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7400 WAUKEGAN RD, NILES, IL 60714

VOL. 42, NO. 20

## From the Left Hand

by Bud Besser

When I was in grammar school in the 1930's we talked about that long-ago war, World War I, which ended twenty years before. Yesterday was the 80th anniversary of the armistice which officially ended that war.

We remember about trench warfare and mustard gas attacks and soldiers mired in mud, stuck in their lines year after year. And we recall the names of the Battle of the Marne and Bretton Woods and the signing of the peace agreement in a railroad car in a French town outside Paris. Without looking up the name of the town we no longer remember its name. History becomes diluted, fading away as the years go by.

It's unlikely the under-50 crowd knows anything about World War I. Many have lit-

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## MG hears petition for taxi rate hike

by Cynthia Chapp

A public hearing was held at the November Morton Grove Board meeting. The hearing covered a proposed meter rate increase by American Taxi Company. John Temple represented American Taxi Company and the Board of Trustees asked him for a survey of the towns surrounding Morton Grove regarding their acceptance or non-acceptance of the rate hikes. Trustee Ronna Brenner asked Temple if he was prepared to give the board information about the surrounding towns' acceptance of the increases, as well as what the increases were if they were accepted. Temple said the man who attended the initial meeting re-

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## School District 71 - School Board Elections

On April 13, 1999, an election will be held for membership on the Board of Education of Niles Elementary Schools District #71. Three seats on the seven-member board will be up for election. The term of office for these seats will begin within seven days after November 2, 1999 and end in April of 2003. A summary of some pertinent information concerning school elections is stated below. For a complete set of information, please contact the Illinois State Board of Elections, James R. Thompson Center (formerly the State of Illinois Center), 100 West Randolph, Suite 14-100, Chicago, Illinois 60601, 312-

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## New Wal-Mart to be completed by Dec. 31, 2000

by Rosemary Tirio

The Niles Village Board last week approved an agreement with Tucker Development Corporation to allow the firm to use up to \$2 million in TIF (tax increment financing) funds to build a 330,000-square-foot shopping center on the former A.B. Dick property at Touhy and Central avenues.

The Highland park-based developer will use the funds to demolish existing buildings and pay for an environmental site clean up requested by the Illinois Environmental Agency.

The village will have more control in this, the fifth TIF financed development in recent history, according to Donald Es-

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## Board member Joe Weiss proposes teacher pay cuts and co-pay on benefits

# District 219 faces money crisis forecast

by Rosemary Tirio

In a memo to fellow District 219 Board of Education members, Joe Weiss has called for salary cuts for all employees, including the superintendent, as a measure to reduce spending and put District finances back on an even keel.

Recent tax caps and enrollment increases have brought a financial crisis to the district prompting forecasts of large budget deficits by the year 2002.

Since last June, the Financial Task Force composed of district officials, parents, community members and faculty representatives has been seeking remedies to forestall the projected deficit.

Weiss, who has urged a further study of the rejected FTF proposal to sell the Niles North High School campus and build a second high school on the Niles West campus, criticized the board for granting teacher pay raises exceeding the cost of living and far surpassing the amount

available in the district's budget. In the memo, Weiss proposed a hypothetical 10 percent pay reduction, which would lower the a-

starting teacher's salary from approximately \$38,000 to approximately \$34,000, the top salary

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## Senior bank robber nabbed after LaSalle heist in Glenview

A 74-year-old Glenview man has been arrested for robbing the LaSalle National Bank of Glenview Oct. 23.

According to an FBI affidavit, Harry Rabin walked into the bank at 2821 Pfingsten Road at about 1:50 p.m. and handed a stick-up note written on the back of a withdrawal slip to a teller, who noticed that Rabin was holding a small revolver in his right hand concealed partially behind a newspaper, police said.

The teller took a plastic bag proffered by Rabin and filled it with \$3,200. Rabin took the bag and exited the bank, driving east

on Willow Road in a tan Toyota Camry.

Bank officials notified Glenview police, who immediately broadcast a description of Rabin and the getaway car. In moments, Rabin was spotted on Willow Road by police in an unmarked car who followed the offender until a marked squad arrived on the scene and began pursuit.

Rabin attempted to evade the police units, but was finally forced to stop because other police squads were blocking intersections along his path. Rabin was arrested by Glenview police

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## Niles residents complete Senior Academy



Cook County Sheriff's Office Deputy Director Bill Cunningham (left) and Niles Police Officer Joannie Birkenheller (right) congratulate Dorothy & Wally Krause, as the Niles residents proudly display their Senior Citizen Law Enforcement Academy Certificates of Completion. The two seniors were among nearly 40 graduates honored last month, after attending the eight-session program hosted at the Niles Senior Center, 8060 Oakton in Niles. Sheriff Michael F. Sheahan initiated the Academy to give participants a better understanding of the responsibilities of law enforcement officials as well as advice on personal safety and crime prevention. For more information on the Senior Citizen Law Enforcement Academy, please call (773) 869-7725.



### Holy Family Health Center's Spaghetti Fund Raiser Dinner

Holy Family Health Center's Annual Spaghetti Dinner and Raffle, Sunday, November 15 from 1-5 p.m. A delicious dinner buffet and great raffle drawings. All proceeds go to the enhancement of resident/patient services.

Tickets may be purchased at the door. Adults are \$7. Children are \$3. Holy Family Health Center is located at 2380 E. Dempster St., Des Plaines. For additional information, please call (847) 296-3335.

### District 63 meeting notice

A meeting of the Committee for Facilities Utilization of the Board of Education of East Maine School District No. 63, Cook County, IL, will be held on Tuesday, November 17, at 7 p.m.

in the Dr. Donald C. Stetina Educational Service Center located at 10150 Dee Road, Des Plaines. This meeting will be held for the purpose of discussing district facility usage.

### Morton Grove to meet Historical Society

The Morton Grove Historical Society will meet at 7 p.m. on Tuesday, Nov. 17, in the Baxter room of the Morton Grove Library. Following a brief general meeting, John Elliott, a Cook County Forest Ranger is stationed at the River Trail Nature Center in Northbrook, will present a program "The Chicago Portage and the Illinois & Michigan Canal." John will show slides and will explain why Chicago developed into a metropolitan area. Light refreshments will be served following Mr. Elliott's program. There is no admission charge.

### Niles Park District accepts donation



At the October Board meeting, Walt Beusse of the Niles Baseball League presented the Niles Park District Board with a check, on behalf of the Niles Baseball League. The contribution is to be used for safety features at the new park located at Touhy and Harlem Avenues. The Niles Park District thanks the League very much for their generosity and safety concerns.

### Shop & Share for Parkinsons

The American Parkinson Disease Association/Chicago Area Chapter with its fifty-eight support groups throughout Illinois and eleven chapters in Northeast Indiana will hold a Shop & Share fund raising program on November 16, 17 and 18, at all Jewel-Osco stores.

By shopping on one of those days, five percent of the total purchases, excluding tax and Osco merchandise, will be donated by Jewel to the organization. The American Parkinson Disease Association/CAC will use the entire proceeds generated by their Shop & Share to augment the Respite Care Fund, a program designed to offer relief from caregiving duties for spouses and families who care for frail elderly persons by providing financial aid, on a sliding scale, for day-time care in a health care facility or for services of trained home health aides.

Anyone interested in helping the American Parkinson Disease Association by shopping Jewel-Osco on those dates will need a "Shop & Share Identification Slip" and should contact the Chairperson, Chester Panek at (773) 774-2165 to obtain a slip before shopping, or contact the Chapter office at (312) 664-3880.



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**Health / Fitness**

**Consider earning a certificate in phlebotomy**

Are you interested in a career as a lab technician in a hospital or other health care facility? Oakton Community College's Medical Laboratory Technology Program (MLT) offers a certificate in phlebotomy, a well-defined skill involving the collection of blood for diagnostic testing.

Phlebotomy has become a fast-growing health care occupation and is considered a profession with a standardized educational

curriculum and accepted routes for national certification. As a result, health care facilities find it advantageous to require national certification of their phlebotomists to satisfy requirements by federal and state agencies.

To earn the Certificate of Phlebotomy, students must complete 10 hours of course work: Medical Terminology (HLT 104); Introduction to Health Care Issues (HLT 105); Phlebotomy (HLT

107); and Phlebotomy Practicum (HLT 204), in which students work as a phlebotomist in an actual health care setting.

For more information about the certificate program in Phlebotomy, contact Lynne Steele, chairperson, Medical Laboratory Technology at Oakton, (847) 635-1899.

Registration for spring classes begins Nov. 16. Students can register in person Monday-Thursday from 8:30 a.m. - 8 p.m.; Friday from 8:30 a.m. - 5 p.m.; and Saturday from 9 a.m. - noon at the Des Plaines campus, 1600 E. Golf Road, and at the Ray Hartstein campus, 7701 N. Lincoln Ave., Skokie.

Students who have applied and registered for Oakton classes since spring of 1996 may use the Touch-Tone Registration system during these hours. To register by phone dial (847) 635-1616 and refer to the computer ID number listed by the course title in the Spring Credit Class Schedule.

For additional registration information, contact Student Services at (847) 635-1741 in Des Plaines or (847) 635-1417 at the Ray Hartstein campus in Skokie.

**Family planning class to take place at Resurrection**

A natural family planning class will take place at Resurrection Medical Center, 7435 West Talcott Avenue, on November 17 at 7 p.m. in the Mother Hedwig Room on the ground floor.

Leading the class will be Sharon Dausman, Coordinator of Natural Family Planning for the Archdiocese of Chicago. Dausman will provide instruction in the ovulation and symptothermal methods of natural family planning, which are medically safe, inexpensive and effective means to avoid or achieve pregnancy.

Fee for the class is \$50. For more information or to register, contact Dausman at 312-751-8351.

**Center of Concern to celebrate anniversary**



The Center of Concern, 1580 N. Northwest Hwy., Park Ridge, is celebrating its 20th Anniversary with a dinner at the Park Ridge Country Club, 636 N. Prospect, Park Ridge on Saturday, November 14. Looking over plans for the event are Dr. Charles DiFranco, Auxiliary Board Member, and Mary A. Schurder, Executive Director, in front row and Auxiliary Board Members Kurt Litscher and Josephine Conlon in back row.

There will be entertainment by The Shannon Rovers and live and silent auctions. For further information or to make reservations, call (847) 823-0453.

**Center of Concern Calendar of Events**

- & Sat., Nov. 28 - Office Closed.
- Sat., Nov. 14, 20th Anniversary Celebration. By reservation only.
- Mon., Nov. 16, 23 & 30. Employment Counseling - by appointment only.
- Mon., Nov. 16, 23 & 30. Weight Watchers Support Group, 10 a.m.
- Tues., Nov. 24. Book Browsers group, in Room 4 on the Ground Floor, 1580 N. Northwest Hwy., 2 p.m.
- Wed., Nov. 18 & 25. Employment and Medicare Counseling - by appointment only.
- Thurs., Nov. 12 & 19. Support Group for Divorced/Separated Women, 10:30 a.m.
- Thurs., Nov. 26, Fri., Nov. 27 & Sat., Nov. 28 - Office Closed.

The Center of Concern's services and programs include: Personal Counseling, Senior Companions, Friendly Visiting, Shared Housing, Employment Opportunities, Money Management program, In Home Health Care, Escort Transportation, Information and Referral, Telephone Reassurance, Medicare Counseling, an Intergenerational Program, Legal Counseling, Financial Counseling and support groups. The Center is also a Salvation Army Service Unit.

Our monthly Wills program is held with the cooperation of the Chicago Bar Association on the first Wednesday of each month. All of these services are available by a call to The Center of Concern, (847) 823-0453.

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**Health / Fitness**

**Parenting can be fun: Focus on the Early Years**

Watching a child grow and change is just one of the many joys that are involved with parenting. Parents can do much to foster their child's growth and development during the early years of childhood.

On Saturday, November 14, a panel of experts in the health care and education fields, will present information about brain development in the young child, birth to age 6. The program will be held from 9 a.m. - 11 a.m. in the Performing Arts Center at

Oakton Community College in Des Plaines. Registration, resource information and refreshments will begin at 8:30 a.m.

This program is sponsored by Holy Family Medical Center Children's Learning Center and Pre-School, Oakton Community College, and Sparks Program District 62. For more information or to register, please call Mary Ellen Bleeden at 847-824-1065. There is a fee for the program.

**Beat the Cold, common sense is the best defense**

Winter brings with it dangerously cold temperatures that can cause health and safety problems if you are not prepared. If you have any older relatives, neighbors or friends, check on them often to make sure they are okay. If they do not have heat, call their local municipality or township about warming centers.

The following tips along with a little common sense should come in handy as long as winter is around.

Wear layers of warm, dry clothing including hats and

gloves; wet clothing negates insulating effect.

Cover exposed skin surfaces as protection from frostbite (numbness, red-white nose, chin, fingers, forehead, stiff cheeks); warm gradually by wrapping or placing next to warm skin; do not rub affected areas.

Be aware of hypothermia (body temperature 95 degrees or less); stiff muscles, putty face, slowed breathing, poor physical condition, mental confusion; if these signs are recognized, call 911 immediately.

**Resurrection Auxiliary to host luncheon fashion show**

"Winter Fantasy" will be the theme for the annual luncheon and fashion show sponsored by the Resurrection Medical Center Auxiliary on November 14 at the O'Hare Marriott Hotel, 8535 West Higgins Road. A social hour will begin the event at 11:30 a.m. and will be followed by the luncheon and fashion show.

Proceeds will go toward the Auxiliary's \$300,000 pledge to support renovation and expansion of Resurrection's Center for Reproductive Medicine and its Martin R. Sullivan Library and Medical Information Center.

Models from Creative Impact Group will be joined by Resurrection Auxiliary members, volunteers, physicians, staff and their families in wearing the latest fall and winter fashions for men, women and children.

A raffle drawing will be held to award the grand prize of a trip for two to Hawaii, including round trip airline tickets courtesy of American Airlines and lodging. Other prizes to be raffled off include a casino trip for two, including limousine service, dinner and spending money; a \$500 savings bond; a Panasonic color television with a VCR and a radio; a "Breakfast for Two" package at the O'Hare Marriott Hotel; a



Resurrection Medical Center staff members and their children ready to model in the Auxiliary's annual luncheon and fashion show include (from left) Chris Palmisano and her daughter, Alyssa, Michael Zima and his children, Anika and George, and Becky Rufo and her daughter, Torri.

weekend package for two at the Chicago Hilton and Towers and a dozen Beanie Babies. Tickets are \$37.50. For more information or to purchase tickets, call (773) 792-9933.

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Thanks to the StableLives® Diabetes Program, I take better care of myself. I have lost weight, my diabetes is under control, and my blood pressure and cholesterol are back to normal. Now, when Vera calls to learn how I'm managing my diabetes, I tell her I feel great."

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## Community Calendar

### ARTS & CRAFTS

**Sat., Nov. 14**  
**Holiday Craft and Bake Sale**  
Our Lady of Ransom Parish will host its 28th annual Holiday Craft and Bake Sale from 9 a.m. - 6 p.m., November 14 and 8 a.m. - 2 p.m., November 15 at 8300 Greenwood, Niles. Handcrafted items, ornaments, wreaths, homemade baked goods and much more will be available. Come try your luck at our Beanie Baby Raffle and

Grand Raffle. Admission is free.  
**Sat., Nov. 14**  
**Resurrection Arts & Crafts Fair**  
Resurrection High School will host its annual Fall Arts and Crafts Fair on Sat., Nov. 14, from 10 a.m. - 4 p.m. The fair features a wide variety of handcrafted holiday items and other creative works at over 200 booths, as well as lunch and raffle prizes. Admission is \$2 for adults, \$1 for seniors and children under 12 are free. For more information, call (773) 775-6616, ext. 27.

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### BAZAAR

**Thurs., Nov. 19**  
**Holiday Bazaar**  
Oakton Community College's Annulants (association for retired employees) and Classified Staff presents its annual Holiday Bazaar on Thurs., Nov. 19 from 9 a.m. - 4 p.m. at the Des Plaines campus, 1600 E. Golf Rd. Admission and parking are free. Over 25 vendors will be selling new merchandise and craft items including Christmas ornaments, 14-karat jewelry, children's books, painted sweatshirts and much more. For more information about the Holiday Bazaar, call (847) 635-1812.

### BUSINESS

**Thurs., Nov. 19**  
**Leadership Workshop**  
The Des Plaines Chamber of Commerce & Industry's Foundation will hold the last workshop in the Leadership '98 series. It will be held on Thurs., Nov. 19, from 7:30-9:30 a.m. in the Chamber Conference Center, 1401 Oakton St., Des Plaines. "Handling Emotions Under Pressure" will be the featured topic. A continental breakfast will be provided. Cost is free for Chamber members and \$20 for non-members. Reservations are required and may be made by calling the Chamber office at 824-4200 by Nov. 16.

### ENTERTAINMENT

**Nov. 12 & 14**  
**Civic Ballet**  
The Civic Ballet of Chicago serves the Chicago area through seasonal performances for audiences, professional performance opportunities for young dancers and the promotion of emerging choreographers. The Civic Ballet of Chicago will premiere Thurs., Nov. 12 & Sat., Nov. 14, 7:30 p.m. at the Harold Washington Library Theater, 400 S. State, Chicago. For more information or tickets, call (312) 337-6544.

### Nov. 14 & 15

**Disney Magic**  
Announcing a spectacular two-day Disney Event at European Imports & Gifts, Oak Mill Mall, 7900 N. Milwaukee, Niles Nov. 14 & 15, 11-4-Sat. and noon-4-Sun. Featuring an exclusive appearance on Nov. 14 only: Mary Costa, the voice of Sleeping Beauty. Attend a "Conversation with Mary Costa," 2 p.m. Celebrate Disney's 75th Anniversary with cake at 1:30 daily. Call Pat Shaw for details, (815) 334-9019.

### Sun., Nov. 15

**Doll, Bear, Beanie Fair**  
Sun., Nov. 15, 8-4. Kane County Fairgrounds, Randall Rd. between Rts. 64-38, St. Charles. Admission: \$4, children under 12 free. Info, Audrey Willmann, (630) 264-0004. Two buildings full of antique, new, artist, collectible dolls, and bears, supplies, clothes, G.I. Joe, Barbie, Star Wars, Muffy, Steiff, furniture, clothes, museum quality toys. 17th year, the best in the Midwest.

### Nov. 15-22

**Dead End**  
Columbia College Chicago's theater department opens its mainstage season with *Dead End* by Sidney Kingsley, gritty drama set in a 1930s tenement street. Columbia College Chicago, Getz Theater, 72 E. 11th St. Sun., Nov. 15-Sun, Nov. 22. Various times. Admission is \$2. (312) 344-6126.

### Nov. 20 & 21

**Long Walking**  
Mordine & Company Dance Theater presents a preview of Long Walking with an original score by composer Amnon Wolman. Columbia College Dance Center, 4730 N. Sheridan Rd. Fri., Nov. 20 and Sat., Nov. 21 at 8 p.m. Admission is \$20. (773) 989-3310.

### Nov. 20-22

**State Fair**  
Regina Dominican High School will present the 1998 fall musical, *State Fair*, Fri., and Sat.,

Nov. 20 & 21, at 8 p.m. and on Sun., Nov. 22 at 2 p.m. in the O'Shaughnessy Theatre. This year's musical is a Rodgers and Hammerstein work, the only piece originally written as a movie. The musical score of this fun-filled, exuberant musical includes "It's a Grand Night for Singing," and the Oscar-winning "It Might as Well Be Spring." Tickets are reserved and cost \$7. They may be purchased at the box office prior to each performance or by calling (847) 256-7660.

### Nov. 20-22

**Steel Magnolias**  
The young women of St. Scholastica Academy will present Robert Harling's popular play, with its action set in a Louisiana beauty salon. A mix of humor and sadness, the show warmly portrays the interaction of a group of southern ladies through good times and bad. Show times are 8 p.m., Nov. 20 & 21; 2 p.m., Nov. 22. Admission is \$6; call (773) 764-5715, ext. 356.

### EXHIBITION

### Through Nov. 15

**Pope John Paul II Exhibition**  
Postage stamps, covers and postmarks of his World Pilgrimages and Pastoral Visits at the Polish Women's Alliance of America, Madam Curie Hall, 205 S. Northwest Hwy., Park Ridge. 10 a.m. - 6 p.m. weekdays and 10 a.m. - 4 p.m. Sat. & Sun. Free admission.

### GENEALOGY

### Nov. 19

**Scottish Research**  
Professional genealogist Maureen Brady will speak about "Getting Started in Scottish Research." Continued on Page 14

### Mother-Son

### Blat at Grennan Heights

Change in Plans...  
No more loungin' around at this event! There is so much fun to be had than just watching movies. We have a night filled with so many activities; you won't be able to keep your feet from movin'!

Come to Grennan Heights for a night of sports, games, and tons o' fun! November 21 from 6-9 p.m.

Moms and sons will participate in an active game of volleyball, or perhaps team up for a relay race.

This is your chance to build that bond between the two of you. So all you sons, grab mom & bring her to HLC to register for this great event. Open to sons 5-10 years. Fee is only \$13 couple, or \$11 for resident of the Niles Park District (\$4 for each additional son).

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## Community Calendar

### GENEALOGY

Continued from Page 12

search" at the Nov. 19 meeting of the Northwest Suburban Council of Genealogists. The meeting begins at 7:30 p.m. at Forest View Educational Center, Room 100, 2121 S. Goebert Rd., Arlington Heights. It is open to visitors and prospective members. For more information, call (847) 398-1884 or (847) 593-8160.

### HEALTH

Tues., Nov. 17

**Lecture on Snoring**  
Swedish Covenant Hospital (SCH) will offer a free lecture titled "Snoring Can Be a Danger Sign," on Tues., Nov. 17, 7 p.m., in the Anderson Pavilion Auditorium. Pulmonologist Dr. Iraj Delfani and Director of SCH's Respiratory Care Program Dave Walsh will explain symptoms and discuss the latest treatments for snoring. They will also talk about new technolo-

gies that allow home testing for sleep apnea, a symptom of a serious, sometimes life-threatening sleep disorder. For more information, please call (773) 989-3838.

Wed., Nov. 18

### Aching Feet

The first step to relieving foot pain is just a phone call away. Wed., Nov. 18 is annual Illinois Foot Health Day. On this day, residents can call 1 (888) 869-FEET (8338) between 9 a.m. and 5 p.m. and talk with expert podiatrists about their foot problems. IPMA serves more than 650 podiatric physicians state-wide. The association offers educational and professional development services and promotes the benefits of podiatric medicine to health care professionals and consumers. For more information contact the IPMA at (312) 427-5810.

**Alternative Therapies**  
"Alternative/Complementary Therapies - Help or Hoax?" will be the title of a free community education program at Resurrection Medical Center, 7435 W. Talcott Ave., Nov. 18, 10 a.m.-noon in the Mother Hedwig Room. The program will include physicians, a pharmacist and a dietitian who will discuss the rise in the use of alternative therapies for medical conditions. They also will discuss important issues to consider when choosing the therapies. Registration is required. For more information and to register, call (773) RES-INFO (737-4636).

### HOLIDAY

Sun., Nov. 15

### Holiday Boutique

Beth Hillel Sisterhood presents its "Ultimate" Holiday Boutique '98 on Sun., Nov. 15, 10 a.m.-3 p.m. at the Congregation, 3220 Big Tree Ln., Wilmette. Exciting raffle prizes. Lunch available. Ample parking.

## Mary Costa voice of 'Sleeping Beauty' to appear in Niles



European Imports and Gifts, 7900 Milwaukee Ave., will host a two-day Disney Extravaganza on Nov. 14-15, when Oak Mill Mall is transformed into a setting fit for a princess. Special guest on Nov. 14 will be renowned actress and singer Mary Costa, the voice of Princess Aurora in the classic Disney film *Sleeping Beauty*. She will be on hand to greet fans and sign special certificates for the Walt Disney Art Classics sculptures based on the award-winning film. The event is part of an on-going celebration commemorating 75 Years of Disney Magic. On Saturday, children under 12 can take part in a 'Sleeping Beauty Look-Alike Contest' between 2-4 p.m. A full agenda of activities are planned for free gifts, drawings and a birthday cake will complete the event. The first 200 guests each day will receive a free Mickey or Minnie bean-bag plush doll and guests can have their photo taken with Mary Costa. The event is free and open to the public.

### LECTURE

Tues., Nov. 17

### Scholar Patricia Churchland

Patricia Churchland, an internationally renowned writer and lecturer on philosophy and the brain, will speak on "Ten Core Problems in Neurophilosophy" on Tues., Nov. 17, at 3 p.m. at Loyola University Chicago. The talk, which is free and open to the public, will be held in the Crown Auditorium on Loyola's

Lake Shore campus, 6525 N. Sheridan Rd. A reception will follow the lecture. For more information on the lecture or minor program, contact William Yost, director of the Interdisciplinary Neuroscience Minor at (773) 508-2712.

### MEETING

Wed., Nov. 18

### Norwood Park Historical Society

Please note the regular monthly meeting will be held one week earlier because of the Thanksgiving holiday. Our speaker will be NPHS President Tom Spenny. He'll talk about the early history of Norwood Park from the time of the earliest settler in 1833 - Mark Noble. Join us on Wed., Nov. 18, 7:30 p.m. at the Crippen House, 5624 N. Newark.

### SCHOOL

Mon., Nov. 16

### Photography

Heavy Breathing: Story as a Response to Photographs. Eugenia Parry speaks as part of the Photography department's lecture series Words of Vision. Museum of Contemporary Photography, 2nd Floor Print Study Room, 600 S. Michigan Ave. Mon., Nov. 16, 6 p.m. \$5 admission. (312) 663-5554.

Continued on Page 15

### SINGLES

Continued from Page 14

Fri., Nov. 13

### Chicagoland Singles Dance

The Chicagoland Singles Association and The Aware Singles Group invite all singles to a "Black Friday" Multi-Club Dance at 8 p.m. on Fri., Nov. 13, at the Wyndham Hamilton Hotel, 400 Park Blvd., I-290 & Thorndale E., 5-miles west of Rt. 83, Itasca. Women dressed in black will be admitted free before 9 p.m. DJ music will be provided. Admission is \$6. For more information, call (773) 545-1515.

Nov. 13

### North Suburban Shabbat Singles

North Suburban Shabbat Singles (35+) will meet Nov. 13, Northshore Congregation - Israel, 1185 Sheridan Rd., Glenview. Services at 8 p.m., followed by an Oneg Shabbat. For information, call Rosanne, (773) 761-6862.

Fri., Nov. 13

### Good Time Charley Singles Dance

There will be a Good Time Charley Singles Dance at 8 p.m. on Fri., Nov. 13 at the Wilbrook Ballroom, 8900 S. Archer Ave., Willow Springs. All singles are invited. Admission is \$5. For more information call (877) GTCHARLEY.

Nov. 13 & 14

### St. Peter's Singles Club

All singles or widowed persons over 45 are invited to the following St. Peter's Singles Club dances. Fri., Nov. 13, Golden Flame, 6417 Higgins and Sat., Nov. 14, Polynesian Village, 6845 W. Addison. Dance time both dances, 8:45 p.m. Cost both dances, \$7. Live bands. Coat and tie required.

Sat., Nov. 14

### Jewish Social Singles

Join JSS for great food and drinks at Ed Debevic's, 660 Lake Cook Rd., Deerfield. Join us at 7:30 p.m. \$8/person + dinner, tax & tip are your responsibility. If you have any questions or need directions, call (847) 579-0755.

## St. Andrew Home to hold Rummage Sale

Saint Andrew Home, 7000 N. Newark Avenue in Niles, will be holding their annual Rummage Sale on Saturday, November 14th from 9 a.m. to 3 p.m.

A large variety of items including furniture, household goods, small appliances, clothing, jewelry, knick-knacks, games, T.V.'s, books, craft items, religious articles and more will be sold.

A "mini" holiday craft sale, refreshments and the ultimate entertainment book will also be available throughout the day.

Plenty of parking available in two lots. For further information, call Geri at 847/647-8332.

Sat., Nov. 14

### T.G.I.S. Singles

T.G.I.S. Singles will have a Big Saturday Illinois Meets Indiana Super Singles Dance at 8 p.m. on Sat., Nov. 14, at The House of Lynwood, 20909 S. Torrence Ave., Lynwood. Door prizes-1 Color TV with Remote. Ladies in free before 8:30 p.m. All singles are invited. Admission is \$5. For more information, call 1 (877) GTCHARLEY.

39+ Jewish Singles

Dinner and entertainment at Zhivago's, Sat., Nov. 14. RSVP for time. Call Sidney Ezra, (847) 674-6800.

Sun., Nov. 15

### Good Time Charley Singles Dance

Good Time Charley Singles will sponsor a Free Admission Singles Dance with Free Buffet at 8 p.m. on Sun., Nov. 15, at BG Fellows, 5055 W. 111th St., Alsip. All singles are invited. For more information, call toll free at 1 (877) GTCHARLEY.

Sun., Nov. 15

### Jewish Social Singles

We need you for bowling with JSS! We have 2 leagues to choose from. Join us at Brunswick Niles, 7333 Waukegan Rd., Niles at 1:15 p.m. and/or at Classic Bowl, 8530 Waukegan Rd., Morton Grove 7:30 p.m. \$16/person. Teams are always forming, so come out and join us. For further information, call (847) 579-0755.

Sun., Nov. 15

### North Shore Jewish Singles 50+

7:30 p.m. Rap Session \$4 includes refreshments & socializing at "What's Cooking Restaurant" Lower Level, Lincoln Village Shopping Center, 6107 N. Lincoln Ave. Subject: Jewish Book Month. If you have read any books of Jewish contents, even if you haven't, join us. Reservation a must, call (847) 675-5752.

Sun., Nov. 15

### 39+ Jewish Singles

Breakfast at Old Country Buffet, 10:30 a.m., Sun., Nov. 15. Call Estelle (847) 674-4809.

Sun., Nov. 15

### Singles Dance

The Spires Sunday Evening Club for Widowed, Divorced

and Single Adults will sponsor an evening of Ballroom Dancing for singles. Music for your dancing pleasure by Mario's High Society Band at Morton Grove American Legion Hall, 6140 Dempster, Morton Grove, IL. 7:30 to 10:30 p.m. Members \$5. Guests \$6. Hotline 1-847-965-5730.

Wed., Nov. 18

### North Shore Jewish Singles 50+

7:30 p.m. \$4 Open Meeting at Congregation Beth Hillel, 3220 Big Tree Ln., Wilmette. Presenting David Gordon. Subject: The secret to preserving your wealth. Refreshments & Socializing. For info. call (847) 676-2872.

Sat., Nov. 21

### North Shore Jewish Singles 50+

7:30 p.m. Theatre \$6 at Mt. Prospect Theatre, 1000 Central Ave. Comedy: "But Why Bump Off Barnaby" Reservation by Nov. 18. Call (847) 679-2953.

### WOMEN

'Yes She Can!'

"Yes She Can!" is the theme for the 1998 Choices For Success one-day conference to be held at William Rainey Harper College in Palatine, on Sat., Nov. 14, from 9:30 a.m. - 3:30 p.m. The conference, designed by representatives from a nonprofit consortium of northwest suburban community organizations is open to young women grades 6-10 who want to gain an edge on career success. The fee to participate is \$12 per person, \$10 each for groups of three or more. Grant funds are available. To register call (847) 925-6100. Limited space will be available.

### Women's Pay Issues

Working women today most often identify pay problems, such as unequal pay or low pay for female dominated jobs, as their number one concern at work. Women Employed is inviting women to discuss and help identify workable solutions to the pay problems women experience at a public forum on Nov. 18. The Northern Trust Company, 181 W. Madison, 7th floor, Wed., Nov. 18, 5:30-7 p.m. The forum is free of charge. Reservations can be made by contacting Women Employed at (312) 782-3902.

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GOOD THROUGH NOV. 30, 1998

**Dining / Entertainment**

**Fox Valley Symphony begins new season 'Actions to Words/Words to Actions'**

As a gift to the community's concert-goers the Fox Valley Symphony has crafted an irresistible musical program for its season opener at 8 p.m. Saturday, November 14, in the Paramount Arts Centre in Aurora.

The Fox Valley Symphony is tuned up and ready for Maestro Fusao Kajima to raise his baton. The dates for this four concert season are November 14, February 6, April 11 and May 8, 1999.

Internationally acclaimed violinist Jennifer Koh will perform the Brahms "Violin Concerto" November 14.



Ann James as the Nurse (left) and Christine Calkins as Juliet (right) perform a scene from ChicSpere Production Company's Shakespeare Shorts.

On Saturday, February 6 a hometown hero, bass Eric Halfvarson, an internationally acclaimed artist of the top rank will return to Aurora, the place of his musical origins. He is the son of Lucille and Sten Halfvarson.

Animal fanciers from 8 to 88 and beyond will find much to love in the Fox Valley Symphony's annual Family Concert at 3:30 p.m., Sunday, April 11. Especially fun for children on this concert is "Peter and the Wolf" the enduring favorite by Prokofiev.

On Saturday, November 21, ChicSpere Production Company will bring its interactive program "Actions to Words/Words to Actions" to the Park Ridge Public Library. The 40-minute program, designed for children 4 years old and up and their parents, will begin at 2 p.m.

Tickets may be ordered at the symphony office (630) 896-1133.

ChicSpere Production Company is a Chicago-based theater presenting popularly accessible, text-based productions and programs on Shakespeare. Since the fall of 1995, it has worked with over 20,000 people ranging in age from two to ninety-two in area schools, libraries, retirement centers and other community education sites.

In "Actions to Words/Words to Actions" professional actors lead children in theater games based on texts from Shakespeare's plays. Stirring their imaginations with the liveliness of performance, we show children how the sound, rhythm and "feel" of the language itself helps create vivid characters and scenes. It's a program both readers and non-readers can enjoy.

**Banquet at Tam**

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**Dining / Entertainment**

**Pheasant Run Theatre presents Cabaret Christmas**

Spice up your holiday season this year with Pheasant Run Theatre's all new production, "Cabaret Christmas." This holiday review brings you traditional Yuletide favorites with an exciting new approach. Packed with a variety of song and dance, from rock and country, all the way to gospel, this multi-media evening is sure to get you into the spirit of the season. There's even a Swing Dance version of "Santa Claus is Coming To Town." The energized cast of "Cabaret Christmas" is filled with some of Chicago's best vocalists and dancers. Don't miss Pheasant Run Theatre's production of "Cabaret Christmas!" running November 20-January 3, 1999.

Dinner and theatre times are as follows: Thursdays at 7 p.m. (dinner)/8:15 p.m. (performance); Fridays at 7:15 p.m.; Saturdays at 4:15 p.m. or 8:30/9:45 p.m. and Sundays at 12:30 p.m. (Sunday Brunch)/2:15 p.m. or 5:45/7 p.m. Dinner theatre tickets start at \$38; show only tickets start at \$20. There will be no performances on Thanksgiving or Christmas Days. Special packages and performance times for our New Year's Eve performance. Group, children and senior discounted tickets are available. Overnight packages are also available. Parking is free. Ask about our Smoke-Free Performances.

For tickets call (630) 584-MEGA (6342) or TicketMaster at (312) 559-1212. For overnight packages or further resort information call (630) 584-6300.

**Jazz concert to feature The Marcin Januszkiewicz Trio**

The St. Mary of the Woods Fine Arts Council announces its next event: The Marcin Januszkiewicz Trio, Sunday, November 15, at 7 p.m.

Marcin Januszkiewicz is an accomplished jazz pianist and composer. His most recent accomplishment was placing sixth in the Jazz Category of "The John Lennon Songwriting Contest" with his song "Kuyawiak." Over 2,000 compositions were entered.

The concert will include traditional jazz as well as original pieces by Marcin. A freewill offering will be taken to help defray the cost of the event.

St. Mary of the Woods is located on the Northwest Side of Chicago in the community of Edgemoor. The church is located near the corners of Hiawatha (6200W) and Mendota, four blocks south of Touhy (7200N).

For more information, please contact Mary Anne Eichhorn at St. Mary of the Woods, (773) 763-0206.

**Chicago Zither Club Fall Concert and Dinner Dance**

The Chicago Zither Club will hold a Fall Concert and Dinner Dance on Sunday, November 15 at Grazi (formerly Knickers), 1050 E. Oakton, Des Plaines. The concert will be held at 3 p.m. and dinner will begin at 5 p.m.

Traditional and current favorites will be on the musical agenda, followed by dinner, dancing and conversation. Tenor Richard

Gersten will be there to enhance the zither music. Fred Fischer and his orchestra will take care of the dance music.

Tickets: Concert, dinner and dancing are \$35. For more information, phone (630) 773-2432.

"A teacher affects eternity; he can never tell where his influence stops."  
--Henry Brooks Adams

**All That Jazz!**

Tonight, at 7:30 p.m., all-time jazz favorites will resonate from the Niles North High School Auditorium. The schools' two vocal jazz groups, "Take One," and "Sound Check," will be joined by the Niles North Jazz Band as they present their fall concert. The free concert is open to the public.

The featured groups will perform favorites such as: "On the Street Where You Live," "Our Love is Here to Stay," "Ruby Baby," "All of Me," "Sing a Song," "Helplessly Hoping," "Jumpin' with Symphony Sid," "The Boy From New York City," and original band composition, and more.

"Take One" is directed by Daniel Gregerman, "Sound Check" by Keri Chryst with Assistant Director Barry Grossman in charge of the rhythm sections of both groups, and David Ruth is the director of the jazz band.

For further information on the Fall Jazz Concert contact Daniel Gregerman at (847) 568-3416.

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## Church and Temple News

### JWVA National President visits Illinois

Barbara Greenberg of Kingston, PA, the 67th National President of the Jewish War Veterans Ladies' Auxiliary of the USA, will make her official visit to the Illinois auxiliaries the weekend of November 21-22. Past State President, Ann Weiss, who is currently serving as President of Aux. 328 is coordinating the weekend's activities with Bernice Kessler, Pres. of Aux. 347, Janet Schatz, Pres. of Aux. 282 and

Mildred Miller, Pres. of Aux. 407. There will be a dinner held in the National President's honor as well as a breakfast brunch followed by a meeting and tour of the Kagan Home for the Blind. A gift will be presented to the Home in honor of the National President.

### Community invited to sing along

Congregation B'nai Jehoshua Beth Elohim invites the community to join with them in an evening of singing along to popular songs and show tunes, Sunday, Nov. 22, at 4 p.m., at 901 Milwaukee Avenue, Glenview.

The program lead by the congregation's Cantor, Cory Winter, will feature a wide range of popular songs, including Broadway tunes, Hollywood hits, and great American songs.

Tickets are \$18 per person for the sing-a-long, and \$25 per person for the sing-a-long and a picnic dinner of hot dogs, hot beef sandwiches, hot chicken sandwiches, and ice cream.

For information, contact Shari Bauer (847) 729-7575.

### Knightly News & Views

North American Martyrs Council 4338, Knights of Columbus' Church Director Carl Farina invites everyone to the Annual Memorial Mass on Wednesday, November 18. This special mass, where all deceased Brother Knights will be remembered, will be held at 7 p.m. in St. John Brebeuf Church, 8307 N. Harlem Ave., Niles. Immediately following the mass will be PGK Irv Blaszyński's Turkey Shoot Extravaganza in Flanagan Hall. All members, their families and friends are invited to attend both events. Irv has again promised a multitude of prizes for the lucky winners. Come join us for this great evening of fun. You never know what can happen. You may go home with a turkey.

The new and improved Entertainment Books for 1999 are here. This year's book is the biggest ever, as the North and Northwest have been combined into one edition. Other Metropolitan areas are also available. The Council is providing them for \$35 each. To order your copy, contact Ken Lee at (847) 967-6234. (Local delivery available.) All funds will be applied to the handicapped project, benefiting many people.

### Congregation's Singles Club sets program

The friendship-activity club for singles 40+ years of age, formed by B'nai Jehoshua Beth Elohim, Glenview, and chaired by Marion Rosenberg, Glenview, has announced their programming.

Tuesday, Nov. 17's program, to be held at BJB, 901 Milwaukee Avenue, Glenview, will start at 7:30 p.m., and will feature Marlene Skolnik, LCSW, a social worker with 10 years' experience, who will speak on Dealing with Problems of Singles.

A pre-Chanukah event will be held on Sunday, Dec. 6, at 12:30 p.m., at the Holiday Inn on Touhy

Avenue, in Skokie. An afternoon filled with music and entertainment, a grab bag, and a lunch featuring potato latkes is being planned. Reservations, at \$15 per person, are limited so reservations should be made early.

Individuals who wish to be included in BJB's Single Friendship Club Directory may send a form with name, address, and telephone number to BJB, 901 N. Milwaukee Avenue, Glenview, IL 60025, marked to the attention of Renee Kahn, Single Friendship Club Directory.

For information, contact Marion Rosenberg (847) 729-9547.

### Third Annual Book Fair at EPLC

Edison Park Lutheran Church announces its Third Annual Book Fair to be held Sunday, November 22, 9 a.m. until 1 p.m. in the North Fellowship Hall at the church, 6626 N. Oliphant Avenue, Chicago.

This is a great opportunity to find good Christian and secular books for your holiday gift-giving. Book selection is provided by several of last year's participants: Augsburg-Fortress, Light-

house in Norridge, Dorling Kindersley Family Learning, and Victoria's Used Books of Arlington Heights. There also will be a limited selection of crafts and giftware. Proceeds from the sale will benefit Dr. Stanley Quaneck and his Medical Mission in Madagascar.

Sunday worship is at 7:30, 8:30 and 11 a.m. There is handicapped accessibility from a ramp at the south parking lot entrance, as well as by a lift available at the tower entrance of the church at the corner of Avondale and Oliphant. For information about the Book Fair please contact Judi Johnson at (847) 439-5834.

### Des Plaines Valley Geological Society meeting

The next monthly meeting of the Des Plaines Valley Geological Society will be on November 19.

"Beads, Ancient to Modern Uses," a slide program telling the history of beads, bead making, and their uses from ancient times up to the present days, including fashions and fads and the collecting of fascinating beads, will be given by Doris Kemp.

Doris Kemp, a consultant and lecturer for the Lizzadro Museum of Lapidary Art in Elmhurst has been actively engaged in lapidary and jewelry making since 1956. Doris is a Past President of both the Chicago Lapidary Club and the Chicago Gem and Minerals Association, and is an honorary member of the Midwest Federation.

Monthly meetings of the Des Plaines Valley Geological Society are held on the third Thursday of each month at Our Lady of Ransom School, 8300 N. Greenwood Ave., Niles, at 8 p.m. Refreshments will be served and all ages are welcome. We encourage all interested persons to attend.

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## Senior News

### Important numbers to know

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 Illinois Foundation for Medical Care.....1-800-647-8089  
 Answered Monday through Friday, 8 a.m. until 4:30 p.m.  
 Medicare Part A Claims.....1-312-938-6266  
 Medicare Part B Claims.....1-800-642-6930  
 Home Health and Hospice Claims.....1-803-788-4660  
 Social Security Administration.....1-800-772-1213  
 Medicare applications and new/replacement Medicare cards  
 Provides Medicare handbook.  
 Medicare Equipment Claims.....1-800-270-2313  
 Durable Medical Equipment, Regional Carrier  
 Railroad Retirement Medicare.....1-800-833-4455  
 United Health Care  
 Senior Health Insurance Information Program (SHIP).....1-800-548-9034  
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### Maine Township Food Pantry Senior Volunteers



Each week a handful of dedicated volunteers staff the Township's emergency food pantry and pack boxes of food for hungry families. Each box of food contains a predetermined balance of food products based on family size, recommended nutritional standards and available resources. "We're always in need of donations of food or cash for the food pantry," said General Assistance Director Marsha Warnick. Packing food boxes for the hungry are, from left: Charlie Austin from Park Ridge; Charles LeValley and Charlene LeValley of Niles.

### St. Matthew Lutheran Home

A loving, caring community of older adults



St. Matthew Lutheran Home in a quiet residential area of Park Ridge, provides services designed to meet the changing needs of adults. We are committed to providing the best services and care to those we serve.

- Long-term nursing care with 24-hour supervision.
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- Specialized care for adults with Alzheimer's disease and related dementia.
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For further information call Barta Wilson or Maria Tokarz  
 St. Matthew Lutheran Home is a program of Lutheran Social Services of Illinois

### 'Grief' will be subject of talk at Norwood Park Home

Grief is a subject that many people try to avoid and others are unable to accept. It is an important topic for both men and women regardless of their age.

Dr. Joan Durlacher, Psy.D., will discuss the subject of "Grief," at 2 p.m., on Wednesday, Nov. 18, at Norwood Park Home, 6016-20 N. Nina Ave., Chicago. Her talk will explain why the grief process is more difficult now, what is grieving and what is grief work and its goals. She also will discuss the emotional journey of grief, emotions that may surface and how to manage them.

Dr. Durlacher is a clinical psychologist with her own practice in Mt. Prospect. She provides psychotherapy for adolescents, adults, couples, families, and groups. Although she specializes in general psychology, she assists clients in working through grief issues related to sudden losses, as well as protracted grief processes associated with terminal illness. She is a member of the American Psychological Association and the Association for Death Education and Counseling.

A question and answer session will follow, and refreshments will be served after the program. For more information regarding this event, upcoming Timely Talks or the Norwood Park Home, call (773) 631-4856.

### Is Managed Care the answer?

Managed care plans have emerged as the dominant form of health insurance plans without the consent or knowledge of the American health care consumer.

Although managed care is the darling of most employers due to the perceived cost-saving abilities of the plans. What seemed to be the answer to stop the skyrocketing premiums of Fee-For-Service health insurance plans, has proved to be less than effective.

Recent newspaper headlines announced "HMO fees heading up again" signaling the end to the five-year honeymoon from soaring health insurance costs. The new round of predicted increases in HMO premium is expected to encourage employers to begin another search for cheaper plans or drop coverage all together.

Fee increase predictions leads to speculation that managed care plans are not the cost-saving instrument many believed in the early health care debate. Yet managed care, when applied in the strict sense of its mission, could be the health care plan that best meets the needs to provide quality care and contain cost.

The American Association of Retired Persons believes that in order for managed care to be successful, plans need built-in consumer protections. The Association feels that health coverage cannot be based on how much it saves money without regard for how well it responds to consumers' needs. In other words, less emphasis on managed and more on care. The concepts embodied in managed care are not new. Predecessor organizations to managed care plans were prepaid group practices. Features of these plans were: group practice, prepayment combined with capitation, voluntary enrollment, and not-for-profit tax status. The most recognized prepaid group practices were Kaiser on the west coast, HIP in New York, Group Health Association of Washington, D.C. and Group Health Cooperative of Puget Sound in Seattle.

The goal of early prepaid group practice plans was to provide coordinated care in a cost-effective way. Sound familiar? Today, managed care integrates the delivery of care with the financing of coverage that consist of three main elements: negotiated reimbursement; restricted number of providers; and some type of utilization review.

It is widely accepted that the United States has the finest health care system in the world, but most Americans have not been good consumers through the years and costs have gotten out of hand.

Managed care is seductive in that it promises preventive and primary care coupled with more efficient management and utilization of resources. But, recent announcements of potential rate in-

creases dashes hopes that managed care will provide meaningful cost savings for employers or the consumer.

Everyone grew up with Fee-For-Service unaware that the system had built-in financial incentives. Since doctors and hospitals there were incentives to over treat. In managed care, financial incentives are reversed. Since health plans pay a fixed fee in advance, providers retain more revenues if they provide fewer expensive services. In this case, the incentive is to under treat.

AARP along with Families USA, Kaiser Permanente, Health Insurance Plans, and Group Health Cooperative of Puget Sound proposed 18 principles to the President's Advisory Council on Consumer Protection and Quality in the Health Care Industry to be considered as guidelines for regulatory laws. For further information, call AARP at (773) 714-9800.

\*\*\*  
 Love is a great beautifier.  
 —Louisa May Alcott,  
 Little Women

### Glenview Terrace hosts Alzheimer's Caregiver Seminar

In recognition of National Alzheimer's Month in November, Glenview Terrace will host a caregiver seminar "The Many Faces of Alzheimer's: A Panel Discussion Presenting Caregiver and Professional Perspectives" on Friday, November 13.

From 9 to 11 a.m., a panel of caregiver volunteers and staff from the Greater Chicagoland Chapter of the Alzheimer's Association will present anecdotal information and advice about caring for a spouse and a parent with Alzheimer's disease. The panel will also feature David Bennett, M.D., Director of the Rush Alz-

heimer's Disease Center; Torhee Smith, Corporate Director of Alzheimer's Services for Carepath Health Network; and Kent Barnheiser, Executive Director of the Greater Chicagoland Chapter of the Alzheimer's Association.

Reservations are requested; for more information call Erika Salmen, Director of the Alzheimer's Care Unit at Glenview Terrace, at (847) 729-9090. Glenview Terrace is located at 1511 Greenwood Road in Glenview.

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It is with the same compassion and clinical excellence that we developed our Alzheimer's Care Unit - a unit that separates early, middle and later stages of the disease to enhance optimum health, dignity and physical functioning. Residents with early stage Alzheimer's can still enjoy an independent environment with structured activities and supervised outings. Middle stage residents receive the necessary redirection and cues to enhance existing abilities. And, residents with late stage Alzheimer's additionally receive the skilled nursing care required to address their changing physiological needs.

Our intensive, activity-focused programming is individualized and structured to meet the needs of the resident during every stage of the disease and is supervised by staff specially trained by Alzheimer's experts to provide exceptional clinical care and compassionate emotional support. Monthly family support groups and a resource center help provide needed information for families to help them cope in their role as caregiver.

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## Senior News

### Lincolnwood Seniors Club

The Lincolnwood Seniors Club invites the community to

join them on Wednesday, Dec. 23 for a trip to the Ford Center For Performing Arts (the former Oriental Theatre) to see Ragtime - The Musical.

The seniors will have lunch at the Como Inn Restaurant in Chicago. Lunch includes a choice of Grilled Chicken Salad or Ravioli with Meat Sauce. All entrees include Italian Bread and Butter, Minestrone Soup, Spumoni and Coffee.

The cost of \$87 for members, \$91 for guests includes show (main floor seats), lunch at the Como Inn and transportation (Deluxe Motorcoach).  
Departure time is 11 a.m. from the Lincolnwood Village Hall, 6900 N. Lincoln Ave., with return scheduled for 6 p.m. (approx.).

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### Norwood Park Home to recognize 1999 as International Year of Older Persons

The United Nations proclaimed 1999 as the International Year of Older Persons and Norwood Park Home (NPH) will be a part of this annual celebration, according to Marcia Hagopian, executive director of Norwood Park Home, 6016-20 N. Nina Ave., Chicago.

"This momentous year-long observance will be an excellent opportunity to recognize the rights and responsibilities of all age groups and to draw attention to the special contributions of older people locally and around the world," said Hagopian. "We plan to begin our internal monthly programs in January that will focus on nationalities represented by our residents."

In designating 1999 as the International Year of Older Persons, the United Nations noted that one of the greatest accomplishments of this century is the 20-year increase in the average life span.

"With increased longevity comes new challenges," said Hagopian. "While lifelong individual development becomes increasingly important, it takes all ages working together to assure the health and well-being of society

as a whole."

Norwood Park Home, in conjunction with this celebration, will promote the United Nations Principles for Older persons: Independence, including being able to reside at home as long as possible; Participation, including providing opportunities for older persons to share their knowledge and skills with younger generations; Care, including benefiting from family and community care and protection in accordance with each society's system of cultural values; Self-fulfillment, including having access to the educational, cultural, spiritual, and recreational resources of society; and Dig-

nity, including being treated fairly regardless of age, gender, racial or ethnic background, disability or other status.

"The goals of Norwood Park Home greatly mirror the goals of the United Nations in calling attention to the contributions of our senior citizens," said Hagopian. "We are pleased to be a part of this special year."

Norwood Park Home was founded in 1896 by a group of Norwegians who recognized the need to establish a retirement residence for senior citizens. The diverse ethnicity of NPH residents has created a virtual "international melting pot" of nationalities.

### Trident Senior Men's Bowling/Brunswick Niles

Results as of Oct. 21, 1998

#### POS STANDINGS TEAM NO.

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2	Miner's Team	9
3	Colonial	4
4	Re Max	7
5	Minelli Bros.	16
6	Skaja #1	6
7	The Bowling Store	11
8	Windjammer	17
9	Heatmasters	18
10	Skaja #2	15
11	Northshore Auto	3
12	Park Nat'l Bank	13
13	Candlelight	2
14	State Farm	14
15	F.D.R. Post	1
16	Dr. Bello	5
17	White Eagle	12
18	Malec & Sons	10
19	Monarch Alarm	20
20	Penny's Team	19

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### Emeritus Program registration week to be held

To insure quality, on-target registration, Emeritus staff and advisors will be available at an information table during registration week, Nov. 16 to 20, at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. Advisors will be available at the registration office from 9 a.m. to 1 p.m. each of these registration days.

If you have questions about a class, teacher, assessment test, or credit versus audit, stop by the information table. When possible, Emeritus teachers will be on site to provide you with the information you need about their classes.

For registration information, call (847) 635-1414, or (847) 635-1416.

### St. Matthew Lutheran Home names administrator



St. Matthew Lutheran Home, located at 1601 N. Western Ave., in beautiful Park Ridge, owned and operated by Lutheran Social Services of Illinois, is proud to announce the appointment of Sally Myers as Administrator.

Sally brings with her over 20 years experience in the Health Care field. She is a Registered Nurse Certified in Rehabilitation and Geriatrics as well as a licensed Nursing Home Administrator.

Sally's passion and belief in providing quality care and service to the elderly has earned her tremendous respect and admiration.

St. Matthew Lutheran Home welcomes you to stop in and meet Sally and the entire team of caring professionals dedicated to serving the elderly. For information call (847) 825-5531.

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## Senior News

### Some of life's greatest adventures begin at 55

A week of cross country skiing for those age 55 or over is planned for the week of January 31 - February 6 at Trees For Tomorrow in Eagle River, WI. In between the skiing "Trees" will offer sessions on the status of the gray wolf and on the status of the world's natural resources.

"Trees For Tomorrow is a school for all ages, specializing in natural resource topics," said the

facility's Elderhostel coordinator Chris Welch. "We present four Elderhostel programs annually and we usually incorporate skiing or snowshoeing into our winter offering."

Welch said ski instruction will be offered for all levels of experience, and said ski equipment is available for rent.

"Our ski outings, and field studies of the wolf and of other

natural resources are always planned with the age and experience of the participants in mind," Welch commented. "We want those who attend our Elderhostels to have a pleasant learning experience and we work hard to see that it happens."

"Trees" is one of the nation's oldest natural resource schools and is listed on the National Register of Historic Places. The facility features a mix of both new and historic buildings and is located just blocks from downtown Eagle River in the heart of northern Wisconsin ski country.

For more information on the winter Elderhostel at Trees For Tomorrow, or to register, call 800-838-9472.

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### St. Andrew Home celebrates Polish Day



Shown in photo: Administrator, Jim Kouzois, looks at the Polish exhibit displayed by Estelle Sprengel.

### Christmas Cheer Card/Bunco Party

The Skokie American Legion Auxiliary Unit #320 will sponsor its Annual Christmas Cheer Card/Bunco Party at 7 p.m. Wednesday, November 18, at the Legion Home, 8212 Lincoln in Skokie Cleveland Street entrance. Everyone is cordially invited. Donation is \$3 and all the monies raised is used for gifts for the many veterans still confined in the local Veterans Hospitals. Many of the veterans are forgotten and we try to bring a little sunshine into their lives.

Come one, come all to this great party, featuring Santa Claus, grab bags, door prizes, raffles, favors, table prizes and refreshments. You may get your tickets at the door or contact Chairman Marian Szymanski or President Mickey Love Bode at (847) 966-7997.

### Suffering, Justice in Christianity and Judaism seminar

Marianka Fousek, Ph.D. from Harvard University and former history and religion professor, will lead a four-week seminar entitled Parallels and Contrasts: Christianity and Judaism II (HUM S45 61, Touch-Tone

9522) that begins Nov. 19 at Oakton Community College. This seminar, sponsored by Oakton's Emeritus Program and the Alliance for Lifelong Learning (ALL), meets on Thursdays from 10:30-11:30 a.m. at the Ray Hartstein campus, 7701 N. Lincoln Ave., Skokie.

Suffering and justice are two historically and theologically important themes in Jewish and Christian life. Join Fousek as she compares and contrasts these two concepts. (It is not necessary to have taken the October seminar, Parallels and Contrasts: Christianity and Judaism I, to enroll in this session.)

Students who have registered for Oakton or ALL classes since 1995 and have a correct Social Security number on file, may register for this seminar using the Touch-Tone system by dialing (847) 635-1616. Registrations can also be taken via fax at (847) 635-1448, in which case payment must be made by a major credit card (Visa, Mastercard or Discover).

The seminar fee is \$80; in-district residents over the age 60 pay half the listed price. For registration information, call (847) 635-1414 or (847) 635-1416.

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### Successful aging

What does it mean to age successfully? Ask 20 different people and you will likely get 20 different answers. Physical ability might be at the top of one person's list, but others may place more importance on a life free from disease, close relationships with family, continued mental alertness, or the ability to do productive "work."

Recently, two leading researchers in the field of aging offered a broad definition of successful aging that encompasses all of these important criteria. They defined "successful aging" as having three main components: the avoidance of disease and disability, the maintenance of a high functional level, and a sustained and active engagement in life.

Each part of the definition has several considerations. Avoiding disease means the absence of condition (such as heart disease) and its accompanying risk factors (such as high blood cholesterol). A person's functional level includes both physical (such as strength and movement) and mental components (such as memory and learning ability). Although a person's physical and mental functional level may tell us what they can do, it doesn't indicate what he or she does do. Because active engagement in life is very important, successful aging goes beyond potential and requires active engagement in life.

Two ways that individuals can participate in life are the greatest predictors of successful aging. The first is interpersonal relations, which includes contact with family or friends, a regular exchange of information, and the presence of emotional support. The second indicator is participation in a productive activity, or one that creates societal "value."

Applying a definition of successful aging, "healthy" older persons fall into two groups - those that are aging normally (without current disease but at high risk) and those who are aging successfully (at low risk of disease with a high functional level). The latter group shows that many of the changes that aging brings, such as moderate memory loss or reductions in strength, are not inevitable or "normal."

Can we predict who will age successfully? Learning throughout life, developing problem-solving skills and improving memory skills throughout life are strong predictors of continued

mental ability as people age. A person's belief in their capability to deal with a prospective situation is another strong indicator.

Recent research has also revealed some of the physical pathways or mechanisms that result in successful old age. Heredity does play a role in the risk for chronic disease, but mounting evidence shows that lifestyle factors have an even greater effect as we age. A person's ability to maintain and improve physical function is closely related to how much they use their body on a regular basis.

Many changes in our bodies are age-related, but they are most often not age-dependent. You can

age successfully, and minimize many of the undesired, age-related changes by including your lifestyle the guidelines recommended by the American Institute for Cancer Research for better overall health and lower cancer risk, including refraining from drinking or smoking, eating a plant-based diet rich in a variety of fruits, vegetables, grains and beans, staying physically active and maintaining a healthy weight.

Senior Savvy is provided as a public service by the American Institute for Cancer Research, 1759 R Street, NW, Washington, DC 20009.

### Your rights under Medicare

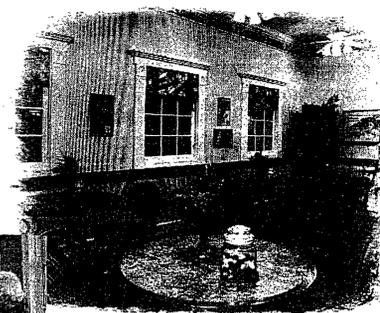
As a Medicare consumer you have specific rights to receive quality, medically necessary health care services. Your rights include:

- the right to receive all medical care necessary to treat your illness or injury
- the right to have your discharge determined by your medical needs
- the right to be fully informed in writing about decisions affecting your Medicare coverage and any health care services you may need after you leave the hospital
- the right to have the Illinois Foundation for Quality Health Care review any written notice you receive stating that Medicare

will no longer pay for your hospital care.  
If you have concerns about the care you have received, please contact us in writing or by phone. If you are covered by a Medicare-approved HMO, you are entitled to all the rights listed above.

Please send written complaints to:  
Illinois Foundation for Quality Health Care,  
Attn: Medicare Traditional Review,  
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West Des Moines, Iowa 50266-7771.  
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### The 1998 Nobel Prize for Literature discussion

Who will receive the 1998 Nobel Prize for Literature? Beverly Friend, professor of humanities and the arts at Oakton Community College for a discussion of the 1998 Nobel Prize for Literature (HUM S67 66, Touch-Tone 5059) on Tuesday, Nov. 17. The lecture, part of the Passages Lecture Series sponsored by Oakton's

Emeritus Program and the Alliance for Lifelong Learning (ALL), will be held from 1 to 2:30 p.m. in Room A151 at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Friend will discuss the different criteria used to decide the winner of the Nobel Prize for Literature. Will this year's recipient be someone in the public eye or someone very obscure? Join Friend as she ponders the answers to these questions.

Students who have registered for Oakton or ALL classes since 1995 and have a correct Social Security number on file, may register for the lecture using the Touch-Tone system by dialing (847) 635-1616. Registrations can also be taken via FAX at (847) 635-1448, in which case payment must be made by a major credit card (Visa, Mastercard or Discover).

Admission is \$4; those over age 60 who live in-district pay half the listed price. For more information, call (847) 635-1414, or (847) 635-1416.

### Holy Family Health Center's Spaghetti Fund Raiser Dinner

Holy Family Health Center's Annual Spaghetti Dinner and Raffle, Sunday, November 15 from 1-5 p.m. A delicious dinner buffet and great raffle drawings. All proceeds go to the enhancement of resident/patient services. Tickets may be purchased at the door. Adults are \$7. Children are \$3. Holy Family Health Center is located at 2380 E. Dempster St., Des Plaines. For additional information, please call (847) 296-3335.

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### Niles Senior Citizens

**588-8420 - 588-8000**

**NILES SENIOR CENTER REGISTRATION**  
 The Niles Senior Center is open to residents of the Village of Niles age 62 and over, and their younger spouses. To register for classes, trips, purchasing tickets, etc., you need to be a member of the Niles Senior Center. If you are interested in obtaining additional Senior Center information, or you wish to become a member, call or visit the Center and be placed on the mailing list. The Senior Center is located at 8060 Oakton Street until Wednesday, Nov. 25. Starting Monday, Dec. 14, we will be located at 999 Civic Center Drive. The phone number will remain 588-8420.

**IMPORTANT NOTICE**  
 As usual, the Niles Senior Center will be closed for the Thanksgiving Holiday, Thursday, Nov. 26, and Friday, Nov. 27. We will be closed from Monday, Nov. 30 through Friday, Dec. 11. We are excited about our reopening at the new building on Monday, Dec. 14. No activities or meetings will take place at the Senior Center during this two week period, but the Book Discussion group will be at the Library on Friday, Dec. 4, the Men's Club Holiday Party will be at the White Eagle on Friday, Dec. 4 and the Rockies Christmas Spectacular will leave from the Golf Mill Food Court Tuesday, Dec. 8. Visit us at our new location, starting December 14. Look for our open house in February or March and remember to set aside Sunday, April 25 for our Special Senior Afternoon.

**NOVEMBER LUNCHEON**  
 November Luncheon is Friday, Nov. 13 at noon. Following a meal of Antipasto Salad, Chicken Breast with Tri-color Tortellini, Artichoke Hearts, Garlic and Hearts of Palm, we will listen to "The Steve and Edie of Chicago." Price: \$6.

**MEN'S CLUB SHOOT-OUT AND HOLIDAY PARTY**  
 Men's Club Shoot-Out and Holiday Party is Monday, Nov. 16 at 10 a.m. All men are invited to join in the competition and win prizes. Newcomers are welcome! We will also enjoy a special holiday menu at this meeting. Ticket sale: Chicago: Past & Present Trip is Tuesday, Jan. 26 from 9 a.m. to 3:30 p.m. Price: \$20.

**COMPUTER LECTURE**  
 Calling all computer buffs. Don't miss our monthly informal meetings to discuss topics concerning computers. A brief overview on how to use the World Wide Web. Our next meeting is scheduled for Monday, Nov. 16 at 2 p.m. Registration required.

**BLOOD PRESSURE SCREENING**  
 Blood Pressure Screening is Wednesday, Nov. 18, from 1 p.m. to 4 p.m. Note: There will be NO blood pressure screening in December. If you need your blood pressure checked in December, contact Terry Sprengel, RN, BSN, after December 14 for an appointment.

**SHIP LECTURE**  
 Jim Connors of the Senior Health Insurance Program will lead a discussion on Medicare+Choice and answer questions about the various enrollment options now available on Friday, Nov. 20. Registration is required.

**WOMEN'S CLUB HOLIDAY PARTY AND MEETING**  
 Women's Club Holiday Party is Monday, Nov. 23 at 12 noon. Following a special catered holiday meal, Jennifer Silk will perform holiday music on the violin. Price: \$3.

**MEN'S CLUB HOLIDAY PARTY**  
 Men's Club Holiday Party is December 4, from 11 a.m. to 4 p.m. at White Eagle Banquet Hall. Enjoy your choice of Pepper Steak or Orange Roughy - \$18.50, or Rosemary Chicken Breast - \$17.50. Then enjoy the afternoon festivities including the Frank Martello Orchestra. Tickets are available.

**NEED A FLU SHOT?**  
 Contact Terry Sprengel, RN, BSN, for an appointment. For seniors, 65 and older, or persons 62 to 64 with a chronic illness. Medicare will be billed for your flu shot.

**YARN NEEDED**  
 The Senior Center is requesting left over yarn or scraps of material. Lap robes and shawls are made for veterans at Hines Hospital. Volunteer knitters and crocheters are also needed. If interested, contact the Senior Center.

### Niles Senior fitness members celebrate 80th birthdays



The Niles Senior Center Men's Exercise Program recently celebrated with 8 Octogenarians, those 80 years old and older! Shown from left to right is Gene Mowinski, Carmen Mazzuca, Ed Flucinski, (front) Chet Hajduk, Bill Zillmer, Art Kapchinski, Henry Kula and Joe Young. Together they have enjoyed over 640 years!

### Summit Square Programs

Whether it is the big band sound, the music of Broadway, or the strains of an operatic aria, seniors enjoy them all at Summit Square in Park Ridge.

Residents turn to music enthusiast Jack Diamond to trade the career of an operatic diva or analyze the popularity of the big band sound. In a series of monthly programs Jack Diamond traces the lives of gifted artists and plays excerpts from some of their performances. In the next few months Summit Square audiences will enjoy the biographies of popular recording star, Vic Danone on November 13, and the first lady of Broadway, Mary Martin on December 11.

On November 12 residents will hear the strains of Verdi echoing through the halls of Summit Square. A member of the Lyric Opera lecture group will play highlights of La Traviata and present an overview of the opera whose ravishing music tells the story of an affair doomed from the start. All programs begin at 1:30 and are followed by refreshments.

Guests are welcome at these and any of Summit's programs and may arrange to receive information by calling (847) 825-1161.

### Experience the Summit Square Difference!



Enjoy meeting new friends. Our recreational activities are just one of the many amenities that make life at Summit Square different. Others include three excellent home-style meals a day, daily maid service, linens and the convenience of our chauffeur-driven automobile. For peace of mind, the services of a nurse and the Summit Plus Assistance Program are available.

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### Morton Grove Senior Citizens

**470-5223**

**"MEDICARE FRAUD & ABUSE" SEMINAR**  
 Jean Cleland, of the Suburban Area Agency on Aging will speak on this issue at 11 a.m. on Friday, Nov. 13 in the Morton Grove Village Hall Senior Center. By being informed and alert, citizens can help save important dollars now being stolen from the Medicare system. For a lunch reservation following the seminar, call the Morton Grove Senior Hot Line at 470-5223 any weekday morning between 9 a.m. and 12 noon.

**MUSIC & COMPUTER TRAINING AT THE LIBRARY**  
 The Morton Grove Public Library presents a very special musical experiences free of charge. At 2 p.m. on Sunday, Nov. 15, "100 Years of 'Pop' Tunes" will be performed by David Kear Booth and accompanied by Kathy Heetland. Then, from 7 to 9 p.m. on Tuesday, Dec. 1, "Introduction to Personal Computers" will be presented by Jennifer Didier of the Banner Training Center. For more information, or to make a reservation, call the Library at 965-4220.

**"MEDICARE+CHOICE" SEMINAR**  
 The Suburban Area Agency on Aging and the Village of Morton Grove will conduct a free seminar on "Medicare+Choice" at 10 a.m. on Tuesday, Nov. 17 in the Morton Grove Village Hall, 6101 Capulina Avenue. The seminar will discuss some of the options offered through this new Medicare program which will officially become available on January 1, 1999.

**VISUALLY IMPAIRED MOTIVATORS**  
 Morton Grove's Visually Impaired Motivators is a support group for individuals who have significant vision impairment. This group provides a safe, positive environment for members to express their feelings, learn about low-vision and coping skills, and build on strengths. The group provides information and education, and opportunity for discussion and problem solving. The next meeting will be at 10 a.m. on Tuesday, Nov. 17 in the Morton Grove Village Hall. For more information, or for transportation, call the Morton Grove Senior Hot Line at 470-5223.

**"UNDERSTANDING DREAMS FOR HEALTH & HEALING"**  
 At 1 p.m. on Thursday, Nov. 19 in the Prairie View Community Center, come and learn how to let dreams warn of possible dangers while understanding the meaning of illness and finding suggestions for healing the body and mind. Join speaker, Steve Oserman for a discussion which will focus on enhancing dream awareness and utilizing the body's own healing energies. Find out how to apply dream insights and realizations toward improving the mind/body alignment. Also learn what symbols in dreams may mean, dream remembering and sharing techniques, and dream refocusing methods for problem solving. For more information or to make a reservation for this free program, call senior adult supervisor, Catherine Dean at the Morton Grove Park District, 965-1200.

**"CIRCUIT BREAKER ASSISTANCE AND PHARMACEUTICAL ASSISTANCE" SEMINAR**  
 The Illinois Department of Revenue and the Village of Morton Grove will conduct a free seminar on Illinois' Circuit Breaker Assistance Program and the Pharmaceutical Assistance Program. The seminar begins at 11 a.m. on Friday, Nov. 20 in the Morton Grove Village Hall Senior Center. The seminar will discuss program benefits as well as the new income eligibility standard that will officially change on January 1, 1999.

**DON'T SPEND THANKSGIVING ALONE**  
 Join in on the annual community Thanksgiving Dinner at the White Eagle Restaurant in Niles on Thanksgiving Day. This festive event includes a scrumptious dinner and the opportunity to meet new friends. Dinner is sponsored by the Morton Grove Park District, Morton Grove Foundation and the Niles/Morton Grove Rotary for those who do not have family or friends to celebrate with on the holiday. The Park District will provide transportation for Morton Grove residents who need it. Reservations are limited to 100 people who RSVP by calling the Park District at 965-1200. Confirmation notes will be sent giving details on the afternoon.

\*\*\*\*\*  
 For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-1200. To receive the "Seniors in Morton Grove" newsletter, Morton Grove residents can send \$3, and non-residents send \$4 to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053.

## Senior News

### Bethany's oldest resident celebrates 102nd birthday

One hundred and two-year-old Margaret Kell has lived at Bethany Terrace Nursing Center for over a year. Margaret (nee Ne-prozatis) was born in Germany on November 6, 1896, having two brothers and one sister. After World War I, she came to the United States on the USS Brennan in steerage, similar to the peasants in the movie Titanic who crossed the Atlantic on the lower decks. After passing through Ellis Island with the other immigrants, she traveled to Chicago to live near her brother



Margaret Kell

Ernst, who had come to America with his friend Paul Kell, before the war. Beautiful Margaret met Paul's brother, William, and soon the two were dating. Their marriage followed.

However, William was a free spirit! He did not like to be tied down so he often left unexpectedly. She would not see him for a while and then he would show up again. One time, however, he never returned and no one knows what happened to him.

Margaret found a job at a printing company, Curt Teich on Ravenswood Avenue, in Chicago. She worked there for 50 years and retired at age 72. She received no pension, party, watch or a thank you. Margaret lived alone, never remarried, had many friends and enjoyed going to lunch or shopping with them. Margaret is definitely a survivor and is a very strong person. She did remain close to her family and circle of friends. When she was 95, her nephew's wife, Henrietta, urged her to move from her third-floor walk-up apartment to an elevator building. Her niece, Karin Baines of Glenview and nephew Henry Petersen, continue their close relationship and are very supportive. Mrs. Kell moved to Bethany Terrace in September 1997.

### Halloween at Ashley Court 'Frightfully Fun'



Shown above l to r: Lucille Lucia, Dorothy Mufale, Edward Nielson (back to camera), and a guest. The Banjo Buddies entertained the residents with their old-time songs.

A "Spooktacular" time was had by all at Ashley Court Retirement Community's Halloween party on October 31! Approximately 250 residents, their families and guests enjoyed the music of the popular Banjo Buddies while they danced and enjoyed the afternoon's festivities.

Everyone marveled at the clever and unique costumes. Winning rave reviews were children dressed as photographer Ann Geddes' "rose babies," Glinda, the good witch, bunnies, a unicorn and Molly, from the children's show the Big Comfy Couch. The winners of the adult costume contest were residents Rose Wessell as a "bag" lady (she had plastic grocery bags attached to herself!), Jenny Schmidke as a clown and Louise Dodd as a witch. Refreshments included cake and cookies baked by Ashley Court's Chef Ony, apple cider, punch, taffy apples, fresh fruit (yes, something healthy!) and, of course, lots of Halloween

candy. Activities director, Kathy Doherty and the Ashley Court staff worked together to make the party a huge success and guests received a glimpse of the teamwork, sense of family and community that make living at Ashley Court special.

A caring attitude and comfortable surroundings make Ashley Court the perfect choice for retirement living. Offering affordable senior housing with amenities that make retirement living care free. Ashley Court Retirement Community is located at 1750 S. Elmhurst Road (Elmhurst and Oakton Roads) in DesPlaines. For more information call 847-228-1500.

### Jewish Book Month at Skokie Library

November is Jewish Book Month and Barry Schechter, Rabbi of Skokie's Kol Emeth Congregation, returns to the Library for *Even More Yiddish and Laughter* on November 16 at 7:30 p.m.

Rabbi Schechter who was born and raised in London, has been described as "one of Britain's and now America's most skillful Jewish raconteurs" by HUMOR magazine, and is currently writing a book on Jewish humor. He has the rare gift of making people laugh and learn at the same time.

Skokie library card holders may pick up two advance tickets to the talk in the Library's Administrative Office between 9 a.m. and 5 p.m. from November 9-13.

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Mark Thompson, Supervisor

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### Niles Seniors

Men's Club Holiday Party is December 4, from 11 a.m. to 4 p.m. at White Eagle Banquet Hall. Enjoy your choice of Pepper Steak or Orange Roughy -- \$18.50, or Rosemary Chicken Breast -- \$17.50. Then enjoy the afternoon festivities including the Frank Martello Orchestra. Tickets are available.

### Niles Seniors

Contact Terry Sprengel, RN, BSN, for an appointment. For seniors, 65 and older, or persons 62 to 64 with a chronic illness. Medicare will be billed for your flu shot.

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## Senior News

### Grand Opening celebration at Karrington of Park Ridge



Photo by Don Angelo

Celebrating the grand opening of Karrington of Park Ridge, a retirement and senior living residence, 1725 Ballard Road are, at left, Richard Slager, chairman and CEO, Ron Wietecha, Park Ridge Mayor, Julia Bristol, Karrington resident, and Jennifer Vince, director of marketing. The ribbon cutting ceremony was part of opening week festivities at the new retirement living center. Jennifer Vince outlined some of the features of Karrington to guests in attendance during the festivities. Karrington architect Bob McBride, of McBride & Dudley Ltd., Park Ridge, was on hand to discuss building plans for the retirement center. Further information is available by calling (847) 824-1724.

### Regency celebrates "Centenarians Day"

Regency sponsored a special celebration in honor of National Centenarians Day. Although technically this holiday is for persons who are 100 years or older, we decided those residents who have lived 90 years or more should also be recognized.

We began this celebration by having residents come forward and state how old they were (only if they wanted to share this information with us). Most of the residents were quite proud of their years and accomplishments. Our oldest resident is 108 years old and will have her 109th birthday next month!

The residents talked about the differences from when they were born compared to the present. Among the subjects discussed were jobs, weddings, and births of children. They talked about how things in the world were so much slower back then - no rushing back and forth. They noted that years ago there were no microwaves, jet planes, or computers.

All of the celebrants received a letter from President Clinton and one of our staff went over all of

the historical events that had transpired since their births. It was a lovely celebration, linking the past to the present. We all agreed the world was an easier place to live in now, compared to the "good old days," but that the world had a lot less problems back then. Things were simpler years ago and kids were free just to be kids.

The staff equally enjoyed hearing the residents recall some of their favorite memories. Some staff were a little wistful for some of those "good old days" to come back again. Regency's Centenarians Day Celebration proved to be a wonderful avenue for honoring the vitality, experiences, and accomplishments of our residents.

### Niles Seniors

Jim Conners of the Senior Health Insurance Program will lead a discussion on Medicare+Choice and answer questions about the various enrollment options now available on Friday, Nov. 20. Registration is required.

## Regency Adult Day Care Center

OUR PRIDE SHOWS



Enjoying the lovely Riverview Garden at Regency's Adult Day Care Center are administrator Elizabeth Hovious and club member Eunice Hough.

At Regency's Adult Day Care Center, seniors are able to enjoy a full day of meaningful activities in a structured and supervised setting, returning home in the evenings and on the weekends. The program is open Monday through Friday, from 7:00 a.m. to 6:00 p.m. Participants may attend from two to five days per week, for full or half days.

The Center provides a place where an elderly person who normally spends the day alone can enjoy companionship and involvement. The program also provides great assistance for adult children who work and need someone to look after mom or dad.

Regency has wheelchair-accessible buses to take clients to and from the adult day care center. In addition, there is an outpatient rehabilitation center conveniently located on-site, providing physical, occupational, and speech therapy if needed.

Regency's Adult Day Care Center enables seniors to continue living at home, while offering them a variety of enjoyable activities and outings. Call to learn more about this innovative approach to promoting independence for seniors.

REGENCY ADULT DAY CARE CENTER  
6625 N. Milwaukee Ave.  
Niles, IL 60714

Call (847) 647-1511 for more information

## National partnership feeds homebound seniors

An estimated 35 million Americans, many of them elderly, live in hungry households. According to a recent study by the U.S. Conference of Mayors, 65 percent of cities surveyed reported an increase in requests for food assistance by elderly persons.

But thousands of hungry seniors will no longer have to wait for deliveries of hot meals in New York and other cities nationwide, thanks to a national partnership to help alleviate hunger among the homebound elderly and eliminate waiting lists for meals.

The partnership - announced by National Meals on Wheels Foundation - will provide food and support for nearly one mil-

lion meals in 22 states. This \$2.1 million "Senior Helpings" initiative is being underwritten by Philip Morris Companies Inc. Fifty-seven organizations across the country that are developing avenues to eliminate waiting lists for meals-on-wheels and feed hungry seniors have received "Senior Helpings" grants. One such organization - City meals-on-Wheels of New York City - helps prepare and deliver over 1.5 million meals to some 13,000 elderly shut-ins each year.

Other agencies receiving "Senior Helpings" grants include a program for homebound seniors recently discharged from hospi-

tion. "We need to ensure that thousands of these frail and isolated seniors do not go hungry. Through its "Senior Helpings" initiative, Philip Morris is setting a national example for other corporations to follow."

Since 1990, the Philip Morris family of companies has contributed more than \$130 million to fight hunger in America, including direct grants to hunger and nutrition programs and product donations from its subsidiary, Kraft Foods, Inc.

tals in Gardner, Arizona; a North-east Mississippi agency on aging that will eliminate its waiting list of more than 100 seniors; and a

pilot for-profit frozen meals program in Bridgeport, Connecticut, that will generate revenue to support subsidized meals for poor and disabled elderly persons.

"The number of elderly Americans who face the threat of hunger has grown steadily," says Connie Benton Wolfe of the National Meals on Wheels Founda-

### Niles Seniors

Women's Club Holiday Party is Monday, Nov. 23 at 12 noon. Following a special catered holiday meal, Jennifer Silk will perform holiday music on the violin. Price: \$3.

## The Power of Fun

The next time you take in a comedy, you can grin from ear to ear - because you'll be taking care of yourself in ways you didn't even know.

Consider what researchers found when they had subjects watch an hour-long funny video. The volunteers experienced a significant increase in interferon, a key chemical in the body's immune response. And the higher level was still here the next day.

That's fun for you: Not only can it give you an emotional lift, it can boost your overall health.

For example, you may have heard that laughing causes the brain to release endorphins, special chemicals that act as natural painkillers. But did you know it also inhibits the body's production of stress-related hormones - while boosting your supply of white blood cells, which fight disease?

Even listening to a CD or tape can offer health benefits, like contributing to lower blood pressure and heart rate. Case in point: In one hospital, heart patients gained the same benefits from listening to 30 minutes of classical music as they did from taking 10 mg of Valium, an anti-anxiety medication.

Of course, choosing a physical activity you enjoy, such as walking or bicycling, is smart as well as fun. And making exercise a social occasion by doing it with a friend will help you stick with it. Benefit: Endorphins are released by duration exercise, causing a natural sense of vigor and happiness. Plus, you'll reap the rewards of regular workouts: healthier weight, lower stress - even longer life.

But no matter what you choose, make a habit of having fun. Research shows that trying new and unusual things on a regular basis appears to stimulate brain growth, which may help keep your mind agile as you age. And if you're going to live longer, why not make the most of it?

### Got Milk?

The typical American drinks 24 gallons of milk each year, down from 29 gallons in 1975. That's an average drop of 24,000 mg of calcium, nearly a month's worth of the recommended allowance for this bone-building mineral.



Powdered rice may be used to thicken and enrich a soup. Powder it in a grinder or blender. Add when soup is simmering.

## Police News

### Niles

#### Fire

A Chicago man who observed flames coming from a lighted sign on a jewelry store in the shopping center in the 8800 block of Dempster Street around 10:15 p.m. Nov. 5 called the Niles Fire Department. The decorative canopy and lights were ablaze when the fire department arrived at the scene and extinguished the blaze.

#### Burglary from auto

A 44-year-old DesPlaines jewelry salesman reported that unknown person(s) used a hard object to break the right side rear window on his green 1994 Mercury Villager van and removed a black case valued at \$100, 200 rings valued at \$10,000 and a laptop computer valued at \$1,200 for a total loss of \$11,300. Damage to the vehicle was estimated at an additional \$250. The incident occurred around 9:25 a.m. Nov. 2 while the car was left in a parking lot in the 7100 block of Oakton Street. Police are investigating.

#### Burglary

A 61-year-old fire equipment salesman reported that unknown offender(s) gained entry to his home in the 6900 block of Howard Street by using an unknown pry tool to open a south side sliding patio door. Once inside, the offender(s) ransacked every room including the basement and removed an emerald ring valued at \$1,400, a long green leather coat valued at \$1,500 and a dark green briefcase valued at \$20. The offender(s) apparently exited through the point of entry. Police are investigating the incident.

#### Battery

A 56-year-old Chicago man

became upset with the work performance of a 78-year-old Schaumburg co-worker around 9 a.m. Nov. 3 in a factory in the 6300 block of Howard Street. The offender grabbed the victim by the arm and shook him. The victim sustained a scratch on the upper right arm but did not require medical attention. The victim did not wish to pursue a complaint, and the offender was terminated by his employer and advised not to return to the premises.

#### Criminal damage to auto

A 25-year-old construction worker reported that unknown offender(s) used an unknown tool to puncture all four tires on his red 1991 Buick Regal and his grey Chevrolet Corsica, sometime between 9 p.m. Nov. 3 and 8 a.m. Nov. 4 while the vehicles were parked in the 9200 block of Courtland. The total cost to replace the tires on both vehicles was estimated at \$1,000. The victim requested a special police watch of the area.

Police are investigating a report by a 44-year-old insurance coordinator that unknown offender(s) used a hard object to shatter the rear driver's side door window of her blue 1990 Toyota Camry sometime between midnight and 3 p.m. Nov. 7 while it was parked in the 8000 block of Lyons. The repair cost is estimated at \$250. The victim told police she has no idea of a possible offender in the incident.

A 26-year-old Niles man reported that unknown offender(s) used a sharp object to puncture

the front tires of his gray 1990 Buick LeSabre while it was parked in a driveway in the 8700 block of Wisner between 10:30 p.m. and 11:30 p.m. Nov. 6.

Damage was estimated at \$250 after unknown offender(s) used an unknown object or projectile to shatter the driver's side window of a gray 1994 Chevrolet 5-10 Blazer belonging to a 36-year-old car repair shop owner while it was parked in the 8300 block of Olcott sometime between 7:45 p.m. and 9:15 p.m. Nov. 4. Police are investigating the incident.

#### Stolen auto

A 35-year-old DesPlaines salesman reported that his white 1993 Mercedes was removed by unknown offender(s) from the parking lot of the Golf Mill Shopping Center sometime between 7:05 p.m. and 8:45 p.m. Nov. 4 while he was shopping. Police are investigating the incident.

The manager of a car dealership in the 5700 block of Touhy Avenue reported that sometime between noon Oct. 28 and 7:30 a.m. Nov. 2 a black and silver 1992 Chevrolet pickup truck valued at \$11,700 with a plow blade valued at \$3,000 was taken from the rear lot. The total loss to the

dealership was \$14,700. No license plates were on the vehicle at the time of the theft.

#### Theft

A 72-year-old DesPlaines woman reported that her purse containing a wallet with \$23 cash and assorted credit and bank cards was removed from her shopping cart while she was getting items out of the freezer section of the supermarket in the 8700 block of Dempster Street between 2:30 p.m. and 3 p.m. Nov. 7. Police are investigating.

A 16-year-old Chicago youth employed as a counter and desk worker at the bowling alley in the 7300 block of Milwaukee Avenue told police he placed a bag containing bowling equipment valued at \$649 on the floor of the back seat area of his 1987 Buick LeSabre around 7:44 p.m. Nov. 2, and then went back into the bowling alley to say good-bye to friends. When he returned to the car at 7:51 p.m., he discovered that the bag was missing. Police found no sign of forced entry to the vehicle and no fingerprints or damage to the vehicle.

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\*Hearing aids cannot restore natural hearing. Individual experiences may vary depending on proper fit, severity of hearing loss, accuracy of evaluation and ability to adapt to amplified sound. © 1998 Hallberg, Inc.

## School News

### SJB School News

It seems hard to believe but the first quarter of the school year will come to an end in a couple of weeks. Our school year has gotten off to a smooth start and it seems like a lot has happened in a short amount of time. The teachers came back to school in August to work in their classrooms and to make preparations for the new school year.

We have 23 full time teachers, a part-time librarian and 3 part-

time teacher aides, 2 school secretaries, 2 Extended Day coordinators, 2 maintenance people, and 3 hot lunch program workers.

We welcomed 436 students to our school this year. The kindergarten to eighth grade children started on August 27 and the preschoolers joined us on August 31. Although we frequently see our school parents, we had our official Parent Night on September 15.

# Compact. Convenient. Full credit.

New theme-based, 5-7- and 8-week course series offered this spring

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Real Estate Broker's License Series  
Title Insurance Professional's Series  
John Michaels, (847) 635-1776, e-mail: johnm@oakton.edu

Basic Accounting Series  
Michael Milstein, (847) 635-1778, e-mail: milstein@oakton.edu

Commodities Futures and Security Trading Series  
Bob Matthews, (847) 635-1814, e-mail: matthews@oakton.edu

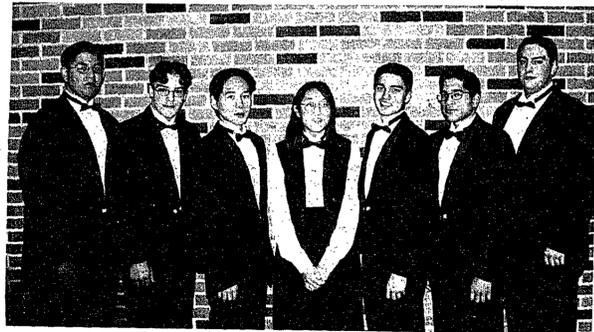
Professional Salesperson Series  
Retailing and Customer Service Series  
Public Relations Series  
Marketing and Promotion Series  
Sue Cisco, (847) 635-1872, e-mail: scisco@oakton.edu

Catering and Party Planning Series  
Jill Dybus, (847) 635-1869, e-mail: jdybus@oakton.edu

Spring semester starts January 19, 1999.  
Registration for all classes begins November 16, 1998.

**Oakton Community College**  
1600 E. Golf Rd., Des Plaines  
Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie  
www.oakton.edu

### Maine East to host district IMEA Festival Concert



Maine East Fine Arts students (from left) Barak Berman of Glenview, Edward Rabbitt of Des Plaines, Hee Dong Lee of Niles, Monica Choi of Morton Grove, Chris Wilke of Des Plaines, Emmanuel Malwanag of Glenview, and Tim Karth of Glenview represent the school at the IMEA (Illinois Music Educators Association) District VII Festival concert.

The Fine Arts Department at Maine East is proud to host the IMEA (Illinois Music Educators Association) District VII Festival concert on Saturday, November

21, beginning at 3 p.m. in the school's fieldhouse. Nearly 600 choral, orchestra, and band students from Northwest suburban high schools in District VII will perform that afternoon. Auditions were held in mid-October so performers at the November 21 concert represent the "best" from participating high schools.

Maine East jazz band members Tim Karth of Glenview and Chris Wilke of Des Plaines will per-

form at the Saturday, November 14, District VII Jazz Band Festival concert hosted by Maine South.

Tickets to the November 21 Festival concert at 3 p.m. are \$2 per person and may be purchased at the door.

Maine East Fine Arts Department teachers Pat Barnett/choir, Edward Eubank/orchestra, and Ken Gelzband are organizing the November 21 District VII Festival concert hosted by Maine East.

### Registration for spring classes at Oakton to begin

Registration for spring 1999 classes offered at Oakton Community College begins Nov. 16. Take advantage of early registration so you can enroll in the course of your choice and avoid paying late registration fees.

The first day of class is Jan. 19, however, many courses have later starting dates, so students should check the Spring Credit Class Schedule for specific meeting times.

Students may register in-person for spring classes Monday through Thursday from 8:30 a.m. - 8 p.m.; Fridays from 8:30 a.m. - 5 p.m.; and Saturdays from 9 a.m. - noon at Oakton's Des Plaines campus, 1600 E. Golf Road, and at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Students who have applied or registered for Oakton classes since spring of 1996 may use the Touch-Tone Registration system during these hours. To register by phone dial (847) 635-1616 and refer to the computer ID number listed by the course title in the Spring Credit Class Schedule.

For more information regarding spring classes, contact Student Services at (847) 635-1741 (Des Plaines) or (847) 635-1417 (Skokie).

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Budget Perm	\$25.00
Perms	\$25.00
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L'OREAL \$35.00	MATRIX (SPIRAL) \$55.00

### Niles West plans International Night

"Around the World in One Night" is the theme of this year's International Night at Niles West High School, 5701 Oakton St. It will be held Friday, Nov. 13, at 7 p.m. in the school auditorium.

Admission is \$2. The fabulous evening celebrating ethnic diversity will feature dances, cultural demonstrations, singing and more, all performed by Niles West students and faculty. Highlights of the evening will include a demonstration of the Korean fan dance and a fashion show by the Indo-Pak club. Throughout the day, clubs will

exhibit in the school lobby presenting cultural information, souvenirs, maps, flags, and pictures representing their respective cultures.

International Night will be hosted by students from the following ethnic clubs: Korean, Hellenic, German, Hispanic, Filipino, Assyrian, Serbian, Latino-American, Israeli, Indo-Pak, Chinese, Thai Romanian, Polish, African American, and Japanese. For more information, call the Niles West High School at (847) 568-3900.

### 'Share the Vision' recognizes Sr. Ann Ida Gannon BVM

The first annual President's Dinner, "Share the Vision," will take place on the Odyssey, Navy Pier, Chicago on November 14. The "President's Dinner" in actual fact has less to do with "the president" and everything with "students." It is the building block for the Share the Vision Fund for Educational Excellence. The evening will begin with cocktails, followed by dinner and dancing while cruising.

This year's dinner is chaired by Mary Ellen and Tony Migon (Alumni Parents) and co-chaired by Jim and Laurie Schwarz

(Alumni Parents). The honored guest for the evening and recipient of the Sancta Crux Award is Sr. Ann Ida Gannon BVM.

The Sancta Crux Award is presented annually to an individual or individuals who witness to the mission and values of Notre Dame High School. In the spirit of the Congregation of Holy Cross, the educational mission of Notre Dame calls to develop the minds and engage the hearts of young people. The result of a Notre Dame education is the formation of men of faith, scholarship and service.

### 'Read Into It!'

The Niles North High School Library staff, in conjunction with the school's Reading and English teachers, will sponsor "Read Into It!", November 16-20. The week long celebration encouraging teen reading, has been planned to rekindle the joy of recreational reading. Activities have been created such as trivia contests, where answers can be found in books, magazines, and across the Internet. Noteworthy books will be discussed, and special reading hour selections will be presented by faculty and authors. Lists of

award winning books will also be distributed. According to Tom Neibergen, Media Specialist, Niles North Information Resource Center, "Educators recognize the key to acquiring information in this electronic age is reading."

Daily announcements will be made regarding a variety of themes. Additional activities will be shown on Channel 16, Niles North Public Access Channel. For further information call (847) 568-3459.

### Roosevelt University

#### Open House

The public is invited to tour Roosevelt University's six state-of-the-art science laboratories at an open house on Wednesday, November 18, from 3:45-5:30 p.m. The tour is presented by Roosevelt University's College of Arts and Sciences School of Science and Technology and will include two new labs which were funded by the National Science Foundation, Abbot Laboratories, the Whittman Corporation, and the Max Goldenberg Foundation.

A reception will begin at 3:45 and continuous tours will be offered beginning at 4 p.m. Dr. Gayle E. O'Neill, President and Laboratory Director of TEI Analytical, Inc., of Niles, will present a seminar at 4:30 on "Analytical Chemistry, a Curious Business."

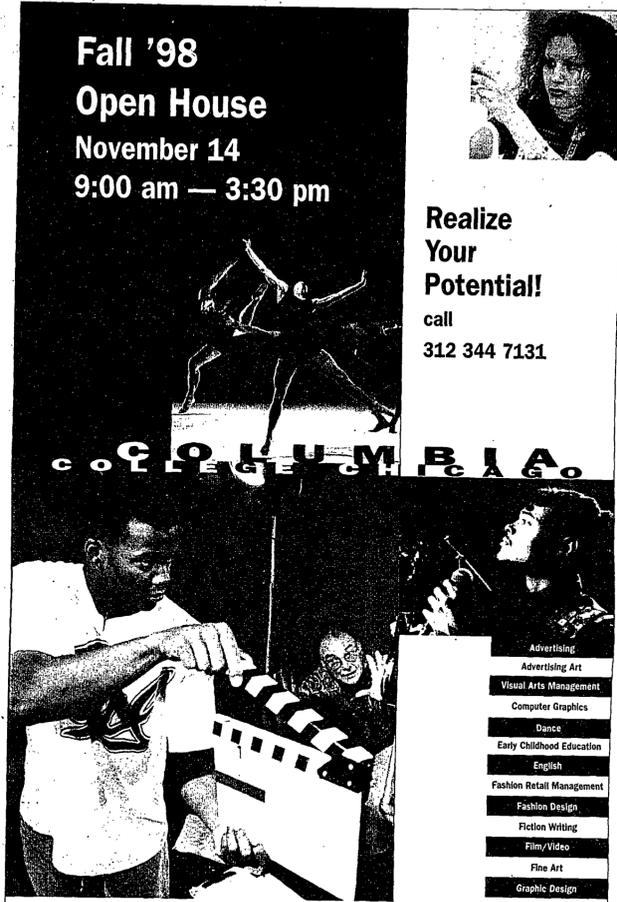
The public is invited to attend the free reception, tours and seminar. Roosevelt University is located at 1400 Roosevelt Road, accessed from the north side of Golf Road across from the entrance to Woodfield Mall. Additional information about this open house is available by calling (847) 619-8285.

### Nelson

#### "Boooootiful" Stories

Shannon Rasmussen's fifth grade class at Nelson School has just finished writing their first personal narratives. The stories were quite scary. They were just what the fifth graders needed to get into the Halloween spirit. Narrative writing is one of the forms of writing that will be tested on the ISAT test in February.

## Fall '98 Open House November 14 9:00 am - 3:30 pm



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- Interactive Multimedia
- Interior Design
- Interpreter Training
- Jazz
- Journalism
- Liberal Education Studies
- Magazine Writing/Editing
- Marketing
- Marketing Communication
- Music
- Music Business
- Musical Theater
- Photography
- Professional Writing
- Public Relations
- Radio/Sound
- Science/Mathematics
- Television
- Theater

**Sports/Parks & Library News**

**Lincolnwood Public Library**

**Cultural Comedy Review**  
Jim Bina of Comedy Capers will present his Cultural Comedy Review on Sunday, Nov. 15 at 2 p.m. at the Lincolnwood Public Library, 4000 W. Pratt Ave. He does more than thirty different wild and wacky characters from many different parts of the world, switching costumes, voices and mannerisms as his audience watches in wonder.

Guffaw and enjoy some good, clean, loooong laughs provided by Bina who has been entertaining audiences for over 15 years.

**Artists wanted for Morton Grove Library**

Artists are wanted at the Morton Grove Public Library for month-long exhibits in the Library's Baxter Room auditorium. Photography, watercolor, oil painting, tapestry and other media are welcome. The Morton Grove Public Library is located at 6140 Lincoln Ave. For more information, or for mobility and communication access assistance, please call (847) 965-4220. The Library's Website is: www.webrary.org.

Tickets are required and are available free at the circulation desk to Lincolnwood residents now and to non-residents one week before the program. Call 677-5277.

**Storyteller Chris Fascione**  
The Lincolnwood Public Library will have an evening of storytelling by Chris Fascione, who has been delighting audiences of all ages for years, on Wednesday, Nov. 18 at 7 p.m. With a style reminiscent of Robin Williams, Chris has everyone laughing and eager for the next story. The program which lasts about an hour will definitely be a night your family will remember.

Tickets are required and are available free at the circulation desk to Lincolnwood residents three weeks before the program and one week before to non-residents. The library is located at 4000 W. Pratt Ave.

To underscore the importance and the fun of storytelling, the library suggests holding a Family Reading Night at Home the next evening. Inspired by Chris Fascione's storytelling, parents are urged to read with their kids and have the kids read to them especially on this night and anytime thereafter.

**Sheriff Sheahan and Walter Payton team up to help needy children**



Cook County Sheriff Michael F. Sheahan (left) and Chicago Bears Hall of Fame running back Walter Payton inspect items of clothing that were recently donated to the Walter Payton Foundation by the Sheriff's Office.

A total of 3,000 items of clothing were donated from the Sheriff's Confiscated Merchandise Donation Program. The new clothes, including hats, t-shirts, sweatshirts and pants, have been confiscated from arrested offenders who have produced it illegally for sale, infringing on trademarks of legitimate corporations.

The not-for-profit Walter Payton Foundation's project, "The Alliance for the Children," grants holiday wishes to the 38,000 children who are in programs sponsored by the Illinois Department of Children and Family Services. The donated clothing will be a part of the holiday gifts given to the children by the Foundation.

**Check out the Wolves at local libraries**

Chicago Wolves center Chris Marinucci and left wing Scott Pearson will each be making appearances at local libraries around the Chicago area on Tuesday, November 17.

As part of the Wolves' "Read to Succeed Program," Marinucci will visit the Park Ridge Library, located at 20 South Prospect Avenue, from 4:30-5:30 p.m. He will be discussing the role that reading and education has played in his success as a professional hockey player.

"Read to Succeed" is the Wolves' reading incentive program for children that involves more than 28,000 children and more than 100 libraries in the DuPage, North Suburban and the Suburban Library systems.

Later that day, Pearson will be at the Mt. Prospect Library, located at 10 S. Emerson St., from 7:30-8:30 p.m. To celebrate National Children's Book Week, Pearson will take part in the library's family reading night by reading stories to children and discussing his role with the Wolves.

For more information on the Wolves "Read to Succeed" visits, contact the Wolves Community Relations Department at (847) 390-0404, extension 325.

For information on National Children's Book Week, contact Beth Corrigan at (847) 253-5675.

**Have Thanksgiving Dinner with friends**

Don't spend Thanksgiving Dinner alone. Join your fellow Morton Grove/Niles neighbors for dinner at the White Eagle Restaurant, 6839 N. Milwaukee Ave. in Niles. This celebration is sponsored by the Morton Grove Park District, Morton Grove Civic Foundation and the Niles/Morton Grove Rotary.

The dinner is offered free of charge to those Morton Grove and Niles residents who do not have someone to celebrate with.

**Cinematic family fun for all at park district**

Gather the family up for some cinema magic when the Skokie Park District brings you their highly entertaining Family Film Festival, through November 22, 2 p.m. at the Devonshire Theatre.

On the Devonshire Big Screen, enjoy the wild and crazy antics of animated friends such as *The Little Mermaid* (November 8). Come let the music of *Annie* (November 15) start your feet tapping. Watch toys come to life in the amazingly comical *Toy Story* (November 22).

During each show, an actual costumed character from the particular movie will appear to greet friends and share a laugh!

Tickets cost \$4 in advance or \$5 at the door. Children under 3

on this day. The festivities begin at 1 p.m. and will conclude around 3:30 p.m. on November 26. Entertainment will be provided. There will be bus transportation from Prairie View if needed, otherwise, meet your friends and neighbors at the White Eagle. You will receive a note two weeks prior to the big day that will give you the details on how we spend our afternoon together. Reservations are limited, so call Sue or Catherine at 965-1200 to secure a space.

are free. For more information, call (847) 674-1500, ext. 3.

**Mini Art Class offered**

The Morton Grove Park District is offering a four week art class for adults Fridays, November 13 through December 11. This mini class which meets from 10:30 a.m. to 12:30 p.m. will give you the opportunity to explore your creative talents. You will learn basic drawing both in color and black and white... from still life set-ups, landscapes and portraiture. All skill levels are encouraged to join. For further information call 965-1200.

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**HOME STYLE**  
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**For some, moving is hardest part of buying a home**

For some people the hardest part of buying a home is finding it. For others it is arranging the financing. But one of the biggest chores facing almost every home buyer is the actual move.

"It doesn't have to be a nightmare, if you take the time to plan and organize your move," suggests Mark Elliott, president of Elliott Homebuilders. The firm has been building custom and semi-custom homes in the Chicago area for more than 40 years.

Here are some of Elliott's hints for moving with a minimum of wear and tear and a significant reduction of stress and strain:

1. Reduce the number of things to be moved. Discard any items that you have not used in the last year and don't expect to use in the near future. Be ruthless in eliminating anything that has just been collecting dust and taking up space in your present home.
2. Do your own packing. People who are planning a move can save considerable money by doing their own packing (unless your company is paying for the move). Begin in plenty of time before the move and use strong cartons. Pack them with the heaviest things on the bottom. Carton weights should be kept under 50 pounds to make it easier

The charities frequently are able to resell usable items at bazaars and resale shops to support their causes. Be sure to keep receipts of articles donated; they will be needed at income tax time to substantiate deductions for charitable contributions.

Another popular means of eliminating items you no longer need is a garage sale, or running a newspaper ad for some items. You'd be amazed at the things garage-sale hunters buy.

Broken lamps, worn-out appliances and even outgrown clothing can all be used by someone who doesn't mind repairing a bargain item.

Make a checklist so you won't forget important information, such as records from doctors, dentists, lawyers, schools, banks and insurance companies.

4. Send change-of-address cards and notify utility companies of shut-off date.

5. Keep records of expenses. Many moving costs are deductible. Check with your accountant for verification. Meanwhile, keep records of money spent on house-hunting trips and unforeseen expenses due to delays in receiving your furniture or getting into your new home, such as temporary living costs between the time you leave your home and occupy your new home.

for movers. Label the contents of each carton to make unpacking easier in your new residence.

Fragile items require special care when packing, Elliott cautions. He suggests using dish-pack containers with tops and placing a three-inch-deep layer of cushioning material on the bottom. Wrap the heaviest pieces in at least two thicknesses of paper and place them on edge on the bottom. Alternate layers of cushioning material with the dishes and top with cushioning material. Seal the boxes carefully.

3. Remember to save all your important records.

Don't forget to send change-of-address cards to friends, newspapers, magazines, credit card companies and other establish-

ments with whom you do business.

Be sure to notify utility companies of your moving date so that service and billing can be terminated at your old address and started at your new one. Some extra funds may be found by getting refunds from electric, gas, telephone, water or oil companies. Be sure to check into this when talking to the utility companies.

5. Keep records of expenses. Many moving costs are deductible. Check with your accountant for verification. Meanwhile, keep records of money spent on house-hunting trips and unforeseen expenses due to delays in receiving your furniture or getting into your new home, such as temporary living costs between the time you leave your home and occupy your new home.

Elliott Homebuilders currently is developing three new suburban neighborhoods: Delaine Farm is a former horse farm in Morton Grove that is being transformed into a residential community of 51 customized detached single-family homes priced from \$415,900 and 31 duplex townhomes priced from \$269,900; Scarsdale Woods is an exclusive enclave of custom single-family homes in Arlington Heights, priced from \$495,900; and Lake Wil is an infill enclave of seven custom homes priced from \$435,900 in Deerfield.

For information on all Elliott communities, visit the models and sales center at Delaine Farm, 6511 Beckwith Road in Morton Grove. It is two blocks south of Golf Road and 1/2 mile east of Waukegan Road. For more information, call (847) 470-8000.

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## Home Style

### Robin opens 2 condo models, new sales office at Lincoln Ridge

Robin Construction Corp. has relocated its sales office and opened two new condominium display models at Lincoln Ridge, its master-planned residential community in Skokie.

The sales/information center—formerly housed in a temporary structure—and models are situated in the first of two planned mid-rise condominium buildings at 7400 N. Lincoln Ave., two blocks north of Touhy Avenue.

Display models include a two-bedroom, two-bath corner unit with 1,407 square feet of living area and an interior two-bedroom residence with 1-1/2 baths and 1,216 square feet of living area, including balconies.

Two luxurious furnished carriage home models, a two-bedroom and a three-bedroom plan, are also open, reports Cynthia Lee, sales manager. All of the display models were created by the award-winning Chicago interior design firm, Shelly Barrad Interior Designs Inc.

"Shelly Barrad's creative display models are top flight and very popular because they reflect furnishing and decorating schemes that complement the changing lifestyles of the majority of our buyers," said Lee. "They show a lot of vision while at the

same time they provide many practical and useful ideas."

Lincoln Ridge is situated on a nine-acre site approximately two blocks north of Touhy Avenue and just east of the intersection of Skokie Boulevard and Lincoln Avenue.

The \$40 million complex will have a total of 188 residences, including 60 one-, two- and three-bedroom residences in each of the two six-story masonry condominium buildings and 68 carriage homes. The carriage homes are being built in clusters of 17 buildings, designed in the style of single-family homes, each of which has four two- and three-bedroom, single-level residences.

Prices run from approximately \$152,400 to \$229,800 for the condominiums and from \$246,900 to \$289,900 for carriage homes. Prices and availability are subject to change without notice.

Here is a brief description of the two types of residence:

**Condominium Homes** have from approximately 976 square feet in the one-bedroom, one-bath units to approximately 1,724 square feet for the larger three-bedroom plus den, 1-1/2-bath plans have 1,228 square feet with

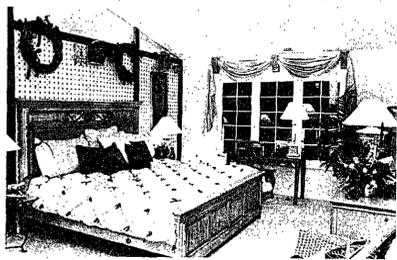
balcony while two-bedroom homes have one, 1-1/2 or two baths and range from approximately 1,171 to 1,455 square feet. Each resident has a balcony with sliding doors and screens.

Kitchens include a cozy breakfast area, a full-size pantry in most residences, a choice of designer cabinetry and no-wax vinyl flooring. White-on-white General Electric appliances include frost-free refrigerators with icemakers, built-in dishwashers, continuous-clean gas ranges and waste disposers. Corner units have a window above the sink for natural light.

Each condominium residence has a spacious laundry. Standards also include plush carpeting in living areas, individually controlled heating and air conditioning, lever handle door hardware and a large walk-in closet. Ceiling heights in all living areas of the condominiums are 8-1/2 feet high, adding wall space and heightening the experience for volume.

Each residence is sprinklered, as are all public areas, and each building has an intercom security system with a TV camera in the lobby.

As part of the purchase price, every owner will have one heated



The luxurious master suite in the three-bedroom carriage home is among the attractions of the four display models created by Shelly Barrad Interior Designs Inc. at Lincoln Ridge, Robin Construction Corp.'s master-planned community in Skokie.

indoor parking space and an individual storage locker adjacent to the parking space.

**Carriage Homes** feature four units in each building; two on the first floor and two on the second floor. They have similar interior appointments, notably spacious kitchens with large breakfast areas that open to a deck or patio through glass sliding doors that flood the area with natural daylight. Elegant bathrooms feature European-style vanity cabinets,

cultured marble vanity tops with two integral bowls, full-width vanity mirrors, theatrical lighting and ceramic tile floors. Master baths have stepping tubs with separate shower enclosures.

Two-bedroom, two-bath carriage homes have approximately 1,647 square feet, including the patio, while the three-bedroom, two-bath plans have 1,885 square feet, including a deck.

Each carriage home has a private front door entry and a private garage with direct access to the home. Optional enhancements include family rooms, fireplaces and vaulted ceilings.

Lincoln Ridge boasts a location on the border of Skokie and Lincolnwood that is just blocks away from the Touhy Avenue entry to the Edens Expressway (U.S. Highway 94).

"It's an ideal location in terms of access to work centers in both downtown Chicago and the suburbs, as well as such major shopping centers as Old Orchard, Village Crossing, Lincolnwood Town Center or Northbrook Court, and countless dining and entertainment facilities," pointed out Richard Robin, president of Robin Construction Corp. "And the community provides excellent medical facilities, headed by the nearby Rush North Shore Medical Center."

Condominium and carriage home owners will have separate homeowner associations in addition to a master association that will be responsible for exterior maintenance such as landscaping and lawn care and snow removal, as well as the upkeep of common areas.

The Lincoln Ridge sales center and display models are open from 10 a.m. to 5 p.m. Monday through Saturday and from noon to 5 p.m. on Sunday.

For additional information, call (847) 329-0303.

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### Some pointers on using stains

While most homeowners have a basic understanding of paint, they know far less about exterior stains.

To help bridge this information gap here are answers to some of the most common questions about exterior stains, courtesy of experts at the Rohm and Haas Paint Quality Institute.

**Q: How does an exterior stain differ from paint?**

**A:** Both paints and stains impart color to a surface, but paints obscure the texture of the surface below, essentially creating a new, uniform surface, while stains maintain the texture—and sometimes even the grain—of the underlying surface.

**Q: Are there different types of exterior stains?**

**A:** There are two broad categories of exterior wood stains: "solid color" stains, sometimes referred to as "opaque" stains; and "semi-transparent" stains (sometimes called "transparent" stains).

Solid color stains are more highly pigmented and, hence, are more like paint. They are designed to allow the texture of the wood to show through, but not the grain.

Semi-transparent stains contain less pigment and produce a thinner film, in part to allow the texture and the grain of the wood to show through. Both solid color

and semi-transparent stains are available in water-based and oil-based formulations.

**Q: How important is the quality of an exterior stain?**

**A:** Very. While it is always wise to use top quality coatings on the home's exterior, it is especially important when working with stains. Consider that exterior paints are commonly applied on top of a primer and often in two coats; in contrast, stains are typically applied direct to bare wood in just a single, thin coat. You can't afford to compromise quality on this type of application.

**Q: What is the proper way to prepare exterior wood for staining?**

**A:** Exterior stains can be applied directly to new bare wood that is free of dust, dirt and mildew. New bare wood that is dirty should be washed with soapy water, then rinsed; mildew can be removed by scrubbing with a common bleach solution (one part bleach, three parts water), and allowing the solution to stand on the surface for a few minutes before rinsing.

If the wood was previously stained or painted it should be power washed to remove the old coating, dirt and mildew. One final tip: For best results, bare

wood that has weathered more than a few weeks should be thoroughly sanded before applying the stain, to remove surface wood fibers.

**Q: What is the best technique for applying exterior stain?**

**A:** On wood, lap- or bevel-siding, stain should be applied with either a brush or roller in a horizontal fashion. Apply the stain to just a few boards at a time, working all the way to the end of the wall, then do the next lower boards, and so on. Following this procedure will help prevent "lapping," an unsightly effect created when dry and wet sections of stain overlap, leaving extra pigment in the overlap area. (When staining vertical sections, like board and batten siding, work the boards from top to bottom before starting the next board.)

**Q: How often should exterior stains be applied?**

**A:** Stains usually have to be reapplied more often than paints, typically every few years. This is especially true for semi-transparent stains. When applying latex stain, use of 100 percent acrylic stain will provide better adhesion and likely lengthen the life of the job.

### Major home remodeling costs are tied to kitchens and baths

You may be interested in cooking up helpful ideas for improving your kitchen and bathroom.

Kitchens and bathrooms have always been popular targets for home remodeling, but in recent years, spending has reached an all-time high.

A recent survey showed that affluent Americans (those earning more than \$100,000) spend more than \$31 billion per year on home improvements. A large amount of this sum went toward luxury kitchens and bathrooms. Remodeling industry surveys show that almost 47 percent of Americans remodel their kitchens at some point, while 46 percent fix up their bathrooms.

**Big Bucks**  
The average major kitchen remodeling project costs slightly more than \$22,000, but for affluent homeowners, a new kitchen can cost at least \$60,000.

Similarly, the average new bathroom costs about \$8,500 and for upscale homes, that number can go as high as \$40,000.

For more information about the Black & Decker Home Improvement Library, visit their website at: [www.howtobookstore.com](http://www.howtobookstore.com), or look for these books in home improvement stores nationwide.

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## Required Shot of Prevention: Hepatitis B

With so much attention being given to HIV and AIDS, a more common sexually transmitted disease is often overlooked. Hepatitis B, once known as "serum hepatitis," is five times more common than HIV. Caused by a virus that attacks the liver, hepatitis B can lead to irreversible liver damage and possibly death. Make sure you don't fall victim to this virus -- get vaccinated.

The hepatitis B virus is transmitted through blood, semen, vaginal secretions and other body fluids. The most common ways to become infected are by having sex with an infected person, by being stuck with a contaminated needle (including tattoo needles), and other blood contact such as scratch. An infected mother can also pass the virus to her baby at birth. Because approximately 1/3 of all hepatitis B cases come from an unknown origin, other means of transmission are suspected. Saliva has been said to transmit the virus, as has inhaling contaminated cocaine through the nostrils.

Since the virus can live outside the body for extended periods of time, items that have come in contact with infected body fluids (such as a razor or toothbrush) can also transmit the disease. Children should be discouraged from putting shared objects in their mouths, and proper hand washing should be stressed.

Symptoms of hepatitis B include yellowing of the skin and eyes, loss of appetite, nausea, vomiting, fever, stomach or joint pain and extreme fatigue. Not everyone who has hepatitis B exhibits these symptoms, however. A person can carry the virus and unknowingly spread the disease to others while remaining free of symptoms.

Vaccination against the disease is the only sure way to avoid infection. In an effort to move toward universal vaccination, Illinois law mandates that children get the hepatitis B vaccine before starting 5th grade or upon entering day care. These ages have been selected because other vaccinations and/or school physicals are needed at these times, making it easy to take care of all treatment needs in one doctor's appointment. It is also the intent to vaccinate children early so that if they engage in risky behaviors at later stages of life, they will have already been protected from hepatitis B.

It takes advance planning, however, to comply with the hepatitis B mandate in time for the 1998 school year. The vaccine consists of a series of three shots. Current minimum requirements state that the first two shots must be given four weeks apart and the third at least two months after the second. Health officials recommend that the spacing between the second and third shot be at least four months and, at the physician's discretion, up to six months apart. While timing now makes it impossible for the series of shots to be started and effectively completed before the start of this school year, students will be allowed to begin school with proof that appropriate vaccination appointments have been made. The only exceptions are for those children whose parents or physicians have filed a religious or medical exemption with the school district.

Hepatitis B, while preventable by vaccination, can be deadly if left untreated. Prescription drugs can be administered, depending on the stage of the disease. If the disease advances too far, cirrhosis (hardening) or cancer of the liver can develop, causing liver functions to be reduced or shut down. When the liver doesn't function properly, stomach and bowel functions and essential hormone production are affected. Blood flow through the liver is blocked, causing back pressure. It also leads to high blood pressure. Most people infected by this virus can expect to lead a full and normal life. Remember, however, that many infected people are silent carriers and can pass the disease on to their spouses and children. Getting the hepatitis B vaccination can assure that the virus isn't a part of your life at all. If you have questions about hepatitis B or about how to get the vaccination, talk to your doctor.

## Are you at risk of brain attack? Rate yourself

You can reduce your risk of brain attack. Start by becoming aware of your risk factors--the personal characteristics and habits that increase your chances of having stroke or heart disease. Some you can't change or control; some you can, by making a few changes in your daily habits.

Check all that apply to you. If you check two or more, see your doctor for a complete assessment of your risks.

- You are a woman over 55 years old, or you have passed menopause or had your ovaries removed.
- You are a man over 45 years old.
- You have diabetes or take medicine to control your blood sugar.
- You have coronary artery disease, or you have had a heart attack.
- A doctor said you have carotid artery disease, or you have had a stroke.
- You have an abnormal heartbeat.
- You have a close blood relative who had a brain attack.
- You have a close blood relative who had a heart attack before age 55 (if father or brother) or before age 65 (if mother or sister).

- Your blood pressure is 140/90 mm Hg or higher, or you have been told that your blood pressure is too high.
- You don't know what your blood pressure is.
- You smoke, or live or work with people who smoke every day.
- Your total cholesterol level is 240 mg/dL or higher.
- Your HDL ("good") cholesterol level is less than 35 mg/dL.
- You don't know your total cholesterol or HDL levels.
- You get less than a total of 30 minutes of physical activity on at least 3 days per week.
- You are 20 pounds or more overweight.

## High Blood Pressure

The American Heart Association says that 35 percent of Americans who have high blood pressure don't know they have it.

According to the American Heart Association, the prevalence of high blood pressure increases with age, is greater for blacks than for whites, and in both races is greater in less-educated than in more-educated people.

"A good education is the next best thing to a pushy mother."  
--Charles Schultz

## Divorce, Separation and Taxes

by Robert E. Brazzil, IRS District Director

Divorced and separated taxpayers encounter unique tax problems and situations. They are faced with questions like: who gets to claim the children as exemptions, which filing status should I use, is this money considered alimony, and how do we handle property settlements?

The most common question the Internal Revenue Service is asked by divorced or separated parents is, "Who can claim the children as dependents?" The general rule is that the custodial parent is treated as having provided over half of the child's total support. This means the custodial parent can claim the child

as a dependent, if the other dependency tests are also met.

However, custodial parents can agree not to claim the child as an exemption by filing Form 8332, "Release of Claim of Exemption for Child of Divorced or Separated Parents." The non-custodial parent attaches the signed form to his or her return, and can claim the child as a dependent. Additional information on this issue is available in Publication 504, "Divorced or Separated Individuals."

And don't forget, you must include on your tax return the taxpayer identification number (generally the social security

number -- SSN) of every person for whom you claim an exemption. If you need an SSN, contact your local Social Security office and ask for Form SS-5, "Application for a Social Security Number Card." If you do not list the dependent's SSN, when required or if you list an incorrect SSN, the exemption may be disallowed.

The answer to the filing status question will partly depend on your marital status on the last day of the tax year. If you are unmarried, your filing status is single, or if you meet certain requirements, head of household. Generally, you are considered

unmarried for the whole year if you obtained a final decree of divorce or separate maintenance by the last day of the tax year, or if you obtained a decree of annulment.

If you are separated but have not obtained a final decree of divorce or separate maintenance by the last day of the tax year, you are considered married for the whole year. An interlocutory decree is not a final decree.

Divorced individuals sometimes pay or receive alimony. Alimony can be deducted by the payer and must be included in income by the recipient. Only cash payments now qualify as alimony. Child support payments and noncash property settlements are never considered alimony, and are not taxable or

deductible.

In the case of property settlements, a taxable gain or loss on the transfer of property between spouses or former spouses is not recognized if the transfer is made because of divorce. You may, however, have to report the transaction on a gift tax return.

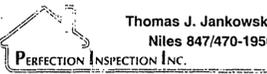
If the property you owned jointly is sold in order to split the proceeds as part of your property settlement, you must each report your share of the gain or loss on the sale.

I know this is a complicated subject. If you would like more information, consult Publication 504. We'll mail it to your home free of charge. Just call us toll-free at 1 (800) 829-3676.

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# MEDICAL GUIDE

## A Directory of Area Medical Services

To Advertise In This Guide Call  
Sandy Greene 847-588-1900

<p><b>DENTIST</b></p>  <p><b>HAROLD J. KRINSKY</b> D.D.S. Gentle dentistry, for a lifetime of beautiful smiles</p> <p><b>\$50 OFF FIRST VISIT WITH AD</b></p> <p>4801 WEST PETERSON AVE., SUITE 316 • CHICAGO, IL 60646 Phone 773-685-9666</p>	<p><b>DENTIST</b></p> <p><b>Jeffrey S. Zeller D.D.S.</b> General Dentistry</p> <p>Located At <b>DENT-SURE DENTAL SERVICES</b></p> <table border="0"> <tr> <td>Full Denture .....\$299 ea.</td> <td>• Implants</td> <td>• Fillings</td> </tr> <tr> <td>Face Lift Denture .....\$350 ea.</td> <td>• Extractions</td> <td>• Repair &amp; Re-line</td> </tr> <tr> <td>Partial Denture .....\$389 ea.</td> <td>• Root Canals</td> <td>• Root Canal</td> </tr> <tr> <td>Porcelain Crown .....\$449 ea.</td> <td>• Cosmetic</td> <td>• Same Day</td> </tr> <tr> <td>Retire .....\$99 ea.</td> <td>• Bonding</td> <td>• Service</td> </tr> </table> <p><b>BRING IN AD FOR FREE INITIAL EXAMINATION</b></p> <p>7518 N. Harlem Ave. Chicago, Illinois 60631 <b>(773) 631-9700</b></p>	Full Denture .....\$299 ea.	• Implants	• Fillings	Face Lift Denture .....\$350 ea.	• Extractions	• Repair & Re-line	Partial Denture .....\$389 ea.	• Root Canals	• Root Canal	Porcelain Crown .....\$449 ea.	• Cosmetic	• Same Day	Retire .....\$99 ea.	• Bonding	• Service	<p><b>DENTIST</b></p> <p>Telephone 773-631-3018</p> <p><b>RONALD A. PODRAZA D.D.S.</b> General Dentistry</p> <p>6424 Northwest Hwy. Near Devon and Harlem Chicago, IL 60631</p> <p>Hours By Appointment Sat. and Evenings Available</p>
Full Denture .....\$299 ea.	• Implants	• Fillings															
Face Lift Denture .....\$350 ea.	• Extractions	• Repair & Re-line															
Partial Denture .....\$389 ea.	• Root Canals	• Root Canal															
Porcelain Crown .....\$449 ea.	• Cosmetic	• Same Day															
Retire .....\$99 ea.	• Bonding	• Service															
<p><b>DENTIST</b></p> <p>TEL 847-696-3240 FAX 847-696-0588</p> <p><b>Cameron, Grauer &amp; Shipka</b> DENTAL ASSOCIATES, LTD DR. D. E. GRAUER DR. S. M. SHIPKA DR. M. KUCHTA</p> <p>101 SOUTH WASHINGTON • PARK RIDGE, ILLINOIS 60068</p>	<p><b>DENTIST</b></p> <p><b>NILES DENTAL CARE</b> Dr. Deen Rahim, D.D.S., D.M.D. 8700 W. Dempster, Suite 212 Niles, IL (847) 827-5252</p> <p>Complete Exam. 2 to 4 X-Rays and PROFESSIONAL CLEANING <b>\$40.00</b> with this ad</p> <p>Accept All Dental Insurances, HMOs, PPOs, Private and Public Assistance, Harmony and SIGNATURE PLANS.</p>	<p><b>PODIATRIST</b></p> <p><b>••• Dr. Thomas M. Kiely •••</b></p> <ul style="list-style-type: none"> <li>• Board Certified in Foot and Ankle Surgery</li> <li>• Diplomate American Board of Podiatric Surgery</li> <li>• Member American and Illinois Podiatric Medical Assn.</li> <li>• Medicare</li> <li>• Most Insurance</li> <li>• HMO's, PPO's, POS</li> <li>• Evenings</li> <li>• Saturdays</li> <li>• House Calls</li> </ul> <p>Free Initial Consultation</p> <p><b>9101 N. Greenwood, Suite 304</b> <b>847-298-9653</b></p>															

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## ACCOUNTING/    ACCOUNTING/    CLERICAL/OFFICE OPPORTUNITIES    CLERICAL / OFFICE OPPORTUNITIES

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Growing Niles Company Has An Immediate Opening For A Dependable, Detail-Minded, Individual With Experience In A/R, A/P, G/L And Spreadsheets. Knowledge Of Excel And PC Based Accounting Software Required. Hours Are Flexible, Salary Is Competitive And Benefits Include Health Insurance And 401K.  
**Fax Resume To:**  
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Client co. in Evanston seeks indiv. w/2yrs. exp. in AR, account rec's & cash apps.  
**Tamara**  
**(847) 253-9030**  
**(f) 253-9545**

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Call (312) 435-0990 or fax resume to (312) 435-1333.  
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175 West Jackson Blvd., Suite 1900, Chicago, IL 60604

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Detail-oriented individual with 6 months teller or heavy cash handling with balancing experience.  
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Call (847) 724-9000 For Interview Appointment Or FAX resume with cover letter to Human Resources  
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Grand National Bank is looking for customer focused and sales oriented tellers to join our team in Niles and Northbrook. Previous cash handling and customer service/sales experience preferred. Qualified applicants may stop in and fill out an application at either location:  
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1300 Meadow Rd., downtown Northbrook  
Or send resume and salary requirements to:  
Grand National Bank  
486 W. Liberty Street  
Wauconda, IL 60084  
FAX (847) 526-3750  
ONE to a day fax work environment EOE/AA

**CLERICAL/OFFICE OPPORTUNITIES**  
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Part-time office help wanted. We will train  
**Call: 847-674-7000**

**CLERICAL/OFFICE OPPORTUNITIES**  
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Manufacturing company needs a Sales Dept. clerk/typist with 2 years office experience. Must type 60 wpm, PC and good math skills. Monday thru Friday, 8:30 a.m. to 5 p.m. This is an excellent opportunity with generous company benefits.  
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Tuesday Mornings  
Vic. Foster & California  
Typing Skills Necessary  
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East Maine School District 63  
**(847) 299-1900**  
Or Fax  
**(847) 299-9963**

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GREAT OPPORTUNITY for detail-oriented candidate to assist in Engineering & Customer Service Depts. Requires good math aptitude & typing; Excel & MS Word a plus. Excellent Benefits.  
Mail/Fax  
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Resume to:  
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Niles, IL 60714

Morton Grove Office Needs Dependable Person To Do  
**CLERICAL ACCOUNTS RECEIVABLE**  
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Call Kims: (847) 966-7575  
Or Fax: (847) 966-5484

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CRT/Data Entry Skills A Must  
Only Motivated Candidates Need Apply  
Competitive Salary Plus Full Benefits  
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**(847) 965-8867**

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Large Niles employer has immediate openings for Customer Service Reps. Must have good interpersonal skills, basic computer knowledge and be reliable. Bus accessible. Call Theresa or Christina at 847-296-1026. EOE M/F/D/V.

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For P/T. Experience. Great Opportunity. Benefits. Park Ridge/Des Plaines.  
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**FOOD SERVICE (Food Prep/Server)**  
If you're looking for a PART-TIME job CLOSE-TO-HOME, check out our Food Preparation/Server position in NILES! Candidate will work 5 hours per day, Monday-Friday, during the school year. Ideal position for active retirees, mothers of young children and others! To apply, please contact:  
**FOOD SERVICE MANAGER**  
**(847) 965-2900 Ext. 8692**  
EOE

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FULL/PART TIME    FULL/PART TIME    FULL/PART TIME    FULL/PART TIME    FULL/PART TIME

## CUSTOMER SERVICE

**Everyone knows Xerox.**  
Now, we want to get to know you.

Change is creating rewarding opportunities for you with Xerox. Increased opportunities are available for you to build a name for yourself with one of the best known names in American business.

Full time, entry level professional status positions are waiting for friendly people with good problem solving skills, excellent telephone etiquette, and PC familiarity. Responsibilities include sales support in editing/processing orders and resolving customer inquiries, billing questions or customer collections issues. At least one year experience in order editing, billing, call center or customer collections is required.

If you're a self-starter looking for an opportunity to build a career with a highly respected company, take a closer look at these full time opportunities offering excellent compensation, outstanding benefits and company paid training.

Let's get to know each other better. Please send your resume to Xerox Attn: Staffing Dept., 350 S. Northwest Highway, Park Ridge, IL 60068; FAX: 773-380-3676. Equal Opportunity Employer.

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O'Hare Area Opportunities.  
\$19,000 - \$22,000 annually

**XEROX**  
THE DOCUMENT COMPANY

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RGIS Needs Dependable Flexible People Interested In Working In The Inventory Field.  
Starting Pay \$8/Per Hour-Hours Vary  
Plenty Of Room For Advancement. Work In Northwest Suburbs. Must Be Able To Speak & Understand English & Have Reliable Transportation.  
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**•RN/LPNs PT (DAYS) & REGISTRY**  
•CNA's (IDPH Registry) FT & PT ALL SHIFTS  
•NSAs (bedmaker) FT DAYS  
APPLY IN PERSON (NO APPT. NEC.) MON-FRI 9:00 A.M. - 4:00 P.M.  
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**Tel: 773-631-4856 Fax: 773-631-4850**  
EOE

## PsychoSocial Assistant

Long term care facility in North Shore community seeks PsychoSocial Assistants for one-to-one visits with residents and group interaction. Must have good verbal and written communication skills. Prior experience preferred but will train right candidate.  
To apply, call **Valsa Issac**  
Glenview Terrace Nursing and Rehabilitation Center  
1511 Greenwood, Glenview 60026  
**(847) 729-9090**  
Equal Opportunity Employer

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Would you like to work for an organization that cares about you? Look no further! Bethany Terrace Nursing Centre has full-time and in-house registry positions open for all shifts. Prior experience with Alzheimer's patients is helpful.  
For immediate consideration, contact Cynthia Lou at (847) 965-8101, Ext. 238 or stop by.

**BETHANY TERRACE NURSING CENTRE**  
8425 N. Waukegan Rd.  
Morton Grove, IL 60053  
FAX: (847) 965-8965  
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Ask for Roseann

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Full-Time/Part-Time  
Call Vince At:  
**(708) 867-7770**  
**VINCE'S RESTAURANT**  
Harlem & Lawrence

**SERVERS WANTED**  
Full-Time  
10 PM - 6 AM  
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Niles  
**(847) 296-7777**

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For consideration, Please Call:  
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Or Apply:  
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Skokie, IL 60077  
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**(847) 657-3204**

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- STOCK PEOPLE
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**PERYAM & KROLL**  
6323 N. Avondale  
(6300 North - 7300 West)  
**(773) 774-3155**  
Ask For Jack

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\$7.00/hour - 10-12 hours/week  
Are you looking for part-time work with flexible schedules? Are you able to work independently? Do you have a reliable, insured auto? A national market research firm seeks permanent, part-time employees to collect product information from local retail stores in the Northfield/Northbrook area.  
**Call 847-384-0223**  
EOE

## MEDICAL/ HEALTHCARE

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Hourly and Live-in positions available for Chicago and surrounding suburbs. English speaking. Interviewing in Highland Park  
Call for an appointment Monday-Friday  
Ask for Mary or Linda  
Gentle Home Services, Inc.  
**847-432-9100**

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Needed Immediately:  
•AIDES  
•HOMEMAKERS  
•LIVE-IN'S  
For Private Duty Home Care Short Term & Long Term Cases  
Please Call Kelly -> AM - 4 PM  
**(847) 647-1511**

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<p><b>PROFESSIONAL OPPORTUNITIES</b></p> <p><b>•REPORTER</b> Work Evenings Covering Board Meetings For The Bugle Newspapers Experience Preferred Call: (847) 588-1900 Ask For Marti</p>	<p><b>SOCIAL SERVICES</b></p> <p><b>DIRECT CARE STAFF</b> For Development Disabled Adults In Niles Group Home Setting. \$7/Hour - 3 PM-8 PM Monday - Thursday Call: (773) 594-0921</p>	<p><b>TRADES</b></p> <p><b>LIFEGUARDS NEEDED</b> Niles Family Fitness Center</p> <p>If you're dependable, outgoing and love the water, we'll train you to be an American Red Cross Certified Lifeguard.</p> <p>All applicants must meet the following criteria and be able to perform the following pre-course skills:</p> <ul style="list-style-type: none"> <li>• Must be 15 years or older</li> <li>• Must be able to swim 500 yards continuously using Crawl Stroke, Breaststroke, and Sidestroke.</li> <li>• Must be able to submerge 7 feet under water and retrieve a 10 lb. object.</li> <li>• Must be able to tread water for 2 minutes using legs only.</li> </ul> <p>For Additional Information Contact: Kristy Hufford Village of Niles 1000 Civic Center Drive (847) 588-8405 <b>ALSO HIRING:</b> Water Attendants &amp; Locker Room Attendants * No Experience Needed *</p>	<p><b>TRADES</b></p> <p><b>Jan and Donna Work</b> Part-Time and Still Go to the Movies Every Weekend Never Work A Weekend or Holiday Again!</p> <p><b>STEADY &amp; SEASONAL PACKAGE HANDLERS</b> PART-TIME • \$8.50-9.50/Hour</p> <ul style="list-style-type: none"> <li>• Consistent Work Schedule</li> <li>• WEEKENDS &amp; HOLIDAYS OFF</li> <li>• Must Be 17 Years or older</li> <li>• 3-1/2 to 5 Hour Shifts</li> </ul> <p><b>ADDISON, IL</b> (1-355 @ Army Trail Rd.) <b>NORTHBROOK, IL</b> (2525 Sherman Road) <b>PALATINE, IL</b> (Hicks &amp; Rand Rd.) FACE Bus #212 Davis St-Northbrook</p> <p>Various Shifts available at each location.</p> <p>Call Toll Free 7 Days a Week - 24 Hours a Day <b>1-888-4UPS-JOB</b> Access Code: 4483</p> <p>www.ups.com Equal Opportunity Employer</p>	<p><b>TRADES</b></p> <p><b>MAINTENANCE MECHANIC</b> Experienced In Production Line Maintenance, General Welding And Electrical Skills Would Be Helpful. Wages To Fit Experience And Skill Level. Respond In Person To: <b>UNIVERSAL STATUARY CORP</b> 6400 W. Gross Point Road Niles, IL 60714</p>
<p><b>RETAIL</b></p> <p><b>Roll In Some Holiday Dough!</b></p> <p>Shape up your finances this holiday season when you join the leader in retail - <b>WARDS!</b> If you have a strong customer service focus, consider joining our top retail sales team in the areas of <b>Electrical/Appliances, Furniture, Fine Jewelry or Apparel.</b> We have opportunities available now through the end of the holiday season for:</p> <p><b>SALES ASSOCIATES</b> (Commission &amp; Non-Commission) <b>RECEIVING/STOCK ASSOCIATES</b></p> <p>Call NOW - 7 days a week/24 hours a day: <b>1-800-WORK-123</b></p> <p>Or apply in person at the <b>WARDS</b> store nearest you!</p> <p>Keep the dough rolling in at <b>WARDS!</b> The earning potential for our Commission Sales Associates is unlimited - up to \$15.00/hr. or more! All of our associates are offered flexible hours, evening/weekend scheduling and substantial merchandise discounts.</p> <p><b>WARDS</b> Shop Smart. Give Well.</p> <p>An equal opportunity employer promoting a drug-free/smoke-free work environment.</p>	<p><b>TRADES</b></p> <p><b>Butera Finer Foods</b> Is Accepting Applications For: <b>• CASHIERS</b></p> <p>Flexible Hours - Apply Within 229 Golf Mill Center At Golf Mill Mall-Niles Also Apply At: 727 Golf Road Des Plaines</p>	<p><b>TRADES</b></p> <p><b>DRIVERS ROUTES &amp; DEMAND</b> Larson Express, a busy courier company, seeks drivers for Full-Time (Some Part-Time) demand &amp; some routed deliveries in Chicagoland area. Various shifts &amp; starting times. Use own insured, reliable vehicle, have excellent driving record, professional appearance, &amp; positive attitude. Good pay, steady work. <b>\$100 RETENTION BONUS</b> Interested? Call Dick At: (847) 342-1100 - Ext. 125 EOE</p>	<p><b>TRADES</b></p> <p><b>• DRIVERS</b> Local Moving &amp; Storage Seeks CDL Tractor/Trailer Drivers With Moving Experience In All Phases Experienced Only Need Apply (847) 724-0224</p>	<p><b>TRADES</b></p> <p><b>WINDOW CLEANER</b> Experienced - Far Residential Start Immediately - Good Pay (847) 724-2723</p>
<p><b>RETAIL</b></p> <p><b>THE GLASS GALLERY LIMITED</b> (Golf Mill Mall) Our Premier Holiday Gift Kiosk Needs Honest, Self-Starting Individual For Part-Time Help From Nov. 17-Dec. 31 Retail Or Management Skills A Plus! Day-Evening &amp; Weekend Hours Available 10-30 Hours Per Week - \$7-\$10/Hour + Bonus Plan CALL: 9 AM - 9 PM <b>1-800-466-4527</b></p>	<p><b>SALES</b></p> <p><b>AVON PRODUCTS</b> Start A Home-Based Business Work Flexible Hours Enjoy Unlimited Earnings Call Toll Free: <b>(888) 561-AVON</b></p>	<p><b>TRADES</b></p> <p><b>SNOW PLOWERS WANTED WITH NEWER TRUCKS TO PLOW OUR COMMERCIAL SITES. LONG HOURS. TOP PAY. CALL 847-808-7800</b></p>	<p><b>TRADES</b></p> <p><b>PREP COOK</b> Required For Skokie Cafeteria Monday Through Friday 6AM - 1:30PM Starting Pay \$5.50/Hour Pay &amp; Position Will Increase After 3 Months If Potential Is Shown Call: (773) 935-9910 or (773) 259-6080</p>	<p><b>NOTICE</b> The Bugle Newspapers does its best to screen advertisements for their authenticity and legitimacy. However, we cannot be responsible for all claims, products and services of advertisers.</p>

**CLASSIFIEDS**

FULL/PART TIME	FULL/PART TIME	MISCELLANEOUS	MISCELLANEOUS	PERSONALS
<p><b>TRADES</b></p> <p><b>Jan and Donna Work</b> Part-Time and Still Go to the Movies Every Weekend Never Work A Weekend or Holiday Again!</p> <p><b>STEADY &amp; SEASONAL PACKAGE HANDLERS</b> PART-TIME • \$8.50-9.50/Hour</p> <ul style="list-style-type: none"> <li>• Consistent Work Schedule</li> <li>• WEEKENDS &amp; HOLIDAYS OFF</li> <li>• Must Be 17 Years or older</li> <li>• 3-1/2 to 5 Hour Shifts</li> </ul> <p><b>ADDISON, IL</b> (1-355 @ Army Trail Rd.) <b>NORTHBROOK, IL</b> (2525 Sherman Road) <b>PALATINE, IL</b> (Hicks &amp; Rand Rd.) FACE Bus #212 Davis St-Northbrook</p> <p>Various Shifts available at each location.</p> <p>Call Toll Free 7 Days a Week - 24 Hours a Day <b>1-888-4UPS-JOB</b> Access Code: 4483</p> <p>www.ups.com Equal Opportunity Employer</p>	<p><b>MISCELLANEOUS</b></p> <p><b>APTS. FOR RENT</b></p> <p>NILES-Large Apt. - 3BR 2 BA-Quiet/Parking/No Pets Nr. Shp &amp; Transp (847) 965-8643</p> <p>Niles-7630 N. Milwaukee Ave.-1Bedroom \$575-\$600-Available -12/1/98 (773) 764-0802</p>	<p><b>MISCELLANEOUS</b></p> <p><b>AUTOS FOR SALE</b></p> <p><b>Buick</b></p> <p>79-Cadillac-Eldo-Brzt-Low Mil. Good Cond-T-Top-Alarm System \$3,000-(847) 647-2042</p> <p>LOREN BUICK/HYUNDAI 1620 Woukegon Road, Glenview (708) 729-8900</p> <p><b>ESTATE SALE/ GARAGE SALE</b></p> <p>NILES-7660 GRENNAN Saturday Only - 11/14-8 AM-4PM Lots of Everything!</p> <p><b>FOR SALE</b></p> <p>Snow Thrower-Craftsman-3 H.P. Almost New-Perfect Running Condition. \$175/Firm - (847) 965-6022</p> <p><b>FURNITURE FOR SALE</b></p> <p><b>DESIGNER MODEL HOME FURNITURE CLEARANCE</b> Sofa/LS Sets Hunter Green \$495. Earthtones \$595- Sect1/Recliner- 3-piece \$1195- Sofa White \$350- Also: Plaids, Florals, Leathers, Etc. Dining Room Sets 10-Piece- From \$1395-Cherry, Mahogany, Oak, White, Etc. Bedroom Sets From \$995. <b>(847) 329-4119 or (630) 778-3433</b></p> <p>Bosset Oak Spindle Juvenile Bed Like New - Infant Girls Clothing/ Sizes - Birth to Toddler (847) 967-7279</p> <p>Living Room &amp; Den Furniture Tables &amp; Lamps - Good Condition Moving Sale - (312) 810-5938</p>	<p><b>PERSONALS</b></p> <p><b>POWERFUL PRAYER TO THE HOLY SPIRIT!</b> You who solve all problems, who light all roads so that I can obtain my goals. You, who give me the divine gift to forgive and to forget all evil against me and that in all instances of my life, you are with me. I want in this short prayer to thank you for all things and to confirm that I never want to be separated from you, even in the spite of all material losses. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say this prayer for 3 consecutive days, without mentioning the favor and publish. A favor will be granted. Thank You. B.D.</p> <p><b>St. Jude's Novena</b> May the Sacred Heart of Jesus be adored, glorified, loved and preserved. Throughout the world, now and forever. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, helper of the helpless, pray for us. Say this prayer nine times a day, for nine days. On the eighth day your prayers will be answered. It has never been known to fail. Publication must be promised. Thank You St. Jude. B.D.</p> <p><b>PETS / KITTY</b></p> <p>Must Find A Good Home For Our Kitty - 2 Years Old - White-Green Eyes - Neutered - Declawed - Litter Box Trained - Current Shots - All Acces. Incl. Friendly &amp; Loves To Be Petted - Great Companion For Seniors! Call Corale-Days (773) 631-1400</p> <p><b>SITUATIONS WANTED</b></p> <p>Need Garage For Storage For Auto-Vic. of Harlem &amp; Main Call Clem (847)965-0381</p> <p><b>TANNING</b></p> <p><b>WOLFF TANNING BEDS TAN AT HOME</b> Buy DIRECT and SAVE! Commercial/Home units from 1999 Low Monthly Payments FREE Color Catalog Call TODAY 1-800-711-0158</p> <p><b>WANTED TO BUY</b></p> <p><b>WANTED WURLITZERS JUKE BOXES ALSO Slot Machines Any Consignee</b> 1-630-985-2742 Fax: 1-630-985-6151</p> <p>CASH PAID FOR USED AIR CONDITIONERS (773) 582-5846</p> <p><b>NOTICE</b> The Bugle Newspapers does its best to screen advertisements for their authenticity and legitimacy. However, we cannot be responsible for all claims, products and services of advertisers.</p>	
<p><b>TRADES</b></p> <p><b>Part-Time Positions Family Fitness Center</b></p> <p>The new Village of Niles Family Fitness Center, scheduled to open in December, 1998, is accepting applications for several part time positions including:</p> <ul style="list-style-type: none"> <li>• Lifeguards</li> <li>• Locker Room Attendants</li> <li>• Water Attendants</li> <li>• Gym Supervisor</li> </ul> <p>Applications available at: <b>Personnel Office, Village of Niles</b> 1000 Civic Center Drive, Niles, IL 60714 Apply or send resume by <b>November 30, 1998</b> For more information Call Kristi Hufford at: <b>847-588-8405</b> EOE, M/F</p> <p>The Bugle Newspapers "The Newspapers That Deliver" Serving The North and Northwest Suburbs</p>	<p><b>MISCELLANEOUS</b></p> <p><b>REAL ESTATE</b></p> <p>IN THE CIRCUIT COURT OF Cook County, Illinois, County Department - Chancery Division, Novastar Mortgage Inc., Plaintiff, vs. Craig Jacobs, et al., Defendants. 97CH13506.</p> <p>PUBLIC NOTICE IS HEREBY GIVEN that pursuant to a Judgment of Foreclosure and Sale entered in the above cause on February 9, 1998. The Judicial Sale Corporation will at 10:30 a.m. on December 3, 1998, in its office at 333 N. Dearborn Street, Suite 201, Chicago, IL 60602-3100, sell at public auction to the highest bidder for cash, as set forth below, the following described real estate: Commonly known as 9140 N. Washington St., Niles, IL 60714. The real estate is improved with a single family 1 story w/ frame and brick residence with attached 2 car garage. The judgment amount was \$224,399.46.</p> <p>Sale Terms: This is an "AS IS" sale for "CASH". The successful bidder must deposit 10% down by certified funds, balance, by certified funds, within 24 hours. NO REFUNDS.</p> <p>The subject property is subject to general real estate taxes, special assessments or special taxes levied against said real estate, water bills, etc. and any other mortgages of record and is offered for sale without any representation as to quality or quantity of title and without recourse to plaintiff. The sale is further subject to confirmation by the court. Upon payment in full of the bid amount, the purchaser shall receive a Certificate of Sale which will entitle the purchaser to a Deed to the real estate after confirmation of the sale.</p> <p>The property will NOT be open for inspection. Prospective bidders are admonished to check the court file to verify all information.</p> <p>The successful purchaser has the sole responsibility/expense of evicting any tenants or other individuals presently in possession of the subject premises.</p> <p>For information: Between 3 p.m. and 5 p.m. only - Pierce &amp; Associates, Plaintiff's Attorneys, 18 S. Michigan Avenue, Chicago, IL 60603. Tel. No. (312) 346-9088. Ext. 252. Please refer to File No. PA975014.</p> <p>Plaintiff's attorney is not required to provide additional information other than that set forth in this notice of sale.</p> <p>NOTE: Pursuant to the Fair Debt Collection Practices Act you are advised that the Law Firm of Pierce &amp; Associates is deemed to be a Debt Collector attempting to collect a debt and any information obtained will be used for that purpose. 5427A2C.</p> <p><b>TOWNHOUSE/ FOR SALE</b></p> <p>7143 Niles, Niles Open 11/8 1-3p.m. Spac. red brk end unit twnhse w/lge front yd &amp; priv back garden. Cofh. cells, hwdw flrs, updated kit &amp; baths. Ltrds Lincoln- \$149,000- 847-465-4621. Caldwell Banker Residential Brokerage</p>	<p><b>LOST PET</b></p> <p>Persion Cat Lost - Over 20 Years Old Gray With White Under Neck Male Long Hair - 2"-3" Fur-On Medication Name Is "LOVE" - Has ID Tags <b>(847) 825-3111</b></p> <p>Your credit is good with us we accept visa and master card! Call: <b>847-588-1900</b></p>		

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## Sixth Annual Men's Day Program at Oakton

Men from all walks of life can examine the pertinent issues facing them today at the sixth annual Men's Day program at Oakton Community College on Sunday, Nov. 22, from 8:30 a.m. - 5 p.m. at the Des Plaines campus, 1600 E. Golf Road. John Friel, Ph.D., nationally recognized psychologist and author of *Grown-up Man*, will present the keynote address, "Developing Accountability, Honor and Integrity: Key Tools for Men in the New Millennium."

The Men's Day program provides an opportunity for men to examine, discuss and evaluate prominent issues facing them in the new millennium. In workshops and discussion groups, participants will share ideas and hear professionals and peers discuss the various stresses men face as they learn ways to effectively cope with issues such as unhealthy childhoods, addictions, self-image, relationships with family or spouse and more.

Some of the workshop topics include "Healing the Father Wound," "Men and Stress: Hearing the Cry for Help in Men's Souls," "Listening, Living and Loving," "Raising Healthy Sons," "Poetry of Fathers and Sons: Reading It and Writing It," and much more.

The keynote speaker, Friel, who is an expert on family systems, survivors of unhealthy childhoods and addictions, has helped thousands of clients live happier and more fulfilling lives. He and his wife, Linda, have co-authored several publications that focus on moving past an unhealthy childhood. Their latest book is *The Soul of Adulthood: Opening the Doors*.

Men's Day at Oakton is designed for men, but women are welcome. However, in keeping with the spirit of the day, we ask that you bring a man along: husband, father, son, friend, brother, relative or any other significant male in your life.

The cost to attend Men's Day is \$30 and includes lunch (if you pre-register by Nov. 17). Registration at the door is \$35 and may not include lunch. For more information, call Steve Schada at (847) 635-1874 or Greg Baldauf at (847) 635-1858.

Interested men (and women) can attend the At-Home Dads Convention being held at Oakton on Saturday, Nov. 21 in conjunction with Men's Day. The At-Home Dads Convention will meet from 9 a.m. - 5 p.m. at the Des Plaines campus. Please contact Robert Frank at (847) 657-7811 for more information about the At-Home Dads Convention.

## Rainbow Hospice's Fall Programs

Rainbow Hospice's Bereavement Center showcases two important programs: the Widowed Persons Service Volunteer Training program and a Grief and the Holidays workshop.

The Widowed Persons Service (WPS) is a nationwide program offering support services to newly widowed persons in over 230 communities. The Northwest Chicagoand Widowed Persons Service is a special project sponsored by Rainbow Hospice, Inc., the American Association of Retired Persons, Lutheran General Hospital and Ballard Healthcare Residence.

The WPS program trains both male and female volunteers. Currently, Rainbow Hospice is looking for volunteers who have been widowed for one year or more, and who are willing to visit newly widowed people in the northwest Chicagoand area.

Rainbow Hospice will provide a 10-hour WPS volunteer training program at their Park Ridge office, November 14-18, 1998. Training entails one Saturday session from 9 a.m.-3 p.m. and two more sessions on the following Monday and Wednesday evening from 7 p.m.-9 p.m. Training participants must schedule an interview before November 10.

If you're wondering how to get through Thanksgiving dinner or other winter holidays after a loved one has died, consider some supportive and friendly help from Rainbow Hospice.

A free, two hour workshop, "Grief and the Holidays" will be held from 7 p.m.-9 p.m., Monday, November 9, at the Park Ridge Community Church, 100 S. Courtland Ave., Park Ridge. The focus for the evening will be on helping the bereaved individual and family explore positive alternatives for coping with feelings, memories, and activities associated with the holiday season. Everyone from the community is invited. Membership in the church or Rainbow Hospice is not required. Registration required.

Rainbow Hospice's Bereavement Center serves anyone in the community who has lost a loved one through death. For more information about these programs, contact Christa Deutsch at (847) 699-3609.

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20-25, blonde, college educated, looking for a man who is successful, intelligent, and has a good sense of humor. 25, blonde, college educated, looking for a man who is successful, intelligent, and has a good sense of humor.

### BEAUTIFUL, CURVACEOUS, DEGREE

28, blonde, college educated, looking for a man who is successful, intelligent, and has a good sense of humor. 28, blonde, college educated, looking for a man who is successful, intelligent, and has a good sense of humor.

### STYLISH, ATTRACTIVE, SINGLE

30, blonde, college educated, looking for a man who is successful, intelligent, and has a good sense of humor. 30, blonde, college educated, looking for a man who is successful, intelligent, and has a good sense of humor.

### VERY ATTRACTIVE, SINGLE

35, blonde, college educated, looking for a man who is successful, intelligent, and has a good sense of humor. 35, blonde, college educated, looking for a man who is successful, intelligent, and has a good sense of humor.

### WOMEN SEEKING WOMEN

**ATTRACTIVE DIVORCED FIRE FIGHTER**, 30, 5'11", blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor. 30, 5'11", blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor.

### CITY DWELLER

30, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor. 30, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor.

### NON-COMMUNICATIVE DIVORCED

35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor. 35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor.

### VERY ATTRACTIVE, SINGLE

35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor. 35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor.

### TIME FOR LOVE

35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor. 35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor.

### WANTED: WHITE FEMALE

35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor. 35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor.

### BEST FRIEND SOUL MATE WANTED

35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor. 35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor.

### WANTED: WHITE FEMALE

35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor. 35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor.

### WANTED: WHITE FEMALE

35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor. 35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor.

### WANTED: WHITE FEMALE

35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor. 35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor.

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### WANTED: WHITE FEMALE

35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor. 35, blonde, college educated, looking for a woman who is successful, intelligent, and has a good sense of humor.

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### From the Left Hand

Continued from Page 1

the knowledge of World War II other than what they've learned from old TV war movies. Green Beret John Wayne and Frank Sinatra's Maggio are their memories of WWII fighters.

This preamble is leading to a suggestion to retain some of our community's past by remembering the names of people who made prominent contributions to Niles. A couple of weeks ago we wrote Tam O'Shanter golf course might be renamed O'Chamerski golf course, in memory of a former park commissioner who helped acquire it for the public use. We wrote it with tongue-in-cheek. But a letter-writer took it more seriously and objected to changing the name; he thought there was enough name-changing in the community and things should remain as they are.

Rather than retain the neighborhood names of local parks we thought naming the parks after people who made major efforts to improve the parks would seem apt. Many park commissioners served ten or more years as volunteers without compensation. Why shouldn't Grennan Heights and Oakton Manor and other parks be named for those who served?

In school District 63 the Nathanson, Nelson and Melzer schools were named for people who served the district. Retaining the Culver name in school District 71,

named after its late superintendent, is sort of a means to keep the names alive for future generations.

The village of Niles is a different kind of cat. Village officials have been reluctant to name buildings after those who've served. The late public works superintendent Eddie Bacher may have contributed more to this community than any resident in its history but village officials resisted naming the public works building with Ed's name.

With the creation of the new park at Touhy and Harlem the Jozwiak Park will revert to a smaller park. The Jozwiak name is likely to be lost to history. It was named after a magistrate who served the village in the 30's, 40's and early 50's. When Niles moved to its new village hall the memorial for the late village trustee and village manager Ken Scheel no longer could be seen outside the new hall. His name too will be fading into history.

Is it important the names of the past should be kept alive for the future? We think so. A community should have a sense of its own history, just as a country marks its past with symbols and parades and days for reflection. The future residents in the 21st century should know about their 20th century past and about the people who led it there...and then into the new millennium.

### District 219 ...

Continued from Page 1

from over \$84,000 to about \$75,000, and the average teacher's salary from approximately \$64,000 to about \$58,000, sums Weiss described as hardly a vow of poverty.

Weiss also seeks to increase the employees' share of their health-care coverage, calling for a co-payment similar to what most people living in the district pay for their health-care coverage.

Weiss prefaced the Oct. 27 memo by stating that his comments were not politically motivated but rather are based on measures he feels are in the best interest of the community.

The current contract will extend until June of 2000. The board and union have already met once on Nov. 8 to prepare for contract talks and discuss the future of the district. More meetings are scheduled for Nov. 12, Jan. 14, Feb. 18 and March 11.

Residents and FTF members have called for a review of salaries. However, at the Oct. 5 board meeting, District 219 Supt. Griff Powell emphasized that all contract negotiations would be con-

ducted in a confidential and professional manner.

Weiss issued his Oct. 27 memo in response to board President Robert Silverman's request at the Oct. 5 board meeting that he submit a written list of his concerns regarding district spending.

Along with salary cuts, Weiss listed the district's bidding process as another weak area in district finances. Weiss suggested that requests for bids be advertised on the district's Web site and further proposed the creation of a common Web site for many government agencies to share in advertising their available bids.

A review of the proposal to eliminate school bus service, exploration of the possibility of a sale and leaseback of district property and rearranging the school day to reduce the number of teachers needed are other suggestions on Weiss's list.

**USE THE BUGLE**

### MG meeting ... Native Americans to host annual pow wow

Continued from Page 1

garding the increase was no longer with the company and he is filling in. He was not prepared to answer the board's questions. Trustee Brenner stated the lack of information would keep the board from making a decision at that time and it would be unfair to the residents of Morton Grove if they did. She added Morton Grove does not like to set precedents, and without knowing what the other communities were doing, they could not make a move. Trustee Don Sneider asked Temple about the amount of increase for a fare to O'Hare or Midway airports. He replied the increase would be one dollar. Temple added Skokie was still looking at the proposal and has not contacted him yet, but he thought he could provide the Board with the information by the next meeting on November 23. In other business, Resolution 98-45 was adopted by the board. The President of the Board, Daniel D. Scanlon was authorized to execute the Illinois Department of Transportation "Local Agency Agreement for the reconstruction of Beckwith Road between Oriole Avenue and Washington Street, with the estimated cost to the village under the terms of this agreement being \$534,100.

Resolution 98-47 was subsequently adopted. The cost of the reconstruction project is \$1,330,000. 70% of that will be covered by the Illinois Department of Transportation, and 30% will be covered by the Village of Morton Grove.

Reminder of the upcoming Budget Workshops to review the 1999 Calendar Year Budget: Wednesday, Nov. 11, 5 p.m. Police Department including E911. 6:30 p.m. Comm. Develop Operating Budgets. 7:30 p.m. Finance Dept./Pensions/Admin. Monday, Nov. 16, 5 p.m.

Salary Comparables/Personnel Issues. 6 p.m. Any budgets not previously covered. Monday Dec. 7, 5 p.m. Final workshop to mark-up any changes as well as consider Expanded Budget Requests.

Other business included the announcement of the completion of the alley paving project. Leaves are now being swept from curbside in Morton Grove. Trustee Don Sneider also announced the Interfaith service to be held on Thanksgiving at the Northwest Suburban Jewish Congregation. All residents are welcome. Trustee Schulte said there will be a Thanksgiving dinner at the White Eagle on Milwaukee Avenue for those who have no family with whom they can share the holiday. Reservations are limited to 100 people. Interested residents can call 965-1200 which is the Morton Grove Park District for reservations. Trustee Schulte says it is a good gathering and the fellowship among the attendees is wonderful.

The benefits of the increased

Native American dancers in full regalia, authentic crafts and traditional food await attendees to the American Indian Center of Chicago's 45th Annual Pow Wow Nov. 13-15 at the University of Illinois Pavilion.

While a pow wow is traditionally a chance for Native Americans to renew acquaintances and thoughts of the old ways, it is also a chance for the public to get a taste of Native American culture. The pow wow will kick-off at 7 p.m. Friday, Nov. 13, with the grand entry of all the participants in their dancing regalia. Grand entry ceremonies will also be held at 1 p.m. and 7 p.m. on Saturday, Nov. 14, and at noon on Sunday, Nov. 15.

About 75 tribes from across the Midwest and Plains states will fill the pow wow's dance circle while competing in different dances and age classes. To the beat of specially invited drummers and

singers, Native Americans will be judged on the ability to properly interpret the dance. The general public and dancers from all classes are welcomed to the dance circle during the intertribal dances.

The pow wow hours are 5 p.m. to 10 p.m. on Friday, Nov. 13; 10 a.m. to 10 p.m. on Saturday, Nov. 14; and 10 a.m. to 5 p.m. on Sunday, Nov. 15. Adult admission is \$8. For children under 12 and elders over 60, admission is \$4. A pass for all three days is \$15. Group rates are available by contacting the American Indian Center in advance. The UIC Pavilion, 1150 W. Harrison St., is easily accessible from the Racine Avenue exit of the Eisenhower Expressway (I-290). For more information, call the center at (773) 275-5871. The American Indian Center is located at 1630 W. Wilson Ave.

### District 71 ...

Continued from Page 1

814-6440. A packet of information and forms are available in the Niles Elementary School District 71 office at 6901 W. Oakton Street in Niles (847-966-9280).

Forms: Candidates must present: a. Statement of Candidacy - must indicate clearly and accurately the position for which the candidate is running including the length of the term of office. The Statement of Candidacy must be notarized.

b. Nominating Petitions containing at least 50 signatures of registered voters from within the district and a notarized signature of the petition circulator.

c. Statement of Economic Interest - a receipt from the Cook County Clerk showing that the candidate has filed a Statement of Economic Interest on or before the last day of filing.

Loyalty Oath is optional. Filing of Nominating Petitions: Nominating Petitions will be accepted at Niles Elementary School District #71 office, 6901 W. Oakton Street, Niles, Illinois 60714 from Monday, January 25, 1999 at 8:30 a.m. during normal office hours (8:30 a.m.-4:30 p.m.) until Monday, February 1, 1999 at 5 p.m.

Write-ins: Write-in candidates must file a notarized declaration to be a write-in with the proper election authority by 5 p.m. on Tuesday, April 6, 1999.

General Information: Candidates are strongly advised to obtain legal counsel as to their legal qualifications for office, the minimum and maximum number of signatures required, the qualifications for signers and circulators, etc.

### Wal-Mart ...

Continued from Page 1

lick, Niles TIF consultant. According to the terms of the agreement the shopping center must be completed within two years or the 127,000-square-foot Wal-Mart store, which will anchor the new shopping center at the eastern end of the property in the 5700 block of Touhy Avenue, will pull out of the deal. If the store fails to open by the Dec. 31, 2000 deadline, the agreement with Niles will be terminated, Eslick said.

The shopping center is expected to generate \$650,000 in new tax revenues annually, which must first be used to retire the TIF bonds. Eslick estimates the bonds will be retired within five years of the completion of the center, although they have a 10-year duration.

The benefits of the increased

tax revenues will be passed on to village taxing bodies only after the bonds have been fully paid off.

### Bank robber...

Continued from Page 1

at about a mile and a half from the bank.

Police recovered a .32-caliber revolver from Rabin's pants pocket and the stolen cash from inside his shirt.

During interrogation, Rabin complained that he was experiencing an attack of some kind, prompting police to call for an ambulance. While riding to the hospital, Rabin told his police escort that the gun was not loaded and that he would not have hurt anyone, but that he needed money, police said.




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'86 DODGE DAYTONA SIK. #6114A	\$2,995	'92 FORD AEROSTAR SIK. #T9300A	\$8,200	'96 SABLE LS SIK. #P1845	\$14,300
'86 DODGE CARAVAN SIK. #89356A	\$2,995	'92 MERCURY SABLE SIK. #9278A	\$8,800	'95 GRAND CARAVAN SIK. #T9336A	\$14,400
'87 FORD RANGER SIK. #T9523A	\$3,225	'96 MITSUBISHI MIRAGE SIK. #P1746A	\$8,900	'95 BLAZER 4DR 4X4 SIK. #T9548A	\$14,400
'87 FORD E-150 SIK. #T9327A	\$3,335	'97 FORD ASPIRE SIK. #P1739A	\$8,900	'96 DODGE VAN SIK. #T9516A	\$14,450
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'91 CHEVY CAVALIER SIK. #T9348A	\$3,500	'93 WRANGLER SIK. #D2302	\$9,950	'92 MUSTANG RAGTOP SIK. #8367A	\$14,900
'89 CHEVY CORSICA SIK. #8070A	\$3,575	'93 CROWN VICTORIA SIK. #8328A	\$9,995	'97 FORD MUSTANG SIK. #8327A	\$15,500
'89 DODGE SPIRIT SIK. #8445A	\$3,950	'93 CHEVY CONV. VAN SIK. #D2302	\$9,995	'97 FORD AEROSTAR SIK. #T9408A	\$15,555
'87 CHEVY BLAZER SIK. #P5268	\$4,335	'92 NISSAN 240 SX SIK. #8379A	\$9,995	'97 FORD MUSTANG SIK. #P1780	\$15,555
'87 TOYOTA SUPRA SIK. #8458A	\$4,400	'93 CHEVY CONV. VAN SIK. #D2302	\$9,995	'96 FORD TAURUS SIK. #T9384A	\$15,555
'93 FORD ESCORT SIK. #8457A	\$4,450	'95 FORD AEROSTAR SIK. #T9033A	\$9,999	'97 COUGAR SIK. #P1787	\$15,670
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'90 PONTIAC GRAND AM SIK. #D2228	\$4,800	'92 FORD EXPLORER SIK. #D2008A	\$9,999	'97 MERCURY SABLE SIK. #P1786	\$16,555
'89 CHEVY ASTRO SIK. #8307A	\$4,950	'91 FORD EXPLORER SIK. #P1752A	\$9,999	'98 FORD TAURUS SE SIK. #P1838	\$17,100
'86 MUSTANG CONV'T SIK. #T9472A	\$4,995	'90 BIG BRONCO SIK. #T7585A	\$9,999	'98 FORD TAURUS SE SIK. #P1836	\$17,200
'94 MERCURY TOPAZ SIK. #8443A	\$4,995	'95 FORD CONTOUR SIK. #8259A	\$9,999	'95 BLAZER 4DR 4X4 SIK. #T9535A	\$17,800
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'90 CHEVY PRIZM SIK. #T9446A	\$4,995	'95 OLDS ACHEIVA SIK. #8139A	\$9,999	'95 CHEVY G-20 SIK. #T9512A	\$18,500
'91 CHEVY CAVALIER SIK. #T9543B	\$4,999	'94 FORD TAURUS SIK. #8350A	\$9,999	'96 MERC. VILLAGER SIK. #P1847	\$18,999
'92 FORD TAURUS SIK. #T9551A	\$5,500	'94 FORD TAURUS SIK. #8251	\$9,999	'98 FORD WINDSTAR SIK. #P1843	\$19,400
'89 OLDSMOBILE CALAIS SIK. #P1678A	\$5,500	'96 FORD PROBE SIK. #T7869D	\$10,500	'98 WINDSTAR GL SIK. #P1842	\$19,400
'94 FORD ESCORT SIK. #8399A	\$5,555	'97 FORD ESCORT SIK. #8107A	\$10,998	'94 FORD MUSTANG SIK. #8464	\$19,500
'88 FORD MUSTANG SIK. #P1750A	\$5,555	'95 FORD CONTOUR SIK. #8040A	\$11,000	'98 FORD WINDSTAR SIK. #P1773	\$19,800
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'94 SATURN SIK. #T9436A	\$6,500	'97 FORD ESCORT SIK. #8031A	\$11,100	'98 FORD WINDSTAR SIK. #8225A	\$19,999
'92 FORD TAURUS SIK. #T9279A	\$6,500	'96 FORD ESCORT SIK. #9416A	\$11,100	'97 GRAND CARAVAN SIK. #T9562	\$22,000
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