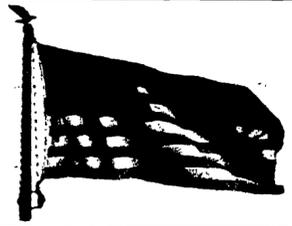




**NOTRE DAME WINS
REGIONAL
SPORTS, PAGE 15**

THE BUGLE



SINCE 1957

June 2, 2005

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ECHOES OF THE ELECTION

James Callero kicked off Niles Zoning Board, LoVerde, Wheel scrape by

BY ANDREW SCHNEIDER
editor@buglenewspapers.com

The local election was clearly fresh in the minds of several trustees at the last Niles Village Board meeting, Tuesday, May 24 when they voted against the reappointment of Zoning Board Member Joe LoVerde, who ran against them in the April consolidated election and dropped long-time Zoning Chair James Callero without any discussion. The decision to drop Callero, however, may be revisited according to Mayor Nicholas Blase.

LoVerde's supporter of the Zoning Board, Alan Weel, was also targeted by members of the board

of trustees, specifically, Andrew Przybylo who spoke out against their reappointment.

"We are an administration," he said. "I cannot, in good conscience, vote in the affirmative for this appointment when this gentleman, who is being appointed by you, Mr. Mayor, and I respect your opinion, did not have the confidence in this board and chose to run against us."

Przybylo voted "present," which means that his vote is cast with the majority. Two other trustees, however, voted with an outright "no," Louella Preston and Bart Murphy. The appointments went through with the support of Blase, who argued that there were going to

Story Continues...
see ECHOES page 3.

Hedrick appointment draws fire from Staackmann for opaqueness

The Morton Grove village board approved the appointment of Joe Hedrick, Caucus Party Supporter and village liaison from the American Legion Post #134 to the Police Pension Fund, but the appointment drew fire from Trustee Dan Staackmann because he said he had no received a resume from Hedrick.

Mayor Rick Krier, who brought

forth Hedrick's nomination, said that he couldn't think of a better person to serve on the board.

"I asked somebody who has served the public for many years," Krier said. "I asked Joe Hedrick if he would consider this appointment and he said he would. I can't think of a better person for the

Story Continues...
see HEDRICK page 7.



Honoring Our Veterans

Joan Kopinski of Ladies Auxillary of American Legion Post 134 in Morton Grove holds poppies for a ceremony honoring Morton Grove's deceased combat veterans during Memorial Day services Sunday afternoon May 29. For more photos from Niles and Park Ridge ceremonies, see pages 7, 14.

Outdoor Fireplaces:

A pleasure to some, smoke machine to others and illegal as far as the Niles Fire Department is concerned

A Niles resident who wished to remain anonymous stopped by the offices of The Bugle last week to express concern over a rampant abuse of the Niles Fire Code: outdoor fireplaces.

The Niles Fire Code prohibits "open burning" and sets specific requirements on the times and con-

ditions that must be met for a permitted burn outdoors. None of the models of outdoor fireplaces that are currently on the market would meet the Niles Code.

"No one knows that they're against the law," the anonymous resident said. "Not only that, they're bad for people who have

health problems."

Niles Deputy Fire Chief Barry Mueller said that, while he recognizes it is impossible to enforce the law completely, if someone makes a call to complain, the Niles Fire Department will come out and make sure that the fire is put out.

"Neighbors don't generally find

[the fireplaces] objectionable," Mueller said.

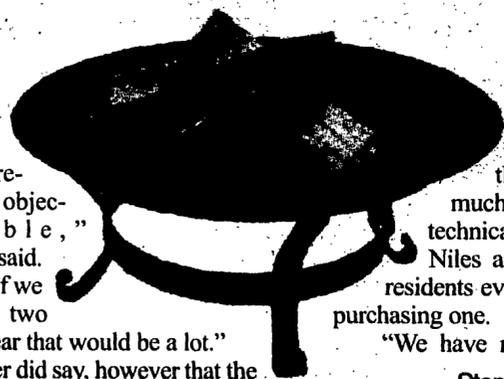
"I'd say if we answer two calls a year that would be a lot."

Mueller did say, however that the fireplaces, which can run for as lit-

tle as \$50 or as much as \$200 are technically illegal in Niles and that some residents even call before purchasing one.

"We have received calls

Story Continues...
see SMOKE page 7.



NEWS

New restaurant approved for Oakton/Prospect



A rendering of the restaurant formerly proposed as "Halloweiner" that will occupy the site of a vacant oil change business at the corner of Oakton and Prospect in Niles.

A new family-themed restaurant was approved for the site of a former oil change business on the corner of Oakton and Prospect in Niles.

The proposal, for a restaurant originally called "Halloweiner," drew opposition from its neighbors both in Niles and Park Ridge, who believed it would create a danger to the children who walk to Emerson Middle School, itself located just west on Oakton.

However, Construction Manager Thomas Crylen, said that the proposed restaurant's owner, Robert Bauer wanted to create a restaurant that would be a great addition to the community.

"It won't be a typical fast-food restaurant," he said. "We think that we've been sensitive to the residents concerns and have created a restaurant that will fit the area well."

Some of those concessions included reduced hours of operation and the abandonment of the "Halloweiner" name. The reduced hours should help increase safety for children heading to school, Crylen believed, because the restaurant wouldn't be open when they left in the morning and the other peak school times are not peak times for the restaurant.

Additionally, the two long curb cuts on Oakton that currently exist

on the property will be reduced to one and one on Prospect. Crylen said that Bauer would also be willing to put in a speed bump in the parking lot if necessary.

Crylen also said that the restaurant, which will be built on the corner with parking on the rear of the lot, will have an outdoor dining area screened from the street.

"We believe the restaurant will be a success because there are no similar restaurants for some distance in either direction on Oakton."

About 15 residents showed up to the meeting, including Harry O'Brien, former head of the Park Ridge Chamber of Commerce who lives across the street from the proposed restaurant.

"We've never received much information on this project," O'Brien said. "When we showed up to committee meeting they weren't interested in what we had to say. It has not been a friendly process."

O'Brien also said that there were a number of good restaurants in the area already.

Some residents from Niles also expressed concern that the restaurant would put additional strain on parking in the area. But village staff have said that the plan meets all parking requirements and should not put a strain on the neighborhood.

NEWS

MG Board changes meeting policies

The new Caucus Party-dominated Morton Grove village board followed up on some of its campaign promises at its last meeting, eliminating, for instance, the "agenda review" session that formerly pre-ceded the regular village board meeting which Mayor Rick Krier had always argued against.

Krier believed that agenda review session was a "back room" style arrangement because much debate was conducted out of the public view. Though the sessions are open to the public Krier believed that few residents were aware of them.

A number of other changes were

also made to the village board's policies including:

- Moving the meeting time to 7:30 p.m. from 7 p.m.
- Elimination of the consent agenda, used by many municipalities to pass what they consider routine measures in a single vote
- Payment of bills is now before the second resident-comment period on non-agenda items. It was formerly the last item on every agenda unless the board convened to executive session.

The village board also moved to make all of its warrants available at the Morton Grove Public Library and on the village's website, www.mortongroveil.org.

Echoes

always be differences of opinion within any administration.

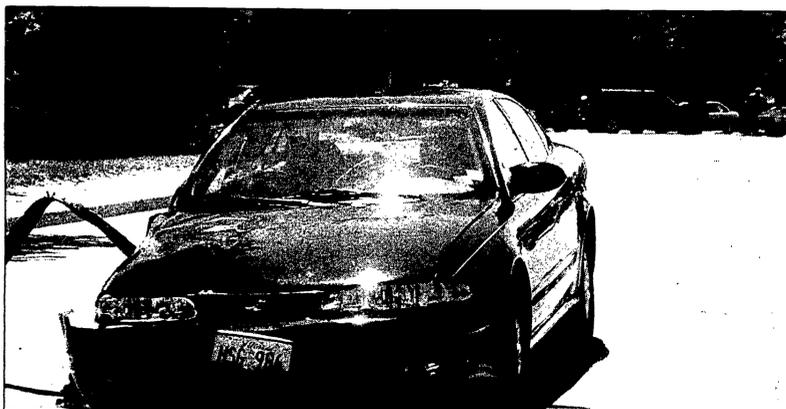
"We're not always going to agree on everything," Blase said. "But we need good, independent people of these board who can do the job."

Blase said that, if there had been a tie, he would vote to confirm all of the appointments.

Speaking Tuesday, LoVerde said that he was troubled that the board of trustees did not support the zoning board.

"I'm supporting the community," LoVerde said. "When the election was over I made a public statement that it was time to move forward and to what was best for the community and I don't believe that removing me or anyone else from the Zoning Board is in the best interest of the community."

One appointment to the Zoning Board did not make it past the trustees, and James Callero, brother of Trustee Robert Callero was removed from the board for no given reason. James Callero had served on the Zoning Board for over 14 years and was appointed chairman last year.



Accident closes Touhy/Gross Point on Memorial Day

A car sits in the center of Touhy after it was involved in an accident with an SUV at the intersection of Touhy and Gross Point Road Monday afternoon May 30. (Photo by Allen Kaleta)

(Continued from page 1)

Blase was disappointed at the board's decision to drop Callero, and said so at the meeting. Last Friday, however, he said that the board would be revisiting the appointment at their next meeting, Tuesday, June 27.

"[Tr. Robert] Callero thought he couldn't second the nomination," Blase said. "So we're going to look at it again."

Blase said that board's decision to drop James Callero had nothing to do with the last election, when he reported taped over the names of Przybylo and Preston on the "Present Leaders for Financial Security" campaign sign in his yard. Instead, he believed the board was concerned over his style

when presiding over meetings of the zoning board which can become over-bearing.

"Maintaining order in those meetings has always been a problem and is always going to be a problem," said Blase. "They're supposed to be that way so that when the issues come to us passions have cooled. On occasion [James Callero] has been known to be less than tolerant."

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HEALTH & FITNESS GUIDE

FITNESS FORUM

Seemingly shifting food facts make it hard to know what's good for you

BY R.J. IGNELZI
Copley News Service

Trying to eat a healthful diet is often like playing a game of "Truth or Dare." What is the current nutritional "truth" about this food? And, do I dare eat it?

It's difficult to keep track of what a food can do to and for your body, when the story keeps changing.

"We continue to learn about the effects of food on our bodies. That's why new information is coming out every year, and it's always changing," says Norma Flood, registered dietitian and nutrition educator for the Scripps Center for Integrative Medicine. "We've learned a lot about foods, but we have a lot more to learn. For example, there are more than 10,000 phytochemicals or plant chemicals in food, and we've studied only a small fraction of them."

Science, however, can't take all the credit or blame for the roller-coaster reputation some foods have endured. A few dietitians say vacillating nutritional information is due to the media and lobbyist hype.

"There's a little bit of a disconnect with what the public thinks about food and reality," says Cheryl Rock, professor of nutrition at University of California San Diego's Medical School. "It's true we're learning more about nutrition, but the wide swings that the public perceives are not as wide as the science. Much of the (fluctuating) information has been prompted by the media and influenced by food commodity groups."

With nutrition stories constantly evolving, what's a frustrated but health-conscious consumer to do?

"The key is moderation," Flood says. "Don't overdo it on any food. There's no perfect food or one diet to fit all. That

will never change."

Several dietitians set the record straight on some good foods that have gotten a bum rap:

EGGS

Old news:

Latest news:



Egg yolks

are

the

most

concentrated

source of

artery-clogging

cholesterol. Don't eat more than once a week.

Latest news: Eggs are only moderate in saturated fat, the main culprit in rising cholesterol levels. Plus, the yolks contain important nutrients, including folic acid, vitamin A and amino acids.

Bottom line: Eggs are an excellent source of protein, so an egg a day can be part of a healthy diet. Just beware of the egg's breakfast buddies - butter, bacon and sausage.

NUTS

Old news: With about 90 percent of their calories coming from fat, say "nuts" to nuts.

Latest news:

Nuts

are

the

most

concentrated

source of

good fats that

lower bad cholesterol (LDL), along with other heart-protecting nutrients. Adding a few nuts to a weight-loss diet may actually help you stick to the plan.

Bottom line: A handful of nuts a day may keep the doctor away. But a one-ounce handful has 160 to 200 calories, so don't overdo it. Nuts are a good substitute for 20 potato chips or three small cookies.

BUTTER

Old news: Margarine is better than butter because it's lower in

saturated fat.

Latest news: Although margarine may have less saturated fat than butter, it's loaded with heart-damaging trans-fatty acids - more harmful than saturated animal fats.

Bottom line: Even though butter is better, intake should still be restricted. Excessive amounts of saturated fats have been tied to heart disease. Consider the newer margarine-like spreads that are trans-fat free and low in saturated fats.

AVOCADOS

Old news: Avoid avocados, they're loaded with fat (about 30 grams).

Latest news: Relax. Avocados do have fat, but it's the heart-healthy kind. Avocados also contain vitamin E and other nutrients that can help reduce the risk of cancer and heart disease.

Bottom line: Avocados are higher in calories than other fruits, so use them judiciously. Try a few slices on a salad or use as a spread substitute for mayonnaise or butter and actually save calories.

SACCHARIN

Old news: Causes cancer in lab rats and not worth the risk for humans.

Latest news: Scientists determined it doesn't cause cancer in humans.

Bottom line: Other no-cal sweeteners (aspartame and Splenda) have surpassed saccharin in flavor and sales. While these sweeteners are supposed to aid weight control, they've done little to slow the rising obesity problem in this country. Limit your intake of artificially sweetened products and substitute fresh fruits, vegetables and water.

BREAD

Old and older news: Eat all the bread you want, said carbohydrate load. Complex carbohydrates supply energy without fat, so you won't gain weight. Then Adkins Diet fans claimed that bread and other carbohydrates made you fat.

Latest news: It's true that breads made of white flour and sugars are empty calories with no nutritional benefits. And too much of them can affect cholesterol. But whole-grain breads are a different story.

Bottom line: Look for breads that have at least 3 grams of fiber per slice. Whole-grain breads also contain B vitamins, magnesium and vitamin E. Eat three servings of whole grains per day.

FROZEN VEGETABLES

Old news: Fresh vegetables

are

healthier than frozen.

Latest news: Fresh vegetables can sit in shipping boxes for a long time and lose nutrient value. Once for ounce, frozen vegetables such as broccoli often supply more beta carotene than fresh broccoli. That's because the frozen generally contains more of the tender buds or florets, which are richer in carotenoids than the stalks.

Bottom line: Frozen vegetables are a great option to fresh, especially when certain fresh produce isn't in season. And since they're frozen immediately after harvest, they retain most of the nutrients.

OILS

Old news: All oils are bad for your cholesterol.

Latest news: Some oils can have a beneficial effect on cholesterol. Mono-unsaturated oils - olive, walnut and canola oils - can lower total cholesterol and triglycerides and maintain HDL (good cholesterol).

Bottom line: Don't be afraid to use oils in salads and cooking as long as they're among the mono-unsaturated oils. But don't overdo. All oils still pack a lot of calories.

SOY

Old news: Soy can make you look and feel young and healthy. Eat plenty.

Latest news: Soy has a weak estrogen effect, so women at risk for breast cancer should limit intake. However, soy's isoflavins have antioxidants with many health benefits, including lowering the risk of prostate cancer. A recent Dutch study disputes claims that soy improves cholesterol levels and bone density in postmenopausal

HEALTH & FITNESS

Exercise caution to prevent injury

Baby boomers, that great generation generally accepted to have been born between the end of World War II and 1960, has forever changed the way we view aging in the United States.

The lead edge of that group is 60 years old, but showing few signs of slowing down. However, while this generation is still taking gyms and sports venues by storm with the spirit of athletes half their age, their maturing joints and muscles are showing the ravages of time.

That's why it is so important for aging boomers to find the appropriate level of activity to prevent injury, especially if they have arthritis or are prone to wear and tear injuries in their joints, warns Dr. James Carpenter, chair of the Department of Orthopedic Surgery at the University of

Michigan Health System.

"Older athletes always need to keep their aging joints in mind when they take on new activities or increase their activity level to avoid injury," Carpenter said. "It's much better to remain active at a healthy level than to work too hard and become injured or to give up activities altogether."

Carpenter and his colleagues tend to see the first signs of wear and tear injury in active adults between the ages of 50 and 60. Most often, these injuries involve the knee, a major weight-bearing joint that tends to take the brunt of physical activity over time, and the shoulder.

Meniscus tears are the most common knee injury, while tears in the rotator cuff are the leading cause of shoulder injuries. About 60 percent of the population will experience a meniscus tear in the

knee, while about 50 percent of the population will suffer a torn rotator cuff.

However, rotator cuff injuries are not typically caused by sports, but come from everyday activities, such as tying shoes or extending the arm too far when reaching for something.

Carpenter says the secret to a long and active life is moderation. Older people need to take things slowly as they go about their active lives.

"The key is to take baby steps," he said. "It's amazing what people can do if they increase their activity level very slowly over a period of time, whether it's walking, swimming or jogging. Taking it slow allows the tissue in the body to gradually get stronger, which protects the body from injury, especially with weight-bearing activities."

CANCER'S VOICE

The American Cancer Society estimates about 10,000 new cases of larynx, or voice box, cancer will be diagnosed in the United States this year. An estimated 3,770 Americans will die in 2005 from laryngeal cancer.

As with many other cancers, the chance of a successful cure is greatly increased by early detection.

One of the first signs of larynx cancer is a change in the way the victim's voice sounds. Hoarseness or a persistent feeling like something is stuck in your throat are two common symptoms of voice box cancer, says Dr. Norman D. Hogikyan, who heads the University of Michigan's Vocal Health Center. "People need to be aware that a voice change can indicate health problems."

Fitness Forum

12 ounces (two meals) of a variety of fish lower in mercury per week. Avoid fish with high mercury levels - swordfish, shark, king mackerel, tilefish and albacore tuna.

are healthier than frozen.

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women. And the jury's still out on its benefit for menopausal symptoms.

Bottom line: It's not a magic food. Eat soy in moderation (two to three servings a day) and choose soy foods - tofu, miso,

(Continued from page 1)

soy milk or soy beans - rather than processed soy powders and supplements.

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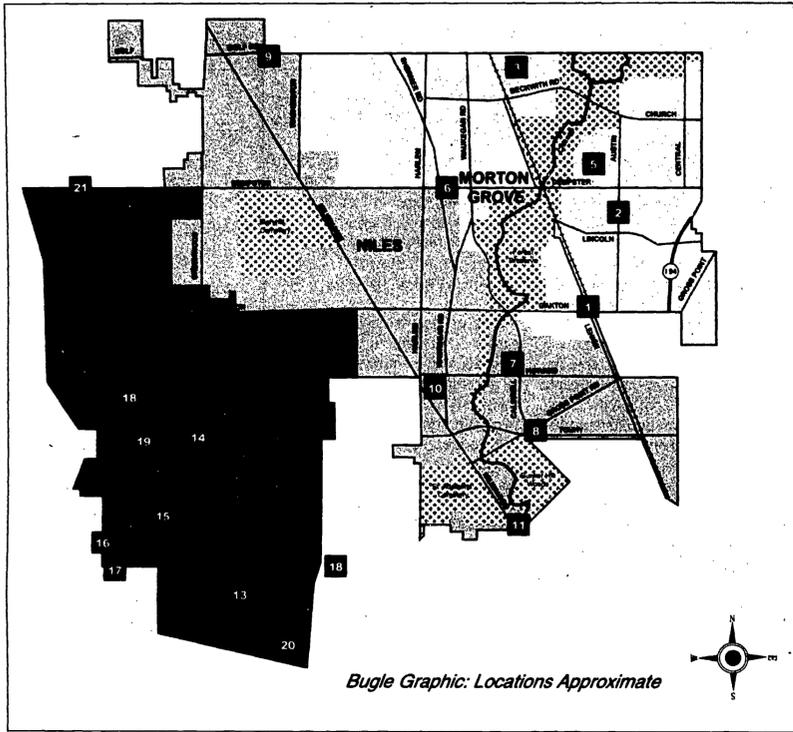
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POLICE BLOTTER



Bugle Graphic: Locations Approximate

MORTON GROVE

The following items were taken from official reports of the Morton Grove Police Department for the week ending May 27, 2005.

1 Retail Theft Fight (6300 Oakton)

A Glenview man, 39, is charged with attacking security officers at a retail store after being detained for retail theft. Menards security officers said they observed the man putting a cheap price tag on an expensive item. After leaving the store, the security officers approached him and brought him into an office in the store. In there, the man elbowed a security officer in the face and starting fighting to escape. Niles police arrived and the suspect was on the ground. They couldn't handcuff him since he was lying on his hands. An officer applied a pressure point move and was able to handcuff the suspect. The man refused to sign paperwork on the scene and told an officer he saw the merchandise had no price tag so he simply put one on it.

4 Identity Theft (Mexico)

A woman, 76, learned that her credit card has been used in Mexico. A total of five fraudulent charges equaled about \$665.

5 DUI (6300 Dempster)

A Morton Grove police officer observed a Chevy Blazer speeding last week. The vehicle was allegedly traveling 70 mph in a 30 mph zone and swerving in and out of traffic. When the officer activated his lights to pull the vehicle over, the driver, 23, of Chicago accelerated and continued to swerve "in and out of traffic." He finally pulled

2 Tree Falls on Car (8600 Georgiana)

A tree limb fell on top of a parked 1996 Grand Marquis owned by a 46-year-old Morton Grove man last week.

3 Gypsy Scam (9400 Ozark)

An elderly couple were victimized by a scam May 21. The husband was mowing the lawn that afternoon when a van pulled up. The driver told the man that his concrete sidewalk needs repair. He'll do it for \$1,800. They haggled on price and the man agreed to fix the sidewalk for a lower rate. As he was pouring concrete, a 4-year-old emerged from the van and asked to use the bathroom. A woman in her 30's went inside the house and asked the elderly woman for a tour of the patio "in order to distract her." After an hour, the man was paid \$250 for the concrete work. The elderly couple soon discovered six missing pension checks and \$1,100 cash gone. This is not the first time they have been victimized, according to the police report.

over, tested positive for drinking and was arrested.

6 Cards Swiped from Wallets (6800 Dempster)

A Glenview man, 42, was left his wallet inside a locker at Bally's Health Club while working out May 20. When he returned, he noticed the lock had been damaged. His credit card and debit card were removed from the wallet. The offender went to Target in Niles and spent \$650. Another man, 32, of Lincolnwood had two cards taken from his wallet in the locker at the same date and time. The offender went to Toys 'R Us at Golf and Milwaukee and spent \$567.

NILES

The following items were taken from official reports of the Niles Police Department for the week ending May 27, 2005.

7 Crushed by Granite Slabs (7800 Caldwell)

An employee of the American Flooring Factory, 36, of Chicago was crushed and incapacitated by five-granite slabs weighing 1,000 lbs. The victim and others were unloading the slabs when they fell over and landed on the man at 4:20 p.m. He was transported to Lutheran general Hospital by the fire department.

8 Party Out of Control (6800 Caldwell)

Police were dispatched at 10:30 p.m. May 25 to the 6800 block of Caldwell to respond to a fight in progress. They saw a crowd of 40-60 youths running away and jumping over fences. They discovered empty beer bottles and cited the homeowner, 50, for furnishing alcohol to minors.

9 Tobacco Sting #1 (8200 Golf)

Niles police busted a merchant for selling cigarettes to a 17-year-old May 25. The clerk of Liberty Store allegedly sold tobacco to a minor at 7:36 May 25.

10 Sting #2 (8000 N. Waukegan)

Police also nabbed a second merchant for under-age cigarette sales May 25 at the N&M Food Mart on the 8000 block of N. Waukegan.

11 Loud Music (6800 Milwaukee)

Police responded to a noise complaint May 25 for loud music at the Village Pub. AN officer told the bar to keep the noise down and close the back door so the music sound will not drift outdoors.

12 K-9 searches schools (Addison, Villa Park)

Niles K-9 officer Max searched Addison Trails High School May 25 and showed interest in two purses. The K-9 also searched Willowbrook High School in Villa Park. There, the students' belongings were placed in a room and searched by Max. He showed interest in a bag which was promptly turned over to school authorities.

PARK RIDGE

The following items were taken from official reports of the Park Ridge Police Department for the week ending May 31, 2005.

13 Burglary (1300 S. Courtland)

Two laptop computers valued at \$3,600 were reported stolen from a building in the 1300 block of Courtland Tuesday night May 23. Police said someone entered the building by breaking the glass on the north side.

14 Two autos burglarized in same lot (1200 Touhy)

A 1995 Ford Bronco and a 1991 Oldsmobile were burglarized Wednesday morning May 25 when someone smashed out the

driver's side window of both cars. The stereo was stolen from the Oldsmobile and the Ford Bronco stereo was damaged. Police said the owner's reported 50 compact discs missing.

Burglary to car (1400 Arthur)

Tools valued at \$270 were stolen from a 1990 Nissan truck parked in the driveway of a home in the 1400 block of Arthur Friday night May 20. Police said someone pried open the truck's door.

Burglary to car (1100 S. Dee)

A Pioneer in-dash stereo valued at \$300 was taken from a 1997 Ford Probe parked in the lot of business in the 1100 block of Dee Tuesday morning May 24. Owner told police he was not sure the car was locked.

Burglary to car (1100 S. Dee)

A Pioneer in-dash stereo valued at \$400 was stolen from a 1999 Honda Civic parked in the lot of a business in the 1100 block of S. Dee Thursday morning May 26.

Vandalism (500 N. Hamlin)

The front windshield of a 2002 Infiniti I35 was smashed by a vandal using a landscaping cinder block Saturday night May 21.

Vandalism (100 Lincoln)

The front windshield of a 1995 Toyota Tercel was broken by a vandal using a landscaping brick Friday night May 20.

Vandalism (1200 S. Courtland)

A 1997 Oldsmobile was damaged Wednesday night May 25 when vandals spray painted the driver's side door while the car was parked in the driveway of a home in the 1200 block of Courtland.

Purse stolen (1700 Dempster)

A wallet was reported missing from a purse in the waiting room of business in the 1700 block of Dempster Friday afternoon May 13. The woman said she placed her jacket and purse on the chair and later found out her wallet containing her identification and credit cards was missing.

All information printed in the 'Police Blotters' is obtained from written reports of the respective police departments.

NEWS

Finalists Selected for Vacant 4th Ward Seat

Allegretti, McConville and Raspanti vying for vacant aldermanic seat

BY JEFF BORGARDT
jborgardt@buglenewspapers.com

The race to fill the vacant fourth-ward aldermanic seat in Park Ridge has been narrowed to three finalists. Last Thursday, a committee appointed by the mayor interviewed 10 candidates for the post.

They voted to narrow the field to attorney Jim Allegretti, attorney Terry McConville and insurance executive Sal Raspanti.

Each candidate appeared before the board. They gave a 10-minute speech and then answered questions for another 10-minutes.

The meeting began at 7 p.m. and wrapped up about 10:30 p.m.

Raspanti was elected to Park Board April 5 and works at FM Global Insurance in Park Ridge.

The three finalists will be interviewed by current fourth-ward alderman Jim Radermacher and mayor

Howard Frimark.

Frimark will then put forward his choice.

"Everyone on the committee voted on their own issues," Radermacher said.

"I think the candidates were judged by individual experience, community involvement and their ideas. Those were the three main factors."

The other seven candidates who sought the seat were Keith Benedix, Jennifer Munao, Aurora Austriaco, George Lacort, George Kirkland, Charles Baldacchino and Scott Sutschek.

Each candidate answered the same pre-submitted questions.

The interview committee included seven members. The winner is expected to be named in about one-week. He must be then approved by the City Council.

Filling the vacant seat has been a matter of controversy in Park Ridge.

Some aldermen voiced fears that the city council member

would be selected behind doors by the mayor.

They expressed a desire to play a role in the appointment.

Under the law, the council has the right to "advice and consent" on the appointment. The committee interview procedure used Thursday was devised to address these concerns.

"This is a tremendous opportunity," Raspanti said. "Being an alderman has been on my radar screen. It a chance to provide greater service to the community."

When asked if he would resign his seat on the Park Board if appointed alderman, he said he "would give it serious thought."

"I don't think it's physically possible to do both," he said. But he refused to categorically state he would resign the park seat if he is ascended to the city council.

He also said he talked over his candidacy with his family and the Park Board before making this move.



I Love a Parade

Families line the parade route on Main Street in Park Ridge Monday to watch the Memorial Day Parade floats go by.

Hedrick

position."

Staackmann raised objections to the nomination because he said that he had not received a resume in advance of the vote.

"In the future, I would like to see positions like this one advertised and maybe put on the village's website," Staackmann said. "That way we could have a larger pool of applicants to draw on."

Smoke

asking whether or not they were legal," he said. "We let them know that they are not."

The fireplaces are carried by stores such as Home Depot, Target and other major retailers, many of which are located in Niles. Mayor Nick Blase said that the village

board may even have to look into changing the ordinance because there may be an issue with a store in the village selling an item which it is illegal to own.

Morton Grove, on the other, has ordinances designed to deal with the fireplaces.

(Continued from page 1)

Hedrick himself was proud and thankful for the opportunity to serve.

"I've been a resident for 30 years," he said. "It's a real honor and I plan on doing the job to the best of my ability."

(Continued from page 1)

"They're allowed for recreational use," said Morton Grove Fire Capt. Bill Porter.

"The ordinance states that if the wind is blowing smoke and ash into your neighbor's yard than you have to put it out."

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Above comes w/ choice of soup or salad, potatoes or vegetable; coffee, tea or iced tea. Dessert includes rice pudding, tapioca or a chocolate sundae.

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COMMENTARY

OPINION AND ANALYSIS: Army gender wars, redux

BY ROBERT J. CALDWELL
Copley News Service

The U.S. Army doesn't know it yet but it owes the House Armed Services Committee and its chairman, San Diego's Rep. Duncan Hunter, a debt of thanks. In a largely party-line vote Wednesday night, the committee's Republican majority voted to codify the Army's own regulations and Defense Department policy on keeping women soldiers out of ground combat units.

That reaffirms Pentagon and Army policies formally adopted in 1994 that units assigned the role of direct ground combat - infantry, armor, cannon artillery and Special Forces - should remain closed to female soldiers. The Army says it agrees with that policy and is complying fully. Yet, paradoxically, it objected to what it called the committee's "unnecessary" legislation that "does not provide further clarification and may in fact lead to confusion on the part of commanders and Soldiers."

If there is any confusion here, it's of the Army's own making. More to the point, it opens the emotionally charged issue of women in combat that proved so disruptive to the armed services a decade ago. Now the wrenching gender battle must likely be refought even as the Army strains to cover its combat commitments in Iraq and Afghanistan, accomplish the wholesale reorganization required by Defense Secretary Donald Rumsfeld's sweeping transformation plans, plus cope with growing shortages in recruitment. A new gender fight is a battle the Army doesn't need, especially now.

In 2004, Army planners working on the service's transformation from divisional-sized units to

smaller, more agile brigade formations decreed creation of something called forward support companies. The mission assigned to these companies by the Army was to be "embedded" and "co-located" with infantry and armor battalions designated to close with and destroy the enemy in ground combat. What sparked controversy was the Army's decision to open these forward support companies to female soldiers. That decision blurred the gender demarcation line between direct ground combat units, from which women are excluded, and support units that are open to females.

Among those who objected was the formidable Elaine Donnelly, president of the Center for Military Readiness and a tenacious opponent of putting women into direct combat. Donnelly took her cogently argued protests all the way to the Army's top leadership in the Pentagon.

The Army reacted, clumsily and implausibly, by pledging that female soldiers assigned to the forward support companies would be withdrawn from these units before they went into battle. That's still the Army's position.

But it's one that makes little military or practical sense.

The Army originally said that only about two dozen of the roughly 225 positions in the forward support companies would be available to women. But the Army now concedes that as many as 168 positions in these companies would be theoretically open to female soldiers trained as vehicle mechanics, supply specialists, truck drivers and the like. Imagine how well a unit assigned a direct combat support role would perform if somewhere between 10 percent and more than half of its soldiers were pulled out before the fighting began. That's a surefire formula for mission fail-

ure. The Army could have avoided this potential fiasco by designating the forward support companies intended to accompany infantry and armor units into battle as male-only units. It didn't, and now the Army is left to devise a workable solution that keeps women out of direct combat but still provides essential battlefield support to infantry and armor battalions.

Hunter's committee left that conundrum to the Army to solve. Meanwhile, what of the larger debate over women in combat?

Whatever the offense to feminist ideologues and naive civilian notions of political correctness, the rationale for gender inequality on the battlefield is well founded, and acknowledged by virtually every army in the world. On average, young women have only half the upper-body strength and two-thirds the cardiovascular fitness of male soldiers. Infantry soldiers go into battle lugging up to 75 pounds of equipment - weapons, ammunition, flak jacket, helmet, rucksack and other essential items - even as they are being shot at. In combat, strength and endurance (beyond what most civilians can imagine) are essential to winning and surviving; bluntly defined as killing the enemy, staying alive and keeping your buddies alive, too.

So, beyond any cultural and psychological factors (including the primordial male bonding indispensable to unit cohesion in battle), the brutal physical requirements of ground warfare argue persuasively for keeping those units intended for close combat with the enemy all male.

Moreover, that's a view shared by most women in the Army. Opinion surveys conducted by the Army for a decade through 2001 found 80 to 90 percent of female soldiers consistently opposed to

"being assigned to combat units on the same basis as men."

Some Democrats on the House Armed Services Committee argued that excluding women from combat units would deny them "career opportunities" (as if the military's mission was to provide equal opportunity employment rather than to win wars). Nonsense, says Hunter. "Not one new MOS (military occupational specialty) was closed to women as a result of our amendment." Of the Army's 941 job categories for enlisted soldiers, officers and warrant officers, only 75 are closed to women. Hunter's amendment left those numbers unchanged.

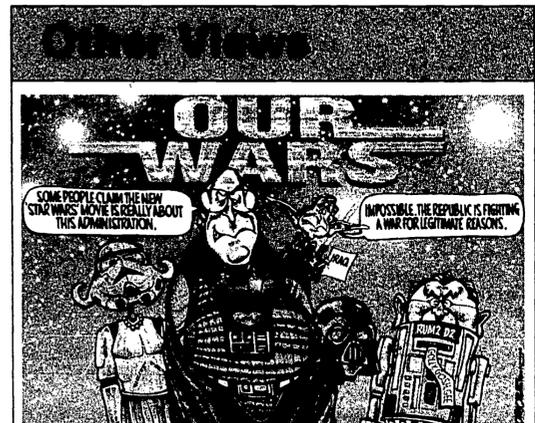
Some argue that the Army's experience in Iraq shows that restrictions on women in direct combat are outmoded. How so? Yes, many of the Army's 9,000 female soldiers serving, valiantly and well, across the gamut of support functions in Iraq's "360-degree war" are sometimes exposed to hostile fire. As of last week, 32 Army women had been killed and more than 270 wounded since 2003. But that compares to some 1,500 male soldiers and

Marines killed and more than 11,000 wounded. That women serving as military police, truck drivers, supply clerks, mechanics, administrative specialists and medical personnel are subject to attack doesn't translate to an argument for putting them in the infantry. It only means that in an unconventional war with no front lines, every American in uniform is potentially at risk.

Does passage of the Hunter amendment mean that this latest battle in the military's gender war is over? Hunter, a combat veteran of Vietnam and well-versed in the military's gender struggles, says the debate is far from over.

"The Democrats are active on the floor (where Hunter's legislation is headed), they're working right now. They're going to try to posit this, I think, as a women's rights issue. There is no shortage of liberals in Washington who will be happy to push women into the range of the mortars and the machine guns - into fighting it out in 15-yard firefights."

Robert J. Caldwell is editor of the San Diego Union-Tribune's Sunday Insight section.



Cartoons From Copley News Service

BUSINESS

Better check out your pension fund report



The Securities and Exchange Commission recently issued a staff report that revealed serious ethical lapses in the management of an untold number of pension funds.

During the announcement in Washington, D.C., however, nobody was indicted. No culprits were named. And the language in the seven-page report was written with true bureaucratic flair.

But the SEC report - despite lacking the sensationalism of "American Idol" - is important to digest. In fact, what the document reveals should be understood by anybody who is receiving a pension or expects to have one in the future.

When most people think about pension problems, they immediately think about underfunded pension plans, such as the City of San Diego's, or plans that are ditched by corporations.

For instance, a bankruptcy judge recently granted United Airlines permission to walk away from its pension obligations. But there are other more subtle threats to the integrity and health of the nation's retirement plans that can potentially cost a single pension plan millions in lost dollars.

What the ongoing federal investigation clearly indicates is that even if a pension plan doesn't collapse, it doesn't mean that it's healthy. Below the skin, a raft of conflicts of interests could be attacking the financial health of a corporate or governmental pension plan.

Specifically, what the federal investigators examined was the murky world of pension consultants. Many pension boards rely on pension consultants who advise trustees on the hiring and firing of mutual fund and money management firms.

These consultants also provide guidance on how to divide these monster portfolios into stocks,

bonds, overseas holdings and other investments. The advisers will also typically recommend custodians, brokerages and administrators to conduct the investment trades, keep the records and other tasks.

Some are mom-and-pop shops, but others, such as Callan Associates, are quite large.

All this would sound completely reasonable if these advisers worked exclusively for the benefit of the pension plans.

But the SEC report suggested that plenty of them don't. Some consulting firms, including major players like Callan, are not content with simply billing pension clients. They also seek compensation from money management and mutual fund firms, who may covet investing gigs at pension plans or want to hold onto the ones they've got.

Double dipping is the best term that I can think of to describe this arrangement.

A mutual fund company, however, isn't going to cut a check to a pension consultant specifically to reward it for making an invaluable introduction to a pension client. The money trail is more circuitous.

Money management firms buy services from pension consultants that they may not even need. For instance, in the SEC study, which covered 24 pension consulting firms - including Callan and many of the nation's largest - 10 firms sold software programs to money managers, which cost as much as \$70,000 a year.

Consultants also held complimentary conferences for pension clients and charged investment firms to attend. Is anybody else wondering how a consulting firm can possibly provide objective advice to its pension customers when it's also getting paid by people who want pension business?

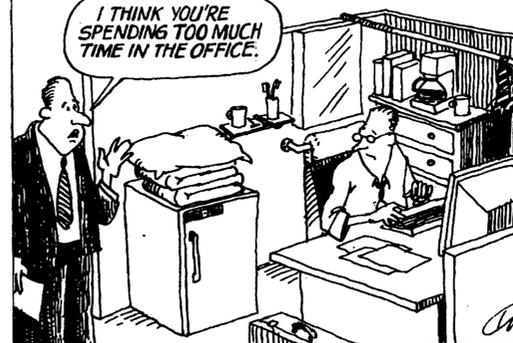
Here's another dubious practice the SEC highlighted: Some consultants recommend that pension investment transactions - such as trading stocks and bonds - be processed through their own affiliated broker-dealers. That means the consultants can get a cut of these transaction fees.



Local businesses show for Memorial Day

Liberty Bank employees and Lady Liberty wave to the large crowd along the parade route. The employees gave away 750 baby blue spruce trees for the theme "We are putting down roots in Park Ridge". The bank opens in July.

EVERYBODY'S BUSINESS



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COMMUNITY ANNOUNCEMENTS



EDISON-NORWOOD-O'HARE KIWANIS PRESENTS AWARDS TO FOUR LOCAL HIGH SCHOOL LEADERS

Four students from three local high schools recently received Leadership and Community Service Awards from the Edison-Norwood-O'Hare Kiwanis Club. The awards recognized each student's contribution to community and society, showing by example the importance of giving back without expecting compensation. Making the presentation to Resurrection High School junior Maureen Kelly (fourth from left), recipient of a \$100 U.S. Savings Bond, are Kiwanis

president Tom Anderson (right) and Kiwanis Scholarship Committee chair Marcia Mahood (left). Kelly was joined by guidance counselor Elfie Smith (second from left), Key Club advisor Mike Longo, associate principal David Downing (fourth from right), campus minister Jerry Chenski (third from right), and guidance counselor Maureen Pischke. Resurrection High School senior Andrea Tamillo, who was unable to attend the ceremony, received a \$250 scholarship. Other recipi-

ents included Ridgewood High School senior Natalia Ostrowski and Taft High School senior Mary Foerster, each of who received a \$250 scholarship. The presentations took place during a special luncheon at the Norwood Park Home, 6016-20 N. Nina Ave. in Chicago, where the Edison-Norwood-O'Hare Kiwanis meets twice a month. Kiwanis is an international organization that fosters community service, leadership and self-improvement.



Nor-Wood Life Care hosts Norwegian Dignitaries at Syttende Mai Luncheon

A luncheon to celebrate the 100th anniversary of Norway's independence as a country on May 17 was hosted by Nor-Wood Life Care NFP and held at Norwood Park Home, 6016-20 N. Nina Ave. in Chicago. Special guest to the Syttende Mai event was Agot Valle (second from right), president of the Odelsting

(Lower House of the Parliament of Norway) and her husband, Yngve Seteras. She extended greetings to the many Norwegian-American guests and residents of Norwood Park Home before exchanging gifts with Marcia Mahood (left), Nor-Wood Life Care CEO.

Also participating in the program was Lindy Anderson, who

represented her husband, Paul Anderson, honorary Consul General of Norway. The Grieg Lady Singers, a Norwegian choral group with piano accompaniment, provided entertainment. The gathering was one of several Independence Day events in the Chicago area that included a parade through downtown Park

Glenbrook Terrace hosts blood drive



Ginee Ames, marketing director for Glenview Terrace, presents Adrian Waszczuk, supervisor at AMC Medical Carrier with a "Together We Care" t-shirt as part of a week-long observation by Glenview Terrace to honor all emergency medical personnel.



Glenview Terrace Employee Patty Winters donates blood during a recent Blood Drive sponsored by LifeSource and Glenview Terrace. Alina Makol, a phlebotomist with LifeSource, collects the blood.

PNA Northside Seniors to meet June 8 at Lido Banquets

The POLISH NATIONAL ALLIANCE Northside seniors will meet Wednesday, June 8, 2005, at 10:00 a.m. at the LIDO BANQUET HALL, 5504 NORTH MILWAUKEE AVE, CHICAGO, IL.

We will be entertained by the NA KUPUNA UKELELE CLUB. Na Kupuna in Hawaiian means "Senior Citizens" or "Grandparents," so let's get together and invite a friend or neighbor and enjoy a great performance and an outpouring of fraternalism. Refreshments will be served. For more information call (773) 286-0500 ext. 309 or 316.

SENIORS

Monthly Luncheon a "Hit" for the MaineStreamers

One of the more popular activities of the Maine Township MaineStreamers is their monthly luncheon. The MaineStreamers, a social group for residents 55 years of age and older, have the opportunity to attend their luncheons each month.

The luncheons are held at banquet facilities throughout Maine Township. They include Crystal Palace in Park Ridge, Chateau Ritz in Niles, Grazies' and Casa Royale in Des Plaines. For a price of \$13.50 for the regular menu and \$14.50 for fish or for a guest, the MaineStreamer

enjoys an afternoon of socialization, a three-course meal, entertainment and bingo.

The best part of the afternoon is seeing over 300 MaineStreamers enjoy an afternoon together. Don't worry if you do not know anyone...they have trained volunteers to get

you acquainted to the event!

The next monthly luncheon is scheduled for Tuesday, June 14 at Casa Royale, 783 Lee St. in Des Plaines. The luncheon features a menu of a Signature Salad, Chicken Wellington, Vegetable, Potato, Rolls and Butter followed by Dessert. The

entertainment features The "Four Betty's"- an a-cappella quartet that will perform a variety of songs...then enjoy bingo! For more information about this program or the MaineStreamers organization, please call Maine Town Hall at 1-847-297-2510.

Niles Seniors are 'Forever Plaid'

Niles Senior News

588-8420. MEN'S CLUB SPRING BBQ, Friday, June 17th, 11:00AM - 2:00PM. It's BBQ time at the Center and tickets are going fast! Lunch, served at 11:30AM, features burgers and brats fresh off the grill, Baked beans, German potato salad and ice cream for dessert. Then we'll go "Down Memory Lane" with Young at Heart. \$10. Reserved Seating.

MOONLIGHTERS AT THE METROPOLIS FOR FOREVER PLAID, Sunday, June 26th

Join us for this entertaining Sunday afternoon. First we'll enjoy a fabulous lunch at the Wellington in Arlington Heights. Entrée choice of Broiled Pork Chops, London Broil, or Shrimp Alfredo. Then it's off to the Metropolis Theater to see Forever Plaid, a musical comedy about a 50's singing group that suffers a tragic accident on their way to their first gig and their miraculous return to earth 25 years later for a chance to fulfill their dreams of success. Open to both residents and non-residents of Niles. Check-in at the Senior Center is at 12:00 (noon); we should return by 5:30PM. Cost: \$50.

CELEBRATE BASTILLE DAY AT THE CENTER, Thursday, July 14, 12 Noon - 2:00PM. Celebrate with a Cabaret featuring Claudia Hommel, best known for her cabaret concerts featuring French and American Songs about Paris. Open to both residents and non-residents of Niles. Lunch will be served prior to the performance. Cost \$10.

ATTENTION, ALL NILES SENIOR SPELLERS! IT'S REGIONAL SPELLING BEE TIME! Anyone who loves to spell is invited to join this fun filled competition, Thursday, July 14th at 10:30am. The top two winners of our Local Spelling Bee will represent the Niles Senior Center at the Regional Spelling Bee hosted by Maine Township, Tuesday, August 2nd at 10:00am. All seniors invited! Prizes!

For more information, contact Jaymi at 847-588-8420. NILES SENIOR CENTER RED HATTER LUNCHEONS (must be a Red Hatter) For more information about the Red Hatters, how to become a member, and/or information about outings, contact Kelly (847) 588-8420.

Wednesday, June 15th - Amici Ristorante \$16.50
Tuesday, July 12th - Mystic Blue Cruise (Navy Pier) \$36.50

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SENIORS

Maine Township MaineStreamers Announce Summer Activities

Maine Township Senior News

The Maine Township MaineStreamers program offers a variety of opportunities for residents 55 and older. Most activities such as the following take place at Maine Town Hall located at 1700 Ballard Rd. in Park Ridge. Members pay individually for whichever activities they want to participate in. For

more information contact the MaineStreamers at 1-847-297-2510 or visit us at www.Mainetown.com.

INTRODUCTION TO INDIAN CULTURE

Mondays, June 6 to 27 - 4 sessions
2:00 p.m. to 3:00 p.m.

Instructor: Swami Ganeshanandji
No Charge - Registration Required

The enchanting country of India will be visited thru music, Yoga

and meditation techniques, astrology and history. Food samplings will be featured.

FATHER'S DAY LUNCHEON

Tuesday, June 14
Doors Open: 11:00 a.m.
Lunch served: 12:00 noon
Casa Royale, 783 Lee St. in Des Plaines

Cost: \$13.00 members/\$14.00 guests + \$1.00 fish

Today's luncheon will feature The "FOUR BETTYS" - an a cappella quartet singing a variety

of songs for your listening pleasure. They were named Female Quartet Champions. Each gentleman will receive a "special gift" in his honor.

Prior to the performance, you will enjoy a lunch featuring a Signature Salad, Chicken Wellington, Vegetable, Potato and Lemon Sorbet for Dessert.

COMPUTER WORKSHOP

"e-Bay Selling 101"
Tuesday, June 21
3:00 p.m. to 5:00 p.m.

Cost: \$10.00 - Registration Required
Presenter: Lee Huber

Would you like to clear some of your clutter and make extra money selling it on e-Bay? Here is a workshop to learn the basics of e-Bay selling. Learn to open an account, set pricing and more.

Day Trips

The following Day Trips are currently on sale. In order to sign up for a Day Trip you must first sign up to be a member and then a reservation form will be sent to you. To become a member call the MaineStreamers at 1-847-297-2510 and ask for an application. All Day Trips

depart from the State of Illinois Building, 9511 Harrison St. in Des Plaines.

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SENIORS

AGING LIFESTYLES

The cantankerous patient

BY JOE VOLZ
Copley News Service

This story is about a cantankerous patient with a serious illness that might sound familiar to many a caregiver.

We have changed the names to protect the guilty.

Adolph, a nonagenarian with cancer, has been an alcoholic bully all of his life. Now, suffering from a tumor that will slowly rob him of his life, he has not changed his attitude toward his children, who are in their 50s and 60s. He is just as verbally abusive as ever.

He remains stubborn and disparaging toward the daughter - we'll call her Patience - who has chosen, for some inexplicable reason, to put up with his abuse over the years and now has assigned herself the role of caregiver. In fact, she is even talking of moving in with him in his final hours should he choose to stay in his home as he wishes.

Adolph's lifelong anger has just increased as he faces death, preceded by the loss of control of his life.

At this point, before we continue, let's point out that he is in full

possession of his faculties. He is not demented. Caregiver treatment toward those suffering from dementia or Alzheimer's disease is markedly different.

We are talking about a difficult patient who knows what he is doing. And we are talking about adult children of this alcoholic - he continues to drink heavily - who have been scarred by his alcoholism, but have never really come to terms with it.

All of his children, except Patience, have long since moved away. Some, alcoholics themselves, are hardly in a condition to help him now.

We turned to Donna Schempp, program director of the San Francisco-based Family Caregiver Alliance, for advice on dealing with alcoholic older parents.

Schempp advises caregivers, usually daughters, "The important thing is to realize you can't change the elderly parent or fix his life."

She adds, "It is really important to look at why you are choosing to care for this difficult person. Is it a sense of responsibility? Wanting to be a good person? Or trying to rescue the patient?"

"Why has Patience chosen to be

the caregiver? There has to be a reason. It is not simplistic for someone to take on something like this."

Patience has been visiting her widowed father, who lives 15 minutes away, daily for years. In his inebriated state at night, he has often ridiculed her. At one point a few months ago, before he was diagnosed with cancer, the pair got into a screaming match and Patience called off plans to cele-

brate his birthday, deciding not to visit him at night anymore.

Schempp says it is important for Patience "to protect herself. If her father is being verbally abusive, she should learn to walk away."

Well, what can the rest of the family do? When Patience's sister and brothers suggest that she urge Dad to move into an assisted living facility - he can afford it - or at least bring in a health aide, she hesitates to confront him. He is ambivalent

at first, asserting that he definitely wants to stay in his house. But later, he says that he does not want to be a burden on Patience. So Patience, who operates a business with her husband, is willing to suffer. She will move in.

The rest of the family's attitude is: "Let's see what happens." That may not be the best course of action. Perhaps a little research or help from professional caregivers might not be a bad idea.

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Michelle Caldwell,
Special Care Unit Director

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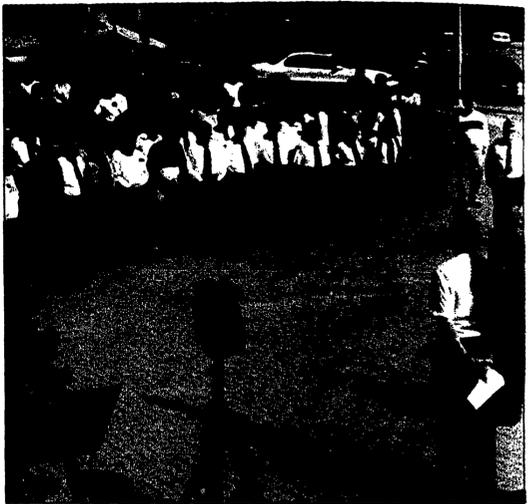
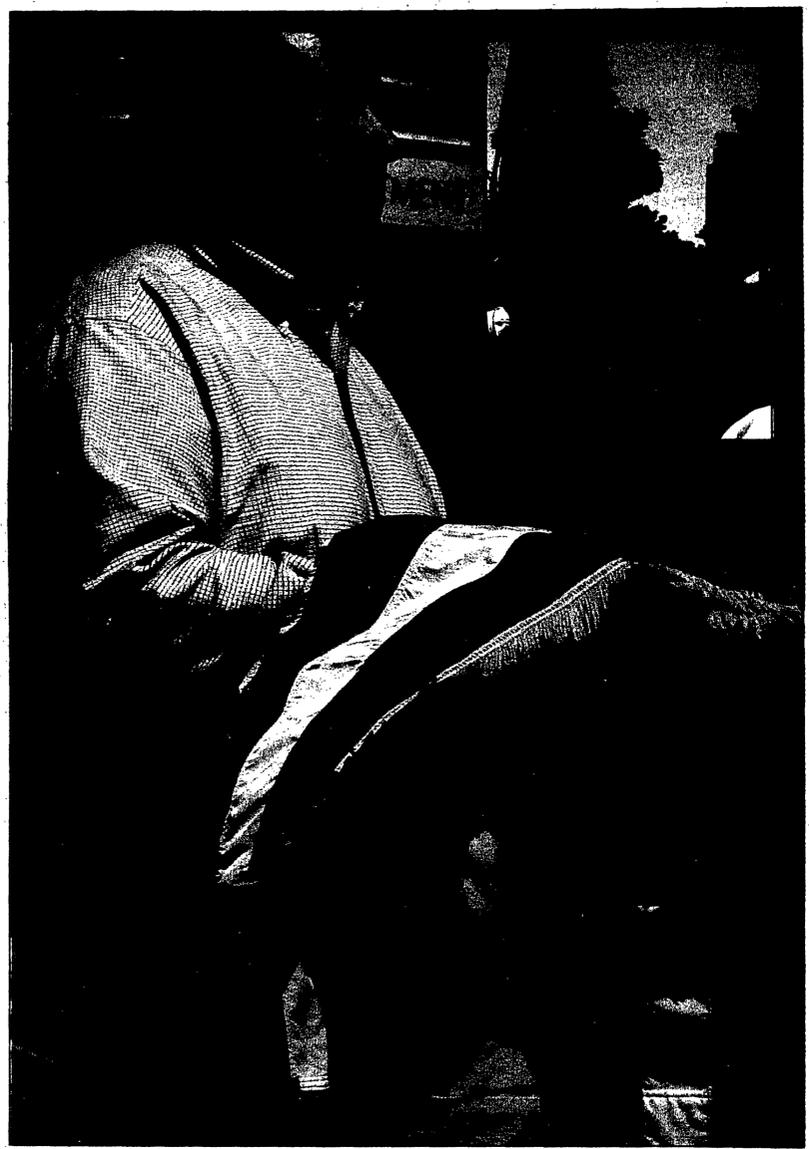
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NEWS

Niles honors its heroes



Niles celebrated Memorial Day Monday in its traditional fashion, with a ceremony at the Veterans Memorial Waterfall on Milwaukee and Touhy. Over 100 people turned out for the event where the village of Niles presented a flag that flew over the Nation's Capital in the 1960s. In the photo at left, Niles Resident John Preston carries the flag that was presented to the village by the office of Senator Everett Dirksen. Trustee Bob Callero said that the flag has been kept in the village's treasured archives since that time.
(Photos by Andrew Schneider/Bugle)

SPORTS

Dons crush Wolves 10-0

Victory secures Dons a trip to the Sectionals for the second straight year

BY RYAN BISHOP
rbishop@buglenewspapers.com

Coach Bob Kostuch and his Notre Dame Don baseball team have done it again.

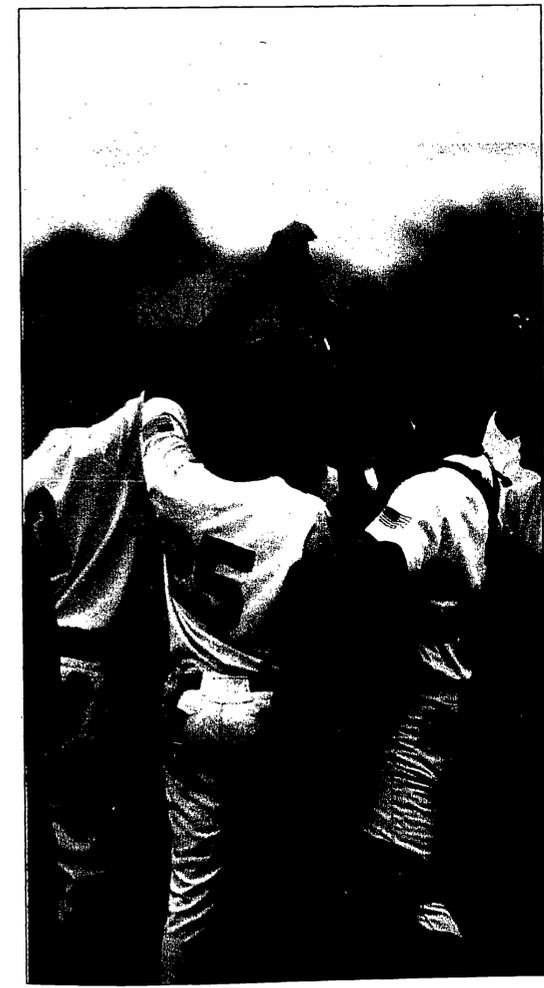
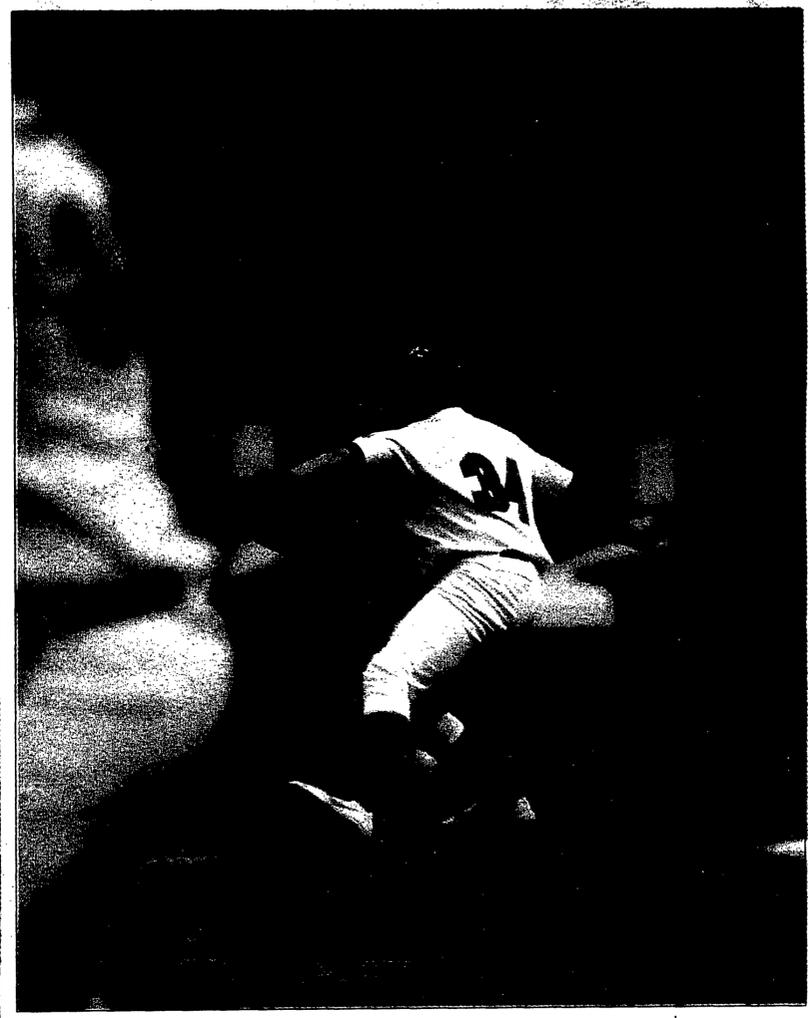
For the second straight year the team has made it to sectionals, capturing the regional title last Saturday. The Dons are shooting for another 30-win season as they pushed their record to a stout 27-9 after a 10-0 shutout to crosstown school Niles West.

The Dons defeated the host Wolves behind another stellar pitching performance. This time it was the outstanding junior Mike Kloss that led the charge.

Kloss reserved his spot in the record books, throwing a complete game no-hitter in a 10-0 five-inning victory. Shortstop Will Harford's double in the fourth inning brought in three runs, thus ending any chance for a Wolves' comeback. Matt Kudlik and Brian Flynn had two hits in the regional championship game.

"Kloss was just untouchable against the Wolves. He had seven strikeouts in five innings in his no-hitter. He has definitely been our story of the year and the ace of our staff. His ERA is in the 1's and has a 7-1 record, said Kostuch. Will Harford has been one our top hitters of late

Story Continues...
see DONS WIN page 16.



At right, the Dons gather around their Regional plaque after securing victory over the Niles West Wolves Saturday. The Dons will move on to Sectionals.

Above, Notre Dame's Mike Kloss pitches against Niles West in their Regional play-off game at Notre Dame Saturday afternoon, May 28.

(Photos by Allen Kaleta)

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SPORTS

Dons Win

(Continued from page 15)



Parents and family members jockey for position to make a team photo after the Dons won their game against Niles West at the Regional Saturday, May 28. The Dons will move on to the Regional competition.

and came up clutch with a three-run double in the fourth inning. Our 6-9 hitters really carried us going 2-2 each, Flynn and Simkins did their job. West really used their pitching up to get by Schurz and we kind of took advantage of that. Their guys didn't really have their big gun as they were a little short on pitching."

The opening game of the play-offs proved to be a tougher battle than most anticipated as the Dons faced off against No. 14 seed Taft. The story of the game was the pitching and defense in this low scoring 2-0 victory. Senior Matt Kudlik shut down Taft on his way to a complete game one-hitter in which he had

12 strikeouts. Taft's Chad Castle matched Kudlik in an impressive outing throwing a complete game three-hitter, but the Dons scored a run in the first and sixth innings to advance on to play Niles West.

"Matt came up big for us with 12 K's, we needed everything we had against Taft. Both pitchers did really well, throwing three hitters. We saw their pitcher last year, we just couldn't get anything to drop. Both our runs were unearned, but we just keep playing good teams really well," said coach Bob Kostuch.

The Dons are gaining confidence heading into this week's sectional semifinal against

another Niles team, Niles North. "Niles North is a very good team. Their third baseman Mike Williams is going to be a very good one and is only a sophomore. We have a lot of respect for them. I know Dan Sevino and their coaching staff does a great job molding that team. We are expecting a very good game," said Kostuch.

The Dons defeated the Vikings by a score of 9-6 in the fourth game of the season. Mort Hart got the victory in relief with the big hit delivered by Kevin Mitchell three-run home run to tie the game in the sixth inning. The game will be at 4pm at Niles West Thursday.

Summer CAMP

The Benefits of Camp

Skill Development

How Parents View The Camp Experience

Why Is It Important To Send My Child To Camp?

Youth development experts agree that children need a variety of experiences in their lives to help them grow into healthy adolescents and healthy adulthood. For children to develop positive behaviors, their experiences must produce:

- A sense of industry and competency (Do they develop skills? Do they learn to work for what is important? Are they successful at what they do?)
- A feeling of connectedness to others and to society (Do they feel like they "fit"? Do they see a role they can play in their group, family, or community? Do they have friends?)
- A belief in their ability to make decisions (Do they learn to make good choices? Do they see the results of their decisions?)
- A stable identity (Are they learning what their skills are? Are they receiving positive feedback about themselves?)

To help us understand what camp accomplishes, approximately 1000 parents completed a survey after their children returned home from camp in the summer of 2000. On a scale of 1-5 (with 1 = strongly disagree and 5 = strongly agree), parents rated the top five outcomes of camp for their child as follows: (on a 5 point scale)

1. My child felt successful at camp (Average score: 4.63)
2. My child made new friends (Average score: 4.60)
3. My child gained new skills (Average score: 4.39)
4. Camp encouraged my child to get along better with others (Average score: 4.35)
5. Camp helped my child have a better idea of what s/he is good at (Average Score: 4.20)

Camp can provide an excellent experience for your child to learn and develop. According to the Search Institute, young people have seven developmental needs:

1. Physical Activity
2. Competence and

Achievement

3. Self-Definition
4. Creative Self-Expression
5. Positive Social Interactions
6. Structure and Clear Limits
7. Meaningful Participation

The camp experience is uniquely positioned to provide all of these developmental needs for children. Consider camp as the perfect partner to family, school, and community youth activities in helping your child learn independence, decision-making, social and emotional skills, character building and values - all in an atmosphere of creativity and enrichment under the supervision of positive adult role models.

In today's pressure-oriented society, camp provides a non-threatening environment for America's youth to be active, to develop competence in life skills, to learn about and enhance their own abilities and to benefit from meaningful participation in a community designed just for them.

Yes, camp is for everyone! Don't let your child grow up without it!

Psychological Aspects

Camp And Youth Development Outcomes

Parents want the best opportunities for their children. They want them to have whatever it takes to be happy and successful - good health, ability to get along with others, thinking and problem solving skills, a good self-concept. Children need resiliency skills: self-esteem, life skills, self-reliance and pro-social behaviors. The camp experience offers a nurturing environment away from the distractions and, in some cases, hostile environment of the city.

Peter Scales, Ph.D. is a senior fellow with the Search Institute in Minneapolis. A noted educator, author, and psychologist, Dr. Scales says, "Camp is one of the few institutions where young people can experience and satisfy their need for physical activity, creative expression and true participation in a community environment. Most schools don't satisfy all these needs."

In recent years camps have put

a greater emphasis on what leaders in the child development field have been saying about the needs of children today. Camp activities and group living in a natural environment are the tools used to create camp communities that provide for successful, healthy development and a place where having fun is a daily criterion. In such a structured environment, children interact with positive role models who have time to listen, talk, relax, and reflect. They learn to work together, make choices, take responsibility, develop creative skills, build independence and self-reliance and gain confidence. All are necessary steps on a child's path to a healthy, productive life.

While fees to attend camp vary, fees generally range from \$201 to \$350 per week for ACA-accredited resident camps and ACA-accredited day camps generally range from \$75 to \$200 per week. Nearly 65% of ACA-accredited camps offer some level of financial assistance to over one million children who are from economically deprived families, have special medical needs or have special situations that might preclude them from attending camp.

The need, however, far outweighs the ability of camps to provide assistance. Camps securing assistance for children with medical needs have been more successful in fundraising efforts than those serving at-risk youth. The challenge for the camping industry is to make the camp experience financially available for all children.

Advice from the Experts

The camp experience is recognized by child development professionals as valuable in helping children mature socially, emotionally, intellectually, morally, and physically.

"The building blocks of self-esteem are belonging, learning, and contributing. Camps offer unique opportunities for children to succeed in these three vital areas and even beyond home and school."

Michael Popkin, Ph.D., family therapist and founder of Active Parenting

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ANTIQUES & COLLECTIBLES

Antique or Junque

Lusters' appeal hasn't dulled

BY ANNE MCCOLLAM
Copley News Service

Q: The green glass vase in this photo is one of a pair and at least 75 years old. They are decorated with hand-painted enameled flowers and gold scrolls. The prisms hang from hooks set in the glass. Each stands approximately 14 inches high and both are in excellent condition. I have not found any manufacturer's mark.

Anything you can tell me about my vases will be appreciated.

A: Your vases are a nice pair of mantel lusters. Although lusters were popular in the early 1800s, most seen today were made in the Victorian era, from the mid-1800s to the very early 1900s. Glass pedestal vases with prisms were placed on the mantels of Victorian homes. Many were made in Bohemia and Germany

and were produced in a wide variety of glass and colors. Your pair of lusters would probably be worth \$450 to \$550.

Q: Enclosed is the mark that is on the bottom of my porcelain vase. The vase is around 9 inches tall and is decorated with the portrait of a young woman against a light gold background.

Can you tell who made my vase and how old it is?

A: Robert Hanke Porcelain Factory made your "Royal Wettina" vase. Before World War I, Bohemia was part of the Austro-Hungarian Empire. Hanke factory made porcelain from 1882 to 1945.

Your vase was made around 1900 and would probably be worth \$75 to \$125.

Q: When my husband passed away, he left a small collection of railroad memorabilia. I would like some information on an old timecard that was for the Louisville and Nashville and Memphis and Louisville Rail Road Line. It was a special train that took the Grand Duke Alexis of Russia from Louisville, Ky., to Memphis, Tenn., via Mammoth Cave in 1872. The card includes all the stops and their arrival and departure times as well as the miles. It is in excellent condition. I have the original envelope and it is in good condition with the exception that the flap has become detached.

A: The Louisville and Nashville Rail Road Co. was founded in 1850. After 132 years the line



were extremely popular around the turn of the last century.

The value of your bust and pedestal would probably be \$800 to \$1,200.

Q: I have a large mahogany coffee table with a glass top tray. It stands 19 inches tall and is 19 inches wide. Carved on the top of the table and in the center is the figure of a young woman and the sun coming out from the clouds. The table legs are curved and ornately carved. It suffered smoke damage in a fire, but has been refinished and is now beautiful. Several antiques dealers have told me it was made in the 1930s.

Does my table have any value and was it made in the U.S.A.?

A: Similar coffee tables were made in the United States in the 1920s. Yours would probably be worth \$650 to \$750.

Address your questions to Anne McCollam, P.O. Box 490, Notre Dame, IN 46556. For a personal response, include picture(s), a detailed description, a stamped, self-addressed envelope

merged with Seaboard System Rail Road in 1982.

Your time card would probably be worth \$50 to \$75

Q: I'm 94 years old and have a Classical marble bust of a young woman and matching

pedestal that has been in the family for many, many years. The pedestal stands over 40 inches tall and the bust is around 20 inches tall.

A: Classical marble carvings

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BY LINDA ROSENKRANTZ
Copley News Service

Edward Lear is one of the most charming and collectible of children's book writers and illustrators, having amused several generations of young people with his nonsense verse, witty wordplay and delightful drawings. Like some of the best of his ilk - Beatrix Potter would follow in his footsteps - Lear at first created his pictures and poems purely for the amusement of boys and girls he knew, without any thought of publication.

For someone who brought so much delight to others, though, Lear had pretty miserable beginnings. He was born in England in 1812, the same year as Charles Dickens. Although he was the 20th child in a family of 21 (of whom 12 survived), he had a lonely and unhappy child-

hood, plagued by ill health. He suffered almost daily attacks of epilepsy (which he referred to as the Demon in his diaries), asthma, chronic bronchitis, poor eyesight and fits of depression (which he called the Morbids). In fact, he would later describe himself as being half blind, with "a singularly long neck" and a "most elephantine nose."

His father had been a successful stockbroker before going bankrupt in 1816 and his mother, overwhelmed by her large brood, assigned the raising of Edward, when he was 4 years old, to her eldest daughter Ann. Twenty-two years his senior, she read history, poetry and other great literature aloud to him and taught him to paint flowers and birds.

During his adolescence, influenced by the paintings of Turner, he became determined to be an artist, and at the age of

16 he moved with Ann to London and soon began selling his "uncommon queer shop-sketches" for a few shillings.

In 1825, he was apprenticed to the great ornithological artist Prideaux Selby, the British equivalent of James Audubon. As a result, he produced his own series of 42 lithographs when he was 18, drawn in the London zoo and published under the title "Illustrations of the Family of Psittacidae or Parrots." A few years later, he drew the birds and animals illustrated in the privately printed scholarly catalog "Gleanings From the Menagerie and Aviary at Knowsley Hall," the zoo kept by the Earl of Derby, one of the most famous menageries in Europe.

There is no doubt that Lear could have been one of the great nature artists, had his sense of humor not propelled him in a

different direction. The tide turned when he began entertaining the earl's children and grandchildren with drawings of odd-looking creatures - caricatures of the precise and accurate drawings he was doing during the day.

Through his noble connections, he was given a book written in the form later called the limerick, seized upon it and from the 1830s on made it his own. Finally, in 1846, he published "A Book of Nonsense," enlarging it in 1861, and finally "Nonsense Songs, Stories, Botany and Alphabets," which included his classic "The Owl and the Pussycat," in 1871.

Most of these poems began with such rhymes as "There was a young lady whose bonnet/Came untied when the birds sate (sic) upon it;" "There was an old man of Dumbree/Who taught little owls to drink tea;" and "There

was a young lady whose nose/Was so long that it reached to her toes."

They were filled with puns and wordplay, odd spellings and invented words, essentially changing the shape of children's literature, which before him had been stiff, sentimental and moralizing. This achievement, with the addition of his seemingly effortless and whimsical pen-and-ink drawings, filled with humanized animals and birds and caricatured humans, have made the works of Edward Lear highly sought after by collectors.

Linda Rosenkrantz has edited Auction magazine and authored 15 books, including "Beyond Jennifer & Jason, Madison & Montana." She cannot answer letters personally.
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LIFE

Events Calendar

GOVERNMENT

Thursday, June 2

- 7:30 p.m. Park Ridge Park Board meeting

Monday, June 6

- 7:30 p.m. Park Ridge City Council Meeting

Monday, June 13

- 7 p.m. Morton Grove Board meeting
- 7:30 p.m. Niles-Park Ridge School District 64 board meeting

Tuesday, June 14

- 7 p.m. Culver Elementary School District 71 board meeting

Thursday, June 16

- 7 p.m. Morton Grove Park Board meeting
- 7:30 p.m. Park Ridge Park Board meeting
- 7:30 p.m. Golf-Maine Elementary School District 70 board meeting

COMMUNITY

Tuesday, June 14

-The Center of Concern will hold its annual miniature golf outing on Tuesday, June 14 from 5:30 p.m. to 8:30 p.m. (Rain date: June 15). Friends supporters and clients of all ages are welcome. The benefit event will take place at Mountain View Mine Adventure Golf in Des Plaines (510 E. Algonquin Rd.). Besides the 18-hole miniature golf course, the evening will feature a picnic dinner, raffle prizes and family fun. Admission is \$12 for adults and \$6 for children under 12 years of age. Call (847) 823-0453 to reserve your place. All proceeds benefit the Center of Concern, a non-for-profit social service agency.

Summer 2005

-Local children will have a chance to explore the magic of museums this summer, while saving their parents the long, hot drive into Chicago. The Morton Grove Historical Museum is participating in the Passport to Adventure by visiting the smaller Museums and Nature Centers in their town and neighboring communities.

The Passport to Adventure program begins Memorial Day and extends through Labor Day. Each child is given a free booklet which lists the name, location and attractions of participating local Museums and Nature Centers. For each site visited, the child receives a stamp in their Passport. Five stamps will earn a Certificate of Achievement; seven stamps earn a small prize. Children may pick up their Passports at the Museum or at the Morton Grove Public Library. For more information, call the Museum at 847-965-0203.

Register Before June 30

-St. Matthew's Lutheran Preschool located at 9204 N. Milwaukee Ave. in Niles (just south of Golf Mill Shopping Center) is offering early registration for 3, 4 and 5 year old children in its English morning pre-school program for the coming school year. The \$50.00 registration fee will be waived for all new students who enroll before June 30, 2005. St. Matthew's Preschool provides a wholesome environment for children in a Christian setting.

For additional information contact the school by phone (847) 297-5898 or e-mail St_Matthews_Preschool@comcast.net

THE BUGLE

7400 Waukegan Rd., Niles, IL 60457
(p) 847-588-1900 x (201) 847-588-1911

Chef Harry Presents Kick off summer menus with strawberries

BY HARRY SCHWARTZ
Copley News Service

If you're lucky enough to grow or at least pick your own strawberries, you know there is nothing sweeter, juicier and more flavorful than a ripe red one just severed from the plant. Give it a quick rinse with cold water to wash off any dirt or pesticides, and enjoy. The smaller the fruit (they are not really berries), the sweeter the flavor. Also, the texture seems to be consistently more juicy and rarely grainy in the small or wild varieties.

In Europe, when in season, wild strawberries are often served at room temperature with breakfast. They are usually quite small and extremely sweet. Similar varieties are available at farmers markets in early summer across the United States. The peak season is late spring and summer, just in time for outdoor entertaining. Here are some ideas for your next patio bash.

FRESH STRAWBERRY JAM

4 cups strawberries
1 1/2 cups granulated sugar
1/4 cup light corn syrup

Yields about 3 cups.

Place ingredients in heavy, noncorrosive 2-quart saucepan and cook over medium-low heat until sugar melts and strawberries begin to cook. Cook undisturbed, adjusting heat to maintain a slow simmer for 10 minutes. Pour sauce into heat-proof container or jars and cool to room temperature. Cover and chill. Keep refrigerated. Use within 10 days.

EXTREME BERRY YOGURT BREAKFAST SMOOTHIE

1 cup blueberry yogurt
2 cups hulled and halved strawberries

1/2 cup fresh raspberries

1/2 cup milk

1 tablespoon cream (optional)

1 teaspoon vanilla extract

2 teaspoons granola (optional)

Yields 1 or 2 servings.

Chill ingredients and place in blender. Pulse to combine ingredients and then puree contents until smooth and creamy. Sprinkle granola over top for a bit of crunch.

MAPLE STRAWBERRY SYRUP

2 cups hulled and halved strawberries

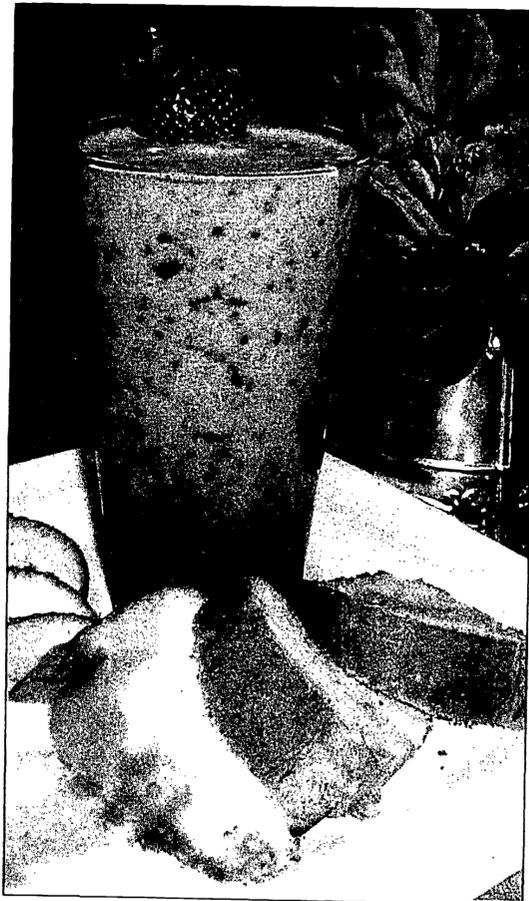
4 tablespoons butter

1 teaspoon fresh lemon juice

1 cup pure maple syrup

Yields 2 1/2 cups, serving 4 to 6.

In 2- or 3-quart saucepan, cook strawberries in butter over medium heat for 2 or 3 minutes and reduce



heat to low. Add lemon juice and maple syrup to pan and adjust heat to maintain a simmer. Simmer, stirring occasionally until strawberries are tender, about 10 minutes. Serve warm with pancakes, waffles or ice cream.

GRILLED PORK FILLET WITH STRAWBERRY SESAME CHUTNEY

3 tablespoons olive oil
1 cup chopped scallions
2 cloves garlic, sliced
1/4 cup sesame seeds
1 tablespoon minced fresh parsley
3 cups hulled and halved strawberries

1/2 cup extra-dry vermouth

1/2 cup sugar

Salt and pepper, to taste

Hot pepper sauce, to taste

4 pork fillets

1 cup pineapple juice

1 tablespoon fresh minced ginger

1 tablespoon fresh minced garlic

2 tablespoons vegetable oil

2 tablespoons soy sauce

Yields 4 servings.

Heat oil in 3-quart noncorrosive saucepan over medium heat and saute scallions, garlic and sesame seeds for 3 or 4 minutes. Add parsley and strawberries to pan and saute another minute before pouring vermouth and sugar over contents of pan. Stir and cook contents over medium heat until strawberries are tender, about 10 minutes. Rinse pork fillets and pat dry with paper towel. Place them in single layer in shallow dish. Mix together pineapple juice, ginger, garlic, oil and soy sauce. Pour marinade over pork and marinate chops, turning now and then, for several hours. Grill pork over hot coals until cooked and arrange on warm platter. Pour warm sauce over pork. Serve immediately.

QUICK STRAWBERRY MOUSSE

Story Continues...

see CHEF HARRY page 21.

LIFE

SCANNING THE BOOKSHELF

Brief book reviews

"A Dream in Polar Fog" by Yuri Rytkheu (translation by Ilona Yazhbin Charvasse; Archipelago Books; 337 pages; \$24).

Set in a Chukchi community - think Eskimos, though they're not, quite - in the Russian far north in the years before and during the World War I, "A Dream in Polar Fog" appears on the surface to be a familiar fish-, or more appropriately, seal- or walrus-out-of-water story. John MacLennan, a young Canadian sailor, is grievously injured in an explosion during his ship's visit to a Chukchi village. Three Chukchi men are hired to transport him by dogsled to a hospital in a (relatively) distant Russian town. Undramatically but decisively, the weather intervenes, and John, minus the better part of both his hands, is stranded. Taken in by the primitive Chukchi, he wills himself to dissolve into their culture, forsaking Western ways and, eventually, Western thought altogether.

The going-native trope can be wearying and hackneyed; often as not it devolves into a simplistic tale in which the outsider from the more technologically advanced culture comes to see the wicked-

ness of his people's ways through appreciation of the simplicity of life with his adopted tribe: They're closer to nature (prettier sunsets), more honest (equitable distribution of meager goods), more alive (better sex).

Rytkheu, himself born into a Chukotka village, neither glamorizes the Chukchi's harsh life nor (overly) demonizes the encroaching whites. True, he touches a lot of the apparently requisite bases: John receives guidance from a wise elder ("Little Big Man"); learns the natives' language, has adventures and falls in love ("Shogun"); even comes to resemble the natives ("Kim," with - as always with Kipling - reservations). But all this, however interesting, seems beside the point, for "A Dream in Polar Fog" - and this is especially dicey for works in translation - thrums in the lower, more visceral range of language itself.

"The snow crunched loudly underfoot, and this single sound within the frosty silence spread far around, filling the white space with nasty creaking. It followed the hunter the entire way. And the way was long, through tall ice

hummocks, through conglomerations of broken ice. It had been a long time since they had used harness teams in Enmyn: The half-starved dogs had gone wild, having to fend for themselves, and wouldn't allow themselves to be caught.

"Frost bound the polynyas. Not sooner did a melthole appear, than it was drawn over with new, translucent ice." As John melds with the Chukchi, the narrative becomes almost hallucinatory, even as great events transpire: a tragic accidental killing, a seal hunt, the discovery of a beached whale, feast, famine, an ominous white trader threatening their stability, Bolsheviks rumbling in the distance. One emerges from the novel and its sudden, jarring, most unusual but spot-on ending dazed, dazzled, snow-blind. The book remains in memory as more of state of consciousness experienced than a tale told. A dream in polar fog.

A note on the publisher: Archipelago Books' specialty is quality works in translation, which they offer in beautifully designed, reasonably priced hardcover editions.

- Arthur Salm

"Death Sentences: How Cliches, Weasel Words, and Management-Speak Are Strangling Public Language" by Don Watson; Gotham Books; 208 pages; \$20

The bottom line on this book is that our backs are to the wall, in terms of the English language. If we want to impact the situation in a favorable way, we need to make a renewed commitment, maybe even strategize. Sorry - but as Don Watson's smart and funny book demonstrates, mind-numbing obfuscation is spreading. In too many places, words are used to bamboozle and bore us - and to keep us from the truth.

He points out that it's one thing for John Deere to publish a safety notice about "unexpected non-powered tractor movement." It's another for the federal government to propose a law that environmentalists say would weaken air-pollution standards and call it the "Clear Skies" act. Democracy depends upon plain language," Watson writes. "It depends upon common understanding. We need to feel safe in the assumption that words mean

what they are commonly understood to mean."

Watson is Australian. This book was published first in his homeland, where it was, to his great surprise, a best-seller. Now, it's being brought to these shores, where in theory we speak the same language. He admits in the preface that his concern is personal: His own granddaughter, at age 11, was required by her school to write a mission statement. Enough, he decided.

His targets here range from the frustratingly murky letters banks send to their customers to the public speeches of elected leaders. He uses lots of examples.

In the beginning, this march of the absurd is amusing. We all love to see pomposity skewered, and it's a delight to read Watson's version of the Gettysburg Address as rewritten by a government committee well-versed in jargon:

"Eighty-seven years ago our great-grandfathers and - grandmothers - built a capacity for the implementation of a new nation (partnering God) with a commitment to harnessing synergies for enhanced outcomes for all stakeholders going forward."

(Continued from page 20)

Chef Harry

3 cups hulled and halved strawberries, chilled
1/2 cup powdered sugar
1 cup heavy whipping cream, chilled

2 tablespoon unflavored gelatin dissolve in 1/4 cup hot water, cooled to warm.
Yields 6 to 8 servings.

Place strawberries, sugar and cream in blender and blend for 30 seconds before adding gelatin in a stream. Blend another 10 seconds. Pour into serving bowls or glasses and chill until firm, about 1 hour.

EASY STRAWBERRY SAUCE

4 cups strawberries

1 1/2 cups granulated sugar

1 teaspoon almond extract
2 tablespoons brandy
2/3 cup cream

Yields 3 cups, serving 6 to 8.
Place strawberries, sugar, almond extract and brandy in 2- or 3-quart noncorrosive saucepan over medium heat and bring mixture to a simmer. Adjust heat to maintain a simmer and cook until strawberries are soft and tender, about 15 minutes. Remove pan from heat and cool until it is just warm but no longer hot. Puree sauce in blender. Return puree to pan and place over warm heat. Stir in cream. Serve warm.

DOUBLE STRAWBERRY ICED

TEA
12 whole strawberries, hulled
1 cup sliced strawberries
3 passion tea bags

8 cups boiling water
Yields 4 servings.
Place strawberries hulled side down on a wax paper-lined plate or tray. They should not touch each other. Freeze them. Place tea bags and sliced strawberries in heat-proof pitcher or jar. Allow water to stand for 30 seconds after boiling and then pour over tea bags and strawberries. Allow tea to brew for 15 minutes and then remove tea bags. Chill.

Place 3 frozen strawberries in each

of 4 tall glasses and pour strawberry-laced tea into glasses over frozen berries.

STRAWTINI
1/2 cup fresh chopped strawberries
1/3 cup chilled premium vodka or gin

1 teaspoon powdered sugar
6 to 8 drops extra-dry vermouth
2 cups ice
1 small frozen strawberry
1 chilled martini glass with sugared rim

1 whole strawberry for garnish
Yields 1 serving.
Place chopped strawberries, vodka or gin, sugar, vermouth and ice in martini shaker and shake vigorously

for 20 seconds. Place frozen strawberry in martini glass. Strain vodka mixture from shaker into chilled sugared glass with the frozen strawberry. Place whole strawberry on rim of glass for garnish. Serve immediately.

Harry Schwartz is author of "Star Grazing," companion cookbook to his public television series. Visit his Web site at www.chefharry.com or send questions and comments to him at Copley News Service, P.O. Box 120190, San Diego, CA 92112.

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LIFE

UNPOPULATED PLACES

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
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60							61				62			
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COPLEY NEWS SERVICE

By Charles Preston

ACROSS

- 1 Has a mortgage
- 5 Like some parties
- 9 Choir member
- 14 Monthly expense
- 15 Each, to 47 Down
- 16 Storage site
- 17 Author of iThe

- NeverEnding Story!
- 18 Composer Khachaturian
- 19 Fills
- 20 Novel by Nevil Shute
- 23 Org. founded in 1890
- 24 Sprite
- 25 Biway sign
- 26 Balkan separatist org.

- 28 Pulitzer-winning play of 1945
- 32 Computer capability, for short
- 33 Bookkeeper's notation
- 34 Sicilian resort
- 35 Use a pesticide
- 38 Gullet
- 39 King's former chal-

- lenger
- 40 Social Security supplements: acron.
- 41 Capuchin
- 42 Chemical abbreviation
- 43 This is not what it seems
- 49 USVI airport
- 50 Have the flu

- 51 Abbreviation for 7 Down
- 52 Lesage's "___ Blas"
- 53 Movie starring Elizabeth Taylor
- 57 Money
- 58 Forearm bone
- 59 Author Peter
- 60 Fred's sister
- 61 Some teachers
- 62 Word after slash or umbrella
- 63 Gives up
- 64 Strip of wood
- 65 Wild plum

DOWN

- 1 Mountain nymphs
- 2 Worked on
- 3 "Bewitched" character
- 4 Mulligan
- 5 Cut in curves
- 6 List of duties
- 7 One of the Aleutians
- 8 "Jeopardy!", for one
- 9 "Cat ___"
- 10 Parisian possessive
- 11 Air traffic controller's task
- 12 Indirect
- 13 Mil. training
- 21 Poor
- 22 Zone
- 27 Literary collections
- 29 Make fun of
- 30 Series
- 31 Actor Sam
- 35 Drinks daintily
- 36 Stick out
- 37 Covered a chair seat
- 38 USPS trips
- 39 "Love and Will" author
- May
- 41 Brief performance
- 42 Used the wrong actress
- 44 Certain residences
- 45 IAEA headquarters site
- 46 Finger inflammation
- 47 Spanish gypsy
- 48 Official residence: Fr.
- 54 Unemployed
- 55 Jewish month

ANSWERS TO UNPOPULATED PLACES

S	K	E												
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B	E	D	D											
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O	K													
A	N	O												
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Last Week's Answers

Be the First to send in the answers to this week's crossword puzzle and your name will be listed in next week's Bugle.

This Week's Winner is...

Lorraine Truskolaski

Send your answers to the editor: Andrew Schneider
 Fax: 847.588.1911 E-mail editor@buglenewspapers.com

REAL ESTATE

Decor Score

Turn the Tables on a Dining Room Problem



BY ROSE BENNETT GILBERT
 Copley News Service

Q: We don't have what my mother-in-law calls a "proper dining room" in our little house. That was OK by me - I grew up in a city apartment with limited space - but now that our two sons are getting bigger (4 and 3), we are giving more thought to family mealtimes. The problem is, outside the kitchen, there's really no room for even a small table and chairs. We do have a fairly wide front hall, but it has a bay window on one side. I think I won't mind taking food out on trays, but will it look funny, having a dining table in the entry hall?
 A: Time was when eating in the entry hall was standard practice

among the carriage trade. The concept of a separate dining room wasn't really refined until the Victorian era. Before that, in the American Colonies, at least, families took their meals wherever they liked. Often, two tables would be pushed together in the middle of the hallway at mealtimes, then separated for the rest of the day against their respective walls. Your reasoning seems sound enough, especially the part about paying more attention to

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family dining. Sitting down for dinner together can be the most civilizing hour of the day. As mega-designer John Saladino has observed: "About the only ritual left to American families today is the dining table." To maximize space for your "ritual," consider adapting the window-seat concept from the photo we show here. An easy build-in, the cushioned window seat takes advantage of the under-utilized area beneath the windowsill so you don't have to deal with the requisite push-back room for free-standing dining chairs or stools. Pull-up chairs on the outside can go out of the way against the walls between meals. A tip, considering the tender ages of your dining companions: look into indoor-outdoor fabrics (Sunbrella is one source) that will shrug off spills and stains. They've come a long way today, in softness of hand and sophistication of design, so you can feel free to plan curtains and tablecloth, say, to match the cushions on your window seat and chairs. Finally, don't think you have to martyr yourself for the sake of dining together: An old-fashioned rolling tea cart will take the work out of serving meals so far from the kitchen stove. I found an old one in wrought iron at a garage sale. *Story Continues...*
 see CHEF HARRY page 21.

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A Greener View

Trees make memorable gifts

BY JEFF RUGG
Copley News Service

Starting with Memorial Day and continuing into June, we are in a period of graduations, reunions and weddings. It is a time to remember, and one way

Southern magnolia tree. The Jackson magnolia is still growing at the White House, in spite of being hit by an airplane. It's also growing at Baker's residence and at the plantation.

Many plants have the ability to grow new roots, stems and leaves

with them in one of their tree planting projects, check out www.americanforests.org.

Another tree program is Operation Liberty Forest, conducted by the Veterans of Foreign Wars and American Forests. Its goal is to plant one tree to honor each of the 1,384,000 members of the United States armed forces. Liberty Trees may also be planted to honor any veteran.

Of course, anyone can have a tree reproduced and given away as a gift. Many trees and shrubs have been grown this way for centuries. It is not hard, you just have to be a little patient.

One way cuttings can reproduce is through a process called layering. To do this, you bend a low limb to the ground and cover a foot or so of the stem a few inches deep with soil. First, take off any leaves along the section to be buried. The limb may need to be held in place with a rock or a bent piece of wire. The last foot or so of the limb should be still above the soil line. After a few months, you can dig up the buried section. If it has roots, cut off the limb from the main plant. You just cloned a plant.

Most of our landscape trees and shrubs can be reproduced with softwood cuttings. Look at any tree branch and you will notice that the end of the branch that has leaves growing directly on it will be a different color than the section of branch growing closer to the tree trunk. The year-old section will have small side branches growing with leaves and be the same color as this year's growth. The next section of the branch closer to the trunk will again be a different color and have more woody bark.

The older sections of bark have more wood and are known as hardwood cuttings. The softwood cuttings still have the ability to grow roots. In many trees and shrubs, hardwood has lost this ability.

Softwood cuttings taken before summer do not have enough woody cellulose tissue to remain upright when they lose water after they are removed from the tree. Cut the cuttings from about 6 inches to 1 foot long. When pruning the plant, leave a bud at the end of the branch so the branch can continue to grow. On many cuttings, the section of stem between buds will not grow, so it should be cut off. The bottom one-third to one-half of the stem should have the leaves removed. The stem is then stuck into sand, perlite, vermiculite or peat. The cuttings are kept in a shady loca-

tion with lots of humidity and moisture for several months.

A green house with automatic misters is what the professionals use. We can improvise with a milk jug cut in half. The bottom is filled with sand and after the cuttings are in, the top is set back on. It can be held in place with a dowel running out the top and a clothes pin holding it on. The pros also use rooting hormones that are often available in garden centers or in catalogs. The hormones do increase the percentage of cuttings that will root and they increase the amount of

roots the cuttings get.

The more cuttings you take, the better your chance that some will root. The longer you wait (as long as they are not dead) the more likely that some will root. Some trees will have lots of roots in only a month and others will need all summer and fall to get enough roots to survive on their own.

E-mail questions to Jeff Rugg at info@greenerview.com.
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Visit www.copleynews.com.

GARDEN TIP

The giving trees

The American Forests' Famous and Historic Tree Program offers historically significant trees to the public from gardens around the country. A few examples include:



■ The Southern magnolia tree can be found on an old \$20 bill at the left of the White House portico.

Magnolia grandiflora

Growing zones: 7-10

Spread and height: 20S - 50H

Soil moisture: Average

Native

Soil type: Moist

Flower: Yes

Foliage color: Dark Green

Autumn color: Dark Brown

Place of origin: Washington, D.C.

■ There are cloned trees or seeds from the sweet gum trees of Elvis Presley's estate.

Liquidambar styraciflua

Growing zones: 5-9

Spread and height: 60S - 30H

Soil moisture: Average

Soil type: Normal

Flower: No

Foliage color: Green

Autumn color: Orange, Scarlet

Place of origin: Tennessee

■ The Japanese cherry trees in Washington, D.C.

Prunus x yedoensis

Growing zones: 4-8

Spread and height: 25S - 30H

Soil moisture: Average

Soil type: Sandy

Flower: White to Pink

Foliage color: Green

Autumn color: Yellow Gold

Place of origin: Washington, D.C.

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people remember others is to give gifts.

Trees can make very long-lasting gifts. Trees that have a history known to the giver and recipient are even more memorable.

For instance, in 1829, President Andrew Jackson planted a Southern magnolia in the south lawn of the White House in remembrance of his wife who had died a month before his inauguration. The tree came from a cutting off of a tree at The Hermitage, their home plantation in Tennessee. In 1988, President Reagan gave his retiring chief of staff, former Tennessee Sen. Howard Baker a cutting from the Jackson magnolia. In May of 1995, Baker planted a cutting from his tree at the Hermitage Plantation, which is now a museum.

If you have an old \$20 bill, look to the left of the White House portico and you will see the large

To order a historic tree or to join

HOME HOW-TO

Righting a prong

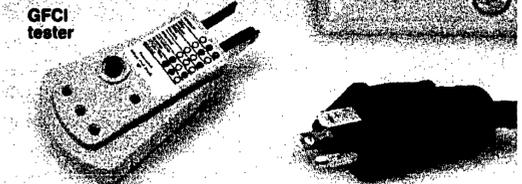
Replace two-prong receptacles with properly grounded receptacles in areas needing three-pronged plugs.

■ Ungrounded (two-pronged) receptacles keep wiring from safely conducting any stray current that escapes the confines of the wire.

■ Existing three-prong receptacles should be tested with a ground fault circuit interrupter (GFCI) tester to make sure they're grounded.

■ Rewire any receptacles that aren't using a plastic-sheathed, insulated three-wire cable (Romex).

GFCI tester



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Every Picture Tells a Story

Decor Score

iron at an auction of outdoor furniture. If you prefer something more traditional - or contemporary - research resources like Williams Sonoma Home (their Kent Trolley is designed in tulip wood after an old library cart, www.wshome.com) and Restoration Hardware (their rolling kitchen island has a butcher-block top so it can do double-duty, [tionhardware.com\). FROM RAGS TO RICHES One of the most interesting small discoveries we made during the most recent Home Furnishings Market in High Point, N.C., is the tiny enterprise in Housatonic, Mass., that since 1987 has been turning secondhand stuff - like cotton T-shirts and felted wool sweaters - into "funktional heirlooms" -](http://www.restora-</p>
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like lofty woven "pot holder" rugs, blankets and quilts. Powered by artists and eco-caregivers extraordinaire, Ireland-born founder Crispina French and owner/president Nancy Fitzpatrick have reclaimed more than 150,000 pounds of discarded clothing. But forget any notion of tired hand-me-downs - their creations are fresh and colorful, soft, warm, and quirky

enough to have been featured in top decorating magazines. "Whenever possible," say the designers, "We celebrate the quirks of the original garments - special pockets, buttons and labels - by their creative inclusion in our blankets and rugs." Have a look at www.crispina.com. Your house - and the lightened landfills - will thank you.

Rose Bennett Gilbert is the co-author of "Hampton Style" and associate editor of Country Decorating Ideas. Please send your questions to her at Copley News Service, P.O. Box 120190, San Diego, CA 92112-0190, or online at copleysd@copleynews.com.

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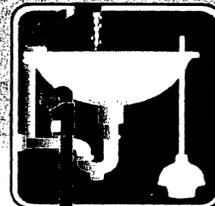
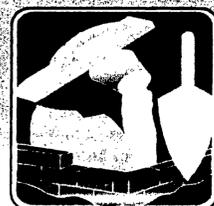
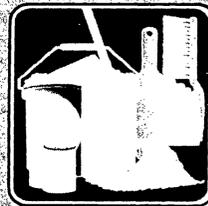
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Roof. Replace any loose or missing shingles to avoid costly leaks.

Gutters & Downspouts. Clean out any debris that may have collected over the winter.

Air Conditioning System. Have it inspected by a professional and change the filter as needed to keep it running efficiently.

Deck. Replace any loose nails and warped and rotting boards.

Screens & Windows. Fix any torn screens and replace any loose caulking.

Outside Pipes. Repair any that might have been damaged by the cold weather.

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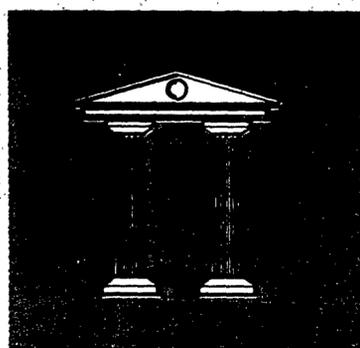
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