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GOLF MILL-EAST MAINE,
WEST GLENVIEW-NORTHBROOK

The Bugle

7400 WAUKEGAN ROAD
NILES, ILLINOIS 60714
(847) 588-1900

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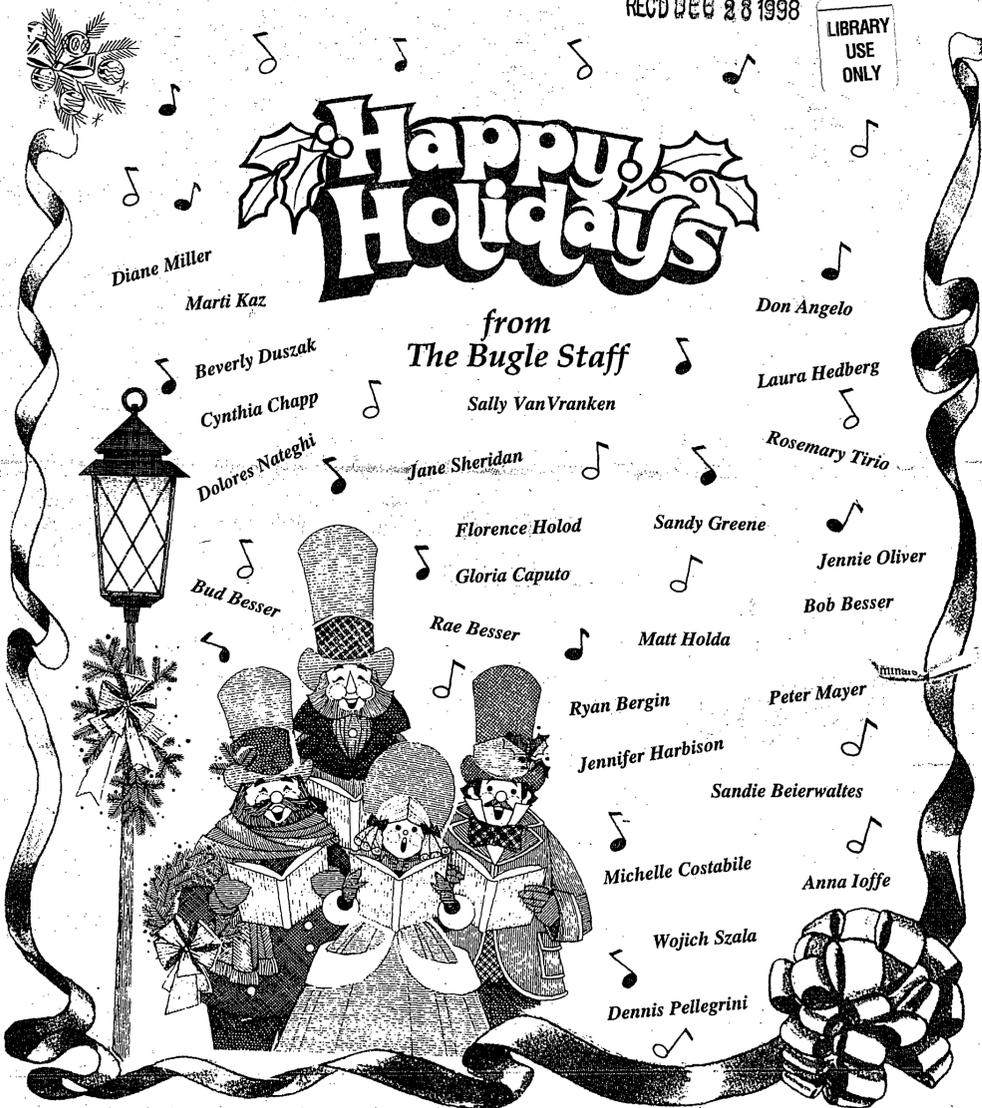
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Happy Holidays

from
The Bugle Staff



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Michelle Costabile

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Dennis Pellegrini

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Rosemary Tirio

Sandy Greene

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Peter Mayer

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Anna Ioffe

Santa makes an early trip to Morton Grove



Children, young and 'older,' wait their turn to visit with Santa at Morton Grove Prairie View Center. The event was sponsored by the Morton Grove Days Committee.

Send us your news
All press releases must be in our office by Friday for publication in the following week's edition. Send to:
News Editor
The Bugle Newspapers
7400 Waukegan Road, Niles, IL 60714

District 63 Notice

A meeting of the Committee for Facilities Utilization of the Board of Education of East Maine School District No. 63, Cook County, will be held on: Wednesday, January 6, 1999 at 7 p.m. in the Dr. Donald C. Stetina Educational Service Center located at 10150 Dee Road, Des Plaines.

High Five Center in Morton Grove a success

Traumatic brain injury (TBI) is an acquired insult to the brain that commonly results in impairment of cognitive, physical or psychosocial functioning. Each year, 373,000 Americans are hospitalized as a result of TBI. Of these, 90,000 sustain moderate to severe injuries resulting in lifelong disabling conditions.

High Five Center is a new non-profit organization providing day care services to adults age 18-50 who have an acquired brain injury and cannot return to school, work or participate in vocational rehabilitation. Socialization, meeting individual needs and improving the brain injured survivor's quality of life are essential elements of the program. High Five Center has a pilot project offering a program Tuesday and Thursday afternoons in the Senior Center of the Fickinger Municipal Center in Morton Grove. Its target area includes the north and northwest suburbs as well as the north and northwest areas of Chicago.

The program is staffed by a certified recreational therapist who is assisted by a program aide and volunteers. Activities include exercise, current events discussions, board and card games, creative endeavors, and community outings.

because families found a support gap for survivors of brain injury when the acute phase of recovery ended. Existing day care centers are inappropriate and/or inaccessible, as they were specifically designed to serve elderly, developmentally disabled or mentally ill populations. There are few, if any, day care resources available to persons with acquired brain injury. As a result, survivors of acquired injury spend the majority of their time alone, or with family, and with few activities to keep them occupied.

High Five Center began its pilot program in January of this year. Seven clients participate in the program. Observations suggest positive changes among participants who are showing improved social skills. Participants are enthusiastic about their involvement in the program. Also important is the impact on family members who appreciate having some needed respite from caregiving responsibilities.

In light of these results, the Board of High Five Center plans to expand to a full-time program as soon as funding can be secured. For information about the High Five Center, or to volunteer, contact Loretta Gut at 847-966-0312.

Niles Historical Society presents the Canterbury Carollers



By popular demand, the Niles Historical Society is presenting the Canterbury Carollers as the program for the annual 12th Day of Christmas. Following a short business meeting the program is scheduled for 2 p.m. - but come early to visit friends, tour the Museum, visit the Vintage Room, and the second floor exhibit "One Enchanted Evening." All programs are open to the public and geared to the family so bring your children, friends and neighbors.

Admission is free but donations are requested. Refreshments (cider, home-made cookies and goodies) will be served.

The Niles Historical Museum is open every Wednesday and Friday 10 a.m. - 3 p.m.; other times by appointment. Call (847) 390-0160 for more information.

We look forward to seeing you Sunday, January 3, 1999 at 2 p.m. at the Niles Historical Museum, 8970 Milwaukee Avenue, Niles.

Przybylo to drop Bensenville eatery purchase option

The Plentywood Restaurant, known for decades as Plentywood Farm, established in 1932 on five landscaped acres in Bensenville, will soon be replaced by a residential subdivision.

Already under contract to an undisclosed developer, the landmark restaurant is scheduled to close its doors Jan. 31, according to Ted Przybylo, who has run the establishment with a partner for two years. His option to buy the restaurant expires Jan. 15, but he has decided not to purchase it largely because of the condition of the buildings, Przybylo said.

When Katharine Howell opened the restaurant decades ago, it specialized in chicken. The family, which owned the site before the restaurant was established, is sorry to see the restaurant's demise, according to family member Marion Howell.

For years a favorite holiday dining spot, many couples took their wedding vows in the restaurant's original log cabin. Fireplaces, beamed ceilings and picture windows providing views of the beautifully landscaped grounds created a rustic atmosphere that made Plentywood a community icon, the term used by Bensenville Village Manager Kurt Bressner to describe the restaurant.

Village officials are considering a last-minute attempt to broker a deal that would keep the sprawling restaurant alive, Bressner said.

Notices were sent last week to

by Rosemary Tirio

the restaurant's 100-plus employees, some of them second generation, that the restaurant will probably close soon. One employee, bartender Angelique Turcotte, is planning a petition drive in hopes that the community will come save the landmark restaurant.

Maine East cheerleaders take first at competition

The Maine East High School cheerleaders took first place at the 6th annual Six Flags Great America Midwest cheerleading competition. The co-ed squad competed against over 40 different schools from four different states. Led by captains Erika Jedrzek, Tim Karth, and Melissa Noparsak, the 20 person team continued Maine East's tradition of excellence at cheerleading competitions.

The Maine East Cheerleaders are: Colleen Bercyn, junior, Dante Castillo, sophomore, Mattea Cirincione, senior, Gerald Daliva, sophomore, Karlo Familara, junior, Cathy Glinka, senior, Emily Howes, senior, Neil Jardeleza, junior, Erika Jedrzek, senior, Tim Karth, senior, Joanna Kulikowski, sophomore, Monica Manaos, junior, Anne Mars, junior, Melissa Noparsak, senior, Jeff Ocampo, senior, Mike Rodriguez, junior, Jeff Tackes, junior, Heather Velen, senior, Evelyn Wlodarska, sophomore, and Lisa Nancy Yee, junior.

New park officially named Niles Pioneer Park

Approval of the name of the new park at Touhy and Harlem was part of the old business conducted at the December meeting of the Niles Park District. Niles Pioneer Park is the name of the new park. Everything is running smoothly in the progress of the completion of the park. The heating went on-line. Diamond Two is lit up. Fencing and landscaping are in place. The outfield is on hold for a while because the grass must mature. A special precaution against weeds has been taken and by the time Spring rolls around the grounds of the park should be stunning, according to board members.

In other business, President Charles Barbaglia wished all happy holidays. He said that the morale of the Park District has gone up due to the internal changes which have been made. He commended the park employees who gave of their free time for the various seasonal activities, and thanked them for all of their hard work all year.

Robert Elmgren

Naval Petty Officer 1st Class Robert E. Elmgren, son of Eric and Arlene Elmgren of Park Ridge, recently visited western Australia after leaving the Arabian Gulf on a six-month deployment aboard the aircraft carrier USS John C. Stennis. The 1985 graduate of Maine South High School joined the Navy in September 1985.

ICC rules no overlay for 847 area code

by Rosemary Tirio

Phone customers in the 847 area code region have something to be thankful for this holiday season: once again, the Citizens Utility Board has saved them from the dreaded 224 area code overlay and 11-digit dialing.

After months of struggle, the Illinois Commerce Commission, finally convinced by evidence presented by CUB officials that local phone companies are hoarding phone numbers in the 847 area code to give them to wealthy business customers at the expense of residential phone users, ruled Dec. 16 to delay the imposition of the overlay.

After the dozens of local phone companies return the estimated 750,000 unused numbers, the 847 area code should have enough numbers to last four years or even longer, according to Martin Cohen, CUB executive director.

Pat Clark, an associate director, said in an interview that future technical advances will avert the need for an overlay entirely.

According to Seamus Glynn, another CUB official, less than half the numbers in 847 are currently in use, and he estimates that 3.5 million numbers are still available.

Last May, the ICC asked phone companies operating in 847 to return their surplus numbers, but only 500,000 of the estimated 1.2 million numbers were

submitted. Last week's ruling gives phone companies 45 days to return their unused numbers.

The commission also ruled that companies will be prevented from applying for new numbers until 75 percent of their current inventory has been used. When they receive a block of 1,000 new numbers, they will not be able to apply for more until 90 percent of them have been assigned, according to the ruling.

Commission Chairman Richard Mathias and other ICC officials, however, have expressed concern that the Federal Communications Commission may overturn their ruling. The FCC has blocked other phone number conservation proposals, including the proposal to assign a separate area code to cellular and other wireless devices citing inconvenience to phone companies as the reason for the rejection.

The commission's ruling may set a precedent for the Chicago area's other area codes which are also reportedly running out of numbers and are slated for overlay area codes by the end of 2000.

Although overlays imposed in other areas of the country have been unpopular because of the inconvenience of the extra dialing required, proponents point to the upside, which is that no one would be required to change their basic phone number.

MG Park District reviews 1998 successes

by Ryan Bergin

Last week's meeting of the Morton Grove Park District was a time to celebrate the year's accomplishments. Some highlights of the year included: the initiation and completion of the Jacobs Park grant project. The park was dedicated on September 19 and became the 13th park of the District. It took nearly three years to acquire the land and complete the project.

1998 was also a year filled with many awards and recognitions. The Illinois Association of Park Districts recognized Commissioner Eileen Coursey for 20 years of service and Commissioner Dan Staackmann for 10 years of service. Andy DeMonte and John Stroesser also received 10 Year Anniversary Awards for their service to the community. Jeff Fougerousse was the Morton Grove VIP of the year and Carol Gail was recognized for her 25 years of service.

The District received re-accreditation following the completion of the Loss Control Safety Evaluation in which the Park District's final score was 98.54%, while life guards earned Ellis & Associates' top honor, the Platinum Safety Award.

Safety proved to be a major

concern in '98. The Park District conducted approximately 110 hours of safety training (orientations, CPR/First Aid, workshops, audits, seminars) and 35 hours of various inspections. Infant and child CPR training was also introduced to all staff members. A new Bicycle Helmet Safety Program was also implemented with outstanding results. Over 40 new trees were planted throughout the parks and Harrer Park Pool was renovated for the 1999 season.

Some final highlights of '98 involved grants and finances. The Park District received a \$70,000 grant for Jacobs Park, and a \$200,000 grant for Oriole Park. The Morton Grove Foundation also donated \$2,500 to the Maine-Niles Association of Special Recreation. The Park District also completed a General Obligation Bond Issue of \$1,515,000 with First National Bank of Morton Grove which was used for pool renovations and equipment replacement.

There were achievements in many different areas in 1998. Overall, the year was a success. All Park District staff deserved the honors and acclamations they received for a job well done.

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ECCO DOMANI 750 ML **\$8.99**

Knighly News & Views

The officers and committee chairmen of North American Martyrs Council wish everyone a very happy, healthy and holy holiday season.

Past Grand Knight Ken Lee, along with Brother Knight Dan Kosiba are again coordinating the annual holiday basketball tournament at St. John Brebeuf. This year's tournament, sponsored by North American Martyrs Council for the 33rd year, offers over 100 teams from area catholic schools to compete for championship trophies in the 4th, 5th, 6th and 8th grade levels. Ken and Dan invite all Brother Knights to show your support by attending the games. For more information, contact Ken at (847) 967-6234.

Andy and Barb Beierwaltes invite everyone to attend a very special night of talk and entertainment - "An Evening with Maria Johns," Wednesday, January 13, 1999. This event, jointly sponsored by St. John Holy Name Society, the Catholic Women's Club and N.A.M. will feature Ms. Maria Johns, a great speaker and a fantastic singer. All members of the St. John community are invited to attend. Refreshments will follow the short program. Please mark your calendars for this very special event.

GK Rich Zaprzalka invites all Brother Knights and their families to attend the annual N.A.M. Communion Breakfast, Sunday, January 10, 1999. Everyone is en-

couraged to attend 9 a.m. mass at St. John and join us for breakfast in Flanagan Hall, immediately afterward. Reservations must be made in advance. By contacting Rich at (847) 966-3953.

Free-Throw Contest Chairman Bob Bianchi, invites all children 10 thru 14 to attend this year's contest - to be held on Saturday, January 16, 1999, in St. John Brebeuf's gym. Doors open at 8:30 a.m. with 10 year olds starting at 9 a.m. Bob would appreciate assistance from Brother Knights in conducting this famous event. Help us make history.

Please pray for all the ill members of our family, especially Ted Lesniak, Joe Okulanski, Joe Stachon and Anna, sister of Henry Hasniuk. We hope they get well soon.

Last chance for the Entertainment Books for 1999, the North and NW plus added downtown spots have been combined into one edition. Other metropolitan areas also available for \$35. Contact Ken Lee - (847) 967-6234. (Local delivery available.)

What a great way to start out the New Year - as a Brother Knight. Call DGK John Weber for more information - (847) 342-1405.

Dates to remember:
January 1 - Happy & Healthy New Year!

January 6 - 1st Degree & Regular Business Meeting, Flanagan Hall, 8 p.m.

Glenview to get \$7.5 million for new Metra station

by Rosemary Tirio
Glenview is slated to receive approximately \$7.5 million from the state to build a Metra station and new road connecting Willow Road south to Lake Avenue.

The new station will be located a mile north of the downtown Metra station and 1 1/2 miles south of the Northbrook station, according to Frank Malone, Metra spokesperson.

Included in the 1,000-home development on the former Glenview Naval Air Base property is a business park that will be built next to the new Metra station. Access to transportation will facilitate a reverse commute for people employed at the park, Village Manager Paul McCarthy said.

The new station will be on the Milwaukee District-North line, which originates at Chicago's Union Station and ends in Fox Lake in Lake County. The fastest growing of all the Metra lines, the Milwaukee-North line has had an annual 4 percent to 6 percent increase in ridership, according to Malone.

Under federal legislation designed to reduce the impact of base closings on local communities, Glenview became the first municipality to be given title to the vacated base land at no cost in July 1997. The base officially closed in 1995.

Offices to close for Christmas and New Year's

All Secretary of State offices and facilities will be closed Thursday and Friday, Dec. 24-25, for Christmas.

Driver Services facilities outside Cook County and the Chicago West, Midlothian and Niles facilities in Cook County, which normally are open Tuesday through Saturday, will reopen Saturday, Dec. 26.

All offices that normally are open Monday through Friday will resume business Monday, Dec. 28.

All offices and facilities also will be closed Friday, Jan. 1, for New Year's. Facilities normally open Tuesday through Saturday will reopen Saturday, Jan. 2. Offices normally open Monday through Friday will resume business Monday, Jan. 4.

The only exception is the Ford City facility in the Ford City Mall, which will be open New Year's Day. Both holidays are observed by all state agencies.

Parkway Trees

From the Desk of Mayor Nicholas B. Blase

As you may or may not be aware of, parkways in front of your home are owned by the Village of Niles. All trees in those parkways are the property of the Village of Niles. It is therefore, illegal to tamper with trees in such a way as to destroy or remove these trees from the parkway.

A recent case involved a resident who cut down three healthy trees in the parkway before first consulting with the Village. As a result of this action, the individual was given a ticket and had to appear before a local adjudication judge. The adjudication judge levied a fine against the individual in the amount of \$4,000 for the

destruction and removal of the trees.

This scenario is being pointed out to you because, as you can see, it could be a very expensive proposition for anyone tampering with, destroying, or removing trees, located in a parkway.

If you feel there is a problem with trees in your parkway, the proper agency to call would be the Niles Public Services Department at (847) 588-7900; indicate the nature of your problem, and someone will come out to examine the tree. Keep in mind the Village will not approve the removal of healthy trees which add to the beauty and value of the community in which we live.

Winter activities at the Niles Public Library

Come Join the Pack!
Come join the Wolf Pack at the Niles Public Library District, as the Children's Department jointly sponsors its second annual "Read to Succeed" winter reading club with the Chicago Wolves at the 9th of January, 1999. You must register in person.

When the holiday food and toy drives are over, there will still be many children who need loving, patient and generous people to care for them. Open your heart and your home year-round as a foster parent with the Jewish Children's Bureau (JCB). Our foster parents receive lots of training and support and receive a non taxed stipend to pay for the cost of children in care. Learn more at an informational meeting, January 6, 1999, from 7 - 9 p.m., at the JCB Placement Office, 7366 N. Lincoln Avenue, Lincolnwood.

JCB has an ongoing need for stable, nurturing people to join them in caring for children whose biological parents are unable or unwilling to care for them - whether for a short time or indefinitely. Children in need of care range from infants through high schoolers, and represent many religions, races, and socioeconomic backgrounds. To RSVP, contact Rose Arlowe at 847-676-6013, ext. 129.

Wolves Hockey Team. The club will run during the month of January 1999, from the 4th to the 30th, and is open to any Niles District Patron who is between the ages of 3 to 13. Registration has begun and will go through the 9th of January, 1999. You must register in person.

All participants of the club will receive an incentive prize, there will be weekly prize drawings, and the first 100 to read five books or for five hours will receive an invitation to a special party on Saturday, February 6th, featuring a visit from a real wolf! So come join the pack and read with the Chicago Wolves at the Niles Public Library.

Now Showing...
Come in from the cold and enjoy a movie at the Niles Public Library over the holiday break. The Children's Department will be hosting two movies: the first will be the 1998 version of "The Parent Trap," on Wednesday, December 23rd at 1 p.m.; and the second will be "Home Alone 2" on the following Tuesday, December 29th at 1 p.m. Free tickets will be distributed on the day of the shows beginning at 9 a.m. in the Children's Department.

For details, call the Children's Services Department, (847) 663-6622.

East Maine School Caucus seeks candidates

Residents of eastern Maine Township interested in serving on a local school board are invited to submit their names to the East Maine Township General Caucus, an independent organization that recruits, screens, and supports candidates for the boards of East Maine Elementary School Dist. 63 and Maine Township High School District 207.

The caucus is seeking candidates for all three seats in Dist. 63 (which includes parts of Niles, Morton Grove, DesPlaines, Glenview, Park Ridge, and unincorporated areas) and one of the three seats in Dist. 207 to be filled in the April 1999 election.

1. Each candidate is asked to fill out a 3-page caucus application form;

2. Each applicant will be interviewed by members of the caucus's search and nominating committee; and

3. Each applicant will be asked to answer questions before the full caucus at its nominating meeting, scheduled for 7 p.m. Tuesday, Jan. 26, in the Maine Town Hall, 1700 Ballard Road, Park Ridge.

Residents who want a caucus application can contact Joe Harrington, caucus chairman, at 847/965-6935. The caucus will hold its next open meeting at 7:30 p.m. Wed., Dec. 30 in the Maine Town Hall.

Santa and Niles 'resident'



Jordan Sliwa-Duszak telling Santa everything she wants for Christmas. Mom Beverly says she'll probably get it!

Leukemia Research meeting set

The Goland-Orenstein-Sherman Memorial Chapter of the Leukemia Research Foundation will hold its regular monthly meeting on Saturday, Jan. 2, 1999 at the Morton Grove Community Church, Lake and Austin, in Morton Grove beginning at 7:30 p.m.

The chapter is now in its thirty-first year of raising funds for leukemia research. All who are inter-

ested are cordially invited to attend.

The chapter has dedicated the 1998-1999 Fund Raising Year in honor of Mrs. Ann Sherman who founded the chapter in 1968. Mrs. Sherman passed away on Oct. 27, 1998.

For further information, call (847) 966-4213.

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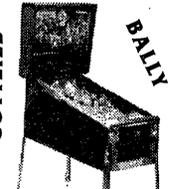




& AMERICAN EXPRESS

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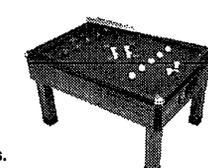


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Money management topic at A-SCIP meeting

The first A-SCIP meeting topic for the new year will cover the ever-changing subject of money management for disabled persons, and will offer a broad range of advice and suggestions for managing funds, investments and other financial concerns. The speaker will be Jeff Mackevich, Senior Vice President of Mesir-ow Financial, who has received several awards in the area of money management.

"Jeff is very helpful and patient, and serves of the Board of Directors of MOPED, which is the Chicago Mayors Office for People with Disabilities," said Maine Township Director of Disabled Services, Donna Anderson. "He realizes that no two situations are the same, and he will share with us his philosophy and deal with issues according to in-

dividual needs and expectations."

The meeting is scheduled for January 7, 1999 from 7 to 9 p.m. at the Maine Township Town Hall 1700 Ballard Road in Park Ridge. There is plenty of free parking available.

A-SCIP, originated at "Amputees and Spinal Cord Injured Persons" and targets people with any physical disability. A-SCIP meetings offer participants an opportunity to discuss and share methods of coping with various disability-related problems such as employment, housing, health related issues, relationships and other topics.

The Town Hall is handicapped accessible, and an interpreter will be present. For additional information, contact Donna Anderson at (847) 297-2510. TTY access via (847) 297-1336.

Tues., Dec. 29 ANAD meeting

National Association of Anorexia Nervosa and Associated Disorders - ANAD will hold a group meeting for anorexics, bulimics, parents, and families at 8 p.m., Tuesday, December 29, 1998 at Highland Park Hospital, 718 Glenview Avenue, High-

land Park. The meeting is free. Those interested are invited to attend. ANAD groups now hold regular meetings in numerous North Shore communities and other sections of greater Chicago. For additional information call 847/831-3488.

Enjoy a safe and happy holiday season.



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Senior New Year's Eve Party

The Senior Center of the Leaning Tower YMCA will be holding its annual New Year's party celebration on Monday, December 28th. Hors d'oeuvres at 11 a.m., lunch at 12 noon. Dancing and entertainment. Members and guests \$6. Come join us to help cheer in 1999.

Crafters wanted for craft show

Crafters wanted for a craft show to be held January 16 & 17 at Charlestowne Mall in St. Charles and March 20 & 21 at College of DuPage in Glen Ellyn. For more information, call (630) 231-8644 or write to Craft Productions, Inc., 119 E. Pomeroy St., West Chicago, IL. 60185.

Early childhood program at NTJC

Gan Yeladim, the early childhood program at Ezra-Habonim, the Niles Township Jewish Congregation, offers Parent-Toddler programs on Tuesday and Thursday mornings, from 10 to 11:45. The classes are for children ages 22 months to 3 years old, together with their parent or caretaker.

Registration for classes, beginning January 5, is now open. We offer a warm, nurturing early childhood program in a Jewish environment. We are located in Skokie, at 4500 Dempster Street. For information or to register, call Betsy Rotberg at (847) 675-4152.

Installation of New Officers

The Senior Center of the Leaning Tower YMCA will hold its business meeting, Monday, January 4th at 1 p.m. after which the installation of new of-

ficers will take place. Refreshments will be served. For more information please call 847-647-8222 Ext. 2237.

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Women's News

Woodridge Junior Woman's Club announces art show

The Woodridge Junior Woman's Club announces "Art for a Song," a juried art show featuring local and national professional and amateur artists selling original, creative work priced up to \$100. "Art for a Song" will be held Saturday, May 22 from 10 a.m. to 5 p.m. College of DuPage, P.E. Building, Glen Ellyn, IL.

Proceeds from "Art for a Song" will be donated to charities throughout Chicagoland. The GFWC Woodridge Junior Woman's Club is a philanthropic organization devoted to funding worthy organizations in DuPage County. Since its founding in 1988, the Club has supported more than 50 area organizations through donations and service projects.

Is your hair interfering with your teeth?

Synthetic hair braids and jewelry can distort the image of your teeth during x-rays, making it harder for dentists to obtain an accurate picture of the health of your teeth, according to the Academy of General Dentistry, an organization of general dentists dedicated to continuing dental education.

Dentists have reported that panoramic x-rays can show an image block-out that is consistent with the synthetic hair braids worn by the patient. "When a block-out occurs, it is difficult to make a proper diagnosis," comments Gordon Isbell, III, DMD, MAGD, spokesperson for the Academy of General Dentistry. "What tends to be a bigger problem than hair braids are patients who wear large hoop earrings or nose rings," he says.

Dentists use full mouth (panoramic) x-rays to get a better picture of gum disease and to show decay. The panoramic x-ray also shows sinus and nasal structure, cysts or abscessed teeth and provides an exact location of wisdom teeth to determine if an extraction is needed.

To avoid x-ray distortion, Dr. Isbell says that the only thing patients have to do is take off any jewelry before the procedure is initiated.

SCH benefit a success



Surgeon Sharon Goldish, MD and Estelle Blaseos, secretary/treasurer of the Cancer Comfort Foundation (CCF) and breast cancer survivor (of Skokie), shop at Saks Fifth Avenue Old Orchard before a Holiday Breakfast and Fashion Presentation. The event was sponsored by CCF/Swedish Covenant Hospital (SCH) to benefit SCH's new Center for Breast Health.

Maintain healthy, younger-looking skin

Healthy, younger-looking skin is an attribute many women strive to maintain. While no one can prevent skin from aging altogether, there are measures you can take to keep skin looking younger longer.

"Protecting your skin from the sun is one of the most important steps you can take to prevent premature aging and wrinkling," says Ronnie Spector, who has 20 years experience as a makeup artist to the leading ladies in Hollywood, including Michelle Pfeiffer, Demi Moore, Susan Sarandon and Kim Basinger.

"Sun damage is responsible for up to 80 percent of the visible signs of premature aging on the human face, including unwanted wrinkles," explains Spector. "To keep skin looking younger and smooth, wear sunscreen every day even on cloudy days, since 80 percent of the sun's rays can penetrate light clouds, mist and fog."

Spector offers these tips on how to incorporate sunscreen into your daily skin care routine:

- Use a sunscreen instead of a moisturizer under makeup. For extra protection against UVA rays, the rays that can cause premature aging and wrinkling, use a moisturizing sunblock with Parsol 1789, such as Coppertone Shade UVA Guard Sunblock Lotion SPF 30.

- After applying sunscreen, wait a few minutes before applying foundation in order to avoid "slipping" or "streaking" on the skin.

- Layer an oil-free or low-oil foundation over sunscreen. Use a heavy duty concealer with a small makeup brush (lip brush size) to cover dark spots of pigmentation. If desired, lightly dust powder over the whole face or over the spot coverage.

- If you want to get that "sun-kissed" look without exposing your skin to the damaging effects of the sun, try using a sunless tanner. For oily skin, use a non-comedogenic product, such as Coppertone Oil Free Sunless Tanner.

- Don't forget your lips. Always wear a lip balm or lipstick with sunscreen.

For more information about ways to keep your skin looking younger and healthy, and about other Coppertone sun care products, visit:

www.coppertone.com.

Women need to know more about estrogen therapy

Many menopausal and post-menopausal women are not getting all the information they need or want on estrogen-replacement therapy, according to a study by a University of Illinois researcher.

As a result, they may be missing out on potential benefits from taking estrogen, like a lower risk of heart disease and osteoporosis, says Teresa Gallagher, a professor of community health. Or, in some cases, they could be taking estrogen without knowing some of the risks.

Gallagher led a survey of 1,469 women between ages 40 and 69 who were members of a Connecticut HMO, looking to determine the extent to which they were being counseled about estrogen replacement, as called for in various national clinical guidelines. A total of 1,004 (or 69 percent) of those women responded to a mail survey, with 693 saying they were either going through or were past menopause.

Among those 693 respondents, 69 percent said they had received at least some level of counseling about estrogen-replacement therapy by a doctor or health-care provider, Gallagher said. But only 40 percent said they had enough information and advice

about their choices, and only 53 percent felt they had made an informed decision about whether or not to take the hormone.

Gallagher also noted that women in the group of 693 who did not consult a health-care provider about menopausal symptoms, for which estrogen replacement is often prescribed, were much less likely to get any counseling — only 56 percent, versus 82 percent for those who did report symptoms. Only 60 percent of the group said a doctor had talked to them about osteoporosis, and only 54 percent about heart disease, compared with 71 percent who had been advised about breast cancer, she said.

Since the women were drawn from an HMO that has been recognized for its service to patients, Gallagher suggested that the figures for the general population may be lower.

The survey findings were presented in September at the annual meeting of the North American Menopause Society, held in Toronto. Working with Gallagher on the study, funded by Eli Lilly & Co., were Florence Comite and Jennifer FitzGibbons, with the Yale University School of Medicine, and John Aforismo and Ju-

vene Grant, with M.D. Health Plan, the HMO where the study was conducted.

Not all women going through or past menopause should be taking estrogen, Gallagher said, but many may be too focused on a suggested link between estrogen and breast cancer, while ignoring the potential benefits from estrogen. "Women believe that they're much more likely to die of breast cancer than of heart disease, and that's wrong...and many women don't understand what osteoporosis is, don't know how much of a threat it is to their health."

Women, in considering estrogen, may not have a "sense of the overall picture," Gallagher said. "It is a very difficult decision, and so it has to be kind of individualized...you need to go through this process of going over your risk factors and really talking about the issues."

Treat The Family To Dinner

Women's News

Catholic Women's Bowling League

Results Wed. Dec. 9, 1998

TEAM	W	L	HIGH SERIES
Classic Bowl	69	22	Ger Kenny 478
Windjammer Travel	49	42	Millie Kroll 478
Skaja Terrace	47	44	Gertie Schultz 476
Candlelight Jewelers	47	44	Mary Wasilewski 456
Thomas Drozd, DDS	39	52	Dorothy Kaufmann 453
Grand Nat'l Bank	22	69	HIGH GAMES
			Dorothy Kaufmann 193
			Gertie Schultz 185
			Millie Kroll 174
			Gerry Lettow 171
			Marilyn Oetinger 170

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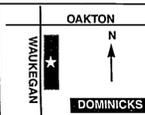
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New Beginnings, a Womens Chorus, is looking to expand its membership. During the months of January and February we are accepting new members to help us prepare for a Spring Concert. If you like to sing please come and join us on Monday mornings at 9:30 a.m. at Church of the Incarnation, 330 W. Golf Rd., Arlington Heights. For further information call Dotty Warhol, 847-470-1669 or Lyle Krol 847-696-2954.

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Community Calendar

BUSINESS

Tues., Jan. 5

Law at the Library

Do you know how recent changes in tax and capital gains laws will affect your April 15 filing deadline or your retirement and investment goals? Your questions will be answered at a free seminar entitled "Changes in Tax/Capital Gains Laws" to be held on Tues., Jan. 5, 1999, from 7-8 p.m., at the Sulzer Regional Library, 4455 N. Lincoln Ave., in the Louis A. Lerner Auditorium. The next session of "Law at the Library" series entitled, "Lawsuits 101 - How to Hire and Retain an Attorney," will be held on Tues., Feb. 2, 1999, and will discuss how to locate and hire an attorney. If you have questions or would like to receive a schedule of upcoming "Law at the Sulzer Regional Library" lectures, contact the CBA Office of Public Affairs at (312) 554-2010 or the Chicago Public Library at (312) 747-4090.

ENTERTAINMENT

Sat., Jan. 16

"Jazz In January"

Frank Portolese, conductor and popular Chicagoland guitarist, will bring 4 jazz bands from the Midwest Young Artists to Lake Forest on January 16

for a performance at the Church of the Holy Spirit, 400 East Westminster Drive, beginning at 7:30 p.m. Tickets for "Jazz in January" are \$10 and \$5 and are available at the door or by calling 847/328-9998.

EXHIBIT

Jan. 22 - Apr. 30

Return to the Amazon

An exhibition highlighting the work of one of the century's most remarkable women, Margaret Mee - a passionate conservationist who devoted her life to recording the beauty and diversity of the Amazon. Mrs. Mee was a gifted artist, a dedicated botanist, and premier female explorer, and this important exhibition will highlight her life, work, and legacy. Exhibition begins Fri., Jan. 22 and continues through Fri., Apr. 30 at The Field Museum, Roosevelt Rd. at Lake Shore Dr., Chicago.

SINGLES

Sat., Dec. 26

St. Peter's Singles Club

All singles or widowed men and women over 45 are invited to the following St. Peter's Singles Club dance, Sat., Dec. 26, at 8:45 p.m., Franklin Park American Legion Hall, 9757

Marriott's Lincolnshire Theatre presents The Wizard of Oz



Kary M. Walker Executive Producer of the award-winning Marriott Theatre in Lincoln-

shire, is proud to present The Wizard of Oz, through January 24, 1999.

The best loved movie of all time. The Wizard of Oz has been seen by more people than any movie, or any other form of entertainment, in history! Now see it Live & On Stage!

The Wizard of Oz stars Anne Jacoby as "Dorothy"; Marc Robin as "the Scarecrow"; Don Fors-ton as "the Lion"; Stephen P. Full as "the Tinman"; Mary Ern-ster as "Glenda"; Ronald Keaton as "the Wizard" and Peggy Roeder as "the Wicked Witch". The Wizard of Oz also stars "Those Funny Little People" (a very unique form of puppetry) as The Munchkins.

Click your ruby slippers together and return with us to the merry old Land of Oz, as we bring you a Holiday spectacular for the entire family. This time-less treasure, which made Silver

Screen magic in 1939, is as enchanting and delightful now as it was when L. Frank Baum wrote the story in 1900. Your whole family will thrill to the unforgettable tunes like "We're Off to See the Wizard," "If I Only Had A Brain," and the immortal "Over the Rainbow." So follow the Yellow Brick Road with Dorothy and her mismatched band of fantastical friends. And take a magical, musical journey that is sure to thrill every child and grandchild - as well as the child in you!

Performance Schedule: Wednesdays at 2 p.m. and 7 p.m., *Thursdays at 8 p.m. *(excluding 12/24); Fridays at 7:30 p.m.; Saturdays at 2 p.m. & 7 p.m.; and Sundays at 2 p.m. and 6 p.m.

Ticket Prices: Ticket prices range from \$35 to \$38. Students receive half price theatre tickets for all performances. Senior citizens receive \$5 off the regular ticket price for all performances.

Dinner Theatre Packages available for all performances. Ask about our Special Kids Menu and prices.

*Receive a complimentary dinner with the purchase of a full price theatre ticket for Thursday evening performances. The Thursday Night Complimentary Dinner has a limited availability, is not applicable with any other discount or offer, and is not available December 31st. Reservations with a major credit card can be made by calling the Marriott's Lincolnshire Theatre box office at (847) 634-0200.

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Community Calendar

SINGLES

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Sat., Dec. 26

T.G.I.S. Singles

T.G.I.S. Singles will have its Post Christmas Singles Dance at 8 p.m. on Sat., Dec. 26, at The Rosewood West Restaurant, 131st St. & Cicero Ave., Crestwood. Door Prize - Color TV with remote. All singles are invited. Admission is \$6. For more information call toll free 1 (877) GTCHARLEY.

Sun., Dec. 27

Good Time Charley Singles Dance

Good Time Charley Singles will sponsor a Free Admission Singles Dance with Free Buffet at 8 p.m. on Sun., Dec. 27, at BG Fellows, 5055 W. 111th St., Alsip. All singles are invited. For more information, call toll free at 1 (877) GTCHARLEY.

Sun., Dec. 27

North Shore Jewish Singles 50+

7:30 p.m. Dance \$7 at the Radisson Hotel, 4500 W. Touhy, Lincolnwood. Music by Frank Mitchell's Band. For info, call either (847) 676-4561 or (847) 965-4846.

Thurs., Dec. 31

Good Time Charley Singles Dance

There will be a Good Time Charley Big Special New Year's Eve Singles Dance at 8:30 p.m. on Thurs., Dec. 31 at The Sabre Complex, 8900 W. 95th St., Hickory Hills. Door Prize - 3 watches. All singles are invited. Admission including party favors is \$15. For more information call toll free 1 (877) GTCHARLEY.

Fri., Jan. 1

North Shore Jewish Singles 50+

1-5 p.m. \$15 "All The Pizza You Can Eat, All The Salad, All The Wine, Beer & Soft Drinks You Can Drink," at Carmens Restaurant on Church St., Evanston. Reservation by Dec. 28. Call (847) 674-6798.

Sat., Jan. 2

St. Peter's Singles Club

All singles or widowed men and women over 45 are invited to the following St. Peter's Singles Club dance, Sat., Jan. 2, 1999 at 8:45 p.m. Grand Terrace, 6010 W. Grand Ave. Cost is \$7. Live band. Coat and tie required.

Sun., Jan. 3

North Shore Jewish Singles 50+

11 a.m. Brunch at Sasha's, Doubletree Hotel, 9599 N. Skokie Blvd., Skokie. Reservation a must (847) 676-2977. And 2 p.m. Walking group (847) 699-8418, Weber Park, Church St. & Gross Point Rd., Skokie.

Peter Fonda to start motorcycle symposium

Peter Fonda, the actor who will forever be associated with the movie classic *Easy Rider*, will start up *The Motorcycle* as a Cultural Icon, a two-day symposium January 15 and 16, at The Field Museum. The symposium is being held in conjunction with the exhibition, *The Art of the Motorcycle*, which runs through March 21 at the Museum. A replica of Captain America, the Harley-Davidson Fonda rode in *Easy Rider*, is a highlight of the exhibition which was organized by the Solomon R. Guggenheim Museum in New York.

At 6:30 Friday, January 15, Fonda will lecture on his *Easy Rider* role, his rise to fame, and the meaning of the motorcycle as artifact and invention. A reception will follow.

The symposium will continue on Saturday, January 16, with keynote remarks by Mihaly Csikszentmihalyi, author of *Flow: The Psychology of Optimal Experience*, and co-author of *The Meaning of Things*, at 9 a.m., followed by two panel discussions: *The Motorcycle: Icon, Object, and Transportation Vehicle*, and *Gender and Design: Gender Issues in the Creation and Use of Objects in Contemporary Society*.

Panelists will include: Edward Armstrong, a senior lecturer at The University of Wisconsin-Stout; Erik Buell, a designer at Harley-Davidson Motor Company and founder of The Buell Motorcycle Company; Charles Falco, chair of condensed matter physics at The University of Arizona, and a co-author of *The Art of the Motorcycle* exhibition catalog; Timothy O'Keefe, an assistant professor in the Department of Art and Design at The University of Wisconsin-Stout; and Melissa Holbrook Pierson, author of *The Perfect Vehicle: What is it About Motorcycles*, and contributing author of the exhibition catalog and *Motorcycle Mania: The Biker Book*.

A poetry slam with slam master Marc Smith and concluding

remarks by Csikszentmihalyi will complete the day.

Tickets for the two-day symposium (which includes the Friday evening Fonda lecture) are \$60; \$50 for Museum members; and \$40 for students with an ID. Tickets for the Fonda lecture only are \$35; \$30 for members. Tickets for the Saturday portion of the symposium only are \$30; \$25 for members.

All tickets include admission to *The Art of the Motorcycle* exhibition. To purchase tickets, or for more information, please call 312-322-8854.

The Field Museum presentation of *The Art of the Motorcycle* is sponsored by Zell's Angels. Support also provided by Yamaha, Suzuki, Kawasaki, Honda and Discover Today's Motorcycling.

Neil M. McCabe

Neil M. McCabe has joined the United States Army under the Delayed Entry Program at the U.S. Army Recruiting Station, Mount Prospect. McCabe, a 1998 graduate of Maine South High School, Park Ridge, reported to Fort Benning, Columbus, GA, for basic training. He is the son of Jack and Pat McCabe of Park Ridge.

'Babes In Toyland' auditions to be held

The Children's Company of Northbrook Theatre holds auditions for the musical, "Babes In Toyland," on Wednesday and Thursday, January 6 and 7 at 4 p.m. in its theatre located at 3323 Walters Avenue in Northbrook. Tryouts are open to boys and girls in grades 6-9. A \$175 participation fee is charged to all who are

cast to help defray production costs. Rehearsals begin the week of January 10th, and continue through March performance dates. Auditions consist of readings from the script, dance and a prepared song. Bring sheet music for accompaniment. For more information, call (847) 291-2367.

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9332 Waukegan Rd.
Morton Grove, IL

IN-STORE SPECIALS!
99¢ Sale Items • Rotisserie Chickens \$5.99 ea.
Buy One - Get One Free Items

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Valid Thru Jan. 15, 1999
HOURS: Sun. 10 am - 5 pm - Mon. thru Thurs. 9 am - 6 pm - Fri. 9 am - 1:30 pm - Closed Sat.
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Niles, IL
647-7621

DUNKIN' DONUTS
\$2.99 for a dozen donuts or 60 Munchkins® (REG. \$3.99)
\$3.99 1 lb. Coffee Flavored or De-Caf Add \$1 (REG. \$4.99)

7525 N. Harlem • Niles • 647-7621

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First Time Customers
Men's or Ladies' **HAIRCUT \$6.95** With Coupon Expires 1-30-99

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Coupon Expires 11-29-98
OPEN Tues., thru Sat. 9AM to 7PM
- Sun. & Mon. Closed

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9232 N. Waukegan Morton Grove (847) 663-1130

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SPECIAL BUSINESS LUNCHEON

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 Serving our regular menu plus Holiday Specials

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 Fresh Fish Daily • WE SPECIALIZE IN PASTA & STIR FRY DISHES

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FEATURING:
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 Includes 1st Lot of Soda & Delivery

COUPON 10% DISCOUNT
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 Office Christmas Parties - Up to 125 Persons
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CATERING AVAILABLE
 Don't Miss our Famous Dinners Like:
 • Roast Duck • Veal Schnitzel • Lamb Shank
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 Complimentary Glass of Wine with Dinner
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 Please Make Reservations for 5 or more Persons
 Ask About Our Free New V.I.P. Lunch & Dinner Club Card

8801 N. Milwaukee Ave. Niles, IL 60714
847-470-8822

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 • Fine Chinese Cuisine •

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We Accept Most Major Credit Cards
 168 House Speciality
 Homemade Substitution Vegetarian Meat
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Merry Christmas
Happy New Year

Lunch Specials
 11AM - 2:30PM
 All Entrees Include
 Steamed or Fried Rice

Tel.: (847) 795-0868 Fax: (847) 795-0869
 8922 1/2 Greenwood Ave. (next to Dominicks) Niles, IL 60714

Dining Guide

Area Dining Guide

The Melrose Restaurant
 7201 Caldwell in Niles, is serving Holiday Specials, plus its regular menu. The restaurant is always open specializing in pasta and stir fry dishes. The Melrose Restaurant offers lunch and dinner specials everyday. Soups include Matzo ball, chicken broth and sweet and sour cabbage. Further information is available by calling 588-1500.

Omega Restaurant
 9100 Golf Rd. in Niles, is open 24 hours everyday. Breakfast, lunch and dinner specials are served daily. The restaurant offers its complete menu and specials for Christmas and New Years. Omega offers a complimentary pastry with all complete dinners. Further information is available by calling 296-7777.

Season's Greetings Restaurant & Pancake House
Kappys Serving
 • BREAKFAST • LUNCH AND DINNER
 SPECIALS & REG. MENU
 OPEN 5:30 A.M. TO MIDNIGHT DAILY

7200 W. Dempster
Morton Grove • 847-470-1900

We Will Be Closed Christmas Day and New Year's Day

THE CHAMBERS LIVE MUSIC
 Open for Lunch & Dinner Tuesday Thru Sunday
 Your Local Supper Club with the Freshest Fish on the Northwest Side

MERRY CHRISTMAS
 Thurs. Dec. 24 Jerry Owings 5pm-8pm
Sat. Dec. 26 Lou Di Gangi Swing Band 9pm-12:30am
Sun. Dec. 27 Judy Roberts & Greg Fishman 5pm-9pm

6881 N. Milwaukee Niles, IL 60714
 (847) 647-8282

Join Us For Our New Years Eve Party
 featuring **Bob Centano Quartet and Pianist Jerry Owings**
 9pm-2am

FRIDAY FISH FRY (ALL YOU CAN EAT) \$10.95
 DINNER & DANCING SATURDAY NIGHTS

Giordano's Italian Restaurant and Pizzeria
 Home of the Famous Stuffed Pizza
 8624 W. Golf Rd. Niles, IL
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Fast Hot Delivery to Your Home or Office!

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 Famous Stuffed Pizza Any Purchase of \$20 or More
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 One coupon per order
 Expires 12/31/98

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 Famous Stuffed Pizza Any Purchase of \$10 or More
 DINE-IN DELIVERY • PICK-UP
 Not valid with any other offer
 One coupon per order
 Expires 12/31/98

Dining Guide

Area Dining Guide

Seven Hills Ristorante
 222 Greenwood in Glenview, is accepting reservations for New Year's Eve. The restaurant features its regular dinner menu featuring traditional Holiday dinners. Spavone's Seven Hills Ristorante offers casual Italian dining and banquets in an elegant atmosphere. The restaurant is open for lunch and dinner. Further information is available by calling 967-1222.

Kappy's Restaurant & Pancake House
 7200 W. Dempster in Morton Grove, is offering breakfast, lunch and dinner specials daily. Complete or ala carte dinners are available. The restaurant will be closed on Christmas and New Year's Day. Kappy's is open 5:30 a.m. to midnight daily. Further information is available by calling 470-1900.

Esposito's Restaurant
 9224 Waukegan Rd. in Morton Grove, has been serving its famous pizza since 1957. The restaurant will offer its regular menu and Holiday Specials on New Year's Eve and New Year's Day. Esposito's serves pasta, deluxe sandwiches, dinners and Italian specialties. Catering and a party room is available. The restaurant is open for dine in, carry out, or delivery. Further information is available by calling 965-3330.

Twin Dragon Chinese Restaurant
 9046 Golf Rd. in Niles, serves authentic Mandarin Cuisine. A buffet lunch is served Monday through Friday from 11:00 a.m. to 2:30 p.m. and a Sunday brunch from 11:00 a.m. to 2:30 p.m. Twin Dragon restaurant serves beer, wine, and cocktails. A party room is available. Further information is available by calling 803-6777.

Jonathan's Restaurant
 8501 Dempster in Niles features Holiday lunch and dinner specials daily. All dinner entrees served with soup, salad or juice, potatoes, rolls and butter. Further information is available by calling 692-2748.

Jade East Chinese Restaurant
 741 Civic Center Plaza in Niles, serves all entrees cooked with canola oil. Jade East is open daily offering lunch and dinner specials. Dine in, carry out, and delivery is available. The restaurant will be open Christmas Day and New Year's Day. Further information is available by calling 966-1616.

Violet's Cafe
 6037 Dempster in Morton Grove, features breakfast specials from 5 a.m. to 11 a.m., and lunch 11 a.m. to 2 p.m. Tuesday through Saturday and Sunday 7 a.m. to 1 p.m. Further information is available by calling 967-1210.

JONATHAN'S restaurant **HAPPY HOLIDAYS!**

Fountain Treats
 BREAKFAST • LUNCH • DINNER
 COCKTAILS

BREAKFAST SPECIALS FROM \$2.95
 7 DAYS A WEEK 6 AM - 11 AM

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DINNER SPECIALS FROM \$5.95
 MON - FRI 4 PM - 11 PM
 8501 W. DEMPSTER, NILES 692-2748

Giordano's Italian Restaurant and Pizzeria

COUPON \$5.00 OFF
 Bring in this coupon for \$5.00 OFF the bill when the amount is \$20.00 or more on food purchases
 NOT VALID WITH ANY OTHER OFFER • ONE COUPON PER PERSON
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SUN - THURS 11AM-11PM FRI - SAT 11AM-12PM
CHRISTMAS DAY - OPEN 3PM
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8480 Golf Road Niles

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 Celebrate New Year's Eve With Us!
 Make Your Reservations Now

Come to Spavone's Seven Hills Ristorante
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Banquets For 10 To 120 Persons

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Esposito's **SINCE 1957**

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 In Your Home or At Your Office
 Featuring:

Italian Specialties,
 Pasta, Pizza, Antipasto,
 Salad, Soup, Italian
 Beef and Sausage,
 Seafood, Deluxe
 Sandwiches, Steak,
 Ribs, Chicken
 and many
 Italian Favorites.

PARTY ROOM
 Available for 10 to 25 persons
 Dining room from 11:30 - 3:00pm
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Please Ask For A Catering Menu!

9224 Waukegan Rd.
Morton Grove
847-965-3330
 Dine-in • Take-out • Delivery

Letters to Santa

Santa letters from St. John Brebeuf

Dear Santa Claus,
I hope I have been a good boy. For Christmas on my list there is...Cruising World, Bomberman Hero, a new Game Boy, Packman, remote control cars, a Digimon, a Brain yo-yo, and a Jeremy Mayfield car, and all other Nas-car racers, a Bug Life action figure, Flik, all the video games in the world for N64.
Love, Frank Skrip



Dear Santa Claus,
I want a baby dog, a remote control race car and I want a remote control plane and a remote control helicopter.
Love, Peter Mares

Dear Santa,
I have been a good girl. These are the things you can get me for Christmas. Furbie, a Sexy Spice Girl doll, a very pretty dress, a pet of my own and a bug that will stay alive.
Love, Arielle Besky



BOXED CHOCOLATES
CHOCOLATE RAISINS
PRUNES • CHERRIES
CHOCOLATES
LIQUOR FLAVORED CANDIES

Sweets Etc.

OVER 100 DIFFERENT VARIETIES OF CANDIES
A Store With The Largest Selection In all Chicagoland

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• European Chocolates • Over 100 Different Selections • European Candies
• Our 3rd Location • A New Concept In Buying For Chocolate Lovers

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OPEN 7 DAYS
HOURS: MON-SAT 9:30 AM - 7 PM
SUN: 11 AM - 7 PM
DEC 24 OPEN 'TIL 3PM
DEC 25 CLOSED

7458 W. OAKTON NILES
847-583-1535
(MOMMY PO POLSKU)

GEORGIA NUT CO. WISHES YOU HAPPY HOLIDAY

CHRISTMAS CANDY
WE SHIP U.P.S.
STOCKING STUFFERS
GIFT TINS
HOLIDAY GIFT PACKS
SUGAR FREE HARD CANDY
CHOCOLATE CREAMS
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VISA & MASTERCARD
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BAKING NEEDS
DRIED FRUIT

Georgia's
GEORGIA NUT COMPANY
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QUALITY NUTS & CANDIES

99¢ BARGAIN TABLE

Visit Our Retail Store
7500 Linder - Skokie
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Accepting Phone Orders

Winter Hours
Monday Thru Friday
7:00 AM - 6:00 PM
Saturday: 9:00 AM - 3:00 PM
CLOSED SUNDAY

Dear Santa,
I have been good. Can I have a toy truck, a toy wooden race car, a toy train and a toy race truck?
Love, Nick Fuderer

Dear Santa,
I have been a good boy today and I want a game for Christmas.
Love, Emmanuel C. Malabanan

Dear Santa Claus,
Here is what I want for Christmas, a dog key chain, Spice Girl dolls and another real cat and a real horse. Goodbye.
Love, Kaitlyn Foster

Dear Santa,
I was a little bad. I want a remote control monster truck and a Game Boy with a game, a Godzilla movie and lots and lots of presents. Also, Power Wheels.
Love, Zack Schneider

Dear Santa,
I've been a good girl. Can you get me a puppy? I want a computer too.
Love, Renee Back

Dear Santa,
Can I have a Crashback? Merry Christmas. Santa, can I have a Crashback for my brother?
Love, Jonathan Mazur

Dear Santa,
I've been a very good girl this year. I would like a puppy for Christmas badly. These are some more things I want: Super Make-over Creations, Cool Blue Barbie, Flip and Dive Barbie, Super Hair Creations, Nail Designer, Spice Girl tickets, Barbie Car, dark blue-tight blue-tight green-light pink nail polish, more TY Beanie Babies, Kon Barbie doll, and for my doll Joanna to talk.
Love, Kristin Kaiser

Dear Santa,
I have been a good boy. What I would like for Christmas is the Small Soldiers movie, Rev and Go Monster Trucks, a sack of snacks, the Godzilla movie, lizard pens, a Utah Jazz jersey, a police motorcycle, Goosebump books, Create Your Own Dinosaurs, a Hot Wheels Carwash, Beast Wars, a Bulls hat and a Jets football.
Love, Joey Mahoney

Dear Santa,
I have been very good this year and I want a real horse and a dog key chain. A dog house for my real dog would be nice. Also My Size Angel Barbie and a white crib like my sister has.
Love, Nicole Morisco

Dear Santa,
On December 9 there was a Christmas concert. For Christmas I want Beanie Babies collectors' cards or a Sabrina Sidekick crystal ball or the Sabrina Sidekick telephone or Patty the Purple Platypus, the Parent Trap or Billboard Dad.
From, Arielle Ordonez

All I want for Christmas...

Dear Santa Claus,
I would like a CD player, clothes, a cross to hang on the wall, wrestlers, a poster of Michael Jordan and snow for Christmas. Jesus was born on Christmas.
From, Michael Bartley

Dear Santa,
On Dec. 7 I read a prayer on the speaker at school. I would please like Kane that chops and Austin and Undertaker wrestlers. Or, if you don't have time I would like Goosebumps books. I would please like a remote control car. Or I would like Nintendo 64. I would like any sports games and Donkey Kong Country 1,2,3. For Game Boy, I would like WWF Warzone for Play Station. I would like Wayside School books 1,2,3. I would like blue jeans and a Bears jersey.
From, Danny Mazzolini

Dear Santa,
I have been a good girl this year. I would like a Barbie travel van with the food this year.
Love, Alexis Bargione

Dear Santa Claus,
I have been good for weeks and weeks and weeks. The most I ask of you is that I get 20 toys. Some for the poor and some for me.
Love, Sean McClure

Dear Santa Claus,
I have been a good boy. I would like a toy truck, a Christmas toy phone and a toy fire truck.
Love, Eric Neuhengen

Dear Santa Claus,
On December 5 I went to jazz and I want some toys that I like. A computer, a Beanie Baby and that's it.
From, Myrene Gallardo

Dear Santa,
I will always say prayers. I want a CD, Billboard Dad the movie, a radio, Beanie Babies and a puppy.
From, Anna Poloncarz

Dear Santa,
I hope you are doing great. I've been good in school. I hope you send presents for me too. The things I want are a puppy and toys. Thank you Santa.
From, Andrew Kim

Dear Santa Claus,
I have been a good girl. For Christmas I would like a pet rabbit.
Love, Regina Thomas

Dear Santa,
I would like a new watch and a bunch of video games. Also, science stuff and my own phone.
Love, Shane Long

Dear Santa,
For Christmas I would like to get one Beanie Baby, and a yo-yo. For my friend, the movie Billboard Dad. She likes Billboard Dad. She thinks the movie is cool. I like the movie Billboard Dad too.
Love, Dagmara Danek

Dear Santa Claus,
How is Mrs. Claus doing and how are the elves doing too? We are getting ready for Jesus's birthday and I would like Play Station.
From, Michael Baker

Dear Santa,
Please can I have these things? All the Legos in the world except for girl Legos and baby Legos. By the way I have learned things about Advent and when Jesus was born.
From, Michael Carr

Dear Santa,
I want all the toys in the world and N64 games. No girl toys. It is going to be Jesus's birthday on December 25, 1998.
From, Bijan Shehirani

Dear Santa,
We will sing in the Christmas concert. I will like Lego Mindstorms and a dog for Christmas.
From, Ronald Vick

Dear Santa,
It is Jesus's birthday on Christmas. I would like a dog, a wrestling cage and Stone Cold Steve Austin.
From, Dino Loverde

Dear Santa,
On December 9 my classmates had a Christmas concert and I was so excited. On the 24th I want Aquazone.
From Raymond Ramos

Dear Santa,
I went on the speaker at school and said a prayer. It was fun. I want Billboard Dad the movie, a portable CD player and NOW the CD.
From, Jennie Scaletta

Dear Santa,
It is Jesus's birthday. I would like an Easy Bake Oven, American Girl books, Beanie Babies, Game Boy games, Rugrats and a Rugrats movie.
From, Brittany Metoyer

Dear Santa,
Jesus's birthday is on Christmas. I want a robot that holds stuff. Merry Christmas Santa.
From, Amanda Grzetic

Dear Santa Claus,
I would like Play Station, Aquazone, Game Boy and a Giga Pet.
From, Brian Triplitt

Dear Santa,
I would like to have these things: Nintendo 64, N64 game, WCW/NWO Revenge Bullzator, Spice Girls, Play Station, Rugrats movie, Bugs Life Play Station game, and I wanted to tell you that it is Jesus's birthday.
Love, Scotty Czarnik

Dear Santa,
I want all the toys in the world and N64 games. No girl toys. It is going to be Jesus's birthday on December 25, 1998.
From, Bijan Shehirani

Dear Santa,
I have been a good girl. I would like a puppy, a Spice Girl doll, a toy pet shop, a new bike, a horse, a Furbie, a Big Tuggles, and a toy lion.
Love, Elyse Hagman

Dear Santa,
I would like A Bugs Life stuff, Jurassic Park stuff, and Godzilla stuff. Also another hamster because they are cute and also the Godzilla movie.
Love, Eric Girardi

Dear Santa,
I would like a picture of you, Mrs. Claus and the elves, Billboard Dad and some snow.
Love, Attie Dean

Dear Santa,
I would like an Easy Bake Oven, Beanie Babies, a puppy, dolls and a watch. It is Jesus's birthday.
From, Christine Penkala

Dear Santa,
I would like to have a puppy, a piano, a jump rope and a kite. Also, a new car and a new house.
Goodbye.
Love, Laura Wise

Dear Santa,
I have been a good girl. I would like a puppy, a Spice Girl doll, a toy pet shop, a new bike, a horse, a Furbie, a Big Tuggles, and a toy lion.
Love, Elyse Hagman

WRAP IT UP! MAIL SERVICES

FAMILY OWNED & OPERATED SINCE 1985

DAILY/WEEKLY SPECIALS:
Monday - 10% off UPS Ground shipments only
Tuesday - \$2 off Federal Express
Wednesday - 10% off UPS Ground shipments only
Thursday - \$2 off Federal Express
Friday - 10% off UPS Ground shipments only
Saturday - Senior Citizens Discount Day

SPECIALS ALWAYS:
60% off Wrapping Paper
Greeting Cards 99 cents buy 5 cards get 1 free
Balloons - Mylars \$1.75
Mail Box Rentals: Small Box \$5.50/month, Large Box \$6.50/month

SHIPPING CARRIERS:
UPS
Federal Express - U.S. Mail
Various Freight Carriers

SERVICES:
Key Cutting - Buy 1 KEY at regular price get a duplicate at 1/2 price
Typing Service - Rubber & Self Inking Stamps
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Pick-up Service available within 5 miles
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Boxes
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FREE DONUT*
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Always Freshly Baked. Dozens of Varieties from our kitchen
Catering (Donuts, Muffins, Croissants, Bagels & Pastries)
Catering For Any Occasion

Ashley Court rings in the New Year

If plans for a new lifestyle are in your New Year's resolutions, take a look at Ashley Court Retirement Community in Des Plaines.

It's an exciting new year at Ashley Court where recent changes in administration and plans for expansion will make 1999 the best year ever at the popular retirement community. "We've brought together a team of concerned professionals that can help with the often confusing choices and decisions that need to be made when considering a community," explains marketing director Pat Pirman.

Ashley Court also welcomes Byron Leuck as its new activity

director. Byron's many creative ideas will bring a new perspective in the new year and add to Ashley Court's already extensive activity program. His sense of teamwork and community is already at work in planning special outings, parties and supplementing the residents favorite pass times with new activities.

Byron's passion for gardening and nature activities has spurred an interest in the residents for a "garden club" that will build and maintain new flower boxes and "mini-gardens" on the patio. The local birds will appreciate the residents' plans for new bird feeders this spring.

Entertainment this year will also be fresh and lively. Byron is also on the lookout for young local artists and musicians to donate their talents to enrich the lives of the residents. (Give him a call if you can help!)

Offering affordable senior housing with amenities that make residents' lives care free, a caring attitude and comfortable surroundings make Ashley Court the perfect choice for retirement living. Studio apartments are just the right size for privacy while fostering a sense of communal living that so many seniors appreciate. Two meals per day and weekly housekeeping are included in the rentals. The many on-site amenities include a movie theater, exercise room, convenience store, beauty/barber shop, dry cleaning pick up and deliv-

ery, home health care agency and much more!

Make a change for the better this year. Take a look at Ashley Court Retirement Community in Des Plaines. They're located at the intersection of Oakton and Elmhurst Roads at 1750 S. Elmhurst Road. Open from 9 a.m. to 5 p.m., seven days a week, call them at 847-228-1500.

Lutheran General Hospital Resting Cardiolite Test

When a patient arrives at the Lutheran General Hospital Emergency Room with chest pain, a Resting Cardiolite Test is done immediately to determine whether their pain is indeed a cardiac event or caused by something else. Ideally, the test is performed during the chest pain, or within 60 minutes of the pain.

How does it work?
• The patient is injected intravenously with a small dose of radioactive substance called *cardiolite* or *sestamibi*. (Radiation dose is equivalent to a regular CXR)

• The patient is then taken to the Nuclear Medicine Department where pictures of the heart are taken with a gamma camera that is sensitive to the radioactive cardiolite (takes 20-30 minutes).

This test is not an angiogram. No catheters are put inside the body and no dye is injected.

THE ROAD TO REHABILITATIVE RECOVERY

Hospital

Transitional Care

Home

The Transitional Care Unit (TCU) at Glenview Terrace provides short-term, intensive physical, occupational and speech therapy for persons in need of transitional care between a hospital stay and home.

For more information, contact the Transitional Care Unit Program Coordinator at Glenview Terrace (847) 729-9090.



Glenview Terrace
A SHELLED CARE FACILITY
1511 Greenwood Road
Glenview, Illinois 60025
847 729-9090

MEMBER OF THE CAREPATH HEALTH NETWORK

Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to residents of the Village of Niles age 62 and over, and their younger spouses. To register for classes, trips, purchasing tickets, etc., you need to be a member of the Niles Senior Center. If you are interested in obtaining additional Senior Center information, or you wish to become a member, call or visit the Center and be placed on the mailing list.

IMPORTANT NOTICE
The New Niles Senior Center is now open at 999 Civic Center Drive. The Senior Center will be closed on Christmas Day, Friday, Dec. 25, and New Year's Day, Friday, Jan. 1. The following groups will not meet during the month of December. Rules of the Road Refresher Course, Drama Group, Men's Club, Square Dance, and Women's Club.

CARBON MONOXIDE PROGRAM
Carbon Monoxide program offers free residential inspections for carbon monoxide emissions and natural gas leaks. Appointments may be made by calling the special phone number, 588-8480.

TOURS OF THE NEW CENTER OFFERED
Tour our brand new facility at 999 Civic Center Drive (behind Village Hall). To make reservations, call the Senior Center at 588-8420.

BLOOD PRESSURE SCREENING
There will be NO scheduled blood pressure screening in December. If you need your blood pressure checked, contact Terry Sprengel, RN, BSN. The next scheduled blood pressure screening is Wednesday, Jan. 13, from 1 p.m. to 4 p.m.

TICKET SALES
Tickets may still be available for the following events:
January Lite Lunch and Movie is Friday, Jan. 22 at 12 noon. Enjoy a Chili lunch followed by the adventurous movie "The Horse Whisperer", price: \$2. *Ragtime and the Walnut Room* is Wednesday, Feb. 24 from 10 a.m. to 6 p.m. Enjoy time to shop, a chicken pot pie lunch at the Walnut Room and main floor seating for the production of "Ragtime", price: \$78. Trip tickets are limited to two per person. Must have a Senior Center Registration Card for each ticket purchased.

OPEN HOUSE AND SENIOR DAY
Look for our open house in February or March and please remember to set aside Sunday, April 25 for our Special Senior Afternoon.

OVER "90" AND GOLDEN RINGERS WANTED
All Niles seniors celebrating 90 years of age and older, along with couples that are married 50 years in 1999 (must be married in 1949), should submit their name(s), address, and phone number for our Celebration of Seniors Event scheduled in May. Submit information to the front desk at the Senior Center.

WINTER / SPRING CLASS REGISTRATION
Registration for the Winter/Spring Classes will be on Monday, Jan. 4, at 9 a.m. The following classes have been scheduled: Beginning Ballroom Dance, Beginners Pinochle, Beginner/Intermediate Bridge, Bridge Class on the Play of the Cards, Ceramics, Choral Group, Introduction to Computer, Windows 95, Word Processing and Spreadsheet, Diabetic Cooking, Low Salt Cooking, Vegetarian Cooking, Cake Decorating, Drama, Line Dance, Beginning Line Dance, Oil and Watercolor, Quilting, Square Dance, Tap Dance and Wood-carving Classes. For more information about class dates, time and fees, contact the center at 588-8420.

RULES OF THE ROAD REFRESHER COURSE
The Secretary of State Refresher Course will be offered on Monday, Jan. 4 at 2 p.m. Registration required.

DIABETIC SCREENING
Diabetic Screening is scheduled for Thursday, Jan. 7, from 9 a.m. to 11 a.m. Cost: \$1. To make an appointment, call 588-8420.

BOOK DISCUSSION
Book Discussion is Friday, Jan. 8 from 10 a.m. to 11 a.m., in room #231. Price of \$1 includes *Hotel Du Lac* by Anita Brookner and refreshments.

FRIDAY AFTERNOON AT THE MOVIES JANUARY WESTERNS
Butch Cassidy and the Sundance Kid (PG, 1969) will be shown at 1 p.m. in room #127 on January 8th - the first movie in the Friday Afternoon at the Movies Series. The movie stars Paul Newman and Robert Redford.

Low-cost will preparation at Niles Senior Center

Attorneys from The Chicago Bar Association Lawyer Referral Service provide low-cost will preparation through its Senior Citizens Will Program for qualifying limited-income seniors at the Niles Senior Center. Drive in Niles. Advance appointments are required. The program is usually held the third Friday of each month when a minimum number of appointments is scheduled. Seniors can call (847) 588-8420, ext. 376 to schedule an appointment.

To be eligible, clients must be age 60 or over with incomes of \$15,000 or less (\$20,000 for a couple), with assets no more than \$30,000, excluding a home and personal car.

Seniors will receive a free, will-related consultation. The

cost for drawing up a simple will is not more than \$50 for an individual (\$75 for a couple).

Seniors can pick up Durable Power of Attorney and Living Will forms free of charge or they may hire the attorney at a reduced fee to assist in completing the forms and explain various options.

The Senior Citizens Will Program is sponsored by The Chicago Bar Association Lawyer Referral Service, the Suburban Area Agency on Aging and the Cook County Legal Assistance Foundation.

Trident Senior Men's Bowling/Niles Bowl

Results Dec. 2, 1998

POS	STANDING TEAM NO.	Score
1	Miner's Team	9
2	Skaja #1	6
3	Callero & Catino	8
4	Colonial	4
5	Northshore Auto	3
6	Windjammer	17
7	Candlelight	2
8	The Bowling Store	11
9	Skaja #2	15
10	F.D.R. Post	1
11	ReMax	7

Score	Player
18	Dick Karas
5	Ed Sierzega
20	Jim Thompson
13	
12	
10	
14	
16	
19	

Score	Player
581	Morgan Lewis
576	Tom Barto
572	Tom Poulos
562	Chuck Maas
560	Mel Koenig

Senior Men Bowlers Needed Wednesdays

James A. Lesczynski

Navy Seaman Recruit James A. Lesczynski, son of Debbie L. Gorman of Des Plaines, recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, IL.

Trident Senior Men's Bowling/Niles Bowl

Results Wed. Dec. 9, 1998

POS STANDINGS - TEAM -

1	Miner's Team
2	Skaja #1
3	Windjammer
4	Colonial
5	Callero & Catino
6	Northshore Auto
7	The Bowling Store
8	F.D.R. Post
9	Candlelight
10	Skaja #2
11	White Eagle
12	Dr. Bello
13	ReMax
14	Park Nat'l Bank
15	Heatmasters
16	Monarch Alarm
17	State Farm
18	Malec & Sons
19	Minelli Bros.
20	Penny's Team

Score	Player
658	Charles Halter
606	Angelo Digiiovanni
582	John Zawistowski
580	Stanley Bandor
572	Bob Schaub
559	Dick Karas
551	Wally Zawisza

Senior Men Bowlers Needed 12 p.m. Wednesdays.

Michael J. Crowley

Marine Lance Cpl. Michael J. Crowley, son of Rhonda Crowley of Des Plaines, recently departed on a six-month deployment to Okinawa, Japan, with 2nd Battalion, 6th Marines.

The 1994 graduate of Maine West High School of Des Plaines, joined the Marine Corps in October 1996.

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New medical director appointed at Glenview Terrace

Kevin C. McCune, M.D., has joined the medical staff of Glenview Terrace Nursing Center as its new Medical Director of Subacute Services.

Dr. McCune, board certified by the American Board of Family Physicians, is a member of the Advocate Medical Group in Glenview and is on staff at Lutheran General Hospital in Park Ridge.

"I am looking forward to working with people who are dedicated to treating people with special needs," says Dr. McCune of the Glenview Terrace staff working with the Transitional Care Unit (TCU). He is also looking forward to helping further the development of TCU services, interfacing with other key medical and administrative staffs at Glenview Terrace, and participating in educational forums as it relates to patient care.

"All of our physicians, nursing and ancillary staffs bring an exceptional level of expertise and compassion to their roles here at Glenview Terrace," says Fred Berkovits, Administrator of Glenview Terrace. "I feel that Dr. McCune is a wonderful addition to that tradition."

Dr. McCune lives in Glenview with his wife and three children.



Kevin C. McCune, M.D.

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Morton Grove Senior Citizens 470-5223

"WRITING YOUR STORY"

The Morton Grove Park District has a special writing class for seniors who would like to pass on to their children and grandchildren, memories of their life experiences. This six-week class meets on Mondays from 1 to 3 p.m. starting January 4 at the Prairie View Community Center. The fee is \$12 and the instructor is Laura Johnson, a published writer and retired teacher. For more information, call Senior Adult Supervisor, Catherine Dean at the Park District, 965-1200.

CHOLESTEROL SCREENING

Cholesterol is a soft, fat-like substance found in every cell in the body. Most of the body's cholesterol is made in the liver, the rest comes from animal fat in foods. Egg yolks, meat, poultry and dairy products all contain cholesterol. Everyone needs some cholesterol, but not too much. Eating foods low in animal fat is one of the best ways to lower cholesterol. Cholesterol screenings will be offered from 9 to 11 a.m. on Tuesday, Jan. 5 in the Morton Grove Village Hall Senior Center. This is a finger stick blood test and gives a total cholesterol reading only. For Morton Grove seniors (age 65+) there is a charge of \$3. For those under 65 or for non-residents, the charge is \$4.

LE FRANCAIS

Here is a chance to experience world class dining at the renowned Le Francais Restaurant in Wheeling with the Prairie View Senior Travel Club. Seniors will depart at 11 a.m. on Tuesday, Jan. 19. Enjoy gourmet dining in elegant surroundings with a choice of four entrees. Transportation is included, and the fee for residents is \$49, and for non-residents, \$55. For more information, call Senior Adult Supervisor, Catherine Dean at the Park District, 965-1200.

HIS WAY

This show is for those who loved the music of Frank Sinatra, with this unforgettable tribute to the man and his music on Wednesday, Jan. 27. Written and performed by Ron Hawking, this special salute to the "Chairman of the Board" is one of the best musical shows in town. Before the performance, enjoy a delicious lunch at Bella Vista Restaurant with a choice of three entrees from which to choose. Depart from the Prairie View Community Center at 11:15 a.m. and return at approximately 5 p.m. The fee is \$50 for residents, and \$55 for non-residents. Registration deadline is January 5. For information or to register, call Catherine Dean at 965-1200.

CIRCUIT BREAKER AND PHARMACEUTICAL ASSISTANCE

Application forms for the expanded Circuit Breaker and Pharmaceutical Assistance Program will be available from the Department of Revenue in January 1999. New legislation has raised the income ceiling from \$14,000 to \$16,000. This higher income limit will extend benefits to approximately 49,000 senior citizens whose total household income is between \$14,000 and \$16,000. The Circuit Breaker Program provides qualifying seniors with grants of up to \$700 to help offset property taxes and the Pharmaceutical Assistance Program helps seniors buy prescription medication for diabetes, arthritis, and heart disease. Contact the Illinois Department of Revenue by calling 1-800-624-2459.

HELP OTHERS WITH TAX RETURNS

There's something that can be done about taxes: volunteer to help people in the Morton Grove who need assistance with their income tax returns. Volunteers will get free IRS training in January and receive on-the-spot satisfaction from helping others. A volunteer qualifies if they:

- 1) can meet and deal with a variety of people,
- 2) have experience or can learn about preparing income taxes,
- 3) have general administrative or publicity experience,
- 4) take pride in complete and accurate work,
- 5) are willing to complete the IRS training program, and
- 6) can spend a few hours a week from February 1 to April 15, helping others.

For more information, call the Morton Grove Senior Hot Line at 470-5223.

HOLIDAY-TIME CALORIE CUTTERS

Beware of buffets. Studies show that the more options a person has, the more total food they'll eat. Fill the plate with no more than 4 to 5 items, and wait at least half an hour between trips to the buffet.

Pre-load before parties. Go for high-carbohydrate snacks, like cereal, toast and jam, an apple or banana to curb that appetite.

Cut turkey calories. Go for breast meat, which is actually the leanest meat there is, and avoid eating the skin.

USE THE BUGLE

Health News

Wellness on Wheels Van and free adult examinations

Cook County Board President John Stroger announced that the Cook County Department of Public Health's mobile health clinic, the Wellness on Wheels (WOW) van, is scheduled to visit the Northwest Head Start Office, 1170 River Rd., Des Plaines, Thursday, January 7, 1999. Eligible suburban Cook County residents may receive physical examinations and health screenings by calling the CCDPH at (847) 818-2860, 8:45 a.m. - 4:15 p.m., Monday-Friday.

Services offered through the WOW van include health counseling, tests for anemia and diabetes, blood pressure and cholesterol screening, tuberculosis (TB) testing, immunizations, urinalysis, self breast exam instruction, pelvic pap smears for women, and prostate and testicular exams for men. If a health problem is found, the client will be referred to available services for treatment.

WOW services are available to suburban Cook County residents who qualify financially, [i.e., school lunch; Women, Infants and Children (WIC)]. Appointments are necessary and may be scheduled by calling (847) 818-2860. At the time an appointment is scheduled, financial screening will be done. Persons needing accommodation for a disability should contact (847) 818-2860 or TDD for hearing/speech impaired at (847) 818-2023.



Rush North Shore Medical Center Fall Fantasy gala co-chair Randi Frankel and her husband, Dr. Neal Frankel, of Glenview, take a moment to relax during the annual black-tie fundraiser held November 14th in the Fairmont Hotel. More than 450 guests raised \$170,000 to support the new Cancer Care Center at the hospital. Since 1979, Rush North Shore's special events have raised more than \$1 million. Rush North Shore Medical Center, a 268-bed acute care hospital located at the corner of Golf and Gross Point Roads in Skokie, is committed to providing state-of-the-art, patient-centered healthcare to those who live in the communities it serves. For further information, please call Diane Lato in the Public Relations office at (847) 933-6425.

LGH studying genetically engineered vaccine for melanoma

Lutheran General Hospital researchers are measuring the effectiveness of genetically engineered DNA in the treatment of melanoma. A "vaccine" is prepared from human melanoma cells that are cultured. DNA material is then placed inside of the melanoma cells, changing the surface of the cells and in effect "marking" them. The markings act as red flags in the body and make it easy for the immune system to identify them as foreign and to kill the cells. In fact, a new cell has been created that has markings that tell the melanoma cell to produce a hormone (Interleukin 2) which activates and stimulates the patient's own immune system.

"The human body's normal reaction to melanoma is to not detect it," said Jon Richards, M.D., oncologist, Lutheran General Hospital. "The vaccine is designed to change that response."

The eighteen month study is ongoing and to date eleven patients have been treated with the vaccine. Groups of six patients at a time were given first a low dosage, then a medium dosage was given. It was during this part of the trial that one patient experienced a complete disappearance of the melanoma.

"The vaccine makes it easy for the body to recognize melanoma as 'not belonging' there," said Dr. Richards. "We are in fact guiding the body's own immune system to the melanoma so that it can destroy the cells."

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For more information about the Bereavement Center or how you can help support the Bereavement Center, please contact David Samson, development director, Rainbow Hospice, at (847) 699-3602.

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CHOLESTEROL RESEARCH STUDY NEEDS PARTICIPANTS!

1. Subjects must be between the ages of 18 & 80 to qualify.
2. Subjects may be eligible if they are currently taking or have been advised to take a cholesterol medication.
3. Eligible subjects will receive a free physical exam, cholesterol screening and medication as required by the study.
4. Eligible subjects will be compensated for their participation.
5. The study requires 5 visits, over approximately 12 weeks, at the Parkside Professional Building, 1875 Dempster St., Park Ridge, IL.



For More Information CONTACT: HEATHER GOTT 847-723-1385

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Church & Temple News

OBITUARIES

ARNOLD J. MITCHELL
Arnold J. Mitchell, 72, of Morton Grove died December 10 at Bethany Terrace Nursing Home, Morton Grove. Beloved husband of Bonnie. Beloved father of Brian. Brother of John Mitchell and Colette Pinderski. Services were held December 12. Arrangements handled by Simkins Funeral Home, Morton Grove. Interment was in Memorial Park Cemetery, Skokie. Memorials to: Misericordia Home, 6300 N. Ridge Ave., Chicago, IL 60660.

EDWARD J. SCAPARDINE
Edward J. Scapardine, 62, of Morton Grove, died December 3 at Lutheran General Hospital, Park Ridge. Beloved husband of Kathleen. Beloved father of Gail (Anthony) Alaimo and Julie (Sam) Younan. Grandfather of 4. Brother of Robert, Anthony, Joseph, Margaret Rubio, Nancy Scapardine and the late Raymond. Services were held December 6. Arrangements handled by Simkins Funeral Home.

GORDON S. BARKES SR.
Gordon S. Barkes, Sr., 76, of Morton Grove, died December 6 at Rush North Shore Hospital, Skokie. Beloved husband of Ruth. Beloved father of Gordon

Jr., Audrey (David) Poore and Charles (Renee). Grandfather of 3. Brother of the late George Barkes, Jr. Services were held December 9. Arrangements handled by Simkins Funeral Home, Morton Grove. Interment was in Acacia Park Cemetery, Chicago. Memorials to: Congregational Christian Church, 207 W. Roosevelt Rd., Rte. 72, Sullman Valley, IL 61084.

CJHS program on synagogue photographs

"Chicago Synagogues: A Photographic Essay" will be the topic of a lecture and slide presentation by Laurence Stern at the open meeting of the Chicago Jewish Historical Society on Sunday, Jan. 10. Stern will speak at 2 p.m., after a social hour and refreshments at 1 p.m., at Temple Shalom, 3480 N. Lake Shore Dr., Chicago. Admission to this event is free and is open to the public. The lecture and slide presentation will feature forty Chicagoand synagogues. A display of Mr. Stern's photographs of the synagogues will also be on display for a leisurely inspection.

Old Fashion Family New Years Eve Party at NTJC

Everybody is invited to attend and join in an old fashion family New Years Eve celebration, 7:30 p.m. - till next year. No need to find a baby sitter - bring the children. Dinner, games, movies. Bring your own kosher wine. Admission is \$10 for adults and \$5 for children, limited reservations left so call the office at 675-4141 at once. EH-NTJC 4500 Dempster, Skokie.

Jerusalem Lutheran Church services

Join us as we start the New Year with special services at Jerusalem Lutheran Church, 6218 Capulina Ave., Morton Grove! A New Year's Eve service will be held on Thursday, December 31, at 7 p.m. On New Year's Day a service will be held at 10 a.m. Visitors are always welcome at Sunday services, too, at 8 and 10:30 a.m., with Bible study and Sunday School at 9:15 a.m. For more information, please call Pastor Dennis Kleist at 965-7340.

Holy Family Church hosts Open House, concert

What: Concert and open house to view Holy Family Preservation Society's progress in the eight-year restoration of the second oldest (1860) church in Chicago to high Victorian style of 1890.
When: Sunday, Dec. 27, 1998, 12 p.m. - 3 p.m. - Open house and church tours. 3 p.m. - Concert of sacred and seasonal music by members of the "Music of the Baroque," directed by Thomas Wikman.
Where: Holy Family Church, 1080 West Roosevelt Road (at May Street), Chicago.
Cost: Free and open to the public. A free will offering will be taken up for benefit of ongoing restoration of Holy Family Church.
Background: Opened in

1860, Holy Family church was one of five public buildings to survive the Chicago Fire of 1871. In 1990, it was saved again from a threat of demolition by its owners through a last minute, down-to-the-wire national appeal to secure the initial \$1 million in restoration funds. Since then, nearly \$4 million has been secured and used to restore the massive Gothic structure to its 1890 high Victorian style. The church is nearly restored and serves a growing congregation. Approximately \$200,000 remains to complete the restoration. The campaign to restore Holy Family Church has earned awards from the National Trust for Historic Preservation and the Landmarks Preservation Council of Illinois.

OLPH Phoenix Support Group

The Phoenix Support Group invites all separated, divorced, and widowed persons to meet on Friday, January 8 in Our Lady of Perpetual Help Church's McDonnell Hall, Glenview, at 7:30 p.m. for a General Meeting featuring guest speaker Mary Ellen Flynn. Ms. Flynn will speak on "Co-Dependency: What is it?" Ms. Flynn has worked for Catholic Charities in the field of chemical dependency counseling for over twenty years. She has a masters degree and is the program director of the Addiction Counseling and Educational Services (A.C.E.S.) program of Catholic Charities. A donation of \$4 is requested. Direct inquiries to (847) 673-3411.

A small group sharing session will be held immediately following the meeting.

Jay J. Hightower

Marine Lance Cpl. Jay J. Hightower, son of Richard T. Hightower of Des Plaines, recently reported for duty with 3rd Battalion, 1st Marines, 1st Marine Division, Marine Corps Base, Camp Pendleton, Calif. The 1994 graduate of Mundelein High School of Mundelein, joined the Marine Corps in April 1995.

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MARK CIOLEK

Business News

Break the holiday credit card debt tradition

After the holiday excitement subsides, families who use the buy-now, pay-later strategy for holiday shopping typically face a mound of credit card bills. In many cases, it takes a full year or more for these families to pay off those bills, just in time to turn around and do the same thing. According to the Illinois CPA Society, the best way to break the credit card debt cycle is through a combination of prudent debt management and self-restraint. Here are some suggestions.

Examine the Cost of Credit. Don't get locked into paying only the minimum monthly payment due. At that rate, it could take you years to pay off your balance. Instead, pay off as much as you can each month. The faster you pay off your debt, the lower your overall cost. And rather than focusing on paying off the credit card with the highest or lowest balance, pay off credit cards with the highest interest rate first.

Pare Down Your Cards. To stop credit debt from becoming an annual post-holiday tradition, it is important that you take steps now to change your spending habits. Begin by paring down the number of credit cards you own. You need only one, perhaps two credit cards at the most. Use one to charge all your purchases and keep the other in reserve. Since most department stores will accept any of the major bank credit cards, there's little reason to have store charge cards, many which charge interest rates in excess of 20 percent.

Pay in Full Every Month. When used properly, credit cards can be a convenient and flexible way to make purchases. Just be sure that you don't charge more than you can pay off in full when the bill arrives. This way, you get the convenience of plastic with none of the interest costs.

Switch to a Debit Card. Debit a check, can be used to buy groceries, pay for restaurant meals, even order through catalogs. They work just like a credit card - in fact, merchants can't tell the difference. When you use your debit card to make a purchase, the amount you charge is deducted immediately from your checking account. And best of all, there's no bill at the end of the month and no interest charges.

Seek Help. If your debt is too high for you to handle on your own, CPAs suggest that you contact the Consumer Credit Counseling Service (1-800-388-2227), a nonprofit organization that educates and counsels people on the use of credit.

The Illinois CPA Society is the state professional association representing over 26,000 certified public accountants throughout Illinois. For information on additional CPA Society programs, events, products and services, individuals can visit the Society's Web site at <http://www.icpas.org>

Restructure Your Debt. Consider switching your credit card balances to a card with a lower interest rate. If you choose a card with a low introductory rate offer, try to find one that's effective for at least a year. Or better yet, call your current issuer and ask for better terms. Many credit card companies will adjust your rate downward rather than lose you as a customer.

For anyone who owns a home, a home equity loan or line of credit is likely to be the least expensive source of credit. For most taxpayers, using a home equity loan or line of credit to pay off higher-rate credit card balances means not only lowering the interest rate, but also converting nondeductible personal interest into tax-deductible mortgage interest. If you fail to make payments on a home equity loan or line of credit, you can lose your home; so, use this option only if you're sure you can meet the payments.

If you're reluctant to put your home on the line, borrowing against your 401(k) plan is another option. The downside here is that retirement plan loans generally require full repayment within five years, and if you should leave your job, you'll need to pay back the loan or else have the outstanding balance treated as a taxable distribution. You also may have any interest you pay go right back into your own account.

than you can pay off in full when the bill arrives. This way, you get the convenience of plastic with none of the interest costs.

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Sales and Operations VP of Grainger named

Dennis Jensen has been named Vice President and General Manager, Sales and Operations of W.W. Grainger, Inc. In this position, Mr. Jensen will be responsible for developing the marketplace and growing sales. He will have oversight of Grainger's 350 U.S. branches and an outside sales force of more than 1,100 employees.

Mr. Jensen joined the company in 1973 and has held increasingly responsible positions within the organization, most recently as Vice President, Field Operations.

W.W. Grainger, Inc. (GWW), with 1997 sales of \$4.1 billion, is the leading distributor of maintenance, repair, and operating (MRO) supplies and related information to the commercial, industrial, contractor, and institutional markets in North America. GWW shares are traded on the New York and Chicago stock exchanges. For more information, visit Grainger online at www.grainger.com.



Dennis Jensen

Gepco relocates corporate headquarters

GEPCO International, a leading manufacturer of professional audio and video cable, is relocating its corporate headquarters and main warehouse facilities. The company is now operating from its new site in Des Plaines, a suburb of Chicago.

GEPCO's new address is: 1770 Birchwood Ave., Des Plaines, IL 60018. The new telephone number is (847) 795-9555; fax is (847) 795-8770. The company's toll-free number remains unchanged at (800) 966-0069.

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Failing to obey headlight law can result in fines

Driving in rain, snow and fog can reduce visibility dramatically, making it difficult for drivers to see clearly and for their vehicles to be seen by other motorists. When adverse weather strikes this winter, slow down, and turn on your headlights.

Q. What does Illinois' headlight law say?

A. All drivers must have their headlights on when rain, snow or fog require the use of windshield wipers. Taillights must be visible from a distance of at least 500 feet. Unfortunately, many motorists are unaware of this law or forget to turn on their headlights in bad weather, endangering themselves and others.

Motorists also must have their headlights on when insufficient light or unfavorable atmospheric conditions restrict visibility to less than 1,000 feet.

Q. Can I drive with my parking lights only?

A. No. It is against the law to drive with only parking lights on during inclement weather. Parking lights do not provide enough light to increase your visibility or enough light for your vehicle to be seen by others. However, parking lights can be used in addition to headlights.

Q. What is the offense and the penalty for driving without my headlights on while operating my windshield wipers?

A. A petty offense and a fine of at least \$75 for failing to obey the headlight law.

School News

Free guide available for selecting a school

North Side and north suburban parents looking for a school for their children will be interested in a newly expanded directory to private, non-parochial schools, many of which are in the northern suburbs and the North Side of Chicago.

Copies of "A Guide to Chicago-Area Independent Schools" are available free by writing, Independent Schools Directory, Room 199, University of Chicago Laboratory Schools, 1362 E. 59th St., Chicago, IL 60637, or by e-mail: w-harms@uchicago.edu. The schools offer a wide range of programs, including classical curriculums and those using innovative methods.

Among the schools listed in the booklet are those on the North Side: Bernard Zell Anshe Emet Day School, The Chicago Academy for the Arts, Chicago City Day School, Chicago Waldorf School, Francis W. Parker School, The Latin School, North Shore School, and Sacred Heart Schools.

North Suburban schools listed in the directory are the Baker Demonstration School, Chiaravalle Montessori School, and Roycemore School, all in Evanston; Creative Children's Academy, Palatine; Lake Forest Academy, Lake Forest Country Day School, and Woodlands Academy of the Sacred Heart, all in Lake Forest; Countryside Montessori School, Northbrook; The North Shore Country Day School, Winnetka; Northridge Preparatory School, Niles; and Science and Arts Academy and The Willows Academy, both in Des Plaines.

Other schools in the directory are The Ancona School, The Harvard School, Morgan Park Academy, and The University of Chicago Laboratory Schools. Also in the directory are Avery Coonley School, Downers Grove; Chicago Junior School and Elgin Academy, both in Elgin; Marmion Academy, Aurora; Keith School, Rockford; La Lumiere School, La Porte, Indiana; and Howe Military School, Howe, Indiana.

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Marcus De Pasquale

Marcus De Pasquale is a new member of the University Chorale at Valparaiso University, where he is a freshman.

De Pasquale's major in the College of Arts and Sciences. He is a graduate of Maine West High School.

Officers of the Oakton College Educational Foundation announced



Front Row (left to right): Debbie Hays, director of human resources, Household Retail Services; Marilyn Appelton, director of College Development at Oakton; William Alenson, retired from United Airlines, (president of the Foundation); Sylvia Fooklik, Fooklik & Associates, (vice president of the Foundation); Margaret Lee, Oakton president; Jody Wadhwa, a member of the Oakton Board of Trustees; Frederick Thompson, vice president, American National Bank and Trust Company of Chicago; and Malvin Ross, retired from the Ball Machinery Company.

Back Row (left to right): Harry Tankus, retired from John Crain Inc.; Leon Robinson, president & chief executive officer, Robinson Bus Service Inc.; James Pribel, treasurer, United Stationers Inc.; Allen Kravis, retired from United Stationers Inc. (treasurer of the Foundation); Rosemary Geisler, president, Distributed Systems Div. For Comdisco Inc.; Salvatore Peri, SJP & Associates; Stephanie Smith, director of human resources, Kraft Foods, Inc.; Philip Warth, president, 1st Non-Profit Insurance Company; Tom Tippett, vice president of human resources, Allstate Insurance Company; and Steve Crawford, executive vice president and director of client service, Leo Burnett Co., Inc., (vice president of the Foundation).

Officers of the Oakton Community College Educational Foundation for 1998-99 were announced at the Foundation's annual dinner held recently at the Westmoreland Country Club in Wilmette. The president of the Foundation is William F. Alenson, retired from United Airlines. The vice presidents are Steve

Crawford, executive vice president and director of client service, Leo Burnett Co., Inc.; and Sylvia Fooklik, Fooklik & Associates. The treasurer is Allen Kravis, retired from United Stationers Inc.

The Oakton Educational Foundation provides an alternative vehicle for contributions to support college programs and activities that are not funded through traditional sources. Gifts provide for scholarships, program enrichment, special purchases, faculty/staff mini-grants, special events and other projects that augment high quality education at Oakton.

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School News

SJB students participate in math contests



Eleven students in St. John Brebeuf's eighth grade algebra class participated in two separate math contests on Saturday, November 21.

Five girls, accompanied by their math teacher, Mrs. Carolyn Lake, attended the contest at Resurrection High School. Those who represented SJB were Amy Anderson, Michella Kowalski, Amanda Nord, Katie Podkowa and Yvonne Swiargula. Samantha Allesse acted as an alternate, if needed.

That afternoon, six boys competed against 450 students from various schools in the Chicago area at Fenwick High School. Ms. Carrie Fraher, the sixth grade math teacher, acted as faculty representative for this competition.

Congratulations to David Kalisz who tied for twelfth place. The other fine math students who rounded out the team were Matt Daniel, Jonathan Lowder, Nick Mueller, Ralph Yaniz and Hoon Yoo. David Kalisz and Hoon Yoo acted as the Two Man Team in a special part of the competition.

National Honor Society students offer free tutoring

Members of the Niles West High School National Honor Society have organized an outstanding free tutoring program for their schoolmates. Peer tutoring is available every Tuesday and Thursday from 5 p.m. to 8 p.m. in Room 138 at Niles West High School, 5701 W. Oakton. These high achievers are available to work with fellow students in all subject areas.

To launch this initiative, Niles West Dean, Gary Solomon, and his National Honor Society students notified teachers, and guidance counselors as well as students. According to Dean Solomon, "Since this program began, there has been such tremendous response from students that additional tutoring sessions are being arranged during school hours. We are currently working only with high school students. However, beginning second semester, we will be offering free tutoring to elementary school students as well."

Principal Dr. Roger Stein commented, "The immediate success of peer tutoring at Niles West is truly remarkable. This is irrefutable evidence that high school students are capable of accepting responsibility for their

education. Whether providing assistance to others, or availing themselves of extraordinary educational opportunities, our students clearly demonstrate their drive to achieve."

The National Honor Society Free Peer Tutoring Program will continue throughout the 1998-99 school year. For further information Contact Mr. Gary Solomon, 847-568-3736.

North Park University prepares teachers to fill national shortage

The U.S. Department of Education predicts that more than a million new teachers will be needed over the next 10 years to keep pace with rising enrollments and to replace the large number of teachers who are retiring. Experts anticipate roughly 200,000 openings per year over the next decade; the same experts fear there may be a shortfall of 50,000 teachers each year.

Higher birth rates and immigration have forced the demand for teachers to grow considerably. Public school enrollment reached 45,351,937 in fall 1996, and 52 million in fall 1997. Immigration and the baby boom were expected to edge enrollment up this fall to the highest mark this century.

Meanwhile, about 40 percent of public school teachers in the United States will retire or leave the profession by the 2003-04 school year. Half of those teaching by 2005 will have been hired between 1997 and 2005. Large-scale hiring will continue through 2015. Nearly a quarter of all teachers were over 50 years of age in 1991; this means that many teachers will retire and need to be replaced during the next decade.

A large number of retirees will come from fields where there are already shortages of teachers, including math and science ("Supply of Teachers Trails Demand," Spotlight on Career Services, Recruitment, and HR/Staffing, Oct. 15, 1998).

At a time when teachers are in such short supply, the Education at North Park University offers programs that will prepare future educators to begin and continue in a promising and rewarding field.

For more information on the programs offered by the School of Education, contact Troy Amato at (773) 244-5613, or email: tamato@northpark.edu.

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Jason Dane receives University Award



Jason Dane
This national recognition program is sponsored by the National Association for Sport and Physical Education. Presentation of the award will be made at the national AASPER Conference in Boston.

Skokie resident, Jason Dane has recently been named Indiana University's Outstanding Major of the Year for the Physical Education Teacher Education program. This honor is awarded to the teacher education student from the 1998 academic school year that best represents Indiana University's commitment to academics, leadership, service, and professional involvement. According to Assistant Professor, Donetta J. Cochran, Ph.D., "Mr. Dane epitomizes those characteristics and is truly deserving of this recognition."

Jason Dane graduated from Niles North High School in 1994 and from Indiana University in 1998 where he earned a Bachelor of Science Degree in Kinesiology. He currently is a physical education teacher and basketball coach at Cooper Jr. High School in Buffalo Grove, IL.

District 64

Music Festival

District 64 was well represented at the recent Junior Division Music Festival held November 7 at Maine West High School. The finest band, orchestra and choral students from 36 northwest sub-

urban Chicago schools auditioned for positions and many District 64 students were selected to perform. The event was sponsored by the Illinois Music Educators Association.

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Sports / Park & Library News

Bright Beginnings Preschoolers learn about Native Americans



During Native American week at the Bright Beginnings Preschool, students shared many stories around the pretend campfire. "Our philosophy of learning through play" introduces children to a broad variety of experiences" says Miss Laurie of the Niles Park District. Activities in art, music, movement, cooking, story telling, and dramatic play are many of the mediums that the Niles Park District teaching staff use. A stimulating environment is created to nurture the development of young children. Call (847) 967-6633 for more information.

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Rangers Youth Hockey Club needs your help

Youth Hockey is one of the fastest growing sports in America today. Its speed and excitement attract more and more young people each year. It is a sport that teaches teamwork, as well as individual skills.

However, it is also a very expensive sport. Protective equipment and ice time is both major expenses.

The Niles Rangers is a volunteer organization affiliated with the Niles Park District which is dedicated to making youth hockey available to all who play. To help hold down fees, all of our coaches, managers and board members are volunteers. The program has 19 teams with approximately 300 players, ranging in ages from 5 through 16. A majority of the players are from Niles, Park Ridge and Des Plaines, with others from other surrounding communities.

You can help support our efforts. The Rangers are having their annual Hockey Night on Saturday, January 16, 1999 from 6:30 p.m. until 9 p.m. at the Niles Park District Ice Land facility located at 8435 W. Ballard.

This annual fund raising event is open to the entire community and is a tradition we are very proud to have. Along with various skill competitions, in which players, friends and family participate for a variety of prizes, we also conduct a raffle throughout the evening and award a variety of prizes. This year we are also conducting a small-scale silent auction at the event.

This event is a major fundraiser for our organization and we need your help to make it a success!

Non-profit organizations, like the Rangers, which promotes fun, sportsmanship, and teamwork for the youth in the area, needs all the help they can get. The more assistance we receive, the more we can do for the youth in the community. We are extremely dedicated to providing a constructive outlet for our youth, however, we need your support in order to achieve that success. Any type of contribution you can make towards the raffle or silent auction would be greatly appreciated.

Since we need to plan now, please let us know as soon as possible if you will be able to contribute to this exciting event. Any contribution, which can be mailed, should be sent to: Laura Edwards, Ranger Board Secretary, 1505 Marcus Court, Park Ridge, IL 60068. If you have a contribution that has to be shipped or picked up, or if you have any questions regarding this event, please contact Steve Dawiec, Ranger Board President @ 773-237-6404 or leave a voice mail @ 773-237-1253. Steve will arrange for pick up of your contribution or answer any questions you may have.

Martial Arts Club lunges toward a busy year

Members of the Martial Arts Club at Maine East keep their edge and gain new experiences by training with other clubs in the surrounding suburban area. In addition to this, they spent many hours practicing their V-show performance and training for their rank promotion test, both of which are scheduled for November.

Martial Arts Club has many tentative plans for this school year. Field trips are usually once a month. Candy sales raised money for new equipment. The Dee Park tournament was October 24, and the S.D.Y. tournament is on March 23. The promotion test was November 15, when students will test for their next rank along with science teacher/club sponsor John Miller, who will test for his fifth degree black belt.

Maine East's Martial Arts Club teaches Tae-Kwon-Do and Jujitsu. These include a variety of kicks and punches as well as self-defense techniques for life threatening situations. Classes are from 6 p.m. to 8 p.m. on Mondays and Wednesdays and also Saturday mornings from 8 a.m. to 10 a.m.

The sponsors for the Martial Arts Club are Mr. Miller and Mr. William Simon, who are also the instructors of the club. Mr. Miller has been practicing the arts for sixteen years and has been teaching for thirteen years. Mr. Simon is a member of the club and also assists Mr. Miller in teaching the class.

Ten Star All Star Basketball Camp

Registration is now open for The Ten Star All Star Basketball Camp. Boys and girls ages 10-18 are eligible. Players are selected by invitation only. Past participants include: Michael Jordan, Tim Duncan, Jerry Stackhouse, Grant Hill, Christian Laettner, Antawn Jamison, Vince Carter, and Steve Wojciechowski. Camp locations are Marion, In, Raleigh, NC, Center Valley, Pa, Atlanta, Ga, Bristol, Va, Delaware, Oh, and Mobile, Al. College Basketball Scholarships are possible for the most advanced players. For an evaluation form call (704) 372-8610 Anytime.

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Police News

Deceptive practice

The assistant vice-president of a bank in the 7100 block of Oakton Street reported Dec. 8 that a 64-year-old man whose address is unknown bilked the bank and four of its branches out of \$30,789 by making bogus deposits of checks drawn on closed accounts at two other banks.

Armed robbery

The manager of a Niles theater reported that he and an employee drove to the bank in the 9100 block of Greenwood around 12:35 a.m. Dec. 20 to deposit the cash taken in for the day in the bank drop box when an unknown woman weighing about 200 pounds and wearing a red mask possibly with glasses approached from behind, placed a small pocket knife under his chin and demanded all the money. An unknown 6 ft. 3 in. male suspect then approached from the north displaying a handgun which he placed at the employee's neck and took a white bag with red lettering on the outside that held seven smaller bags containing \$9,834.

The offenders walked away from the victims in a southerly direction and then turned east. The theater manager then drove back to the theater and contacted Niles police who broadcast the description of the offenders. At 1:40 a.m. a Cook County Sheriff's police officer and a K-9 dog arrived to aid in the investigation. The dog found a scent and tracked it to Davis and Chester before losing the scent. Police are investigating.

Criminal damage to auto

A 26-year-old resident of the 8700 block of Wisner reported that sometime between 10 p.m. Dec. 8 and 9:30 a.m. Dec. 9 unknown person(s) used an unknown sharp object to puncture the sidewalls of the front tires of his 1997 Mitsubishi Eclipse while it was parked in the driveway of his home. The victim told police a similar incident occurred a month ago to his roommate's vehicle.

Criminal damage to property

A 42-year-old woman reported that unknown person(s) damaged the Christmas lights on her front lawn by slicing the wires sometime between 8 a.m. and 3 p.m. Dec. 17. Damage was estimated at \$50.

Theft

An 86-year-old Lincolnwood woman left her black leather purse containing \$400 in cash and

Ten free flowering trees from Arbor Day Foundation

Ten free flowering trees will be given to each person who joins The National Arbor Day Foundation during January 1999.

The free trees are part of the nonprofit Foundation's Trees for America campaign.

The ten trees are 2 White Flowering Dogwoods, 2 Flowering Crabapples, 2 Golden Raintrees, 2 Washington Hawthorns, and 2 American Redbuds.

The trees will be shipped post-paid at the right time for planting between February 1 and May 31 with enclosed planting instructions.

The holidays are a time to be extra cautious

During the holiday season, more than 50 percent of all motor-vehicle fatalities are alcohol-related. Take a stand against impaired driving by thinking "designated driver" and "safe party planning" around this time of year, says AAA-Chicago Motor Club.

AAA, the National 3D Prevention Month Coalition and the National Highway Traffic Safety Administration are observing National Drunk and Drugged Driving (3D) Prevention month during December. The theme for 1998, Take a Stand Against Impaired Driving, focuses on a Safe Communities approach. This means every part of the community - businesses, citizen groups, health care providers, law enforcement agencies, schools, government, the military and each individual - has a role to play in the fight against impaired driving.

"You can take a stand by being a responsible host when you entertain guests at a holiday party. Serve only nonalcoholic beverages or ensure that guests have a designated driver selected before serving alcohol," said Brian Sterling, manager of public affairs for AAA-Chicago Motor Club. "Ask alcohol-impaired guests to stay overnight or call a cab to assure a safe ride home."

Other safe-party tips include serving protein-rich and starchy foods throughout the evening to help hinder alcohol absorption.

assorted credit cards in a shopping cart in the card shop in the 5600 block of Touhy Avenue. When she returned, the purse was gone.

Bond was set at \$20,000 for each of two Chicago women, one 29 years of age and the other 18 years of age, who were both employed as cashiers at a retail store in the Golf Mill Center. A store security agent observed and video taped both women going through each other's check out line and either not ringing certain items or ringing them and then voiding the sale. The total amount of merchandise taken and not paid for was \$300.91.

The director of security of a firm at 239 Golf Mill Center reported that bank deposits for lottery proceeds totaling \$4,692 and gift certificate sales totaling \$5,922 were missing from the firm's bank statements. An internal investigation revealed that a 20-year-old Chicago man employed in customer service was responsible for making the deposits and was working on the days when the deposits were to have been made between Nov. 10 and Dec. 8.

During a police interview, the suspect admitted taking the deposits and also prepared a written statement. The victim will prosecute and requested a follow-up investigation.

Suspicious subject

Police were dispatched to a department store in the 5600 block of Touhy when the loss prevention manager reported a man with a gun was in the store. When police arrived, the manager told them a teenaged subject wearing a red Bulls jacket had a gun and was observed in the jewelry section on the store's first floor.

When police did not locate the subject in the jewelry section, they proceeded to the second floor where they observed a 14-year-old Evanston youth standing next to a cash register. The complainant identified the youth as the subject observed with a gun. Police approached the subject with guns drawn but pointing toward the floor. They ordered the subject to place his hands on the cash register area next to where he was standing. The subject complied and police reholstered their weapons. In a search of a subject police recovered a plastic gun chrome in color from an inner pocket of the subject's jacket. Police began questioning the subject about the incident, but his legal guardian cut in and refused to permit police to question him.

Be aware of false solicitations

Lambs Farm, a not-for-profit organization serving adults with mental disabilities, has recently been the target of false solicitations conducted door-to-door. Persons acting as representatives of Lambs Farm have visited the homes of unsuspecting community members asking for donations towards building projects and general operating expenses. The purpose of this alert is to inform the community that Lambs Farm does not send solicitors door-to-door collecting donations!

Community members are asked to refuse door-to-door donation solicitations for Lambs Farm and immediately report any incident to the local authorities. The best way to make a contribution to Lambs Farm is through the mail. Lambs Farm is a nationally recognized center providing residential, vocational and social support services for more than 260 adults with mental disabilities located in Libertyville, IL. For more information, contact Angela Flood of Lambs Farm at (847) 362-4636, ext. 234.

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Letters to the Editor

Letter from the Park District Executive Director

On Tuesday, December 15, 1998, the Park Board of Commissioners unanimously approved the name of the new park at Touhy and Harlem to be Niles Pioneer Park. The Niles Park District received about 300 name suggestions from residents. I would like to thank everyone who took the time and consideration to send in their name suggestion. I greatly appreciated the tremendous response.

The Village of Niles has made accommodations to create a pocket park at the site of the new Public Works Building. It will appropriately be called Jozwiak Park. This will keep the name of Jozwiak a part of our community.

A name that is apropos to keep alive the memory and serve as a memorial to the people of Niles who started this Village 100 years ago, and those that started the Niles Park District 45 years ago. It is an acknowledgment of the imaginative folks of that time whose dreams had merit and deserve a symbol of visible recognition, as this park.

What are we looking for? Witnesses? Understanding of Motive; Foot-and/or-fingerprints? Blood stains? Recording all the facts.

What we have here is a park that will have its place in the future of Niles, but will also have historical significance to back its existence by recognizing those people that were ahead of their time, with words and action.

What they envisioned is not stagnation but ever-going forward in progressive steps. Those are the stepping stones, hallmarks if you will, giving future generations a place to live with surroundings with which they can be proud.

This park has some sameness to the old park it will replace, but it deviates in the various special areas which will have recreational enhancement to reflect more up-to-date state of the art features.

Our Niles pioneers have unselfishly paved the way for others and for that we bestow special recognition by generally naming a park for them. We are the Village "Where People Count" and believe me you can count on them to honor these pioneers and to give historical homage through the dedication of Niles Pioneer Park.

I invite everyone to stop by and see the progress of Niles Pioneer Park. We are planning a great Grand Opening Celebration for Spring, 1999.

Joseph V. LoVerde, Jr.
Executive Director

USE THE BUGLE

Citizen's Police Academy graduate thanks village

To the Honorable Mayor Blase, Commander Giovannelli -- Sergeant Fryksdale -- Sergeant Wilson and police officers --

I am Adolph Foss -- a member of the Niles Citizens' Police Academy. I would like to thank Sergeant John Fryksdale for extending an invitation to participate in this program. Sergeant Fryksdale was the opening speaker at the recent Sheriff Michael Sheahan Senior Citizens' Law Enforcement Academy. The sergeant said Adolph, here is my card -- call me tomorrow. So here I am.

In the past 9 weeks I have been exposed to 15 of the police department's finest instructors -- skilled and absolutely knowledgeable in their subject area. I must point out Detective John O'Sullivan in his presentations and knowledge of the State of Illinois' Laws and detective work -- outstanding.

Drugs -- gangs -- had no idea they are so wide spread -- they are identified by tattoos, clothes, numbers, graffiti; initials -- they want identity. We were briefed on many facets of investigative work.

What are we looking for? Witnesses? Understanding of Motive; Foot-and/or-fingerprints? Blood stains? Recording all the facts.

We were all given brief copies of the law pertaining to the seriousness of "under the influence." How to use hand-cuff devices; chemical spray; self defense and fire arms. How to approach a "stop"; how to search -- you ask -- May I look into the trunk, glove compartment, inside the car. If the arrest states "no" -- a warrant must be obtained. If the arrest says sure go ahead, the officer is permitted to search the car.

Leaning Tower Family YMCA's Open House

The Leaning Tower YMCA is offering three free visits and \$50 off adult or family memberships through Sunday, January 17, 1999.

Individuals and families interested in losing weight, becoming more fit, or taking part in activities for the entire family are invited to enroll in a free membership trial period now through Sunday, January 17, 1999 at the Leaning Tower YMCA, 6300 W. Touhy Ave., Niles. The trial period includes three free visits to the center's state-of-the-art Fitness Center, Swimming Pool, Power Pacing Cycling Workouts, etc.

New members who join the center during this period will receive \$50 off the initial one-time membership fee and are eligible to enroll in "FitStart," a program that includes a free health

All subjects of the previous 9 weeks were individually specific and important. The "ride-along" experience was a culmination and put in actuality what we were taught in the classroom. To complete the experience -- the ride-along should be asked to attend the officer's court date, if any, to witness the final adjudication of the arrest.

To sum up -- if you are stopped by a Niles police officer and charged -- don't bother to obtain a lawyer -- these men and women have a trained and experienced eye and know the law verbatim. My advice -- just pay the fine.

We all should recognize that the police officers are not our enemies nor angry at us...our mothers always told us how to be respectful and do the correct thing...but when we forget what our mothers told us...the officers are there to help "us". They are the "good guys".

This academy has made me a better and more informed citizen of police work...and I hope I can pass this information which I have learned on to others.

I thank the village and police department for giving me this opportunity and experience.

Adolph Foss
Niles

Loyal Bugle readers have one question

Dear Editor:
We are residents of Niles and have been reading The Bugle for 40 years. It's the best! However, tell us one thing! How can you give the paper away for FREE in Niles?

Art & Georgeann Dorsch
Niles residents

The Bugle Newspapers

HOME STYLE

• Real Estate • Home Improvement

Luxury Amenities: Not Just For High-End Homes Anymore

A private guest suite for overnight company. A master bedroom with fireplace and sitting room. A pentagonal breakfast room. Huge bathrooms with whirlpool tubs and built-in make-up tables. A library with customized bookcases. Architectural details such as columns and dry-wall sculpting.

Not long ago, such upscale amenities were found only in high-end residences with million-dollar price tags. But in today's competitive market, homebuyers are demanding more from their living spaces -- and getting it. The result: Amenities once considered the exclusive province of upper-end custom homes are now standard features in more reasonably priced, semi-custom residences.

"Inside and out, it's important to create value in homes today by including more bells and whistles," said Roger Mankedick, executive vice president of sales and marketing for Concord Homes.

For example, Concord At Interlaken, located at Butterfield and Winchester Roads, in Libertyville, features Concord Homes' new Designer Series, which offers four plans as the framework from which buyers can customize homes by adding or expanding rooms. Volume, two-story and cathedral ceilings; dual staircases; window seats; and gourmet kitchens with preparation islands and breakfast bars are standard in these homes. Unusual architectural touches include planter shelves, drywall sculpturing, decorative columns, built-in shelves, etched-glass paneled front doors with sidelights, and art niches.

Priced from \$319,490 to \$354,490, homes at Interlaken, which range from 2,733 to 3,489 square feet, include four to five bedrooms, 2-1/2 to 3-1/2 baths and a two- or three-car garage.

Single-family homes are not the only new construction residences benefiting from the trend toward luxury amenities. Condominiums and townhomes also are

incorporating upscale extras. "Today's condominium and townhome owners don't want to sacrifice spaciousness and high-end quality," said John McLinden, a partner in Centrum Properties, developer of Middlefork Woods in Northfield. "They want all the pluses of affluent single-family homes, only with more convenient floor plans."

Middlefork Woods offers some of the largest condominiums and townhomes on the North Shore, with sizes ranging from 1,920 to 2,812 square feet. Homes, which are priced from \$374,900 to \$568,900, include two to three bedrooms and 2-1/2 baths.

Five single-level floor plans, including one townhome, are available in the community's three, three-story buildings, each with its own heated underground parking garage. High-end design and detailing are prevalent: The Asbury and Balmoral models feature pentagonal bay breakfast rooms with three walls of win-



Cedar shake roofs and brick exteriors are among the luxury amenities offered at Heatherfield, in Glenview, by Heatherfield Venture, one of the James Companies.

dows; The Dartmouth, a study with double-door entry; and The Essex townhome, a curved master bedroom suite with a wall of windows and a rooftop garden.

Exteriors are also receiving the luxury treatment. At Heatherfield, a Glenview community developed by Heatherfield Venture, one of The James Companies, all

single-family homes, villas and townhomes offer cedar shake roofs for a natural-yet-upscale look. They also feature either full brick or first-floor brick exteriors. The community's homes range in size from 1,105 to more than 2,800 square feet and are base priced from the mid

Continued on Page 30

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Home Style

Luxury Amenities

Continued from Page 29

\$200,000 to the upper \$400,000s.

"Many factors reflect value in a home, including high-quality materials and design," said Warren James, an officer of Heatherfield Venture, one of The James Companies. "The inclusion of these elements by builders reflects a desire on the part of buyers to own homes for the long term, ones that will stand the test of time."

The highly competitive loft market also is reflecting the upscale trend. "With so many loft conversions on the market, offering high-end amenities is a way to distinguish our homes," said Norman Katz, president of Everest Partners. "Homebuyers have come to expect these extra touches."

Everest Partners is developing Metropolitan Place, 212 Loft and Terrace homes at 130 S. Canal, in Chicago's West Loop. The two- and three-bedroom condominiums are priced from \$200,000 to \$475,000 and range in size from 1,200 to 2,500 square feet.

"For the most part, ours are not first-time buyers," said Katz. "Many have already lived in a loft and want to upgrade to something more luxurious, or they are com-

ing from larger homes in the suburbs. They are educated about materials and craftsmanship, so they expect high-end amenities."

Everest Partners has paid particular attention to detail. Metropolitan Place offers balconies and extra large terraces, some measuring more than 1,000 square feet, as well as duplex floor plans. Bathrooms are getting a lot of attention from today's homebuyers. At Metropolitan Place, all master baths are oversized, and many include dual vanities, separate showers, soaking tubs, linen closets and theater-style lighting. Some residences even feature a master bath with a walk-through shower.

"A direct result of our booming economic times is that people have money to spend on their homes, and one area they're spending it on is bathrooms," says Michael Klein, vice president of Airoom Architects & Builders. Elaborate bathrooms have become increasingly common in Airoom's workload, both in new and renovated homes. The company recently built a spec home in Winnetka, for instance, which included his and her bathrooms.

"The exceptional has become

the expected, and not just in bathrooms," noted Klein. "You can't just build a bare-bones kitchen anymore. It has to be a gourmet kitchen. You can't simply install carpeting, you have to feature hardwood floors, often with wood from exotic places like Brazil. One walk-in closet in the master bedroom won't do: You must have two. All these used to be upgrades. Now they're the norm."

For more information regarding: Concord At Interlaken, call (847) 573-0870; Middlefork Woods, call (847) 501-5330; Metropolitan Place, call (312) 559-1959; Heatherfield call (847) 486-9700; and for Airoom Architects & Builders, call (847) 763-1100.

Ronald D. Fernandez

Navy Petty Officer 1st Class Ronald D. Fernandez, whose wife, Janet, is the daughter of Joe and Irene Lombardo of Park Ridge, recently reported for duty at Naval Training Center, Great Lakes, IL.

Fernandez's rotation to a new duty station exemplifies the worldwide assignability of Marines and Sailors.

'Real' or 'unreal' hardwoods and laminates offer rich patterns

Flooring trends may come and go, but hardwood remains an age-old choice for homeowners.

Wood flooring has an appeal that is nearly universal. When combined with area rugs, wood floors create a sense of warmth and elegance that can be adapted to any decor, whether traditional, country or contemporary. Advances in manufacturing processes and technology mean more choices for the homeowner, whether you're looking for the real thing or a very-close look-alike.

Unfinished solid hardwood flooring can be found in 2 inch- and 4 inch-wide strips and is usually available in random lengths. Prefinished planks, which are composed of thin hardwood strips that have been laminated to a plywood base, can also be found in a variety of stained colors with multiple coats of a polyurethane varnish topcoat.

Factory-applied coatings give the prefinished planks layers and layers of protection against everyday wear. These finishes also cut down on maintenance so all that is required is to sweep the floor and occasionally do a light cleaning.

All types of strip flooring have

tongue-and-groove edges that make joining the pieces a relatively easy process, according to Kevin O'Gea, with The Home Depot. He said that options for installation include nail-down, glue-down and "floating" where the material rests on a thin foam pad. These choices let you install a wood floor over just about any subfloor, even concrete.

Fooling the eye
If you want the look of wood, but not the maintenance and worry, consider installing laminate flooring. Don't confuse laminate flooring with real wood flooring that is laminated in thin layers. Laminate flooring is actually a synthetic material, but looks surprisingly real and has become extremely popular because of its durability. It has a processed wood core, similar to particle-board, sandwiched between a layer of melamine laminate and an underside backing that prevents warping.

Any look will do
Laminate flooring will fool your eyes with designs that mimic stone, stenciled patterns and virtually every wood-look, from traditional pine strips to intricate inlays. Pergo, for example, has floors that duplicate almost every wood - from knotty pine and cherry to painted checkerboard designs.

Each Pergo plank measures roughly 8 inches by 47 inches. It's a floating floor and therefore does not have to be nailed or glued to the subfloor, making for simple installation and a cushioned feel underfoot. Because the planks are only a third of an inch thick, they can be installed right on top of most old hard-surface floors with relative ease.

Its slick surface resists dirt and grime, so many spills just sponge away, and heavier cleaning requires no more than a damp mop with a diluted soap-free household cleaner. Most laminate flooring is guaranteed not to dent, stain or fade and because of its composition, should never be waxed, sanded or refinished. The wear-resistant finish actually repels tar, oil and nail polish.

"Name any kind of wood and there's probably a laminate look-alike for it," said O'Gea. "It's a smart alternative for people who want the elegant look of hardwood, but don't want to constantly worry about wear and tear."

Karl E. Johnson
Marine Capt. Karl E. Johnson, son of Sharel Johnson of Skokie, was recently in Guam for training with the 31st Marine Expeditionary Unit (MEU), homebased in Okinawa, Japan.

The 1988 graduate of Gordon Technical High School of Chicago, joined the Marine Corps in September 1992.

Home Style

Change of seasons is great time to get clutter under control

Sweaters, coats and bulky clothes can give us the feeling this time of year that our closets have shrunk since the summer.

Don't despair. In just one afternoon, you can transform your closet into an organized space and add as much as 30 percent capacity.

The most simple and cost-effective solutions incorporate do-it-yourself skills and vinyl coated steel wire organizer systems. With weight capacities of 150 pounds and infinite storage options, these systems are fast becoming extremely popular.

"In addition to being lightweight and easy to install, the wire systems allow better ventilation so clothes on the bottom don't get that musty smell. They also allow more light to filter in so you can see what's on the shelf," said Wade Wagner, of The Home Depot.

Wagner says wire storage systems are also being used extensively in kitchens and pantries. In fact, many building contractors are installing them in kitchens and closets as part of new construction packages.

Also, with the keen attention to recycling, the pullout garbage/recycling products are finding their way into many homes.

The variety of accessories available to customize storage areas based on each lifestyle is the best untold secret of these systems.

"Your imagination is your only limit," said Wagner. "People are even using these systems in their bathrooms to organize things like nail polish, makeup, hairbrushes and other hygiene products."

He said the wire baskets are also being used creatively to store and organize towels, washcloths and other linens in the bathroom.

Melamine products provide a more tailored look that is appropriate in or out of sight. They are a cost-effective and functional alternative to furniture for children's playrooms, college dorm rooms and utility rooms. Assembly is only slightly more difficult than with the wire systems.

The most permanent storage option is the do-it-yourself from scratch project.

The Home Depot's Home Improvement 1-2-3 book offers details on how to build a closet organizer for a standard five-foot closet with a single sheet of plywood, a clothes pole and a few feet of 1 x 3 lumber. An intermediate do-it-yourselfer should be able to complete the project in about five hours.

To determine the best storage solution for your budget, make sure to take along a scale drawing of your closet with you when shopping for materials.

With so many choices, how do you select the right chain saw?

Question: We're determined to use our fireplace this year. Can you recommend a chainsaw that will work for cutting wood down to usable sizes?

Answer: You've basically got two choices when shopping for a chain saw -- electric and gas. Electric models don't require you to mix gas and oil, they are easy to start and are better for occasional and light duty use, according to Phil Bird, of The Home Depot.

Gas models, on the other hand, will give you freedom from using a cord, are more powerful for

large duty jobs and can be found in up to 20-inch bar lengths. Generally, the longer the bar length, the larger and more powerful the engine. For kindling, the electric model might suit you fine, but to trim larger trees, you may want to look at buying a gas model. Bird also recommends wearing ear and eye protection, as well as gloves, when working with chain saws.

Question: I understand there is a new type of light switch on the market. Tell me about it.

Answer: You probably mean the motion-sensor switch

that automatically turns on the light when a moving heat source - like you or your kids - enters the room. As long as the switch detects motion, the light stays on. And then when the moving heat source exits, the light shuts off. "It's an alternative to constantly asking the kids, or an absent-minded spouse, to turn off the lights," said Stephanie Wargo, an expert with The Home Depot.

Question: We're looking for a heater to use on a construction site. What's the difference between kerosene and propane?

Answer: Kerosene heaters can be used in construction during framing and to provide freeze protection and warm moist heat for bricklaying and concrete work. Kerosene heaters also have high capacity fans which force warm convection heat into the working environment quickly. Propane tank top and convention heaters don't require electricity to operate and use 20 pound cylinders. They're best used in finished construction, for do-it-yourself projects in a garage and for heating outdoor activities.

Choosing the right contractor will make the job go smoother

Finding and investing a contractor on your own will take some work, but making the right choice up front will save time, money and headaches in the long run. The experts at The Home Depot recommend the following commonsense precautions when selecting a contractor.

- Get references. Visit newly remodeled or built homes to inspect the quality of completed jobs. Ask the homeowners about their experience. And always ask that all-important question: "Would you hire this contractor again?"
- Check licensing and consumer protection agencies. Avoid potential problems by learning from the experiences of others.
- Obtain proof of adequate insurance coverage, particularly liability and worker's compensation.
- Shop around. It's difficult to judge the fairness of a price without a frame of reference. Get two or three bids.
- Put all agreements in writing. A verbal contract is not enough.

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Veterans....

For over 50 years, the Department of Veterans Affairs has been providing quality health care to America's veterans through the Veterans Health Administration, the nation's largest integrated healthcare system.

Juggling responsibilities in working families

Juggling is no longer an act. It's a way of life for working families. Caring for children or elder relatives is a lot of work. But fewer families have an adult available to respond to family needs on a full time basis. That family may be a dual income household or that of a single parent.

Sixty percent of American women are in the workforce. In 1994, 65% of women with children between 3 and 5 years of age and 75% of those with children between the age of 6 and 18 were gainfully employed. About 10 percent of full-time workers are

caregivers of elderly relatives. Quality childcare and elder care are both difficult to find.

To address the many challenges facing working families, University of Illinois Extension is offering a quarterly newsletter to dual income or working single parent families. Articles are short and timely to fit into the sometimes- hectic schedules of working people. Topics include time saving tips and bits of information dealing with food, nutrition, health, family relationships, parenting, personal development, family finances, lawn care and gardening, consumer buying,

public issues, time management, and safety.

Extension programs are research based, provide equal opportunity in programs and employment, and strive to be unbiased and meet the needs of people locally.

If you are interested in receiving this free Working Families newsletter, please send your name, address, and phone number to North Suburban Cook Extension, 2121 West Euclid Ave., Suite 251, Rolling Meadows, IL 60008, by January 4, 1999. You may also register for the newsletter by calling (847) 818-2901.



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Wile away the winter hours creatively

Even the most dreary of winter days can be made brighter with a new activity. Oakton's Emeritus program offers credit classes to stimulate the artist in you. These 16-week classes run Jan. 19 through May 14 and are held at Oakton's Des Plaines campus, 1600 E. Golf Rd.

Introduction to Art (HUM 123-001, Touch-Tone 0612) examines art as a reflection of culture - past and present - with attention to geographic conditions and social, economic and religious forces. This class meets on Tuesdays and Thursdays, 12:30-1:45 p.m.

Fundamental of Two-Dimensional Design I (Art 105-

001, Touch-Tone 1321) explores flat art design fundamentals, including image, technique, concept and vocabulary of design. Media covered are pencil, pen and ink, brush and ink, charcoal, pastel and designers' colors or acrylics. (Studio work outside of class is required.) This class meets on Mondays and Wednesdays, 9:30 a.m. - 12:10 p.m.

Ceramics (Art 134-001, Touch-Tone 0816) focuses on techniques of hand building and wheel-throwing. Glazing and decorating the clay are also explored. This class meets on Mondays and Wednesdays, 10 a.m. - 12:40 p.m.

Students can register for these and other Emeritus spring credit courses in Room A100 at the Skokie campus, 7701 N. Lincoln Ave., or at the Des Plaines campus. Those who have registered for Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years and have their correct Social Security number on file may register by the Touch-Tone telephone system at (847) 635-1616.

Tuition is \$39 per credit hour for district residents under the age of 60; \$19.50 per credit hour for residents over 60; and \$148 per credit hour for non-residents. Additional fees may apply, depending upon residency, enrollment status and course requirements.

For a brochure listing all of the programs, seminars and tours available, including registration information, call the Emeritus office at (847) 635-1414.

Heedong Choi

Navy Lt. Heedong Choi, son of Soonwoon and Hyangsook Choi of Glenview, is currently halfway through a six-month deployment to the Western Pacific Ocean, Indian Ocean and Arabian Gulf aboard the guided missile cruiser USS Shiloh.

Junior's poem selected for National Anthology

The National Poetry Society selected Maine East junior Ewgenia Kondrasheva's poem entitled "The Memory of Trees" for publication in this year's national high school anthology. Over 23,000 high schools from all 50 states participated in the competition by submitting in excess of 100,000 poems for consideration.

A copy of the anthology will be presented to First Lady Hillary Clinton Christmas week. For information on the anthology and Kondrasheva's poem, check out the Society's web site at: www.nationalpoetrysociety.com

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Families welcome for holidays at Graziano's

Graziano's Brick Oven Pizza (5960 W. Touhy Ave., Niles and 1101 E. Dundee Rd., Palatine) welcomes families on New Year's Eve and New Year's Day this holiday season, a perfect opportunity for families who often find it difficult to celebrate at an appropriate venue.

Graziano's lights up New Year's Eve for families by providing free party favors for everyone while balloon artists perform for the youngsters at both suburban locations. Balloon artist Anthony Mackey performs 5-9 p.m. in Niles while his wife Donna Mackey displays her special balloon making talents 5-9 p.m. in Palatine.

The Niles restaurant is open 11:30 a.m.-midnight New Year's Eve and 11:30 a.m.-11 p.m. New Year's Day. Palatine is open 5 p.m.-midnight New Year's Eve and 5 p.m.-11 p.m. New Year's Day. The original Graziano's in Niles also will be open Christmas Eve until 8 p.m.

In addition to the regular menu at both locations, Graziano's features New Year's Eve family-style dinners for parties of six people or more including appetizers and pizzas, house salad, pastas, entrées and desserts. The family-style dinners are \$16.95 per person, \$6.95 per child under age 12.

In addition to its brick oven menu and custom-made pizzas, Graziano's offers ten varieties of fresh made pastas (\$7.95-\$13.95); eight eclectic salads (\$4.25-\$8.95); chicken and steak entrées (\$9.95-\$14.95); generous sandwiches (\$6.50-\$7.25), including Italian Turkey and Vegetable Panini; and luscious desserts like Tiramisu (\$4.95) and Chocolate Sambuca Cake (\$4.95), all of which have made Graziano's a top destination for families and business people alike.

New Year's Eve can be fun for kids too

YMCA Camp Duncan is hosting a New Year's Eve overnight for kids ages 6-13. The program will start at 4:30 p.m. on December 31 and conclude at 9 a.m. on January 1.

The night is packed full of games, sledding, food, all camp dance, prizes and more. "The idea is for kids to have a great time and for parents to know their kids are in a safe place," says Smits, one of two directors to lead the overnight. The overnight is a perfect opportunity for parents to bring in the New Year and not have to find a baby-sitter. Bring your kids to YMCA Camp Duncan and let your kids bring in the New Year with a bang! Rona Roffey and Addie Smits are the two YMCA professionals directing the overnight program.

The cost is reasonable and includes program all night long, dinner, breakfast, snacks, prizes, and supervision. Roffey stated, "Our New Year's Eve Overnight program is a fun alternative for the kids at a reasonable cost for the parents." The New Year's Eve Overnight is held at YMCA Camp Duncan located near Fox Lake, IL.

For more information please call Rona or Addie at 847-546-8086.

Earn your GED certificate this spring

It's never too late to earn your high school diploma. The Alliance for Lifelong Learning (ALL), the continuing education program partnered by Oakton Community College and area high schools, offers two ways to help you achieve your goals.

Evening High School is open to any Maine or Niles Township resident, age 16 or older, who is not currently enrolled in a regular, daytime high school program. Classes meet two times per week (6-10 p.m. on Mondays/Wednesdays or Tuesdays/Thursdays) and are small enough to allow for individual attention. Students with a high degree of self-discipline and organization may opt for Home Study Classes, which permits study at a personal pace. For more information about Evening High School and its requirements, call (847) 825-7719.

GED Preparation Classes prepares students, age 19 and older, to pass the General Educational Development (GED) Test. The

GED is a credential accepted by most employers and schools as equivalent to a high school diploma. The GED Tests cover five subject areas and are administered monthly at the Oakton Des Plaines campus by the Educational Testing Service. To qualify for the GED test preparation classes held in January 1999, students must attend one of these free sessions for placement testing, counseling and registration.

- On Jan. 4 and 6 at Niles North High School, 9800 Lawler, Skokie; from 7-10 p.m. in Room A-100.
- On Jan. 12 and 14 at Maine East High School, Dempster Street and Potter Road, Park Ridge; from 7-10 p.m. in the Cafeteria.

For more information about the Oakton GED Preparation Classes, call (847) 825-6299. For more information about dates and times of the GED Tests, call (800) 716-2582.

Joseph J. Zeman

U.S. Army Infantryman Pvt. Joseph J. Zeman completed basic training on Dec. 17, 1998 at Ft. Benning, GA. Pvt. Zeman will begin his tour of duty on Jan. 11, 1999 reporting to Rhein Mein Air Base, Frankfurt, Germany. Pvt. Zeman will be stationed in Germany for at least one year. Joseph

Andrew Hyde

Marine Lance Cpl. Andrew Hyde, son of Richard D. and Monica B. Hyde of Chicago, recently participated in a large training exercise while on a six-month deployment to the Mediterranean Sea and Arabian Gulf with the 22nd Marine Expeditionary Unit (MEU), embarked aboard the ships of the USS Sagan Amphibious Ready Group (ARG).

The 1996 graduate of Notre Dame High School of Niles joined the Marine Corps in August 1997.

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