

Bob Dudycz announces retirement

By Tracy Yoshida Gruen
STAFF WRITER

Retiring from his post as Maine Township supervisor was not in his plans.

"This is not something I prepared to do," said Bob Dudycz. "It's strictly a financial and timing issue."

Dudycz is retiring from his position as supervisor, which he has been in since 2001. He said that if he did-



Bob Dudycz

Maine Twp. supervisor says financial/timing issues spur decision

n't retire this year and did so a year later his retirement benefits would have been significantly reduced.

"I'm expecting to retire no later than September 30," said Dudycz.

"I've never in my life had the pleasure of working with people as professional and outstanding as the staff of Maine Township," commented Dudycz.

"We took all kind of issues and cleaned them up," said Dudycz. "We eliminated the duplication of efforts, put together a personnel policy, consolidated resources and saved tax payer dollars and eliminated overhead from other offices."

Dudycz said that he and the staff also increased Maine Township's visibility and involvement within the community. He gave the Taste of Park

Ridge and the Total Learning Center (East Maine Dist. 63 after school programs) as examples of this community involvement.

"I've made a lot of friends," shared Dudycz. He said he will miss working with the staff members, but that he will stay involved in the community. "I'm always available to them. I'm only leaving in the sense that I won't be in this chair anymore."

Dudycz plans to stay busy as

the chairman of the Taste of Park Ridge and will enjoy spending quality time with his family, which includes three daughters and four grandchildren. He describes himself as a "young grandfather."

The four voting trustees must select someone in the same party and can start the process once Dudycz notifies them of his exact date of resignation.

"I have nothing but good things to say about my experience," he said.



Village of Niles approves 1% prepared food, beverage tax

By Tracy Yoshida Gruen
STAFF WRITER

A 1% prepared food and beverage tax was approved by the Niles Village board of trustees at the board meeting on Tuesday, May 22.

Newly elected village trustee Joseph LoVerde voted against this new tax.

"I just think at this particular time with all the taxes and increases the business are suffering enough," said LoVerde, who believes there are other areas of opportunity and creative ways to gain revenue besides raising taxes. He also feels "it may trickle down to the residents" as well.

The new tax is expected to generate approximately \$750,000 per year.

Village Finance Director Scott Neukirch said this will support the general fund and also help fund the fire and police pensions. Neukirch said the funding of pensions is a large issue in the village.

This food and beverage tax will be effective on August 1.

"Prepared food and beverage typically is anything that is available for consumption that can be eaten right away that is not in an original package," described Neukirch. Basically, it includes foods and beverages at restaurants, delis and bars.

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Niles Memorial Day Ceremony

By Tracy Yoshida Gruen
STAFF WRITER

A crowd gathered at the waterfall in Niles to remember those who sacrificed their lives for our freedom during the annual Memorial Day ceremony on Monday, May 28. "The attendance was better this year because it was publicized more in the newspapers," said past commander of the Niles VFW

Post 7712, Tom Davidson. He said that every year attendance seems to be increasing, as more people become aware of the traditional ceremony. People of all ages, from young children up to seniors, gathered in a circle to

"We don't have to believe in war in order to honor the soldiers."

Anonymous VFW Member

salute and remember those who served our country. The event included a wreath ceremony, rifle volley and a special performance by a local musician.

Village Trustee Louella Preston said that with baseball season in full motion, when people are watching games, she'd like people to remember the last line of the Star Spangled Banner, "For the land of the free and the home of the brave" and appreciate those who sacrificed their lives for the freedoms we enjoy

every day. A member of the VFW said, "We need to teach our children the day's meaning." He also said that we don't have to believe in war in order to honor the soldiers. Robert Whiteman, a veteran, said his son is a Niles policeman and is an honor guard in the ceremony. His grandchildren were also present at the ceremony. "I think everyone should be in the military," said Whiteman. "I think it's their obligation."

Niles Deputy Police Chief Charles Giovannelli and Fire Chief Barry Mueller said a few words about the significance and importance of Memorial Day. After the ceremony had finished, it was announced that Otto Novak, of Niles, wanted to play

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Cicadas?

Have the mysterious cicadas been spotted locally?
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Dons hire Keenan

NDHS hires two-time state soccer champion Paul Keenan
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A Day of Remembrance
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Have the mysterious cicadas been spotted locally?

By Tracy Yoshida Gruen
STAFF WRITER



Has the much talked about, mysterious cicada reached the immediate area?

Morton Grove Public Works Director, Andy Demonte, says he hasn't spotted any yet, even during his walks in the forest preserves.

"I think that little cold snap is probably holding them 'up,'" shared Demonte, who said the soil temperature has to exceed 64 degrees and then millions of them will emerge from the ground, a process that occurs every 17 years.

Demonte said the trees that are at risk of being harmed by the cicada are newly planted trees that are under 2 1/2 inches. Cicadas are known as plant-sucking insects.

Demonte said that reflecting back 17 years ago he does not believe the cicadas were real noticeable around his neighborhood. However, he can remember

the cicadas "bouncing off his car" while driving down Beckwith through the forest preserves.

Mike Szyska, director of the Northwest Mosquito Abatement District, said that he is interested to find out what effects the cicadas will have on the bird population and West Nile Virus.

"Numerous birds will feed on cicadas," said Szyska. Will it increase the prevalence of West Nile Virus? It's just one of those questions. I'm interested in cicadas in terms of the increase in bird population."

Throughout June, residents will be able to hear the buzzing, sometimes annoying, sound of their mating calls. After they lay egg, the cicadas die and the eggs will hatch in August. The nymphs will go back underground and the entire cycle will repeat in 2024 when they emerge once again.



Niles Police officers raise \$1,500 On The Roof Top

Dunkin' Donuts assists statewide to benefit Special Olympics

By Tracy Yoshida Gruen
STAFF WRITER

It may not be incredibly surprising to find a police officer in a Dunkin' Donuts, but how about on the roof top? For the fifth consecutive year, Niles police officers and officers from about 50 police departments throughout the state were up on the rooftops of various Dunkin' Donuts to raise money for the Special

Olympics torch run. In Niles, from about 6 a.m. to 1 p.m., police officers took turns being up on the rooftop of the Dunkin' Donuts on Dempster St. in Niles. "We reached our goal of \$1,500," said Niles Sgt. Tom Davis.

The Cop on Top fundraising event raised money for the 22nd annual law enforcement torch run in order to benefit the Special Olympics, which enhances physical fitness,

motor skills, self confidence and social skills for those with intellectual disabilities.

Last year, the torch run raised \$2 million for the Special Olympics in Illinois. During the torch run, more than 3,000 officers travel 1,500 miles carrying the "Flame of Hope" through their hometown. Davis said that the Dunkin' Donuts on Milwaukee in Niles may participate next year.

Tax

continued from page 1

The City of Park Ridge and the Village of Morton Grove also have a prepared food and beverage tax.

Also at the board meeting, the village board of trustees approved an increase in the water rate from \$3.70 per 1,000 gallons to \$3.85 per 1,000 gallons, which is a 4% increase. The increase is needed due to the higher cost of the water supply from the City of Chicago.

The water rate increase will generate \$352,197 in revenue for the village. Neukirch said every year the water rate generally increased about the same amount due to rising costs.

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Park Ridge Farmers Market to return

The Park Ridge Farmers Market will return on June 2 and will take place every Saturday through the end of October.

Farmers from Illinois, Indiana, Michigan and Wisconsin will offer fresh fruits, vegetables, herbs, flowers, plants, fresh breads, cheeses, coffee and even treats for dogs.

The farmers market is located on Prairie Avenue, just south of the Metra Station.

This season Abbey Brown Soaps will be a new vendor, selling various handmade artisan soaps.

Kids can join Brickton Art Center on June 2 from 9 a.m. to 11 a.m. to help paint a banner to fly in Hodges Park and on June 30 there will be a Fourth of July project.

Those who have comments or ideas for the market committee can call Barb Beil at (847) 318-5217.

Morton Grove resident drowns

Turbulent waters cause turmoil in heroic effort

By Tracy Yoshida Gruen
STAFF WRITER

A 27-year-old Morton Grove resident died after trying to save his friend who

slipped and fell into the Mississippi River on Saturday, May 19. Jimmy Acoba, 27, of Morton Grove and Jacob Kacal, 23, of Chicago, were fishing along the riverbank near Lock and Dam 14. Hampton Police Chief Robert Fuller said that the Chicago man dropped his fishing pole into the water and when he

was trying to get it he slipped and fell into the river. Their bodies were recovered from the Mississippi River. "Jimmy went in to help him," said Fuller, who said the Chicago man probably did not know how to swim. Fuller said the water is "pretty turbulent" in the area of Lock and Dam 14. "We got the call at about 3:20

p.m.," shared Fuller. A bystander also grabbed a life preserver and jumped in the water in an attempt to save the two fishermen. Fuller said the bystander was rescued by the Hampton Fire Department. Fuller said that many people from the Chicagoland area visit that area to go fishing.

Red Wings Shoes Store comes to Morton Grove

Red Wings Shoes store was recently opened at 7921 Golf Road in the Washington Plaza Shopping Center in Morton Grove.

Established in 1905, Red Wing Shoes specializes in boots and safety footwear that offers outstanding traction and comfort in addition to

resistance to damage from oil, heat, chemicals and other common elements that may be found in a workplace. Many of the shoes are steel-tipped in order to protect the toes. The store offers both men's and women's sizes.

Mike Poltersdorf is the manager of the new shoe

store. This location was selected due to its proximity to several large employers and to serve the needs of residents in the Morton Grove, Niles, Skokie and Glenview area.

One fact that the company is proud of is that most of its products are union-made in the United States. Durable

work clothing items are also sold, as well as a variety of accessories and cleaning products for shoes and boots. A new line of casual footwear for both men and women is also provided.

The company has 10 other stores in the Chicagoland area.

Lincoln Middle School's Kara Dabe receives Hendee Scholarship

The Rotary Club of Park Ridge named Kara Dabe the 2007 scholarship of the Raymond E. Hendee Rotary Scholarship.

Dabe is an eighth grade instructional resource teacher at Lincoln Middle School. She plans

to use the \$1,000 scholarship for graduate coursework at Depaul University on current instruction and research on reading and learning disabilities.

This scholarship is given in memory of the late Dr. Hendee,

the superintendent of School Dist. 64 from 1970 until 1990 when he retired. He was committed to serving the community as a Park Ridge Rotarian for many years.

The applicants for this scholarship must be teachers at Dist. 64.

Dabe was expected to be honored at a rotary club meeting on Wednesday, May 30.

Rotarian Marta Hoover stated in a press release, that this year's applicant for the Hendee scholarship were "all very strong."

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Chickens, rooster trespassing at residence

MORTON GROVE

1 Chickens Running in Backyard (8600 block of Lillibet Terrace)

A complainant told police that there were chickens running loose in her backyard on Sunday, May 13. On May 10, Morton Grove Police also got a call that a chicken and a rooster were found in the backyard of a residence in the 8600 block of Major.

2 Suspicious Man Follows Woman (8700 block of Georgiana)

While a resident was walking her dog southbound on Georgiana from Smithwood she passed a man wearing all black and tan shoes in the 8700 block of Georgiana on Wednesday, May 23. After she passed by, the man started to follow her, said police.

3 Camera Taken from Vehicle (8600 block of Callie)

A digital camera was taken from a vehicle in the 8600 block of Callie on Wednesday, May 23. The rear passenger window was smashed out, police said. The camera has a value of \$200.

4 Fraudulent Phone Call (9400 block of Octavia)

An unknown male called a resident and said he worked for Nicor and asked for the last four digits of the resident's social security number on Thursday, May 17. Police said the resident gave the suspicious caller his social security number. Police said the phone call came from a number with a 718 area code.

5 iPod Stolen from Vehicle (6800 block of Dempster)

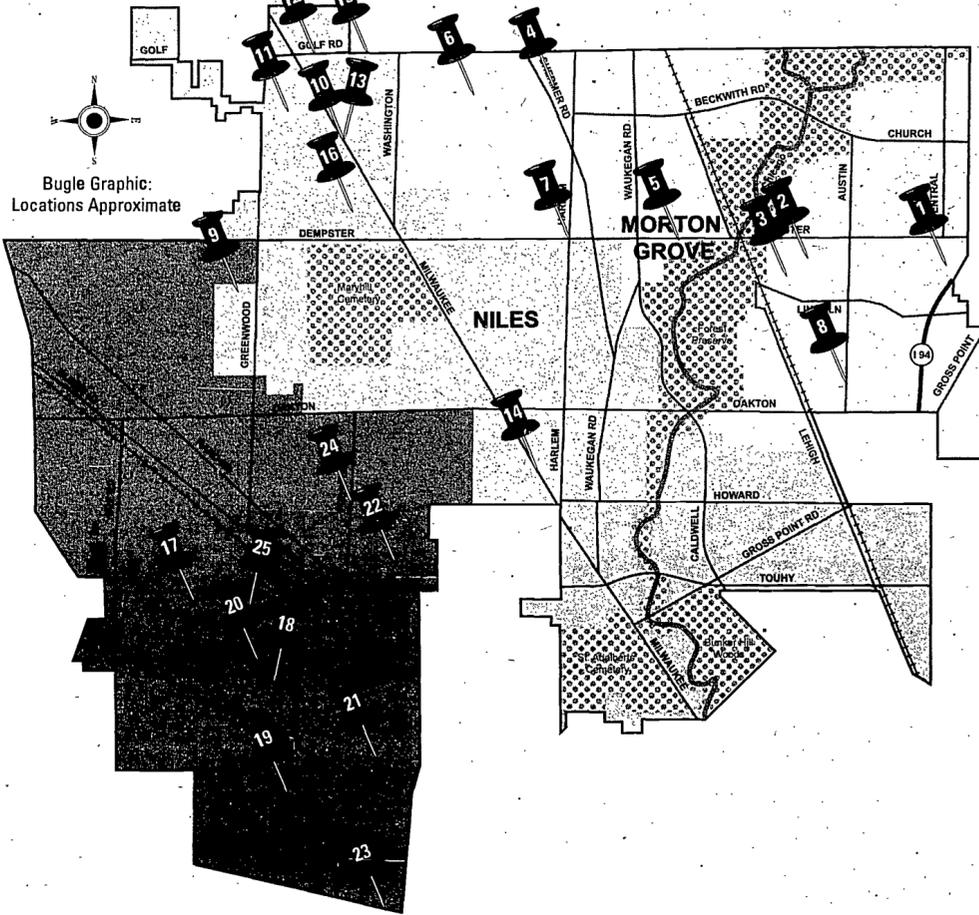
Unknown person or persons took an iPod, credit card and money from a vehicle in a parking lot in the 6800 block of Dempster on Tuesday, May 22.

6 Gang Graffiti (9300 block of Overhill)

Unknown person or persons defaced village park playground property with gang graffiti in the 9300 block of Overhill on Monday, May 21. The amount of damage is unknown at this time.

7 Wallet Stolen While Shopping (7200 block of Dempster)

A wallet was stolen while a woman was shopping at a store in the 7200 block of Dempster on Tuesday, May 22. No offender or witness information is available.



Bugle Graphic: Locations Approximate

8 Possession of Cannabis (Austin/Cleveland)

An 18-year-old Morton Grove man was arrested on Saturday, May 19 for possessing a small trace amount of cannabis. The suspect was later released without charges.

NILES

9 Heroin Overdose (8700 block of Stotling)

A resident of the 8700 block of Stotling was unresponsive, sitting on the edge of the bathtub and then fell to the floor on Thursday, May 24. The resident admitted she overdosed on heroin.

10 Burglary to Locker (9200 block of Milwaukee Ave.)

Unknown person or persons removed the padlock from a women's locker and took a purse, \$20 in USC and an ID card on Wednesday, May 23.

11 Subjects Use Baby Carriages To Conceal Items (400 Golf Mill)

Two subjects were caught concealing \$75 worth of clothing inside of baby carriages at a store at 400 Golf Mill on Saturday, May 19. The subjects were cited for petty theft and fines were paid at the scene.

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12 Burglary to Vehicle (8500 block of Golf Rd)

A hard object was used to break the right front window of a vehicle in the 8500 block of Golf Road on Tuesday, May 22. A \$675 GPS system and a \$180 radar detector were taken from the vehicle.

13 Burglary to Restaurant (9200 block of Milwaukee Ave.)

Unknown person or persons took \$300 to \$400 from the jukebox in a restaurant in the 9200 block of Milwaukee Ave. on Tuesday, May 22.

14 Burglary to Auto (7700 block of Milwaukee Ave.)

A purse, cell phone, wallet, gas card and bank card were taken from a vehicle in the 7700 block of Milwaukee Ave. on

Tuesday, May 22. Unknown person or persons entered the vehicle through an opened passenger side window of the vehicle.

15 Retail Theft Arrest (8200 block of W. Golf)

A 32-year-old Niles woman was arrested on Thursday, May 24 for retail theft in the 8200 block of Golf Road after stealing \$205.96 worth of groceries. The bond is set at \$1,000 and the court date is June 11.

16 No Valid Drivers License (Prospect/Oak)

A 28-year-old Niles man was arrested on Tuesday, May 22 for driving without a valid drivers license. The man was speeding 64 mph in a 35 mph zone. His bond is set at \$2,000 and the court date is June 21.

PARK RIDGE

17 Soccer Net Set On Fire (100 block of S. Western)

Unknown person or persons set fire to the soccer goal net

on the south end of the field at Centennial Park in the 100 block of S. Western on Friday, May 18. The estimated cost of the damage is unknown.

18 Burglary to Residence Under Construction (500 block of S. Clifton)

Unknown person or persons entered a residence under construction by cutting a steel chain and lock from a construction fence and forcing open the rear door of the house in the 500 block of S. Clifton sometime between Thursday, May 17 and Friday, May 18. Miscellaneous construction equipment and tools were taken.

19 Bike Stolen (1300 block of S. Cumberland)

A bike that was parked unlocked between the church and school in the 1300 block of S. Cumberland was stolen on Saturday, May 19. The bike has an estimated value of \$380.

See Blotter, page 7

Blotter

continued from page 6

20 Rock Thrown at Vehicle Window (400 block of S. Chester)

Unknown person or persons threw a rock through the front passenger window of a victim's 1999 Toyota 4-Runner in the 400 block of S. Chester causing the window to shatter between Monday, May 21 and Tuesday, May 22. The estimate cost of the damage is unknown, said police.

21 Burglary to Vehicle (1100 block of S. Vine)

An MP3 player, wallet, checks and \$5 in USC were taken from a vehicle parked in a driveway in the 1100 block of S. Vine sometime between Monday, May 21 and Tuesday, May 22. Unknown person or persons entered the 2005 Ford Escape by forcing open the front passenger window.

22 Vehicle Mirror Damaged (200 block of Merrill)

Unknown person or persons destroyed the outside rear view mirror on the victim's 2001 Nissan Xterra parked on the

street in the 200 block of Merrill sometime between Monday, May 21 and Tuesday, May 22. The estimated cost of the damage is unknown.

23 Spray Painted Markings on Mailbox (100 block of W. Higgins)

A police officer observed markings spray painted on a mailbox in the 100 block of W. Higgins. The damage was done sometime between Friday May 18 and Sunday, May 20, said police.

24 Possession of Cannabis (Sibley and Prospect)

A 17-year-old Park Ridge man was charged with possession of cannabis on Saturday, May 19. He was released on his own recognizance and his court hearing date is July 10.

25 Zero Tolerance (100 block of S. Greenwood)

An 18-year-old Park Ridge female was charged with zero tolerance with respect to the use of alcohol on Sunday, May 20. She was released on her own recognizance and the court date is June 12.

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Good Luck Andy

Well, here I am editing the Bugle again. You hear all the time how we need to go back to the basics at times to stay sharp well I hope I get sharper for you at least until we find a replacement for our departed Editor Andy Schneider.

We here at the Bugle are all sad that Andy has chosen to pursue another opportunity. He must have taken my words to heart when I hired him 3 years ago, I said, "Andy if you are not at a big city newspaper in 3 years I will fire you." My thinking was if he becomes any good at this job, he should be recruited away by the big boys in this industry. Well he deserves to grow his career after his time spent here making the Bugle what it is today. He helped grow the Bugle when we added two new Bugles one in Romeoville and the other in Bolingbrook. More than his accomplishments at the Bugle Andy should be honored for his being a good



Richard Masterson
PUBLISHER

guy. He is well respected by many, I get numerous comments how Andy has impressed them with his charm and personality. You should know if you never had the opportunity to meet him, he had great integrity for you the reader and took his responsibility very seriously, very important qualities for today's seasoned journalist.

Andy we will miss you,
Good Luck!

Why Abstinence Fails

Expecting more from children should be the goal of every parent and good adult, but instead we seem to think less and less of our children with each passing year. Recently, a study purported to prove that abstinence only sex Ed teaching was a failure. Is that right?

A generation ago the raciest television show was Mary Tyler Moore. You would come home from school and watch Andy Griffith or My Three Sons. Kids did not go to R rated movies and people asked your age and did not let you in. G rated movies were not peppered with sexual innuendo (it is over their heads, until they grow up and then it seems like, well, natural). Today children have no respite or protection from sex. It is everywhere you look.

Radio talk shows discuss it all day long and inject it into news programs. It is weird to hear grown ups giggling like pre-schoolers over some sex story. We just let it all hang out. Kids get it from television and movies, but songs which used to have some innuendo are now explicit. Music and lyrics are slathered with sexuality that borders on depravity. What is a child to think?

Children are net accepters of this world and depend on adults to set things straight. Teachers were not in the news chasing their students for sex. You had respect for your teachers and they for you and themselves. Stories of these depraved predators leaving husbands for eleven year old boys are just a reflection of how far we have gone off track. A few years back, during a car wash to raise funds for a local non-profit young girls, about 9-11 years old, described a sports



Another Perspective
MORGAN DUBIEL | COLUMNIST

car as "pimped". This comes from television and the desire of some nuts to make good bad and bad good. A pimp is someone who forces a woman into prostitution by threat of physical- or psychological harm, mostly both. Pimp is not a compliment, yet t-shirts with the words "Future Pimp" and "Future Ho" were sold in sizes from 3T on up. Is that the future we want for our kids? The message being sent out to children (and adults for that matter) is that sex is it, but it is not the truth.

Find the successful marriage that is built on sex. Sex is a part of marriage and can, appropriately, be both important and good. But, no relationship of any lasting value can be built on it. Marriages and relationships must be built on friendship and trust not on selfishness and lust. Generations past understood this and put sex and human sexuality in its proper place. Sex is not the reason of our existence. It is only a means.

Each of us is here because of it, yet the ancients did not have Sex Ed classes. How did they do it? I mean how did they get through life without being titillated and warmed up in their youth? Years ago, self-restraint mattered. People were expected to control their passions. Now, our idols are girls gone wild like Paris Hilton, Brittany

Spears, and company. The two best questions to ask yourself are where will it lead and does it edify? Answering these will go a long way in protecting not just our children, but ourselves.

The good news is that for the first-time sales figures for the most vulgar music are falling. People are realizing that we have gone too far and are pulling back, while looking for higher standards for themselves and their families. But new dangers are cropping up all the time. A recent survey revealed that 60% of adults believe that their children had NOT accessed sexually dangerous internet sites, while 80% of fifteen to seventeen year olds have reported having multiple hard-core exposures to porn sites, and 20% of teens have been solicited for inappropriate relationships on-line. The battle is being waged and we and our own children are the prey.

Why then, is abstinence or chastity so important? It is the one sure preventative of sexually transmitted diseases, this is true. It keeps marriage and marital intimacy in a special and exalted place as well. But, abstinence also elevates the human spirit. Men and women who practice abstinence will never have to suffer the consequences of abortion or an out of wedlock birth. They will never have to live through the counterfeit relationship created by sexual promiscuity. In our search for true love, a search that each of us desperately wants to win, which is to be loved and to love, we too often stop to quench our thirst at a muddy watering hole. When, with just a little more patience, a fresh, clean spring lies ahead.

Higher standards never hurt anyone.



Liberty Bank for Savings awards Nine \$3,000 College Scholarships

Liberty Bank for Savings hosted a recognition dinner May 22 for the winners of its Annual College Scholarship Program. Liberty has sponsored this program for the last nine years. This year more than 80 deserving high school seniors applied and Liberty Bank awarded nine \$3,000

scholarships. The nine winners, with their families, representatives from their schools and judges were in attendance. The 2007 Scholarship Winners are: Oscar Bahena, Steinmetz High School; Leah Bettag, Mather High School; Rachel Chavez, Steinmetz High

School; Jennifer Fornek, Trinity High School; Mary Beth Gronck, Guerin High School; Mariya Hushchyna, Steinmetz High School; Kathleen Kowalski, Resurrection High School; Brian McGuigan, Notre Dame High School; Keith Nelson, Maine South High School.

Liberty Bank for Savings to host 'Shredding Day'

The public is invited to attend a free Shredding Day at Liberty Bank for Savings' Main office, 2392 N. Milwaukee Ave., in Chicago. The event will held from 9 a.m. to 12:30 p.m. on Saturday, Jun. 30, 2007. Protect yourself from identity theft and get rid of unnecessary financial documents. You can bring up to 25 lbs. to be shredded.

There is no charge and reservations are not required. For more information on this Liberty Bank for Savings event and other spring activities, call Susan Andrews at 773-489-4458.

FINANCIAL UPDATE



Despite advances, Most hospitals are years away from fully computerized systems

By Keith Darcy
COPLEY NEWS SERVICE

Hospital records aren't what they used to be at Tri-City Medical Center.

Emergency room doctors record orders for lab tests, medications and treatments on wireless tablet computers. Nurses on the in-patient floors enter vital signs into rolling laptop computers. And digital X-ray images are available on computer screens throughout the Oceanside, Calif., hospital moments after they are taken.

This kind of technology was a novelty just a few years ago, but now most hospitals across the country use some sort of electronic medical records system - a technological leap proven to reduce medical errors and one that many think is key to slowing runaway health care costs.

Several RAND Corp. researchers predicted that electronic health records could save hospitals and doctors \$513 billion over the next 15 years, savings that could be passed along to insurers and patients, according to a 2005 article in the journal Health Affairs.

A trip to Tri-City suggests that the digital age has finally arrived in health care, but looks See Update, page 10

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Exemptions can save money on your property tax bill

By Maria Pappas
COOK COUNTY TREASURER

Take the time to file so that you get all the exemptions you have coming.

The Treasurer's Office prints and collects the tax bills. Exemptions are issued by the Office of the Cook County Assessor.

To receive applications, call the Assessor's Office or find the forms at www.cookcountyassessor.com

To see if you missed an exemption over the last three years, get your Property Index Number (from your bill or deed), then visit the Treasurer's Office website at www.cookcountytreasurer.com and touch "exemption history."

If our website shows that you have missed an exemption, you may be able to file for it and receive a refund. Refunds can

total hundreds or even thousands of dollars.

Here are major exemptions (to confirm qualification features check Assessor's Office at www.cookcountyassessor.com or 312.443.7550):

Homeowner's exemption

- Owner lives on the property as his or her primary residence.
- Renews automatically every year.
- Can save between \$300 and \$2,000 a year.
- Senior citizen exemption
- Owner-occupants are at least 65 in the tax year filed for.
- Apply to renew each year.
- Saves about \$200.

Senior citizen assessment freeze

- Locks in the taxable value and grows in value over time.
- Household income is no more than \$50,000 and taxes

must be paid.

- Apply to renew each year.
- Can save thousands of dollars a year where area assessments increase.

Home improvement exemption

- Can make \$75,000 in improvements without increasing the taxable value for at least four years.

File for any exemptions for which you qualify, and they could be reflected on the Second Installment tax bills later this year.

If you have questions, visit the Treasurer's and Assessor's websites or call my office at (312) 443-5100.

Maria Pappas is the Cook County Treasurer. Send questions to Count On Us Tax Tips, Cook County Treasurer, 118 N. Clark St., Suite 112, Chicago, IL 60602-1332.

Update

continued from page 9

can be deceiving. Despite undeniable advances, most hospitals and doctors remain years away from full-scale electronic records and for those that do use electronic records, there is little, if any, way to share information.

It wasn't supposed to be like this.

For nearly two decades, physicians, health experts and even U.S. presidents have declared the nation within reach of the holy grail of medical information technology: a vast computerized network linking hospitals, doctors' offices, pharmacies, laboratories, clinics and insurers that would allow a patient's comprehensive medical record to accompany him around the nation's fractured health care system.

"We call the electronic health record a perpetually emerging technology," said Sam Karp, vice president of programs for the California Healthcare Foundation, a nonprofit group that has helped fund several health care technology efforts.

Creating this system has proven much more difficult and costly than anyone predicted.

Many health care providers have run into problems incorporating new software systems into current systems.

The health care and software industries have been slow to adopt technical standards that are needed to allow different computer systems to talk to each other.

Some health care providers, particularly doctors, have been reluctant to invest heavily in new technology without assurances that they will reap the financial savings created by the investment.

And the legal mandate to protect patients' privacy remains a vexing challenge for those creating systems designed to share information.

After declaring in 2003 that San Diego County was only a year away from establishing a regional data network that would tie together 19 hospitals and dozens of physician practices, Dr. Stephen Carson of the San Diego County Medical Society Foundation now admits his prediction was far too ambitious and optimistic.

"I was really naive in my thinking and understanding," he said recently.

Carson isn't the only one who badly misjudged the pace of medical records computerization.

Recently, in Dallas about 3,000 gathered for Toward the Electronic Paper Record, a health care technology conference put on annually since 1984, when Ronald Reagan was president and "Footloose" topped the music charts.

The irony of the meeting's name isn't lost on Peter Waegemann, chief executive for the conference organizer, Boston-based Medical Records Institute. "I keep saying if we would have a banking industry meeting every year (with the same name) we would be laughed out of the room," he said.

In 1991, the Institute of Medicine, a medical research group associated with the National Academy of Sciences, called for all of the nation's doctors to use computerized patient records within a decade. In 1994, President Clinton extended that deadline to 2004.

More recently, President Bush called on the industry and government to create comprehensive electronic health records for most Americans by 2014.

About 68 percent of the nation's 6,000 hospitals have implemented some type of electronic medical records system, according to a 2006 survey

by the American Hospital Association. But most of those systems operate in only portions of the facilities, such as in pharmacies, radiology or laboratories.

And while many hospitals have computerized nursing records, few systems let doctors enter orders for tests, medications and treatments.

Perhaps the biggest challenge is creating links between health care providers that will allow patient data to follow patients as they move among hospitals, doctors and insurers.

With some support from the federal government, health care communities in recent years have created more than 200 so-called regional health information organizations. But with limited funding resources and tepid support from health care providers focused on their own internal technology initiatives, few regional groups have gotten off the ground.

The movement took a hit at the end of last year when the Santa Barbara County Care Data Exchange, one of the oldest in the country, shut down after spending at least \$20 million over the past nine years trying to electronically link three hospital systems, county health care programs and dozens of doctors.

Ceremony

continued from page 1

his harmonica. Novak played Amazing Grace and the Star Spangled Banner. He asked everyone to sing along to the Star Spangled Banner and pretty soon many people started to sing the patriotic song. Novak said that he has played at chamber events and other local events. He was an airforce sergeant in World War II and said he started to play the harmonica as a 12-year-old boy during the Depression. Residents cheered and clapped after Novak's performance.

Honor

continued from page 4

assigned to the patrol division and was in charge of a shift.

In 2000, Scheel was in charge of an investigation of a home invasion/rape, which led to the offender being captured and successfully prosecuted.

Scheel was also involved in a homicide investigation in which he personally interviewed the suspect and obtained a confession that resulted in a homicide conviction and sentencing of 15 years.

Scheel was promoted to the rank of division commander and retired on May.

HAVE YOU HEARD

Adoption Made Easy: Come play with



This summer, the Windy City Animal Foundation and Petsmart are making your decision to adopt a little bit easier. Every Tuesday and Thursday from 4-5pm, the Niles Petsmart in the Four Flags Mall (8287 W. Golf Rd.) will welcome visitors to come and visit with the variety of cats and kittens that are up for adoption through the Windy City Animal Foundation. Adopting is easy. First, select your purrfect companion. Next, complete a WCAF

adoption application either in the Petsmart Cat Adoption Center or online at www.windycityanimals.org and return it to Petsmart. After the application has been approved, you will receive a call from a Petsmart manager to set an adoption finalization date. Additionally, on the first and third Saturday of every month volunteers from the WCAF will also be available to help from 1-3pm and guests are welcome to inquire about and finalize adoptions for the

cats and kittens. All WCAF cats and kittens that are ready for adoption have been spayed/neutered and are up to date with shots.

Brought to life by a group of dedicated individuals, The WCAF promotes community relations and public awareness of ethical animal treatment. The mission of The WCAF is to reduce the number of cats and dogs that are homeless, abused, neglected or on their way to euthanasia and to increase spay/neutering programs, good animal training practices and animal adoption placement. Feel free to visit our website at www.windycityanimals.org for more information on the how you can get involved.

Boys Summer Dodgeball League

Niles Park District is proud to present Boys Youth Dodgeball Leagues, Grade 4-8. Games are fun, safe, competitive and exciting. Each team will play 10 matches and team jerseys are supplied. Sign up as a team of 6 or an individual. Session runs July 21 to August 25 from 1:00-5:00 p.m. Fee is Res \$39; Non-Res \$44 and registration deadline is July 21. For more information, please call (847) 967-6975.

June Summer Fests at Oak Park

Join the Niles Park District in June for Fun in the Park! Every Friday in June we offer FREE entertainment at Oak Park from 6:30-8:00 p.m. Questions, call (847) 967-6633. Here is what we have planned:

Friday, June 8 Down Home Family Fun

Down Home Family Fun will be happening at Oak Park. Your family can listen to the tunes of the very popular White Saddle Band. Children can take a pony ride and enjoy the petting farm.

Friday, June 15 Music in the Park

Music will fill the park as the Sting Rays are playing a variety of 50's, 60's and 70's popular music. Face painting and a balloon artist will be around for children.

Friday, June 22 Vehicle Adventure

The Only Sons, one of Chicago's most sought after bands, will play 70's, 80's and 90's greatest hits. Check out Niles Park District and Village of Niles large vehicles. Niles Police Department will be offering Free Car Safety Seat Checks.

Our Lady of Ransom Annual Fun-Fest 2007

Friday, June 29 Penny Carnival Night
The always crowd pleasing Saxophones will play, to keep you moving and singing to the beat. Niles Park District summer camp kids will create penny carnival games for everyone to play and win prizes. So bring your pennies and be ready for some old fashioned fun.

Our Lady of Ransom Parish in Niles will hold its 16th Annual Fun-Fest on the parish grounds located at Greenwood and Normal Avenue, beginning June 20-24, 2007.

This year we will once again feature indoor air-conditioned bingo, a beer garden, carnival rides, nightly entertainment, our grand cash raffle, food and ware vendors. An outdoor Mass will be held on Sunday, June 24th at 12:15 PM. Everyone is welcome. Admission and parking are FREE. There will be something for everyone to enjoy. For more information please call 847-823-2550.

St. John Brebeuf's Super Flea Market



St. John Brebeuf's Annual Super Flea Market sponsored by SJB's Youth Ministry and Boy Scouts will be held on the school parking lot at 8307 N. Harlem Avenue on Saturday, June 2nd from 9:00 AM until 3:00 PM. Admission is 50c. Food and beverages will be available throughout the day at nominal prices.

There are a few vendor spaces remaining. For information call Kathy Barnat 847-255-3543.



FOUR LOCAL HIGH SCHOOL STUDENTS RECEIVE AWARDS FROM EDISON-NORWOOD-O'HARE KIWANIS

Leadership and Community Service Awards were presented to four students from two local high schools by the Edison-Norwood-O'Hare Kiwanis Club. The awards recognized each student's voluntary contribution to community through leadership and active participation in school organizations. Making the presentations to Resurrection High School senior Erica Kainer (\$250 college scholarship) and sophomore Roselyn Finedore (\$100 U.S. Savings Bond) are: Marcia Mahood (left), scholarship committee chair; and Mike Cornfield (right), Kiwanis Club president; while Elfie Smith, counselor, Mike Longo, Key Club advisor, Jo Marie Yonkus, principal, and Joan Campetto, counselor, joined in the ceremony. Other award recipients included Ridgewood High School senior Angelica Golebiowski (\$250 college scholarship) and junior Matthew Bishop (\$100 U.S. Savings Bond). The presentations took place during a special luncheon on May 10 at Norwood Crossing (formerly Norwood Park Home), 6016-20 N. Nina Ave. in Chicago. Norwood Crossing is a not-for-profit retirement residence that has been meeting the needs of older adults since 1896, serving Norwood Park, surrounding communities in Chicago and nearby suburbs. The Edison-Norwood-O'Hare Kiwanis, an international organization that fosters community service, leadership and self-improvement, meets twice a month at Norwood Crossing.

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Niles to Renew MEG Drug Fight

Thursday, January 12, 1978

By Alice M. Bobula

Niles trustees Tuesday night voted to renew village participation in the Cook County Metropolitan Enforcement Group (MEG) following petition by police Chief Clarence Emrikson for manpower, unmarked car and extra funding.

MEG, an undercover drug investigation unit in the suburbs, was officially disbanded June 30, 1977 upon expiration of a federal MEG grant through the Illinois Enforcement Commission (ILEC). Further state funding

had been declined by Governor Thompson.

Emrikson said drug arrests had declined tremendously, indicating that "drugs are around, but there have been no organized arrests in Cook County since MEG closed down." Since local communities are not able to cope individually with the problem the police chief said a conference with police chiefs of other towns resulted in a decision by each participating village to provide an officer, car and other funding to continue MEG on local levels.

Chamerski Critical of Non Resident Park Hiring

Thursday, January 19, 1978

By Alice Bobula

Park commissioner Steve Chamerski Tuesday night denounced park district policy of hiring "out of towners" for key park positions.

Chamerski noted more than half of park employees were non residents, that the park "was run by a Des Plaines resident" (Park director Bill Hughes lives in Des Plaines).

"Why must we go out of town to hire people?" he asked. "Out of 32,000 residents, we must be able to find qualified

ERA Callero & Catino Celebrates Expansion



Hosts W.C. Walters (left) and Frank Catino (right) welcome guests Don Babicz and Norbert Babicz of Norwood Federal Savings to recent open house party to show expanded new offices at ERA Callero & Catino Realty in Niles. Realtor doubled its facilities in anticipation of continued growth in residential, commercial and industrial sales.

Nilesites to fill park needs.

Park Board President Millie Jones commented that "qualified people cannot always be found in the village, therefore we must seek outsiders."

Chamerski spoke out during the January 17 meeting immediately after the park board was informed that new employees, both out of towners, had been hired. The park commissioner said he was not made aware of the pending employment, he had not met the two men nor did he know the salaries commanded by the positions.

Police Seize 7-11 Robbery

Thursday, March 16, 1978

Cook County Sheriff's Police investigators early Monday morning (March 13) foiled an armed robbery in Des Plaines when they arrested a Niles man, who is currently on parole from a previous armed robbery conviction and his female companion.

Sheriff Richard J. Elrod said Dennis Hunter, 24, 7840 N. Octavia, Niles, was shot in the back of the neck by Investigator Terrence DeGelder as the alleged armed robber raised his 20-gauge sawed off shotgun in defiance of the investigator's order to "freeze."

The incident occurred at 12:15 a.m. Monday at the 7-Eleven Store, 2570 Ballard, Des Plaines.

Arrested with Hunter by investigator James Pokryfke was Diane Robak, 22, 9906 Wendy Way, Niles, who accompanied Hunter during the alleged armed robbery.

Good Samaritan Saves Injured Dog

Thursday, April 20, 1978

A beautiful 30 lb. part terrier is at the Morton Grove Animal Hospital waiting for its owner or a new owner to adopt the dog.

Debbie Jelm, a Golf Road resident, saw the dog laying on the road in front of the Avon plant on April 12.

One fourth of its body was paralyzed. Debbie, a student in the emergency medical technician program at Lutheran General Hospital, was told the dog was dead, but she noticed eye movement and other signs of life and assumed the dog was in shock. She immediately applied treatment for shock. When the police took the dog to the animal hospital, Dr. Cook worked on the dog using life saving measures.

Beautification Committee Seeks Local Input

Thursday, May 11, 1978

A second and final public hearing was held May 2 on proposed Milwaukee Ave. improvements following the guidelines set forth in a Metcalf and Eddy engineering firm study of the "Comprehensive Development Plan for the Milwaukee Ave. Corridor."

The ultimate goals of the study are directed toward upgrading, improving and preserving Milwaukee Ave. by way of landscaping, road and sidewalk improvements, traffic channelizations, improvement of traffic flow and overall beautification.

While the concept of planning had been approved by trustees last year, a beautification committee chaired by Trustee Richard Harczak had hoped for citizen input on various locations along the mile long roadway going through Niles.

Harczak said the 10-year projected program would be set under direction of a coordinator who would seek out funding for the program.

Blase: "Congratulations, your papers did it"

Thursday, June 1, 1978

By Diane Miller

In a surprise move Wednesday, May 24, officials of Northern Illinois Gas Company's main offices in Aurora telephoned Niles Mayor Nicholas Blase and informed him they planned to absorb approximately \$6,000 in losses representing utility bills which Niles residents had paid to Edmund Laski, owner of Niles Drugs, 8001 N. Milwaukee Ave. Niles.

Laski never turned the money over to the utility and consequently even though approximately 50 residents had received gas bills, Northern Illinois Gas contended the Nilesites were liable for the bills.

On Thursday, May 25 Mayor Blase telephoned the Bugle and stated, "Congratulations, your papers did it!" He told Bugle editor, David Besser, the recent series of articles in the Bugle were instrumental in NI-Gas's decision to accept responsibility for the receipted bills.

Dons hire Paul Keenan for Soccer Team

Notre Dame High School has

hired two-time Illinois state champion soccer coach Paul Keenan to be its new head soccer coach effective immediately. Keenan, who most recently spent three years as head coach at Leyden High School in Franklin Park, has a 450+ record of wins as a head coach since 1987. With his selection as NDHS' head coach, Keenan comes full circle since he started his career as a head soccer coach here in 1987.

"I'm very excited and looking forward to the challenge of coaching at Notre Dame. It's kind of like coming home since I began my head coaching career there. I was head coach there for one year before coaching at Palatine for four years after that," said Keenan who has also been head coach at St. Charles and Barrington

high schools.

"Notre Dame has always been close to my heart. I went to a Catholic boy's school when I was younger and I feel very comfortable at Notre Dame," he added.

A standout assistant coach, head coach and player in his own right, Keenan, who hails from Newry, Northern Ireland, was a four year varsity starter at the University of Manchester in England. He has also played semi-professional soccer in Chicago's Metro League for the Lions and Vikings soccer clubs.

A tremendously successful head coach, Keenan has had zero losing seasons in 21 years of coaching. From 1995 to 1997, his St. Charles High School team won back-to-back state championships and went undefeated with 65 wins. He

has coached teams to eight Elite Eight appearances and won six State Final Four trophies.

"Paul Keenan is going to bring Notre Dame High School soccer to a whole new level. He's an outstanding soccer coach and one of the best in the state of Illinois," said NDHS President Rev. John P. Smyth. "He's a great man of character and he's got vision, expertise and talent in the area of soccer. We're pleased that he will be part of Notre Dame's future." "It will be good for Notre Dame to have Paul Keenan here. He brings a wealth of knowledge to the game of soccer," said Athletic Director Michael Hennessey. "It's going to be very beneficial for our young men."

"I'm looking forward to getting to know the Notre Dame

students and working with them. I'll be teaching physical education there too so I'll get to know them well. I'm looking forward to building a new tradition of winning here," said Keenan. "I think we need to maximize the potential we have and also get more students to come out for soccer." In addition to coaching high school level soccer, Keenan has also taught soccer skills to thousands of Chicago area youth throughout the years including nine years as Director of Coaching at the Euro soccer club in Techny (Northbrook area) and Lincolnshire. He will hold a mini-camp for NDHS players this summer to assess their skills. He will also hold soccer camps in the summer for grammar school and incoming freshman students.

"I won't have to go far," Keenan, a Niles resident, said with a chuckle. "I live five blocks away so Notre Dame is practically in my backyard."

For more information about the soccer camps and other summer athletic camps at Notre Dame High School, please call Judy Byrne in the NDHS Athletic Department for more information at 847.779.8650 or email her at jbyrne@ndhsdons.org.

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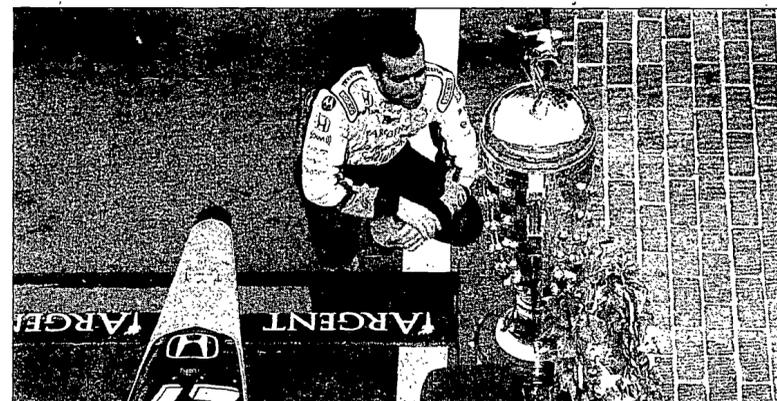
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Winners Circle

Race winner Dario Franchitti poses with the winners trophy on the patch of brick at the finish line. (Photo Credit Shawn Page)



Franchitti reigns at soggy 91st Indianapolis 500

Dario Franchitti became the second Scotsman to win the Indianapolis 500, claiming victory in a rain-shortened 91st running of "The Greatest Spectacle in Racing."

The Andretti Green Racing driver, who joins Jim Clark as the only Scottish drivers to win the race, inherited the lead on Lap 155 when teammate Tony Kanaan pitted, and the No. 27 Canadian Club Dallara/Honda/Firestone splashed across the finish line under the yellow/checkered flag combination on Lap 166 as rain doused the cavernous facility.

"Who would have thought it?" said Franchitti, whose rain-soaked firesuit didn't dampen his enthusiasm as he chugged the

traditional winner's bottle of milk in Victory Circle. "I can't believe it. It's the Indianapolis 500."

Target Chip Ganassi Racing's Scott Dixon was runner-up, while pole sitter and two-time 500-Mile Race winner Helio Castroneves of Team Penske finished third. Sam Hornish Jr., who last year gave team owner Roger Penske his 14th Indy 500 title, finished fourth and Ryan Briscoe in the No. 12 Luczo Dragon Racing car (a Team Penske satellite program) rounded out the top five.

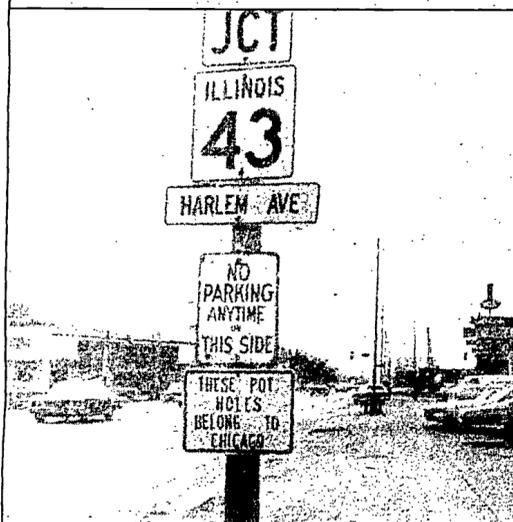
The 2007 edition of "The Greatest Spectacle in Racing" played out before a boisterous crowd of more than 250,000, had numerous turns that determined the finish order.

Race Day started and ended

with rain. Though the 33 cars took the green flag from honorary starter Peyton Manning at the appointed time, the red flag flew on Lap 113 because of a cloud burst that enveloped the race-track. After a 2-hour, 57-minute delay, Kanaan led the field to the green flag. During the three pace laps, Franchitti pitted because of a right-rear tire puncture.

AGR drivers - Kanaan, Danica Patrick and Marco Andretti - took turns on the point during the ensuing 20 laps (Kanaan leading Patrick by 0.4277 of a second on Lap 135). But when the teammates, who last pitted on Lap 100, ducked in for 22 gallons of ethanol and four Firestone Firehawks under green on Lap 137, Franchitti assumed the lead.

Roman's Potholes, Not Ours



The above sign was recently sighted on the west side of Milwaukee Ave. between Howard and Harlem streets in the city of Chicago. The sign was placed to advise motorists of the potholes on the Chicago side of Milwaukee Ave. opposite of the Village of Niles side of the street. The Village of Niles has been repairing its potholes but for some reason the city of Chicago, at this location, has not taken the interest to do so.

It seems strange that this particular sign was only allowed to stay up for a day and a half before Alderman Roman Pucinski ordered it to be removed. The Village of Niles repairs its potholes, Alderman Pucinski, why don't you repair yours?

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Maine Township's MaineStay announces Adolescent Anger Management Group Session

The next session of the MaineStay Youth and Family Services adolescent anger management group begins on Wednesday, July 11 at 6 p.m. This interactive learning experience, open to children ages 12-17, is designed to give adolescents the skills they need to handle their anger in adaptive ways. The session will be moderated by therapist Richard

Lyon, M.A., L.P.C.

The group will explore sources of anger for adolescents and teach participants how to recognize signals before they lose control. Through the use of homework and role-playing, they will be taught how to monitor their thoughts and use anger reducers to regain control. At the conclusion of the course participants will be able to recognize the Angry Behavior

Cycle and will learn how their actions have both short-term and long-term consequences.

The fee for the entire eight-week program is \$40 and some scholarships are available with proof of need. For more information or to sign up please contact Richard Lyon at rlyon@mainestay.com or 847-297-2510 Ext. 272.

Two Park Ridge students receive \$1,000 Scholarships

The Park Ridge Kiwanis-Noon Club recently awarded two community service scholarships to residents who will be attending college next fall.

The winners of the two \$1,000 scholarships are Maine South High School students

Kelsey Keith and Natalie Thompson.

This is the seventh year the noon club has given scholarships for higher education.

In the fall, Kelsey will attend Brown University and Natalie will be attending Dominican University in

River Forest Illinois.

The two recipients were positive influences in both their school and community.

The Park Ridge Kiwanis Noon Club was chartered in 1925. The club's 47 members meet Tuesdays at noon, at the Summit of Park Ridge.

Niles Township High School Dist. 219 selects Dr. Gatta for superintendent

Dr. Nanciann Gatta was recently selected as the next superintendent for Niles Township High School Dist. 219 starting in 2008. Gatta will take the post currently filled by Neil Codell when he retires. She is currently the assistant superintendent for human resources.

In 1995, Gatta began her career as an English teacher at

Niles West High School. She became the director of English and fine arts at Niles North High School in 2000. She oversaw both departments until 2004 when she was appointed to her current position.

"She has great insight into the complexities and dynamics of the district," stated Codell, in a recent press release. "Her style

is invitational, optimistic and caring." Gatta has earned her bachelors, masters and doctorate degrees from Loyola University of Chicago. She worked as the director of human resources at the Richelieu Group, a holding company that manages a portfolio of food manufacturing and distribution companies.

Two bills to help children with autism pass Senate

Two bills introduced by State Senator Susan Garrett (D-Lake Forest) to assist children with autism and their families have passed both the Illinois Senate and the House of Representatives and await the Governor's signature.

Senate Bill 51 provides that children with autism spectrum disorders may be assessed for eligibility for services without regard to whether they are also diagnosed with mental retardation. Currently, many families of children with autism who apply for state help to keep their children at home are told that the child does not qualify for services. Very

often this is because children with autism score above 70 on an IQ test, which is the threshold for determining mental retardation. However, children with autism may be severely disabled without also having severe intellectual disability.

"It is our hope that this bill will enable more families to get state aid to provide the supports that their loved ones need to live at home and avoid institutionalization," said Christopher Kennedy, Legislative Director of the Autism Society of Illinois.

Senate Bill 79 provides a list of factors to be considered in the development of

an individualized education program, or IEP, for a student with autism. The number of children diagnosed with autism and served in public schools in Illinois has doubled in the last five years, and autism is the most expensive disability category for school districts and the fastest-growing source of due-process disputes. The goal of SB 79 is to encourage better planning for educational interventions and to guide the IEP team in this often-confusing disorder.

Some of the needs of children with autism include behavioral difficulties result-

Crossing Guard Legislation 508 approved unanimously

Legislation to protect crossing guards, sponsored by State Senator Susan Garrett (D-Lake Forest) and State Representative Elaine Nekritz (D-Northbrook), passed through the Senate on Wednesday. House Bill 508 increases penalties for motorists in the event they hit a crossing guard.

The legislation originated from concerns expressed by constituents who serve as crossing guards in Des Plaines. Representative Nekritz passed the bill through the House in March. A slightly amended version passed through the Senate this week and will return to the House for concurrence. The legislators expect it will be approved again by the House, after which it will be sent to the Governor.

"House Bill 508 will encourage drivers to be more aware of those who work to keep our school

children safe," said Senator Garrett. "The bill passed unanimously and I am pleased that my colleagues in the Senate recognized the importance of this issue."

Representative Nekritz hopes that the bill will make motorists more cautious when driving through school zones. "Too often drivers are distracted or in a hurry, and ignore crossing guard directions," she explained. "This act is a direct response to constituent concerns about the increasing recklessness of drivers trying to rush through crossing guarded zones."

According to Illinois Department of Transportation, multiple crashes were recorded between 2004-05, including a hit-and-run injury to a student crossing guard and several other injuries to adult crossing guards and children.

"House Bill 508 will encourage drivers to be more aware of those who work to keep our school children safe. I am pleased that my colleagues in the Senate recognized the importance of this issue."

Senator Susan Garrett | D-LAKE FOREST

Actor visits Maine East

Actor Michael Gross, most famous for playing Steven Keaton on the popular sitcom Family Ties,

spoke to special education students on May 15 at Maine East about his life and his career. After growing up in a middle class family on the north side of Chicago, Gross attained fame in

movies and TV. He stressed overcoming obstacles and taking chances as a means to his success. He also advised students about finding and keeping a mentor. The Illinois Department of Rehabilitation Services arranged for Gross to give this motivational talk on "getting from here to there."

Park Ridge Resident Graduates from Millikin University

Christopher M. Ratajczyk of Park Ridge is one of Millikin University's spring graduates.

Ratajczyk is majoring in fitness and sport.

Millikin University is located in Decatur, Illinois.

Niles Resident Named to Michigan State University Deans List With 4.0 GPA

Thomas Joseph Barszcz, of Niles, has once again earned a 4.0 grade point average and is named to the spring semester dean's list at Michigan State University. Barszcz is a communications arts and sciences major.

Caregiver Survival Tools

If you're under stress, consider the following survival tips from Home Instead Senior Care:

Work out: Exercise and enjoy something you like to do (walking, dancing, biking, running, swimming, etc.) for a minimum of 20 minutes at least three times per week. Consider learning a stress-management exercise such as yoga or tai-chi, which teaches inner balance and relaxation.

Meditate: Sit still and breathe deeply with your mind as "quiet" as possible whenever things feel like they are moving too quickly or you are feeling overwhelmed by your responsibilities as a caregiver. Many times you will feel like you don't even have a minute to yourself, but it's important to walk away and to take that minute.

Ask for help: To avoid burnout and stress, you can enlist the help of other family members, friends, and/or consider hiring a professional non-medical caregiver for assistance. There is no need to feel guilty for reaching out.

Take a break: Make arrangements for any necessary fill-in help (family, friends, volunteers or professional caregivers). Take single days, a weekend or even a week's vacation, just make sure you line up your support system so you can be confident that your loved one is safe and happy. And when you're away, stay away. Talk about different

things, read that book you haven't been able to get to, see a movie. Only a real break will renew and refresh you.

Eat well: Eat plenty of fresh fruits, vegetables, proteins, including nuts and beans, and whole grains. Indulging in caffeine, fast food and sugar as quick "pick-me-ups" also produce a quick "let-down."

Take care of yourself: Just like you make sure your loved one gets to the doctor regularly, make sure you get your annual check-up. Being a caregiver provides many excuses for skipping your necessary check-ups, but you cannot and should not compromise your health.

Indulge: Treat yourself to a foot massage, manicure, nice dinner out or a concert to take yourself away from the situation and to reward yourself for the wonderful care you are providing to your aging relative. You shouldn't feel guilty about wanting to feel good.

Support: Find a local caregiver support group, which will help you understand that what you are feeling/experiencing is normal for someone in your position. This is a place to get practical advice from people who are in your situation and to bounce off those feelings of stress, since everyone is likely to be in the same situation and can empathize.

For more information, visit www.caregiverstress.com.

Taking the Grandchildren Fishing?

Boating anglers can win Mustang inflatable life vests.

"Get Hooked on Safety" Photo Contest From BoatU.S. Angler

BoatU.S. Angler, a membership organization devoted to safe and worry-free fishing encourages boat-owning anglers to wear life jackets this fishing season. From now until October 31, anglers can submit photos of themselves, friends or family fishing while wearing lifejackets - or even showing off their catch - to enter the "Get Hooked on Safety" contest at <http://www.BoatUSAngler.com>. Four winning photos will be selected and each winner will receive a Mustang inflatable life vest valued at \$150. One Mustang life vest will go to the angler with the best fishing story accompanying a photo submission.

"A life jacket helps ensure you'll make it back home safely," said Mike Pellerin, director of BoatU.S. Angler. "Over two-thirds of all fatal boating acci-

dent victims drowned, and of those, 87% were not wearing their lifejacket. You just never know when wind, weather, waves or other factors will conspire against you." Pellerin said the biggest complaint from anglers about wearing a life jacket is that they are uncomfortable. "But if you haven't taken a look at the new inflatable or sports-style vests, you're missing out. You can bait a hook, cast with ease and stay quite comfortable all day long," he added. In addition to the contest, BoatU.S. Angler will hold random drawings for other prizes including fishing, tackle gear and gift cards. From the nation's largest association of recreational boaters, BoatU.S. Angler's mission is to protect the interests of boat-owning freshwater anglers, increase boating safety, provide consumer assistance and ensure fishing remains worry-free. For more information, go to <http://www.BoatUSAngler.com> or call (866) 906-0013.

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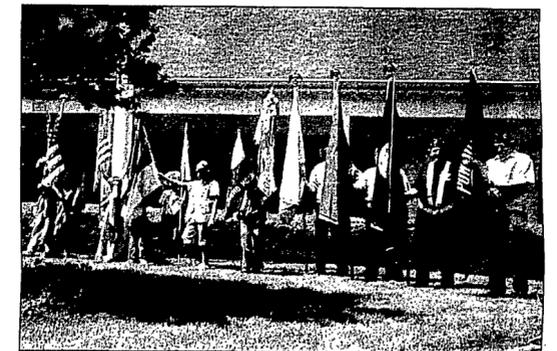


A Day of Remembrance

(Photos by Tracy Yoshida Gruen)



Otto Novak, resident of Niles, played amazing grace and star spangled banner on his harmonica.



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- We track the rehab client's progress, and include client satisfaction ratings in our review.
- Communication is a priority at Bethany Terrace! Residents and family members are encouraged to attend all care plan meetings.
- Our staff prepares a customized post-rehab program for each client to follow when discharged.
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Senior Prom Morton Grove Senior Center

Co-sponsored by the Morton Grove Public Library
Sun., June 10, 1-3 p.m.

Put on your dancing shoes and your party clothes for an afternoon of dancing to the music of Bob Duda and the Highland Park Pops at the MG Senior Center, 6140 Dempster

Street. Beginning May 1, Morton Grove residents age 55 and over and non-residents who are members of the Senior Center are invited to pick up tickets (limit of 2 per person) at the Senior Center (Monday - Friday, 9 a.m. - 4 p.m.). Light refreshments will be served.

Caregiver Essay Contest Stressed-Out Family Caregivers get a Break

The Home Instead Senior Care office serving the north side of Chicago and the North Shore has announced the second annual "Give a Caregiver a Break" essay contest to honor family caregivers for their tireless service to elderly loved ones. The contest is sponsored by Home Instead Senior Care and Caring Today magazine. In 500 words or less, family caregivers can tell their caregiving experiences, including the challenges they've faced, how they've embraced their role as a caregiver for a senior loved one and how a Home Instead

CAREGIVERSM could make a difference. Entries can be submitted starting May 1, 2007 (at www.caringtoday.com or by mail to Caring Today, 1465 Post Road East, Westport, CT. 06880). Entry deadline is July 16, 2007.

Grand Prize is \$5,000 of free care from Home Instead Senior Care, the world's largest provider of non-medical companionship and home care for seniors. Two First Prize winners will receive \$2,500 of free care from Home Instead Senior Care. Winning essays will be **See Contest, page 25**



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Morton Grove Senior News

Blood pressure screenings at the Morton Grove Senior Center

Blood Pressure Screening

Periodic blood pressure measurement is helpful in determining if health is threatened by high blood pressure (hypertension). Hypertension is a contributor toward strokes, heart disease and kidney failure. Unfortunately, hypertension usually has no symptoms so a person can feel great and not know they have it. Free screenings are offered from 9 to 11 a.m. on Tuesday, June 12 in the Morton Grove Senior Center.

'Superman' Musical

Superman jumps off the comic book pages to sing, dance and fly his way onto the stage at the Drury Lane Theatre, on Thursday, July 5. The bus departs from the Morton Grove Senior Center at 10:30 a.m. and returns at 5 p.m. Register in person at the Senior Center at a cost of \$78 for Senior Center Members and \$90 for non-members. There must be 15 people registered and registration closes on June 8.

"Bingo the Musical" - Cancelled

The Morton Grove Senior Center's outing to see the

"Bingo the Musical" Show at the Apollo Theatre in Chicago, scheduled for Wednesday, July 25, has been cancelled by the Theatre.

Prescription Drug Disposal Program

The Solid Waste Agency of Northern Cook County (SWANCC) and the Village of Morton Grove are helping with the disposal of unused and expired prescription and over-the-counter medications. Research by the U.S. EPA has found substantial amounts of antibiotics and steroidal hormones in natural waterways. This program will ensure the safe disposal of drugs and guard against theft associated with household disposal. Drop-offs at the Morton Grove Senior Center will be accepted between 9 a.m. and 2 p.m. on the 2nd and 4th Tuesdays in June, July and August. Acceptable items are unused or expired prescription medications, prescription cough syrup, prescription eye drops, and expired over-the-counter medications. Unacceptable items are industrial or business waste, non-prescription liquids, latex

gloves, and household chemical waste. Call the Morton Grove Department of Family & Senior Services at 847/470-5246 for more information.

Sharps Disposal Program

The Village of Morton Grove and the Solid Waste Agency of Northern Cook County (SWANCC) are sponsoring a sharps disposal program for residents who self inject medications. Used sharps left loose among other waste can expose sanitation workers during collection, at sorting and recycling facilities, and at landfills.

The Morton Grove Department of Family and Senior Services will provide free sharps containers to interested residents. Full containers can then be returned to the Senior Center for disposal. Pick-up empty or drop-off filled containers at the Senior Center, between 9 a.m. and 4 p.m., Monday through Friday, starting June 1 through August 31. For more information contact the Morton Grove Department of Family & Senior Services at 847/470-5246.

Obituaries

Stella Federighi, 86

Stella Federighi, nee Roppo, age 86, beloved wife of the late Alfred; loving mother of Alfred (Denise) and Emilia (Phillip) Quaranta; dear grandmother of John Quaranta, Anna (Jonathan) Bloss and Alfred Quaranta; great-grandmother of Antonio and Adelina Quaranta and Joey and Emilia

Bloss. Visitation was at the Skaja Terrace Funeral Home, Niles, on Sunday, May 20, 2007. Funeral was held Monday, May 21, 2007 at St. Juliana Church. Interment Queen of Heaven Cemetery. www.skajafuneralhomes.com.

Eleanore Kernell, 94

Eleanore Kernell, nee

Schram, beloved wife of the late Emil A., dear sister of the late Edmund J. (the late Frances); the late Sr. M. Fabiola; loving aunt of Virginia (John) Pauksta. Visitation was at Skaja Terrace Funeral Home, Niles, IL on Tuesday, May 22, 2007 with services at St. Mary Church in Des Plaines, IL. Interment St. Adalbert Cemetery.

George Kloiber, 77

Kloiber, George age 77, beloved husband of Evelyn (nee Murphy), loving father of Sharon (Eric) Bakey, cherished "Pa" of Jimmy and Nicky Elliott, dearest brother of Frank and John Kloiber, fond uncle, cousin and friend to many. Funeral services were held on Tuesday, May 22, 2007 at St. John Brebeuf Church. Entombment All Saints Mausoleum.

Employed for over 30 years at Schmeisser's Meat Market in Niles, IL. Arrangements were handled by Skaja Terrace Funeral Homes 847-966-7302.

LIFE

AFTER WORK GOURMET

Studs create standout steaks for Father's Day

By Lisa Messenger
COPLEY NEWS SERVICE

When it's usually Dad who does the grilling, what can you do to make his Father's Day meal special?

Well, you can add studs. Coating or crusting meat with spices or other flavorful ingredients is an exceptionally easy way to show Dad your care.

Marinades tenderize and flavor meat - and are discarded before cooking. Studs, however, are like Father's Day gift wrapping. They are brushed onto or pressed into the meat and provide even more of a punch, as well as a powerful presentation.

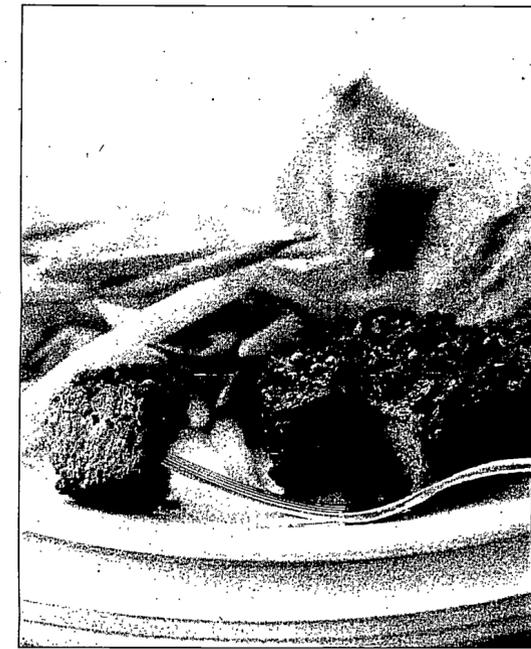
Minced garlic, chopped fresh chives, crushed coriander seeds, celery seeds and coarsely ground black pepper, for instance, are combined and then brushed onto steaks before grilling. In another recipe, in about a split second flat, steaks are spread with delicious hot-pepper jam or jelly before finely chopped

walnuts are pressed in as a homemade crust.

There are so many equally innovative ways to customize Dad's steak this Father's Day. Think about his favorite foods and ingredients and combine them for maximum effect. Here are some ideas to get you started:

■ Cocoa or chocolate and beef, especially steak, are a long-standing Mexican, culinary tradition. The chocolate, usually mixed with spices, creates a unique savory flavor.

For an easy, festive touch, grill one side of steak for 4 minutes, turn and remove to a baking sheet away from grill. Carefully spread the cooked side of the steak with a thin layer of orange marmalade, a dash of freshly ground black pepper and a dash of cayenne pepper and drizzle a moderate amount of colorful chocolate sprinkles over the jam and push in with the back of a spatula. Grill uncooked side 4 minutes, until a meat thermometer inserted in thickest portion of steak reads 160 F.



portion of steak reads 160 F.

■ Grill one side of steak for 4 minutes, turn and remove to a baking sheet away from grill. Carefully spread cooked side of steak with a medium layer of canned cherry pie filling and top with finely chopped onions, chopped fresh basil, chives, salt and multicolored crushed peppercorns, to taste. Drizzle a moderate amount of finely chopped black olives over the seasoned cherry pie filling and push in with the back of a spatula. Grill the uncooked side for 4 minutes, until a meat thermometer inserted in thickest portion of steak reads 160 F.

■ In a small bowl, combine to taste apple juice or cider, soy sauce, crumbles of blue cheese, brown sugar or molasses, chopped fresh thyme, minced garlic and

freshly ground black pepper. Brush mixture onto both sides of steak, pressing with a spatula to push down on blue cheese. Grill one side of steak for 4 minutes, turn and grill other side for 4 minutes, until a meat thermometer inserted in thickest portion of steak reads 160 F.

Lisa Messenger is a first-place winner in food writing from the Association of Food Journalists and the author of seven food books, including "Mrs. Cubbison's Best Stuffing Cookbook" and "The Sourdough Bread Bowl Cookbook." She also writes the Copley News Service "Cooks' Books" column.

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Coriander Studded Steaks

4 (6- to 8-ounce) boneless rib-eye steaks, cut about ¾ inch thick
Kosher salt, to taste
1 tablespoon reduced-sodium soy sauce
1 tablespoon extra-virgin olive oil
1 tablespoon chopped fresh chives
2 cloves garlic, minced
1 teaspoon coriander seeds or cumin seeds, crushed
½ teaspoon celery seeds
½ teaspoon coarsely ground black pepper
Yields 4 servings.

Season steaks to taste with kosher salt.
In small bowl, combine soy sauce, olive oil, chives, garlic, coriander seeds or cumin seeds, celery seeds and pepper. Brush mixture onto both sides of each steak. Grill steak, carefully turning once, for 4 minutes per side, until a meat thermometer inserted in thickest portion of steak reads 160 F.
- Adapted from "The Sonoma Diet Cookbook" by Connie Guttersen, R.D., Ph.D. (Meredit, \$24.95).

Hot-Pepper Jam-Walnut Studded Steaks

4 (6- to 8-ounce) boneless rib-eye steaks, cut about ¾ inch thick
4 tablespoons hot-pepper jam or jelly
4 tablespoons chopped walnuts
Salt, black pepper to taste
Yields 4 servings.
Grill steak for 4 minutes, turn and remove to baking sheet away from grill. Carefully spread cooked side of steak with hot-pepper jam or jelly and drizzle a moderate amount of walnuts over jam. Push in with back of spatula before grilling uncooked side 4 minutes, until a meat thermometer inserted in thickest portion of steak reads 160 F.
- Adapted from "Prevention's Fit and Fast Meals in Minutes" by Linda Gassenheimer (Rodale, \$19.95).

Short stories

By Sharon Mosley
COPLEY NEWS SERVICE

Nothing says summer quite like a comfortable pair of shorts. When the weather turns hot and it's time to toss the jeans to the back of the closet, the shorts and skirts take over. But, of course, just how short you go depends on your own age and comfort level with your bottom half.

"Shorts are a great way to keep cool in the summer and show off

a really great asset ... legs!" says Kristen Johnson, designer of Just Johnson, a Los Angeles-based label popular with A-listers including Kate Moss, Jessica Simpson, Mischa Barton, Lindsay Lohan, Cameron Diaz and others who have been seen wearing Just Johnson's trendy short shorts.

Johnson does have some advice for the rest of us who might not exactly have "celebrity" legs - yes, some of us can remember wearing "hot pants"

at one time in our life; however, that doesn't mean we're anxious to repeat fashion history - but we still might feel like strutting out in the short stuff this summer.

On Short Length:
Short shorts should have about a 2.5-inch inseam and hit right underneath the biggest part of the thigh.

"That way it's still sexy but not slutty," Johnson says, "and it hides the cellulite we would like to believe we don't have."

Mid-length shorts land about

mid-thigh; long shorts should hit at mid-knee because if it is above the knee it is less flattering. These new "city" shorts are great alternatives to cropped pants.

Short shorts look cute with a chunky heel for daytime. The espadrilles and cork wedges are in this summer and complement the shorts well.

"Sandals and flats are great too but anything too strappy looks less classy," adds Johnson.

Don't go too sexy on top, **See Fashion, page 21**



By J.R. Rose - Copley News Service

DRAW IT!

DRAW A BOWL FOR THE GOLDFISH... GO FOR THE GOLD!



GIVE ME 5 RHYMES FOR GOLD...

HOW ABOUT SOLD?

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WHAT DO YOU GET IF YOU CROSS AN ELEPHANT WITH A GOLDFISH?

SWIMMING TRUNKS !!

HAPPY BIRTHDAY TO

JOHN T. CRONNOLLY 4
MAY 26

DYLAN GRANT 6
JUNE 2

If you want your little one to have a birthday greeting in The Bugle, email us the week before their birthday and we'll give them a shout. Email birthday@buglenews.com with their name, age & birth date.

Tim Herd's Watchable Wildlife Guide

wildlife observation in the right place at the right time

Week of June 3-9, 2007

Regal sprite



A tiny woodland sprite with a brightly blazoned crown alights on a twig and busily flicks its wings. Seemingly filled with nervous energy, it hops from branch to branch as it forages for insects and their larvae. It often hangs upside down to feed.

The diminutive golden-crowned kinglet, among the smallest of North American birds, has returned to the northern evergreen forests to breed, where it is now crafting a delicate, high-walled nest of moss, lichens, spider webs and plant down for the first of its two clutches. Into the oblong cavity the female crowds six to 10 brown-spotted cream eggs and settles in for a two-week incubation, during which her mate occasionally feeds her.

Attracted to dense evergreen forests for their year-round cover but also found in mixed woodlands, the kinglets' regal fortunes are tied to timbered lands. Whether a natural hemlock bog, a mature grove of spruce planted by the Civilian Conservation Corps in the 1930s, or a managed Southern pine plantation, the tiny bird thrives only as its habitat does.

WHERE TO OBSERVE

McCormick Place Bird Sanctuary, Ill.
Acadia National Park, Maine
Crauc Wildlife Refuge, Mass.
Isle Royale National Park, Mich.
Itasca State Park, Minn.
Voyageurs National Park, Minn.
White Mountain National Forest, N.H.
Kejimikujik National Park, Nova Scotia
Gateway National Recreation Area, N.Y.
Barview Jetty Park, Ore.
Deschutes National Forest, Ore.
Olympic National Park, Wash.

LOOK FOR

a small olive-green bird yellow crown (with orange on male), bordered with black short, slender bill two white wing bars white eyebrow and underparts frequently flicks wings while hopping among branches often mixes with chickadees, creepers and woodpeckers

Golden-crowned kinglet *Regula satrapa*

3-4 inches

Habitat: dense coniferous and mixed forests, shrublands

Range Key: Breeding Year-round Nonbreeding

© 2007 Tim Herd, North America's Naturalist www.naturenews.com

Grammar Matters

by Patty Gibbons Saunier

Computer Literate

Choose the best answer in the parentheses below.

- Sally bought a chair from the (Internet, internet).
- Frank posted his vacation pictures on his (website, Web site).
- Could I please get (on-line, online) now?

Answers: 1. Internet 2. Web site 3. online

Copley News Service

REAL ESTATE

HERE'S HOW

Make light effort when hanging heavy pictures

By Gene Gary
COPLEY NEWS SERVICE

Q: What is the best way to hang rather large, heavy pictures? Should I use nails, screws or what? I want to cause the least damage to the walls but still assure that the pictures are secure?

A: Whenever possible, attach an item that has any significant weight to a stud. You can locate studs with an electronic stud finder, or try tapping the wall lightly with your knuckles or a hammer wrapped in cloth and listen for a solid rather than a hollow sound. Then drive a thin test nail into solid wood you will know you have located a stud.

Once you have located one stud you will usually find the others 16 or 24 inches apart on center. This spacing can vary if a door or window partition is located on the wall and the studs are doubled.

Lag bolts and hanger bolts

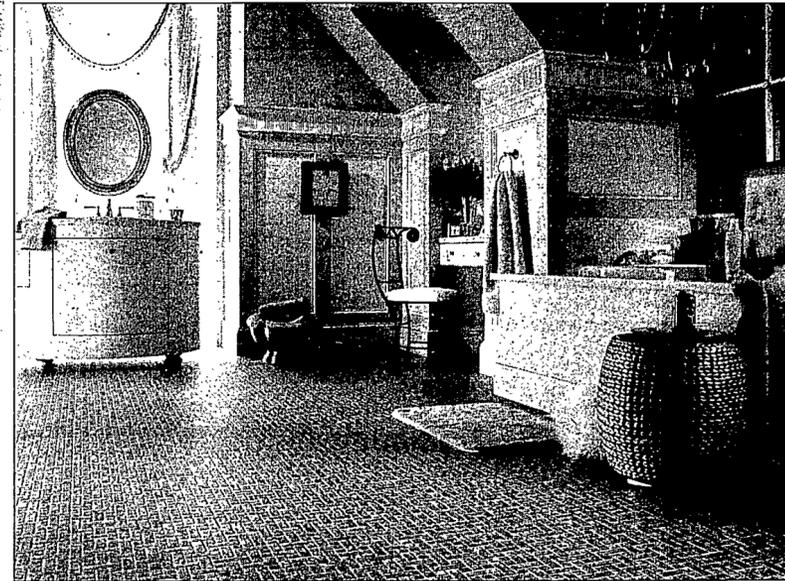
are ideal when attaching to a stud, but nails or screws long enough to go well into the stud will also work. Drill a pilot hole when using screws.

For metal studs, use sheet metal screws; drill up to the stud, dent it with a center punch and drill a small pilot hole (one-half the width of your screw's diameter). Use a No. 4 screw for light loads and up to a No. 8 for heavier ones.

To do it all in one step, install self-drilling metal-stud screws with an electric drill.

For heavy items such as a cabinet or a 20-pound picture, install a board horizontally between studs using lag bolts; then screw the object to the board or use sturdy hooks screwed into the board for hanging items. For each lag bolt, drill a hole in the board slightly larger than the bolt's diameter; then use the hole as a guide to drill a hole into the stud that's slightly smaller than the bolt's diameter.

See How, page 24



New vinyl flooring goes down and comes up quickly

By Rose Bennett Gilbert
COPLEY NEWS SERVICE

Q: We have painted ourselves in a corner, so to speak, redoing our master bath. We spent most of our budget on a very contemporary tub, sink and

toilet ensemble (from Duravit), and now can't afford the marble we'd picked out for the floor. While we save up again, can you suggest a flooring material that will work with our contemporary "furniture" and not cost the earth?

A: So you, ahem, took a bath on your fixtures? Relax. It will probably turn out to be a fortuitous miscalculation.

Your high-quality, high-style "furniture" will last a lifetime,

and you'll have the daily pleasure of intimate contact with design ideas from one of the world's edgiest manufacturers. Hornberg, Germany-based Duravit (www.duravit.com)

DECOR SCORE

draws design talent from top thinkers around the world, among them, zany French architect Philippe Starck. Starck not only creates chic bath furniture for Duravit, he designed their headquarters in Hornberg, setting a surreal toilet, three stories tall, into the front facade. It's also an observation deck, so one looks up to see people peering over the toilet rim into the Black Forest beyond. It's an ongoing visual joke that's totally typical of Starck's humor.

But back to your floor: as you plan to trade it out, think surface covering, not integral structure. For example, sheet resilient vinyl flooring goes down - and comes up - quickly and easily. It's also relatively inexpensive, and does a terrific job of emulating more costly materials.

The floor in the bath we show here is a vinyl that's textured and colored to look like natural stones, but it's warmer and softer underfoot than stone or ceramic tile, and also resistant to stains and scratching. In fact, resilient tiles like this ("Blecker Street" by Armstrong, www.armstrong.com) can be so handsome and easy to live with that you just might decide to forgo that marble after all.

See Decor, page 24

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Selling your home for the highest price

In previous articles we gave a number of tips on things you can do to improve the value of your home when you sell it. There are certain things that you really should take care of. If you do not, your home will sell for a lot less money, or maybe not sell at all. What are these mini-



Smart Real Estate
BILL ALSTON

When you hand over the keys to the eventual buyer, all your personal property should be removed, and the house empty. You might as well start getting rid of things now. Ask yourself this question - "Will I take this with me when I move?" If the answer is NO on any item, get rid of it now. The less clutter in a home, the larger and neater the rooms look to a buyer. Buyers offer more for larger, neater

homes. This can be an ongoing project while your home is for sale. Also, every box of stuff you get rid of now is one less you will have to deal with on moving day. Take care of repairs before placing the home for sale. If you ignore defects in your home, the buyer will make a much lower offer or maybe no offer at all. In Illinois it is mandatory for the

seller to fill out a "Residential Real Estate Property Disclosure Report". This form asks 21 questions regarding the condition of your home, such as, "Am I aware of flooding or recurring leakage problems in the crawl space or basement?" This report becomes part of the real estate contract and you are liable for misrepresentations. If you have a crack in the foundation that leaks during wet weather, you should get it fixed now. Buyers usually over estimate repair costs and could easily deduct \$3,000 from their offer because of a defect that you could have repaired for \$500. When buyers see defects in the home it gives the impression of poor maintenance. With many homes to choose from some buyers will not make an offer if they

feel your home needs too much work. Almost all buyers have a professional home inspection done. The inspector spends two to three hours inspecting everything in your home and they usually find anything that needs repair. If the inspector finds defects, the buyer will usually demand a repair credit (lowering of the price), ask that the problem be fixed at your expense, or could even cancel the contract. Also, some villages, like Niles have a mandatory occupancy inspection when you sell your real estate. The purpose is to make sure your home meets fire and safety codes. They require smoke detectors in every bedroom, a carbon monoxide detector, and GFI electric outlets in the

kitchen, bathrooms and garage, among other things. These are not expensive items, so you should have them installed sooner rather than later. The home inspector likes to see these items in place, too. At Callero & Catino Realty, we have developed a "Home Value Improvement Checklist" that reviews your home and the little things you can do to increase its value and saleability. Following this checklist can add up to 10% to your selling price. Call us at 847-967-6800 for a free review, or to answer any other real estate related questions. Bill Alston CRB, CRS, ABR, GRI is President & Managing Broker of Callero & Catino which is located at 7609 Milwaukee Ave. in Niles.

How

continued from page 23

You can also attach a heavy load using hanger bolts. You screw a hanger bolt into a stud. Then use a nut on the machine-threaded end of the bolt to attach the load or a hook for it. To install a hanger bolt, drill a pilot hole and screw it in with locking-grip pliers on its unthreaded mid-section.

To mount light loads between studs on a plaster or plasterboard wall, use hollow-wall anchors or toggle bolts. Reserve plastic anchors for very light loads. Putting heavy loads on these fasteners could cause the wall to give away. The more hollow-wall fasteners you use to hold an object, the lighter the load on each fastener. For all but the lightest loads, try to use at least two fasteners for each item you put up.

The length of hollow-wall anchors or toggle bolts you need depends on how thick your plaster or plasterboard walls are.

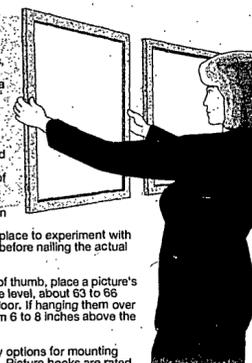
To determine a wall's thickness, drill a small hole in it, then bend thin, stiff wire into a hook and curve the hook through the hole. Pull the hook against the inside of the wall and mark the wire at the point it comes out of the wall. Remove the hook and measure between the end of the hook and your mark.

HOME HOW-TO

Hanging pictures

Hanging artwork gives the eye a place to focus and helps to complete the look of a room. With the right tools and a little know-how, you can create an amazing wall display.

- Think of the overall composition, regardless of the number of pictures as a single design element. Creating a perfectly aligned arrangement requires patience.



- There's no substitute for good old trial and error. Make a template of each picture or object by tracing around it on brown paper. Then tack each template in place to experiment with the arrangement before nailing the actual items.
- As a good rule of thumb, place a picture's centerpoint at eye level, about 63 to 66 inches from the floor. If hanging them over furniture, put them 6 to 8 inches above the piece.
- There are many options for mounting pictures securely. Picture hooks are rated according to the number of pounds they will support. Use small nails and if possible use the studs for mounting pictures on walls to avoid any damage to the wall.
- Leveling instruments such as laser levels, spirit levels or bubble levels are a must for multiple picture design.

Source: www.wikihow.com

Copley News Service/Rob Kapt

Decor

continued from page 23

Going 'Green' doesn't mean Serious and Grim?

We've come a long way from the days when "eco" meant all-natural and often plain dull. Forget cardboardish cloth woven from nettles and aluminum can tabs recycled into curtains. Today, you can pamper both the environment and your aesthetics. Mirabile dictu, you can even have fun furnishing your eco-savvy home.

Proof positive was all over the place when this year's International Contemporary Furniture Fair unfolded under the glass expanses of the Javits Convention Center in New York. Freethinking designers from all over the globe gathered to test their latest inspirations. Inspired was definitely the operative word.

For the perfect dining room chandelier, British designer Ali Siahvoshi hung dozens of (presumably recycled) knives, forks and spoons from a rectangular rack with lighting inside and named it "Hungry." (More about the designer at www.fabbian.com.) Sibir Design, another British firm (44-1237-42977), created hanging lamps from interlocking CDs, 180 of them to make one large, gleaming globe.

Still the brightest recycling idea had to be from Thailand: Angoworld displayed stainless steel lamps with shades made of used silk worm cocoons or mulberry tree bark (www.angoworld.com).

More innovation from London, designer Inghua Ting's reclaimed seat belts were woven into brightly colored, indestructible hammocks, hassocks and pillows. She also used old leather belts to make area rugs, wall tiles and place mats. "I get to the belts before they hit the vintage clothing shops," she explained. (www.tinglondon.com).

Tips for replanting grapevines

By Jeff Rugg
COPLEY NEWS SERVICE

Early this spring I noticed the top 6 inches of my one-year-old grapevine had snapped off. I stuck the top part into a flower vase with water, and to my surprise roots began to grow and leaves started to form. Both the roots and leaves appear to be very healthy.

How do I go about transplanting it to the garden? Can I simply dig a hole and stick it in the soil, or is there some preparation required to help it grow?

Do I need to transition it first? And when would be the best time?

Grapevines tend to be easy to propagate from hardwood cuttings such as yours. Now that your cutting has roots, it can be planted at any time.

Wait until after the last frost date for your area in order to protect the new leaves that aren't used to the cold. Loosen the garden soil for 1 or 2 feet around the spot you want to plant it in the garden. Mix in a

little organic matter if the soil needs it. Plant it about halfway in the ground. Water regularly and use a balanced fertilizer several times over the summer.

Your grapevine will have a top and bottom that are from the same plant. Because it rooted so easily, there should be plenty of root growth. Some types of grapes root poorly and are grafted onto short stems with good root systems. If few roots or no roots grow from a grape cutting, then it will have to be grafted.

Hardwood cuttings are the cuttings from last year's growth. Softwood cuttings would be from this year's green stems. Although they might root, the hardwood cuttings are better. The various grape varieties were originally brought to this country by enterprising people who usually used hardwood cuttings.

We have built a water garden in our yard and there are a few small goldfish. We want to add some koi, but are confused about all the different kinds.

Are there some kinds that will be better than others?

We don't know what all the koi names mean.

To be blunt, Koi are just colored carp, which is like saying that a German shepherd is just a dog. The various color patterns do not differ on their care, but you could decide that you think some colors are prettier than others.

About a 100 years ago, people discovered black carp and red carp. After a lot of cross-breeding over the past years, there are now about 100 specific color groupings, but only a few are popular.

Some fish are one color, some two and some three. There are even a few with as many as five colors. They are named in Japanese, and mostly mean what you see. Such as the Japanese word, Kohaku, which simply means that you are looking at a red and white fish.

In Japan, the most popular color pattern is the Kohaku. It is simple and elegant. In the U.S., there are three color patterns vying for No. 1: Kohaku, Sanke and Showa.

Contest

continued from page 18

published in the November/December issue of Caring Today and the top 10 essays will appear on www.caringtoday.com.

Statistics from a recent report prepared with information collected through the Home Instead Senior Care Web site, www.caregiverstress.com, reveal the challenges that family caregivers encounter each day. More than three-fourths of the 8,000 family caregivers who took the company's stress test reported that their aging loved

one's needs are overwhelming. Furthermore, 91 percent of family caregivers who completed the test said they have episodes of feeling anxious or irritable; 73 percent have disturbed sleep patterns; and 56 percent seem to become ill more frequently.

"Every day we encounter these family caregivers who love and want the best for their aging family members, but don't know how to fit it all in," said Michael Melinger, owner of the Home Instead Senior Care office in Skokie. "For these family caregivers, stress is a constant companion." Support is one of the key sur-

vival tools for the family caregiver - typically a 46-year-old woman, according to Patricia Volland, MSW MBA, senior vice president of The New York Academy of Medicine and director of the Academy's Social Work Leadership Institute. "This generation of seniors is living longer and their children often are still raising families and not prepared for older parents with needs. That dynamic is not simple - the relationship between adult children and their aging parents," she said.

In an effort to better prepare the social workers they train,

Volland and her team commissioned a study, which was released late last year, entitled "Squeezed Between Children and Older Parents: A Survey of Sandwich Generation Women." The poll, which surveyed women ages 35 to 54, showed that more than 60 percent of women concerned about an aging relative's health said they have difficulty managing stress, compared with 48 percent of women for whom an aging relative's health was not a concern.

Furthermore, women concerned about an aging relative's health were about three times

more likely (34 percent) to say they worry "a great deal" about having enough time for family than were those women not responsible for the care of an aging loved one (12 percent).

"Our services can be just what harried family caregivers need to help fill in the caregiving gaps they may be experiencing, and to alleviate the stress and worry that caregiving can place on their lives," said Home Instead Senior Care's Melinger. "Most family caregivers agree that there are many rewards associated with this job, which is why additional support can make all the difference."

GARDEN TIP

Grape propagation

The easiest method of propagating grapes is from hardwood cuttings. Some other methods include growing them from seeds, layering and grafting.



Source: www.cahe.nmsu.edu

Copley News Service/Rob Kapt

Grapes are suitable to a wide range of soils. Fine sands and upland soils, especially those with underlying clay at about 3 feet, are ideal for grapes along with well-drained clay soils.

The easiest method of propagating grapes is from cuttings. Only healthy pencil-thick stems of the vine that have been well-ripened during the previous summer should be selected. Each stem should have three or four buds and be ideally between 9 and 12 inches long. Cut just below the bottom bud and above the top bud.

Hardwood cuttings are left outside over the winter. Bury the bases of your propagation cuttings in a few inches of soil to keep the wind from drying the cuttings. They'll remain dormant, but with the coming of springs they'll develop roots.

The soil covering should be removed as soon as the weather warms in the spring.

Prior to planting, dip the bottom end of each cutting into water and then into rooting powder.

Before planting outdoors, dig the soil around the area to be planted and add plenty of well-rotted compost and manure; this will promote a good rooting system.

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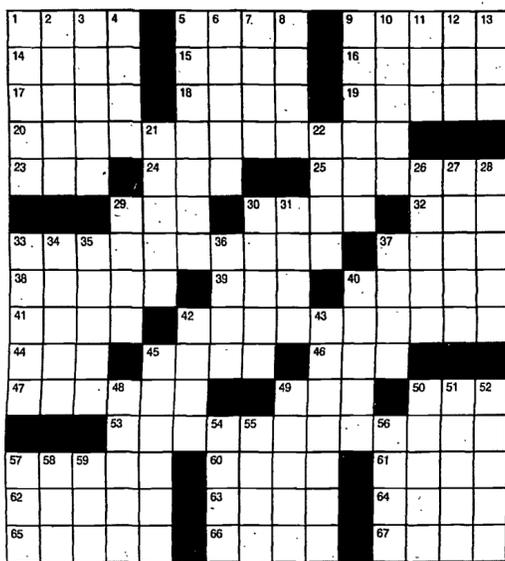
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IN THE BALLPARK



COPLEY NEWS SERVICE

By Charles Preston

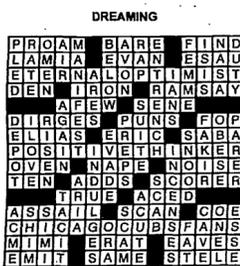
ACROSS

- 1 Svelte
- 5 Costa
- 9 City in Japan
- 14 Nothing, in Nicaragua
- 15 Baseball's Slaughter
- 16 Painter Sert's product
- 17 Arabian gulf
- 18 Tizzy
- 19 Numinous
- 20 Date variously
- 23 French seasoning
- 24 Swiss river
- 25 Judged
- 29 Lofty peak
- 30 Roasting rod
- 32 Scull
- 33 Fails
- 37 Leaning Tower site
- 38 Levels
- 39 Possessive pronoun
- 40 Akers' or Silkwood
- 41 Roof edge
- 42 Triumph easily
- 44 Before: prefix
- 45 Unlamed
- 46 Elevates

DOWN

- 13 Relative of kvass
- 14 Conversations
- 15 Splice video tape
- 16 Shearer or Kelly
- 17 Pointillist's prop
- 18 Guzzled
- 19 Yorkshire river
- 20 Rational
- 21 City in India
- 22 Perron parts
- 23 Bit of regal regalia
- 24 Make merry
- 25 Earth
- 26 Dog's dogs
- 27 Phi Beta
- 28 Soave, for one
- 29 Most anesthetized
- 30 Stiff
- 31 Lascivious gazer
- 32 Trunk within a trunk
- 33 Subsequent to
- 34 Mother ___ of nursery tales
- 35 Bearing weapons
- 36 Use a dirk
- 37 Trident prong
- 38 Ankle bones
- 39 Vichy or Evian
- 40 Ruminant's mouthful
- 41 To farm: L

Last Week's Puzzle Answers



Be the first to send in the answers to this week's crossword puzzle and your name will be listed in next week's Bugle.

THE WINNER

- 1st Lorraine Truskolaski
- 2nd Ralph Stempinski
- 3rd Leo Madura

Send your answers to the editor: Andrew Schneider
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HELP WANTED
Manufacturing - Niles Mfg. seeks individuals with 3-5 years exp., for Spring Coiler Operators. Flexible Shifts, Competitive wages & excellent benefits. Applications being taken @ Lewis Spring & Mfg. Co., 7500 N. Natchez, Niles, IL 60714, e-mail nmlundin@aol.com or fax 847-647-9718. -EOE. PHONE CALLS WILL NOT BE ACCEPTED.

HELP WANTED
Niles Mfg. Co., seeking packaging help in our shipping dept. Previous exp. in a mfg. environment, cert. fork-lift operator, & knowledge of shipping software & computer literacy a plus. We offer a competitive salary & benefits. Lewis Spring & Mfg. Company 7500 N Natchez Ave, Niles, IL 60714 or Fax 847-647-9718. EOE

HELP WANTED
Customer Service - Niles Mfg. seeks individuals with 3-5 years exp. in mfg. field for Customer Service Rep. position. Competitive wages & excellent benefits, e-mail resume with salary history to nmlundin@aol.com, Call 773-848-5151 or Fax 847-647-9718. -EOE

HELP WANTED
Office Sales & Assistant Needed
Join our dedicated team at The Bugle Newspapers and help us celebrate 50th years of serving the community. This part-time position requires proficiency in Microsoft Office, previous administrative experience and great customer service skill. Prior sales experience not required, but a plus. For more information contact 847-588-1900 Ext. 124. Forward resume via fax or Email: 847-588-1911 or barbara@buglenewspapers.com.

WANTED
WANTED WURLITZERS JUKE BOXES
ALSO Slot Machines Any Condition
1-630-985-2742
Fax: 1-630-985-5151

FOR RENT
Brick Ranch Home in Niles. 3-bedroom, 2-bath, 1-car garage. \$1,600/month, + Security. Call Randy - 847-812-2681.

FOR RENT
Edison Park 1 Bedroom, 2nd FL Apartment. Heated, Carpeted. Appliances & Paid Cooking Gas. No Pets. \$700/month. 773-774-1911

FOR RENT
5 Lg. Rooms, 3 BD, 1.5 BA. Central A/C. Milwaukee & Dempster. 847-967-6752

NOVENA
NOVENA
St. Therese of the Child Jesus and the Holy face, I come before you to offer this Novena and beg you to answer the request I now place before you (state request).
Say 24 "Glory Be's" each followed by "St. Therese of the Child Jesus, pray for us".
Say this Novena each day for 9 days starting on the 9th day of the month and ending on the 17th day of the month and promise to spread word of it so others may offer it.

FLEA MARKET
Super Flea Market
Saturday, June 2, 9AM-3PM.
St. John Brebeuf Church.
8301 Harlem in Niles.
Admission 50 cents.

HOUSE SALE
House Sale - 7522 W. Cleveland - Niles. Saturday, June 2 - 10am - 4pm. Christmas decorations, furniture & household items. See what \$1.00 buys!



THEATER LISTINGS
Kerasotes Theatres
NILES ShowPlace 12
301 Golf Mill Center (West side of Golf Mill Shopping Center) Niles, IL 60714
Office phone: 847-544-7380 ShowTime phone: 800-326-3264 #1643

ShowTimes for June 1-7, 2007
KNOCKED UP (R) 1:20, 4:20, 7:15, 10:20;
Fri-Sun early matinee 10:20am
MR. BROOKS (R) 12:50, 3:40, 6:40, 9:30;
Fri-Sun early matinee 10:10am
PIRATES OF THE CARIBBEAN: AT WORLD'S END (PG-13) 12:30, 1:00, 1:30, 2:15, 2:45, 3:15, 3:45, 4:15, 4:45, 5:15, 6:05, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 10:00, 10:30;
Fri-Sun early matinee 10:30am, 11:00am, 11:30am, 12:00
SHREK THE THIRD (PG) 1:15, 2:30, 4:00, 5:00, 6:45, 7:45, 9:15, 10:10;
Fri-Sun early matinee 10:45am, 11:45am
SPIDER-MAN 3 (PG-13) 12:45, 3:50, 6:50, 9:40;
Fri-Sun early matinee 10:00am

Pickwick Theatre
5 S. Prospect Ave. (Touhy and Northwest Hwy) Park Ridge, IL 60068
(847) 825-5800
Showtimes for June 1-7, 2007

Friday, June 1
Shrek the Third (PG) 1:30, 4:30, 7:00, 9:00
Spiderman III (PG-13) 2:00, 5:00, 8:00
Pirates of the Caribbean 3 (PG-13) 12:30, 4:00, 7:30

Monday thru Thursday, June 4 thru 7
Shrek the Third (PG) 1:30, 4:30, 7:00, 9:00
Spiderman III (PG-13) 2:00, 5:00, 8:00
Pirates of the Caribbean 3 (PG-13) 12:45, 4:00, 7:30

Open June 8 Ocean's 13 and Surf's Up

Saturday, Sunday, June 2, 3
Shrek the Third (PG) 1:30, 4:30, 7:00, 9:00
Spiderman III (PG-13) 2:00, 5:00, 8:00
Pirates of the Caribbean 3 (PG-13) 12:30, 4:00, 7:30

Open June 8 Ocean's 13 and Surf's Up

\$4 movies before 5
\$6 movies after 5

NILES
7-Eleven
Oakton & Milwaukee

A's Bar
8751 N. Milwaukee Ave.

Alliance Bank
7840 Milwaukee Ave.

Baker's Square
8584 W. Dempster St.

Edward Jones
8141 Milwaukee Ave.

EZ Pantry
8208 W. Oakton

Food Mart
8000 Waukegan Rd.

Golf Mill Shopping Center
239 Golf Mill Cntr.

Highland Tower
8815 Golf Rd.

Huntington Senior Home
9201 Maryland Ave.

Jimmy Johns
7954 N. Waukegan Rd

Niles Chamber of Commerce
8060 W. Oakton St.

Niles Library
Waukegan & Oakton.

Niles Pantry
7041 W. Oakton

Niles Senior Center
999 Civic Center Dr.

Northside Community Bank
8060 W. Oakton St.

Oak Mill Mall
7900 N. Milwaukee Ave.

Omega Restaurant
9100 Golf Rd.

St. Andrews Life Center
7000 N. Newark

The Bugle
7400 N. Waukegan Rd.

The Park at Golf Mill
8975 Golf Rd.

Village Creamery
8000 Waukegan Rd.

Village of Niles Town Center
1000 Civic Center Dr.

YMCA
6300 Touhy Ave.

PARK RIDGE
Einstein's Bagels
23 S. Prospect Ave.

First Chicago Bank & Trust
104 S. Main St.

Maine Park Leisure Center
2701 Sibley.

Maine Township Bldg.
1700 Ballard Rd.

Morningfields
800 Devon Ave.

Park Ridge Chamber of Commerce
140 Euclid.

Park Ridge City Hall
505 Butler Pl.

Park Ridge Community Center
1515 W. Touhy Ave.

Park Ridge Senior Center
100 S. Western Ave.

Resurrection Nursing Center
Oakton & Greenwood

Scissorhands Barber
739 Devon Ave.

Starbucks
100 S. Northwest Hwy.

Starbucks
15 S. Prospect Ave.

Summit Square
10 N. Summit.
Uptown Train Station
Summit & Prospect

Venus Restaurant
18 S. Northwest Hwy.

Walter's Restaurant
28 Main St.

MORTON GROVE
Bethany Terrace
8425 Waukegan Rd.

Entenmanns
7931 Golf Rd.

Family Pantry
9259 Waukegan Ave.

CVS Pharmacy
5930 Dempster St.

Kappy's
7200 Dempster St.

Morton Grove Chamber of Commerce
6101 Capulina.

Morton Grove Library
6140 Lincoln.

Morton Grove Senior Center
6140 Dempster St.
Morton Grove Village Hall
6101 Capulina.

Produce World
8801 Waukegan Rd.

Super Cup Coffee Shop
8509 Fernald

CHICAGO
Family Pride Cleaners
6204 N. Sayre Ave.

First Nations Bank
7757 W. Devon Ave.

Happy Foods
6783 N. Northwest Hwy.

Kaegs Korner Newstand
Northwest Highway & Oliphant
(Downtown Edison Park)

Rose's Beauty Salon
7502 Milwaukee Ave

Signature Bank
6400 N. Northwest Hwy.

Trinity Pub
5943 N. Northwest Hwy.



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2 & 3 Bedroom Townhomes Starting at \$215,000 Located in Chicago's newest Suburb, Morris

- ✘ Insulated form construction R-40 walls
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- ✘ 2 Car Garages standard
- ✘ Open Concept
- ✘ Huge Rooms
- ✘ Luxury Amenities Available
- ✘ 2-story and Ranch units (ranch is wheelchair accessible)
- ✘ Fully landscaped lots
- ✘ Brick exterior
- ✘ Walk to shops and restaurants
- ✘ Easy access to I-80
- ✘ Great Schools

Model Hours
 Monday-Thursday 10-6
 Friday 10-2
 Sat. & Sun. 11-5

815-942-4650

www.copperspringspoint.com

Directions to Copper Springs Point
 Take I-55 to I-80 West to Rt. 47. Head South to Brentwood which is one street past Hoover on the west side of Rt. 47.



Financing provided by the First National Bank - Morris

Unit A
 (Ranch End Unit)

- 2 Bedroom / 2 Bath Ranch
- 2 Car Garage
- 1,800 Sq. Ft.
- R-50 Insulated

Unit B
 (2 Story Center Unit)

- 3 Bedroom / 2.5 Baths
- Walk-In Closets
- Dramatic 2 Story Foyer
- 2 Car Garage
- 1,979 Sq. Ft.
- R-50 Insulated