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**Niles urges shoppers to just say no to net**

by Lisa Ashkenaz Croke

Two television commercials sponsored by the Village of Niles are warning consumers to stay away from on-line sales and stick to shopping at stores located in the village.

The reason? Dangerous hackers and thieves eager to defraud an unsuspecting public are preying on innocent on-line shoppers.

In one commercial, which has the no-nonsense look of a public service announcement, viewers are informed by an actress that "hackers have broken into Web sites for the Pentagon and FBI."

The actress, who is dressed in business attire and sits in a room not unlike a law office giving the impression that she is a lawyer or advocate of some kind, urges viewers to ask themselves if they want to take a chance "at becoming a fraud victim?"

The second commercial interviews people at the Golf Mill Mall, who all state what a great place it is to shop.

While emphasizing the hazards of on-line shopping, the advertising campaign barely mentions the true reason behind the

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**Staff changes at Morton Grove Park District**

by Christine Caplinger-Gillespie

In spite of remodeling that went smoothly and finished on time, and a well-attended opening day, Oriole Pool attendance has been sporadic. The same has been so with Harrier Pool, but only in part. The unseasonably cool days have kept attendance low, and inclement weather has closed the pools on occasion.

In addition, Oriole Pool missed five days due to the criminal property damage that occurred on Saturday, July 8. The pool had to be drained so that cleanup of debris from vehicle could be accomplished. The liner, seven copingstones, and the gate were in need of repair, and all markings made on the deck were cleaned off with a pressure washer.

The spray features at both pools are up and running properly. The Harrier Pool apparatus sustained damage to the shaft, and an incorrect nozzle was installed on the equipment at Oriole

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**Accident claims Glenview boy playing in a sand pile**

An 8-year-old boy was killed while playing at a construction site Saturday in the 1200 block of Depot Street in Glenview.

Evan Rohrer of Glenview had biked from his home to a partially fenced site where New England Builders Inc. of Skokie is constructing town homes. The boy was apparently searching for scrap wood to build a model boat.

Police said that the child was digging in a large sand pile at ap-

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**Niles woman killed by drunk driver**

Niles resident, Wincenta Skrzypek, 55, was killed by a drunk driver as she crossed Golf Road west of Country Lane in Mount Prospect shortly after 3 p.m. on July 17.

Mrs. Skrzypek was attempting to get to the Pace bus stop on the south side of the street when she was struck by a 1997 Ford Ranger pick-up truck.

The driver, Gary Peshak, 59, was charged with reckless homi-

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**Police issue warrant for 33 year-old Chicago man; relatives say suspect fled to Philippines**

**Suburban rape suspect flees country**

A name and a face can finally be connected to the elusive suspect who has been wanted for a series of home invasions and attacks on Asian women since April. Unfortunately, police still don't have him in custody.

Chicago resident Mark Anthony Lewis, 33, is believed to have fled to Philippines on July 20, following the most recent attack on an Arlington Heights woman, the day before.

It is likely due to this woman's observations that Lewis has been named as a suspect.

After fighting off a man who came to her apartment posing as an immigration officer, the woman told police that she saw him drive away in a green sedan with a license plate containing the letter C and the numbers 7, 8, and 2, though she was unsure of the numbers' sequence.

While other victims have told police of their attacker driving off in a green Pontiac Grand Prix, this is the first time that a

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**Bomb threat reported at Niles restaurant**

by Lisa Ashkenaz Croke

An owner of the Omega Restaurant on the 9000 block of Golf Road declined to have the restaurant vacated after receiving a bomb threat on Saturday at about 2:45 a.m.

According to police, the restaurant's manager received a call by an unknown male who said, "There is a bomb in your business, you better get everybody out."

The manager attempted to trace the call by dialing \*69, but to no avail. He then contacted the Niles Police Department.

The responding officer spoke with the restaurant's owner via telephone.

According to the police report, "the owner stated that he refused to evacuate the people from his business because he

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**Niles police officers awarded for outstanding work**



Pictured are Deputy Chief John Katsoulas, Police Chief Jerry Sheehan, Officer Eric Lambrechts, Officer Joe Penze, Officer Gene Ziegler, Officer Jonathon Galas, Trustee Louella Preston, Trustee Andrew Przybylo, and Trustee Tom Bondi (back row).

At the June Village Board Meeting the police officers were each presented with a department commendation for their outstanding police work in the prevention of crime and the enforcement of the law.

The Bugle's community job listings can be found on <http://www.ChicagoMetroJobs.com>

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**Concordia University to host 24th Annual Early Childhood Conference**

The 24th Annual Early Childhood Conference will be held Aug. 15 at Concordia University, River Forest. The conference, entitled "Maximize Children's Potentials and Possibilities," will provide in-service workshops for early childhood educators.

The keynote speaker, acclaimed musician and performer Jim Gall of Oak Park, will discuss "Sharing Playful Interactions: Music and Drama Play for All Young Children." A teacher of young children, Gall has for many years offered weekly workshops for children and families through a variety of agencies in the Chicago area.

The conference's workshop topics include: partnering with parents, teaching strategies to integrate religion into all areas of the curriculum, teaching children to cope with death and loss, providing Montessori environments for early childhood programs, behavior management, discipline with a loving heart, science, music and movement as links for literacy, staff development for directors, bicultural development, and new research in brain development. The workshops are offered for teachers as well as childcare center staff, directors and family childcare providers.

The full conference costs \$65 per person (\$75 after Aug. 1), and \$25 for full-time students (\$35 after Aug. 1). To register for the conference and receive one semester hour of graduate credit, cost is \$215. For information or to register, call (708) 209-3024.

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**Credit card fees will continue to rise**

Recent reports of rising credit card fees point out the need for people to read and understand their credit card agreements and monthly statements. Fees range from just a few dollars for a small cash advance to more than \$30 for returned checks.

"Most people are concerned only with making their minimum monthly payment," said Steve Rhode, president of Myvesta.org, a nonprofit financial solutions organization. "As long as they can afford the amount that's in the little box at the bottom, they don't pay attention to details."

Rhode goes on to say, "It's not unusual for us to see people who are paying more than \$500 a month for late payment, over-limit, returned check and cash advance fees. For example, last month we assisted a client who was paying \$870 a month in late and over-limit fees. That's someone who needs emergency help."

When reviewing new client cases, Myvesta.org finds people are currently paying an average of \$60 in total monthly penalty fees to credit card companies. The most common are the late and over-limit fees, which typically run \$29 each.

"Late fees can be dangerous," Rhode said. "If a person is only making the minimum payment, one late fee can add an extra 20 months and \$355 in interest to the debt." This example is based on the average credit card debt of \$1,800 and a late fee of \$29.

"All fees aren't necessarily bad," Rhode said. "If you end up paying an annual fee make sure that you get value for it, such as 24-hour access to customer service, rebates and/or bonus points. Good service can be worth the extra expense."

Myvesta.org offers the following primer to help people understand the various fees and how they are calculated:

**Late Fees** -- Get your payments in on time. In most cases, you will pay a late fee if your payment arrives just one minute past the time due. Banks have extended their mail processing hours so that payments will be posted the day they are received - a benefit to late mailers. Always mail your payment as soon as possible. It is foolish to wait until the last minute.

**Over-Limit Fees** -- Know your credit limit. Credit card issuers establish your credit limit based on your ability to repay charges. If you exceed the limit, the issuer sees you as a bigger risk and will charge you a fee each month that you exceed the limit.

Continued on Page 15

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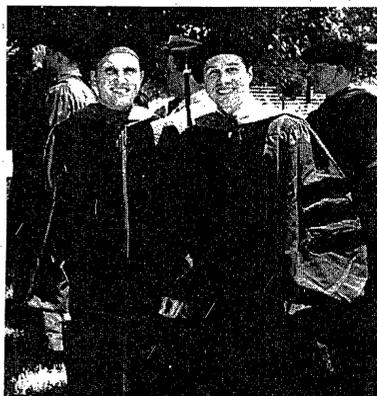
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### Niles cousins graduate medical school



Christian Sikorski, son of Melanie Sikorski of Niles, and Christopher Krubert, son of Mr. & Mrs. George Krubert of Niles, graduated from The Pritzker School of Medicine at The University of Chicago this past June. Christian and Christopher, who grew up together & are lifelong friends, are now residents at The University of Chicago Hospital. Christian is in neurosurgery and Christopher is in the emergency room. The two cousins attended St. John Brebeuf Elementary School, Gemini Jr. High, and Maine East High School.

### 'Condominium Development is Smart Community Planning'

Many of us have heard about "Smart Growth" and the benefits derived from this type of community growth management. A term that has grown from the anti-sprawl development movement, Smart Growth seeks to direct new development to areas where adequate infrastructure and commercial development is already in place. Strategically placed condominiums, a type of multifamily housing, is a form of "Smart Growth" planning.

The benefits of condominium housing range from quality of life issues, local economic benefits, reduced municipal service costs, reduction of traffic congestion and reduced impact on schools.

Condominiums are generally more affordable and require less maintenance than single-family homes allowing for an aging community to retain residents. Condominium housing can provide freedom from the responsibility of home maintenance and repair affiliated with single-family homes, thus freeing up more time and disposable income for other activities, recreational or leisure pursuits.

A municipality also benefits from condominium construction. These types of low-impact homes reduce local government's capital land operating costs. A study shows that single family homes at

3 units per acre require \$2,361 in public services annually per unit, while multifamily units at 30 units per acre require only \$1,647 per unit in public service expenditures. This type of housing also places fewer demands on municipal water systems, due to several factors, such as smaller household sizes and fewer bathrooms.

Typically, because condominiums are located in convenient locations, shopping, transit, people who live there generally don't drive, putting less traffic on local roadways. Studies show that condominium housing reduces traffic congestion as residents of condominium homes own fewer cars and generate fewer motor vehicle trips. Fewer motor vehicle trips reduce the need for more roads, maintenance of existing roads and environmental impacts.

Educationally speaking, residents of condominiums also generate fewer students for the local school system than single-family residents. Typically, 100 single-family homes generate an average of 55.6 school-aged children, whereas 100 multifamily units may generate 36.1 school-aged children. Condominiums have been known to generate even fewer school-aged children.

Condos produce high taxes for schools while providing very few children; e.g., the Renaissance -

420 units - 12 children. Americans are noted for changing lifestyles periodically. The following is a good example of the above:

Americans, upon retirement, used to go in large numbers to Florida, Arizona, and other retirement areas. More and more, they are deciding to stay near their families. That is why condominium living has become so popular. Sell the house and move into a nearby condo.

It is time we all woke up to this new phenomenon. We are in a culture change period... condominiums are in.



The first letter to circle the globe by air mail was dispatched from New York on April 19, 1937 and, after traveling through San Francisco, Hong Kong, Holland and Brazil, returned to New York on May 25, 1937.

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## Health News

### An inoculation against certain reading difficulties

"Teaching Cued Speech to Hearing Children - An Inoculation Against Reading Difficulties" will be one of several presentations for parents and teachers offered at "Camp ChiCueGo," sponsored by Alternatives in Education for the Hearing Impaired (AEHI) on the Campus of Dominican University in River Forest, August 4-7. Presenters are Dr. Susan Kromelow, a school psychologist, and Ms. Sue Mies, a second grade

teacher at Hynes School in Morton Grove. Last year Kromelow and Mies developed an Interdisciplinary Task Force on Phonological Awareness Curriculum at Hynes to assist teachers in developing a repertoire of teaching activities to help children develop phonological awareness skills as a basis for learning to read. Approximately one third of American children entering kindergarten lack adequate phonological awareness, or the con-

scious awareness that words are made up of sounds. Typically these children do not understand the concept of rhyming or of words having beginning and ending sounds. Even if they can memorize the alphabet letters and their corresponding sounds, when shown pictures of a sock, a saw and a goat and asked which words start with the "sss" sound, they do not know. The good news is that for most children this ability can be taught through age-appropriate, entertaining activities focusing on auditory/perceptual activities such as breaking down words into their individual sounds. However, some children find this skill particularly difficult. The cause is not clear. The hearing of these children is intact, as is their spoken language, but this difficulty in perceiving the sequencing of sounds within words affects their ability to learn to read and spell. To bolster the auditory/perceptual skills of these children, educators have developed multi-sensory programs incorporating tactile and visual input, such as having the children use mirrors to learn how and where word sounds are made.

Kromelow was researching remedial reading methodologies when she learned about Cued Speech through a friend whose child is hearing impaired. The mother, Sandra Moseck of Riverwoods, IL explained that Cued Speech is a set of visual "cues" made near the face with one hand while speaking normally which effectively "makes the sounds of speech visible." Kromelow immediately recognized the potential for Cued Speech as a visual method with enormous potential for helping children compensate for auditory perceptual problems. Kromelow and Mies are not specialists in Deaf Education. However, their work with hearing children has led them to hypothesize that cueing can be an effective method for teaching phonological awareness to all children. Teaching mainstream kindergarteners to cue may help minimize reading difficulties in

the hearing population while facilitating the inclusion of hearing impaired children in the mainstream -- truly a win-win situation for all concerned. Kromelow is currently developing research protocols to explore the effectiveness of this approach. Camp ChiCueGo will attract families of deaf children from as far as California and North Dakota. Programming will offer instruction in Cued Speech and other presentations for parents and teachers about dealing with deafness in the home and the classroom. Kromelow and Mies' presentation will be held at 1 p.m. on Saturday, August 5th. To register for this presentation or for more information on Camp ChiCueGo or the potential of Cued Speech call AEHI at 847-297-3206.

### Laurie Anne ARDS Walk

The Midwest ARDS Foundation announced today plans to sponsor the Laurie Anne ARDS Walk in loving memory of Laurie Anne Inledon and all others affected by A.R.D.S. The event will be held on Saturday, September 9, 2000 and will begin at 10 a.m.

at Penoyer Park, Kenosha, Wisconsin. The address of the park is 35th Street and 7th Avenue (along the lake). The event will be a 6-mile walk/run in honor of Laurie Anne, who lost her battle with the condition known as A.R.D.S., or Adult Respiratory Distress Syndrome. The Midwest ARDS Foundation hopes to raise funds through donations to help fund research and promote awareness of this syndrome.

A.R.D.S. is a devastating condition that affects as many as 150,000 lives a year, and may claim as many as 75,000 to 100,000 lives a year, making it one of the leading causes of death in America -- falling behind heart disease, cancer and strokes.

A.R.D.S. is a medical condition that prevents the lungs from functioning normally through the intake of oxygen and the release of carbon dioxide. The condition does not strike any one age group, and no one is predisposed to the condition. It strikes without warning and without prejudice or

Continued on Page 7

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 CHICAGO NILES

### Survey shows effective skin care helps combat unsightly rosacea

Effective skin care can significantly improve the appearance of the estimated 13 million Americans who suffer from rosacea, an acne-like facial disorder now becoming increasingly widespread as the populous baby boom generation enters the most susceptible ages.

In a new survey of 1,273 rosacea sufferers, conducted by the National Rosacea Society and published in Rosacea Review, more than 91 percent said they had modified their skin-care procedures to help control the unsightly symptoms of this chronic condition. Of those who had modified their routines, more than 91 percent reported it had helped improve their appearance.

More than 76 percent of the patients reporting successful results said they wash their face at least twice a day, and nearly 70 percent said they use their fingertips only, rather than a wash-

cloth, as a means of avoiding abrasion. Most of these patients reporting using a mild soap (51 percent) or non-soap cleanser (42 percent), and nearly 60 percent said they use a moisturizer. Very few said they use astringents (10 percent), exfoliating agents (5 percent) or other products that may aggravate sensitive skin.

Sixty-one percent of the survey respondents said they also use sunscreen to protect against sun exposure that aggravates rosacea in many patients. Besides the sun, other common rosacea products include emotional stress, hot or cold weather, alcohol, spicy foods, strenuous exercise, hot baths and heated beverages.

Rosacea usually first appears after age 30 as a redness on the cheeks, nose, chin or forehead that comes and goes. Left untreated, the redness becomes

ruddier and more permanent. Dilated blood vessels may appear on the surface of the skin, and bumps and pimples often develop. The eyes also may become irritated, and in advanced cases the nose may grow swollen, red and bumpy from excess tissue.

More than 94 percent of the patients in the survey said they use topical medication for their rosacea, and 81 percent said that it helped reduce their symptoms. Nearly 47 percent of the women also reported using standard makeup and 14 percent said they use green-tinted makeup to help conceal redness. More than 27 percent of the men said they use shaving lotion, although such products have been reported to cause irritation in some patients if they contain alcohol.

In addition to alcohol, other ingredients reported to burn, sting or aggravate the skin of various rosacea sufferers include witch hazel, fragrance, menthol, peppermint and eucalyptus oil.

For information and educational materials on rosacea, write the National Rosacea Society, 800 S. Northwest Highway, Suite 200, Barrington, Illinois 60010 or call its toll-free hotline at 1-888-NO-BLUSH. Information and materials also are available on the society's Web site at www.rosacea.org, or via e-mail at rosaceas@aol.com.

### ARDS walk . . .

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address below. If you would like more information on A.R.D.S., please visit www.ards.org.

Midwest ARDS Foundation, P.O. Box 762, Highwood, IL 60040; (847) 254-4762; e-mail at: midwestards@aol.com.

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Those wishing to contribute to the Walk are asked to contact The Midwest ARDS Foundation. Volunteer work, media relations, and tax-deductible donations of either funds or goods for the walk would much be appreciated. Information on the walk can be attained by contacting us at the address, phone number, or e-mail

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