

GUZZLE GUZZLE
\$4 per gallon? It could happen
COLUMN, Page 2

A TRIBUTE
MG resident bids farewell to beloved dog
PET STOP, Page 15



THE BUGGLE



AUGUST 24, 2006

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Local dems picket BP station

BP irresponsible, protest gas prices

By Tracy Yoshida Gruen
STAFF WRITER

Members of the Maine Township Regular Democratic Organization marched up and down the sidewalk outside of the British Petroleum (BP) gas station at Oakton and Prospect in Niles in a peaceful demonstration on Aug. 19.

"It's an irresponsibility on BP corporation's part. It's very poorly run."

Laura Murphy

MAINE TWP DEMOCRATIC COMMITTEEMAN,
DES PLAINES ALDERMAN

The demonstrators were protesting what they believed was BP's cavalier attitude toward the repair of a pipeline in Alaska. Due to severe corrosion, BP had to replace about 16 miles of pipeline at the Prudhoe Bay oil field, one of the nation's largest-producing oil fields.

According to the Bloomberg website, "the BP shutdown of the largest US oil field may be the first of many as decaying pipelines threaten to add 20

See Protest, page 4



Protesters demonstrate against what they call the cavalier attitude of British Petroleum (BP) about a recent pipeline-break in Alaska. They believe that the break is just another excuse that oil executives are offering for high gas prices. (Photo by Tracy Yoshida Gruen)

Niles ticket amnesty program extended

Village has collected \$20K in program

The Village of Niles has collected close to \$20,000 as a result of a ticket amnesty program and due to its success, the program will be extended until the end of September.

The ticket amnesty program began on May 15 and was originally supposed to end at the end of July. The money collected will go into the village's general fund.

After the program is over, the village will use all legal means necessary to collect the fine, penalty and court costs associated with the ticket. Violators that have 10 or more outstanding tickets will have a restraining device put on their vehicle until the fine is paid.

Supervisor of the Records Department Nick Gargano said that both the village and the residents benefit from the program, because instead of paying (for example) \$400 for outstanding tickets, the person is only required to pay the original \$50 fine.

"A lot of people forget that they have an outstanding ticket," said Gargano. He said they find out about them when they can't make certain purchases as a result of those tickets.

Gargano said that the village did a ticket amnesty program about five years ago and he said it is something they may decide to do again in the future.

There was also a special payment plan that was implemented for people that were unable to pay the whole amount at one time.

MG names new finance director

Daniela Tainer-Partipilo says she has been enjoying her new position as the finance director for the Village of Morton Grove.

For the past few years, she has been the assistant finance director for the neighboring village of Glenview. Now, she is in Morton Grove filling the spot that was left by Scott Neukirch.

"It's a great opportunity," said Tainer-Partipilo. She said that when the opening for finance director became available it was a chance she just couldn't pass up.

"Everything I had heard about the department heads has been ascertained," said Tainer-Partipilo. "They are a great group of hard working people."

Morton Grove Mayor Richard Krier stated, in a press release, "Daniela has a great work ethic, customer service philosophy and a breadth of municipal financial experience. We welcome her to the Village of Morton Grove."

The new chief of the finance department was publicly introduced at the last Village of Morton Grove board meet-

ing and was met with an applause.

Tainer-Partipilo has also worked in the finance departments of the Village of Kenilworth and Kenilworth Park District and was business and accounting manager at Douglas D. Hoerr Landscape Architects in Evanston. She has earned a bachelors from the University of Illinois—Chicago and a master of science in public service from DePaul University.

Tainer-Partipilo describes herself as a team player and a
See Director, page 4

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Cub Scout Pack 175 to hold "Round Up" event

Event to be held at St. John Brebeuf on September 8th

Cub Scout pack 175 will be holding its annual scout "Round Up" event on September 8th at 7 pm at St. John Brebeuf elementary school in Niles. The meeting will be held on the south east lawn of the school (or in the event of rain, Flanagan Hall in the basement of the school.)

The event is held annually to help returning scouts get acquainted with their troop mates from the previous years and give parents and children from the community an opportunity to see what the Cub Scout experience is all about.

Boys in grades 1 through 5 are invited to come and join in the festivities. Mock pinewood derby, Rain gutter Regatta and the crowd favorite, Water Bottle Rocket races will be held - they even have some extra cars and boats you can use! In addition, the Scouts have been known

Scout Info

Anyone wanting to revive the scouting spirit in their family should plan on meeting the troop at this event.

If you are interested in joining Cub Scouts you are welcome to attend. For information please contact David Beierwaltes at 1-847-965-6725 or Greg Cieply at 1-847-965-5688.

in years past to toast some marshmallows (and even make s'mores YUM!). Games might include sack or three legged races and much more. Who knows there might even be some funny skits performed, cheers recited and songs sung.

Anyone wanting to revive the scouting spirit in their family should plan on meeting the troop at this event. If you are interested in joining Cub Scouts you are welcome to attend. For information please contact David Beierwaltes at 1-847-965-6725 or Greg Cieply at 1-847-965-5688.



\$4 a Gallon? It could happen

Last week I was driving my car in the city of Chicago when I noticed a gas station was advertising prices of \$3.559 a gallon for regular unleaded. Prices went up to \$3.759 a gallon for premium gas. I was appalled.

As it turned out, that gas station, close to the expressway, was apparently using its location to justify prices that were 20 cents higher than a station located just two blocks away. But even that station, at \$3.299 was one of the highest in the nation last week. The Chicago area has had some of the highest gas prices in the country, something that is contributing to a general economic slowdown, according to



Page Two
ANDREW SCHNEIDER | EDITOR
some economists.

The long and short-term economic impact of these gas prices is difficult to determine. According to an article in Crain's Chicago Business on Aug. 7, these higher prices have taken a whopping \$5 billion out of the local economy this year and could cost our region

62,000 jobs if the prices stay above \$3 for the remainder of the year.

The resilience of the American consumer has been marveled at by many; demand for gas is at an all-time high in spite of prices that dwarf the average price of gas just two years ago. I remember when my parents were urging everyone to drive less and carpool when gas was only \$2.25 a gallon. Oh, for those halcyon days when filling up my car only cost \$35 or so.

Crain's article estimated that the average household was spending, on average, \$15 a week more on gas. That amount doesn't impact consumers much, they argued, but in the long-term it would have a substantial impact on discretionary spending. That \$15 a week isn't money that is now being diverted from the household's retirement savings, it's most likely coming from dining out and entertainment. People are less likely to rent a movie on the way home or go out for a meal.

While it may not hurt the average household, the \$15 a week is, appropriately enough, being siphoned off of the region. Every dollar spent in a local restaurant, for example, might be cycled through the local economy repeatedly as the restaurateur buys a meal for themselves, then another restaurateur buys an article of clothing or spends it at a yard sale before it's spent on a utility or gasoline fill up and ultimately ends up in a corporate balance sheet.

But siphoning off of local money isn't the only concern; as the basic underlying commodity

See Column, page 3

Officials confront threat of 'social networking' websites

By Tracy Yoshida Gruen
STAFF WRITER

House Republican Leader Tom Cross has introduced a "Social Networking Website Safety Legislation Package" in order to help protect children and teens from becoming involved in dangerous activities via the Internet.

Myspace.com, a popular website where people post their photographs and information about themselves and can email and chat with friends as well as strangers has been a national concern.

"We're dealing with it," said Neil Codell, Supt. of Niles Township High School Dist 219. He said that while they are in school the students are not allowed to log on to the Myspace

website. Codell said they have sent home letters to parents making them aware of the website and possible situations that may come up and tragedies that have occurred.

"We're not here to control, we're here to remind them," said Codell.

Cross states that the message boards and websites allow pedophiles, gang members and drug pushers to gain access to children in their homes, even in the safest of neighborhoods.

The legislative package involves strengthening criminal law by making it a crime to have sexually explicit communications with minors via a computer (House Bill 5809), authorizing school boards to discipline students for their conduct outside of

school on the Internet (House Bill 5792), strengthening and modernizing eavesdropping laws to allow real-time interception of child pornography disseminated via the Internet (House Bill 5810), toughening sex offender registration law by adding the act of disseminating harmful materials to a minor (House Bill 5811) and making it a Class 3-felony (2-5 yrs) to make a death threat online (House Bill 5812).

Going even further than the legislative package, Cross will also be pushing for websites to implement technology that will accurately verify the age of a member. As a result of this technology, the children will be better protected from sexual predators who may be pretending to be someone else.

energy. For those of you out there who take the train to work and walk, bike or carpool everywhere else, I have a small question: during the 100-degree temperatures we had this summer did you run your clothes through a dryer?



Spina returns home

Mike Spina, the father of Notre Dame High School graduate, Gregory Spina, can't wait to see his son when he returns home on leave tomorrow, Aug. 25.

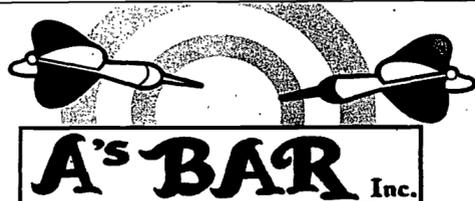
Private 2nd Class, Spina, has graduated from basic combat infantry training at Ft. Benning, Georgia. In addition, he has graduated from Airborne Paratrooper School. While at Ft. Benning, Spina was trained

in all types of combat infantry and learned to fire a hand held missile, called the Javelin.

Spina will be reassigned to the 82nd Airborne (All American) at Ft. Bragg in North Carolina.

Spina graduated from Notre Dame with the Class of 2005. He is also a graduate of Saint Juliana's school, where he played football.

Welcome home, Gregory.



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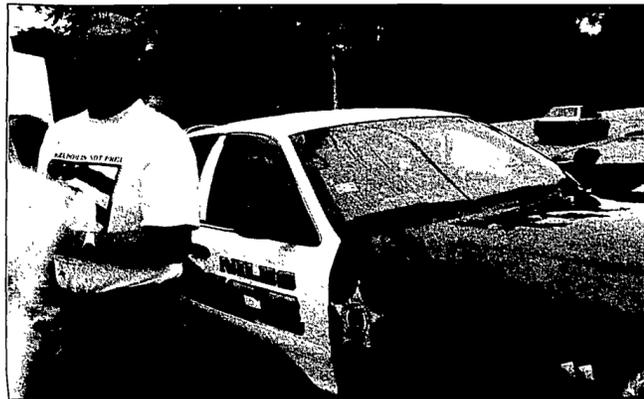
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Niles Police informed demonstrators that they could not march on the station's property, but were free to continue demonstrating from the sidewalk.

Protest

continued from page 1

percent to energy prices in the next decade."

"It's an irresponsibility on BP corporation's part. It's very poorly run," said Laura Murphy, a trustee of the City of Des Plaines and and the Maine Township Democratic Committeeman. She said they recently held a peaceful demonstration at a BP station in Des Plaines and will continue their demonstrations. "We'd like to see other organizations doing the same thing."

Both Murphy and her son participated in the demonstration. Participants held signs that had messages, such as BP = Big Prices.

Many drivers honked their horns as they passed by the BP station, showing their support of the demonstration.

The owner of the gas station was very upset and concerned about the demonstration and two Niles police cars arrived on the scene.

"I'm the little guy," said the owner, who said that they should picket in front of the corporate office instead. He said the demonstration was

damaging his business. "I have rent to pay."

Niles police informed the group not to step on the man's property, but allowed them to continue with their demonstration because of it was of a peaceful nature.

Linda Sroka, of Niles, said that BP is the only gas station that hasn't taken care of its pipelines in 14 years. "That's inexcusable."

Mr. And Mrs. Fiorio wanted to participate in the demonstration so that people are aware that BP has not been maintaining its pipelines and its effect.

Cell phone drive for seniors in Maine Twp.

An old cell phone can be a lifesaver for a senior citizen. Maine Township residents are being urged not to throw away or leave old cell phones sitting in drawers or closets. Residents can instead bring their old cell phones to Maine Township Town Hall, 1700 Ballard Road in Park Ridge, for the Cell Phones for Seniors Program. Donations will be accepted 9 a.m. to 5 p.m. Monday-Friday.

"We at the Township are always looking for new ways to help our seniors," says Supervisor Bob Dudycz. "This program is one we trust the public will support."

He adds, any resident involved with a community group or business that would

Program Info

For further information on the Cell Phones for Seniors Program, contact Maine Township at 847-297-2510 or visit our website at www.mainetownship.com.

like to hold a cell phone drive to provide free emergency cell phones for senior citizens, arrangements can be made to pick up donations at other facilities.

For further information on the Cell Phones for Seniors Program, contact Maine Township at 847-297-2510 or visit our website at www.mainetownship.com.

Director

continued from page 1

good listener.

As far as challenges go, Tainer-Partipilo said that just as in Glenview, the biggest challenge is to always look for revenue sources to make sure

that the residents receive all of the services they need.

"I loved what I did," she said, about her work in Glenview. "and I love what I'm doing now."

For about 28 years, she has loved living in the northshore area.

BACK TO SCHOOL

Easing kids back to school

By Lee Littlewood
COPLEY NEWS SERVICE

Back-to-school time hits students, parents and teachers with unbelievable quickness every year. These new children's books will help bring kids back to education gently. One even assists preschoolers in easing into the new season smoothly.

"The American Story: 100 True Tales from American History" by Jennifer Armstrong; illustrated by Roger Roth; Alfred A. Knopf Books for Young Readers; 368 pages; \$34.95.

Hailed as a "grand way to introduce children to the history of their country" by School Library Journal, "The American Story" is a huge compilation of 100 true stories that helped shape America. Made incredibly accessible with well-spaced text, clear writing and lively, colorful illustrations, this pricey but massive collection is a smart tool for educators and librarians, plus kids and their parents.

Kids 6 and older will be transported back in time not only to important happenings - such as the signing of the Declaration of Independence and the Wright brothers' first flight - but also to lesser known events like the banana's first United States' appearance and the Great Molasses Flood of 1919. In fact, four centuries of fascinating American tales, from 1565 to 2000, are captured in Armstrong's must-have "patchwork quilt of history."

"Admiral Richard Byrd: Alone in the Antarctic" by Paul Rink; Sterling Publishing; 181 pages; \$12.95.

Formerly known as the Landmark Series, and now Sterling Point, this revamped

series brings a smart mix of drama, adventure and history to today's young readers. Boys especially, but also girls, will be enraptured by the subjects - eight new titles this month - with titles such as "John Paul Jones: The Pirate Patriot," "The Sinking of the Bismarck: The Deadly Hunt" and "Geronimo: Wolf of the Warpath."

"Admiral Richard Byrd" tells the breathtaking, true story of Naval Officer Byrd as he strives against clumsy air travel, poisonous fumes that almost kill him and deadly temperatures to survive alone at the bottom of the world. Full of danger and bravery, Rink's amazing book will certainly keep reluctant readers in the middle - and even high school - grades hooked.

"A Chance to Shine" by Steve Seskin and Allen Shamblin; illustrated by R. Gregory Christie; Tricycle Press; 32 pages; \$16.95.

A valuable lesson for the beginning of the school year and always, this rhyming reminder to be kind to others contains a multicultural cast and an accompanying audio CD and musical score. The story begins when our young narrator notices Joe, who "was a little bit weird. He wore trash can shoes, had a scraggly beard." Dad, however, knows better, taking a chance on Joe, and gives him a job sweeping the sidewalk in front of the family's store, with the refrain, "Every heart just needs a chance to shine."

The homeless Joe soon becomes a store manager. And our narrator decides, when he goes back to school, to hang out with kids he used to call strange.

Zippy illustrations add a

mod touch to the pages of this lighthearted but vital lesson - and the rhyming, heartfelt text is just the right length to hook the picture-book crowd. Hopefully, readers will absorb the message in "A Chance to Shine," and will take a chance on kids they may otherwise have seen as different.

"Flocabulary" by Blake Harrison and Alexander Rappaport; Sterling Publishing; 128 pages; \$16.95.

I'm a fan of anyone who tries to help teenagers build their vocabulary. This truly unique and fun book infuses hip-hop music with real learning lessons - certainly an exciting way to help build language intelligence among many teens. "Flocabulary" tunes are catchy, even for this non-hip-hop reviewer, and are sometimes hilarious - a perfect combination for successful learning. In fact, this unique workbook's subtitle - "The fusion of hip-hop music and SAT-level vocabulary words" - describes a cutting-edge package, including a CD with 12 hip-hop tracks. The softcover book contains lyrics, definitions, exercises, study guides and much more - and is certain to be popular among high schoolers.

"Barney: Let's Go to School" from Scholastic Publishing; 10 pages; \$7.99.

This sturdy board book, with carrying handle, contains two pieces of purple chalk - all the better to draw shapes and write letters and numbers on its real chalkboard pages. Starring purple dinosaur Barney and pals BJ and Baby Bop, the interactive book's indestructible pages contain dot-to-dot puzzles, a tic-tac-toe game and much more, perfect for the beginning preschooler.

Dist. 219 launches new 'individualized' learning system

Why should special education children be the only ones with individualized plans for learning?

Well, Niles Township High School Dist. 219 asked themselves the same question and as a result, this fall they will begin creating individualized learning plans for all freshmen, similar to an IEP for special education students but not as specific.

School officials say they are unaware of any other school districts that are using this system.

The program will be gradually phased in and in four years, every student at each grade level will have an individualized learning plan.

Supt. Neil Codell said that the individualized learning plans will allow teachers to "link up"

with their students and form a closer relationship that is important to the student's academic achievements.

In the new program, information about the students will be entered into a database on the computer and teachers can learn information about the students' learning styles, test scores, their personal academic goals, hobbies and more.

"Neil is a very student oriented superintendent," said Roger Stein, the asst. superintendent of curriculum and instruction.

Both guidance counselors and teachers will be involved in the program.

Codell said that teachers are already doing an amazing job, but this will give them another tool to get to know the students and their learning styles better.

ND Community Youth Band seeks musicians

The Notre Dame Community Youth band is getting ready to begin its 24th season and is inviting elementary school musicians with at least one year of experience on a band instrument to join the band.

Rehearsals take place every Wednesday evening from 7:30

p.m. to 8:30 p.m. starting Sept. 13 at Notre Dame High School for boys, 7655 W. Dempster in Niles.

Saturday classes for beginners start in October. For more information those interested can call 773-282-9153 or email NDCYB@att.net. The cost is \$60 per semester.

Corday receives honors

Three students from Illinois, including Brandon Corday of Morton Grove, received academic honors for the Spring 2006 semester at Franklin and Marshall College.

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79-year-old man injured in fall from roof

MORTON GROVE

1 Man Fell off Roof (5800 Crain)

Police said a 79 year old man fell 15 feet off a roof while the chimney on Aug. 12. The man fell on the concrete walkway in front of his residence and was transported to Lutheran General Hospital by the Morton Grove Fire Department.

2 Suspicious Incident (8300 Lehigh)

Unidentified person(s) have been dumping condoms and cans in the rear lot of the business for about four to five weeks on Aug. 7.

3 Gang Symbol on Residence (6400 Eldorado)

Police said someone spray painted a black marking consistent with the shape of a common symbol associated with gangs on the north side of her brick residence sometime between Aug. 1 and Aug. 7.

4 Burglary to Vehicle (5700 Keeney)

Police said unknown person(s) took a Coach purse, \$200, credit cards, a cell phone and wallet from a vehicle on Aug. 11 to Aug. 12. A resident who lives nearby found a driver's license in her backyard and a diaper bag by the side of her house.

5 Criminal Damage to Vehicle (8600 Ferris)

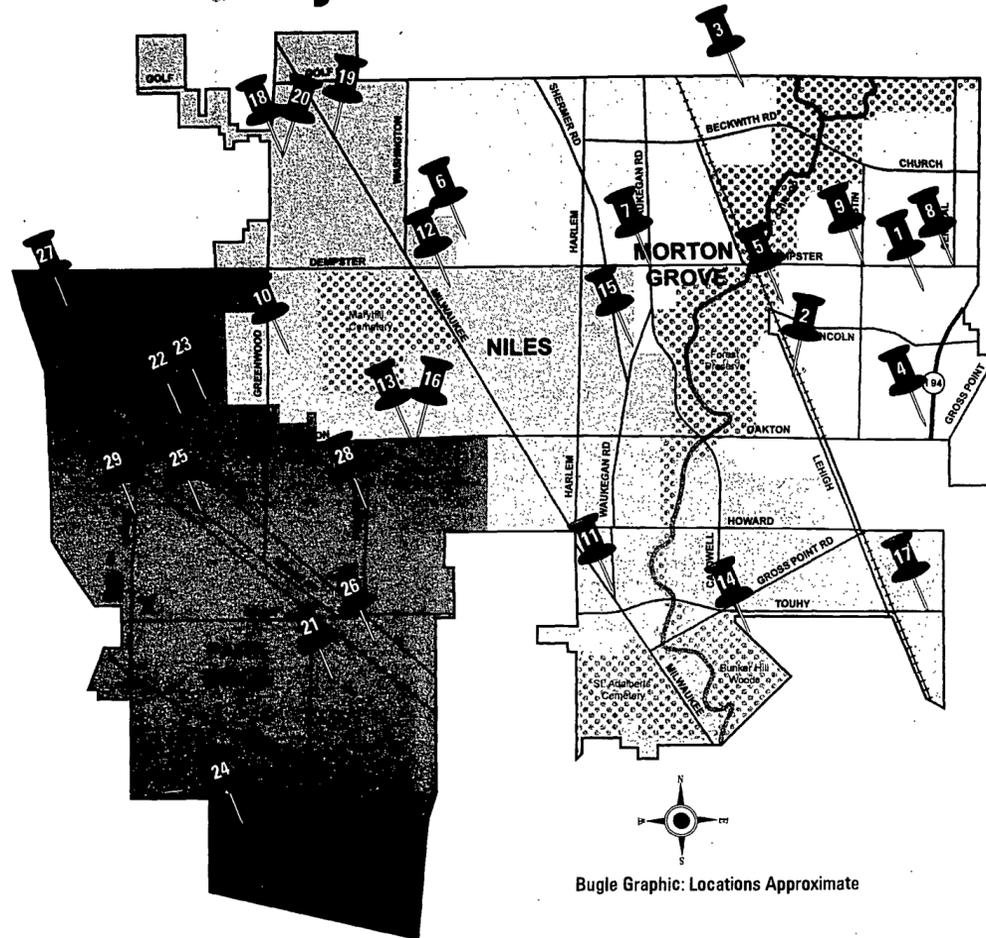
Unknown person(s) broke the window of a vehicle using beer bottles between Aug. 10 and Aug. 11. Police discovered hot dogs and buns on the ground and saw a female standing on a balcony giving them a "middle finger gesture" and saying "stop harassing my family." A witness said there was a loud party happening on the balcony.

6 Criminal Damage to Property Arrest (7900 Churchill)

A 45 year old Morton Grove man was arrested on Aug. 10 after he grabbed the front driver side window of the victim's vehicle and pulled it outward causing it to shatter. A 38 year old Skokie man was arrested for battery after punching the victim in the face and ripped his t shirt.

7 Suspended Plates and License Arrest (Dempster/Waukegan)

Police said a 30 year old Niles man was arrested on Aug. 13 for suspended plates and license and having no insurance.



Bugle Graphic: Locations Approximate

8 DUI Arrest (Dempster/Central)

Police arrested a 25 year old Des Plaines man for driving under the influence on Aug. 12. The bond is set at \$1,000 and the court date is Sept. 5.

9 Revoked License (8800 Austin)

A 46 year old man was arrested for having a revoked license. The bond is set at \$1,000 and the court date is Sept. 25.

NILES

10 Possession of Cannabis (8400 Chester)

Police said that a bag with 1.5 grams of Cannabis and two glass pipes were found in a vehicle on Aug. 16. The offenders were both 16 years old, one from Niles and one from Park Ridge. They have a mandatory court appearance of Sept. 21 at village hall.

11 Damage to Church Property (7300 Waukegan)

Unknown person(s) knocked down and bent a section of a

chain link fence at the rear of the property on Aug. 16. Complainant said kids cut through the property with their bikes leaving tire marks in the grass.

12 Home Repair Fraud (8700 Ozanam)

Police said the victim paid the offender \$7,200 and he began work on his home on July 8. The victim reported on Aug. 15 that only half the work was done and the offender has not returned to complete the work or returned the victim's phone calls.

13 Gas Station Owner Upset Over Protestors (8000 Oakton)

Police said the complainant did not want the protestors in the front of his business if it would impede his customers on Aug. 19. Police spoke with the protestors who said they would keep the demonstration peaceful, stay on the sidewalk and not talk to patrons and that they would leave by noon.

14 Awakened to Key Turning in Lock (7000 Caldwell)

Police said the victim awoke to the sound of a key turning in the lock of her front door on Aug. 20. The victim heard an unknown person walk through her kitchen and saw the subject enter her bedroom. The victim turned on the light in the bedroom and the subject fled the apartment in an unknown direction.

15 Suspicious Incident (7000 W. Main)

Two unknown males in their late 30s rang the rear door bell at the residence on Aug. 14 and asked the victim, "Where's your wife?" The police said the subject entered through the rear door and told the victim that they had to excavate next door. The victim said while he was talking to one subject, the other went behind him to the front room. The victim pushed one of the subjects in the chest with a cane and yelled for them to leave his home, which they did.

16 Unknown Liquid Poured on Vehicle (8000 Washington)

Police said unknown subject(s) poured a liquid on a vehicle that caused it to bubble and the paint to be removed between Aug. 15 and Aug. 16. The liquid damaged the plastic parts and windshield and also melted part of the asphalt on the roadway.

17 Purse Removed from Bathroom Stall (5600 Touhy)

Police said the victim hung her purse on the hook on the bathroom stall door on Aug. 19. The victim saw feet in the next stall and her purse on the floor. When she grabbed her purse she noticed more than \$100 was missing.

18 Retail Shoplifting Arrest (220 Golf Mill)

Police arrested a 26 year old female from Niles for shop lifting on Aug. 17. The woman stole three pieces of costume jewelry totaling \$50. Her bond is set at \$1,000.

See Blotter, page 7

Blotter

continued from page 6

19 DUI Arrest (9400 Milwaukee)

A 28 year old Niles man was arrested for driving under the influence of alcohol on Aug. 19. The man was driving 55 mph in a 35 mph zone. The court date is Sept. 18 and bond is set at \$1,000.

20 Man Sticks Head Under Bathroom Stall (Golf Mill)

Police arrested a 30 year old Glenview man after he stuck his head under a bathroom stall in the women's restroom on Aug. 19, attempting to watch the woman use the bathroom. The court date is Sept. 14

PARK RIDGE

21 Burglary to Residence Under Construction (400 S. Prospect)

Unknown person(s) entered a residence under construction by unknown non-force means between Aug. 15 and Aug. 16. The subject(s) took marble tile and Travertine tile that is worth about \$4,000 each.

22 Swastika Spray-Painted on Sidewalk (2000 W. Woodland)

Police said unidentified person(s) spray-painted a swastika on the sidewalk. The estimated damage will cost \$250.

23 Money Taken from Vehicle (1200 N. Hamlin)

Police said unknown offenders entered victim's unlocked 1998 Ford Explorer and another vehicle on the driveway between Aug. 14 and Aug. 15. The subject(s) took \$220 from the vehicle.

24 Girl Approached By Teen in Car (1400 N. Western)

A nine year old girl was walking home from the park when a silver 2-door vehicle occupied by a man in his late

teens pulled up next to the victim and the driver asked if she wanted candy on Aug. 15. The victim ran from the subject and reported the incident.

25 Suspicious Incident (700 Busse Hwy)

Two men told the victim they were hired by the landlord to do work in the apartment on Aug. 11. The suspects asked the victims to watch the sink for leaks while they worked. One suspect then asked the victim for change for a \$100. The victim said he had no change and the suspects left. Police said the victim confirmed with the landlord that no one was hired to do work there.

26 Bicycle Stolen (10 S. Summit)

Police said unknown subject(s) stole a victim's Magna bike worth \$75 from a bike rack at the train depot.

27 Laptop computer Stolen From Car (1700 N. Elliot)

Police said unknown person(s) entered victim's unlocked 2004 Porsche Cayenne between Aug. 15 and Aug. 16. Taken was \$15 in cash and a laptop computer worth \$1,400.

28 Battery Arrest (700 N. Prospect)

Police arrested a 17 year old Park Ridge teen for battery after a physical altercation occurred on Aug. 10. The bond information is not available.

29 Response to Fire Bomb Call (Dee and Milton)

Three 18 year olds from Park Ridge were arrested on Aug. 15. Two of them were charged with possession of cannabis and one was charged with the possession of drug paraphernalia. They have a court date of Sept. 12. One of the teens was also charged with zero tolerance use with respect to alcohol use.

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Letters to the Editor

Why ask?

Dear Editor,
Should Niles become smoke-free? Refresh my memory or did I miss this headline? Should Niles offer off-track betting? Mayor Blase, why ask?

Rick Ellwanger, Niles

Resident not clear on need for animal ordinance

Dear Editor,
I guess I'm not clear on the reasons for this change... Because other villages are doing it? Why fix what's not broken! (Niles animal ordinance limits house pets, The Bugle, Aug. 10, 2006).

Has there been a rash of Dog bites or Pet nuisances that are on record somewhere? The article first says that before this new ordinance there was "no limit to how many pets residents could have in their home". Then two paragraphs later it says "Prior to this new ordinance, residents were allowed to have two dogs per household". Well... Which is it?

What is the Village protecting us from? What is the reason for

the raising the limit of dogs to 3 and Cats only at three.

What about people who have several cats that THEY allow to roam outside? This should not be acceptable being that cats should live and eat at home, not on someone else's patio leaving dead carcasses. No disrespect to the Chief of Police and his designee but what do they consider a "Vicious dog"? How do they know?

Even so called "Certified Behaviorist" can be wrong or negligent in their findings. Also, Certified through whom? What experience do they have other than taking a test?

As an Owner of a Dog training business, I train people to train their dogs. I utilize their natural instincts. Thus being a Behaviorist as far as method goes. I believe if you are going to label a pet as "Vicious", there needs to be a great deal more involved than having a Village appointed "Behaviorist" or the like, making the final call. Maybe a panel of Behaviorist/trainers and Veterinarians.

Example: I often have clients tell me "My dog is being mean

and aggressive with my children and bites". Then after a few minutes of hearing their story, we come to learn that their dog is a 12 week old "Puppy" Sheppard who is not only teething, but trying to herd the children as they run around the yard with the pup! Also, Dogs don't have hands, their jaws are their hands and they use them to communicate with each other and it's a natural behavior for them. So it's up to the owners to establish new rules when bringing your pet home... Rules for both Human and Pet.

I agree that being proactive is useful in correcting existing or potential problems but there doesn't seem to be a rhyme or reason for the changes and the number of pets allowed. Aren't there ordinances for nuisances and stray animals? I'm curious as to how existing laws aren't enough to thwart potential problems. As in training, it's the people who have the issues, not the pets.

Mike Ward,
Niles Owner, Pack-Mentality Dog Training

1969



Another Perspective
MORGAN DUBIEL | COLUMNIST

Irony reigned at this year's National Night Out event in Niles. The purpose of the evening is a crime/drug prevention event started by the National Association of Town Watch (NATW). It is designed to heighten crime and drug prevention awareness; generate support for, and participation in, local anticrime programs; strengthen neighborhood spirit and police-community partnerships; and send a message to criminals letting them know that neighborhoods are organized and fighting back. This last line is taken directly from the website of NATW.

The booth for the Niles Crime Stoppers happened to be located directly across from the soundstage where a DJ played a variety of music. The irony was that as we all were working hard to send an anti-drugs, gangs, alcohol and violence message the music playing sent the exact opposite point. It was hip-hop music extolling the values of gang life mixed in with some classic rock praising sex, drugs and rock-n-roll. It was, of course, unintentional. No one was aware of it, nor was it a planned part of the festivities. It is just that our culture has moved so radically away from our spoken values it is hard for kids, as well as many adults, to know what we really stand for and what we really value. Kids are the best judges of adult culture. They completely ignore what we say and simply mimic what we do.

On a recent visit to my in-law's in Chicago our kids wanted to play kick ball with the children from the neighborhood. The kids range in age from 6-12 and live in this middle-class area named Mayfair. As we passed by their game their language was so coarse, graphic and vulgar that we told our kids no. This, though, is the kind of world we have created. One in which children who shouldn't know a thing about it, use words so thoroughly disgusting and explicit as if they were saying, "Hi, how do you do?"

This degradation did not just start recently and attempts to blame Pres. Bill Clinton for his intentional confusion over just what "sex" really is are misplaced. For almost forty-five years our culture has been slipping into the muck. Pres. Clinton is just a product of that slide. It has been a conscious

effort on the part of our cultural elites from the press to the media to take the stops off all human conduct. Religion, God and morality have been hard pressed to find a friend amongst the cultural elites. Who, despite their years of higher learning and supposed superiority, dove head first into the grime and reveled in it like pigs.

The results are what we are dealing with today. A culture that is no longer certain which way is up and cannot distinguish right from wrong. A few years ago, at a car wash fundraiser put on by some wonderful young ladies, the word "pimped" was applied to certain vehicles. This word is not derogatory, but complimentary as in fully decked out or sharp looking. It is a child's word. Yet, the reality is that a pimp is a man who through physical or psychological violence, very often including drug/alcohol abuse, forces women to work selling their bodies for sex. What is complimentary in that? The phrase comes from a TV show named, "Pimp my ride." Another winning show from MTV, the music television station.

What really has happened is that we have lost control of our culture. It has gone from one that extols the virtues of honesty, thrift and hard work to one that celebrates the very worst values of the scum of the earth. Values like rape and violence, car jacking and shoplifting, promiscuity and hedonism. The America our media has built puts the perversions of ancient Rome to shame and it does not bode well for the future.

If adults continue to accept this erosion what kind of world will be left for our children? The world of children is under assault. Innocence is lost earlier and children have knowledge that they are not mature enough to understand, let alone have a proper context for.

See Perspective, page 13

Rethink your retirement plans

By Lynn O'Shaughnessy
COPLEY NEWS SERVICE

Just about every news cycle seems to bring the release of yet another study that clearly illustrates how investors are in denial about retirement.

MONEY & YOU

The Employee Benefit Research Institute, for instance, conducted a recent survey that concluded that one out of every four workers is "very confident" about the prospects of paying his or her retirement tab.

There would be nothing odd about that statistic unless you knew that 22 percent of these folks aren't setting aside anything for retirement. Another 40 percent have saved up less than \$50,000. Now that's quite a disconnect.

For many people, getting serious about retirement planning ranks with clearing out the garage to make room for the SUV. Many of us would rather park in the driveway forever than get motivated to haul all our stuff to the curb or to Goodwill.

I suspect, however, that some people would become more focused on retirement if they could consult a cheat sheet. I don't think one exists, but I've tossed in a few suggestions for what you should consider doing.

Conventional Wisdom

For years, the financial industry has been nagging people to reserve 10 percent of their salaries for retirement. If you can stash away 10 percent for many years, you should be set. That, at least, was the line everybody kept parroting. Maybe, however, the experts were a bit too sanguine.

T. Rowe Price, the mutual fund firm, is now suggesting that investors crank it up a notch and save at least 15 percent of their pretax salary. Why the switch? Christine Fahlund, a senior financial planner at the firm, said T. Rowe Price was seeing many people who had to postpone retirement, even though they had faithfully followed the 10 percent rule.

According to the fund family's calculations, if you squirrel away at least 15 percent, you should be able to replace 50 percent or more of your salary, adjusted for inflation, during your retire-

ment. With any luck, Social Security and a pension will fill in the rest of the gap.

Late-blooming savers, however, will have to somehow figure out a way to sink 25 percent or more into their retirement accounts. (Don't blame me for this downer, I'm just the messenger.)

Don't Be Timid

When Americans retire, they often believe they can no longer risk investing in the stock market. Instead they bunker down in a financial bomb shelter, which they've built with certificates of deposit, money markets, bonds and other safe investments.

What skittish investors don't realize, however, is that this preoccupation with safety can be the riskiest move they make. Research has repeatedly shown that ultraconservative portfolios run the risk of imploding over long periods of time. One landmark study, for instance, examined what would happen if an investor withdrew 6 percent a year from an all-bond portfolio. The research paper concluded that the investor faced only a 27 percent chance of having anything left after 30 years.

Stocks, however, can provide the elixir to keep a portfolio alive. No one is advocating that you turn your life savings into a kamikaze portfolio. But many experts advocate that retirees devote 40 percent to 50 percent of their holdings to stocks - preferably in low-cost mutual funds.

If stocks scare you, consider some research done by Jeffrey Voudrie, CFP, the president of Legacy Planning Group Inc., in Johnson City, Tenn., and the creator of a consumer Web site, www.guardingyourwealth.com. To reassure skittish investors, Voudrie examined historical investment returns to see how easily a simple portfolio of stocks and bonds could absorb the market's occasional slide tackles.

In his example, an investor kept 60 percent of his money in 10-year government bonds and the rest in an index mutual fund that tracks the Standard & Poor's 500 Index for 10 years. He examined the performance results for 529 rolling 10-year periods going all the way back to 1950. In each of the 529 investment periods, a portfolio would not have earned

See Money, page 10

New salon to open in Niles

A hearing for a special use variance to open a beauty salon and day spa at 8800 N. Milwaukee was expected to take place on Aug. 7.

"Niles is great," said Charlotte Zaki, the applicant and future business manager of the business. "The building is beautiful." Zaki said that the site is in a

retail zone and since they are more service oriented they need a special use variance. The salon is expected to occupy the vacancy left by a furniture business.

If approved, Zaki said they would like to open the beauty salon, called "Bacara" in October.

Bacara will provide a variety of services such as hair cuts, coloring and styling, manicures, pedicures, massage therapy, facials, waxing, hydrotherapy, body/skin wraps and more.

Zaki, who has a background in aesthetics, said that they are also planning to open a salon in downtown Chicago on Orleans.

Multi-chamber event Aug. 24

The Morton Grove and Niles chambers of commerce co-hosted a multi-chamber networking breakfast event on Aug. 24 at Chateau Ritz in Niles.

The chamber included business representatives from Morton Grove, Niles, Park

Ridge, Des Plaines, Glenview, Skokie, Wheeling, Prospect Heights and Wilmette Chambers of Commerce.

The event took place at Chateau Ritz located at 9100 N. Milwaukee in Niles. Every participant will be assigned four tables, based on their

business category to create a positive mix for networking. Participants will also have a chance to give a "two minute commercial" telling people about their business.

In the past, businesses have gained leads from this networking process.

Farmers' Market to continue through Oct.

The Farmers' Market in Park Ridge will continue to provide an array of fresh fruits and vegetables every Saturday through Oct. 28. The market is located on Prairie Ave., just south of Main Street and the Metra tracks. It is open to the public from 7 a.m. until 1 p.m.

Vendors from Illinois, Wisconsin, Indiana and

Michigan bring fresh fruit, vegetables and flowers for people to purchase and enjoy. Customers can also buy fresh cheese, herbs, oils and vinegars.

An added feature to the market, the Farmers Market Listening Post provides citizens with a chance to talk to elected officials about issues of interest in an informal setting.

The city aldermen are available on the second and fourth Saturday of each, from June until October. The Listening Post is open between 8:30 a.m. and 10 a.m. In August, the aldermen will be present on Aug. 12 and 26. On a weekly basis, people can generally see Mayor Howard Frimark stop by the market.

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MG business of the month

On Time Promotions is the Morton Grove business of the month of August.

A promotional products agency, On Time Promotions specializes in providing merchandise decorated with corporate logo and other related information.

On Time Promotions services clients, large and small throughout the country, including Abbott Labs, NBC News, Renovo Men's Spa and the Morton Grove Chamber of Commerce.

For almost 20 years, the business has made Morton Grove its home. The business sponsors community events through the Morton Grove Park District and the Maine Niles Association of Special Recreation.

In September, On Time will celebrate its 20th anniversary.

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Heavy promotion reduces credibility

By Malcolm Berko
COPLEY NEWS SERVICE

Dear Mr. Berko: My widowed sister is 68 and in bad health. In fact, the doc tells us that she may not last a year. The reason

TAKING STOCK

for this letter is that in 1996 she was in an auto accident and the insurance company, with our attorney, arranged an annuity guaranteed to pay her more than \$3,000 a month for 20 years. That was 10 years ago and she's gotten her money like clockwork.

Now she decided to sell the "structured settlement," which is what it's called, because she knows she has little time left and wants to see her kids and grandkids enjoy some of the money. I'm the executor of her estate, so she asked me to find out what lump sum number she could get if she sold future value of the remaining 10 years of payments of \$3,000 a month. I called J.G. Wentworth after seeing their TV ads.

I've sent you their offer and contract for your opinion. But I must tell you that something about them bothers me and I'm not comfortable enough to sign these papers without asking you or someone else I trust. Please look this over for us and tell me what you think about this company and what I should do.

E.P.
Oklahoma City

Dear E.P.: I know that J.G. Wentworth does a lot of advertising on TV portraying a nice-looking, white-haired, older fellow, but his smile kind of

Money

continued from page 9

less than 3 percent. In 80 percent of the periods, the returns were greater than 6 percent.

Don't Forget Inflation

If Voudrie's research doesn't seem compelling, maybe the specter of runaway inflation will spook you. While investors worry about the market's occasional tantrums, they rarely fret about whether inflation will nickel and dime their nest eggs to death. That's probably because inflation is a silent portfolio killer. Yet even an innocuous-looking inflation rate can flatten the cushion of an other-

wise solid budget. Since I have a family member who has a large structured settlement and who recently asked me for a present value (what it's worth today), I also called J.G. Wentworth and gave them the information they requested.

I was bothered that (1) the salespeople blithely addressed me by my given name and (2) they were too anxious and I could taste the greed (like a copper penny) in their voices. They made a present value offer and requested I present them with all sorts of (reasonable) information and substantiation.

In return, I asked them for an audited financial statement because I needed to be comfortable knowing that J.G. has the financial capacity to perform. Well, this request seems to have thrown the Wentworth salespeople (make no mistake, they are pushy, aggressive and high-pressure) into a tizzy.

"Why do you want a financial statement?" an insulted salesman asked. "What difference would it make to you?" another demanded. "Check with the Better Business Bureau," a salesperson insisted. "I can personally answer any questions about our ability to fund your settlement," another offered. "You don't need our statement," an exasperated salesman told me.

Over a period of several months, I continued to get calls (sometimes three and four a day) from J.G.'s salespeople. I even spoke to several purported J.G. sales managers and they proudly responded, "We are the biggest in the business and that should satisfy you."

Well, over a period of three

"I don't have any problems with J.G. However, the manner in which their salespeople comport themselves sits heavy in my stomach, and the big bucks they spend on TV advertising kind of makes me uneasy."

months, at least 35 J.G. people called me and each promised to send an audited financial statement. It never came, but the J.G. bucket shop continued to call and forcefully solicit my business.

I am not comfortable conducting an important financial transaction with a company that won't provide me with an audited financial statement. A refusal to provide that information suggests that (maybe) there is something to hide. And when we're dealing with big money - even small money, you certainly don't want any unpleasant surprises. While I have no objections if you visit with J.G., I caution you about giving them your business if you have not visited other funding sources for your structured settlement.

When selling a gun collection, a car or heirlooms, common sense suggests that you shop for the best offer. And that's just what you must do when selling something such as a structured settlement.

I advise you to contact your stockbroker, whose insurance

department should be able to provide you with quotes from insurance companies that purchase structured settlements. The trust department of your bank has various sources that can give you comparative numbers on structured settlements. Of course, your life insurance company and even the insurance company with whom you have your homeowner's and auto insurance can make you an offer. Just ring your man there and he will know where to begin.

Then call your attorney and accountant. Both these professionals have sources that can provide you with quotes. Your bank, credit union, and savings and loan may be interested and if you work for a large company, its human resources department certainly has access to structured settlement sources.

You have a fiduciary responsibility to your sister, which mandates that you solicit other offers. Like it or not, if you fail to do so and the J.G. offer is discovered to be absurd, then your sister or her estate can hold you responsible for failure to perform in a fiduciary capacity.

I don't have any problems with J.G. However, the manner in which their salespeople comport themselves sits heavy in my stomach, and the big bucks they spend on TV advertising kind of makes me uneasy.

Please address your financial questions to Malcolm Berko, P.O. Box 1416, Boca Raton, FL 33429 or e-mail him at malber@adelphia.net.

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pretty obvious: Keep working.

T. Rowe Price ran some numbers that illustrated how working longer can provide an impressive pop to your retirement income.

The analysts assumed that a hypothetical 64-year-old worker earned \$100,000 and had socked away \$500,000. If he retired at age 65, he'd be able to safely pull out \$23,547.

Now let's see what happens if he postpones his retirement. While remaining on the job, he'd contribute 15 percent to his retirement account with an assumed investment return of 6 percent. If he retired a year later, his initial withdrawal could increase to \$26,674,

which would boost his retirement income by 13 percent.

Postpone retirement two years and the worker could withdraw \$30,185, which is a 28 percent hike. Meanwhile, if the employee waited until reaching age 70 to retire, he could pull out \$49,226 the first year, which presents a 109 percent increase.

It's certainly something to think about.

Lynn O'Shaughnessy is the author of "The Retirement Bible" and "The Investing Bible." She can be reached at lynnoshaughnessy@cox.net.

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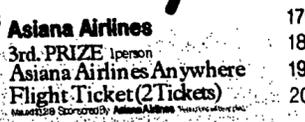
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10th	10 Persons	ZOJIRUSHI AIR FRESHENER (PA-MTC4)/\$150 value
11th	15 Persons	H MART GIFT CERTIFICATE/\$100 value
12th	20 Persons	SAMSUNG DVD & VIDEO COMBO/\$100 value
13th	30 Persons	BUBANG HUMIDIFIER (WARM&COOL) (BUH-650CE)/\$80 value
14th	40 Persons	HALLOGAN HEATER/\$70 value
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16th	90 Persons	ZOJIRUSHI THERMOS (SF-BAE15)/\$40 value
17th	120 Persons	WELLI MIXER (AGM-05)/\$36 value
18th	150 Persons	MAGIC COOK TWO HANDLE WOK PAN (GOCU)/\$15 value
19th	200 Persons	H MART \$10 GIFT CERTIFICATE/\$10 value
20th	500 Persons	MAGIC COOK FRYING PAN (28CM)/\$7 value

Period August 25 - December 2, 2006
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Advocate Lutheran General Hospital Announces 2006 Gala to Benefit Nursing Endowment for Research & Education

Tickets now available for Nightingale Ball to be held Saturday, September 30 Advocate Lutheran General Hospital's Gala Committee invites the community to attend the 2006 Gala: The Nightingale Ball on Saturday, September 30, at the Palmer House Hilton in Chicago. The event, featuring the music of the Stanley Paul Orchestra, begins at 6 p.m. with a cocktail reception followed by dinner and dancing at 7:30 p.m.

Organizers hope to raise \$200,000 to benefit the hospital's Nursing Endowment for Research and Education. The endowment was established in October 2005 through a generous gift of \$115,000 from David and Teryl Schawk of Inverness. Teryl, a registered nurse, has been caring for patients at Lutheran General Hospital for 30 years, the past 28 in intensive care. The endowment was established in order to provide a permanent yearly fund for Lutheran General Hospital nurses to advance in the nursing profession through continuing education, certifications and

nursing research.

The Schawks have contributed another \$50,000 this year to the fund and plan to continue to support the endowment.

"I wanted to do something



for the hospital, especially for the nurses who are the patient's advocate and backbone of the hospital and my husband David was in full support," Teryl said. "I worked to put myself

through school and know the importance of education. There are a lot of nurses that I work with that want to earn advanced degrees, obtain nursing certifications and assist with research projects but don't have the financial support that is needed. Many staff members are attending school to advance their careers and continue to work full-time, because they need to support their families financially.

"I thought we could make a difference and help some of the nurses that want to advance their careers as well as help fund research for projects that will help the hospital maintain the high quality of its nursing staff.

"It's been exciting to establish this fund and see the excitement of the nursing staff that has worked very hard on structuring and fund-raising for the endowment. The upcoming Gala will help us to build on that."

Tickets for the 2006 Gala are \$250 per person; cocktail attire is required. For more information call (847)384-3400.



ST. JOSEPH'S PARISH TO CELEBRATE 50TH ANNIVERSARY

St. Joseph the Betrothed Ukrainian Catholic Parish located at 5000 N. Cumberland, Chicago will celebrate its 50th anniversary on Sunday, September 24th, 2006. The parish will observe the occasion with a Divine Liturgy of Thanksgiving concelebrated at 10am by Most Reverend Bishop Richard S. Seminack, D.D., the pastor, Rev. Pavlo Hayda, Rev. Thomas Glenn and invited clergy. Following the Mass at 12:30pm there will be a banquet at The Rosewood Restaurant in Rosemont.

St. Joseph's parish was established in 1956. Originally, an all-purpose hall at 5000 N. Cumberland served the parishioner's as the Church. However, the founding pastor's, Rev. Joseph Shary's, dream was always to build "the most beautiful Ukrainian Church in the world." In 1975 the building of the new church was undertaken and amidst great celebration and rejoicing, the church was dedicated on May 22, 1977.

Built in the Byzantine style, the structure is capped with 13 domes, representing Christ and his 12 Apostles. The interior of the church is a vibrant panorama of blue and gold ornamentation and dramatic life-size icons depicting Christ's memorable life: crucifixion, burial, resurrection from the dead, ascension, sitting at the right hand of the Father, and the glorious Second Coming. A brilliant gold iconostas divides the altar from the main body of the church. The church is a Chicago landmark and its unusual concrete and glass design, conceived by architect Zenon Mazurkevich, has received worldwide recognition and acclaim.

Today, St. Joseph's is proud to have as members over 800 parish families. Three generations have worked hard to build and maintain the parish community and the clergy and parish organizations are challenged to serve the unique needs of all parishioners. Recently, a wave of immigrants from the motherland is infusing the parish with new life.

For 50 years St. Joseph's Parish has stood as a proud testament to the spiritual and cultural life of Ukrainian Catholics, who strongly believe in worshipping God and maintaining their heritage within a parish community.

IN-HOUSE HEMODIALYSIS PROGRAM NOW OPEN AT BETHANY TERRACE NURSING CENTRE

Bethany Terrace Nursing Centre located in Morton Grove opened their In-House Hemodialysis Program with Fresenius Medical Care as the dialysis provider. The program will be able to accommodate 12 residents on dialysis without the inconvenience of leaving the facility.

The unit consists of three dialysis stations with privacy curtains, a TV/VCR/DVD and a telephone. The program will be beneficial to short-term rehab patients that will be returning home and to their outpatient dialysis clinic after therapy, as well as extended care residents.

Providing quality care for over 40 years, Bethany Terrace is not only adding the new dialysis program, but also expanding current programs such as wound care and rehabilitation. Each program was developed with expertise input by a physician that specializes in that area, and is staffed with individuals continuously trained specifically for each program. For information regarding Bethany Terrace In-House Hemodialysis Program or other programs, please feel free to call (847)965-8100, ext. 264.

Pressure Point Therapy Workshop

The Doctor's Speakers Bureau is presenting a Pressure Point Therapy Workshop Wednesday, September 13th, 7:00 PM - 8:30 PM at Lutheran General Hospital, Yackman Children's Pavilion, Park Ridge, IL.

Learn a simple effective technique to help relieve headaches, neck and back pain, carpal tunnel syndrome, sciatica, allergies and many other health conditions. There is no charge for this workshop, but seating is limited. Call (773) 763-2488 to register.

MG releases TIF meeting results

The Village of Morton Grove recently released the data that was collected at the recent Lehigh/Ferris TIF (Tax Increment Financing) workshop that attracted more than 140 residents.

"I was hoping for 40 people," said Economic Development Director Bill Neuendorf, who was extremely pleased with the huge turnout at the workshop. The next step will be to incorporate these ideas into the framework of the plan. Neuendorf said that he heard a lot of enthusiasm for various projects, but some residents were also questioning the cost of the projects as well and if they would affect their tax bills."

"I heard a lot of enthusiasm for various projects, but some residents were also questioning the cost of the projects as well and if they would affect their tax bills."

Bill Neuendorf
ECONOMIC DEVELOPMENT DIRECTOR

ing library, pursuing a senior housing project, building a mixed use parking structure, improving the Lincoln/Lehigh/Ferris crossing, straightening or realigning Lehigh Ave. and developing a new Metra Station.

Some of the other aspects they liked are the realignment of roads, 90 degree railroad crossings, housing along the forest preserve, protecting pedestrians at the Lincoln crossing, bike trail and railwalk, streetscaping, affordable housing and a library expansion with a meeting room element.

Some of their concerns were traffic at Lincoln/Ferris, funding, improved parking on Dempster, the cost of rehabilitating the Metra Station, relocation of businesses, the loss of jobs in the industrial area, forest preserve traffic coming through residential areas, flooding issues and more.

In addition to the 16 original key projects/ideas that were presented, the participants came up with 18 additional ideas. Some of those include straightening Lehigh, a traffic light at Lincoln/Ferris, retail and restaurants, a coffee shop at the train station, combining senior housing with the library, designated bike crossing at Dempster, an overpass at Dempster, maintaining the industrial base in Morton Grove and more.

For more information on this topic people can go to www.mortongroveil.org.

MG Garden Club honors Connelly and Schrader

The Garden Club of Morton Grove will honor two of their members who have been part of the club for 50 years, Dodee Connelly and Opal Schrader.

The club had a pot luck dinner to honor the ladies on Aug. 22. The ladies have also sent their names to the Garden Club of Illinois to be

Niles promotes 3 new sergeants

Many members of the Niles Police Department have been climbing through the ranks, on their way towards the top. Three Niles patrol officers were recently promoted to the rank of sergeant.

Carl Kully, Robert Tornabene and Vince Genualdi, who are assigned to the patrol division, will super-

vised the everyday activities of the patrol officers who are out on the streets of Niles.

Appointed to the rank of watch commander, from the sergeant position, were James Elenz, Joseph Penze and Karl Scheel. These new Watch Commanders will supervise the activities on their respective patrol shifts.

Anthony Fidanza, former watch commander, has climbed his way to patrol division commander. In this new position, he will be in charge of all the operational functions of the patrol division.

The Niles Police Department congratulates these officers and wishes them the best of luck.

Historic Prairie Walk to be held Sept. 2

The Morton Grove Historical Museum staff and guests will embark on a historic wildflower/prairie walk on Saturday, Sept. 2, at 10 a.m.

Participants in the walk will meet at the Morton Grove Prairie Nature Preserve that is located just north of the tennis courts at the Prairie View Community Center. There will be a botanical tour of the plants that are blooming in the Tallgrass Prairie in September. In addition, the tour will talk about the culture and natural

history of the land, spanning from the glaciers that shaped the landscape more than 10,000 years ago to the early settlers to the area.

From the Nature Preserve, the group will take a hike to Wayside Prairie and explore a larger piece of Prairie in the Cook County Forest Preserve to learn more about the history of the preserve. Guests will also be informed about the Gabel and Lochner farms that were once standing in the place of the current Prairie Preserve and

Wayside Prairie.

It is recommended that people bring a water bottle, sunblock, insect repellent, walking shoes and long pants on the trip. Children under age 18 must be with a parent or legal guardian.

There will be a light snack and a cold drink before returning to the Prairie View Nature Preserve at 11:30 a.m. The walk is free but reservations are required. People interested can call 847-965-0203.

Holy Name Men's Club sponsors outing

The Holy Name Men's Club and the athletic board of St. John Brebeuf Parish are sponsoring a golf outing at Indian Boundary Golf Course on Sunday, Sept. 10.

There will be a 9 a.m. shot gun start at the course that is located at 8600 W. Forest

Preserve Drive in Chicago. The event includes 18 holes of golf with a cart, snack and beverage at the course and a catered dinner in the parish hall following golfing. For those football fans, the Chicago Bears/Green Bay Packers game will be shown on the large screen

following dinner.

Reservations to the event must be made by Aug. 25. They are limited and are made on a first come, first served basis.

Those who would like more information can call 847-967-1776, 847-966-2293, or 847-663-9188.

Perspective continued from page 8

Top many parents and adults are asleep at the wheel. We need to be more vigilant than ever. Video games are full of vulgarity that extends well past language. Grand Theft Auto, Mafia, and Hitman give children the opportunity to emu-

late the lives of criminals and vicious street gangs.

The phenomenon is not recent and like the proverbial frog being boiled slowly it took a long time to get here. In 1965, The Sound of Music, a heartwarming movie based on the true story surrounding the von Trapp's family's escape from Nazi controlled Austria, won

the Academy Award as Best Picture. Just a little later the Academy awarded its highest honor to a film about a male prostitute and a sickly street hustler living in an abandoned building and being slowly consumed by the urban jungle. The movie was Midnight Cowboy and the year was 1969.



FALL CHILDREN'S CLASSES

LEVEL 2
For many toddlers, this is the age of independence. They want to do things on their own, but they still want you there. They go from parallel play to cooperative play. Following simple directions, gross-motor skills, self-esteem and separation are the goals for this level.

ME TWO 2 YEARS
This class is offered to ease fears and encourage independence. Your child will have fun in a semi-structured environment. Stories, music and art are included in each class. This is a child only class. Tues 10:30-11:30 AM 9/12-10/17 \$47 Member/\$59 Non-Member

MINI SPORTSTERS 2-3 YEARS
An introductory sports class for your active

Niles Family Fitness Center To Start Fall Children's Classes

two or three year old. Try out a different sport each week. Have fun while getting fit. Wed 9:15-10:00 AM 9/13-10/18 \$35 Member/\$44 Non-Member

TUMBLE BEES 2-4 YEARS
Children will be introduced to basic tumbling skills by participating in activities that teach gross motor skills and organized movement. Class includes basic introduction to the balance beam, floor and horizontal bar. MON. 9:15-10:00 AM 9/11-10/16 \$35 MEMBER/\$44 Non-Member

LEVEL 3
These classes are for children who are ready to be on their own. For some, that's when they are 2 1/2 and for others it's later. An inviting and fun environment will be provided where they can learn through play. Reinforcing simple directions, socializing with peers, exploration, experimentation and process thinking are goals for this level.

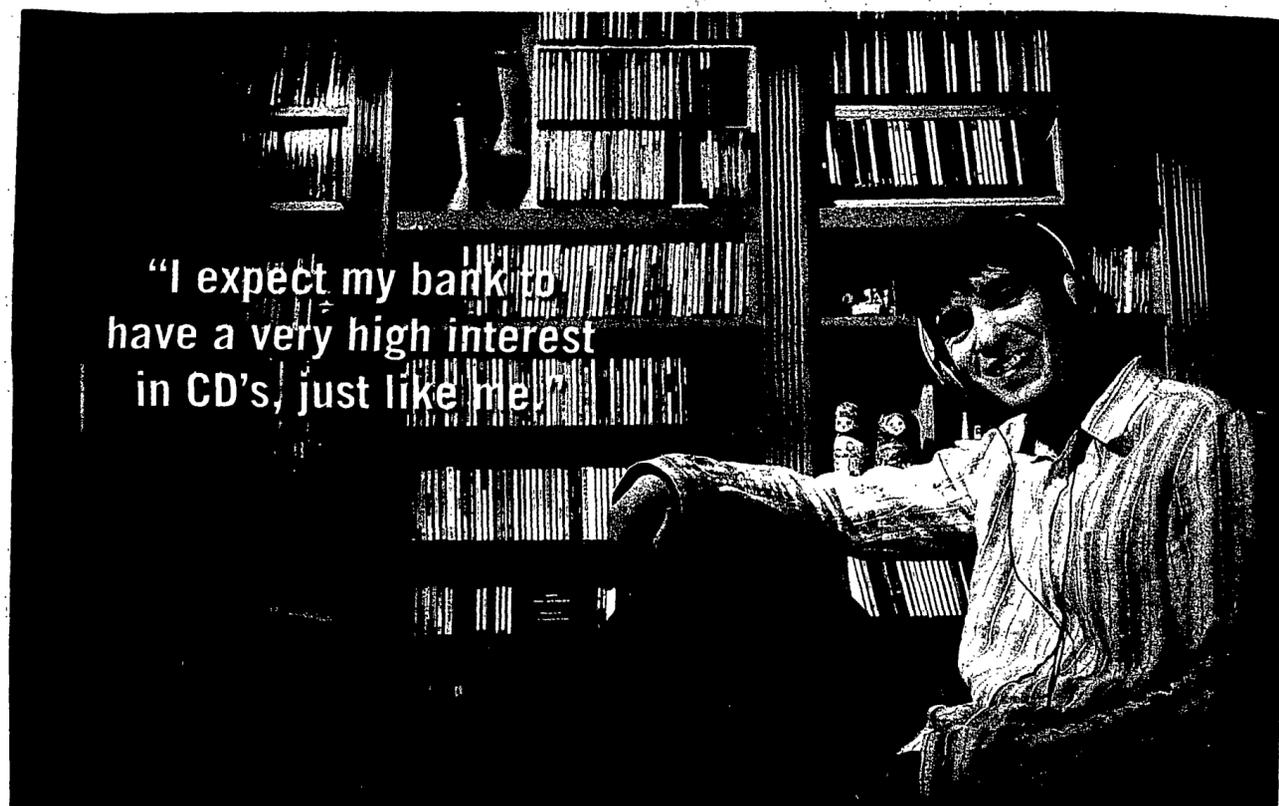
JUST FOR ME 32-48 MONTHS
This class is designed for those children who miss the September 1st cut-off for preschool, but are ready to be on their own in a social environment. Letters, numbers and colors will be taught through active play. Daily gym time and snacks are provided. This

class will be offered with a continuing curriculum through Spring 2007. Mon 10:15-11:30 AM 9/11-10/16 \$58 Member/\$74 Non-Member Wed. 10:15-11:30 AM 11/1-12/13 \$58 Member/\$74 Non-Member Mon. / Wed. 10:15-11:30 AM 10/30-12/13 \$102 Member/\$130 Non-Member

PLAYTIME PICASSO'S 3-5 YEARS
Designed to explore your child's creative side! Arts and crafts, painting, play dough along with age appropriate play will highlight this class. Class will be messy! Tues. 9:30-10:15 AM 9/12-10/17 \$42 Member/\$54 Non-Member

BODY FLEX KIDS 3-5 YEARS
Scheduled during adult Body Flex, this high energy exercise class will get your child moving and grooving. To cool down we will end class with kids yoga. Our instructor will escort your child to and from the Clubhouse. Thurs 10:20-11:10 AM 9/14-10/19 \$36 Member/\$45 Non-Member

Fall Class Registration Begins Monday August 7th Call 847-588-8400 For Program Details



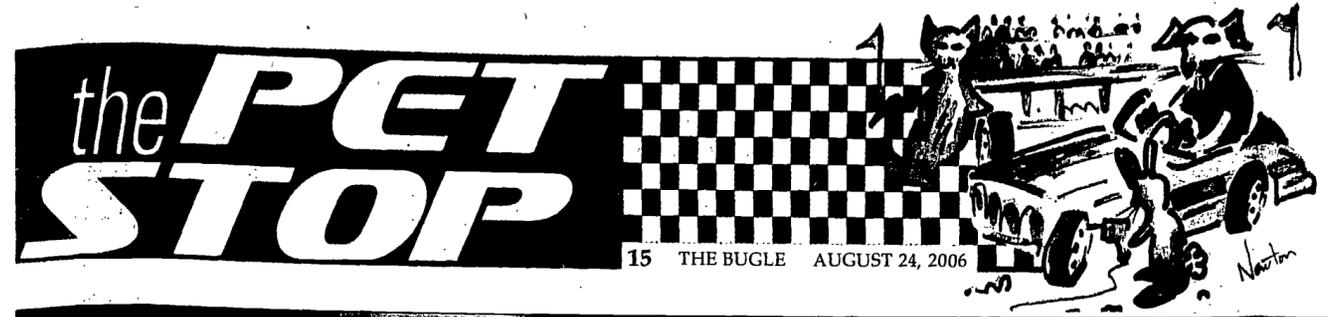
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You spoke. We listened.

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*Annual Percentage Yield (APY) shown is effective as of July 7, 2006. APY is a special offer that applies to a new 13-month Certificate of Deposit (CD) opened at this participating Harris location through September 30, 2006 and is subject to change. Minimum balance to open the account is \$25,000. Maximum \$100,000 deposit per household. Standard APY will apply on renewal. Deposit must be new money not currently on deposit at Harris N.A. Interest is compounded daily and paid quarterly. To qualify for this offer you must have or open a Harris checking account with a minimum deposit of \$500. If you do not have or open a Harris checking account you will receive an APY of 5.20% for the 13-month CD. Rates are subject to change. Substantial penalty for early withdrawal. Personal accounts only. No rollover deposits. Offer does not apply to IRAs. This offer is non-transferable and cannot be combined with any other offers. Offer may be withdrawn at any time without notice. All account openings subject to approval. Harris® is a trade name used by Harris N.A. and its affiliates. Member FDIC.



A Tribute to a Great Friend

By Thomas J. Kozik
SPECIAL TO THE BUGLE

My dog, Kenai, a 110 pound Alaskan Malamute, died today - Tuesday, June 20, 2006. At the end he wasn't able to stand for more than a few seconds if at all. All four of his legs would just collapse. He had problems with his mobility for some time, but that was strictly with his hind legs. He had great difficulty rising up on them. Sometimes he would try and fail several times. But he never quit trying. Eventually he'd get up by himself or I'd help him up. On Monday, though, his fore legs gave out. He walked across the room and suddenly collapsed. I raised him up, but his legs couldn't support him.

Born on December 10, 1991 he lived for more than 14 and one half years - a very long time for a malemute. He was a magnificent animal and a great dog; and he had a good life. He's been to more places and

done more things than most people. He swam in the Pacific Ocean and in the pool underneath Horsetail Falls in the Columbia River Gorge. He's been to Alaska on two trips driving over the Alaska Highway. His name is painted on the Glenview sign at the Sign Post Forest at Watson Lake, Yukon. It will forever mark his passage there. (Just as the pioneers who crossed the country in covered wagons left their mark at Independence Rock, the tradition today is that all who drive the Alaska Highway must leave their mark at the Sign Post Forest at Watson Lake, Yukon - it's the law of the Yukon.)

Kenai has chased more types of wildlife than most people ever see. He knew that if it ran, it was his duty to chase. He chased deer, rabbits, elk and moose. He chased caribou in the Yukon. He chased the otters away from my pier in Wisconsin. He chased muskrats, squirrels and mice and caught them repeatedly. He caught a porcupine in Colorado

while he was on a 25 foot leash. He had a few souvenirs from the porcupine to prove it. He once caught a rabbit while on leash. And on two separate occasions Kenai caught a bird in the back yard. I don't know how he caught them, I didn't see it. Both times, though, he brought the birds to me. I took them out of his mouth and they flew away.

Kenai killed eleven opossum in the back yard and ate 3 of them. One was too big to finish at one feeding, so he buried the leftovers somewhere in the yard. After a while there was a terrible odor, but I was never able to locate the source. Eventually it snowed and the odor disappeared.

On another occasion he ripped the throat out of a raccoon that was trespassing in his yard. Just as the wolves he evolved from, he was a great hunter. Kenai did some fishing too. He fished for salmon in Alaska. He tried to pin them by stepping on them, but the salmon were too big and too strong. He wasn't able to

hold any. It was great fun watching him splash and pounce as he fished. After that he tried lake fishing at my place in Wisconsin but was quickly bored. There wasn't as near as much action compared with salmon fishing.

Kenai walked on top of the world, hiking in the Bitterroot Mountains of north central Idaho. He backpacked the Chilkoot Trail from Skagway, Alaska to Lake Bennett, Canada in 1998 to commemorate the 100th anniversary of the Klondike Gold Rush. He hiked the Pacific Coast Trail along the Oregon Coast and rested in the ruins of the lookouts that were manned by volunteers during World War II who were looking for Japanese submarines and other vessels. And he hiked numerous deer trails and old logging roads in the northwoods of Wisconsin. He once tracked a pack of wolves that brought down a deer on my property in Wisconsin. Fortunately the wolves didn't let us

See Kenai, page 16

Cook Co. offers discounted vaccinations, micro-chipping

The Cook County Department of Animal and Rabies Control is offering discounted vaccinations and micro-chipping for pet owners through its mobile medical units.

Due to the devastation caused by Hurricane Katrina, the U.S. Congress recently passed a law requiring states to have a disaster program specifically for animals.

The Cook County Department of Animal and Rabies Control has five fully-equipped mobile medical disaster units that are prepared to be deployed at any time if a tragedy were to occur.

Micro-chipping involves putting a micro-chip under an animal's skin and scanners at shelters and police stations can identify the chip number and then the owners can be located. The procedure also helps

to identify stray or vicious animals as well.

"We encourage micro-chipping," said Linda Ferrard, the office manager for the Morton Grove Animal Hospital. She said that it is a process that has no side effects and is not invasive to the animal. The Morton Grove Animal Hospital uses a micro-chipping company called Home Again.

Micro-chipping involves injecting the "very tiny" micro-chip between the shoulder blades under the skin. Some dogs and cats go under for the procedure, while others stay awake.

Ferrard said that thousands of lost animals are found as a result of micro-chipping every year. At the Morton Grove Animal Hospital, Ferrard said they put in quite a few micro chips for dogs and outdoor cats. She said it is important to

remember to let micro chip companies know if you move to a different location so they are able to locate you if your pet is found.

The Department of Animal Control will micro chip dogs and cats for \$10, below the normal fee veterinarians generally charge for the procedure. Dogs and cats can also receive rabies vaccinations for \$7 through the mobile medical centers.

The low-cost services will be provided at each one of Cook County's 17 districts in order to accommodate its residents. The clinics will be open from 10 a.m. to 3 p.m.

For more information on the mobile centers or services or to find out locations people can contact the Cook County Department of Animal and Rabies Control at (708) 974-6140.

To declaw or not to declaw

Making the decision to remove a cat's fingernails has pros and cons, and cat owners should consider both before going through with the procedure, experts say.

PET TALK

The most important thing to consider is the fact that the procedure is permanent. Dr. Mark Stickney, a veterinarian at the College of Veterinary Medicine & Biomedical Sciences at Texas A&M University, advises against declawing if the cat will be outdoors because it will have difficulty defending itself against predators.

"Once they are declawed, they

are declawed forever, so you have to be able to make the commitment that the cat will be an indoor only cat," says Stickney.

In addition to permanently making the cat an indoor pet, a cat owner should consider several other things before deciding to declaw a pet:

When should the cat be declawed? The ideal age to declaw a cat is six to eight months.

"At that age the procedure is simple to perform and the kittens are usually back to their regular selves about a day after the procedure," says Stickney. Older and overweight cats have a rougher recovery; they may be lame for a week or two after

the surgery.

Will the cat feel pain? "Like any surgical procedure, there is pain involved," says Stickney.

"Because cats are going to be walking around on those feet afterward, there is no way to avoid tenderness."

To alleviate the pain, he adds, cats should be sent home with an anti-inflammatory or opioid.

What can owners expect after surgery? Cat owners should expect some lameness in their pet with daily improvement. Also, if the cat is walking around, especially on a hard tile floor, there may be a little spotting for a day or two after the procedure.

How should the owner care for the cat after surgery? Restricting the cat's exercise by confining it to a small area will help keep the feline off its feet. Pet owners should move food and water bowls near the cat and use shredded newspaper or paper towels as litter for the few weeks following the surgery. The gravel from clay litter can get into the incisions and disrupt the healing process, Stickney says.

Will the cat's behavior change? Once the cat has healed from surgery, the animal should be back to normal.

"If the cats were scratchers to begin with, they'll still act like they have claws and scratch," says Stickney.

Traveling safely with your pets

The summer is the time when many families pack up their bags and take road trips, and many choose to take their pets along with them.

The following are some safety tips for drivers who take their pets on the road with them. The tips are from a "Driving with Your Pet" brochure, from the Teachers' Insurance Plan.

If the pet is not used to car trips, try a few mini-trips to help get them prepared for the ride. Spending time with them in the car while parked and short drives to nearby destinations can help get them acclimated.

Dogs should be held in a restraining harness and cats should be kept in a carrier. This will help stabilize the pet in case there is any sudden movement or accidents.

Feed the pets a little less than you normally would. Too much water can upset their stomachs while on the road, so limit their water intake by provided them

with ice to chew on. Don't forget toys and bedding.

It's important to have a collar with an ID tag for your pet while traveling. The tag should include both permanent and vacation addresses and phone numbers. Bring a photo of your pet with you on vacation in case you have to put up "Lost Pet" posters. Many veterinarians and animal welfare organizations offer micro-chip identification implants as well.

Although dogs love to stick their heads out of the car window to catch the breeze, this is very unsafe. Small stones and debris become dangerous projectiles at highway speeds.

Do not leave your pet in a car in warm or hot weather. The temperature inside your car can quickly rise to lethal levels, even with windows open or while parked in the shade.

Last but not least, pack a first aid kit with tweezers and alcohol for tick removal, as well as cloth bandages and topical antiseptic.

Kenai

continued from page 15

find them.

He was born to pull, and pull he did. I learned early not to use a collar as his constant pulling could cause his throat to collapse. Rather we used a harness. Some dog owners try to teach their dogs not to pull. But Kenai was a sled dog. Sled dogs are bred to pull. In fact sled dogs are bred to keep the line taught even when not moving. Tight lines prevent tangles with dog teams. Only a fool would try to teach a sled dog not to pull. It's better to accept the pulling and make good use of it. And so we went rollerblading along the roads in the forest preserves. When he was young Kenai ran flat out. In winter when we had snow we'd go skijoring (Norwegian for a dog pulling a cross country skier). Kenai competed in the Headwaters Classic Dog Sled Races in Land of Lakes, Wisconsin in 1995 and 1996. We competed in

the skijoring race. Kenai had his name announced on a live radio broadcast of the race as we sped past the announcer on Front Street while we were going through the turn that leads out of town and into the Ottawa National Forest. Unable to keep up the torrid pace, he slowed down in the forest. On our return as we approached town, Kenai heard the cheering from the thousands of people lining Front Street and started sprinting again. He wanted to look good in front of the people.

Kenai used to run with me back in the days when I could still run. Kenai loved to run. You could just feel his joy and energy when he was running or even better, when he was chasing. It's so hard to watch an active and energetic dog slow down with age and become essentially immobile. But he still ran in his dreams. His legs were always running while he slept. Surely he was chasing something. Sweet dreams Kenai. I hope to see you again.

SENIORS

Men's Club Fall BBQ 'Brings the Islands Alive'

Niles Seniors

Men's Club Fall BBQ

Friday, September 8 11:00AM - 2:30PM \$12.

Tickets are going fast for this annual event. Lunch features the always tasty hamburgers and brats, freshly grilled to perfection by our master chefs. Then "journey to the islands" with the Royal Polynesian Review. Reserved seating! Cost includes lunch, entertainment and raffle.

Referral for Home Repair

The Niles Senior Center is currently in the process of creating a referral list of Construction and Home Maintenance services for our members. If you are interested in having yourself or your company considered for outside referral, please contact Angelo Ginger Troiani at the Center (1 847 588-8447). To submit your or your company's name in writing, send the following information to the Niles Senior Center (999 Civic Center Drive, Niles, IL 60714): Personal or Company Name, Address, Phone Number, Trade or Service, Short History of your Company/Services, Up-to-Date Referrals, and Hours of Operation.

Know your Home Repair Rights

Wednesday, Sept 6 11AM - Noon

If you are planning a home repair/improvement project, it is important to ask the right questions to protect your investment. Ginger Troiani, Senior Citizen Construction Advocate for the Niles Senior Center, will discuss ways to protect yourself and minimize the possibility that a misunderstanding may occur. Time will be allotted for questions. FREE but registration is required.

5th Annual Pet Parade

Monday, October 9th 1:00PM

The animal kingdom will reign supreme at our annual Pet Parade. Whether large or small, cute or scary, four-footed (or three), costumed pets and their adoring humans will take center stage to thrill animal lovers of all ages. All Niles Pet Owners are invited to enter their pets. Advanced pet registration required.

The Effective Communication Group

A supportive, informational group that deals with hearing loss issues and the latest in assistive technology. We welcome anyone with Hearing Loss issues to the Effective

Communication Group, which meets the last Thursday of the month. If you have any questions or want to look at assistive device catalogs, please contact Trudi Davis (847 588-8420)

Summer Evening Movie

This summer, join us for Niles Senior Center's weekly "Dinner and a Movie" featuring a broad spectrum of movie favorites from the 1930s to the present. Before the movie, enjoy the special \$2.00 Hot Dog Dinner (Hot Dogs - Pizza rotation started in mid July) served at 5:00PM and then relax and enjoy the movie. Advanced registration is required if you are planning to join us for dinner. If you want to come for the movie only there is NO charge and you are not required to register in advance. Following is a list of upcoming movies:

August 30 - Take the Lead (2006 PG-13) Antonio Banderas, Alfre Woodard (Hot Dog)

Last 'Hooked' fishing outing

We meet at the selected site at 8:00AM. Cost includes bait, morning snack, lunch and prizes. A valid Fishing License is required. Call MaryAnn (847 588-8420) for more information. Friday, September 15 - Busse Woods, \$12 - Meet at the specified site at 8:00AM.

Friday, October 13 - BANQUET at DesPlaines Elk Club 4

- 6:30PM \$15

Lunch with the Red Hatters

On Monday, September 11th, it's Red Hatter TRIP TIME. Take a two-hour trolley tour of Chicago and see where motion pictures have been filmed. Following the tour, we'll stop at Lawrey's downtown for a fabulous lunch. Cost \$40.

October Fest

Friday, October 20, 11:30am-2:30pm \$12

Join us as we welcome the Bill Breitfuss Duo to perform a lively show of yodeling, schnitzelbank, the "chicken dance," and other great songs. Lunch, served at 11:30AM will feature Bratwurst & Sauerkraut, Herb Baked Chicken, German Potato Salad, Corn Corbettes and a delicious dessert. Required registration: by mail Sept. 1; walk-in Sept. 6

Grief Workshop

Beginning Wednesday, September 13, the Niles Senior Center will hold a three-session Grief workshop for residents touched by the loss of a loved one. For more information, please call Bev Wessels, MSW, LSW, ACSW, or Melanie Amin, LCSW (847-588-8420). The workshops will meet on Wednesdays from 1:30 - 3:00PM and will focus on the following areas:

Workshop #1, Sept. 13 - "What Has Happened to Me?" Trying to make sense of the many feelings you experience after the loss of a spouse or a loved one is a difficult process.

Workshop #2, Sept. 20 - "Dealing with Expectations of Ourselves and Others"

Dealing with other peoples feelings and concerns can raise anxiety, especially when they want us to "move on" or "be happy again."

Workshop #3, Sept. 27 - "Adjusting to a Difficult Lifestyle." We will explore the stress of living alone and ways to adapt to new social roles and responsibilities.

'Educated Caregiver' Video Series

Please contact Bev Wessels or Melanie Amin for more information about this program.

On Wednesday, September 6, at 1:00PM, the Niles Senior Center Caregiver Group will premiere the first part of our three-session "Educated Caregiver" Video Series. Our first session will help community members learn how to cope effectively with the demands of caregiving for spouses or other family members. This program is offered at no charge but enrollment is necessary.

Maine Township Seniors plan summer movies, trips

Maine Township Seniors

MaineStreamers

The Maine Township MaineStreamers program offers a variety of opportunities for residents 55 and older. All residents and property owners are invited to apply for membership. Membership includes a free subscription to the MaineStreamers monthly newsletter, which details all activities for the upcoming month. Most activities take place at Maine Town Hall located at 1700 Ballard Rd. in Park Ridge. Members pay individually for whichever activities they want to participate in. For more information contact the MaineStreamers at 847-297-2510 or visit us at www.Mainetown.com.

'Coping with Loss' Program

Wednesday, August 30, 10:30 a.m. to 11:30 a.m., No Charge -

Registration Required

As we age, the losses we experience tend to add up - loved ones, physical health, social roles, etc. How do we turn these losses into building blocks of wisdom and joy rather than despair? Dr. Lisa Campbell will share stories and ideas that help us consider the possibilities presented by losses of all kinds. Dr. Campbell is a licensed clinical psychologist with the Willow Wellness Center, which specializes in psychological care for adults 50 and older.

Piano Lessons

Wednesdays, September 6 to November 22 or Fridays, September 8 to December 1, (No class on Friday, November 24), 9 a.m. to 1p.m., (1/2 hr. lessons), Instructor: Ludmyla Turkalo, Cost: \$84 for 12 lessons.

This is your chance to learn how to play piano. Learn the basics, how to read notes and

Registration Required

Rules of the Road

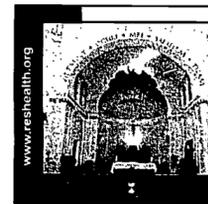
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Morton Grove Seniors

'Love Struck.com'

"Love Struck.Com" - a musical, is coming to the Morton Grove Senior Center on Sept. 1, 2, 3, 8, 9, and 10. This production is the story of a dating agency and the problems of late-in-life dating. The North Shore Players will make audiences stand up and cheer. Don't miss this show! Written and directed by Helen Magid! The tickets are only \$12 each, for the best show in town! Tickets are now available at the Morton Grove Senior Center. Stop at the Reception Desk and make your reservation. For more information, call Bernie Friedman at 847/568-9242 or Betty Garcia at 847/251-3241.

Art Institute Senior Celebrations

Morton Grove seniors will be traveling to the Art Institute of Chicago on Wednesday, Sept. 6 to enjoy a special tour entitled, "Senior Celebrations" which includes lunch at the Institute. The bus leaves the Senior

Center at 9:45 a.m. and returns at 2:45 p.m. The cost is \$25 for Senior Center Members and \$29 for non-members. Register in-person at the Senior Center before Aug. 24.

Cholesterol Screening

The Morton Grove Senior Center's monthly Cholesterol Screening will be held at 9 a.m. on Wednesday, Sept. 6. Swedish Covenant Hospital will administer the screening, which provides a full lipid profile including total cholesterol, HDL, LDL and triglycerides. Results will be available within seven working days. Reservations can be made by calling the Morton Grove Senior Hot Line at 847/470-5223. Fasting for 12 hours is also required but water and medications are allowed. The cost is \$10 for residents age 65+ and \$12 for non-residents and residents under age 65.

Bridge Lessons

This session will be a "Bridge Potpourri" with everything a Bridge Player always wanted to know about Bridge. This eight-week course is taught by John

Krelle and offered at the Morton Grove Senior Center. Classes will be held on Thursdays from 9:30 to 11:30 a.m. starting Sept. 7 through Oct. 26. The class fee is \$48 for Senior Center Members and \$57 for non-members. Please register in person at the Senior Center.

'What did you say?'

For people who are having problems hearing or who ask others to repeat what they've said, this free seminar and screening is for you. Linda LeBlanc, M.S., CCC-A (Clinical Audiologist) will be at the Morton Grove Senior Center at 1:30 p.m. on Tuesday, Sept. 12 to discuss different types of hearing loss and ways they can be helped. After the discussion she will be conducting free hearing tests. Please register by calling the Morton Grove Senior Hot Line at 847/470-5223 before Sept. 6.

'Ten Little Indians' at Drury Lane

In true Agatha Christie fashion, a mysterious mansion full of strangers watch as each one disappears, keeping the audience guessing until the very end. The plot twists and turns keeping the audience on the edge of their seats while many of the odd characters provide the hilarity. This show is a must-see for mystery fans and Morton Grove Seniors will depart from the Senior Center at 10:30 a.m. on Thursday, Sept. 14 and return at 5 p.m. The cost is \$55 for Senior Center Members and \$62.50 for non-members. Please register in-person at the Senior Center.

Trash or Treasure

The Morton Grove Senior Center is now accepting contri-

butions for its Third Annual "Trash or Treasure" Rummage Sale which will be held on Saturday, Sept. 16. Donations of all kinds including clothing, tools, household items, books, music, and knick-knacks are gratefully being accepted by the Center. Clean out those closet drawers or attic and basement accumulations and donate goods to: the Morton Grove Senior Center, 6140 Dempster Street in Morton Grove. All contributions are appreciated and proceeds will be used to enhance activities at the Center. The Center will accept goods from 9 a.m. to 4:30 p.m., Monday through Friday. For more information please call 847/470-5223.

Computer Classes

The "Computer Keyboarding Class" is great for the "hunt and peck" keyboarders as well as "old world typists" who want to increase their speed and accuracy. This one-day class from 9 to 11 a.m. will be held on Saturday, Sept. 23 at the Morton Grove Fire Station #4 at Lincoln and Callie Avenues. The fee is \$10 for Senior Center Members and \$12 for non-members. Please register in-person at the Senior Center before Sept. 8.

"Getting Started with Computers" is a class designed for students with little or no computer experience. There will be lots of hands-on exercise and loads of fun in this four-week course from 9 to 10:30 a.m. starting Sept. 30 through Oct. 21 at the Morton Grove Fire Station #4 at Lincoln and Callie Avenues. The fee is \$32 for Senior Center Members and \$37 for non-members. Please register in-person at the Senior Center before Sept. 15.

The "Internet" course is designed for beginner Internet

users and explorers who want to increase their Internet knowledge and proficiency. This four-week series meets from 11a.m. to 12:30 p.m. starting Sept. 30 through Oct. 21 at the Morton Grove Fire Station #4 at Lincoln and Callie Avenues. The fee is \$32 for Senior Center Members and \$37 for non-members. Please register in-person at the Senior Center before Sept. 15.

'Shear Madness'

Join the Morton Grove Senior Center for "America's favorite whodunit comedy" on Wednesday, Sept. 27 in the quaint downstairs theatre at one of Chicago's best-known venues. On an ordinary day at the Shear Madness hair salon, the regulars stop by for their weekly set and style, and a little gossip. But when a scissor job gone bad leaves the upstairs landlady dead as a doornail, the crazy company of customers and stylists find themselves locked in and fingered for murder. Full of mischief and mayhem, "Shear Madness" brings a wacky cast of characters to life. The bus departs from the Senior Center at 12:30 and returns at 5 p.m. The cost is \$56 for Senior Center Members and \$65 for non-members. Register in-person at the Senior Center before Sept. 1.

The Park at Golf Mill

The Park at Golf Mill Retirement Community has invited individuals from the Morton Grove Senior Center to visit, tour and have lunch on Wednesday, Oct. 4. The bus will depart from the Senior Center at 10:45 a.m. and return at 1:30 p.m. The cost is just \$2 for Senior Center Members and \$2.50 for non-members. Please register in-person at the Senior Center before Sept. 20.

SPORTS

ND's Bowler plays pro basketball in Germany

Notre Dame High School alumnus John Bowler '02 recently visited the school on Aug. 8 prior to leaving to play for the Telekom Baskets Bonn team in Bonn, Germany. Bowler, who graduated from Eastern Michigan University this past May, had a fantastic college career and will play in one of the top-ranked leagues in Europe. The 2006 first-team All-Mid-American Conference player is looking forward to fulfilling his dream of playing professional basketball.

"I'm more excited than nervous," said Bowler, before the game. "It's a huge step." "It couldn't have happened to a nicer kid. He works hard," said Luke Yanule '97, Notre Dame Varsity Assistant Coach and Assistant Director of Enrollment. "He knows where his roots are. He's humble and treats everyone with respect."

A native of Chicago's Edison Park neighborhood and a graduate of St. Juliana elementary school, Bowler desired a career in the National Basketball Association. However, the 6-foot-9 center/power forward is happy to have the chance to

play the game he loves in Germany and is working toward breaking into the NBA someday.

"I've been playing basketball since I could walk," said Bowler, who finished at EMU averaging 20-plus points and 10-plus rebounds per game. "I wouldn't mind doing it (playing professional basketball) until I can't do it anymore."

Bowler's stint on the Telekom Baskets Bonn team will mark his first visit to Europe. His team will play various other professional teams throughout Germany from September through April. If they win their league's championship, Telekom will play for the Euro League championship.

"My girlfriend's brother jokes that I will be playing basketball and video games and working out all day. He said it's every kid's dream," laughed Bowler.

The youngest of four boys, Bowler followed his brothers, Randy '91, Steve '92 and Matt '99, to Notre Dame. Maybe being the youngest made him into a more physical player,

"Notre Dame made me into the man I am. It gave me good character, a good soul and sportsmanship to go out and be the person I am. Notre Dame is about hard work and dedication which are values I hold dear to me."

John Bowler
NOTRE DAME ALUM

Bowler said. His brothers are proud of him.

"They love it. For them it's like their son playing basketball," said Bowler. "They are bragging to everybody."

"My parents (John and Mary Ann) are really excited, but they are going to miss me," he added.

Bowler credits his Notre Dame experience with preparing him for the rigors of college and professional basketball.

Head Basketball Coach Dennis Zelasko and Yanule are mentors and have both had a "huge influence" on the standout.

Bowler recalled a time dur-

ing freshman year when, although he was not failing a class, he wasn't doing well either. Zelasko had told him he could suit up and sit on the bench during a varsity game but only if his grades improved. They quickly did.

"He said if I was not doing well in class, I wasn't going to get anywhere. School was the first priority and sports were second," Bowler remembered. "Yes, I wanted to play and win but Coach taught me that other stuff was more important. He helped me to focus on things that would help me later in life."

Since his 2002 graduation, Bowler has consistently returned to his alma mater to inspire fellow Dons who are on the basketball team and to emphasize teamwork and determination. This year was no different. Bowler understands how challenging it is to play in college and to make it to a professional team.

"He said he's very lucky to have size and talent, but he still needs to work that much harder if he wants to make it to the NBA someday," Yanule said.

"He tells the players to trust your coaches here."

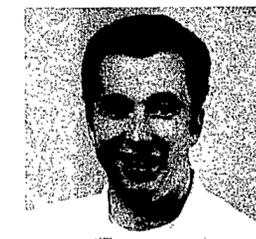
Winning and having fun are important, but what's most rewarding for a coach is to have players return and reconnect and talk about the experiences they have had in their lives, Yanule said. According to Yanule, an alumnus does not have to become a professional athlete to be welcomed at Notre Dame because they are always welcome.

"As they get older, it gets better," said Yanule. "You get to see how he (the player) grows up. We say here, you give us four years, and we'll give you 40 more."

"You can always come back and always know the people here," Bowler said. "It's like being involved in a family. You're almost connected to these people and you know you will be for a long time."

"Notre Dame made me into the man I am. It gave me good character, a good soul and sportsmanship to go out and be the person I am. Notre Dame is about hard work and dedication which are values I hold dear to me."

JackHammers are still in 1st



A View From Above
JOHN VERSTEEG | SPECIAL TO THE BUGLE

Field by playing six games against division rivals Kansas City and Schaumburg. There's still plenty of time to get tickets.

The JackHammers front office makes sure the club is active in the community. The team honored the Morris and Joliet Catholic Academy Football teams. They had a pre-game parade honoring local midjet football teams. The JackHammers are proud to be a part of Joliet and the

surrounding areas.

If you have not done so, take time to check out the JackHammers web site located on the web at www.jackhammerbaseball.com. You can also feel free to call at (815) 726-BALL (2255).

Take some time to familiarize yourself with the team. I'm sure I will see you at Silver Cross Field in a few weeks with a great view from above.

It's hard to believe another week has passed and the JackHammers are still in first place. As I write this late on Saturday night, the JackHammers lead the Northern League East Division with a one and one-half game lead. I feel really excited about this team. It seems that they are getting closer and closer to the playoffs.

The JackHammers head out on the road this week. That means there is only one more regular season homestand to see this team play. From August 29 until September 3, the JackHammers wrap up the season at Silver Cross

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Elegant glaze dresses up grilled scallops

By Ron James
COPLEY NEWS SERVICE

The Chefs

Outwardly, chef Cindy Pawlcyn had it made as a partner in a successful restaurant

PERFECT PAIRINGS

company that included Fog City Diner in San Francisco, Buckeye Roadhouse in Marin County and Mustards Grill in Napa Valley. Still, the James Beard Foundation award winner and best-selling cookbook author was restless after 23 years. And she was tired of commuting.

One day fate changed her life: She found herself in a 36-car crash. A car flipped up and sailed over her to land on the car behind. "It was a clear sign to me to make some changes," she said.

So Pawlcyn sold her interests in the Bay Area restaurants and became sole owner of Mustards Grill. Brothers Pablo and Erasto Jacinto, who had worked at the restaurant since 1984, were among her biggest supporters.

"Over the years," Pawlcyn says, "they have taken on more and more responsibilities, to the point where they are both business partners."

Pawlcyn's first solo venture was Miramonte, a Latin American restaurant in St. Helena, Calif.

"Unfortunately, it wasn't a big hit," she chuckled. "Wine country folks weren't ready for it. They wanted what they thought was wine-friendly food. Pablo and I put our heads together, and he said 'Let's make it your kitchen - Cindy's kitchen!' So in just 16 days, Cindy's Backstreet Kitchen was born."

With the Jacintos at the helm of Mustards and Cindy's, Pawlcyn has been able to stretch her entrepreneurial muscles. She's opening Go Fish, also in St. Helena, which features master sushi chef Ken Tominaga. And her newest cookbook, "Big Small Plates" (Ten Speed Press, \$35), written with Pablo and Erasto, was just published.

The Dish

For "Big Small Plates," Pawlcyn found great recipes she had written down on scraps of paper and forgotten. One was Glazed Scallop. With



Almond-Caper Butter Sauce.

"This is an absolutely delicious combination," she wrote. "I use the glaze on scallops here, but it is excellent with any firm whitefish, too. Try it with medallions of monkfish, halibut, or sea bass."

This can be a quick main dish or appetizer. The fresh or fresh-frozen scallops you buy, Pawlcyn says, should smell like the sea - not fishy or faintly of ammonia.

"This recipe calls for grilling the scallops," she says. "But you could sear them in a cast-

iron pan instead. Just be sure to coat them well with olive oil or vegetable oil, and a little oil in the pan wouldn't hurt." Go easy on the glaze, she warns. And if you cook indoors, expect it to smoke.

The Wine

Although the scallops seem simple, the glaze adds layers of complexity. So choose a wine with equal complexity. Pawlcyn selected a 2004 Staglin 'Salus' Chardonnay (\$50), which has a creaminess and complexity that matches perfectly.

The Staglin chardonnay vines are grown in the Rutherford region of the valley - a region not thought to be well suited to the varietal. But the owners, Shari and Garen Staglin, have found their parcel of 50 acres is protected from extra-cool nights and warm days. Robert Parker hails the Staglin chardonnay as one of California's finest. James Laube of Wine Spectator gave the 2002 edition 95 points.

The wine is aged in French oak for about 10 months, which adds hints of butterscotch and

Glazed Scallops & Almond-Caper Butter Sauce

Glaze:

1/2 cup Madeira
1/2 cup soy sauce
1/2 cup mirin
1/2 cup sugar
1/2 cup fresh ginger, peeled and minced

Almond-Caper Butter Sauce:

1 stick (1/2 cup) butter, at room temperature
1 or 2 shallots, sliced into thin rings (ideally on a mandoline)
3 tablespoons capers, rinsed and coarsely chopped
3 to 4 tablespoons toasted sliced almonds
2 to 3 tablespoons fresh parsley leaves, minced
Freshly ground black pepper
Salt, if needed

Scallops:

12 large scallops
Salt and freshly ground black pepper, to taste
Yields 6 servings.

To prepare Glaze: Combine Madeira, soy sauce, mirin, sugar and ginger in a medium-size saucepan. Heat to just below the boiling point, then reduce to low simmer. Cook 5 minutes. Cover and set aside in a warm spot.

To prepare Almond-Caper Butter Sauce: Prepare sauce just before you putting scallops on grill.

Heat medium-size saute pan over high heat until almost smoking. Spoon in 1/2 of butter (it will sizzle and melt and brown as soon as it hits pan). Immediately toss in shallots, capers, almonds and 1/2 parsley; cook, stirring, 1 minute. Add

See Recipe, page 21

vanilla. It is golden with aromas of mangos, pineapple and bananas. It is well balanced with crisp acidity and a long vanilla finish.

Ron James welcomes comments and suggestions. E-mail him at ronjames@perfectpairings.us. Listen to his "Gourmet Club" radio show and see archives of previous columns at www.perfectpairings.us.

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Edward Norton stars in the enchanting film "The Illusionist," based on the short story "Eisenheim the Illusionist" and set in Vienna before the first World War.

Be charmed, amazed by 'The Illusionist'

COPLEY NEWS SERVICE

New Releases

THE ILLUSIONIST - After you've seen a humongo dork like the "Pirates of the Caribbean" sequel, exuding

FILM IN FOCUS

effects like a bulimic whale, it can be more satisfying to view CGI touches more selectively used by "The Illusionist." A European production directed by Neil Burger, adapting Steven Millhauser's story "Eisenheim the Illusionist," it's an old-fashioned entertainment, but seductively retro. Edward Norton brings his razored edge and rather cerebral sexiness to Eisenheim. He dazzles audiences in Old Vienna (late Hapsburg era) with stage magic that evolves into conjuring ectoplasmic spirits. A Yari Film Group release. Director: Neil Burger. Writers: Neil Burger, Steven Millhauser. Cast:

Edward Norton, Paul Giamatti, Rufus Sewell, Jessica Biel. Running time: 1 hour, 48 minutes. Rated PG-13. 3 stars.

ACCEPTED - Many of us, usually in the dazed grind of sophomore year, would have loved to create and rule the college of our dreams. In "Accepted," Bartleby Gaines does just that. Bartleby, though no scrivener in the Melville mode, is a wiseguy. He's a verbal smartie but academic slacker. As his friends, even some oafish ones, get their college acceptances, he's left with a cold pile of rejection letters. His parents, who seem to do little for their son but provide easy targets for his zingers, are indignant. Well, this is a high school comedy gone off to college, so inevitably most of the adults are idiots. Frozen out of the collegiate rat race, without even a munch of cheese, Bartleby conspires with a pal to fake a letter from a nonexistent school. And then the Web site, then the whole damn place,

using an abandoned psychiatric hospital. Their new campus is the South Harmon Institute of Technology. Piece together the initials, and you have the core of comedy. An IFC Films release. Director: Steve Pink. Writers: Adam Cooper, Bill Collage, Mark Perez. Cast: Justin Long, Adam Herschman, Blake Lively, Columbus Short, Lewis Black. Running time: 1 hour, 32 minutes. Rated PG-13. 2 1/2 stars.

Recent Releases

WORLD TRADE CENTER - Oliver Stone likes to shake an audience's gut. On that basic level, the first half of "World Trade Center" is the most compelling work Stone has done. We see men and a few women of the Port Authority police arriving for duty, jawing their procedure, joking, getting assignments. A radio song burbles that "the sun is coming up over New York City." The day is indeed lovely, even for cops

assigned to gnarly bridges, ports and terminals. But the radiant day is Sept. 11, 2001. From the tallest, shining towers there comes a strange groan of primordial impact. Then the police are off, many to the WTC titans, their eyes widening from direct views or from TV shots of a tower with a vast, smoking hole near its top. How naively credible, in incredulity,

are the first responses: "What schmuck could fly a plane into the World Trade Center?" A Paramount Pictures release. Director: Oliver Stone. Writers: Andrea Berloff, John McLoughlin. Cast: Nicolas Cage, Michael Pena, Maria Bello, Maggie Gyllenhaal, Michael Shannon, Stephen Dorff. Running time: 1 hour, 43 minutes. Rated PG-13. 3 1/2 stars.

Recipe

continued from page 20

remaining butter and pinch of freshly ground black pepper. Swirl and stir to incorporate and melt butter. Stir in remaining parsley and taste for seasoning, adding salt only if needed. Remove from heat.

To prepare Scallops: Lightly sprinkle scallops with salt and pepper. Brush them on both sides with glaze and place

them on a grill over a hot-wood fire. Baste them liberally as they cook. Rotate them a 1/4 turn halfway through cooking on each side to create crosshatch grill marks. Cook until they are nicely caramelized on the outside. This should not take more than a couple of minutes in all.

To serve: Place scallops on large platter or 6 individual plates. Brush with glaze again, then pour the sauce over.

Bermuda grass' days are numbered

By Jeff Rugg
COPLEY NEWS SERVICE

Q: My lawn is being taken over by what I've been told is Bermuda grass. I have also

A GREENER VIEW

been told that there is no way to kill the Bermuda grass without killing desirable grass. Any suggestions?

A: You were told correctly that any attempt at killing the Bermuda grass could kill desirable grasses. Both Bermuda and the other good lawn grasses are perennials, so any weed-killer that works on perennial grasses will get them both.

But, I might have a solution depending on what kind of grass you are trying to keep. Bermuda, Zoysia and St. Augustine grasses are warm season grasses. They stay green during the summer in the Southern states. They go dormant when the weather gets cold. Northern grasses, such as Kentucky bluegrass or the fescues, are cool season grasses that go dormant in the summer heat. Cool season grasses become green when the weather turns cool in the fall, unless they are watered, and they won't stay green when Bermuda grass is green in July and August.

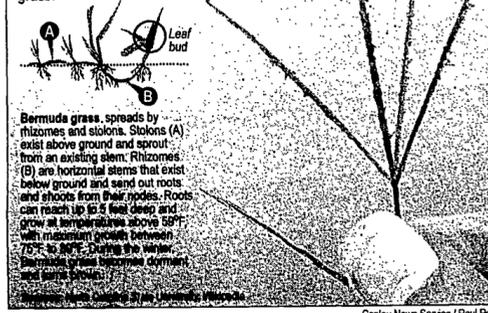
All plant killers work best on plants that are actively growing and work poorly on dormant plants. Bluegrass and fescue will be dormant and the Bermuda grass will be somewhat dormant, but still green at this time of year if the lawn is not irrigated. If you want to spray for only Bermuda grass (or any warm season grass), this would be the time to do it.

If you want to keep warm-

GARDEN TIP

The devil's grass

Cynodon dactylon, also known as "Bermuda grass" because it was introduced from the Bermuda Islands, is widely cultivated in warm climates all over the world. In the U.S., it is mostly grown in the southern half of the country and in warm climates. Bermuda grass grows fast and is resilient enough to be used as turf for sports fields. In warm, temperate climates, its heat and drought tolerance enable it to survive where few other grass species can. Unfortunately, its aggressive nature tends to crowd out other grasses and invade other habitats, leading some gardeners to give it the name "devil grass."



Copley News Service / Paul Penzella

season grasses and kill cool-season grasses, spray in the fall or spring when cool-season plants are green and Bermuda is brown.

You might still damage the lawn grasses you are trying to keep, but the seasonal approach is the only one that has a chance of keeping at least some of the grass you want to have left. If the lawn is irrigated and both warm and cool types of grass are growing, herbicide will take them both out. Because the Bermuda grass you are trying to kill is not actively growing, it could take more than one application of herbicide to really kill it. If in the meantime the good grass starts to grow because of rains or cool weather, you might have to

wait until next year to do the second application.

Q: What do we do when some of the people around our retention pond want to keep attracting the geese and some of the people don't want them in our yards? We are in the group who doesn't want them.

A: This is actually a common dilemma. Not just with geese, but with bird feeders and house cats. It's common with people who like squirrels and those who don't - or with the coyote or wolf lovers and those who don't. The larger the animal or the more dangerous it is (alligators, bears, etc.), the more likely the legal system becomes involved.

In your case, Canada geese as a group are protected by an

international migratory bird treaty. As is often the case, broad sweeping legislation doesn't handle the details very well. The problem is, your geese are not migratory. They are both a conservation success and disaster story. Because they don't migrate, the same law probably shouldn't apply to them as the migratory geese, but it does. This means that you can't eliminate them, or even harm them (not that you would).

We live in a society that does allow for homeowner groups to vote and decide as a group what to do, so you could possibly take up the issue of lakeside plantings and geese controls as a homeowner group. Or, ask the city or park district to step in, because many retention ponds fall within their jurisdiction.

It might be possible for your group to tolerate the geese if the other group didn't feed and encourage them so much and there were fewer of them. With less feeding on their part, there would still be geese, but the population might be more tolerable. As I mentioned in a previous article, the population of coyotes is expanding into areas that have high geese populations, but coyotes also harm pets and wild animals that are less wary due to frequent contact with people and pets.

You could try high plantings of perennials and shrubs that are less inviting to geese than mowed lawns. But not everyone wants to be forced into blocking their views of the lake by tall plantings that are not always effective anyway. I live near a river where geese wade through tall plantings up a steep embankment to get to the short mowed grass alongside

a trail.

In the case of some animals, feeding them is not the same as loving them. Small mammals like rabbits and squirrels and friendly birds like ducks and geese sometimes get too habituated to people. They get fed by some people and they don't understand that other people - and sometimes their pets - are not as friendly. It is harmful and wrong, not kind and caring, to get these animals to eat out of your hand or to become too friendly. Habituated animals are much more likely to die from cars, dogs, cats and other man-made problems than are their wilder counterparts.

Close-up feeding of animals also encourages children to try to feed animals that might not be tame and could bite or spread rabies, fleas or ticks. Each year, there are cases of people getting bubonic plague from fleas that jump off chipmunks being fed in picnic grounds in West.

Another problem with feeding daytime animals like squirrels is that you might get nighttime animals like raccoons, opossums and skunks visiting the feeding area if it is not cleaned up each day. Most people don't realize how often it is that unwanted animals visit their landscapes. These animals come for free food and stay to cause problems.

The problem with all of these situations is that there isn't a hard and fast rule that can apply to every retention pond or every person feeding wild animals. If your neighbor likes the animals and feeds the proper foods (not giving bread to ducks, for instance), there isn't much you can do. If they do outright harm to the animals, there is a lot you can do.

Decor

continued from page 23

town, so we got the plasma screen and speakers about right. I also bought a leather couch with a recliner in one end, plus another recliner, and have ordered an under-counter fridge for drinks. My problem is the double window that's directly opposite the TV. I put up lined curtains but it still lets in street sounds and leaks light.

A: Two suggestions, one expensive. Expensive: replace the glass with double or triple-panes, expressly designed to

block sound, as well as heat and cold. Less expensive: Have window coverings custom made so they will fit so snugly neither street noises nor the smallest ray can escape.

Any window expert knows how to line and inter-line curtains and shades so the layers muffle and block intrusions. You can achieve much the same effect with store-bought window coverings, like honeycomb shades. For example, Hunter Douglas makes a triple-layered honeycomb-pleated shade they say will absorb up to 65 percent of reflected sounds.

Bedroom design can help you sleep well

By Christine Brun
COPLEY NEWS SERVICE

Experts tell us that a lot of people suffer from insomnia and are operating on the road-

SMALL SPACES

ways and at work with too little sleep, which can have serious consequences. That being the case, it's more important than ever to create a peaceful, inviting bedroom environment.

Considering that you spend a third of your life there, if any one room in your house deserves your attention, it should be the bedroom. And what better way to begin than by taking the aesthetic temperature of your bedroom. Even in small rooms, the personality, mood and ambience of the room in which you sleep are very important. Once you know that, you can go to work making a room that is calming, soothing and conducive to a good night's rest.

What is most appealing about the simple arrangement shown in the photograph here is the exotic essence of the Indonesian design. The bedpost is richly colored carved wood. The deep red sheets are paired with a traditional pattern that is rich and handsome to provide the degree of softness and comfort that every boudoir requires. The pile of plump pillows also lends a cozy feel to the bed.

You can almost see the magic flickers when each of the hanging lamps is lit. These fixtures will provide more mood than utility, but if you want your bedroom to whisk you away into another world, you may have to sacrifice a little practicality. Look in antique stores for the larger pierced-brass Moroccan hanging lamps that were popular in the 1920s. Import shops such as Pier One or Cost Plus might carry current versions of hanging candleholders in metal, glass and iron.

If you live alone, take your time to consider exactly how you would like to feel when you close the door to your sanctuary each night. If you share your bedroom with someone else, however, you'll need to agree on how you want the room to look. A motif that one person finds stunning can appear positively ugly to someone else, which wouldn't be a positive climate for sleep.

Analyze, compromise and improvise. What is most important to you - color, the feel of the fabric? Try to be flexible. Maybe your partner will be able to live with frilly fabrics as long as you don't paint the walls pink, or give in to the khaki wall color as long as the linens can be brightly colored. Harmony is also a must when sleep is the goal.

The plan shown here introduces some fun with ethnic drums used as accent tables. The carpet is sisal, a natural fiber that gives rugs an island character. But if the person with

whom you share a bedroom thinks it is too harsh on the feet, then find a wool or synthetic fiber imitation of sisal instead.

Regardless of the design elements you select, the room where you sleep needs to be calm and devoid of clutter. There should be good ventilation and sound control. You need an adequate way to keep streetlights, car headlights, moonlight and the sun from

interrupting your sleep. If street noises disturb you, maybe the gentle sound of a thunderstorm on CD will help lull you to dreamland.

Christine Brun, ASID, is a San Diego-based interior designer and the author of "Big Ideas for Small Spaces." Send questions and comments to her by e-mail at cbaintdes@hotmail.com or to Copley News Service, P.O. Box 120190, San Diego, CA 92112.

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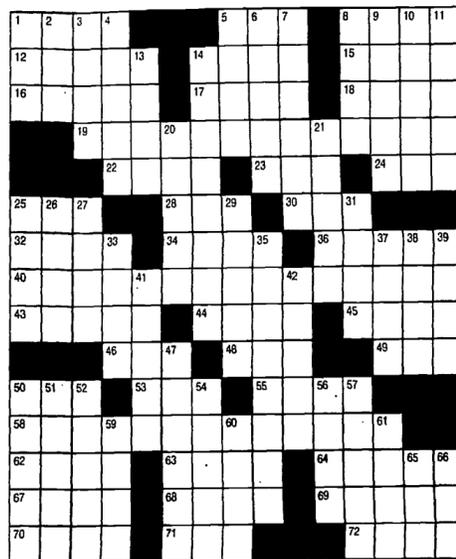
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- 1 Varnish ingredient
 - 2 Hero Hayes
 - 3 Unfeeling
 - 4 Heeds
 - 5 Lotion additive
 - 6 Future tulips
 - 7 Surlier: sl.
 - 8 Variegated
 - 9 One of Ava's exes

Last Week's Puzzle Answers



Be the first to send in the answers to this week's crossword puzzle and your name will be listed in next week's Bugle.

THE WINNERS

1. Lorraine Truskolaski
2. Thomas C. Gekas
3. Leo Madura

Send your answers to the editor, Andrew Schneider
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E-mail: editor@buglenewspapers.com

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LEGAL NOTICE

The Village of Niles Plan Commission and Zoning Board of Appeals will hold a public hearing on **Monday, September 11, 2006, at 7:30 P.M.** at the Niles Municipal Building, 1000 Civic Center Drive, Niles, Illinois, to hear the following matter(s):

06-ZP-19 - Lawrence Abbinante, 8015 Washington St., Niles, IL 60714, requesting approval of Plat of Resubdivision at 8015 Washington St.

06-ZP-20 - Tom Kivland, Architect, 341 W. Glade Rd., Palatine, IL 60067, requesting an interpretation to section IV (j) permitted obstructions into rear yards. Requesting a variation to section IV (j) to reduce the rear yard from 40' to 29.5' to construct a new dwelling at 8133 Church St.

06-ZP-21 - George Metinidis, 8912 N. Oriole, Ave., Niles, IL 60714, requesting approval of Plat of Subdivision Elena Metinidis Subdivision at 9200 Washington St.

06-ZP-22 - Joe Marcheschi, 3415 N. Harlem Ave., Chicago, IL 60634, requesting a Special Use to operate a Chiropractic Office and requesting a parking variation of 9% at 7329 Harlem Ave.

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