

Flash fire injures three in Morton Grove home

by Rosemary Tirio

A flash fire that was extinguished in only 10 minutes swept through an enclosed breezeway area of a home at 8841 Oleander, Morton Grove, injuring three and causing \$25,000 damage, according to a report of the Morton Grove Fire Department.

The alarm was received at 6:08 p.m. Jan. 9, and appeared to be accidental in nature. Morton Grove fire officials are investigating the possibility that gasoline was being used as an accelerant to start a fire in the fireplace located in the room.

Three engine companies, a truck company, three ambulance companies, and three command cars as well as units from the Niles Fire Department responded to the alarm. The last unit returned to the firehouse at 7:29 p.m.

Two of the injured were transported to Lutheran General Hospital and were then transferred to the Loyola Burn Center. They are Andrew Milissis, 50, who was listed in critical condition with smoke inhalation and flash burns.

Continued on Page 47

Library lease still in limbo as talks go on

by Rosemary Tirio

Although construction is progressing on the renovation and expansion of the Niles Public Library building at Oakton Street and Waukegan Road, Niles Public Library District officials are still in a dilemma as the expiration date of the lease for the temporary location at 7400 Caldwell Avenue approaches and negotiations with the building's new owners for a lease extension still have not been settled.

The district's lease for the temporary location will expire at month's end, but the new building is not yet ready for even partial

occupancy, according to Cary Czarnecki, Library Administrator.

"We left the building [at Oakton and Waukegan] in Dec. 1996 with 35,000 square feet," Czarnecki said. "That's also what we have on Caldwell. We can't move back into less space than we had when we left," Czarnecki concluded.

The district is still in negotiations with the building's new owner, AB Dick, which is downsizing and moving its headquarters from a building on Touhy Avenue. The Caldwell Avenue

Continued on Page 47

Niles saves \$\$\$ on long term debt refinancing

The Village of Niles "refinanced its mortgage" on December 3rd with some rather incredible results. By issuing \$16,160,000 of replacement debt with a lower interest rate, the Village saved \$882,000 of interest payments over the life of the Civic Center construction bonds.

The original construction bonds were issued at an average rate of 6.36% in January of 1995. Since that time, rates for long term municipal debt have fallen, and a debt restructuring was used

to capture the savings. Village borrows at 4.91% interest to cut costs.

The Village issued the new bonds by a competitive bid process. There were seven investment groups bidding on the bonds. The group that charges the least amount of interest on the deal is the one that "buys" the

Continued on Page 47

MG Cable and Telecommunications Commission

A meeting of the Morton Grove Cable and Telecommunications Commission will be held on Thursday, January 22, at 7:30 p.m. in the Richard T. Flickinger Municipal Center, 6101 Capulina Ave., Morton Grove. Residents are encouraged to attend this meeting.

Republic judges needed for primary election

Republic election judges are needed in Niles Township for the primary election on Tuesday, March 17.

Any registered voter in Cook County can qualify to be an election judge. Classes will be held in February and March. Pay for the day's service is \$100.

For information call (847)966-8282 and leave your name address and phone number.

Suspect apprehended with \$4,000 and two .22 revolvers; may be suspect in 2nd local bank robbery

Niles police arrest local man in bank heist

by Rosemary Tirio

Niles police came in for plenty of plaudits for their part in the Jan. 6 capture of reputed bank robber Walter W. Unbehaun of Morton Grove.

Unbehaun was apprehended near the intersection of Howard Street and Waukegan Road in Niles around 1:20 p.m. after he displayed a .22 caliber revolver and handed a demand note to a teller at the LaSalle Bank, 8745 Waukegan Rd., Morton Grove. Unbehaun was observed by witnesses fleeing the bank in a white minivan with wood moulding on the sides with an estimated \$4,000 cash, but not before an alert employee activated the alarm.

According to Sgt. Roger Wilson, Niles Police Information Officer, Unbehaun may also be a suspect in the Nov. 24 robbery of the Harris Bank 7077 W. Demp-

ster, primarily because of the description given by Harris Bank employees of the getaway car used by the suspect in that robbery, a white Dodge Caravan with wood side moulding.

Unbehaun's description (white)

Continued on Page 47

Gunshot victim upgraded to serious condition

Walter Kosciecki, the 29-year-old tenant of a Milwaukee Avenue apartment building who was shot by his across-the-hall neighbor Dec. 8, has been upgraded from critical to serious condition. While Kosciecki was in the intensive care unit at Lutheran General Hospital, his assailant and neighbor, Ronald Foggia, 38, was being held in Cook County Jail on \$200,000 bond awaiting his Jan. 13 arraignment.

Patients in critical condition are monitored constantly for complications, most notably

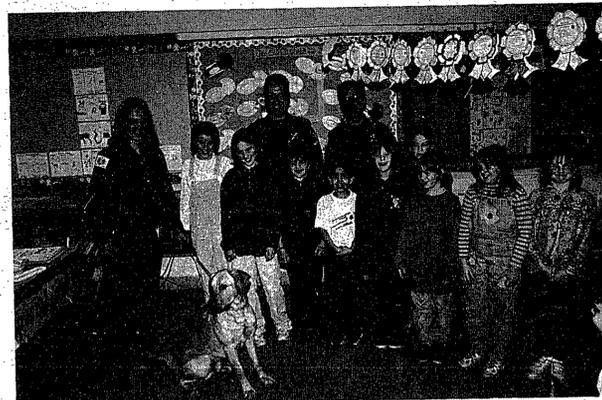
bleeding and infection, according to hospital officials.

Bullet wounds to the abdominal area are particularly dangerous because of the unpredictability of the bullet's trajectory and because one bullet can damage many organs, such as the liver, kidneys and bladder, which must then be repaired in surgery.

Foggia allegedly fired a gunshot through the door of his apartment after Kosciecki walked across the hall to complain about noise. The incident occurred

Continued on Page 47

'Officer' Noah visits Niles South School



The Niles Police Department presented the "POSTITIVE RESPONSE IN DRUG EDUCATION", P.R.I.D.E. school anti-drug program at Niles South School. The officers taught social skills, self esteem, and coping with peer pressure during the week of January 5-9, 1998. Pictured are members of the 4th grade class with Animal Control Officer Marjio Zawilla, Officers Vince Genuald, Ken Ploog, and 'Officer' Noah. 'Officer' Noah is a 1-1/2 year old Labrador Retriever and is trained to detect narcotics and has tracking capabilities. Noah demonstrated his talents with handler Marjio Zawilla in detecting pseudo narcotics. Noah has been assigned to the PRIDE team and seems to be enjoying his rookie year.

Niles honors Village employees



The Village of Niles recently recognized employees who have reached milestones in their careers with the Village. Employees with between 5 and 30 years of service were honored. Each of the following pictures includes Mayor Blase and Trustee Robert Callero in addition to the honorees.

Honored with 10 year awards were the following employees, left to right: Trustee Robert Callero, Edward Fallon, Judith Burns, Gary Krause, and Mayor Blase. Not pictured is Catherine Kosina.

Morton Grove Chamber of Commerce and Industry announces 1997 VIP of the Year

The Morton Grove Chamber of Commerce and Industry is proud to announce that Jeffrey M. Fougerousse, of The Morton Grove Park District has been selected 1997 V.I.P.

Jeff becomes the 21st recipient of the VIP Award. Jeff has been very active in numerous Chamber of Commerce, Civic and Community events and organizations over the years. Most nota-

bly he is a founding member of the new Morton Grove Days Committee.

Congratulations to Jeffrey M. Fougerousse and his family on his selection as

1997 VIP OF THE YEAR! A dinner reception will be held in Jeff's honor in conjunction with the Morton Grove Chamber of Commerce's Annual Installation and Membership Awards

dinner at the Chateau Ritz in Niles, on Thursday, January 29, 1998 with cocktails (cash bar) at 6 p.m., dinner at 6:45 p.m., awards follow. Tickets are \$30 per person. Reservations are required. Tickets may be purchased by calling the Chamber office at 965-0330.

For more details call the Morton Grove Chamber of Commerce and Industry at 965-0330.

New Car Rates As Low As 5.98%

THE LOAN FOR ALL SEASONS!

Rain or shine, sleet or snow - Your Credit Union always uses simple interest to save you big dollars on your new or used car loan!

New Car loan 1997/98 (untitled)	36 months	5.98%
	48 months	6.98%
	60 months	7.98%
Used car loan	48 months (or less)	8.98%

Call today for approval in one business day. Rates apply to loans disbursed by 2/21/98. Some restrictions may apply.

\$200.00 minimum in Savings & \$25.00 loan application fee required.

Northwest Community Credit Union

CALL TODAY (847) 647-1030
7400 Waukegan Rd., Niles, IL

Holy Family's "Stairway to the Stars" Gala

As final plans take shape for Holy Family Medical Center's Women's Board Gala, top notch raffle prizes and giveaways are confirmed. The Annual Gala, to be held Saturday, February 21, 1998, at the Woodfield Hyatt Regency, Schaumburg, will sweep guests into a Hollywood "Glitter Town" environment with celebrity impersonations of their favorite stars. Funds raised will support "New Beginnings," a new maternity program providing access to proper pre- and post-natal care for women, regardless of their financial means.

Grand raffle prizes include cash awards of \$10,000, \$5,000 and \$2,500. Only 500 tickets will be sold for the grand raffle at \$100 each. A silent auction will be held for 2 round trip tickets

anywhere in the continental United States, courtesy of United Airlines.

Dozens of other prizes including theatre and comedy club tickets, a luxurious spa package at Savoy Salon Spa in Park Ridge, a "Seafest Cruise" dinner package at the Wyndham Hotel in Itasca, and a variety of other gift certificates and guest passes will be raffled throughout the evening.

Grand raffle tickets can be purchased in advance or at the event for \$100 each. Winners for the grand raffle prizes need not be present at the Gala to win. Tickets for the "Stairway to the Stars" Gala are available for \$250 per person. To purchase grand raffle or Gala tickets, call Holy Family's Development Office at 847-297-1800, ext. 1118.

Prizes and surprises in store. A supper will be served and the bar will be open. Depending on admission package, cost is \$35, \$25 or \$15.

Legion to hold Super Sunday

A Super Sunday party will be held at the Morton Grove American Legion Post #134 on Sunday, Jan. 25 at 4 p.m. Two large TV screens will be available.

The Legion's youth group, the S.A.L. are hosting this year's party.

Further admission information

and details are available from the sons of the American Legion Squadron Commander Lance Jordan, (847) 967-5812.

Prizes and surprises in store.

A supper will be served and the bar will be open.

Depending on admission package, cost is \$35, \$25 or \$15.

New Year's resolution to quit smoking?

For hundreds of people who have made such a resolution, many have been able to quit smoking through a program called "Nicotine Anonymous". This program, now in its 18th year, is based similar to the 12-step program of Alcoholics Anonymous. Many people have found it helpful to be a part of an ongoing group that is seeking or has found a way to be free from smoke/nicotine. The support may enhance or replace the "patch" or "gum" or the "ravages of going cold turkey alone". It has worked

and is working for people in the greater Chicago area.

If you have a sincere desire to stop smoking/using nicotine, please feel free to investigate Nicotine Anonymous by attending one of their weekly meetings. One of those local weekly meetings is held Monday evenings at 7 p.m. in the Rush Cancer Center located at 8915 Golf Rd., 2nd floor in Niles (just west of Milwaukee Ave.). For additional meeting information, call the Nicotine Anonymous InfoLine at (773) 509-6373.

Quick hands-on stress relief

Got a minute? Get a massage-- a self-massage, that is. These moves will relieve tension around your head, neck, shoulders and hands:

1. The Scalp Smoother. Place thumbs behind your ears and spread fingers on top of your head. Move your scalp back and forth slightly by making circles with your fingertips for 15-20 seconds.

2. The Eye Easer. Close your eyes and place your ring fingers directly under your eyebrows, near the bridge of your nose. Slowly increase pressure for five seconds, then gently release. Repeat 2-3 times.

3. The Shoulder Saver. Place your left hand on the right side of your neck by your shoulder. Press fingers firmly into the muscle while tucking your chin in toward your chest. Exhale and hold for 10 seconds, release, then repeat on the left side.

4. The Palm Pleaser. Lace your fingers together, leaving thumbs free. Slowly knead your left thumb into the palm of your right hand for 20-30 seconds. Then repeat on your left hand.

USE THE BUGLE

Niles honors Village employees

The Village of Niles recently recognized employees who have reached milestones in their careers with the Village. Employees with between 5 and 30 years of service were honored. Each of the following pictures includes Mayor Blase and Trustee Robert Callero in addition to the honorees.



Honored with 5 year awards were the following employees, seated left to right in the front row: Dennis O'Donovan, Peter Colangelo, Ronald Brandt, Steve Erich, and Mousa Nazzal. Standing in the second row are Mayor Blase, Michael Reid, Margaret Rabenhorst, Thomas Polyn, Shawn Pierce, Mary Oleksy, and Trustee Robert Callero. Standing in the back row are Nicholas Zakula, Beverly Wessels, Linda Van Geem, George Van Geem, Randy Stricker, and Roger Seitz. Not pictured are Joseph Bruno, Gus Chamopoulos, Vincenzo Genualdi, Eric Lambrechts, Alec Laule, and John Lee.

Niles Baseball League registration to be held

Registration for the Niles Baseball League will be held on the following dates:

Saturday, Jan. 17, from 10 a.m. to 3 p.m. at the Howard Leisure Center, 6676 Howard St.

Friday, Jan. 30, from 6:30-9 p.m. at the Howard Leisure Center, 6676 Howard St.

Saturday, Feb. 7, from 10 a.m. to 3 p.m. at the Howard Leisure Center, 6676 Howard St.

A \$25 late fee will be applied to those registering after the assigned dates.

Players are to be ages 7 through 17 (Players age on or before July 31, 1998).

Ages 7 and 8: Instructional League. Registration fee is \$25 per player.

Ages 9 and 10: Little League.

Registration fee is \$50 per player.

Ages 11 and 12: Bronco League. Registration fee is \$55 per player.

Ages 13 and 14: Pony AA League. Registration fee is \$75 per player.

Ages 15, 16 and 17: Pony AAA League. Registration fee is \$75 per player.

There will be a 20% discount for multiple family registrants. Add \$20 for each non-resident family of Niles. Birth certificates are required by all new registrants.

For general information, call Tim Posedel (commissioner) at (847) 647-8838. For information regarding Registration, call Joe or Sue Anderson at (847) 965-5332.

Health Clinic at Morton Grove Legion

A Health Promotion Clinic, free to veterans, will be held Thurs. Jan. 15 at the Morton Grove American Legion Post #134 Memorial Home, 6140 Dempster from 9 a.m. to 2 p.m.

Screenings will be provided for blood pressure, blood sugar, body fat, analysis and much more.

Eligibility is only that participant is a veteran. To help process information, a discharge paper or

Good year forecast for District 64

As completion of a new middle school is expected on time and under budget, officials in the Park Ridge/Niles Elementary District 64 are looking forward to a good year and steady improvement.

District Superintendent Fred Schroeder reviewed the improvements over the past four years and pointed with pride to a program that established individual quality improvement teams at each school that targeted reading improvement, and the Total Quality School program, which is based on the Total Quality Management program.

Schroeder said he looks forward to another good year in 1998, which he hopes will include an increase in student enrollment and recognition of the district's foreign language program in which French and Spanish are taught beginning in the second grade. Schroeder predicted the program will become a model for schools throughout the Midwest.

BUGLE SEEKS HIGH SCHOOL TYPIST

The Bugle Newspapers is seeking a high school student to type 2 to 3 days after school and alternate Saturdays. Must have B average or better. Freshman, Sophomore or Junior preferred.

Call: (847) 588-1900

anything similar pertaining to service duty should be brought with you.

No appointments are necessary, however, to make a definite time or for additional information, prospective former service personnel may phone 7th Dist. American Legion Commander Ron Daum, at 773-652-1835.

There is no charge to your insurance carrier either.

The function is under the direction of the VA Great Lakes Health Care System of North Chicago.

Benefits additionally will be provided by the experts when the DO 214 discharge paper is presented.

There is no Legion affiliation or any kind required. The program is being presented to offer knowledge and better health care advice and screening to keep the veterans healthy.

Fire Department Safety Corner at library

Don't miss the Fire Department Library Safety Corner. The Corner is stocked with books, computer programs, and videos on fire safety and other safety subjects.

For further information, contact the Niles Public Library at (847) 588-0270.

We've Moved ON DEC. 24th

The Bugle Newspapers
7400 Waukegan Rd. Niles, IL 60714
847-588-1900



Niles Public Services Engineering Division

Unlike many municipalities who contract out all of their engineering services, the Village of Niles has a full service Engineering Division within the Department of Public Services. Staffed by a Superintendent of Engineering, two Civil Engineer II and one Civil Engineer I, the Engineering Division performs many vital functions in the Village, and at a savings to residents when compared to the cost of a private engineering firm. The Engineering Division's main functions are project management, inspection, capital improvement planning and Geographic Information System (GIS) maintenance.

Below is a detailed description of one function of the Engineering Division - Geographic Information System (GIS) maintenance.

Geographic Information System (GIS)

The Engineering Division has been working towards implementation of a Geographic Information

System (GIS). This type of computer program has the ability to link graphics and data concerning utilities and property within the Village. In the click of a button, information can be obtained which provides timely and accurate information about public improvements.

Over time, all public improvements, including water mains, sewer mains, streets, signs, streetlights, traffic signals, manhole locations, valve locations, and parkway tree inventory, will be stored on the GIS. Since information can easily be updated once compiled, a more accurate record of all public utilities will be maintained, which will also assist us design improvements more efficiently. Additionally, other departments, such as Police, Fire and Code Enforcement, will be able to access this information to aid their departments. Overall, GIS gives the Engineering Division the ability to complete work much more efficiently.

Relive the Golden Days of radio

To relive the Golden Days of radio and television, join the Prairie View Travel Club on Wednesday, February 4. The group will travel by deluxe coach to the Museum of Broadcast Communications where we will see the many displays and exhibits which examine popular culture and contemporary American history throughout the sights and sounds of radio and television. Then we are off to the Jewelry Center where we will lunch on the seventh floor and observe how a piece of jewelry is made from mold to final setting. Time for browsing and shopping is included.

The bus will leave Prairie View Community Center, 6834 Dempster, at 9:15 a.m. and return at approximately 5 p.m. The fee is \$41 for residents and \$45 for non-residents. Registration deadline is January 21. For further information, call Catherine at 965-1200.

CARA presents annual running awards

Chicago Area Runners Association (CARA) will honor the leaders in the running community at the 20th Annual CARA Circuit Awards Party & Raffle, Sunday, January 18, 4 p.m., at Chicago City Centre, 300 E. Ohio St., in Chicago.

Carey Pinkowski, Race Director of the LaSalle Banks Chicago Marathon, will receive the prestigious "Jack Tranter Award" for service to the running community.

Kent Baker of Evanston and Michelle Manzo-Slaviero of Alsip, will be awarded the "Runner of the Year" award for the second consecutive year. Award winning races are: Park Forest Scenic 10 miler, in Park Forest; Heart & Sole 10k, in Olympia Fields; and Alden/Norson 5k, in Naperville.

Awards will also be presented to age group and Clydesdale weight division winners; top running club and corporate teams; Junior, Masters, Veteran, and Senior Runners of the Year; and Most Improved and Up and Coming Runners of the Year. The Hal Higdon Journalism Award,

CARA Special Service Award, and Volunteer of the Year Award will also be presented.

Area winners are: Morgan Sokes of Park Ridge; Mike Egle, Kevin Campbell, and Frank Braunz of DesPlaines; Karen Grabowski of Niles; Mitchell Rubenstein, Jenny Cohen and Richard Lamermayer of Morton Grove.

American Airlines tickets and Chicago Bulls tickets lead a host of valuable raffle drawings following the awards ceremonies. Restaurants, theaters, sporting events, running gear, and other prizes await eager participants. Music and dancing will continue after the raffle.

Tickets to the event are \$35 per person, \$25 for persons 19 and younger and 70 and older. Raffles can be purchased for \$4 each for a book of five for \$20. For more information, contact (CARA) at (312) 666-9836.

Chicago Area Runners Association (CARA) is a tax-exempt, not-for-profit, membership association promoting health and fitness through running.

Tickets for the Christmas Spirits Revue on sale

Don't miss the Chicago Bar Association's 74th annual Christmas Spirits Revue entitled "Men and Women in Black." The show will be presented on Saturday, Jan. 31 at 8:30 p.m. in the Performing Arts Center at the Des Plaines campus, 1600 E. Golf Road.

Enjoy an evening of music and comedy as lawyers poke fun at local and national celebrities, including Chicago Bulls owner Jerry Reinsdorf, Governor Jim Edgar, Martha Stewart, Mike Tyson, Marv Albert, Ted Turner and

Jane Fonda and Jesse Jackson. This performance is sponsored by the Oakton Educational Foundation. Tickets are \$45 and include a reception following the show during which the entertainers and guests can socialize and enjoy refreshments. This year, Oakton is honored to have magicians: Jeff Bibik, Dennis DeBondt, Jeff Fredriksen and Robert K. Miller to entertain guests during the reception.

Call the Office of College Development at (847) 635-1893 to purchase tickets.

Disney on Ice seeks area figure skaters

Feld Entertainment's Disney on Ice® - Hercules is looking for talented local figure skaters to join the show's international cast. Auditions will be held on Thursday, January 29, beginning at 3 p.m. at Chicago's United Center, 1901 West Madison.

Interested male and female skaters should call Judy Thomas, artistic talent coordinator, at (941) 349-4848 to reserve a spot at the audition. Skaters chosen to perform with the show will be at least 17 years old or high school graduates and available to travel for extended periods of time. Personality, appearance and ability to learn intricate routines will be considered. Auditioners should bring ice skates, current photo and skating resume. Auditioners should arrive at 2:30 p.m. and enter through the Gate 4 entrance on the east side of the United Center.

The show will travel to 82 U.S. cities over a three-year period. Disney on Ice® - Hercules appears at the Rosemont Horizon, January 21 - 25, and the United Center, January 27 - February 7.

Park Commissioners Board meeting dates

Please make a note for the Park Commissioners Board Meeting dates for 1998: January 20, February 17, March 17, April 21, May 19, June 16, July 21, August 18, September 15, October 20, November 17 and December 15. All these meetings will take place on a Tuesday at the Howard Leisure Center, 6676 W. Howard Street. The Finance Committee Meetings will take place at 6 p.m. and Regular Board Meetings will take place at 8 p.m.

If you have any questions, please feel free to call.

Minelli Bros
 Imported Italian Specialty Foods
7780 Milwaukee Avenue, Niles
(847) 965-1315
We reserve the right to limit quantities and correct printing errors.

Mon. thru Sat.
8:30 - 6:00 P.M.
Sunday
8:30 - 2:00 P.M.

MEATS

FRESH BONELESS SKINLESS
CHICKEN BREAST
\$1.99 LB.

SALE ENDS WED., JAN. 21

USDA CHOICE EXTRA TRIM
WHOLE STRIPLOIN
\$4.98 LB.
10 LB. AVG.
CUT & FREEZER WRAPPED FOR YOUR CONVENIENCE

MEATS

MINELLI'S HOMEMADE
ITALIAN SAUSAGE
\$1.89 LB. HOT OR MILD

LEAN WHOLE PORK BUTT GROUND \$1.19 LB. **99¢** LB.

LEAN GROUND CHUCK 3LB OR MORE **\$1.69** LB.

LEAN PORK STEAKS **\$1.49** LB.

LEAN SIRLOIN PATTIES **\$2.98** LB.

DELI ECKFRUCH **LITE HAM** Or **SWISS CHEESE** **\$1.99** 1/2 LB.

PRODUCE

CELERY **79¢** EACH

FRESH MUSHROOMS **99¢** 8 OZ.

CARROTS **\$1.00** 3 FOR 1 LB.

RED RIPE TOMATOES **59¢** LB.

NAVEL ORANGES **29¢** LB.

SWEET JUICY ANJOU PEARS **49¢** LB.

GROCERY

MINELLI'S HOMEMADE PIZZA **\$7.00** 2 12" CHEESE, **\$8.00** 2 12" SAUSAGE

CENTRELLA APPLE JUICE **\$1.49** 64 OZ.

BIANCONI EXTRA VIRGIN OLIVE OIL **\$6.99** 1 LITER

DA VINCI EGG NOODLES **79¢** 12 OZ.

MARCONI PEPERONCINI PEPPERS **\$2.29** 32 OZ.

HOMEMADE PASTA SAUCE **\$4.49** QT.

HOMEMADE LASAGNA **\$12.99** 5 LB.

HOMEMADE OLIVE OIL **\$5.99** 1 LITER

LIQUORS

BUDWEISER MILLER **\$10.99** 24 12 OZ CANS

BUDWEISER or MILLER **\$5.99** 12 PKG 12OZ BOT.

SKOL VODKA **\$8.99** 1.75 LITER

BECKS OR HEINEKEN **\$5.99** 6-PKG. 12 OZ. BOTTLES

BAILEYS IRISH CREAM **\$16.99** 750 ML

CARLO ROSSI WINE **\$7.99** 4 LITER

ABSOLUT VODKA **\$14.99** 750 ML

BERINGER WHITE ZINFANDEL **\$4.99** 750 ML

ROLLING ROCK BEER **\$7.99** 6 PKG 12 OZ BOTTLES

EARLY TIMES **\$13.99** 1.75 LITER

COCA-COLA REG OR DIET **\$2.99** 12-12 OZ CANS

DiMaria Builders
 YOUR NEIGHBORHOOD BUILDERS
 - REMODELERS FOR 45 YEARS -

New Year Sale on all
 StarMark Cabinetry

Now Is The Best Time To Replace Your Windows

We're professional, we deliver what we promise, and are proud of our **QUALITY PRODUCTS** and skilled **INSTALLING ABILITY!**

Let us install before the harsh winter weather arrives

NOW AT OUR NEW LOCATION
 9235 Waukegan Rd.
 (Beckwith Center)

CALL A NAME YOU CAN TRUST!
 Member B.B.B. Care Program - Builder Of Over 500 New Homes
 Family Owned and Operated - Customer Service Our #1 Goal
 Member Morton Grove/Niles Chamber of Commerce
 References Available on Request

DiMaria Builders & Distributors
 Visit Our Showroom
 9235 Waukegan Road, Morton Grove, IL. 60053
 (847) 965-0674 FAX. 847-965-0699

Mon.	10-5
Tues.	10-5
Wed.	8-12
Thurs.	8-5
Fri.	10-5
Sat.	9-1

SENIOR DISCOUNTS Closed Sun.

Quality • Service • Value

Since 1952

Church and Temple News

OBITUARIES

CASIMIR J. CWIK

Casimir J. Cwik, 83, of Morton Grove, died January 1, at Brighton Gardens Nursing Center, Prospect Heights. Beloved husband of Bernice. Beloved brother of Helen Mackow. Services were held at St. Martha Church, Morton Grove. Arrangements handled by Simkins Funeral Home. Interment was in Resurrection Cemetery, Justice.

ESTHER C. AMAN

Esther C. Aman, 90, of Morton Grove, died January 7, at Lutheran General Hospital, Park Ridge. She was born October 21, 1907 in Chicago. Beloved wife of the late James A. Beloved mother of Arlene (George) Reichert. Grandmother of 2. Great-grandmother of 1. Services were held Saturday, January 10 at Holy Trinity Lutheran Church, Glenview. Arrangements handled by Skaja Terrace Funeral Home.

MIKE'S FLOWER SHOP, INC.

6500-06 N. Milwaukee Ave.
We Specialize in
Wedding and
Funeral Arrangements
We Have Cemetery Wreaths

Hours:
Monday-Saturday
8:30 - 4:30
Sunday
9:00 - 1:00
Tel/fax (773) 631-0040
CHICAGO (773) 631-0077
(847) 823-2124
(800) 378-8770
We Accept All Major Credit Cards



FAMILY OWNED AND OPERATED THE SKAJA FAMILY

SKAJA TERRACE FUNERAL HOME
BUD SKAJA
7812 N. MILWAUKEE AVENUE
MICKY SKAJA
NILES, ILLINOIS
JACK SKAJA
(847) 966-7302

SKAJA STANLEY FUNERAL HOME
BUD SKAJA JR.
3060 N. MILWAUKEE AVENUE
JOHN SKAJA
CHICAGO, ILLINOIS
BRIAN SKAJA
(773) 342-3330

SKAJA BACHMANN FUNERAL HOME
ERIC SKAJA
7715 ROUTE 14
GORDON WOJDA
CRYSTAL LAKE, ILLINOIS
MARK CIOLEK
(815) 455-2233

rangements handled by Simkins Funeral Home. Interment was in Ridgewood Cemetery, Des Plaines. Memorials to Eagle River Childrens Museum, Eagle River, WI. 54521.

REGINA C. SCHAUER

Regina C. Schauer, 85, of Niles, died Tuesday, November 25 at Northwest Community Hospital, Arlington Heights. She was born Friday, January 5, 1912 in Chicago. Beloved aunt of Marilyn Mueller. Services were held November 29 at St. Isaac Jogues Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

MARIAM SARABIAN

Mariam Sarabian, 89, of Skokie, died Tuesday, December 2 at Lutheran General Hospital, Park Ridge. She was born Wednesday, March 14, 1908 in Syria. Services were held December 5 at All Saints Armenian Apostolic Church, Glenview. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Ridgewood Cemetery, Des Plaines.

ANN B. TARNOWSKI

Ann B. Tarnowski, 79, of Niles, died Friday, November 21 at Alden Poplar Creek Nursing

Forever Green
FLOWERS and GIFTS
WEDDINGS and FUNERALS
8115 Milwaukee, Niles
WE DELIVER ANYWHERE
Hours:
MON-FRI 9:00 to 7:00
SAT 9:00 to 6:00
823-8570

Home, Hoffman Estates. She was born Thursday, June 6, 1918 in Chicago. Beloved wife of the late Florian Tarnowski. Beloved mother of Sharon (Thomas) Mack and Richard (Nancie) Tarnowski. Grandmother of David (Kathy) Friend and Michael Mack. Sister of Helen (late Steven) Dawiec, Sue (Paul) Ivik, late Emily (late David) Kushner, late Laurie (late Walter) Krause and late Jessica (Julius) Swiersz. Aunt of many. Services were held November 24 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

ANNE H. CHORBARIAN

Anne H. Chorbajian, 67, of Glenview, died Wednesday, November 19 at Glenbrook Hospital. She was born Friday, October 31, 1930 in Cicero. Beloved wife of George Chorbajian. Beloved mother of David (Julie) Chorbajian and Denise Chorbajian. Sister of Alice (Arshag) Arterian. Services were held November 22 at Armenian All Saints Apostolic Church, Glenview. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Irving Park Cemetery, Chicago.

ERNEST J. SCHWARZ

Ernest J. Schwarz, 83, of Niles, died Monday, November 24 at Resurrection Medical Center. He was born Sunday, August 30, 1914 in Chicago. Beloved husband of Julianna M. (nee Schneider) Schwarz. Beloved father of JoAnne (Fred) Chernikoff and Susan Schwarz. Services were held November 29 at St. Juliana Church, Chicago. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

GEORGE P. ASURAS

George P. Asuras, 68, of Glenview, died Sunday, November

16. He was born Thursday, January 17, 1929 in Chicago. Beloved father of Karen Grobman, Mark (Laura) Asuras and Stacey (Steven) Juraszek. Grandfather of Jason, Michelle, Derek, Rachel and Summer. Brother of Dino (Josephine) Asuras. Brother-in-law of John (Helen) Galanos. Services were held November 19 at St. John the Baptist Greek Orthodox Church, Des Plaines. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Elmwood Cemetery, River Grove.

LILLIAN PAAR

Lillian Paar, 69, of Niles, died Sunday, November 30. She was born Saturday, September 22, 1928 in South Bend, Indiana. Beloved wife of Steven Paar. Beloved mother of Steven (Suzan) Paar, Robert (Judie) Paar and Thomas (Therese) Paar. Grandmother of Hilary, Michael, Karl, Heather, Lauren and Sarah. Cousin of many. Services were held December 3 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

ANNA MIKESKA

Anna Mikeska, 87, of Park Ridge, died Thursday, November 27 at Resurrection Nursing Pavilion. She was born Thursday, April 28, 1910 in Chicago. Beloved wife of the late Joseph Mikeska. Beloved mother of Edward (Adrian) Mikeska. Grandmother of Larry (Nancy) Mikeska, Kenneth (Barb) Mikeska, Dan (Audree) Mikeska, James (Marietta) Mikeska, Thomas (Pam) Mikeska, Darlene (Ignacio) Castille and Rob (Helen) Mikeska. Great-grandmother of 12. Sister to the late Charles (late Helen) Majercik. Services were held December 1 at St. Isaac Jogues Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Our Lady of Sorrows Cemetery, Hillside.

JOANNE MUELLER

Joanne Mueller, 69, of Niles, died Friday, November 21. She was born Wednesday, December 21, 1927 in Chicago. Beloved wife of the late Robert Mueller. Beloved mother of Mike (Joanne) Mueller, Jim (Laura) Mueller, Ken Mueller, Don (Gloria) Mueller, Tom Mueller, Tim (Kim) Mueller, Chris (Joanne) Mueller, Sister to Al (LaVergne) Angsten, Marcella Solberg, Lucille (Walter) Zink, Thomas (June) Angsten, Robert (late Edith) Angsten, late Mathias Frederick (Irene) Angsten, late Peter James (Jo) Angsten, late Phyllis Jean (late William) Anderson, late Jerome Angsten.

Grandmother of 12. Aunt of many nieces and nephews. Services were held November 24 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

ESTHER D. LARSON

Esther D. Larson, 100, of Morton Grove, died Thursday, November 13 at Regency Nursing Home. She was born Saturday, May 22, 1897 in Chicago. Beloved mother of Valerie Burns. Services were held November 18. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Oak Hill Cemetery, Chicago.

ANNA MIKESKA

Anna Mikeska, 87, of Park Ridge, died Thursday, November 27 at Resurrection Nursing Pavilion. She was born Thursday, April 28, 1910 in Chicago. Beloved wife of the late Joseph Mikeska. Beloved mother of Edward (Adrian) Mikeska. Grandmother of Larry (Nancy) Mikeska, Kenneth (Barb) Mikeska, Dan (Audree) Mikeska, James (Marietta) Mikeska, Thomas (Pam) Mikeska, Darlene (Ignacio) Castille and Rob (Helen) Mikeska. Great-grandmother of 12. Sister to the late Charles (late Helen) Majercik. Services were held December 1 at St. Isaac Jogues Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Our Lady of Sorrows Cemetery, Hillside.

ANNA MIKESKA

Anna Mikeska, 87, of Park Ridge, died Thursday, November 27 at Resurrection Nursing Pavilion. She was born Thursday, April 28, 1910 in Chicago. Beloved wife of the late Joseph Mikeska. Beloved mother of Edward (Adrian) Mikeska. Grandmother of Larry (Nancy) Mikeska, Kenneth (Barb) Mikeska, Dan (Audree) Mikeska, James (Marietta) Mikeska, Thomas (Pam) Mikeska, Darlene (Ignacio) Castille and Rob (Helen) Mikeska. Great-grandmother of 12. Sister to the late Charles (late Helen) Majercik. Services were held December 1 at St. Isaac Jogues Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Our Lady of Sorrows Cemetery, Hillside.

JOANNE MUELLER

Joanne Mueller, 69, of Niles, died Friday, November 21. She was born Wednesday, December 21, 1927 in Chicago. Beloved wife of the late Robert Mueller. Beloved mother of Mike (Joanne) Mueller, Jim (Laura) Mueller, Ken Mueller, Don (Gloria) Mueller, Tom Mueller, Tim (Kim) Mueller, Chris (Joanne) Mueller, Sister to Al (LaVergne) Angsten, Marcella Solberg, Lucille (Walter) Zink, Thomas (June) Angsten, Robert (late Edith) Angsten, late Mathias Frederick (Irene) Angsten, late Peter James (Jo) Angsten, late Phyllis Jean (late William) Anderson, late Jerome Angsten.

To report the death of a

Supplemental Security Income (SSI) recipient or to apply for Survivor benefits: call, 1-800-SSA 772-1213, business days, 7 a.m. to 7 p.m.

COLONIAL & WOJCIECHOWSKI FUNERAL HOMES

With over 85 years of service in the Chicagoland area, we have come to know what most families expect when selecting a funeral home: Service, Location, Price, Quality, Comfortable Surroundings and an Understanding staff. We invite all families to visit our facilities and see first hand what a full service family owned funeral home can offer that corporate owned funeral homes can't.

8025 W. Golf Road • Niles • (847) 581-0536
6250 N. Milwaukee Avenue • Chicago • (773) 774-0366

Owned & Operated For Over 85 Years By The Wojciechowski Family

Church and Temple News

NPL Church to celebrate 77th anniversary

The Norwood Park Lutheran Church, 5917 North Avenue, Chicago will celebrate the 77th anniversary of its founding with a Festival Eucharist on Sunday, January 18, 1998.

The Rev. Robert C. Johnson, Pastor of the Congregation, will be the presiding minister. The Rev. Fr. James Thonan of the Precissionist Monastery, will be the homilist. A "Coffee and Conversation" will follow the service for guests and members alike.

The guest homilist, Rev. Fr. Thonan, will be preaching on texts related to the "week of prayer for Christian unity," an annual event celebrated by many Christian congregations since its inception in 1908 in Groydmoor, New York. Fr. Thonan, a native

of Cincinnati, Ohio, holds a Master of Divinity degree from the Catholic Theological Union, Chicago, and a Master of Spirituality from Creighton University, Omaha, Nebraska. Ordained in 1975, he served at passionist locations in Louisville, Houston, Sacramento, and Chicago and has been engaged in ministries of preaching, spiritual guidance and development and administration.

Since 1991 he has been a member of the Board of Directors of the passionists' Holy Cross province.

Norwood Park Lutheran Church is a member of the Evangelical Lutheran Church in America and is located on the far northwest side of Chicago.

Knightly News

The North American Martyrs, Knights of Columbus, Council 4338 is sponsoring their Annual Holiday Basketball Tournament at St. John Brebeuf School gym, 8307 N. Harlem Ave., Niles. This year's tournament will include 105 teams (largest total in many years), from boys and girls teams of the 4th, 5th and 6th grade from schools throughout the area. Games for the single elimination tournaments will run every Saturday and Sunday till mid-January. The Knights of Columbus are donating the trophies awarded to the first and second place teams in each category.

Congregation congratulates Reform Movement Leaders

B'nai Jehoshua Beth Elohim, (BJBE) Glenview, recently congratulated two of its members who have been installed into leadership roles within the Reform Jewish movement.

Roberta Krolick, Northbrook, a past BJBE Sisterhood president, was recently installed as a national vice-president of the Women of Reform Judaism, in Dallas, Texas.

Her husband, Marshall Krolick, Northbrook, a past BJBE congregation president, became a

national vice-chairman of the United Association of Hebrew Congregations (UAHC), during that group's biennial convention in Atlanta. UAHC is an organization comprised of congregations within the North American Reform Movement.

BJBE congratulates this dynamic couple as they assume these new leadership roles.

For information contact Shari Bauer (847) 729-7575 or on-line at <http://www.shamash.org/reform/uahc/congs/il/fi010>.

'Using Church Records in Genealogy'

Carol Knigge, past president of the Lake County Genealogy Society, will speak on "Using Church Records in Genealogy" at the Jan. 15 meeting of the Northwest Suburban Council of Genealogists. The meeting begins at 7:30 p.m. in Room 100 at Forest View Educational Center, 2121 S. Goebbert Rd., Arlington

Heights. Ms. Knigge, who has been working in genealogy for the past 30 years, is owner of Folk Finders, a genealogy store in Richmond, IL.

This meeting is open to visitors and prospective members. For more information, please call 847-398-1884 or 847-593-8160.

"Late Nite Catechism," a play

Coming to Our Lady of Ransom Saturday, Jan. 31 is the hit comedy "Late Nite Catechism" by Vicki Quade and Maripat Donovan. Doors will open at 6:30 p.m. and the play begins at 7:30 p.m. Tickets are available after all Sunday masses during January or

by contacting Rosanne Dulski (847-698-9494). Our Lady of Ransom is located at 8300 N. Greenwood, Niles. Tickets are non-refundable. Reserved section is \$18. General seating: adult \$15, senior \$12.50, child, \$10.

We've Moved

Effective December 24

The Bugle Newspapers
7400 Waukegan
Niles, IL 60714
847-588-1900

Chance.

A Sure Thing.

Be Smart. Secure Your Financial Future With Northwestern Savings' Tax-Free Roth IRA.*

Tax-Free Savings Just Got Real! It's A Sure Thing.

You're the big winner with Northwestern Savings' new Tax-Free Roth IRA because now you can build a nest egg and use the earnings tax-free! The new Roth IRA lets you use tax-free dollars for retirement or for the purchase of a first home. It's a sure thing!

Win Big - Get Northwestern's 1.50% Tax-Free Bonus!

Start your new Northwestern Savings "Tax-Free Roth IRA" by March 31, 1998, and we will add up to 1.50% cash bonus on up to \$2,000 of your initial deposit.* Deposits must be new IRA Certificate of Deposit funds with Northwestern Savings. Your bonus will be based on the term of the CD you choose: 12 month CD-0.75% bonus; 18 month CD-1.00% bonus; 30 month and 42 month CDs-1.25% bonus; and 60 month CD-1.50% bonus. Watch your bonus continue to grow tax-free for the lifetime of your account... along with your other earnings.

Start Your Account Now So Tax-Free Earnings And Your Bonus Can Grow Even Larger.

Call our IRA Hotline at (630) 323-2265 and ask for an Easy Opening Kit, or visit any Northwestern Savings Branch to open your account. You'll be on the way to a more secure, tax-free financial future!

Easy Open Roth IRA Hotline
(630) 323-2265

NORTHWESTERN SAVINGS
A Division of MidAmerica Federal Savings Bank

Northwestern Savings Locations: Chicago, Northridge
Northwestern Savings' IRA Hotline: (630) 323-2265

*Cash bonus on up to \$2,000 of the initial deposit of an IRA certificate of deposit with funds not already on deposit in an IRA account at Northwestern Federal or its Northwestern Savings Division. Bonus amount based on term of the IRA certificate of deposit, as stated above. For current interest rates and more details, see a Personal Banker. Tax-Free Deposit Bonus is available through 3/31/98.
*Tax-free availability on the Roth IRA assumes that the taxpayer has met the account qualifications before distribution. (1) the account must be open for at least 5 years, and (2) either the taxpayer is 59 1/2 or older or to fund a first-time home purchase. Please contact your tax advisor regarding tax benefits. FDIC insured

Health News

The hidden effects of alcohol

You probably know that heavy drinking can cause cirrhosis of the liver, which leads to internal bleeding and liver failure. But the sad fact is, alcohol abuse can harm nearly every function and organ of the body, including:

FEELING OVERWHELMED

- WITH:
- DEPRESSION
 - PEER RELATIONSHIPS
 - DAILY DECISION MAKING
 - ILLNESS, DEATH & GRIEVING
 - COPING WITH DIVORCE ISSUES
 - FAMILY COMMUNICATION
 - PARENTING SKILLS

BARBARA B. COHEN, MS, L.C.P.C.
psychotherapist
(847) 828-2626

The Brain: CAT scans have shown that excessive, prolonged drinking can cause the brain to shrivel. In time, brain damage, memory loss, sleep disorders, anxiety and depression can result.

The Heart: Excessive drinking can damage the heart muscle and increase the risk of heart attack. Plus: Heavy drinkers are more likely to have high blood pressure than non-drinkers.

The Stomach: Alcohol can severely irritate the stomach and make it bleed. Other gastrointestinal problems: Excess alcohol can cause pancreatic disorders and slow the small intestine's ability to digest nutrients, vitamins and minerals.

And that's not all: Drinking can also increase the risk of deadly injury, anemia, cancer, stroke, osteoporosis, birth defects and problems with reproductive organs. Fact is, it's associated with about 100,000 deaths each year from diseases and accidents.

Concerned about alcohol? For free information, call the American Council on Alcoholism, (800) 527-5344.

READ THE BUGLE

Oak Mill Natural Foods

sinus CONGESTION
COLD Sore Throat
FLU Cough
BEAT THE WINTER WOES

GS500
For Osteoarthritis

Free Health Food Magazine
Free Samples

HOMEOPATHIC MEDICINES **BOIRON** ALVITA GREEN TEA Natural Antioxidant

ZINC LOZENGES Cold Ease

• **PRO-GEST Cream** - Wild Yam Cream
An Alternative to Estrogen

• **TAKE ST. JOHN'S WORT**
Natural Alternative to Prozac

• **ECHINACEA & GOLDENSEAL**
• **COUGH SYRUP AVAILABLE**

8062 N. Milwaukee Avenue
(1/2 Block North of Oakton - West Side of Milwaukee Avenue)
Niles, IL 60714 (847) 825-5424
We Ship UPS
Your Not Spending Money Your Buying Health!

Resurrection Junior Volunteers recognized



Resurrection Medical Center Junior Volunteers who received the Sheriff's Award for Volunteerism from the Cook County Sheriff's Department were (from left) Rebecca Makridis of Chicago, Jamie Malczyk of Chicago, Michael Favia of Norridge, Michael Herzog of Park Ridge, Katie Laudermith of Schiller Park and Marayda Costes of Chicago. Not pictured were Katie McCormick of Chicago, Christine Mullarkey of Park Ridge and Jennifer Noel of Skokie.

Nine junior volunteers at Resurrection Medical Center, 7435 West Talcott Avenue, recently received awards for their volunteer efforts from the Cook County Sheriff's Department. The volunteers, all under the age of 18, each received the Sheriff's Award for Volunteerism for donating at least 100 hours of service in 1997.

The volunteers are part of a group of 35 involved in Resurrection's Junior Volunteer Program. Junior volunteers perform many of the same tasks as adult volunteers, such as transporting patients, delivering flowers and packages, assisting with filing

and other clerical work and delivering food trays.

"Our junior volunteers contribute so much to the medical center," said Joanne Heneghan, Director of Volunteer Services at Resurrection Medical Center. "It's wonderful to see their willingness to help others."

Center of Concern Calendar of Events

The Center of Concern has announced the following calendar for the month of January:

Monday, January 19 & 26: Weight Loss Support Group-10 a.m., Room 4 on ground floor of 1580 N. Northwest Hwy. Bldg., Park Ridge.

Monday, January 19 & 26: Employment Counseling-by appointment only.

Tuesday, January 27: 2 p.m. Brook Browsers Club in Room 4.

Wednesday, January 21 & 28: Employment & Medicare Coun-

seling-by appointment only. — Thursday, January 15, 22 and 29: Grief & Loss Support Group at 2 p.m. Personal Counseling by appointment only.

Saturday, January 17, 24 and 31: Legal Counseling by appointment only.

Saturday, January 31: Blood Pressure Testing and Blood Sugar Screening, 10 a.m. to noon. Appointment not necessary.

All of the above are held at 1580 N. Northwest Highway, Park Ridge, Suite 310, unless otherwise noted.

IMMEDIATE MEDICAL CARE
MAY HASHIMI, M.D. • SARWAR HUSAIN M.D.
Lutheran General Hospital • Resurrection Medical Center

Medicare Assignment Accepted
Allergy Testing & Treatment
Maine Medical Center
8118 Milwaukee Ave • Suite #101 • Niles, Ill. 60714
Hours: 11am - 4pm Daily
(847) 292-1559 11 am-7 pm Wed - 10 am-1 pm Sat

Personal Counselors are available each Thursday and other times by appointment. To make a reservation for those services which require one, please call (847) 823-0453.

The Center of Concern's services and programs include: Personal Counseling, Senior Companions, Friendly Visiting, Shared Housing, Employment Opportunities, Money Management program, In Home Health Care, Escort Transportation, Information and Referral, Telephone Reassurance, Medicare Counseling, an Intergenerational Program, Legal Counseling, Financial Counseling and support groups. The Center is also a Salvation Army Service Unit.

Our monthly Wills program is held with the cooperation of the Chicago Bar Association on the first Wednesday of each month. All of these services are available by a call to The Center of Concern at (847) 823-0453.

Health News

Our Lady of the Resurrection CEO

Ronald E. Struxness, of Naperville, was appointed Executive Vice President and Chief Executive Officer of Our Lady of the Resurrection Medical Center, 5645 West Addison Street. He also will oversee shared system services for Resurrection Health Care as well as the operation and further development of several off-site ambulatory services including the Resurrection Health Care Surgery Center, 3115 North Harlem Avenue.



Ronald E. Struxness

Appointed to medical staff at Resurrection

Jayesh Kothari, M.D., has been appointed to the medical staff at Resurrection Medical Center, 7435 West Talcott Avenue. Dr. Kothari specializes in neonatology.



Jayesh Kothari, M.D.

Dr. Kothari, of Crystal Lake, is a graduate of King Edward Memorial Hospital Medical School in Bombay, India, where he also completed an internship. He completed a residency in pediatrics at the University of Medicine and Dentistry in Newark, New Jersey. Dr. Kothari is a member of the American Academy of Pediatrics.

Dr. Kothari is associated in practice with Joseph Torre, M.D., Leonardo Malalis, M.D., and Hemendra Patel, M.D. Their office is at 2115 Butterfield Road, Oak Brook. Appointments can be made by calling 630-916-8900.

Diet fads not to fall for

January is one of the most popular months of the year for promoting weight loss programs, pills and books. Unfortunately, many of them are geared to the "get the weight off and get it off fast" mentality, rather than to achieving a permanent healthy weight.

Low-carbohydrate diets are currently very popular. Cutting out foods like bread, pasta and sweets causes your body to lose water weight rapidly, but only as long as you stay away from carbohydrates. Not only are you not losing fat, but over time these diets cause a build-up of substances called ketones, which can cause severe headaches and fatigue.

Other quick-weight loss diets, whether based on protein or fruit, are simply very low in calories. Unless you are under careful medical supervision, this type of rapid weight loss is not safe. It's also generally not permanent, since the faster you lose, the greater proportion of lean muscle you tend to lose along with the fat. Since muscle is the tissue in your body that burns the most calories, permanent weight loss is more likely when you lose as little of it as possible.

Yet another weight loss "solution" relies on cutting out almost

all of the fat from your diet. Fat is a concentrated source of calories, but too many calories from any source is what leads to weight gain. For good health, our bodies need some fat in the diet. A little bit of fat also helps to satisfy hunger longer. Many people have found that when they cut back too much on fat, they're hungry so often they actually begin to increase their calorie intake to compensate.

Instead of searching the diet section of the book store or library for an easy weight loss solution, learn first how to maintain a healthy weight. By making a plant-based diet, like the one advocated by the American Institute for Cancer Research, a permanent part of your lifestyle, you'll be more likely to establish good habits like eating foods that are well-balanced and in moderation and engaging in regular exercise. What's more, you may just find that you've lost weight in the process without "dieting" at all.

For a free brochure with tips on how to lose weight and lower your risk for cancer, send a self-addressed, stamped (55 cents postage) business-sized envelope to the American Institute for Cancer Research, Dept. TD, P.O. Box 97167, Washington, DC 20090-7167.

Sugar where you don't expect it

Sugar has become the leading ingredient added to food. Americans now consume a record 148 pounds of sugar and other calorie-containing sweeteners each year. That's the equivalent of 45 teaspoons of sugar a day, and far above current recommendations.

In the past, tooth decay was the main health concern linked to excess sugar consumption. Now, most people already recognize that large doses of sugar put them on an exhausting roller coaster with bursts of energy followed by stretches of exhaustion. The connection between Americans' increasing sugar consumption and our increasing obesity problem can also not be underestimated. Most importantly, recent recommendations to lower cancer risk note a link between too much sugar and an increased risk of colon and rectal cancer.

Current recommendations from the American Institute for Cancer Research and other leading health authorities advise that sugar provide no more than 10 percent of our daily calories. For sedentary or older women, that's about 10 teaspoons of sugar (40 grams) a day, while for most men, active women and older children it is close to 14 teaspoons of sugar (56 grams). This may sound like a lot, but you can get most of that from just one can of regular soda.

Food labels provide some information on sugar content, but they are by no means complete. The "sugar" content listed underneath "total carbohydrate" lists only simple sugars, leaving long-chain sugars (which make up a large proportion of the sugar in corn syrup) out completely. For a complete picture of a food's sugar content, first check the sugar content listed, remembering that each four grams of sugar listed are equal to one teaspoon of sugar. Then look at the ingredients list to see how close to the top you find sugars, which are listed as: dextrose, sucrose, glucose, corn sweetener, fructose, high-fructose corn syrup, honey, brown sugar and molasses. You may be surprised at how much sugar is in foods you never considered very sweet.

Another problem with the way sugar is listed on labels is that it doesn't just refer to added sugars. It also includes the natural sugars in milk and fruit, which should not be counted toward recommended limits. When you read a yogurt label, for example, if it says 45 grams of sugar, you'd have to compare it to the container of plain unsweetened yogurt to see that about 11 grams of sugar came from the yogurt itself. That means 34 grams of added sugar sweeteners, or more than 8 teaspoons, on one small container.

To reduce your sugar consumption, first look at what you drink. In addition to the 9 teaspoons of sugar you get with each can of regular soda pop (15 teaspoons if you drink the "super-size" 20-ounce bottles), you'll consume about 6 teaspoons of sugar in 8 ounces of a flavored ice tea drink (and that may only be half the bottle). You can switch to hot tea or coffee, allowing you to limit the amount of sweetener you add. Choosing "diet" drinks is another option, but the best choice for health may be to drink more water.

A great way to limit sugar, and one of the best reasons to do it, is to eat more of the fruits and vegetables we need for good health.

All sugar is not bad, and we don't need to eliminate it completely from our diets. However, in our desire to maintain a low-fat diet, we've overlooked an important key to long-term health and well-being: balance, moderation, and variety in all things is essential.

For a free brochure with information on how fruits and vegetables can lower cancer risk, write to the American Institute for Cancer Research, Dept. FF, P.O. Box 97167, Washington, DC 20090-7167.

Liberty Bank

for savings

We're 100 Years Old and we're celebrating!

6.38%* APY

Join in the fun with our 100-month anniversary CD.

This is a limited time offer. Stop by any Liberty Bank office to open your Certificate of Deposit today and get in on the fun and excitement of our 100 Year Celebration. \$2,500 Minimum balance to open the account. A substantial penalty for early withdrawal. Annual Percentage Yield (APY) effective: 1/12/98 and is subject to change without notice.



100 Years - 1898-1998

You could win one of 20 Get-Away trips in our
It's Your Bank
Scratch & Win Sweepstakes!

You pick the spot for a 4 day/3 night get-away at 90 incredible destinations including Orlando, Las Vegas, Branson, the Ozarks, Montreal, Lake Geneva, London, Paris, or Rome!

Plus, you could win 100 Year Commemorative Prizes AND a spot in a second-chance drawing of at least 15 additional Get-Away Trips! Stop in any branch for a game piece.

Legal Prizes include one of 20 Get-Away trips, which may include airfare, hotel accommodations, ground transportation, and other expenses. Prizes are subject to change without notice. Void where prohibited. Prizes are awarded on a random basis. Prizes are not redeemable for cash. Prizes are not transferable. Prizes are not cashable until 12/31/98.

2392 N. Milwaukee (773) 384-4000 • 7111 W. Foster (773) 792-2211
6210 N. Milwaukee (773) 763-4360 • 6666 N. Lincoln, Lincolnwood (847) 674-1300



FDIC INSURED

Women's News

Women in Construction

The O'Hare Suburban Chapter #193 of the National Association of Women in Construction (NAWIC) will meet Tuesday, January 20, 1998 at the Avalon Restaurant, 1905 E. Higgins Road, Elk Grove Village. Reservations for dinner at \$18 may be made with Jennie Oratowski, Enger-Vavra, Inc. at (847) 678-4200. Social Hour is at 5:30 p.m., followed by dinner at 6:30 p.m.

The Program for the evening will be "The New Tax Law Summary" presented by Ron Lewis and Maggie Hein of Berg, DeMarco, Lewis, Sawatski & Co. The Taxpayer Relief Act of 1997 and the Balanced Budget Act of 1997 enacted several significant tax changes. Reduction in the capital gain rates, expansion of the IRA provisions, and new Child and Education tax benefits are but a few of the changes that will affect taxpayers in 1997 and 1998. Be sure to come to this meeting to hear these changes. A business meeting will follow the presentation.

Guests and all women interested in construction are invited to attend. For membership information, contact Shari Ralish at (312) 908-4765.

Rose's
Beauty Salon
7502 N. HARLEM

- perms
- Cut/Style
- Frosting
- Color

SENIOR DAY
Tuesday & Wednesday
Shampoo & Set ONLY
\$1.00 OFF
Not Good in Conjunction with Any Other Offer.
(773) 774-3308

Sweet but deadly

The sweet smell of antifreeze can make drips and spills inviting to children and pets. But: Even small amounts are toxic. For safety: Never handle antifreeze with children or pets nearby...store it in its original container and keep it locked away...clean up spills immediately.

Niles V.F.W. Ladies help others in need



Niles V.F.W. Ladies Auxiliary Post #7712 had a Christmas party after their December meeting. Instead of having a grab bag the members brought canned goods and nonperishable food for Maine Township Food Pantry. Pictured are some of the Auxiliary members with the food that was donated. Shown left to right: Gertrude Kwielord Sr. vice president, Geraldine Bugarin, Roberta Fitch, president and Valerie Orlovski. The Auxiliary also gave a monetary gift to some needy families, Little Brothers Friends of the Elderly and Hinze Hospital. The V.F.W. has a program called Up-Link where calling time is supplied to the troops in Bosnia, the Auxiliary has contributed to this program for the holidays as well.

Caryn Prosansky

Bradley University senior Caryn Prosansky from Des Plaines recently was inducted into Omicron Delta Kappa, the national collegiate honorary society recognizing campus leadership. Prosansky, a senior psychology major, is the daughter of Mr. and Mrs. Jeffrey Prosansky.

Old Orchard Electrolysis

formerly Gregory System



The Only Method of Permanent Hair Removal

-Discreet, Confidential Atmosphere-

We specialize in treating difficult conditions and sensitive skin areas

- Over 20 Combined Years Experience
- Medically Approved Treatment
- Certified Technicians
- Sterile Instruments and Disposable Wires Always Used
- Complimentary Examination & Consultation

Mention This Ad And Receive
20% OFF YOUR FIRST TREATMENT!
(new clients only)

847.677.7010

125 Old Orchard Arcade, Suite DC • Skokie

Daily: 10am-7pm
Saturdays: 9am-2pm

Folic Acid Awareness in January

Every woman who thinks of having a child dreams of having a healthy baby. Unfortunately, many babies are born too small, too soon or with neural tube defects. But there are simple steps that women can take to reduce the risks of this happening and to prepare for a healthy baby.

During January, the March of Dimes is observing Birth Defects Prevention Month in an effort to reach women of childbearing age with vital information. According to a March of Dimes/Gallup survey, seven out of 10 women begin taking the B vitamin folic acid too late to reduce their risk of having a baby with a serious birth defect. The March of Dimes and Centrum Multivitamins are working together to encourage women in the Greater Chicago Area to consume at least 400 micrograms of the B vitamin folic acid prior to and during the early weeks of pregnancy.

The March of Dimes suggests that all women of childbearing age achieve this goal by eating a balanced diet and taking a multivitamin which contains 100% of the recommended daily amount of folic acid.

Free literature about preparing for pregnancy and other information on how folic acid reduces the risk of neural tube defects by over 50 percent, is available by calling the March of Dimes at (312) 435-4007.

Also, this month, the March of Dimes is continuing to make the public aware of a new federal law that requires producers of such foods as wheat flour, corn meal, pasta and rice to enrich those products with folic acid.

The month-long observance will be capped off at the annual March of Dimes Chefs' Auction, Tuesday evening, January 27, at The Drake Hotel in Chicago. Twenty-eight of Chicago's renowned chefs, headed by Honorary Chairperson Jimmy Bannos of Heaven on Seven, will create exciting and unique dining packages to be auctioned off. Proceeds will benefit programs for the prevention of birth defects and infant mortality.

Along with the delicious offerings prepared by the chefs, the guests will also be treated to vitamin samples and other gifts provided by Centrum at a special educational display set up at the event. For tickets or more information, call the March of Dimes at (312) 435-4007.

Public Service Announcement

Have epilepsy? Need help finding a job? Call the Epilepsy Foundation of Greater Chicago at (312) 939-8622, TDD (312) 939-1117.

Women's News

Women's Business Development Center

The focus is on the importance of knowing and analyzing source(s) of business revenue. This is a workshop that helps you project sales and understand how your customers impact business cash flow.

"Financial Analysis I" held on Wednesday, January 28, 1998 from 12:30 to 3:30 or 5:30 to 8:30 p.m. at the Women's Business Development Center at 8 S. Michigan, Suite

400, Chicago. Financial Analysis I can be taken individually or as part of the JumpStart Your Business workshop series.

Registration fee is \$40 and includes a workbook guide. For more information or to register, call the Women's Business Development Center at (312) 853-3477. Registration and prepayment are recommended to guarantee space in workshop.

Skokie/Lincolnwood Woman's Club luncheon

The Woman's Club of Skokie/Lincolnwood will hold their luncheon/program meeting on Wednesday, February 4, 1998 at the Holiday Inn, Skokie. Luncheon will be served at 12 noon with

a "Auction" following for the members to enjoy. Area women interested in the Woman's Club may call, President Eunice Kozem 847-966-5828.

Ketura Hadassah Group to meet

Ketura Hadassah will hold its monthly meeting on Tuesday, January 27 at 12:30 p.m. at the Liberty Bank, 6666 N. Lincoln, Lincolnwood. The Norridge Those Were the Days Radio

Players will perform. Members are free, others are \$3. Coffee will be served. For information, call (847) 679-2968.

Women have a special need for relationships. Aglow is a unique ministry by women, for women. In Aglow women experience supportive friendships, caring hearts, and listening ears that help them learn about God's purpose in their lives. Their vision is to see restored women...restored families walking together to express the hope of God's love to our world. Women are nurtured and encouraged to operate in the gifts of God and the calling that He has on their lives.

The fellowship was founded in 1967 by 4 women in Seattle, Washington and has grown to minister yearly to 1/2 million women in the U.S. alone. Today Aglow is touching the lives of women in 135 countries on six continents. Women are ministered to in local fellowships, prayer groups, Bible studies, support groups, prisons and jails, nursing homes, teen groups, campus outreaches and ethnic ministries. All over the world women are having the same needs of love, forgiveness, acceptance, understanding and purpose for living met through a personal relationship with Jesus Christ.

Women who have overcome difficult situations (abuse, drugs, alcohol, divorce, loneliness, fear, diseases, family problems) are willing to share their life story

with other women who are struggling and hurting. Women have experienced dramatic spiritual and physical healing through the teachings of the Word of God and presence of Jesus Christ. Marriages have been restored and relationships healed within families.

Meetings are held once a month, retreats twice a year and conferences once a year (national and international). Speakers may be locally or nationally known, from the homemaker to a radio or television personality. At monthly meetings women can discover they are loved and accepted amongst caring women as they share a breakfast, luncheon or dinner. There is a time of sharing, singing and teaching. Women can meet weekly in homes to fellowship and study the Bible and develop friendships. Teenage girls are welcome.

Aglow has been featured on television and radio with interviews of women whose lives have been changed. Aglow has a newsletter which gives women the opportunity to share with each other all over the world.

Aglow publications provide books that penetrate the heartfelt needs of today's woman. Issues such as grief, self-image, family, divorce, remarriage and other contemporary issues are available to provide practical helps to women who are confronting changes, failures and problems in a fast paced world.

Married or single, career or homemaker, women are reaching out for help. Aglow provides a safe atmosphere where women can feel loved. They can laugh and cry, share with someone their hopes and failures, and learn how their personal faith in Jesus Christ makes a difference in their everyday life situations.

SENIOR CITIZENS

Shampoo & Set... \$2.50 & Up
Haircut... \$3.00 & Up
EVERYDAY EXCEPT SUNDAY
Sr. Men's Clipper Styling \$3.00 & Up
Men's Reg. Hair Styling \$5.00 & Up

IN HOME HAIR CARE MANICURE & PEDICURE TOGETHER \$14.00

FREDERICK'S COIFFURES
5391 N. MILWAUKEE AVE.
CHICAGO, IL
(773) 631-0574

JANUARY Clearance SALE!
50% to 75% OFF
New Arrivals 10% to 20% OFF
Mad Rack \$15 - \$25 DRESSES
AT BOTH STORES

Bonjour Madame CHIC IS BOUTIQUE UNIQUE

Sizes 12W - 34W 847-965-0075
Sizes 4-18 847-965-7740

OAK MILL MALL
7900 N. MILWAUKEE AVE., NILES

Hours: Mon, Tues, Thurs 10 AM to 8 PM
Wed & Fri 10 AM to 6 PM - Sat, 10 AM to 5:30 PM
Sun - 12 Noon to 5 PM

Public Service Announcement

Why do most children dread doing their homework? Why do they look forward to summer vacation more than going to school? Learning should not be something a child is forced to do. It should be something they want to do. You can restore your child's enthusiasm for learning using the Study Technology of L. Ron Hubbard. For more information, call Applied Scholastics at 1 (800) 424-5397.

Banaguinard ElPenord

Banaguinard ElPenord, son of Rucarre and Haussett ElPenord of Skokie recently enlisted in the United States Marine Corps Delayed Entry Program.

Jeffrey A. Aagaard

Army Pvt. Jeffrey A. Aagaard has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. Aagaard is the son of Robert J. Aagaard and nephew of Marion Noren, both of DesPlaines.

USE THE BUGLE

Candlelight Jewelers

Is she still mad about your Christmas gift?

She won't be after you surprise her with this on Valentine's Day. And next year, you'll know better.

(847) 965-3013
In Oak Mill Mall
7900 Milwaukee Ave., Niles
at Oakton & Milwaukee

HOURS: M-F 10-8
SUN 12-5 SAT 10-5

MARINA TSEITLIN
INDEPENDENT JEUNESSE
Executive Director

JEUNESSE COSMETICS

Minarelle Natural Black Mud
Natural mud from the Dead Sea rich in precious minerals, bromides, sulfates, calcium, magnesium, potassium and quartz. The perfect complement to a full-body massage. Designed to stimulate and revitalize the skin, it lifts dullness away, leaving the skin with improved texture and radiance.

Facial Mud Masque
A masque that helps to give tired-looking skin a revitalized appearance. Excess oils and impurities are replaced by radiant skin. For normal to oily skin.

Minarelle Bath Salts
A concentrated blend of natural salts and minerals that dissolves instantly in hot water, inviting you to relax in the ultimate soak. Drift away into the renewing pleasure of bathtime ecstasy.

CALL FOR A COMPLIMENTARY FACIAL SPA EXPERIENCE BUSINESS OPPORTUNITY

Phone: 847-670-7947
Fax: 847-670-8914
Pager: 708-901-2426

Community Calendar

BUSINESS

Wed., Jan. 21
BUSINESS TAX SEMINAR
The Internal Revenue Service is sponsoring a free Small Business Tax Workshop on

Emanuele
TUXEDO RENTAL
Custom Tailor

5850 W. Dempster
Morton Grove
1998 WEDDING SPECIAL
Groom Rental FREE.
20% OFF everyone in your wedding.
50% OFF Wedding Invitations.
FREE GIFT to Bride & Groom.
(with a party of 6 or more)
Sale ends March 31, 1998
CALL NOW
(847) 967-5760

January 21, 1998. The Small Business Tax Workshop is a comprehensive seminar designed for the small business owner and the self-employed. The workshop runs from 8:30 a.m. to 3 p.m. at the Metcalfe Building, 77 West Jackson, room 325. Taking public transportation is strongly recommended. Pre-registration is not required. If you need additional information, contact Morgan Wise at (312) 886-7802 or (312) 886-1572.

CHILDREN

January
OPEN GYM
Starting in January, 1998, youths wishing to participate in Lincolnwood Open Gym Programs must bring a new I.D. being issued by the Recreation Department. These I.D.s will be issued on Jan. 17, 23, 24 and 30 at the Open Gym programs. First card is FREE however a replacement card

will cost \$3. For more information call 847-677-9740.

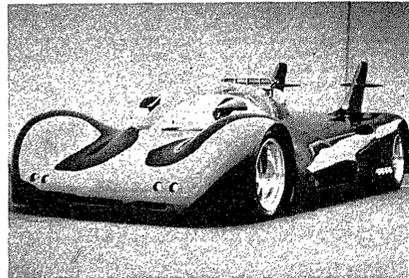
Tues., Jan. 20
MAGIC SHOW
Lincolnwood Parks and Recreation Department will be hosting a Magic Show on Tuesday, January 20, from 1:15 p.m. - 3 p.m. for all Todd and Rutledge Hall students. Fee is \$15 for residents and \$22 for non-residents. For more information call 847-677-9740.

ENTERTAINMENT

Through April 5
Mike Mulligan & His Steam Shovel
Lifeline Theatre KidSeries presents the one and only Mike Mulligan and His Steam Shovel. Mike Mulligan and his steam shovel Mary Anne arrive on the Lifeline stage in a new musical adaptation of Virginia Lee Burton's groundbreaking book. Opening January 17, at 1 p.m., Mike Mulligan and His Steam Shovel is directed by Shole Milos and is adapted and scored by Eric Lane Barnes. The show will run through April 5. To order tickets or for more information, call the Lifeline box office at (773) 761-4477. Lifeline Theatre is located at 6912 N. Glenwood, Chicago. Dig it.

Fri., Jan. 23
THE BETTY CARTER TRIO PLUS THE MILT JACKSON QUARTET
The Betty Carter Trio and Milt Jackson Quartet, two groups led by legendary artists whose roots developed in the "Modern Jazz" era of the late 1940s, will perform at Orchestra Hall at Symphony

CarQuest World of Wheels



A display of America's hottest custom cars, spanning the latest and greatest street rods to the hot, new-wave low-riders, along with an air-to-ground BMX bike extreme stunt show, and saucy celebrity appearances will highlight the 36th Annual CarQuest World of Wheels, appearing in the East Building of McCormick Place, January 30 through February 1, 1998.

Event hours for the CarQuest World of Wheels are 5-10:30 p.m., Friday, January 30; 11 a.m. - 11 p.m., Saturday, January 31; and 11 a.m. - 7 p.m., Sunday, February 1. Tickets are \$11 for adults and \$4 for children, younger than 12 years of age, at the door. Advance, discounted tickets can be purchased at all Chicago-area and North-west Indiana CarQuest locations. For additional information, call (708) 354-4014.

Center in a double bill program on Friday evening at 8 p.m. Upcoming Ameritech Jazz series concerts this year include pianists McCoy Tyner and Cyrus Chestnut on February 27; the Illinois Jacquet Big Band and the Marian McPartland Trio on March 13; and An Evening of Trio Jazz featuring Keith Jarrett, Jack DeJohnette, and Gary Peacock on April 3. Tickets for the Betty Carter Trio and Milt Jackson Quartet on January 23: \$15-\$37; Box Seats: \$60. For group rates, please call (312) 294-3040. For all other information, please call PhoneCharge at (312) 294-3000 or stop by Symphony Center Box Office, Monday-Saturday 10 a.m.-6 p.m. and Sunday 11 a.m.-4 p.m.

Jan. 26 - Mar. 3
FOUR DOGS AND A BONE
Four Dogs and a Bone runs from Monday, January 26 through Tuesday, March 3 on Mondays & Tuesdays at 9 p.m. The show will be held at The Voltaire, 3231 N. Clark St., Chicago. Tickets are \$7. For reservations or more information call (773) 506-1230.

HEALTH

Jan. 23-31
DOLPHIN SHOW
The 56th Annual Dolphin Show presents the eight-time Tony Award-winning musical "Sweeney Todd." "Sweeney Todd" runs two weekends from January 23rd through January 31st. Performances the first weekend are scheduled Friday at 8 p.m., Saturday at 2 and 8 p.m., and Sunday at 2 p.m. The second weekend performances are scheduled Thursday at 8 p.m., Friday at 8 p.m., and Saturday at 2 and 8 p.m. Tickets are \$20 for general admission, \$16 for senior citizens and Northwestern faculty/staff, and \$7 for all students. Group discounts are available for groups of 15 or more. To order tick-

Tues., Jan. 20
Ethics for Lunch
Lutheran General Hospital's Ethics for Lunch series will feature a presentation at noon Tuesday, January 20, entitled "Engineering Fertility: Is It Always a Blessing?" The program will be held in Johnson Auditorium, Lutheran General Hospital, 1775 Dempster, Park Ridge. The 65-minute Ethics for Lunch seminars are held twice a month and focus on current ethical issues in health care. These include topics relating to patient care, the health care system, public policy and advances in medical technology. The presentations

Continued on Page 13

Community Calendar

HEALTH

Continued from Page 12

are free and open to the public. No reservations are required. For more information, call the department of clinical ethics, (847) 723-7847.

LECTURES

Tues., Jan. 20
WORLD WAR II PHOTOS
Phil Drell, a photographer during World War II, discusses *From D-Day to Dachau* on Tuesday, Jan. 20, from 1-2:30 p.m., as part of the Passages Lecture Series sponsored by Oak Park's Emeritus Program. All lectures are held in Room A151 at the Ray Hartstein Cam us, 7701 N. Lincoln Ave., Skok e. In this lecture, Drell will present a slide presentation that chronicles the war, from the invasion of Europe to the liberation of the concentration camps. Admission is \$2 at the door. Seating is limited; only 50 tickets are available. You may purchase a winter pass to the Passages Lecture Series for \$15; a maximum of 100 passes are available. For more information, call the Emeritus Office at (847) 635-1414.

Wed., Jan. 21
LATE NINETEENTH-CENTURY CHICAGO
"Frank Lloyd Wright's Early Chicago" is the title of a lecture and slide presentation to be given on Wednesday evening, January 21, by Donald Kalec, School of the Art Institute of Chicago, Historic Preservation Program. Formerly a Talliesin Fellow, Mr. Kalec has served as restoration architect and curator of the Frank Lloyd Wright Home and Studio. The lecture will begin at 7:30 p.m., at Unity Temple, 875 Lake St., Oak Park. Sponsored by the Frank Lloyd Wright Home and Studio Foundation. Admission: \$8/ person for members and \$12/ person for non-members of the Foundation. To make reservations, contact the Foundation's Education Department at 708/ 848-1976.

MEETING

Tues., Jan. 20
MG HISTORICAL SOCIETY
The Morton Grove Historical Society will meet on Tuesday, Jan. 20 at 7 p.m. in the Baxter Room of the Morton Grove Library. Following a brief general meeting, the program "The North Branch of the Chicago River Project" will be presented by the group "Friends of the River". There is no admission charge, light refreshments will be served, and the public is welcome.

USE THE BUGLE

SCHOOL

Fridays starting Jan. 23
Flamenco Dance Classes for Children
Flamenco dance classes for children, grades 1 through 8, are being offered by Ensemble Espanol Spanish Dance Theater, in residence at Northeastern Illinois University (NEIU). Classes will be held Friday,

from 4-4:45 p.m., starting Friday, January 23 to March 27 and April 17 to June 5. The classes will be held at NEIU, 5500 N. St. Louis Ave. (near Bryn Mawr and Central Park), Building A-Wing (A-113). The cost for the 10 week class is \$70. For more information on the classes, call (773) 583-4050, ext. 3015.

Continued on Page 14

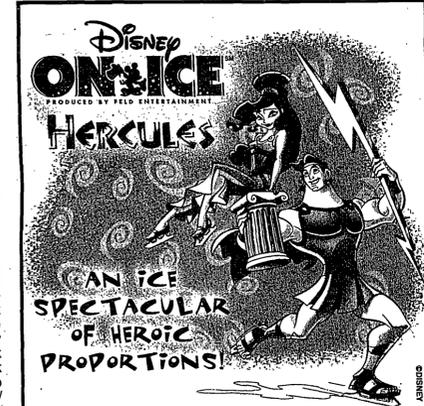
Graphic Design Work displayed at Dominican

Kristy Lewis will display her graphic design work in an exhibit called "Design and Color," at the O'Connor Gallery at Dominican University, 7900 West Division Street. The exhibit will run through Friday, February 27, 1998.

An opening reception will be held on Sunday, January 18, 1998 from 3 p.m. to 5 p.m. in the gal-

lery. A gallery talk will be held on Monday, January 26, 1998 from 12 p.m. to 1 p.m.

The O'Connor Gallery is located on the fourth floor of Lewis Hall. Gallery hours are Monday through Friday, 10 a.m. to 10 p.m. Exhibits are free and open to the public. For more information, call (708) 524-6842.



JAN. 21 - JAN. 25 ROSEMONT HORIZON
JAN. 27 - FEB. 8 UNITED CENTER

Wed. JAN. 21 * 7:30 PM • **Tue. JAN. 27 * 7:30 PM**
OPENING NIGHTS - SAVE \$5 ON ALL TICKETS!
Courtesy of CHICAGO TRIBUNE / ABC 7 / LIFE FM 95.9

Thu. JAN. 22	10:30AM	3:30PM	7:30PM	Wed. JAN. 28	10:30AM	3:30PM	7:30PM
Fri. JAN. 23	10:30AM	3:30PM	7:30PM	Thu. JAN. 29	10:30AM	3:30PM	7:30PM
Sat. JAN. 24	11:30AM	4:30PM	7:30PM	Fri. JAN. 30	10:30AM	3:30PM	7:30PM
Sun. JAN. 25	11:30AM	4:30PM	7:30PM	Sat. JAN. 31	11:30AM	3:30PM	7:30PM
Mon. FEB. 1	10:30AM	3:30PM	7:30PM	Sun. FEB. 1	11:30AM	3:30PM	7:30PM
Tue. FEB. 2	10:30AM	3:30PM	7:30PM	Mon. FEB. 2	10:30AM	3:30PM	7:30PM
Wed. FEB. 3	10:30AM	3:30PM	7:30PM	Tue. FEB. 3	10:30AM	3:30PM	7:30PM
Thu. FEB. 4	10:30AM	3:30PM	7:30PM	Wed. FEB. 4	10:30AM	3:30PM	7:30PM
Fri. FEB. 5	10:30AM	3:30PM	7:30PM	Thu. FEB. 5	10:30AM	3:30PM	7:30PM
Sat. FEB. 6	11:30AM	4:30PM	7:30PM	Fri. FEB. 6	10:30AM	3:30PM	7:30PM
Sun. FEB. 7	11:30AM	4:30PM	7:30PM	Sat. FEB. 7	10:30AM	3:30PM	7:30PM
Mon. FEB. 8	10:30AM	3:30PM	7:30PM	Sun. FEB. 8	10:30AM	3:30PM	7:30PM

TO BUY TICKETS:
★ BOX OFFICES
★ TICKETMASTER outlets, including Dominick's or www.ticketmaster.com
★ BY PHONE: (312) 559-1212
★ GROUPS (20+): (847) 671-9800 (Morton Grove) (312) 455-SHOW (Other Cities)

\$12.50 - \$17.50 - \$22.50
Ride side seats available whenever tickets are sold. Service and handling charges apply. No service charges at box office.

Come enjoy an "All You Can Eat" Fish Fry Every Friday Night For only \$6.95

Join us for Sunday Brunch Served buffet style with roast beef, omelet station, fruits, desserts, and much more! For only \$10.95 6700 W. Howard St., (847) 581-3120

RE/MAX AllStars
TOP PRODUCER
Tina Paras
Over 15 Yrs. Professional Service
7900 N. Milwaukee Ave. Oak Mill Mall, Niles, IL 60714
Direct 847-965-3596
V.M. Pager 847-319-8555
(Independently Owned & Operated)

PERM SPECIAL \$5.00 OFF
1st Time Clients Only
Susie's Family Hair Care
\$2.00 OFF WASH & SET
1st Time Customers Only
• Manicure • Pedicure • Facials • Waxing
Peggy FORMERLY of Perfect Style Susie
9229 Waukegan Rd, Morton Grove, IL
Hours: Mon-Fri 9-7; Sat. 9-5; Sun. 9-3 (847) 663-0123

Minato JAPANESE RESTAURANT
Happy New Year!
Special January 10% OFF Coupon
Any Lunch, Dinner or Carry-out With This Coupon - Good 7 Days - Good Thru 1-31-98
Serving Daily Lunch Specials
Featuring Full Service Sushi Bar
• Teriyaki • Tempura • U-Don (Noodles)
• Combo Box • Donburi
"Minato is the right place for your party, celebration or business meeting"
OPEN 7 DAYS
Lunch Mon.-Sat. 11:30am-2:30pm; Dinner Mon.-Thurs. 4:00-10:00pm; Fri. & Sat. 4:30-11:00pm; Sun. 4-10:00pm
6026 W. DEMPSTER • AUSTIN-DEMPSTER PLAZA • MORTON GROVE • (847) 965-6688
Plenty of free parking

COUPON
Friday Night Dinner at THE TERRACE RESTAURANT
5 p.m. to 9 p.m.
Bring in Coupon and Enjoy a Second Entree of Equal or Lesser Value for 1/2 Price. VALID TILL FEBRUARY 6, 1998
Deep Fried Lake Perch (all-you-can-eat) Prime Rib of Beef, Broiled Fish of the Day, Broiled Chicken Breast and Grilled Chicken Breast Salad
Special \$2.99 Children's Menu
Fish Sticks, Chicken Fingers, Hamburger or Grilled Cheese
Make-Your-Own-Sunday for Dessert
Reservations are requested for groups of four or more
Call (847) 256-9626
Located at the Wilmette Golf Course
Lake Avenue and Harms Road

CHAIM'S KOSHER BAKERY (Our Own)
CHAIM'S BAKERY
DELICATESSEN, SUPERMARKET & FOOD COURT
WINNER OF CHICAGO TRIBUNE'S BEST CHALIE AWARD!
(847) 675-1005 • 4964 Dempster Street, Skokie • (847) 675-0028 (FAX) • WE DELIVER!
CHAIM'S INTRODUCES THE BAGEL
WITH ALL THESE "BAGEL" STORES, SUPERMARKETS, AND DONUT PLACES THEY WOULD HAVE YOU THINK THAT THEY "DISCOVERED" THE BAGEL! WE AT CHAIM'S HAVE BEEN MAKING AWARDS-WINNING RYE BRIOCHE, BAGELS, CHALIE, FOR 45 YEARS! IN FACT WE HELPED "DISCOVER" IT NOW IF THEY COULD ONLY DISCOVER TASTE!
WE ARE THE PROFESSIONAL! IF YOU WANT THE BEST-TASTING CHALIE BAGELS, OR JEWISH OLD-WORLD RYE BREAD, DON'T GO TO A CHAIM OR SUPERMARKET. IN FACT WE'RE SO SURE YOU'LL AGREE THAT WE BACK IT UP WITH THE BEST GUARANTEE IN THE BUSINESS. DOUBLE YOUR MONEY BACK! (TWO TIMES THAT FOR CONFIDENCE!)
AND WHILE YOU'RE HERE, VISIT OUR DELICATESSEN, AND PUT SOME HOT-CORNERED BEEF BETWEEN THOSE RYE BREAD SLICES, OR JUST PREVIEW THE MOST INCREDIBLE DELI-LAZY SUSAN PLATTERS IN THE BUSINESS. OR JUST HAVE A FRESH BROILED ROTISSERIE CHICKEN WHILE YOU TALK UP AT THE FRESH SALAD BAR.
*CERTAIN RESTRICTIONS APPLY. SEE IN STORE FOR DETAILS.
MONDAY-WEDNESDAY SUPER SPECIALS!
COUPON
For DINNER or LUNCH
• Whole Hot Rotisserie Chicken
• Temp (Your Choice: potato, spinach, onion, or sweet)
• FREE Salad Bar & FREE Bread
ALL FOR ONLY \$11.99
COUPON
For DINNER or LUNCH
Buy 1 LB. Corned Beef, Turkey, Roast Beef or any Deli Meat (7oz. Chunks) - and 1 LB. Potato Salad, Cole Slaw, or any salad AND THE BREAD AND DESSERT ARE ON US!
COUPON

Community Calendar

SEMINARS

Continued from Page 13

Tues., Feb. 3

Taxpayer Relief Act

A free one hour seminar on the new Roth and Education IRA's (Individual Retirement Accounts) is being offered by Bank of Lincolnwood and the accounting firm of Frost, Ruttenberg and Rothblatt. The seminar will take place on Tues., Feb. 3, from 5:30-6:30 p.m. at the Lincolnwood Radisson Hotel. For information on the Roth and Education IRA's, please call Bank of Lincolnwood at (847) 675-2800 and press 2. To make reservations for the seminar, please call, (847) 676-6024 and leave your name, phone number, and how many people will attend.



MARIANNE CRABTREE
INTERIORS LTD.
847-998-5900

Call us for elegant custom draperies, bedrooms, upholstery, reupholstery, custom area rugs, wallpaper and other fine details.

AFFORDABLE ELEGANCE

BRIGHTEN YOUR LIFE
DRY CLEANING SPECIAL
20% OFF Any Dry Cleaning
Minimum Order \$20.00
Coupon Valid with Drop Off
We Custom Fit Your Clothes and Guarantee Our work
TOP QUALITY CLEANERS Expires 1/31/98
Plant on Premises
5904 LINCOLN AVE., MORTON GROVE (847) 966-8848

Men's Divorce Rights
PROTECTING MEN'S RIGHTS
• Child Custody
• Property Disputes
• Support Problems
19 S. La Salle St., #450 • CHICAGO, ILLINOIS 60603
312/807-3990 or 708/296-8475
ATTORNEY AT LAW
JEFFERY M. LEVING
"HELPED WRITE THE 1986 JOINT CUSTODY LAW"
www.dadsrights.com

SINGLES

Jan. 16 & 17

St. Peter's Singles Club

All singles over 45 are invited to the following St. Peter's Singles dances. Friday, Jan. 16 at 8:45 p.m. at Aqua Bella, 3630 N. Harlem and Saturday, Jan. 17 at Tivoli Gardens, 3258 N. Harlem at 8:45 p.m. Both dances cost \$6. Live bands. Coat and tie required.

Fri., Jan. 16

Aware Singles Dance

The Aware Singles Group and the Chicagoland Singles Association invite all singles to a dance at 8 p.m. on Friday, January 16, at the Arlington Park Hilton, 5400 W. Euclid (1/4-mile east of Route 53), Arlington Heights. DJ music will be provided. Admission is \$7. For more information, call Aware at 847-632-9600.

Fri., Jan. 16

Good Time Charley Singles Dance

There will be a Good Time Charley Singles Dance at 8 p.m. on Friday, January 16 at The New Gaelic Park, 6119 W. 147 St., Oak Forest, IL. Door Prize: 19" Color TV with remote and 3 watches. All singles are invited. Admission is \$5. For more information call (708) 445-4450.

Read the Bugle
For subscriptions call
(847) 588-1900

Fri., Jan. 16

ATTACHMENTS, INC.

The BIG singles dance from 8-12 p.m. at The Pointe Penthouse, \$7, DJ, Proper Attire Required. Corner of Bloomingdale & Schick Rds., Bloomingdale (from I-355, W. 2 mi on Lake St., S. on Bloomingdale Rd. 2 blks.) 630-584-1031 or 847-604-2400.

Winter '98

SINGLES DANCES

Sponsored by Attachments, Inc. 630-584-1031 or 847-604-2400. Accent the Pointe at 7 p.m. every Sun., free buffet, singles, dance. Proper attire required. From I-355, W. 2 mi. on Lake St., S. on Bloomingdale Rd. 2 blks.

Jan. 16, Fri. 8-12, The Pointe, \$7, DJ, The BIG Dance in the PENTHOUSE.
Jan. 17, Sat. 8-12:30, Hyatt Woodfield, \$8, DJ, Super Dance.

Jan. 18, Sun. 7-11:30, The Pointe, \$7, DJ, Free buffet;

Jan. 23, Fri. 8-12:30, Hyatt Oak Brook, \$8, Grand Ballroom Super Dance;

Jan. 25, Sun. 7-11:30, The Pointe, \$7, DJ, Free buffet;

Jan. 30, Fri. 8-12, St. Andrews, \$7, DJ, HUGE Dance Floor;

Feb. 1, Sun. 7-11:30, The Pointe, \$7, DJ, Free buffet.

The Pointe: Bloomingdale & Schick Rds. (2 blks S. of Lake St.), Bloomingdale.

St. Andrews Golf Club: 3N441 Rt. 59 (1/2 mi. N. of North Ave.), West Chicago.

Hyatt Oak Brook: 1909 Spring (R across from Nordstrom, Oak Brook Mall).

Hyatt Woodfield: 1800 East Golf Road, Schaumburg.

Sat., Jan. 17

T.G.I.S. Singles

T.G.I.S. Singles will have a Super Singles Dance at 8 p.m. on Saturday, January 17 in the Ballroom at The Glendora House, 10225 S. Harlem Ave., Chicago Ridge. 19" Color TV

Falcon Travel Bureau, Inc.
serving Chicago area since 1967

EUROPE ON SALE!
(travel completed by March 31)
London, Paris \$339.00
Scandinavia \$402.00
Warsaw \$422.00
BANGKOK SPECIAL
7 Days / 5 Nights
from only \$998.00
Air - hotel - transfer
sightseeing buffet breakfast
7 day CRUISE FROM \$799.00 including air
CALL US FOR LAST MINUTE SPECIALS/FUN/NET AND APPLE
9018 Milwaukee Ave - Niles, IL 60714
(847) 298-0550 - FAX (847) 298-0553

door prize. Ladies in free before 8:30 p.m. All singles are invited. Admission is \$5. For more information, call (708) 455-4450.

Sat., Jan. 17

TWENTY PLUS SINGLES

Twenty Plus Singles Connection: Dinner at Ed Develco, 660 Lake Cook Rd., Deerfield, IL at 7:30 p.m. and Cosmos Bowling, Deerbrook Bowling Lanes, 10 S. Waukegan Rd., Deerfield at 10:30 p.m. Cost: \$20. (847) 296-0004 or (847) 360-8910.

Sat., Jan. 17

Combined Club Singles Dance

All singles are invited to a Combined Club Super Dance at 8 p.m. on Saturday, January 17, at the Hyatt Regency Woodfield, 1800 E. Golf Road, Schaumburg. DJ music will be provided. Admission will be \$8. The event is co-sponsored by the Northwest Singles Association, Young Suburban Singles, and Singles & Company. For more information, call (708) 209-2066. All of the sponsoring groups are non-profit organizations.

Sun., Jan. 18

39+ Jewish Singles

A January Brunch will be held at Bagels and More, Call Frank at (847) 297-8098 or Sheldon at (847) 699-8171.

Sun., Jan. 18

Spares Sunday Evening Club

The Spares Sunday Evening Club for Widowed, Divorced and Single Adults will meet for a Social Hour and Ballroom Dancing on Sunday, Jan. 18. The dance will be held at the Morton Grove American Legion Hall at 6140 Dempster, Morton Grove. The Social Hour and refreshments, including free hot dogs, will be served from 6:30-7:15 p.m. Ballroom Dancing will be held from 7:30-10:30 p.m. Live music by Emil Bruni. Members are \$5. Guests are \$6. Refreshments are included in the admission cost. For further information, call (847) 965-5730.

Sun., Jan. 18

Jewish Social Singles

Looking for a little culture? Join us as we watch one of our own who is in the Skokie Valley Symphony, 9501 Skokie Blvd., Skokie at 3 p.m. (pre-concert talk) 4 p.m. (Concert). If interested, please call their box office directly. If you need further information, call Howard at (847) 699-1181.

Sun., Jan. 18

Jewish Social Singles

Bowling Season's second half is beginning...we need you. New teams are always forming. Why not join JSS at Deerbrook Lanes, Waukegan Rd., Deerfield @ 1:30 p.m. and/or join us at Classic Bowl, 8550 Waukegan Rd., Morton Grove @ 6:30 p.m. \$15/person. All are welcome. For information, call Vicki @ (847) 831-4903 or Howard @ (847) 699-1181.

Sun., Jan. 18

Northwest Suburban Singles

The Northwest Suburban Singles invite all singles to a dance at 7 p.m. on Sunday, January 18, at the Groovy Night Club, 1190 E. Dundee Rd., Palatine. Admission is \$7 which includes a buffet. For more information, call (708) 786-8688. The Northwest Suburban Singles is a non-profit organization.

Sun., Jan. 18

39+ Jewish Singles

A January Brunch will be held at Bagels and More, Call Frank at (847) 297-8098 or Sheldon at (847) 699-8171.

Sun., Jan. 18

Spares Sunday Evening Club

The Spares Sunday Evening Club for Widowed, Divorced and Single Adults will meet for a Social Hour and Ballroom Dancing on Sunday, Jan. 18. The dance will be held at the Morton Grove American Legion Hall at 6140 Dempster, Morton Grove. The Social Hour and refreshments, including free hot dogs, will be served from 6:30-7:15 p.m. Ballroom Dancing will be held from 7:30-10:30 p.m. Live music by Emil Bruni. Members are \$5. Guests are \$6. Refreshments are included in the admission cost. For further information, call (847) 965-5730.

Fri., Jan. 23

Aware Singles Dance

The Aware Singles Group and the Chicagoland Singles Association invite all singles to a Super Dance at 8 p.m. on Friday, January 23, at the Hyatt Regency Oak Brook, 1909 Spring Road, Oak Brook. DJ music will be provided. Admission is \$8. For more information, call Aware at (847) 632-9600.

TEENS

Fri., Jan. 23

TEEN DANCE

On Friday, January 23, a teen dance will be held for Lincolnwood and Skokie students from 7 p.m. - 9:50 p.m. at the Weber Leisure Center in Skokie. Fee is \$5 (MUST SHOW SCHOOL I.D.) for more information call 847-677-9740.

Continued on Page 15

Community Calendar

Northwest Symphony Orchestra celebrates its 46th concert season

Take one mythical hero. Add menacing and massive monsters, including a 20-foot-tall Hydra with ten heads. Sprinkle in a magical flying horse with a 14-foot

wingspan, and throw in a 10,000-pound rotating multipurpose mountain 25 feet high. The end result is Disney on Ice® - Hercules, appearing at the Rosemont

Horizon, January 21 - 25, and the United Center, January 27 - February 8. Tickets for Disney on Ice® - Hercules are available at the Rosemont Horizon Box Office, 6920 North Mannheim Road, the United Center Box Office, 1901 West Madison Street, and all TicketMaster locations. Prices range from \$12.50 to \$22.50, with a limited number of V.I.P. Rinkside seats available. Children younger than 12 save \$2.50 off regular ticket prices at selected performances. There is an Opening Night discount of \$5 on all tickets at both the Rosemont Horizon and the United Center. To order tickets by phone, call (312) 559-1212. Group savings are available for selected performances by calling the Rosemont Horizon at (847) 671-9800 and the United Center at (312) 455-7469. For general show information, call the Rosemont Horizon at (847) 635-6601 or the United Center at (312) 455-4500.

'The Musical Comedy Murders of 1940'

The Northbrook Theatre presents, The Musical Comedy Murders of 1940, January 23 through February 7 on Fridays and Saturdays at 8 p.m. and 3 p.m. on Sunday, February 1 at the Leisure Center Theatre, located at 3323 Waters Avenue in Northbrook.

The Musical Comedy Murders of 1940 is about the creative team responsible for a recent Broadway flop that has assembled in an old mansion (what else) for a backer's audition. Suddenly, the infamous 'Stage Door Slasher' makes an appearance and the bodies begin to drop and Drop and DROP! This show, a wildly comic romp, enjoyed a long and critically hailed run both On and Off-Broadway.

This is the second production

of Northbrook Theatre's current season and tickets are now on sale! Performance dates are Friday and Saturday evenings January 23 - February 7 at 8 p.m. and Sunday, February 1 at 3 p.m. For tickets call the box office at (847) 291-2367, Monday - Friday from 10 a.m. - 6 p.m. All seats reserved and the price range is \$9 (for students) - \$16 (at-door price). Discounts are available for groups, seniors and tickets purchased in advance.

USE THE BUGLE

FATBOYS MUSICAL OUTLET
TRIMS THE FAT BLOW OUT!
AT LEAST 50% OFF
EVERYTHING THAT'S EVERYTHING
DOORS OPEN AT 12 MIDNIGHT FRIDAY, JAN. 23RD AND WILL CLOSE AT 6:00 PM SATURDAY, JAN 24TH
18 HOUR BLOW OUT
WHILE QUANTITIES LAST!
9010 MILWAUKEE AVE. NILES 847-297-2350

WORKSHOP

Continued from Page 14

Sat Jan 24

"Men and Grief" Workshop

VITAS Innovative Hospice Care will be presenting a full-day workshop "For Men Only" on Sat, Jan 24, 1998 from 8:30 a.m. until 5 p.m. at 7301 North

Lincoln Avenue, Lincolnwood. There is no charge to attend this program, however each man must commit to attend the entire day. A brown bag lunch is necessary and an optional "dutch treat" dinner may be held for those interested. A minimum of six men / max of ten men is necessary to hold this workshop. For information and/or to register: contact Jack Dohr at 847-568-0066.

THE MELROSE RESTAURANT **ALWAYS OPEN**
SPECIAL BUSINESS LUNCHEON
SOUPS: Matzo Ball • Chicken Broth • Sweet & Sour Cabbage
Fresh Fish Daily • WE SPECIALIZE IN PASTA & STIR FRY DISHES
★ MELROSE SPINACH OMELETTES ...
"As Big as A Baseball Mitt & Popeyed with Enough Spinach to BUST A MUSCLE" PAT BRUNO - Sun-Times
7201 N. Caldwell, Niles, IL 60714
(847) 588-1500
3233 N. Broadway, Chicago, Illinois 60657 (773) 327-2060
KOFIELD'S, 5035 N. Lincoln, Chicago, Illinois 60625 (773) 334-2182
930 W. Belmont, Chicago, Illinois 60657 (773) 404-7901

SALE JANUARY CLEARANCE SALE SAVE \$\$\$
GREAT JANUARY Clearance Sale
Georgla's CANDY & NUT MANUFACTURER
ALL CHRISTMAS HARD CANDY AND CANDY CANES 50% OFF
Gift Tins with Seasons Greeting or Winter Lid have a
30% DISCOUNT
30% DISCOUNT
Pistachio Box 9 oz \$4.25 \$3⁰⁰ • Del. Mix Tin 32 oz \$13.50 \$9⁵⁰
Pistachio Box 12 oz \$5.50 \$4⁵⁰ • Cashew Tin 16 oz \$9.85 \$7⁰⁰
Cashew in Box 12 oz \$6.25 \$4⁵⁰ • Cashew Tin 32 oz \$16.50 \$12⁰⁰
Del Mix in Box 16 oz \$6.90 \$5⁰⁰ • Hostess Tray 32 oz \$11.25 \$7⁵⁰
Pretzel Box 16 oz \$4.50 \$3⁰⁰ • 4Way Nut Tray 24 oz \$11.00 \$7⁵⁰
• Holiday Nibble 33 oz \$11.00 \$7⁵⁰
No other discounts apply on clearance items such as the above mentioned. Clearance prices while quantities last.
Winter Hours
Monday Thru Friday: 7:00 am - 6:00 pm
Saturday: 9:00 - 3:00 pm
CLOSED SUNDAY
Visit Our Retail Store
7500 Linder - Skokie
(Between Touhy & Howard on Linder)
(847) 677-NUTS
PERSONAL CHECKS ACCEPTED
WE SHIP U.P.S.
SALE JANUARY CLEARANCE SALE SAVE \$\$\$

Police News

Oakton

Keyboarding or word processing classes

Oakton Community College's Office Systems Technology department offers keyboarding and word processing classes to meet your needs. Most classes begin the week of Jan. 20 and are offered at the Des Plaines campus, 1600 E. Golf Road.

Keyboarding and Document Formatting (OST 101 001) focuses on keyboarding and document creation through mastery of the electronic keyboard. Learn how to format basic business documents including correspondence, reports and tables. This course also teaches students how to enter, store, retrieve and print-texts and covers proofreading and editing skills. The class meets on Mondays and Wednesdays from 8:30-9:45 a.m.

Computer Keyboarding (OST 103 002) is a five-week course to

help beginning students master touch typing on an electric keyboard. Students will develop minimum speed and accuracy competencies and basic computer equipment functions such as accessing the system, formatting, editing and printing. The class meets on Wednesday and Fridays from 8-8:45 a.m. starting Feb. 25.

For more information regarding OST spring courses, contact Hollis Chalem-Brown, chairperson, OST department, at (847) 635-1954.

Adult Education Course

If you would like to take an adult education course at Oakton, registration for the spring term is currently underway. Courses are offered by Oakton's Alliance for Lifelong Learning (ALL). (Brochures are mailed to everyone living in Oakton District 535).

In-person registration is held Monday - Friday from 8:30 a.m. - 4:45 p.m. at Oakton's DesPlaines campus, 1600 E. Golf Road, and at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Classes in arts and crafts, business, career guidance, cooking, data processing, music, psychology, photography, healthy living and more are offered.

Students who have registered for Oakton or ALL classes within the last three years and have a correct Social Security number on file may register using the Touch-Tone system by dialing (847) 635-1616. Registrations can also be taken via FAX at (847) 635-1448 in which case payment must be made by a major credit card (Visa, Mastercard or Discover).

For more information and a brochure listing these and other ALL classes, call (847) 982-9888.

Registration for ALL

Special registration hours are available for those interested in taking a course offered through Oakton Community College's Alliance for Lifelong Learning (ALL). Classes are held at Oakton's DesPlaines campus, 1600 E. Golf Road and at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

In-person registration is available Monday through Friday from 8:30 a.m. - 4:45 p.m. in Room A120 at the Ray Hartstein Campus or Room 1420 at the Des Plaines campus.

Evening registration is held Thursday, Jan. 15 and Tuesday - Thursday, Jan. 20 - 22, from 5 - 7 p.m. at both Oakton campuses. Weekend registration is also held at both Oakton campuses on Saturdays, Jan. 17 and 24, from 9 a.m. - noon.

Classes have varied starting dates. Refer to the ALL brochure or call the ALL office at (847) 982-9888 for more information.

Students who have registered for Oakton or ALL classes within the last three years and have a correct Social Security number on file may register using the Touch-Tone system by dialing (847) 635-1616.

What's Happening

Phil Dreil, a photographer during World War II, discusses From D-Day to Dachau on Tuesday, Jan. 20, from 1-2:30 p.m., as part of the Passages Lecture Series sponsored by Oakton's Emeritus Program. All lectures are held in Room A151 at the Ray Hartstein campus, 7701 N. Lincoln Ave., Skokie. Admission is \$2 at the door (only 50 tickets are available) or you may purchase a winter series pass for \$15 (a maximum of 100 passes are available). For more information, call the Emeritus Office at (847) 635-1414.

The pressures of college can be discouraging, but you can succeed. Attend a College Survival Skills Workshop provided by Instructional Support Services at Oakton Community College. The workshop will be held on Wednesday, Jan. 21 from 5-8 p.m. or Friday, Jan. 23 from 1-4 p.m. in Room 2400 at the Des Plaines campus, 1600 E. Golf Road. The registration fee is \$15. Call Ina Goldman at (847) 635-1795 for more information.

Don't miss the Chicago Bar Association's 74th annual Christmas Spirits Revue entitled "Men and Women in Black." The show will be presented on Saturday, Jan. 31 at 8:30 p.m. in the Performing Arts Center at the Des Plaines campus, 1600 E. Golf Road. This performance is sponsored by the Oakton Educational Foundation. Tickets are \$45 and include a reception following the show during which the entertainers and guests can socialize and enjoy refreshments. Call the Office of College Development at (847) 635-1893 to purchase tickets.

District 71 News

Town Hall meeting

The District 71 Board of Education invites all Niles residents to attend a Town Hall meeting to discuss the fate of the South School property on Monday, January 19, 1998 at 7 p.m. at South School, 6935 W. Touhy in Niles. At the end of this school year, South School will close its doors. All kindergartners through fourth graders will begin the 1998-1999 school year at the newly renovated and constructed Culver School. For more information, call the Superintendent's Office at 647-9752.

Board of Education meeting

The District 71 Board of Education will hold its regular monthly meeting on Tuesday, January 20, 1998 at 7 p.m. at Niles Elementary School South, 6935 W. Touhy Avenue in Niles. The public is invited to attend.

Volunteer training program

If you have extra time on your hands, like children, and live in Niles Township, why not consider volunteering in Niles Elementary School District 71. We offer

volunteer training and placement in volunteer positions that meet your personal needs and interest. Volunteer assignments can vary greatly from working in a school office to helping one or two children with reading.

A Volunteer Training Program is scheduled for Wednesday, January 21 at 2 p.m. at Niles Elementary School South, 6935 W. Touhy Avenue in Niles. If you have questions or would like to register, please call Evelyn Funk-Friedman, Volunteer and Resource Center Coordinator, at 647-9752.

Dominican

Visiting Day

The Dominican University Office of Admissions is hosting a Visiting Day for high school juniors and seniors on Monday, January 19. The program begins at 9 a.m. in the Fine Arts Recital Hall at Dominican University, 7900 West Division Street.

St. John Brebeuf announces new marketing theme

"Catholic Schools: Restoring Faith in Education" is the new theme of St. John Brebeuf's 1997-1998 marketing campaign. According to Mrs. Margaret Whitman, principal, "Our message clearly underscores the Catholic foundation of our school, from which all else flows - a curriculum infused with values, high academic standards and discipline."

St. John Brebeuf is part of a national marketing effort jointly sponsored by the National Catholic Educational Association (NCEA) and the United States Catholic Conference (USCC). Monsignor Thomas McDade, USCC secretary for education, said the committee for the campaign considered several possible approaches but believes "restoring faith" captures the spirit of our times.

"Virtues and values are of increasing concern to parents in our technology-driven, fast-paced world," said Msgr. McDade. "A faith-filled academic environment is a gift to children which will pay dividends all their lives."

St. John Brebeuf School is located at 8301 N. Harlem Avenue in Niles. The school has programs for 3 and 4 year old pre-school children, full and half day Kindergarten, and grades one through eight. The school offers an excellent education as well as before and after school care in its Extended Day Program, Computer, Gym and Music classes during school hours, and extracurricular programs for Band, Choir, Scouting and Athletics.

For more information call (847) 966-3266.

✓ Check Us Out!



The Managers and Directors of NorthSide Community Bank are pleased to announce that after just 6 months of operations, Total Assets exceed \$30,000,000.

✓ Check Us Out - We have exceptional service and great products

✓ Great Rates on Certificates of Deposits Minimum Deposit \$5,000.

Term	Rate	APY*
14 Months	6.10%	6.24%
24 Month	6.20%	6.35%
36 Month	6.30%	6.45%

✓ Great Rates Home Equity Line 1/4% Below Prime **

No Application Fee
No Points
Below Prime for the Life of the Loan
Simple Loan Application Process

NORTHSIDE COMMUNITY BANK

The Very Best In Banking

5103 Washington Street • Gurnee, Illinois 60031
847-244-5100 • Fax 847-244-5175

Please call Nick Phillips, Ruth Dayton, Nancy Milota, Patti Clausen or Jim Randall with any questions you may have.

Member FDIC
Equal Housing Lender

* The Annual Percentage Yield displayed assumes that all principal and interest remain on deposit for the entire term. Additional account disclosure information is provided in the supplement to account rules. APY Effective 1/13/98. Rates may change at anytime. A penalty may be imposed for early withdrawal.
** For the NorthSide Community Bank's Below Prime Line, the Annual Percentage Rate ("APR") is a variable rate and can change daily. The rate is one quarter percent (1/4%) below the highest "Prime Rate" published daily in the money rate section of The Wall Street Journal. For example, on December 31, 1997, the Prime Rate was 8.50%, resulting in an APR of 8.25%. The maximum APR is 18%. If you choose to make the minimum interest payment, you will not repay the principal outstanding on your account. You will be required to pay the outstanding balance in a single payment when the 5 year draw period ends. A \$20.00 annual fee applies after the first year. Property insurance is required, and flood insurance may be required. Consult your tax advisor about the deductibility of interest. Offer applies to owner-occupied, 1-4 family residences located in the State of Illinois or Wisconsin. The line is subject to credit approval, appraisal, title policy, or title search. Certain closing costs will apply.

Allied Computer Training Center
EXCELLENCE IN TRAINING

Computer Training On Demand.
Train When You Want, Where You Want

- Customized On-Site Training
- Instructor Led "Hands-on Training"
- Small Class Sizes
- Private Room Available for Customized Training
- Obtain Certificate of Completion

- Corporate and Individual Discounts Available
- Certified Instructors
- Weekday, Evening and Saturday Classes
- Affordable Training

With Every Registration
Free Lab Time
Free Reports
Free Certificate

CALL TODAY FOR FREE BROCHURE **1-800-696-1144**

2 LOCATIONS TO SERVE YOU BETTER
8440 Waukegan Rd. Morton Grove, IL 60053
6431 N. Cicero Ave. Lincolnwood, IL 60466

WINDOWS 95 • MICROSOFT OFFICE • THE INTERNET • LOTUS 1.2.3
• PUBLISHER • WORD PERFECT • ADOBE

Heidi's BAKERY

7633 Milwaukee Ave., Niles
(847) 967-9393 • Fax: (847) 967-9398

Mon-Fri: 5:30 A.M. - 8 P.M.
Saturday 6 A.M. - 5 P.M.
Sunday 8 A.M. - 1 P.M.

<p>COUPON</p> <p>GERMAN PRETZELS</p> <p>40¢ ea.</p> <p><small>Expires 1/21/98</small></p>	<p>COUPON</p> <p>GERMAN APPLE CHEESECAKE</p> <p>\$5.75 ea.</p> <p><small>Expires 1/21/98</small></p>	<p>COUPON</p> <p>GERMAN ELEPHANT EARS</p> <p>85¢ ea.</p> <p><small>Expires 1/21/98</small></p>
---	--	--

We Specialize in Cakes for All Occasions

Sports/Parks & Library News

Trident Senior Men's League Results 12/31/97

1st Half Champs	12 Jonathans Restaurant	12
Skaja Terrace #2	13 Monarch Alarm	13
Malec & Son Funeral	14 Remax All Stars	11
Callero & Catino	15 State Farm Ins.	18
	16 Park National Bank	20
4 Miners	17 F-D-R Post 923	14
5 Candlelight Jewelers	18 Minelli Bros.	1
6 Skaja Terrace #1	19 White Eagle Banquet	4
7 Colonial Funeral	20 Windjammers Travel	9
8 The Bowling Store		
9 Heat Masters		
10 Northshore Auto		
11 Dr. Bello		

Saturday talk on Italy Jan. 17

Lincolnwood resident Burton Zoubi will deliver a slide lecture that takes his audience at the Lincolnwood Library on a trip to Italy Jan. 17 at 2 p.m. for the opening of the Saturday in Review lecture series.

USE THE BUGLE

Two lectures on Bizet's opera The Pearl Fishers

Two lectures on Bizet's opera The Pearl Fishers will be given in January at the Lincolnwood Public Library, 4000 W. Pratt Ave. Mary Stiel of the Lyric Opera Lecture Corps will discuss the famous work from the composer of Carmen on Thursday evening, Jan. 22 at 7 p.m., and a Skokie Valley Lyric Opera lecture corps member will speak about it on Sunday, Jan. 25 at 2 p.m. In the Pearl Fishers, sparks fly and old passions flame anew on a seashore in ancient Ceylon as two men pledge that nothing will tear their friendship apart and a captivating priestess swears that no one will make her break her holy vows.

Planning for the future a hot topic at park district

Learn how to stay one step ahead of the game and plan for the future at the Skokie Park District's Living Trust Seminar, Saturday, Jan. 24, 10 a.m. to noon at the Devonshire Cultural Center, 4400 Greenwood, Skokie.

At this free informative seminar you will learn important information about planning for the future. Attorney Melburn E. Laundry will discuss topics such as avoiding the dangers of joint tenancy, organizing your estate to benefit the family, privacy of your affairs and much more.

All are welcome at this free informational event. For more information about this free event, call the park district, (847) 674-1500, ext. 0.

Norwood Park Historical Society meeting

The Norwood Park Historical Society heralds the start of a new year with a meeting highlighting the future of the Crippen House.

Last year, the Norwood Park Historical Society received a \$500,000 grant from the State for the restoration of the Crippen House. Dan Durkin, the well-known Norwood Park architect who is architect-in-charge of the Crippen House, will speak briefly, on the Restoration.

Dan will be joined by Tom Spenny, Society President, and the Building Committee, who will address tentative plans for the \$500,000 restoration project grant. Most important, this meeting will provide an opportunity for suggestions, questions, answers and participation in the plans for this important project.

Come to this significant informational meeting on Wednesday, January 28, 7:30 p.m. at the Crippen House, 5624 N. Newark.

For meeting and membership information call 773-631-4633.

Winter Festival '98 launched

Cook County Forest Preserve District Board President John Stroger encourages the entire family to experience the winter season's favorite outdoor activities, including free ice skating and tobogganing, at the Forest Preserve District's annual Winter Festival '98 on Saturday, Jan. 17, from 11 a.m. to 3 p.m. at Jensen Slides, 6200 W. Devon Ave., Chicago.

The Forest Preserve District has arranged to provide Winter Festival visitors, for the first-time ever with free ice skating at the newly constructed refrigerated Olympic-size ice rink at Caldwell Woods, 6200 W. Devon, Chicago. Skaters are encouraged to bring their own equipment or receive a \$1 discount coupon from the Forest Preserve for skate rentals. The coupon is available only to Winter Festival participants at the Jensen Slide area. The cost of

renting skates is \$2 with the coupon.

Admission and access to all facilities in conjunction with the Winter Festivals is free. The Caldwell Woods Rink is made available through a partnership of the Forest Preserve District of Cook County and the Chicago Park District. Snacks and refreshments are available for purchase. For additional information, contact the District's Office of Special Events at (708) 366-9420 or (708) 771-1062. Snow or shine.

Park district patrons to test lady luck at Showboat

The Skokie Park District invites you to test your luck when you join them on the Indiana's famed Showboat Casino, Thursday, Jan. 29, 8 a.m. to 3 p.m.

The bus will be departing from the Devonshire Cultural Center, 4400 Greenwood, Skokie, and heading for this popular Midwest casino. Slots, blackjack and other popular Vegas-style games as

well as food and fun are waiting you on this exciting trip.

The \$14 resident fee (\$16 for non-residents) includes two gaming sessions, an all-you-can-eat lunch buffet, and round-trip bus transportation.

For more information, call the park district, (847) 674-1500, ext. 3.

Visit Santa Fe at Morton Grove Library

Escape from a bitter Chicago winter to Santa Fe and the Great Southwest on Wednesday, January 21 at 7 p.m. at the Morton Grove Public Library. Mike Gauer's slides pick up the striking colors, Spanish architecture of New Mexico and the natural beauty of Monument

Valley, Canyon de Chelly and other national treasures in Utah and Arizona.

The Morton Grove Public Library is located at 6140 Lincoln Ave. For more information, or for mobility and communication access assistance, please call 847-965-4220.

Book Discussion Group at Morton Grove Library

Thinking Out Loud, the Morton Grove Public Library's book discussion group, meets Tuesday, January 27 at 7:30 p.m. to discuss *China Boy* by Gus Lee. A seven-year-old boy is forced out onto the mean streets of 1950s San Francisco, but his life

and luck change after a few boxing lessons.

The Morton Grove Public Library is located at 6140 Lincoln Ave. For more information, or for mobility and communication access assistance, please call 847-965-4220, TDD 965-4236.

USE THE BUGLE

SENIOR SEASONS

• AREA ACTIVITIES • SENIOR DISCOUNTS
SPECIAL SERVICES • SENIOR NEWS



The Bugle's Senior Guide

Senior Seasons

St. John Brebeuf Golden-Agers

Shimmering silver bells, all-colors-of-the-rainbow ornaments, wonderful-smelling green trees with bright, blinking angels dancing on top; tinsel slithering over tree branches (and wherever else it can cling to) and gaily adorned gifts with pretty ribbons coiling around, ah, yes, 'tis the season! And 'tis the season for all Golden-Agers to party hearty, celebrate the birth of Christ and get ready to ring in the fresh new year!

The club's last two business meetings were run very efficiently by President Chester Bonk and his presiding officers, who did an excellent job this year. Thank you!

Anniversaries in November were celebrated by the following happy couples:

Richard and Helen Brezezinski; Anthony and Catherine Ginnelly; Felix and Betty Jach; Nich and Barbara Kahles; Joe and Lilian Lopipero; Robert and Doris Teschner and Ed and Dolores Zalesny. Congratulations to all! There were no anniversaries in December.

Marge Miller won the Senior No Tap Bowling for October. Congrats!

Katherine Dellinger wore a beautiful purple lei that she received from her daughter in Hawaii for Katherine's 90th birthday in November.

Charles Szatkowski enjoyed a surprise 80th birthday party with 65 guests at Schorsch Village Hall on November 8. Attendees included all of his family, nieces and nephews, his former boss from Marshall Field's who drove in from Detroit, Michigan, and also Ann and Frank Knapp. A grand time was had by all as they enjoyed music and dancing and lots of good food!

The club's civic representative, Charles Szatkowski, reported on various laws dealing with Medicare and Social Security. He asks that all members call or write their representatives and senators now and ask them to vote no on Senate Bill 1194 and Housebill



St. John Brebeuf Golden-Agers at Christmas Party at White Eagle December 9. Left to right, seated Frances Pawelek, Secretary; Veronica and Chester Bonk, President. Standing: Steve Bochenek, Treasurer; Ann and Carl Ferina, Vice President.

2497. These types of bills pose serious threats to the Medicare program and all of the members should work to defeat them. Bob Bianchi also gave a report.

Chester Bonk named the following members to the nominating committee: Henry Piontek, Dorothy Warman, Matt Araszewski and Theresa Kapka. They will seek candidates for the club's upcoming election.

Lauren Provenzano, granddaughter of Joan and Mike Provenzano, teaches psychology and political therapy at the University of Illinois in Chicago. She is also a physical therapist for athletic teams. Grandma and Grandpa Provenzano are very proud!

Dolores and Ed Zalesny celebrated their 50th wedding anniversary on November 30 at Rosewood. Their children, Bob, Myrna, and Dan and Janice Fron, treated them for this occasion.

The club's 23rd Christmas party was held at the White Eagle on December 9. This most memorable affair was run by Carl Ferina and Felix Jach, who did a superb job. All who contributed should be congratulated. The club enjoyed entertainment by the Bob Marc Revue, which was fabulous. They also provided toe-tapping and heel-slapping dance music, which was delightful. Everyone had a great time and went home glowing with the Christmas spirit!

This is my last column as publicity director of the Golden-Agers. I have enjoyed working with all the members throughout the years. Many good wishes for a happy and healthy New Year!

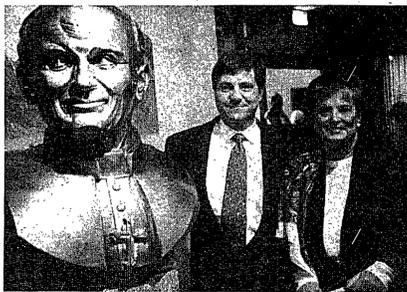
Medications for older adults

Memory lapses, arthritis, poor eyesight and other conditions can make it difficult for some older adults to take their medications as directed. Many older adults take more than one prescription medication, which can complicate the process. Studies show that between 40 to 75 percent of older people don't take their medications at the right time or in the right amount. As a result, nearly a quarter of nursing home admissions are due, at least in part, to the inability to take medications correctly.

It is important for older adults to make the task easier by coming up with strategies that can help. For example, adults with arthritis can use oversized, easy-to-open bottles. When taking more than one prescription, they can devise a plan for taking pills as directed. Some people use meal times or bedtime as a cue to take pills. Other reminders might include a calendar or pill box.

Source: FDA Consumer magazine of the U.S. Food and Drug Administration.

Aurelia Pucinski and sculptor Baut



Aurelia Pucinski (right), Cook County Circuit Court Clerk, joins Gerhard Francis Baut (center) at a recent dedication ceremony of the Pope John Paul II exhibit at the Polish Museum of America on Chicago's North Side. Baut was the sculptor of the exhibit. Also attending the ceremony to provide musical entertainment was the Children's Ensemble Lisiecki Care Center from Warsaw, Poland.

Reverse Mortgage Specialist at Cole Taylor

Cole Taylor Bank announced that Robert S. Canino, 61, has joined the bank as a Reverse Mortgage Specialist. With nearly five years of experience in reverse mortgage products, he will be responsible for marketing the Federally insured and Fannie Mae insured reverse mortgage products to the senior market.

"Until recently, many senior citizens faced with financial difficulties may have had to sell their homes or rely on family members in order to satisfy their financial concerns," notes Canino. "Senior homeowners now have another solution to this dilemma, a reverse mortgage which is available from Cole Taylor Bank."

A reverse mortgage allows senior homeowners, ages 62 or older, to convert some of their home equity into fixed monthly income payments, a lump sum advance or into a cash reserve account to be used as needed in the future.

Tax assistance for seniors

The Senior Center, in cooperation with AARP, is offering free tax assistance to Niles seniors 60 years and older. Appointments begin in February and run through April, 1998. Tax assistance is offered Tuesday, Wednesday, and Thursday mornings and afternoons. To schedule an appointment beginning Monday, January 26 at 9 a.m., call the Niles Senior Center at 588-8420 or stop by the Center at 8060 Oakton Street, Niles.

What's most important to Canino is that, "Cole Taylor Bank is sensitive to the ever changing needs of our senior population and is committed to educating and marketing reverse mortgage products to senior consumers."

Canino is a past registered investment advisor and SEC registered representative. He also holds a real estate broker license and is an insurance broker.

As Chicagoland's largest private bank, Cole Taylor has earned a reputation in its nearly 70 years for delivering high quality, personalized service. With \$1.9 billion in assets, the bank operates an 11 branch network throughout Chicagoland which includes locations at 4801 W. Golf Road and 4400 W. Oakton in Skokie.

The Lincolnwood Seniors Club

The Lincolnwood Seniors Club invites the community to join them on Friday, January 16, 1998 at 10:30 a.m. to hear Judith Herbert, R.N., affiliated with Evanston/Skokie Valley Senior Services speak on the Topic of Folk Remedies - Fun, fact or fiction.

The meeting will be held in the Lincolnwood Village Hall Council Chambers, 6900 N. Lincoln Ave., Lincolnwood.

USE THE BUGLE

Senior Seasons

Social Security benefits: What you can count on -- and what you can't

When it comes to Social Security benefits, people have a lot of misconceptions about what to expect. Some people are convinced they'll never see a Social Security check. Others mistakenly believe they can live entirely on their Social Security checks alone during their retirement years. The Illinois CPA Society offers the following overview to clarify how Social Security can and can't help you during your retirement years.

You can count on getting an estimate of your benefits from the Social Security Administration (SSA). To learn more about your benefits, visit the local SSA office or call 1-800-772-1213 and ask for Form 7004-SM, Personal Earnings and Benefit Estimate Statement. You also can download Form 7004 from the SSA's Internet site. In three to four weeks, you'll receive a statement that shows your Social Security earnings history and how much taxes you have paid into the program. It also estimates your future benefits (in today's dollars) and explains how to qualify for benefits. Check your benefit statement carefully to be sure it is correct.

You can't count on retiring with full benefits at age 65. Today, the normal retirement age is 65, but that is gradually changing. If you were born between 1943 and 1954, the retirement age for receiving full Social Security benefits will be 66. Thereafter, the retirement age for receiving full benefits will continue to be raised in two-month increments so that if you were born in 1960 or later, you won't qualify for full benefits until you reach age 67.

You can count on receiving benefits even if you're working. According to the SSA, there's no

law against working after you retire, but there are limits on what you can earn without affecting your monthly benefits. Generally, the exempt amount increases each year with increases in the national average wage index. In determining whether your income is within the limit, count only compensation and net income from self-employment. Other income, such as that from interest, dividends, capital gains, gifts or inheritances, does not affect your monthly benefit.

If you are under age 65, you can earn \$8,640 in 1997. Earn more than \$8,640 this year, and your benefit check will be reduced by \$1 for every \$2 over the limit. If you are between the ages of 65 and 69 in 1997, you can earn up to \$13,500 this year and still receive your entire benefit check. However, if you earn more than this sum, your benefit check will be reduced by \$1 for every \$3 over the limit. Once you reach age 70, you can earn an unlimited amount and still receive the full amount of Social Security benefits to which you are entitled.

If you plan to work, you will need to provide the SSA with an estimate of your future earnings. Your benefits are based on this estimate, so it's important to be as accurate as possible. At the end of each year, you file a report of your actual earnings. The IRS will send you a check to make up the difference if your estimate was too high. If your estimate was too low, the overpayment will be withheld from your checks during the following year.

You can count on receiving more if you delay receiving benefits. The later you start collecting, the larger your payments. If you continue working past age

65, you can earn delayed-retirement credits which, based on your age, increase your benefits by a certain percentage for each year you delay benefits up to age 70. This delay means that each Social Security check you collect when you retire will be larger than it would have been if you started taking benefits at your normal retirement age. Once you turn age 70, the amount you're eligible for won't increase any further. If you return to work after you start receiving benefits, your additional earnings could result in a high benefit. The SSA automatically recomputes the benefit

amount as additional earnings are credited to your earning record. You can't count on getting Social Security benefits automatically. Don't expect your benefits to appear automatically in your mailbox the day you're eligible to receive them. You'll have to ask the SSA to start paying them and you'll need to provide evidence that you qualify. To allow time for the paperwork, the SSA suggests you apply for benefits a few months before you are scheduled to begin receiving them. You can count on cost of living increases. Unlike most pension plans, Social Security benefits automati-

cally increase as the cost of living goes up. Each year, benefits rise by the same percentage as the advance in the Consumer Price Index.

You can't count on your benefits being totally tax free. For the majority of beneficiaries, Social Security benefits are totally tax free. But retirees with higher incomes may find themselves taxed on 50 percent of their Social Security benefits -- or 85 percent for the most affluent. You may want to consult a CPA if you need help determining what portion of your Social Security benefits are tax-

Pullman Pillars

Pullman Bank's Special Services
Exclusively for the
Pillars of our Community

With a minimum balance of only \$1,000 in any Pullman Bank savings or checking account, you can join Pullman Pillars, our special club for valued community members like yourself!

Club activities & benefits include:

- Tours, Trips & Cruises
- BINGO Monthly
- Parties & Special Events
- Health Programs
- Guest Appearances
- No dues to pay
- Free Refreshments
- Social Activities
- Variety Entertainment
- Educational Programs
- Prominent Speakers
- FREE Club Newsletter

Plus, those customers who maintain higher balances with Pullman Bank qualify for the additional privileges of our Pullman Pillars Plus, Premiere and Prestige Clubs! These special benefits include trip discounts, bonus-rate CD offers, special breakfasts and luncheons, and much more! Some limitations may apply, so be sure to call us for all the details.

For more information regarding Pullman Pillars, please call Pam Major or Fran Pagliari at (773) 594-2227.

MEMBER FDIC
EEO M/F/D/V

6100 N. Northwest Hwy. • Chicago, Illinois 60631 • (773) 775-8000

GEORGE J. GOLDMAN HOME

Skilled & Intermediate Nursing Care

6601 West Touhy Ave.
Niles, IL 60714-4562
(847) 647-9875

"My father was at the Goldman Home for about one and a half years. He had been in two other facilities. I found the treatment, care and consideration given him at the Goldman much much better than the other two homes."

Kosher Dietary Laws Observed
Medical Certified
"The finest in nursing care since 1950"

Skokie residents toast the New Year



Skokie residents (l-r) Sheldon and Sylvia Berry, who attend Council for Jewish Elderly's Adult Day Services Center in Evanston, ring in 1998 with a "champagne" toast at a mock New Year's Eve countdown. A musical revue showcasing Broadway tunes and a client talent show were also part of the festivities. CJE's Adult Day Services Center, located at 1015 Howard Street, Evanston, offers older adults the benefits of organized weekday activities, care and special programs.

Alzheimer's Support Groups

The Greater Chicagoland Alzheimer's Association presents the following Alzheimer's Support Group in your area:
 Skokie: Kenton Building, 9701 North Knox, 4th Wednesday, 7 p.m.
 Skokie: Rush North Shore Medical Center, 9600 N. Gross Point Rd., North Dining Rm., 1st Tuesday, 7 p.m.
 Niles: Regency Nursing Center, 6631 North Milwaukee, Last

Wednesday, 7 p.m.
 The Support Group is made up of spouses of those with Alzheimer's disease or a related disorder. The group focuses on emotional support, sharing experiences and educational updates. They are free and open to the public.
 For more information and meeting confirmation, call the Chapter HELPLINE at (847) 933-1000.

Physical, Occupational and Speech Therapy



Holy Family Health Center
 (847) 296-3335

2380 Dempster St.
 Des Plaines, Illinois

Literature written by great writers examined

Examine the work of great writers who have produced controversial, even censored literature in a 16-week class offered through Oakton Community College's Emeritus Program. The Good, the "Banned" and the Beautiful will meet on Wednesdays from 1-3:50 p.m., Jan. 20 through May 18, at Oakton's Ray Hartstein campus, 7701 N. Lincoln Ave., Skokie.
 The course will focus on the works of D.H. Lawrence, Erica Long, Vladimir Nabokov, Henry Miller and Sam Shepard. Current controversial found on the World Wide Web will also be examined.

Students can register for this course and other Emeritus winter credit offerings in Room A-100 at the Skokie campus and in Room 1140 at the Des Plaines campus. Those who have registered for Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years and have their correct Social Security number on file may register by the Touch-Tone system at (847) 635-1616.

Tuition is \$37 per credit hour for persons under 60, \$18.50 per credit hour for persons over 60 who live in-district and \$119.50 per credit hour for persons who do not live in-district. A \$15 registration fee is required for persons under 60 or for those who live out-of-district.

For a brochure listing all of the programs, seminars and tours available, including registration information, call the Emeritus office at (847) 635-1414.

DesPlaines Chamber and S.C.O.R.E. provide free counseling

The DesPlaines Chamber of Commerce & Industry in conjunction with S.C.O.R.E. (Service Corps of Retired Executives Association) will provide free counseling on Friday (January 16) and Friday (January 23) from 9 a.m. through 12 noon in the Chamber's Conference room, 1401 Oakton Street, DesPlaines.

SCORE counselors are retired executives whose collective experience spans the full range of American enterprise, who donate their time to share their management and technical expertise. They provide confidential one-on-one counseling without charge to owners and operators of small businesses and to those seeking to open a small business.

SCORE members do not try to replace the advisory relationships business people should have with accountants, bankers, lawyers, professional business specialists. SCORE is a national voluntary not-for-profit association sponsored by the U.S. Small Business Administration (SBA). To reserve your FREE counseling time call the DesPlaines Chamber of Commerce & Industry at (847) 824-4200.

Niles Senior Citizens 588-8420 - 588-8000

NILES SENIOR CENTER REGISTRATION
 The Niles Senior Center is open to residents of the Village of Niles age 62 and over, and their younger spouses. Niles seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

YARN NEEDED
 The Senior Center is requesting any left over yarn or scraps of material (8" x 8" or bigger). Lap robes and shawls are made for veterans at Hines Hospital. Volunteer knitters and crocheters are needed also. If interested, contact Marj Vandenplas.

MEN'S EXERCISE INSTRUCTOR NEEDED
 The Senior Center is looking for a part-time men's exercise instructor. Interested persons should contact Mary Oleksy at the Senior Center.

S.H.I.P. APPOINTMENTS AVAILABLE
 Senior Health Insurance Program appointments are available. Call and make an appointment if you need help with hospital or doctor bills or information on supplemental insurance.

CARBON MONOXIDE PROGRAM
 The carbon monoxide program offers free residential inspections for carbon monoxide emissions and natural gas leaks. Appointments may be made by calling the Senior Center.

COMPUTER CLASSES OFFERED
 There are openings in the following computer classes being offered by the Niles Senior Center in cooperation with Notre Dame High School: INTRODUCTION TO COMPUTERS on Mondays, Feb. 2 through Mar. 30, 1:30 to 3:30 p.m.; WORD PROCESSING CLASS on Thursdays, Feb. 5 through Mar. 12 from 1:30 to 3:30 p.m.; SPREADSHEET CLASS on Wednesdays, Feb. 3 through Mar. 11 from 1:30 to 3:30 p.m. All classes are at Notre Dame High School and cost \$25 each. Register soon at the Senior Center.

ORGANIZING YOUR PAPERWORK WORKSHOP
 Organizing your Paperwork Workshop is on Friday, Jan. 23 from 10 a.m. until noon. You'll make folders and organize your records. Learn what is necessary to keep, and for how long. Price of \$1 includes supplies. The presenter is Jan Stojack.

INCOME TAX REGISTRATION BEGINS
 Income tax registration begins on Monday, Jan. 26 at 9 a.m. Tax appointments are available Tuesdays, Wednesdays, and Thursdays in the morning and afternoons starting Tuesday, Feb. 3 through Apr. 9. Call the Senior Center to register.

WOMEN'S CLUB LUNCHEON AND MEETING
 The Women's Club luncheon and meeting is on Monday, Jan. 26 at noon. Following a meal of Chicago Style hot dogs, Suzette Horyza will present a jewelry and scarf demonstration. The cost of the meal is \$2.

THINK SMART - BE SAFE
 The program, Think Smart - Be Safe, will be on Thursday, Jan. 29 at 2 p.m. It is designed to minimize your potential for becoming a crime victim and is presented by the Secretary of State's Office. Registration is required.

PINOCHLE TOURNAMENT
 A pinochle tournament is on Friday, Jan. 30 at 1 p.m. with arrival no later than 12:45 p.m. All card players are encouraged to participate in this three handed tournament. Seating will be randomly selected. Price of \$3.50 includes refreshments and prize money. Registration is required.

CULTURAL CHICAGO TRIP
 The Cultural Chicago trip is on Tuesday, Feb. 10 from 9 a.m. until 5 p.m. We will first stop at the Adler Planetarium (including the sky show). Then we'll enjoy a Greek style lunch at the Parthenon. Our last stop is the Museum of Science and Industry where we will spend 2-1/2 hours. Visit the new coal mine or the Omnimax Theatre on your own. Price is \$28.

MUSICAL VALENTINE LUNCHEON
 A Musical Valentine Luncheon is on Friday, Feb. 13 at noon. The DiBella Duo will present a musical interlude following a luncheon catered by Jade East. Price is \$6.

BEAUTY AND THE BEAST TRIP
 Tickets are available for the Beauty and the Beast trip on Wednesday, Feb. 25. The trip includes lunch at Reza's Restaurant followed by the performance at the Chicago Theatre. Price is \$72.

Morton Grove Senior Citizens 470-5223

INCOME TAX RETURN ASSISTANCE
 Income tax assistance is available free of charge for residents who are at least 60 years old, and have low or moderate incomes that can be reported on basic IRS forms. Call the Senior Hot Line at 470-5223 for your personal appointment on a Monday, Wednesday, or Friday at the Morton Grove Village Hall Senior Center beginning Monday, Feb. 2. Appointment times are from 9 and 10:30 a.m.
 Volunteers trained by the IRS will assist you in completing Federal and State of Illinois returns. Bring in the W-2, Social Security (SSA-1099), 1098 and 1099 forms which you receive in the mail between now and January 31, 1998. No one, professional or volunteer, can complete your return without these. A copy of your 1996 tax return should be brought in also.

The program does not include income tax returns for other states, business taxes or international investments. If you have income or loss from rental real estate, royalties, partnerships, S corporations, estates, trusts, or real estate mortgage investments conduits (REMICs), your portfolio is beyond the scope of this program.

VISUALLY IMPAIRED MOTIVATORS
 Morton Grove's support group for people with visual impairments will hold their next meeting at 10 a.m. on Tuesday, Jan. 20 in the Morton Grove Village Hall. Helpful information and supportive interaction assists participants adjust to their impairments. For more information, or for transportation, call the Morton Grove Senior Hot Line at 470-5223.

FLOWER ARRANGING
 Once again, Dominick's Finer Foods is providing floral department manager, Jean Ciangi and the flowers, for a flower arranging workshop on Thursday, Jan. 22 at 1 p.m. Jean makes everyone feel like a pro as she describes and demonstrates how to make a special flower arrangement. The demonstration and supplies are free, but reservations are limited, so call Catherine Dean at the Morton Grove Park District, 965-1200, to assure a space for this creative workshop.

ROLLIES
 Join the Prairie View Travel Club for an afternoon dinner/theatre at Drury Lane in Oakbrook on Thursday, Jan. 29 to enjoy seven-time Tony winner, "Rollies". A party is held in an old Ziegfeld-like theatre for former performers and show girls. Grand old ladies and gents, full of spunk and decrepitude, cross paths and gossip among the ruins, review their old routines, rekindle old loves and hatreds. Some of the 22 Sondheim songs to be performed are "Beautiful Girls," "Love Will See Us Through," "One More Kiss," and "Could I Leave You?" The bus will leave the Prairie View Community Center at 11 a.m. and return at approximately 5 p.m. The fee is \$38 for residents, and \$42 for non-residents. Call Morton Grove Park District, senior adult supervisor, Catherine Dean at 965-1200 for details.

MEMORIES AND DREAMS
 Relive the golden days of radio with a venture to the Museum of Broadcast Communications on Wednesday, Feb. 4. One of the many displays to be visited is 79 Wistful Vista where visitors can open Fibber McGee's hall closet, greet Edgar Bergen's Charlie McCarthy, and step inside Jack Benny's vault. Four lucky participants will have a chance to anchor the news in the Kraft Television Center. The next stop is the Jewelry Center for lunch on the seventh floor while observing how a piece of jewelry is made from mold to final setting. Time for browsing will end this special day. The bus will leave the Prairie View Community Center at 9:15 a.m. and return at 5 p.m. The fee is \$41 for residents, and \$45 for non-residents. Registration deadline is January 21 at Prairie View, or call the Morton Grove Park District, senior adult supervisor, Catherine Dean at 965-1200.

WASHINGTON D.C. AND WILLIAMSBURG
 The Prairie View Travel Club is planning an exciting trip to Washington D.C. and Williamsburg from May 22 to 28. There will be a special preview of the excursion on February 11 at 12 noon in the Prairie View Community Center. A seven-day motorcoach tour will include Baltimore's Famous Inner Harbor area, National Aquarium, evening lights tour of Washington D.C., narrated tour of famous Washington sites, Smithsonian Institute, colonial Williamsburg, a dinner cruise in Pittsburgh and much, much more. For more information, call senior adult supervisor, Catherine Dean at the Morton Grove Park District, 965-1200, to reserve a space for the preview.

Avenues to Independence receives grant for senior program

At what age does someone earn the right to retire? 65? 75? 80?
 That question is answered on an individual basis by older adults every day. But what about individuals with disabilities? When do they earn the right to retire?

For many the answer may be never. Adults with disabilities frequently receive government benefits for participating in day programs which are often designed as "work programs." There are few, if any, alternatives to these programs, and government pensions are not provided, "because in the past individuals with developmental disabilities most likely wouldn't live until retirement age," said Cathy Baldwin Kerr, Avenues to Independence's Program Director.

But with advances in medicine and residential care, individuals with developmental disabilities are living into their 60's, 70's and 80's in more significant numbers. So as many at Avenues approached senior citizen status, staff members began to explore ways older workers could be given choices about how they would like to spend their days.

Many stated emphatically they did not want to stop working, and they did not want to leave Avenue where they socialized with friends on a regular basis. So the challenge to staff was to provide new opportunities to seniors who were facing significant changes because of aging. At first they had to do this with virtually no funding, although a recent and important development dramatically changed this.

This fall Avenues was awarded \$60,000 by the Retirement Research Foundation in Chicago. The Foundation was established in 1978 by the late John D. MacArthur and annually makes about \$8 million in grants to direct service programs, research and public policy studies to improve the quality of life for older Americans.

This two year grant will support a Seniors Transitional Retirement program allowing Avenues to make senior programming available half a day, everyday, to those who want to combine work with leisure activities. Participants will choose from programs such as crafts, table gardening, baking, music appreciation and community outings. "It's a social time when seniors are given the opportunity to relax and enjoy pleasurable activities with their peer group,"



Leo Collins and Pat Whalen are workers at Avenues to Independence who will benefit from a \$60,000 grant to Avenues from the Retirement Research Foundation in Chicago to provide funding for the Seniors Transitional Retirement Program. Collins and Whalen already participate in a one day a week program at Avenues which offers older workers the opportunity to socialize with their peers.

said Dorothy Kvien, Avenues staff member.
 Joni Kraft, Director of Social Services, says the grant will allow Avenues to pay a program coordinator and an activities specialist, provide transportation for community outings and designate funds for very needed supplies. "With all of this support, the question of retirement is now a real possibility for individuals at Avenues," says Kraft.
 Avenues to Independence, a not-for-profit group, has supported individuals with developmental disabilities since 1953. Today, adults benefit from Avenues' residential, employment and recreational programs. For information call (847) 299-9720.

Memorial Park Cemetery and Mausoleum

Serving the North Shore Community for over 80 years
 Non-Sectarian
 Community Mausoleum and Columbarium Niches
 Beautiful Landscaped Gardens
 Monuments - Markers - Burial Vaults
 Private Estate Mausoleums

9900 Gross Point Rd.
 SKOKIE
 Across from Old Orchard
 (847) 864-5061
 (773) 583-5080

"Substantial Pre-Arrangement Discounts Now Available"

Read the Bugle
 For subscriptions call
(847) 588-1900
 The newspapers that deliver.

Senior Seasons

Evaluating your choices for long-term care

"Long-term care is not just for the old and unhealthy, healthy seniors can also benefit from retirement living just as well," Jean Elliott, director, program development, Life Services Network of Illinois (LSN). LSN has been the voice of long term care, retirement housing, and home and community-based services. A not-for-profit organization, LSN is an affiliate of the American Association of Homes and Services

for the Aging. Planning, the key to successful living throughout life, is especially important as you approach your later years. As they grow older, most people would choose to stay in their own homes if possible. While there are many services available to help aging seniors do so, there are also several options for moving to another type of residence that reflects and supports lifestyle changes.

"Many people don't realize the reasons seniors move into long-term care facilities are not all medically-driven," says Elliott. "Often times a move is needed due to the frailty of the individual. As people get older, their needs and priorities change. Some people do need assisted living due to health reasons, others simply don't want the burden of maintaining a house or cooking

meals." For this reason, LSN member facilities offer a variety of services including at-home, assisted and independent living, and retirement programs to meet the changing needs of the growing senior population. "However," reminds Elliott, "before researching the options, caregivers and seniors should identify the needs of the individual. 'Involve family members, a doctor or specialist when looking into the needs of your loved one,' says Elliott. 'Make sure you have a thorough evaluation or diagnosis (in the case of an ill family member) or a discussion about what the individual wants and/or requires.'"

The next step is determining how the needs can be met and if they are attainable. "If the goal is to stay at home, you have to research the costs of at-home care," says Elliott. "It's the same if the decision is to move into a long-term care or retirement facility. Either way, make sure you value shop vs. cost shop, and make sure you compare apples to apples." Finally, before making a choice, Elliott recommends considering the following:

- Plan ahead. Don't wait for a crisis to happen. Make a rational decision instead of an emotional one.
- Be realistic about finances. Determine your sources of income and your expected expenses. Know what you can afford and what you want to pay for.
- Consider your health and that of your spouse or companion.
- Choose an option or options that will best meet your current and anticipated needs.
- If your decision involves a move from your current setting, consider the importance of family, friends and familiar surroundings when you relocate.
- Compare the advantages of one option vs. another. Evaluate

several providers before choosing one. Elliott also recommends visiting several facilities and talking with the management. "You want a facility that matches your lifestyle," says Elliott. "If you're an avid swimmer, for example, make sure the facility has a pool. the same if you like to read, make sure there is a good library on site or nearby. Ask to sample a meal from the dining room."

When considering what you want and whether or not you can afford it, it's best to do a financial comparison of what it costs to live at home and what it will cost to live in a resident facility. "Be sure to write down all of your expenses and what can be eliminated by making the move," says Elliott. "Remember to factor in items such as food, utilities, taxes, repairs, etc. In addition, when comparing Facility A with Facility B, itemize what's being offered and determine what your needs are. If you need a specific service, then the cost is worth it."

"Before you make a decision, see for yourself what type of care and facilities are available," says Elliott. "Not all facilities are the same and not all offer the same services. Look at your current needs and factor in your future needs. For example, if you have a chronic illness such as arthritis, in a few years your activities may be limited. If you have an ill spouse, make sure the community can accommodate their future needs. "Most important," continues Elliott, "plan ahead and do your homework. As the saying goes, 'an educated consumer is the best consumer.'"

For more information about LSN or for a free copy of "The Choice is Yours," LSN's consumer guide outlining available housing, healthcare and service options, call (630) 325-6170; (Springfield) (217) 789-1677 or write to LSN at 911 N. Elm St., Suite 228, Hinsdale, IL 60521.

Trident Senior Men's Bowling Results

January 7, 1998		19 White Eagle Banquet		20 Windjammers Travel	
POS	STANDINGS-TEAM-NO.				
1	Skaja Terrace #2	15			
2	Malec & Son Funeral	2			
3	Callero & Catino	7			
4	Candlelight Jewelers	10			
5	Colonial Funeral	17			
6	Miners	16			
7	Skaja Terrace #1	8			
8	Heat Masters	5			
9	Dr. Bello	6			
10	The Bowling Store	3			
11	Northshore Auto	19			
12	State Farm Ins.	18			
13	Monarch Alarm	13			
14	Remax All Stars	11			
15	Jonathans Restaurant	12			
16	Minelli Bros.	1			
17	Park National Bank	20			
18	F-D-R Post 923	14			

USE THE BUGLE

Senior Seasons

Lucky bingo winner



Cook County Circuit Court Clerk Aurelia Pucinski shakes hands with a woman from Maine Township who won \$25 at a recent Bingo game held at the White Eagle in Niles. The Bingo game is one of two activities held biannually for area senior citizens.

Elder Care: Helping Seniors "Live"

Esther and William Littell are enjoying the "good life." At 84- and 85 years-old respectively, the Littells say their life is "as active and private as they desire." This is due, primarily, to a major decision they made six years ago -- to sell their home of 53 years, and move into Presbyterian Homes, a continuing care retirement community in Evanston.

"Besides being disenchanted with home ownership, the event that most influenced our decision to move was when both the husband and wife of the family next door got sick, and their daughter moved in to take care of them. She was their caretaker for a number of years. We knew we didn't want to burden our children with that responsibility," says Mr. Littell.

The Littells were familiar with Presbyterian Homes and knew of its long history. They discussed it with their four children (who were spread around the country) and they all agreed moving there was a good idea.

"While we do come and go as we please, we like the security of knowing medical assistance or help at home is always available. The people here are friendly, it's a great place to live," says Mr. Littell.

For the Littells, starting the next chapter in their lives was a positive experience. "They were in relatively good health; and had their children's support, the financial resources, and the courage to admit it was time to move on. However, not everyone enters their senior years with such ease. "To most seniors, moving into a retirement community or nursing home is the same as admitting they're on a downward spiral," says Beth Drost, information and referral coordinator, Lutheran Home and Services for the Aged, Arlington Heights, IL. "It's our responsibility to help them [sen-

NPSN seniors to visit exhibit

Remember that Chicago television classic, "Kukla, Fran and Ollie?" This long-running and popular local program comes alive in a special exhibit at the Chicago Historical Society. Now, you can have a private guided tour with the Norwood Park Seniors Network (NPSN) when they visit the museum from 12:45 p.m. to 4:30 p.m. on Tuesday, Jan. 20.

Cost is \$16 per person for NPSN members, \$21 per person for non-members, and includes admission to the museum, a private tour and round-trip van transportation from Norwood Park Home, 6016 N. Nina Ave., Chicago. Reservations should be made by January 14.

NPSN is a community-oriented program directed to helping seniors maintain their independence while enjoying their years of retirement. To make a reservation for the Chicago Historical Society tour, or for more information about NPSN, call (773) 631-5673.

USE THE BUGLE



For those you love.

Comfort. Care. Security. For more than half a century,

Resurrection Health Care has had a mission of caring for all, all through life, with respect and dignity. That tradition continues with our senior facilities, each committed to providing the highest quality of life for residents of every health status. Our newest facility, Resurrection Life Center, is dedicated to providing for retired members of Chicago's Catholic religious communities and residents of Resurrection Retirement Community. Call us to discuss how we might assist with your family's long-term care needs.

Resurrection Retirement Community
Independent living community enriched with many amenities
7262 West Peterson Avenue
Chicago 773-792-7930

Resurrection Nursing and Rehabilitation Center
Skilled nursing, personalized rehabilitation, Alzheimer's care
1001 North Greenwood Avenue
Park Ridge 847-692-5600

Resurrection Life Center
Skilled nursing care, faith-enhanced environment, quality of life programming
7370 West Talcott Avenue
Chicago 773-594-7400



READ THE BUGLE ADS FOR YOUR SHOPPING NEEDS

Senior Seasons

6.50%
Yield to Maturity Due 01/28/2013

Callable Corporate Bond

Is your money working this hard?

Interest paid monthly
Callable beginning 01/28/99 @ 100

Rated by Standard & Poor's

*Yield effective 01/12/98, subject to availability. Yield and market value will fluctuate if sold prior to maturity.

Call or stop by today.
Member SIPC



JEFFREY L. CARDELLA
8141 MILWAUKEE NILES, IL 60714
(847) 470-8953

Edward Jones
Serving Individual Investors Since 1871

Ashley Court
Retirement Community
Affordable Senior Housing

- Two Meals Per Day
- Spacious Dining Room
- All Utilities Except Phone
- Lounges & Sitting Areas
- Weekly Housekeeping
- Bank & General Store
- Activities & Social Programs
- Library & Health Clinic
- Maintenance Services
- Patios & Garden Room
- Emergency Response System
- Exercise & Activity Rooms
- Twenty-Four Hour Staffing
- 102-Seat Movie Theater

MODELS OPEN DAILY
Call Now For A Tour
(847) 228-1500

Ashley Court also features *Carefree Suites* for seniors with special needs

Call or stop by for information, rates and to view models

1750 South Elmhurst Road • Des Plaines

Senior News

Senior Players

We're looking for card players. We have many senior adults who meet weekly to play cards, enjoy snacks and visit one another. We would love to have you join us. Most of our members play bridge, but some play other card games as well. During the year we celebrate the holidays with luncheons and parties. New members are welcome anytime. Both groups meet weekly at Devonshire Cultural Center. For more information, call Erin Welsh at (847) 933-4543. Section Day Date Time Where Fee Class#

A Wed Year-round 9 a.m. - 2 p.m. DCC \$104119-1

B Thurs Year-round 9 a.m. - 2 p.m. DCC \$104120-1

Senior Exercise

Spice up your life. Join us for our twice weekly exercise session. We have an energetic volunteer leader who will show you how to exercise every part of your body. This class is designed to increase your flexibility and mobility. Wear something comfortable and easy to exercise in. You are welcome to observe the class and see if it's right for you. Leader: Lillian Illion

Day Date Time Where Fee Class#

Mon, Fri Year-round 10-11 a.m.

Country Lady Antiques

Spend a delightful afternoon in the Crystal Lake home of noted antique dealer and professional lecturer, Mary Ritter. Dressed in colonial costume, Ritter will teach participants hands-on approaches to identifying and authenticating a variety of American country antiques. Guests will also discuss early American life, and fireplace cooking. At the conclusion of the program, guests will be served coffee, tea, and a homemade dessert - baked right in the fireplace. Fee includes transportation and lunch at the 1776 restaurant.

Day Date Time Where Fee Class#

Mon 3/30-5/4 12:30-3:30 p.m. OCC \$812/5164218-1

55 Alive - Defensive Driving - seniors

This AARP Defensive Driving Class is a classroom refresher course for drivers 55 years of age and better. In fact, this course can even qualify you for an auto insurance discount. You must come in to Oakton Community Center and pay the \$8 fee by check, to register. For more information, please call 674-1500.

For Where Time

55+ OCC 9 a.m. - 1 p.m.

People Who Lunch - seniors

Let's talk! We have a group that gets together for a weekly lunch to exchange ideas and form new friendships. If you enjoy other people's company over lunch then this is for you. Bring a lunch... bring a friend or make new friends. We provide the coffee and you provide the conversation.

For Day Time Where Fee Class#

55+ Wed 2:44h 2-4 p.m. OCC \$2

Bridge-Beginning - seniors

Learn the basics of bridge and "get in the game!" Each class provides one hour of instruction and additional time for practice play. Our instructor is very patient and has been teaching for many years. No class 4/14.

For Day Date Time Where Fee Class#

55+ Tues 3/31-5/26 7-9 p.m. OCC \$40/\$47/\$53 4203-1

Estate Planning, Medicare, Medicaid

Come to this FREE seminar on estate planning, Medicare, and Medicaid brought to you by Heritage America. This seminar will help you understand living trusts and the problems in protecting your estate from catastrophic illness. It also explains spin down and what you can do to protect your finances.

Day Date Time Where Fee Class#

Wed 3/4 1:30-3:30 DCC Free 4210-4

A Taste of Texas

Venture south of the border for a truly memorable experience. This motorcoach tour will take you to many Texas cities including guided tours of Dallas, Ft. Worth, Austin and San Antonio. Many trip highlights include tours of the Precious Moments Chapel, The Alamo and Paseo Del Rio. Trip costs includes most meals, transportation and hotel accommodations.

Date Departs Cost Class#

3/7/98-3/16/98 DCC \$1249 single, \$949 p/p double, \$899 p/p triple 4403-4

Drawing and Painting - seniors

Put a little fun in your life. Take a course designed to teach the basic and intermediate techniques of drawing or painting. This class is designed for both the beginning and intermediate student. Join us and explore your own creativity. Instructor: Art Sahegian No class 4/14

For Day Date Time Where Fee Class#

55+ Tues 3/31-5/26 10 a.m. - Noon OCC \$35/\$42/\$49 4201-1

Ballroom Dance

Exclusively for seniors We are looking for all you ballroom dancers. We have a lively group of seniors who enjoy dancing and socializing. We meet every second and fourth Wednesday of the month throughout the year. We would love to have you join us for dancing and refreshments.

For Day Date Time Where Fee Class#

55+ Wed 2:44h 2-4 p.m. OCC \$2

Holy Family Medical Center Home Care Services

- Skilled nursing care at your home
- Registered nurses
- Physical, occupational & speech therapists
- Certified home care aides
- Medical equipment service referral
- Reimbursable under Medicare, Medicaid & many private insurance plans

847-465-4800

Licensed by the State of Illinois, Dept. of Public Health

Joint Commission Accredited RUSH Medicare-Certified

Choosing to Move

Many people decide they no longer want to stay in homes that are too large for their "empty nest" families, or that require maintenance that they no longer want or are able to do. Often times they choose to move to a residential setting designed exclusively for seniors. Following is a list of residential options designed for elderly adults.

Independent Living Communities

This type of community features individual apartments with areas for group socializing and dining. Residents are generally self-sufficient and require no special care, but choose to have certain services provided for them. Services may include meals, housekeeping, personal care, transportation, and social and recreational activities. Costs for recreational activities. Costs for services may be included in the monthly fee or are charged for as used.

Federally Subsidized Housing

This is made available through financing from the U.S. Department of Housing and Urban Development (HUD). Low income residents pay 30% of their income for rent; HUD pays the difference.

Shared Housing

This type of arrangement includes an apartment or home that is shared by a small group of older adults (typically four to 10 residents) who have private sleeping quarters but share the rest of the residence.

Assisted Living

This is for individuals who need assistance with one or more activities of daily living but do not need ongoing nursing care. Typically services include assistance with bathing, dressing, grooming, meal preparation, housekeeping, etc. It may be available as a program within facilities providing independent living or sheltered care; or it may

Skilled Care

Skilled care facilities provide an intense level of nursing care as prescribed by the resident's physician on a 24-hour basis. This level of care is for persons requiring assessment and oversight by a registered nurse,

Sheltered Care

Sheltered care facilities provide housing, meals, housekeeping, and assistance with medication and activities of daily living. Dietary needs are met through general diets or by therapeutic, medically prescribed diets. Access to social and recreational activities is also available.

Intermediate Care

Intermediate care facilities provide 24-hour nursing care and assistance with activities of daily living, medication administration, restorative care, social services, therapeutic activities and case management. These residential health settings may choose to accept payment from Medicaid but do not provide Medicare-covered services.

Continued Care Retirement Community (CCRC)

A CCRC provides a continuum of care and full range of options for residents. While communities may differ slightly, most will include apartments or cottages, a main dining room, a health care center and other common areas (library, lounge, exercise room, craft area, gift shop, etc.) Services may be offered in a package or on an ala carte basis. These can include meals, housekeeping, and laundry services, transportation, or social and recreational programs, assistance with personal care, and short and long-term nursing care. Some may be included in the monthly service fee while others may be charged on a fee for service basis.

Sheltered Care

Sheltered care facilities provide housing, meals, housekeeping, and assistance with medication and activities of daily living. Dietary needs are met through general diets or by therapeutic, medically prescribed diets. Access to social and recreational activities is also available.

Senior Seasons

Residential options designed for elderly adults

Choosing to Move

Many people decide they no longer want to stay in homes that are too large for their "empty nest" families, or that require maintenance that they no longer want or are able to do. Often times they choose to move to a residential setting designed exclusively for seniors. Following is a list of residential options designed for elderly adults.

Independent Living Communities

This type of community features individual apartments with areas for group socializing and dining. Residents are generally self-sufficient and require no special care, but choose to have certain services provided for them. Services may include meals, housekeeping, personal care, transportation, and social and recreational activities. Costs for recreational activities. Costs for services may be included in the monthly fee or are charged for as used.

Federally Subsidized Housing

This is made available through financing from the U.S. Department of Housing and Urban Development (HUD). Low income residents pay 30% of their income for rent; HUD pays the difference.

Shared Housing

This type of arrangement includes an apartment or home that is shared by a small group of older adults (typically four to 10 residents) who have private sleeping quarters but share the rest of the residence.

Assisted Living

This is for individuals who need assistance with one or more activities of daily living but do not need ongoing nursing care. Typically services include assistance with bathing, dressing, grooming, meal preparation, housekeeping, etc. It may be available as a program within facilities providing independent living or sheltered care; or it may

Skilled Care

Skilled care facilities provide an intense level of nursing care as prescribed by the resident's physician on a 24-hour basis. This level of care is for persons requiring assessment and oversight by a registered nurse,

Sheltered Care

Sheltered care facilities provide housing, meals, housekeeping, and assistance with medication and activities of daily living. Dietary needs are met through general diets or by therapeutic, medically prescribed diets. Access to social and recreational activities is also available.

Intermediate Care

Intermediate care facilities provide 24-hour nursing care and assistance with activities of daily living, medication administration, restorative care, social services, therapeutic activities and case management. These residential health settings may choose to accept payment from Medicaid but do not provide Medicare-covered services.

Continued Care Retirement Community (CCRC)

A CCRC provides a continuum of care and full range of options for residents. While communities may differ slightly, most will include apartments or cottages, a main dining room, a health care center and other common areas (library, lounge, exercise room, craft area, gift shop, etc.) Services may be offered in a package or on an ala carte basis. These can include meals, housekeeping, and laundry services, transportation, or social and recreational programs, assistance with personal care, and short and long-term nursing care. Some may be included in the monthly service fee while others may be charged on a fee for service basis.

Sheltered Care

Sheltered care facilities provide housing, meals, housekeeping, and assistance with medication and activities of daily living. Dietary needs are met through general diets or by therapeutic, medically prescribed diets. Access to social and recreational activities is also available.

Administration of medication

regime that may involve monitoring and intervention, administration of medication or fluids by an intravenous route, tube feedings, rehabilitation and/or discharge planning. This level of care may be eligible for Medicare coverage, but certain criteria must be met and should be asked about prior to admission.

Sub-Acute Care

Sub-acute care is provided to patients who require a higher level of skilled care as a transition from hospital to home or to an outpatient rehabilitation facility. The services may be provided in a special unit of a hospital or in a skilled nursing facility. The following are the most commonly seen services in a facility that offers sub-acute care: respiratory/ventilator care, care following out-patient surgery, oncology, rehabilitation or management of several complex medical conditions. This type of care is usually reimbursed by either Medicare, health insurance or long-term care insurance.

Hospice Care

Hospice care is a combination of at-home and facility-based services designed to help those terminally ill and their families live as comfortably as possible. Medicare will provide benefits to patients who are diagnosed as having 6 months or less to live. Private insurance policies sometimes provide benefits for hospice care, usually offering payments for a limited time.

THE ROAD TO REHABILITATIVE RECOVERY

Hospital

Transitional Care

Home

The Transitional Care Unit (TCU) at Glenview Terrace provides short-term, intensive physical, occupational and speech therapy for persons in need of transitional care between a hospital stay and home.

For more information, contact the Transitional Care Unit-Program Coordinator at Glenview Terrace (847) 729-9090.

Glenview Terrace
A SKILLED CARE FACILITY

1511 Greenwood Road
Glenview, Illinois 60025
847 729-9090

Geriatric Pets

"Old age is not a disease," says Karen Campbell, veterinarian and professor of small animal medicine at the University of Illinois Veterinary Teaching Hospital. "Old age is a stage of life which is accompanied by a slowing of all physiologic processes and a gradual loss of body functions and adaptability."

Dogs and cats are considered old after 8 to 12 years of age. Cats and small dogs generally live longer and age later than large dogs. Owners may notice a decline in activity level and mental alertness, hearing and/or sight loss, and a "loss of fastidiousness in excretory habits" as their pet ages.

"There are some predictable changes that accompany aging," said Dr. Campbell. Metabolic rate decreases and caloric needs decrease by 30 to 40 percent in the last one third of the life span. Body fat increases and lean body tissues decrease. Respiratory ca-

capacity and oxygen availability also decrease. All of these things limit the physical activity level of older pets. The body's ability to regulate its own temperature is decreased, and older animals will often seek warm places to rest. They are also more subject to intermittent sleep. Older pets may have increased blood pressure increased cholesterol levels. Their immune system also becomes less responsive, and they are less able to ward off infection. The incidence and malignancy of tumors increases with age. The signs of age are more evident when the pet is in a poor nutritional state or when the level of stress is increased.

Dr. Campbell emphasizes that aging is a gradual process. Sudden changes in an animal's condition, behavior, stamina, or appetite indicate a health problem and not simply aging.

Senior Seasons

Senior News

Continued from Page 26
Phantom of the Opera

The Phenomenon once again returns to Chicago. Enjoy this amazing performance at the Civic Opera House. We have incredible seats for this popular performance.

Day Date Departs Time Fee
Class#
Wed 5/20 OCC 1-5 p.m. \$73 4407-1

A Little Night Music

This popular Broadway musical is brought back by Theatre at the Center. This aesthetic piece produced such songs as "Send in the Clowns." You will enjoy this musical as it highlights the foolishness of love and romance. You will also enjoy a glorious lunch at the center.

Day Date Departs Time Fee
Class#
Thurs 6/11 OCC 10:30 a.m.-6

Chicago Botanical Gardens

It's time to tour the Chicago Botanic Gardens without even taking a step. Our tram will take us on a forty-five minute narrated tour of the gardens. Some popular highlights will include a panoramic view of the Japanese Gardens, the more than 5,000 roses in the Rose Garden and the lush perennials at the English Walled Garden. Other features include lunch and time to browse on your own.

Day Date Departs Time Fee
Class#
Mon 6/8 OCC 10 a.m.-3.45p.m. \$30/\$34/\$37 4411-2

Historic Galena and Diamond Joe

Start your two-day tour in Historic Galena, Illinois. You will have time to visit the many shops, galleries, antiques and museums. The next stop will be at the Diamond Joe casino, where you will

eat dinner and have time at the casino. Your hotel accommodations will be at the Best Western Dubuque Inn. The second day highlights include a trip to Bettendorf where you will visit the Lady Luck casino. The price includes two meals, hotel and bus accommodation all at a very low price.

Date Departs Fee Class#
6/23-6/24 OCC \$65/\$69/\$72 double 4452-2
\$89/\$93/\$98 single

Mall of America and Jackpot Junction

The Mall of America is an interesting experience for a variety of people. If you enjoy shopping, you will appreciate the over 450 specialty shops. Other attractions include the New Underwater World exhibit, LEGO Imagination Center and Knott's Camp Snoopy. There are also over 60 restaurants. Then "Hit the Jackpot" with great gaming action in Morton, MN. Besides the gaming, everyone will enjoy the short northwoods Mystery Tour with a picnic lunch. The price includes two nights hotel accommodations, two casino sessions, and a Mall of America coupon book. Register early; space is limited.

Date Departs Fee Class#
7/15-7/17 OCC \$185/\$189/\$193 single 4450-2
\$135/\$139/\$143 double
\$130/\$134/\$138 triple

Historic Chicago

Step back in time Step back in time to the Chicago of the past. Appreciate what has been preserved and gain better understanding of Chicago's colorful history. Among the areas to be covered will be stockyards, Pullman, the Hyde Park-World's Columbian Exposition area, historic cemeteries, architectural landmarks and places connected with the Chicago Fire, the Haymarket Riot, and gangland warfare. Tour includes a number of stops and a buffet lunch.

Day Date Departs Time Fee
Class#
Thurs 7/23 OCC 9 a.m.-4 p.m. \$41/\$45/\$49 4420-2

Door County and Oneida Casino

Broad sandy beaches, rustic coves and sprawling wild-flower fields are just the building blocks that make this one of the most peaceful places on earth. Picturesque harbor villages, green Wisconsin forests, and a multitude of outdoor activities are all part of your Door County experience. The excitement continues as you visit the Oneida Casino in Green Bay on two separate occasions. The casino will rebate \$110 to each person on this trip. Price includes two nights lodging, some meals and a guided Door County tour.

Date Departs Fee Class#
8/18-8/20 OCC \$280/\$284/\$289 single 4451-2
\$225/\$229/\$234 double. \$210/\$214/\$218 triple

Aging Demographics

General Profile

Currently there are 33.2 million Americans aged 65 or older; this is about one in eight Americans. That number will grow to approximately 53 million by the year 2020, or one in six Americans. It will grow to 80 million, one in five, by 2050.

Graying of America

The elderly population increased 11-fold from 1900-1994, while the non-elderly increased only three-fold.

People over age 85 are the fastest growing age group. From 1960 to 1994, the number of elderly age 85 and above increased by 274%. By 2020, there will be about seven million Americans over age 85, more than double the current number.

The first members of the Baby Boom generation turned 50 in 1996. Some 75 million were born in the years 1946-1964. From 2010-2030, the population of elderly aged 65-84 is expected to grow 80% while the population aged 85 and over would grow 48%. In contrast, the population under age 65 would increase only 7%.

Where Older (65+) Americans Live

In 1993, 67.5 percent of all older non-institutionalized persons live with a spouse or other relative.

Almost 700,000 older persons, both male and female, lived with non-relatives.

About 9.4 million older Americans lived alone in 1993. Nearly half of Americans over age 85 lived alone in the same year.

Over 20 million of older Americans were heads of households in 1991. Almost 16 million were home-owners and 4.6 million

Take care of water pipes

Frozen water pipes are a common occurrence in cold weather that can cause extensive damages. If pipes in the walls aren't properly insulated, they can freeze and rupture. (An eighth-of-an-inch crack in a pipe can release up to 250 gallons of water a day, soaking floors, rugs, and furniture.)

To prevent the mess and aggravation frozen pipes cause, protect your home or apartment by following the simple steps below.

Before Cold Weather

- Locate and insulate pipes most susceptible to freezing—typically those near outer walls, in crawl spaces, or in the attic. Insulation made especially for this purpose is available.
- Wrap pipes with heat tape (UL approved).
- Seal any leaks that allow cold air inside where pipes are located.
- Disconnect garden hoses and shut off and drain water from pipes leading to outside faucets. This reduces the chance

of freezing in the short span of pipe just inside the house.

When It's Cold

- Let hot and cold water trickle at night from a faucet on an outside wall.
- Open cabinet doors to allow more heat to get to uninsulated pipes under a sink or appliances near an outer wall.
- Make sure heat is left on and set no lower than 55 degrees.

If You Plan to be Away

- Have someone check your house daily to make sure the heat is still on to prevent freezing, or
- (2) drain and shut off the water system (except indoor sprinkler systems).

If Pipes Freeze

- Make sure you and your family know how to shut off the water, in case pipes burst. Stopping the flow of water can minimize the damage to your home.
- Call a plumber and contact your insurance agent.
- Never try to thaw a pipe with an open flame or torch.

Marital Status

Older men were nearly twice as likely to be married as older women in 1993—75% of men, 41% of women.

Half of all older women were widows. There were three times as many widows (48% of women) as widowers (14% of men).

Source: American Association of Homes and Services for the Aging (AAHSA).

Lincoln Middle School Jazz Band performs



The award winning Park Ridge Lincoln Middle School Jazz Band, under the direction of Brian Jacobi, performed at Summit Square during the Holidays. Pictured here are three of the bands excellent soloists (from left to right) Elizabeth Ortega, Kate Payne and Max Ortega. Elizabeth and Max were special favorites with at least one of Summit Square's residents, their grandfather Leonard Hertz who sat beaming in the front row of the Summit audience. The appearance of the Lincoln Middle School Jazz Band at the Park Ridge retirement community was just one of the many inter-generational programs enjoyed by residents throughout the Holiday season.

Aging Demographics

Community Services Profile. Of the estimated 7.1 million elderly persons in need of long-term care services, almost 80% live in their own homes or in community-based settings. Because more and more elderly are choosing independent living over institutionalized care, the need for home- and community-services continues to grow.

Definition: AAHSA defines home- and community-based services as those supportive services and systems provided to individuals which help maintain physical, social and spiritual independence in the least restrictive setting.

Elderly People Who Live Alone
About 30% (9.4 million) of all non-institutionalized older persons in 1993 lived alone, while 55% lived with their spouses. The remaining 15% lived with other people, both relatives and non-relatives.

The percentage of elderly people who live alone increases steadily with age. Whereas just 23.6% of persons age 65 to 74 live alone, among those 75 to

84, 38% live alone and close to half (48% of persons age 85 and over) live alone. About 28% or 1.7 million, of those elderly over age 70 who live alone have no living children.

While the elderly who live alone generally have better physical health than those living with others, those living alone reported higher levels of depression, loneliness and social isolation.

Elderly who live alone have a greater tendency to use community services than do those who live with others.

Home care includes a variety of services such as family caregivers, homemaker services, personal home health care, home-delivered meals, in-home respite care and hospice care.

Community-based services may include transportation, adult day care, out-of-home respite care, congregate meals at local buildings or caregiver training and support groups.

Source: The American Association of Homes and Services for the Aging (AAHSA).

Senior News

Liberty Bank's Silver Citizens travel to Florida

The Liberty Bank Silver Citizens Club will be going on an eight day escorted tour to the Florida Suncoast on Jan. 30, 1998 to Feb. 6, 1998. Trip itinerary includes scheduled visits to: Fort Myers, Sarasota, Sanibel Island and Naples. Cost per person is \$1,034 based on double occupancy (additional cost for single); which includes round trip transportation to Florida, all ground transportation, lodging, seven breakfasts, two dinners and ad-

mission to all tours. There is an optional three night Caribbean cruise to Nassau, Bahamas and Key West, Florida for an added cost.

The Silver Citizens Club is specifically designed for customers age 55 and over, who maintain a minimum household balance of \$5,000 in a Liberty Bank saving, checking, money market, certificate of deposit or IRA account. Social activities are also on the

agenda for Silver Citizens Club members. Club membership offers many personal and social rewards, one-day trips, deluxe travel across the country, special seminars, financial benefits and an informative Club newsletter featuring notice of activities.

To make your Florida Suncoast reservations or to obtain a Silver Citizens Club brochure, please contact Liberty Bank's Marketing Department at (773) 384-4000.

**NURSING HOME CARE
ADULT DAY CARE**

Regency

**CIRCLE OF CARE
Credit Program**

**OUTPATIENT REHAB
HOME CARE SERVICES**

Regency Health Centre

6631 N. Milwaukee Avenue, Niles

**Dollars Spent on Services Now,
Become an Investment for Future Care in
Other Regency Facilities!**

For Information Call:
Linda at 847-647-1116 (Weekdays)
Carol or Karen at 847-647-7444 (Weekends)

ihSCHICAGO
EXCELLENCE IN NURSING CARE

at GOVERNORS PARK

- All Levels
- Individualized Rehabilitation Programs
- Respiratory/Ventilator Services

1420 S. Barrington Road
Barrington, IL 60010
847-382-6664 Fax 847-382-6693

**SUMMIT SQUARE
of PARK RIDGE**

Living at Summit Square, in the heart of Park Ridge, means having everything you need for independent, secure and convenient retirement living.

- A Studio or One Bedroom apartment
- Three meals daily
- Daily maid service.
- All linens and towels
- A chauffeur driven automobile to drive residents within the local area
- A 25 passenger bus for scheduled trips
- A complete social and recreational program
- The services of a Nurse
- The Summit Plus Program of Assistance
- And much, much more . . .

**FROM \$1100.00 A MONTH
No Entrance or Endowment Fee**

10 N. Summit at Touhy • Park Ridge, IL 60068
(847) 825-1161

Senior Seasons

"What if my money doesn't last as long as I do?"

Almost every working person in America is, in some way, planning for retirement. Most of us are aware that traditional sources of retirement income, such as Social Security or an employer-sponsored pension, probably will not fully fund our retirement as they did for past generations. More and more it is up to us to prepare financially for our retirement years. As we build our personal retirement assets, we generally estimate our needs based on the cost of our expected or desired retirement lifestyle, the current outlook for inflation, what we can currently afford to save and our estimated life expectancy.

This seems reasonable, but what if one or more of these factors prove to be other than anticipated and the money doesn't last? People are living longer today, and it's especially necessary to plan for the possibility of a longer life span. What if you run out of retirement savings at age 85 and live 10 more years...or 20?

Annuitization May Help
Ensuring that retirement savings last long enough is where annuitization comes in. Annuitization, available through insurance contracts called annuities, guarantees the annuity owner income payments for a pre-defined period of time, typically ranging from as short as five years to as long as the lifetime of the owner and his or her spouse. Additionally, many financial advisers consider this an excellent method of building future income because annuities are tax-advantaged invest-

ments—that is their assets grow on a tax-deferred basis during what is called the initial "accumulation phase."

How does an investor fund annuitization? First, assets are invested and built up for a number of years in an annuity, during the accumulation phase. As a hypothetical example, a man who is currently 55 years old places assets into an annuity to begin the accumulation phase. When he turns 75, he will decide for how long he wishes to receive payments and "annuitize" his annuity contract. Thus, he will begin his "income phase" of the contract and start receiving a check every month. If he elects a lifetime payout, he will receive checks for the rest of his life, regardless of how long he lives.

How assets build during the accumulation phase depends on which annuity you purchase. There are many types of annuities from which to choose. Some annuities (fixed annuities) guarantee a fixed rate of return, while others (variable annuities*) offer professionally managed portfolios that usually invest in the stock market. Most variable annuities provide a range of features and benefits, including provisions for your heirs in the event of your death. All offer the advantage of tax deferral on investment earnings which, over the long term, can represent a significant increase in value over investments with earnings subject to annual taxes. As with other investments, diversifying assets can providing a desirable mix of liquidity, sta-

bility, lifetime income and opportunity for growth. It is best to talk with an investment professional to learn what choices might suit your individual circumstances.

In the end, one of the greatest advantages of annuitization is that you do not have to know in advance how long you will require income. Therefore, you can rest a little easier knowing that you'll have at least one source of ongoing income throughout your retirement years. If you would like to learn more, please call:

Todd K. Daniels, Account Executive, Investments;
708-481-0525
800-488-7440

*Variable annuities are sold by prospectus only. Read the prospectus carefully before investing.

This article does not constitute tax advice. Investors should consult their tax advisers before making any tax-related investment decisions. Information and data in this article were obtained from sources considered reliable. Their accuracy or completeness is not guaranteed and the giving of the same is not to be deemed a solicitation on Dean Witter's part with respect to the purchase or sale of securities or commodities.

Treat The Family To Dinner

Veterans to receive lap robes



Pictured are VFW members who donated lap robes to the veterans at Hines Hospital during the holiday season. Volunteer Wolfgang Frank organizes the program and volunteers in the Niles area knit and crochet lap robes and shawls for veterans throughout the year. Anyone interested in donating yarn, material or making lap robes should contact the Niles Senior Center.

Shown left to right: John Hauptman, Stan Zygmunt, Russ Nelson, Wolfgang Frank, Walter Gambala, Jim Zarenski.

Outstanding Volunteer nominations being sought

Do you know someone who has made a difference? Someone who volunteered to help the needy, the elderly, the homeless? Someone who helped a child expand his or her horizons or taught an adult to read or helped in countless other ways? Now is the time to salute these caring people — and the organizations they

serve — by nominating them for the 1998 Golden Rule/Outstanding Volunteer Awards.

The top seven winners will receive not only commemorative sculptures and plaques, but also \$1,000 cash awards for their non-profit organizations (except in the category of outstanding youth volunteer, where \$500 will be presented to the organization served and a \$500 scholarship awarded to the youth) and will automatically qualify for consideration in the National J.C. Penney Golden Rule Awards Program. Ten other finalists will be presented with Golden Rule certificates and plaques, plus \$250 for their organizations.

Two years ago, we were honored to have one of our own local winners, Club Friend (high school volunteers of School District #300 in Carpentersville who work in an after school mentorship program with at-risk children) go on to attain recognition as a national winner. They were awarded \$10,000 for their program!

The Golden Rule Awards/Outstanding Volunteer Program is sponsored by the Volunteer center of Northwest Suburban Chicago in partnership with the J.C. Penney stores at Stratford Square, Woodfield, Randhurst, Spring Hill Mall, Golf Mill, Lincolnwood and Hawthorne.

For more information or to receive a nomination form, contact the Volunteer Center at 847-228-1320. Deadline for nominations is February 17, 1998.

In. Out.

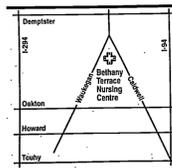
Now a person can be in and out of Bethany Terrace Nursing Centre in no time, because short-term stays have never been more convenient. For example, someone who needs temporary nursing care after extended hospitalization can recuperate at Bethany before returning home.

Bethany Terrace has expanded our specialized programming for those with early stage dementia. The activity-based program is designed to enhance a person's quality of life, and the staff have special training to meet the needs of those with dementia.

An exciting new program has been developed at Bethany Terrace in ventilator and respiratory management. In addition, in order to facilitate respiratory protection, an isolation room was designed and equipped for the special ventilation needs that may be required for the control and treatment of more complex respiratory infections.

No matter what level of care is needed, or for how long, every Bethany Terrace resident receives the best professional services and personal attention, in a warm and inviting environment.

Insist on the best, check out Bethany Terrace. For more information call (847) 965-8100.



Bethany Terrace Nursing Centre

8425 N. Waukegan Road
Morton Grove, IL 60053

Letters to the Editor

Italian Cultural Center Annual Dinner Dance

The Italian Cultural Center in Stone Park, will hold its Man of the Year Dinner Dance February 21, 1998, at Alta Villa Banquet Hall, 430 North Addison Road, Addison. This year we will honor DR. DENNIS R. PIETRINI. Dr. Pietrini embodies the ideal of the professional scientist who serves his community. An accomplished and celebrated dentist, Dr. Pietrini has dedicated his

time, expertise and financial support to a number of organizations including the Franklin Park Chamber of Commerce, the National Italian American Sports Hall of Fame, the Joe Gentile Post 2 Lodge of the Italian American War Veterans, and the Italian Cultural Center.

Dr. Pietrini has drawn from his family in creating his own humble approach to life. His mother's

side hails from Agrigento, Sicily and his father's side from Tuscan. The Italian Cultural Center wishes to honor and celebrate the life and behind-the-scenes work of a man who has contributed so much to our benefit.

Dinner and dancing start at 7:30 p.m. Tickets are \$55 each. For more information, please call the Center at (708) 345-3842.

Resident grateful to Niles Fire Department

Dear Editor:

Over the holidays I had the need to call 911 due to a respiratory problem.

Now I want to write a public "Thank You" to express my gratitude for the quick action, the gentlemanly behavior, professionalism, and medical know-how shown to me on the evening I needed help. Their acts of kindness should not go unnoticed.

My appreciation to the men from Engine and Ambulance #3, South Station. They are Jim McDonough, Jim Lieback, Dennis Olbrisch, Mike Siena, and Lt. Borkowski. Thank you!

We can certainly be proud of the men who serve us on the Niles Fire Department. These men are some of our unsung heroes.

Thank you once again,
Mrs. Leonard
Niles

IT'S GOOD BUSINESS TO SHOP LOCALLY

Sewing: Niles, Morton Grove, Skokie-Lincolnwood, Park Ridge-Des Plaines, Norwood-Edison Park, Golf Mill-East Meade, Glenview-Northbrook

FAST AUTO LICENSE & TITLE SERVICE



OAKTON-WAUKEGAN CURRENCY EXCHANGE
WESTERN UNION AGENCY
8018 WAUKEGAN RD., NILES
967-7770

CASH ADVANCE WITH VISA or MASTERCARD
NILES CITY STICKERS NOW AVAILABLE



NICOLOSI'S PROFESSIONAL DRY CLEANERS & TAILORS
HARLEM & MILWAUKEE
1 (312) 763-9447



PAINT WAGON
8014 N. WAUKEGAN RD.
966-5460



ERA CALLERO & CATINO REALTY
7788 MILWAUKEE AVE.
NILES
847-967-6800
773-774-1900
SERVING THIS AREA SINCE 1956

Business News

Edward Jones begins campaign to increase community awareness

Jeffrey L. Cardella, of the financial-services firm Edward Jones, announced that the firm has selected the Chicago area as a target for an informational campaign.

"Edward Jones has had a strong presence in this area for several years, and this campaign will build on that presence," said Cardella. "We have 132 offices to serve the needs of individuals in Chicago. Our goal is to raise the awareness of Edward Jones and let members of our community know about our very personal approach to financial services."

In late January, Edward Jones will begin airing its campaign on the local network affiliates. The campaign will focus on Edward Jones' exceptional personalized service, which helps individuals realize their financial dreams. This is the first time the firm has targeted this area with television ads.

"Edward Jones is the only financial-services firm that serves individual investors exclusively," said Cardella. "We're proud of our legacy, and we're enthusiastic about telling our story."

Founded in 1871, Edward Jones opened its first office in Mexico, MO. Until the 1950s, the firm was typical of most New

York Stock Exchange firms. Representatives from the firm were called "TNT" brokers because they traveled the countryside surrounding the company's office in St. Louis from Tuesday until Thursday looking for business.

Today, Jones has more than 3,700 offices nationwide, making it the largest financial-services firm in the nation in terms of office locations.

"We believe that personal, face-to-face contact is the only way to truly serve our customers' investment needs," said Cardella. "We're committed to building long-term relationships with customers to help them achieve their goals at all stages of their lives."

Edward Jones serves 2.5 million individual investors through its 3,700 offices in all 50 states. Plans are under way to expand to 10,000 offices in the next decade.

Cardella's office is located at 8141 N. Milwaukee Ave., Niles. The office phone number is (847) 470-8953. Visit Jones' interactive Web site at: www.edwardjones.com.

Read the Bugle

For subscriptions call
(847) 588-1900

Parkway Bank & Trust Co. opens in Niles

Parkway Bank & Trust Co. opened a new banking facility on January 12, at 7601 N. Milwaukee Ave. in Niles. The site is a reconstruction of the previous Village Hall. The Niles banking center is the 13th location and one of 3 new offices Parkway Bank & Trust Co. plans to open this year.

A ribbon cutting ceremony kicked off the first day of the Niles office with attending guests including village officials, representatives from the Niles Chamber of Commerce, and directors and officers of Parkway Bank & Trust Co.

Since opening its doors in 1964, Parkway Bank & Trust Co. has served the financial needs of Northwest Chicago and Suburban areas with offices in Harwood Heights, Norridge, Jefferson Park, Mayfair, Park Ridge, Elk Grove Village, Schaumburg and Carpentersville.

Parkway plans to extend its services to Northwest Chicago communities with the new Niles office, as well as the recent openings of offices at Six Corners in Chicago and Mount Prospect. The total consolidated assets of Parkway Bank & Trust Co. exceed \$900 million.

Liberty's 'It's Your Bank' Anniversary Sweepstakes

In celebration of their 100th Anniversary, Liberty Bank for Savings will introduce their "It's Your Bank" Anniversary Sweepstakes with 10 weeks of fun and prizes on Jan. 17. You can pick up a Scratch & Win card at any of their four branch offices.

Twenty grand prize winners will receive a family get-away vacation to their choice of any of more than 100 popular U.S. destinations. It's a four-day, three-night package with deluxe accommodations for two adults and up to three children.

Thousands will win instant prizes—everything from travel mugs to magnetic picture frames. Best of all, anyone who is not an instant winner, can submit their ticket into a second-chance drawing with an opportunity to win one of the fabulous vacation getaways or any of Liberty's other prizes.

Join the celebration, you could be Liberty Bank for Savings next winner.

Established in 1898, Liberty Bank for Savings has been serving the financial needs of the communities it serves for 100 years. Liberty has four conveniently located offices at: 2392 N. Milwaukee Ave., Chicago; 6666 N. Lincoln Ave., Lincolnwood; 7111 W. Foster Ave., Chicago; and 6210 N. Milwaukee Ave., Chicago.

Illinois CPA Society (South Chapter)

The Illinois CPA Society's Chicago South Chapter Industry and Forum Special Interest Group has released their 1998 meeting schedule. The group is composed of CPAs in industry that share common interests in current issues facing large and small businesses.

Meetings combine guest speakers with open round-table discussions of issues specific to industry and business. Members improve their knowledge by sharing experiences and approaches to solving business problems.

Formerly known as the Industry and Business Forum, the Illinois CPA Society renamed all Chapter Forums to Special Interest Groups effective this year. Meetings are open to all members

from every level and type of business.

Recent topics include Retirement Plans, Workers' Compensation, QuickBooks Accounting Software and Small Business Association Loans. Personal Computer Topics are presented four times a year by Chairman and Instructor of the Illinois CPA Society's PC User Groups, Burton Goode.

Meetings are free of charge and held from 7 p.m. to 9 p.m. on the first Tuesday following the Chicago South Chapter regular meeting at the Rosewood West Restaurant at 131st and Cicero in Crestwood, Illinois.

For more information contact Chairman Dave Chess at (773) 918-8304.

Getting ready to file

December brings the end of another year and your tax package from the Internal Revenue Service. This month, I have a few tips to help you get ready for filing your tax return.

When you receive your tax package, don't wait, take a few moments to check that your name, address and social security number are shown correctly on the label. If there is an error, carefully make the change directly on the label itself. Use this label when you file your return. It will speed up the processing time.

This is also a good time to check and make sure you have all the forms and publications you'll need to prepare your return. If you need more, you have several options.

Tax forms and publications can be accessed via computer and modem on the FedWorld bulletin board or on the Internet. (Access FedWorld at (703) 321-8020. Access the Internet via Telnet at <ftp.irs.ustreas.gov>; and via the World Wide Web at <www.irs.ustreas.gov>.)

Forms are also available by fax (use voice unit) 24 hours a day, 7 days a week by calling (703) 368-9694. Or, you can have forms sent directly to your home by calling 1-800-829-3676 Monday through Friday, from 7:30 a.m. to 5:30 p.m. They will be mailed to you in about 10 working days.

It's also a good idea to take some time to read your tax package. It contains the answers to many of the questions you may have.

Did you move during 1997? If so, make sure your employer and financial institutions have your new address so you will receive your W-2s and 1099s.

Make sure you have the records you'll need to complete your tax return. Monthly statements from banks, savings and

loans, brokerages, etc. provide information on interest and dividends earned (or paid), mortgage payments and other tax items. You should also keep your pay statements and a list of your employers from the past year.

If you decide to use a professional tax preparer this year, make sure he or she has a good reputation in your community. Never go to a preparer who guarantees a refund or whose fee is based on the size of the refund. A paid preparer must sign the tax return and give you a copy. Put it with your tax records—it's a good starting point for preparing next year's return.

If you were married or divorced during 1997 and changed your name, correct your records with the Social Security Administration.

Everyone shown on your tax return must have an identification number. Generally, this will be a social security number (SSN). Nonresident or resident aliens who don't have—and are not eligible to get—an SSN, must use an individual taxpayer identification number (ITIN). If you have a child in your home pending a final domestic adoption, you can get a temporary identification number—adoption taxpayer identification number (ATIN).

To get an SSN, contact the Social Security Administration. To get an ITIN, file Form W-7, Application for IRS Individual Taxpayer Identification Number, with the IRS. And to get an ATIN file Form W-7A, Application for Taxpayer Identification Number for Pending Adoptions, with the IRS.

The processing of tax returns with missing or incorrect identification will take longer. This means refunds will be delayed.

I hope these tips help make filing your 1997 tax return easier.

NOTICE OF REGIONAL PUBLIC HEARINGS COOK COUNTY CONSOLIDATED COMMUNITY DEVELOPMENT PLAN AND ANNUAL ACTION PLAN FOR 1998 FEDERAL FISCAL YEAR PROGRAM

North/Northwest Region Hearing
Date: Wednesday, January 28, 1998
Time: 6:30 p.m.

Place: Third District Courthouse
2121 Euclid Avenue
Rolling Meadows, IL 60008
Courtroom 110

West Region Hearing
Date: Wednesday, February 4, 1998
Time: 6:30 p.m.

Place: Fourth District Courthouse
1500 South Maybrook Drive
Maywood, IL 60153
Courtroom 101

South Region Hearing
Date: Wednesday, February 11, 1998
Time: 6:30 p.m.

Place: Sixth District Courthouse
16501 South Kedzie Parkway
Markham, IL 60426
Courtroom 101

Purpose: Cook County will hold regional hearings to solicit needs and priorities and to provide information on the application process for the Community Development Block Grant Program (CDBG), the Emergency Shelter Grants Program (ESG), and the HOME Investment Partnership Program (HOME) for the 1998 Federal Fiscal Year which begins October 1, 1998.

Cook County receives federal funding from the U.S. Department of Housing and Urban Development (HUD) for programs administered by the Cook County Department of Planning and Development.

The 1998 allocations for CDBG, HOME and ESG have been by HUD. They are as follows: CDBG - \$13,948,200; ESG - \$345,000; and HOME - \$4,980,000. If available, unobligated program income and deobligated funds from prior program years will be added to these 1998 funding amounts.

CDBG Programs categories that are eligible for funding are:
Housing and Residential Rehabilitation Related Activities

Economic Development Activities
Capital Improvement Activities
Commercial Rehabilitation
Real Property Acquisition
Demolition and Clearance
Public Service Activities
Fair Housing Activities

ESG Program categories that are eligible for funding are:
Rehabilitation, renovation or conversion of buildings for use as emergency shelters.
Maintenance or operation expenses directly related to emergency shelters.

New or expanded essential services provided by the shelters.
Development and implementation of homeless prevention activities.

HOME Program categories that are eligible for funding are:
Construction or rehabilitation projects involving single-and/or multi-family low and very low income residential housing.
Special needs housing projects.

Information will be provided related to these programs, and solicitation of community development needs and priorities will be discussed toward the development of Cook County's Annual Action Plan/Consolidated Community Development Plan.

All interested persons, groups, not-for-profit agencies and municipalities are invited to attend.
Any comments may also be submitted in writing to: Cook County Bureau of Administration
Department of Planning and Development
69 West Washington, Suite 2900
Chicago, IL 60602

Attn: Mr. Timothy W. Kleist
The Cook County Community Development Block Grant Program applies only to those suburban municipalities of less than 50,000 in population, plus the Village of Oak Park and the Town of Cicero.

Metropolitan Family Services announces change in leadership

Metropolitan Family Services Board of Directors announced its first change in staff leadership since 1970, with the selection of Richard L. Jones, Ph.D. to succeed A. Gerald Erickson as President and CEO. Jones will assume his position here on April 1, becoming only the eighth CEO in Metropolitan's 140-year history as Chicago's oldest, non-sectarian family and community service organization.

Jones, 53, has been President and CEO of the Center for Families and Children in Cleveland, Ohio since 1991. He previously served as senior vice president of planning for the United Way of Boston, and as executive director of Boston Children's Services. He holds both masters and doctoral degrees in social work administration from case Western Reserve University.

A. Gerald (Jerry) Erickson, who has led Metropolitan Family Services, and its predecessor or-

ganization, United Charities, since 1970 will be named 100,000 families throughout the Chicago region. It is a major community resource for programs that balance caring with practical, measurable outcomes, providing a comprehensive range of family services, including parental education, youth and domestic violence prevention, Legal Aid, financial counseling, mental health and specialized programs for older adults and their caregivers.

Metropolitan Family Services provides and mobilizes the services needed to strengthen families and communities. Last year its staff of 550, working out of 25

Children's Advocacy receives donation

Doctors can cure illnesses and mend broken bones, but even the most gifted medical professional finds it difficult to rejuvenate a shattered life. Recognizing that all healing doesn't occur in a hospital, the medical/dental staff at Hoffman Estates Medical Center has generously donated \$20,000 to the Children's Advocacy Center of Northwest Cook County (CAC) to help fund its important services supporting victims of child abuse.

The not-for-profit CAC serves as a community resource to facilitate the identification, intervention and prevention of child abuse. It serves the 42 municipalities in the north and northwest suburbs, working closely with the numerous agencies involved with a child abuse investigation to attempt to limit interviews with abuse victims to a single session. Representatives from local law enforcement agencies, the Illi-

nois Department of Children and Family Services (DCFS) and the State's Attorney's office witness the child-sensitive interview with the abuse victim. The interview is conducted in the warm, home-like atmosphere of the CAC instead of an unfamiliar, institutional police station or hospital.

With more than 730 doctors on its staff, Hoffman Estates Medical Center offers a wide range of state-of-the-art diagnostics, advanced surgical care and special medical services, including an innovative EmergiKids program for children treated in the emergency department. Nearly 2,700 inpatient and more than 7,200 outpatient procedures are performed annually at the medical center.

Since its inception nine years ago, the CAC has helped more than 3,000 children through the emotionally traumatic process of investigating and prosecuting abuse cases. It strives to reduce the number of times the child has to recount the allegations and minimizing the volume of professional contacts that an abuse victim must undergo by coordinating joint criminal/child welfare investigations.

To learn more about how you can help the Children's Advocacy Center of Northwest Cook County, contact the CAC by calling 847/885-0100.

LEGAL NOTICE

Notice is hereby given that the Niles Park District shall receive and open sealed bids for the printing of its series of three (3) Recreational Program Brochures and its series of two (2) Newsletters for 1998. The bid opening shall be held at 10:00 a.m. on Tuesday, January 20 at the Park District's Howard Leisure Center, 6676 Howard Street, Niles, Illinois 60714. Bidders need not be present for bid opening. A sample brochure and bid specifications can be obtained from Diana Skrypek by contacting her at (847) 967-6633.

All bids shall exclude sales tax and shall be submitted in a sealed envelope clearly marked "Proposal, Brochure Bid, January 20, 1998." The Board of Commissioners reserves the right to accept or reject any and all bids or to waive technicalities deemed to be in the District's best interest in awarding a contract.

s/ Joseph LoVerde
Secretary of the Board
Niles Park District

nois Department of Children and Family Services (DCFS) and the State's Attorney's office witness the child-sensitive interview with the abuse victim. The interview is conducted in the warm, home-like atmosphere of the CAC instead of an unfamiliar, institutional police station or hospital.

With more than 730 doctors on its staff, Hoffman Estates Medical Center offers a wide range of state-of-the-art diagnostics, advanced surgical care and special medical services, including an innovative EmergiKids program for children treated in the emergency department. Nearly 2,700 inpatient and more than 7,200 outpatient procedures are performed annually at the medical center.

Since its inception nine years ago, the CAC has helped more than 3,000 children through the emotionally traumatic process of investigating and prosecuting abuse cases. It strives to reduce the number of times the child has to recount the allegations and minimizing the volume of professional contacts that an abuse victim must undergo by coordinating joint criminal/child welfare investigations.

To learn more about how you can help the Children's Advocacy Center of Northwest Cook County, contact the CAC by calling 847/885-0100.

To learn more about how you can help the Children's Advocacy Center of Northwest Cook County, contact the CAC by calling 847/885-0100.

To learn more about how you can help the Children's Advocacy Center of Northwest Cook County, contact the CAC by calling 847/885-0100.

To learn more about how you can help the Children's Advocacy Center of Northwest Cook County, contact the CAC by calling 847/885-0100.

To learn more about how you can help the Children's Advocacy Center of Northwest Cook County, contact the CAC by calling 847/885-0100.

To learn more about how you can help the Children's Advocacy Center of Northwest Cook County, contact the CAC by calling 847/885-0100.

To learn more about how you can help the Children's Advocacy Center of Northwest Cook County, contact the CAC by calling 847/885-0100.

To learn more about how you can help the Children's Advocacy Center of Northwest Cook County, contact the CAC by calling 847/885-0100.

USE
THE
BUGLE

Honda Clears The Way.



HS621AS

- 5.5 hp easy-start Honda 4-cycle OHV engine
- 21" clearing width
- Discharges snow up to 33 feet*
- Electric start

*Max. depending on snow conditions

Your Authorized Full Service Dealer

FRANK'S LAWN MOWER

AUTHORIZED SALE AND SERVICE
8113 N. MILWAUKEE AVE., NILES, IL
(847) 966-2223

For optimum performance and safety, please read the owner's manual before operating your Honda Power Equipment.
© 1997 American Honda Motor Co., Inc.

Police News

Offices to close for King's birthday

All Secretary of State offices and facilities will be closed for Martin Luther King's Birthday, Secretary of State George H. Ryan announced. The only exception is the Ford City facility, which is open seven days a week in the Ford City Mall. The holiday is observed by all state agencies.

Driver Services facilities outside Cook County and the Chicago West, Midlothian, and Niles facilities in Cook County, which normally are open Tuesday through Saturday, will be closed Saturday, Jan. 17, and will reopen Tuesday, Jan. 20.

All offices that normally are open Monday through Friday will be closed Monday, Jan. 19, and will resume business Tuesday, Jan. 20.

'Swap Crews' cleaning up DesPlaines

Labor crews from the Sheriff's Work Alternative Program (SWAP) will be working in Des Plaines on January 15 and 16, as a public service to the taxpayers of Cook County, according to the Office of Sheriff Michael F. Sheahan.

The SWAP program is made up of non-violent offenders charged with DUI and other mis-

demeanor crimes who "swap" jail time for a community service sentence. Under the supervision of specially trained sheriff's deputies, the crews work throughout the county on a variety of public works projects such as cleaning parks, viaducts and streets.

For further information about SWAP call (708) 865-4960.



BY CHIEF RAY GIOVANNELLI
Niles Police Department
Special to The Bugle
Controlling your Vehicle is not enough; 'Control those emotions'

You see them every day, especially during the rush hour. I'm talking about the tunnel vision motorists speeding down the road yielding to nobody and flipping you the bird as they blow by. It's so easy and understandable to become provoked by such drivers, however, please keep in mind that brainless road hogs are also capable of buying a lug wrench in your head. The type of driving described above can lead to what is commonly referred to as "road rage," a situation that has a high probability of producing an incident in which an angry or impatient driver will intentionally injure or attempt to injure another motorist or pedestrian.

In Niles during 1996 and up to the present, 22 traffic related disputes were reported to the police. Fortunately, no one was harmed. According to the AAA Foundation for Traffic Safety, there are ways to minimize the possibility of becoming involved in a road rage event. Try and avoid the following:

'Don't become a victim. Do not become an assailant. "Control." "Control." "Control."

- Lane Blocking. Do not block the passing lane.
- Tailgating. Do not follow other vehicles too closely.
- Signal Use. Signal for lane changes.
- Gestures. Keep your middle finger where it belongs.
- Horn Use. Your horn was not meant to be a telegraph or a musical instrument.

- Parking. Do not take more than one space. Do not hit the car next to you with your door.
- Headlight Use. Use high beams sparingly.
- Merging. When traffic permits, move out of the right hand acceleration lane of a freeway to allow vehicles to enter from on ramps.

- Blocking Traffic. If you are impeding traffic for whatever reason, pull over when you can so vehicles behind you can pass. Do not block a street in order to talk to a friend.
- Displays. Do not sport bumper stickers that may be offensive.
- Eye Contact. Avoid eye contact with angered motorists. Look the other way and move along.

Don't become a victim. Do not become an assailant. "Control." "Control." "Control."

AAA-CMC promotes Illinois' new graduated driver licensing law

Young, novice drivers in Illinois will be subjected to changes in the state's driver licensing laws, aimed at reducing deaths and injuries resulting from inexperience behind the wheel. The new "graduated driver licensing" (GDL) legislation will identify problem drivers, emphasize remedial training and increase parental involvement in the learning process.

As a member of Secretary of State George Ryan's task force that developed the new legislation, AAA-Chicago Motor Club says most crashes involving young drivers are caused by inexperience, poor driving skills, risk-taking or poor decision making.

"We must provide an opportunity for new drivers to gain experience in the safest possible on-road conditions, since much of what novice drivers need to learn about responsible driving can only come from behind-the-wheel experience," said Jonathan Lehrer, AAA-CMC's vice president of public affairs. "Illinois' new GDL law is a huge step in this direction."

Expanding on the current two-step system comprised of a learner's permit and a full driver's license, the new law adds another "graduated" step for drivers aged 15 to 20. This extra step includes tougher penalties for violating traffic laws and new practice requirements for learning drivers. The new law does not raise the driving age.

Illinois is the 13th state in the nation to initiate this three-step licensing system for its youngest motorists.

Key components of the new law include:

- Drivers under the age of 21, convicted of two moving violations within a two-year period will receive a 30-day license suspension. Suspended drivers under the age of 18 must complete a remedial driving course and be re-tested to get their driving privileges back.
- Drivers under the age of 21 who commit serious driving offenses are limited to one sentence of court supervision by a judge.
- When the driver is under the age of 18, all passengers in the car must wear safety belts. Additionally,

tionally, the number of passengers in the vehicle is limited to one, in the front seat and to the number of safety belts in the back seat.

• Before a 16-year-old can be awarded a driver's license, their parent or guardian must certify that the young driver has completed at least 25 hours of supervised behind-the-wheel practice outside of their driver education class.

• Young drivers must hold a learner's permit for at least three months before attempting to receive their first license.

• AAA says traffic crashes are the leading cause of death among 15- to 20-year olds. Traffic crashes are responsible for nearly one-third of all deaths (more than 6,300 nationwide in 1996) in this age group.

In Illinois, drivers age 19 and under account for only 6 percent of the driving population. But a similar age group (16-20) ac-

counts for 15 percent of traffic deaths.

The problem extends beyond teen-age drivers to the young people riding with them. Two-thirds of teen passengers killed were in vehicles driven by another teen.

AAA-CMC offers an inexpensive instructional package that gives parents guidelines on spending the 25 hours of supervised training. "Teaching Your Teens to Drive" is available to parents in video tape and CD-ROM format. The program includes an easy-to-follow guide book that should be helpful both to parents and to their teen drivers.

The material can be ordered through AAA offices or by calling (847) 390-9000, ext. 1-447. (The CD-ROM version sells for \$24.95; the video tape version costs \$27.95. There is a discount for AAA members.)

Winter driving is an art

Use finesse rather than power when extricating your vehicle from snow and ice this winter, advises the AAA-Chicago Motor Club.

Hard acceleration usually won't help. In fact, it's likely to worsen the situation by causing the tires to spin, and digging the car deeper into the snow. Instead, AAA-CMC recommends these tips:

• Clear away as much snow as possible from around the tires and under the vehicle.

• To improve traction, scatter sand, cat litter or some other abrasive material around the front wheels for front-wheel-drive cars, and around the rear wheels for rear-wheel-drive cars. Special traction mats are also available for this purpose. Floor mats also can be used.

• Place the car in low gear (automatic transmissions) or second gear (manual transmissions) and apply gentle pressure to the accelerator. Ease off if the tires begin to spin.

• If still unable to move, try slowly rocking the car. Ease forward with the car in low gear (automatic transmissions) or second

Bugle Newspaper Offices Have Moved

Effective December 24, 1997:
The Bugle Newspapers
7400 Waukegan Road
Niles, IL 60714
847-588-1900

USE
THE
BUGLE

Police News

Theft from auto

The manager of an insurance company in the 7200 block of Caldwell Avenue reported that sometime between 3 p.m. Dec. 31 and 8 a.m. Jan. 2, unknown persons entered a locked 1998 Dodge Stratus by unknown means and removed two air bags. The cost to replace the bags is estimated at \$1,500.

During the same time, unknown person(s) gained entry to a 1996 Chevrolet Lumina by breaking the front left door window. Missing from the auto were an insurance company credit card for gasoline and a flashlight.

Criminal damage to auto

A 40-year-old postal worker from South Holland reported that unknown offender(s) using an unknown tool punctured all four tires and made three slashes in the top of his 1994 Ford Mustang convertible Jan. 10 between 8 p.m. and 10:30 p.m. while it was parked in a restaurant parking lot in the 6800 block of Milwaukee Avenue. Damage was estimated at \$800.

A 33-year-old Gurnee woman reported that unknown person(s) used unknown object(s) to scratch the driver's side door and crack the windshield of her 1993 Chevrolet pickup truck while it was parked near the ice rink in the 8400 block of Ballard Road sometime between 5 p.m. and 7:30 p.m. Jan. 11.

A 22-year-old man who was driving the 1992 Ford Tempo belonging to his 40-year-old aunt who resides in Evanston reported that he and his girlfriend were watching a movie in the theater in the 9100 block of Golf Road around 9:40 p.m. Jan. 2, when a former girlfriend entered the theater and started an argument with the complainant. Eventually she left the theater when he refused to speak to her.

When the complainant left the theater around 12:15 a.m. Jan. 3, and returned to the parking lot, he discovered that three windows of his aunt's vehicle were smashed out and the windshield was shattered. Police recovered two barrel weights from inside the vehicle that apparently were used to smash the windows. Also recovered was a gold colored bracelet that the complainant said was not in the vehicle before he left the vehicle and that may have broken off the wrist of the offender while the windows were being smashed.

The complainant signed complaints and the suspect was charged with criminal damage to property. Bond was set at \$1,000 and a Jan. 27 court date scheduled.

Possession of prescription pad

A 25-year-old Des Plaines pharmacy clerk at the drugstore in the 8700 block of Dempster Street alerted police around 4:20

p.m. Jan. 5 when a 35-year-old Lombard man presented a prescription and the doctor who supposedly issued it did not verify it, saying he had no patient by that name.

When the clerk called the offender's name and he came to the counter, paid for and took possession of the drug, Niles police took him into custody. The doctor told police he did not want to sign a complaint stating that he knows the offender and feels sorry for him. Police contacted the states attorney and were advised to charge the offender with two felony counts of illegal possession of a prescription pad and unlawful acquisition of a controlled substance. Bond was set at \$3,000 and a Jan. 22 court date set.

Theft

The 36-year-old owner of a gym in the 8200 block of Golf Road reported that he suspects a former employee who quit his job at the gym Jan. 6 stole \$200 in petty cash, two baseballs valued at \$21 each, two sweatshirts valued at \$38 each and two pairs of sweatpants valued at \$22 each, for a total loss of \$362.

The suspect, age 37, had the only other key to the petty cash box, according to the complainant. The suspect told the complainant that he was returning to his home in Millington, Tenn. The complainant gave police a Tennessee phone number for the suspect.

A 19-year-old employee of an electronics store at 228 Golf Mill Center reported that he and another employee located two empty boxes in a storage area that had contained cellular phones each valued at \$300.

Police contacted Cellular One and were advised that neither phone had been activated.

The 27-year-old district manager of a jewelry store at 263 Golf Mill Center reported Jan. 7 that unknown employee(s) removed approximately 44 pieces of miscellaneous jewelry between Dec. 1 and Dec. 19 of last year. The approximate value of the jewelry is \$300. She requested a follow-up investigation.

Damage to property

The 56-year-old manager of a gas station in the 7600 block of Milwaukee Avenue reported that a 25-year-old Chicago man driving a Volkswagen Corrado fueled his vehicle, paid for the gasoline and then exited the station without removing the gas nozzle from his fuel tank.

The offender continued driv-

ing southbound on Milwaukee Avenue until the complainant caught up to him and informed him that the nozzle was still in his gas tank. He said he did not realize that he'd forgotten to remove the nozzle. Damage was estimated at \$200.

Youth complaint

When police were dispatched to investigate the report of a loud teen party in the 7200 block of Greenleaf Street around 12:04 a.m. Jan. 10, they could hear loud music coming from the house while standing at the curb and inside found numerous youths in the basement and upstairs areas holding plastic cups filled with beer. They found a keg of beer in the basement.

The owners of the house were out of town and their 17-year-old son was hosting the party.

All participants at the party were cited for underage possession of alcohol, and the parents of all participants under age 18 were contacted by police. The son of the homeowners was cited for providing alcohol to minors, and his parents were cited under the Parental Consent Ordinance.

The alcohol was removed from the house and left with an adult relative of the family living on Conrad Street.

All parties were issued a mandatory adjudication date of Feb. 19.

Dumping complaint

A 36-year-old employee of a pet store in the 8300 block of Golf Road reported that he found 15 tires near the dumpster behind the pet store Jan. 4.

Assist fire department

Niles Police assisted the Niles Fire Department on a residential lockout involving a child in a three-flat building in the 8800 block of Greenwood around 3:10 p.m. Jan. 6.

The fire department used a pressure pump to defeat the door lock and so gained entry to the house. The child was unharmed.

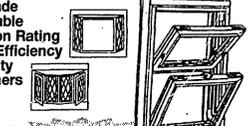
Public Service Announcement

Literacy is one of the only guarantees for a better future. The Study Technology developed by educator L. Ron Hubbard has helped thousands of children, teenagers and adults around the world to become highly literate and successful in life. If you or your child are having trouble with reading or learning any subject, call Applied Scholastics at 1 (800) 424-5397 for more information about a program near you.

Read the Bugle
For subscriptions call
(847) 588-1900

Energy Efficient Maintenance Free Custom Vinyl Replacement Windows

- All Vinyl Custom Made
- 3 Woodgrains Available
- Lowest Air Infiltration Rating for Highest Energy Efficiency
- Transferable Warranty
- Fusion Welded Corners
- Casements
- Bays
- Bows
- Double Hung
- Sliders



FREE LOW-E GLASS with any window

STEEL DOORS

100% Draft Free
MAXIMUM SECURITY

- 18 Gauge Steel Frame
- Better Security
- Magnetic & Compression Weatherstrip
- 9 Woodgrains Available
- 16 Paint Colors

\$100 OFF 1 WEEK ONLY

Glassblock Windows
Every 5th Window

STORMDOORS

FREE

THE CLOPAY
INSULATED STEEL GARAGE DOORS
WITH LIFETIME WARRANTY

7158 W. Higgins Ave.
Chicago
Corner of Harlem & Higgins
888 4-ARMSTRONG
27-6787

Shop In Home Service • 90 Days Same As Cash
Open Thurs. 10-6:30PM • Showroom Hours
Mon.-Tues., Fri. 10-6, Wed. 10-9, Thurs. 10-8, Sat. 9-4

Lost Our Lease - Sale! FINAL WEEK! TO SAVE ON DISPLAYS!

Unfortunately, we lost our lease and we are moving to Schaumburg. So as a result, most of our displays are for sale, at or below cost. Also, all of the displays can be added on to. So bring in your kitchen dimensions and see if we can save you money.

CABINET CONNECTION
8321 Golf • Four Flags • Niles
(847) 966-4611

Professionals Guide

A directory of area professionals and services

COIN, DIAMOND, HUMMEL BUYERS

BUYING
DIAMONDS, JEWELRY, COINS
HUMMELS, LLADROS, SCRAP GOLD
16 Years, Same Owner & Location
NILES COIN SHOP
7637 N. Milwaukee Avenue
(4 Blocks South of Oakton - At Howard & Hartum)
(847) 967-5575

REAL ESTATE

(847) 297-3333 BUS. 390-8198 FAX
(847) 333-5510 PAGER
(847) 299-4531 RESIDENCE
COLDWELL BANKER
MARTIN & MARRBY
ALEX JOSEPH
REALTOR-ASSOCIATE*

OPTICAL

Weaver Optical
Eye exams • Glasses
Contact Lenses • DEA Licensed
Eye Infections Treated
Dr. Daniel Weaver
Optometrist
847-967-6701
898 Civic Center Plaza
Oakton & Waukegan Road

TO ADVERTISE IN

THE BUGLE NEWSPAPERS
PROFESSIONALS GUIDE
CALL
DON ANGELO
(847) 588-1900

REAL ESTATE

Century 21
Joseph R. Hedrick
REALTOR
Marino Realtors*, Inc.
5800 Dempster Street
Morton Grove, Illinois 60053
Business 847-967-5500
Fax 847-965-5600
Toll Free 800-253-0021
Residence 847-965-1774
Each Office is Independently Owned and Operated

REAL ESTATE

RE/MAX AllStars
Toni Brens, CRS, GRI
Broker
Bi-Lingual: English/Polish
7900 N. Milwaukee Ave.
Oak Mill Mall - Suite 32
Niles, Illinois 60714
Direct: (847) 965-3768
VM: (847) 965-4236
Independently Owned and Operated

REAL ESTATE

Century 21
Vall Demos, CRB, CRS
Broker / Manager
Certified Residential Specialist
Coachlight Realty, Inc.
7735 North Milwaukee Avenue
Niles, Illinois 60714
Business (847) 967-9320
Fax (847) 967-9379
Pager (847) 536-0518
Each Office is Independently Owned and Operated

INTERNET

WEBMASTERS
WEB DESIGN, AUTHORIZING, GRAPHIC DESIGN, HOSTING,
PROMOTION, DIGITAL PHOTOGRAPHY
B.J. Esberner & Associates, Inc.
INTERNET Consultants
(847) 583-9220
Free Consultation
8109 Milwaukee Ave, Niles, IL 60714
<http://www.esberner.com>

Vårblomman Club Pancake Breakfast

Take a break from the cold and attend an Authentic Swedish Pancake Breakfast sponsored by Vårblomman Children's Club. It will be held Saturday, Jan. 17, from 8 a.m. to noon at Ebenezer Lutheran Church, 1650 W. Foster, Chicago. Ebenezer is in the heart of the Andersonville area of Chicago. Swedish pancakes will be overflowing and unlimited, served with Swedish Lingonberries, maple syrup, sausage, orange juice, coffee, tea or milk. Adult donation of \$4.50, children under 12 \$2.50. Delicious home made items will be for sale at the bakery table and lovely gifts will be available for purchase at our Swedish Boutique. Vårblomman Club works to maintain the Swedish Culture in America thru teaching the youth the Swedish Language, Song and Folk Dance. Scholarships to Concordia College's International Language Summer Camp in Minnesota are available thru Vårblomman to its members.

Proceeds from the breakfast will go toward a trip to Scandinavia in 1999. Join Vårblomman now and qualify for this opportunity to travel to the Scandinavian countries. All children of Scandinavian descent are invited to join the club. For more information call 312-777-5906 or 847-823-4203. When: Saturday, Jan. 17, 1998, 8 a.m.-12 noon. Who: Vårblomman Children's Club. What: Swedish Pancake Breakfast. Where: Ebenezer Lutheran Church, 1650 W. Foster, Chgo. Cost: \$4.50 Adults - ALL THE PANCAKES YOU CAN EAT, \$2.50 Children under 12.

Flood Insurance Rate Maps

The Federal Emergency Management Agency (FEMA) sent letters to each municipality regarding the release of new Flood Insurance Rate Maps for Cook County. The letters outline meetings that will be held to discuss the national Flood Insurance Program and the new flood maps. The maps present significant changes to the flood plains, in some cases raising the flood stages by 2 to 3 feet, and including thousands of residents who were previously out of the floodplain. The meeting for public officials only will be held on Tuesday, January 20, 1998, 2 p.m., in Room 1608 of Oakton Community College. The meeting for the general public will be held that same day at 6:30 p.m. in Room 1608. Staff contact: Mark Fowler.

USE THE BUGLE

WINTER HOME IMPROVEMENT

THE BUGLE NEWSPAPERS

FIX UP

PAINT UP

BILL & KELLY'S HAUL AWAY
Old Stores, Houses, Attics and Garages Cleaned Out
We Buy Old Wooden Ice Boxes
We Haul Away Most Anything
Autos, Trucks, Also.
(773) 645-3735
DAY OR NIGHT SERVICE



LENNOX
Quality proven over time
whisperHeat THE QUIET ONE
10.00 TO **12.50** S.E.E.R.
COMPRESSOR **10-YEAR** FACTORY GUARANTEE
5 YEAR FACTORY ALL PARTS WARRANTY
• ENERGY SAVER - UP TO 78%+ A.F.U.E.
• WARM COMFORT. OUTSTANDING ENERGY SAVINGS
• QUIET PERFORMANCE
\$200⁰⁰ Rebate
NOT GOOD IN CONJUNCTION WITH ANY OTHER OFFER / ASK FOR DETAILS.
EXPIRES 1-31-98
*\$200.00 Offer Good On Combined Purchase Of Air Conditioner & Furnace

Skokie Valley Air Control, Inc.
6310 W. Lincoln Ave., Morton Grove
(847) 967-2200
EMERGENCY SERVICE AVAILABLE
NO OBLIGATION • FREE ESTIMATES • FINANCING AVAILABLE

You want style.
You appreciate beauty.
You want SOLARIAN® FLOORS.
Some things are too important to compromise. Like Solarian floors. The incredible colors, classic patterns, and timeless designs will complement your decor - whether it's country, contemporary, traditional, or retro. And you trust Solarian floors to endure the rigors of an active household and keep on shining. They're beautiful, durable, and easy to maintain. Solarian floors. Always the smart choice.
SOLARIAN BY ARMSTRONG
Certain floor designs copyrighted by Armstrong
KRAFTEX FLOOR CORPORATION
6444 N. Milwaukee Ave. (312) 763-6468
(1/2 Block North of Devon)
HOURS: TUES.-WED.-FRI 9 TO 5
MON. & THURS. 9 TO 8, SAT. 10 TO 3

WINTER HOME IMPROVEMENT

(THE BUGLE NEWSPAPERS)

Commercial & Residential INSTALLATION
New Oak, Maple, Parquet
Floor Sanding - Staining
Finishing - Repairs
Gymnasiums • Industrial

RAYMOND HARDWOOD FLOORING, INC.

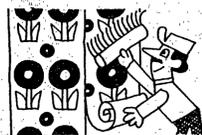
Specializing in
All Laminated Pre-Finished Wood Flooring

FREE ESTIMATES
Serving Chicago & All Suburbs
Fully Insured

RAYMOND HARDWOOD FLOORING, INC.
SHOWROOM:
3020 W. Montrose Ave.
Chicago, IL 60618

Tel: (773) 866-2200
Next Day Service Available

FIX UP



PAINT UP

THIS PAINT FIGHTS GRIME!

Beautiful eggshell finish withstands repeated washings! Ideal for children's rooms, hallways, stairways and other high-use areas.

Scrubable Regal AquaVelvet[®]
LATEX[®] EGGSHELL FINISH

Benjamin Moore PAINTS

Questions & Answers with TOM the "PAINT DOCTOR" WHAT ARE THE CHOICES IN INTERIOR FINISHES?

FLAT - Not shiny at all.
EGGSHELL - Slightly more shine than flat.
PEARL - Slightly less shine than semi gloss.
SEMI GLOSS - Half as shiny as high gloss.

SWENSON PAINT \$4 COUPON
SAVE OFF SWENSON'S REGULAR PRICE

\$4 OFF

EACH GALLON PURCHASED SAVE

SWENSON PAINT \$4 COUPON

SWENSON PAINT
8980 N. MILWAUKEE AVENUE
NILES, ILLINOIS 60714
(847) 299-0158
STORE HOURS
MON.-FRI.: 7 A.M. - 6 P.M.
SATURDAY: 7 A.M. - 5 P.M.

Advantage
PLUMBING & HEATING SUPPLY

HOURS
Mon & Thurs 7:30 - 8pm
Tues & Wed 7:30 - 6pm
Friday 7:30 - 5pm
Saturday 8:00 - 4pm

847 865-4444

7850 N. MILWAUKEE, NILES

DELTA

GREAT PRICES ON DELTA FAUCETS IN STOCK!

MODEL 174-ALWF MODEL 400-WHWF
MODEL 1448-CBLHP MODEL 2530-CBLHP

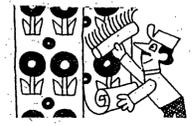
WE CARRY ALL MAJOR BRANDS OF WATER HEATERS

- Kitchens • Vanities • Whirlpools • Baths
- Medicine Cabinets • Hoods • Fans • Heaters

WINTER HOME IMPROVEMENT

(THE BUGLE NEWSPAPERS)

FIX UP



PAINT UP

America's Neighborhood Lawn Care Team

SPRING-GREEN.

LAWN CARE TREE CARE

- FERTILIZING
- CRAB GRASS & WEED CONTROL
- INSECT & DISEASE CONTROL
- CORE CULTIVATION
- DEEP ROOT FEEDING
- TREE SPRAYING
- FREE ESTIMATES

FOR FREE ESTIMATE CALL
(708) 863-6255

MIKE NITTI CEMENT CONTRACTORS
FREE ESTIMATES

Niles, Illinois 60714 (847) 965-6606

We're The Inside guys

Carrier
HEATING & COOLING

GOT A GAS GUZZLER?

Before our Weathermaker High Efficiency Gas Furnace, your only choice was to buy a furnace that used gas more efficiently. With Weather-maker you save on electric costs, too.

NO OBLIGATION - FREE ESTIMATES

\$200⁰⁰ Rebate* EXPIRES 1-31-98

*Not Good In Conjunction With Any Other Offer

FINANCING AVAILABLE

*\$200.00 offer good on purchase of both Heating & Cooling units combined

Shokie Valley Air Control, Inc.
6310 W. Lincoln Ave., Morton Grove
(847) 967-2200

NO WAX LINOLEUM
\$199⁰⁰ Installed

UP TO 12X12 KITCHEN OVER 100 PATTERNS TO CHOOSE FROM

ALL INSTALLATION DONE BY OUR OWN EXPERIENCED INSTALLERS

PERGO or TRAFFIC ZONE
PERGO CERTIFIED INSTALLERS
LAMINATE FLOORING FROM \$2.59 SQ. FT. (SEE SUPPLEMENTARY LISTING)

CARPET SALE!
BRING IN ANYONES PRICE... WE WILL BEAT IT. GUARANTEED!!!

CERAMIC TILE SALE!
GLAZED TILE *14 COLORS* 8" X 8" \$1.15 SQ FT 12" X 12" \$1.29 SQ FT

ALL HARDWOOD FLOORS ON SALE NOW!
WILL BEAT ANY PRICE

VALUE FLOOR COVERING
FAMILY OWNED & OPERATED SINCE 1975
(773) 286-5080
5760 W. Irving Pk., Chicago, IL 60634

Senior Citizen Discount

HOURS:
MON. & THURS. 8:30 AM - 6:30 PM
TUES & WED. 9:30 AM - 7:00 PM
FRI. & SAT. 8:30 AM - 5:00 PM

The Bugle Newspapers

COMMUNITY DIRECTORY

ALUMINUM SIDING

STOP PAINTING!
Cover Your Eaves with
• Aluminum Soffit/Fascia
• Vinyl/Aluminum Siding
• Vinyl Windows
• Storm Windows & Doors
• Aluminum Awnings
• Quality Work
Call for Free Estimate
1-800-303-5688
AMERICAN
HOME EXTERIORS

CONCRETE RESURFACING

Tired of Paying
BIG \$\$ for
Replacing your CONCRETE,
try RESURFACING it with
the **SPRAY-CRETE** method.
Call for a free estimate
FRIEDEL LIEDER INDUSTRIES
(773) 935-1846
(Resep) (312) 746-1813
1 Year Residential Warranty Available

ELECTRICIAN

AIRTIGHT
ELECTRIC SERVICE
ALL TYPES OF
ELECTRICAL WORK
• LICENSED
• INSURED
(847) 965-1010

HANDYMAN

**ROY THE HANDYMAN
AND SON**
"YOU NAME IT-WE DO IT"
Carpentry • Electrical
Plumbing
Painting • Papering
Drywall • Repairs
Basement Design • Finishing
Remodeling Kites & Baths
Animal Repair
FREE ESTIMATES
Over 20 Years Experience
(847) 965-6415

LANDSCAPING

**BRADEN BROS SPRINKLER
SYSTEMS & LANDSCAPE
CONTRACTORS**
COMPLETE LANDSCAPE SERVICE
Design • Installation
Installation Of Retained
Sprinkler Systems
Complete Lawn Maintenance
Free Estimates
847-724-1734
3000 N. LAKE TERR. GLENVIEW

CARPET CLEANING

BERNHARDT
CARPETS & UPHOLSTERY SERVICE
• Pet Odor Removal Guaranteed
• All Ducts
• Oriental Rugs
• Re-Stretching
FULLY INSURED
\$14.50
x Room
(847)
520-8320

To Advertise in
The Bugle Newspapers
**COMMUNITY
DIRECTORY**
Call:
Chuck Cannon
(847) 588-1900

FIREWOOD

**FIREWOOD
UNLIMITED**
JANUARY SPECIAL WITH THIS AD
Mixed Hardwoods \$53 PC
Oak \$55 PC
Cherry, Birch, Hickory Mix \$75 PC
Separated \$90 PC
STACKING AVAILABLE
(800) 303-5150
Credit Cards Accepted Free Delivery

HANDYMAN

**J.R. HANDYMAN
SVC.**
• Plumbing • Electrical • Painting
• Stucco Work • Cement & Brick Work
• Remodel Kitchens & Baths
SMALL JOBS/BIG JOBS
WE DO IT ALL
(847) 674-0371
or (773) 792-3550

LANDSCAPING

**HOLLYWOOD
LANDSCAPE**
Complete lawn maintenance
Sod & Seeding • Power Raking
Spring & Fall Cleanup
Core Aeration • Top Soil • Gravel, etc.
Custom Garden Design & Installation
Phone/Fax: **630-860-8941**
Free Estimates
"Making Your Lawn A Star"

To Advertise in
The Bugle Newspapers
**COMMUNITY
DIRECTORY**
Call:
Chuck Cannon
(847) 588-1900

CONCRETE WORK

MIKE NITTI
CEMENT CONTRACTOR
• Patio Decks
• Driveways
• Sidewalks
FREE ESTIMATES
Licensed
Fully Insured
(847) 965-6606

GARAGE DOORS

Don't Wait Until It's Too Late
Have Your Garage Door Serviced
\$10 OFF with this Coupon
1/2 H.P.
Garage Door
Opener
Limited Time Offer
\$50 OFF installation
Call for Free Estimate
(773) 497-9915
(847) 228-1330

HAULING

- Clean Up Service -
GET RID OF ALL YOUR
CLUTTERED STUFF
WE WILL CLEAN OUT:
• BASEMENTS • GARAGES
• ATTICS • CONCRETE & ASPHALT
WE HAUL AWAY ANYTHING
Call For a Free Estimate
(630) 20 C-L-E-A-N
NO JOB TOO SMALL
HAULING • DEMOLITION SPECIALISTS
COMMERCIAL • RESIDENTIAL • BOBCAT SERVICE

MOVING?

Free Estimates
**MOVING?
CALL**
(630) 668-4110
1 Piece
or Truckload
Ask
for
KEN
ILL C C 39567 MC

CATCH BASINS & SEWERS

**JOHN'S
SEWER
SERVICE**
Oakton & Milwaukee
Niles
(847) 696-0889
Your Neighborhood
Sewer Man

CONTRACTOR

**European
Contractor**
Remodeling & New Construction
Carpentry, All Types
• Brickwork & Tuckpointing
• Glass Block Windows
• Cement Work
• Roofing & Siding
• Gutters & Downspouts
FREE ESTIMATES
Deal With Owner & Save
(847) 803-2414 • (312) 310-0970
Pager: (708) 561-0256
Senior Discount

To Advertise in
The Bugle Newspapers
**COMMUNITY
DIRECTORY**
Call:
Chuck Cannon
(847) 588-1900

HOME IMPROVEMENT

**D & S
CONSTRUCTION
REMODELERS**
• Roofing • Siding • Gutters
• Dormers • Carpentry • Porches
• Replacement Windows & Doors
• Wall & Floor Tiling
• Drywall & Painting
• New Construction
Licensed • Insured
(312) 519-3705
(773) 685-3705

PAINTING & DECORATING

**DESIGN
DECORATING**
• QUALITY PAINTING
• EXPERT PAPER HANGING
• WOOD FINISHING
• PLASTERING
• We vacuum & put furniture back
(847) 205-5613
Call Vee
References Free Estimates

To Advertise in
The Bugle Newspapers
**COMMUNITY
DIRECTORY**
Call:
Chuck Cannon
(847) 588-1900

ELECTRICAL

K.A.K. ELECTRIC
LICENSED • INSURED • BONDED
BATHROOM & CEILING FANS
CIRCUIT SEPARATION
RECESSED LIGHTING
CODE VIOLATION CORRECTION
220 VOLT LINES
COMPLETE SERVICE UPGRADES
(773) 763-7479
(847) 268-4415
(FREE ESTIMATES) • 7 DAYS A WEEK

GUTTERS & DOWNSPOUTS

**GUTTERS REPAIRED
OR REPLACED
WITH NEW**
All Types • Gutter Cleaning
• Owner Does Repair Work
10% OFF THIS MONTH
Helps Prevent Water Damage
Call Gary
(773) 262-7345
Established 1972

HOME REMODELING SERVICE

• CARPENTRY
• CERAMIC TILE
• PORCHES
• DECKS
• ALUMINUM
• PLUMBING • ELECTRICAL
• KITCHENS • BATHROOMS
• REPAIRS
• Quality Work
• Responsible Prices
• ROY MACINTYRE
(773) 792-0275

To Advertise in
The Bugle Newspapers
**COMMUNITY
DIRECTORY**
Call:
Chuck Cannon
(847) 588-1900

The Bugle Newspapers

COMMUNITY DIRECTORY

PAINTING & DECORATING

MARIO J. TONELLI
CUSTOM PAINTING
INTERIOR & EXTERIOR
PLASTERING
PAPER HANGING
WALL WASHING
DRY WALL REPAIRS
A-1 WORK • FREE ESTIMATES
(708) 452-7872

To Advertise in
The Bugle Newspapers
**COMMUNITY
DIRECTORY**
Call:
Chuck Cannon
(847) 588-1900

ROOFING

LEADER Construction
Residential • Commercial
• ROOFING • SHINGLES • TEAR OFFS
• FLAT ROOF RUBBER • GUTTERS
• SOFFITS • FASCIA • WINDOWS • TUCKPOINTING
QUALITY WORK • QUALITY PRICES
FULLY LICENSED • BONDED • INSURED
GET LEADER & SAVE!
CALL JERRY • (847) 967-7864
FAX • (847) 967-7865
DEEPER • (312) 688-4765
We Guarantee
All Work in Writing

SPRINKLERS

**BRADEN BROTHERS SPRINKLER
SYSTEMS INC**
SPECIALISTS IN
Designing & Installation
of RAIN BIRD Sprinkler Systems
• Service & Repair on all Sprinkler Systems
FREE ESTIMATES
(847) 724-1734
3000 N. LAKE TERR. GLENVIEW

TUCKPOINTING

Progressive Contractors
• Tuckpointing
Any Color or Style
• Brick Work
• Building Cleaning
• Chimney
• Glass Block Windows
Free Estimate... Fully Insured
(773) 282-0409
20 Years Satisfied Customers
References Given

PLASTIC COVERS

**MONTCLARE
PLASTIC**
Custom-made plastic covers & slip-
covers. Complete Reupholstering.
Lifetime Guarantee. Any color plastic
available.
Free Estimates
(630) 307-8007
800-734-7864

REUPHOLSTERY

**KITCHEN CHAIRS
RECOVERED**
Also Plastic Arm
Chair Slipcovers
Custom Furniture
Reupholstery
FREE ESTIMATES
• Free Pick-Up & Delivery
• All Workmanship Guaranteed
• Deal Direct With Owner
I Will Not Be Underpaid!
Call Tom O'Leary
(773) 622-9924
Serving Chicago & Suburbs Since 1972

ROOFING

OLYMPIC ROOFING INC.
Industrial, Residential,
Commercial
Hot Tar Roofing - Fiberglass
Tear Offs, New Installation,
Single Ply Roofing, Re-roofing,
Modified Rubber Systems, Sheet
Metal, Quality Work Guaranteed
Licensed, Bonded, Insured
847-647-6998
FREE ESTIMATES • NILES

TILE

TILE SMARY
THE "S" IS FOR SAVINGS
Frank Maggiorani
7344 N. MILWAUKEE AVE., NILES
(847) 588-2500
OPEN TUE. & P.M. THURSDAY

To Advertise in
The Bugle Newspapers
**COMMUNITY
DIRECTORY**
Call:
Chuck Cannon
(847) 588-1900

What are patients looking for in a dental office?

Patients who provide their dentists with honest feedback about their dental visits are valued for the advice they give, says a dental management consultant.

"Dentists constantly are looking for ways they can improve their services or the way they communicate," explains Suzanne Boswell, a management consultant based in Dallas. "Dentists are very concerned about what patients like and what they don't like. They want very much for the patient to be happy when they leave the office."

Ms. Boswell conducts research through focus groups in which patients discuss their experiences in dental offices and describe how they find dentists they trust and consider as having excellent clinical skills. She also makes "undercover patient" visits to dental offices to judge how dentists and staff create a good environment for patient

Super Salty

About 75% of the sodium you eat comes from processed and fast foods—not the salt shaker. Examples: soy sauce (1,590 mg.); canned tomato sauce (1,480); turkey pot pie (1,000); frozen macaroni and cheese (970); fast-food chicken sandwich (900). Recommended daily maximum: 2,400 mg., a little more than what you'd get from just a teaspoon of salt.

care and go about making people feel welcome in the dental office.

"On one occasion, I was hired by a practice to be a mystery patient in order to help the dental team communicate more effectively with patients," says Ms. Boswell. "The materials they had sent me in advance looked great and they were very helpful and friendly on the phone, so every point of contact so far worked well. When I got to the office, I saw that the door, which was painted a light color, had small children's fingerprints all over it. I gave my critique to the doctor and mentioned the door. He walked out to the door and was surprised. He didn't know about the fingerprints because he and his staff always entered and left the office by the back door. He had the door cleaned immediately, but it's possible he could have lost patients because of it. When people see something like that, they assume the rest of the office is dirty too."

Patients, she says, still are very concerned about infection control issues, even though most dentists go to great lengths to make sure their offices use the most recent infection control techniques. The challenge is that patients don't know how to judge clinical cleanliness and they don't want to seem disloyal to the practice, so they use non-clinical criteria to come to their own conclusions.

"We're not necessarily talking

about AIDS, but about other transmittable diseases such as herpes or colds," says Ms. Boswell. "Patients and dentists make judgments in different ways. If patients walk past the staff area and see dirty coffee cups, or mirrors in the bathroom, or spots in the carpet in the waiting room, they will make the leap of judgment that the operator is dirty too, even though this probably isn't the case."

However, Ms. Boswell has found that patients generally do not discuss their fears with the dentist. "They feel uncomfortable and disloyal," she says. "If they do talk about it, they usually speak to the assistant after the doctor leaves the room; that's when they ask the real questions. Staff members then need to relay this information to the dentist, and if they do, the patient's message can get lost in translation. Doctors need to hear it."

**PUBLIC HEARING NOTICE
VILLAGE OF MORTON GROVE
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

A public hearing will be held to obtain citizen input as the initial step in the application preparation process for the 1998 Community Development Block Grant Program.

The Cook County Community Development Block Grant Program will receive approximately \$13,948,200 for Program Year 1998, and these funds will support projects within the following categories:

- Housing, Residential Rehabilitation, and Housing Related Activities
- Economic Development Activities
- Commercial Rehabilitation
- Capital Improvements
- Real Property Acquisition
- Clearance Activities
- Planning Activities
- Public Services Activities

Projects are eligible only if they provide principle benefit to low and moderate income persons or aid in the elimination of slums and blight.

The Morton Grove Department of Community Development has been authorized to conduct the public hearing on: Saturday, January 31, 1998 at 8:30 a.m. in the Board of Trustees Chambers, Richard T. Fleckinger Municipal Center, 6101 Capulina. Residents and organizations are invited to submit proposals for possible inclusion in the Village's Application to Cook County.

Ancient music, dance of Tibet January 18

The monks of the Drepung Loseling Monastery bring their ancient song and dance to the Paramount Arts Centre in Aurora Sunday, Jan. 18, at 3 p.m. The performance is part of the "Sacred Music and Sacred Dance for World Healing" tour that is sponsored by Richard Gere Productions, Inc. and Losel Shedrup Ling, the North American Seat of the Drepung Loseling Monastery, with the blessing of His Holiness the Dalai Lama.

Tickets are \$19.75 and are available at the Paramount box office, at all TicketMaster locations or by calling (630) 896-6666.

The performance is part of a five-day cultural celebration that includes a free sand painting demonstration Thursday, Friday and Saturday, Jan. 15-17, from 9 a.m. to 5 p.m. in the Paramount Arts Centre lobby. Following the performance, a free closing ceremony will be held. During this ceremony, the monks will dismantle their sand painting and sprinkle the sand into the Fox River, so that the healing powers believed to be contained in the sand painting will travel throughout the world.

The Paramount Arts Centre, located at 23 E. Galena Blvd. in Aurora, is a not-for-profit performing arts theater dedicated to bringing quality entertainment at affordable prices to the western suburbs.

CLASSIFIED ADVERTISING

FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME
MEDICAL / HEALTHCARE		PROFESSIONAL OPPORTUNITIES		RETAIL
CNA'S Full and Part Time Certified Nurses Aides Wanted For A Long Term Care Facility. Full Time Positions and Part Time Weekend Positions Available For all 3 Shifts. Applicants Apply in Person. No Appointment Necessary. NORWOOD PARK HOME 6016 N. Nina, Chicago, IL 60631 (nr. Northwest Hwy & Raven by Metra) EOE		WRITER Work for Bugle Newspapers Flexible hours 847-588-1900		RETAIL INVENTORY Looking For Early Morning, Evenings Or Weekend Opportunities To Help Pay Your Holiday Bills? CALL RGIS Inventory Specialists And Help Us Take Physical Inventory In North Suburban Stores \$7.50/Hour - No Experience Necessary Call: (847) 296-3031 EOE
MEDICAL BILLING Expanding fast paced medical billing firm located on North Sheridan Road in Chicago looking for bright, well organized, conscientious person. Medical billing experience required. Must be able to type 50 WPM and have prior computer experience. Benefits include medical plan and paid vacation. Contact Jonnae Topper JDT Medical Billing at (773) 276-4800 or Fax resume to: (773) 271-7624		RESTAURANTS / FOOD SERVICE CATERING Lots of Variety for a Responsible "People Person" with Restaurant Experience. Please Call Jean or Cliff The Wilmette Park District TERRACE RESTAURANT Lake Avenue at Harms Road (847) 256-9627		STORE CLERKS Part Time - Cashiering, Counter Help, Stock, Various Duties. Flexible Hours. Morton Grove. Call: (847) 267-5441 Eves: (847) 459-5445
PROFESSIONAL OPPORTUNITIES SECURITY OFFICERS Full and Part Time Immediate Positions Available in: *EVANSTON *DES PLAINES \$8.00 Per Hour Also Metropolitan Area \$7.20-\$12.00 Per Hour Apply in Person AARGUS SECURITY 4047 W. 40th St., Chicago Mon thru Fri, 8am-4pm or Call Mr. O'Brien (773) 376-6700		• WAITRESSES • HOSTESSES Full-Time or Part-Time Apply in Person: VINCE'S RESTAURANT (Harlem & Lawrence) Or Call: (708) 867-7770		TELEMARKETING No Nights - No Weekends Set Appointments Full & Part Time Salary + Commission (\$11 to \$15) + Benefits Call R. Shanahan (847) 825-8806 x.400 EOE/M/F
RESTAURANTS/ FOOD SERVICE LONE STAR STEAK HOUSE Positions Available Immediately • FULL TIME SERVERS • FULL TIME HOSTS • FULL TIME HOSTESSES BROILERS-DISHWASHERS WAITSTAFF-COOKS BARTENDERS Now Hiring At: 7237 Dempster, Niles (847) 470-1976 LONE STAR STEAKHOUSE SALOON		• NOW HIRING! Bertucci's Brick Oven Pizzeria in Glenview is now seeking enthusiastic individuals for the following full- and part-time positions: FOOD SERVERS HOST/HOSTESS We offer an upbeat environment, competitive wages & benefits that are among the best in the business. Please apply in person at: 1655 Milwaukee Ave. Glenview Or call (847) 296-9660 BERTUCCI'S BRICK OVEN PIZZERIA Equal Opportunity Employer		TELEMARKETERS For New Insurance Agency for Major Insurance Company. Work 3 hrs/wk. Base wage plus bonuses. Advancement opportunities. Will train. Park Ridge location. Call: (847) 384-9050
• HOMEMAKERS • CNA'S This Is Your Opportunity To Lend A Hand To Our Senior Citizens By Helping Them With Their Daily Living Requirements In Their Homes! AND BE PAID FOR IT!! Experience A Plus But Will Train (847) 965-9269 North Cook Suburbs		TELEMARKETING No Nights - No Weekends Set Appointments Full & Part Time Salary + Commission (\$11 to \$15) + Benefits Call R. Shanahan (847) 825-8806 x.400 EOE/M/F		TELEPHONE/ ANSWERING ***** For Answering Service In Des Plaines. Part-Time, Mornings or Afternoons and Weekends. Call (847) 390-1789 *****
HOME HEALTH Immediate openings. Regency Home Health is seeking several part time, fee for service, RN's, to provide home nursing visits. Must have prior home health experience, reliable transportation and be committed to working with the elderly. Contact Sue or Suzanne 847-647-1116 847-647-7746 fax		SELL UNWANTED ITEMS WITH A MISCELLANEOUS FOR SALE AD CALL: 847-588-1900 OUR CLASSIFIED ADS •REACH MORE PEOPLE PER WEEK• •FOR THE LEAST AMOUNT OF DOLLARS!• See how your money can work for you! *2 Insertions Per Week *2 Deadlines Per Week Specials Designed With Your Needs in Mind Call us today for details. Judie (847) 588-1900 Beverly (847) 588-1900 We're always available for your convenience.		CORRECTIONS Each ad is carefully proof read, but errors do occur. If you find an error please notify us immediately. Errors will be rectified by republication. Sorry, but if an error continues after the first publication and we are not notified before the next insertion, the responsibility is yours. In no event shall the liability for the error exceed the cost of the space occupied by the error.
DON'T GET STUCK! GET HELP... LOOK IN THE CLASSIFIEDS!		SERVERS WANTED Full Time Mornings & Evenings OMEGA RESTAURANT (847) 296-7777		SALES/CEMETERY Men/Women Mgmt Trainees. Looking for 3 motivated & hungry people to learn this rewarding business from the ground up. Discipline & honesty a must. Benefits incl'd high commissions, hlt/dent, 401k, bonuses, pd vac., stock ownership. Realistic 1st yr earnings \$30-\$75K. Call Rich: 773-625-3500

CLASSIFIED ADVERTISING

FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME
SALES		TRADES		TRADES
SALES Sell Advertising 2-3 Days a Week For Niles Newspaper. \$80/Day plus Commission Experience Preferred Contact Sally (847) 588-1900		HOUSEKEEPING Work PT hours in your area at your convenience. Catholic Charities seeks caring, reliable people to assist the elderly in their own homes with lite house-keeping chores. Car preferred though not required. \$6/hour + \$2/per client visit towards transportation. Individuals interested in an appointment should call: (312) 655-7178 and leave name, address and phone number. Speak clearly and spell. EOE		DRIVERS Part Time \$8.25-Mini Bus • \$11.40-School Bus No Experience Necessary SEPTAN needs responsible drivers who enjoy children for routes in the Northwest Suburban area. Will train on easy-to-drive, fully automatic school buses, vans & passenger subvans. *3 Hours/Day *Paid Training *10% Performance Bonus *Permitted Drivers start with Higher Pay- *Transportation to & from work for minivan & suburban drivers If you are over 21 with a good driving record & a valid DL for 3 years, Call Today! Seniors Welcome. Drug Screening Required. SEPTAN (847) 392-1464 2161 Foster, Wheeling *****
* SALES * ARMSTRONG DIAMOND CENTERS We are a 110-year-old family owned jeweler dedicated to spoiling the customer. We provided complete training for jewelry enthusiasts willing to work full-time flexible schedules. An attractive compensation package, including medical insurance, 401k plan and opportunity for accelerated compensation, awaits those daring to pursue a career in fine jewelry. For an interview, call: E. Evans (847) 982-1913 *****		TRADES Manufacturing Growing Company 2 miles West of 294 has several opportunities. PRODUCTION SUPERVISORS Three positions, looking for good oriented & positive individuals to increase production & employee moral. 2-5 yrs in Supervision Punch Press, Welding & Metal Fabrication. Bilingual/Spanish a plus. DRAW/HYDRAULIC PRESS OPERATOR One position, 1-3 yrs w/press operating skills. Great sal./bens. incl'd dental. Apply in person, send letter or fax to: H.R. General Fire Extinguisher Corp. 1685 Shermer Rd. Northbrook, IL 60062 Fax: 847-272-7286		Are You Ready For a Change? DRIVERS Full or Part Time City, suburban and route messengers needed. Experience a plus but we will train the right people. Full employee status w/benefits including paid holidays, paid vacation. You must have your own vehicle and insurance. Apply in Person Mon-Fri, 9am-4pm ARROW Messenger Service 1322 W. Walton, Chicago or call (773) 439-5299 or in the suburbs (708) 484-6688
SHIPPING/RECEIVING Arvey Paper & Office Products, a nationwide retailer, is seeking full-time individuals to work at our Niles Store. To qualify you must possess 6 months shipping/receiving experience and the ability to lift 50 pounds. We offer a competitive wage/benefit package and opportunity for growth. If interested apply in person: ARVEY PAPER & OFFICE PRODUCTS 8526 U-Golf Road Niles, IL 60714 equal opportunity employer		CUTTERS Full Time - 2nd Shift Leading manufacturing company has openings for Apparel Cutters. Will Train Apply in Person 8am - 3pm or Fax Resume to: (847) 635-3917 HARTMARX 1680 E. Touhy, Des Plaines 60018 or Call Ann Gordon (847) 635-3900		CEMETERY GROUNDS MAINTENANCE WORK NEAR YOUR AREA! Individual experienced in cemetery field operations and maintenance. Must possess a valid drivers license. Permanent, full time with good wages and benefits. Call Ms. Vendl 1-708-449-6100 CATHOLIC CEMETERIES Archdiocese of Chicago EOE M/F/D/V
WAREHOUSE Full Time Duties include shipping, receiving, and driving. Driver's License and reliable transportation necessary. Located in the Niles area. Call: ADI Medical (847) 647-7699		MORNING CLEANING Prefer 2 Hours - 7 Days/Week Some Lifting. Must be Dependable. Contact Pam or Judy (847) 647-9373		Notice Bugle Newspapers reserves the right at any time to classify all advertisements and to reject any advertising deemed objectionable. We cannot be responsible for verbal statements in conflict with our policies. All Help Wanted ads must specify the nature of the work offered. Bugle Newspapers does not knowingly accept Help Wanted advertising that in any way violates the Human Rights Act. For further information contact the Department of Human Rights, 32 W. Randolph St., Chicago, IL 312-793-6490.
THE BUGLE CLASSIFIEDS are worth more than just a quick glance. Have you taken a good look at our Classified pages lately? You'll be surprised at just how many ads we publish. When it comes to Classifieds, "the more the merrier" is true! More potential buyers...more sellers! More people advertising things for sale...and somehow, we get more people looking! That's the way it works! It takes both buyers and sellers...and we've got them! Buying or selling, the first place to look is in...The Bugle Classifieds! TO PLACE AN AD, CALL (847) 588-1900 THE BUGLE NEWSPAPERS THE NEWSPAPERS THAT DELIVER		WAREHOUSE Full Time Duties include shipping, receiving, and driving. Driver's License and reliable transportation necessary. Located in the Niles area. Call: ADI Medical (847) 647-7699		3 Lines - 5 Papers 12 Dollars! This is a weekly rate - Prepaid. We accept MasterCard or Visa. Stop in to: Bugle Newspapers, 7400 Waukegan Road, Niles or call (847) 588-1900 Ask for Beverly or Judie

CLASSIFIEDS

REAL ESTATE

APTS. FOR RENT

Arlington Hts, 2 br, 1 ba, 1st flr apt w/d & prkg. Near 53/Lk Cook. From \$550. 847-963-0250 C115

Chgo-Cumberland/Foster nr Kennedy Xpr. 4 Bright, cheerful Rms. stove, refrig, new beige cplg, res. pkg, pool. Spottily clean. (708) 453-9042 after 7pm wkdays & all day wknds. C226

Des Plaines 4 room apt - elevator bldg. All app w/d & unit. Balcony, CA. Close to trans. Cable ready - indoor parking. Now available. No pets. 847-647-9400 9-5 wkdays, 847-825-3566-weekends. C1225

Des Plaines 2 br Garden Apt - 416 Laurel - Parking, laundry room facilities. No pets. Only \$650. Call 773-481-5957 C131

Des Plaines 2 bedroom full bsmt, washer/dryer, CAC, 1 1/2 car garage. Nice location. Only \$950.00. Call 847/808-7220 C12120

Des Plaines 4 rm apt elevator bldg, all opps washer/dryer in unit, walk in closets - cable ready - balcony - indoor parking & storage. No pets - Now available 847-647-9400 wkdays - 847-825-3566 weekends. C1225

Lincolnwood - Deluxe 3 br, 2 ba, fr, & Dining room - 2200 sq ft., exint apt. \$1350. Call 847-933-1969 or 847/677-4242 C122

Morton Grove available now. Large 3 br apt in a quiet area - 2 flt bldg lrg 1/2, parking, nr Metro, shops, park \$900.00 847/677-1167 C1220

Mt Prospect 3 br, 1 1/2 ba & 2 br unit. Newly remodeled, hardwood floors, heat ink, balcony. \$875-\$775 847-696-2424 C1220

Mt. Prospect neat 1 br that incl ht & water & balcony w/lake view xint location. \$705 mo. Call 847/952-1541 C115

Mt. Prospect bright deluxe 2 br apt. quiet bldg walk to transportation. No pets. Avail 10/1. 847/818-1666. C1220

Niles - 8 rms, 3 bdr. Ex. Cond. Quiet street. No Pets. \$900. (847)965-7316 Eves. J405

NILES: 2 br, heated, appls, laundry, parking, newly decorated. Excellent location near everything. Call 847/540-6994 C0101

Niles - 7632 N. Milwaukee 1 Bed. \$575-\$600. Parking - Cable Ready (773) 764-0802

APTS. FOR RENT

Niles-Lux & Spa. 1 & 3 br. in bldrs. 4yr, 3unit model. 3br \$1250. 1br. \$800. Avail imm. (708)457-0526

Niles-7351 N. Waukegan. Lg 7 rm, 3 bdr, formal D/R. 1.5 bas. Gar. A/C. laund. Fac. \$950. Call (847) 581-1985 J226

Northbrook Large 1 & 2 br Salem Walk subdivn. - Avail now \$800 inc heat, ckg gas & prkg spc Free credit check Call 847/298-9336 C226

Schiller Park 1 & 2 br apt. Deluxe large sunny rooms, cpd, inc. heat, cooking gas, appl, laundry fac, prkg, cable ready - no pets. \$535 & \$635. Call Nancy 847-678-1457 Code 019 C226

Skokie Deluxe Spacious 2 br apt Cathedral ceilings, large cabinet kit & eating area. Near trans & shops. Laundry, quiet area. Available now. Only \$785 Call 847-744-6397 C227

Skokie 3 br deluxe 1 ba apt with newly remodeled kitchen & bath, new cplg, lr dr close to trans & shopping 9110 Keating only \$1075.00 heat ind. Call 847/677-5029 C219

Skokie - Near Downtown 4 rm - 1 br w/ lr & dr, heat & parking - Avl now 847/679-5426 or call 847/673-8187 C129

Skokie excellent 3 br apt. 1 1/2 b-k, dr & lr - laundry - nr transportation, quiet area, available now. 2 flt bldg. call 847/673-1642 C1220

Skokie deluxe 3 bedroom 2nd flr, living & dining room, kitchen. Nice large sundeck in excellent area. (No pets). \$935 + 2 mo security deposit. 847/673-4110 C1220

Skokie 6 rms, 1st flr xint location & trans. Inc. heat, org, shv, frig. Only \$800.00. Call after 6 p.m. 847/933-9613 C1226

CONDO FOR RENT

Arlington Hts-2BR 2 Full BA-LR-DR-Storage, Lndy, Prkg, pool & club-house-nr shopping & lake. HTG Water, Garbage P.V. Call 847-259-6499 C214

FOR RENT/ STORES & OFFICES

Palatine - Deluxe Offices: 280 sf; \$275.00 560 sf; \$475.00 840sf; \$525.00. Full Special - Flexible lease terms on Palatine Rd. call 847/259-6499 C1225

Niles - 7632 N. Milwaukee 1 Bed. \$575-\$600. Parking - Cable Ready (773) 764-0802

FOR SALE

GOVERNMENT FORECLOSED HOMES From Pennies on \$1 Delinquent Tax, Repo's, REO's Your Area-Toll Free: 1-800-218-9000-Ext. H-4981 For Current Listing

HOUSE FOR RENT

NORRIDGE-HARLEM/IRVING 6 Rms, 3 Bdrms Main flr of house for rent. \$940/mo. John (708) 456-2064 C226

TOWNHOUSE FOR RENT

Wheeling neat 5 rm townhous 2 br 2 ba C/A & stv/frig/dish/ wsh & dry & 1 car garage. Ready to move in. Call aft 4 pm 847/699-8969 C107

VACATION RENTALS

HILTON HEAD DISCOUNT RENTALS Why not get away to beautiful Hilton Head Island, SC? 1BR-6BR ocean villas & homes Toll-free for rental bookings 800-HILTONHEAD = 800-445-8664 J124

WAREHOUSE SPACE TO RENT

WAREHOUSE SPACE - Sublease 1500 sq ft, prime space. Special low rent. Inside/outside docks, free slides/shelving. Off Edens outside Oakton/Dempster. Call Melinda 847-397-9700 J305

MISCELLANEOUS

AUTOS FOR SALE

Buick

LOREN BUICK/HYUNDAI 1620 Waukegan Road, Glenview (708) 729-8900

'88 Ford Aerostar Van. 7 pass. 52K orig. mi. 1 owner. Exc. Cond. \$4,500. (847) 647-9707

CARS FOR \$100-Seized & Sold Locally This Month-Trucks, 4x4, Etc. 1-800-522-2730 - Ext. 2773

Ford - 1989 Aero Star Van 3 door - power windows doors, A/C - AM/FM cassette player/speakers good condition Must Sell Call 847-967-1975 C227

AUTOS FOR SALE

SEIZED CARS From \$175 Porsches, Cadillacs, Chevys, BMW's, Corvettes. Also Jeeps, 4WD's. Your Area. Toll Free: 1-800-218-9000-Ext. A-4981-For Current Listings

BABYSITTER AVAILABLE

Will babysit your child in my Niles Home. Full or Part time. Reasonable rates. (847) 663-1550

FOR SALE

Ten six-piece place settings. White pearl, black pearl block combo. Matching glass & wafnut side tables & two matching six-foot book shelves (847) 679-0103

FURNITURE FOR SALE

Wooden dining room set Table 6 chairs & china. Excellent condition \$450. (847) 470-7948

MODEL HOME FURNITURE

Excess & Unclaimed Sofas, Leathers, Loveseats, Chairs, Tables, Dining Room, Bedroom. Available This Week! (847) 329-4119

GRANTS

FREE CASH GRANTS! College, Scholarships, Business, Medical Bills. Never Repay. Toll Free: 1-800-218-9000-Ext. G4981

PERSONALS

Prayer to Saint Jude in Hopeless and Desperate Situations

Most Holy Apostle St. Jude, faithful friend and servant of Jesus, pray for me who am so despondent. In this hour of great need bring visible and speedy help, for our Lord, in His infinite mercy, has given you this privilege. (Here make your request) I promise you Oh St. Jude to be even mindful of this great favor, honor you as my most powerful patron and tell others of your miracles.

St. Jude has been helping me when no one else could for the past thirty years; He hasn't failed me once. Thank you St. Jude. L.G.

Healthy Women Needed - Excellent Compensation Healthy women 33 and under and with a history of previous pregnancy needed to serve as anonymous egg donors. Donors will be required to take medication, blood screening and undergo minor surgical procedure. Substantial compensation will be given. If interested call ARB, 773-327-7315. Serious inquiries only.

DON'T GET STUCK! GET HELP...LOOK IN THE CLASSIFIEDS!

PERSONALS

St. Jude's Novena May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, helper of the helpless, pray for us. Say this prayer nine times a day, for nine days. On the eighth day, your prayers will be answered. It has never been known to fail. Publication must be promised. Thank you St. Jude.

POWERFUL PRAYER TO THE HOLY SPIRIT

You who solve all problems, who light all roads so that I can obtain my goals, You who give me the divine gift to forgive and to forget all evil against me and that in all instances of my life, you are with me. I want in this short prayer to thank you for all things and to confirm that I never want to be separated from you, even on the night of all mortalities. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say this prayer for 3 consecutive days, without mealting the fever and publish. A favor will be granted. Thank You.

NOVENA TO ST. THERESA

St. Theresa of the Child Jesus and the Holy Face, I come before you to offer this Novena and beg you to answer the request I now place before you (state request). Say 24 "Glory Be's" each followed by "St. Theresa of the child Jesus, pray for us". Say this Novena each day for 9 days starting on the 9th day of the month and ending on the 17 day of the month and promise to spread word of it so others may offer it.

TANNING

WOLF TANNING BEDS TAN AT HOME Buy DIRECT and SAVE! Commercial/Home units from \$1999 Low Monthly Payments FREE Color Catalog Call TODAY 1-800-711-0158

WANTED TO BUY

WANTED WURLITZERS JUKE BOXES ALSO Slot Machines Any Condition 1-630-995-2742 Fax: 1-630-985-5151

OLD ORIENTAL RUGS WANTED

Any Size or Condition 1-800-443-7740

NOTICE

The Bugle Newspapers does its best to screen advertisements for their authenticity and legitimacy. However, we cannot be responsible for all claims, products and services of advertisers.

Our classified ads reach more people per week for the least amount of dollars. We cover the near northern suburbs and the northside of Chicago.

Bank robber . . .

Continued from Page 1
male, 5'10" tall, 170 pounds with ruddy complexion with balding dark brown hair and wearing a black jacket and dark colored pants) as well as that of the getaway car was flashed to neighboring police departments.

Within minutes, Niles police were stopping the offender's vehicle which had crossed into the village of Niles. They took the suspect into custody after recovering approximately \$4,000 and two .22 caliber revolvers.

Unbehaun was remanded by Niles police to the custody of the Morton Grove Police Department, after which he was remanded to the custody of the FBI.

FBI spokesperson Robert Glenn Long praised the Niles Police Department for Unbehaun's capture. "Thanks to their headsup work, this case is solved."

Flash fire . . .

Continued from Page 1
over 50 percent of his body.

Nicholas Milissis, 23, was listed in serious condition with flash burns over 30 percent of his body. Effi Milissis, 49, and George Potakis, 80, were treated in the Lutheran General emergency room and released, according to Cindee Castronovo, a hospital spokeswoman. Potakis apparently was not in the breezeway room at the time of the fire, according to District Chief Ronald Ruehrdanz of the Morton Grove Fire Department.

The cause of the fire is still under investigation, and Ruehrdanz declined to comment on what may have caused the explosion that apparently sent flashes of flame lashing out at occupants of the brick den or family room which was built in the enclosed space between the home and the garage. He did, however, acknowledge that a fireplace was in the room and may have been the source of the flames.

Ruehrdanz explained that a flash fire usually occurs after an explosion of some sort. "Something explodes at you and fire flashes across you," Ruehrdanz said.

As of Jan. 12, the condition of the two injured parties had not changed according to Mike Maggio, director of medical relations at the Loyola Burn Center. Maggio said that burn victims undergo a slower healing process than do trauma patients and it is not unusual that the Milissis' conditions have been upgraded yet.

Maggio explained that critical condition means that a patient is on ventilation assist equipment, while a patient in serious condition is in the intensive care unit but does not require mechanical assistance.

The Loyola Burn Center is one of the largest facilities of its kind in the Midwest, Maggio said.

Library . . .

Continued from Page 1
location was empty and for sale when the Library District leased it at the outset of the renovation project.

"I'm hopeful we'll have an answer [to the lease extension request] this week," Czarniecki said.

Czarniecki attributed the construction delay to bad weather early in the project and problems with subcontractors encountered by the general contractor, Broadway Construction.

Gunshot

Continued from Page 1
around noon Dec. 8.

Foggin was charged with aggravated battery with a firearm and aggravated discharge of a firearm, offenses that carry a minimum prison term of six years with no chance of parole, if he is convicted.

Learn about International Issues

World Religions (PHL 205 001) examines the religions from the ancient Hindus to the new American religions of today. Explore each religion's history as well as its relationship to its host society. The class meets on Fridays from 9-11:50 a.m.

International Relations (PSC 202 010) focuses on current international problems, power politics, American foreign policy and the United Nations. The class meets on Fridays from 9-11:50 a.m.

Students can register for these and other Emeritus winter credit offerings in Room A-100 at the Skokie campus and in Room 1140 at the Des Plaines campus. Those who have registered for Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years and have their correct Social Security number on file may register by the Touch-Tone telephone system at (847) 635-1616.

Tuition is \$37 per credit hour for persons under 60 and \$18.50 per credit hour for persons over 60 who live in-district; \$119.50 per credit hour for persons who do not live in-district. A \$15 registration fee is required for persons under 60 or for those who live out-of-district.

For a brochure listing all of the programs, seminars and tours available, including registration information, call the Emeritus office at (847) 635-1414.

Maine High School students continue ID tag protest

Maine High School students, still angered over the imposition of a school edict requiring them to wear ID badges during school hours, continued their protest Jan. 5 after their Christmas break.

At a meeting of the Board of Education that day, 15 students expressed strong criticism of the ID tag policy citing parental opposition to the policy and presenting a petition with 700 student signatures condemning the policy.

The students repeated their December demand that the Board re-evaluate the policy and rescind it.

The Board, however, did not veer from its plan to have the policy to have a committee evaluate the policy in the spring and then make recommendations to the Board.

Students who submitted the petition said that the policy is causing the problems it was supposed to prevent. Virtually no students favor the policy, which, they said, was causing conflict between students and the teachers.

Money . . .

Continued from Page 1
bonds. That group then repackages the large bonds and sells smaller pieces to corporate and private investors.

The Village of Niles has a credit rating of Aa3, indicating market recognition of sound financial performance over the years.

A prize-winning holiday party



Maine Township Clerk Gary K. Warner presents a prize to Dorothy Miller of Niles during one of the Maine Township Seniors' two holiday luncheons; held at the Crystal Palace, in Des Plaines. The luncheons attracted a total of about 1,000 guests, including many local and state officials. More than 3,800 residents are part of the Maine Township Seniors. To join, you must be at least 65 years old and live in Maine Township. For more information, call Sue Neuschel, Director of Adult & Senior Services, at (847) 297-2510.

Niles cold alert policy

The Village of Niles Cold Alert Plan will take effect when the combination of wind and temperature reaches 35 degrees below zero or when there are three consecutive days where the temperature is below 10 degrees.

This plan is for emergency weather situations, during non-working hours such as evenings and weekends. Cold related problems during business hours such as evenings and weekends. Cold related problems during business hours should be directed to the Code Enforcement Department at (847) 588-8000.

Rental Units: The Village Code states that the overnight temperature must be kept at 60 degrees. If the heat is not working, the tenant must call the property manager/owner and allow them a reasonable amount of time to make repairs or obtain a heating repair service. If the property manager/owner is not available within a reasonable time and you need assistance after business hours, call the Niles Police Department at (847) 588-6500. In an emergency, dial 911.

After business hours, the Police Department will contact Code Enforcement to assess the situation. If the manager/owner cannot be contacted, or if repairs can not be made in a reasonable time, the Village will assist in notification to family or transportation.

Legion Christmas Party a success

The Morton Grove Post #134 of the American Legion traditionally holds a family party at holiday time for its members, the Auxiliary Unit, spouses and significant others and the youngsters. This year's event was under the direction of Post Sr. Vice Cmdr. Tom Williams of Skokie.

Santa Claus, otherwise known as Legionnaire Bob Connelly, visited and had a gift for each kid.

Sheila Schmidt and Donna Hedrick led the group in a Sing Along, and there were instruments for the boys and girls to help them. In addition, the two ladies conducted an arts & crafts session with those in attendance constructing such items as lovely ornaments.

USE THE BUGLE



Jerry's Fruit & Garden Center

7901 N. Milwaukee Avenue • Niles, IL
(Milwaukee & Oakton St.)
Wholesale & Retail • (847) 967-1440
NOT RESPONSIBLE FOR PRINTING ERRORS

Sale Dates
1/15/98 to
1/21/98
HOURS
Mon.-Fri.: 8-10
Sat. 8-8
Sun. 8-8

We reserve the right to
limit quantities!
We gladly accept food stamps

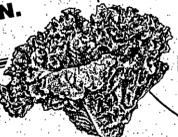
**GARDEN FRESH
BROCCOLI**
39¢ LB.
4-DAY SPECIAL THURS - SUN.



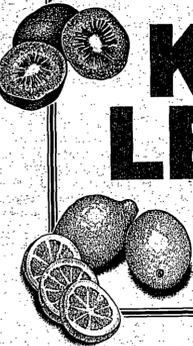

**JUMBO
RED PEPPERS**
59¢ LB.



**EXTRA FANCY
ROMAINE LETTUCE**
49¢ LB.



**EXTRA FANCY
KIWI OR LEMONS**
10¢ EACH



**RED RIPE
WATERMELON**
29¢ LB.
WHOLE ONLY

