

District 207 passes 4.65 percent tax levy

Maine Township residents can look forward to a property tax increase next year.

The Maine High School Board passed a 4.65 percent tax levy that will mean about a \$10 increase in the tax bills of residents whose houses have a market value of \$150,000.

If equalized assessed valuation (EAV) grows by the anticipated 1.5 percent, the levy will amount to about \$64 million, a \$2.8 million increase over the 1995 tax extension, according to Merilee

McCracken, District 207 assistant superintendent for business.

District 207 operates under a tax cap, restricting any tax increases to exceed five percent or the increase in the Consumer Price Index.

The actual tax rate will equal the levy divided by the estimated EAV. It is projected to be \$2.2434 for every \$100 of the 1996 EAV. In 1976, the tax rate was a much higher \$2.51, McCracken noted.

Niles Historical Museum celebrates 25 years

From small beginnings with an eye to preserving history, the Niles Historical Society recently celebrated 25 years of service and growth in Niles. From a few "old things" stored in private homes and the basement of the Village Hall, displays now range from small collectibles to complete rooms. The three floors of the Museum are filled with items such as clothing, toys, books, machinery, tools, war memorabilia, greeting cards, stage bills, furniture, a car, a wagon, and several

other collections. Displays are changed three to four times each year. Permanent displays include a replica of a 1920 home, an 1886 covered wagon, and a 1900's kitchen.

The growing number of donations and artifacts needed to be exhibited encouraged the Society to approach the Niles Days Committee in 1976 to request large glass exhibit cases. The cases were installed at the Trident Center, and moved to the Society's

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Brick-hurling vandal arrested

Zoran Grujich, 26, of Chicago was arrested by Niles police around 1:30 a.m. Jan. 1, barely 48 hours after the vandalism spree that left several Niles residents with damaged autos and property Dec. 29.

While on routine patrol, Niles officers monitored a Cook County Sheriff's radio report of a subject being stopped at Ballard and Dee roads by Sheriff's police. Recalling that the suspect was wanted for questioning in the vandalism incidents, police re-

sponded to the location.

A search of Grujich's vehicle revealed several red brick chips on the rear floor board. The chips appeared to be from the bricks used to damage several of the vehicles.

A brick was used to damage the front driver's side windshield of a 1988 Buick LeSabre parked in the 7300 block of Lee Street between 7 p.m. and 10:40 p.m. Dec. 29. The front and rear windshields of a 1996 Chevrolet Ca-

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Leaning Tower Lighting Ceremony

For any people who missed the 1996 Leaning Tower Lighting Ceremony on Friday, Dec. 6, 1996, they are getting a second chance to see this brilliant display of lights.

The Niles Cable Access Channel 21 will be playing the Holiday Lighting Ceremony in Niles only, on:

Saturday, Jan. 18, 1997, at

3:30 p.m.

Monday, Jan. 20, 1997, at

6:30 p.m.

This ceremony featured speeches by Village Manager Abe Selman and Jack Owens from the YMCA Board of Directors; a singing performance from the Culver School Choir; and a special appearance by Santa Claus on a Niles Fire Truck!

Niles Zoning Board cites past problems, concerns of community in refusing permits

Automotive shop denied license to sell used cars

by Kathleen Quirsfeld

A couple who own and operate a general automotive repair business asked the Niles Plan Commission and Zoning Board for a variance to sell a few used cars in their parking lot.

However they didn't plan on having to defend some of their business practices in public at the Board's meeting on Monday, Jan. 6.

Rade and Slovojka Radio, owner of the business, North Shore Auto Works, 7420 N. Milwaukee, Niles, came under fire from Commissioner Angelo Troiani who vocalized his displeasure with these petitioners.

Troiani remembered when this couple asked the board in 1992 for permission to open their business. He said at that time, the couple pledged to "be good neighbors" and operate the business in keeping with the residential community where it was located.

In 1992, Troiani said that the board urged the couple to comply with Village rules and keep doors

closed during operating hours because the noise level would be a nuisance to neighbors.

However, Troiani noted that several complaints have been

voiced from neighbors in recent years about the fact that the doors are not closed in the summer during the daytime hours.

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Judge orders Morton Grove man to be tried for murder

Morton Grove resident James Pappas, who is accused of murdering his mother, will be tried on first-degree murder charges, following a Monday court ruling.

Over the protest of Pappas' defense attorney, Associate Judge Gerald T. Rohrer of the Skokie branch of the Cook County Circuit Court ruled there is sufficient evidence to allow the state to try Pappas.

According to police, Pappas, 38, has confessed to the January 2 murder. Pappas is alleged to have stabbed his mother to death at the home they shared in the 7700 block of Lake St. in Morton Grove.

Cook County officials revealed in court on Monday that Pappas has been hospitalized at least 19 times for mental illness. Also, as of Monday, a court ordered psychiatric evaluation had not been performed.

During an earlier bond hearing, Pappas had shouted and interrupted a judge. However, at Monday's hearing there were no interruptions and Pappas repeatedly told the judge he understood where he was and what charges he faced.

First "Firefighter Paramedic" retires



Pictured above are Trustee Bart Murphy, Timothy Crossin, and Mayor Nicholas B. Blase. Mr. Crossin was presented with a retirement plaque for his 19 years of dedicated service with the Niles Fire Department at the November Village Board Meeting. He holds the distinction of being the first person hired to the new position of "Firefighter Paramedic" in 1974.

Area News

Cold alert policy

The Village of Niles Cold Alert Plan will take effect when the combination of wind and temperature reaches 35 degrees below zero or when there are three consecutive days where the temperature is below 10 degrees. This plan is for emergency weather situations, during non-working hours such as evenings and weekends. Cold related problems during business hours should be directed to the Code Enforcement Department at (847) 967-6100.

Rental Units: The Village Code states that the overnight temperature must be kept at 60 degrees. If the heat is not working, the tenant must call the property manager/owner as allow them a reasonable amount of time to make repairs or obtain a heating repair service. If the property manager/owner is not available within a reasonable time and you need assistance after business hours, call the Niles Police Department at

Boy Scout District receive awards

The Blackhawk District of the Northwest Suburban Council, which serves the communities of Des Plaines, Lincolnwood, Morton Grove, Mount Prospect, Niles, Park Ridge, Rosemont, Schiller Park, and Skokie, held a dinner to recognize those units and individuals who have done much to serve both the district and the youth they serve. Unit Growth awards were presented to Pack 263 of Des Plaines, Pack 228 of Morton Grove, and Pack 1 of Park Ridge; Troop 107 of Niles, Troop 72 of Skokie, and Troop 114 of Des Plaines; and Post 82 of Morton Grove.

Outstanding Unit awards were presented to Pack 24 of Park Ridge, and Packs 25, 148, and 222 of Des Plaines; Troops 25, and 38 of Des Plaines, and Troop 76 of Park Ridge.

Stop Crime!

St. Martha School Registration

Registration for new students, Early Childhood and Kindergarten through Grade 8, entering St. Martha School in September 1997, will commence in the School Office on January 26 and January 27 through May 30 (school days only) between 9 a.m. and 2 p.m.

FOR REGISTRATION

1. Early Childhood students must be 4 years of age before September 1, 1997.
2. Kindergarten students must be 5 years of age before September 1, 1997.
3. Students entering Early Childhood and/or Kindergarten must bring a birth certificate from the STATE and a baptismal certificate.
4. Students entering other grades are requested to bring their latest report cards.

In the admission of students to St. Martha School, the order of priority shall be as follows:

1. Children of parishioners:
 - a. Children from families with children already enrolled.
 - b. Children now reaching school age.
2. Transfer students from other Catholic schools:
 - a. From schools that are merging or consolidating.
 - b. From schools not offering full programs 1-8.
3. Children of non-parishioners:
 - a. Children from families with children already enrolled.
 - b. Children from families newly moved into the parish and whose children have been in Catholic schools where such were available or from public schools where Catholic schools were not available.
 - c. Children now reaching school age.

To insure a place for your child/children for the 1997-1998 school year, register early.

Niles Squares dance and sell

The Niles Squares present Beginner's Ball and Resale Shop on Jan. 18, 1997 at the Niles Recreation Center 7877 Milwaukee Ave. in Niles. Chuck Jaworski will be the caller.

Resale doors open at 7:30 pm, Squares start at 8pm. For fun, fellowship, bargains and refreshments at \$3 per person, call (847) 967-7854.

Men's divorce help at Borders Books

Chicago based attorney and father's rights activist Jeffrey M. Leving will join a panel of five other experts for a comprehensive discussion on divorce at Borders bookstore in Deerfield on Wednesday January 22, at 7:30 p.m.

Leving heads one of the few law firms in the nation that concentrate on representing men in divorce and child custody suits. Co-author of the 1986 Illinois Joint Custody Law, Leving has earned a national reputation in defending men in family courts.

Joining Leving on the panel will be other local experts in the area of divorce. Included in the discussion will be viewpoints from the legal, psychological and financial communities, in how to survive and even thrive during a divorce. The public is encouraged to attend and bring their questions.

The discussion is being sponsored by Borders and Divorce magazine. It takes place Wednesday, January 22nd at 7:30 p.m. at Border Deerfield, at 49 S. Waukegan Road, Deerfield.

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Elliott's resignation surprises Maine Board

by Rosemary Tirio

The Maine Township Board of Trustees was caught off guard by the surprise resignation of Trustee Earl Elliott.

Four months before the end of his first term, Elliott cited personal reasons for the unexpected announcement, according to Township supervisor Mark Thompson.

Elliott's short but embattled tenure included an epic struggle over the construction of a proposed \$1.4 million town hall addition, which was vocally opposed by many resident activists and was eventually built for \$894,600.

Another turbulent chapter in

the board's recent history was the 1995 takeover by 160 residents who packed the Township Hall and voted down many board decisions, including expansion plans, funds appropriated for legal and public relations fees and pay raises for township officials and employees.

The Board's reversal of the citizens' decisions is still being argued in the Illinois Appellate Court.

Elliott, 49, a Park Ridge resident, brought a background of 27 years of management and teaching in public schools to the trustee post.

For the past several months Maine Township Republicans have been screening candidates for next April's election, so filling Elliott's unfinished term should not be a problem. Thompson said, predicting that the board would likely announce Elliott's replacement at the January board meeting.

First baby born in 1997 to win bond

"The brothers of the North American Matyrs, council 4338, Knights of Columbus, proudly announce they will present a \$100 savings bond to the very first baby born in 1997 to a St. John Brebeuf Church registered parish family. This special one time presentation is in conjunction with the council's efforts to support the family life & the right to life commission.

Please contact past Grand Knight Andy Beierwaltes at (847) 965-0920 to make us aware of your blessed event. Winner will be announced at a later date!

The Knights of Columbus offers their warmest congratulations & Best Wishes to all the families who will bring a child into the world in 1997! The knights believe the best choice is life!

Skokie resident wins Little Lotto prize

Margaret Lynn of Skokie has come forward to claim a First Prize of \$26,052.50 from the October 28, 1996 Little Lotto drawing. Lynn correctly matched all five numbers and will receive the amount in a one-time cash payment.

The First Prize jackpot of

\$156,315 was split among six winners. Lynn's winning ticket was purchased at Morton Grove Food Mart, located at 5900 N. Lincoln Avenue in Morton Grove. For selling the winning ticket, the business will receive a 1-percent bonus of \$1,563.

What do garbage crews pickup???

The Village of Niles contracts its refuse and recycling services to Groot Recycling & Waste Services. Eligible households include single family residences, and multi-family residences, up to four flats.

The Village of Niles is one of the few communities to offer refuse and recycling pickup, at no charge to residents.

Residents may place bulk items and white goods at the curb. Examples of bulk items include pianos, beds, sofas, and other furniture. Examples of white goods include washing machines, dryers, air conditioners, refriger-

ators, freezers, water heaters, and dishwashers. Residents may place one bulk or white good item at the curb, per week, at no charge.

Residents placing construction items at the curb, such as large quantities of wood, siding, brick, shingles, and others must contact Groot for a special pickup. There will be a charge to the resident based on the quantity of the garbage.

Questions can be directed to Groot Recycling and Waste Services (800) 35-GROOT, or the Village of Niles (847) 967-6100.

Free carbon monoxide and natural gas testing

The Departments of Code Enforcement and Human Services are offering their annual Carbon Monoxide and Natural Gas Testing Program. This is a free inspection of residential furnaces and gas appliances.

Carbon monoxide is a tasteless, odorless, and colorless gas that can cause serious illness or

death. Symptoms include dizziness, headaches, and nausea.

To schedule an appointment, contact the Niles Senior Center at 967-6100, ext. 376, between 9:30 a.m. and 3 p.m., Monday through Friday. All inspectors wear Village uniforms, carry identification, and drive marked Village cars.

Local student selected for Honor Society

Jeffrey P. Cole of Niles has been initiated as a member of the Rosary College chapter of Sigma Iota Epsilon, the honor society of

the Academy of Management. Cole, a junior business administration major, graduated from Saint Patrick High School.

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Glenview (Corner of Waukegan & Wisconsin Roads In Dealer Tire Center) 847-998-1040	Wood Dale (630)860-7001	Palatine (847)359-9920	Schaumburg (847)885-9920
Calumet City (847)868-8806	Wood Dale (630)860-7001	Palatine (847)359-9920	Elk Grove Village (847)718-9901

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BUGLE BOY - GANT - PERRY ELLIS - MARCHON - GUESS

Winter weather warning, take care of your heart

Winter is on its way, but that doesn't mean Chicago area residents have to get snowed in - or under - by Old Man Winter. It's OK to shovel snow, says the American Heart Association of Metropolitan Chicago, but if you have coronary heart disease or are middle-aged or older and have not been physically active, you need to follow some simple rules.

If snow must be shoveled, it should be done by someone who is physically fit and dressed warmly. Wear several layers of clothing; this allows air to be trapped between layers, forming a sort of protective insulation. Also, wear a hat or scarf because most heat is lost through the top of the head. Protect your ears and hands, too, because they are most susceptible to frostbite. And don't assume that women are immune to heart attack; and therefore, it is safer for them to shovel than for men. After menopause risks for women are comparable to those for men.

Don't try to lift a heavy shovel full of snow if you're not used to strenuous physical exertion. The combination of sudden physical exertion and the cold increases the heart's workload. Even walking through heavy wet snow or snow drifts can add strain to the work of the heart. Some researchers have found that

stress of cold temperatures can cause constriction of the arteries in the heart. Cold temperatures can also increase blood pressure and blood viscosity (resistance to flow) and alter blood clotting. These factors can be involved in angina (chest pain), heart attack and stroke. People who have coronary heart disease should have a recommendation from their physician as to how much physical exertion they can safely undertake.

The elderly are at special risk. As people age, their ability to maintain a normal internal body temperature often decreases. Because elderly people seem to be relatively insensitive to moderately cold conditions, they can start to suffer hypothermia without knowing they are in danger.

Hypothermia, a potentially fatal condition, is a drop in body temperature to a subnormal level. It occurs when a person's body cannot produce enough energy to keep the internal body temperature warm enough. Signs of hypothermia include lack of coordination, mental confusion, slowed reactions, shivering and sleepiness. Heart failure is the cause of death in most cases of hypothermia.

Don't drink alcoholic beverages before going outside or while

in the cold. Alcohol gives an initial feeling of warmth, but this is caused by expanding blood vessels in the skin. This draws heat away from the body's vital organs.

If you must shovel snow or be out in the cold, remember the warning signs of heart attack:

- Uncomfortable pressure, fullness, squeezing or pain in the center of the chest lasting more than a few minutes.
- Pain spreading to the shoulders, neck or arms.
- Chest discomfort with lightheadedness, fainting, sweating, nausea or shortness of breath.
- People with high blood pressure have an increased risk of stroke. Brain attack warning signs are:
 - Sudden weakness or numbness of the face, arm or leg on one side of the body.
 - Sudden dimness or loss of vision, particularly in one eye.
 - Loss of speech, or trouble talking or understanding speech.
 - Sudden severe headaches with no known or apparent cause.
 - Unexplained dizziness, unsteadiness or sudden falls, especially along with any of the previous symptoms.

For more information on how to protect your heart this winter, call the American Heart Association at 1-800-AHA-USA1.

Immunizations required for 1997-98 school year

New Illinois immunization regulations require all students entering the 5th grade after July 1, 1997, to have received three doses of hepatitis B vaccine. In addition, children 2 years of age or older enrolling after July 1 in pre-kindergarten programs operated by a school will need to show proof of hepatitis B immunization.

The first two doses of the vaccine are to be given four weeks apart, and the third shot must be received at least two months after the second.

"Since it takes a minimum of three months to complete the three-dose series of shots, parents of children who will be affected by the new requirements should begin planning the immunizations now," Dr. Lumpkin said. "The vaccine will provide protection against a very serious disease, which has no cure."

Hepatitis B is caused by a virus that attacks the liver and is spread by direct contact with the blood or body fluids of an infected person. A baby can get hepatitis B from an infected mother during childbirth.

A person can be a carrier of the disease, but not know it and have no symptoms, and unwittingly spread it to others. State law requires that all pregnant women be tested for hepatitis B early in their pregnancies or at the time of delivery. Babies who

get hepatitis B at birth may have the virus the rest of their lives, can spread the disease and may develop cirrhosis of the liver or liver cancer.

The Illinois School Code was amended this year to include the hepatitis B immunization requirement. This new requirement applies to 5th grade in all schools and to children 2 years of age or older in all school or school-district operated programs such as nursery school, early childhood, pre-school or pre-kindergarten. Children enrolled in the federally funded Head Start program previously had been required by federal law to show proof of hepatitis B immunization.

Fifth graders were targeted because they already are required to have a physical examination before beginning 5th grade and the vaccine will provide them protection before the onset of risk-taking behaviors, such as sexual activity and drug use, that are most likely to begin during their teenage years.

For those who exhibit signs of hepatitis B, the symptoms include yellowing of the skin and eyes, loss of appetite, nausea, vomiting, fever, stomach or joint pain, and extreme tiredness. Ill-

ness has averaged 350 cases of hepatitis B per year over the past five years.

The three-dose immunization requirement brings Illinois in compliance with current recommendations from the American Academy of Pediatrics and the Immunization Practices Advisory Committee of the U.S. Center for Disease Control and Prevention.

Hepatitis B vaccine has been available since 1982 and has been included in the recommended Illinois childhood immunization schedule since 1991.

Linkages Group

Terrie Rymen, J.D. Disabilities Advocate, Jewish Federation of Metropolitan Chicago, will address guardianship for persons with disabilities at a LINKAGES program on Sunday, Jan. 19, 1997 from 1 to 2:30 p.m. at Council for Jewish Elderly, 3003 W. Touhy, Chicago. LINKAGES is a program addressing the issues, needs and concerns of parents and family members of Jewish adults with disabilities and holds monthly discussion groups. For further information, call Audrey Cantor at (773) 508-1137.

Area News

Local Credit Union open to the community

The 7400 Waukegan building in Niles is home to a financial treasure which many area residents have yet to discover. After 58 years of membership limited to certain church and employee groups, the services of Northwest Community Credit Union are now available to those who live or work in Niles Township and Maine Township. Because of its non-profit status, this federally insured financial cooperative is able to offer higher than average dividends on savings accounts and lower interest on consumer loans.

All of the credit union employees are long time area residents who tend to treat the members more like friends than customers. Northwest community offers its members everything from free checking accounts and ATM cards to a low interest VISA Gold program. The explosive growth of credit unions in general, along with the high energy enthusiasm and forward thinking of President Nick Bavaro and the volunteer Board of Directors, has resulted in a phenomenal increase in asset size over the last five years.

service, as well as the cheerful attitude of the staff, are open invitations for area residents to discover

Niles' hidden treasure and jump on the credit union bandwagon. By joining your commu-

nity credit union, you too can become part of this rapidly growing financial industry.

The Chicago Bar Association Revue tickets on sale

Tickets are on sale for the Chicago Bar Association's Christmas Spirits Revue, an evening of music and comedy presented by the Oakton Educational Foundation, Saturday, Jan. 25 at 8:30 pm on the Mainstage of the Performing Arts Center at Oakton's Des Plaines campus, 1600 E. Golf.

The Bar Association's 73rd annual revue entitled 101 Dull Moments is anything but dull as lawyers poke fun at local and national celebrities and events in the news. The satirical revue tar-

gets such well known celebrities as Liddy and Bob, Dole, Dick Durbin, Paul Simon, Chelsea Clinton and Richard Daley in musical numbers such as "Sunday in the Park with Rich" and "On the Dole."

Tickets are \$45 and include a reception following the show during which entertainers and guests can socialize and enjoy refreshments. Past performances have sold out quickly, so call the Oakton Box Office now at (847) 635-1900 for tickets.

Meigs to reopen for five years, then become park

Mayor Richard M. Daley announced that the City of Chicago has reached a compromise agreement with Governor Edgar and the State of Illinois that will lead to a 5 year reopening of Meigs Field, followed by its permanent conversion into a park.

Under terms of the agreement reached, the City will reopen Meigs Field in the near future and operate the airport for the next 5 years. After that time, the city will close the airport and create a park on Northerly Island.

Governor Edgar and Mayor Daley agreed to seek a repeal of the Meigs Field Act early in the

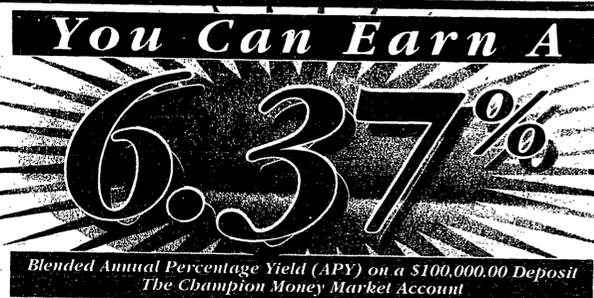
legislative session. The City also agreed to use its best efforts to promote use of the airport. In addition, the City will seek permission from the Federal Aviation Administration to close the airport at midnight instead of at 10 p.m.

LEGAL NOTICE

The Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, February 3, 1997, at 7:30 P.M. at the Niles Administration Building, 7601 Milwaukee Ave., Niles, Illinois, to hear the following matter(s):

97-ZP-4
Louis Bosco, 105 Golf Road, Hoffman Estates. Requesting a change in zoning from B-2 to B-2 Special Use and variation to rear yard from 20 feet to 5 feet to open a retail gasoline station and auto laundry at 7007 Milwaukee.

The Village of Niles to comply with the Americans With Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodation for a Village service or have any questions about the Village's compliance, please contact Abe Selman, Village Manager, 7601 N. Milwaukee Avenue, Niles, Illinois (847) 967-6100.



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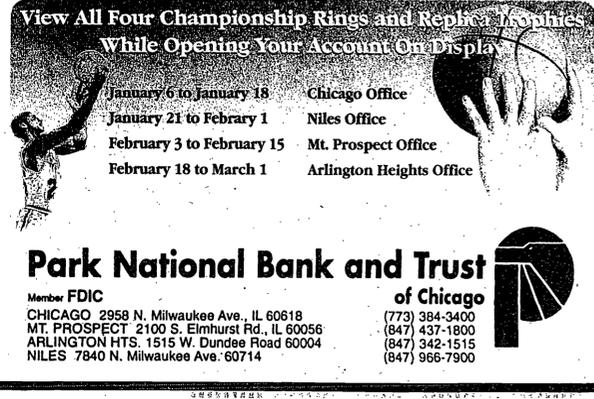
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January 21 to February 1 Niles Office
February 3 to February 15 Mt. Prospect Office
February 18 to March 1 Arlington Heights Office

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NILES 7840 N. Milwaukee Ave. 60714 (847) 966-7900

Community Calendar

ENTERTAINMENT

Jan. 19-20

TRIBUTE TO DR. MARTIN LUTHER KING JR.
The Chicago Sinfonietta, under the direction of Music Director Paul Freeman, presents its highly acclaimed tribute to Dr. Martin Luther King Jr. on Sunday, Jan. 19 2:30 pm, at Rosary College in River Forest and Monday Jan. 20 7:30 pm at Orchestra Hall in Chicago. These concerts pay tribute to the great leader of the civil rights movement and memorialize the lives of James Chaney,

Andrew Goodman, and Michael Schwerner, three civil rights workers, who were murdered in Mississippi in the summer of 1964.

The performances take place Sunday, January 19, 2:30 pm, at Rosary College, 7900 West Division in River Forest and Monday January 20, 7:30 pm at Orchestra Hall, 220 South Michigan Avenue. Ticket prices at Orchestra Hall range from \$12 to \$32, \$17, to \$25 at Rosary College. Group discounts are available to 10 or more. Call (312)857-1062 for tickets.

Wed Jan 22

PAWEŁ CHECINSKI

Paweł Chęcinski piano, Wednesday, January 22 at 1 p.m. in Ganz Hall, Room 745, 430 South Michigan Avenue, Chicago; Admission free; Wheelchair accessible; Near public transportation; Call (312) 341-3780.

Jan. 22-26

TOY STORY

Tickets for Walt Disney's *Toy Story* can be purchased at the Rosemont Horizon Box Office, 6920 North Mannheim Road, the United Center Box Office, 1901 West Madison Street, and all TicketMaster locations. Ticket prices are \$11.50, \$17.50 and \$19.50, with a limited number of V.I.P. rinkside seats available. There is an Opening Night savings of \$5 on all tickets at both the Rosemont Horizon and the United Center. Children younger than 12 save \$3 off regular ticket prices at selected performances. To order tickets by phone, call TicketMaster at (312) 559-1212. For general show information, call the Rosemont Horizon at (847) 635-6601 or the United Center at (312) 455-4500.

Jan. and Feb.

MASSAGE THERAPY

Massage therapy will be offered during January and February at Resurrection Medical Center, 7435 West Talcott Avenue. The therapy sessions, which are conducted by a certified massage therapist, are available by appointment on Mondays from 8 a.m. to 3 p.m. and Thursdays from 8 a.m. to noon. Appointments can be made by calling Resurrection's Fitness Center at (773) 774-8000, extension 5600.

Mon Jan 20

Mended Hearts Meet

"Mended Hearts," an education/support group arranged and run by people who have been affected by heart disease, will meet on Monday, January 20, at 7 p.m. in the Sharfstein Academic Center at Rush North Shore Medical Center. The meetings are open to the general public. There is no charge. For more information or to make a reservation, call Valerie Kramer at (847) 933-6175.

Wed Jan 22

UQA MEETING

A "rap session" will be held by the United Ostomy Association's North Suburban Chicago Chapter when it meets at 8 p.m. Wednesday, Jan 22, in the East Dining Room (10th floor) of Lutheran General Hospital, 1775 Dempster Street, Park Ridge. The chapter meets the fourth Wednesday of each month at Lutheran General. People with ostomies, their family members and friends are welcome. For more information on the group or the meeting, phone 708-677-8284.

LIBRARY

Wed., Jan. 22

COMEDY

Free comedy seminar 6-8:45 p.m. January 22, 1997, at Glenview Library, 1930 Glenview Rd., Glenview. Latecomers welcome. Trade jokes; present routines for critique; review professional performers for useful techniques; develop personalized styles. Meetings after Jan 22 will be on first Wednesday of each month at the Glenview Library. This seminar series is not sponsored by Glenview Library. Info? Call Norm at (847) 824-1728.

SINGLES

Fri Jan 17

Chicagoland Singles Dance

The Chicagoland Singles Association and The Aware Singles Group will sponsor a "Super Dance" at 8:00 p.m. on Friday, January 17, at the Drake Hotel, 2301 York Road, Oak Brook. Live music will be provided. Admission is \$8. The Chicagoland Singles Association is a non-profit organization.

Fri Jan 17

Chicago Suburban Singles

The Chicago Suburban Singles will sponsor a dance at 8:00 p.m. on Friday, January 17, at the Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington. DJ music will be provided. Admission of \$6 includes a buffet. For more information call 847-216-9773.

TODAY'S NEWS

Community Calendar

SINGLES

Jan. 17

North Suburban Shabbat Singles

North Suburban Shabbat Singles (ages 35+) will meet: January 17, 1997 Temple Jeremiah 937 Happ Road, Northfield, Illinois 60093. Services at 8:00 p.m., followed by an Oneg Shabbat. For information, call (773) 761-6862.

Fri., Jan. 17 & Sat., Jan. 18

St. Peter's Single Dances

All singles over 45 invited to these dances. St. Peter's Single Dances. Fri. Jan. 17 Aqua Bella, 3630 N. Harlem and Sat. Jan. 18 Tivoli Gardens, 3258 N. Harlem. Both dances start at 8:45 p.m. and cost \$5.

January 18

JEWISH SINGLES

Saturday 1/18/97=7:30 pm. Games Nite at Carmens Pizzeria; 1012 Church St. Evanston. \$11.50 includes All the Salad, Pizza & Soda you can eat. Reservation by 1/15 call (847) 674-6798.

T.G.I.S. SINGLES

T.G.I.S. Singles will have a dance at 8:00 p.m. on Saturday, January 18, 1997 at The Glendora House, 10225 S. Harlem, Chicago Ridge, IL. All singles are invited. Admission is \$5. Age group 27 and older. For more information call (708) 579-7666.

Combined Club Singles Dance

All singles are invited to a Combined Club dance at 8:00 p.m. on Saturday, January 18, at The Wyndham Hamilton Hotel, 400 Park Boulevard, Itasca. Music will be provided by Music in Motion. The event is co-sponsored by the Northwest Singles Association, Young Suburban Singles, and Singles & Company. Admission will be \$6. For more information call (708) 209-2066. All of the sponsoring groups are non-profit organizations.

Chicago Metro Singles

The Chicago Metro Singles invite all singles to a dance at 8 p.m. on Saturday, Jan 18, at the Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington. There will be DJ dance music. Admission of \$6 includes a buffet. For more information, call 312-509-5000.

Sun., Jan. 19

JSS Bowling Leagues

Join JSS - Jewish Social Singles Bowling Leagues!! Come have fun and meet new people!! We are always adding new teams and we will always need YOU!! Come bowl with us at Deerbrook Lanes, Waukegan Road, Deerfield at 1:30 p.m. \$13 every other week!! For further information, please call Howard at (847) 699-1181 or Vicki at (847) 831-4903.

JEWISH SINGLES 39+

Jewish singles 39+ Sunday January 19, 1997 - 10:30 a.m. - 12:30 p.m. Please call Bella 847/818-0244 or Marla 847/541-1910 for location and reservations. Bagels & more brunch. Cost: \$4 Members/\$6 Non-Members. "Bagels & More" is an informal group meeting monthly for Sunday morning brunch and conversation, and brainstorming about future 39+ events following brunch. Please join us. The cost for this event is \$4 for members and \$6 for non-members. Please RSVP by January 18, 1997 to Bella at 847/818-0244 or Marla at 847/541-1910. For more information about 39+ and how to join, please call 312/327-8637.

Northwest Suburban Singles

The Northwest Suburban Singles invite all singles to a dance at 7:00 p.m. on Sunday, January 19, at The Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington. There will be DJ dance music. Admission of \$6.00 includes a buffet. For more information, call 708-786-8688.

Dancing for Singles

The Spares Sunday Evening Club for Widowed, Divorced, and Single Adults will meet for Ballroom Dancing on Sunday

January 19, 1997.

Morton Grove American Legion at 6140 Dempster, Morton Grove, IL. 6:30 p.m. Social Hour. Free Hot Dogs and coffee will be served.

7:30 to 10:30 p.m. Ballroom Dancing. Live music by Emil Bruni. Members \$5.00; Guests \$6.00 Refreshments Included. Contact 1-847-965-5730

Casino Roulette Hot Tips For Sale



Trial order only \$5, handling incl. Guarantee workable or refund your \$5. Complete set order \$12.99 + handling \$2.01 Total = \$15. Allow 2-3 wk. for delivery. Send check or money order only. To Sereken Asso. PO Box 46018 Chgo IL 60646-0018. Detail information or Free sampler please visit website http://www.gambling-win.com

Men's Divorce Rights

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"HELPED WRITE THE 1986 JOINT CUSTODY LAW"

HEALTH

Wednesdays WEIGHT LOSS

"Win at Losing Weight" will be offered on Wednesdays from 6 to 7 p.m. beginning January 22 at Resurrection Medical Center, 7435 West Talcott Avenue. The eight-week series will cover effective weight-management techniques to lose weight and keep it off. Cost for the program is \$80. To register, call (773) 792-5022.

COMMUNITY DINING GUIDE

SPECIALS GOOD FROM ...

Thursday, January 16, 1997 to Wednesday, January 22, 1997

RESTAURANT	TYPE	LOCATION	THIS WEEK'S SPECIALS
Chi Tung	Mandarin/Cantonese	8105 N. Milwaukee Avenue Niles, Illinois 60714 (847) 966-1145	Lunch Buffet (Monday - Friday) 11 A.M. - 2 P.M. - \$5.15 Weekend Buffet (Friday - Sunday) 5 P.M. - 8 P.M. - \$6.88
Father & Son Restaurant Pizzeria	Italian/American	5691 N. Milwaukee Avenue Chicago, Illinois 60648 (312) 774-2620	Everyday Pizza Special \$5.95
La Pasta Ria Restorante & Catering	Italian/American	3711 Central Road Glenview, Illinois 60025 (847) 729-0084	(FRIDAY & SATURDAY) ALL YOU CAN EAT CHICKEN VESUVIO - \$8.95
Matty's Wayside Inn	American Cuisine	1727 Waukegan Road Glenview, Illinois 60025 (847) 724-1314	- Complete Dinners - Fresh Poached Salmon - \$15.95 Fresh Grilled Swordfish - \$15.95

Community Calendar

FREE DINNER

with purchase of second dinner/show ticket. Select shows. Limited performances and availability.



January 23 thru April 20

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"Musical Theatre at its Best!"

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JAN. 22-26 ROSEMONT HORIZON
12 DAYS ONLY!
JAN. 28-FEB. 9 UNITED CENTER
The toys are back...ON ICE!

ROSEMONT HORIZON

Wed JAN 22	FAMILY NIGHT	7:30PM
Thu JAN 23	10:30AM	7:30PM
Fri JAN 24	11:30AM	7:30PM
Sat JAN 25	1:00PM	5:00PM

UNITED CENTER

Thu JAN 28	FAMILY NIGHT	7:30PM
Fri JAN 29	10:30AM	7:30PM
Sat JAN 30	11:30AM	7:30PM
Sun JAN 31	1:00PM	5:00PM
Mon FEB 1	11:30AM	7:30PM
Tue FEB 2	1:00PM	5:00PM
Wed FEB 3	11:30AM	7:30PM
Thu FEB 4	1:00PM	5:00PM
Fri FEB 5	11:30AM	7:30PM
Sat FEB 6	1:00PM	5:00PM
Sun FEB 7	11:30AM	7:30PM
Mon FEB 8	1:00PM	5:00PM
Tue FEB 9	11:30AM	7:30PM

FAMILY NIGHTS - SAVE \$5 ON ALL TICKETS. Courtesy of CHICAGO TRIBUNE / ABC 7. LITE FM 93.9. Discount does not apply to Rinkside Seats.

KIDS SAVE \$3 ON TICKETS FOR KIDS UNDER 12. Courtesy of NBN POWER 99. Discount does not apply to Rinkside Seats.

TREATSEATS SAVE \$2.50 on tickets to selected performances with TREATSEATS. Coupon available at Target and Marshall Field's Stores. Courtesy of TARGET, \$8.99.

Gold Card gets you in.

Information: (708) 635-6601 (Rosemont Horizon) (312) 455-4500 (United Center) Group Rates: (847) 619-9070 \$12.50 - \$17.50 - \$19.50 (All seats reserved. No service charges at box office. Special Rinkside seats available wherever tickets are sold.)

Call 312-831-GOLD

Entertainment

Superbowl Party

A 1997 Superbowl Bash Party will be held at the Niles Park District Recreation Center, 7877 North Milwaukee Avenue, on Sunday January 26. This community event sponsored by Belden

Regular Baptist Church, will begin at 3 p.m. The game will be projected on a 9x12' screen with a special half-time video featuring NFL All-Pro Irving Fryar. Admission is \$5 per person

which includes refreshments of hot dogs, nachos and pop. The first 50 adults will be admitted free of charge. Children under 12 accompanied by an adult, also free admission. There will be door prize drawings: A "Valentine Weekend for two (Friday night) with dinner and breakfast at the Court Yard Marriott downtown Chicago—also sweatshirts, T-shirts and hats of the Superbowl teams. Further information can be obtained by calling (847) 647-7511 or (773) 528-2500.

Don't miss the
1997 SUPERBOWL BASH

DOOR PRIZES! Sunday, January 26 Starting at 3:00 p.m. *Hot dogs, Nachos, Pop*

at
Niles Park District Recreation Center
7877 N. Milwaukee Avenue

Come to watch the "Big Game" on a 9' x 12' screen!
Special half-time video featuring NFL All-Pro Irving Fryar

Admission: \$5.00 per person
Children under 12 years free
(First "50" free!)

For more information, Call 847.647.7511
or 773.528.2500

Community event sponsored by Belden Baptist Church, Niles

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The Chicago Sinfonietta, under the direction of Music Director Paul Freeman, presents its highly acclaimed tribute to Dr. Martin Luther King Jr. on Sunday, Jan. 19 2:30 pm, at Rosary College in River Forest and Monday, January 20, 7:30 pm, at Orchestra Hall in Chicago. These concerts pay tribute to the great leader of the civil rights movement and memorialize the lives of James Chaney, Andrew Good-

man, and Michael Schwerner, three civil rights workers, who were murdered in Mississippi in the summer of 1964.

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The Ruth Page Dance

Series 1997 season at NEIU

Northeastern Illinois University's (NEIU) Department of Music and the Dance Program presents the 1997 Ruth Page Dance Series beginning its sixth year on January 17 and 18. Weekend I kicks off on Friday and Saturday, January 17 and 18 with performances by artists from the Joffrey Ballet of Chicago in "Three Tangos." The XSIGHT! Performance Group, last year's recipient of the Ruth Page Awards for Choreography and

Performance, makes its Ruth Page Dance Series debut. The weekend lineup also includes the Especially Tap Company and the James Kelly Choreography Project. Both Kelly and XSIGHT! will perform world premiere works.

Weekend II on Friday and Saturday, February 28 and March 1 will feature a world premiere work by Series Artistic Director Venetia Sufier and her company, Concert Dance, Inc., accompanied by live performances of Baroque art songs, Ensemble Español Spanish Dance Theater, in residence at NEIU, Dame Libby Komaiko, director, will present a world premier work choreographed by Dame Komaiko. Also featured will be the River North Dance Company and the comedic tap routines of the Swift Brothers.

Weekend III on Friday and Saturday, March 28 and 29 features the series debut of the acclaimed Ballet Theater of Chicago and Sundance Production, a highly energetic African/Caribbean dance company. The Cerqua/Rivera Art Experience will present a world premiere work featuring original choreography, live music and murals by world famous painter Matt Lamb. Series favorites Melissa Thodos & Dancers will also premiere a new work by Thodos.

The Ruth Page Dance Series will also sponsor special events including student matinees, master classes and lectures. All performances are in NEIU's auditorium, 5500 North St. Louis Avenue, Chicago, at 8 p.m. Free parking is available in Lot "D" at Central Park and Bryn Mawr. Tickets are \$15, general admission; \$10, students and senior citizens. Subscriptions and group rates are available.

For ticket information, call Rachel Burton at (773) 794-6138 or to charge by phone, (773) 588-2770.

Iron Mike's Grille to open in February

Two Chicago powerhouses, sports legend Mike Ditka and restaurateur Joe Carlucci, are joining forces to open Iron Mike's Grille next February in the Tremont Hotel at 100 E. Chestnut St.

Ditka, who earned the nickname "Iron Mike" for his Pennsylvania steel mill town roots and whose football career spans 36 years as an NFL player, coach and TV and radio commentator, says, "This is my full-time job now, to open and operate a first-rate restaurant." While coaching the Bears, he lent his name to Ditka's, a restaurant on West Ontario Street that reached \$13 million in annual sales before closing in 1992 after 8 years in business.

The two-story restaurant will house Ditka's vast collection of sports memorabilia spanning not only the nearly four decades of his career but also depicting the careers of some of the greatest athletes of the century. "I'm paying tribute to Iron Mike's Grille to my heroes," says Ditka, "sports legends from my era, like Vince Lombardi, Stan Musial, Arnie Palmer, Tom Landry and George Halas."

On the first floor of the 400-seat restaurant, designer Jerome Eastman has opened up the space formerly occupied by Cricket's and Cafe Gordon to carve out a huge bar area with booth seating around its perimeter, a dining room and a "Training Table" room for private parties. To dispel any doubt about whose restaurant this is, a large "XX" has been sculpted into the massive mahogany back bar, representing the Bears triumph at SuperBowl XX when Ditka coached the team.

At the top of the stairs to the second floor, there's a 30-seat smoking parlor and a bar where cigar-smoking is not only welcomed, it's encouraged—witness a heroic-sized humidor that's the centerpiece of the room. Beyond the parlor is a separate dining room seating 120 with a fireplace as its focal point, and to the side are three private rooms holding a total of 100 persons.

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The Bugle's Senior Guide

SENIOR SEASONS

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Register now for a variety of winter courses offered through Oakton Community College's Emeritus Program. The 16-week and are offered at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Music of the USA (MUS 145 001, Touch-tone code 0050) covers two distinct traditions in American music. Popular music includes jazz, blues and rock. Classical music includes Gershwin, Copeland and Bernstein. The class meets on Wednesdays from 9-11:50am and is taught by Patrick Casali, Oakton professor of humanities and international studies.

Diversity in American Society (SOC 232 001, Touch-Tone code 7706) examines the nature of diversity in the U.S., looking at the issue both historically and in the contemporary period. Study the pressures to accommodate greater social diversity as well as the resistance to the multiculturalism today that takes such forms as "English Only" movements and the anti-immigrant backlash. The

class meets on Fridays from 9-11:50 am and is taught by Gwen Nyden.

Women's studies (HUM 140 002), Touch-tone code 0652) explores how women's roles are defined in various arenas: political, philosophical, psychological, sex role stereotypes, labor force distribution and rights, healthcare and educational participation. Examine how gender-laden philosophies have affected understanding of ourselves. The class meets on Wednesdays from 1-3:50pm.

Students can register for these and other Emeritus winter credit offerings in Room A-100 at the Skokie campus and in Room 1140 at the Des Plaines campus.

Those who have registered for Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years and have a correct Social Security number on file, may register using the Touch-Tone system by dialing (847) 635-1616. Registrations can also be taken via FAX (847) 635-1448 in which case payment must be made by a major credit card (Visa, Mastercard or Discover).

Tuition is \$35 per credit hour for persons under 60 who live in-district. A \$15 registration fee is required for persons under 60 or for those who live out-of-district.

For a brochure listing all of the programs, seminars and tours available, including registration information, call the Emeritus office at (847) 635-1414.



Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to residents of the Village of Niles age 62 and over, and their younger spouses. Niles seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

CARBON MONOXIDE APPOINTMENTS
Appointments are being taken for carbon monoxide inspections. Call the Senior Center at extension 376 to set up an appointment.

DIABETIC SCREENING
Diabetic Screening will be on Friday, Jan. 17 from 9 a.m. until 11 a.m. If you are a diabetic or just looking to see if you have diabetes, make an appointment to have your blood sugar checked. Fast 10 to 12 hours, water permitted. Hold diabetic medications or any medications that should be taken with food. Fee \$1. Registration necessary.

HURRY AND SIGN UP FOR CLASSES
Hurry in and sign up for pinocle, bridge, oil painting, square dance, and country line dancing while there is still space available. Classes start soon!

MEN'S CLUB GENERAL MEETING
Men's Club General Meeting will be on Monday, Jan. 20 at 10:30 a.m. Tickets for the St. Joe / St. Pat Party on Friday, March 14 are \$4.50 and "The Nifty Fifties" and Motorola Museum Trip on Friday, March 20 are \$25.50. Men's Club members can purchase tickets at the meeting. Others can purchase tickets starting January 27.

CPR (CARDIOPULMONARY RESUSCITATION) CLASS

Learn how to re-establish heart and lung activity after cardiac arrest. Class is taught by the Niles Fire Department. Registration is required. New certification runs for two days; Wednesday, Jan. 22; and Thursday, Jan. 23 from 2 until 5 p.m. Persons who have a CPR card and need re-certification need only to come on Thursday. Contact Terry Sprengel if you have any questions.

R.E.A.D.S. MEETING
A R.E.A.D.S. meeting and training will be on Wednesday, Jan. 22 at 2 p.m. Volunteers are needed to help children read or help in the school office. Registration is required.

LECTURE ON ILLINOIS TAX CHANGES
A lecture on Illinois tax changes will be on Monday, Jan. 24 at 2 p.m. Registration is required.

ORGANIZING YOUR PAPERWORK LECTURE
Organizing Your Paperwork lecture by Jan Stojack is on Friday, Jan. 31 at 10 a.m. Learn to organize important paperwork; what documents are important to keep, and how long to keep them. Bring questions. Registration is necessary.

VEGETARIAN COOKING MADE SIMPLE - REALLY!

Susan Lapp will discuss her book on vegetarian cooking and give helpful hints on how to cut back on meat and high fat dairy products. The presentation is Thursday, Jan. 30 at 2 p.m. Free. Registration is required.

PINOCLE TOURNAMENT
A Pinochle Tournament will be held on Friday, Jan. 31 at 1 p.m. All card players are encouraged to participate in a three handed tournament. Seating will be selected at random. A fee of \$3.50 will cover refreshments and prize money. Registration required.

CHOLESTEROL SCREENING
Quest Diagnostic will be at the Niles Senior Center on Wednesday, Feb. 5 from 9 a.m. until 11 a.m. to draw blood for a Coronary Risk Panel (cholesterol, HDL, LDL, and triglycerides). Cost is \$20. You will need to fast 10 to 12 hours. Hold all medications that need to be taken with food. Water is permitted. On the day of the screening you will need to bring in your doctor's name, address, and phone number. Results will be mailed to you and your physician. For questions, contact Terry Sprengel.

BOOK REVIEW - NEW DATE
Book Review has been changed from Friday, Feb. 7 to Friday, Jan. 31 at 10 a.m. The group will discuss The Road to Corrain by Jill Ker Conway and refreshments will be served. The cost is \$1 and registration is required.

SENIOR SEASONS

Morton Grove Senior Citizens 470-5223

"LET'S FACE IT"
"Let's Face It" is a monthly program held at the senior citizens apartments at 9016 Waukegan (the White House). The next meeting is at 2 p.m. on Thursday, Jan. 16 and is moderated by Donna Weiss, R.N. and Dick Zembron, M.S.W. of the Flickinger Senior Center. This group focuses on topics of interest to those who attend. The community is invited to attend this free program. For details, call the senior center at 470-5246.

VISUALLY IMPAIRED MOTIVATORS
Morton Grove's support group for people with visual impairments will hold their next meeting at 10 a.m. on Tuesday, Jan. 21 in the Flickinger Senior Center. Helpful information and supportive interaction will assist participants adjust to their impairments. For more information, or to arrange for transportation, call the Senior Hot Line at 470-5223.

CHICAGO HISTORICAL SOCIETY
On Thursday, Jan. 23, don't miss the trip to the Chicago Historical Society for the exhibit, The Last Best Hope of Earth: Abraham Lincoln. This exhibition is the largest collection of original Lincoln materials ever assembled, and featuring the Gettysburg Address and Lincoln's stovepipe hat. Start the day with lunch at Lutz's Continental Cafe, and on the way home, indulge at Lutz's Nut and Fantasia Chocolate Company. The bus will leave the Prairie View Community Center at 10:30 a.m. and return around 4:30 p.m. The cost is \$26 for residents, and \$29 for non-residents.

RTA REDUCED FARE CARD REGISTRATION
The Flickinger Senior Center will now be a distribution point for the RTA Reduced Fare Card. At 10 a.m. on Monday, Jan. 27 seniors can have their own RTA Reduced Fare Card processed free of charge at the Flickinger Senior Center. Registration is for seniors (age 65 and over) to ride at half fare on the CTA, Metra or Pace transit systems. Bring a Medicare card plus a driver's license or Illinois identification card. Photographs will be taken and affixed to the fare card. The Flickinger Senior Center will begin processing cards after that date. All seniors need to do is bring in the same identification and a color or 1-1/2" by 1-1/2" photograph. If you do not have a current color photo, we will take one of you for \$3. For more information, call the Morton Grove Senior Hot Line at 470-5223.

MORTON GROVE FLU VACCINE SAFE FROM RECALL

In response to public concern over recent reports of recalled flu serum, the Visiting Nurse Association (VNA) North, which administered flu shots at the Morton Grove Senior Center, is advising the public that vaccinations are safe from recall. "Chicago area VNAs gave over 100,000 flu shots this season and we want to reassure our clients that they are not affected by this recall," states Katharine Francis, Director of the VNA North Flu Prevention Program. According to published reports from the FDA, the vaccine in question is produced by Parke-Davis, a division of the Warner Lambert Company. Eleven lots of the vaccine known as Fluogen were recalled because of decreased potency in one viral strain. Doses from the recalled vaccine were given to only a small portion (around 5 to 7%) of all people and none at the Morton Grove clinics. High risk individuals who received flu shots from sources other than the VNA should contact their health care provider to determine if there is a need for reimmunization.

GRIEF SUPPORT GROUPS
The Visiting Nurse Association (VNA) Hospice program will conduct two "Transitions From Grief" support groups. These eight-session groups offer support and information, giving participants the opportunity to understand, acknowledge and express the feelings of grieving. Pre-registration is required. Classes will be held on Wednesday mornings starting Jan. 22 and Thursday evenings starting Jan. 23 at the VNA Hospice, 5215 Old Orchard Rd. in Skokie. In addition, there is a drop-in program from 3:30 to 4:30 p.m. on the first Tuesday of each month. For more information, contact Maxine Topper at (847) 581-1717.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-1200. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053.

Income tax Program for Seniors

The Niles Senior Center, in cooperation with AARP, is offering free tax assistance to Niles seniors beginning on February 4 through April 10. Tax assistance is offered Tuesday, Wednesday, and Thursday mornings and afternoons. To schedule an appointment, call the Niles Senior Center at 967-6100 beginning Monday, January 27 after 9 a.m.

Free Identification Cards to be issued

A free photo identification card session will be held on February 4 from 9:30 a.m. to 2:30 p.m. at Resurrection Retirement Community, 7262 W. Peterson Ave. The session, sponsored by the Illinois Secretary of State's office, provides an official I.D. card for residents age 65 and over and people with disabilities.

To obtain an I.D. card, a social security card and two forms of identification that provide name, date of birth, residency and signature must be presented. Registration for the session is not required. For more information on acceptable forms of identification, call the Department of Human Services at 1-800-252-2904.

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SENIOR SEASONS

Township senior luncheons draw holiday crowd



Maine Township's two recent senior holiday luncheons drew a crowd of about 1,000 including seniors, Maine Township staff members and elected officials. Among those attending were (left to right) Minerva Herrmann of Park Ridge, Township Clerk Gary K. Warner, U.S. Congressman Henry Hyde, Township Collector Anita Rifkind, Township Supervisor Mark Thompson, Illinois Sen. Marty Butler and Sue Neuschel, Director of the township's Adult & Senior Services Department.

Over 90 and Golden Ringers sought

The Niles Senior Center is celebrating Older Americans' Month in May by honoring our Niles residents who are 90 years of age and older and those couples celebrating 50 years of marriage this year (must have been married in 1947). Submit your name, address and phone number by contacting the Niles Senior Center at (847) 967-6100.

Remember to Buckle Up!

Senior Mens Bowling

Start of 2nd HALF Brunswick Niles Bowl

Standings	W/L
Heat Master	7/0
Park National Bank	7/0
Remax All Stars	5/2
White Eagle Banquets	5/2
Callero & Catino	5/2
Minelli Bros. Foods	5/2
Bowling Store	5/2
Malec & Sons Funeral	2/5
Skaja Terrace #2	5/2
State Farm Insurance	5/2
Jonathans Rest Aurant	2/5
Windjammer Travel	2/5
North Shore Auto Repair	2/5
Candlelight Jewlers	2/5
Colonial Funeral	2/5
Penny's Team	2/5
Dr. Bello Advanced Vis.	2/5
Monarch Alarm	2/5
Kistof's Entertain. Center	0/7
Skaja Terrace #1	0/7

HOT SHOTS

Larry Amato	609
Jim Fitzgerald	604
Ed Pasdiora	572
Sid Cohen	558
Wally Koziol	556
Berard Phelan	551

DINE OUT TONIGHT

Seniors offered low-cost will preparation

Eligible senior citizens are offered low-cost will preparation services through the Senior Citizens Will Program on Friday, January 17, at the Niles Senior Center. Advance appointments are required and will be scheduled between 9:30 a.m. and noon.

Attorneys from The Chicago Bar Association's Lawyer Referral Service will provide free consultations about wills to seniors who register for the service. At a client's request, an attorney will also prepare a simple will for a reduced fee. The cost for drawing up a will is not more than \$50 for an individual (\$75 for a couple).

Durable Power of Attorney and Living Will forms are available free of charge. A Durable Power of Attorney allows a senior to designate another person to make property or health care decisions in the event the senior becomes physically or mentally unable to do so. A Living Will allows an individual with a terminal health condition to express his or her desire to have death-delaying procedures withheld or withdrawn.

Seniors may complete the Durable Power of Attorney and Living Will forms themselves, or they may hire the attorney to help fill them out and to explain the various options available on the forms. The fee for the attorney to provide legal advice about a Durable Power of Attorney is \$75 maximum for an individual (\$125 for a couple). The charge for a Living Will is no more than \$50 for an individual (\$75 for a couple).

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SENIOR SEASONS

North Shore Place and Friend Center underway

Anticipating a large demand for the limited number of apartments at North Shore Place and the Friend Center—the assisted living facility and early Alzheimer's care residence now under construction in Deerfield, the council for Jewish Elderly (CJE) is taking early reservations for priority waiting list.

Due to open in July 1997, the two facilities are part of the \$24 million Harry and Jeanette Weinberg Community for Senior Living being developed on 10 acres at Lake Cook Rd near Wilmet. The six story North Shore Place will consist of 125 spacious apartments for older people who wish to live independently, but may require health and social support. The Berman and Hannah Friend Center for Early Alzheimer's Care is an adjoining single-story residence with 35 rooms for people in the early stage of Alzheimer's or related dementia.

North Shore Place will offer Kosher meals in a restaurant style dining room, housekeeping, a staff on call around the clock, some personal assistance, and a variety of interesting educational, social and cultural activities.

There will be 103 one-bedroom and 22 two-bedroom apartments in North Shore Place. Amenities will include a cafe, convenience store, beauty/barber shop, library, fitness and wellness centers, a synagogue, meeting rooms, and landscaped gardens.

The Berman and Hannah Friend Center for Early Alzheimer's Care will provide three Kosher meals per day and includes a lounge with generous recreational space, a hands-on activity kitchen, and a large protected outdoor strolling garden. In addition, the Friend Center will offer scheduled activities 24 hours and will be available to residents as their sleep cycles dictate.

The physical and programmatic design for the Friend Center is based on current research revealing that people with Alzheimer's enjoy a better quality of life in a home-like environment where individual needs are top of mind.

Manion said "The Alzheimer's residence will be ideal for people suffering from the disease because they can participate in creative programs and receive attention on their schedule. We have created a setting for just 35 residents, and each one can participate in activity-based programs mirroring his or her individual sleep pattern. The child or spouse caregiver can be assured that their loved one is in a wonderful physical environment that optimizes safety, comfort and independence."

The Harry and Jeanette Weinberg Community is a project of Council for Jewish Elderly, an affiliate of the Jewish Federation of Metropolitan Chicago. Since 1972, CJE has been meeting the growing needs of older people and their families across metropolitan Chicago. For more information, or to place a name on the priority waiting list, call (847) 374-0500.

Emeritus winter credit class offerings

Register now for credit classes offered through Oakton Community College's Emeritus Program. The 16-week classes begin the week of Jan. 21 and are offered at Oakton's Ray Harstein Campus, 7701 N. Lincoln Ave., Skokie.

Introduction to Microcomputers (CIS 103 005, Touch-Tone code 0242) focuses on the fundamental concepts of data processing hardware and software as they apply to microcomputers in a business environment.

The course emphasizes use of typical software packages and provides an introduction to basic programming. The class meets on Tuesdays and Thursdays from 10-11:15 a.m.; lab from 11:30 a.m.-12:20 p.m. Another section (CIS 103 0W2, Touch-Tone 0235), meets on Saturdays from 9-11:15 a.m.; Lab from 12-1:50 p.m.

Introduction to Film (HUM 160 002, Touch-Tone 0577) examines the history, theory and art of film through basic film components such as camera movement, lighting, sound, editing and other related topics. Improve your understanding of the cinematic medium and increase your enjoyment of this art form. The class meets on Mondays from 9 a.m.-12:20 p.m.

Students can register for these and other Emeritus winter credit offerings in Room A-100 at the Skokie campus and in Room 1140 at the Des Plaines campus.

Those who have registered for Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years and have a correct Social Security number on file may register using the Touch-Tone system by dialing (847) 635-1616. Registrations can also be taken via FAX at (847) 635-1448 in which cash payment must be made by a major credit card (Visa, Mastercard or Discover).

Tuition is \$35 per credit hour for persons under 60 and \$17.50 per credit hour for persons over 60 who live in-district. The tuition is \$110.50 per credit hour for persons who do not live in-district. A \$15 registration fee is required for persons under 60 or for those who live out-of-district.

For a brochure listing all of the programs, seminars and tours available, including registration information, call the Emeritus office at (847) 635-1414.

Safety Tips You Can Bank On

Should you notify the police when you are going to be out of town? How do you handle obscene phone calls? What are the latest cons and scams being pulled against older adults? How can you identify elder abuse?

The answers to these and many other questions are available in *Safety Tips You Can Bank On*, a new crime prevention guide for older adults. The guide is published by Council for Jewish Elderly's (CJE) Crime Victim/Witness Program.

Safety Tips You Can Bank On offers suggestions on home safety; telephone safety; telephone/telemarketing calls; street and

public transportation safety; parking safety; cons, scams, schemes and frauds; safe shopping; cyber cash/Internet security; and elder abuse and neglect.

"Older adults are often victims of preventable crimes," said Inez Macko, coordinator of CJE's Crime Victim/Witness Assistance Program. "The advice offered in *Safety Tips You Can Bank On* is based on situations that we have encountered and questions we have been asked over the years," she said.

CJE has a deep and abiding commitment to the dignity of the older person. The Crime Victim/

Witness Assistance Program provides practical and court assistance to victims/witnesses 60 and older. Staff members present community education programs and workshops on crime prevention for older adults. They also work in conjunction with the police to reduce crime against older adults.

Funding for *Safety Tips You Can Bank On* was provided by First Commercial Bank, Chicago. To receive a free copy of this publication, or for further information on the Crime Victim/Witness Assistance program, please call (773) 508-1000.

Celebrating a quarter century of outstanding service to Chicagoland's senior community



Twenty five years ago a gracious retirement living experience came to Evanston when the North Shore, a luxury, full-amenity retirement hotel, opened its doors. A quarter century later, the North Shore still caters to the needs of seniors, reflecting the changing lifestyles of today's older generation. In an atmosphere of companionship and community, our residents take advantage of the many activities developed by the North Shore's creative staff. And when the need arises for fully assisted living, that option is provided with the highest level of care and compassion.

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SENIOR SEASONS

Oakton's Emeritus Program offers Tai Chi classes

Learn to be calm in the midst of activity by enrolling in Tai Chi classes taught by Berta Castellanos through Oakton Community College's Emeritus Program and the Alliance for Lifelong Learning (ALL) during the winter term. Classes meet at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. Students over the age of 60, who live in-district, pay one half of the indicated fee if they present proof of age and residency at the time of registration. Tai Chi Chih: for the Body that wasn't born Yesterday

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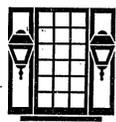
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(PED E 30 71, Touch-Tone code 3592) is an energizing, healing form of Tai Chi which includes 20 simple movements designed to balance and integrate your energy. Learn what balance can do for those with eating problems, depression, anxiety, hypertension and other stress-related imbalances. The class meets for eight Mondays starting Feb. 3 from 10-11 am. The fee is \$90.

Intermediate Tai Chi Chih: For the Body That Wasn't Born Yesterday (PED E31 71, Touch-Tone code 3597) is designed for those who have already taken the introductory course. Refine the movements you already know and learn the remaining Tai Chi Chih movements. The class meets for 12 Mondays starting Feb. 3 from 11:15 am-12:15 pm. The fee is \$90.

Students who have registered for Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years and have a correct Social Security number on file, may register using the Touch-Tone system by dialing (847) 635-1616. Registrations can also be taken via FAX at (847) 635-1448 in which case payment must be made by a major credit card (Visa, Mastercard or Discover).

Call (847) 635-1414 for more information about these and other Emeritus classes.

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Summit Square Singers perform at holiday ball



The Summit Singers, all residents of Summit Square, the retirement community in Park Ridge, recently entertained fellow residents and guests at the annual Holiday Magic Ball. Their performance included favorite Christmas carols, encouraged audience participation and lent a festive air to a party which was already swinging to the sounds of the Sandy Karzen Orchestra and the voice of singer Linda Karzen. The Holiday Ball is a tradition at Summit Square, and so are the Summit Singers.

Seniors offered low cost wills

Last year, The Chicago Bar Association Lawyer Referral Service provided over 500 Chicago senior citizens with access to low-cost wills and other important legal services through the Senior Citizens Will Program. The program operates at five senior centers in Chicago and ten senior centers in the surrounding suburbs.

The program offers eligible senior citizens one free, will-related consultation with an attorney from The Chicago Bar Association Lawyer Referral Service, and if a client wishes, the low-cost preparation of a simple will. The cost for drawing up a will is not more than \$50 for an individual (\$75 for a couple).

"Anyone who cares how his or her property is distributed after death needs a will," stated Jean Pavela, Director of the CBA Lawyer Referral Service. "A will allows a person to control how and among whom his or her estate will be divided and to designate the people it should be given to. If a person does not have a will, state laws will determine the distribution of the assets," Ms. Pavela added. "The state laws may not comply with a person's wishes, so even people with modest holdings need to know how important it is to have a will."

Durable Power of Attorney and Living Will forms are available through the program free of charge. A durable Power of Attorney allows a person to designate someone to make property or health care decisions in the event he or she becomes physically or mentally unable to do so. A Living Will allows an individual with a terminal health condition

to express his or her desire to have death-delaying procedures withheld or withdrawn.

Seniors may complete the Durable Power of Attorney and Living Will forms themselves, or they may hire the attorney to help fill them out and explain the various options available on the forms. The fee for the attorney to provide legal advice about each Durable Power of Attorney is \$75 maximum for an individual (\$125 for a couple). The charge for a Living Will is no more than \$50 for an individual (\$75 for a couple).

To be eligible for the Senior Citizens Will Program, a client must be age 60 or over. Annual income must not exceed \$15,000 (20,000 for a couple), and assets, excluding a home and personal car, should be worth no more than \$30,000.

The Senior Citizens Will Program is sponsored by The Chicago Bar Association, the Suburban Area Agency on Aging, the Chicago Department on Aging, and the Cook County Legal Assistance Foundation.

For the nearest Senior Citizens Will Program location site, contact The Chicago Bar Association Lawyer Referral Service, at 312-554-2001.

Senior Citizen Will Program sites are Niles Senior Center, (847) 967-6100 ext. 376 (voice), (847) 255-4452 (TDD), City of Des Plaines Senior Center (847) 391-5492, Skokie Office of Human Services (847) 673-0050 (voice) (847) 933-8455 (TDD).

USE THE BUGLE

SENIOR SEASONS

Register for Emeritus winter credit classes

Register now for art classes taught by Theresa Kramer through Oakton Community College's Emeritus Program. The 16-week classes begin the week of Jan. 21 and are offered at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Art History: Twentieth Century (ART 113 001, Touch-Tone code 7098) is a comparative study of modern art as an expression of human experience. Emphasis is on the development of a capacity for perspective, stylistic analysis and ability to understand a work of art in relation to its cultural context. The class meets on Tuesdays from 9-11:50 am.

History of Non-Western Art (ART 114 001, Touch-Tone code 7022) is a comprehensive study of art comparing works from China, Japan, India, Africa and the ancient Americas. Emphasis will be on the ability to identify styles and to understand a work of art in relationship to the people and time period from which it comes, as well as to ourselves. The class meets on Thursdays from 9-11:50 am.

Passages lecturer discusses the Great Concertos

Jim Kendros, composer, music researcher and Oakton faculty member, discusses The Great Concertos at 1 pm, Jan. 21 as part of Passages, the weekly series sponsored by Oakton Community College's Emeritus Program. Lectures are held in Room A151 at the Ray Hartstein Campus, 7701 N. Lincoln Avenue, Skokie.

Explore the significant concertos of well-known composers from Bach to Schumann. CD recordings will be used to illustrate how composers express their respective unique styles.

The admission fee is \$1. For more information on this and other programs sponsored by the Emeritus Program for older adults, call (847) 635-1414.

DRIVERS...
 WATCH OUT FOR
 CHILDREN!

Tiny Hands and Warm Hearts

Tiny Hands and Warm Hearts is scheduled for Wednesday, Feb. 12 at 10 a.m. Come help the pre-schoolers from Kid Care Too, design Valentine's Day cards for homebound seniors in Niles. A special musical performance by the pre-schoolers is also planned. Refreshments will be served. Registration with the Niles Senior Center is required at (847) 967-6100.

Glenview Terrace to host Estate Planning Seminar

Glenview Terrace Nursing Center will host "Estate Planning from A to Z," a free seminar presented by Michael Babiarz, on Tuesday, February 18, 1997, from 7 to 8 pm.

Mr. Babiarz, attorney at law specializing in elder law issues, will outline some specific items seniors should remember when planning gift giving, trusts, ad-

vanced directives and long term care.

For more information regarding "Estate Planning from A to Z," call Glenview Terrace Nursing Center at (847) 729-9090. Glenview Terrace Nursing Center is located at 1511 N. Greenwood in Glenview.

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SENIOR SEASONS

Retirement Plans may change in 1997

There are a couple of key words you don't see included in the names of the "Small Business Job Protection Act" and the "Health Insurance Portability and Accountability Act"—taxes and retirement plans. In fact, both measures, passed by Congress in 1996, actually contain several key provisions, some of which could affect your retirement plan as well as your health plan.

The Small Business Job Protection Act is best known for increasing the minimum wage. However, it will also affect many aspects of business retirement plans and IRAs.

The Health Insurance Portability and Accountability Act guarantees health insurance to people who change jobs and protects employees with pre-existing conditions from losing their health insurance when switching employers.

Among the changes resulting from these acts that will be effective as of Jan. 1, 1997:

Increased contributions to spousal IRAs. Starting next year, couples can contribute up to \$4,000 each year (\$2,000 per spouse) to an IRA, even if one spouse does not work. Previously when one spouse did not earn income, combined contributions were limited to \$2,250 annually, with no more than \$2,000 contributed to one IRA. Individuals are still limited to \$2,000 for annual contributions to an individual IRA.

Also, those who withdraw money from their IRAs for medical expenses will no longer be subject to a 10 percent IRS penalty, provided those expenses exceed 7.5 percent of their adjusted gross income. The penalty also is waived on withdrawals from IRAs to buy health insurance if the IRA owner has received unemployment compensation for at least 12 weeks.

SAR-SEPs repealed. As a result of the new legislation, no new salary reduction simplified employee pension plans (SAR-SEPs) can be established after Dec. 31, 1996. Employees in smaller companies may be more familiar with SAR-SEPs, which allow employees to contribute pretax salary dollars to their retirement plan and receive matching contributions from their employer. Bosche mentioned that current SAR-SEPs will not be affected.

"SIMPLE" plan created. The new legislation creates a "SIMPLE" retirement plan available to employers with fewer than 100 employees. The Savings Incentive Match Plan for Employees (SIMPLE) will allow employees to save up to \$6,000 annually by contributing pretax salary dollars to an IRA or 401(k) trust. This plan requires employers to contribute either by matching employees' tax-deferred contributions equal to 2 percent of compensation for each eligible employee, not to exceed the \$6,000 maximum contribution.

Changes in mandatory retirement plan distributions. Qualified retirement plan participants who continue to work beyond age 70 1/2 will no longer be required to take and minimum distributions from their employer's qualified retirement plan until they retire. Qualified retirement plans include 401(k) plans, profit sharing, money purchase, defined-benefit pension plans.

If you own an IRA and/or own at least 5 percent of your employer's business, the minimum mandatory distribution requirement at age 70 1/2 still applies.

401(k) plans available to non-profit organizations. For the first time, certain tax-exempt organizations will be able to establish either a 401(k) plan or a

similar retirement plan. Specifically, newly eligible organizations include credit unions, chambers of commerce, fraternal orders and American Indian tribes.

Five-year averaging repealed after Dec. 31, 1999. Five-year averaging is a technique that allows recipients of retirement plan distributions to calculate the amount of tax due on the distribution as if it is received over five years. This tax-planning technique generally produces a lower overall tax bill; however, it will no longer be allowed for most individuals after Dec. 31, 1999.

Repeal of excise tax. For the 1997, 1998 and 1999 tax years, the 15 percent excise tax on retirement plan distributions will not be enforced. Previously, you were subject to the excise tax if you received more than \$155,000 in distributions from your retirement plan in one calendar year. The excise tax will still apply on distributions at death during this three-year period, and the tax will be wholly reinstated in the year 2000.

In addition, the Health Insurance Portability and Accountability Act enables individuals with long-term care insurance to be eligible for some tax breaks. Long-term care policyholders may begin deducting premiums on such policies once they exceed 7.5 percent of their adjusted gross income. Employers also will be able to deduct the amounts they pay for such policies on behalf of their employees.

Take Time for Thursdays

The January and February "Take Time For Thursday" lecture programs will help people fulfill their New Year's resolutions. On January 30 at 1 p.m., there will be a do-it yourself workshop on "Pressure Point Therapy." This technique teaches people how to help themselves relieve health problems such as headaches, neck pain, digestive problems, sinus problems and many others. Participants are given all the tools so that when they leave the workshop, they can use this safe, natural treatment to help themselves feel better. Reserve a space for this informative program with the Morton Grove Park District senior adult supervisor, Catherine Dean by calling 965-1200.

On Feb. 27 at 1 p.m., Debra Stern, a Licensed Clinical Social Worker, will speak on "Invest In Yourself...Your Most Valuable Resource." In this presentation, participants will be encouraged to make the most of their talents and release the powerful resources within. Call Catherine at 965-1200 to reserve a space at this presentation.

Experts share tips on navigating Medicare maze

As Congress muddles ways to cut the \$178 billion Medicare spends each year, seniors who depend on the federal program struggle with their own puzzle: how to be certain they receive appropriate benefits, and at the same time, avoid overpayments caused by paperwork glitches.

To help traverse the Medicare and insurance maze Adele Ballis and Judy Pearl, principals in Senior Service Systems, a Chicago-based company that helps seniors and their adult children file medical insurance claims, pay bills, and reconcile bank statements, offer these valuable tips:

1. Ask your doctor if he or she accepts Medicare assignment. "This is probably the most important advice," Ballis says, "and often neglected." If a physician accepts assignment, he must assume the amount approved by Medicare for that service. If he doesn't accept Medicare assignment, he can charge as much as 14% above Medicare's approved amount.

2. Understand the benefits you are entitled to from Medicare and any supplemental insurance policy. "Frequently, a doctor's receptionist will ask the patient about their policy's benefits, and the patient won't have a clue," says Pearl.

"Don't be embarrassed to ask for clarification from your insurer if you have difficulty understanding."

3. If you're being wooed by an HMO, prepare a list of questions before making a final decision. "HMOs are marketing themselves as an alternative," Ballis says. "Scrutiny is essential before enrolling. Check with state agencies and consumer groups to learn if the HMO has any complaints on record. Find out if you can choose your own doctor."

4. Keep insurance policy numbers on hand at all times. "Give physicians, hospitals, pharmacists, and any other medical providers your Medicare and supplemental insurance policy numbers," Pearl advises. "If they don't have all the information, they can't file your claim."

5. Make a list of all medical bills, then prepare a form to track payments made to your physician or hospital by Medicare or your supplemental insurance. "When you receive a bill from your health care provider, check the list to see if it's already been paid," says Ballis. "Insurance companies may take their time to pay a bill, and the doctor or hospital may continue to send your statements. Don't automatically pull out your checkbook before researching the bill further."

"Before paying a bill, call first to learn if they've received any payment from your insurer. If they haven't, ask them to confirm that they have indeed sent in a

claim."

6. If Medicare denies a claim, don't give up. "A claim may be refused because the healthcare provider did not properly code the service," Pearl explained. "Contact the provider, who should make the necessary corrections, and resubmit the claim. If a claim is denied, you can appeal. In 1994, 40 to 76 percent of appeals were reversed in favor of the beneficiary. The success rate depended upon individual circumstances."

7. Reduce your out-of-pocket prescription expenses. Perhaps your supplemental policy covers prescriptions, or your policy provides for discounts at certain pharmacies.

8. Get on a first-name basis with your doctor's receptionist, Ballis suggests. "She can straighten out a miscoded bill, or help you get a credit when you've paid a bill already settled by insurance."

"It's ironic that one of the most confusing procedures we encounter is one reserved for our older years," says Pearl. "Medicare and insurance forms are particularly perplexing because seniors may be sick or disabled, grieving for a lost spouse, or understandably confused about the whole procedure. Additionally, adult children may be too busy to step in, equally in the dark on Medicare, or hesitant to handle the conflict that often erupts when discussing financial matters with a parent."

Senior Service Systems is located at 4170 N. Marine Dr., Suite 13L, Chicago, IL 60613. Phone (312) 975-1313.

Property Tax Deferral

January and February are important months for those who seek relief from paying property taxes when they come due in 1997. Households with a total income of no more than \$25,000 are eligible for the Illinois Property Tax Deferral Program. Applicants must be 65 years of age on or before June 1, 1997, must own the property and must have lived in it for at least three years as the principal residence. There can be no unpaid taxes or penalties from prior years. A homeowner may defer all, or some portion, of property taxes due in 1997 (the 1996 taxes). The State of Illinois will pay the taxes. At the time of the homeowner's sale of the home, or death, the State must be reimbursed for the full amount it had paid on the homeowner's behalf, plus a simple 6% interest. For more information, contact the Cook County Treasurer's Office in Skokie at 470-7237.

SENIOR SEASONS

Niles Senior receives volunteer award



The Niles Senior Center nominated Wolfgang Frank for his outstanding volunteer work. The awards were given by the Area Agency on Aging at their annual meeting. Pictured with Wolfgang is Mary Oleksy, Program Coordinator. Wolfgang collects materials and coordinates volunteers that make lap robes for hospitalized veterans.

New Alzheimer drug shows progress in research

Approval of a new drug for Alzheimer's disease by the Food and Drug Administration (FDA) shows that science is making real progress in developing therapies for symptomatic relief of the incurable brain disorder, according to the Greater Chicago Chapter, Alzheimer's Association.

The FDA approved donepezil hydrochloride as a treatment for symptomatic relief for Alzheimer's disease. The only other Alzheimer drug, tacrine, was approved by the FDA in 1993. Neither of the two drugs will cure the disease.

The drug does not slow Alzheimer's progression, but eases mild to moderate symptoms by inhibiting the breakdown of acetylcholine, a brain chemical vital for nerve cells to communicate with each other. The longer acetylcholine stays in the brain, the longer those cells can call up patient's memories.

Affected individuals and their families should discuss the potential benefits, risks and costs of donepezil hydrochloride with their physicians before deciding whether to try it. The Alzheimer's Association, Greater Chicago Chapter, does not endorse products.

In 1995, the Alzheimer's Association created its Ronald and Nancy Reagan Research Institute to speed discovery of effective treatments and even preventions for Alzheimer's disease.

United Healthcare of Illinois to be part of AARP Health Care Program

United HealthCare of Illinois has been selected to begin contract negotiations with the American Association of Retired Persons (AARP) to provide a managed care coverage option to AARP members in the Chicago market. If the contract is approved by AARP's Insurance Trust and Board of Directors, United HealthCare of Illinois is expected to be able to offer its managed health plan services to AARP members in 1997.

AARP's decision to offer managed health care products is part of the association's plan to offer its members a wider range of

health care options.

AARP is the nation's leading organization for people 50 and older with a membership of more than 30 million individuals. AARP serves their needs and interests through research, informative programs, and community services and advocacy provided by a network of local chapters and experienced volunteers throughout the country. The organization also offers a wide range of special benefits, including *Modern Maturity* and the monthly *Bulletin*.

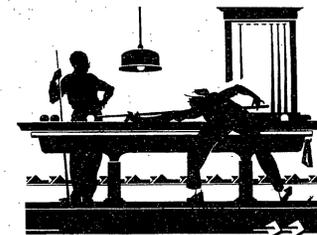
United HealthCare Corp., one of the nation's largest health care

management service companies, shares its nationwide expertise with its health plans so they can deliver quality care locally. United HealthCare serves more than 40 million Americans and 45 of the nation's *Fortune 100* companies through its range of health care products and services. *Fortune* magazine has ranked United HealthCare "the most admired health care company in America" for 1995 and 1996.

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SENIOR SEASONS

Small joint replacement is big surgery

When used appropriately, small joint replacement can be very successful, but only for those whose symptoms have not improved with other treatments, and only when done by a properly trained surgeon, reports the Arthritis Foundation.

The Current issue of *Arthritis Today*, the foundation's national consumer magazine, outlines treatment options other than surgery, and the benefits and risks of surgery to help people with arthritis make informed decisions.

"Standard treatments that physicians typically recommend first include exercise, weight control, splints, and hot and cold treatments, plus over-the-counter and prescription medications to relieve pain, reduce inflammation and slow down the disease process," says Dr. Michael Ellman, University of Chicago rheumatologist. "When these measures fail, physicians may then refer patients to an orthopaedic surgeon to discuss surgical options," Ellman continued.

The key to making an educated decision is arming yourself with facts about all your treatment options, and discussing them with your physician. Before prescribing small joint replacement surgery, physicians must consider your physical and medical eligibility, as well as reasons for wanting the surgery. If your expectations are unreasonable, surgeons may hesitate to perform the procedure.

During small joint replacement surgery, the diseased portion of the joint is removed and replaced with an artificial joint

made of a flexible material. The two ends of bone then are untied with the implant between them. After surgery, the finger or toe regains function as tissue begins to grow around the implant. Surgery can offer benefits, such as improved movement and use of a joint, relief of pain, and improvement in the alignment of deformed joints.

There is no clear consensus among physicians on when replacement of small joints is most appropriate and risk-free. The decision simply varies from patient to patient.

"Some of the risks may include infection following surgery, continued pain in the joint, or breakdown of an implant after years of use," Ellman continued. "In some cases, the rough ends of the bone create stress points in the implant material, causing it to break down or deform."

Sometimes joint replacements need to be revised, or redone, and even removed altogether. Virtually any implant eventually will fail mechanically as a result of wear and tear. Researchers continue to study ways to improve the materials currently used in artificial joints, and the outlook for advances in this field is promising. Once patients understand all treatment options, and the possible risks involved in small joint surgery, they and their physicians can make the decision that is right for them.

For more information about arthritis and surgery, including a free brochure, call the Arthritis Foundation at (312) 616-3470.

Register for an Emeritus Seminar

Those who enjoy dancing should register now for line dancing, a non-credit seminar offered through Oakton Community College's Emeritus Program. This in-depth seminar, designed for older adults, will meet at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. Seminars do not qualify for the half-price tuition discount.

"Country Bernie" presents **Beginning Line Dancing**. No experience is necessary learn to dance the electric slide at the first lesson. Have fun and learn a skill that will bring friends for years to come. The six-week seminar will meet on Tuesdays and is offered in two sessions starting Jan. 14 and Feb. 25 from 10:45-11:45 a.m. The fee is \$23.

Intermediate Line Dancing is a more advanced seminar and features a faster pace of more creative line dancing to very unique, upbeat music. Review Boot Scoot, Reggae Cowboy and more and then progress quickly to

new line dances. No partner is required. The six-week seminar will meet on Tuesdays and is offered in two sessions starting Jan. 14 and Feb. 25 from 9:30-10:30 a.m. The fee is \$23.

To register or for more information and a brochure on these and other Emeritus programs, call (847) 635-1414.

Gregory J. Zacharski

Navy Lt. Gregory J. Zacharski, son of James and Susan Zacharski of Des Plaines, recently returned from a six-month deployment aboard the guided missile destroyer USS Russell as part of the U.S. Navy's Middle East Force.

The 1986 graduate of Maine West High School of Des Plaines, joined the Navy in December 1990. Zacharski is a 1990 graduate of the University of Illinois, Chicago, with a BA degree.

Driving hints for seniors

Senior citizens age 65 and older comprise about 13 percent of all Illinois drivers. While few requirements exist for seniors to maintain driving privileges, they need to be aware of natural physical changes, such as changing vision and slower reflexes, that may limit their driving ability.

Q. Is there an age at which older citizens should stop driving?

A. No, as long as they are physically and mentally capable of driving safely. Many elderly people voluntarily stop driving and surrender their licenses when they feel they should not be driving.

Q. What are the requirements for seniors when renewing a driver's license?

A. Seniors age 69-80 must renew their licenses every four years for a \$5 fee. Persons 81-86 must renew every two years for a \$2 fee, and those 87 and older must renew yearly at no fee.

Emeritus art class at Oakton

Do you enjoy painting in your sparetime? If so, register for an art class offered this winter for older adults through Oakton Community College's Emeritus Program and the Alliance for Lifelong Learning (ALL). Classes meet at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. Students over the age of 60, who live in-district, pay one half of the indicated fee if they present proof of age and residency at the time of registration.

Studio I (ART B15 71, Touch-Tone 1699) and Studio II (ART B16 71, Touch-Tone 4112) meet together for eight Wednesdays from 1-4 pm or 9:30 am -12:30 pm beginning Feb. 5. Studio I students will learn the basics of working in oils or acrylics while Studio II is for experienced painters who will work with other artists to compare techniques and overcome weaknesses. The fee for each course is \$115.

Students who have registered for Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years and have a correct Social Security number on file, may register using the Touch-Tone system by dialing (847) 635-1616. Registrations can also be taken via FAX at (847) 635-1448 in which case payment must be made by a major credit card (Visa, Mastercard or Discover).

Call (847) 635-1414 for more information about these and other Emeritus classes.

READ THE BUGLE ADS FOR YOUR SHOPPING NEEDS.

Register now for Emeritus Winter class offerings

Register now for drawing and painting credit classes offered through Oakton Community College's Emeritus Program. These 16-week classes begin the week of Jan. 21 and are held at Oakton's Ray Hartstein campus, 7701 N. Lincoln Ave., Skokie.

Drawing I and II (ART 131 004, Touch-tone code 0828) is designed to help students develop their drawing skills. Subjects include a live model and outside subject matter. The class meets on Monday and Wednesday from 10 am-12:40 pm.

Painting I and II (ART 132 002, Touch-Tone 0830) focuses on painting materials including watercolors, oils and acrylics. Develop line, shape, spatial characteristics and color. Studio work outside regular class time is required. The class meets on Tuesday and Thursday from 9-11:40 am or 1-3:40 pm and is taught by Jim Krauss, chairperson, Oakton's Art department.

Painting Critique (ART 200 004) is an advanced painting class for artists working profes-

sionally. (Instructor's consent is required). Class meeting times will be announced at a later date.

Students can register for these and other Emeritus winter credit offerings in Room A 100 at the Skokie campus and in room 1140 at the Des Plaines campus. Those who have registered for Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years, and have their correct Social Security number on file may register (using the codes listed next to the course titles above) by the Touch-Tone telephone system at (847) 635-1616.

Tuition is \$35 per credit hour for persons under 60 and \$17.50 per credit hour for persons over 60 who live in-district. The tuition is \$110.50 per credit hour for persons who do not live in-district. A \$15 registration fee is required for persons under 60 or for those who live out-of-district. For a brochure listing all of the programs, seminars and tours available, including registration information, call the Emeritus office at (847) 635-1414.

Respite Care at Norwood Park Home

Norwood Park Home, 6016 N. Nina Avenue, continues to offer Respite Care as part of its extended list of services provided to the seniors and residents of the community.

Respite Care is a short term stay anywhere from one to four weeks. It is an opportunity to recover from recent surgery or a hospital stay, for example. For those families who take care of an older adult, this is an excellent opportunity to place your loved one in a secure safe environment when you need a break or when you're traveling on vacation. Respite stay residents receive the same quality care that permanent NPH residents have received for

over a century. Norwood Park Home offers a variety of services including independent living, intermediate nursing care and skilled nursing care. In addition, a variety of additional rehabilitation services and activities are available to allow Respite residents a comprehensive health-care environment. After a Respite stay, residents have the opportunity to apply for permanent residence if desired. For more information, to receive a free information package or to make an appointment for a personal tour, please contact Admissions Director Kay Selfridge at (312) 631-4856 ext. 2623.

Prostate treatment uses microwaves

After four years of testing, Food and Drug Administration approval was granted in May for a device called Prostatron that uses microwaves to shrink benign enlarged prostates.

Rush was one of only five sites in the country testing Prostatron since 1992 and is currently one of the few centers in the United States where treatment is available to patients.

Eighty percent of men will contract the condition, known as benign prostatic hyperplasia or BPH, by age 80. Prior to FDA approval, surgery and drug therapy were the only treatments, both are expensive and have side effects. Prostatron uses a catheter, thread-

ed through the urethra to the prostate. Microwaves pulse through the device, heating the prostate and killing tissue to allow resumed urinary function.

Dr. Charles F. McKiel Jr., chairman of the department of urology at Rush, and Dr. Dennis A. Pessis, associate chairman, conducted the evaluation of the Prostatron treatment. "This is a viable option for those patients who cannot tolerate or do not want to have surgery, or do not respond to medication," Pessis said. "The efficacy and safety of the procedure is excellent."

For more information, call Donald Modica at (312) 942-3579.

SENIOR SEASONS

Township senior luncheons draw holiday crowd



Maine Township's two recent senior holiday luncheons drew a crowd of about 1,000 including seniors, Maine Township staff members and elected officials. Among those attending were (left to right) Sue Neuschel, Director of the township's Adult & Senior Services Department; Illinois Sen. Marty Butler; Robert Johnson of Niles; Township Trustee Carol Teschky; U.S. Congressman Henry Hyde; Illinois Rep. Rosemary Mulligan; Township Supervisor Mark Thompson; Township Trustee Regan Ebert; and Ebert's son, Dan.

Study 19th Century Composers

Learn about the great composers of the 19th century in a non-credit class offered through Oakton Community College's Emeritus Program and the Alliance for Lifelong Learning (ALL) during the winter term. Classes meet at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. Students over the age of 60, who live in-district, pay one half of the indicated fee if they present proof of age and residency at the time of registration.

Enjoy the Symphony III (MUS E52 71, Touch-Tone code 6853) focuses on the symphonic, or tone poem and program music suites-popular forms with late 19th century composers including Dukas, Mussorgsky, R. Strauss, Liszt and Ravel. Learn how these forms present a descriptive story or nationalistic theme. Music, composer and historical background of each work is included. The class meets for

four Mondays starting March 24 from 9:30-11 a.m. The fee is \$36. Students who have registered for Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years and have a correct Social Security number on file, may register using the Touch-Tone system by dialing (847) 635-1616. Registrations can also be taken via FAX at (847) 635-1448 in which case payment must be made by a major credit card (Visa, Mastercard, or Discover). Call (847) 635-1414 for more information about these and other Emeritus classes.

A Shakespeare Event Trip

A Shakespeare Event Trip is scheduled for Wednesday, March 5 from 10:30 to 5 p.m. Enjoy a family style lunch at Marcello's featuring oven broasted chicken and mostaccioli with meat sauce. Then enjoy Shakespeare's light-hearted comedy *The Merry Wives of Windsor*. Price per person is \$36.

For more information, contact the Niles Senior Center at (847) 967-6100.



Tiki Gods fired up for North Shore Hotel Open House

"Polynesian Paradise" is the theme of the North Shore Retirement Hotel's first open house of the New Year. Residents of the senior living residence located in downtown Evanston, along with families and guests, will enjoy the authentic sights, sounds and cuisine of Tahiti, Bora Bora and other Pacific Ocean islands from 2:30 to 4 pm on Saturday, January 18, 1997.

This event for seniors is free and open to the public. The North Shore's "Polynesian Paradise" features entertainment by the

Royal Polynesian Revue, performing native dances and a skilled fire-throwing display. A tropical buffet will include many exotic examples of indigenous Polynesian food and drink.

"Our residents are always interested in exploring the cultures of the world," says Marvin Cohen, senior administrator. There's really no better way to forget

about Chicago's winter for a day.

For 25 years the North Shore Retirement Hotel has been regarded among the area's most elegant and civic-minded senior communities, serving more than 200 active senior residents. For more information about the "Polynesian Paradise," please call the North Shore Retirement Hotel at (847) 864-6400.

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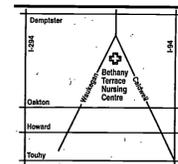
Now a person can be in and out of Bethany Terrace Nursing Centre in no time, because short-term stays have never been more convenient, for example, someone who needs temporary nursing care after extended hospitalization can recuperate at Bethany before returning home.

Bethany Terrace will now be offering a specialized program for those with early stage dementia. The activity-based program was designed to enhance a person's quality of life, and the staff have special training to meet the needs of those with dementia.

Respite care, which provides relief for primary caregivers at home, is another good reason to arrange a short-term stay at Bethany.

No matter what level of care is needed, or for how long, every Bethany Terrace resident receives the best professional services and personal attention, in a warm and inviting environment.

Insist on the best, check out Bethany Terrace. For more information call (847) 965-8100.



Bethany Terrace Nursing Centre

8425 N. Waukegan Road, Morton Grove, IL 60053

Register for Emeritus Winter Credit Class offerings

Register now for literature classes offered through Oakton Community College's Emeritus Program. The 16-week credit classes begin the week of Jan. 21 and are offered at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Through African Eyes (EGL 290 002, Touch-Tone code 0112) contemporary African fiction asks you to experience people whose traditional ways for life were wrenched off course by European colonization. You will read four novels as well as stories

from a variety of African cultures to see how writers today are working to reconstruct their histories, traditions and values as they confront the problems of a global, industrial economy stretched by overpopulation and colonial exploitation. Writers include: Chinua Achebe, Ngugi Wa'Thiongo, Bessie Head and Tsitsi Dangaremba. The class meets on Thursdays from 12:30-3:20 p.m. and is taught by Rinda West, Oakton professor of English.

World Views in Literature

(EGL 290 001, Touch-Tone code 0111) explores how personal identity, belief systems and ethnic heritage shape literature. You will use a variety of literature, mostly contemporary fiction, in addition to film, poetry and experiential dialog. Works include: *The Professor's House* by Willa Cather; *Saving Grace* by Lee Smith; *The Romance Reader* by Pearl Abraham; and *The Hundred Secret Senses* by Amy Tan. The class meets on Wednesdays from 9:30 a.m. - 12:20 p.m.

Students can register for these

and other Emeritus winter credit offerings in Room A-100 at the Skokie campus and in Room 1140 at the Des Plaines campus. Those who have registered for Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years and have a correct Social Security number on file may register using the Touch-Tone system by dialing (847) 635-1616. Registrations can also be taken via FAX at (847) 635-1448 in which case payment must be made by a major credit card

(Visa, Mastercard or Discover).

Tuition is \$35 per credit hour for persons under 60 and \$17.50 per credit hour for persons over 60 who live in-district. The tuition is \$110.50 per credit hour for persons who do not live in-district. A \$15 registration fee is required for persons under 60 or for those who live out-of-district.

For a brochure listing all of the programs, seminars and tours available, including registration information, call the Emeritus office at (847) 635-1414.

Sports/Parks & Library News

One Night Stop Smoking Clinic

If you are ready to quit and looking for a different way to kick the habit, the Palmer Smoking Clinic can help. The program offers Palmer's unique stop smoking techniques together with group hypnosis. Learn how to break the connection between the cigarette and your favorite smoking situations, and you don't have to gain weight. It's as painless as it gets!

The Palmer Smoking Clinic has been helping people since 1976. Their stop smoking program is different, no ugly lung talks, no needles, and no zombie-like trances. The Palmer procedure is completely safe and enjoyable. Why not stick to that New Years resolution this year and join us, Tuesday, Jan. 21 at 7:30 p.m. The fee is \$28 for a two hour session at our new Howard Leisure Center. Registration will be taken until Wednesday, Jan. 15. For more information, contact Julene Valle at (847) 967-6633.

New Whealan Pool plans underway

The anticipated design plan for a new Whealan Pool, Devon and Nagle Avenues, Chicago, has been released. The pool will replace the current closed facility, originally built in the 1930's, closed in June, 1995, due to severe structural problems. County Commissioner Peter Silvestri (9th district) has diligently worked for a new pool and is pleased with the design. The pool will be an attractive neighbor in the area. The design is modern in that it provides a slide and other contemporary attributes and will certainly meet the needs of a multitude of northwest side and nearby suburban users for many decades to come," said Silvestri. The pool is scheduled to be completed in time for the summer of 1997.

Wedding Dance

Are you recently engaged and already looking towards your wedding reception with dismay and you don't know how to dance. Hear no more. The Morton Grove Park District offers a special class for the bride and groom, and the wedding party beginning Tuesday, January 21 at the Oketo Park Fieldhouse. Class participants will learn the Waltz, Fox Trot, Cha Cha, and Swing which is all you need to know to have a great time on the dance floor. This class will be held from 8:30 to 9:30 pm. For more details call 965-1200.

Creativity with Ceramics

Come and explore your creative side by making your own beautiful ceramics. The Niles Park District is offering a ceramics class for all adults interested in creating their own hand-crafted works of art. All students will choose their own projects and work at their own pace, under the assistance of instructor Kathy Zyrkowski. No prior experience is necessary. Our beautiful new ceramics room at the Howard Leisure Center is equipped with a variety of greenware, paints, brushes, and all firing will be done in our new kiln room.

A supply list will be available the first day of class. Classes are held on Monday evenings at the Howard Leisure Center, located at 6676 Howard St., from 7 to 9:30 p.m. Three sessions of this class are offered; session I runs from January 20 through February 24, session II from March 3 through April 7, and session III from April 14 through May 19. The fee for each session is \$47, or \$42 with resident discount. For more information, please call (847) 967-6633.

Baubles and Bangles

Is your 6-9 year old child fascinated with jewelry and like to participate in arts and crafts? The Niles Park District has the perfect solution to get her out of your jewelry box and into her own! Baubles & Bangles is a class in which your child can learn to make jewelry out of a variety of materials including watercolor paper, beads and telephone wire. This is an excellent way for your child to explore her creative side.

The class will be held at the Recreation Center at 7877 N. Milwaukee Avenue on Monday evenings from 7 - 8 p.m. Three sessions of this class are available; session I runs from January 6th through February 10th, session II from February 17th through March 24th and session III from March 31st through May 5th. The fee for each session is \$32, or \$29 with resident discount. For further information, please call (847) 967-6633.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D039528 on Jan. 3, 1997, under the Assumed Name of Career Evaluation Systems with the business located at 6050 W. Touhy Ave., Chicago, IL 60646. The true name(s) and residence address of owner(s) is: Douglas C. Faller, 1022 N. Oakley Blvd., Chicago, IL 60642.

Computers for Kids

The Niles Park District is offering classes to help your child discover the magical world of computers. ComputerTots is designed to introduce children to the hands-on world of language, math, science and technology. An added feature of this class is a maximum ratio of 4 children to one computer. They are sure to get that hands-on experience they need. Classes are held at the Howard Leisure Center, located at 6676 Howard St. The first session begins on January 15 and runs through February 5. Session II runs from February 19 through March 12, session III from April 2 through April 23, and session IV from May 7 through May 28. Register for one or all sessions. Class for children ages 3-4 years runs from 2:35-3:05 p.m. Class for children ages 4-5 years runs from 3:10-3:40 p.m. The fee for each session is \$37.

Are your children a little older? Then try Computer Explorers. This class will challenge even the computer-wise mind. Children ages 6-8 years will solve super

puzzles and mysteries with a maximum ratio of 3 children to one computer. All-new software will be used each session on Wednesdays at the Howard Leisure Center. Class runs from 3:45-4:25 p.m. Class dates are the same as those listed above. Class fee for each session is \$41. For further information on either class, please call the Howard Leisure Center at (847) 967-6633.

Book Discussion Group at Morton Grove Public Library

Thinking Out Loud, the Morton Grove Public Library's book discussion group, meets Tuesday, January 28 at 7:30 p.m. Take a peek behind the veils of Muslim women in Geraldine Brooks' *Nine Parts of Desire: The Hidden World of Islamic Women*.

The Morton Grove Public Library is located at 6140 Lincoln Ave. For more information or for mobility and communication access assistance, please call (847) 965-4220, TDD 965-4236.

Used Book Sale

The Friends of the Mt. Prospect Public Library will have their first used book sale of the new year, including an encore paperback clearance sale, Saturday and Sunday, Jan. 25-26, at the library, 10 S. Emerson (corner of Rte. 83 and Central Rd.). A Preview Night Sale, for *Friends members only*, will be Friday, Jan. 24.

The paperback clearance sale will be in the Idyl Nipper Room near the library's front entrance. Those paperbacks will be 25-cents each. On Sunday only, buyers of a canvas Library Tote Bag will be able to fill the bag with clearance paperback books at no additional cost.

The public sale will be open Saturday, 9 a.m. to 4:30 p.m. and Sunday, Noon to 4:30 p.m. There is no admission charge.

Preview Night hours are 6:30 - 9:30 p.m., Friday. Memberships will be available at the door and are \$5 per year for individuals and \$10 annually for families.

For further information, please call the library at (847) 253-5675.

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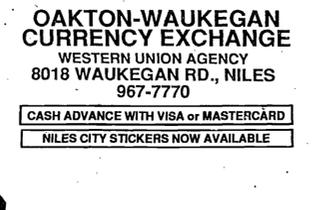
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Police News

Tips for driving in fog

Although Illinois has experienced a mild winter, recent heavy fogs have reduced visibility dramatically, making it difficult for motorists to see each other. Illinois' headlight law is especially important when driving in fog.

Q. What should I do if I must drive in fog?

A. Reduce your speed and turn on your low beam headlights. Many motorists turn on their high beams, which reduces visibility. Do not overdrive your headlights and be alert for vehicles that may be moving slowly in front of you.

Q. Can I use my parking lights instead of my headlights?

A. No. It is against the law to drive with only parking lights on during inclement weather. Parking lights do not provide enough light to increase your visibility or for your vehicle to be seen by others.

Q. What does the headlight law say?

All drivers must turn on their headlights when snow, fog or rain make it necessary to turn on the windshield wipers. Tail-lights must be visible from a distance of at least 500 feet. Many motorists are unaware of this law and continue to drive without their headlights on during bad weather, endangering themselves and others.

Notice of review sent to children on SSI

If you receive Supplemental Security Income (SSI) payments for a child with a disability, the Social Security Administration will notify you about an upcoming review of the child's case. The notice will explain the recent law which established a new definition of disability for children. Under the new definition, children must have more serious

physical and mental limitations to qualify for SSI. The law also requires that Social Security review the cases of certain children who are now eligible for SSI to see if they are disabled under the new definition. You can contact Social Security at 1-800-772-1213 from 7 a.m. to 7 p.m.

Motorists also must turn on their headlights when insufficient light or other atmospheric conditions restrict visibility to less than 1,000 feet.

Q. What is the penalty for driving without my headlights on while operating my windshield wipers?

A. A \$75 fine.

Cold weather warnings for pets

Coats and hats help make winter temperatures more bearable for many Chicagoans, but The Anti-Cruelty Society reminds people that cold weather discomfort and danger can also affect their pets.

The Society strongly recommends that cats always remain inside away from the dangers of the streets regardless of the weather. During frigid temperatures, dogs should be brought outside for shorter times than usual in order to eliminate.

Even though companion animals have a fur coat, most dogs and cats cannot endure the cold of winter for more than a few minutes. An animal left outdoors can get frostbite or freeze to death. Signs of frostbite include pale skin that is cool to the touch, and has decreased sensation. If frostbite is suspected, the area should be gently thawed with warm (not hot) water and then the animal should be taken to a veterinarian. During dog walks, Chicagoans

should watch for jagged ice patches and sidewalk salt. Both can be hazards to a dog's foot pads. Paws should be checked and any salt or ice should be wiped off with damp towel immediately after coming in from a walk.

To report abuse or neglect of animals, including animals left outside without proper shelter, food, or fresh and unfrozen water, call The Anti-Cruelty Society at (312) 644-8338.

Judge Howard assigned to Skokie



Judge Howard

Chief Judge Donald O'Connell announced that Judge Garritt E. Howard is assigned to the 2nd Municipal District, Skokie. Because of his extensive background in the area of criminal law as an assistant states attorney at the Criminal Court of Cook County for twelve years, Judge Howard will be assigned initially to hear felony and other criminal cases in the Skokie court house.

Judge Howard is a graduate of Chicago-Kent College of Law And St. Mary's College, Winona Minnesota. He lives on the northwest side of Chicago with his wife and four children. He has been on the bench since 1994.

LEGAL NOTICE

Village of Morton Grove, Illinois

Public Notice To Bid PRINTING OF THE VILLAGE NEWSLETTER

Sealed bids will be accepted at the Richard T. Flickinger Municipal Center, Office of the Village Administrator, 6101 Capulina Avenue, Morton Grove, Illinois, until 10 am on Monday, February 10, 1997, for PRINTING OF THE VILLAGE'S QUARTERLY NEWSLETTER. Copies of the specifications and bidding documents are available at the Office of the Village Administrator, Richard T. Flickinger Municipal Center. The Village Board of Trustees reserves the right to reject any and all bids, and to waive any informality or irregularities in the bidding. Furthermore, the Village Board of Trustees reserves the right to review and study any and all bids to make a contract within (30) days after bids have been opened and publicly read.

Larry N. Arft
Village Administrator
Village of Morton Grove
State of Illinois
1/16/97

Fire Department Winter Tips

Cold weather puts a strain on your heart, even without exercise. Be careful when shoveling snow, pushing a car, or performing other tasks. Regardless of your age or physical condition, avoid over-exertion in the winter.

Frostbite is a severe reaction to cold exposure of the skin. If the individual has a pale appearance and experiences a loss of feeling, seek medical help.

Hypothermia is a condition brought on when the body temperature drops to less than 95°F. Symptoms include slow or slurred speech, disorientation, drowsiness, and apparent exhaustion. Seek medical attention immediately. If medical help is not immediately available, slowly re-warm the affected areas. Do not give the person alcohol, drugs, coffee, or any hot beverage or food.

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Police News

Fire safety tips

• Install and maintain smoke detectors. Smoke detectors will warn you of a fire in time for you to escape. Install them on every level of your home and outside of each sleeping area. Test them at least once a month and replace batteries once a year or whenever a detector begins to chirp, which signals the battery is low.

• Sleep with bedroom doors closed. Closed doors provide protection against heat and smoke. Even a lightweight hollow-core door delays a fire and toxic smoke. Slowing the spread of fire to sleeping areas gives everyone more time to escape.

• Plan and practice two ways out. Fire escape routes must not include elevators, which might take you right to the fire. Choose a meeting place outside where everyone will gather. Once you're out, stay out! At least twice a year, have the whole family practice the escape plans.

• Test doors before you open them. While kneeling or crouching at the door, reach up as high as you can and touch the door, the knob, and the space between the door and its frame with the back of your hand. If the door is hot, use another escape route. If the door is cool, open it with caution.

• Crawl low under smoke. Smoke is dangerous! If you encounter smoke, use an alternate escape route. If you must exit through smoke, the cleanest air will be several inches off the floor. Crawl on your hands and knees to the nearest safe exit.

• If you are trapped, close the doors between you and the fire. Stuff the cracks around the doors to keep smoke out. Wait at a window and signal for help with light-colored cloth or a flashlight. If there's a phone in the room, call the fire department and tell them exactly where you are.

• Once you're out, stay out! If a fire starts, don't wait for anything. Just get outside. Go to your family's meeting place. Then someone can all the fire department from a neighbor's phone or an alarm box. Don't go back into your home for any reason, until a grownup

says it's safe.

• Stop, Drop and Roll. Everyone should know this rule: If your clothes catch fire, don't run! Stop where you are, drop to the ground, cover your face with your hands to protect your face and lungs, and roll over and over to smother the flames.

• Space heaters need space. Keep portable and space heaters at least 3 feet (1 meter) from anything that can burn. Never leave heaters on when you leave home or go to bed and keep children and pets well away from them.

• Smokers need watches. Carelessly discarded cigarettes are the leading cause of fire deaths in the United States. Never smoke in bed or when you are drowsy! Provide large, deep ashtrays for smokers and put water on butts before discarding them. Before going to bed, check under and around the sofa cushions for smoldering cigarettes.

• Be careful cooking. Never leave cooking unattended. Keep cooking areas clear of combustibles and wear short or tight-fitting sleeves when you cook. Keep the handles of your pots turned inward so the pots can't be knocked or pulled over. If grease catches fire, carefully slide a lid over the pan to smother the flames, then turn off the burner. Never put foil or other metals in the microwave oven.

• Matches and lighters are tools, not toys. In the hands of a child, matches and lighters are deadly. Store them up high where kids can't reach them, preferably in a locked cabinet. And teach your children from the start that matches and lighters are tools for adults, not toys for kids. If children find matches or lighters, they should tell a grown-up immediately.

• Use electricity safely. If an appliance smokes or has an unusual smell, unplug it immediately and have it repaired. Replace any electrical cord that is cracked or frayed. Don't overload extension cords or run them under rugs. Don't tamper with the fuse box or use fuses of an improper size.

• Cool a burn. If someone gets burned, immediately place the wound in cool water for 10 to 15 minutes. If the burn blisters or chars, see a doctor immediately. Tips from the National Fire Protection Association and the Office of the Illinois State Fire Marshal.

Local students complete D.A.R.E. training

More than 90 students from Avoca West School in Glenview, graduated from the Cook County Sheriff's Drug Abuse Resistance Education (D.A.R.E.) Program on January 9.

D.A.R.E. is a 17-week anti-drug program conducted in grade schools throughout the county by specially trained Sheriff's officers.

For more information about the Cook County Sheriff's D.A.R.E. program call the Sheriff's Office of Preventive Programs at (708) 974-6772.

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Winter driving tips

Buckle your seatbelt! When your windshield wipers are on, turn on your lights-it's the law!

Keep your windshield clear of snow and ice.

Drive slower and increase your following distance.

When you approach a snow plow from behind, pass with care and only when you can see the road ahead of the plow. Do not follow a snow plow spreading salt.

Check your wipers, tires, lights, and fluid levels regularly. Make sure the brakes and transmission are working properly.

During a winter storm ask yourself, "is this trip really necessary?" Always check on weather driving conditions.

Tell someone (friend, relative, co-worker) that you are taking a trip, where you are going, and when you expect to arrive.

Always have your gas tank at least half-full.

Keep the following items in your vehicle in case of an emergency:
First aid kit
Blankets and extra clothing
Jumper cables, shovel, salt, and windshield wiper fluid
Flashlight with extra batteries.

LEGAL NOTICE

NOTICE OF REGIONAL PUBLIC HEARING COOK COUNTY CONSOLIDATED COMMUNITY DEVELOPMENT PLAN FOR 1997 FEDERAL FISCAL YEAR PROGRAM

North/Northwest Region Hearing
Date: Wednesday, January 22, 1997
Time: 6:30 p.m.
Place: Third District Courthouse
2121 Euclid Avenue
Rolling Meadows, IL 60008
Courtroom 110

West Region Hearing
Date: Wednesday, January 29, 1997
Time: 6:30 p.m.
Place: Fourth District Courthouse
1500 South Maybrook Drive
Maywood, IL 60153
Courtroom 101

South Region Hearing
Date: Wednesday, February 5, 1997
Time: 6:30 p.m.
Place: Sixth District Courthouse
16051 South Kedzie Parkway
Markham, IL 60426
Courtroom 101

Purpose: Cook County will hold regional hearings to solicit needs and priorities and to provide information on the application process for the Community Development Block Grant Program (CDBG), the Emergency Shelter Grants Program (ESG), and the HOME Investment Partnership Program (HOME) for the 1997 Federal Fiscal Year which begins October 1, 1997.

Cook County receives federal funding from the U.S. Department of Housing and Urban Development (HUD) for programs administered by the Cook County Department of Planning and Development.

The 1997 allocations for CDBG, HOME and ESG have been made by HUD. They are as follows: CDBG - \$15,498,000; ESG - \$345,000; and HOME - \$4,980,000. If available, unobligated program income and deobligated funds from prior program years will be added to these 1997 funding amounts.

CDBG Program categories that are eligible for funding are:
Housing and Residential Rehabilitation Related Activities
Economic Development Activities
Capital Improvement Activities
Commercial Rehabilitation
Real Property Acquisition
Demolition and Clearance
Public Service Activities
Fair Housing Activities

ESG Program Categories that are eligible for funding are:
Rehabilitation, renovation or conversion of buildings for use as emergency shelters.
Maintenance or operation expenses directly related to emergency shelters.
New or expanded essential services provided by the shelters.
Development and implementation of homeless prevention activities.

HOME Program categories that are eligible for funding are:
Construction or rehabilitation projects involving single-and/or multi-family low and very low income residential housing.
Special needs housing projects.

Information will be provided related to these programs, and solicitation of community development needs and priorities will be discussed toward the development of Cook County's Annual Action Plan/Consolidated Community Development Plan.

All interested persons, groups, not-for-profit agencies and municipalities are invited to attend.
Any comments may also be submitted in writing to:

Cook County Bureau of Administration
Department of Planning and Development
118 North Clark Street, Room 824
Chicago, IL 60602
Attn: Mr. Timothy W. Kleist

The Cook County Community Development Block Grant Program Applies only to those suburban municipalities of less than 50,000 in population, plus the Village of Oak Park and the Town of Cicero.

Business News

Computerized accounting classes offered at OCC

Peachtree Software for Microsoft Windows will be taught in two sections of Computerized Accounting (ACC 163): ACC 163 052 will meet on Thursdays from 5:30-6:30 pm for 16 weeks starting Jan. 23, and ACC 163 0W2 will meet on Saturdays from 9 am-12:40 pm for four weeks starting April 19 at the Des Plaines Campus, 1600 E. Golf Road.

The prerequisite for ACC 163 is one course in accounting or equivalent work experience. ACC 163 is a one-credit hour course and offers 15 hours of continuing professional education credit (CPE).

In addition, QuickBooks Pro will be taught in one section of Computerized accounting (ACC 163): ACC 163 0W1 will meet on Saturdays from 9am-12:40 pm for four weeks starting Feb. 15.

For registration information, call (847) 635-1700. For additional information regarding the course prerequisites, call Michael Milstein, chairperson, accounting department, at (847) 635-1778.

Thomas S. Grant

Air Force Airman Thomas S. Grant has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. Grant is the son of Andrea and stepson of Steve Hickey of Des Plaines.

He is a 1996 graduate of Maine Township High School East, Park Ridge.

Congratulations to former Commissioner Sheehan



Ina Winston, Head Assistant Attorney for the Metropolitan Water Reclamation District (left) congratulates former MWRD Commissioner Nancy Drew Sheehan. Sheehan was recently elected and sworn in as Judge of the Circuit Court of Cook County.

Prior to serving at the District, Sheehan was employed as a prosecutor with the Cook County State's Attorney's Office, a teacher with the Chicago Public Schools, Assistant to the President and Chairman of the Chicago Board of Trade and an Assistant to the Assistant Secretary of the United States Economic Administration.

Karafotias joins

Mid-America as analyst

Andrew G. Karafotias of Skokie has joined Mid-America Real Estate Group as a Management Information Systems (MIS) analyst, reports Noreen W. Musica, vice president.

Karafotias, 29, previously was manager of computer accounting systems for CBS Accounting and general manager of Pacemark Technologies.

He attended Oakton Community College and Loyola University in Chicago.

Oakbrook Terrace, Ill.-based Mid-America Real Estate Group is the Chicago area's leading full-service retail real estate organization.

For more information telephone (630) 954-7300.

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Business News

REEC offers education classes

An Illinois law requires Illinois Real Estate Professionals to take Continuing Education Courses in order to renew their Real Estate Licenses. The law safeguards those members of the public participating in real estate transactions by ensuring the competency of those engaged in the real estate profession.

Real Estate Education Company is offering the mandatory coursework to fulfill this requirement. Real estate salesperson must satisfy the twelve hour credit requirement by their license renewal date of March 31st, 1997. Those holding broker's licenses must satisfy the twelve hour credit requirement by their license renewal date of Jan. 31, 1998. Mandatory coursework must be taken in subject areas, such as, Illinois License Law, Anti-Trust, Fair Housing and Buyer/Seller Agency.

Senator Dudydz reapointed to senate position

Assistant Senate Majority Leader Walter Dudydz (R-7th Chicago) has been reapointed to his third term as a member of the Senate Majority leadership team. Senate President James "Pat" Philip (R-Wood Dale) named Dudydz to the position of Assistant Majority Leader during inaugural ceremonies for the 90th biennial session of the General Assembly.

Individuals are exempt from the continuing education requirement on their first renewal or if they were licensed prior to January 1, 1977 and have maintained their license without interruption.

Real Estate Education Company courses are offered in one and two day sessions and are presented at a variety of Chicagoland & downstate locations, including: 6 hour CE part A, Deerfield, 420 Lake Cook Rd., Jan. 16, 1997 8AM-1:30PM, 6 hour CE, part D, Deerfield, 420 Lake Cook Rd., Jan. 17, 1997, 8AM-1:30 PM, 6 hour CE part A, Lincolnwood, 4500 W. Touhy, Jan. 23, 1997, 8AM-1:30PM, 12hour CE parts A&B, Arlington Heights, 1655 S Arlington Hts Rd., Jan. 31, 1997, 8AM-7:15 PM.

Real Estate Education Company is the largest real estate school in Illinois and is approved by the Illinois Office of Banks and Real Estate. In addition to its classroom program, the school is offering continuing education courses through its independent Study Program.

For more information or a free brochure please contact the school at 312-922-6666 or 800-878-9510.

Small Business Entrepreneurship Courses

Registration for Small Business and Entrepreneurship course offered this weekend through Alliance for Lifelong Learning (ALL), the continuing education program of Oakton Community College, is now in progress. Classes are held at the Des Plaines campus, 1600 E. Golf Rd. and the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie and various locations throughout the district.

Small Business Accounting focuses on how to keep simplified records to meet business needs and to satisfy IRS laws. Discover what you must know to deal effectively with an accountant or auditor analyzing your financial status. The class meets for seven Mondays starting Jan 27 from 7-9:30 pm. Niles North High School, 9800 Lawler, Skokie.

Entrepreneur-Salesperson is designed to show participants how to create oral and written presentations, how to negotiate with clients and vendors and how to adopt a sales mindset. This class can be taken alone or is a perfect complement to Building Your Entrepreneurial Skills (BUS A07 01). The class meets for three Thursdays starting Jan. 23 from 7-9:30 pm at Maine East High School, Potter Road at Dempster Street, Park Ridge.

How to start a Mail Order Business covers how to select a product or service line, ideally suited for mail order sales. Topics also include how to design effective and affordable mail order promotional material, how to test your mailings, and where to find other sources of mail order products and services to promote. The class meets for four Thursdays starting Jan. 23 from 7-9 pm at

Maine East High School.

Other business courses cover foreign language, international business, human resources, management marketing, tax/legal issues and special topics such as How to Buy a PC for Home or Small Business, Buying and Selling a House from A to Z, and Copyright, patent, Trademark and Trade Secrets.

Students who have registered for Oakton or ALL classes within the last three years and have a correct Social Security number on file may register using the Touch-Tone system by dialing (847) 635-1616. Registrations can also be taken via FAX at (847) 635-1448 in which case payment must be made by a major credit card (Visa, Mastercard or Discover).

For more information and a brochure listing these and ALL classes, call (847) 982-9888.

USE THE BUGLE

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D039428 on Dec. 27, 1996. Under the Assumed Name of Forever Reminders with the business located at 7122 Greenleaf, Niles, IL 60714. The true name(s) and residence address of the owner(s) is: Gennady Gertsman, 7122 Greenleaf, Niles, IL 60714; Lucian Gansca, 9233 New England, Morton Grove, IL 60053.

The Bugle's Business Directory

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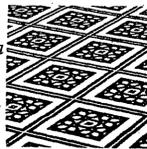
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(THE BUGLE NEWSPAPERS)

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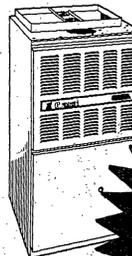
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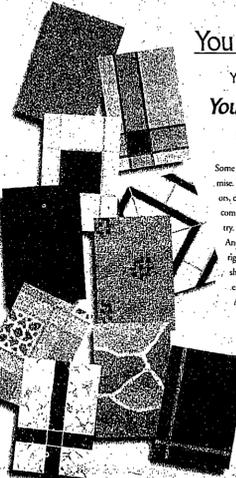
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Home Improvement Time

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The rates and terms listed below are subject to change without notice. Rates are updated each Thursday by 3 p.m. for the following weeks editions. These institutions are Illinois Residential Mortgage Licensees

INSTITUTION	LOAN TYPE	DOWN PAYMENT	TERM	RATE	POINTS	APR
THE WILLIAM BLOCK CO. 256 Market Square Lake Forest, IL 60045 (847) 295-5554 (Broker) *The Smart Mortgage "Zero Points" "Zero Closing Costs"	Fixed	5%	30 Years	6.625	0.00%	2-1-0 Buydown
	Fixed	5%	30 Years	7.875	0.00%	8.178
	Arm	5%	1 Year	5.500	0.00%	8.130
	Balloon	10%	7 Years	7.500	0.00%	8.135
FIRST CHICAGO BANK PARK RIDGE One S. Northwest Hwy. Park Ridge, IL 60068 (847) 518-7100 (Lender)	30 Year Fixed Conforming	5%	30 Years	8.250	0.00%	8.250
	15 Year Fixed Conforming	5%	15 Years	7.750	0.00%	7.750
	7/1 Arm Conforming and Large	5% up to 350,000 20% over	30 Years	7.950	0.00%	8.198
	5/1 Arm Conforming and Large	10% up to 350,000 20% over	30 Years	7.700	0.00%	8.160
	3/1 Arm Conforming and Large	10% up to 350,000 20% over	30 Years	7.600	0.00%	8.249

*Large refers to loans between 207,000 and 650,000

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Area News

Ten free flowering trees from Arbor Day Foundation

Ten free flowering trees will be given to each person who joins the National Arbor Day Foundation during Jan. 1997.

The ten trees are 2 White Flowering Dogwoods, 2 Flowering Crabapples, 2 Golden Rain trees, 2 Washington Hawthorns, and 2 American Redbuds.

"This year is the 125th anniversary of Arbor Day, and the free flowering trees are part of the National Arbor Day Foundation's 'Trees for America' campaign to plant 10 million trees in 1997," John Rosenow, the Foundation's president said.

"These compact trees were selected for planting in large or small spaces," Rosenow said. "They will give your home the beauty of lovely pink, white, and yellow flowers—and also provide winter berries and nesting sites for songbirds."

The trees will be shipped postpaid at the right time for planting between Feb. 1 and May 31 with enclosed planting instructions. The six to twelve inch trees are guaranteed to grow, or they will be replaced free of charge.

Members also receive a subscription to the Foundation's bi-monthly publication, Arbor Day, and The Tree Book with information about tree planting and care.

To become a member of the Foundation and to receive the free trees, send a \$10 contribution to TEN FREE FLOWERING TREES, National Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by Jan. 31, 1997.

Art Class at the Morton Grove Park District

Explore your creativity during the Winter months on Fridays, January 17th to March 7th from 10:30 am to 12 noon. You will learn basic drawing both in color and black and white from still-life set-ups, landscapes and portraiture. Find your own style and preference through experiencing various mediums and techniques. No experience required—find the artist within!!!

The cost is \$32 for Morton Grove residents. Register at Prairie View Community Center, 6834 Dempster or call 965-1200 for further information.

Women in Construction meeting

The O'Hare Suburban Chapter #193 of the National Association of Women in Construction (NAWIC) will meet Tuesday, January 21, 1997 at the Avalon Restaurant, 1905 E. Higgins Road, Elk Grove Village.

Reservations for dinner at \$18 may be made with Jennie Oratowski, Enger-Vavra, Inc. at (708) 678-4200. Social Hour is at 5:30 p.m., followed by dinner at 6:30 p.m.

The Program for the evening will be about "Networking", and will be provided by our own NAWIC members. Guests are also welcome to become part of the program and discuss their companies. A regular business meeting will follow the Program.

Guests and all women interested in construction are invited to attend. For membership information, contact Jackie Garvey at Marley Cooling Tower Co. (708) 574-9424.

LEGAL NOTICE

NOTICE TO BUILDING CONTRACTORS

The Village of Niles will be accepting bids only from pre-qualified general contractors for the construction of the Village of Niles proposed Health and Wellness Building at Civic Center Plaza in Niles.

General information, specifications and drawings will be available Tuesday, January 21, 1997, at Rust E. & L., 3121 Butterfield Rd., Oak Brook, Illinois 60521, (630) 574-2006. Specifications and drawings may be obtained by submitting a cashier's check or money order made payable to the Village of Niles in the amount of \$150.00 and is non-refundable. A pre-bid meeting will be held at 1:30 P.M. Wednesday, February 5 1997, in the Village of Niles Conference Room, 1000-Civic Center Drive, (southeast corner Oakton St. and Waukegan Rd.) Niles, Illinois.

Sealed proposals will be accepted from pre-qualified general contractors only, until 3:00 P.M., Wednesday, March 5, 1997, at the new Village Hall, 1000 Civic Center Drive, Niles, Illinois, (southeast corner Oakton Street and Waukegan Road). Bids will be opened at that time in the Conference Room at Village Hall. Bids will not be accepted after 3:00 P.M.

Sailboat Show returns to Chicago's Navy Pier

Strictly Sail-Chicago, the Midwest's premier sailboat show, celebrates its second year at Navy Pier in Chicago, January 30 through February 2. Gates are open Thursday and Friday from 10 a.m. to 9 p.m., Saturday from 10 a.m. to 9 p.m. and Sunday from 10 a.m. to 6 p.m. Admission is \$8 for adults and \$4 for children ages 6 through 12, available at the door. Special two-day passes are available at \$12 for adults and \$6 for children. The show is produced by the National Sailing Industry Association (NSIA) and the National Marine Manufacturers Association (NMMA).

Featuring new sailboats, sailing equipment and services from more than 150 exhibitors as well as numerous seminars and attractions for all levels of sailing ability, this year's bigger and better Strictly Sail-Chicago is perfect for serious boating enthusiasts and landlubbers alike. Visitors may choose from designated sections for chartering, entry-level sailboats, community sailing programs, racing and cruising sailboats, equipment and accessories. For more information, contact the NMMA at (312) 946-6262.

Dean's List

Johnson & Wales University has announced the names of its students who have been named to the Dean's List for the fall term ending in November.

Area resident is Suzanne Ahern of Park Ridge.

Founded in 1914, Johnson & Wales University is an accredited, private institution offering undergraduate and graduate degrees in business, food service, hospitality and technology.

NAWBO to hold membership drive Gala

The Chicago Area Chapter of the National Association of Women Business Owners (NAWBO) will hold a membership drive and networking reception entitled, "Winter Festival of Networking," on Wednesday, Jan. 22, at 5:30 p.m. in the Palm Court at the Drake Hotel, 140 E. Walton, Chicago.

Sponsored by Bank One and Keck Mahin & Cate, the gala is an opportunity for women business owners to meet members and learn first-hand about the advantages and benefits of NAWBO membership, according to Sunny Kurman, president of Kurman Financial Group and chair of the membership committee.

She said that NAWBO members are entitled to discounts on products and services, publications, award recognition, company visibility, business referrals, mentoring programs, some 50 annual social and educational events, networking, procurement opportunities, loan programs, and a chance to impact public policy.

At the event, the winner of the New Venture Award will be announced. In addition, the recipients of the 5, 10 and 15 year service awards will be recognized.

Cost is \$20. For information or reservations, call NAWBO at (312) 322-0990.

Essay contest winners

The North American Matyr's council 4338 Knights of Columbus, proudly announces the winners to this year's essay contest for 1996. Congratulations to the winners:

1st place-Elizabeth Marcus, grade 7, 2nd place-Steven Muszczyszyn, grade 8, 3rd place-Mark Barnas and Justin Thetoo, grade 8.

Essay contest chairman Randy Greco awarded the winners their savings bond prizes at the council's Pro-Life Night, Wed. Jan 15. We invite everyone to join us as we congratulate the winners.

Congratulations to the winners & special thanks to everyone that competed. By competing you are a winner!!!

Library announces community survey

The Morton Grove Public Library wants your opinion. Beginning Saturday, January 18, the Library will be conducting a community survey using an interactive touch-screen computer. The survey can be completed in a few minutes.

Interactive Surveys, Inc. of Barrington, IL will be used for future planning. Stop by Dominick's Finer Foods at the corner of Waukegan and Dempster or the Library Saturday (9-5), Monday (9-9) or Tuesday (9-9), January 18, 20, or 21 to tell us what you think.

PUBLIC HEARING NOTICE
VILLAGE OF MORTON GROVE
COMMUNITY DEVELOPMENT
BLOCK GRANT PROGRAM

A public hearing will be held to obtain citizen input as the initial step in the application preparation process for the 1997 Community Development Block Grant Program.

The Cook County Community Development Block Grant Program will receive approximately \$15,498,000 for Program Year 1997, and these funds will support projects within the following categories:

- Housing, Residential Rehabilitation, and Housing Related Activities
- Economic Development Activities
- Commercial Rehabilitation
- Capital Improvements
- Real Property Acquisition
- Clearance Activities
- Planning Activities
- Public Services Activities

Projects are eligible only if they provide principle benefit to low and moderate income persons or aid in the elimination of slums and blight.

The Morton Grove Community Development Advisory Committee has been authorized to conduct the public hearing on:

Saturday, February 1, 1997 at 8:30 a.m.
 in the Board of Trustees Chambers
 Richard T. Flückinger Municipal Center
 6101 Capulina

Residents and organizations are invited to submit proposals for possible inclusion in the Village's Application to Cook County.

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Hair Cut-a-Thon for Lambs Farm

For the third year in a row, Gino Bavaro and the stylists at Bavaro Hair in Vernon Hills will help raise funds for Lambs Farm by donating their time to hold a cut-a-thon. The cut-a-thon will be held on Sunday, February 9 from 10 am to 3 pm at Bavaro Hair, 701 N. Milwaukee Avenue in Vernon Hills. Customers are asked to give a \$25 donation for service including hair consultation, shampoo, haircut and finish style. Donations will go to Lambs Farm, a non-profit community in

Libertyville which provides vocational training and residential services to more than 250 adults with mental disabilities. Bavaro Hair has been taking an interest in helping others for almost ten years holding events to benefit organizations including Women's Residential Services, The Fights Against AIDS and Ronald McDonald Charities. The annual February event which will benefit Lambs Farm has raised almost \$1,000 for the men, and women of Lambs Farm in the last

Norwood Park Historical Society meeting

Easter arrives early this year -- and Lent commences in mid-February. The January meeting of the Norwood Park Historical Society will feature Vera Samyca, an out-standing creative artist in the traditional art of decorated Ukrainian Easter eggs (pysanky).

Well-known throughout the Ukrainian community for her talent in this very special folk art, Vera will bring to us the wonderful history of this old-world tradition, as well as a how-to description of the art. Come to the January 22 meeting, 7:30 pm at the Crippen House, 5624 N. Newark, to hear about this unique symbol of the Ukrainian Easter celebration. For meeting and membership information call 773-631-5633.

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Like any vehicle a Police Car is fast, but when not going on an "EMERGENCY" call, we still have to obey all the traffic laws just like a regular citizen. When we respond to an "EMERGENCY" call,

Niles Police P.R.I.D.E. program

The Niles Police Department formed a team program 9 years ago to educate school children on the dangers of Drug and Alcohol Abuse. The P.R.I.D.E. (Positive Response in Drug Education) TEAM of Niles Police officers speaks to students in Niles schools in grades Kindergarten through High School. Their message is that drug abuse is wrong, harmful and unlawful. By making regular visits to the schools they try to instill and reinforce this teaching throughout adolescence. Other goals of the P.R.I.D.E. program are to encourage a positive self-image, self-esteem, self-discipline and to demonstrate socially acceptable behavior during later unsupervised activities. In addition the program encourages children to stand by their convictions when pressured to participate in drug experimentation and related abuse patterns. The officers are full-time members of the Police Department and incorporate various teaching methods such as lectures, video and drug awareness literature.

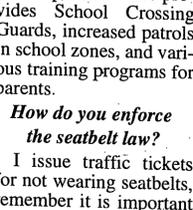
Niles Police team up to educate students on drug abuse

Niles Police Officers Joe Penze and Tom Cierniak responded to students of Niles Elementary South School in Niles.
few times a year on gun safety and proficiency. **What is the makeup of your family?** I am married and have a 2 and a half year old daughter. **Have you ever been injured on the job?** No I have not but other officers I work with have been. It's unfortunate. **How does your family deal with the potential danger?** They understand my job and know I use as much caution as possible everyday, and hope I can do my job that is the best I can do.

Niles Police Officer Joe Penze #134
DARE program. The Police Department also provides School Crossing Guards, increased patrols in school zones, and various training programs for parents. **How do you enforce the seatbelt law?** I issue traffic tickets for not wearing seatbelts, remember it is important that **"EVERYONE BUCKLE UP!"**



Niles Police Officer Joe Penze #134



Niles Police Officer Tom Cierniak #144

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\$1.70 per min

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Winter Special

for ALL ADVERTISERS

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EUROPEAN, TALL, BLONDE, single white female, 36, 5'7", 130lbs, into music, working out, travel, holistic health. Searching for a gentleman of integrity, for a monogamous relationship. EXT 5989

ATTRACTIVE, SHAPELY BRUNETTE, 5'8", 40's, bluish/green eyes, with moxie, enjoys walking, dining out, movies, dating, holding hands with a caring and honest man, 48-62, to share my life with or more. Possible marriage bait. EXT 5978

40 AND FABULOUS, Pretty, divorced, white Jewish female wants to meet a professional, fun and handsome man (38-47) with all good values to share life with. No smokers, please. EXT 5992

SOUTHERN HOSPITALITY, 5'3", 110lbs, Texan, more recently from Martin Grove, seeks a true gentleman, 40-59, with a great sense of humor, intelligent and athletic. To enjoy Bulls games, what's left of the Bears and great expectations of a pennant race for the White Sox. EXT 5986

SINCERE GENTLEMAN WANTED by single white female, seeks single white male, 35-48, 5'11" or taller, who is financially secure, values honesty, humor, has integrity, humor and is marriage minded. Kids OK. EXT 5982

ENJOYS ARTS AND TRAVEL, Pretty, petite, professional, single white female, 45, seeks intelligent professional, unattached male for companionship/romance. I'm bright, stable, witty and down-to-earth. EXT 5985

UP-BEAT, TEACHER, MUSICIAN, mother of 1, looking for white outdoorman with a love of the land. Ready to laugh, 40+, professional degree not required. EXT 5967

LEGAY, LIVELY, LEAN, alluring, good looking green eyed brunette, single, white, Jewish female, early 40s, 5'5", 125lbs, spirited, smart, witty. Likes museums, hiking, travel and antiquiques. Seeking advanced degree special male with energy. EXT 5949

WOMEN SEEKING MEN

ATTRACTIVE PROFESSIONAL FEMALE, 35, non-religious, non-smoker, interested in meeting attractive, financially secure, responsible male, 31-38, 5'10" or over. EXT 5027

PRISCILLA PRESLEY LOOK ALIKE, slender, 30 something, single white female, 5'7", 120lbs, advanced degree, no children, no time for singles bars. Seeks single/divorced, attractive white male, 30-47. Must be at least 6'0" and enjoys sporting events and concerts. EXT 5002

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District 207 projects need for more classrooms

More classroom space is needed to meet the increasing enrollment in Maine Township High School District 207 that is projected between now and 2005. "We are looking at projections of about a 10 percent increase in enrollment by 2004 and we want to be ready to handle the increase in the number of students we are serving," said Superintendent Steve Snider. "Such predictions within a four year range are closer to the reality of student numbers with most projections somewhat under our enrollment growth curve," said Snider, who added that the district is not expecting the need to pass a referendum.

"Projections beyond four years are less accurate. Since our historical data is related to declining enrollment and not growth, it is difficult for us to use District 207 data without viewing the dynamics of growth found in Maine elementary districts," said Snider. This data suggests that Maine's student enrollment is expected to climb to 6,852 by the year 2004. Enrollment stands at 6,215 for the 96-97 school year. Declining enrollment took the district from an all time high of 11,864 in 1975-76 to 5,362 in 1989-90.

Snider suggests a broad approach to the issue which would not only provide the additional classrooms that will be needed next year, but also accommodate typical year to year variability in enrollment, provide the flexibility for the current educational program, and create classroom space that can be easily adapted in the future to a dynamic and changing educational program.

The alternatives include renovation of existing areas, construction of new space, scheduling changes, boundary changes, or some combination of these options. In discussing these options, Snider pointed out that renovation would displace existing programs and/or facilities such as ARC (Alternative Research Center), the Frost Administration Center, or the Rotary Reading Room. Additionally, each alternative taken by itself would not yet yield an adequate number of classrooms.

"While new construction would cost more than renovation, it is typically less disruptive than renovation and would not displace existing programs," he said. Finding schedule changes and boundary changes the least desirable of the alternatives, Snider said that schedule changes should be made for educational reasons without the pressure of space issues. "One such change, placing students on shifts, is only a short term solution and enrollment data demonstrate that the growth pattern will exist for at least 10 years," said Snider.

"As for the redistricting alternatives, while enrollment data suggest a stable population at East, it appears that the dynamics of growth are also operating at that school. Since June we have

enrolled 280 new students. While some students have left, the overall increase has resulted in hiring four new teachers," said Snider.

Another point to be made—particularly for East, but also for South and West—is that we have assumed that the present use of size is based on proper class size. "And reduced class sizes mean more rooms will be required," he said.

Enrollment at Maine East is 2,288 compared to 2,170 last year and 2,151 in 1994. East is expected to have an enrollment of 2,243 by 2004. Enrollment at Maine South is 2,004 compared to 1,915 last year and 1,670 in 1994. West is expected to have an enrollment of 2,277 by 2004.

As we examine the options to serve the students who are coming, the Board's desire is to explore all of our alternatives," said Snider. "It's a matter of careful planning."

Students learn about Native Americans

The fifth grade students in Mrs. Henry's class at Washington School have been studying the Native Americans in North and South America. The students were divided into cooperative groups and each group had to research a Native American tribe. The members of each group had to research a specific aspect of that tribe. A research paper was then written.

Once this was done, the group had to present their information in a creative way. Some wrote scripts and presented puppet shows, while others made murals and dioramas. The tribes that were researched were the Navajo, Iroquois, Inca, Haida, Aztec, Mayan, Inca & Pueblo. Their finished products were then presented to their classmates and parents.

RDHS students visit Criminal Court

Regina students accompanied Marion O'Connor, OP, chair of the Social Studies department, to the Criminal Courts at 26th and California in Chicago. O'Connor's political science class makes the trip to the Criminal Courts every year to observe court in session and to learn the intricacies of the democratic system first-hand.

Attending the courts were Katherine May (Glenview), Ann Carrera and Louise Kuchuris (Lincolnwood), Jeanette Belo (Morton Grove), Marigo Delis, Alicia Hirtzig and Christina Umfleet (Niles), Marissa Moritz (Northbrook), Marion Steinfeld (Park Ridge), Edith Bellosio, Elena Chavez, Gina Knitter and Karri Starkman (Skokie).

No license ...

Continued from Page 1

Troiani noted that although the Radio's hadn't been "caught" doing this, the Environmental Protection Agency has been notified about these incidents.

In defense, Slovojka Ratic said she kept the doors open only during the extremely warm weather. "When it was 90 degrees in July, it becomes hotter in the garage," she said.

The doors only stay open to make it more comfortable for the mechanics working inside, Radio maintained.

Another violation, Troiani told the Board, concerned what he heard from a citizen who complained that the Radio's had dumped what he believed to be anti-freeze behind the building. Police were called by this party who said he witnessed this action.

Robert J. Thiesen, 1 N. La Salle St. Chicago, attorney for the Radio's, stated on their behalf, that Mrs. Radio told him she had only used a form of detergent on the driveway to clean oil spots.

The detergent when mixed with water, gives off a greenish cast making it appear like a chemical solvent.

Thiesen said that the police did come to investigate, but left satisfied with the explanation.

Addressing the issue before the Board, the sale of used automobiles at the business, Troiani said he didn't feel these kinds of businesses should be able to do this.

"I for one, do not approve of gas stations, automobile shops or anybody else selling used cars, new cars or any kind of cars. It (the village) is just not zoned for this."

"You have the traffic, people stopping on the street to come back and look at the car," Troiani said.

"We frown on and discourage gas stations, or mechanical shops from selling used cars, it is not their main source of revenue."

In addition, Troiani said, "I have seen nothing (in your record) to make a recommendation to the Village Board that you should have more chance to go any further."

The board voted unanimously to deny the Radio's permission to sell the cars from their automotive business.

Thiesen told The Bugle that the Radio's had a good plan, they had adequate parking and had even heard one of the trustees say that people are permitted to sell cars in this way. Thiesen said, "They were disappointed with the result."

Kids can adopt a hydrant

The Niles Fire Department will hold its annual Adopt-A-Hydrant Program again this year. For more information, contact Bill White, Fire Department Public Education Coordinator, (847) 588-6800.

Bricks ...

Continued from Page 1

price parked in the 7200 block of Lill Street were smashed by red construction bricks causing an estimated \$800 damage sometime between 7 p.m. and 11 p.m. Dec. 29.

A 49-year-old Chicago engineer reported that the front windshield of his 1996 Pontiac Firebird was smashed by bricks sometime between 8 p.m. and 11:39 p.m. Dec. 29 while it was parked in the 7200 block of Lee Street. Repair cost was estimated at \$300.

The windshield of a 1996 Dodge Avenger belonging to a Morton Grove man was smashed by a brick while it was parked in the 8300 block of Octavia Avenue between 9:45 p.m. and 11:40 p.m. Dec. 29.

The front living room window and the rear windshield of a 1996 Dodge Avenger belonging to a Morton Grove man was smashed by a brick while it was parked in the 8300 block of Octavia Avenue between 9:45 p.m. and 11:40 p.m. Dec. 29.

In the same block, \$500 damage was done when a rock was hurled against the front living room window of the residence of a 39-year-old caterer at 1:17 a.m. Dec. 29.

A 19-year-old student reported that the front windshield of her 1996 Pontiac coup was smashed while it was parked in the 8300 block of Octavia between 7:30 p.m. and 11:25 p.m. Dec. 29.

Grujich was transported to the Niles Police Department where bond was set at \$5,000 and he was assigned a Jan. 27 court date.

Museum ...

Continued from Page 1

The museum is constantly in need of repair in order to make it livable and acceptable as a home for the many historical times being accumulated. Each year, volunteers donate in excess of 5,000 hours - Every week, day, or hour contributed helps to improve the Niles Historical Society and Museum.

If you are interested in volunteering your time, please contact the museum at 390-0160.

Before the end of another 25 years, the Museum hopes to have additional space for storage, a genealogical department, elevator convenience, improved parking, and a computer system to store inventory and files.

The museum is a not-for-profit organization and is open to the public. Donations (permanent and on-loan) are always welcome. For example, pictures and videos are always needed; copies can be made and the originals returned upon request. Meetings are held the last Sunday afternoon of each month, September through June, except November, and December. Tours are available Wednesday and Friday, between 10:00 a.m. and 3:00 p.m., or upon request by calling (847) 390-0160.

Voice of Democracy winners

The Niles Post of The Veterans of Foreign Wars recently announced the names of three Notre Dame students who achieved top honors in its Voice of Democracy Program. Candidates were asked to write and present a paper based on the theme, "Democracy - Above and Beyond."

Notre Dame's first-place winner was junior Jeffrey Calimbas (60630); second place winner was junior Stephen Stukel (60631); and, third place winner was sophomore Joshua Book (60630). Jeffrey Calimbas will go on to the VFW District Four competition.

All three Dons will be presented with U.S. Savings Bonds, VFW medals and engraved certificates at a future awards assembly this spring. The Voice of Democracy program is available nationwide to express patriotism through creative writing and dynamic expository speaking.

Mark Twain School receives grant

Mark Twain students along with Maine Township seniors will explore the community through a series of intergenerational activities. The project, "Our Community," is funded by a K-12 School-Based Learn and Serve grant supported by the Corporation for National and Community Service under Learn and Community-Based Programs.

The intergenerational activities highlight services provided by Maine Township such as neighborhood clean-up and tree planting. Students and seniors will visit the Solid Waste Agency of Northern Cook County to continue their study of ecology. Students also plan to set up a simple school-wide recycling program as well as helping seniors recycle.

Students will learn about food distribution through a field trip with seniors to the Green Meadow Pumpkin Farm in Elmhurst. Study of food distribution includes community services such as a food pantry. Students and seniors will work together on a food drive.

Through these projects, students will learn how local government and non-profit organizations can work together to better their communities.

Ketura Hadassah meeting

Fears and Phobias will be the topic of KETURA Hadassah's monthly meeting on Tuesday, January 28, 1997 at 12:30 p.m. at Lincolnwood Jewish Congregation, 7117 N. Crawford, Lincolnwood. Coffee and dessert will be served. For information call (847) 674-4608.

Maine Township Dist. Educational Foundation

An educational credit card may help raise money for Maine Township High School District Educational Foundation. The foundation was established in 1993 to acquire and distribute resources to expand learning opportunities for students in the three District 207 high schools, according to James Blue who chairs the foundation board.

The board recently approved a request for \$400 to fund a Senior Wellness Program which is being piloted at Maine South this year, \$500 to support the Park Ridge Civic Orchestra student scholarship program, and \$250 to help fund a special district performance by The Little Eagles of Siberia in cooperation with the Community Concert Association of Maine Township. The Little Eagles of Siberia is an ensemble of 28 singers and dancers from Siberia ranging in age from nine to 17.

Regarding the credit card funding initiative Blue said, "Let's assume that the 6,215 students who are enrolled in the three Maine high schools come from about 5,000 families. If just five percent-or-250-of those families charge \$10,000 per year, the foundation will receive a check for \$10,000 at the end of the

year." Working in cooperation with the foundation, District 207 will help distribute 10,000 applications to parents who can pass additional copies to other community members. Applications are also available by calling the foundation office at 692-8585. "Although it is not a guaranteed credit card, anyone may apply for the no annual fee MasterCard offered by First of America Bank, Illinois, 607 West Devon, Park Ridge. According to Robert Kowall, assistant vice president for First of America, the credit card offers a 25 day grace period with no interest charges. The introductory 9.8 percent interest rate for the first six months rises to 14.9 percent after that date.

Chatman P. Dunbar

Navy Airman Chatman P. Dunbar, son of Elaine P. Radford of Des Plaines, recently returned from a six-month deployment to the western Pacific and Indian oceans with Strike Fighter Squadron 25, embarked aboard the aircraft carrier USS Carl Vinson.

He joined the Navy in June 1995.



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