of literate, character-based narratives is what happens after that, both to Freya and Ship.

CHICAGOLAND BEST-SELLERS

2. “All the Light We Cannot See” by Anthony Doerr (Simon & Schuster, $27).

Participating bookstores: Barbara's Bookstores (Chicago), The Book Cellar (Chicago), Anderson's Bookshop (Naperville), The Book Stall at Chestnut Court (Winnetka), Women & Children First Bookstore (Chicago), The Book Table (Oak Park), The Bookstore (Glen Ellyn).

NEW IN PAPERBACK

Liberty's Torch
By Elizabeth Mitchell, Grove, 310 pages, $17

Mitchell explores the history and construction of the Statue of Liberty, which was initially envisioned as a lighthouse for the Suez Canal. Mitchell looks also at how her own father, designer Frédéric Auguste Bartholdi took his concept to the United States after failing to win the commission for the canal, and his creative fundraising methods, including displays of the statue's head and torch before construction was completed.

Perfidia: A Novel
By James Ellroy, Vintage, 704 pages, $16.95

On the brink of World War II, the murder of a Japanese family brings four people to a crossroads of crime, politics and history: LAPD captain William H. Parker is consumed by liquor and a questionable ideology; Sgt. Dudley Smith is an ex-IRA killer and war profiteer; Hideo Ashida, the only Japanese-American on the force, is the chemist on the scene; and Kay Lake is a 21-year-old looking to get her kicks.

The Underground Girls of Kabul
By Jenny Nordberg, Broadway, 367 pages, $15

Nordberg investigates “bacha posh,” the Afghan practice of raising a girl as a boy to the outside world. Nordberg offers examples: the female parliamentarian who chooses to raise her fourth daughter as a boy, the tomboy teenager who refuses to be turned back into a girl; a married mother who was raised a boy; and an undercover female police officer.

The Accidental Apprentice: A Novel
By Vikas Swarup, Minotaur, 436 pages, $16.99

Sapna Sinha is a simple salesgirl in a Delhi electronics store when she gets a life-changing offer from Vinay Mohan Acharya: She can become the next CEO of his $10 billion business empire if she can pass seven tests from his “textbook of life.” As she begins her journey through India's back streets, Sapna ponders whether the tests are real or a bizarre fantasy.

Land of Love and Drowning: A Novel
By Tiphanie Tanine, Riverhead, 401 pages, $16

As the Virgin Islands are transferred from Danish control to American rule in the early 1900s, an important ship sinks in the Caribbean Sea. From the shipwreck come two orphaned sisters and their half-brother, all of whom possess magic but now face an uncertain future and an unusual identity for the ensuing three generations that follow them.

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LIMIT OF 1 COUPON PER HOUSEHOLD PER DATE. Any other use constitutes fraud. Coupons not authorized if purchasing products for resale. VOID if transferred, sold, auctioned, reproduced or altered from original. You may pay sales tax. Do not submit to Procter & Gamble.

MANUFACTURER COUPON 
EXPRESS 08/22/15
0037000-111859

$1.50 OFF
TWO Always® Pads, Pantiliners 30 ct or higher OR Feminine Wipes Products (excludes Always Discreet and trial/travel size)

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MANUFACTURER COUPON 
EXPRESS 08/22/15
0037000-111858

50¢ OFF
ONE Always® Pad, Pantiliners 30 ct or higher OR Feminine Wipes Product (excludes Always Discreet and trial/travel size)

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MANUFACTURER COUPON 
EXPRESS 08/22/15
0037000-111853

$2.00 OFF
ONE Tampax® Pearl™ OR Radiant™ Tampon 16 ct or higher

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0073010-111855
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3X Drier
so your baby can sleep soundly all night

Vs. a leading value brand. Based on size 6. Average if 0.23 grams was after 3 typical wettings over 15 minutes.

BABY CARE

Locks away wetness better than Huggies Snug & Dry**

Save up to $150 per year vs. Huggies Diapers*

*Comparison of Luvs diapers versus Huggies diapers based on our size consumption and Nielsen average non-purchased at price 3 months ending 05/02/2015.
**Size 6 only.

P&G brandSAVER

$2.00 OFF
TWO Bags OR ONE Box Pampers® Diapers OR Pants (excludes trial/travel size)

CONSUMER: LIMIT ONE COUPON PER PURCHASE of products and quantities stated. LIMIT 5 IDENTICAL COUPONS PER HOUSEHOLD PER DAY. No other coupons, discounts, or trade-in offers may be applied. Any other use constitutes fraud. Coupons not authorized if purchasing products for resale. VOID if transferred, sold, auctioned, reproduced or altered from original. Such coupon is void if used to purchase products for resale. Copies not acceptable.

MANUFACTURER COUPON
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0037000-111842

$50c OFF
ONE Pampers® Wipes 56 Ct or higher (excludes trial/travel size)

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MANUFACTURER COUPON
EXPIRES 08/22/15
0037000-111843

$3.00 OFF
TWO Boxes Luvs® Diapers (excludes trial/travel size)

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MANUFACTURER COUPON
EXPIRES 08/22/15
0037000-111841
HAPPY HOME

TAKE A BIT OF HOME BACK TO COLLEGE.

BONNIE ORIGINAL
2X MORE ABSORBENT*
So the Roll Can Last Longer (*vs. leading ordinary brand)

CHARMIN ULTRA
USE UP TO 4X LESS*  
*vs. leading bargain brand

DERMATOLOGIST TESTED  
GENTLE ON SKIN

HAPPY HOME

ONE SHEET cleans up quickly and lasts through a surprising number of jobs.

It's not a paper towel. It's a multi-surface cleaner.

from sinks...

to surfaces...

$1.00 OFF
TWO Bounty® AND/OR Charmin® Products  
(excludes single rolls and trial/travel size)

25¢ OFF
ONE Charmin®, Bounty® OR Puffs® Product  
(excludes To Go Packs and trial/travel size)

50¢ OFF
ONE Bounty® with Dawn® Product  
(excludes trial/travel size)
WASH AWAY ODORS
WITH FABRIC REFRESHER

NEW

WASH AWAY ODORS
WITH FABRIC REFRESHER

School Days are Messy.
Get a Thorough Clean in Minutes.

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Get Free Febreze®
With coupon, get one Febreze product with purchase of two.
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Wish you could wash it?

Happy Home

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CLEANS

CONDITIONS

FRESHENS

BETTER TOGETHER

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Walk-ins welcome the day of the event!
The Wright Stuff: Playwrights, specifically

BY S.N. | EDITED BY STANLEY NEWMAN
(stanxwords.com)

Across
1 Plane tracker
6 Flamboyant surrealist
10 Flowing rock
14 Freshen
19 Submit a paperless return
20 CNN anchor Burnett
21 Corporate higher-up
22 From Cork
23 Glengarry Glen Ross playwright
25 Crimes of the Heart playwright
27 House addresses
28 Money in Iran
30 Pair in “magazines”
31 Words from the sponsors
32 Subatomic particles
33 CSI procedure
37 For a spell
41 “Same here”
42 Ivy League school
43 Venerable news service
44 When compared to
45 “Night, Mother” playwright
48 —Xer
49 Cinnamon sources
51 Casual shirt
52 Sewing lines
53 Overflow
54 I love: Lat.
55 Foraspell
56 Cinnamon sources
57 Casual shirt

Down
1 Start over with
2 Miles away
3 Hard-to-please actress
4 Landed
5 Phone feature
6 Senior members
7 Chair supports
8 Be situated
9 Actually
10 Source for cedars
11 Skating leaps
12 American Legion members
13 German interjection
14 German mathematician
15 Klee contemporary
16 Nothing at all
17 Language ending
18 Tot’s question
19 Ye — Shoppe
20 Compass pt.
21 Pollen spreaders
22 Pop singer Mann
23 Top-level Scouts
24 “The Piano Lesson” playwright
88 Stable sound
87 Stalemate
86 PlayStation rivals
85 Fox hunting cry
84 Chisholm Trail end
83 Gear tooth
82 “Six-pack” muscles
81 Descendant
80 Insect of fable
79 Boone’s nickname
78 Sector
77 Span of time
76 Shopping plazas
75 Carries on
74 Salon colorants
73 Hamlet and family
72 Wear down
71 Run under water
70 Congestion locale
69 Tennis great
68 Judging, with “up”
67 Slow tempo
66 “If I Only Had a Heart” singer
65 Library stamp
64 “For sale”
63 Ending for nickel
62 Employment
61 Pike
60 Nissan rival
59 “The Zoo Story” playwright
58 Stevenson who faced Eisenhower
57 Handy person
56 Sculpted form
55 The Wright Stuff
54 “You've got mail”
53 Shopping plazas
52 Shopping plazas
51 Shopping plazas
50 Alternatives to Seals
49 Alternatives to Seals
48 Alternatives to Seals
47 Expectation exclamation
46 Dress carefully
45 Chair supports
44 “The Zoo Story” playwright
43 “The Zoo Story” playwright
42 “The Zoo Story” playwright
41 “The Zoo Story” playwright
40 Printer supply
39 The Birthday Party playwright
38 Frisbee maker
37 Trip to the plate
36 “If I Only Had a Heart” singer
35 Swimwear name
34 Anna Christie playwright
33 “The Piano Lesson” playwright
32 Singer Frankie or Cleo
31 Sangria
30 Money in Iran
29 Small amount
28 Money in Iran
27 House addresses
26 Salon colorants
25 Crimes of the Heart playwright
24 Data-sending device
23 Top-level Scouts
22 Pop singer Mann
21 Pollen spreaders
20 Compass pt.
19 Ye — Shoppe
18 Tot’s question
17 Language ending
16 Nothing at all
15 Klee contemporary
14 German mathematician
13 German interjection
12 American Legion members
11 Skating leaps
10 Source for cedars
9 Actually
8 “The Piano Lesson” playwright
7 Senior members
6 Chair supports
5 Phone feature
4 Landed
3 Hard-to-please actress
2 Miles away
1 Start over with

Last week’s answers appear on the last page of Puzzle Island

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**Jumble**

Unscramble the six Jumbles, one letter per square, to form six words. Then arrange the circled letters to form the surprise answer, as suggested by this cartoon.

<table>
<thead>
<tr>
<th>W</th>
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</table>

**Sudoku**

Complete the grid so each row, column and 3-by-3 box in bold borders contains every digit 1 to 9.

```
 7 1 9
 3 5 4
 2 8 6
```

**Print Your Answer in the Circles Below**

```
 5 6 2
 3 1 4
 7 9 8
```

Last week's answers appear on the next page.

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Crossword

Last week's crosswords

"Full Houses"

ESSAY SPAS FLIT HOP
LATTE MAMA ARENA COMA
ELLEN SORA ARENA KEEP PER
VAPORIZING GRANTS ERINE
TONE TRUTH KON
BOOK TOOE SAVING OUR
ZAP PALADCEE OSL
ACHE POLO ROAR FOAL
RUSTY FOOT FOR KID BAIN
HEE NEEDS THE BARON
IDEAS BEAM CONGRESS
ALASKA ALLAH ARAB
UNH VIRGINIA RAB BELL
MISDIE BEEBRI MILDLY
ANKLET TEDDOS PARTIAL
BANANA PEEL ADAM ANDEVE
THRO TINY DAD DOPR

"The People's Choice"

ASAP POT BANANA
REMO ORO AMUSED
CAMPAIGN PROMISE
STPIN YEN BATS
ARTS NUKU
STD YOUR MERGED
TOED URI ROLL
EXPECTED OUT ROLL
VIOLA RUN IN ERDE
ENTERS PEWS YES
GYPS SILL
ASEA ALL SO THEE
VICTORY SPEECHES
INHERE ALL KEYS
OADDY DAD Y SOSO

Last week's Quote-Acrostic

"Full Houses"

(BILL) COSBY: CHILDREN'S PASSION:
Nothing separates the generations
more than music. By the time a child is
nine, he has developed a passion for his
own music that is even stronger than
his passion for procrastination or weird
clothes.

Last week's Sudoku

This week's Jumble

HERMIT OBLONG PLEDGE
INFAMY BLAZER UNDULY
The twins' stock market investments
made it possible for them to—
DOUBLE THEIR
MONEY

chicago
tribune.com/games

Interactive
puzzles and
games
The Village of Skokie reserves the right to accept any bid that the Village deems to be in the best interest of the Village, as determined by the Village Board. The sealed bids will be publicly opened and read at the Village Board Meeting on Monday, July 23, 2015 at 7:30 PM in the Village Board Room, 1000 N. pleasant Avenue, Skokie, IL 60076. The sealed bids will be available for public review at the Village Office, 1000 N. pleasant Avenue, Skokie, IL 60076, until 4:00 PM on the day of the opening. In the event that no bid is received, or if any bid is found to be inadequate, the Village may reserve the right to reject all bids and to reschedule the sale.

The Village of Skokie reserves the right to reject any bid that the Village deems to be inadequate, or if any bid is found to be inadequate, the Village may reserve the right to reject all bids and to reschedule the sale.

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Helicopter parenting robs teens of needed life lessons

By Richard Asa
Tribune Newspapers

People who constantly hover over and micromanage their children's every move have become a subculture known as "helicopter parents." It's so common that societal angst has been amply expressed over its negative impact on our presumed leaders of tomorrow.

But, most of the hand-wringing has been over young children. What about teens and college students?

Teens' cognitive development, perception of the world and influence from peers is very different than when they were 6, experts say. Brain-wise, their prefrontal cortex — governing impulse control and emotional stability — is not fully developed and won't be until their early-to-mid 20s, says Richard Horowitz, a parenting coach and author of "Family Centered Parenting" (Morgan James Publishing).

That makes them particularly vulnerable because developmentally they can make independent decisions if allowed to, but they don't have the fully developed judgment needed to prevent risky decisions, Horowitz says. That means they need parents who can and are willing to guide them when necessary without usurping their freedom.

"Not an easy task, and it will lead to parental anxiety," Horowitz says. "It is, however, necessary for them to develop into a responsible adult."

"Adolescent development is definitely a time of rapid development — physical, cognitive, emotional and social," says Kirsten Li-Barber, assistant professor of psychology at High Point University in North Carolina.

Research of teens with overprotective parents, she adds, has found they are more anxious, less socially skilled, have poorer coping skills and higher rates of depression. And they don't transition well to college.

The sad irony, Li-Barber says, is that helicopter parents behave that way out of a strong desire for their children to be successful by shielding them from harm or failure.

But that goes against "the developmental necessity of conflict and failure," says Michael Sanseviro, dean of students at Kennesaw State University in Georgia.

"Our critical thinking and problem-solving skills grow more from an active and engaged conflict resolution process compared to a passive observer role," Sanseviro adds, noting that colleges are receiving increasing complaints from employers that recent graduates can't think for themselves.

The message to parents is pretty simple. You have to let them fall on their collective faces, get bruised and get up tougher and wiser. You also have to accept that it will happen again and again.

Julie Drew, a mom of two and professor of English at the University of Akron in Ohio, suggests that, as an exercise, parents reflect on their own lives and talk to others in their 40s, 50s, 60s and beyond.

"If asked to explain a particular incident in our lives that taught us something important, something that remains with us now, it's very likely that the story will include some form of disappointment, loss, pain, grief, shame, setback or outright failure," she says.

Richard Asa is a freelance reporter.

Wedding book delivers modern-day advice

By Nara Schoenberg
Tribune Newspapers

Want to cut your wedding-day liquor costs? Need to reschedule the invitation you sent to your unruly uncle?

Lindz Hampshire and Karima El-Hakkaoui are there for you. The bridal magazine veterans interviewed wedding professionals, doctors, celebrities and editors for their new book, "The Wedding A to Z, Everything You Need to Know...and Stuff You Never Thought to Ask" (Potter Style), which covers topics ranging from including animals at the ceremony to corralling unruly guests.

"Planning a wedding is stressful, but we want to remind people it's also an adventure, and it's fun," says El-Hakkaoui. "It doesn't have to be all charts and homework."

Hampshire and El-Hakkaoui recently discussed modern day wedding do's and don'ts. This is an edited transcript.

Q: Your book includes a lot of tips. Do you have any favorites?

El-Hakkaoui: This made us so happy. We didn't know if it was a myth (that) throwing rice as confetti will make pigeons explode. We tracked down Cornell Lab of Ornithology. We sent them an email, and they sent us back a very serious, well-written email saying it doesn't make them explode.

Hampshire: For me, it was (what) so many experts said to: Just treat your guests well. Really look after them. If you treat your guests well and they're happy, the wedding will have all the emotion and love that you want.

Q: Tell me about uninviting a guest. I didn't know you could do that.

Hampshire: It's a hard thing to do, especially if something has happened to your budget, or your venue, and you just have to cut numbers.

El-Hakkaoui: Linda, remember when we were doing the book and you were like, what if someone got arrested or got really drunk? One time someone knew the (guest was) going to bring a hooker, and the hooker liked lots of cocaine — so that's when we're like, yeah, you've got to uninvite that person.

Q: How do you handle that?

Hampshire: If someone is drunk? Onetime someone who insisted on the venue rice toss — and stuff was thrown on the venue rice toss. They had to stop the wedding and go to the vet, and get the ankle fixed, and it was in some sort of cast or sling all night.

El-Hakkaoui: That's an extreme. (But) if you have a dog there it's like having a child. You have to completely and utterly think about the dog's day. Is it going to eat? When is it going to eat? When is it going to have water? It's a bit tricky. Tell her about the owl, Linda.

Hampshire: There was a couple in the U.K. that wanted to use an owl — it was supposed to be trained — to take their rings down the aisle. I think it was a barn owl and it whizzed down the aisle, flew straight past the groom, and up into the rafters and just sat there for hours. In the end, they had to get a ladder to go up and try to coax the owl down.

El-Hakkaoui: They got the rings down?

Hampshire: Yes, but it was such a kerfluffle. If you're going to use an animal, use your own pet. And practice, practice, practice.

Q: You point out that you can supply your own alcohol. Is that common?

El-Hakkaoui: A lot of people do it because it's cheaper. A lot of people do it because it's better than what the venue is going to offer.

Hampshire: People don't always know that they can do it. But the wine expert we interviewed for the book said,
Same-sex marriage ruling carries financial implications

JANET KIDD STEWART
The Journey

Caution was the watchword that financial planners had for same-sex couples contemplating marriage in the wake of the Supreme Court decision making those unions legal nationwide.

“We say to people, ‘Walk, don’t run, down the aisle,’ said Steve Branton, senior financial planner with Mosaic Financial Partners Inc. in San Francisco, referring to the maze of tax and retirement implications with marriage.

And, just as often happens in the straight world, many couples promptly ignored that advice.

Thrilled by news of the decision while on an extended vacation in Oregon, Audrey Block and Carol Farr, who live in Arizona, jumped on a couple of bikes and rode straight to a county licensing bureau.

“There’s a three-day waiting period, but our marriage license will have today’s date on it,” said Block, 63.

It wasn’t exactly an impromptu, Vegas-style wedding. The couple has been together for 21 years.

Likewise, longtime partners Graham McReynolds and Clay France sent out wedding invitations in April for an early July wedding on the hope that it would be right after a favorable ruling. They live in Idaho, where a same-sex marriage ban had already been struck down, but they were waiting for assurance from the high court.

Both couples acknowledged they’ll have some financial issues to sort out along the way, but those are the cart, not the horse.

“With no end paying more in taxes, and we talked about that,” said McReynolds, 55, a semiretired nonprofit executive who is now farming organic alfalfa and barley in Idaho with France, 50.

Their largest asset is their 900-acre farm, McReynolds said, so having survivorship rights to the property is more important than any potential gains from the so-called marriage penalty, under which some couples pay higher income taxes than they would as singles.

Recognition on other estate-planning documents was also essential, he said.

“It’s important that we know without any worries that we have shared assets,” McReynolds said.

With many couples deciding not to marry later in life because of complex financial lives, the sentiment is worth noting. Experts also say they’ll be watching for a potential scaling back of benefits commonly afforded to unmarried couples now that everyone has the legal right to marry.

Here are a few issues that experts said older couples should discuss.

Medicare. Measuring rules for Medicare could mean higher premiums for same-sex couples on two levels, said Merrill Matthews, resident scholar with the Institute for Policy Innovation in Dallas. Fewer same-sex couples have stay-at-home spouses, so as a group they tend toward higher incomes, meaning more may be caught up in means testing, Matthews said. (Higher premiums for Parts B and D kick in at $48,000 for individuals and $75,000 for couples.)

And in couples with substantially different income levels, the lower-earning spouse, who might otherwise not be subject to higher rates, could be pulled into that category, experts said.

Social Security. Even couples with substantially similar projected benefits should review their Social Security claiming strategies. Sometimes it makes sense for one spouse to file for benefits and then suspend them to earn delayed credits up to age 70, while the other spouse claims reduced benefits.

Also keep in mind that remarriage can terminate spousal benefits for some divorced recipients.

Debt. Marrying into a couple's debt is obviously something for discussion, but so are future debts. Figure out how you will handle a lengthy nursing home stay, for example.

IRAs. Widows and widowers can roll their deceased spouses’ IRAs directly into their own, allowing the money to continue to grow inside the accounts, notes Holly Hanson, founder of Harmony Financial Strategies in Los Angeles.

Estate planning. In addition to survivorship issues on property transfers, the ability for couples to care for their spouses as they age is critical, even putting the financial cart before the horse, said Stuart Armstrong, a financial planner in Needham Heights, Mass.

“If you have one client couple in their 70s who had no intention of getting married until (the recent ruling),” he said. “They’re doing it now not only for the unlimited marital deduction but also because of one of them is potentially facing some declining memory issues.”

Share your journey to or through retirement, or pose a question at journey@janetkiddstewart.com.

Millennials’ top priorities — saving and paying down debt

CAROLYN BIGDA
Getting Started

It isn’t always easy to save for retirement, repay student loans and manage other financial priorities when you’re just starting out. But a recent survey finds that when the circumstances are right — namely, when a steady, well-paying job is in hand — 20-somethings are making the right choices.

The survey by mutual fund company T. Rowe Price found that 27 percent of millennials (ages 18 to 33) ranked contributing to a 401(k) plan at work as a top goal, while 28 percent said paying down debt was a priority.

“Get people to save early is so important, and it’s encouraging that millennials are both paying down debt and saving,” said Anne Covney, senior manager of retirement thought leadership at T. Rowe Price.

Certain factors make it easier for millennials to act financially responsible.

In the survey, the median income of millennials was $57,000, which meant young workers could afford to save and pay down debt. They also were employed at their jobs for an average of five years, providing stability.

Automatic enrollment in a 401(k) plan also helped, as well as the opportunity to receive an employer match on contributions. According to the survey, of the millennials who were automatically enrolled in their 401(k), 79 percent were satisfied that they were enrolled. With automatic enrollment, you don’t have to sign up to participate in your company’s retirement plan. Contributions are deducted automatically from your paycheck (though you can elect to stop making contributions at any time).

And among millennials who decided how much to contribute to a 401(k), more than half saved enough to take advantage of the full employer match.

“Young people are pretty aware of the match, and that’s a good thing,” Covney said.

Of course, knowing that you should save and being able to save are two different things.

The T. Rowe study also surveyed millennials who were eligible for a 401(k) plan but did not participate. Among those workers, the median salary was a considerably lower, at about $28,000. Of those with student loan debt, they also had bigger balances, typically $32,000, compared with a median of $16,000 for millennials who were contributing to a 401(k).

“I think what we’re seeing is that millennials are acting according to their circumstances,” Covney said. “But when they do have the chance to save, they are saving.”

To help maximize your savings potential, consider these steps:

Set a budget: According to the T. Rowe study, 75 percent of millennials track expenses carefully, and 67 percent stick to a budget. Knowing where your money goes can help make the most of whatever income you do have.

Start saving early: Even if you cannot afford to contribute up to the full company match, saving even a small portion of your salary — say, 1 percent or 2 percent — is a good start.

Remember to increase contributions: If you cannot afford to contribute to a 401(k) plan right now, don’t forget to begin saving once your circumstances change. Eliminating debt or getting a pay raise are good opportunities to bump up your savings.

Many 20-somethings already know to do this. Nearly two-thirds of millennials say they would increase their 401(k) contributions if they got a raise, and 56 percent say they would do so if they paid down debt.

“I think we are seeing that millennials have the right attitude and know that they need to save,” Covney said. “They are showing a lot of promise.”

yourmoney@tribune.com
Negotiating a product's price can be a great way to get a discount. But you can also save by timing your purchases right. The payoff will be especially big for big-ticket items.

By Cameron Huddleston
Kiplinger Consumer News Service

I'm all for saving money. That's the purpose of this column, after all. But I know that even most thrifty people don't want to look like they are cheap. And it's not just about appearances. Doing anything to save a buck can backfire if you're buying shoddy products solely because they cost the least. They won't last, and you'll have to buy more. That's not saving money—it's wasting money.

So how do you save money without looking cheap—or actually being cheap? Try these five strategies:

**Save at the supermarket** without a giant stack of paper coupons. Surely, you've been stuck behind someone at the grocery checkout who is holding up the line as she fumbles to find all of her coupons. You know that you, too, should be taking advantage of coupons to save money, but you don't want to be “that lady.”

Good news: You don't have to clip and collect paper coupons to use them. Many supermarkets' websites and apps let you load coupons directly to your loyalty card. And some supermarket apps have personalized deals that can be claimed by linking your loyalty card to the app and clicking on the deals to add them to your card.

**Try to time your purchases right** to get discounts without haggling. Negotiating the price of a product or service often is a great way to get a discount. But if haggling makes you feel like a cheapskate, you can save money instead by timing your purchases right. The payoff from using this strategy will be especially big when you buy big-ticket items. For example, you can save 30 percent or more on laptop computers just by waiting until back-to-school sales in August and September to make a purchase.

**Buy high-quality used products** instead of low-quality new ones. Low-quality products, even when brand-new, often look cheap. Plus, if they aren't well-made, you'll have to replace them often—which will erase any savings you might have scored.

If higher-quality products are out of your price range, though, consider buying pre-owned items to save 50 percent or more off the original retail price. A good example is quality furniture, which can be purchased second-hand at estate sales and consignment shops.

**Shop online.** You don't have to feel self-conscious about using coupons, comparing prices or buying only what's on clearance when you shop online. Plus, the Internet often makes it easier to save money on your purchases.

There are websites that can help you compare prices and find the best deals. There are sites you can use to find coupon codes to enter at checkout to score instant discounts. And there are even sites that allow you to earn cash back on purchases.

**Use the right credit card.** Don't get the wrong idea: I'm not suggesting that you use a credit card as a status symbol. However, the right card can help you save money (as long as you're not carrying a high balance from month to month). If you don't want to wait for an item to be marked down and use your credit card to purchase it at full retail price, your card might pay you back the difference if it later goes on sale.

For example, Citi cardholders who register purchases they make with their cards will receive the difference in price if Citi finds the same item for less within 60 days of purchase. Discover will refund the difference up to $500 if you find a lower price within 90 days; MasterCard will reimburse cardholders who find a lower price on an item within 60 days of purchase.
We remember when you partied like it was 1999

Reintroducing Chicago’s original entertainment guide

Experience the new Metromix.com, now on all of your devices. With entertainment listings that cover the city and the suburbs, we’re your go-to source so you can spend less time planning and more time doing.
How much water should you drink each day?

By Ellie Krieger
Special to The Washington Post

Dietitian and healthful-eating columnist Ellie Krieger answered questions recently in an online chat. Here is an edited excerpt.

Q. I know that staying hydrated when you are active and/or in hot temperatures is important, but what about for those of us who spend most of our days in an office sitting in front of a computer? Is eight glasses a day necessary? I sip water all day at work, sometimes flavored with limes or cucumber slices, but rarely if ever eight glasses when not physically active.

A. While “eight-ounce glasses” of water a day is catchcy, it’s not necessarily true for everyone’s needs. Fluid intake is based on an individual’s metabolism and activity level and the climate he or she is in. According to the National Academy of Sciences Food and Nutrition Board, women should aim to drink about 74 ounces (nine cups) per day and men should aim for 101 ounces (13 cups) a day. But that is the amount of total fluid you need, and milk, smoothies, coffee, tea and soups all count toward that. In general, your thirst is considered a good indicator of your hydration status. Try to stay ahead of your thirst, but you don’t have to force yourself to get to eight glasses. You might not need that much.

Q. Almost all non-plain American yogurt has a sweetener. My understanding is that’s because the fruit that is added is not ripe, so sweetness has to be added, not taken from the fruit. I heard this from someone who used to work for a food distributor. Is that true?

A. My favorite way to make Brussels sprouts this time of year requires no cooking at all: I slice them very thinly with a sharp knife or the slicing blade of a food processor and use them raw as a salad base. They are delicious tossed with toasted nuts and a bit of dried fruit or some plump sweet grapes, and tossed with a simple vinaigrette dressing.

Q. How does one deal with a sugar addiction?

A. There can be many causes of this, and my suggestion is to find a dietitian in your area to get a personal consultation and get to the bottom of it. But one thing that I find helps with sugar cravings is making sure you are eating enough food at regular intervals throughout the day, and that your meals are balanced with fiber, protein and healthful fat. When you get overly hungry, your body will tend to crave the fastest fuel, and that is sugar.

Q. I’m not looking to lose weight, but I’ve become convinced that portion size and empty calories are the most important factors in weight gain/loss. Exercise is wonderful for many reasons, but not weight loss. When I ride my bike for 1 hour and 20 minutes at 15 mph, I burn an estimated 1,200 calories, according to Strava. And all it would take to wipe that out is the eight minutes it takes to eat a Big Mac, fries and a Coke.

A. I agree. Portion size is a key factor, and most of our portions are way too big. One tool I offer to help people control portions without having to measure is what I call “The Hunger Continuum.” On a scale of 1 to 10, where 1 is famished and 10 is stuffed, stop eating when you are at a 6 or 7.

Study: Rough play is riskier than heading in soccer

Tribune Wire reports

Heading takes the heat in youth soccer, but limiting rough play might be a better way to prevent concussions and other injuries, a nine-year study of U.S. high school games suggests.

More than 1 in 4 concussions studied occurred when players used their heads to hit the ball. But more than half of concussions were caused by collisions with another player rather than with the ball. These collisions included head-to-head, elbow-to-head and shoulder-to-head contact, said Dawn Comstock, a University of Colorado public health researcher who led the study.

There have been recent calls to ban or limit heading in youth soccer, particularly among players younger than 14, because of concerns about long-term effects of concussions and repeated brain trauma. Women’s soccer stars including 1999 World Cup star Brandi Chastain are among supporters of a ban in kids’ soccer.

But says Comstock: “If the rules of soccer were simply enforced better, we would actually be more successful in reducing concussion rates.”

Rough play has become more common at all levels of soccer, but it violates rules that prohibit most player-to-player contact on the field, she said.

Five things to know about the study, published Monday in the journal JAMA Pediatrics:

The Scoop

The researchers looked at 2005-14 nationwide sports-injury data from a nationally representative sample of 100 public and private high schools. The study included older teens and some middle-school aged kids younger than 14 who played at the high school level.

More than 1,000 concussions occurred in boys and girls during soccer games and practices in the study years. Concussions in girls were more common, with a rate of almost 5 per 10,000 games and practices, versus almost 3 per 10,000 for boys.

The Trends

Concussion rates increased during most study years among girls and boys.

The researchers note that soccer has long been considered safer than other youth sports and has increased in popularity since 1969, when only boys played at the high school level.

The Reaction

Bob Colgate, sports medicine director for the National Federation of State High School Associations, said the study highlights why soccer rules need to be enforced. He said caution against fighting and reckless play will be highlighted by the group’s soccer rules committee for the upcoming season. “Players, coaches, game officials and spectators must work together to model and demonstrate sportsmanship and fair play, to minimize risk and maximize participation,” Colgate said.

The Kicker

Chris Nowinski, co-founder of the Sports Legacy Institute, noted that a degenerative brain disease linked with repeated head blows and more often associated with football has recently been found in autopsies of professional soccer players. The new study adds to concerns that have been raised about rough play, he said. The Boston-based institute is a nonprofit education and advocacy group that funds research on preventing and treating concussions and other brain trauma. It also advises the National Football League and groups involving other contact sports including rugby and lacrosse.

“It’s important that we take a close look at how we can make the game of soccer safer,” Nowinski said.

Associated Press
Renovated 1915 estate in Glencoe

ADDRESS: 440 Sheridan Road in Glencoe
ASKING PRICE: $2,595,000

Meticulously renovated 1915 Glencoe estate has five bedrooms and 5 1/2 baths. Two-bedroom coach house is above a four-car heated garage. The home features extensive architectural millwork, a custom kitchen, detailed stone bathrooms, new plumbing, electric and HVAC. Exterior features new windows and roof, copper awnings and gutters, stucco and bluestone patios set on a half-acre landscaped lot.

Agent: Sherry Molitor of Koenig Rubloff Realty Group, 847-204-6282

At press time this home was still for sale

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'Stretchmo' becomes stairway to brain-bending puzzle fun

By Joe Fourman
Tribune Newspapers

'Stretchmo' is Nintendo's latest entry in a puzzle game series that seems to have made a habit of flying under the radar. Preceded by "Pullmo" and "Crashmo," the new "Stretchmo" again brings in an adorable cast of sumo marshmallow cats to present a series of challenging puzzles, with the goal to climb from the base of the structure to the flag hidden somewhere near the top. "Stretchmo" is a perfect fit for portable devices like the Nintendo 3DS, taking the easy-to-play lessons of mobile gaming and injecting that signature Nintendo charm.

The best way to walk into "Stretchmo" is to think of it as a three-dimensional experiment in creating staircases. You can only jump up one step at a time, and you must work out how to stretch the provided blocks to form those steps. As the puzzle can be in any manner of funny shapes, and you are limited in how far you can pull blocks around, the solution is never as simple as "just make a boxy pyramid."

The game's first section features 100 puzzles that slowly introduce new complications and teach you the game's ins and outs. "Stretchmo" offers three additional packs that each add another 50 themed puzzles. One of the puzzle pack features levels based on classic Nintendo video game designs from the 1980s, turning nostalgia into a pixelized brainteaser.

"Stretchmo" is free to download, but if you do not purchase any of these four packs, you can only play a couple of threadbare tutorial levels. While this free option may give you a taste of how the game works, it is laughable to think of the free download as a free demo. The free download should have included three to five actual puzzles to really illustrate the game's depth. "Stretchmo" offers several options for purchasing the puzzle packs, but the least expensive version is $9.99 for all four. Buying any puzzle pack unlocks Stretchmo Studio, where you can create your own puzzles. As you play more levels, new features are added to the Studio, like stickers you can use to decorate your puzzle designs. Your custom puzzles can be shared with friends via the almost-quotient method of QR codes. QR codes are saved to your 3DS as an image that you can post online or to Nintendo's own social platform, Miiverse.

"Stretchmo" encourages trial and error, there's no move counter or punishment for giving up. You may rewind time to undo any useless moves; however, you can only rewind so far. It is a little disappointing that only the first puzzle pack lets you skip a toughie to instead have a go at the next one. The other packs' puzzles must be completed in sequence, with no skipping allowed.

Even more so than in previous "mo" games, solving a "Stretchmo" challenge requires some serious spatial thinking. You can stretch puzzles in four directions, potentially turning any 1x1 block into a 5x5 flat surface. Other blocks get in the way, naturally, and unusually shaped blocks turn into confounding blobs when stretched. The trick is to think in three dimensions, hop that little cat thing all over the place and stretch your mind.

Are these earphones right fit for you?

By Kevin Hunt
Tribune Newspapers

Phiaton's MS 100 BA is a balanced-armedure earphone, $99. The good: Great-for-the-money midrange, non-fatiguing. Not so good: Bass is a bit player, not the star. Information: www.phiaton.com

Phiaton takes the easy-to-flag hidden somewhere the goal to climb from the challenging puzzles, with "Crashmo," "Stretchmo" of flying under the radar it seems to have made a habit of being a puzzle game series that 'Stretchmo' becomes stairway time, and you must work creating staircases. You can turn any 1x1 block into a stairway puzzle, any 2x2 block into a stairway puzzle, any 3x3 block into a stairway puzzle. The trick is to think in three dimensions, hop that little cat thing all over the place and stretch your mind.

Phiaton plants one balanced-armedure driver into each earpiece in a double shell, plastic under metal, for better noise isolation. More expensive balanced-armedure earphones add a second or third driver for specific frequencies or a dynamic driver to enhance the lower frequencies. The MS 100 BA has a basic inline remote with microphone, compatible with iOS and Android, and it's a can't-miss rubberized red cable that won't tangle but is a can't-miss rubberized red cable that won't tangle but is a can't-miss rubberized red cable that won't tangle but is a can't-miss rubberized red cable that won't tangle but is a can't-miss rubberized red cable that won't tangle but is a can't-miss rubberized red cable that won't tangle but is a can't-miss rubberized red cable that won't tangle but is a can't-miss rubberized red cable.
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Head over to the Leela Arts Center, 620 Lee St in Des Plaines for a spell. More specifically, "The 25th Annual Putnam County Spelling Bee" presented by ArtReach Educational Theatre in partnership with Spotlite Theatrix Production Company. Performances are 7:30 p.m. Friday, 3 p.m. and 7:30 p.m. Saturday, and 3 p.m. Sunday, July 31-Aug. 2.

The musical comedy focuses on six adolescents who share stories of their life while competing in a spelling bee being judged by eccentric adults.

"We like the message it shares about being an individual and not following the traditional path laid out by others," said Dan Walsh, program director of ArtReach Educational Theatre. "It also showcases that academia can be a social outlet for some?"

Walsh believes it's a great show for families because, "The comedy and audience participation make this show a 'laugh out loud' funny and rewarding experience?"

Tickets are $16 in advance; $18 at the door. For details, call 630-808-5852 or go to www.artreadispotlite.com.

Here's to herbs

Do you know the difference between an herb and a spice? Your children will after they play a guessing game based on scent during Herb Garden Weekend, 11 a.m.-4 p.m. Saturday, July 25 and Sunday, July 26 at Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe. They will also plant an herb seed and create a dried herb mix that they can use to make herbed butter at home. An herb sandbox will entertain the littlest visitors as they scoop herbs and dried petals from tubs.

The event is free but nonmembers pay for parking.

For details, call 847-835-5440 or go to www.chicagobotanic.org.

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Polish Museum hosts 35th Summer Ball

35th Annual Summer Ball
Benefiting: Polish Museum of America, Chicago
Honoring: The Gift from the Heart Foundation and Shriners Hospitals for Children - Chicago, for their dedicated care of physically disabled children
Location: Galleria Marchetti, Chicago
Raised: $50,000
Attended: 180+
Date: June 5
Website: polishmuseumofamerica.org

From left: Margaret and Andrew Pawlusiewicz of Glenview and Betty Uzarowicz of Downers Grove

Andy and Bozena Haszkiewicz of Wilmette

From left: Board Members Andrew Pawlowski of Northbrook, Mary Jane Robles of Forest Park, Stephen Kusmierczak of Chicago, Betty Uzarowicz of Downers Grove, James Robaczewski, Chair Virginia Cudecki and President Richard Owsiany, all of Chicago

From left: Lorraine Maloy of Chicago, Conrad Miczko of Lincolnwood, Sharon Orlowski of Inverness, and James Mesple and Jessica Jagielnik, both of Chicago

Malgorzata and Marusz Kot, of Schiller Park

Robert and Bozena Redlinski of Glenview

Cynthia and Robert Piech of Northbrook

Bob and Fran Hughes, from left, and Immediate Past President Marla and Rich Ciesla, all of Park Ridge
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<td>Linda Swatcha</td>
<td>06-22-15</td>
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<td>Kenneth J Gagnon</td>
<td>06-17-15</td>
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<td>Andres Martinez &amp; Eduardo Martinez</td>
<td>Fannie Mae</td>
<td>06-17-15</td>
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<td>Hildegard Kallian Estate</td>
<td>06-27-15</td>
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<td>Alexander Pelitko &amp; Nelly S Pelitko</td>
<td>Lillian Olgilvcz</td>
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<td>Baker Trust</td>
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<td>Loc Nguyen</td>
<td>Dexter Santos</td>
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<td>91 Lance Dr, Des Plaines</td>
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<td>Fannie Mae</td>
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<td>375 S Western Ave, #203, Des Plaines</td>
<td>Michael Reyes</td>
<td>Eugene K Chang</td>
<td>06-22-15</td>
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<tr>
<td>2623 S Scott St, Des Plaines</td>
<td>Michael S Allen &amp; Karin H Allen</td>
<td>Mark Raciti</td>
<td>06-17-15</td>
<td>$252,000</td>
</tr>
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This list is not intended to be a complete record of all real estate transactions. Data compiled by Record Information Services 630-557-1000 public-record.com
LAKE FOREST
Whispering Oaks Colonial. Updates include second-floor baths with double sinks; powder room; new roof; Keyth security; most floors and paint and electrical. Living room includes flat-screen TV with surround sound above gas fireplace. First-floor den/study. Bright eating area leads to tiered deck. Walkout basement with half bath and rec room with fireplace leads to private backyard. Garage with epoxy floor, heat and AC. Close to schools, park, bike trail, Metra.
Address: 433 Greenwood Ave.
Price: $699,000
Schools: Lake Forest High School
Taxes: $11,768.21
Agent: Ron Hart, Griffith, Grant & Lackie

ARLINGTON HEIGHTS
Home is over 3,600 square feet and has four bedrooms upstairs, including a large master with lots of closet space and a Jacuzzi tub in the master bath. Second-floor loft, too. Main level features a two-story living room, formal dining room, large eat-in kitchen, family room with fireplace and a fifth bedroom or den. Hardwood floors. Full basement. Three-car garage. Central vacuum and first-floor laundry.
Address: 517 E. Haven St.
Price: $659,900
Schools: Rolling Meadows High School
Taxes: $12,561
Agent: Frank Genualdi/Coldwell Banker Residential Brokerage

WILMETTE
Updated five-bedroom, 2.1-bath home featuring a large wrap-around porch and formal living room with fireplace. Plus, open dining room, light-filled family room, spacious kitchen with stainless steel and granite and walk-in pantry. Third-floor retreat fifth bedroom or optional master with spa bath and large walk-in closet. Fenced-in yard, brick paver walkway and patio. Near town and train.
Address: 1404 Forest Ave.
Price: $695,000
Schools: New Trier Township High School
Taxes: $11,644
Agent: Sfc Team/Coldwell Banker Residential Brokerage Winnetka

PARK RIDGE
Address: 202 N. Merrill St.
Price: $649,000
Schools: Maine South High School
Taxes: $13,494
Agent: Sarah Coady/Century 21 Elm, Realtors
Listings from Homefinder.com
COMMUNITY CALENDAR

Hot Summer Nights: Local bands are joined by professional dance instructors to provide visitors with easy-to-understand mini dance lessons corresponding to the music genre of the evening, which changes weekly. Picnicking is allowed. 6 p.m. Thursday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440

Fruit and Vegetable Garden Family Drop-in Activities: Discover where food comes from and how plants grow. Activities vary from week to week and are weather permitting. 10 a.m. every day, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440

Butterflies & Blooms: The garden's summer-long exhibit features hundreds of butterflies and the flowers on which they reside. 10 a.m. every day, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free-$6, 847-835-5440

6 Wicket American Croquet: North Shore Croquet Club offers free coaching sessions and practice games. For more information and to schedule a game, contact Tanya Vovk at 847-400-5526 or Tanya@TanyaVovk.com. 11 a.m. 1 p.m. and 3 p.m. Thursdays, Saturdays and Wednesdays, Glencoe Golf Club, 621 Westley Road, Glencoe, free, 847-409-5526

"Never The Bridesmaid": Twins Maria and Anthony have ever had much luck in love. As the celebration of their parents' 40th anniversary comes together, love might be in the cards for them all. 8 p.m. Thursday-Saturday, 3 p.m. Saturday-Sunday, Oak Lawn Theater, 1723 Glensview Road, Glendale, $35, 847-834-0738

Game Central (grades 1-8): Bring a favorite Wii, PS3, and XBOX 360 games. The library provides the game consoles and the screens. Registration is required and preference is given to Glenview Library cardholders. Register at the website, ext. 7900, or the Youth Services Desk. Grades 1-4 at 4 p.m., grades 5-8 at 6:30 p.m. Thursday, Glenview Public Library, 1930 Glensview Road, Glenview, free, 847-729-7500

Summer Children's Entertainment: Songs, reptile shows and a visit to the farm. 10:30 a.m. Thursday, Gallery Park, 2001 Patriot Blvd., Glenview, free, 847-724-5670

Miss Jamie's Farm: Miss Jamie and her puppets will share songs about the farm and how to care for the earth. 10:30 a.m. Thursday, Gallery Park, 2001 Patriot Blvd., Glenview, free, 847-724-5670

StoryWalk: Get outside and enjoy reading the children's book "Pete the Cat and the New Guy" while taking a journey along the train in Little Bear Garden. 8 a.m. every day, Gallery Park, 2001 Patriot Blvd., Glenview, free, 847-724-5670

Chagall for children: Hands-on activities and audio descriptions of each of Marc Chagall's works appropriate for children ages 3-12. 9:30 a.m. all week, opens on Sunday, Kohl Children's Museum, 2100 Patriot Blvd., Glenview, $11, 847-832-6600

Everybody Move: 8-Week Session for ages birth-2 years with caregiver. Registration required. Celeste Cilada Roy has planned an hour of activities and exploration. 9:30 a.m. Thursday, Lincolnwood Public Library, 4000 W. Pratt Ave., Lincolnwood, free, 847-677-5277

Lincolnwood Summer Concert Series: Free kid's activities, including inflatables, bingo and face painting starting at 7 p.m. Thursday, Proesel Park, 7055 Kostner Ave., Lincolnwood, free, 847-677-9740

Lincolnwood Fest: Live entertainment, carnival rides, games, delicious food, family fun/kid friendly activities, a fabulous car show and more. 5 p.m. Thursday-Friday, noon Saturday, 10 a.m. Sunday, Proesel Park, 7055 Kostner Ave., Lincolnwood, free, 847-868-2439

Introduction to Word 2010: Learn how to format, proof, print and save documents. Prerequisite: Must be experienced and comfortable with computer, keyboard and mouse. 2 p.m. Thursday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Power Employment Workshop: Instructors from the Business and Career Services of the Illinois WorkNet Center in Arlington Heights discuss resumes and cover letters, online job applications, and interviewing. To register, go to www.worknetncc.com. 9:30 a.m. Thursday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Niles Township School Supply Drive: Residents wishing to make a tax-deductible donation can mail or drop off a check payable to the Niles Township Food Pantry during business hours. A detailed school supply list can also be found online at school district websites in Skokie, Morton Grove, Lincolnwood, Niles and Glenview. 9 a.m. every day, Niles Township Government, 525 Main Street, Skokie, free, 847-727-9510

Food Drive in Skokie: Requesting donations of canned goods and dry food products to fill the shelves of the Niles Township Food Pantry. All foods can be dropped off at Walgreens. Business hours every day, Walgreens, 5945 W. Dempster St., Skokie, free, 847-675-4141

Social Media and Advocacy for Israel: Gary Kenzer discusses "The Internet/Social Media and Advocacy for Israel: Making Both Come Together." Call for information or reservations. 7:30 p.m. Thursday, Ezra Habonim, The Niles Township Jewish Congregation, 4500 Dempster St., Skokie, free, 847-675-4141

Clear & Shop: Uncorked: An evening of sampling and entertainment. Continue the fashion and flavors at the VIP After-Party. Must be 21 or older. 5:30 p.m. Thursday, Westfield Old Orchard, 4999 Old Orchard Center, Skokie, $25, 847-673-6800

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"Join the Club": "Join the Club" is packed with upbeat songs that cover everything from love and marriage to "taboo" subjects and a discussion about our lives and our relationships. 1 p.m. Thursday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

A day trip to LaPaloma Gardens and Nicholas Conservatory: Fee includes professional guides, all fees, lunch and transportation. 9 a.m. Thursday, North Shore Senior Center, 161 Northfield Road, Northfield, $90 member, $95 non-member, 847-784-6030

Karaoke Thursdays: 7 p.m. Thursday, Perry's Pizza and Rib's, 711 Devon Ave., Park Ridge, free, 847-823-4422

Joe Machi: The finalist on NBC's "Last Comic Standing" performs standup. 8 p.m. Thursday-Friday, 10:30 p.m. Friday, Zanies Rosemont, 5437 Park Place, Rosemont, $25 plus a two-item food/drink minimum, 847-813-0484

Rockin' in the Park 2015: Classic cover bands, food and beverage tents and a musical fireworks display. 7 p.m. Thursday, MB Financial Park at Rosemont, 5501 Park Place, Rosemont, free, 847-349-5008

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Dr. Constance Scharff, PhD - Trans-Forming Your Life: A conversation of "taboo" subjects and a discussion about the healthy ways we can improve our lives and our relationships. 1 p.m. Thursday, Temple Judea Mizrach, 8610 Niles Center Road, Skokie, free, 847-676-1566

Turn to Calendar, Next Page
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Friday, July 24

Radio Days: Join in an evening of memories from the golden age of radio. Space is limited. 6:30 p.m. Friday, Fischer Farm, 16W680 Old Grand Ave., Bensenville, free, 847-834-3152

Summer Concert Series at White Pines: Joe Rendon & Friends R&B and Latin sounds. 11 a.m. Friday, Monday and Wednesday, Raydiant Day, 1400 Greenleaf St, Evanston, $11 drop-in, 847-869-6477

Movies in the Parks: "Left Behind": Movies begin at dusk, weather permitting. Call for daily listings and weather-related cancellations. 8 p.m. Friday, Dawes Park, 1700 Sheridan Road, Evanston, free, 847-724-1134

Saturday, July 25

Downtown Evanston Farmers Market: 7:30 a.m. Saturday, Oak Avenue and University Place, Evanston, free

Fuse: Studio: Drop in with friends to wire LEDs, compose a ringtone, build an amp, and more. For grades six to 12. Noon Saturday, Evanston Public Library, 1703 Orrington Ave., Evanston, free, 847-446-8600

L.O.L. Saturday: Adult Comedy every Saturday night, 9 p.m. Saturday, Chicago's Home of Chicken & Waffles, 2424 W. Dempster St, Evanston, $15 advance, $20, 847-521-6434

Actors Gymnasium Summer Circus Intensive Showcase: Acts include acrobatics, juggling, trapeze, lyra, silks, and more. Tickets are only available online, visit website. 4:30 and 7:30 p.m. Saturday, Noyes Cultural Arts Center, 927 Noyes St., Evanston, $15, 847-328-2795

Garden Chef Series: Top local chefs show how to prepare meals using fresh fruits, herbs and vegetables. Amphitheater seating is available on a first-come, first-served basis. Sun protection is recommended. 12:30 and 2:30 p.m. Saturday-Sunday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440

Native Plant Garden Family Drop-In Activities: Explore the plants and animals in aquatic habitats and learn what kinds of animals depend on ponds and lakes. Activities will vary from week to week. 10 a.m. Saturday-Sunday and Wednesday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440

Cactus and Succulent Society of Greater Chicago Show & Sale: The sale features plants grown by members of the society. Free children's educational programming will be provided. 10 a.m. Saturday-Sunday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440

Herb Garden Weekend: Learn to grow and use a variety of kitchen herbs. 11 a.m. Saturday-Sunday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440

Farmers market: Glenview: 9 a.m. Saturday, Wagner Farm, 1510 Wagner Road, Glenview, free, 847-657-1506

Family Golf Night: 5 p.m. Saturday-Sunday, Glenview Prairie Club, 2800 W. Lake Ave., Glenview, $30, 847-671-6377

Easy Entertaining: Fresh Summer Faire: Join Whole Foods Market Sauganash for a cooking class inspired by the bounty of summer. Registration is required. Contact 847-677-5277 Ext. 232 or emails events@lincolnwoodlibrary.org. 1 p.m. Saturday, Lincolnwood Public Library, 4000 W. Pratt Ave., Lincolnwood, free

Get Hooked: Adult Crafts: Build Miniature Furniture and Accessories: Create a chair, fencing, gazebos, acorn lantern, or other decorative pieces for your miniature fairy garden. Please bring clippers (or garden pruners) and wire cutters. Must be age 12 and up and registration is required. 10 a.m. Saturday, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

Morton Grove Farmers Market: 8 a.m. Saturday, Dempster Street and Georgiana Avenue, Morton Grove, free, 847-750-6436

Northfield Farmers Market: 7:30 a.m. Saturday, Happ Road and New Trier Court, Northfield, free, 847-446-4451

Park Ridge Farmers Market: 7 a.m. Saturday, Paul Revere High School, Park Ridge, free, 847-318-5217

A Night at the Tonys: Local singing group The Park Ridge Chorale will recreate the look and sound of the iconic awards show and present the latest music on Broadway. 7 p.m. Saturday, St. Luke's Lutheran Church, 205 N. Prospect Ave., Park Ridge, free, 847-825-6699

Pets Blessing: Bring pets for a Pet Blessing outside on the west lawn. All friendly pets are invited on a leash or in a carrier. 11:30 a.m. Sunday, St. Luke's Lutheran Church, 205 N. Prospect Ave., Park Ridge, free, 847-825-6699

Skokie Farmers Market: 7:30 a.m. Sunday, Skokie Village Hall, 5127 Oakton St., Skokie, free, 847-673-0500
Monday, July 27

**Book Babes:** Songs, games, story time and free play for babies ages 2 and younger with a caregiver. 10:15 a.m. Monday, Evanston Public Library - North Branch, 2026 Central St., Evanston, free, 847-448-8600

**Live Bluegrass, Roots and Folk:** Every Monday in the pub, The Mudflaps perform. 8 p.m. Monday, The Celtic Knot Public House, 626 Church St., Evanston, free, 847-864-1679.

**Carillon Concert Series:** Meet carillonneurs from around the world and try ringing the bells during a complimentary tour of the carillon tower prior to the concert. 7 p.m. Monday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440.

**Meet the Animals of The Grove (preschool-grade 2 with adult):** Register online, at ext. 7900, or the Youth Services Desk. 6 p.m. and 7 p.m. Monday, Glenview Public Library, 1300 Glenview Road, Glenview, free, 847-729-7500.

**hoopla, MyMediaMail and Zino:** Individual appointments: Meet with trained library staff for a 45-minute one-on-one session and learn how to download books, audiobooks, magazines, movies, TV shows, or music to your portable device. 10 a.m. Monday, Glenview Public Library, 1300 Glenview Road, Glenview, free, 847-729-7500.

**Knitting Roundtable:** Come work through knitting projects and socialize with fellow knitters. 2 p.m. Monday, Morton Grove Public Library, 640 Lincoln Ave., Morton Grove, free, 847-965-4220.

**MGPL Kids:** Monday Morning Playgroup: Drop-in play time for preschoolers with a parent or caregiver. 10:30 a.m. Monday, Morton Grove Public Library, 640 Lincoln Ave., Morton Grove, free, 847-965-4220.

**Yarn Gang:** Kids in grades one and up are invited to try their hand at knitting, crocheting or other yarn crafts. 4 p.m. Monday, Morton Grove Public Library, 640 Lincoln Ave., Morton Grove, free, 847-965-4220.

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**Tuesday, July 28**

**LYFE Kitchen's Storytelling Series:** Laugh with Tom Watson as he details a dog's epic quest to find the food of his dreams in the "Stick Dog Series." Watson will be available for a brief Q&A and book signing. 9:30 a.m. Tuesday, LYFE Kitchen, 1603 Orrington Ave., Evanston, free.

**Starlight featuring Groupo Guembe:** 7 p.m. Tuesday, Dawes Park, 1700 Sheridan Road, Evanston, free.

**Rotary Club of Evanston Lighthouse:** 7:15 a.m. Tuesday, Hilton Garden Inn Chicago North Shore/Evanston, 1818 Maple Ave, Evanston, free.

**Irish music session:** 7 p.m. Tuesday, The Celtic Knot Public House, 626 Church St., Evanston, free, 847-864-1679.

**Tuesday Morning Music:** Hour-long meditative musical performances. After the concert, visitors can board a 25-minute narrated tour on the Bright Encounters Tour. 10 a.m. Tuesday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440.

**Music on the Esplanade:** Bring a picnic. Visit www.chicagobotanic.org for the schedule of performances. 1:30 p.m. Tuesday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440.

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**Country in the Park:** Free concert series for country music fans. Guests can also visit food and beverage tents. Parking is free with validation. 7 p.m. Tuesday, MB Financial Park at Rosemont, 5501 Park Place, Rosemont, free, 847-349-5008.

**Jewish Short Stories:** A three-part class filled with discussion and learning led by Rabbi Jeffrey Welf and teacher Claire Shulman. For reservations or further information, contact the synagogue office. 2 p.m. Tuesday, The Niles Township Jewish Congregation, 4500 Dempster St., Skokie, free, 847-675-4111.

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**Wednesday, July 29**

**Bensenville French Market:** 4:30 p.m. Wednesday, Bensenville Village Hall, 12 S. Center St., Bensenville, free.

**Summer program at Des Plaines History Center:** The program is designed for children ages 5-12 with an adult. For information call or visit the website. 1 p.m. Wednesday, Des Plaines History Center, 781 Pearson St., Des Plaines, $3; $2 with a member, 847-391-5399.

**Preschool Story Time:** Stories and songs for children ages 3-5 and a caregiver. 10:30 a.m. Wednesday, Evanston Public Library, 1703 Orrington Ave., Evanston, free, 847-448-8610.

**Dancin' Sprouts:** Enjoy free musical entertainment for the Garden's youngest visitors. 1:30 p.m. Wednesday, Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe, free, 847-835-5440.

**Discover FamilySearch.org:** Discover the free database and online services offered by this nonprofit genealogy organization. Registration and Glenview Library card required. 2 p.m. Wednesday, Glenview Public Library, 1300 Glenview Road, Glenview, free, 847-729-7500.

**Jackman Park Summer Concert Series:** Bring your dinner, folding chairs and lawn blankets. 7 p.m. Wednesday, Jackman Park, 1930 Prairie St., Glenview, free, 847-724-5670.

**More About Trusts:** Financial planners from the Chicago Estate Planning Council present an in-depth discussion of trusts and what to consider in making trusts work for you and your family. Registration required. 7 p.m. Wednesday, Morton Grove Public Library, 640 Lincoln Ave., Morton Grove, free, 847-965-4220.

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Turn to Calendar, Next Page
**CALENDAR**

**Classics on Wednesday Film Series:** 1 p.m. and 7:30 p.m. Wednesday, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

**Chess Club:** Chess sets and clocks provided. 7 p.m. Wednesday, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free, 847-272-6224

**Northbrook Farmers Market:** 7 a.m. Wednesday, Cherry Lane and Meadow Road, Northbrook

**Beginning Bridge Lessons:** Register in advance. 1 p.m. Wednesday, Park Ridge Park District, Centennial Activity Center, 100 S. Western Ave., Park Ridge, $75 member; $83 guest, 847-692-3597

**Dwayne Kennedy:** Stand-up. 8 p.m. Wednesday-July 30, Zanies Rosemont, 5437 Park Place, Rosemont, $22 plus a two-item food/drink minimum, 847-5437 Park Place, Rosemont, $22 plus a two-item food/drink minimum, 847-5437

**National Sports Collectors Convention:** 4 p.m. Wednesday-July 30, Donald E. Stephens Convention Center, 5555 N. River Road, Rosemont, varies, 301-785-9982

**Shania Twain:** 7:30 p.m. Wednesday, Allstate Arena, 6920 Mannheim Road, Rosemont, $50-$150, 847-635-6601

**Yo Ho Mrs. Goldberg:** 7:30 p.m. Wednesday, Extra Habomin, Niles Township Jewish Congregation, 4500 Dempster St., Skokie, free, 847-675-4141

**Throwback Thursday:** “Willy Wonka & the Chocolate Factory”: Registration is required and preference is given to Glenview Library cardholders. Register online, at ext. 7900, or the Youth Services Desk, 6:30 p.m. July 30, Glenview Public Library, 1930 Glenview Road, Glenview, free, 847-729-7500

**Everybody Movin’ 8-Week Session for ages birth-2 years with caregiver. Registration required. Celeste Cifala Roy has planned an hour of activities and exploration. 9:30 a.m. July 30, Lincolnwood Public Library, 4000 W. Pratt Ave., Lincolnwood, free, 847-677-5277

**Lincolnwood Summer Concert Series:** Free kid’s activities, including inflatables, bingo and face painting start at 6 p.m. and the live music follows at 7 p.m. July 30, Proesel Park, 7055 Kostner Ave., Lincolnwood, free, 847-349-5008

**Do More with Word 2010:** This follow-up to Introduction to Microsoft Word 2010 workshop covers page layouts, working with columns, bullet points, and more. Prerequisite: Introduction to Microsoft Word 2010 workshop, or basic familiarity with Word 2010 required. 2 p.m. July 30, Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove, free, 847-965-4220

**Awesome Grilling:** Learn the basics of grilling. Samples are served. Registration is required. Visit the event website or call 847-272-2958. 7 p.m. July 30, Northbrook Public Library, 1201 Cedar Lane, Northbrook, free

**Wood Dale Prairie Fest:** This four-day festival includes culinary delights, music, a carnival and a fireworks display. 6 p.m. July 30, Wood Dale Junior High, 655 N. Wood Dale Road, Wood Dale, free

**Have an event to submit? Go to chicagotribune.com/calendar.**
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MOVIES

“Minions” ★★★
PG-12, animation
It's the role of a minion to be a servile follower of a person in charge. That means they are resigned to playing the supporting role. That's the problem with the new animated comedy “Minions.” The pill-shaped, yellow characters introduced in “Despicable Me” as the subordinates to the villainous Gru have now taken center stage. The charm and humor they brought in tiny doses in the previous films now come in a massive blast that wears thin quickly. — Rick Bentley

“Jurassic World” ★★★
PG-13, 2:10, action
Ballooned out by a few good jolts, “Jurassic World” gets by, barely, as a marauding-dinosaurs narrative designed for a more jaded audience than the one “Jurassic Park” conquered back in 1993. Of course you know what you're getting in “Jurassic World.” I wasn't expecting the world, but I wouldn't have minded sharper jokes and grander action scenes. — Michael Phillips

“Inside Out” ★★★
PG, 1:35, animation
Home, and where the heart is, guides the thinking of “Inside Out,” which follows a few months in the life of Riley (voiced by Kaitlyn Dias). She's the daughter of a loving Minnesota couple (Diane Lane and Kyle MacLachlan) whose lives are shaken up by a move to San Francisco. Suddenly Riley's sense of place is scrambled, and she's looking for a compass. Director Peter Docter's “Inside Out” springs from a single, terrific idea. What if a person's basic emotions were tiny humanoid sprites sharing a command center, a spacious variation on the one in the starship Enterprise but inside the human brain? While the idea isn't new, it is vastly adaptable. Saying “Inside Out” is the best Disney-Pixar picture since “Up” in 2009 says less than it should. — M.P.

“Terminator Genisys” ★
PG-13, 2:06, action
Humanity gets a do-over in “Terminator Genisys,” the fifth in the franchise begun in 1984 with “The Terminator.” But this screwy revision of the previous “Terminator” movies is so muddled and yakkity, you may find yourself rooting for the apocalypse. At one point, Arnold Schwarzenegger is thrown through a wall into a Pepsi Max vending machine (if the rise of the machines means the fall of product placement, I'm all for it), and for a second I was pulling for a slugfest between the former bodybuilder and the Pepsi dispenser. Just to see who'd win. — M.P.

“The Gallows” ★★
R, 1:27, horror
At the end of the last century, “The Blair Witch Project” popularized the notion of idiots in horror movies filming every second of their own imminent demise. A deliberately unpolished subgenre was born: found-footage horror, cheap to make, profitable in a flash. The latest of these is “The Gallows,” by the writers-directors Chris Lofing and Travis Cluff, who have a couple of sound ideas in their favor. “The Gallows” is set mainly inside a Nebraska high school, in and around a cavernous auditorium after hours, in the dark. The story concerns a fatally ill-adviced revival of a play. Anyone who has endured an especially bad stage revival or two may go into “The Gallows” screaming, as I did. Eighty minutes later I came out shrugging, but time will tell how the target audience responds. — M.P.
Charles E. Banks, 87, of Sturgeon Bay, WI and Park Ridge, IL passed away Tuesday, July 7, 2015 at his home in Door County after spending a wonderful string of weekends with his family.
Chuck was a friendly, loving and talented man who touched many people with his music, humor, and genuine interest in their lives.
Born June 15, 1928 in Chicago to the late Herbert and June (Blesenthal) Banks, he developed many lifelong friendships. Chuck graduated from Taft High School in 1946 and then went on to the Illinois Institute of Technology and the University of Illinois to earn his BS in architectural engineering. After serving in the army as a Corporal from 1952 to 1954 in Baltimore, MD, Chuck moved back to the Chicago area to begin his career. He started his own architecture business where his ingenuity and perfectionism helped him to succeed. One of his many fine designs was the acoustically delightful sanctuary of Bethel Church. Then, in the late 1970s he worked for his good friend at Les Svendson & Associates, after which he joined Ragnar Benson, Inc. as Chief Architect, retiring in 1992.
On February 3, 1951 Chuck married the love of his life, the late Marian (Erickson) Banks. They enjoyed over 62 years of a fun-filled, loving and caring marriage. Together they traveled, appreciated nature, welcomed new experiences, participated in their book club, and wholeheartedly parented four independent children. For the past 50 years they summered in Door County, often entertaining family and friends at their beloved lakeside cottage.
Chuck enjoyed going for walks, keeping an eye on new construction, designing houses and additions for loved ones, sailing on the lake, watching birds, and playing folk music with family and friends. Whenever Chuck began to play his guitar and sing, the room would instantly fill with smiling voices.
Survivors include his four children, Kendall (Sue) Banks of Sturgeon Bay, WI, Kathy (Mark) Murray of Elmhurst, IL, Karen (Carl) Lubiecz of Park Ridge, IL, Kim (Steve) Mayer of Waunakee, WI; seven grandchildren, Molly and Abby Banks, Kristina and Brianna Murray, Kayla Lubicz, Kyle and Kelsey Mayer; brother Robert Banks of Carol Stream, IL; nieces, nephews, and many friends.
He was preceded in death by his wife, parents and sister-in-law Betty Banks.
A memorial open house will be held on Saturday, July 25 from 1-4 pm at Bethel United Church of Christ, 315 S. St. Charles Ave, Elmhurst, IL; program at 2:00. In lieu of flowers, please make donations to the American Cancer Society.
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How sweet the sound

Automakers amp up the art of perfecting the right engine noise

BY AARON COLE
Tribune Newspapers

For some people, the mellifluous warble of a V-8 engine is as all-American as “The Star-Spangled Banner.” A car’s engine and “bombs bursting in air” have more in common than meets the ear when it comes to hitting the right note.

“It’s like the national anthem; you know what’s wrong and what’s not,” said Brian Starley, a Los Angeles-based audio engineer who has worked on music and movies from his Bergatron Studios. “You just instinctually know when someone sings ‘The Star-Spangled Banner’ off-key without knowing what the notes even are. I imagine it’s the same way with cars.”

For years, automakers have been focusing efforts on improving engine sounds for drivers and passengers - even pedestrians - in a psychoacoustics battle for pleasure and perfection.

Cadillac spent “hundreds” of hours working to develop the sound profile of its new ATS-V, a performance version of its entry luxury sedan, said David Leone, executive engineer for the luxury brand.

In addition to logging time in a sound room at General Motors’ Milford Proving Ground listening to the ATS-V’s engine sounds, the engineers spent even more hours in the car to pinpoint ideal frequencies for the engine.

“There’s a frequency range between 250 and 2,000 hertz that we play in. And we play with the sounds in that frequency range,” Leone said.

Though he agreed with Starley’s “Star-Spangled Banner” analogy, Leone offered another comparison about perfecting engine sound and keeping it distinct.

“It’s a little bit like your grandma’s favorite recipe: You know when you like it. You appreciate it, but you don’t give the recipe out so everybody can make it like grandma did. We’re willing to tell you what we did, but the how is something that you don’t share so that someone else can go ahead and repeat it for you,” he said.

Jeff Merkel, who is a professor of arts and media at the University of Colorado at Denver and an expert in sound design, said the low-frequency burble of a mighty engine might be appealing to a deeper sense with drivers.

“Low frequency is longer wavelengths. Longer wavelengths are associated with larger objects; this is something we know intuitively,” Merkel said. “The smaller something is, the higher frequency. I believe there’s a correlation between big power and low frequency.”

Most automakers use tuning in some form to enhance their engines’ notes or exhaust. Automakers such as Ford and BMW have reproduced throatier notes for several years, according to a January report by Drew Harwell in The Washington Post.

In the Lexus NX-200T F Sport, the newest model by luxury automaker, a dial dubbed “Active Sound Control” is positioned near the driver to bring up or tone down engine noises piped in through the speakers. Lexus officials declined to comment for this story.

The sound-making methods are as varied as the automakers. Famously, BMW uses engine noise piped in through the speakers; Porsche uses a series of valves on its engine intake system to amplify its sound; Alfa Romeo’s 4C doesn’t use a muffler at all; and Jaguar uses a complex system of valves and exhaust baffling to crackle and spout.

Every automaker uses strategic sound deadening, and some use “phase shifting” to cancel out some noise, similar to the way noise-canceling headphones work.

Undoubtedly, automakers shy away from the allegations that their engine noises are faked in any way, but Leone said tuning out some noises may be necessary for many cars in the future.

“As you’re pushed by the government and the market to create greater fuel economy, you need to do some things with your engine calibrations that don’t always sound as pleasing as they would otherwise,” Leone said.

For instance, at low speeds an engine may have to lug itself to stay efficient.

“Whenever you lock an engine and torque converter up at very low speeds, and it doesn’t have a lot of torque available, you hear it working. And you can hear it, I’ll say, struggling,” Leone said.

Automakers such as Dodge have used enhanced engine noises and exhaust valves inside and outside of the car to help buyers and onlookers identify what they’re seeing - and what they’re listening to - in their muscle car versions of the Dodge Challenger and Charger.

“It’s a huge part of the driver experience; it’s something that you hear, feel and taste. I think we really made some big strides in the right direction. There are certainly a lot of frequencies that we want to mitigate as much as possible,” said Jim Wilder, vehicle development manager for the Challenger SRT, a performance version of Dodge's muscle car.

“We want the car to sound angry, with a very distinct muscle to it. They know it’s coming without even seeing it,” he added.

Acoustically speaking, Wilder may be on to something. His Challenger, which is available with a V-8 engine, may tickle a preconditioned positive association many people have with the big engine. A 90-degree-split V-8 engine naturally produces notes in the 4th order, an even harmonic overtone that Western cultures find more pleasing than odd harmonics, Starley said.

That's not to say that V-6 engines, such as the Cadillac ATS-V’s twin-turbocharged mill, which produce notes in the odd-harmonic 3rd order, are unpleasant, Starley said. It's just a matter of what people have mostly heard throughout their lives.

“We're very conditioned in (Western culture) to associate specific sounds with certain feelings, which isn't necessarily universal,” Starley added.

“Do we wish (the ATS-V engine) was a V-8? No,” Leone said. “Pick any manufacturer that you think is in the performance end of the business, and they let you hear their engine sound, and they work very hard on making sure it's rich and powerful. Rich, powerful and natural is what we went after.”

Aaron Cole is a freelance reporter.
**STAYING LOCAL**

**Soccer players get their kicks out of footgolf**

**BY GEORGE M. WILCOX**

Pioneer Press

Mike Bakker, his two sons and their two friends played footgolf for the first time July 11, and after a few holes Bakker provided the high school boys a few tips on golf etiquette.

After playing two footgolf holes at Village Greens in Woodridge, Bakker discovered it might help to follow some of the rules of conventional golf.

With five players sharing three gas carts to get around the second-year course, the boys rushed to kick their shots off the next tee whenever they were done with the previous hole. They took off in their carts immediately before anyone else hit his shot.

On the second hole, two boys teed off and were already pulling away in their cart as one of the other boys struck his tee shot, which nearly hit the gas cart motoring down the fairway.

“They just get up there and hit,” Bakker said. “These guys are anxious. They can barely wait.”

Golf club owners are hoping that the enthusiasm spreads.

Bakker invited his sons to play at Village Green about a year after he first heard about the sport from a friend. His sons Alec Bakker (senior) and Justin Bakker (sophomore) both attend Naperville Central and brought along their classmates Tyler Anstrand, a senior, and Andrew Niecikowski, a sophomore. Tyler Anstrand and Justin Bakker play in the Redhawks soccer program.

“I heard about it when someone emailed me,” Mike Bakker said. “I wanted to bring all of us. This date came up and it was sort of a last-minute decision.”

Since Village Greens limits footgolf rounds on its 18-hole, 2,508-yard, par-72 course to after 5 p.m. Mondays and Fridays, Bakker called ahead. After checking into the pro shop, the group returned to their cars to retrieve their soccer balls, although there is a barrel in the pro shop with soccer balls to rent. Some members of their group changed into soccer shoes, although Village Greens discourages using cleats to protect the tees.

The starter at Village Greens warned them to be aware of golfers still on the course. He provided them with a scorecard with a map of the course and yardage for each hole.

The left-footed Anstrand proved to be a quick learner. He served up accurate first kicks off the tee and showed a deft touch on short kicks around the hole.

“It's pretty enjoyable. It's pretty relaxed,” Anstrand said. “You are more focused on kicking than playing regular soccer. I thought it was pretty interesting.”

Justin Bakker taps in a kick July 11 at Village Greens in Woodridge.

**Fun for the family**

When officials at Village Greens installed a footgolf course in the winter of 2013, head pro Brandon Evans predicted that entire families could enjoy both versions of golf at the same time.

“I envisioned the scenario where mom and dad and everybody golfed because they were strapped for time,” Evans said. “The kids could do their own footgolf sport.”

Village Greens became the second golf course in the Chicago area to add footgolf. Prairie Bluff in Lockport was the first in 2012 and held the first Chicago area tournament that year. The Illinois Footgolf Association will conduct its fourth annual Footgolf Open July 25 at Marquette Park in Chicago.

Footgolf started in Hungary in 2008 and made its American debut months later at Haggan Oaks Golf Course in Sacramento, California. Illinois became the second state to create a sport association. According to the FootgolfIllinois.com website, there are 29 golf courses in the state that have added footgolf.

“Soccer is the sport I play, but footgolf is a new sport that I think soccer players can play,” said Carlos Stremi, the president of the Illinois Footgolf Association.

Stremi said 500 of the 16,000 golf courses in the country have added footgolf during the last two years. Golf clubs hope footgolf taps the growing popularity of soccer. Golf pros have seen their rounds decline in recent years and are looking at ways to get people on their course.

“I love to try different things, experiment,” Evans said. “We're trying something on the cutting edge as long as it does not take way from our core product.”

Footgolf uses 21-inch holes usually positioned away from the golf course greens and to the side of golf holes. Village Greens' layout is on the golf course's front nine. There is one footgolf hole on each par 3; two holes on the par 4s; and three holes on the par 5s. The longest hole is the 215-yard sixth hole; the shortest is the 73-yard 17th.

“It's a fun sport. It's a growing sport. It reaches a new target market. It's entirely new to us,” Evans said. “Golf has flattened. We're having trouble picking up new golfers. When we do pick up new ones, they replace the old ones.”

Evans said he hopes to attract youth soccer players and World Cup fans. Stremi said some courses have hosted footgolf birthday parties for large groups.

Evans said he is keeping his eye on another Illinois Footgolf Association. Evans said he hopes to attract youth soccer players and World Cup fans. Stremi said some courses have hosted footgolf birthday parties for large groups.

Evans said he is keeping his eye on another.

**Where to play**

A complete list of Chicago area footgolf courses is available at footgolfillinois.com. Here is a partial list of area courses:

**Addison Links & Tees**

Addisonparks.org/golf/foot-golf.htm

Holes: 9

Green fees: $10, $5 replay

Play: Everyday after 2 p.m.

**Chevy Chase**

Chevychasecountryclub.com/footgolf/

Holes: 18

Green fees: $13

Play: After 4:30 p.m. July 26, Aug. 9 and Aug. 21

**Lake Park Golf Club**

Des Plaines

dparks.org

Holes: 18

Green fees: $9 adults, $6 children under 18

Play: Any time

**Meadowlark**

Hinsdale

meadowlark.parksinthepark.com/footgolf/

Holes: 18

Green fees: $12

Play: Any time on weekdays, after noon on weekends

**Village Greens**

Woodridge

tvillagegreensgolf.com

Green fees: $12

Play: Any time

**Village Links**

Glen Ellyn

villagegolf.com

Holes: 18

Green fees: $12

Play: Any time

**Webber Park**

Skokie

skokieparks.org/weber-park-golf-
course#

Holes: 9

Green fees: $12, $6 replay

Play: After 4 p.m., Friday-Sunday
Hines drawing interest from DI basketball programs

BY MATT HARNESS  
Pioneer Press

In between morning drills and afternoon games at the High Academic Showcase on July 20, all was quiet inside the Field House Sports and Fitness Center in Waukegan.

The same can't be said for the talk surrounding Niles West's senior-to-be Evan Hines. From a relative unknown as a junior, the 6-foot-4 guard has risen up the recruiting rankings in a short time. Earlier this month, Joe Henricksen, who runs the City/Suburban Hoops Report, wrote that Hines is among the state's top-30 prospects for the Class of 2016.

"The buzz has gotten bigger," said Hines, a Skokie resident who plays for Fundamental University in the offseason. "It's pretty exciting. I feel the energy every time I go into the gym. It pumps me up. The summer has been really fun."

The book on Hines, a two-year varsity starter at Niles West, is that he's a natural long-range shooter with the athleticism to get to the rim. He's a serviceable rebounder, defender and ball-handler with room to improve, according to Niles West boys basketball coach Bob Williams and Mike Weinstein, Hines' AAU coach.

"He's got the talent and potential to be a Division I player," Weinstein said. "He just needs to be more consistent everywhere."

Williams said almost the same thing.

"He has all the tools," Williams said. "There are times when he shows off his amazing ability. But he has to be more consistent."

The biggest jump Hines said he's made over the last year has been between the ears. The better he controls his emotions, the more consistent he will be as a player, Hines said.

"I've worked on that," Hines said. "When I was a freshman and something wouldn't go right, the littlest thing, I would start flipping out and get out of my game." he said. "My sophomore year, it happened, too. This year, I've really worked on that. If something is not going right, I will start clapping to myself. If I can't hold it in, I will call for a sub. If I can't control my emotions, it not only affects me, but it affects everyone around me."

Weinstein and Williams both said they've seen Hines make big strides with his maturity over the last several months.

"His biggest battle always seemed to be playing through adversity," Williams said. "But he's shown signs of getting past that."

Since sixth grade, Hines said his dream has been to play college basketball. He now has opportunities to achieve that goal.

So far, Hines said he has Division I offers from Chicago State and Hampton, which played in the NCAA Tournament this past season. Weinstein said other interested colleges include Illinois-Chicago, Northern Illinois, Wright State and Green Bay.

"It's likely Hines will pick up more offers soon as he's playing at the Las Vegas Classic, a national AAU tournament, with Fundamental U this week."

"It's good to be excited about all the attention, but I don't want to get too excited that it takes me out of my game," Hines said. "I just want to stay calm, not force anything and let the game come to me."

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In this Nov. 26, 2014, photo, Niles West's Evan Hines shoots over Glenbrook North's Matthias Kim during the Kurland-Schnurr Tourney at Niles West in Skokie.
Nichol confident entering Special Olympics World Games

BY TODD MARVER
Pioneer Press

Christopher Nichol has received the lowdown of what to expect from a swimmer who once competed at that level.

One of Nichol's swimming coaches, Nancy Friend, has a former student, Annie Clinton, who competed in the World Games about 30 years ago in Baton Rouge, La.

"[Annie] just loved [the World Games]," Friend said. "So she has been telling Chris about the games and how great they are and how he's going to meet some wonderful people from all over the world. She wishes she could go again."

Nichol, now age 20 and a resident of Chicago's Edgebrook/Wildwood neighborhood, is one of 15 Special Olympics Illinois athletes and eight coaches who will represent the United States at the Special Olympics World Summer Games, which run from July 25-Aug. 2 in Los Angeles. Additionally, six Illinois residents will officiate at the games.

"We're just really excited he has this opportunity to represent Team USA in these World Games," said Esther Nichol, Christopher Nichol's mother. "We have our entire family going. So it's just going to be such an inspirational event. We've never been to Los Angeles, so that'll be exciting and we'll get a chance to do some sightseeing. But mostly, we're really proud of Chris and we look forward to the excitement of the games."

Christopher Nichol, who will compete in the 100-meter butterfly, 100 backstroke, 200 back and as part of the 100 medley relay team, is the only swimmer from Illinois competing in the World Games.

"I can go fast and I feel confident that I can get a gold medal," Christopher Nichol said. "Competing in the World Games makes me a better person."

Christopher Nichol began swimming when he was 5 and started competitively swimming when he was 8 on the Conquerors team for individuals with disabilities at the Leaning Tower YMCA in Niles.

"I really learned to be competitive [on the Conquerors] because I liked winning against other people on my team," Christopher Nichol said.

The Leaning Tower YMCA offers swim time for all individuals with disabilities on Thursday nights at 7, but in order to join the team, one must be able to swim one length. When Christopher Nichol qualified at age 8, he initially was able to swim only the freestyle. He needed to learn another stroke in order to participate in competitive events.

"When we go down to the district meet or state meet, we like them to be able to be in at least two events, so the next step was teaching him the backstroke," Friend said.

Once Christopher Nichol became proficient in the backstroke and freestyle, he was able to swim both styles.

Christopher Nichol has improved greatly from not being able to swim a length before joining the Leaning Tower YMCA Conquerors swim team to being able to swim a variety of strokes at long distances. Christopher Nichol has won several Special Olympics gold medals.

"He's really accomplished a lot and gotten a lot of gold medals and hopefully he'll take some gold medals in the World Games in Los Angeles," Nancy Friend said.

Nancy and Larry Friend have been volunteer coaches for the Leaning Tower YMCA Conquerors for over 20 years. Esther Nichol is appreciative of the time they have put in to work with her son.

"Nancy and Larry come all the way from Libertyville every Thursday night to train the kids," Esther Nichol said. "They are very dedicated, wonderful coaches and work great with the entire team. Since Chris has been selected for Team USA, they've been working with Chris extra and pushing him even harder. They've really been wonderful, and it's completely volunteer on their part."

Todd Marver is a freelance reporter for Pioneer Press.

Kutschke keeps cool, helps Dons advance

BY MATTHEW PARAS
Pioneer Press

Notre Dame pitcher Scott Kutschke was on his way to a 3-2 victory over Marist in the quarterfinals of the Phil Lawler Summer Classic on July 20 at Benedictine in Lisle, but he felt the pressure in the bottom of the seventh inning.

An error by shortstop Rachel Wendel, a single and an overthrow ball put Marist runners on second and third with two outs. It also put a 3-1 lead in jeopardy. Dons coach Nelson Gond and Kutschke's teammates crowded the mound. It was up to Kutschke to bail them out in the summer baseball state tournament.

"Coach Gord came out and said, 'You got this,' " Kutschke said. "My mindset is I have to go out there and do what I can do -- just try not to overwork myself and not to overthink anything. I just pitch the way I know I can do."

In the next at-bat, Kutschke surrendered a run, but avoided disaster overall as the Dons swatted off a pesky Marist team.

Kutschke, a Morton Grove resident, secured the final out with a strikeout and Notre Dame improved to 22-6 this summer. The Notre Dame senior-to-be finished with just four hits allowed and seven strikeouts in the complete-game win.

"Scott's just a winner since we brought him up as a sophomore two years ago," Gord said. "He just wins ballgames. He gives us the best chance as a competitor. There's probably no one else in this complex that you would want with the ball in their hands in that situation."

Notre Dame also relied on late-game heroics from junior-to-be William Jaculio. He faced an 0-2 count after two failed bunt attempts with the game tied at 1 in the top of seventh, but he smacked a shot to left-center for a double to drive in junior-to-be Max Racz from first.

Wendel (2-for-4, one RBI) then drove in Jaculio from second with a single to give the Dons some breathing room.

"When I'm asked to bunt, I should have done the job, but I got it done anyway," Jaculio said. "That's probably one of the best feelings I've ever had."

Marist made a push to tie the game at 1 in the fifth inning when junior-to-be Bobby Gorman took second when Notre Dame catcher Justin Ciñeros caught him in the back.

"We faced him in the spring and he was tough," Marist coach Kevin Sefcik said. "He was just as tough here."

The Dons were scheduled to play Lincoln-Way North on Tuesday, July 21, at North Central College in Naperville.

Meanwhile, Kutschke gets to enjoy getting some revenge against an East Suburban Catholic rival.

"I pitched against them in the spring and it didn't go so well," Kutschke said. "I definitely came in with a chip on my shoulder and wanted to show them what I could actually do."

Matthew Paras is a freelance reporter for Pioneer Press.

Twitter: @Matthew_Paras
ON A ROLL

Notre Dame reaches Phil Lawler Summer Classic state baseball tournament. Page 37

Notre Dame's Scott Kutschke delivers a pitch against Marist in the Phil Lawler Summer Classic on July 20 in Lisle.
What happens when faith & forgiveness reach the boiling point?

BY HEIDI SCHRECK

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