

## NILES Edition

8746 N. SHERMER RD., NILES, IL 60714

### From the Left Hand

by Bud Besser

Gleaning From My Reading.....

In the July-August issue of Mother Jones magazine is a feature on gambling. In a sub-headline it has an attention-grabber which reports Americans are betting more than \$550 billion a year.

In the past five years gambling generates more revenue than movies, spectator sports, theme parks, cruise ships and recorded music combined.

In 1978 only two states had casinos. Now 27 do and in the past five years the number of Americans visiting casinos has doubled. The result of casino gambling has made Las Vegas the fastest growing city in America and boasts 11 of the 12 largest hotels in the world. Within the next two years another \$6 billion of facilities will open including the \$1.3 billion Bellagio Hotel that will feature \$50 million in original paintings by Picasso, Manet and Renoir.

In 1994 President Clinton proposed a 4% tax on gambling. But the American Gaming Association, represented by former Republican chairman Frank Fahrenkopf, Jr. and a former Reagan advisor led strenuous lobbying resulting in Clinton withdrawing the tax proposal.

Continued on Page 42

### Glenview bride collapses, on wedding day

by Rosemary Tirio

A 24-year-old Glenview woman collapsed and died of apparent heart failure just hours after her wedding ceremony in Mishawaka, Ind., the Associated Press reported in a Sun-Times article.

Susie Laatz had returned to the Holy Spirit Chapel at St. Mary's College from which she graduated in 1995, to exchange vows with Sean Mangan.

After a wedding celebration with their families and friends at the Mishawaka Athletic Club, the

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Contact the Village of Niles at (847) 588-8000 with any further questions.

### Morton Grove goes behind bars for good

WHO: Members of the Morton Grove community who have volunteered one hour of their time to be a jaibird for the Muscular Dystrophy Association. Participants include local business and community leaders.

WHAT: Champ's Prime Co.

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Bugle News

VOL. 41, NO. 4

### Leaning Tower Triathlon coming up

Continuing the tradition, the 12th annual Tower Triathlon will be held on Sunday, July 20 at the Leaning Tower YMCA in Niles. It is a great day of fun for the participants and the volunteers. For many of the triathletes, this race is a 'warm-up' to some of Chicago's bigger events such as Mrs. T's. For the volunteers, it's a great opportunity to support the YMCA, the community and, of course, cheer on the athletes!!

The success of the Tower Triathlon is dependent upon the many volunteers who give their time and energy. We are looking

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### Outdoor watering restricted

To help conserve water, the Federal Water Administration and the Illinois Department of Transportation's Division of Water Resources requires municipalities to enact outdoor water sprinkling restrictions.

In Niles, all outside watering between the hours of 12 p.m. (noon) and 6 p.m. is prohibited every day of the week from May 15th through September 15th.

### Temporary closing of parking garage

The Village of Niles Administration Building Parking Garage (located under the building at 1000 Civic Center Drive) will be closed from August 4 to August 8.

The closure of the facility during this week will allow for the garage to be insulated. During this time period, residents are being asked to utilize the parking lots to the south of the Administration Building by the Post Office.

Contact the Village of Niles at (847) 588-8000 with any further questions.

### North Maine Fire mural dedication



An 8' x 8' mural, depicting the various activities of the North Maine Fire Protection, was recently dedicated at the District's station at 9301 N. Potter Road in Des Plaines.

According to Fire Chief Morris Farbman, the mural, done in sun-resistant acrylic paint, is immediately visible in the foyer of the station's main entrance.

The painting was created by Charlene Campagna, a Deerfield graphic artist and highlights the traditional Maltese Cross surrounded by various activities and apparatus of the Department. Shown are firefighting, rescue, paramedic and public education operations.

The cost of the mural was shared by the North Maine Firemen's Association and the Department.

Since the dedication, several departments in the area have expressed interest in a similar project.

### Five block area between Edens X-way and Skokie Blvd. under construction

## Flood control project snarls Dempster traffic

by Rosemary Tirio

If you're in a hurry, stay away from Dempster Street. That is the advice of Larry Arft, Morton Grove Village Administrator, and Skokie Village Engineer Eddy Nakai.

Resurfacing work along with the completion of a flood control project has snarled traffic in a five-block area and cut both east-bound and westbound traffic down to one lane in each direction between Skokie Boulevard and the Edens Expressway.

Arft and Nakai are encouraging drivers to use Main and Church streets as alternatives to Dempster Street until the project is finished, and that won't be for at least three and possibly four months, according to Nakai.

The Edens interchange has

added to the confusion in the area.

As part of a \$13 million flood

control project, contractors are

putting storm sewer lines in under

Continued on Page 42

control project was to have been completed in 1996, but had to be rescheduled for this year due to

Continued on Page 42

### Not a good day for would-be cigarette thief

by Rosemary Tirio

Even thieves and shoplifters have their bad days, and July 10 was certainly one of them for a 34-year-old Northbrook man who was apprehended removing five cartons of cigarettes and then exiting the Jewel store in the 5600 block of Touhy Avenue around 6:08 p.m.

Morton Grove police said they still lack both motive and suspect in the slaying of the 27-year-old wife and mother of a 2-year-old son.

Rumsey said she is hopeful that anyone with information who might have been reluctant of

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## Area News

### Competent Toastmaster award



### Families cook up fun at Leaning Tower

Families are invited to the Family Country Cook-Out on Friday, July 25 for a variety of food and old fashioned fun from 6 to 9 p.m. at the Leaning Tower Family YMCA at 6300 W. Touhy, Niles. As part of the YMCA Family Nights Program, the Country Cook-out will feature carnival games, country music, a cowboy/cowgirl costume contest, and a hearty feast of hot

dogs, s'mores and other goodies. Tickets are \$2 each for members, \$4 each for non-members, or \$8 for the whole family, and can be purchased at the door. Sponsored by the Allstar Foundation, Family Nights Program, the Country Cook-out will feature carnival games, country music, a cowboy/cowgirl costume contest, and a hearty feast of hot

### Niles Historical Society

The PASSPORT Adventure Program sponsored by the Niles Historical Society, Niles Public Library, Morton Grove Library, Morton Grove Historical Museum, Niles/Morton Grove Rotary and MotoPhoto at Village Crossings is still open to all children in the area.

If you hear "There's nothing to do!", take the time to explore the local nature centers and museums. But before you go, stop by the Niles Historical Museum, 8970 Milwaukee Avenue (Wednesdays and Fridays) or the Niles Public Library, 7400 Waukegan Rd., and pick up a PASSPORT booklet. When you visit one of the listed 100+ participating sites, you get the booklet stamped. And when you visit 5 or more sites, receive a certificate of

participation; 7 or more sites, coupons to local restaurants; 10 or more sites, one-shot camera and free processing; 20 or more sites, \$20 in gift certificates.

The program opened May 26 and booklets must be returned to the Museum or Library by Sunday, Aug. 17 to qualify for awards. There is still plenty of time to relish a fun, educational trip.

What a great way to spend the rest of the summer! What a great way to spend time with the children.

For more information, call the Museum, 390-0610 or Library, 588-0500.

### USE THE BUGLE



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### Glenview to buy water utility company

by Rosemary Tirio

The Glenview Village Board approved the purchase of the North Suburban Public Utility Co. recently and will go into the public utility business next year.

Previously known as Yachtman Utility Co. and Domestic Utility Service Co., the company provides 1.1 billion gallons of water and wastewater services to 40,000 customers of unincorporated Cook County each year.

Residents of the area south of Glenview bounded by Golf Road, Crescent Drive, Stacy Court and Harrison Street as well as an area west of Glenview bounded by Greenwood Road, Milwaukee Avenue, Potter Road, Dempster Street and East River Road will be served by the new Glenview utility.

The move is expected to benefit village residents as well as non-resident water and sewer customers. Village officials hope to be able to improve repair and upgrades of village streets and pipelines, sources said.

An additional \$29,500 will be paid to Consoer Townsend Envirodyne Engineers, Inc., the firm that will analyze the utility's cost of water production and come up with a more appropriate rate structure, something that has not been adjusted for 14 years, officials said.

Negotiations for the acquisition of the Kansas-based utility lasted about a year. Utility owners faced at least \$1 million in repairs and improvements to the system and another \$100,000 and lots of red tape in attempting to wrest permission to adjust customer rates from the Illinois Commerce Commission.

Jerry Perryman, attorney for the utility, said it just made sense to try to find a buyer. He termed the transaction a unique opportunity for the village because not many utility companies of the

Metered customers numbering about 5,000 pay \$3.96 per 1,000 gallons of water that the utility buys from Niles for \$2.40 per 1,000 gallons. Glenview customers, by contrast, pay \$2.60 per 1,000 gallons, while customers in the unincorporated area pay \$4.10 per 1,000 gallons of water purchased from Wilmette at 92 cents per 1,000 gallons.

Following brunch, the group will travel to the Shedd Aquarium. The aquarium visit will include a presentation in the lake-front Oceanarium, which highlights the whales, dolphins, sea otters and seals of the Pacific Northwest in a natural setting.

The Options 55 trip is scheduled for 9:45 a.m. to 6 p.m. Sunday, July 20. Options 55 is open to township residents ages 55 through 65. The group offers weekend and evening trips for residents nearing retirement age who want to explore new recreational activities and meet people with similar interests. There is no cost to join. For more information, call Barb Koss in the township's Adult & Senior Services Department at (847) 297-2510.

The Chicago trip will begin with a one-and-a-half-hour-long guided Wendella boat tour on the lake and river, along with a journey through the Chicago River locks. Afterward, the group will visit Joe's Be Bop Cafe and Jazz Emporium at Navy Pier for a Big Band Buffet Brunch of house-

cured salmon, barbecue, smoked meats and more. Live jazz will be performed during the meal.

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## Put Children First

**"The Land of the Free..."**  
July 4 represents a special time of year when Americans come together to celebrate our independence as a nation and our freedom as individuals. It is also a time to reflect on what freedom means and its relationship to responsibility. People who live under tyranny are searching for "freedom from" - freedom from oppression. People who live in a free society such as ours are fortunate to have laws which guarantee them the opportunity to search for "freedom to" - freedom to express individual choices. Real freedom is achieved through assuming responsibility.

For some time now, perhaps we have all slipped into a philosophy centered around "if it feels good, do it." However most of you who are parents will experience that taking care of a family and supporting your children, as legally mandated, makes you feel good and will protect your freedom. Accepting responsibility guarantees you the freedom to participate in the larger community without restriction or judgment, to pursue any desired profession, to hold professional, recreational and driver's licenses, to establish credit and assets without fear of seizure, to make autonomous decision in how you choose to pay your bills (not if), and to be respected and honored by your children, your children's other parent, your extended families, and society as a whole.

But does every citizen have unconditional access to these rights? The answer, quite obviously, is "no." Rights can be taken away as a form of punishment. Our country is full of prisons whose inmates have lost their freedom as a result of committing crimes or ignoring court orders.

**"Project Re-Enterprise"**  
However, our society also offers some ex-offenders a chance to reclaim their independence and prove themselves again worthy of the privileges of freedom. In an attempt to assist inmates in making the often-difficult transition back into the community, a program called Project Re-

Enterprise was designed for criminal justice systems to help reintegrate inmates into society and instruct them on how to take responsibility for themselves and their families. This program was created in 1992 by the Crime Prevention Institute, located in Austin, Texas. Project Re-Enterprise is designed to educate ex-offenders on the benefits available to them through state agencies, e.g., loans for housing, health care services, veterans benefits, child support services, legal aid services, etc. Most importantly, it educates employers on the value these ex-offenders can bring to the employment community. The Institute heavily promotes recovery programs for inmates addicted to alcohol and drugs - a problem that contributes greatly to repeat crimes.

A major component of Project Re-Enterprise is the emphasis on assuming responsibility. To help inmates in their struggle to be self-sufficient, many prisons and parole programs offer intensive training in parents and relationships. The response to the Institute's efforts at reintegration has been overwhelmingly positive, from inmates expressing "new hope for the future." It has been the experience of those involved in such programs that when help is offered and accepted, it helps many ex-offenders from continuing in lives of crime, helps inmates' families to fulfill their potential, and, as a result, saves countless innocent people from being victimized in the future. This constitutes a "win/win" approach to criminal justice issues.

The Girl Scouts, recognizing the value of keeping families together, is participating in a most promising experiment, called Girl Scouts Beyond Bars, that units inmate mothers with their daughters through girl scout troop meetings held at the prison site. These meetings provide an opportunity for healthy interaction between parent and child, and help strengthen a family bond that might otherwise be broken during their separation. The result has been that many girls feel less abandoned by their mothers, and the mothers, in turn, feel they are contributing something positive to their daughters' lives. The mothers are required to take parent training classes while incarcerated, and also receive training in stress management and instruction on how to be Girl Scout leaders. Texas has taken this concept one step further and merged the Project Re-Enterprise concept with the "Girl Scouts Beyond Bars" program to create "Enterprising Girl Scouts Beyond Bars."

If you are a non-custodial parent who has walked away from your parenting responsibilities, we urge you to re-think your decision. If you are a custodial parent who is preventing the other parent from spending time with the child(ren), we urge you to rethink your decision. We urge you to move toward responsibility and to its very real reward of freedom in the purest sense. You deserve it - your children deserve it.

**For More Information**  
This information is brought to you by The National Child Support Enforcement Association, 444 N. Capitol St., Suite 414, Hall of the States, Washington, DC, 20001, (202) 624-3180. NCSEA does not handle individual child support cases. If you need help with your child support case, please contact the child support agency in your state.

### East Maine Caucus to meet July 30

The East Maine Township General Caucus will meet at 7:30 p.m. July 30 in a conference room in the new Niles Civic Center. This meeting, which is open to the public, will review the caucus' efforts to recruit and screen candidates for seats on the boards of East Maine Elementary School District 63 and Maine Township High School District 207.

Residents of eastern Maine Township interested in serving on a school board can contact Joseph Harrington, caucus chairman, at (847) 965-6935. All applicants to the East Maine Caucus must live in the Dist. 63 areas, which includes parts of Des Plaines, Glenview, Morton Grove, Niles, Park Ridge and un-

incorporated Cook County.  
To date, four people have expressed interest in seeking board seats, and the caucus is scheduled to interview them on July 16. The filing deadline for positions on the November ballot is Aug. 25.

### Timothy M. Donahugh

Navy Ensign Timothy M. Donahugh, a 1992 graduate of Maine Township High School of Park Ridge, Ill., recently completed the Officer Indoctrination Course.

Donahugh is a 1996 graduate of Lewis University, Romeoville, Ill., with a BS degree.

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## Church and Temple News

### Salute to seniors Shabbat Service

Temple Beth-El invites prospective members to a "Salute to Seniors Shabbat Service" on Friday evening, July 25, at 8 p.m., 3610 Dundee Rd., Northbrook. Be the guest of the Temple for refreshments at the Oneeg Shabbat following the service.

Victor Weissberg, Rabbi



### Simkins Funeral Home

Join the growing number of people who make funeral pre-arrangements. Call for an appointment.

6251 Dempster St.  
Morton Grove, Illinois 60053  
Phone: (847) 965-2500



### OBITUARIES

#### MARVEL M. De CORREVONT

Marvel M. De Correvont, 68, of Morton Grove, died June 27. Beloved wife of the late Howard "Bud" De Correvont. Beloved mother of Linda King and Michael Laity. Beloved step-mother of Susan Sewell, John De Correvont, James De Correvont, Thomas De Correvont, and the late Howard De Correvont, Jr. Grandmother of 8. Great-grandmother of 1. Sister of Dolly Janz. Services were held June 30. Arrangements handled by Simkins Funeral Home. Interment was in Memorial Park Cemetery.

#### BRUNO H. SOLAN

Bruno H. Solan, 86, June 9, 1997. Beloved husband of Genevieve Solan. Beloved son of Stanley Solan, and Veronica Solan. Father of Jerry Solan, Jacqueline Luczak, Jim Solan. Services were held at St. Isaac Jogues Church on June 12. Arrangements were held by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery.

#### MIKE'S FLOWER SHOP, INC.

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8:30-4:30  
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#### EDWARD J. SYSLO

Howard J. Syslo died on Monday, June 2, 1997. He was 73 years old. Beloved husband of Late Ann Syslo. Beloved son of Stanley and Anna Syslo. Beloved father of Susan Syslo, Kenneth (Janice) Syslo. Brother of Josephine Adamek, Late Henry Syslo, and John Paul Syslo. Grandfather of Tommy, Mark, and Lynn. Services were held June 4, at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Memorial Park Cemetery.

#### FLORENCE M. JOHNSON

Florence M. Johnson, 74, died on Monday, June 2, 1997. Beloved wife of William J. Sturm. Beloved daughter of Ben Dalfino and Josephine Dalfino. Mother of Rose Marie Zimmer, Virginia Webster, and William Sturm. Services were held at St. John Brebeuf Church on June 6. Arrangements handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery.

#### STEVEN C. BERGER

Steven C. Berger, 25, died on Sunday June 8, 1997. Beloved son of Gus Kinast and Irene Kinast. Beloved brother of Heidi Kinast, Tammi Kinast, Karen Kinast and Gary Kinast. Services were held at St. Matthew Lutheran Church, June 10. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Memorial Park Cemetery.

#### WALTER J. ELDER

Walter J. Elder, 76, died on June 11, 1997. Beloved husband of Geraldine A. Elder. Beloved son of John G. Elder, and Katherine Elder. Father of John Elder, Joanne Johnson, James Elder, Grandfather of Jeffrey, Michael Johnson, Zachary, Katelyn Elder, and Ryan Elder. Services were held at St. John Brebeuf Church on June 14. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

#### USE THE BUGLE

To report the death of a Social Security beneficiary or Supplemental Security Income (SSI) recipient or to apply for Survivor benefits: call, 1-800-SSA 772-1213, business days, 7 a.m. to 7 p.m.

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## Church and Temple News

### Temple Beth-El Picnic and Service

### Poland's Bishop Jez celebrates St. Kolbe Mass

### St. John Brebeuf Family Picnic

Temple Beth-El invites community residents to a Service Under The Stars on Friday evening, July 18 at 7:30 p.m., 3610 Dundee Rd., Northbrook. This special Shabbat Service is one of a variety of activities available for prospective members this summer to meet our Rabbi, Sidney Helbraun. The Service will be preceded by a Family picnic beginning at 6:30 p.m. Bring your own Shabbat picnic and be the guest of the Temple for challah, refreshments and festive Oney.

Bishop Ignacy Jez of Koszalin, Poland will celebrate the Mass on August 17, and will be assisted by local clergy. Last year's celebrant was the Archbishop of Warsaw, Kazimierz Majdański.

The Mass is in honor of St.

Maximilian Kolbe and the three

Christian martyrs of

World War II.

"August 14 is the feast day of

the Temple offers one day a week Hebrew School. For more information on the Temple and membership call Temple Beth-El at (847) 205-9982.

Congregants will be available to answer questions, and explain how being part of the Temple family can enrich your life.

Beth-El offers religious, educational, and social activities for all family members from toddlers through grandparents.

The Temple offers one day a week Hebrew School. For more information on the Temple and membership call Temple Beth-El at (847) 205-9982.

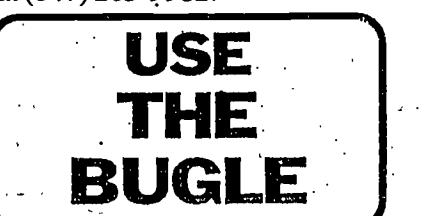
Rabbi Edmund Winter and the Board of Directors of Maine Township Jewish Congregation Shaare Emet have announced that, as in previous years, religious services are continuing on a regular basis throughout the summer.

Services are held twice daily, Monday through Thursday at 7:30 a.m. and 7:30 p.m., Sunday at

9 a.m. and 7:30 p.m., Friday at 7:30 a.m. and 20 minutes before sunset, and Saturday at 9 a.m. and before sunset. Exact times for Friday and Saturday evening services may be obtained by calling the Synagogue office weekdays, (847) 297-2006.

Membership applications and

school registrations are being accepted throughout the summer.



### MTJC services

9 a.m. and 7:30 p.m., Friday at 7:30 a.m. and 20 minutes before sunset, and Saturday at 9 a.m. and before sunset. Exact times for Friday and Saturday evening services may be obtained by calling the Synagogue office weekdays, (847) 297-2006.

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Membership applications and

school registrations are being accepted throughout the summer.

### Rosh Hashana and

### Yom Kippur

### High Holiday Services

October 2, 3, and 11

Conducted by  
Rabbi Edmund Winter  
Cantor Sandor Karzen

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## Health News

### Free College Fair at Resurrection

A free college fair sponsored by the Resurrection Learning Institute of Resurrection Health Care will be offered at Resurrection Medical Center, 7435 West Talcott Avenue. The fair will take place on July 24 from 11 a.m. to 4 p.m. at the Marian Conference Center on the ground floor.

Representatives from over 40 colleges and universities throughout Chicago and the suburbs have been invited to attend to answer questions and provide catalogs, schedules and brochures about their institutions.

The fair is being sponsored in cooperation with Resources for the Education of Adults in the Chicago Area (REACH), a consortium of academic institutions and other organizations and individuals whose mission is to present educational opportunities to adult learners in the Chicago area.

For more information about the college fair, call 773-792-9762.

### Charles D. Mullenix, M.D. Announces

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## Women's News

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An ANTIQUE And COLLECTIBLE  
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9:00 AM - 4:00 PM  
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### Camp Courage helps children deal with the loss of a loved one

The staff of HOSPICE OF NORTHEASTERN ILLINOIS, INC. (HNI), is currently preparing for the third annual session of Camp Courage, a day camp for children ages 6-12 who have experienced the death of a loved one. Camp Courage will take place July 21-24, 1997, at Camp Duncan in Volo, IL.

Patterned after a camp started by the Hospice of Delaware, HNI is the only hospice in Illinois to offer this type of program to help children work through grief issues.

The purpose of this bereave-

ment camp is to provide children with the opportunity to explore and express their feelings in a safe, caring, and supportive environment. Thirty children will participate this year. Each day children will be involved in a focused bereavement activity followed by fun and games. This planned rhythm provides balance for the intensity of the feelings involved in the grieving process.

The camp is designed to allow personal attention for each child's individual needs and pain. Each trained counselor focuses on only two children, and is trained to listen, answer questions, clarify issues, and make each child feel special. Campers share a common bond the minute they arrive at Camp Courage. Courage is not the absence of fear or pain -- campers at Camp Courage have "guts."

The experience at Camp Courage gives children the tools and experiences needed to help them go on with living, loving and learning.

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AND WHILE YOU'RE HERE, VISIT OUR DELICATESSEN, AND PUT SOME HOT-CORNERED BEEF BETWEEN THOSE RYE BREAD SLICES OR JUST PREVIEW THE MOST INCREDIBLE DELI-LAZY SUSAN PLATTERS IN THE BUSINESS. OR JUST HAVE A FRESH BROILED ROTISSERIE CHICKEN WHILE YOU FILL UP AT THE FRESH SALAD BAR.  
\*CERTAIN RESTRICTIONS APPLY. SEE IN STORE FOR DETAILS

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ALL FOR JUST \$10.00!  
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**COUPON**  
For DINNER or LUNCH  
Buy 1 1/2 Pound Steak, Turkey, Roast Beef or any Deli Meat (Your Choice) - Add 1 lb. Potato Salad, Cole Slaw or any baked beans - AND THE BREAD AND DESSERT ARE ON US!!  
Limited Time Offer

### Free things to send for

To learn about exercises for golfers, write the American Academy of Physical Medicine and Rehabilitation, Dept. P, One IBM Plaza, Suite 2500 Chicago, Illinois 60611 or www.aapmr.org.

For a free brochure, Your Child's Skin And The Sun, write to the American Skin Association, 150 East 58th Street, New

York, NY 10155-0002 or call 1-800-499-SKIN.

For a free copy of "A Common Sense Guide for Walking," call 1-800-932-8677.

For a free brochure on depression, send a self-addressed, stamped envelope to: American Academy of Family Physicians, c/o Main Street Department, Depression, P.O. Box 19326, Leavenworth, KS 66285-9326.

For information on graduated licensing for teenaged drivers, write to the National Highway Traffic Safety Administration, Driver Register and Traffic Records Division, Room 6124, 400 7th Street, S.W., Washington, DC 20590.

To learn more about new video or PC games from Electronic Arts, visit the Web site at www.ca.com.

To learn about the SureJell Hall of Fame jam and jelly making contest, send a self-addressed, stamped envelope to Hunter & Associates, Dept. A, 41 Madison Avenue, 5th Floor, New York, NY 10010-2202.

Hadassah group to go to Empress Casino

Ketura Hadassah will go to the Empress Casino in Hammond, IN on Tuesday, July 29. Bus pickup will be at 10 a.m. at Proesel Park (Lincolnwood) Morse Avenue near tennis courts, return at 4:30 p.m. Cost is \$18, including 11 a.m. lunch. For information call 847-675-1578.

Finally, plan your shopping and shop your plan.

### Going shopping? Make a plan first

If you don't have a wardrobe plan and a budget, you may be spending too much money on clothing, said Mary Ann Fugate, University of Illinois Extension consumer and family economics educator in Champaign.

Wardrobe planning means taking stock of what you have, and deciding which items you will need for a complete wardrobe.

"When you consider what you need before shopping, you're less likely to buy clothes on impulse," Fugate said. "We all have better control over our own shopping habits when we make a plan rather than shop on impulse."

Analyze your wardrobe and decide which pieces are missing. If your goal is to have a complete business wardrobe, for example, count the number of skirts, blazers and blouses you have. If you have three skirts and three blazers, but only one or two blouses, you may decide to purchase two new blouses - one per month, for example.

Setting a monthly clothing budget is important, too. Clothing includes coats, shoes, socks and underwear. Clothing purchases can add up to a substantial sum in a year, especially for children since they may outgrow clothing every year.

"Most people spend much more money on clothing than they think they do," Fugate said.

Purchasing a dress for a special dance or big event can cause financial strain. It helps to set a budget for that item, and shop within those means.

Fad items are tempting, but may not be very practical if the item goes out of style quickly. Stick with classic designs on clothing, then show a flare for fads in accessory items, Fugate suggested. Lime green is in style this season, for example, but not everyone looks good in a lime-green outfit. Instead, select a lime-green scarf or an inexpensive top.

Retail "sales" can save you money, but only if you would purchase the item because it was in your plan or even if it wasn't "on sale," Fugate said. Don't buy an item just because it is on sale at a reduced price.

Consumers can also save money by purchasing clothes at the end of a season and buying secondhand clothing. If you don't have a large clothing budget, accessorize the clothes you have to spruce up your wardrobe without spending much money.

Fugate offered these additional tips for saving money. Use catalogs for discounted prices on clothing; purchase machine-washable clothing, and look for clothing made of all-season, medium-weight fabric.

Finally, plan your shopping and shop your plan.

### Going shopping? Make a plan first

The O'Hare Suburban Chapter #193 of the National Association of Women in Construction is holding a 25th reunion luncheon. The luncheon will be held on Saturday, October 4, at 11:30 a.m. at the Avalon Banquet Hall in Elk Grove Village.

The National Association of Women in Construction is an organization that provides women working in the construction industry with networking and educational opportunities. The O'Hare Suburban Chapter, founded in October, 1972 holds monthly meetings that feature speakers on a variety of topics of

interest to women in this industry.

The luncheon reunion is planned to include all members of the Chapter during its 25 year history. Guests are also welcome.

Information regarding the location of former members will be greatly appreciated.

For more information about NAWC's 25th Anniversary Reunion Luncheon, or about the organization itself, contact Sheri L. Kagan, Kagan & Associates, 1101 Perimeter Drive, Suite 460, Schaumburg, IL 60173, (847) 995-0300.

"These patients are especially susceptible to cavities because the naturally occurring buffering effect of saliva is reduced," explains E. "Mac" Edington, DDS, MAGD, president-elect of the Academy of General Dentistry. "Saliva protects against cavities by breaking down dietary starches, neutralizing and buffering plaque acids, providing ions for tooth remineralization, and by coating teeth with protective proteins."

When saliva becomes diminished in an adult with dry mouth, the patient becomes very suscep-

tive research into the causes, prevention and treatment of breast and cervical cancer must be ongoing," said Dr. Lumpkin. "These research grants contribute significantly to advancing these efforts."

Invasive breast cancer is diag-

nosed in approximately 7,300 Illinois women annually and claims the lives of 2,200 each year. Nearly 710 women in Illinois learn they have invasive cervical cancer each year and about 220 women die annually from the disease.

The grant monies are from state appropriations and the Breast and Cervical Cancer Research Fund, a special fund to which taxpayers can contribute through their IL-1040 income tax returns.

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The grant monies are from state appropriations and the Breast and Cervical Cancer Research Fund, a special fund to which taxpayers can contribute through their IL-1040 income tax returns.

"Critical research into the causes, prevention and treatment of breast and cervical cancer must be ongoing," said Dr. Lumpkin. "These research grants contribute significantly to advancing these efforts."

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## Community Calendar

### ARTS & CRAFTS

#### July 19-20 EDENS ART FAIR

The sidewalks of Edens Plaza will fill with exhibitors from seven states who will join with talented area artists to participate in the Annual Edens Art Fair to be presented by American Society of Artists, a national member.

**La Scala Italian Restaurant**  
5361 N Harlem • Chicago (773) 792-2030  
**NOW OPEN FOR LUNCH**  
**2 FOR 1 SPECIAL**  
Up to eight dollars value when 2nd meal is of equal or lesser value.  
Parties/Special Occasions Welcome  
FREE PARKING  
OPEN DAILY FROM 12N-11 PM  
Exp. 7/31/97

bership organization. The show will be held Saturday, July 19 from 10 a.m. to 5 p.m., and Sunday, July 20 from noon to 5 p.m. at Edens Plaza, Lake, Skokie and Edens Expy., Wilmette. Additional information may be obtained from A.S.A. at (312) 751-2500 or by calling (847) 991-4748.

#### July 26 - 27 ART & CRAFT SHOW AT LAMBS FARM

A fantastic art & craft show is taking place at Lambs Farm in Libertyville, Saturday and Sunday from 10 a.m. to 5 p.m. both days. Over 170 artisans from 15 states will be exhibiting their quality works in the pastoral setting of Lambs Farm. Admission & parking are free. Lambs Farm is located at the intersection of I-94 (Tri-State Tollway) & Rte. 176 (Rockland Road), two miles east of downtown Libertyville. The show will be held rain or shine. For more information, please call Lambs Farm at (847) 362-4638 or Art Plus at (630) 325-8080.

### ER/Trauma Drama '97' benefit



The Mount Sinai Medical Institute Council will present "ER/Trauma Drama '97," to benefit emergency and trauma care at Mount Sinai Hospital Medical Center, at 8:45 p.m. Saturday, July 19 at the Westin River North (formerly Hotel Nikko), 320 N. Dearborn in Chicago. More than 700 guests are expected to attend the black-tie gala, which will feature a sumptuous buffet of hors d'oeuvres and desserts, a silent auction with fabulous prizes, and dancing till the wee hours to Voyager, a Bradley Young Orchestra. Among the guests will be cast members of the hit NBC-TV series ER, including Connie Marie Brazelton, Deezer D, Laura Ceron, Ellen Crawford and Michael Genovese. The event is expected to raise nearly \$100,000 to rebuild emergency and trauma facilities at Mount Sinai Hospital as part of its Campaign for Life. Tickets are \$75 in advance or \$90 at the door. Anticipating the best is Skokie native Dr. Les Zun (right), chairman of emergency medicine at Mount Sinai Hospital Medical Center, with event co-chairs Stephany Wisol and Mark Greenbaum. Dr. Zun has supplied story ideas to the producers of NBC's ER series. For reservations or information call 773-257-5016, or visit website www.erparty.com.

#### CHILDREN

#### July 17-20 "Broadway Rhythm" and "The Frog Prince"

The Northbrook Theatre Children's Company presents "Broadway Rhythm" and "The Frog Prince" Thursday, Friday, Saturday, and Sunday, July 17 to July 20. These Broadway style shows are given by children, grades 3 to 6, participating in the Musical Theatre and Creative Drama Workshops. All seats are reserved and priced at \$5. Performances are at the Leisure Center Theatre located at 3323 Walters Avenue, Northbrook, Call. (847) 291-2367 for specific times and to reserve your tickets.

### ENTERTAINMENT

#### July 17, 20 "Broadway Rhythm" and "The Frog Prince"

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### MUSIC CAMP

#### July 18-20 and 24-27 "Hamlet"

Shakespeare on the Green To Present "Hamlet" And Host Gala Under The Stars at Barat College. All performances of "Hamlet" are free and start at 8 p.m., July 18-20 and 24-27. Festival grounds open at 6 p.m. for picnicking, and food will be sold on the premises. On Saturday, July 19, beginning at 5:30 p.m., gala sponsored by the Friends of Shakespeare Committee, includes a buffet supper, pre-show entertainment, and preferred seating. For more information, please call (847) 295-2620.

#### Sun., July 20 Family Gospel Festival

The Chicago Youth Symphony Orchestra (CYSO), Grant Park Music Festival and the Chicago Park District presents "Postcards from Around the World" concert Thursday, July 17 at 11 a.m. at Petrilillo Band Shell in Grant Park. Admission is free. For more information, please call (312) 939-2207.

#### July 18-21 ST. HARALAMBOS GREEK FOOD FEST

St. Haralambos Greek Orthodox Community of Niles is hosting a Greek Food Fest on July 18-21 on the Church grounds at 7373 Caldwell Ave. in Niles. Sample Greek food, wine and music. For further information, call (847) 647-8880.

#### July 26-August 1 "Vocal Jazz Week" in Naperville

Six "Hot Jazz - 6 Cool Nites" concerts will be presented the

Continued on Page 13

**TURK II**  
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Heating & Air Conditioning, Inc.

## Professional Duct Cleaning

### What's in YOUR Ducts?

For a limited time only, we will completely power clean your ductwork for \$299. The complete sanitation process, as mentioned above is available for a charge of \$15 per room.

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Did you know...  
The average adult inhales two tablespoons of household dust daily.  
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50% of all illnesses are caused or aggravated by polluted indoor air.  
Nine out of ten system failures are caused by the effects of dirt and dust.

"One of six people who suffer from allergies do so because of the direct relationship to the fungi and bacteria in air duct systems."

-Total Health and Better Health Magazine

## Community Calendar

### ENTERTAINMENT

Continued from Page 12

week of July 26-August 1 at North Central College.

The concerts, presented in conjunction with the ninth annual Janice Borla Vocal Jazz Camp, will begin at 8 p.m. on Saturday, July 26, Sunday July 27, and Tuesday through Friday, July 29-August 1 in Heiningen Auditorium, Lorraine Academic Center, 309 E. School Street, Naperville.

Tickets to the concerts are \$8 for adults and \$6 for students/senior citizens. A 5-night concert pass can also be purchased for \$30.

For concert ticket reservations and further information, contact the Janice Borla Vocal Jazz Camp at (630) 637-5620.

#### Sun., July 27 CHICAGO JEWISH ROOTS

A sentimental journey with Dr. Irving Cutler, Maxwell St., Lawndale, Logan Square, Humboldt Park, Albany Park, Rogers Park, July 27, noon, Horwitz Center, 3003 W. Touhy. Fee: CJHS or DSI members \$21, non-members \$24. (847) 432-7003.

#### July 27-31 ST. PETER'S SINGLES CLUB

All singles over 45 are invited to the following St. Peter's Singles Club dances. Friday, July 18 at the Casa Royale, 783 Lee/Mannheim, Des Plaines. Saturday, July 19 at Frances-

Continued on Page 14

Continued on Page 14

#### JULY 27-31 MUSIC CAMP

Applications are still being accepted for the Great Lake Music Camp on the campus of Valparaiso University. Camp dates are July 27-31. The camp is designed for band students in grades five through nine and orchestra students grades five through ten. For information contact Great Lake Music Camps, P.O.Box 1994, Valparaiso, IN or call 219-477-2552.

#### Fri., July 25 HEALTH

Eye Problems of Elderly "Seeing Well as You Grow Older" will be the title of a free community education program at Resurrection Medical Center, 7435 West Talcott Avenue. The program will take place on

Continued on Page 14

## Community Calendar

### SINGLES

Continued from Page 13

**Sat., July 19**  
**Chicago Metro Singles**  
 at the Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington, IL. DJ music will be provided. Admission will be \$7. The event is co-sponsored by the Northwest Suburban Singles Association, Young Suburban Singles, and Singles & Company. For more information call 708-209-2066. All of the sponsoring groups are non-profit organizations.

**FIRST CHOICE DELI BACKS GRAND OPENING**

**10% Discount, Senior Citizens Wed. All Meat Products**

Home made Polish Sausages & cold cuts, made from the highest quality of meats and old traditional Polish recipes.

LONGSTANDING TRADITION, REASONABLE PRICES,  
 PRODUCE OF THE HIGHEST QUALITY, FRIENDLY AND COURTEOUS SERVICE,  
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**- STARTS FRIDAY, JULY 18TH -**

**★ MATINEES EVERY DAY ★**

"SPEED 2-CRUISE CONTROL"  
 Sandra Bullock  
 EVERYDAY: 1:45, 4:20, 6:55, 9:30 - Rated PG13

"BREAKDOWN"  
 EVERYDAY: 1:15, 3:15, 5:15, 7:15, 9:15 - Rated R

"DOUBLE FEATURE -  
 "TRIAL & ERROR"  
 Michael Richards  
 EVERYDAY: 3:00, 7:00 - Rated R

"ANACONDA"  
 EVERYDAY: 1:05, 5:05, 9:05 - Rated PG13

"DOUBLE FEATURE -  
 "AUSTIN POWERS"  
 EVERYDAY: 1:30, 5:20, 9:10 - Rated PG13

"LIAR LIAR"  
 EVERYDAY: 3:25, 7:15 - Rated R

ALL SEATS \$1.75

STRESSED OUT? HURTING? HEADACHE OR BACK PAIN?

### PRESSURE POINT THERAPY WORKSHOP

Learn How to Treat Yourself for Conditions Including:

- Headaches
- Back Pain
- Sinuses
- Neck Pain
- Carpal Tunnel
- PMS
- Low Energy
- Joint Pain

Wednesday, July 30, 1997  
 7:00 - 8:30 p.m.  
 at

LUTHERAN GENERAL HOSPITAL  
 Park Ridge, Illinois

Space is Limited! Call Now To Register  
 Presented by the Doctor's Speakers Bureau

CALL (773) 763-2488

**Sat., July 19**  
**Chicago Metro Singles**  
 The Chicago Metro Singles invite all singles to a dance at 8 p.m. on Saturday, July 19, at the Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington, IL. DJ music will be provided. Admission will be \$7. The event is co-sponsored by the Northwest Suburban Singles Association, Young Suburban Singles, and Singles & Company. For more information, call 708-209-2066.

**Sun., July 20**  
**Northwest Suburban Singles**  
 The Northwest Suburban Singles invite all singles to a dance at 7 p.m. on Sunday, July 20, at the Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington, IL. There will be DJ dance music. Admission of \$7 includes a buffet. For more information, call 708-579-9799.

**Sat., July 19**  
**T.G.I.S. SINGLES**  
 T.G.I.S. Singles will have a dance at 8 p.m. at the Glendale House, 10225 S. Harlem, Chicago Ridge, IL. All singles are invited. Admission is \$5. For more information, call 708-579-6688.

**Sun., July 20**  
**RAVINIA INT'L NIGHT**  
 All Jewish singles 39+ are invited to Ravinia International night at 7 p.m. For reservations and information, please call the Big Ten Conference at (847) 696-1010.

**Sat., July 19**  
**BAGELS & MORE BRUNCH**  
 All Jewish singles 39+ are invited to join this informal group from 10:30 a.m. - 12:30 p.m. for brunch, conversation and brainstorming about future events. Cost is \$4 for members & \$6 for non-members. For reservations and location please call Barbara 847/724-9472 or Maria 847/541-1910 by July 19.

**Wed., July 23**  
**RAVINIA FESTIVAL**  
 All Jewish singles 39+ are invited to the Peter, Paul and Mary Concert at Ravinia at 8 p.m. For reservations and information, please call Bella at (847) 675-5752.

**Fri., July 25**  
**AWARE SINGLES**  
 All singles are invited to a Super Dance given by Aware Singles Group & Chicagoland Singles. Asstn. at 8 p.m. at the Hyatt Regency Oak Brook Hotel, 1909 Spring Rd., Oak Brook. Live music will be provided. Admission is \$8. For information call Aware at 847-632-9600.

**TICKET INFORMATION:**  
 Thursdays-Saturday: 8 p.m.  
 Sunday: 3 p.m.  
 Ticket Price: \$20.  
 RESERVATIONS: 773/871-3000

**Sun., July 20**  
**Jewish Social Singles**  
 Come join JSS for burgers at Hackney's on Lake, 1514 E. Lake Avenue, Glenview, IL. 7:30 p.m. \$20/person (In-

cludes \$5 cover charge to JSS). If you have any questions, please call Mark @ (847) 776-5206.

### SPORTS

**Wed., July 30**  
**BIG TEN FOOTBALL KICKOFF LUNCHEON**

On Wednesday, July 30 at 11:30 a.m., the Big Ten presents its 26th annual Football Kickoff Luncheon in the International Ballroom of the Chicago Hilton and Towers on South Michigan Avenue. Chris Fowler, host of ESPN's College Football Gameday, will serve as this year's emcee. Featured speakers include all Big Ten Conference football coaches, and special guests are 22 of the Conference's top returning football players. Tickets are \$50 and \$600 for a table of 12. For tickets, call the Big Ten Conference at (847) 696-1010.

**The Debutante Ball comes to Victory Gardens**

Cindy Caponera is back with a premiere of her groundbreaking work, **The Debutante Ball**, creating a world of women who aren't your average debutantes. The show will run July 24 - August 10 at the Victory Gardens Theater, 2257 N. Lincoln Ave. There will be a preview performance on July 23. **The Debutante Ball**, a dark comical look at many different women who probably never had a debutante ball let alone heard of one, will have its world premiere at The Victory Garden Theater.

A Chicago native, Cindy Caponera is currently a writer for Saturday Night Live. Her credits include **The Second City**, **Comedy Central's Exit 57**, and her acclaimed one-woman show, **Against the Grain**. **The Debutante Ball** is directed by Shira Piven.

**TICKET INFORMATION:**  
 Thursdays-Saturday: 8 p.m.  
 Sunday: 3 p.m.  
 Ticket Price: \$20.  
 RESERVATIONS: 773/871-3000

**Group offers activities for township singles**  
 One + Options offers a variety of fun and informative programs for Maine Township residents between the ages of 45 and 65 who are widowed, divorced or single.

There is no cost to join and new members always are welcome. For more information, call Barb Koss in Maine Township's Adult & Senior Services Department at (847) 297-2510, ext. 240 or 252.

One + Options' Cuisine Club organizes regular outings to local ethnic restaurants, while the group's Sunday Strollers program allows members to explore interesting sites in the area. One + Options also schedules one-day excursions, long-distance trips and special programs on topics of interest to adult singles.

## Community Calendar

### Dave & Jody Van Kley Concert at Camp



The Historic United Methodist Camp Ground Summer 1997 Celebration concert Series continues Saturday, July 19, at 7:30 p.m. in the 16 sided Waldorf Tabernacle with Dave & Jody Van Kley, presenting their dynamic and inspirational music ministry. For concert details call 847-824-4924.

The Historic Camp Ground is located on Algonquin Road and the DesPlaines River in DesPlaines. The Tabernacle, which will be held on Saturday night, will have an ice cream social after the program.

The Saturday night 1997 Celebration Concert Series continues: Saturday, July 19 - Dave & Jody Van Kley - vocal duet, and Saturday, July 26 - New Tradition Blue Grass Band from Tennessee. All Saturday concerts begin at 7:30 p.m. in the Waldorf Tabernacle. The 1997 Concert Series continues every Saturday night in July.

With wonderful musicianship, Dave & Jody combine their exceptional voices in a way that sounds as though they were "made for each other". Building on this special sound they present

a concert that is fresh, uplifting and touches the heart as only music can.

We can help! The Cook County Forest Preserve's River Trail Nature Center will host a program on bats, for ages 12 and up, on Friday, July 18. Beginning at 8:30 p.m. at the District's Caldwell Woods preserve, visitors will watch for bats in the gathering dusk, while learning bat facts.

A special treat of the evening will be a demonstration of the latest in echolocation detection equipment, and how it is used to help monitor bat species, numbers and habits.

Pre-registration is required for this program, which is designed for families and individuals. Scouts and other groups should call the nature center to arrange for a visit, which may include a naturalist presentation. Families with children under 12 may want to register for all ages bat program, to be held at River Trail, Northbrook, on Wednesday, August 13.

River Trail Nature Center is at 3120 Milwaukee Avenue, Northbrook. Please call 847-824-8360 for information and registrations. Join us soon!

For more information, call (312) 744-3315.

**USE THE BUGLE**

**GRAND OPENING** **Goodi's**  
**GYROS • RIBS • CHICKEN**  
**1/2 lb. HAMBURGERS**  
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 FAX (847) 583-9583  
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 FRIDAY and SATURDAY...11 am. UNTIL 11 pm.  
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## Community Calendar

### St. Haralambos Greek Food Fest

The St. Haralambos Greek Orthodox Community of Niles invites you to their 1997 GREEK FOOD FEST to be held Friday and Saturday evenings, and all day Sunday, July 18-20, on the church grounds at 7373 Caldwell Avenue in Niles.

For a moment of respite, you might be interested in viewing a film of Greece, or attending authentic Greek cooking demonstrations. You are also welcome to enter our house of worship to see the newly installed hand-carved iconostasis and have a tour of the church with a brief explanation of its traditional Byzantine architecture and appointments.

Chairwoman Chrysoula Makarlis and co-chairman Tom Antoniou extend a heartfelt invitation to all! The proceeds of the 1997 Greek Food Fest will benefit the St. Haralambos Church Building Fund.

The Greek Food Fest will open

Friday evening, from 6 p.m. until

midnight, Saturday evening from

5 p.m. until midnight, and all day

Sunday, from noon until midnight.

Admission is only \$1 on FRiday, \$2 on Saturday evening and Sunday for adults. Senior citizens are \$1 and children are free.

There's plenty of free parking and a complimentary sip of wine at the gate. Plan to come and to experience the sights, scents and sounds of the 1997 Niles Greek Food Festival.

Popular Gyros sandwiches, the

best Loukoumades in town,

wines and drinks are also available in our specialty tents. And for your entertainment, you can enjoy live Greek music and join the dancing, if you'd like!

Sample a delicious variety of authentic Greek foods, such as spit-roasted lamb, souvlaki, Athenian chicken, pastitsio, home made tyropita and spanakopita. Taste our mouth-watering, authentic Greek pastries in the festive atmosphere of a Greek village festival, or visit the Taverna and try the delicious octopus appetizer!

Blind as a bat; You're batty, bats will get in your hair, bats will bite you, vampire bats suck your blood... Myths and stories about bats are so widespread that it's hard to find the truth!

We can help! The Cook County Forest Preserve's River Trail Nature Center will host a program on bats, for ages 12 and up, on Friday, July 18. Beginning at 8:30 p.m. at the District's Caldwell Woods preserve, visitors will watch for bats in the gathering dusk, while learning bat facts.

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With wonderful musicianship, Dave & Jody combine their exceptional voices in a way that sounds as though they were "made for each other". Building on this special sound they present

a concert that is fresh, uplifting and touches the heart as only music can.

The Celebration Concerts evenings include the availability of a 6 p.m. light supper before each 7:30 p.m. concert (reservations required 708-824-4924).

All Saturday night concerts in July will have an ice cream social after the program.

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## School News

### Winners of DePaul University's Creativity Contest



Winners of DePaul University's "Creativity Contest," a business plan competition for high school entrepreneurs, were announced May 22. The winners, from left to right, were:

Latesha Tubbs of the Grand Crossing neighborhood (consolation prize, service category); Cristina Sanchez of Aurora (second place, service category); Rob Hartzler of Morton Grove (second place, product category); Mieak Lee, of the Albany Park neighborhood, (tied for third place, product category) Anshul Bindal of Skokie (consolation prize, service category); Dear Thamasuchart of Skokie (first place, service category); Erin Corbett of Park Ridge, (first place, product category); David Poremba of the Irving Park neighborhood (tied for third place, product category); Tia Criswall of the Chicago Lawn neighborhood, (third place, service category).

**Summertime!**

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- FRESH ROASTED NUTS
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Monday thru Friday: 7:00 AM - 6:00 PM  
Saturday: 9:00 - 3:00 PM  
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### Resurrection H.S. Seeking crafters for fair

According to the school calendar for 1997-98, the first day of student attendance is Wednesday, August 27. Winter break will run from Saturday, December 20, through Sunday, January 4. Spring break will run from Saturday, March 29, through Sunday, March 30. School will close on Monday, June 15.

In addition to the two-day institute which will open the school year on Monday, August 25, and Tuesday, August 26, institute days have been scheduled for Tuesday, November 18, and Friday, January 23.

Each year some 2000 patrons make the Res Fair an annual tradition, enjoying the wide variety of hand-crafted items at the more than 200 booths.

For more information and/or applications, call Jan Flynn in the Resurrection High School Development office at 773-775-6616, ext. 25.

Area students include:

Kristine Henderson (Niles), Tereza Llorente (Skokie), Bridget Lawson (Des Plaines), Diane Nititham (Glenview), Megan Stevens (Skokie), Noel Sheehan (Morton Grove), Christy Strand (Niles), Clara Hwang (Skokie), and Erin Nolan (Niles).

Braden Bros SPRINKLER SYSTEMS & LANDSCAPE CONTRACTORS

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READ THE BUGLE

### Graduate business programs to be featured

Learn more about Roosevelt University's graduate business programs at a July 22 information session at the Albert A. Robin Campus, 1651 McConnor Parkway in Schaumburg. The session will be held from 6 p.m. to 7 p.m.

Walter E. Heller College of Business Administration Dean Jim Cicarelli will be on hand to talk about the College's master's programs in business administration, accounting, information systems and international business.

Roosevelt's new MBA is the most innovative in Chicagoland with a mission to give students a career-oriented business education that emphasizes personal and professional integrity and the social responsibility of business. Classes are small and stress teamwork and group projects. Degrees are offered at both the downtown Chicago and Schaumburg campuses with classes in the evenings and on Saturdays.

Students with a bachelor's degree from a regionally accredited

college or university and a grade point average of 3.25 on a 4.0 scale or students with a graduate degree in any discipline are granted direct admission to the MBA program.

The information session is free but reservations are required. For more information or to reserve your spot, call (847) 619-8600.

### Notre Dame

#### Accreditation renewal

Rev. Kenneth Molinaro, CSC, Principal of Notre Dame High School for Boys, Niles, has announced that the school's North Central Association accreditation has been extended through the 1996-97 school year following the review and approval of its Annual Report at the Association's Annual Meeting. Accreditation is for one year at a time and must be renewed annually.

Accreditation by the North Central Association ensures that the school is meeting the minimal conditions for effectiveness. By setting standards for basic operations of the school and by requiring continuous school improvement efforts, the NCA stimulates the school towards continuing excellence.

### District 207

#### School Calendar for 1997-98

According to the school calendar for 1997-98, the first day of student attendance is Wednesday, August 27. Winter break will run from Saturday, December 20, through Sunday, January 4. Spring break will run from Saturday, March 29, through Sunday, March 30. School will close on Monday, June 15.

In addition to the two-day institute which will open the school year on Monday, August 25, and Tuesday, August 26, institute days have been scheduled for Tuesday, November 18, and Friday, January 23.

Half-day institutes have been scheduled for Thursday, February 19, and Thursday, April 23. Parent conferences will be Monday, November 17.

Area students include:

Kristine Henderson (Niles), Tereza Llorente (Skokie), Bridget Lawson (Des Plaines), Diane Nititham (Glenview), Megan Stevens (Skokie), Noel Sheehan (Morton Grove), Christy Strand (Niles), Clara Hwang (Skokie), and Erin Nolan (Niles).

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## School News

### Nilehi student in Chemistry Olympiad

Recent Niles West High School graduate Andrew Heckerling of Lincolnwood has been selected as one of four members of the U.S. International Chemistry Olympiad team. Heckerling was chosen from among 20 finalists who underwent intensive training from June 8 through June 22 at the U.S. Air Force Academy in Colorado Springs, Colorado. At the conclusion of the study camp, Heckerling was named to the team that will represent the United States at the 29th International Chemistry Olympiad scheduled for July 13 through 22 in Montreal, Canada.

Heckerling was also one of the 20 finalists last year, although at that time he did not make the final team. He graduated from Niles West earlier this year and was valedictorian of his class. Heckerling studied under Niles West chemistry teacher Ann Levinson.

The selection of Heckerling to attend the training camp resulted from his score on an exam taken by approximately 1,000 high school students across the nation.

Offered by the Chicago Section of the American Chemical Society.

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## Sports/Parks & Library News

### Benedictine University to host Soccer Camp

Benedictine University will host a soccer day camp for boys' and girls ages six to 16 this summer during the weeks of July 21-25, July 28 to August 1 and August 4-8. The camps will run from 9 a.m. to 5 p.m. each day.

The camp is designed to accommodate all levels of players, from beginners to advanced. Each player will be placed in the appropriate skill level after a staff evaluation. The primary goal of the camp is to make certain each player receives individual instruction and coaching, achieved by the low player-to-coach ratio. Skills learned will include trapping, passing, dribbling, heading and shooting. Offensive and defensive skills will be explored during drills and scrimmages.

Players will be coached by University and high school coaches, as well as current and former soccer players. All in-

### CNA Windy City USTA Classic

Twenty-two world-class tennis players will descend on Chicago for the CNA Windy City USTA Classic to be held at the A.C. Nielsen Tennis Center in Winnetka, July 21-27. The \$50,000 United States Tennis Association Men's Professional Challenger Tournament will raise funds for Thresholds, America's largest nonprofit psychiatric rehabilitation agency.

The tournament is expected to attract tennis players from around the world who will compete to improve their rankings and thereby qualify for major Grand Prix events such as the U.S. Open. More than 30 percent of the world's top 100 players have participated in Challenger tournaments. Previous USTA Challenger series participants have included Pete Sampras, Todd Martin, and Patrick McEnroe.

Each player should bring a soccer ball, shin guards, soccer shoes, swim suit, towel and tennis shoes for recreational play. Each player will receive one Benedictine University Soccer Camp T-shirt, which should be worn every day for easy identification.

For more information or to register, call the Rice Athletic Center at (630) 829-6160.

### Register for Kids' Sports Camps

Involve your children in a fun learning experience this summer. Consider Kids' College Summer Sports Camps offered at Oakton Community College's Des Plaines campus, 1600 E. Golf Road.

Oakton's own basketball coach Rick Kilby will hold a basketball camp for children, ages 8-16, July 14-18 and July 28-Aug. 1.

Steve DeZurko, varsity soccer

coach at Maine South High School, will conduct a soccer camp for children, ages 6-13, July 21-25.

Both camps will focus on the fundamentals of each sport and promote the team concept. Camp participants receive T-shirts, awards and progress reports.

Enrollment is limited, so register now! Call (847) 635-9888 for more information or a brochure.

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### Sports commentator to MC event



Mike North (and Licorice) of The Score, SportsRadio 820 has volunteered his time to MC Avenues to Independence's ninth annual golf and tennis charity event, Classic '97 on Monday, July 28 at the Park Ridge Country Club. All proceeds benefit Avenues' 200 adults with developmental disabilities.

The A.C. Nielsen Tennis Center is located at 530 Hibbard Road, just north of Willow Road in Winnetka. Ticket information is available at (847) 784-8515.

Independence has served individuals with disabilities since 1953 in the suburbs and Chicago.

North currently hosts a sports talk show with former Chicago Bear Dan Jiggetts on the Score and has hosted "Electric Sports" on the SportsChannel with Jiggetts. These "Monsters of the Midday" deliver a unique brand of opinionated, street level sports talk to Chicago sports fans.

The Classic, set for Monday, July 28 at the Park Ridge Country Club, offers a day of golf or tennis to up to 175 participants. All proceeds benefit adults with developmental disabilities who participate in Avenues' vocational, residential and community employment programs. Avenues to Independence has served individuals with disabilities since 1953 in the suburbs and Chicago.

### Library hosts used book sale

Friends of the Mt. Prospect Public Library will sponsor their mid-summer Used Book Sale, including their third bargain 25-cent paperback sale, Saturday and Sunday, July 19 and 20 at the Library, 10 S. Emerson St. (corner of Rte. 83 and Central Rd.). A Preview Night Sale for Friends members only will be Friday, July 18.

Donations for this sale have been generous and the accumulation of paperback donations has warranted the special clearance sale. Selected paperbacks will be 25 cents each but on Sunday only

buyers of a canvas Library Tote Bag will be allowed to fill the bag with clearance paperbacks at no extra charge.

The public sale will be Saturday, 9 a.m. to 4:30 p.m. and Sunday, Noon to 4:30 p.m. Admission is free.

Preview Night hours are Friday, 6:30 - 9:30 p.m. Memberships will be available at the door and are \$5 annually for individuals and \$10 for families. Renewals will also be accepted that evening.

For further information, please call the library at 847-253-5675.

## SENIOR SEASONS

### • AREA ACTIVITIES • SENIOR DISCOUNTS SPECIAL SERVICES • SENIOR NEWS



### The Bugle's Senior Guide

## SENIOR SEASONS

### St. John Brebeuf's Golden-Agers celebrate

The heat is on... and the beat goes on. The roll of drums, the blare of the trumpets, the major

ettes, all the floats and parade participants and, in particular, the Golden-Agers' Bulls float -- all played a big part in the celebration of the country's birthday. And the parade watchers and cheerers added quite a flare to the event!

Carl Ferina, club vice president, has been doing an excellent job running the club's meetings in the absence of vacationing president, Chester Bonk.

Margaret Roth has efficiently taken over for Frances Pawelek since her recent bereavement. All of the members' sympathy is extended to Frances. Stanley was a fine gentleman and all will miss him.

Douglas Pierski, grandson of Louise Pierski and a student at Arizona State University, has been named to the Dean's List for the spring quarter of the 1996-1997 academic year.

Catherine McLaughlin, grandaughter of Helen Willer, has

been named to the Dean's List at the University of Illinois at Champaign for the spring quarter of this year. Congratulations to all!

June anniversaries were celebrated by the following couples:

• Joe and Virginia Bawolek

• Bob and Marge Berles

• Leonard and Mary Galkowski

• George and Mary Grote

Congratulations to the happy

duos!

The club's picnic will be held

July 22 on the parish grounds.

Let's hope the weather will cooperate and that all members will enjoy a good time.

Club coordinator for the July

4th parade was Henry Piontek.

The float honored the Chicago

Bulls for the team's great victories during the past seven years.

Go Bulls Go!

Marge Miller recently was the

top bowler in the Senior No Tap

Tournament at Niles Bowling

Center.

On May 10 Grace Dunn's two

grandchildren received degrees.

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Grace's son's daughter, Jessica Burk from Richmond, received her degree in Mechanical Engineering from Virginia Tech in Blacksburg, Virginia. Her daughter's daughter, Jennifer Burke, received her master's degree in Architecture from the University of Wisconsin. Both have found employment.

Ted Lenart's granddaughter, Michele Lavin, graduated from Wisconsin University and is employed in Chicago in the advertising field.

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grandchildren received degrees.

### A Little Klezmer with Your Coffee?



Members of the Maine Township Seniors enjoy a sneak preview of the music of the Maxwell Street Klezmer Band during the Seniors' recent "Father's Day" luncheons. Shown above are (front row) Leona and George Machaj of Niles; (back row, left to right) musician Gail Mangurian; Maine Township Supervisor Mark Thompson; Sue Neuschel, Director of Adult & Senior Services for Maine Township; musician Lisa Fishman, and musician Alex Koffman.

More than 3,800 residents are part of the township's group for older adults. Most activities are limited to members, but there's no cost to join and new members always are welcome. To join, you must be at least 65 years old and live in Maine Township. For more information, call Neuschel at (847) 297-2510.

Richie Imburgia, grandson of Jean and Leonard Arendt, received his first Holy Communion at Our Lady of Vernon on June 1. Her proud parents are Richard and Bonnie Imburgia.

Kenneth Willer, grandson of Helen Willer, received his first Holy Communion at St. Catherine Labouré on May 3. His parents are Edward and Bonnie Willer.

Happily, the club members can relax at their meetings in the air-conditioned Flanagan Hall and enjoy the games run by Dorothy Warrmann, who does such an excellent job!

Now that the heat is on, it is the Golden-Agers are walking to a brisker, hotter step! That of summertime, at its best!

Admission is \$1. For more information, call (847) 635-1414.

tures are held in Room A151 at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. The 16-week class meets Aug. 25-Dec. 19.

**Walking** (PED 136 002, Touch-Tone 0454) is designed to improve your aerobic endurance and aid your weight loss through brisk walking. Stretching exercises precede a fast walk for several miles outdoors (weather permitting). The class meets on Tuesdays and Thursdays from 11:50 a.m. to 12:15 p.m.

Students can register for this

and other Emeritus fall credit offerings in Room A-100 at the Skokie campus and in Room 1140 at the DesPlaines campus.

Those who have registered for

these classes may register for

the next class if space permits.

Admission is \$37 per credit hour for persons under 60 and \$18.50 per credit hour for persons over 60 who live in-district. The tuition is \$138.50 per credit hour for persons who do not live in-district. A \$15 registration fee is required for persons under 60 or for those who live out-of-district.

For a brochure listing other Emeritus programs, seminars and tours, including registration information, call the Emeritus Office at (847) 635-1414.

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## SENIOR SEASONS

### Exercise with Terry!

Niles Senior Center members are invited to join Terry Sprengel, Niles Senior Center Nurse, for a 30 minute exercise class on Tuesday, August 19 at 11 a.m. Wear comfortable clothes and gym shoes or shoes with rubber soles.

### Norwood Park Home a residence for seniors

- Independent Living
- Intermediate Care
- Skilled Care
- Hospice
- Community Outreach Program
- and now offering Respite Care for short-term stays.

The good life is just beginning!

Don't miss our 3rd Annual Community Dessert Bake-off on Sunday, July 20 at 1:00 p.m. Sample the creations of some of our area's finest amateur chefs as they compete for valuable prizes.

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### RESIDENTS OF PARK RIDGE CARE CENTER HAVE A BALL!!



Park Ridge Care Center is a skilled nursing and rehabilitation facility located in the heart of the Park Ridge Community. We accept only 45 residents and provide loving, professional & personalized care.

Medicare, Medicaid Certified & Licensed.  
Some HMO/PPOs accepted. Public Aid accepted.

For further info or a tour call Bonnie or Sherry at 825-5517

**PARK RIDGE CARE CENTER**  
Over 40 years of service to the elderly community  
665 Busse Hwy, Park Ridge

### Summit Square seniors enjoy get-aways



Summit Square, the retirement community in Park Ridge offers many special recreational activities, but everyone's favorite is the get-away trips to Wonder Lake. Every week during the summer months, twenty-five residents pack up their sun tan lotion, sun glasses and sun hats and board the Summit bus for an hour long ride to the country house of Summit's owner, Audrey Yohanna. Located directly on the lake, the house was built in 1968, and since then hundreds of Summit's residents have enjoyed these summer outings. Claims Audrey, "It's my pleasure to entertain at the country extension of Summit Square. I must admit, I have as much fun as the seniors."

Upon their arrival the seniors are treated to a picnic lunch on the deck overlooking the lake. Then everyone is free to enjoy the day as they wish. Some take a walk in the beautiful surrounding area, some park themselves under a tree and daydream. A number of residents have caught some "big ones" while fishing off the pier. Everyone's favorite activity is to take a peaceful ride around the lake on the pontoon. The adventurous board the speed boat for a joy ride.

When it's time to get on the bus for the return trip to Summit Square, the seniors are glowing, from both their day in the sun and their experiences. The trip to Wonder Lake is yet another example of what makes life at Summit Square so special.

### Durbin cites priority in Medicare Reform

U.S. Sen. Dick Durbin today said Congress shouldn't raise the eligibility age for Medicare from 65 to 67 or increase the cost of Medicare for seniors without first cleaning up the current system which sustains annual losses of \$20 billion through Medicare fraud and waste.

Durbin's comments followed this morning's hearing on Medicare fraud by the Governmental Affairs Permanent Subcommittee on Investigations, on which Durbin serves. At the hearing, Michael Mangano, Principal Deputy Inspector General for the U.S. Department of Health and Human Services (HHS), documented extensive examples of false cost reports and services not rendered; claims for equipment never delivered; and double billing by hospitals and other health care providers.

Durbin said that because there are few on-site audits, it is difficult to discover the fraud perpetrated by many home health care providers. He cited one home health care investigation in Iowa which uncovered \$250,000 billed to Medicare for services never rendered and payroll expenses of more than \$500,000 billed to Medicare for non-existent employees. He added that the owners of the home health care agency were reimbursed in excess of \$10 million over two years. The

owners eventually pled guilty and are now in federal prison.

"Reform of Medicare is and should continue to be a top priority," Durbin said. "But let's crack down on criminals before we start raising Medicare's eligibility age or its costs."

Durbin earlier this week offered a motion to strike a provision in the budget spending package which raises from 65 to 67 the age at which seniors can participate in the Medicare health insurance program. The motion was defeated.

### Single Jewish Grandparents

Event: Brunch  
Where: Call June at (847) 229-1223 for information and reservation

When: Sunday, July 27, 1997, 10:30 a.m.

Cost: \$5  
Single Jewish Grandparents welcomes Grandpas and Zaydes to brunch in Buffalo Grove on Sunday, July 27, 1997 at 10:30 a.m. Come join the fun with the new "In Group"!

USE THE BUGLE

## SENIOR SEASONS

### Niles Senior Center Healthy Weighs Program



Niles Senior Center Healthy Weighs Program had 10 participants -- 5 men and 5 women -- who lost a total of 77.5 lbs. during the six week program. The program encourages seniors to eat a healthy diet, exercise, and use behavior modification in order to incorporate weight control or changing to a healthy living style.

The following people completed the program: Back row, left to right -- Helen Kalas, Sylvia Makos, Howard Lamantia, Don Chiero, Arlene Chiero, Delores Ostruska. Front row, left to right -- Peter Bombicino, Terry Sprengel, RN, BSN, Niles Senior Nurse Healthy Weighs Coordinator. Not present in photo, but part of the program -- Leo Madura, Lou Kokinis and Stephanie Labeled.

### Older workers find new job opportunities

Experience Works is a new and progressive, free job assistance program serving workers 55 years old and older who consider themselves retired from their career jobs but still want to work. The pilot program, which began in September, is sponsored by one of Chicago's leading employment resources, Operation ABLE, co-sponsored by the American Association for Retired Persons and funded by The Chicago Community Trust.

Experience Works, which has no restrictions, helps place workers in full-time positions as well as in contingency jobs (part-time, temporary and seasonal jobs), which account for 15 percent of today's work force. The program is designed to fit current trends:

- People retiring earlier
- People living longer and healthier lives
- Older population needing to look beyond Social Security benefits for income
- Increase of displaced workers because of plant closings.

"Experience Works serves a fast-growing Chicago demographic: Older workers who left previous jobs due to early retirement, corporate downsizing, the desire to pursue other career interests and more, but who still want or need to be employed," says Barbara Ganan, director of Experience Works at Operation ABLE.

### Elderhostel goes "Intergenerational"

In just a few weeks grandparents and their grandchildren will have a unique opportunity to journey together into the forest, learning secrets of the northwoods ecosystem at the midwest's oldest conservation education center ... Trees For Tomorrow.

From August 10-16 a special "intergenerational" Elderhostel will place grandparents and their grandchildren ages 12 through 15 together in the field with professional biologists, foresters and

naturalists who know how to make learning fun during a week of outdoor seminars.

"We'll be visiting wilderness areas and pine plantations, bogs and lakes, wildlife habitat and other outdoor classrooms, all with the idea of learning more about conservation and sensible resource stewardship," said Elderhostel coordinator Chris Welch.

The grandparents and their grandkids will not only explore the basics of forestry and wildlife management, but will have a chance to learn some survival skills like shelter building, orienteering, wild food identification and canoeing.

"Our main goal is to learn while having fun," Welch said.

Welch encouraged any older Americans interested in the August 10-16 intergenerational Elderhostel to call 1-800-838-9472 for a brochure and additional information.

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## Staying Independent in the Later Years

Losing our independence in the later years is one of the greatest fears of the aging. Yet most people can remain independent if they have the right mental attitude, according to Molly Hofer, University of Illinois Extension educator, family life.

Independence has more to do with the choices that we make than with having the ability to do everything for ourselves, Hofer said.

"All of us are dependent on others; we all rely on someone else to help us throughout our lives," she explained. "Aging adults who have health problems and disabilities can still decide the direction of their lives."

Having the ability to plan and

make life choices is the key to independence. A person has dependencies at any age, Hofer said. As we age, the nature of the dependencies may change. Yet being able to acknowledge the need for help will allow older adults to remain more independent than if they did not deal with new dependencies of life.

Even small choices can make a difference, Hofer said. People who give up their independence often feel helpless - believing that there are no options, and that nothing is worthwhile. These feelings can lead to ill health and depression.

On the other hand, those who want to become independent can take charge of their lives and take steps to make this happen.

Success in maintaining our independence is related to our financial security, our alternatives in housing and transportation, health care and available community services. More important, though, is our attitude in exercising control in the important areas of life.

Hofer provided these suggestions for independent living:

- \* Cultivate friendships. Find friends who you can talk with and share activities. Also, keep in touch with old acquaintances.

- \* Choose activities that take you out of the house. Attending church services and club meetings or volunteering your services will add to your life.

- \* Use community services, such as rehabilitation and health care services, libraries, point-to-point transportation and nutritional programs like Meals on Wheels.

- \* Learn to handle finances. Know the mechanics of how to bank and balance the checkbook.

- \* Know where your important documents are and what they contain.

- \* If you don't know how to drive, learn. If you do know how to drive, don't let your spouse or other family member do all the driving.

- \* Concentrate on the things you can do rather than the things you cannot.

- \* Practice looking ahead instead of to the past. Keep your good memories, but don't let that be your whole life. Set goals for the future.

- \* Stay flexible through exercise and stretching, and eat a healthy diet to maintain or improve your health.

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## Wound Care Focus of Area Program

The Wound Treatment Center in Niles, Illinois caters to some very tough customers. It is not the patients that are the problem, but the difficult medical condition from which they are seeking relief. "Non-healing wounds can have serious health consequences if left untreated," states Carol Bier-Vessell, RN, Program Director for the Center. "Fortunately, there are options which can help in even the most difficult cases."

Wounds are breaks in the skin that also affect the underlying tissue. Causes include cuts, burns, prolonged pressure to an area of skin or even poor blood circulation. Most wounds heal in seven to ten days, if there are no complicating factors. "The patients

that we see at the Center," states Carol Bier-Vessell, "have chronic wounds - those that have not healed as long as weeks, months or even years later."

Dr. Gregory Pulawski, Medical Director, believes that these non-healing wounds respond best to a coordinated treatment approach. "The Center has a team of professionals that can be involved in a patient's care, as is medically indicated." The dedicated support staff includes a Diabetic Educator, radiology services, social work and a professional panel of podiatrists, endocrinologists, orthopedists, and vascular and plastic surgeons. Availability of these services offers an individualized course of treatment for each patient.

Successful healing of chronic wounds is not easy. The key is in compliance with the treatment option and regular follow-up with a patient's physician. "Healing a chronic wound often takes as long as

twelve weeks of treatment - it is a big commitment for our patients and their support system," states Bier-Vessell. "We make sure that everyone knows what the expectations are and that the treatment is being carried out at home." Transportation is available for individuals who can not secure their own ride.

To ensure long-term success, patients should follow up with their primary physician. "Our goal is to heal the wound," states Dr. Pulawski. Patients often have other complicating medical issues in addition to the wound that needs attention. Regular visits to a primary care physician can help prevent the reoccurrence of the wound.

In order to help patients determine treatment options, The Wound Treatment Center provides onsite evaluation. For further information about the Program, or to schedule an appointment, contact Carol Bier-Vessell at (847) 294-0402.

## Niles Senior Citizens 967-6100 ext. 376

### NILES SENIOR CENTER REGISTRATION

The Niles Senior Center is open to residents of the Village of Niles age 62 and over, and their younger spouses. Niles seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

### YARN NEEDED

The Senior Center is requesting any left over yarn or scraps of material (8" x 8" or bigger). Lap robes and shawls are made for veterans at Hines Hospital. Volunteer knitters and crocheters are needed also. If interested, contact Mary Vandepens.

### CLASS INSTRUCTORS NEEDED

We are in need of instructors for various arts and crafts programs as well as a Men's Exercise instructor for classes beginning in September. If you have artistic talent or training as an exercise instructor, call Mary Oleksy or Kelly Mickle to arrange an interview.

### VOLUNTEER NEEDED TO COMPILE PHOTO ALBUMS

We are looking for someone interested in putting senior center pictures into new photo albums and organizing current pictures into albums. Work at your leisure and enjoy a bit of nostalgia at the same time. Call Mary Oleksy if you are interested in helping us out.

### HOOKED ON FISHING OUTING JULY 18

There is a fishing outing and picnic on Friday, July 18 from 9 a.m. to 3 p.m. at Bangs Lake in Wauconda. We meet at Lindy's Landing where you can choose to fish, picnic, or rent a row boat for \$10 (2 people per boat). Bait will be provided. Lunch is on your own. Car pooling is available. Price is \$3.50 and includes admission and bait. Everyone is welcome, including grandchildren. Registration required.

### INTERMEDIATE COMPUTER CLASS

Learn how to work on spreadsheets and more in this class. Three six-week classes will be held on Thursdays, July 17 through August 21 at 9:30 a.m. to 11 a.m.; 11:30 a.m. to 1 p.m.; or 1:30 p.m. to 3 p.m. The cost of the class is \$20 per person. YOU MUST HAVE TAKEN "INTRO TO COMPUTERS" TO SIGN UP FOR THIS ADVANCED CLASS! PLEASE NOTE A CHANGE IN DATE.

### MEN'S CLUB MEETING

The Men's Club meeting is on Monday, July 21 at 10:30 a.m. Following the meeting, Sgt. Roger Wilson of the Niles Police Dept. will speak. Tickets go on sale for the "Sweet Investments" trip to the Board of Trade / Federal Reserve Bank, Bergoff and Eli's Cheesecake factory scheduled for Thursday, Sept. 18 from 8:45 a.m. to 4 p.m. Price is \$22 and there is moderate walking. Also on sale are tickets for tam outing for September 17 for \$12 and 18 hole golf at Bristol Oaks on Monday, Sept. 8 (lunch included) for \$33. Tickets for the Sweet Investment trip will be available to all seniors on Monday, July 28.

### WOMEN'S CLUB PLANNING MEETING

Women's Club planning meeting is on Tuesday, July 22 at 1:30 p.m.

### PINOCHLE TOURNAMENT

The Pinochle Tournament is on Friday, July 25 at 1 p.m. All card players are encouraged to join in a three handed tournament. Seating is random. Price of \$3.50 includes refreshments and prizes. Registration required.

### TALL SHIP / IMAX TRIP TICKETS AVAILABLE

There are a few tickets available for the Tall Ship / Imax trip on Thursday, August 21. You have a choice of chicken pot pie or meatloaf. The cost is \$43. Call the center for ticket availability.

### ANNUAL FLOWER AND GARDEN SHOW

The third annual Flower and Garden Show is on Friday, August 22 from 11 a.m. until 2 p.m. A \$1 hot dog lunch will be available for purchase. Come and view some of the most beautiful flowers and vegetables in Niles!

### FLOWER AND GARDEN SHOW EXHIBITORS

Flowers and Garden show exhibitors are needed to participate in the Senior Center's Third Annual Show on Friday, August 22 at the Senior Center. All participants MUST register and pick up a packet containing all exhibitor's information. For more information, call Mary Oleksy.

### FLOWER AND GARDEN SHOW VOLUNTEERS NEEDED

Volunteers are needed to assist at this annual event scheduled for Friday, August 22. Tasks include registering participants, preparing food, and serving as greeters.

## SENIOR SEASONS

### Long-term care insurance

### Seniors plan fall tour through New England

With the rising costs of long-term health care, more adults are purchasing insurance coverage to protect their assets in the later years. Most adults will use some type of long-term care service at some point, so it pays to consider various insurance options, said Brenda Cude, University of Illinois Extension consumer economics specialist.

Statistically, a person under age 65 has a 7 percent chance of having to go to a nursing home. At ages 85 to 94, the chances jump to 60 percent. The chances of needing a longer stay at a nursing home also increase with age.

Average annual nursing home costs are now more than \$40,000. At an inflation rate of 6 percent, that total will grow to \$68,050 in 10 years and \$121,870 in 20 years, Cude said.

Since Medicare coverage pays only 100 days of skilled nursing care and some home health care, many older adults will need additional private long-term care insurance coverage.

The purpose of long-term care insurance is to protect your assets. If you don't have at least a minimum amount of assets - roughly \$30,000, you should probably consider applying for Medicaid instead, Cude said. You will also need a minimum income to pay the insurance premiums.

The younger you are when you purchase a policy, the less you'll have to pay for premiums. The same policy that cost \$1,090 a year if you buy it at age 60 could cost you \$2,120 a year if you buy it at age 70. Keep in mind too that insurers will not sell you a policy if you have a pre-existing condition such as Alzheimer's disease or Parkinson's disease.

"A good insurance company will ask about your health and usually asks for records from your doctor," Cude said. "Companies that don't check your health carefully when you apply may later deny your claims because of your health at the time of your application."

Most long-term care insurance policies cover more than just nursing home care. Consider which coverage you are most likely to need, including home health care, adult day care, and respite care.

When examining different insurance policies, check on the qualifications for home health care. Does the policy pay only for skilled care or does coverage include personal care and help with housekeeping chores?

Nursing home insurance benefits should cover at least \$75 to \$100 per day. With some companies, an additional premium guarantees that benefits will increase with inflation.

Consumers should find

single occupancy. Final payment is due by Aug. 15. For more information, call Sue Neuschel, Director of Adult and Senior Services, at (847) 297-2510.

The trip is scheduled for Sept. 29 through Oct. 8. Reservations will be accepted on a first-come, first-served basis, and require a \$100 deposit. The total cost is \$1,369 per person, double occupancy, and \$1,778 per person,

Lake Placid, New York; a visit to the Maple Museum in St. Johnsbury, Vermont; a lobster dinner in Portland, Maine; and sightseeing in historic Boston.

The cost includes round-trip,

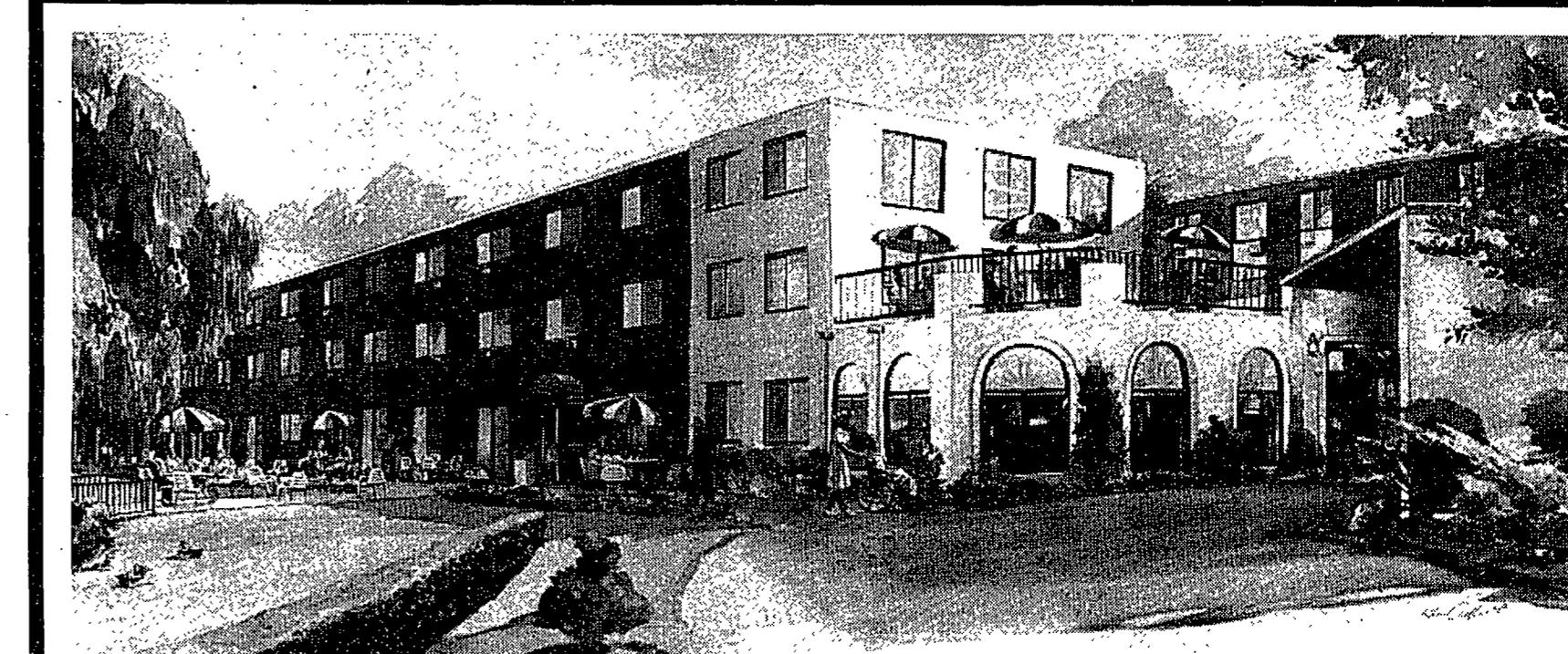
deluxe motorcoach transportation;

nine nights of deluxe hotel accommodations;

nine breakfasts;

two lunches and nine dinners;

all sightseeing tours and admission charges.



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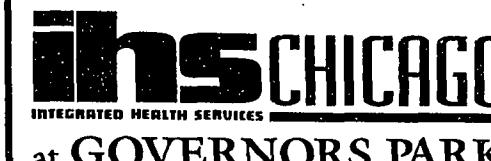
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## SENIOR SEASONS

### Register now for Emeritus Fall Class offerings

A variety of courses will be offered through Oakton Community College's Emeritus Program in the fall. These 16-week classes run Aug. 25 through Dec. and are held at Oakton's Ray Hartstein campus, 7701 N. Lincoln Ave., Skokie.

Applied Psychology: Psychology of Personal Growth (PSY 107 015, Touch-Tone code 0121)

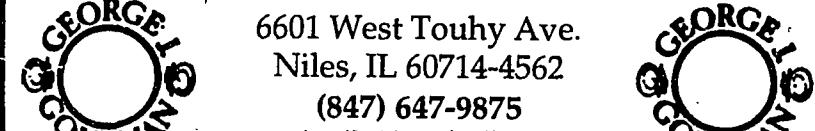


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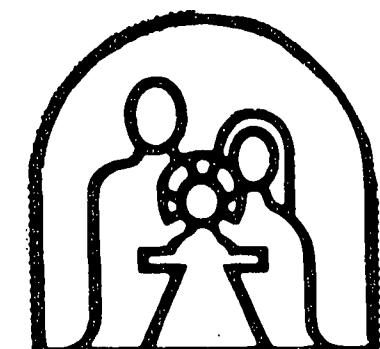
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### Register for Emeritus fall class offerings

understand what this odyssey means for you now that you are in the midst of your "older adult transition." Of particular importance are your values and motivational factors. The class meets on Wednesdays from 9:11:50 a.m.

Psychology of Aging: Adult-

hood and Old Age (PSY 205 001,

Touch-Tone code 7301) examines

the development of the nor-

mal adult from young adulthood through old age. Investigate the current theories of life span and adult development. There will be a special emphasis on physical, intellectual and emotional development as well as retirement, death and dying. The class meets on Fridays from 9:11:50 a.m.

History of Britain and Ireland (HIS 222 001, Touch-Tone code 9089) analyzes the history of Britain and Ireland, from the end of the Tudor years through the seventeenth and eighteenth centuries, the Age of Revolution, the Victorian Era, the years leading up to World War I, appeasement, the Depression and World War II.

Students can register for these and other Emeritus fall credit offerings in Room A-100 at the Skokie campus and in Room 1140 at the Des Plaines campus. Those who have registered for Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years and have their correct Social Security number on file, may register (using the codes listed next to the course titles above) by the Touch-Tone telephone system at (847) 635-1616.

Tuition is \$37 per credit hour for persons under 60 and \$18.50 per credit hour for persons over 60 who live in-district. The tuition is \$138.50 per credit hour for persons who do not live in-district. A \$15 registration fee is required for persons under 60 or for those who live out-of-district.

For a brochure listing other Emeritus programs, seminars and tours, including registration information, call the Emeritus Office at (847) 635-1414.

### Durbin moves to protect Medicare eligibility age

Saying the budget package violates a national commitment to elderly Americans, U.S. Senator Dick Durbin offered a motion to strike a provision in the budget spending package which raises from 65 to 67 the age at which seniors can participate in the Medicare health insurance program.

"Many Americans anxiously await the availability of affordable health care through the Medicare program," Durbin said in offering the amendment. "We cannot in good conscience tell them they must wait longer and hope they don't get sick. We can't keep raising the bar for health protection for seniors."

For a brochure listing all of the programs, seminars and tours available, including registration information, call the Emeritus Office at (847) 635-1414.

"Delaying the Medicare eligibility age will lead to an increased number of Americans who, at age 65, will not be insured just when their medical needs are substantial and rising," Durbin said.

"Two years may not seem a long time to budget writers in Washington, but it's an eternity when a senior is sick and struggling to pay medical bills."

Citing a recent study which indicated only one-third of retirees had health insurance from a previous employer compared with 44 percent in 1988, Durbin said

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## SENIOR SEASONS

### Emeritus Fall Class Offerings

A variety of courses will be offered through Oakton Community College's Emeritus Program in the fall. These 16-week classes meet Aug. 25 - Dec. 19 and are held at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

**Fundamentals of Acting** (THE 103 002, Touch-Tone code 1337) is designed to develop your stage skills in concentration, imagination and observation. Students also learn voice and body control. The class meets on Tuesdays from 2-3:15 p.m.

**International Relations** (PSC 202 050, Touch-Tone code 7283) examines whether the "New World Order" of the early 1990s has given way to a "New Disorder" that threatens to tear the international system apart. Find out if there is a new "Clash of Civilizations", with the forces of nationalism and tribalism or "If-had" fighting the forces of globalization on Western terms, referred to as "McWorld". The class meets on Mondays from 6:30-9:20 p.m.

Tuition is \$37 per credit hour for persons under 60 and \$18.50 per credit hour for persons over 60 who live in-district. The tuition is \$138.50 per credit hour for persons who do not live in-district. A \$15 registration fee is required for persons under 60 or for those who live out-of-district.

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For a brochure listing other Emeritus programs, seminars and tours, including registration information, call the Emeritus Office at (847) 635-1414.

**The nutritional needs of older adults**

Researchers say it's unlikely that people aged 25, 50 and 80 all have the same nutritional needs.

Yet, many of the current Recommended Daily Allowances (RDA) of vitamins and minerals listed for people between the ages of 25 and 50 are the same for individuals aged 50 and over.

Sound research on the nutritional needs of older adults wasn't previously available, there was no way of ensuring the accuracy of these separate recommendations.

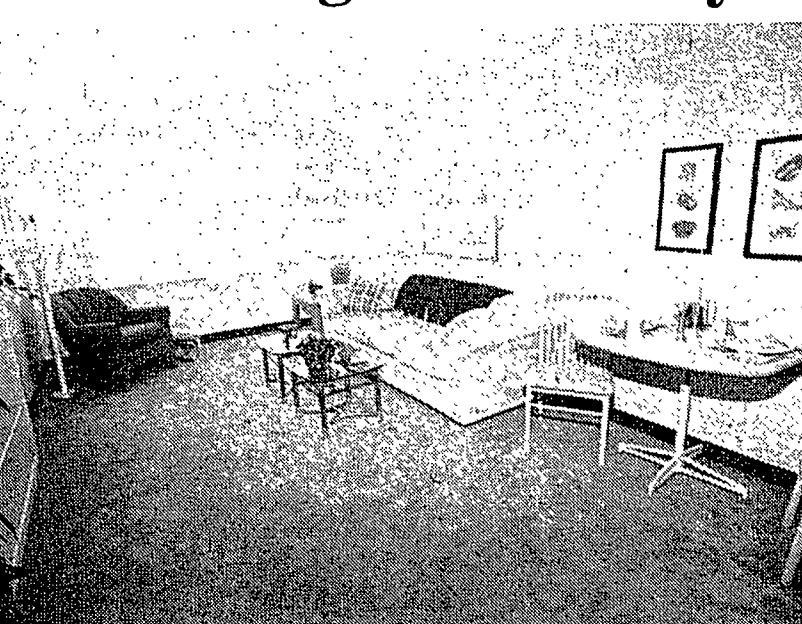
A new review in the *Journal of the American Dietetic Association*, however, suggests that such data may now be available, and that many of the current recommendations based on younger and middle age adults may not always be the best advice for older adults.

For instance, the current RDA for riboflavin (vitamin B-2) is based on the amount of the vitamin needed to saturate tissue stores in young adults. Since the need for riboflavin seems to vary depending on calorie requirements, this level was reduced to create the current amount recommended for older adults' generally lower calorie needs.

The recent review, however, reports that new studies find older adults, because of the way their bodies utilize the nutrient, may actually need the same amount of riboflavin as younger adults, 1.1 milligrams (mg).

An increasing focus on preventive health may also result in changes in the recommended daily amounts of three other B vitamins: folate, B-12, and B-6. The present RDAs are based on amounts necessary to create what were considered "normal" blood levels and other metabolic indicators in young adults. Again, the recent review of research reported that studies now suggest amounts needed by older adults may be different. A risk factor for heart disease, excess homocysteine in the blood is moderated by the effect of B-vitamins. Since homocysteine levels tend to rise when B-vitamins are lacking,

### Model open at Weinberg Community



A one-bedroom model apartment is now open for viewing at North Shore Place For Assisted Living, which is due to open July, 1997 in Deerfield, IL. Council for Jewish Elderly (CJE) is developing North Shore Place and The Friend Center for Early Alzheimer's Care as part of the \$24 million Harry and Jeanette Weinberg Community for Senior Living on acres at Lake Cook Road near Wilmette. The Harry and Jeanette Weinberg Community is a project of Council for Jewish Elderly, in partnership with the Jewish Federation of Metropolitan Chicago. Since 1972, CJE has been meeting the growing needs of older people and their families across metropolitan Chicago. For more information, or for an appointment to view the model apartment, call (847) 374-0500.

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For information about services offered at the location closest to you call  
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## Seniors have special dental needs

Senior citizens, the fastest growing portion of the U.S. population, are keeping their teeth longer than prior generations and have special dental needs, according to dentists at the 45th annual meeting of Academy of General Dentistry.

As the population ages, the dental needs of the individual over 65 become increasingly spe-

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**USE THE BUGLE**

## Morton Grove Senior Citizens 470-5223

"Many medications cause a decrease in the saliva flow which suppresses the normal buffering action of the saliva," said Fred Margolis, DDS, one of 50 featured clinicians at the Academy of General Dentistry's annual meeting, president of the Illinois Foundation of Dentistry for the Handicapped (IFDH), and staff dentist at a residential facility for the developmentally disabled.

"The resulting dry mouth condition can lead to dental decay and dry mouth, which can lead to tooth loss."

"Special mouth rinses can be prescribed to increase the saliva flow and reduce plaque buildup," said Dr. Margolis.

Adult tooth loss is often a result of oral disease and not the aging process.

Regular dental visits are essential for senior citizens, even for the 44 percent of elderly adults who no longer have their teeth.

Dentists can adjust uncomfortable dentures and screen for oral cancer.

Each year, more than 8,000 people die of oral and throat cancer according to the Center for Disease Control (CDC).

In order to avoid oral diseases and maintain their natural teeth, seniors who do not have a regular dentist should select a dentist and schedule a consultation visit, advised Dr. Margolis. "Talk to the dentist, make sure you feel comfortable. Explain your condition, concerns and bring your medical list." Homebound seniors can contact local dental societies regarding mobile dentistry programs.

Seniors planning to enter a nursing home should inquire about the dental consultant and their personal care giver. Currently, 1.5 million seniors receive care in 16,700 nursing homes and 50 to 77 percent of those nursing home residents experience total tooth loss.

Family members should play an active role in encouraging the oral health of homebound seniors or those in nursing homes by helping them schedule regular dental visits.

Dr. Margolis is one of more than 50 clinicians presenting the latest developments in oral health and technology at the Academy of General Dentistry's 45th annual meeting, July 31-Aug. 3, 1997, in Chicago.

The Academy of General Dentistry is an international dental organization of 35,000 general dentists from the United States, its territories and Canada. As members, these dentists are dedicated to continuing education to ensure the best possible care for the patient.

### "LET'S FACE IT"

"Let's Face It" is a monthly program held at the senior citizen apartments at 9016 Waukegan (the White House). The next meeting is at 2 p.m. on Thursday, July 17 and is moderated by Dick Zembron, M.S.W. of the Flickinger Senior Center. This group focuses on topics of interest to those who attend and the community is invited.

### PRIME TIMERS

The North Shore Prime Timers Club enjoys a variety of programs, dining out in new places and the theater as well as meeting people from surrounding suburbs. For more information about the Prime Timers, call Lee Lippai at 966-6959. They will enjoy a Paddle Boat Ride on the Fox River with departure at 11:30 a.m. on Friday, July 18. The cost for the day is \$25. Lunch is included on the cruise.

### DIABETES SCREENING

Non-insulin-dependent diabetes is gradual in onset and usually occurs in adults over age 40. Some of the warning signs are blurred or any change in vision, tingling or itchy skin, slow healing of cuts and bruises, and drowsiness. Free diabetes screenings are available from 9 to 10 a.m. on Tuesday, July 22 in the Flickinger Senior Center. People coming in for the screening should fast from the evening meal of the night before.

### OSTEOPOROSIS AWARENESS FORUM

Rush North Shore Medical Center presents this free program at 7:30 p.m. on Wednesday, July 23. Come and learn how to determine the risk for osteoporosis with bone density testing. Michael Racenstein, M.D., radiologist and Debra Schlossberg, M.D., gynecologist will focus on prevention as well as treatments. Risk factors for osteoporosis are:

- early menopause (before age 45),
- post menopause,
- caucasian race or Asian ethnicity,
- family history,
- lifestyle factors: inactivity, excessive alcohol or caffeine use, smoking; and
- chronic use of steroids.

### ONEIDA & OOMPA

Save Thursday, July 24 and Friday, July 25 for a great time in Wisconsin! Depart for an afternoon session at the Oneida Casino and receive a rebate book for cash and food. Then, on to the Best Western Hotel to relax, swim or return to the casino. The following day, after an included breakfast, be treated to a tour of Milwaukee and then Germanfest featuring Oompa bands, German cuisine and more. The cost of the trip is \$164/single, \$139/double, and \$134/triple. Depart the Prairie View Community Center on July 24 at 9 a.m. and return around 7:30 p.m. on July 25. For more information, call Catherine Dean at 965-1200.

### MALL TRIPS

The Morton Grove Senioritran operates five days a week, transporting seniors free of charge to destinations in Morton Grove. On the last Tuesday of each month it makes two trips to Golf Mill Mall at 9:15 and 10 a.m. with return trips at 12:15 and 2 p.m. To reserve a trip on Tuesday, July 29, call the Morton Grove Senior Hot Line at 470-5223.

### CRUISIN' THE MISSISSIPPI

This three day adventure from August 10 to 12 begins with a narrated tour of the Amana Colonies. These villages have remained true to their ancestors' values and traditions. Then travel on to Bettendorf and an overnight stay at Jumer's Castle Lodge. There will be opportunity to gamble on the Lady Luck Casino or enjoy the beautiful Jumer's Resort. The next day, relax on the promenade deck aboard an old-time steamboat as the captain points out sights of interest along the way. Overnights accommodations will be in Galena, IL at the Chestnut Mountain Resort. A tour of historic Galena will highlight the final day with time to browse before "cruisin'" homeward. The cost of the trip is \$525/single, \$380/double, \$370/triple, and \$350/quadruple. Depart the Prairie View Community Center on Sunday, August 10 at 7:30 a.m. and return around 5 p.m. on Tuesday, August 12. For more information, call Catherine Dean at 965-1200.

### \* \* \* \* \*

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-1200. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053.

## SENIOR SEASONS

### Township seniors enjoy comedy, music of 'We Three'



Members of the Maine Township Seniors visit with We Three, a vaudeville trio that performed at the Seniors' recent luncheons. Pictured (front row, left to right) are LaVilla Schmidle; Alvera Toman and Pat Larson, all of Des Plaines; (back row, left to right) Township Supervisor Mark Thompson; and Dan Cullinan, Jerry Sullivan and Ken Riehl of We Three. More than 3,800 residents are part of the township's group for older adults. Most activities are limited to members, but there's no cost to join and new members always are welcome. To join, you must be at least 65 years old and live in Maine Township. For more information, call Neuschel at (847) 297-2510.

### State ID cards at Niles Senior Center

The Niles Senior center, in cooperation with the Secretary of State's office, will be offering free identification cards for residents age 65 or older and persons with disabilities. This special photo State identification session will be on Thursday, August 21, 1997 from 9:30 a.m. to 2:30 p.m.

Those individuals under the age of 65 may obtain photo ID cards at the most convenient drivers facility for a fee of \$4. Drivers and nondrivers may be issued a photo ID provided they submit three acceptable forms of identification.

For more information call Kelly Mickle at the Senior Center at 588-8420 or 588-8000.

### Violinist in Devon Bank program for seniors

September 4th and 5th, 1997 are dates that Chicagoland seniors and their families should mark on their calendars as a "must see", as the 2nd Annual Senior Lifestyle Expo is scheduled to take place in Westmont, IL. This two-day event offers a wide variety of programming, special events and exhibitors showcasing their products and services to the senior market.

Presented by the Northeastern Illinois Area Agency, the Senior Lifestyle Expo is being held at the Inland Meeting & Exposition Center, just minutes from Oakbrook Shopping Center. Tickets are \$3 at the door and \$2 for groups (15 or more) who order in advance.

In addition to providing a fun and informative two days of activity, 100% of the proceeds will go to benefit the Holiday Meals on Wheels program. This program provides hot nutritious meals to seniors on holidays and weekends. For more information about the Senior Lifestyle Expo, please call (800) 528-2000.

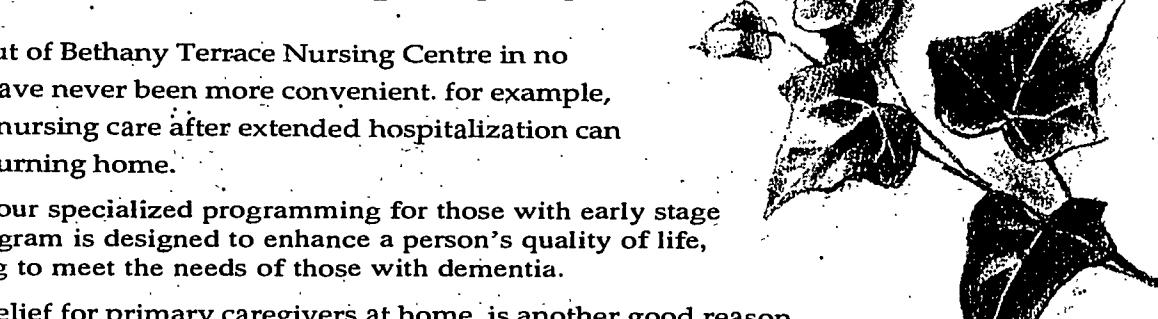
### Senior Center Flower and Garden Show

The Niles Senior Center will host their third annual Flower and Garden Show on Friday, August 22, from 11 a.m. to 2 p.m. at the Trident Center. Niles senior residents are encouraged to participate by displaying their flower and garden items. All residents are invited to see the displays and enjoy a \$1.00 hot dog lunch.

Niles seniors interested in entering the show should register by calling the Senior Center at 588-8420.

### USE THE BUGLE

## In. Out.



Now a person can be in and out of Bethany Terrace Nursing Centre in no time, because short-term stays have never been more convenient, for example, someone who needs temporary nursing care after extended hospitalization can recuperate at Bethany before returning home.

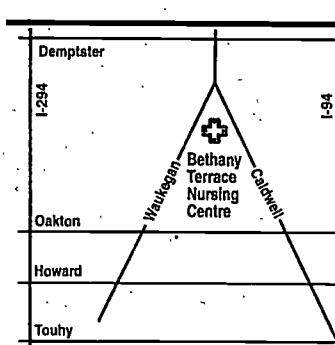
Bethany Terrace has expanded our specialized programming for those with early stage dementia. The activity-based program is designed to enhance a person's quality of life, and the staff have special training to meet the needs of those with dementia.

Respite care, which provides relief for primary caregivers at home, is another good reason to arrange a short-term stay at Bethany.

No matter what level of care is needed, or for how long, every Bethany Terrace resident receives the best professional services and personal attention, in a warm and inviting environment.

Insist on the best, check out Bethany Terrace.

For more information call (847) 965-8100.



**Bethany Terrace Nursing Centre**

8425 N. Waukegan Road  
Morton Grove, IL 60053

## SENIOR SEASONS

### Seniors warned about hot weather

Illinois Department on Aging Director Maralee I. Lindley is reminding senior citizens that with the onset of summer, precautions should be taken to cope with extreme heat and high humidity.

"Health problems and isolation are factors that make older people particularly susceptible to heat stress which can be life threatening," said Lindley. "Common sense tips to 'beat the heat' should become a way of life in the summertime."

"It's also important for family members, friends and neighbors to check on older people who may be unable or unwilling to seek assistance. Keep in mind that during dangerous heat conditions, most local communities have cooling centers that can accommodate individuals at risk," Lindley said.

Common sense tips for handling the heat include the following:

- drink lots of water and natural juices,
- avoid going out into blazing heat, if possible,
- keep shades drawn and blinds closed, but windows slightly open,
- keep electric lights off or turned down,
- take cool baths or showers; use cool towels,
- remain in air conditioning either at home or at a cooling center,
- wear loose, light cotton clothing,
- avoid alcoholic beverages, coffee and colas,
- do not eat heavy meals,
- avoid using cooking ovens,
- avoid or minimize physical exertion,
- check on family members, friends and neighbors,
- call "911" if you or anyone you know needs medical attention.

During heat emergencies, communities are involved in door-to-door outreach; senior centers, adult day care sites and other familiar buildings serve as cooling centers; and information and assistance is provided on an ongoing basis through the network of local agencies serving older persons.

For further information about local programs and services available to assist older persons, call the Illinois Department on Aging toll-free at 1-800-252-8966 (Voice and TTY).

### Runners should be aware of air pollution

As the weather warms up, thousands of runners will take to the nation's streets and trails. And while most will be prepared to brave bad knees, reckless drivers and torrential rains, too few are ready to take on one of the greatest threats to a runner's health: air pollution.

Because runners breathe quickly and deeply, they inhale relatively large volumes of air and air pollution. Combined with some of the worst air quality in the country, air pollution poses a serious health risk for runners in metropolitan Chicago. Fortunately, runners can use simple precautions to minimize exposure to air pollution.

The ALAMC offers the following guidelines to help runners minimize their exposure to air pollution:

- Since sunlight and time are necessary for ozone smog formation, air pollution tends to be worst during late morning and the afternoon. Run early in the day of after sunset in the evening.
- Watch the calendar. Ozone smog tends to be worst during the May-to-September "smog season." Be especially conscious of smog levels during warm weather.

"Research indicates that common levels of air pollution in the Chicago region can cause coughing, wheezing, labored breathing and asthma attacks," says Ron Burke, director of environmental health for the American Lung Association of Metropolitan Chicago (ALAMC). "Runners are vulnerable because they breathe more air and, therefore, more air pollution."

Air pollution levels are particularly high in the summertime when heat and sunlight react with pollutants emitted from cars and factories to form ozone smog.

In a recent study conducted by Patrick L. Kinney and his colleagues at the Columbia School

### Belden Baptist summer day camp

### Morton Grove Senior Citizens 470-5223

### Alzheimer's Support Group meeting

every third Tuesday of the month.

Christa Dutsch or Colleen Thon The Wealshire 847/883-9000 <http://www.wealshire.com>

The Chicago Chapter of the Alzheimer's Association and the Wealshire, an activity-focused care facility for persons with Alzheimer's and related dementias, will sponsor a family support group meeting.

The meeting is designed for family members who care for Alzheimer's sufferers, and will include information on disease specifics, current research, practical care techniques and community resources.

The Wealshire  
150 Jamestown Lane (West on 22, North on Milwaukee)  
Lincolnshire, IL  
847-883-9000  
Tuesday, August 19, 7 p.m.  
These meetings will be held

### Community Dessert Bake-Off

with first prize.

The Home invites all those interested to come the day of the event to sample the desserts.

Entry forms must be received by Thursday, July 17. All participants must be present to win. Prizes must be collected immediately following the event.

Norwood Park Home hosts a special event each month as a way of bringing the residents and the community together. If you're interested in volunteering or would like to obtain a special events calendar, call (773) 631-4856.

### AARP Skokie Chapter #3470 meeting

A.A.R.P. Skokie Chapter will hold its next meeting on Tuesday, August 5, at 1 p.m. in the Pet-

**Single Jewish Grandparents**  
Event: Ravinia Family Concert

When: Saturday, July 19, 1997, 11:00 a.m.

Cost: \$3 Lawn Seats, \$5 pavilion seats (reserved)

We will meet in front of the pavilion at 10:30 if you are sitting on the lawn. For pavilion seats, please contact June at (847) 229-1223 by July 9, 1997 and reserve with a check.

This class is offered in cooperation with the Secretary of State's office. It is open to all and there is no charge.

We ask that you call 847-823-0453 to make a reservation so that we will be sure to have sufficient materials available.

A regular meeting of the National Association of Retired Federal Employees Chapter 2118 will be held on Friday, August 1st at 1 p.m. at Warren Park Field House, 6601 N. Western Avenue, Chicago.

## Letters to the Editor

### Educational success of children, a common goal

Dear Editor:

Political posturing has replaced common sense in recent education funding reform discussions in Springfield. What has been lost in the bickering is the realization that we have a common goal -- the educational success of our children.

Special interest groups are blasting Senate Republicans for not passing their plan -- which required the largest state income tax increase in Illinois history during a time when a strong economy is providing significant revenue growth. Despite opponents' claims, the fact is that Senate Republicans passed a plan that would have provided nearly \$500 million for education -- without an income tax increase. It would have achieved a recommended per-pupil expenditure of \$4,050; provided for a \$1 billion capital plan to help school districts repair, update and expand their buildings; and required reforms that would help local officials better educate their students.

All this was achieved without asking hard-working taxpayers to give us more of their paychecks.

The plan primarily relied on a better-than-expected economic performance, but also included a modest increase in the telecommunications tax and cigarette tax. In stark contrast, House Speaker Michael Madigan's plan re-

We all should know by now that simply throwing more money at a problem is not the answer.

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Sincerely,  
Walter Dudycz  
Assistant Senate Majority Leader, 7th District

### Reader cites 'Left Hand' comments on baby killing

Dear Mr. Besser:

I have just finished reading "From the Left Hand" dated July 10. Inasmuch as I am not given to writing letters to editors my first reaction was of disbelief and horror that you could actually take the stand that you so cavalierly express. I simply threw the paper down in disgust and went about my business - or tried to. But I simply could not get it out of my mind and heart. The outrage demanded action.

I do not feel she should necessarily be given a life sentence (although that is exactly what she has condemned her child to) but the sentence should be of a duration that is commensurate with the gravity of the offense.

What has our country come to when an intelligent person in a position such as yours tells us that we should simply overlook the taking of human life because this young woman was an honor student and a swimmer at Maine East High School.

Should we be compassionate? Of course. My heart goes out to the parents of this girl, as well as to the girl herself. But my compassion does not extend to exonerating her from the horrible act of killing a child - her own flesh and blood!

I sincerely hope that your office is flooded with letters defending the fact that life is God-given and precious, and that no one has the right to snuff it out.

Sincerely,  
Geri Janzen  
Niles Resident

### Nilesite seeks referendum on Joz Park

Dear Editor:

I am writing to voice my opinion and concern about the "Joz Park" relocation issue. (Background) I was born and raised in the inner city of Chicago. When I was a kid, our ballfield was an asphalt side street. None of the neighborhood ballfields or parks could even come close to being as nice as or create an atmosphere of good old fun at the ballpark for the entire family. ("Joz Park" in

itself) I believe that the expenditure of \$10,000 per child and the township supervisor's comments, that the board isn't responsible for its operation, even though the board created it, funds it to the tune of \$99,000, plus houses it in its own limited facilities and investigate complaints of this type.

As chairman of the Niles Township Coalition Party and as one of the candidates for Niles Township office in the last election, I and my colleagues ran for public office, to offer the township an opportunity to choose a more fiscally responsible voice with a deep commitment to the poorer school districts and more dollars for textbooks, alternative schools, pre-school and other important programs.

Despite the political gamesmanship, Illinois students will not suffer. Both chambers approved a Fiscal Year 1998 budget that provides more than a quarter-billion in new funding for our schools - including help for the poorer school districts and more dollars for textbooks, alternative schools, pre-school and other important programs.

We all should know by now that simply throwing more money at a problem is not the answer. Hard-working, tax-paying families deserve better. We want our investment to reap the kind of educational returns vital to the success of our children.

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## Police News

### Resident inducted into Sheriff's Legion of Merit



Cook County Sheriff Michael F. Sheahan (left) presents Investigator John Grammatis (center) with a plaque at the Sheriff's Annual Employee Awards Ceremony. Grammatis, a resident of Des Plaines, was inducted into the Sheriff's Legion of Merit at the ceremony. Also pictured is Deputy Director Dave Dioguardi, who was accepted a plaque on behalf of Grammatis' partner, Albert Moy, who was unable to attend the ceremony.

### Fireworks Safety Facts

- Abide by all laws pertaining to fireworks.
- Always read and follow fireworks' directions.
- Do not use fireworks near dry grass.
- Do not use fireworks near flammable materials.
- Fireworks are not toys. Never point or throw fireworks at another person.
- Never attempt to re-light or fix fireworks that have not gone off.
- According to the National Fire Protection Association more than 11,400 people received fireworks related injuries serious enough to warrant a visit to the hospital emergency room in 1995.
- In 1996 at least 136 people were injured in Illinois according to the results of a survey of hospitals.
- Many fireworks are designed to burn hot or to explode.
- Sparklers, which many people regard as harmless, burn at temperatures of up to 1800 degrees Fahrenheit (982 degrees Celsius).
- Keep at a safe distance from fireworks' staging areas.
- Children should always be supervised by an adult when playing with fireworks.
- Matches are tools and not toys. Children should never play with matches and should especially never use them to light fireworks.
- For the best possible fireworks safety, leave these dangerous devices to professionals. Attend licensed public fireworks displays.

Tips are from the Office of the Illinois State Fire Marshal and the National Fire Protection Association.

**Fireworks Definitions**  
From 425 ILC (Illinois Compiled Statutes) Section 302  
Definitions  
(a) The term fireworks shall mean and include any explosive

#### Protection order violation

A 36-year-old Niles woman called police when a 39-year-old Niles man showed up in the back yard of her residence in the 8500 block of North Terrace around 6:40 p.m. July 10.

When police arrived they found the victim in her automobile with a copy of an active order of protection against the offender. Police transported the offender to the Niles Police Department where he was charged with violation of an order of protection.

A special \$3,000 bond was set along with a special restriction that the offender is to stay away from addresses in the 5500 block of North Olcott Street and the 7500 block of west Bryn Mawr in Chicago in addition to the victim's residence.

#### Theft

A Niles Fire Department Chief reported July 8 that unknown offenders removed the Niles Fire Department sign from the west side of the station in the 8300 block of Dempster Street.

#### Forgery

A 41-year-old Des Plaines maintenance supervisor reported that his 20-year-old daughter, who has admitted stealing and cashing checks belonging to her father in the past, again forged a check in the amount of \$500.

The daughter, who was asked to leave the father's home, now resides with an unknown friend on Robin Road in Niles.

#### Burglary

A 69-year-old real estate agent told police she suspects that two men employed by a plumbing company she admitted to her home to give estimates on a bathroom repair job may have stolen over \$3,000 worth of jewelry from a locked case in her bed-

#### LEGAL NOTICE

The Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, August 4, 1997, at 7:30 P.M. at the Niles Municipal Building, 1000 Civic Center Drive, Niles, Illinois, to hear the following matter(s):

97-ZP-20 Mark Guzowski  
3136 Osceola  
Chicago, IL

Requesting a change in zoning from B-2 Special Use to B-2 Special Use to open service station for automobile repair with auto part supply store at 7007 Milwaukee Avenue.

97-ZP-21 Joseph Bachewicz  
6217 Holbrook St.  
Chicago, IL

Requesting a variation to required parking from 77 spaces to 63 and the reduction of the rear yard requirement from 20 feet to 9 feet to construct a Walgreen Store with drive-thru window at 7147-55 Milwaukee Avenue.

The Village of Niles to comply with the Americans With Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodation for a Village service or have any questions about the Village's compliance, please contact Abe Selman, Village Manager, 1000 Civic Center Drive, Niles, Illinois, 847/588-8000.

#### Protection order violation

The men were in the woman's home around 11:30 a.m. July 8. She discovered the jewelry missing July 13.

The 25-year-old manager of a kiosk at 456 Mill Center reported that unknown offender(s) forced open the locked sliding door on a glass showcase and removed approximately 23 pairs of sunglasses with a total value of \$2,760 sometime between 6:30 p.m. July 6 and 8:50 a.m. July 7.

A 56-year-old Niles man reported that unknown offender(s) entered his open garage between 8:30 a.m. and 9:10 a.m. July 7 and removed a snowblower valued at \$500, a trimmer valued at \$100 and a blower valued at \$60.

#### Theft

A 28-year-old employee of the home improvement store at 901 Civic Center was apprehended by store security July 10 at 7:54 p.m. after he made returns at two cash registers and withdrew a total of

#### \$267.63

When he was searched, the security agent found a silver packet containing a white powdery substance that appeared to be a controlled substance. He was transported to the Niles Police Department where he was again searched and a second silver packet of the unknown substance was found. The silver packets were inventoried and sent to the crime lab to detect what the substance was and whether additional charges will be added.

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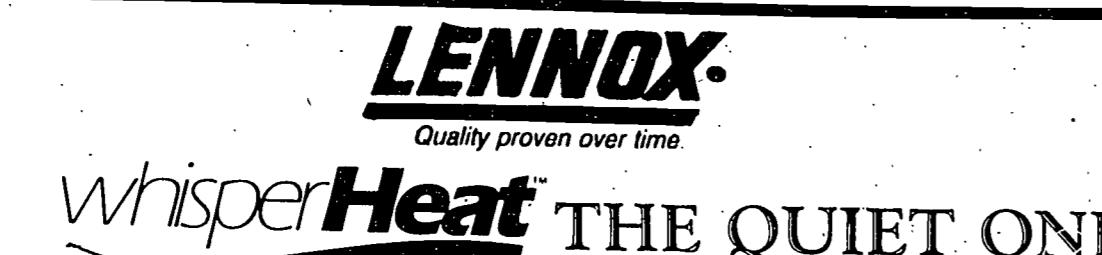
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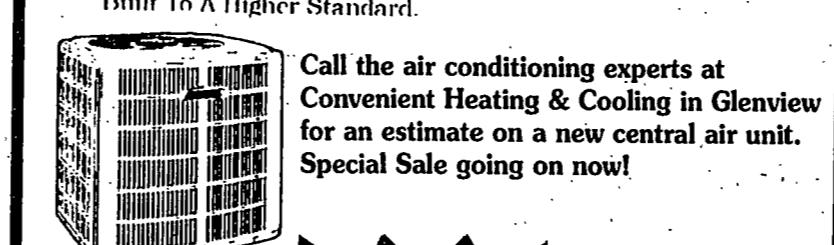
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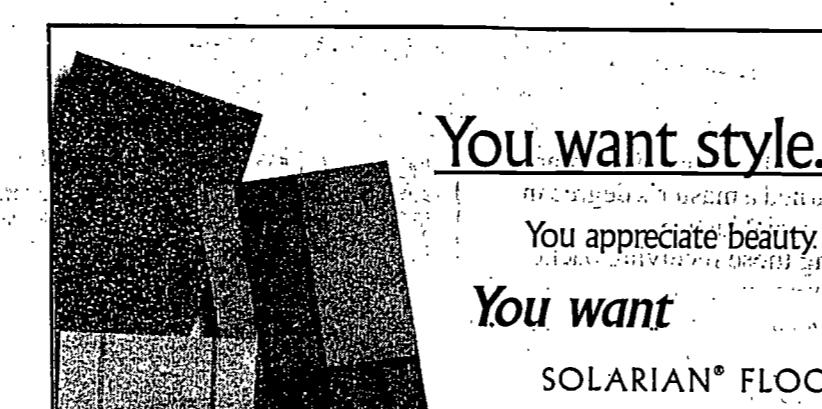


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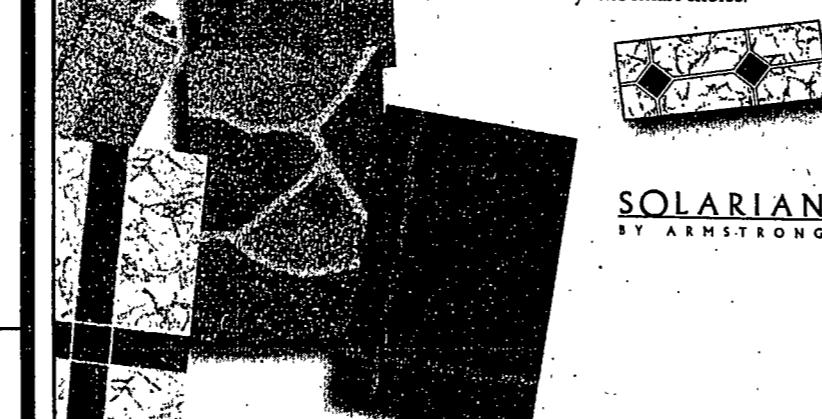
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## Single parents need loyal friends

When a marriage ends, friendships often end too. Yet friends are a valuable asset for single parents, according to Cammy Seguin, University of Illinois Extension educator, family life.

Single parents who are struggling through the grieving process after a divorce need friends more than ever, Seguin said. Building lasting friendships is important for single parents.

"Single parents may be feeling especially lonely following a divorce," she said. "These feelings of being deserted by a spouse can be compounded when friendships slip away as well."

Often, friends of the couple do not know what to say or do when the marriage ends. They wonder whether to remain friends with both parties or just one, and may drift away in the confusion.

Newly divorced people may

feel that they themselves are not a good friend during this time. However, they need friends to help them recover from the divorce and start a new life. Friends can be good listeners, and provide encouragement and support.

Single parents often face many barriers to making friends. They may not have the time or the money to share activities with friends, such as going to the movies or going out to eat. Child care for such times can be costly.

In addition, married couples may feel uncomfortable building a friendship with single parents. Finally, the newly divorced per-

son may find it hard to take the risk of making friends for fear of rejection.

"They have recently been hurt by their former spouse and they don't want to risk being hurt again," Seguin said.

Instead of withdrawing from others following the divorce, single parents can find new friendships rewarding. Developing friendships with other single parents can be especially valuable at this time. Knowing that other divorced parents have made it through the worst and are managing their lives can give hope that things will get better.

## Walkathon/Picnic fundraiser

The West Side Mental Retarded Children's Aid/Austin Special is holding their 13th Annual Walkathon/Picnic on Sunday, August 3, from 10 a.m. until 4 p.m.

Registration takes place at the Austin Special Work Center, 5414 W. Diversey, Chicago, between 10 a.m. & 11 a.m.

The purpose of the walkathon is to raise funds for programs which serve developmentally disabled adults who live in Chicago.

Walkathon participants, who each solicit pledges for the miles

they walk, will walk 2 miles to Riis Park at Fullerton & Narragansett. After the walk, all walkers will be treated to a picnic, fun and games.

The Austin Special Walkathon is one of the first walkathons in Chicago where mentally retarded people walk to raise money for their own programs.

We are actively seeking walkers from the community to volunteer for this fundraising event.

Please call Helen Wisniewski at 282-4744 to obtain pledge forms for the Walkathon.

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A directory of area professionals and services

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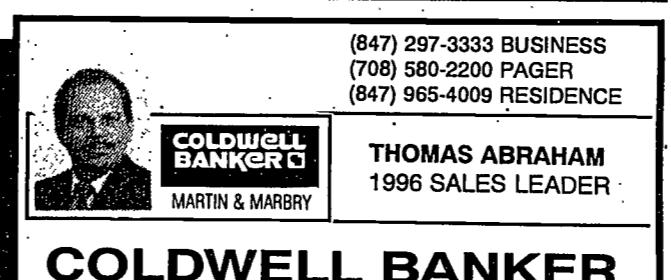
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## From the Left Hand

Continued from Page 1

Subsequently, \$5 million for the 1996 national elections were divided between the Democrats and Republicans. Because gambling is primarily regulated by state governments, about \$100 million has been used in lobbying and influencing state officials.

An additional \$30 billion a year has been made by 37 states and Washington, D.C., in state lotteries. In fiscal 1995; \$382 million was spent in advertising these lotteries. It has been suggested the lotteries are a form of taxation and that lower income groups pay a disproportionate amount of this tax.

Illinois, California and New York now lead Nevada and New Jersey in gambling revenue with more than \$2 billion each annually. Nevada takes in plus-\$7 billion and the Atlantic City area almost \$5 billion.

It is predicted the Internet online gambling will reach \$8-\$10 billion by the year 2000. Controlling inter-state gambling on the computer and preventing young people from participating are problems which have not been solved.

In 1988 Congress passed a law permitting American Indians to operate casinos on their sovereign lands. There

## Leaning Tower ...

Continued from Page 1

for volunteers to help athletes register, time swim meets, hand out water and many other duties. It's a big job that needs a lot of community support. Volunteers are needed anytime between 5 a.m. to 1 p.m. on Sunday, July 20 and some are needed two days prior to the race as well.

## Morton Grove ...

Continued from Page 1

Lock-Up for MDA. Jailbirds are charged with having big hearts and are sentenced to spend one hour of time behind bars raising bail for MDA. Jailbirds are arrested at their place of business and escorted to Champs Sports Bar and Grill, where they are provided

## Murder ...

Continued from Page 1

to come forward at the time of the murder will do so now.

Anyone with information about the crime can call the Morton Grove police at (847) 470-5208. A \$25,000 reward for information leading to the arrest and conviction of Lehman's killer is still in effect, police said.

**READ THE BUGLE**

## Glenview bride ...

Continued from Page 1

are now more than 150 Indian casinos in the country. In Connecticut the Mashantucket Pequot tribe is the largest in the world. Its Foxwood Resort & Casino grosses more than \$1 billion a year.

These new monies generated on Indian lands have raised many tribes out of poverty. Since 1988 these monies have provided new housing, modern medical services and educational scholarships for children. Estimates of \$50,000 incomes for each tribe member have been alleged the result of gambling profits.

While the early gambling casinos in Las Vegas were hoodlum-dominated the Hiltons and MGM Grand, backed by Wall Street investors, have moved front and center in the gambling picture.

The question of how addictive gambling may be is undetermined. It is guessed as high as 5% of today's gamblers are addicted. But the availability of increased gambling facilities in local communities could increase the percentage of those deemed addictive. And the potential of being able to gamble over the Internet, privately, and in your own home, portends for ever-increasing gambling addiction.

## Cigarette

### Thief . . .

Continued from Page 1

police arrived, the offender complained of his injured wrist and was transported to Lutheran General Hospital where X-rays revealed that his wrist was broken.

He was charged with battery and attempted shoplifting.

### Flood control ...

Continued from Page 1

part to delays in obtaining work permits from the Illinois Department of Transportation, officials said.

Nakai said that people who need to use the Edens can avoid the congestion at Dempster by using the Old Orchard or Touhy Avenue ramps.

Floods have been placed at either end of the construction area on Dempster to alert drivers that lane closures will continue into October, Nakai said.

A spokeswoman for a business in the area described the sometimes two to three mile traffic back-up as a madhouse.

### Garth S. Kirkpatrick

Navy Petty Officer 3rd Class Garth S. Kirkpatrick, son of Garth S. Kirkpatrick of Des Plaines, Ill., recently arrived in the Persian Gulf to support U.S. interests and Navy operational objectives in the area.

## "Ace" this Outdoor Cooking Quiz

Time to clean the backyard grill and get ready for outdoor gatherings or graduation parties. Speaking of graduations, would your food handling practices pass the test? Take the following "exam" and answer each of the following questions either **True** or **False**.

1. **All meat should be cooked until no pink is visible in the center.**

**False.** Put cooked meat and poultry on a clean platter. All cooking utensils (*and hands!*) should be thoroughly washed with soap and hot water after coming into contact with raw meat.

2. **Mayonnaise is the chief food poisoning villain at picnics and barbecues.**

**False.** Because of its high acid content, store-bought mayonnaise actually slows bacterial growth. However, protein foods such as meat, poultry, or eggs are highly perishable at room temperature. So keep your salads in a cooler or on ice.

3. **Safety-savvy outdoor chefs bring at least two ice-filled coolers to picnics.**

**True.** Because the beverage cooler is opened frequently, food experts recommend using a separate cooler for food to be sure it remains safely chilled.

4. **Left-over meat marinade may be poured over the meat when served.**

**False.** After marinating meat, either discard the marinade or boil it for at least one minute before using it for cooked food, or set aside a portion before adding the meat.

5. **Frozen ground beef patties should go directly from the freezer to the grill.**

**False.** In order to be sure home-made patties are evenly and thor-

oughly cooked, they should be completely thawed before cooking. Defrost in the refrigerator or use the microwave if the food is going right to the grill. Never thaw at room temperature.

6. **You can use the same platter for raw and cooked meat and poultry so long as you wipe the juices off with a paper towel.**

**False.** Put cooked meat and poultry on a clean platter. All cooking utensils (*and hands!*) should be thoroughly washed with soap and hot water after coming into contact with raw meat.

7. **Mayonnaise is the chief food poisoning villain at picnics and barbecues.**

**False.** Because of its high acid content, store-bought mayonnaise actually slows bacterial growth. However, protein foods such as meat, poultry, or eggs are highly perishable at room temperature. So keep your salads in a cooler or on ice.

8. **Atmospheric pressure is important for grilling.**

**True.** Atmospheric pressure is important for grilling. When the air pressure is low, the flames are short and intense, and the heat is concentrated. When the air pressure is high, the flames are long and intense, and the heat is more even.

9. **When grilling, turn the meat frequently.**

**True.** Turn the meat frequently to prevent it from becoming overcooked on the outside while remaining raw in the center.

10. **When grilling, turn the meat frequently.**

**True.** Turn the meat frequently to prevent it from becoming overcooked on the outside while remaining raw in the center.

11. **When grilling, turn the meat frequently.**

**True.** Turn the meat frequently to prevent it from becoming overcooked on the outside while remaining raw in the center.

12. **When grilling, turn the meat frequently.**

**True.** Turn the meat frequently to prevent it from becoming overcooked on the outside while remaining raw in the center.

13. **When grilling, turn the meat frequently.**

**True.** Turn the meat frequently to prevent it from becoming overcooked on the outside while remaining raw in the center.

14. **When grilling, turn the meat frequently.**

**True.** Turn the meat frequently to prevent it from becoming overcooked on the outside while remaining raw in the center.

15. **When grilling, turn the meat frequently.**

**True.** Turn the meat frequently to prevent it from becoming overcooked on the outside while remaining raw in the center.

16. **When grilling, turn the meat frequently.**

**True.** Turn the meat frequently to prevent it from becoming overcooked on the outside while remaining raw in the center.

17. **When grilling, turn the meat frequently.**

**True.** Turn the meat frequently to prevent it from becoming overcooked on the outside while remaining raw in the center.

## Founder of St. Vincent De Paul Society to be beatified by Pope John Paul II

poor. Vincentians serve in a person-to-person, one-to-one ministry to those in need in such areas as the United States, Peru, Mexico, Haiti and Australia. More than \$100 million of assistance is provided in the U.S. annually. Cardinal Bernard Law of Boston has praised Vincentians for their service to the poor, telling them they were "helping create a civilization of love."

Frederic Ozanam, founder of the Society of St. Vincent de Paul, will be beatified by Pope John Paul II on August 22, at Notre Dame Cathedral. Pope John Paul II selected World Youth Days as the occasion for Ozanam's beatification ceremony. The Pope will introduce Blessed Frederic Ozanam as a true model of holiness, a young active lay Christian, caring for social issues.

Vincentians and friends of the St. Vincent de Paul Society are coming from all over the world to attend the beatification of Frederic Ozanam. For more information about the St. Vincent de Paul Society contact: Society of St. Vincent de Paul, Council of the United States, 58 Progress Parkway, St. Louis, MO 63043-3706. Phone (314) 576-6755. E-mail: SVDPUS@aol.com.

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<b>• WAITSTAFF</b> <b>• BUS PERSONS</b> <b>Full and Part Time</b> <b>Private Country Club on the North Shore is Now Hiring and Training for Full &amp; Part time Positions. Day and Evening Hours Available. Experience Not Necessary. Call Liz:</b> <b>(847) 729-6500</b>			<b>THIS COULD BE YOUR LUCKY DAY!</b> Today may be one of your lucky days. Because right this second you are learning about a fantastic opportunity with George S. May International, a world renowned management consulting company. To ensure our future growth, we are looking for talented, ambitious people who can sell our services by telephone. Bilingual French & Spanish a plus.	
<b>LONE STAR STEAK HOUSE</b> New Store Opening! <b>• BROILERS</b> <b>• DISHWASHERS</b> <b>• WAITSTAFF</b> <b>• HOSTS/HOSTesses</b> <b>• PREP</b> <b>• COOKS</b> <b>• BARTENDERS</b> Opening team now being hired at new location 7237 Dempster, Niles (847) 470-1976 <b>LONE STAR STEAK HOUSE</b> Accepting Management Applications			<b>RETAIL</b> <b>• STORE • ASSOCIATES • Help Wanted Full &amp; Part Time</b> Chicagoland's leading retailer of fine wines and spirits is seeking energetic, customer oriented individuals for our Highland Park Location to perform a variety of store functions. Qualified persons must be over 21 years of age, able to work day and evening hours. Previous retail experience preferred. We offer opportunity for advancement, attractive compensation and a complete benefits package. <b>For consideration Please Call:</b> <b>(847) 674-4200</b> <b>Or Apply In Person</b> <b>153 Skokie Valley Hwy.</b> Highland Park (Crossroad Shop. Cr.) equal opportunity employer m/f	
<b>SCHOOL BUS DRIVERS NEEDED</b> <b>Enjoy your summer off</b> Spend just a few hours a week training on easy to drive fully automatic school busses, vans & suburbans. When the kids go back to school you can work part-time driving routes in the northwest suburban area. <b>STOP AND CHECK THIS OUT</b> <b>STOP</b> <b>SEPTRAN INCORPORATED</b> Please Call Don McCarthy <b>847-392-1464</b>			<b>TRADES</b> <b>Management Consultants Since 1925</b> equal opportunity employer m/f <b>NOW YOU CAN ADVERTISE MORE FOR LESS!</b> <b>EARN GREAT \$\$ WHILE HAVING FUN MERCHANDISER FT</b> National Marketing Services provides in-store merchandising for leading toy, book & video mfrs. FT position in the Niles area. 40 hrs/wk; must work Friday & Saturday. Salary: \$18,000. You'll be responsible for ensuring products are displayed & stocked, customer contact, lifting & some ladder climbing. 401K. Call 1-800-688-9000 (dia 8900 then 2 for ad response, job # 9972) or FAX to 908-57-9742. <b>USE THE BUGLE</b> <b>SELL IT! •BUY IT!</b> <b>•ANNOUNCE IT!</b> <b>3 Lines - 5 Papers 12 Dollars!</b> This is a weekly rate - Prepaid. We accept MasterCard or Visa. <b>OUR CLASSIFIED ADS</b> <b>•REACH MORE PEOPLE PER WEEK•</b> <b>•FOR THE LEAST AMOUNT OF DOLLARS!</b> See how your money can work for you! <b>*2 Insertions Per Week</b> <b>*2 Deadlines Per Week</b> Specials Designed With Your Needs In Mind <b>Call us today for details.</b> Judie (847) 966-3900 x.40 Beverly (847) 966-3900 x.38	
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## Niles resident, Steve Bosco graduates

The Board of Trustee's of Columbia College Chicago, have announced that Steven Bosco (Stephano) will be an honored graduate during the June 1997 Commencement.

Steven Bosco, son of Niles Residents, Mr. & Mrs. Frank Bosco earned a B.A. in theater from Columbia and hopes to go on to movies and television.

Steve has been acting in shows since his early high school days. Steve's credits include Harry the Horse, in Guys and Dolls, Alfred P. Doolittle in My Fair Lady, Cornelius in Push Cart-Peddlers, Santa in Peppermint Bear, and many other roles.

Steve recently traveled to San Francisco where he starred in the water ski stunt show at Marine World Africa, USA, and is now playing the role of Mark Murphy in the Ron Howard Movie, "Introducing the Abbotts".

Steve is the winner of the coveted Columbia College "Genesis

Award for Best Dramatic Actor".

Steve is currently starring as Tony in the Award Winning Comedy, Tony & Tina's Wedding, now in its 4th year in Pipers Alley, downtown Chicago.

The Norwood Park Historical Society is sponsoring an Ice Cream Social and 123rd Birthday Party of Norwood Park on Wednesday, July 23 starting at 5 p.m. Roll back the years prices include 50 cent hot dogs, 25 cent soda pops ad 50 cent ice cream sundaes.

Entertainment will begin

around 7 p.m. and will be provided by The Dance Academy and The Flirtette Twirlers. An additional attraction for the children this year will be a moon walk provided by Mary Kay Monaghan. Children may use this ride all night for one flat fee.

Plan on bringing your lawn chairs and blankets and enjoy our food and entertainment. And while the children are here, they may wish to pick up their Passport to Adventure booklet so they may participate in this exciting summer program. See you there.

Weber High School Endowment Foundation

Weber High School is pleased to announce the creation of the first Weber High School Endowment Foundation. The foundation is a charitable trust established exclusively to provide financial assistance to the Weber community on a long-term, sustained basis. Funds raised in support of the endowment foundation will be used exclusively for educational purposes, including scholarships for students attending Weber High School, capital needs of the school, technological advancements, and incentives for quality teachers.

Contributions to the foundation will be solicited by members of its board of trustees and may be made in the form of one-time gifts or annual gift-giving programs. Donations may take the form of cash, securities, and/or personal and real property. The foundation also encourages testamenteary bequests, trust legacies, and life insurance beneficiary designation.

Persons interested in discussing specific may contact Weber Endowment Foundation Board of Trustees Chairman, Mr. Monty Gregor, at (312) 661-5336 (days) or (708) 848-1313 (evenings), or Ms. Linda Forester at Weber High School, (773) 637-7500, ext. 590.



## Local teachers participate in teaching institute

Three teachers from Northbrook recently participated in the Summer Teaching Institute at Carleton College.

Peter Nilson, who teaches at Evanston Township High School, studied the topic of Statistics.

Julie Nilson, who teaches at Providence-Saint Mel High School, studied the topic of Theater.

Paul Burkhardt, who teaches at Glenbrook South High School, spent the week in a workshop studying the topic of Theater.

Crafters needed for St. John Couples Club

St. John Couples Club extends a special invitation to all artisans and craft persons to exhibit at their Annual Arts and Crafts Festival on Saturday, October 11 from 9 a.m. to 4 p.m. in the recreation hall at 1101 Linneman Road, Mt. Prospect.

A 5' x 8' space is available at \$30 per space. A limited number of tables are available for rental at \$5 each (8' x 30"), one per space.

Chairs will be supplied. Interested parties may call 847/437-3704 or 847/299-2721.

Contact Linda Korbel, chairperson, Foreign Languages/International Studies, at (847) 635-1871, to obtain a brochure and application packet.

Pressure Point Therapy

Learn how to treat yourself for conditions including headaches, back pain, sinus, neck pain, carpal tunnel, PMS, low energy, and joint pain. Wednesday, July 30, 1997 at 7-8:30 p.m., Lutheran General Hospital, 2735 Dempster St., Park Ridge. The cost is free.

To register call (773) 763-2488. Limited to 20 people! Call now to register.

Crafters needed for St. Monica's

Crafters needed for St. Monica's Arts, Crafts and Vintage Linens show to be held on Sat., Nov. 1 from 9 a.m. to 5 p.m. 5115 N. Mont Clare, Chicago. 60 exhibitors, 8 foot tables are \$35 each. Deadline is Sept. 30. For info and application, please call Sue (773) 774-7071, Gwen (773) 774-4649 or Margie (773) 631-0522.

He joined the Navy in September 1955.

USE THE BUGLE

BY JOSEPH ZURAWSKI  
Special to The Bugle

## Exploring Niles' History: Why Niles never allowed a drive-in theatre: the still untold story

The vote in 1951 was rather cut and dried. A petition was presented to the city council to "permit re-zoning of property for Outdoor Theatre use."

The petition opposing the theatre bore 168 signatures. Mr. Field explained that all those signing were in an area represented by the Oakton Manor Home Owners Association. Mr. Field also indicated that 175 new homes were to be built in the area where the association now exists.

Mr. Field explained that he had circulated a petition "objecting to re-zoning of property for Outdoor Theatre use."

The petition opposing the theatre bore 168 signatures. Mr. Field explained that all those signing were in an area represented by the Oakton Manor Home Owners Association. Mr. Field also indicated that 175 new homes were to be built in the area where the association now exists.

The minutes report, there could be robberies of automobiles left unattended during an intermission.

The attorney, the next witness, indicated that private policing of outdoor theatres generally did not turn out well and policing is a "public problem and should be done by public officers" since owners policing their "own grounds is unwise."

Why these comments did not produce a favorable response from the Niles police is somewhat confusing. For more than fifty years, Niles Police were always more than available for picnics, dances, and other entertainments in numerous saloons, taverns, and halls. Permits would be issued only after a policeman had been paid for the event.

At any rate considerable discussion developed about the traffic problems outdoor theatres usually create. There was also discussion as to the type of business establishments that would be built in the area and whether these types were desirable.

Unfortunately one can only speculate about the continued questions directed at Mr. Field and how much immorality he and his young children were observing in outdoor theatres. The interrogation mercifully ended when Mr. Field explained, the

## Six great opportunities to study abroad

If you are interested in Oakton Community College's Study Abroad Program, now is the time to plan for spring 1998 programs. Applications will be accepted until Oct. 15, 1997.

Students can study international business in the Netherlands; Spanish in San Jose or Costa Rica; or liberal arts in Canterbury, England or Salzburg, Austria. The Study Abroad Program also features a two-week exchange in several career and technical fields in the Netherlands.

As the summer officially arrives and the weather heats up, The Humane Society of the United States (HSUS) reminds readers that pets, like people, can suffer from the heat, especially when left in a parked car.

Like their owners, companion animals enjoy the opportunities warm weather provides for outdoor activities. However, the needless suffering, and occasional death, of an animal imprisoned in a car on a warm day is a tragedy that is entirely preventable.

On a hot and humid day, the temperature inside a car rises very quickly. On an 85-degree day, for example, the temperature inside a car with the windows open slightly will reach 102 degrees within 10 minutes. After 20 minutes, the temperature will reach 120 degrees. On warmer days, it will get even hotter.

Although many pet owners

may not realize the danger of leaving their dogs in parked cars even for a few minutes, their ignorance may prove fatal. A brochure to educate others about the hazards of leaving pets in hot cars may be obtained from The HSUS. It can be placed in store windows or on bulletin boards. Please send a business size, self-addressed, stamped envelope with your request for flyer to: "Hot Car," The HSUS Central States Regional Office, 800 West Fifth Avenue, Suite 110, Naperville, IL 60563.

## Free things to send for

For a free guide on patio doors and windows, call 1-800-2BE-HURD, ext. 200.

For information on a nationwide nice ness survey, see Hallmark's Web site at www.hallmark.com.

For information on People's Bank credit cards, call 1-800-426-1114.

For accurate up-to-date information on multiple sclerosis call 1-800-FIGHT-MS or visit the World Wide Web address, http://www.nmss.org.

For free information on the

Just how different could Andy's Tavern near the Harle- Irving Theatre be from other "taverns" in Niles? Official testimony by a builder indicated, "said location being within 1/4 to 1/2 mile of proposed theatre location...would be considered detrimental to further residential building, if permitted." But no explanation what was "detrimental" or why.

The president of the Greenan Heights Improvement Association also testified. His petition, representing some 250 homes, bore some 300 signatures objecting to granting land for an outdoor theatre.

The argument for continued residential building won out. In less than two years, since January 1, 1951, it was brought to the attention of the council, 463 building permits were approved for Niles with a value of well over 5 million dollars.

There would be no outdoor theatre at or near Niles' northern and western boundaries in 1952.

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