

NILES Edition

The Bugle

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Bugle News

VOL. 41, NO. 26

Przybylo responds to library construction controversy

Editor's Note: The following are the unedited comments of Niles Library President Ted Przybylo.

You have invited the Niles Public Library District to respond to recent articles which your newspaper has published concerning the construction project at 6960 Oakton. Our response follows:

Reported: Niles Library officials refused to take calls concerning the extension of the Library's lease at 7400 Caldwell.

Fact: The library's administrator conducted a telephone interview with Bugle reporter Rosemary Tirio and informed her that the library was "very optimistic" about obtaining a lease extension from the A.B. Dick Company. No formal approval, however, had been received from A.B. Dick as of December 9.

Reported: Bugle headline on November 13: "Taxpayer Disaster at Niles Library!"

Fact: Bugle story following this headline: "...the library construction project is still within the \$5.9 million budget." Since when is being under budget a "disaster"?

Reported: "Library project continues to bleed taxpayers."

Continued on page 54

Niles police earn praise for work in carjack probe

by Rosemary Tirio

The Niles Police Department shared the limelight with Chicago and Illinois State police in the investigation of the carjacking and attempted murder that tangled the Edens and Kennedy expressways for two hours Dec. 9.

The three agencies were involved in the early morning crime

that started in the parking lot of a Niles nursing home where the victim, a 65-year-old Skokie grandmother, was employed as a bookkeeper.

Illinois State Police, who patrol the expressways, responded to the scene when Beatrice Ro-

Continued on page 54

Landscaper slain in unincorporated Maine Township

Capping off a week of unprecedented violence in the Bugle-land area, Roman Cruz Velasco, 35, was found dead of multiple stab wounds to the upper body at 7 a.m. Dec. 14 in the 9000 block of Capitol Drive in unincorporated Maine Township.

Cook County Sheriff's Police received a 911 call shortly before 7 a.m. from a resident of the block where Velasco was found.

Velasco lived in Maine town-

ship but not in that immediate

Continued on page 54

Bugle Newspaper Offices To Move

Effective December 24, 1997:

The Bugle Newspapers

7400 Waukegan Road

Niles, IL 60714

847-588-1900

Skokie woman recovering after shooting in Niles carjacking;
Niles man recovering after shooting in neighbor dispute;
Niles man recovering after shooting during burglary

Gun violence causes week of mayhem

by Rosemary Tirio

Oakton burglar released from hospital

Shooting victim remains in critical condition at LGH

Waldemar Idzikowski, 22, of Niles who was arrested by Des Plaines police after he and two accomplices were apprehended during a burglary in the cashier's office of Oakton Community College, 1600 E. Golf Rd., Des Plaines, has been released in stable condition and transferred to the custody of Cook County authorities according to Roberta Horcher, Holy Family Hospital Director of Nursing.

Idzikowski was shot in the right arm by a Des Plaines police officer who was summoned to the scene by a security guard who became suspicious when he heard noises coming from the cashier's

Continued on page 54

Police Public Information Officer Sgt. Roger N. Wilson said that Foglia had problems in the past with other neighbors about the noise he generated in his apartment.

Continued on page 54

Chicago man charged with carjacking

A 27-year-old Chicago man has been charged with the Dec. 9 carjacking and attempted murder of Beatrice Rosenberg of Skokie, the 65-year-old grandmother who was abducted in her Chevrolet Blazer from the parking lot of the Forest Villa Nursing Home, 6840 Touhy Ave., Niles, when she was reporting for work as a bookkeeper between 6 a.m. and 6:30 a.m. Dec. 9.

Frank Tripp, 4950 S. State St., Chicago, was charged late Wednesday with attempted murder, aggravated battery with a handgun, aggravated car jacking and aggravated kidnapping after police received an anonymous

Continued on page 54

Santa and Maine East cheer for Cash Back for Schools



Santa isn't the only one happy at Golf Mill! Maine East cheerleaders attended the Cash Back for School's mid-point presentation of top participating schools...Golf Mill Shopping Center's 4-month contest runs through January 15, 1998. As of November 15, Maine East was third highest, with 19,342 shopping points, of the 20 participating schools and received a check for \$300.

Retirement Research Foundation awards seed grants

Teachers across the nation are turning to volunteers to help in the classroom, and the East Prairie School District in Skokie is no different. Inspired by Madeline Collins, a kindergarten teacher, and Dolores Cooper, a second

grade teacher, a program was launched in 1993 called Partners of East Prairie. What's different about this program is its intergenerational nature. It calls upon older adult volunteers to tutor and mentor students from kindergarten through eighth grade.

With only eight older adults currently enrolled as volunteers for 459 children of diverse ethnic and minority populations, there's room for growth. That's why the East Prairie School Educational Foundation, Skokie, turned to The Retirement Research Foundation for an ENCORE Seed Grant to hire a facilitator to recruit and train 25 older adults for an intergenerational project.

The Senior Center is open to residents of the Village of Niles age 62 and over, and their younger spouses. Niles seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

YARN NEEDED

The Senior Center is requesting any left over yarn or scraps of material (8" x 8" or bigger). Lap robes and shawls are made for veterans at Hines Hospital. Volunteer knitters and crocheters are needed also. If interested, contact Mary Vandepol.

MEN'S EXERCISE INSTRUCTOR NEEDED

The Senior Center is looking for a part-time men's exercise instructor. Interested persons should contact Mary Oleksy at the Senior Center.

S.H.P. APPOINTMENTS AVAILABLE

Senior Health Insurance Program appointments are available. Call and make an appointment if you need help with hospital or doctor bills or information on supplemental insurance.

CARBON MONOXIDE PROGRAM

The carbon monoxide program offers free residential inspections for carbon monoxide emissions and natural gas leaks. Appointments may be made by calling the Senior Center.

INCOME TAX VOLUNTEERS NEEDED

Income tax volunteers are needed to assist seniors in completing simple tax forms in February, March and the beginning of April. A minimum of 4 hours of your time per week is required. Training is provided. For more information, contact Mary Oleksy.

SENIOR CENTER CLOSED FOR HOLIDAYS

The Senior Center will be closed on Thursday, Dec. 25, and Thursday, January 1.

HOLIDAY MOVIE FEST

The Center will have a holiday movie fest on Friday, Dec. 26. The first movie starts at 10:30 a.m. and is *Fly Away Home* and the second movie is *The Man Who Knew Too Much* with James Stewart and Doris Day at 1 p.m. Bring a sack lunch or snacks. Registration is required. FREE!

SPRING CLASS REGISTRATION

Sign up for classes starting on Friday, Jan. 2 at 9 a.m. at the Senior Center. The classes include recreational and educational opportunities. The December/January News and Views has descriptions and details of the classes. You must bring your blue card to register.

DIABETIC SCREENING

Diabetic screening is on Friday, Jan. 9 from 9 a.m. to 11 a.m. If you are a diabetic or just checking to see if you have diabetes, make an appointment to have your blood sugar checked. You must fast 10 to 12 hours, but water is permitted. Hold diabetic medications or any medication that should be taken with food. Cost is \$1. Registration required.

BOOK REVIEW

Book review is on Friday, Jan. 9 at 10 a.m. The featured book is *The Wedding* by Dorothy West. Price of \$1 includes refreshments.

RULES OF THE ROAD

Rules of the Road is Monday, January 12 at 2 p.m. at the Senior Center. The next session is on Monday, February 2. Registration required.

ORGANIZING YOUR PAPERWORK WORKSHOP

Organizing your Paperwork Workshop is on Friday, January 23 from 10 a.m. until noon. You'll make folders and organize your records. Learn what is necessary to keep, and for how long. Price of \$1 includes supplies. The presenter is Jan Steck.

THINK SMART - BE SAFE

The program, Think Smart - Be Safe, will be on Thursday, Jan. 29 at 2 p.m. It is designed to minimize your potential for becoming a crime victim and is presented by the Secretary of State's Office. Registration is required.

PINOCHLE TOURNAMENT

A pinochle tournament is on Friday, Jan. 30 at 1 p.m. with arrival no later than 12:45 p.m. All card players are encouraged to participate in this three handed tournament. Seating will be randomly selected. Price of \$3.50 includes refreshments and prize money. Registration is required.

OVER 90 AND GOLDEN RINGERS SOUGHT

The Niles Senior Center is celebrating Older American's Month in May by honoring our Niles residents who are 90 years of age or older and couples celebrating 50 years of marriage this year (must have been married in 1948). Submit your name, address, and phone number by contacting the Senior Center at (847) 635-1414.

For a brochure listing all of the programs, seminars and tours available, including registration information, call the Emeritus office at (847) 635-1414.

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Holiday Food Buys!

Order Early

LEAN GROUND CHUCK \$1.39 1 LB.

OVEN READY STANDING RIB ROAST

PORK CROWN ROAST

WHOLE BEEF TENDERLOIN

MINELLI'S HOMEMADE ITALIAN SAUSAGE \$2.29 LB. MILD OR HOT

PRODUCE

BABY PEELED CARROTS 99¢ LB.

CELERY 69¢ EACH

FRESH GREEN ONIONS 4 FOR \$1.00

WALNUTS \$1.29

GREEN PEPPERS 79¢ LB.

YELLOW ONIONS 39¢ 3 LB. BAG

ANJOU PEARS 49¢ LB.

COCA COLA REGULAR OR DIET \$1.99 12 PAK 12 OZ CANS

**Imported Italian Specialty Foods
7780 Milwaukee Avenue, Niles
(847) 965-1315**

We reserve the right to limit quantities and correct printing errors.

GROCERY

HILLSHIRE SKINLESS SHANKLESS HAMS

WHOLE	\$2.69
HALF	\$2.89
Brown Sugar Spiral Cut Ham	
WHOLE	\$3.29
HALF	\$3.49

DELI

CARANDO HOT BUTT CAPICOCCA	\$2.89
CARANDO PROSCIUTTO	\$5.98
CHELLINO FRESH RICOTTA	\$1.59
CICCONE PASTA	79¢
HOMEMADE PASTA SAUCE	\$4.49
DA VINCI EGG NOODLES	79¢
CENTRELLA BREAD CRUMBS	79¢
DEAN'S HALF & HALF	39¢
DUTCH FARMS SOUR CREAM	79¢

Closed Christmas Day

Order Early

HILLSHIRE FARMS

Merry Christmas From The Minelli Family

Minelli Bros

Wines & Liquors
IDEAL FOR SERVING AND GIVING

Merry Christmas From The Minelli Family 7780 Milwaukee Ave., Niles

GANCIA ASTI \$7.99 750 ML	DEWAR'S WHITE LABEL SCOTCH \$14.99 750 ML
BISCARDO OR FRIULI PINOT GRIGIO \$8.99 750 ML	LA MARCA MERLOT \$10.99 1.5 LITER
COLTERENZIO CABERNET OR MERLOT \$10.99 750 ML	VEN DANGE OR BERINGER WHITE ZINFANDEL \$4.99 750 ML
BLUE NUM PRODUCT OF GERMANY \$5.99 750 ML	COLUMBIA CREST SEMILLON CHARDONNAY \$7.99 750 ML
MARTINI & ROSSI ASTI 2 FOR \$5.00 187 ML	CANADIAN CLUB OR V.O. \$8.99 750 ML
INGLENOK WHITE ZINFANDEL \$4.99 1.5 LITER	CANADIAN CLUB \$16.99 1.75 LITER
ECCO DOMANI PINOT GRIGIO OR MERLOT \$8.99 750 ML	PICCINI OR PALO TOSCANO CHIANTI \$7.99 750 ML
MONTE FRASCATI SUPERIORE FROM ITALY \$8.99 750 ML	S. ANDREA IN COLLE ESTATE BOTTLED CHIANTI CLASSICO \$10.99 750 ML

Cookie Trays

Fruit/Wine Baskets

Party Trays

Shrimp Trays

Lady Finger Cookies

ABSOLUT VODKA \$14.99 750 ML

SKOL VODKA \$8.99 1.75 LITER

IMPORTED FROM POLAND KROFIEWSKA VODKA \$18.99 750 ML

E&J OR CHRISTIAN BROS BRANDY \$13.99 1.75 LITER

Mascarpone Cheese

Baci Candy

Torrone Candy

Fresh Italian Pastry - Cookies

Panettone

BUWEISER MILLER OR SPECIAL EXPORT \$5.99 12 PKG 12 OZ CANS

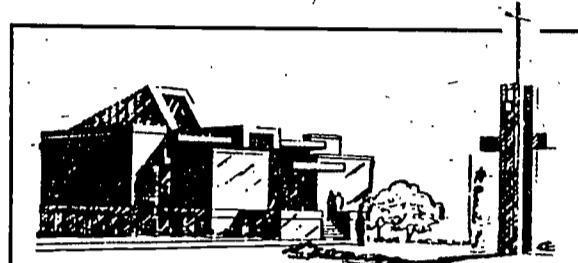
BECKS OR HEINEKEN \$5.99 6-PKG. 12 OZ. BOTTLES

STROH'S BEER \$8.99 30 PKG 12 OZ CAN

OLD MILWAUKEE \$7.99 24 12 OZ CANS



COME LET US ADORE HIM Christmas Services



The Lutheran Church of The Resurrection

8450 N. Shermer Road
Niles, IL 60714
847/965-8210

Dr. Bruce Anderson, Pastor
Carolyn Sanderson, M.M., Minister of Music

**CANDLELIGHT
CHRISTMAS EVE WORSHIP**
7:30 P.M. Wednesday, December 24
with Holy Communion
and
11:00 P.M. with Holy Communion



Messiah Lutheran Church

1605 Vernon Avenue
Park Ridge, Illinois 60068
(847) 823-6984
Rev. Mark Larson - Pastor

One Share the Spirit!

December 21, 1997
Sunday Services
8:30 & 11:00 a.m. Worship Services
9:45 a.m. Sunday School Christmas Program

December 24, 1997
Christmas Eve Services
4:00 p.m.
Family Service with Christmas Carols
11:00 p.m.
Messiah Choir and Candlelight Service

December 25, 1997
Christmas Day Services
10:00 a.m. Christmas Worship Service
with Holy Communion

December 28, 1997
8:30 & 11:00 a.m. Worship Service

12:00 Midnight - Mass of the Shepherds (Pasterka)
and blessing of the creche.
DECEMBER 25

CHRISTMAS - FEAST OF THE NATIVITY
10: a.m. - Holy Mass with Exposition
of the Most Blessed Sacrament
DECEMBER 31 - NEW YEAR'S EVE
6:00 p.m. - Mass of Thanksgiving
JANUARY 1, 1997 - NEW YEAR'S DAY
10:00 a.m. - Holy Mass with Benediction

SUNDAY MASSES at 8:30 a.m. and 11:00 a.m.
DAILY MASS at 8:30 a.m.
School of Christian Living on Sundays at 9:45 a.m.
All are cordially welcome to join us in worship.



All Saints Polish National Catholic Cathedral

9201 W. Higgins Road, Chicago, Illinois 60631
(773) 380-0528

Fr. Rev. Robert M. Nemkovich Pastor
CHRISTMAS EVE - DECEMBER 24

12:00 Midnight - Mass of the Shepherds (Pasterka)
and blessing of the creche.

DECEMBER 25

CHRISTMAS - FEAST OF THE NATIVITY
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DAILY MASS at 8:30 a.m.
School of Christian Living on Sundays at 9:45 a.m.
All are cordially welcome to join us in worship.



Trinity Lutheran Church

5106-52 North La Crosse Avenue
Chicago, Illinois 60630-2431
(773) 545-7201

The Rev. Ivan P. Harris, Pastor
3:00 p.m. December 21, Sunday - Festival Concert,
Handbells, Children's Choir, Chorus, Zora,

CHRISTMAS EVE - DECEMBER 24
4:00 p.m. - Worship Service in Slovak

7:30 p.m. - English Family Worship & Communion

CHRISTMAS DAY - DECEMBER 25

8:30 a.m. - Holy Communion in Slovak

10:00 a.m. - Festival Christmas Holy Communion



Saint Paul Lutheran Church

5650 N. Canfield
Chicago, Illinois 60631
(708) 867-5044

Pastor: Walter P. Schoenfus

Christmas Services at St. Paul Lutheran Church

Christmas Eve

Christmas Eve Family Service 5:00 p.m., Dec 24th
Candlelight Christmas Service 7:00 p.m., Dec 24th
Candlelight Christmas Service with

Holy Communion 11:00 p.m., Dec 24th

Christmas Day

Christmas Service 10:00 a.m., Dec 25th

New Year's Eve Worship Service

with Communion 7:00 p.m., Dec 31st

December 25, 1997

Christmas Day Services

10:00 a.m. Christmas Worship Service
with Holy Communion

December 28, 1997

8:30 & 11:00 a.m. Worship Service

MESSIAH LUTHERAN CHURCH

WELCOMES YOU!
"COME AND WORSHIP"

10:00 p.m.

Christ the Savior is Born!

Jerusalem Evangelical Lutheran Church

8637 Farnell Ave., one block south of Dempster on Farnell

Morton Grove, IL 60795-7340

Christmas Eve: 6:30 p.m. Children's Program

10:00 p.m. Vespers

Christmas Day: 10 a.m. Festival Service

New Year's Eve: 7 p.m., New Year's Day: 10 a.m.

St. Matthew Evangelical Lutheran Church

9081 Maryland Ave., just south of Golf-Mill Mall

Niles, IL 847/827-4360

Christmas Eve: 6:30 p.m. Children's Program

Christmas Day: 10 a.m. Festival Service

Spend Christmas Eve

At

St. Luke's Church!

9233 Shermer Road

(at Shermer & Harlem)

Morton Grove, IL

(847) 966-9233

Reverend Richard M. Wright, Pastor

Christmas Eve Candlelight Service

December 24, at 8:00 p.m.

St. Luke's is fully accessible

COME LET US ADORE HIM Christmas Services



Carter-Westminster United Presbyterian Church

(Presbyterian Church USA)

4950 W. Pratt Avenue, Skokie

Telephone: 847-673-4441

Rev. Kenneth W. Eimer, Interim Pastor

Ms. Patricia Radosavljevic, Organist

CHURCH SCHOOL

9:30 A.M. (Classes for all ages)

SUNDAY WORSHIP at 10:45 A.M.

DECEMBER 24TH at 7:00 P.M.

Christmas Eve Service of Carols and Lessons

DECEMBER 25TH at 11:00 A.M.

Christmas Day Service

Saint John Lutheran Church

7429 Milwaukee Avenue

Niles, Illinois 60714

847/647-9867

Rev. Marvin F. Mueller, Pastor

CHRISTMAS EVE

December 24th at 5:00 and 11:00 p.m.

Candlelight Workshop

Sermon: "Surprised by Christmas"

CHRISTMAS DAY

December 25th at 9:30 a.m. - Festival Worship

with Holy Communion.

Sermon: "Good News for Tough Times"

NEW YEAR'S EVE

December 31st at 7:30 p.m. -

Holy Communion celebrated.

Sermon: "Living: Past-Future-Present"

NOEL

The Parish Church of Saint John Brebeuf

8307 N. Harlem Ave., Niles, IL 60714

(847) 966-8145

Rev. Robert S. Banzin, Pastor

LITURGIES OF CHRISTMAS TIME 1997

Christmas Eve

5:00 P.M., 8:00 P.M. (Mass in Polish) and 10:30 P.M.

Christmas Day

7:30 A.M., 9:00 A.M. and 11:00 A.M.

New Year's Eve 5:00 P.M.

New Year's Day 7:30 A.M. and 10:00 A.M.



St. Isaac Jogues Parish

8149 Golf Road

Niles, Illinois 60714

(847) 967-1060

Rev. Edward Fialkowski, Pastor

CHRISTMAS, 1997

Communal Reconciliation Service

Saturday, December 20, 11 a.m.

Individual Reconciliation

Saturdays, December 13 and 27

11:00 a.m. to 12:00 p.m.

LITURGIES OF CHRISTMAS

Christmas Eve

Wednesday, December 24

4:00 p.m., 6:00 p.m., and 10:30 p.m.

Carols at 10:00 p.m.

Christmas Day

Thursday, December 25

7:30 a.m., 9:00 a.m., 10:30 a.m., 12:00 p.m.

LITURGIES: MARY, MOTHER OF GOD

New Year's Eve

Wednesday, December 31 - 5:00 p.m.

New Year's Day

Thursday, January 1, 1998

9:00 a.m. and 10:30 a.m.

Celebrating 3rd Anniversary of One in Christ Church

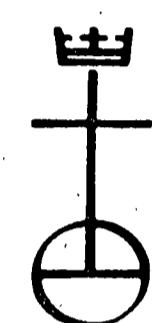
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CHRISTMAS EVE WORSHIP
4:00 P.M.

THURSDAY, DECEMBER 25TH
CHRISTMAS DAY
COMMUNION
10:00 A.M.
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Candlelighting Ceremony
The Sacrament of the Lord's Supper

Eleven o'clock in the evening
Shared with the Hosanna Korean Evangelical Church
Candlelighting Ceremony
The Sacrament of the Lord's Supper

For Information: (847) 967-6921



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Rev. Richard A. Lanford, Pastor

SUNDAY, DECEMBER 21
10:00 a.m. - Worship

Sunday School Play "Are you Coming?"

CHRISTMAS EVE, WEDNESDAY DEC 24th
11:00 p.m. - Worship

Traditional Service of Lessons, Carols,
Communion and Candlelight



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Church Office 773/531-1100

Rev. Stanley J. Zyskowski, Jr., Pastor

DEC. 24TH - CHRISTMAS EVE WORSHIP
7:00 P.M. and 11:30 P.M.

DEC. 25TH - CHRISTMAS DAY WORSHIP
10:00 A.M. (Mass)

SUNDAY WORSHIP

Sunday, Dec. 28, 8:00 and 10:45 A.M.

NEW YEAR'S EVE, Naming of JESUS Worship

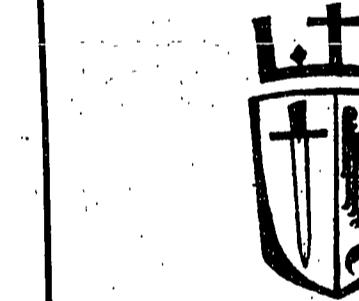
Wednesday, Dec. 31, 7:00 P.M.

NEW YEAR'S DAY, Circumcision of JESUS Worship

Thursday, Jan. 1, 10:00 A.M.

Epiphany of our LORD

Tuesday, Jan. 6 7:00 P.M.



Saint Wenceslaus Church

3656 W. Roscoe St., Chicago, Illinois 60618-5399

773-588-1135

Rev. Eugene Winkowski, Pastor

CHRISTMAS EVE, DECEMBER 24

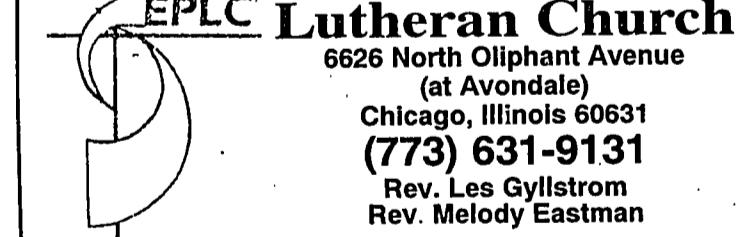
Midnight Mass in Latin, English and Polish. Music by the Archdiocesan Boychoir and the Cantores in Ecclesia Quartet with string ensemble and organ. Works by Victoria, Missa, Magnum Mysterium traditional carols arranged by Wilcocks and Gregorian Chant.

CHRISTMAS DAY, DECEMBER 25

9:00 AM - Mass in English and Latin. Music by the Cantores in Ecclesia Quartet with string ensemble and organ. Works by Victoria, Missa O Mysterio Mysterium, traditional Polish carols and Gregorian Chant.

10:30 AM - Mass in Polish and Latin. Music by the Cantores in Ecclesia Quartet with string ensemble and organ. Works by Victoria, Missa O Mysterio Mysterium, traditional Polish carols and Gregorian Chant.

12:00 PM - Mass in English. Carols with cantor and organ.



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Chicago, Illinois 60631

(773) 631-9131

Rev. Lee Gylstrom

Rev. Melody Eastman

December 21, 1997, 9:45 a.m.

Sunday School Christmas Program

Sunday Worship: 7:30, 8:30, 11:00 a.m.

CHRISTMAS EVE

5:30 p.m. Family Worship for all ages
9:00 and 11:00 p.m. Candlelight Services

CHRISTMAS DAY

10:00 a.m. Festival Worship with Holy Communion
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Rev. Robert J. Burnell, Pastor

Confessions

The Saturdays of Advent 3-3:30 p.m. (Auditorium Chapel)

December 20th
Individual confessions - Small Church

Wednesday, Dec. 17th - 7:30 p.m. (Until all are heard)

(No Confession on Christmas Eve)

CHRISTMAS EVE - DECEMBER 24

4:00 p.m. - Family Mass - Birthday of Jesus

(Preceded by Carols at 3:30 p.m.)

CHRISTMAS DAY - DECEMBER 25

Thursday, December 25th - Masses at 7:00 a.m.,

9:00 a.m., 11:00 a.m.

NEW YEAR'S EVE

Wednesday, December 31, Auditorium Chapel

4:00 p.m. Mass (anticipated)

NEW YEAR'S DAY MASS

Thursday, January 1st Auditorium Chapel

One Mass at 10:00 a.m.

Church and Temple News

Hospice supports grieving children

Whether children are struggling with a loved one's illness or grieving the loss of someone dear, *Families with Children* -- the youth grief support program of Hospice of the North Shore -- can help.

"Youth and Grief," the 10-week support group for kids who've lost a parent through death, will take place 6:30 p.m. - 7:45 p.m., Wednesdays, beginning January 14, 1998.

"Youth Drop-In Group" -- a new support designed for chil-

dren currently experiencing a loved one's serious illness -- will meet 6:30 p.m. - 7:45 p.m. on the second, third and fourth Tuesday of every month, beginning January 13. This support group is open all year to any child on an as-needed basis.

Families with Children also offers individual counseling to preschool through college-age youth and their families. For more information or to register, please call Families with Children at 847-467-7423.

Grand Chanukah Lighting

Grand Chanukah Lighting & Celebration will take place on Tues. Evening Dec. 23, at 6:30 p.m. at "Fountain Square" (corner of Sherman and Davis in Downtown Evanston). Evanston's Civic, Business, and Jewish Communities will come together in order to light the 10 foot Menorah. This year Evanston's Mayor Lorain Morton will offer greetings and help in lighting of the

Menorah. The entire community is invited to the ceremony, when we join together to celebrate the triumph of light over darkness, good over evil, and freedom of conscience over oppression, which it represents. Musical entertainment will be provided. Refreshments will be served. For further information please call 847-869-8060.

Grief support for adults

When people lose a loved one to terminal illness, grief can take hold of their lives. Hospice of the North Shore's Bereavement Department helps ease the grip of grief with winter sessions of three support groups.

The "Evening Adult Grief Support Group" will meet Mondays from 7 p.m. - 9 p.m. beginning January 19 in two different locations: the Lake County office at 118 West Lake Street in Libertyville and the main office at

2821 Central Street in Evanston.

The "Daytime Spouse Grief Support Group" will meet 1 p.m. - 3 p.m., Tuesdays, beginning January 20 at 2821 Central Street in Evanston.

The "Evening Young Spouse Grief Support Group" will meet 7 p.m. - 9 p.m., Mondays, beginning January 19 at 2821 Central Street in Evanston.

For more information or to register, please call the Bereavement Department at 847-467-7423.

OBITUARIES

JACK LUPPINO

Jack Luppino, 90, of Niles, died Monday, November 10. He was born Tuesday, November 13, 1906 in Italy. Beloved husband of Grace (nee Cognata) Luppino. Beloved father of the late Joseph (Carol) Luppino and Edward (Phyllis) Luppino. Grandfather of 5. Services were held November 13 at Our Lady of Ransom Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles. Mr. Luppino was the owner of Jacks Barber Shop in Niles.

MARGARET O'GRADY KUHN

Margaret O'Grady Kuhn, 92, of Niles, died Sunday, November 9 at Holy Family Hospital, Des Plaines. She was born Saturday, February 14, 1905 in Chicago. Beloved wife of the late Nicholas Kuhn. Sister to Marie Dwyer. Aunt of many. Services were held November 12 at St. Julian's Church, Chicago. Arrangements handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

JOHN O'HEATH

John O'Heath, 71, of Niles, died Tuesday, November 11 at Resurrection Medical Center. He was born Friday, April 23, 1926 in Chicago. Beloved husband of Joan (nee Golik) O'Heath. Beloved father of Karen O'Heath and Kathy (Brett) Padjen. Grandfather of Eric Padjen and Scott Padjen. Brother to Joan (late Bob) Michel and Mitch (Betty) Murray. Services were held November 14 at St. Julian's Church, Chicago. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Montrose Cemetery, Chicago.

KENNETH A. GROTH

Kenneth A. Groth, 71, a former 35 year resident of Niles, died Sunday, November 2. He was born Monday, December 21, 1925 in Chicago. Beloved husband of Dorothy (nee Euse) Groth. Cousin of Darrell Feeley and Florence Feeley. Services were held November 5. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Montrose Cemetery, Chicago.

CECILIA MAYPOLE

Cecilia Maypole (nee Brennan), 84, of Niles, died Thursday, November 6 at Holy Family Nursing Home, Des Plaines. She was born Wednesday, April 23, 1913 in Marysville, Kansas. Beloved wife of the late Joseph Maypole. Beloved mother of the late Cecilia Maypole and Patricia (Julio) Rufo. Grandmother of 3. Sister to William Brennan. Services were held November 8 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

MONICA GROTH

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MON-FRI

Women's News

Check menstrual calendar for tooth extraction

Women who use birth control pills are twice as likely to develop dry socket after a tooth extraction, reports the Academy of General Dentistry.

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"Women have a greater chance than men to develop dry socket," says Barbara A. Rich, DDS, FAGD, a spokesperson of the Academy of General Dentistry. "But, for women who take oral contraceptives, their likelihood of developing a dry socket is twice as likely because of their increased estrogen level."

A study recently published in

General Dentistry, the clinical journal of the Academy of General Dentistry, reports that women who take oral contraceptives experienced a 31 percent incidence of dry socket after molar extractions performed in the first 22 days of their menstrual cycle.

Within two to three days after extraction was discontinued, the extraction site tissue began the healing process. For women whose molar extractions were performed on days 23 through 28 of their cycle, no incidence of dry socket occurred.

"Unless there is an emergency, women using birth control should try to schedule their extractions during the last week of their cycle, when estrogen levels are inactive," recommends Dr. Rich. "The healing process can then begin immediately."

Anyone who just had a tooth extracted should avoid drinking through a straw, because the suction will interfere with healthy clotting. "Avoid smoking, which can contaminate the extraction site and excessive mouth rinsing, which may also interfere with blood clotting," says Dr. Rich.

IBM 'Corporate Partner of the Year'



The Chicago Area Chapter of the National Association of Women Business Owners recently announced its Corporate Partner of the Year and Entrepreneurial Partner of the Year awards. Among those recognized were (from left) Kathy McDonald of The Perfect Touch, Chicago, who nominated both winners; Joan Stelmann of IBM, named Corporate Partner of the Year; Diana Valletta of Valletta Associates, Chicago, Entrepreneurial Partner of the Year; Michele Kurlander, president of Chicago NAWBO and a partner with the Chicago law firm of Lindenbaum, Coffman, Kurlander & Briski; and Cindy Burrell of Burrell-Laurent Co., a Northbrook executive search firm and chair of the Chapter's corporate retention committee.

IBM Corp. has been named

"Corporate Partner of the Year," by the Chicago Area Chapter of the National Association of Women Business Owners (NAWBO) - one of the Chapter's most prestigious awards.

At the same time, Diane Valletta, owner of Valletta Associates, a Chicago-based communications firm, was honored as "Entrepreneurial Partner of the

Year."

The awards were announced during the Chicago NAWBO's recent Corporate Partners Breakfast, an annual event designed to recognize contributions made by corporate and entrepreneurial partners throughout the year to NAWBO, locally and nationally, and to women-owned businesses in general.

Prevent baby bottle syndrome

Because the symptoms of baby bottle tooth decay (BBTD) are not easily visible, toddlers are less likely to develop the symptoms when parents are alert to the causes, reports the Academy of General Dentistry, an organization of general dentists dedicated to continuing dental education.

Baby bottle tooth decay (BBTD), also known as baby bottle syndrome, occurs when juice or milk pool in the baby's mouth during sleep. It is characterized by a pattern of tooth decay on the back surfaces of the upper front teeth, making it hard for parents to detect.

Registration fee is \$40 and includes a workbook guide.

For more information or to register, call the Women's Business Development Center at (312) 853-3477. Registration and prepayment are recommended to guarantee space in the workshop.

A recent study shows that 69 percent of the parents who knew about BBTD did not have children with the syndrome, while the remaining parents who did not know about BBTD had children with the affliction. Manuel Cordero, DDS, an Academy spokesperson, says he sees BBTD "all the time," and that dentists should always warn parents that their children are susceptible.

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Women's News

Dermatologist prescribes year-round sun smarts

As winter takes hold, thousands of northerners will be heading south to beaches and pool side resorts to escape old man winter's bitter wind chills, sleet and snow.

They will be yearning for the sun's warming rays and that killer golden tan, even if it may eventually kill them, said Dr. Jeffrey L. Melton, director of dermatologic surgery and cutaneous oncology at Loyola University Medical Center, Maywood, and Loyola's Primary Care Center at Oakbrook Terrace.

Although convincing sun worshippers and vacationers to give up their golden tans entirely is not an easy task, Melton suggests the following "sun-sensible" advice:

- Shield yourself from the strongest sun of the day, between 10 a.m. and 4 p.m.
- Wear protective clothing and stay in the shade as much as possible.
- Apply sunscreen 15 to 30 minutes before stepping outside.
- Wear sunscreen protection year round.
- Step up sun protection if taking over-the-counter and prescription medications that cause phototoxicity.

Fortunately, most Americans who develop skin cancer will have basal cell or squamous cell carcinoma, slow-growing lesions that rarely spread to other organs. Melanoma, the deadliest form of skin cancer, is more frightening, said Melton.

The rate of new melanoma cases is rising faster than any other type of cancer. In 1930, the lifetime odds of developing this deadly tumor were one in 1,500. Today, they are one in 87. About 38,000 cases of melanoma were reported in this country last year - a 12 percent increase from 1995. Melanoma killed approximately 7,300 last year, or approximately one person every hour.

Most disturbing is that these statistics do not seem to be alarming the general public. In fact, 30 percent of parents with children under the age of 13 said their sons and daughters experienced a sunburn last year, and 58 percent under 25 admitted to "actively working on a tan."

Tanning, like sunburn, is the skin's response to cell damage; the faster and deeper the tan, the more likely the permanent damage has occurred.

There is no such thing as a healthy tan. Protecting yourself from the sun's harmful rays will allow for a healthier future," said Melton.

Strong evidence illustrates that tanning today is more dangerous than in the past. Depletion of the earth's ozone layer allows more ultraviolet radiation to filter through. These rays are thought to cause most skin cancers.

During the week and especially in the winter months, most people spend little time in the sun. However, they make up for it on weekends and on week-long trips

Volunteer Orientation

JFK Health World is a not-for-profit, children's health care museum geared for children kindergarten through eighth grade. The museum provides an environment for the children to learn and have fun at the same time while interacting with the exhibits.

Volunteers are an important part of JFK Health World. There are many areas that volunteers help: exhibit floor, demos, educational programs and more. Volunteer orientation will be held on Saturday, January 24, 1998, 10 a.m. - 12:30 p.m. The museum is located at 1301 S. Grove Avenue, Barrington, IL. Individuals interested in receiving more information or to schedule an interview can contact Bonnie Rendi, Director of Volunteers at (847) 842-9100.

"Women, on average, live seven years longer than men and make up 60 percent of the 65-plus population. Older women are more likely than men to be widowed, live alone, live in or near poverty, and have unmet housing, health and income needs," Lindley said.

"Mid-life and older women are also likely to be caregivers, often for disabled parents or spouses, and in a growing number of instances, even for their own grandchildren," Lindley said.

The report states that older women are also more likely to be the victims of elder abuse and neglect, and that older women, on average, spend more on health care than men.

As for health care facts, heart disease is the leading cause of death in older women, followed by cancer (lung and breast, stroke, pneumonia/influenza, lung disease and diabetes).

"Of course, other health concerns impacting women include arthritis, osteoporosis, menopause, urinary incontinence, mental health problems and Alzheimer's disease," Lindley said.

In terms of education and em-

Older women in Illinois

It is different to grow older as a woman than as a man, according to Illinois Department on Aging report highlighting population, health, economic and social characteristics of older women in Illinois.

The report, Older Women in Illinois: The Differences Face, was released by Illinois Department on Aging Director Marlene I. Lindley at the Annual Governor's Conference on Health and Aging, held in Chicago.

"Women, on average, live seven years longer than men and make up 60 percent of the 65-plus population. Older women are more likely than men to be widowed, live alone, live in or near poverty, and have unmet housing, health and income needs," Lindley said.

Copies of the report may be obtained by calling the Illinois Department on Aging's Senior Help-Line at 1 (800) 252-8966 (Voice and TTY).

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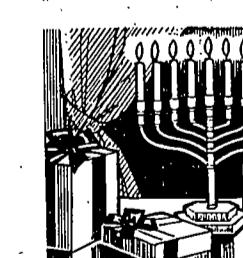
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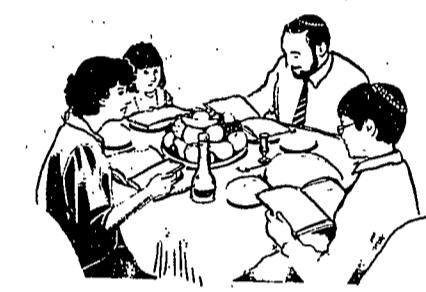
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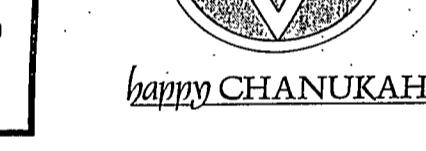
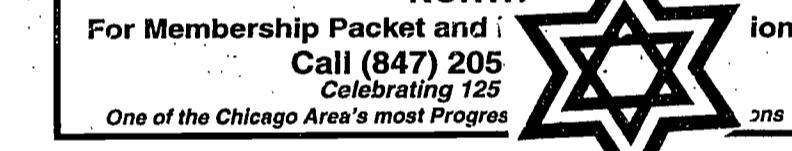
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Dennis Feinberg - President
<http://scohn/condor.depaul.edu/NTJC.html>

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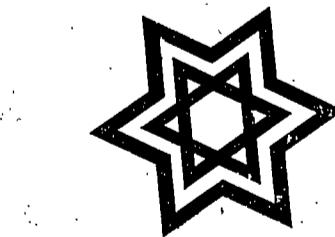
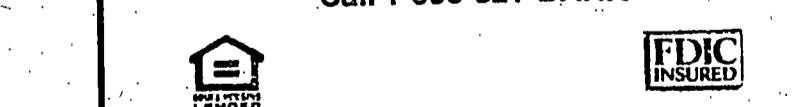
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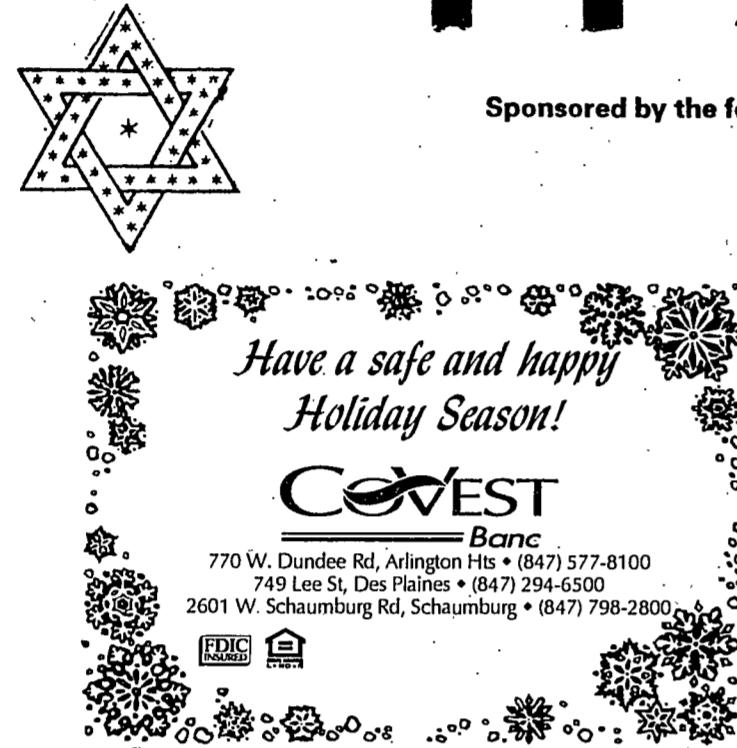
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Have a safe and happy
Holiday Season!

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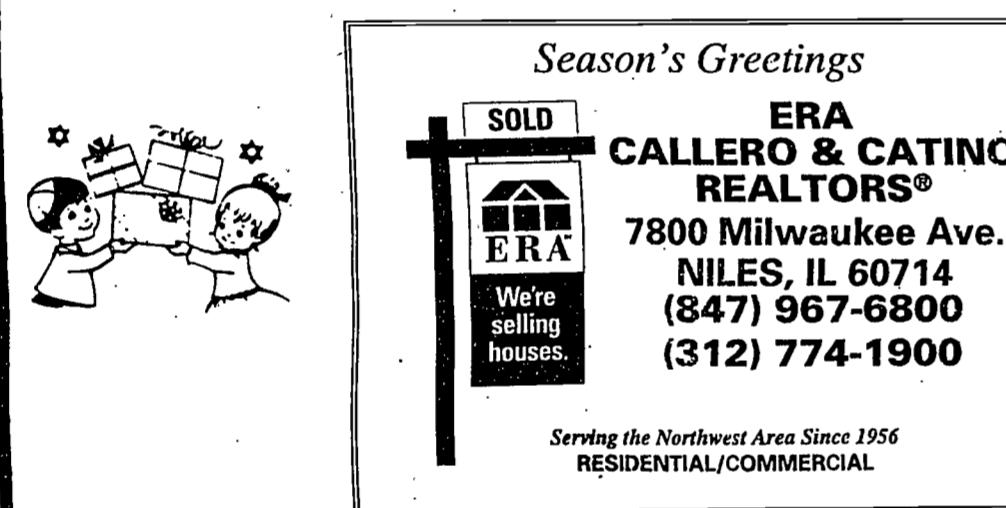


Season's Greetings

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Best Wishes for
CHANUKAH

Season's
Greetings

COLE TAYLOR BANK
The Relationship Builders

4400 W. Oakton St.
Skokie, IL
773-927-7000

Golf Rd. & Skokie Blvd.
(across from Old Orchard Center)
Skokie, IL
773-927-7000

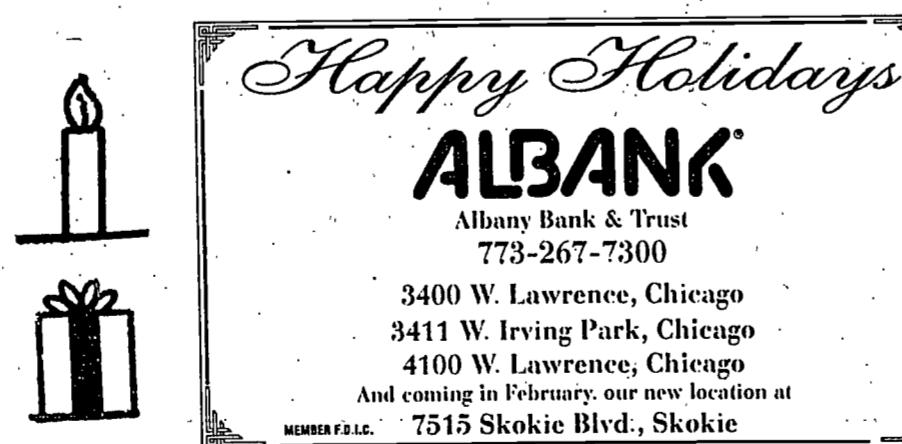


Happy Holidays

LaSalle
THE BANK THAT WORKS™



The Bugle
Publications
8746 N. Shermer Road
Niles
(847) 966-3900



Happy Holidays
ALBANK

Albany Bank & Trust
773-267-7300

3400 W. Lawrence, Chicago
3411 W. Irving Park, Chicago
4100 W. Lawrence, Chicago
And coming in February: our new location at
7515 Skokie Blvd., Skokie



Community Calendar

ENTERTAINMENT

Sun., December 21

Orchestra Concert

Time: 3:00 p.m.
Place: The Copernicus Center,
5216 West Lawrence Avenue,
Chicago

Tickets are available at \$12
Adults, \$8 Students and Senior
Citizens and \$5 for children un-
der 12.
Further information can be ob-
tained by calling: (312) 341-
1521.

Kosher Demonstration

Chabad House of the Loop &
Lincoln Park will hold a Kosher
Demonstration at Whole Foods
Market, 1000 W. North Ave.,
Sunday, Dec. 21 between
11:30 a.m. and 6:30 p.m.
Come and sample the Health
Benefits and Mystical Proper-
ties of Kosher Cuisine. Call
(312) 427-7770 for more infor-
mation.

Through Jan. 2

"INTERNATIONAL HOLIDAY CELEBRATION"

The Sears Tower Skydeck will
ring in the 1997 holiday season
by hosting an "International
Holiday Celebration" through
January 2. Approximately nine

countries will be represented at
the Sears Tower by decorative
windows displays located on
Lower Level Two of the Sky-
deck attraction. On display will
be either holiday items or sea-
sonal artifacts; representative
of each of the countries tradi-
tions. Good of Saint Nick him-
self, will be on hand for story-
telling from 11 a.m.-5 p.m. on
weekends through December
21. The Skydeck is open seven
days a week from 9 a.m. till 10
p.m. Special holiday hours are
... Christmas Eve and New
Year's Eve from 9 a.m. till 6
p.m. and Christmas Day and
New Year's Day from 9 a.m. till 6
p.m. for further information,
please contact Jill Goldsberry at
(312) 875-3679.

Tues Dec 23

Slide Program

"Art Insights" slide program, 2
p.m., on Tues. Dec. 23, at the
Norwood Park Home (NPH),
6016 N. Nina Ave., Chicago.
Learn about early acquisitions
and collection building at the
Art Institute of Chicago. Fee is
\$5 per person, and refresh-
ments will be served. For
more information or to make a
reservation, call Lisa Farrell,
NPH Director of Activities, at
(773) 631-4856.

Thur., Dec. 25

TASTE THE SOUP

The Yiddish Arts Ensemble in-
vites you to "Taste The Soup,"
on December 25! While Jewish
cooking is legendary, this par-
ticular "meal" serves up a
whole buffet of Jewish humor
set to lively klezmer music, per-
formed by The Maxwell Street
Klezmer Band. "Taste The
Soup" will be performed at 3
p.m. on December 25 only, at
Beth Hillel Congregation, 3220
Big Tree Lane, Wilmette. Tick-
ets are: Adults, \$8.50 in ad-
vance, \$10 at the door, and

children, \$5 in advance or at
the door. For reservations and
information, call: 847-256-
0755.

Dec. 26-31

RAMSEY LEWIS

Chicago's own Grammy
Award-winner Ramsey Lewis
will be "Home For The Hol-
days" again this year at the Ex-
ecutive Plaza Hotel, 71 E.

Wacker Dr., with his annual
holiday series of nightly jazz
concerts beginning Dec. 26,
and continuing through Dec.
31, New Year's Eve. Perform-
ances will be at: Friday, Dec.
26, 8 p.m. & 10:30 p.m.; Saturday,
Dec. 27, 8 p.m. & 10:30
p.m.; Sunday, Dec. 28, 8 p.m.;
Monday, Dec. 29, 8 p.m.; Tues-
day, Dec. 30, 8 p.m.; Wednesday,
Dec. 31, 8 p.m. & 10:30 p.m.

Thru Jan. 2

Asthma and Allergies

Children's Memorial Hospital
will present a free program for
parents, entitled "Managing
Your Child's Asthma and Aller-
gies" on Thursday, January 8,

from 7 to 8:30 p.m. at Glen-
brook Hospital, 2150 Pfingsten
Road in Glenview. The pro-
gram is free to the public, but
registration is required. To re-
serve space, call 1-800-KIDS
DOC.

Violinist

The Northbrook Symphony Or-
chestra will feature "one of the
great living exponents of Ro-
mantic violin music" (New York
Times), Aaron Rosand, Sun-
day, December 21. The NSO
will continue to present their
Pre-Concert Discussion Series
at 2:30 p.m. (prior to the con-
cert). The December 21 con-
cert will be held at the Norman
E. Watson Auditorium at Glen-
brook South High School, 4000
West Lake Ave., Glenview. The
concerts begin at 4 p.m. Ticket
prices are \$23 and \$18 for
adults, and \$5 for children
and students in the mezzanine.
There is plenty of free parking
to the north and west of the
school. The theater is handi-
capped accessible. Contact
Person - Ms. J. C. Wacholz -
Phone (847) 272-0755.

NUTCRACKER ON REAL ICE

"Nutcracker on Ice" continues
at Drury Lane Theatre through
Sunday, Jan. 11, 1998. Perform-
ances are most weekdays at
10:30 a.m. and selected Satur-

days and Sundays at noon.
Due to Thanksgiving, Christ-
mas and the New Year's hol-
days show dates should be
verified by phoning the box of-
fice. Tickets are \$5.50 week-
days; Saturdays & Sundays
children are \$6.50; adults
\$7.50. Phone 708-422-0404 to
order. Group discounts for 20
or more are available.

MEETING

Mon Dec 22

Des Plaines Camera Club

The Des Plaines Camera
Club will hold its inter-club
Monthly Slide and Print Com-
petition on Mon, Dec 22 at 7:30
p.m. The Club meets at the
Prairie Lakes Community Center
in the Prairie Room. The
Center is located at 515 Thacker
in Des Plaines. The Des
Plaines Camera Club meets
twice monthly on the second

and fourth Mon, Sep through
May at 7:30 p.m. Refresh-
ments are served between the
business meeting and competi-

tion.

SINGLES

Wed., Dec. 31

St. Peter's Singles Club

All singles over 45 are invited
to the following dinner/dance.
The St. Peter's Singles New
Year's Eve Dinner/Dance will
be held on Dec. 31 at 7:30 p.m.
Continued on Page 20

HEALTH

Thur Jan 8

Business Hours

Mon-Fri 11:30AM-5:30PM

5:30PM-10:00PM

Sat. 11:30AM-10:00PM

Sun. 5:30PM-10:00PM

SHINJUKU Sushi
& JAPANESE RESTAURANT Makimono

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OFFER EXPIRES 12-30-97

Business Hours	Carry Out	Shinjuku Japanese Restaurant
Mon-Fri 11:30AM-5:30PM	D Menard	Menard
5:30PM-10:00PM	P Austin	Austin
Sat. 11:30AM-10:00PM	L Wilkeson	Wilkeson
Sun. 5:30PM-10:00PM	M Dempster	Dempster
	(847) 583-8282	
	5711 W. Dempster	
	Morton Grove, IL 60053	



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7201 N. Caldwell, Niles, IL 60714

(847) 588-1500

3233 N. Broadway, Chicago, Illinois 60657 (773) 327-2060

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930 W. Belmont, Chicago, Illinois 60657 (773) 404-7901

DEPARTMENT OF CODE ENFORCEMENT

Village of Niles

"Where People Count"

November 4, 1997

Mr. Dimitrius Bertses

Niles Grill

8850 Milwaukee Ave.

Niles, IL, 60714

Dear Mr. Bertses:

I wish to take a moment to commend you and your staff for maintaining one

of Niles top notch eating establishments. The procedures for food handling

at your facility follows the highest standards required by the Illinois Food

Service Inspection Code.

I truly appreciate the cooperation and sincerity that you and your staff have

shown with regard to safe food handling practices during my tenure with the

Village.

Thank you for operating your store in Niles with quality and dedication!

Your restaurant is one of Niles best kept secrets!

Sincerely,

Dwight E. Roepenack

Dwight E. Roepenack, LEHP

Health & License Officer

DER:kdf

Falcon Travel Bureau, Inc.
serving Chicago area since 1967

YOUR NEIGHBORHOOD VACATION SPECIALIST OFFERS YOU

Community Calendar

SINGLES

Continued from Page 17
Fri., Dec. 19
AWARE SINGLES DANCE

The Aware Singles Group & the Chicagoland Singles Assn. invite all singles to a Super Dance at 8 p.m. at the Nordic Hills Resort, Rte. 53 and Nordic Road, Itasca. DJ music will be provided. Admission is \$8. For more information, call Aware, 847-632-9600.

Dec. 19 & 20

ST. PETER'S SINGLES CLUB

All singles over 45 invited to these dances. Fri., Dec. 19 at 8:45 p.m. at Tivoli Gardens, 3258 N. Harlem, Sat., Dec. 20 at Golden Flame, 6417 Higgins at 8:45 p.m. Cost \$6. Live bands. Tie and Coat required.

Sat., Dec. 20

Twenty Plus Singles Connection

Twenty Plus Singles Connection a club for singles in their 20's and 30's will hold a Dinner at 8:30 p.m. get together, Saturday, December 20th at the Olive Garden, 701 N. Milwaukee, Vernon Hills, 8 p.m., followed by Lights Festival. \$20. RSVP requested. For directions and/or more information (847) 296-0004 or (847) 623-4868.

Sun. Dec 21

Good Time Charley

There will be a Good Time Charley Super Christmas Singles Dance at 8 p.m. on Friday, December 19, 1997 at the Sabre Complex, 8900 W. Live Oak Street, Hickory Hills, IL. Women are encouraged to wear red and green. Woman who looks most Christmasy will win a valuable watch and 3 additional watches to be given away. All singles are invited. Admission is \$5. For more information call 708-445-4450.

N.S. Shabbat Singles

North Suburban Shabbat Singles (ages 35+) will meet December 19, at Temple Jeremiah, 937 Happ Rd., Northfield. Services at 8:00 p.m. followed by an Oneg Shabbat. For information, call (773) 761-6862.

GEORGIA NUT CO.
HAPPY HOLIDAY

WISHES YOU

CHRISTMAS CANDY
 WE SHIP U.P.S.
 STOCKING STUFFERS
Georgia's
 GEORGIA NUT COMPANY Established 1945
 QUALITY NUTS & CANDIES
 GIFT TINS
 HOLIDAY GIFT PACKS
 SUGAR FREE HARD CANDY
 RAW NUTS
 VISA & MASTERCARD
 BAKING NEEDS
 SUGAR FREE CHOCOLATES
 DRIED FRUIT
 CHOCOLATE CREAMS

Winter Hours
 Monday Thru Friday 7:00 AM - 6:00 PM
 Saturday: 9:00 AM - 3:00 PM
 CLOSED SUNDAY

Visit Our Retail Store
 Present Checks Accepted
7500 Linden - Skokie
 (Between Touhy & Reward on Linden)
 (847) 677-NUTS Accepting Phone Orders

December 20, 1997 at Killarney Castle, 8055 W 103rd St., Palos Hills, IL. 19th Color TV drawing. Ladies in FREE before 8:30 p.m... All singles are invited. Admission is \$5. For more information call 708-445-4450.

CHICAGO METRO SINGLES

The Chicago Metro Singles invite all singles to a dance at 8 p.m. at the Barn of Barrington Restaurant, 1415 S. Barrington Rd., Barrington. There will be DJ dance music. Admission of \$7 includes a buffet. For more information, call 708-216-9799. Chicago Metro Singles is a non-profit organization.

Thurs., Dec. 25

39+ Jewish Singles

A Holiday Dinner will be held Combined Club singles dance at 8 p.m. at the Sheraton Gateway Suites O'Hare, 6501 N. Mannheim Rd., Rosemont. DJ music will be provided. Admission will be \$6. The event is co-sponsored by the Northwest Singles Assn., Young Suburban Singles, & Singles & Co.

For more information call 708-209-2066. All of the sponsoring groups are non-profit organizations.

Sun Dec 21

Good Time Charley

T.G.I.S. Singles will have a dance at 8 p.m. on Saturday,

Singles Dance with Free Buffet at 8 p.m. on Sun. Dec 21, 1997 at BG Fellows, 5055 W. 111th St., Alsip, IL. All singles are invited. For more information call 708-445-4450.

NORTHWEST SUBURBAN SINGLES

The Northwest Suburban Singles invite all singles to a dance at 7 p.m. at the Barn of Barrington Restaurant, 1415 S. Barrington Rd., Barrington. Admission is \$6 which includes a buffet. For more information, call 708-786-8688. The Northwest Suburban Singles is a non-profit organization.

Fri., Dec. 26

Combined Club Singles Dance

The Chicagoland Singles Association and The Aware Singles Group invite all singles to a Super Dance at 8 p.m. on Friday, December 26, at the Hyatt Regency Oak Brook, 1909 Spring Road, Oak Brook. DJ music will be provided. Admission is \$8. For more information, call (773) 545-1515.

The Chicagoland Singles Assn. is a non-profit organization.

Niles North perform at senior concert

Area senior citizens were recently treated to a special holiday concert by the Niles North High School Music Department. Offered in cooperation with the Skokie Office of Human Services, this event provided the appreciative audience an opportunity to hear students such as Anna Ausmanoff of Morton Grove, shown here playing a flute solo during "Concerto for Flute and String Orchestra," perform a variety of music. The Niles North Chorale, Symphonic String Orchestra and Symphonic Wind Ensemble were featured at this festive event.

Fri., Dec. 26

Chicagoland Singles Dance

The Chicagoland Singles Association and The Aware Singles Group invite all singles to a Super Dance at 8 p.m. on Friday, December 26, at the Hyatt Regency Oak Brook, 1909 Spring Road, Oak Brook. DJ music will be provided. Admission is \$8. For more information, call (773) 545-1515.

The Chicagoland Singles Assn. is a non-profit organization.

The Bugle's

LAST MINUTE HOLIDAY GIFT IDEAS



DON'T FORGET TO CHECK THE BUGLE'S GIFT GUIDE FOR YOUR LAST MINUTE HOLIDAY GIFT IDEAS

WORLD WRESTLING FEDERATION presents
LIVE AT ROSEMONT HORIZON
FRIDAY, DEC. 26, 8PM

GREAT STOCKING STUFFER!

CHAMPION Shawn Michaels vs. Undertaker

No Disqualifications Match

Stone Cold Steve Austin & Dude Love vs. Rocky Maivia & Faarooq

Ken Shamrock vs. HHH with Chyna

TICKETS AS LOW AS \$12

Tickets are available at the ROSEMONT HORIZON BOX OFFICE all **WWE** outlets

CHARGE-BY-PHONE: 312-559-1212.

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HOLIDAY GIFT GUIDE

A remedy for holiday blues

Got the holiday blues? Here's a quick remedy from the writings of L. Ron Hubbard:

"Force yourself to smile and you'll soon stop frowning."

"Force yourself to laugh and you'll soon find something to laugh about."

"Wax enthusiastic and you will soon feel so."

"A being causes his own feelings."

"The greatest joy there is in life is creating."

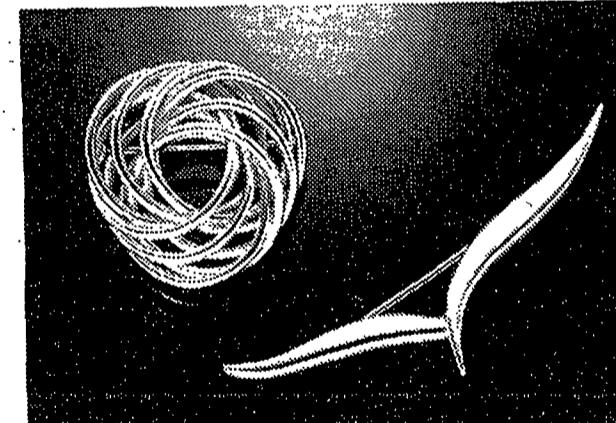
"Splurge on it!"

May this be a most joyous season for you and yours.

"Allocate adequate time. Try-



**Christmas gifts
worth dashing through
the snow for**



To make her holiday a truly special one, get on your sleigh and bring her an elegant 14 karat gold brooch from Ballou.

**MELENDY
& WILSON
JEWELERS**

151 N. Northwest Hwy. Park Ridge, IL 60068
847-825-1550

Stress-Relievers for holiday shoppers

How can you withstand the rigors of holiday shopping with your smile and joyous spirit intact?

"Take rest breaks. This year, Woodfield has installed a Relaxation Station in its Holiday Service Center, with comfortable chairs, a massage chair from Sharper Image, exercise equipment from Brookstone and HealthRider, and for a few hours on the weekends, professional masseurs from The Great American BackRub. Located on the upper level JCPenney wing, the "Relaxation Station" is next to other conveniences, like strollers and wheelchair rentals, lockers, coat checks and gift wrap.

"Allocate adequate time. Try-

ing to get significant shopping done in one-hour increments can be very stressful. After you've made the first trip to take the children to see Santa, leave them at home if you must do serious shopping. Give yourself time to three hours at a time. Even if it means doing your shopping late in the evening, you can be more relaxed.

"Wear a lighter-weight coat or lock your heavy coat in the car trunk. Some centers, like Woodfield, offer lockers and free holiday coat checks. Even though it may add a bit more time to your trip to check and then retrieve your coat, the extra energy you have will be worth it."

"Take a package-unloading break. After you've purchased enough gifts to make movement cumbersome, either check what you've purchased or make a trip to the car to load gifts in the trunk. Don't leave any items exposed in your car at any time."

"Take frequent water breaks. It can be warm and dry inside all Chicagoland buildings, especially as the weather is colder."

"This point may be obvious - but wear comfortable, cushy shoes. After three hours of walking, extra padding in the sole will be welcome."

"Splurge on valet parking, if you can. At the end of a long shopping day, when you're apt to be loaded down and even while taking these tips, a bit worn out, you'll be glad you spent the \$5. Just remember the entrance you came in. At Woodfield, for example, there will be valet parking at

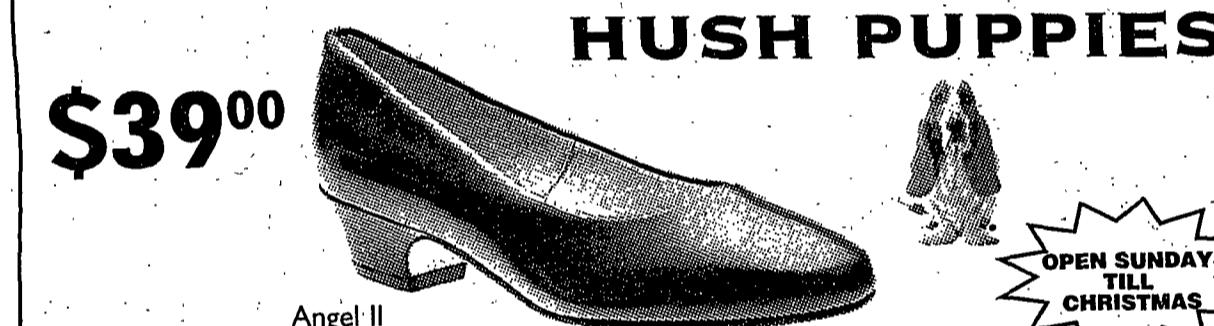
four or five entrances."

"Bring a few heavy-duty plastic lawn and garden bags with you and use them when you get home to carry gifts into the house. This will make unloading the presents easier and also hide the gifts from prying eyes."

An entertaining gift

"North American Martyrs, the Knights of Columbus, are again selling "Entertainment Books" for 1997-98. This year's book has again expanded and offers the user more savings than ever. We can order special edition books for almost every metropolitan area in the U.S. Each costs \$35.

"For more information and/or to order the book, please contact Ken Lee (847) 967-6234. If you live in the area, we'll deliver."



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Quality Close-outs at Amazing Prices



1998
Year-In-A-Box
Retail Price \$12.95

Amazing Prices \$1.99
Everyday



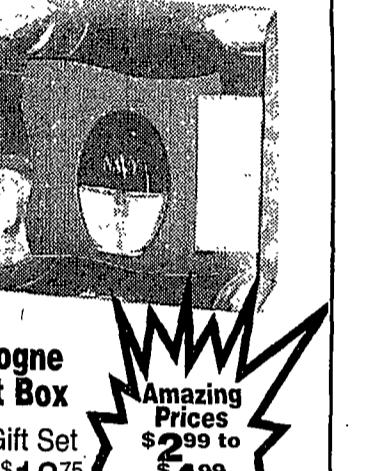
Holiday Barbie™
Collectable Ornament
Retail Price \$4.99 to \$6.00

Amazing Prices \$1.99
Everyday



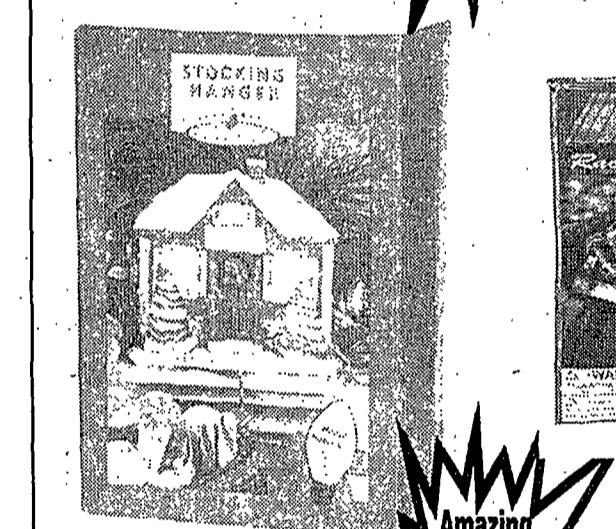
Disney's Mickey
& Minnie
Playcase Tiny
Collection™ by
Mattel®
Retail Price \$12.95

Amazing Prices \$2.99
Everyday



Navy Cologne
Spray Gift Box
or 2 Piece Gift Set
Retail Price \$18.75

Amazing Prices \$2.99
Everyday



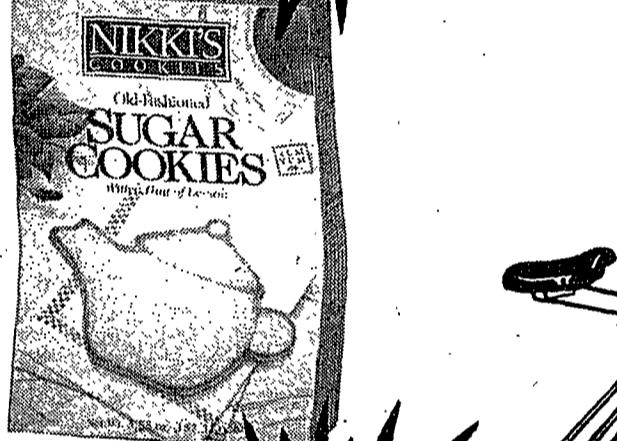
Holiday House
Stocking Hanger by
Hallmark
House Lights Up!
Retail Price \$12.95

Amazing Prices \$4.99
Everyday



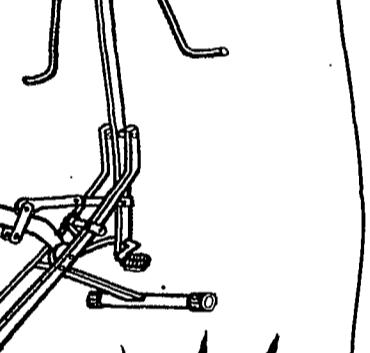
Mega Speedway™
Racing Set
4 Racing Cars &
9 Feet of
Racing Track
Retail Price \$19.99

Amazing Prices \$10.99
Everyday



Nikki's Old-
Fashioned
Sugar Cookies
Yummy Cookies in
Shape of Teapot
Retail Price \$1.99

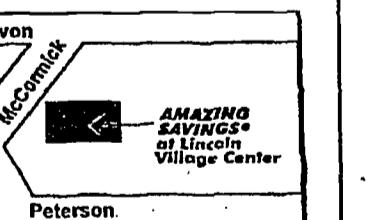
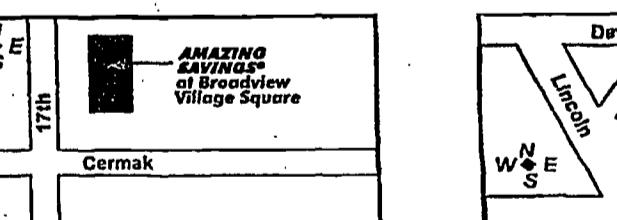
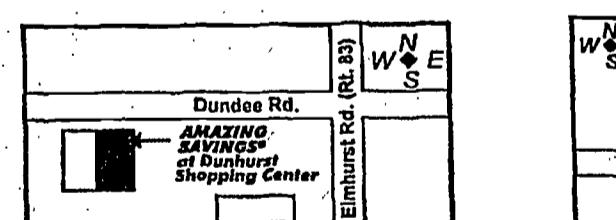
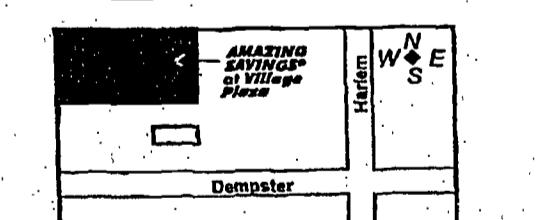
Amazing Prices 59¢
Everyday



Bio Gear Folding
Gravity Rider by
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Extended Holiday Shopping Hours: Monday-Saturday 8-10pm • Sunday 10-8pm

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New York Chicago Detroit Baltimore Miami Cleveland

HOLIDAY GIFT GUIDE

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Package Includes: Amp, Gig Bag, Strap & Cord

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Holiday savings come with the gift of golf from the ALAMC

The holidays are a great time to think about golf according to the American Lung Association of Metropolitan Chicago (ALAMC). The lung association makes gift giving this holiday season easy with a special holiday offer on its 1998 Golf Privilege Card. The first card for \$35 and get \$5 off each additional card purchased at the same time. This offer is good only through December 31.

The American Lung Association Golf Privilege Card is good for free or reduced greens fees at more than 185 courses throughout Illinois. Among the Chicago area courses honoring the card are the Lake Park Golf Course, Rolling Knolls Country Club, Fresh Meadow Golf Course, Silver Lake Country Club, Palatine Hills Golf Course, Deer Creek Golf Club and Streamwood Oaks Golf Club.

The card can also be used for PGA golf lessons offered throughout the city and suburbs. Four lessons for the cost of three or \$5 off a single lesson.

Proceeds from the American Lung Association Golf Privilege Card benefit the fight against lung disease, the nation's third leading cause of death and disability.

By purchasing a Golf Privilege Card, you are helping millions of children and adults who suffer from lung disease research, advocacy and education programs. These include a camp for severely asthmatic children, clean air initiatives to reduce air pollution and research on respiratory distress syndrome, a killer of newborns.

For more information, or to purchase the 1998 Golf Privilege Card and take advantage of the special holiday offer, call the ALAMC at (312) 243-2000.

Metra trains special schedules

Commuter trains will operate on special schedules Wednesday, Dec. 24 and Wednesday, Dec. 31.

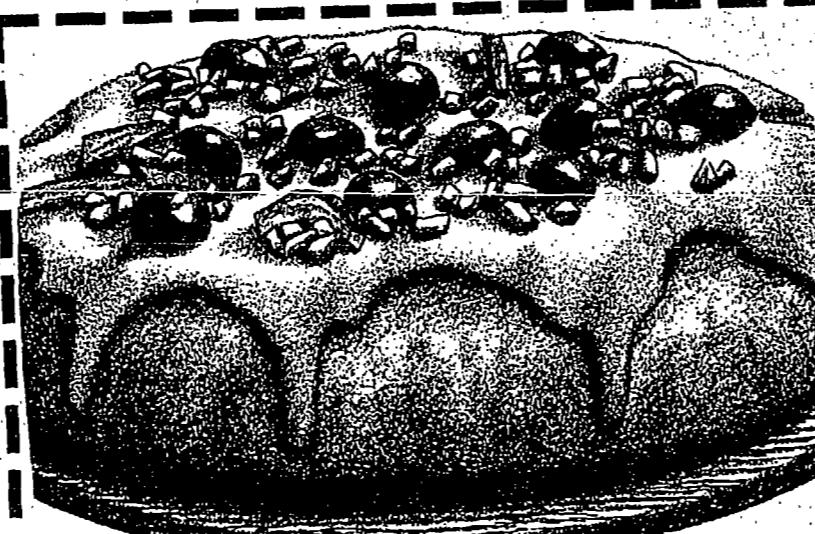
Revised p.m. schedules for most lines will feature additional early and mid-afternoon departures from downtown Chicago.

"Many downtown employees leave early on these two days," said Philip A. Pagan, Metra executive director. "The special schedules will accommodate the midday rush and permit everyone sufficient time to prepare for holiday get-togethers."

On Christmas Day and New Year's Day, train service will operate on Sunday schedules.

These schedules will be available on trains and posted at Metra terminals and stations. For more information, call Metra Passenger Services, 312-322-6777 during business hours; visit our website at www.metra.com; or call the RTA Travel Information Center, 312-836-7000 for extended hours (TTY 312-836-4949).

USE THE BUGLE



Creative Lawn & Garden
5601 N. Elston (at Bryn Mawr)
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(773) 775-5553

Sale!
Artificial 7 1/2' Imperial Balsam
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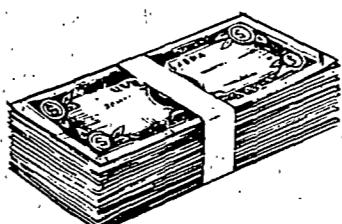
Minnie Mouse prepares gifts for some of her character friends at Mickey's Toontown Fair in the Walt Disney World Magic Kingdom park. The holiday season sparkles throughout Walt Disney World Resort with special shows and entertainment amid enchanting decorations.

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Niles North to perform in concert

Musicians from the Niles North High School orchestras and choruses will perform in a free holiday music concert beginning at 7:30 p.m. on Thursday, Dec. 18 in the auditorium of the school, located at 9800 Lawler Avenue in Skokie. The Niles North orchestra, under the direction of Pamela Hendrix, and the school's various choirs, under the direction of Daniel Gregerman, will be featured. For more information, call (847) 568-3200.

The Niles North choir and orchestra also released separate CDs this past spring. These recordings, which make wonderful

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HOLIDAY GIFT GUIDE

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Chicago Botanic Garden's Holiday Festival

This holiday season, the Chicago Botanic Garden will delight visitors with festivities galore, holiday decorating tips, and breathtaking, imaginative plant displays at Celebrations!, November 28 through January 4 from 9 a.m. to 4 p.m. Decked out in holiday lights, the Garden offers special nighttime programming and dinner service, December 19 through January 3 from 8:30 p.m.

Holiday Plant Sale & Boutique
The annual Holiday Plant Sale and Boutique, sponsored by the Woman's Board, is scheduled to run Friday, Dec. 5 from 10 a.m. to 4 p.m., Saturday, Dec. 6 from 10 a.m. to 4 p.m. and Sunday, Dec. 7 from 11 a.m. to 3 p.m. The Greenhouse Gallerie will be spilling over with red, pink and white holiday plants, including garden-grown poinsettias, orchids, paperwhites, amaryllis, cyclamen, Christmas cactus, herb baskets and more. For the first time, a Boutique filled with antiques and handcrafted treasures add to the charm and spirit of the season with unique ideas and wares for the holidays.

Daytime Celebrations
Activities and entertainment for both children and adults are planned daily from November 28 through January 4: High Tea, Teddy Bear Teas, Sunday Brunch, cooking demonstrations, cookie decorating, arts and

wares add to the charm and spirit of the season with unique ideas and wares for the holidays.

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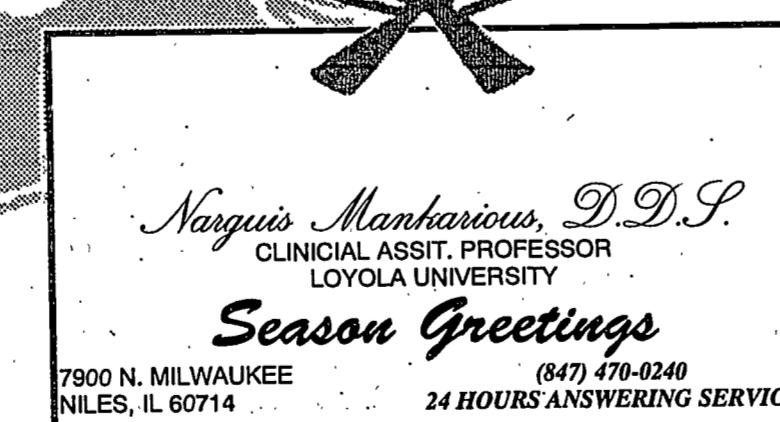
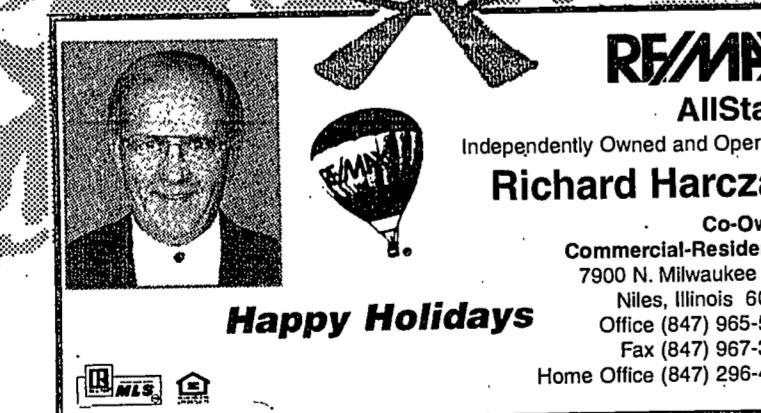
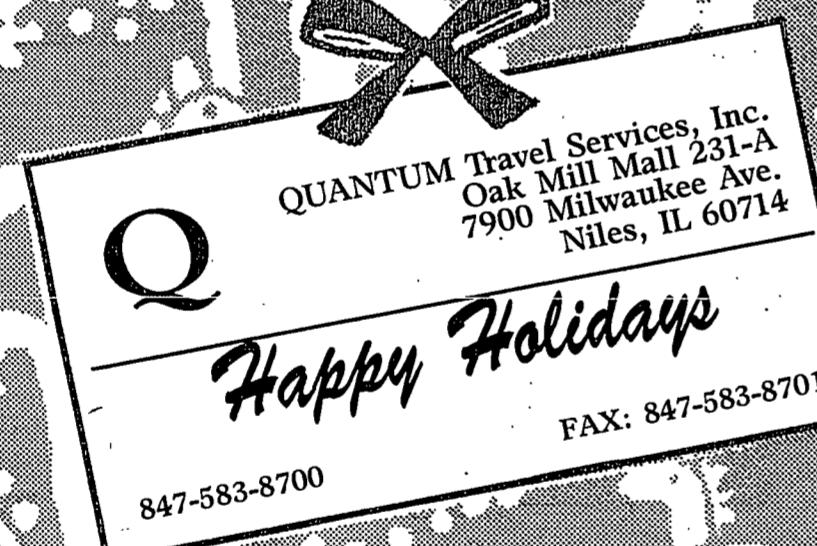
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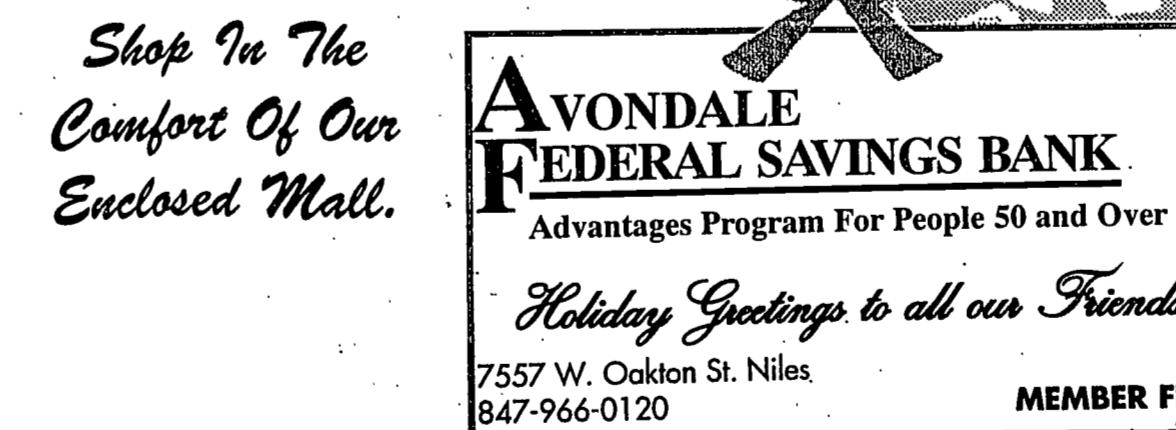
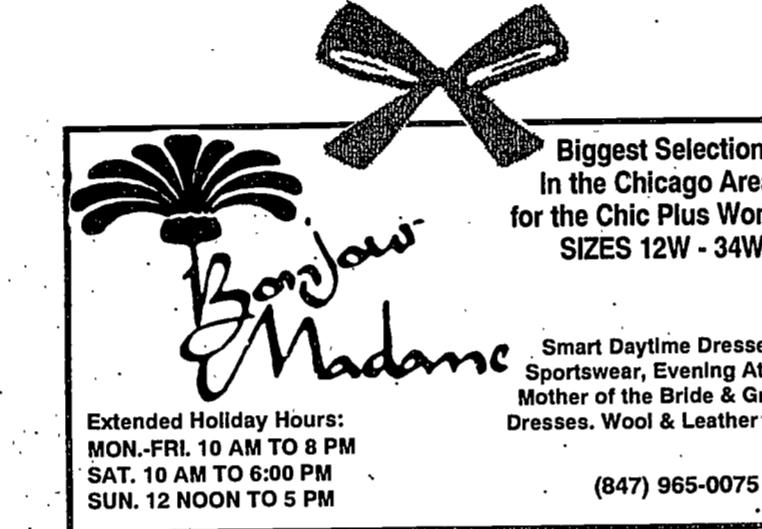
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HOLIDAY GIFT GUIDE

Sober is Smarter This Holiday Season

There's another reason not to drink and drive this holiday season. Yes, you certainly already know that driving after drinking alcohol dramatically increases your risk for accidents. In fact, driving while under the influence of alcohol is still this nation's leading cause of auto fatalities. Our reason for not drinking

and driving is a little more long term, but certainly one you want to add to your list of reasons to practice moderation during holiday celebrations. It has to do with cutting cancer risk.

Well, O.K. -- maybe the driving part has nothing to do with cancer risk, but there's no question that drinking alcohol does

Alcohol increases the risk for liver cancer and cancers of the head and neck, and probably increases the risk for breast and colon cancer.

The new guidelines from the American Institute for Cancer Research say that if you drink at all, you should limit alcohol consumption to one drink per day for women and two drinks per day for men.

Beyond practicing moderation in your own consumption of holiday drinks, you may also want to do your guests a favor if you're hosting a party this holiday season. Consider these suggestions:

- Offer a wide choice of non-alcoholic beverages, including fruit punches, juices, bottled water, soft drinks and flavored seltzer.

- Always serve food when serving liquor.

- Don't feel that the perfect host or hostess must always be "freshening up" guests' drinks.

- Never serve "one for the road." Never allow a guest who is intoxicated to drive.

Your holiday guests may be more likely to skip the alcohol if they're offered a creative and appealing non-alcoholic drink, aside from the typical soda or seltzer. Try serving easy-to-make, non-alcoholic drinks at your next holiday party.

If you are celebrating Christmas with the traditional live evergreen tree, keep the area clear of fallen needles. Ingested pine needles can cause serious intestinal problems. Make sure your tree is secured and well anchored. Cats love to climb and that tree may look very inviting. Pets may be tempted to drink from the tree stand, so remember the preservatives that you put in the water can be toxic - read the labels carefully.

If your holiday dinner includes chicken or turkey, watch out for the bones. Turkey and chicken bones can easily splinter and cause serious problems. Steak and rib bone and bone chips can be lodged in your pet's throat, stomach or intestine. Also watch out for fats, gravies and poultry skin which can cause serious stomach and digestive problems.

Holiday plants such as mistletoe and holly are pretty, but are extremely poisonous. So be sure to keep them away from pets. Indoor colored lights add to the holiday cheer, but indoor light cords can be tempting to puppies and kittens - even older dogs and cats to chew. Be sure they are secured and out of harm's way. The same is true for frayed electrical cords. They can electrocute your pet and cause a serious fire. Lighted candles should never be left unattended.

Just like people, pets can get stressed out during the holiday season. So be sure your pet can retreat to a quite place with a familiar blanket or toy. These tips were put together with the help from the American Veterinary Medical Association who, along with myself, wish you and yours a joyful holiday season.

For more lifestyle information, listen for Around the House on your favorite radio station.

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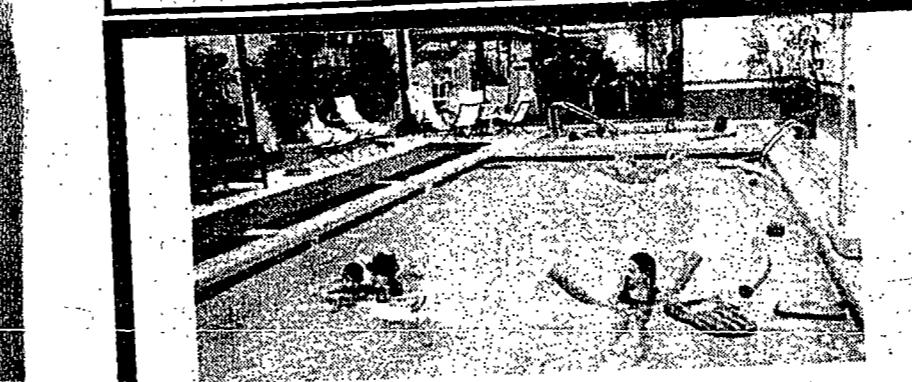
Dining / Entertainment

Splash into the new year



Hey kids! Dive into the New Year from 3-6 p.m. on Wednesday, Dec. 31, at Shedd Aquarium's Kiddie New Year. Kiddie New Year is a family-oriented party for kids between 2- and 11-years old, and will have its own mock-midnight countdown led by an underwater coral reef diver, a special marine mammal presentation, munchies and other entertaining, educational activities for children. For reservations and more information, call 312/986-2300.

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coast and spectacular Drakensburg Mountains to the temperate southern cape, the country has an unequalled variety of landscapes.

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**Entertaining with sparkle this holiday season**

Tis the season for everything to twinkle, from glittery tinsel on the tree to flickering candles on the mantle to sparkling china and crystal on the holiday table. Tis also the season for extra chores, extra shopping, extra money, extra energy...extra everything. How do we make the most out of every minute and every dollar,

and still entertain with dazzling style?

Following are some quick and easy ideas to make your home glimmer this holiday season:

Problem - No matter how I clean my windows and glass and mirror surfaces, I still get streaks.

Solution - For maximum streak-free brilliance, never wash glass-top or mirrored surfaces in direct sunlight; it prevents the cleaning solution from drying evenly and causes spots. Close curtains or pull down shades or blinds when washing these surfaces, or wash windows at night. Always use a dry, lint-free cloth.

Problem - How can I keep my holiday linens looking like new, year after year?

Solution - Be sure to wash holiday linens immediately after a meal, when food stains are fresh. Wash linens in hot water and use a water softener like Calgon, which helps remove minerals from the water so your detergent can more effectively clean your fabrics. Calgon will help keep white linens from becoming dingy and gray, and will also keep festive-colored linens from fading.

Problem - How can I make my table sparkle?

Solution - For a glowing centerpiece, light a cluster of silver and gold metallic candles in a variety

of shapes, sizes and designs. Put the candle in the freezer for an hour before lighting, so they will turn slowly. To remove spilled candle wax from your tablecloth, harden it with an ice cube and scrape it off with a dull knife or the edge of a credit card.

Decorate napkins and even the backs of dining chairs with shiny silver or gold bows or tassels. Use silver or gold doilies for serving. Top dessert with lit candle or buy an edible 23-karat gold leaf to dress up holiday cakes or cookies.

Problem - How can I make the bar area sparkle?

Solution - Make star-studded ice cubes for the wine bucket. Fill an ice cube tray half full of water and freeze. When hard, sprinkle metallic stars and confetti into the ice cube tray, then fill it to the top with water and freeze. Remove cubes when solid and fill bucket using a glass or transparent bucket will make the ice cubes even more visible. Make sure ice cubes are only used for cooling and not drinking.

Problem - How can I make the outside of my home look special and simple without spending a lot of money?

Solution - Welcome one, welcome all during the holidays, and impress visitors with subtle lighting around the front door. Use miniature white lights around the door frame. Lights beckon guests, almost like a lighthouse beacon, greeting home-bound sailors. Adorn the front door with a traditional colonial welcome decoration - a pineapple - furnished with a big, glittery ribbon and hang above doorway. Line the driveway with shining luminarias, weighted with sand.

Siberian tigers are highly endangered due to their natural habitats being destroyed through deforestation and the spread of agriculture. To help ensure the survival of this species, Brookfield Zoo and other North American zoos cooperatively manage Siberian tigers through a Species Survival Plan (SSP) of the American Zoo and Aquarium Association. Under this plan, zoos strive to protect the Siberian tiger from extinction through long-term captive breeding. The Siberian tiger was the first species to be managed through an SSP in 1981. The Siberian tiger is one of 32 SSP species managed by Brookfield Zoo. The number of Siberian tigers in the wild is estimated at 200 to 400. Approximately 350 tigers are exhibited in zoos worldwide (162 in North America).

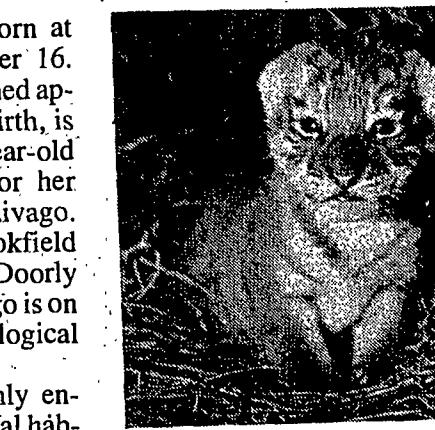
Siberian tigers are the largest species in the cat family, males

weighing up to 600 pounds when fully grown. They are basically solitary animals. However, young tigers will remain dependent on their mother and stay with her until they are about 18 months old.

The cub (not yet named) and her mother will remain off exhibit for several weeks. The public can view live footage of the two in their den via a video monitor set up in front of the outdoor tiger grotto at The Fragile Kingdom.

Open every day of the year, Brookfield Zoo is located at First Avenue and 31st Street in Brookfield, IL, just 14 miles west of downtown Chicago. The zoo is accessible via the Stevenson (I-55) and Eisenhower (I-90) expressways, Tri-State Tollway (I-294), Burlington Northern commuter line, and PACE bus service.

When Marks' work was submitted this spring, she was enrolled in Electronic Imaging (ART 217), taught by Bernie Krule, assistant professor of art at Oakton. Krule felt Marks qualified for the contest because she was capable of producing high quality artwork using the advanced techniques of Adobe's art program, Photoshop.

Dining / Entertainment**OCC students' artwork in Adobe Calendar****Siberian Tiger Born at Brookfield Zoo**

A Siberian tiger was born at Brookfield Zoo on October 16. The female cub, who weighed approximately 2 pounds at birth, is the second litter for 12-year-old Adrienne and the third for her mate, 15-year-old Zhivago. Adrienne is on loan to Brookfield Zoo from Omaha's Henry Doorly Zoo, Nebraska, and Zhivago is on loan from Knoxville Zoological Gardens, Tennessee.

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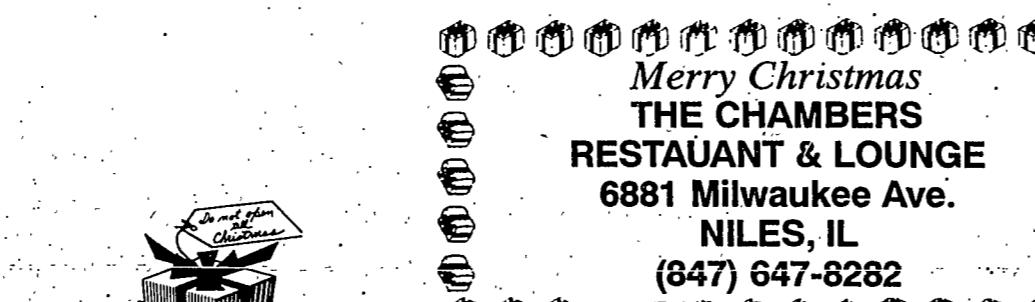
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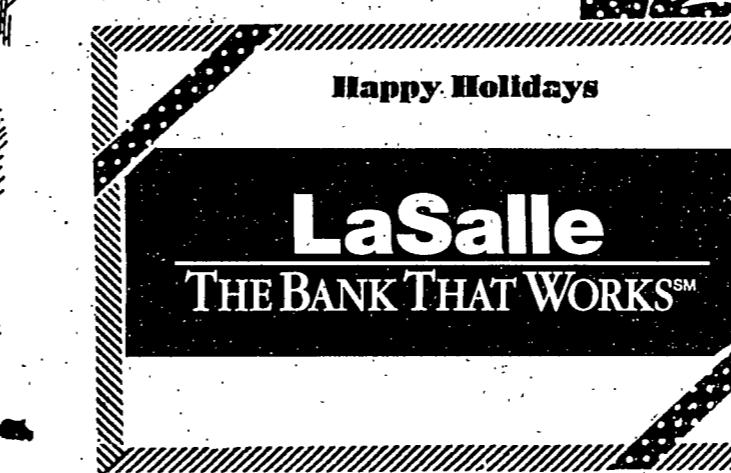
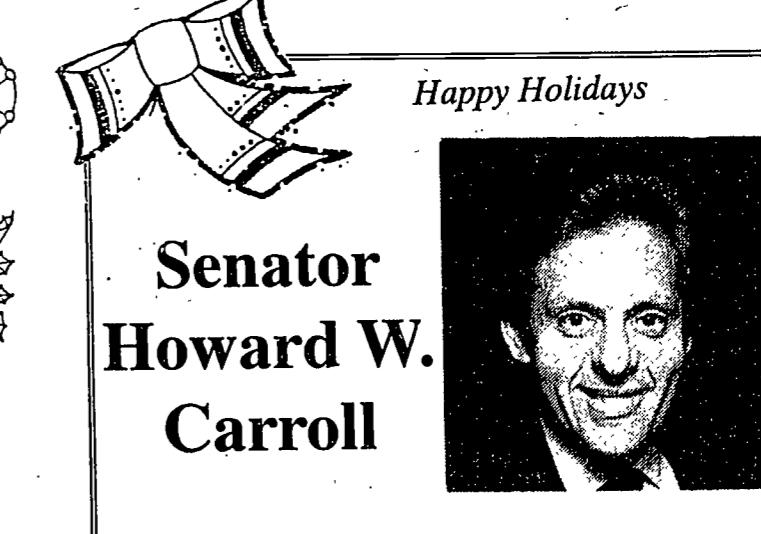
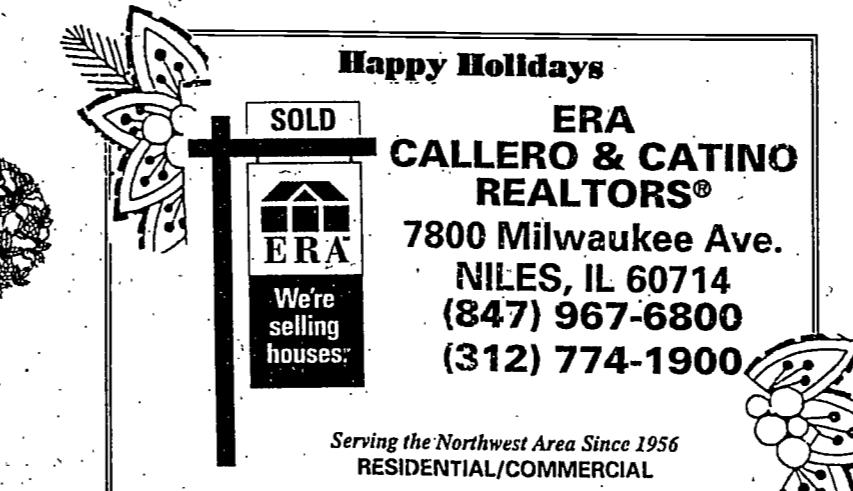
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Merry Christmas

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Holiday Greetings



During this Beautiful Holiday Season more than ever, our thoughts turn gratefully to those who have made our progress possible, and in this spirit, we sincerely say
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Happy Holidays

Police News

When used properly, air bags save lives and put few at risk

To keep your air bag or not to keep your air bag is the question. The National Highway Traffic Safety Administration (NHTSA) recently announced plans to offer some people the option to install air bag on/off switches in their vehicles. But, experts say that the overwhelming majority of Americans and their families are safer with an air bag as long as they follow a few simple safety steps. A limited number of people may not be safer with an air bag, and they may want to consider a switch.

According to NHTSA, 49 children have died as a result of serious fatal head or neck injuries caused by an air bag. According to crash investigations, virtually all of these children were unrestrained or improperly restrained. Of those who were improperly restrained twelve were infants riding in rear-facing child safety seats that were improperly placed in front of a passenger air bag, two five year olds and a two year old each weighing under 40

pounds were wearing adult lap and shoulder belts, (the correct restraint for children this size is a booster seat) and others had slipped the shoulder strap behind them.

The speed at which an air bag deploys creates an instant buffer that, with safety belts, protects people from serious injuries in a head-on-collision. During pre-crash breaking, unrestrained drivers and passengers are thrown against the hub of the steering wheel or dashboard, where the air bag is housed. Individuals who are not wearing their lap and shoulder belts and/or are riding less than 10 inches from where the air bag is housed can receive serious or fatal injuries from de-

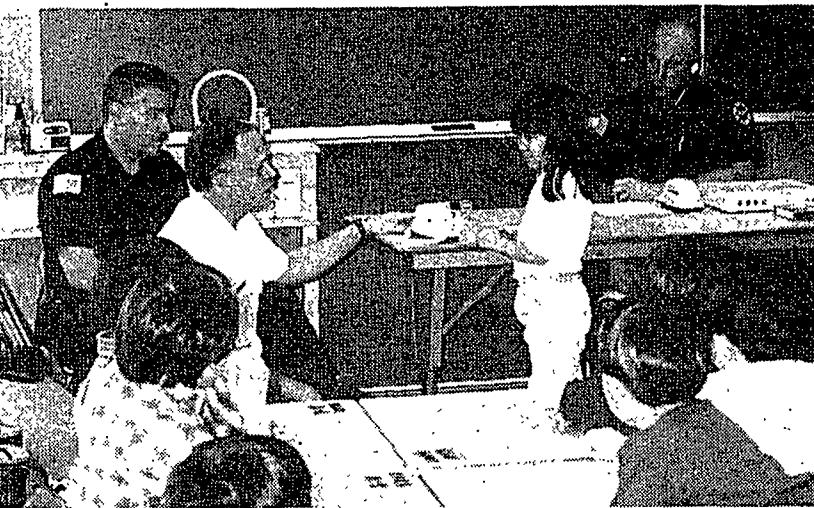
ploying air bags.

Air bags are a supplemental restraint and, when combined with safety belts, reduce the risk of serious head injury by 75 percent, compared with a 38 percent reduction for belts alone. Air bags reduce the risk of fatal injury by 30 percent in frontal crashes.

Maximize the benefits and minimize the risks by following the ABC's of Air Bag Safety:

- Always slide the seat back and sit back;
- Buckle everyone; and
- Children 12 and younger ride properly restrained in the back seat.

Students learn about 911



Niles Fire Department Platoon 1 Black shift members instruct first grade students at the Fulabakai School on how to properly dial 911 in the event of an emergency. The 4th grade students were also instructed on fire safety as part of Fire Prevention Week activities.

Shown from left to right: FF/PM Jim McDonough, Lt. Steve Borowski, and FAE Dennis Olbrisch.

Courses for potential firefighters offered

Did you know Oakton offers fire science courses for those who are interested in a career in fire fighting or related occupations and to upgrade the skills of persons already employed in the field?

If you fit the description of one of the persons described above, you should register now for a variety of fire science classes offered during the spring semester at Oakton Community College's DesPlaines campus, 1600 E. Golf Road. There are a few of the spring course offerings:

Introduction to fire Science (FIR 101 050) focuses on the evolution of present day fire protection and the principles governing its application. Topics include the history of fire departments, development of fire alarms, and an introduction to various agencies involved in fire

protection, including the scope of their activities. The class will meet on Wednesday evenings from 6:30 - 9:20 p.m., Jan. 21 through May 18.

Fire Fighting Tactics (FIR 121 050) is designed for present and future fire department officers who wish to increase their understanding of the principle aspects of fire fighting operations. Topics to be considered will include: pre-fire preparation; emergency response to alarms; search and rescue; and ladder operation. Class members will prepare and present fire analysis reports for the purpose of group discussion. The class will meet on Monday evenings starting Jan. 26 through May 18.

For more information call Fred Salzberg, chairperson, Fire Science Technology Program, at (847) 635-1688.

High school seniors to rate driver licensing in Illinois

Has Zero Tolerance affected you and your friends? This question will be answered by Illinois high school seniors who enter the 32nd annual Illinois Editors' Traffic Safety Seminar Essay Contest.

Younger drivers continue to be involved in an alarming number of accidents relative to their representation among all drivers," said Lionel Kramer, Seminar secretary and AAA-CMC's president. "This year's contest participants will evaluate Illinois' 'Use it and Lose It' law and reflect on if, or how, it has affected themselves and their peers."

Joseph A. Spagnolo, state superintendent of education, is urging educators to support the contest and encourages high school seniors to participate.

Seminar directors make preliminary selections from nearly 2,000 entries. These are sent to a panel of health and safety educators from the University of Illinois, which chooses the 10 finalists. Writing skills and original thinking are important criteria considered by the judges. They also look for fresh, feasible, constructive and well-supported ideas, along with spelling, punctuation and grammar.

Scholarships totaling \$7,000 will be awarded to the 10 student whose essays best respond to the topic. First and second prizes will be \$2,000 and \$1,000 scholarships. Each of the eight remaining winners will receive \$500.

Contest rules and entry forms are available at most Illinois high schools, AAA-CMC branch offices or from Seminar Headquarters: AAA-Chicago Motor Club, P.O. Box 5027, Des Plaines, IL 60017-5027.

Beat Auto Theft

Facts you should know about BAT...

What is Beat Auto Theft (BAT)?

Simply, BAT is an auto theft prevention program that alerts police that your vehicle is normally NOT driven between the hours of 1:00 a.m. and 5:00 a.m.

How does BAT work?

You complete and sign the attached BAT Registration Form. You then send a reflective decal placed in the rear window (inner frame) on the driver's side. If the police see your vehicle decal cut between 1:00 a.m. and 5:00 a.m. - they have permission to stop the vehicle and question the driver.

What does BAT cost?

Registration and decal costs \$5.00 per vehicle. This is a one-time fee for as long as you own your vehicle. The fee helps fund BAT for as long as you own your vehicle.

What if I want to register more than one vehicle?

Each vehicle requires a separate registration form and \$5.00 fee. Each vehicle in the BAT program receives its own decal and identification number.

What if a friend borrows the vehicle?

You must alert her/him that the vehicle might be stopped if driven during the BAT period; between 1:00 a.m. and 5:00 a.m.

The Best Auto Theft program is funded in part through a grant from the Illinois Motor Vehicle Theft Prevention Council, and is operated by the Illinois Secretary of State's Department of Police, in consultation with the Council and the Illinois State Police.

SAMPLE BAT DECAL



Printed by authority of the State of Illinois, 97-049, 50M / January 1997

Dispute

A 23-year-old tenant of an apartment building in the 8800 block of Golf Road phoned police when she heard two subjects screaming at each other in the parking lot of her building around 6 p.m. Dec. 15.

The victim, a 38-year-old tuck-pointer, alleges that he found the 1993 Ford Econoline van belonging to the offender, a 26-year-old Rolling Meadows man, in his parking space.

The victim told police that several other restaurants of the same restaurant chain have been similarly victimized.

* * *

The 66-year-old loss prevention agent of a video store in the 7000 block of Austin Avenue reported that a 22-year-old employee attempted to sell 350 "2 pac" compact discs to the proprietor of a Chicago video store.

The proprietor refused to buy any of the discs and recognized the offender as an employee of the other video store.

Both subjects fled the scene. They were apprehended by Niles police in the 9000 block of Milwaukee Avenue and returned to the scene where the offender was picked up the children at the usual time.

The mother picked up the children at 10:30 p.m. *

* * *

Public assist

Police found a 31-year-old Chicago woman walking down the center of Milwaukee Avenue in the 7800 block with her two young daughters around 4:45 a.m. Dec. 10. The victim told police she was the victim of domestic violence and was now homeless.

Niles police attempted to find a shelter for the victims and after numerous calls were advised by the Human Services Department of the City of Chicago to take them to a Chicago Police Department precinct.

* * *

Eugene Leonard

While most Americans are celebrating the holiday season at home or with family, Navy Chief Petty Officer Eugene P. Leonard, a 1969 graduate of Notre Dame High School of Niles, is scheduled to spend the holidays deployed to the Western Pacific and Indian oceans aboard the guided missile cruiser USS Port Royal.

He joined the Navy in September 1978. Leonard is a graduate of the University of Dayton, Dayton, Ohio, with a BA degree.

* * *

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Police News

Theft

The 25-year-old manager of a restaurant in the 8500 block of Dempster Street reported that a male subject in a pick-up truck removed five stacking trays valued at \$800 each from the rear door area of the restaurant around 12:30 p.m. Dec. 10.

The victim is a 38-year-old tuck-pointer, alleges that he found the 1993 Ford Econoline van belonging to the offender, a 26-year-old Rolling Meadows man, in his parking space.

The victim told police that several other restaurants of the same restaurant chain have been similarly victimized.

* * *

Suspicious activities

Officials of a day care center in the 9100 block of Golf Road reported that a 22-year-old employee attempted to sell 350 "2 pac" compact discs to the proprietor of a Chicago video store.

The victim backed away and the offender attempted to leave the parking lot when Niles police arrived and confiscated the machete.

The report was made as a matter of record as the victim declined to sign a complaint. The offender said he felt threatened by the victim due to the victim's being much larger than the offender.

The proprietor refused to buy any of the discs and recognized the offender as an employee of the other video store.

Both subjects fled the scene. They were apprehended by Niles police in the 9000 block of Milwaukee Avenue and returned to the scene where the offender was picked up the children at the usual time.

The mother picked up the children at 10:30 p.m. *

* * *

Assist another agency

A 16-year-old Park Ridge girl and a 20-year-old male friend from Niles went to visit a relative of the girl in Chicago where they were introduced to three men who took them to an area near Irving Park Road and Lake Shore Drive.

The female victim told police

* * *

Smart Trailer doing its job

* * *

The Smart Trailer set up to make motorists aware of their speed.

The Smart Trailer flashes motorist passing speed and reminds drivers to remain within the speed limit. The sheriff's office is utilizing the trailer throughout unincorporated Cook County, with particular emphasis on roadways near schools.

* * *

Cook County Sheriff Michael F. Sheahan talks with a Cook County Sheriff's police officer who will be manning one of the safety check points that will be set up on various county roads during the holiday season. Many of the safety points will have the sheriff's "Smart Trailer" set up to make motorists aware of their speed. The Smart Trailer flashes motorist passing speed and reminds drivers to remain within the speed limit. The sheriff's office is utilizing the trailer throughout unincorporated Cook County, with particular emphasis on roadways near schools.

* * *

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* * *

THE BUGLE, THURSDAY, DECEMBER 18, 1997

PAGE 39

School News

Maine East "shops" for \$5,000 prize

Maine East, along with 19 other suburban schools, is participating in the Cash Back for Schools' contest sponsored by Golf Mill Shopping Center. The school which earns the most points during the 4-month contest can win up to \$5,000.

Saturday, Nov. 15, was the mid-point of the contest, and

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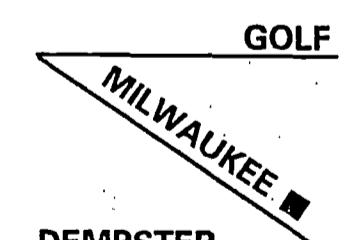
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Shoppers can deposit original mall receipts into Maine East's slot at the Receipt Redemption Center located near Customer Service in Center Court, or they can have their receipts validated by a Customer Service Center representative and receive a "Mall Point Pass" to deposit in the Maine East slot. Receipt totals are tallied every 2 weeks; each school's progress is then posted on a billboard at Golf Mill.

The school in first place at the end of the contest wins \$5,000, followed by \$3,000 for second place, and \$2,000 for third.

Mrs. Mary Ann Miller, president of the Maine East Athletic Boosters, signed the school up and coordinated contest publicity with the Fine Arts Boosters and the cheerleaders. Any Maine East prize money will then be divided between the 3 groups.

The Athletic Boosters would use the money for equipment purchases, including a state-of-the-art timing and touch pad system for the swimming pool, a new "lobster claw" machine for tennis, or a new video camera to tape winning matches.

The Maine East Fine Arts Boosters' group is tentatively planning to use Cash Back for Schools' money for the department's ongoing scholarship program while the cheerleaders could use their portion of prize money for competition and uniform expenses.

Miller encourages Maine East students and parents shopping at Golf Mill to turn in their receipts at the Receipt Redemption Center at the Customer Service Center. The next month is critical for Maine East to remain competitive in the Cash Back for Schools' contest ending January 15.

Culver Red and White Honor Rolls

By maintaining a grade point average of 3.5 or higher, the following Culver Middle School students achieved Red Honor Roll status for the 1st marking period by maintaining a grade point average between 3.0 and 3.5: Rizwan Ahmed, Naushan Ali, Zaki Ali, Eleni Andritsakos, Jason Ang, Matthew Bandemer, Melissa Barker, Vaughn Beltran, Paul Bialkowski, Paul Bialobrzewski, Jacob Brel, Jennifer Casey, Ricky Costabile, Michael Craig, Valerie Geer, Aleksandar Georgievski, Erik Granlund, Heather Harmston, Amber Huma, Gary Kachaturian, Lev Kalmens, Fadi Khalil, James Kim, Michael Kim, Terry Kim, Nineveh Kocho, Lidia Kolasa, Born Kovacevic, Lindsey Kovalek, Ricky Krueger, David Krymann, Jennifer Eraima, Bryan Foley, Heather Garritt, Tony Gragnani, Afsheen Gulamhusain, Jodi Henriksen, Jerin Kalapuryal, Sherin Kalappurayil, Ashley Kennedy, Ashfaq Khan, Joanne Kim, Jennifer King, Lucy Komorowski, Daniel John Kosiba, Valerie Krynski, Julia Krzyzak, Loin Kwon, Joseph Lee, Nicholas Leevathana, John McAliffe, Sean McNeela, Lisa Miszczyzyn, Edgars Mourans, Peter Nelson, Florida Nitti, Re-

Morton Grove resident a scholarship recipient



Joseph Levin, a senior from Morton Grove, is one of more than 100 Illinois College students who have been chosen as recipients of this fall's endowed scholarships at the liberal arts college. Levin also spoke as a member of the Class of 1998. The recipients met the benefactors responsible for the scholarships November 2 when the college hosted its annual Scholarships Association Dinner on campus. Each year, more than one million dollars in financial assistance is provided by individual donors, families, businesses, and corporations. The benefactors share a desire to assist with the undergraduate expenses of a growing number of deserving men and women. Levin is the 1997 recipient of the Frank R. Rantz Scholarship, sponsored by Mr. & Mrs. Theodore Rammelkamp. He is the son of Mrs. Diane Levin of Morton Grove and is a graduate of Maine Township High School East.

District 71 News

District 71 Winter Recess

The last day of school before Winter Recess will be Friday, December 19. Classes will resume on Monday, January 5, 1998. District 71 staff and students wish all Niles residents a joyous holiday season and a very happy New Year.

Culver Red and White Honor Rolls

By maintaining a grade point average of 3.5 or higher, the following Culver Middle School students achieved Red Honor Roll status for the 1st marking period: Arshia Ali, Asima Ali, Hollis Anderson, Maryann Arsenijevic, Monika Bak, Julie Barker, Anne Borkowski, Michael Budzik, Victoria Chan, Carolyn Chermel, Jeanne Chiu, Roger Chiu, Sebastian Danilowski, Malina Darugai, Lisa Derrickson, Zeehan Drachenberg, Julia Dvoretzky, Stephen Dykla, Elizabeth Eiermann, Jennifer Eraima, Bryan Foley, Heather Garritt, Tony Gragnani, Afsheen Gulamhusain, Jodi Henriksen, Jerin Kalapuryal, Sherin Kalappurayil, Ashley Kennedy, Ashfaq Khan, Joanne Kim, Jennifer King, Lucy Komorowski, Daniel John Kosiba, Valerie Krynski, Julia Krzyzak, Loin Kwon, Joseph Lee, Nicholas Leevathana, John McAliffe, Sean McNeela, Lisa Miszczyzyn, Edgars Mourans, Peter Nelson, Florida Nitti, Re-

nee Nowak, Anna Park, Yoo Na Park, Tarpan Patel, Hena Qureshi, Christopher Rizzo, Patrick Ryan, Sara Ryan, Kenneth Schabow, Emily Scheler, Jeremy Schatz, Andrea Sidelsky, Jennifer So, Nicole Speropoulos, Monica Stanekiewicz, Lisa Swytny, Jacqueline Szymczak, Alex Tejeda, Julie Thomas, Eleni Toumpis, Nikoleta Toumpis, Alexander Yang, Joanna Zajac, and Zachary Zuckerman.

The following Culver Middle School students achieved White Honor Roll status for the 1st marking period by maintaining a grade point average between 3.0 and 3.5: Rizwan Ahmed, Naushan Ali, Zaki Ali, Eleni Andritsakos, Jason Ang, Matthew Bandemer, Melissa Barker, Vaughn Beltran, Paul Bialkowski, Paul Bialobrzewski, Jacob Brel, Jennifer Casey, Ricky Costabile, Michael Craig, Valerie Geer, Aleksandar Georgievski, Erik Granlund, Heather Harmston, Amber Huma, Gary Kachaturian, Lev Kalmens, Fadi Khalil, James Kim, Michael Kim, Terry Kim, Nineveh Kocho, Lidia Kolasa, Born Kovacevic, Lindsey Kovalek, Ricky Krueger, David Krymann, Jennifer Eraima, Bryan Foley, Heather Garritt, Tony Gragnani, Afsheen Gulamhusain, Jodi Henriksen, Jerin Kalapuryal, Sherin Kalappurayil, Ashley Kennedy, Ashfaq Khan, Joanne Kim, Jennifer King, Lucy Komorowski, Daniel John Kosiba, Valerie Krynski, Julia Krzyzak, Loin Kwon, Joseph Lee, Nicholas Leevathana, John McAliffe, Sean McNeela, Lisa Miszczyzyn, Edgars Mourans, Peter Nelson, Florida Nitti, Re-

Sixth grade tackles technology

Mrs. Chazin's sixth grade class utilized new technology available in Nelson School's Media Center to do an in depth study of human body systems. Working in cooperative groups, each student was responsible for gathering information about one organ

School News

Oakton faculty receives award in excellence



Pictured from left to right, Oakton Community College student Tim Iprian, chairperson of the College Program Board; Ray Hartstein Award for Outstanding and Professional Excellence in Teaching recipients Lorraine Murray, part-time political science instructor; and Tingxu Wang, full-time professor of mathematics; and Thomas Tippett, vice president for Human Resources, Allstate Insurance, and a director for the Oakton Educational Foundation Board.

District 63

Honored by EPA

East Maine School District #63 and Director of Operations and Maintenance, Mr. James L. Reynolds, were both recently honored by the United States Environmental Protection Agency. The District participates in the ENERGY STAR and Green Lights programs for energy conservation and pollution and prevention projects. These programs provide technical assistance that promotes the reduction of pollution through the efficient use of energy.

According to Mr. Reynolds, the Board of Education of East Maine School District 63 entered into a Guaranteed Performance Contract with the Honeywell Corporation in 1993 to complete lighting improvements and building automation at the seven schools in the District. The project was completed in 1994 and has resulted in a dramatic reduction of electric use at the District. Mr. Reynolds stated that the District reduced its total electric consumption for 1996 (the last full year data available) by 1,572,331 kilowatt hours.

Wayne A. Miller

While most Americans are celebrating the holiday season at home or with family, Marine Cpl. Wayne A. Miller, a 1993 graduate of Notre Dame For Boys of Niles, is scheduled to spend the holidays deployed to the Mediterranean Sea with the 24th Marine Expeditionary Unit (MEU).

Become a Certified Nurse Assistant in 11 weeks

Did you know that you could become a Certified Nurse Assistant (CNA) in just 11 weeks? Enroll in the Basic Nurse Assistant Training Program (BNAT) offered through The Alliance for Lifelong Learning (ALL), Oakton's adult continuing education program.

Classes for the Basic Nurse Assistant Training Program (BNAT) will meet Tuesdays, Wednesdays and Thursdays from 5:30 - 10 p.m., Jan. 6 through March 19, 1998 at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie, and at St. Francis Hospital, 355 Ridge Ave., in Evanston.

The BNAT program prepares qualified individuals to function at the beginning nursing assistant level and to meet Illinois Department of Health requirements for certification as nursing assistants.

Structured learning activities in both classroom and clinical settings provide the knowledge and skills to enable students to participate as members of the health care team. Fundamental nursing tasks and procedures are taught and practiced and a sense of responsibility and accountability are promoted throughout the program.

The BNAT program is approved by the Illinois Department of Public Health. Graduates of the program must pass a state competency examination to be certified and eligible for employment as CNAs.

To register or for more information about the BNAT program, call (847) 982-9888.

Link-Up to Learning

Are you interested in returning to school? Do you want to begin a program, field of study or maybe just take one course? Whatever your needs, LINK-UP is a learning resource service just for you. With one phone call to LINK-UP, you have the opportunity to discuss your needs and receive institutional profiles, a listing of current Interactive Television Courses, and initial program information from the following 20 educational institutions:

Aurora University, Benedictine University, College of DuPage, DePaul University, DeVry Institute of Technology, Dominican University, Elmhurst College, Illinois Institute of Technology, Illinois State University, Lewis University, Midwestern University, Morton College, The National College of Chiropractic, National-Louis University, North Central College, Northeastern Illinois University, Robert Morris College, Triton College, University of Illinois at Chicago.

For further information, please call the West Suburban Post-Secondary Consortium: LINK-UP line at 1-800-870-2020.

LINK-UP to Learning Home Page: <http://www.dupage.edu/link-up/>

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Political & Business News

Paul W. Plotnick seeks judgeship

Attorney Paul W. Plotnick has formally launched his campaign for judge of the Circuit Court of Cook County. Joined by his family, friends and business associates during a recent suburban fund-raiser, Plotnick told supporters that he is entering the race and going through the formal petition process as a Democratic candidate because he believes he can make a significant difference as a Circuit Court judge.

Active in civic and philanthropic activities, Plotnick served as distinguished president and secretary of the Skokie Valley Kiwanis and was named layperson of the year of Division 7 Kiwanis. A member of Beth Hillel Congregation in Wilmette, Plotnick is a past president of the synagogue's Men's Club. He is also a board member of the Midwest Federation of Jewish Men's

Glos joins Cole Taylor Bank

Cole Taylor Bank announced that Timothy Glos has joined the bank as Assistant Vice President of Branch Free Banking. Prior to joining Cole Taylor, Glos was a Unit Manager of Inbound and Outbound Telesales at Household Finance Corporation.

Glos will be responsible for the phone center operations. "Among my goals are to provide consistent, centralized service and sales for all Cole Taylor banking locations," said Glos. At University of Illinois at Chi-



Paul W. Plotnick
clubs and an active member of the American Legion.

A family man, Plotnick lives in Wilmette with his wife of 27 years, Eleanor, and daughter Sarah, an honor student, who is a junior in New Trier High School.

Robert Gecht adds CEO title at Albany Bank

Robert D. Gecht, President of Albany Bank and Trust Co. N.A. (Albank), has been named President/CEO, announced Dr. Martin L. Gecht, Chairman of the Board. Gecht has served as President of Albank since 1982. During that time, the bank's total assets have risen nearly 300% to a record \$316,000,000. Albank's net income has risen every year, including a record 24% in 1996.

Gecht, 46, was first named to the Board of Directors in 1976, named Executive Vice President in 1981 and President in 1982. In addition to his post at Albank, Gecht serves as Treasurer to the board of Francis Parker School, a board member of the Northeastern Illinois University Foundation and Vice Chairman of the Board of Albany Park Community Center.

Albank is located at 3400 W. Lawrence in Chicago and has branches at 4100 W. Lawrence and 3411 W. Irving Park Rd. A new branch will be opening in Skokie in January.

As Chicagoland's largest private bank, Cole Taylor has earned a reputation in its nearly 70 years for delivering high quality, personalized service. With \$1.9 billion in assets, the bank operates a 11 branch network throughout Chicagoland which includes its nearest locations at 4801 W. Golf Road and 4400 W. Oakton in Skokie.

Major suburban elected officials announced their support of State Senator Howard Carroll's candidacy for Congress on Monday, Dec. 15. Carroll is running to replace retiring Congressman Sid Yates of the Ninth Congressional District.

Carroll's candidacy announced

The Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, January 5, 1998, at 7:30 P.M. at the Niles Municipal Building, 1000 Civic Center Drive, Niles, Illinois, to hear the following matter(s):

LEGAL NOTICE

The Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, January 5, 1998, at 7:30 P.M. at the Niles Municipal Building, 1000 Civic Center Drive, Niles, Illinois, to hear the following matter(s):

98-ZP-1 Cheryl L. Prins
5942 Indian Road
Chicago, IL

Requesting a change in zoning from R-2 to R-2 Special Use for to open a group home for no more than 4 people at 8430 Clara Drive.

98-ZP-2 John W. Mauck
Mauck Bellande & Cheely
19 S. LaSalle, Ste 1203
Chicago, IL

Requesting a change in zoning from M to B-1 Special Use for Geetha Mandalam Hindo Religious Center at 6311 Gross Point Road.

98-ZP-3 Jimmy Kim
3410 Montrose Ave.
Chicago, IL

Requesting a change in zoning from B-2 to B-2 Special Use to construct a golf driving range at 7686 Caldwell.

98-ZP-4 Myong Baek
10457 Dearlove #B1
Glenview, IL

Requesting a change in zoning from B-2 to B-2 Special Use to open an Oriental sit-down restaurant with 100 seats at 8353 Golf Road.

The Village of Niles will comply with the Americans With Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodation for a Village service or have any questions about the Village's compliance, please contact Abe Selman, Village Manager, 1000 Civic Center Drive, Niles, Illinois, 847-588-8000.

Governor Edgar presents gift



A representative of Governor Jim Edgar's Office presented a gift and sent greetings from the Governor for the 10th anniversary of the Armenian General Benevolent Union/Chicago Chapter. The celebration took place at the Onnig M. Norehd Center, 7249 N. Harlem Ave., Chicago. Shown above left to right: Haig Padian, Chairman and Pat Michalski, Assistant to the Governor for Ethnic Affairs.

Nicor Gas reports natural gas costs for December

Over the past year, the market prices for natural gas have been the most volatile in history. Nicor Gas charges its customers the same price it pays, with no markup. Customers looking at their bill from Nicor Gas will see that their GSC may be different than the GSC reported here, because the billing period usually spans more than one month.

The GSC for a 30-day billing period is an average based on the number of days billed in each of those months.

Nicor Gas will continue to provide updates about gas costs in the coming months and remains committed to providing reliable natural gas supplies at the lowest possible cost.

For Nicor Gas customers, the Gas Supply Charge (GSC) for December 1997 will be 35.4 cents per therm. This compares to 36.52 cents for November 1997. The GSC for December 1996 was 31.42 cents per therm.

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People With Arthritis Can Stay Festive for the Festivities

The holiday season can be a magical time-a time to make memories with family and friends. But, for people with arthritis, unfortunately, the holiday can be hectic, exhausting and difficult. The Arthritis Foundation offers many ways to help people with physical limitations deal effectively with the special strains of a holiday schedule. The key is to adapt the rigors of the season to your own capabilities. Don't handle all the details yourself, count on family and friends for help to achieve a true holiday spirit of sharing and togetherness. For more tips to help you stay festive, including information about the book titled

250 Tips for Making Life with Arthritis Easier, call the Arthritis Foundation at (312) 616-3470.

Don't Drop Before You Shop

The Illinois Gardener's Guide (424 pages, \$22.95), published by Cool Springs Press, is available at bookstores and at gardening retailers across the state. Cool Springs Press in Franklin, Tenn., publishes gardening and other titles across the United States. For more information on the book, author, and Cool Springs Press, access the company's web site at:

www.coolspringspress.com.

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Health News

Year end tips from the Arthritis Foundation

Cooking Can Be Less Painful
Preparing a Thanksgiving dinner is a time-consuming task for any cook. For people with arthritis, cooking the traditional Thanksgiving dinner also can be painful. Preparing meals can be one of the most physically demanding of all household jobs. Cooking involves many movements that are difficult when the joints in the hands and other parts of the body are stiff and sore. However, with planning, creativity and ideas from the Arthritis Foundation, preparing meals can be easier for people with arthritis. Call the Arthritis Foundation, at (312) 616-3470 for tips that can make a difference or for information on other helpful resources such as the Arthritis Foundation's *Help Yourself Cookbook* and 250 Tips for Making Life with Arthritis Easier.

Feel Better by Helping Others
If you find yourself feeling blue during the coming holiday season, the Arthritis Foundation recommends you try helping a friend or loved one. Studies show that helping someone else may make you feel better and can reduce feelings of depression. The Arthritis Foundation has several volunteer opportunities available this holiday season. To find out how you can make new friends and help others, call the Arthritis Foundation at (312) 616-3470.

Take Steps Now to Reduce Your 1997 Tax Bill
There are positive steps you can take now, before the end of 1997, to reduce the tax bill that will be due next April. The Arthritis Foundation offers many ideas for maximizing 1997 deductions. A year-end gift to the Arthritis Foundation or any worthwhile cause can make a lot of sense in your income tax planning. The Arthritis Foundation recommends to all investors that they first check with their tax advisors before making any decisions. For more information or to arrange a confidential gift planning consultation, with no obligations, call the Arthritis Foundation at (312) 616-3470.

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www.coolspringspress.com.

Headaches and jaw pain? Check your posture!

A credit card and a catalog, or a home-computer or television. Whichever shop-at-home method you use, you're sure to have great options and minimal hassle. The Arthritis Foundation recommends you first make sure the company is well-known and reliable. If you're uncertain about the company, check with the Better Business Bureau. For more holiday tips, call the Arthritis Foundation at (312) 616-3470.

Poor posture places the spine in a position that causes stress to the jaw point. When people slouch or hunch over, the lower jaw shifts forward - causing upper and lower teeth to not fit together properly, and the skull moves back on the spinal column. This movement puts stress on muscles, joints and bones and, if left untreated, can create pain and inflammation in muscles and joints when the mouth opens and closes.

"Good posture is important, yet many people don't realize how posture affects their oral health," says Ludwig Leibsohn, DDS, spokesperson of the Academy of General Dentistry.

Dr. Leibsohn treats patients who have complained of TMJ pain. "Their posture often is unbalanced and it affects and rearranges the position of the facial muscles, causing the bumps and grooves on the upper and lower teeth not to fit properly together," said Dr. Leibsohn.

Dentists can design special mouthguards that help align the teeth in a position that will reduce facial pain muscle strain caused by poor posture. The appliance can also prevent future damage to teeth.

Check kids' first molar for cavity risk

Permanent molars with cavities in the first year may reveal a pattern which identifies kids at "high risk" for cavities and allows dentists to concentrate on prevention, reports the Academy of General Dentistry, an organization of general dentists dedicated to continuing dental education.

Many carers want to know what they can do to provide the best nutrition for a loved one diagnosed with cancer. "Certain foods are not good for people undergoing chemotherapy or radiation, and it's important to know which foods those are," says Clara Schneider, one of the Hotline's registered dietitians.

Schneider says she's especially pleased to get calls from cancer survivors who want to make sure they're eating the most nutritious foods to help stay cancer-free. For a person with arthritis, the price of lengthy shopping trips can be high-in the form of pain and fatigue that can linger for days, according to the Arthritis Foundation. But, with at-home shopping, all you need is a phone,

Turning Point Behavioral Health Care Center

James Reisinger, Ph.D., Executive Director, proudly announces that Turning Point Behavioral Health Care Center has been awarded a Three-Year Accreditation by CARF, The Rehabilitation Accreditation Commission. This Three-Year Accreditation is a credit to the high-caliber operations of Turning Point and its commitment to continuous quality improvement."

Illinois Department of Mental Health regulations require all agencies receiving state funding to demonstrate competence through accreditation by an independent accrediting organization.

Turning Point is a United Way agency that has offered services supporting emotional wellness and behavioral health to residents of Niles Township for over 25 years.

Asthma center offers courses for sufferers

Both adults and children with asthma can receive guidance and support through educational courses offered by the Loyola University Health System's Asthma Center.

The Asthma Center of Loyola provides programs that encourage behavioral changes. Topics include nutrition, exercise, stress reduction and social support systems," said Dr. Renee R. Lantner, co-director of the center.

The courses, offered at two locations in the western suburbs, are tailored to patients' specific needs. Whether they must learn relaxation techniques to help reduce the severity of their asthma, understand how to manage their disorder or develop a personalized exercise routine, all patients receive individual attention from a team of Loyola physicians, nurses and other health care professionals.

"The primary goal of the center is to provide children and adults with the latest, most comprehensive asthma care to improve the quality of their lives," said Mary C. Tobin, co-director of the Asthma Center.

The center's programs are offered at two locations: Loyola University Medical Center, 2160

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Sports/Parks & Library News

Ten queries about Clown College

Below are answers to commonly asked questions about Ringling Bros. and Barnum & Bailey Clown College.

What is Clown College? An eight-week training program for men and women who want to pursue a career in clowning with Ringling Bros. and Barnum & Bailey. Clown College's annual session begins in August. This year the 30th session will be held at the historic Sarasota Opera House.

When was Clown College founded? Established in 1968 by the late entertainment impresario Irvin Feld, Chairman and Producer of Ringling Bros. and Barnum & Bailey, "institution of higher hilarity" has been teaching aspiring mirthmakers the fine art of clowning for a quarter of a century.

How are Clown College students selected? Approximately thirty students are chosen from a broad field of applicants from across the country. Many of those accepted have attended Clown College Admission Auditions in their area when "The Greatest Show on Earth" came to town. Others have submitted an application for consideration.

What qualities does the Clown College selection committee look for in prospective students?

Prospective students are evaluated for evidence of serious motivation and desire to become a clown, quick physical reactions, a sense of timing, and improvisational ability.

What do students learn at Clown College? Clown College students attended classes in makeup, acrobatics, improvisation, stiltwalking, unicycling, juggling, prop building and costume construction, among others. They also learn about life on the road with "The Greatest Show on Earth," as shared by current and previous performers.

How much does it cost to attend Clown College?

Clowning is free, but students must pay for their transportation to and from Sarasota, Florida, and room and board while they are attending College class.

There is also a student fee which covers the cost of a complete clowning kit: wig, clown clothes and costume.

Does everyone who attends Clown College become a Ringling Bros. and Barnum & Bailey Circus? Ringling Bros. and Barnum & Bailey President and Producer Kenneth Feld carefully selects students from the Clown College graduating class to join "The Greatest Show on Earth." It is indeed an honor to join the ranks

Youth Center nets new hockey nets



Maine Township's Youth Drop-In Center was recently able to buy new floor hockey equipment for its youth leagues, thanks to a \$750 donation from Concord Development Corp. of Palatine and a 10 percent discount from the Sports Authority in Arlington Heights. Pictured (left to right) are Kristen Koehler of the Sports Authority, goalie Joey Meyer, Kal Rowen of Concord Development, goalie Danny DeBaz and Sean Morris of the Sports Authority. The donation and discount allowed the center to buy new pucks, hockey sticks, goalie masks, gloves, shin guards and regulation-size nets, as well as new volleyballs, pool cues and ball racks. Located in the State of Illinois' North Suburban Facility (formerly Maine North High School) at 9511 Harrison St. in unincorporated Maine Township, the center is open to township 8th-through 12th-graders from 6:45-9:45 p.m. Mondays, and to 5th-through 8th-graders from 6:30-9 p.m. Tuesdays and Thursdays. For more information, call MaineStay Youth and Family Services at (847) 823-0650.

Free Conservation Trees booklet available

The National Arbor Day Foundation has published a Conservation Trees booklet which is available to the public free of charge.

The Conservation Trees booklet uses colorful photos and illustrations, and easy-to-understand descriptions to help people plant and care for conservation trees.

The contents of the guide include:

- * How to use shade trees and windbreaks to save energy in your home.

- * How to attract songbirds to your yard.

- * How to save trees during construction.

- * How to save topsoil and help farm profits with shelterbelts.

- * The right way to plant trees.

"The National Arbor Day Foundation's Conservation Trees program encourages Americans to plant, manage, and preserve trees to conserve soil, energy, water, wildlife, and the atmosphere," John Rosenow, the Foundation's president said.

The Conservation Trees brochure is a central part of this educational project. It serves as a useful guide for people in all areas, whether they live in America's

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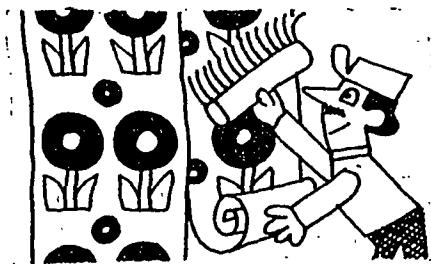
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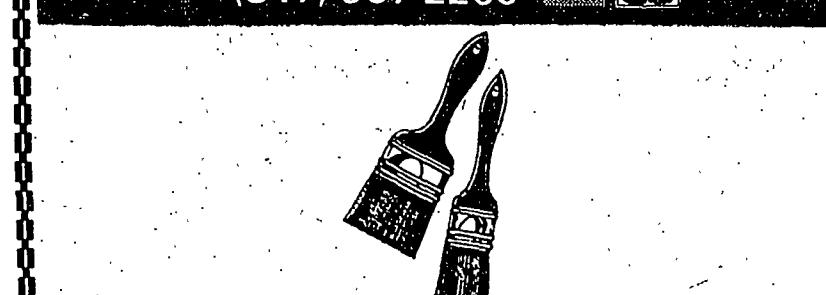
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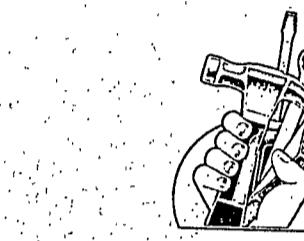
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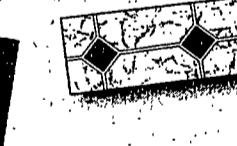
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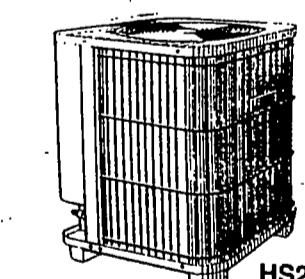
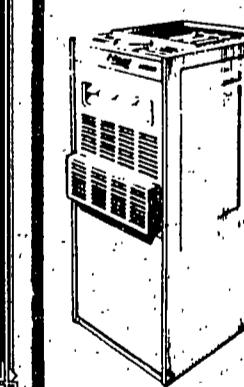
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LEGAL NOTICE
Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D046648 on the DEC 05, 1997. Under the Assumed Name of VIPASS with the business located at 7529 W. WINONA, HARWOOD HTS., IL 60656. The true name(s) and residence address of owner(s) is: DAVID MONROE JR., 7529 W. WINONA, HARWOOD HTS., IL 60656

1. What two Walt Disney movies originated in the 1950's?
A. Peter Pan and Cinderella
B. 101 Dalmatians and Bambi
C. Pinocchio and Dumbo
2. Unscramble the following word list to find five movies actor Tom Hanks has starred in:
Turner Sleepless Gump Party in Philadelphia Hooch Forrest And Bachelor Seattle.

3. Which popular movie candy originated from the 1941 Broadway stage performance, *Junior Miss?*
A. Charleston Chew

4. What was the name of the character Dustin Hoffman played in the 1982 movie hit *Tootsie*?
A. Michael Dorsey
B. Dorothy Michaels
C. All of the above

5. Which 1992 movie features Whoopi Goldberg dressed in a nun's garb, portraying a lounge singer named Dolores and hiding out from her mobster boyfriend in a convent?

6. Name three candy favorites among movie goers that are manufactured by Tootsie Roll Industries:

7. In the 1960 horror movie, *Psycho*, which famous male actor portrayed the mother-fixated proprietor, Norman?
A. Anthony Perkins
B. Raymond Burr
C. Anthony Hopkins

8. Unscramble the following word list to find four movies actress Meg Ryan has starred in:
When Top Courage Met Harry Gun Under Sally Doors Fire The.

9. Humphrey Bogart's famous quote, "Here's looking at you, kid," was spoken in what 1942 movie?
A. African Queen
B. Casablanca

LEGAL NOTICE
Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D046626 on the NOVEMBER 24, 1997. Under the Assumed Name of THE COBALT GROUP with the business located at 1602 WEST TALCOTT ROAD, PARK RIDGE, ILLINOIS 60068. The true name(s) and residence address of owner(s) is: CHERYL MARIE LACEST, SUITE 242 NILES, ILLINOIS 60714. The true name(s) and residence address of owner(s) is: GEORGE RYAN, 8664 GREGORY LN #C, DES PLAINES, ILLINOIS 60016.

C. High Sierra
10. Which 1993 movie directed by Steven Spielberg, is considered the number one money-maker of all time?

A. Jurassic Park
B. The Color Purple
C. Raiders of the Lost Ark

Answers: 1)A; 2)Turner and Hooch, Sleepless in Seattle, Forest Gump, Bachelor Party and Philadelphia; 3)B; 4)C; 5)C; 6)D; 7)A; 8)Courage of Fire, Top Gun, The Doors, and When Harry Met Sally; 9)B; 10)A.

Timothy Lawrence Bryski

Timothy Lawrence Bryski, son of Margaret A. Bryski of Niles, recently enlisted in the United States Marine Corps Delayed Entry Program. This program allows enlisted to enlist in the Marine Corps and defer going to recruit training. (Program is geared for high school seniors to defer going until after graduation.)

Tim is a student at Notre Dame. He will go to recruit training in July, 1998.

Anthony L. Carlton

Navy Seaman Apprentice Anthony L. Carlton, son of Richard A. and Ilene A. Carlton of Des Plaines, recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, IL.

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Des Plaines 2 bedroom full bsmnt, washer/dryer, CAC, 1 1/2 car garage. Nice location. Only \$950.00. call 847/808-7220 C1210

Des Plaines 4 rm apt elevator bldg. all app w/d & unit. Large closets - cable ready - balcony - indoor parking & storage. No pets. Now available. 847-647-9400 wkdays - 847-825-3566 weekends.

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Przybylo responds to library construction controversy

Continued from page 1
Fact: Funding for the construction project was approved in a 1995 referendum by residents of the Niles Public Library District. The \$8.875 million referendum received an editorial endorsement from the Bugle.

Reported: "Inexperienced" board members and administrator signed agreements with a general contractor.

Fact: The combined library experience of the current board members and administrator is sixty years. In addition, the law firm which represents the library district, Klein, Thorpe and Jenkins, was established in 1935 and is recognized as a leader in the field of municipal law.

Additional Facts: The last time the Bugle sent a reporter to a trustee meeting of the Niles Public Library District: December 1995. The number of times during the past four months that the editorial staff of the Bugle has refused to meet with library officials to discuss the construction project: eight.

Reported: The Bugle objected to the library occupancy of a temporary site at 7400 Caldwell.

Fact: The Trustees' decision to move to the temporary location was determined by the need to avoid the noise, dirt, and disruption of remaining in the old library during construction. Patrons would have had to park five or six blocks away from the library entrance. Residents in and around the Oakton Court area would have experienced increased congestion and traffic in front of their homes. In addition, post-construction bid negotiations indicated that both time and money would be saved if the library moved to a temporary site. During the first year of the project, \$315,000 has been saved in operating expenses and the library received a \$120,000 credit from its general contractor for moving to a temporary site.

Sincerely,
Ted M. Przybylo

Niles police ...

Continued from Page 1

"Our men were an integral part in the interviewing of the offender, once he was captured, and they assisted in the collection of evidence at Forest Villa," said Wilson.

During interrogation by Niles detectives, Tripp made statements which led to the charges, Wilson said.

Reid said the case has probably garnered more publicity than almost any previous Niles police matter because it shut down the expressway for two hours. The State Police blocked off the expressway near Diversey so they could look for evidence, Reid said. Inbound lanes of both the Edens and Kennedy were tied up.

While conceding that the Illinois State Police did not cooperate fully in notifying the Niles Police, Wilson said only that evidence at the scene of the abduction at the Forest Villa Nursing Home was "somewhat tampered or destroyed" by the time the Niles Police received notification of the crime.

Wilson also had praise for the Chicago Police. "They have the resources, the manpower and the technical skills to handle these kinds of incidents. They're good at what they do."

Reid said, "Area One in particular gave us a lot of cooperation and assistance, and we appreciate it. They came through for us and helped us out quite a bit."

Victim ...

Continued from Page 1

Hospital spokeswoman Cindy Castrovio said that Kosicki still required "the most intense around-the-clock care" the hospital could provide, but declined to give any other details of his injuries.

Holiday Pounds: Easy Come... Not-So-Easy Go

Continued from Page 1

The average person puts on an extra 5 to 11 pounds between Thanksgiving and New Year's, according to several sources. That's enough to make even Santa blush! It's no wonder the first thing we want to do on January 2 is rid ourselves of the excess fat and the guilt. But instead of dealing with holiday weight gain after New Year's, the smarter, less frustrating time to handle those extra pounds is before they even appear.

Losing weight during the holiday season is unrealistic for most people and often just sets them up for failure. It's usually wiser to focus on maintaining your weight or limiting weight gain to just one or two pounds during these pale-temping weeks. The American Institute for Cancer Research has some helpful hints for avoiding the notorious "winter waistline".

An important tip that many people ignore is not to skip meals before cocktail parties and large family dinners. All too often we overheat someone say, "I'm starving. I haven't eaten anything all day" as they head to the buffet table. Over-eaten often leads to over-eating, and over-eating, well, we all know what that leads to. Instead, snack on low-fat foods before the party, like pretzels, fruits, raw veggies or even half of a turkey sandwich. This way, when you hit the buffet table, you'll be more likely to eat only the things you really want to try, instead of everything in sight.

Rosenberg was conscious and able to speak when she was found and gave investigators preliminary information at the scene, including a description of Tripp.

She was taken to Illinois Masonic Hospital where she was taken to surgery upon arrival. The bullet and bullet fragments were removed during a three-hour operation, according to Carmeline Esposito, a hospital spokeswoman.

Since the operation, Rosenberg has made remarkable progress. "She was admitted in critical condition with a head wound and has already been upgraded to serious [condition]. That's wonderful," another spokeswoman said.

The familiar phrase, "everything in moderation," is especially true when it comes to holiday eating. Denying ourselves the holiday goodies may leave us feeling deprived, resulting in over-indulgence and weight gain.

As long as we stick to average-size portions and don't go back for seconds or thirds, eating some of our favorite foods of the season should remain enjoyable and guilt-free.

For a free booklet, Celebrate Good Health, with delicious, low-fat recipes for special occasions, send a self-addressed, stamped business-sized envelope (55 cent postage) to the American Institute for Cancer Research, Dept. GH, P.O. Box 97167, Washington, DC 20090-7167.

Stop Crime!

READ THE BUGLE

The NCT salary proposal called for a 5.2 percent increase the first year followed by a 4.7 percent increase the second year and CPI-based increases in the final two years. Under the teacher-sponsored proposal, the top salary in the 2000-2001 school year would be around \$85,000.

The board is expected to approve the contract at its Dec. 16 meeting following ratification by the teachers.

"Serious still means acutely ill," Esposito said, "but she is improving. She's sitting up and talking and can walk around, although she is still being monitored."

Esposito predicted Dec. 15 that Rosenberg might be released from the hospital in a week if she continues to improve. "She's a feisty lady," Esposito said.

Deputy Sup't. Reid said that the crime was a random incident. "Thus far, based on evidence, we feel it was a random act of violence that unfortunately ended up in our town." Police theorize that it was a spur of the moment crime that occurred when the suspect and his accomplice or accomplices observed Rosenberg and decided to rob her.

Police believe Tripp had one or more accomplices. "We believe there was a second suspect," said Wilson. "We don't believe he came from 5000 south on the CTA. There were no transfers or tokens on his person."

Tripp has a long record of violent offenses. In 1985, he was charged with armed robbery, unlawful use of a weapon and armed violence, police said. He was convicted of the robbery charge and sentenced to six years.

He was acquitted of charges of first-degree murder, armed robbery and unlawful use of a weapon in 1989, but was convicted of robbery and sentenced to seven years in prison later that year.

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The board is expected to approve the contract at its Dec. 16 meeting following ratification by the teachers.

LETTERS TO THE EDITOR

Former Nilesite extends holiday greetings

Dear Editor:

I thought you would like to hear from me and learn that I am still alive, in spite of the fact I went through a very serious illness but doing well now.

I just received a card from one of my good friends in the 55 Plus Club, the Glorianas and one of their notes questioned why they haven't heard from me through the Bugle.

As you know I was involved in many of the Senior Clubs in Niles, and maybe through the Bugle, you could let them know I am "well" and wish them all a Merry Christmas and a healthy New Year.

Yours truly,

George Hall
P.S. New Address:
57 Bouganvillea,
DeBary, FL 32713

Hanrahan thanks The Bugle

Dear Editor:

It has been an honor and pleasure to have worked with so many wonderful people during my tenure as Niles Township Assessor these past twenty years. You are part of this group.

Thank you for what you were able to do to help make this Niles Township Assessor's Office function as well as it did.

Together I think we did make a difference. Again, thanks for the wonderful memories and for being there for me and for the people we have served these many years.

Happy Holidays and God bless.

Gratefully yours,
Robert P. Hanrahan CAE
Assessor Niles Township

Christopher A. Cook

Amy Pvt. Christopher A. Cook has graduated from basic military training at Fort Sill, Lawton, Okla.

Cook is the son of Rosalyn and stepson of Richard Targis of Glenview.

The private is a 1997 graduate of Glenbrook South High School, Glenview.

Sheriff's police are asking anyone who may have seen any suspicious activity in the area between the hours of 4 a.m. and 7 a.m. Dec. 14, to call the Cook County Sheriff's Police at (847) 470-7455.

The board is expected to approve the contract at its Dec. 16 meeting following ratification by the teachers.

Professionals Guide

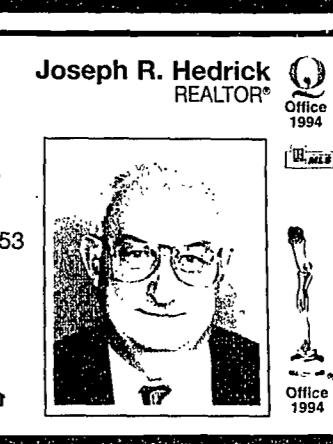
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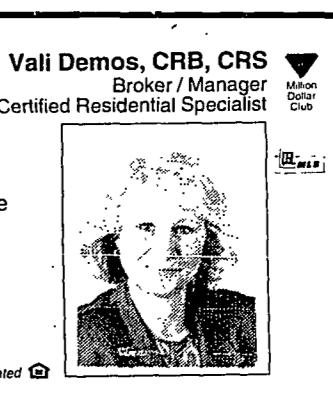
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