

THE BUGLE



JUNE 14, 2007

BUGLENEWSPAPERS.COM

VOL. 51 NO. 4

Mother's death now ruled a homicide

Arlington Heights Police said Niles resident Mary C. Tierney threw gasoline on her mother and set her on fire and accidentally set herself on fire, leading to both of their deaths.

The death of Tierney's mother was originally ruled as "accidental due to thermal

injuries caused by fire."

However, based on facts supplied by the Arlington Heights Police and Fire Departments and examination of physical evidence by the Illinois State Police Crime Lab, the Cook County Medical Examiners Office has re-classified her death

as "homicide."

Investigation revealed that the gasoline used to ignite the fire was procured by the victim's 26-year-old daughter, Mary C. Tierney, of Niles on Wednesday, May 16 at about 8:30 a.m. from a gas station located in Arlington Heights.

On the morning of Wednesday, May 16, at Tierney's mother's Arlington Heights condominium, an argument occurred between the Niles resident and her mother and it turned physical. During the struggle, Tierney threw gasoline on her 58-year-old mother and

set her on fire. While committing the crime, police said she accidentally poured gasoline on herself, which ignited along with her mother.

Tierney was airlifted to Loyola Medical Center Burn Unit and died from her injuries on Saturday, May 26.

Niles Library changes insurance broker after alleged kickback scheme

By Tracy Yoshida Gruen
STAFF WRITER

The Niles Public Library District is no longer using Ralph Weiner Insurance as its broker as a result of its involvement in the alleged kickback scheme that also involved Niles Mayor

Nicholas Blase.

"We contacted local brokers that deal with this type of insurance," said Niles Public Library District Director Cary Czarnecki.

The library's new insurance broker is from Myers-Briggs of Chicago. Czarnecki said this broker came in with the best quotes. This year the library's insurance costs \$38,709, compared to last year's \$46,072, resulting in a \$7,363 savings.

"We think it's due to the fact that the new broker was more aggressive," said Czarnecki, about the savings this year.

Czarnecki said that the library had been using Ralph Weiner Insurance for several years, prior to when he jumped on board as the director. He said that in 1999 they went out to bid for a broker, but Weiner was the only interested broker at that time.

Immediately following the arrest of Mayor Blase, Morgan Dubiel, library trustee, said, "I think we're alarmed at the abuse. The library has been innocent in this whole situation. We simply paid our insurance." Dubiel said the library is a quality facility and he was against anything that would bring a negative connotation to the library.

So, why hasn't the library switched insurance brokers until now?

"By the time all this happened it was too late to change because insurance coverage goes into effect at a certain time," explained Czarnecki. "We had to wait until the policies were up."

Recently, Myers-Briggs found Indiana Insurance Group to be the lowest bidder for liability insurance coverage (which includes property, crime, auto, workers compensation, etc) in

See Library, page 10

School Memories Begin Early



Board Member James Mahoney, Board President Karen Johnson and Principal Alexandra Nicholson handed out graduation certificates and shook the hands of the kindergarteners as they walked across the stage at the Culver School Kindergarten Graduation Ceremony on Wednesday, June 6. The room was filled with proud parents who cheered as their children's names were called.

Retirement Party for Maine East Principal Barker 'Life Affirming'

By Tracy Yoshida Gruen
STAFF WRITER

Principal David Barker of Maine East High School says saying good-bye to a school that he and his family have been closely tied to for many years is very difficult.

Barker, who has been principal for eight years and a teacher for more than 30 years at Maine East, attended high school there himself. In fact, his father also served as principal at Maine East from 1979 to 1981 and then at Maine South High School.

"It's a very positive feeling, but it's a shock to me," said Barker, who said it's surprising

"Over the P.A. system, I told the students that there won't be another principal who has loved his school and the people here more than myself."

David Barker | PRINCIPAL, MAINE EAST HIGH SCHOOL

how fast he's come to this point.

Barker started teaching German and Russian at Maine East in 1967 and then taught English as a Second Language (ESL) at a time when there started to be more international students attending Maine East. In 1999, he took on his new post as principal. For the past two years, Barker has continued teaching Russian as well.

"Over the P.A. system, I told the students that there won't be

another principal who has loved his school and the people here more than myself," shared Barker.

A retirement party for Barker was held at the Park Ridge Country Club on June 5.

"It was very wonderful and very life affirming," shared Barker, about the retirement party in his honor. Staff, community members and other friends celebrated Barker's long

See Barker, page 2



June 14 - Flag Day

Remember to raise your flag to honor the United States and the freedom that we have

Ben Franklin Exhibit

Niles public library district selected to host exhibition
News, page 3

INDEX

Police Blotter	6
Business	8
Commentary	11
Have You Heard	12
Schools	13
Life	14
Bugle Kids	16
Seniors	18
Obituaries	21
Real Estate	23
Classifieds	27

Bugle Office: (847) 588-1900
Newsroom: Ext. 140
Circulation: Ext. 120
Advertising: Ext. 124
Classified: Ext. 120

What's all the Buzz About? Lack of Cicadas Surprise Residents

By Tracy Yoshida Gruen
STAFF WRITER

The mysterious cicadas seem to be less common in Niles than in other surrounding communities. "We haven't seen but maybe one or two," said Ken Piwko, the forester for the Village of Niles. "Everybody's surprised here." "I know Park Ridge and Morton Grove have more," said Piwko. "They're spotted all over town," said Morton Grove Public Works Director Andy Demonte. He said that residents in some parts of town have seen many cicadas and others haven't seen as many. Some trees in Morton Grove have cicadas going all the way up

to the branches. "They fly around a lot looking for mates," said Demonte. "It just depends where you're at," said Wayne Zingsheim, assistant director of public works in Park Ridge. For example, he said on Western there's not that many of them, but two blocks east of Western "they are inundated with them." Zingsheim said that at night time he can definitely hear the buzzing noise that they are known to make. Niles Public Works Director Scott Jochim said that he can remember that 17 years ago when they last made their appearance they didn't seem to be as noticeable in Niles as in other towns, just like this time around.

Barker

continued from page 1

and fulfilling career at Maine East. Students sent him touching messages through video as well.

"It was very sweet," said Barker.

The timing for his retirement couldn't be more perfect with his wife retiring from School

District 62 at the same time.

"We're departing off to the happy sea of retirement together," said Barker.

Barker said they are looking forward to traveling during the fall for the first time in years and they are taking a cruise to various Hawaii Islands. He said it will be nice to travel during less hectic times, as opposed to summer and spring breaks.

Niles Crime Stoppers finishes first year at Gemini



Scott Herrmann (far left), principal of Gemini Junior-High, said, "The Crime Stoppers program worked great and has made a difference." He is pictured here with Morgan Dubiel, president of the Niles Crime Stoppers, Officer Alec Laule, and Norbert Johnson (far right). Morgan Dubiel explained that the program is available to all Niles schools and Gemini is the first to accept the program. Ofcr. Laule stated that "the year really settled down once the program was in place. It has been very successful for us."

Worlds of Wonder Summer Program in session now at School District 64

Students who attend school in Park Ridge Niles Dist. 64 can participate in the Worlds of Wonder summer program to keep kids active and engaged in positive activities during summer break.

The sessions will take place between June 12 and June 29 and July 2 and July 20.

Some of the programs avail-

able to the students this summer are Baking Buddies, Greek dancing, Pirate Maps and Treasures, Sports, Games and Learning, Camp Read a Lot, Phonics and Beyond, Lost in Space, theatre workshop, digital movie making, Artsy Artists and much more. The summer program concentrates on creativity and critical thinking in a challenging and rewarding environment.

Skill building classes are also available for students who need to reinforce basic skills such as math, reading, language arts skills during the summer. The enrichment classes offer creative and stimulating hands on experiences for the kids.

NORTHWEST STAFF THE BUGLE

Rich Masterson
PUBLISHER
publisher@buglenewspapers.com

Robert Leach
SPORTS EDITOR
rleach@buglenewspapers.com

Barbara Karawacki
SALES DIRECTOR
barbara@buglenewspapers.com

David Urquhart
ACCOUNT EXECUTIVE
dave@buglenewspapers.com

Gloria Caputo
RECEPTION
glo@buglenewspapers.com

Tracy Yoshida Gruen
STAFF WRITER
tracy@buglenewspapers.com

Laura Katauskas
STAFF WRITER
katauskas@buglenewspapers.com

Neil Schierstedt
PRODUCTION DIRECTOR
production@buglenewspapers.com

Keith Eilers
PRODUCTION

Luisa Briody
PRODUCTION

Pat Conway
CONTRIBUTING PHOTOGRAPHER

Contact Information
Phone 847.588.1900
7400 Waukegan Road
Niles, Illinois 60714
The Bugle is a publication of
The Bugle Newspapers, Inc.

State of Illinois Knight of Year Announced

On Monday, May 28, 2007, Leo Weiss, the Grand Knight of the North American Martyrs Council 4338, Knights of Columbus, Proudly announced a very Special Award Winner FOR Fraternal Year 2006-2007. Each Year - the Grand Knight of each local Council has the opportunity to recognize individuals within his Council and surrounding Community that have provided Outstanding Support to the local Council and the Grand Knight throughout the Year! This Year, Grand Knight Leo Weiss has selected the Council's Knight of the Year to be Ken Lee for his Contribution to the Council's

See Knight, page 10

Maine East Reading Program

This summer, Maine East will hold its second school-wide summer reading program, offering more than 50 titles from many different genres to appeal to all readers. The classics, graphic novels, beach reads and sports are just some of the areas that faculty and students have chosen for summer reading. Incoming freshmen are also participating. Books can be purchased at Books-A-Million on Golf Road in Niles and other area bookstores. The public libraries are also stocking these titles in support of the program. Librarians from Des Plaines, Niles, Park-Ridge and Glenview will be participating and have created special library sections featuring these titles. When students return to school in August, there will be small group discussions to create a community of readers. For more information, go to the Maine East web site and click on Summer Reading, or contact summer reading coordinator, Wendy Reitz at (847) 825-4484.

Niles Public Library District selected to host Benjamin Franklin exhibition

The Niles Public Library District in Niles, Ill., is one of 20 libraries selected by the National Endowment for the Humanities (NEH) to host the traveling exhibition, "Benjamin Franklin: In Search of a Better World." The exhibit is part of the NEH's We the People program—a program that aims to inspire the best in citizenship through the reinvigoration of the teaching, study and understanding of American history and culture. To date, over \$51 million has been awarded to We the People projects throughout the United States and its territories.

One copy of the 1,000-square-foot traveling exhibit will circulate to 20 public and academic library sites beginning in November 2007. The Niles Public Library District will host the exhibit for a six-week period. Exhibition content is arranged in thematic sections showing Franklin in the Boston of his youth, Franklin's family and personal life, as well as the years when he built his business as

National Endowment for the Humanities Funds Local Exhibition on Founder's Life and Works

Philadelphia's premier printer. The exhibit also looks at Franklin's commitment to public service, his interests in medicine and public health, and his work in science and philosophy. Franklin's political career in England, France and the United States, and his contributions to the Declaration of Independence, the Constitution and other major documents are the subjects of the final two sections of the exhibit.

Based on a major exhibition developed by the Benjamin Franklin Tercentenary, a consortium of academic institutions in Philadelphia, the traveling version of the exhibit was developed by the American Library Association, in cooperation with the Tercentenary and with major funding from the NEH. The exhibit allows people around the country to explore the breadth of Franklin's interests and accomplishments—dis-

covering the complex man behind the myths.

"Benjamin Franklin is one of our nation's most intriguing founders, and his commitment to liberty and love of innovation help illuminate for us two of our nation's most fundamental ideals," said Dr. Bruce Cole, Chairman of the National Endowment for the Humanities. "We hope this exhibit will allow Americans to learn not only more about Benjamin Franklin, but also about the ideals that built our nation."

Through the NEH award, The Niles Public Library District will also receive an array of educational and promotional materials supporting the themes of the exhibition as well as training, with presentations by the curator, exhibit designer, and librarians from around the country with experience in public programming. A site support notebook features program ideas,

speaker lists, bibliographies, film lists, exhibit set-up instructions, and other aid for the librarians. In addition, a \$1,000 grant from the NEH may be used to defray the cost of travel to the training sessions or to defray costs of local programming.

NEH grants are awarded on a See Exhibition, page 25

VINTAGE TO MODERN
COMIC BOOK & TOY SHOW
• JUNE 22, 23 & 24 •
FRI. 5-8 • SAT. 10-4 • SUN. 10-3
DUPAGE EXPO
ACROSS FROM
PHEASANT RUN RESORT
ST. CHARLES, IL (RT. 64)
SPECIAL GUEST APPEARANCES
★
ADMISSION \$6
ZURKO • 715-526-9769
www.zurkopromotions.com

OIL EXPRESS
Fast Lube Systems
CITGO
\$6 OFF
Any of the following services
• Full Service Oil-Filter-Lube (reg. \$31.99)
• Transmission Service (reg. \$99.99)
• Differential Service (reg. \$29.99)
• Coolant Flush Service (reg. \$54.99)
PRICES MAY VARY BASED ON VEHICLE
NILES
8430 W. Dempster St.
between Greenwood & Cumberland
next to McDonald's
(847) 827-0500
DES PLAINES
1340 Lee St.
(847) 296-7059

KAPPY'S
Restaurant & Pancake House
New Breakfast Special:
Only \$3.99
Monday-Thursday
5:00am-9:00am
5 Breakfast Specials to Choose from Daily!
Beginning Monday, June 11th
Serving
• Breakfast • Lunch and Dinner
Open 5:00 A.M. to 11:00 P.M. Daily
Friday & Saturday til' Midnight
Phone: 847-470-1900
7200 W. Dempster • Morton Grove, IL 60053

THIS WEEKEND ONLY • FRIDAY - SATURDAY - SUNDAY
(Starting 3pm Friday)
Happy Father's Day!
Honey-Stung Fried Chicken Basket
w/ French Fries, Cole Slaw, Corn on the Cob & Soup or Salad
\$8.95
Not valid with any other offer. No splitting or substitutions. Subject to Managements Discretion
• Senior Menu Available Mon-Fri from 2pm-5pm •
15 Items at \$6.75
Our way of giving back to the community during a time when everyone else wants to take, take take!

Resurrection Medical Center offers June Health Programs

Resurrection Medical Center, 7435 West Talcott, Chicago, will offer the following health programs in June.

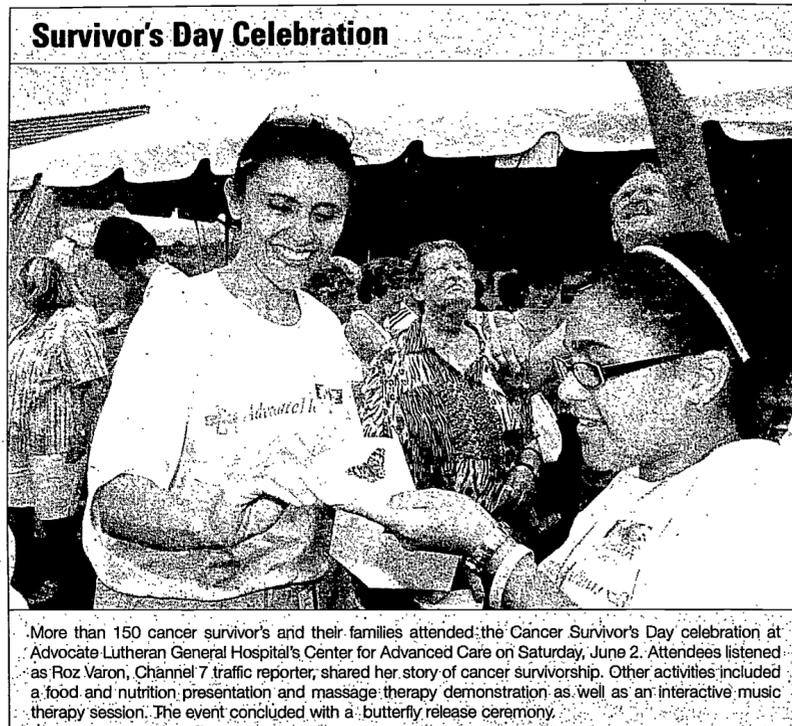
First Aid for Little People is an American Red Cross Safety and First Aid Program designed for children ages 5 to 8. Your child will become familiar with a variety of basic first aid skills, as well as fire and safety precautions, while learning how to respond in an emergency situation. The class takes place Thursday, June 14 from 1-2 p.m. A completed parent/guardian permission form must be sent with your child to the class. Advanced registration is required by calling 877-RES-INFO (877-737-4636). Fee: \$10.

Learn more about high-tech hearing aids on Thursday, June 21 from 1:30-3 p.m. Staff audiologists will discuss hearing aids and provide detailed information about artificial intelligence (AI) and post-auricular canal (PAC) hearing aids. Participants can listen with high-tech hearing aids and will be shown how a computer is used to adjust (program) them.

Advanced registration is required by calling 877-RES-INFO (877-737-4636). Free.

Free hearing screenings for adults take place on Thursday, June 21 from 9 a.m. - noon. The 5- to 10-minute hearing screening is conducted by audiologists in the Resurrection Medical Center Audiology Department. Advanced registration is required by calling 877-RES-INFO (877-737-4636).

Resurrection Medical Center offers a Six-Week Childbirth Class for expectant parents to better prepare them for their childbirth experience. Topics covered include: labor and delivery, breathing and relaxation techniques, coaching instructions, pain medication options—including epidural anesthesia, breastfeeding basics and cesarean birth. Postpartum care and newborn care are taught. A tour of The Family Birthplace is included. Classes meet on Tuesdays from 7-9 p.m. starting June 26 and ending July 31. There is a \$75 fee due prior to the class. Advanced registration is required by calling 877-RES-INFO (877-737-4636).



Survivor's Day Celebration

More than 150 cancer survivors and their families attended the Cancer Survivor's Day celebration at Advocate Lutheran General Hospital's Center for Advanced Care on Saturday, June 2. Attendees listened as Roz Varon, Channel 7 traffic reporter, shared her story of cancer survivorship. Other activities included a food and nutrition presentation and massage therapy demonstration as well as an interactive music therapy session. The event concluded with a butterfly release ceremony.

NILES PARK DISTRICT NEWS

Summer Youth Art Classes and Camps

Niles Park District offers several fun and creative youth art programs for the summer. Students will develop fine motor skills, express their creativity and explore their imagination. Programs offered for ages 3-1/2 to 12 include Drawing Classes, Ceramics, and 3-day Summer Art Camps. Camps have fun themes like Egyptian, Pirate Camp, Anime Cartoon Camp, and Pastels. Registration is being accepted at Howard Leisure Center. For more information about arts programs, please call (847) 967-6633.

Summer Swim Lessons

Niles Park District offers a "Learn to Swim" lesson program this summer. This program is designed for children of all ages and abilities. Lessons are taught at IceLand Pool, 8435 Ballard. The next session begins July 2-20. Adult lessons, Private lessons and Parent & Tot Lessons are also available. Please call the Howard Leisure Center for additional information (847) 967-6633.

IceLand Pool Hours

Have some FUN in the SUN with Niles Park District! Stay See Niles, page 5



Remember to always apply sun tan lotion when planning to be outdoors in direct sunlight.

Niles Family Dental NOW OFFERING
Leon Zingerman, D.D.S.
 General & Cosmetic
Dentistry
 876 Civic Center Dr.
 (Oakton & Waukegan)
 Niles, IL 60714
 847-663-1040

An Offer To Make You Smile!!!

DENTAL EXAM
 4 X-RAYS & CONSULTATION
FOR ONLY \$2500*

*New Patients Only. Limited Time Offer With This Ad.

Serving Your Entire Family's Dental Needs

Club Fitness
Summer Special
3 months for \$59.95
Purchasing Period
May 1 - July 31, 2007

- Convenient Hours and Location
- Helpful and Courteous Staff
- State-of-the-art exercise equipment from Paramount, Matrix, True, Nustep, Life Fitness and Precor
- Full-Size Gymnasium
- Expansive free weight area
- Indoor walking/running track
- 2 racquetball courts
- Stretching room
- Dry heat saunas/whirlpool spa
- Spacious and modern locker rooms
- Personal Training

CLUB FITNESS
 at the Morton Grove Park District
 6834 Dempster Street
 Morton Grove, IL
 847-965-1200
 www.mortongrovetparks.com

Carpal Tunnel Syndrome

By Keith Berndtson, MD

I'm a 46 year-old computer graphics designer. I love my work, but some days I can't do it because my right hand tingles and hurts. Lately it has been waking me up at night and I notice that I'm feeling tired all the time. My neck and upper back also hurt. My doctor told me it was carpal tunnel syndrome and to take ibuprofen and wear a wrist splint at night. I'm doing this but it doesn't help much. Can I fix this problem without surgery?

Chris J., Morton Grove

Sounds like a classic case of carpal tunnel syndrome related to overuse of the muscles in the forearm, wrist, and hand. Usually the root cause of the problem lies deeper than the fact that you do an awful lot of mouse-clicking. There have been key advances in carpal tunnel release surgery over the past few years, and while carpal tunnel release is not major surgery, it is delicate and should be trusted to experienced hand surgeons.

That said, it is useful to think about why you developed carpal tunnel syndrome, and what might be done to fix the problem without surgery.

An adult carpal tunnel is about the size of a nickel. The

floor and walls of the space are made of bone, and the ceiling is made of a tarp-like ligament. Through this space runs the median nerve, which typically supplies muscles in the hand carries sensation from the thumb, index, middle fingers and half of the ring finger back to the spinal cord.

The carpal tunnel space also contains eight tendons from muscles arising in the forearm. When you do lots of work with these muscles, the tendons can become stressed, inflamed, and thickened. They can begin to crowd the nerve, and the low-grade inflammation can cause fluid and cells to build up in and around this space.

It's Not Just a Tunnel Problem

In most cases, the carpal tunnel is not the only circulation bottleneck. Blood that enters the arm must flow back to the heart through arm veins. Lymph fluid formed in the arm must flow back to the heart through its channels. If you have overworked arm, shoulder, neck, and upper back muscles, their tendency to spasm will cause blood and lymph pressures to back up in the arm and translates into back pressure in the carpal tunnel.

Relieving this pressure by

using physical therapies for the arm, shoulder, neck and upper back can reduce hand pain and tingling. The irritated nerve can sometimes be relieved by supplementation with substances that help nerves resist stress, such as vitamin B12, lipoic acid, myo-inositol, and the omega fatty acids. Occasional use of Epsom salt soaks (to absorb magnesium). Rest and proper body positioning at your workstation can also be a big help.

If the median nerve is under great stress and its fibers are needed to help them breathe and survive. Physical and nutritional therapy will then assume roles in the post-operative recovery phase.

Carpal tunnel syndrome can result in long-term muscle weakness, pain, and skin numbness. If you're having symptoms, see your doctor, but realize that much can be done beyond splints and over-the-counter anti-inflammatories to fix the problem without surgery.

Keith Berndtson, MD, combines general, physical, and integrative medicine in his role as Medical Director of Park Ridge Multi-Med. Send your health story or question to keith@parkridgemd.com.

Niles Family Fitness Center offers Pilates classes

Pilates - Mat

Pilates is a series of controlled exercises that engage the mind and body to develop strong flexible muscles without building bulk. Each movement begins with the abdomen, focusing on controlling core muscles. Routines alternate stretching with strengthening.

9 weeks
 Instructors: Danielle, Susan, Pattie. There is a 5 person minimum per class
 \$59 Member
 \$77 Non-Member
 All Levels 9:10-10:00 a.m.
 Monday 6/25 - 8/20
 All Levels 8:00-8:50 p.m.
 Thursday 6/21 - 8/16
 All Levels 7:30-8:20 a.m.

Saturday 6/23 - 8/18
 All Levels 6:20-7:10 p.m.
 Wednesday 6/20 - 8/22

Pilates Reformer Semi-Private Class

2 clients will utilize a reformer for this workout. 45 minute class: 40 minutes on the reformer plus stretch for 5 weeks.
 2 person Member \$144 (per person)
 2 person Non-Member \$159 (per person)
Pilates Reformer Mat Blend
 55 minute class: 1/2 class on the reformer - 1/2 class on the mat for 5 weeks.
 2 person Member \$139

(per person)
 2 person Non-Member \$154 (per person)
 3 person Member \$119 (per person)
 3 person Non-Member \$139 (per person)
 Contact the Niles Family Fitness Center, 987 Civic Center Drive, 847-588-8400, www.nilesfitness.com.

Summer 'Learn to Skate' Classes begin June 11th. SIGN UP TODAY!



June 11-August 11
 At IceLand Arena

Classes for ages 4 & Up
 9 week session

IceLand Arena
 8435 Ballard Rd.
 (847) 297-8031

Niles
 continued from page 4
 cool this summer at IceLand Pool, 8435 Ballard Rd.
June 2 - August 19
 Early Bird Lap Swim Mon-Fri 6:00-9:00 a.m.

Open Swim Mon-Thurs
 Noon-4:45 p.m.
 7-9 p.m. Fri Noon-9:00 p.m.
 Sat & Sun 10:00 a.m. - 8:00 p.m.
 For more information, please call IceLand at (847) 297-8013.

Bike Ride for Lung Disease



Saturday, August 4 to Monday, August 6 - CowaLUNGa 2007 is a three day, 190 mile cycling trek from Gurnee Mills Shopping Center in Gurnee, IL to Hubertus, WI. Riders can participate in one, two or three days of the ride. Registration for one day is \$20 with a \$50 pledge minimum, for two days \$110 with a \$275 pledge minimum, and

for three days \$130 with a \$275 pledge minimum. All proceeds benefit the Respiratory Health Association of Metropolitan Chicago's lung disease research, advocacy and education programs. For more information, or to register, call Niki Bartosiak at (312) 628-0212 or visit the website at www.cowalunga.com.

MORTON GROVE PARK DISTRICT JUNE CALENDAR

- June 19 Summer Concert at Harrer Park
- June 21 Park Board of Commissioners Meeting
- June 26 Summer Concert at Harrer Park
- June 29 Oriole Pool Float and Flick Night (Happy Feet)
- June 30 - July 4 Morton Grove Days 4th of July Festival

For more information contact:
 Morton Grove Park District
 6834 Dempster Street
 Morton Grove, IL 60053
 847-965-1200
 www.mortongrovetparks.com

JUMP N' TO JUNE

Niles Resident Special
10% DISCOUNT

\$0 enrollment (\$59 savings)
 (with the purchase of a new annual membership)

"Fit for Every Body"

Offer Valid: June 1-30, 2007
 Please Bring Ad In

Niles Family Fitness Center
 987 Civic Center Dr. Niles, Illinois
 "fit for every body"
 www.nilesfitness.com
847-588-8400

Debit card stolen from locker, \$450 charged

MORTON GROVE

1 Theft from Locker (6800 block of Dempster)

Unknown person or persons entered a locker in the 6800 block of Dempster on Sunday, June 3 and took \$20 and a debit card which was used to purchase about \$450 worth of merchandise from the Best Buy in Niles.

2 Aggravated Assault (6100 block of Madison)

During an argument, a man grabbed a woman by her arm and slapped her twice in the face in the 6100 block of Madison on Thursday, May 31.

3 Radio Microphone Broken (9000 block of Oriole)

Unknown person or persons entered a truck on the street in the 9000 block of Oriole on Tuesday, May 29 and broke a radio microphone and moved some items in the vehicle around, said police. The estimated damage is \$40.

4 Identity Theft (8900 block of Ozark)

Over the past eight years, from November of 1998 until Thursday, May 31, an unknown person has opened several credit accounts using someone's social security information. The person realized someone was using her person information when she went to apply for a mortgage and viewed her credit report.

5 Theft of Services (7200 block of Dempster)

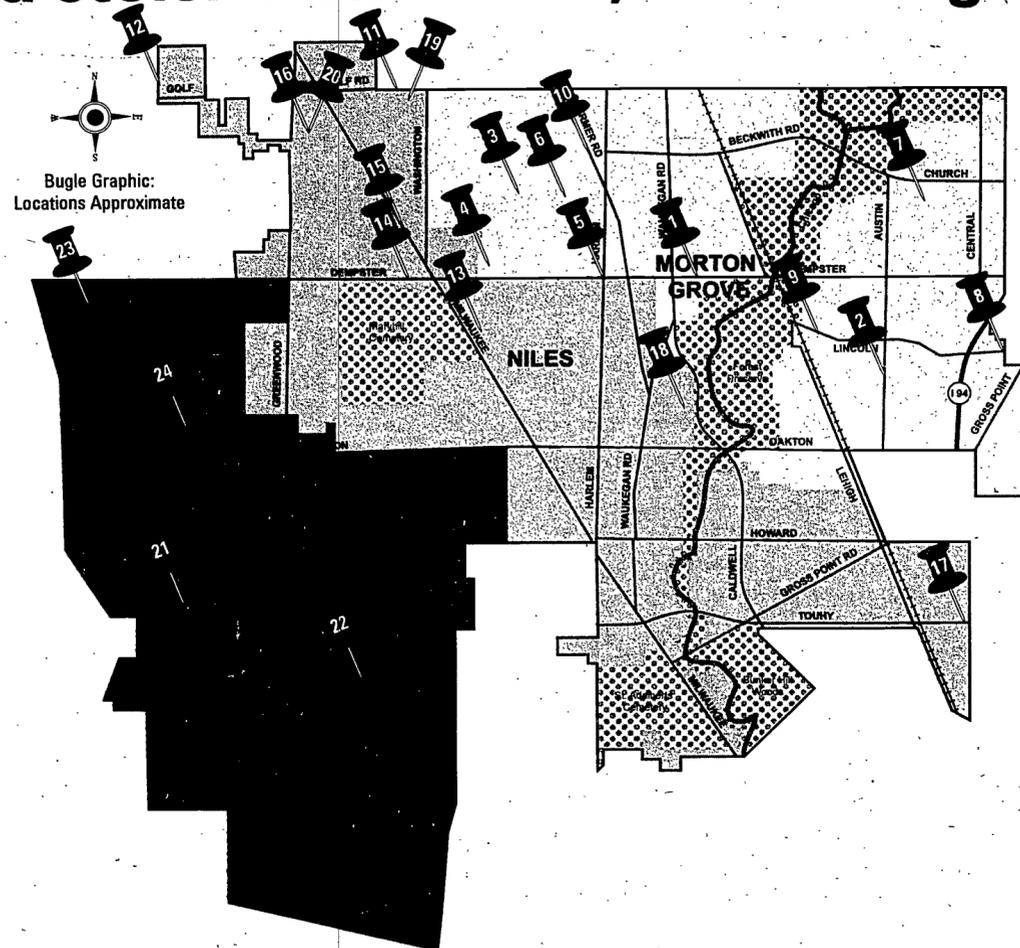
Two people ate \$30 worth of food at a restaurant in the 7200 block of Dempster on Tuesday, June 5 and then left the restaurant without paying for the food items.

6 Windows Smashed Out (7400 block of Davis)

A witness saw two males break the window of a 2002 BMW parked in the 7400 block of Davis on Saturday, June 2 and then drive away in a small red car. The estimated damage is worth \$200.

7 Smashed Window with Humidifier (9100 block of Mansfield)

Unknown person or persons used a humidifier to smash the rear window of a vehicle in the 9100 block of Mansfield on Monday, June 4. The owner of the vehicle saw someone exit a vehicle, take a picture of the damage and then flee eastbound on Davis.



Bugle Graphic: Locations Approximate

NILES

8 Deceptive Practice (5500 block of Lincoln)

Unknown person cashed a check for \$1,000 belonging to someone else's business account on Wednesday, May 30.

9 DUI/Revoked License (Callie/Lincoln)

A 44-year-old Morton Grove man was arrested on Monday, May 28 for driving under the influence of alcohol and driving with a revoked license at Callie and Lincoln. The man was involved in a motorcycle accident and it was found his license was revoked for a DUI. The court date has not yet been assigned.

10 Assault Arrest (9300 block of Shermer)

A 20-year-old Morton Grove man was arrested for assaulting his caregiver on Saturday, June 2. The same man was also arrested after striking someone with a pole on May 20. His bond was set at \$1,000. His next court date is July 3.

Burglary to Rectory (8100 block of W. Golf Road)

Unknown person or persons entered the east kitchen window by forcing the screen open and took food items from a rectory in the 8100 block of W. Golf Road on Friday, June 8. The complainant was asleep in the bedroom when the crime took place.

Condos on Fire (9700 block of Dee Road)

A fire started in the electrical room of a condominium building in the 9700 block of Dee Road on Tuesday, June 5. The residents stayed at Terrace Square Field House until fire personnel said they could re-enter the condos.

Customers Push Limo Driver (8600 block of Merrill Street)

While dropping off his customers at the 8600 block of Merrill Street, they were verbal-

ly aggressive toward the driver and pushed him up against the limo on Saturday, June 9. The window of the limo was also broken with an estimated damage of \$300.

Burglary to Vehicle (8800 block of N. Prospect)

Unknown person or persons took a CD/Radio worth about \$1,200 and speakers with a value of about \$200 from a vehicle in the 8800 block of N. Prospect sometime between Wednesday, June 6 and Thursday, June 7. Police said an unknown hard object was used to shatter the driver side rear window.

Motorcycle Stolen (8900 block of N. Milwaukee)

A 2006 Suzuki motorcycle was taken from a parking lot in the 8900 block of N. Milwaukee on Wednesday, June 6.

Concealed Items in Stroller (220 Golf Mill)

Unknown person or persons concealed \$57 worth of chil-

dren's merchandise in a stroller and attempted to leave the store without paying for the items on Friday, June 8. A petite theft fine was paid on the scene.

Wallet Stolen While Shopping (5600 block of Touhy)

While a woman was grocery shopping, she was approached by unknown man who dropped something directly in front of her and told her that gum was stuck to her shoes on Monday, June 4. The woman later noticed her wallet that contained \$40 in USC, credit cards, drivers license and checkbook was stolen.

Vehicle Damaged (8200 block of New England)

The front passenger window of a vehicle parked in the 8200 block of New England was broken with a wooden object sometime between Friday, June 8 and Saturday, June 9.

See Blotter, page 7

Blotter

continued from page 6

18 Domestic Battery (8100 block of Courte Drive)

A 17-year-old heroin addict from Niles was arrested on Wednesday, June 6 for pushing his mother and father when they wouldn't give him money for drugs. Bond is set at \$40,000 "D" and the court date is slated for June 20.

19 Suspended Driver's License (7800 block of Crain)

A Niles man was arrested for a suspended driver's license on Monday, June 4. Bond is set at \$1,000 and the court date is July 13.

20 Retail Theft (220 Golf Mill)

A 24-year-old Morton Grove man was arrested for retail theft after stealing five pairs of earrings worth \$112 from a store at 220 Golf Mill on Friday, June 8. Bond is set at \$1,000 and the court date is July 25.

PARK RIDGE

21 Starter Pistol Stolen (300 block of N. Hamlin)

A Smith and Wesson starter

pistol worth about \$150 and one round of blanks were taken from a school gym in the 300 block of N. Hamlin on Tuesday, May 22.

22 Stone Archway Damaged (300 block of S. Prospect)

Unknown person or persons damaged a stone archway at the south chapel door of a church in the 300 block of S. Prospect sometime between Sunday May 27 and Monday, May 28. The estimated cost of the damage is unknown, said police.

23 Camera Stolen from Vehicle (1700 block of Evergreen)

A Nikon camera was stolen from a 2003 Mazda that was parked in the driveway of a residence in the 1700 block of Evergreen sometime between Thursday, May 31 and Friday, June 1. The camera has an estimated value of \$250.

24 Burglary to Office (2100 block of Woodland)

Unknown person or persons removed a leather purse and a canvas bag from a victim's 2003 Chrysler van in the 2100 block of Woodland sometime between Wednesday, May 30 and Thursday, May 31.

Joseph Hedrick, CRS
Century 21
 Marino Realtor® Inc.
 5800 Dempster St.
 Morton Grove, IL 60053
 Direct Line 847-212-5336

GROVE MANOR
 Quality built 2 bedroom with in unit laundry. New corian tops and new toilets in both baths. Heated garage included. Plenty of guest parking. Waiting for your choice of carpeting. Master bedroom with huge walk in closet. \$249,000

MORTON GROVE ESTATES
 Corner unit with south and west views. Balcony sliders from the living room and bedroom. Indoor and outdoor garage spaces. Many updates in the unit and a well maintained building. New kitchen and hardwood floors thruout. \$249,900

PSI STARIA
 AUTHENTIC GREEK RESTAURANT
 newly remodeled
 Treat Your Dad Like a King
 Enjoy A Free Appetizer
 With This Ad (Up to \$6.95 Value)
 On Father's Day or Any Day Through July 15, 2007!

House Specialties
 Broiled Lamb Chops
 Athenian Chicken
 Chicken Spanaki
 Homemade Gyros
 Spinach Cheese Pies
 Fresh Fish Entrees
 Homemade Desserts
 AWESOME STEAKS

4711 W. Touhy Ave. Lincolnwood (just east of the 120s)
 847-676-9400
 Dine in • Carry Out • Catering • Parties
 Delivery for large orders available

Come Enjoy our New Outdoor Garden!

Quality, Value, Service In Any Language
Produce World
 INTERNATIONAL MARKET • DELI • BAKERY • MEATS • SEAFOOD

RED BEAUTY PLUMS 79¢ Lb	FRUITS & VEGETABLES FARM FRESH PICKLES 49¢ Lb	IMPORTED STEM TOMATOES 88¢ Lb
SWEET MEXICAN PAPAYA 69¢ Lb	LARGE SEEDLESS WATERMELON 33¢ Lb	MANILA MANGOES 3 for \$1.00
Butterball HONEY TURKEY BREAST \$2.99 Lb	Delicatessen Kretschmar SMOKED HAM \$2.99 Lb	Hoffman's EXTRA SHARP CHEDDAR \$2.99 Lb
BONELESS SKINLESS CHICKEN BREAST \$1.99 Lb	MEATS LEAN & MEATY PORK BACK RIBS \$3.49 Lb	USDA CHOICE RIB STEAK \$5.99 Lb
Dean's SOUR CREAM (REGULAR ONLY) \$1.09 Ea 16 Oz	DAIRY Dean's 2% MILK \$2.69 Ea Gal	EXTRA LARGE EGGS 69¢ Ea Doz
Orabella Pomace OLIVE OIL \$7.99 Ea 1 Gal	Assyrtiko GREEK WHITE WINE \$3.99 Ea 750 ML	Mott's APPLE SAUCE \$1.89 Ea 24 Oz
ASSORTED Borrellis TOMATOES 99¢ Ea 28 Oz	ASSORTED Hellmann's MAYONNAISE \$3.29 Ea 30 Oz	Orlando Greco PEPPERONCINI \$2.49 Ea 32 Oz
	Sea Port MARINADA \$2.99 Ea 1 Lb	Sea Port SHRIMP 41-50 ct. \$11.99 Ea 2 Lb

8800 WAUKEGAN RD. MORTON GROVE, IL.
 CORNER OF WAUKEGAN & DEMPSTER • HOURS: MON-FRI 8-9 SAT 8-8 SUN 8-7
 847-581-1029
 Sales Dates Good June 14th - June 20th

Morton Grove Trustees hold on to MB Financial, Reject CharterOne Bank

By Tracy Yoshida Gruen
STAFF WRITER

After much discussion and exchange of emotions from residents, presenters and trustees, the Morton Grove Village Board denied the execution of a new agreement with Charter One Bank and decided to stick with MB Financial.

The board looked beyond the numbers and did not approve CharterOne Bank, despite it being the lowest bidder with an estimated annual cost of \$5,586. MB Financial came in with the third lowest bid of \$12,609. The other bidders ranged from

approximately \$13,000 to \$19,000.

The board asked that MB Financial submit a proposal like the one CharterOne Bank had submitted so it can be reviewed at the next board meeting.

"They've invested in our community," said Former Trustee Dan DiMaria, about MB Financial. He said when it comes to their involvement in community events they always step up to the plate. DiMaria emphasized the importance of keeping good relationships within the village.

If the village board selected

CharterOne, they would have saved about \$7,000 per year.

"That's nothing," said DiMaria. "It's peanuts." Mike and Jim Simkins urged the board to maintain their relationship with MB Financial.

"MB Financial has been able to take events under their wing," said Mike Simkins. In the past 10 years, he said the company has donated tens of thousands of dollars to various community causes and organizations. They have been major sponsors for the Morton Grove Days event, the Morton Grove Foundation and more.

Resident Eric Poders told the

board to keep in mind that CharterOne could also form a close relationship with the community if given the opportunity and he applauded the diversity of their staff. He mentioned that the branch manager is a resident of Morton Grove and has been active in various community events, such as being a sponsor for the Morton Grove Park District 5K walk, school activity calendar for Golf School Dist. 67 and more.

"We are a pillar in this community and will continue to help the community as we see fit," said MB Financial Sr. Vice President Alan Weel.

"Obviously there's a lot of emotion and history," said Glenn Mazade, senior vice president of CharterOne Bank. "All that I do is work with the government sector." Mazade said they had a significantly lower bid than the other bidders because, "We think the government sector and the village of Morton Grove deserve it."

"It's a very tough decision," said Trustee Dan Staackman.

Trustees Staackman, Thill and Marcus voted against switching to CharterOne and Trustees Brunner and Minx voted in favor of it. As a result, the motion failed.

The Bugle 50th. Anniversary Business Of The Month

Featuring Niles Chamber Members

UPCOMING EVENTS

June 20, 2007
Business After Hours @
Ridgewood Gardens
Time: 05:00 PM - 07:00 PM

Business After Hours are a great way to network and meet area business owners and company representatives. Remember that networking is not only a resource to gain cus-



tomers and generate leads, but also a chance to find new vendors, share new ideas, or find new ways to offer benefits to your employees.

June 22, 2007
Annual Job Shadow Day
Time: 09:00 AM - 12:00 PM

For the third year, the Niles Chamber will partner with the Niles Teen Center for a Job Shadow Day to give local students a hands-on work experience. If your company is interested in being a "Workplace Host," please contact the Niles Chamber to sign up. Students

will be matched with a company based on their skills and interests. Students will be dropped off by parents between 9:00-9:30 a.m. and picked up by Teen Center staff at 12:00 noon. Deadline to sign up is Friday, May 25th. An activity packet will be sent to you offering ideas, worksheets, and guidelines for making the morning a great experience for your job shadow.

June 27, 2007
Women In Business
Networking Luncheon Time:
12:00 PM - 01:00 PM

This is one of our most popular and fastest growing networking groups. Find out why more and more women have been attending the Women In Business luncheons. There is a \$15 charge for the event.

Sales at Recently Opened Jimmy Johns In Niles Increasing

By Tracy Yoshida Gruen

Yera and Divyesh Patel recently opened their first restaurant, the well-known Jimmy John's Gourmet Subway Sandwich restaurant at 7954 Waukegan Ave. in Niles.

The sandwich shop opened its doors in January and Mrs. Patel said that it is becoming busier with the warmer weather.

"It's been pretty good," said Mrs. Patel, who was previously a stay at home mom. Divyesh also works for All State. "Our sales are increasing."

Jimmy John's offers a wide variety of unique sandwiches, such as the Turkey Tom Sandwich (with turkey breast, alfalfa sprouts, lettuce, tomato and mayo); Sorry Charlie Sandwich (tuna, sprouts, cucumber, lettuce and tomato); Bootlegger Club Sandwich (roast beef, turkey, lettuce, mayo, tomato) Beach Club Sandwich (turkey breast, avocado spread, cheese, etc) and many, many more tasty options. Along with a variety of flavors, the subs come in a variety of sizes, from a small sized sub up to a "gargantuan sub."

Mook and Jennifer Patel are partners in the business.

Divyesh and his wife were tossing around restaurant options when his cousin recommended that they open a Jimmy Johns Restaurant.

"I had never been in one before," Mrs.



Yera Patel

Patel said. She said that she loved the atmosphere and the friendly employees at the Jimmy John's she visited and so the couple decided to open their own Jimmy John's.

So, how has the change of pace been for the once stay at home mom?

"I love it," said Patel. "It's really hard work right now."

In addition to subs for lunch and dinner, Jimmy Johns also offers a catering menu including party platters, giant party subs, cookie trays and pickle buckets.

The restaurant can accommodate up to 32 people and is open from 10 a.m. to 10:30 p.m. from Sunday through Saturday.

VILLAGE CROSSING
Shopping Center

Where the Skokie / Niles Community Shops Every Day!

Over 60 great retailers featuring

Subway	Pier 1 Imports
GameStop	Grants Appliance
Dick's Sporting Goods	LA weightloss

Touhy Avenue and Niles Center Road/Carpenter Road Skokie/Niles.

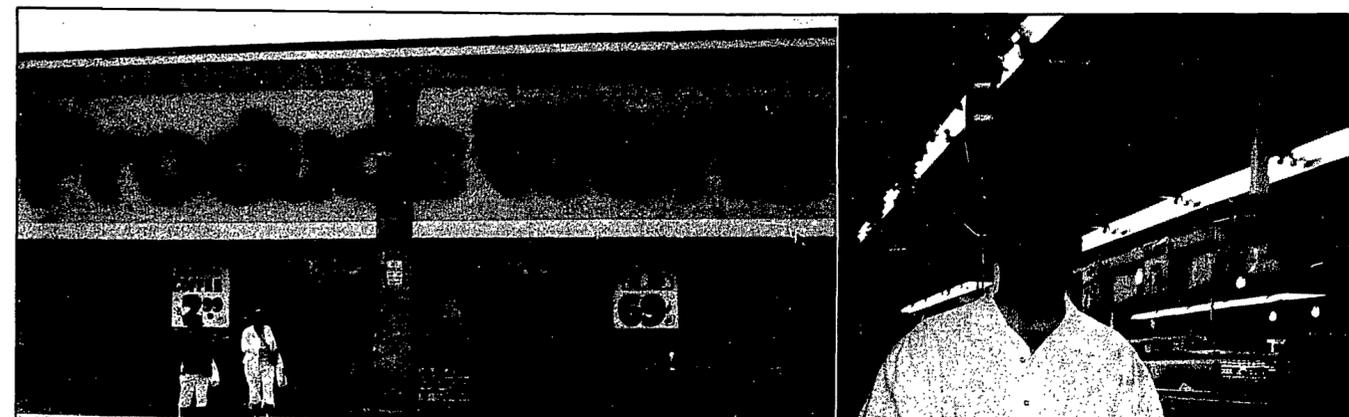
JIMMY JOHN'S
Since 1983

WORLD'S GREATEST GOURMET SANDWICHES

WE DELIVER!

7954 N. WAUKEGAN RD.
847.470.8300

© 2007 JIMMY JOHN'S FRANCHISE, LLC. ALL RIGHTS RESERVED.



A Local Success Story

When he was in high school, the neighborhood fruit market was the place to be.

Steve Pavlopoulos opened Produce World at Waukegan and Dempster in Morton Grove when he was 27 years old and it has been a popular spot for fresh produce for 15 years.

"This area's been very good and it's a very ethnic area," said Pavlopoulos, about Morton Grove. He said Produce World is mostly geared toward International foods.

"When I was 15-years-old I started working in produce and working my way through high school and college. All of my friends and I started working in a fruit market together," said Pavlopoulos. "It was a fun job. We wanted to be at work."

After Attending Northern Illinois and DePaul Universities, Pavlopoulos worked in wholesale produce for a few years, but found that he enjoyed the retail end of the produce world much more.

"I like dealing with people on

a daily basis," said Pavlopoulos.

So, at 27, Pavlopoulos opened Produce World that offers shoppers a variety of international groceries, dairy products, deli, meats and much more.

Today, there are several International markets in the Chicagoland area, but it wasn't always that way.

"We were one of the first of the larger stores," said Pavlopoulos. "There's a lot of International markets in the area, but the thing we strive to do is offer a clean store, good service and a friendly environment."

About five years ago, Pavlopoulos and his partner, Hector Rodriguez, opened another Produce World in Norridge, which Pavlopoulos said has been a great location as well.

Between the two stores, Produce World employees about 100 employees.

"We very little turnover," said Pavlopoulos, who said that

the cashiers and other employees are friendly work well with each other and with our customers.

"It's a quick in and out shopping experience," said Pavlopoulos.

Produce World is open from 8 a.m. to 9 p.m. Monday through Friday, 8 a.m. to 8 p.m. on Saturday and 8 a.m. to 7 p.m. on Sunday.

"There's a lot of International markets in the area, but the thing we strive to do is offer a clean store, good service and a friendly environment."

Steve Pavlopoulos | OWNER PRODUCE WORLD, MORTON GROVE

HIT A GRAND SLAM WITH OUR GREAT RATES!

NorthSide Community Bank

CERTIFICATE OF DEPOSITS

7-10 MONTHS 5.18% APY

12-15 MONTHS 5.21% APY

\$5,000** MINIMUM DEPOSIT

Gurnee 5103 Washington St. 847-244-5100	Riverwoods 1155 Milwaukee Ave. 847-279-1155	Mundelein 800 North Route 83. 847-837-8883	Niles 8060 Oakton St. 847-692-7500	Chicago 205 W. Wacker 312-781-0670
---	---	--	--	--

www.nscbank.com

WHEN IT COMES TO YOUR TO-DO LIST, PUT YOUR FUTURE FIRST.

A complimentary service to all our clients, a financial review is a great opportunity to sit face-to-face with your investment representative and develop strategies to keep your finances in line with your short- and long-term goals.

To find out how to get your financial goals on track, call or visit today.

Jeff Cardella 8141 N. Milwaukee Niles IL 60714 (847) 470-8953	Nick Katsoulas 7627 N. Milwaukee Niles IL 60714 (847) 663-1650
--	---

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

ROSATTI'S
Authentic Chicago PIZZA

We Deliver All Day!

Store Hours:
Monday-Thursday 10am-11pm
Friday-Saturday 10am-1am
Sunday 10am-10pm

- Sauce made from scratch daily!
- Homemade crust!
- Italian recipe for over 4 generations

\$13.99 (plus tax) ONE X-LARGE PIZZA w/one topping & 1 Liter Soda	\$19.99 (plus tax) ONE LARGE PIZZA and 8 piece Chicken
--	---

Expires 6/30/07. Cannot combine coupons. Must mention coupon when ordering. Delivery charge applies.

Coupons Valid at:
8166 N. Milwaukee Ave. Niles 60714 847-825-5855

ROSATTI'S PIZZA • 847-825-5855
8166 N. Milwaukee Ave. Niles, IL 60714

4.50% APY*

JUMBO CHECKING

Liberty Bank
Trust & Integrity Since 1893
www.libertybank.com

2892 N. Milwaukee Ave. 2711 W. Foster Ave. 6708 N. Milwaukee Ave. 6966 N. Lincoln Ave. 1018 W. Touhy Ave.
773.384.4000 773.922.2311 773.263.4368 847.274.1300 847.353.0994

Member FDIC

Library
continued from page 1

the amount of \$34,584. Philadelphia Insurance Companies was the lowest bidder for directors and officers insurance coverage in the amount of \$4,125.

Knight
continued from page 2

Charitable efforts throughout the community. Because of Past Grand Knight and Former District Deputy Ken Lee's many years of "Outstanding Contributions" to the Comm-

Czarnecki said that they are using a different broker for health insurance purposes. In addition to the insurance coverage, the Niles library board of trustees also approved new blinds for the windows in the quiet study room on the top floor and electronic shades.

The Niles Public Library does not always go out to bid for every project or service. "It depends on what the wish of the board is," shared Czarnecki. "We're always looking for the best price, but we don't always have to go out to bid."

unity and the people of Illinois, Ken was also named as the Illinois State Knight of the Year for 2007 at the State Convention in Springfield, Illinois. Ken was selected from the 73,000 members of the organization in Illinois. The Brothers of Council 4338 offer their Heartiest

Congratulations to KEN and his Family upon receipt of the well-deserved honor accorded him. They all applaud his many years of extra efforts in Providing Service to Our Community! His many extraordinary efforts help make our Community, State and world a Better Place to Live!

All American Auctioneers & Appraisers

INTRODUCING OUR NEW LOCATION!
23329 W. Lincoln Highway (Rt. 30) • Plainfield, IL
(815) 267-7660
WWW.ALLAMERAUCTION.COM
General Auction Specialties
Since 1951
Benefit Auctions for schools, corporate, churches, etc.

Restaurant & Business Closing * Moving * Overstock
Unclaimed Storage * Estate Closing * Real Estate

2007 JUNE SCHEDULE

Sunday, June 3
10:00am preview-10:30am bidding

Wednesday, June 6
6:00pm preview-6:30pm bidding

Sunday, June 10
10:00am preview-10:30am bidding

Sunday, June 17
10:00am preview-10:30am bidding

Wednesday, June 20
6:00pm preview-6:30pm bidding

Sunday, June 24
10:00am preview-10:30am bidding

STOP IN AND ASK FOR YOUR FREE T-SHIRT! * Always seeking quality items for auction *

End of Life Issues

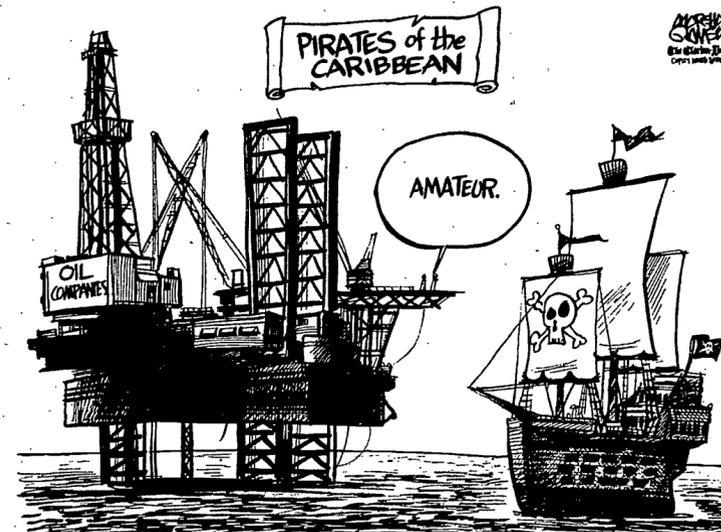
Death is one of those things we just would rather ignore. The seeming permanence of it all, along with its abruptness is too difficult to bear. My dad died of a heart attack and was suddenly gone. It was a hard loss for a nineteen year old boy to lose a father. Since then I have known other friends who lost parents and loved ones to long term, debilitating diseases and I would never judge which is easier.



Another Perspective
MORGAN DUBIEL | COLUMNIST

The odd thing is that most people presume that you just get on with life. After my dad died sympathy eventually faded. We measure grief from the death date on and in six months or so forget. But, the bereaved don't measure grief that way. It is the first Father's Day without dad, Mother's Day without mom, birthdays, graduations, marriages and births when the grief returns and you regret that your loved one is not there to "see it". How we handle death is a very important subject. 100% of us will have to endure it and no one lives forever. What can we do to better reconcile ourselves

to death? First, we can live with dignity, honor and a long term perspective. Too often we allow short term issues to rule. These often lead to long term regret. Not too long ago people were proud of their names and would work hard to keep them pure. Our last names stand for more than just ourselves. In so many ways we represent our parents and families. When I first started my construction business I had to cope with a wayward relative who had cheated many people and dodged creditors. Our common last name made it difficult to do business and establish credit. What kind of legacy and example do we want to leave? Secondly, we need to create a



house of order. My wife's grandmother died at 95 years old. She had lived over forty-five years without a husband. She knew how hard it was to put things in order. When my dad died, he left a lot of loose strings that were difficult to resolve and caused additional grief. My wife's grandmother had prepared well and the paperwork side of her death was taken care of. Her things were in order and it was easy for her children to complete the administrative items needed to smoothly transfer her assets and finish her life here on earth. A good attorney and accountant can help to insure a smooth and safe transition. But, that is just a start. We need to insure that our families are not unduly burdened by an unexpected death. This means careful financial management and planning on our part. Insurance can help bridge the gap in family finances. But, nothing beats planned frugality and smart savings. We should have at least three months living expenses saved for a rainy day. A years worth is better. I know of a woman who lived an entire year between jobs on her saved food and money. If we are prepared we need not fear

See Perspective, page 25

PROFESSIONAL GUIDE

MORTGAGES
Countrywide
HOME LOANS
RAVI PARIKH
HOME LOAN CONSULTANT
(847) 486-1400 EXT. 232
(847) 998-4779 FAX
(847) 385-8177 FAX
954 HARLEM AVE.
GLENVIEW, IL 60025
E-MAIL: RAVI_PARIKH@COUNTRYWIDE.COM

REAL ESTATE
Century 21
Joseph R. Hedrick, CRS
Certified Residential Specialist
Marino Realtor Inc.
5800 Dempster
Morton Grove, Illinois 60053
Business 847-967-5500
Toll Free 800-253-0021
Fax: 847-965-5600
Residence 847-965-1774
Each Office is Independently Owned and Operated

INSURANCE
Call me today to see how much you could save with Allstate's home & auto discounts.
(773) 286-9018
Mel Diaz
4752 W PETERSON
CHICAGO
diazmel@allstate.com
Allstate
You're in good hands.

LEGAL
SOCIAL SECURITY DISABILITY LAW OFFICES OF JAN. L. KODNER & ASSOCIATES, LTD
(312) 922-6688 • (847) 674-5040
www.mysocialsecuritylawyer.com
• Telephone Appointments Available
• Legal Practice Concentrated Exclusively in Social Security Disability Law
• We have helped over 5,000 clients since 1980.
• Voted by Peer Review as Leading Lawyer in Social Security Disability field
• NO FEE UNLESS WE WIN
• Offices in Loop and Skokie

ORGANIZER
Forever Functional
Beth Urquhart (773) 919-5596
Terri Urquhart (312) 730-4300
Organization you can live with!
Visit us at: www.foreverfunctional.com
We organize Kitchens, Family rooms, Playrooms, Bedrooms, Home Offices, Closets and much more!

COMPUTER REPAIR
PC Medic Incorporated
We Make House Calls!
Free Pickup and Delivery
Complete Laptop Repair
Backup Data & Recover Data
Setup New Computer
Configure Wireless Devices
\$25 first hour*
*new customers only.
847-299-5556
www.thepcmedic.net

These tests could save your life. rnc.reshealth.org

FOR WOMEN*				FOR MEN*			
Years	What to do	When	To check for	Years	What to do	When	To check for
18 +	breast self exam	monthly	breast cancer	18 +	self skin exam	monthly	skin cancer
	pap smear	annually	cervical cancer		skin exam by physician	every 3 years	skin cancer
	self skin exam	monthly	skin cancer		lipid profile	every 5 years	high cholesterol
	skin exam by physician	every 3 years	skin cancer		blood pressure test	every 1-2 years	high blood pressure
	lipid profile	every 5 years	high cholesterol		self testicular exam	monthly	testicular cancer
	blood pressure test	every 1-2 years	high blood pressure	35 +	TSH test	every 5 years	thyroid dysfunction
35 +	TSH test	every 5 years	thyroid dysfunction		40 +	skin exam by physician	annually
40 +	mammogram	annually	breast cancer	45 +		blood sugar test	every 3 years
	skin exam by physician	annually	skin cancer		50 +	fecal occult blood test	annually
45 +	blood sugar test	every 3 years	diabetes	colonoscopy		every 10 years	colorectal cancer
	50 +	fecal occult blood test	annually	colorectal cancer			
		colonoscopy	every 10 years	colorectal cancer			

* For healthy, normal risk females
A bone mineral density test is used to check for osteoporosis based on known risk factors. Discuss osteoporosis with your doctor.

* For healthy, normal risk males
A prostate-specific antigen (PSA) blood test or digital rectal exam is used to check for prostate cancer based on known risk factors. Discuss prostate cancer with your doctor.

10 reasons to see a primary care physician

To find a physician, call 877-RES-INFO (877-737-4636) at Resurrection Medical Center

Saint Andrew Life Center Offers Workshops For Adults With New Vision Loss

From the **F**ew **O**ld **P**eople **H**ere

Saint Andrew Life Center, 7000 North Newark Avenue, Niles, will host a series of free workshops on adjusting to vision loss. The workshops, provided by the Guild for the Blind's New Visions program, will include a hands-on review of adaptive products, tips on organizing the home, ideas to enhance remaining vision and ways to make life more livable. An introductory lecture will take place at Saint Andrew on Monday, June 18 at 1:30 p.m. The workshops, which are supported by the Illinois Department on Aging, the Illinois Department of Public Health, the Chicago Department on Aging and other sponsors, will take place on four consecutive Tuesday afternoons beginning July 17. Free parking is available and refreshments will be provided. Family members or friends are welcome to also attend. Space is limited and registration is required. Call 847-647-8332 for more information or to register.



The Summit of Uptown Hosts Events For Senior Groups
Irene Sawka, center, of The Summit of Uptown hosted representatives of the Park Ridge Senior Center last week for lunch, a tour, and a presentation on the \$10 million renovation plans for the senior housing community. The event was one of a series of hosted events for area senior groups from a far away as Lincolnwood.

June Monthly Meeting The Action Committee of Morton Grove

The Action Committee of Morton Grove cordially invites all residents to its monthly meeting, which will be held on Thursday, June 28, 2007, at the Austin Park field house, 8336 Marmora, Morton Grove, at 7:00 p.m. The Action Committee of Morton Grove is a grass-roots political organization comprised of Democrats, Republicans, and Independents working together successfully and progressively for the best interests of the residents of Morton Grove.

For further information, please contact Bill Grear at 847-965-6712 or Terri Couzar at 847-638-2706.

FREE Seminar On "Total Hip & Knee Replacement: What You Need to Know"

Don't miss this important, FREE seminar where experts show you exactly what to expect before, during and after hip or knee replacement surgery. Hosted by Glenview Terrace at 1511 Greenwood Road in Glenview on Thursday, July 19, 2007, from 6:00 pm to 8:00 pm. Refreshments are included.

Please call to RSVP or for questions, contact Stephanie Jarvis at (847) 832-4629.



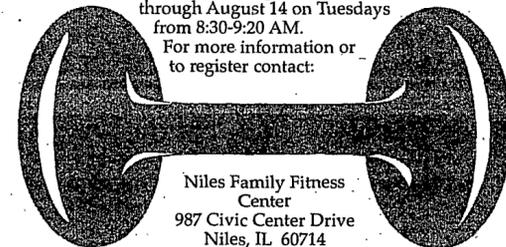
Saint Andrew Life Center Offers Community Blood Pressure Screenings

Saint Andrew Life Center, 7000 North Newark Avenue, Niles, will conduct free monthly blood pressure screenings for the community. Hypertension, or high blood pressure, is known as the "silent killer" because very often it causes no signs or symptoms to warn the individual of its presence. Periodic blood pressure tests can be a quick way to detect a serious health problem and prevent strokes or other health problems.

The screenings will take place every fourth Friday of each month from 9:00 a.m. until 11:00 a.m. at Saint Andrew. Upcoming dates are June 22, July 27, August 24 and September 28, 2007. Please call 847-647-8332 for any questions or to arrange a personalized tour of Saint Andrew.

It's Never Too Late to Get Strong & Healthy!

Niles Family Fitness is now offering a Senior Strength & Stability Class. If you are looking to increase energy, decrease joint pain and boost your metabolism, NOW is the time to join. Classes will include both seated and standing exercises. This 8-week course will begin June 19 and run through August 14 on Tuesdays from 8:30-9:20 AM.



For more information or to register contact:
Niles Family Fitness
Center
987 Civic Center Drive
Niles, IL 60714
(847) 588-8400
www.nilesfitness.com



**Garage sale season
is here!
To place your ad call
847-588-1900
ext 124**

Niles residents thank Andrew Schneider



Andrew Schneider, former editor of The Bugle, was recently presented with a card signed by many residents and local business owners wishing him the best for the future. "I was very happy to receive the card.

When you work for a newspaper you don't really work for one company, you work for the people who read and depend on that paper. It means a lot to me to know that the people who depend on The Bugle were satisfied with what I did while I worked here," Schneider said.

NDHS to honor active, veteran service people at July 3 event

The Notre Dame High School community invites anyone who is currently or has been in any branch of the United States military to attend "Notre Dame Honors All Who Have Served" on Wednesday, July 3, 2007 beginning with Mass at 6 pm. American service men and women have and continue to face extraordinary challenges. This event is meant to thank American military veterans from all branches of the military and to also remember those individuals who have made the ultimate sacrifice in service to our country.

While the 6 pm Mass will be a Catholic service, the Notre Dame community encourages people of all faiths or none to join in this free event which will last about one hour. Veterans from different branches of the military will sit together in chairs on the football field while guests will sit on the adjacent stands. The veterans are encouraged to wear some memento, some piece of the old uniform, some medal or insignia marking their time in service. Also, approximately 3,800 American flags honoring each American lost in Iraq and

Afghanistan to date will be placed in the lawn along Dempster Street. The occasion will also include a large band featuring the ND/Resurrection band as its centerpiece augmented by other high school musicians and volunteers. This band will play a musical "Salute" to the services featuring a section of each service's hymn. Notre Dame is seeking volunteer musicians to be a part of the band on July 3.

Notre Dame High School is located at 7655 West Dempster Street in Niles. For more information about the event, please contact Notre Dame High School's main number at 847.965.2900. To volunteer to be part of the band, please contact Dan Tully at dtully@ndhs.dons.org.

NDHS Theater Director to make Professional Directorial Debut

Notre Dame Theater Director Scott Bishop is making his professional directorial debut as part of the 20th Chicago Directors Festival at Bailiwick Repertory on June 11, 12, and 13 at 7:30 pm. The one-act play is How Gertrude Stormed the

Philosophers' Club by Martin Epstein. Bishop has been the Theatre Director at Notre Dame High School in Niles, IL, for the past five years where he has directed productions of The Odd Couple, The Boys Next Door, and One Flew Over the Cuckoo's Nest, among others. Recently, he served as Assistant Director on Victory Gardens' world premier productions of Half and Half and Denmark. The 20th Annual Chicago Directors Festival at Bailiwick Repertory features 14 directors who were chosen from a large group of entries. The Bailiwick Repertory is located at 1229 West Belmont in Chicago. For more information and to purchase tickets call 773.883.1090 or visit www.bailiwick.org.

Notre Dame Class of 2007 50th Commencement

Notre Dame High School's Class of 2007 enthusiastically celebrated its graduation on Saturday, May 27, 2007 in the gymnasium concluding a year that saw the end of over 50 years under the guidance of the Congregation of Holy Cross, Indiana Province (CSCs) and the beginning of a new era under lay leadership. While

lauding the work of the CSCs, the new lay Governance Board and the Archdiocese of Chicago during this transition period, Valedictorian John Bussa (Wilmette) saved the biggest praise for his fellow classmates for their commitment to Notre Dame. "You supported the school like no other class before you," said Bussa.

"School spirit was as high as it has ever been. You showed that Notre Dame must always be here," Bussa said. "It is through this example that one of the basic facts of life can be found, life's difficulties show your character better than anything else."

In all, there were 180 graduates at the school's 50th Commencement ceremony. Park Ridge resident and graduate Mike Smith and his mother Mary summed up the Notre Dame educational experience and graduation day. "Through academic, athletic and extracurricular activities, I feel I gained a lot of leadership experience which will help me in college and my future," said Mike Smith, who will study business at the University of Dayton. "It's a bittersweet day

because I will miss my friends and the faculty at Notre Dame." "I think it's been a great partnership between the parents, students and teachers," said Mary Smith, mother of Mike Smith. "It's been a home away from home. He came here a young boy and is leaving a man. We're thrilled. It's just a great day."

In addition to John Bussa being named Valedictorian, Joseph Crespo (Chicago 60630) was named Salutatorian. The Thomas D. Baima Christian Service Award was given to David Schmerler Jr. (Chicago 60646) and the Outstanding Senior Athlete Award was given to Andrew Bishop (Niles). Longtime staff member Kathleen (Kathie) Lesniak, who is the administrative assistant to the Principal, and Class of 1976 alumnus and Executive Board member Christopher Nowotarski each received the Rev. Joseph C. Stroot, CSC Memorial Award for Distinguished Service. Diane Soreng, who is the Administrative Assistant to Academics and Advancement, was also honored with the Rev. James d'Autremont, CSC Memorial Award.

NEWS FROM OAKTON COMMUNITY COLLEGE

Collage Art D20-31

Collage (ART D20-31) demonstrates how to create abstract, as well as realistic and surrealist artistic compositions. Students are asked to bring scissors and rubber cement to class. Six-week course meets Mondays, 7 - 9 p.m., starting June 18, at the Prairie View Community Center, 6834 Dempster St., Morton Grove. Course fee is \$75.

6834 Dempster St., Morton Grove. Course fee is \$75.

You're On the Air

You're On the Air (COM S24-31) provides tips on how to improve your voice, market yourself, and turn voice-over work into a thriving business. One-week course meets 7-9:30 p.m., Wednesday, June 20, at Oakton's Ray Hartstein

Campus, 7701 N. Lincoln Ave., Skokie. Course fee is \$50.

Enroll in Summer Oakton Alliance Courses

Preserve your family memories, learn art techniques, or improve your communication skills by enrolling in courses offered this summer by the Alliance for Lifelong Learning at Oakton Community College.

American Legion Award announced

Scoutmaster John Mazur of Troop 175 proudly announces First Class Scout Eric Carrabotta has recently received the Annual American Legion Award for his many acts of Community Service throughout 2007.

The American Legion Award is presented to an 8th Grade student of St. John Brebeuf School, of Niles, for their hours of Community service. Eric was chosen for his efforts and assistance to 3 scouts' EAGLE projects, the many acts of assis-

tance to charitable organizations throughout the community and for participation in the troops many community service projects.

Eric is currently working on the final requirements to achieve the rank of Star scout in Troop and will be an asset to the troop with his many opportunities to lead and provide additional community service in the future. Upon Graduation in June, Eric is planning to attend Notre Dame High School in the Fall.

Northwest Tutoring & Test Prep

- Licensed IL Teachers
- Each Teacher has 20+ years experience.
- Serving K-12th Grade. All Subjects
- Save Significant \$\$ Compared to the Franchised Tutoring Centers in the Area!
- Summer Programs Now Enrolling
- Located in Niles

Call 773-600-0283
To See Our Facility Today!

HOW DOES YOUR BANK RATE YOU?

EDGEBROOK BANK OTHER BANKS

WE RATE YOU HIGHLY!!!

PREMIER MONEY MARKET

5.01%* APY

EDGEBROOK BANK

6000 W. Touhy Ave., Chicago, IL 60646
(773) 594-2000

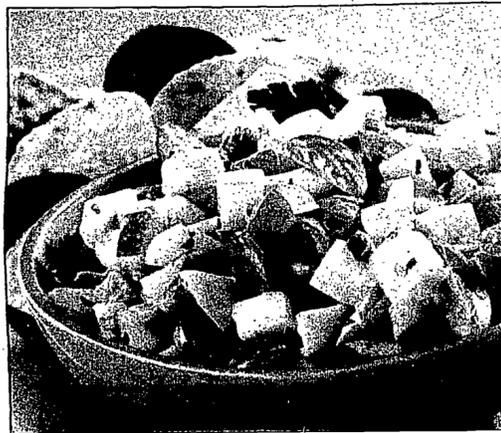
Member FDIC. Minimum Deposit \$250.00 required to open. See us at our branch. *APY variable. Actual APY may vary. See us for details. ©2007 Edgemoor Bank. All rights reserved. FDIC. Member FDIC. Equal Housing Lender. 02/04/07. See us at our branch. For more information, see our website.

- MILWAUKEE'S FABULOUS -

★ FLEA-RAMA ★

★ FLEA MARKET ★

JUNE 16 & 17, SAT. Noon-5 • SUN. 8-4/\$4
Early Birds: SAT. 10am-Noon/\$10
WISCONSIN STATE FAIR PARK MILWAUKEE, WISCONSIN
(640 S. 84th St. • West Allis)
ANTIQUES • TREASURES • BARGAINS
RAIN or SHINE • COME EARLY!!
ZURKO • 715-526-9769
www.zurkopromotions.com



Creamy Mango Salsa

Makes: 4 servings
 Prep Time: 10 minutes
 1/2 cup Hellmann's or Best Foods Light Mayonnaise
 1 tablespoon lime juice
 1/2 teaspoon ground cumin
 2 cups quartered grape tomatoes or cherry tomatoes
 1 medium ripe mango, peeled and chopped
 1/2 cup chopped red onion
 1 medium jalapeno pepper, finely chopped (optional)
 1 teaspoon chopped fresh cilantro (optional)

In medium bowl, blend mayonnaise, lime juice and cumin. Stir in remaining ingredients. Serve with corn chips, if desired. (This recipe is also terrific with Hellmann's or Best Foods Canola Real Mayonnaise or Hellmann's or Best Foods Real Mayonnaise.) This recipe is "Best Life" approved. Best Life is a trademark owned by Best Life Corp. Learn more about the Best Life program at www.thebestlife.com.
 Nutrients per serving: 100 calories, 45 calories from fat, 0.5g saturated fat, 0g trans fat, 5g total fat, 5mg cholesterol, 125mg sodium, 15g total carbohydrate, 11g sugars, 2g dietary fiber, 1g protein, 20% vitamin A, 45% vitamin C, 2% calcium

Your "Best Life" Within Reach

FAMILY FEATURES

Bob Green, Oprah's personal trainer, suggests you look no further than your kitchen cupboard for help in feeling and looking your best. Greene's latest best-seller, "Best Life Diet," focuses on practical ways to make easy, healthful choices for lasting weight loss.

"The primary goal of the Best Life Diet is to change the way people eat for life - making healthier choices that achieve lasting weight loss," Greene said. To help consumers make smart choices, Greene created a Best Life seal of approval for foods he recommends. This seal can help where many key food choices are made - at the grocery store.

Impressed by many food companies' efforts to offer great tasting, nutritious foods for weight management and better health, Greene includes many house-

Best Life Food Tips, thebestlife.com

■ Staying hydrated is an important factor in weight loss - and tea is second to water. One of Greene's personal favorite drinks is Lipton Pyramid Green Tea with Mandarin Orange, made with long leaf tea and real pieces of fruit.
 ■ Eating and cooking with good fats - those with no trans fat or cholesterol, and high in mono- and polyunsaturated fats, and those containing healthy omega-3 fats - are important for heart health and satiety. Bertolli Olive Oil, Hellmann's and Best Foods Canola and Light Mayonnaises bear the Best Life seal and all contain the good fats.
 ■ Controlling calories is key to weight loss and control. Wish-Bone Salad Spritzers Vinaigrette Dressings are packaged in easy-to-use spray bottles that offer great control over the amount of dressing added to a salad with only one calorie per spray.
 ■ To jump-start your weight loss - reduce calories for one meal a day using a meal replacement. Also, Greene says that using mini-meals can be critical in helping with hunger control. Slim-Fast meal replacement shakes and bars are scientifically proven to help control hunger.



hold brand food products and real-life recipes in the "Best Life Diet." These items make it easy to follow his weight loss approach.

Greene partnered with companies, such as General Mills, Florida Citrus and Unilever, who

have shown a commitment to improving the nutritional profile and ingredients of their products.

"Making it easier for consumers to choose 'better for you' products is central to our corporate mission," said Doug



Magically Moist Salmon with Light Mayonnaise

Makes: 4 servings
 Prep Time: 5 minutes
 Cook Time: 10 minutes
 4 salmon fillets (about 4 ounces each)
 1/2 cup Hellmann's or Best Foods Light Mayonnaise
 1/2 teaspoon salt
 1/2 teaspoon ground black pepper

Preheat oven to 400°F. Brush salmon with mayonnaise; season with salt and pepper. Arrange salmon on baking pan. Bake 10 minutes or until fish flakes with fork. (This recipe is also terrific with Hellmann's or Best Foods Canola Real Mayonnaise.) This recipe is "Best Life" approved. Best Life is a trademark owned by Best Life Corp. Learn more about the Best Life program at www.thebestlife.com.
 Nutrients per serving: 210 calories, 110 calories from fat, 2g saturated fat, 0g trans fat, 12g total fat, 65mg cholesterol, 310mg sodium, 1g total carbohydrate, 0g sugars, 0g dietary fiber, 23g protein, 0% vitamin A, 0% vitamin C, 2% calcium, 6% iron

Balentine, Director Nutrition Science the America's for Unilever. "As part of our nutrition enhancement program, Unilever has eliminated more than 25,000 tons of fat, 10,000 tons of sugar and 2,000 tons of sodium, globally, from our products. In the U.S., our Eat Smart/Drink Smart labeling program helps shoppers make smart, nutritious choices."

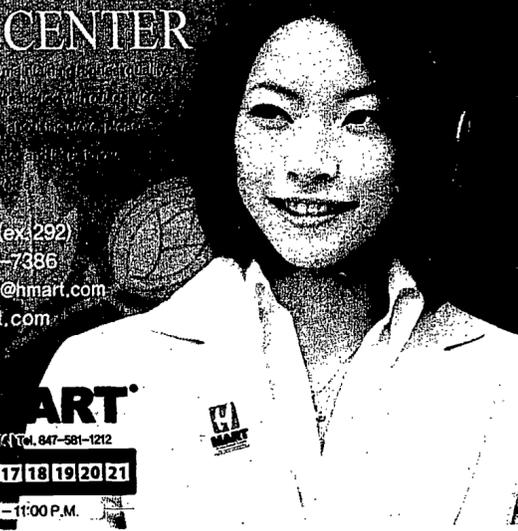
The Best Life Diet helps us realize that healthful eating is as close as our kitchen cabinet. By choosing trusted, familiar brands which are easy to spot in the supermarket, consumers are able to maintain a lifetime of healthy eating that is simple and doable.

Learn more about the Best Life program at www.thebestlife.com.

Need further inspiration for looking good and feeling great? Take a look at Oprah!

HMart CUSTOMER SERVICE CENTER

Tel: 1-201-507-9900 (ex. 292)
 Toll Free: 1-877-427-7386
 E-mail: customer.care@hmart.com
 Website: www.hmart.com



SALE WEEK 15 16 17 18 19 20 21
 Store Hours 8:00 A.M. - 11:00 P.M.

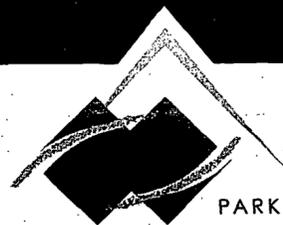
Produce	Meat	Seafood	Grocery
Tomato 5x6 59¢ lb	Fz. Beef Short Rib 2.99 lb	Chilean Sea Bass 9.99 lb	POPSICLE Ice Pop Variety Pack 2 \$4 Orange, Cherry & Grape 12x1.68oz
BOLTHOUSE Natural Juice 2 \$5 All Flavors 450ml	1/4 Leg Chicken 69¢ lb	New Zealand Mussels 3.99 2lb. box	HINCKLEY Spring Water 3.99 24pk
Red Seedless Grape 99¢ lb	Pork Baby Back Rib 3.59 lb	White Shrimp 4.99 21-25 lb.	CRISCO Cooking Oil 2 \$5 Vegetable Canola Natural Blend 48oz

Discount Coupon

Special K Cereal 99¢	Coca Cola 2.99	Water 50¢
-----------------------------	-----------------------	------------------

\$10 MILLION RENOVATION SETS NEW UPSCALE RETIREMENT COMMUNITY LIVING STANDARDS.

The Summit of Uptown (formerly Summit Square) announces a \$10 million renovation of both the building's exterior and interior. Our new name reflects an exciting revitalized senior community in the center of prestigious Uptown Park Ridge. For more information please call 847-825-1161, x104



PARK RIDGE
THE SUMMIT OF UPTOWN
Life Happens Here

10 NORTH SUMMIT AVENUE | PARK RIDGE ILLINOIS 60068 | TEL 847-825-1161 | A SUMMIT GROUP COMMUNITY.

LET FREEDOM RING!!!

FREEdom CHECKING

In this country, freedom has not always come easy.

Liberty FREEdom Checking is not only easy, it's also FREE!

- FREE VISA® debit card
- FREE Liberty Bank ATM access
- FREE 2 foreign ATM transactions
- FREE first order of checks
- FREE Bank-by-Phone

Step in any Liberty location to open your FREEdom Checking Account, and start enjoying the many benefits of FREEdom today!

LIBERTY BANK
www.libertybank.com
 FDIC

By J.R. Rose - Copley News Service

DRAW IT!

AM I THE SUN OR MOON? YOU DECIDE...



GIVE ME 5 RHYMES FOR MOON...

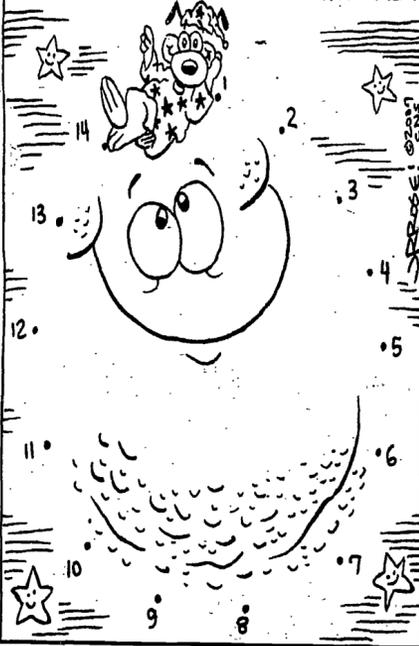


HOLD THIS UP TO A MIRROR...

I STAYED UP ALL NIGHT WONDERING WHERE THE SUN WENT... THEN IT FINALLY DAWNED ON ME !!

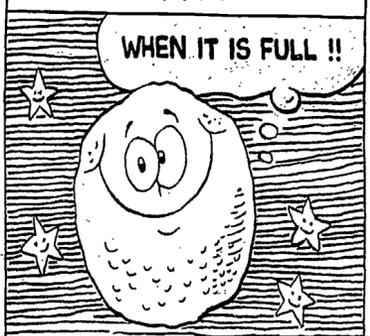


TODAY I'M WITH THE OL' FULL MOON! AND WE ARE IN THE MONTH OF JUNE. CONNECT THE DOTS AND YOU WILL SEE THAT THE FULL MOON IS HERE WITH ME!



WRITE US... WE'LL WRITE YOU BACK! IF YOU HAVE ANY FUN GAMES OR JOSES SEND THEM TO: PUP 95 LAUREL STREET HARRISONBURG, VA 22801 OR E-MAIL: PUPTOON@AOL.COM

WHEN IS THE MOON THE HEAVIEST?



WHEN IT IS FULL !!

HAPPY BIRTHDAY TO
MATTHEW LAMPERT 9
JUNE 10TH

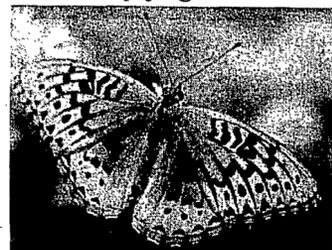
If you want your little one to have a birthday greeting in The Bugle, Email us the week before their birthday and we'll give them a shout. Email birthday@buglenews.com with their name, age & birth date.

Watchable Wildlife Guide

Wildlife observation in the right place at the right time

Week of June 17-23, 2007

Fritillary flight



Possessing forelegs that are not much more than pollen brushes, the large family of brush-footed butterflies includes the creatively named subfamilies of admirals, anglewings, checkers, crescents, ladies and fritillaries - whose tawny wings have black or silvery spots.

The great spangled fritillary is the largest of its clan, with wings of tan to orange with black on the forewing veins. Its flight time - and the best time to see them - is from May through September as the males patrol open areas in search of the darker females. By late summer, she selects a microhabitat that includes violets in which to deposit the eggs from her only brood. Although they hatch in just a few weeks, the larvae do not feed before overwintering in the ground. Come next spring, the velvety-black caterpillars with six rows of red-orange and black spines feed at night on tender violet leaves before they pupate and the lifecycle continues.

The attractively colored and patterned adults are sustained on the nectar of many wildflowers and can be observed flitting between milkweeds, thistles, joe-pye weed, yetch, bergamot, dogbane, ironweed, red clover and purple coneflowers.

WHERE TO OBSERVE

Rocky Mountain National Park, Colo.
Sharon Audubon Center, Conn.
Illinois State Beach Park, Ill.
Bluestem Prairie Natural Area, Minn.
Great Basin National Park, Nev.
Cape May Migratory Bird Refuge, N.J.
Swartswood State Park, N.J.
Falls Lake Recreation Area, N.C.
Little Missouri National Grassland, N.D.
Tallgrass Prairie Preserve, Okla.
Blue Mounds State Park, Wis.
Grand Tetons National Park, Wyo.

LOOK FOR

wings above: orange-brown with many black spots
forewings below: paler with brownish markings and silvery spots
hindwings below: darker with tawny band separating two outermost rows of silver spots
black caterpillar with six rows of branching red-orange and black spines

Great spangled fritillary *Speyeria cybele*
3-3 1/2 inches

Habitat: moist fields, prairies, open woodlands

© 2007 Tim Herd, North America's Naturalist www.naturenewswatch.com

Grammar Matters

by Patty Gibbons Saunier

Noun Knowledge

A noun is a word that names a person, place, thing or idea. There are different kinds of nouns. Can you identify them in the samples below?

- Which word is an example of a singular noun?
marble mattresses melt
- Which word is an example of a plural noun?
money military milkshakes
- Which word is an example of a proper noun?
mother minister Maui
- Which word is an example of a compound noun?
mailbox mice multiple

Answers: 1. marble 2. milkshakes 3. Maui 4. mailbox

Copley News Service

NILES SPORTS BRIEFS

Notre Dame Summer Athletic Camps

Notre Dame Athletic Summer Camps Information on 2007 Notre Dame athletic summer camps has been mailed to homes. Camps scheduled to be offered include wrestling, tennis, track & field, soccer, volleyball, golf, baseball, basketball and football programs. Please note that Golf Camp #4 is closed as of May 29, 2007. Summer camp applications (pdf) are now also available for download. If you have any questions regarding the camps, please contact Judy Byrne in the Athletic Department at 847-779-8650.

Niles West Summer Athletic Camps

Students of all ages may get into shape this summer or prepare for the upcoming athletic season by enrolling at one of the athletic camps offered by the Niles West Physical Welfare Department. Classes are taught by Niles West coaches and will be held at Niles West High School, 5701 West

Oakton, Skokie. Camps are offered for the following sports: boys and girls basketball, boys and girls cross country, boys football, girls volleyball, boys and girls gymnastics, boys and girls soccer, and boys' and girls track and field. For detailed registration information on the athletic camps, please go to the website at: <http://www.niles-hs.k12.il.us/west-sports/SummerCamp/>. For questions, please contact the Niles West Physical Welfare Office at (847) 626-2800.

10th-12th Graders Football Camp

The Niles West football camp is camp designed to enhance and develop basic techniques that will be needed during the play of football, and also installation of our offense and defense for the upcoming season. Our 10th-12th grader camp will prepare our athlete for the mental and physical rigors of football through strength training and speed & agility training. This camp is highly recommended by the Niles West coaching staff if the athlete is planning on playing in the upcoming sophomore or varsity football season. 9th graders camp The freshman

football camp is designed to teach the basic fundamentals of football. The camp will be broken into 2, two week sessions that introduces to the freshman coaching staff to the incoming freshman. The camp will also prepare our incoming freshman for our coming football season with the introduction of weight training and fundamentals of offense & defense football the, "Niles West Way."

Jr. High Camp (5th-8th grade)

The camp introduces the Jr. High athletes to the techniques that the high school football player uses during the game of football. Campers will be taught by experienced coaches and varsity football players through various drills and games that will enhance the Jr. High athlete's ability to perform on the football field. This camp is designed to teach the game football and the Love for the Game. Equipment Needed Gym shoes, Cleats, Water Bottles, Towel, & any other football accessories (except bandanas). For more information call 847-626-2800 Athletic Office.

Pro Golf Weekly Update

June 14 - 17, 2007

This Week's PGA Tournament Preview

The U.S. Open Championship
Defending: Geoff Ogilvy
Total Purse: \$6,800,000
Yards: 7,355
Par: 70

The United States Open is the second major championship on the PGA Tour. The first U.S. Open Championship was held in 1895 at the Newport Golf and Country Club in Newport, R.I. Four men, Willie Anderson, Bobby Jones, Ben Hogan and Jack Nicklaus have won four U.S. Opens. Last year, Phil Mickelson lost the U.S. Open on the final hole with a double bogey. With Mickelson's collapse, Geoff Ogilvy became the 2006 U.S. Open champion. This year, the U.S. Open will be played at Oakmont Country Club in Oakmont, Penn. Watch for Phil Mickelson to redeem himself, while Tiger Woods will be trying to claim his 13th major victory.

Last Week On The PGA Tour

Woody Austin fired a sizzling final-round 62 to win the St. Jude Championship in Memphis, Tennessee, on Sunday. Austin was in fourth place heading into Sunday's final round and trailed the third-round leader, Australia's Adam Scott, by four shots. While Austin started the final round par-birdie-eagle, Scott surrendered a three-shot lead to overnight lead early before birdies at the 11th and 12th saw him tie the U.S. Open will be played at Oakmont Country Club in Oakmont, Penn. Watch for Phil Mickelson to redeem himself, while Tiger Woods will be trying to claim his 13th major victory.

Tournament Results
Champion: Woody Austin
Purse: \$1,080,000
2nd Place: Brian Davis
Purse: \$548,000
3rd Place: David Toms
Purse: \$408,000

This Week's Profile

Woody Austin
Birthdate: Jan. 27, 1964
Birthplace: Tampa, Fla.
Residence: Derby, Kansas
Turned Professional: 1986
World Ranking: 81st
2007 Earnings: \$1,299,070
Career PGA Tour Wins: 3

Golf Trivia

Five golfers have won back-to-back U.S. Open titles, but only one has won three consecutive titles. Who?
a) Willie Anderson c) Bobby Jones
b) Ben Hogan d) Jack Nicklaus

Answer: a) Willie Anderson

Golf Pro Tip

The "axe" or "tomahawk" shot is one that is not used very often, but can be essential in saving strokes. This shot is primarily used when trying to make a shot from the back edge of a bunker, right along the edge between the grass and the sand. When the ball is on the back edge of the bunker, you can not use a normal backswing because you will hit the lip of the bunker. To avoid hitting the back lip of the bunker, you must pick the club up vertically like an axe and then bring it back to the ball on the same line. As the club hits the sand around two inches behind the ball, you need to eject your left arm to allow the cut to cut right underneath the ball. This will allow the ball to sail out easily and toward the target.

PGA Tour Standings

Through June 10, 2007

Rank & Player	Money
1) Tiger Woods	\$4,274,091
2) Phil Mickelson	\$4,120,588
3) Vijay Singh	\$3,345,193
4) Zach Johnson	\$2,950,894
5) Rory Sabbatini	\$2,600,108

World Rankings

Rank & Player	Score
1) Tiger Woods	19.70
2) Phil Mickelson	9.03
3) Jim Furyk	7.65
4) Adam Scott	7.11
5) Ernie Els	6.82

This Week's Golfing News

John Daly tried to focus on golf Saturday in one of his rare chances to play on the weekend this year. It was the day after he told authorities his wife woke him up by attacking him with a steak knife. The 41-year-old golfer and his wife argued Thursday night at a restaurant near the golf course. Deputies from the Shelby County sheriff's department were called around 6 a.m. Friday morning, and Daly said he was the "victim of an assault by my wife." The golfer had red marks on his cheeks when he showed up to play Friday at the TPC Southwind, where he has a house. The winner of two majors, the 1991 PGA Championship and 1995 British Open, he has struggled with his personal life with two trips to alcohol rehab, outrageous tales of gambling losses, trashed hotel rooms and suspensions. Thursday's opening round of 70 had him on the leaderboard in a season in which he has had only one top-25 finish and made three cuts in 11 previous events.

Golf History

June 14, 1959 - Billy Casper, age 27, won his first major championship, the U.S. Open, by defeating Bob Rosburg by one stroke at Winged Foot Golf Club in Mamaroneck, N.Y. Claude Harmon, the host professional, finished in a tie for third with Mike Souchak. Casper would win two more major championships, the 1966 U.S. Open and the 1970 Masters Tournament. He finished his career with 51 PGA Tour wins, which puts him seventh in career PGA Tour wins.

SEVEN BROTHERS RESTAURANT

Open Father's Day 5am-11pm

Father's Day at Seven Brothers

Join us for...
Prime Rib of Beef,
BBQ Ribs, Steaks,
Chicken, Roast Duck,
desserts and more

Breakfast Specials
Served daily from 5am-11am

Deluxe Sandwiches
Includes our famous homemade soups

7369 N. Milwaukee Ave., Niles
(847) 588-1800
www.midas.com

9300 WAUKEGAN RD. MORTON GROVE (847) 967-5980

CLASSIC BOWL

June Specials

DAYTIME SPECIALS
Monday: 9 am to 6 pm
Buy 1 game get 1 free
Tuesday & Thursday: 9 am to 3 pm
\$2.00 per game/person
3pm to 6 pm Practice Special
\$1.00 per game/person
Wednesday: 9 am to 6 pm
Spin the wheel of fortune
Friday: 9 am to 6 pm
\$1.25 per game/person
Saturday: 9 am to 6 pm
\$2.00 per game/person
Sunday: 9 am to 6 pm
\$2.25 per game/person

EVENING SPECIALS
Monday: 9:30 pm to close
Spin the wheel of fortune
Tuesday: 9:30 pm to 1:30 am
\$12.00 per person all you can bowl
Wednesday: 9:30 pm to close
\$2.00 per game/person
Thursday: 9:30 pm to close
\$1.50 per game/person
Friday: 9:30 pm to close
3 games for \$9.00
Saturday: 10:30 pm to close
\$3.00 per game/person
Sunday: 7:00 pm to close
\$1.50 games, pop, draft beer, and shoes. \$1.00 hotdogs

8530 Waukegan Road, Morton Grove
(847) 965-5300

MIDAS of Niles

Summer Offers

- Brakes
- Shocks
- Alignment
- Suspension
- Mufflers
- Belts

COOLING & AC SYSTEMS • ENGINE TUNEUPS

\$34.95 Midas Touch™ Maintenance Package

- Change Oil & Filter
- Rotate & Inspect 4 Tires
- Courtesy Check including Visual Brake Check

Trust the Midas touch.™

Fluid Filter, Battery, Antifreeze Level and Strength, Lights, Hoses & Belts

Expires July 31, 2007. Coupon must be presented. Not valid with any other Midas offers. Oil change includes up to 5 liters of 5W/30 or 10W/30 oil. Other grades and synthetics available extra cost. Additional shop supply fee and/or environmental disposal fee may be charged where permitted by law. Antifreeze may be recycled. Most vehicles. Diesel vehicle extra. Prices and participation may vary. www.midas.com

\$89.95 Brake Pads or Shoes Installed, per axle.

There may be substantial extra cost for additional parts and labor.

Trust the Midas touch.™

Expires July 31, 2007. Coupon must be presented. Not valid with any other Midas offers. Oil change includes up to 5 liters of 5W/30 or 10W/30 oil. Other grades and synthetics available extra cost. Additional shop supply fee and/or environmental disposal fee may be charged where permitted by law. Antifreeze may be recycled. Most vehicles. Diesel vehicle extra. Prices and participation may vary. www.midas.com

7369 N. Milwaukee Ave., Niles
(847) 588-1800
www.midas.com

Senior News

Niles Senior Center's first annual Variety Show

First Annual Variety Show September 20

Be in the Niles Senior Center's First Annual Variety Show! Join in this live performance spectacle where participants can act, sing, dance, or showcase any other art form! If interested, please pick up a registration form at the front desk. We are also looking for crew, a

master (or mistress) of ceremony, stage manager, lighting and sound personnel, and a refreshment organizer.

Summer Quilting Class

Fridays, July 13 - August 10 9:30-11:30 a.m. \$18

All levels of quilters are invited to join this class. During this five-week session, we will make a quilted carry-all bag - ideal for carrying your quilting supplies.

Summer Computer Classes

Computer Tips & Techniques, July 9th, 11th, 13th, 10:30-12:15.

Intro to Computers, Mondays & Wednesdays, July 9 - Aug 6 9:30-10:30 \$25

Ice Cream Social

Monday, July 2, 1:30-3:00 \$6. Chill out this summer! Come enjoy a delicious sundae while listening to some really "cool" tunes by Larry Levin. Pre-registration required.

Lite Lunch & Movie

The Illusionist, Friday, July 6,

Noon-3 p.m., \$4.50

Enjoy a BLT sandwich, cold slaw & dessert then sit back and enjoy the movie about a magician who challenges the rigid social structure of turn-of-the-century Vienna (PG-13).

Summer Dinner and a Movie 5-8:00 p.m.

Join us every Wednesday evenings for dinner and a movie. A lite dinner will be served at 5 p.m. prior to the movie. You must register in advance if you are planning to join us for dinner.

Wednesday, June 20, **The Invincible**, Mark Wahlberg \$3. pizza and soda

Wednesday, June 27, **The Pursuit of Happiness**, Will Smith, \$2 hot dog & chips

Wednesday, July 11, **The Guardian**, (PG13) with Kevin Costner, \$3 Pizza

Wednesday, July 18, **The Departed**, (R-Violence) DiCaprio, Damon \$2 Hot Dog

Wednesday, July 25, **Charlotte's Web**, (G), Dakota Fanning \$3 Pizza

Opera in Focus

At the Rolling Meadows Park District Theater, Thursday, July 12 11:15 - 4:15 p.m. \$28.50

Enjoy the illusion of live opera with OPERA IN FOCUS. Although the puppet opera takes place on a stage only five feet wide and two feet deep, the magic prevails. This show will feature: Puccini's *Madame Butterfly*: Act 3 (complete and Romberg's *Student Prince*: "Drinking Song," "Summer-time in Heidelberg," "Serenade," and "Golden Days"

Travlogue - Germany

Friday, July 20, 12:00-2:00 p.m. \$7.00

Discover the world many travelers miss! "Visit" an authentic Bavarian beer hall, stroll through Munich and remember the sobering realities of WWII at the Dachau Memorial. "While in Berlin and Potsdam," you'll experience the joyous re-unification of East and West Germany. See the treasures of the Pergamon Museum and the beauty of the private retreat of Frederick the Great. Before "taking our journey," we'll dine on a delicious German lunch, featuring Bratwurst, Sauerkraut, Herbed Baked Chicken, German Potato Salad, Corn Cobettes, and Dessert. Advanced Registration is required.

AARP Safe Driver Program

Monday July 30 & Tuesday, July 31, 12:30-4:30 p.m. This class is eight (8) hours,

spread over two days. Both days are required in order to receive certification for the course. This course is designed to help you: tune up your driving skills and update your knowledge of the rules of the road; learn about normal age-related changes and how to adjust your driving to allow for them; reduce your traffic violations and chances for driving related injuries; and qualify for an auto insurance premium reduction or discount (Specific state insurance laws vary so please contact your insurance agent). You MUST pre-register for this class, and a \$10 payment is required on the first day of class. The \$10 fee is accepted by check ONLY and must be made out to AARP.

West Suburban Wonders

Tuesday, August 7, 9:00 a.m.-3:15 p.m. \$57.

Tour outstanding religious buildings in the Western suburbs; Full tour of BAPS Mandir - the largest traditional Hindu Mandir in the world (also referred to as the "Eighth Wonder of the World). Please note: All participants MUST remove their shoes in order to take the temple tour. No sleeveless shirts/shorts above the knee are allowed in the Sanctuary. We will also stop at St. Procopius Church in Lisle, selected as one of the most outstanding buildings in the United States. Lunch featuring salad, baked spinach pasta with cheese, tiramisu, and coffee & tea will be at Figo Restaurant.

Seniors: Tips to Recognize, Avoid Telemarketing Scams

(NewsUSA) - It's shrewd, not rude, to hang up on a bad telemarketer. That's what the National Crime Prevention Council recommends to senior citizens, who are prime targets for con artists.

Telemarketing fraud is defined as using the telephone in a scheme to cheat people out of their assets - their earnings, savings, pensions or valuables - by deceptive and illegal means. Studies show that fraudulent telemarketers direct anywhere from 56 percent to 80 percent of their calls at older

Americans. With nearly 10 percent of seniors 65 and older and more than 50 percent older than 80 suffering from some form of memory loss, dementia or Alzheimer's disease, seniors and their caregivers need to be leery of strange or unexpected callers, warns the NCPC. The organization has some tips to help seniors and their caregivers avoid being victims of telemarketing fraud:

■ Sign up for the Do Not Call Registry at 888-382-1222 or www.donotcall.gov.

See Tips, page 21

Becky's Blessed Home, Inc
24 Hour Nursing Care
Live In Nice Clean Home
24 Hours Nursing Care
3 Home Cooked Meals Per Day
R.N. Owned and Operated,
Family Assisted Alternative
to Private Home

- Personal Care
- Lower Cost than Nursing Home
- Home Environment
- Certified by Home Nursing Agency
- Specializing in Dementia Care

Call Us to See Our Facilities
Home: 847-583-1434
Cell: 312-617-8614
7821 W. Golf Road,
Morton Grove, IL 60053

BALANCE CENTER
at
Grosse Pointe Manor
6601 W. Touhy Avenue
Niles, IL 60714

If you have trouble with:

- Falls
- Vertigo
- Dizziness
- Low Back Pain
- Tingling
- Numbness
- Headache
- Depression
- Stress

A VNG test, along with our Vestibular Rehab Program, could help.

New VNG Technology

- Balance Test
- Painless
- About 20 minutes
- Covered by Medicare

Vestibular Rehab Program

- Fall prevention strategies
- Develops progression in stamina, endurance, balance, and reduces falls
- Doctor's Prescription Provided!

Call Sherry Mauer RN BSN, Balance Program Administrator at 847-647-9875 x 105 for an appointment.



VNG (videonystagmography) detects the root cause of falls and dizziness. The VNG test uses an EKG-like technology that measures physiological indicators that may be the cause of these symptoms.

The painless test takes about 20 minutes and is covered by Medicare insurance. One of the North Shore's leading board certified Rehabilitation Medicine Physicians will evaluate your results, develop a program, and write your prescription on site.

Morton Grove Public Library offers events

Learn the Art of Paper Quilling

Sat., June 23, 10 am Craft expert, Anne Hampton will demonstrate techniques of paper quilling. Registration is required; call 847-929-5101 or stop by the Reference Services Desk.

Starbound Spotlight Morton Grove Park District Dancers

Sat., June 23, 2:00 - 2:45 The Starbound and Spotlight dancers have performed at the Illinois State Fair and for many community organizations. Join us for an entertaining and lively afternoon of dance.

Writing from Life

Wednesday, June 27, 7 - 8:30 pm Author Leslie Levine believes that we can turn the lives we are living into the lives we want...at work, at home, and in-between, and that by writing from life, we can share experiences and the lessons from life. Join us for an inspirational workshop on the practical aspects of writing and getting published. Registration is required; call 847-929-5101 or stop by the Reference Services Desk.

Happy Feet

Sat., June 16, 2:00 p.m. Emperor Penguins from Antarctica express their true love with special songs but the misfit, Mumble, cannot

Concert: The Silk Road

Sat., June 30, 2:00 p.m. Popular vocalist and pianist Ester Hana returns to the Library for a concert of classical and ethnic music, with songs from countries touched by the Silk Road.

Computer Classes

Survey of MS PowerPoint, Excel and Word Three Saturdays: June 16, 23, and 30, 10:00 a.m. Harold Ogg, Associate Professor of Library Services, Computer Technologies and Information Sciences at Oakton Community College, will present a lecture/demonstration of three Microsoft programs: PowerPoint, Excel, and Word in this three-part seminar. Registration is required; call 847-929-5101 or sign up at the Reference Desk.

CSI Returns

CSI is returning for the summer on Saturday, July 7 and August 4. Required Registration will begin June 1st. See Library flyer for details or call the Youth Services Dept. at 847-929-5102.

sing. Instead, he has an extraordinary talent for tap dancing. However, the penguin colony's leadership blames Mumble's unorthodox ways for the decline in fishing which threatens them all.

The Departed

Tues., June 26, 11:30 a.m. an undercover cop and a hardened criminal each assume double lives within the mob syndicate and the Boston police department, gathering information about the plans and counter-plans of the operations they have penetrated. Cast: Leonardo DiCaprio, Matt Damon, Jack Nicholson, and Martin Sheen.

Night at the Museum

Fri., June 29, 2:00 p.m. Larry Daley is hired as a night watchman at the Museum of Natural History and quickly discovers that an ancient curse brings all the exhibits to life after the sun sets. Cast: Ben Stiller, Robin Williams, and Dick Van Dyke.

Lights Camera Blast Off

Thurs., June 21, Four 45-minute filming sessions are scheduled at: 4 p.m., 5 p.m., 6 p.m., and 7 p.m. Drop-in anytime!

Fly through the universe on a comet, walk on the Moon, and explore Mars all through the magic of movie technology. Actual NASA footage of outer space will be used along with green screen technology to create amazing special effects on film. Families are invited to come learn about television and film technology while making their own movie. A film will be made featuring some of the audience. Later, the film will be available for checkout.

American Legion Post #777 Meets June 19

The American Legion Gladstone Post #777 will meet at the Edgebrook Community House, 6100 N. Central Ave. in Chicago on June 19 from noon until 3 p.m. All vets are invited to the meeting. Refreshments will be served. For more information those interested can call (773) 685-9568.

2 are better than 1 (Especially when 1 is FREE)

Get two Miracle-Ear® personalized hearing aids for the price of one.

Now is the time!

For a limited time we're offering 2-for-1 savings on our ME-3. (They're our most popular personalized hearing aids.) **This is the time to improve your hearing—and take advantage of this great offer!**

Our ME-3 delivers:

- Superior 100% digital sound quality
- Automatic adjustments for different environments and sound levels
- 2-year warranty,* complete after-care program

Experience America Trusts

At Miracle-Ear®, we've been helping people hear better for nearly 60 years. So when you visit any one of our 1,200 locations across America, you're sure to receive the friendly, professional service and the personalized hearing aids we're famous for.

Free Hearing Test

Call or visit your local Miracle-Ear® or Sears Hearing Aid Center today to schedule your free, no-obligation hearing test.**

ARLINGTON HTS. MIRACLE-EAR CTR. 2306 E. RAND RD.	847-670-4327	ELMHURST MIRACLE-EAR CTR. 597 N. YORK ROAD	630-833-8382
AURORA SEARS FOX VALLEY CENTER	630-585-5911	JOLIET SEARS LOUIS JOLIET MALL	815-677-8332
BOURBONNAIS SEARS 1602 STATE RT. 50 N.	815-937-0919	MATTESON SEARS LINCOLN MALL	708-503-1623
CALUMET CITY SEARS RIVER OAKS PLAZA	708-891-6168	NILES SEARS GOLF MILL CTR.	847-803-8182
CHICAGO SEARS FORD CITY SHOPPING CTR.	773-735-3260	NORRIDGE MIRACLE-EAR CTR. 4950 N. CLIMBERLAND AVE.	708-456-2930
CHICAGO SEARS 1601 N. HARLEM	773-889-0691	OAK BROOK SEARS OAK BROOK CTR.	630-990-0104
CHICAGO SEARS 4035 NORTH CICERO	773-685-3428	ORLAND PARK SEARS ORLAND SQUARE MALL	708-226-5647
CHICAGO SEARS LAWRENCE & ASHLAND	773-561-0760	SCHAUMBURG SEARS WOODFIELD MALL	847-995-1908
CHICAGO SEARS 6153 S. WESTERN AVE.	773-918-0570	SKOKIE MIRACLE-EAR CTR. 3943 W. DEMPSTER AVE.	847-673-3260
CHICAGO RIDGE SEARS CHICAGO RIDGE MALL	708-499-3480	VERNON HILLS SEARS WESTFIELD/HAWTHORNE CTR.	847-816-6838
CRYSTAL LAKE SEARS 105 NORTHWEST HWY.	815-788-1405	WEST DUNDEE SEARS SPRING HILL MALL	847-428-1183

2-for-1 Savings!

Get two Miracle-Ear® personalized hearing aids for the price of one! Simply present this coupon to receive two custom made ME-3 Contour style hearing aids for the price of one.

Don't delay! Offer ends June 27, 2007

*Warranty
**Hearing test always free. Not a medical exam. Audiometric test to determine proper amplification needs only. ©2007 Miracle-Ear, Inc. 11358 ROPAHAL

Maine Township Seniors plan spring trips, classes

MaineStreamers

The Maine Township MaineStreamers program offers a variety of opportunities for residents 55 and older. All residents and property owners are invited to apply for membership. Membership includes a free subscription to the MaineStreamers monthly newsletter, which details all activities for the upcoming

month. Most activities take place at Maine Town Hall located at 1700 Ballard Rd. in Park Ridge. Members pay individually for whichever activities they want to participate in. For more information contact the MaineStreamers at 847-297-2510 or visit us at www.mainetownship.com.

Rules of the Road Class

Thursday, June 14. 1 p.m. to 3

p.m. No charge - Registration required.

Need to renew your driver's license? Plan on attending this Secretary of State refresher course that prepares you for the written exam. Next Class: Sept. 13.

Meditation for Weight loss

Friday, June 15. 2 p.m. to 3 p.m. Cost: \$1. Facilitator: Om Johari.

Om will focus on using meditation to aid you in your attempt to lose weight and to concentrate on simple methods based on pure observation.

Bowling Outing

Thursday, June 21, 11 a.m. to 1:30 p.m. Sims Bowling, 1555 Ellinwood, Des Plaines. \$15 members/\$17 guests.

Enjoy two games of bowling, prizes, and a lunch featuring salad and pizza.

Day Trip

The following Day Trip is currently on sale. In order to sign up for a Day Trip you must first sign up to be a member and then a reservation form will be sent to you. To become a member, call the MaineStreamers at 847-297-2510 and

ask for an application. All Day Trips depart from the State of Illinois Building, 9511 Harrison St. in Des Plaines.

Wild West 'Intergenerational' Trip

Union, Illinois. Friday, July 20 - 10 a.m. to 5 p.m. - Trip rate 3. Cost: \$25 members and guests.

Come join us as we travel to the Wild West. Admission includes access to the Wild West Town and Museum, gold panning, roping lessons, pony, train, and car rides, archery and pop gun range, and a Wild West show. Also included is a lunch of beef hot dogs, chips, drinks, and ice cream. All grandparents and their grandchildren are welcome.

THE NORTH SHORE'S NEWEST FULL-SERVICE REHABILITATION SUITES!



- 22 "New" Private Luxury Suites
- Exceptional Service, Compassion and Care
- Dedicated and Professional Nursing Staff
- Superb State-of-the-Art Rehabilitation Center
- Specialized Orthopedic, Cardiac and Stroke Rehabilitation Programs

All of this, combined with our single-level floor plan and award-winning, landscaped gardens provide an intimate, pleasant and therapeutic surrounding. Call now to tour and discover why Bethany Terrace is the best choice for you or your loved one!

Bethany Terrace

NURSING CENTRE

8425 North Waukegan Road • Morton Grove, Illinois 60053 • (847) 965-8100

If doctor asks wrong questions, answers will not be correct

By Doug Mayberry
COPLEY NEWS SERVICE

Q: My brother and I are our dad's caretakers. He is 77 and still able to function in his own home with part-time help. Either my brother or I personally check on him every day. His doctor now recommends major surgery to extend his life for a few extra months.

Neither Dad nor we believe it is the right thing to do. How should we resolve our differences with his doctor?

A: You are wise to consider all possible options before explaining to his doctor your decision. Dr. Jerome Groopman in his book "How Doctors Think" makes the point doctors don't necessarily listen to patients, and many patients don't feel empowered to challenge the doctor's opinion. By necessity, doctors face daily pressures dealing with emergencies and overscheduling; many don't ask enough patient questions, are interrupted and stereotype their patients.

The failure of doctors to listen and patients' fears create major stresses. Goodman recommends doctors allow patients to first speak a couple of minutes about

their problems, avoid phone calls and actually review patients' charts before greeting them. Strong communication skills create more concrete results.

Recently when my partner experienced a sudden loss of energy, we were encouraged to find a major medical school's "expert" to determine her problem. That academic doctor, who had several students in tow, ran her through a number of tests. He quickly reached the conclusion her problem was exactly what he specialized in. He offered no solutions, but recommended she make another appointment in three months if she didn't feel better. We left frustrated, and actually more concerned than before we had seen him.

She did not improve, and after two more opinions, we found the real problem, which was a fairly simple medication situation. She is now well on her way back to normal. That doctor simply did not ask the right questions and she was given little chance to explain her condition.

I have just learned of Kaiser Permanente's major investment in the rollout of its KP Health-Connect. This project is

See Answers, page 21

Park Ridge Senior News

Park Ridge Women's Club plans program

Women's Club

The Women's Club of the Park Ridge Senior Center has planned a program for Thursday, June 21 at 12:30 p.m. Lunch will be a Caesar salad, chicken vesuvio with potatoes, peas, and herbs and brownies for dessert. The program will be given by Jennie Riddle presenting a new Audrey Hepburn book. Reservations are required in advance and should be made according to current policy. The charge is \$14.00 for lunch and program. For this event guests are welcome.

The Gamers

The Gamers continue to play on Friday afternoons at 1 p.m. at the Center. Come learn to play dominos or hand-and-foot. Bring some friends and a game you want to play. All are welcome to join in. There is no charge for this fun activity.

RTA Passes

On Thursday, June 14, 2007, from 11 a.m. to 1 p.m., staff from the RTA will be at the Center conducting registration for seniors interested in the RTA's Reduced Fare Program. This program provides that seniors, 65 and older, can ride the CTA, Metra, or Pace transit systems for half fare. This registration is free of charge; just remember to bring identification such as a driver's license, passport, State of Illinois ID card, or other official government identification with a photo and birth date.

Continuing Activities

Some activities continue through the summer, Exercise classes at 9 a.m. and 10:30 a.m., Monday, Wednesday and Fridays continue. These classes continue all year long

except for inclement winter weather. So you can get started now. There is a nominal fee of \$2.00 per class. This money is then used to buy new stretch bands and weights. So if your doctor has told you you need to exercise to get stronger this is the class. In fact, a few members of the class have also lost weight so these classes can be a double advantage.

At 10 a.m. on Wednesdays the Discussion Group meets: at 1 p.m. it's the Science Club: Thursdays at 9 a.m. there's the Diet Club, Computer Group and woodcarving; at 10:15 a.m. it's Humanities. There is a long list of activities that take place at the Park Ridge Senior Center. You are cordially invited to come in for more information, meet some of the members and get a tour of the facility.

Obituaries

Annette M. Zielinski

Annette M. Zielinski, age 48, peacefully after a long battle with Multiple Sclerosis; loving daughter of Robert and Shirley, nee Summers; dearest sister of Nancy and Gary (Karen); fun loving "Aunt" of Adam and Audrey Phan, Elaine and Bernice Zielinski. Visitation

was Thursday, June 7, 2007 at Skaja Terrace Funeral Home, 7812 N. Milwaukee Ave. Niles, IL. Funeral was held Friday, June 8, 2007 at St. John Brebeuf Church. Interment Maryhill Cemetery. In lieu of flowers, masses appreciated. Funeral info: 847-966-7302 or www.skajafuneralhomes.com.

Tips

continued from page 18

That will help decrease calls from telemarketers.

■ If a caller asks for personal information such as a credit card number or Social Security number, say: "I don't give out personal information over the phone. I'll contact the company directly and provide them with the necessary information." Then hang up.

■ If a caller offers a free item and then wants you to pay for shipping and handling or taxes, say: "I shouldn't have to send money for something that's

free." Then hang-up.

■ If a caller wants a decision on a limited-time offer right away, say: "I'd like some time to think about this. Tell me how I can get in touch with you. If I'm interested, I'll call you back."

■ If you don't understand all the details of the verbal offer, have the telemarketer send you the information by mail. If the caller won't do that, say: "If you can't mail me the information, then I can't talk to you."

A free brochure containing additional safety tips is available by calling 800-WE-PREVENT or online at www.ncpc.org.

Answers

continued from page 20

designed to strengthen patient safety and improve care by providing instant electronic access to accurate medical records and information. During each patient's visit, all of the medical information is keyboarded into a computer for use by both doctors and patients. Patients are handed a copy. Privacy protection is also set up.

Whatever decision you make with and for your father, future developments like these will be helpful in empowering us to know and understand how best to make the most appropriate decisions for ourselves and loved ones.

Q: Now I am receiving Social Security checks. As a widower, I

find my health appears to be breaking down. During the years of employment I was always upbeat and enjoyed my work.

After retirement I find I am getting lazy and into a rut, slipping into bad habits such as not taking care of my personal appearance, not eating the proper foods and not making much effort to maintain personal relationships because I don't see why I need to do so. Do I need a wake-up call?

A: Yes. As we grow older health indeed does have more of an impact on our ability to function. We are all victims of our emotional health and beliefs. It's easy for most of us to rationalize our response to living, and what we think strongly influences our well-being, atti-

tude and longevity. Because you know your friends may precede you in passing, make a serious effort to make new ones. Remind yourself daily of your good health. Accept your future with a positive outlook, keep a happy disposition, pursue a vocation and volunteering interests seriously, don't be judgmental, try not to complain, fake yourself out by telling yourself you are not tired (try a short nap) keep yourself presentable, and maintain a pleasant disposition. No one wants to spend a lot of time with a sourpuss - an unhappy individual who is always complaining and making sure everyone knows it. Doing so will simply magnify your unhappiness and you will find yourself unhealthier and lonelier!

Senior Citizens

We Work On Volume - Not Price!!

Shampoo & Set ... \$5.00
Haircut ... \$5.00

Everyday Except Sunday

Sr. Men's Clipper Styling ... \$3.00 & Up

Men's Reg. Hair Styling ... \$5.00 & Up

Manicure & Pedicure Together ... \$16.00 & Up

IN HOME HAIR CARE CALL FOR PRICING

FREDERICK'S COIFFURES
5391 N. MILWAUKEE
CHICAGO, IL.
(773) 631-0574

Reverse Mortgage

Discover how senior homeowners across America are achieving financial independence with a reverse mortgage!

Our reverse mortgage program enables you to:

- Receive payments instead of making them
- Use the tax-free² funds however you choose
- You continue to own and live in your home³
- No income, asset, employment or credit qualification restrictions⁴
- Financial flexibility
- Your choice of flexible funds-distribution plans

1. Must be at least 62 years old. 2. Consult a tax advisor. 3. Provided all other program requirements are met. 4. Reverse mortgage borrowers are required to obtain an eligibility certificate by receiving counseling sessions with a HUD-approved agency. Family members are also strongly encouraged to participate in these informative sessions. Call for more detailed program information. Wells Fargo Home Mortgage is a division of Wells Fargo Bank, N.A. © 2007 Wells Fargo Bank, N.A. All rights reserved. #48370 5/07 - 8/07



Call today for more information!



Mary Ressetar
Reverse Mortgage Specialist
100 S Prospect Road
Park Ridge, IL 60068
847-318-9000 Ext. 1017 Phone
mary.ressetar@wellsfargo.com
www.maryressetar.com



Sump pump water doesn't harm plants

By Jeff Rugg
COPLEY NEWS SERVICE

Q: I planted my tomato plants next to a discharge pipe from our sump pump. There are irrigation holes in the line which soak the area within 1 foot of my plants. After reading your article on gray water, I'm wondering if this is a safe water source?

A: Your plants should do fine. The sump pump water is similar to well water. It is coming from the ground after it has been filtered underground for a while. A well may be several hundred feet deep, but the sump pump water has only been filtering through the ground for 5 to 10 feet down to the basement level of your house.

It isn't necessarily sterile or pure, but it shouldn't have harmful bacteria in it. You wouldn't drink it, but your plants can use it just fine.

Underground water flow can be very different than above ground flow. My house has been around for over 40 years and has never used the sump pump, however, the house two doors away has an algae covered driveway from the constant flow of water from their sump pump.

You will need to watch your sump pump flow. It could overwater the tomatoes if too much comes out. If you depend on it to flow and it dries up, the tomatoes could suffer, so just keep an eye on the amount of water they are getting.

Q: We have not been in our home too long, just a couple of

years, but it has been long enough for me to start hating my trees. The house is older and the trees are big.

When we bought the house, the honeylocust tree had no leaves. The first summer it dropped a bunch of brown seed pods on the lawn and street. They blew into the neighbor's yard and now there are small trees popping up all over the place.

Today I walked outside to find my driveway covered in a layer of green velvet an inch deep. The tree is raining down hundreds of small green flakes. In the fall, the leaves are too small to rake effectively. I want to cut it down and get a better tree, but it is going to be costly.

Is there something I can do to the tree?

A: Welcome to one of the joys and trials of homeownership, trees. The honeylocust tree is one of the most commonly planted trees in North America. It is tolerant of heat, cold, drought and neglect, making it a great urban tree. Most people like the amount of light those tiny leaves allow underneath, so that grass can grow. Big healthy trees make a pleasant neighborhood and probably save you money on your cooling costs.

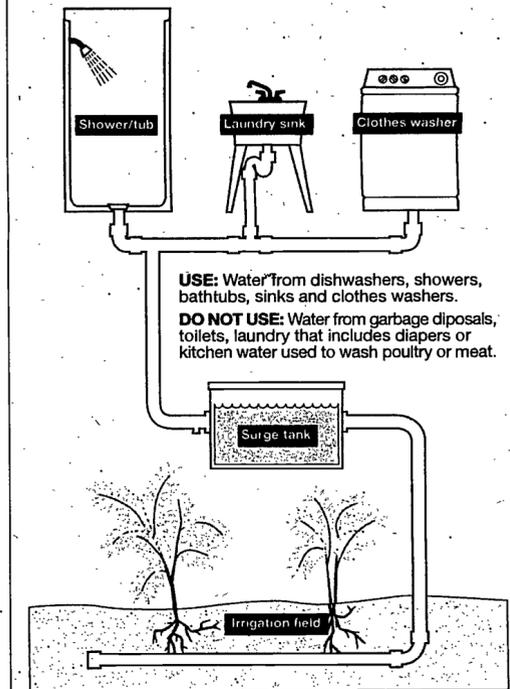
The original honeylocust trees have long thorns up and down the trunk. The thornless varieties started being produced in the middle of the last century and were thought to be fruitless, too; however, it turns out that some individual trees will produce those long brown bean pods after they mature enough.

You won't know if yours will produce them until it is older than 30 years old. Often they produce fruit only once every few years. But when they do,

GARDEN TIP

Gray water

Gray water is ordinary household water that is reused, primarily to water plants and flush toilets. Gray water collection systems can be installed for maximum water conservation.



Source: www.graywater.net

Copley News Service/Bob Kast

or a leaf vacuum, and be thankful they are not huge oak leaves.

Q: I have been planting flowers in an old flower bed left empty by the previous owner. Every once in a while, I come across groups of what looks like dried insect eggs. They are white, small - about the size of a BB and crunch when squished.

What kind of bug are they and what should I do to treat them?

A: I think what you are finding is actually a mineral called perlite. Perlite is a generic name for naturally occurring siliceous rock. The rock is about 40 percent silicon and aluminum, 40 percent oxygen, about 4 to 6 percent water and a handful of other elements.

It is a natural glass that is classified as chemically inert. The fun thing about perlite is that when heated to about 1,600 degrees, it pops like popcorn from four to 20 times its original volume. The popping creates tiny bubbles that account for perlite's light weight.

Perlite is used as a fireproof insulation and can be mixed into concrete, plastic and other materials for many industrial uses. It can be used as a filter for swimming pools and pharmaceuticals, and an abrasive in cleansers.

It may be used by itself for rooting cuttings. Because it retains air and water well, it is utilized as a component in many light-weight soil mixes.

It does not decay or break down. If someone planted a flower in your yard and then removed it without digging up the old root ball of soil, the perlite will remain. It is beneficial to your soil as it helps loosen it, holds air when the soil is wet and keeps water when the soil is dry.

they grow in abundance. Cleaning the pods up as soon as possible for a couple of weeks will prevent the seeds from falling out of the pods. Then you won't have as many new trees sprouting up. A few weeks of cleanup every couple of years isn't that bad is it?

The green rain is actually a

good thing. It is the small dead flowers. Every one that falls off is another seed pod that won't be growing this year. Usually they don't all fall off at once. If they do, a day or two of cleanup will allow to be done for the season.

As for the leaves, try a rake with closer tines, a leaf blower

Police Nab Spree Shooting Coed Killer Thursday, January 3, 1980

Niles police arrested the 23 year old son of a Chicago police officer on Sunday night after he was accused of firing shots into the back of a woman's car following a traffic disagreement.

Kurt Bartall, Jr. son of Chicago Patrolman Kurt Bartall of the police traffic investigations unit, was apprehended by Niles police after the woman complained to Niles police that she had been fired upon by another motorist in the 6600 block of Milwaukee Ave. According to the woman, Bartall apparently honked his car horn at her when she apparently did not drive off quickly enough from a stop light. She reportedly responded to his car honking with an insulting gesture and he opened fire, putting two slugs into her car trunk.

According to Niles Police Lt. John Christie, the woman supplied police with Bartall's license number which was immediately transmitted to all Niles patrol cars. Police later spotted his 1977 Ford Thunderbird outside the Niles House of Pizza, 7560 N. Milwaukee Ave. and arrest him.

Niles Woman Wins First Prize on Radio Show Thursday, January 17, 1980

By Diane Miller
No one, but no one, was more surprised than Adele Lyczak, 8211 N. Ozanam, Niles, as she sat in her business office last Monday morning and heard her name announced on the "Wally Phillips Show" as the first prize winner.

Mrs. Lyczak, a resident of Niles since 1972, told the Bugle she had gone to the office of Chicago builder Louis Munao where she has been a secretary bookkeeper for the past 14 years and turned on the radio to WGN which is her custom. Phillips, who conducts the Neediest Childrens Fund Drive each year through his radio program also receives donations of hundreds of prizes from businessmen to be used as an inducement for contributions. The fund drive usually culminates the first week in January and all the cards and letters from the donors are placed in a drum for the prize drawings.

Last Monday Chicago Mayor

Niles Park Board Hears Health Club Objectors

By Diane Miller

The Niles Park Board Tuesday evening heard objections from 9 Nilesites against the health club proposed for the Grennan Heights Recreation Center.

While most of the objections stemmed from concern about parking problems and additional flooding in the area, Nilesite Tom Flynn, told the board he objected vigorously "to closing a public building and using it for a private club."

Flynn also cited the proposed deletion of the pre school program at the Grennan Heights center, but was told by Park Director Bill Hughes that the decision to delete the pre school program there was made long before the health club plans came into being due to a decline in enrollment over the past eight years. Hughes noted all pre school programs would continue and they intended to consolidate them in other park locations.

Jane Byrne was a guest on the radio show and drew the first winning card which turned out to be Mrs. Lyczak's.

"You can't imagine the shock when I heard my name announced by the mayor. I was alone in the office and began screaming to myself," Mrs. Lyczak told the Bugle. "I couldn't believe it."

Mrs. Lyczak and her husband, after pondering the list of prizes available to them, decided to take the 1979 International Scout valued at \$11,000.

'Golden Arches' Opposed by Homeowners Thursday, February 7, 1980

By Diane Miller

Approximately 100 Niles residents crowded the Council Chambers Monday evening to voice their overwhelming opposition to a proposed McDonald's restaurant at the intersection of Dempster and Grace Streets. In addition to the restaurant, McDonald's also intends to construct five small stores covering 11,400 square feet which will be leased out for retail use.

The Niles Zoning Board of Appeals sat back and watched the "well oiled" machine of McDonalds corporation personnel as they presented their appeal. Richard Brennan of Winston and Strong, attorney for McDonald's, brought forth his roster of experts, all of whom were either McDonald's employees or were employed by agencies whose services were contracted by McDonald's.

Questioned at length by Brennan were Jack Henning, real estate representative; Ken Park, construction engineer; Jack Gargoshon, professional

land planner; Joseph Skonina, traffic engineer and J. Schlaze, real estate appraiser. Architectural drawings were exhibited to the board showing the proposed layout for the restaurant and retail stores, proposed parking and landscaping.

According to their testimony, McDonald's holds a long term land lease on the property at 8450 Dempster which has a frontage of 298.85 feet on Dempster and 281.9 feet on Grace Street.

District 63 Board Discusses Program Cuts Thursday, March 13, 1980

By Eileen Hirschfeld

Drastic cuts in programs throughout East Maine School District 63 were proposed to school board members as possible economies to deal with a possible deficit of \$15,631,553 by June of 1985.

Acting Supt. Donald Stetina prepared a list of possible cuts, their ramifications and possible savings to be reviewed in line with revised deficit projections presented by James Bowen, business manager, at a regularly scheduled meeting Tuesday in Apollo School, Des Plaines.

The five year deficit projection took into account the state aid formula, enrollment projections, assessed valuation, the number of teachers and their salaries and other expenditures.

Three possible areas of saving for the 1980-81 school year were included in the report and dealt with support services, academics and school closings.

Economies could include a reduction of services, elimination of services, parent support or other measures. At the elementary level art vocal music, physical education will be reviewed.

Study New Zoning For Eateries Thursday, May 8, 1980

By Diane Miller

Niles Zoning Commissioner Angelo Troiani proposed to the plan commission Monday evening that permission be sought from the village board to review the present parking requirements for new restaurants in Niles.

Troiani's suggestion came on the heels of the recent petition of McDonalds to construct a restaurant on the corner of Dempster and Grace. McDonald's petition was for a sit down restaurant with a drive thru window but in their testimony before the board, they reported 38% of their business was carry out and the board felt they encouraged eating in vehicles since their proposed plans provided for several waste receptacles in their parking lot.

According to the present village ordinances governing parking spaces for new restaurants, the spaces required are based on the square footage of the building to be erected plus an allowance for employee parking. The zoning does not have specific requirements for restaurants classified as sit down only, sit down with drive through facilities and is in the case of the proposed McDonalds, a sit down restaurant with a drive thru facility and carry out facility.

Niles Cop Saves Drowning Boy Thursday, May 23, 1980

By Diane Miller

"You don't stop to think, you just do it," Niles Police officer Roger Wilson told The Bugle after Wilson was credited with saving the life of a 14 year old boy he pulled from Lake Michigan last Thursday evening.

The boy, Peter Belcher, of Chicago, was wading in the water off Olive Park about 7:30 p.m. Thursday evening, May 22 when his friend told a passing officer Peter was missing.

Wilson, a member of the Niles police force for 11 years and currently an auxiliary service officer was cruising in his boat about a quarter mile off shore with three friends enjoying the warm summer evening and playing a stereo on board. One of the passengers noted a policeman on the beach frantically waving his arms and just as they lowered the volume on the stereo, the policeman fired a shot into the air to attract their attention. Wilson said they pulled in closer to shore and the officer shouted that a boy was missing. He asked them to cruise around and see if they could spot him in the water.

Within a few moments, Wilson spotted the boy about five feet down in approximately eight feet of water. He tied the ski tow rope from his boat around his waist and made one attempt to retrieve the boy, but lost him in the cold water. He climbed back into the boat and in a minute spotted him again. This time he was successful in retrieving him from the water.

7-year-old Girl Abducted in Lawrencewood Thursday, October 23, 1980

A seven year old girl was dragged into an auto last Sunday afternoon in the Lawrencewood Shopping Center as two of her girlfriends watched in horror.

The child, a resident of Nordica Avenue was standing just north of the Aldis store about 1:30 drinking a can of root beer and in the company of her young friends when a man drove up in a silver colored four door car with a red interior, knocked the can of root beer from the young girl's hand, dragged her into his auto and drove away.

The friends ran to the victim's home and notified her uncle of the abduction. Both young children were described by police as being in a hysterical condition, but identified the kidnapper as being a white male, 40 to 50 years of age, black graying hair, heavy set, wearing glasses and a long overcoat.

The uncle notified police and then jumped into his car to search for his missing niece. A few minutes later, he returned home with the girl who was very visibly shaken from her experience.

Impeccably Kept Penthouse!



Stunning 2 BR 2 BA penthouse condo w/ elevator, heated indoor garage, pvt balcony. Entering this impeccably kept home, you first see honey oak pergio flrs in foyer, kitchen, dining rm. Enter sun-drenched Euro kitchen w/ brkfst bar & skylight, look out on expansive LR leading to pvt balcony. Immaculate master BR w/ master BA & huge walk-in closet. Separate laundry rm. This condo is a 10++++!!!!!! See it today!

Jim Fulton C.R.I., A.B.R., ASSOCIATE BROKER
RE/MAX AT HOME
OFFICE: 847-255-2373
CELL: 847-376-6880
FAX: 847-255-5223
WEBSITE: WWW.JIMFULTON.COM
EMAIL: JIMFULTON007@YAHOO.COM

SPRING-GREEN.

America's Neighborhood Lawn Care Team

- TREE CARE**
 - Deep Root Feeding
 - Free Estimates
 - Tree Spraying
- LAWN CARE**
 - Core Cultivation
 - Crab Grass & Weed Control
 - Fertilizing
 - Insect & Disease Control

For FREE Estimate Call:
(708) 863-6255

Century 21 Nelson Realtors
7636 N. Milwaukee Ave.
Niles, IL 60714
(847) 470-1480
Call Me For A Free Market Analysis!
www.century21nelson.com
Sandra Spendal

New Listing

7061 W. Main St. Niles

Custom built 2 story Colonial w/ attached 2.5 car garage, w/ curb appeal galore, an extra deep 17'5" loft!! 3 extra large BR's, plus office (bsmt), 2.1 BA, LR, formal DR. Family rm w/ beautiful stone fireplace. Spacious updated kitchen w/ maple flrs, back saver cabinets, & eat-in space flrs full size table for 6. 1st flr laundry rm. Three season rm to enjoy lovely yard. Part fin bsmt.

New Listing

7238 W. Grain St. Niles

Wow! Perfectly maintained brick 3 flat w/ side drive & 2.5 car brick garage. 2 charming large units have 3 bdr. & 1.1 baths with jacuzzi's. Eat in kitchens newly updated in both units. Formal dining rms. Hdwd flrs, wood doors & trim. Great closet space. New windows. Separate utilities. Fully rented. Nice residential area.

Call Sandra At (773) 851-3423 • Cell

Double-Duty solutions maximize space

By Christine Brun
COPLEY NEWS SERVICE

The typical 1950s home ranged from about 950 square feet to 1,300 square feet and usually included three bedrooms, at least one full bath and sometimes a three-quarter bath, as well. There was always a kitchen and a dining area, both relatively small even by today's standards.

These modestly priced tract houses were originally built without the conveniences that have spoiled us today, so they are great candidates for such space-savers as dishwasher drawers, refrigerator and freezer drawers and counter-depth refrigerators.

By using such innovations, you can save space while you have the modern conveniences you require. Of course when you opt for one of the newer and smaller appliances, you will pay more for the convenience, but you will be happy with your investment.

If you are considering the remodel of a retro house - or moving into a small place from any decade - consider also a tankless hot-water heater to replace

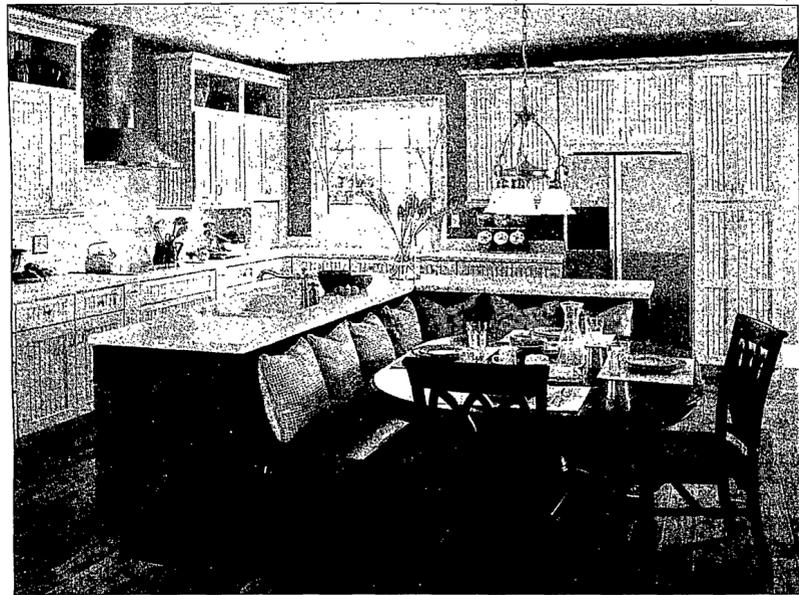
the unit that may now be located in the kitchen. The space savings can then make room for a full-sized dishwasher or a larger refrigerator.

Custom built-ins are also worth the additional expense whenever you are serious about making the most of your area. Shown here is a great way to connect the dining function to the kitchen and save even more room.

The built-in seating arrangement hugs the kitchen island, and there is good storage under the banquette seats. The real dining table and chairs lend a bit more formality to the arrangement.

While our example shows a matching finish to the island part of the kitchen, it isn't necessary that the table and chairs match the rest of the kitchen cabinetry. You might add cushions to these chairs in order to make them more comfortable or instead use a softer-looking chair. The banquette could also be upholstered.

Special lighting centered over the table clearly defines the table as important. This fixture is kitchenlike, but you might opt for a small crystal chandelier for a little more formality and pizzazz.



What is best about this design solution is that the area that used to be the dining room can now be used for a completely new function, such as a home office, a reading room, or perhaps the children's study or play area. Mom or Dad can cook and still be in touch with what the kids are doing on the computer or clean up the dinner dishes while they help with the homework.

We demand so much from our kitchen areas today, and new homes are built with more of a

great-room concept, even if the home itself is relatively small. But you can do the same thing with an older remodel. Try to create one open space that allows a view clear through to the back yard as it incorporates the kitchen, family room, a fireplace and an eating area - maybe a breakfast bar or an area for a stand-alone table.

As you think about your own version of this design challenge, you'll find even more ways to wring more function out of every room in your small house. Merge

the uses of two rooms into one, shop for miniaturized modern technology and enjoy the flexibility you discover, whether you live in a '50s cottage of an apartment built last week.

Christine Brun, ASID, is a San Diego-based interior designer and the author of "Big Ideas for Small Spaces." Send questions and comments to her by e-mail at cbaintdes@hotmail.com or to Copley News Service, P.O. Box 120190, San Diego, CA 92112.

'The white stuff' wrong stuff for red bricks

By Gene Gary
COPLEY NEWS SERVICE

I am having problems cleaning the red bricks on the front of my house right under the shutters. The runoff from the shutters, which are a tan color, stained the bricks underneath leaving a white look on them. I tried bleach,

then muriatic acid and finally paint thinner. I thought since it was a paint stain one of these would dissolve it, but so far no luck.

Can you help? A Very likely the whitish staining is not from the paint on the shutters, but rather a condition referred to a "white scum" or a

more common condition known as "efflorescence."

White scum is a condition that surfaces if the brick was cleaned too early after construction, cleaned with the wrong material or just cleaned incorrectly. A way to verify this condition is to wet the brick. While the brick

is still wet, if you can still see the white on the brick then this is very likely what you have.

Ordinary brick cleaners will not break down the white. You will need a special brick cleaner such as SureKlean White Scum Remover marketed by ProSoCo, a leading manufacturer of masonry cleaning and restoration

products. The White Scum Remover should be diluted at a rate of one part cleaner to one part water. Let the solution dwell on the brick for three minutes and rinse. A pressure rinse of 1,000 pounds will help, if it will not harm your brick. Some soft and more porous brick should not be

See How, page 25

SPRING FENCE SALE

SAVE UP TO 25%
WITH THIS AD
Offer expires 5/31/07

- Specializing in Residential & Commercial Fence Installation
- Custom Western Red Cedar Chain-Link :: Vinyl/PVC
- Pool Fencing :: Aluminum
- Wrought Iron :: Ornamental
- Repairs Welcome
- Always Free Estimates
- Call Now For Custom Highest Quality Materials & Craftsmanship

- All Work Guaranteed "We Return Phone Calls... We Keep Appointments"
- Locally Owned & Operated Licensed :: Bonded :: Insured

847-579-9797
VISIT OUR NEWEST LOCATION
1448 OLD SKOKIE • HIGHLAND PARK
WWW.CHAMPIONFENCES.COM

Authorized Dealer
Merchants Metals
the first name in fence solutions

Gorgeous Newly Remodeled Condo at Renaissance!

7091 W. Touhy, #408 \$279,900

Sunny, bright, corner 2BR, 1BA unit. Freshly painted, new neutral carpet throughout. Remodeled bath. Spacious & open kitchen w/eating area, tons of cabinets and a new floor. Fantastic closets. In unit laundry, with a full size W/D, folding counter, & utility sink. Double sliding doors open from the living room to a huge balcony. Unlimited unassigned parking. Spectacular unit! Move right in!

Call Omar at
ABA National Realty
(312) 440-6800

HOME HOW-TO

Efflorescence

Efflorescence is the salty, white deposit found on masonry. It's a condition that develops when moisture from within the bricks rises to the surface and evaporates.

There are a number of conditions that cause efflorescence:

1. A source of water in the masonry.
2. Soluble salts present within the masonry.
3. A path for water to get to the surface of the masonry and evaporate.

- Eliminate source of moisture by sealing cracks, repairing missing mortar, cleaning out gutters and downspouts and caulking joints around doors and windows.
- A 50 percent solution of vinegar and water is all that is generally needed to remove efflorescence.
- Let the wall dry completely and paint with a high quality latex house paint.

Copley News Service/Bob Kast

Usually this condition will not return unless your brick is subject to a lot of moisture. It's possible that water running off the shutters could be the source of excessive moisture penetrating the brick. If the problem persists after the initial cleaning use a masonry sealer after a thorough cleaning.

You might consider ProSoCo Weather Seal Siloxane PD or, for extremely porous surfaces, use ProSoCo Custom Masonry Sealer. Contact ProSoCo at www.prosoco.com, phone 800-255-4255 or e-mail customer-care@prosoco.com for more product information and a list of product sources in your area.

Cleaning products vary, so be sure and follow manufacturer's directions carefully for any product you selection.

Readers Write

1. I enjoy reading your column, but want to comment on textured ceiling removal. A very important fact that you left out of your article is that most textured ceilings made before 1980 contain asbestos, a very dangerous material that probably shouldn't be disturbed at all by anyone. Also, I have owned two houses built after 1980 with popcorn ceilings, which I had removed and re-textured in knockdown. This is definitely not a do-it-yourself project. I paid 80 cents a square foot to a company that specializes in spray texture removal and replacement and was very pleased with the results both times. I primed and repainted both ceilings and that alone is enough for a do-it-yourself homeowner!

2. I read your column in my Sunday paper and realize your attempt at educating the modern-day homeowner is not easy, but today you truly missed the mark.

RE/MAX AllStars
Carol Ficarra, CRS, ABR
Richard Harczak, Co-owners
"The Real Estate Superstars"

Free Market Analysis
Buying or Selling - One Call Does It All!

THE ONLY NILES RE/MAX OFFICE

CAROL'S CONDO CORNER

NILES - HOT NEW LISTING BEAUTIFUL 2 BR OLD CUSTOM 2 STY

5br, 3bth w/ formal DR, fam rm w/FP, huge kit w/CT flr, custom cabs, center island cooktop + more! Lrg deck & park like yard. Huge mstr br suite w/ jacuzzi. 2c all gar.

Call Rich or Carol
(847) 420-1238

GLENVIEW - 2BR, 2BTH

Dearlove Cove: \$238,900

Call Carol
(847) 293-7653

(847) 965-2683 OR (847) 965-2685

Perspective

continued from page 11

the future.

I've saved the hardest for last. We need to live better. Too many grudges float out there unresolved. Too many inconsequential events are given front stage in our lives. We spend too much time being hurt, angry and justified when what we really want is to be loved. Make a commitment not to be angry. Most things are too stupid to really care about. Think back on those events you thought you would never live down or that really upset you. How important are they today? If they still are important maybe it is time to ask what good it is doing you carrying them around on your back all these years?

There is nothing like true, sincere reconciliation to free the

heart of the fetters that bind it. The hurt is real, but like a cactus the harder we hold it to ourselves the worse it hurts. Place yourself in the arms of God and find peace. Let go of all the pettiness and foolish desires that simply place you in control of others and their opinions. Prayer really works. Good sincere prayer focused on finding resolution and getting the hurt all out moves you light-years ahead. Service to your fellow man also brings a special kind of peace. We can lose ourselves in service and at the other end find our hurts have been extinguished. Learning to love one another is a great gift. Go and live it.

"Life is too important to be taken seriously." - Oscar Wilde (My dad gave this quote to me on my eighteenth birthday. It took me a long time to figure out what it means.)

Exhibition

continued from page 3

competitive basis. Throughout the year, humanities experts outside of the Endowment and members of the National Council on the Humanities con-

sider all applications and advise NEH on the quality and significance of each proposed project.

Additional information about the National Endowment for the Humanities and its grant programs is available on the Internet at www.neh.gov.

Niles Chamber of Commerce
2006 Business of The Year!

YEARS OF SUCCESS IN REAL ESTATE SALES

Your Home Is Your Most Important Asset.

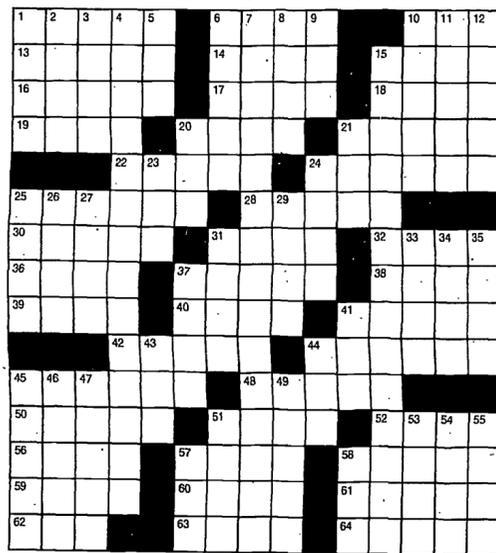
When Selling It, Experience Counts.

OUR SPECIALTY IS SELLING LOCAL HOMES FOR THE HIGHEST AVAILABLE PRICE.

- We have the EXPERIENCE
- We have the LATEST TECHNOLOGY
- We have the ABILITY to get you the HIGHEST PRICE FOR YOUR HOME

CALLERO & CATINO REALTY
7609 Milwaukee Ave., Niles
847-967-6800
Or 773-774-1900
servicing this community since 1956

WRENCHING MOMENTS



COPY NEWS SERVICE By Charles Preston

- ACROSS**
- 1 Brief but vigorous fight
 - 6 Attention-getter
 - 10 Female
 - 13 Skull
 - 14 Repeat
 - 15 "For ___ the Bell Tolls"
 - 16 Unyielding
 - 17 ___ go brah
 - 18 Enthusiastic review
 - 19 Pro votes
 - 20 Smooth
 - 21 Downy duck
 - 22 Pitched
 - 24 Cantankerous
 - 25 Old-timer
 - 28 Pull up stakes
 - 30 Stamping ground
 - 31 Fencing piece
 - 32 Switch positions
 - 36 Small world, ___ it?
 - 37 Writer Chekhov
 - 38 Mediterranean feeder
 - 39 Interlock
 - 40 Doe, of note
 - 41 Criminal
- DOWN**
- 42 Remove from memory
 - 44 Fate
 - 45 Blossom
 - 48 Evaluate
 - 50 Clear-headed
 - 51 Dashing
 - 52 Cobra kin: pl.
 - 56 Augury
 - 57 Wade across
 - 58 Proboscis
 - 59 Interpret
 - 60 Tahoe, for example
 - 61 Perturb
 - 62 Raggedy doll
 - 63 World power, once
 - 64 David's verse
 - 11 Hang over
 - 12 Abrasive powder
 - 15 Fret openly
 - 20 Goof up
 - 21 Before, poetically
 - 23 Peppery
 - 24 Exposed
 - 25 Leveling wedge
 - 26 Facility
 - 27 Sisters
 - 29 Sign brightener
 - 31 Adam's grandson
 - 33 Thin coating
 - 34 Ice sheet
 - 35 Dispatched
 - 37 Not quite closed
 - 41 Pear-shaped fruit
 - 43 Glowing hot
 - 44 Josh
 - 45 Bolanist's interest
 - 46 Brightness measure
 - 47 Bounding main
 - 49 Church officer
 - 51 Constrictors
 - 53 Cola drink
 - 54 Influence
 - 55 Goblet feature
 - 57 Winter bug
 - 58 Syrup base

Last Week's Puzzle Answers



Be the first to send in the answers to this week's crossword puzzle and your name will be listed in next week's Bugle.

- THE WINNER**
- 1st Lorraine Truskolaski
 - 2nd Leo Madura
 - 3rd Dale Trebbs

Send your answers to the editor by Fax: 847-588-1911 or E-mail: crossword@buglenewspapers.com

Spring Into Action! Get Your Projects Lined Up Now! Call For Quotes



Serving the community for 50 years!

The Bugle is published every Thursday, delivered door-to-door to 9,000 homes in Niles and available for FREE at locations in Niles, Park Ridge, Morton Grove and NW Chicago in Edison and Norwood Park. To place your ad, contact Barbara Karawacki at 847-588-1900 Ext 124

ROOFING

BIG BROTHER ROOFING, INC.

- Masonry
- Tuckpointing
- Concrete
- Kitchens
- Bathrooms
- Basements
- Additions
- Porches
- Roofs
- Docks
- Interior & Exterior Remodeling
- Siding
- Gutters

Free Estimates 773-237-7730

COUNTERTOPS

CARLSON CUSTOM COUNTERTOPS
847-673-8016

COUNTERTOP SALE

Starting At **\$44.00** per sq. ft. installed

COUNTERTOP REPLACEMENTS DONE IN JUST A DAY • THE FAST AND EASY WAY!

UPDATE YOUR KITCHEN FOR A WHOLE NEW LOOK!

www.CarlsonCountertops.com

TUCKPOINTING

MARK'S TUCKPOINTING & REMODELING CO. INC.

- Tuckpointing, Brickwork
- Masonry Repairs & Cleaning
- Masonry Violations Corrected
- Lintels Replacement
- Concrete, Dryvit
- Roofing, Gutter, Soffit & Fascia
- Porches, Decks & Dormers
- Windows, Glass Blocks & Caulking

Celebrate Our 19th Anniversary

Save 10% (773) 774-0444 (800) 481-0460

FREE ESTIMATES

HOME IMPROVEMENT

HOME REPAIRS & IMPROVEMENTS

Complete Handyman Services Since 1977

We do it all, big or small

847-824-4272

PAINTING

Spring Spruce Upl

We'll paint one regular size room, walls and ceiling, one coat of your color choice high quality paint. \$235 - completed in one day.

Ken the Painter 847-827-1178.

LANDSCAPING

Joe Lucia Landscaping Inc.

- Lawn & plant maintenance, renovations
- Brick paving, repairs
- Concret

20 years experience, insured

QUALITY ASSURED!

Niles, IL 847-696-1550

LANDSCAPING

Gom Landscaping

Complete Expert Services

- Spring & Fall Clean Ups
- Weekly & Bi-Weekly Cutting
- Gutter Cleaning Pressure Washing
- Retaining Wall & More

Owners always with the Crew

(847) 966-9565

REMODELING

Universal Builders Remodelers & Roofers

Top quality work at prices you can afford

- Bathrooms
- Kitchens
- Decks
- Windows
- Roofing
- Siding
- Gutters
- Garages

Deal direct with owner

Free estimates

Senior citizen discount

773-777-9656

708-867-6844

Fully Insured, Licensed

FENCES

Fence Facts

(NAPSA)-Homeowners can protect their privacy and the environment at the same time with fences made from 100 percent recycled plastic and wood fiber rerouted from landfills and made into a durable product that looks and feels like real wood.

Not only is the material highly attractive-with a rough-sawn texture and deep embossing, for the look of a cedar or redwood fence-it's also low maintenance. It won't rot, split or attract insects, and it doesn't fade to gray so it never needs painting, yet it costs no more than vinyl fencing.

TimberWolf(r) Wood Composite Fencing Products and Systems from FiberTech Polymers, Inc., are available in select Lowe's Home Improvement stores nationwide and are part of Lowe's Guaranteed Installation Program, so homeowners can complete the installation themselves or work with a professional.

To learn about the complete line of wood composite products from FiberTech Polymers, Inc., including fencing, edging and shims, visit www.TimberWolf.Composites.com or call (888) 24T-Wolf.

Homeowners can enjoy the beauty and privacy of real wood fencing without the yearly maintenance.

Specializing in Residential & Commercial Fence Installation

847-579-9797

VISIT OUR NEWEST LOCATION

1448 OLD SKOKIE • HIGHLAND PARK

WWW.CHAMPIONFENCES.COM

Reaching 15,000 Households Weekly

www.buglenewspapers.com

Call us At 847-588-1900 Ext.124

HELP WANTED

HELP WANTED Manufacturing

Niles Mfg. seeks individuals with 3-5 years exp., for Spring Coiler Operators. Flexible Shifts.

Also, seeking help in our shipping dept. Previous exp. helpful, cert. fork-lift operator, & knowledge of shipping software & computer literacy a plus. We offer a competitive salary & benefits. Apply in person at Lewis Spring & Mfg. Company 7500 N Natchez Ave, Niles, IL 60714 or Fax 847-647-9718

PHONE CALLS WILL NOT BE ACCEPTED - EOE

HELP WANTED Office Sales & Assistant Needed

Join our dedicated team at The Bugle Newspapers and help us celebrate 50th years of serving the community. This part-time position requires proficiency in Microsoft Office, previous administrative experience and great customer service skill.

Prior sales experience not required, but a plus. For more information contact 847-588-1900

Ext. 124. Forward resume via fax or Email: 847-588-1911 or barbara@buglenewspapers.com.

HELP WANTED Customer Service

Niles Mfg. seeks individuals with 3-5 years exp. in mfg. field for Customer Service Rep. position. Competitive wages & excellent benefits, e-mail resume with salary history to nmlundin@aol.com, 773-848-5151 or fax 847-647-9718 - EOE -

HELP WANTED Part or Full Time

Order processing manufacturer of award components seeks experienced person for Order Entry, Invoicing, Work Order & Inventory Control. Health Ins. & Profit Sharing. Send resumes to jim@smith-wood.com, by fax (773) 774-1753 or apply in person - 6150 N. Northwest Hwy. - Chicago.

ASSUMED NAME/LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, FILE NO. DO7107670 on June 01, 2007, Under the Assumed Name of New Publications, with the business located at 7116 W. Highland Avenue, Chicago, IL 60631. The true name(s) and residence address of the owner(s) is: Costel Macovei, 7116 W. Highland Ave., Chicago, IL 60631.

WANTED WURLITZERS JUKE BOXES

ALSO Slot Machines Any Condition

1-630-985-2742

Fax: 1-630-985-5151

FOR SALE

FOR SALE

Dining Room Table, 44" x 62", Cherry Wood, Queen Anne style w/pads and 3 leaves.. Located in Niles. \$350.00 OBO.

Call 847-588-1187.

GARAGE SALE

Multi-Family Garage Sale! Saturday, June 16, 2007 9:00 a.m. - 3:00 p.m.

8026 N. Ozanam Ave. Niles

Something for everyone!

Say you saw it in The Bugle!

GARAGE SALE

YARD SALE

Norwood Park Historical Society

Giant Yard Sale & Silent Auction, Sat. June 16, 8AM-4PM.

Silent Auction ends at 3PM.

5624 N. Newark (at Bryn Mawr)

773-631-4633

Admission \$1.00

Garage sale season is here!

To place your ad call 847-588-1900 Ext. 124

LEGAL

DIVISION 0 BIDDING AND CONTRACT REQUIREMENTS SECTION 00200 - NOTICE TO BIDDERS

Notice is hereby given that Niles Park District is accepting sealed bids for: Oasis Water Park. Such proposals as herein concerned shall be for the following as described:

- BID GROUP NO. 3 BID PACKAGE(S) #06, #07, #08, #09, #10, #11, #12, #13, #14, #15, #16, #17, #18, #19**
- Bid Package #06 - Carpentry
 - Bid Package #07 - Masonry
 - Bid Package #08 - Aluminum Storefronts / Glazing
 - Bid Package #09 - Drywall
 - Bid Package #10 - Painting
 - Bid Package #11 - Roofing
 - Bid Package #12 - Fire Protection
 - Bid Package #13 - Electrical
 - Bid Package #14 - HVAC
 - Bid Package #15 - Plumbing
 - Bid Package #16 - Flooring
 - Bid Package #17 - Lockers
 - Bid Package #18 - Casework / Cabinetry
 - Bid Package #19 - Overhead Doors

SEALED BIDS will be received by Niles Park District at the place, date and time stated below and publicly opened and read there:

PLACE: Niles Park District 2007 6676 West Howard Street Niles, Illinois 60714

DUE DATE: Monday, July 9th, TIME: 2:00 PM (CST) (as Date/Time stamped by Niles Park District Receptionist)

Any bid received after the time and date stated above will be returned unopened to Bidder.

There will not be a Pre-Bid Meeting for this Bid Group.

Pre-qualification of all bidders in this bid group is required prior to the bid due date. Submit one fully executed copy of AIA Document A305 "Contractor's Qualification Statement" prior to submitting this bid form. Fax copies are acceptable.

The competency and responsibility of the bidders will be considered in making awards. The successful bidder shall, upon acceptance of his bid, be required to procure and pay for a Performance Bond and Labor and Material Payment Bond in an amount equal to one hundred percent (100%) of the bid. Bonds shall comply with all laws of the State of Illinois governing public contracts let by governmental units. Bid security in the form of a Bid Bond, certified check or cashier's check made payable to Niles Park District in an amount equal to not less than ten percent (10%) of the Base Bid shall be submitted with the Bid. Bid security is required of all parties submitting a proposal. A fully executed and compliant Bid Security must be included with the Bid Form.

All Contracts for the Construction of Public Works are subject to the Illinois Prevailing Wage Act (820 ILCS 130/1-12).

The Design/Builder for this project is Wight Construction Services, Inc. All questions concerning this project or those concerning bidding requirements should be directed to Craig Polte at 630-918-8120. Questions will be received in writing, via fax (fax # 630-737-0518), until 11:00 AM (CST) on Friday, June 22nd, 2007.

The Park District reserves the right to reject any or all bids, to negotiate contract terms with various Bidders, and to waive all formalities or irregularities to any bid when such is deemed by the Owner to be in the Owner's best interests.

1) Plans and specifications may be purchased for a refundable bid deposit of \$100.00. NOTE: BID DEPOSITS WILL ONLY BE RETURNED TO THOSE WHO HAVE PLACED A VALID BID THAT HAS MET ALL BIDDING REQUIREMENTS. Order by prior reservation (allow 2-4 hours for printing) from B and H Industries (Main Location - Arlington Hts. phone: 847-593-3161; fax: 847-593-3079) after 11:00 AM (CST) on Thursday, June 14th, 2007. Cash, check or credit card accepted. (Distribution Locations) 80 Segers Rd., Arlington Hts., IL; 19 N. Union St., Elgin, IL; 4527 Prime Pkwy. McHenry, IL; 1404 21st Street, Rockford, IL, 30W250 Butterfield, Rd., Warrenville, IL, 804 Burr Oak Drive, Westmont, IL..

Complete sets of plans and specifications may also be viewed at: 2) B and H Industries - Website www.bhindustries.com - e-Plan Room - Public Plan Room - Oasis Water Park Bid Group 3 Bid Package(s) #06, #07, #08, #09, #10, #11, #12, #13, #14, #15, #16, #17, #18, #19,



Models Now Open!

COPPER SPRINGS POINT

JOIN US FOR THIS FESTIVE OCCASION



2 & 3 Bedroom Townhomes Starting at \$215,000 Located in Chicago's newest Suburb - Morris

- ✕ Insulated form construction R-40 walls
- ✕ Full Basements standard
- ✕ 2 Car Garages standard
- ✕ Open Concept
- ✕ Huge Rooms
- ✕ Luxury Amenities Available
- ✕ 2-story and Ranch units (ranch is wheelchair accessible)
- ✕ Fully landscaped lots
- ✕ Brick exterior
- ✕ Walk to shops and restaurants
- ✕ Easy access to I-80
- ✕ Great Schools

815-942-4650

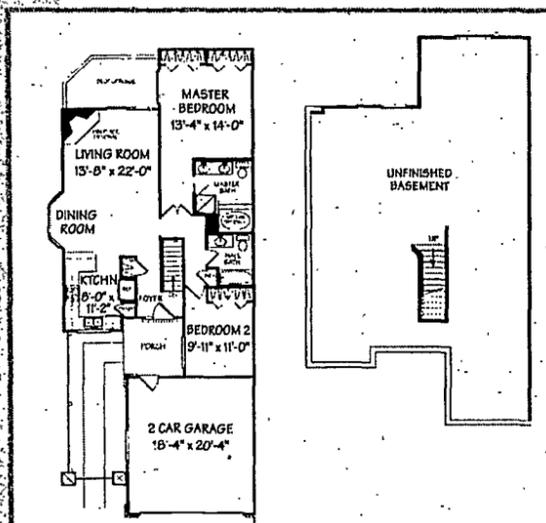
www.copperspringspoint.com

Directions to Copper Springs Point
Take I-55 to I-80 West to Rt. 47. Head South to Brentwood which is one street past Hoover on the west side of Rt. 47.



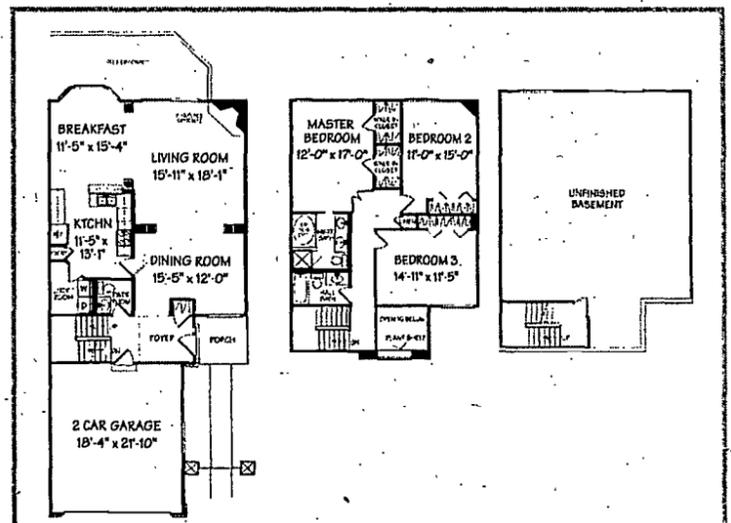
Financing provided by the First National Bank - Morris

Model Hours
Monday, Wed & Fri 10-6
Tue & Thur 10-8
Sat 10-5
Sun 12-5



Unit A
(Ranch End Unit)

- 2 Bedroom / 2 Bath Ranch
- 2 Car Garage
- 1,800 Sq. Ft.
- R-50 Insulated



Unit B
(2 Story Center Unit)

- 3 Bedroom / 2.5 Baths
- Walk-In Closets
- Dramatic 2 Story Foyer
- 2 Car Garage
- 1,979 Sq. Ft.
- R-50 Insulated