California double murder suspect arrested in Skokie

By Rosemary Tirio

A Skokie police detective said Frenchman Larry Mayer, who was shot and killed in a hotel room in Skokie on Aug. 17, was suspected of killing his wife and then himself.

The suspect, 53, was identified as a former employee of the Skokie Public Schools, but police would not release his name.

Mayer was found dead in his room at the Holiday Inn in Skokie on Aug. 17.

The murder is being investigated as a double murder-suicide, but police have not ruled out other possibilities.

Niles Parks agrees to accept non-residents

By Lisa Ashline Croke

The Niles Park District Board of Commissioners has approved a plan to allow non-residents to use Niles Park facilities.

The decision was made at the board's meeting on Sept. 24, 1999.

The plan, which includes an entrance fee of $10 per person per day, is expected to generate $50,000 in revenue for the park district.

Teachers in Dist. 64 sign first 4-year pact

Teachers and officials have reached an agreement for the first four-year contract.

The agreement, which was signed on Aug. 17, 1999, includes a salary increase of 3.5 percent.

Storm sewer repaired by Public Services

A storm sewer that was damaged by a vehicle was repaired by Public Services on Aug. 17, 1999.

The sewer was damaged by a vehicle that was driving on Rockland Avenue in Niles.

Teachers in Dist. 64 sign first 4-year pact

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Craft Fair
Native American, baby items, houses, wooden boxes and toadstools. On October 6.
Call 647-8332. Free menu will be available.

Clubs Illinois will hold their Annual General Meeting on Saturday, October 9, at St. Andrew's Church, located at 123 Main St., Elmhurst. The meeting will start at 10 a.m. in the Parish Hall. The agenda will include reports from each club, election of officers, and discussion of future events. All members and guests are welcome to attend.

The Woman's Club of Skokie-Lincolnwood will hold their 2024 Membership Drive on October 12. The meeting will be held at the Woman's Club of Skokie-Lincolnwood, 123 Main St., Skokie, at 7 p.m. New members are welcome to attend and learn more about the club and its activities.

The Morton Grove Senior Citizens, 470-2223, are hosting their annual Indoor Craft Fair on October 15. The event will feature a variety of handmade items, including jewelry, pottery, and handcrafted furniture. The fair will be held from 10 a.m. to 4 p.m. at the Morton Grove Senior Center. For more information, call 470-2223.

The Niles Senior Citizens, 588-8420 - 588-8000, are excited to announce their upcoming events. On October 6, they will host their Annual Fall Festival, with a variety of activities and entertainment. On October 12, they will hold their Annual Yard Sale, with all proceeds going to support their community programs. For more information, call 588-8420 - 588-8000.

The Niles Jewish Congregation will hold their Annual Family Festival on October 14. The event will feature a variety of activities, including a talent show, a children's music concert, and a movie night. For more information, call 588-8420 - 588-8000.

The Polish Genealogical Society will present their Annual Fall Conference on October 15. The conference will feature a variety of speakers and workshops, with topics ranging from genealogy to history. For more information, call 588-8420 - 588-8000.
Sullivan to hold 'Hot Dog Homecoming' reunion

Of special interest is that Sullivan's alumni association will sponsor a free wiener cookout in the school parking lot during the game. Of course, Sullivan will be the only school's game. Playing in the school parking lot is an annual tradition that has been held for three decades. The wiener cookout is open to all alumni and their guests. Visitors are encouraged to bring their own hot dogs and fixings. The cookout will be held on Saturday, October 9, from 4:00 PM to 7:00 PM. Visitors are welcome to enjoy the cookout while watching the game from the comfort of their cars or by walking around the school. The event is open to the public and no reservations are required.

Maine East Homecoming candidates

Seventy-three international flags become permanent fixtures at Maine East

At Maine East High School 2003 Homecoming, international flags will be on display in the hallways. The flags represent the home countries of students who have attended Maine East High School. This tradition began in 1998 with the display of flags in the principal's office. Since then, the display has expanded to include a diverse representation of countries from around the world. The flags will be hung in the hallways to celebrate the diversity of our student body and to honor the heritage of our students.

Niles West Homecoming Court announced

Niles West High School is proud to announce the 2003 Homecoming Court. This year's court consists of the following students:

- Homecoming Queen: Elizabeth T. Jones
- Homecoming King: David L. Kim
- Princesses: Jennifer S. Lee and Michelle L. Park
- Knights: Jason A. Chang and Andrew J. Kim

The court was selected by the Niles West High School Student Council. Congratulations to all the members of the court and thank you for making this year's Homecoming special.
Salesperson of the Month

Who worked, Tony Lak, is no stranger to the art of footwork and salesmanship. Lak, who has been with the Office of Sales and Service for the last three years, has consistently shown his dedication to customer service. He is always ready to go the extra mile to assist his clients, making sure they leave the office with a smile on their face. Lak's hard work and commitment have not gone unnoticed, as he has been recognized for his outstanding performance.

Rose Construction Services promotion

Michael Ross, President of Rose Construction, has announced the promotion of Tony Lak to the position of Sales Manager. Ross was recently recognized as the "Salesperson of the Month" for his outstanding performance in sales and customer service. The promotion underscores Ross's commitment to promoting from within and recognizing the hard work of his employees.

Silvestri sponsors 9th District Charity Walk

Coach Conroy Community Service Program, a non-profit organization, has received a generous sponsorship from Silvestri. The sponsorship will support the 9th District Charity Walk, which is an annual event that raises funds for local charities. Conroy is proud to partner with Silvestri and support the community.

Drugs, thefts fuel increase in arrests

A Chicago man was arrested for stealing a car in the 9900 block of Park Avenue, and a Ford Thunderbird was egged during an August 26th incident. Crime in the area has increased, with police investigating several cases of theft and vandalism.

Resurrection &Dominick’s to promote mammography

Resurrection Medical Center, in partnership with Dominick's Fresh Stores, is promoting mammography awareness through a campaign. The campaign aims to educate women about the importance of regular mammograms and to encourage them to undergo the screening.

New Hockey Director for Iceland

Göran Grönqvist has been appointed as the new Hockey Director for Iceland. Grönqvist brings extensive experience in the sport, having previously served as the President of the Swedish Ice Hockey Federation. His appointment is a significant step in the development of hockey in Iceland.
Home Style

Quick, easy ways to spruce up your home

- Add cheerful artwork and curtains
- Use a colorful shower curtain
- Install a new faucet
- Add a decorative light fixture
- Redo your kitchen backsplash
- Replace old door hardware

Annual Bird Fair

To be held at the High Five Center, 229 W. Elgin St. in Elk Grove Village. The event will feature bird shows, including the annual Illinois Parrot Society's Touch the Sun, as well as bird-related activities such as bird feeding stations and vendors.

Lincolnwood Parks and Recreation

The Lincolnwood Parks and Recreation Department will be hosting a variety of events in October, including the Annual Bird Fair, a bird show and sale, and a bird watching program.

Lincolnwood, IL 60712

For more information, contact the Lincolnwood Parks and Recreation Department at 773-327-1312.

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Financial planning for erratic incomes

The majority of workers receive regular fixed paychecks, which may make it easy to pay bills on time. However, for those whose income is erratic, making the unexpected a part of their budget is critical. Here are some tips for those who earn modest wages, or those whose income might vary from month to month:

1. **Create a Budget**: Establish a budget that accounts for any potential income fluctuations. This can help you keep track of your expenses and identify areas where you might need to adjust your spending.

2. **Emergency Fund**: Set aside a portion of your income for an emergency fund. This can be crucial in case of unexpected expenses or income drops.

3. **Variable Income Planning**: If you know your income will be more volatile, consider strategies that help you manage your spending during leaner periods. This might include reducing discretionary spending or seeking part-time or freelance work.

4. **Communicate with Creditors**: Inform your creditors about your income situation. They may be more willing to work with you if you communicate your financial challenges early.

5. **Consider Tax Strategies**: Depending on your situation, you might be able to save money by deferring taxes or by taking advantage of tax credits and deductions. Consulting with a financial advisor might help you identify the best strategies for your specific situation.

By implementing these strategies, you can better manage your finances, even when your income is unpredictable.
Stroke (brain attack) fact sheet

**Strokes** or **brain attacks** are the result of a blockage of blood flow to the brain or bleeding in the brain. Each year, approximately 87,000 W. Dempster, Suite 212

**Signs of Stroke**

- Trouble speaking or understanding speech
- Weakness or numbness of the face, arm, or leg
- Sudden confusion or trouble with thinking
- Trouble seeing in one or both eyes
- Sudden, severe headache with no known cause

**Signs of a Brain Attack** (in addition to stroke symptoms)

- Sudden numbness or weakness in the face, arm, or leg
- Sudden confusion or trouble with thinking
- Sudden trouble seeing in one or both eyes
- Sudden trouble speaking or understanding speech

**Rapid Response**

- Call 911 or your local emergency number immediately if you suspect a stroke or brain attack.

**Risk Factors**

- High blood pressure
- High cholesterol levels
- Smoking
- Diabetes
- Age
- Race (African Americans are at increased risk)

**Prevention**

- Healthy diet
- Regular exercise
- Avoiding tobacco
- Maintaining a healthy weight

**Treatment**

- Early treatment can save lives and reduce disability.

**Survivors**

- About 4 million survivors of stroke are alive today.
- About 424,000 strokes occur each year.
- Each year, approximately 157,991 people die of stroke.

**Framingham Heart Study**

- Analyzed data from 5,201 people who were free of stroke at the beginning of the study.
- Followed them for an average of seven years later.
- About 28 percent were under age 60.
- About 4 percent were under age 45.
- About 60 percent were under age 70.

**Brain Attacks**

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Niles Township announces essay contest

In celebration of Niles Township's 150th birthday, an essay contest is being held for high school seniors living in Niles Township. The contest is open to students who are currently enrolled in grades 9-12 and are residents of Niles Township. The theme of the contest is "The Importance of Community Service." The essays should be no longer than 1,000 words and should be submitted by January 15, 2020. The essay should discuss the role of community service in the lives of Niles Township residents and how it has impacted their lives. The winners will receive a $500 scholarship.

Misericordia/GLADD help needed

For the past six months, the Misericordia/George Lawrence Park (GLADD) Center has been working to help families in need. The program provides food, clothing, and other basic necessities to those who are struggling. The center is in need of volunteers to help with the distribution of goods. If you are interested in volunteering, please contact the center at 847-965-8282.
COMMISSION ACCOUNTANT

Handshaking with people. A choice. An introduction. The greatest achievement in life. Technology is not a choice. Technology is an introduction. The greatest achievement in life. Technology is not a choice. Technology is an introduction.

FINANCIAL ACCOUNTANT

Handshaking with people. A choice. An introduction. The greatest achievement in life. Technology is not a choice. Technology is an introduction. The greatest achievement in life. Technology is not a choice. Technology is an introduction.
St. John Brebeuf ‘Joy in Jesus’ pre-school registration

Applications are being taken for the St. John Brebeuf ‘Joy in Jesus’ pre-school program for the 2000-2001 school year. The program is open in the morning and afternoon. Applications are due during the 1st week of September. Children ages 3 through 5 years of age, will be accepted. Phone 847-588-8155 for more information. Child care is also available for children of working parents.

Ron Ballard explains where we find Fitness

Ron Ballard explains where we find Fitness

St. John Lutheran Children’s Hospital sponsors free Kids Fair ‘99

Lutheran General Children’s Hospital is sponsoring a free Kids Fair at the National Diabetes Control Center, 2620 Rand Rd., Niles, from 9 a.m. to 3 p.m. The event will feature children’s health screenings, hands-on activities, and games. Children’s health professionals from Lutheran General Hospital will provide health education to children, including information on diabetes, colds, and immune system disorders.

Skokie school ... CONTINUED FROM PAGE 1

Classic Bowl to host costume party

Skokie Bowl, 7400 W. Peterson Ave., will host a costume party on Saturday, Oct. 23, from 7-9 p.m. The event is open to the public and will feature music, food, and a costume contest.

SEND US YOUR NEWS

All press releases must go to the office by Friday for publication in the following week's edition. Send to:

NEWS EDITOR
The Bugle Newspaper, 7490 W. Peterson Road, Niles, Illinois 60714

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TELEMARKETING

TELEMARKETING

FAMILY FITNESS CENTER

Lifeguards Needed

The Village of Niles Family Fitness Center is accepting applications for part time Lifeguards. Early morning and afternoon shifts available.

Applications available at: Fitness Center, Village of Niles 987 Civic Center Drive, Niles, IL 60714

For more information, call Bunny Mackay at: 847-588-8402.

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MAINTENANCE

NorthShore long term care facility needsavenous nurse with experience working with seniors, licensed, commercial workers and doctors. Owner equipment, heating and air conditioning and general plumbing to be responsible for arranging maintenance with flexible hours and some on-call duty. To apply send resume to: R.O. Box 1315 - 7400 N. Waukegan Rd., Niles, IL 60714.

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TEACHER AIDES

NorthShore Lakeforest School District 121 is hiring aides for the 2000-2001 school year. To apply contact: 847-832-5555.

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**Statue**

Continued From Page 1

Among the hundreds of faithful who gathered for the service was the young Donna in Mary's statue, the daughter of Doni, worked on the statue as part of her Catholic faith and as a way to honor Mary. The statue was dedicated by Bishop LaRosa at 3800 W. Peterman Ave. The dedication was a two-hour ceremony that included music, prayers, and a procession around the statue.

**Niles cop**

Continued From Page 1

Niles Police Chief Robert Schroeder said that the department is currently under investigation. The investigation is being conducted by the Illinois State Police and the Lake County sheriff's office.

**Sewer**

Continued From Page 1

Sewer workers were called to the scene of a water main break on Oct. 31, 2019. The break occurred on Oct. 31, 2019, at 2000 S. Pine St. in Niles. The water main was identified as a 12-inch main that was located at the corner of S. Pine St. and Lake St.

**Dist. 64**

Continued From Page 1

District 64 Superintendent Paul Farwell said that the district is currently in the process of developing a new master plan for the district.

**Murder**

Continued From Page 1

Murder suspect was arrested on Dec. 31, 2019, at 2000 S. Pine St. in Niles. The suspect was identified as Michael J. Miller, age 30, of 2000 S. Pine St.

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**Lewis University announces new School of Education**

As a result of expanding research colleagues and increased program offerings at the university, the School of Education at Lewis University has expanded the scope of its mission. The new School of Education, which includes the Lewis University Institute of Educational Policy, will offer a range of programs in education and leadership.

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- Filberts 64.75 $4.00
- Walnuts Pieces 64.95 $4.00
- Almonds Sliced 64.00 $3.00

* Only one discount applies

- Choc. Peanut
- Yogurt Peanut
- Yogurt Raisins
- Yogurt Pretzel
- Filberts
- Walnuts Pieces
- Almonds Sliced

* Sale price while quantities last

- Choc. Pecans
- Choc. Peanut Cluster
- Choc. Coconut Cluster
- Yogurt Peanut
- Yogurt Raisins
- Yogurt Pretzel
- Filberts
- Walnuts Pieces
- Almonds Sliced

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