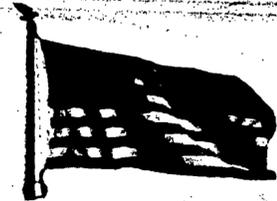


THE BUGLE

FEB 17 2005



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February 17, 2005

Vol. 48 No. 39

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Inside this edition...



OTB off the table

A Menards representative officially withdrew the company's request for a permit for the proposed off-track betting facility. For the story, turn to page 5.



Hawks on a roll

Maine South's Colin Wehman (12) drives up court in the closing seconds of their win over Evanston Township High School Friday night Feb. 11. See page 13.

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- Park Ridge Mayor Mike MaRous delivers 'State of the City' address, pg. 4

In Life

- Lorraine Truskolaski was the first to send in her crossword puzzle last week, will you be next? pg. 22

Niles Police Station elevator proposal four to six weeks away

Ramp repairs complete

BY ANDREW SCHNEIDER
editor@buglenewspapers.com

Plans for an elevator at the Niles Police Station will go forward despite the recent repairs to the ramp that may have brought it into compliance with state and federal accessibility laws. An estimate on the cost and a breakdown of the proposal should be complete and submitted to the village within four to six weeks.

According to Doug Mohnke, a principal with LCM Architects, the village provided them with drawings of the detectable warnings at the top of the stairs and handrail extensions at the bottom of the ramp and that, as they were drawn they would satisfy all accessibility guidelines.

LCM did not, however, certify the ramp's slope, one of the violations that Mohnke identified last year when The Bugle

Continues...

POLICE STATION page 12.

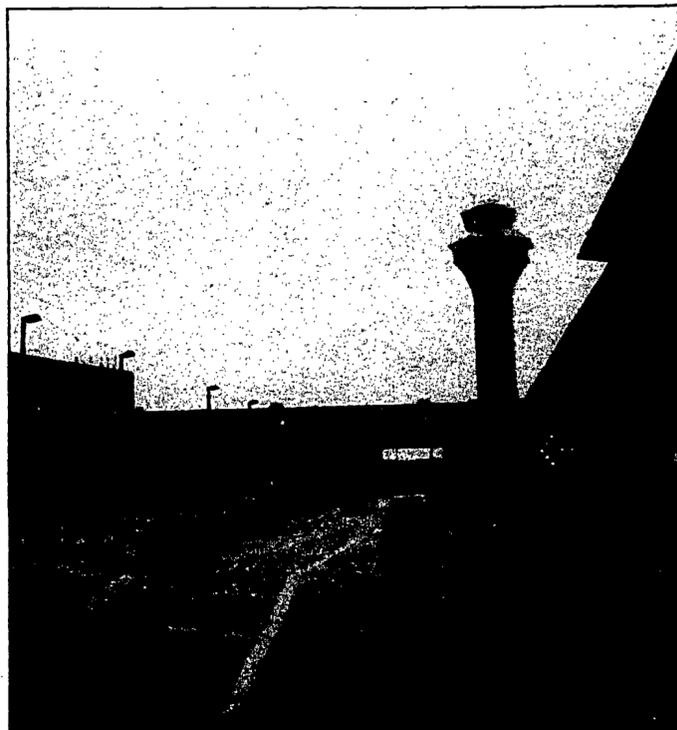
Peotone Airport: Park Ridge's \$650K Question

Wietecha says city not entitled to return of feasibility study funds

BY ANDREW SCHNEIDER
editor@buglenewspapers.com

Elk Grove Mayor Craig Johnson said Monday that the \$650,000 "invested" by Park Ridge in a joint venture with Elk Grove Village and Bensenville has been spent and doesn't have to be paid back to Park Ridge under the terms of the September 2002 agreement among the three municipalities. But Johnson indicated that Park Ridge could get its money refunded if and when the proposed Peotone airport is constructed.

The money was paid to Elk Grove Village in late 2002 to enroll the city in the newly-created venture to fund a feasibility study for a Peotone airport by LCOR Holdings. The project was billed as an alternative to the



One of O'Hare International Airport's Control towers, viewed from Terminal One.

expansion of O'Hare International Airport and was initiated under the auspices of the Suburban O'Hare Commission (SOC), an organization that has been fighting O'Hare expansion for about 20 years.

Back in 2002, then-Mayor Ronald Wietecha, a staunch supporter of SOC in Park Ridge, was

the city's point-man for the Peotone project. According to several alderpersons who voted to authorize Park Ridge's participation in the venture, Wietecha assured them that the money was an "investment" that could be redeemed, with interest, at any

Continues...

PEOTONE page 12.



Dancin' the night away

Dads and daughters do the "Hokey-Pokey" at the annual Niles Daddy-Daughter dance at the Howard Leisure Center Friday night Feb. 11, 2005.

Chicago Firefighter linked to 10 Park Ridge fires

Jeffrey Boyle was charged Friday with four counts of felony arson

Chicago Fire Lieutenant Jeffrey Boyle was officially charged last Friday with four counts of felony arson

Continues...

PR FIRE S page 12.

NEWS

MG on the way to filling staff vacancies

Assistant Administrator position will be replaced with HR position

Morton Grove may fill its two staff vacancies within the next month or two, according to Village Administrator Ralph Czerwinski. They are looking for individuals to take over for Economic Development Director Tim Angell and Assistant Village Manager Bridget Wachtel. The position of Economic Development Director, vacant since Angell departed on Friday, Jan. 21, has been posted on the internet and in a variety of trade magazines, Czerwinski said, and the village still hoped to fill it within the first third of 2005.

"I still think we're on target," said Czerwinski. "We've already received quite a few resumes and letters of interest from candidates."

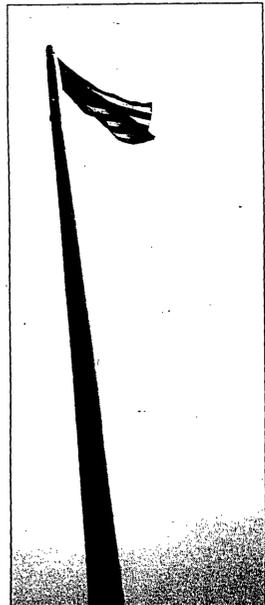
The Economic Development Director position is crucial for the village, since Angell was the

point-man for \$10 million in bonds budgeted for work this year in the Lehigh/Ferris Tax Increment Financing (TIF) district.

Czerwinski also said that the staff had evaluated the job that former Assistant Village Administrator Bridget Wachtel had been doing and had decided to delegate some of her responsibilities and hire a new Human Resources Manager instead of an assistant administrator.

"The village has over 150 employees," Czerwinski said. "It seems like a Human Resources Manager will be the best for the position."

Czerwinski also said that he hopes both positions will be filled within a month and a half. After the resumes have come in, the next step will be to cull the list and have interviews with the best candidates before selecting a final candidate.



Making a Flag, Park to be proud of

The Niles Park District has received numerous compliments from residents on their new Flag Pole/Cell Phone Tower at the Oasis Water Park. Construction at the site, which includes a base station is nearly completed. When it is, an area at the base will be rededicated to a former Park District employee, Andrew J. Ciabattari. The story is that Mr. Ciabattari went home for lunch one day where he passed away. Park District Director Joe LoVerde hopes to begin construction on the base in the spring. Honoring the Flag and a former Parks employee

NEWS

Central Ave. project authorized up to \$1.2 million

\$1.2 million was awarded to DiPaolo Construction by the Niles Village Board at their Jan. 25 meeting for street improvements to Central Ave. from Howard to Jarvis.

According to Public Works Director Jun Noriega, plans for the street include widening it to include a third, turning lane, adding storm sewers, building new curbs and gutters and adding a water main to carry Niles water to those residents who are currently served by the village of Skokie.

"Part of the area, the southwest corner of Central and Howard, receive their water from Skokie," said Noriega. "We'd like to provide the Niles residents with Niles water. It should have been done a long time ago."

DiPaolo's bid of \$1,099,552 was about \$750,000 less than the village's engineering consultants originally projected for the project.

No timetable is available as yet for the project, Noriega said, because final plans are not complete and, before moving forward

with a contract, the village must receive approval from the Illinois Department of Transportation (IDOT). IDOT approval is required whenever the village uses money from the Motor Fuel Tax to fund a project. A \$400,000 grant will also help pay for the project.

Noriega did say that he expected IDOT approval within the next few weeks because DiPaolo was anxious to begin construction. He hoped the project would be completed at least within the next six months.



Lang Honored

State Representative Lou Lang was the recipient of the Illinois Association of Park Districts 2004 Legislator of the Year Award. Pictured above, Lang and Morton Grove Park District Director Jeff Fougere pose shortly after his acceptance speech.

MG residents praise village, knock local papers

Morton Grove Resident Randy Kaplan stood up at Monday night's village board meeting to praise elected officials and took the opportunity to criticize local newspapers in general.

Referencing a weekend article from the Chicago Tribune that praised Morton Grove as an up-and-coming village, Kaplan said that the village's elected officials were doing

the right thing. "We've lived in the village for 19 years," he said. "Today, our home is worth three times what we paid for it."

Kaplan gave the village board the credit for the increase in his home's property value and stopped to mention that he and his did not subscribe to any local newspaper.

"We feel local papers are

one-sided," Kaplan said, "and do not report all the facts."

He went on to say that the people of the village area aware of what's going on in local government, even though members of the board don't always see them.

"The people may not attend village board meetings," Kaplan said, "but they are watching and they are happy with the way things are going."

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NEWS

Peotone

time. In a confidential memorandum to the Park Ridge City Council in September of 2002, Wietecha seemed to confirm their statements, writing that the agreement for the feasibility study "provides that at the end of the agreement (or at such time as we wish to exit the project) we can get back whatever we have invested with reasonable interest or at least the balance on deposit less costs expended by the developer."

candidates were elected to the City. Before any of those questions could be answered, by Wietecha, he resigned his office on the evening of Monday Sept 15, 2003. Reached by telephone at his home Monday evening, Wietecha - who moved to Barrington following his resignation - agreed with Johnson, saying that Park Ridge had removed itself from the deal prematurely and that the investment might never be returned.

"I don't believe Park Ridge is entitled to its money back," Wietecha said. "They withdrew prematurely." Documents obtained by this newspaper under the Freedom of Information Act (FOIA) - including the agreement itself - could support Wietecha's and Johnson's position. Nevertheless, Johnson believes that, if the project goes forward, returning the \$650,000 to Park Ridge is the "right thing to do," even if there is no legal obligation to do so.

Peotone project goes through, the money could be returned no later than the day they open the doors of the third airport. According to Johnson, each of the three participating municipalities would receive its principal investment from the proceeds of bonds

Bensenville. The problem with the city receiving any of their remaining funds before the construction bonds are issued, Johnson said, is that there weren't any left. "That's why [Elk Grove and Bensenville] had to contribute additional money," he said. This newspaper's FOIA request also obtained a letter from MaRous to Elk Grove and Bensenville, dated Sept. 16, 2004, which complains that Park Ridge had been frozen out of the process despite its financial contribution: "As a founding and contributing member of the South Suburban Airport Commission, we demand copies of reports, agreements, plans and any other material relating to the third airport which has been produced as a result of our \$650,000 contribution. To date we have been ignored, excluded and have received nothing."

PR fires

by Park Ridge Police who say that they can link Boyle to as many as ten fires in Park Ridge. Boyle, who was promoted to lieutenant in the Chicago Fire Department in 2002 under their "merit" program, allegedly started fires in both Chicago and Park Ridge. His Edison Park home stands in the middle of a one-mile circle of arsons.

at a home under construction at 231 Berry Parkway in March of 2001. Park Ridge Police said they can also link him to five other fires: in a detached garage at 135 N. Washington Av. on May 27, 1998, at new townhouses under construction at 1002 Cedar St. on May 27, 1998 in a detached garage at 235 Ridge Terrace on Aug. 20, 1998, in a detached garage at 5 Gillick St. on July 9, 2000 in a detached garage at 21 Gillick St. on July 9, 2000 and in a detached garage at 221 Lake Av. on July 29, 2000.

Ridge Deputy Police Chief Tom Swoboda. "To link him to a fire is one thing and to prove it in court is another." Swoboda did say, however, that the investigation is on-going and could result in further charges at a later date. Boyle was very active in the Park Ridge community, according to Park Ridge Fire Chief Ed Dubowski. "He lived right on the border," Dubowski said. Boyle is the brother of John "Quarters" Boyle who earned his nickname after being convicted of stealing \$4 million in change from the Illinois Tollway Authority in 1992.

Police Station

contracted with the firm to inspect the ramp. Following the survey, which identified several violations and a four-article series from The Bugle, the village committed to constructing an elevator at the station. Village Community Development Director Chuck Ostman said that Wight Architects was selected to design the elevator. Wight is the same company that designed

and will build the Niles Park District's new multi-purpose gymnasium on Caldwell. They were selected from several competing firms. A detailed preliminary proposal from Wight will be submitted within the next four to six weeks, Ostman said. It will have a cost breakdown. After that, the project can go for approval to the village board and then go out to bid.

LCM's Mohnke said that, while he didn't certify the ramp itself, when an elevator is constructed to lift individuals to the second-story entrance to the station, all accessibility laws would be satisfied. "I think from an accessibility standpoint, the elevator would satisfy the law," Mohnke said. "I think the ramp was a bad design decision from day one."

"I don't believe Park Ridge is entitled to its money back."

-Ronald Wietecha Former Park Ridge Mayor

Park Ridge Acting Mayor Mike MaRous took issue with the view expressed by Johnson and Wietecha, indicating that the city was still considering a number of options, including legal action against Elk Grove and Bensenville.

"We haven't ruled anything out," MaRous said.

MaRous said that in recent conversations with Rep. Jesse Jackson, Jr. (D-IL), who has been heavily involved in the Peotone project, Jackson disagreed with Johnson, saying that Park Ridge was on the same footing as Elk Grove and

(Continued from page 1)

the Suburban O'Hare Commission (SOC) in 2003, it also withdrew from the pre-development agreement. "The SOC vote was in no way connected to our agreement with Elk Grove and Bensenville to fund this feasibility study," MaRous insists. "We believe we're entitled to a comparable return of equity to whatever they'll receive," he said. "We would be fine with the return of the money we put down. Fair is fair." Wietecha disputed MaRous's view, saying again that Park Ridge pulled out too soon. "I thought then and still do today that it was a good financial decision," he said. "Their two towns will be entitled to their investment and a nice return." Johnson agreed that not only was the project likely to give Elk Grove Village and Bensenville a good return, but that he was also certain that the expansion of O'Hare would not go forward. "O'Hare expansion is dead," he said. When asked about his relationship with the former Park Ridge mayor, Johnson responded: "I've never seen a sadder thing in politics than when the new council ran Ron Wietecha out of town."

SPORTS

Hawks edge out a victory over Evanston

BY RYAN BISHOP rbishop@buglenewspapers.com

For the Maine South Hawk basketball team, this was another chance to prove that they could compete against some of the top teams in the league. In an unusually high scoring affair the Hawks did not disappoint the home crowd, defeating Evanston 81-73. The 81 points marked the Hawks highest output of the year. Playing against an Evanston team that made it downstate two years ago, the Hawks hit all the big shots for their second conference victory.

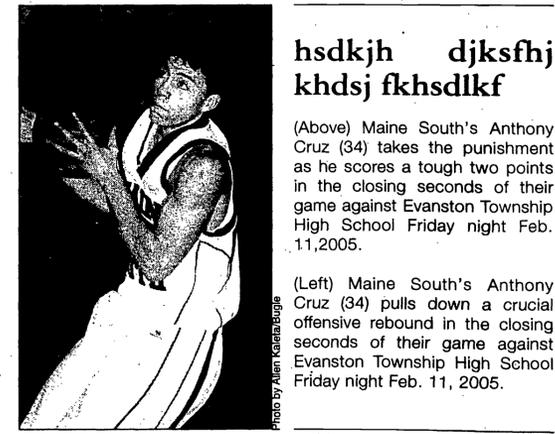
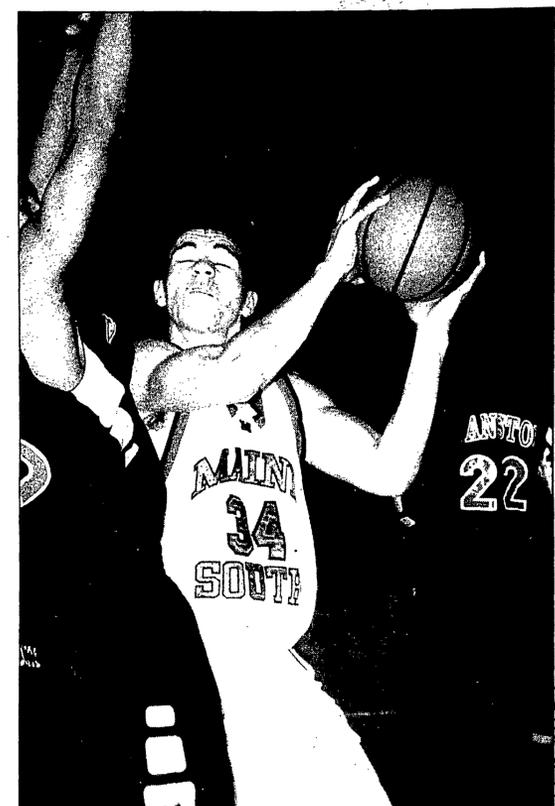
With the victory, the Hawks, now 9-15 overall, are playing their best ball down the stretch, having won 3 of their last 4 games, including a 60-48 triumph over rival Maine West. The game was played at a fast-paced, transition style throughout the game, not common to the half-court, grind it out affair that is prevalent in the Central Suburban South conference.

In a game so physical, the two teams combined for 76 foul shots, the smaller, but more aggressive Hawk frontline scored over half the teams points within 10 feet of the basket. Forwards Anthony Cruz (10 points) and Adam Fee (20 points, 6-7 free throws) outmuscled the Wildkits on the boards and hurt them with their ability to get good position on the blocks.

"We had 47 points in the second half, 27 in the third and 20 in the fourth, so it was an outstanding game offensively for us tonight, said coach Tony Lavorato. We played well against their pressure tonight and were strong with the ball at the end. Once again, our ability to finish has been the most important factor and we made our free throws tonight.

They took their first lead of the game on a Phil Mix short jumper at 15-14 after one quarter of play. Three steals on four Evanston possession led to six points for the Hawks and a 28-23 advantage at the midway point of the second quarter. A steal by Jon Wolf and a three-pointer gave the Hawks the five point cushion. The Wildkits then went on a 10-3 run fueled by an Aaron Hamilton three-pointer and two jumpers by forward James Coley. The Wildkits held the ball for 30 seconds on their last possession, but the Hawks Craig Conrad was fouled with one second left and made both foul shots for a 43-32 lead at the half.

"Whatever factors enter into this game, it just wasn't a basketball game, said perplexed Evanston coach Paul Pryma. To Maine South's credit they are coming together at a good time, making good decisions and succeeding in



getting better. They earned the victory tonight and handled the strange circumstances." The Hawks dribble penetration and strong play in the post were two reasons the Hawks went to the line 42 times, making 28. Sean Price was 5-8, Colin O'Malley (13 points) was 7-13 and Craig Wehman hit 5-6 free throws all in the fourth quarter. The Hawks took their biggest lead at 63-54 on a Cruz put back of a Price three-point miss with 6:26 remaining in the third quarter. By making 4-6 foul shots in the last two minutes and executing their halfcourt offense the Hawks were able to fend away a late Wildkit rally. A Price steal and long pass downcourt to Wolf put the exclamation point on the big win. "It's nice to win two conference games back-to-back going in to the Waukegan game next weekend. The kids have shown great resilience in bouncing back against some tough losses, and we have shown we can play with anyone in the league," said Lavorato.

Bowling Scores table with columns for Team Standing, Points Won, Points Lost, and individual player scores. Includes sections for Catholic Women's Bowling League, Niles Senior Men Bowling League, and Hot Shots.

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A Tribute to Woody Guthrie Ribben of Highway/Endless Skyway. Starring Sarah Lee Guthrie, Bob Childers, Jimmy LaFave, Johnny Irion, Slaid Cleaves, Eliza Gilkyson, Ray Bonneville and more! Sat., Feb. 19 at 8 p.m.

The Wonder Bread Years - The funniest thing since sliced bread! Take a theatrical journey back to a time when green army men ruled, Kool-Aid stands were big business, and the most dangerous kid in school carried a "switch-comb." SEINFELD WRITER PAT HAZELL'S One man show...and tell. Tues., Feb. 22 at 7:30 p.m. Fri., Feb. 25 at 8 p.m. Sat., Feb. 26 at 8 p.m. Call 847.673.6300



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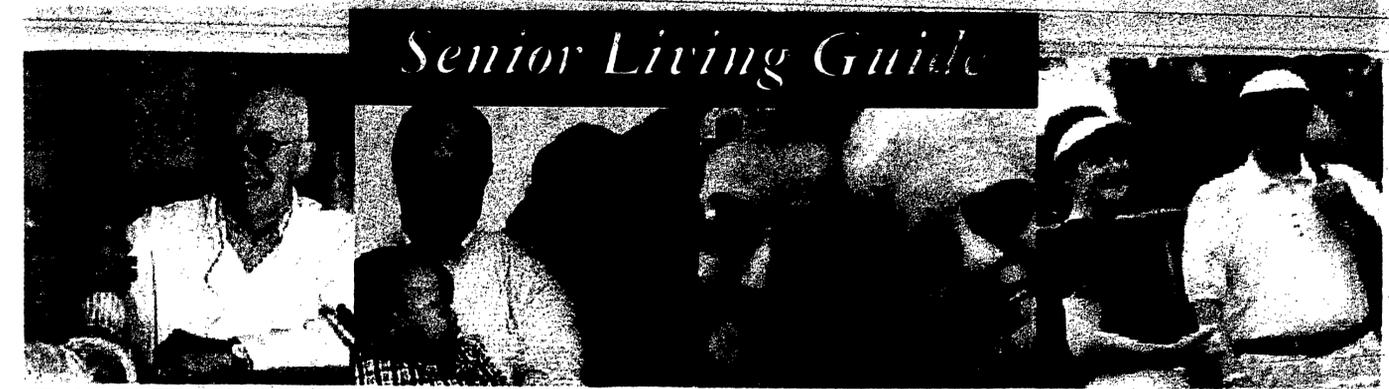
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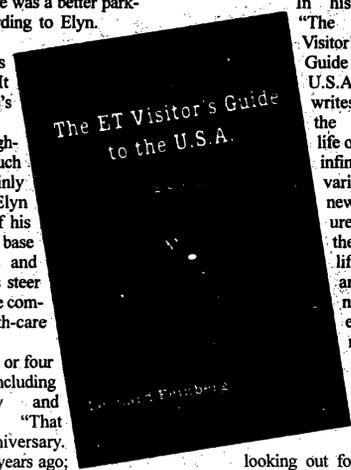
Parent Care The good humor man

Marsha Kay Seff
Copley News Service

She reminds me of a stage mother, a child's greatest cheerleader. But Elyn Aviva is cheering for her dad, 90-year-old Leonard Feinberg. Len, a widower, lives at Wesley Palms Retirement Community in San Diego. His daughter boasts: He's a retired professor, who taught graduate classes in satire and humor. Elyn and her husband, who own a small publishing company in Boulder, Colo., have published the last three from old manuscripts. They're also planning to publish his 1960 novel about Sri Lanka. "These books are good and they should be out there," Elyn says. The latest publications are printed in large type for older readers, and Len has had three book signings since he moved to the retirement community in '93. "He taught me to read in the first grade," Elyn says. She once took a college class with her dad. "He called me Miss Magilicutt. He was a wonderful teacher; he has a wry sense of humor." He explains, "Satire is humor designed to criticize something. ... There is enough humor in the world for everyone to share. Humor is the least expensive medicine."

SHARED LAUGHTER
But Elyn isn't laughing when she brags, "My dad was a distinguished professor of English." That's "Distinguished," with a capital

"D," she explains. Among the perks of the title was a better parking spot, according to Elyn. But he says no. "The honor is everything. It better be. There's nothing else." Father and daughter keep in touch nowadays mainly by phone. Elyn stays on top of his health, touches base with his docs and generally helps steer him through the complicated health-care system. She visits three or four times a year, including his birthday and Thanksgiving. "That was their anniversary. Mom died six years ago; they were married 60 years." An anthropologist, Elyn has been on a variety of pilgrimages. The ones to visit her dad, she says, are "an act of love." Len has lectured on humor all over the world. And humor continues to be the corner-



stone of his life. In his book "The ET Visitor's Guide to the U.S.A.," he writes, "For the young, life offers an infinite variety of new pleasures. For the old, life offers an infinite variety of new pains." Any of us caregivers looking out for aging parents knows that without a sense of humor life is no laughing matter. Living at Wesley Palms, Len knows from experience what he wrote about years ago in "ET's" chapter on aging: "In retirement communities, by the time a statement has gone through three hear-

ing aids, it is rarely the original statement." Even before he suffered from failing eyesight and heart problems and before he fell and bruised his body, he'd written, "Falling and forgetting are requirements of living here." He also writes, "Many young people are unhappy because they don't know who they are. Some older people are unhappy because they do know who they are." At 90, Leonard Feinberg seems to know who he is and like what he knows. If he forgets or feels discouraged, he says, he looks around at his aging friends and reminds himself, "What do I have to complain about?" Besides, there's always his "stage mother" to remind him how much he's loved. "He's a sweetie. I really admire him," Elyn says. Her father smiles. "She's been my little girl all her life."

NOTE: If you're a Dutiful Son or Daughter, you're not alone. To share your experiences with others in similar situations, you might want to join a free online support group sponsored by www.sandiegoeldercare.com. Just send an e-mail to marsha.seff@uniontrib.com and include a paragraph about your situation. Marsha Kay Seff is editor of The San Diego Union-Tribune's www.sandiegoeldercare.com, a Web site for older folks and their caregivers. Visit Copley News Service at www.copleynews.com.

Morton Grove Senior News

"SEVEN BRIDES FOR SEVEN BROTHERS" MOVIE
"Seven Brides for Seven Brothers" is based loosely on Stephen Vincent Benet's story Sobbin' Women and is one of the best MGM musicals of the 50's. Staged on an Oregon ranch, Adam Pontabee (Howard Keel) and his six brothers (it's no coincidence that five of the boys are played by professional dancers) are turned from unwashed louts into gentlemen by Adam's new bride Milly (Jane Powell). A happy ending is ultimately had in this delightful, if politically incorrect, concoction shown at 1:30 p.m. on Monday, Feb. 28. The cost for the show is only \$5.00. Please register in person at the Center.

CHOLESTEROL SCREENING
The Morton Grove Senior Center's monthly Cholesterol Screening will be held at 9 a.m. on Wednesday, March 2. Swedish Covenant Hospital will administer the screening, which provides a full lipid profile including total cholesterol, HDL, LDL and triglycerides. Results will be available within seven working days. Reservations are required by calling the Morton Grove Senior Hot Line at 847/470-5223. Fasting for 12 hours is also required but water and medications are allowed. The cost is \$10 for residents age 65+ and \$12 for non-residents and residents under age 65.

HIGH SCHOOL FINE ARTS
Maine East, Niles North and Niles West High Schools invite seniors to join in on numerous free school productions to be performed during the coming weeks. For details call the schools at 847/825-4484 (Maine East), 847/626-2000 (Niles North) or 847/626-2600 (Niles West). The events include: Niles West Festival of Orchestras at 7:30 p.m. on Thursday, March 3. Niles West Spring Choir Concert at 7:30 p.m. on Tuesday, March 8. Maine East Art Exhibit at 7 p.m. on

Niles Senior News

NSC Highlights
For a detailed description of programs & activities, or to ask about membership requirements, please check the Naturally Active Program Guides or call the Niles Senior Center at 588-8420 - Visit us online at www.vniles.com.

MARCH REGISTRATION
Drop Off Registration advertised

in the March Naturally Active are due at the Niles Senior Center Friday, March 4. Walk-in Registrations will be accepted, if space remains, beginning Wednesday, March 9th.

Senior Volunteers Needed
TLC Spring Fling at Apollo School - During spring break, the week of March 28 - April 1, 2005, elementary and junior high students from the District 63 schools will gather at Apollo School in Des Plaines for a series of programs. Older adult volunteers are needed to share their skills and talents in a variety of ways including playing games, helping with craft activities, and most importantly, sharing their personal stories and treasured mementos with the youngsters. Please contact Kelly (847 588-8420) for more information.

ACTIVITIES and TRIPS NILES SENIOR CENTER FLEA MARKET
Saturday, May 7th
Reserve your table now if you are interested in participating in this year's annual Flea Market. Call

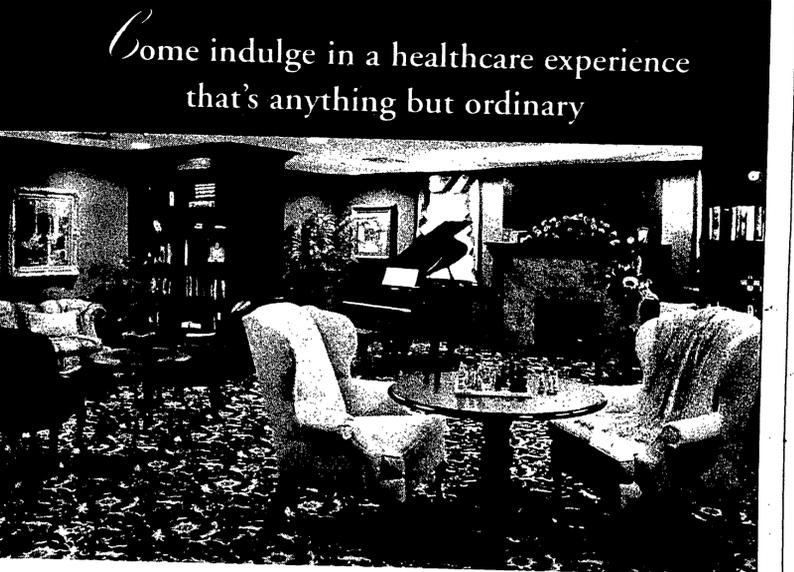
the Center (847 588-8420) as soon as possible. There is limited space available so don't wait too long.

LAST CHANCE!!!
MOONLIGHTERS TO TOMMY GUN'S GARAGE - Friday, April 1 5:30.
Join us on this outing to Tommy Gun's Garage, an audience interactive "speakeasy" which offers a musical review. Gangsters! Flappers! Non-stop Comedy & Fun. Choice of entrée: Baked

SENIORS

Norwood Park Home to host Sweetheart Dinner Dance on Feb. 24

Community invited to Attend if you already celebrated Valentine's Day, here's a chance to give your "sweetie" a double treat. If you forgot about Valentine's Day, you can redeem yourself. Either way, you can be a winner with a nostalgic, romantic evening by attending the Sweetheart Dinner Dance in the colorfully decorated dining room of Norwood Park Home, 6016-20 N. Nina Ave. in Chicago. The event will take place on Thurs., Feb. 24, from 5:00 p.m.-7:00 p.m. Diners will enjoy a sumptuous dinner of caesar salad, chicken Kiev, rice pilaf, French cut vegetables, jello and fruit parfait. Afterwards, relax and enjoy a performance by the Ballroom City Dancers, Heidi and Norm Lucky, that will rekindle memories of the Aragon Ballroom era. They will glide across the floor to the romantic musical favorites of the '30s, '40s and '50s. Guests may swing and dance between performances. Cost is \$10 per person, and pre-paid reservations must be made by Feb. 17. The event is sure to bring back memories of previous romantic Valentine Days, perhaps even the occasion when you met your spouse. An array of red and white streamers, balloons and hearts will set the mood for a fun-filled evening. Call Serena Worthington, director of activities, at (773) 577-5326 to reserve your space now.



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Who may need companionship care?

1. An estimated 36 million people — 12% of the population — are 65 and older.
 2. More than 30% of all non-institutionalized older Americans live alone.
 3. By 2030, nearly 20% of the population will be age 65 and older.
 4. Between 2000 and 2030, the elderly population in the U.S. is expected to more than double from 35 million in 2000 to more than 71 million in 2030.
 5. The 85-plus population also is projected to more than double, increasing from 4.3 million in 2000 to 9.6 million in 2030.
 6. In 2002, more than 12.5 million people age 65 and older were discharged from hospitals, three times the comparable rate for people age 45-64.
- Data Source: U.S. Census Bureau National Center for Health Statistics
- Who Provides Companionship Care?**
1. Nearly 25% of all American adults currently provide companionship or assistance with daily living to a parent or relative.
 2. Over 72% of care received by seniors is being provided directly by their family members.
 3. One in three adults age 45-54 is involved in providing care, or has an immediate family member who provides care to an aging parent or relative.
 4. Over 53% of Alzheimer's caregivers are family members providing care to a parent or loved one.
- Source: Harris Interactive Study for Home Instead Senior Care (2003)
- Families Care: Alzheimer's Caregiving in the United States, 2004**, a report by the Alzheimer's Association and National Alliance for Caregiving
- Who Needs Caregiving Help?**
1. An estimated 31% of family caregivers admit they'd like more help with caregiving.
 2. One in four family caregivers reports resenting other family members who don't help out.
 3. Over 20% of family caregivers live more than two hours away from their parent or loved one.
 4. Of the family members indicating the need to be caring for a parent or loved one, 46% have not taken any action to plan for this care.
- Source: Harris Interactive Study for Home Instead Senior Care (2003)
- Who Can Help?**
1. Home Instead Senior Care is the world's largest provider of non-medical home care and companionship services for the elderly, with more than 550 franchises in the United States, Canada, Japan, Australia and Western Europe.
 2. The company's primary non-medical services include companionship, meal preparation, medication reminders, light housework, incidental transportation, errands and shopping.
 3. Home Instead Senior Care employs more than 29,000 CAREGivers who are screened, trained, bonded, insured and have successfully passed a thorough criminal background check. The average age of a Home Instead CAREGiver is 48.
 4. Home Instead Senior Care services are available at home or in care facilities for a few hours per week, or as many as 24 hours a day, seven days-a-week - including holidays.
 5. Each Home Instead CAREGiver completes comprehensive, safety and caregiving education featuring case studies, information about senior illnesses, stimulating activities and nutritional recipes for seniors, tips for coping with stress, company procedures and industry information, followed by testing. In addition, the company offers an industry leading Alzheimer's training program to its CAREGivers. The Alzheimer's training program is the first of its kind in the nation for non-medical caregivers.
- More information on the company and its franchise owners is available at www.homeinstead.com. Copyright 2005 Home Instead, Inc. Each Home Instead Senior Care office is independently owned and operated.

For over 100 years, older adults have found a caring community at Central Baptist Village. Our spirit continues to shine through our dramatically expanded and modern campus. The entire project is built around you, with thoughtful details to support your changing needs. Residences include **The Commons**, an apartment building designed for independent, active living. **The Terrace** offers assisted living for two distinctive lifestyles. This innovative setting balances security and independence for people with memory changes or for those who need additional care from our professional staff. **The Pavilion** provides skilled nursing and specialized dementia care where compassion and dedication are our touchstones.

YOU

Central Baptist Village

4747 N. Canfield Ave. Norridge, Illinois

For more information, please call 708/583-8500

SENIORS



Bethany Terrace employee lounge dedication

Bethany Terrace Nursing Centre held a dedication reception for their newly renovated Terrace Square employee lounge on Friday, February 4, 2005. The Terrace Square renovation was dedicated in honor of Bethany Terrace Staff from Bethany Methodist and friends of Bethany Terrace, including Mr. Anatole Crane in memory of Martha Crane, and Dr. and Mrs. Sung Chang, and John Chang. The reception included Ken Kolich, Administrator of Bethany Terrace (Left) and Stephen Dahl, President/CEO of Bethany Methodist (Right) presenting the dedication plaque to Mrs. In Chang and Mr. Anatole Crane (Center). Bethany Terrace Nursing Centre staff members attended the reception and enjoyed hors d'oeuvres, punch, and dessert. The staff of Bethany Terrace Nursing Centre would like to thank the Chang Family and Mr. Anatole Crane for making the Terrace Square a bright and cheerful atmosphere.

Tips on staying young at any age

(NUI) - Can you stay young in your 50s, 60s and 70s? Is it really possible to fight the aging process? As the population of seniors in America grows, more and more people will be looking for ways to do just that. In the past century, the average life expectancy in the United States has increased by 27 years. In fact, there are now about 70,000 people in America who are 100 years of age or older, and that number is expected to rise to nearly 1 million by 2050. Barbara Morris, a pharmacist and motivational speaker, says that with the right outlook and motivation, it is indeed possible to enjoy at least 25 more years of "the good life."

In her new book, "Put Old on Hold," Morris tells you how to look, act and feel young at any age. One way, Morris says, is to never tell people how old you are. "Society attaches enormous significance to chronological age and most people have a stereotypical image of what a person at a specific age should look like, think like, dress like and speak like," Morris writes. She suggests the following additional tips for living and feeling young.

- * Have a clear vision of what you want your life to be like in 25 years. Know how well you want to function, mentally and physically, 25 years down the road. Have a clear vision and make a commitment to achieve it. This commitment will drive the choices you make about how you will live your life.
- * Take an inventory of your youthful assets. Monitor and manage how you are changing. Identify and sharpen important youthful attributes such as mental and physical strength and flexibility. Remember, it's much easier to keep what you have than to regain what you lost. Be proud of what you can do.
- * Indulge in positive thinking. You are what you say you are, so don't tell yourself you are getting old. Replace negativity with positive affirmations of your plans for improvement.
- * Get in control of your health. Work with a traditionally trained doctor, but make sure she or he has expertise in anti-aging therapies.
- * Do not plan to retire. Instead, plan to have the time of your life. Go back to school or start a new business or career. Remember, if you have made your health a priority, you can have a great second life that's better than the first.

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Niles

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NILES SENIOR CENTER OFFERS A BROAD SPECTRUM OF HEALTH & WELLNESS CLASSES & SUPPORT GROUPS -For more detailed info call 847-588-8420

NILES SENIOR CENTER

OFFERS FILING ASSISTANCE FOR SENIORS

Due to the high demand for assistance at this time of the year, we ask that you call for an appointment whether you are seeking assistance with your taxes, Circuit Breaker, or Senior Freeze applications. We cannot accommodate walk-ins.

MAKE YOUR TAX APPOINTMENT NOW
Beginning in February, Niles Senior Center will again offer FREE tax preparation assistance to

qualified seniors. To make your appointment for the coming tax season, call the Niles Senior Center (847-588-8420) between the hours of 9:00AM and 3:00PM Monday through Friday. Appointments are required - sorry NO WALK-INS!

RENEW YOUR CIRCUIT BREAKER!
If you are getting your prescription coverage through the Illinois Circuit Breaker or Senior Care, please remember it MUST BE RENEWED every year. To avoid a

(Continued from page 15)

lapse in your coverage, renew before the end of March. The Illinois Circuit Breaker is open to Illinois Seniors, age 65 and older or persons with disabilities (restrictions apply). Household income restrictions are as follows: A one-person household income cannot exceed \$21,218; A two-person household income is limited to \$28,480; A three or more household income cannot exceed \$35,740. Please call for more information about these programs.

Lions Clubs help communities thrive

(NUI) - Do you ever tell yourself, "Someday I'm going to get involved in my community"? Now is your chance. By joining an organization such as Lions Clubs International, you can help people within your community or on the other side of the world.

As a Lions volunteer, you can become involved in projects such as building community playgrounds, assisting in vision screenings at schools, aiding seniors, improving the environment, building homes for the disabled, supporting diabetes education and conducting hearing screenings.

Lions club members include men and women who share a commitment to service and take great pride in making an impact on local and global communities. Investing time in Lions club projects gives members a sense of connectedness to the community and an opportunity to make friends, gain leadership skills and network with others while having fun. Lions also provide opportunities for youth through youth exchange programs, youth camps

and Leo clubs.

From 2002 through 2003, Lions Clubs International's nearly 1.4 million members worldwide volunteered an estimated 65 million hours and donated \$667 million. The organization was founded in 1917 and with 46,000 clubs in 193 countries, it is the world's largest service organization.

Lions Clubs International Foundation, the grant-making arm of Lions Clubs International, has awarded \$342 million to provide food and clothing to victims of earthquakes and hurricanes, give youth the tools to succeed in the classroom, empower the disabled through vocational training, and equip clinics and hospitals with new technology. SightFirst, an aggressive \$143.5 million program, is working to eradicate blindness.

As a Lions club member, you will make a difference in the lives of others. Membership is through invitation by a local Lions club. To learn more, contact your local Lions club. You can find information about local Lions clubs at www.lionsclubs.org or by calling the Lions Clubs International Headquarters at (800) 74-SIGHT.

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SENIORS

Obituaries

ANTHONY PERNICE
Anthony Pernice, age 82, WW II Navy Veteran; beloved husband of Sarah nee Giandalia. Loving father of Albert (Claudette) and the late Anthony Jr. Devoted grandfather of Nicole (Michael) O'Connell and Theodore Pernice. Great grandfather of Madison, Michael, and Kathryn. Fond uncle of many. Also survived by many loving family and friends.

Funeral Friday January 28, 2005 at 9:30 A.M. from Colonial-Wojciechowski Funeral Home, 8025 W. Golf Road, Niles to St. Isaac Jogues Church, Mass 10:00 A.M. Entombment Maryhill Mausoleum. In lieu of flowers, memorials to the American Cancer Society appreciated. Visitation Thursday 2:00 - 9:00 P.M. info: (847) 581-0536 or www.colonialfuneral.com

ANN J. LENARD-KUJAK
LENARD-KUJAK, Ann J. nee Cervenka. Beloved wife of the late Leroy Lenard and the late Clarence Kujak. Cherished mother of Beverly Lenard. Loving daughter of the late Frank and Mary Cervenka. Dear sister of Marie (Late Adolph) Lukas and the late Frank Cervenka, late Christine (late Roy) Tolkson, and the late Charles (late Mary) Cervenka. Aunt of many nieces, nephews, grand nieces and grand nephews. Funeral Saturday, January 29 at 9:30 AM from

Colonial-Wojciechowski Funeral Home 8025 W. Golf Road- Niles to Our Lady of Ransom Church. Mass 10:00 AM. Interment Woodlawn Cemetery. Visitation Friday 3-9 PM. Info 847/581-0536 or www.colonialfuneral.com

RALPH G. ALABA

ALABA, Ralph G. Beloved husband of Elena nee Osmena. Loving father of Gabrielle (Ronald) Sikking, Danielle (Todd) Heaps, Filemon Alaba and Rafael (Kristen) Alaba. Dear grandfather of 5. Fond brother of Norma Stavropoulos, Elena (Rolando) Cruz, Rodolfo (Eden) Ordenez, Teresita Easterling, Zenaida Tobias, Darlito (Aida) Ordenez and the late Renato (Alice) Ordenez. Proud uncle of many nieces and nephews. Visitation Monday, January 31 from 4:30-9:00 PM. Service 7:30 PM at Colonial-Wojciechowski Funeral Home 8025 W. Golf Road- Niles. Interment Private. INFO 847/581-0536 or www.colonialfuneral.com

RHEE, ANNA CHOON

RHEE, Anna Choon, beloved wife of the late Won Rhee. Loving mother of Elissa (John) Lee, Eun (Jim) Parrilli and Steve (Jennifer) Rhee. Cherished grandmother of Samantha, Brian, Nicky, Cenzo, Mia, and Naya. Dear sister to many. Funeral Monday,

February 7 at 10:00 at Colonial-Wojciechowski Funeral Home 8025 W. Golf Road- Niles. Interment All Saints. Visitation Sunday 2-5 PM. Mass 4:00 PM. INFO 847/581-0536 or www.colonialfuneral.com

CPL CHRISTOPHER E. ZIMNY

CPL Christopher E. Zimny, United States Marine Corps, 27 of Glenview, IL. Beloved son of Ted and Barbara nee Adamski Zimny. Loving brother of Michele (Hank) Stuart, Danielle, Lisa and John Zimny. Dear uncle of Matthew. Dear grandson of Helen and the late Hipolit Adamski and Joseph and Gene Zimny. Fond nephew of Mark, Andrew, Jack, Christine and Harriet and cousins Mike, Carrie, Greg, Bobbi and George and also Rick, Stanley, Eva, Amy and Alicja. Funeral Wednesday, February 9 at 10:00 AM From Colonial-Wojciechowski Funeral Home 8025 W. Golf Rd., Niles to St. Catherine Labouré Church - 3535 Thornwood Ln., Glenview, Mass 11:00 AM. Interment Maryhill Cemetery. In lieu of flowers, memorials to the Christopher Zimny Scholarship Fund c/o Glenbrook South High School, Attn: David H. Smith- 4000 W. Lake St., Glenview, IL 60026 are appreciated. Visitation Tuesday 1 to 9 PM at Colonial-Wojciechowski Funeral Home. A Candle Light Vigil will also take place Wednesday Evening at

Glenbrook South High School at 7:30 P.M. in the Fieldhouse INFO: 847/581-0536 or www.colonialfuneral.com

EDWARD J. RIZZO

Edward J. Rizzo, beloved husband of the late Mary Ann nee Nardi. Loving father of Douglas (Kelly Knaack), Daryl (Jaime Garcia) and Dennis (Susan). Cherished grandfather of Thomas and Sam. Dearest friend of Dorothy Vetter. Fond brother-in-law of Kathleen (the late Robert) Carnivele, Nicholas Nardi, Dominick (Carol) Nardi and the late Joseph Nardi. Loving friend of Catherine Nardi and the late Joseph & Susan Markese. Thoughtful Uncle of Gary, Lisa (John), Steven (Wendy), Daina, Tracy, Michael and John. Great uncle of Vito, Kelsie, Eric and Evan. Best friend of Joseph and Victoria Peluso. Funeral Tuesday February 8 at 9:30 A.M. from Colonial-Wojciechowski Funeral Home, 8025 W. Golf Road, Niles to St. Isaac Jogues Church, Mass 10:00 A.M. Interment Queen of Heaven Cemetery. Visitation Monday 3:00 - 9:00 P.M. Info: 847-581-0536 or www.colonialfuneral.com

MARIUS ANDREW ZURAT
Marius Andrew Zurat, died of brain cancer at 74 years of age. Best friend and cherished husband of Jeanne "Eugenia" nee Czerwicz. Dear broth-

er of Fr. Hugh Zurat, OFM. Fond uncle to Thomas Czerwicz, Pamela Wolf and Kay Maguire of Ohio. Beloved great uncle and great-great uncle of numerous nieces and nephews. Loving cousin and friend to many.

He was ordained in 1956 as a member of the Franciscans of Pulaski, Wisconsin and retired from the institutional priesthood in 1973. Blessed with intelligence, wit and charm, he lived every moment of his life to the fullest, made life a celebration for all those who knew him and touched many lives in his ministries past and present. He was loved by many and will be missed by many.

Family & friends will gather Friday February 11 at Colonial - Wojciechowski Funeral Home, 8025 W. Golf Road, Niles for a memorial visitation between the hours of 3:00 and 9:00 P.M. A Wake service will be held at the funeral home Friday evening at 7:30 P.M. The Funeral Liturgy will be celebrated at his home Parish of St. Isaac Jogues Church, 8149 W. Golf Road, Niles on Saturday February 12 at 10:00 A.M. Please, in lieu of flowers, donations may be made to the American Cancer Society or the American Brain Tumor Association. Info: 847-581-0536 or www.colonialfuneral.com

Continues...
OBITUARIES page 20.

Terrace Suites

THE PERFECT ALTERNATIVE

The privacy seniors cherish with the safety net of licensed nursing care available around the clock. A new program for older adults at Bethany Terrace Nursing Centre, the Suites are accessible through a separate entrance in the main lobby.

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- Private bath with walk-in shower
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Letter written by Charles M. - resident

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SENIORS

Obituaries

CARMEN GAUDIO SR., 84
Carmen Gaudio Sr., 84, Decorated WWII Veteran, auto mechanic, musician, marksman, world traveler, cyclist, artist, benefactor, lover of people, Marathon runner, finished his last race. Survived by wife Geri Perry; sons, Alex (Kathy) Carmen Jr.; daughter Dolores (Don) Minkley; 15 grandchildren; 13 step grandchildren; 23 great-grandchildren; brother Jim; sister Louise; and countless friends. Brothers, Nick, Tony, and sister Natalie (Henry) Cinelli preceded him

in death. Visitation at Colonial-Wojciechowski Funeral Home, 8025 W. Golf Rd., Niles, 3 to 9 p.m. Friday. Funeral 9 a.m. Saturday to Our Lady of Pompeii, 1224 W. Lexington, Chicago, 10 a.m. Info. 847-581-0536.

MIERISCH, Herbert C.
MIERISCH, Herbert C. age 81 US Navy Veteran and 20 years on the Glenview Volunteer Fire Department. Beloved husband of June nee Schuh. Loving father of Dale (Alice) Mierisch, Ginger (Rich) Zuffante and Melody (Dave) Mierisch- Graf.

(Continued from page 19)

Cherished grandfather of Heather (Skip), Christine, Steven, Thomas, Alex and great grandfather of Andrea. Dear nephew of Charlotte Ott. Lying in state Monday, February 14 from 9:00 AM until time of service 10 AM at Immanuel Lutheran Church, 1850 Chestnut- Glenview. Interment Memory Gardens. Memorials to Alzheimer's Disease Association appreciated. Visitation Sunday 3-8 PM at Colonial-Wojciechowski Funeral Home 8025 W. Golf Road-Niles. INFO 847/581-0536 or www.colonialfuneral.com

Morton Grove

(Continued from page 14)

Wednesday, March 9.
Niles North Musical, "Seussical" at 10 a.m. on Thursday, March 10.
Niles West Showcase of Bands at 7:30 p.m. on Thursday, March 10.
Maine East Musical Matinee, "Joseph and the Amazing Technicolor Dreamcoat" on Thursday, March 10.

COMPUTER CLASSES AT THE MORTON GROVE SENIOR CENTER

A new series of Microsoft Word classes will introduce some of the many functions of Microsoft Word to new word processing users. Some of these areas include using the toolbars, editing, formatting, spell check, thesaurus and inserting graphics into a document. For those who already have basic word-processing experience through the "Intro to Word Processing" Class, this is the next step! The prerequisite for this Class is "Intro to Word Processing" or equivalent experience. This four-week series meets from 10:45 a.m. to 12:15 p.m. on Saturdays from March 5 through 26. The cost is \$32 for Senior Center Members and \$37 for non-members. Please register in person at the Senior Center.

The OOPS (Other Operations Pertinent to computer Skill) Class will teach the "other" skills needed to run a computer smoothly. Instructor R.J. Bruno guides students through the ins and outs of how to successfully operate through and around trouble areas in the computer. This four-week series meets from 12:30 to 2 p.m. on Saturdays from March 5 through 26. The cost is \$32 for Senior Center Members and \$37 for non-members. Please register in person at the Senior Center.

The Internet Class will help students develop the tools needed to overcome frustrations about the INTERNET!! The prerequisite is the "Getting Started" Class or equivalent experience. This four-week series meets from 2:15 to 3:45 p.m. on Saturdays from March 5

through 26. The cost is \$32 for Senior Center Members and \$37 for non-members. Please register in person at the Senior Center.

ITALIAN FEST 2005- AN AFTERNOON IN ROMA

There's a little bit of Italian in everyone!! Come and celebrate the tastes and sounds of Italy while enjoying the majestic and Romanesque beauty of the Alta Villa in Addison, IL on Tuesday, March 8. Dine on a fantastic four-course Italian meal and listen to live musical entertainment as the Italian classics come to life!! Included in this afternoon will be transportation, show, lunch of minestrone soup, Alta Villa's famous pizza bread, succulent chicken parmigiana, mostaccioli, tasty cannoli, and a complimentary glass of wine. The bus leaves the Morton Grove Senior Center at 10:30 a.m. and returns at 4 p.m. The cost for the entire trip is \$58 for Senior Center Members and \$66 for non-members. Please register in person at the Senior Center.

"ELEANOR ROOSEVELT: FIRST LADY OF THE WORLD"

Donna Horvitz will lead this wonderful slide presentation discussing the life of Eleanor Roosevelt and how she continues to inspire. Mrs. Roosevelt was known for never giving up on life, being a life-long learner, and being willing to change. She worked to transform her world on behalf of greater dignity and security for all people, for women and men in equal measure. She used her position as first lady to advance the causes she passionately championed. In doing so, she was frequently cited as the most important woman of her time. Now, many call her the most important woman of the twentieth century.

Please register for this free program to be presented at 1:30 p.m. on Monday, March 14 in the Morton Grove Senior Center by calling the Morton Grove Senior Hot Line at 847/470-5223.

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Most people who need a hearing aid actually need two to hear their best — and this offer makes owning two digital hearing aids more affordable than ever!

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Good at participating Miracle-Ear locations only. Special offer applies to purchases of same make and model. 50% discount applies only when first hearing aid is purchased at the regular list price. No other offers or discounts apply. Offer expires 2/23/05.

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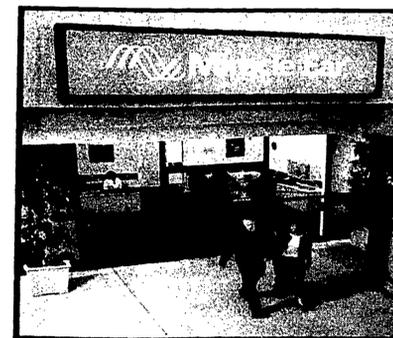
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Purchase one package of high quality Miracle-Ear® hearing aid batteries and receive one package **FREE**.



Good only from participating Miracle-Ear representatives. One coupon good per customer. No other offers or discounts apply. Discount does not apply to prior sales. Cash value 1/20 cents. Offer expires 2/23/05.

Call now for an appointment and save today!
Offer ends February 23, 2005



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- Chicago Ridge Sears Chicago Ridge Mall 708-499-3480
- Crystal Lake Sears 105 Northwest Hwy. 815-788-1405
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Special Care Unit Director

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MUSIC MUSIC MUSIC

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DOWN

- 1 Staff leader?
- 2 Snare beat
- 3 "___ at the Races"
- 4 Pastor
- 5 Laundry item
- 6 "___ with me ..."
- 7 Silver State city
- 8 Loads
- 9 Bel ___
- 10 Passion
- 11 Wanting
- 12 Calcutta queen
- 13 Pertaining to 5 Across
- 19 Of a South America range
- 21 Ruth's mother-in-law, et al.
- 24 Macbeth title
- 25 Metrical measures
- 26 Tabloid, e.g.
- 27 Prepared fish
- 28 Protection
- 29 Andrea del ___
- 30 Willow
- 31 Support units
- 33 "Little Man ___"
- 34 Mint product
- 37 Vampire's favorite tooth
- 38 Footnote alert
- 44 Minerva's counterpart
- 45 Gloms
- 46 Wee
- 47 Perfume source
- 48 Droops
- 49 Inventor's forte
- 50 Wimpled women
- 51 Riles
- 52 Church section
- 53 Sigmund's daughter
- 54 Editor's choice: abbr.
- 55 Fat chance!

EUROPEAN CUISINE

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COLE NEWS SERVICE

- ACROSS
- 1 Prep for finals
 - 5 Space spinner
 - 9 "It Happened One Night" director
 - 14 Garden State city
 - 15 Biblical victim
 - 16 In full voice
 - 17 Zest
 - 18 Kegler's spare count
 - 20 Shipping geese to Brazil?
 - 22 White elephant, e.g.
 - 23 Beetle
 - 24 Step for Tiny Tim?
 - 27 Anther visitor
 - 29 Woeful sound
 - 32 Where the girls are
 - 33 Forum garb
 - 35 ___ rule: usually
 - 36 Yank on tour?, with An
 - 39 Fed. office of measures, formerly
 - 40 Gratifies to the max
 - 41 First name in cosmetics
 - 42 Long and winding road
 - 43 Old ___ Satan
 - 44 Boards walkers
 - 45 Kyoto cummerbund
 - 47 It's ___: overtime cause
 - 48 Umbrella seller's song?
 - 56 Corrupt
 - 57 Participating
 - 58 "The Balcony" playwright
 - 59 Author Hunter
 - 60 Weather condition, with cold
 - 61 Sarah Vaughan nickname
 - 62 ER supply
 - 63 Moolah

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LIFE

EVENTS CALENDAR

GOVERNMENT

- Thursday, February 17**
 -7 p.m. Morton Grove Park District Board meeting
 -7:30 p.m. Park Ridge Park District Board meeting
- Monday, February 21**
 -7:30 p.m. Park Ridge City Council meeting
 -7:30 p.m. Elementary School District 70 Board meeting
- Tuesday, February 22**
 -7:45 p.m. Niles Township High School District 219 Board meeting
 -8 p.m. Niles Village Board meeting
- Thursday, February 24**
 -7:30 p.m. Golf Maine School District 67 Board meeting

COMMUNITY

- Thursday, February 17**
 -The Morton Grove Woman's Club will hold their first meeting of the year at noon on Thursday, Feb. 17 at the Evanston Golf Club, 4401 Dempster, Skokie. The cost of the luncheon is \$17.50. President Louise Strazynki will conduct a short business meeting after lunch followed by Honky Tonk pianist Marty Sammons who specializes in Old Time sing alongs, Ragtime and 'early Rock and Roll.
- Friday, February 18**
 -Bethany Terrace Nursing Centre, 8425 N. Waukegan Road in Morton Grove will be holding their monthly Alzheimer's Support Group on Friday, Feb. 18 in their Forest View Center from 1:30 to 2:30P.M. Everyone is welcome to attend. Please feel free to contact Mary Anne O'Brien at 847-965-8100, ext. 229 with any questions.
- Sunday, February 27**
 -The Niles Historical Society will host a presentation on the 1933-1934 Century of Progress Chicago Exposition on Sunday, Feb. 27 at 2 p.m. Bill Hinchliff has been teaching adult education courses on Chicago architecture and history for over 20 years as well as leading bus, bike, boat and bike tours of the city. The program will also cover the new lakefront, the Burlington Zephyr, Sally Rand and modern architecture.

Meetings for governmental bodies are held in the following locations:

Niles
 Village of Niles: Niles Civic Center
 1000 Civic Center Dr., Niles, IL
 Niles Park District: Howard Leisure Center
 6676 Howard St., Niles, IL

Park Ridge
 City of Park Ridge: City Hall, 506 Butler Pl., Park Ridge, IL
 Park Ridge Park District: Maine Park Leisure Center
 2701 Sibley Ave., Park Ridge, IL

Morton Grove
 Village of Morton Grove: Village Hall, 6101 Capulina
 Morton Grove, IL
 Morton Grove Park District: Prairie View Center
 6834 Dempster St., Morton Grove, IL

Submit events to: Calendar@buglenews.com

Chef Harry presents

As days lengthen, thoughts turn to spring rolls

BY HARRY SCHWARTZ
 Copley News Service

Sometimes you learn things in the strangest of places. My family and I enjoy Thai-style spring rolls full of fresh veggies, bean thread noodles and shrimp. Dipping sauces round out the equation and we can make a meal of them - especially as it gets close to spring and we are getting our palettes out of winter carbohydrate mode.

Going for a ride one Sunday afternoon, we saw a sign for Thai food in the window of what looked like a biker bar. I thought it best that I went in alone while my wife and daughter waited in the car. Inside this dreary and shabbily furnished place I saw pleasant faces and smiles. I looked at a menu and it included our craving. I figure I'd order them to go. Lucky for me, as I peered through the open kitchen door I could see the chef preparing spring rolls.

Until then, I had been puzzled by the wrappers for spring rolls. I had seen them in supermarkets and Asian markets from coast to coast. They are dried spring roll skins. They are dry sheets made of rice, salt and water. I had also seen the sweetened ones with coconut and other seasonings.

But I didn't know how to turn them into the pliable, almost rubbery yet soft and workable, skins.

So there she was, this Asian chef, working quickly and efficiently on a large clean work surface. She dipped the sheets briefly in very hot water, placed them flat on the surface, filled them and rolled them up tightly. Brilliant! And, it couldn't have been easier. In a brief moment, she opened up a new culinary door for me, yet I'm sure she was most unaware of it.

I have been making spring rolls at home ever since. One other curious traditional ingredient in these fresh bundles of crunch is bean thread noodles. They are the almost-clear bundles of uncooked noodles you see in the Asian section of many stores but might not know what to do with. Join the club. But again, once I learned, they have become a staple in my cupboard.

To prepare bean thread noodles, soak them for five minutes in hot tap water and drain. Cut in desired lengths with kitchen shears and poach in boiling water for 30 seconds. Run cold water over them to stop them from

cooking and drain. When they have cooled, toss with sesame oil and a bit of seasoned rice vinegar, to taste, until ready for use in spring rolls. They also make a great side dish in sesame vinegar marinade with a dusting of toasted sesame seeds.

Now lets roll some spring rolls. Have all of your ingredients ready and then prepare a shallow dish with boiled water. The dish must be wide enough that a spring roll skin can be laid on top of the water in a single layer, a oven-proof pie pan or a large

- 2 cups alfalfa or clover sprouts
 1 cup cocktail shrimp, cleaned and chopped
 1/2 cup scallion greens, chopped
FRESH AVOCADO SPRING ROLLS
 24 large fresh basil leaves
 2 cups fresh alfalfa or clover sprouts
 12 strips fresh avocado tossed in lemon juice
 1/2 cup fresh scallion greens, chopped
- FRESH CURRIED CRAB SPRING ROLLS**
 24 large fresh basil leaves



saute pan works perfectly. Lay a skin on top of the water for two seconds and turn it over. Soak it for two to three seconds and lay it flat on a clean work surface.

Place a large basil leaf or two in the center and a bundle of filling ingredients over the leaves. Roll up tightly like egg rolls and place on waxed paper. Repeat for as many spring rolls as you intend to make. Cover and refrigerate up to five hours before serving. They should not touch each other or they will stick and tear.

For 12 fresh spring rolls, you will need about six cups of filling combinations. I have listed some favorites below based on using 12 skins along with some outstanding dipping sauces. And while these are great as a lunch or supper, they make great make-ahead appetizers for your next party. You'll have your guests talking for days.

Use the above method to prepare the spring rolls and the following recipes to fill them:

- FRESH SHRIMP SPRING ROLLS**
 24 large fresh basil leaves
 2 cups prepared bean thread noodles, chopped (see above)
- 2 cups prepared bean thread noodles, chopped (see above)
 1 cup fresh alfalfa or clover sprouts
 1/2 cup fresh chopped chives
 1 cup fresh cooked crab meat mixed with 1/3 cup mayonnaise and mild curry blend, to taste

2 cups prepared bean thread noodles, chopped (see above)
 2 cups fresh alfalfa or clover sprouts
 1/2 cup fresh chopped chives
 1 cup fresh cooked crab meat mixed with 1/3 cup mayonnaise and mild curry blend, to taste

FRESH SHREDDED CHICKEN SPRING ROLLS
 24 large fresh basil leaves
 2 cups prepared bean thread noodles, chopped (see above)
 2 cups fresh alfalfa or clover sprouts
 1 cup shredded cooked and cooled chicken tossed with 2 tablespoon hoisin sauce
 1/2 cup fresh chopped scallion greens

 Serve one or more of the following dipping sauces with your spring rolls:
 Harry Schwartz is author of "Star Grazing," companion cookbook to his public television series. Visit his Web site at www.chefharry.com or send questions and comments to him at Copley News Service, P.O. Box 120190, San Diego, CA 92112. © Copley News Service Visit Copley News Service at www.copleynews.com.

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REAL ESTATE

THE BUGLE

Thursday February 17, 2005

BY ROSE BENNETT GILBERT
Copley News Service

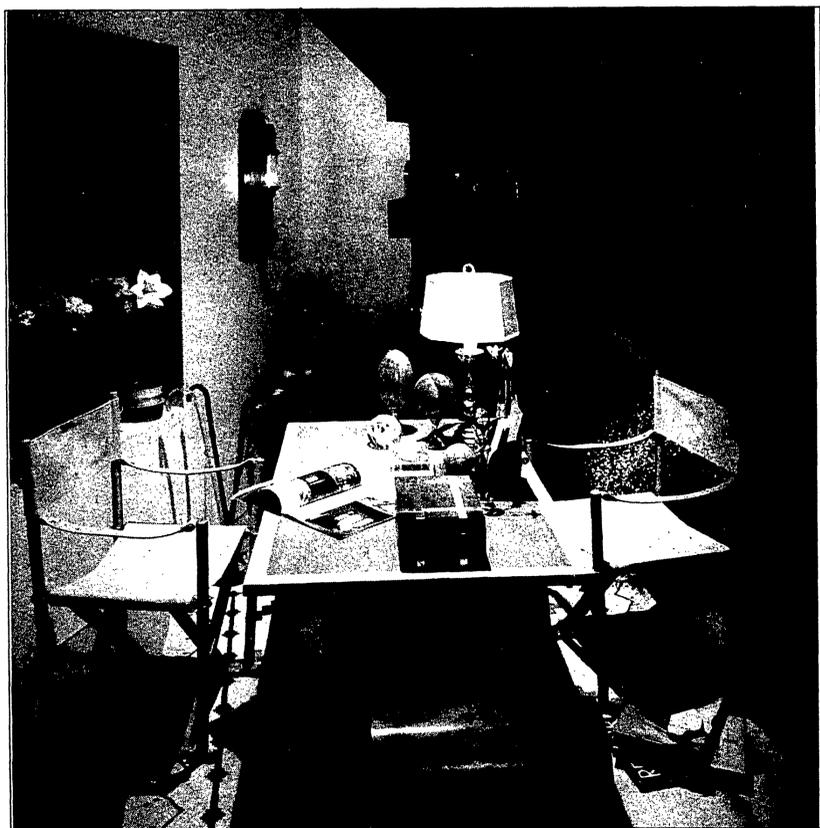
Decor Score

A little sleight-of-hand and you have your dining room

Q: I absolutely refuse to live without a dining room, even if my boy friend thinks I'm crazy. Our apartment is really tiny but I am convinced it's nicer not to eat in the kitchen - even if we have to put the table in the back hallway. We're only there some nights and weekends, but I'd like to be able to entertain a few friends from time to time. I need advice!

A: Have the courage of your convictions, girl! There is a big difference between dining and just eating, and often that difference is the atmosphere in which you do it. How is more important than where or even what you have in your dining area. Gracious dining is all about mood, which is set by color, lighting and the care you lavish on details, like dishes, cutlery, and the centerpiece.

The dining "room" in the photo we show here was a hardworking office half an hour before the dinner bell rang. In the magic hands of New York designer Margot Gunther, the area morphs easily into space for feeding (a small) family or entertaining (a few) friends. Out go the "In" baskets. The computer keyboard slips in a drawer. Presto, change-o: the work-a-day space assumes a new grace. More sleight-of-hand: the designer uses a painted diagonal line to break up the flat surface of the wall, creating the illusion of more room than really exists. You can accomplish the same effect by hanging gathered cur-



tains over a blank wall, so it looks more spacious in the mind's eye.

Q: I read about painting a wooden kitchen floor in your column and I wondered if anyone ever painted a linoleum floor with any success.

A: Paint experts tell me it's as easy to paint over linoleum as any other type of flooring. A successful job requires careful prep work, an oil-based primer, oil-based paint formulated for porch floors, and finally a couple of protective coats of non-yellowing clear polyurethane. My best advice: go pick the professional brain of your local paint retailer.

Q: We are fixing up the nursery for the baby we're expecting in three months. Because we don't want to know in advance whether we will have a boy or girl, we're having trouble picking a color scheme. What would you suggest?

A: Something warm and welcoming, such as yellow, but not a timid, tepid yellow. Pastels appeal to grown-ups' stereotypes about babies, but the fact is, newborns' eyes can't even perceive pale colors. On the contrary, babies love the stimulation of bright, saturated colors, like a rich, sunny yellow, even chrome, yellow - or, the happiest nursery I've ever seen - crayon red and white.

As your child grows, you can adjust the color scheme. The time for soft colors comes when he or she hits grade school, says Glidden paint color expert Barbara Richardson. She cites

Continues...

DECOR SCORE page 26.

A greener view

No need to change this bulb

BY JEFF RUGG
Copley News Service

Q: We bought an amaryllis bulb and when we took it out of the box, we realized that it had been lying sideways in the box. The stem was growing

Continues...
A GREENER VIEW page 25.

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The Bugle

February 17, 2005

REAL ESTATE

Greener view

(Continued from page 24)

crooked. Are we supposed to plant it right side up in the pot or keep it laying on its side? Will the stem straighten up?

A: Plant the bulb in the normal position with the roots pointing down. When you do so, the flower stalk may appear to be growing sideways, but after a few days it will begin to straighten up and then start growing straight up. It might end up with a bit of a bend, but it will be fine.

The new growth has the amazing ability to sense both light and gravity. It will try to grow up right and it will try to grow toward sunlight. After potting it so the bulb and roots are in their correct orientation, place the pot so that the back of the bend points toward a window. The new growth on the stem will help straighten up as it tries to aim toward the light.

Q: When my next door neighbor decided to plant some black and red currants, I researched the rust disease problem that white pines get and that you wrote about a few weeks ago. I told him that this put my white pine in danger. He checked it out and thinks the plants he got from a friend were of a disease-resistant variety. I checked a few garden catalogs, and there are some disease-resistant varieties of black currant. I am still not comfortable about these plants, but what can I do? Evidently, the black currant is more susceptible to this disease than the red currant, but he planted three of each type. Even if he has the so-called disease-resistant varieties, how much confidence can I have that these types will not get infected? I know some states prohibit their sale, but here in Illinois, they are allowed. Can one spot the disease on the pine needles, and if so, will getting my neighbor to pull his plants be a timely remedy?

A: The term "disease resistant" does not mean that the plant can never be infected, just that it has a harder time becoming infected. The key in this situation is to watch both sets of plants carefully. The rust symptoms on the currant leaves will show up in mid-summer. The bottom of the leaf will develop brown or orange blisters or spots. Yellow spores will form a powder that blows in the wind to the pine trees. The currant leaves may turn yellow or they may stay green on top and not appear to be infected until the bottom of the leaf is inspected. On the pine tree, the needles are the first location to be infected, but they show only small spots that look like many other spots that these needles get. Nearby branches may develop brown or yellow spots. In a year or two,

the bark in these areas develops swollen, orange-colored cankers. A canker is an open wound (think of a canker sore in your mouth). A year later, the same area of bark develops white blisters (kind of like small mushrooms). They release orange powdery spores that re-infect the currants. The branch area that has the blisters dies and the whole branch

bark tissue. Eggs are laid in these holes and the tiny larvae eat their way into the soft trunk where they block the flow of water. The tree top dies and the tree responds by sending out several new growths that try to become the new tree top. At the end of the summer, the larvae mature and start the cycle again. Spraying the tree, especially the

GARDEN TIP

Appreciate the amaryllis

With a little nurturing, an amaryllis can become a perennial.

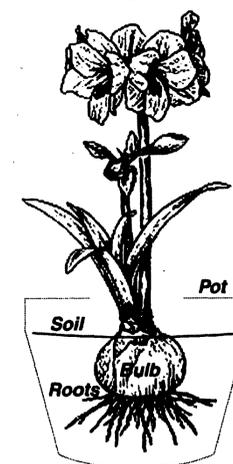
1. Soak the roots for approximately one hour before potting.
2. Put down a base of soil a few inches deep and firmly tamp it down in a pot that is about 2 inches wider than the bulb.
3. Place the bulb in the center of the pot, adding soil and making sure the neck of the bulb sticks up above the soil.
4. Press the soil around the bulb with fingertips.
5. Water thoroughly.
6. Keep in a warm, bright spot and rotate often.

- Once the flowers have faded, cut or break the new bulb and its greenery off from the parent bulb. Keep a handful of roots attached and pot it to foster a new plant.
- To nurture the perennial to bloom again, pinch the flower off as soon as it starts to wither and droop.

■ When it finishes flowering, cut the stalk back to a height of 2 to 4 inches.

■ Keep it in a sunny spot and water when the soil becomes dry.

■ Fertilize once or twice a month with a balanced, soluble fertilizer.



Copley News Service / Pete Chenard

above that location then starves to death as the fungus cuts off the flow of sap.

If your tree has dead branches, look at the base of the dead area to see if there are blisters or other apparent non-disease reasons that the branch died.

Q: You mentioned white pine weevils in a recent article. From your description, they probably killed the partner to my only surviving pine. Even the survivor has lost some top growth, but I trimmed most of the dead wood away. The rest of the tree looks OK. Is there a particular insecticide that is effective for this kind of borer and when should it be applied?

A: The adult weevil spends the winter in the dead plant material under the tree. In the early spring, it moves back up to the tree tops where it feeds on inner

top portion with a systemic borer killer, is the best treatment. To stop the adults and the young larvae before they do too much damage, spray the tree just as the buds begin to swell in the spring. It will take some careful observation to watch the buds and to notice them expanding as the temperature rises. If you miss the best time, you should still apply the systemic insecticide as soon as you can to kill the larvae. Any brand of systemic insecticide will do as long as it says it will work on pine tree borers. It is not feasible to try treating the dormant adults under the tree since new adults can fly in from untreated areas.

E-mail questions to Jeff Rugg at info@greenerview.com.
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