

# THE BUGLE



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## MG Board Votes to Shut Down Renovo Spa

By Tracy Yoshida Gruen  
STAFF WRITER

After an executive session following a three-hour long hearing the Village of Morton Grove board of trustees voted to deny an appeal to the business license revocation for Renovo Spa on Monday, Oct. 15.

Morton Grove Police Commander Brian Bolger and Detective Novak were questioned during the hearing. Bolger,

who led the investigation, said that he received an anonymous phone call sometime in June from a man who said that sexual services were being offered at the spa located at 5641 Dempster St. On Aug. 2 Bolger entered the salon himself.

"I was offered a sexual act," said Bolger, at the hearing. Bolger said he was offered a "hand job" for \$100 and was told other sexual services were also available. Bolger also said that a massage

therapist attempted to touch him in an inappropriate area.

Detective Novak had a similar experience on Aug. 8. He entered the salon and was offered a "hand job" for \$50 and "full service" for \$200. He described the massage therapist as a girl with an Eastern European accent.

A third officer, who wasn't present at the hearing, said that while at the spa a massage therapist was "persistent" in offering sexual services to him.

Officers also reported finding "condom boxes" at the facility.

Novak explained that during an interview with one of the massage therapists, she told him that the therapists were allowed to keep \$20 of the \$80 for the massage and all extra "services" were like tips that they could keep completely. However, if a credit card was used then the management would take 20% of the cost of the "services" for the processing fee. The girl also said that she

found an ad for Renovo Spa in a Vietnamese newspaper and moved here from another state to work at the spa. She said it was "common knowledge" what took place at those types of establishments.

The manager and owner, Henry Leong (who was arrested for keeping a place of prostitution) and Mrs. Nguyen were present at the hearing but did not speak.

See Shut Down, page 10

## When Will 'Honest Abe' Make His Way Home?

By Tracy Yoshida Gruen  
STAFF WRITER

Some residents in Niles are anxiously waiting for Abe Lincoln's return.

The Lincoln statue was removed from his home at the Milwaukee Ave. waterfall a few weeks ago after his head fell off. According to a police report, members of a wedding party were leaning on the statue to take wedding photos

See Statue, page 10



## Annual Niles Lions Candy Days

The Niles Lions club manned the corners and shopping centers in Niles for the annual Niles Lions Candy Days on Oct. 12 and Oct. 13. Proceeds benefit blind and hearing endeavors. Pictured on Oakton and Milwaukee are Norbert Johnson, Ingrid Kubitz, Kim Steude, Glenn Steude and Josef Schwab



## PACE Service Cuts Start In November, More to Come In January

By Tracy Yoshida Gruen  
STAFF WRITER

The PACE board of directors approved the proposed 2008 budget on Wednesday, Oct. 9 and the next step is to hold public hearings.



The elimination of all service after 7 p.m., several fixed bus routes and higher fares for bus, paratransit and dial-a-ride customers are part of the proposed budget due to the lack of an adequate long-term funding solution from the state legislature.

The proposed budget calls for service cuts and fare increases are estimated to lead to nearly 11 million fewer riders in 2008. A public hearing will be held at the PACE headquarters in Arlington Heights on Oct. 23.

Locally, on Nov. 4, weekday service on route 210 Lincoln Ave. (serves Morton Grove) and Saturday service on route 423 Linden-CTA-The Glen-Harlem Ave will be discontinued (serves Morton Grove and Niles).

After hearing from all of the concerned bus riders at the recent public hearings, the board made a proposal that instead of eliminating all weekend service, the fare

See PACE, page 10

### Something To Do?

Check out the October Senior Living Guide Inside. Special Pull Out Section

### Congratulations

Niles Fire Department Honors St. Francis Paramedic Graduates. News, page 3

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## Niles Family Fitness Center Offers New Program to Battle Childhood Obesity

Due to a growing concern among the health industry with regard to childhood obesity, the Niles Family Fitness Center has launched a new program for children and parents dedicated to good health.

The second Saturday of each month until December, the center will offer one-hour long programs that center around

health, nutrition and exercise for the whole family.

The programs are conducted by a staff member and personal trainer at the fitness center who received a bachelor's degree from DePaul University.

The series kicked-off with a program called, The Reality of Childhood Obesity in September.

On Saturday, October 13, from 11 to noon, the topic is Encouraging Healthy Habits.

On Saturday, November 10, from 11 a.m. to noon, the topic is Nutrition Ideas and a Holiday Fitness Challenge.

And the final program on Saturday, December 8, from 11 a.m. to noon, is called Exercise Ideas and a Holiday

Fitness Challenge.

Those who complete all four programs will receive a gift and be replaced in a raffle for a one-month membership or membership extension for the whole family.

Those interested in more information on the program and registration can call the fitness center at (847) 588-8400.

## Missing Niles Man Returns Home From Florida

The 42-year-old Niles man who was reportedly missing has returned home.

"He was a little depressed and wanted to get away for a little bit," said Niles Police Sgt. Tom Davis.

"He was a little depressed and wanted to get away for a little bit."

Sgt. Tom Davis  
NILES POLICE

Davis said that he had been located down in Florida after people saw him checking in and out of a hotel.

Davis said police detectives were unable to find him in Florida, but he returned home on his own.

The man was reported to be missing after he was last seen at his home on Nora Ave. on Sept. 20. His girlfriend and roommate were concerned that he was missing. Niles police detectives conducted a search for him.

Davis was told on Oct. 10 that he has returned home safely.



From left to right: Probationary Firefighters/Paramedics: Brian Collins, Brian Chrzanowski and Michael Ries.

## Niles Fire Department Honors St. Francis Paramedic Graduates

The Niles Fire Department is proud to announce the graduations of firefighters Brian Collins, Brian Chrzanowski and Michael Ries from the St. Francis Hospital Paramedic course on September 19th, 2007. The paramedic course took approximately nine months to complete. During the first six months, they attended over 300 hours of classes, worked in various departments at the hos-

pital for approximately 150 hours, as well as spent countless hours of studying. For the next three months, they each had to ride on one of the Niles Fire Department ambulances under the tutelage of a special Preceptor to gain first-hand experience. The final step was successful completion of both the Advance Cardiac Life Support (ACLS) and Pediatric Advanced Life Support (PALS) courses.

## MCC Outreach Event Unites Faiths, Cultures

The Muslim Community Center recently held an annual community outreach Iftar and dinner to unite people of all faiths.

For the past few years, the MCC has been inviting members of other faith communities and neighborhood leaders to come together for Iftar and have dinner with its members.

Following the breaking of the fast with the traditional dates and fruit juice, the guests

enjoyed a meal and listened to brief presentations by the leaders from various organizations.

"The challenge for us here in America is to not only cope with this diversity of cultures and faiths but also to find new meaning and new strength from it," said Azher Quader, in his closing remarks at the event. "The challenge for us is to find common ground and come together on it. The challenge for us is to not get stuck in our past histories but to recognize and grasp our future possibilities."

"The challenge for us is not to withdraw ourselves into our own small ethnic comfort zones and get isolated from one another, but to reach out boldly to meet our neighbors and experience the joy of diversity and democracy," continued

See Event, page 10

### Access to Care

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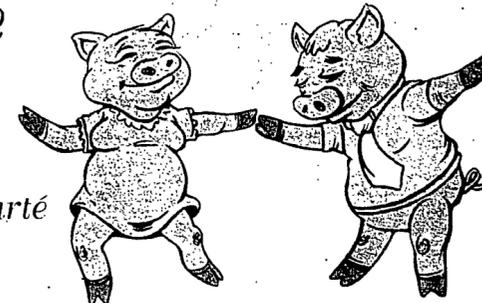


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## D64 Approves \$10M in Short-Term Financing

The Park Ridge-Niles Dist. 64 board of education authorized the issuance of up to \$10 million in tax anticipation warrants to accommodate the district's operating needs into early 2008 at the board meeting on Oct. 8.

The district will incur at least \$85,000 in issuance and interest costs for the first

group of warrants that will be sold on Oct. 15, estimated Business Manager Bruce Martin.

Fall property tax bills are being held indefinitely due to a stalemate in Springfield between the governor and legislative leaders regarding potential property tax relief. The board planned to receive

at least some of those tax revenues in October and a good amount in November. About 80% of the district's revenues come from property taxes.

"The unprecedented delay of the second installment of property taxes has caused this action to be necessary," Martin explained in a press release dated Oct. 9.

"The \$85,000 could be so much better spent in our classrooms helping educate children rather than being spent on short-term borrowing. Who is going to make school districts whole for incurring this expense, which is a result of the Springfield stalemate?" wondered Board Vice President Chris Mollet.

"This situation clearly points out why Dist. 64 asked local residents to strengthen our fund balance as part of the referendum request," said Supt. Sally Pryor, in the Oct. 9 press release. "The timing of when tax revenues are received is outside of our control and yet has such a huge impact on our cash flow."

## D219 Students, Grammy Award-Winning Vocalist Share Stage

Diane Schuur, a Grammy award-winning jazz vocalist joined selected students from Niles North and Niles West High Schools on stage Saturday to celebrate Dist. 219's fine and performing art programs being named number one in the nation by the Kennedy Center for the Performing Arts.

Schurr performed with several special groups created specifically for the concert, such as a Dist. 219 honors orchestra, honors jazz band and an honors vocal jazz ensemble. Also showcased were an honors

band, honors choir and an honors dance ensemble.

The concert was held at the North Shore Center for Performing Arts in Skokie.

Other guest artists included internationally renowned wind ensemble composer Frank Ticheli from the University of Southern California, who conducted the band in three of his works; University of Iowa musician and educator William LaRue Jones, who conducted the orchestra; professional drummer and recording artist Joel Spencer, who conducted the jazz band.

Gus Giordano Dance

Company dancer and choreographer Elijah Gibson created a new piece for the dance ensemble. Chicago area composer Gary Fry wrote an original piece, "Come Join the Dance," that got its world premiere at the showcase when it is performed by the joint orchestra and choir. Ra Joy, executive director of the Illinois Arts Alliance emceed the event.

District 219 was the 2007 recipient of the Kennedy Center Alliance for Arts Education Network (KCAEEN) and National School Boards Association (NSBA) Award in April.

## Maine East September Students of the Month

**Applied Arts and Technology:** Pooja Bansal, Jacob Braskavsky, Michelle Buckle, Akshar Patel (named twice), Monika Smetiana, Grace Wechman and Lisa Zaremski

**Art:** Ashley Grob, Annita Mathew, Raul de los Reyes, and Jenny Zajac

**Drivers Education:** Zaher Allababidi and Elizabeth Philip

**English:** Zarin Brushra, Stephanie Chorkawciw, Marion Cruz, Jennica Demailig, Alyssa Jenrick, Justina Kaczmarzuk, Nelya Kryshchuk, Shaquita McMillian, Claudia Moreno, Joshua Rathod, Tess Raser, Maria Spanos, Nicole Tagle and Stephanie Tamson

**English as a Second Language Bilingual Education:** Himangiben Arora, Yanjinkha Batsaikhan, Daria Chrosna, Israel Dela Cruz, Mayra Garcia, Krzysztof Janowicz, Dhaval Mody, Pura Sugaduga, Suby Thomas, Bindu Titus and Elias Ricardo Rojas

**Foreign Language:** Azra Atic, Jelena Bulatovic, Erick Garcia,

Ishtar Georges, Christina Kill, Damian Korzeniewski and Benjamin Vazquez

**Mathematics:** Kristin Beierwaltes, Sean Foley, Douglas Hansel and Annita Mathew Music: Alex Paguirigan and Jenny Won

**Physical Education and Health:** Rose-Ann Aragon, Himangi Arora, Ewa Bednarczyk, Jose Borges, Patrick Brown, Scott Klepadlo, Brian Luv, Akshar Patel, Jigar Patel, Christian Spigos, Andrew Suriano, Mary Swoboda, Misael Velazquez-Soto, Letty Villareal and Matthew Wiegel

**Science:** Ewa Bednarczyk, Claudio Moreno, Digisha Patel, Purvish Patel, Vanessa Rosario, Mary Rose Swoboda and Conrad Szczepanski

**Social Science:** Pooja Bansal, Raquel Barkan, Dana Castillo, Melissa Herrera, Maria Oliver, Ravi Patel, Bao Thach Tran and Louie Velazquez

**Speech and Drama:** Dorine Aziz, George Joseph and Dan Viveros

## Web-Based Learning Tools Available to Culver Students

Culver School in Niles is offering students several on line learning opportunities.

In order to supplement class work and help students with their Homework School Dist. 71 has provided some quality technology tools for the students to utilize.

At www.classzone.com students in grades six to eight will be able to find material to provide reinforcement that supports classroom instruction in the form of flash cards, games, puzzles and more from book publishers.

A new subscription series for grades 1 to 6, at www.starmatica.com will allow Culver students to have unlimited access from school or home with log in codes. (user name and password: bulldogs) Animated lessons and interactive lessons and practice exercises in math and reading are provided at this website.

## Fixing Illinois Healthcare 1,2,3

Politicians love a crisis. A crisis equals job security to a politician - it means you need them. Usually, the solution is an invitation to go from the frying pan into the fire. Health care has been described as a crisis. It is true; the current system doesn't work like it should. It is confusing and expensive, yet it is the best in the world. Proposals from government are costly in time, money, health and liberty. Are there simple, inexpensive and tax-free solutions?



Another Perspective  
MORGAN DUBIEL | COLUMNIST

options and, in the end, lower prices. What can Illinois politicians do to help these trends?

The free market is working hard to overcome the worst aspects of health care; the goal being to deliver high quality, inexpensive care. Wal-Mart, Walgreens, CVS and others are working hard to bring health care costs down. Wal-Mart leads the way with \$4 generic prescriptions, later matched by competitors. This program alone is estimated to have saved consumers almost \$300 million. Wal-Mart is also leasing space for clinics in its stores so as to better serve people. CVS, Target and Walgreens are also implementing similar programs. These kinds of solutions create more competition, more

testing. That drastically reduced the cost of an ultrasound. We need more of that dynamic change in law that allows the free market to act, while keeping medicine safe and affordable.

**2. Reduce Insurance Costs.** We need to personalize our insurance policies. Insurance mandates need to be eliminated and policies made more flexible. This would allow you to customize those coverages you need. Depending on your age or circumstances you might add or drop coverage just like you do with your car or home insurance. You would get a menu of coverages and their prices and decide what is best for your circumstances. Young healthy people would drop some coverages in exchange for lower rates. If diabetes ran in your family, but cancer did not you could lower cancer coverage and raise it on diabetes related illnesses. That kind of flexibility insures that you are covered for what you need and not overpaying for services you don't need.

**3. Reduce Frivolous Lawsuits.** We all pay for lawsuits that serve to enrich lawyers at the expense of patients. We need to limit non-economic damages such as pain and suffering but keep actual damages, including loss of income still recoverable. We need to better control class action suits. These are lawsuits over pennies that make lawyers multi-million-

aires. Right now it is too easy to generate big fees for attorneys, while those harmed get little or nothing in return. Our world isn't perfect and trying to right every wrong becomes an expensive way of tilting at windmills, while gilding the attorney's lance. You pay for the gold trim through higher medical costs.

There are other ways to lower costs as well. We need to make it easy for skilled doctors to come and practice in Illinois. When a doctor with a degree and years of medical experience comes to America Illinois forces them to take schooling that repeats the schooling and skills they already have. It takes about 2 years and costs \$23,000. That is a lot of money and a long time to wait to work at what you already know. One woman who was in charge of the health care in an entire Russian state's prison system and her specific job was disease management and prevention. She has over 7000 hours of doctoring and graduated the equivalent of Cum Laude at the top of her class. Does it make sense that she work as a home nursing assistant, when we need caring, smart and skilled doctors?

The goal is to eliminate barriers to competition, increase access to skilled medical professionals, and lower costs. All that can be done by opening up the market and reducing over-regulation. It just costs a little ink and paper.

## Letters To The Editor

Dear Editor,  
I moved to Niles from Chicago about 5 years ago. I am still awed by the beauty of this area, but I am shocked by the people's lack of patriotism. I am the only one that displays the American flag on my block. However, I do notice that people hang out seasonal flags and holiday flags. As I walk through the neighborhood, I see few who own an American flag. Perhaps they need to be reminded that our men and women are still dying in Afghanistan and Iraq for our country.

Respectfully,  
PP

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## 13th Annual St. John Brebeuf Gala Benefit November 3

My Kind of Town, will be held on Saturday, November 3rd, 2007 in the St. John Brebeuf Parish Ministry Center, 8301 N. Harlem, in Niles.

Tickets to this Chicago-style event are \$65.00 per person and include cocktails,

hors d'oeuvres, dinner, live and silent auctions, entertainment by a live Chicago blues band, and dancing.

Special guest will be Otis

Wilson, Chicago Bears Super Bowl XX star line backer.

A \$10,000.00 Gala Grand Raffle prize will be awarded. Raffle tickets may be purchased for \$25.00 each or 5 for \$100.00 by calling Maureen Polcyn at (847)583-8821.

All proceeds benefit the St. John Brebeuf Parish School. For event information and ticket sales, please contact Christine Aragon at (847) 583-0825.

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FOR WOMEN				FOR MEN			
Age	What to do	How often	To check for	Age	What to do	How often	To check for
18+	breast self exam	monthly	breast cancer	18+	self skin exam	monthly	skin cancer
	pap smear	annually	cervical cancer		skin exam by physician	every 3 years	skin cancer
	self skin exam	monthly	skin cancer		lipid profile	every 5 years	high cholesterol
	skin exam by physician	every 3 years	skin cancer		blood pressure test	every 1-2 years	high blood pressure
	lipid profile	every 5 years	high cholesterol		self testicular exam	monthly	testicular cancer
	blood pressure test	every 1-2 years	high blood pressure				
35+	TSH test	every 5 years	thyroid dysfunction	35+	TSH test	every 5 years	thyroid dysfunction
40+	mammogram	annually	breast cancer	40+	skin exam by physician	annually	skin cancer
45+	skin exam by physician	annually	skin cancer	45+	blood sugar test	every 3 years	diabetes
45+	blood sugar test	every 3 years	diabetes	50+	fecal occult blood test	annually	colorectal cancer
50+	fecal occult blood test	annually	colorectal cancer	50+	colonoscopy	every 10 years	colorectal cancer
	colonoscopy	every 10 years	colorectal cancer				

10 reasons to see a primary care physician

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# \$8,800 Black Mink Jacket Stolen From Store

## MORTON GROVE

### 1 Fur Jacket Stolen (6700 block of Dempster)

A black mink jacket was stolen from a store in the 6700 block of Dempster St. sometime between Sept. 27 and Oct. 2. The fur jacket is worth \$8,800.

### 2 Theft While Shopping (6900 block of Dempster)

A woman's wallet containing \$223 in USC and miscellaneous cards was taken from a store in the 6900 block of Dempster on Oct. 6.

### 3 Solar Powered Lights Stolen (5900 block of Washington)

Unknown person or persons took solar powered landscape lights from a residence in the 5900 block of Washington sometime between Oct. 5 and Oct. 7. The value of the lights is between \$50 and \$100.

### 4 Threatening Phone Calls (Morton Grove)

A resident said an unknown male with a foreign accent made threatening phone calls to his home saying, "I know where you live" and "I will shoot you." The victim said the man told him to send money to Africa and when he refused he began threatening the resident between Sept. 29 and Oct. 7.

### 5 DUI Arrest (Waukegan and Beckwith)

A 26-year-old Morton Grove man was arrested on Oct. 11 for driving under the influence after being found asleep behind the wheel. His court date is Nov. 30.

### 6 Retail Theft (5900 block of Dempster St.)

A 29-year-old female and a 39-year-old female, both from Chicago, were arrested on Oct. 5 for stealing more than \$1,000 worth of products from a store. The court date is Nov. 1.

### 7 Possession of Cannabis (Dempster/Ferris)

A 38-year-old Gurnee male was arrested on Oct. 8 for the possession of cannabis and driving with a suspended license. His court date is Nov. 14.

### 8 Retail Theft (7200 block of Dempster)

A 43-year-old Palatine woman was arrested for retail theft on Oct. 6 after stealing boots and shoes from a store. Her court date is Oct. 22.

## NILES

### 9 Burglary to Auto/Bomb Squad Assists (8200 block of Washington)

A complainant observed a

suspicious duffel bag next to a tree in front of her house on Oct. 8. A bomb squad secured the bag, which belonged to a victim of an auto burglary. The bag contained miscellaneous paperwork.

### 10 Man "Forgot" Child was in Vehicle (8600 block of Dempster St.)

A complainant said a child was left in a vehicle in the 8600 block of Dempster St. for 20 minutes on Oct. 14. When asked by police, the offender said he forgot the child was in the car.

### 11 Plants Poisoned (7800 block of W. Park Ave.)

Unknown person or persons poisoned the plants outside of a resident's home in the 7800 block of W. Park Ave sometime between Oct. 5 and Oct. 14. There was no residue found, but the resident said the plants were dying in an abnormal way, police said.

### 12 Coffee on Vehicle (7800 block of Nordica)

Unknown person or persons

poured coffee on the hood of a vehicle, shaving cream on the windshield and also egged the vehicle in the 7800 block of Nordica between Oct. 11 and Oct. 14.

### 13 Baby Clothes Stolen (9000 block of Golf Rd.)

Someone entered a store and took \$115 in baby clothes from a store in the 9000 block of Golf Rd. on Oct. 12.

### 14 Stolen Vehicle (9500 block of N. Milwaukee)

Unknown person or persons took a vehicle from the 9500 block of N. Milwaukee Ave. on Oct. 14.

### 15 Leaving Scene of Accident (8500 block of Milwaukee Ave.)

A 24-year-old Niles man was arrested on Oct. 9 for leaving the scene of accident and no valid insurance. The court date is Oct. 24 and the bond is \$2,000.

### 16 No Valid Driver's License (7500 block of Natchez)

A 25-year-old Niles man was

arrested on Oct. 11 after being stopped for driving 51 mph in a 30 mph zone. The man was charged with driving without a valid driver's license. The bond is set at \$1,000 and the court date is Nov. 7.

## PARK RIDGE

### 17 Three Men Struck Victim (Cumberland and Devon)

An 18-year-old male said that while walking northbound at Cumberland and Devon, three unknown males about 25 years of age jumped out of a red Ford Expedition and started striking him on Oct. 6. The man struck back until the unknown subjects entered their vehicle and fled northbound on Cumberland. The man received minor injuries to the facial area.

### 18 Office Window Damaged (1000 block of N. Northwest Hwy)

Unknown person or persons damaged a front office window in the 1000 block of N.

Northwest Hwy. on Oct. 3. The estimated damage is \$500.

### 19 Man Punched in Face (700 block of N. Western)

A 19-year-old was standing on the sidewalk when he was punched in the face and head by an unknown male subject. The man was transported to Lutheran General Hospital for his injuries.

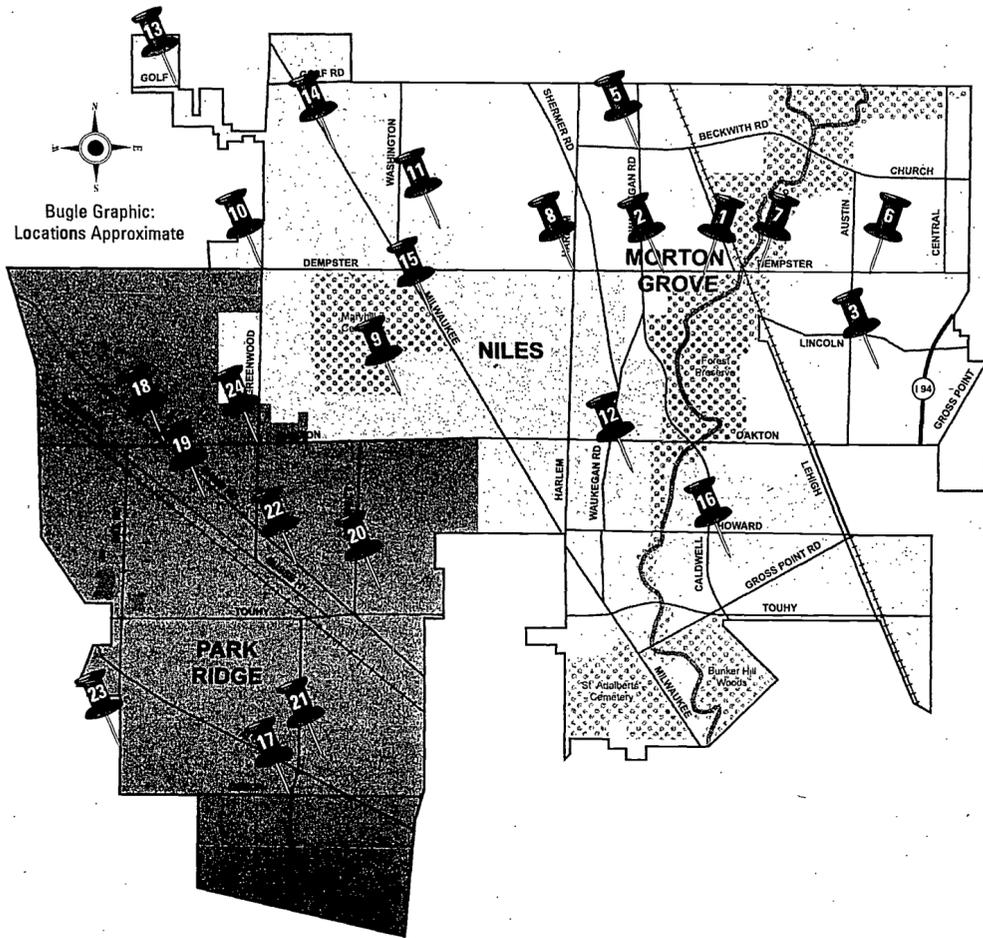
### 20 Spare Tire Stolen (100 block of N. Washington)

Unknown person or persons took a spare tire worth \$1,200 off of a 2006 Toyota Landcruiser sometime between Oct. 9 and Oct. 10.

### 21 Graffiti on Playground Equipment (1000 block of S. Fairview)

A black permanent marker was used to draw graffiti on playground equipment in the 1000 block of S. Fairview between Oct. 6 and Oct. 8. The estimated cost of the damage is unknown.

See Blotter, page 7



Bugle Graphic: Locations Approximate

## Blotter

continued from page 6

### 22 Burglary to Vehicle (100 block of N. Northwest Hwy.)

Unknown person or persons took a \$450 GPS system from a vehicle in the 100 block of N. Northwest Hwy. on Oct. 4.

### 23 Possession of Alcohol by Minor (1100 block of S. Dee)

A 17-year-old Park Ridge teen was arrested on Oct. 6 for possessing alcohol. The court hearing is Nov. 13.

### 24 Possession of Drug Paraphernalia (Greenwood and Oakton)

A 20-year-old Niles man was arrested at Greenwood and Oakton for the possession of drug paraphernalia on Oct. 9. His court hearing is Nov. 13.

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## HALLOWEEN TRICK OR TREATING AND MORE

at Golf Mill Shopping Center



Rain or shine, kids can wear their costumes and reap Halloween rewards in a safe, lighted and convenient atmosphere on Wednesday, October 31, 2007 at 3:30 p.m. at Golf Mill Shopping Center, located at Golf Road and Milwaukee Avenue, in Niles.

Getting into the Halloween spirit is easy when kids enjoy a heap of exciting chills and thrills with a spooky ghost story before free trick or treating begins!

Waldenbooks Presents a Spooky Story  
3:30 p.m.

Halloween fun begins at 3:30 p.m. with storytelling at Waldenbooks. Barbara Schilling will entertain children with a reading of "Ten Timid Ghosts" by illustrator Jennifer O'Connell. This bewitching tale follows a witch who tries to scare ten ghosts out of the haunted house where they live. Waldenbooks is located in the JCPenney wing. Contact Waldenbooks for more details at (847) 824-2218.

Golf Mill Free Trick or Treating  
4:00-6:00 p.m.

Children can wear their costumes and enjoy free Halloween trick or treating in a safe and fun environment throughout the mall from 4:00- to 6:00 p.m. Candy stops are scheduled at participating stores: American Family, American Optical, Bath & Body Works, Best Travel, The Children's Place, Choices R' Here, Diversity Jeans, Golf Mill Café, GM Chocolate Factory, Golf Mill Shoe Repair, Hair Art, Hallmark, McDonald's, New York & Co., Northgate, PageComm, Panda Express, Piercing Pagoda, Rogers & Hollands, Stutch & Dream, Waldenbooks, Whitehall Jewelers, Wireless Gizmos 1 & 2, KB Toys, and many more!

Halloween Trick or Treating and More at  
Golf Mill Shopping Center

Still ready for more treats? The new Elephant Bar Restaurant offers a broad menu with generous portions featuring sandwiches, salads, burgers, fresh fish, shrimp, and Pacific Rim specialties at reasonable prices. The children's menu offers many meal choices ranging from \$2.95-\$4.50, complete with a drink and an ice cream sundae.

Golf Mill Shopping Center, anchored by Sears, JCPenney, Target, Value City Furniture, Kohl's, Kerasotes ShowPlace 12 Theatres, and over 120 national and specialty retailers, is located at Golf Road and Milwaukee Avenue in Niles. For more information, visit [www.golfmill.com](http://www.golfmill.com) contact Golf Mill Shopping Center at (847) 699-1070.



at Lambs Farm the  
3rd Annual Haunted  
Harvest

Hair-raising activities to entertain the  
whole family...

Calling all ghosts and goblins! The 3rd Annual Haunted Harvest of Lambs Farm is a spooky celebration full of fun and pulse quickening adventure for thrill seekers of all ages. This annual fall event transforms the Lambs Farm Farmyard into a colorfully eerie Halloween festival every Saturday night in October.

Graveyard Golf offers miniature golf among tombstones and other ghostly sights and the

Creature Walk leads visitors through the darkened Farmyard. Young children can have some lighthearted fun on the Enchanted Carousel. Children of all ages will enjoy playing games in the autumn night at the Monster Midway.

Haunted House fans will not want to miss the Train of Terror, a spine tingling journey through the creature filled woods around Lambs Lake. The Train of Terror is not for the faint of heart and features gruesome vignettes, live monsters and ghouls lurking in the pitch black forest. This train ride is sure to satisfy true fright fans. Visitors are also invited to stop by the Cauldron Café for delicious treats, sweets, and warm beverages. After an evening of Halloween fun, guests can purchase the perfect pumpkin and other Halloween decorations at our Pumpkin Patch.

WHEN: Saturday nights in October, 6:00 pm - 10:00 pm

WHERE: Lambs Farm  
Intersection of I-94 and Route 176 in  
Libertyville, Illinois

ADMISSION: \$15.00 for an all night pass, free for children under 3- with the purchase of an adult pass.\*\*

(Individual pricing is also available:  
Graveyard Golf \$5, Creature Walk \$3,  
Enchanted Carousel \$3, Train of Terror \$5)

PARKING: Free

Lambs Farm is a non-profit organization in Libertyville just 35 miles north of Chicago that empowers people with developmental disabilities to lead personally fulfilling lives. For 46 years, Lambs Farm has been assisting individuals in creating their own pathways to meaningful experiences at work, home and in the community. For additional information on Lambs Farm or Haunted Harvest, please call 847-362-4636 or visit [www.lambsfarm.org](http://www.lambsfarm.org).

at Pioneer Park Celebrate  
Halloween



Niles Park District invites you to attend Pioneer Park on Sunday, October 28 from Noon until 6:00 p.m. for an exciting Halloween Party.

Children and adults who attend the party in costume will enjoy mini-golf for free! Bring the entire family and enjoy a FUN and SAFE day at Pioneer Park, 7135 N. Harlem Avenue. For more information, contact Pioneer Park at (847) 583-2746.

Hitch Elementary School is hav-  
ing its first Annual Halloween



"Hike For Hitch" on Saturday, October 27, 2007 at 10:00AM sharp. The two (2) mile walk, jog or run is a healthy alternative to raise much needed funds for our school. The event will be held in the school lot at Austin & Bryn Mawr Avenues. (rain or shine) All ages welcome! There is a suggested \$6.00 donation per person.

For more information, call (773) 792-2748

Tam O'Shanter Golf Course "Fall Companion" Special

Back by popular demand is Tam O'Shanter Golf Course "Fall Companion" special. Buy one round of golf at regular rates and your companion plays for free at the time of purchase. Cannot be used with Mid-Day Special rates, or any other offers. This special offer applies to green fees only. Call (847) 965-2344 for tee-times and availability. Niles Park District's Tam O'Shanter Golf Course is located at 6700 Howard Street and is open thru the beginning of December, weather permitting. Come out and enjoy our beautiful 9-hole course!

### Senior Citizen Reduced Fare Program Registration For RTA

PLACE

Olympia Park-6566 North Avondale Ave., Chicago, IL

On Monday, October 22, 2007 at 11:00AM staff from the Regional Transportation Authority will be at THE OLYMPIANS SENIOR MEETING conducting registration for seniors interested in the Regional Transportation Authority's Reduced Fare Program. This program provides that Senior Citizens (age 65 and older) can ride the CTA (Chicago Transit Authority) Metra or Pace transit system for half fare.

The registration will be conducted at "NO COST TO YOU" In order to register as a senior for the REDUCED FARE PROGRAM you must do the following:

Please bring one of the following documents as a form of identification:

- Drivers License
  - RTA Reduced Fare Permit
  - Passport
  - State of Illinois Identification Card
  - U.S. Immigration Alien Registration Card
  - Other official Government Identification with a photo and birth date
- Your photograph will be taken and affixed to your Reduced Fare Permit.

Please do not wear hats, scarves or sunglasses when being photographed.

Upon completion of your registration, you will receive your RTA Reduced Fare Permit through the mail in approximately three weeks.

### Liberty Bank for Savings to Host Shredding Day

The public is invited to attend a free Shredding Day at Liberty Bank for Savings' Park Ridge office, 1018 W. Touhy Ave. The event will be held from 9 a.m. to 12:30 p.m. on Saturday, Oct. 20, 2007. Protect yourself from identity theft and get rid of unnecessary financial documents at this free event.

According to the Federal Trade Commission, more than a quarter of a million identity theft complaints were reported last year, marking the sev-

enth consecutive year ID theft has risen. They estimate that around 10,000 of the victims were Illinois residents, and identity theft costs victims across the nation almost 49.3 billion dollars.

You can bring up to 25 lbs. to be shredded. There is no charge and reservations are not required. For more information on this Liberty Bank for Savings event and other summer activities, call Susan Andrews at 773-489-4458.

### High Tea with Eleanor Roosevelt at The Summit of Uptown

The Summit of Uptown (formerly Summit Square), 10 N. Summit Ave., Park Ridge will be hosting High Tea with Eleanor Roosevelt at 2 p.m. on Thursday, Oct. 25. Actress Roberta Randall will portray the fascinating life of Eleanor Roosevelt, transitioning from her shy lonely childhood to her position as First Lady.

Executive Chef Jose Medina will prepare a High Tea in the tradition of Chicago's Drake Hotel, including finger sandwiches and elegant desserts. The charge is \$7. Seating is limited and reservations are required.

Guests are encouraged to tour The Summit of Uptown before or after the program. For more information, or to RSVP, please call Josephine at 847-825-1161 Ext. 104 by Friday, October 19.

### Park Ridge V.F.W. Auxiliary #3579 Annual Card & Bunco Party

Come and Join Us to Have an

Afternoon of Fun

Sunday, October 28, 2007

Time: 1:00PM to 3:30PM

Refreshments Will Be Served

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Reservation Deadline is

Friday, October 19, 2007

Make Check Payable To: Park Ridge

Auxiliary #3579

Mail to:Lorraine Biola

7026 West Farragut

Chicago, IL 60656-1294

Include your name(s)

and number of tickets you require.

## BUSINESS

### Lone Tree Manor Offering a Smorgasbord of Culinary Delights

By Tracy Yoshida Gruen  
STAFF WRITER

Lone Tree Manor located at 7730 N. Milwaukee Ave. provides a special atmosphere for every holiday and special occasion, as well as a friendly place to dine everyday.

Since 1986, Lone Tree Manor has offered European-American home-style cooking. The buffet is all-you-can eat and the restaurant is open at 11 a.m., seven days a week.

Currently, the restaurant area is decorated with vibrant fall leaves and pumpkins, creating a cozy, fall environment.

Next to the restaurant, there is a banquet hall that offers guest seating for 400 people. The elegant banquet hall is used for weddings, ethnic events and holidays, memorial luncheons, showers and more.

The restaurant is owned by Maria Wojdyla and her family. Prior to Lone Tree Manor, they owned Grota Smorgasbord on Central Ave. in Chicago, a



Lone Tree Manor on Milwaukee Ave. in Niles offers a smorgasbord of European-American dishes and desserts for everyday dining and special occasions.

medieval-themed restaurant that is now run by her niece. Wojdyla has been in the restaurant business for 35 years.

The "smorgasbord" idea exists at Lone Tree Manor too, providing a little something

for everybody.

Some of the items served at Lone Tree Manor are potato pancakes, meat, sauerkraut, potato and cheese pierogies, blintzes, stuffed cabbage, baked ham, roast beef, polish sausage, homemade salads

and pastries, chicken breasts, breaded pork tenderloin, fish and much, much more. Fancy desserts are made daily by one of the chefs.

The friendly staff members see many familiar faces during the lunch hour, as well as new

people from all different ethnic backgrounds.

Catering and carry-out services are also available.

Lone Tree Manor is located at 7730 N. Milwaukee Ave. in Niles. The phone number is (847) 967-0966.

### Niles Kitchen & Bath Business Has New Owner, New Name

Paul Suellentrop is the new owner of The Design Center for Kitchen and Bath (formerly Lake Forest Kitchen and Bath). Located at 7327 N. Harlem Ave., Niles, The Design Center offers a range of high-quality cabinets, appliances, countertops, flooring, and plumbing fixtures along with professional design services on premise.

"We bring a unique service to Niles and the surrounding communities by providing simple and personalized attention - from concept and design through installation - to our customers' remodeling needs" says Suellentrop. "We want to make sure each customer gets the right kitchen or bath to fit their individual requirements and budget. There is no 'cookie cutter' approach here at The Design Center."

In addition, The Design Center seeks to be environmentally friendly with its own operations and by using "green" products by Crystal and other manufacturers. For example, Crystal uses

some pre-consumer recycled materials and processes which reduce or eliminate harmful chemicals.

He adds, "We are also an excellent cabinetry resource for builders, remodelers, and others doing new construction or rehabs. We can consult directly with the homeowner or work entirely through the contractor."

Name brands offered at The Design Center include cabinets from Crystal, Cabico, Shiloh and Merillat, appliances such as Viking and Sub-Zero, plumbing fixtures from Kohler, Grohe, and others. Tile and a wide variety of countertops and flooring are also available. Store hours are: Monday-Thursday 10 a.m. to 6 p.m., Friday 10 a.m. to 4 p.m. and Saturday from 10 a.m. to 3 p.m.

A Wichita, Kansas native, Suellentrop purchased the business earlier this year. His career includes a range of experience, from banking to retail and automotive glass distributorship. He lives in Evanston with his wife, Leah, and their daughter Tristan, 7.

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Morton Grove

## Son-Rise Program Makes Difference for Two Brothers

By Tracy Yoshida Gruen  
STAFF WRITER

Niles resident Jeanne De Lisle's two Autistic sons are currently involved in a home-based program, called the Son-Rise Program and she says the program has had a positive impact on their lives.

Each boy has a playroom with shelves filled with all of their favorite toys. In the playrooms, volunteers work with the boys on eye contact, language, social skills and more. Payton and Kiernan (ages 7 and 6) play with toys, interact with volunteers, use flashcards and practice their language skills by asking for toys in their playrooms.



Jeanne De Lisle, Payton and volunteer, Emma, spend time together in Payton's playroom during a two-hour session on Monday, Oct. 15.

Barry Kaufman developed the Son-Rise program, a father whose son was diagnosed with severe Autism. He and his wife developed this play-based program, centering on a safe, fun, loving atmosphere. His son went on to

college and is now the CEO of the Option Institute in Massachusetts where De Lisle and her husband received their training for the Son-Rise Program.

"We tried the school programs and they didn't work," said De

Lisle. "I felt like the whole day they were at school they shut down."

With the Son-Rise Program, De Lisle is noticing improvements with her boys. De Lisle said that many children have been through the unique program and have had a reversed diagnosis.

"Just the fact that they're tolerating strangers," said De Lisle. "They get excited and they're at the window looking for the volunteer that's coming."

Several volunteers are critical to the program's success. Each volunteer will work with a child for about two to four hours a week.

Those interested in volunteering can call (847) 966-7075 or email [tpdelisle@earthlink.net](mailto:tpdelisle@earthlink.net).

## Shut Down

continued from page 1

Henry Samuels represented Leong and Nguyen and said that they were not aware of any acts of prostitution occurring at Renovo and that if sexual services were offered they were "independent escapades."

"It's almost impossible for her to monitor what goes on in a massage type scenario," said Samuels.

Samuels questioned why there was a two month lapse between the time Bolger received the anonymous phone call and the time the investigation actually began. He also wondered why the therapists weren't arrested on the spot by the police.

"There was discussion but there was no evidence that anything took place," said Samuels. "She never got a chance to eliminate or eradicate the violations."

Frank Tennant was the village prosecutor at the hearing.

Tennant stated that three different officers have reported being solicited for sexual services and two girls talked about the services in interviews. He clearly saw a reason to revoke their business license. He discussed that the owner has been in violation of the liquor ordinance in the past as well.

"It clearly rises to the level of a

public nuisance," said Tennant. It is offensive to individuals and harmful to the residents of the village."

Tennant said he believes the owner was aware of what was taking place at her business and if not he felt she should have been.

Following an executive session, Mayor Richard Krier and the board of trustees returned to the room and they all voted to deny the appeal.

## PACE

continued from page 1

box revenue has to equal 25% of the entire cost of operating the route, or the weekend service for that route would be eliminated.

"They've kind of softened the blow," said PACE spokesperson Patrick Wilmot, regarding the weekend service. He said the board understands that many people rely on PACE service and the cuts negatively affect their quality of life.

The weekend service cuts and other changes such as the elimination of 24 fixed routes either in their entirety or the weekend service, all fixed route and local Dial A Ride fares will rise to \$2, all evening service after 7 p.m. will potentially be eliminated, will be in effect on or about January 1.

The service cuts and fare increases are a direct result of a \$32.9 million shortfall on the suburban service budget and a \$17 million shortfall for regional paratransit service.

For the northwest suburbs, a public hearing regarding the proposed 2008 operating and capital program will be held on Tuesday, Oct. 23 from 4:30 p.m. to 6:30 p.m. at the PACE headquarters in Arlington Heights.

## Statue

continued from page 1

when the head accidentally fell off. They then took Lincoln's head inside a limo and were stopped by police on their way to the station, after an observer called the police regarding the incident.

"From the best we can detect it was accidental," said Robert Tornabene, of the Niles Police Department. He said there was no way to really tell if it was accidental or not. The wedding party said they didn't want to leave the head outside so they were going to drop it off at the police station.

## Event

continued from page 2

Quader." Here at MCC that is the struggle for many of us and that is the challenge we face every day."

The interfaith event held at the MEC in Morton Grove is the first of a three-part series with St. Martha's Catholic Church in Morton Grove and Beth Emet in Evanston. St. Martha's will host an event on Nov. 6 and Beth Emet will host on Feb. 1.

## Suffering From An Unwelcome Side Effect of Medications?

ARA

It's a problem no one wants to talk about, much less admit they are dealing with, but according to the American Journal of Gastroenterology, constipation is a common gastrointestinal complaint affecting more than 65 million Americans. That's double the number of people who suffer from seasonal allergies.

Adults over the age of 50 are particularly susceptible since constipation is a side effect of many medications. According to the American Association of Retired Persons

See Effect, page S5



Photolibrary

# SENIOR LIVING GUIDE 10-07

OCTOBER Niles Seniors S2, Maine Twp. Seniors S3, FYI Travel S4, MG Seniors S6, Park Ridge Seniors S6, Obituaries S7



## Senior Safety Begins in the Home

NEWSUSA

Household accidents can happen at any time and to people of all ages, but the likelihood increases exponentially with age. According to the National Center for Injury Prevention and Control, falls are the leading cause of death and serious injury among Americans age 65 and older.

Additionally, two-thirds of those who fall will end up doing so again within six months. So, what can you do to ensure that an older loved one stays safe in both their home and yours?

The following safety tips will keep your older loved ones safe in the home:

■ Make sure to keep electric cords and small items out of the high-traffic areas of your home. Vision begins to decline later in life, and it can be easy to stumble over hard-to-spot hazards lying on the floor.

■ Because the majority of slips and falls take place in the bathroom and around the tub, efforts to improve safety in this area should be a primary point of focus. The Archimedes Bath Lift by firstSTREET helps fragile seniors rediscover the luxury of a warm, relaxing bath by giving them a fully immersible, remote-controlled bath.

See Safety, page S5

## Prominent Navy Veterans Honored for Their Service

ARA

What do the owner of the New Orleans Saints, a Chicago lawyer, a legendary St. Louis Cardinal, and a U.S. Senator have in common? They all answered the call to service when their country needed them by donning the U.S. Navy uniform in World War II. These men, all four of whom went on to become leaders in business, youth education, law, sports and politics — respectively, never forgot the values instilled in them by their service in the Navy: honor, courage and commitment.

Now, more than 60 years later, the United States Navy Memorial in Washington, D.C., is going to formally thank them. On October 29, the Navy Memorial will honor them with the Lone Sailor Award, which is given to Sea Service veterans who have distinguished themselves in their respective careers while exemplifying the core values of the Navy.

"These four men proudly wore the uniform of their country in a time of war, then achieved extraordinary success in a variety of careers in the public and private sector, but they never forgot the values they learned in the United States Navy," says Rear Adm. Richard A. Buchanan, USN (Ret), president and CEO of the Navy Memorial. "They epitomize service over self and have never



Senator John Warner

stopped 'giving back.' We are honored to recognize them as Sea Service veterans and legendary leaders in the worlds of industry, sports and politics."

Past Lone Sailor Award recipients include Arnold "Red" Auerbach, Ernest Borgnine, President George Herbert Walker Bush, President Gerald Ford, Rear Adm. Grace Hopper, Austin Kiplinger, Senator John Kerry, astronaut James Lovell, Senator John McCain, James Michener, Adm. Hyman Rickover, In 'n' Out Burger founder Esther Snyder, Roger Staubach, Jonathan Winters, Herman Wouk, and Adm. Elmo Zumwalt — just to name a few.

See Honor, page S8

# Got Carpal Tunnel?

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# Ron Santo Teams Up to Announce Flu Shot Campaign

American Lung Association of IL-Greater Chicago, and the Chicago Dept. of Public Health Recommend Vaccinations

Flu season is upon us here in the Chicagoland area. Flu season can begin as early as October, and last well into springtime. The flu is not merely a common cold, but a serious and potentially life-threatening respiratory illness. The American Lung Association of Illinois-Greater Chicago estimates that between a quarter million and one-half million Chicagoans will be affected by the flu this season. On average, 36,000 Americans die and a quarter million peo-

ple are hospitalized annually in the U.S. due to the flu.

"The American Lung Association of Illinois-Greater Chicago suggests that the best way to reduce the effects of the flu is through an annual vaccination or flu shot," said Chicago Cubs great Ron Santo. "October or November is the ideal time for a flu shot, although you can still get a flu shot in December or later."

The flu is a very serious illness for anyone at high risk. Certain diseases that place peo-

ple at high risk include: chronic lung disease such as asthma, emphysema, chronic bronchitis, bronchiectasis, tuberculosis, or cystic fibrosis. Furthermore, those with heart disease, chronic kidney disease, diabetes or other chronic metabolic disorders, severe anemia, and diseases or treatments that depress immunity are also at increased risk.

Annual flu shots are recommended for all persons, including school-aged children, who want to reduce the risk of

becoming ill with the flu or transmitting it to others. In addition, children aged 6-59 months, adults that are in close contact with children aged 6-59 months, people 50 years of age and older, healthcare workers, all care givers of high risk people and people with chronic health conditions such as asthma, residents of long-term facilities and women who will be pregnant during the flu season.

"Flu shots are also covered by Medicare and other health insurance programs," said Julia

Morita, M.D., Chicago Department of Public Health, Immunization Program Medical Director. "Most people experience little or no reaction to the flu shot. The most common side effect is a swollen, red, tender area where the flu shot was administered, typically in 10-64% of patients." To learn more about the flu, or to find a flu shot clinic near you, visit [www.lungillinois.org](http://www.lungillinois.org) or call our Lung HelpLine at 1-800-LUNG USA.

## Niles Senior News

### Medicare Prescription Drug Coverage Open Enrollment

Begins November 15  
Are you considering enrolling in or changing your Medicare part D plan? The Annual Coordinated Election Period (AEP) for Medicare Part D is November 15-December 31. During this period, beneficiaries who are not enrolled in Medicare prescription coverage can enroll. Also current enrollees

in the program can switch plans. If you have Medicare Part D prescription coverage, you should review your plan during this time as you might want to switch drug plans if another plan better meets your needs. This is the only time during the year that such changes can take place.

### Annual M/C Holiday Party Spectacular

Friday, Dec. 7th, 11:00

White Eagle \$28.  
Niles Senior Men's Club invites you to our annual party at the White Eagle, 6839 Milwaukee Ave. Enjoy a family-style luncheon featuring, boneless breast of chicken, fish, and beef plus great side dishes. Following lunch, Sark Antaramian and the Mid-Nite Xpres will be on hand for an afternoon of listening or dancing. Table Raffles and Door

Prizes! Tickets are available in the November Naturally Active.

### Niles Red Hatters

Afternoon Tea at the Drake, Monday, December 3 12:00 \$50  
Niles Red Hatters will take a motor coach journey to the Drake Hotel for Afternoon Tea in the Palm Court on Monday, December 3rd. Enjoy an assortment of Finger Sandwiches, Fruit Bread, Scones served with Whipped Cream and Preserves, and a selection of Imported Teas and Pastry. This experience is complemented by heavenly harp music by the Drake's gifted harpist. Reservations info is in the November Naturally Active.

### Flu Shot Registration now taking place at the Niles Senior Center

Make your appointment as soon as possible for your flu shot. Reservation forms are available at the Front Desk of the Senior Center. Flu shots are scheduled for November 6th, 7th, & 8th and are by appointment only.

### Important Info Regarding Illinois Cares RX

(Circuit Breaker)  
To continue receiving prescription drugs under Illinois Cares Rx in 2008, you must complete a 2006Form IL-1363 to Illinois Department on Aging NOW. Individuals can renew online or pick up an application at the Senior Center. You must also submit SSA Form 1020 for "extra help" with prescription drug costs to the Social Security administration. Call the Niles Senior Center for more information.

### Volunteers Needed

Special seasonal volunteers are needed for the following programs:  
**Life Experience Videos**  
Niles East H.S. and the Niles Senior Center are working together to create videos that will document ONE life experience. This experience will be organized, researched, and recorded by the students before a final showing at the High School.  
**See Niles Seniors, page S7**

WHEN LIVING AT HOME IS NO LONGER AN OPTION...



**CLINICAL SERVICES:**

- Rehabilitation Therapy
- Respiratory Therapy
- Ventilator Care
- In-House Hemodialysis
- Wound Care
- Tracheostomy Care
- IV Therapy
- Alzheimer's Unit
- Hospice Care
- Respite Stays
- Elite Orthopedic Unit

**SPECIAL AMENITIES:**

- Beauty Salon
- Housekeeping Services
- Podiatry Care
- Optometry Services
- Around-the-Clock security
- Ethnic Menu Selections
- Multi-lingual Staff
- Enclosed Patio Terrace
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- Activity Programs
- Massage Therapy
- Religious Services

**ETHNIC PROGRAMS:**

- Russian program
- Korean Program

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# Maine Township Seniors Plan Trips, Classes and More

## Men's Group

Tuesday, Oct. 23, 11:30 a.m. to 1:30 p.m. Cost: \$3.50. Lunch provided - Registration required.

Chicago author and historian Rich Lindberg will give a slide presentation on "Famous Crime Scenes."

## Piano Lessons

Oct. 31 through Dec. 19, 1/2 hour lessons for 8 weeks. Cost: \$56. Registration required.

Learn how to play piano as Ludmyla Turkalo shows you the way. You will arrange your own lesson times once payment is received.

## Thanksgiving Days' Luncheon

Thursday, Nov. 15. Doors open: 11 a.m. Lunch served: 12 noon. Crystal Palace, 2648 Dempster, Park Ridge. \$14

members/\$15 guests, +\$1 fish.

Let's give thanks this month and enjoy a wonderful lunch of house salad, turkey breast with cranberry sauce, sweet potatoes, green beans with mushrooms, and rocky road ice cream for dessert. Then, stay for the wonderful entertainment by Las Guitarras de Espana, a Spanish music and dance performance. Bingo to follow. Reservations and cancellations due by Monday, Nov. 5.

**Next luncheon:** Sunday, Dec. 9 at Chateau Ritz.

## We need you

In order to offer FREE Income Tax assistance to our members, we need volunteers to make a commitment to volunteer at least 4-hours a week during the tax season. Training provided.

Please contact Mary Swanson at 847-297-2510 for more information.

## Used Cell Phones Collected

Maine Township, in cooperation with the Cook County Sheriff's Office, is collecting used cell phones to be converted for emergency 911 usage for Senior Citizens. If you have a phone you would like to donate, drop it off at Maine Town Hall.

## Day Trip

The following Day Trip is currently on sale. In order to sign up for a Day Trip you must first sign up to be a member and then a reservation form will be sent to you. To become a member, call the MaineStreamers at 847-297-2510 and ask for an application. All Day Trips depart from Golf Mill Mall in Niles.

## 'Christmas in the Country' Trip

The Grand Geneva Resort in Lake Geneva, Wisconsin. Wednesday, Dec. 12 or Saturday, Dec. 22. 9 a.m. to 6:30 p.m. Cost: \$76 members/\$81 guests.

This is a wonderful outing for the holidays. Upon arriving at the beautiful Grand Geneva Resort you can relax and enjoy the beautiful gingerbread house display, shop in the many stores or simply sit by the fire and have a relaxing drink. Then enjoy lunch, followed by one of the best shows in the area- "Hooray for the Holidays!" in the Evergreen Ballroom. A Holiday tea will follow and then, upon our departure, we will view the holiday light display on their beautiful grounds. Don't wait too long, as this trip is always very popular.

# Expect to Pay Up-Front For Additional Earnings

By Tom Margenau | COPLEY NEWS SERVICE

**Q:** I'm 62, and I recently applied for early retirement benefits from Social Security to begin next January. I plan to continue working part time, and I think I will make about \$15,000 next year. As you know, that is a couple thousand dollars more than the earnings limit that Social Security allows for early retirees. I know that half of whatever I eventually earn over that limit has to be paid back to the government.

**A:** There is no "law" that requires the Social Security Administration to hold back your checks at the beginning of the year to recoup benefits you possibly might not be due because you expect to make more money than the earnings limit placed on early retirees. It's just internal SSA operational policy. I think they can justify that policy because it saves the taxpayers' money. The government gets to keep the money that wasn't due in the first place, and they don't have all the collection hassles later on. You may be very willing and able to pay back the benefits you weren't due, but I can tell you from experience that it doesn't work that way for many people. Getting money back from an often confused beneficiary (the earnings penalty rules are very complicated) is like trying to get Rush Limbaugh to send a check to Hillary Clinton's presidential campaign. In fact, thousands of hours of administrative time, i.e., taxpayer dollars, are wasted every year in debt-collection efforts. If I'd known your situation ahead of time, I would have suggested that when you applied for Social Security benefits, you should have told SSA you did not expect to work next year. Or you could have said that you were planning to work but that you didn't expect to make over the earnings threshold. That way, they would have been required to send

**Q:** I recently attended a local political rally. One of the speakers claimed that illegal immigrants are ripping off the taxpayers because they get Social Security benefits that they are not due and haven't paid for. Is this true?

**A:** No, it's not. I've addressed this

**See Security, page S7**

**YOUR SOCIAL SECURITY**

they can't do this because it's against the law. Is this correct?

**A:** There is no "law" that requires the Social Security Administration to hold back your checks at the beginning of the year to recoup benefits you possibly might not be due because you expect to make more money than the earnings limit placed on early retirees. It's just internal SSA operational policy. I think they can justify that policy because it saves the taxpayers' money. The government gets to keep the money that wasn't due in the first place, and they don't have all the collection hassles later on. You may be very willing and able to pay back the benefits you weren't due, but I can tell you from

**"There is no "law" that requires the Social Security Administration to hold back your checks at the beginning of the year to recoup benefits you possibly might not be due because you expect to make more money than the earnings limit placed on early retirees. It's just internal SSA operational policy."**

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# New Lift Means More Access for Skiers at Heavenly

By Tom Roebuck  
COPLEY NEWS SERVICE

For the 2007-2008 ski season, Heavenly at Lake Tahoe will unveil Olympic Express, a new high-speed quad on the Nevada side of the mountain that will

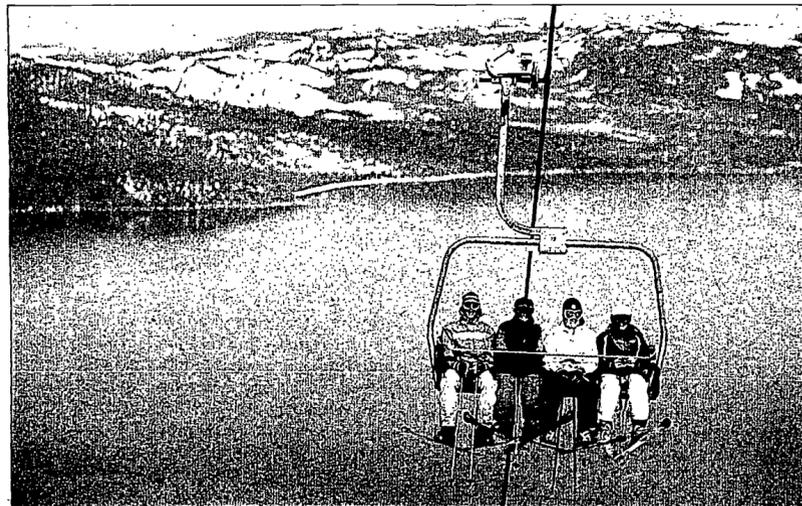
## FYI TRAVEL

replace the original Olympic Chair. The new lift will provide high-speed access to a currently under-utilized area of the mountain. Once strictly the domain of dedicated powder seekers, Olympic Express will provide access to Nevada Woods, some of the best tree skiing on the planet.

Also new at Heavenly this season are three new ski trails off Olympic Express, one new trail off of Dipper Express, and one of North America's longest adventure zip lines that will thrill guests as they fly along the tree-tops.

### Cupid in the Caribbean

The Alexandra Resort in the Turks and Caicos Islands is offering a "Fall in Love" package with couples in mind. The package includes seven nights in a suite



Lake Tahoe's Heavenly ski resort will unveil a new high-speed chairlift, the Olympic Express, this season. Pictured is the Sky Express lift, with similar views of the mountain. (CNS Photo courtesy Heavenly)

with ocean or beachfront views that overlook the wide white beaches of Grace Bay; a three-course dinner with a bottle of wine at the resort's Orchid Restaurant; half-day boat and snorkeling excursion for two;

and two romantic one-hour massages.

Every Monday in the evenings, the Beachfront Dining Deck hosts the popular Caribbean CookOut Buffet, where guests can enjoy seafood,

grilled chicken and jerked pork loin. Guests are treated to live Caribbean music as the sun sets over Grace Bay.

**FYI:** The "Fall in Love" package is available through March 29, 2008, with rates starting at \$1,860

through Dec. 15, 2007. Beginning Dec. 16, 2007, through March 29, 2008, rates start at \$2,560. Rates don't include 10 percent service charge and 10 percent government tax. For more information, visit [www.Alexandra-Resort.com](http://www.Alexandra-Resort.com) or call 800-284-0699.

### Pinot in Portland

The Hotel Vintage Plaza's new "Pinot in Portland" package lets visiting oenophiles skip the hour-long trek to wine country by offering the Oregon wine experience in the heart of downtown Portland. The hotel's new personalized, self-guided wine immersion package is the urban alternative to a traditional wine country vacation.

Guests are greeted by a bottle of the hotel's private label Oregon Pinot Noir, which they can taste within the comfort of their suite and begin recording tasting notes in a wine journal provided by the hotel. To experience the aromas and subtleties that distinguish Oregon Pinot Noir from other regional wines, guests receive an Italian-Oregon Pinot Noir comparison flight, or sampling, at Pazzo Ristorante,

See Travel, page S8

## Effect

continued from page S1

(AARP), 90 percent of adults 50 and older take medications daily, and nearly half of them are on at least 5 different medicines.

"Constipation is a symptom, not an illness. However, it's important for patients to question their physician or pharmacist about the prescriptions they are given and what to do if they suspect constipation is a side effect. Most constipation is temporary and easily treated," says Dr. Cynthia Yoshida, a gastroenterologist and former associate professor of clinical internal medicine at the University of Virginia.

She points out the number one doctor-prescribed laxative, MiraLAX, is an option available to everyone with occasional constipation since it is now only available over the counter. However, before deciding on any treatment option, she recommends you ask yourself these questions:

**1. What is constipation?**  
According to the National Digestive Diseases Clearinghouse, constipation is defined as having a bowel movement fewer than three



times per week with stools that are hard, dry, small in size and difficult to eliminate. "Many people assume they are constipated if they don't have a bowel movement every day," says Dr. Yoshida, "but bowel movement habits are personal and can vary greatly. What's important to look for is significant or prolonged change."

**2. What causes constipation?**  
As food moves through the colon, the colon absorbs water from the food and what remains becomes "stool." Muscle contraction in the

colon then pushes the stool toward the rectum. By the time the stool reaches the rectum, it is solid because most of the water has been absorbed.

**3. What medicines am I taking?**  
Dr. Yoshida advises consumers to make a list of all the medications they are taking and share it with their doctor or pharmacist, who will be able to tell them if constipation is a side effect of a single drug, or of a combination of medications they are taking. If this ends up being the case, your doctor may be able to

switch you to different medications that don't have constipation as a side effect.

**4. How is constipation treated?**  
Although treatment depends on the severity and duration of the constipation, in most cases a mild laxative taken orally will bring relief. MiraLAX, the number one doctor-prescribed laxative, which was also preferred by laxative users, is now only available over the counter.

Dr. Yoshida acknowledges that talking about constipation can be uncomfortable, but she recommends asking your doctor or pharmacist these four simple questions to help you become your own best advocate for receiving appropriate care.

For more information about preventing constipation, log on to [www.miralax.com](http://www.miralax.com). MiraLAX is taken once daily and comes in a powder form which dissolves completely in any common beverage (coffee, tea, juice) and works by drawing water into the bowel from surrounding body tissue, providing softer stools and increasing the frequency of bowel movement. It is available nationwide at drug store chains, supermarkets, mass merchandisers and club stores.

## Safety

continued from page S1

chair that can gently raise and lower an individual into the water as they choose, helping to prevent slips and falls.

All bath mats, rugs and runners should have slip-resistant backing. Periodically, lift all rugs and inspect the backing to see whether it needs to be replaced.

At older ages, we are much more susceptible to burns from hot water. To prevent this, set the temperature of your water heater below 120 degrees.

Keep a fire extinguisher handy in the kitchen, and make sure it's easily accessible.

Check the gauge every month to make sure the extinguisher is still full, and teach seniors the correct way to use it should a house fire ever occur.

Check all stair railings, both inside and outside the home, to be sure they are safe and secure.

For more information on the Archimedes Bath Lift or other home products for seniors, call toll-free (800) 807-6304 or visit [www.BathLiftDirect.com](http://www.BathLiftDirect.com).

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## Brunch & Learn

### Free Event for Seniors at Sunrise of Highland Park



EVENT DETAILS

Brunch & Learn  
at Sunrise of Highland Park

Sunday, October 28, 2007

11:00 a.m. to 2:00 p.m.

Space is limited. RSVP to

Amy at 847-681-1620,

Ext. 2133 today!

Join us for our Brunch & Learn at Sunrise of Highland Park. Meet Heather Keena, the new Executive Director of our community. Sample our cuisine and discover everything we do to enhance the dignity, independence, and individuality of our residents. We focus on the details of living, including:

- Range of lifestyle options
- Housekeeping
- Delicious meals
- Engaging activities
- Beautifully appointed apartments

Enjoy a great meal and discover the community that has everyone in the area talking!

RSVP for you and a friend today.

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# Annual Holiday Craft Festival

DATE: SATURDAY, OCTOBER 27/11  
TIME: 9:00 AM - 3:00 PM

Come visit us at this year's  
Annual Holiday Craft Festival!

- Featuring 35 craft vendors
- Annual Bake Sale
- Stay for lunch
- Visit our Giveaway Table



Central Baptist Village  
4747 N. Canfield Norridge, IL 60706  
(708) 583-8500

## Laughter & Meditation for Weight Loss Programs

Enjoy either or both of these free classes at the Morton Grove Senior Center on Friday, Oct. 26. The "Laughter" Program will be held from 1:30 to 2:30 p.m. followed by the "Meditation for Weight Loss" Program from 2:30 to 3:30 p.m. Register by calling the Senior Hot Line at 847/470-5223. There must be a minimum of five people registered for each class.

## Understand Your Phone Bill

Morton Grove residents are invited to a free event that will help in the understanding of home telephone bills and perhaps save money at the Citizens Utility Board (CUB) free phone bill analysis at the Morton Grove Senior Center. Two separate CUB meetings will be held at 1 p.m. on Tuesday, Oct. 30 and also at 7:30 p.m. on Monday, Nov. 12. Bring in the home phone bill and a CUB expert will sit down with individuals one on one to explain all the confusing charges, sort through the perplexing calling plans in both local and long-distance telephone markets. Contact CUB at 800/669-5556 with any questions.

## Mall Shopping

Morton Grove seniors who would like to join shoppers on a trip to the Golf Mill Mall on Tuesday, Oct. 30 should call the Morton Grove Senior Hot Line at 847/470-5223 to reserve a

## Morton Grove Senior News

seats on the Seniortran. Home pick-ups begin at 9:15 a.m. with arrival at Golf Mill at 10:15 a.m. Trips are free for Morton Grove Senior Center Members and \$1 for all others.

## Mayflower Tours Trip Preview

Mayflower Tours will highlight their upcoming "Branson" trip and the "Southern Celebration Value Tour featuring the Beau Rivage Resort and Casino and other destinations in Alabama, Mississippi and Louisiana," starting at 1 p.m. on Friday, Nov. 2 in the Morton Grove Senior Center. Register for this free program by calling the Morton Grove Senior Hot Line at 847/470-5223. There must be at least 10 participants registered.

## Exploring the Internet

Join the Morton Grove Senior Center for the "Exploring the Internet" class to be held from 10:30 a.m. to 12:30 p.m. on Saturday, Nov. 3. Register in-person at the Senior Center before Oct. 15 at a cost of \$6 for Members and \$7 for non-members. Class size is extremely limited so register early to avoid disappointment.

## Ahoy, the Caribbean!

Come cruise the Caribbean Islands with photojournalist and storyteller Bob Swartz at 1:30 p.m. on Monday, Nov. 5 in the Morton Grove Senior Center. He'll also transit the engineering miracle of the Panama Canal, the exotic mar-

kets and people of Costa Rica, and the primitive Embera Indians of Panama. Register in-person at the Senior Center at a cost of \$4 for Members and \$5 for non-members. There must be a minimum of 15 people registered.

## Skokie Theatre Music Foundation

Join the Morton Grove Senior Center for a musical afternoon of popular jazz standards from the 1930s, 40s, 50s and 60s. This performance will feature the Bob Acri Orchestra at the old Skokie Theater. The bus leaves the Senior Center at 12:45 p.m. on Wednesday, Nov. 7 and returns at 3 p.m. Register in-person at the Senior Center at a cost of \$7 for Senior Center Members and \$8 for non-members. There must be a minimum of 10 people registered.

## Cholesterol Screening

The Morton Grove Senior Center's monthly Cholesterol Screening will be held at 9 a.m. on Wednesday, Nov. 7. Swedish Covenant Hospital will administer the screening, which provides a full lipid profile including total cholesterol, HDL, LDL and triglycerides. Results will be available within seven working days. Reservations can be made by calling the Morton Grove Senior Hot Line at 847/470-5223. Fasting for 12 hours is also required but water and medications are allowed. The cost is \$10 for residents age 65+ and \$12 for non-residents and residents under age 65.

## Park Ridge Senior News

## November Events

The Park Ridge Senior Center has planned a Thanksgiving luncheon for Monday, November 19 at 12:30 p.m. with doors opening at noon. This traditional feast will be catered by "Inglenook." The menu will, of course, feature turkey and stuffing along with ham, mashed potatoes, squash, salads, and pumpkin pie for dessert. There will also be entertainment provided by "Harmony Productions." This four person group brings music from Broadway and the movies, hit songs from some of your favorite performers, as well as music of the 40's and 50's. Members can make reservations according to current registration policy. There is a \$17.00 charge for lunch and entertainment.

In keeping with this year's

theme of learning and seeing programs from many countries, the Center has planned an "Olde English Day" on Thursday, November 29. The entertainment will be provided by "The Elizabethans." They will journey back in time to the England of Queen Elizabeth I. Dressed in their elaborate, jewel-toned gowns designed after those Queen Elizabeth I wore in her youth, "The Elizabethans" transport us to the 16th century. They perform music not only from the Renaissance, but also music of many lands and many times. Lunch starts at 12:30 p.m. which will be catered by All on the Road Catering and include London Broil with bordelaise sauce, salad, potato casserole, and dessert. The program begins at 1:30 p.m. Members

must make reservations in advance according to current registration policy. The charge is \$16.50 for lunch and this great program. This year the Center's annual bazaar takes place on November 3 from 10 a.m. to 3 p.m. Come over and start some of your Christmas shopping. There will be many hand-made one-of-a-kind items for sale as well as a White Elephant sale. In fact, if you have any old, used, or unwanted items in your basement, attic or garage bring them to the Center. All donations are welcome. Popular at the bazaar are home made bakery items. After you shop, you can also relax with a sloppy joe lunch at a nominal cost. Bring your family and friends and enjoy a pleasant shopping experience.

See Park Ridge, page S8

## Obituaries

### Helen A. Fedanzo, 87

Helen A. Fedanzo, 87, of Niles, passed away Thursday, October 4, 2007. She was born October 24, 1919 in Chicago. Beloved daughter of the late Vincenza (nee Caselnuovo) Fazio and the late Pietro Fazio. Loving wife of the late Samuel J. Fedanzio. Cherished mother of Michael Theodore Fedanzo of Mount Prospect, IL, Terry (John) Tyndall and Michael (Jan) Fedanzo. Grandmother of Rich Tyndall, Lori (Al) Albano, Joe (Terri)

Tyndall, Matt Tyndall, Joe Fedanzo, Jennifer (Duane) Laba and Nicole Fedanzo. Great grandmother of Brie, Danielle, Michael, Nicky, Friend of Marie Andersen. Services were held October 8, 2007 at St. John Brebeuf Church. Arrangements handled by Skaja Terrace Funeral Home. Interment at St. Joseph Cemetery. She was a homemaker.

### Linda M. Sroka, 55

Linda M. Sroka, 55, of Niles, passed away Wednesday,

October 10, 2007. Beloved wife of Robert. Grandmother of Cale and Shea Lynn Edens. Devoted daughter-in-law of Janina and the late Marion Sroka. Sister of Lorie (Craig) Williams. Fond aunt of Jennifer Williams. Services were held October 15, 2007 at Colonial Wojciechowski Funeral Home - Niles. Arrangements handled by Colonial Wojciechowski Funeral Home - Niles. Interment at Memory Gardens Cemetery. She was a Trustee for the Village

of Niles and Community Service Officer for Niles Police Dept. Memorials to: Rainbow Hospice or Pancreatic Cancer.

### Charles W. Vahl, 88

Charles W. Vahl, 88, of Niles, passed away Thursday, October 4, 2007 at Lutheran General Hospital. He was born February 19, 1919. Beloved husband of Mildred (Turczynski) Vahl of Niles. Loving father of Sharon (Dan) Martell. Grandfather of Loren

and Matthew. Brother of Donald (Geri) Vahl, Carol Grossman of Niles, Earl (the late Helen) Vahl and Leonard (the late Elsie) Vahl. Uncle of many nieces and nephews and the late Father William Vahl. Services were held October 8, 2007 at Our Lady of Ransom Church. Arrangements handled by Skaja Terrace Funeral Home. Interment at Maryhill Cemetery. He was an Army veteran and a structural Engineer - Sheet Metal.

## Niles Seniors

continued from page S2

### AARP Tax-Aide Volunteers

Volunteers are needed to assist seniors in preparing their income taxes. Required training is provided. For more information, contact MaryAnn 847-588-8434.

### Get Niles Senior Center News by E-mail

Do you have an e-mail address? We are starting an e-mail list in order to send "breaking news" about events. Contact Kathlyn at 847-588-8420.

## Security

continued from page S3

issue several times in the past. But given all the attention being given to the immigration debate lately, I guess it never hurts to cover the topic again.

People who are living in this country illegally are not eligible for, and cannot collect, Social Security benefits. So at least with respect to the Social Security system, undocumented workers are not ripping off the taxpayers.

In fact, if anything, they are adding to the Social Security surpluses. Those undocument-

ed workers who are working and being paid "above the table" (albeit with false documents, including illegally obtained Social Security numbers) are having Social Security taxes withheld from their paychecks. The assignment of credit for those taxes paid ends up in a legal limbo called the "suspense file" by the Social Security Administration. But the actual dollars withheld from their paychecks ends up in the Social Security trust funds, and the money eventually finds its way into Social Security checks sent to the millions of legitimate Social Security beneficiaries.

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**Park Ridge**

continued from page S7

**A Defensive Driving Class**

(Formerly 55 Alive) is planned for Tuesday and Thursday, October 23 and 25 from 9 a.m.-1 p.m. at the Senior Center. A certificate of completion from this course may entitle you to a discount on your auto liability insurance. Reservations for the class should be made in advance. The cost is \$10 and checks should be made

payable to AARP.

While at the Center for the Defensive Driving Class, you can also get a flu shot. Flu shots will be given by the American Lung Association on Thursday, October 25 from 9-12. These shots are free for those with Medicare Part B. You should remember to bring your Medicare card with you when you come for the shots. For those who are not Medicare Part B, the charge is \$30.00 for the flu shot and \$40.00 for the pneu-

monia shot. There are no appointments, you just come, get a number and you will be taken in turn.

If you have any questions about these programs or any other Center activities, please call the Center at 847-692-3597. You are also welcome to stop in and get a tour of the facility. You do not have to be a Park Ridge resident to become a member of the Park Ridge Senior Center. All are welcome.

**Honor**

continued from page S1

As the owner of the New Orleans Saints, Tom Benson is one of the most trusted and respected leaders in the National Football League. Having served in the Navy in 1945, he was also a major contributor to the National World War II Memorial in Washington, D.C., the National D-Day Museum in New Orleans and the Naval Aviation Museum in Pensacola, Florida.

As a radar officer in a Navy aircraft squadron, Morgan L. Fitch Jr., Esq., survived two kamikaze attacks on escort carriers to which he was assigned in World War II. He is a founding partner at Fitch, Even, Tabin & Flannery, a leading patent law firm based in Chicago, Illinois. He is responsible for the creation of the U.S. Naval Sea Cadet Corps, a national youth education program whose leaders now receive the prestigious Morgan Fitch Award.

Stan Musial, nicknamed "Stan the Man," played 22 seasons for the St. Louis Cardinals from 1941 to 1963 with a career batting average of .311. He played in a record number of All-Star games (22) by the end of his career. He served in the Navy during World War II from 1945 to 1946, missing the 1945 season to serve as a seaman. He has also been a strong personal supporter of many St. Louis charities.

Sen. John Warner is a member of the select group of U.S. senators who served in the armed forces during the Second World War. He enlisted in the Navy in January 1945, shortly before his 18th birthday. He served until the following year, leaving as a petty officer third class. He then joined the Marine Corps in October 1950, after the outbreak of the Korean War, and served in Korea as a ground officer with the 1st Marine Aircraft Wing. He continued in the Marine Corps Reserves after the war, eventually reaching the rank of captain. He was elected to the Senate in 1978 and is the second-longest serving senator in Virginia's history.

Upon learning that he was selected to receive the Lone Sailor Award in 2007, Senator Warner noted: "The freedoms and blessings of American citizenship were attained through great sacrifice and were forged by generations who lived up to its responsibilities, which include defending liberty and protecting America's principles at home and abroad. As a veteran of modest service in World War II and Korea, I am humbled to be included in this tribute recognizing the contributions of so many in our Naval Services."

For more information on the U.S. Navy Memorial's Lone Sailor Awards Dinner, or for a list of award recipients, go to the Navy Memorial's Web site at [www.navy Memorial.org](http://www.navy Memorial.org).

**Travel**

continued from page S4

adjacent to the Hotel Vintage Plaza. And guests can request a private session with Pazzo Wine Director Lemmy Cooper, who can provide expert wine recommendations, pairing advice and customized suggestions of Portland wine bars.

The "Pinot in Portland" package culminates with a hands-on wine blending class for two at Urban Wineworks, an urban tasting room located in the heart of Northwest Portland. Guests will come away from the experience with a carafe of their own one-of-a-kind blend to take home and enjoy.

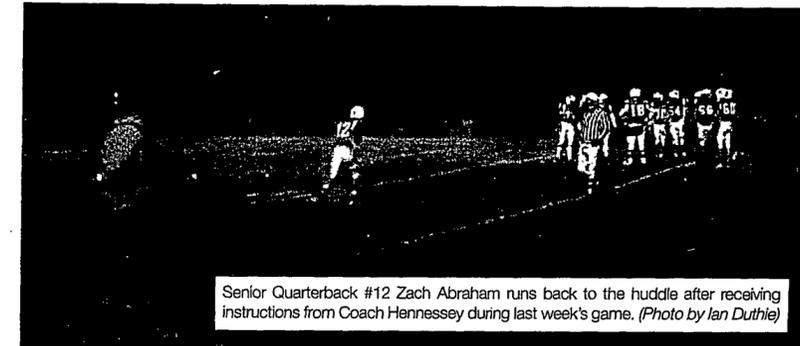
Perfect for wine enthusiasts who crave a different type of weekend getaway or time-pressed travelers who want to get a taste of the Oregon wine industry, the "Pinot in Portland" package includes:

- Overnight accommodations for two in a room dedicated to a local winery.
- A carafe with an Urban Wineworks blending class certificate for two.
- A bottle of '05 Chateau Bianca Pinot Noir, the hotel's private label wine, and two Riedel Oregon Pinot Noir glasses.
- A wine journal for tasting notes.
- Certificate for an Italian/Oregon Pinot Noir comparison flight, redeemable at Pazzo Ristorante.
- Complimentary valet parking.
- A private session with Pazzo Ristorante Wine Director Lemmy Cooper (upon request and based on availability).
- FYI: Package rates start at \$289 and are subject to availability. For more information call 503-228-1212, or visit [www.vintageplaza.com](http://www.vintageplaza.com).

**SPORTS**

**Don's Are In, Beat Marist 35-14 for Sixth Win**

By Ian Duthie  
SPECIAL TO THE BUGLE



Senior Quarterback #12 Zach Abraham runs back to the huddle after receiving instructions from Coach Hennessey during last week's game. (Photo by Ian Duthie)

Notre Dame coach Mike Hennessey was looking for an added lift before his Dons hosted conference rival Marist last Friday in Niles. In their second to last regular season game and final home game, the Dons needed just one win to assure themselves a spot in the upcoming state playoffs. Hennessey, Notre Dame's 20 year veteran coach, turned to some familiar faces prior to kick-off for the added energy.

Twenty members of Notre Dame's 1997 IHSA State Quarterfinals team, arguably the best team in the schools recent history, were honored on the field. Plenty of warm cheers from the crowd on a blustery evening welcomed them back. The ceremony culminated with the former players running onto field one last time as current players stood and high fived their predecessors.

"It was special having them back," Hennessey said. "I wanted our current players to have the chance to speak with them before the game. The older guys really did a great job of sharing what it

takes to be successful. It gave our guys a boost."

Whatever was said proved bad news for Marist on this night. The Dons dominated in all three aspects of the game, winning easily 35-14.

Kicking off to begin the game, Notre Dame's defense forced Marist's offense to go three and out. After the punt the Dons needed just 5 plays, covering 40 yards, to reach the end zone. The key play on the drive came when quarterback Zach Abraham found receiver Joe Gutierrez open for a 25 yard gain that left ND

with a first and goal from the five. Two plays later running back Tim Swieton took the shotgun hand-off straight ahead, scoring untouched with just over four minutes played.

On its ensuing drive Marist coach Sean Mele gambled, faking a punt on a fourth and 20 inside his own 35 yard line. Two plays later Notre Dame converted the gamble into a 14-0 lead on a Greg Lucchesi run.

"We felt the momentum slipping away early and we needed to do something to try and get it back," Mele said. "Notre Dame

took it to us early. We could never get it going."

The Dons never looked back, building a 22-0 advantage with 10:20 left in the first half before Marist quarterback Matt Mulcahey found tight end Colin Monnier for a 10 yard touchdown pass to close the halftime deficit to 15. That was as close as it would get all night as the Dons marched down the field for a score on their first drive of the second half. Notre Dame (6-2) will travel to Benet Academy in Lisle next week game time 7:30 p.m.



**Up Next**  
The Dons travel to Lisle to take on Benet Academy at Benedictine University. Game time is 7:30 p.m. Benet is (2-6) (2-4)

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**AREA FOOTBALL ROUND-UP**

**Maine South 42  
New Trier 7**

Maine South quarterback Charlie Goro completed 25 of 33 passes for just over 380 yards and three touchdowns on the night in a battle for the conference title. South kept their streak of Central Suburban South conference titles alive at seven after beating New Trier into submission last Friday night in a 42-7 thumping. The Hawks have won 34 straight conference games and will travel to Skokie to face Niles West this Friday night, game time 7:30 p.m.

**Niles North 59  
Maine East 26**

Niles North came up with a huge win to put themselves on the playoff bubble this season at 4 wins. Typically a team needs 5 wins to play in the post season based on several factors. The bottom line is North will have to be visiting Glenbrook North this Friday night 7:30 p.m. in order to have a shot at the post season. It won't be easy for North as Glenbrook brings a high powered offensive attack and a 7-1 record to Niles.

**Highland Park 55  
Maine West 0**

Maine West was pounded by the Highland Park running game and were simply over-matched.

**Waukegan 41  
Niles West 16**

After a big win last week for Niles West, Waukegan crashed their party last weekend beating up on Niles 41-16. This week doesn't get any easier with conference champion Maine South coming to town Friday 7:30 p.m.

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# Lovable Losers?



Chalk Talk  
ROBERT LEACH | BUGLE

Say it isn't so Joel! The Chicago Cubs have once again reduced the local short lived pennant frenzy and replaced it with another year of being, well for lack of a publishable word "losers." I'm sure the players themselves are somewhere warm slicing golf balls into the trees or relaxing on some distant shore listening to some salsa music and cutting up limes for their beer.

Meanwhile, the rest of us fans are here facing another cold long winter watching the Bears take over teasing us with an almost but not quite season of football. It almost seems like the only way we can get a winner in this town is to phone Michael Jordan and ask him to play in the next World Series. Of course he would look great jumping on a Binion's poker table pumping his fist every time he had pocket aces but hey at least we know he would likely win. See in sport winners win, plain and simple. They find a way to get it done without crying about a stupid farm animal that didn't show them love. I mean who dreamed this stuff up anyway? Is it because we are in the Midwest that we chose a farm animal for a curse? Was it a Chicago

"Ghosts Buster" who inadvertently had the wrong thought when he was asked to choose the Cubs destroyer as in the Ghost Buster movie when Ray chose the Stay Puff marshmallow man? Heck at least that destroyer would be marketable to the kids, we get a goat. Maybe as fans we should push for a new stadium, new uniforms, new ownership, new management, new announcers and yes maybe even a new hex that can be marketed to kids who have all but given up on this team like a terrible Telly Tubby. Yes there are plenty of non-Cub fans under the age of 12 with the White Sox winning a ring and stealing a whole generation of Cub fans. There is nothing to attract my son to this team other than a reason to drag me downtown to visit all his favorite places in the city. I

think if you had a clause that tied salary to performance and forced players to give up part of their salary every year they go home early you would see better baseball down the stretch. Another option would be to cut anyone on your roster that has an ERA above 4.00 in September or a batting average below .250, pitchers excluded. Disgruntle? Well maybe just a tad but what fan isn't when your team hasn't won a ring in a century. Oh that's right, it is an even 100 years since the last Cub Series win. What was I thinking? The management and players have been sandbagging all this time in order to pull it off after 100 years. Wow that makes sense to me now. Genius! I say with Cub pride, just wait until next year! As always, I'll see you in the stands!

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## CATHOLIC WOMEN'S BOWLING

Bowled Wednesday, October 10, 2007

Points	Won	Lost
Spare Us	27	15
Pin Heads	23	19
Hot Mamas	21	21
Whatever	21	21
Lucky Ladies	21	21
Last Ones Out	20	22
Up Your Alley	18	24
Wanderers	17	25

**High Series/Game:** Lori Loquerico 534/191, Jan Pritts 532/215, Kim Colombani 488/175, Jean Puhl 478/188, Katie Colombani 479/166, Carol Szubart 474/164, Barbara Linsner 456/182, Janet Trozzo 455/180, Remy Huszar 450/157, Mary Johnson 182, Annette McKewin 178, Kathy Favata 177, Julie Barrera 172, Louise Burdi 165, Mary Cappello/Linda Fahey 161, Angie Strazzante 160

## NILES SPORTS BRIEFS

### Notre Dame Lacrosse

The 2007-2008 Notre Dame Lacrosse season is not too far away. We have worked hard in the off season to get the schedules done earlier and should be out in mid October for the spring season. A few of the Saturdays some of the players from last year and some freshman have met and played catch, worked on drills and had a pickup game. Look for updates shortly.

### Notre Dame Cross Country

The West Aurora "Stampede," was held October 6. The open race and the frosh/soph race were held in the excessive heat but after over 20 ambulances reported to the site, the varsity boy's race was cancelled.

# LIFE



## CELEBRATE THE Season

COPLEY NEWS SERVICE

This fall, family and guests will cheer for meat and potatoes. But not your mother's ground round and potatoes — instead, get creative with lean, savory beef and tender, nutritious sweet potatoes. The rich, complex flavors of seared beef make a winning combination with the healthful sweetness of versatile sweet potatoes, while satisfying the seasonal shift toward delicious, filling comfort foods. Beef and sweet potatoes also score points for being easy to prepare. The recipes showcased here

feature innovative takes on standards like soups, sandwiches and wraps. In the mood for soup and sandwiches? Creamy, steamy pureed sweet potato soup along with hearty grilled sirloin on a sliced baguette will certainly satisfy. Imagine a perfectly grilled filet served on a sweet potato biscuit, topped with roasted red peppers, portobellos, Monterey Jack cheese and bacon. Looking for something lighter? Think of the

### WITH CREATIVE BEEF AND SWEET POTATO DISHES

sweet-savory combination of lean sirloin, paired with a sweet potato, pear and apple slaw, rolled in a wrap. What are you waiting for? Invite some friends over and watch them become big fans of the new and improved meat and potatoes.

## Sweet Potato Soup With Grilled Steak Sandwich

- Sweet Potato Soup**  
1 (40-ounce) can sweet potatoes, drained and rinsed, or 2½ cups cooked, mashed fresh sweet potatoes  
4 cups beef broth  
1 cup apple juice  
1 apple, unpeeled, cored and quartered  
3 tablespoons chopped sweet onion  
1 clove garlic, peeled and sliced  
4 bay leaves  
3 sprigs fresh thyme, or ½ teaspoon dried thyme  
Salt and pepper to taste
- Grilled Steak Sandwich**  
1½ pounds Certified Angus Beef® top sirloin steaks
- Salt and pepper to taste  
16 French baguette slices, cut on the bias  
½ cup unsalted butter, softened  
¼ cup roasted red peppers, sliced  
4 ounces fresh mozzarella, sliced
- Preheat grill to medium-high. Season top sirloin with salt and pepper, and grill to medium rare (140°F internal temperature) or desired doneness. Remove from heat, let rest 5 minutes and slice thin.
  - Butter one side of bread slices. Place four slices, butter-side down, in skillet over medium heat. Layer steak, peppers, mozzarella and another slice of bread on each. Toast sandwiches until golden brown, flipping once.
- Serves 8
- Nutritional Information per Serving: 571 Calories; 16g Fat; 8g Saturated Fat; 76mg Cholesterol; 75g Carbohydrate; 7g Dietary Fiber; 31g Protein; 1186mg Sodium; 32% daily value Iron (based on 2,000-calorie diet).
- Recipe provided by Certified Angus Beef LLC and Louisiana Sweet Potato Commission

## Helpful Hints

- Here are a few things to keep in mind when choosing beef and sweet potatoes for recipes.
- Sweet Potatoes: What to Know**
    - Don't refrigerate uncooked fresh sweet potatoes. Store at 55 to 65°F.
    - One 15-ounce can of sweet potatoes (yams) equals one cup fresh.
    - Opt for sweet potatoes from Louisiana (canned or fresh). The state's unique climate and soil conditions are ideal for growing a naturally sweeter and more flavorful sweet potato.

- Beef: What to Look For**
- Many lean cuts of beef are available. Look for those with "round" or "loin" in the name, such as top sirloin or tenderloin.
  - For the best results, start with the highest quality ingredients. Look for the Certified Angus Beef® brand, which comes from the highly acclaimed Angus breed of cattle known for its flavorful meat. Only 8 percent of all U.S. beef can meet the brand's 10 strict quality specifications.
  - For more tasty recipes starring the Certified Angus Beef® brand or Louisiana Sweet Potatoes, visit [www.certifiedangusbeef.com](http://www.certifiedangusbeef.com) and [www.sweetpotato.org](http://www.sweetpotato.org).

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# 'The Darjeeling Limited,' a Comedy of Spiritual Seekers

COPLEY NEWS SERVICE

### New Releases

**The Darjeeling Limited** ★★★  
- When you hear music from Satyajit Ray's arcane classic "The Music Room" at the start of Wes Anderson's "The Darjeeling Limited," you realize that Anderson is one hip guy. Savvy thief, too. "Limited," a comedy of "spiritual" seekers, has about as much to do with Ray's work

as it does with the Gandhi family. Best known for "Rushmore" and "The Royal Tenenbaums," Anderson is a sly, pitter-pat jester, and the new comedy is a genially flowing spoof of India as holy land for those who settle for mantra-mumble tourism. Owen Wilson is wealthy Francis Whitman, recently banged up in a car but ready to tap the Indian soul with brothers Peter (Adrien Brody) and Jack (Jason Schwartzman). Both are laid-back guys with other concerns, but fussy Francis has everything planned, including "the temple of a thousand bulls, probably one of the most spiritual places in the entire world!" It is charmingly done, with Wilson a bit in the comic lead, but not by much. Brody is good at being peeved, and Schwartzman's moves on a saucy train stewardess, Amara Karan, are fine. Anderson is a bit cruel to tease us with just two glimpses of Bill Murray, but up in the Himalayan foothills compensation arrives as Anjelica Huston, a nun of the flinty



sort. A Fox Searchlight Pictures release. Director: Wes Anderson. Writers: Wes Anderson, Roman Coppola, Jason Schwartzman. Cast: Owen Wilson, Adrien Brody, Jason Schwartzman, Anjelica Huston, Amara Karan. Running time: 1 hour, 42 minutes. Rated R. 3 stars.

### Recent Releases

**Into The Wild** ★★★ ½ - As the words of Chris McCandless' favorite writers float through "Into the Wild,"

it's tempting to think a different literary diet might have saved the doomed adventurer from starvation in Alaska. Less Byron; more Darwin. But the quotes from Thoreau, Tolstoy, Byron and others fit beautifully into the movie, an ambitious and evocative biography that at times achieves a poetry all its own. Sean Penn's film about McCandless, the young wanderer who died in 1992 after stranding himself in the Alaskan bush, shares some of its subject's grandiose notions. It feels drunk on nature and the romance of loneliness, and its busy, almost baroque structure (including quasi-mystical "chapter titles") reflects the self-conscious drama in McCandless's journals and other writings. The movie, based on Jon Krakauer's 1996 book, also is sympathetic to the point of nearly beatifying the late 24-year-old. It depicts McCandless as a bold searcher whose ideas leave an unmistakably spiritual impression on the people he encounters during two years on the road. There's a striking final image of Hirsch's scraggy, scraggle-bearded face turned up to the sky, a slight smile on his lips. Maybe McCandless did find what he wanted, Penn seems to suggest. All it cost him was everything. Director: Sean Penn. Writers: Sean Penn, Jon Krakauer. Cast: Emile Hirsch, Catherine Keener, Vince Vaughn, William Hurt, Marcia Gay Harden, Jena Malone, Hal Holbrook, Kristen Stewart, Brian Dierker. Running time: 2 hours, 20 minutes. Rated R. 3½ stars.

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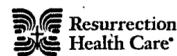
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### THEATER LISTINGS

#### Kerasotes Theatres

NILES ShowPlace 12  
301 Golf Mill Center (West side of Golf Mill Shopping Center)  
Niles, IL 60714  
Office phone: 847-544-7380 ShowTime phone: 800-326-3264 #1643

#### ShowTimes for October 19-October 25, 2007

**DAN IN REAL LIFE** (PG-13) Sneak Preview Saturday 7:00  
**30 DAYS OF NIGHT** (R) 12:40, 3:30, 6:30, 9:20; Fri-Sun early Matinee 10:00am  
**THE COMEBACKS** (PG-13) 2:30, 5:15, 7:50, 10:30;  
 Fri-Sun early Matinee 11:50am  
**GONE BABY GONE** (R) 1:50, 4:50, 7:30, 10:10; Fri-Sun early Matinee 10:40am  
**RENDITION** (R) 1:10, 4:00, 7:10, 10:00; Fri-Sun early Matinee 10:20am  
**SARAH LANDON & THE PARANORMAL HOUR** (PG) 2:00, 4:20, 6:50, 9:10;  
 Fri-Sun early Matinee 11:40am  
**THE TEN COMMANDMENTS** (R) 1:40, 4:10, 6:40, 9:00;  
 Fri-Sun early Matinee 11:15am  
**ELIZABETH: THE GOLDEN AGE** (PG-13) 2:15, 5:00, 7:40, 10:20;  
 Fri-Sun early Matinee 11:30am  
**MICHAEL CLAYTON** (R) 1:20, 4:30, 7:15, 10:05; Fri-Sun early Matinee 10:30am  
**WE OWN THE NIGHT** (R) 12:50, 3:50, 6:45, 9:30; Fri-Sun early Matinee 10:10am  
**TYLER PERRY'S WHY DID I GET MARRIED?** (PG-13) 1:30, 4:40, 7:20, 10:15;  
 Fri-Sun early Matinee 10:50am  
**THE HEARTBREAK KID** (R) 1:00, 3:40, 4:40, 6:20, 9:15;  
 Fri-Sun early Matinee 10:15am  
**THE GAME PLAN** (PG) 1:45, 4:15, 7:00 (\*No 7:00 show on Saturday) 9:45;  
 Fri-Sun early Matinee 11:00am

#### Pickwick Theatre

5 S. Prospect Ave. (Touhy and Northwest Hwy) Park Ridge, IL 60068  
(847) 825-5800

#### Showtimes for October 19-October 25, 2007

**Friday, October 19**  
**To Kill A Mockingbird** (Live On Stage Final Week) 7:30  
 Elizabeth: The Golden Age (PG-13) 4:30, 7:00, 9:15  
 Game Plan (PG) 4:15, 6:30, 8:45  
 Comebacks (PG-13) 5:00, 7:00, 9:00

**Saturday, Sunday October 20, 21**  
**Final Week**  
**To Kill A Mockingbird** (Live On Stage) Sat. 7:30, Sun. 7:00  
 Elizabeth: The Golden Age (PG-13) 1:30, 4:30, 7:00, 9:15  
 Game Plan (PG) 1:00, 4:15, 6:30, 8:45

**Comebacks (PG-13) 1:15, 5:00, 7:00, 9:00**

**Monday thru Thursday October 22 thru 25**  
 Elizabeth: The Golden Age (PG-13) 4:30, 7:00, 9:15  
 Game Plan (PG) 4:15, 6:30, 8:45  
 Comebacks (PG-13) 5:00, 7:00, 9:00  
 Little Women (Live on Stage) For Tickets go to www.Pickwicktheatre.com

\$4 movies before 5  
\$6 movies after 5

# BUGLE KIDS

By J.R. Rose - Copley News Service



DRAW A TRUNK ON ME...

SO I CAN GET THAT PEANUT!



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HOW ABOUT SKUNK?



SOLVE THE CODE TO SEE HOW PUP TRAVELED THROUGH THE JUNGLE...

AN AN L A C A P T A R !!



A A E I O U A

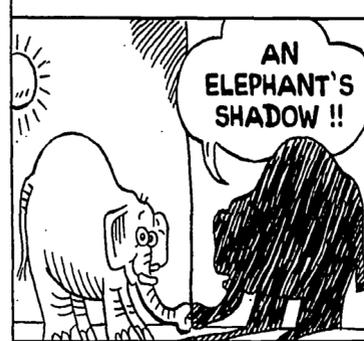
I'M NOT FEELING WELL TODAY I CAN'T RUN AND JUMP AND PLAY. MY FRIEND CAME TO CHEER ME UP HE SAID, "GET WELL, LITTLE PUP!"



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WHAT'S AS BIG AS AN ELEPHANT, BUT WEIGHS NOTHING?



AN ELEPHANT'S SHADOW !!

## HAPPY BIRTHDAY TO

If you want your little one to have a birthday greeting In The Bugle. Email us the week before their birthday and we'll give them a Shout. Email birthday@buglenewspapers.com with their name, age & birth date.

## ANIMAL ON THE SEEN

### Web Weaver

Black Widow Spider at Brookfield Zoo



Photo: Jim Schulz/Chicago Zoological Society

With Halloween only a few weeks away, it seems like the perfect time to grab a few friends and turn out the lights for a thrilling, edge-of-your-seat horror movie. Featuring numerous creepy monsters, these movies are designed to make your heart race and imagination run wild. Yet sometimes, ordinary creatures like bats and spiders are featured in these films. And while their unusual behavior and appearance often terrify people, these real-life creatures are actually quite fascinating. Let's put our fear aside for a bit to learn about and appreciate one such creepy critter—the black widow spider.

Considered the most venomous spider in North America, black widows are commonly found in the warmer regions of the continent, mainly southern and western United States. Although these spiders have nasty reputations, they're not normally aggressive animals. Extremely shy and secretive, black widows are nocturnal creatures that seek out rarely disturbed areas, like dark corners or wood piles, for their webs. If intruded on by humans, they quickly scamper away or play dead. Only as a last resort will they bite.

Black widow spiders are extremely venomous. Ounce per ounce, their venom is 12 to 25 times stronger than rattlesnakes' venom! But don't worry, even a large black widow can inject only a tiny amount of venom in one bite, and while this is enough to kill the insects it feeds on, it isn't a great threat to humans. In addition, only adult females can harm people. Either males and juveniles don't bite humans or they are incapable of injecting venom.

If you think the dating world of humans is tough, imagine that of the black widows, where one wrong move can be lethal! Female black widows weigh 30 times what males weigh, and mating poses a great risk to males. If hungry, a female will eat a male, earning the name "widow."

Come check out the black widow spider at Brookfield Zoo's Swamp exhibit. You'll be impressed by this jet-black female with a crimson red hourglass shape on her underside!

Contents are courtesy of the Chicago Zoological Society, which operates Brookfield Zoo. Interested in getting fun info delivered directly to your inbox? Check [www.BrookfieldZoo.org/Ani-Mails](http://www.BrookfieldZoo.org/Ani-Mails) for info on FREE emails.

## Grammar Matters

by Patty Gibbons Saunier

### Collective Nouns

A collective noun is the name for a group of people, objects or animals. Choose the correct answer in the parentheses.

1. A group of witches is a (gaggle, coven).
2. A group of fish is a (set, school).
3. A group of soldiers is a (pack, bouquet).
4. A group of angels is a (choir, platoon).
5. A group of lions is a (pride, herd).

Answers: 1. witches = coven 2. fish = school 3. soldiers = platoon 4. angels = choir 5. lions = pride

Copley News Service

## Put Some Brown in Your Life to Keep Hubby Happy

By Rose Bennett Gilbert  
COPLEY NEWS SERVICE

Q: I am getting ready to do our living room over and need some advice. The problem is my husband (don't laugh). He always has an opinion about decorating: colors, fabrics and everything. His idea of a good-looking living room would be all browns. I hate brown! But I love my husband and want to humor him if I can. But how?

A: What's a 10-letter word for domestic bliss?  
C.o.m.p.r.o.m.i.s.e.

That doesn't mean giving in or giving up your own preferences. You just have to find a way to make your Other Half think he's getting his way.

I offer the living room we show here as a suggestion. You'll no doubt spark to the lovely robins' egg blue that dominates the decor at first glance. But look again, and there's no mistaking the presence of brown - lots of brown - at the windows, fringing the table skirt,

covering the French chair.

You could point out that blue is mainly the background color, that it's really brown that rules the room. In fact, most men claim blue as their most favorite color, so it's probably a safe choice.

### DECOR SCORE

Moreover, teamed with brown, it's a fashion-forward color combination that showed up time and again at this month's High Point Furniture Market. Be sure to tell him that, too.  
P.S. The source for the fabrics in this room is Waverly, a company with coast-to-coast distribution, so you should have an easy time duplicating the combo... if Hubby agrees.

### Furniture News

What the latest news? Depends on where you look at the High Point Market in North Carolina, which opened its doors last week to some 85,000 retailers, who will be bringing the goods home to your local store early next spring. With more than 12 million

square feet of exhibit space, there was a lot to see. Among the highlights:

■ Green furniture. Not the color, of course. Today's green is the green of the bandwagon onto which more and more furniture manufacturers are climbing. They're making it a selling point because they think you, the consumer, really cares a lot about saving the forests, clean water and air. So from now on when you shop for furniture, it's not enough to ask about size, color, and stuffing: find out where the piece was made, and how? By underpaid workers? By felling rain forests? By using pollutants like formaldehyde and toxic glues?

■ Animal prints. Love that leopard, at least, its spots. Leopard, zebra and giraffe patterns are still going strong. Personal favorite: the Louis XVI chest at French Heritage, a serendipity in painted zebra stripes.

■ Bling! It has come out of the nightspots and into the furniture



spotlight, and we don't just mean an occasional touch of gilt. Hollywood fashion designer Bob Mackie, who has dressed Carol Channing, Diana Ross and Cher, put brass bracelets on the beds he designed for American Drew. Los Angeles designer Casey Fisher threw jewel-embroidered French silk skirts on his outrageously

glam sofas, and tufted chairbacks with rhinestone buttons. But the OTT award has to go to Marge Carson's overscaled, out-of-sight collections. Huge crystals marched around table aprons. Dining chairs wore cast medallions in their inner backs, and bands of Swarovski crystals sparkled across end table tops.

## Off-The-Rack Solution to Shelving Problem

By Pat Logan  
COPLEY NEWS SERVICE

Q: When we moved into this house, it seemed to have plenty of closet space. Now, with

### HERE'S HOW

my daughters in their teens, there isn't enough space. How can we install some inexpensive shelving to better utilize the closets?

- Carla C.

A: It is amazing how quickly the closets fill with clothes and just "stuff" when the children hit their teens. You might try having a contest for your children where the winner is the one who gives the most old clothes (by volume, of course) to the Goodwill.

Most closets have just one rod on each side from which to hang clothes and one shelf above each rod. Home interior design experts find, with proper organization and shelving, the typical closet can easily hold three times more than it does now.

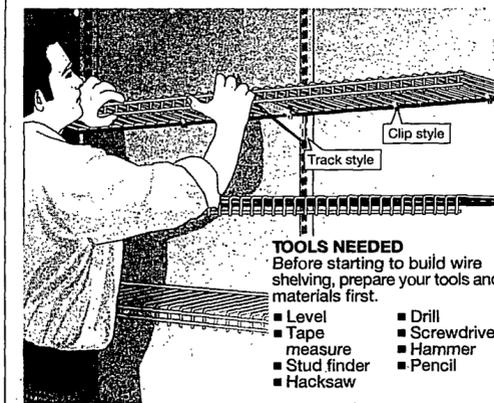
Installing wire shelving is one of your best options to better utilize the space in closets. If the words "wire shelving" bring images of old utilitarian-looking shelves, you will be pleasantly surprised by the new designs and styles. They are attractive and have a uniquely clean, contemporary appearance.

Best of all, wire shelving is simple to install for even the most inexperienced do-it-yourselfer. Most wire shelving uses colorful and durable powder-coated steel wire. With the thick coating, the wire looks much heavier than it actually is, so you should have no problems handling

### HOME HOW-TO

#### Wire shelving

If you're looking for a quick-fix solution to your closet clutter and the option to easily reconfigure later, then a manufactured off-the-shelf system may be perfect for you.



#### TYPE OF MOUNTINGS

The method of mounting the clips is entirely dependent on the wall materials.

Concrete wall-If walls are made of concrete or brick, you'll have to install plastic anchors to hold the tracks in place.

Drywall-Install toggle bolts to secure clips or tracks to an area of wall without framing

Source: www.ezintarticles.com

Copley News Service/Bob Kast

and assembling it.

You can usually find a broad product selection at most home center stores. Don't plan on purchasing a kit on your first trip to the store. Select a style you like and then note the sizes and accessories you may need. These include drawers, tie racks, hat racks, clothes baskets, shoe racks, etc.

Armed with this information, go back home and meas-

ure your closets.

Using a pad of paper, make a scale sketch of each closet and position the shelving and accessories where you will need them. This planning process takes a little extra time, but it is the best method for effective utilization of your limited storage space.

Open-weave wire shelving is generally best for most closets and the easiest type to install yourself. It looks attrac-

"Installing wire shelving is one of your best options to better utilize the space in closets. If the words "wire shelving" bring images of old utilitarian-looking shelves, you will be pleasantly surprised by the new designs and styles. They are attractive and have a uniquely clean, contemporary appearance."

tive and allows you to see what is on each shelf without having to remove things. The open design also allows air to flow through the clothes to keep them fresher.

All wire shelving kits have detailed instructions and tips for positioning the components. Generally, locating the first shelf about 36 inches above the floor provides enough room to hang blouses underneath it. Spacing other shelves 16 inches apart above that usually works out well.

Your shelving kit should include all the support poles, brackets, back clips, and wall anchors to assembly the shelves. You will have to cut these items for an effective fit in your closets. Always use a hacksaw with a new fine-

toothed blade. This will make a smooth cut through the steel material.

The key to sturdy shelving is properly anchoring the back clips to the wall. They provide the primary support for the shelves. The kit should include several types of anchors for various wall materials. If your house has drywall, make sure to use the anchors designed for hollow walls.

Tools and materials required: Hack saw with a fine-pitch blade, cordless drill and assorted bits, screwdriver, hammer, long straight edge, level, shelving kits.

Send your questions to Here's How, 6906 Royalgreen Drive, Cincinnati, OH 45244 or visit www.dulley.com.

## Building a wall? Consider Natural Stones

By Jeff Rugg  
COPLEY NEWS SERVICE

Q: Everyone in my subdivision seems to have used man-made blocks for the retaining walls they installed on the sloping parts of their yards. I dislike the look of these concrete blocks and want to use natural stones; however, I don't want to mortar them in place.

I have seen free-standing walls around farm fields and they seem to be long lasting. How do I build such a wall?

A: While I have both man-made stone and natural stone walls on my property, I do like the appearance of the natural walls better. There are several similarities to building both wall types, and this is a good time of year to work on physically intensive projects. The rest of the garden is going into dormancy, so now is the time to work on designing and installing new flower beds, fences, patios and other projects that would be harder to do if you had to work around the green plants.

The first step in wall building is to measure how long and how tall the wall will be. If you keep the walls to a maximum of 3 or 4 feet tall, you will be able to keep the stones to about the size of a medium pumpkin. This is important because a stone 1-foot thick, tall and wide will weigh around 100 pounds. Amazingly, not all stones weigh the same. Even if two rocks look alike, one can weigh a lot more. Your stone yard will be able to tell you how much a particular type of stone weighs.

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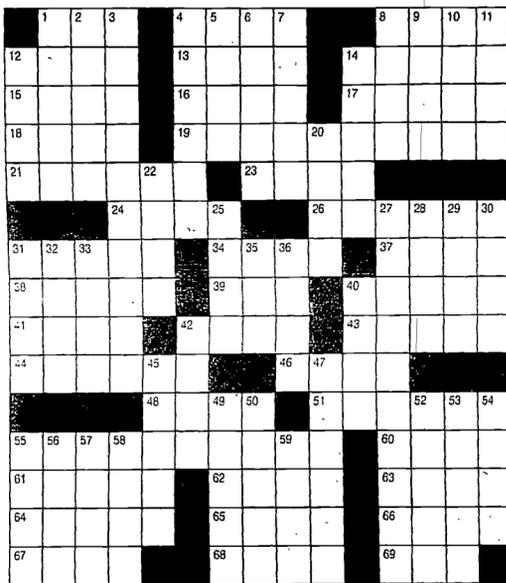
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SEEING DOUBLE



COPY NEWS SERVICE By Charles Preston

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- 1 Lug
  - 4 Mets' home
  - 8 \_\_\_ year
  - 12 Parks or Ponselle
  - 13 Seed cover
  - 14 Clothes or iron
  - 15 Malinee \_\_\_
  - 16 Smelly
  - 17 Brando's birthplace
  - 18 Rancor
  - 19 Words from Coleridge
  - 21 Lemur
  - 23 Ms. Bagnold
  - 24 Exertion
  - 26 Confection
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  - 34 Word
  - 37 Eliel's son
  - 38 Vestment
  - 39 Canticle
  - 40 Prevent
  - 41 Stream
  - 42 Trade
  - 43 Feel
  - 44 Antiaircraft fire
  - 46 Stadium feature
- DOWN**
- 1 Morning show
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  - 3 Whitman College locale
  - 4 Prenuptial party
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  - 30 Musical symbol
  - 31 Copperfield's first
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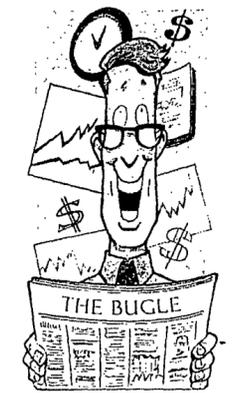
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10/20 9:30-1:00

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LEGAL NOTICE

The Village of Niles Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, November 5th, 2007, at 7:30 P.M. at the Niles Municipal Building, 1000 Civic Center Drive, Niles, Illinois, to hear the following matter(s).

07-ZP-23 - Jonathan Robinson, SAC Wireless, Inc., 655 N. 1st Bank Dr., Palatine, IL 60067, requesting a Special Use to Collocated three 3' dish type antennas on an existing lattice tower at 7720 N. Lehigh.

07-ZP-24 - Wolfgang A. Behrendt, 8047 W. Lake St., Niles, IL 60714, requesting a variation to Section VII (C) (10) to reduce the rear yard set back from the required 40' to 31' 8" to construct a garage addition at 8047 W. Lake St.

07-ZP-25 - Andrew L. Bednarczyk, Geopool Surveyors, Inc., 12 S. 355 Lemont Rd., Lemont, Illinois 60439, requesting a resubdivision of two (2) existing lots of record into three (3) new lots at 8135 & 8137 Davis St.

07-ZP-26 - Mr. Dan Shapiro, Attorney, Schain, Burney, Ross & Oitron, Ltd., 222 N. LaSalle St., #1910, Chicago, IL 60601, requesting rezoning from R-1 to B-1 and B-1 Special Use for a banking facility with drive-thru upon approval of annexation at 8001 Golf Road and 9544 Washington St.

The Village of Niles will comply with the Americans with Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodations for a Village service or have any questions about the Village's compliance, please contact George Van Geem, Village Manager, 1000 Civic Center Drive, Niles, Illinois, 847/588-8000.

PROFESSIONAL GUIDE

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LEGAL NOTICE/ASSUMED NAME

LEGAL NOTICE/ASSUMED NAME Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County. FILE NO. DO7109231 on October 9, 2007. Under the Assumed Name of Niles Express Copy with the business located at 7542 W. Oakton, Niles, IL 60714. The true name(s) and residence address of the owner(s) is Amer Kasso, 9148 W. Oaks, DesPlaines, IL 60016.

HELP WANTED

HELP WANTED Experienced Stylist & Nail Technician Susie's Full Service Salon 9229 Waukegan Rd. Morton Grove Call Susie 847-502-4776 OR Deanna 847-275-0507

HELP WANTED OFFICE PART TIME Riggio's Restaurant, 7530 W. Oakton, Niles. Call 847-698-3346.

Last Week's Puzzle Answers

**DIVIDE AND CONQUER**

SPASM MEDIC PRO  
MOLTE ENOLA EAR  
ALTERCATION ERE  
PLEA ADEN ACRES  
MIRO ODA  
NIA DOWNHEARTED  
ONCALL AIR ERNE  
RETTEE THE MEADE  
MEIR IOU SANDED  
ADVANCEMENT EDS  
TIE DOTS  
PUREE SEGO TREE  
ARE CONSIDERING  
LIS ELATE LUCCA  
EST SEGER STEEN

Be the first to send in the answers to this week's crossword puzzle and your name will be listed in next week's Bugle.

**THE WINNERS**

1<sup>st</sup> Lorraine Truskolaski

2<sup>nd</sup> Leo Madura

3<sup>rd</sup> Ralph Stemplinski

4<sup>th</sup> Terese Klinger

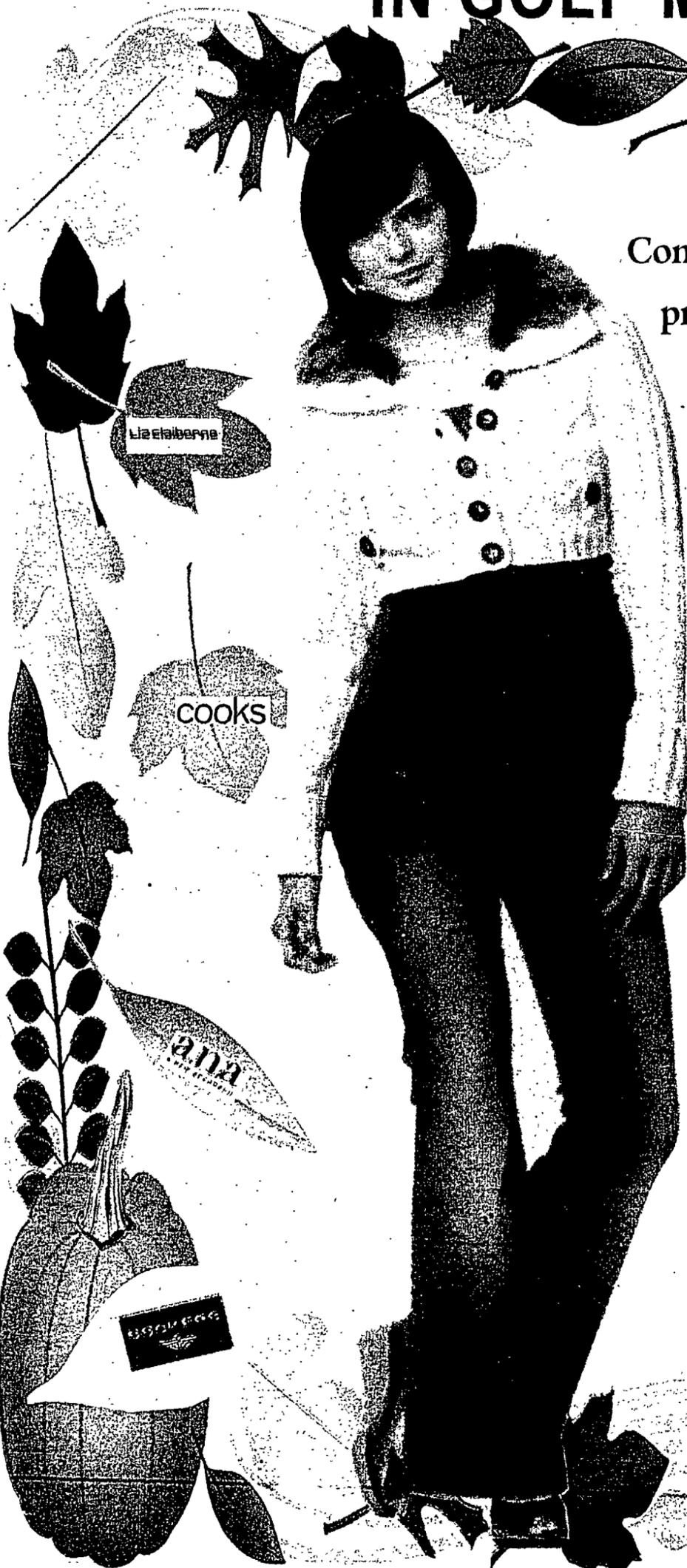
5<sup>th</sup> Dale Trebbs

Send your answers to the editor by Fax: 847-588-1911 or E-mail: crossword@buglenewspapers.com

**WANTED**

Photographer for Sports in the Niles Area. Digital Camera a Must. For a resume go to: www.buglenewspapers.com

# ANNOUNCING: RENOVATIONS COMPLETE AT JCPENNEY IN GOLF MILL MALL



Completion of the renovation project will be celebrated Saturday, October 20, 2007.

A ribbon-cutting ceremony will launch the celebration at 10:00 a.m. to be held at the JCPenney store inside mall entrance.

## Lowest Prices of the Fall Blowout

