



Mayor Blase leads protest against cellular towers

by Rosemary Tirio

Niles is not the only place where cellular phone towers are "uglifying" the landscape, but a front-page article in the May 22 Sun-Times featuring a color photo of Mayor Nicholas Blase standing cross-armed next to his now-famous protest sign may well make him the "poster child" for a campaign to restrict placement of the towers.

AT&T is in the process of installing 300 of the towers in Chicago and suburbs, according to the article. However, Blase's sign may be just the tip of the ice-

berg for the beleaguered communications giant.

While federal law prevents municipalities from outlawing the towers altogether, several suburbs are enacting regulations to limit the height and location of towers.

Skokie, for example, denied Ameritech's petition for a height variance which would allow the company to erect a 104-foot tower in the 8400 block of Niles Center Road. Wilmette also passed an ordinance restricting

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School Board elections

School Board candidates can now begin to circulate nominating petitions for signatures. The election will be held on November 4, 1997 for membership on District 71's Board of Education. Four seats on the seven member board will be filled for four year terms. A summary of some pertinent information concerning school elections is stated below. For a complete set of information, contact the Illinois State Board of Elections at the James R. Thompson Center (formerly the State of Illinois Center); 100 West Randolph, Suite 14-100; Chicago, IL 60601; phone (312)

814-6440.
Qualifications: On the date of election, those running for a seat must be a citizen of the United States, at least 18 years of age, a resident of the State of Illinois and of the school district for at least one year preceding the election, and a registered voter.

Nominating Petitions: A packet of information and forms are available in the Niles Elementary Schools District 71 office at 6935 W. Touhy Avenue in Niles (847) 647-9752.

Forms: Candidates must present: 1) A Notarized State-

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Outdoor watering restrictions for Niles

To help conserve water, the Federal Water Administration and the Illinois Department of Transportation's Division of Water Resources requires municipalities to enact outdoor water sprinkling restrictions.

In Niles, all watering between the hours of 12 p.m. (noon) and 6 p.m. is prohibited everyday of the

Public Notification

The Niles Park District will be making chemical applications during the next two (2) weeks in various parks throughout the District for the purpose of weed control on turf areas.

In addition, each park will be posted with signs in the specific application areas. Signs will be posted 24 hours in advance of the applications and will remain up 24 hours after applications.

All procedures concerning notification and application of turf management chemicals will strictly adhere to the guidelines outlined in the Niles Park District's Board of Commissioners Statement of Policy.

week from May 15 through September 15.

All Niles citizens are urged to follow the sprinkling restrictions in order to maintain adequate water pressure for fire-fighting as a protection for your home or business.

Osteoporosis Screening for Niles residents

The Village of Niles is offering an Osteoporosis Screening for women 35 and older and men 45 and older at the Niles Trident Center on Wednesday, June 25 from 3 until 9 p.m. and Thursday, June 26 from 9:30 a.m. until 4 p.m. Register in person at the center Monday through Friday from 9 a.m. until 5 p.m. Contact Terry Sprengel, RN, BSN for more information at 588-8420. After 5 p.m. call 692-3396 to make arrangements. This disease is diagnosed by doing a bone density scan for the cost of \$25. You must register in advance.

Study construction of baseball diamonds on County Forest Preserve land

Niles eyes Jozwiak Park for Public Works building

by Rosemary Tirio

Despite the cool spring weather, the new baseball season is in full bloom, and the two-year-old controversy about Jozwiak Park seems to be coming back to life as well.

The old proposal, to move the park's baseball diamonds to another location to make room for expansion of the Public Works facility adjacent to the park, was quashed last year when citizens banded together to protest the move, which would have necessitated the loss of one of the two diamonds.

Instead of moving the diamonds to the intersection of Harlem and Touhy avenues on part of the property being developed by Pontarelli Builders, the Village Board decided to build a new public works facility on the site.

However, according to Village Trustee Andrew Przybylo, the projected cost of building the new Public Works facility "next to 400 condo units at a prime location near a high traffic intersec-

tion" would be at least \$13 million as opposed to the \$9 million projected price tag for expansion of the existing facility adjacent to the park.

The additional costs would come from cosmetic and aesthetic considerations that would have

to be included if the facility is built "from scratch" at the busy Harlem-Touhy intersection.

"We could very well build [the new facility] right now," Przybylo said. "We've looked at the renderings by the architect and engi-

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Sheriff, Glenview police conduct traffic check

The Cook County Sheriff's office and the Glenview Police Department conducted a traffic checkpoint from 9:30 p.m. May 16 to 1:30 a.m. May 17 in a parking lot in the 9800 block of Milwaukee Avenue.

More than 20 officers from both departments wrote 79 tickets during the four hours of traffic net. Four tickets were issued for driving under the influence of alcohol, seven for driver's license offenses and the remainder for a variety of offenses in-

cluding failure to wear a seat belt or have a valid vehicle sticker.

The sheriff's department conducts six roadblocks each month throughout the county. Vehicles are stopped randomly and searched for weapons, drugs or other illegal articles, and drivers' papers and identification are checked for proper registration. Police are also able to determine whether any of the drivers or passengers who are stopped are wanted on outstanding warrants.

Mayor Blase honored by Board and employees



In recognition of Mayor Nicholas B. Blase being elected to his 10th term in office, and for his high standards and excellence in service, the Mayor was presented with a plaque from the Board of Trustees, Directors, employees and residents. During his 36 years in office, Mayor Blase has demonstrated outstanding leadership and service to the Village of Niles.

Bethany Terrace thanks its nursing staff

The week of Monday, May 5 through Friday, May 9 saw fun and games at Bethany Terrace Nursing Center as "Nurses' Week" was celebrated honoring the Nurses and C.N.A.s (Certified Nursing Assistants).

Co-organizers Shirley Sax of Morton Grove, Administrative Secretary, and Hannah Po, R.N., P.M. Supervisor of Arlington Hts. presented daily drawings per shift for cash awards plus guessing and word-puzzle games for prizes.

Others serving on the Committee were Emelda Santos of Skokie, Medical Records, Anne Schurr, L.P.N. of Mt. Prospect and resident Kenneth Hartman. Lending "Helping Hands" were Lori Lentz, Director and Staff of Activity Office, and Marguerite Vaughan, Director of Volunteer Office.

Donors of the prizes were: The Activity Office and the Volunteer Office/Gift Shop, Dr. Paul Vega, Dr. Howard Sterling, Dr. Jack Van Elk, Drs. Lossman & Balda, General Medical Corp., Univer-

sal Portable X-Ray, Whitestone Corp., Ambulette Service, CM Cardiac Monitoring, Homeward Bound Medica, Chicago Portable X-Ray & Imaging and Harmony/Cascade Corp.

In addition, Bill Klein of Nursing Home Pharmacy donated duffel bags as gifts for the entire nursing staff/department. Gifts for each nursing department employee were also arranged by Director of Nursing Lynn Hetherington, R.N., Chicago.

Games & Winners include: Daily Drawings: Norma Agudo, R.N., and Tanvir Akhtar, C.N.A., Des Plaines, C.N.A.s Flora Allen, Margaret Czech, Lincy Jacob, Christiana Kaika, and Stephanie Williams, Chicago, Jane Liban, Morton Grove, Puri Rodriguez and Alberto Terrones, Glenview.

Guessing Games: "Wanna Borrow a Paper Clip?" (office supplies count), Tita Beldia, R.N., Niles; "Show Me the Money" (poker chip count) (tie) C.N.A.s Indira Dedhia, Skokie, and Sithara Thomas, Chicago,

and Jung Park, R.N., Glenview, "Sweets to the Sweet" (candy count), Chin-Yeh Lim, R.N., Glenview; Guess the weight: ("Light", cotton) (tie) C.N.A.s Christiana Kaika, Chicago and Oscar Terrones, Glenview; ("Heavy", pebbles) and "What's in the Jar" - Juanito Naelgas, C.N.A., Skokie.

Puzzle Games: "Thank You in Different Languages" - Flora Ariola, C.N.A., Morton Grove, "Congratulations" Word Search, (tie) C.N.A.s Jerilyn Ng, Prospect Hts. and Richard Beltran, Morton Grove. "Song Parodies" (tie) Tracey Oglesby, L.P.N. and Stephanie Williams, C.N.A., Chicago, "Know Your Employees" - Rowena Regala, L.P.N., Morton Grove and "Word Count" and "Terrace Road Rally", Jane Liban, Morton Grove.

Consolation prizes were awarded to all who participated in the games, but did not win.

Adding to the excitement, door prize tickets were given to each nursing department employee every time they worked during the week and over 50 numbers were called with 35 winners.

On Thursday, an annual ceremony, "Blessing of the Hands" was conducted by the Reverend Sunny Lopez and C.E.O. of Methodist Hospital, Reverend Stephen A. Dahl with all departments participating. This was followed by an Ice Cream Social.

Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to residents of the Village of Niles age 62 and over, and their younger spouses. Niles seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

YARN NEEDED
The Senior Center is requesting any left over yarn or scraps of material (8" x 8" or bigger). Lap robes and shawls are made for veterans at Hines Hospital. Volunteer knitters and crocheters are needed also. If interested, contact Mary Vandenplas.

OFFICE RECEPTIONIST VOLUNTEERS NEEDED
The Senior Center is currently looking for volunteers to help in the office answering phones and doing special projects. Call Mary Oleksy if interested.

TICKET SALES
Ticket sales will be on Wednesday, June 4 at 9:30 a.m. on a walk-in basis. Tickets will be on sale for the following events: Picnic at Oak Park on Friday, July 11 from 11 a.m. to 3 p.m. Price of \$5.50 includes hamburger, hot dog, corn, cole slaw, baked beans and a surprise dessert; Lake Geneva Cruise/ Shopping Trip is on Thursday, July 17 from 9:30 a.m. to 5 p.m. Enjoy a 2 hour leisurely, narrated cruise aboard the Belle of the Lake. Lunch on Chicken Wisconsin (chicken breast suffed with apple, cranberry, and pecans). Time to shop is included. Cost is \$30.

SHIP PROGRAM
Volunteers from the Senior Health Insurance Program are available on Monday and Friday mornings to assist with Medicare and supplemental insurance questions. Call for an appointment.

CALLING ALL FUN LOVING PEOPLE
If you are looking for a fun way to spend a few afternoons, come and join our Kitchen Band. We are looking for a pianist and other creative musicians! If you are interested, call Mary Oleksy.

SPELLING BEE
The third annual spelling bee is Wednesday, May 28 at 10 a.m. Each participant will receive a list of rules along with a study guide at the time of registration. The top two winners will be awarded prizes. So, if you enjoy a challenge, this contest is for you. We could use some enthusiastic people in the audience. Come and support your friends.

BOOK REVIEW
Book Review is Friday, June 6 at 10 a.m. The featured book is *Dead Man Walking* by Sister Helen Prejean. Come and pick up your book now. Cost is \$1 which includes refreshments.

JUNE LITE LUNCH AND MOVIE
June lite lunch and movie is on Friday, June 13 at noon. Enjoy sloppy Joe sandwiches followed by the movie "Now and Then" about four young girls' adventurous childhood and where they are now. Price is \$1.75.

Pinslys celebrate 60 years together



Love is in the Air! Glenbridge Nursing and Rehab Centre celebrates the 60th Wedding Anniversary of Joel and Evelyn Pinsly in grand style.

On June 1, at 4 p.m., Evelyn and Joel Pinsly will renew their Wedding Vows that they first took on May 30th, 1937. Joel can recall fondly the day he took Evelyn Rosenblatt to be his bride.

Joel and Evelyn resided on Lawndale in Chicago after they were married. Together, they raised two children: Adrienne and Garry. Joel worked most of his life for the Bowman Dairy.

Evelyn worked for Larry Goodman Discount Store. Together they worked at raising a family. In 1980, after they both retired, they packed their bags and moved to Des Plaines.

Joel who has resided here at Glenbridge for the past 2-1/2 years is very outgoing. Evelyn visits almost daily and considers Glenbridge a part of her family.

Evelyn and Joel will celebrate with family and friends with a cultural dinner following the service in the Stratford Room at Glenbridge.

Niles Historical Society fundraiser

Like to play miniature golf? As a special fundraiser, the Niles Historical Society is planning an early evening of fun and prizes for all golfers: good, bad, new, seasoned and indifferent. Mark your calendars and join us for the first annual Miniature Golf Outing to be held at Jozwiak Park, Touhy and Franks Avenues on Saturday, June 21, 4 p.m. to 8 p.m. You can make your reservations by contacting any member of the Niles Historical Society or by calling (847) 390-0160. Leave a message for the number of tickets you require and they will be delivered to you.

Miniature golf is for everyone -- adult and children alike -- so make up a party of your family, friends, neighbors and all -- Nilesite or not -- and be a part of this fun afternoon. Admission, \$10 per adult and \$8.50 per child 12 and under, includes 18 holes of golf, a hot dog, chips, beverage and dessert, prizes, surprises and lots of fun.

All proceeds will benefit the ongoing/renovation projects and programs of the Niles Historical Society.

The Niles Historical Museum is open every Wednesday and Friday, 10 a.m. to 3 p.m.; other times by appointment only. Call (847) 390-0160 for more information.

U of I Phi Beta Kappa

The University of Illinois Chapter of Phi Beta Kappa initiated new members during the past academic year.

The initiates, all recent graduates of the College of Liberal Arts and Sciences, include: Karen Kimberly Larson, Wook Hee Lee and Kenneth Paul Tataris of Glenview; Lisa Hye Cho of Morton Grove; Erika Diane Bondarowicz and James Alfred Pellegrini of Park Ridge; Joni Gayle Aron, Benjamin Noah Federal and Daniel Ross Halperin of Skokie.

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PUBLIC SERVICE ADVERTISEMENT



BY JEFFREY CARDELLA
Special to The Bugle

Edward Jones: Take a Sporting View of Investing

People like analogies. Explaining your point by relating it to something familiar to the listener makes it easier to understand and can even be entertaining. In the often mind-boggling world of finance, analogies can be a big help.

Sports analogies are particularly handy. When it comes to athletics, most people have experience either playing or spectating. Comparing financial concepts to sports can really help make the point (pun intended). Take the following basic tips, for

example. Not every investment is for every investor. Ever play a good game of football? Remember how whenever you ran with the ball, someone tried to knock you down and take it away? Were you the type who reveled in every hit and didn't mind the morning-after aches and pains? There's an investment lesson to be learned there. Some of us prefer aggressive, high-risk stuff. Sure, you can get hurt, but high-risk investors say, "No pain, no gain." They know the

risks and take the hits, and the survivors have fun. But not everyone is a football kind of investor, which leads us to the next tip. Balanced portfolios stand the test of time. Notice that there aren't as many old football players as there are golfers? That's because most golfers, like most investors, prefer the gentle approach. You stay in the game longer. Nobody tries to steal your ball, and no one gets hurt. Someone doesn't have to lose for you to win.

A good investment is like that. Buy a stock, watch it grow, and if the situation warrants, sell it. Whoever buys it can enjoy the same rewarding experience, because a good investment continues to grow regardless of how often the ownership changes. Start investing now. In sports, there are spectators and there are players, and both groups enjoy the game. But to be a financial winner, you can't make money just by sitting in the stands. You've got to get out there and

play. Even if you think you don't have enough funds, a good financial advisor can show you how to get started. Neither sports nor investing offers a guarantee. But what they do offer is the thrill of competing and the opportunity of winning. So meet with a professional investment representative, and put together a financial game plan that will make you a winner. Jeffrey Cardella can be reached at Edward Jones, 8141 N. Milwaukee, Niles, 470-8953.

First female firefighter sworn in

A new member of the Niles Fire Department was sworn in recently by the Fire and Police Commission. Des Plaines resident Yolanda Klich. She is the first female to be hired as a firefighter/paramedic with Niles and started her career on April 14, 1997.

Yolanda has prior fire and paramedic experience working for Superior Ambulance of Elmhurst and as a firefighter/paramedic with the Elk Grove Township Fire District.

For the next two years she will be attending training schools such as, Hazardous Materials, fire and paramedic to update her skills all of which will make up her first two years of probation. All schools are state certified which maintain a professional level of training throughout the state.



Commissioner Sam Bruno and FIF-Prob. Yolanda Klich.

'The Octogenarian Challenge'



Back Row: L-R Carmen Mazzuca, Joe Young, Ed Plusinski, Paul Greco. Front Row: Gene Mowinski, Hank Kula, Bill Zillmer. Not in the picture, Bob McDonnell.

During the past 15 years, the Niles Senior Mens, 'Fitness For Fun' Exercise Class at the Grennan Hts. Fitness Center, have been proving that a combination of positive thinking, proper diet, and regular exercise, will postpone aging, and lengthen the years of good health and happiness during the retirement years.

The group recently celebrated Hank Kula's 80th birthday at Nancy's Pizza, as he joins seven other members of the class who are enjoying their octogenarian years.

It all began when Bill Zillmer, a retired physical therapist, started the Fitness Program at the Trident Center, with only 5 men, 15 years ago. During the years, the class has grown to 42 men who are dedicated to staying fit. The majority of the men have been attending the class regularly, twice weekly, for more than 12 years.

The men in the Niles Senior Men's 'Fitness For Fun' Class are challenging the National Statistics for Retired Senior Men.

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Wound Care Focus of Area Program

The Wound Treatment Center in Niles, Illinois caters to some very tough customers. It is not the patients that are the problem, but the difficult medical condition from which they are seeking relief. "Non-healing wounds can have serious health consequences if left untreated," states Carol Bier-Vessell, RN, Program Director for the Center. "Fortunately, there are options which can help in even the most difficult cases." Wounds are breaks in the skin that also affect the underlying tissue. Causes include cuts, burns, prolonged pressure to an area of skin or even poor blood circulation. Most wounds heal in seven to ten days, if there are no complicating factors. "The patients

that we see at the Center," states Carol Bier-Vessell, "have chronic wounds - those that have not healed as long as weeks, months or even years later."

Dr. Gregory Pulawski, Medical Director, believes that these non-healing wounds respond best to a coordinated treatment approach. "The Center has a team of professionals that can be involved in a patient's care, as is medically indicated." The dedicated support staff includes a Diabetic Educator, radiology services, social work and a physical panel of podiatrists, endocrinologists, orthopedists, and vascular and plastic surgeons. Availability of these services offers an individualized course of treatment for each patient.

Successful healing of chronic wounds is not easy. The key is in compliance with the treatment option and regular follow-up with a patient's physician. "Healing a chronic wound often takes as long as

twelve weeks of treatment - it is a big commitment for our patients and their support system," states Bier-Vessell. "We make sure that everyone knows what the expectations are and that the treatment is being carried out at home." Transportation is available for individuals who can not secure their own ride.

To ensure long-term success, patients should follow up with their primary physician. "Our goal is to heal the wound," states Dr. Pulawski. Patients often have other complicating medical issues in addition to the wound that needs attention. Regular visits to a primary care physician can help prevent the reoccurrence of the wound.

In order to help patients determine treatment options, The Wound Treatment Center provides onsite evaluation. For further information about the Program, or to schedule an appointment, contact Carol Bier-Vessell at (847) 294-0402.

Morton Grove Senior Citizens 470-5223

WHEELCHAIR DRIVE

A wheelchair drive will be held at the Glenview Evangelical Free Church from 9 a.m. to 12 noon on Saturday, May 31 at the corner of Golf and Shermer Roads. All wheelchairs are accepted, regardless of their condition along with crutches, canes, walkers, and wheelchair parts. The wheelchairs will be repaired and sent to third world countries that do not have wheelchairs available, or countries that have a waiting list that could be as long as ten years from the date a chair is requested. Last year, 450 wheelchairs were distributed in Poland alone, along with hundreds of canes, walkers and crutches. If the item needs to be picked up, call Barbara Blasco at (847) 470-8924 to make arrangements. All donations are tax deductible.

CHOLESTEROL SCREENING

Cholesterol is a soft, fat-like substance found in every cell in the body. Most of the body's cholesterol is made in the liver, the rest comes from animal fat in foods. Egg yolks, meat, poultry and dairy products all contain cholesterol. Everyone needs some cholesterol, but not too much. Eating foods low in animal fat is one of the best ways to lower cholesterol. Cholesterol screenings will be offered from 9 to 11 a.m. on Tuesday, June 3 in the Flickinger Senior Center. The quick and simple test will give an accurate total blood cholesterol measurement in just three minutes. For Morton Grove seniors (age 65+) there is a charge of \$3. For those under 65 or for non-residents the charge is \$4.

LUNCH BUNCH MOVIE

Following the regular Senior Nutrition Site lunch on Wednesday, June 4, "Home Alone" will be shown at 1 p.m. in the Flickinger Senior Center. Lunch is provided for those who make a reservation. Seniors who do not come in for lunch can still come for the show. The July 2nd movie is the "Absent Minded Professor." For information about the lunch program, call the Morton Grove Senior Hot Line at 470-5223.

"TEA-RIFIC" GIRL SCOUT TEA PARTY

Join Morton Grove Girl Scout Troop 741 in an afternoon of tea and entertainment. This "Tea-rific" Party will feature several young local musicians. There will be cake and assorted teas served. The Brownie Girl Scout Troops from the area will accompany each senior as a hostess. The "Tea-rific" Party will be held from 1 to 3:30 p.m. on Thursday, June 19 in the Morton Grove Village Hall Senior Center. This afternoon delight is free and open to all Morton Grove seniors. Call the Morton Grove Senior Hot Line at 470-5223 to reserve a spot with the Girl Scouts.

OSTEOPOROSIS SCREENING

Each year, several hundred thousand older people are seriously disabled by broken bones. The incidence of hip and arm fractures goes up with age, particularly in women, and it is estimated that 10% to 20% of seniors who suffer broken hips die within six months of the injury. One reason for this increase is that since bones are not as strong as they once were, even a minor impact may result in a fracture. Osteoporosis, the gradual thinning and weakening of bones with time, occurs to varying degrees in more adults. White women with small frames have the highest incidence. A body scan-type screening for osteoporosis will be available from 9 a.m. to 12 noon on Saturday, June 14 in the Maine Township Town Hall, 1700 Ballard Road in Park Ridge. The cost is \$10 and reservations are required by calling the Suburban Area Agency on Aging at (708) 383-0258.

NATIONAL EYE CARE PROJECT

The National Eye Care Project (NECP) is a nationwide outreach program designed to provide medical eye care to the nation's financially disadvantaged senior citizens. The NECP provides referrals for U.S. citizens age 65 or older who do not have access to an ophthalmologist they have seen in the past. Callers who meet the eligibility requirements are mailed the name of a volunteer ophthalmologist in their community. Participating doctors provide medical eye examinations and treatment for any condition or disease diagnosed. Eyeglasses, prescriptions, hospital services and other medical services are not covered under the program. For a referral, call 1-800-222-EYES.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-1200. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053.

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Church and Temple News

OBITUARIES

RAYMOND L. WITKOWSKI
Raymond L. Witkowski, 70, of Chicago, died April 9. He was born July 23, 1926 in Chicago. Beloved husband of Loretta (Woytasik) Witkowski. Beloved father of Barbara (Fred) Ekins, Lawrence (Marcia) Witkowski and Patricia (Robert) Borgula. Grandfather of Christopher, David, Robert, Laura and L.J. Matthew. Great-grandfather of Anna Witkowski. Brother of Richard (Ann) Witkowski, Frances (the late Walter) Kulesa and the late Edward Witkowski. Services

were held April 14 at St. Juliana Church, Chicago. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

KATHARINA KRAUS
Katharina Kraus, 88, of West Dundee (formerly of Niles), died April 8 at Fountains of Crystal Lake. She was born February 11, 1909 in Mettersdorf, Transylvania. Beloved wife of the late John Kraus. Beloved mother of Elizabeth (William) Wente and Margaret (the late William) Salmen. Grandmother of Carol (Jim) Ames, Linda (Bradford) Staats and Dr. John Salmen. Great-grandmother of 4. Sister of Sophie Daichendt. Services were held April 12. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Lucas Cemetery, Chicago.

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SUHAIR RAYAHIN
Suhair Rayahin, 40, of Morton Grove, died April 18 at Lutheran General Hospital, Park Ridge. She was born April 26, 1956 in Jordan. Beloved daughter of Jamil and Najat Rayahin. Services were held April 21 at St. Haralambos Orthodox. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in Ridgewood Cemetery, Des Plaines.

EDMUND PASDA
Edmund Pasda, 74, of Park Ridge, died April 18 at Lutheran General Hospital, Park Ridge. He was born October 30, 1922 in Poland. Beloved husband of Sophia (Matuszkiewicz) Pasda. Services were held April 21. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in Maryhill Cemetery, Niles.

ASIM FRANK TANOVICH
Asim Frank Tanovich, 77, of Skokie, died April 15 at Columbus Hospital, Chicago. He was born September 21, 1919. Beloved brother of the late John and

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Audo "Jack" Tanovich. Trusted friend of Carol Lord and her sons William and James. Services were held April 19. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in Acacia Park Cemetery, Chicago.

DUK HEUN CHANG
Duk Heun Chang, 69, of Skokie, died April 12 at Swedish Covenant Hospital, Chicago. He was born August 22, 1927 in Korea. Beloved husband of Mrs. Hae Sun (Choi) Chang. Beloved father of Hyung Hoon Chang. Services were held April 15. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in Memorial Park Cemetery, Skokie.

MARY KATHERINE MILINKOVICH
Mary Katherine Milinkovich (nee Ryan), 46, of Des Plaines, died April 6 at Lutheran General Hospital, Park Ridge. She was born January 14, 1951 in Chicago. Beloved wife of Bob. Beloved mother of Nicholas and Melanie (Dewayne) Mathis. Grandmother of Jessica and Alexis Mathis. Sister of Rita (Bobby) Knight. Services were held April 9 at St. Isaac Jogues Church, Niles. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

SOPHIE RASMUSSEN
Sophie Rasmussen (nee French), 89, of Des Plaines, died April 3 at Ballard Nursing Centre, Des Plaines. She was born October 16, 1908 in Warren, MN. Beloved wife of the late Arnold. Beloved mother of Marian Isakson, Lucille Johnson, and the late Mae Johnson. Grandmother of 11. Great-grandmother of 35. Great-great grandmother of 6.

Services were held April 9 at Messiah Lutheran Church. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in Mount Emblem Cemetery, Elmhurst.

BANG WON YOU
Bang Won You, 53, of Morton Grove, died April 3 at Lutheran General Hospital, Park Ridge. He was born August 3, 1943 in Korea. Beloved husband of Chung Ja (Kim). Services were held April 5. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in Ridgewood Cemetery, Des Plaines.

LILLIAN H. LIEBHARTH
Lillian H. Liebharth, 79, of Morton Grove, died April 15 at Lutheran General Hospital, Park Ridge. She was born November 10, 1917 in Gary, Indiana. Beloved wife of John A. Liebharth. Beloved mother of Linda (Jim) Michalak. Grandmother of Jason Michalak and Erik Michalak. Sister of Beatrice (Jake) Joseph. Aunt of Paula (Ike) Sargis, Jeff Joseph, Debbie Saki and Michael Mandich. Services were held April 18. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Elmwood Cemetery, River Grove.

ANNA B. HICKEY
Anna B. Hickey, 88, died April 14 at Bethany Terrace Nursing Home. She was born February 25, 1909 in Chicago. Beloved wife of the late Walter V. Hickey. Beloved mother of Denise (Robert) Niedrich. Grandmother of Diane Niedrich and Richard (Suzanne) Niedrich. Great-grandmother of 2. Aunt of Jean Fletcher and LaVerne Hickey. Services were held April 17 at Our Lady of Ransom Church. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Joseph Cemetery, River Grove.

Church and Temple News

Eleven years of feeding the hungry celebrated

On the day it opened its doors some eleven years ago, the St. Stanislaus Koska Soup Kitchen was less than overwhelmed by the number of those looking for a nourishing noon-time meal. "It was a little disappointing," commented Sister Ann Schaffer, the Daughters of St. Mary of Providence nun who, along with Catholic Charities, founded and still manages the soup kitchen. She added, "That first day, we served a total of four people. Of the four, two were Bishop Edwin M. Conway of Catholic Charities, and Father Joseph Glab, then pastor of Saint Stanislaus Koska Church. We literally went to the streets looking for more people to serve."

Eleven years and almost 600,000 meals later, Sr. Schaffer and her army of volunteers don't have to worry where their next

hungry mouth is coming from. Each weekday, Monday through Saturday, the soup kitchen serves an average of 150-200 people. This includes men, women, and some children. The soup kitchen is located in the basement of St. Stanislaus Koska Church, the 125 plus year-old church which literally abuts the south bound lanes of the Kennedy expressway, just north of Division Street on Noble.

While the kitchen and dining room space are provided by St. Stanislaus, the foodstuffs are donated by Catholic Charities and the St. Vincent DePaul Society. The soup kitchen also receives private donations of food and money from various businesses and individuals.

Catholic Charities of the Archdiocese of Chicago fulfills the

Holy Name Spiritual Assembly

The 17th Annual Archdiocese of Chicago Holy Name Society Spiritual Assembly will be on Friday, June 13th, for Archbishop Francis George.

Procession of Banners commences at 7:15 p.m. The 17th Annual Archdiocese of Chicago, Holy Name Society, Spiritual Assembly, will be sponsored by the St. John Brebeuf Holy Name Society. This renewal of spirit and dedication to the honor of the Sacred Heart of Jesus will mark the first time a North Suburban Parish will host this celebration. A procession of

all Holy Name Society members from the Archdiocese, as well as Knight of Columbus and Peter Claver will make their way through neighborhood streets to the main church entrance. Traditional intercessions will be given in several native languages and several traditional gifts will be presented by men of participating societies. After the procession and Mass, there will be a reception in Flanagan Hall. St. John Brebeuf Church 8307 N. Harlem Ave. Niles (847) 966-8145

Vacation Bible School

This summer, let your kids in for a high-flyin' time at the Vacation Bible School in St. Paul Lutheran Church, 5650 N. Canfield in Chicago. Running from June 23-27, 9:30 a.m. to 12 noon, the program is called "Sonrise Balloon Adventure," and tells the story of two sisters on a hot-air balloon race. Their flight of faith takes them through everything from foggy swamps to an Arctic crash, and shows how they help an opponent who is always trying to cheat his way to victory.

Each morning will begin with a skit that progressively tells the story of their adventures. Following the skit, classes will rotate through such activities as Bible-story time, crafts, outdoor games, Bible memory, singing, and "fun snacks." The classes will come back together for each day's closing with prayer and the songs they have learned that day.

For further information, please call the church office at (708) 867-5044.

NSJC celebration

Northwest Suburban Jewish Congregation, Morton Grove, will kick off a year long celebration honoring NSJC as it begins its 40th year of service and commitment to our community at the Annual Dinner Dance on Sunday, June 8.

Entitled "Thanks for the Memories...Paving the Way for the Future", the congregation will take a

stroll down memory lane, reliving the past, rejoicing in the present and looking towards the future. For further information, call the Synagogue office, 965-0900.

USE THE BUGLE

Church and Temple News

Niles Assembly of God dedication service

Church's role in the mission of charity by providing compassionate, competent, and professional services to improve the quality of personal and family life while respecting the unique resources of each individual.

You are cordially invited to the Niles Assembly of God Church dedication service. Special guest speaker will be the Superintendent of the Illinois District of The Assemblies of God, Reverend Paul Martin.

The dedication will be Sunday, June 1 at 2 pm at the Oak Mill Mall, 7900 Milwaukee Ave., Niles, Suite 224.

For more information call 847-470-9988.

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Health News

Sajjini Thomas M.D., joins Resurrection

Sajjini Thomas, M.D., of Darien, has been appointed Associate Director and Obstetric Coordinator of the Family Practice Center at Resurrection Medical Center, 7435 West Talcott Avenue.

Dr. Thomas participates in the education and supervision of residents in the Family Practice Center with special interest in obstetrics, gynecology and ophthalmology. The center, which is staffed by 18 residents completing a three-year residency, provides physician care for people of all ages.

Dr. Thomas is a graduate of the Coimbatore Medical College of Madras University in Madras, South India. She completed an internship and residency in family practice at Resurrection Medical Center and is a member of the American Association of Family Physicians. She also obtained a



Sajjini Thomas M.D.

diploma in ophthalmology from the Royal College of Surgeons and Physicians in Dublin, Ireland.

For information on the Family Practice Center or to make an appointment, call 773-792-5155.

Teach children the dangers of smoking

On May 31, in recognition of World No Tobacco Day, the American Lung Association of Metropolitan Chicago (ALAMC) and Barbara's Bookstore are sponsoring a "Proud to be Smoke Free" Berenstain Bears Children's Event at Barbara's Bookstore in Navy Pier. The event is to promote the "Berenstain Bear Ring" children's book, which encourages children to remain smoke-free in spite of peer pressure.

Each day 3,000 children smoke their first cigarette, that's more than one million annually. Approximately one-third of these children who become smokers will eventually die of smoking-related diseases. Most commonly, peer pressure from a friend who already smokes, is the start of this deadly habit. The Berenstain Bears Children's Event encourages children not to be influenced by others who smoke, and instead influence them to quit smoking.

The event takes place from 11 a.m. to 12:30 p.m., and includes the reading of excerpts from the book, a twenty-minute presentation on the dangers of smoking, anti-smoking activities, and an autograph session with our two celebrities and the Berenstain Bears. While the book is targeted to children ages 7-10, children of all ages are welcome to attend.

"Proud to be Smoke Free" is a fun, educational event that helps children learn about the dangers of smoking while meeting the Berenstain Bears.

For more information on the Berenstain Bears Children's Event, contact the American Lung Association of Metropolitan Chicago at (312) 243-2000.

Jim Gibbons Memorial 5K Run and Walk

The 3rd annual "Jim Gibbons Memorial 5K Run and Walk" benefitting the Leukemia Research Foundation will take place on Thursday, June 19, 6:30 p.m. outside Columbia Yacht Club, where Randolph Street meets the Lake.

The event is sponsored by ABC 7 and 93XRT Radio Chicago to honor the memory of Jim Gibbons, a 25-year veteran investigative reporter from ABC 7, who succumbed to leukemia in 1994. Other top sponsors include Whole Foods Market and Allstate Insurance Company.

Entry fee is \$15 prior to June 10 and \$20 day of race. This (Chicago Area Runners Association) CARA-registered event will offer separate races for men, women and walkers. Awards will be given to the top three finishers in each age category and to the top corporate teams. Prizes will also be awarded to their high pledge earners.

Mail registration deadline is Tuesday, June 10. Race day registration will begin at 4:30 p.m. Early registration and packet pick-up will be available at Ver-tels, 2001 N. Clybourn Ave., June 17 and 18, 2 to 8 p.m. Following the Run/Walk, there will be a post-event party, featuring music from 93XRT Radio Chicago and refreshments provided by Whole Foods Market.

All proceeds benefit the Leukemia Research Foundation. For more information, call the 5K Hotline at (847) 982-1022.

Center of Concern Calendar for June

The Center of Concern has announced the following calendar for the month of June:

Monday, June 2, 29, 16, 23 and 30. Weight Loss Support Group - 10 a.m., Room 4 on ground floor of 1580 N. Northwest Hwy. Bldg., Park Ridge.

Monday, June 2, 9, 16, 23 and 30. Employment Counseling - by appointment only.

Tuesday, June 24, 2 p.m. Book Browsers Club in Room 4.

Tuesday, June 3, 10, 17 and 24. Employment and Medicare Counseling - by appointment only.

Wednesday, June 4, Wills Counseling - by appointment only.

Thursday, June 5, 12, 19 and 26. Grief and Loss Support Group, 2 p.m., Personal Counseling by appointment only.

Saturday, June 7, 14, 21 and 28. Legal Counseling - by appointment only.

All of the above are held at 1580 N. Northwest Hwy., Park Ridge, Suite 310, unless otherwise noted. Personal Counselors are available each Thursday and other times by appointment. To make a reservation for those services which require one, please call (847) 823-0453.

Caring for an aging loved one

According to a recent study, conducted in part by the American Association of Retired Persons, one in four U.S. households are involved in caring for relatives or friends who are 50 or older—a record number that will significantly increase as the baby boom generation grays.

The study also points out that such assistance requires a serious commitment, with the average person devoting 18 hours a week for more than four years to the caregiving function. Women remain the caregivers nearly three-fourths of this time and most are working as well as raising their own children. 41 percent of caregivers profiled had children under 18, a societal trend so pervasive that it has its own label: the sandwich generation.

The following experts can provide a unique perspective on the growing need for caregiving choices—based on both their professional, and in many cases, personal experiences. To schedule an interview with an expert or client family, call the following Senior Services Program Supervisor directly, or Shelby Cunningham at (312) 986-4330: In north Cook County—Evanston/Skokie Valley: Carla Frisch at (847) 328-2404.

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Health News

Free help for allergy asthma sufferers

Information for allergy and asthma sufferers is available by phoning 312-781-9650, a free service provided by the non-profit Board Certified Allergists of Greater Chicago.

Monday through Friday, the HOTLINE reports area pollen and mold spore counts, which can cause discomfort and allergic reactions in sinuses, eyes, nose, throat and lungs of sufferers.

The HOTLINE also informs callers of an ALLERGY ALERT, high pollen and/or mold spore counts that can trigger an asthma attack.

GRASS POLLEN COUNTS are reported: LOW (less than 5 grains per cubic meter of air); MODERATE (5-20 grains);

HIGH (21-200 grains); VERY HIGH/ALERT (over 200 grains). TREES: LOW (less than 15 grains); MODERATE (15-90 grains); HIGH (91-1,500); VERY HIGH/ALERT (over 1,500).

MOLD SPORE COUNTS: LOW (less than 900 spores per cubic meter of air); MODERATE (900-2,500 spores); HIGH (2,501-25,000 spores); VERY HIGH/ALERT (over 25,000).

The Board Certified Allergists, who are specialists in diagnosing and treating asthma, allergy and sinus conditions, recommend staying indoors with air conditioning during hot, windy, dry weather, especially during an ALLERGY ALERT.

'Safe Sitter' program at Holy Family

Holy Family Medical Center will offer the "Safe Sitter" program to adolescents in the Northwest suburbs with courses in June and July. The "Safe Sitter" program teaches 11 to 13 year olds how to handle major and minor emergencies while baby-sitting. The two-day program will be held at Holy Family Medical Center, 100 North River Road in Des Plaines.

Two programs are scheduled for this summer. The first is set for Tuesday and Wednesday, June 17 and 18, from 8:30 a.m. to 3 p.m. The second program, scheduled for July 15 and 16, will also be held from 8:30 a.m. to 3 p.m. on both days. A fee of \$25 per participant covers the two-day program. For more information or to register, call (847) 297-1800 extension 2150. Class size is limited.

National Cancer Survivors Day

Myles P. Cunningham, M.D., President of the American Cancer Society, will welcome guests at a free National Cancer Survivors Day celebration on June 1 at 1 pm at the Hyatt Regency O'Hare, 9300 West Bryn Mawr, Rosemont. The celebration is being sponsored by Hope Cancer Care Network, 7447 West Talcott Avenue, a cooperative service of Resurrection Health Care and St. Francis Hospital of Evanston. Hope provides community-based cancer education and detection services as well as cancer treatment programs at Our Lady of the Resurrection Medical Center, Resurrection Medical Center and St. Francis Hospital.

"Cancer Survivors Day is dedicated to anyone with a diagnosis of cancer and their family and friends," said John Fischer, Executive Director of Hope Cancer Care Network. Keynote speaker will be Sue

Buchanan, a breast cancer survivor and author of the book *Love, Laughter & a High Disregard for Statistics*.

Registration is required. For more information and to register, call 773-792-5116.

Arthritis Coping & Education Program

The Northwest Chicago/Suburban Arthritis Coping and Education (A.C.E.) Program will hold its next meeting on Wednesday, June 4 at 7:30 pm at Advocate Medical Group, 6000 West Touhy Avenue, Chicago.

The A.C.E. (Arthritis Coping and Education) concept is designed to improve public understanding and to provide assistance to those with arthritis, the nation's number one crippling disease.

If you would like additional information, please contact Lana Pappas at 847-692-2773.

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Women's News

Therapy & drugs against breast cancer

Adding an anthracycline-based combination of cancer-fighting drugs to tamoxifen has proven more effective than tamoxifen alone in treating older women with certain kinds of breast cancer, according to a researcher at the Cardinal Bernardini Cancer Center of Loyola University Medical Center, Maywood.

More women who received both tamoxifen and the chemotherapy were free of disease after four years than women who were treated with only tamoxifen, said Dr. Kathy Albain, a breast and lung cancer expert who is an associate professor of medicine at Loyola.

The chemotherapy combina-

tion included cyclophosphamide, doxorubicin (Adriamycin, an anthracycline), and 5-fluorouracil.

Despite the combination of potent drugs, toxic side effects, including treatment-related deaths and heart problems, were extremely rare -- an encouraging finding, especially considering the age of the patient group, said Albain.

"Until now, we believed that older patients would fail to tolerate anthracycline-based chemotherapy because of the potential side effects, including heart problems," Albain said.

Patients with any signs of heart disease were excluded from the study.

The addition of anthracycline-

based chemotherapy to the treatment mix also failed to increase a woman's risk of developing endometrial cancer as a secondary cancer. That risk remained less than 1 percent for both groups, those receiving tamoxifen alone and those receiving the drug combination.

Albain presented these results on May 18 at a special integrated session on key breast cancer developments in 1997 during the 33rd Annual Meeting of the American Society of Clinical Oncology in Denver.

The study, which was coordinated under Albain's leadership by the Southwest Oncology Group, involved 1,470 post-menopausal women diagnosed as having hormone-receptor-positive breast cancer that had spread to the lymph nodes. Nearly a third of the patients were over 65 years of age.

Seventy-nine percent of the 1,109 participants who were randomly selected for the combination of chemotherapy and tamoxifen remained disease-free after four years. Among the 361 women receiving only tamoxifen, 72 percent experienced no relapse during the same four-year span.

"Use of anthracycline-based chemotherapy with tamoxifen significantly delays relapse compared to tamoxifen alone in post-menopausal women with node-positive, receptor-positive breast cancer," Albain reported. Previously, tamoxifen alone was considered standard treatment for this population.

Mount Sinai Service Club's Spring Luncheon



Skokie resident Ruth Price (right) was among nearly 350 guests at Mount Sinai Service Club's Spring Luncheon and Fashion Show, April 30 at the Four Seasons Hotel. The event, featuring a show by Bigsby for Women and culminating in a finale of fabulous evening gowns by designer Pamela Dennis, raised nearly \$50,000 for cancer research and for cancer treatment equipment at Mount Sinai Hospital Medical Center as part of the Campaign for Life. Dr. David Ansell, chairman of medicine at Mount Sinai Hospital, shared highlights of current thinking on mammography and genetic testing in detection of breast cancer and urged all women over 40, regardless of family history, to have a yearly mammogram. Ms. Price enjoyed the afternoon with Ann Sanello (center), a member of Mount Sinai Service Club, and Deanna Puleo. Since 1949 Service Club has raised nearly \$5 million for cancer research and treatment.

National Council of Jewish Women

The regional sections of the National Council of Jewish

Women will hold a memorial service inaugurating the *Illinois Silent Witness Exhibit* on Sunday, June 8, at the James R. Thompson Center, 100 West Randolph, in Chicago at 3 p.m.

The *Illinois Silent Witness Exhibit* is open to the public from June 8 until June 15. This week-long memorial consists of life-size female silhouettes cut from plywood and painted red, each bearing a shield telling the story of a particular victim of domestic violence.

More information is available by calling 847/432-4726.

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Women's News

Adopting overseas: Bringing your child home

Families who want to know more about adopting children of all ages from other countries are welcome to attend a 2-hour seminar on international adoption. The seminar, CHOSEN CHILDREN: ADOPTING INTERNATIONALLY, will begin at 7:30 p.m. Monday, June 2, and will be held at The Cradle, 2049 Ridge Ave., in Evanston.

The seminar is presented by Ibe White, who is the Director of Universal Family Services in Mill Valley, Calif., and an international adoption facilitator with adoption programs in Russia, Mexico and Vietnam.

Individuals and couples are encouraged to ask questions about international adoption procedures, document requirements, waiting times and costs. They

will also learn more about how adoption relates to their specific family situations. Photographs of adopted and waiting children will

be available. The seminar is free. For more information, call Judy Stigger at (847) 475-5800.

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Community Calendar

ARTS & CRAFTS

May 30 - 31
OAK PARK - LAKE
 Scoville Park, Oak Park Avenue & Lake St., Oak Park, will fill with a fascinating variety of art and craft work during the ANNUAL OAK PARK AVENUE-LAKE ARTS & CRAFTS SHOW to be presented by American Society of Artists on Friday and Saturday, May 30-31. The show, which is hosted by The Park District of Oak Park and by the Avenue Lake Business Association will be held from 11 am to 7 pm on Friday and from 9 am to 5 pm on Saturday. For information call 312/751-2500 or by calling 847/991-4748.

June 6-8
ART & CRAFT FESTIVAL
 Exhibitors from across the nation plus talented area artists and craftspeople will participate in the 25TH ANNUAL WATER TOWER ART & CRAFT FESTIVAL on Friday through Sunday, June 6-8. The show will take place from 11 a.m. to 7 p.m. each day and will be held on Chicago Avenue Between Michigan Avenue and Lake Shore Drive and on Pearson Street from Michigan Avenue to Miles Van Der Rhee, Chicago. Additional information may be obtained from American Society of Artists at (312) 751-2500.

June 7-8
OUTDOOR FLEA MARKET
 Enjoy the anticipation of the upcoming summer months with the Skokie Park District's outdoor Flea Market/Craft Show on Saturday, June 7, 9 am-2

pm at the Oakton Community Center parking lot (4701 Oakton St.) in Skokie. Raindate is Sunday, June 8. Interested vendors, stop by the Devonshire Cultural Center (4400 Greenwood St.) for an application.

BUSINESS

Tues. June 10
HOMESEEKERS SEMINAR
 A free Homeseekers Seminar will be held from 5 pm to 7 pm at Harris Bank, 111 W. Monroe in the 8th Floor Center Assembly Room. The seminar is open to the public, but space is limited. Please call 312/461-3363 for reservations.

ENTERTAINMENT

Thurs., June 5
"PLAY IT FOR THE KIDS"
 The Men's Association of Lutheran General Hospital is sponsoring its 22nd Annual Golf Tournament "Play It For The Kids," on Thursday, June 5, at Midlane Country Club in Wadsworth, IL. Registration for this year's tournament will begin at 10:30 a.m. followed by a luncheon. Golf will begin with a shotgun start at 12:30 p.m. with a best ball, scramble event. Open bar cocktails begin at 5:30 p.m. and includes a buffet, silent auction and raffle. Casual attire is the dress code for the day and evening. Proceeds from the event go to pediatric and other healthcare programs. Call (847) 723-5978 for information.

Thurs., June 5
ADULT STUDENTS RECITAL
 Thursday, June 5 at 7 p.m. Sherwood Conservatory of Mu-

sic is having an adult students recital and open house. You are invited to meet our accomplished faculty members and hear our talented adult students perform. Sherwood Conservatory is located at 1014 S. Michigan Ave., Chicago. For more information, call (312) 427-6267.

Sat., June 7
SUZUKI OPEN HOUSE
 Saturday, June 7 from 10:11:30 a.m. Sherwood Conservatory of Music is having a Suzuki open house. Learn about our Suzuki-based programs for piano, violin, cello and harp. Bring your children to try our instruments, meet teachers, preview classes and hear other students perform. Refreshments! Activities! Fun! Located at 1014 S. Michigan Ave., Chicago. For more information, call (312) 427-6267.

Sat., June 21
CHILDREN'S OPEN HOUSE
 Saturday, June 21 from 10 a.m. to noon Sherwood Conservatory of Music is having a children's open house. Bring your children to try out instruments, meet teachers, preview classes and hear other students perform. Refreshments! Activities! Fun! Located at 1014 S. Michigan Ave., Chicago. For more information, call (312) 427-6267.

Fri. & Sat., June 6-7
DONUT DAY
 The 60th annual Salvation Army Donut Day is Friday and Saturday, June 6-7. The goal this year is \$300,000. Money raised supports 35 major area-wide Salvation Army programs. The Army's popular Donut Day "Celebrity Corner" will be held

Friday, June 6, in front of the Wrigley Building on Michigan Avenue from 9:30 a.m. to 3:30 p.m.

June 7 and 8
Dollhouse Show
 June 7-8, Chicagoland's 13th Annual Spring Fling Dollhouse and Miniature Show and Sale. 70+ dealers from over 20 states. Sat. 10-5, Sun. 10-3. Adults \$5 Children under 12, \$3. Held at Inland Meeting and Expo Center, 400 E. Ogden Ave (Rt 34) Westmont IL 60559. For more information call (630) 469-4649. Free Parking.

HEALTH

Sun., June 1
Walk/Jog at Rush North Shore
 Rush North Shore Medical Center's 14th annual "Keeping the Beat" Walk/Jog event for cardiac rehabilitation participants will be held at 8:30 a.m. Sunday, June 1, beginning in front of the medical center's
 Continued on Page 13

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Community Calendar

HEALTH

Continued from Page 12
 main entrance, 9600 Gross Point Road, Skokie. The \$12 entry fee includes a T-shirt, breakfast and door prizes, after the walk. For information and to register, call Cardiac Rehab at (847) 933-6175.

SINGLES

Fri. May 30
GOOD TIME CHARLEY SINGLES
 There will be a Good Time Charley Singles Dance at 8 pm at the **Royalty West**, 8675 Archer Ave., Willow Springs. All singles are invited. Admission is \$5. For information call 708-579-7666.

Fri., May 30
AWARE SINGLES DANCE
 The Aware Singles Group and the Chicagoland Singles Association invite all singles to a dance at 8 p.m. on Friday, May 30, at the Sheraton Gateway Suites O'Hare, 6501 N. Mannheim Rd., Rosemont. DJ music will be provided. Admission is \$6. For more information, call Aware at (847) 632-9600. Aware is a not-for-profit organization.

Fri., May 30
CHICAGO SUBURBAN SINGLES
 The Chicago Suburban Singles will sponsor a "Turnabout Dance" at 8 p.m. on Friday, May 30, at the Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington. Women will ask the men to dance. DJ music will be provided. Admission of \$6 includes a buffet. For more information, call (708) 216-9773.

May 30 & June 1
ST. PETER'S SINGLES CLUB
 All singles over 45 are invited to the following St. Peter's Singles dances: Friday, May 30 at 8:45 p.m. at Casa Royale, 783 Lee/Mannheim, Des Plaines and Sunday, June 1 at 6:30 p.m. at Enzo's, 7151 W. Foster. Cost is \$6.

Sat., May 31
COMBINED CLUB SINGLES DANCE
 All singles are invited to a Combined Club singles dance at 8 pm at the Hyatt Regency

change Club, 30 S. Wacker, Chgo. Admission is free. REGISTRATION REQUIRED due to limited seating. For more information contact Donna Peterson at Prudential Securities at (800)227-8488 or (312)630-7280.

Sat., May 31
CHICAGO METRO SINGLES
 The Chicago Metro Singles invite all singles to a dance at 8 p.m. on Saturday, May 31, at The Barn of Barrington Restaurant, 1415 S. Barrington Rd., Barrington. There will be DJ dance music. Admission of \$7 includes a buffet. For more information, call (708) 216-9799. Chicago Metro Singles is a non-profit organization.

June 1, 1997
Sunday Evening Club
 Pot Luck Dinner and Ballroom Dancing for Singles, Sunday Evening - June 1, 1997.
 The Spares Sunday Evening Club for Widowed, Divorced, and Single Adults will sponsor a Pot Luck Dinner followed by Ballroom Dancing on Sunday Evening June 1, 1997. (Bring your favorite dish to share.)
 Location - Morton Grove American Legion Hall at 6140 Dempster St. Morton Grove, IL.
 Time - 6 p.m. Pot Luck Dinner and Social Hour (Bring your favorite dish to share).
 7:30 to 10:30 p.m. Ballroom Dancing. Music by Emil Brunl.
 Members \$5. Guests \$6.
 Contact 1-847-965-5730.

Sun., June 1
NORTHWEST SUBURBAN SINGLES
 The Northwest Suburban Singles invite all singles to a dance at 7 p.m. on Sunday, June 1, at the Barn of Barrington Restaurant, 1415 S. Barrington Rd., Barrington. Admission is \$6 which includes a buffet. For more information, call (708) 786-8688. The Northwest Suburban Singles is a non-profit organization.

North Shore Jewish Singles 50+
 June 1, Sun. 11 am Brunch at "the Bagel" in Old Orchard Shopping Ctr., Skokie. Reser-
 Continued on Page 14

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- 08. Check Filters
- 09. Check Bearings and Lubricate
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SUN: 10 AM - 4 PM
7 DAYS

Community Calendar

SINGLES

Continued from Page 13
 vations (773) 282-2407.
 June 6, Fri. 4 pm to 11 pm Cocktail time at "Super Rosa", 6913 N. Milwaukee, Niles. Reservations (773) 761-7572.
 June 7, Sat. 7:30 pm miniature golf at Par King, Dempster & Waukegan Rd. in Morton Grove followed by a snack nearby. Reservations (847) 673-8677.
 June 14, Sat. 6 pm Victory Gardens Theatre, 2257 N. Lincoln Ave., Chgo., presents "God of

Isaac" \$14. Reservation by June 12 (847) 673-9677.
 June 10 & June 24, Tuesdays, bridge 7:30 pm \$3 Intermediate & advanced. Call (847) 869-3338 for location.
 June 18, Wed. 7:30 pm \$4 includes refreshments. Subject: Chicago's Landsmanschaften Societies.
 Organizations formed by the Jewish immigrants in Chicago. Our speaker: Mr. Sidney Sorkin, graduate of Roosevelt & DePaul Universities at Congregation Beth Hillel, 3220 Big Tree Lane, Wilmette. For information (847) 359-3556.

June 22, Sun. President's Ball 6 pm cash bar, 7 pm dinner. \$28 includes dessert bar. Dance to the music of Frank Mitchell's Band at Sheridan North Short, 933 Skokie Blvd., Northbrook. Reservations by June 15, (847) 679-1582 or (847) 673-8677.
 June 29, Sun. 7:30 pm Rap Session \$4 includes refreshments. Subjects: "Cloning" at What's Cooking Restaurant, lower level in Lincoln Village Shopping Ctr. Reservations (847) 675-5752.

Oldies 104.3 WJM Music Festival

Mark your calendars for Sunday, June 8, and join us for the Fourth Annual Oldies 104.3 WJMK Family Music Fest at Lambs Farm, located on Route 176 at I-94 in Libertyville. Start your summer right with this free concert event sponsored by Ameritech. Gates open at 9 am,

the music begins at 11 am. Come early, get a seat on the lawn, visit our shops, and enjoy all that Lambs Farm has to offer. Please, no picnic baskets or coolers - all concession sales benefit Lambs Farm, a nonprofit community providing programs for adults with mental disabilities.

Admission and parking are free.

This free concert event will feature **Martha and The Vandellas, Freddy "Boom-Boom" Cannon, Gary Lewis and The Playboys, The Crystals, and Landecker and The Legends**, featuring Oldies 104.3 WJMK morning man John Records Landecker.

Lambs Farm Main stage line up for June 8: 11 am Landecker & The Legends; 12 noon The Crystals; 1 pm Gary Lewis and The Playboys; 2:30 pm Freddy Cannon; 4 pm Martha and The Vandellas.

Join Oldies 104.3 WJMK personalities as they broadcast live from the farm - meet John Records Landecker, Dick Biondi, Scott Miller, Greg Brown and Pat O'Kelley!

For information about the Fourth Annual Oldies 104.3 WJMK Lambs Farm Family Music Fest sponsored by Ameritech, call Lambs Farm at (847) 362-4636, or visit the Oldies 104.3 WJMK web page at wjmk.com.

Celebrate the Arts in Chicago with Oakton

Join Rich Mastrodonardo and Gordon McLean, Chicago art aficionados, for an inside look at the arts in Chicago with the **Celebrating Arts in Chicago seminar/tour summer series** on Tuesday, June 17 from 10:30 am - noon at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Examine the comedy and music inspired by nuns. Talk about nuns' traditional roles and comedic parodies as portrayed in the musical **Nunsense**. On Wednesday, June 18 from 12: - 7:30 pm, participants will attend the 2 pm performance of **Nunsense** at the Marriot-Lincolnshire, followed by dinner at Gayle Street Inn, Diamond Lake.

The fee is \$40 and includes the lecture, admission and round-trip coach bus transportation to and from the Ray Hartstein Campus parking lot. Dinner is at your own expense. Registration fees must be in one month before the performance date and are non-refundable. These tours do not qualify for the half-price tuition discount.

For more information or to register, call (847) 635-1414.

Young Single Parents Dance

Northwest Chapter #103 of Young Single Parents (YSP) is sponsoring a SUPER DANCE open to all singles at the Thornwood Restaurant in Wood Dale. The Thornwood Restaurant is located on Wood Dale Road, one-half block North of Thorndale Road.

The YSP SUPER DANCE will include dancing to a DJ, and cash bar. Admission is \$5 per person and food service will be available at the Thornwood Restaurant's menu prices. For additional information on YSP events including the SUPER DANCE, call the YSP Hotline at (847) 818-3339.

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DOUBLE FEATURE
"ABSOLUTE POWER"
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"JERRY MCGUIRE"
 Tom Cruise
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Community Calendar

Enjoy the beauty of Italy

Learn about and explore the artistic, historical and literary legacy of Italy on an educational tour sponsored by Oakton Community College. Two tours are scheduled for July 12-26 and Nov. 8-22.

View the incomparable artistic treasures of Florence. Hear a creative interpretation of monuments reflecting the life of an entire civilization in Rome and experience the splendor of the ethereal city of Venice.

Visit Lago Maggiore, famed for its villas and gardens since the days of Imperial Rome. Take a tour of Stresa and enjoy a welcome dinner on Isola Bella, one of the Borromean Islands where gardens took forty years to construct. In Siena, one of Tuscany's best-loved cities and the center of Italian art and architecture in the 13th century, travelers will view the striking Duomo and visit Pin-

"Born Yesterday" extended at The Bog Theatre

The Bog Theatre at 620 Lee St. in downtown DesPlaines is happy to announce the extension of Garson Kanin's 1945 Broadway smash "Born Yesterday". The production will continue two weeks past the original June 8th closing date, and run through June 22nd. Performances will remain on Thursdays through Saturdays at 8 pm and Sundays at 3 pm until June 8th. For the two extension weeks the play will show on Fridays and Saturdays at 8 pm and Sundays at 3 pm. An actors night will be held on Monday, June 2nd at 8 pm. Free with headshot and resume. A special benefit performance will take place on Saturday, June 14th. Tickets for June 14th are \$20 with a reception and silent auction beginning at 6:30 pm, and the play at 8 pm. Regular prices for the play are \$9 for Thursdays and Saturdays at 8 pm and Sundays at 10 for Saturdays and Sundays at 3 pm; with group, student and senior discounts available.

Call (847) 296-0622 for information.

Late summer opening set for Disney's first moderately-priced convention resort

Walt Disney World Resort will open its first moderately-priced convention hotel later this year when Disney's Coronado Springs Resort unveils a rambling 1,967-room facility inspired by the great haciendas of Mexico and the American Southwest.

Experience the rich cultural traditions of Alaska

Enjoy a 14-day Inside Passage Cruise to Alaska sponsored by Oakton Community College. Four tours are scheduled: June 30 - July 15, July 14 - 29, July 28 - August 12 and August 11 - 26.

The trip begins with a two-day program in Vancouver which includes an exclusive guided tour of the University of British Columbia's Museum of Anthropology. During the two-week cruise of the Inside Passage, a number of optional shore excursions will allow you to explore the culture, geology, history and ecology of Alaska. These areas will be further examined by your faculty escort and through illustrated lecture and seminars by other noted authorities.

All of Oakton's travel/study programs include in-country specialists who share their insights about the contemporary, natural and historical aspects of the destinations visited.

For complete itineraries call Bea Cornelissen at (847) 635-1812.

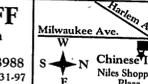
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which supports a twisting water-slide as part of the water playground on the shores of Lago Dorado.

Disney's Coronado Springs Resort is located on the west side of Walt Disney World property near Blizzard Beach water park and Disney-MGM Studios theme park. Special features include the 220-seat Maya Grill for fine dining - presented by one of Mexico's premier restaurateur families - the 420-seat Pepper Market

Food Court, a health and fitness center, a hair styling salon, a gift shop, four swimming pools, small boat rentals and complete convention and meeting facilities and planning services, and 46 suites and rooms accessible to guests with disabilities.

Reservations are now being taken by Walt Disney World Central Reservations office at (407) 934-3479. Conventions and meetings may be arranged by calling (407) 828-1818.

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COMMUNITY DINING GUIDE

SPECIALS GOOD FROM . . .
 Thursday, May 22, 1997 to Wednesday, May 28, 1997

RESTAURANT	TYPE	LOCATION	THIS WEEK'S SPECIALS
Chi Tung	Mandarin/Cantonese	8105 N. Milwaukee Avenue Niles, Illinois 60714 (847) 966-1145	Lunch Buffet (Monday - Friday) 11 A.M. - 2 P.M. - \$5.15 Weekend Buffet (Friday - Sunday) 5 P.M. - 8 P.M. - \$6.88
La Pasta Ria Restorante & Catering	Italian/ American	3711 Central Road Glenview, Illinois 60025 (847) 729-0084	(THURSDAY) ALL YOU CAN EAT MEAT OR SPINACH LASAGNA - \$8.25

Police

Bill passed allowing new digital drivers license

Secretary of State George H. Ryan said that legislation clearing the way for the next generation of the Illinois drivers license -- a digitally-produced card that can carry more information and the latest in high-tech security features -- was approved by the Illinois Senate and sent to Gov. Jim Edgar for consideration.

The proposal, House Bill 1169, was approved on a 53-1 roll call. The legislation, which passed the House last month 115-1, is sponsored by state Sen. William Mahar, R-Orland Park and state Rep. Dan Rutherford, R-Pontiac.

The bill allows the secretary of state's office to place digitally-produced images on drivers licenses and identification cards, as well as traditional photographs.

Ryan's office is in the initial stages of planning a conversion to a digital drivers license system, although no formal timetable has been established for the change.

"There are many, many advantages to a digital drivers license," Ryan said. "It looks more like a

credit card and is virtually tamperproof. The images are sharper and we would be able to do more with the information contained on the license."

A digital licensing system allows the secretary of state's office to encode information about drivers in bar codes or magnetic stripes on the license. With these features, law enforcement, government agencies and potentially even retailers can verify vital information with the swipe of a card. The digital system also allows the storage of drivers' photographs for the first time.

Finally, a digital system allows the secretary of state's office to use a variety of security features to safeguard the integrity of the Illinois drivers license. Currently, the most obvious security feature on the Illinois license is the hologram of the Illinois state seal and

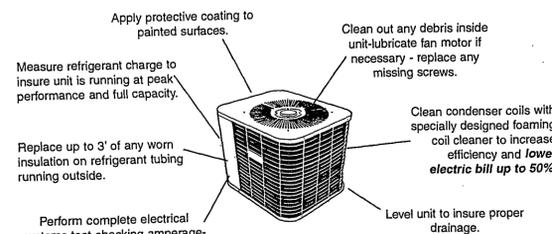
a "Lincoln" penny. Security features available with a digital license include microprinted codes, variations on a hologram called variable optical devices and special inks that react under different conditions.

Although the cost of producing each new digital license is expected to increase slightly from the current cost of producing a license -- 74 cents -- Ryan said there will be no increase in the \$10 fee now charged motorists for a license. Currently, the vast majority of that \$10 fee helps support the state's driver education programs and road construction projects.

Once the digital licensing system is initiated statewide, under the present renewal schedule it would take at least five years to replace all of the current issue licenses with a digital version.

USE THE BUGLE

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Cut insurance premiums for teenage drivers

A new driver's license brings freedom of mobility, but at a cost. Car insurance can be expensive for teen drivers.

Parents of teenage drivers often want to know how to reduce insurance costs. Insurance discounts and safe driving records help make the costs more manageable, said Brenda Cude, University of Illinois Extension consumer economics specialist.

"Teenagers don't have the experience and haven't had the time to develop good driving habits, which is why their insurance premiums tend to be higher than for other age groups," Cude said. "Developing a good driving record means following the rules, avoiding traffic citations and driving defensively. The fewer the insurance claims, the lower the insurance premiums will be."

Insurance companies regularly check state motor vehicle reports for citations and accidents. Teen drivers can keep their premiums from increasing by learning good driving skills. It helps to practice these skills, especially with an experienced driver in the car.

Teens can also reduce their auto insurance premiums by performing well in school. Some insurance companies offer good student discounts. Other discounts might include non-smokers and owner of cars with air bags.

Discounts can help lower premiums, but are no bargain if the premium is far higher than premiums offered from other insurance companies. It pays to shop

around and find the lowest premiums, Cude said.

The model and year of the car are a large determinant in insurance costs. Late-model cars, especially sports types, will be more expensive to insure. When driving older cars, it may not be necessary to carry collision and comprehensive coverage, which pays for damage to your vehicle.

But be certain the teenager has adequate liability insurance, which protects the family's financial assets in case of an accident. Illinois motorists are required to have minimum liability insurance coverage of 20/40/15, which pays up to a maximum of \$20,000 if you are found responsible for another's injuries or death and up to \$40,000 if more than one person is involved.

Most insurance experts recommend a minimum coverage of at least 100/300/25, however, especially for inexperienced drivers. Finally, new drivers can avoid excessive premiums by opting not to pay for unneeded options. Limited life insurance and theft insurance are two options that may be covered by the parents' homeowners or life insurance policies.

Cude suggested choosing the car for your teenager after checking insurance costs, talking with agents at several different companies for premium estimates, and asking about discounts. Teen drivers can save as much as several hundred dollars a year by shopping around for the best deal on insurance.

Consolidators Airline Tickets - Savings or Hassle?

The vacation season is almost upon us. Never have travelers faced so many bargain offers: from the airlines, travel agents, travel clubs, tour and charter operators, and consolidators. And for the vacation traveler who is looking for a bargain airline ticket, buying from a consolidator may be the best way to go. But, the Better Business Bureau advises that you understand all the conditions attached to the ticket, and do some comparison shopping before you buy.

A consolidator is an airline ticket wholesaler who buys tickets from airlines, and re-sells the tickets to travel agents, ticket brokers, or directly to the consumers at prices that are often below the airlines' published prices.

Consumers who are considering purchasing discount air fare tickets should be aware of possible limitations and conditions, such as:

- flights and fares may not be confirmed, and tickets may not arrive in a timely manner;
- tickets may not be refundable, exchangeable, endorsable or

transferable. If they are stiff penalties may apply;

restrictions are developed by the airline or by guidelines in airline/consolidator contracts, not by a travel agent;

the travel agent can't be liable for performance failures of the airlines or consolidator. Savings on ticket prices will fluctuate, depending on competitive factors in the marketplace, such as pricing "wars" among airlines. Prices will also depend on how flexible you are with your travel dates, whether travel is during a busy season, and how much time you have to shop for the lowest fare.

Don't expect the same level of service for a ticket consolidator that you would receive from a travel agent. Although many consolidators now offer services similar to those provided by full service travel agents, their primary business is selling discount tickets.

When dealing with a consolidator it's important to know the status of your reservation before paying for your ticket.

Police

Criminal damage to property

A 17-year-old Morton Grove youth was arrested May 22 following an April 26 incident in which he kicked the 1996 Chevrolet Cavalier belonging to an acquaintance who refused to give him a ride.

On May 20 the complainant obtained an estimate for the repair of the car in the amount of \$332 plus graphics. On May 22, Niles police requested that the youth come to the Niles Police Department, which he did at 5:15 p.m. when he was taken into custody and processed.

He was charged with criminal destruction to property. Bond was set at \$1,000 and a July 2 court date was set.

Burglary

Police received three burglary-in-progress alarms from the department store in the 9000 block of Golf Road on May 23 between 12:25 a.m. and 2:10 a.m. They responded to the first alarm at 12:31 a.m., checked the exterior perimeter, which appeared to be secure, and a keyholder went inside the store to reset the alarm.

When the second alarm came in at around 1:29 a.m., police again responded to the scene, and again found the outside perimeter to be secure. The alarm appeared to reset itself so the keyholder was in the bus when it returned to the company.

At 2:15 a.m. the third alarm was registered. Police and the

keyholder responded and this time noticed a ladder entering the drop ceiling roof on the north side of the store. Unknown offender(s) had also broken a glass door window on the north side of the cash office to gain entry. Once inside the office, the offender(s) removed sections of the drop ceiling to gain entry to the cash room. Attempts to gain entry to the safe were unsuccessful, and the intruders apparently exited through the east side lay away door by removing the alarm sensor and placing it in the ladies' wash-room.

Officials believe the unknown offender(s) remained inside the store after closing hours on May 22.

Officials believe the unknown offender(s) remained inside the store after closing hours on May 22.

Lost/stolen article

A 34-year-old account executive reported May 22 that her daughter got off a school bus in the 7000 block of Howard Street around 3:10 p.m. May 19 and left a violin valued at \$1,000 on the bus.

The victim noticed immediately that the violin did not accompany her daughter and notified the school of the loss on the morning of May 20. The school notified the bus company, but the bus company claimed that no violin was in the bus when it returned to the company.

Hydroplaning and skidding

Spring rains have forced many motorists to adjust their driving skills to avoid hydroplaning and skidding. Even after rains subside, wet roads coupled with a slick film of surface oil and grease can make driving hazardous.

Q. What is hydroplaning?

A. When driving on wet roads at about 35 miles per hour, your vehicle's tires begin to lose contact with the road surface. At speeds up to 35 mph, most tires "wipe" the road like a windshield wiper. As speed increases, tires actually ride on top of a thin layer of water like water skis, making it easy to lose control of your vehicle.

Q. How can I avoid hydroplaning?

A. Slow down during and immediately following a rainstorm. Make sure you maintain optimal tire pressure and that the tread is in good condition.

Q. What if I begin to skid?

A. Do not hit the brakes. At speeds less than 55 mph, you should be able to regain control of your vehicle by taking your foot off the accelerator and letting the car slow down. Steer in the direction you want to go.

Q. What if I'm driving 55 mph and start to skid?

A. The faster you drive, the more dangerous and difficult getting out of a skid becomes. Because tires lose contact with the road, you will be unable to brake, accelerate or turn. If you lose control and begin to skid, release the accelerator and ride it out.

The Phoenix Support Group

The Phoenix Support Group invites all separated, divorced and widowed persons to meet Friday, June 6 starting at 8 p.m. There will be a small group discussion for those who are working through the grieving process starting at 7 p.m. (please be prompt) and ending at 8 p.m. in time to join the regular meeting. The place is McDonnell Hall (lower level of the Church) of Our Lady of Perpetual Help, 1127 Church Street in Glenview.

Father Andrew Morgan from Christ Church in Oak Brook will speak on the "Affect of Anger in a Relationship". Please join us for an informative evening. A \$4 donation is requested, except to those who pay a baby sitter. Direct inquiries to: (847) 673-3411.

Police

Car fire

A 23-year-old DesPlaines man observed that his 1987 Buick Skylark was smoking and pulled into a parking lot in the 7400 block of Caldwell Avenue around 12:17 p.m. May 19. The Niles Fire Department extinguished the fire.

The victim said that while adding oil to the engine he spilled a small amount on top which possibly caused the fire.

Lost wallet

A 79-year-old Morton Grove woman reported that while shopping in the store at 801 Civic Center between 1:30 p.m. and 2:46 p.m. May 19, she discovered her wallet missing from her purse when she entered the check-out line. The wallet contained \$40 cash and the victim's driver's license.

Battery investigation

A 26-year-old Chicago woman was visiting her sister in the 8200 block of Oconto around 7 p.m. May 19 when the sister's husband came home and became upset after hearing a tape recording of victim making an apparent drug deal on his phone.

The victim and her brother-in-law became involved in a verbal argument which escalated into a physical altercation during which the victim struck the suspect twice in the face with her hands. The suspect then pushed the victim out the front door causing her to fall on the grass. The victim left the home and called police.

Police spoke with the suspect who said that the victim would not leave the house when he asked her to and that he provoked the altercation. The victim was given a ride home by her boy-

friend and no further police action was necessary.

Suspicious person

A 34-year-old resident of the 6900 block of Fargo observed an unknown male suspect around 6 ft. 2 in. in height walking on the lawn and looking into the windows of the residences on the north side of Fargo around 10:06 p.m. May 20. A police search of the area had negative results.

Theft

A 29-year-old employee of the electronics store in the 9500 block of Milwaukee Avenue reported that an unknown male in his 30s and a blond woman with a heavy build entered the store around 5 p.m. May 20, engaged the employee in conversation and at some point removed a cordless phone with speakers valued at \$199 from a display on the north-west wall of the store.

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School News

Class of '97 officers



Maine East seniors and Class of '97 officers (from left) secretary Sara Chin of Morton Grove, treasurer Josh Mizrahi of Des Plaines, president Brianne Reilly of Des Plaines, and vice-president Terese Reilly of Des Plaines anticipate a busy final week, including: senior breakfast at Chateau Ritz, Thursday, May 29, with the theme "Don't Forget About Me"; senior prom at Hyatt Regency, Friday, May 30, with the theme "Set the Night to Music"; and commencement, Sunday, June 1.

Symposium on school reform to be held

The Council of Educators in Polonia and the Hellenic Council on Education will co-sponsor a symposium on school reform on Saturday June 7, at Wright Junior College located at 4300 North Narragansett in Chicago. The symposium is entitled "Reform Revisited." The symposium will feature Mr. Paul Vallas Chief Executive Officer of the Chicago Board of Education. Following the keynote address a panel will discuss school reform and standards. Included in this panel will be Beverly Tunney, President of the Principal's Association, Car-

leen Lutz from the Chicago Teachers Union Quest Center, Dr. Michael Bakalis and many others. A question and answer period will conclude the symposium followed by lunch. Registration will begin at 9 a.m. with the program beginning at 10 a.m. All persons interested in education are cordially invited to attend this symposium. The cost of the symposium which includes lunch is \$12 per person. To obtain a reservation for the 1997 symposium please contact Lorrie Turano at 773-545-1065.

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District 71 News

State Science Fair
Eighth grader Christine Draehenberg and Culver Middle School science teacher Carl Travor attended the State Science Fair at the University of Illinois at Urbana on Friday, May 9 and Saturday, May 10. On Friday night, Christine and Mr. Travor attended a dinner banquet, bringing together students and science teachers from across the state. On Saturday from 7 a.m. to 4:30 p.m., the science projects were judged. Christine received an Outstanding, the highest rating given, for her chemistry project entitled, "How Does Time affect the Potency of Aspirin?"

PTA Meeting

On Monday, June 2 at 7 p.m., the Niles Elementary Schools PTA will hold its regular monthly meeting at Culver Middle School, 6921 W. Oakton St. The public is invited to attend.

Paint Box Theatre

On May 29 at 10 a.m., Shakespeare's Globe Theatre will come to Culver Middle School. Playful Puck will hold its regular monthly meeting at Culver Middle School. Playful Puck will serve as the social and historical guide to a wonderful, colorful adaptation of scenes from Shakespeare's Romeo and Juliet, A Midsummer Night's Dream, and The Taming of the Shrew. Sponsored by the PTA Cultural Arts Program, this special assembly-featuring 3 actors from the Paint Box Theatre-will give students a glimpse into Shakespeare's plays, featuring renaissance sword play and fun and tricks. Parents and community members are invited to attend.

Girl's Track Team

The following students are members of the 1997 Girl's Track

Team: 5th grade--Marija Jeremic, Renee Nowak, Yoo Na Park, and Kristin Sundh; 6th grade--Melissa Barker, Jodi Henrickson, and Emily Scheier; 7th grade--Julia Dvoretzkaya, Jelena Gasic, Valerie Geer, Julia Krzyzik, Lucy Komorowski, Joanne Kim, Jenny King, Milena Nitti, Sara Ryan, and manager Nicole Speropoulos; and 8th grade--Janice Balingit, Galina Dvorkin, Katarina Jeremic, manager Sherri Simek, Mindy Sukantawanich, Lenore Tejada, Krystyna Yang, and Andrea Zeman.

Chess Club Championship
Ten students from the 5th to

8th grade participated in the Culver Chess Club and Championship games. Under the direction of Carl Travor, students attended four practice and instruction sessions. Then on April 16, a series of 9 play-off games began. Joe Tomoleoni took first place. Emerson Sotto took second, and Billy Toy took third. Other participants were Daniel Lee, Gianluca Manno, Mike Tomoleoni, Kunal Mahajan, Walter Slavnov, Kostas Hobitakis, and Andy Worshil. The top three students will receive trophies at the June 12th Award Ceremony.

Northridge Prep

Northridge Prep annual Awards Night

Northridge Prep of Niles held its annual Awards Night at Mr. Peters Banquet Hall in Mount Prospect on Friday evening, May 2. Headmaster Dr. Gerard W. Shepherd presented special academic awards to several students as part of the ceremonies.

The Academic Achievement award is given to that student in each grade who has used his talents to the fullest in achieving academic excellence. Recipients this year were senior Martin Wauk, Park Ridge; junior Thomas Lechner, Deerfield; sophomore Dan Cheely, Chicago; freshman Matthew Currie, Waukegan; 8th graders Peter Kuprys, Riverside and Steven Samikannu, Des Plaines; 7th graders Benjamin Currie, Waukegan and Stephen Wauk, Park Ridge; and 6th grader John Swee, Lake Bluff.

The "Most Improved Student Award" is given to that student in each grade who has shown the greatest improvement in his approach to studies and in a spirit of cooperation with the school. Recipients this year were senior Paul Pasquesi, Glenview; junior Sean Kroll, Chicago; sophomore John Hagen, Palos Hills; freshman Peter Sadofsky, Chicago; 8th grader Edgardo Yordan, Riverwoods; 7th grader Daniel Hybiak, Park Ridge; and 6th grader Josh Czarnik, Chicago.

The faculty gives the Benedetto Award to that junior high student who most combines academic excellence with respect and a spirit of service towards others. The award is given in honor of Joseph Benedetto, a master teacher at the school, who died of cancer a few years ago. This year's winner was eighth grader Charles Thornton of Villa Park.

The Service Award is given to that student who, by faculty vote, has shown the most initiative and spirit of concern in contributing to the life of the school. This year's winner was senior Martin Wauk of Park Ridge.

The Burns Award is given each

year to that student who exemplifies "intelligence, integrity, fortitude, and selflessness" in academics and extracurriculars. It is given in honor of Dave Burns, the school's former athletic director, basketball coach, and history teacher, who died of cancer in 1988. This year the recipient was senior Hazam Tabahi of Morton Grove.

Northridge is an independent school of Roman Catholic philosophy for boys in grades 6 through 12.

Gemini

Crime Prevention Trailer to visit

The Cook County Sheriff's Crime Prevention Trailer is scheduled to visit the Gemini Jr. High School Fun Fest, on Sunday, June 1, according to the office of Sheriff Michael F. Sheahan.

The trailer, which is open to the public for viewing, contains crime prevention displays on gangs and drugs. An assortment of confiscated items, including weapons and contraband is also on display. Fingerprinting for children will be provided by Sheriff's officers.

For further information contact the Sheriff's Office of Preventive Programs at (708) 974-6772.

Notre Dame

Phone-A-Thon

Notre Dame High School set another record during its annual Alumni Phone-A-Thon as \$38,485 was recorded in pledges.

This year's Phone-A-Thon, held over eight nights in March, resulted in 572 pledges. The average gift was \$67.28 and 64 callers, including alumni, faculty and students, participated as volunteers.

The goal for the 1996-97 Annual Fund is \$175,000 including support from alumni, parents, friends and corporations. The fiscal year ends June 30th.

Field P&TA Board plans for next year



The newly elected Field School P&TA Board had their first meeting to discuss next year's plans and assign committee positions. From (l to r) Past President, Joe Saccomanno; Peg Morrisroe, President; Margaret Klein, Secretary; Don Tomlinson, Treasurer and Chris Mollet, Vice President.

Willows Academy to hold fundraiser

The Willows Academy will hold its 22nd annual Dinner Dance and Raffle beginning at 7 p.m., Friday, June 6 at the Marriott's Lincolnshire Resort in Lincolnshire, IL. The benefit will feature music by the Stanley Paul Orchestra.

"Celebration and jubilation are the two themes of The Willows benefit," said Heidi Kenny, the event's chair and mother of Willows Academy junior Liz Kenny of Northfield. "We are celebrating the graduation of 21 girls in

Dominican

New coach

Ted Malek, of Des Plaines was recently named the head coach for the first women's soccer team at Dominican University, formerly Rosary College, 7900 West Division Street.

Dominican University currently fields intercollegiate teams for men in soccer, basketball, baseball and tennis and for women in volleyball, tennis and basketball. Beginning in the fall of 1997, Dominican will compete in women's soccer and softball and men's volleyball. With the addition of three new sports, Dominican will compete in 10 sports at the intercollegiate level, five each for men and women.

Malek is a 1988 graduate of Gordon Tech High School where he earned All-Catholic League Honors his senior year. He continued his soccer career at Dominican University earning a bachelor's degree in 1992. At Dominican, Malek earned four varsity letters in soccer and was chosen NAIA All-American in 1989. Prior to his appointment at Dominican, Malek served as Assistant Women's Coach at Lewis University and New Trier High School.

School News

District #63

Dollars for Scholars

The Dollars for Scholars project, sponsored by the District #63 Education Foundation, is off to a running start through contributions by students and their families. Dollars for Scholars aims to collect \$30,000 for purchasing instructional computers for school libraries. Contributions from students and families to date totaled over \$2,000. Additional contributors are always welcome at each school and at the Dr. Donald C. Stetina Educational Service Center.

The District #63 Education Foundation has approved further fundraising activities for the project. Look for Dollars for Scholars contribution boxes, highlighted by pictures of little red school houses, at local businesses. A "Scholarly" thermometer at each school and in front of the Dr. Donald C. Stetina Educational Service Center will show the amount of funds collected for Dollars for Scholars.

Marshall H.S.

Alumni Coalition

The John Marshall High School Alumni Coalition is currently planning the Centennial Celebration of John Marshall High School in Chicago. The Celebration will be June 20-22, 1997 at the Chicago Hilton & Towers. All alumni, former teachers and principals and staff are asked to call the "Alumni Hotline" at (773) 667-1751 as soon as possible so that we can send them registration materials.

Dinner dance tickets cost \$150 each. For more information about the event, contact Development Director Andrea LaFreniere at (847) 298-0170. For information about The Willows, contact Admissions Director Gemma Cremers at (847) 824-6900.

Resurrection

New Alumni Directory

Resurrection High School, 7500 West Talcott, Chicago 60631, would like to introduce the Resurrection High School Alumnae Directory, the most comprehensive directory of Resurrection High School ever published. The contents will be divided into four sections: an Alphabetical and Geographical Students' listing; a listing by Class Year; and most importantly, an extensive Editorial section showcasing the school's history.

District 207

Graduations set

Graduations at the three Maine High Schools have been scheduled for Sunday, June 1. At Maine East, 2601 Dempster, Park Ridge, commencement will be held at 2 p.m. in the stadium. At Maine South, 1111 South Dec Road, Park Ridge, commencement will be held at 1 p.m. on Wilson Field. At Maine West, 1755 Wolf Road, Des Plaines, commencement will be held at 2 p.m. in the stadium.

Notre Dame

Summer Band

The Notre Dame Community Youth Band is inviting boys and girls in grades 4 through 8 with at least one year of experience on a band instrument to participate in their Summer Band Session. Rehearsals will take place at Notre Dame High School for Boys, 7655 W. Dempster, from 7:30 to 8:30 every Monday and Thursday evening beginning June 9 and ending with a "Pops" Concert on July 24. Cost is \$30. For more information call 773-282-9153.

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Sports News

Bob Coteus wins Senior Vacation Classic Tournament



Bob Coteus of Niles won the Senior Vacation Classic Tournament at Brunswick Bowl. He shot 216-167-203-586 to bowl 109 bins over his average. He topped the field of 19 bowlers. The Senior Vacation Classic Tournament is for senior league bowlers. Bob has a chance to win a trip for two airfare and hotel accommodations anywhere in the U.S. He is competing against other Brunswick centers. Congrats Bob and good luck!

Boys Hope/Girls Hope Golf Tournament

Join Boys Hope/Girls Hope of Illinois to drive straight and long at their 14th Annual Golf Tournament at Knollwood Club, Lake Forest, on June 2. Check-in begins at 9:30 am with a shotgun start at 12 noon. Cocktails and dinner will follow at 6 pm.

Boys Hope/Girls Hope of Illinois is a non-profit organization whose mission is to identify young boys and girls in difficult

situations who have the potential for high personal achievement and to provide them with a secure home and an outstanding education to help them realize their potential as leaders in service to others.

For further information regarding Boys Hope/Girls Hope Golf Tournament please call, (847) 256-5959 or (312) 943-1955.

Men's and Women's Track & Field

The University of Wisconsin-Whitewater men's and women's track and field teams participated in the Wisconsin State University Conference and the Wisconsin Women's Intercollegiate Athletic Conference tournaments in Oshkosh.

The Whitewater women took seventh place in the WVIAC meet with 51 team points. Host UW-Oshkosh took first place with 241 points. Camille Ross (freshman, Milwaukee, WI) was the main cog for the Warhawks,

taking second place in the 100 and the 200 meter dashes with times of 12.11 and 25.16 respectively. Monika Brandt (senior, Monroe, WI) took fourth place in the heptathlon with a score of 3702. Jenny Green (sophomore, Niles, Maine South graduate) and Marcie Johnson (sophomore, Spring Green, WI) finished fifth and sixth in the high jump, each with a score of 1.54m (5-00.5). Stephanie Greiber (freshman, DeForest, WI) took sixth in the 5,000 meter run with a time of 5:05.38.

For additional information, contact Brian Borland, UW-W Track and Field coordinator, (414) 472-1058.

'Dog Day of Summer'

Baseball fans and pet lovers are invited to enjoy a special afternoon at Chicago's Comiskey Park where fans can bring their dogs to the White Sox vs. Baltimore Orioles game.

Dog owners will sit side-by-side with man's best friend and enjoy an afternoon of fun in the sun. Owners also can pick up tips from grooming experts, receive free health advice from veterinarians and watch dog acts at the gates before the game. Sox fans without dogs also will have an opportunity to speak with representatives from an "Adopt-a-Dog"

program. All dogs will be admitted free of charge and can enter a doggie "Sox Costume" contest. Vendors will have doggie treats and water to keep the special guests cool and comfortable.

Fans should call (312) 674-1000 to purchase tickets and register dogs for the game. All dogs must pre-register to be admitted into the ballpark.

Comiskey Park, 333 W. 35th St., Chicago. Saturday, June 7 at 12:05 pm (gates open at 10:35 am)

Golf outing to raise funds for transplant program

A golf outing to benefit University of Chicago Hospitals' organ-transplant program will be held Monday, June 30, at The Beverly Country Club. Nearly 150 golfers, including dozens of transplant recipients, are expected to participate. Eighteen holes

of golf, or for non-golfers a day at the pool or on the tennis courts, will be followed by a dinner banquet. Tickets are \$300 for 18 holes of golf and dinner, or \$75 for the pool and dinner only. For more information call (773) 834-0340.

Summer Basketball Camp

Weber High School will host its annual Red Horde Summer Basketball Camps, beginning

June 16, and running through July 11. Staffed by Head Coach John Brogan and his staff, and assisted by Weber basketball players, the camps will teach fundamentals and advanced skill development to players in grades 2 through 9. Players will be grouped by age and ability.

Campers may select from either of two two-week sessions or may elect to participate for the full four-week camp season. Fees vary and are determined by the age of the camper and length of camp chosen. Additionally, discounts are available for multiple campers from the same school or family.

Interested persons should contact Head Coach John Brogan at 773-637-7500, ext. 524, for further information.

Walk for Kids

Y.E.S. (Young Executives Supporting) La Rabida Children's Hospital and Research Center third annual Y.E.S. La Rabida Walk for Kids on Saturday, June 21 at 10 a.m.

Walkers and runners of all ages are invited to join former Chicago Bears Otis Wilson and Glen Kozlowski, V-103's Bonnie DeShong, WGCI's Jimmy Jam Richards, WVON's Melody Spann and the Chicago Defender's Ingrid Bridges, for this 5K or 8K walk/run along the lake front.

Participants who raise \$50 in pledges will receive a commemorative Y.E.S. La Rabida Walk for Kids t-shirt.

For more information contact the Development Department at (773) 363-6700, extension 349.

Law Enforcement Officers carry torch

Beginning June 8, law enforcement officers across Illinois will take to the streets, highways and roads of the state, carrying the Special Olympics torch to help raise funds for their hometown sports heroes—the athletes of Illinois Special Olympics. About 2,500 officers representing every branch of law enforcement will cover the 19 legs of the Illinois Law Enforcement Torch Run.

The run will conclude with all legs converging on Normal, IL., on Friday, June 20. That evening, in a dramatic moment during Opening Ceremonies of the Illinois Special Olympics State Summer Games, officers from every leg of the Torch Run will enter ISU's Hancock Stadium with torches lit and hand off the "Flame of Hope" to Special Olympics athletes. When the cauldron is lit and the games declared open, 3,000 athletes will continue three days of competition and celebration.

More than \$448,500 was raised last year by the Illinois Law Enforcement Torch Run, the single largest fundraiser for Illinois Special Olympics. Ameritech is the Presenting Sponsor of the Torch Run for the third consecutive year.

In addition to pledges for running, officers raise funds in various ways throughout the year, in-

cluding marathons, golf tournaments, bowl-a-thons, concerts and more.

"I'm proud to work with all the agencies of the law enforcement community through the Torch Run to raise funds for Illinois Special Olympics," says Andy Heck, offensive lineman for the Chicago Bears and honorary chair of the 1997 Torch Run.

This year's Torch Run also celebrates the corporate support of Presenting Sponsor Ameritech, Silver Medal Sponsor Nortel and Bronze Medal Sponsor Federal Signal Corporation.

To get involved in Law Enforcement Torch Run activities in your area, call Jeff Henson at Illinois Special Olympics (309) 888-2551 or (800) TEAM-ISO or contact your local law enforcement agency.

Steven G. Chiagouris

Indiana University students were recently inducted into Beta Gamma Sigma, the honor society for collegiate schools of business.

Among those elected, from Niles, is Steven G. Chiagouris. Membership in Beta Gamma Sigma is the highest national scholastic honor that a student in the school of business or management can achieve.

Letters To The Editor

Help keep the Woman's Club of Niles going

Dear Editor:

It is with heavy heart that I address the demise of the Woman's Club of Niles. At our last meeting it was decided by some that we no longer continue because of difficulty filling some of the positions on the Board of Directors. This is by no means a new problem, and every year someone comes forward after a little prodding and agrees to serve for one or two years. Why the Board of Directors thinks this is enough reason to disband a club that has been in existence since 1954 is beyond me.

Some of you may not know what the Woman's Club of Niles is, what it stands for and how much it has benefited the Village of Niles, so let me give you a brief description.

We are linked to the Tenth District of the Illinois Federation of Women's Clubs, and the General Federation of Women's Clubs which was founded in 1891. The purpose for starting these organizations was "To unite women's clubs throughout the world for the promotion of their common interests in education, philanthropy, public welfare, moral values, civic affairs and fine arts."

The overall membership is over 10,000,000 including the International Clubs and 13 associate organizations. This many women banded together has a very strong voice.

Some of the accomplishments of the G.F.W.C. in the last 106 years were to establish the Workmen's Compensation Act, the first Child Labor Law, the enactment of the 8 hour work day and the Pure Food and Drug act. It also worked for prison reforms, conservation of natural resources, consumer protection, legisla-

It is garage sale season

A profitable garage sale always starts with careful planning, according to Brenda Cude, University of Illinois Extension consumer economics specialist.

Cude provided tips for first-time garage sales.

A few weeks before the sale, visit other garage sales in your area to find the going price for similar items you plan to sell. Note how other people display and mark sale items. Also, check to find out if there are any local ordinances you must follow to have a yard sale.

Next, organize and tag all items before the sale date. Advertising the garage sale will ensure a larger crowd. Posters and yard signs are most commonly used for advertising, but placing classified ads in the local newspaper can be effective as well. In classified ads, specify the address and hours of sale, as well as special items that will be sold.

tion on other constructive programs too numerous to mention. This is why I am proud to belong to such an organization. We don't just work with and for our own church, school or neighborhood. We go a step further.

Since 1954 our Woman's Club of Niles has been active in the betterment of our Village. Some of the most noteworthy achievements were the starting of the Niles Public Library, and the Niles Historical Society. We have donated thousands of dollars yearly to any group in town that needed help plus the American Indians of Chicago and many other groups. Our latest endeavor has been to work with WINGS, a group of homeless women and their children. If I were to list all of our achievements, it would take two pages. Our Philanthropy Chairman works tirelessly every year, with our help, to earn these funds.

For the reasons stated above and because of all the lasting friends I have made throughout the Village, I think disbanding our club will be detrimental to our Village. I don't believe I'm the only one who doesn't want the club to disband. I would like to encourage all past, present and perhaps future club women of the village to let your thoughts on this subject be heard. You may do this by sending a note of support or suggestions to our Board of Directors. Don't delay, write today.

The Woman's Club of Niles P.O. Box 48111 Niles IL 60714-0111

Thank you, Geri Bugarin Past President of The Woman's Club of Niles and holder of many chairs.

Parents should be aware of Rave parties

Dear Editor:

Late night parties may be a rite of passage for teenagers, but parents should be aware of the latest phenomenon in evening entertainment: Raves. These events, which can draw hundreds of teenagers to deserted or abandoned warehouses in places like the south and west sides of Chicago - and even in isolated areas of Skokie and Niles Township - are becoming increasingly common, and also increasingly dangerous. It is important, with impending graduation celebrations and the long, hot nights of summer, that parents and teenagers are aware of the dangers and risks of such 'celebrations.'

Raves started about a decade ago in Europe as relatively innocent all-night dance parties. When they migrated to the United States a few years later, they began to become increasingly drug-oriented. A recent advertisement for a Chicago-area rave touted the party as a "massive toasted event" providing "hours of transcendent bliss." Illicit substances

such as Ecstasy and Rohypnol (also known as 'Rophies' or the 'date rape drug') are known to be prevalent at the events, which are staged by adult promoters who seek to take advantage of our teens for the sole purpose of selling drugs and making money.

With the myriad summer teen galas on their way, we urge the parents of Niles Township to talk with their sons and daughters and investigate where they're headed when they claim to be going to "adult-supervised" parties (Raves often have drug-dealing adults 'chaperoning' the event). Know your child's companions and the parents of their friends, and don't hesitate to make phone calls and network with those individuals to make sure you know exactly where your son or daughter will be and when they will be coming home (or legitimately sleeping over at a friend's home).

Raves are a risk for our teens. They're hazardous for those who attend on a regular basis, and a threat to those who are unknowingly lured by their peers into a

potentially deadly situation. Raves sound like fun, but our children might find the drugs, promiscuity, and physical danger more perilous than they either expected or know how to handle.

Sincerely,

Members of the Skokie Youth-At-Risk Task Force, including:

Gail Stone, District 219 Board of Education and Township Reachout to Youth (TRY); Felice Novak, Executive Director, Response Center; Chief William Miller, Skokie Police Department; Dr. Melissa Perrin, CNA, Turning Point.

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Business News

Are indexed annuities right for you?

Indexed annuities are the hottest product in the insurance world these days. These are annuities whose returns are tied to a stock index. The annuities are touted as win-win: if the stock market goes up, the policyholder's earnings go up, and if the market goes down the policyholder is guaranteed a minimum return, or at least no loss of what he or she put in the annuity. What could be a better deal?

Not so fast, caution many financial planners. Indexed annuities may be right for some people, but for many there are better investment alternatives.

Before indexed annuities came on the market in 1995, there were two basic forms of annuities. The fixed annuity guarantees a fixed rate of return and your original investment is protected (unless the insurance company issuing the annuity contract goes belly-up). With a variable annuity, the

policyholder invests in stock mutual funds. Neither principal (generally) nor earnings are guaranteed, but there is the potential to earn significantly more than a fixed annuity. In either case, earnings grow tax deferred until withdrawal, usually to pay for retirement.

An indexed annuity tries to offer the best of both annuity worlds. First, it pegs its return to a stock index. Typically the index is the S&P 500, but some companies offer other indexes including the S&P 400, the NASDAQ 100, and even an international stock index. If the index goes up, your annuity returns go up. If the index falls, you're guaranteed not to lose your original investment, and about half the return. But there are several features you should know about how these indexes are pegged before you buy an indexed annuity.

Second, many indexed annuities limited policyholder's returns to 80% (or some other percentage) of the price gains, called a participation rate. That is, if the index goes up 100 points, you are credited for only 80 points. In addition, some contracts put a cap on how much of the market's growth you can share in. Let's say the S&P 500 gains 25% in price in one year. A \$10,000 investment in the index would thus return \$2,500 in price gain alone (remember, we're not counting dividends). But the policy's maximum yearly price-gain cap might only be 10%. So instead of \$2,500 you'd be credited only \$1,000 in gain. Then an 80% participation rate would further limit your return (80% of \$1,000 in gains is \$800 - significantly less than \$2,500).

First, these annuities are indexed to changes in the price of the index. Let's say the S&P 500 moves from 550 points to 650 points during the time you hold the annuity. Gain is calculated on that 100-point rise. But that's not the total return you would have earned had you directly invested in the S&P 500 (say through an index mutual fund). That's because indexed annuities leave out an index's dividend income. Yet over the last 20 years, dividend income has accounted for nearly 30% of the S&P 500's total return. That's a significant chunk of income to ignore.

Keep in mind that for annuities to work, you must invest for the long term. That's because annuities charge for pulling your money out in the first five to ten years (the federal government will charge you a 10% penalty if you pull the money out before age 59 1/2). Since you should invest annuity money long term anyway, some financial planners argue that it's usually better to invest directly in the stock market through mutual funds in your tax-deferred retirement account at work or through variable annuities, and simply ride out the ups and downs of the market. That way, you can participate in the total return of the market, not just part of it.

To further complicate the issue, annuities calculate the price gain in different ways. A "point-to-point" index bases its rate on the difference between what the index is the day you buy the contract and what it is the day the contract term expires. Others calculate gain on the average of daily closing prices during the year, which generally means a lower return. Still others use a "ratchet" index based on yearly changes. In turn, each calculation method is combined with different cap and participation rates, which can make comparisons quite complicated.

Certainly before you decide, talk with your Certified Financial Planner professional.

PSI dinner meeting

The Professional Secretaries International (PSI), Skokie Valley Chapter invite you to attend their regular meeting on Monday, June 9, at Howard Johnson's, 9333 Skokie Blvd., Skokie. Networking at 5:50 p.m., dinner at 6:30 p.m. Program: John Terzis, Marketing One Securities "Smart Investing for the 90's". Please join us as we always welcome guests. Must RSVP by Friday, June 6, by calling Pauline Wehr at (847) 965-4400, ext. 245.

Bank at School Program

The Illinois Bank at School program is nearing the end of its fourth year. Since the program's beginning in the '92-'93 school year, Glenview State Bank has been among the more than 300 banks statewide that participates in this cooperative effort with local schools.

Bank at School is a partnership of financial institutions, corporations, schools and the State of Illinois Treasurer's Office that teaches students in grade and high school about money and banking. Although students are welcome to open a custodial account with the Bank, they are not required to do so to participate in the program. The goals of the program include financial awareness and responsibility while offering a convenient way for students to deposit funds through monthly Bank at School Days. Students learn to save their gift money and earnings from baby-sitting or other jobs. They see the benefits of interest payments while planning for the things they want to buy. It is hoped that early training will result in a lifetime of sound fiscal habits. While Glenview's program is geared to grade schools, State Treasurer Judy Topinka has expanded the Bank at School Program to include high school and college students.

With the aid of Glenview State Bank representatives, the youngsters even learn about banking procedures as they act as tellers for their classmates. Knowing how to properly fill out a deposit slip and maintain accurate records in their savings account registers will be helpful to these students when it comes time to open a checking account in high school. Glenview schools currently participating are Glen Grove, St. Catherine Laboure and Our Lady of Perpetual Help along with Girl Scout Troop 366. St. Norbert's in Northbrook and Glenkirk in Arlington Heights and Northbrook are also part of the Bank at School program.

Located north of Chicago, Glenview State Bank, a \$550 million independent community bank, has three branches in Glenview and one in Northbrook, IL.

Business News

First National Bank of Morton Grove employees, friends volunteer for Christmas in April



Employees of First National Bank of Morton Grove and their friends helped bring a house back to life last month, and helped raise the spirits of a Morton Grove resident. Sylvia Downing, a homeowner whose house was badly in need of repair, was chosen as this year's Christmas in April recipient. People from all walks of life worked together to make it another Christmas in April success.

Back row: George Marquez, Kevin Smith, David Marquez, Jim Bateman, Peter Nelson, Nick Stein. Front row: Bethany Bateman, Nancy Cox, Lydia Vann, Amy Nelson. Bottom Row: David Bateman, Rebekah Vann, Eugene Vann. Not Pictured: Kim Davis, Jerry Eberle, Sam Varghese, Jose Torres, Jung Chang.

Professional Development seminars

The Institute for Business and Professional Development at Oakton Community College is offering seminars in business development during its summer term at the Des Plaines Campus, 1600 E. Golf Road.

The Basics of Material Requirements Planning (MRP) encompasses all the key functions of inventory management, bill of materials, capacity requirements and priority planning. Learn how MRP fits into an integrated Manufacturing Resources Planning System (MRP II), the relationships between bill of materials, master scheduling, purchasing and independent/dependent demand as well as MRP logic and the role of the computer. The seminar meets on Tuesday, June 3 from 8:30 a.m. - 5 p.m. The fee is \$225.

Effective Business Writing covers how to start and complete writing projects more easily. Write, edit and proofread general business correspondence, including letters, memos, reports, manuals and procedures more effectively. The seminar meets on Wednesday, June 4 from 8:30 a.m. - 5 p.m. The fee is \$225.

Success Without Stress focuses on how to identify stress sources, deal with excessive stress more effectively and build resilience to cope with unavoidable stress on and off the job. The seminar meets on Wednesday, June 4 from 8:30 a.m. - 5 p.m. The fee is \$225.

Lotus Notes 4.0 for Windows 3.11 and Windows 95 - Introduction provides an introduction to Lotus notes as an information manager, for workgroups includ-

ing collecting and organizing information in a database format, communicating with other workgroup members through Lotus Notes databases and electronic mail and printing database documents. Prerequisites: A working knowledge of Windows 3.1 and/or Windows 95. Introduction or Moving from Windows 3.1. The seminar meets on Thursday, June 5 from 8:30 a.m. - 5 p.m. The fee is \$240.

For more information, contact seminar registration at (847) 635-1932.

Oakton offers Real Estate Licensing courses

This summer, the Real Estate Institute of Oakton Community is sponsoring approved courses necessary for the Illinois salesperson's license.

Real Estate Transactions (RES 121 701) will be offered on Tuesday and Thursday mornings from 11:30 a.m. - 1:30 p.m. beginning June 9 at the Des Plaines campus, 1600 E. Golf Road. Another section of this course (RES 121 750) will be offered on Tuesday and Thursday evenings from 7 - 9 p.m. at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Oakton also offers broker licensing courses and a variety of continuing education classes for licensees as well as appraisal courses required for residential licensing.

For more information on classes or Oakton's Real Estate Institute, call John Michaels at (847) 635-1776.

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Business News

"Salesperson of the Month"

Bill Lambe was recognized as the "Salesperson of the Month" of April at ERA Callero & Catino Realty. Bill led the real estate sales team to the second busiest April in the company's history. Bill is a resident of the Mayfair area of Chicago. He has been a licensed real estate salesman since 1992, and has exceeded one million dollars in sales every year. In 1996, Bill was responsible for \$3,000,000 in real estate sales.

For the past eighteen years he has been a professional property manager. Niles based ERA Callero & Catino Realty had an all time record year of real estate sales in 1996, and 1997 is starting off as another possible record year. They have spend a lot of effort upgrading their marketing program and sales skills, and the results are showing. Their phone is 847-967-6800 or 773-774-1900.



Bill Lambe

Graduates of the Tooling & Manufacturing Association

Graduates of the Tooling & Manufacturing Association related theory apprentice training program were honored on Saturday, May 10, in a ceremony at the Rosemont Convention Center in Rosemont. The event marked the completion of three years of the study of theory related to apprenticeships in tool and die making, mold making, and precision machining. The 142 graduates were

joined by more than 600 colleagues, employers, and family members.

An Apprentice of the Year was named in each category. Winners of these honors receive cash awards, and their sponsoring companies receive a traveling trophy for the year.

The 1997 Apprentices of the Year are:

Tool & Die Maker - Eric E. Erickson, Joslyn Manufacturing, Chicago (Eric lives in Hazelcrest, Joslyn Mfg. is located in the Bridgeport area of Chicago.)

Runner Up - Sean Mooney, Tempel Steel Company, Skokie.

Mold Maker - Michael C. Richardson, Bradrock Molding, Inc., Des Plaines. (Michael is a resident of Huntley)

Runner Up - Daniel March, ITW Fastex, Des Plaines.

Precision Machinist - Neal F. Miller, General Manufacturing Company, Franklin Park (Neal lives in Villa Park.)

Runner Up - Gregory Ash, Tempel Steel Company, Skokie.

Park Ridge manager graduates from McDonald's

Sanil Mathew, of the McDonald's restaurant located at 1032 North Northwest Highway in Park Ridge, has been awarded a Bachelor of Hamburgerology degree from McDonald's Hamburger University (H.U.) for graduating from the University's Advanced Operations Course. All McDonald's restaurant managers, franchisees, mid-management and company executives throughout the world are required to complete this course.

"The importance of Sanil Mathew's achievement and training cannot be overstated," says Hal Theis, Dean of H.U. "Like all other McDonald's restaurant managers, Sanil Mathew is the chief operations officer of a successful local business."

McDonald's managers are trained in every aspect of general business management including customer service, personnel practices, quality assurance, equipment fundamentals, accounting and marketing. Coursework also includes training in effective communications with personnel, suppliers and customers.

Richard P. Mosher

Marine Pvt. Richard P. Mosher, son of Mary W. and Richard P. Mosher Sr. of Glenview, recently completed basic training at Marine Corps Recruit Depot, San Diego.

He is a 1982 graduate of Loyola Academy in Wilmette.

Area News

Discuss films about food in an Emeritus seminar

Learn more about food you eat in Films About Food, a non-credit seminar offered through Oakton Community College's Emeritus Program. The seminar meets at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Stimulate your mind as well as your palate! View four films about food, take a look at cultural diversity, rituals, meanings of food and what food represents to each of us in our daily lives. If students are interested, we will experience the culinary delights of tasting the foods of various cultures from Italian to Chinese. The seminar meets for four Wednesdays starting June 4 from 1 - 2:30 p.m. The instructor is Karol Verson. The fee is \$15.

Half-tuition discounts do not apply to Emeritus seminars. To register or for more information and a brochure on other Emeritus programs, call (847) 635-1414.

Low-cost will preparation at Center of Concern

Attorneys from The Chicago Bar Association Lawyer Referral Service will provide seniors with low-cost will preparation services through the Senior Citizens Will Program on Wednesday, June 4, at the Center of Concern in Park Ridge. Advance appointments are required and will be scheduled beginning at 9 a.m.

Seniors will be screened for eligibility by the center before the appointment scheduled. To be eligible for the program, clients must be age 60 or over with incomes of \$15,000 or less (\$20,000 for a couple). In addition, a senior's assets can be worth no more than \$30,000, excluding a home and personal car. Seniors registered for the service will receive free consultations about wills.

Seniors scheduled in advance. To register and be screened for eligibility, call the Center of Concern at (847) 823-0453. The program is usually held the first Wednesday of each month.

NSJC

Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, will hold Friday Evening Services on Friday, May 30 at 7 p.m. Following the Service there will be an Adult B'nai Mitzvah Service at 8 p.m. The following members will participate in the Service: Clara Bojan, Peter Brown, June Pearlman, and Gayle Rosen.

Saturday Morning Services start at 9:30. Rabbi Daniel M. Zucker will conduct all Services. Everyone welcome!

St. George High School Alumni Honorees



Br. H. Bernard Talle, F.S.C. (left), and Br. K. Daniel McMullen, F.S.C., were honored at the St. George High School alumni banquet held on May 5. Br. Bernard received the Man of the Year award from the golden jubilee Class of 1947. Br. Daniel was honored with the Christian Brothers' Award of Excellence, given by the school's Alumni Association. Both men taught at the Evanston school in the late 1940s. Although the school closed in 1969, more than 700 alumni attend the annual event.

Northern Illinois C.W.R.T. banquet

The Northern Illinois Civil War Round Table will hold their annual banquet on June 6 at the Watercrest Restaurant in Palatine.

Our speaker for the evening will be Dr. Richard McMurry of Americus, Georgia, who was once referred to as "The Will Rogers of the Civil War Circuit." He is the author of the book, John Bell Hood and The War for Southern Independence, as well as a thought provoking thesis on Two Great Rebel Armies.

Dr. McMurry's speech will be on, "The Great Gettysburg Splash." It should be an enjoyable and informative evening.

Our regular Saturday meeting will be held at 10 a.m. on June 21. Our new meeting place will be in the Zimmerman Room in the Barrington Library, 505 N. Northwest Hwy. (Route 14), Barrington. For further information you may contact Virginia Dezall, (847) 253-2460 or Robert Ziegler, (847) 358-6355.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D042218 on the May 06, 1997 Under the Assumed Name of THAT'S KIDSTUFF! with the business located at 809 RIDGE ROAD, SUITE 206, WILMETTE, IL. 60091. The true name(s) and residence address of the owner(s) is: DAVID L. LEWIS, 675 SUMAC, HIGHLAND PARK, IL 60035, SCOTT M. PFEIFER, 635 MAYFAIR, BUFFALO GROVE, IL 60089.

DAR Garage Sale to benefit students/vets

The Twenty-First Star Chapter, National Society Daughters of the American Revolution will hold its Annual Garage Sale on Friday and Saturday, May 30 and 31, at 401 N. Northwest Highway in Park Ridge from 9 am to 5 pm.

Household items, toys, books, tools, etc., are donated by chapter members, making this fund raiser a truly "Multi-Family Garage Sale".

The proceeds from this annual event are used by the Twenty-First Star Chapter, NSDAR in numerous philanthropic activities throughout the year. These activities include the sponsoring of the American History Essay Contests in the local grade schools and the Good Citizens Funds in the local high schools. Funds are also contributed to scholarships and to veteran patients.

Women in the northwest suburban area who are interested in membership in the National Society Daughters of the American Revolution and are able to provide direct descent from a patriot who served the nation during the American Revolution, may contact Philippa Grover at 847-724-6635.

Janis Pahnke, Chapter Generalogy Docent, will be available at the Park Ridge Library on the third Thursday morning of each month, September through May, to provide assistance to people tracking their family tree.

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Area News

Golfers Tee-Off on Pediatric Cancer

Bear Necessities Pediatric Cancer Foundation, Inc. will host its 4th Annual "Golf For Bear's Friends" golf outing, for Pediatric Cancer. Pediatric cancer is the number one killer facing our children today. Last year's golf outing generated over \$40,000.00 for Pediatric Cancer, and the event has drawn far reaching attention of avid and not-so-avid golfers.

This event is the ultimate duffers' dream and will be held at the scenic Cary Country Club in Cary, Illinois, on Monday, July 14. "Golf For Bear's Friends", has drawn golfers from all over Illinois for the past three years. The \$160 entry fee for the golf outing includes 11:30 a.m. check-in, 12:30 p.m. Shotgun start, locker facilities, greens fee, golf cart, prizes and dinner. Among the exciting prizes and

contests that will be offered, is a brand new Chrysler Sebring Convertible, courtesy of Gary Rosenbeig of Crystal Lake Chrysler-Plymouth, for the lucky golfer who gets that "hole in one." A silent auction raffle is also included that is guaranteed to open many eyes. The golf outing can accommodate 144 golfers and due to the popularity of the event, pre-registration is necessary.

Event Chairperson, Callie Zintz guarantees "an exciting day, for golfers of all levels, to have fun and help our kids at the same time." For more information, registration and/or sponsorship, please call Bear Necessities at (847) 516-4081. Bear Necessities receives no federal or state funding.

USE THE BUGLE

March of Dimes A.I.R. Awards set for September

The second A.I.R. (Achievement in Radio) Awards that showcases radio excellence in the Greater Chicago Area will be held Thursday, September 25, at the Renaissance Chicago Hotel, One West Wacker Drive, Chicago, to benefit the March of Dimes Birth Defects Foundation.

Returning as Chairperson and Vice Chairperson of the competition and awards luncheon are Weezie Kramer, vice president and general manager of WMAQ AM, and Zemira Jones, president and general manager of WLS AM and WKXX FM.

Last year, the A.I.R. Awards had 144 entries submitted by radio stations and advertising agencies, and 485 people attended the luncheon, raising more than \$94,000 for March of Dimes programs to prevent birth defects and infant mortality.

"Our area's radio stations joined together to continue the historic partnership that began in 1938 between the March of Dimes and the radio industry," said Ms. Kramer. "As a result of this cooperation, we broke all expectations for the awards' inaugural year," she said.

"We are pleased that the radio stations will again be working together to make the second year an even bigger success," Mr. Jones added.

The Radio Broadcasters of Chicagoland (RBC) are once again committing their resources to the awards. And Ford Motor Company is returning as a corporate sponsor.

Helping you put knowledge to work

Enough Willpower? People who wish to quit smoking often start a weight-loss program at the same time in hopes of avoiding weight gain. However, quitting smoking can be so difficult that it is best to work on that goal alone.

In a study published in the *American Journal of Public Health* in 1992, participants who tried to tackle both problems at once did succeed in giving up smoking, but gained as much weight as the group that didn't try to lose weight. In another study, combining a weight-loss program with a smoking-cessation program increased the risk of smoking relapse. The best advice is to quit smoking first, then focus on exercise and weight loss.

Smart Gardening - Gardening can be good exercise, but can also cause a sore back and painful knees. To avoid muscle soreness, change positions and tools often when weeding and planting. Use long-handled tools whenever possible. When you need to get close, kneel on one knee, then the other, then both. It may help to use a kneeling cushion or a low stool. Take breaks for other types of exercise, such as a walk, or stretches.

Prepare for Planting - When you purchase bedding plants, such as geraniums and petunias, pick off the flowers they are producing. Removing flowers be-

fore and immediately after planting will help the plants get a better start. At this time of year, food produced by the plant should go into developing a larger plant rather than producing colorful flowers. By sacrificing these flowers now, you'll ensure a larger plant and better bloom throughout the growing season.

Imported Fish - Even diners at the shore are more likely to eat imported seafood than the local catch of the day. That's because domestic fishermen can't catch enough of the fish species that Americans like to eat. The U.S. imported twice as much seafood as it exported last year, causing a \$3.7 billion trade deficit. Most of the imported seafood comes from Canada, Thailand, Ecuador, Mexico, China and Chile. Shrimp is the leading imported species.

In the Pot Nine Days Old - Here's a good way to tell how old an egg is. Place an egg in a pan of cold water. If it lies on its side, it is fresh. If it tilts on an angle, it is approximately 3-4 days old. If the egg stands upright, it is about 10 days old. If it floats to the top, it is old and should not be used. Rotate eggs as you use them to ensure that you use the older eggs first. If you place a small pencil mark on the old eggs you will be certain to use those eggs before the recently purchased dozen.

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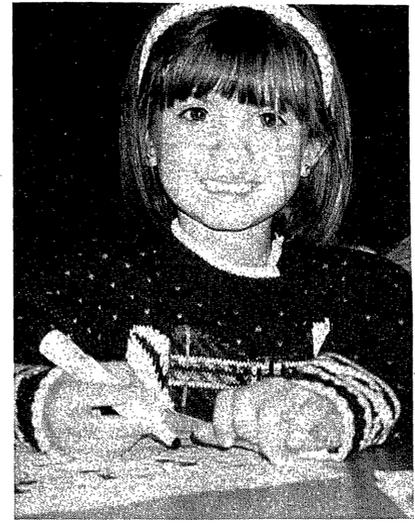
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Library and Parks News

Kids' summer classes



Melissa Duncan of DesPlaines, discovers reading is fun in a Kids' College reading class offered through the Alliance for Lifelong Learning (ALL), Oakton Community College's adult continuing education program. Reading, writing and math classes will be offered in July and August at Oakton's DesPlaines campus, 1600 E. Golf Road and at the New Trier West Center in Northfield. Register now for Kids' College summer classes. Enrollment is limited! Call (847) 982-9888 for a brochure.

'Quilts Fantastic'

The visual and performing arts provide the inspiration for contemporary quiltmakers in this exhibition of five quilts and fifteen artworks on view at Skokie Public Library from June 2-July 28. Included in this unusual exhibition are two quilts depicting scenes from Broadway productions and one filled with the collected autographs of movie stars. Broadway quilt was made for the Museum of American Folk Art in 1981 for the Parents of Friends Seminary in New York. *Broadway II* presents scenes from past and present spectacles from the Great White Way.

Twenty-two contemporary artists, including John Baeder, Keith Haring, Red Grooms, Tom Wesselmann and Kathy Jakobsen designed quilt squares for two thematic quilts.

'Quilts Fantastic' has been organized by the Museum of American Folk Art, New York. The quilts were first shown together at the inaugural Great American Quilt Festival in 1986. Skokie Public Library is the only mid-west venue for this show.

The exhibit is on view during regular Library hours: Monday-Friday, 9 am - 9 pm; Saturday, 9 am - 5 pm; and Sunday 1 - 5 pm. The Library is located at 5215 Oakton Street in Skokie.

Explore one of Wisconsin's treasures

Spend a delightful summer day with the Skokie Park District when we travel to Geneva, Wis. on Tuesday, June 3, 10:30 a.m. - 5:30 p.m.

Picture this: A comfortable bus trip, followed by a buffet lunch at the Mill Race Inn and a guided tour of historic Geneva.

The shop at the Little Traveler, Geneva's shopping mansion. We will depart from and return to the Devonshire Cultural Center (4400 Greenwood St.) in Skokie. The fee is \$47. Register early, this is a popular trip!

For more information, call the park district, (847) 674-1500.

Savor the sights and sounds of nature

Join the Skokie Park District for a canoe trip this season on the scenic Fox River near Wedron, Ill. on Sunday, June 8, 7 a.m.-6 p.m.

Spend the day paddling at a leisurely pace and enjoy the spring wildflowers and nesting birds along the rocky bluffs and river banks. A basic instructional course will be given, so beginners are welcome. Dress for the outdoors and bring a water bottle or canteen.

The trip departs from and returns to the Emily Oaks Nature Center (4650 Brummel) in Skokie. The fee is \$39 for residents; \$49 for non-residents. Equipment, van transportation and a complete lunch will be provided. Please note: Lifejackets will be supplied to be worn for your safety.

For more information, call the park district, (847) 674-1500.

Annual used book sale at library

Skokie Public Library's annual used book sale is Friday, June 13 from 5-9 pm and Saturday, June 14 from 9 am - 5 pm. Prices start at 50¢ for paperbacks. Most hardcover books are \$2.

This year there is a large offering of children's books, adult fiction and nonfiction and reference books.

The Library is located at 5215 Oakton Street in Skokie. For more information, call 847-673-7774, X2155.

Welcome the summer season at Emily Oaks

Bring the entire family out for a paddle across the Skokie Park District's Emily Oaks Nature Center pond on Sunday, June 1, 10 a.m.-Noon, or 1-3 p.m.

Each two-hour session will begin with a basic instructional course on canoeing safety and skills. Then off you go in your own canoe to explore the water's edge and participate in fun canoe games. Canoes can hold up to two adults and two children.

Children must be closely supervised by an adult.

The fee is \$4 for residents; \$5 for non-residents. Please dress in appropriate outdoor clothing and wear closed shoes. The Emily Oaks Nature Center is located at 4650 Brummel (Brummel and Kenton) in Skokie.

For more information, please call the park district, (847) 674-1500.

Registration now open for SPACE

Registration for the Skokie Park District's Skokie's Place for All Children in Extended Care program (SPACE) has begun for the 1997-98 school year!

The park district, in cooperation with School Districts 69, 72, 73 and 73 1/2, offers both before- and after-school child care throughout the school year. Madison, Edison, Fairview, East Prairie, Middleton and Tripp students are eligible to register for the programs which run from 7 a.m. to the start of the school day and from 6 p.m. on a daily basis.

The park district also offers a Madison Kindergarten SPACE program. Held within the Madison school building, Kindergarten SPACE is a half day enrichment program that offers child care to supplement the half-day kindergarten offered at Madison School.

Children in both programs will be participating in a variety of activities such as active games, art, music, story time, sports, drama, outdoor play, board games, homework time and much more!

For further program and fee information, please contact Extended Care Coordinator Rachel J. Rosenberg at (847) 674-1500, ext. 4530.

Area residents visit Princeton

DesPlaines resident Jeffrey Zwirek and Morton Grove resident John Schlauch were among eleven Columbia College Chicago students who traveled to Princeton University in New Jersey May 11 and 12 and presented their science projects in front of an audience of Princeton students. The students also were the guests of Princeton professors at a picnic lunch and visited Manhattan.

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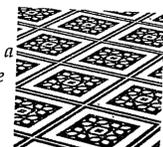
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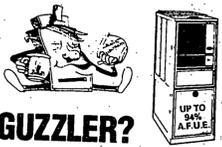


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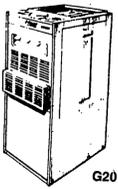
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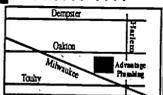
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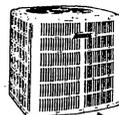
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Suburban Home

Eating right is good for lawns too

Even lawns can overeat. Fertilizer is food for turfgrass, but too much can burn your lawn, according to Robert Wolf, agricultural engineering specialist with the University of Illinois Cooperative Extension Service. Excess fertilizer can also leach down through the soil, threatening groundwater, and it is a waste of money.

Striving for more precise fertilizer applications does not have to be complicated, said Wolf. It simply requires attention to a few details, beginning with your equipment.

If you have a granular fertilizer spreader, he said it is probably one of two types -- drop or rotary. To use your spreader most efficiently, it's good to understand its strengths and weaknesses.

With a drop spreader, fertilizer falls straight down, minimizing the risk of applying granules off target. However, said Wolf, any steering errors can mean missed strips or areas with excessive overlap. This will leave you with light and dark streaks in your lawn. Also, some drop spreaders cannot handle large granules and ground clearance in wet grass can be a problem.

Rotary spreaders throw granules in a 6- to 8-foot semicircular arc in front of the spreader, which means they cover a given area faster than drop spreaders. They

are also more durable, easier to push and steering errors are less critical with them. However, they are less precise. Fertilizer often ends up in off-target areas such as sidewalks, driveways and patios. On windy days, fine particles drift even further. If you are applying a pesticide-fertilizer mixture, such as a "weed 'n' feed" material, off-target damage can be an even bigger concern.

Whatever type of spreader you have, it needs to be calibrated. Fertilizer labels tell you how much chemical you should apply, but these recommendations do not and cannot take into consideration the wide variation among application equipment and granular products, explained Wolf. While your owner's manual may provide helpful guidelines, these are just estimates. The only way to be certain how much chemical your spreader applies is to calibrate the equipment yourself. (See the accompanying story for calibration instructions.)

When you are ready to fertilize your lawn, there are simple guidelines to follow. Read the fertilizer label carefully and follow the recommended application rate -- the overall amount of product applied in pounds per 1,000 square feet. For the greatest accuracy, said Wolf, run through the calibration process with each granular product you use.

Begin by applying fertilizer in a header strip -- an area where you can turn around and realign the spreader at each end of the lawn. After making each pass, close the spreader as you move into the header strip. Then turn the spreader around and open it while moving forward to make the next pass.

To spread granules uniformly, maintain a steady walking speed, added Wolf. If you speed up, the turf will receive less fertilizer; if you slow down, the turf will receive more fertilizer. Normally, you cannot operate a spreader backwards. If you do, rotary spreaders will deliver an uneven pattern and drop spreaders will release granules at a different rate.

For more information on practical ways to improve your home environment, the UI Cooperative Extension Service offers a comprehensive 300-page guide, *57 Ways to Protect Your Home Environment (and Yourself)*. Available for only \$8 per copy (plus shipping), the book covers a wide range of topics, including ways to cut back on pesticides around the home, recycling, using fertilizers, disposing of hazardous waste, protecting your drinking water and conserving energy.

To order a copy, call (217) 333-2007. Visa and MasterCard are accepted.

Tricks of the trade aid in spring cleaning

The home economists at Whirlpool came up with the following professional tricks of the trade to save you time and trouble as you tackle major housekeeping projects -- like the chores on your spring cleaning list:

• Load up a cloth utility belt or carpenter's apron -- the kind with lots of sturdy pockets -- with your cleaning supplies. Wear it as you clean house and you'll have everything you need right at hand.

• Vacuum carpets and rugs first before you dust. After vacuuming, dust is suspended in the air. If you wait for it to settle, your furniture won't have to be dusted twice.

• Leave a rubber squeegee in the tub/shower area and wipe down the walls after every shower. This will prevent soap scum

build-up and save hours of scrubbing.

• Remove wrinkles from washable curtains without taking them down. Just mist them with a plant sprayer and let dry.

• Isopropyl alcohol is great for cleaning the porcelain surfaces of appliances. It removes fingerprints and smudges, dries quickly and leaves a great shine with no streaks.

• Clean the refrigerator's water and ice dispenser with white vinegar and a soft cloth, then rinse. It removes water spots and works better than scrubbing.

• To clean and deodorize the microwave oven, stir two tablespoons of lemon juice or baking soda in a bowl of water. Boil on HIGH for five minutes, then remove the bowl and wipe the interior. This will prevent soap scum

Art Institute winter Honors List

The Illinois Institute of Art-Ray-Vogue today announced that 157 students were placed on the Honors List for the winter quarter 1997. These students earned a minimum grade point average of 3.50 (A-4.00) for the term. Honors List honors were awarded to:

Jerry A. Rescobar, DesPlaines; Melissa Messerschmidt, DesPlaines; Andrea Schimka, DesPlaines; Carla Winum, DesPlaines; Lilijana Vaynshteyn, Glenview; Lisa Vitale of Niles; Jasmina M. Kadic-Rudman of Skokie; and Genady Lipovetsky of Skokie.



BY JOSEPH ZURAWSKI
Special to The Bugle

Exploring Niles' History: St. Hedwig's Part II

Just as it may be impossible to imagine the taste of a dish by just reading the recipe, or get the feeling of playing basketball by watching a game on television, so it is with trying to understand a period of history or an institution by just reading an historical account of that period or place.

St. Hedwig's Orphanage which cared for some 7,000 dependent children between 1911 and 1961 in ten rather large buildings on spacious grounds at the corner of Touhy and Harlem Avenues.

An historical study was published about St. Hedwig's. In the writer's mind it was probably a 100 percent true account. There were exact physical descriptions, precise schedules of established routines, and enough statistics to really enable one to make further analysis, correlations, projections and other good academic stuff.

As good and truthful as the study is, it again reminded one of the great differences between being honest and being truthful. Since honesty is so much more

difficult to attain than being truthful, few academic studies pursue it. For those who may wish to get a good dose of honesty about St. Hedwig's, they need to look no further than issues of "The Hedwigian II." They would not only get the flavor and the action, they would be convinced the events, emotions, and feelings described were real. These made St. Hedwig's what it "really" was.

Rose Marie Killips, formerly of Des Plaines and now residing in Blanchardville, Wisconsin for the past two years, is editor of the Hedwigian II newsletter published three times a year. In print since 1983, it is mailed to 700 current members of the St. Hedwig's Alumni Association.

Much of each issue is devoted to letters received from men and women recalling their days at St. Hedwig's. "I get a lot more than I could put in the newsletter," says Killips, "but many of them shouldn't be published."

What is published reflects the care Killips exhibits in preserving the meaning of St.

Hedwig's in so many lives. A letter which rambles for several hundreds of words (continued from one issue to the following) concluded: "I have got to stop. Thanks, Rose for being a listener. I have learned quite a lot psychologically and spiritually about the self-destructive risks of harboring old angers and resentments. I am also learning that it is hard, if not impossible, to let them go if one does not first OWN them. So, her's to you, Sister Laudina. May you Requiescat in Pace."

The very next paragraph reads: "Here's a 'warm memory': Wintertime, we washed our socks at night as we were supposed to...put them on the radiator to dry. In the morning, the floor is cold, you put on the socks and your feet and whole body radiate with warmth. Those were good radiators!" Killips' reply--she writes a reply in the newsletter to almost all letters published--reflects her usual positive comments and compliments John on his

insights. She also humorously answers a question that John has been bothered with since the days of the 1940's when he attended St. Hedwig's: "We, the girls, always had proper eradicating 'papier.' To think of anything different would be indecorous."

A Hedwigian, class of 1957, writes in the March 1994 edition: "I had a childhood and I'm finally able to say I am proud of where I was raised--at the 'Village of Saint Hedwig.'"

Another, from the class of '50, writes of the smell of the aroma left by the boys after a basketball game the fragrance of their gym shoes, sobs of the "Polish kids" when the Polish anthem was played. One wonders how long this Hedwigian struggled to write that twenty years later "it dawned on me" that Sister O. placed a duck in the wooden cabinet for an unjust punishment. The same writer explains that on his 10th birthday "no one remembered. I was in the field short of the woods and cried."

The Alumni Association sponsors several events during

the year with the October fall luncheon--near the feast day of St. Hedwig--at the White Eagle Restaurant in Niles usually attracting about 300. A highlight of any luncheons may be the showing of one of the videos prepared by John Biel, the alumni's historian, about St. Hedwig's. Biel is currently working on a video of the physical demolition of the buildings.

The tears, the fears, the memories, the impact of the "rest of your life" is what everyone who left St. Hedwig's left with. No study, no history, no account could ever be, no matter how truthful, be as honest as the words of those who lived at St. Hedwig's.

The Alumni Association of St. Hedwig's is always seeking to make contact with those who may not be aware of the association. Please contact Rose Marie Killips, editor of Hedwigian II, at 501 Maple Street, Blanchardville, Wisconsin 53516.

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Safe food storage keeps outdoor dining pleasant

Along with baseball and mowing the lawn, picnics are a rite of summer. What better way to celebrate the warmth of the season than by dining alfresco? But the higher temperatures that beckon you outdoors can wreak havoc on the contents of your picnic basket -- and cause distress to your intestinal tract.

Bacteria multiply rapidly at temperatures between 40°F and 145°F, especially on the surface of food. Unfortunately, this bacteria is impossible to detect. You can't see, smell or taste it. To ensure that your summer fun isn't curtailed by a nasty bout with food poisoning, consider these food safety tips from Dairy Council of Wisconsin:

- Keep food clean, keep hot food hot, and keep cold food cold. Most bacteria cannot grow or spread in very cold or very hot temperatures.
- At home, keep everything that touches the food clean, including hands, utensils and bowls and platters. Before packing the food, thoroughly clean coolers, thermal bottles and food containers.
- Pack perishables in insulated coolers chilled with ice or chemical cold packs available in most grocery stores. A good rule of thumb is to pack the cooler with 75 percent food and 25 percent ice or cold packs. And keep the lid closed!
- Pack perishable foods directly from the refrigerator just before leaving. While a cooler keeps food cold, it can't adequately chill foods that are at room temperature or warmer.
- Keep your cooler in the shade under a tree or picnic table, not in the sun or in the trunk of your car.
- Only serve the amount of perishable food that you'll eat right away and return the rest to the cooler immediately. Don't let food sit out on the picnic table or blanket for more than an hour, even less in direct sunlight.
- Select cool, nutritious foods and snacks that tote easily and store well. Daily foods such as string cheese and cheese cubes (tightly wrapped), and pudding or blended yogurt in individual cartons fit this description. The yogurt or pudding packs can be frozen ahead of time to help keep other foods cold. Thaw before eating or enjoy them as a frozen treat.
- Keep custard, milk, cream or any dessert with a cream filling well chilled. Pour milk or cream into a clean, pre-chilled thermal container, or pack individual cartons of unflavored milk or chocolate milk close to the ice or freezer packs. The milk will stay fresh and cold -- the way it tastes best!
- Toss any perishable leftovers after the picnic, or repack them in a cold cooler to enjoy later. When you're back at home, remember the cardinal rule of food safety: When in doubt, throw it out.

Cellular Towers ...

Continued from Page 1

the towers to commercial areas. Nick Greifer, policy analyst with the Northwest Municipal Conference, said that agency has received many complaints from suburban mayors about the towers.

A Chicago alderman, Brian Doherty of the 41st Ward where six towers, including the one at Milwaukee and Howard which abuts Niles, has complained of the towers but now accepts them as the wave of the future.

Blase, mayor of Niles for 36 years, said he worries that the sprouting up of cellular towers may make Niles look like the

minaret-studded skyline of Istanbul, Turkey.

In addition to the unsightliness of the tower, Blase has raised the safety issue of what will happen when traffic accidents in the busy intersection spill over and hit the tower.

AT&T spokesman Christopher Dunn said that AT&T is trying to find more unobtrusive locations for the towers. In a concession to Blase, AT&T has removed the barbed wire from around the base of the tower, and talks are still underway about different options for the towers, Dunn said.

School Board ...

Continued from Page 1

ment of Candidacy which indicates clearly and accurately the position for which the candidate is running including the length of the term of office; 2) Nominating Petitions containing at least 50 signatures of registered voters from within the district and a notarized signature of the petitioner circulator; 3) A Statement of Economic Interest -- a receipt from the Cook County Clerk showing that the candidate has filed a State of Economic Interest on or before the last day of filing; and 4) An optional Loyalty Oath.

Filing of Nominating Petitions: Nominating Petitions will be accepted at Niles Elementary Schools District 71's office, 6935 W. Touhy Avenue in Niles, IL, 60714 from Monday, August 18 at 8:30 a.m. during normal office hours (8:30 a.m. to 4:30 p.m.) until Monday, August 25 at 5 p.m.

Ballot Position: Candidates are listed on the ballot in the order in

which their nominating petitions are received except that all nominating petitions presented at 8:30 a.m. on Monday, August 18, and petitions received in the first mail on August 18, only are considered as filing at 8:30 a.m. A lottery will be held to determine ballot position for those filing at this specified time.

Election Date: The election for School Board Candidates will be held on Tuesday, Nov. 4.

Write-Ins: Write-in candidates must file a notarized declaration to be a write-in with the proper election authority by 5 p.m. on Tuesday, Oct. 28.

General Information: All candidates are strongly advised to obtain legal counsel as to their legal qualifications for office, the minimum and maximum number of signatures required, the qualifications for signers and circulators, etc.

Jozwiak Park ...

Continued from Page 1

near. They're looking at \$13 million. Can we afford \$13 million? Do the taxpayers want us to spend the additional \$4 million?"

An alternative solution is to build the baseball diamonds on County land owned by the Forest Preserve District east of a town-home development near Caldwell Avenue.

"The people got upset because they were losing a baseball diamond (in last year's controversy), and we asked the County to let us convert [the land near Caldwell] to baseball diamonds. The County said they would allow that to happen, but they would not sign a long-term lease," Przybylo said.

Although the village could not obtain an actual lease, Przybylo said he strongly doubted that the County would ever evict the baseball diamonds once they were built.

The Jozwiak Park controversy is up for discussion again. "It's back on the table," according to Przybylo. However, he denied that the street construction begun on Franks Avenue between the

Park and the soon-to-be vacated South School was in preparation to razing the baseball diamonds.

Przybylo blamed the "strict schedule of street repairs" for the fact that the street construction was begun four weeks before the children will be dismissed for summer vacation.

K of C looking for crafters

Tonti Council #1567, Knights of Columbus will be hosting an Art & Craft Fair on Saturday and Sunday, Sept. 20-21. Tonti Council is currently looking for crafters who would like to obtain a space. The event will take place at Portage Park (Chicago Park District), Irving Park Road and Central Avenue.

Applications can be obtained by calling Lorraine at (773) 774-6905. Proceeds from the event will benefit the Educational Fund of Tonti Council. The Knights of Columbus is a Catholic Fraternal Service Organization chartered on March 29, 1882.

Walter R. Wittke



Navy Lt. Cmdr. Walter R. Wittke, son of George W. and Juliet H. Wittke of Morton Grove, recently was promoted to his present rank while serving at Naval Dental Center, Great Lakes, IL.

Flag Holidays

NEW YEAR'S DAY, January 1
 INAUGURATION DAY, January 20
 LINCOLN'S BIRTHDAY, February 12
 WASHINGTON'S BIRTHDAY, February 22
 EASTER SUNDAY (variable)
 MOTHER'S DAY, second Sunday in May
 ARMED FORCES DAY, third Saturday in May
 MEMORIAL DAY (half-staff until noon), May 30
 FLAG DAY, June 14
 INDEPENDENCE DAY, July 4
 LABOR DAY, first Monday in September
 CONSTITUTION DAY, September 17
 COLUMBUS DAY, October 12
 VETERANS DAY, November 11
 THANKSGIVING DAY, fourth Thursday in November
 CHRISTMAS DAY, December 25

Such other days as may be proclaimed by the President of the United States; the birthdays of States (dates of admission); and on State holidays.

Founders Day List

Indiana University recently announced the names of students on the Bloomington campus who achieved the Founders Day Honors List, formerly the Dean's List, for academic excellence for Semester 1, 1996-97. Students are: Robert Abrahamson of Glenview, Carolyn Berry of Glenview, Megan Dunlap of Glenview, Meghan Klein of Glenview, Melissa Losquadro of Glenview, Paul Mui of Glenview, Molly O'Loughlin of Glenview, Robert Pasquetti of Glenview, Justin Sandler of Glenview, Lindsay Shuman of Glenview, Tamara Walczak of Glenview, Kathleen Weymer of Morton Grove, Joshua Reznik of Morton Grove, Lisa Klueppel of Park Ridge, Jessica Talaga of Park Ridge, Annika Uzemack of Park Ridge, Bari Ardell of Skokie, Kaz Kruszewski of Skokie, Sunil Malhotra of Skokie, Ritesh Patel of Skokie, Shari Popowicz of Skokie, and James Sayegh of Skokie.

Healthy snacks keep kids on nutrition track

School's out and the kids are bored. It seems that their favorite pastime is to stand in front of the open refrigerator and look for something -- anything -- to eat. What's a parent to do?

Let them eat snacks!

But before you stock your pantry with candy bars and chips, it's time to rethink your idea of snacking. Snacking means eating a small amount of nutritious food between meals, not filling up on empty calories. According to Laura Wilford, registered dietitian with Dairy Council of Wisconsin and mother of two youngsters, children receive up to 200 percent of their daily nutrients from snacks. "Snacking is especially important for children who can't eat enough food at regular meals to supply their daily nutritional needs," says Wilford. "Snacks that come from the five food groups can make a healthy contribution to your child's diet."

Dairy Council of Wisconsin offers these suggestions for planning healthy snacks that children will enjoy:

- Be prepared. Store cheese slices or bite-sized cheese cubes in reclosable plastic bags in the refrigerator. Wash and cut fresh

fruits and vegetables so they're readily available when children are looking for a snack.

- Plan snacks to provide a "nutrient bonus" that will complement, not replace, a child's meals. If Junior's meals are short on servings from any of the five food groups, fill in the void at snack time. Cheese, yogurt, ice cream and chocolate milk are good snack choices from the dairy group, for example, if your child doesn't drink enough milk at mealtime.
- Control the size of snacks by preparing and storing kid-sized portions. Put pudding in small paper cups or wrap cookies individually in plastic.
- If children are old enough to use the microwave oven themselves, store leftovers in small microwavable containers so kids can easily prepare last night's dinner as today's snack.
- Provide foods with lots of sensory appeal, such as brightly colored fruits and vegetables, or cream cheese with crunchy crackers or crisp celery sticks.
- Provide a list of easy snack options that older kids can prepare on their own and post it on the refrigerator.

Flea season is upon us

Warm weather brings many things out of winter hibernation: flowers, convertibles, people, and, unfortunately, fleas. These little pests can be a big nuisance, making life difficult for both you and your pet.

Pets allergic to fleas are actually allergic to flea saliva. Flea bites cause a serious reaction in these animals, including loss of hair and scratching until the skin is raw. Besides causing itching and scratching, fleas can cause anemia in young or sick pets and can also transmit a species of tapeworm if the host dog or cat swallows a carrier flea.

"Owners should check for flea fecal matter or 'flea dirt,'" says Dr. Allan Paul, a small animal Extension veterinarian at the University of Illinois College of Veterinary Medicine at Urbana. "Flea dirt looks like comma-shaped flecks of dirt and is found most often at the base of a pet's tail. If it is really flea dirt, the 'dirt' will turn red when placed on a moist cotton ball because of the blood it contains."

There are many new weapons in the battle against fleas, three of which are: Program®, Advantage®, and Frontline®. Program®, also known as the "flea pill," works by inhibiting chitin (a substance important for the development of fleas, but unused by mammals). "Program® is very safe and very effective," says Dr. Paul. "Since this works on some of the developmental stages of the flea, adults fleas are unaffected."

Advantage® and Frontline® kill adult fleas on contact, before

they have a chance to reproduce. Both of these products are applied to the skin and reside in the tissue layers just underneath your pet's skin. They differ in their method of action, and Frontline® gives the added benefit of tick control.

"It is recommended that all three of these products be administered every 30 days," says Dr. Paul. "For these products to be most effective, all animals in a household must be treated, whether they're products that are specifically labeled as safe for cats," says Dr. Paul. "Flea collars are somewhat effective, but definitely don't provide the total control needed against fleas."

If you would like further information on these products or would like to initiate a program of flea control for your pet, contact your local veterinarian.

IACAC High School Delegate elected

Gloria Moore has been elected the National Association for College Admission Counseling High School Delegate for Illinois Association of College Admission Counseling. Moore is the College/Career Counselor for Niles West High School in Skokie. Moore was elected on May 1, 1997 at the Association's Spring Conference in Oak Brook.

As NACAC high school delegate, Moore will represent IACAC's high school issues and concerns at the National level. This is a three year term.

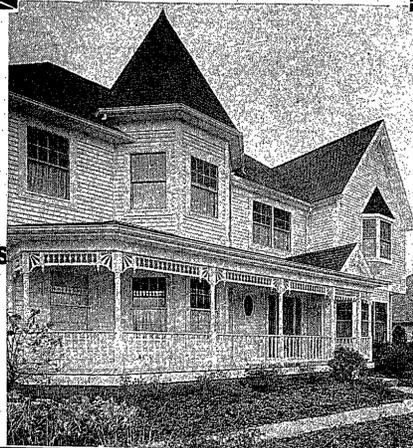
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