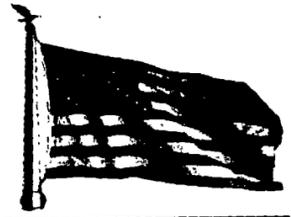


THE BUGLE



Since 1957

Thursday, September 9, 2004

Vol. 48 No. 15

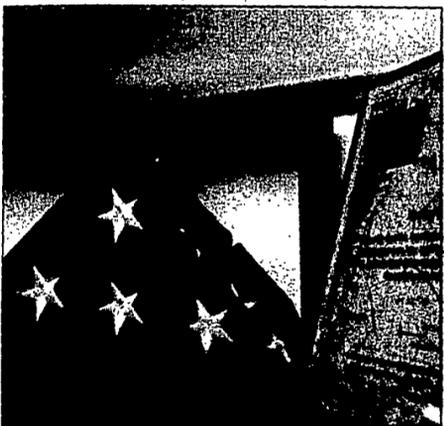
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Inside this edition...



'Calm' Down

Village officials from Niles, Park Ridge, and Morton Grove have three different ways of "calming" speeders in residential neighborhoods. For the story, see page 14.



Honoring Officers

The Morton Grove Police were presented with a flag that flew over Camp NAMA in Iraq at the last village board meeting. Saddam Hussein was held in the camp. For the story, turn to page 11.

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☐ D63 Referendum Committee plans fund-raisers, pg. 10

In Sports

☐ Niles West offense, defense pair, crush Niles North, pg. 15

Emerson soccer contract awaits affiliate signature

A contract that will clear the way to develop soccer fields at Park Ridge/Niles Elementary School District 64's Emerson Middle School awaits only a signature from the Park Ridge Youth Soccer Association (PRYSA), an affiliate of the Park Ridge Park District.

Some Park Board members expressed frustration at the delay of the Soccer Board, which is required to contribute financially to the agreement that has already been approved at least once by both the Park Board and Dist. 64.

"We've now passed two versions of this agreement and have not had a signature from Youth Soccer," said Park Board President Bob Trizna. "If we don't get acceptance or a commitment soon, we should just scrap this proposal for this season."

Trizna was especially frustrated because of a lack of communication between the Board and Youth Soccer.

"I don't think we've had any-

Continues...
SOCCER page 3.

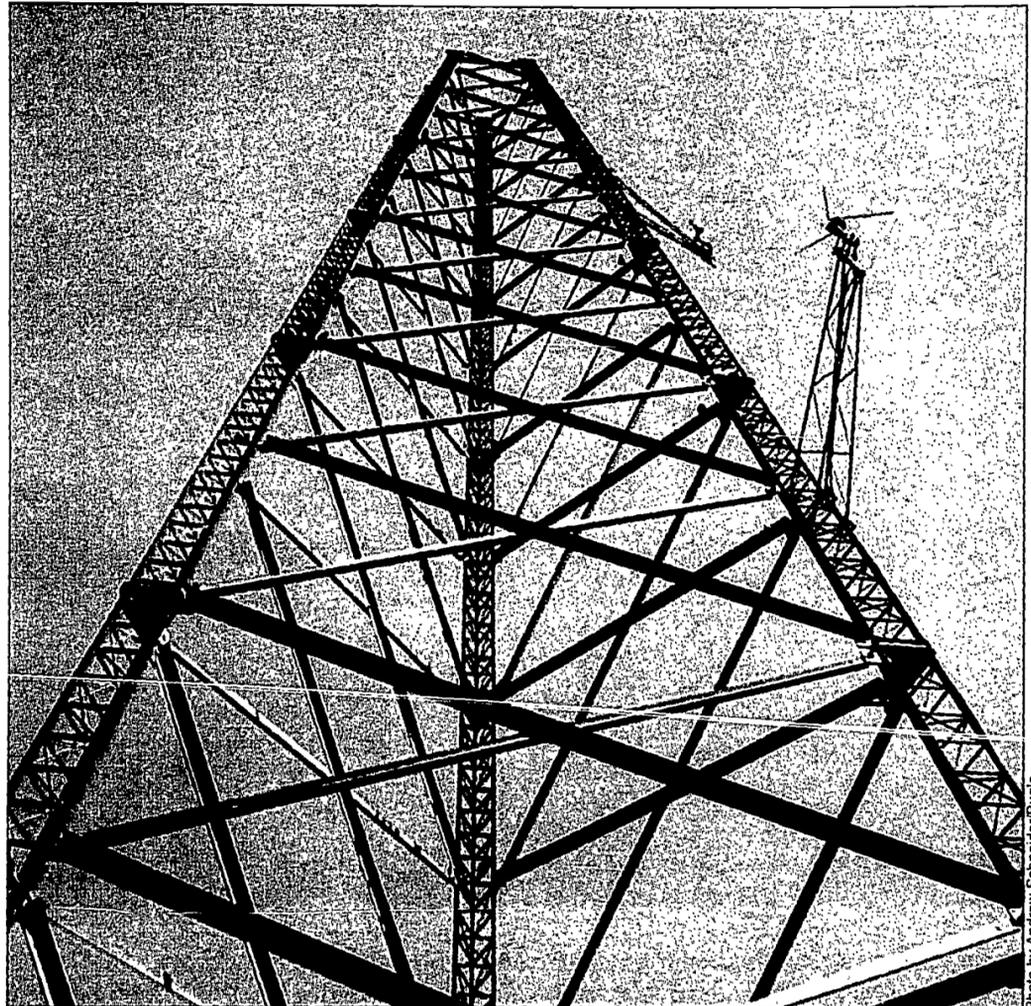


Photo by Andrew Schneider/Bugle

Towering Eyesore

Owners of a lattice tower that stands near the intersection of Howard and Harlem behind the Parkway Bank have been granted a permit to demolish it. Village officials have called the abandoned tower "sky pollution." For the story, turn to 11.

Niles approves new Romanian Church on Caldwell Murphy calls for comprehensive traffic study

BY ANDREW SCHNEIDER
editor@buglenewspapers.com

A new Romanian Baptist Church to be located on Caldwell at the current site of Midwest Casualty Company was approved by the Niles village board at their last meeting Tuesday, Aug. 24.

The proposal for the church, which currently resides in

Chicago, calls for not only a house of worship but also for a school and gymnasium. The church's congregation totals about 350. Local Attorney Paul Kolpak said that the church and school could be a great addition to the community.

"100 percent of the school's graduates go on to college," said Kolpak.

The board was amenable to

the proposal, but several trustees, notably Bart Murphy, were concerned that the new facility would put additional stress on an area that already had considerable Sunday traffic from several neighboring churches.

"I think there's a real situation on Caldwell during the holidays," Murphy said. "Obviously, everyone doesn't celebrate the holidays on the same days, but I

think we need a comprehensive traffic study in that area. To delay this proposal one additional month to see if it will be OK would make me far more comfortable with it."

Mayor Nick Blase said that a traffic study is an option, but not necessarily productive.

"We could do a traffic study,"

Continues...
CHURCH page 3.



In Memoriam: September 11th 2001

NEWS

'Whooping Cough' outbreak continues

71 cases in suburban Cook County

The Cook County Department of Public Health is continuing to monitor the outbreak of pertussis (whooping cough) in the suburban Cook County region.

"We have watched this outbreak continue over the summer months," said CCDPH Assistant Communicable Disease Medical Director, Catherine Counard, M.D.

Pertussis is a highly infectious illness that is easily transmitted through respiratory droplets and

may last for several months. Symptoms may appear five to 10 days following exposure, but can take up to 21 days, and in children include a severe dry cough with a distinctive "whooping" sound which may progress to vomiting.

"Now that school is back in session and there is close contact between children, the chance of more cases is extremely likely."

- Catherine Counard, M.D. Assistant Communicable Disease Medical Director

a mild illness and may not recognize they have the disease. Individuals with a cough that lasts more than two weeks should see their doctor.

Pertussis can affect children and adults alike, but can be par-

ticularly dangerous for children who have not been immunized against the disease. children receive a five-dose series of the vaccine beginning at 2 months of age and then again at 4, 6 and 15 months and a final dose at 4 to 6 years of age.

"In order to prevent continued spread of this disease in the community, it is important for anyone who has symptoms of pertussis, or has come into contact with someone who has pertussis, to seek medical treatment with antibiotics," Dr. Counard said.

Medical providers are urged to test symptomatic individuals for pertussis if they suspect infection and report positive cases immediately to the Cook County Department of Public Health at 708-492-2150.

John Minelli promotes charity

John Minelli takes time out of his busy schedule at Niles' Minelli Brother's Grocery to support the efforts the Mount St. Joseph Association, a residential home in Lake Zurich where his 27-year-old daughter Kristina is a resident.

disabled adult women is holding is annual Autumn Leaves Benefit luncheon on Sunday, Oct. 10. Tickets cost \$40 and a raffle will also be held at the event.

Morton Grove plans 9/11 Memorial

A memorial service for the 9/11 tragedy will be held at the Morton Grove American Legion Civic Center on Saturday, Sept. 11 at 11 a.m.

The memorial will be hosted by the village of Morton Grove and American Legion Post #134.

from the village, the legion and fire and police departments. The flag will be presented and raised to half mast in honor of the brave firemen and police who made the supreme sacrifice.

The Legion Post Honor Guard, under the command of Kenneth Trumbull, will march to the flag area from the Post to present the Flag of Honor to the combined police and firemen.

Niles Teen Center holds open house, Sept. 25

The Niles Youth Council will host an open house of the Niles Teen Center from 10:00 AM-1:00 PM on September 25, 2004.

brochure and register for the teen center, trips and activities. "Every teen in Niles is welcome to check out the Teen Center. We hope that once teens see the facility, they will register and become regular members" said Christine Eischen, Niles Youth Coordinator.

THE BUGLE Staff: Publisher Richard Masterson, Managing Editor Andrew Schneider, Production Manager Rory Scott, Webmaster Gregg Taylor. Office Hours: 9:00 a.m. to 5:00 p.m. Monday through Friday.

GRAND OPENING! SEPT 11TH For Breakfast, Lunch & Dinner Hours Mon. - Sat. 9am to 9pm Sun. 9am - 6pm 379 Golf Mill Center, Entrance #6 (Next to Sears) Niles, IL 60714 phone (847)635-1504 fax (847) 635-1507 Featuring Senior Menu: White Fish, Rigatoni, Veal Cutlet, Greek Chicken, Chicken Parmesan, Liver & Onions. \$5.95. Try the "Sauté Tilapia" or "Char Broiled Pork Chops". \$7.95.

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NEWS

'Thor' system test set for Monday

The Niles Park District is planning to test its new Thor Lightning Guard System on Monday. Installation was completed last week.

The system consists of sensors placed within the park district facilities that measure electrostatic charges at ground level and in the atmosphere.

ing an 8 to 12 minute warning to clear the area and seek shelter.

Operating as a fully automatic system, the voice of Thor sounds two distinctly different tone sequences. When lightning is imminent, a single 15-second blast will sound at each location accordingly.

sound and the strobe light will turn off.

The system will be in operation from April to November, seven days a week from 6 a.m. to 10 p.m. In order to keep the entire system operation, the Park District will test all locations once a month.

Maine EMA heads to Florida

Over the weekend, Bob Cohen, Director of Maine Township's Emergency Management Agency (EMA) and the Citizen's Emergency Response Team (CERT), headed to storm-ravaged Florida at the request of the Department of Homeland

Security and the Federal Emergency Management Agency (FEMA).

Cohen was accompanied by two other volunteers — Al Cobble and John Keane. They may be gone for a week or even longer to assist with emergency efforts in Florida.

50's/ 60's Car Show at Pioneer Park

Everyone is invited to help celebrate our 50th Anniversary at Niles Park District's 50's/ 60's Car Show at Pioneer Park, 7135 Harlem Avenue. This special event takes place on Thursday, September 16 from 7:00-9:00 p.m.

60's attire, adult or child, will receive a prize! Come and play a round of mini-golf, or hit a few balls in the batting cages. IT'S ALL FREE FROM 7:00-8:00 PM! Hot dogs, chips and pop will be .25 each! There will be dancing, music and fun!

Those who come "dressed up" for the occasion, wearing 50's or

For more information, please call (847) 647-9092.

Church

(Continued from page 1)

Blase said to Murphy. "But I don't think that it would come out in favor of the church."

Murphy and village officials pointed out that the 170 spaces allotted in the site plan, would be insufficient if the proposed gymnasium and church were operating at the same time.

"The tenants of the church clearly state that church comes first," he said. "No matter what was happen-

ing, it would be cancelled if a pressing church matter came up."

Kolpak also said that a one-month delay was unacceptable because the school needed to open in September.

"We need to open the church and school as soon as possible," said Kolpak. "We've already met with the Fire inspectors and the church community is mobilized to do anything."

Additionally, church leaders are meeting with neighboring industrial

sites in an effort to make an agreement on parking, Kolpak said.

"We don't have an agreement as yet," he said. "But we're talking."

The board agreed that a traffic study was necessary and the church agreed to cover the cost. They also agreed not to begin construction on the gymnasium until the board was satisfied that it would not cause a serious traffic problem to the area.

With those conditions, the board gave permission for the church to begin construction.

Soccer

(Continued from page 1)

one from Soccer in here," he said. "And when there is, they're either ignorant, incompetent or unwilling to speak."

However, Commissioner Gail Wilkening said that it was important to be patient with Youth Soccer.

"They are not the enemy," she said. "We are not the enemy. Let's

just figure out a time when we can all get together and talk about this."

Volunteer coaches for the Youth Soccer program were expected to meet Wednesday and Commissioner Marty Maloney said that the board should at least wait until their next meeting before making any decision on the agreement.

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NEWS



ne Township
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AGENCY

Township
EMA helps out

Volunteers from Maine Township's Emergency Management Agency (EMA) and Citizens Emergency Response Team (CERT) were in Antioch, Illinois last weekend to assist the local EMA agency with clearing flood prone areas. Several dozen made the journey. EMA and CERT will previously involved with disaster relief efforts following the tornado in Utica, Illinois.

Screen legend cut-outs hype
"Old Hollywood Open House"

Assisted Living accommodations at Norwood Park Home, 6016-20 N. Nina Ave., Chicago, will be showcased during an "Old Hollywood Open House," on Wed., Sept. 15, from 2:30 p.m.-4 p.m.

Visitors and children of older parents will have the opportunity to tour suites, meet residents and staff members, have questions answered, and become better informed about improving the quality of life of a loved one. Norwood Park Home has the distinction of receiving a perfect rating - "no deficiencies" - in its recently completed annual licensure renewal inspection conducted by The Illinois Department of Public Health.

Silvia Garcia, director of admissions, and Linda Kreger, director of marketing, along with other staff members will conduct tours and answer questions. While here, representatives of the Norwood Park Seniors Network

(NPSN), a community outreach program, will be available to explain their many programs.

Join us in the afternoon, take a tour of our community and take pictures with life-size cut outs of screen legends Humphrey Bogart and Marilyn Monroe. Enjoy appetizers such as pigs-in-a-blanket, mini-meatballs and shrimp cocktails while sipping on a mocktail, and receive a gift for taking the tour. It's a good time to discover why Norwood Park Home seems like "the best location set" for many older adults from our local communities.

Norwood Park Home, a not-for-profit division of Nor-Wood Life Care NFP, is a community that offers Assisted Living, memory Support Units, Skilled Nursing Care, Respite Care, and Medicare/Rehab.

For more information about the Hollywood Open House or Norwood Park Home, call Linda at (773) 577-5328.

Notre Dame celebrates 50th anniversary

On Sept. 1, 1954, Notre Dame High School for Boys was born. His Eminence, Samuel Cardinal Stritch, then the Archbishop of Chicago and Rev. John Lane, CSC, the Holy Cross Provincial Coordinator of construction, along with many other religious and laity, broke ground on the high school in Niles. Thus began a 50-year commitment by the Congregation of Holy Cross to educate the minds and hearts of young men from Chicago and its many suburbs.

Today, this commitment to Catholic education on the part of the Priests of Holy Cross, Notre Dame, IN, remains stronger than ever. To celebrate this commitment, Notre Dame will host a Cornerstone Commemoration on Sunday, Oct. 24 starting at 3 PM. The event, which will not only mark the laying of Notre Dame's cornerstone but honor the building of the school's mission the past 50 years, will begin with a Mass followed by a re-dedication and blessing of the school. Then in a reception beginning at

4 PM, Notre Dame will present its Cornerstone Awards to three men who have worked to further Catholic education in the context of faith, scholarship and service—the three cornerstones of a Notre Dame education. The three awardees will be longtime Notre Dame High School teacher and counselor Rev. William Brinker, CSC (Faith), University of Notre Dame President Rev. Edward A. Malloy, CSC (Scholarship) and Notre Dame Class of 1966 graduate John Ranos (Service).

"We are celebrating the cornerstone of not just a building, but of a mission which offers a distinctive belief in Catholic education inspired by the Congregation of Holy Cross and shared by many over the 50 years," Notre Dame President Rev. Michael DeLaney, CSC said. "In addition, we are a part of a Holy Cross community of schools that span the country and several continents, and trace the very mission to our founder, Venerable Basil Moreau when the first Holy Cross parish and school were opened in France in

1837." Families, current students, Alumni, faculty and staff, friends, plus anyone else who has ever been involved in the life of Notre Dame High School, are invited to attend the Cornerstone Commemoration.

"This is a true milestone in the life of Notre Dame High School," Fr. DeLaney said. "A half-century has passed since the tilling of the ground and the establishment of the cornerstone. It is a great opportunity to honor the Notre Dame education that has benefited more than 11,000 young men and engaged their families, to celebrate the achievements of our current school community and to realize that the horizon is filled with the dreams of future generations of Notre Dame students and their families."

For more information regarding the Cornerstone Commemoration, contact Joe Villinski, Director of Public Relations, at 847.779.8618 or jvillinski@ndhsdons.org. Please also visit www.ndhsdons.org.

Co-Owner of Des Plaines paper passes away

Mary Jane Wessell (nee Hobson), co-owner of the Des Plaines Journal for 56 years with her husband the late Richard Wessell, Sr., passed away Tuesday, Aug. 24 at Lutheran General Hospital in Park Ridge fol-

lowing a lengthy illness. She was 83.

Funeral Services were held on Saturday, Aug. 28 at First United Methodist Church, 666 Graceland Ave., Des Plaines from 10:30 a.m. During her career, Mrs. Wessell

served as the head bookkeeper, Social editor and Travel editor. She purchased the newspaper with her husband Richard in the 1950s and worked full-time well into the 1990s. She is survived by six children and 13 grandchildren.

MG Park Dance companies perform

The Morton Grove Park District's Starbound Dance Company and Street Dance class performed at the Illinois State Fair on Saturday, August 21 (pictured above). Eight members of the 2004 Company performed: Lori Andel, Katie Foley, Gina Marie Koontz, Adrienne Ordenez, Lynda Pisula, Brenda Sekosan, Frieda Trovela and Anet Wysocki. Members of the Street Dance class are: Kirstie Beck, Mary Jayne and Teagan Smith. The group is lead by Dance Coordinator Helen Lazicki and assistants Marie Policzuk and Lori Andel. Auditions for the 2004-05 Company will be held on Saturday, September 11 at Prairie View Community Center from 12:00-1:30pm. Dancers must be 13 years of age or older and have

Advanced Tap, Jazz and Lyrical Ballet skills. The Company rehearses weekly and will enter one competition and perform in the annual recital. The program also invites guest dance instructors. Registration for the 2004-05 dance program at the Morton Grove Park District is in progress. Classes are offered for dancers ages 3 to 18 years including Creative Dance, Tap & Jazz, Hip Hop, Ballet, Lyrical Ballet and Repertoire. Call 847-965-1200 for more information.

Pictured Left to Right front row: Teagan Smith, Kirstie Beck, Lori Beth Andel, Lynda Pisula, Marie Policzuk, Adrienne Ordenez. Back Row: Mary Jayne, Helen Lazicki, Katie Foley, Anet Wysocki, Gina Marie Koontz and Frieda Trovela (Brenda Sekosan is not pictured).



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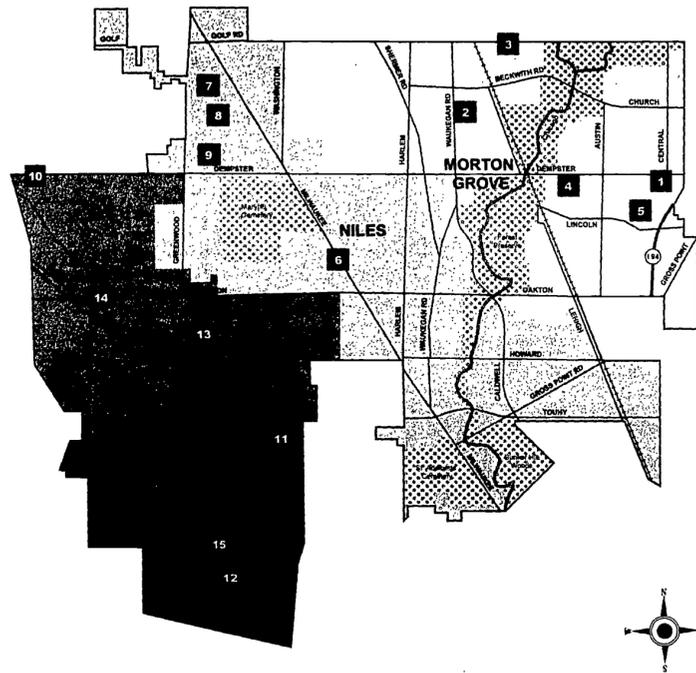
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POLICE BLOTTER



Bugle Graphic

MORTON GROVE

The following items were taken from official reports of the Morton Grove Police Department for the week ending September 3, 2004.

- 1 Money found in garbage (5600 Dempster)**
A Morton Grove man and his son found \$134 in cash in a garbage can at a gas station in the 5600 block of Dempster Tuesday night August 31.
According to the report Lowell T. Yap Sr., 52, and his son Lowell Jr. were in the Shell station at Dempster and Central when

- Lowell Sr. found a bag in the garbage next to a gas pump. Lowell Sr. gave the bag to his son to hold, but when they got home they felt uncomfortable about keeping the money and turned it over to Morton Grove police.
- 2 Employee purse stolen (9200 Waukegan)**
A 49-year-old restaurant employee told police her purse was stolen from a cabinet in the back room of the restaurant in the 9200 block of Waukegan Wednesday afternoon September 1. The woman told police she placed the purse in the cabinet right after she got to work about 2:45 p.m. She said when

- she went to retrieve her purse about an hour later she discovered it missing. The purse contained \$20 in cash and keys.
- 3 Credit card fraud (6600 Palma)**
A 56-year-old Morton Grove man has his work cut out for him as he tries to clear up \$26,000 in credit card charges that were charged to his name by someone who was issued a bank credit card using the man's identification. According to police the man was notified by the credit card provider that payments on the card were overdue. The man told the representative he did not have a credit card with that provider. The man told police the

credit card company had his social security number and information on his past.

The credit card company told the man the money was used to pay off two other credit cards and one check was written to a person.

The man told police he recently started working for a charity in June and while he was filling out his application he got into a conversation with another new employee who told him someone had stolen her identification to order Dell computers online. The man believes someone at the charity is using the information from job applications to apply for credit cards.

- 4 Public indecency (6300 Dempster)**
A female employee at a fast food restaurant in the 6300 block of Dempster was startled Saturday morning August 28 when a man in a U-Haul truck exposed himself to her while he passed through the drive thru lane. The woman told police the man originally ordered a large soft drink but when he got to the window he told her he did not have enough money and changed it to a medium. The woman said as she reached to hand the man the soft drink he mumbled something and when she stuck her head out of the drive thru window to hear him she could see he had his pants down and was performing a lewd act. The man then took off.

- 5 Car stolen (8500 Lillibet)**
A 1997 red Ford Crown Victoria was stolen from the driveway of the owner's home in the 8500 block of Lillibet Friday morning August 27. The owner told police the car was valued at \$5,000.

NILES

- The following items were taken from official reports of the Niles Police Department for the week ending September 6, 2004.
- 6 Thief fills up on stolen credit cards (8100 Milwaukee)**

- The owner of a restaurant in the 8100 block of Milwaukee told Niles police someone used a stolen credit card on more than one occasion to have food delivered to a home in the 1800 block of Parkside in Park Ridge. The owner told police a woman ordered food twice for delivery on August 9. Both deliveries totaled \$120.
- 7 Shirts stolen (Golf Mill)**
A 21-year-old Schaumburg man was arrested for shoplifting at the Sears store in Golf Mill Tuesday night August 31 after store security watched the man place four men's shirts in a Sears bag and walk out of the store. The shirts were valued at \$45.96.
- 8 Retail theft (Golf Mill)**
A 13-year-old Morton Grove youth was arrested by store security at the J. C. Penny store in Golf Mill Thursday evening August 26 after store security watched the youth take two wallets off a display and place them in his pockets. The wallets were valued at \$45.
- 9 Damage to property (8400 Oak)**
A 16-year-old Niles youth told the owner of home that he would pay for the damages after the youth drove his 1993 Jeep Cherokee on the man's lawn Friday night August 27. The report does not reveal the circumstances that led to the youth driving onto the lawn or any drug or alcohol tests being administered.

PARK RIDGE

- The following items were taken from official reports of the Park Ridge Police for the week ending August 27 - September 7, 2004.
- 11 Burglary (2700 Dempster)**
A Sony X-Box and a digital camera were stolen from a home in the 2700 block of Dempster Saturday August 28. The owner told police the items were valued at \$600.
- 12 Bike stolen (400 S. Northwest Hwy.)**
A bike that was allegedly secured was stolen from a secured garage in a multi-residence building in the 400 block of Northwest Highway Tuesday August 31. The bike was valued at \$430.
- 13 Burglary (1400 Crescent)**
Tools valued at \$450 were stolen from an unlocked garage in the 1400 block of Crescent Tuesday August 31.
- 14 Vandalism (900 W. Crescent)**
Vandals caused at least \$3,500 worth of damage to home under construction in the 900 block of W. Crescent sometime between August 26 and August 28. According to police the vandals entered through a window well and used a blunt object to damage two hot water heaters and the first floor walls.
- 15 Landscaping trailer stolen (2300 Oakton)**

A landscaping trailer parked in a lot in the 2300 block of Oakton was stolen sometime between August 27 and August 31. The owner told police the trailer contained lawn mowers and other landscaping equipment.

16 DUI arrest (900 Devon.)
A 73-year-old Park Ridge man was arrested on a DUI charge in the 900 block of Devon at 6:40 a.m. Wednesday September 1. According to police he originally disobeyed a traffic control. His bond was set at \$1,000. The man's court dated is October 1 in Skokie.

SUMMARY OF CRIME: Morton Grove

- Theft -2
- Burglary-1
- Niles
- Theft -4
- Damage to property-2
- Fraudulent activity -2
- Park Ridge
- Burglary -4
- Damage to property-3
- Theft -5
- Arrests-11A

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COMMENTARY

THE BUGLE

Thursday September 9, 2004

THE BUGLE

In Service to the Community

Editorial Board

Publisher
Richard Masterson
Editor
Andrew Schneider
Production Manager
Rory Scott

SOUND OFF!

Did you consider Labor Day the end of the summer?



"Not really, because I get Columbus Day off. I think closer to Halloween when it gets cold." **Joey Gattorna-7th grade student St. John Breufel.**



"I suppose it does, but I usually consider late September the end of summer." **Jim Cullinan- Chicago**



"Yes, but it's a long time between the end of summer and the holiday (Labor Day)." **Lori Gattorna- Morton Grove**

COMMENTARY

THE BUGLE

Thursday September 9, 2004

East Maine

(Continued from page 8)

same way. School districts have also been required to refund millions of dollars to corporations who have successfully appealed their property taxes.

District 63 has taken steps to address its financial difficulties most notably since 2000 by eliminating millions of dollars from the operating budget. We have until this year been able to make changes that had only minimal impact in the classroom. In an effort to fulfill our legal obligation to provide a balanced budget, we have recently taken some very drastic steps. We have reduced our teaching staff; we have eliminated much of their support staff; we have reduced our administrative staff; we have ceased to fund our nationally recognized band program; and we have ceased to fund all extracurricular activities including all sports. Consequently, class sizes have grown while support services and programs have diminished.

Along with areas of concern, District 63 has areas of success, such as test results that indicate that we have been successful in making gains toward improving student achievement.

It is important for our community to understand, however, that the measures we have needed to take to balance the budget have created huge challenges. While we firmly believe we have the finest superintendent, administrative staff, and teaching and support staff, it is essential that they have the right tools to help to insure our students continued success. Those tools have been limited because of our financial restraints.

Our entire community is affected by the quality of our schools. Therefore, please, know that the District 63 Board of Education and staff members will do everything within our power and within our limited resources and financial capabilities to continue to pursue our mission to educate children to succeed responsibly in a changing world.

Respectfully yours,
The East Maine School District 63 Board of Education
Jane Wojtkiewicz, President
Steven Levy, Vice-President
Sonja Witschonke-Mess, Corresponding Secretary
Karen Dimond
Elizabeth Houlihan
John Jekot
Anne Marzullo

Congrats on Bugle improvements

Dear Editor,

Just a note to congratulate you on turning out a great local newspaper. The four color pictures are excellent and the make-up is great. You turned a rag into a real newspaper. Keep up the good work.

Harold G. Cohon
Morton Grove



The Unreasonable Man

"The reasonable man adapts himself to the world; the unreasonable man persists in trying to adapt the world to himself. Therefore, all progress depends on the unreasonable man." - George Bernard Shaw

The world is full of ideas. Some of them are reasonable; some of them, at least at first glance, are not. And the best ideas sometimes come from the most unlikely sources. (Remember "Out of the mouth of babes..." - the young, not necessarily females?)

But to "do business" we've encouraged specialization of thinking. We've created priesthoods, not necessarily only religious, where thoughts and ideas follow the ideas and logic of others.

We think what our teachers, our mentors, and our "bosses" tell us to think. We rely slavishly on history or precedent or tradition to guide us through our daily lives. We rely on the priests, or gurus or "experts", to tell us what's right or what works or

what's expected of us.

That's good enough if all we're looking for is mediocrity, for the usual, for what everybody else is doing. It's NOT good enough if we want progress or improvement or enjoyment.

Reasonable men, or women, are trained not to make mistakes or misstatements. Reasonable men, or women, will say less, or nothing, if it means the possibility of being shown to be wrong or misguided or hurtful. Reasonable men, or women, have been conditioned to ignore the "whole truth" part of "the truth, the whole truth, and nothing but the truth" so as not to offend anybody or have an error thrown back at them. (Not all, of course; but close.)

So that, according to Mr. Shaw, leaves us unreasonable men to make change.

I'm not encouraging that everyone blurt out anything that comes into their mind, as if everything they thought were a good idea. But I am encouraging that people be

more expressive and daring so that they can test their ideas against other good minds and learn from the dialogues that ensue.

I am encouraging all people to take those self-selected unreasonable ideas out of the deep recesses of their minds and expose them to the clear light of day, and discussion.

I am encouraging that citizens lose the fear of being thought unreasonable and wrong and out of place if they show the rest of us what they think and how they think. I am encouraging that the great talent that lies within each of us to think and effect change be brought to bear on the local, national, and international problems that we all face.

Great ideas can even come from you.

I am encouraging that citizens become unreasonable. That they become passionate (which, of course, is always unreasonable). Passionate about their obligation to contribute to a better world, to making the world a better place for their having walked it. That they start that journey right here in Park Ridge, in their family, in their social or community settings. In their government.

Start now. Be unreasonable.

Chuck@ParkRidgeBugle.com

Letters

Niles Y fires 'pivotal' employees

Dear Editor

Four pivotal employees of the Niles Leaning Tower Y were dismissed in a clean sweep this past week. Two of them were near retirement. The esteemed Membership Director as well as the Senior Director were among the group. These folks gave the Niles Y a sense of Community. They were respected by the membership for the fine job they were doing. We are considering giving up our membership. Until the current leadership gives an answer regarding the dismissal of these fine folks, we are encouraging other members to follow suit. Our priorities are in people. All should be treated the way we would want to be treated.

Tom Bowler and Teri Olson
YMCA members

An Open Letter to the East Maine School District 63 Community:

Dear Editor,

District 63, along with many other school districts across Illinois and the nation, has been experiencing financial hardship over the last few years. Among the reasons for this situation are reductions in the funding of public education at both the state and federal level. Additionally, the implementation of the No Child Left Behind Act has brought with it many new and unfunded mandates. The Chicago Area "Tax Cap" also limits the increase in property tax revenue the district can access. The rising cost of doing business is not limited in the

Continues...
EAST MAINE page 9



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SCHOOLS

District 63 schools start challenging year

For the first time in recent memory, students in East Maine School Dist. 63 will experience larger class sizes...

The District has had to cut 19 classroom teaching positions in the elementary schools to balance the budget, Johann explains.

The enrollment levels at the beginning of the 2004-2005 school year are:

Table with 2 columns: School Name, Enrollment. Includes Apollo (601), Gemini (787), Mark Twain (412), Melzer (384), Nelson (572), Stevenson (435), Washington (333), Total (3524).

In the past, the District used a grade level class size ratio of 25 students to one teacher.

Input received from the community during public discussion of the budget reductions indicated that "specials" (art, music, physical education, library) and special programs such as Project Prevent (reading support) should not be eliminated.

"This is the new reality as all our schools work to adjust to the new staffing levels," he said.

Johann noted that even though the total district enrollment is steady some of the staffing needs for some schools are still hard to predict due to the mobility of the local population.

"Historically, we see an increase in enrollment at Apollo and some of our other schools particularly after Labor Day," Johann said.

In addition to the larger class sizes in 2004-2005, District 63 has fewer support personnel such as curriculum and instruction facilitators.

District 63 Referendum Committee Sets Fundraiser Events

The citizen's committee working for passage of East Maine School District 63's tax referendum in November is looking to raise funds with two events next month.

According to the committee organizers, the school district does not pay for any of these activities.

The first event will take place at the Burger King restaurant, 7133 Dempster, Niles, on Wednesday, September 8 from 11 a.m. to 8 p.m.

The Pizza Hut restaurant, 9102 N. Milwaukee Avenue, Niles, will be the site of the second fundraising event.

Regular prices will apply during both events. Committee members will distribute coupons in advance and onsite.

Runners Get Ready for Track-a-thon

Brooks Park, 7100 N. Harlem, will be the site for the 24th Annual St. Juliana School Track-a-thon on Thursday, September 23rd and Friday, September 24th.

Students are currently soliciting sponsors from their friends, relatives, neighbors, and business affiliations.

Volunteers are still needed to assist as lap counters and to give refreshments to the students as they complete their run.

The schedule for running this year's Track-a-thon is as follows: Thursday, September 23rd 3rd Grade 8:40 A.M. - 9:40 A.M. 6th Grade 9:50 A.M. - 10:50 A.M. 8th Grade 11:00 A.M. - 12:00 P.M. 1st Grade 12:10 P.M. - 12:55 P.M. Friday, September 24th 4th Grade 8:40 A.M. - 9:40 A.M. 5th Grade 9:50 A.M. - 10:50 A.M. 7th Grade 11:00 A.M. - 12:00 P.M. 2nd Grade 12:10 P.M. - 12:55 P.M.

One out-of-uniform pass is awarded to the boy or girl in each grade level who runs the most laps. A Pizza and Pop Party will be held for the participants in any first grade room that collects more than \$800.00.

In case of rain on the scheduled Track-a-thon dates, make up dates for the event will be Monday, September 27th and Tuesday, September 28th.

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NEWS

'Sky Pollution' Abandoned lattice tower in Niles dismantled

BY ANDREW SCHNEIDER editor@buglenewspapers.com

An "eyesore" was demolished in Niles Tuesday when Western Utility Contractors, a company hired by ComCast Cable Company dismantled an abandoned television tower at 7601 N. Milwaukee, adjoining the Parkway Bank Building at the intersection of Harlem and Howard.

"I can actually see them taking it down from my window," said Assistant Village Manager Steve Vinezeano. "It's going to look much better once the tower's gone."

The removal of the tower was expected to take several days.

The lattice tower was built sometime after the first cable franchise agreement in Niles was signed in 1981. It was built by Cablevision to receive microwave signals for the cable system.

"Once it was determined that the lattice tower behind parkway bank had been officially abandoned and outlived its usefulness the current cable company, ComCast, was contacted by the Community Development Department," said



Workers from Western Utility Contractors Inc. disassemble a lattice tower that stands near the intersection of Harlem and Howard Tuesday. The tower belonged to Comcast Cable Company.

Assistant Village Manager Steve Vinezeano. "They were told that it was time to remove it and return the property to as good condition as before the tower was built."

When the tower was built a fence was installed that blocked the sidewalk.

"The sidewalk will be replaced after the fence is removed,"

Vinezeano said. "It's really going to go back to the way it was before the tower was built."

The location was once the site of the Niles village hall. Vinezeano said that the tower's removal will improve the entire village.

"It's sky pollution," he said. "It's a bit of an eyesore and we'll be happy to see the site cleaned up."

Hit a Hole-in-One for Norwood Park Foundation

Come out swingin' for Norwood Park Foundation at the Annual Golf Outing Benefit to be held at Mission Hills Country Club in Northbrook, on Mon., Sept. 20.

"We are so grateful to our generous sponsors for adding to the excitement of the day with these wonderful prizes," said Trish Hinkes, executive director of Norwood Park Foundation.

Registration begins at 10 a.m. followed by a chipping clinic, barbecue lunch and a noon shot-

gun start. Highlights include Hole-in-One contest, event prizes and more. The event also concludes with your choice of prime rib or grilled salmon dinner, awards, raffle, and an auction.

The Norwood Park Foundation along with the Norwood Park Home and the Norwood Park Seniors Network are divisions of

MG Police given flag from Iraq

Resident Marano nets flag from FBI

An American flag that flew over the prison where Saddam Hussein was held in Iraq was given to the Morton Grove Police by resident Sargon Marano at the last board meeting Monday, Aug. 23.

Marano, who works for the FBI was raised about seven miles from the Iraqi city of Fallujah. He speaks Aramaic and is an Assyrian, a minority in Iraq.

"I am a language specialist," said Marano. "I want to serve my adopted country."

The flag, Marano said, flew over Camp NAMA in Baghdad on June 24, 2004.

"That was the camp where Saddam Hussein was interrogated," he said. "I would like to present this flag to Morton Grove in recognition of the men who protect us 24 hours a day."

"It will be an honor to display this in our police department," said Morton Grove Police Chief George Inledon.



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NEWS



Niles Family Fitness Center Opens Kiss Espresso and Café General Manager Maxim Kiss

The Niles Family Fitness Center is pleased to announce the opening of its café on Monday August 30, 2004, featuring coffees, fruit smoothies, bagels, muffins, salads, sandwiches and snacks. The café will be opened during fitness center hours.

The Niles Family Fitness Center continues to provide its members and guests with a state of the art fitness facility, indoor aquatics center, gymnasium, indoor track, high quality fitness programs and many

personal services. The Café is just one more in a series of services that the Niles Family Fitness Center offers its members and guests on a daily basis. Other services include personal training; massage therapy, fitness evaluations, assessments and diagnostics.

The Niles Family Fitness Center invites all members of the community to work out at our facility Free for Seven Days and take advantage of our "Back To School Family

Membership Special": Receive 3 Months Free When You Purchase an Annual Family Membership.

Included in this press release is a photo from the ribbon cutting ceremony. Pictured from left to right is: Steve Vinezeano (Assistant Village Administrator), Carl Maniscalco (Director Niles Family Fitness Center, Maxim Kiss (General Manager, Kiss Espresso), Bart Murphy (Board of Trustee Village of Niles) and Mary Kay Morrissey (Village Manager)

Do I Need to Plan If I Have Joint Tenancy Property?

We all have the friends or family that think they are the armchair experts on everything. They want to walk on your back when you are in agony. They told you Enron was a hot stock to buy. And, they tell you that all you need is to hold assets in joint tenancy.

Joint tenancy is a method of titling real estate, brokerage accounts, and other property. With joint tenancy, each joint tenant has an equal right to the property. At the death of one of the joint tenants, the other joint tenant(s) automatically get(s) the interest of the owner who died. For example, Betty is a widow and she adds her son Ben as a joint tenant. Upon Betty's death, Ben would be the only remaining joint tenant and would have complete ownership of the property.

Joint tenancy is seemingly simple, the property passes automatically at death. However, it is not necessarily the best way to pro-

ceed. First, in this case, Ben's creditors can take their proportionate interest or can file suit for a partition or force a sale. This is especially problematic when a parent adds a child for "simplicity" and then ends up losing half the property when junior gets sued for a drunk driving accident.

The transfer into joint tenancy for some things, such as real estate, is a gift. If this gift is over \$11,000, a gift tax return must be filed. If joint tenancy is a bank account, there is a gift upon withdrawal by the other joint tenant. So, when Betty added Ben on the title, she made a gift to her son, Ben. If, down the road, Ben is taken off the title, he has made a gift back to his mother, Betty. This could be especially problematic if Betty is trying to qualify for Medicaid benefits, because a gift typically causes a period of ineligibility. Suddenly, this "simple" form of holding property is not so

simple after all.

In addition to gifting concerns and creditors, Ben could get divorced and Ben's interest in the property could be part of that settlement.

A better solution would be to have Betty establish a revocable trust and put that property, among others, in the trust. The property still avoids probate and Betty can specify when and how Ben will get the property, yet his creditors will not be able to get it.

An attorney who focuses his or her practice in estate planning can save you from your "know it all" friend and can help you find a solution that fits your needs.

Chester M. Przybylo is a member of the American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 35 years. For more information or to attend an upcoming seminar, call (773) 631-2525.



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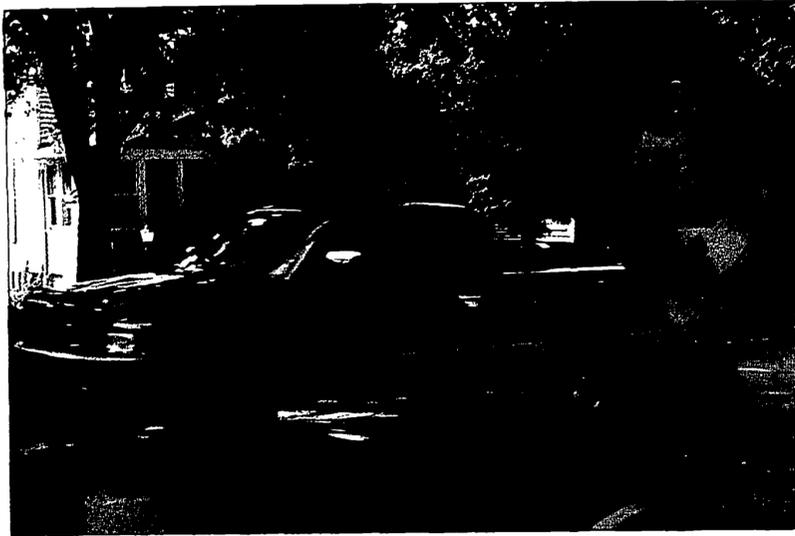
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Happy New Year!
From The Bugle

NEWS



A truck goes over a speed hump on Meacham in Park Ridge last week. City Engineer Dave Ellstrand says that the humps have diverted traffic from the residential street back onto the through-way, Prospect.

Over the 'Hump'

'Traffic Calming' is a hot topic for municipalities, but only Park Ridge has deployed speed humps

BY ANDREW SCHNEIDER editor@buglenewspapers.com

Despite a resident's request for both speed humps and stop signs along Central in Morton Grove, Village Engineer Ryan Gillingham believes that speed humps are not the best way to slow down speeding drivers or "calm" traffic.

"We've typically been avoiding speed humps," said Gillingham. "We think that the problems could outweigh the benefits."

Those problems, Gillingham continued, include making snow removal more difficult, maintenance costs, rough rides for drivers, potential for damage to vehicles and questionable aesthetics.

Some communities, such as Park Ridge, are deploying speed humps and other traffic calming devices such as traffic circles and "chokers," when a street is narrowed as it approaches intersections.

"We have to take each situation as a unique case," said Gillingham. "You can't say one approach is going to work for every intersection."

While Morton Grove hasn't deployed any speed humps or other serious traffic calming devices, it isn't because they've ruled them out entirely.

"We're always open to suggestions on how to make things safer in the village," said Gillingham. "Speed humps are relatively inexpensive, but the problems could outweigh the benefits." Park Ridge City Engineer Dave

Ellstrand, however, has found that speed humps are effective without the sorts of problems cited by Gillingham.

The city currently has 11 permanent and three semi-permanent speed humps that are removed during the winter. Ellstrand said that there have been about seven requests for new speed humps that would be installed next spring. However, he believes there shouldn't be more than two or three new humps.

"We're looking at traffic circles and chokers for next year," he said.

The existing speed humps have been an unqualified success: they diverted traffic and have not caused any problems.

"On Meacham we have three speed humps," said Ellstrand, "and they have diverted traffic, it stays mostly on Prospect and doesn't cut through anymore."

"But there aren't only engineering solutions to speeding drivers. The city is currently partnering with local schools in what is being called the "turtle" program: signs bearing a green turtle on a yellow field are posted outside of schools and in nearby homes to remind drivers to slow down in school zones."

"We want to remind people that the speed limit is 20 in school zones," Ellstrand said.

But, the key to slowing drivers down is enforcement, says Niles Public Works Director Jun Noreiga.

"Nobody is following the rules," said Noreiga. "All people who

have a license have a responsibility."

Niles residents have asked for speed humps, Noreiga said, but the humps are an expense and could result in problems with snow removal.

"We don't allow them at all because it's a problem for snow removal," he said. "They're also a hazard for drivers and would increase the village's liability."

Besides, the village has much higher priorities for its Public Works funds, Noreiga believes.

"First we need to fix the sewers, the water system and the streets," he said. "When I started working here we had 100 water main breaks a year. We're down to about 60 now and I'd like to see it go down to 20."

Those breaks are extremely expensive, costing the village approximately \$5,000 each. That's roughly the cost of about three speed humps.

"These systems have been in the ground for 50 years," said Noreiga. "The older generation took care of it and now it's our turn to take care of it for the next generation."

The village has to prioritize, he said. Besides, it's really up to drivers to respect the speed limit in residential neighborhoods. Posting the limit or installing speed humps won't end the problem he believes.

"There's a responsibility for drivers," Noreiga said. "You know that the speed limit is 25 if it isn't posted. Just posting new signs won't stop anybody. Enforcement of the current rules is the first step."



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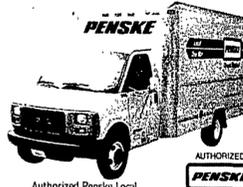
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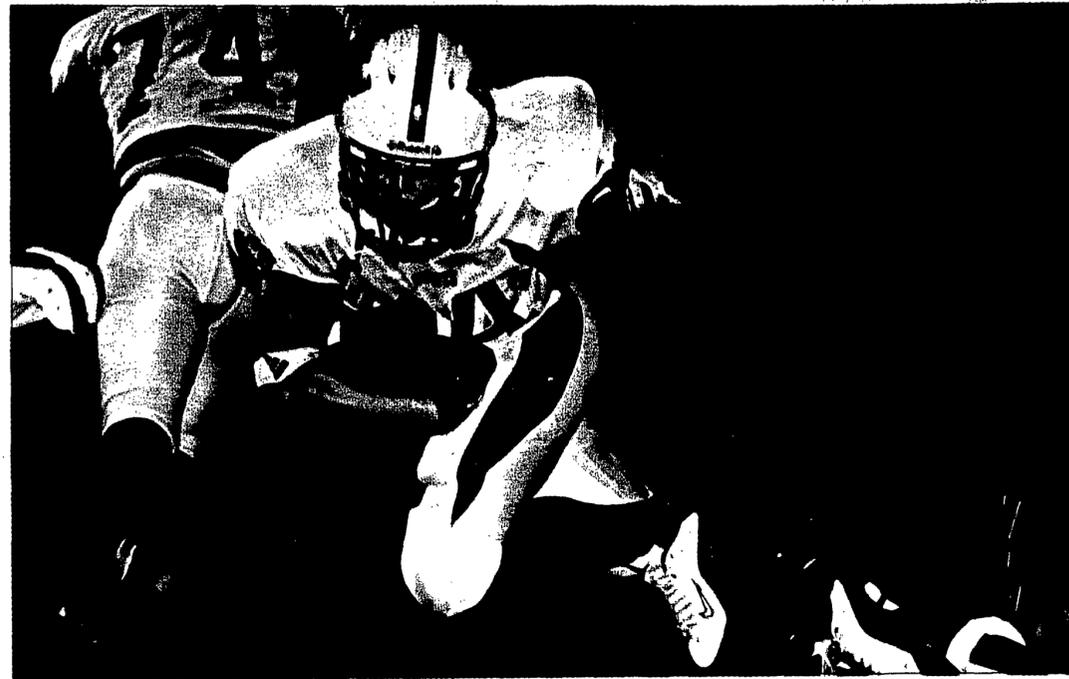
Niles West hands North a crushing 50-6 defeat

BY RYAN BISHOPP rbishop@buglenewspapers.com

In a complete reversal of fortunes from last week's performance, the Niles West football team came out and played Friday night like it had something to prove. A revamped defense hurt by the loss of graduated seniors held the Niles North offense to one touchdown en route to a 50-6 road victory.

Both teams were looking for their first victory of the 2004 season and both started strong offensively. The Vikings fired up the home crowd on their first series, opening up in a four wide receiver shotgun set, but using mostly running plays to pick up big chunks of yardage. The result was a 20-yard pass hauled in by #80 by Miguel Cortez as the Vikings answered the Wolves touchdown with a score of their own.

Continues... NILES WEST 16.



Niles West's Michael Galambos breaks a tackle to give the Wolves a 13-6 lead in the first quarter of their game at Niles North Friday night September 3.

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Advertisement for Village Plumbing & Sewer Service Inc. Includes logo, 'SINCE 1948', and a list of services like sink/faucets, toilets, sump pumps, and water heaters.

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Advertisement for Diva Diaries musical. Includes 'ON SALE NOW!', 'It's La Cage meets Mamma Mia!', and 'DIVA DIARIES a sassy new musical with big hair BEGINS SEPTEMBER 22'. Also mentions Lakeshore Theater and contact information.

SPORTS

Dons start season with a win

BY CHRISTOPHER PLACEK
Notre Dame '06

The Notre Dame varsity football team kicked off the 2004 campaign on Aug. 27 with a 21-7 victory over Marian Catholic. In what Notre Dame head coach Mike Hennessey described as a "great overall effort," the Dons gave their fans something to cheer about on both sides of the ball.

The defense was extraordinary - the Spartans did not score until the second minute of the fourth quarter. The crowd erupted in the fourth quarter after defensive tack-

le Andrew Beil intercepted a Marian Catholic pass for a 28-yard return, which set the Dons' offense up at the Marian Catholic 27-yard line. The victory was secured two plays later, when wide receiver Dan O'Leary caught quarterback Kevin Mitchell's 26-yard pass in the corner of the end zone.

"It looked like a giant baked ham," Beil said of the pigskin that fell into his hands after defensive tackle Rick Podkova tipped the Marian Catholic pass.

Mitchell, who Hennessey described as "poised", led the offense to two other scores that came in the first half: in the first quarter, Mitchell threw to wide

receiver Joe Leyhane for a 16-yard touchdown reception; in the second quarter, running back Jovaughn Mixon caught a 7-yard pass.

Connor Flahive was 3-for-3 in extra points. "[The players] were into the game [and] really played hard," Hennessey said.

Week Two will feature the historic Northwest Side rivalry between the Dons and the St. Patrick Shamrocks. The 7:30 P.M. contest Friday, Sept. 3 will take place at Hanson Stadium in Chicago.

"It's [always] such an emotional game," said Hennessey.

Niles West

#80's runback to the Wolves' 41-yard line gave the Vikings a short field to work with. A quarterback draw by #11 netted 23 yards and surprised the beleaguered Wolves defense, led by hard-charging lineman Tommy Maddux. Another run by Cortez down to the Wolves 16-yard line, left the Vikings in a passing situation. That's when 11 found 80 in the corner of the end zone to get the Vikings within a point. The extra

"Our offense really got into a good rhythm. It was good to see our three sophomores getting some valuable playing time. The line, particularly, Andy Kopf was strong on the jet sweep. We were efficient attacking one side of the field and that is when we are at our best," said coach Mark Egofske.

Mark Egofske,
Niles West Coach

point was wide right. The 7-play drive took 4:30 off the clock and awarded the defense with some much needed rest.

Illinois-bound running back Rashard Mendenhall was limited in his workload tonight. Riddled by flu-like symptoms and a hamstring injury, he played the first half, rushing for 148 yards, garnering 171 total yards. The running game rushed for over 300 yards on the night as the offensive line took control early and often. Starters Tommy Maddux, Kristopher Kinslow, John Alvarado, Brett Kopf and Greg Eastman opened up big holes for running backs George Howe, Newman and Mike Galambos.

Junior running back George Howe rushed for over 150 yards on the night, the highlight being a 87-yard sprint that made the score 42-6 at 1:59 of the third quarter, thus starting the running clock. The Wolves defense stuffed #34 on a fourth-and-five rushing attempt for no gain, paving the way for Howe's long touchdown.

The Wolves had a Cusack 65-yard punt return touchdown called back due to a clipping penalty. However, the Wolves scored two plays later on a 8-yard TD run by #34, set up by Mendenhall's 20-yard sweep. The two-point conversion by #34 made the score 21-6 at the 7:00 mark of the second quarter.

(Continued from page 15)
Moreover, the Wolves running



Niles West's Rashard Mendenhall runs for a first down during the Wolves opening drive against Niles North Friday night at Niles North.

game was so solid that they didn't throw a pass until the two minutes left in the second quarter and only threw four passes the entire game. The blowout was a chance to get several Wolves varsity game experience, the coaching staff discovered three running backs to mix in with the talented Mendenhall.

Next Friday, the Wolves host 2-0 Deerfield at 7:30.

Niles Parks plan to upgrade more diamonds

The Niles Park District plans to upgrade baseball diamonds at Chesterfield, Jonquil Terrace, N.I.C.O., Oak, Oakton Manor and Washington Parks if it can receive grants from a Major League

Baseball (MLB) charity organization. The MLB fund awards \$0.50 grants to aid in the development or maintenance of baseball diamonds used by youths. The Park District has

already received funding from them for the re-grading of diamonds at Grennan Heights and Pioneer Park. For its current batch of diamonds, the Park District is seeking \$60,000 from the MLB charity.

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SENIORS

SENIOR NEWS LINE

by Matilda Charles

A memory shared

She had always been one of those place-proud women who believed that if she died leaving a dish in the sink or if the contents of her dresser drawers didn't line up like the Queen's Guard on parade, she wouldn't get into heaven when her time came because, she felt, it's cleanliness, PLUS tidiness, that gets you an eternal seat next to the Almighty.

She kept her office in the drama department of the school where she taught in the same clean and orderly condition, and while she never preached what she practiced, she was pleased to see her example inspired others to keep their workplaces as tidy as they could.

Several years ago, she began to change. She took less time with herself both in appearance and personal hygiene. She seemed not to see the dirty corners that had invaded her previously pristine spaces. And, of course, as her loved ones feared, she was diagnosed as having Alzheimer's dis-

ease, the same disease that widowed her 20 years earlier. She handled herself quite well for a while, but then began having serious accidents. Her family realized she needed to move into a care facility. But on the day they came to fetch her, her home aide told them she had died in her sleep during the night. The family said it was a blessing.

I suppose so. But I miss her. She was my wonderful Aunt Anna, who had once been on the stage and never lost the power to enchant everyone she met - until, that is, she lost her "self" and her memories - such as those of Miss Adler (Stella, of course) and Freddie (Frederick March) and others with whom she worked over the years.

This week is the fifth anniversary of her passing, and I thank you for allowing me to share my thoughts about her with you. And if you have a personal story about someone you lost to Alzheimer's, please share it with us.

Write to Matilda Charles in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to letters.kfws@hearstsc.com.

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Niles Seniors

NEW THE MOONLIGHTERS

We are excited to announce our new group, The Moonlighters. We will offer one event each month.

This event will be open to all Club 55/62 members and Senior Center Members.

First come, first registered! Defending the Caveman - Thursday, October 14th, 5:00pm - approx. 10:00pm. \$35 This will be the first event we are offering.

Join us for an evening of Laughter & Fun as we travel to the Metropolitan Performing Arts Centre in Arlington Heights to see Rob Becker's Hilarious, one-man comedy. This is the longest running solo show in Broadway history!

Becker provides humorous insights on contemporary feminism and masculine sensitivity.

Before the performance, we will dine at Lou Malnati's. Dinner includes a Dinner Salad, Lou Malnati's Famous Deep Dish Pizza, Mostaccioli, and Dessert.

Check-in time at the Senior Center: 4:30pm on Thurs., Oct. 14th. Departure: 5:00PM.

Grief Workshop to Offer Support and Coping Tools

Third Session Series to Begin

September 15

Beginning Wednesday, September 15th, the Niles Senior Center will hold a three-session grief workshop for Niles residents touched by the loss of a loved one.

Participants can come to an individual workshop, or join us for the entire series. The workshops will meet on three consecutive Wednesdays, from 1:00pm - 2:30pm:

Workshop #1, September 15th - "What has happened to me?"

Workshop #2, Sept. 22nd - "Dealing with expectations of ourselves and others."

Workshop #3, September 29th - "On my own."

The shift from being part of a couple to living alone changes many things. At this workshop we will explore the stress of living alone and ways to adjust.

Please call one of us (Bev Wessels, MSW, LSW, ACSW, or Melanie Amin, LCSW), at 847/588-8420 for more information on meeting dates and to let us know which

workshops you will be attending so we can reserve a place for you.

NILES SENIOR CENTER REGISTRATION Niles Senior Center offers FREE membership to Niles residents, age 62 and over and their spouses. To register for classes, trips, or purchase tickets, you must be a member of the Center. To become a member, visit the Niles Senior Center, 999 Civic Center Dr., or call 847/588-8420 and we will mail you an application.

Visit the Village of Niles online at www.vniles.com. Learn more about the Village and its services, 24 hours/day, 7 days/wk.

SEPTEMBER REGISTRATION FOR SENIOR CENTER MEMBERS In-person registration begins 8:30am, Wednesday, September 8th, assuming ticket availability. (Mail-in/Drop-off Registration ended Friday, Sept. 3rd.) Fill out & sign the registration form in the Sept. Program Guide - or pick up form at the Center. (You may pay using cash, check or credit card.) Special accommodations needed? Let us know when you register. Call 588-8420 for more information.

Programs listed below go on sale in September.

Regency Senior Day Care www.regencyhealthcare.com What is Senior Day Care? When caring for a loved one who has special needs, it is difficult to keep up with life. Not only do you have their needs to care for, but you also have your own family, career, and responsibilities. Regency Senior Day Care is the perfect solution. Your loved one can participate in our program during the day, and return home in the evenings. •Transportation available •Hot meals •Shower services •Health monitoring •Stimulating activities •Pleasant environment •Good times, good friends Call 847-588-2000 for more information or a tour. Located at 6625 N. Milwaukee in Niles (Between Devon and Touhy)

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SENIORS

Park Ridge Seniors

The golf season is winding down and there are only a few dates left. The ladies will play on September 13, 20 and 27 with a lunch following on the 13th. Cost is \$19.50. Golf only will be played on the 20th and 27th for \$14.50. Tee times are at 8am at Tam Golf course. Men's golf will be on Fridays, September 10, 17, and 24. Tee times begin at 7:20 at Tam.

There is a \$20.00 charge for lunch, golf and prizes. The chorus at the Center will begin rehearsals Friday, September 11 at 1pm sharp under Director Regina Kucharik. New members are always welcome to join. Men and women both are encouraged to be a part of this outstanding choral group. Nurse Nora Rychlewski will be taking blood pressure on Friday, September 17 from 11:30am to 1:30pm. On Thursday, September 16 at

1pm, Dr. Travis Dearborn will speak of natural alternatives to treatment for osteoporosis as well as other methods that might be helpful. He has spoken previously on vitamins. There is no charge but a call to let us know you plan to attend will be appreciated. Another 55 Alive/ Mature Driving course will take place Tuesday and Thursday, September 28 and 30 from 9am to 1pm. This is a great defensive driving course. A certificate of

completion from this course may entitle you to a discount on your auto liability insurance. Pre-registration is required as class size is limited. There is a \$10.00 charge. Checks are preferred and should be made payable to AARP. If you are facing a driver's test soon, you can review Rules of the Road on Tuesday, September 21 from 9-11am. This is a free class but you must sign up in advance. The October luncheon, Monday, October 18, should be a

lot of fun. Entertainment will be our own members using the Center's new Karaoke machine. You don't have to sing, just come and enjoy those who do. Doors open at noon, and 4 kinds of pizza, salad and dessert will be served at 12:30. Cost is \$6.50 and reservations are required following our current registration policy. Come check out the Park Ridge Senior Center at 100 S. Western in Park Ridge or call for information at 847-692-3597.

Morton Grove Seniors

"MY BIG FAT GREEK WEDDING" MOVIE
One woman's rocky road to the altar gets played for laughs in this comedy, adapted from the one-woman off-Broadway show written by and starring Nia Vardalos. Toulia (Vardalos) is a Greek-American woman who is in her early thirties and single, with no immediate prospects of changing that status any time soon. The Morton Grove Senior Center will host the showing of this feature film at 1:30 p.m. on Monday, Sept. 20. The cost is \$.50. Popcorn and pretzels will be served. Please register in person at the Senior Center.

"NORMAL AGING OR SYMPTOMS OF ALZHEIMER'S?"
Arden Courts sponsors this informative lecture on the early signs and symptoms of Alzheimer's Disease verses the normal aging process at 1:30 p.m. on Wednesday, Sept. 22 in the Morton Grove Senior Center. A representative from the Alzheimer's Association will speak and answer questions. Please register for this free program by calling the Morton Grove Senior Hot Line at 847/470-5223.

LIGHTS, CAMERA... "ACTING WORKSHOP"
Join Helen Zachary from the fabulous North Shore Players as she guides seniors through a delightful and free acting demonstration from 9:30 to 10:30 a.m. on Monday, Sept. 27. Let loose and discover the inner thespian in this presentation at the Morton Grove Senior Center. Please register by calling the Morton Grove Senior Hot Line at 847/470-5223.

MAH JONGG CLUB
Play Mah Jongg on Tuesdays, from 12:30 to 3:30 p.m. A 2004 Mah Jongg card must be purchased before the first class (available at most Hallmark Stores). The cost is \$6.50 for Senior Center members and \$8 for non-members. The next 12-week session begins on Sept. 28. Please register at the Reception Desk of the Morton Grove Senior

Center or call 847/470-5223 for more information.
BRIDGE CLUB
Intermediate to advanced bridge games are held on Tuesday afternoons from 12 noon to 3:30 p.m. The cost is \$6.50 for Senior Center members and \$8 for non-members. The next 12-week sessions begins on Sept. 28. Please register at the Reception Desk of the Morton Grove Senior Center or call 847/470-5223 for more information.

MALL SHOPPING
Morton Grove seniors wishing to join shoppers on a trip to Golf Mill Mall on Tuesday, Sept. 28 should call the Senior Hot Line at 847/470-5223 to reserve a seat on the Seniortran. Home pick-ups begin at 10 a.m. with arrival at Golf Mill at 11 a.m. Trips are free for Senior Center members and \$1 for all others.

DIABETES SCREENING
Many people with diabetes go undiagnosed because they are unaware of the signs and symptoms. Some of the warning signs are frequent urination, excessive thirst, extreme hunger, unusual weight loss, increased fatigue, irritability and blurry vision. Diabetes screening is offered at the Morton Grove Senior Center from 9 to 10 a.m. on Tuesday, Sept. 28. Screening is free for Senior Center members and \$1 for all others. Please fast for 12 hours. Water is allowed. Hold diabetic medications.

BROWN BAG MEDICINE REVIEW
Seniors can pack up all their prescription and non-prescription medicines in a brown paper bag and bring them to the Morton Grove Senior Center on Wednesday, Sept. 29. Arti Desai, the Morton Grove Osco Drug Pharmacy Manager will answer medication questions during a confidential and individual session with the Pharmacist. Appointments between 1 and 3 p.m. on Sept. 29 are required by calling the Morton Grove Senior Hot Line at 847/470-5223.

FALL FEST
Head up to Beloit, Wisconsin with Morton Grove

Maine Township Seniors

Listed below are a few of the fall programs for all Maine Township seniors. For further information on these and all senior programs and activities call 1-847-297-2510 or visit www.maine-township.com.

"MUSIC FOR KIDS"
Tuesday, September 21
10 to 11 a.m.
Maine Town Hall, 1700 Ballard Rd, Park Ridge

"HOLY HILL NATIONAL SHRINE OF MARY" and "CEDARBURG" TRIP
Southeastern Wisconsin
8 a.m. to 7:30 p.m.
Friday, October 15
Trip Rate 2 Cost: \$50.00 members/\$55.00 guests

"MUSIC FOR KIDS"
Tuesday, September 21
10 to 11 a.m.
Maine Town Hall, 1700 Ballard Rd, Park Ridge
No Charge- Registration Required
Refreshments will be Served
Are you a grandparent caring for children full time, part time or once in a while? Come and learn some ways you can enjoy music together with your grandchildren and share your ideas with other grandparents. This group offers friendship, support and information as you care for children a second time. This gathering is sponsored by Children's Home and Aid Society.

5 TOWNSHIP JOB FAIR
For people 50 and older looking for employment...Don't miss this Award Winning Event!
Friday, September 24th
10 a.m. to 1:30 p.m.
The Cotillion 360 Creekside Drive, Palatine (Rt. 53 and Northwest Hwy)
*Meet potential employers and bring plenty of resumes
For more information call 1-847-884-0030 #2018 or www.seniortownshipjobfair.com

Day Trips
The following Day Trips are currently on sale. In order to sign up for a Day Trip you must first sign up to be a member and then a reservation form will be sent to you. To become a member call the MaineStreamers at 1-847-

297-2510 and ask for an application. All Day Trip departs from the State of Illinois Building, 9511 Harrison St. in Des Plaines.

"HOLY HILL NATIONAL SHRINE OF MARY" and "CEDARBURG" TRIP
Southeastern Wisconsin
8 a.m. to 7:30 p.m.
Friday, October 15
Trip Rate 2 Cost: \$50.00 members/\$55.00 guests

Holy Hill and its accompanying shrine and church sit atop one of the highest points in the state. Towering some 1350 feet above sea level, the grounds thrill visitors with a commanding view. The grounds of Holy Hill and Shrine are revered for their collective beauty, period architectural style, a colorful history, religious significance and more.

After departing Holy Hill, we head over to Cedarburg for a late lunch. (Juice and Muffins will be served on motorcoach in the morning) Our lunch is at Klug's Creekside Inn where we'll enjoy your choice of Roast Pork Loin or Baked Stuffed Chicken Breast. Both entrees are served with Tossed Garden Salad, Mashed Potatoes and Gravy with Carrot Cake for Dessert.

After lunch we head over to Cedarburg to shop, browse and stroll this lovely quaint town. Consistently ranked as a favorite small town, Cedarburg's natural beauty provides a perfect setting for a day of antiquing and shopping. So, enjoy the Fall Foliage in one of the most beautiful spots in the Midwest.

Trip departs from the State of Illinois Building, 9511 Harrison St. in Des Plaines. Please include a self-addressed stamped envelope for this trip.

1 STEP WIRELESS 7142 Dempster Street • Morton Grove (In Lenore Plaza) 847-583-8300

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LIFE

EVENTS CALENDAR

CIVICS

- Tuesday, September 7th (Park Ridge)**
7:00 PM Procedures & Regulations (Mayor's Conference Room)
- Tuesday, September 7th (Park Ridge)**
7:30 PM City Council Meeting
- Wednesday, September 8th (Park Ridge)**
6:00 PM EDC Board Meeting (Mayor's Conference Room)
- Monday, September 13th (Park Ridge)**
6:00 PM Advisory Council Meeting (City Council Conference Room)
- Monday, September 13th (Park Ridge)**
7:30 PM Planning & Zoning Commission
- Tuesday, September 14th (Park Ridge)**
7:30 PM Finance committee
- Tuesday, September 14th (Park Ridge)**
7:30 PM Library Board Committee Meeting (3rd Floor Conference Room)

COMMUNITY

Thursday, September 9th
Niles Township seniors and their parents are invited to "For Seniors Only" College Information Night to be held from 7 p.m. to 8:15 p.m. on Thursday, September 9 in the auditorium at Niles North High School, 9800 North Lawler, Skokie. The College and Career Counselors from Niles North and Niles West will be on hand to review the college process, provide updates, and discuss financial aid, as well as answer questions. All college-bound seniors should attend this free presentation, in order to be better informed about the college process. For more information, please contact College and Career Counselors Donna Virklian (North) at (847) 626-3185 or Daniel Gin (West) at (847) 626-2862.

Wednesday, September 15th
Glenview Terrace Nursing Center will host an Alzheimer's Association-affiliated Community Support Group at 3 p.m. This support group meets every month on the third Wednesday and is open to all community members who are caregivers.

This Community Support Group is an excellent opportunity to share common experiences, concerns and ideas with other spouses and adult children who are also caregivers to a family member with Alzheimer's disease. Glenview Terrace is located at 1511 Greenwood Road in Glenview. For more information, call Judy Feinberg at (847) 729-9090.

Thursday, September 9th
The Park Ridge Garden Club will meet at 7:30 PM on September 9 at the Park Ridge Senior Center, 100 S. Western Ave. Guest Speaker Mary Griffin, docent for the Schingoethe Center for Native American Culture, will discuss the sacred use of plants in Native America. Guest are invited. Guest fee \$3.00. For information call 773-792-2158.

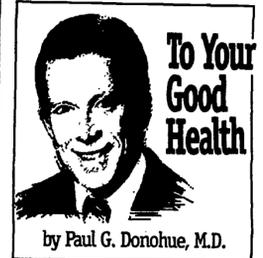
Meetings for governmental bodies are held in the following locations:

Niles
Village of Niles: Niles Civic Center
1000 Civic Center Dr., Niles IL.
Niles Park District: Howard Leisure Center
6676 Howard St., Niles, IL.

Park Ridge
City of Park Ridge: City Hall, 506 Butler Pl., Park Ridge, IL.
Park Ridge Park District: Maine Park Leisure Center
2701 Sibley Ave., Park Ridge, IL.

Morton Grove
Village of Morton Grove: Village Hall, 6101 Capulina
Morton Grove, IL.
Morton Grove Park District: Prairie View Center
6834 Dempster St., Morton Grove, IL.

Submit events to: Calendar@buglenewspapers.com



Eyelids can reveal health problems

DEAR DR. DONOHUE: There are a couple of yellowish bands on my eyelids. I thought they might be grime, so I tried wiping them off, but they didn't budge. They are deep in the skin. What are they? How can you get rid of them? — W.C.

ANSWER: They are likely xanthelasma (ZANN-thul-AS-mahs). They are deposits of fat and cholesterol in the skin, and they are often signs of high total cholesterol, high LDL cholesterol or low HDL cholesterol. Sometimes they are unrelated to cholesterol in any of its forms, and they just appear out of the blue.

They are also seen in liver disease and diabetes. Next time you are in a crowd, take

a survey of people's eyelids. You'll find that many are sporting one or more xanthelasma. If you have never had your cholesterol checked, do so. Xanthelasma can be surgically removed, and it is not radical surgery. New ones, however, can pop up.

The cholesterol pamphlet, while not discussing xanthelasma, does discuss all of cholesterol's other aspects and how to control it. Readers can obtain a copy by writing: Dr. Donohue — No. 201W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.50 U.S./\$6.50 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: I am 67 and have osteoporosis. A friend tells me not to drink caffeine. She claims it blocks calcium from getting to bones. Have you heard this? — K.J.

ANSWER: Caffeine has a slight effect on calcium absorption, so slight it does not produce or worsen osteoporosis.

DR. DONOHUE: I cannot drink eight 8-ounce glasses of water a day. It just won't go down. Am I hurting my health by not doing so? — P.S.

ANSWER: One of the sacred rules of nutrition has bitten the dust. No longer is the eight 8-ounce glasses

of water a nutrition law. The Institute of Medicine, a panel of distinguished scientists who write the rules for vitamin, mineral and fluid requirements, has repealed the water law. The recent recommendation is to let thirst be the guide for people's fluid requirements.

Note the "fluid." All fluids count, even caffeinated beverages. Juice, milk, coffee, tea and all other liquids count. So do vegetables and fruits; they have significant amounts of fluid. Without even trying, the average woman gets 2.7 liters (quarts) of fluid a day; the average man, 3.7. That is more than enough to cover all body fluid losses during a day.

The only time when thirst might not be a sensitive indication for fluid needs is in hot weather and in prolonged physical exertion, when a large quantity of fluid is lost in sweat. In other words, you need more than you are thirsty for.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

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Pork roasts are a Sunday favorite

In our home, Sunday was always roast day. I can't remember Mom ever cooking a roast during the week. Naturally, the roast was always preceded by pasta. Truth is, we'd usually fill up on pasta and ate little of the roast. So there usually was a lot left over. But Mom had great ways to use it up within a day or two.

When the roast was pork I always saved my appetite. It was and still is one of my two favorite meats. There won't be much left when you serve either of these pork roasts. The first is served with a spiced canned pear-wine sauce and will be exceptional when accompanied by cous-cous or an aromatic rice such as basmati or jasmine, which are now grown in the United States.

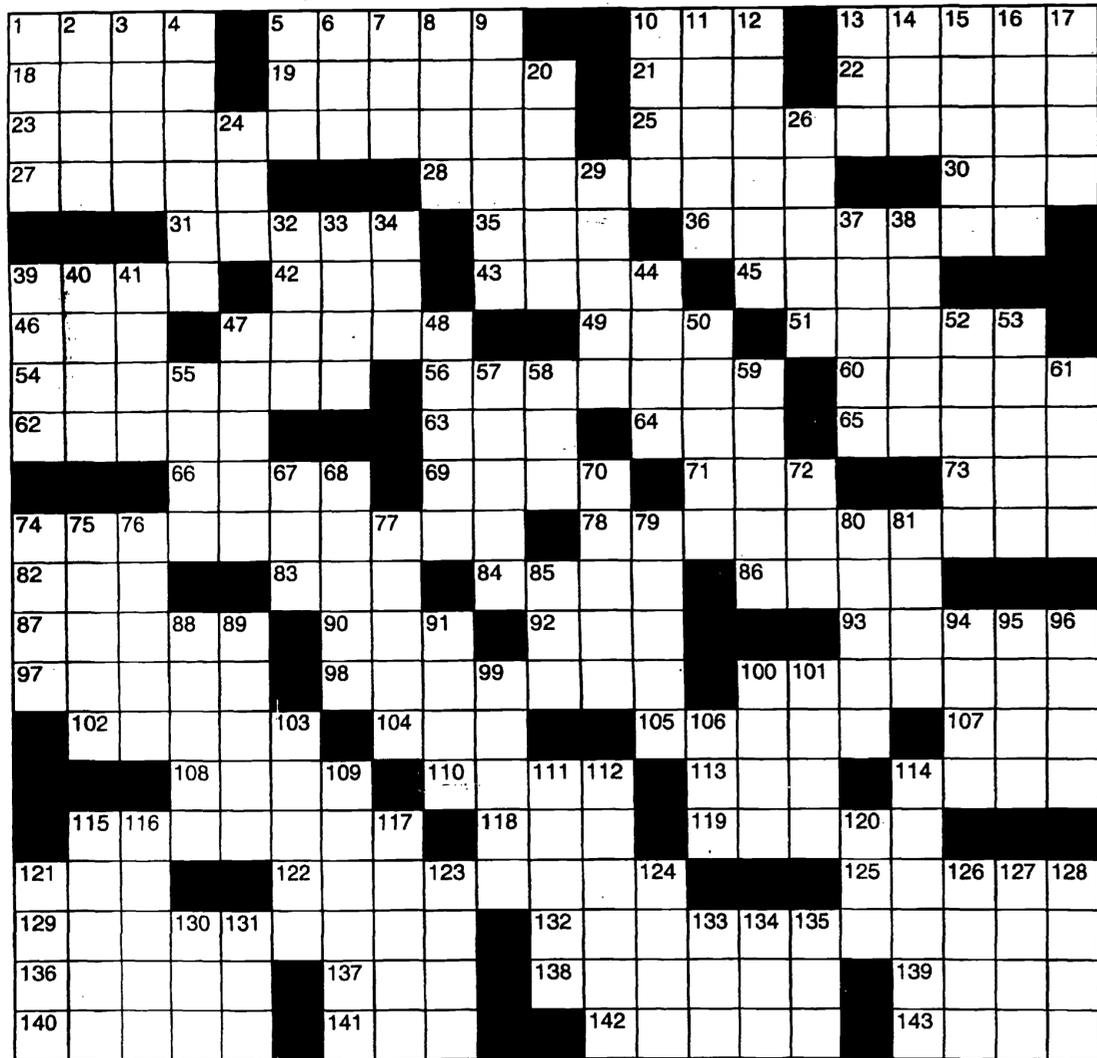
The second pork roast is most unusual, being sparked with cumin and basil. It is served with cinnamon-flavored wilted spinach tossed with sliced orange and pine nuts or almonds. This will appeal to even the tots at the table.

- PORK ROAST WITH PEAR-WINE SAUCE**
2 (15-ounce) cans Bartlett pears in heavy syrup
4 pounds pork loin roast
Salt and pepper
2 cups dry white wine
2 (14-ounce) cans chicken broth
2 tablespoons minced fresh rosemary
1/2 teaspoon ground cardamom



- 1/2 teaspoon ground cloves
2 tablespoons butter
Slice pear halves; reserve syrup. Set pears and syrup aside. Preheat oven to 350 F. Season pork with salt and pepper. Heat large skillet over high heat and brown roast on all sides. Remove roast from skillet and set skillet aside. Place pork on rack in roast pan; loosely cover with foil. Bake 15 to 20 minutes per pound or until internal temperature reaches 145 F to 150 F. Meanwhile, heat skillet over medium heat. Add wine and scrape off bits in pan; bring to boil. Add chicken broth and reserved pear syrup; simmer until sauce is syrupy. Add reserved pears, rosemary, cardamom, cloves, salt and pepper. Place roast on serving platter. Ladle
- Honey-Vanilla Glazed Roast**
2 pound boneless pork loin roast
3/4 cup honey
2 tablespoons white vinegar
1 teaspoon McCormick pure vanilla extract
1 teaspoon McCormick ground cumin
1 teaspoon McCormick basil leaves
Preheat oven to 375 F. Place pork on rack in foil-lined roast pan. Season with pepper and salt. Mix honey, vanilla, cumin and basil in small bowl. Brush half of mixture on pork. Roast 1 hour or until internal temperature is 150 F, brushing remaining glaze halfway through cooking. Let stand 10 minutes before slicing. Serve with Cinnamon Wilted Spinach (recipe follows).
- Cinnamon Wilted Spinach**
1 tablespoon olive oil
2 (5-ounce) bags baby spinach
1/4 teaspoon McCormick ground cinnamon
1/8 teaspoon ground black pepper
1/8 teaspoon salt
1 navel orange, peeled, thinly sliced
2 tablespoons pine nuts or slivered almonds, toasted
Heat oil in large deep skillet over medium heat. Add spinach, cinnamon, pepper and salt; toss to coat. Sauté spinach until slightly wilted, about 2 1/2 minutes. Remove from heat. Toss in oranges and pine nuts.

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SUPER CROSSWORD

MEN OF LETTERS ACROSS

- 1 Pay to play
5 "Forever"
(47 film)
10 "Go, team!"
13 Window parts
18 German river
19 "The Gong Show" guy
21 Fit fiddle
22 Jergens or Astaire
23 "The Shadow over Innsmouth" author
25 "In a Free State" author
27 "Big Three" site
28 Most loathsome
30 Ring official
31 Po land
35 Word form for "environment"
36 "62 Tornados smash
39 "The Nibelungenlied,"

- e.g.
42 Golfer Trevino
43 Omit
45 Wooden strip
46 Aviv
47 Adventure stories
49 Dawn Chong
51 Singer Vaughan
54 "Perelandra" author
56 "The Time Machine" author
60 Writer Erich
62 Game fellow?
63 Actress Alicia
64 "Cara" ('65 song)
65 Hard to lift
66 Lesage's "Gil"
69 Zhivago's love
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73 Charged atom
74 "The Catcher in the Rye" author
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82 Southern constellation

- 83 Cal. page
84 Tibetan monk
86 Do Europe
87 Gymnastics event
90 Scoundrel
92 Columnist Smith
93 Lamb and pork
97 Shining
98 "Charlotte's Web" author
100 "Winnie-the-Pooh" author
102 Broadcast
104 Tome
105 Jitterbug dance
107 Mink's coat
108 Spruce
110 Use a poniard
113 Fairway accessory
114 "Cheerio!"
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118 Maestro de Waart
119 Proprietor
121 Chum
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- 125 Fall birthstone
129 "A Passage to India" author
132 "The Code of the Woosters" author
136 Post or Bronte
137 Zsa Zsa's sister
138 Explanatory phrase
139 Corporate VIP
140 Panelist Paul
141 Tin Tin
142 Steakhouse order
143 Pants part

- 11 Selling point
12 Crummy kid?
13 With 32 Down, court sport
14 Business dept.
15 Anne of "The Daytrippers"
16 More morose
17 Egotist's darling
20 shift
24 Tub

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29 Fancy fabric
32 See 13 Down
33 Triangle parts
34 Indeed
37 Squirrel away
38 Stooze count
39 Emulate Rembrandt
40 Chihuahua dough
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44 Reading matter?
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50 Architect Saarinen
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77 Up for (available)
79 Eye color
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81 "... saw Elba"
85 Mohammed Jinnah
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94 Romeo
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99 "Heartbreak" ('56 hit)
100 From the top
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112 Purchased
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115 Overdramatic
116 Puckish
117 Roman fountain
120 Numerical suffix
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123 Persia, today
124 Medicine cabinet item
126 Immaculate
127 On a whale watch, perhaps
128 Gusto
130 Time-honored
131 Deli loaf
133 Oklahoma native
134 Up roar
135 Nationality suffix

BUSINESS

Dollars and sense by David Uffington Oil Crisis

If there had never been any dinosaurs, or if all of them died without leaving behind underground oceans of petroleum, would we ever have had automotive power, electricity, heating devices, plastics, detergents or anything else dependent upon or derived from oil? Hard to say. We do know, but sadly fail to acknowledge, that now that we have all these technologies and products, we don't really need to depend solely on oil, but can use alternatives that can be both practicable and relatively cheap, once we get serious about developing them.

The fact is, oil reserves are dwindling, and as oil consumption rises around the world — especially in China — the reserves will shrink even faster in response to increased demand. While all this makes oil companies and their subsidiaries, satellites and stockholders happy in the short run, before too long, we'll all start to pay more for just about everything that comes out of our petro-industrial economy. We can also expect to face more global unrest as countries compete for the last spoonful of dinosaur ooze. To learn more about the challenges, politics and ethics of finding new energy reserves, watch PBS's three-part series "Extreme Oil," airing Sept. 13, 20 and 27. (Check local listings.) Are the efforts we see to find and extract those fewer and fewer sources worth the ultimate "collateral" damage to people and the planet? Or is it simply a matter of prolonging the inevitable until we wake one day and find we haven't prepared for the start of a new Dark Age. If you watch the series, I'd like to hear what you think of it. Write to Mr. Uffington in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or send e-mail to letters.kfws@hearstsc.com. (c) 2004 King Features Synd., Inc.



Park Ridge's MDRT names execs

Adelia C. Chung, CLU, ChFC, of Honolulu, Hawaii, has been named 2005 President of the Million Dollar Round Table (MDRT). The Premier Association of Financial Professionals. Chung, 47, is the first female President in MDRT's 77-year history. "I look forward to spending the next year doing everything I can to ensure that MDRT matters to our members in new and exciting ways," said Chung. "It is my privilege to serve." About 28 percent of MDRT's membership is female. Chung is a 22-year Round Table qualifier with six Top of the Table and seven Court of the Table honors, designations reserved for producers who achieve the highest levels of production and client service. As President, she will spend the next 12 months traveling around the globe spreading the MDRT word. Her Presidential platform includes reviewing MDRT's core values and purpose, reviewing the Round Table's governance and leadership development structures, expanding Court of the Table recognition and continuing the current branding program. A Platinum Knight-level contributor of the MDRT Foundation, she is a past member of the Foundation's board of trustees and, in 1999, became the second woman to serve the organization as its President. A highly rated Main Platform speaker at the 1999 MDRT Annual Meeting and at the 1998 "MDRT Experience" in Singapore, she is a sought-after speaker at industry meetings. A member of the Association for Advanced Life Underwriting, Chung has served as President of the Hawaii Association of Insurance and Financial Advisors (AIFA). She was named Professional of the Year by the General Agents and Managers Association, 1982-88; West Coast Life Agent of the Year, 1984; and Hawaii State Insurance

Professional of the Year, 1988. An MDRT Business & Community Leader, she and her husband, Stephen Dung, have been volunteers for the Hawaii Bone Marrow Registry since 1997, when their daughter, the late Alana Dung, was diagnosed with leukemia. Due to their tireless efforts, the registry has become one of the largest bone marrow donor programs in the United States. Also, in Alana's memory, Chung and Dung have established The Alana Dung Research Foundation, a nonprofit organization to support scientific research and to improve the quality of life for children with serious illnesses. Chung earned her bachelor's degree in political science from the University of California, Los Angeles, in 1979. She began her highly successful life insurance career in 1981, and today specializes in business and personal life insurance, estate analysis and financial planning. Joining Chung on the 2005 MDRT Executive Committee are: George B. Pickett, J.D., CLU, of Jackson, Mississippi, Immediate Past President; Stephen O. Rothschild, CLU, ChFC, of St. Louis, Missouri, First Vice President; Philip E. Harriman, CLU, ChFC, of Portland, Maine, Second Vice President; and James E. Rogers, CLU, CFP, of Vancouver, British Columbia, Canada, Secretary. Pickett, a 34-year MDRT member, has earned 22 Top of the Table and three Court of the Table honors. The three-time DVP has served on more than 20 committees and task forces, and is an Excalibur Knight of the MDRT Foundation. Active in the industry, he has served as president of both the Jackson AIFA and the Mississippi chapter of the Society of Financial Service Professionals (SFP), as well as serving as state legislation chair of the Mississippi AIFA. Rothschild, a 30-year MDRT

member, has qualified for Top of the Table three times and Court of the Table seven times. A three-time DVP, he has served on numerous committees and task forces and is an MDRT Foundation Platinum Knight. Rothschild has served on many industry boards, including that of the Association for Advanced Life Underwriting (AALU), and he is past president of the St. Louis International Association of Insurance and Financial Planners. Harriman, a 22-year member of the Round Table, has five Top of the Table and four Court of the Table qualifications. A three-time DVP, he has served on many committees and task forces, and is a Gold Knight of the MDRT Foundation. Harriman's industry involvement includes serving as former director of the Southern Maine AIFA and the Maine SFP, as well as former vice president of the Maine Estate Planning Council. He has served as a board member of AALU and chair of AALU's Northeast Region Life Underwriters Political Involvement Committee. A former member of the Maine State Senate (1992-2000), Rogers, a 31-year member of the Round Table, has earned 22 Top of the Table qualifications and served as Chair of its 1988 Advisory Board. A member and chair of several MDRT committees and task forces, Rogers most recently served as 2004 Strategic Relations DVP. He is a Silver Knight of the MDRT Foundation and a Platinum Knight of the Canadian MDRT Foundation. In the industry, Rogers is a member of the Canadian Association of Financial Planners and of the Financial Advisors Association of Canada (Advocis), which he also served as chair. He also has served as chair of the Financial Planners Standards Council Regulatory Committee. He also serves on the University of British Columbia Senate.

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REAL ESTATE

THE BUGLE

Thursday September 9, 2004

Treating Your Windows Can Save You Money This Winter

When it comes to saving energy, it pays to conserve. American consumers pay about \$25 billion annually to heat and cool air that eventually leaks to the outdoors. The collective cost for this wasted energy is enormous, an amount equivalent to the value of the oil produced by the Alaska Pipeline.

It makes sense to think about the efficiency of your home. As you do, take some time to consider your windows. Windows are one of the leading sources of air leakage, allowing hot air to creep indoors during the summer and warm, heated air to work its way outside in the colder months. By taking the appropriate steps, you can effectively boost window insulation and better maintain the overall comfort level of your home.

Here are five window insulation

tips, provided by Comfortex BlindCrafter Centers, to help you conserve energy this winter:

* Caulk cracks or holes in your windows or install weather stripping around the window sash and frame to seal off the areas prone to air flow.

* Install either interior or exterior storm windows. Storm windows can easily reduce the heat loss through your windows by 25 percent to 50 percent while limiting drafts and condensation. Be sure the storm windows have sufficient weather stripping and interlocking or overlapping joints to maximize their effectiveness.

* Insulate your home with energy-efficient window treatments, such as cellular shades, that provide an insulating barrier on your windows to prevent cold air from entering and warm air from escaping.

* Keep window treatments closed



at night. Open them during the day to take advantage of the sun's rays for natural solar heating.

* Clean your windows, especially on the southern side of your home. This allows for maximum solar

gain throughout the day and clean glass allows this to happen more readily.

If you'd like to add new window treatments to help save energy in your home, you may be able to get



THIS IS A HAMMER Stucco Repair

Q: My home has stucco siding, and long diagonal cracks are forming in the siding at the corners of the windows. How can I stop or repair the cracking? — Tyler K., Tallahassee, Fla.

A: Small cracks in stucco siding, especially around areas like the corners of window frames, are common, but should be patched immediately with concrete caulk — which is flexible enough to prevent additional cracking. If the caulk in a previously patched crack has failed and is breaking up, clean the old caulk out completely using a wire brush, make sure the crack is dry, and then apply new caulk, overfilling the opening slightly and then smoothing the patch in with an old paintbrush moistened with denatured alcohol.

Larger cracks and areas where the stucco has fallen away can be patched with premixed stucco to match the surrounding siding more closely. If the damaged area is less than 2 square feet, remove the loose material with a wire brush; if the stucco is removed all the way to the metal lath (a sheet of woven metal that the siding adheres to), scrub away any rust from the lath and apply a coat of metal primer. Once the primer is dry, brush a layer of bonding adhesive onto the edges of the cleaned area. Use a trowel or putty knife to apply premixed stucco, slightly overfilling the hole and feathering the edges to blend into the surrounding surface. To match the look of the original stucco, draw or pat a whisk broom or trowel around the patch area. Allow to dry for several days, and then touch up with matching masonry paint.

Stucco siding is extremely durable, so small cracks and occasional damage along the corners or base are the most trouble you may ever face. However,

Continues...
HAMMER page 24

Home repairs save energy, increase home appeal

Your home is one of your greatest assets. It's important that you protect and improve on that asset to get the most value from your home.

Whether you are trying to sell your home or just ready for a change, there are a few improve-

Continues...

HOME REPAIR page 23

Candles reign as decorating staple

While home renovation continues to be strong in this stagnant economy, people seem to be spending less on home decorating.

A study conducted for the National Candle Association found that the majority of adult women have spent less than \$500 decorating their homes in the last year.

Though many home decorating budgets are tight, the study found that candles remain a steadfast decorating essential, and 74 percent of women still believe that

candles are an important home accessory.

During the past year, four out of five women claim to have purchased at least one type of candle, the most popular being the jar candle. Almost half of the respondents purchased this particular type.

One explanation for the continued growth in the candle market is that many people feel candles can add a magical touch to almost any room, yet they are relatively inexpensive and versatile.

"More and more people are realizing that candles are an excellent way to spruce up any indoor or

outdoor space," said Valerie Cooper of the National Candle Association. "It's easy and leaves a lasting impression."

Whatever your preference for decorating with candles, the National Candle Association reminds everyone to follow these important safety tips when candles are lit:

* Always keep a burning candle within sight.

* Keep burning candles out of the reach of children and pets.

* Candles should never be placed directly on a surface without an intervening fire resistant plate.

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THE BUGLE

Thursday September 9, 2004

23

REAL ESATE

Savor the season with autumn colors

Simple collections of fresh flowers can prolong the glowing light of autumn days indoors. Simmering reds, sultry oranges, claret purples-they are bountiful in the vast assortment of flowers available in fall.

Natural elements can bring botanical details to your design while simplifying the process of arranging. Crisscross branches of fall leaves and create a structure to hold stems of tall, showy blossoms. Place gravel or small pebbles in glass vases to secure stems and enhance the natural look.

This year, don't let autumn steal away before you've given it a proper greeting. This simple decorative arrangement can be used as a housewarming gift or to complement your own decor.

For more ideas about how to use flowers in your home, visit www.flowerpossibilities.com.

Harvest Colors
1-inch ceramic bowl
3 oranges and/or miniature pumpkins (white or orange)

8 stems white freesia
5 stems orange miniature spray roses



4 stems yellow stock
5 stems hypericum berries
1 large stem green hydrangeas
3 wood picks
2 to 3 bricks floral foam
Floral preservative
Knife

Floral clippers
1. Soak the floral foam in water that has been treated with floral preservative for at least 30 minutes.
2. Cut the foam to fit the interior of the container. With the knife, shape the foam so it is domed-the center should be higher than the sides.
3. Insert one wood pick (or cut shish kabob skewers into 3-inch lengths) into each orange or miniature pumpkin. Insert them into the floral foam, scattering them evenly.

4. Begin inserting flowers around each orange or pumpkin. All flowers are cut short to approximately 4 to 5 inches in length. Think of the arrangement in pieces, each piece is built around each orange or pumpkin.
Note: Cut the leggy tops off the stock and just use their meaty full blossoms. Use sprigs cut from the one hydrangea blossom throughout the arrangement.

Autumn rides in on the coattails of summer, then slips away while our heads are turned.

Home repair

(Continued from page 22)

ments you can make that offer the double-benefit of reducing your energy bills while you increase the value of your home.

Try these ideas from the company that brings you Tempstar heating and cooling products:
* Plan your landscape for energy efficiency. One way to improve your home's appeal is to landscape around the home. With planning, it can also reduce your energy bills by shading the home during the summer and letting in light during the winter.

* Use energy efficient lighting. According to the U.S. Department of Energy, replacing 25 percent of lights in high-use areas can save nearly 50 percent on your lighting energy bill. Take advantage of the

various energy efficient lighting products available, like fluorescent and solar-powered lights, to help save energy. Lighting inside and outside the home provides decoration as well as security.

* Upgrade your heating and cooling system. A new heating and cooling system not only improves home comfort, but it also adds to the value of your home - especially when it's backed by a strong warranty. The Tempstar SmartComfort line of variable-speed gas furnaces provides your home with energy efficient comfort, which could save up to 50 percent in electricity over furnaces equipped with conventional blower motors.

* Update appliances. Update the

look of your rooms, especially the kitchen, by replacing old appliances with more energy efficient products for a new look and lower energy costs. In the long run, new energy efficient appliances can pay for themselves in energy savings.

* Replace roofing, siding and windows. Spending money to replace worn roofing, siding and windows can be a good return on your investment because they can increase the value of your home. Energy efficient replacements will also help you cut your energy bills.

There are energy efficient solutions for a variety of home improvement projects, both large and small. Take advantage of these opportunities and find out just how

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Hammer

large areas of the siding can be damaged in extreme events like bad storms or through many years of neglect. You can tackle this job yourself, but be prepared for several days of work. The damaged area must be chipped away down to the wall

sheathing and a new section of metal lath applied; then the new siding must be put on, one layer at a time, over several days. Each layer must dry for two days and has to be misted with water every two to four hours during that time. Isn't that fun?

The finish layer (usually the third layer) must be applied so that its pattern matches that of the original stucco, a task that takes a bit of practice. So, if you're ever faced with a major stucco repair, consider the cost incurred in the hours spent slap-

ping on layers and running out to mist the wall versus hiring a professional, and decide from there.

HOME TIP: Patch small cracks in stucco siding with cement caulk, a flexible and durable patching material.

(Continued from page 22)

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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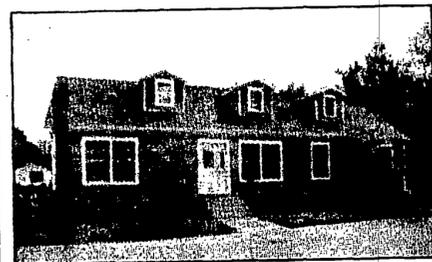
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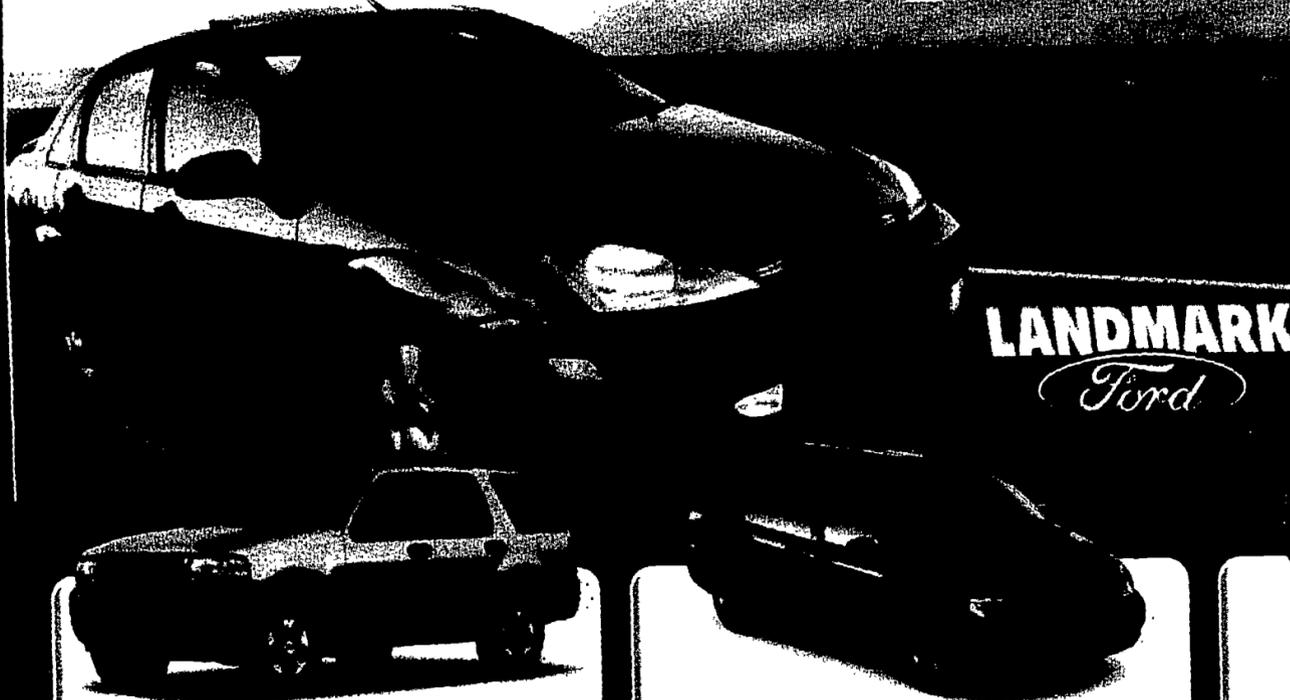
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