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THURSDAY, JULY 10, 1997

VOL. 41, NO. 3

From the Left Hand

by Bud Besser

Last week's story of the Niles college girl who allegedly strangled her newborn child is not a new story but is certainly one which should be studied with compassion. The young lady was an honors student back in high school and was a swimmer at Maine East high school.

We know the very angry people out there will expect her to get the maximum penalty for her crime. But others will question what purpose can be served by placing this girl outside society.

In our day the common phrase used for a teen pregnancy was that "she got caught". While most such pregnancies were aborted there were college stories of girls who had their babies in their house where they lived on campus. It's an age old story which goes back long before our teen days.

The apprehension and emotion surrounding this act certainly must be considered before any judge takes action. We have no legal background to suggest such an act is similar to one which calls for an insanity plea. Nevertheless, the abnormal emotions which must accompany delivering a baby alone and then destroying it begs a definition outside the law as we know it.

Continued on Page 34

Extradition waived by Niles co-ed

Linda Chu, charged June 25 in the strangulation death of her newborn infant in her University of Southern California dormitory, waived extradition July 2, according to Sgt. Roger Wilson, Public Information Officer of the Niles Police Department.

"The Los Angeles police have two weeks to come and get her," Wilson said. As of July 8, Chu was still in custody in Cook County jail, Wilson said.

"In L.A., this will be a very, very big case. The press will keep hammering away at it," predicted Deputy Commander Bill Reid. Reid said he sympathized with Chu's parents.

Zoners table decision on Citgo satellite dishes

by Kathleen Quirsfeld

Balancing the needs of businesses to compete and thrive in the community with homeowners wishing to live in a restful and uncluttered suburban space is a difficult job for the Niles Zoning and Plan Commission.

The commissioners faced this challenge at their July meeting when Michael O. Graham, Grayslake, IL, asked for a variance to install two four foot satellite dishes.

Continued on Page 34

Niles Park District resident I.D. cards

A Niles Park District resident I.D. Card must be obtained by Niles Park District residents in order to receive resident rates at the Niles Park District facilities. Residents of the Niles Park District can receive a I.D. card free of charge at the Howard Leisure Center, 6676 W. Howard Street. A valid Illinois driver's license, or a valid State of Illinois picture I.D., along with one form of identification with your name and current address must be presented to obtain a I.D. card. Examples of other forms of identification are a current property tax bill, current voters registration card, a current utility bill or your name/address on your check book. These cards must be renewed annually.

Those under the age of 18 may obtain a Niles Park District resident I.D. Card with the proper identification. The required 2 forms of residency for children under 18 can be parent's proper I.D. forms, if accompanied by a parent.

Falsification of the Niles Park District registration guidelines may result in the suspension of park district privilege, such as use of programs and facilities.

Continued on Page 34

Ryder truck rental gets nod from Zoners

by Kathleen Quirsfeld

At the Niles Zoning and Plan Commission meeting on Monday, Dennis Neuhauser, 9011 Neenah, Morton Grove, approached the Board about opening a Ryder Truck Rental Business behind a service repair

Continued on Page 34

14 year old Niles girl victim of alleged sexual abuse

Niles business man charged with abuse, pornography

by Rosemary Tirio

Other charges are pending against Mitsui in Lake County where the overall incident took

place, according to Deputy Commander Bill Reid. "A lot of these activities took place in Lake County." Continued on Page 34

Nephew of Sugar Bowl family hired hit man

George Fifles, 39, a member of the family that has own and run the popular Sugar Bowl Sweet Shop Restaurant in downtown Des Plaines since 1921, has been charged with soliciting a hit man to kill his 69-year-old uncle.

The disclosure came July 4 that George Fifles had solicited an undercover Illinois State Police investigator in a fast-food restaurant July 3 to murder Ernest Fifles, according to officials.

George Fifles was charged with solicitation of murder for hire and solicitation to commit armed violence. Conviction on the murder for hire charge carries a sentence of from 20 to 40 years in prison. The armed violence charge, a Class X felony, carries a

mandatory 15- to 30-year sentence.

The uncle and nephew helped run the Sugar Bowl, and both lived at 791 Prairie Ave. in Des Plaines.

An unidentified person informed police Tuesday that George Fifles tried to hire him to kill his uncle, police said. State police were notified and an investigator posing as a hit man met with the nephew, police officials said.

The meeting took place at 4 p.m. July 3 at the Wendy's restaurant, 2570 E. Dempster St. George Fifles requested the slaying, and was immediately arrested, according to a spokeswoman. Continued on Page 34

SJB Pack 175 Scouts on parade



Shown above are boy scouts and their leaders from St. John Brefeu's Pack 175 as they paraded by the crowd on their float in the Niles Fourth of July parade. In addition to riding on the float the scouts also enjoyed the hot dogs which were being cooked as they drove along the parade route. Hundreds of Nilesites and their families enjoyed the annual parade and the entertainment provided by the park district at Grennan Heights after the parade.

Senior News

Seniors warned about hot weather

Illinois Department on Aging Director Maralee I. Lindley is reminding senior citizens that with the onset of summer, precautions should be taken to cope with extreme heat and high humidity.

"Health problems and isolation are factors that make older people particularly susceptible to heat stress which can be life threatening," said Lindley. "Common sense tips to 'beat the heat' should become a way of life in the summertime.

"It's also important for family members, friends and neighbors to check on older people who may be unable or unwilling to seek assistance. Keep in mind that during dangerous heat conditions, most local communities have cooling centers that can ac-

commodate individuals at risk," Lindley said.

Common sense tips for handling the heat include the following:

- drink lots of water and natural juices,
- avoid going out into blazing heat, if possible,
- keep shades drawn and blinds closed, but windows slightly open,
- keep electric lights off or turned down,
- take cool baths or showers; use cool towels,
- remain in air conditioning either at home or at a cooling center,
- wear loose, light cotton clothing,
- avoid alcoholic beverages, coffee and cola's,
- do not eat heavy meals,
- avoid using cooking ovens,
- avoid or minimize physical exertion,
- check on family members, friends and neighbors,
- call "911" if you or anyone you know needs medical attention.

During heat emergencies, communities are involved in door-to-door outreach; senior centers, adult day care sites and other familiar buildings serve as cooling centers; and information and assistance is provided on an ongoing basis through the network of local agencies serving older persons.

For further information about local programs and services available to assist older persons, call the Illinois Department on Aging toll-free at 1-800-252-8966 (Voice and TTY).

Medicare concerns lecture

Peggy Pointer, an Illinois Medicare outreach representative, will speak on fraud investigations, fair hearings on complaints, and other topics of concern to Medicare beneficiaries at 7:30 p.m. on July 17, in Evanston Hospital. The meeting will be in the doctor's dining room and free parking passes will be given to those who attend.

Ms. Pointer has been with the Medicare program for 13 years. She has investigated fraud, been a fair hearing officer, and trained staff for the program. Her background includes a B.S. degree in bacteriology from Southern University of Baton Rouge, LA.

Township seniors enjoy comedy, music of 'We Three'



Members of the Maine Township Seniors visit with We Three, a vaudeville trio that performed at the Seniors' recent luncheons. Pictured (front row, left to right) are LaVilla Schmolde; Alvera Tollman and Pat Larson, all of Des Plaines; (back row, left to right) Township Supervisor Mark Thompson; and Dan Cullitan, Jerry Sullivan and Ken Riehl of We Three. More than 3,800 residents are part of the township's group for older adults. Most activities are limited to members, but there's no cost to join and new members always are welcome. To join, you must be at least 65 years old and live in Maine Township. For more information, call Neuschel at (847) 297-2510.

State ID cards at Niles Senior Center

The Niles Senior center, in cooperation with the Secretary of State's office, will be offering free identification cards for residents age 65 or older and persons with disabilities. This special photo State identification session will be on Thursday, August 21, 1997 from 9:30 a.m. to 2:30 p.m.

Those individuals under the age of 65 may obtain photo ID cards at the most convenient drivers facility for a fee of \$4. Drivers and nondrivers may be issued a photo ID provided they submit three acceptable forms of identification. You are required to prove name, date of birth, Illinois residency and provide signature for comparison and a Social Security number.

For more information call Kelly Mickle at the Senior Center at 588-8420 or 588-8000.

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BY JEFFREY CARDELLA
Special to The Bugle

Edward Jones: Baby Boomers Fuel the Market

World War II officially ended in 1945. That year, thousands of GIs returned home to family life. It's no wonder that 1946 became the first explosive year of the baby boom.

In 1996, the first of those baby boomers turned 50, and an estimated 70 million more will reach that milestone in the next 10 years.

Much has been written about the negative impact the aging boomers might have on our future economy because of their needs for Social Security and Medicare. But precious little has been said about their positive contributions.

American Funds recently out-

lined a few economic benefits for which we can thank the baby boomers. For example, in 1953 one of the best investments on the market was Gerber Products. A \$1,000 investment in Gerber at the beginning of the year was worth \$13,000 at the end. In 1956, the Hula Hoop was the big moneymaker. For 3-1/2 cents, a company named WHAMO stapled together the ends of a 9-foot plastic hose and sold it for a dollar.

By 1958, the boomers were riding bicycles. That Christmas was the best in company history for Schwinn Bicycle Co. In 1963, boomers put Capitol Records on top by buying Beatle

records. Three years later, 70 million boomers rebelled against school dress codes in favor of blue jeans. That year—1966—Levi Strauss made it big.

In the 1970s, baby boomers were growing up, graduating from college and buying homes of their own. The stock market didn't do much, but real estate boomed (pardon the pun). In the 1980s, boomers put their kids in day care, bought computers and software, made long-distance phone calls and took to the air in jets. Guess which industries were the winners in that decade.

Baby boomers will continue to have positive effects on the economy and the investment markets.

Someone in this country turns 50 every 7.5 seconds. During the next 10 years, that group will make more money than at any other time in their lives. They also will inherit an estimated \$1 trillion.

Where will this money go? Baby boomers have shown they prefer investing to saving. Mutual funds and common stocks are already their choices for 401(k) plans, profit sharing plans and personal investments, because boomers know that over long periods of time, stocks outperform other investments. For them, the days of relying solely on low-interest CDs and savings accounts are gone.

Strong corporate profits, combined with low inflation and interest rates, are driving the market up and increasing the demand for quality stock. The last period like this was 1962 to 1966—more than 30 years ago—when we experienced a similar environment of low inflation and low interest rates.

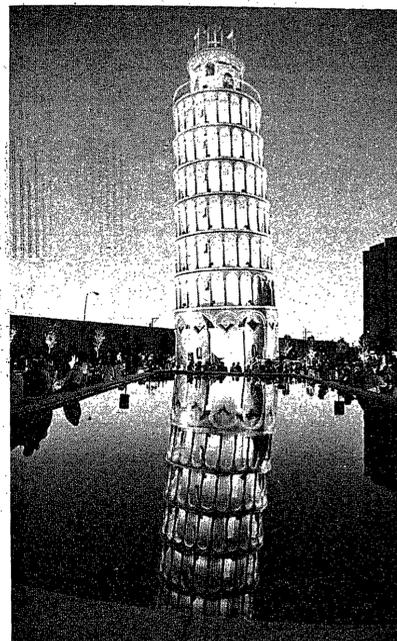
Today, however we have the added liquidity supplied by the huge population of baby boomers.

This time is different—and you can thank the baby boomers for that.

Jeffrey Cardella can be reached at Edward Jones, 8141 N. Milwaukee, Niles, 470-8953.

PUBLIC SERVICE ADVERTISEMENT

Leaning Tower becomes Niles' shining light



The re-dedication of the Leaning Tower in Niles took place on Thursday, June 26 with officials from the village and Sister Cities and guests from Pisa, Italy in attendance. In addition over 500 residents and guests attended the ceremony. The Leaning Tower Plaza was officially leased by Niles from the YMCA in 1996. Since then the village has spent \$1.2 million in renovations and added a 30 foot reflection pond. Monies for the renovation were raised by a special tax assessment on customers at nearby stores and no property taxes were used.

Travelearn trip to Ireland

Those who love to travel and learn can explore the natural beauty of Ireland on an educational tour sponsored by Oakton Community College Sept. 11-25.

Travelers will experience the cultural heritage of the Emerald Isle, from the Dublin of Swift and Joyce to the rural splendors that inspired Yeats. The trip includes a tour of the 5,000 year old Newgrange Burial Mounds, known as the "eighth wonder" of the world.

A stroll along the River Lee in Cork, the colorful "second city" of Ireland, and a tour of the Training School for Youth (the Boy's Town of Ireland), the Blarney Castle and woolen mills are scheduled. Travelers will also attend a medieval banquet complete with fine wine, superb food and the music and song of Ireland.

For complete itineraries, call Bea Cornelissen at (847) 635-1812.

Ground breaking for new Emerson Middle School

Future Emerson Middle School students will help break ground for their new building on Saturday, July 12 at 9:30 a.m.

"We are excited that some of the students who will be enrolled in the school in 1998 will put on hard hats, pick up shovels, and join us on July 12," said Superintendent Dr. Fred Schroeder. "This is a special time for all of us and marks the beginning of the construction phase of our new building. While it is a school project, it is also a community project, and we invite residents of the Park Ridge - Niles area to join us for this celebration."

The Emerson Ground Breaking will be held near Jefferson School, 8200 Greendale (at Oakton) in Niles and will last from approximately 9:30 - 10 a.m.

A Victorian Day in the Country

Join the Prairie View Travel Club for a Victorian Day in the country on Tuesday, July 15. Discover the architectural, customs and clothing of the Victorian Age while enjoying a relaxing coach ride through quaint country towns in DuPage and Kane Counties, where the history and architectural detailing of beautifully restored "Painted Ladies" will be shown to you. You will

learn about Victorian clothing and customs, including the exhausted "calling" that was expected of ladies of the day. A delicious and bountiful English High Tea will be served at the beautifully restored Oscar Swan Country Inn furnished with exquisite antiques and located amidst wonderful country gardens in the Victorian Fox River town of Geneva. There will be

time for shopping at the Little Traveler's shops.

The bus departs Prairie View Community Center at 9:30 a.m. and will return approximately at 4:30 p.m. The cost is \$44 for Morton Grove residents and \$48 for non-residents.

Please register at Prairie View Community Center, 6834 Dempster Street. Call 965-1200 for further information.

Niles Historical Society

Are you hearing "There's nothing to do" or something similar?

The Niles Historical Society and Niles Public Library have a great summer adventure program for all children of all ages; win prizes at the same time.

Explore the local nature centers and museums. Pick up a Passport booklet listing over 100 par-

ticipating sites at the Niles Historical Museum, 8970 Milwaukee Avenue (Wednesdays and Fridays) or Niles Public Library at 7400 Waukegan Road. Visit 5 or more sites, receive a certificate of participation; 7 or more sites, coupons to local restaurants; 10 or more sites, one-shot camera and free processing; 20 or more sites, \$20 in gift certificates.

The program opened May 26, and booklets must be returned to the Museum or Library by Sunday, August 17 to qualify for awards.

What a great way to spend the summer. What a great way to spend time with the children.

For more information, call the Museum at 390-0610 or Library at 588-0500.

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New assisted living in Park Ridge

Karrington Health, Inc. and Venerra held a groundbreaking ceremony on the site of Karrington Of Park Ridge, an assisted living residence, 1725 Ballard Road. The groundbreaking ceremony included speakers from several area organizations and community officials such as Ronald W. Wietecha, Mayor, City of Park Ridge; John (Jack) E. Owens, President, Park Ridge Senior Service Center and Kenneth Rojak, President, Lutheran General Hospital.

said "We are looking forward to providing area seniors with an assisted living alternative that meets their changing needs in a homelike, residential setting. The Venerra organization has provided us with that opportunity in Park Ridge on this beautiful site."

Karrington Of Park Ridge is a four-story, 92,000 square foot, 111-suite assisted living residence that will open in the Spring of 1998. Services provided by a

professional, caring staff include assistance with bathing, dressing, monitoring and administration of medications, weekly wellness checks, and health maintenance programs by a registered nurse. Individualized personal care plans allow residents to maintain their independence while receiving quality care. A Special Care Program for residents with Alzheimer's Disease or other forms of cognitive impairments will be provided.

USE THE BUGLE

In their own words, our families share their feelings about Regency Nursing Centre's Commitment to Quality Care.

Dear Ms. Barbara Hecht:

I would like to thank the third floor nurses and staff who were alert and able to respond to Boleslaus (Bill) Piecuch's medical crisis on Tuesday, April 8, 1997.

Bill has a problem communicating his needs but the day staff noted his distress and called his doctor who then admitted him to the hospital and provided care to save his life.

Bill had an embolus (blood clot) and their observations and response saved him from requiring an amputation to his leg.

Please note this letter of thanks in their personnel file and on behalf of Bill and myself you have our appreciation.

Sincerely,

Barbara McGrath
(Bill's friend and Power of Attorney for Health Care)

Regency Nursing Centre
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Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to residents of the Village of Niles age 62 and over, and their younger spouses. Niles seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

YARN NEEDED
The Senior Center is requesting any left over yarn or scraps of material (8" x 8" or bigger). Lap robes and shawls are made for veterans at Hines Hospital. Volunteer knitters and crocheters are needed also. If interested, contact Mary Vandenplas. **CLASS INSTRUCTORS NEEDED**

We are in need of instructors for various arts and crafts programs as well as a Men's Exercise instructor for classes beginning in September. If you have artistic talent or training as an exercise instructor, call Mary Oleksy or Kelly Mickle to arrange an interview.

VOLUNTEER NEEDED TO COMPILE PHOTO ALBUMS

We are looking for someone interested in putting senior center pictures into new photo albums and organizing current pictures into albums. Work at your leisure and enjoy a bit of nostalgia at the same time. Call Mary Oleksy if you are interested in helping us out.

ANNUAL SENIOR CENTER PICNIC
The Annual Senior Center Picnic is on for Friday, July 11 from 11 a.m. until 3 p.m. at Oak Park (Maine and Ottawa). Call for ticket availability.

HOOKED ON FISHING OUTING JULY 18
There is a fishing outing and picnic on Friday, July 18 from 9 a.m. to 3 p.m. at Bangs Lake in Wauconda. We meet at Lindy's Landing where you can choose to fish, picnic, or rent a row boat for \$10 (2 people per boat). Bait will be provided. Lunch is on your own. Car pooling is available. Price is \$3.50 and includes admission and bait. Everyone is welcome, including grandchildren. Registration required.

INTERMEDIATE COMPUTER CLASS
Learn how to work on spreadsheets and more in this class. Three six-week classes will be held on Thursdays, July 17 through August 21 at 9:30 a.m. to 11 a.m.; 11:30 a.m. to 1 p.m.; or 1:30 p.m. to 3 p.m. The cost of the class is \$20 per person. **YOU MUST HAVE TAKEN "INTRO TO COMPUTERS" TO SIGN UP FOR THIS ADVANCED CLASS!** PLEASE NOTE A CHANGE IN DATE.

MEN'S CLUB MEETING
The Men's Club meeting is on Monday, July 21 at 10:30 a.m. Following the sale for the "Sweet Investments" trip to the Board of Trade / Federal Reserve Bank, Berghoff's and Eli's Cheesecake factory, scheduled for Thursday, Sept. 18 from 8:45 a.m. to 4 p.m. Price is \$22 and there is moderate walking. Also on sale are tickets for tram outing for September 17 for \$12 and 18 hole golf at Bristol Oaks on Monday, Sept. 8 (lunch included) for \$33. Tickets for the Sweet Investment trip will be available to all seniors on Monday, July 28.

WOMEN'S CLUB PLANNING MEETING
Women's Club planning meeting is on Tuesday, July 22 at 1:30 p.m.

PINOCHLE TOURNAMENT
The Pinochle Tournament is on Friday, July 25 at 1 p.m. All card players are encouraged to join in a three handed tournament. Seating is random. Price of \$3.50 includes refreshments and prizes. Registration required.

TALL SHIP / IMAX TRIP TICKETS AVAILABLE
There are a few tickets available for the Tall Ship / Imax trip on Thursday, August 21. You have a choice of chicken pot pie or meatloaf. The cost is \$43. Call the center for ticket availability.

ANNUAL FLOWER AND GARDEN SHOW
The third annual Flower and Garden Show is on Friday, August 22 from 11 a.m. until 2 p.m. A \$1 hot dog lunch will be available for purchase. Come and view some of the most beautiful flowers and vegetables in Niles!

FLOWER AND GARDEN SHOW EXHIBITORS
Flowers and Garden show exhibitors are needed to participate in the Senior Center's Third Annual Show on Friday, August 22 at the Senior Center. All participants MUST register and pick up a packet containing all exhibitor's information. For more information, call Mary Oleksy.

FLOWER AND GARDEN SHOW VOLUNTEERS NEEDED
Volunteers are needed to assist at this annual event scheduled for Friday, August 22. Tasks include registering participants, preparing food, and serving as greeters.

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SHOUT LAUNDRY
STAIN REMOVER \$1.99 30 OZ.

CICCONE (from Italy)
PASTA 79¢ LB.

MILK SPECIAL 2% - 1% - SKIM \$1.89 GAL

HOMEMADE
SPAGHETTI SAUCE \$4.49 QT.

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ICE CREAM \$1.29 1/2 GALLON

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EARLY TIMES \$12.99 1.75 LITER

CHRISTIAN BROS BRANDY \$13.99 1.75 LITER

DU BOUCHETT BLACKBERRY CHERRY OR APRICOT BRANDY \$6.99 750 ML

COCA-COLA REG. OR DIET \$2.99 12 PAK 12 OZ. CANS

NARFE Chapter 2118 meeting

A regular meeting of the National Association of Retired Federal Employees Chapter 2118 will be held on Friday, July 11, at 1 p.m. at Warren Park Field House, 6601 N. Western Avenue, Chicago, Illinois.

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Mom's vacation will include meals and her own comfortable room with phone and TV. Her health needs will be looked after by Ballard's staff of health professionals.

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For information, phone Tara De Luca at (847) 294-2300, ext. 321.
Ballard, A Healthcare Residence, 9300 Ballard Road, Des Plaines, IL 60016

GlenBridge's Annual Rummage Sale

GlenBridge Nursing and Rehabilitation Centre's 2nd Annual Rummage Sale will be held Friday, August 29 from 9 a.m. to 3 p.m.

Cost of a space is \$15. This event will be published in local papers and cable TV. Also, over 500 flyers will be distributed. Space is limited. So, call Kathy Doherty, Activities Director, at (847) 966-9190 x46 to reserve your space.

Rules of the Road class

If you would like to review the "Rules of the Road" for your own safety's concern or because you are about to renew your driver's license, you are invited to attend the "Rules of the Road" class to be held Friday, July 18th, at 9:30 a.m. at 1580 N. Northwest Highway, Park Ridge. The class will be held in the conference room on the ground floor of the building, which is accessible by a ramp at the front entrance.

This class is offered in cooperation with the Secretary of State's office. It is open to all and there is no charge.

We ask that you call 847-823-0453 to make a reservation so that we will be sure to have sufficient materials available.

SIJ 55+ Club

On May 8, the SIJ 55 Plus Club celebrated its 20th anniversary at the Chateau Ritz, Niles and spent two days in the Oneida Casino in Green Bay, Wisconsin. A trip to the Show Boat is tentatively scheduled on July 14 and a one day trip to Oneida on August 12. The members hold meetings twice a month at the SIJ parish hall, 8101 Golf Rd., Niles from 12:30 p.m. to 2:30 p.m. on Thursdays. Indeed these past months have been busy ones for the Club. For more information about the membership, please call SIJ Rectory at 967-1060.

Single Jewish Grandparents

Event: Ravinia Family Concert
When: Saturday, July 19, 1997, 11:00 a.m.
Cost: \$3 Lawn Seats; \$5 pavilion seats (reserved)

We will meet in front of the pavilion at 10:30 if you are sitting on the lawn. For pavilion seats, please contact June at (847) 229-1223 by July 9, 1997 and reserve with a check.

This is a great event for all parents, grandparents and children of all ages!

USE THE BUGLE

Morton Grove Senior Citizens 470-5223

TAKE TIME FOR THURSDAY PHOTO MEMORIES

Enjoy an informative program by professional photographer, Robert Angelo at 1 p.m. on Thursday, July 10 at the Prairie View Community Center. Just in time for the many photo opportunities of the leisure time of summer. Mr. Angelo will give suggestions for a better family photo and how to restore those family photos that have been packed away or perhaps damaged. Participants are welcome to bring in precious photos that have survived a few natural disasters and ask what can be done to bring them back to life. So, to make the most of those picture memories, past and future, reserve a space for this program by calling Catherine Dean at the Morton Grove Park District, 965-1200.

A VICTORIAN DAY IN THE COUNTRY
Discover the architecture, customs and clothing of the Victorian age while enjoying a relaxing cruise through quaint country towns in DuPage and Kane Counties on Tuesday, July 15. Observe the architectural detailing of beautifully restored "Painted Ladies" and learn about the exhausting "calling" that was expected of ladies of the day. An English High Tea will be served at the beautifully restored Oscar Swan Country Inn. There will be time for shopping at the Little Traveler's shops. The cost of the trip is \$44 for residents, and \$48 for non-residents. Depart the Prairie View Community Center on July 15 at 9:30 a.m. and return around 4:30 p.m. For information, call Catherine Dean at 965-1200.

VISUALLY IMPAIRED MOTIVATORS
Morton Grove's support group for people with visual impairments will hold their next meeting at 10 a.m. on Tuesday, June 17 in the Flickinger Senior Center. Helpful information and supportive interaction will assist participants adjust to their impairments. For more information, or to arrange for transportation, call the Senior Hot Line at 470-5223.

TUNES ON TUESDAY
The Morton Grove Park District offers two more free evening concerts on Tuesdays at 7 p.m. in Harret Park. Local restaurants will be featured each evening offering a variety of tasty and reasonably priced menu items. Each restaurant will begin serving at 6 p.m. Bring the family, meet friends, and don't forget the lawn chairs. The concert lineup includes:

- July 15, Chicago II (China Chef)
- July 22, The Only Sons (Nano's Pizza)

PRIME TIMERS
The North Shore Prime Timers Club enjoys a variety of programs, dining out in new places and the theater as well as meeting people from surrounding suburbs. For more information about the Prime Timers, call Lee Lippai at 966-6959. They will enjoy a Paddle Boat Ride on the Fox River with departure at 11:30 a.m. on Friday, July 18. The cost for the day is \$25 and lunch is included on the cruise.

A GIFT FOR YOURSELF & YOUR FAMILY
Morton Grove seniors can give their family a very nice video legacy that does not cost a penny? Just call the Morton Grove Senior Hot Line at 470-5223, and ask about a "Reminiscence Interview." The next step is easy, relax in the comfort of home and talk with an interviewer. Questions about childhood, upbringing and adult life will be asked while the videotape is running. Call today, families will appreciate this gift for years to come.

SUPER WAYS TO BUILD STRONG BONES
More than 25 million Americans, mostly women, are at high risk of developing osteoporosis, a disease in which bones become brittle and are likely to break. To defend against osteoporosis:

- 1) **Get enough calcium.** Most adults need between 1,000 and 1,500 milligrams per day. That's about what is contained in 3 to 5 glasses of milk. But many adults get less than half of what they need.
- 2) **Don't forget vitamin D.** It helps the body absorb calcium.
- 3) **Ask about estrogen.** Women at high risk for osteoporosis should consult their doctor, who may recommend taking the hormone estrogen. But because its use is linked with increased risk of breast cancer and other problems, experts advise working closely with a doctor to decide whether it's right for that individual.
- 4) **Carry the weight.** Walking and other weight-bearing exercises have been shown to help build and maintain strong bones.
- 5) **Ease the mind.** A recent study discovered that women suffering from depression may experience greater bone loss.

Area News

Theatre 219 presents "Jesus Christ Superstar"



Mary Magdalene, played by Marcelle Lynn Selvaggio, tenderly serenades Jesus Christ, portrayed by Sean O'Conner, as he sleeps during a scene from Theatre 219's production of the famous rock opera 'Jesus Christ Superstar.' This remarkable musical tale will be presented July 18 through 20 and July 24 through 26 by Theatre 219 at Niles West Theatre, 5701 Oakton Street in Skokie. Tickets are \$12 and a special senior citizen discount is offered for the July 20 matinee. Tickets are available at the box office or by calling (847) 966-8280 during the afternoon.

The tale of the final days of Jesus Christ's time on Earth is known as The Greatest Story Ever Told, and theatergoers throughout the last 25 years have marveled at the pomp and pageantry offered by the rock 'n' roll retelling of that story in "Jesus Christ Superstar." Theatre 219 presents a dynamic and delightful production of that rock opera for five performances scheduled for 8 p.m. July 18, 19, 24, 25 and 26 in the auditorium at Niles West High School, 5701 Oakton Street in Skokie. A special matinee will also be staged at 2 p.m. Sunday, July 20. Tickets are \$12 and are on sale at the box office or by calling 847/966-8280 during the afternoons. Senior citizens will receive \$2 off the ticket price for the matinee only.

Written by Andrew Lloyd Webber and Tim Rice, "Jesus Christ Superstar" presents a fascinating musical staging of the last seven days of Christ's life. Featuring famous songs such as "I Don't Know How to Love Him," "What's the Buzz?" and the well-known title tune, this show offers much more than simply a dry retelling of the tragic tale of Jesus and Judas. With powerful imagery, kinetic songs, wonderful costumes, and fascinating philosophical and psychological insights, this remarkable rock opera will delight and amaze audiences of all backgrounds.

Co-directed by Theatre 219 co-founder Robert Johnson and Frank Fishella, the cast includes Sean O'Conner as Jesus Christ, Peter Robel as Judas Iscariot and Marcelle Lynn Selvaggio as Mary Magdalene. Also featured are Tyler Ball as Pontius Pilate, Bradley Lee Kiser as King Herod, Marty DiFrusco as Peter, Scott H. Solomon as Caiaphas, Dan Farris as Annas and Linda Togliatti as The Virgin Mary. The apostles are portrayed by Javier Jesus Cobo, Eric Benveniste, Stephanie M. Feder, Liza Miller, Mark Razniewski, Don Shell, Danna Southard, John K. Streit and Ruben Zapata, while the priests are played by Jonathan Dunmore, John Golata and J.R. Rose. The chorus features Joseph Daley Admji, Rom Bar-Nissim, Megan Baskin, Seth Bender, John-Paul Bombe, Janine Breit, Julie Capitani, Andrew Dahm, Logan Farris, Anthony Thomas Felt, Jennifer Gerard, Michael Gerstner, Brian Goldfarb, Michael A. Greb, Melinda Hart, Sofia Javed, Naomi Kopelman, Praise C. Lee, Adrienne Mackey, Michelle Mallorca, Samantha Anne Meron, Jeff Meyer, Christine Michonski, June Nho, Matthew Peterson, Joshua Randall, Ian A. Regino, Brienne Reynolds, Christina Roig, Elizabeth Roig, Adina Sheinin, Tiffany Colette Teasley, Sandi Thielman, Kyle Thompson and Ronald Tipan.

Women in Construction

The O'Hare Suburban Chapter #193 of the National Association of Women in Construction (NAWIC) will meet Tuesday, July 15, at the home of NAWIC member, Denise Norberg Johnson, 4645 W. North Shore, Lincolnwood.

Reservations for dinner at \$18 may be made with Jennie Oratowski, Enger-Vavra, Inc. at (847) 678-4200. Please reply to Jennie by Friday, July 11. Networking and House Walk Through will be at 5:30 p.m., followed by dinner at 6:30 p.m.

The Program for the evening will be "Interior Paint Finishes" and be presented by one of NAWIC members, Carol Bennett, Top to Bottom. Guests and all women interested in construction are invited to attend. For membership information, contact Jackie Garvey at Marley Cooling Tower Co. (630) 574-9424 or Kris Contreras (312) 738-7233.

USE THE BUGLE

Summer Sizzler to promote fitness

Experts conclude that a regular running or walking routine burns calories, improves the cardiovascular system, and might add years to one's life. To encourage residents to experience the benefits of exercise and nature, Cook County Forest Preserve District Board President John Stroger announced the Forest Preserve is presenting the 5th annual Summer Sizzler, a 5K/10K competition run and walk on Sunday, July 13, from 8 a.m.-11 a.m., at Busse Woods, Grove #28, Golf Rd., just east of Route #53, Rolling Meadows.

Participants will run or walk along the Forest Preserve's paved Busse Woods Bicycle Trail competing for prizes. The prizes will be awarded to the top overall male and female winners, and to the top three finishers in six different age groups. Everyone finishing the race will receive a postcard in the mail with their official finish time and results. Registration includes a free T-shirt, refreshments, and tickets to win raffle prizes. The advance registration fee is \$15. The day of the race registration starts at 7 a.m., and the fee is \$17. To receive an entry form or more information, call the Forest Preserve's Office of Special Events at 708-366-9420. Rain or shine.

St. Paul graduates

St. Paul Lutheran School, Skokie, congratulates its 1997 8th-grade graduates: Kajsa Anderson, Erick Archibald, Julian Baraniak, Jordan Boock, Kristin Carey, Natalie Chaparro, Corey Hall, Katie Hebble, Brian Krier, Jessica Mueller, Peter Murakami, Tiffany Passias, Dragana Petrovic, Joshua Raye, Jim Schroeder, Maria Skouliadas, and Matt Wilson. The seventeen students graduated in a ceremony at the school on Wednesday, June 4th.

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- Test Drive

Church and Temple News

OBITUARIES

HOWARD KEIL
Howard Keil, 80, of Chicago, died June 8 at Resurrection Nursing Pavilion, Park Ridge. He was born September 8, 1916 in Chicago. Beloved husband of Caroline (nee Urbanski) Keil. Brother of the late George (Eleanor) Keil. Beloved uncle of many nieces and nephews. Services were held June 12 at All Saints P.N.C. Catholic Church. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in Acacia Park Crematorium, Chicago.

FLORENCE SLOMINSKI
Florence (nee Urbaszewski) Slominski, 71, of Des Plaines, died June 3. She was born June 8, 1925 in Chicago. Beloved wife of the late Casimir. Beloved mother of Joseph (Irene) and Daniel Slominski. Grandmother of Jonathan and Justine Slominski. Loving sister of many. Services were

held June 7 at St. Cecelia Church. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

MARGARET M. SUTTER
Margaret M. Sutter, 81, of Niles, died May 16 at Lutheran General Hospital, Park Ridge. She was born August 13, 1915 in Chicago. Beloved wife of the late Edward Sutter. Beloved mother of James (Linda) Sutter. Grandmother of Suzie Sutter. Sister of Loretta Herrmann, Dolores Sutter, Walter Samp, late George Samp and late Rita Samp. Services were held May 20 at Our Lady of Ransom Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

CLIFFORD A. RUSS
Clifford A. Russ, 75, of Niles, died May 24 at Lutheran General Hospital, Park Ridge. He was born November 5, 1921 in Chicago. Beloved husband of Vanita (nee Howell) Russ. Beloved father of Jay (Lori) Russ, Mark (Andrea) Russ and Scott (Jeanne) Russ. Services were held May 27. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Ridgewood Cemetery, Des Plaines.

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MARK COLEK

STANLEY J. PAWELEK
Stanley J. Pawelek, 82, of Niles, died May 26. He was born November 18, 1914 in Chicago. Beloved husband of Frances (nee Grabowski) Pawelek. Beloved father of Donna (Joseph) Ascenzi. Grandfather of Jessica Ascenzi. Brother of Sophie Olszewski, Josephine Stanis and Irene Pawelek. Services were held May 29 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Mausoleum, Niles.

DONALD C. JORGENSEN
Donald C. Jorgensen, 68, formerly of Niles, died May 27 at Edwards Hospital. He was born September 6, 1928 in Chicago. Beloved husband of the late Beverly J. (Sherman) Jorgensen. Beloved father of Debbie (Tom) Foxen, Jill (Rick) Williams, Jane (Bernie) Rybarczyk, Donna (Dave) Majeski, and Christopher Jorgensen. Grandfather of 8. Brother of Edward (Karen) Jorgensen. Services were held May 31. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Montrose/Ridgewood Cemetery, Chicago.

NSJC services
Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, announces the following schedule of services for the month of July:
Weekday services: Monday & Thursday, 7 a.m. Tuesday, Wednesday & Friday, 7:15 a.m. Monday thru Thursday evening 7:45 p.m.
Shabbat Services: Friday evening 7 p.m. Saturday mornings 9:30 a.m.
For membership or further information, please call synagogue office, 965-0900.

LSSI Augustana Ministries receives funds

Lutheran Church of the Resurrection in Niles recently received \$450 from Lutheran Brotherhood, a fraternal benefit society, through the Society's Congregational Matching Funds program.

Lutheran Brotherhood matched the amount that the congregation raised through Jazz Vesper Services. Resurrection will use the funds it raised and the matching funds from Lutheran Brotherhood for Lutheran Social

Services of Illinois-Augustana Ministries.

Lutheran Brotherhood, a fraternal benefit society, offers a broad range of high quality financial products and services to Lutherans nationwide. Through its fraternal programs, Lutheran Brotherhood aids its members, their communities, and Lutheranism. Over the last ten years, Lutheran Brotherhood has allocated more than \$440 million to fraternal programs.

Bloomfield hosted at Lincolnwood

Lobbyist and columnist Douglas M. Bloomfield, expert in U.S.-Israel relations, will speak at a complimentary brunch on behalf of the Jewish United Fund (JUF) at 11 a.m., Sunday, July 20, at Congregation Yehuda Moshe, 4721 W. Touhy Ave., Lincolnwood.

To make reservations or for more information, call Jan Goldenberg at (312) 444-2826. The Jewish United Fund, Chi-

cago's largest Jewish philanthropy, allocates tens of millions of dollars each year to support essential health, welfare and educational services that benefit more than 100,000 people in the Chicago metropolitan area. It also allocates tens of millions of dollars for health and human services that benefit needy Jews in Israel and 58 other countries. In addition, JUF supports Conservative, Reform, and modern Orthodox institutions in Chicago and Israel.

Benedictine graduates

Benedictine University held its Graduate Commencement in the Dan and Ada Rice Center on the Lisle campus. Approximately

210 graduates will receive their master's degrees.

Residents of Des Plaines who received their degrees include: Thomas Lobacz (IFM) and Paula Shanks (MPH).

To report the death of a Social Security beneficiary or Supplemental Security Income (SSI) recipient or to apply for Survivor benefits: call, 1-800-SSA 772-1213, business days, 7 a.m. to 7 p.m.

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Church and Temple News

NSJC welcomes new rabbi in August

Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, announces the appointment of Rabbi Kenneth Cohen as of August 1.

Rabbi Cohen is a native of Brooklyn, New York and was raised and educated in the Farmingdale N. Massapequa area of Long Island. Rabbi Cohen is a Phi Beta Kappa graduate of Hamilton College in Clinton, New York where he graduated with honors in religion.

After studying at the Hebrew University in Jerusalem, Rabbi Cohen became Assistant Rabbi and Educational Director at Congregation Beth Shalom, Wilmington, Delaware. After one year of service, he became Senior Rabbi of the 700 family congrega-

Vacation Bible School

Jerusalem Lutheran School invites children from preschool through eighth grade, to attend their annual Vacation Bible School. Jerusalem Lutheran is located at 6218 Capulina in Morton Grove. This year's VBS will center on "Growing in God's Family", and will be held July 21-25. On Monday through Thursday, the children will meet from 9 to 11:30 a.m., and Friday will conclude with a picnic and activities for families in the early evening. To register or for more information please call Mr. Gustafson at 847-965-3503, or just come early on Monday morning!

JUF fundraiser

Journalist and commentator J.J. Goldberg, author of Jewish Power: Inside the American Jewish Establishment, will speak at a brunch on behalf of the Jewish United Fund (JUF) at 10:30 a.m., Sunday, July 20, at Lincolnwood Jewish Congregation, 1717 N. Crawford.

To make reservations or for more information, call Jan Goldenberg at (312) 444-2826.

The Jewish United Fund, Chicago's largest Jewish philanthropy, allocates tens of millions of dollars each year to support essential health, welfare and educational services that benefit more than 100,000 people in the Chicago metropolitan area. It also allocates tens of millions of dollars for health and human services that benefit needy Jews in Israel and 58 other countries. In addition, JUF supports Conservative, Reform, and modern Orthodox institutions in Chicago and Israel.

To report the death of a Social Security beneficiary or Supplemental Security Income (SSI) recipient or to apply for Survivor benefits: call, 1-800-SSA 772-1213, business days, 7 a.m. to 7 p.m.

Vacation Bible School at Edison Park Lutheran

When August rolls around, and the children say "Mom, I'm B-O-R-E-D. There's nothing to do," think of Edison Park Lutheran Church Vacation Bible School.

August 11 through August 15, 1997, 9:30 a.m. - 11:30 a.m. at the church, 6626 N. Oliphant Avenue, Chicago, IL. \$10/week. Register now 1-773-631-9131, or stop by the church office.

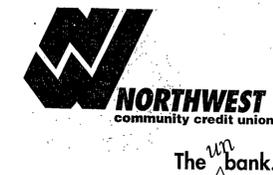
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Health News

Pros & Cons of HMO's

On July 11 at 11 a.m. at Prairie View Community Center, 6834 Dempster St., Bethany Terrace Nursing Center is sponsoring a presentation on the affects of HMO or Hospice Enrollment on your Medicare benefits. Betsy Anderson and Linda K. Davis of FR & R Consulting, Inc. will explain and answer the most asked questions about the benefits of joining a managed care program. They will address choosing a hospice and how HMO's & hospice affect your choice of a nursing home if the need arises for nursing home placement.

Have you wondered if you decide to cancel your HMO or hospice coverage if you can get re-

established in the Medicare program? This program will be a great opportunity to have your present questions answered and to prepare for possible future health care decisions. Please call Catherine at 965-1200 to reserve a space for this valuable presentation.

EIU Dean's List

Approximately 700 students have been named to Eastern Illinois University's Spring 1997 Dean's List. Local students included: Barbara A. Davis of Des Plaines, and Dustin Robe Mattison of Des Plaines.

Doing something about lowering cholesterol

The American Heart Association estimates that over half of all Americans have high cholesterol...and only 25 percent of them are doing anything about it.

Medical experts point out that people with high levels of low-density lipoprotein (LDL or "bad" cholesterol) have a much greater chance of suffering from heart disease. High levels of triglycerides are also linked to a higher risk of coronary artery disease.

Doctors have a number of cholesterol-lowering drugs; the newest among them is LIPITOR. The drug is reported to be particularly effective against LDL and triglycerides. It also raises the level of high-density lipoprotein (HDL or "good" cholesterol) by six to ten percent, a rate comparable to that of similar, competitive brand drugs such as MEVACOR®, PRAVACHOL®, or ZOCOR®.

If you are not covered by insurance and have to pay cash for your drugs, LIPITOR can be purchased at up to 60 percent less than the price of these competitive brand products -- 30 tablets of LIPITOR 10 mg costs only \$50. Consumers get the savings when they join a program called aVidRx for a nominal enrollment fee of \$9.95. Call 1-800-511-1314 to start saving on your cholesterol-lowering medication.

USE THE BUGLE

Helga Muhlbacher, Employee of the Year

Helga Muhlbacher, of Arlington Heights, was named Employee of the Year at the Resurrection Nursing and Rehabilitation Center, 1001 North Greenwood Avenue, Park Ridge.

Muhlbacher joined the center a year and a half ago as a staff physical therapist. Prior to that, she spent 15 years as a physical therapist on the Rehabilitation Unit at Westlake Community Hospital in Melrose Park.

"Helga routinely goes above and beyond the call of duty," said Skip Kwasny, Director of Physical Medicine at Resurrection Nursing and Rehabilitation Center. "She treats patients as if they were her family. After her patients are discharged, she calls to see how they're doing."



Helga Muhlbacher

Prescription drug safety tips

While each person responds to medication in his or her own way, everyone should observe standard precautions when taking prescription drugs.

These tips from MerckMedco Managed Care can help:

- **Ask for written information about the medication.** Written instructions can be reviewed easily at home. Keep the information for as long as you are taking the medication so you have a handy reference to the list of possible side effects.

- **Ask for clarification on generic substitutions.** The Federal Food and Drug Administration requires that generic drugs have the same active ingredients as brand name drugs. Because generic drugs do not require the same research, development and marketing costs as brand name drugs, they are sold at lower prices. Many generics are made by the same manufacturers that produce brand name drugs.

- **Keep your doctor "in the loop."** Every time your doctor prescribes a new drug, make sure he or she is aware of all other drugs you are taking, (including non-prescription, over-the-counter products), any allergies you may have, if you are or could be pregnant and if you are breast feeding. And, if you use more than one doctor or pharmacy, make sure that each knows all the drugs you are taking. Let your doctor know of unusual or severe side effects as soon as possible.

- **Use simple memory aids to help take medicine properly.** Put reminders for nighttime pills near your toothbrush and for morning medicines by your coffee or tea cup, consistently. Tape a reminder note on your refrigerator, bedroom door or telephone. To avoid the danger of double dosage, move medications to a different place after each use. If you take several prescriptions, set up a check-off chart to make sure you've taken all medicines according to the prescribed schedule or use one of the many aids that can be purchased at drug stores. Establish a routine. Everyone is different, so do what works best for you.

- **Don't self-prescribe.** Do not borrow medication from friends or relatives who have or had similar symptoms. Just because something worked for them doesn't mean it's safe for you. Don't change or stop taking your medication without talking with your doctor first. And discard old medicines.
- **Avoid storing prescription medicines in the kitchen and the bathroom.** Medications are usually best stored in cool, dry places and out of sunlight. Don't store them in other containers and don't mix them with other medicines.
- **Don't leave the caps off.** Although "safety caps" might be hard to take off, they shouldn't be left off, especially if there are children in the house.

Cataract and Glaucoma screenings at Res

Free cataract and glaucoma screenings will be offered at Resurrection Medical Center, 7435 West Talcott Avenue. The screenings will take place on July 21 from 10 a.m. to noon in the Mother Hedwig Room on the ground floor.

The screenings will be conducted by Michael Mochovak, M.D., an ophthalmologist on staff at Resurrection.

Registration is required. For more information and to register, call 773-RES-INFO (737-4636).

Health News

Holy Family Medical Center Ongoing support groups, classes and meetings

The following groups no longer meet at Holy Family: Weight Watchers, Overeaters Anonymous, Nicotine Anonymous, Lupus Support Group, "Open" Alcoholics Anonymous ("Closed meetings are still taking place.")

Blood Pressure: Visit Holy Family Medical Center's outpatient lobby the first Wednesday of each month from 1:30 to 3 p.m. and have your blood pressure checked for free. Call (847) 297-1800, ext. 1110 for more information. Holy Family's Wheeling Professional Building, 201 Strong Avenue in Wheeling, also offers blood pressure screenings the second and fourth Wednesdays of each month from 1:30 to 3 p.m. For more information, call (847) 465-4808.

Substance Abuse Speakers: Holy Family Medical Center's substance abuse program, Keys to RecoverySM, has speakers available to discuss topics including alcoholism as a disease, co-dependency, adult children of alcoholics, the road to recovery and more. To arrange for a speaker, call (847) 298-9355.

Expecting A Baby? Childbirth preparation classes are offered at Holy Family Medical Center over six consecutive Wednesdays from 7 to 9 p.m. For more information or dates for the next classes, call (847) 297-1800, ext. 1110.

Breast Feeding: Expectant parents considering breast feeding can come to Holy Family Medical Center's breast feeding classes. Virginia Brackett, BSN, PNP, a board certified lactation consultant, will provide all you need to know. Cost for a one-time class is \$30. For more information, class dates, or to register, call (847) 825-1100.

The Facts About Diabetes: If you or a loved one has diabetes, it's important to have the right information. Holy Family Medical Center's diabetes classes consist of two- and four-day courses with topics that include an explanation of diabetes, exercise, coping strategies and more. For detailed information and course dates, call (847) 297-9977. The fee for either course is \$71.

External Insulin Pump Therapy Orientation: The StableLivesSM Diabetes Program at Holy Family Medical Center offers a free one-hour orientation to external insulin pump therapy on the third Tuesday of each month at 7:15 p.m. The class is designed to provide information about pump therapy to those interested in using an insulin pump to manage their diabetes. To reserve a place, call (847) 297-9977.

Insulin Pump Support Group: A support group for those using an insulin pump to manage their diabetes. Meetings

are held at Holy Family Medical Center the fourth Thursday of each month at 7:30 p.m. For more information or to register, call Ann O'Connor at (630) 790-0262 before you attend the first meeting.

Diabetes Brown Bag Support Group: Holy Family Medical Center has lunch hour meetings that are available for persons with diabetes every Wednesday from 11:30 a.m. to 1 p.m. Call (847) 297-9977.

Young Adults With Diabetes: Holy Family Medical Center has a support group for young adults between the ages of 20 to 40 with Type 1 diabetes. The group meets the first and third Thursday of every month at 7 p.m. Call Mary Jo Nowogurski at (847) 391-5464 before you attend the first meeting.

American Diabetes Association: Holy Family Medical Center is the site for the ADA's diabetes support group, which meets the third Wednesday of each month at 7:30 p.m. Family members are invited to attend. Call Judith Aronson at (847) 825-0540 for more information.

La Leche League: La Leche is an organization dedicated to providing education, support and encouragement to women who want to breast feed. Meetings are held at Holy Family Medical Center the second Thursday of every month from 7:30 to 9:30 p.m. For more information, call Mary Ann Bangert at (312) 631-7681.

Heart Transplant Group: Holy Family Medical Center offers a support group for those who have undergone heart transplant surgery recently or years ago. Meetings are on the second Monday of each month at 7:30 p.m. Call Richard Wood at (847)

Skin lesion clinics

The Lutheran General Cancer Care Center offers several multidisciplinary outpatient clinics that allow patients to confer with oncologists, radiation oncologists, surgeons, plastic surgeons and other specialists during a one-day visit.

The breast, head and neck cancer and pigmented skin lesion clinics are held at the Cancer Care Center, located at 1700 Lutheran Lane on the campus of Lutheran General Hospital, Park Ridge.

During a clinic visit, a patient not only meets with a series of specialists, but also receives their opinions and recommendations at the end of the single-day consultation. Physicians may refer patients to the clinics or patients may utilize services without a physician referral. For more information, call the Lutheran General Cancer Care Center at 847-723-2500.

Health News

Skokie resident awarded "20,000 Hour Pin"



Sam Langer, resident of Village of Skokie and volunteer at Rush North Shore Medical Center is awarded a "20,000 Hour Pin" by Don Perille, Trustee for Village of Skokie at the Rush North Shore Medical Center Volunteer Dinner recently. (L to r) Tony Di Lorenzo, Vice President of Operations, Sam Langer, Don Perille, and Stacy Schacki, Vice President of Community Development.

587-8698 for more information. **Journey With Me Cancer Support Group:** Holy Family Medical Center's cancer support group provides psychosocial and spiritual support for cancer patients, their families and caregivers. The groups meet weekly on Thursdays at 1:30 p.m., and the first Thursday of each month at 7 p.m. Call (847) 297-1800, ext. 1944, for more information.

Alcoholics Anonymous: Closed AA meetings (for the alcoholic only) are held each Friday at Holy Family Medical Center at 8:30 p.m. For more information, call (847) 298-9355. **Families Anonymous:** Does a family member's drug or alcohol problem affect your life? Holy Family Medical Center offers a support group to help families understand and cope. Meetings are every Sunday at 7:30 p.m. Call (847) 298-9355.

Hearing screenings offered at Resurrection

Free hearing screenings for adults will be offered on July 21 and 22 from 4:30 to 7 p.m. at Resurrection Medical Center, 7435 West Talcott Avenue.

The screenings will be conducted by audiologists in the Speech, Language and Audiology Department located on the ground floor. The screening includes a check for hearing problems and consultation.

Registration is required. For more information and to register, call 773-RES-INFO (737-4636).

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COMPLETE LANDSCAPE SERVICE
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Complete Lawn Maintenance
Installers Of Rainbird Sprinkler Systems
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Work smarter, not harder, in an intelligently designed ergonomic chair. High or low-back, we have models to fit your body and your budget. Fully loaded, fully adjustable. Prices start under \$300.
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THE BETTER BACK STORE
we do good things behind your back!
(847) 588-2225
5629 W. Touhy Ave., Niles (Village Crossing Center)
(630) 792-1245
44 W. Roosevelt, Lombard (across from Sportmart)

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*From \$199.99
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• Let us keep your new vehicle warranty valid
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• New PCV Valve • New Air Filter • Lube, Oil & Filter • Cooling System service with new anti-freeze
• Transmission service & filter • Tire rotation • Check & adjust brakes • Wash & wax hood
• Other performance parts additional • Tax & license
EXPIRES 8/17/97

ENGINE TUNE UP
FREE OIL CHANGE
From \$34.99* \$44.99*
4 Cylinder 4 Cylinder
• Comprehensive engine service
• Check & adjust suspension & tire pressure
• Check the brake system
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AIR CONDITIONING SPECIAL!
Keep cool this summer!
• R12 and R-134A
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DELUXE OIL CHANGE
\$14.93*
*Most Cars
• Change oil
• Replace oil filter
• Check filters, hoses, belts
EXPIRES 8/17/97
HOURS: Mon.-Fri. 8-6, Sat. 8-3

Entertainment

ARTS & CRAFTS

July 11 - 12
MICHIGAN AVE. ARTS & CRAFTS
A wonderful variety of fine art & fine crafts shown by their creators will fill the sidewalks on the West side of Michigan Avenue between Adams and Washington during the 6th ANNUAL MICHIGAN AVENUE ARTS & CRAFTS EXPERIENCE to be presented by American Society of Artists, a national membership organization from 8 a.m. to 6 p.m. both days.
Additional information may be obtained from A.S.A. at 312-751-2500.

READ THE BUGLE
FOR SUBSCRIPTIONS CALL (847) 966-3900

Sts. Peter and Paul Ukrainian Orthodox Church
8410 West 131st Palos Park
708-448-1350
Annual Ukrainian Festival and Old Fashioned Family Picnic
Sunday, July 13th 12 Noon until 7:00 p.m.
• Clowns • Games • Bingo
• Music • Raffle • Food
• Grand Prize \$1000 and much more
Everyone is Welcome to attend and have a good time

JADE EAST
CHINESE RESTAURANT
(Formerly Joy of the Wok in Morton Grove)
741 Civic Center Plaza
Waukegan Rd. & Oakton St. (Next To Super Trak)
Niles, Illinois 60714
(847) 966-1616
OPEN JULY 4th - 1 p.m. to 10 p.m.
ALL ENTREES ARE COOKED WITH CANOLA OIL FOR YOUR HEALTH AND TASTE.
DAILY SPECIALS \$5.97
TUE. ALMOND CHICKEN
WED. SWEET & SOUR CHICKEN
THUR. HONG SUE CHICKEN
FRI. KUNG POA CHICKEN
SAT. MIXED VEGETABLES W/CHICKEN
SUN. JADE EAST CHICKEN
Served with steamed rice and cookies. No other offers or incentives can be applied to above specials. DINE-IN ONLY

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A Store With The Largest Selection In All Chicagoland

HOURS: 10 AM - 7 PM
SUN: 10 AM - 4 PM
7 DAYS

Sat., July 12
ARTS & CRAFTS & POLKA FEST
St. Michael's Orthodox Catholic Church, 7313 N. Waukegan Rd., Niles is holding its annual Arts & Crafts Festival on Saturday, July 12, along with a Polka Fest and Beer Garden. The Arts & Crafts Festival will run from 9 a.m. until 4 p.m. and the Slavic Food Festival from 1-6 p.m. The Beer Garden will open in the afternoon and ethnic foods native to Slavic countries will be served. Music will be provided by the widely known "Pensioners" and dancing under the tent will begin at 2 p.m.

July 12 & 13
Amish Craft Sale
Amish Craft Sale will be held on Saturday, July 12 and Sunday, July 13 from 10 a.m. to 5 p.m. each day at Inland Meeting & Expo Center, 400 E. Ogden Ave., Westmont, Illinois. Admission is free.
Over 100 Amish, Mennonite, and other select crafts people will be represented! The sales will feature handmade quilts, wall hangings, furniture, dolls, toys, pillows, rugs, home accessories, etc.

July 25, 26 & 27
Art Festival
6th Annual North Michigan Avenue Art Festival on July 25, 26 & 27, 1997 from 10 a.m. to 6 p.m. Friday and Saturday and 10 a.m. to 5 p.m. on Sunday. The show is held in downtown Chicago at Pioneer Court on North Michigan Avenue at the Chicago Tribune Tower opposite the Wrigley Building. Admission is free. For more information, please call (815) 937-0920.

ENTERTAINMENT

July 9 - Aug. 24
A BEDFULL OF FOREIGNERS
"A Bedfull of Foreigners" by Dave Freeman begins previews Wednesday, July 9, opening Friday, July 18 at Drury Lane Theatre, 2500 W. 95th St., Evergreen Park. It continues through Sunday, Aug. 24. Performances are Wednesday/Thursday, 2 p.m.; Friday, 8:30 p.m.; Saturday, 6 p.m.; Sunday, 3:30 p.m. Prices are Show only \$19 to \$25; Dinner and Show \$31 to \$41. Senior discounts available for matinees. For ticket information and reservations phone the box office at 708-422-0404.

July 11-13
July Bridge Beach Bash
The Bridge Bash celebration will host a wide variety of attractions and entertainment for both the young and "young at heart" at downtown St. Charles. Admission to most attractions, including all musical entertainment and the Summer Arts & Crafts Faire, is free. A small fee will be charged for selected attractions in the "Kids Zone." For more information on Bridge Beach Bash attractions and schedules, contact Mar-Kel Productions at (630) 377-2907.

July 12 - 13
LILY SHOW
The Wisconsin-Illinois Lily Society Annual Show, will be held Saturday & Sunday at the Chicago Botanic Garden. The Lily Show is free & open to the public from noon to 5 p.m. on Sat. 7-12 & from 10 a.m. to 5 p.m. on Sun. July 13. Hourly tours of the Botanic Garden's lily collections will start at 1 p.m. on Saturday & 11 a.m. on Sunday. For further information on the show, or entering it, please contact Woodruff Imberman at 847-733-0071.

Sun July 13
Wing Ding Picnic
The Purple Martin Society of Illinois (PMSI) invites all Purple Martin enthusiasts and friends to their annual WingDing Picnic Affair July 13 at the Oak Brook Shelter Building, 1300 Forestgate Road (west of Jorie Blvd.), Oak Brook, IL. The WingDing begins at noon. The Purple Martin WingDing promises to provide much fun, food and festivities as well as Purple Martin wisdom for all. All attendees should bring a covered dish. For more Purple Martin WingDing information, please call Terry Suchma (630) 655-2028 or Chris Hardan (815) 458-2798.

Concert harpist to perform



Greg Buchanan, International Concert Harpist will perform Saturday, July 12, 7:30 p.m. program for the Celebration Concert Series at the Historic United Methodist Campground in Des Plaines. Call (847) 824-4924 for details.

Thur., July 17
Chicago Youth Symphony Orchestra
The Chicago Youth Symphony Orchestra (CYSO), Grant Park Music Festival and the Chicago Park District presents "Postcards from Around the World" concert Thursday, July 17 at 11 a.m. at Petrillo Band Shell in Grant Park. Admission is free. For more information, please call (312) 939-2207.

"Pack The Park" Concerts
On Sunday, July 13th at 6:30 p.m., bring the family out to hear Popology! They combine high-energy, fun jazz with well-known vocal standards for an evening the whole family will enjoy. Kids will enjoy the children's jazz tunes while adults enjoy the funk, Latin and mainstream selections. Hear the sounds of Chicago jazz at its finest!
The Niles Park District offers free outdoor concerts at Golf Mill Park, Church & Cumberland, throughout the summer. Pack up the lawn chairs or blankets and bring the family out to enjoy the sounds and the beautiful summer nights! Please note that alcoholic beverages are not allowed on Park grounds. For more information call 847-967-6633.

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Complete set order \$12.99 + handling \$2.01
Total = \$15. Allow 2-3 wk. for delivery.
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http://www.gambling-win.com

Community Calendar

ENTERTAINMENT

July 18-21
ST. HARALAMBOS GREEK FOOD FEST
St. Haralambos Greek Orthodox Community of Niles is hosting a Greek Food Fest on July 18-21 on the Church grounds at 7373 Caldwell Ave. in Niles. Sample Greek food, wine and music. For further information, call (847) 647-8880.

July 18-20 and 24-27
"Hamlet"
Shakespeare on the Green To Present "Hamlet" And Host Gala Under The Stars at Barat College all performances of "Hamlet" are free and start at 8 p.m., July 18-20 and 24-27. Festival grounds open at 6 p.m. for picnicking, and food will be sold on the premises. On Saturday, July 19, beginning at 5:30 p.m. gala sponsored by the Friends of Shakespeare Committee, includes a buffet supper, pre-show entertainment, and preferred seating. For more information please call (847) 295-2620.

REUNIONS

Sat, Aug 2
Rolling Meadows H.S.
The 1977 graduates from Rolling Meadows High School, Rolling Meadows, are seeking classmates for their 20 year class reunion to be held on Saturday, August 2, 1997. For details, call (847) 229-1123 or write REUNIONS, LTD., P.O. Box 4641, Northbrook, IL, 60065.

Sat, Aug 16
York Community H.S.
Alumni from York Community High School, Elmhurst, Class of 1962, are being sought for their 35 year class reunion to be celebrated on Saturday, August 16, 1997. For information, call (847) 229-1123 or write REUNIONS, LTD., P.O. Box 4641, Northbrook, IL, 60065.

Sat, Sept 6
Prospect H.S. Reunion
The 1977 graduates of Mt. Prospect High School, Mt. Prospect, are planning their 20 year class reunion to be held on Saturday, September 6, 1997. For information, call (847) 229-1123 or write REUNIONS, LTD., P.O. Box 4641, Northbrook, IL, 60065.

Sat, Sept 13
Niles West H.S. Reunion
The 1987 graduates from Niles West High School, Skokie, are planning a 10 year class reunion to be held on Saturday, September 13, 1997. For details, call (847) 229-1123 or write REUNIONS, LTD., P.O. Box 4641, Northbrook, IL, 60065.

Sat, Sept 27
Amundsen H.S. Reunion
Alumni from Amundsen High School, Chicago, class of 1972 will celebrate their 25 year class reunion on Saturday, September 27, 1997. For information, call (847) 229-1123 or write REUNIONS, LTD., P.O. Box 4641, Northbrook, IL, 60065.

HEALTH

Wed., July 30
Growth and weight gain in children
The Wednesday, July 30, children's health issues program will be presented from 7 to 8:30 p.m. in Olson Auditorium of Lutheran General Hospital, 1775 Dempster St., Park Ridge. Registration for the program can be made by calling HealthAdvisor at 1-800-3-ADVOCATE (1-800-323-8622). Tours of the Victor Yackman Children's Pavilion at Lutheran General Children's Hospital are available prior to the lecture. Persons should mention their interest in the tours when they register.

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Sat, Sept 27
Amundsen H.S. Reunion
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Sat, Oct 4
ETHS Reunion
The 1987 graduates of Evanston Township High School, Evanston, are planning their 10 year class reunion to be held on Saturday, October 4, 1997. For information, call (847) 229-1123 or write REUNIONS, LTD., P.O. Box 4641, Northbrook, IL, 60065.

Sat, Oct 18
Taft H.S. Reunion
The 1977 graduates of Taft High School, Chicago, are seeking classmates for their 20 year class reunion to be held on Saturday, October 18, 1997. For information, call (847) 229-1123 or write REUNIONS, LTD., P.O. Box 4641, Northbrook, IL, 60065.

Sat, Oct 25
St. Michael's Orthodox Catholic Church
7313 Waukegan Road, Niles
For more information call: (847) 647-8398

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GYROS • RIBS • CHICKEN
1/2 lb. HAMBURGERS
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FRIDAY and SATURDAY... 11 am UNTIL 11 pm.
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ARTS & CRAFTS. SLAVIC FOOD & POLKA FESTIVAL
Featuring
Arts & Crafts 9:00 - 4:00
Slavic Food & Polka Dancing 2:00 - 6:00
Raffles
Ethnic Dancers
Menu: Holupki, Halushki, Pierogi, Polish Sausage etc.
Beer Garden

The Pensionaires
Saturday, July 12

St. Michael's Orthodox Catholic Church
7313 Waukegan Road, Niles
For more information call: (847) 647-8398

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All food made fresh to order daily
Nothing is ever frozen or prepared in advance

- SHISH KABOB
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- GOURMET COFFEE
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- SPECIAL PITA SANDWICHES

HOMEMADE BAKLAVA
CATERING UP TO 500 PEOPLE FOR SPECIAL OCCASIONS
PRICES FROM \$1.95 - \$6.95
SPECIALS: \$3.99 3 Course Hot Lunch
SPECIALS: \$2.29 Stuffed Pita Sandwich
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COUPON
Buy one dinner at full price & get 2nd dinner 1/2 off.
Eat in or take out.

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7041 Oakton, Niles, Illinois 60714 Phone (847) 967-9790
OPEN SATURDAY & SUNDAY 7AM til 10PM
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BREAKFAST SPECIAL
MINCED HAM AND SCRAMBLED EGGS \$5.95
Hash Brown Potatoes, Choice of Toast, Sweet Roll, Juice, and Coffee
LOX PLATE \$4.95
Smoked Nova Scotia Salmon Served with Toasted Bagel, Cream Cheese, Tomato, Cucumbers, Bermuda Onion, Black Olives
EGGS BENEDICT \$3.95
Toasted English Muffins, Topped with Ham, Poached Eggs and Hollandaise Sauce, Served with Hash Brown Potatoes

LUNCH SPECIALS SERVED 11 AM til 4 PM MONDAY thru SAT.
Anniversary Lunch Specials
To Show Our Appreciation To Our Customers
Come Visit Our Newly Remodeled Dining Room
LAKE SUPERIOR WHITEFISH \$5.95
A Flaky Boneless Fillet, Broiled and Served with Lemon Butter Sauce
Served with Choice of Potato and Soup de Jour
LIVER \$4.25
Sautéed with Bacon or Onions, Served with Choice of Potato and Soup de Jour
CORN BEEF AND CABBAGE \$5.95
Served with boiled potato and Soup de Jour
1/2 B.B.Q. CHICKEN \$4.25
Served with Choice of Potato and Soup de Jour
All Well Mixed Drinks...\$1.95 Domestic Beer...\$1.25
DINNER SPECIALS SERVED SUNDAY NOON til 10 PM MONDAY thru SAT. 4PM til 10 PM

Anniversary Dinner Specials
To Show Our Appreciation To Our Customers
Come Visit Our Newly Remodeled Dining Room
Includes Soup de Jour, Casserole or Tossed Salad, Choice of Potato, No Dessert.
LAKE SUPERIOR WHITEFISH \$7.95
A Flaky Boneless Fillet, Broiled and Served with Lemon Butter Sauce
Served with Bacon or Onions
LIVER \$5.95
Sautéed with Bacon or Onions
BROILED CHICKEN ATHENIAN STYLE \$5.95
Chicken Half, Seasoned with Lemon and Herbs
CORN BEEF AND CABBAGE \$5.95
All Well Mixed Drinks...\$1.95 Domestic Beer...\$1.25

Community Calendar

REUNIONS

Continued from Page 13
on Saturday, October 18, 1997. For details, call (847) 229-1123 or write REUNIONS, LTD., P.O. Box 4641, Northbrook, IL, 60065.

SINGLES

Fri. July 11
AWARE SINGLES DANCE
The Aware Singles Group & the Chicago and North Shore Assn. invite all singles to a Super Dance at 8 p.m. at the Hyatt

Regency Oak Brook Hotel, 1909 Spring Rd., Oak Brook. Live music will be provided. Admission is \$8. For information, call 847-632-9600.

July 11, 1997
North Suburban Singles
North Suburban Shabbat Singles (ages 35+) will meet: July 11, 1997 North Shore Congregation Israel 1185 Vernon Ave. Glenview IL. Services at 8:00 p.m., followed by an Oneg Shabbat. For information, call (773) 761-6862.

Fri. July 11
Good Time Charley Singles Dance
There will be a Good Time Charley Singles SUPER Dance at 8:00 p.m. on Friday, July 11, 1997 at the The Odyssey Country Club, 1911 S. Ridgeland Ave., Tinley Park, IL. All singles are invited. Admission is \$5.00. For more information call 708-579-7666.

Fri. July 11
North Shore Jewish Singles 50 Plus
6 p.m. Cocktail Time call (773) 761-7573 for reservation & location.

July 11 - 12
ST. PETER'S SINGLES CLUB
All singles 45+ invited to a dance Friday 7-11 at Tivoli Gardens, 3258 N. Harlem at 8:45 p.m. Saturday 7-12 at Centre Place, 10040 W. Addison, Franklin Park at 8:45 p.m. Both dances cost \$6. For information call 312-337-7814.

Sat. July 12
North Shore Jewish Singles 50 Plus
7:30 p.m. Theatre at Glenbrook South High School presents "Pajama Game" Located at Pfingston & Lake, Glenview. Reservation by July 10 call either (847) 673-8677 or (847) 677-5547.

St. Rosalie Carnival begins July 10

St. Rosalie is holding its annual Carnival from Thursday, July 10th through Sunday, July 13th on the Church grounds at 4401 N. Oak Park (corner of Oak Park Ave. & Montrose) in Harwood Heights. Carnival hours are 6-10 p.m. Thursday, 6-11 p.m. Friday, 3-12 p.m. Saturday, 3-10 p.m. Sunday.

The fourth Family Carnival, St. Rosalie Style, will focus on FUN and ENJOYMENT for the entire family. A four-hour, unlimited ride special for \$10 will be featured from 6-10 p.m. on Thursday and also on Saturday from 3-7 p.m. Festivities will include live backyard entertainment daily, adult and children rides, skill and chance games, FOOD and a Beer Garden.

Also, BINGO in an AIR-CONDITIONED hall beginning at 7 p.m. on Thursday and Friday, and 6 p.m. Saturday and Sunday. Live entertainment will include a Polka Bank, Rock and Roll for listening and dancing enjoyment, a Blues Bank, Popular Melodies, Clowns and Jugglers, and the "Jesse White Tumblers".

All this and more is schedule, including a Grand Raffle of 20 prizes in all, First Prize \$5,000. For complete details and a full schedule of events, call the Rectory at (708) 867-8817.

Festivales de la Costa at Brookfield Zoo

Brookfield Zoo's summer-long South American *Festivales de la Costa* continues Fridays-Sunday, July 11-13, and July 18-20. Activities take place between 11 a.m. and 3 p.m. each day. The fun-filled festival featuring exciting South American-themed music, dancers, craft and learning activities, and various demonstrations, is in celebration of the opening of the zoo's newest exhibit, *The Living Coast: A World of Surprising Connections*. Activities and entertainment, representing Peruvian, Chilean, and Ecuadorian cultures, scheduled for the weekends, will take place primarily in the southwest corner of the park near the new exhibit. Other activities include South American cooking demonstrations presented by Brookfield Zoo's culinary staff. During the demonstrations, featured every day during *Festivales de la Costa*, visitors will receive recipe cards of tasty dishes available at the zoo's newest restaurants. The zoo's volunteer educators will host "Make the Connection," a hilarious, interactive game show spoof about the animals of *The Living Coast*. They also will stroll around the park sharing insight with visitors about the coast and its inhabitants through fun learning games. *Festivales de la Costa* activities are free with zoo admission. Gate handouts, outlining the times and locations of entertainment and activities, will be distributed to visitors as they enter the zoo. (Entertainment times are subject to change without notice.) For more information about the festival, call Brookfield Zoo at (708) 485-0263, ext. 879.

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GRAND OPENING
10% Discount, Senior Citizens Wed., All Meat Products
Home made Polish Sausages & cold cuts, made from the highest quality of meats and old traditional Polish recipes.
LONGSTANDING TRADITION, REASONABLE PRICES.
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THOSE ARE THE THINGS WE ARE KNOWN FOR.
7744 N. Milwaukee Ave. Niles, IL 60714
Tel.: (847) 470-1717

COME ONE! * COME ALL
St. Rosalie's
FAMILY CARNIVAL
4401 N. OAK PARK AVENUE • HARWOOD HEIGHTS
(corner of Oak Park and Montrose)

THURSDAY, JULY 10 • 7:00 p.m. - 10:00 p.m.
"The Happy Hearts Orchestra" (Polka Band)
FRIDAY, JULY 11 • 7:00 p.m. - 11:00 p.m.
"Rock Taylor Band" (Rock'n Roll and Dance Music)
SATURDAY, JULY 12 • 8:00 p.m. - 8:00 p.m.
Clowns & Jugglers
8:00 p.m. - 12 Midnight "Breezin'" (Popular Melodies from 40's to Present)
SUNDAY, JULY 13 • 4:00 p.m. - 6:00 p.m. Clowns & Jugglers
6:00 p.m. - 7:00 p.m. The famous "Jesse White Tumblers"
7:00 p.m. - 10:00 p.m. "Bumble Bee and the Stingers" (Blues Band)

BINGO IN OUR AIR CONDITIONED HALL

Daily BINGO times are as follows:
THURSDAY, JULY 10 • 7:00 p.m. - 10:00 p.m.
FRIDAY, JULY 11 • 7:00 p.m. - 11:00 p.m.
SATURDAY, JULY 12 • 8:00 p.m. - 11:00 p.m.
SUNDAY, JULY 13 • 8:00 p.m. - 9:00 p.m.

Beer Garden • Something for Everyone! • Children's Rides!
Join in the Fun! • Adult Rides! • Food!

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A properly performed air conditioner clean & check ensures safe, reliable operation, reduces cooling bills and chances of a major repair ... **Saving you Money!**

Pre-Season Special \$72.95*
for AC system clean and check Regularly \$85

Here's what your professional Turk technician will include in the clean & check.
01 Wash Condenser Coil
02 Clean Condensate Drain
03 Check Relay, Parts, Capacitors, Contactors and Pressure Switches
04 Check Freon and Operating Pressures
05 Repair Loose Connections
06 Repair Compressor Amperage
07 Adjust Blower Belt Tension
08 Check Filters
09 Check Bearings and Lubricate
10 Check Thermostat Calibrations
11 Determine if there is a need for additional parts to ensure safe, reliable and economical operation
12 Check condenser fan & motor

*Includes up to 3/4 hour labor. This is a limited offer. Freon and repairs additional if necessary. Offer good 8 am to 3 pm Monday through Friday. All service calls are C.O.D. There will be an additional charge for attic, commercial applications and Saturday appointments.

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Chicago 773-631-2900

We'll tell you if additional parts are needed, and on your approval, we'll proceed. An extra charge is required for additional parts. You are not obligated in any way to purchase parts.

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Community Calendar

SINGLES

Sat. July 12, 1997
"T.G.I.S. Singles"
T.G.I.S. Singles will have a dance at 8:00 p.m. on Saturday, July 12, 1997 at Burbank Rose, 6501 W. 79th St., Burbank IL. All singles are invited. Admission is \$5.00. For more information call 708-579-7666.

Sat. July 12
CHICAGO METRO SINGLES
All singles are invited to a dance at 8 p.m. at the Barn of Barrington Restaurant, 1415 S. Barrington Rd., Barrington. DJ music will be provided. Admission is \$7 which includes a buffet. For more information, call 708-216-9799.

Sat. July 12
Combined Club Singles
All singles are invited to a Combined Club singles dance at 8 p.m. on Saturday, July 12, at the Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington. DJ music will be provided. Admission will be \$7. The event is co-sponsored by the Northwest Singles Association, Young Suburban Singles, and Singles & Company. For more information call (708) 209-2066. All of the sponsoring groups are non-profit organizations.

St. Haralambos Greek Food Fest

The St. Haralambos Greek Orthodox Community of Niles invites you to their 1997 GREEK FOOD FEST to be held Friday and Saturday evenings, and all day Sunday, July 18-20, on the church grounds at 7373 Caldwell Avenue in Niles.

Sample a delicious variety of authentic Greek foods, such as spit-roasted lamb, souvlaki, Athenian chicken, pastisio, home made tyropita and spanakopita. Taste our mouth-watering, authentic Greek pastries in the festive atmosphere of a Greek village festival, or visit the Taverna and try the delicious octopus appetizer!

Popular Gyros sandwiches, the best Loukoumathes in town, wines and drinks are also available in our specialty tents. And for your entertainment, you can enjoy live Greek music and join the dancing, if you'd like!

Friday evening, from 6 p.m. until midnight, Saturday evening from 5 p.m. until midnight, and all day Sunday, from noon until midnight. Admission is only \$1 on Friday, \$2 on Saturday evening and Sunday for adults. Senior citizens are \$1 and children are free.

There's plenty of free parking and a complimentary sip of wine at the gate. Plan to come and to experience the sights, scents and sounds of the 1997 Niles Greek Food Festival.

For a moment of respite, you might be interested in viewing a film of Greece, or attending authentic Greek cooking demonstrations. You are also welcome to enter our house of worship to see the newly installed hand-carved iconostasis and have a tour of the church with a brief explanation of its traditional Byzantine architecture and appointments.

Chairwoman Chrysoula Maskaleris and co-chairman Tom Andrews extend a heartfelt invitation to all! The proceeds of the 1997 Greek Food Fest will benefit the St. Haralambos Church Building Fund.

The Greek Food Fest will open

Sun., July 13
Special Ballroom Dance
The Spares Sunday Evening Club for Widowed, Divorced and Single Adults will sponsor a special Dance on Sunday Evening, July 13 at Morton Grove American Legion Hall at 6140 Dempster St. Morton Grove from 7:30 to 10:30 p.m. Music by Frank Mitchell Trio. Cost for members is \$5, \$6 for guests. Contact (847) 965-5730.

Jonathan's RESTAURANT
8501 W. DEMPSTER NILES 692-2748

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Monday's Lunch Special \$4.99
Served from 11:00 a.m. - 5:00 p.m.
All lunch Specials are Served with Cup of Soup

CHICKEN A LA KING	MEAT LOAF
STIR FRY CHICKEN over Rice	CHOPPED STEAK with Grilled Onions
CHICKEN MARSALA	

Sandwiches - Salads \$4.99

B.B.Q. BEEF	MONTE CRISTO
HOT TURKEY with Mashed Potatoes and Gravy	GYROS SANDWICH
CAESAR SALAD	CHICKEN SALAD
SMALL JULIENNE SALAD	COLD PLATE

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IMPORTED GREEK WINES
AND APPETIZERS
SPIT-ROASTED LAMB

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SAT. JULY 19 - 5PM to 12 Midnight
SUNDAY, JULY 20 - 1PM to 12 Midnight

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FRIDAY: \$1.00
SAT/SUN: \$2.00
SENIOR CITIZENS \$1.00
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Proceeds of the Greek Food Fest benefit the St. Haralambos Building Fund.

COMMUNITY DINING GUIDE

SPECIALS GOOD FROM . . .
Thursday, July 10, 1997 to Wednesday, July 16, 1997

RESTAURANT	TYPE	LOCATION	THIS WEEKS SPECIALS
Chi Tung	Mandarin/Cantonese	8105 N. Milwaukee Avenue Niles, Illinois 60714 (847) 966-1145	Lunch Buffet (Monday - Friday) 11 A.M. - 2 P.M. - \$5.15 Weekend Buffet (Friday - Sunday) 5 P.M. - 8 P.M. - \$6.88
La Pasta Ria Restorante & Catering	Italian/American	3711 Central Road Glenview, Illinois 60025 (847) 729-0084	(FRIDAY & SATURDAY) ALL YOU CAN EAT CHICKEN VESUVIO - \$8.95

Community Calendar

SINGLES

Sun. July 13, 1997
Good Time Charley Singles Dance
 There will be a Good Time Charley Singles Dance at 7:00 p.m. on **Sunday July 13, 1997** at **BG FELLOWS**, 5055 W. 111th St., Alsip, IL. Free buffet included. All singles are invited. Admission is \$4.00. For more information call 708-579-7666.

Sun. July 13
NORTHWEST SUBURBAN SINGLES
 All singles are invited to a dance at 7 p.m. at the Barn of Barrington. Restaurant, 1415 S. Barrington Rd., Barrington. Admission is \$6 which includes a buffet. For more information, call 708-786-8688.

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Wed., July 16
North Shore Jewish Singles 50 Plus
 7:30 p.m. \$4 Don Norwood Prof. of Cinema Studies at Loyola University will present a program called "Hitchcock, Master of Suspense" includes refreshments at Congregation Beth Hillel, 3220 Big Tree Lane Wilmette. For info (847) 359-3556.

SPORTS

Wed., Aug. 6
'Angels in the Fairway' Golf Outing
 Wednesday, August 6, at Midlane Golf Club in Wadsworth. Proceeds benefit the Leukemia Research Foundation. For more information or to reserve a team at the Angels in

Stokkie Indians Baseball Benefit

The Skokie Indians Little League recently sponsored a benefit baseball event at Thillens Stadium, Devon and Kedzie Avenues in Chicago.

The event, chaired by Joel Schwartz and Roger Seebacher, was held to sponsor the group's traveling all star teams.

In AAA Play, Old Orchard Shell fell to Bee Zee 10 to 8, Republic Bank defeated Herm's 17 to 14 and Path Media beat Golf-Crawford 9 to 3. Active Service rolled over MSM 18 to 9 and Skokie Athletic was shut out by Hub's 3 to 0.

All proceeds collected at the gate went directly to Skokie Indians Little League. Thillens Stadium was donated free of charge in order to help ensure the financial success of the event.

Morton Grove Baseball Association Benefit

The Morton Grove Baseball Association recently sponsored a benefit baseball event at Thillens Stadium, Devon and Kedzie Avenues in Chicago.

The event, chaired by Dave Senesky, featured games in both girls' and boys' divisions.

In senior Pony Girls Play the Giants defeated the Marlins 15 to 13 and in the minor league boys game the Braves fell to the Cardinals 8 to 5.

All proceeds collected at the gate went directly to Morton Grove Baseball. Thillens Stadium was donated free of charge in order to help ensure the financial success of the event.

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"BREAKDOWN"
Kurt Russell
EVERYDAY: 1:15, 3:15, 5:15, 7:15, 9:15 - Rated R

"LIAR LIAR"
Jim Carrey
EVERYDAY: 12:40, 2:30, 4:20, 6:10, 8:00, 9:50 - Rated R

"ANACONDA"
EVERYDAY: 12:50, 2:40, 4:30, 6:20, 8:10, 10:00 - Rated PG13

- DOUBLE FEATURE -
"AUSTIN POWERS"
EVERYDAY: 12:30, 5:00 9:30 Rated PG13

"SLING BLADE"
EVERYDAY: 2:20, 6:50 - Rated R

ALL SEATS \$1.75

Gala Fundraiser at Ravinia

Better Existence with HIV (BEHIV), the Evanston-based AIDS service agency, will host "Moonlight & Motown" on Wednesday, July 16. The event will begin with a tented dinner reception at 6 p.m. in the Ameritech Tent and a feature concert performance at 8 p.m. with Motown favorites, The Temptations and The Four Tops. Four-time Grammy Award winners, The Temptations, have been dazzling soul lovers around the world for over 35 years. The Four Tops have

been together for 40 years, producing songs of love, happiness and romantic heartbreak in the tradition of the Detroit sound. This concert will be an exciting reminder of the pleasure these Motown superstars have been giving their fans for years.

This is BEHIV's major fundraiser of the year. Proceeds go directly to services for individuals and families living with HIV and AIDS, and for prevention education programs for youth and others at risk. BEHIV is the only comprehensive AIDS service provider in all of northern Cook County, including northern Chicago and the north and northwest suburbs. Each year, BEHIV provides a continuum of care and support services to over 450 clients and over 80,000 persons participate in one of BEHIV's many prevention education programs. The fundraising gala has gained corporate underwriting from pharmaceutical manufacturers Roche Laboratories and Agouron Pharmaceuticals, and Evanston-based Shand Morahan & Company, Inc.

Pavilion seats for this event are available for \$90 per person, or \$250 per couple for "BEHIV Special Friends." Limited lawn seating is available for \$50. The event includes a buffet supper and also featured a raffle with prizes including a weekend in Galena Territory, Cubs and Bulls tickets, framed art, and much more. For more information, or to purchase tickets or ad space in the program book, contact Deborah Steinkopf at BEHIV, (847) 475-2115.

Taste of Ireland Festival
 A Grand Weekend of Irish Music, Dancing, Cultural Exhibits, Food and Fun for the entire family! Taste of Ireland is a fun and affordable outing for families and people of all ages - whether you're Irish born, Irish American or just Irish at heart.

Entertainment will be indoor and outdoor stages featuring continuous entertainment, including traditional Irish musicians, pipe and drum ensembles, and Irish dancing schools. Children's games, activities and pony rides. Cultural exhibits in the Museum and Art Gallery. Irish import stores.

A great variety of Irish and American specialties, beer and soft drinks will be available.

Admission: Adults \$8 in advance, \$10 at the door. Kids under 12 (accompanied by an adult), FREE

Contact Irish American Heritage Center, 4626 N. Knox Ave., Chicago, IL 60630, (773) 282-7035 for more information.

Come to the **Irish American Heritage Center, 4626 N. Knox Ave., Chicago.** (Just east of the Edens Expressway at the Wilson Avenue exit.) on Friday, Saturday and Sunday, July 11, 12, & 13, noon till midnight on Saturday, noon till 10 p.m. on Sunday, 6 p.m. till midnight on Friday.

Registration is now open for the American Cancer Society's Fourth Annual Hoops for Life 3-on-3 Basketball Tournament. The tournament will be held Sunday, July 13 at Columbia Hoffman Estates Medical Center in Hoffman Estates. Teams can obtain registration information by contacting the American Cancer Society Hoops for Life Hotline at (847) 358-3965.

The double-elimination tournament is open to all men, women and children 8 years or older. Each team member will receive a deluxe Hoops T-shirt and free refreshments provided by Schlotzky's Deli. Teams will be bracketed into divisions according to age and ability. Trophies will be awarded for 1st and 2nd place team members in each division. Division winners also advance to a statewide playoff tournament to be held in Schaumburg in September. The Hoffman Estates event is one of over 20 tournaments sponsored by the American Cancer Society statewide.

Other event activities include a 3-point shoot-out contest, and an appearance by Honorary Chairman Dave Corzine. The tournament also offers a free Hoops Kids Clinic on Saturday July 12th from 2 - 4 p.m. for all boys and girls 8-14 who have registered for the tournament. Local high school coaches, led by Coach Dan Williams of Rolling Meadows, IL beginning at 6:30 p.m.

Originated to both inform and meet the needs of aquatic gardeners and fish enthusiasts, the Midwest Pond and Koi Society meets the third Friday of each month, January through November, at the Brunetti Restaurant in Brookfield, IL beginning at 6:30 p.m.

Self-Guided Pond Tour
 The Midwest Pond and Koi Society will present its 7th Annual Pond Tour on Saturday and Sunday, July 12 & 13. Thirty-three yards resplendent with water gardens, fish and Koi ponds across the entire Chicago and suburban area will be open for general public viewing from 9 a.m. to 6 p.m. each day and pond keepers will be on-hand each day to answer questions and share insight with visitors interested in this nationally popular approach to gardening.

The tour is self-guided and maps, which give clear directions and pond descriptions, can be purchased for \$10 by phoning (312)409-2081. Additionally, maps can be purchased at selected pet shops and garden supply shops throughout the entire metropolitan area.

Participants are invited to cook things up at the Devonshire Cultural Center, 4400 Greenwood Avenue in Skokie. Fruits, vegetables, pastas, poultry and seafood will be used in a variety of delicious salads including jicama and orange salad. Summer fruit salad with poppyseed dressing, garlic shrimp with farfalle and fresh vegetables, New Orleans style barley salad, and more.

An apron and an appearance are also required for this hands-on cooking class. Generous samplings of all recipes prepared will be available.

The fee is \$35 for residents, \$44 for non-residents. For more information, call the park district, (847) 674-1500.

Participants are invited to cook things up at the Devonshire Cultural Center, 4400 Greenwood Avenue in Skokie. Fruits, vegetables, pastas, poultry and seafood will be used in a variety of delicious salads including jicama and orange salad. Summer fruit salad with poppyseed dressing, garlic shrimp with farfalle and fresh vegetables, New Orleans style barley salad, and more.

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Sports/Parks & Library News

Niles Cougars start winning streak

The Niles Cougars rebounded from their first loss in 17 games to start a 5-game winning streak that carried them into the first two rounds of the Palatine tournament this past weekend.

Solid defense was key for the team when it defeated Palatine Red for the fourth time this season Sunday to advance to the third round of the double-eliminated tournament.

In the 7 to 5 victory, catcher John Bowler stopped two would-be steals and Tom Handler was solid throughout with his outfield play. Pitcher Josh Piazza gave up only four earned runs in five innings pitched.

The offense for the Cougars also produced. Bowler went 2-for-4 with an RBI. Kevin Flynn and Tim McGargle also had two hits each.

Defense was again important in the Cougars' 1 to 0 victory over Westdale on Saturday night. Pitcher Cory Lapinski had 12 strike-outs in 6-and-1/3 innings and Flynn finished out the night, saving the shut-out by striking out the final batter with the bases loaded.

In addition, Joe Kurcz and Nick George made important

Robert Crown Golf Event

The Robert Crown Center for Health Education will host its 14th Annual Golf Invitational on Mon., July 28, 1997 at the Hinsdale Golf Club.

Golfers for the event begin teeing off at 9 a.m. on one of Chicago's most admired and challenging golf courses.

The Invitational is limited to a field of 144 golfers. Reservations are \$450 each which includes the entire day of golf, luncheon, cocktail party, dinner and dancing to the Dan Hayes Orchestra.

"The dinner dance is a perfect ending for a great day," Brace commented. "It's not just a traditional awards dinner but a fabulous evening when golfers really have fun with their spouses and friends."

To register call the Robert Crown Center for Health Education at (630) 325-1935.

Proceeds from the event will be used to support the operation of the Robert Crown Center for Health Education in Hinsdale, which provides instruction to 200,000 children annually to Drug Abuse Prevention, Sex Education, Health, Nutrition, and Environment Education.

Notre Dame students Cardinal career

Two Notre Dame High School graduates made contributions to the North Central College baseball program during the 1997 season.

Senior Mike Jettner closed out his Cardinal career by hitting .328 in 1997 (38 for 116). In the two games of the CCIW Tournament against Illinois Wesleyan and Elmhurst, Jettner combined for five hits in nine at-bats, hitting three doubles, a home run, and driving in five runs. He hit two of his five home runs in the first game of a doubleheader at conference foe North Park College, driving in five runs, and helping the Cardinals defeat the Vikings 7-4. Another home run was a two-run blast that helped North

Central rally from a 5-0 deficit for an 8-5 victory against Wheaton College on April 14. The left fielder was third on the Cardinal squad with a .595 slugging percentage and drove in 28 runs on the season.

Freshman Zach Bukal earned significant playing time off the bench for North Central, both as a pinch-runner and pinch-hitter. On the basepaths, Bukal stole two bases in four attempts and scored eight runs for the Cardinals, including the game-winning run in a 10-9 comeback victory against Concordia University on April 27. At the plate he hit .240 (6 for 25) and drove in six runs.

The Cardinals finished second in the North Division of the CCIW in 1997 with a record of 13-7 in conference play, advancing to the conference tournament for the fifth straight season on the tenth time in the last 13 years. North Central finished with an overall record of 25-18—the eighth time in the last 13 years the Cardinals have won 25 or more games—and achieved a national ranking of 20th in the country midway through the season.

Hoops for Life 3-on-3 Basketball registration

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Other event activities include a 3-point shoot-out contest, and an appearance by Honorary Chairman Dave Corzine. The tournament also offers a free Hoops Kids Clinic on Saturday July 12th from 2 - 4 p.m. for all boys and girls 8-14 who have registered for the tournament. Local high school coaches, led by Coach Dan Williams of Rolling Meadows, IL beginning at 6:30 p.m.

Participants are invited to cook things up at the Devonshire Cultural Center, 4400 Greenwood Avenue in Skokie. Fruits, vegetables, pastas, poultry and seafood will be used in a variety of delicious salads including jicama and orange salad. Summer fruit salad with poppyseed dressing, garlic shrimp with farfalle and fresh vegetables, New Orleans style barley salad, and more.

An apron and an appearance are also required for this hands-on cooking class. Generous samplings of all recipes prepared will be available.

The fee is \$35 for residents, \$44 for non-residents. For more information, call the park district, (847) 674-1500.

Skokie Park's cooking class

Summer is here and this means barbecues and picnics. Forget about the old garden and chicken salads. The Skokie Park District's "Light & Easy Salads" class will teach you how to prepare new, refreshing summer salads as entrees and side dishes on Wednesday, July 16, 7-10 p.m.

Participants are invited to cook things up at the Devonshire Cultural Center, 4400 Greenwood Avenue in Skokie. Fruits, vegetables, pastas, poultry and seafood will be used in a variety of delicious salads including jicama and orange salad. Summer fruit salad with poppyseed dressing, garlic shrimp with farfalle and fresh vegetables, New Orleans style barley salad, and more.

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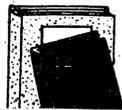
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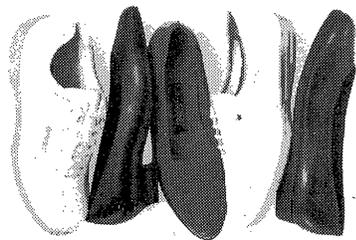
School Guide



Easy Spirit

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Columbia College teaches high school students

Sophomores, juniors and seniors enrolled in Columbia College's High School Summer Institute, July 14 - August 15, can explore career options and obtain college credit by choosing from over 50 diverse course offerings including American Sign Language, art, college life for deaf and hard of hearing students, early childhood education, fundamentals of drafting, marketing communication, music, science/math, radio news and sportscasting.

One class, "Staging and Producing Live Performances" gives students hands-on experience working with professionals in the field. Students will apply their knowledge in creating and producing the end-of-session student showcase. Enrollment is limited.

Courses are taught by working professionals on Columbia's faculty. Most classes meet at the college's downtown campus, 600 S. Michigan, and are augmented by "Explore the City" field trips.

Tuition is \$100 per credit hour except for the "college life for deaf and hard of hearing" course for which there is no charge. Students earn two college credit hours for most courses. Sponsorship packages are available to assist students in obtaining sponsorship funding through their local community, businesses and churches.

For more information about Columbia College's High School Summer Institute call 312-663-1600, etc. 5135.

Maine West principal resigns

John Flores has resigned as principal of Maine West High School to accept the position of superintendent of schools for East Chicago Indiana effective July 1. "We wish him well as he returns to lead the district where he developed the skills to become the superior principal we hired to lead Maine West for the 1996-97 year," said Superintendent Steve Snider, who added that the District 207 is actively engaged in a leadership search for the principalship at Maine West at this time.

Flores began his career in East Chicago as a Spanish teacher at Washington High School in 1973. In 1976, he became dean at Roosevelt High School becoming vice principal of Washington High School in 1980. In 1986, he moved to Central High School as vice principal becoming principal in 1980. He became principal at Maine West on July 1, 1996.

'Jesus Christ Superstar'



Judas Iscariot, played by Peter Robel (left), and Mary Magdalene, played by Marcelle Lynn Selvaggio (right), implore Jesus Christ (center), portrayed by Sean O'Conner, to think about his actions in a scene from Theatre 219's production of the famous rock opera 'Jesus Christ Superstar.' This remarkable musical tale will be presented July 18 through 20 and July 24 through 26 by Theatre 219 at Niles West Theatre, 5701 Oakton Street in Skokie. Tickets are \$12 and a special senior citizen discount is offered for the July 20 matinee. Tickets are available at the box office or by calling (847) 966-8280 during the afternoon.

Dominican University receives grant

Dominican University, 7900 West Division Street, recently received a grant from the State of Illinois Board of Higher Education to support the internship program. This year, Dominican received \$70,000 - the fifth highest award among colleges and universities in the state and \$12,000 more than last year's grant. For more information, contact Grace Whiting at (708) 524-6827.

Improve reading and test-taking skills

Oakton Community College will conduct two study skills workshops on Wednesday, July 23 from 5 - 8 p.m. in Room 2113, and again on Friday, July 25 from 1 - 4 p.m. in Room 106 of the Municipal Education Center, located near parking lot D at the Des Plaines campus, 1600 E. Golf Road.

In just three hours, you will learn time management techniques to improve note-taking, reading comprehension and test-taking skills.

The fee is \$15. For more information, contact Ina Goldman, Instructional Support Services, (847) 635-1795.



School Guide



University of Illinois graduates

The University of Illinois at Urbana-Champaign held graduation on May 18. Area residents are:

DESPLAINES

Jason Todd Baygood, Jeremy C. Bunag, Edward Howard Freese, James Peter Karlis, Grace Eun Hea-Kim, Marc Saketiarabibili, Kristian Claus Kudenholdt, Marina Lorena Kurtjian, Sangmin Lee, Joseph Peter Leone, Nimish D. Madhiwala, Kenneth Andrew Magrow, Snehal J. Mehta, Richard Charles Merson, Athanasios Papadopoulos, Robert Alex Peterson, Gary A. Ras, Christopher Charles Ray, Karen Lynn Slatkay, Stephanie Tricia Slonski, Dwight Jae Young Song, Krishna L. Thakkar, David Robert Weber, Kathleen Anne Witte, Nicole D. Cirillo, Frank Cobo, Aneta Golebiowski, Archana Kaira, Mark Richard Pasdo, Darshan Patel, Daniel Michael Waski, and Thomas David Pasdo.

LINCOLNWOOD

Patricia Norah Chavez, Robert Jess Footlik, Gerald Chin Huang, and Edmund Huang.

MORTONGROVE

Gary Eric Axelrod, Lisa Hye Cho, Sujal G. Desai, Rachel Alisha Feldheim, Duk-Yung Kim, Kim Theda Komutanon, Margaret Gahmun Leung, Arthur Menaker, Sandy Soochung Oh, Smita H. Patel, Smita H. Patel, David Jeffrey Rosenberg, Michael Alan Rosenbloom, Katherine Seo, Marina Shiller, Randi Beth Stein, and Kyung Hyun Yoo.

NILES

Celeste Laura Cece, Intaek Choi, Cheryl Marie Czerlanis, Thomas E. Dautel, Mark Tomasz Golebiowski, Vida Gossisirikul, Jerry B. Kim, Gloria H. Koo, Thomas John Makula, Dawn Michelle Markos, Hemal Indu Modi, Giuseppe Roberto Papavero, Angela Paras, Manish Vinod Patel, G. Alan Perkinson, Regina Shekhtman, Aleksandar Stojanovic and Adrian Young.

PARK RIDGE

John Thomas Casaccio, Mary Carol Hannah, James Woon Yoo, Christos G. Yiannias, Karin Ruth Jackson, James Alfred Pellegrini, Michael Kevin O'Connor, Anna Marie Nommensen, William M. Shea, Alys-

sa Marcy Vassos, William Christopher Zoeliner, Allison, Paige Begor, Rodney Scott Zech, Matthew John Hachigian, Jill Ann Buckley, Jean Marie Prochaska, Christopher Bradley Sernel, Jamin Chung Chi, Steven Mason Currey, Katherine Elizabeth Reynolds, Kevin Patrick Shea, Kelli Ann Reaney, Sharon Anne Tucker, James Paul Ryan, Laura Lynn Pawola, Matthew James Rauscher and Romano Franco Floreani.

SKOKIE

Darren S. Mozes, Bryna Joyce Roth, Philip Chong, Phillip Sung Chun, Benjamin Noah Feder, Younjin Ju, David B. Kim, Jong Won Kim, Alisha Lee Kirsche, Jaime Lauren Kron, Maxim Rafael Levchin, David E. Lieberman, David Paul Lindner, Lynn Jennifer Lores, Dori Fay Moses, Jeremy Scott Newman, Joseph Ezra Nissan, Brian Patrick O'Kane, Kristi Debra Page, Alpa Kanti Patel, Ami Jagdish Patel, Daniel Marc Pomerantz, Omar Sinisa Princevac, Giovanni Restrepo, Audrey Carol Stein, Edward Tong, Yevgeny Visotsky,

Christos Agouridis, Noel Morales deGuzman, Emily Morales deGuzman, Noel Morales deGuzman, Camelia Deian, Alexander Christopher Denja, Mark Devin Friedman, Sanghamitra Gupta, Daniel Ross Ho Chung, Jaemin Rose Ann Ho Chung, Jaemin Kim, Helmut Ronald Kopke, Tomislav Karlo Leko, Ramak Maheronnaghsh, Thinh Truong Nguyen, Soo Hyun Park, Miguel Ramirez, Katherine Ripley, Eun-Young Ryo, Guia Callangan Vilaluna, Ivica Vucic, Karen Tova Walny, and Karen Tova Walny.

Open House for graduate program

Spertus College is hosting an Open House to introduce prospective students to its Master of Science in Human Services Administration (MSHA) program on Wednesday, July 23 from 6 - 8 p.m. at Spertus College, 618 S. Michigan Ave., Chicago, IL.

The Open House will provide prospective students with an opportunity to learn more about the MSHA program and how it can help human service professionals advance their careers, and make significant contributions to people's lives. Faculty, administrators, and recent graduates will be on hand at the Open House to answer questions about the program. Light refreshments will be served. Reservations are required. Since 1982, Spertus College's MSHA program has graduated

over 600 human service professionals in field such as child welfare, mental health, education, and law enforcement. The MSHA program boasts many competitive features including expert faculty; completion of the degree in just over one year; classes meeting one night a week; program designed to be completed by students working full-time; affordable tuition; small student/teacher ratio; and convenient Loop location. Financial aid is available. Spertus is accredited by the North Central Association of Colleges and Schools.

Applications are currently being accepted for classes beginning in September, October, and November 1997. For more information, or to RSVP, call Sonia Klem at 312-322-1708.

Lewis University graduates

Several residents of the northern suburbs were among the 460 men and women to receive bachelor's and master's degrees during spring Commencement ceremonies at Lewis University in Rom-

eville. Among those earning bachelor's degrees were: Morton Grove - Erika L. Bernberg - with honors; Niles - Mark Pacyna.

Des Plaines students on Northridge honor roll

Headmaster Robert Pasquesi has announced that several Des Plaines residents have been named to the Northridge Preparatory School Honor Roll for the fourth quarter.

Eighth grader Steven Samikannu of 950 Carlow Drive made Dean's List with straight A's. Seventh grader Kane Chua of 814 Berkshire Lane made First Honors with an A average.

Eighth graders Karl Piorun of 9457 North Sumas and Martin Strumilowski of 8856 North Shore Drive, and sixth grader Timothy Wojnar of 1394 Algonquin Road made Second Honors with a B average.

Northridge, located in Niles, is an independent school of Roman Catholic philosophy for boys in grades six through twelve.

Northern Illinois spring graduates

Northern Illinois University awarded 2,058 degrees at its May 1997 commencement ceremonies, including 1,593 undergraduate degrees and 465 advanced degrees.

Local graduates included: Sabrina Martinico of Morton Grove, Kelly Ann Quinn of Morton Grove, John Peter Wendell of Morton Grove, Neala Simone

Krueger of Niles, Maureen France Maher of Niles, Edward Frank Mueller of Niles, and Gabriel Aviles Gabriel Roma of Niles.

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School Guide

RDHS alumna honored at graduation

Margaret Troka Ieronimo, Regina Dominican Class of 1977, received the Regina Medal, an award presented annually to a distinguished alumna for her contributions to society. A Glenview resident, Ieronimo's continued efforts on behalf of the victims of both Nager and Millers Syndromes and their families. Previously, little information was available regarding these rare genetic disorders. In response to this need, Ieronimo co-founded the Foundation for Nager Miller Syndromes which functions as a support group for people affected by these conditions.

Carol Fleming, OP, President of Regina Dominican likens Ieronimo's attributes to those of Mother Mary Gerald Barry who laid the cornerstone of RDHS. "Meg enflashes the values developed and promoted at home and at Regina Dominican -- community, participation, humor and connection to others."

An information source, the Foundation links families throughout the world. The Foundation gathers and distributes medical reports, research and library resources to families and physicians. In addition to fundraising, Ieronimo's concern has resulted in summer camp scholarships for children with Nager Millers Syndromes, continued genetic research, an international conference for patients and their families.

Kids' College offers summer reading classes



Eileen Sul of Niles participates in a Kids' College reading class offered through the Alliance for Lifelong Learning, Oakton's adult and continuing education program. Summer classes, which start July 7 and August 4, are held at Oakton's Des Plaines campus, 1600 E. Golf Road.

Enrollment is limited, so register now! For more information, call (847) 982-9888.

Kids' College, offered through Oakton Community College's Alliance for Lifelong Learning (ALL), is offering summer reading classes for all ages at the Des Plaines Campus, 1600 E. Golf Road. Classes are held Monday - Thursday, July 7 - 10. The registration deadline is June 20.

Science Workouts focuses on experiments with cereal, popcorn, ice and bubbles. Students learn about basic science of matter in various states. The class is offered in two sections from 1 - 2:30 p.m. and again from 2:40 - 4:10 p.m.

Terrariums & Aquariums is a science in action class which increases observation and prediction skills. Learn more about aquariums including who lives in them and how to set one up. The class meets from 1 - 2:30 p.m.

Liquid Chemistry focuses on working with crystals, lemonade, "dancing raisins" and molecular models while entering the magnificent world of chemistry. The class meets from 2:40 - 4:10 p.m.

Power of Science examines how a 50 pound kindergarten lifts a 300 pound basketball star. The power of simple machines will be revealed through experiments with levers, wedges, pulleys and wheels. The class meets from 1 - 2:30 p.m.

For more information or a brochure, contact Kids' College at (847) 982-9888.

Residents graduate from BNAT program

Twenty area residents graduated from Oakton Community College's Basic Nurse Assistant Training Program (BNAT) at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

A joint effort of Oakton and the Private Industry Council of Northern Cook County, this program prepares students for employment as Certified Nursing Assistants in hospitals, nursing homes and other health care agencies.

By City, the graduates honored include:
DesPlaines: Aleksandra Birg;

Attend Park meeting to voice Joz concern

Dear Editor:
Enclosed please find a copy of the original Campaign Flyer which our Mayor Nick Blase distributed back in 1961. I bring this to your attention because I believe Mayor Blase is currently going against all the beliefs which he condemned back then, and which in turn got him a seat as Mayor of Niles for all these years. I am sick and tired of people (both common residents and those in political positions) telling me "Joz is a Done Deal". If in fact our current mayor feels as he did then that his predecessor was wrong in Big-Business favoritism, and Lawrencewood fiasco-which could now be called Pontarelli fiasco, loading our areas with multiples, or that "The reputation of our Village has reached a new low, and as a taxpayer, have suffered dearly. You have mistakenly selected, or allowed others to select your local government officials, to spend taxes, pass your laws, administer your government, and they have failed you", then why does he continue to break these same rules today, which he publicly condemned back then?

I recently wrote the Mayor a letter, without response. I reminded him of this flyer and questioned his interest in Jozwiak Park. I offered alternatives for a new garage, such as: another TIF in the industrial area, or a compromise of expanding the garage to only take 1/2 of Joz, say just the far east diamond and leave Franks Ave. facility as is, and then build just this one diamond at Touhy & Harlem (because it mostly caters to the older ball players and adults who may be more capable of driving to a game at that busy intersection than the young players who play on the west diamond and whose families utilize the facilities). I stressed the dangers of a total relocation to Touhy & Harlem (and that it could not be the same facilities which Joz has now because we have all green park and the new site mentioned concrete parking), the lower property value a garage would bring to the Jozwiak Park homes and to the school, not to mention the danger of the Riverside and Harts Rd. residents who frequent Joz (when the playground is operational) should there be an expanded garage at Joz, then these pedestrians and bike trail riders would have to cross past this monstrous 5+ acre garage to get to the new park.

Next consider the taxing dollars invested in the YMCA to "beautify Niles". As people enter from the east on Touhy, they will next be greeted by a huge garage instead of the beauty and nature of a park! Why does the Village need such a big garage, are we going to house a 747 jet there or something? I questioned the Mayor and his ties with Pontarelli.

Knowing that Kolpek is the Pontarelli Attny. and is also behind the Parkway Bank (which is going in at the old Administration Building, and has been so generous to allow the Mayor to "Brighten" the bank property with the AT&T sign), and knowing that Kolpek is also an in-law to one of the Village Trustees, I question the number of "Big Business Favoritism Deals" Niles and Pontarelli are engaged in! Coincidence?

I questioned the Mayor and did not receive a response. Where did the income from this sale of Village Property go? I cannot believe that even though Pontarelli has not sold all of his condos on Sherman, where the village "condemned Ruesh's garage to build condos" that they would engage in future deals for additional condos in Niles!

I continued to remind the Mayor that if in fact this village is in desperate need of a new garage, then why are we investing our TIF money at Civic Center Plaza for a fitness center? Doesn't the Village's involvement in a fitness center put the village in the same category they complained the park was in when they went into the restaurant and banquet service? The park already has a workout room, the YMCA has facilities, there are numerous private health and fitness clubs which bring in taxing dollars and yet Niles, in desperate need of a new public works garage is building a fitness center, and wants to take away one of the last large open green areas in Niles to pour more concrete and to congest an already busy area with a garage!

In this day of health & fitness we need more space for our families to be able to go in order to be more fit and have opportunity to exercise and enjoy the nature of a park.

I question these actions and the reasons behind them and have gotten no answers. I am led to believe that in fact our current village administration has sold us out! We no longer are residents of a community "Where People Count". I even went as far as to remind the mayor that we live in Niles because we like what we have. We don't often publicly oppose the village decisions so when the residents voice concerns, there ought to be some consideration as to what we are saying. I reminded Mayor Blase, that people aren't going to remember the good things he did for Niles as much as they will remember how he went out of office.

Until then we must continue to let our officials know that we have concerns and that we demand answers. We must be able to come forward and to have our concerns addressed, and not be told "Joz is a done deal"! I encourage other readers to call or write both the Village Board and the Park Board and to voice their

Letters to the Editor

Attend Park meeting to voice Joz concern

concerns. These people are in office to represent the residents of Niles. They are to consider every option when making decisions. Our Park Board has new members who were backed by the Mayor. One of the members has not made it to a meeting in 2 months, yet he may very well be voting on the village proposal to the park to swap Joz!

Attend the Park Meeting on Tues. July 14, 8:00 p.m. at Howard Leisure Center. Let the Board know that we believe we should be able to vote on this issue in November through a referendum and settle this matter once and for all!

Mary Krueger
Niles, IL

Blase not keeping promise on park land gift

Dear Editor:
There is a continuing evil plot brewing at 6969 W. Oakton St., the true location of the Village of Niles Council Chambers. Tricky Nicky Blase and all his Maine Township Village confidants have rapped the tax base of Niles Township and Elementary School District 71 by their excessive use of TIF's (Tax Increment Financing) to pay for everything they need.

Czar Nicholas and his Maine Township political "family" have waged war on a minority Township of Niles in our Village of Niles for many years, but now since the Nick Blase Maine Township government party ticket were thoroughly defeated by Maine Township voters on April 1st, these political predators are on the prowl. Village President Nicholas B. Blase is renegeing on his promise on giving the land where the present maintenance facility exists for the Jozwiak Park expansion due east to the North Branch of the Chicago River.

Tricky Nick gave his word to the PEOPLE of Niles township that he would give the Park District the land where the Village Maintenance Facilities exists now. Don't be a reneger, Nick.

The propaganda of misinformation concerning the Mega-million dollar TIF's all over Niles township by Nick Blase is downright criminal in nature, especially when Nick expects Niles Township Taxpayers to pay for a new park for his bosses in the middle of their Pontarellville.

Village Government must be held accountable. Nick Blase doesn't want to be found. His Imperial Palace is at 6969 W. Oakton Street. He wants you to think 1000 is an address number in Niles, but we all know it's more of his misinformation.

Sincerely,
Leonard R. Reinebach, Niles

Mayor Blase responds to Joz park critics

Letter to the Editor:
The Village of Niles is in need of a facility to house its Public Services vehicles and other maintenance equipment. Additional land is also required to satisfy the needs of our Public Works Department to enable it to do an effective and efficient job.

As you know, the Public Services Department is responsible for the repair and cleaning of our streets, plowing of the streets in winter, all water related problems, clean-up, tree removal, waste disposal, etc. Its services are extremely important to any community. Over the course of the last 30 years, it has become obvious that Niles does not have an adequate Public Services facility. Niles has been given an opportunity to expand its Public Services facility. The Village recently acquired 7 acres of land donated by a developer at the corner of Harlem and Touhy Avenues. It was decided if we could move Jozwiak Park, which is located next to our Public Services facility on Touhy Avenue just east of Milwaukee, we would be able to use the present Jozwiak Park site for the badly needed Public Services facility. This could be done at a savings of \$3,000,000 due to the fact that we would be able to utilize the old facility with the new, thus saving this very large sum of money.

The total land represented by Jozwiak Park is 5.7 acres. The Village has agreed to give the park 7 acres, approximately one-quarter mile from their present site, at the corner of Harlem and Touhy Avenues. This new site would have: (1) the same number of baseball diamonds presently used at Jozwiak, (2) new sanitary facilities, which facilities currently at Jozwiak are totally inadequate, (3) additional parking, at present, is insufficient, (4) a new building for refreshments and meeting room which is not available at Jozwiak, (5) a new and bigger miniature golf course and modern bathing cages.

This sounds like a terrific deal for the Village and Park (except for those residents living in close proximity to Jozwiak Park). I can understand the strong feelings of people living near Jozwiak - some 50 families. However, I must repeat, as I previously stated to them, we cannot allow the future of some 30,000 residents of the Village of Niles to be adversely affected by additional property taxes in order to protect the interests of a small group of families who have a proximity to the existing Jozwiak Park.

Also, to be remembered in all of this is that as we plan for the future and compete with other communities in trying to get young families to move into the Village of Niles, we must constantly improve recreational facilities to make Niles a community which is attractive to young families. This, again, is a step in that direction so that the entire community benefits.

In conclusion:
1. The Village will be able to build the needed Public Services facility at a savings of \$3,000,000 which would otherwise be paid for by the taxpayers of this community.
2. The Park will receive a new park site greatly improved over the present Jozwiak Park.

3. This exchange of property would provide new stimulus to the community for future Nilesites as we further develop our recreational facilities which, in addition to the new park, will include the Health and Wellness Center presently under construction at Oakton and Waukegan, consisting of an inside running track, swimming pool, and aerobics and other physical fitness programs.

Nicholas B. Blase
Mayor

A special invitation to area artists

A special invitation is extended to area artists and fine craftspeople to jury for participation in the 6TH ANNUAL AN ARTS & CRAFTS ADVENTURE I to be presented by American Society of Artists, a national membership organization, on the grounds of the Park Ridge Public Library, 20 S. Prospect, Park Ridge. The show, which is hosted by the Uptown Business Association will be held Saturday, September 20.

Potential exhibitors in this fine juried show are invited to submit four slides or photographs of work representative of that which they wish to exhibit, one slide or photograph of their display set-up, a self-addressed, stamped business-size (No. 10) envelope-resume/show listing also helpful. Art In Action will be included in the show with some of the exhibitors working and demonstrating at various times during the event. Programs will be available free of charge listing the exhibitors, their media and showing their location in the show. Additional information may be obtained from American Society of Artists at Post Office Box 1326, Palatine, IL 60078 - Telephone (312) 751-2500 or by calling (847) 991-4748.

Women's News

Tai Chi classes for women

Several Tai Chi classes will be offered by the Women's Health Connection of Resurrection Health Care. The classes will meet at Resurrection Medical Center, 7435 W. Talcott Avenue.

Tai Chi is an ancient martial art that exercises the major muscles of the body in a slow, balanced and fluid motion.

"Tai Chi--Level 1" for beginners will take place on Saturdays, July 12-26, from 1-2 p.m. The fee is \$8 per session for Women's Health Connection members and \$10 for non-members. A \$5 discount applies for paying in advance for the entire series.

"Introducing Tai Chi," a one time session for people who have no experience with Tai Chi, will take place on July 24 from 6:30-8 p.m. A certified Tai Chi instructor will introduce the basics of the martial art and discuss its bene-

fits. The fee for the session is \$8 for Women's Health Connection members and \$10 for non-members. Registration is required. For more information and to register, call (773) RES-INFO (737-4636). For a free membership in the Women's Health Connection, call (773) 545-8300.

Morton Grove Hadassah

The Morton Grove group of Hadassah will be represented at the 1997 National Hadassah Convention being held at the Chicago Hyatt House by their president, Sue Boiko and many members.

On July 14, 18 of our members will be part of a group of more than 100 members to be at Matzah.

Congratulations to all.

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New cosmetic and surgery choices

Hailed as the latest alternative to traditional dental surgery, radiosurgery is replacing scalpels, being used for numerous cosmetic and surgical procedures and gaining widespread acceptance by patients and practitioners, according to dentists at the 45th annual meeting of the Academy of General Dentistry.

Radiosurgery, a safe, time-saving and stress-free dental technique, uses radio waves instead of a scalpel to render a pressureless, bloodless, micro-smooth incision and minimize surgical time and post-operative treatment for the patient. Dentists can program the wand-like instrument to produce four different radio waveforms to be used for various procedures ranging from bleaching teeth to gum surgery to biopsies.

Cosmetic radiology procedures produce a variety of immediate aesthetic results. "For instance, gummy smiles that result from excess gum tissue that covers the top of the front teeth can be corrected," said Jeffrey A. Sherman, DDS, and faculty member of the post-graduate dental program at Albert Einstein College of Medicine. "Radiosurgery is unique in that directly after excess tissue is removed through a pressureless incision, a patient can look in the mirror and see their new 'toothier' smile.

In contrast, if a scalpel is used to remove the tissue, the patient would have to wait a few days for the wounds to heal before seeing the results."

Whiter, brighter smiles are also attainable through radiosurgery techniques. Peroxide solution is placed directly on the teeth and heated with radio waves from a spoon-shaped electrode, which penetrates and dissolves topical stains and produces longer-lasting, whiter teeth. "Heating the bleaching gels with a radio wave has shown to produce a quicker, rapid uptake in teeth bleaching as opposed to using a topical application that has not been heated with radio waves."

Radiosurgery is used for contouring the gum tissue to establish more aesthetic porcelain veneers. The porcelain veneers, ultra-thin shells of ceramic mate-

rial used to improve tooth appearance, are then bonded directly to the front teeth.

During crown impression procedures, dentists use radio waves to cut away the gum that surrounds the base of the tooth and take an impression so the crown will rest properly when permanently fitted. "Radiosurgery is important during crown impressions because it removes and prevents any blood or tissue from covering the tooth. A more predictable impression is taken and the patient can be assured the permanent crown will fit properly," said Dr. Sherman.

Dr. Sherman is also used to remove swollen gums or reshape the palate, the roof of a denture wearer's mouth. "As a result of wearing dentures for many years, patients' gums become inflamed on the roof of their mouth becomes misshaped, which causes their dentures to slide or fit uncomfortably," said Dr. Sherman. "The patient can have properly fitting dentures again."

"Cosmetically, radiosurgery results are superb. Because there is no bleeding, there is no mess and the patient can see immediate

results," said Dr. Sherman.

Surgical Procedures
Radiosurgery is also used for various surgical procedures such as gum surgeries; surgical root canals; frenectomies or removal of a muscle that grows between the two front teeth; and biopsies of questionable lesions.

"For the patient, the advantages of radiosurgery far outweigh the traditional use of a scalpel during surgery because of the little, if any, bleeding during procedures, minimized operative time and better post-operative results," said Dr. Sherman.

Dr. Sherman is one of more than 50 clinicians presenting the latest developments in oral health and technology at the Academy of General Dentistry's 45th annual meeting, July 31-Aug. 3, 1997 in Chicago.

The Academy of General Dentistry is an international dental organization of 35,000 general dentists form the United States, its territories and Canada. As members, these dentists are dedicated to continuing education to ensure the best possible care for the patient.

Loyola seeks patients for new menopause program

Women who have been undergoing menopause for at least one year are invited to participate in two new programs at Loyola University Medical Center, 2160 South First Ave., Maywood.

Beginning in July, the programs will investigate the latest medical advances including, female hormone replacement therapy, for the treatment of women with severe hot flashes and osteoporosis.

Women who participate in the new programs will receive free medical examinations, mammograms, laboratory work, diagnostic procedures and some compensation.

"The goal of the new programs is to advance research on menopause and educate menopausal women on the current treatment options available," said Diane Quantock, R.N., study nurse coordinator at Loyola.

"These new programs are an excellent opportunity for women to become pro-actively involved in their health and become knowledgeable of the latest medical advances for treating menopause," said Dr. Michael Zinman, director of reproductive endocrinology and infertility at Loyola.

In addition to having undergone menopause for the past year, patients must be between the ages of 40 and 65 and have not had a hysterectomy.

To qualify for the program, interested women should contact Quantock at Loyola at (708) 216-5236.

Rush- Presbyterian Fashion Show

On September 17th the Rush- Presbyterian Woman's Board will be sponsoring its 71st Annual Fashion Show "Nightlights". The Fashion Show will be at Medinah Temple located at 600 North Wabash Street in Chicago. The show begins promptly at 6:30 p.m. The proceeds of this show will be donated to cancer research to the Rush Cancer Institute. Tickets range from \$15-\$75. For ticket information please call (312)226-1125.

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Women's News

Technical Opportunities Guide available

Women looking for an alternative to traditional "women's work" will find fresh options in *A Woman's Guide to Technical Careers*, published by the Women Employed Institute.

The 70-page guide describes a variety of technical jobs such as mechanic, metalworker, operating engineer, printing press operator, woodworker and truck driver. All the careers highlighted are projected to have large numbers of job openings in the Chicago area into the next decade, offer starting wages of at least \$7 an hour, provide opportunities for advancement with on-the-job training and experience, and require no more than a two-year degree to qualify for entry-level positions.

To help women examine the featured careers, the easy-to-follow guide includes an interest assessment, salary information, educational requirements and a list of training opportunities available in the Chicago area.

Profiles of women already working in technical fields add a real-life perspective.

"Technical careers offer a tremendous opportunity for women's economic advancement," said Debra Hass, a Women Employed policy associate.

Instead of making lower wages in traditional female jobs, women can earn \$10 to \$15 an hour in technical positions. Our guide is designed to help women broaden their thinking about the career options open to them."

For a copy of *A Woman's Guide to Technical Careers*, send a check or money order for \$10 to Women Employed, 22 W. Monroe, Chicago, Ill. 60603, or call 312/782-3902.

Women Employed, a Chicago-based not-for-profit organization with more than 1,500 members, was founded in 1973 to promote women's economic equity through advocacy, career development services and public education.

Tips on skin safety
Your skin protects you from heat, cold, germs and other dangers. It's only right to put some effort into keeping it safe from such things as too much sun, razor nicks and excessive dryness. Here are a few hints on how:

1. It's a bright idea to beware the heat of the sun. Whenever you go out, no matter what the weather, use a sunscreen with an SPF of at least 15 and reapply it every two to three hours.

2. It's also a good idea to get a foundation containing SPF.

3. Use a facial mister to hydrate your skin and keep your makeup in place. Just because you're running around all day doesn't mean your makeup has to.

4. Heat--weather found outside in the summer or inside in the winter--can dry and crack skin. Keep it soft and supple by moisturizing with skin care products

containing such skin replenishers as aloe vera and vitamin E. These can help soothe a sun burn and help skin keep its elasticity.

5. Replace lost fluid by drinking plenty of water.

6. Dry cuticles can be painful as well as unsightly. Rub cuticle oil with vitamin E into the skin around your finger and toe nails every day.

7. Stay away from the razor's edge. Bear in mind that shaving removes the top layer of your skin (it will also take away a tan) and can leave pores open to irritation such as from chlorine and salt water. Many women turn to alternative forms of hair removal such as Emjoi Gently Golf from Soft Lines Limited. It gently removes hair at the root and leaves the skin intact. It can be used to remove hair even from the most sensitive areas, like lips and bikini line and leaves skin soft and smooth for up to six weeks.

8. Use your head when it comes to your scalp. If you'll be out in the sun for a long time, use a leave-in conditioner on your hair. You can learn more about Gently Golf by calling Soft Line Information Center at 1-888-4-GENTLY.

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Simple tips for healthier hair

No matter how you wear your hair, it won't look its best unless it's in top condition, says Michael Christopher Hemphill, the 1997 North American Hairstylist of the Year.

Hemphill, judged by top magazine editors and beauty professionals to be the best hairstylist in North America, offers these tips to clients at his Michael Christopher Designs and Day Spa in Wilmington, Delaware.

1. CUT IT SHORT -- Avoid blow-dry damage by wearing your hair short enough to towel dry.

2. DON'T RINSE OUT CONDITIONER -- You can leave deep conditioner as well as "leave in" conditioners in your hair for extra help. Use the conditioner as you would a gel or other styling product.

3. DON'T FRY IT WHEN YOU DRY IT -- Hair doesn't need to be blown bone dry. If you style your hair with clips and a styling product, you can let it dry naturally. If you dry it with a

blowdryer, work your fingers through to help hair dry faster before styling it with a vent brush.

4. DON'T WASH YOUR HAIR EVERY DAY -- Some hair is more manageable the second time. Updoes are always easier to achieve on less than perfectly clean hair.

5. DON'T OVERCONDITION -- A reconstructor or deep conditioning treatment is not designed to be used every time you wash. A light conditioner or detangler should be alternated with a heavier-duty treatment.

6. COMB THE ENDS -- Hair doesn't need much conditioning near the scalp. For long hair, pull it back in a fabric-covered elastic band, apply a conditioner from the band to the ends, then style in a braid, twist, or ponytail.

7. TRIM HAIR REGULARLY -- Long hair isn't beautiful

when the ends are split. And those ends will continue splitting all the way up if they're not cut off. Schedule appointments for haircuts every four to six weeks for best results.

8. PROTECT HAIR FROM THE SUN -- Wear a hat or a leave-in conditioner with an SPF when you're out in the sun. Not only does sunlight dry out the hair, it will also change haircolor, making reds brassy and blonds yellow.

9. RINSE AFTER SWIMMING AND WORKOUTS -- Even if you can't wash your hair right away, you should rinse it as soon as you're done swimming or working out. Saltwater, chlorine, and perspiration are all damaging to the hair and should be removed as soon as possible.

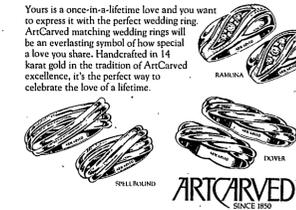
10. QUIT SMOKING -- Cigarette smoke leaves a film of nicotine on the hair that is dulling.

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Business News

Are you up-to-date on EMail etiquette?

Did you know that using all capital letters in an email message may be seen as "shouting" by the recipient? This is definitely an email faux pas, unless you mean to be raising your electronic voice.

Whether you're making a debut in Cyber Society, or are already an email "snob," you should make sure you're up-to-date on the fine points of email etiquette. Here are some other important do's and don'ts according to the *Guide to Email Etiquette* from Claris, makers of the popular Em@iler software for email management.

DO be concise when sending email. Attention may drift if messages are too long.

DO become fluent in email language, or what is called "E-speak" by Claris.

DO spell-check your email to avoid embarrassing mistakes. Claris Em@iler has an integrated Claris Dictionary for complete spell checking.

DON'T "spam," or in other words, send junk email (such as an advertisement) using a newsgroup or to anyone you don't know.

DO clean your email and check it regularly. Be sure to

back up email messages to disks for future reference and easy and safe storage.

As moods, personalities and emotions are difficult to convey when using email, symbols referred to as "emoticons" have been developed to help communicate feelings and show some personality when appropriate. For instance, a colon, dash and the end of a parentheses can stand in for a smiling face :-). Asterisks on both sides of a word are used to "emphasize" the word.

Important aspects of E-speak called email acronyms, such as IRL for "in real life," ROTFL for "rolling on the floor laughing" or F2F for "face to face," are a fun, fast way to get a point across.

Improper care of an email system can cause a slowdown of email transmission and other computer sluggishness. The better email is managed, the higher the performance quality. If email is properly maintained, cleaned and organized, there will be better all around functioning of the computer system, and you can avoid dangers such as lost or misfiled emails.

An easy and powerful way for business, home and education users to manage electronic mail, organize contacts and stay connected to people around the globe is with Claris Em@iler software. This easy-to-use software features a powerful, accessible email address book, filing cabinets to organize mail and file download options.

To view the *Guide to Email Etiquette* from Claris visit the Claris Web site at www.claris.com. To purchase Claris Em@iler for Mac OS, visit the Claris Web site or call 1-800-544-8554.

U.S. laws weak on privacy protection

American law has failed to keep up with the erosion of workplace privacy coming in the wake of the computer revolution, a University of Illinois professor of law says.

In a world where companies can monitor a worker's every keystroke, U.S. law affords surprisingly little protection to the individual, writes Matthew W. Finkin, author of "Privacy in Employment Law" (Bureau of National Affairs).

Most Americans are unaware of the extent to which companies are free to snoop into their lives in the name of workplace efficiency. "In work performed on a computer, as the worker watches the display terminal, the terminal can, in effect, watch the employee," Finkin notes in an essay, "Employee Privacy, American Values and the Law," in the Chicago Kent Law Review.

Most courts have recognized a right to privacy limited to a "reasonable expectation." That approach, Finkin notes, means that the erosion of privacy caused by technological change keeps narrowing the legal right because the expectations keep shrinking.

As a result, management is free to monitor employee behavior - both on and off the job - as long as it is not "outrageous." Among activities not deemed outrageous are reading an employee's private e-mail, peeping into employee restrooms with video cameras and interrogating an employee in a locked room about the details of her sex life.

"The need for a law protective of privacy is summoned not only for the occasional outrageous intrusion by a manager off on a frolic, but far more when an employer acts in a systematic invasive fashion in what it takes to be a legitimate business interest," Finkin writes.

Ironically, the constitutional right to privacy protects individuals from government, not from the actions of private industry. "Liberty in the workplace is conceived in terms of the employer's freedom from state control, in which the employee's freedom from employer control is, at best, derivative," writes Finkin, the Albert J. Harno Professor of Law.

Some courts have followed this logic to the extent to consent to a worker who refuses to consent to company monitoring and is discharged "cannot claim an invasion of privacy, there having been no intrusion," while a worker who submits to such monitoring also cannot claim intrusion "by virtue of (his) consent."

In contrast to U.S. law, European law strikes a greater balance between privacy and the needs of employers. Germany's "right of personality," for example, includes the right of workers to restrict corporate monitoring of their work and off-duty affairs to information shown to be directly relevant to the job. "German law," Finkin concludes, "shows it is possible for the legal system of an advanced Western industrial country to acknowledge and accommodate authentic privacy interests that our law ignores because we have defined those interests away."

Free legal information to the public

Attorney will provide free legal information during The Chicago Bar Association's Call-A-Lawyer program, Saturday, July 19, from 9 a.m. to noon. Chicago-area residents who call the Lawyer Referral Service at (312) 554-2001 will speak to volunteer attorneys with experience in various areas of law.

Call-A-Lawyer is designed to assist the public with general legal advice. Attorneys will be available by phone to discuss a variety of topics including contracts and divorce. Callers will be advised of steps they can take to resolve their legal problem. If callers need legal services, they will be advised to see their attorney or receive information on the Lawyer Referral Service.

The program is staffed by attorneys from The Chicago Bar Association Lawyer Referral Service, a public resource for obtaining referrals to Chicago and suburban lawyers. Lawyers Referral Service attorneys work in private practice but volunteer their services for Call-A-Lawyer.

Call-A-Lawyer is usually offered the third Saturday morning of each month. Every year, the program serves over 1,500 city and suburban residents.

Business News

Harczak and Santo, good friends



Richard Harczak (right) from RE/MAX AllStars was the recent guest of Ron Santo, former Cub 3rd Baseman and All Star. Ron was the Guest Speaker at the Home Builder Association of Chicago. Ron and Richard's friendship goes back to 1969.

Illinois Insurance Hotline

Q. My employer told me that I could not keep my group health policy when I leave my position later this month. Isn't there a new law requiring companies to allow employees to take their insurance with them when they leave?

A. This is the Health Insurance Portability and Accountability Act (HIPAA).

Initially you may qualify for COBRA. This affects companies of 20 or more providing health insurance. With some exceptions, COBRA lasts 18 months. Then you need an individual health plan.

HIPAA is important when you enroll in a new employer's group health plan. It specifically helps those with preexisting medical conditions.

The law lets you take your "insurability" with you. This does not mean you keep the same health insurance carrier. If you have no insurance for 62 days, you lose your insurability and start over.

Employers give a certificate of insurability to workers who leave. The certificate whose prior group insurance, lists effective and expiration dates, and identifies any waiting period served for preexisting conditions. A separate certificate confirms time on COBRA.

Give the certificates to your new employer. Acceptance is guaranteed. They will credit waiting-time already served for preexisting conditions with your previous employer.

HIPAA doesn't mean health benefits will be offered immediately. Companies can require a probationary work period before offering the group health plan.

Professional Development Seminars

The Institute for Business and Professional Development at Oakton Community College is offering seminars in business development during the summer at the Des Plaines campus, 1600 E. Golf Road.

Managing Change Within Your Organization is designed to teach participants how to lead their organization through a period of change. Practical exercises allow you to experience the dynamics of change, recognize individual differences and learn ways to help others overcome resistance. The seminar meets on Tuesday, July 22 from 8:30 a.m. - 5 p.m. The fee is \$225.

PowerPoint 4.0 for Windows - Advanced explores the various PowerPoint functions, including advanced text formatting features.

Parker's Hydraulic Valve Division to close Niles plant

The Hydraulic Valve Division of Parker Hannifin Corporation announced that it will close its Niles facility on Howard Street, effective March 1, 1998. The plant employs approximately 65 people who manufacture various types of threaded hydraulic cartridge valves for the general mobile and industrial markets.

The products manufactured at the Niles plant will be moved to a new location in Monterey, Mexico. The Division, headquartered in Elyria, Ohio, is a major supplier of hydraulic components and electronic subsystems.

tures, drawing techniques, charting, creating tables and organization charts. The seminar meets on Tuesday, July 22 from 8:30 a.m. - 5 p.m. The fee is \$240.

Excel 5.0 for Windows - Intermediate explores worksheet and chart capabilities in Excel, including special toolbars; statistical, financial, date and time functions; and multiple workbooks, windows, titles and views. Learn formatting features and create graphic objects to enhance documents. Course instruction covers Chart Tools and Chart Wizard, two functions which enable you to create charts within a document or as separate documents.

Prerequisite: Knowledge of skills outlined within Excel 5.0 for Windows, the introductory course. The seminar meets on Thursday, July 24 from 8:30 a.m. - 5 p.m. The fee is \$240.

For more information, contact seminar registration at (847) 635-1932.

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Police News

Burglary

An 85-year-old accountant living in a condominium in the 8900 block of Golf Road reported that she discovered \$25,000 worth of jewelry contained in two pouches missing from her unit after she had recently moved from another unit in the same condominium.

The victim suspects that her unit was entered sometime between 8 p.m. June 10 and 4 a.m. June 13. Since there was no forced entry, the victim suspects that a cleaning person or other condominium personnel may be responsible for the theft. The victim requested a follow-up investigation.

Theft of service

The 40-year-old owner of an auto repair business in the 7400 block of Milwaukee Avenue reported that the son of a Niles man

brought a 1989 Cadillac DeVille in for service. The owner gave a phone authorization for repair work totaling \$976.40.

The service was performed and the vehicle delivered to the owner. The victim's company has not been paid for the work. When the complainant went to the offender's home to collect the money, she was chased off the property by the owner's son. A follow-up investigation was requested.

Attempted auto theft

A 32-year-old housewife living in the 8500 block of Bruce Drive reported that her 1989 white Mercedes-Benz 190 E had been entered by unknown offender(s) who gained entry by breaking a right rear vent window sometime between 11 p.m. July 2 and 11 a.m. July 3.

The offender(s) destroyed the

dashboard and ignition switch in an attempt to start the vehicle, police said. The offender(s) removed the radio from the dashboard.

Criminal damage to auto

A 47-year-old Park Ridge woman who is a school principal reported that her 1986 tan Mercedes-Benz sustained a cracked windshield and a scratch on the window frame while it was parked in the rear lot of a restaurant in the 8500 block of Dempster Street around 9:20 a.m. July 3.

The victim observed a large truck removing scrap metal from a dumpster near the lot and presumes the "junkers" are responsible for the damage to her vehicle.

A 46-year-old Des Plaines clerk reported that unknown of-

fender(s) used an unknown hard object to scratch the hood and front fender of her 1991 blue Pontiac Bonneville while it was parked in a restaurant parking lot in the 9100 block of Golf Road between 11:15 p.m. and 11:45 p.m. July 3. The valve stem of the left front tire was broken off causing the tire to go flat.

Burglary to auto

A 41-year-old food production

worker reported that after shopping at the food store at 229 Golf Mill around 1 p.m. July 1, she returned to her beige 1991 Chevrolet Cavalier in the parking lot and noticed that the driver's side rear window had been shattered and a black bag containing \$4,000 was missing.

The cost to repair the window was estimated at \$250.

Police lifted latent prints from the driver's door window.

Ailing drivers who crash to be reported

As of July 1, motorists whose loss of consciousness or medical condition has caused a crash will be required to prove they are fit to drive before their licenses can be reissued.

Secretary of State George H. Ryan said today. Tuesday will require police to notify the secretary of state's office any time a motorist crashes either due to loss of consciousness or another medical condition. Under the old law, police officers could use their discretion in deciding whether to report an affliction interfering with a motorist's ability to drive.

Motorists reported for blackouts or seizures automatically have their driving privileges canceled. The license can be reissued only if a physician verifies the motorist is safe to drive and a state-appointed panel of physicians approves. Drivers reported for other medical conditions are notified they must produce a phy-

sician's statement indicating they are fit to drive.

"This law will let us keep a much closer watch on motorists who are known to have a health problem that might interfere with their driving," Ryan said. "Even though many medical conditions can be controlled, it's important to know when a driver is afflicted so that they can receive extra oversight."

Ryan sought the change in state law last year after a Palatine man lost consciousness in late 1995 and crashed his car into a post office, injuring 17 people. Although the driver had blacked out while driving on four previous occasions, none of the incidents were reported to Ryan's office.

A provision of the law that took effect last year gave motorists 10 days to notify Ryan's office after becoming aware of a medical condition that might impair their ability to drive. Before that requirement took effect, Ryan's office was able to screen for medical conditions only when drivers applied for a new or renewed drivers license.

Run for Poland

The Police Society Lodge 911 P.N.A. with funds from previous years "Run For Poland" have purchased and shipped thru the P.A.C. to a childrens hospital in Ciechanow Poland a container containing medical supplies worth in excess of \$200,000. This shipment was made thru the generous help of Mullarkey Dist. Co. (Miller Beer), Gorski Bakery, medical Society P.N.A. Alliance of Polish Clubs, House of the White Eagle, STanleys Sausage & Delicatessen, Syrena Dept. Store, Kasias Pierogi, R.C. Coil & Spring, Modern Home Products, T.Kopf Inc. Printing, Niles Flash Cab Co., and many other sponsors, volunteers and runners.

Last years event attracted runners from various Law Enforcement agencies in the Mid-West, as well as Hispanic, Polish, C.A.R.A. members and other running clubs. This event is T.A.C. sanctioned and approved. For further information or to volunteer your service contact Rev. Chicago Police Lieut. Ronald L. Siczekowski, (1-773-725-7711) or any member of the Police Society 911.

I take pride in my job and the people I serve with.

Officer Tornabene has been a member of the Niles Police Department since 1993. He has been trained as an Evidence Technician, Truck Enforcement Officer, Breathalyzer Operator and PRIDE Team member.

in school, speaking at events, such as "Snowflakes." If I can influence just a handful of youths into being a positive role model to other youths then I have done my job.

As my career moves on I hope to meet and encounter those youths that I may have taught, and see them in their jobs and with their families. My job as a police officer is to "Serve and Protect," and I can not find a better way to "Serve" this community, than by "Protecting" its youth.

On a personal note, I recently returned from a rather heart wrenching event in southern Illinois. It reminded me of the bond police officers have for each other when I attended the Illinois Police Memorial. This years event was held on May 1, 1997. Two other officers and myself represented the Niles Police Department in Springfield, Illinois to honor those officers who lost their lives in the line of duty.

At this ceremony, which was held at the Capital Building, Governor Edgar, Attorney General James Ryan, Director of the Illinois State Police Terence Gainer and a representative of Concerns of Police Survivors (C.O.P.S.) were in attendance. They all gave moving speeches regarding crime and the loss of loved ones. As the speeches were given there were over 1,000 police officers, spouses, friends and family on hand to pay honor to those who were killed in 1996.

It was hard to keep from a tear forming as a police officer played the bag pipes to "Amazing Grace" and as a 21 gun salute was shot. I have never met those officers who were killed, but I feel for their families and the loss they have suffered.

I left that day remembering that they live on inside each officer who was there that day. I felt as if I had lost a family member that day. I shall remember those five for the rest of my life. To

those people who see a police officer who is uncaring and not concerned, I say to you there are thousands more who do care.

The "Thin Blue Line" grew five thinner in 1996 and will continue to grow as years pass. But I am proud to be a police officer and the public should be proud that there are brave men, and women who are willing to do this job. For we as police officers wear many hats: Clerk, Coach, Marriage Counselor, Father, Brother, Mother, Sister, Teacher, Mediator, Paramedic, Fireman, Dog Catcher, Referee, Psychiatrist, and Politician all rolled into one.

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BY ROBERT TORNABENE

Niles Police Officer takes pride in his job

I have wanted to be a police officer since I was about 13 years old. I have been serving as a police officer for the Village of Niles Police Department for four years. I came on this job with the belief I could make a difference, as most police officers have felt, or believed. In reality, I can do very little in the way of stamping out drug abuse, crime, etc. However, if I can influence one person from doing something wrong, and perhaps make a negative into a positive, then it's all worth it.

Teaching PRIDE makes me feel like I am making a difference. PRIDE stands for Positive Response In Drug Education. It is a school anti-drug program taught by Niles Police Officers. PRIDE is taught to Kindergarten through high school. It teaches a strong anti-drug message, with emphasis on good life skills, through the child's development in school. I get a great sense of accomplishment out of teaching



PRIDE and PUPILS

Police News

Businesses cited for selling cigarettes to minors

More than 40 percent of businesses that sell tobacco in unincorporated Cook County were cited for selling cigarettes to minors during a 4-month investigation by Sheriff's Police, Sheriff Michael F. Sheahan announced Thursday.

In all, 52 businesses across Cook County, including liquor stores, convenience stores, gas stations and mini marts, were checked on two different occasions. In each instance, an under-aged Sheriff's Police Explorer Scout, posing as a regular customer, attempted to purchase a package of cigarettes while undercover Sheriff's Police officers observed the transaction. During the investigation, 21 businesses sold tobacco to the under-aged Explorer Scout without asking for proper identification on at least one occasion. Three businesses sold tobacco to minors during the first check, but complied with Illinois law the second time.

2001 Gas Station, 8001 Golf Rd., Maine Township
Ballard Liquors, 9340 Ballard Rd., Maine Township
Golf Food Store, 8602 Golf Rd., Niles
M & M Billiards, 9372 Ballard Rd., Maine Township
S & D Foods, 9570 Potter Rd., Maine Township
Shell Gas Station, 3255 Central Ave., Maine Township (Sold on two occasions)
White Hen, 8995 Potter Rd., Maine Township

Every one charged during this operation was issued a ticket for one count of illegal sale of tobacco to persons under age 18. All posted a signature bond and later appeared in court. All but two people plead guilty and received fines ranging from \$50 to \$100. In the final two cases, one is

"Swap Crews" cleaning up Lincolnwood

Labor crews from the Sheriff's Work Alternative Program (SWAP) will be working in Lincolnwood on July 10 and 14, as a public service to the taxpayers of Cook County, according to the Office of Sheriff Michael F. Sheahan.

The SWAP Program is made up of non-violent offenders charged with DUI and other misdemeanor crimes who "swap" jail time for a community service sentence. Under the supervision of specially trained sheriff's deputies, the crews work throughout the county on a variety of public works projects such as cleaning parks, viaducts and streets.

For further information about SWAP call (708) 865-4960.

Edgar signs Dudycz Bill to cut traffic deaths

Governor Jim Edgar signed into law a bill co-sponsored by Assistant Senate Majority Leader Walter Dudycz (R-Chicago) that will save countless lives due to alcohol-related traffic accidents. Senate Bill 8 took effect with the governor's signature and now makes it illegal for any motorist to drive with a blood alcohol concentration (BAC) of .08 percent or more.

"I have been working diligently to pass this legislation for many years," Dudycz explained. "Secretary of State George Ryan has also been in the forefront of this effort." Sec. Ryan, the Illinois State Police, Mothers Against Drunk Driving, the Alliance Against Intoxicated Motorists and many traffic safety organizations have lobbied for its enactment. Today it is the law. And this law takes effect just be-

Safety precautions for summer driving

Summer is upon us and many Illinois motorists are driving to their favorite vacation spots. With expressways becoming increasingly crowded, take extra safety precautions when traveling these busy roads.

Q. What are the most important safety precautions?
A. Do not follow too closely. Allow plenty of distance between you and the car ahead.

Q. Do not stop on the expressway. Pull off the road if you have a problem. Lift your car's hood and turn on your hazard flashers. Do not walk along the expressway.

Q. The right lane is for slower traffic. The left lane is used for faster traffic and passing.

Q. Drive to the next exit if you miss yours. Backing up on the expressway is illegal.

Q. How do I merge onto an expressway safely?

A. When entering an expressway, you will usually find a speed-change lane. This lane allows you to gain the speed necessary before merging. You should signal and look for an opening in

the traffic, match traffic speed and merge with traffic when safe.

Q. What about exiting the expressway?

A. Exits can be located on either the right or left side of an expressway. Make sure you are on the correct side for your exit to avoid quick and unsafe lane changes. Apply your turn signal and decrease your speed gradually to adjust to the exit ramp speed. If you miss your exit, drive to the next one. It is illegal to drive across the median.

Res student attends competition

Resurrection High School sophomore, Katie Angsten, ranked 3rd in the Catholic Forensic League, qualifying her for the National Forensic Team competition held at Towson University in Baltimore, Maryland.

Katie competed in Oratorical Declamation giving a speech on *Lifelong Learning in the Arts* written by Ernest Boyer.

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Walk for healthy lungs

If running is not your style, then slow down and enjoy a relaxing walk with the American Lung Association of Metropolitan Chicago (ALAMC) in its 5-mile Walk for Healthy Lungs on Sunday, July 20.

Participants of all ages can enjoy a leisurely stroll or a fast paced walk along the lakefront. The Walk for Healthy Lungs begins at 8 a.m. in Grant Park in Columbus and Balbo. Finish-line festivities include free food, drinks and music.

The Walk for Healthy Lungs is a part of the ALAMC's Chicago Distance Classic (CDC) which also includes a 20K and 5K run. Advanced registration for the walk is \$16, \$25 the day-of-the-race. All participants receive a commemorative CDC T-shirt. Participants can register in person at Carsons State Street, 2nd Floor, Body Wear, from noon to 7 p.m. on Friday, July 18 and from 10 a.m. to 4 p.m. on Saturday, July 19. Mail-in registrations are accepted through July 11. Race day registration is from 6 to 7:15 a.m. in Grant Park.

People who prefer using a computer have the opportunity to register on-line. The deadline for online registration is July 15.

Chicago Distance Classic par-

Books on Tape for Blind

The Jewish Guild for the Blind's (non-sectarian) world-wide circulating library of tape recordings offers blind and visually impaired persons the opportunity to enjoy the latest works of their favorite authors in fiction, non-fiction and poetry. These books-on-tape, many of which are current best sellers, are now circulating in all 50 states and in 32 foreign countries. The Library can also provide a monthly compilation on tape of the cover stories from TIME and PEOPLE magazines.

All cassette tapes are recorded in English by volunteer narrators. They are taped complete and unabridged in the Guild Cassette Library's professional recording studios, and they are numbered in braille and by voice to enable the listener to play them in proper sequence.

For an annual user fee of \$25 (waived for persons on Medicaid), a blind or visually impaired listener can order books that are mailed directly to his home. The then can be returned to The Guild Cassette Library free of postal charges as "Free Matter for the Blind". Borrowers in the U.S. are asked to return the tapes within one month; those who live overseas, within three months.

All persons who are blind, visually impaired or who cannot access print media are eligible. Those who are interested in becoming Cassette Library users should call 212/769-6331 or write The Guild Cassette Library, 15 West 65th Street, New York, NY 10023 for additional information, a brochure and a list of titles.

Participants are encouraged to raise money through pledges. Raising money not only gives participants the satisfaction of joining in the fight against lung disease, but they are rewarded for their efforts with commemorative items such as hats, mugs, sweatshirts and Tyvek jackets. Runners and walkers who raise \$2500 or more receive a Trek Mountain Bike, two domestic American Airline tickets (restrictions apply), a Golf Privilege Card and a mug.

For more information, call the American Lung Association of Metropolitan Chicago at (312) 243-2000.

Free tree-identification guide book

"What Tree Is That?", a pocket guide for identifying trees is available free-of-charge from The National Arbor Day Foundation.

The 72-page guide will help you identify 135 different trees found in the eastern and central U.S.

Well-known trees are included: oaks, maples, spruces, and pines. Also species such as horse-chestnut and mockernut hickory, sassafras and shadblow, persimmon and pawpaw and pagodatree

and pecan. Dozens of drawings illustrate the trees' leaves or needles and their acorns, berries, seed pods, cones, etc. "What Tree Is That?" is organized to make it easy to identify trees in a simple step-by-step fashion.

"Helping people enjoy and appreciate trees is central to the educational mission of the Arbor Day Foundation," John Rosenow, the Foundation's president, said. "Being able to identify trees is important to knowing how to care

for them and how to plant the right tree in the right place."

To obtain your free tree ID guide, send your name and address to "What Tree Is That?", The National Arbor Day Foundation, Nebraska City, NE 68410.

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Remodeling & Painting. Interior & Exterior Painting. Office - Apartment Painting. Bathroom - Kitchen Repair. Drywall Patching. Ceramic & Vinyl Tiles. FREE ESTIMATES - 10% Off With This Ad. (312) 315-2113 or (773) 283-1459. Pager # (312) 417-5638

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Complete lawn maintenance. Sod & Seeding • Power Raking • Spring & Fall Clean-up. Core Aeration • Top Soil • Gravel, etc. Custom Garden Design & Installation. Phone/Fax: 630-860-8941. Free Estimates. "Making Your Lawn A Star"

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CUSTOM PAINTING. INTERIOR & EXTERIOR. PLASTERING. PAPER HANGING. WALL WASHING. DRY WALL REPAIRS. A-1 WORK • FREE ESTIMATES. (708) 452-7872

To Advertise in The Bugle Newspapers Community Directory
Call: Bill Yablon. (847) 966-3900

TUCKPOINTING

Progressive Contractors
• Tuckpointing. Any Color or Style. • Brick Work • Building Cleaning • Chimney • Glass Block Windows. Free Estimate - Fully Insured. (773) 282-0409. 20 Years Satisfied Customers. References Given

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BRADEN BROS SPRINKLER SYSTEMS & LANDSCAPE CONTRACTORS
COMPLETE LANDSCAPE SERVICE. Design-Installation. Installers Of Rainbird. Sprinkler Systems. Complete Lawn Maintenance. Free Estimates. 847-724-1734. 3090 N. LAKE TERR. GLENVIEW

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VINYL ALUMINUM SIDING. SOFFIT & FASCIA. SEAMLESS GUTTERS & WINDOW REPLACEMENT. REASONABLE PRICES. 773-594-0667. FREE ESTIMATES • INSURED

VINYL REPLACEMENT WINDOWS

VINYL & WOOD WINDOWS ALL STYLES
GLASS BLOCK. TUCKPOINTING. FREE ESTIMATES. FINANCING AVAILABLE. CALL BRUCE. 847-803-8868

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966-3900

Your Ad Appears In The Following Editions
• NILES BUGLE
• MORTON GROVE BUGLE
• SKOKIE/LINCOLNWOOD BUGLE
• PARK RIDGE/DES PLAINES BUGLE
• GOLF-MILL/EAST MAINE BUGLE

INFORMATION ON CLASSIFIED ADS
You Can Place Your Classified Ads by Calling 966-3900 or Come To Our Office in Person At: 8746 N. Shermer Road, Niles, IL. Our Office is Open - Monday thru Friday, 9 A.M. to 5 P.M.
DEADLINE FOR PLACING ADS IS TUESDAY AT 2 P.M. Certain Ads Must Be Pre-Paid In Advance: Business Opportunity, For Sale, Miscellaneous, Moving/Sale, Personals, Situation Wanted, Or If The Advertiser Lives Outside Of The Bugle's Normal Circulation Area.

FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME
BANKING OPPORTUNITIES	MARKET RESEARCH	PROFESSIONAL OPPORTUNITIES	
<p>BANKING</p> <p>We currently have the following position available for self-motivated individual with excellent customer service skills and stable work history. We offer a good salary/benefit package including company matched ESOP.</p> <p>TELLER - FT - Glenview</p> <p>9 mos. teller or heavy cash handling & balancing exp., 10-key calc, detailed-oriented w/excellent communication skills.</p> <p>BANK OF NORTHERN ILLINOIS, N.A.</p> <p>call 847-724-9000 for interview appointment or FAX resume to Human Resources 847-263-4968.</p>	<p>\$\$\$ EARN \$\$\$ EXTRA MONEY</p> <p>Market Research Company Needs MALES & FEMALES of all ages</p> <p>To Participate in TASTE TEST on an "as is needed" basis.</p> <p>CALL: PERYAM & KROLL 6323 N. Avondale (6300 North - 7300 West) (773) 774-3155 Ask For Jack</p>	<p>STRINGER WANTED</p> <p>Reporter wanted to cover 2 to 3 evening board meetings a month in the local area.</p> <p>CALL (847) 966-3900</p> <p>THE BUGLE NEWSPAPERS 8746 N. Shermer Road, Niles</p>	
CLERICAL / OFFICE OPPORTUNITIES	MEDICAL/HEALTHCARE	RESTAURANTS/FOOD SERVICE	RESTAURANTS/FOOD SERVICE
<p>RECEPTIONIST PART-TIME</p> <p>Private North Shore Country Club Is Seeking Receptionist. Duties Include Answering Phones, Greeting Visitors, Typing, Computer Work, Filing And Special Projects. Evenings-Weekends And Holidays</p> <p>Call Laura For Further Details (847) 729-1200</p>	<p>CNA's</p> <p>Long-term care facility has full-time CNA positions available for the following shifts:</p> <ul style="list-style-type: none"> 6:00 a.m. - 2:30 p.m. 6:45 a.m. - 3:15 p.m. 2:45 p.m. - 11:15 p.m. 10:45 p.m. - 7:15 a.m. <p>Current Illinois registry status and competency examination required. Recent experience preferred. Candidates may apply in person or fax resume to:</p> <p>Human Resources BETHANY TERRACE NURSING CENTRE 8425 Waukegan Road Morton Grove, IL 60053 Fax 847-965-8104 equal opportunity employer</p>	<p>NILES PUBLIC LIBRARY DISTRICT CIRCULATION CLERK</p> <p>Part-Time Position Involving Check-In And Check-Out Of Library Materials. Three Evenings Per Week, Every Saturday, Plus Two Sundays A Month. Starting Salary From \$7.70/Hour. High School Diploma Required</p> <p>Send Resumes To: Ms. Kathleen Pricone NILES PUBLIC LIBRARY DISTRICT 6960 Oakton St. - Niles, IL 60714</p>	<p>ASSISTANT MANAGERS</p> <p>Auntie Anne's Pretzels is growing at a fast pace! Due to our growth we are looking for a few energetic assistant managers. Current openings exist at the Harlem-Irving Plaza and (our soon to be open store) in Golf-Mill. We offer great starting pay, excellent training, benefits, flex. hours, growth opportunity and a fun place to work. Some management experience helpful but not necessary. For more info or to arrange for interview, call Debbie at (773) 338-0220, ext. 1223</p>
ADMINISTRATIVE ASSISTANTS	HOME TYPISTS	FOOD CASHIER	WAITRESSES
<p>ADMINISTRATIVE ASSISTANTS WORK CLOSE TO HOME</p> <p>NEW AGE CONCEPTS, INC. has several Administrative Assistant and Executive Secretary positions available near Willow and Sanders. Good computer skills required for this Fortune 500 company. Bring your skills and resumes to:</p> <p>NEW AGE CONCEPTS, INC. 605 E. Algonquin Road Arlington Heights, Illinois 847-956-6555 FAX: 847-956-6599</p>	<p>PC users needed \$45,000 income potential Call 1-800-513-4343 Ext. B-3225</p>	<p>Monday thru Friday, 6 Hours/Day. Must be Responsible. Good Pay. Call Gus/Apply in Person. Vapor Corp 6420 W. Howard, Niles (847) 967-8300 x.232</p>	<p>Part-Time/Full-Time •BARTENDERS Part-Time/Full-Time VINCE'S RESTAURANT (Harlem & Lawrence) (708) 867-7770</p>
ADMINISTRATIVE ASSISTANTS	TEACHER	RESTAURANTS/FOOD SERVICE	•WAITRESSES
<p>DON'T GET STUCK! GET HELP...LOOK IN THE CLASSIFIEDS!</p>	<p>Small daycare center located in a small Catholic nursing home is looking for a warm, caring individual who meets DCF requirements to be a team teacher in our infant/toddler room. Please send resume to: St. Benedict Day Care 6930 W. Touhy Niles, IL 60714 (847) 647-0003</p>	<p>THE BUGLE CLASSIFIEDS</p> <p>are worth more than just a quick glance.</p> <p>Have you taken a good look at our Classified pages lately? You'll be surprised at just how many ads we publish.</p> <p>When it comes to Classifieds, "the more the merrier" is true! More potential buyers...more sellers! More people advertising things for sale...and somehow, we get more people looking! That's the way it works! It takes both buyers and sellers...and we've got them!</p> <p>Buying or selling, the first place to look is In...The Bugle Classifieds!</p> <p>TO PLACE AN AD, CALL (847) 966-3900 THE BUGLE NEWSPAPERS</p>	<p>Monday thru Friday, 6 Hours/Day. Must be Responsible. Good Pay. Call Gus/Apply in Person. Vapor Corp 6420 W. Howard, Niles (847) 967-8300 x.232</p>
NOTICE	BUGLE CLASSIFIEDS WORK	RESTAURANTS/FOOD SERVICE	•WAITRESSES
<p>The Bugle Newspapers does its best to screen advertisements for their authenticity and legitimacy. However, we cannot be responsible for all claims, products and services of advertisers.</p>		<p>•WAITRESSES Part-Time/Full-Time •BARTENDERS Part-Time/Full-Time VINCE'S RESTAURANT (Harlem & Lawrence) (708) 867-7770</p>	<p>Monday thru Friday, 6 Hours/Day. Must be Responsible. Good Pay. Call Gus/Apply in Person. Vapor Corp 6420 W. Howard, Niles (847) 967-8300 x.232</p>

CLASSIFIED ADVERTISING

FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME
RESTAURANTS / FOOD SERVICE	SALES	TRADES	TRADES
<p>Restaurant</p> <p>• WAITSTAFF • • BUS PERSONS Full and Part Time Private Country Club on the North Shore is Now Hiring and Training for Full & Part time Positions. Day and Evening Hours Available. Experience Not Necessary. Call Liz: (847) 729-6500</p>	<p style="text-align: center;">SALES</p> <p>Salesperson To Sell Landscaping For North Shore Landscaping Company. Experienced Only.</p> <p>Call: (847) 724-1734</p>	<p>CLEANING HELP Part Time</p> <p>Must be 17 years or older with own transportation. Will clean houses and apartments locally. Experience preferred. Call: 1-815-338-8765</p>	<p>DRIVER</p> <p>Full Time For Adult Day Care Center Varied Hours. Contact: Linda Dickson (847) 647-1116</p>
RETAIL	TELEMARKETING	TRADES	WE WILL GET YOUR AD QUICKLY & ACCURATELY ON OUR FAX MACHINE
<p>• STORE • • ASSOCIATES • Help Wanted Full & Part Time</p> <p>Chicago's leading retailer of fine wines and spirits is seeking energetic, customer oriented individuals for our Highland Park location to perform a variety of store functions. Qualified persons must be over 21 years of age, able to work day and evening hours. Previous retail experience preferred.</p> <p>We offer opportunity for advancement, attractive compensation and a complete benefits package.</p> <p>For consideration Please Call: (847) 674-4200 Or Apply In Person 153 Skokie Valley Hwy. Highland Park (Crossroad Shop, Ctr.) an equal opportunity employer</p>	<p>Telemarketing</p> <p>THE BUCK STARTS HERE!</p> <p>Earn what you are worth with one of the largest management consulting firms in the world. We need aggressive, quick thinkers who have the drive to make top \$\$\$. You'll call on top executives (from pre-qualified lists) to set appointments for our field sales department. You must have excellent phone skills and confident selling techniques. We'll provide a supportive work environment and a first year earning potential of \$30,000. Call NOW:</p> <p>Mr. N.C. Aamlie (847) 825-8806, ext. 248 GEORGE S. MAY INTERNATIONAL CO. 303 S. Northwest Hwy. Park Ridge, IL 60068</p> <p>Management Consultants Since 1925 equal opportunity employer m/f</p>	<p style="text-align: center;">STOP AND CHECK THIS OUT</p> <p>SCHOOL BUS DRIVERS NEEDED Enjoy your summer off</p> <p>Spend just a few hours a week training on easy to drive fully automatic school buses, vans & suburbans. When the kids go back to school you can work part-time driving routes in the northwest suburban area.</p> <p>Receive: Salaries from \$7.05 to \$11.05 Flexible Hours Wage & Bonus Ample Time Off Ride To Work</p> <p>Please Call Don McCarthy 847-392-1464</p>	<p>FAX</p> <p>FOR ADVERTISING COPY (847) 966-0198 Bugle Newspapers</p>
EARN GREAT \$\$ WHILE HAVING FUN MERCHANDISER FT	STOCK CLERK	TELEPHONE/ANSWERING	NOW YOU CAN ADVERTISE MORE FOR LESS!
<p>National Marketing Services provides in-store merchandising for leading toy, book & video mfrs. FT position in the Niles area. 40 hrs/wk; must work Friday & Saturday; Salary: \$18,000. You'll be responsible for ensuring products are displayed & stocked, customer contact, lifting & some ladder climbing. 401k. Call 1-800-688-9000 (dial 8900 then 2 for ad response. Job # 9972) or FAX to 908-757-9742.</p> <p>Email: jobs@nmsktg.com</p>	<p>Niles manufacturer is in need of experienced person responsible for smooth operation of stockroom. Experience in receiving, cycle counting and order picking. Fork lift driver certification a plus and good communication skills a must. Apply in person, no phone calls, please.</p> <p>Synchro-Start Products, Inc. 6250 W. Howard Street Niles, IL</p>	<p>TELEPHONE/ANSWERING</p> <p>***** TELEPHONE OPERATORS *****</p> <p>For Answering Service in Des Plaines. Part-Time, Mornings or Afternoons and Weekends. Call: (847) 390-1789 *****</p>	<p>•SELL IT! •BUY IT! •ANNOUNCE IT!</p> <p>3 Lines - 5 Papers 12 Dollars!</p> <p>This is a weekly rate - Prepaid. We accept MasterCard or Visa.</p> <p>Stop in to: Bugle Newspapers, 8746 Shermer, Niles or call (847) 966-3900 Ask for Beverly or Judie</p>
BUGLE NEWSPAPERS FOR CLASSIFIED THE BEST PLACE TO ADVERTISE	READ THE BUGLE	NOTICE	BUGLE NEWSPAPERS CLASSIFIED ADVERTISING OFFICE HOURS and DEADLINES
		<p>The Bugle Newspapers does its best to screen advertisements for their authenticity and legitimacy. However, we cannot be responsible for all claims, products and services of advertisers.</p>	<p>Our offices are located at 8746 Shermer Rd., Niles and we are open weekdays only, 9am-5pm. You may stop in or call (847) 966-3900 to place your ads. For ads only, you may fax your copy anytime, 7 days a week, 24 hours a day to (847) 966-0198. Our deadline for all insertions for our Thursday editions is Tuesday prior to publication at 4 pm. Call your representative for other specific information.</p>

CLASSIFIEDS

REAL ESTATE

APTS. FOR RENT

NILES - 7632 N. Milwaukee
1 Bed, \$575-600. Parking, Cable Ready (773) 764-0802

Modern 2 Bedroom, 2nd Floor Newly Decorated, Heat & Laundry Incl. (847) 581-0610

NILES - 8729 WISNER
(Milw & Dempster) 5-Rms-3-BR's-C/A (Can Be Used as DR/BR) (847) 967-6752

FOR SALE

GOVERNMENT FORECLOSED HOMES
From Pennies on \$1 Delinquent Tax, Repo's, REO's Your Area-Toll Free: 1-800-218-9000-Ext. N-4981 For Current Listing

HOUSE FOR SALE

Skokie, 7615 East Prairie (behind East Prairie Grammar School), 3 bdr. 2 ba., New Kitch, New Windows, New Crpt, New 2.5 c.garage. \$185,000. (773) 283-0196

VACATION PROPERTY

HILTON HEAD DISCOUNT RENTALS
Why not get away to beautiful Hilton Head Island, SC? 1BR - 6BR ocean condos & homes Toll-free for rental brochure 800-445-8664 = 800-HILTONHEAD.

MISCELLANEOUS

AUTOS FOR SALE

Buick

LOREN BUICK/HYUNDAI
1620 Waukegan Road, Glenview (708) 729-8900

SEIZED CARS From \$175 Porsche, Cadillac, Chevys, BMW's, Corvettes. Also Jeeps, AWD's, Your Area, Toll Free: 1-800-218-9000-Ext. A-4981 For Current Listing

NOTICE
The Bugle Newspapers does its best to screen advertisements for their authenticity and legitimacy. However, we cannot be responsible for all claims, products and services of advertisers.

BUSINESS OPPORTUNITY

Winning at Job Hunting Video
by Dr. Schnapper, Ph.D.
Item #7584 (58 Min.) The most effective system available anywhere, to help you get the job you want FASTER! \$39.98 + S&H, 30 day return policy. To order by credit card at this special price, call 1-800-469-7977 Ext. 106315 - 24 hrs!!!

Steel Building Dealership Available In Open Market Dealers Buy Factory Direct High Profit Potential, Sales Or Construction (303) 759-3200 - Ext. 7950

ESTATE SALE

Estate Sale, By Heirs Italian Provincial Bedroom set, mahogany 2 step end tables, Drum Table, Coffee Table, Mahogany Duncan 5 Dining set including Sideboard, Crystal, Cut Glass, Sterling Silver, Various China pieces in addition to Wedgewood, Queensware China Table setting, Linens, Jewelry Hummels & more. July 10, 11 & 12/9:30 to 5:00, Skokie, on Main Street between Skokie Blvd. & Crawford.

FURNITURE FOR SALE

2-Complete Bunk Bed Sets
1-Dark Wood-1-Beige Wood Each Set Includes 5-Drawers Attached Ladders-4 Shelves Desk With 3 Drawers & Chair \$600 For Both Or Best Offer (847) 966-3900-Ext. #38 9 to 5

MODEL HOME FURNITURE
Excess & Undeamed Sofas, Leathers, Loveseats, Chairs, Tables, Dining Room, Bedroom. Available This Week! (847) 329-4119

Qu. Sz. Bed, Serta Mattress, Brass Frame. 1 yr. old. Kit. Tbl. 32"x60". 6 chrs. Oak. Gd. Cond. Misc. Items. (847) 966-9780

GARAGE SALES

NILES-8407 NORMAL
Friday July 11-12PM-4 PM Sat 7/12 & Sun 7/13 - 9AM-4PM Appliances, Refrig/Washer/Dryer Combo LR/ DR/ BR Furrn/Clothes/Jewl/Med. Supp.

Your credit is good with us! We accept Visa & MasterCard.

GARAGE SALES

MORTON GROVE-9101 N. OLEANDER
Fri thru Sun 7/11 thru 7/13-9 to 5 45 Yrs. Accum. Jewels to Tools! LP's-Toys, Dolls, Books, Clothes, Furn.

Skokie, 9115 Gross Point Sat, Sun, 7/12, 13, 9-4. Hshld, Antiques, Beer Signs, Furn, More

Niles-8703 W. Bruce Dr. (behind OLR Church) Fri, Sat, 7/11, 12, 9-3. Toys, Hshld, Furn, Clothes

NILES - 8559 N. ORIOLE
Sat 7/12 & Sun. 7/13-9A-6P. Books-Bikes-Clothes-Lots of Everything

Niles - 7642 N. OLEANDER Fri thru Sun-7/11 thru 7/13-8A-5P Toys/Clothes/Hswr/Misc.-Great Bargains!

MOVING SALE

CHICAGO-5007 N. MOBILE
Every Sat in July & Aug-10A-3P Kit. Ware/Lamps/Low/Organ/Dishes/Punch Bowl Set (Circa 1947)/Tall Lea. Walnut Rocker/Coronation Silver Plate Service/Ariens Lawn Mower Edgers/Men's XXX Cloth/Woman's Small Cloth/Misc.-Very Good Cond.

PERSONALS

POWERFUL PRAYER TO THE HOLY SPIRIT

You solve all problems, who light all roads so that I can obtain my goals. You, who give me the divine gift to forgive & forget all evil against me. In all instances of my life. You are with me. I want in this short prayer to thank You for all things & to confirm that I never want to be separated from You, even & in spite of all material illusions. I wish to be with You in eternal glory. Thank You for your mercy towards me & mine. D. R.

May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles and helper of the hopeless, pray for us. Say this prayer 9 times each day for 9 days. Publish, it has never been known to fail. Thank you, St. Jude for prayers answered. D.R.

TANNING

WOLFF TANNING BEDS TAN AT HOME!
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Low Monthly Payments
FREE Color Catalog
Call TODAY 1-800-711-0158

WANTED TO BUY

WANTED WURLITZERS JUKE BOXES
ALSO Slot Machines Any Condition
1-630-985-2742 Fax: 1-630-985-5151

SJB Commemorative Walkway planned

Recently, a group of St. John Brebeuf graduates meeting for a reunion recognized the possibility of a commemorative project to honor present and former influences on their development and, at the same time, contribute to maintaining the school that had seeded the values and provided the basic education whose fruits they now enjoy.

In mind with the ever increasing need to supplement repairs and upgrading - not usually covered by the school budget - the "Commemorative Walkway" project was developed.

The walkway will be constructed surrounding the flagpole between the main entrance of the

school and church. It will provide a place to gather, to pause and reflect, to pray and experience oneself as a part of the great heritage of our parish community.

This is an opportunity to help our school and to honor someone or some event that was special to you. Bricks of two sizes will be offered with permanent engraving. At \$50, a 4" x 8" brick is available with 2 lines of 13 spaces each. The larger 12" x 12" brick, available at \$200, with 4 lines of 15 spaces per line. More than 90% of the funds raised will go directly to school needs! St. John Brebeuf is located at 8301 N. Harlem Ave., Niles. For information call Pete Zonzius (847) 966-7041.

Foreign students seek host homes

With the celebration of our freedoms during the Independence Day festivities, consider the possibility of hosting a high school student from another country where these freedoms may not be so common. Many of these students will find the concepts of freedom and responsibility to be "foreign". You may also learn about the life and culture of another country and thus increase your appreciation of the precious

freedoms we must cherish and preserve. If you have ever considered hosting a student from another country, but haven't done it yet, don't delay! You shouldn't miss a wonderful opportunity to enrich your life by sharing 5 to 10 months of your life with a high school student who is anxious to learn more about life in the United States and to improve on their English skills.

Sharpen your reading skills and study habits

If you need to improve your reading skills and study habits, take a Reading & Academic Skills Development (EGL 092) course this fall at Oakton Community College. The course focuses on improving reading comprehension and developing study skill strategies. Activities include computer-assisted instruction and group discussions. Prerequisite: Appropriate score on Oakton's English placement test.

Day and evening classes are offered on both the DesPlaines and Skokie campuses. To register call (847) 635-1700 (DesPlaines) or (847) 635-1400 (Skokie). Fall classes start Aug. 25 and run through Dec. 16. For more information, call Pamela Dreil at (847) 635-1920.

Barbara Paziouros

Barbara Paziouros, daughter of Christine Paziouros, Skokie, and Peter Paziouros, Skokie, received the bachelor of music degree *cum laude* in performance (flute) and the bachelor of arts degree *cum laude* in mathematics at Lawrence University's 148th commencement ceremonies June 15. She earned her honors for maintaining a minimum 3.40 grade point average. Paziouros is a 1992 graduate of Interlochen (Mich.) Arts Academy.

Tae Kwon Do

Tae Kwon Do is a self-defense method which teaches the skilled application of punches, kicks, and blocks with hands and feet. It is a great way for both adults and children to overcome tension and stress. It develops physical, mental, and muscular strength. The classes are taught by instructors under the direction of Grand Master Duk Gun Kwon and all instructors are certified through the World Tae Kwon Do Federation in Korea. These classes are held on Tuesday and Thursday evenings at the Howard Leisure Center, 6676 Howard Street. The next session begins July 8th and runs through September 25th; class fee is \$47. For more information on any of the above programs, please call 847-967-6633.

DON'T WAIT! DO IT NOW and SAVE!
CALL (847) 966-3900 TO PLACE YOUR BUSINESS AD

Skokie youth injured by 'found' fireworks

by Rosemary Tizio
A 16-year-old Skokie youth was listed in fair condition at Evanston Hospital Monday, July 7, after he was severely injured in a fireworks mishap around 7:15 p.m. July 4.

The juvenile was with friends when they reportedly found a 4-1/2 inch red object on the street, according to Officer Vincent Pszczolkowski of the Skokie Police Department.

They took the object to a parking lot in the 9700 block of Crawford Avenue to ignite it. However,

the explosive went off while the victim was igniting it severely injuring his left hand.

The youth was taken to Evanston Hospital by Skokie Fire Department paramedics, who were searched the area of the explosion for parts of the youth's hand, according to Pszczolkowski.

"This is just another example of how dangerous fireworks can be," said Pszczolkowski. "Parents should be ever vigilant as to what their children are up to in order to prevent accidents like this."

Biking weekend to benefit Lung Association

This summer experience the ultimate get-away by joining biking enthusiasts in the American Lung Association of Metropolitan Chicago's (ALAMC) CowaLUNGA '97, August 9-11. CowaLUNGA is the perfect weekend bike adventure for people of all ages.

CowaLUNGA takes off from northern Illinois to Williams Bay, Wisconsin. Day two of the adventure has participants traveling north through Wisconsin to the University of Wisconsin in Whitewater. The journey continues with a ride through the scenic Kettle Moraine Forest and ends in Hubertus, Wisconsin, at CampACTION. CampACTION is a summer camp for asthmatic children sponsored by the ALAMC.

Along the way, riders have plenty of time to enjoy the local communities and the company of fellow riders.

CowaLUNGA participants are committed to raising pledges for the lung association. All riders receive a CowaLUNGA T-shirt, plus other great incentive prizes such as duffel bags, Tyvek jackets, and bike shop gift certificates. The top fundraiser over \$2,000 will win two American Airlines tickets anywhere in the U.S. (restrictions apply).

Proceeds from CowaLUNGA help ALAMC further its efforts in lung disease research, education, community services and advocacy. Registration for the ride is \$50 plus a \$200 minimum pledge. The registration deadline is July 25. CowaLUNGA is made possible through the support of WCBR, American Airlines, Budget Car and Truck Rental, Byron's Schwinn Cycling & Fitness, Bikes Plus and the Midwest Bicycle Dealers Association.

For more information, call the American Lung Association of Metropolitan Chicago at (312) 243-2000.

Robert E. Elmgren

Navy Petty Officer 1st Class Robert E. Elmgren, son of Eric and Arlene Elmgren of Park Ridge, who is currently on a six-month deployment to the Mediterranean Sea aboard the aircraft carrier USS John F. Kennedy, recently completed a six-day port visit to Marseilles, France. The 1985 graduate of Maine South High School joined the Navy in September 1985.

Happiness Is... Loving

Avondale, Dempster to receive repairs

Avondale Avenue and Dempster Street will receive \$735,000 repairs and resurfacing at various locations in Chicago, Niles, Park Ridge and DesPlaines according to State Representative Ralph C. Capparelli (D-13th District).

"These locations are high traffic, high priority areas of our community and should be in safe and secure condition," said Capparelli. "For example, there is a fire station on this route. It's important for them to have good roads."

The Illinois Department of Transportation announced that project was scheduled for bid receipt on June 13 and the project should be started by the end of the year, according to Capparelli.

"I have been working for over two years to secure this project and I am pleased to see it finally begin. Considering how much we pay in taxes, it's nice to see our community getting the improvements it deserves," said Capparelli.

Eric D. Rice

Army Pvt. Eric D. Rice has graduated from basic combat training at Fort Knox, Radcliff, Ky. Rice is the son of Rose M. Rice of Dolton, and grandson of Ruby J. Richardson of Skokie.

LEGAL NOTICE NOTICE OF PUBLIC HEARING

NOTICE is hereby given that a tentative BUDGET AND APPROPRIATION ORDINANCE for the NORTH MAINE FIRE PROTECTION DISTRICT, in the Township of Maine, County of Cook and State of Illinois, for the fiscal year beginning January 01, 1998, and ending December 31, 1998, is on file and conveniently available for public inspection at the North Maine Fire Station, 9301 Potter Road, Maine Township, Cook County, Illinois, in said Fire Protection District.

NOTICE is further given hereby that a public hearing on said Budget and Appropriation Ordinance will be held at 7:00 p.m., (Central Daylight Saving Time) on the 13th day of August, 1997, at the North Maine Fire Station, 9301 Potter Road, in said Fire Protection District, and that final action on said ordinance will be taken by the Districts Board of Trustees on August 13, 1997.

BY THE ORDER OF THE BOARD OF TRUSTEES SAID NORTH MAINE FIRE PROTECTION DISTRICT Dated this 18th day of June, 1997 NORTH MAINE FIRE PROTECTION DISTRICT /s/ Paul Morrison PRESIDENT

Passed this 17th day of June 1997. APPROVED: John Lombardi, President Board of Education David Scheler, Secretary Board of Education

LEGAL NOTICE RESOLUTION ADOPTING PREVAILING WAGES

WHEREAS, the State of Illinois has enacted "An Act regulating wages of laborers, mechanics and other workers employed in any public works by the State, county, city or any public body or any political subdivision or by any one under contract for public works", approved June 26, 1941, codified as amended, 820 ILCS 130/1 et seq. (1993), formerly Ill. Rev. Stat., Ch. 48 par. 39s-1 et seq. and

WHEREAS, the aforesaid Act requires that the Niles Elementary Schools District #71 of Cook County investigate and ascertain the prevailing rate of wages as defined in said Act for laborers, mechanics and other workers in the locality of Cook County employed in performing construction of public works, for said Niles Elementary Schools District #71:

NOW THEREFORE, BE IT RESOLVED BY THE BOARD OF EDUCATION OF NILES ELEMENTARY SCHOOLS DISTRICT #71:

SECTION 1: To the extent and as required by "An Act regulating wages of laborers, mechanics and other workers employed in any public works by State, county, city or any public body or any political subdivision or by any one under contract for public works", approved June 26, 1941, as amended, the general prevailing rate of wages in this locality for laborers, mechanics and other workers engaged in construction of public works coming under the jurisdiction of the Niles Elementary Schools District #71 is hereby ascertained to be the same as the prevailing rate of wages for construction work in the Cook County area as determined by the Department of Labor of the State of Illinois as of June, 1996, a copy of that determination being attached hereto and incorporated herein by reference. As required by said Act, any and all revisions of the prevailing rate of wages by the Department of Labor of the State of Illinois shall supersede the Department's June determination and apply to any and all public works construction undertaken by the Niles Elementary Schools District #71. The definition of any terms appearing in this Resolution which are also used in aforesaid Act shall be the same as in said Act.

SECTION 2: Nothing herein contained shall be construed to apply said general prevailing rate of wages as herein ascertained to any work or employment except public works construction of the Niles Elementary Schools District #71 to the extent required by the aforesaid Act.

SECTION 3: The Niles Elementary Schools District #71 Board Secretary shall publicly post or keep available for inspection by any interested party in the main office of the Niles Elementary Schools District #71 this determination or any revisions of such prevailing rate of wage. A copy of the determination or of the current revised determination of the prevailing rate of wages then in effect shall be attached to all contract specifications.

SECTION 4: The Niles Elementary Schools District #71 Board Secretary shall mail a copy of this determination to any employer, and to any association of employers and to any person or association of employees who have filed their names and addresses, requesting copies of any determination stating the particular rates and the particular class of workers whose wages will be affected by such rates.

SECTION 5: The Niles Elementary Schools District #71 Board Secretary shall promptly file a certified copy of this Resolution with both the Secretary of State Index Division and the Department of Labor of the State of Illinois.

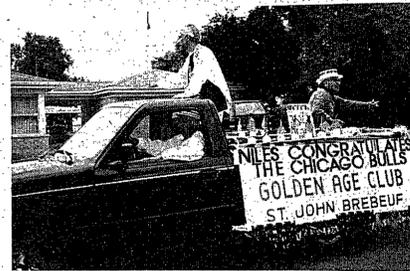
SECTION 6: The Niles Elementary Schools District #71 Board Secretary shall cause to be published in a newspaper of general circulation within the area a copy of this Resolution, and such publication shall constitute notice that the determination is effective and that this is the determination of this public body.

Passed this 17th day of June 1997. APPROVED: John Lombardi, President Board of Education David Scheler, Secretary Board of Education

Niles 4th of July parade participants



The Sister Cities Association of Niles entered their float in the 4th of July parade which had the theme, "One World - One Dream". Niles Sister Cities are Pisa, Italy and Nauplion, Greece.



The St. John Brebeuf Golden Age Club used their decorated truck to congratulate the Chicago Bulls as they greeted the hundred of spectators along the Main Street route in Niles. The theme was completed with a Dennis Rodman impersonator standing in the front of the truck.

Introduction to canoeing program

Join naturalists from the Cook County Forest Preserve's River Trail Nature Center for an Introducing Canoeing program on the DesPlaines River, Sunday, July 13. A maximum of 16 paddlers can be accommodated in each two sessions, 9:30 a.m. and 1:30 p.m. A registration fee of \$5 per person will include use of canoe, paddle and personal flotation device, provided by Chicagoland Canoe Base, 4019 N. Narragan-

sett, Chicago.

Basic canoeing technique and safety will be introduced, and then naturalists will lead a short paddle on the river. Paddlers should be at least 12 years old; minors must be accompanied by a parent or other responsible adult and permission of the instructors is required for children under 12 to join their parents. Each session will last about two hours. Pre-registration is required for

this program. Phone River Trail at 847-824-8360, or visit the center for information and registrations. River Trail Nature Center is at 3120 Milwaukee Avenue, Northbrook. Please visit us soon!

**USE
THE
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Boat trip for blind children

On Saturday, August 2, from 9:30 to 11:30 a.m., the Guild will host a narrated boat ride on the Gold Coast Lady. This boat trip is for children who are blind or visually impaired, their parents and their teachers.

This trip is free. Join us as we ride on the Chicago River and receive a narrated tour of the lake-

front. Meet at the south bank of the Chicago River at Wacker Dr. and Wabash Ave. Registration will take place from 9:30 to 10 a.m. We will be leaving promptly at 10 a.m., so please be on time. Reservations must be made ahead of time so call Cheryl Lanning at (312) 236-8569 by Friday, July 25.

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