

BROTHERS HONORED

'Sons of Italy' recognize trio of brothers
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BRIGHT STAR RETURNS

ND honors alum Greg Luzinski
NEWS, Page 14



THE BUGLE



OCTOBER 12, 2006

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Blase indicted

Arraignment set for mayor, insurance agents October 17

By Andrew Schneider

EDITOR

Long-time Niles Mayor Nicholas B. Blase was officially indicted last week over four months after a criminal complaint was lodged in federal court June 8 accusing him of taking bribes in exchange for using his office to steer business to a Wheeling insurance company.

A federal grand jury charged him and two insurance executives with five counts of mail fraud, saying that Blase took bribes and kick-backs that totaled over \$420,000 since 1997, though they believe the corruption may go back as far as three decades.

U.S. Attorney's Office Spokesman Randall Samborn said that Blase's arraignment on the charges has been tentatively set for Tuesday, Oct. 17, though that date may change by the end of the week.

At an arraignment a defendant is officially notified of the charges against him or her. It can also include pre-trial motions and the disclosure of federal evidence against the defendant.

Mayor delivers annual address



Niles Mayor Nicholas B. Blase delivered his annual address to the business community last Wednesday, Oct. 4, a day before an indictment against him on corruption charges was officially handed down. For coverage of his address, where he touted the latest developments in the village's business districts, see Business, page 9.

The grand jury also indicted Steven Weiner, head of Ralph Weiner & Associates (RWA) and Paul Zdon, a state-licensed insurance producer with the agency on mail fraud charges. Weiner and Zdon have both told prosecutors through their attorneys that they intend to plead guilty and cooperate with federal

authorities.

The indictment alleges that beginning about 1974 through June of this year, Blase worked with the other two defendants and the now-deceased Ralph Weiner by using his mayoral post to promote the Weiner agency and directly and indirectly

See Indicted, page 3

Morton Grove debates the smoking ordinance

By Tracy Yoshida Gruen

STAFF WRITER

How far should the government go?

This is a question that circulated around the Morton Grove Village Hall board room as the board, mayor and residents discussed an ordinance that included revisions of the municipal code regarding smoking in the village. The ordinance was introduced at the board meeting on Monday, Oct. 9.

As written, the ordinance will prohibit smoking at all facilities and vehicles owned, leased or operated by the village and in all enclosed public places and places of employment in the village. The board voted to have a second reading in January and a committee of the whole public meeting prior to the second reading.

Many municipalities have been creating smoking ordinances. If they do not already have a smoking ordinance, then they will have to abide by the Cook County (total smoking ban) ordinance this coming March. Mayor Richard Krier explained that unlike other villages, such as Niles, Morton Grove has a smoking ordinance so they will not have to follow Cook County's ordinance.

According to the ordinance, smoking would be allowed in hotel and motel sleeping rooms rented to guest and designated as smoking rooms, private clubs, private residences, except when used as a licensed child, adult or health care facility or any type of home based business open to the public, retail tobacco establishments and private and semi-private rooms in nursing homes and long-term care and/or assisted living facilities, in a room where smoking is permitted.

So again, the question, how far should government go? Some said the government should protect the health of the residents and regulate smoking and others said that the people should have a right to make their own choices.

Resident Pat Kansoer is strongly in favor of a smoking ban, in fact, he believes that the village should go even further and prohibit the possession, sale or purchase of tobacco or smoking-related products within the village and that all village employees should be non smokers.

"Do these specific exceptions (referring to private clubs, hotels, etc) mean that Morton Grove doesn't care about the health and welfare of hotel and motel

See Debate, page 13

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Orthodox Leaders visit St. Haralambos

Leaders of the Eastern Orthodox Church celebrate Vespers at St. Haralambos Church in Niles last week. Pictured at left are Archbishop Demetrios of the Greek Orthodox Church (center) presides over Vespers assisted by Fr. Dean Botsis, right and the Very Reverent Fr. Demetri Kantzavelos, chancellor of the Greek Orthodox Metropolis of Chicago. They also shared a meal with local church members. For more on the story, turn to page 14. (Photo by John Zouras)

Quick Tips for Fuel Efficiency

- 1. Avoid High Speeds**
As your speed increases, your aerodynamic drag increases in an exponential fashion. Driving 62 mph (100 km/h) vs 75 mph (120 km/h) will reduce fuel consumption by about 15%.
- 2. Do Not Accelerate or Brake Hard**
By anticipating the traffic and applying slow steady acceleration and braking, fuel economy may increase by as much as 20%.
- 3. Keep Tires Properly Inflated**
Keep tire air pressure at the level recommended by your vehicle manufacturer. A single tire under inflated by 2 PSI, increases fuel consumption by 1%.
- 4. Use A/C Sparingly**
When the air conditioner is on it puts extra load on the engine forcing more fuel to be used (by about 20%). The defrost position on most vehicles also uses the air conditioner.
- 5. Keep Windows Closed**
Windows open, especially at highway speeds, increase drag and result in decreased fuel economy of up to 10%.
- 6. Service Vehicle Regularly**
Proper maintenance avoids poor fuel economy related to dirty air filters, old spark plugs or low fluid levels.
- 7. Use Cruise Control**
Maintaining a constant speed over long distances often saves gas.
- 8. Avoid Heavy Loads**
Remove the sand bags from your trunk in the spring and pack lightly for long trips.
- 9. Avoid Long Idles**
If you anticipate being stopped for more than 1 minute, shut off the car. Restarting the car uses less fuel than letting it idle for this time.
- 10. Purchase a Fuel Efficient Vehicle**
When buying a new vehicle examine the vehicle's rated fuel efficiency. Usually choosing a small vehicle with a manual transmission will provide you with great fuel economy.

Gasoline prices have declined

By Andrew Schneider
EDITOR

Oil prices have dropped an average of 15 cents nationwide over the past two weeks but prices have already taken their toll this summer, with many families canceling that summer drive up to Wisconsin or to another nearby destination because of record summer prices that threatened to reach \$4 a gallon in some areas.

At the Phillips 66 Station located at Rt. 53 and I-55, regular unleaded gas was priced at \$2.31 Monday while other stations in the area advertised prices as low as \$2.26. Industry experts say that the price decrease is fueled by refineries working at peak capacity and surging oil imports at the conclusion of the high-demand summer driving season. Oil prices peaked in the Chicago-area on Aug. 11 at about \$3.30 a gallon.

But prices could rise again and soon. Members of the

Organization of Petroleum Exporting Countries (OPEC) have decided to cut production by 3.4 percent to stop the slide in prices.

The price of gas has also become a political hot potato in this election season with Democrats blaming everything from Republican complicity with Big Oil to BP Amoco's Prudoe Bay pipeline shut-down for prices that took a huge bite out of consumer spending and may be contributing to an economic slow-down.

At the peak of the gas prices in early August, Crain's Chicago Business reported that higher prices at the pump were draining an estimated \$5 billion out of the local economy and could cost as many as 62,000 jobs. Their survey also predicted that if prices reach \$4 a gallon it could end up increasing those numbers to \$8.5 billion and 102,000 jobs.

Those higher prices may be contributing to an overall

economic slowdown because when consumers pay more for gas, their spending drops on other non-essentials such as dining-out, seeing a movie or buying new clothes. The National Retail Federation forecast a sales increase of 4.5 percent for all of 2006, instead of an anticipated 6.5 percent.

Consumers looking to save money even as the price of gas declines can utilize websites like Gasbuddy.com which uses local spotters to check the price of gas. It can be searched by zip code.

Drivers might also consider dumping their SUVs. According to auto experts, SUVs average around 15-20 miles per gallon. Ditching those vehicles in favor of new cutting-edge hybrids which can achieve an estimated 45 miles per gallon may be a good idea. Hybrids still command a higher price at dealerships that can be difficult to justify. However, there are still a variety of standard internal-combustion vehicles for consumers to choose from that can average up in the 30 mile per gallon range.

POWER PLAY > 3 of 3
Final piece of a three-part series on Consumer Energy Issues

Price at the pump will rise again

Page Two
ANDREW SCHNEIDER | EDITOR
High prices are here to stay, plan accordingly. President George W. Bush says we have an addiction to oil

and, like any addiction, kicking it is going to be painful but it seems that its impossible to avoid at this point. For the U.S. economy to thrive, we're going to have to find alternatives to oil. Oil, the source of gasoline,

plastics and even some of our electricity is the commodity which underlies our entire economy. As the cost of oil rises, the cost of everything else rises as transportation and production costs increase.

Not only that, but many families had to cancel or reschedule summer trips as gas prices peaked in early August.

Alternatives to gasoline are just starting to emerge like ethanol, a popular alternative in the corn-producing Midwest. But many of the alternatives are just beginning to emerge and consumers are going to be forced to turn to conservation until a truly viable alternative to oil emerges.

If you want to save gas it could mean ditching the sports car or SUV in favor of a more conservative vehicle. If you're not ready to make the leap into hybrids then you can try cars like the Honda Civic and many other small autos that can reach above 30 miles per gallon. Those small cars are a good option for many who drive less. Hybrids come with a much higher price tag, sometimes two or three thousand dollars more than traditional autos. That higher price cuts into the

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Minelli brothers honored

'Sons' also offer special tribute to 'Mama' Minelli

By Tracy Yoshida Gruen
STAFF WRITER

It was a very special, memorable evening for Lenny, John and Fred Minelli.

The three brothers who have owned the Minelli Brothers Finer Foods store in Niles for 37 years received the Order Sons of Italy humanitarian award on Oct. 6 at the 82nd Columbus Celebration Gala.

"It was absolutely spectacular," said Fred Minelli, about the event held at Villa Brunetti in Franklin Park.

Fred describes running Minelli Brothers as a "work of love." He said the love of talking with his customers is what has kept them going for so long.

"The Minelli Brothers represent the true spirit of a warm Italian family that takes great pride in serving their loyal customers," said Anthony Baratta, the state president of the Order



Lenny, John and Fred Minelli of Minelli's Brothers Foods in Niles were honored last Friday by the Order of the Sons of Italy. (Photo: Fra Noi)

Sons of Italy in America, Grand Lodge of Illinois.

A special tribute was given to Mrs. Josephine (Mama) Minelli, the matriarch of the family.

At the event, the Order Sons of Italy Foundation awarded 13 scholarships to young Italian-American recipients. Entertainment was provided by Nino Folino and Shawn Harris.

The Minelli Brothers give back to the community through their charitable contributions and their good reputation with their customers.

The journey started back when their father, Phillip Minelli, an immigrant from Naples with no business experience, took a risk that proved to be successful. In 1970, he moved the family to Niles and he liked a spot on Milwaukee. He wanted to build a grocery store there. He passed away shortly after ground was broken to make way for the new store and never saw the store open at 7780 Milwaukee Ave.

His sons, however, carried on their father's dream and continue to love what they do.

Indicted

continued from page 1

ly steer village businesses to purchase insurance with the agency. Those actions included his participation in liquor commission and other public hearings where violations of local ordinance were heard. The indictment says that he also provided information to insurance agents concerning the village's regulation of business which, in turn, allowed agents to tout their access and ability to obtain favors for Weiner clients.

In exchange, prosecutors allege that 25 percent of commissions and premiums paid by Niles clients went to SMP Insurance Services, a shell company that they believe was controlled by Blase. Since 1997 that

amount totaled \$421,450. SMP was incorporated in 1974.

Funds that were paid to SMP were then used by Blase, prosecutors say, to pay two employees who worked at his law firm. When one of those law firm employees reduced his work schedule in 2005, he was instructed to share funds from the SMP checks with Blase's relative who also worked at the firm.

Blase's attorney, Harvey Silets was unavailable for comment this week, though another attorney in his office said that he reiterates comments made last week that the charges "are unjustified and [Blase] will be vindicated."

If convicted, the crimes carry a possible sentence of 20 years in prison and up to \$1.25 million in fines.

Column

continued from page 2

economic feasibility of hybrids but those smaller cars don't command as high a price and can definitely deliver cost-savings in the form of higher fuel efficiency than your SUV.

The higher prices are probably not going anywhere. Emerging

economies such as China and India are going to keep global demand for oil high for the foreseeable future and that means that American consumers are going to have to look at other options or eat the increased cost of gasoline. The sooner you make a decision to bite the bullet and begin working to conserve gasoline, the better of you'll be.

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NILES PARK DISTRICT EVENTS

Cardio Tennis at Niles Park District

Cardio Tennis is a high-energy aerobic activity designed to increase your fitness level. It is a fun, calorie burning activity for all tennis levels. Class begins Tuesday October 17 from 6:00-7:00 p.m. at Tam Tennis & Fitness Complex. Cost is \$12 for a tennis member and \$17 for non-member, per class. Questions, please contact Lisa Wheeler, adult coordinator at Tam Tennis @ (847) 967-1529.

Men's DUNK League

League play and playoffs comprise the 10 game schedule. All men 18 & over are welcome. Games will be 4 on 4 and played on half courts with the baskets at 9 feet ensuring a dunking of a good time. Session runs Thursday, November 30-February 8, 2007, from 6:00-10:00 p.m. Fee is \$550 per team. Please call (847) 967-6975 with any questions.

Co-Ed Dodgeball

We are proud to announce this new league in compliance with the Amateur Dodgeball

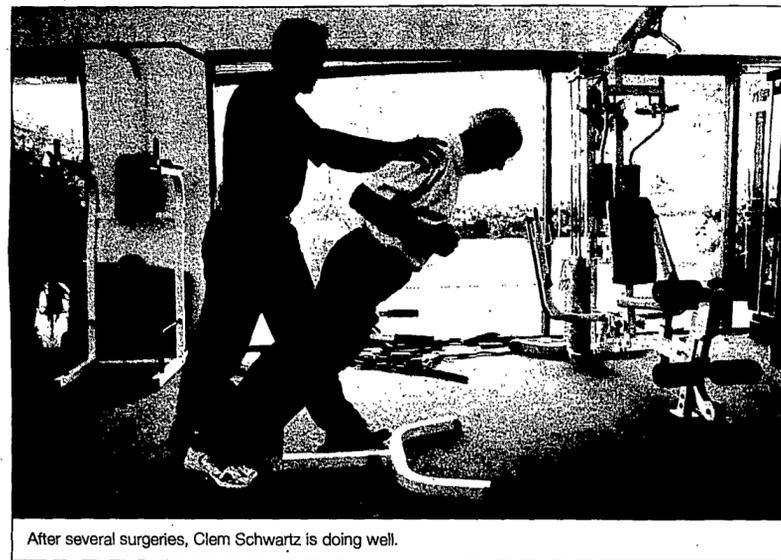
Association. The focus is fun, safe, competitive and exciting recreation. Team jerseys are supplied. Sign up as an individual or a team of 8. Games are played at Golf View Recreation Center on Tuesday's, November 28-February 6, 2007 from 6:00-9:00 p.m. Fee per individual is Res \$39; Non-Res \$44. Please call (847) 967-6975.

Men's 18 & Over Basketball League

League play and playoffs comprise the 10 game guaranteed schedule. This new league will be played at Golf View Recreation Center on Wednesdays, November 29-February 7, 2007 from 7:00-10:00 p.m. Fee per team is \$550. Please call (847) 967-6975 with any questions.

Women's 18 & Over Basketball League

League play and playoffs comprise the 10 game guaranteed schedule. This new league will be played at Golf View Recreation Center on Sundays, November 26-February 4, 2007 from 6:00-9:00 p.m. Fee per team is \$550. Please call (847) 967-6975 with any questions.



After several surgeries, Clem Schwartz is doing well.

Surgeries will not stop him

By Jack Williams
COPLEY NEWS SERVICE

Surgically speaking, Clem Schwartz has been open to just about anything.

FITNESS FORUM

Within the past 14 years, he's undergone procedures for the lower back, an abdominal aortic aneurysm, the heart and the prostate. Next on the agenda, probably within the year, are surgeries to implant an artificial disc and clear artery blockage in his right leg.

But if his track record is any indication, he'll soon be back to his usual game of golf. He'll be working out three times a week with his personal trainer and routinely handling chores around his San Diego home.

For Schwartz, navigating adversity is second nature.

He's your consummate poster patient, as familiar with a surgeon's scalpel as he is with the inside of a gym.

"I may be slowing down, but I haven't lost the bounce in my step," he says. "I don't feel like I'm 69."

Judging by his muscle tone, especially the taut abdominals, he doesn't look it, either.

In 2001, he underwent aneurysm surgery and a radical prostatectomy within months of each other. Four years later, he began having chest pains and numbness in his arm. Once his doctor took an EKG, he knew he was in trouble.

"They put me in an ambulance to the hospital, and I was scheduled for surgery in the morning," Schwartz said. As it turned out, he needed a quadruple bypass and partial replacement of an ascending aorta.

Six weeks after the surgery, he was on San Diego Country Club's golf course, where he plays two to three times a week.

"Psychologically, it hasn't effected me," Schwartz says of his setbacks. "I get up and move around quite easily, although sometimes my back hurts when I wake up."

Schwartz found the routine rehab he was assigned after his aneurysm and prostate surgeries was too restrained to make much difference. His workout regimen - based on manual and machine-induced resistance interspersed with hands-on stretching - became the cornerstone of his recovery.

All the motivation he needs to attend Monday, Wednesday and Friday sessions is under the same roof. Schwartz and his wife, Bonnie, who manages the

See Fit, page 5

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4 steps can cut cancer risk

By Charlyn Fargo
COPLEY NEWS SERVICE

If you're serious about cutting your risk of cancer, then watch your weight, eat a healthy diet and stay physically active. Seriously.

NUTRITION NEWS

That's according to the American Cancer Society's "Guidelines on Nutrition and Physical Activity for Cancer Prevention," published Sept. 28 in the ACS journal CA: A Cancer Journal for Clinicians.

There are four top recommendations (all common-sense, hint): Maintain a healthy weight lifelong; get and keep active; eat healthy, including plenty of fruits, veggies and whole grains; keep alcohol to a minimum. A person's risk for certain cancers increases with weight. Those include breast cancer in postmenopausal women, and cancers of the colon, endometrium, esophagus and kidney. Being too heavy also might be linked to cancers of the pan-

creas, gallbladder, thyroid, ovary and cervix; aggressive prostate cancer; Hodgkin's disease and multiple myeloma.

To learn more, go to www.cancer.org, and type "watch your waistline" into the search function.

Winning Web

Curious about what makes whole grains so important to good health? Check out the new blog, "Grain Talk with Marcia Scheideman" at http://grainblog.wheatfoods.org. The oldest and leading grain industry association, the Wheat Foods Council, offers the blog; Scheideman, a registered dietitian, is president of the group.

"Grains are vital to the American economy in addition to being a critical dietary staple," Scheideman says. "The purpose of the online platform is to provide consumers, health professionals and industry with clear, relevant and fact-based information with the goal of debunk-

ing myths, showcasing credible science and providing insights gathered from the grain industry in its entirety."

O&A

Q: What are soy nuts? Are they healthful choices?

A: Soy nuts are roasted whole soybeans. They may be dry-roasted or oil-roasted. Soy nuts are available plain, salted and in a variety of flavors. A quarter-cup serving contains about 194 calories, just a little less than the same portion of peanuts. Like many other soy foods, they are not low-fat, but the fat is almost all unsaturated and the saturated fat content is low. One portion provides 17 grams of soy protein - a sizable chunk of the 25 grams said to help lower blood cholesterol, according to some studies. Unsalted soy nuts contain only a trace of sodium; salted versions remain reasonable, as long as portions are controlled, with about 70 to 120 milligrams of sodium in a quarter-cup.

American Institute for Cancer Research

Winning Recipe - Cranberry Pork Roast

This recipe for Cranberry Pot Roast uses the crockpot and offers 24 grams of protein in a single serving. It's from www.mealsmatter.org.

- 1 (1- to 3-pound) boneless rolled pork loin roast
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1 (16-ounce) can whole-berry cranberry sauce
- 1/2 cup honey
- 1 teaspoon grated orange peel
- 1/2 teaspoon ground cloves
- 1/2 teaspoon ground nutmeg

- Cut roast in 1/2 and place in a slow crockpot; sprinkle with salt and pepper.
- Combine remaining ingredients; pour over roast. Cover and cook on low 4 to 5 hours or until a meat thermometer reads 160 F. Let stand 10 minutes before slicing.

Yields 6 servings.
Nutritional analysis, per serving: 310 calories, 24 g protein, 40 g carbohydrates, 6 g fat, 1 g dietary fiber.

Fit

continued from page 4

couple's graphic design and advertising studio, go to the gym together.

"It's a package deal for us - first thing in the morning," Schwartz said.

Hard Core

By strengthening his core muscles that support his back, Schwartz has been able to put off surgery on deteriorating discs. The first surgery in 1992 was a temporary fix, taking some of the pressure off his vertebrae. Working around his limitations, trainer Jonathan Gill uses what he calls a "modified approach" that doesn't

compromise intensity.

Schwartz will do 25 to 50 repetitions of abdominal crunches on a flat surface, with a trainer adding to the resistance. "You know damn well you're going to be sore the next day," Schwartz said.

Seeing the Light

At 5 feet 10 inches, Schwartz weighed more than 190 pounds before he began his exercise regimen and changed his diet. Now he's at 160, which, allowing for his back condition, may be his optimal weight. He gave up beer and wine and cut back on carbohydrates. He'll stick his day with a protein shake, including soy milk and a banana. If he has pancakes, it's

without the bacon and eggs. He likes sushi for lunch, with chicken or fish and stir-fry veggies for dinner. "If I snack, it's pretzels with a hummus dip," he said.

Hitting his Stride

Despite claudication in his right leg, Schwartz manages to leg press between 150 and 200 pounds. "I used to list when I walked," he said. "Because of my back, I would reach to open a door and lose my balance. I don't do that anymore. I walk differently." After his pending surgery, he hopes to walk a lot longer. Meanwhile, he'll stick to what works - even if he has to back off a bit from time to time.

MORTON GROVE PARK DISTRICT CALENDAR

October Calendar of Events

October 14 - Teen Night at Prairie View
October 19 - Park Board of Commissioners Meeting
October 20-21 - Teen Halloween Lock-In at Enchanted Castle

October 21 - Museum Fossil Hunt
October 27 - Halloween Family Festival

Morton Grove Park District
6834 Dempster Street
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Niles Family Fitness Center purchases new equipment

Coming in October 2006 the Niles Family Fitness Center will be replacing their existing strength training equipment with Paramount Strength Training equipment.

This type of equipment provides structural performance and biomechanical excellence

and offers the best in user features and function.

New pieces of equipment that will be seen at the fitness center are:

- Chest Press, Shoulder Press, Biceps Press, Triceps Press, Lat Pull Down, Rowing, Abductor/Adductor, Leg Press, Leg Extension, Hamstring Curl and Cable Crossover.

All the news that's fit

By Scott LaFee
COPLEY NEWS SERVICE

Medtronica

Food Allergy and Anaphylaxis Network www.foodallergy.org

WELL NEWS

The Food Allergy and Anaphylaxis Network is a group of 30,000 allergy sufferers, doctors, dietitians and representatives from the government and the drug industry. The site is excellent for learning about food allergies, new research and even recipes.

Weight, Weight! Don't Tell Me

Back when humans were essentially hunters and gatherers and they always were looking for that next meal, weight loss was generally regarded as a bad thing. It was often called starving.

These days, most people can afford to eat less, and lose a few - or many - pounds. But nature and the human body still remember those hungrier days. A study by researchers at the Queensland University of Technology in Australia says the human body has evolved strong mechanisms to defend against attempts to lose weight. (Conversely - and maybe perversely - the body has only very weak mechanisms for preventing weight gain.)

Researchers studied two groups of overweight and obese people. In one group, people exercised in excess of the amount of energy - i.e., food - they consumed. In the other group, participants followed a regimen of diet and exercise. In both cases, initial weight losses eventually slowed and stopped - a so-called "plateau effect."

"There appears to be little at this stage to predict the onset, duration and frequency of the plateau," lead author Dr. Neil King said. More exercise and an even-more reduced diet can push people past the plateau, researchers said, but the results may not be worth the effort.

King said further research was needed to precisely identify these weight-loss prevention mechanisms, but the general message was obvious: At some point the shrinking human body says enough is too much.

Not that most Americans are anywhere near that point.

Body of Knowledge

The daily heat output of the average person is enough to boil eight gallons of freezing water.

GET ME THAT, STAT!
According to the National Center for Health Statistics, one in four Americans get no exercise at all. People with college degrees are almost twice as likely to exercise as those with only a high school diploma. Men exercise more than women. Americans living in Southern states exercise least of all.

Home burglarized while residents away

MORTON GROVE

1 Unoccupied Residence Burglarized (6800 Church)

Police said unknown person(s) removed an oven range, central heating and A/C unit, and washer and dryer from an unoccupied residence sometime between July 30 and Oct. 10. The residence was reportedly secured only by a locked screen door. The victim and his investment partner purchased the home with the plan to tear it down and build a new construction home on the property.

2 Burn Marks Made on Park Table (9300 Marion)

Unknown subject(s) used an unknown flame/fire type device to make burn marks on all four table top corners of a park table sometime between Sept. 22 and Sept. 25.

3 Objects Stolen from Two Condo Units (5900 Lincoln)

Police said the victim said his mother hired a hauling service to remove certain items from both condos that she owns on Apr. 28, but instead they "cleared out both condos." The victim said he is making the report for insurance purposes and used the five months since the incident to compile a list of all the items stolen.

4 Vehicle Burglarized (8800 Mango)

Unknown person(s) broke the driver's side window of the victim's vehicle on Sept. 30. The GPS system was taken from the dashboard. Police said it is worth \$800.

5 Home and Garage Burglarized (9100 Major)

Police said unknown person(s) used a pry type tool to open the garage door of a home and stole a tool box, a bike and skis and went inside the home

and took the plasma TV and \$1,800 USC.

6 Vehicle Keyed (9100 Waukegan)

Unknown person(s) made multiple continuous lines using a key across the vehicle parked in the parking lot where he works on Oct. 2. The vehicle said one of his colleagues'

brand new vehicles was keyed in the past in that parking lot.

7 Arrest on Warrant (8500 Waukegan)

A 42 year old Morton Grove man was arrested on Sept. 30 on a Lake County warrant for failure to pay child support.

8 Suspended Driver's License Arrest (7100 Dempster)

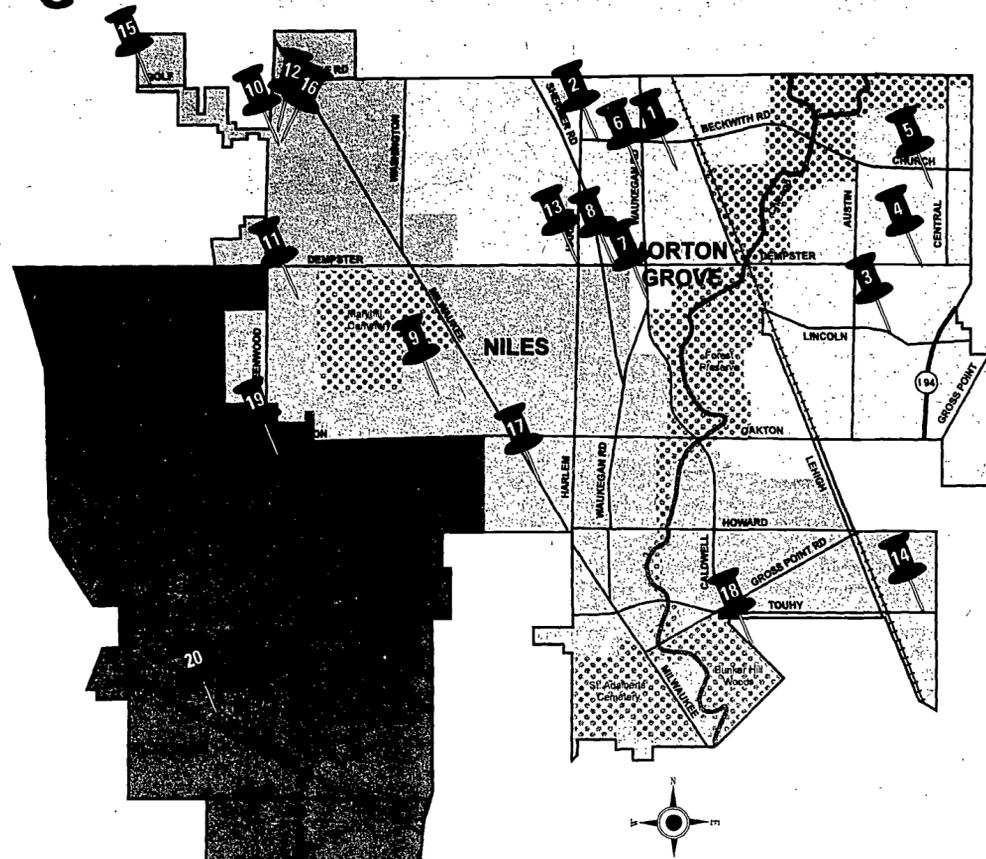
Police arrested a 21 year old Chicago man on Sept. 29 for driving with a suspended license.

NILES

9 Suspicious Person Attempts to Open Patio Door (8200 Elmore St.)

Police said a suspicious person was in the victim's backyard attempting to open the patio door on Oct. 5. The complainant was reportedly asleep in the living room and heard the offender attempt to enter. The complainant and victim turned on the lights and the

See Blotter, page 7



Bugle Graphic: Locations Approximate

Blotter

continued from page 6

subject became startled and fled west bound over the fence.

10 73-year-old Man Exposes Himself (240 Golf)

A 73 year old man exposed himself to the victim in the parking lot of the office on Oct. 2. The victim and offender exchanged words and the offender followed the victim to the Morton Grove area, at which time the victim called the police.

11 Son Pawns Family Television (8400 W. Roseview)

A 19 year old took his family's television to Cash Converters and pawned it for \$45 without the consent of his mother on Oct. 5.

12 Retail Theft (400 Golf Mill)

Police said unknown subject(s) stole three pairs of pants worth \$104.97, a leather jacket worth \$300 and three shirts worth \$44.97 from the store on Oct. 4. The subject then left in a full size black van with thin stripes on the side, said police.

13 Old Furniture and Mattress Set on Fire (7200 Dempster)

Unidentified person(s) set several pieces of old furniture and a mattress on fire in an alley on Oct. 2. The Morton Grove Fire Department extinguished the fire.

14 Violation of Order of Protection (5600 Touhy)

Police said the victim got an order of protection against the subject in April of 2006. While the subject was on the pay phone at work, the subject walked passed her and said, "What's up" and violated the order of protection.

15 Man Flees from "Myspace" Date (9100 Golf)

Police said the victim met the subject online through the "Myspace" website and they

went out on a date on Oct. 3. The two met at 6900 Dempster and drove in his car to the restaurant. The subject told the victim to go inside and reserve a table for two and the victim soon realized that the subject fled off in his vehicle that contained the victim's house and car keys. The victim said she is not sure why the subject fled and if he is even aware the keys were left in the front seat.

16 Retail Theft Arrest (220 Golf Mill)

A 34 year old Niles female was arrested for retail theft on Oct. 8. The woman reportedly took three blue jeans and one skirt with a value of \$150.98. The court date for the victim is Nov. 28.

17 Driving without License (7800 Milwaukee)

Police arrested a 21 year old Niles man for driving without a license on Oct. 8. The man was driving 51 mph in a 35 mph zone. The bond was set at \$1,000 and the court date is Nov. 17.

18 Driving with Suspended License (6800 Caldwell)

A 48 year old Park Ridge female was arrested on Oct. 3 for driving with a suspended license and expired plates. The bond was set at \$1,000 and the court date is Oct. 24.

PARK RIDGE

19 Garden Hose Stolen (1100 N. Austin)

Unidentified person(s) took the victim's garden hose worth \$10 from a spigot on the southwest side of residence sometime between Sept. 15 and Oct. 1.

20 Twelve Solar Lights Stolen (1700 W. Stewart)

Unknown person(s) took 12 solar lights located on the victim's front lawn sometime between Oct. 1 and Oct. 4. The lights are worth \$200.

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Lefas EXTRA VIRGIN OLIVE OIL \$19.99 Ea 3 Lt	Assorted DiNicola PASTA 59¢ Ea 1 Lb	Assorted Borrellis TOMATOES CRUSHED, WHOLE, PUREE 99¢ Ea 28 Oz
Sunny Hill PURE HONEY \$2.99 Ea 16 Oz	Ocean Spray ASSORTED JUICES \$2.99 Ea 64 Oz	Classic Roast COFFEE \$1.99 Ea 13 Oz
	POLLOCK FILLETS \$1.29 Lb	WILD RABBIT \$1.29 Lb

Do you have any information on these or other crimes in Niles?

Call the Niles CrimeStoppers at 847-588-6533.

Remember CrimeStoppers only wants information. They are not interested in your name.

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Window Dressing

The Transportation Safety Administration (TSA) is supposed to provide air-line security and keep us safe as we travel, but it is instead another failing government bureaucracy. If you recall in the days following September 11, 2001 national guardsmen were dispatched to our nation's airports as a first line of defense for air travelers. Yet, a close look at their rifles, the only weapons they carried, would show that they lacked a magazine. That is the part of the rifle that holds the bullets. They were essentially unarmed and might as well have been carrying purses. That window dressing, almost five years later, is what the TSA is today.

Eighteen months ago I traveled with my family and mother-in-law to Florida. Because she was traveling on a separate ticket and returning early she was marked for extra attention. They write four S's on your ticket and



Another Perspective
MORGAN DUBIEL | COLUMNIST

then they give you the third degree treatment. The absurdity of watching a grandma have to lift her blouse and show the inside of her belt buckle is sickening. They checked her on the return flight as well. She hasn't flown since.

If you think things have improved over time or that the TSA has learned, you are wrong. Just under two weeks ago the TSA changed its rules again regarding the carrying of liquids onto flights. You may recall the foiled plot to bring liquid explo-

sives onto a plane and blow it up by mixing them together. At first, carry on drinks and liquids were banned completely. Then comedians chimed in humiliating the policy. Then passengers weighed in and the airlines demanded a change. The rules were rewritten and 4 ounces of liquid were allowed in carry-on. Then just a few days later it was changed to 3 ounces. I happened to be flying that morning on a 7 a.m. flight and had already packed items containing four ounces. Most passengers also had done the same. The TSA website was updated that morning, but no one knew it. The garbage was full of items now banned because they were a ounce or even less over the new 3 ounce limit. I watched as a business traveler was searched and found to have an undeclared over the counter eye allergy medicine. He had to throw it away, even though he was flying the red-eye.

The new policy demanded that all liquids be declared and placed in a one quart plastic freezer bag. Now keep in mind

how this policy came about. It originally started as a fairly reasonable reaction to a real threat of liquid explosives. Yet, the organization entrusted with air-line security was embarrassed into changing its policy by comedians. What was the analysis showing that 4 ounces of liquids were safe? Then why reduce that by 25% to 3 ounces? Was there a new analysis? Did bomb experts show that it was not possible to mix 3 ounces together and make a bomb? Why allow a whole quart of liquid in 3 ounce containers onto planes? What is going on here? Are these decisions based on real security threats or just appearances? The problem with the TSA is how it operates. It is as dumb as government gets. While it is true that they are looking for a needle-in-a-haystack, you don't find it by scrutinizing every piece of hay. You get a magnet and pull the needle out.

You see, the TSA pits our worse against the terrorists best. Couldn't any of the brainiacs at TSA ever predict a liquid explo-

sive? In a free society everyone is at risk, all the time. But, we account for these by looking for the most probably and, if you are like most people, you profile. That is the solution that is needed. Does it make sense to treat every single passenger as a threat? It is not only idiotic, but a terrible waste of resources and time. I mean the same soldiers who hours earlier held automatic weapons and grenades are treated as possible terrorist threats, cops, judges, nuns, and grandmas are all treated as real threats. But who operates that way in real life. As you walk down the street do a group of nuns make you want to cross over to the other side of the block. No, but a group of gang bangers ought to. We need to profile and seek out real terrorism threats. If we really care about our own safety, the safety of our friends, children and families then we should not turn it over to a bureaucracy.

When was the last time a committee made the world a better place? I mean this is the same
See Perspective, page 14

"The problem with the TSA is how it operates. It is as dumb as government gets. While it is true that they are looking for a needle-in-a-haystack, you don't find it by scrutinizing every piece of hay. You get a magnet and pull the needle out."

Mayor Blase trumpets business development

By Andrew Schneider
EDITOR

In his annual address to the business community last Wednesday, Oct. 4 Niles Mayor Nicholas Blase lauded the achievements of the village in the past year which included the opening of the new Super H Mart, the Golf Mill Off-track betting facility and a soon to be open Wal-Mart store near Golf Rd. and Milwaukee Ave.

"The function of the mayor and the board," Blase said beginning his address, "is to maintain the viability of the community."

The opening of those three new stores and a myriad of other development activity in the village made the address mostly a chance to applaud officials for a successful year. Village Manager George Van Geem said that while staff was holding the line on expenditures, revenue was growing.

"The village's financial health is good," said Van Geem, who

was promoted to village manager from finance director only this year. "At the same time that we're holding the line on expenditures, we're seeing a little bit of growth on the revenue side."

Big Boxes

The new Super H Mart in the Civic Center Plaza and the Golf Mill Off-Track Betting are fruits of the village's "Going Dark" ordinance. The ordinance places severe sanctions on owners of vacant or dark big box locations.

In some cases, Blase said, owners of big box sites would close them and then leave them empty to prevent a potential competitor from occupying them. Under the village's ordinance, such owners could be fined \$500 per day if the site remains vacant.

The new Super H Mart is one of the first fruits of that ordinance.

"They're doing great business," Blase said.

The vacant Sports Authority Building located at Dempster St.

and Milwaukee has also been sold, Blase said though he does not know what is planned for the site.

Golf Mill

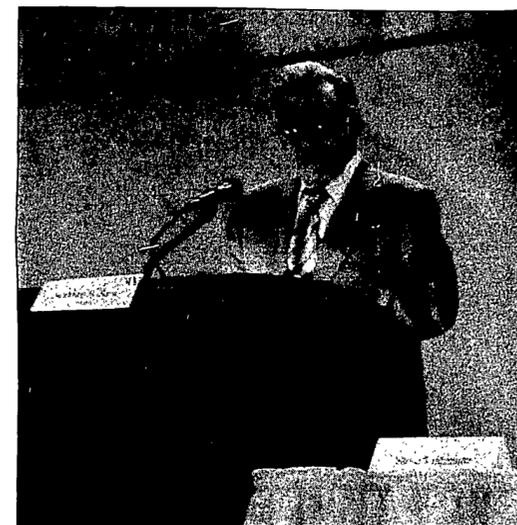
Blase said that Golf Mill will soon be undergoing an extensive remodeling, something that he believes was needed.

"It was needed because Big Boxes are hurting malls," Blase said, but argued that the mall was making a renewed push into the marketplace. "A new theatre is opening up, we hear that Target wants to expand."

Blase also said that the Golf Mill off-track betting facility "Lucky Magee's" was expected to bring in about \$500,000 to the village's coffers.

Milwaukee Corridor

Village officials also touted the reconstruction/redesign of the Milwaukee Ave. Corridor. Already, several buildings have been torn down on the south end of the village to make way for a



Niles Mayor Nicholas B. Blase speaks to those assembled at his annual address to the Niles Business Community at the White Eagle last Wednesday, Oct. 4.

new strip mall development and officials are currently working on a plan for the vacant Touhy/Milwaukee parcel and the Econo Motel.

"We're still working on the correct plan for that corner," said Steve Vinezeano, assistant village

manager. "We're three to four months away from being ready to make an announcement about the north area."

But work is being done on a redesign of the pedestrian amenities of the street's southern end and a committee has been
See Mayor, page 10

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Letter to the Editor

Pray would solve violence in schools

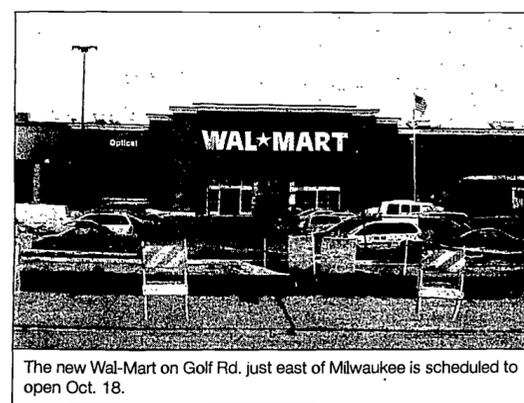
Dear Editor,

Mary had a little lamb,
Its fleece was white as snow.
Everywhere that Mary went,
The lamb was sure to go.
It followed her to school
one day,
Which was against the rule.
It made the children
laugh and play
To see a lamb in school

And then the rules all
changed one day:
Illegal it became

To bring the Lamb of God
to school.
Or even speak his name
and worse,
And days turned into years.
Instead of hearing
children laugh,
We heard gunshots
and tears.
What must we do to stop
the crime
That's in our schools today?
Let's let the lamb come
back to school
And teach our kids to pray

—Dorothy Garby, Niles



The new Wal-Mart on Golf Rd. just east of Milwaukee is scheduled to open Oct. 18.

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BY JEFFREY CARDELLA
Special to The Bugle

Edward Jones
Do You Have a Plan To Provide for Loved Ones?

You work hard to provide a comfortable living for your family. But you also need to think about what might happen to them after you're gone or if you become incapacitated. That means you need to start planning — and the best time to begin is now, no matter what your age. After all, the future is not ours to see.

To properly provide for your family, you'll need to take quite a few steps. Here are some of the most important ones:

- **Purchase adequate life insurance.** You may already have life insurance — about three-fourths of Americans do, according to LIMRA, a research and consulting organization serving the life insurance industry — but do you have a sufficient amount to pay off your mortgage, send your children to college and meet other key needs? A financial professional can help you determine if your coverage is adequate.
- **Designate beneficiaries.** You should periodically review the beneficiary designations on your life insurance contracts and qualified plans, such as 401(k)s and IRAs. It's essential to update these designations if remarriages and stepchildren are part of your family picture. Keep in mind that beneficiary designations will even supersede the instructions in your will, so, if these designations are out of date, your true wishes may not be carried out.
- **Write a will.** If you were to die intestate — without a will — a court might distribute your assets. This could lead to a great deal of problems within your family.

Clearly, trying to accomplish all these steps can be somewhat daunting. But you don't have to do it alone. You should consult with a competent tax specialist or attorney for professional advice on your specific situation. By assembling a qualified estate-planning team, you can get the help you need to achieve your goals.

Of course, you're never really "done" with your estate planning. Why? Because, over time, your life can change in many ways. Your family or job situation may change, or you may become involved in charities that you wish to support. Consequently, you'll want to revisit almost every aspect of your estate plan every few years.

But you won't want to wait a few years before you begin your planning. You don't have to get all your plans in place at one time, but you do need to start the ball rolling. Estate planning can take a lot of work — but all you have to do is look at your family to know that the effort was worth it.

*Edward Jones, its employees and Investment Representatives are not estate planners and cannot provide tax or legal advice.

Jeffrey Cardella can be reached at Edward Jones, 8141 N. Milwaukee, Niles, IL. 847-470-8953

Cub Foods in Niles soon to be Asian supermarket

By Tracy Yoshida Gruen
STAFF WRITER

Cub Foods in Niles is just one of many stores in the Chicago area that is being sold to another grocery store.

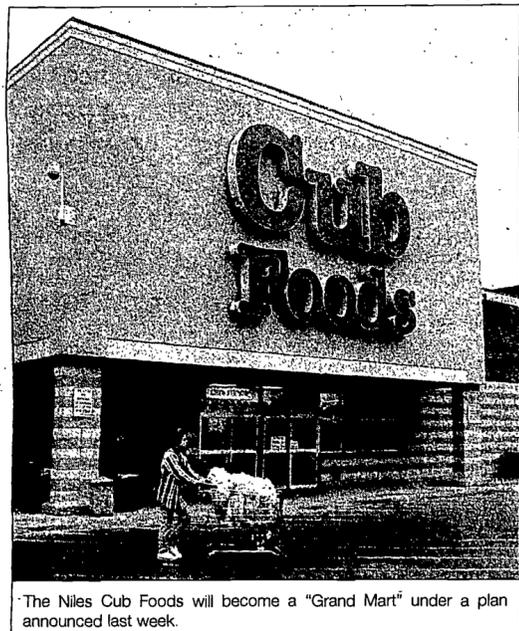
"I suspect they'll be closed by the end of the year," said Chuck Ostman, the community development director for the Village of Niles after the new Super H-Mart opened.

Cub Foods will become a Grand Mart grocery store, which is a Korean supermarket chain primarily based in Washington D.C. This will be the second Korean/Asian supermarket to open recently in the Village of Niles. Recently, H-Mart opened in the Civic Center Plaza.

Other Cub Foods stores in the Chicagoland area will become Ultra, Garden Fresh and Strack and Van Til grocery stores.

Ostman said Grand Mart will probably open in March of 2007. The Cub Foods in Niles is located at 5740 W. Touhy. Ostman believes the store was successful in Niles. It has been in that location for about six years.

Grand Mart offers a wide selection of Korean and East



The Niles Cub Foods will become a "Grand Mart" under a plan announced last week.

Asian groceries. Depending on its location, it may also offer varying amounts of Latino, American and South Asian foods. Grand Marts include Korean bakeries and video

rental shops.

Ostman said that smaller grocery stores that cater to the demographics of the village have been very successful in Niles.

Latest disaster for hedge funds a good reason to stay away

By Lynn O'Shaughnessy
COPLEY NEWS SERVICE

How would you react if some guys with impressive credentials approached you with this financial pitch:

MONEY & YOU

We can make you unfathomable riches, but we can't divulge how we'll do it. We're pretty much unregulated because wealthy investors, pension funds, endowments and other institutional investors should be smart enough to choose their tango partners. If you sign our dance card, we'll charge you exorbitantly high fees. Also, prepare yourself to write fat checks to the IRS because our traders are whirling dervishes who don't give a hoot about your taxes.

Sound appealing? Most people hearing this would probably be screeching out of the parking lot before the financial wonks finished their presentation. But this eminently sensible reaction is rarely witnessed in a world where the allure of exclusivity and easy money

turns the brains of so-called sophisticated investors into oatmeal.

What these investors can't resist, of course, are hedge funds. The powerful mystique surrounding hedge funds has turned their managers into the alchemists of the 21st century. And their wealthy acolytes have followed. In 1990, there were 530 hedge funds with \$50 billion in assets; 15 years later, investors had sunk roughly \$1 trillion into more than 8,000 hedge funds. The hedge fund kings of Greenwich, Conn., and other tonny ZIP codes, however, are no more likely to turn a lead pipe into a gold bar than they were when Thomas Aquinas was preoccupied with his theological writings.

Yet this black-box investing approach has generated so many positive press clippings that it catches victims unaware when the trap door opens. That certainly seems to be what happened to the officials overseeing San Diego County's retirement plan, who apparently invested \$175 million last year with Amaranth Advisors' hedge fund.

to have the stabilization that we need."

His address took place only a day before indictments were handed down by a federal grand jury accusing the mayor of a fraud scheme that funneled premiums and fees from Niles clients of Ralph Weiner & Associates Insurance. Blase made no mention of the charges during the address.

"In the last year we've only lost one business," he said of Landmark. He and other officials noted, however, that it would probably not be difficult to fill the high-visibility parcel on Touhy just across the street from a Target/Costco development.

Wider Issues

Blase also took time in his address to note that the larger

issues of electricity rates and property taxes were important to Niles residents and business.

Blase said that he believes a decade-long freeze on electricity rates would probably be extended because of political pressure on state legislators.

He also said that politicians needed to step up and address what he believes is a skewed

tax system which places too heavy an emphasis on property tax revenue to support government activities.

"The legislature has to have the courage to say we need a restructuring of the tax system," he said. "What needs to happen is that we raise the income tax and proportionally decrease property taxes. Until that happens we're not going

HAVE YOU HEARD

Community Garage Sale & Craft Fair Promises to be Biggest Yet

Maine Township Supervisor Bob Dudycz predicts the Second Annual Community Garage Sale & Craft Fair to be the biggest the township has hosted to date. Staff has sold out all of the 54 spaces. Record crowds are expected Saturday, October 14 from 9 a.m. to 3 p.m. in the parking lot of Maine Township Town Hall, 1700 Ballard Park Rd., Ridge.

As a result, Dudycz hopes that record-breaking proceeds will be realized and greatly benefit the Maine Township Adventure Camp for disadvantaged youth and

Emergency Food Pantry. "This promises to be the biggest sale and fair yet," Dudycz said. "All the original spaces sold out extremely fast so we added a few more where we could. We're expecting large crowds to come out, ready to shop."



Garage Sale proceeds will benefit the summer camp program coordinated by the township's MaineStay Division. The camp program serves disadvantaged children, ages 8 through 13, by participating in cultural and recreational experiences in which they may not otherwise have access. The popular camps are run in cooperation

with the Cook County Sheriff's Department which provides transportation and supervision.

Craft Fair proceeds will help buy food to stock the Emergency Food Pantry run by the township. The pantry serves an average of over 200

families per month throughout the year and even more during holiday periods.

"Our garage sales and craft fairs are fun events to raise money for two worthy causes - disadvantaged children and hungry families," says Dudycz. "We encourage our

township residents to participate, to give financial support, or just come by to shop."

For more information call 847-297-2510 or visit the Township's website at www.maintownship.com.

LEGAL NOTICE

OFFICIAL NOTICE IS HEREBY GIVEN, by DAVID ORR, COOK COUNTY CLERK, that EARLY VOTING for the November 7, 2006 GENERAL ELECTION, will be held from October 16, 2006 - November 2, 2006 at the following locations:

EV Site	ADDRESS	CITY	ZIP	PHONE	FAX
Alsip VH	4500 W. 123rd St.	Alsip	60803	(708)385-6902	(708)385-9561
Buffalo Grove VH	50 Raupp Blvd.	Buffalo Grove	60089	(847)459-2500	(847)459-0332
Bellwood VH	3200 Washington Blvd.	Bellwood	60104	(708)547-3500	(708)547-1965
Bridgeview Courthouse	10220 S. 78th Ave. Room 238	Bridgeview	60455	(708)974-6150	(708)974-6054
Brookfield Library	3609 Grand Blvd.	Brookfield	60513	(708)485-7344	(708)485-4971
Buffalo Grove VH	50 Raupp Blvd.	Buffalo Grove	60089	(847)459-2511	(847)459-0332
Chicago Heights CH	1601 Chicago Rd.	Chicago Heights	60411	(708)756-5300	(708)756-5310
Cicero VH	4937 W. 25th St.	Cicero	60804	(708)656-3600	(708)656-5801
Cook County Administration Building	69 W. Washington - Concourse	Chicago	60602	(312)603-0900	(312)603-9786
Des Plaines CH	1420 Miner St.	Des Plaines	60016	(847)391-5300	(847)391-5439
Elk Grove Village VH	901 Wellington Ave.	Elk Grove Village	60007	(847)357-4042	(847)357-4008
Elmwood Park VH	11 Conti Pkwy.	Elmwood Park	60707	(708)452-3911	(708)452-3957
Evanston VH	2100 Ridge Ave.	Evanston	60201	(847)866-2925	(847)475-7259
Harvey VH	15320 Broadway Ave.	Harvey	60426	(708)210-5300	(708)210-5358
Hoffman Estates VH	1900 Hassell Rd.	Hoffman Estates	60195	(847)882-9100	(847)843-4818
Lyons TH	6404 Joliet Rd.	Countryside	60525	(708)482-8300	(708)482-0492
Markham Courthouse	16501 S. Kedzie, Room 238	Markham	60426	(708)210-4150	(708)210-4478
Matteson VH	4900 Village Commons	Matteson	60443	(708)283-4900	(708)748-5196
Maywood Courthouse	1311 Maybrook Square, Room 109	Maywood	60153	(708)865-6010	(708)865-5505
Northbrook VH	1225 Cedar Ln.	Northbrook	60062	(847)272-5050	(847)272-1892
Oak Forest VH	15440 S. Central Ave.	Oak Forest	60452	(708)687-4050	(708)535-0014
Oak Lawn VH	9446 S. Raymond Ave.	Oak Lawn	60453	(708)636-4400	(708)636-8606
Oak Park VH	123 Madison St.	Oak Park	60302	(708)383-6400	(708)383-6692
Orland Park VH	14700 Ravinia Ave.	Orland Park	60462	(708)403-6100	(708)403-6153
Palatine VH	200 E. Wood St.	Palatine	60067	(847)359-9051	(847)359-9094
Palos Heights VH	7607 West College Dr.	Palos Heights	60463	(708)361-1800	(708)361-9711
Park Ridge VH	505 Butler Pl.	Park Ridge	60068	(847)318-5209	(847)318-5300
Rolling Meadows Courthouse	2121 Euclid Ave., Room 238	Rolling Meadows	60008	(847)818-2850	(847)818-2026
Schaumburg TH	1 Illinois Blvd.	Hoffman Estates	60194	(847)884-0030	(847)884-0194
Skokie Courthouse	5600 W. Old Orchard Rd., Room 149	Skokie	60077	(847)470-7233	(847)470-5023
Skokie VH	5127 Oakton St.	Skokie	60077	(847)673-0500	(847)568-8803
South Holland VH	16226 Watusau Ave.	South Holland	60473	(708)210-2900	(708)210-1019
Streamwood VH	301 E. Irving Park Rd.	Streamwood	60107	(630)736-3806	(630)837-0242

Early Voting will be conducted at all of the listed sites Monday - Friday 8:30 AM - 5:00 PM and on Saturdays from 9:00 AM - Noon. Additionally, on Sunday's from 9:00 AM - Noon, Early Voting will be available at the Cook County Cook County Administration Building as well as the Bridgeview, Markham, Maywood, Rolling Meadows and Skokie Courthouses.

All voters registered in Suburban Cook County can vote at any of the locations listed above. Voters must bring a government issued photo ID.

DATED at Chicago, Illinois this 12th day of October, 2006

DAVID ORR
Cook County Clerk

Mayor

continued from page 9

formed to create an overall plan.

Landmark Ford Closure

Blase also noted that the closure of Landmark Ford last week was a sore blow to the village. It's \$300,000 represented about one percent of the sales tax revenue to the village.

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Wednesday, October 25, 2006

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games, or refreshments

Maine E. announces National Merit Semifinalists

Principal David J. Barker has announced that two Maine East students have been named Semifinalists in the 2007 National Merit Scholarship Program. The honored students were Erin Li and Aleksandr Zhukhovitskiy, both of Des Plaines. The pool of Semifinalists, which represents less than one percent of U.S. high school seniors, includes the highest scoring entrants in each state. The number of Semifinalists in a state is proportional to the state's percentage of the national total of graduating seniors.

Approximately 16,000 Semifinalists were named in the 52nd annual National Merit Program by officials of National Merit Scholarship Corporation (NMSC). These academically talented high school seniors have an opportunity to continue in the competition for some 8,200 Merit

Scholarship awards worth \$33 million that will be offered next spring. To be considered for a Merit Scholarship award, Semifinalists must advance to the Finalist level. Finalists must have an outstanding academic record throughout high school, be endorsed and recommended by the school principal, and earn SAT scores that confirm the student's earlier qualifying test performance.

The Semifinalists and a school official must submit a detailed scholarship application, which includes the student's self-descriptive essay and information about the Semifinalist's participation and leadership in school and community activities. About 90 percent of the Semifinalists are expected to attain Finalist standing, and approximately half of the Finalists will be selected as Merit Scholarship winners, earning the Merit Scholar title.



Five Maine East seniors have recently received certificates as National Merit Commended Students from Principal David Barker. Pictured (l to r) are Kevin Houlihan of Des Plaines, Joseph Harrington of Morton Grove, Sylvia Prokopowicz of Des Plaines, Principal Barker, Rhombus Harloff of Glenview and Andrada Alba of Niles.

SJB Holds Walk-A-Thon



St. John Brebeuf School held a Walk-A-Thon on Monday, Oct. 2 to benefit their athletic program. The children walked through the neighborhood around the school. The whole school participated. K through 4th walked two miles. 5th through 8th walked three miles. Parent volunteers were stationed along the route for safety.

Joint meeting discusses Special Education changes

A joint board meeting with a few local school districts to discuss recent changes in special education rules will be held at Gemini Jr. High School in Niles at 6 p.m. on Oct. 11.

The boards of education of East Maine School Dist. 63, Des Plaines Community Consolidated School Dist. 62, Park Ridge Community Consolidated School Dist. 64 and Maine Township H.S. Dist. 207 will participate in the joint board meeting. An attorney will also be present at the meeting.

Every year, these districts come together to discuss a different topic. Last year, finance

was the topic of discussion.

This year, due to the reauthorization of an individual with disabilities education act, the districts chose to discuss special education rules and regulations and the subsequent impact the changes have on public schools.

The agenda of the meeting also includes an updated overview of the Maine Township Special Education Program.

Some of the superintendents find that meeting with different school boards is very helpful and that all of the districts share certain concerns about the same issues.



Greg Luzinski stands with Mary Burke (a Glenview resident), the widow of longtime NDHS coach and staff member Jack Burke, who was Greg's varsity baseball coach during high school. Jack passed away in January of 2005. (Photo by Tom Connelly)

Greg Luzinski's number retired

Greg Luzinski, a former Chicago White Sox baseball player, retired his varsity baseball uniform at Notre Dame High School on Friday, Oct. 6.

Luzinski, a 1968 alumnus of NDHS, enjoyed catching up with some of his former teammates and coaches. About 45 of his former teammates and friends from NDHS came to the event to spend time with him and be there for the retirement of his uniform.

"Once a Don, always a Don," said Luzinski, who was originally from Prospect Heights, as he was shown the framed jersey at the 50-yard line. The crowd enthusiastically cheered for him.

Drafted right out of high school in 1968, Luzinski played 11 years for the Philadelphia Phillies and four years for the Chicago White Sox. He was thrilled to be back at his old school.

"It's a great feeling. I graduated in 1968. It's been a long time. It's not too often that you get an honor like that," said Luzinski.

A four year player on the varsity baseball team, Luzinski played catcher and first base while at Notre Dame High School.

"There's no question that the education, the discipline and the

great coaches that were there helped me in my baseball career—the combination of the three lead to success for me," said Luzinski.

"We were very competitive," said Luzinski. "I always played up. I was on the varsity as a freshman."

One person Luzinski wished could have been there was the late varsity baseball coach Jack Burke, who's widow Mary was on hand for the event. Luzinski hugged Mrs. Burke after being shown the framed jersey.

"Coach Burke took me under his wing as a freshman. I never saw freshman baseball again. I had a lot of respect and learned a lot from him," said Luzinski.

"It was great," said Larry Amidei, the assist director of development at NDHS. "He had a great time."

Not only gifted in baseball, Luzinski was also played four years of football and was a member of the 1966 State Championship NDHS football team as a junior. "I played full-back and middle linebacker," said Luzinski. He and members of that team were acknowledged during half-time of the varsity football game Friday.



The Plach family stands in front of their house, the first home with fire sprinklers in Niles.

Plach family's home is first in Niles with interior sprinklers

By Tracy Yoshida Gruen
STAFF WRITER

The Plach family in Niles stood together in front of their home, feeling safer for the first time since their home was destroyed in a house fire on Apr. 28.

On Friday, Sept. 28, their home became the first home in Niles protected with a residential fire sprinkler system. The system was dedicated to the Plach family after the tragedy that they suffered. At the open house, there was a walk through of the home and a fire sprinkler burn demonstration.

"I feel scared everywhere I go," said Carrie Plach, with tears

in her eyes. "My children lost all of their stuff and their cat."

Plach walked through the fire to save her son, Kevin, who was sleeping when the fire started after an aerosol bottle and water heater both exploded.

Fire chiefs, officials, fire inspectors, building officials, public works employees, planning and zoning, and builders attended the dedication and open house.

Commercial buildings in Niles have sprinkler systems, but this was the first home in Niles to have one installed.

Peg Paul, a representative, said that the biggest challenge is getting people to realize that residential fire sprinklers are falsely

portrayed in Hollywood movies. She said that the water is contained to the area that reaches a certain level of heat and is not sprayed uncontrollably all over the home.

Thirty-six Chicago area communities require sprinklers in all new construction homes. The education program is funded through a department of Homeland Security Fire Act Grant in order to education people about residential fire sprinkler systems.

Carrie and her husband Kevin and their four children have been staying with their friends nearby and they will move back into their home hopefully by Thanksgiving.

Debate

continued from page 1

guests...or the employees of hotels and motels?" asked Kansoer. "Aren't the members of private clubs worth of concern and protection by our village officials?"

Trustee Roy Kogstad stated that if the Surgeon's General report shows that second-hand smoking is a danger to people's health then the village should look out for the health of its residents and that should be the priority. He also feels that the residents were not given enough information about the discussions and meetings regarding the ordinance.

"Smoking is an addiction,"

said resident, Chris Arns, who is supportive of a smoking ban. "The consequences should fall on those with the addiction."

A couple local business owners attended the board meeting to express their concerns.

"In my business, almost 40 percent that come in our smokers," said Jim Reinke, of Trakside Tap in Morton Grove. He is concerned that banning smoking will hurt his business and the sales tax revenue as a whole for the village.

"We should take some time and really think this through," said Mike Cummings, the owner of Bringer Inn in Morton Grove. He said he personally quit smoking several years ago. Cummings is also afraid that a ban on smok-

ing will have a negative impact on his business.

"All they have to do is go around the corner to Skokie," said Cummings.

Some of the village board members were also concerned that a smoking ban would have a negative economic impact on the village and a few of them felt that smoking should be allowed in restaurants, bars and bowling alleys. One trustee asked that the board define "private clubs" so that there is no confusion.

"I don't think we should be the Taliban of the smoking ordinance," said Trustee Dale Senesky, who believes that since the village doesn't receive many complaints about smoking then it shouldn't be an issue.

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LOCAL NEWS

...you're interested in...
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St. Haralambos hosts meeting

By Andrew Schneider
EDITOR

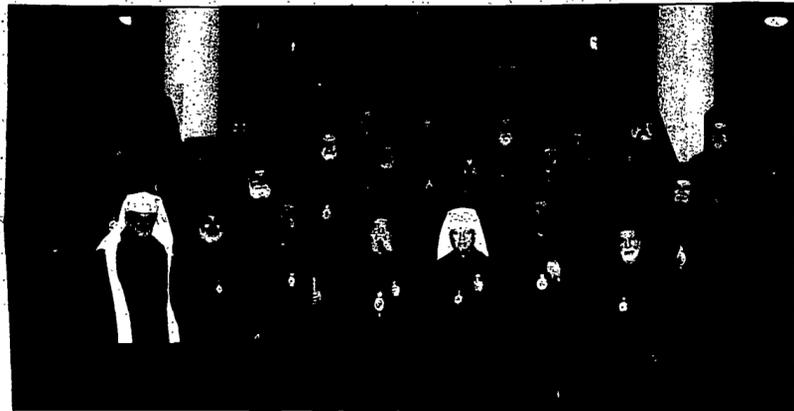
About 50 bishops representing all the various ethnic sects of the Eastern Orthodox Church took time out from a week-long conference at the O'Hare Marriott in Rosemont to celebrate Vespers and enjoy a meal at St. Haralambos in Niles on Wednesday.

The bishops met to discuss the business of the Standing Council of Orthodox Bishops in America (SCOBA). The organization oversees various charitable efforts of the Orthodox Church in the United States and abroad.

On Wednesday the church leaders were taken in a Niles Police Motorcade from the O'Hare Marriott to St. Haralambos.

"It was an amazing thing," said Chris Kerkeres, St. Haralambos director of Youth Ministries and Pastoral Assistance. "The Niles Police did a great job with the motorcade. We drove all the way from Rosemont to the church in seven minutes."

After Vespers, the bishops



Bishops of the Eastern Orthodox Church pose for a photo at St. Haralambos Church in Niles last Wednesday prior to taking their Vespers. (Photos by John Zouras)

from Greek, Serbian, Russian and Ukranian Orthodox Churches, to name a few, shared a meal prepared by Spyro Botsis and George Alpagianis, both graduates of the Kendall Culinary Academy.

"The presence of the heads of the various orthodox churches is a reminder and example of the unity of the

faith," Kerkeres said. "It was very majestic. They came, they worshiped together and then they went next door and broke bread together."

During their meal the bishops took time to listen to members of the church and Greek Orthodox Archbishop Demetrios praised St. Haralambos' community and its leader, Fr. Dean Botsis.

"The archbishop spoke about how impressed he was with our community and how it was a testament to the leadership of Fr. Dean Botsis," Kerkeres said.

The gathering was rare occurrence, Kerkeres said and one that probably wouldn't be seen again in Chicago. The last such meeting happened in Pennsylvania in 1994.

Perspective continued from page 8

outfit that brought you the US Post Office. They cannot be fired if they mess up. Security is enforced differently from airport to airport. If you and a couple of friends thought about it for an hour you could come up with a dozen ways to defeat or overwhelm the TSA. The workers themselves couldn't get hired as ushers in a ballpark. They are a surly lot and won't use more brain power than a toaster. What makes them qualified to examine your carry-on liquids? If you saw a group of these monkeys holding a plastic bag up for scrutiny you would laugh until you cried. Crying because you realize that this is the best our government can come up with. Think about it. We counter the terrorist threat with a bureaucracy made up of Andy Frain rejects. They are a small dedicated group up against a large dispersed bureaucracy made up of workers who could care less. Which group do you think will be more determined to win? Which is more likely to win?

What we should do right away is eliminate the TSA and turn the job of airline security over to the airlines. Remember that it was the passengers that caught Richard Reid, the shoe bomber. Security, even after it was alerted, let him on-board. Next we need to make it legal for airlines to profile and return to a respect for private property. Let them deny service to anyone for any reason, just like restaurants. The fact is the terrorists are not smarter or more creative than we are. We are just putting our worst face forward. Let the ingenuity of the marketplace defeat terrorists. You may recall the problem airlines had with their lavatories. The bathrooms on airlines are designed such that toilets are built into the wall and held in place by a cawling. This makes for easy removal, maintenance, repair and cleaning of the waste. It also made an ideal hiding place for stowaways or worse. How did the airlines solve this serious problem? They drilled two holes on either side of the cawling and slipped a thin wire, twisted it and sealed the cawling to the wall by this means. It cost a few pennies of material, plus less than a hour of labor. It created a simple system that by quick visual inspection would show if it was tampered with. Simple, cheap and effective. When was the last time you associated any of those words with government?

Annual Pet Winners

The Niles Senior Center held its annual Pet Parade Monday. Below are a list of the winners at the event. More photos and coverage of the event will appear in The Bugle's "Pet Stop" on Oct. 26.

- Best Behaved** - Idun (Norwegian Elkhound) - Owner - Edith Lanzl
- Best Costume** - Precious (Chihuahua) - Carol Power
- Best Strut** - Ranger (Maltese/Bichon Mix) - Susan
- Biggest** - Riley (Goldendoodle) - Linda Nikolich
- Bravest** - McGregor (cat) - Marilyn Kramer
- Crowd Favorite** - Enzo (Tea Cup Poodle) - Candace
- Curliest Hair** - Charlie (Cavalier King Charles) - Dotty Warchol
- Floppiest Ears** - Honey (Toy Poodle) - Shirley

- Funniest** - Shadow (Black Lab) - Kathy Grochocki
- Miss Congeniality** - Bailey (German Short Hair) - Ron Sorenson
- Most Energetic** - Cutie (Chihuahua Poodle) - Grace Bautista
- Most Vocal** - Rat Terrier (Rexxi) - Asie Pienku
- Mr. Congeniality** - Dreo (Border Collie and Black Lab) - Don and Betty Stotz
- Oldest** - Dolly (Toy Poodle) - Lois Leyh
- Pet/Owner Look-A-Like** - Annie (German Short Hair) - Joan Jensen
- Scariest** - Daisy (Beagle) - Kathy Grochocki
- Smallest** - Kiwi (Teddy Bear Hamster) - Marilyn Pienku
- Waggiest Tail** - Pretty Baby (Yorkie) - Helen Kasuga
- Youngest** - Miss Penelope (Miniature Dachshund) - Michael Czapar

Invitation For Bids

Due Friday, October 27, 2006 by 3:00 PM

Sealed Bids are being accepted for the following job:

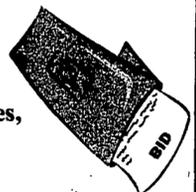
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JCA Hilltoppers top Notre Dame 51-21

By Joe Mahoney
CONTRIBUTOR

This time grandma wasn't the one run over by a reindeer; then again, it wasn't a reindeer either. The Hilltoppers (5-2) of Joliet Catholic Academy displayed once more why they are a perennial power, and one of the most storied programs in ESCC football, by trouncing the Dons of Notre Dame (4-3) with a score of 51-21: Notre Dame did fight hard, but Joliet fought harder.

Jeffery Larsen (8-of-16, 138 yards, 2 TD's) and Zach Abraham (3-of-9, 83 yards, 1 TD), both of which quarterbacked for Notre Dame, were the only offensive sparks that Notre Dame could ignite.

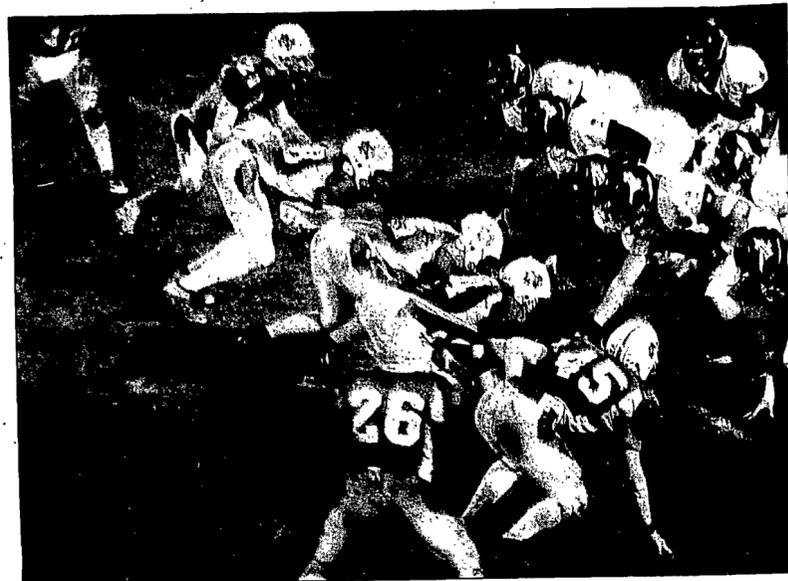
"When we first got to the locker room, we saw our best running back Matt Jackson with a walking cast on his leg, and that just immediately changed the strategy of how our game was going to be played," said Larsen after the game. "We knew that we were gonna have

to go and pass the ball. It was our first time running that type of offense, and though we did show some positive signs, there was definitely room for improvement."

Improvement indeed. Notre Dame boasted a mere 225 yards of total offense in the game, shadowed by its adversary's overpowering offense of 479 yards, and Joliet's stifling defense that not only held the Dons in check in terms of their yardage game, but also forced four fumbles and intercepted a pass.

The first Joliet fumble recovery came on the Don's opening drive (10:00 remaining in the first quarter), also the first drive of the game, in which quarter back Jeffery Larsen was stuffed by the Hilltopper defensive line on Notre Dame's own 46 yard line, and lost the ball.

Coach Mike Hennessey of Notre Dame commented, "Joliet is a really great team. They have great coaches and great athletes. They all did a really nice job."



The Dons defense was on the field the majority of the game Oct. 6 versus JCA.

The Hilltoppers immediately went to work, never looking back. They found the end zone four times in the first half. Quarterback John Ruettiger, (8-of-16, 103 yards, 2 TD's) assaulted the holes of the Notre Dame secondary through the air. The ground attack was led by the "fantastic three"; Connor Krisch (7 carries, 69 yards, 1 TD), Brandon Geiss (11 carries, 173 yards, 1 TD), and Tyler Hudetz (7 carries, 63 yards). Following the first Joliet fumble recovery, Geiss found an opening in the Don's defensive line, and went with it, running

for 43 yards, and setting up a 1 yard touchdown run by fellow back Connor Kirsch. Energized by the performance, the Hilltoppers stopped the Dons dead in their tracks, forcing them to punt on each of their next two possessions. The Hilltoppers extended their lead as the final minute of the first quarter ticked away with a field goal, making the score 10-0. The Dons still had fight in them, however. "I think mentally we kept playing, and that is the silver lining that we can get out of this game; that we continued to

play, we continued to play hard. I didn't see us shrink at all from anything that went on out there, and that makes a difference," reflected Notre Dame coach Mike Hennessey after the game.

On the opening play of the second quarter, Notre Dame's Jeff Larsen connected to receiver Marc Bianchini with 51-yard touchdown cutting Catholic's lead to three. "Marc Bianchini exploded at times, and had some really nice catches, especially when we had the time offensively to throw the ball," quipped Hennessey. Joliet went right back to work on a 39-yard touchdown run by Brandon Geiss on their following offensive drive. Notre Dame, in turn, answered with a 37-yard touchdown reception from Larsen to Bianchini. The Hilltoppers were not finished extending their lead with a 17-yard touchdown pass from QB John Ruettiger to receiver Coby Fleener with 5:00 remaining in the second quarter, and another connection from Ruettiger to Fleener with 16 seconds before the half. Going into halftime the score was 31-14.

Hennessey said later, "We had it 24-14 with about sixteen seconds left in the half, before they scored that last touchdown, and had we kept it at that we would have come out in the third quarter a little bit stronger, but we never lost it.

CATHOLIC WOMEN'S BOWLING

Bowled Wednesday, October 4, 2006

Points	Won	Lost
Bielinski and Bono Dental	26	9
Classic Bowl	21	14
Niles Dairy Queen	17	18
Candlelight Jewelers	16	19
Skaja Terrace Funeral Home	15	20
NorthSide Community Bank	10	25

High Series/High Games

Janet Trozzo	524/190
Millie Kroll	513/200
Jan Roppel	473/187
Lois MacAdam	472/180
Olivia Tanada	469/175
Mary Johnson	467/178
Mary Wasilewski	159
Angie Strazzante	156
Helma Drag	155
Helen Reyes	154
Dahlia Sarosario	154

Register for flu shots at Niles Senior Center

Niles Senior News

Flu Shot Registration Due

The Flu Shot Registration Form for Niles Seniors was in the October Naturally Active Program Guide. To make an appointment, you must complete the form. No reservations will be taken over the phone. If you are not a member, but would like to register for a flu shot, you can pick up a Flu Shot Registration form at the Senior Center.

Real Estate Assessment Seminar

On Wednesday, October 18th at 1:00PM, Nancy McCready of the Cook County Assessor's Office will be on hand to answer your questions. If you have specific questions about your tax bill,

please bring a copy of your second installment bill. Please register in advance.

Phone Bill on a Diet

Wednesday, Oct. 18 10:00AM Representatives from the citizens Utility Board (CUB) are visiting the Center to discuss how to trim phone bills of costly, unnecessary services and to spread money-saving tips. Bring your phone bill and the CUB expert will analyze it and give tips on how to save money. FREE but please register in advance.

Toni & Tina's Wedding

Wednesday, November 1, 11AM - 4PM \$45 Toni and Tina are getting married and you're invited! The food is great - it's an Italian buffet. A champagne toast! Wedding cake! Live music! What could be bet-

ter? Cost \$46. Call for ticket availability.

Carbon Monoxide Program Volunteers Needed

Volunteers are needed to call members of the Senior Center to schedule appointments for the annual Carbon Monoxide and Natural Gas Testing Program. Appointments begin in November and run through March. Please contact Kathylyn for more information.

How to Winterize Your Car

Tuesdays, October 17th - Nov. 2:30-3:30 Your vehicle may need some preventive maintenance to get ready for the upcoming winter. In this 6 week course, taught by Randy Stricker, you will learn how to properly winterize your car. Learn what you should keep

Dinner & A Movie

The Lake House, Wednesday, October 18th (2006 PG) \$2 5:00PM - 8:00PM

A hot dog dinner will be served at 5:00, prior to the movie. Stars Sandra Bullock and Keanu Reeves.

Lunch with the Red Hatters

On Monday, October 30th, the Red Hatters have reservations at Lucky Magee's Racino Grill and Sports Lounge in Niles. Red hatters will meet at noon for a buffet luncheon featuring Fried Chicken, Polish Sausage, Cold Cuts, Cheese, Kraut Potato Salad, Cold Slaw and Dessert. Please call Kelly for a cooling and/or directions. Red and purple outfit are required. Cost \$14.25.

Oktoberfest

Friday, October 20th 11:30AM-2:00PM \$12

Join us as we welcome the Bill Beilfuss Duo to perform a lively show of Yodeling, Schnitzelbank, Chicken Dance and other great songs. We will feast upon a delicious catered luncheon featuring Bratwurst and Sauerkraut, Herb Baked Chicken, German Potato Salad, Corn Cobettes with butter and delicious Bavarian Crème Jello Dessert.

Help granddaughter accept brother's new wife-to-be

By Doug Mayberry
COPELY NEWS SERVICE

Q: We have two grandchildren, the boy, 22, and his sister, 18. Both have been close and quite protective of each other. However, last month

DEAR DOUG

our grandson announced he was in love with his college sweetheart. They plan to marry on Valentine's Day. We have all gotten to know his fiancée well and believe they will make a good match. However, we sense our granddaughter is unhappy about her brother's plans to marry. We don't understand her attitude. Why is she so angry?

A: My guess she is jealous of another female taking away her brother, caretaker and, probably, her best friend. She's finding it difficult to accept his need for a lover and own family. It will take time for her to understand how much more interesting adding a new family member becomes. As their marriage plans progress, involve her in the details and suggest inviting her to be a member of the wedding party. You could also point out that by asking your granddaughter to share the responsibility of an announcement party, it

would help develop their friendship.

As the wedding date approaches, your granddaughter will be exposed to what her future will be like when she falls in love. This will be a valuable learning opportunity for her. Be patient; as the two girls get to know each other better, they will find things in common. As they develop their friendship, your granddaughter will learn more about commitment, her own life's goals and may soon talk about what fun it will be when she becomes an aunt.

Hopefully, she will understand why her brother has found a partner, friend, lover and playmate. Slowly, this will allow her to dissipate her anger. Most of us made our marriage commitments with a degree of fear and trepidation as her brother will also do. Explain this is normal and will be for her. Tell her how important her support for his choice will make a difference in all of your lives. Letting him know the entire family is in favor of his marriage is an important need for him.

Her willingness to do so will contribute to her brother's happiness as well as her own. She will never regret it!

Q: I am worried about my

kids and their families if they were caught up in a sudden emergency such as a hurricane, fire, flood, burglary or even a school shooting incident. They have been lucky and so far have not been touched by emergencies. However, they are so casual and to my knowledge have not made any emergency plans. I fear and believe if a disaster occurred they wouldn't have the faintest idea of how, where, or understand what they need to do. My daughter-in-law gets extremely touchy when I try to interfere with their lives. How I express my concerns without her feeling I'm butting in?

A: Over a period of time I believe you can graciously express your concerns through your gift giving. For the holidays and birthdays why not give each member of the family emergency type items. You could begin with an inexpensive backpack for each family member in the event they need to run.

Throughout the year you could add supplies such as a flashlight, throwaway camera, can-opener, water bottle, toilet paper, perhaps a knife, a book, an address/ phone book, and other appropriate items for each age group.

See Doug, page 18

MG Senior Center offers flu shots

Flu Shots

The Morton Grove Senior Center will provide Flu Shots to Morton Grove residents age 65+. A flu shot is given annually and is the primary method of preventing the flu and its possible severe complications. There will be no charge for Morton Grove residents who bring in their Medicare Part B card. Residents without Medicare Part B will be charged \$36.46. Anyone allergic to chicken eggs, those who have had a severe reaction to a flu shot, or anyone who has previously developed Guillain-Barre Syndrome after getting a flu shot should not get the shot. Anyone with an

active infection or fever should postpone their shot until their symptoms subside.

Resurrection Medical Center will be administering the immunizations at the Morton Grove Senior Center on:

Wednesday, Oct. 18 from 9 a.m. to 1 p.m.
Thursday, Oct. 19 from 9 a.m. to 1 p.m.
Saturday, Oct. 21 from 9 a.m. to 12noon
Wednesday, Nov. 1 from 1 p.m. to 4:30 p.m.

Reservations are required and can be made by calling the Morton Grove Senior Hot Line at 847/470-5223.

See Morton Grove, page 18

CLASSIC BOWL 50th ANNIVERSARY

Daily Specials

Mondays 9:00 am - 6:00 pm Buy 1 game get 1 free. 9:30 pm to Close \$6.00 all you can bowl in 2 hrs.	Thursdays 3:00 pm - 6:00 pm \$1.00 per game. 9:30 pm to Close \$1.49 per game.	Saturdays 10:30 pm - Close Rage Bowl - \$3.99 per game
Tuesdays 3:00 pm - 6:00 pm \$1.00 per game. 9:30 pm to Close \$6.00 all you can bowl in 2 hrs.	Fridays 9:00 am - 6:00 pm \$1.25 per game. After 7:30 pm \$4.00 Strike Night!	Sundays 9:00 am - 3:00 pm \$2.25 per game.
Wednesdays 9:00 am - 6:00 pm Red pin "Win a FREE game." Regular rates apply. 9:30 pm to Close \$2.00 per game.	Prices Good For Open Play Only Call For Availability Prices Not In Effect On Holidays	

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Maine Twp. seniors plan fall trips, classes and more

Maine Twp. Senior News

MaineStreamers

The Maine Township MaineStreamers program offers a variety of opportunities for residents 55 and older. All residents and property owners are invited to apply for membership. Membership includes a free subscription to the MaineStreamers monthly newsletter, which details all activities for the upcoming month. Most activities take place at Maine Town Hall located at 1700 Ballard Rd. in Park Ridge. Members pay individually for whichever activities they want to participate in.

Contact the MaineStreamers at 847-297-2510 or visit us at www.maintownship.com.

Grandparenting Program

"Learning Not To Blow a Gasket," Tuesday, Oct. 17, 10 a.m. to 11 a.m., No Cost - Registration Required

Anger toward our kids and grandkids is not unusual, but it

is something we are uncomfortable talking about. Come and learn ways to handle anger. This group offers friendship, support and information as you care for children a second time around. Free books will be available to those attending.

S.A.L.T. Program

Seniors and Law Enforcement Together, Thursday, Oct. 19, 10:30 a.m. to 11:30 a.m., Presenter: Cook County Sheriff's Office, No Cost - Registration Required

Today's topic will be Court Procedures for Civilians, including how to conduct yourself and what to expect. Come and join us for this informative program.

Men's Group

Tuesday, Oct. 24, 11:30 a.m. to 1:30 p.m., Cost: \$3 - Lunch Provided, Registration Required

Enjoy lunch together as we socialize. Then enjoy a "World War II Memorial" slide program presented by Donna S. Horwitz.

Women's Tea

Thursday, Oct. 26, 10:30 a.m. to 12 noon, Cost: \$2. Refreshments included, Registration Required

Five Township Job Fair

Thursday, Nov. 2, 10 a.m. to 12:30 p.m., The Cotillion, 360 Creekside Drive (Rt. 53 and Northwest Hwy.), Palatine

Looking for employment? Don't miss this award winning event for people 50 and older.

Meet potential employers and apply for positions available. Be sure to bring plenty of resumes. This event is sponsored by Elk Grove, Maine, Palatine, Schaumburg and Wheeling Townships. Call 847-297-2510 Ext. 240 or visit www.5townshipsemployment.com.

Morton Grove

continued from page 17

Let's Do Lunch

Come visit the "Lunch Bunch" any Monday through Friday at the Morton Grove Senior Center. Reservations are required and can be made by calling 847/967-6876. Lunch is served at 11:30 a.m. but the Center opens at 9 a.m. where many come in for bingo, cards, camaraderie, crafts, games, health screenings, quiet reading, seminars and just plain fun. The following special "Lunch Bunch" events are coming up:

Octoberfest - Brighton Park Band on Wednesday, Oct. 18. Lunch is Bratwurst and Root Beer Floats.

Halloween Costume Party on Tuesday, Oct. 31. Lunch is Manwich and Halloween Treats.

The lunch cost is a \$2.75 to \$3 donation. For information about the menu or transportation call the Morton Grove "Lunch Bunch."

Afternoon Concert with Larry Levin

Larry Levin will entertain at the Morton Grove Senior Center at 1:30 p.m. on Thursday, Oct. 19. Larry sings a variety of popular tunes with his own musical accompaniment.

Refreshments will also be served and the cost is just \$1 for Morton Grove Senior Center Members and \$1.50 for non-members. Larry Hanover, Reverse Mortgage Specialist from Wells Fargo Home Mortgage (and a retired Morton Grove firefighter/paramedic) is sponsoring this afternoon of fun. Register in-person at the Senior Center.

'I Love You, You're Perfect, Now Change' Show

Travelers from the Morton Grove Senior Center will take in this humorous musical about the modern day mating game on Thursday evening, Oct. 19 in Arlington Heights. As the cast explores various aspects of romance, dating, marriage, husbands, wives and in-laws; audiences fill the theater with laughter. The bus departs from the Senior Center at 6 p.m. and returns at 10:30 p.m. The cost is \$37 for Senior Center Members and \$43 for non-members. Please register in-person at the Senior Center.

Mayflower Tours Trip Preview

Mayflower Tours will highlight their upcoming "Affordable Greece," "Alaska," "Cruise Tour," and "Value Tours" from 1:30 to 2:30 p.m. on Monday, Oct. 23 in the Morton Grove Senior Center. Please register for this free program before Oct. 19 by calling the Morton Grove Senior Hot Line at 847/470-5223.

Tai Chi Demo & Classes

Join the Morton Grove Senior Center for two six-week Tai Chi classes. Tai Chi uses slow, gentle movements to improve flexibility and build muscle strength gradually. It can help ease sore joints and muscles. The Monday series of classes will be held from 10 to 10:45 a.m. beginning Oct. 23. The Friday series of classes also from 10 to 10:45 a.m. begin on Oct. 27. The cost for each six-week series is \$25 for Senior Center Members and \$29 for non-members. Please register in-person at the Senior Center before Oct. 19.

LIFE

California-inspired Vietnamese wraps with Lodi wine

By Ron James
COPLEY NEWS SERVICE

The Chef

It was the end of the Vietnam War and Tammy Huynh's world had turned upside down. Her family had fled their home on Vietnam's coast,

PERFECT PAIRINGS

cramped into a small fishing boat, to reach relative safety in Indonesia. After a year in a refugee camp, the forlorn family wound up on a bus to a place quite unlike their monsoonal coastal village - Lodi, the California town backhandedly immortalized in song by Creedence Clearwater Revival.

Fortunately, Huynh's mother, Chac Do, had a passion for cooking and supported the family by in local restaurants. Huynh studied biochemistry at the University of California Davis and earned a doctorate in pharmacy from the University of the Pacific. The family moved to San Jose, Calif., where Chac Do worked her way up to sous chef.

In 1985, the family opened a 30-seat Vietnamese restaurant in a strip mall. Everyone pitched in to keep it afloat, including Huynh, who helped out on weekends and learned classic Vietnamese cooking techniques from her mother. Four years later, they moved the restaurant to a much larger location.

"I had a vision that we would make it," Huynh said. "I told my mom that I would quit school if it would help make the restaurant a success, but she said no."

For nine years, Huynh



Tammy Huynh came from Vietnam with some fresh ideas

worked as a pharmacist, but she had developed her mother's passion for food and in 1996 decided to forgo her pharmacy career for the kitchen. Since then the family's California restaurant business has taken off. They have another restaurant in Milpitas named in honor of their far away fishing village, Vung Tau. Huynh opened her own restaurants, Tamarine, in Palo Alto and joined the culinary big leagues by recently opening the upscale

Bong Su Restaurant and Lounge in San Francisco. Now 44 and the mother of three teenagers, Huynh still works the line twice a week. "I can still outlast a 20-year-old," she said, laughing.

The Dish

Huynh's culinary approach reflects a blend of influences. "Naturally, I incorporate many fresh and seasonal California ingredients and

Duck Mustard Wraps

- Confit:
4 duck legs
12 ounces rendered duck fat or olive oil
2 tablespoons salt
1 tblspn ground black pepper
1 tblspn Chinese five spice

- Sauce:
4 ounces hoisin sauce
1 ounce peanut butter
1 ounce rice wine vinegar
1 ounce water

- Rolls:
16 large mustard leaves
2 ounces bottled hoisin sauce
2 green onions, julienned
16 cilantro sprigs, picked
1 ripe mango, julienned
1 English cucumber, julienned
16 chives, blanched

Yields 8 servings.
To prepare confit: Preheat oven to 300 F. Season duck legs to taste with salt, pepper, and Chinese five

spice and allow to sit for 2 to 3 hours.

Place duck legs and fat in a small baking pan, making sure legs are submerged. Place pan in preheated oven for 3 hours, or until the legs are "fall off the bone" tender. Remove pan from oven and legs from fat and cool. This step can be done up to 3 days in advance.

To prepare sauce: In a small saucepan, combine hoisin sauce, peanut butter, vinegar and water and bring to a simmer. Turn off and allow to cool.

To prepare rolls: Pick meat from bone and shred with fork. Wash mustard leaves and dry them in salad spinner.

Cut mustard leaves in 4x4-inch squares and lay flat. In each leaf put approximately 1/2 ounce of meat, followed by dash of hoisin sauce, green onions, cilantro, mango and cucumber. Roll each 1 so all ingredients are enclosed and tie around with blanched chive.

Serve rolls with sauce for dipping.

Doug

continued from page 17

You could also include a blank household inventory checklist book to detail the contents of their home, which would serve as backup evidence for insurance losses and damages as well as for the IRS. If you have computer access there are a number of computer inventory software products in which you fill in the room-details. This information can be printed and shared with your family or stashed in

your safe deposit box. Being prepared for the possibilities of burglaries, hurricanes, floods, fires and other and other disasters it simply makes sense.

Doug Mayberry lives in a retirement community in Southern California. Send your questions to him at deardoug@msn.com or write to him at P.O. Box 2649, Carlsbad, CA 92018.

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Cell phone advertising is rising

By Kathryn Balint
COPLEY NEWS SERVICE

Coming soon to your cell phone: advertising, lots of advertising.

THE ALERT CONSUMER

Ads - already staples of TV and the Internet - are appearing on the third screen this year in several formats:

■ Video ads. Toyota sponsored Fox Mobile Entertainment's "Prison Break: Proof of Innocence" episode for cell

phones. A 10-second ad for the carmaker's new U.S. subcompact Yaris appeared at the beginning of the show.

■ Banner ads. The newspaper USA Today is among advertisers who have opted for advertisements that are stripped across the top of a cell phone screen while users surf for information.

■ Product placement in video games and "advergaming," which promotes a product throughout a game. CoverGirl, a makeup brand from Procter & Gamble, offered a \$1 discount on the \$6 cell phone game Girls'

Night Out Solitaire - featuring "virtual girlfriends" - to customers who entered a product code from a mascara package. CoverGirl received product placement within the game from Bay Area-based LimeLife.

■ Coupons. In one example, a visitor to San Diego searching for food using San Diego-based Astroleap's new cell phone directory service can obtain a deal for 10 percent off the bill at Sportsmen's Seafood.

Advertisers are ready to move ahead with cell phone ads - even

Niles Grill & Diner
Remember The 50's
9206 N. Milwaukee Ave.
next to Golf Mill
847-824-3625

• Daily Specials • Smoking Section
• Homemade Soups • Gift Certificates Available

Coupon
Bring this coupon and receive 10% off
Dine in only
coupon expires 10-31-06
minimum \$10.00 food purchase

'The Departed' nothing to write home about

COPLEY NEWS SERVICE

New Releases

The Departed ★★ - "Nobody gives it to you, you have to take it," snarls Jack Nicholson at the start of "The Departed." Nicholson takes

FILMS IN FOCUS

the movie with dancing brows, mandarin sighs, brutal zingers and a lewd smugness that make his Francis Costello a dark draft of Boston Irish ale. Costello, who has a spade beard and fancies opera, rules a small piece of Beantown. A throwback, the cocky primitive swaggers amusingly over his small, vicious gang. He has almost all the brains, and even the savviest of his killers (Ray Winstone) is like an ape dimly aware of James Cagney. In his ripened middle age of 51, Costello has brought his sturdy, minimalist masculinity to a plateau of subtlety. You would not (unless nuts) wish to see him do Hamlet, but there aren't many British thespians you'd care to see playing Ben Randall. Randall is the most esteemed rescue man at the Coast Guard station in Kodiak, Alaska, where the water runs cold and winter is long. His commanding officer (Clancy Brown) has let Ben, well past 40, continue rescuing ship crews and kayakers because he is so capable. And he can't imagine not doing it. His wife (Sela Ward, fine in a skimpy role) is leaving, sick of his risk-taking and, probably, Kodiak. After a disaster leaves him the only

Recent Releases

The Guardian ★★ - It is surprising to find quite a



"The Departed," starring Jack Nicholson and Matt Damon, is sprinkled liberally with violence.

good Coast Guard movie. Kevin Costner stars as Ben Randall in "The Guardian." In his ripened middle age of 51, Costner has brought his sturdy, minimalist masculinity to a plateau of subtlety. You would not (unless nuts) wish to see him do Hamlet, but there aren't many British thespians you'd care to see playing Ben Randall. Randall is the most esteemed rescue man at the Coast Guard station in Kodiak, Alaska, where the water runs cold and winter is long. His commanding officer (Clancy Brown) has let Ben, well past 40, continue rescuing ship crews and kayakers because he is so capable. And he can't imagine not doing it. His wife (Sela Ward, fine in a skimpy role) is leaving, sick of his risk-taking and, probably, Kodiak. After a disaster leaves him the only

survivor, Ben is packed off to the Guard's training school in the Lower 48 to teach young recruits. Though the climax swells toward macho myth, "The Guardian" is braced by Costner's crisply weathered authority. A Buena Vista release. Director: Andrew Davis. Writer: Ron L. Brinkerhoff. Cast: Kevin Costner, Ashton Kutcher, Melissa Sagemiller, Sela Ward, Clancy Brown. Running time: 1 hour, 52 minutes. Rated PG-13.

Schools for Scoundrels ★ - As comedy, "School for Scoundrels" is a primer for dullards. To call it slight is to slight the word "slight." Even to call it a movie is to place "movie" in the order of entertainment somewhere near paint scraping. The star is Jon Heder, who came to fame in "Napoleon Dynamite" as the

least of Napoleons, though maybe the funniest. In his own career pit, Heder plays Roger, a New York cipher who works as a male meter maid. He seems intimidated even by pot holes, but the story resorts to heavier threats. It has big black guys with guns, screaming at him. Roger, desperate, goes to the Learning Annex and signs up for a class in manly self-esteem with other ego empires. He is a real sucker, paying \$5,000 cash in an envelope. The teacher is the surely larcenous Dr. P (Billy Bob Thornton), who favors verbal abuse to shake the men into being aggressive, in-your-face dorks, and has his own big black guy as enforcer - the biggest, Michael Clarke Duncan. An MGM release. Director, main writer: Todd Phillips. Cast: Jon Heder,

Billy Bob Thornton, Jacinda Barrett, Michael Clarke Duncan. Running time: 1 hour, 39 minutes. Rated PG-13.

Flyboys ★★ - "Flyboys" is a flip title for a story about the famous American volunteer pilots of the Lafayette Escadrille in World War I, sort of like having a Pearl Harbor movie called "Bombs Away!" But then, "Lafayette Escadrille" was used for a 1958 film starring Tab Hunter and the very young Clint Eastwood. If memory serves, this new one is better. Directed by the actor and producer Tony Bill with some corn, much visual flair and suitable French panache, it stars James Franco as lead Yank (well, from Texas) in an engaging bunch of biplane pilots. The Germans favor triplanes, big virility birds including a black one flown by a killer (Gunnar Winbergh) who is, of course, the necessary Grinning Hun. OK, so a story based on real people takes flighty liberties. They include some improbable heroics on the ground, twist-and-turn aeronautics that may defy gravity too deftly, and some clearly digital effects imposed over paintings. But they're swell effects and darn fine landscape paintings. An MGM release. Director: Tony Bill. Writer: Phil Sears, Blake T. Evans, David S. Ward. Cast: James Franco, Philip Winchester, Jean Reno, Martin Henderson, Jennifer Decker, Abdul Salis. Running time: 2 hours, 12 minutes. Rated PG-13.

Pairings

continued from page 19

The Wine

"Vietnamese like beer and rice wine with their meals," says Huynh. "But now our diners, especially in Palo Alto and San Francisco, look for great wine matches with our dishes. I think in this case a light, crisp wine would be right for the dish. Take it easy on the hoisin sauce when you're dipping the wraps. It not only will overpower the wine, but the flavors of the wrap as well."

It seems appropriate to select a white wine produced in Lodi. Our selection is Michael David

Vineyards Incognito Viognier or "The Viognier formerly known as Roussanne" (\$18.99). The winery first released the award-winning wine as roussanne, but later though DNA tests found that it was a rare clone of viognier - thus the Incognito name.

Michael and David Phillips are fifth-generation wine growers in Lodi where they have 350 acres of premium wine grapes. Incognito Viognier has a wonderful fragrance of pineapple and flavors of peach with a crisp finish perfect for a Vietnamese gourmet treat. It won Best of Class at the San Francisco Chronicle Wine Competition in 2005.

Storm of flavors swirls 'New Orleans Food'

By Lisa Messinger
COPLEY NEWS SERVICE

"Tom Fitzmorris's New Orleans Food: More Than 225 of the City's Best Recipes to Cook at Home" by Tom Fitzmorris (Stewart, Tabori & Chang, \$19.95).

New Orleans has spirit. One need look no further than the rebuilding effort to know that.

COOKS' BOOKS

But there's much more than homes being repaired and built to replace Federal Emergency Management Agency trailers. The very spirit of what has always been a near-magical place is being rebuilt one parade, one festival, one bar, one restaurant at a time.

Food, of course, always has been central to New Orleans, both in its home and restaurant kitchens. No one is more aware of that than Tom Fitzmorris.

A native of New Orleans, his restaurant review column was published for 33 years and his local radio food show airs daily. He was putting the final touches on "Tom Fitzmorris's New Orleans Food" (Stewart, Tabori & Chang, \$19.95) when Hurricane Katrina hit. Therefore, the book isn't some kind of maudlin retrospective, but rather an electrifying snapshot just before disaster starved the area.

The ultimate insider, Fitzmorris guides us toward all the recipes we know want from a New Orleans cookbook. Also included are lessons in the famed cooking methods such as etouffee, or smothering, and meuniere, or coating with flour.

In addition to favorites like jambalaya, gumbo, muffedetta, crawfish and beignets, you will find treats like poached fish with

Cranberry Hollandaise, a crab and brie soup that is so thick calling it a soup takes imagination.

Fitzmorris has culled recipes from legendary restaurants, such as the above-mentioned crab and brie soup, from eateries like the Dakota Restaurant to delightful the Crescent City's holes-in-the-wall. Other recipes based on specialties from long-gone favorite haunts, like oysters Dunbar from Corinne Dunbar's Restaurant - he has pieced together from detective work. Others, like the cranberry hollandaise and veal with a white wine and vanilla butter, he has created himself.

"Vanilla works well with only a narrow range of savory ingredients, but this combination is a winner" Fitzmorris writes of the veal dish. "I was trying to come up with a new take on veal Marsala, whose sauce is made with an aromatic, slightly sweet red wine. Without Marsala in the kitchen, I remembered how much I liked a veal piccata I'd made using an intensely oaky (and, therefore, vanilla-scented) Chardonnay. So I took it up to the next level."

Fitzmorris is generous and concerned, of course, when it comes to his hometown and lifeblood. He is donating a portion of profits to Habitat for Humanity's New Orleans recovery efforts.

Lisa Messinger is a first-place winner in food writing from the Association of Food Journalists and the author of seven food books, including "Mrs. Cubbison's Best Stuffing Cookbook" and "The Sourdough Bread Bowl Cookbook." She also writes the Copley News Service "After Work Gourmet" column.

Cranberry Hollandaise Sauce

2 egg yolks
2 sticks (16 tablespoons)
butter, softened
1 cup cranberry juice,
boiled down to 1/2 cup
Generous pinch cayenne
Yields 4 servings.

Set a metal bowl over a saucepan of barely simmering water and vigorously whisk egg yolks until they become thick and pale yellow.

Whisk in softened butter, 1

tablespoon at a time. (If sauce shows any sign of curdling, remove bowl from the saucepan and keep whisking until it cools.) Keep whisking in butter until 1/2 of it is incorporated, then add reduced cranberry juice and 1 tablespoon of water (or 1 tablespoon of water from fish pan if you are poaching fish). Whisk in remaining butter slowly until fluffy. Whisk in cayenne. Good served over poached fish, like salmon, flounder, drum or redfish.

'Body Hunters' exposes third world exploitations

COPLEY NEWS SERVICE

"The Body Hunters: How the Drug Industry Tests Its Products on the World's Poorest Patients" by Sonia Shah; The New Press, 208 pages; \$24.95.

SCANNING THE BOOKSHELF

I'm sometimes amused, but usually annoyed, by the torrent of ads for pharmaceutical drugs. Turn on the TV or flip through a magazine and it seems that the entire nation is sick - unable to sleep, pay attention, breathe clearly, control cholesterol, endure pain, avoid heartburn or maintain an erection.

Americans are in love with their drugs. On average, each person in the U.S. buys 10 prescriptions every year. But how many of them have ever thought about how pharmaceutical companies test many of their chemicals before they hit the market?

Sonia Shah has, and in her devastating book, "The Body Hunters," she methodically explains how poor and sick people in developing countries have become guinea pigs for the developed world.

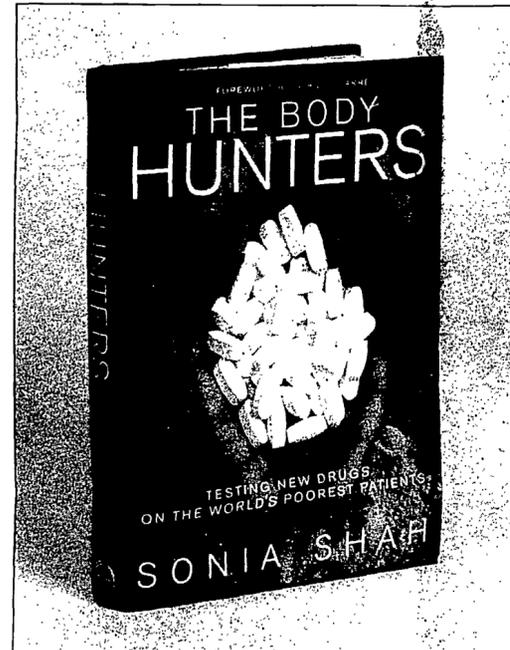
This is a tough book to read, shocking and frequently depressing. But anyone who has relied on 21st-century science to heal what ails them should take a look.

John Le Carr, author of "The Constant Gardener," calls Shah's book "an act of courage" on the part of its author and publisher.

Shah begins by discussing the reasons behind the travels of Big Pharma. Drug companies are increasingly going overseas to conduct clinical trials - the large-scale experiments in which prospective drugs are tested on humans to measure their safety and efficacy.

Large companies such as GlaxoSmithKline, Wyeth and Merck are already conducting one-third to half of their clinical trials outside of the United States and Western Europe, and they plan to do more, she writes.

The life sciences, riding a wave of new discoveries and huge increases in federal funding, have taken off over the past 15 to 20 years. But federal regulations have become "a spectacularly complex, expensive and time consuming endeavor," Shah writes. The result is that drug companies regard clinical trials as a "valley of death" in



former colonial states. International campaigns to eradicate disease have had mixed results, with malaria, for example, persisting. The World Bank, meanwhile, has said that investing in improved water and sanitation is "not particularly cost effective." Many people, as a result, lack the most basic necessities that can go a long way toward aiding public health.

On top of this, tobacco, soft drink and fast-food corporations have descended on the developing world to peddle their products. As a result, many parts of the developing world are now grappling with a host of Western-style disease such as Type II diabetes, heart disease and lung cancer - on top of grinding poverty and infectious diseases the West long ago tamed.

Desperate for help, many people in developing countries are more than willing to volunteer for clinical trials. Shah is particularly disturbed by the dangers of placebo-controlled drug trials. Highly supported by the FDA, such trials compare results between a group of patients that receives a test drug and another that receives a sugar pill or some other inert substance - a placebo.

Shah is particularly disturbed by the dangers of placebo-controlled drug trials. Highly supported by the FDA, such trials compare results between a group of patients that receives a test drug and another that receives a sugar pill or some other inert substance - a placebo.

DRAW IT!

DRAW A PUPPET ON MY ARM...



GIVE ME 5 RHYMES FOR HAND...

HOW ABOUT SAND ?!



CONNECT THE DOTS AND SEE MY FRIEND...



Tim Herd's Wildlife Viewfinder Guide

wildlife observation in the right place at the right time

Week of Oct. 15-21, 2006

Side-swiping shorebird

The elegant American avocet, now in its nonbreeding plumage, is a striking black and white beauty — a wading shorebird often found far from shore. Its upward-curving bill and long, skinny legs, which trail straight behind it in flight, are key identifying characteristics.

Though the bent bill is comical-looking, it serves the creature extremely well in capturing food. As with other wading birds that probe the soft mud and sand for small edible creatures, the curved bill helps the avocet nab and eat its favored prey: small crustaceans, mollusks, fish and floating plant debris.

While wading through the shallows, the avocet extends the bill just below the surface and sweeps it side to side like a scythe, stirring both water and mud below. Morsels caught in the slightly open bill are then simply raised to swallow. In slightly deeper water, the avocet may completely submerge its head in pursuit of its aquatic harvest. Avocets are now congregating in large wintering flocks along the West, East and Gulf coasts.



Photo by Robert Walker, www.naturenewswatch.com

WHERE TO OBSERVE

Wheeler National Wildlife Refuge, Ala.
El Vizcaino Biosphere Reserve, Baja California, Mexico
Point Reyes National Seashore, Calif.
Bombay Hook Nat'l Wildlife Refuge, Del.
Cumberland Island National Seashore, Ga.
Florida Keys NWRs, Fla.
Baptiste Collette Bird Islands, La.
Pea Island, National Wildlife Refuge, N.C.
Aransas NWR, Texas
Laguna Atascosa NWR, Texas
Padre Island National Seashore, Texas
Back Bay NWR, Va.

LOOK FOR

field marks:
black and white back
white belly
light gray head and neck (cinnamon when breeding)
long, slender gray legs
narrow, upturned bill

environs:
flocking flocks of 12-300

American avocet *Recurvirostra americana*
18-20 inches
Habitat: freshwater, saltwater marshes; ponds; shallow lakes
Range Key: Breeding Year-round Nonbreeding



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Grammar Matters

by Patty Gibbons Saunier

Guilty or Not?

Read the following sentences and decide if they are guilty or not guilty of following proper grammar laws. Which ones belong in the grammar slammer?

1. Will you try and sit still for a minute?
2. The Franks were suppose to join us for dinner, but their sitter canceled.
3. Our company administrated a new sick-day policy.



Answers:
Do the sentences sound OK to you? Sometimes grammar becomes a little blurred when we speak, but it should always be clear when we write. All the sentences are guilty!
1. Will you try to sit still for a minute?
2. The Franks were supposed to join us for dinner, but their sitter canceled.
3. Our company administered a new sick-day policy.

Copley News Service

No need to spend a fortune for good design

By Rose Bennett Gilbert
COPLEY NEWS SERVICE

Q: We both like avant-garde furniture, really sleek, cool stuff with no carvings or fussiness. The trouble is, we don't have a lot of money yet - we're both in

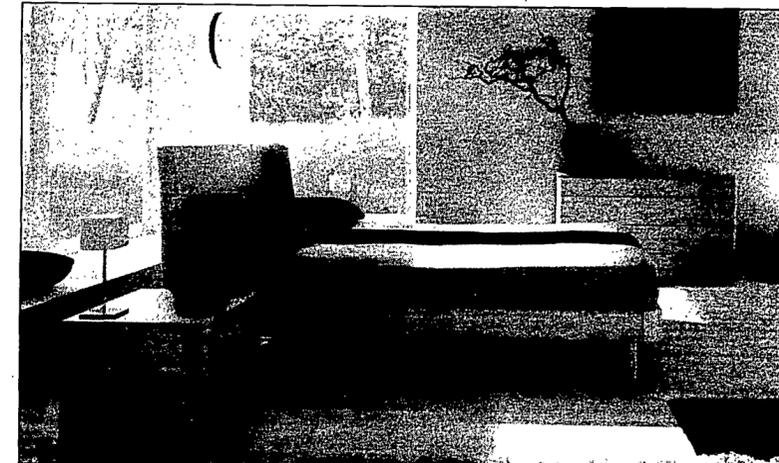
DECOR SCORE

training for medical careers. The few good things we own seem stingy and cold instead of cool. So we filled in with flea-market stuff, which just looks wrong. How can we decorate so our home has more style?

A: You've discovered the essential challenge to living with contemporary design: it has to be first-rate or it telegraphs "cheap." More traditional furnishings can get by on their frills. Eyes can be distracted by "fussinesses," like carvings and patterns, so we simply don't notice if the construction or the materials are mediocre.

Not so with contemporary. Shabbiness simply has nowhere to hide.

That said, you still don't have to spend a fortune to buy



good design. Our friends at Target have certainly proved that by bringing in the likes of Frank Gehry to "knock off" high-end ideas.

It's perfectly acceptable to fill in with less-than-collector items if you buy with a discerning eye, and know how to put things together tastefully.

The room we show here is a paean to good contemporary

design. It's from the Italian masters at Mobili DeAngelis, www.mobilideangelis.com, 973-749-2447. Studying top-quality contemporary design like this should help you build and arrange your own contemporary collection, trading up to more important pieces as your future budget allows.

In this bedroom, there's not a frill in sight, not even pulls on

the bedside table and chest. But the room is far from bland, thanks to the interplay of darks and lights, and the use of different textures (check out that fuzzy rug - retro shag or fashion-forward faux fur?).

Simplicity itself, from the scrim-covered windows to the merest hint of a wingback on the headboard, the room still manages to exude ultraluxe,

thanks to the quality of the craftsmanship and the restrained elegance of the presentation.

Q: We inherited a lovely old tapestry from my great-aunt. I'd admired it since I was a girl, but it's been around much longer. Now that my great-aunt has died, I don't know how old it really is or where it came from, but I would love to have it on my living room wall, as she did. Can you tell me how to go about cleaning an old tapestry, and how to hang it so it's not damaged?

A: I know who can: the experts on the Historic Royal Palaces' team in London, the conservators who look after some of the world's most precious hand-me-downs in places like the Tower of London, Hampton Court, Kensington and Kew palaces.

In fact, they've distilled their expertise into a handy pack of TLC flash cards you can buy in the palaces' gift stores. It's called "From Our Palace - To Your Palace," and details the care and keeping of everything from old books to brass, glass

See Decor, page 24

Sales and prices slowing down but not stopped

By Jim Woodard
COPLEY NEWS SERVICE

Even though the median national home price has dropped a bit in recent weeks, many markets still report prices that are slowly creeping up. Real estate has always been very cyclical with strong regional trends.

OPEN HOUSE

During the most recent quarter of this year, average home prices increased an annualized rate of only 4.68 percent, according to a report from the Office of Federal Housing Enterprise Oversight. That's quite a drop from the double-digit appreciation rate we've become used to in the housing market.

"The current data shows a strong indication that the housing market is cooling in a very significant way," said James Lockhart, OFHEO director. "Indeed, the deceleration appears in almost every region

of the country." Lockhart attributes the sharp decrease in value appreciation rates to higher interest rates, a drop in speculative activity and rising inventories of homes.

"The very high appreciation rates we've seen in recent years spurred increased construction. That, coupled with slower sales, has led to higher inventories and these inventories will continue to constrain future appreciation rates," he said.

Home prices are now a bit more than 10 percent higher than last year at this time. That's a higher rate than other goods and services experienced. But the brakes are definitely being applied to home appreciation rates.

That should be noted by homeowners planning to place their home on the market. It's only too easy and tempting to place an asking price that's unrealistically high in today's market. And that could generate a serious marketing problem.

Despite the appreciation slowdown, a positive view of the market is expressed by Freddie Mac, a major buyer of existing home mortgages.

"Although the slowdown in home price appreciation has been quite sudden, going from an annualized 13 percent in the fourth quarter of last year to less than half of that rate just six months later, there is still strength in the housing market," said Frank Nothaft, Freddie Mac's chief economist. "Single-family home sales through the first half of this year averaged 7.03 million units at an annual rate. That's on track to make this year the third best year for home sale."

"As the market moves from one of unsustainably high appreciation where sellers have all the power, to a buyer's market, we expect to see homes sit longer on the market with sellers more willing to make non-price concessions. These concessions can take several forms,

See House, page 25

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Make friends with your fungi

By Jeff Rugg
COPLEY NEWS SERVICE

Q: For the first time in the eight years I've lived here, I'm noticing mushrooms in my front lawn. There are no dead roots or stumps in the yard, but there is some thatch.

A GREENER VIEW

What can I do to rid my lawn of the mushrooms, or at least control them? I've noticed about three distinct types in the past few weeks.

A: Don't worry about them at all. They are the "flower" of various fungi living in the soil. The fungi break down organic matter into compounds that plants use, so they are beneficial to your lawn and the trees and shrubs that have roots under the lawn. At certain times of the year - typically when the soil is moist and the air is cool, they bloom and release spores to grow more fungi. The mushrooms will go away on their own, or you can knock them apart. Some are edible, but you will need to do some research to figure out which ones you have.

Sometimes, animals eat mushrooms. My parents have a dog that eats them - no matter how much they try to stop it - and so far has not been harmed. Recently, the news had a report of a dog dying from eating mushrooms, so dog owners may want to remove mushrooms from sections of lawn that their dogs use.

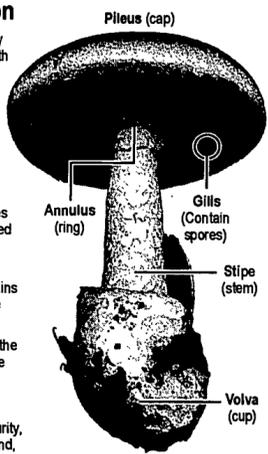
Q: We just bought a home that has large cypress trees in the yard. These trees are leaving pink sap on my porches, travel trailer, driveway, etc. Also, we get the sap on the bottoms of our shoes. There are numerous green

GARDEN TIP

Mushroom reproduction

Mushroom reproduction begins when tiny spores are released from the gills beneath the pileus (cap of the mushroom). When these spores come in contact with a suitable environment (trees, logs, mulch, soil) they absorb moisture and begin to germinate.

- Spores release threadlike structures called hyphae.
- When two threads from different spores intersect, genetic material is exchanged and a mass of threads form called mycelium.
- Mycelium grows underground and begins to develop structures that will become the cap and stem of the mushroom.
- As the maturation process continues, the stem eventually pushes the cap above ground.
- The cap of the mushroom opens.
- Once the mushroom reaches full maturity, spores are again released into the wind, repeating the cycle.



Sources: Encyclopaedia Britannica, Science and Technology Encyclopedia, Utah State University Intermountain Herbarium

Copley News Service / Paul Panzella

nut pods on trees that fall everywhere and on everything. Do you know how we can get the tree sap off things, and what to do with these trees?

A: Tree sap can be very sticky stuff. It is made from water and sugar compounds and it easily washes away with soap and water. Some trees seem to ooze a lot of it, while other trees never seem to have any.

Resin, on the other hand, is also a sticky liquid that moves within and sometimes drips from trees. It is most often found in trees with needlelike leaves, but can be found on choke cherry and other broad-leaved trees. It is very acidic and is used by trees to stop insect and disease problems. Resin is used by people to make varnish, turpentine adhesives, incense and other products. Fossilized resin is

called amber.

Resin can be produced rapidly in response to wounds. If your trees were damaged due to high winds, insects or pruning, they may be responding excessively now and could slow down or stop production in the future.

There are many off-the-shelf products that will remove resin. They should be easy to find in automotive departments; people park under trees for shade and then have resin problems on the car's finish. Other products that can be tried are turpentine, water-soluble paintbrush cleaners, WD-40, rubbing alcohol, orange-based solvents, automotive clay, antifreeze and nail polish remover.

There are many other home remedy solutions that you may try, too. Many are nontoxic because they are actually foods

and, yes; textiles like your tapestry. These conservators really know their stuff: every year they say they clean a surface area equivalent to six tennis courts, often vacuuming gently through screens. Remember, we're talking about precious pieces like the tapestries Henry VIII commissioned for the Great Hall at Hampton Court in the 1540s (each cost as much as a fully rigged battleship!).

The experts' advice in a nutshell: Avoid daylight. Vacuum both sides at least once a year (with the vacuum set on low and its nozzle covered with nylon netting). The vacuum should never physically touch the tapestry; hold it just above the tapestry's surface.

To display: Support the fabric evenly all across the entire width of the top. You might sew on a rod channel so the weight is evenly distributed. To store: uses acid-free boxes and tissue. Pad folds with tissue. Large pieces can be rolled around an acid-free tube with layers of tissue, with the pile facing outward. Cover with a clean cotton sheet, and suspend from wall brackets, if possible.

Q: When is the best time to cut back our iris leaves?

A: Any perennial that is going to have the leaves die back to the ground when the cold weather comes can be cut down as the leaves die or they can be pre-emptively cut down shortly before the frost comes. The longer the leaves are on the plant, the more food they can produce and store in the roots. More stored food means a healthier plant in the spring.

Any leaves on a plant that have become yellow, discolored or spotted due to diseases or have been damaged by wind, can be cut off the plant at any time.

Southern perennials that don't lose their leaves all at once may need to be freshened on a regular basis to keep them looking nice. Some of the shorter plants like liriopie can be freshened up by cutting the whole plant back all at once. Wait until the end of the winter dormancy period, when there is little growth, and mow the whole plant down. It will respond with all-new growth.

Decor

continued from page 23

ing ceramic tile, including floors. They warn this is not recommended for shower and tub areas, or other applications repeatedly exposed to warm or hot water, nor is it recommended for kitchen counters.

As with any painting project, proper surface preparation is your first step to success. PQI lists the following steps to prepare ceramic tile for painting:

- Wearing eye and skin protection, treat any mildew with a 3:1 mixture of water and household bleach, leaving it on for 20 minutes and adding more as it dries. Rinse thoroughly with clear water.
- Remove all dirt by scrubbing with detergent and warm water, rinsing thoroughly.
- Scrape out and widen any cracks, brush out dust and seal with 100 percent acrylic or siliconized acrylic caulk. Smooth it flush while still wet. Make a second application in several hours if needed. Check grouting and repair or regrout as needed.
- Scuff-sand the tile face and dull the gloss to improve adhesion, using fine grit (No. 220) aluminum oxide sandpaper.

Q: I need any information you have regarding painting ceramic tile. I have this ugly white ceramic tile on my floor - about 900 square feet. I can't afford to remove it and put in new tile. I need help!

HERE'S HOW

A: I have always been reluctant to recommend painting ceramic tile floors due to the wear and tear your floor withstands from heavy foot traffic. Areas where moisture is present or where furniture is moved often, such as a kitchen or dining room, would also be vulnerable. In these instances, paint is much more subject to showing general wear, as well as sustaining gouges and scratches that can cause eventual peeling of the coating.

However, with the constant improvement in paint products, things change. I have included here the latest, up-to-date recommendations supplied by the Rohm and Haas Paint Quality Institute for paint-

House

continued from page 23

such as repairs, conveyances, or contributions toward closing costs to attract buyers. The result is that the home prices we observe tend to be sticky on the downside," Nothaft said.

Even the usually optimistic National Association of Realtors recently painted a rather gloomy forecast for housing activity, predicting further drops in prices. "Home sales during the rest of the year will be lower than earlier projections as the market works its way through an inventory and price imbalance," a NAR report stated.

David Lereah, NAR's chief economist, made this statement: "A year ago we had record home sales and tight supply with buyers bidding over the asking price. This year, sales are slowing and homes are plentiful and sellers are negotiating. Under these conditions, we'll see prices dip temporarily below year-ago levels as the market works through a buildup in housing inventory."

Q: What is "trigger list mar-

keting" in mortgage lending?

A: Trigger list marketing" is an ominous-sounding term for most consumers. It is indeed a practice that should be noted by consumers and avoided when possible.

It involves the information you provide to a mortgage broker or lender when applying for a mortgage. When your credit is being checked through one or more of the major credit bureaus, that information is sometimes sold by the bureau to other lenders. The lenders immediately take

that lead and try to convert the prospective borrower to one of their "better" loan offerings. This often leads to a "bait and switch" process - luring the customer initially with unrealistically low rates and fees, then finding reasons to charge more by the time the process reaches the closing table.

Consumers have the right and opportunity to opt out of the trigger lists. It works like the federal Do Not Call program. To opt out, go online to www.Optoutprescreen.com, or call 888-567-8688.

Floors need proper paint application

By Gene Gary
COPLEY NEWS SERVICE

When the surface is thoroughly dry, the next step recommended by PQI is application of a primer.

■ Make sure you have ample ventilation in the work area. Wear eye protection, rubber gloves and an appropriate respirator while applying the primer. Keep children, pets, out of the immediate area during and right after application.

■ Apply a high-adhesion alcohol- or oil-based (alkyd) stain-blocking primer that is recommended for interior tile surfaces.

■ Allow the primer to dry overnight before painting.

■ Do not leave a primer unattended.

PQI recommendations for finish coats:

■ For bathroom and kitchen walls and counter backs, use a quality latex kitchen and bath paint in a satin, semigloss or gloss finish; or a top-line interior latex paint in eggshell, satin, semigloss or gloss finish.

■ For floors, use a latex satin finish floor paint that is recommended for interior use on

primed tile; or a semigloss oil-based or polyurethane floor paint recommended for use on primed tile. Use only top quality paints which provide quality performance, versus the cheaper products.

■ Use a quality polyester brush, or a 3-inch foam brush. Apply a second coat if necessary.

The Rohm and Haas Paint Quality Institute is an excellent source of information for your painting projects, both interior and exterior. You can access their Web site for consumer and do-it-yourself information at www.PaintQuality.com.

Q: I have a couple of older bentwood chairs. Although the basic chairs are in good condition, they need new caning. I am quite handy with tools and I know upholstery. Is this something a do-it-yourselfer can tackle? Where can I find tips on caning as well as the materials required?

A: Yes, with patience and attention to detail you should be able to tackle the job yourself. You can try your local library for manuals on caning. Alternatively, both materials and instructional information are available from

Rockler Woodworking and Hardware.

Rockler offers a manual, The Caner's Handbook, that covers restoring cane, rush, splint, Danish cord, rawhide and wicker furniture. The book has complete instructions, material recommendations and step-by-step illustrated directions. A less detailed manual, Cane Seats For Chairs, is available with instructions on how to weave cane for both chair seats and backs.

Rockler is also a source of caning products, including various weaves of rattan and paper cane, reed spline, unweaved natural cane and the appropriate tools for the job.

If your older chairs have any loose joints, Rockler markets a product called Wonderlock EM, which I can recommend. Use this glue to trace loose joints for a solid lasting bond. The glue dries in about five minutes. It comes with applicator tips for pinpoint control.

For more information visit www.Rockler.com and search for "Caner's Handbook" or contact their ordering department, 800-233-9359.

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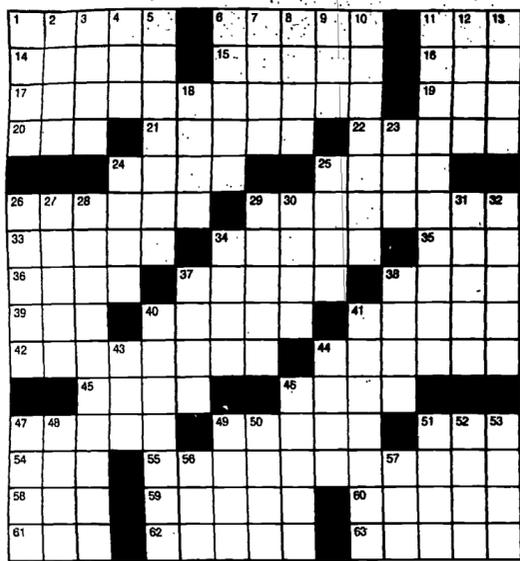
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By Charles Preston

ACROSS

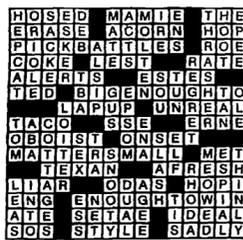
- 1 Ruminated
- 6 Assists
- 11 Humorous one
- 14 Spry
- 15 Pick-me-up
- 16 Turkish title
- 17 Down East soup
- 19 Asian language
- 20 Kipling hero
- 21 Soothes
- 22 Warning
- 24 Factory
- 25 Imitator
- 26 California city
- 29 Summer fare
- 33 Serviceable
- 34 Mitigate
- 35 Run into
- 36 Carry on
- 37 Some political parties
- 38 Dried up
- 39 Anger
- 40 Soft drinks
- 41 Polish city
- 42 Cream soup
- 44 Gorges
- 45 Like some nails
- 46 Alcove

DOWN

- 47 Main artery
- 49 Badger
- 51 Abbreviated apple
- 54 In favor of
- 55 Hearty soup
- 58 Together: prefix
- 59 Biblical witch's home
- 60 Town in southern Italy
- 61 Devon river
- 62 Lorna, of literature
- 63 Beguiling woman
- 23 Meadow
- 24 Shed
- 25 Call to prayer
- 26 Jewish festival
- 27 City in Japan
- 28 Winter fare
- 29 Flash of light
- 30 Stronger than beers
- 31 Muslim female quarters
- 32 Signs
- 34 Guthrie, of music
- 37 The ___ ended happily, and the bad unhappily ... Wilde
- 38 Immerse
- 40 Wrinkled
- 41 Flycatchers
- 43 Currently popular
- 44 Blackjack
- 46 Mother-of-pearl
- 47 Church area
- 48 African antelope
- 49 Slir
- 50 British school
- 51 O'hello, for one
- 52 Tamarisk
- 53 A Chinese dynasty
- 56 Mil. bigwig
- 57 Baseball stat.

Last Week's Puzzle Answers

GENERAL KNOWLEDGE?



COBLEY NEWS SERVICE

Be the first to send in the answers to this week's crossword puzzle and your name will be listed in next week's Bugle.

THE WINNER
1st
Lorraine Truskolaski
2nd
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The Niles Park District will receive sealed bids for replacement of existing roof at Ballard Sports Complex, 8435 Ballard, Niles, Illinois 60714. The work required under this specification shall include all labor, material, equipment and services necessary for furnishing and installing of new roofing material and gutters.

The contract document for said work will be available for pick-up Thursday, October 12, 2006 at the Howard Leisure Center, 6676 W. Howard Street, Niles, Illinois 60714, 847/967-6633.

Sealed bids will be accepted until 2:00 p.m. on Tuesday, October 24, 2006. Bids will be opened and read aloud at 3:00 p.m. All bids received after 2:00 p.m. will be returned unopened.

A properly certified check, bank draft, cashier's check or bid bond payable to the Niles Park District for not less than ten (10) percent of the total bid amount will be required for each bid.

Niles Park District will require the successful Bidder to furnish a satisfactory performance and labor and material payment bond for the total contract amount of this project.

All wages paid by the Contractor and Sub-Contractors shall be in compliance with the Illinois prevailing wage rate act. Bidders will also be required to comply with the applicable equal employment opportunity and sexual harassment provisions.

The Niles Park District reserves the right to accept or reject any or all proposals, to waive any informalities or technicalities in any bid and to accept the bid which it deems to be in the best interest of the Niles Park District.

Joseph V. LoVerde, Jr.
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| Huntington Senior Home
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5930 Dempster St. |
| Niles Library
Waukegan & Oakton. | PARK RIDGE
Bank of Park Ridge
104 S. Main St. | | | Rose's Beauty Salon
7502 Milwaukee Ave. |

Opening Wednesday

Make plans to come join us as
we celebrate our grand opening.
We can hardly wait to show you
all the products and services we
have to offer.

Niles
8500 West Golf Road
WAL★MART

