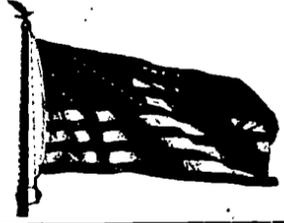


**KIDS, ADULTS WAIT HOURS
FOR NEW HARRY POTTER**
NEWS, PAGE 3

**ACCIDENTS SHUT
DOWN DEMPSTER**
NEWS, PAGE 7

JUL 21, 2005

THE BUGLE



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Mayor Nick Blase wants OTB for Niles

Company that initially wanted Morton Grove site now looking at Golf Mill, Village Crossing

BY ANDREW SCHNEIDER
editor@buglenewspapers.com

Niles Mayor Nick Blase said that he has been discussing the possibility of locating an off-track betting (OTB) facility in Niles with Inter-Track Partners, LLC., the

same company that was pursuing a Morton Grove site until the village board outlawed OTB.

Blase said that OTB companies had approached Niles in the past, but they had been turned down. As the village moves forward however, he felt that it would be difficult to ignore the

kind of revenue that could be brought in by an OTB.

"Personally, I'm against gambling," said Blase. "But it's hard to ignore that kind of revenue."

When Inter-Track approached Morton Grove with the intent of building an OTB on property at the intersection of Lehigh Ave. and Oakton St., they projected

that \$400,000 would go the municipality or one percent of total revenues from the facility. The plan was eventually abandoned because Inter-Track could not reach an agreement with Menards, owner of the property.

Story Continues...
see NILES OTB? page 2.

MORE INSIDE

**One Morton Grove
Resident warned OTB
would move nearby**

Page 2

Big Fat Food Fest



Maria Stamatis serves up gyros at the St. Haralambos Greek Food Festival Sunday July 17. The popular event ran three days and attracted crowds to the site of the church on Caldwell Ave. just south of Howard St.

(Photo by Allen Kaleta)

Niles Couple open unique garden for green, leafy preservation cause

Proceeds of Stranczeks' open garden will help preserve historic American gardens

BY ANDREW SCHNEIDER
editor@buglenewspapers.com

Norm and Nancy Stranczek enjoy showing people around their garden which has taken a lifetime to build.

"You're looking at 30 years of work," said Norm of his garden at 9051 Maryland, Niles. The couple will be opening their garden on Sunday, July 24 as part of the Open Days Program of the Garden Conservatory, a national organization that works to pre-

Story Continues...
see GARDENERS page 4.



Norm and Nancy Stranczek stand in their front yard holding a photograph of their home as it appeared when they purchased it over 30 years ago. They'll be opening their award-winning garden this Sunday.

Hearings on Islamic house of worship at Shermer, Golf in Glenview continue

BY JEFF BORGARDT
jborgardt@buglenewspapers.com

A small Islamic sect looking to build a holy house off Shermer and Golf is slated

to continue a hearing for a planned house of worship on July 26.

Last Tuesday, about 150 residents crowded a Glenview Plan Commission meeting to discuss the proposed 30,430 square foot mosque.

The facility's proponents began their presentation but did not finish. They are slated to continue the presentation at the next meeting.

The house of worship would be

Story Continues...
see HEARINGS page 5.

NEWS

NILES OTB?: Blase would like feedback from residents

CONTINUED FROM PAGE 1

Before the Morton Grove village board outlawed OTB, Inter-Track President Bob Bilocerkowycz increased the estimated revenue that would go to the municipality to \$600,000, saying that the initial amount was conservative. It was not enough to induce the Morton Grove board to keep OTB in its zoning code.

Blase said that after Morton

Grove turned down the OTB, Bilocerkowycz and Inter-Track started looking in Niles.

"I haven't polled the board members yet," said Blase. "But I think an OTB would be a good thing for Niles. They've really become very upscale. They're like sports bars now."

Blase said that Inter-Track was interested in locating the OTB in either the Village Crossing Shopping Center, a multiple-storefront drive-up style mall that straddles Niles' border with Skokie, or the Golf Mill Shopping Center. Blase even identified the former site of Circuit City as a likely space for the OTB.

But, Blase cautioned, the proposal was preliminary and while he believed the revenue would be

a good thing for the village, he was unsure of the mood of the community.

"I don't know what the residents would think of this," Blase said. "I'd like to hear from them."

He also said that he didn't know the feeling of the village board.

"Gambling is a very personal issue," Blase said. "I don't know where the members of the board stand."

On top of any potential revenue that would flow directly to the village, at least as much would go to Cook County. That revenue could potentially translate into County projects in Niles or valuable bargaining chips for the village in future negotiations with the county and the Forest Preserve District.

One resident is prescient, another criticizes Morton Grove for OTB move

Before Niles Mayor Nick Blase told The Bugle on Friday that Inter-Track Partners, LLC. was interested in a Niles site for their off-track betting (OTB) facility, Morton Grove Resident and Plan Commission Member Dwight Roepenack seemed to see the future.

"I have it on good authority," Roepenack, who is also Niles Health Inspector told the Morton Grove Village Board Monday, June 27, "that if the OTB doesn't happen in Morton Grove, it's going to happen very close."

In spite of Roepenack's dire prediction the village board voted to remove OTB from its zoning code, in part because residents at the meeting and throughout the campaign told them they were against OTB.

"I counted the speakers at tonight's meeting," Morton Grove Trustee Rita Minx said at the June 27 meeting. "There

were eight [against OTB] and seven [for OTB]."

At last Monday's meeting, Resident and newly minted National Resource Commission Member John Thill told the board that he believed they had acted too hastily and that Inter-Track would not wait until next year in the hopes that a referendum would compel the board to put OTB back in the zoning code.

"I know the issue may be put on the ballot," Thill said. "But do you think that that the OTB industry is going to wait around?"

Thill also said that he believed the strong, vocal opposition to OTB in Morton Grove had mischaracterized their referendum drive.

"I signed the petition," Thill said. "At that time, I did not know which way I would have voted. But there has been a statement that everyone that signed the petition was against OTB. That is incorrect."

'Zero Tolerance' bullying ordinance may be enacted by Niles Parks

The Niles Park Board was expected to update its Zero Tolerance Policy at its last meeting, Wednesday, July 20.

The Zero Tolerance Policy was put into effect after several well-publicized incidents where parents became violent during a

youth sporting event.

The Niles Park District has, for several years, had a policy that does not tolerate any violent incident during a youth sporting event. It allows a parent to be removed from the premises and from the specific program if any such incident occurs.

The update will make the policy an ordinance and allow for penalties including fines and will be enforceable by Niles Police.

"We already have a zero tolerance in effect," said Niles Park District Director Joe LoVerde. "We want to step it up a little bit."

NEWS

A magical night for local 'Harry Potter' fans Niles, Park Ridge bookstores celebrate release of sixth book in series



From left, Rachel Hartman, 10, of Des Plaines and Mary Topp, 10, of Niles answer questions at the Golf Mill Waldenbooks opening night celebration of the release of "Harry Potter and the Half-Blood Prince."

parties for several years but Waldenbooks Stores have been unable to organize parties because they're based in malls, but Golf Mill Waldenbooks Manager Denise Kirschner said that the mall management was extremely cooperative.

"The mall's been very cooperative," said Kirschner. "They're great to work with."

Local parents and children were glad that they were able to work out an agreement. Children were able to enjoy face-painting, games and trivia while waiting for the book to be released at midnight. Most of the trivia was answered by two young girls who were right up front, referred to as the "two Hermiones," referencing a clever female protagonist in the "Harry Potter" series.

The Waldenbooks opening also featured birthday cards for Harry Potter.

"They're sort of like letters to Santa," said Kirschner. "We'll be sending them to Harry Potter since his birthday is in late July."

When children received the book at midnight, they often squealed with excitement. One

could not restrain herself from reading the chapter titles aloud, prompting protests from others waiting in line.

In Park Ridge, Burke's Books held its second opening night celebration for Harry Potter that was even more popular than last year.

"We're Harry Potter veterans," said Owner Pat Willoughby. "We had 400 pre-orders and this year, 90 percent were pre-paid as opposed to 25 percent two years ago."

Willoughby said that a lot of residents had been showing support to the independent bookstore,

especially after their last event that received better reviews than events in other suburbs, some of which were chaotic.

"They were happy with our event," said Willoughby. "People showed up the next days with thanks and praise, that's why its bigger this year."

As to the big questions Harry Potter fans that have been asking such as who dies in this next part of the seven-book saga, they'll have to read the book, or check the web where many fans have undoubtedly already posted reviews.



From left, Meghan O'Keefe, 15, Abby Wilson, 15, Benjamin Wilson, 10, Tom Frazel, 11, Ali Cottrill, 11 and Dan McCambridge, 12 all of Park Ridge wait in line at Burke's Books in Park Ridge.

Both the Waldenbooks in Park Ridge held opening night parties for the release of the new book, "Harry Potter and the Half-Blood Prince" Friday, July 15-Saturday, July 16. Waldenbooks, a small mall-based bookstore owned by Borders Books & Music, Inc. held an opening night party for the first time. The books have inspired midnight

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NEWS

GARDENERS:
Stranczek's have seen village, garden grow

CONTINUED FROM PAGE 1

serve historic American gardens. The fee for the open house is \$5.

The Stranczeks have lived in Niles since 1969 and have raised their children in a 1700 square foot home on three quarters of an acre, reserving the real square footage for perennials.

"We started in the front with



The Stranczek's Mailbox

perennials," said Norm. "When we started working on the garden the road wasn't even paved."

Last year Norm added a patio to the front yard, bringing the total number of patios to three, including one in the backyard next to their pond and another bordered by hedges and directly behind the Chateau Ritz on Milwaukee.

"People wouldn't believe how quiet it is back here," Norm said. "We're a block from Milwaukee and just south of Golf Mill and it's like we have our own secret

garden."

The back yard, which today not only has its patios and perennials also has a 6,000 gallon pond stocked with Koi and goldfish. Norm and his sons dug it by hand. A small stream cascades over multiple cataracts into the pond, a favorite bathing place of finches and other beautiful birds.

"We even see a big heron in here on occasion," said Nancy. "We have hummingbirds too."

Norm grew up on a farm on the south side of Chicago and Nancy grew up a farm girl from Iowa, though today Norm handles most of the garden work.

"She stays inside and I stay outside and we get along fine," said Norm.

Even though Norm is retired, the garden work is a full-time job. "Between the garden and golf it's like I have a full-time job," he said.

While Niles' growth has been both amazing and pleasing to the Stranczeks, the changes to their neighborhood have been hard to take. Their three-quarter acre lot was pretty standard, but with the booming real estate market, builders are purchasing the nearby lots and either subdividing them or building vast homes that dwarfs 9051 Maryland.

A home just down the street is for sale, advertised as a "builder's dream."

"We'll probably be the only small house in the neighborhood soon," Nancy said. "But we're going to hang on as long as we can."

"As long as I can take care of the garden we're going to be here," Norm said.

Don't ask them to sell either. They purchased the property for \$35,000 in 1969.

"But we wouldn't give it up for half a million," Norm said. "We've too much invested in heart and soul."

Gardens like the Stranczeks are becoming rarer with time, they believe, as people trade the convenience of lawn maintenance services for the pleasure of doing



A flagstone path which winds through the Stranczeks' garden to their 6,000 gallon pond. The garden will be open to the public on Sunday, July 24 for a fundraiser.

it yourself.

"As a farm boy, I learned to do things for myself," Norm said. "It would be difficult to afford what we've done if we hired it out, but by doing it ourselves it's affordable."

The Stranczeks' garden would be a rarity in any neighborhood, but with the replacement of older homes and retirees with bigger homes and newer families, the

garden space has been reduced and the interest the new owners take is also limited.

"I don't know if people like taking care of yards," Norm said. "Look around, everyone hires out and gets lawn services. No one wants to cut the grass anymore."

But the yard work keeps Norm in shape and his wife has made it clear that she gets to pass away first.

"I could never take care of this by myself," she said.

With luck, the Stranczeks will have the chance to enjoy their garden for many years to come and they nurture hope that one of their sons will want to keep the property in the family.

"I think it would be hard on the kids to see it sold," said Norm. "I think they'll want to keep it in the family."

NEWS

Former MG Clerk Wendt questions village board on laptop purchase

Former Morton Grove Village Clerk Wilma Wendt criticized the village for purchasing a laptop computer for the new clerk, Carol Fritzschnall at the last board meeting Monday, July 11.

"I know a little about the clerk's job," said Wendt. "It has limited duties in Morton Grove. What prompted this purchase?"

Wendt called the computer an "unnecessary expenditure" and argued that when she was clerk no trustee had ever voted against the village's warrants, a vote that authorizes payments out of the village's accounts each month. Action Party Trustees Dan DiMaria and Dan Staackmann voted against the warrants last month because of the laptop purchase. Three laptops were purchased at that time for about \$1,200 each, one for the clerk and one each for the yet to be filled positions of human resources coordinator and economic development director.

Krier has said that the vote was politically motivated and that the computer purchase was part of his plan to digitize the village board and purchase laptops for all of the trustees.

Wendt said that the computer was not a necessary expense for

the clerk's position, saying that it had few duties and that computer time was available for Fritzschnall at village hall or that village employees could re-type the minutes. But Krier disagreed, saying that the job had changed.

"To compare the current job to what you did is unfair," Krier said. "Things have changed." Wendt retired in 1997 after over a decade as clerk.

But Wendt held her ground, saying that the Morton Grove clerk position had less responsibilities than most other villages.

"Most villages have fulltime clerk positions," said Wendt. "Morton Grove's is part-time. The Morton Grove clerk has fewer duties than most."

Krier disputed that, saying that the Skokie Clerk is part-time. However, Skokie, Des Plaines and Niles all have full-time clerks. In Park Ridge the clerk is part-time and in Glenview, the village manager is also village clerk. Krier repeated that the opposition to the purchase was politically motivated and that Wendt was incorrect about the job description for Morton Grove clerk.

Wendt replied: "Well, I still have my clerk certification, so I'll dispute that."

HEARINGS:
Site was formerly a Nicor garage

CONTINUED FROM PAGE 1

9.25 acres.

The mosque will officially be in Glenview, but borders Morton Grove as well.

The Islami House of Worship would contain a prayer area, school classrooms, a social hall and office space.

The parking lot would accommodate about 350 vehicles. Glenview Development Director Mary Bak said the petitioners need a conditional use permit.

Bak said the house of worship is not a mosque, though the Islamis adhere to a branch of Islam.

The difference between this facility and a mosque is that the proposed site is private and mosques are open to the public.

In addition, this building will not publicly broadcast calls to worship as mosques do, Bak said.

The property formerly housed a Nicor garage. That facility was demolished.

Now, the site is empty land neighboring the Belmont Village Assisted Living Home and residential property.

The main entrance to the facility

would be off Sherman Road however the property also borders Golf Road which is the dividing line between Glenview and Morton Grove.

Bak said the next meeting is slated for July 26 but could be changed.

Increased traffic caused by the facility was raised as a concern last Tuesday.

Other questions focused on the building location within the parcel of land owned by the religious organization as well as the size and mass of the mosque.

The address of the site is 100 Sherman Road.

Attorney Michael Downing represents the religious organization and could not be reached for comment.

This religious community was founded in the 8th century after the death of an imam triggered a political struggle over the leadership of the Shiite Muslim community.

Approximately 15 to 20 million people now adhere to the Islami sect worldwide; the sect is led by Swiss-born Aga Khan who lives in Paris and traces his heritage to the Prophet Muhammed.

The Islamis settled in Chicago 30 years ago from India, Pakistan and East Africa. Between 5,000 and 15,000 Islamis now live in the Chicago area with hubs in Rogers Park and Northlake.

They derive from the Persian branch of Islam.

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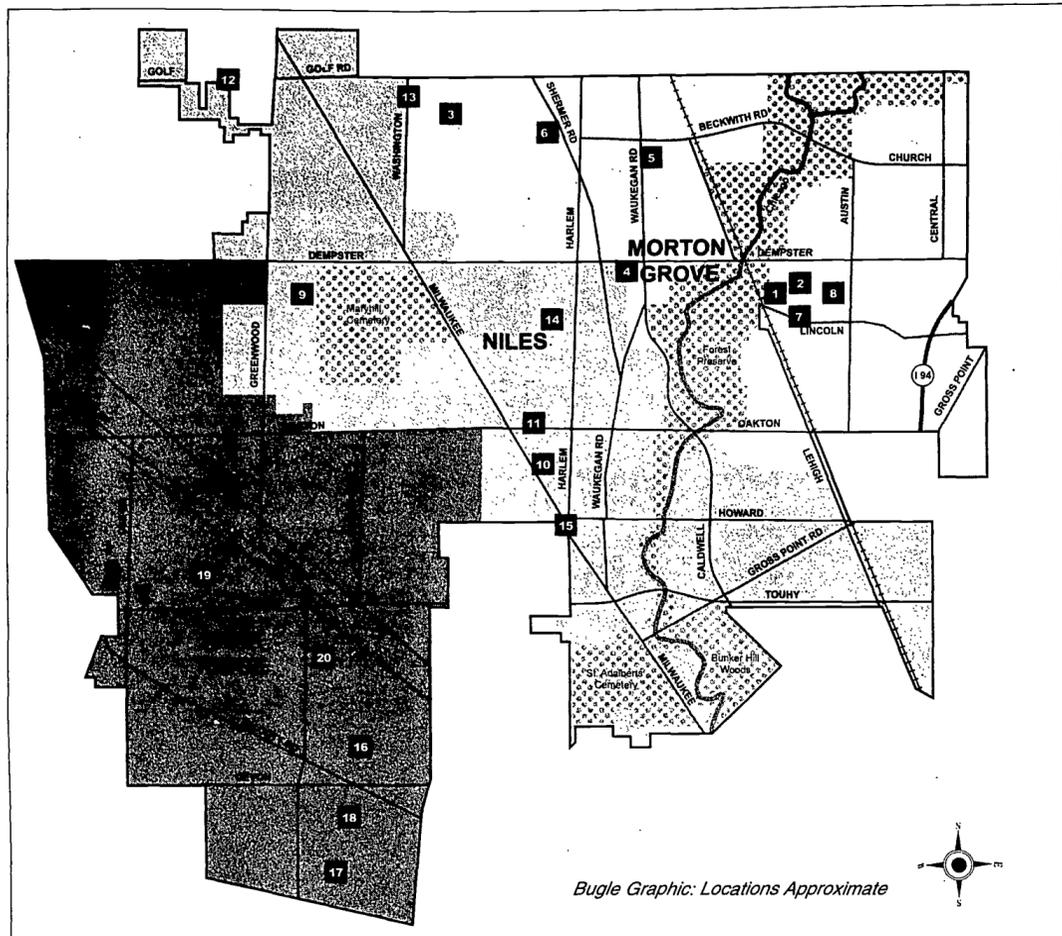
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POLICE BLOTTER



MORTON GROVE

The following was derived from the official reports of the Morton Grove Police Department for the week ending Friday, July 15.

- 1 Racquetball injury (Bally Health Club)**
A 55-year-old man injured his wrist playing racquetball July 12 at Bally Health Club on the 8600 block of Dempster at 7:50 p.m.
- 2 Locker crime (Bally Health Club)**
A man, 70, of Wilmette left his locker open and went for a shower at Bally Health Club July 7. After the shower, he found his wallet and the contents of his pants pockets were gone.
- 3 Scooter fall (9500 Oleander)**
A boy, 15, of Glenview was taken to Lutheran General Hospital after he fell from a motorized scooter July 9. He suffered an abrasion to his right knee and a possible fractured wrist.
- 4 Missing Auto (8800 New England)**

- 5 Lost in the move (8600 Waukegan)**
A couple has recently moved from Arizona to Morton Grove. They hired Johnson Transfer and Package Company of Tucson to help transport their property. After they arrived in Morton Grove, a host of items never made the move. These included \$500 in jewelry, a \$50 electric grill, a \$45 spice rack, a \$65 tea kettle, a \$350 table, a \$50 cordless phone, a \$60 towel stand and \$300 in mens clothing.
- 6 Rub a dub dub (9300 Shermer)**
A resident of a group assisted living home was injured in the bathtub July 10. The man, 36, was being washed in the tub by an employee of the home when he slipped, fell back

- 7 Heart Attack Death (Bally Health Club)**
An Evanston man died after suffering a heart attack while working out on a leg press machine July 6. Emile Jean-Pierre, 73, of Evanston was using a leg press machine at 12:30. A person on the neighboring machine noticed he was breathing funny and asked him if he was OK. Two employees then took him off the machine and placed him on the floor as another called 911. Jean-Pierre, an African-American, was transported to Lutheran General Hospital and pronounced dead. Police observed the leg press machine was set to 95 lbs. with an additional 15 lbs. weight attached. A doctor reported that Jean-Pierre had a history of medical problems, according to the police report.
- 8 Bloody Leg (Bally Health Club)**
A health club employee observed a woman with a bloody leg walk into the lockroom July 8 at 7:24. A female employee followed her in and discovered the woman, 55, of Chicago had burst a varicose

- 9 Glove Compartment Theft (8400 Roseview Dr.)**
Someone broke into a 1997 SUV the night of July 11 and took a Six-flags Great American season pass, a GM handbook for the vehicle, loose receipts and the vehicle title.
- 10 Pool Injury (Oasis Recreation Center)**
A boy, 9, was playing with a ball in the locker room of Oasis Pool when he fell and struck his head on a locker July 11 at 5 p.m.
- 11 Gift Card Walkout (7400 Oakton)**
A black man in his 30's walked to the counter of a 7-11 and purchased a \$200 gift card. He gave the cashier a credit card which was not approved by the credit card machine. The man then walked out of the store with the gift card, got into a

- 12 Balcony Plant Fire (8800 Golf)**
A dried plant sitting on the balcony of an apartment caught fire July 11. The Niles Fire Department extinguished the flames.
- 13 Swimmers Arrested (8000 Courte Dr.)**
Police arrested unauthorized swimmers who sneaked into the Washington Court Condo pool around midnight on July 11. A \$50 chair was reported missing.
- 14 Hub Caps Taken (8500 Osceola)**
Hub caps were removed from a beige 1997 Nissan the night of July 12.
- 15 Newspaper Stand Falls on Car (7500 N. Harlem)**
A newspaper vending machine was knocked over onto the car of a Niles waitress, 20, in the parking lot of a Taco Bell. The machine was knocked over onto her silver Toyota July 13 at 8:35 p.m.

PARK RIDGE

The following was derived from the official reports of the Park Ridge Police Department for the week ending Monday, July 18.

- 16 Egg Chevy (1000 Courtland)**
A 2002 Chevy Cavalier was egged the night of July 4 causing an estimated \$500 in paint damage.
- 17 Vehicle looted (1800 Courtland)**
Someone broke into a vehicle and stole a \$50 Gameboy, \$150 cell phone, book, coupon holder and \$8 July 6.
- 18 Radar Gone (1400 Courtland)**
A radar detector was stolen from a BMW between July 2 and July 5.
- 19 Spray Paint (200 Lincoln)**
Two bumper stickers were spray painted on a 1996 Jeep July 3.
- 20 Leaving Scene of Accident (200 Vine)**
A man, 17, of Arlington Heights was arrested for leaving the scene of an accident July 7. He was given a \$1,000 bond and an Aug. 3 court date.

All information printed in the 'Police Blotters' is obtained from written reports of the respective police departments.

NEWS

Erickson named new MG Deputy Chief

Morton Grove Commander Mark Erickson was named Deputy Chief effective Monday, July 18. Erickson will replace Lou Rossi, who resigned earlier this year to take up a post as Northern Illinois coordinator for a larger agency.

"Lou Rossi did a great job," said Erickson. "I have some big shoes to fill."

Erickson was appointed by Chief George Incedon with the concurrence of Village Administrator Ralph Czerwinski. Erickson will add the responsibilities of Deputy Chief to his plate, since there is currently no one slated to replace him. He praised the department and said it was well-positioned to move forward.

"We have a very professional department," he said. "We have an excellent supervisory staff and a lot of good younger officers have joined over the last ten years." George Incedon, currently Morton Grove Chief of Police will

"We have an excellent supervisory staff and a lot of good younger officers..."

*Mark Erickson
Morton Grove Deputy Chief*

Erickson said he has not put in a resume for the position. "I'm taking it one step at a time," he said.

Morton Grove Mayor Rick Krier has said that the department's top position could be filled by an outside applicant.

Two accidents close Dempster Thursday



A car rests at the intersection of Dempster and Menard shortly before it's towed away last Thursday.

There were no fatalities in an accident that took place at the corner of Dempster and Menard in Morton Grove last Friday, though the driver of one car was

taken to a hospital in critical condition while three employees of Niles-based Shure, Inc. were killed in an accident further east on Dempster at Niles Center Road.

The Morton Grove accident occurred around noon on Friday and it involved four cars. Two of the cars were involved in head-on collisions. Police had to route traffic around the scene. Occupants of three of the vehicles suffered only minor injuries but police reported that one was still in the hospital over the weekend with serious injuries.

Morton Grove Resident Jeanette Sliwinski, 23, of the 8900 block of North Parkside was charged Friday with three counts of first-degree murder and two counts of aggravated battery in connection with the accident in Skokie that killed three Shure employees. Sliwinski apparently drove her 2000 Ford Mustang 70 miles per hour down Dempster, running three red lights before she hit the vehicle occupied by the three Shure employees.

Prosecutors said that, after the accident, Sliwinski told police she intentionally crashed the vehicle in an attempt to end her life.

In a statement Sliwinski said, "I pray and beg for forgiveness from everyone who is saddened by the deaths." The statement was released by Attorney Thomas Needham on Saturday, representing Sliwinski and her parents Ted and Ursula.

Michael Dahlquist, 39, John Glick, 35 and Douglas Meis, 29 were all killed in the accident. The three men were friends and worked at Shure.

Two others in a car were injured in the crash. They were treated for minor injuries.

News from the Police Reports

Robbery Suspect captured after foot chase

BY JEFF BORGARDT
jborgardt@buglenewspapers.com

A Morton Grove police officer chased down a suspect in a suspected robbery of Road Runner Pantry on the 6300 block of Dempster only to discover accounts of the incident differ after an investigation.

It all started June 30 when an officer was dispatched to the scene with a report of a robbery in progress.

When the officer arrived at the pantry, the officer obtained a description of two men involved in the robbery including the color of their clothing.

The officer then walked down Dempster and located the duo. The two men took off running. One of the suspects ran off into a residential backyard and the officer chased him.

The officer caught up to the 24-year-old suspect as he attempted the climb a fence. The suspect was scratched and injured during the climb as the officer caught up with him. The offender then surrendered to police custody and was held at

gunpoint.

The man was marched back to the pantry and the cashier identified him as the man from the earlier incident.

Once the suspect was brought into the station, the police investigation discovered the identity of the other man involved in the incident.

The Pantry neighbors another business which shares space separated by an open divider.

The owner of the neighboring business reported the robbery in progress. He told police that he heard someone yell "Don't f---n move" followed by a loud bang and then he called 911.

The suspect had a different story. According to police, he said he had been "smoking weed and drinking" before he entered the pantry. He said he put two beers in his pocket but then "returned them. This caused an argument with the cashier.

When he saw the officer, he ran away because he didn't want to be arrested. He maintains he never said "Don't f---n move."

The other suspect, 20, was arrested for resisting arrest and attempted retail theft.

Niles Parks, Jewish Federation in final talks for conveyance of Shermer Park

The Niles Park District and the Jewish Federation of Metropolitan Chicago are in final talks for the transference of Shermer Park, following suspicions that the park may, at one time, have been used as a Jewish burial site.

The Park District has owned the property, off of Shermer Rd. just south of Dempster St. since the early 1970s. While there has been little in the way of official documentation, neighbors have told the Park District that there were grave-stones on the site prior to the Park District taking ownership.

The park neighbors a historic Jewish cemetery, the Kehilath Jacob Anshe Drohiczen Cemetery, which straddles the border of Niles and Morton Grove and has been maintained by the Jewish Federation's TOV volunteer network for the last several years. Jewish custom does not permit the removal of human remains except in specific circumstances. If Shermer Park was once used as a gravesite, its current use could even be considered sacrilegious, according to representatives of the Jewish Federation.

The Park District is expecting to receive the final plat of survey on the property this week. One of their concerns is that some of the homeowners to the north and south of the park may have fences encroaching on the park, something that the District has ignored for years.

"We'll want some consideration for those neighbors," Park District Director Joe LoVerde has said.

LoVerde also said that the language of the conveyance was final, and that it would restrict some specific uses of the parcel. Following receipt of the final plat of survey and any subsequent negotiations the Park District will remove any of their equipment and signage and then convey the park.

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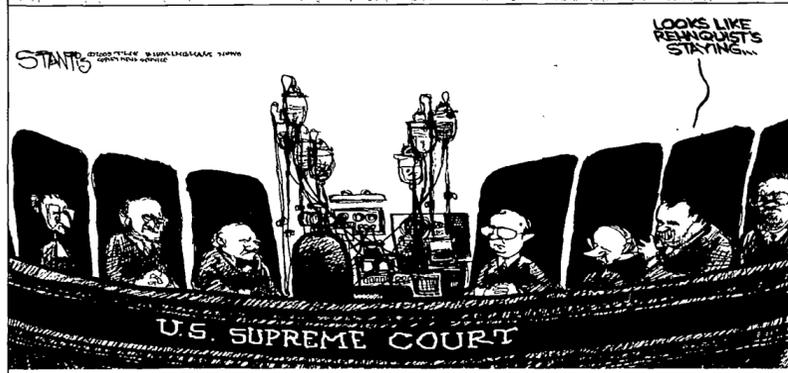
VEGGIE COMBO

Falafel, hummus, baba ghnouj, fatoush salad
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10% Off entire bill for Seniors

COMMENTARY

Another View



Letters to the Editor

'Taste' of Park Ridge a resounding success

Dear Editor,

The 2005 Taste of Park Ridge is now in the record books. It was a resounding success by all standards — number of vendors up from 14 to 24, attendance up 10,000 or so, happy visitors to our community and much more.

Despite the naysayers, the vision of Mayor Howard Frimark for a signature event was realized due to the efforts of a volunteer committee led by Dave Iglow of Pine's Mens Wear. The event owes a debt of gratitude to the Park Ridge police, fire, and public works departments as well as the park district for wonderful support.

The event was also aided by Maine Township and Supervisor

Bob Dudycz who provided clean-up, volunteers, obtained some sponsors, and manned a food booth.

Thanks to everyone that helped even for a few hours and, just as importantly, all those that came to eat and enjoy good music. See everyone next year.

Dick Barton,
Park Ridge

D'Amico: Bill fights sexual predators

Dear Editor,

Sexual predators range in age, gender, economic and ethnic backgrounds. They pick victims of all ages, races and religions, and can be found in every community across the state. They are also unlikely to be rehabilitated. That is why I take the responsibility of protecting our community from sex offenders so seriously.

This legislative session I sponsored several bills that were recently signed into law aimed at cracking down on sexual predators. House Bill 2386 allows courts to

extend mandatory supervision for sex offenders from three years to their natural life, helping law enforcement officials keep tabs on these sexual criminals and warn families when a sex offender moves into their neighborhood. Senate Bill 2062 requires residents of nursing homes and their families to be notified if a sex offender moves into the facility. House Bill 2077 increases the distance that a child sex offender must remain from a school building to 500 feet of a school building or real property comprising any school. House Bill 121 prohibits sex offenders from participating in holiday events involving children under the age of 18, such as distributing Halloween candy or working as Santa Claus or the Easter Bunny at a mall or retail store.

These measures will help keep children and families safe from those who wish to harm them, and aid law enforcement as they try to monitor and track sex offenders. For more information, or for any assistance, please call me at (773) 736-0218.

John D'Amico
State Representative, 15th District

Another Perspective



Morgan Dubois
Niles, Ill.

Growing Roses in Niles

There is a natural order to all things. For human beings it is people first, then ideas, and then things. This is normal and natural. It is like the law of gravity, you ignore it at your own risk. It is a statement of fact.

If you step off the edge of a roof, you will fall. Those who ignore people and put ideas or things first also fall or fail in life. They fail to live up to their full potential. They also fail to help others live to their full potential. To be the best takes focus, effort and time, but to be the best person takes love.

The Niles Chamber of Commerce sponsors an annual Night of Roses to celebrate and recognize those that have loved our community. This recognition gives you a glimpse into the heart of Niles. It also helps to answer the question: Why is Niles such a wonderful place to live?

Consistent across awardees is that they are actively engaged in a good cause. This did not come about by accident but with full intent. Each person determined a course of action in support of people. They learned to love their neighbors as themselves. How did they stay committed throughout the process?

Each of them had a solid grounding in reality, yet they saw not just what was possible they worked to make it happen. There is an ongoing battle between good and evil. The elites and intellectu-

als will say this perspective is archaic or even silly. Having lived for any time at all teaches you otherwise.

This war is won on the moral level first. What we prioritize in our lives becomes our life. If you have no firm values, based on a higher level than yourself, you will find that you stumble through life unhappy and unsatisfied. The firm commitment to be good makes great people. It is the thing that all great actions are based upon. It is what distinguishes George Washington from Joseph Stalin, Florence Nightingale from Josef Mengele and Mother Teresa from Richard Speck.

These individuals did not just care, the road to hell is paved with good intentions. They cared based on deeply held religious convictions. Those who make Niles a great place to live hold similar convictions. As a man thinketh so shall he be. This gives us the next step. How you think and how you view the world is expressed first in thought and then in action. The moral-mental-physical realm is all one continuum. You cannot suc-

Story Continues...
see ROSES page 21.

BUSINESS

Not all those folks on the radio are really experts



If your portfolio is stuffed with stock tips that you heard about on television, I'm tempted to say that's your problem. Picking stocks this way has been widely discredited. In fact, consulting a Ouija board might be more fruitful.

But what if you're using a radio investment guru as your financial talisman? You are exposing yourself to the same dangers, but few people probably understand why.

Many investors who tune into financial radio programs assume that radio stations only broadcast experts with stellar financial credentials.

While some radio personalities may be well-qualified, many times an individual is sitting behind the mike because he or she has paid for the airtime. If you've got the cash, you can buy yourself an audience.

Stockbrokers, financial planners, entrepreneurs and other market-savvy folks often purchase access to radio audiences through what the industry calls "brokered" shows.

The cost of these brokered time slots varies, depending upon such factors as the radio market's size and the time and day of the show. Someone could start his own show for as little as \$100 or \$200 an hour in small markets, up to thousands of dollars an hour in metropolises like Los Angeles.

With paid media exposure, a show's host may recoup his or her expenses through selling ads, peddling investment products and seminars and/or by signing up new clients.

Promoters also use the airwaves to hype upcoming events. One controversial figure who effectively used radio infomercials in the past was Wade Cook. Radio appearances helped him fill up his "Wall Street Workshops" that charged attendees several thousand dollars.

According to a complaint by the Federal Trade Commission, Cook's advertising materials falsely claimed that people following his trading strategies could earn returns of 20 percent or more per month. A U.S. District Court eventually ordered the promoter's company to stop using misleading promotional materials and testimonials.

Once you understand how

some financial radio programming works, you won't be surprised at the former relationship between KPBS, the public radio station in San Diego, and Gabriel Wisdom, an investment adviser in nearby Rancho Santa Fe, who the station fired last month.

KPBS didn't terminate Wisdom for what he said on the air in San Diego. It reacted instead to Wisdom's firing from "Marketplace," a National Public Radio business show that is carried on stations across the country. "Marketplace" accused Wisdom of plagiarizing a financial story from "Slate," the online magazine. For his part, Wisdom, who says he's not a journalist, blamed "Marketplace" for editing out the proper attribution.

What the media failed to question was how Wisdom, who began his career as a disc jockey in 1968, became a public radio fixture in the first place. KPBS did not conduct a search to find an expert to provide financial news coverage for the community.

Grand Opening



Niles Chamber representatives join Mayor Nicholas Blase in a ribbon cutting ceremony for Attitude Hair and Nail Salon located at 8016 Waukegan Road, Niles on Thursday, July 14, 2005.

(Photo Courtesy Niles Chamber of Commerce)



BY JEFFREY CARDELLA
Special to The Bugle

PUBLIC SERVICE ADVERTISEMENT

Edward Jones

Five Things to Focus on Instead of Market Volatility

As an investor, you no doubt are aware that the stock market will always have its ups and downs. You can't do anything about these fluctuations — but you don't have to let them wreak havoc on your investment decisions.

Of course, during those occasions when your brokerage statement contains unwelcome results, you may be tempted to take action by selling off some "losers." But is this a good move? After all, your investments may only be down temporarily. Furthermore, if you decide you must immediately lower your risk level, and you replace your stocks with fixed-income vehicles such as certificates of deposit, you could harm your portfolio diversification, reduce your growth prospects and slow your progress toward your important goals, such as a comfortable retirement.

So what should you do? Here's a suggestion: Look beyond your investment statements and seek out the following five pieces of information:

- **Long-term returns** — How have your investments done over the last five or 10 years? The long-term returns will give you a truer — and possibly a more positive — picture of how you are doing. Be aware that a down market can drag down the prices of many stocks and stock-based investments. By looking at how your investments have fared over a period of several years, you can get a sense of whether they are just going through a bad spell along with the rest of the market, or if they are, in fact, chronic under-performers.

- **Total difference in assets from a year ago** — If you've been investing regularly, your balance today may still be higher than it was a year ago, even if the

market is down. That "bottom line" may help encourage you to maintain your long-term perspective and to continue following your investment strategy.

- **Asset allocation balance** — Are you properly diversified? By investing in a wide range of stocks, bonds, government securities and other vehicles, you can increase your chances of success while reducing the impact of short-term volatility. Ideally, your investment mix should be based on your risk tolerance, time horizon and long-term goals. You may want to work with an investment professional to design an asset allocation plan that's right for you.

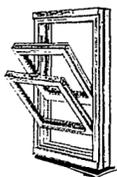
- **Price-to-earnings ratio** — If the prices of your stocks have dropped, you might want to buy even more shares. Some of the world's greatest investors, such as Warren Buffett, constantly look for high-quality stocks whose price is temporarily depressed. By doing just a little research, you can find a stock's price-to-earnings ratio (P/E). A high P/E indicates that a stock's price is expensive relative to its earnings, while a low P/E may be an indicator that a stock is attractively priced.

- **Dividends paid** — Even if a stock's price is down, it might continue to pay dividends. And if you reinvest these dividends into the stock, you are adding more shares, which can pay off for you if the stock's price rises again. (Keep in mind, though, that not all stocks pay dividends, and dividends can be increased, decreased or eliminated at any point without notice.)

Your brokerage statement can give you a snapshot of your investments — but snapshots rarely provide depth or context. To be a successful investor, look at the "big picture."

JEFFREY Cardella can be reached at Edward Jones, 8141 N. Milwaukee, Niles, IL. 847-470-8953

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COMMUNITY ANNOUNCEMENTS

Welcome to the Neighborhood



Edgebrook Bank just celebrated its Grand Opening at its location on Touhy west of Lehigh. The bank is located in a brand new building that is technically located in Chicago. The Bugle would like to welcome them to the neighborhood.

Library announces art contest winners

Following is a list of winners of the Morton Grove Public Library's Thirty-first Annual Art Contest. A total of 105 entries were received. Beginning Wednesday, June 29, winning artwork will be on display in the east stairwell of the Library.

1st Place: Alexander Prystupa: Westbrook School, Kindergarten, Michael Moskalis: Jane Stenson School, Grade 2, Aisha Khan: Hynes School, Grade 2, Gabrielle Medovoy: Washington School, Grade 3, Naly Kristal: Solomon Schechter School, Grade 3 and Zaineb Chaudhary: Jane Stenson School, Grade 5.

2nd Place: Matthew Holly: Park View School, Kindergarten, Naina Gupta: Hynes School, Grade

1, Amy Ryzewicz: Jerusalem Lutheran School, Grade 2, Liza Kobets: Edison School, Grade 3 and Matthew Bardelas: Nelson School, Grade 6.
3rd Place: Emily Raucci: Oakton, Preschool, Ibrahem Khan: Muslim Education Center, Pre-Kdg., Dionna Bidney: Homeschool, Grade 2, Zainab Khan: Hynes School, Grade 4 and Walbert Castillo, Melzer School, Grade 5.

Honorable Mention: Christina Peter: Melzer School, Grade 3, Sophia Bidney: Homeschool, Grade 3, Faisal Warsani: Hynes School, Grade 3, Elizabeth Hoellerich: Park View School, Grade 6, Saagar Gupta: Golf Middle School, Grade 6 and Gitty Davis: Joan Dachs Bais Yaakov, Grade 5.

Edward Jones announces new representative for Niles

The financial-services firm Edward Jones has hired Nick Katsoolias as the new investment representative for Niles' branch office located at 7627 N. Milwaukee Avenue.

"We're very proud to have Nick represent us in Niles," said Douglas E. Hill, the firm's managing partner. "The people of this community have grown to rely on our firm for their investment needs, and I am confident Nick will continue our outstanding tradition by providing one-on-one service."

Katsoolias said he is enthusiastic about taking over the office. "I joined this firm because I was impressed with its commitment to individual investors," he said. "Now I'm looking forward to meeting with the individuals here to help them meet their financial goals."

Edward Jones, the only major financial-services firm advising individual investors exclusively, currently serves more than 6 million clients.

Niles Family Fitness Center

News and Events

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| A. I. S. STRETCH | TUES | 8:00-8:45 AM |
| BODY FLEX | MON | 6:20-7:20 PM |
| BODY FLEX | WED | 10:00-11:05 AM |
| BODY FLEX | TH | 6:20-7:15 PM |
| BODY FLEX | SAT | 10:00-11:05 AM |
| BODY FLEX | SUN | 9:05-10:05 AM |
| CORE CONDITIONING | MON | 9:05-10:05 AM |
| CARDIO KICK BOX | MON | 7:30-8:30 PM |
| CARDIO STEP | TUES | 6:10-7:10 PM |
| CARDIO STEP | FRI | 9:10-10:05 AM |
| EASY DOES IT | MON | 10:10-11:05 AM |
| EASY DOES IT | WED | 10:10-11:05 AM |
| EASY DOES IT | FRI | 10:10-11:05 AM |
| HI/LO | MON | 5:15-6:15 PM |
| LO AEROBICS & TONE | WED | 5:15-6:15 PM |
| STEP & CONDITIONING | TH | 5:40-6:40 PM |
| STEP INTERVAL | WED | 9:10-10:05 AM |
| STEP & STRETCH | SAT | 10:15-11:15 AM |
| TOTAL BODY TONING | TUES | 5:15-6:15 PM |
| YOGA | MON | 8:00-9:00 AM |
| YOGA | MON | 5:20-6:20 PM |
| YOGA | TUES | 7:00-8:00 PM |
| YOGA | WED | 8:00-9:00 AM |
| YOGA | TH | 7:15-8:20 PM |
| YOGA | FRI | 8:00-9:00 AM |
| YOGA | FRI | 10:10-11:10 AM |
| YOGA | SUN | 10:10-11:10 AM |

Maine East students exhibit artwork at MG Library in July

Art students from Maine East High School are exhibiting thirty-two works of art from the tenth annual Creative Self-Expression Show sponsored by the Great Frame Up, at the Morton Grove Public Library through July 29.

This artwork was created under the direction of Maine East Fine Arts Chair Edward Eubank, and art staff Michael Mastrodonardo, Jennifer Jackson, Magdalene Gorecki, Felicia Lohan and Laura Matzen.

Professional Guide

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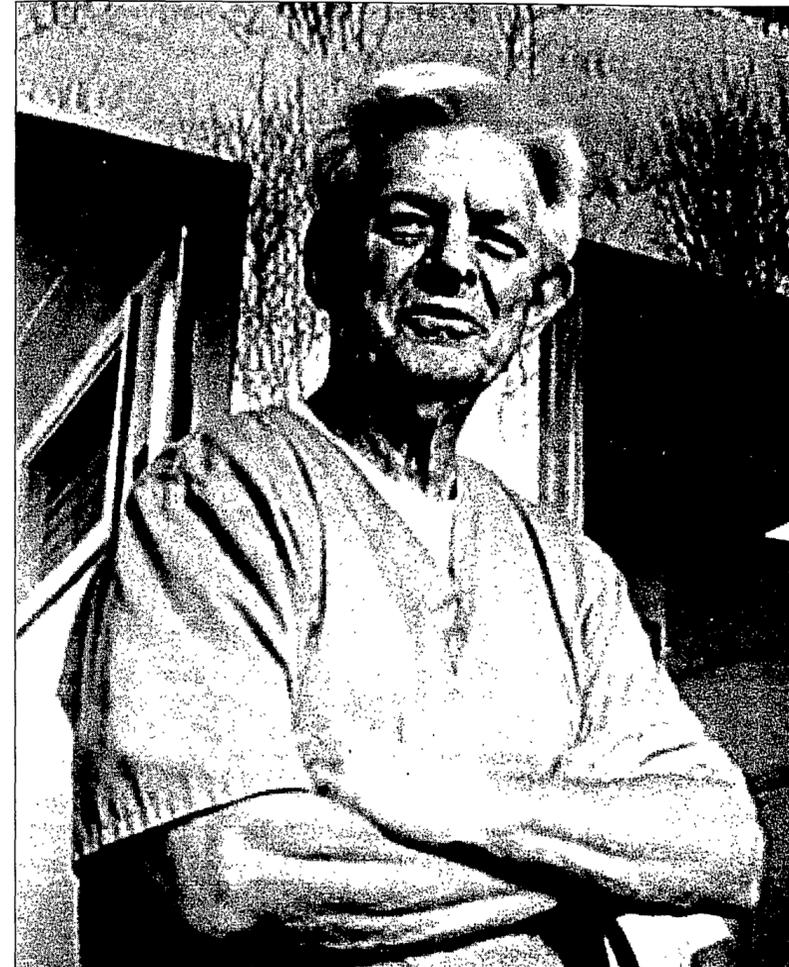
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SENIOR LIVING GUIDE

Niles Dentist Rink to Retire on 80th Birthday



Niles Dentist Edward Rink stands in his office this week. Rink, who has an office on Milwaukee is set to retire at the end of this month, on his 80th birthday.

(Photo by Jeff Borgardt)

BY JEFF BORGARDT
jborgardt@buglenewspapers.com

After nearly five decades of tending to teeth in Niles, Dentist Edward Rink is set to retire on his 80th birthday July 27.

"The thing I'll miss most is the people," he said. "It's like a family here. I've had patients when they were single and now they are great-grandparents. You really go through the generations."

Rink has been practicing at 7501 Milwaukee for 49 years.

He set up the dentist shop as a solo operation.

His advice to young dentists is to 'join a group' of dentists doing business together rather than going solo as he did.

"When you have your own office, it's really a lot to take on," he said.

As a young man, Rink served

in the 104th Timberwolves Army infantry unit during WWII.

As an infantryman, he saw '195 days of consecutive combat' in France, Belgium, Holland and Germany.

"I was one of the lucky ones who got to come home," Rink said.

He and the other lucky ones from his unit are preparing for a 60th anniversary celebration later this year.

After the war, Rink returned to Chicagoland and got a job in southwest suburban Argos-Summit at Corn Products International.

He then attended Loyola University dental school on the GI bill and set up shop in Niles after that.

He selected the location on a tour of possible facilities with a

Story Continues...

see RINK page 12.

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Above comes w/ choice of soup or salad,
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SENIORS

Get acquainted with the Niles Senior Center

www.vniles.com.

Niles Senior News

NSC Highlights
For a detailed description of programs & activities or to ask about membership requirements, please check the Naturally Active Program Guides or call the Niles Senior Center at 588-8420 ~Visit us online at

JULY REGISTRATION
Drop-Off Registrations for programs and classes advertised in the July Naturally Active were due at the Center on Friday, July 1st. Walk-in registrations began Wednesday, July 6th.

GET YOUR STATE ID at SUPER SENIOR DAY, Monday, August 1st 9:30AM - 2:30PM
The Mobile Unit from the Secretary of States Office will be at the Center for the follow-

ing: Rules of the Road Class, Vision Screening, License renewals (NO driving tests), License Plate Sticker Renewals and State ID's. No reservations are required. For more information, call 847 588-8420.

SOUNDS OF JAZZ, Wednesday, August 24th 5:30-8:00 PM \$10

Join us for at our August Evening at the Center. Join us for dinner, served at 5:30PM; feast on Grecian Chicken, Salad, Dessert then sit back, relax, and

"slide into the groove" as John Temmermans dazzles you with his sounds of Classical Jazz.

SUMMER CARD MAKING FUN! REMAINING WORKSHOP SCHEDULE

Come once or every session; it's up to you! Learn different techniques each week. Take home what you make! The cost includes instruction and all supplies. Everyone is welcome...bring a friend or even two. Non-residents are welcome.

July 28th Christmas & Hannukah in July - Gifts \$10

WEDNESDAY EVENING DINNER AND MOVIE July 27th 5:00 PM- 8:00 PM \$2

Join us for a Hot Dog Dinner, served promptly at 5:00 PM followed by our movie selection: Million Dollar Baby with Clint Eastwood, Hillary Swank, and Morgan Freeman (PG-13 2005)(Rescheduled from July 6th) all for only \$2.00. There is no charge if you're just coming for the movie. Don't like hot dogs? Feel free to "Brown Bag It" at no cost.

MOONLIGHTERS OFF TO RENAISSANCE FAIRE, Sunday, August 28 10-5PM \$20

Travel back to the time when knights were noble and maids were merry. Enjoy the joust!

Laugh along with the master swordsmen as they teach "gentlemanly behavior," stroll the marketplace where over 200 artisans display their goods, and be prepared to be dumbfounded at the infamous Mud Show. Great Fun BUT All Walking! Purchase your own food from one of many stalls.

MONTHLY GET ACQUAINTED MEETING 10AM - 11:00AM

Meet with the staff, learn what the Center offers in the way of classes, programs, and outings. You'll have a chance to tour the building, and ask questions. Meets the third Thursday of every month. The next meeting is August 18th. Please register in advance by calling (847) 588-8420.

POWER POINT CLASS, Mondays, August 1st to August 29th 1:00PM - 2:30PM \$30

Explore the uses of this fascinating Microsoft program, used to create multimedia presentations and slide shows. This is a five week course. Pre-requisite: Intro to Computers.

FLU SHOT INFORMATION COMING IN SEPTEMBER Naturally Active PROGRAM GUIDE

RINK:

Last day set for July 26

CONTINUED FROM PAGE 11

supplier.

"It was a nice new building so I went with it," he said of the 7501 Milwaukee location.

Rink was a founding member and president of the Niles Rotary Club in the 1960's. This branch has since merged as the Skokie Valley Rotary Club.

Rink's last day of work is set for July 26. In his retirement, he plans to work around the house and help his son build a new house.

Rink has a family of medical professionals. His older son Edward is a dentist, his daughter Gayle is a nurse, his younger son Christopher is a physician, his son-in-law Peter is a Obstetrician and his daughter-in-law is a physician; only one daughter has opted for a career outside medicine as a school

teacher.

Sharon Rink writes "he has practiced at the same location during his entire career. He leaves behind many families,



Niles Dentist Edward Rink

some with generations in his care. He has been a cornerstone of the community since October of 1955 and we are very proud of him."

Rink has 11 grandchildren.

SENIORS

Cholesterol screening at the Morton Grove Senior Center

Morton Grove Senior News

THE NORTH SHORE PLAYERS PRESENT "HOLLYWOOD & VINE"

Don't miss this hilarious music and dance show depicting "when Hollywood was Hollywood" presented by the fabulous and energetic North Shore Players at the Morton Grove Senior Center. Three more big shows are offered on Friday, July 29 (7 p.m.); Saturday, July 30 (7p.m.) and Sunday, July 31 (2 p.m.). Tickets are \$12 at the door, \$10 in advance, and \$8 per person for groups of ten or more and available at the Reception Desk of the Morton Grove Senior Center.

CHOLESTEROL SCREENING

The Morton Grove Senior Center's monthly Cholesterol Screening will be held at 9 a.m. on Wednesday, Aug. 3. Swedish Covenant Hospital will administer the screening, which provides a full lipid profile including total cholesterol, HDL, LDL and triglycerides. Results will be available within seven working days. Reservations are required and can be made by calling the Morton Grove Senior Hot Line at 847/470-5223. Fasting for 12 hours is also required but water and medications are allowed. The cost is \$10 for residents age 65+ and \$12 for non-residents and residents under age 65.

BLOOD PRESSURE SCREENING

Periodic blood pressure measurement is helpful in determining if health is threatened by high blood pressure (hypertension). Hypertension is a contributor toward strokes, heart disease and kidney failure. Unfortunately, hypertension usually has no symptoms so a person can feel great and not know they have it. Free screenings are offered from 9 to 11 a.m. on Tuesday, Aug. 9 in the Morton Grove Senior Center.

LUNCH BUNCH CLERGY APPRECIATION WEEK

Morton Grove Senior Center "Lunch Bunch" diners are welcome to invite their clergyman/woman for a free lunch during the week of Monday, Aug. 8 through Friday, Aug. 12 at 6140 Dempster Street in Morton Grove. Reservations are required and can be made by calling the "Lunch Bunch" at 847/967-6876. Lunch is served

at 11:45 a.m. but the Center opens at 9 a.m. where many come in for bingo, cards, camaraderie, crafts, games, health screenings, quiet reading, seminars and just plain fun. Other special events appearing on the "Lunch Bunch" calendar will be:

Barbecue and Ice Cream Social on Thursday, July 28 on the Patio. Lunch will be Italian Sausage, Polish Sausage or Bratwurst plus ice cream. Bingo Spectacular on Tuesday, Aug. 2. Lunch will be Meat Loaf with Gravy.

Ice Cream Social on the Patio on Monday, Aug. 8. Lunch will be Sliced Ham and Cabbage. German Day & Root Beer Floats on Wednesday, Aug. 17. Lunch will be Sliced Roast Pork. Watermelon Party on Monday, Aug. 22. Lunch will be Pollack Florentine.

Thanksgiving USA Day on Wednesday, Aug. 24. Lunch will be Turkey Breast with Stuffing and Gravy.

The cost is a \$2.75 to \$3 donation and the menu includes a hot entree, potatoes or rice, and vegetable; or a sandwich, soup and salad at the deli bar. For more information about the menu or transportation call the Morton Grove "Lunch Bunch."

COCA-COLA "COOL DOWN FOR THE SUMMER" PARTY
Cool off at the Morton Grove Senior Center while sipping ice cold Coca-Cola and listening to the refreshing sounds of Larry Levin. The party begins at 1:45 p.m. on Wednesday, Aug. 10 and is free but space is limited to the first 70. Sign up today by calling the Morton Grove Senior Hot Line at 847/470-5223.

"THE IMPORTANCE OF SELF EXPRESSION LATER IN LIFE"

A certified Art Therapist from the Council for Jewish Elderly will be at the Morton Grove Senior Center on Monday, Aug. 15 to discuss the importance of self expression and how to get started! She will help participants explore the benefits of creativity and how to incorporate creativity into every day life. This free program begins at 1:30 p.m., so please register today by calling the Senior Hot Line at 847/470-5223.

"IT'S NEVER TOO LATE TO EXERCISE"

Hear about the benefits of exercise and then participate in an actual senior exercise class at 1:30 p.m. on Thursday, August 18 at the Morton Grove Senior Center. This dynamic program is designed especially for seniors emphasizing non-vigorous

exercise while increasing joint mobility and flexibility. There is no charge for this program, which is being presented by Fitness Instructor, Leslye Lehman of the Morton Grove Park District. Please register by calling the Senior Center at 847/470-5223.

"THE MERRY WIDOW" at the Cahn Auditorium

Everyone's after her money, and Hanna, the saucy widow, knows just how to make them dance to her tune! This is one the most popular Viennese operettas of all

time... filled with waltzes, can-can, and dreamy melodies. The bus leaves the Morton Grove Senior Center at 1 p.m. on Wednesday, August 24 and returns at 5 p.m. The fee is \$37 for Senior Center Members and \$44 for non-members. Please register in person at the Center before July 21. Please note that there will be no lunch on this trip.

"PROTECT YOUR ASSETS" LECTURE

Join financial advisor, Arthur Miller as he helps provide some

of the tools needed to protect personal financial assets at 2 p.m. on Wednesday, Aug. 31 in the Morton Grove Senior Center. Mr. Miller will discuss topics such as real estate investments, the stock market, nursing home and in-home care protection. Please register for this free program by calling the Morton Grove Senior Hot Line at 847/470-5223.

"ALDEN ESTATES OF EVANSTON" LUNCH AND

Story Continues... see MG SENIORS page 15.



Groundbreaking memory loss care.
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WELCOME TO REFLECTIONS AT GLENVIEW TERRACE

Can the lush greenery of a garden really provide therapeutic benefits? According to recent Alzheimer's research, it definitely can. So we took this research and created one of the only gardens in the Midwest specially designed for people with memory loss. We call it Reflections Garden. And it's where residents can find a bubbling fountain that calms behavior. Rosemary and lavender

that stimulate the senses. Even a circular pathway tinted to reduce the sun's glare.

This pioneering garden is just one innovation from Reflections at Glenview Terrace. And you'll find more here to help your loved one live with dignity—and as fully as possible. So stop by or call us today at 847.729.9090. And see what inventive and compassionate care really looks like.

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The privacy seniors cherish with the safety net of licensed nursing care available around the clock. A new program for older adults at Bethany Terrace Nursing Centre, the Suites are accessible through a separate entrance in the main lobby.

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Bethany Terrace Nursing Centre

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SENIORS

Taste of St. Martha's



St. Martha's Catholic Church in Morton Grove will dedicate its new plaza, called the "Plaza of Life" on Sunday, July 24 with an outdoor mass at 10 a.m. As soon as the dedication ceremony ends a "Taste of St. Martha" will begin.

'Meet the Fockers' with the MaineStreamers

Maine Township Senior News

Maine Township's MaineStreamers Offer Senior Programs

The Maine Township MaineStreamers program offers a variety of opportunities for residents 55 and older. Membership is free and includes a subscription to the monthly newsletter that details all activities for the upcoming month. All activities take place at Maine Township Town Hall, 1700 Ballard Rd., Park Ridge, unless otherwise noted. For further information on membership or call MaineStreamers at 1-847-297-2510.

Here is a sampling of available activities:

MOVIE OF THE MONTH
"Meet the Fockers"

Tuesday, July 26
Movie Begins: 1:30 p.m.
Cost: \$1.00 or Coupon
Snacks included

Come and enjoy the sequel to "Meet the Parents." Robert De Niro and his wife are going to meet the In-Laws, who are as different from them as they can be. This film stars Dustin Hoffman, Barbra Streisand and Ben Stiller. Rated PG 13. Books of 6 coupons for \$5.00 can be purchased to use for Bingo or the Movies!!

"AARP'S DRIVER SAFETY PROGRAM"

Mon., July 25 & Wed., July 27
9:00 a.m. to 1:00 p.m.
Instructor: Stanley Fukai, AARP
Cost: \$10.00* check due on the day made payable to AARP

This two-part class helps you update your knowledge of age-related changes and rules of the road. Upon completion, your automobile insurance company will offer a discount.

Story Continues...
see **MT SENIORS** next page.

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SENIORS

MT SENIORS:

Try out beginner Tai Chi, Day Trips

CONTINUED FROM PREVIOUS PAGE

"DO I HAVE TO MOVE" PROGRAM

Tuesday, July 26
10:30 a.m. to 11:30 a.m.
Presenter: Jack Hoffman
No Charge - Registration

MG SENIORS:

Holmes is on the case

CONTINUED FROM PAGE 13

TOUR

Take a tour of Alden Estates of Evanston located at the border of Evanston and Skokie on Tuesday, Sept. 13. Learn about the amenities Alden has to offer from live-in apartments to day therapy and much more. A chef-prepared lunch will be provided in their elegant dining room. The bus leaves the Morton Grove Senior Center at 10:30 a.m. and returns at 2 p.m. There are a limited number of seats for this trip, which costs only 50 cents, so sign up early. Please register in person at the Morton Grove Senior Center Reception Desk.

"SHERLOCK'S LAST CASE"

at the Drury Lane Theatre
Everybody loves a good mystery but what about one that tells of the demise of our favorite sleuth? Is this really the end of Sherlock Holmes? This astonishing play is guaranteed to keep the audience on the edge of your seats! Laugh and cry at this masterful work of intrigue and suspense. The bus leaves the Morton Grove Senior Center at 10:30 a.m. on Wednesday, September 14 and returns at 5:30 p.m. The fee is \$69 for Senior Center Members and \$79 for non-members and includes transportation, the show and lunch with your choice of roast turkey breast or roast sirloin of beef. Register in person at the Senior Center.

HOME AND YARD CHORES

Morton Grove's home and yard "Chore Program" links senior homeowners with youth and young adult workers. Seniors who need help raking leaves or shoveling snow can have a neighborhood worker come by to assist. There also are individ-

Required

Jack Hoffman from Moving Seniors with Care, Ltd., is a relocation specialist who, with a group of retired teachers, helps seniors pack and move. They charge a nominal fee, but do everything for you.

BEGINNERS/INTERMEDIATE TAI CHI

Thursdays, July 28 to Sept. 15
3:30 p.m. to 5:00 p.m.
Instructor: Sylvester Marshall
Cost: \$40.00 for 8 classes
Learn and review your Tai Chi postures and stances in this

class. Wear comfortable clothing. Newcomers are welcome to join.

Day Trips

The following Day Trip is currently on sale. In order to sign up for a Day Trip you must first sign up to be a member and then a reservation form will be sent to you. To become a member call the MaineStreamers at 1-847-297-2510 and ask for an application. All Day Trip departs from the State of Illinois Building, 9511 Harrison St. in

Des Plaines.

"MENOPAUSE THE MUSICAL" TRIP

Chicago area
Sunday, September 11
10:30 a.m. to 6:00 p.m.
\$82.00 member/\$87.00 guest
Established in 1988, Goose Island Brew Pub is located in the heart of Lincoln Park. Upon arrival you will enjoy a tour of the brewery. Then you will satisfy your appetite with appetizers featuring Fresh Vegetables, Spinach and Artichoke Dip and Chicken

Quesadillas. A family style meal will include Caesar Salad, Chicken Vesuvio, Grilled Salmon, Vegetable Mix and Red Skin Potatoes followed by Fresh Baked Cookies and Brownies.

Why not laugh at one of life's major changes, "menopause"...this production is a hilarious celebration of women and the change. So, enjoy this "flashy" trip with us!

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Michelle Caldwell,
Special Care Unit Director

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SENIORS

Aging Lifestyles

Replacing a doctor who retires or dies

Kate Bird
Copley News Service

When my gynecologist of many years announced she was resigning, I was taken aback. Because my relationship with her was cordial and comfortable, I felt abandoned.

My doctor said that one option I had was to switch to her partner, also a woman. Or, she could recommend several other doctors. I agreed to stay with her partner, figuring going to the same office would help some in losing my favorite doctor.

But, before I had an opportunity to visit her, the new doctor sent out a letter announcing that she was taking an indefinite leave to fight a serious cancer that had recurred.

There is yet another doctor in their practice whom I could go to, but I'm not sure whether I will. She's only been in the practice a couple of years and is much younger. I liked the fact that my well-loved gynecologist

was roughly my same generation.

These days, older patients frequently have to face the loss of their long-term doctors due to death or retirement. With people living into their 80s, 90s and older, this will become a more common phenomenon - that is unless stressed doctors learn to take better care of themselves.

Chronic illness is difficult to endure in the best of circumstances. Then, having to replace your doctor may seem almost an unbearable burden.

The patient can feel rage at the doctor, then guilty at feeling that way, says Carol Kleinman, assistant clinical professor of psychiatry at George Washington University School of Medicine in Washington D.C.

The doctor is the one who is supposed to cure the patient; when he or she retires or dies, it's easy for patients to feel that no one else will be able to give them

an equal level of care. Those with serious illness may fear that they will die without their trusted doctor.

Other patients may get depressed and even postpone medical treatment because they don't have the energy to locate a new physician.

When a doctor leaves practice, however, sooner or later older people sign on with another doctor. When they are ready to do so, there are some ways to make the ordeal less agonizing.

Kleinman recommends keeping in mind that you already have developed effective coping skills in learning to deal with one or more illnesses. This can give you the confidence to choose and build a new relationship with a different doctor.

One way to do so, Kleinman adds, is to be upfront about how you feel. It's often helpful to explain during a first appointment what you liked about your previous doctor and how sad you

are that they are gone.

You can add that you would like to build a good working relationship with the new physician.

Most doctors will respond sympathetically. Often, they already will have your records especially if they are taking over the retiring or deceased doctor's practice.

When my parents' doctor of 30 years died unexpectedly, my parents initially were sad. Their anxiety was eased when they received a letter from their old doctor's nurse telling them that the practice had been sold to a new doctor.

My parents decided to have the new, much younger doctor take over their care. My father, somewhat to his surprise, liked the new doctor better. He was Irish and had a marvelous sense of humor. Before too long both my parents trusted him.

Another way to simplify

building trust with a doctor at a new office is to ask your old doctor's office to send all your records to you. Sending a self-addressed envelope (a large manila envelope works best) often speeds up the process.

Remember, you have a right to all your records from any doctor who treats you. And knowing that the new doctor has your records helps both you and the doctor.

You might want to take the records to the new doctor on your first visit or in advance so the doctor can read through them and be familiar with your ailments.

If you must choose a replacement doctor, feel confident that you can make the transition successfully.

E-mail Joe Volz at jvolz2003@adelphia.net or write to 2528 Five Shillings Road, Frederick, MD 21701.

© Copley News Service

SENIORS

Eddie Payton's visit to Belmont Village of Glenview brings smiles to residents and guests of the facility

Many recall their favorite memory of Walter Payton

Eddie Payton, brother of the late Walter Payton visited Belmont Village Assisted Living Community in Glenview last week. In between conducting a golf clinic with residents and guests eager to learn, Payton answered questions and listened to stories that residents shared about his beloved brother, Walter. "I really enjoyed my time at Belmont Village. It is a beautiful community with caring staff and wonderful residents. I can't wait to go back for another visit," said Payton.

touched when he was here with us."

One resident of Belmont Village especially touched Payton. 101-1/2-year-old Marion Wood told Eddie of her fond memories of his brother and watching him play for the Chicago Bears. She invited Payton to her 102nd birthday party in December. He promised her that he would be there.

Payton entertained the small crowd with funny stories of growing up in Mississippi, demonstrated putting techniques and signed autographs.

"I really enjoyed my time at Belmont Village. It is a beautiful community with caring staff and wonderful residents. I can't wait to go back for another visit," said Payton.



Eddie Payton greets 101-1/2 year-old Belmont Village resident, Marion Wood as Community Manager Sally Myers looks on. Payton visited Belmont Village on Monday, June 13, 2005.

Alzheimer's second victims, family caregivers, need help to cope

They are the forgotten victims of Alzheimer's disease and other memory disorder illnesses: the family caregivers who toil each day caring for loved ones who are no longer able to care for themselves. For them, stress is a constant. It can even be a killer, according to studies that have shown a link between caregiving and premature death, particularly for spouses.

When these caregivers eventually burn out, emotionally or physically, the lives of those they are caring for often follow suit. While most outreach efforts target the sufferers of Alzheimer's and dementia, a local company—Home Instead Senior Care—and a national nonprofit advocacy group are teaming up to help their forgotten caregivers.

The unique collaboration between Home Instead Senior Care and the Leeza Gibbons Memory Foundation has led to the creation

of www.caregiverstress.com and an online stress tool that can help family caregivers gauge their level of stress and get help from a variety of resources, many of which are listed on the site.

"The caregivers are a huge component in the lives of Alzheimer's and dementia patients," says James Huysman, Psy.D., executive director and co-founder of The Leeza Gibbons Memory Foundation. "If the caregiver, for instance, starts drinking or medicating to cope, or becomes ill or depressed, the whole system breaks down and everyone involved suffers. That's why we are gearing our efforts at The Leeza Gibbons Memory Foundation toward behavioral research so we can answer the question: If you educate, empower and energize a caregiver, how much does that enhance or enrich the quality of life for their loved one?"

That question, as well as others, will have far-reaching effects on an increasing number of families of

memory disorder victims. Nearly 64 percent of Home Instead Senior Care's clients nationwide already suffer from some form of memory or dementia problems. Studies have revealed that stress is a problem that can affect the health as well as the mortality of their family caregivers if assistance is not provided. For example: In a poll released earlier this year of more than 5,300 of Home Instead Senior Care's professional CAREGivers who deal with family members who care for a loved one each day, the company's CAREGivers report that 35 percent of these family members had significant to above average stress levels at the point they sought assistance.

A 2003 New England Journal of Medicine report co-authored by Richard Schulz, Ph.D., one of the nation's leading researchers on caregiver stress, found that

caregivers exhibited high levels of depressive symptoms while providing care to family members with dementia, even though they showed remarkable resilience after the death of the person for whom they were caring.

An earlier study (Journal of the American Medical Association, 12/19/99) also co-authored by Dr. Schulz, who is director of gerontology at the University of Pittsburgh, revealed that family caregivers caring for an ailing spouse were 63 percent more likely to die sooner than those who were not caregivers.

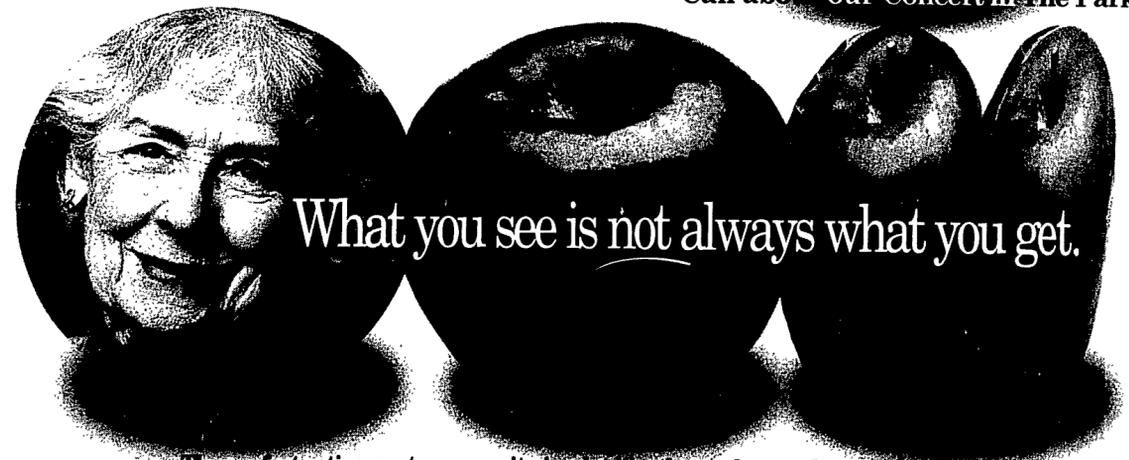
"Every day we see the role stress plays in the lives of family caregivers who are trying to do too much with too few resources," says Mike Melinger, owner of the Home Instead Senior Care office serving the north side of Chicago and the North Shore.

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Call for your appointment or just stop in.

SPORTS

SPORTS ROUNDUP

Hot albacore run gives small but veteran group a great day on the water

Ed Zieralski
Copley News Service



Nick Cates join the crew of the Success. Owner Lance Withee gladly obliged, and Cates, who is semi-retired after selling his old boat, the New Lo-An, worked the deck and occasionally spelled Capt. Cary

After Mexican limits (10 albacore for two days) were caught, a vote was taken on whether to go outside and look for bluefin, yellowfin or yellowtail. But with unruly, wind-blown seas, the group voted to go inside to calmly finish with some near-shore fishing.

That plan fizzled because of the red tide that has gripped Southern California and northern Baja in recent weeks. The water off Salspuedes, which can be very good for yellowtail, has a copper-red tint to it, and fishing is poor in the oxygen-depleted water. Instead of fishing, the group spent the morning sampling Robert "Cowboy" Tater's varia-

tions of albacore. Tater, the boat's creative cook, started the anglers with a tuna salad dip, which moved to a full-on, wide-open lunch that included four different albacore presentations - in beer batter and Bisquick; in Thai peanut sauce; seared tuna; and sashimi.

Charter master Tom Chapman caught the jackpot, a 34-pound albacore that outweighed each of the two bluefin caught. In addition to the grandfather-grandson teams of Togo Hazard-Derek Tresize and Chapman-Jeff Bedell, there was Guth and his daughter, Laurie, who caught her limit. Chapman, a civil engineer who

still works part time, organized the group.

One of dozen anglers on the trip, Henry Hunte, praised the Success's crew and, like everyone on board, enjoyed fishing two days with a friendly group whose elders not only caught lots of fish, but also spun great tales.

"Not that any of us has trouble getting along with strangers, but on open party boats you just don't have the synergy you develop with the same group, the kind of spirit that comes with a group like this," Hunte said.

Esprit de longfins.
Visit Copley News Service at www.copleynews.com.

John Guth took a moment from fighting one of the many Pacific albacore he caught on a recent two-day trip aboard the Success to ask a question of anyone in earshot.

"Did anyone happen to notice how many old guys are on this trip?" Guth asked as he cranked in another longfin.

It was kind of like asking if anyone noticed how many seniors were on the Supreme Court. Turned out four of the 12 anglers on the Success were 71 or better, with R.E. "Togo" Hazard Jr., leading the way at 83, followed by Tom Chapman, 75, Guth, himself a robust 74, and Jim Cavallin, the youngest of the elder fishers at 71.

They form the nucleus of a charter group that has fished together for more than four decades, dating to chartering Harold Ellis' Pronto in the 1960s and Nick Cates' Fishin' Fool in the '70s. These days, these old-timers roll back the clock and act like kids for a couple of days on the Pacific. In this case, the time warp was provided by the 58-foot charter boat, the Success.

"We found early on that one of the keys to good albacore fishing is not to have a crowded boat," Guth said. "In an albacore bite like we just had, it takes a group working together, and it takes crew management to keep the fish coming aboard. You pay the price for a smaller group, but it's worth it."

As a way to tie into yesteryear, the group requested that Capt.

Dodson and second captain Greg Milligan at the wheel.

It represented a giant step up for this group from the old days aboard the Pronto or Fishin' Fool. The Success was custom-made by Withee, Dodson and Gordon Lackey to provide long-range style luxury on one- to two-day trips.

In what is shaping up to be a traditional albacore season, with bigger schools of longfins arriving in early July, this group's timing couldn't have been better. "Look at that, grandpa, those fish are fighting to get to the bait first," said Derek Tresize, 17-year-old grandson of Togo Hazard's and one of the top sticks on the boat. Derek said that during a biting frenzy that fishermen often go an entire summer looking for and not finding.

"Derek's my fishing partner," Togo Hazard said.

Dodson pronounced this trip the season's best for the Success. He found a willing school of longfins at daylight and finished the incredible day by starting the engines with albacore still circling the boat, their dark gray and metallic blue bodies still buzzing the stern's chum line, their busy mouths looking for more anchovies.

"That was pretty darn good fishing, about as good as it can get as far as quality fish," Dodson said of albies that ranged from 18 to 34 pounds, with the bulk at 22 to 25 pounds. "That last bite would have lasted as long as we threw bait or ran out."



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LIFE

PERFECT PAIRINGS

Grilled meat, peaches and peppers meet gewurztraminer

RON JAMES
Copley News Service

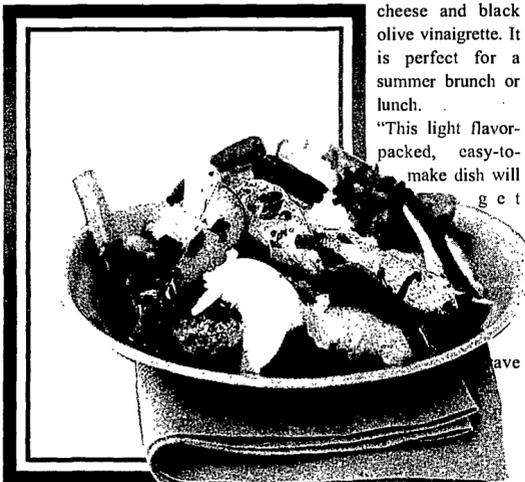
THE CHEF

"My dad was a huge outdoor cook," grilling guru Chris Schlesinger explains with a laugh. "He made grilling one of the hardest and most complicated tasks in the world. He checked the wind and barometric pressure and made elaborate preparations to get the grill just right - then he would burn the food. Having conquered the great outdoors, he

James Beard Award for Best Chef of the Northeast.

THE DISH

Schlesinger selected a dish most weekend, throw-a-slab-of-meat-on-the-barbecue grillers wouldn't dream of. The sophisticated recipe from his latest cookbook, co-authored with John Willoughby, is a tasty melange of grilled chicken and sausage with peaches, peppers, pecorino cheese and black olive vinaigrette. It is perfect for a summer brunch or lunch.



"This light flavor-packed, easy-to-make dish will

THE WINE

Schlesinger believes barbecue and wine go hand-in-hand. "Whether it's a burger or grilled mussels, there's a wine for it. I treat wine like another ingredient in the dish. I think of it as a spice."

Three styles of wine are featured at The East Coast Grill: white Alsatian wine, "which goes well with our spicy, garlicky dishes," Rhones like Grenache or syrah "because of their earthiness and fruit" and pinot noirs "because they are so versatile."

For this dish, Schlesinger selected a Trimbach 2001 gewurztraminer (\$17) from Alsace, France, a dry, full-bodied, balanced wine with spice and intense fruit.

"This dish has a lot of flavor. The floral, slightly perfumed bouquet of the gewurztraminer complements the sweetness of the peaches, and its balanced acids contrast nicely with the loamy olives and pecorino. Its good acidity and low residual sugar make it a great summer wine for a great summer dish."

Many Americans are reluctant to order gewurztraminer because they think of them as sweet wines, but they actually range from semisweet to very dry. Most Alsatian winemakers chaptalize their wines, which means they add a bit of sugar before fermentation to help raise the alcohol levels in the wine. In France it is illegal to chaptalize a wine and not ferment all of the sugar, consequently leading to dry to very dry wines.

THE RECIPE

GRILLED CHICKEN AND SAUSAGE TOSSED WITH PEACHES AND PEPPERS

- 1/3 cup extra-virgin olive oil
- 1/4 cup balsamic vinegar
- 1 teaspoon minced garlic
- 1/4 cup good-quality black olives, pitted and chopped,

Story Continues...
see PERFECT PAIRINGS page 21.

Events Calendar

GOVERNMENT

Thursday, July 21

-7 p.m. Morton Grove Park Board meeting
-7:30 p.m. Park Ridge Park Board meeting

Monday, July 25

-7:30 p.m. Morton Grove village board meeting

Tuesday, July 26

-6 p.m. Niles village board meeting

COMMUNITY

Tuesday, August 2

The Niles National Night Out Against Crime and Drugs is set for Tuesday, August 2 at Notre Dame High School, 7655 Dempster from 7 p.m. to 10 p.m.

The Niles National Night Out Committee is looking for volunteers, donations and financial support to make this event better than last year's. For more information, contact Officer Ronald Brandt or Officer Robert Tornabene at (847) 588-6500.

Tuesday, August 16

Come out and view and learn about the summer stars and planets of the night sky. Several telescopes will be set up in Harrer Park, near the Morton Grove Historical Museum, 6240 W. Dempster, on Tuesday, Aug. 16 at 8:30 p.m. Though hampered by the metro area's skyglow, the Milky Way's vistas are most prominent in August, which happens to be the month with the least frequency of clouds.

ROSES:

Let them know your name while you're living

CONTINUED FROM PAGE 8

ceed in one area and ignore the others.

Each of us individually will decide the fate of Niles by our action or inaction. It will continue to be the best place to live in Illinois only if you decide it will. This occurs first in families, then in neighborhoods, communities

and into Niles as a whole.

No one's gravestone is marked - "Rich" or "worked 70 hours a week" or "enjoyed 4 hours of TV/night". They are always marked - "Father, Mother, Son, Daughter or Friend", some are even preceded by the word "Beloved."

One of the awardees told this story: "As a young boy he would drive past the cemetery on Milwaukee. One day he was driving with his grandpa, who he loved dearly. He noted the large tombstones and said, 'Grandpa, some day I am going to have a huge tombstone so people will know my name.' His grandfather replied, 'Let them know your name while you are living.'" Let them.

Correction

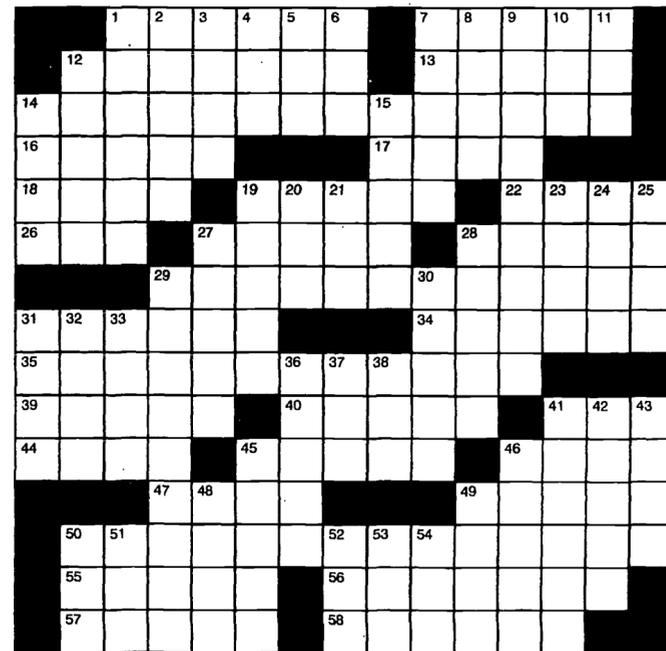
In last week's issue of *The Bugle*, the article on page 9 titled "World's Largest Bratwurst" was bylined by "Andrew Schneider." The writer was in fact, Jeff Borgardt. *The Bugle* regrets the error.

Clarification

In last week's issue of *The Bugle*, the article on page 1 titled "Uptown Project Stalled" asserted that the Park Ridge City Council was considering an indemnification of LaSalle Bank. The indemnification was actually of a LaSalle Bank loan, not the Bank itself.

LIFE

SPIRIT LAMP-OONS



COPLEY NEWS SERVICE

By Charles Preston

ACROSS

- 1 Scope leader
- 7 Local weather, to Byron
- 12 Shaved a merino
- 13 Ectoplasms: spirit

- 14 Spirits of famed 1789 mutineers?
- 16 Mat and pilot leaders
- 17 Appear
- 18 Befog
- 19 Ankle
- 22 First Alaskan governor
- 26 Nile swimmer
- 27 Ecdysiast
- 28 Mace a joust
- 29 Inept spirit?
- 31 Stress
- 34 Glyceride salt
- 35 Spirit invited to address a group?
- 39 Innuendos
- 40 Origins
- 41 Farm female
- 44 Served perfectly
- 45 Take care of
- 46 King of the road?

- 47 Norma and Charlotte
- 49 Arty headgear
- 50 With The, 1940 film about a grouching spirit?
- 55 Having projecting edges
- 56 Shapes up
- 57 Kind of board
- 58 Expresses feelings

DOWN

- 1 Pipe down!
- 2 Domingo, for one
- 3 Puts away
- 4 Stab
- 5 Sound of doubt
- 6 Seraglio room
- 7 Works with rattan
- 8 Minstrel's strings
- 9 Irene Dunne's "Mama"
- 10 Anagram of
- 11 Before a tee
- 12 Spirits, in a way
- 14 Rum cake
- 15 Loan shark's sin
- 19 Wonderland goodies

- 20 Bloating barge
- 21 Baker Sarah
- 23 Colorado feeder
- 24 Keep ___ continue
- 25 Endangered goose
- 27 Sacrifice hits
- 28 Homonym for 12 Down
- 29 Car buyer's option
- 30 "I've ___ Be Me"
- 31 Pasha's kin
- 32 Stylish
- 33 Lane change marker
- 36 Novak's sparring partner
- 37 Help wanted letters
- 38 Futon kin
- 41 Rowboats
- 42 Plays wheel man
- 43 Kind of ball
- 45 Run-down
- 46 Fling bodily
- 48 Copycat
- 49 Whippersnapper
- 50 Ten C's
- 51 Buck
- 52 Brit. honorarium
- 53 Woman, for short
- 54 The ___ of rockdom

PERFECT PAIRINGS:

Grilled meat CONTINUED FROM PAGE 20

- Kosher salt and freshly cracked black pepper, to taste
- 2 ripe but firm peaches, pitted and each cut into 8 chunks
- 1 cup flat parsley leaves, well-washed and dried
- 2 pounds boneless, skin-on split chicken breasts
- 1 pound hot Italian sausage links
- 2 red bell peppers, halved and seeded
- 1 red onion, peeled and sliced thick
- 1/4 cup vegetable oil
- 1/2 pound very thinly shaved pecorino Romano cheese
- Yields 4 to 6 servings.

In large bowl, whisk together extra-virgin olive oil, vinegar, garlic, black olives, and salt and pepper. Stir in peaches and parsley and set aside.

Sprinkle chicken generously with salt and pepper and place over coals skin side down. Grill until breasts are just opaque throughout, about 7 to 9 minutes per side.

To check for doneness, nick, peek and cheat: Cut into one of the breasts at the thickest point and peek to be sure it is opaque all the way through with no pinkness.

Soon after you start grilling the chicken, put the sausages on the grill and cook, rolling them around occasionally until they are done. When they are both done, cut them into bite-sized pieces and add to the bowl with the vinaigrette and peaches.

Coat pepper halves and onion slices with vegetable oil and sprinkle generously with salt and pepper. Place on grill and cook until they are well-browned. Cut into bite-sized pieces and add to bowl.

Toss all ingredients together until everything is well-coated with dressing. Transfer to serving bowl. Sprinkle with shaved pecorino and serve.

Adapted from "Let the Flames Begin" (W.W. Norton).

Ron James welcomes comments and suggestions. E-mail him at ronjames@perfectpairings.us. Listen to his "Gourmet Club" radio show and see archives of previous columns at www.perfectpairings.us.

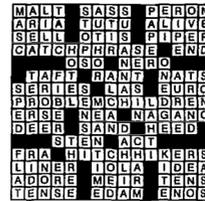
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Be the first to send in the answers to this week's crossword puzzle and your name will be listed in next week's Bugle.

This Week's Winner is...

Ralph Stempinski

Send your answers to the editor: Andrew Schneider Fax: 847.588.1911
E-mail editor@buglenewspapers.com



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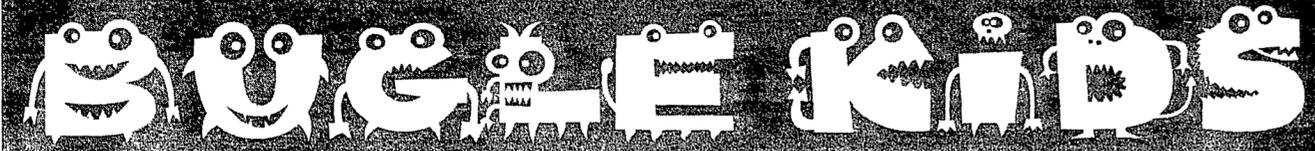
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By J.R. Rose-Copley News Service

DRAW IT!

DRAW A CLOUD FOR ME TO WATCH...



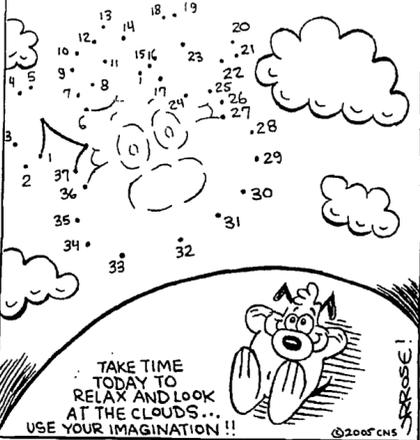
MATCH THE TYPE OF CLOUD TO THE CORRECT PICTURE...

STRATUS (LOOKS LIKE LARGE COTTON BALLS)

CUMULUS (HORIZONTAL, LAYERED CLOUDS)

CIRRUS (WISPY AND FEATHERY CLOUDS)

SEVERAL CLOUDS ARE FLOATING BY... I SEE SO MANY IN THE SKY! CONNECT THE DOTS AND YOU WILL SEE A CLOUD THAT LOOKS A BIT LIKE ME!



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Grammar Matters

by Patty Gibbons Saunier
Colon Class

Oh, great - the bug spray is in the bottom of my backpack.

Below are three sentences containing colons. Which are correct?

- Lily packed several items for camp: a flashlight, bug spray, a bathing suit, towels, shampoo and a rain poncho.
- She also packed: a sleeping bag and a pillow.
- Lily's learned to: build a camp fire, sing new songs, make new friends and sleep without air conditioning.

Answers:
1. Correct. The list is too short to use a colon. Save colons for a good-sized list.
2. Incorrect. The words before the colon should stand alone as a complete sentence (as in sentence #1).
3. Correct.

Nature Newswatch

Hunter in training

The red fox often inhabits populated areas and may even choose a den site quite close to daily human activity. One documented pair raised a litter under a large brush pile just 100 feet from a busy tennis court!

The fox is an alert, agile and skillful hunter, easily able to avoid human detection, ambush a grouse or match a cottontail's quick moves. It is also an opportunist, and, as the young pups are now learning as they leave the den in midsummer, most any "cats" are acceptable: anything from rabbits and groundhogs, to insects and songbirds, to sweet corn and berries, and even roadkill.

For now, the youngsters continue to hone their reflexes and hunting skills in play-fighting with their siblings near the protection of the den. In just a few weeks, the family will disband, and the young will have to be clever and skilled enough to survive on their own.

Red fox Valpes vulpes
Head and body: 22-25 inches; tail: 14-16 inches

Habitat: open woodlands, fields and croplands

by Tim Herd © 2005 www.naturenewswatch.com

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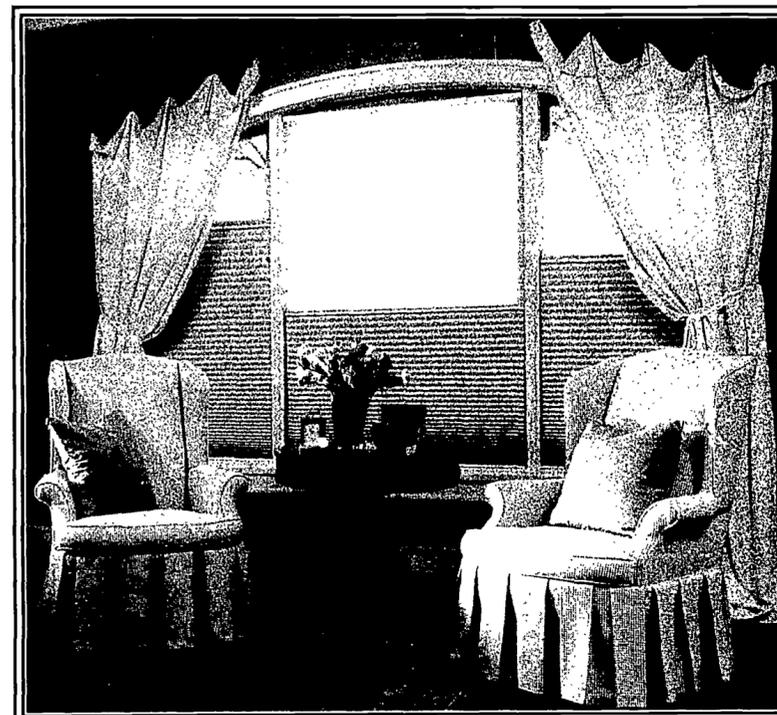
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REAL ESTATE Decor Score

Thinking beyond curtain cute

ROSE BENNETT GILBERT
Copley News Service



Q: The living room in our new house is small and the floor space is kind of complicated. For example, one wall has several windows that face the street. Passersby can look right in. I want to cover the windows for privacy, but I don't want to cut out all the light. Friends have suggested cafe curtains across the bottom, which would leave the top of the windows open to the light, but I think our furniture (mostly 19th century antiques) is too far on the formal side for cafes. What's your advice?

A: You could come up with cafes that feel more formal in their own right. Damask, silk or taffeta would qualify. Rows of silken fringe would cinch the formal feel.

Or you could think beyond curtains and consider one of the many new window solutions available these days. For example, the windows we show here wear an ingenious new concept in shades (Duette Duolite honeycomb shades from Hunter Douglas), that combines light-blocking materials with sheer fabrics that radiant natural daylight without being see-through, much as a translucent lamp shade lets the shine out while masking the bulb itself.

Custom-fit to your windows, the combination can be ordered with

the opaque material on the bottom so you can pull it as high as necessary for street-level privacy, leaving the upper windows wearing only fabric sheer enough to let in the light.

Because shades may be too minimalist for your formal room, you might want to lift an idea from

this room's designer and dress them with a layer of formal side curtains, hung from ribbons and tied back to uncover most of the window area. To check out all the options, go to www.hunterdouglas.com.

Q: We are stuck with wall-to-wall carpeting in a peachy-pink color

that runs through the living room and dining room. We stretched far just to buy this house, we really cannot afford to pull up the carpeting and replace it with a color we do like. What can we do to make it less offensive?

A: First, rethink your impression that you can't afford to pull up the

carpeting. You don't have to replace it, you know. Double-check with your Realtor or pull up one corner of the carpeting and have a peek underneath. You just might find that the floors are wood that's worth refinishing, which is much less expensive than buying new wall-to-wall. Besides, that's an old look. Today's hunger for natural materials has put barc wood floors high up on the most-wanted list. Use smaller area rugs in strategic spots here and there to soften the floor, literally, and add color and noise control.

Until you get around to stripping up your old wall-to-wall, you can also use arca rugs right on top of it to brighten certain spots, such as a seating arrangement. Choose a pattern that makes visual reference to the color of the carpeting underneath so it blends in. And ask your rug dealer about thin mats used under them that will keep the smaller rug from crawling around on the larger carpet's pile.

Rose Bennett Gilbert is the co-author of "Hampton Style" and associate editor of Country Decorating Ideas. Please send your questions to her at Copley News Service, P.O. Box 120190, San Diego, CA 92112-0190, or online at copleystd@copleynews.com. © Copley News Service Visit Copley News Service at www.copleynews.com

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REAL ESTATE

A GREENER VIEW

For honeybees, time is honey

JEFF RUGG
Copley News Service

Q: We have bees swarming a hole in an old black walnut tree. One day they moved to the fence nearby. There were hundreds of them in a small area. My neighbor said there is a shortage of bees in the area. Is there a way to get them to move or would someone be interested in moving them to another location? I am concerned for my grandchildren who play in the backyard sometimes. So far they haven't bothered us, but they could. Would there be honey in the tree? It would be hard to retrieve it as the hole is small.

A: There may very well be someone interested in your beehive. There are people who will "rescue" bees from people's yards. Beekeepers house bees in an apiary. Apiaries are so named because the genus of the honeybee is *apis*. Apiaries are regulated and inspected in every state. For information about bees, go to www.mda.state.mn.us. In the meantime, give the bees some space and they should leave you alone.

You saw hundreds or even thousands of bees in the swarm on the fence. A large hive could reach 20,000 bees at one time. There needs to be that many bees, because of the amount of honey needed for the hive to be able to survive the winter. An individual worker bee can visit a new flower every six seconds and as many as 5,000 flowers in a day. In its entire lifetime of about a month, it will only be able to produce one-tenth of a teaspoon of honey. Not only does the hive produce enough honey for itself to survive the winter, but it produces extra honey that the beekeeper can harvest. An amazing 80 pounds of surplus honey each year can be produced by a single hive. A single pound of honey requires stops at about 2 million flowers and about 55,000 miles of flying. So, for honeybees, time is honey. The first job for a newly hatched

queen bee is to kill her sisters and mother. She then mates with as many drones as possible in the one or two days of her life that she will fly. She will store their sperm in her body to use as needed for several years. She will lay as many as 1,500 eggs per day to about 200,000 per year. Each day, she will produce a pheromone that keeps the sterile female worker bees uninterested in reproduction. If she stops producing the pheromone or eggs, she is a goner. A honeybee that finds a flower full of nectar or pollen in the morning will return all day long until the flower doesn't reward it or the weather changes.

Honeybees communicate the location and distance of blooming flowers to other bees by doing a variety of dances. They can see a wider spectrum of light than we can because they can see into the ultraviolet colors. If you look at many flowers using ultraviolet light, you will see rings and target shaped areas that tell insects where to get nectar. They can also see polarized light that allows them to navigate back to the hive by the different angles of light waves.

Honeybees were brought to North America by early colonists. Much of the nation's natural wild honeybee population has been decimated by a tiny mite. It is so small it lives inside the bee where it clogs up the bee's breathing

passages. Beekeepers have worked very hard to keep the mites out of beehives.

Beekeeping in Egypt has been practiced for more than 4,000 years. In the U.S. today, many beekeepers move their hives to follow the regional blooming of crops. Two million hives are on the move to produce honey and farm crops.

Plants dependent on honeybees for pollination include: alfalfa, almond, apple, avocado, blueberry, cherry, cranberry, cucumber, pear, plum, sunflower and virtually all the melons and vegetables we buy in the store. The USDA estimates that one-third of our diet is derived from insect pollinated plants, with the bees doing 80 percent of the work. If you like watermelons, thank a honeybee. Not only are they responsible for much of our food, they also are the only insects that produce a food for us too.

This work does not go unnoticed by the flowers. They are pollinated by the bee's efforts. The flower lures the bee to itself by producing nectar. The nectar is mostly made of sucrose that is swallowed and stored in the bee's crop. The enzyme invertase is added in the crop and fructose and glucose that together make up about 70 percent of honey is produced. Another 17 percent of honey is water and the rest is a combination of other carbohydrates, vitamins, miner-

als and antioxidants. The nectar provides the hive with the energy food it needs so the workers can work as busy as a bee. Pollen gets all over a bees body as it gets the nectar from the flower. Special comb hairs on the

leg are used to clean the bee. The pollen is carried back to the hive where it provides the bees with protein and other necessary nutri-

Story Continues...
see GREENER VIEW page 25.



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REAL ESTATE

GREENER VIEW

Honey bees
CONTINUED FROM PAGE 24

ents. Honey is naturally colored and flavored by the flowers the bees visit. Darker honey is usually also more highly flavored. More than 300 flavors are found in the United States, including avocado,

clover and orange.

Honey is a versatile food. It is not just a sweetener. It can be used as a thickener for barbecue sauce as well as a cough or sore throat medicine. It has been shown to inhibit the growth of bacteria, yeast and fungi. The high sugar content, high acidity and other ingredients help it treat minor

skin irritations and help it prevent scarring. The downside is that you might be followed around by bears who want to lick you. If you take some honey as a pre-workout energy source, you might outrun the bear as it helps in endurance. It also helps athlete's muscles recuperate after a workout.

If your melon crop has been disappointing, it may be due to the lack of natural wild honeybees. You might have to replicate their work in your garden. Take a small artists paint brush and gather the pollen from one flower and paint it on the pistil of another flower. The pollen is the yellow dust that you will find in the

flower on the ends of the anthers. The pistil is usually in the center of the flower and it often will be tipped with a sticky liquid.

E-mail questions to Jeff Rugg at info@greenerview.com.
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Deck. Replace any loose nails and warped and rotting boards.

Screens & Windows. Fix any torn screens and replace any loose caulking.

Outside Pipes. Repair any that might have been damaged by the cold weather.



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LEGAL NOTICE

The Village of Niles Plan Commission and Zoning Board of Appeals will hold a public hearing on **Monday, August 1, 2005, at 7:30 P.M.** at the Niles Municipal Building, 1000 Civic Center Drive, Niles, Illinois, to hear the following matter(s): **05-ZP-10** - Daniel Loundy, 6445 Western, Chicago. Requesting a special use permit to construct and operate a bank with drive-thru and requesting a variation to Sec X (b) to reduce the required stacking from 6 vehicles to 3 vehicles at 7301 Milwaukee Avenue.

05-ZP-11 - Nuvakh Mishiyev, 8249 Newland, Niles. Requesting a variation to Appendix B, Sec. VII (C) (3) to reduce the required lot area from 6,250 Sq. Ft. to 5,085 Sq. Ft. (19%) and Section VII (C) (4) to reduce required lot width from 50' to 45', 10% at 8249 Newland.

05-ZP-12 - Stamatis Orfanos, 1700 Maple Place, Schaumburg. Requesting a change in zoning from B-1 to B-1 Special Use to operate an automobile accessory store at 9001-C Milwaukee Avenue. The Village of Niles will comply with the Americans With Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodation for a Village Service or have any questions about the Village's compliance, please contact Mary Kay Morrissey, Village Manager, 1000 Civic Center Drive, Niles, Illinois, 847/588-8000.

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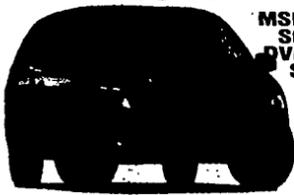


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