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REC'D FEB 16 1995

Park District Employee Health Plan returns dividend

Offering employees comprehensive health benefits coverage during a period of escalating health care costs has been a difficult and costly challenge to employers over recent years. The 44 park district and special recreation agencies participating in the Illinois Park Employee Health Network (IPEHN) health bene-

fits cooperative have found a solution to this challenge. IPEHN was formed in 1990 with 25 member agencies. Over the past five years, the pool has grown to include 44 agencies, providing health benefits coverage to over 800 employees. The Morton Grove Park District has been a member of IPEHN since

its inception. Careful financial management and overall positive claims experience has enabled IPEHN to provide excellent health benefits protection with annual plan design improvements at a reasonable cost. Contribution rates have actually been decreased over the

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First Lady speaks at Maine East

By Rosemary Tirio

First Lady Hillary Rodham Clinton returned to the high school she once attended Feb. 15 to address students and faculty and to "hear what the students had to say." Clinton, who had spent the previous night in Des Moines, Iowa, arrived at Maine East High School, 2601 W. Dempster, Park Ridge, at about 8 a.m. Before speaking in the school's packed auditorium, Clinton had a tour of the school, which she attended for some of her high school years. (She graduated from Maine South High School also in Park Ridge.)

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Niles edition of The Bugle

8746 N. Shermer Road, Niles, Illinois 60714 - (708) 966-3900
VOL. 38, NO. 34, THE BUGLE, THURSDAY, FEBRUARY 16, 1995
50¢ per copy

Opponents cite more traffic, emergency access

Fargo Street closing, hot topic at meeting

by Kathleen Quirsfeld

At a town meeting held on Tuesday, Feb. 7, the purpose of which was to gather information about the Fargo Street closing in order for Mayor Blase and the Village Board to make a decision about this controversy, Abe Selman, Niles Village Manager found himself adopting a new role as a referee.

Fargo Street has been closed at Nordica Avenue since the Deep Tunnel Project began two years ago.

In a hand vote taken early in the meeting, 19 of the people present voted to keep the street closed, while 37 voted to open it.

Following that vote, Selman canvassed the crowd soliciting their opinions about the closing of the street, specifically asking

the homeowners to provide him with definite reasons why they were for or against the street closing.

Several outbursts from the crowd during this fact gathering indicated that the issue is still a hot button for many in Niles.

Cliff Pazik, 7012 N. Fargo, and those residents who were in favor of keeping the street closed cited the reduction in traffic from Nordica Avenue, a reduction in crime, fewer strange automobiles

noticed on the block, safer area for children waiting for school buses and for residents riding bicycles or the bike trail.

Safety and emergency reasons were cited most often by those who voted to open the street

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Town Hall plans win unanimous OK

A proposal to build a 6,755-square-foot addition to the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge, won the unanimous approval Monday of the Park Ridge Planning and Zoning Commission.

"I believe the unanimous vote of commissioners demonstrates we have done everything possible to make sure this addition is compatible with the surrounding area," said township Supervisor Mark Thompson. "We've always been good neighbors and plan to continue being good neighbors."

The addition plan must next go to the Park Ridge City Council for final consideration. The township hopes to begin construction of the addition this spring and complete the project within about nine months.

Thompson told plan commissioners an addition is needed to ease crowding in the Town Hall, a former church that was converted to township offices in 1982. Departments most in need of space, he said, include General Assistance, where caseworkers who must conduct confidential client interviews work two to an office, and Disabled Services, where two employees share a work space in which maneuvering their wheelchairs is difficult.

The addition also would provide more room for adult and senior services, the Assessor's and Clerk's offices, PRC Paratransit Inc. and administration, and would allow the township to provide a secure office equipment room, an enclosed trash disposal area and a two-car garage and operating center for its Emergency Management Agency.

The building and reconfigured parking lot would be screened from view by neighbors to the north and west by additional trees and shrubs. Township officials also agreed Monday to relocate four proposed parking spaces at

the north end of the lot to further limit the project's impact on the neighboring residential area.

The cost of the addition is estimated at \$715,000. Money for the project would come from existing township funds.

Plans for the addition were prepared by the space planning firm Walter H. Sobel and Associates and Wheeling architect Arthur Dennis Stevens.

The township agreed to go ahead with its presentation to the plan commission on Monday despite its assertion that the city's zoning ordinance and special use

Continued on Page 30

Bears to speak tonight at Notre Dame sports night

To help underwrite the cost of the Alumni Dinner Auction on Sat. April 8, a sports night will take place at Notre Dame High School for Boys on Thursday, Feb. 16 at 7:30 p.m.

Chicago Bears Director of Player Personnel Rod Graves, Defensive End Alonzo Spellman and Assistant Coach Tony Wise will donate their time as guest speakers.

You can get their autographs, take pictures and bid on Alonzo Spellman's autographed jerseys. For more information, please call Jack Burke at (708) 965-2900.

Park staffers receive Personal Service Award

Niles Park District employees Charles "Buck" Buchanan and Phyllis Luppino received the "Helen Skaja Personal Service Award" from the Bud Skaja family in honor of their mother/grandmother for "always remembering to treat people as family."

Bud Skaja II and Bud Skaja III presented plaques to Buck and Phyllis at the regular January Board of Park Commissioners meeting.

Bud Skaja II stated that these two employees exemplify the cordial, family-like qualities that his mother would have looked for in "personal service." Buck has worked at the Tam Golf Course for close to twenty years and Phyllis has greeted customers at the Administration Offices for almost nine years.

Sister Cities meeting

The Niles Sister Cities meeting will be on Feb. 21 at 7:30 p.m. at the Trident Center.

Sweethearts on Ice



Jermayne Angeles and Eric Leser teamed up for Level 5 Pairs Skating during the Niles Park District Sweetheart Open Skating Competition Feb. 8 at IceLand. More than 400 participants from over 26 ice arenas competed.

Photo by Mike Heuel

Apply now for tax deferral

Cook County Treasurer Edward J. Rosewell reminds property owners that the filing deadline for the Senior Citizens Real Estate Tax Deferral Program is March 1.

This program allows qualified senior citizens to defer all or part of the real estate taxes on their principal residence.

To qualify for the program, a senior must be 65 years of age by June 1 of the year in which the taxes are payable; have a household income of not more than \$25,000; own the property in which the taxes are being de-

ferred; and have lived in the property for at least three years as a principal residence. Taxes for all prior years must be paid in full.

Rosewell said that under this program up to one hundred percent of a senior's real estate taxes can be deferred. If there is a mortgage on the house, the lender must agree to the tax deferral.

Under the program, the deferred taxes need not be repaid until the taxpayer's death or the sale of the property. In the event of death, the heirs need not repay the deferred taxes until one full year, and a surviving spouse may continue the program under the same terms.

Rosewell said that the deferred taxes are charged a 6% simple interest rate per year.

"This program is designed for senior citizens who have lived in their homes for a long period of time and who cannot afford to pay the escalating cost of their real estate taxes," Rosewell said. "It's a great way for seniors to stay in homes that they have lived in for many years, and to know that their real estate taxes can be paid."

Forms to apply for the real estate tax deferral program are available at the Treasurer's downtown office and all five suburban offices. Seniors citizens can also call the Treasurer's Legal Department at (312) 443-6204.

FREE GLAUCOMA AND VISION EVALUATION

As a community service, John B. Bello, M.D., will be offering a free glaucoma and vision evaluation at Advanced Vision Specialists.



JOHN B. BELLO, M.D.

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rentals or capital gains.

Rosewell said that qualified senior citizens must reapply for the program each year they wish to have their taxes deferred. Once approved, a senior citizen will automatically be mailed an application each January. Also, seniors can opt in and out of the program as they wish, he said.

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'Generativity' lecture series at NEIU

Topics on aging highlight Northeastern Illinois University's (NEIU), 5500 N. St. Louis in Chicago, Generativity Spring 1995 free lecture series beginning Tuesday, Feb. 28 at 7 p.m. Refreshments follow each event. The schedule is as follows:

Tuesday, Feb. 28: 7 to 9 p.m.: "The Art of Growing Older," by influential literary critic, Dr. Wayne Booth, George M. Pullman Professor of English Emeritus, University of Chicago; Wednesday, March 15: 7 to 9 p.m.: "The Future of Aging Programs: A Funder's Perspective," by Marilyn Hennessy, President, Retirement Research Foundation. A graduate of Loyola University, Hennessy is greatly experienced in health and social sciences in both public and private sectors up to national levels; Monday, April 10: 7 to 9 p.m.: "Personal Meaning and Successful Aging: Adapting to Life's Changing Circumstances," by Dr. Gary Reker, Professor of Psychology, Trent University, Ontario, Canada.

The lecture series is sponsored by Generativity, the Gerontology Club of Northeastern Illinois University. For more information, call (312) 794-3076.

Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION

The Niles Senior Center is open to residents of the Village of Niles, age 62 and over and their younger spouses. Seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

SENIOR CENTER CLOSED

The Senior Center will be closed Monday, Feb. 20 in honor of President's Day.

YARN NEEDED

If you have any left-over yarn, please bring it to the senior center. Lap robes are made for veterans from your generous donations. Also, volunteers are needed to crochet and/or sew lap robes or slippers. If interested please call the center.

WOMEN'S EXERCISE PROGRAM

A Women's Exercise Class will be held twice a week starting Feb. 15 through May 19 at 10:45 a.m. at Ballard Leisure Center on Wednesdays and Fridays. The cost is \$15. Registration required. Call Mary Oleksy for more information.

INCOME TAX REGISTRATION

Income tax appointments are currently being taken. Appointments will be on Tuesday, Wednesday, and Thursday mornings and afternoons beginning on Tuesday, Jan. 31 through April 6. If you need to fill out a circuit breaker only, please let us know.

MEDICARE/SUPPLEMENTAL INSURANCE INFORMATION

Representatives from Banker's Life Ins. Co. will be available Wednesday, Feb. 22 to answer questions on an individual basis. Registration required.

MAYFLOWER TOURS LECTURE

Mayflower Tours and the Niles Senior Center present a FREE lecture, Thursday, Feb. 16 at 1:30 p.m. on the following tours: Gatlinburg Country Music, Alaska Cruise and the Door County Ramble/Gamble. Registration required.

MEN'S CLUB ST. PATS/ST. JOE PARTY

Tickets are on sale NOW for the Men's Club St. Joe/St. Pat Party on March 17. The tickets are \$4.50 and include lunch and entertainment.

MEN'S CLUB MEDIEVAL TIMES TRIP

Tickets are on sale NOW for the Men's Club Trip to Medieval Times on March 8. The cost is \$25 inclusive of transportation, meal and entertainment. Come to the Center to register NOW!

AN AFTERNOON OF ROMANCE

Enjoy the beauty of the Ballroom City Dancers on Friday, Feb. 24 from 2-4 p.m. The cost of \$3.50 will include appetizers, desert, and the show. Registration required. Don't miss out on this romantic affair!

WOMEN'S CLUB PRE-MEETING LUNCHEON

The Women's Club February meeting and luncheon will be held on Monday, Feb. 27 at noon. The cost of \$1.50 includes the lunch of ham on rye and potato salad. The business meeting is at 1 p.m., followed by the movie "Murphy's Romance." Registration required.

CERAMICS CLASSES

Ceramics Classes will be held on Thursdays, Feb. 23 - May 4 from 9:30-11:30 for beginners and 1:30-3:30 for advanced/intermediate. Registration required. Call Mary Oleksy for more information.

GOLDEN RINGERS AND 90 PLUS WANTED!

The Niles Senior Center is currently looking for those Niles residents who are 90 years of age and older AND for couples who were married in 1945 ONLY. If you fall into either category, please call Mary Oleksy at the Niles Senior Center.

DRUG THERAPY SCREENING

Medi-Span, a Drug Therapy Screening System, is available free of charge at the Senior Center. This program gives medical knowledge based on drug-drug and food-drug interactions. If interested call Terry Sprengel RN, BSN.

VOLUNTEER DRIVERS NEEDED FOR HOMEBOUND MEALS

The Niles Senior Center offers the opportunity for you to give as little as an hour or two a month to assist our "Homebound elderly." Volunteer drivers are needed to deliver 6 to 9 hot meals daily between the hours of 11:30 a.m. to 12:30 p.m. Those people interested but can only help once or twice a month should also consider. To volunteer your services or to get more information please contact Mary Oleksy at the center.

VOLUNTEER EXERCISE LEADER NEEDED

The Healthettes, a women's exercise class, is in need of volunteer women interested in becoming exercise leaders. Interested persons may contact Terry Sprengel, RN, BSN.

DISCOVER DISCUSSION VOLUNTEER NEEDED

Discover Discussion Volunteer needed to facilitate discussions at the Senior Center on various topics. Training along with all the materials will be provided by Oakton Community College. Once trained, the volunteer will conduct 6 week sessions of 1 1/2 hours at the Niles Senior Center. So why not get involved! Contact Mary Oleksy if interested.

Fun for all ages on Family Date Night at the "Y"



Photo by Mike Heuel
Emily McDermott, 2, and Kevin Engelbert, 2, line up to do the limbo at the Leaning Tower YMCA Family Date Valentine Party Feb. 10. Twenty-two YMCAs held parties featuring activities, including the creation of valentines for retirement home residents.

Businesses support Literacy Volunteers in Spelling Bee

Literacy Volunteers of America - Fox Valley Affiliate is proud to announce the participants of their 1995 Spelling Bee. Participants will include: Arthur Andersen & Co., Batavia Rotary, Batavia School District #303, The Kane County Chronicle, First Chicago Bank in Batavia, First Chicago Bank in St. Charles, Geneva Rotary, Harris Bank in Batavia, Holmstad, Old Kent Bank in St. Charles, Pheasant Run, The Republican Newspaper, St. Charles Library and St. Charles School District #101.

Among the 14 companies currently sponsoring this event, each will contribute one three-member team, with the exception of Arthur Andersen which will provide a total of 3 teams. Aside from the \$300 sponsorship fee provided by each participant, donations are being made to the event by several companies and organizations, including the Coca-Cola Company Fox Valley Bank and Pheasant Run. Each sponsor will be mentioned in any advertising or publicity before the actual event and will be listed in the Spelling Bee program. A silent auction of donated items will also be conducted. Businesses and organizations may donate items in the form of goods and/or services as prizes for the raffle or as general contributions to LVA - Fox Valley Affiliate.

The purpose of this event is to promote awareness of the literacy problem in the Fox Valley area and raise funds to help continue the services LVA - Fox Valley Affiliate provides. As a non-profit organization, LVA - Fox Valley Affiliate provides private, volunteer tutoring in Basic Reading and English as a Second Language for more than 200 students. The annual fundraiser will take place in the Dinner Theatre at Pheasant Run Resort and Convention Center, 4051 E. Main St., St. Charles, on Saturday, Feb. 18, from 9 a.m. until approximately 1 p.m. The event is designed not only to promote awareness of LVA - Fox Valley Affiliate, and raise funds, but also to encourage, refreshments will be served and entertainment provided by actor Brad Lyons, who will work the comical antics of "Gladhand" from Pheasant Run Theatre's production of "West Side Story" into his dual role as Master of Ceremonies and Word Master for the event. Public attendance is free and encouraged.

Levy Center Men's Club to hear speaker

Mr. Matthew Shapiro, Assistant Attorney General with the Charitable Trusts Division, within the office of the Illinois Attorney General, Jim Ryan, will speak before the Levy Center Men's Club at 10:30 a.m. on Wednesday, Feb. 22, in the Levy Center, 1700 Maple, Evanston.

Leslie Wilson, coordinator, announced that Shapiro will share his expertise on "Charitable Solicitations: A Guide to Safe Giving."

Shapiro was a practicing lawyer for eight years prior to joining the attorney general's staff in 1984. He also served as a law clerk for Justice Seymour Simon of the Supreme Court of Illinois.

USE THE BUGLE

Maine West Principal post vacant again

James L. Elliott, superintendent of District 207, announced Feb. 9 that Mr. Ken Faulhaber who was appointed Principal-elect at Maine West High School on Feb. 6 has, for personal reasons, asked to be released from that appointment.

Faulhaber will continue in his current assignment as Assistant Principal at Maine East. No decision has yet been made on the procedures and process to be used for selecting a successor to the outgoing principal who is retiring, Jim Coburn.

'Award Matrix' concert to focus on women in music

The Loyola University Chicago Women's Studies Program is hosting a special concert by "Award Matrix" honoring women in music on Thursday, Feb. 23, at 7:30 p.m.

Free and open to the public, the concert will be held in Galvin Auditorium at Sullivan Center on Loyola's Lake Shore Campus, 6525 N. Sheridan Rd., Chicago.

The evening will begin with a lecture by Ann E. Ward, founder of "Award Matrix," who will discuss women in music in Chicago, particularly jazz and blues. Ward will then perform with the four other members of "Award Matrix," including Rita Warford, Regina Perkins, Nicole Mitchell and Maia. All members of the group are also members of the Association for the Advancement of Creative Musicians.

The group will perform original music which is described by Ward as a blend of jazz and blues. "Award Matrix" has become known to many for its energy, youthfulness, and virtuosity, as well as deep spiritual sense.

The concert is co-sponsored by Loyola's Women's Studies Program, the African-American Studies Program, the Music Program of the Fine Arts Department, and funded by the Loyola-Mellon Endowment Fund and the Dean of the College of Arts and Sciences.

For further information, contact Loyola's Women's Studies Program at (312) 508-2934.

Maine District 207 schedules meetings

Mr. Ben H. Herman, President of the Board of Education of Maine High School District 207, Mrs. Dolores Grazian, Chairperson of the Finance Committee and Dr. Ralph M. Johnson, Chairperson of the Education Committee, announced dates for three meetings that will take place during the next month.

The Finance Committee will meet Tuesday, Feb. 21, at 7:30 p.m. to discuss possible reductions in the Educational Fund

Budget, and again on Monday, March 13, at 7:30 p.m., to discuss capital outlay requests and buildings and grounds items.

The Education Committee will meet Monday, Feb. 27, at 7:30 p.m. to discuss the Technology Long Range plan and how to finance the plan.

All meetings will be held in the conference room of the Ralph J. Frost Administration Center, 1131 S. Dec Rd., Park Ridge.

Noted Black radio pioneer to be recognized

The Museum of Broadcast Communications (MBC) in the Chicago Cultural Center (Michigan Avenue at Washington Street), will present a special tribute to the late Richard Durham on Feb. 22 at 6 p.m. in recognition of Black History Month. "Richard Durham: His Friends Remember" will detail the career of one of Chicago's most influential African American radio pioneers.

Moderator for the evening will be Abena Joan Brown, President and Co-Founder of ETA Creative Arts Foundation, Inc. Panelists will include: Oscar Brown, Jr., composer/actor/singer/playwright and former actor on "Destination Freedom"; Studs Terkel, Pulitzer prize-winning broadcaster and former actor on "Destination Freedom"; Vernon Jarrett, veteran journalist/activist and Dr. J. Fred MacDonald, Professor of History, Northeastern Illinois University and television archivist.

The late Richard Durham wrote and created the "Destination Freedom" series which was broadcast Sunday afternoons on WMAQ-Radio in Chicago from June 1948 to October 1950. The series dramatized "real life stories," illustrating the social conflicts facing African Americans from the days of slavery to the post-World War II era.

"Destination Freedom" focused on the struggles and achievements of a broad range of African American leaders such as Frederick Douglass, Harriet Tubman, Gabriel Prosser, Crispus Attucks, Denmark Vesey, Henri Cristophe and Toussaint L'Ouverture. Durham wrote in his introduction to the series that he wanted "...to break through the stereotypes--shatter the conventions and traditions which have prevented us from dramatizing the infinite store of material from the history and current struggles for freedom."

Richard Durham was a true pioneer in Chicago radio," said Museum President and Founder Bruce DuMont. "Destination Freedom" was one of black radio's defining moments in Chicago. Durham brought the drama of the black struggle for freedom to life on-the-air.

Durham started out as a journalist, serving as an editor for both the Chicago Defender and Ebony magazines. In 1946 he wrote scripts for two Chicago-based radio shows: "Democracy USA," a series detailing famous African American contributions to Democracy and "Here Comes Tomorrow," a soap opera set in Chicago's Southside. These scripts eventually helped lead Durham to WMAQ, where "Destination Freedom" garnered critical acclaim and praise from, among others, Illinois Governor Adlai Stevenson and writer Norman Corwin, a 1993 Radio Hall of Fame member.

For tickets to "Richard Durham: His Friends Remember" call (312) 629-6023.

DRIVERS... WATCH OUT FOR CHILDREN!

Bone Marrow Registry Drive

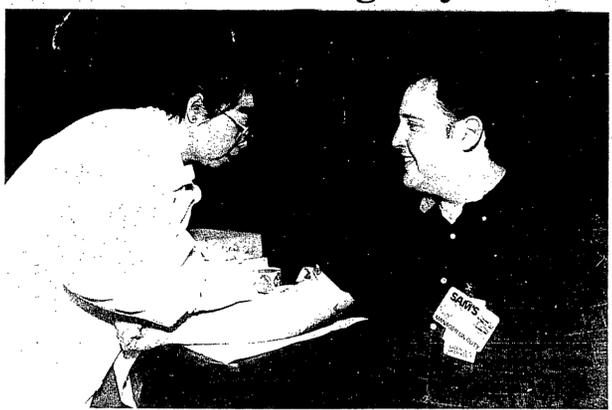


Photo by Mike Heuel
A United Blood Services technician prepares to draw two tablespoons of blood from Tony Aguirre of Schaumburg, manager of Sam's Club, 101 W. Oakton, Des Plaines, where the Leukemia Research Foundation conducted its Bone Marrow Registry Drive Feb. 11. The blood sample is sent to the National Marrow Donor Registry and kept on file until the donor reaches age 55. One day Tony's registration could provide a life-saving match for a leukemia patient waiting for a bone marrow transplant. Shannon Ryan, assistant to the Executive Director of the Leukemia Research Foundation, said that 55 people registered.

USE THE BUGLE

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Too old to eat right?

Is there an age when it doesn't matter anymore what you eat? A study in the *Journal of the American Medical Association* reported that people over the age of 70 with high blood cholesterol did not have any more heart attacks or deaths from heart disease than those with normal cholesterol levels. Some people think these results mean that we can eat whatever we want in our later years with no negative consequences. What are the reasons for this?

Yale University study findings? Researchers are not certain. Because it was conducted over only four years, the subjects' cholesterol levels may have risen only in a short time and may not have had enough time to cause damage. Or perhaps they were not affected by high cholesterol levels for other reasons.

Whatever the answer is, it's important to understand that there is more to good nutrition than maintaining a low cholesterol level. Our needs for protein, vitamins and minerals remain about the same as we get older. That means a shortage of nutrients can still have a significant impact on energy level, immune function, and other aspects of our health - maybe even more so as we age.

Our cancer risk may also remain strongly influenced by our diet. There is no known age at which we escape the influence of nutrition on the development of cancer. Most researchers believe that all adults have cells that have been damaged by cancer-causing substances. Although not all damaged cells develop into cancer, they can be more likely to do so if our diets are too high in fat or too low in vitamins and plant chemicals that protect us from harmful cells changes.

This is not to say that we should spend our final years deprived of all our favorite foods. However, it is possible to eat high-fat foods in moderation and still leave room for an abundance of fruits, vegetables, and grain products. These dietary guidelines are recommended by organizations like the American Institute for Cancer Research for people of all ages.

Seniors: Sick of Winter? Join mystery get-away

Maine Township Seniors will have a chance next month to get away from the cold and cabin fever of Chicago's long winter, but they won't know where they're going until they get there.

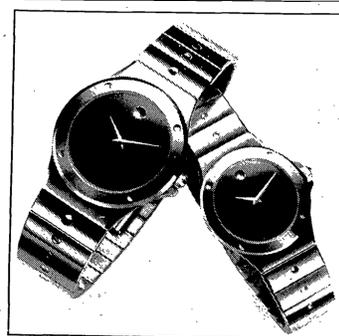
The "Merry Madcap Mystery Tour" is scheduled for March 23 through 28. The cost of the trip is \$759 per person, double occupancy, and \$926 per person, single occupancy. A \$50 deposit is required and reservations are being accepted on a first-come, first-served basis. Final payment is due by Feb. 16. For more information, call Sue Neuschel, Director of Adult & Senior Services, at 297-2510.

The cost of the trip includes deluxe motorcoach transportation, deluxe accommodations for five nights, five breakfasts, two lunches, five dinners, all entertainment and admission charges, all taxes and tips, the services of an American Classic Tour Director and a Mystery Club gift.

Tour participants will receive daily itineraries in riddle form and gift clues. They also will meet special "mystery guests" from the areas they visit.

About two weeks before the tour starts, participants will receive a letter informing them how to pack and prepare for the trip.

More than 3,800 residents are part of the Maine Township Seniors. Most activities are limited to members, but there's no cost to join and new members always are welcome. Residents who wish to enroll must be at least 65 years old and live in Maine Township.



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USE THE BUGLE

Morton Grove Senior Citizens 470-5223

VISUALLY IMPAIRED MOTIVATORS

Morton Grove's support group for people with visual impairments will hold their next meeting at 10 a.m. on Tuesday, Feb. 21 in the Flickinger Senior Center. Helpful information and supportive interaction will assist participants adjust to their impairments. For more information, or to arrange for transportation, call the Senior Hot Line at 470-5223.

GOLF MILL

The Morton Grove Senior Center takes special shopping trips to Golf Mill on the last Wednesday of every month. In February, pick-ups begin at 9:30 a.m. on Wednesday, Feb. 22, with a return trip at 1:30 p.m. The trip is free for all Morton Grove residents over age 55. For a reservation call the Morton Grove Senior Hot Line at 470-5223.

GANGSTERTOWN

Enjoy a great afternoon with Mayor "Big Bill" Thompson and his gal Roxie. The bash (reported as a fund raiser for the Mayor's re-election coffers) will be held on Thursday, Feb. 23 at Gangster-town, a Roaring Twenties Speakeasy. The Mayor's charming bad guys and gorgeous flappers will sing and dance to some of the best songs of Cole Porter, George Gershwin and Duke Ellington. As for the food, the Mayor will serve nothing but the best! An Italian feast of homemade soups, salads, pasta, chicken vesuvio, oven roasted potatoes, bakery bread and Italian cookies. What more could you ask for? Seniors will leave the Prairie View Community Center at 11 a.m. and return around 3:30 p.m. The cost is \$39.50 and \$43.50 for non-residents. For details call Catherine Dean, 965-7447.

ETHNIC TOUR OF CHICAGO

Join the Prairie View Travel Club for a delightful pre-holiday ethnic tour of Chicago on Tuesday, March 28. Seniors will visit and sample specialties at a family-owned Greek bakery. Tour the Mexican Fine Arts Center and see the surrounding neighborhood which is an outdoor gallery for the Mural Arts Movement in Chicago. The tour also includes the Holy Trinity Cathedral. Louis Sullivan's landmark Russian Orthodox Church and at the Ukrainian National Museum see a demonstration of the centuries-old folk art of egg decorating. A delicious meal will be enjoyed in Chinatown. The bus for this fun-filled trip will leave Prairie View at 9 a.m. and return at approximately 4 p.m. The cost is \$48 for residents and \$58 for non-residents. Please sign up by Feb. 28 at Prairie View. For further information call Catherine Dean at the Morton Grove Park District, 965-7447.

HOT LUNCHES

Hot lunches are now being served at 11:45 a.m. every Monday, Wednesday and Friday in the Flickinger Senior Center to seniors age 60+. Nutritious lunches and exciting activities are being scheduled. The Community Nutrition Network, Inc. operates this program and the lunches are precisely one third of a senior's recommended dietary allowance (RDA). Not only that, they're delicious too. The cost of a meal is by donation with the suggested contribution being \$1.25. Up to 60 diners are served each day and reservations are required. For more information about the lunches or about transportation to the center, call the Morton Grove Senior Hot Line at 470-5223.

MORTON GROVE CHIMERS

Learning, growing and taking risks are some of the fundamentals to staying young while aging. An enthusiastic group of budding musicians have been enjoying extended "youthness" as they practice up a storm at the Flickinger Senior Center. The melodic tones have resounded from the Morton Grove Chimers every Monday and Thursday afternoon from 1:45 to 3 p.m. Many of the participants have latent musical talent from their childhoods and some have no experience at all. They get together to practice, practice and practice; the exercise itself being as much fun as the sounds produced. Individuals with little or intermediate musical experience are welcome to join, as substitute chimers are now needed. The Chimers are preparing for their spring concerts at nearby nursing homes with such tunes as "Singin' In The Rain," "Roses Are Red," "Now Is The Hour," "For Me And My Girl" and "Make Believe." If interested call the Senior Center at 470-5246.

PROPERTY TAX DEFERRAL

The Illinois Real Estate Tax Deferral Program is now taking applications from eligible seniors (the program is open from Jan. 1 to March 1 of every year). Seniors who are age 65 or older and have an annual household income below \$25,000 may apply to defer part or all of their property taxes on their personal residences. The deferral is actually a low interest loan which must be repaid after the taxpayer's death or at the time the property is sold. Other requirements for the Tax Deferral Program are that there are no delinquent taxes on the property, the property has to have fire/casualty insurance and be non-income producing. The deed to the property must be in the name of the applicant or the applicant and spouse. Single-family homes, condominiums and cooperative units are eligible for tax deferral. To file for the Real Estate Tax Deferral Program, interested individuals should contact the Cook County Collector's office for the proper forms at (312) 443-6204.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at (708) 470-5223, or the Prairie View Community Center at (708) 965-7447. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053.

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E & J BRANDY \$12.99 1.75 LITER

Church & Temple News

Anniversary Sunday at Edison Park Lutheran Church

Edison Park Lutheran Church, 6626 N. Oliphant, Chicago, will celebrate its 68th anniversary on Sunday, Feb. 26. Worship will be at 7:30 a.m.; 8:30 a.m. and 11 a.m.

Guest preacher for Anniversary Sunday will be the Rev. J. Thomas Householder. Pastor Householder served as Senior Pastor at Edison Park Lutheran Church from August 5, 1979, un-

til December 25, 1988. Pastor Householder left Edison Park Lutheran in 1988 when he accepted a call to Faith Lutheran church in Prairie Village, Kansas.

Pastor Householder will preach at all three services on February 26. At 9:45 a.m. there will be a special Fellowship Hour in celebration of the 68th Anniversary and of Pastor Householder's visit.

Grief and loss support group

Coping with loss is a learned experience. We all suffer from grief at one time or another. The grief can develop from a death, an illness, the loss of a job, a divorce or from other causes. Many people who need help with family or personal problems are embarrassed or reluctant to talk about their needs. Although the northwest suburban area is a relatively affluent one, there are many residents who have needs that are unmet.

Because of this, The Center of Concert, 1580 N. Northwest Hwy., Park Ridge, is beginning a Grief and Loss Support Group. This group will meet in its offices.

The facilitator of this group will be Des Plaines resident, Leo Berman, M.S.D. His work experience has been with the Institute of Psychotherapy, Lutheran General Hospital, Park Ridge, and in private practice counseling clients on a one-on-one basis.

If you or somebody you know could benefit from attending this Grief and Loss Support Group, or from individual counseling, call (708) 823-0453. The Center of Concert will be happy to assist you.

Bereaved Parents support group

Parents who have suffered the death of a child from illness or accident are invited to attend the Support Group for Bereaved Parents at The Evanston Hospital.

The group will meet from 7:30 to 9 p.m., Tuesday, Feb. 28 in Room G952 and G956 of The Evanston Hospital, 2650 Ridge Ave., Evanston. The monthly group is facilitated by David Guterman, M.A., psychologist, and Sorrelle Yones, M.Ed., coordinator of the Child Life Program at The Evanston Hospital.

The support group is open to the public free of charge. For more information call (708) 570-2882.

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Men's Club sponsors Feb. breakfasts

The Sunday Morning Breakfasts sponsored by the Men's Club of Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove will be held on Sundays February 19 and 26.

On Feb. 19, a video will be shown titled, "A Time To Mourn 'The Wise Men of Chelm' at Temple Beth-El"

The Temple Beth-El Sisterhood will sponsor a performance of "The Wise Men of Chelm," a Stage Two Children's Theater Production, on Saturday, Feb. 25, at Temple Beth-El, 3610 Dundee Rd., Northbrook at 5 p.m.

The performance, including a supper, will be preceded by a Family Havdalah Service. This entertaining show is open to the community. The cost of the supper is \$3 per person. Children free.

Humorous tales have been told of the sheit of Chelm and its wonderfully ridiculous inhabitants for almost 500 years. This delightful rendition of traditional and ethnic stories is designed to entertain kids and people of all ages in this educational and fun presentation.

For tickets call the Temple Beth-El office at (708) 205-9982. Advance reservations would be appreciated.

Church organ restoration spaghetti dinner

The Organ Committee at First United Methodist Church in Park Ridge is sponsoring "Abundantza" Spaghetti Dinner on Friday, Feb. 17 from 5 to 7:30 p.m.

The menu includes all-you-can-eat homemade spaghetti, salad with a variety of dressings, garlic bread, coffee/tea/milk and dessert. Light musical entertainment will be provided.

Tickets may be purchased in advance through the church office at (708) 825-3144, \$6 per adult and \$15 per family, or at the door for an additional \$1. Proceeds from the dinner will help fund the pipe organ restoration.

First United Methodist Church is located at 418 Touhy Ave. and is handicapped accessible.

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OBITUARIES

Anna L. Welsch

Anna L. Welsch, 91, of Lexington, KY, died Feb. 4 at the Sayre Christian Village Nursing Home in Lexington, KY.

Miss Welsch retired in 1968 as an Executive Secretary for the Armour Company in Chicago, after 38 years.

She is survived by a brother, John (Grace) Welsch, of Skokie; a nephew, Jack Welsch, of Lexington, KY; a great niece and a great nephew.

Funeral Mass was held Feb. 7 at St. Lambert Church in Skokie. Interment was in St. Mary Cemetery, Evergreen Park, IL.

Arrangements were made through Haben Funeral Home, 8057 Niles Center Rd., Skokie.

Frank Giamarese

Frank Giamarese, 86, of Morton Grove, died Feb. 5 suddenly at his residence. Mr. Giamarese was retired as a Supervisor for John Sexton Company. He was preceded in death by his wife, Lucille. He is survived by his daughter, Sally (Tom) Durso, of Morton Grove and a son, Nick (Betty) Giamarese; eight grandchildren; seven great grandchildren; and a sister, Marie Farr.

Funeral Mass was held Feb. 7 at St. Peter Church, Skokie. Entombment was at St. Joseph Cemetery, River Grove, IL.

Arrangements were made through Haben Funeral Home, 8057 Niles Center Rd., Skokie.

Alvira J. "Lee" Henrici Alvira J. "Lee" Henrici, nee Mueller, age 71, of Ontarioville, IL, formerly of Skokie, died Feb. 5 at the Suburban Hospital, Hinsdale, IL.

Mrs. Henrici is survived by her husband, Nicholas, daughters, Jacqueline (Truman) Fisher and Randi (William) Greshner, a granddaughter, Nicole; a brother, LeRoy Mueller; and a sister, Winifred Pump.

Funeral service was held Feb. 8 at Haben Funeral Home, 8057 Niles Center Rd., Skokie with the Rev. Tony Davison officiating.

Interment was held at St. Peter United Church Cemetery, Skokie. Memorial contributions may be made to the Chicago Lung Association, 1440 W. Washington Blvd., Chicago, IL 60607-1878.

Joseph L. Bleser Joseph L. Bleser, 87, of Skokie died on Jan. 31. Services were at St. Peter Catholic Church in Skokie with Rev. Henry Krick officiating on Feb. 3. He is survived by a sister, Elizabeth Johnson of Arkansas and many nieces and nephews.

Burial was at Memorial Park Cemetery. Funeral arrangements were made by Haben Funeral Home, Skokie, Wilmette.

Phillip Mildenerberger Phillip Mildenerberger, 72, of Morton Grove died on Feb. 6 at Bethany Terrace Nursing Center in Morton Grove. Surviving wife is Carolyn nee Hungerford, a son Mark Mildenerberger, Brothers and sisters: Adam, Louis, and Bud and the late John, Peter, Joseph, Jacob, Walter and Ann Weinbender.

Memorial Service was at Simkins Funeral Home on Feb. 11 at 1 p.m. Burial was private. Send memorials to March of Dimes.

Funeral arrangements were made by Simkins Funeral Home, 6251 Dempster St., Morton Grove, Phone (708) 965-2500.

OCC course in Physical, Assessment Skills for Nurses

MONNACEP, Oakton Community College's Adult Continuing Education Program, is offering Physical Assessment Skills for Nurses on Sundays, Feb. 19 and 26, and March 5 and 12 from 8:30 a.m. to 4:30 p.m. at Oakton's Des Plaines campus, 1600 E. Golf Rd. This class is taught by Virginia Rogers, RN, MSN.

This offering is designed for the nurse who wishes to gain in-depth knowledge and practical expertise in the skills of inspection, palpation, percussion and auscultation. Content focuses on the normal and abnormal findings of the head, neck, eyes, ears, chest, heart, abdomen, musculoskeletal and neurological systems.

Each session includes classroom instruction followed by supervised laboratory practice with a lab partner. Participants are asked to bring a stethoscope to class.

The course meets criteria for 33 contact hours. The fee for the course is \$229 and includes text, instruction and handouts.

Oakton Community College/MONNACEP is approved as a provider of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation.

For more information, call (708) 635-1794.

Each winner receives an \$1,800 tuition scholarship. The deadlines are February 1, May 1, August 1, and November 1 of each year.

For information, call (312) 777-4220.

NBC scholarship winners

Northwestern Business College has awarded Gabriel Ciupek, Travel Major, a 1994 graduate of Maine East High School its Academic Scholarship for the 1994-95 Winter Quarter.

Each quarter the College awards Academic Scholarships for its associate degree majors. Any high school graduate or equivalent who enrolls at NBC is eligible to apply.

Each winner receives an \$1,800 tuition scholarship. The deadlines are February 1, May 1, August 1, and November 1 of each year.

For information, call (312) 777-4220.

Area News

Fifth grade scientists

Recently the 5th grade students of Nelson Elementary School became zoologists. As a culminating activity to the Science Units on Vertebrate Animals, the students used owl pellets to reconstruct the remains of various small animals ingested by the owls.

Each group of three children received a specially treated pellet, dissecting tools and a diagram of various skeletons. The children dissected the pellet, classified the various bones and reconstructed the skeleton following various diagrams. In addition, worksheets provided information about the eating habits of owls. Children used math skills such as graphing and working with ratios and percentages to chart and made predictions.

Gemini students wins essay contest

Karim Merchant, eight grade Gemini student, won one of two prizes, from among 80 entries, in an essay contest sponsored by the Women's Club of Niles.

Karim received a \$100.00 Savings Bond at the club meeting on January 25, where he read his composition, "The World in the Year 2000."

Apollo Science Fair

The Apollo School, 10100 Dee Road, Des Plaines will be holding a Science Fair on Feb. 23. Certificates will be awarded for 1st, 2nd and 3rd Place overall and for 1st Place in each grade. Honorable mention certificates also will be presented. The projects submitted will be appropriate to all age and grade levels.

The projects range from simple demonstrations to complex experiments. The top honors, however, will probably be awarded to those demonstrating the actual scientific process. They will be judged based on the principles of scientific method and a written abstract will be required.

George Barletta, Team Three

Washington School kicks spirit into high gear

The word "Washington" acquired a special meaning for the students at Washington School after a special school assembly was held on Jan. 6.

For the past two months, school staff members have been planning a new School Spirit Program which is directed to helping students develop positive character traits, increase self-esteem, and improve interpersonal relationship skills. Monthly themes have been developed and assigned to each letter of the word "Washington" and will be introduced to the students and implemented in class by various activities.

The themes are: "W" - willingness to learn with a positive attitude, "A" - accepting responsibility and being honest, "O" - sharing and group cooperation, "H" - hygiene and personal appearance, "I" - I am special, "N" - negotiating conflicts peacefully, "G" - good decision making, "T" - tolerance of others and of our differences, "O" - organizing ourselves and our work, and "N" - now we're winners!

Principal Bob Jablon explained the goals of the new school spirit program during the kick-off assembly held on Jan. 6. Student council members carried theme signs, the Washington Wildcat made a grand entrance accompanied to the Bulls theme song and the entire school joined in signing the official school song.

Washington School is located at 2710 Golf Rd. in Glenview and is one of four elementary schools in East Main School District 63. For further information, contact (708) 965-4780.

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INSTITUTION	LOAN TYPE	DOWN PAYMENT	TERM	RATE	POINTS	APR
AAA HOME FINANCE 3619 W. Devon Ave. Chicago, IL 60659 (312) 866-1AAA (Broker)	Fixed	5%	30	9.000	0.00%	
	Fixed	5%	15	8.750	0.00%	
	Fixed	5%	20	9.000	0.00%	
	Adjustable	10%	1	6.875	0.00%	
	Adjustable	10%	3/1 Year	8.250	0.00%	
AFFORDABLE MORTGAGE 950 N. Milwaukee #204 Glenview, IL 60025 (708) 298-9590 (Broker)	Fixed	5%	30	9.000	0.00%	Conf/Jumbo
	Fixed	5%	15	8.625	0.00%	Conf/Jumbo
	Arm	5%	3/3 Arm	8.125	0.00%	Conf/Jumbo
	Arm	10%	5/5 Arm	8.500	0.00%	Conf/Jumbo
	Arm	10%	1 Year	6.875	0.00%	Conf/Jumbo
ILLINOIS HOME MORTGAGE CORP. 330 E. Algonquin Arlington Heights, IL 60005 (708) 290-0971 (Lender/Broker)	Fixed	5%	30	9.250	0.00%	Locked 60 Days
	Fixed	10%	15	8.875	0.00%	Locked 60 Days
	Adjustable 5/1 Arm	5%	30	8.750	0.00%	Locked 60 Days
	Adjustable 3/1 Arm	5%	30	8.500	0.00%	Locked 60 Days
	Balloon	10%	7 Year	8.875	0.00%	Locked 60 Days
LONG GROVE MORTGAGE BANCORP Long Grove Executive House Long Grove, IL 60047 (708) 634-2252 (Lender/Broker)	6 Month Cofi Arm	10%	30 or 40	5.950	0.625%	No Neg AM
	5/1 Arm	10%	30	7.875	2.500%	Conf/Jumbo
	30 Year Fixed	5%	30	8.375	2.750%	Conf/Jumbo
	30 Year Fixed	10%	30	9.125	0.00%	Jumbo
	15 Year Fixed	10%	30	8.730	0.00%	Jumbo
MAINE MORTGAGE CO. 430 Touhy Ave. Park Ridge, IL 60068 (708) 292-6500 (Broker)	Fixed	5%	30	9.125	0.00%	
	Fixed	5%	15	8.500	0.00%	
	Adjustable	10%	5/5 Arm	8.500	0.00%	
	Adjustable	10%	3/3 Arm	8.000	0.00%	
	Adjustable	10%	1 Year	7.000	0.00%	
RES-COM MORTGAGE CO. 9101 Greenwood Ave. Niles, IL 60714 (708) 296-0300 (Broker)	Fixed	3%	30	9.250	0.00%	No Income & Assa
	Fixed	5%	30	9.250	0.00%	Verification
	Fixed	5%	20	9.125	0.00%	& 100%
	Fixed	5%	15	8.870	0.00%	Equity Loans
	Adjustable	10%	1	7.500	0.00%	Available

Health News

UOA Chapter to learn about Friends of Ostomates Worldwide

The work of Friends of Ostomates Worldwide will be explained in a slide show when the United Ostomy Association's North Suburban Chicago Chapter meets at 8 p.m. Wednesday, Feb. 22, in the East Dining Room (10th floor) of Lutheran General Hospital, 1775 Dempster St., Park Ridge.

Friends of Ostomates Worldwide, a non-profit organization staffed entirely by volunteers, collects ostomy products and literature from suppliers, UOA

chapters and other sources and sends them to ostomates throughout the world who are in need. During the past year alone, its volunteers shipped nearly 16,000 pounds of surplus ostomy products to 11 nations.

The program will also include a short talk by a nurse especially trained to deal with ostomates. People with ostomies or related conditions, family members and friends are welcome.

Ostomy surgery is a procedure required when a person has lost the normal function of the bowel or bladder because of birth defects, injury or diseases, such as colon-rectal cancer, ulcerative colitis and Crohn's disease.

The chapter meets the fourth Wednesday of each month at Lutheran General. For more information on the group or the meeting, call (708) 677-8284.



Don't Rip It Up, Restore Dirty Carpet

Thinking about ripping up that old carpet in your home or business because it just won't come clean? You might want to think again.

The experts from Professional Cleaning Systems may be able to restore it, and at an affordable price. The husband-wife team of Dan and Carla North believe that with a little "elbow grease" they can restore just about any carpet or upholstered furniture that looks hopeless.

"Where a lot of other companies fail, I think we are experts at getting out the tough stains, and we can do it at an affordable price."

A free CPR class, open to anyone interested in learning cardiopulmonary resuscitation skills is being offered by Forest Health Systems in conjunction with the Illinois Hospital Association's "Save A Life Week."

The class will be held on Tuesday, Feb. 21, from 9 a.m. to 4 p.m. at Forest Hospital, 555 Wilson Lane, Des Plaines. Registration is required.

Following the free February course, Forest will offer a monthly class beginning in April for a fee of \$20 per person. Call (708) 635-4100, extension 108, for further information.

PROFESSIONAL CLEANING SYSTEMS
(708) 452-5908

Free CPR training offered at Forest Hospital

Throughout the United States each year, hundreds of otherwise-ordinary people—including baby-sitters, parents, teachers, and co-workers—become sudden heroes, using their CPR training to help save a life.

A free CPR class, open to anyone interested in learning cardiopulmonary resuscitation skills is being offered by Forest Health Systems in conjunction with the Illinois Hospital Association's "Save A Life Week."

The class will be held on Tuesday, Feb. 21, from 9 a.m. to 4 p.m. at Forest Hospital, 555 Wilson Lane, Des Plaines. Registration is required.

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Balija named Executive Director of AADE

The American Association of Diabetes Educators (AADE) has named James J. Balija of Park Ridge, as the organization's new executive director.

Balija has a strong background in Chicago-based healthcare associations including the American Dental Association, the American College of Surgeons and the American Medical Association. Prior to coming on board with AADE, Balija spent nine years with the American Osteopathic Association in Chicago where he was director of member services.

"AADE is the dedicated voice for the specialty practice of diabetes education," said AADE president Sue Thom, RD, LD, and certified diabetes educator. "Our members look to this organization as a resource and we are confident and enthusiastic about Jim's ability to respond to members' needs and to help us to achieve our goals."

Balija holds a bachelor of arts degree from Niles College of Loyola University, Chicago, and a master of divinity degree from St. Mary of the Lake University, Mundelein. He is also the 1994-95 president of the Chicago Association of Healthcare Executives and is a member of the American Society of Association Executives.

MS support groups meet

The support group of Northwestern's Comprehensive Multiple Sclerosis Program will meet Thursday, Feb. 23, from 10 a.m. to 12:30 p.m., at the Rehabilitation Institute of Chicago (RIC), 345 E. Superior. The topic will be "Coping with Disability: The Patient's Perspective."

The MS Support Group for family and friends will meet Tuesday, Feb. 21, from 7 to 8:30 p.m. at RIC. The topic will be "Caregivers Concerns: How to Deal with Depression—Your Relatives' and Your Own."

Both meetings are free and open to the public. Free parking is available at the new garage at 321 E. Erie. Be sure to bring your parking ticket to the meeting for validation. Refreshments are served at every meeting.

For further information, call Roberta Winter at (312) 908-5381.

CPR training at Rush North Shore Center

Rush North Shore Medical Center offers CPR (Cardiopulmonary Resuscitation) training two evenings each month for certification.

For more information or to register, call Rush North Shore's Public Relations Department at (708) 933-6425.

Check your blood pressure lately?

Visit Holy Family's outpatient lobby the first Wednesday of each month from 1:30 to 3 p.m. and have your blood pressure checked free. Holy Family is located at the corner of Golf and River roads in Des Plaines. For more information, call MedConnection, Holy Family's free physician referral and appointment service at (708) 297-1800, ext. 1110.

'You Are What You Eat'



Lutheran General Children's Hospital Kids' Corps member Dana Sunga of Niles, a 6th grader at Our Lady of Ransom school shows off "Banana Boat," a healthy snack created at "You Are What You Eat!," held on Tuesday, Feb. 17. The children of Kids' Corps examined their eating habits while creating fun and healthy snacks. Kids' Corps is a group of 4th through 6th graders who have been chosen to be ambassadors of healthy living for the Children's Hospital.

Jacobs Healthcare donates medical supplies for Drason Pace

The employees of Jacobs Healthcare Systems, Inc. have offered to donate all medication needed by Drason Pace, the son of Niles North Earth Science teacher Mark Pace and his wife, former Niles North science lab assistant Carolyn Pace. Currently the Paces pay approximately \$1000 per month for the eight medications Drason must take in order to fully recover and continue to stay healthy.

Further fundraisers are still scheduled for the Pace Medical Fund, established to help the Pace family meet the financial obligations of Drason's operation and continuing care. Upcoming events include an auction at the North Shore Hilton on Sunday, Feb. 19.

For further information about the Jacobs Healthcare Systems donation, or for more information regarding the Pace Medical Fund, contact Dave Schusteff at (708) 673-6900.

Alzheimer's patients needed for drug study

Researchers at Northwestern University Medical School need patients for a study using an experimental drug for the treatment of Alzheimer's disease.

Patients must be at least 50 years old and must have been diagnosed with probable mild to moderate Alzheimer's disease. There should be no evidence of significant physical illness, including severe chronic pulmonary disease, psychiatric or neurological disorders other than Alzheimer's disease, severe cardiovascular disease or impaired kidney or liver function.

Study participants will be seen on an outpatient basis over a 26-week period, and a caregiver must accompany the patient to each visit. For more information, call Maureen Moran at (312) 503-0500.

and while the operation was successful, Drason will continue to need steroids and immunosuppressant drugs for the rest of his life. As neither the transplant nor the ongoing treatment are covered by insurance, the actions of the Jacobs Healthcare employees represent a significant financial donation.

Further fundraisers are still scheduled for the Pace Medical Fund, established to help the Pace family meet the financial obligations of Drason's operation and continuing care. Upcoming events include an auction at the North Shore Hilton on Sunday, Feb. 19.

For further information about the Jacobs Healthcare Systems donation, or for more information regarding the Pace Medical Fund, contact Dave Schusteff at (708) 673-6900.

Mended Hearts meeting at Rush

"Mended Hearts," an education/support group arranged and run by people who have been affected by heart disease, will meet in Rush North Shore Medical Center's Sharfstein Academic Center, Monday, Feb. 20, at 7 p.m.

Sushil Sharma, M.D., a cardiologist, will speak on new procedures in cardiac care. Meetings are also devoted to discussion, social interaction and mutual support.

The meetings are open to the general public. There is no charge to attend. For more information, call Rush North Shore Medical Center's Cardiac Rehab Program at (708) 933-6175.

Keep Fit!

Galter Foundation gives \$3 million to SCH



Chicago philanthropist Dolie Galter (second from right) announced a \$3 million donation to go toward the construction of an ambulatory/surgery building at Swedish Covenant Hospital, 5145 N. California. Seen here at Swedish Covenant's recent Benefit Gala when the surprise announcement was made are: (from l.) Dr. and Mrs. Noel Nequin and hospital president Edward A. Cucchi. The funds will come from the Galter foundation which was established by Dolie and her late husband Jack. Among other services planned for the new facility are outpatient surgery, family practice and oncology. Dr. and Mrs. Nequin served as co-chairs for the Gala. Dr. Nequin is medical director of SCH's Cardiac Rehabilitation Center.

Ballard staff 'adopts' family in Des Plaines

Instead of buying gifts for each other this holiday season, staff members at Ballard, a healthcare residence in Des Plaines, decided to buy gifts for an "adopted" family. Ballard contacted Our Lady of Ransom, a church in Niles, for the name of a needy family in Des Plaines.

"We were given a family of six, as well two children in another family," said Fran Vitacco, Ballard's director of materials management who coordinated the project. "Our Lady of Ransom was able to give us the names, ages and sex of the children, which was nice. We knew who we were buying the presents for and had some fun picking out things the kids might like."

Ballard was able to personally deliver the gifts to the family. "It was nice to be able to see the kids, meet the family and just wish them a Merry Christmas," said Kristin Joyce, Ballard's director of community services and one of the volunteers who delivered the gifts. "The kids were excited to see us, and both the parents and kids alike were very appreciative. It was definitely a worthwhile project that we will probably do again next year."

Volunteers sought for arthritis study

Determining the effectiveness of a new drug in alleviating the swelling of joints in people who have rheumatoid arthritis is the goal of a study at Rush-Presbyterian-St. Luke's Medical Center.

Rheumatoid arthritis is an inflammatory disease that affects more than 2 million people in the United States, most of them women in their forties. More than half of the people who have rheumatoid arthritis experience substantial functional loss in the affected joints within five years.

Researchers at Rush are seeking volunteers aged 18 to 74 years old who have rheumatoid arthritis.

For more information regarding the study, call (312) 942-2159.

Evanston Hospital health care winner

The National Committee for Quality Health Care presented Evanston Hospital Corp. with its 1995 National Quality Health Care Award, Jan. 31 at a dinner sponsored by Modern Healthcare during the Committee's annual meeting.

Managed care has been a driver in implementing successful "critical pathways," Mark Neaman, Evanston's president and CEO told the weekly healthcare business news magazine.

Among the earliest results of the \$400 million not-for-profit Evanston Hospital Corp.'s efforts was a 33 percent reduction in the length of stay for patients who undergo total hip replacement surgery.

Meeting to help Sjogren's Syndrome patients out

Jacquelyne P. Corey, M.D., F.A.C.S., an otolaryngologist and allergist who is an associate professor of surgery at the University of Chicago, will discuss the drying effects of Sjogren's Syndrome at a meeting sponsored by the Chicago Sjogren's Syndrome Support Group.

Sjogren's Syndrome is an autoimmune disease that damages the body's moisture-producing glands, causing pain in the ears, nose and throat, impaired sense of taste and smell, and difficulty chewing and swallowing food.

The meeting will take place from 1 to 3:30 p.m. on Sunday, Feb. 26, at Johnson Auditorium, Parkside Center, Lutheran General Hospital Complex, 1875 Dempster, Park Ridge. The meeting is open to the public. Admission is free.

Dr. Corey will explain how Sjogren's Syndrome affects the ears, nose and throat and will discuss the benefits and side effects of various nasal sprays, throat lozenges and artificial saliva preparations available to patients. A question and answer session will follow Dr. Corey's presentation. Free samples of over-the-counter products to relieve many Sjogren's Syndrome symptoms will be available at the meeting.

For more information and to register, call (708) 369-4577.

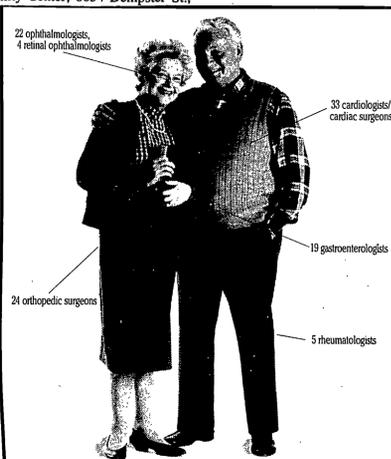
Health News

Stress management program at Prairie View

"Managing Stress: Ideas You May Not Have Heard Before," a program sponsored by the Senior Health Program of Rush North Shore Medical Center, will be held on Wednesday, Feb. 22, at 7 p.m. at the Morton Grove Park District's Prairie View Community Center, 6834 Dempster St.,

Morton Grove. Dr. Marianne Brady, a psychologist, will explore different ways to deal with stress.

For more information or to make a reservation, call the Rush North Shore Referral Line at (708) 933-6000.



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Women's News

Childbirth preparation class

Holy Family offers a childbirth preparation class that will help you get ready for your new addition and can be started anytime during pregnancy.

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The prenatal childbirth class covers topics such as breathing techniques, birthing, nutrition, fetal development, exercises, labor and postpartum. The next session is scheduled for March 1 and runs every Wednesday through April 5 with a review class April 12.

The fee for the childbirth class is \$90 per couple. The group meets in the Des Plaines room at Holy Family Medical Center, Golf and River roads in Des Plaines.

Skokie Valley Women's Club to hold meeting

The Skokie Valley Business and Professional Women's Club will hold its Monday, Feb. 20 meeting at the North Shore Hilton, 9599 Skokie Blvd., Skokie. The featured speaker will be Gail L. Rousseau, M.D., Director of the Chicago Institute of Neurosurgery and Neuro-research. The 5 minute speaker will be Susan Winkelstein, "What's a nice girl like you doing in a business like this?"

Networking will take place at 5:30 p.m. followed by dinner at 6:30 p.m. Cost is \$18 (including dinner).

For reservations please call Irene Montwill at (708) 965-2097 or Selma Probst (708) 676-1160 before Feb. 17.

Mid-winter beauty rituals

Learning how to pamper yourself is one New Year's resolution worth keeping. After a frenzied holiday season and throughout the rest of the year, rejuvenate yourself with an herbal or flavored tea beverage. Whether hot or iced, these special teas are the perfect antidote to a stressful day.

While sipping these delightful drinks, restore your peace of mind by conjuring up pleasant images, such as a favorite activity or vacation spot. Then reward yourself with an herbal bath or facial. These relaxing rituals will help you regain your perspective on the world, so you can keep the rest of those New Year resolutions.

Herbal Bath
 The subtle perfume of an herbal bath is calming, and some say that the special qualities of certain herbs can soothe and cleanse your skin. For example, rosehips

Volunteers sought for Women's health study

Volunteers are needed for a study of women's health issues being conducted by Illinois Institute of Technology and other area universities.

Caucasian women ages 25-40 who are not currently pregnant or nursing, who have little or no college education and whose household incomes are less than \$35,000 are needed for the survey.

The survey will take an average of about one hour. Participants will be paid \$20 cash. For more information, call (312) 567-8922.

NAWBO meeting addresses car buying

The Chicago Area Chapter National Association of Women Business Owners (NAWBO) will hold a dinner meeting on "How to Buy a Car and Not Get Ripped Off," on Wednesday, Feb. 22, at the Old Carolina Crab House, 465 E. Illinois-North Pier. The featured speaker is Shirley Gross-Moore, owner and president of Barrington Dodge.

The event starts at 5:30 p.m. The cost is \$30 for NAWBO members and \$35 for non-members. Call the NAWBO office at (312) 322-0900 to register.

is an herb said to have moisturizing properties.

To take an herbal bath, simply tie two or three herbal tea bags together or prepare an infusion of your favorite herbal tea and add to your bath while the water is running. To prepare an infusion:

- Bring cold, fresh water to a boil.
- For a basic beauty recipe, use one pint of water and five to six tea bags per preparation.

- Always remember, never boil herbal or flavored tea bags, because it affects the quality of the preparation. Instead, pour fresh boiling water over the tea bags and allow to brew for 15-20 minutes. For a more concentrated preparation, steep for up to three hours (always keep the pot covered during steeping).
- Use only crockery, glass or ceramic pots, or stainless steel or enamel pans. Don't use aluminum or Teflon pans to steep herbal teas as they will discolor.
- Use thoroughly cleaned jars or bottles for storing your infusion, then refrigerate. Always clean your hands thoroughly before you make an herbal beauty preparation.

Facials
 An herbal facial can lift your spirits. All you need to do is boil water and pour into a wide, shallow bowl over chamomile tea bags. Then, make a tent over your head with a towel, and let your face steam for five minutes.

Also, give your face an old fashioned milk bath. Soak three or four chamomile herbal tea bags in cold milk for several hours and use to bathe your face in an indulging ritual that smooths the complexion.

Rush sponsors 'Focus on Midlife'

"Focus on Midlife," a program sponsored by Rush North Shore Medical Center's Women's Health Program and St. Peter's Catholic Women's Club of Skokie, will be held on Tuesday, Feb. 21, 7:30 p.m. in Rush North Shore's Sharfstein Academic Center.

Alan Reich, M.D., will discuss ways to prevent osteoporosis, and Elaine Shepp, M.S.W., will explore various psychological aspects of growing older. The program is free of charge. For more information or to make a reservation, call the Rush North Shore Referral Line at (708) 933-6000.

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Women's News

1995 Jazzercise Marathon to support breast cancer

The 1995 Jazzercise Marathon to benefit breast cancer research at Rush-Presbyterian-St. Luke's Medical Center will take place on Saturday, Feb. 25 from 9 a.m. to 1 p.m. The marathon will occur simultaneously at 23 sites in the Chicagoland area, Wisconsin and Iowa.

Each year 185,000 people learn they have breast cancer. The average woman has a 1 in 8 chance of developing breast cancer in her lifetime. Local members of Jazzercise want to do everything they can to diminish this statistic by raising money for breast cancer research.

Jazzercise participants at the sites will dance/exercise for four hours in hopes of raising more than \$200,000. All marathon locations are open to the public and funds are raised through pledges.

Kay Lindemann, a 34-year-old breast cancer survivor who was treated at Rush, is the marathon coordinator. She will be at the largest Jazzercise site - Billy Roses Country Dance Palace in Chicago Heights - along with more than 250 Jazzercisers.

Highlights of the 13th Annual Marathon include a visit to the Chicago site by "Tina" from Chicago's smash comedy "Tom and Tina's Wedding," visits to various sites by the Chicago Bulls Wives organization, and Bulls Team Mates, and numerous prize, including one round trip coach ticket for two on United Airlines anywhere in the United States and a Discovery cruise.

Jazzercise is a worldwide dance/fitness program that was started in Chicago in 1969 by Judi Sheppard Missett. This jazz dance-based aerobic exercise program is taught in 19,000 classes per week in all 50 states and 38 other countries.

The 1995 Jazzercise Marathon for breast cancer research at Rush is sponsored by Kimberly-Clark, Walgreens, WMX Technologies, United Airlines, the Bulls' Team Mates and WTMX-FM radio.

For more information on the 1995 Jazzercise Marathon, call (312) 942-5579.

For leaders of organizations concerned with women's economic security.

A primer on current pension benefits, rights and practices and their importance to women. Training materials will be provided to enable attendants to conduct their own educational workshop for their organization's membership and communities.

The program will be presented at Northeastern Illinois University, 5500 N. St. Louis Ave., Chicago, from 9:30 a.m. to 4 p.m. on Thursday, Feb. 23.

NEIU presents women's economic security workshop

Vicki Gottlich, Staff Attorney National Senior Citizens Law Center, Pat Polos, State Legislative Committee AARP and Marcy Creque, National Legislative Committee AARP will present a one-day workshop, "Economic Security and Changing Times,"

'Evening with Bach & Vivaldi' to benefit Women's Center
 "An Evening with Bach, Vivaldi, and other Baroque Masters" will be presented on Sunday, Feb. 26, at 7 p.m., at St. Paul Lutheran Church in Skokie, located one block south of Oakton Ave., on Niles Center Rd. This performance of baroque music is a benefit for the Women's Center, a non-profit organization that provides counseling and other services for women in crisis situations.

What is unusual about this recital is that it features authentic 18th-century instruments: baroque flute and recorder played by Andrew Scholberg, and harpsichord played by Dennis Zammer.

The Women's Center serves approximately 5,000 new clients each year. The counseling services are free, and the Center also gives over \$100,000 worth of donated items—including clothing, cribs, and diapers—to needy women each year.

There is no admission fee for the benefit recital; a free-will offering will be taken.

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TRAVEL

Police News

Butler reappointed Chairman of Senate Commerce Committee

State Sen. Marty Butler (R-Park Ridge) will head the Senate Commerce and Industry Committee for the 89th General Assembly. The committee, formerly the Senate Labor Committee, reviews nearly all legislation related to business and labor.

"The Commerce and Industry Committee will be interesting to

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LEGAL NOTICE

VILLAGE OF MORTON GROVE
Cook County, Illinois

1995 HANDICAPPED RAMP CONSTRUCTION PROGRAM INVITATION FOR BIDS

NOTICE IS HEREBY GIVEN by the President and the Board of Trustees of the Village of Morton Grove, Cook County, Illinois, that sealed bids will be received for the "1995 Handicapped Ramp Construction Program."

Bids will be received up to the hour of 9:00 A.M. Local Time, on the 14th day of March 1995, at the office of Director of Community Development, in the Richard T. Flickinger Municipal Center, 6101 Capulina Avenue, Morton Grove, Illinois, and will be publicly opened and read at that time.

The bidding forms and documents are available at the Office of the Director of Community Development, Village of Morton Grove, Illinois, upon payment of the sum of Twenty and 00/100 dollars (\$20.00) which is not refundable. Bids must be submitted on the forms provided.

The Director of Community Development has the right to refuse to issue Plans, Specifications and Proposals to any person, firm, or corporation that he considers to be unqualified. All bidders must be pre-qualified with the Department of Transportation, State of Illinois, and the Certificate of Eligibility must be submitted to the Village prior to issuance of Plans and Specifications. This qualification and eligibility may be waived by the Village.

All bids offered must be accompanied by a bid bond, cash or certified check made payable to the President and the Board of Trustees of the Village of Morton Grove in the amount of not less than five percent (5%) of the aggregate of the bid as a guarantee that if the bid is accepted, a contract will be consummated. In addition, all bidders are required to submit an "Affidavit of Availability" with their bid.

The right to waive any irregularity and to reject any or all bids is reserved to the President and Board of Trustees of the Village of Morton Grove.

Dated at Morton Grove, Illinois, this 16th day of February, 1995.
Spiro C. Hountalas
Finance Director
Village of Morton Grove

Tollway 'Zero Patrol' warms up as temperatures drop

When sub-zero temperatures, icy wind and other hazardous winter conditions drive most people indoors, members of the Illinois Tollway "Zero Patrol" are warmed for action.

"If the weather is to a point that a motorist should not be in a stranded vehicle for long, then the Zero Patrol is out," says John Benda, Manager of Maintenance for the Tollway. "Zero Patrols are arranged so the chance of a motorist being stranded for more than one hour is very slim."

Zero Patrol workers take maintenance vehicles from the 11 Tollway garages and travel the portion of the road within their region. Working in conjunction with District 15 Illinois State Police, members of the patrol scan the entire Tollroad system 24 hours a day during periods when there are sustained sub-zero wind chills or below zero temperatures.

Once a vehicle is located the patrol calls for help or transports the person to the nearest Tollway facility for assistance and to keep warm. Snowplow trucks do not stop during a snow storm to assist unless it is a life threatening emergency, but they will always call in a report of a stalled vehicle.

Executive Director Ralph Wehner cautions motorists to stay in their cars and wait for assistance. "The safest place to be is in your car. You may want to use the "Send Help" portion of the Tollway map in your back window, or raise the hood of your car. Make yourself familiar with mile markers to pinpoint your exact location.

This is especially helpful when using a cell phone in the car. A *999 call costs nothing and will advise the local jurisdiction that you need help. Our goal at the Tollway is to provide that assistance as quickly as possible."

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LEGAL NOTICE

VILLAGE OF MORTON GROVE
Cook County, Illinois

LEGAL NOTICE

VILLAGE OF MORTON GROVE
Cook County, Illinois

1995 LOCAL STREET RESURFACING PROGRAM INVITATION FOR BIDS

NOTICE IS HEREBY GIVEN by the President and the Board of Trustees of the Village of Morton Grove, Cook County, Illinois, that sealed bids will be received for the "1995 Local Street Resurfacing Program."

Bids will be received up to the hour of 10:30 A.M. Local Time, on the 14th day of March 1995, at the office of Director of Community Development, in the Richard T. Flickinger Municipal Center, 6101 Capulina Avenue, Morton Grove, Illinois, and will be publicly opened and read at that time.

The bidding forms and documents are available at the Office of the Director of Community Development, Village of Morton Grove, Illinois, upon payment of the sum of Thirty-Five and 00/100 dollars (\$35.00) which is not refundable. Bids must be submitted on the forms provided.

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Dated at Morton Grove, Illinois, this 16th day of February, 1995.
Spiro C. Hountalas
Finance Director
Village of Morton Grove

Tips for driving on icy roads

By Secretary of State
George H. Ryan

"When stopping or turning, apply brakes slowly and steadily. Do not pump the brakes or apply them to the point of lock-up."

Q. What is the best way to handle a skid?
A. Do not hit the brakes. Instead, grip the steering wheel firmly, ease off the gas pedal and steer the car in the direction you want it to go. Keep your foot off the accelerator and brakes until the tire regain traction.

Q. Do smaller cars handle differently on ice?
A. Yes. Because of their light weight, stopping distances for compact or sub-compact cars can be as much as 25 percent shorter than for a standard size car. Also, once a small car has stopped on ice, getting it moving again may be difficult.

Q. How can I avoid skidding?
A. When you set out to drive in icy conditions, get the feel of the road by testing your brakes to see how much traction you have.
Q. Increase your following distance and maintain a safe, constant speed. Stopping distances on glare ice can be as much as 10 times the distance on dry pavement.

'No Parking Fire Lanes' means just that

How many times has it irritated you to drive to your local shopping area to find a car parked in a fire lane? The message is simple; the message is direct. "No Parking Fire Lanes" means just that.

When there is a fire or related emergency, police, fire, and medical vehicles need to have proper access so that the vehicles can get close enough to the buildings for rescue, firefighting and emergency medical duties.

The North Maine Fire Department reminds you that your vehicle unattended in a fire lane may hamper emergency efforts and simply parking your vehicles leaves you open to a fine. Remember-if you park there, others will think it is acceptable to park there...and it isn't. It's against the law.

You may think it is silly or overkill, but then when was the last time you had to move 150 feet of fire hose around someone's car

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Spiro C. Hountalas
Finance Director
Village of Morton Grove

Police Academy

The Morton Grove "Community Police Academy" shows how the Police Department operates and provides information on personal and property protection. Topics of the three-hour program are a department overview, the chronology of an investigation, station tour, police training, security tips, and witnessing a crime. Contact the Crime Prevention Bureau at 470-5200 to make an appointment for their next academy.

Motor fuel tax

Illinois municipalities have been allotted \$13,817,736.00 as their share of motor fuel tax paid into the State Treasury during December 1994, according to the Illinois Department of Transportation.

Motor fuel tax funds are allocated monthly to the various municipalities in Illinois for their streets and highways. The monies allocated are computed on the basis of population. The allotments to local municipalities include: Des Plaines, \$75,374; Evanston, \$103,341; Glenview, \$53,792; Niles, \$40,053.

Erich A. Castillo

Navy fireman Apprentice Erich A. Castillo, son of Alfonso F. and Margarita Castillo of Morton Grove, recently reported for duty aboard the submarine USS Augusta, homeported in Groton, Conn.

The 1993 graduate of Niles West High School, Niles joined the Navy in August 1993.

NILES

Arrests

An 18-year-old Chicago man was observed driving southeast on Milwaukee Ave., Feb. 9. He was paced through the 8100 block at 55 mph in a 35 mph zone. Police discovered that the offender's driver's license was suspended.

He was transported to the Niles Police Department and issued tickets for a suspended driver's license, speeding, and not wearing a seat belt.

An agent at the Service Merchandise store, located at 8303 Golf Rd., observed a 25-year-old Chicago man place an AM/FM stereo and two cordless telephones in his cart, Feb. 9. The offender was stopped at the front doors past the point of purchase with the stolen merchandise valued at \$189.70 inside his shopping bag, which was covered with papers.

The reporting officer clocked a 41-year-old Chicago man going 48 mph in a 35 mph zone, Feb. 10. Upon following the offender's vehicle northwest on Milwaukee Ave. in the 7600 block, the officer witnessed the offender cross over double yellow lines

and into the southbound lane of travel. The offender swerved right across both lane and onto the northbound shoulder of the road.

Upon stopping the vehicle in the 7800 block, the reporting officer saw an open can of alcohol in the front seat. The offender had a strong smell of alcohol on his breath and had blood shot eyes. When asked to exit the vehicle, the offender almost fell to the ground. He was only able to recite the alphabet up to the letter "E" and could not continue further. When performing the 10 step-heel-to-toe test, the offender nearly fell and the officer had to grab him so he would not injure himself.

The offender was taken into custody and transported to the Niles Police Department. He refused to submit to the breathalyzer test. The offender was given an I-Bond and issued tickets for speeding, illegal lane usage, failing to wear a seat belt, no insurance, driving under the influence, failure to complete a chemical test, and open alcohol.

Burglaries

A 32-year-old Niles man entered his garage in the 8200 block of Octavia at about 6:30 a.m. Feb. 9 to find that offender(s) unknown gained access through the

unlocked side door and removed a snowblower.

A pair of lambswool gloves, not belonging to the victim, was found lying on top of a chair in the garage. The victim's own gloves, however, were no longer on the chair where he had left them previously.

Footprints were located in the snow by the side door, along with tire track impressions from the snowblower.

The scene was evaluated by police and evidence was collected. No other items were claimed to be missing and the victim was instructed to contact police should any additional discoveries be made.

Unknown offender(s) gained entrance into the home of a 39-year-old Niles man in the 6900 block of Howard sometime between 12:20 p.m. and 4:30 p.m., Feb. 8. A pry type tool was used to gain entry.

Once inside, the offender(s) removed a \$275 computer printer from the basement and two handguns valued at \$920 from the dresser in the master bedroom.

The victim told police that he left the residence at about 12:20 p.m. When his daughter arrived home at about 4:30 p.m., she noticed that the computer was missing but assumed her father had moved it.

Police lifted one partial fingerprint from the bedroom dresser. There were numerous items of value in plain view that were not taken, according to police.

The reporting officer dispatched to a residence in the 8700 block of Merrill on a burglary in progress call, Feb. 8. The victim, a 28-year-old Niles woman, said that at about 3 p.m., she drove to the front of her home and noticed that the front door on the east side of the house was ajar. She then saw the offender exiting the house with her vacuum cleaner.

The victim parked her truck on the street and walked to a neighbor's house. At this time, the offender left the house and fled southbound on Merrill in a blue, two-door Chevrolet or Pontiac.

An investigation of the residence revealed that the offender(s) cut the screen and forced open the basement window to gain entry. Once inside, the offender(s) ransacked a bedroom, removed cabinets and closets, and removed a television, a VCR and some jewelry.

A television and a pillow case containing an answering machine, a camera and a coin collection were left near the front door. No other items were reported to be missing.

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Police News

Theft of a parrot

An African parrot valued at \$1,500 and a bird cage were stolen from the glove compartment of his 1992 Oldsmobile, after he had taken the car to Just Tires, 9246 Waukegan Rd., to have a tire repaired the day before.

According to the victim, the car was locked overnight and there was no evidence that the car had been broken into on the night of Feb. 9.

The victim said he recalled a 6 foot 1 in. man, weighing about 160 pounds, sitting in the front seat of the car and going through the glove compartment searching for the lug-lock key while the car was being serviced.

The suspect is a student at Maine East High School and works at Just Tires as part of his work-study class requirement, police said. A complaint will be signed, according to police.

A 24-year-old Morton Grove woman reported that the passenger side rear port window of her 1994 Mazda was smashed by unknown offender(s) around 4 p.m. Feb. 12 while it was parked in the lot at 7234 Dempster, police said.

The victim followed the offender who proceeded running northbound on Central. The victim threatened to call the police if the offender did not stop. The offender responded, "You'll never get them on that phone."

The offender was last seen heading east through the cemetery in Skokie. The victim could not get a good look at the offender due to the hood he had pulled right around his head and face.

Police discovered two windows smashed. Two large rocks were used. The approximate cost to replace the windows is \$1,000.

The victim told police that he left the residence at about 12:20 p.m. When his daughter arrived home at about 4:30 p.m., she noticed that the computer was missing but assumed her father had moved it.

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ered a leather pouch containing \$25 missing from the glove compartment of his 1992 Oldsmobile, after he had taken the car to Just Tires, 9246 Waukegan Rd., to have a tire repaired the day before.

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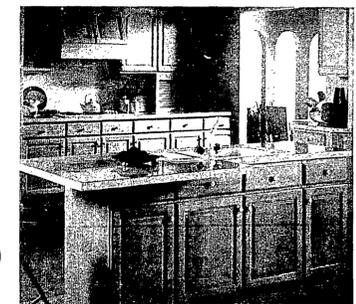
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Entertainment

Northbrook Symphony Orchestra presents violinist

The Northbrook Symphony Orchestra will feature violinist Eunice Lee, the youngest winner of the nationwide Julius Stulberg Auditions on Sunday, Feb. 19, when she will perform the Sibelius Violin Concerto with Samuel Magad and his orchestra. The 4 p.m. concert program will also include Passacaglia No. 1 by Webern, Ravel's Rhapsodie Espagnole and the Roumanian Rhapsody by Enesco. The NSO is continuing to present the very popular pre-concert lecture series just prior to all concert performances (2:30 p.m.), with lecturer, Carl Meyer, being featured Feb. 19. The lectures are partially supported by a grant from the Illinois Humanities Council during the 1994/95 concert season. Concert performances begin at 4 p.m. at the Sheely Center for the Performing Arts (Glenbrook North High School), 2300 Shermer Road, Northbrook. Single ticket prices are \$20/\$16/\$13/\$5. There is free parking

available, and the theater is wheelchair accessible. Contact J.C. Wachotz at (708) 272-0755, for further information.

Cats compete at Jamboree

Country Cats Jamboree, an all-breed and household pet cat show will be held Feb. 25 and 26 at the Holiday Inn Elk Grove, 1000 Busse Road, Elk Grove Village, Ill. Hours are 9 a.m. to 5 p.m. on Saturday, and 9 a.m. to 4 p.m. on Sunday. The show is sponsored by The Prairie State Cat Club, and the Northern Illinois Cat Enthusiasts.

up to 150 cats will be competing in one of five classes for the coveted Best of the Best Awards: Kitten, Champion, Alter, Household Pet or Household Pet Kitten. Spectators will have the opportunity to admire breeds both well known and uncommon-Persians, Maine Coons, Sphynx, Somalis, Ragdolls, Abyssinians, Bengals (including a rare "snow marble" Bengal) are all expected to be entered, among many others. The vendor area will have a wide variety of cat related products and gifts for sale. Representatives of Sav-A-Pet, a no-kill shelter in Palatine will be at the show. Spectators may wish to bring cans or bags of pet food for donation to Sav-A-Pet.

Daily Dinner Specials

SERVED TUESDAY - SUNDAY (Except Saturdays) February 21-26

- Braised Swiss Steak \$9.95
- Chicken Breast Kabob \$10.95
- Filet of Sole Parmigiana \$11.95
- Weiner Schnitzel \$12.95
- BBQ Ribs \$13.95

Includes: Lazy Susan, Salad, Potato, Vegetable, Beverage, Dessert. Casual attire, moderately priced, by reservation, charge cards accepted.

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Park Ridge Players have 'Squabbles'



Paul Kaitson of Niles has a lead in the Park Ridge Players' production of "Squabbles," a laugh-a-minute comedy.

Park Ridge Players present the hilarious comedy, "Squabbles" at St. Mary's Episcopal Church, 711 Crescent at Prospect, in Park Ridge. Showtimes are 8 p.m. Fridays and Saturdays, Feb. 24 through March 11. Performers are: Joe De Mali and Kathy Konopasek of Park Ridge, Paul Kaitson of Niles, Nan Kubicek of Hoffman Estates, Frank Panzoca of Elmwood Park, Norbert Weisman of Evanston, and Joan Johnson of Prospect Heights. Betty Bryant, of Park Ridge, is the director. Call (708) 698-3081 for more information.

OCC presents true-life stories



(From left) Anna Becker, Skokie, Nancy Mark, Glenview, and Maria Stevens both of Niles, and Beverly Rocklin, Lincolnwood, are shown rehearsing a scene from an upcoming production of "Sunrise Sunset" to be performed in Studio 1600 at Oakton Community College, Des Plaines. Performance dates are Fridays, Feb. 17 and 24 and March 3 at 8 p.m. and Saturdays, Feb. 18 and 25 and March 4 at 8 p.m.

Back by popular demand—a series of true-life intergenerational stories are brought to life by the magic of director Karol Verson and her troupe of Oakton pioneers. This is an evening of laughs and heart-warming emotional surprises. For ticket information, call the Oakton Box Office at (708) 635-1900.

McFerrin brings his musical genius to Centre East

One of the music world's most widely talented artists, Bobby McFerrin, brings his broad range of musical styles and forms to Centre East in Skokie for a jazz concert on Friday, February 17, at 8 p.m. Joining Bobby McFerrin for this concert is Jazz trio Bang Zoom.

Bang Zoom is a jazz trio that performs regularly with Bobby McFerrin. The members include Paul Nagel on piano, Jeff Carney on upright bass, and Eddie Marshall on drums.

Roosevelt invites public to free jazz concert

Roosevelt University's Albert A. Robin Campus welcomes a jazz ensemble from its Chicago Musical College for a performance at the Forest View Theatre in Arlington Heights on Sunday, Feb. 19. The concert, open to the public at no charge, begins at 3 p.m. and will feature a variety of

musical styles ranging from commercial to straight jazz. The ensemble will also feature a performance by vocalist Ollie King.

The Roosevelt University jazz ensemble is comprised mainly of undergraduate students majoring in either Jazz Performance or Music Education with an emphasis in Jazz. The ensemble is directed by Robert Parton, Chair of the Jazz Studios program and assistant professor in Trumpet-Jazz at Roosevelt's Chicago Musical College.

The public is welcome to attend this free concert on Sunday, Feb. 19, sponsored by Roosevelt University's Albert A. Robin Campus. The Forest View Theatre is located at 2121 S. Goebbert Road in Arlington Heights. For more information, call the Robin Campus at (708) 437-9200, ext. 721.

Daniel J. Peistrup
Navy Petty Officer 3rd Class Daniel J. Peistrup, a 1990 graduate of Maine West High School of Des Plaines, recently returned from a six-month deployment to the Western Pacific Ocean with Strike Fighter Squadron 27 embarked aboard the aircraft carrier USS Kitty Hawk. He joined the Navy in June 1992.

NEIU presents 'Eleemosynary'

An all-women cast stars in Lee Blessing's "Eleemosynary," a play which examines the subtle and often perilous relationship between three remarkable women: a young girl, her mother, and her grandmother, from the author of "A Walk in the Woods." "Eleemosynary" will run for two weekends, February 16 to 18 and 23 to 25 at 7:30 p.m. at the Stage Center Theatre at Northeastern Illinois University, 5300 N. St. Louis (Bryn Mawr and Central Park Avenue) in Chicago. For more information, call (312) 794-6652.

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WEEKDAYS: 5:30, 7:45, 10:00

Tim Allen Held Over **"SANTA CLAUSE"**
SAT., SUN. & MON.: 1:20, 3:20, 5:20, 7:20, 9:20 [PG]
WEEKDAYS: 5:20, 7:20, 9:20

"READY TO WEAR"
SAT., SUN. & MON.: 1:35, 4:15, 6:55, 9:35 [R]
WEEKDAYS: 6:55, 9:35

Held Over **"INTERVIEW WITH THE VAMPIRE"**
EVERYDAY: 7:15, 9:40 [R]

Disney's Acclaimed Held Over **"THE LION KING"**
SAT., SUN. & MON.: 1:45, 3:35, 5:25 [G]
WEEKDAYS: 5:25

ALL SEATS \$1.75

RETIREMENT HOME AND NURSING HOME GUIDE

An Informational Guide on Retirement Living, Facilities and Extended Care

Retirement: The 42 percent solution

by
Thomas A. Curin
 Social Security Manager
 Des Plaines, IL

How much money is needed to assure a comfortable retirement? Many financial analysts recommend that middle-income Americans need a replacement rate of about 80 percent of pre-retirement earnings.

Too often, people never think about where that money will come from until it's too late to do much about it.

Social Security retirement benefits replace about 42 percent of an average earner's pre-retirement earnings. Social Security is a financial base on which most retirees can build.

Some critics of the program say they could do a lot better than Social Security in providing for their retirement. I would encourage them to make the effort, because a partnership with each worker is what was originally intended.

When the original Social Security Act was passed almost 60 years ago, Social Security retirement benefits were thought of as part of a "three-legged stool." The other two financial "legs" were (1) personal savings and investments and (2) employer pensions.

What if an individual is either wise enough or lucky enough, through investments and pensions, to duplicate Social Security's replacement rate of 42 percent of earnings for an average individual? He or she would then reach an 84 percent figure and assure themselves a comfortable retirement.

If you do a little less well, the effort is still all to the good because you will have more than just Social Security to rely on.

A good starting point for any analysis of what you will want or need for your retirement years is a Personal Earnings and Benefit Estimate Statement that is available free from Social Security. Just call 1-800-772-1213 and one of our representatives will be happy to help you.

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The First 50 People to Secure a Deposit will
 Receive \$50 Off the Monthly Fee for the
 Entire Term of the Residency Agreement

CareFreeSuites

Will Open this Spring for Seniors with Special Needs

Models Now Open Seven Days A Week
 1750 S. Elmhurst Road - Des Plaines, Illinois

Ashley Court
 Retirement Community

For more information and a Personal Tour
 Call 708-228-1500

Staff in place at Ashley Court Retirement Community



Staff members of Ashley Court are now showing off the beautiful retirement community and its model apartments at 1750 South Elmhurst Road in Des Plaines. For more information about monthly fee discounts, and for a personal tour, call Laura, Cynthia and Kris at (708) 228-1500.

Beautifully decorated common areas of Ashley Court Retirement Community in Des Plaines include a general store, barber/beauty salon, laundry facilities, full-service bank, health clinic, lounge areas, sitting rooms, outdoor patios, garden room, library, and a theater.

Ashley Court is the newest retirement community in Chicago's Northwest suburbs. All of its apartments have 24-hour emergency call systems, window treatments, wall-to-wall carpeting and individually-controlled thermostats. Monthly fees, which begin

at \$725, include a continental breakfast and one wait-served meal each day, weekly housekeeping, maintenance, daily activities and social programs and all utilities (except phone). An evening meal is available for an additional charge.

In addition to its residential apartments, Ashley Court provides CareFreeSuites with additional services for those residents who may require special help in day-to-day living. The services of CareFreeSuites, provided in the privacy of each resident's own

room, will include laundry services, morning dress and bed time preparation; personal hygiene and medication assistance and a twenty-four hour health care attendant.

Ashley Court staff members are offering \$50 off the monthly fee for the entire term of the residency agreement to the first fifty residents who secure a deposit. To have the staff give you a personal tour of Ashley Court, at 1750 S. Elmhurst Road, and to receive the \$50 per month discount, call (708) 228-1500.

You can work and collect benefits

by
Thomas A. Curin
 Social Security Manager
 Des Plaines, IL

Want to "keep on truckin'" and collect Social Security benefits at the same time? You may be able to do it! If you're over 62, it's possible that you could collect partial Social Security retirement benefits while continuing to work full-time.

Partial benefits may be payable when you're employed and eligible for retirement benefits (the earliest age is 62) or widow(er)s benefits (at age 60 or older). If you're under age 70, you'll be subject to an annual earnings limit. If your earnings exceed the limit, part of your benefits will be withheld. In 1994, the earnings limit is \$8,040 if you're under age 65, \$11,160 if you're 65 or older, and \$11,160 if you're 70 or older, you can collect full benefits no matter how much you earn.

Here's an example of how this could work for you. Let's say, you are 63 and eligible to receive \$800 a month in Social Security benefits, that's \$9,600 per year. You have a job that pays you \$20,160, which is \$12,000 over the 1994 earnings limit of \$8,040. Because you earn \$12,000 over the earnings limit, we would withhold \$1 from your Social Security benefit for every \$2 you earn over the limit. In your case, we would withhold \$6,000 of your benefits. However, you would receive \$3,600 from Social Security while earning \$20,160 on your job. Your total income from work and Social Security for the year would be \$23,640.

Next year, if you were still working, you could be getting even more money. The annual earnings limit rises each year. Therefore, a smaller amount of your earnings would be withheld if you exceed the limit. And, because Social Security refigures benefits each year to consider additional earnings, you could get a higher benefit.

If you're at least 62 and want to find out if you can work and collect Social Security benefits at the same time, call this toll-free number, 1-800-772-1213 (between 7 a.m. and 7 p.m.) to make an appointment to talk with a Social Security representative. You can call that number at any time to have a Request for Personal Earnings and Benefit Estimate Statement form sent to you. You'll receive your statement about four weeks after you complete the form and send it to the Social Security address on the back.



Kiwanis sponsors Ballard Bingo



Pictured above, Ballard residents Cecelia Roseman (left) and Mildred Fanella (right) are presented their BINGO prizes by Kiwanis member Linn Clawster (center). The Des Plaines Kiwanis frequently sponsor an afternoon of BINGO games at Ballard, a Healthcare Residence in Des Plaines, where the residents enjoy winning prizes and eating ice cream and cookies.

Computerized Monitor Service checks up on elderly, shut-ins

Ken Stall, MSW, and his wife Judy, realized the problem that elderly, shut-ins and many single people face - the need for someone to check to see how they are.

Today's lifestyle leaves little time to fulfill our good intentions, such as calling daily to check on our elderly parents.

The Stalls developed a business idea to help the elderly or shut-ins and take the fear out of living alone, called Computerized Monitor Service, a computerized telephone calling service which calls a loved one at a set time each day. If no one answers, the computer service calls up to three help numbers provided by the customer for assistance.

"I wish I had had this service many years ago for my Mother when she lived alone and wanted

to maintain her own independence," Judy said. "I didn't always have time to call her every day." "And my Dad could have used this service, too, when he was a widower living alone the last few years of his life," Ken added.

They both agreed that many middle-aged working couples have elderly parents living independently who want and need to be checked on daily, but there isn't always time to do it. Now, Computerized Monitor Service will do it for them.

Here's how it works. The computer calls Mrs. Jones according to her wishes at 8 a.m., 2 p.m., and 8 p.m., with a customized message: "Hello, Mrs. Jones. This is Computerized Monitor Service calling. If you are okay,

press 1 on your phone. If you need assistance, press 0. Thank You."

If there is no answer to any of the 3 calls, or if Mrs. Jones presses 0 on her phone, the computer then calls up to 3 pre-selected help numbers, such as a relative or neighbor with a key. "We also wish to emphasize that while the computer is making these pre-recorded phone calls, each call is customized to the client's wishes in a male or female voice. We can even remind someone to take their medication at regular intervals."

Judy and Ken believe that their service is the first of its kind in the Chicago area. For more information about this service, call Judy or Ken at (708) 234-6300.

'Generativity' lecture series at NEIU

Topics on aging highlight Northeastern Illinois University's, 5500 N. St. Louis in Chicago, Generativity Spring 1995 free lecture series beginning Tuesday, Feb. 28 at 7 p.m. All lectures are in Room 217 in the Computer Center. Refreshments available

after each event. The schedule follows: Tuesday, Feb. 28, from 7 to 9 p.m.: "The Art of Growing Older"; Wednesday, March 15, from 7 to 9 p.m.: "The Future of Aging Programs: A Funder's Perspective"; and Monday, April 10, from 7 to 9 p.m.: "Personal

Meaning and Successful Aging: Adapting to Life's Changing Circumstances."

The lecture series is sponsored by Generativity, the Gerontology Club of Northeastern Illinois University. For more information, call (312) 794-3076.

Ballard's New Entrance Draws Rave Reviews From Visitors And Experts on Aging

The unveiling of Ballard's new front entrance has been long awaited - and I am pleased to announce that it is finally open!

Ballard has undertaken a facility wide renovation project, a substantial portion of this being a complete overhaul of our front entrance.

The comments we're hearing from visitors and professionals, as well as our own residents and staff members, have been overwhelmingly positive.

We've changed the structure of our front entrance so that it is more user-friendly. Because we wanted it to be attractive, but also functional,



We incorporated research that had been done on aging and design into the development of the entrance.

Now when visitors come to Ballard, they don't have to walk up stairs or a ramp. Our entrance is ground level and has convenient, automatic doors. Visitors can take a new elevator or stairs either one half a flight up to our first floor, or 1/2 a flight down to our new administrative offices and rehabilitation suite, Transitions in Rehabilitation.SM

The structural changes to our entrance have also enabled us to create additional lounge space for our residents. We now have a lobby for visitors and a lounge for our residents that overlooks the new lobby. The lounge itself is quite popular, but even more popular is the new interior fishpond that has been added!

We're excited about the changes at Ballard and invite you to come out for a personal tour.

For information or a tour, call 708-294-2300 or write: Ballard 9300 Ballard Road Des Plaines, IL 60016

Seniors need to be aware of driving limitations

Senior citizens age 65 and older comprise more than 13 percent of all Illinois drivers. While few requirements exist for seniors to maintain driving privileges, they need to pay special attention to natural physical changes, such as changing vision and slower reflexes, that limit driving ability.

Q. At what age should older citizens stop driving?

A. There is no set age as long as they are physically and mentally capable of driving safely. Most elderly people stop driving and even voluntarily surrender their licenses when they feel they should not be driving.

Q. What are the guidelines for driver's license renewal?

A. Seniors ages 69-80 must renew their licenses every four years for a \$5 fee. Persons 81-86 must renew every two years for a \$2 fee, and those 87 and older must renew annually at no fee.

Q. What tests are required?

A. Everyone must pass the vi-

sion test, and all persons age 75 and older must pass the driving test. In addition, everyone must take a written test every eight years except those having no traffic convictions.

All senior citizens are encouraged to participate in a driver safety program called "Seniors on the Go." The program provides hands-on driving practice for seniors in a comfortable, risk-free environment.

For more information, call 1-800-252-2904.

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 (708) 825-1161

RETIREMENT/NURSING HOME

Page 4 Thursday, February 16, 1995

Goldman Home responds to 20/20 program on nursing homes

We know that those who saw the 20/20 program were shocked by what was shown. However, we ask that you keep in mind that they showed a handful of "bad nursing homes." In the state of Illinois the majority of the nursing homes provide quality care to their residents. The 20/20 program failed to present a balanced report and they spent nine months putting the story together.

Our home, the Goldman Home, has many caring, loving, dedicated staff that take pride in the work they do. The responsibility they have for the care of our residents is quite a challenge and they do it well. We are here to serve the residents' needs as well as to fulfill the expectations of those who placed the resident in our care.

Our staff works hard to gain

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Will you be my Valentine?



Oakton Arms Retirement Community residents (left to right) Dotti Rubenstein, Art Quenzel, Anne Dworak and Harry Forgan recently reminisced about their first "true loves."

Senior Adult Clubs welcome new members

The Oakton and Laramie Senior Adult Clubs are open to all Park District residents 55 years of age or older. Each club's activities will include a weekly business meeting, card playing, bingo, luncheons and socializing. The Senior Adult Clubs meet every Wednesday and Thursday at Oakton Center (4701 Oakton Street). They meet from 9 a.m. to 2 p.m. year round. The fee is \$5 per year, per club. If you have any questions, call 674-1511.

Programs for singles 45 through 65

One + Options, Maine Township's group for widowed and other single adults ages 45 through 65, offers a wide variety of activities every month. Programs include a Cuisine Club that takes trips to area restaurants, a Sunday Strollers group, weekend and long-distance trips, seminars and volunteer opportunities. Membership in One + Options is free to adults who live in Maine Township. For more information on coming events, or to join, call Barb Koss in the Adult & Senior Services Department at 297-2510, ext. 240 or 241.



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Program eases tax burden for seniors

As a public service, the Suburban Area Agency on Aging wants senior citizens to know that there is help available to ease the real estate tax burden. Illinois' Senior Citizen Real Estate Tax Deferral Program, now in its twelfth year, provides property tax relief to qualifying seniors by allowing them to defer part or all of the property taxes on their homestead.

It's a form of a low interest loan which is to be repaid after the taxpayer's death or at the time the property is sold. The interest rate for the tax deferral program is currently at six percent. In 1993, the program's definition of "homestead" was expanded to include "a condominium or a dwelling unit in a multi-dwelling building that is owned and operated as a cooperative, occupied by the taxpayer as his residence."

To qualify for the Real Estate Tax Deferral Program, a senior must:

- be 65 or older by June 1 of the year the claim is made;
- have an annual household income below \$25,000;
- own the property which must be used for residential purposes and be non-income producing (the deed must be in the name of the applicant or applicant and spouse);
- have lived at the residence for at least the last 3 years;
- have no delinquent real estate taxes on the property; and
- have fire/casualty insurance on the property for (at least) the amount deferred.

Tax deferrals are limited to 80 percent of the equity in the property. A lien will be filed on the property until the deferred taxes are repaid. Deferred property taxes are paid by the Illinois Department of Revenue in the interim.

The application cycle for the Tax Deferral Program is from January 1 through March 1 of every year. Qualifying taxpayers must apply each year. For an application, contact the Cook County Collector's Office at (312) 443-6204. For more information, contact the Area Agency at (708) 383-0258.

Interested individuals should be aware that the Tax Deferral Program is entirely different than the new Senior Citizens Tax Freeze program recently implemented by the State of Illinois. In the Tax Freeze Program, older persons with incomes under \$35,000 will be eligible to have the assessed value of their homes frozen at 1993 levels. In Cook County, persons age 65 and over who now receive the Senior Citizen Homestead Exemption will automatically receive applications for the Tax Freeze sometime in late March. The deadline for applying for the Senior Citizens Tax Freeze program in Cook County is expected to be sometime in July, 1995 (in following years the deadline for the tax freeze program for Cook County seniors is expected to be July 1.)

Persons who are not yet 65 will be able to apply for the Tax Freeze when they apply for the Senior Citizen Homestead Exemption. (Seniors should be aware that application deadlines for the tax freeze vary by county. Interested individuals should call their local assessor's office for more information.)

AARP Skokie Chapter to meet

A.A.R.P. Skokie Chapter will hold its first meeting of 1995 on Tuesday, March 7, at 1 p.m. in the Petty Auditorium of the Skokie Public Library, 5215 W. Oakton St.

Guest speaker will be Peggy Printers of the Illinois Beneficiary Outreach whose subject will be "Updated Version of Medicare A&B." Refreshments and socializing will follow.

RETIREMENT/NURSING HOME

The Bungle

Thursday, February 16, 1995 Page 5

Learning to visit a nursing home

Geriatric-care providers recognize that a visit by family members can be better therapy to a resident than much of what the home provides.

Unfortunately, according to Barb Wilczynski Director of Admissions at Glenview Terrace Nursing Center, visits can sometimes be an emotional challenge for the family, a challenge commonly met by cutting back the number of visits. Visiting a nursing home is a skill that can be improved, leading to more enjoyment for the family and the resident.

Plan ahead. The greatest source of discomfort for visitors is that they arrive already feeling guilty or upset, and then they run out of things to say and do after about 10 minutes. Wilczynski suggests, perhaps, having a list of things you may want to do: read to him, write letters for her, view family pictures, bring a pet (if it is allowed) or bring a jigsaw puzzle. Plan and think ahead.

Remember this is a visit to your family member's new home, not a hospital room. Fill

the visit with things you felt comfortable doing before he/she entered the home. Touch, if natural. Talk as you used to. Take her/him out to lunch or the mall. Don't feel pressured to entertain.

Visit as often as possible. In most cases, quantity is still more important than quality in helping a resident avoid feeling of being shut away. Develop a schedule that will help lend stability to this unstable time in the resident's life. On the other hand, remember that not visiting may be better than visiting out of guilt or duty, or visiting on the run and only at holidays.

Don't fear reminiscing. Gerontologists are showing that such "life review" is an important adjustment mechanism that helps elderly people put their situation into perspective and deal with lingering conflicts.

Remember you're a link to the outside world. If he/she wants to gossip, then gossip. Keep him/her involved in the family, the community, the church. Don't be afraid to seek the same amount of advice and comfort from them

that you did before they moved into the home. And, according to Wilczynski you'll have to let them vent their anger and frustration at the situation. Remember, it's not important that you have an answer—only that you listen.

Get to know the staff. Looking at these care providers as part of the extended family helps improve the overall quality of life for your loved one.

Glenview Terrace Nursing Center is located at 1511 Greenwood Road in Glenview. For more information, call Barb Wilczynski at (708) 729-9090.

New program

Join us for socializing, bingo, entertainment, book reviews, crafts, discussions, coffee, refreshments, and much more at The Ark, 6450 N. California (At Arthur), every Tuesday, and Thursday, from 10 a.m. to 2 p.m. Lunch will be served.

Come and bring your friends, neighbors and relatives to a very new and comprehensive program. For further information, call (312) 973-1000, ext. 243.

New healthcare program provides model for future

In response to the changing needs of our healthcare delivery system, Glenview Terrace Nursing Center has developed their new TCU program as a cost-effective rehabilitation alternative to provide short-term, intensive therapies with the outcome of a home discharge.

The TCU (Transitional Care Unit) bridges the needs between the hospital and home. This subacute care offers a proactive approach to individualized rehabilitation treatment and provides "outcome-oriented care in a non-institutionalized setting."

"The creation of our short-term TCU represents substantial savings for many third party payers including HMO's and Medicare," says Judy Pitzele, Administrator of Glenview Terrace. "The traditional role of nursing homes must change for exclusively serving a long-term, chronic population to a more short-term subacute rehabilitation population. This will enable the nursing homes to better control their own destinies

within the context of broader healthcare reform."

Another cost savings aspect of the program is the focus on returning people to their home rather than keeping them in a skilled nursing environment, perhaps under the Medicaid program. Medicaid is the federal program which historically pays for nearly 50 percent of all extended care costs.

"We feel that the TCU program will help support our nation's efforts to reduce long term healthcare costs," continues Pitzele.

Instrumental in the design of the TCU program is Ned Zallik, M.D. internist and gerontologist at Rush North Shore Medical Center and Medical Director at Glenview Terrace. "Physicians, Nursing and Social Services of both Rush North Shore Medical Center and Glenview Terrace have come together to forge a unique relationship for the benefit of patient continuity of care," says Dr. Zallik.

"The TCU program has been developed to bring the best of hospital care together with skilled care creating an independent unit dedicated to meeting the immediate needs of these short-term rehabilitation patients. We feel that this unit is a model for other institutions - hospitals and nursing homes - that want to work together."

Unique to the TCU program is the intensive nature of the physical, occupational and speech therapy services. "One to six hours of therapy a day, six days a week sets this program apart from traditional nursing home rehabilitation/restorative programs," says Dr. Zallik.

The TCU will be located in a separate and distinct unit of the second floor of Glenview Terrace to promote a cohesive spirit among the short term patients expected to be treated there. "The unit will have a vastly different personality than anywhere else within Glenview Terrace," says Pitzele.

For more information regarding the Transitional Care Unit (TCU) at Glenview Terrace, call Maggie Harris at (708) 729-9090. Glenview Terrace is located at 1511 N. Greenwood Rd. in Glenview.

Passages lecture discusses sex and the older adult

Jay Lewkowitz ACSW, LCSW, sex therapist in private practice in Des Plaines, talks about sex and the older adult as part of the Passages Lecture Series on Tuesday, Feb. 21 from 1 to 2:30 p.m. in Room 112 at Oakton Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. Admission is free.

According to Lewkowitz, "Aging produces normal changes in one's sexuality." Lewkowitz is affiliated with the Loyola University Medical Center. For more information, call (708) 635-1414.



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Township offers award-winning Senior Services

About 40,000 residents over the age of 55 live in Maine Township, and the township has developed a wide range of adult and senior programs to meet their needs.

Maine Township's success in programming recently was highlighted by the Township Officials of Illinois, which named it Township of the Year for its commitment to senior services. The statewide award was based on Maine Township's innovation, responsiveness and variety in the area of senior services.

The Maine Township Seniors, for example, offers social programs and events for adults ages 65 and up. Its regular activities include two monthly bingo games, two monthly luncheons with entertainment, crafts instruction, theater outings and trips.

Another program, Options 55, is aimed at pre-retirement adults ages 55 through 65. Options 55 allows adults nearing retirement to explore a wide variety of activities, including evening and weekend trips, and meet other people with similar interests.

Widowed and other single adults ages 45 through 65 can enjoy socializing and other activities through One + Options. The group offers seminars on subjects of interest to older singles, a Cuisine Club for dining adventures, a Sunday Strollers group, and both weekend and long-distance trips.

Membership in the Maine Township Seniors, Options 55 and One + Options is free.

Seniors of all ages have many opportunities to volunteer work with Maine Township. Among the programs in which they can help is "Hello Grandma." Introduced two years ago, "Hello Grandma" allows area children

ages 6 through 13 who are home alone after school to call a senior volunteer to discuss homework and classmates or just to chat. Maine Township also offers a Senior Citizen Information and Assistance Service, which is a guide to resources for senior citizens housing, medical services, social and mental health services, nutrition, home-delivered meals, employment, energy assistance, social activities, the "circuit breaker" property tax exemption, shared housing and other services. Nearly 5,000 residents used this service last year.

Through the Senior Health Insurance Program (SHIP), Maine Township also provides help with filing Medicare claims and reviewing long-term care policies.

Maine Township also offers several publications targeting seniors, including "The Handy Book," a guide to reliable people who perform home-related services; "The Homebound Newsletter," a periodic mailing with useful information and inspirational thoughts; and "Moving On," a booklet about community resources and activities for widowed or divorced adults.

For more information on Maine Township's senior and adult programs, call 297-2510.

Niles Grandmothers plan Founders Day

The Niles Grandmothers will hold their meeting Wednesday, Feb. 22, at the Rec Center at 11 a.m. They will be ordering tickets for Founders Day. Transportation arrangements have been made, and a light lunch will be served.



Maine Township Adult & Senior Programs

Maine Township recently was named Township of the Year by the Township Officials of Illinois for its commitment to innovative and responsive senior services. Among the many programs offered for adults and seniors are:

- Maine Township Seniors-Regular bingo games, luncheons, trips and special events for adults ages 65 and up.
- Options 55 - Evening and weekend activities for pre-retirement adults ages 55 through 65.
- One + Options - Activities for widowed and other single adults ages 45 through 65.
- Senior Citizen Information and Assistance Service - Information on housing, medical services, social and mental health services, energy assistance and more.
- Useful publications - "The Homebound Newsletter," "Moving On," (for widowed or divorced adults) and "The Handy Book" (home service guide).

Upcoming Senior events include:

- March 8, 9 - St. Patrick's Day luncheons
- March 21 - Program on "Loss and the Experience of Growth"
- March 27 - Quilting demonstration, craft project

FOR INFORMATION, CALL
297-2510

Maine Township Town Hall, 1700 Ballard Road, Park Ridge
Hours: 9 a.m. to 5 p.m. Monday through Friday.
Mark Thompson, Supervisor

Seniors create Investment Clubs

The Northbrook Park District Senior Center, 3323 Walters Ave., is host each month to three unique Investment Clubs. Each shares investment advice and information to benefit members. The Men's Investment Club meets on the first Wednesday of the month, the Women's Investment Club meets the third Thursday of the month and the Investment Speculators Club meets on the second Friday of the month.

Each of these groups has become quite popular with local seniors. If you are interested in receiving information about club membership call the Senior Center at 291-2988.

Alzheimer's support group for spouses

An Alzheimer's Support Group for Spouses, in association with the Alzheimer's Association-Chicago Chapter and the Senior Health Program of Rush North Shore Medical Center, meets at 7 p.m. on the first Tuesday of each month in Rush North Shore's South Dining Room.

For more information, call (708) 933-6592.

Exercise leaders needed

The Niles Senior Center Women's Exercise Class is in need of volunteer women interested in training to become exercise leaders. Interested persons may contact Terry Sprengel, RN, BSN at 967-6100 Extension 376.

EXERCISE

Widows may get higher benefits

by
Thomas A. Curin
Social Security Manager
Des Plaines

Those who are receiving Social Security benefits because they are widows (or widowers), may be eligible for a higher benefit when reaching age 65. This could be possible if one has been employed and, therefore, is entitled to benefits based on one's own work record. Ordinarily, one cannot change from a reduced benefit to a full benefit, but that does not apply if one is a widow or widower.

As a widow(er) who is entitled to retirement benefits on one's own earnings, one can take reduced benefits at age 62 and receive a full widow's(er) benefit at 65. Or, one can take her widow's(er) benefit at 62 and get full retirement payment at 65.

The following is an example of how this works: Rebecca Litchfield, a widow, visited her Social Security office just before her 62nd birthday and learned she had some choices to make. Her full (age 65) widow's benefit would be \$800, but she could take a reduced widow's benefit of about \$660 at age 62. Because she had worked, she also was due a full (age 65) retirement benefit of \$600 with a reduced benefit of \$480 payable at age 62.

These are her choices:
1. She could take a reduced widow's benefit of \$660 at age 62. That would remain her benefit forever (except for annual cost-of-living increases); or,
2. She could take the smaller retirement benefit of \$480 at 62 and switch to her full widow's rate (\$800) at 65.

Rebecca has to ask herself these questions: Can she live on the smaller income (\$480) for three years in anticipation of the higher benefit (\$800) at 65? Or would she rather get something in between (\$660) right away with no option of switching later to a higher benefit? Rebecca can get some help in making her decision by talking with a Social Security representative, who will further explain her options.

Few seniors make use of Medicare benefit

Thousands of serious illnesses, hospitalizations, and deaths can be prevented if older Americans receive flu shots before the onset of fall and winter. But, a recent study by the U. S. Department of Health and Human Services found that only about one-third of seniors enrolled in the Medicare program used their Medicare benefits to pay for the flu shots.

Health and Human Services Secretary Donna E. Shalala has announced the start of a major public information campaign to encourage everybody age 65 and over to get a flu shot. "Severe illness is especially tragic when it could have been prevented by immunization," Secretary Shalala said.

The HHS study found that only about thirty-five percent of all Medicare beneficiaries took advantage of the program's payment for flu shots during the 1993 flu season. The rate for minority group seniors was even lower, about seventeen percent. Secretary Shalala vowed that "1994 will be different. Our goal is to reach every older American with information on the Medicare flu immunization benefit, with special emphasis on hard-to-reach populations." HHS is making a concerted effort to spread the word about flu shots in areas with high concentrations of minority populations.

The flu shots are given at no cost to Medicare beneficiaries who receive them from "participating physicians" - doctors who agree to accept the Medicare amount as payment in full. The usual Medicare deductible and copayment requirements do not apply to the flu shot. Beneficiaries must be enrolled in Part B (Medical Insurance) of the Medicare program in order to be eligible for the flu shot.

"Older Americans concerned about out-of-pocket expenses should be able to find providers who will administer flu shots at no cost to beneficiaries," said Bruce C. Vladeck, administrator of the federal Health Care Financing Administration. Medicare beneficiaries can get a list of participating physicians by contacting the Medicare carrier for their state.

The shot is also available at hospitals, skilled nursing facilities, home health agencies, and public health clinics.

Community volunteers needed

There are over 400,000 older adults in Cook County communities, and more than 80,000 need assistance to access services and to overcome barriers while they remain in their homes.

The American Association of Retired Persons (AARP) and the Suburban Area Agency on Aging (Suburban AAA) seek volunteers from Oak Park and surrounding Cook County communities to help these older adults. Volunteers will help older persons with reading, completing documents, making telephone appointments and overcoming barriers to community services. With this help, seniors can remain in their own homes with dignity and independence. Local volunteers, who elect to

USE THE BUGLE

Regency Nursing Centre awarded accreditation



Barbara A. Hecht, Administrator, Regency Nursing Centre recently received notice of re-accreditation from the Joint Commission on Accreditation of Healthcare Organizations for Regency Nursing Centre as well as the newly renovated Alzheimer's Unit.

Regency Nursing Centre in Niles has once again been accredited by the Joint Commission on Accreditation of Healthcare Organizations for a period of three years.

Formed in 1951, the Joint Commission is dedicated to improving the quality of the nation's health care through voluntary accreditation. Regency Nursing Centre received Joint Commission re-accreditation after an on-site review in December which found Regency had demonstrated compliance with the Joint Commission's national standards for long-term care.

"We have always aimed for being required standards and we view that Joint Commission's benchmarks of quality and accreditation as another step towards excellence," says Barbara A. Hecht, Regency Nursing Centre Administrator. "The Joint Commission Accreditation standards exceed federal and state requirements. Since this is a voluntary program, achieving accreditation represents Regency's decision to be recognized for our efforts to be the best provider of long-term care."

Regency Nursing Centre has

Did You Know?

In 1962, 69 percent of persons over age 65 were receiving Social Security benefits and 36 percent were still working. By 1992, 92 percent of those over age 65 were receiving Social Security benefits, but only 22 percent were still working.

Of all new Social Security claims approved in 1992, 58 percent were for nonretirees. They included 16 percent for disabled workers and 42 percent for the spouses and children of retired,

Improving total joint replacements focus at Rush

Understanding why hip and knee joint replacements fail, determining how to lengthen the life of these implants and developing better implants is the focus of a new project at the Rush Arthritis and Orthopedics Institute in Chicago.

The National Institutes of Health (NIH) recently announced that Rush-Presbyterian-St. Luke's Medical Center received three new grants, totaling approximately \$2.4 million over the next four years, to investigate how to improve total joint replacements.

"If we are to provide hip and knee joint replacements to a younger population, there are many things we have to understand," said Dr. Jorge Galante, director of the Rush Arthritis and Orthopedics Institute. "We know these implants are effective for the elderly population, but we cannot predict the long-term performance of these replacements."

The biomaterials initiative at Rush focuses on three areas of research: promoting bone growth for better fixation in cementless joint replacements; understanding the role played in the destruction of bone around the joint by tiny plastic particles created through normal use of the artificial implant and developing ways to prevent any adverse effects; and defining the effects locally and in the whole body from the migration of metal that results from wear and tear on the implant so that better materials can be developed for the construction of artificial joints.

In 1993, the NIH asked medical centers throughout the country to submit related research proposals investigating hip and knee

joint replacements and materials associated with their construction. Twelve institutions responded to the request and Rush was the only center to have more than one project funded. Only one other institution was funded under the program.

This is the second time the Rush Arthritis and Orthopedics Institute has received a federal funding for collaborative research projects investigating arthritis and orthopedics. In 1992, Rush was the only medical center to receive renewed funding for its Specialized Center of Research for the study of osteoarthritis.

Under the direction of Dr. Klaus E. Kuettner, and through the collaboration of orthopedic surgeons, rheumatologists and biochemists, this project integrates basic science and clinical investigation to explore the causes of arthritis and to develop improved treatments.

The newly established Rush Arthritis and Orthopedics Institute is a unique resource in the United States designed to enable orthopedic surgeons, rheumatologists and basic scientists to collaborate to find the causes and better treatments for a broad range of orthopedic disorders.



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Call today for information about any of our services.



State conducts care inspection at Buckingham Pavilion

The State of Illinois began conducting Quality Assurance reviews of Long Term Care providers starting this past July.

The purpose of these surveys was to verify that programs in place during the previous inspection of care continue to meet state standards.

The new survey process titled Inspection Of Care Based Quality Assurance was designed to focus on 11 major areas of patient care. Over half of the categories under scrutiny focus on rehabilitation and restorative nursing.

The remaining areas under review include prevention and treatment as well as medication reduction programs and programs which encourage resi-

dent's independence.

Last Dec. 14, a survey team comprised of nurses and social workers began a three day inspection of Buckingham Pavilion.

They found that not only did Buckingham meet all of the program standards, but in many areas exceeded them.

Impressed with the unusually high standards, the survey team, in their final report to Springfield, concluded with the following comments: "Facility was well maintained and pleasant. Residents in apparent good spirits. Many caring staff were noted in all areas delivering compassionate high-quality care."

Concerned Care addresses nurse assistant shortage

For years, Concerned Care struggled to meet the demand for nurse assistants to care for patients at home throughout the Chicago area. But recently the Skokie-based private duty home nursing service hit upon an innovative recruitment idea that is attracting enough qualified nurse assistants for the company to meet the market's demand.

"There is a nationwide shortage of nurse assistants these days," explained Natasha Peifer, director of planning and development for Concerned Care.

During a management brainstorming session, the Concerned Care staff realized student nurses had the experience needed to

provide personal care and support services to patients at home. A few phone calls uncovered the fact that student nurses had qualifications that exempted them from the certified nurse assistant (CNA) training program.

So Concerned Care launched a campaign to help student nurses become CNAs—and then give them jobs. The company began advertising this offer to student nurses at 22 different nursing schools in the Chicago area in May using posters and newspaper ads.

For nursing students who are not yet certified, Concerned Care provides letters of application to sign and a stamped, ad-

A Forest Villa Valentine

Residents at Forest Villa Nursing Center, 6840 W. Touhy, Niles, had a lovely Valentine's Day receiving balloons hand delivered by the Activity Department. The balloons were from family members as well as staff members.

Cheerful Valentine theme mylar balloons with a personalized message, tied with colorful ribbons were presented to the residents first thing in the morning on Valentine's Day. The response was jubilant. Forest Villa was a sea of red balloons and delighted residents.

For information about Forest Villa Nursing Center, call (708) 647-8994.

Maine Township offers senior programs A to Z

Demand for senior services is strong and growing in Maine Township, which has some 40,000 residents over the age of 55. And whatever the need, Maine Township's Senior & Adult Services Department is ready to help.

The Maine Township seniors, for example, offer social programs and events for more than 3,800 adults ages 65 and up. Its regular activities include two monthly bingo games, two monthly theme luncheons with entertainment, crafts instruction, theater outings and trips.

Another program, Options 55, is aimed at pre-retirement adults ages 55 through 65. Now serving about 1,300 Maine Township residents, Options 55 allows adults nearing retirement to explore a wide variety of activities, including evening and weekend trips, and meet other people with similar interests.

Widowed and other single adults ages 45 through 65 can enjoy socializing and other activities through One + Options, a group with about 500 members. One + Options offers seminars on subjects of interest to older singles, a Cuisine Club for dining adventures, a Sunday Strollers group, and both weekend and long-distance trips.

Membership in the Maine Township Seniors, Options 55 and One + Options is free. Seniors of all ages have many opportunities for volunteer work with Maine Township. Among

the programs in which they can help is "Hello Grandma," introduced last year. "Hello Grandma" allows area children ages 6 through 13 who are home alone after school to call a senior volunteer to discuss homework and classmates or just to chat.

Maine Township also offers a Senior Citizen Information and Assistance Service, which is a guide to resources for senior citizen housing, medical services, social and mental health services, nutrition, home-delivered meals, employment, energy assistance, social activities, the "circuit breaker" property tax exemption, shared housing and other services. Nearly 5,000 residents used this service last year.

Through the Senior Health Insurance Program (SHIP), Maine Township also provides help with filing Medicare claims and reviewing long-term care policies.

Maine Township also offers several publications targeting seniors, including "The Handy Book," a guide to reliable people who perform home-related services; "The Homebound Newsletter," a periodic mailing with useful information and inspirational thoughts; and "Moving On," a booklet about community resources and activities for widowed or divorced adults.

For more information on Maine Township's senior and adult programs, call Sue Neuschel at 297-2510, ext. 240.

Social Security seeks volunteer payees

Nearly 3 million adults who receive monthly Social Security or Supplemental Security Income (SSI) benefit checks, or both, need someone who help them manage their money. When they need this type of help, the Social Security Administration (SSA) - after a careful investigation - appoints a relative, a friend, or other interested party to serve as the beneficiary's representative payee.

The beneficiary's Social Security or SSI payments are then made in the representative payee's name on the beneficiary's behalf.

Each year, you'll be asked to complete a form accounting for the funds you've received. A worksheet is available for helping you keep track of what you spend. Any money left after you have taken care of the beneficiary's current and immediately foreseeable needs must be saved and maintained in the beneficiary's behalf.

You must inform Social Security or any changes that may affect the beneficiary's eligibility for benefits.

If you're interested in serving as a volunteer representative payee, please contact Mrs. Sandra Coffin, Representative Payment Staff, Room 3-A-26 Operations Building, 6401 Security Boulevard, Baltimore, Maryland 21235. Her telephone number is (410) 965-7956; fax number is (410) 966-9214.

Heart Transplant Support Group
The cardiac rehabilitation department at Holy Family Medical Center offers a new support group for those who have undergone heart transplant surgery, recently or years ago. The group meets the second Monday of each month at 7:30 p.m. in the cafeteria's Arlington Heights room at Holy Family.

For more information, call Ruth Wieder, at (708) 537-2105.

Alzheimer's Support Group for adult children
An Alzheimer's Support Group for Adult Children Only, sponsored by the Senior Health Program of Rush North Shore Medical Center in association with the Alzheimer's Association-Chicago Chapter, meets on the fourth Wednesday of each month at 7 p.m. in Rush North Shore's North Dining Room.

For more information, call (708) 933-6663.

If you decide to apply to be

Tony Barron & His Band Show

The Big Bands are back; they're better than ever and Tony Barron's is one of the best. So the experts say as they stand back in amazement at the resurgence of the Big Bands who play the sweet sounds of the twenties, thirties and forties in the last decade of our century.

Tony Barron did not have to take on any other name band of yesteryear to stay afloat as some have done, but did it all on his own. After his triumphant premiere dance party at the famed Northside Aragon Ballroom in May 1987, Tony recently returned there to celebrate 25 years of his "Sweetest Band in Chicagoland" where bus load after bus load of dancing fans helped him commemorate that gala event. Now Tony has started to present his 10-piece band on the stage of many theatres, where armchair dancers as well as ballroom dance champions are entertained by his sentimental, but energetic style.



Tony Barron

Dreams. Recently Tandy did a program with the Tony Barron Band at the Hinsdale Theatre to a very enthusiastic audience who gave them a standing ovation. Because they work so well together, their collaboration is very much in demand.

On the same program will be Tandy grew up in Park Ridge

Paris Theatre Artists in residence at Loyola

Acclaimed French author Victor Haim's new play, "Family Flesh (Chair Amour)," will have its American premiere at Loyola University Chicago on Feb. 17, 19 and 23-26. With a cast composed of Loyola students, the play will be performed in Loyola's Kathleen Mullady Memorial Theatre on the university's Lake Shore Campus, 6525 N. Sheridan Rd., Chicago.

Translated and directed by Loyola theatre professor Jack Trahey, Ph.D., Family Flesh is set in a feudal manor on a lonely island. The story focuses on the fiery and possibly psychotic Jules-Marie, Marie-Elizabeth, the intellectual feminist who he

falls in love with, and Galatea, his possessive, uneducated but brilliant daughter.

According to director Trahey, the play attack Hitler-type fascism, male chauvinism, French higher education in particular and western higher education in general, western cultural colonialism, and conventional western theories about the societal institutions and values of marriage, family and religion.

Performances are at 8 p.m. on Fridays and Saturdays and 2 p.m. on Sundays. General admission tickets are \$5-\$2 for students. For tickets or additional information, call (312) 508-3847.

Purchase tickets to Oakton's production

Theater lovers can enjoy an evening of laughs and emotional surprises at a performance of *Sunset*. Tales of Our Lives in the intimate setting of Studio 1600 (located near the Performing Arts Center) at Oakton's Des Plaines campus, 1600 E. Golf Road.

Performance dates are Fridays, Feb. 17 and 24 and March 3 at 8 p.m. and Saturdays, Feb. 18 and 25 and March 4 at 8 p.m.

Apollo Chorus presents Cathedral Concert

"Sing We Merrily" is the theme for this year's Cathedral Concert of the Apollo Chorus of Chicago, the nation's oldest continuously performing oratorio society. Featured are works by Gabriel Faure (whose 150th birth anniversary is this year), Hector Berlioz, and others. There will be two performances—Feb. 26 and March 12 at 3 p.m. in St. Peter's Church, 110 W. Madison Ave. For ticket information call (708) 960-2251.

Back by popular demand, the series features true-life intergenerational stories brought to life by the magic of director Karl Verson and her troupe of Oakton pioneers.

Tickets are \$7 general admission and \$5 for faculty, staff and seniors. For ticket information, call the Oakton Box Office at (708) 635-1900.

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Centerlight Theatre presents 'Hello, Dolly!'

Centerlight Theatre continues its sixth season with the popular musical *Hello, Dolly!* The production will be performed simultaneously in sign language and voice by actors who are Deaf, Hard of Hearing and Hearing.

Performances run March 2, 3, 4, 9, 10, 11, 16, 17 and 18 at 8 p.m. and March 5, 12 and 19 at 2 p.m. at the Center on Deafness, Black Box Theatre, 3444 Dundee Rd., Northbrook.

This vibrant show includes the songs "It Only Takes a Moment," "Put on Your Sunday

Clothes," "It Takes a Woman," "Before the Parade Passes By," and, of course, the very well-known "Hello, Dolly!"

Tickets are available in advance \$10 for adults, \$7 for seniors, \$5 for children under 12. Tickets at the door are \$7 to \$12. There is limited seating. For tickets, call (708) 559-0110 voice or (708) 559-9493 TTY, Visa and Mastercard accepted.

*Call for information for special discounts for school and community groups. Discounts available for groups of 10 or more by advance arrangement.

Chicago Bar Association presents 'Lien King' at Harper

Attorneys from the Chicago Bar Association will move from the courtroom to the stage Saturday, Feb. 18, when they present portions of their 71st Annual Christmas Spirits Revue, *The Lien King*, at Harper College.

The revue will include satirical skits and songs based on national and Chicago politics and personalities.

This year's comedy sketches will include members of the bar lampooning famous people with Prince Charles singing "I Can't Wait to Be King," Roseanne singing "Everything's Coming Up

Roseanne," and Dan Rostenkowski singing "After I'm Gone You'll Be Crying."

Tickets for the *Lien King* are \$40 and include a buffet dinner beginning at 6:30 p.m. in the College Dining Hall, Building A, 1200 W. Algonquin Road, Palatine. Discounts are available for students and senior citizens. Tickets may be purchased from the Harper Box Office, at (708) 925-6100.

John Measner magically appears at Northbrook Theatre

The Northbrook Theatre closes its fantastic "Kids Need Culture, Too!" series on Saturday, March 25, at 2 p.m.—with magical appearance by John Measner and the Measner Magic Show. A spectacular performance full of animals and illusion. Call (708) 291-2367 for tickets and information.

Northbrook Pops begin fifth season

The Northbrook Pops Orchestra begins their fifth season in 1995 entertaining local audiences with their popular renditions of Big Band music, show tunes and Duke Ellington, Count Basie or Benny Goodman standards. The goal of the organization is to spread Northbrook goodwill and to give its members the opportunity to advance musically.

The Pops Orchestra is looking for musicians at all ability levels to join the group. For additional information or membership applications, call orchestra manager Bob Kramer at 998-1712.

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Library/Parks and Sports News

Public ice skating times

Enjoy a day with family or friends whirling and twirling at your Northbrook Park District Ice Arenas, located at 1730 Pfingsten Rd. Until April 16, public skating hours are: Monday, Wednesday and Friday, 10:30 a.m. to noon; Wednesday and Saturday, 4 to 5:15 p.m. and Sunday, 3 to 4:15 p.m. Fees are \$4 for Adults, \$3 for Youths. Save money and purchase a coupon book containing 10 admissions for \$25 - Youths or \$35 - Adults. Skate rentals are available for \$1.50 with a Drivers License deposit.

Special holiday hours or any cancellations due to special events will be posted at the Sports Center Office.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D022942 on Jan. 25, 1995 under the Assumed Name of Precision Concrete Construction with the place of business located at 204 Parkwood Dr., Streamwood, IL 60107. The true name(s) and residence address of owner(s) is: Jeffrey G. Allen/Kimberly A. Allen, 204 Parkwood Dr., Streamwood, IL 60107.

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Apply for 1995 Village Green Art Fest

The Northbrook Park District is accepting applications from artists for participation in the 1995 Village Green Art Festival, scheduled for Saturday and Sunday, June 17 and 18. The main show is open to artists, ages 18+. All exhibitor work must be original, displayed in painting, sculpture, photography, jewelry, crafts or mixed media categories. Artists must be present during the festival. Cash and purchase awards will be given, ranging between \$100 and \$300.

Selection will be accomplished by juried slides. Applications are asked to submit 4-35 mm color slides of work to be exhibited, along with a \$5 jury fee. Applicants will be notified by mail as to their acceptance status. Applications, slides and jury fee are due by Feb. 24. Additionally, teens up to age 17 are invited to exhibit their original homemade crafts upon submitting a \$10 application fee. Applications must be submitted by May 1.

The Village Green Art Festival is one of the North Shore's most popular, informal fairs, located along the beautiful paths of the Village Green in downtown Northbrook. Refreshments and entertainment round out a weekend of exciting cultural enrichment and enjoyment. For more information, call 291-2995.

Loyola Gold hockey team goes to Switzerland

With two holiday tournaments (LA Thanksgiving, Blackhawk Charities) on ice, the No. 1 ranked Loyola Gold hockey team celebrated their victories by going to Switzerland to play in a five-game "Friendship Series."

Ramblers ice men traditionally plan a Christmas Tournament trip, and this year, thanks to a suggestion by Assistant Coach and former Swiss Elite player, Mark LaVarre, the hockey parents' committee decided to take the team to Switzerland for Christmas.

Fundraisers, such as the Thanksgiving tournament raffle and T-shirt sale, brought in \$13,000, enough to pay for the entire team to go on the European tour. "It's a tribute to the boys," said LaVarre, "they raised the money."

In matches with Fribourg, Geneva Servette, Martigny, Sierre and Bern, LA Gold ended with a respectable 3 wins, 1 loss and 2 ties. The Ramblers dished out their aggressive power-play style and a taste of European textbook skating and moving the puck in return.

"It was the trip of a lifetime," said Coach LaVarre, who hopes to return the Swiss hospitality by bringing the series to the North Shore next year.

The Rambler Gold travelling players include John Loiacano of Morton Grove and Paul Thomas of Des Plaines.

Boy's, girl's high school spring basketball league

The Niles Park District is now taking registration for its high school spring basketball league for both boys and girls. Registration is taken by team only.

For further information contact John Jekot at (708) 967-6975, ext. 46.

Jazz Babies finish top six

Northwest Chicagoland's largest precision skating club is ready for the USFSA Championships, finishing in the top six of all six of their divisions at the Mid America Precision Competition held at Fraser, Michigan Jan. 26.

The Chicago Figure Skating Club's Jazz Babies, who practice both in Park Ridge and Niles, competed along with 79 teams from Canada, Minnesota, Ohio, Michigan and Illinois.

The 91 Jazz Babies skaters will also compete Feb. 24-25 at the UIC Pavillion at the University of Illinois, when more than 77 precision teams descend for the Midwestern Championships.

Jazz Babies Preliminary Team finished fifth at what was their first competition. Juvenile Team skaters placed third out of 11 teams and the Novice Team won fifth place in their final round. In the Intermediate Division, Jazz Babies placed second of 13 teams and Junior Technical skaters won sixth place. The Junior Freestyle Jazz Babies team won fifth place.

Snowmobiling made safe and exciting

Snowmobiling along the Forest Preserve District of Cook County's five snowmobile areas is a fun and exhilarating experience. While having fun, people need to remember to obey the rules of the sport and exercise the appropriate safety measures.

"Safety ought to be uppermost in the minds of every snowmobiler," said Cook County Board president John H. Stroger, Jr. "By following simple guidelines and using common sense, snowmobiling can be an enjoyable activity for everyone."

The Forest Preserve District offers some safety tips and rules for snowmobiling. All snowmobilers are strongly advised to abide by these guidelines.

Safety Tips:
 1. Wear a helmet. The head is the part of the body most susceptible to serious injuries.
 2. Dress warm. Wear layered clothing that shields the cold and moisture. Do not leave skin exposed to the cold to avoid frostbite and hypothermia.
 3. Avoid long and loose fitting garments that can get tangled in snowmobiles.
 4. Wear protective glasses or goggles.

For additional snowmobile regulations and registration information, contact the District's Police Department at (708) 771-1000. For information about the District's snowmobiling areas, contact the Recreation Department at (708) 366-9420.

Lotto said ski weekends are offered every weekend through March 5. A Friday through Sunday package which includes lodging, meals and instruction costs less than \$100 for adults.

For more information, contact Sandy Lotto at (715) 479-6456.

Learn how to make pillows

You can learn to design and create the loveliest decorator pillows at the Northbrook Park District's Pillow Making Workshop, scheduled on Feb. 25, 10 a.m. at the Leisure Center, 3323 Walters Ave.

Techniques taught include basic sewing, patchwork pillows, zippers, over-lapping fold, fabrics and finishing designs. Your finished project can make a terrific gift or a fine home decoration.

Beginner and expert sewers are welcome to register for this workshop. Registration is being accepted at the 1810 Walter Ave. Registration Office, Call 291-2980, for further details.

Girl's 11" softball registration

The Niles Park District is now accepting registration for its girl's 11" softball program. A third, fourth and fifth grade league along with a sixth, seventh and eighth grade league are now being formed.

For further information call (708) 967-6975, ext. 46.

Scholastic Bowl Teams hold winning records

Maine East's Scholastic Bowl team host New Trier Wednesday, Feb. 22, and, according to varsity coach Dennis Wyatt, the meet should be exciting since both have outstanding records.

In fact, after a 318-110 varsity win on February 1 against Niles West, the Maine East Varsity Scholastic Bowl team record was 7-0 in conference meets and 18-5 overall.

Varsity Scholastic Bowl members are: Bob Abrahamian of Morton Grove, Don Baron of Morton Grove, Veronica Davydova of Des Plaines, Slava Faybush of Des Plaines, Pete Gayness of Des Plaines, Dan Guerrieri of Niles, Riva Khoshaba of Niles, Kathy Konieczny of Niles, Ashish Pandya of Morton Grove, and Prajal Patel of Des Plaines.

Demon Guard swim program

Maine East's Demon Guard swim lessons for youngsters ages 5 to 12 will start up on Feb. 18 this year and continue through May 13, except for Spring Break Saturdays, March 25 and April 1. Parents can buy a five-session ticket for \$20 on the Saturday their child begins lessons. Class size averages have been two students per instructor last fall.

Demon Guard is an organization of Maine East students dedicated to teaching children to swim properly. Tri-captains for 1995 are Jenny Weglarz, Robert Grabowski, and Agnes Kozak.

If you have any questions regarding the above, call Art Belmonte at Maine East, 825-4484.

Members of Demon Guard are: Junet Ando, Marilana Ansaldo, Aaron Been, Rachel Bercovitz, Sarah Chang, Kathy Chiu, Beth Dowling, Nicole Gabriel, Elly Goldberg, Robert Grabowski, Toshiko Hiramatsu, Arlette Karnousian, Carrie Koppe, Agnes Kozak, Michele Kuber, Stephanie Kuber, Kristen Kudert, Nicole Lansu, Edna Manteca, Stephanie Minkley, Josh Mizrahi, Carolyn Murray, Andy Rabbin, Brenda Reter, Melanie Reter, Jennifer Sapper, Karl Schoenbrunn, Nick Stojanovich, Deana Strzelecki, Jenny Weglarz, Eva Wrobel, and Phil Yee.

Niles North coach celebrated

Veteran Niles North High School varsity basketball coach Pete Christie will be retiring from coaching after this season, and the Niles North community celebrated his twenty-two years of service with a special ceremony on Feb. 11 in the school gymnasium, 9800 Lawler Avenue in Skokie.

The celebration began at 6 p.m. with a game between the Niles North and Niles West sophomore basketball teams. Following this contest, the North and West varsity teams took the court at 7:30 p.m. At half-time during this game, Christie's contributions to the team, the students and the school were honored with special presentations and awards. Following the varsity game, refreshments were offered at a party for parents, players and staff in the east cafeteria. Niles North Social Studies teacher Mike Nekritz, who has been an assistant coach for the team, will replace Christie.

District Director receives 1995 Fellow Award

The Illinois Park and Recreation Association recently awarded Kathy Cassens (Elgin), director of planning and development at the Forest Preserve of Cook County, with its 1995 Fellow Award. Cassens was recognized for her outstanding efforts in community service which has contributed toward betterment of recreation on state and local levels.

Adult summer softball leagues

The Niles Park District is now accepting team applications for its 1995 adult summer softball leagues. The following leagues are being organized: Men's 16", Men's 12" and Women's 12".

For a registration application and/or further information, call (708) 967-6975, ext. 46.

Niles Rangers hold spring hockey registration

The Niles Rangers Youth Hockey Club announces registration for its Spring League. Registration will be held Saturday, Feb. 18, from 1 to 5 p.m. and Sunday, Feb. 19, from 9 a.m. to noon at the Niles Park District's IceLand, 8435 W. Ballard Rd.

The Rangers offer Spring House League hockey for ages 6 to 17. The Spring League, held from March to June, is a "play" league designed for participants to maximize playing time. The cost to Niles Park District residents for Mite, Squirt and Pee Wee levels is \$155, and \$210 for Bantam and Midget levels. Non-residents are welcome to register for an additional \$25. For further information on the Niles Rangers Youth Hockey Club or IceLand, call Rich at (708) 297-8010.

Junior High Dance

Come and join the Skokie Park District for an evening of great music and fun with your friends. On Feb. 24 from 7 to 9 p.m., we are hosting another junior high dance for sixth through eighth graders at Oakton Center.

Call (708) 674-1500 for more information about this exciting event.

'Cross Sections and Dialogues'

Currently on exhibit at Skokie Public Library through the end of February is Cross Sections and Dialogues, a series of self-portraits by the student, which are at times funny, poignant, sad or hopeful but always incisive and revealing.

Photography teacher Kathleen Fisher conceived of this project as a way to give her students a voice and an outlet for their work. The exhibit has been seen in several other venues, including the

Yak Council, calling all teens

The Skokie Park District is looking for interested teens to join this newly created council and help plan activities for Skokie's Junior High students. After each meeting, members are invited to participate in a special activity. Call Howie at (708) 674-1500 for more information about how you can make a difference.

Family swim and splash

The Skokie Park District invites you to bring your family for an evening of swimming fun without the sun. Join us for our family open swim program on Thursday evenings from 7 to 10 p.m. at the Niles North High School Pool. Call Ron at (708) 674-1510, for more details.

From scraps to stationary

On Feb. 18, the Skokie Park District invites parents and their children to learn how to make stationary from scraps. This event will take place at Emily Oaks Nature Center from 10 a.m. to noon.

Gospel singer at library

His interest in art began with a childhood fascination for cartooning. A Skokie resident since 1968, he has taken classes at the Evanston and Village Art Centers. When time allows, he draws caricatures of his patients in his office. The library is located at 4000 W. Pratt Ave. Call (708) 677-5277, voice and TDD.

Recording artist, public school teacher, wife and mother of two,

Library/Parks and Sports News

Exhibit of Neil Aronson oils at library

An exhibit of oil paintings by Neil Aronson will be on display at the Lincolnwood Public Library, Feb. 18 and continuing through Apr. 1. Although his work as a pediatrician is demanding, Dr. Aronson finds the time to work in many different media—woodcuts, watercolors, acrylics, and pastels and oils.

Gospel singer at library

Gwendolyn Davis-Loyd presents "Gospel Singing and Music of America" in celebration of Black History Month at the Lincolnwood Public Library, 4000 W. Pratt Ave. on Sunday, Feb. 19 at 2 p.m.

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Recording artist, public school teacher, wife and mother of two,

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 Morton Grove 5708 W. Dempster (2 blocks West of Edens Expwy.) (708) 967-7707

School News

Washington School News

Washington School fifth grader Jonathan Raffensperger has earned the school championship title in the National Geographic Geography Bee, after competing with Greg Hamilton in a tight fi-

nal round. Third place went to Ann Heindel. Each 4/5 classroom sponsored the contest.

Other participants in the semifinal were: Daniel Deacon, Max Feinglass, Anne Fine, Ross Hipp, Sarah Peters, Peter Rehage, Fred Renteria and Anna Wagner.

Nine Washington students are working on a mural with the theme of global concepts of cultural diversity, peace, and working together. The mural was developed by Eric Utech, instructional assistant and professional artist.

Brian Johnson, Manager of Builders Square in Evanston, has generously offered to donate materials for the project.

The children working on the project are Evelyn Ayala, Adrian Canchola, Reynaldo Catuy, Raymundo Gomez, Aurora Infante, Hugo Patino, Luis Patino, Mari-sol Rejas and Gabriela Vega.

LEGAL NOTICE

The Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, March 6, 1995, at 7:30 P.M. in the Municipal Council Chambers, 7200 Milwaukee Avenue, Niles, Illinois, to hear the following matter(s):

95-ZP-3
Deborah J. Rohde
Lutheran General
Health System
1775 W. Dempster St.
Park Ridge IL

Requesting a change in zoning from B-1 to B-1 Special Use and variation to required parking from 49 spaces to 41 spaces for an addition to 7255 Caldwell Avenue for Lutheran General Occupational Health.

95-ZP-4
Evelina Troike
7022 Oleander
Chicago, IL

Requesting a change in zoning from B-2 to B-2 Special Use and variation to parking from 12 spaces to 10 spaces to open a carry out/deli down restaurant with 25 seats at 9511 Milwaukee Avenue.

The Village of Niles intends to comply with the Americans With Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodation for a Village service or have any questions about the Village's compliance, please contact Abe Selman, Village Manager, 7601 Milwaukee Avenue, Niles, Illinois, 708/967-6100.

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M-NASR provides Latchkey Program



Eight year old Joy Lee Kim is pictured enjoying Maine-Niles Association of Special Recreation's (M-NASR) Latchkey Program. Latchkey provides after school child care for children with physical and mental challenges.

Office Systems Technology Program offers Internet

Oakton Community College's Office Systems Technology Program will offer a five-week course, Introduction to the Internet (OST 290 051), beginning in March at Oakton Community College's Des Plaines campus, 1600 E. Golf Rd.

The Internet is a tremendously powerful resource, but navigating it can be intimidating. To help students get started on this popular software package, the class will be offered on Monday evenings from 7:30 to 10 p.m. starting March 6 through April 10.

Registration is now in progress. For more information call Kitty Tabers at (708) 635-1954.

African-American Celebration Mass

The following area Regina Dominican students will be attending the African-American Celebration Mass held at Holy Name Cathedral honoring the beginning of African-American Month: Susann Greaves and Rachel Ignacio of Skokie, Patsy Molloy of Lincolnwood, and Melinda Willis and Sarah Willis of Skokie.

Nelson student meets governor

Peter Koziara, a fourth grade student at Nelson School, along with his older brother and parents, attended the inaugural of Governor Jim Edgar in Springfield on Jan. 9.

The swearing in took place at the Prairie Capital Convention Center. After the ceremony Peter and his family walked to the Governor's mansion where he shook hands with Governor Edgar and then toured the mansion. Peter tells his fourth grade classmates the Governor's home is very beautiful and represents a lot of history.

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Editors meet first deadline



Maine East's yearbook editors (l-r) Nancy Hong of Niles, Jennifer Lee of Morton Grove, Megan McCoy of Niles, and Sarena Shen of Niles are hard at work to finish the first deadline of 1995. Once the 14-page faculty section is completed and sent to the Jostens publishing plant in State College, Pa., the staff will turn its attention to the 14-page winter sports and 14-page student events sections. Maine East yearbooks are distributed to students in late May.

Haven Middle School News

Haven Middle School student Josh Howes, eighth grade, was first place winner in the school's National Geography Bee. Second place winner was Josh Engel, seventh grade; third place, Daniel Nocchiero, seventh grade; fourth place, Jessica Medros, sixth grade. Josh Howes will now represent Haven by taking the qualifying test for the State level competition.

The first place winner in the National Contest will receive a \$25,000 college scholarship. Other finalists at Haven were: Aaron Drayton, Elizabeth Feild, Sarah Folkes, Ryan Kelly, Matt Larson, Gabriel Mengin, and Eric Sirota.

Haven seventh grader, Katy Goodale Sussen was one of seventeen students chosen to represent the U.S. Suzuki Harp Program at the International Suzuki Fan Pacific Conference in Sydney, Australia. Katy has just returned from the trip which culminated in a harp concert on the stage of the Sydney Opera House.

Kwanzaa was celebrated by Haven students in Ms. Shaw's class by studying the history of the holiday, symbols and principles, culminated with students making computer generated banners, door decorations and invitations to a class banquet. Parents, Haven's administration, teachers, central administrative staff, and community leaders attended.

Degrees awarded at UI commencement

The University of Iowa held fall commencement ceremonies Dec. 16 and 17, awarding more than 1,350 degrees.

Among the students from local areas who received degrees at the UI commencement are: Chris St. John, Michael Anthony Mascolo, and Michael Harold Christesen, of Des Plaines; Adrian Enochian, of Glenview; Jennifer Jean De Sario, of Morton Grove; Dawn Helen Banovitz of Niles; Timothy Duerkop, Stefani Lynn Stewart, Kristin Ann White, Michael Frank Barinek and Sarah E. Kearns, of Park Ridge; and Stefanie Dana Blank and Karen E. Noesen, of Skokie.

Mothers of graduates meet for dinner

Mothers of Marillac graduates have been meeting for informal dinners twice a year since 1990. They gather to renew friendships and catch up on school news and activities.

The first dinner of the current school year was held in November at the Glenview home of Joyce and John Schuler. Thirty-five mothers and four Daughters of Charity attended this gala event. Sisters Anne Marie, Anne, James and Shelia shared stories and experiences of the new coeducational Loyola with the group.

LdM Alumnae Mothers Committee members Lynn Di Paola of Glenview, Karen Moore of Park Ridge and Mary Jane McCarthy of Northbrook invited interested mothers to attend the next dinner on Wednesday, Feb. 22, at the Marillac Sisters home in Northfield.

The February dinner is being planned by Mary Doerschler, Marion Anetsberger, Katie Lane and Mary Ewen of Northbrook and Marilyn Adamski of Mt. Prospect. All Marillac Alumnae Mothers are welcome to attend. Call Mary Jane McCarthy at Loyola (708) 256-1100, ext. 350 for information.

Parkview School donates to senior program



Parkview School Student Council Vice President Katrina De Ocampo (left) and Secretary Angela Burgess (right) visit with seniors, Margaret Panaride and Evelyn Reddick.

Since 1991, the Parkview Student Council has sponsored a bake sale and dedicated the proceeds for a senior citizen program. This year, the money was donated to the Community Thanksgiving Day Dinner. In previous years, the money has been used to augment the Lunch Bunch Program.

This community service is one of the several outreach programs the students are involved in. Eliot

Win airline tickets through RES H.S. RES-ma-tazz

The Resurrection High School community invites you to take off on American Airlines. Only 200 tickets will be sold for a chance to win two round-trip tickets on American Airlines to any location in the continental U.S.

Raffle tickets are available through the school for \$20 each and the winner will be drawn at Resurrection High School's RES-ma-tazz on Saturday, Feb. 25 at 6 p.m. (winner need not be present). Offering a buffet dinner, silent

audition, cabaret performances, a d.j., dancing, a 50/50 raffle and much more, RES-ma-tazz promises to be an evening of fun for everyone. Prizes and auction items already include Chicago Bulls tickets and a variety of gift certificates for dining and entertainment throughout the Chicago area. All funds raised will benefit the students of Resurrection High School. For more information and reservations, call the Res development office at (312) 775-6616, ext. 27.

MONNACEP data processing courses

MONNACEP, Oakton Community College's Adult Continuing Education Program, is offering a variety of data processing classes for beginning to advanced computer users. Classes are held at Oakton's Des Plaines campus, 1600 E. Golf Road and Ray Harstein Campus, 7701 N. Lincoln Ave., and at local high schools throughout the district.

The following classes begin in February:

Introduction to WordPerfect 5.1 for DOS provides a hands-on introduction to wordprocessing using WordPerfect 5.1. Participants learn how to create, edit, format, and save files. Typing speed should be at least 40 words per minute. Prerequisite: Introduction to PC or equivalent experience. The class meets for four Fridays starting Feb. 17 from 7:45 to 9:45 p.m. at Oakton's Ray Harstein Campus.

Introduction to Microcomputers/PC is a hands-on course designed for the student with no PC experience or those who are re-entering "the world of computers" and need to refresh their skills. An overview of the basic functions of DOS, WordPerfect 5.1 and Lotus 1-2-3 is included. The class meets for five Saturdays starting Feb. 25 from 1 to 4 p.m. or five Sundays starting Feb. 26 from 2 to 5 p.m. at Oakton's Des Plaines campus.

Mark Twain School welcomes Donna Washington

Donna Washington, the creative "Artist-In-Residence," is currently working with our 2nd and 4th graders. The second grade is focusing on decision-making skills which include instruction in improvisation, elements of drama, use of imagination and problem-solving. The fourth grade workshop is focusing on the history of Illinois, particularly the Lincoln-Douglas debates.

Washington has led workshops and taught storytelling and drama for children throughout the Chicago area since 1989. Her services are made possible because of a grant through the Illinois Arts Council Artist-in-Residence Program.

wordprocessing including how to format, create, edit, print and save files. Prerequisite: Introduction to PC. The class meets for three Sundays starting Feb. 12 or four Fridays starting Feb. 17 at Oakton's Ray Harstein Campus, or four Sundays starting Feb. 26 from 10 a.m. to noon at Oakton's Des Plaines campus.

Other classes beginning in February include: Introduction to Lotus 1-2-3, Introduction to Macintosh, Desktop Publishing, WordPerfect for Windows 6.0, Internet, Microsoft Excel, Microsoft Windows 3.1 and Introduction to Microsoft Word for Windows.

Registration is now in progress. Students who have registered for Oakton or MONNACEP classes within the last five years and have a correct Social Security number on file, may register using the Touch-Tone system by dialing (708) 635-1616. Registrations can also be taken via fax at (708) 635-1448. Payment must be made by a major credit card (Visa, Mastercard or Discover).

For a brochure or more information about winter classes, call the MONNACEP office at (708) 982-9888.

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GRAND OPENING

Community Focus

Octogenarian an encyclopedia of Park Ridge history

by Joseph Zurawski
Sometimes he wore a tuxedo. But not when he worked in the boiler room. He was most relieved when Willis Jones found the dynamite before it exploded and "blew up the place." And with John Miller sitting in the alley with a shotgun, he at least knew no one could sneak up behind him in the dark.



Fugitive? Gangster? ...must be an actor.
No, No. Not even close.
Meet Bill Knaack, a lively, energetic octogenarian, former Park Ridge postmaster, high school drop out, and most delightfully, a walking, talking encyclopedia of Park Ridge history.
Bill, seems to have a sense for the memorable. What he lived, what he remembers, and the feeling, the spirit, which emerges in conversation five, six, seven decades after the events he describes is lively, fresh, entertaining.
Bill is interested in history, particularly the history of Park Ridge. He has the memorabilia: films 50 to 60 years old, photographs taken almost a century ago, programs of the first movie house in Park Ridge, and all the regular stuff of history like books, newspapers, documents, says Bill. To which he responded, "no way." He was then told he could take swimming. Again Bill asked to be excused. He wasn't, so he left school.
Since seventh grade he had

been working at the Ridge Theater on Vine, across the street to the north from today's City Hall. Now at 14, he went to work for Bob McGregor full time at the Ridge.
Bill has saved just about all the printed programs from the Ridge, "the first movie house in Park Ridge built as a movie house," says Bill.
Even though the stage was only five feet deep, there were vaudeville acts plus a silent film for "15 cents for kids and 30 to 35 cents for adults," says Bill.
In November of 1928 William Malone built the Pickwick Theater. Since he couldn't get films, he bought the Ridge Theater and closed it in two weeks.
Bill approached Malone, "You put me out of work, do you have a job for me?"
Malone responded, "Sure, if you can work the boiler room."

tionists walked off the job since there wasn't money to pay them. Bill recalled he was 18 at the time and wanted to be a projectionist. "But I didn't have the \$10,000 in cash to pay Tommy Malloy who ran the union," says Bill.
Nevertheless, Bill became the projectionist and he found out, almost immediately, that "the film didn't have any sound. They gunned it up," says Bill. He found the fuse that was missing, explained how he made a fuse that served the purpose, wired it in, and there was sound.
Being a non-union movie projectionist in the early 1930's was not a safe occupation. Bill anticipated problems so he called on his friend, John Miller, a veteran of the Spanish American War to sit in the back of the theater with a shot gun protecting the rear entrance to the projection booth.
"Once an usher got in, but he was the only one," says Bill. No one else even got close for four months.
There was cause for concern. One of the Polka brothers returned from Europe and "was run off the road in Lake Forest," says Bill.
One evening, "they put a stink bomb in aisle one, about 10:15 in the evening," says Bill, "which disrupted us for about a half hour." It was discovered before it went off and did major damage, but the sewer into which it was thrown says Bill, "did smell pretty bad for a few weeks."
The theater closed in August. "You should see the one we did on the Pickwick," Bill advised. He was referring to the videos on Park Ridge history available at the library in Park Ridge.
Like maybe, about his grandfather's farm which occupied the exact corner where Thompson's supermarket is now located. But that's another story.

Flea Market at St. Andrews

The Women of St. Andrew's will hold a flea market from 9 a.m. to 3 p.m. on Saturday, Feb. 25 at the church located at 260 N. Northwest Highway, Park Ridge.
About 50 vendors will offer antiques, jewelry, collectibles, toys, tools, etc.

Niles Woman's Club holds guest night

The Woman's Club of Niles will be holding their annual guest night at The Lone Tree Inn, 7710 Milwaukee Ave., Niles, on Feb. 22.
Cocktail hour is 6:30 and dinner will be served at 7:30 p.m. After a short business meeting, the entertainment will be provided.

Notre Dame holds Mission Mardi Gras

The 32nd Mission Mardi Gras Carnival will be held at Notre Dame High School for Boys in Niles, on Tuesday, Feb. 28 from 4-10 p.m.
Mission Mardi Gras will have many new games of skill and chance set up in midway fashion on the gym floor. Look for many new events, including a new dunk booth and a mini golf course, but the big hit this year will be the new bungi-run.
The event will also include a pasta dinner, a dance, a variety show and a raffle. There is no general admission charge. Dinner will be served from 5 p.m. to 7 p.m. The cost of the dinner will be \$5 for adults and \$2.50 for children. Hot dogs, pizza, and drinks, ice cream and snacks will also be available.
For more information, please call Notre Dame High School and ask for Brother Patrick Lynch, CSC at (708) 965-2900.

Friendly visitors at Leaning Tower Y Senior Center

Bring some sunshine into the life of a lonely senior citizen by visiting on a weekly basis to talk or read to an elderly man or woman whose eyesight is poor and who is alone in the world.
If you have an hour or two per week to share with a shut-in from the Niles Township area, we need you. Leaning Tower YMCA Senior Center has an Outreach Program that is in need of Friendly Visitors who can donate their services to bring some cheer to these needy individuals.
How can you become a Volunteer? Contact Rose Wahlburg, Outreach Supervisor at Leaning Tower YMCA Senior Center, 6300 W. Touhy, in Niles and she will tell you all about this program. Call (708) 647-8222, Ext. 2234 Monday, Wednesday or Friday, from 10 a.m. to 3 p.m.

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Singles Scene

FEBRUARY NEW BEGINNINGS, INC.
The Chicagoland Chapter of New Beginnings, the mutual support group for the recently separated or divorced, announces its program for February 1995.

"Valentines: Rage and Romance," "Coping with Aloneness," and "Open Discussion bring their own questions or issues to share."
Each topic discussion is held in the evening in a member's home usually in groups of 15-20. Each discussion is led by a trained facilitator, who is also a member and has gone through divorce. February locations are Chicago's Lincoln Park neighborhood, Park Forest and Midlothian and Kenosha, WI.

Each topic is presented numerous times. Anyone interested is free to attend whichever is most appealing or convenient. Other topics will be presented in the future with new topics being presented each month.
Activities for February and March include a weekend retreat at Algonkian Regional Park near Sterling, Virginia.

FEBRUARY 19 ORIGINAL SUNDAY
Original Sunday Singles will be having a Jelly Bean Contest on Sunday, Feb. 19. Win cash and prizes guessing the number of jelly beans in the glass jar.
The Original Sunday Singles Dance and Party, for all singles from age 25+, will be held on Sunday, Feb. 19 from 7:30 p.m. to midnight. The evening features DJ music, dancing, door prizes, and munchies. Admission is \$3 at Maxie's Lounge, the Clanton Hotel, 6810 N. Mannheim Rd., Rosemont. For more information, call (708) 453-7017.

FEBRUARY 17, 18, 19 ST. PETER'S SINGLE CLUB
All singles over 45 are invited to the following dances: St. Peter's Singles Dances Friday, Feb. 17, 7 p.m. at Aqua Bella, 3630 N. Harlem and Saturday, Feb. 18 at 9 p.m. at Christines, 8465 Grand. Sunday, Feb. 19, Mardi Gras Dance at the Tivoli Gardens, 3258 N. Harlem. Each dance is \$4. Phone (312) 334-2589.

FEBRUARY 17 AWARE SINGLES GROUP, CHICAGOLAND SINGLES ASSOCIATION
The Aware Singles Group and Chicagoland Singles Association invite all singles to a joint dance at 8 p.m. on Friday, Feb. 17 at the Sheraton Gateways Suites O'Hare Hotel, 6501 N. Mannheim Rd., Rosemont. Music will be provided by Music Makers. Admission is \$5. For more information, call Aware at (708) 632-9600.

FEBRUARY 18 COMBINED CLUB SINGLES AND T.G.I.S. SINGLES
All singles are invited to a joint "Super Dance" sponsored by the Combined Club Singles and T.G.I.S. Singles at 8 p.m. on Saturday, Feb. 18, at the Sabre Complex Ballroom, 8900 W. 95th St., Hickory Hills. Music will be provided by Music in Motion. The event is also co-sponsored by Northwest Singles Association, Singles & Co., Young Suburban Singles and T.G.I.S. Singles. Admission will be \$5.
For more information call (708) 2066.

FEBRUARY 24 AWARE SINGLES GROUP, CHICAGOLAND SINGLES ASSOCIATION
The Aware Singles Group and the Chicagoland Singles Association invite all singles to a joint dance at 8 p.m. on Friday, Feb. 24, at the Drake Oak Brook, Hotel (upstairs), 2301 York Rd., Oak Brook. Music will be provided by Music Makers. Admission is \$5. For more information, call Aware at (708) 632-9600, or Chicagoland Singles Association at (312) 545-1515.

FEBRUARY 26 JEWISH SINGLES 39+
Jewish Singles 39+ are having a Jazz Concert at Congregation Am Shalom in Glencoe on Sunday, Feb. 26. For more information call Bella at (708) 818-0244.

FEBRUARY 26 JEWISH SINGLES 39+
Jewish Singles 39+ are having a bowling and dinner event on Sunday, Feb. 26 at 2 p.m. Cost is \$2.95 per game and \$1.75 for shoe rental.
For more information and reservations, call Judy at (708) 541-6549. RSVP by Feb. 17.

FEBRUARY 26 JEWISH SINGLES 39+
"Bagels & More" is an informal group meeting monthly in members' homes for Sunday morning brunch and conversation. 39+ events following brunch. Join us. The cost for this event is \$4 for members and \$6 for non-members. R.S.V.P. by Feb. 18 to Ina at (708) 885-2277.
For more information about 39+ and how to join, call (312) 327-8637.

MARCH 5 MOGEN DAVID SOCIALS
Mogen David Socials - the Jewish Connection - Bowling League, ages 21-49, Sunday, March 5, Deerbrook Lanes, Deerfield, 1:30 p.m.; Niles Brunswick Lanes, Skokie, and Woodfield Lanes, Schaumburg, 10 a.m.
For membership call (708) 317-1171.

MARCH 7 THE CITY OF HOPE SINGLES
The City of Hope Singles Council presents "Twice Tuesdays" social-buffet and dance-mixer with a DJ, 35 and over, all welcome. 94th Aero Squadron, 1070 S. Milwaukee, Wheeling (just north of Willow Rd.). First and third Tuesday, 7 p.m. March 7, \$6 donation. For information, call Ricki (708) 498-1462 or Ilene (708) 537-5997.

Send us your news

All press releases must be in our office by Friday for publication in the following week's edition. Send to:
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Area News

Canadian author to appear at Harper

Deborah Joy Corey, a Canadian author who was expelled from high school three times, became a fashion model and still managed to write a critically acclaimed first novel, will speak, read from her novel and read excerpts from her novel in progress, at Harper College on Tuesday, Feb. 21, at 7:30 p.m. in the Building J Theatre, 1200 W. Algonquin Rd., Palatine.

Inspired by her own childhood in tiny Temperance Vale, New Brunswick, Canada, Corey writes from the point of view of a nine-year-old girl, in her debut novel Losing Eddie, winner of the Smith Books Award for 1993. The story is about a rural, working-class family that is forever struggling with disaster and the family's subsequent attempts to

come to terms with a son's death. Corey's overriding theme, however, is one of love. For, despite all of the calamities, the family demonstrates their capacity of love amidst adversity.

Corey, who is the sixth of seven children, divides her time between Cotuit, Massachusetts, and New Brunswick. Her writings, including Mademoiselle, Story, and Ploughshares, Corey says she was inspired to write after reading The Wheel of Love by Joyce Carol Oates while traveling in Switzerland. "I'd never read stories like that," she recalls. "I decided then that I wanted to write."

For tickets or information, call the Harper College Box Office, (708) 925-6100.

Township, County may help repair 2 private roads

Maine Township Supervisor Mark Thompson and Highway Commissioner Bill Fraser announced that two long-neglected private roadways in the unincorporated area soon may be repaired with the help of Cook County.

"For the first time, we have some hope to resolve these longstanding problems because we're getting active support from our two county board representatives, Commissioners Herb Schumann and Peter Silvestri," Thompson said at Wednesday evening's meeting of Maine Township Neighborhood Watch.

The two roadways - an access route informally known as Burma Road, and a private alley that runs parallel to Sumac Road - have gone without regular maintenance or significant repairs since the adjoining areas were developed with townhouses and multi-family dwellings in the 1960s. No residents' association exists to care for the roads, and the township and the county have been unable to repair them because both thoroughfares are on private property.

Since the November election, though, Schumann and Silvestri have been working with the township to find a solution. Under the plan announced by Thompson and Fraser, help may come in the form of a special service area and community development block grants.

The proposal for Burma Road calls the county to create a special service area in which adjoining property owners would relinquish their rights to the road and

pay a special assessment over several years for repairs, estimated to run \$127,400. Once the improvements are made, the county then would dedicate the two-lane roadway to the township, which would be responsible for all future maintenance.

The affected area of Burma Road, which is 29 feet wide, runs 630 feet from Bobbi Lane to Dempster Street.

Under the plans for Sumac Alley, the township would apply to the county for a community development block grant of about \$100,600. With the county's approval, the township would use the funds for repairs and would continue to maintain the area as a one-lane, public alley. The proposal also calls for adjoining owners to release their alley property rights to the township.

The 17-foot wide alley runs 950 feet between Emerson Street and Noel Avenue.

Township Assessor Thomas Rueckert and his staff are working to determine which residents along Burma Road and Sumac Alley will need to sign over their property rights so the improvements can be made. The assessor's office also is establishing the boundaries of the proposed special service area for Burma Road.

Thompson said he was optimistic both proposals could be approved so repairs to the roads could get under way this year. He added he was grateful both Schumann and Silvestri have made the improvements a priority at the county level.

Garden designer to address Lily Society

Pam Duthie, an award-winning Northbrook garden designer, will give a public slide-show presentation to the Wisconsin-Illinois Lily Society at 3 p.m. on Sunday, Feb. 19, on "How To Design Your Garden Around Lilies," in the Linneaus Room at the Chicago Botanic Garden.

Mrs. Duthie, a Northbrook resident, is president of The Gifted Gardener, a landscape design and consulting firm specializing in perennial gardens. She is a lecturer at the Chicago Botanic Garden on design, perennial and perennial gardens, a founding member of the Landscape Design Group, and belongs to the Association

for Professional Landscape Designers.

Mrs. Duthie was featured in the Chicago Tribune last May 8, in a major article on the area's leading landscape designers.

The Wisconsin Illinois Lily Society is an affiliate of the North American Lily Society, and promotes the knowledge and propagation of true lilies.

The lily program is free and open to the public, although the Botanic Garden charges a \$4 parking fee for non-Botanic Garden members. For further information, call (708) 733-0071.

Attorney named to Stroger transition team

Chicago area zoning attorney, John J. Pikarski, Jr., who is Chairman of the Cook County Board of Ethics and a northwest side resident of the Sawganash Community, has been appointed to serve on the Transition Team of newly elected Cook County Board President, John H. Stroger.

The Transition Team will assist President Stroger in reviewing all facets of county government with an eye toward reducing budget, adding to efficiency and streamlining systems and delivery of services to the citizens of Cook County.

Managing asthma

Do you suffer from the wheezing, coughing and gasping symptoms of asthma attacks? On Thursday, Feb. 23, from 6 to 7:30 p.m., Northwestern Memorial Hospital is offering a class that can help you better understand the causes and treatment strategies for this condition.

Asthma experts, Dr. Chris Winslow and Susan Leonard, MSN, will also demonstrate a peak flow meter which measures the amount of narrowing in the airways.

The cost of this class is \$10. Pre-registration is required. For more information, call Northwestern Memorial Hospital at (312) 908-8400.

Jungian workshop in Evanston

The C.G. Jung Institute of Chicago will present a workshop, Soul and Earth: Jungian Re-Imagining for Planetary Survival by Daniel Noel on Saturday, Feb. 18, from 10 a.m. to 4 p.m. and Sunday, Feb. 19 from 10 a.m. to 1 p.m. at the C.G. Jung Institute, 1567 Maple Ave., in Evanston. For more information call (708) 475-4948.

MONNACEP offers tour of Lost Chicago

Those intrigued by Chicago's past can explore the heritage of its bygone era on the Lost Chicago Revisited tour sponsored by MONNACEP, Oakton Community College's Adult Continuing Education Program, on Monday, Feb. 27 from 9 a.m. to 4 p.m.

The day will begin with a tour of a three-story mansion owned by one of the leading citizens of the 1860s that replaced one lost in the Great Chicago Fire of 1871. From there, the tour will move on to the club championed by Jane Adams and Bertha Palmer, built for women studying the arts in the early 19th century.

Participants will visit Union Station which was the busiest railroad terminal when Chicago was the center of railroading. Another highlight of the tour is the department store building designed by Holobird and Root for Rotherchild's and home of Goldblatt's from 1936 to 1981.

The fee is \$54 and includes lunch and all admissions. The bus will depart from Niles North High School. For more information call MONNACEP office at (708) 982-9888.

Stars appear at free home show in Palatine

It's free admission and free parking to The Home Show at Harper College in Palatine, Feb. 24 through 26. The show features established local tradesmen and contractors to help homeowners with their remodeling and repairs, and will be highlighted by TV guest speakers, Martin Yan of Yan Can Cook, and Jim Wilson of The Victory Garden.

Showgoers will see an array of products and services including: custom wood decks; high-efficiency furnaces; bay bow and replacement windows; all types of remodeling; cleaning services; kitchens and bath ideas; new roofing products; decorating concepts; basement waterproofing; and, many other exhibits.

Martin Yan, the "jocular oriental gourmet," and host of the popular PBS show, Yan Can Cook, will demonstrate his wacky flare for exotic eats at two shows on Saturday, Feb. 23, and on Sunday, Feb. 24, Martin will offer a special treat to the audience with a unique and tasty oriental brunch at 11 a.m.

Jim Wilson, host of the southern version of The Victory Garden, will take the stage Sunday, Feb. 24 for two appearances.

Admission is free. Hours are: Friday, Feb. 24, 5 to 9 p.m.; Saturday, Feb. 24, 10 a.m. to 7 p.m.; Sunday, Feb. 26, 10 a.m. to 5 p.m. The Home Show is in Harper College Expo Hall (Bldg. M), at the northeast corner of Roselle and Algonquin Roads in Palatine, just north from the Roselle exit off the Northwest Tollway (I-90). For information, call (708) 971-0246.

'A Wee Bit O'reland continues at SOS

Symphony of the Shores (SOS) continues their fifth season on Sunday, Feb. 19 at 7 p.m. at Pick-Stalger Concert Hall located on the campus of Northwestern University in Evanston.

The concert program, titled "A Wee Bit O'reland," continues with the daring, creative programming concepts that has brought this award-winning professional ensemble much critical acclaim and fame in the past five years. Music Director Steven Martyn Zike will lead SOS in a program of music that features traditional Irish musicians and composers.

Also to be featured are the Sheila Tuohy Irish Step Dancers who will dance the lively Irish Jig & Reel with the orchestra. Other works on the program included an Overture by Irish composer Charlie Lennon, Zelenka's Sinfonia Concertante, and Mendelssohn's Symphony No. 5. SOS is promoting this as an event for the entire family, children in the audience will be invited up on stage for the final selection, Danny Boy, so as to experience what it is like to sit in a live orchestra.

Call SOS for tickets at (708) 869-3133. Two concert subscriptions that will include the Australian program on June 4 are available for \$36/\$33. Single tickets are \$22/\$20 for adults and \$20/\$18 for students and seniors. Special rates of \$12 are also available for groups of 10 or more. Handicap seating is available at Pick-Stalger Concert Hall.



estimates?"

Door prizes will be raffled and include books, tee shirts and a variety of other giveaways to be autographed by the show's special celebrity guests.

In addition, those attending the Palatine show can get free passes to another show at the College of DuPage in Glen Ellyn, March 17-19, featuring Justin Wilson the Cajun Cook of Louisiana Cookin', and Roger Swain of The Victory Garden.

Crafters wanted for Res fair

Resurrection Retirement Community, 7262 West Peterson, Chicago, is seeking crafters for their Spring Craft Show to be held on Saturday, April 8, from 9 a.m. to 2:30 p.m.

Tables are available for \$25. There are no stairs involved. For information, please call (312) 594-0093.

Face group challenges on Teams Challenge Course

Winter is the perfect time to bring your group to the Northbrook Park District's Teams Challenge Course. The course is a series of outdoor events designed to promote teamwork, interpersonal relationships and communication skills among corporate, school, church or social groups. Striving towards achieving common goals helps participants understand the true importance of teamwork.

The Teams Challenge Course is located in a wooded area adjacent to Meadowhill Park near downtown Northbrook. To adequately complete the course, a trained certified facilitator will help lead your group through this exciting challenge.

For reservation information, call 291-2369.

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PERSONAL CONNECTIONS

WOMEN SEEKING MEN ATTRACTIVE white professional female, 43, 5'11", 135 lbs., seeks partner: a single white male, 43-58, You find me bright, affectionate and down-to-earth. Ethnic: dining, music, reading, movies, plays. EXT 4782.

LEARNING TO LIGHT HIS FIRE and looking for a progressive thinking, fun, emotionally and financially secure, single white male to practice. Blonde, outgoing, high class, good listener, Non smoker preferred. EXT 4782.

VERY ATTRACTIVE white female, virgin by choice; 28, college, seeks single white male, attractive, clean cut, financially secure. Educated, 28-43, no dependents, 5'7-6", no tattoos, Bay, Moral, easygoing, kind, brown eyes and thick dark hair preferred. EXT 4810.

WHERE ARE ALL THE HONEST MEN? Attractive and classy woman of color seeks non smoking pro male of roughly age 45 who is healthy, outgoing and ready for a relationship based on honesty and communication. EXT 4810.

LIBERAL ARTS GRADUATE, 57, seeking companionship, retired, outgoing friend for sharing and caring. Enjoy books, film, theatre, TV, walks, music, cooking, dance, art, group activities, trips, nature, pets. You list welcome! All replies considered. EXT 4810.

SINGLE white female, transformational counselor seeks single white Renaissance gentleman who enjoys and facilitates personal growth, travel, jazz, cultural arts, romantic getaways, quality, inspirational, empowering, and healthy relationships. If these are shared interests, please reply. EXT 4804.

FIT AND FUN, Happily divorced (no kids), cute, 40, Jewish, Employed, 5'2", 110 lbs, blonde, emerald green eyes, jeans to dresses, Love romance and honesty, Like to experience the possibilities with this non smoking guy. Please call EXT 4810.

ATTRACTIVE PROFESSIONAL (with graduate degree), Divorced white female in 40s, 5'4", 115 lbs, no dependents, self-assured, friendly, likes France, tennis, film, dining, traveling, dancing, reading, seeks honest, intelligent, verbal professional, 42-45, passionate, affectionate, dynamic, fun to live with. EXT 4802.

CLEOPATRA SEEKS MARK ANTHONY, Good looking divorced white female with no kids, 37, has 2 old fashioned values, integrity, a good heart and truly believes. Has 2 children, employed, seeks single or divorced white gentleman, 35-45, educated, hard worker who wants to make something good out of life. EXT 4784.

BLONDE ROSEBUSH, Jewish, 40-something, Downstate marketing consultant and actress. Speaks 6 languages, successful, intelligent, educated and handsome man, 30-40, professional, sophisticated, fun. EXT 4782.

MAINTENANCE-FREE TOTAL WOMAN, Petite, fun and dynamic, European born. Entirely attractive, blonde and blonde. Heart of gold, self-empowered, single white male, financially and emotionally secure. Dependable, monogamous, intelligent, generous, compassionate no dependents. 35-45, EXT 4814.

FUNNY VALENTINE, 48, 5'4", slender yet curvy, enjoys life and is easy to be with. Seeking good man who truly wants a committed relationship based on mutual respect and understanding. Sense of humor! EXT 4811.

INTERESTING, bright and active divorced female, attractive, 42-43, blonde, early 50s, tennis, sailing, ethnic dining and hugs. Speaks healthy, balanced, single white male (38-50) with integrity and humor who's secure, smart, adventurous and mature. EXT 4771.

CHARMING, cute and outgoing single black female, 31, petite, bubbly, a great companion. Speaks single white male over 40 for romantic evenings. Must be a financially secure business professional wanting a great relationship and life fun. EXT 4763.

SEEKS FUN-LOVING single white male for friendship lasting a lifetime. You live on the NW Side, Me, 28, blond, nice. EXT 4828.

UNIQUE WHITE GIRL, 31 years, mother of one, uniquely employed, Christian, moral character, looking for great guy with excellent qualities and no diseases. For friendship, love and a romance. NW suburbs, I'm 5'1", 150 lbs, blonde and green eyes. EXT 4809.

ENCHANTING and beautiful green eyed, Auburn haired lady with warm smile and shapely, fit figure desires reciprocal, entertaining, music, romance and travel. Speaks dynamic male, 30-something, 30-something, fit, upbeat, positive and secure enough to appreciate an independent, busy woman. EXT 4770.

DANCE DANCE DANCE! Can you juggle or hula hoop? Are you a single (or divorced) white male non smoker, 35-50, who really likes dancing? Then this single white female is looking for you! She's 40, 5'8" and 150 lbs. Let's dance! EXT 4781.

CONSIDERED ATTRACTIVE, Divorced blonde female in NW Chicago, 60, looks younger, 135 lbs, 5'7", brown eyes, easygoing. Seeking special relationship with a single, divorced or widowed white male, 52-70, EXT 4784.

LOOKING for an intelligent, handsome, easygoing professional man, 33-45, who's playful and round and is now ready to settle down in a meaningful, lasting relationship with a very pretty, intelligent, special lady. Divorced, young, late 30s. No drugs or smoking. NW suburbs. EXT 4801.

5'2" AND EYES OF BLUE, Divorced female, 53, looks 40s, 105 lbs, very attractive. Secure, professional, blonde, honest, affectionate, caring. Non smoker, light drinker. Theater, dancing, conversation. Looking for true class, steady, fun, fun, handsome, 5'10" and under. 45-55, EXT 4815.

MAKE ME LAUGH, Sense of humor. Maintains a balance in life. Blonde, 30-something, blue eyed attorney, travel, drug. Speaks French and more. EXT 4822.

WANTED WHITE MALE, 35-47, good looking, caring and lovable, I'm 40 but look 30-something. Brown hair, beautiful blue eyes, very attractive, 150 lbs, 5'11", divorced, three kids, smoker and occasional drinker. High Chicago guy. Loves kissing and snuggling. EXT 4767.

VERY ATTRACTIVE white female, virgin by choice; 28, college, seeks single white male, attractive, clean cut, financially secure. Educated, 28-43, no dependents, 5'7-6", no tattoos, Bay, Moral, easygoing, kind, brown eyes and thick dark hair preferred. EXT 4810.

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BLONDE ROSEBUSH, Jewish, 40-something, Downstate marketing consultant and actress. Speaks 6 languages, successful, intelligent, educated and handsome man, 30-40, professional, sophisticated, fun. EXT 4782.

MAINTENANCE-FREE TOTAL WOMAN, Petite, fun and dynamic, European born. Entirely attractive, blonde and blonde. Heart of gold, self-empowered, single white male, financially and emotionally secure. Dependable, monogamous, intelligent, generous, compassionate no dependents. 35-45, EXT 4814.

FUNNY VALENTINE, 48, 5'4", slender yet curvy, enjoys life and is easy to be with. Seeking good man who truly wants a committed relationship based on mutual respect and understanding. Sense of humor! EXT 4811.

INTERESTING, bright and active divorced female, attractive, 42-43, blonde, early 50s, tennis, sailing, ethnic dining and hugs. Speaks healthy, balanced, single white male (38-50) with integrity and humor who's secure, smart, adventurous and mature. EXT 4771.

CHARMING, cute and outgoing single black female, 31, petite, bubbly, a great companion. Speaks single white male over 40 for romantic evenings. Must be a financially secure business professional wanting a great relationship and life fun. EXT 4763.

SEEKS FUN-LOVING single white male for friendship lasting a lifetime. You live on the NW Side, Me, 28, blond, nice. EXT 4828.

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DANCE DANCE DANCE! Can you juggle or hula hoop? Are you a single (or divorced) white male non smoker, 35-50, who really likes dancing? Then this single white female is looking for you! She's 40, 5'8" and 150 lbs. Let's dance! EXT 4781.

CONSIDERED ATTRACTIVE, Divorced blonde female in NW Chicago, 60, looks younger, 135 lbs, 5'7", brown eyes, easygoing. Seeking special relationship with a single, divorced or widowed white male, 52-70, EXT 4784.

LOOKING for an intelligent, handsome, easygoing professional man, 33-45, who's playful and round and is now ready to settle down in a meaningful, lasting relationship with a very pretty, intelligent, special lady. Divorced, young, late 30s. No drugs or smoking. NW suburbs. EXT 4801.

5'2" AND EYES OF BLUE, Divorced female, 53, looks 40s, 105 lbs, very attractive. Secure, professional, blonde, honest, affectionate, caring. Non smoker, light drinker. Theater, dancing, conversation. Looking for true class, steady, fun, fun, handsome, 5'10" and under. 45-55, EXT 4815.

MAKING MINDS Swedish and German female, 32, attractive, 5'7", 125 lbs, blonde, blue eyes, white hair, likes shopping, events and other activities. EXT 4744.

VERONICA HAMEL LOOKALIKE, 30-something, 5'7", 120 lbs, discolored, no dependents. EXT 4744.

CUTE WITH A FRIENDSHIP, Passionate and professional curly hair, 5'8", blonde, 40, speaks Italian, thinking single white male of values to dance/disco. EXT 4744.

SWEET BRAZILIAN with fantastic sense of humor searching for attentive and attractive white (Italian or Hispanic) gentleman with light eyes who absolutely adores comedy, romancing, laughing, punning and dancing. My rational: I'm young, 30s, non smoker and marriage minded only. EXT 4763.

SPORTS, OUTDOORS! This attractive and single professional curly hair, 5'8", blonde and blue-eyed, single white male of values to dance/disco. EXT 4744.

LOOKING FOR A FRIEND who is drug and smoke free and who appreciates politics, books, blarney, wine, dancing and more. The single white female, 48, I'm a single white male to laugh and grow old with. EXT 4767.

CARING, PLEASANT! 60s, attractive, still working part time, 5'6" and 160 lbs with reddish hair. I'm a professional, 52, 110 lbs, blonde, emerald green eyes, jeans to dresses, Love romance and honesty, Like to experience the possibilities with this non smoking guy. Please call EXT 4810.

HONEST, down-to-earth and attractive single white female, 30, 5'7", 120 lbs, caring, interests: fitness, outdoor sports, travel, seeks positive and attractive male, 30-40, blonde, emerald green eyes, jeans to dresses, Love romance and honesty, Like to experience the possibilities with this non smoking guy. Please call EXT 4810.

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ROLAND - KORG - YAMAHA \$50.00
Call (708) 541-2877 Between 7 - 9 p.m. Ask for Tom

TRAVEL
• CHEAPEST AIRFARES
• DISCOUNT CRUISES & TOURS
• SENIOR SPECIALS
• TICKET DELIVERY
• CHARGE CARD ACCEPTED
Call: (708) 982-1200
Nationwide 1-800-658-8000
FREE WORLD TOURS
4710 W. Touhy Ave., Lincolnwood, IL

VCR MAINTENANCE
Specializing in:
• VCR HEAD CLEANING
• REPAIRS
• HOOKUPS IN HOMES
• REASONABLE RATES
CALL DAVE: 965-6725
or leave message

Advertise Your Business **HERE**
Call 966-3900 For Special Business Service Directory Rates

OOPS!

DON'T GET STUCK! GET HELP..... LOOK IN THE BUGLE CLASSIFIEDS
Just check the Business Service section of The Bugle's Classified Ads and let the pros do the job! You'll find competitive skills and rates that'll give you a great selection. Whether you need a job done or are offering your services, read and use our Classifieds for an informative, inexpensive handle on your area's marketplace for life's everyday needs and wants.

THE BUGLE'S BUSINESS SERVICE DIRECTORY

INFORMATION ON CLASSIFIED ADS
You Can Place Your Classified Ads by Calling (708) 966-3900 or Come To Our Office in Person At: 8746 N. Shermer Road, Niles, Illinois. Our Office Is Open - Monday thru Friday, 9 A.M. to 5 P.M.

USE THE BUGLE
Classifieds
966-3900



Your Ad Appears
In The Following Editions

- NILES BUGLE
- MORTON GROVE BUGLE
- SKOKIE/LINCOLNWOOD BUGLE
- PARK RIDGE/DES PLAINES BUGLE
- GOLF-MILL/EAST MAINE BUGLE

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Bugle Newspapers
AUTO DEALER DIRECTORY

Buick
LOREN BUICK/HYUNDAI
1620 Waukegan Road, Glenview
(708) 729-8900

Chevrolet /Volkswagen
JENNINGS CHEVROLET/VOLKSWAGEN
241 Waukegan Rd.
Glenview (708) 729-1000

Subaru
STEVEN SIMS SUBARU
715 Chicago Avenue - Evanston
(708) 869-5700 - 1 (312) SUBARUS

AUTO DEALERS!
Call Classified to place your ad **FOR INFORMATION (708) 966-3900**

Your credit is good with us!
We accept Visa & MasterCard.

BUGLE CLASSIFIED ADS GET RESULTS!
Place your ad now (708) 966-3900

The Bugle's Bulletin Board
Call (708) 966-3900 To Place Your Bulletin Board Notice!

E & S ROOFING & TUCKPOINTING
• Glass Block Windows • Stucco • Remodeling
• Room Additions • Porches • Garages • Decks
• Chimney Repair • Siding • Gutters
(312) 622-7355
(708) 453-1605 Free Estimates

SPORT CARD SHOW
GOLF MILL MALL (NORTH MALL)
February 17 - Friday - 10 A.M.-9 P.M.
February 18 - Saturday - 10 A.M.-9 P.M.
February 19 - Sunday - 11 A.M.-6 P.M.
Milwaukee & Golf Road - Niles, IL
OVER 60 TABLES
Promoted By Hilson
(708) 593-7990

art à la mode
unique, personalized gifts
Call Barb (708) 291-1446
Call Judie (708) 966-4567

Not Just Nails
Manicures • Pedicures • Tanning • Facials
Acrylics • Fiberglass • Gels • Nail Art
Martí & Paula
727 W. Devon • Park Ridge, IL 60068
(708) 692-6255

CLEAN SWEEP
Professional Office Cleaning And Window Cleaning Service
FOR FREE ESTIMATES... (708) 324-3945

ANTIQUES & COLLECTIBLE SHOW
GOLF MILL MALL (SOUTH MALL)
February 17 - Friday - 10 A.M.-9 P.M.
February 18 - Saturday - 10 A.M.-9 P.M.
February 19 - Sunday - 11 A.M.-6 P.M.
Milwaukee & Golf Road - Niles, IL
Featuring: Mary Lou's Crystal Repair, Bead Restringing & Silver Plate Matching Service, Clock Repair
Promoted By: Hilson Co.
(708) 593-7990

WE WILL GET YOUR AD QUICKLY and ACCURATELY ON OUR FAX MACHINE

FAX FOR ADVERTISING COPY

Bugle Newspapers

8746 N. SHERMER ROAD, NILES, IL (708) 966-0198
(OUR FAX NUMBER)

INFORMATION ON CLASSIFIED ADS
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USE THE BUGLE Classifieds 966-3900



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FULL/PART TIME				
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BANKING OPPORTUNITIES

TELLERS
Full and Part Time
Niles

LaSalle Cragin Bank FSB has excellent full and part time growth opportunities at our Niles location. We require good communication skills, light typing and 6 months of cash handling experience. Previous sales experience would be a plus. Part time hours are Monday, Wednesday, Thursday and Friday from 8:30 a.m. to 2:00 p.m. and Saturday from 8:30 a.m. to 1:00 p.m. In addition to advancement potential, we provide competitive starting salaries. Please apply in person to:

LASALLE CRAGIN BANK
7201 N. Harlem Avenue
Niles, IL 60714
equal opportunity employer m/f

TELLER OPPORTUNITIES

First Federal Bank for Savings is seeking individuals with a friendly, outgoing personality. Cash handling and customer service experience is necessary. Full Time positions are needed for our Arlington Heights and Des Plaines locations. Training will take place at the Des Plaines Office.

Apply in person (indicating the location you prefer) at the following address:

FIRST FEDERAL BANK FOR SAVINGS
749 Lee St., Des Plaines, IL 60016
EOE M/F/H/V

TELLER OPPORTUNITIES

Would you like to work Part-time 4 hrs. a day if you could earn enough money to make it worthwhile? At First Federal Bank in Des Plaines and Arlington Heights, we have positions opening that will do that for you. It is a PEAK TIME TELLER position which pays \$7.72/ hr. plus a \$1.50/hr. bonus for emergency hours! Our peak time conditions are 3 to 4 days a wk., maximum 19 hrs/wk. Sat. mornings - 8-15-12:00 noon. We are seeking mature persons who enjoy customer service work and want Part-time work at excellent pay. If this is of interest, please come to our office to complete an application.

First Federal Bank for Savings
749 Lee St. Des Plaines IL 60016
Equal Opportunity Employer
M/F/H/V

PART TIME STOCK PERSON
20 hours - 5 days/week including Saturday

North Suburban Bank is seeking responsible, self directed individual to accept, store and distribute bank supplies, maintain inventory and record retention, process mail, perform errands, etc. Applicant must have HS diploma or equivalent, possess excellent communication and interpersonal skills. Valid drivers license required.

FOR INTERVIEW, PLEASE CALL
Human Resources Department
FIRST NATIONAL BANK OF NILES
(708) 967-5300
EOE/AA

CLERICAL / OFFICE OPPORTUNITIES

Part Time Position
SWITCHBOARD OPERATOR
Northwest Suburban Bank is seeking individual with excellent communication skills and professional work attitude. Responsibilities include... Typing and Varied Clerical Duties.

21 - 26 1/2 Hour Week
Offers Alternate Work Shifts
For Interview, Please Call: Vera Andler
(708) 967-5300
FIRST NATIONAL BANK OF NILES
EOE/AA

DATA ENTRY
2nd Shift
Keypunch Operators. Must have minimum 10,000 strokes per hour (or 55 / 60 wpm. typing). Incentive plan along with excellent benefits. Modern office in Niles
Call Delois
Monday - Thursday between 12 PM - 7:30 PM at:
(708) 647-1200
Ext. 315

SEMINAR REGISTRATION CLERK
Part Time
Oakton Community College has an immediate opening for a part-time (19 hours/week) Seminar Registration Clerk to assist in registering seminar participants, prepare billing and handle seminar receipts and assist the Seminar Coordinator in preparing seminar programs. Qualified candidates must have a high school degree or equivalent, preferably some college or advanced secretarial training one year in a clerical position, and typing of 50 wpm with wordperfect wordprocessing. This position has flexible day hours, although some evenings or weekends may be required. Interested candidates should send resume or apply in person to:

Personnel Services
Oakton Community College
1600 E. Golf Rd., Des Plaines, IL 60016
EOE M/F

CERIDIAN EMPLOYER SERVICES, a division of Ceridian Corporation, a Fortune 500 Company has immediate openings for the following:

FULL TIME RECEPTIONIST/ SECRETARY
Full time position available in a fast-paced service office for a self-confident, friendly, energetic, organized person with excellent verbal and written communication skills. Must be familiar with AT&T System 75 including voice mail and be PC literate. Will use Microsoft Word for Windows (60+ wpm minimum), Lotus or Excel, PowerPoint, and communications software. Must be reliable, timely, and responsive to internal and external customers. High School diploma required with some college or technical school training a plus. Hours 8:00 a.m.-5:00 p.m. Equal Opportunity Employer.

Elizabeth A. Raetz
Ceridian Employer Services
1030 West Higgins Road
Park Ridge, Illinois 60068

CLERICAL OFFICE OPPORTUNITIES

RECEPTIONIST-CLERICAL
IMMEDIATE OPENING

Individual needed who loves interesting and varied work duties.

MUST BE DETAIL ORIENTED AND ORGANIZED. Word Perfect skills required.

Non-smoking office
Niles Location
Please Call:
(708) 677-4730
Ext. 147
No Agencies, Please

DATA ENTRY/ GENERAL OFFICE
\$8 PER HOUR
Good Attitude & Flexibility A Must. Temp & Temp To Hire. Ask For Trish.
SELECT STAFFING TEMPS
(708) 390-5870

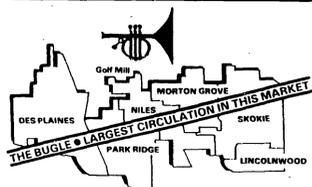
SECRETARY FRONT OFFICE
Unique opportunity to contribute to this progressive International Manufacturing Company. Person must possess a "can do" attitude, high energy level, proven office and computer skills and the ability to handle multiple tasks. Client offers competitive salary and benefits.

Fax resume to:
(312) 368-1868
or call (312) 368-0677

RECEPTIONIST / SECRETARY
Immediate Opening For A Receptionist / Secretary
Responsibilities include Telephone, Filing And Administrative Support To President And Staff. Must know Word for Windows, Skokie Location.
Full Benefits
Send Resume To: Att: AA
Intertech Dev. Co.
7401 N. Linder
Skokie, IL 60077

INFORMATION ON CLASSIFIED ADS
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USE THE BUGLE Classifieds 966-3900



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FULL/PART TIME				
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CLERICAL OFFICE OPPORTUNITIES

OFFICE PART-TIME
Mature, personable and reliable switchboard operator, evenings and weekends. Typing experience is helpful. Excellent phone manner necessary.

For Further Information Contact Mary Kay At:
FOREST VILLA NURSING CENTER
6840 W. Touhy
Niles, IL 60714
(708) 647-8994

RECEPTIONIST-GENERAL OFFICE
\$8-\$10/HOUR
6 Positions Available. Near North Area. Temp & Temp To Hire. Ask For Trish.
SELECT STAFFING TEMPS
(708) 390-5870

CUSTOMER SERVICE

CUSTOMER SERVICE
Positions Available
We're expanding and need industry professionals with experience interested in growing with us.

Phone Sales, Parts, Research Operators and Clerical Positions Available.

- Great Work Environment
- Wage & Benefits Package

Contact Hal Pallack
JOSEPH ELECTRONICS
(708) 297-4200

BUGLE NEWSPAPERS FOR CLASSIFIEDS THE BEST PLACE TO ADVERTISE
CALL
(708) 966-3900 H.40 TO PLACE YOUR ADS

BUGLE CLASSIFIEDS WORK

MARKET RESEARCH

\$\$\$ EARN \$\$\$ EXTRA MONEY
Market Research Company Needs
TESTERS
To Participate in TASTE TEST
Call:
Peryam & Kroll
6323 N. Avondale
(7300 West - 6300 North)
(312) 774-3155
Ask for: June

Find the help that you need in our classified section.

PROFESSIONAL OPPORTUNITIES

ADMINISTRATIVE NORTH SHORE
\$12 PER HOUR
MS Word, Excel And/Or Power Pt. Temp & Temp To Hire. Ask For Trish.
SELECT STAFFING TEMPS
(708) 390-5870

WILDLIFE/ CONSERVATION JOBS
Game Ward, Security, Maintenance, Etc.
No Experience Necessary. Now Hiring. For Info. Call:
(219) 794-0010
Ext. 7122
8 A.M.-10 P.M. - 7 Days

Veterinary Technicians & Clinic Receptionists
VetSmart is a full-service, high quality veterinary care group. We are seeking experienced Veterinary Technicians and Receptionists for our progressive, multi-location practice. We have FULL-TIME positions available in our Broadview, Burbank and Niles locations, which offer the following environment:

- Brand new hospital
- 4 day work week
- Competitive pay
- Benefits package

Advancement opportunities
All positions require the following:

- Outgoing, positive attitude
- Excellent customer service skills
- A commitment to quality pet care
- The ability to work with computers

For immediate consideration, please forward your resume and a letter outlining your qualifications, including clinic and position of interest, to: Team Recruiter, PO Box 20456, Portland, OR 97220-0456, or fax them to: (503) 255-7635. We are a drug free environment practicing equal opportunity employment.

VetSmart Pet Hospital Health Center

MEDICAL/ HEALTHCARE

PSYCHO SOCIAL/ SOCIAL SERVICE ASSISTANT
Full Time - Part Time
North Suburban Nursing Center is Seeking a Highly Energetic, Conduct Psychosocial Person To Conduct Psychosocial Groups To The Elderly. Experience Helpful, But Not Necessary. Documenting And Writing Ability Is A Must.

Call Lisa
(708) 647-8994
FOREST VILLA NURSING CENTER
6840 Touhy, Niles

RESTAURANTS / FOOD SERVICE

GINO'S EAST
Full & Part Time Positions:
• HOSTESS
• WAITRESSES
Part Time Position:
• BARTENDER
Apply in Person
Marianne or Chris
3517 W. DEMPSTER
SKOKIE
(708) 982-9401

WAITRESS
Experienced Waitress
For Full Or Part-Time
Vicinity Harlem & Lawrence
Vince's
(708) 867-7770

LINE SERVER, FOOD PREP
Wanted
Monday thru Friday
at Maine East High School
Contact Rich
(708) 803-5924
or Sue
(708) 803-5924

WAIT STAFF
Full Time - Part Time
Flexible Hours - All Shifts
Some Experience - Will Train
Fun Job - Good Tips
Riggio's
Milwaukee & Oakton
Niles
(708) 698-3346

PENNINGAN'S Is Growing !!!
And We Need To Fill The Following Positions

SERVERS -- HOSTS
For Our Location At 8480 Golf Rd., Niles, IL
Apply in Person Between 2 PM - 6 PM

We offer:
• Flexible work schedule
• Great training program
• Medical Insurance
• Competitive hourly rates
• Fun working environment
• Opportunity to advance
Equal Opportunity Employer

SHAMPOO GIRL
Wanted
Call
(708) 635-0007
Adam & Eve Hair Studio
8945 Golf

INTERIOR LANDSCAPE
Are You A Plant Lover?
Major Service Co. Looking For Customer Service Oriented People To Care For Tropical Plants In Offices, Malls, Etc. Must Have Own Car - Good Salary, Benefits, Bonuses And Car Expenses. Full Training
Call: **(708) 634-4109**

RESTAURANTS / FOOD SERVICE

GINO'S EAST
Full & Part Time Positions:
• HOSTESS
• WAITRESSES
Part Time Position:
• BARTENDER
Apply in Person
Marianne or Chris
3517 W. DEMPSTER
SKOKIE
(708) 982-9401

WAITRESS
Experienced Waitress
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Vince's
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Full Time - Part Time
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For Our Location At 8480 Golf Rd., Niles, IL
Apply in Person Between 2 PM - 6 PM

We offer:
• Flexible work schedule
• Great training program
• Medical Insurance
• Competitive hourly rates
• Fun working environment
• Opportunity to advance
Equal Opportunity Employer

Domino's Pizza
HIRING
DELIVERY DRIVERS & ASSISTANT MANAGERS
Drivers earn up to \$12.00 hour. Full time, part time. Work all day or 3 hours. Weekdays or weekends. Lunch, dinner or late evening. Cash paid daily. Must be 18 and good driving record and proof of insurance.

ASSISTANT MANAGERS
Complete career courses. Go on to manage 1 of our stores for 1 year, can apply for franchising. Opportunities are abundant.

Apply In Person
DOMINO'S PIZZA
1022 WAUKEGAN RD., NORTHBROOK, IL
(708) 205-0028
775 N. MILWAUKEE AVE., GLENVIEW, IL
(708) 729-1709
4510 OAKTON, SKOKIE, IL
(708) 675-7724

SHAMPOO GIRL
Wanted
Call
(708) 635-0007
Adam & Eve Hair Studio
8945 Golf

Our classified ads reach more people per week for the least amount of dollars. We cover the near north suburbs and the north side of Chicago with 2 insertions per week. See how your money can work for you by putting your recruitment ads in both editions of The Bugle. You now get both insertions for the price of one! Call us today for details. We will be happy to assist you in placing your ads and in reserving space for your next issue. We offer two deadlines each week for your convenience. AND ALSO, TAKE ADVANTAGE OF OUR SPECIALS! SIMPLY CALL (708) 966-3900, and ask for our classified department. Our trained staff will be available to take your orders.

INFORMATION ON CLASSIFIED ADS
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FULL/PART TIME				
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SALES / RETAIL

SALES INSIDE FASTENERS
 Progressive Manufacturer/Distributor of Fasteners Desires Person With Minimum of 3 Years of Fastener Sales. Experience Selling O.E.M. Accounts Fasteners For Production. Person Must Be Aggressive & Good Worker. Benefits Include PS, PP, Insurance & Excellent Salary. Non-Smoking Office.
 Call: (708) 647-5900
 Fax: (708) 647-1535
 Mr. Valentine

CASHIERS RETAIL HARDWARE LUMBER SALES
 Part Time - Flexible Hours
 EXCELLENT OPPORTUNITIES
 Apply in Person to:
 Zoran Vranjes
CRAFTY BEAVER HOME CENTERS
 4810 Oakton Skokie

REAL ESTATE SALES
 75% Commission. Best Opportunity in 1995! Far N.W. Chicago And Suburbs. Newer Modern Office, Old Established Name, No Franchise Fees. Confidential Interview.
 Mr. Robert
 (312) 792-2828
 Your credit is good with us. We accept Visa and Master Card! Call: 966-3900

CARPET SALESPERSONS
 Major carpet retailer, New York Carpetworld, is growing and expanding fast in the Chicago area. Ideal opportunity for individuals with carpet sales background or willing to train the right person. High earnings and future management positions possible. Please call:
 Mr. Allen
 (708) 967-0150

Telemarketers
 Earn Cash For The New Year! Cash Paid Daily. Start Now! Will Train!
Hanover Park (708) 372-2102 Northlake (708) 531-0531

TELEMARKETERS
 Needed for fund raising
 • Paid daily - On bus line
 • Hours to fit your schedule
 • We pay daily!
 Open 7 days a week.
 (708) 679-7420
 (Between 10 am - 3 pm everyday)

CAREER CORNER
OUR FAX MACHINE FAX FOR ADVERTISING COPY
 (708) 966-0198 Bugle Newspapers

HOMEMAKERS
 Would You Like To Be Involved With Helping People In Your Community? Do You Enjoy Working With Senior Citizens?
 We Are Looking For Homemakers And Housekeepers And Other Qualified Applicants To Work With Our Clients Throughout The North Suburban Areas.
 We Offer:
 • Bonuses And Pay Raises
 • Free Training
 One Year Experience Is Required. Car With Insurance Preferred. Please Call For An Immediate Interview. We Have Many Positions Available Throughout The Suburban Areas.
 Call Roxann or Susan
NATIONAL HOME CARE SYSTEMS
 (708) 965-9269

TRADES / INDUSTRIAL / DRIVERS

Sears Authorized Cleaning Services
SEARS
 YEAR AROUND WORK
CARPET & UPHOLSTERY CLEANING
\$10 to \$13 HR.
 1st Year Earning Potential
 If you would like Full Time, Year around work and have experience or are willing to be trained as a Senior Technician - Carpet & Upholstery Cleaner, we are looking for you.
 To qualify, you must be dependable, possess strong communication skills, have a valid driver's license, be self-motivated and be professional.
 For a Confidential Interview Call Grant or Trey
(708) 808-8070

DRIVERS
 Part Time
\$7.20 - Mini Bus \$9.25 - School Bus
 No Experience Necessary
 SEPTAN needs responsible drivers who enjoy children for routes in the North / Northwest Suburban area. Will train on easy-to-drive, fully automatic school buses and vans.
 • 3-4 Hours / Day • Paid Training
 • 10% Performance Bonus
 • Permitted Drivers start with Higher Pay
 • Transportation to & from work for minivans
 If you are over 21 with a good driving record & a valid DL for 3 years, Call Today!
(708) 392-1252
 Drug Screening Required

Production Labor
 Major expansion gives you the opportunity to join the leader in the beverage industry. We are seeking individuals to be a part of our production team at our Niles facility. Candidates must be able to work days, evenings, and nights including weekends.
 We are seeking candidates with:
 • production related work experience in beverage, food, drug, or chemical industries
 • fork lift experience
 • equipment sanitation experience
Maintenance Mechanic
 We are seeking candidates with:
 • mechanical experience with pharmaceutical, chemical or liquid operations
 • PLC experience
 • electrical background
 If you are confident you meet or exceed these requirements, come meet with a company representative at our Open House.

Coca-Cola Open House
 Monday, February 13
 3:00 pm to 6:00 pm
Clarion Hotel
 (next to Rosemont Horizon)
 6810 N. Mannheim Road
 Rosemont, IL
©Coca-Cola and the Clarion Hotel design are registered trademarks of The Coca-Cola Company. An Equal Opportunity Employer.

TRADES / INDUSTRIAL / DRIVERS

SHIPPER - RECEIVER
 Full Time
 We have immediate need for an experienced Shipper-Receiver for our Service Branch. Duties include a variety of shipping & receiving including loading & unloading. In addition, shipper-receiver works service counter dealing with our customers and using CRT. We require previous experience with shipping-receiving procedures and the ability to use material handling equipment. This position offers a good starting salary and excellent benefit package.
 INTERESTED CANDIDATE SHOULD APPLY IN PERSON
MILWAUKEE ELECTRIC TOOL CORP.
 5629 W. Howard, Niles
 Equal Opportunity Employer M/F/H/V
 NO PHONE CALLS PLEASE

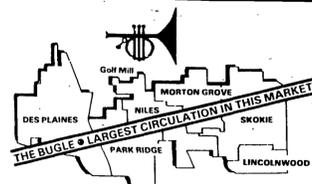
TEAM DRIVERS
HOME EVERY WEEK - DEDICATED RUN
 Competitive Pay With Weekly Pay
 Load / Unload And Stop Pay - Vacation / Health Insurance
 Late Model Conventional - Assigned Tractors
 We Require:
 Verifiable OTR Experience
 Good Driving Record - Drug Screen
 Meet DOT Requirements
 For Interviews Call Art Or Steve At:
1-815-224-2223 Or 1-800-228-4291

Production Labor
 Major expansion gives you the opportunity to join the leader in the beverage industry. We are seeking individuals to be a part of our production team at our Niles facility. Candidates must be able to work days, evenings, and nights including weekends.
 We are seeking candidates with:
 • production related work experience in beverage, food, drug, or chemical industries
 • fork lift experience
 • equipment sanitation experience
Maintenance Mechanic
 We are seeking candidates with:
 • mechanical experience with pharmaceutical, chemical or liquid operations
 • PLC experience
 • electrical background
 If you are confident you meet or exceed these requirements, come meet with a company representative at our Open House.

Notice
 Bugle Newspapers reserves the right at any time to classify all advertisements and to reject any advertising deemed objectionable. We cannot be responsible for verbal statements in conflict with our policies. All Help Wanted ads must specify the nature of the work offered. Bugle Newspapers does not knowingly accept Help Wanted advertising that in any way violates the Human Rights Act. For further information contact the Department of Human Rights, 32 W. Randolph St., Chicago, IL 793-6490.

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 Certain Ads Must Be Pre-Paid In Advance: Business Opportunity, For Sale, Miscellaneous, Moving Sale, Personals, Situation Wanted, Or If The Advertiser Lives Outside Of The Bugle's Normal Circulation Area.

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PERSONALS

CONGRATULATIONS NATASHA DUSZAK
 and SJB's 8th Grade
 On Your Confirmation
 Sunday February 19th 1995
 Love:
 Mom, Russell & Derek

POWERFUL PRAYER to the Holy Spirit, Holy Spirit, You solve all problems, who fight all roads so that I can obtain my goals. You who give me the divine gift to forgive & to forget all evil against me. In all instances of my life You are with me. I want in this short prayer to thank You for all things & to confirm once again that I never want to be separated from You, even & in spite of all material illusions. I wish to be with You in eternal glory. Thank You for your mercy toward me & mine.
 The person must say this prayer for 3 consecutive days, after 3 days the favor requested will be granted even if it may appear difficult. This prayer must be published immediately after the favor is granted without mentioning the favor.
 B.D.

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 Sofa-Corner Section Only. Only 4 Months Old-Never Used-Lt. Black With Pink - \$280. (708) 803-0054.
MODEL HOME CONTENTS
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Easy Chair Sofa & Loveseat:
 Blue, Mauve & Cream \$550.
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PERSONALS
 May the Sacred Heart of Jesus be adored, glorified, loved & preserved throughout the whole world now & forever. Sacred Heart of Jesus pray for us. St. Jude worker of miracles, pray for us. St. Jude help for the hopeless pray for us. Say this prayer 9 times each day for 9 days by the eighth day, your prayer will be answered.
 Publication must be promised.
 B.D.

Fargo St. ...

Continued from Page 1

Irene Hein and Elaine Noga, speaking for those in favor of opening the street, stated that although they worried about the time it takes police and fire vehicles, snow plows and school buses to reach homeowners, their main concern was the time it takes these vehicles to back out from the street. Fargo is a narrow street and the vehicles are too large to turn around.

The possible lock-in on the street if Fargo should ever be blocked off at Waukegan was another reason cited.

Alternatives to alleviating the inconvenience the street closing has caused were proposed by many homeowners. Residents suggested extending the sidewalks on Nordica on both sides of the street, providing speed bumps on Fargo east of School Street, opening Nordica Avenue to Niles Terrace, closing Nordica to Howard, putting in no parking signs and a left turn sign at Howard and Waukegan and stop signs.

Selman stated that the opinions generated at the meeting will be presented to the Mayor. Mayor Nicholas Blase and the Village Board will decide this issue within a month.

Health Plan ...

Continued from Page 1

past two years. On Jan. 23, the Morton Grove Park District Board was presented with \$30,010 representing its portion of the total \$750,000 surplus that the PEHIN Board voted to return to its members.

The speaker of the evening will be a representative from the Illinois Division of Employment Security. Be sure to bring any and all questions you may have regarding this topic.

Guests and all women interested in construction are invited to attend. For membership information, contact Jan Turner, Stein & Company at (312) 853-1630.

Town Hall ...

Continued from Page 1

permit for the Town Hall does not require new hearings. As long as the township continues its current functions on the property, a new special use permit is not required, attorney Dan Dowd told commissioners.

The commission said it would seek the advice of the Park Ridge city attorney but asked the township to proceed with the scheduled hearing.

First Lady ...

Continued from Page 1

According to Karen Larsen, public relations director for District 207, Clinton was invited back to the school by veteran history teacher Paul Carlson who taught Clinton when she was a student there.

Clinton was at Maine East until about 8:30 a.m., when she left for her second stop in the Chicago area Wednesday, the Berwyn-Cicero Council on Aging, 5817 W. Cermak Rd., in Cicero.

Clinton ended her Chicago visit Wednesday evening at the Civic Federation Dinner held in the International Ballroom of the Conrad Hilton Hotel and Towers, 720 S. Michigan Ave. She returned to Washington, D.C., after the dinner.



LEGAL NOTICE

Maine Township Invitation to Bid
Maine Township is seeking a professional custodial service for its offices located at 1700 Ballard Road in Park Ridge, Illinois. References are required. Sealed bids must be received by no later than 4:00 p.m. on Tuesday, December 27, 1994 at Maine Township Hall, 1700 Ballard Road, Park Ridge, Illinois, 60068. The bid opening will take place at 7:00 p.m. on December 27, 1994 at the Town Hall. Maine Township reserves the right to reject any and all bids and accept any bid which in the judgement of the Board serves the best interest of the township. To tour the facility and receive a list of job specifications, contact Pamela Andersen, Administrator, (708) 297-2510.

Gary K. Warner, Town Clerk

Chicago 1995 Special Events

In 1995, the City of Chicago will once again present the Taste of Chicago, the Chicago Air and Water Show, Venetian Night, and the Chicago Blues, Gospel, Country, Jazz, and "Vival! Chicago" Latin music festivals.

The Mayor's Office of Special Events will continue the tradition of presenting the pre-admission events and lakefront music festivals that distinguish Chicago as a world-class city in 1995," said Mayor Richard M. Daley.

The festival season kicks off with WinterBreak Chicago, now in its second year. The City's winter festival features free activities and events throughout the city and at Sears Skate on State. Museums, hotels, theaters, retail shops, galleries, and restaurants will also participate with special offers and discounts during this event.

Augmenting our permanent festival line-up is the Mayor's Cup Youth Soccer Tournament

NAWIC Chapter meeting set

The O'Hare Suburban Chapter #193 of the National Association of Women in Construction (NAWIC) will meet Tuesday, Feb. 21 at the Avalon Restaurant, 1905 E. Higgins Rd., Elk Grove Village.

Reservations for dinner at \$15 may be made with Jennie Oralski, Enger-Vavra, Inc. at (708) 678-4200. Social hour is at 5:30 p.m. followed by dinner at 6:30 p.m.

The author of nine books, including "The Quality School: Managing Students Without Coercion," "Control Theory In The Classroom" and "Schools Without Failure," Dr. Glasser is known throughout the country for his innovative integration of reality therapy, control theory, total quality management (TQM) and classroom technique.

In this program, Dr. Glasser will present a two-part lecture during the morning, offering his insights and perceptions regarding the use of control theory and TQM in a scholastic setting. The afternoon session will feature a unique opportunity for educators, as Dr. Glasser will interview several District 219 high school students to explore their experiences with and perceptions of the Niles Township educational system.

"Dr. Glasser suggests that all basic human behavior is based upon our motivation to satisfy the essential needs of survival, love, power, fun and freedom," notes Dr. David Schauer, District 219 Director of Instructional Improvement. "According to Glasser, the school can be in the 'quality world' of students and members of the school community when it is meeting these needs...he offers some specific principles that could be of assistance as the schools in Niles Township look for answers on how to more effectively meet the needs of our students."

Staff members throughout District 219 have been meeting in small groups to discuss Dr. Glasser's concepts, and following his visit further learning groups are scheduled that will address how the ideas presented could be useful in the Niles Township schools. Further plans also call for up to fifty teachers to undergo training in Glasser's concepts with the ultimate goal of implementing his ideas in the Niles Township school system.

Good Counsel News

NHS members help Channel 11:

National Honor Society students at Good Counsel demonstrated their commitment to public television by answering phones and taking pledges which helped Channel 11 raise \$1,058,225.

Food class builds house for Brickyard Mall: Students from Sr. Mary Carlotta's Intro to Foods class at Good Counsel won a \$300 cash prize by participating in the first annual Gingerbread House contest. The houses of several local schools adorned the Hospitality Suite for holiday shoppers to enjoy throughout the holiday season.

Dance Club on the move: Image Dance Club members at Good Counsel were invited by Ann Tersch to perform "Gonna Move It."

USE THE BUGLE

Maine Township to collect recyclables

Maine Township will collect recyclable items from 8 a.m. to noon Saturday, Feb. 25, in the parking lot at Maine Township Town Hall, 1700 Ballard Rd., Park Ridge.

Plastic soda, milk and water containers will be accepted. All caps and rings must be removed. Other items that may be recycled include newspapers; magazines and catalogs; corrugated cardboard; aluminum and metal cans; and green, brown and clear bottles and jars. All items should be sorted.

Glass and metal containers should be thoroughly rinsed and lids, tops and rings should be removed. Labels also should be removed from cans. Newspapers, magazines, catalogs and cardboard must be bundled separately and tied with string.

Maine Township's recycling program is aimed at providing a convenient recycling site for residents who do not have curbside recycling, and for those who wish to recycle acceptable items that are not collected by their local waste haulers. Collection is held on the fourth Saturday of every month, except during holidays.

For more information on the township's recycling program, call 297-2510.

Donate unwanted cars before the snow arrives

The snow isn't piling up yet, but it is completely recycled - right down to the gas, oil and antifreeze. The results are cash for Illinois Special Olympics. According to Snyder, "Everyone is a winner with Recycle for Gold."

The donor benefits by having their unwanted vehicle removed before the snow buries it and may also be eligible for a tax deduction. The environment benefits by being spared the harmful effects of improperly disposed vehicles. Most importantly, the over 20,000 special athletes in Illinois benefit from the money being raised.

To have your vehicle removed before the snow gets too deep, call 1 (800) 590-1600, available 24 hours a day. Free towing is available statewide.

Free Dogwood Trees

Ten free white flowering dogwood trees will be given to each person who joins The National Arbor Day Foundation during February.

The free trees are part of the non-profit Foundation's Trees for America campaign.

"The white flowering dogwoods will add year-round beauty to your home and neighborhood," John Rosenow, the Foundation's president, said. "Dogwoods have showy spring flowers, scarlet autumn foliage, and red berries which attract songbirds all winter."

The trees will be shipped post-paid at the right time for planting between March 1 and May 31 with enclosed planting instructions. The six to twelve inch trees are guaranteed to grow or they will be replaced free of charge. Members also receive a subscription to the Foundation's bi-monthly publication, "Arbor Day," and The Tree Book with information about tree planting and care.

Crafters wanted in Glenview

The West Northfield School District 31 Parent-Teacher Club is looking for crafters to participate in the Winkelman Arts and Crafts Bazaar on March 18 from 10 a.m. to 3 p.m. at Winkelman School, 1919 Landwehr Road, Glenview. The cost for a table is \$25. The bazaar is open to the public. All proceeds will benefit the District 31 schools. For information call Barb Clawson, (708) 498-6616.

Business News

Cook County Treasurer's office extends hours

The Cook County Treasurer's office recently announced extended hours to accommodate property owners who wish to pay their first installment real estate tax bills. The taxes are for 1994, collectible in 1995.

Cook County Treasurer Edward J. Rosewell said that effective Tuesday, Feb. 21, the daily office hours at his downtown and five suburban offices will be from 8 a.m. to 6 p.m. In addition, all six offices will be open on Saturday, Feb. 25, from 9 a.m. to 1 p.m. to accept tax payments.

The deadline for the payment of the first installment real estate tax bills is Wednesday, May 1. Taxes paid after the penalty date are subject by law to a 1 and 1/2 percent penalty on the amount due for each month or portion thereof.

Rosewell said that all six of his offices will be closed on Monday, Feb. 13, in observance of Lincoln's birthday, and on Monday, Feb. 20, in observance of President's Day.

The first installment taxes are estimated bills based upon one-half of the previous year's total tax bill. The second installment bill, due in August, will reflect the actual tax rates and property assessments.

The tax bills were mailed in December 1994, a month earlier than usual in order to avoid an increase in postal rates. This saved more than \$45,000 in postal costs.

Rosewell said that any property owner who has not received his or her tax bill, should call the Treasurer's office, at 443-5100, or visit any of the six offices to obtain a duplicate bill.

The offices are located in Chicago at five suburban offices including 5600 Old Orchard Road, Skokie.

Columbia raises loan program limit

Columbia National Bank would like to announce that they have just raised the loan limit on their "Community Partnership Loan Program" to \$10,000.

This Home Improvement Loan product is targeted to limited income families and is being marketed through each of Columbia's six branch locations, as well as through local community organizations, civic groups, and churches.

These "Community Partners" include: Northwest Association of Realtors, St. John Lutheran

church, ABI Polish Services, Village of Harwood Heights, St. Rosalie Church, and Niles Community Church.

Columbia's "Community Partnership Loan Program" will provide a special fund of \$1 million for homeowner redevelopment projects within the Northwest Chicago area through June 31. This special interior/exterior fix-up and repair program works to improve both individual property value and overall neighborhood appeal.

The "Community Partnership Loan Program" offers special low-cost, low-rate home improvement loans now up to a maximum loan amount of \$10,000 based on family income. Interest rates for this program are fixed for the entire term of the loan, and can be as low as 7.75% APR (or the current Prime Rate in effect upon the closing of the loan).

For more information on Columbia's "Community Partnership Loan Program," call (708) or (312) 775-6800 and ask to speak to a Consumer Loan Officer.

Professional business seminars at Oakton

The Institute for Business and Professional Development at Oakton Community College is offering seminars in microcomputers, materials and manufacturing management and purchasing during its winter term at the Des Plaines campus, 1600 E. Golf Road.

Introduction to Microsoft Excel 5.0 introduces the concepts of this modern and very popular spreadsheet program, including basic commands and functions leading to the creation of worksheets, graphics and databases. The seminar meets on Wednesday, Feb. 22 from 9 a.m. to 5 p.m. The fee is \$225.

Microsoft Windows 3.1 focuses on how to use a mouse to "click" through various applications, including how to create a masterpiece in Paintbrush. Participants learn word processing, personal file management and calculation an dhow to create

SCORE to give advertising workshop for small business

SCORE (Service Corps of Retired Executives) announces a half-day workshop on "Advertising," to be given Wednesday, March 1, for those in the process of starting up a business, or planning to do so. Focus will be on advertising fundamentals, and the development of an advertising program for the small business.

The workshop will be given at 500 W. Madison St. (Chicago Center) Suite 1250, Chicago, where SCORE is based in the Business Information Center of the U.S. Small Business Administration. Workshop leaders are principally SCORE retired business and professional people, who volunteer their services to provide counseling to the small business community.

Maximum limit of 20 persons per session facilitates personal instruction. Advance registration is recommended. Phone (312) 353-7724 for details and an application. Workshop starts promptly at 9 a.m. and continues until noon.

Uncovering Hidden Profits with Activity Based Cost Management (ABX) is designed to provide participants with an understanding of the principles of ABX, the benefits that can be derived and the procedures involved in implementing a system within an organization. The seminar meets on Tuesday, Feb. 28 from 8:30 a.m. to 5 p.m. The fee is \$225.

Purchasing Techniques for the Newly Appointed Buyer provides the newcomer with a clear overview of the mission and duties of purchasing in today's business environment. The program addresses the purchaser's role in the company and duties as a buyer. The seminar meets on Tuesday, Feb. 28 from 8:30 a.m. to 5 p.m. The fee is \$225.

For more information, contact seminar registration at (708) 635-1932.

John Steiner
Navy Petty Officer John Steiner of Chicago, recently reported to Navy Recruiting District Chicago's Evanston office which covers a wide area of the North Suburbs. Steiner has detailed information on Navy education and training programs, and can be considered the most comprehensive and up-to-date source of information on job availability, benefits and Navy life.

Steiner is a 1984 graduate of St. Edwards school. He can be reached by calling (708) 864-7412 or visiting the recruiting station at 1318 Dodge Ave. Evanston.

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Russet Potatoes US #1, 10 lbs.	99¢	Lettuce US #1, large head	59¢ each	Grade A Fancy Canned Vegetables whole or cream style corn, cut green beans, sweet peas, 14.5-15.25 oz.	25¢	Tyson® Chicken Leg Quarters grade A, fresh frozen	29¢ per lb.
Red Delicious Apples extra fancy grade, 3 lbs.	89¢	Onions US #1, 3 lbs.	49¢	Sliced Bacon 16 oz., #1 grade	99¢	Keenler Lowfat Honey or Cinnamon Crisp Graham Selects® 27 oz.	\$2.49
Onions US #1, 3 lbs.	49¢	Carrots US #1, 2 lbs.	69¢	American or Swiss Cheese Slices 12 oz.	\$1.29		
Cauliflower US #1	99¢ each	Ground Beef Patties 48 oz.	\$3.99	Beef Ravioli 15 oz.	59¢		
Red Delicious Apples extra fancy grade, 3 lbs.	89¢	Chunk Light Tuna oil or water pack, 6.125 oz.	49¢				

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REC'D FEB 16 1995

Park District Employee Health Plan returns dividend

Offering employees comprehensive health benefits coverage during a period of escalating health care costs has been a difficult and costly challenge to employers over recent years. The 44 park district and special recreation agencies participating in the Illinois Park Employee Health Network (IPEHN) health bene-

fits cooperative have found a solution to this challenge. IPEHN was formed in 1990 with 25 member agencies. Over the past five years, the pool has grown to include 44 agencies, providing health benefits coverage to over 800 employees. The Morton Grove Park District has been a member of IPEHN since

its inception. Careful financial management and overall positive claims experience has enabled IPEHN to provide excellent health benefits protection with annual plan design improvements at a reasonable cost. Contribution rates have actually been decreased over the

Continued on Page 30

First Lady speaks at Maine East

By Rosemary Tirio

First Lady Hillary Rodham Clinton returned to the high school she once attended Feb. 15 to address students and faculty and to "hear what the students had to say." Clinton, who had spent the previous night in Des Moines, Iowa, arrived at Maine East High School, 2601 W. Dempster, Park Ridge, at about 8 a.m. Before speaking in the school's packed auditorium, Clinton had a tour of the school, which she attended for some of her high school years. (She graduated from Maine South High School also in Park Ridge.)

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Niles edition of The Bugle

8746 N. Shermer Road, Niles, Illinois 60714 - (708) 966-3900
VOL. 38, NO. 34, THE BUGLE, THURSDAY, FEBRUARY 16, 1995 50¢ per copy

Town Hall plans win unanimous OK

A proposal to build a 6,755-square-foot addition to the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge, won the unanimous approval Monday of the Park Ridge Planning and Zoning Commission.

"I believe the unanimous vote of commissioners demonstrates we have done everything possible to make sure this addition is compatible with the surrounding area," said township Supervisor Mark Thompson. "We've always been good neighbors and plan to continue being good neighbors."

The addition plan must next go to the Park Ridge City Council for final consideration. The township hopes to begin construction of the addition this spring and complete the project within about nine months.

Thompson told plan commissioners an addition is needed to ease crowding in the Town Hall, a former church that was converted to township offices in 1982. Departments most in need of space, he said, include General Assistance, where caseworkers who must conduct confidential client interviews work two to an office, and Disabled Services, where two employees share a work space in which maneuvering their wheelchairs is difficult.

The addition also would provide more room for adult and senior services, the Assessor's and Clerk's offices, PRC Paratransit Inc., and administration, and would allow the township to provide a secure office equipment room, an enclosed trash disposal area and a two-car garage and operating center for its Emergency Management Agency.

The building and reconfigured parking lot would be screened from view by neighbors to the north and west by additional trees and shrubs. Township officials also agreed Monday to relocate four proposed parking spaces at

the north end of the lot to further limit the project's impact on the neighboring residential area.

The cost of the addition is estimated at \$715,000. Money for the project would come from existing township funds.

Plans for the addition were prepared by the space planning firm Walter H. Sobel and Associates and Wheeling architect Arthur Dennis Stevens.

The township agreed to go ahead with its presentation to the plan commission on Monday despite its assertion that the city's zoning ordinance and special use

Continued on Page 30

Park staffers receive Personal Service Award

Niles Park District employees Charles "Buck" Buchanan and Phyllis Luppino received the "Helen Skaja Personal Service Award" from the Bud Skaja family in honor of their mother/grandmother for "always remembering to treat people as family."

Bud Skaja II and Bud Skaja III presented plaques to Buck and Phyllis at the regular January Board of Park Commissioners meeting.

Bud Skaja II stated that these two employees exemplify the cordial, family-like qualities that his mother would have looked for in "personal service." Buck has worked at the Tam Golf Course for close to twenty years and Phyllis has greeted customers at the Administration Offices for almost nine years.

Sister Cities meeting

The Niles Sister Cities meeting will be on Feb. 21 at 7:30 p.m. at the Trident Center.

Bears to speak tonight at Notre Dame sports night

To help underwrite the cost of the Alumni Dinner Auction on Sat. April 8, a sports night will take place at Notre Dame High School for Boys on Thursday, Feb. 16 at 7:30 p.m.

Chicago Bears Director of Player Personnel Rod Graves, Defensive End Alonzo Spellman and Assistant Coach Tony Wise will donate their time as guest speakers.

You can get their autographs, take pictures and bid on Alonzo Spellman's autographed jerseys. For more information, please call Jack Burke at (708) 965-2900.

Opponents cite more traffic, emergency access

Fargo Street closing, hot topic at meeting

by Kathleen Quirsfeld

At a town meeting held on Tuesday, Feb. 7, the purpose of which was to gather information about the Fargo Street closing in order for Mayor Blase and the Village Board to make a decision about this controversy, Abe Selman, Niles Village Manager found himself adopting a new role as a referee.

Fargo Street has been closed at Nordica Avenue since the Deep Tunnel Project began two years ago.

In a hand vote taken early in the meeting, 19 of the people present voted to keep the street closed, while 37 voted to open it. Following that vote, Selman canvassed the crowd soliciting their opinions about the closing of the street, specifically asking

the homeowners to provide him with definite reasons why they were for or against the street closing.

Several outbursts from the crowd during this fact gathering indicated that the issue is still a hot button for many in Niles.

Cliff Pazik, 7012 N. Fargo, and those residents who were in favor of keeping the street closed cited the reduction in traffic from Nordica Avenue, a reduction in crime, fewer strange automobiles noticed on the block, safer area for children waiting for school buses and for residents riding bicycles on the bike trail.

Safety and emergency reasons were cited most often by those who voted to open the street

Continued on Page 30

Sweethearts on Ice



Photo by Mike Heuel
Jermayne Angeles and Eric Leser teamed up for Level 5 Pairs Skating during the Niles Park District Sweetheart Open Skating Competition Feb. 8 at IceLand. More than 400 participants from over 26 ice arenas competed.

Apply now for tax deferral

Cook County Treasurer Edward J. Rosewell reminds property owners that the filing deadline for the Senior Citizens Real Estate Tax Deferral Program is March 1.

This program allows qualified senior citizens to defer all or part of the real estate taxes on their personal residence.

To qualify for the program, a senior must be 65 years of age by June 1 of the year in which the taxes are payable; have a household income of not more than \$25,000; own the property in which the taxes are being de-

ferred; and have lived in the property for at least three years as a principal residence. Taxes for all prior years must be paid in full.

Rosewell said that under this program up to one hundred percent of a senior's real estate taxes can be deferred. If there is a mortgage on the house, the lender must agree to the tax deferral.

He said that the program's \$25,000 income cap includes social security payments, railroad retirement benefits, veterans benefits, public aid benefits, pension and annuity benefits, wages, interest and dividend income, and

rentals or capital gains.

Rosewell said that qualified senior citizens must reapply for the program each year they wish to have their taxes deferred. Once approved, a senior citizen will automatically be mailed an application each January. Also, seniors can opt in and out of the program as they wish, he said.

Under the program, the deferred taxes need not be repaid until the taxpayer's death or the sale of the property. In the event of death, the heirs need not repay the deferred taxes until one full year, and a surviving spouse may continue the program under the same terms.

Rosewell said that the deferred taxes are charged a 6% simple interest rate per year.

"This program is designed for senior citizens who have lived in their homes for a long period of time and who cannot afford to pay the escalating cost of their real estate taxes," Rosewell said. "It's a great way for seniors to stay in homes that they have lived in for many years, and to know that their real estate taxes can be paid."

Forms to apply for the real estate tax deferral program are available at the Treasurer's downtown office and all five suburban offices. Senior citizens can also call the Treasurer's Legal Department at (312) 443-6204.

'Generativity' lecture series at NEIU

Topics on aging highlight Northeastern Illinois University's (NEIU), 5500 N. St. Louis in Chicago, Generativity Spring 1995 free lecture series beginning Tuesday, Feb. 28 at 7 p.m. Refreshments follow each event. The schedule is as follows:

Tuesday, Feb. 28: 7 to 9 p.m.: "The Art of Growing Older," by influential literary critic, Dr. Wayne Booth, George M. Pullman Professor of English Emeritus, University of Chicago; Wednesday, March 15: 7 to 9 p.m.: "The Future of Aging Programs: A Funder's Perspective," by Marilyn Hennessy, President, Retirement Research Foundation. A graduate of Loyola University, Hennessy is greatly experienced in health and social sciences in both public and private sectors up to national levels; Monday, April 10: 7 to 9 p.m.: "Personal Meaning and Successful Aging: Adapting to Life's Changing Circumstances," by Dr. Gary Reker, Professor of Psychology, Trent University, Ontario, Canada.

The lecture series is sponsored by Generativity, the Gerontology Club of Northeastern Illinois University. For more information, call (312) 794-3076.



FREE GLAUCOMA AND VISION EVALUATION

As a community service, John B. Bello, M.D., will be offering a free glaucoma and vision evaluation at Advanced Vision Specialists.



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THE BUGLE
(USPS 069-760)
Bob Besser
Editor and Publisher

1995 NORTHERN ILLINOIS NEWS PAPER ASSOCIATION

VOL. 38, NO. 34, FEB. 16, 1995
8746 N. Sherman Rd. Niles, IL 60714
Phone: 966-3960-1-2-4
Published Weekly on Thursday in Niles, Illinois
Second Class Postage for The Bugle paid at Chicago, Ill. and additional entry offices.
Postmaster: Send address changes to The Bugle, 8746 Sherman Rd., Niles, IL 60714

Subscription Rate (In Advance)
Per single copy \$.50
One year \$13.00
Two years \$22.50
Three years \$29.00
1 Year Senior Citizens \$11.50
A year (out of county) \$15.95
1 Year (foreign) \$35.00
All APD addresses as for Servicemen \$25.00

Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to residents of the Village of Niles, age 62 and over and their younger spouses. Seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

SENIOR CENTER CLOSED
The Senior Center will be closed Monday, Feb. 20 in honor of President's Day.

YARN NEEDED
If you have any left-over yarn, please bring it to the senior center. Lap robes are made for veterans from your generous donations. Also, volunteers are needed to crochet and/or sew lap robes or slippers. If interested please call the center.

WOMEN'S EXERCISE PROGRAM
A Women's Exercise Class will be held twice a week starting Feb. 15 through May 19 at 10:45 a.m. at Ballard Leisure Center on Wednesdays and Fridays. The cost is \$15. Registration required. Call Mary Oleksy for more information.

INCOME TAX REGISTRATION
Income tax appointments are currently being taken. Appointments will be on Tuesday, Wednesday, and Thursday mornings and afternoons beginning on Tuesday, Jan. 31 through April 6. If you need to fill out a circuit breaker only, please let us know.

MEDICARE/SUPPLEMENTAL INSURANCE INFORMATION
Representatives from Banker's Life Ins. Co. will be available Wednesday, Feb. 22 to answer questions on an individual basis. Registration required.

MAYFLOWER TOURS LECTURE
Mayflower Tours and the Niles Senior Center present a FREE lecture, Thursday, Feb. 16 at 1:30 p.m. on the following tours: Gatlinburg Country Music, Alaska Cruise and the Door County Rumble/Gamble. Registration required.

MEN'S CLUB ST. PATS/ST. JOE PARTY
Tickets are on sale NOW for the Men's Club St. Joe/St. Pat Party on March 17. The tickets are \$4.50 and include lunch and entertainment.

MEN'S CLUB MEDIEVAL TIMES TRIP
Tickets are on sale NOW for the Men's Club Trip to Medieval Times on March 8. The cost is \$25 inclusive of transportation, meal and entertainment. Come to the Center to register NOW!

AN AFTERNOON OF ROMANCE
Enjoy the beauty of the Ballroom City Dancers on Friday, Feb. 24 from 2-4 p.m. The cost of \$3.50 will include appetizers, dessert, and the show. Registration required. Don't miss out on this romantic affair!

WOMEN'S CLUB PRE-MEETING LUNCHEON
The Women's Club pre-meeting and luncheon will be held on Monday, Feb. 27 at noon. The cost of \$1.50 includes the lunch of ham on rye and potato salad. The business meeting is at 1 p.m., followed by the movie "Murphy's Romance." Registration required.

CERAMICS CLASSES
Ceramics Classes will be held on Thursdays, Feb. 23 - May 4 from 9:30-11:30 for beginners and 1:30-3:30 for advanced/intermediate. Registration required. Call Mary Oleksy for more information.

GOLDEN RINGERS AND 90 PLUS WANTED!
The Niles Senior Center is currently looking for those Niles residents who are 90 years of age and older AND for couples who were married in 1945 ONLY. If you fall into either category, please call Mary Oleksy at the Niles Senior Center.

DRUG THERAPY SCREENING
Medi-Span, a Drug Therapy Screening System, is available free of charge at the Senior Center. This program gives medical knowledge based on drug-drug and food-drug interactions. If interested call Terry Sprengel RN, BSN.

VOLUNTEER DRIVERS NEEDED FOR HOMEBOUND MEALS
The Niles Senior Center offers the opportunity for you to give as little as an hour or two a month to assist our "Homebound elderly." Volunteer drivers are needed to deliver 6 to 9 hot meals daily between the hours of 11:30 a.m. to 12:30 p.m. Those people interested but can only help once or twice a month should also consider. To volunteer your services or to get more information please contact Mary Oleksy at the center.

VOLUNTEER EXERCISE LEADER NEEDED
The Healthettes, a women's exercise class, is in need of volunteer women interested in becoming exercise leaders. Interested persons may contact Terry Sprengel, RN, BSN.

DISCOVER DISCUSSION VOLUNTEER NEEDED
Discover Discussion Volunteer needed to facilitate discussions at the Senior Center on various topics. Training along with all the materials will be provided by Oakton Community College. Once trained, the volunteer will conduct 6 week sessions of 1 1/2 hours at the Niles Senior Center. So why not get involved! Contact Mary Oleksy if interested.

Fun for all ages on Family Date Night at the "Y"



Emily McDermott, 2, and Kevin Engelbert, 2, line up to do the limbo at the Leaning Tower YMCA Family Date Valentine Party Feb. 10. Twenty-two YMCAs held parties featuring activities, including the creation of valentines for retirement home residents.

Businesses support Literacy Volunteers in Spelling Bee

Literacy Volunteers of America - Fox Valley Affiliate is proud to announce the participants of their 1995 Spelling Bee. Participants will include: Arthur Anderson & Co., Batavia Rotary, Batavia School District #303, The Kane County Chronicle, First Chicago Bank in Batavia, First Chicago Bank in St. Charles, Geneva Rotary, Harris Bank in Batavia, Holmstad, Old Kent Bank in St. Charles, Pheasant Run, The Republican Newspaper, St. Charles Library and St. Charles School District #101.

Among the 14 companies currently sponsoring this event, each will contribute one three-member team, with the exception of Arthur Andersen which will provide a total of 3 teams.

Aside from the \$300 sponsorship fee provided by each participant, donations are being made to the event by several companies and organizations, including the Coca-Cola Company Fox Valley Bank and Pheasant Run. Each sponsor will be mentioned in any advertising or publicity before the actual event and will be listed in the Spelling Bee program. A silent auction of donated items will also be conducted. Businesses and organizations may donate items in the form of goods and/or services as prizes for the raffle or as general contributions to LVA - Fox Valley Affiliate.

The purpose of this event is to promote awareness of the illiterate problem in the Fox Valley area and raise funds to help continue the services LVA - Fox Valley Affiliate provides. As a non-profit organization, LVA - Fox Valley Affiliate provides private, volunteer tutoring in Basic Reading and English as a Second Language for more than 200 students. The annual fundraiser will take place in the Dinner Theatre at Pheasant Run Resort and Convention Center, 4051 E. Main St., St. Charles, on Saturday, Feb. 18, from 9 a.m. until approximately 1 p.m. The event is designed not only to promote awareness of LVA - Fox Valley Affiliate and raise funds, but also to encourage. Refreshments will be served and entertainment provided by actor Brad Lyons, who will work the comical antics of "Gladhand" from Pheasant Run Theatre's production of "West Side Story" into his dual role as Master of Ceremonies and Word Master for the event. Public attendance is free and encouraged.

For information regarding participation in the LVA - Fox Valley Affiliate Spelling Bee, contact Joan Rumps at (708) 879-8368. To make a donation to the Spelling Bee Silent Auction, contact Debbie Edwards at (708) 584-6300. For further information regarding volunteering, contributions or general facts about LVA - Fox Valley Affiliate, contact their office at (708) 584-2811.

Levy Center Men's Club to hear speaker

Mr. Matthew Shapiro, Assistant Attorney General with the Charitable Trusts Division, within the office of the Illinois Attorney General, Jim Ryan, will speak before the Levy Center Men's Club at 10:30 a.m. on Wednesday, Feb. 22, in the Levy Center, 1700 Maple, Evanston. Leslie Wilson, coordinator, announced that Shapiro will share his expertise on "Charitable Solicitations: A Guide to Safe Giving."

Shapiro was a practicing lawyer for eight years prior to joining the attorney general's staff in 1984. He also served as a law clerk for Justice Seymour Simon of the Supreme Court of Illinois.

Maine West Principal post vacant again

James L. Elliott, superintendent of District 207, announced Feb. 9 that Mr. Ken Faulhaber who was appointed Principal-elect at Maine West High School on Feb. 6 has, for personal reasons, asked to be released from that appointment.

Faulhaber will continue in his current assignment as Assistant Principal at Maine East. No decision has yet been made on the procedures and process to be used for selecting a successor to the outgoing principal who is retiring, Jim Coburn.

'Award Matrix' concert to focus on women in music

The Loyola University Chicago Women's Studies Program is hosting a special concert by "Award Matrix" honoring women in music on Thursday, Feb. 23, at 7:30 p.m.

Free and open to the public, the concert will be held in Galvin Auditorium at Sullivan Center on Loyola's Lake Shore Campus, 6525 N. Sheridan Rd., Chicago.

The evening will begin with a lecture by Ann E. Ward, founder of "Award Matrix," who will discuss women in music in Chicago, particularly in jazz and blues. Ward will then perform with the four other members of "Award Matrix," including Rita Warford, Regina Perkins, Nicole Mitchell and Maia. All members of the group are also members of the Association for the Advancement of Creative Musicians.

The group will perform original music which is described by "Award Matrix" as a blend of jazz and blues. "Award Matrix" has become known to many for its energy, youthfulness, and virtuosity, as well as deep spiritual sense.

The concert is co-sponsored by Loyola's Women's Studies Program, the African-American Studies Program, the Music Program of the Fine Arts Department, and funded by the Loyola-Mellon Endowment Fund and the Dean of the College of Arts and Sciences.

For further information, contact Loyola's Women's Studies Program at (312) 508-2934.

Maine District 207 schedules meetings

Mr. Ben H. Herman, President of the Board of Education of Maine High School District 207, Mrs. Dolores Grazian, Chairperson of the Finance Committee and Dr. Ralph M. Johnson, Chairperson of the Education Committee, announced dates for three meetings that will take place during the next month.

The Finance Committee will meet Tuesday, Feb. 21, at 7:30 p.m. to discuss possible reductions in the Educational Fund

Budget, and again on Monday, March 13, at 7:30 p.m., to discuss capital outlay requests and buildings and grounds items.

The Education Committee will meet Monday, Feb. 27, at 7:30 p.m. to discuss the Technology Long Range plan and how to finance the plan.

All meetings will be held in the conference room of the Ralph J. Frost Administration Center, 1131 S. Dec Rd., Park Ridge.

Noted Black radio pioneer to be recognized

The Museum of Broadcast Communications (MBC) in the Chicago Cultural Center (Michigan Avenue at Washington Street), will present a special tribute to the late Richard Durham on Feb. 22 at 6 p.m. in recognition of Black History Month.

"Richard Durham: His Friends Remember" will detail the career of one of Chicago's most influential African American radio pioneers. Moderator for the evening will be Abena Joan Brown, President, Producer and Co-Founder of ETA Creative Arts Foundation, Inc. Panelists will include: Oscar Brown, Jr., composer/actor/singer/playwright and former actor on "Destination Freedom"; Studs Terkel, Pulitzer prize-winning author/broadcaster and former actor on "Destination Freedom"; Vernon Jarrett, veteran journalist and activist and Dr. J. Fred MacDonald, Professor of History, Northeastern Illinois University and television archivist.

The late Richard Durham wrote and created the "Destination Freedom" series which was broadcast Sunday afternoons on WMAQ-Radio in Chicago from June 1948 to October 1950. The series dramatized "real life stories," illustrating the social conflicts facing African Americans from the days of slavery to the post-World War II era.

"Destination Freedom" focused on the struggles and achievements of a broad range of African American leaders such as Frederick Douglass, Harriet Tubman, Gabriel Prosser, Crispus Attucks, Denmark Vesey, Henri Cristophe and Toussaint L'Ouverture. Durham wrote in his introduction to the series that he wanted "to break through the stereotypes - shatter the conventions and traditions which have prevented us from dramatizing the infinite store of material from the history and current struggles for freedom."

"Richard Durham was a true pioneer in Chicago radio," said Museum President and Founder Bruce DuMont. "Destination Freedom" was one of black radio's defining moments in Chicago. Durham brought the drama of the black struggle for freedom to life on-the-air."

Durham started out as a journalist, serving as an editor for both the Chicago Defender and Ebony magazines. In 1946 he wrote scripts for two Chicago-based radio shows: "Democracy USA," a series detailing famous African American contributions to Democracy and "Here Comes Tomorrow," a soap opera set in Chicago's Southside. These scripts eventually helped lead Durham to WMAQ, where "Destination Freedom" garnered critical acclaim and praise from, among others, Illinois Governor Adlai Stevenson and writer Norman Corwin, a 1993 Radio Hall of Fame member.

For tickets to "Richard Durham: His Friends Remember" call (312) 629-6023.

DRIVERS... WATCH OUT FOR CHILDREN!

Bone Marrow Registry Drive



Photo by Mike Heuel
A United Blood Services technician prepares to draw two tablespoons of blood from Tony Aguirre of Schaumburg, manager of Sam's Club, 101 W. Oakton, Des Plaines, where the Leukemia Research Foundation conducted its Bone Marrow Registry Drive Feb. 11. The blood sample is sent to the National Marrow Donor Registry and kept on file until the donor reaches age 55. One day Tony's registration could provide a life-saving match for a leukemia patient waiting for a bone marrow transplant. Shannon Ryan, assistant to the Executive Director of the Leukemia Research Foundation, said that 55 people registered.



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Too old to eat right?

Is there an age when it doesn't matter anymore what you eat? A study in the *Journal of the American Medical Association* reported that people over the age of 70 with high blood cholesterol did not have any more heart attacks or deaths from heart disease than those with normal cholesterol levels. Some people think these results mean that we can eat whatever we want in our later years with no negative consequences. What are the reasons for this?

Yale University study's findings? Researchers are not certain. Because it was conducted over only four years, the subjects' cholesterol levels may have risen only in a short time and may not have had enough time to cause damage. Or perhaps they were not affected by high cholesterol levels for other reasons.

Whatever the answer is, it's important to understand that there is more to good nutrition than maintaining a low cholesterol level. Our needs for protein, vitamins and minerals remain about the same as we get older. That means a shortage of nutrients can still have a significant impact on energy level, immune function, and other aspects of our health - maybe even more as we age.

Our cancer risk may also remain strongly influenced by our diet. There is no known age at which we escape the influence of nutrition on the development of cancer. Most researchers believe that all adults have cells that have been damaged by cancer-causing substances. Although not all damaged cells develop into cancer, they can be more likely to do so if our diets are too high in fat or too low in vitamins and plant chemicals that protect us from harmful cells changes.

This is not to say that we should spend our final years deprived of all our favorite foods. However, it is possible to eat high-fat foods in moderation and still leave room for an abundance of fruits, vegetables, and grain products. These dietary guidelines are recommended by organizations like the American Institute for Cancer Research for people of all ages.

Seniors: Sick of Winter? Join mystery get-away

Maine Township Seniors will have a chance next month to get away from the cold and cabin fever of Chicago's long winter, but they won't know where they're going until they get there.

The "Merry Madcap Mystery Tour" is scheduled for March 23 through 28. The cost of the trip is \$759 per person, double occupancy, and \$926 per person, single occupancy. A \$50 deposit is required and reservations are being accepted on a first-come, first-served basis. Final payment is due by Feb. 16. For more information, call Sue Neuschel, Director of Adult & Senior Services, at 297-2510.

The cost of the trip includes deluxe motorcoach transportation, deluxe accommodations for five nights, five breakfasts, two lunches, five dinners, all entertainment and admission charges, all taxes and tips, the services of an American Classic Tour Director and a Mystery Club gift.

Tour participants will receive daily itineraries in riddle form and gift clues. They also will meet special "mystery guests" from the areas they visit.

About two weeks before the tour starts, participants will receive a letter informing them how to pack and prepare for the trip.

More than 3,800 residents are part of the Maine Township Seniors. Most activities are limited to members, but there's no cost to join and new members always are welcome. Residents who wish to enroll must be at least 65 years old and live in Maine Township.

Morton Grove Senior Citizens 470-5223

VISUALLY IMPAIRED MOTIVATORS

Morton Grove's support group for people with visual impairments will hold their next meeting at 10 a.m. on Tuesday, Feb. 21 in the Flickinger Senior Center. Helpful information and supportive interaction will assist participants adjust to their impairments. For more information, or to arrange for transportation, call the Senior Hot Line at 470-5223.

GOLF MILL

The Morton Grove Senior Center takes special shopping trips to Golf Mill on the last Wednesday of every month. In February, pick-ups begin at 9:30 a.m. on Wednesday, Feb. 22, with a return trip at 1:30 p.m. The trip is free for all Morton Grove residents over age 55. For a reservation call the Morton Grove Senior Hot Line at 470-5223.

GANGSTERTOWN

Enjoy a great afternoon with Mayor "Big Bill" Thompson and his gal Roxie. The bash (reported as a fund raiser for the Mayor's re-election coffers) will be held on Thursday, Feb. 23 at Gangster-town, a Roaring Twenties Speakeasy. The Mayor's charming bad guys and gorgeous flappers will sing and dance to some of the best songs of Cole Porter, George Gershwin and Duke Ellington. As for the food, the Mayor will serve nothing but the best! An Italian feast of homemade soups, salads, pasta, chicken vesuvio, oven roasted potatoes, bakery bread and Italian cookies. What more could you ask for? Seniors will leave the Prairie View Community Center at 11 a.m. and return around 3:30 p.m. The cost is \$39.50 and \$43.50 for non-residents. For details call Catherine Dean, 965-7447.

ETHNIC TOUR OF CHICAGO

Join the Prairie View Travel Club for a delightful pre-holiday ethnic tour of Chicago on Tuesday, March 28. Seniors will visit and sample specialties at a family-owned Greek bakery. Tour the Mexican Fine Arts Center and see the surrounding neighborhood which is an outdoor gallery for the Mural Arts Movement in Chicago. The tour also includes the Holy Trinity Cathedral, Louis Sullivan's landmark Russian Orthodox Church and at the Ukrainian National Museum see a demonstration of the centuries-old folk art of egg decorating. A delicious meal will be enjoyed in Chinatown. The bus for this fun-filled trip will leave Prairie View at 9 a.m. and return at approximately 4 p.m. The cost is \$48 for residents and \$58 for non-residents. Please sign up by Feb. 28 at Prairie View. For further information call Catherine Dean at the Morton Grove Park District, 965-7447.

HOT LUNCHES

Hot lunches are now being served at 11:45 a.m. every Monday, Wednesday and Friday in the Flickinger Senior Center to seniors age 60+. Nutritious lunches and exciting activities are being scheduled. The Community Nutrition Network, Inc. operates this program and the lunches are precisely one third of a senior's recommended dietary allowance (RDA). Not only that, they're delicious too. The cost of a meal is by donation with the suggested contribution being \$1.25. Up to 60 diners are served each day and reservations are required. For more information about the lunches or about transportation to the center, call the Morton Grove Senior Hot Line at 470-5223.

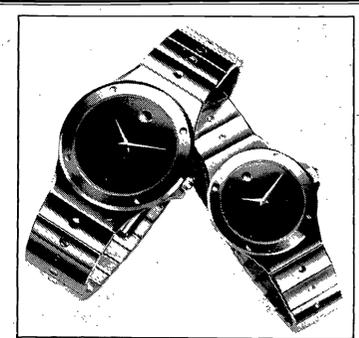
MORTON GROVE CHIMERS

Learning, growing and taking risks are some of the fundamentals to staying young while aging. An enthusiastic group of budding musicians have been enjoying extended "youthfulness" as they practice up a storm at the Flickinger Senior Center. The melodic tones have resounded from the Morton Grove Chimers every Monday and Thursday afternoon from 1:45 to 3 p.m. Many of the participants have latent musical talent from their childhoods and some have no experience at all. They get together to practice, practice and practice; the exercise itself being as much fun as the sounds produced. Individuals with little or intermediate musical experience are welcome to join, as substitute chimers are now needed. The Chimers are preparing for their spring concerts at nearby nursing homes with such tunes as "Singin' in the Rain," "Roses Are Red," "Now Is the Hour," "For Me and My Girl" and "Make Believe." If interested call the Senior Center at 470-5246.

PROPERTY TAX DEFERRAL

The Illinois Real Estate Tax Deferral Program is now taking applications from eligible seniors (the program is open from Jan. 1 to March 1 of every year). Seniors who are age 65 or older and have an annual household income below \$25,000 may apply to defer part or all of their property taxes on their personal residences. The deferral is actually a low interest loan which must be repaid after the taxpayer's death or at the time the property is sold. Other requirements for the Tax Deferral Program are that there are no delinquent taxes on the property, the property has to have fire/casualty insurance and be non-income producing. The deed to the property must be in the name of the applicant or the applicant and spouse. Single-family homes, condominiums and cooperative units are eligible for tax deferral. To file for the Real Estate Tax Deferral Program, interested individuals should contact the Cook County Collector's office for the proper forms at (312) 443-6204.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at (708) 470-5223, or the Prairie View Community Center at (708) 965-7447. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053.



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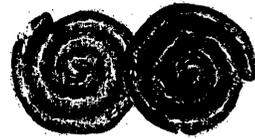
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Church & Temple News

Anniversary Sunday at Edison Park Lutheran Church

Edison Park Lutheran Church, 6626 N. Oliphant, Chicago, will celebrate its 68th anniversary on Sunday, Feb. 26. Worship will be at 7:30 a.m.; 8:30 a.m. and 11 a.m. Guest preacher for Anniversary Sunday will be the Rev. J. Thomas Householder. Pastor Householder served as Senior Pastor at Edison Park Lutheran Church from August 5, 1979, un-

Grief and loss support group

Coping with loss is a learned experience. We all suffer from grief at one time or another. The grief can develop from a death, an illness, the loss of a job, a divorce or from other causes. Many people who need help with family or personal problems are embarrassed or reluctant to talk about their needs. Although the north-west suburban area is a relatively affluent one, there are many residents who have needs that are unmet.

Because of this, The Center of Concert, 1590 N. Northwest Hwy., Park Ridge, is beginning a Grief and Loss Support Group. This group will meet in its offices.

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Men's Club sponsors Feb. breakfasts

The Sunday Morning Breakfasts sponsored by the Men's Club of Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove will be held on Sundays February 19 and 26.

On Feb. 19, a video will be shown titled, "A Time To Mourn

'The Wise Men of Chelm' at Temple Beth-El

The Temple Beth-El Sisterhood will sponsor a performance of "The Wise Men of Chelm," a Stage Two Children's Theater Production, on Saturday, Feb. 25, at Temple Beth-El, 3610 Dundee Rd., Northbrook at 5 p.m.

The performance, including a supper, will be preceded by a Family Havdalah Service. This entertaining show is open to the community. The cost of the supper is \$3 per person. Children free.

Humorous tales have been told of the shtetl of Chelm and its wonderfully ridiculous inhabitants for almost 500 years. This delightful rendition of traditional and ethnic stories is designed to entertain kids and people of all ages in this educational and fun presentation.

For tickets call the Temple Beth-El office at (708) 205-9982. Advance reservations would be appreciated.

Bereaved Parents support group

Parents who have suffered the death of a child from illness or accident are invited to attend the Support Group for Bereaved Parents at The Evanston Hospital.

The group will meet from 7:30 to 9 p.m., Tuesday, Feb. 28 in Room G952 and G956 of The Evanston Hospital, 2650 Ridge Ave., Evanston. The monthly group is facilitated by David Guterman, M.A., psychologist, and Sorrelle Yones, M.Ed., coordinator of the Child Life Program at The Evanston Hospital.

The support group is open to the public free of charge. For more information call (708) 570-2882.

Church organ restoration spaghetti dinner

The Organ Committee at First United Methodist Church in Park Ridge is sponsoring "Abundantza" Spaghetti Dinner on Friday, Feb. 17 from 5 to 7:30 p.m.

The menu includes all-you-can-eat homemade spaghetti, salad with a variety of dressings, garlic bread, coffee/tea/milk and dessert. Light musical entertainment will be provided.

Tickets may be purchased in advance through the church office at (708) 825-3144, \$6 per adult and \$15 per family, or at the door for an additional \$1. Proceeds from the dinner will help fund the pipe organ restoration.

First United Methodist Church is located at 418 Touhy Ave. and is handicapped accessible.

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"A Time To Comfort" by Ron Wolfson.

On Feb. 26, Earl Simon and Howard Kaplan - The March of the Living.

The Breakfasts follow the Sunday Morning Minyan which begins at 9 a.m. Everyone is welcome.

Merchandise sought for 'Action Auction'

Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, announces its "Action Auction '95" to be held on Sunday evening, March 19, at the Synagogue.

Donations of new merchandise are now being accepted. Please call the Synagogue Office for more information.

Mark your calendar now to attend this special event.

NA'AMAT USA to meet

NA'AMAT USA-Toladah will hold their next meeting on February 22. The meeting will start at 8 p.m. We will meet at 924 Huber Lane Glenview, IL.

The featured speaker will be Donna Leavitt, interior designer who will advise those in attendance on home decorating ideas. If you have any questions call Norma at (708) 676-0876.

Helping parents cope topic at N.W. Jewish Cong.

Sheri Fox, Family Life Educator, will speak at the Friday Evening Service on February 17 at 8:15 p.m. at Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove.

The topic of the evening will be "The Changing Jewish Family: Helping Parents To Cope." Included will be some of the various problems facing today's Jewish families including single parents, divorce, stress, and how we can incorporate Jewish values into our ever-changing life style.

Fox is a licensed social worker and family life educator at the Niles District Jewish Family and Community Service. She provides counseling as well as educational and supportive group experiences for individuals and families as they face transitions or significant life cycle events.

Saturday morning services begin at 9:30 a.m. All services conducted by Rabbi Edward H. Feldheim. Everyone welcome.

OBITUARIES

Anna L. Welsch
Anna L. Welsch, 91, of Lexington, KY, died Feb. 4 at the Sayre Christian Village Nursing Home in Lexington, KY.

Miss Welsch retired in 1968 as an Executive Secretary for the Armour Company in Chicago, after 38 years.

She is survived by a brother, John (Grace) Welsch, of Skokie; a nephew, Jack Welsch, of Lexington, KY; a great niece and a great nephew.

Funeral Mass was held Feb. 7 at St. Lambert Church in Skokie. Interment was in St. Mary Cemetery, Evergreen Park, IL.

Arrangements were made through Haben Funeral Home, 8057 Niles Center Rd., Skokie.

Frank Giamarese
Frank Giamarese, 86, of Morton Grove, died Feb. 5 suddenly at his residence. Mr. Giamarese was retired as a Supervisor for John Sexton Company. He was preceded in death by his wife, Lucille. He is survived by his daughter, Sally (Tom) Durso, of Morton Grove and a son, Nick (Betty) Giamarese; eight grandchildren; seven great grandchildren; and a sister, Marie Pharr.

Funeral Mass was held Feb. 7 at St. Peter Church, Skokie. Entombment was at St. Joseph Cemetery, River Grove, IL.

Arrangements were made through Haben Funeral Home, 8057 Niles Center Rd., Skokie.

Alvira J. "Lee" Henrici
Alvira J. "Lee" Henrici, nee Mueller, age 71, of Ontarioville, IL, formerly of Skokie, died Feb. 5 at the Suburban Hospital, Hinsdale, IL.

Mrs. Henrici is survived by her husband, Nicholas; daughters, Jacqueline (Truman) Fisher and Randi (William) Greshner, a granddaughter, Nicole; a brother, LeRoy Mueller; and a sister, Winifred Pump.

Funeral service was held Feb. 8 at Haben Funeral Home, 8057 Niles Center Rd., Skokie with the Rev. Tony Harrison officiating. Interment was held at St. Peter United Church Cemetery, Skokie. Memorial contributions may be made to the Chicago Lung Association, 1440 W. Washington Blvd., Chicago, IL 60607-1878.

Joseph L. Bleser
Joseph L. Bleser, 87, of Skokie died on Jan. 31. Services were at St. Peter Catholic Church in Skokie with Rev. Henry Krick officiating on Feb. 3. He is survived by a sister, Elizabeth Johnson of Arkansas and many nieces and nephews.

Burial was at Memorial Park Cemetery. Funeral arrangements were made by Haben Funeral Home, Skokie, Wilmette.

Phillip Mildenberg
Phillip Mildenberg, 72, of Morton Grove died on Feb. 6 at Bethany Terrace Nursing Center in Morton Grove. Surviving wife is Caralyn nee Hungerford, a son Mark Mildenberg. Brothers and sisters: Adam, Louie, and Bud and the late John, Peter, Joseph, Jacob, Walter and Ann Weisbender.

Memorial Service was at Simkins Funeral Home on Feb. 11 at 1 p.m. Burial was private. Send memorials to March of Dimes.

Funeral arrangements were made by Simkins Funeral Home, 6251 Dempster St., Morton Grove. Phone (708) 965-2500.

OCC course in Physical, Assessment Skills for Nurses

MONNACEP, Oakton Community College's Adult Continuing Education Program, is offering Physical Assessment Skills for Nurses on Sundays, Feb. 19 and 26, and March 5 and 12 from 8:30 a.m. to 4:30 p.m. at Oakton's Des Plaines campus, 1600 E. Golf Rd. This class is taught by Virginia Rogers, RN, MSN.

This offering is designed for the nurse who wishes to gain in-depth knowledge and practical expertise in the skills of inspection, palpation, percussion and auscultation. Content focuses on the normal and abnormal findings of the head, neck eyes, ears, chest, heart, abdomen, musculoskeletal and neurological systems.

Each session includes classroom instruction followed by supervised laboratory practice with a lab partner. Participants are asked to bring a stethoscope to class. The course meets criteria for 33 contact hours. The fee for the course is \$229 and includes text, instruction and handouts.

Oakton Community College/MONNACEP is approved as a provider of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation.

For more information, call (708) 635-1794.

Apollo Science Fair

The Apollo School, 10100 Dec Road, Des Plaines will be holding a Science Fair on Feb. 23. Certificates will be awarded for 1st, 2nd and 3rd Place overall and for 1st Place in each grade. Honorable mention certificates also will be presented. The projects submitted will be appropriate to all age and grade levels.

The projects range from simple demonstrations to complex experiments. The top honors, however, will probably be awarded to those demonstrating the actual scientific process. They will be judged based on the principles of scientific method and a written abstract will be required.

George Barletta, Team Three

Washington School kicks spirit into high gear

The word "Washington" acquired a special meaning for the students at Washington School after a special school assembly was held on Jan. 6.

For the past two months, school staff members have been planning a new School Spirit Program which is directed to helping students develop positive character traits, increase self-esteem, and improve interpersonal relationship skills. Monthly themes have been developed and assigned to each letter of the word "Washington" and will be introduced to the students and implemented in class by various activities.

The themes are: "W" - willingness to learn with a positive attitude, "A" - accepting responsibility and being honest, "S" - sharing and group cooperation, "H" - hygiene and personal appearance, "I" - I am special, "N" - negotiating conflicts peacefully, "G" - good decision making, "I" - tolerance of others and of our differences, "O" - organizing ourselves and our work, and "N" - now we're winners!

Principal Bob Jablon explained the goals of the new school spirit program during the kick-off assembly held on Jan. 6. Student council members carried theme signs, the Washington Wildcat made a grand entrance accompanied to the Bulls theme song, and the entire school joined in signing the official school song.

Washington School is located at 2710 Golf Rd. in Glenview and is one of four elementary schools in East Maine School District 63. For further information, contact (708) 965-4780.

USE THE BUGLE

Area News

NBC scholarship winners

Northwestern Business College has awarded Gabriel Clupek, Travel Major, a 1994 graduate of Maine East High School its Academic Scholarship for the 1994-95 Winter Quarter.

Each quarter the College awards Academic Scholarships for its associate degree majors. Any high school graduate or equivalent who enrolls at NBC is eligible to apply.

Each winner receives an \$1,800 tuition scholarship. The deadlines are February 1, May 1, August 1, and November 1 of each year.

For information, call (312) 777-4220.

Fifth grade scientists

Recently the 5th grade students of Nelson Elementary School became zoologists. As a culminating activity to the Science Units on Vertebrate Animals, the students used owl pellets to reconstruct the remains of various small animals ingested by the owls.

Each group of three children received a specially treated pellet, dissecting tools and a diagram

of various skeletons. The children dissected the pellet, classified the various bones and reconstructed the skeleton following various diagrams. In addition, worksheets provided information about the eating habits of owls. Children used math skills such as graphing and working with ratios and percentages to chart and made predictions.

Each group of three children received a specially treated pellet, dissecting tools and a diagram

Gemini students wins essay contest

Karim Merchant, eight grade Gemini student, won one of two prizes, from among 80 entries, in an essay contest sponsored by the Women's Club of Niles.

Karim received a \$100.00 Savings Bond at the club meeting on January 25, where he read his composition, "The World in the Year 2000."

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	Fixed	5%	15	8.750	0.00%	
	Fixed	5%	20	9.000	0.00%	
	Adjustable	10%	1	6.875	0.00%	
AFFORDABLE MORTGAGE 950 N. Milwaukee #204 Glenview, IL 60025 (708) 298-9590 (Broker)	Fixed	5%	30	9.000	0.00%	Conf/Jumbo
	Fixed	5%	15	8.625	0.00%	Conf/Jumbo
	Arm	5%	3/3 Arm	8.125	0.00%	Conf/Jumbo
	Arm	10%	5/5 Arm	8.500	0.00%	Conf/Jumbo
ILLINOIS HOME MORTGAGE CORP. 330 E. Algonquin Arlington Heights, IL 60005 (708) 290-0971 (Lender/Broker)	Fixed	5%	30	9.250	0.00%	Locked 60 Days
	Fixed	10%	15	8.875	0.00%	Locked 60 Days
	Adjustable 5/1 Arm	5%	30	8.750	0.00%	Locked 60 Days
	Adjustable 3/1 Arm	5%	30	8.500	0.00%	Locked 60 Days
LONG GROVE MORTGAGE BANCORP Long Grove Executive House Long Grove, IL 60047 (708) 634-2252 (Lender/Broker)	6 Month Cofi Arm	10%	30 or 40	5.950	0.625%	No Neg AM
	5/1 Arm	10%	30	7.875	2.500%	Conf/Jumbo
	30 Year Fixed	5%	30	8.375	2.750%	Conf/Jumbo
	30 Year Fixed	10%	30	9.125	0.00%	Jumbo
MAINE MORTGAGE CO. 430 Touhy Ave. Park Ridge, IL 60068 (708) 292-6500 (Broker)	Fixed	5%	30	9.125	0.00%	
	Fixed	5%	15	8.500	0.00%	
	Adjustable	10%	5/5 Arm	8.500	0.00%	
	Adjustable	10%	3/3 Arm	9.000	0.00%	
RES-COM MORTGAGE CO. 9101 Greenwood Ave. Niles, IL 60714 (708) 296-0300 (Broker)	Fixed	5%	30	9.250	0.00%	No Income
	Fixed	5%	30	9.250	0.00%	& Asset
	Fixed	5%	20	9.125	0.00%	Verification
	Fixed	5%	15	8.870	0.00%	& 100%
RES-COM MORTGAGE CO. 9101 Greenwood Ave. Niles, IL 60714 (708) 296-0300 (Broker)	Adjustable	10%	1	7.500	0.00%	Equity Loans
	Adjustable	5%	6 Months	7.250	0.00%	Available

Health News

UOA Chapter to learn about Friends of Ostomates Worldwide

The work of Friends of Ostomates Worldwide will be explained in a slide show when the United Ostomy Association's North Suburban Chicago Chapter meets at 8 p.m. Wednesday, Feb. 22, in the East Dining Room (10th floor) of Lutheran General Hospital, 1775 Dempster St., Park Ridge.

Friends of Ostomates Worldwide, a non-profit organization staffed entirely by volunteers, collects ostomy products and literature from suppliers, UOA

chapters and other sources and sends them to ostomates throughout the world who are in need. During the past year alone, its volunteers shipped nearly 16,000 pounds of surplus ostomy products to 11 nations.

The program will also include a short talk by a nurse especially trained to deal with ostomies. People with ostomies or related conditions, family members and friends are welcome.

Ostomy surgery is a procedure required when a person has lost the normal function of the bowel or bladder because of birth defects, injury or diseases, such as colon-rectal cancer, ulcerative colitis and Crohn's disease.

The chapter meets the fourth Wednesday of each month at Lutheran General. For more information on the group or the meeting, call (708) 677-8284.



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Thinking about ripping up that old carpet in your home or business because it just won't come clean? You might want to think again. The experts from Professional Cleaning Systems may be able to restore it, and at an affordable price. The husband-wife team of Dan and Carla North believe that with a little "elbow grease" they can restore just about any carpet or upholstered furniture that looks hopeless.

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Balija named Executive Director of AADE

The American Association of Diabetes Educators (AADE) has named James J. Balija of Park Ridge, as the organization's new executive director.

Balija has a strong background in Chicago-based healthcare associations including the American Dental Association, the American College of Surgeons and the American Medical Association. Prior to coming on board with AADE, Balija spent nine years with the American Osteopathic Association in Chicago where he was director of member services.

"AADE is the dedicated voice for the specialty practice of diabetes education," said AADE president Sue Thom, RD, LD, and certified diabetes educator. "Our members look to this organization as a resource and we are confident and enthusiastic about Jim's ability to respond to members' needs and to help us to achieve our goals."

Balija holds a bachelor of arts degree from Niles College of Loyola University, Chicago, and a master of divinity degree from St. Mary of the Lake University, Mundelein. He is also the 1994-95 president of the Chicago Association of Healthcare Executives and is a member of the American Society of Association Executives.

MS support groups meet

The support group of Northwestern's Comprehensive Multiple Sclerosis Program will meet Thursday, Feb. 23, from 10 a.m. to 12:30 p.m., at the Rehabilitation Institute of Chicago (RIC), 345 E. Superior. The topic will be "Coping with Disability: The Patient's Perspective."

The MS Support Group for family and friends will meet Tuesday, Feb. 21, from 7 to 8:30 p.m. at RIC. The topic will be "Caregivers Concerns: How to Deal with Depression—Your Relatives' and Your Own."

Both meetings are free and open to the public. Free parking is available at the new garage at 321 E. Erie. Be sure to bring your parking ticket to the meeting for validation. Refreshments are served at every meeting.

For further information, call Roberta Winter at (312) 908-5381.

CPR training at Rush North Shore Center

Rush North Shore Medical Center offers CPR (Cardiopulmonary Resuscitation) training two evenings each month for certification.

For more information or to register, call Rush North Shore's Public Relations Department at (708) 933-6423.

Check your blood pressure lately?

Visit Holy Family's outpatient lobby the first Wednesday of each month from 1:30 to 3 p.m. and have your blood pressure checked free. Holy Family is located at the corner of Golf and River roads in Des Plaines. For more information, call MedConnection, Holy Family's free physician referral and appointment service at (708) 297-1800, ext. 1110.

'You Are What You Eat'



Lutheran General Children's Hospital Kids' Corps member Dana Sunga of Niles, a 6th grader at Our Lady of Ransom school, shows off "Banana Boat," a healthy snack created at "You Are What You Eat!", held on Tuesday, Feb. 17. The children of Kids' Corps examined their eating habits while creating fun and healthy snacks. Kids' Corps is a group of 4th through 6th graders who have been chosen to be ambassadors of healthy living for the Children's Hospital.

Jacobs Healthcare donates medical supplies for Drason Pace

The employees of Jacobs Healthcare Systems, Inc. have offered to donate all medication needed by Drason Pace, the son of Niles North Earth Science teacher Mark Pace and his wife, former Niles North science lab assistant Carolyn Pace. Currently the Paces pay approximately \$1000 per month for the eight medications Drason must take in order to fully recover and continue to stay healthy. Upon hearing of the families plight, the employees of Jacobs Healthcare Systems decided to offer the Paces all medications they would need for as long as necessary.

Drason Pace was born in October of 1994 with OTC deficiency, a disorder in which the liver cannot produce an enzyme necessary to metabolize protein. A liver transplant was performed in December to remedy this condition.

Alzheimer's patients needed for drug study

Researchers at Northwestern University Medical School need patients for a study using an experimental drug for the treatment of Alzheimer's disease.

Patients must be at least 50 years old and must have been diagnosed with probable mild to moderate Alzheimer's disease. There should be no evidence of significant physical illness, including severe chronic pulmonary disease, psychiatric or neurological disorders other than Alzheimer's disease, severe cardiovascular disease or impaired kidney or liver function.

Study participants will be seen on an outpatient basis over a 26-week period, and a caregiver must accompany the patient to each visit. For more information, call Maureen Moran at (312) 503-0500.

Keep
Fit!

Galter Foundation gives \$3 million to SCH



Chicago philanthropist Dolie Galter (second from right) announced a \$3 million donation to go toward the construction of an ambulatory/surgery building at Swedish Covenant Hospital, 5145 N. California. Seen here at Swedish Covenant's recent Benefit Gala when the surprise announcement was made are: (from l.) Dr. and Mrs. Noel Nequin and hospital president Edward A. Cucci. The funds will come from the Galter foundation which was established by Dolie and her late husband Jack. Among other services planned for the new facility are outpatient surgery, family practice and oncology. Dr. and Mrs. Nequin served as co-chairs for the Gala. Dr. Nequin is medical director of SCH's Cardiac Rehabilitation Center.

Ballard staff 'adopts' family in Des Plaines

Instead of buying gifts for each other this holiday season, staff members at Ballard, a healthcare residence in Des Plaines, decided to buy gifts for an "adopted" family. Ballard contacted Our Lady of Ransom, a church in Niles, for the name of a needy family in Des Plaines.

"We were given a family of six, as well two children in another family," said Fran Vitacco, Ballard's director of materials management who coordinated the project. "Our Lady of Ransom was able to give us the names, ages and sex of the children, which was nice. We knew who we were buying the presents for and had some fun picking out things the kids might like."

Ballard was able to personally deliver the gifts to the family. "It was nice to be able to see the kids, meet the family and just wish them a Merry Christmas," said Kristin Joyce, Ballard's director of community services and one of the volunteers who delivered the gifts. "The kids were excited to see us, and both the parents and kids alike were very appreciative. It was definitely a worthwhile project that we will probably do again next year."

Volunteers sought for arthritis study

Determining the effectiveness of a new drug in alleviating the swelling of joints in people who have rheumatoid arthritis is the goal of a study at Rush-Presbyterian-St. Luke's Medical Center.

Rheumatoid arthritis is an inflammatory disease that affects more than 2 million people in the United States, most of them women in their forties. More than half of the people who have rheumatoid arthritis experience substantial functional loss in the affected joints within five years.

Researchers at Rush are seeking volunteers aged 18 to 74 years old who have rheumatoid arthritis. For more information regarding the study, call (312) 942-2159.

Evanston Hospital health care winner

The National Committee for Quality Health Care presented Evanston Hospital Corp. with its 1995 National Quality Health Care Award, Jan. 31 at a dinner sponsored by Modern Healthcare during the Committee's annual meeting.

Managed care has been a driver in implementing successful "critical pathways," Mark Neaman, Evanston's president and CEO told the weekly healthcare business news magazine.

Among the earliest results of the \$400 million not-for-profit Evanston Hospital Corp.'s efforts was a 33 percent reduction in the length of stay for patients who undergo total hip replacement surgery.

Meeting to help Sjogren's Syndrome patients out

Jacquelyne P. Corey, M.D., F.A.C.S., an otolaryngologist and allergist who is an associate professor of surgery at the University of Chicago, will discuss the drying effects of Sjogren's Syndrome at a meeting sponsored by the Chicago Sjogren's Syndrome Support Group.

Sjogren's Syndrome is an autoimmune disease that damages the body's moisture-producing glands, causing pain in the ears, nose and throat, impaired sense of taste and smell, and difficulty chewing and swallowing food.

The meeting will take place from 1 to 3:30 p.m. on Sunday, Feb. 26, at Johnson Auditorium, Parkside Center, Lutheran General Hospital Complex, 1875 Dempster, Park Ridge. The meeting is open to the public. Admission is free.

Dr. Corey will explain how Sjogren's Syndrome affects the ears, nose and throat and will discuss the benefits and side effects of various nasal sprays, throat lozenges and artificial saliva preparations available to patients. A question and answer session will follow Dr. Corey's presentation. Free samples of over-the-counter products to relieve many Sjogren's Syndrome symptoms will be available at the meeting.

For more information and to register, call (708) 369-4577.

Health News

Stress management program at Prairie View

"Managing Stress: Ideas You May Not Have Heard Before," a program sponsored by the Senior Health Program of Rush North Shore Medical Center, will be held on Wednesday, Feb. 22, at 7 p.m. at the Morton Grove Park District's Prairie View Community Center, 6834 Dempster St.,

Morton Grove.

Dr. Marianne Brady, a psychologist, will explore different ways to deal with stress.

For more information or to make a reservation, call the Rush North Shore Referral Line at (708) 933-6000.



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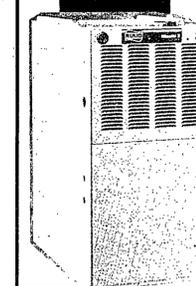
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Women's News

Childbirth preparation class

Holy Family offers a childbirth preparation class that will help you get ready for your new addition and can be started anytime during pregnancy.

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The prenatal childbirth class covers topics such as breathing techniques, birthing, nutrition, fetal development, exercises, labor and postpartum. The next session is scheduled for March 1 and runs every Wednesday through April 5 with a review class April 12.

The fee for the childbirth class is \$90 per couple. The group meets in the Des Plaines room at Holy Family Medical Center, Golf and River roads in Des Plaines.

To register, or for more information, call (708) 297-1800, ext. 2727.

Skokie Valley Women's Club to hold meeting

The Skokie Valley Business and Professional Women's Club will hold its Monday, Feb. 20 meeting at the North Shore Hilton, 9599 Skokie Blvd., Skokie. The featured speaker will be Gail L. Rosseau, M.D., Director of the Chicago Institute of Neurosurgery and Neuro-research. The 5 minute speaker will be Susan Winkelstein, "What's a nice girl like you doing in a business like this?"

Networking will take place at 5:30 p.m. followed by dinner at 6:30 p.m. Cost is \$18 (including dinner).

For reservations please call Irene Montwill at (708) 965-2097 or Selma Probst (708) 676-1160 before Feb. 17.

Mid-winter beauty rituals

Learning how to pamper yourself is one New Year's resolution worth keeping. After a frenzied holiday season and throughout the rest of the year, rejuvenate yourself with an herbal or flavored tea beverage. Whether hot or iced, these special teas are the perfect antidote to a stressful day.

While sipping these delightful drinks, restore your peace of mind by conjuring up pleasant images, such as a favorite activity or vacation spot. Then reward yourself with an herbal bath or facial. These relaxing rituals will help you regain your perspective on the world, so you can keep the rest of those New Year resolutions.

Herbal Bath
The subtle perfume of an herbal bath is calming, and some say that the special qualities of certain herbs can soothe and cleanse your skin. For example, rosehips

Volunteers sought for Women's health study
Volunteers are needed for a study of women's health issues being conducted by Illinois Institute of Technology and other area universities.

Caucasian women ages 25-40 who are not currently pregnant or nursing, who have little or no college education and whose household incomes are less than \$35,000 are needed for the survey. The survey will take an average of about one hour. Participants will be paid \$20 cash. For more information, call (312) 567-8922.

Facials
An herbal facial can lift your spirits. All you need to do is boil water and pour into a wide, shallow bowl over chamomile tea bags. Then, make a tent over your head with a towel, and let your face steam for five minutes.

Also, give your face an old fashioned milk bath. Soak three or four chamomile herbal tea bags in cold milk for several hours and use to bathe your face in an indulging ritual that smooths the complexion.

NAWBO meeting addresses car buying

The Chicago Area Chapter National Association of Women Business Owners (NAWBO) will hold a dinner meeting on "How to Buy a Car and Not Get Ripped Off," on Wednesday, Feb. 22, at the Old Carolina Crab House, 465 E. Illinois-North Pier. The featured speaker is Shirley Gross-Moore, owner and president of Barrington Dodge.

The event starts at 5:30 p.m. The cost is \$30 for NAWBO members and \$35 for non-members. Call the NAWBO office at (312) 322-0900 to register.

Rush sponsors 'Focus on Midlife'

"Focus on Midlife," a program sponsored by Rush North Shore Medical Center's Women's Health Program and St. Peter's Catholic Women's Club of Skokie, will be held on Tuesday, Feb. 21, 7:30 p.m. in Rush North Shore's Sharfstein Academic Center.

Alan Reich, M.D., will discuss ways to prevent osteoporosis, and Elaine Shepp, M.S.W., will explore various psychological aspects of growing older. The program is free of charge. For more information or to make a reservation, call the Rush North Shore Referral Line at (708) 933-6000.

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Women's News

1995 Jazzercise Marathon to support breast cancer

The 1995 Jazzercise Marathon to benefit breast cancer research at Rush-Presbyterian-St. Luke's Medical Center will take place on Saturday, Feb. 25 from 9 a.m. to 1 p.m. The marathon will occur simultaneously at 23 sites in the Chicagoland area, Wisconsin and Iowa.

Each year 185,000 people learn they have breast cancer. The average woman has a 1 in 8 chance of developing breast cancer in her lifetime. Local members of Jazzercise want to do everything they can to diminish this statistic by raising money for breast cancer research.

Jazzercise participants at the sites will dance/exercise for four hours in hopes of raising more than \$200,000. All marathon locations are open to the public and funds are raised through pledges.

Kay Lindemann, a 34-year-old breast cancer survivor who was treated at Rush, is the marathon coordinator. She will be at the largest Jazzercise site - Billy Rose Country Dance Palace in Chicago Heights - along with more than 250 Jazzercisers.

Highlights of the 13th Annual Marathon include a visit to the Chicago site by "Tina" from Chicago's smash comedy, "Tony and Tina's Wedding," visits to various sites by the Chicago Bulls Wives organization, and Bulls Team Mates, and numerous prize, including one round trip coach ticket for two on United Airlines anywhere in the United States and a Discovoy cruise.

Jazzercise is a worldwide dance/fitness program that was started in Chicago in 1969 by Judi Sheppard Missett. This jazz dance-based aerobic exercise program is taught in 19,000 classes per week in all 50 states and 38 other countries.

The 1995 Jazzercise Marathon for breast cancer research at Rush is sponsored by Kimberly-Clark, Walgreens, WMX Technologies, United Airlines, the Bull's Team Mates and WTMX-FM radio.

For more information on the 1995 Jazzercise Marathon, call (312) 942-5579.

How to start and grow a successful business

Launching a business is at the top of many New Year's Resolutions. Unfortunately, for many, the resolution fails to become reality. Fear of failure is probably the biggest factor. However, the difference between success and failure in a small business is planning, according to Sara Shifrin, director of Entrepreneurial Training for the Women's Business Development Center, 8 S. Michigan Ave., Chicago.

Shifrin, who leads workshops and does individual consulting for prospective, new and established business owners, says it can take as little as three months to get a new business off the ground. For those interested in pursuing entrepreneurship, she offers the following advice:

- Prepare a written personal assessment of your skills, interests, and current financial situation. It helps to get focused on your strengths. Then, meet with other business owners or take a course or workshops to get more information on starting a business. "You must determine the type of financial risk you're willing to take," says Shifrin. "Ideally, you should have enough savings to carry you for an entire year."
- Conduct market research on the type of business plan to start. Research the industry, the customer, buying patterns, payment history, then prepare a business plan, she says. This plan will include sales projections and expenses. "A written business plan is valuable, even if you don't use it to seek financing initially," she adds. "Remember, it's not the business idea that's important, it's the individual. Be customer-driven, not money-driven."
- Set up a support system. You need business owners to talk to on a regular basis, she says. Join one or more organizations where you can network and receive the support you need. Uncover all the resources you can and don't isolate yourself, she says. "Share what you want to do with others. People really want to help," she affirms.
- Begin establishing a relationship with a banker. You'll need to open a business account, separate from your personal account. "Sit down with a loan officer, tell

them about your plans, then regularly meet with them to update them on your progress," she advises. "If you eventually need a business loan, you'll already know the banker."

- Establish a relationship with an attorney. While many business owners are quick to hire an accountant, many postpone developing a relationship with a lawyer. A good small-business attorney will protect you from legal troubles. Shifrin states, "Don't scribble when it comes to getting good legal advice."
- Record-keeping should be done on a monthly basis. Spend more time analyzing sales rather than expenses, she says. "Don't fall behind in this area," she advises. "Women in particular, have more trouble with sales, but the more sales they make, the easier it becomes."
- Have a marketing plan and be prepared to revise it on a regular basis. You can market a business without spending a lot of money, according to Shifrin. "The key is to get your customers to think of you first," she said. "Small-business owners may find that public relations is one of the most cost-effective marketing vehicles. But don't overlook advertising, direct marketing, and sales promotion."

The Women's Business Development Center offer a four-workshop course called "Take the FastTrack to Business Ownership" that explores market research, financial analysis, and the business plan. The series begins with a workshop called "Before You Start" which is designed to help a person decide whether to become his or her own boss.

The "FastTrack" series is conducted monthly with times scheduled during the day or after work hours.

To obtain more information or to register for the Small Business Development Center and Women's Business Development Center workshops for prospective or established business owners, call (312) 853-3477, or write to the Center at 8 S. Michigan Ave. Suite 400, Chicago, IL 60603.

NEIU presents women's economic security workshop

Vicki Gottlieb, Staff Attorney National Senior Citizens Law Center, Pat Polos, State Legislative Committee AARP and Marcy Creque, National Legislative Committee AARP will present a one-day workshop, "Economic Security and Changing Times,"

'Evening with Bach & Vivaldi' to benefit Women's Center
"An Evening with Bach, Vivaldi, and other Baroque Masters" will be presented on Sunday, Feb. 26, at 7 p.m., at St. Paul Lutheran Church in Skokie, located one block south of Oakton Ave., on Niles Center Rd. This performance of baroque music is a benefit for the Women's Center, a non-profit organization that provides counseling and other services for women in crisis situations.

What is unusual about this recital is that it features authentic 18th-century instruments: baroque flute and recorder played by Andrew Scholberg, and harpsichord played by Dennis Zimmer.

The Women's Center serves approximately 5,000 new clients each year. The counseling services are free, and the Center also gives over \$100,000 worth of donated items—including clothing, cribs, and diapers—to needy women each year.

There is no admission fee for the benefit recital; a free-will offering will be taken.

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Police News

Butler reappointed Chairman of Senate Commerce Committee

State Sen. Marty Butler (R-Park Ridge) will head the Senate Commerce and Industry Committee for the 89th General Assembly. The committee, formerly the Senate Labor Committee, reviews nearly all legislation related to business and labor.

"The Commerce and Industry Committee will be interesting to Mail Box Services Authorized FED EX Services UPS • FAX • Copies • Notary • Rubber Stamps • Business Cards Typesetting • Accounting, Etc. **ONE DAY TAX CASH**

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LEGAL NOTICE

VILLAGE OF MORTON GROVE
Cook County, Illinois

1995 HANDICAPPED RAMP CONSTRUCTION PROGRAM INVITATION FOR BIDS

NOTICE IS HEREBY GIVEN by the President and the Board of Trustees of the Village of Morton Grove, Cook County, Illinois, that sealed bids will be received for the "1995 Handicapped Ramp Construction Program."

Bids will be received up to the hour of 9:00 A.M. Local Time, on the 14th day of March 1995, at the office of Director of Community Development, in the Richard T. Flickinger Municipal Center, 6101 Capulina Avenue, Morton Grove, Illinois, and will be publicly opened and read at that time.

The bidding forms and documents are available at the Office of the Director of Community Development, Village of Morton Grove, Illinois, upon payment of the sum of Twenty and 00/100 dollars (\$20.00) which is not refundable. Bids must be submitted on the forms provided.

The Director of Community Development has the right to refuse to issue Plans, Specifications and Proposals to any person, firm, or corporation that he considers to be unqualified. All bidders must be pre-qualified with the Department of Transportation, State of Illinois, and the Certificate of Eligibility must be submitted to the Village prior to issuance of Plans and Specifications. This qualification and eligibility may be waived by the Village.

All bids offered must be accompanied by a bid bond, cash or certified check made payable to the President and the Board of Trustees of the Village of Morton Grove in the amount of not less than five percent (5%) of the aggregate of the bid as a guarantee that if the bid is accepted, a contract will be consummated. In addition, all bidders are required to submit an "Affidavit of Availability" with their bid.

The right to waive any irregularity and to reject any or all bids is reserved to the President and Board of Trustees of the Village of Morton Grove.

Dated at Morton Grove, Illinois, this 16th day of February, 1995.
Spiro C. Hountalas
Finance Director
Village of Morton Grove

Tollway 'Zero Patrol' warms up as temperatures drop

When sub-zero temperatures, icy wind and other hazardous winter conditions drive most people indoors, members of the Illinois Tollway "Zero Patrol" are warmed for action.

"If the weather is to a point that a motorist should not be in a stranded vehicle for long, then the Zero Patrol is out," says John Benda, Manager of Maintenance for the Tollway. "Zero Patrols are arranged so the chance of a motorist being stranded for more than one hour is very slim."

Zero Patrol workers take maintenance vehicles from the 11 Tollway garages and travel the portion of the road within their region. Working in conjunction with District 15 Illinois State Police, members of the patrol scan the entire Tollroad system 24 hours a day during periods when there are sustained sub-zero wind chills or below zero temperatures.

Once a vehicle is located the patrol calls for help or transports the person to the nearest Tollway facility for assistance and to keep warm. Snowplow trucks do not stop during a snow storm to assist unless it is a life threatening emergency, but they will always call in a report of a stalled vehicle.

Executive Director Ralph Wehner cautions motorists to stay in their cars and wait for assistance. "The safest place to be is in your car. You may want to use the "Send Help" portion of the Tollway map in your back window, or raise the hood of your car. Make yourself familiar with mile markers to pinpoint your exact location.

This is especially helpful when using a cell phone in the car. A "999" call costs nothing and will advise the local jurisdiction that you need help. Our goal at the Tollway is to provide that assistance as quickly as possible."

You may think it is silly or overkill, but then when was the last time you had to move 150 feet of fire hose around someone's car

Stop Crime!

LEGAL NOTICE

VILLAGE OF MORTON GROVE
Cook County, Illinois

1995 LOCAL STREET RESURFACING PROGRAM INVITATION FOR BIDS

NOTICE IS HEREBY GIVEN by the President and the Board of Trustees of the Village of Morton Grove, Cook County, Illinois, that sealed bids will be received for the "1995 Local Street Resurfacing Program."

Bids will be received up to the hour of 10:30 A.M. Local Time, on the 14th day of March 1995, at the office of Director of Community Development, in the Richard T. Flickinger Municipal Center, 6101 Capulina Avenue, Morton Grove, Illinois, and will be publicly opened and read at that time.

The bidding forms and documents are available at the Office of the Director of Community Development, Village of Morton Grove, Illinois, upon payment of the sum of Thirty-Five and 00/100 dollars (\$35.00) which is not refundable. Bids must be submitted on the forms provided.

The Director of Community Development has the right to refuse to issue Plans, Specifications and Proposals to any person, firm, or corporation that he considers to be unqualified. All bidders must be pre-qualified with the Department of Transportation, State of Illinois, and the Certificate of Eligibility must be submitted to the Village prior to issuance of Plans and Specifications. This qualification and eligibility may be waived by the Village.

All bids offered must be accompanied by a bid bond, cash or certified check made payable to the President and the Board of Trustees of the Village of Morton Grove in the amount of not less than five percent (5%) of the aggregate of the bid as a guarantee that if the bid is accepted, a contract will be consummated. In addition, all bidders are required to submit an "Affidavit of Availability" with their bid.

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Dated at Morton Grove, Illinois, this 16th day of February, 1995.
Spiro C. Hountalas
Finance Director
Village of Morton Grove

Tips for driving on icy roads

By Secretary of State
George H. Ryan

When stopping or turning, apply brakes slowly and steadily. Do not pump the brakes or apply them to the point of lock-up.

Q. What is the best way to handle a skid?
A. Do not hit the brakes. Instead, grip the steering wheel firmly, ease off the gas pedal and steer the car in the direction you want it to go. Keep your foot off the accelerator and brakes until the tire regains traction.

Q. Do smaller cars handle differently on ice?
A. Yes. Because of their light weight, stopping distances for compact or sub-compact cars can be as much as 25 percent shorter than for a standard size car. Also, once a small car has stopped on ice, getting it moving again may be difficult.

Q. How can I avoid skidding?
A. When you set out to drive in icy conditions, get the feel of the road by testing your brakes to see how much traction you have.

Q. Increase your following distance and maintain a safe, constant speed. Stopping distances on glare ice can be as much as 10 times the distance on dry pavement.

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NILES

Arrests

An 18-year-old Chicago man was observed driving southeast on Milwaukee Ave., Feb. 9. He was paced through the 8100 block at 55 mph in a 35 mph zone. Police discovered that the offender's driver's license was suspended.

He was transported to the Niles Police Department and issued tickets for a suspended driver's license, speeding, and not wearing a seat belt.

An agent at the Service Merchandise store, located at 8303 Golf Rd., observed a 25-year-old Chicago man place an AM/FM stereo and two cordless telephones in his car, Feb. 9. The offender was stopped at the front doors past the point of purchase with the stolen merchandise valued at \$189.70 inside his shopping bag, which was covered with papers.

The reporting officer clocked a 41-year-old Chicago man going 48 mph in a 35 mph zone, Feb. 10. Upon following the offender's vehicle northwest on Milwaukee Ave. in the 7600 block, the officer witnessed the offender cross over double yellow lines and into the southbound lane of travel. The offender swerved right across both lane and onto the northbound shoulder of the road.

Upon stopping the vehicle in the 7800 block, the reporting officer saw an open can of alcohol in the front seat. The offender had a strong smell of alcohol on his breath and had blood shot eyes. When asked to exit the vehicle, the offender almost fell to the ground. He was only able to recite the alphabet up to the letter "E" and could not continue further. When performing the 10 step-heel-toe test, the offender nearly fell and the officer had to grab him so he would not injure himself.

The offender was taken into custody and transported to the Niles Police Department. He refused to submit to the breathalyzer test. The offender was given an I-Bond and issued tickets for speeding, illegal lane usage, failing to wear a seat belt, no insurance, driving under the influence, failure to complete a chemical test, and open alcohol.

Burglaries

A 32-year-old Niles man entered his garage in the 8200 block of Octavia at about 6:30 a.m. Feb. 9 to find that offender(s) unknown gained access through the

unlocked side door and removed a snowblower.

A pair of lambswool gloves, not belonging to the victim, was found lying on top of a chair in the garage. The victim's own gloves, however, were no longer on the chair where he had left them previously.

Footprints were located in the snow by the side door, along with tire track impressions from the snowblower.

The scene was evaluated by police and evidence was collected. No other items were claimed to be missing and the victim was instructed to contact police should any additional discoveries be made.

Unknown offender(s) gained entrance into the home of a 39-year-old Niles man in the 6900 block of Howard sometime between 12:20 p.m. and 4:30 p.m., Feb. 8. A pry type tool was used to gain entry.

Once inside, the offender(s) removed a \$275 computer printer from the basement and two handguns valued at \$920 from the dresser in the master bedroom.

The victim told police that he left the residence at about 12:20 p.m. When his daughter arrived home at about 4:30 p.m., she noticed that the computer was missing but assumed her father had moved it.

Police lifted one partial fingerprint from the bedroom dresser. There were numerous items of value in plain view that were not taken, according to police.

The reporting officer dispatched to a residence in the 8700 block of Merrill on a burglary in progress call, Feb. 8. The victim, a 28-year-old Niles woman, said that at about 3 p.m., she drove to the front of her home and noticed that the front door on the east side of the house was ajar. She then saw the offender exiting the house with her vacuum cleaner.

The victim parked her truck on the street and walked to a neighbor's house. At this time, the offender left the house and fled southbound on Merrill in a blue, two-door Chevrolet or Pontiac.

An investigation of the residence revealed that the offender(s) cut the screen and forced open the basement window to gain entry. Once inside, the offender(s) ransacked a bedroom, several cabinets and closets, and removed a television, a VCR and some jewelry.

A television and a pillow case containing an answering machine, a camera and a coin collection were left near the front door. No other items were reported to be missing.

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The victim parked her truck on the street and walked to a neighbor's house. At this time, the offender left the house and fled southbound on Merrill in a blue, two-door Chevrolet or Pontiac.

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Entertainment

Northbrook Symphony Orchestra presents violinist

The Northbrook Symphony Orchestra will feature violinist Eunice Lee, the youngest winner of the nationwide Julius Stulberg Auditions on Sunday, Feb. 19, when she will perform the Sibelius Violin Concerto with Samuel Magad and his orchestra. The 4 p.m. concert program will also include Passacaglia No. 1 by Webern, Ravel's Rhapsodie Espagnole and the Roumanian Rhapsody by Enesco. The NSO is continuing to present the very popular pre-concert lecture series just prior to all concert performances (2:30 p.m.), with lecturer, Carl Meyer, being featured Feb. 19. The lectures are partially supported by a grant from the Illinois Humanities Council during the 1994/95 concert season. Concert performances begin at 4 p.m. at the Sheely Center for the Performing Arts (Glenbrook North High School), 2300 Shermer Road, Northbrook. Single ticket prices are \$20/\$16/\$13/\$5. There is free parking

Daily Dinner Specials

SERVED TUESDAY - SUNDAY (Except Saturdays) February 21-26

- Braised Swiss Steak \$9.95
- Chicken Breast Kabob \$10.95
- Filet of Sole Parmigiana \$11.95
- Weiner Schnitzel \$12.95
- BBQ Ribs \$13.95

Includes: Lazy Susan, Salad, Potato, Vegetable, Beverage, Dessert

The Country Squire
Restaurant & Banquet Facilities
Reservations in the Holiday Inn Country Estate
Rts. 120 & 45 - Grayslake
(708) 223-0121
Your Hosts, Bill and Kris Govas

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WITH PURCHASE OF ANY PIZZA
FREE PIZZA MUST BE OF EQUAL OR LESSER VALUE

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EXPIRES 3-16-95

O'LANDO'S PIZZA

Rated the best thin crust pizza in Lake County
6301 NORTHWEST HWY. CHICAGO
312-631-2020
HOURS:
Mon.-Thurs. 11 AM-Midnight • Fri. & Sat. 11 AM-1 AM • Sun. 11 AM-11 PM

available, and the theater is wheelchair accessible. Contact J.C. Wacholz at (708) 272-0755, for further information.

Cats compete at Jamboree

Country Cats Jamboree, an all-breed and household pet cat show will be held Feb. 25 and 26 at the Holiday Inn Elk Grove, 1000 Busse Road, Elk Grove Village, IL. Hours are 9 a.m. to 5 p.m. on Saturday, and 9 a.m. to 4 p.m. on Sunday. The show is sponsored by The Prairie State Cat Club, and the Northern Illinois Cat Enthusiasts.

up to 150 cats will be competing in one of five classes for the coveted Best of The Best Awards: Kitten, Champion, Alter, Household Pet or Household Pet Kitten. Spectators will have the opportunity to admire breeds both well known and uncommon-Persians, Maine Coons, Sphynx, Somalis, Ragdolls, Abyssinians, Bengals (including a rare "snow marble" Bengal) are all expected to be entered, among many others. The vendor area will have a wide variety of cat related products and gifts for sale. Representatives of Sav-A-Pet, a no-kill shelter in Palatine will be at the show. Spectators may wish to bring cans or bags of pet food for donation to Sav-A-Pet.

BOOBY'S

6161 MILWAUKEE AVE. NILES, IL
(708) 966-4733
Hours: 11 a.m. - 9 p.m.

Whole Chicken - \$4.95 To Go Only
BBQ or Grecian Style

FREE Steak Sandwich
In Town (Skirt Steak)

FREE Salad Bar
with any Sandwich or Dinner
FULL SLAB \$7.75
Barbeque Ribs
Includes: Cole Slaw, Potato & Bread
(Regular Price for Delivery)

Park Ridge Players have 'Squabbles'



Paul Kaitson of Niles has a lead in the Park Ridge Players' production of "Squabbles", a laugh-a-minute comedy.

Park Ridge Players present the hilarious comedy, "Squabbles" at St. Mary's Episcopal Church, 711 Crescent at Prospect, in Park Ridge. Showtimes are 8 p.m., Fridays and Saturdays, Feb. 24 through March 11.

Performers are: Joe De Mali and Kathy Konopasek of Park Ridge, Paul Kaitson of Niles, Nan Kubicek of Hoffman Estates, Frank Panzica of Elmwood Park, Norbert Weisman of Evanston, and Joan Johnson of Prospect Heights. Betty Bryant, of Park Ridge, is the director. Call (708) 698-3081 for more information.

NEU presents 'Eleemosynary'

An all-women cast stars in Lee Blessing's "Eleemosynary," a play which examines the subtle and often perilous relationship between three remarkable women: a young girl, her mother, and her grandmother, from the author of "A Walk in the Woods." "Eleemosynary" will run for two weekends, February 16 to 18 and 23 to 25 at 7:30 p.m. at the Stage Center Theatre at Northeastern Illinois University, 5500 N. St. Louis (Bryn Mawr and Central Park Avenue) in Chicago. For more information, call (312) 794-6652.

Treat The Family To Dinner

MORTON GROVE THEATRE
7300 DEMPSTER (708) 967-6010

STARTS FRIDAY, FEBRUARY 17TH

Jodie Foster/Liam Neeson **"NELL"**
SAT., SUN. & MON.: 1:00, 3:15, 5:30, 7:45, 10:00 PG-13
WEEKDAYS: 5:30, 7:45, 10:00

Tim Allen/Held Over **"SANTA CLAUSE"**
SAT., SUN. & MON.: 1:20, 3:20, 5:20, 7:20, 9:20 PG
WEEKDAYS: 5:20, 7:20, 9:20

"READY TO WEAR"
SAT., SUN. & MON.: 1:35, 4:15, 6:55, 9:35 R
WEEKDAYS: 6:55, 9:35

Held Over Tom Cruise **"INTERVIEW WITH THE VAMPIRE"**
EVERYDAY: 7:15, 9:40 R

Disney's Acclaimed Held Over **"THE LION KING"**
SAT., SUN. & MON.: 1:45, 3:35, 5:25 G
WEEKDAYS: 5:25

ALL SEATS \$1.75

OCC presents true-life stories



(From left) Anna Becker, Skokie; Nancy Mark, Glenview; Maxi Amas and Maria Stevens both of Niles; and Beverly Rocklin, Lincolnwood, are shown rehearsing a scene from an upcoming production of "Sunrise Sunset" to be performed in Studio 1600 at Oakton Community College, Des Plaines. Performance dates are Fridays, Feb. 17 and 24 and March 3 at 8 p.m. and Saturdays, Feb. 18 and 25 and March 4 at 8 p.m.

Back by popular demand—a series of true-life intergenerational stories are brought to life by the magic of director Carol Verson and her troupe of Oakton pioneers. This is an evening of laughs and heart-warming emotional surprises. For ticket information, call the Oakton Box Office at (708) 635-1900.

McFerrin brings his musical genius to Centre East

One of the music world's most widely talented artists, Bobby McFerrin, brings his broad range of musical styles and forms to Centre East in Skokie for a jazz concert on Friday, February 17, at 8 p.m. Joining Bobby McFerrin for this concert is Jazz trio Bang Zoom.

Bang Zoom is a jazz trio that performs regularly with Bobby McFerrin. The members include Paul Nagel on piano, Jeff Carney on upright bass, and Eddie Marshall on drums. Tickets for Bobby McFerrin

Roosevelt invites public to free jazz concert

Roosevelt University's Albert A. Robin Campus welcomes a jazz ensemble from its Chicago Musical College for a performance at the Forest View Theatre in Arlington Heights on Sunday, Feb. 19. The concert, open to the public at no charge, begins at 3 p.m. and will feature a variety of

music styles ranging from commercial to straight jazz. The ensemble will also feature a performance by vocalist Ollie King.

The Roosevelt University jazz ensemble is comprised mainly of undergraduate students majoring in either Jazz Performance or Music Education with an emphasis in Jazz. The ensemble is directed by Robert Parton, Chair of the Jazz Studios program and assistant professor in Trumpet-Jazz at Roosevelt's Chicago Musical College.

The public is welcome to attend this free concert on Sunday, Feb. 19, sponsored by Roosevelt University's Albert A. Robin Campus. The Forest View Theatre is located at 2121 S. Goebbert Road in Arlington Heights. For more information, call the Robin Campus at (708) 437-9200, ext. 721.

Daniel J. Peistrup

Navy Petty Officer 3rd Class Daniel J. Peistrup, a 1990 graduate of Maine West High School of Des Plaines, recently returned from a six-month deployment to the Western Pacific Ocean with Strike Fighter Squadron 27 embarked aboard the aircraft carrier USS Kitty Hawk. He joined the Navy in June 1992.

RETIREMENT HOME AND NURSING HOME GUIDE

An Informational Guide

on Retirement Living, Facilities and Extended Care

Retirement: The 42 percent solution

by
Thomas A. Curin
Social Security Manager
Des Plaines, IL

How much money is needed to assure a comfortable retirement? Many financial analysts recommend that middle-income Americans need a replacement rate of about 80 percent of pre-retirement earnings.

Too often, people never think about where that money will come from until it's too late to do much about it.

Social Security retirement benefits replace about 42 percent of an average earner's pre-retirement earnings. Social Security is a financial base on which most retirees can build.

Some critics of the program say they could do a lot better than Social Security in providing for their retirement. I would encourage them to make the effort, because a partnership with each worker is what was originally intended.

When the original Social Security Act was passed almost 60 years ago, Social Security retirement benefits were thought of as part of a "three-legged stool." The other two financial "legs" were (1) personal savings and investments and (2) employer pensions.

What if an individual is either wise enough or lucky enough, through investments and pensions, to duplicate Social Security's replacement rate of 42 percent of earnings for an average individual? He or she would then reach an 84 percent figure and assure themselves a comfortable retirement.

If you do a little less well, the effort is still all the good because you will have more than just Social Security to rely on.

A good starting point for any analysis of what you will want or need for your retirement years is a Personal Earnings and Benefit Estimate Statement that is available free from Social Security. Just call 1-800-772-1213 and one of our representatives will be happy to help you.

Staff in place at Ashley Court Retirement Community



Staff members of Ashley Court are now showing off the beautiful retirement community and its model apartments at 1750 South Elmhurst Road in Des Plaines. For more information about monthly fee discounts, and for a personal tour, call Laura, Cynthia and Kris at (708) 228-1500.

Beautifully decorated common areas of Ashley Court Retirement Community in Des Plaines include a general store, barber/beauty salon, laundry facilities, full-service bank, health clinic, lounge areas, sitting rooms, outdoor patios, garden room, library, and a theater.

Ashley Court is the newest retirement community in Chicago's Northwest suburbs. All of its apartments have 24-hour emergency call systems, window treatments, wall-to-wall carpeting and individually-controlled thermostats. Monthly fees, which begin

at \$725, include a continental breakfast and one wait-served meal each day, weekly house-keeping, maintenance, daily activities and social programs and all utilities (except phone). An evening meal is available for an additional charge.

In addition to its residential apartments, Ashley Court provides CareFreeSuites with additional services for those residents who may require special help in day-to-day living. The services of CareFreeSuites, provided in the privacy of each resident's own room, will include laundry services, morning dress and bed time preparation, personal hygiene and medication assistance and a twenty-four hour health care attendant.

Ashley Court staff members are offering \$50 off the monthly fee for the entire term of the residency agreement to the first fifty residents who secure a deposit. To have the staff give you a personal tour of Ashley Court, at 1750 S. Elmhurst Road, and to receive the \$50 per month discount, call (708) 228-1500.

You can work and collect benefits

by
Thomas A. Curin
Social Security Manager
Des Plaines, IL

Want to "keep on truckin'" and collect Social Security benefits at the same time? You may be able to do it! If you're over 62, it's possible that you could collect partial Social Security retirement benefits while continuing to work full-time.

Partial benefits may be payable when you're employed and eligible for retirement benefits (the earliest age is 62) or widow(er)s benefits (at age 60 or older). If you're under age 70, you'll be subject to an annual earnings limit. If your earnings exceed the limit, part of your benefits will be withheld. In 1994, the earnings limit is \$8,040 if you're under age 65, \$11,160 if you're 65 to 69, and \$14,160 if you're 70 or older. If you're over 65 but not yet 70, \$1 will be withheld for every \$3 of earnings that exceed \$11,160. If you're 70 or older, you can collect full benefits no matter how much you earn.

Here's an example of how this could work for you. Let's say, you are 63 and eligible to receive \$800 a month in Social Security benefits, that's \$9,600 per year. You have a job that pays you \$20,160, which is \$12,000 over the 1994 earnings limit of \$8,040. Because you earn \$12,000 over the earnings limit, we would withhold \$1 from your Social Security benefit for every \$2 you earn over the limit. In your case, we would withhold \$6,000 of your benefits. However, you would receive \$3,600 from Social Security while earning \$20,040 on your job. Your total income from work and Social Security for the year would be \$23,640.

Next year, if you were still working, you could be getting even more money. The annual earnings limit rises each year. Therefore, a smaller amount of your earnings would be withheld if you exceed the limit. And, because Social Security refigures benefits each year to consider additional earnings, you could get a higher benefit.

If you're at least 62 and want to find out if you can work and collect Social Security benefits at the same time, call this toll-free number, 1-800-772-1213 (between 7 a.m. and 7 p.m.) to make an appointment to talk with a Social Security representative. You can call that number at any time to have a Request for Personal Earnings and Benefit Estimate Statement form sent to you. You'll receive your statement about four weeks after you complete the form and send it to the Social Security address on the back.



Kiwanis sponsors Ballard Bingo



Pictured above, Ballard residents Cecelia Roseman (left) and Mildred Fanella (right) are presented their BINGO prizes by Kiwanis member Linn Clawster (center). The Des Plaines Kiwanis frequently sponsor an afternoon of BINGO games at Ballard, a Healthcare Residence in Des Plaines, where the residents enjoy winning prizes and eating ice cream and cookies.

Seniors need to be aware of driving limitations

Senior citizens age 65 and older comprise more than 13 percent of all Illinois drivers. While few requirements exist for seniors to maintain driving privileges, they need to pay special attention to natural physical changes, such as changing vision and slower reflexes, that limit driving ability.

Q. At what age should older citizens stop driving?

A. There is no set age as long as they are physically and mentally capable of driving safely. Most elderly people stop driving and even voluntarily surrender their licenses when they feel they should not be driving.

Q. What are the guidelines for driver's license renewal?

A. Seniors ages 69-80 must renew their licenses every four years for a \$5 fee. Persons 81-86 must renew every two years for a \$2 fee, and those 87 and older must renew annually at no fee.

Q. What tests are required?

A. Everyone must pass the vi-

sion test, and all persons age 75 and older must pass the driving test. In addition, everyone must take a written test every eight years except those having no traffic convictions.

All senior citizens are encouraged to participate in a driver safety program called "Seniors on the Go." The program provides hands-on driving practice for seniors in a comfortable, risk-free environment.

For more information, call 1-800-252-2904.

HOW ARE YOU TODAY?
Let us call you up to 3 times a day to see if you're okay. If you have a problem or can't answer, we call for help immediately.

BE SAFE, NOT SORRY!
Call TOLL-FREE 1-800-490-2227.
(recorded message gives details)

Computerized Monitor Service checks up on elderly, shut-ins

Ken Stall, MSW, and his wife Judy, realized the problem that elderly, shut-ins and many single people face - the need for someone to check to see how they are.

Today's lifestyle leaves little time to fulfill our good intentions, such as calling daily to check on our elderly parents.

The Stalls developed a business idea to help the elderly or shut-ins and take the fear out of living alone, called Computerized Monitor Service, a computerized telephone calling service which calls a loved one at a set time each day. If no one answers, the computer service calls up to three help numbers provided by the customer for assistance.

"I wish I had had this service many years ago for my Mother when she lived alone and wanted

to maintain her own independence," Judy said. "I didn't always have time to call her everyday." "And my Dad could have used this service, too, when he was a widower living alone the last few years of his life," Ken added.

They both agreed that many middle-aged working couples have elderly parents living independently who want and need to be checked on daily, but there isn't always time to do it. Now, Computerized Monitor Service will do it for them.

Here's how it works. The computer calls Mrs. Jones according to her wishes at 8 a.m., 2 p.m., and 8 p.m., with a customized message: "Hello, Mrs. Jones. This is Computerized Monitor Service calling. If you are okay,

press 1 on your phone. If you need assistance, press 0. Thank You."

If there is no answer to any of the 3 calls, or if Mrs. Jones presses 0 on her phone, the computer then calls up to 3 pre-selected help numbers, such as a relative or neighbor with a key. "We also wish to emphasize that while the computer is making these pre-recorded phone calls, each call is customized to the client's wishes in a male or female voice. We can even remind someone to take their medication at regular intervals."

Judy and Ken believe that their service is the first of its kind in the Chicago area. For more information about this service, call Judy or Ken at (708) 234-6300.

'Generativity' lecture series at NEIU

Topics on aging highlight Northeastern Illinois University's, 5500 N. St. Louis in Chicago, Generativity Spring 1995 free lecture series beginning Tuesday, Feb. 28 at 7 p.m. All lectures are in Room 217 in the Commuter Center. Refreshments available

after each event. The schedule follows: Tuesday, Feb. 28, from 7 to 9 p.m.: "The Art of Growing Older"; Wednesday, March 15, from 7 to 9 p.m.: "The Future of Aging Programs: A Funder's Perspective"; and Monday, April 10, from 7 to 9 p.m.: "Personal

Meaning and Successful Aging: Adapting to Life's Changing Circumstances."

The lecture series is sponsored by Generativity, the Gerontology Club of Northeastern Illinois University. For more information, call (312) 794-3076.

Ballard's New Entrance Draws Rave Reviews From Visitors And Experts on Aging

The unveiling of Ballard's new front entrance has been long awaited - and I am pleased to announce that it is finally open!

Ballard has undertaken a facility wide renovation project, a substantial portion of this being a complete overhaul of our front entrance.

The comments we're hearing from visitors and professionals, as well as our own residents and staff members, have been overwhelmingly positive.

We've changed the structure of our front entrance so that it is more user-friendly. Because we wanted it to be attractive, but also functional,



we incorporated research that had been done on aging and design into the development of the entrance.

Now when visitors come to Ballard, they don't have to walk up stairs or a ramp. Our entrance is ground level and has convenient, automatic doors. Visitors can take a new elevator or stairs either one half a flight up to our first floor, or 1/2 a flight down to our new administrative offices and rehabilitation suite. Transitions in Rehabilitation.

For information or a tour, call 708-294-2300 or write: Ballard 9300 Ballard Road Des Plaines, IL 60016

CHECK OUT OUR RETIREMENT HOTEL THEN CHECK IN



SUMMIT SQUARE of Park Ridge

Visit Summit Square and discover a new world specially designed to let you live your retirement exactly as you wish.

COMFORT AND ELEGANCE

Enter our luxurious lobby and relax near the woodburning fireplace. Sample the fine cuisine in our dining areas - residents enjoy three meals daily. Tour our spacious, fully-furnished and unfurnished apartments and suites.

CONVENIENCE

Take a walk across the street to transportation, shopping, and banks. Visit the mini store, beauty parlor, and barber shop right in our building.

FUN AND RELAXATION

Check out our heated outdoor pool, the recreation/lounge room with a billiards table, game tables, and large screen television, our exercise classes, and special events and excursions.

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Goldman Home responds to 20/20 program on nursing homes

We know that those who saw the 20/20 program were shocked by what was shown. However, we ask that you keep in mind that they showed a handful of "bad nursing homes." In the state of Illinois the majority of the nursing homes provide quality care to their residents. The 20/20 program failed to present a balanced report and they spent nine months putting the story together.

Our home, the Goldman Home, has many caring, loving, dedicated staff that take pride in the work they do. The responsibility they have for the care of our residents is quite a challenge and they do it well. We are here to serve the residents' needs as well as to fulfill the expectations of those who placed the resident in our care.

Our staff works hard to gain

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your trust and support. Should you have additional worries, concerns or questions that may stem from this recent television program please ask administration.

Our doors are always open and we invite the public to come and visit our home where you will see quality care that is provided daily.

Forum discusses grandparents legal rights

Kathleen McGury from the Assistant State's Attorney's Office will discuss grandparent's rights issues at this month's meeting of the advocacy group, Grandchildren's Rights to Grandparents.

The meeting on Saturday, Feb. 18 is scheduled from 2 p.m. to 4:30 p.m. at the Thompson and Kuenster Funeral Home, 3570 West 95th St. in Oak Lawn. For more information call (708) 335-3568.

Exercises for People with Arthritis

A series of "Exercises for People with Arthritis," sponsored by the Good Health Program of Rush North Shore Medical Center in Skokie, is being held Mondays and Thursdays, from 5:30 to 6:30 p.m. On Mondays the classes are held at the Mayer Kaplan Jewish Community Center, 5050 Church, Skokie, and the Thursday classes are held at the Oakton Community Center, 4701 Oakton, Skokie.

Classes are conducted by a specially trained and experienced staff and are designed for people with rheumatoid arthritis and osteoarthritis. An excellent general workout for senior citizens, bad backs and deconditioned individuals.

For further information or to register, call the medical center's Good Health Program at (708) 933-6695.

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Will you be my Valentine?



Oakton Arms Retirement Community residents (left to right) Dotti Rubenstein, Art Quenzel, Anne Dworak and Harry Forgan recently reminisced about their first "true loves."

Senior Adult Clubs welcome new members

The Oakton and Laramie Senior Adult Clubs are open to all Park District residents 55 years of age or older. Each club's activities will include a weekly business meeting, card playing, bingo, luncheons and socializing.

Programs for singles 45 through 65

One + Options, Maine Township's group for widowed and other single adults ages 45 through 65, offers a wide variety of activities every month.

Programs include a Cuisine Club that takes trips to area restaurants, a Sunday Strollers group, weekend and long-distance trips, seminars and volunteer opportunities.

Membership in One + Options is free to adults who live in Maine Township. For more information on coming events, or to join, call Barb Koss in the Adult & Senior Services Department at 297-2510, ext. 240 or 241.

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Program eases tax burden for seniors

As a public service, the Suburban Area Agency on Aging wants senior citizens to know that there is help available to ease the real estate tax burden. Illinois' Senior Citizen Real Estate Tax Deferral Program, now in its twelfth year, provides property tax relief to qualifying seniors by allowing them to defer part or all of the property taxes on their homestead.

It's a form of a low interest loan which is to be repaid after the taxpayer's death or at the time the property is sold. The interest rate for the tax deferral program is currently at six percent. In 1993, the program's definition of "homestead" was expanded to include "a condominium or a dwelling unit in a multi-dwelling building that is owned and operated as a cooperative, occupied by the taxpayer as his residence."

To qualify for the Real Estate Tax Deferral Program, a senior must:

- be 65 or older by June 1 of the year the claim is made;
- have an annual household income below \$25,000;
- own the property which must be used for residential purposes and be non-income producing (the deed must be in the name of the applicant or applicant and spouse);
- have lived at the residence for at least the last 3 years;
- have no delinquent real estate taxes on the property; and
- have fire/casualty insurance on the property for (at least) the amount deferred.

Tax deferrals are limited to eighty percent of the equity in the property. A lien will be filed on the property until the deferred taxes are repaid. Deferred property taxes are paid by the Illinois Department of Revenue in the interim.

The application cycle for the Tax Deferral Program is from January 1 through March 1 of every year. Qualifying taxpayers must apply each year. For an application, contact the Cook County Collector's Office at (312) 443-6204. For more information, contact the Area Agency at (708) 383-0258.

Interested individuals should be aware that the Tax Deferral Program is entirely different than the new Senior Citizens Tax Freeze program recently implemented by the State of Illinois.

In the Tax Freeze Program, older persons with incomes under \$35,000 will be eligible to have the assessed value of their homes frozen at 1993 levels. In Cook County, persons age 65 and over who now receive the Senior Citizen Homestead Exemption will automatically receive applications for the Tax Freeze sometime in late March.

The deadline for applying for the Senior Citizens Tax Freeze program in Cook County is expected to be sometime in July, 1995 (in following years the deadline for the tax freeze program for Cook County seniors is expected to be July 1.) Persons who are not yet 65 will be able to apply for the Tax Freeze when they apply for the Senior Citizen Homestead Exemption. (Seniors should be aware that application deadlines for the tax freeze vary by county. Interested individuals should call their local assessor's office for more information.)

AARP Skokie Chapter to meet

A.A.R.P. Skokie Chapter will hold its first meeting of 1995 on Tuesday, March 7, at 1 p.m. in the Petty Auditorium of the Skokie Public Library, 5215 W. Oakton St.

Guest speaker will be Peggy Pointers of the Illinois Beneficiary Outreach whose subject will be "Updated Version of Medicare A&B." Refreshments and socializing will follow.

Learning to visit a nursing home

Geriatric-care providers recognize that a visit by family members can be better therapy to a resident than much of what the home provides.

Unfortunately, according to Barb Wilczynski Director of Admissions at Glenview Terrace Nursing Center, visits can sometimes be an emotional challenge for the family, a challenge commonly met by cutting back the number of visits. Visiting a nursing home is a skill that can be improved, leading to more enjoyment for the family and the resident.

Plan ahead. The greatest source of discomfort for visitors is that they arrive already feeling guilty or upset, and then they run out of things to say and do after about 10 minutes. Wilczynski suggests, perhaps, having a list of things you may want to do: read to him, write letters for her, view family pictures, bring a pet (if it is allowed) or bring a jigsaw puzzle. Plan and think ahead.

Remember this is a visit to your family member's new home, not a hospital room. Fill

the visit with things you felt comfortable doing before he/she entered the home. Touch, if natural. Talk as you used to. Take her/him out to lunch or the mall. Don't feel pressured to entertain.

Visit as often as possible. In most cases, quantity is still more important than quality in helping a resident avoid feeling of being shut away. Develop a schedule that will help lend stability to this unstable time in the resident's life. On the other hand, remember that not visiting may be better than visiting out of guilt or duty, or visiting on the run and only at holidays.

Don't fear reminiscing. Gerontologists are showing that such "life review" is an important adjustment mechanism that helps elderly people put their situation into perspective and deal with lingering conflicts.

Remember you're a link to the outside world. If he/she wants to gossip, then gossip. Keep him/her involved in the family, the community, the church. Don't be afraid to seek the same amount of advice and comfort from them

that you did before they moved into the home. And, according to Wilczynski you'll have to let them vent their anger and frustration at the situation. Remember, it's not important that you have an answer—only that you listen.

Get to know the staff. Looking at these care providers as part of the extended family helps improve the overall quality of life for your loved one.

Glenview Terrace Nursing Center is located at 1511 Greenwood Road in Glenview. For more information, call Barb Wilczynski at (708) 729-9090.

New program

Join us for socializing, bingo, entertainment, book reviews, crafts, discussions, coffee, refreshments, and much more at The Ark, 6450 N. California (At Arthur), every Tuesday, and Thursday, from 10 a.m. to 2 p.m. Lunch will be served.

Come and bring your friends, neighbors and relatives to a very new and comprehensive program. For further information, call (312) 973-1000, ext. 243.

New healthcare program provides model for future

In response to the changing needs of our healthcare delivery system, Glenview Terrace Nursing Center has developed their new TCU program as a cost-effective rehabilitation alternative to provide short-term, intensive therapies with the outcome of a home discharge.

The TCU (Transitional Care Unit) bridges the needs between the hospital and home. This subacute care offers a proactive approach to individualized rehabilitation treatment and provides outcome-oriented care in a non-institutionalized setting.

"The creation of our short-term TCU represents substantial savings for many third party payers including HMO's and Medicare," says Judy Pitzele, Administrator of Glenview Terrace. "The traditional role of nursing homes must change for exclusively serving a long-term, chronic population to a more short-term subacute rehabilitation population. This will enable the nursing homes to better control their own destinies

within the context of broader healthcare reform."

Another cost savings aspect of the program is the focus on returning people to their home rather than keeping them in a skilled nursing environment, perhaps under the Medicaid program. Medicaid is the federal program which historically pays for nearly 50 percent of all extended care costs.

"We feel that the TCU program will help support our nation's efforts to reduce long term healthcare costs," continues Pitzele.

Instrumental in the design of the TCU program is Ned Zallik, M.D., internist and gerontologist at Rush North Shore Medical Center and Medical Director at Glenview Terrace. "Physicians, Nursing and Social Services of both Rush North Shore Medical Center and Glenview Terrace have come together to forge a unique relationship for the benefit of patient continuity of care," says Dr. Zallik.

"The TCU program has been developed to bring the best of hospital care together with skilled care creating an independent unit dedicated to meeting the immediate needs of these short-term rehabilitation patients. We feel that this unit is a model for other institutions — hospitals and nursing homes — that want to work together."

"Unique to the TCU program is the intensive nature of the physical, occupational and speech therapy services. "One to six hours of therapy a day, six days a week sets this program apart from traditional nursing home rehabilitation programs," says Dr. Zallik.

"The TCU will be located in a separate and distinct unit of the second floor of Glenview Terrace to promote a cohesive spirit among the short term patients expected to be treated there. "The unit will have a vastly different personality than anywhere else within Glenview Terrace," says Pitzele.

For more information regarding the Transitional Care Unit (TCU) at Glenview Terrace, call Maggie Harris at (708) 729-9090. Glenview Terrace is located at 1511 N. Greenwood Rd. in Glenview.

Passages lecture discusses sex and the older adult

Jay Lewkowicz, ACSW, LCSW, sex therapist in private practice in Des Plaines, talks about sex and the older adult as part of the Passages Lecture Series on Tuesday, Feb. 21 from 1 to 2:30 p.m. in Room 112 at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. Admission is free.

According to Lewkowicz, "Aging produces normal changes in one's sexuality." Lewkowicz is affiliated with the Loyola University Medical Center.

For more information, call (708) 635-1414.

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...in our attractive, nutritious meals, prepared according to all religious and dietary restrictions...

...in our full program of planned activities, that strengthen muscles and enrich minds and spirits...

...in our modern, sparkling facility and lovely landscaped grounds, conveniently located on Chicago's North Shore...

...in our pledge to help each and every Glenview Terrace resident live a life that is full and complete.

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For a free brochure, or to make an appointment to visit Glenview Terrace, call Barb Wilczynski at (708) 729-9090



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Telephone: (708) 729-9090

Township offers award-winning Senior Services

About 40,000 residents over the age of 55 live in Maine Township, and the township has developed a wide range of adult and senior programs to meet their needs.

Maine Township's success in programming recently was highlighted by the Township Officials of Illinois, which named it Township of the Year for its commitment to senior services. The statewide award was based on Maine Townships' innovation, responsiveness and variety in the area of senior services.

The Maine Township Seniors, for example, offers social programs and events for adults ages 65 and up. Its regular activities include two monthly bingo games, two monthly theme luncheons with entertainment, crafts instruction, theater outings and trips.

Another program, Options 55, is aimed at pre-retirement adults ages 55 through 65. Options 55 allows adults nearing retirement to explore a wide variety of activities, including evening and weekend trips, and meet other people with similar interests.

Widowed and other single adults ages 45 through 65 can enjoy socializing and other activities through One + Options. The group offers seminars on subjects of interest to older singles, a Cuisine Club for dining adventures, a Sunday Strollers group, and both weekend and long-distance trips.

Membership in the Maine Township Seniors, Options 55 and One + Options is free.

Seniors of all ages have many opportunities for volunteer work with Maine Township. Among the programs in which they can help is "Hello Grandma." Introduced two years ago, "Hello Grandma" allows area children

ages 6 through 13 who are home alone after school to call a senior volunteer to discuss homework and classmates or just to chat.

Maine Township also offers a Senior Citizen Information and Assistance Service, which is a guide to resources for senior citizens housing, medical services, nutrition, home-delivered meals, employment, energy assistance, social activities, the "circuit breaker" property tax exemption, shared housing and other services. Nearly 5,000 residents used this service last year.

Through the Senior Health Insurance Program (SHIP), Maine Township also provides help with filing Medicare claims and reviewing long-term care policies.

Maine Township also offers several publications targeting seniors, including "The Handy Book," a guide to reliable people who perform home-related services; "The Homebound Newsletter," a periodic mailing with useful information and inspirational thoughts; and "Moving On," a booklet about community resources and activities for widowed or divorced adults.

For more information on Maine Township's senior and adult programs, call 297-2510.

Niles Grandmothers plan Founders Day

The Niles Grandmothers will hold their meeting Wednesday, Feb. 22, at the Rec Center at 11 a.m. They will be ordering tickets for Founders Day. Transportation arrangements have been made, and a light lunch will be served.

Seniors create Investment Clubs

The Northbrook Park District Senior Center, 3323 Walters Ave., is host each month to three unique Investment Clubs. Each shares investment advice and information to benefit members. The Men's Investment Club meets on the first Wednesday of the month, the Women's Investment Club meets the third Thursday of the month and the Investment Speculators Club meets on the second Friday of the month.

Each of these groups has become quite popular with local seniors. If you are interested in receiving information about club membership call the Senior Center at 291-2988.

Alzheimer's support group for spouses

An Alzheimer's Support Group for Spouses, in association with the Alzheimer's Association-Chicago Chapter and the Senior Health Program of Rush North Shore Medical Center, meets at 7 p.m. on the first Tuesday of each month in Rush North Shore's South Dining Room.

For more information, call (708) 933-6592.

Exercise needed

The Niles Senior Center Women's Exercise Class is in need of volunteer women interested in training to become exercise leaders. Interested persons may contact Terry Sprengel, RN, BSN at 967-6100 Extension 376.

EXERCISE

Widows may get higher benefits

by Thomas A. Curin
Social Security Manager
Des Plaines

Those who are receiving Social Security benefits because they are widows (or widowers), may be eligible for a higher benefit when reaching age 65. This could be possible if one has been employed and, therefore, is entitled to benefits based on one's own work record. Ordinarily, one cannot change from a reduced benefit to a full benefit, but that does not apply if one is a widow or widower.

As a widow(er) who is entitled to retirement benefits on one's own earnings, one can take reduced benefits at age 62 and receive a full widow's(er) benefit at 65. Or, one can take her widow's(er) benefit at 62 and get full retirement payment at 65.

The following is an example of how this works: Rebecca Litchfield, a widow, visited her Social Security office just before her 62nd birthday and learned she had some choices to make. Her full (age 65) widow's benefit would be \$800, but she could take a reduced widow's benefit of about \$660 at age 62. Because she had worked, she also was due a full (age 65) retirement benefit of \$600 with a reduced benefit of \$480 payable at age 62.

These are her choices:
1. She could take a reduced widow's benefit of \$660 at age 62. That would remain her benefit forever (except for annual cost-of-living increases); or,
2. She could take the smaller retirement benefit of \$480 at 62 and switch to her full widow's rate (\$800) at 65.

Rebecca has to ask herself these questions: Can she live on the smaller income (\$480) for three years in anticipation of the higher benefit (\$800) at 65? Or would she rather get something in between (\$660) right away with no option of switching later to a higher benefit? Rebecca can get some help in making her decision by talking with a Social Security representative, who will further explain her options.

Few seniors make use of Medicare benefit

Thousands of serious illnesses, hospitalizations, and deaths can be prevented if older Americans receive flu shots before the onset of fall and winter. But, a recent study by the U.S. Department of Health and Human Services found that only about one-third of seniors enrolled in the Medicare program used their Medicare benefits to pay for the flu shots.

Health and Human Services Secretary Donna E. Shalala has announced the start of a major public information campaign to encourage everybody age 65 and over to get a flu shot.

"Severe illness is especially tragic when it could have been prevented by immunization," Secretary Shalala said.

The HHS study found that only about thirty-five percent of all Medicare beneficiaries took advantage of the program's payment for flu shots during the 1993 flu season. The rate for minority group seniors was even lower, about seventeen percent.

Secretary Shalala vowed that "1994 will be different. Our goal is to reach every older American with information on the Medicare flu immunization benefit, with special emphasis on hard-to-reach populations."

HHS is making a concerted effort to spread the word about flu shots in areas with high concentrations of minority populations. The flu shots are given at no cost to Medicare beneficiaries who receive them from "participating physicians" - doctors who agree to accept the Medicare amount as payment in full. The usual Medicare deductible and copayment requirements do not apply to the flu shot. Beneficiaries must be enrolled in Part B (Medical Insurance) of the Medicare program in order to be eligible for the flu shot.

Community volunteers needed

There are over 400,000 older adults in Cook County communities, and more than 80,000 need assistance to access services and to overcome barriers while they remain in their homes.

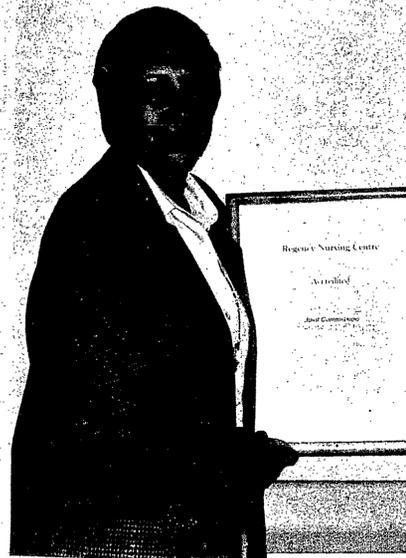
The American Association of Retired Persons (AARP) and the Suburban Area Agency on Aging (Suburban AAA) seek volunteers from Oak Park and surrounding Cook County communities to help these older adults.

Volunteers will help older persons with reading, completing documents, making telephone appointments and overcoming barriers to community services.

With this help, seniors can remain in their own homes with dignity and independence. Local volunteers, who elect to

USE THE BUGLE

Regency Nursing Centre awarded accreditation



Barbara A. Hecht, Administrator, Regency Nursing Centre recently received notice of re-accreditation from the Joint Commission on Accreditation of Healthcare Organizations for Regency Nursing Centre as well as the newly renovated Alzheimer's Unit.

Regency Nursing Centre in Niles has once again been accredited by the Joint Commission on Accreditation of Healthcare Organizations for a period of three years.

Formed in 1951, the Joint Commission is dedicated to improving the quality of the nation's health care through voluntary accreditation. Regency Nursing Centre received Joint Commission re-accreditation after an on-site review in December which found Regency had demonstrated compliance with the Joint Commission's national standards for long-term care.

"We have always aimed for being required standards and we view that Joint Commission's benchmarks of quality and accreditation as another step towards excellence," says Barbara A. Hecht, Regency Nursing Centre Administrator. "The Joint Commission Accreditation standards exceed federal and state requirements. Since this is a voluntary program, achieving accreditation represents Regency's decision to be recognized for our efforts to be the best provider of long-term care."

Regency Nursing Centre has joined an elite group of accredited long term care organizations by achieving accreditation. In the six Chicago area less than 70 out of 350 long term care organizations have received accreditation. Only about 1,000 long term care organizations have received accreditation nationwide.

Did You Know?

In 1962, 69 percent of persons over age 65 were receiving Social Security benefits and 36 percent were still working. By 1992, 92 percent of those over age 65 were receiving Social Security benefits, but only 22 percent were still working.

Of all new Social Security claims approved in 1992, 58 percent were for nonretirees. They included 16 percent for disabled workers and 42 percent for the spouses and children of retired, disabled, or deceased workers.



Improving total joint replacements focus at Rush

Understanding why hip and knee joint replacements fail, determining how to lengthen the life of these implants and developing better implants is the focus of a new project at the Rush Arthritis and Orthopedics Institute in Chicago.

The National Institutes of Health (NIH) recently announced that Rush-Presbyterian-St. Luke's Medical Center received three new grants, totaling approximately \$2.4 million over the next four years, to investigate how to improve total joint replacements.

"If we are to provide hip and knee joint replacements to a younger population, there are many things we have to understand," said Dr. Jorge Galante, director of the Rush Arthritis and Orthopedics Institute. "We know these implants are effective for the elderly population, but we cannot predict the long-term performance of these replacements."

The biomaterials initiative at Rush focuses on three areas of research: promoting bone growth for better fixation in cementless joint replacements; understanding the role played in the destruction of bone around the joint by tiny plastic particles created through normal use of the artificial implant and developing ways to prevent any adverse effects; and defining the effects locally and in the whole body from the migration of metal that results from wear and tear on the implant so that better materials can be developed for the construction of artificial joints.

In 1993, the NIH asked medical centers throughout the country to submit related research proposals investigating hip and knee

joint replacements and materials associated with their construction. Twelve institutions responded to the request and Rush was the only center to have more than one project funded. Only one other institution was funded under the program.

This is the second time the Rush Arthritis and Orthopedics Institute has received a federal funding for collaborative research projects investigating arthritis and orthopedics. In 1992, Rush was the only medical center to receive renewed funding for its Specialized Center of Research for the study of osteoarthritis.

Under the direction of Dr. Klaus E. Kuettner, and through the collaboration of orthopedic surgeons, rheumatologists and biologists, this project integrates basic science and clinical investigation to explore the causes of arthritis and to develop improved treatments.

The newly established Rush Arthritis and Orthopedics Institute is a unique resource in the United States designed to enable orthopedic surgeons, rheumatologists and basic scientists to collaborate to find the causes and better treatments for a broad range of orthopedic disorders.

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- Regency At Home Health Service, Ltd.** 708-647-1116
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- Regency Nursing Centre, Inc.** 708-647-7444
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Maine Township

Adult & Senior Programs

Maine Township recently was named Township of the Year by the Township Officials of Illinois for its commitment to innovative and responsive senior services. Among the many programs offered for adults and seniors are:

- Maine Township Seniors-Regular bingo games, luncheons, trips and special events for adults ages 65 and up.
- Options 55 - Evening and weekend activities for pre-retirement adults ages 55 through 65.
- One + Options - Activities for widowed and other single adults ages 45 through 65.
- Senior Citizen Information and Assistance Service - Information on housing, medical services, social and mental health services, energy assistance and more.
- Useful publications - "The Homebound Newsletter," "Moving On," (for widowed or divorced adults) and "The Handy Book" (home service guide).

Upcoming Senior events include:

- March 8, 9 - St. Patrick's Day luncheons
- March 21 - Program on "Loss and the Experience of Growth"
- March 27 - Quilting demonstration, craft project

FOR INFORMATION, CALL 297-2510

Maine Township Town Hall, 1700 Ballard Road, Park Ridge
Hours: 9 a.m. to 5 p.m. Monday through Friday
Mark Thompson, Supervisor

State conducts care inspection at Buckingham Pavilion

The State of Illinois began conducting Quality Assurance reviews of Long Term Care providers starting this past July. The purpose of these surveys was to verify that programs in place during the previous inspection of care continue to meet state standards.

The new survey process titled Inspection Of Care Based Quality Assurance was designed to focus on 11 major areas of patient care. Over half of the categories under scrutiny focus on rehabilitation and restorative nursing.

The remaining areas under review include prevention and treatment as well as medication reduction programs and programs which encourage residents' independence.

Last Dec. 14, a survey team comprised of nurses and social workers began a three day inspection of Buckingham Pavilion. They found that not only did Buckingham meet all of the program standards, but in many areas exceeded them.

Impressed with the unusually high standards, the survey team, in their final report to Springfield, concluded with the following comments: "Facility was well maintained and pleasant. Residents in apparent good spirits. Many caring staff were noted in all areas delivering compassionate high-quality care."

Concerned Care addresses nurse assistant shortage

For years, Concerned Care struggled to meet the demand for nurse assistants to care for patients at home throughout the Chicago area. But recently the Skokie-based private duty home nursing service hit upon an innovative recruitment idea that is attracting enough qualified nurse assistants for the company to meet the market's demand.

"There is a nationwide shortage of nurse assistants these days," explained Natasha Peifer, director of planning and development for Concerned Care.

During a management brainstorming session, the Concerned Care staff realized student nurses had the experience needed to

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A Forest Villa Valentine

Residents at Forest Villa Nursing Center, 6840 W. Touhy, Niles, had a lovely Valentine's Day receiving balloons hand delivered by the Activity Department. The balloons were from family members as well as staff members.

Cheerful Valentine theme mylar balloons with a personalized message, tied with colorful ribbons were presented to the residents first thing in the morning on Valentine's Day. The response was jubilant. Forest Villa was a sea of red balloons and delighted residents.

For information about Forest Villa Nursing Center, call (708) 647-8994.

Maine Township offers senior programs A to Z

Demand for senior services is strong and growing in Maine Township, which has some 40,000 residents over the age of 55. And whatever the need, Maine Township's Senior & Adult Services Department is ready to help.

The Maine Township seniors, for example, offers social programs and events for more than 3,800 adults ages 65 and up. Its regular activities include two monthly bingo games, two monthly theme luncheons with entertainment, crafts instruction, theater outings and trips.

Another program, Options 55, is aimed at pre-retirement adults ages 55 through 65. Now serving about 1,300 Maine Township residents, Options 55 allows adults nearing retirement to explore a wide variety of activities, including evening and weekend trips, and meet other people with similar interests.

Widowed and other single adults ages 45 through 65 can enjoy socializing and other activities through One + Options, a group with about 500 members. One + Options offers seminars on subjects of interest to older singles, a Cuisine Club for dining adventures, a Sunday Strollers group, and both weekend and long-distance trips.

Membership in the Maine Township Seniors, Options 55 and One + Options is free.

Seniors of all ages have many opportunities for volunteer work with Maine Township. Among

Social Security seeks volunteer payees

Nearly 3 million adults who receive monthly Social Security or Supplemental Security Income (SSI) benefit checks, or both, need someone who help them manage their money. When they need this type of help, the Social Security Administration (SSA) - after a careful investigation - appoints a relative, a friend, or other interested party to serve as the beneficiary's representative payee. The beneficiary's Social Security or SSI payments are then made in the representative payee's name on the beneficiary's behalf.

Although a relative or close friend is generally the first choice to be the payee, when neither is available or appropriate to be a representative payee, SSA looks for a volunteer who will be interested in the beneficiary's welfare. The volunteer must have the motivation and training to work successfully with persons who need help managing their Social Security or SSI benefits. Many of the individuals are receiving benefits because of a disability resulting from drug or alcohol abuse or a chronic mental illness that prevents them from being able to manage their financial affairs.

Social Security has found that professionals who are involved in case management and rehabilitation can play important roles by serving as payees, helping SSA to find qualified payees, or by providing support to other community volunteer payees. In providing money management assistance to beneficiaries who have difficulty handling their Social Security benefits, the payees help the beneficiaries stabilize and improve their lives.

If you decide to apply to be-

Social Security seeks volunteer payees

come a representative payee, you should know what will be expected of you.

You'll have to keep informed about the beneficiary's needs so you can decide how best to use the benefits for his or her personal care and well-being. This responsibility is particularly important if the beneficiary is not living with you.

Each year, you'll be asked to complete a form accounting for the funds you've received. A worksheet is available for helping you keep track of what you spend. Any money left after you have taken care of the beneficiary's current and immediately foreseeable needs must be saved and maintained in the beneficiary's behalf.

You must inform Social Security or any changes that may affect the beneficiary's eligibility for benefits.

If you're interested in serving as a volunteer representative payee, please contact Mrs. Sandra Coffin, Representative Payment Staff, Room 3-A-26 Operations Building, 6401 Security Boulevard, Baltimore, Maryland 21235. Her telephone number is (410) 965-7956; fax number is (410) 966-9214.

Heart Transplant Support Group

The cardiac rehabilitation department at Holy Family Medical Center offers a new support group for those who have undergone heart transplant surgery, recently or years ago. The group meets the second Monday of each month at 7:30 p.m. in the cafeteria's Arlington Heights room at Holy Family.

For more information, call Ruth Wieder, at (708) 537-2105.

Alzheimer's Support Group for adult children

An Alzheimer's Support Group for Adult Children Only, sponsored by the Senior Health Program of Rush North Shore Medical Center in association with the Alzheimer's Association-Chicago Chapter, meets on the fourth Wednesday of each month at 7 p.m. in Rush North Shore's North Dining Room.

For more information, call (708) 933-6663.

Tony Barron & His Band Show

The Big Bands are back; they're better than ever and Tony Barron's is one of the best. So the experts say as they stand back in amazement at the resurgence of the Big Bands who play the sweet sounds of the twenties, thirties and forties in the last decade of our century.

where he was inspired by the Wurlitzers in the Pickwick Theatre and in the Hub Roller Rink in Norridge. He was staff organist at Sally's Stage, both in Chicago and Lombard, for many years. Then he became musical director for a restaurant in Kokomo, Indiana, appropriately called Pipe



Tony Barron

Tony Barron did not have to take on any other name band of yesterday to stay afloat as some have done, but it did all on his own. After his triumphant premiere dance party at the famed Northside Aragon Ballroom in May 1987, Tony recently returned there to celebrate 25 years of his "Sweetest Band in Chicagoland" where bus load after bus load of dancing fans helped him commemorate that gala event. Now Tony has started to present his 10-piece band on the stage of many theatres, where armchair dancers as well as ballroom dance champions are entertained by his sentimental, but energetic style.

Dreams. Recently Tandy did a program with the Tony Barron Band at the Hinsdale Theatre to a very enthusiastic audience who gave them a standing ovation. Because they work so well together, their collaboration is very much in demand.

On Sunday, March 26, at 2:30 p.m. the Chicagoand Theatre Organ Society will host the Tony Barron Band on the stage of the Pickwick Theatre, located at S. Prospect in downtown Park Ridge, along with organist Bill Tandy at the console of the theatre's Mighty Wurlitzer.

On the same program will be

Paris Theatre Artists in residence at Loyola

Acclaimed French author Victor Haim's new play, Family Flesh (Chair Amour), will have its American premiere at Loyola University Chicago on Feb. 17-19 and 23-26. With a cast composed of Loyola students, the play will be performed in Loyola's Kathleen Mullady Memorial Theatre on the university's Lake Shore Campus, 6525 N. Sheridan Rd., Chicago.

falls in love with, and Galatea, his possessive, uneducated but brilliant daughter.

According to director Trahey, the play attacks Hitler-type fascism, male chauvinism, French higher education in particular and western higher education in general, western cultural colonialism, and conventional western theories about the societal institutions and values of marriage, family and religion.

Translated and directed by Loyola theatre professor Jack Trahey, Ph.D., Family Flesh is set in a feudal manor on a lonely island. The story focuses on the fiery and possibly psychotic Jules-Marie, Marie-Elizabeth, the intellectual feminist whom he

Purchase tickets to Oakton's production

Theater lovers can enjoy an evening of laughs and emotional surprises at a performance of Sunrise Sunset: Tales of Our Lives in the intimate setting of Studio 1600 (located near the Performing Arts Center) at Oakton's Des Plaines campus, 1600 E. Golf Road.

Performance dates are Fridays, Feb. 17 and 24 and March 3 at 8 p.m. and Saturdays, Feb. 18 and 25 and March 4 at 8 p.m.

Back by popular demand, the series features true-life intergenerational stories brought to life by the magic of director Karl Verson and her troupe of Oakton pioneers.

Tickets are \$7 general admission and \$5 for faculty, staff and seniors. For ticket information, call the Oakton Box Office at (708) 635-1900.

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Entertainment

Centerlight Theatre presents 'Hello, Dolly!'

Centerlight Theatre continues its sixth season with the popular musical Hello, Dolly! The production will be performed simultaneously in sign language and voice by actors who are Deaf, Hard of Hearing and Hearing.

Performances run March 2, 3, 4, 9, 10, 11, 18, 17 and 18 at 8 p.m. and March 5, 12 and 19 at 2 p.m. at the Center on Deafness, Black Box Theatre, 3444 Dundee Rd., Northbrook.

This vibrant show includes the songs "It Only Takes a Moment," "Put on Your Sunday

Clothes," "It Takes a Woman," "Before the Parade Passes By," and, of course, the very well-known "Hello, Dolly!"

Tickets are available in advance \$10 for adults, \$7 for seniors, \$5 for children under 12. Tickets at the door are \$7 to \$12. There is limited seating. For tickets, call (708) 559-0110 voice or (708) 559-9493 TTY. Visa and Mastercard accepted.

Call for information for special discounts for school and community groups. Discounts available for groups of 10 or more by advance arrangement.

Chicago Bar Association presents 'Lien King' at Harper

Attorneys from the Chicago Bar Association will move from the courtroom to the stage Saturday, Feb. 18, when they present portions of their 71st Annual Christmas Spirits Revue, The Lien King, at Harper College. The revue will include satirical skits and songs based on national and Chicago politics and personalities.

Roseanne," and Dan Rostenkowski singing "After I'm Gone You'll Be Crying."

Tickets for the Lien King are \$40 and include a buffet dinner beginning at 6:30 p.m. in the College Dining Hall, Building A, 1200 W. Algonquin Road, Palatine. Discounts are available for students and senior citizens. Tickets may be purchased from the Harper Box Office, at (708) 925-6100.

Northbrook Pops begin fifth season

The Northbrook Pops Orchestra begins their fifth season in 1995 entertaining local audiences with their popular renditions of Big Band music, show tunes and Duke Ellington, Count Basie or Benny Goodman standards. The goal of the organization is to spread Northbrook goodwill and to give its members the opportunity to advance musically.

John Measner magically appears at Northbrook Theatre

The Northbrook Theatre closes its fantastic "Kids Need Culture, Too!" series on Saturday, March 25, at 2 p.m.--with magical appearance by John Measner and the Measner Magic Show. A spectacular performance full of animals and illusion. Call (708) 291-2367 for tickets and information.

The Odeum is going country

Denim 'N Diamonds will now be appearing at The Odeum in Villa Park every Thursday night from 7 to 10 p.m. Denim 'N Diamonds will offer free dance lessons with a \$3 cover charge.

Coming soon will be two rooms to benefit beginning and intermediate Country Western dancers. Cash bar and food will be available. For more information, call the Odeum at (708) 941-9292, ext. 720, or Bob or Bonnie at (708) 918-8855.

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Library/Parks and Sports News

Public ice skating times

Enjoy a day with family or friends whirling and twirling at your Northbrook Park District Ice Arenas, located at 1730 Pfingsten Rd. Until April 16, public skating hours are: Monday, Wednesday and Friday, 10:30 a.m. to noon; Wednesday and Saturday, 4 to 5:15 p.m. and Sunday, 3 to 4:15 p.m. Fees are \$4 for Adults, \$3 for Youths. Save money and purchase a coupon book containing 10 admissions for \$25 - Youths or \$35 - Adults. Skate rentals are available for \$1.50 with a Drivers License deposit.

Special holiday hours or any cancellations due to special events will be posted at the Sports Center Office.

LEGAL NOTICE

Notice is hereby given, pursuant to an Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State, as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D025942 on Jan. 25, 1995 under the Assumed Name of Precision Concrete Construction with the place of business located at 204 Parkwood Dr., Streamwood, IL 60107. The true name(s) and residence address of owner(s) is: Jeffrey G. Allen/Kimberly A. Allen, 204 Parkwood Dr., Streamwood, IL 60107.

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Apply for 1995 Village Green Art Fest

The Northbrook Park District is accepting applications from artists for participation in the 1995 Village Green Art Festival, scheduled for Saturday and Sunday, June 17 and 18. The main show is open to artists, ages 18+. All exhibitor work must be original, displayed in painting, sculpture, photography, jewelry, crafts or mixed media categories. Artists must be present during the festival. Cash and purchase awards will be given, ranging between \$100 and \$300.

Selection will be accomplished by juried slides. Applications are asked to submit 4-35 mm color slides of work to be exhibited, along with a \$5 jury fee. Applicants will be notified by mail as to their acceptance status. Applications, slides and jury fee are due by Feb. 24. Additionally, teens up to age 17 are invited to exhibit their original handmade crafts upon submitting a \$10 application fee. Applications must be submitted by May 1.

The Village Green Art Festival is one of the North Shore's most popular, informal fairs, located along the beautiful paths of the Village Green in downtown Northbrook. Refreshments and entertainment round out a weekend of exciting cultural enrichment and enjoyment. For more information, call 291-2995.

Loyola Gold hockey team goes to Switzerland

With two holiday tournaments (LA Thanksgiving, Blackhawk Charities) on ice, the No. 1 ranked Loyola Gold hockey team celebrated their victories by going to Switzerland to play in a five-game "Friendship Series." The Ramblers ice team traditionally plan a Christmas Tournament trip, and this year, thanks to a suggestion by Assistant Coach and former Swiss Elite player, Mark LaVarre, the hockey parents' committee decided to take the team to Switzerland for Christmas.

Fundraisers, such as the Thanksgiving tournament raffle and T-shirt sale, brought in \$13,000, enough to pay for the entire team to go on the European tour. "It's a tribute to the boys," said LaVarre, "they raised the money."

In matches with Fribourg, Geneva Servette, Martigny, Sierre and Bern, LA Gold ended with a respectable 3 wins, 1 loss and 4 ties. The Ramblers dished out their aggressive power play style and got a taste of European textbook skating and moving the puck in return.

It was the trip of a lifetime," said Coach LaVarre, who hopes to return the Swiss hospitality by bringing the series to the North Shore next year.

The Rambler Gold travelling players include John Loicaco of Morton Grove and Paul Thomas of Des Plaines.

Boys', girl's high school spring basketball league

The Niles Park District is now taking registration for its high school spring basketball league for both boys and girls. Registration is taken by team only.

For further information contact John Jekot at (708) 967-6975, ext. 46.

Jazz Babies finish top six

Northwest Chicagoland's largest precision skating club is ready for the USFSA Championships, finishing in the top six of all six of their divisions at the Mid America Precision Competition held at Fraser, Michigan Jan. 26.

The Chicago Figure Skating Club's Jazz Babies, who practice both in Park Ridge and Niles, competed along with 79 teams from Canada, Minnesota, Ohio, Michigan and Illinois.

The 91 Jazz Babies skaters will also compete Feb. 24-25 at the UIC Pavilion at the University of Illinois, when more than 77 precision teams descend for the Midwestern Championships.

Jazz Babies Preliminary Team finished fifth at what was their first competition. Juvenile Team skaters placed third out of 11 teams and the Novice Team won fifth place in their final round. In

the Intermediate Division, Jazz Babies placed second of 13 teams and Junior Technical skaters won sixth place. The Junior Freestyle Jazz Babies team won fifth place. Precision, the fastest growing figure skating segment in the United States, features teams of 12 to 24 members whose musical programs are judged by speed, difficulty, artistic impression and precision. Required maneuvers include forward and backward variations of complicated lines, blocks, intersections and circles.

Precision team skating will make its Winter Olympics debut in 1998 in Japan. The wins at Fraser have made the young Chicago area athletes optimistic about their chances at Mids later this month to qualify for the USFSA National Precision Championships held in San Diego in April.

Snowmobiling made safe and exciting

Snowmobiling along the Forest Preserve District of Cook County's five snowmobile areas is a fun and exhilarating experience. While having fun, people need to remember to obey the rules of the sport and exercise the appropriate safety measures.

"Safety ought to be uppermost in the minds of every snowmobiler," said Cook County board President John H. Stroger, Jr. "By following simple guidelines and using common sense, snowmobiling can be an enjoyable activity for everyone."

The Forest Preserve District offers some safety tips and rules for snowmobiling. All snowmobilers are strongly advised to abide by these guidelines.

Safety Tips:

1. Wear a helmet. The head is the part of the body most susceptible to serious injuries.
2. Dress warm. Wear layered clothing that shields the cold and moisture. Do not leave skin exposed to the cold to avoid frostbite and hypothermia.
3. Avoid long and loose fitting garments that can get tangled in snowmobiles.
4. Wear protective glasses or goggles.

For additional snowmobile regulations and registration information, contact the District's Police Department at (708) 771-1000. For information about the District's snowmobiling areas, contact the Recreation Department at (708) 366-9420.

Learn how to make pillows

You can learn to design and create the loveliest decorator pillows at the Northbrook Park District's Pillow Making Workshop, scheduled on Feb. 25, 10 a.m. at the Leisure Center, 3323 Walters Ave.

Techniques taught include basic sewing, patchwork pillows, zippers, over-lapping fold, fabrics and finishing designs. Your finished project can make a terrific gift or a fine home decoration.

Beginner and expert sewers are welcome to register for this workshop. Registration is being accepted at the 1810 Walter Ave. Registration Office. Call 291-2980, for further details.

Lyceum for writers and poets

Attend the Lyceum for writers and poets. Meetings are free (there may be a periodic charge of approximately \$1 a piece for Xerox, postage, and preparation). Meetings are open to the public. Come to the Morton Grove Public Library on the third Tuesdays of each month, 7 to 8:45 p.m. at 6140 N. Lincoln Ave., in Morton Grove.

Bring your poems and stories for discussion and critique if you want. Some are beginners and some are experienced, some sentimental and some grim, some imaginative and some practical. We learn from each other. This writers' group is not affiliated with any institution.

Latecomers are welcome. Call Norman Gibbons, writers' groups coordinator, at (708) 824-1728. Norm is also a PC resource. Next meeting dates are Feb. 21 and March 21.

The Niles Park District is now accepting registration for its girl's 11" softball program. A third, fourth and fifth grade league along with a sixth, seventh and eighth grade league are now being formed.

For further information call (708)967-6975, ext. 46.

Scholastic Bowl Teams hold winning records

Maine East's Scholastic Bowl teams host New Trier Wednesday, Feb. 22, and, according to varsity coach Dennis Wyatt, the meet should be exciting since both have outstanding records.

In fact, after a 518-110 victory win on February 1 against Niles West, the Maine East Varsity Scholastic Bowl team record was 7-0 in conference meets and 18-5 overall.

Varsity Scholastic Bowl members are: Bob Abrahamian of Morton Grove, Don Baron of Morton Grove, Veronica Davydova of Des Plaines, Slava Gaybys of Des Plaines, Pete Gayness of Des Plaines, Dan Guerrieri of Niles, Riva Khoshaba of Niles, Kathy Konecny of Niles, Ashish Pandya of Morton

Grove, and Prajal Patel of Des Plaines.

Maine East's JV Scholastic Bowl team also trounced Niles West; the score was 231-101 and brought their conference record to 5-2.

JV Scholastic Bowl members are: Keith Chazin of Glenview, Sara Chin of Morton Grove, Fran Dworak of Niles, Ewa Dzidkovic of Niles, Steve Golber of Morton Grove, Anson Kim of Morton Grove, Mike Konecny of Niles, Cindy Park of Glenview, Ken Park of Morton Grove, Brandon Proskansky of Des Plaines, Chris Rodriguez of Morton Grove, Jessica Schonfeld of Des Plaines, and Nirav Shah of Des Plaines.

Demon Guard swim program

Maine East's Demon Guard swim lessons for youngsters ages 5 to 12 will start up on Feb. 18 this year and continue through May 13, except for Spring Break Saturdays, March 25 and April 1. Parents can buy a five-lesson ticket for \$20 on the Saturday their child begins lessons. Class size averages have been two students per instructor last fall.

Demon Guard is an organization of Maine East students dedicated to teaching children to swim properly. Tri-captains for 1995 are Jenny Weglar, Robert Grabowski, and Agnes Kozak.

If you have any questions regarding the above, call Art Belmonte at Maine East, 825-4484.

Members of Demon Guard are: Junet Ando, Marilana Ansaldi, Aaron Been, Rachel Bercovitz, Sarah Chang, Kathy Chiu, Beth Dowling, Nicole Gabriel, Elly Goldberg, Robert Grabowski, Toshiko Hiramatsu, Arlette Kar-

nousian, Carrie Koppe, Agnes Kozak, Michele Kubler, Stephanie Kubler, Kristen Kudert, Nicole Lansu, Edna Manteca, Stephanie Minkley, Josh Mizrahi, Carolyn Murray, Andy Rabin, Brenda Reter, Melanie Reter, Jennifer Sapper, Karl Schoenbrunn, Nick Stojanovich, Deana Strzelecki, Jenny Weglar, Eva Wrobel, and Phil Yee.

Tour the Art Institute

The Skokie Park District invites you to travel with us on Feb. 28 to Chicago's Art Institute. Enjoy a guided tour in the morning and spend the rest of the day browsing through this renowned institution at your own pace. Tour includes deluxe coach, admission and tour fees. Call (708) 674-1511, for more information about this trip.

Niles North coach celebrated

Veteran Niles North High School varsity basketball coach Pete Christie will be retiring from coaching after this season, and the Niles North community celebrated his twenty-two years of service with a special ceremony on Feb. 11 in the school gymnasium, 9800 Lawler Avenue in Skokie.

The celebration began at 6 p.m. with a game between the Niles North and Niles West sophomore basketball teams. Following this contest, the North and West varsity

teams took the court at 7:30 p.m. At half-time during this game, Christie's contributions to the team, the students and the school were honored with special presentations and awards. Following the varsity game, refreshments were offered at a party for parents, players and staff in the east cafeteria. Niles North Social Studies teacher Mike Nekritz, who has been an assistant coach for the team, will replace Christie.

District Director receives 1995 Fellow Award

The Illinois Park and Recreation Association recently awarded Kathy Cassens (Elgin), director of planning and development at the Forest Preserve of Cook County, with its 1995 Fellow Award. Cassens was recognized for her outstanding efforts in community service which has contributed toward betterment of recreation on state and local levels.

"The Forest Preserve District is delighted that the Illinois Parks and Recreation Association has recognized Kathy Cassens for her talents and contributions," said Cook County Board President John H. Stroger, Jr. "Kathy has provided outstanding work for parks and recreation in Illinois for

more than 20 years."

The Niles Park District is now accepting team applications for its 1995 adult summer softball leagues. The following leagues are being organized: Men's 16", Men's 12" and Women's 12".

For a registration application and/or further information, call (708)967-6975, ext. 46.

Niles Rangers hold spring hockey registration

The Niles Rangers Youth Hockey Club announces registration for its Spring League. Registration will be held Saturday, Feb. 18, from 1 to 5 p.m. and Sunday, Feb. 19, from 9 a.m. to noon at the Niles Park District's IceLand, 8435 W. Ballard Rd.

The Rangers offer Spring House League hockey for ages 6 to 17. The Spring League, held from March to June, is a "play" league designed for participants to maximize playing time. The cost to Niles Park District residents for Mite, Squirt and Pee Wee levels is \$155, and \$210 for Bantam and Midget levels. Non-residents are welcome to register for an additional \$25. For further information on the Niles Rangers Youth Hockey Club or IceLand, call Rich at (708) 297-8010.

RX-safe or sorry?

The Skokie Park District invites seniors to attend a free workshop on Feb. 21 from 1 to 2:30 p.m. at Oakton Center. This informative session will help participants better understand the medicines they take.

Call (708) 674-1500 for more information.

'Cross Sections and Dialogues'

Currently on exhibit at Skokie Public Library through the end of February is Cross Sections and Dialogues, a series of self-portraits by the photography students of Cicero's Morton East High School. The photographs reflect the concerns and identities of high school students of the 90s, teen pregnancy, the lure of gangs,

finding one's cultural identity, relationships with parents and the opposite sex. Each photograph is accompanied by a statement by the student, which are at times funny, poignant, sad or hopeful but always incisive and revealing.

Photography teacher Kathleen Fisher conceived of this project as a way to give her students a voice and an outlet for their work. The exhibit has been seen in several other venues, including the

offices of textbook publisher Scott Foresman. The Chicago Tribune featured the project in Tempo a few months ago. Fisher explains that the project is ongoing and current photography students are adding thirty new prints to the series. The Library has 18 of the portraits on view.

The Library is located at 5215 Oakton Street in Skokie. For additional information contact Kathleen Fisher at, (708) 656-2300x345.

Yak Council, calling all teens

The Skokie Park District is looking for interested teens to join this newly created council and help plan activities for Skokie's Junior High students. After each meeting, members are invited to participate in a special activity. Call Howie at (708) 674-1500 for more information about how you can make a difference.

Family swim and splash

The Skokie Park District invites you to bring your family for an evening of swimming fun without the sun. Join us for our family open swim program on Thursday evenings from 7 to 10 p.m. at the Niles North High School Pool. Call Ron at (708) 674-1510 for more details.

Library/Parks and Sports News

Exhibit of Neil Aronson oils at library

An exhibit of oil paintings by Neil Aronson will be on display at the Lincolnwood Public Library, Feb. 18 and continuing through Apr. 1. Although his work as a pediatrician is demanding, Dr. Aronson finds the time to work in many different media—woodcuts, watercolors, acrylics, and pastels and oils.

His interest in art began with a childhood fascination for cartooning. A Skokie resident since 1968, he has taken classes at the Evanston and Village Art Centers. When time allows, he draws caricatures of his patients in his office. The library is located at 4000 W. Pratt Ave. Call (708) 677-5277, voice and TDD.

Gospel singer at library

Gwendolyn Davis-Loyd presents "Gospel Singing and Music of America" in celebration of Black History Month at the Lincolnwood Public Library, 4000 W. Pratt Ave. on Sunday, Feb. 19 at 2 p.m.

Recording artist, public school teacher, wife and mother of two,

she began singing gospel songs in her father's church when she was six years old. She performs in clubs, at corporate functions and special events throughout Chicago. Free tickets are required and are available at the circulation desk. Call (708) 677-5277.

Junior High Dance

Come and join the Skokie Park District for an evening of great music and fun with your friends. On Feb. 24 from 7 to 9 p.m., we are hosting another junior high dance for sixth through eighth graders at Oakton Center.

Call (708) 674-1500 for more information about this exciting event.

From scraps to stationary

On Feb. 18, the Skokie Park District invites parents and their children to learn how to make stationary from scraps. This event will take place at Family Oaks Nature Center from 10 a.m. to noon.

Call (708) 677-7001 to learn how to join us for a morning of family fun.

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School News

Washington School News

Washington School fifth grader Jonathan Raffensperger has earned the school championship title in the National Geographic Geography Bee, after competing with Greg Hamilton in a tight fi-

LEGAL NOTICE

The Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, March 6, 1995, at 7:30 P.M. in the Municipal Council Chambers, 7200 Milwaukee Avenue, Niles, Illinois, to hear the following matter(s):

95-ZP-3
Deborah J. Rohde
Lutheran General
Health System
1775 W. Dempster St.
Park Ridge IL

Requesting a change in zoning from B-1 to B-1 Special Use and variation to required parking from 49 spaces to 41 spaces for an addition to 7255 Caldwell Avenue for Lutheran General Occupational Health.

95-ZP-4
Evelina Troike
7022 Oleander
Chicago, IL

Requesting a change in zoning from B-2 to B-2 Special Use and variation to parking from 12 spaces to 10 spaces to open a carry out/sit down restaurant with 25 seats at 9511 Milwaukee Avenue.

The Village of Niles intends to comply with the Americans With Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodation for a Village service or have any questions about the Village's compliance, please contact Abe Selman, Village Manager, 7601 Milwaukee Avenue, Niles, Illinois, 708/967-6100.

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(708) 980-0055

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Skokie, IL 60077
(708) 329-0055

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M-NASR provides Latchkey Program



Eight year old Joy Lee Kim is pictured enjoying Maine-Niles Association of Special Recreation's (M-NASR) Latchkey Program. Latchkey provides after school child care for children with physical and mental challenges.

Office Systems Technology Program offers Internet

Oakton Community College's Office Systems Technology Program will offer a five-week course. Introduction to the Internet (OST 290 051), beginning in March at Oakton Community College's Des Plaines campus, 1600 E. Golf Rd.

The Internet is a tremendously powerful resource, but navigating it can be intimidating. To help students get started on this popular software package, the class will be offered on Monday evenings from 7:30 to 10 p.m. starting March 6 through April 10.

Registration is now in progress. For more information call Kitty Tabers at (708) 635-1954.

African-American Celebration Mass

The following area Regina Dominican students will be attending the African-American Celebration Mass held at Holy Name Cathedral honoring the beginning of African-American Month: Susann Greaves and Rachel Ignacio of Skokie, Patsy Molloy of Lincolnwood, and Melinda Willis and Sarah Willis of Skokie.

Nelson student meets governor

Peter Koziana, a fourth grade student at Nelson School, along with his older brother and parents, attended the inaugural of Governor Jim Edgar in Springfield on Jan. 9.

The swearing in took place at the Prairie Capital Convention Center. After the ceremony Peter and his family walked to the Governor's mansion where he shook hands with Governor Edgar and then toured the mansion. Peter tells his fourth grade classmates the Governor's home is very beautiful and represents a lot of history.

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Editors meet first deadline



Maine East's yearbook editors (l-r) Nancy Hong of Niles, Jennifer Lee of Morton Grove, Megan McCoy of Niles, and Sarana Shen of Niles are hard at work to finish the first deadline of 1995. Once the 14-page faculty section is completed and sent to the Justens publishing plant in State College, Pa., the staff will turn its attention to the 14-page winter sports and 14-page student events sections. Maine East yearbooks are distributed to students in late May.

Haven Middle School News

Haven Middle School student Josh Howes, eighth grade, was first place winner in the school's National Geography Bee. Second place winner was Josh Engel, seventh grade; third place, Daniel Nocchiero, seventh grade; fourth place, Jessica Medros, sixth grade. Josh Howes will now represent Haven by taking the qualifying test for the State level competition.

The first place winner in the National Contest will receive a \$25,000 college scholarship. Other finalists at Haven were: Aaron Drayton, Elizabeth Feild, Sarah Folkes, Ryan Kelly, Matt Larson, Gabriel Mengin, and Eric Sirota.

Haven seventh grader, Katy Goodale Sussen was one of seventeen students chosen to represent the U.S. Suzuki Harp Program at the International Suzuki Pan Pacific Conference in Sydney, Australia. Katy has just returned from the trip which culminated in a harp concert on the stage of the Sydney Opera House.

Kwanzaa was celebrated by Haven students in Ms. Shaw's class by studying the history of the holiday, symbols and principles, culminated with students making computer generated banners, door decorations and invitations to a class banquet. Parents, Haven's administration, teachers, central administrative staff, and community leaders attended.

Degrees awarded at UI commencement

The University of Iowa held fall commencement ceremonies Dec. 16 and 17, awarding more than 1,350 degrees.

Among the students from local areas who received degrees at the UI commencement are: Chris St. John, Michael Anthony Mascolo, and Michael Harold Christesen, of Des Plaines; Adrian Enochian, of Glenview; Jennifer Jean De Sario, of Morton Grove; Dawn Helen Banovitz of Niles; Timothy Duerkop, Stefani Lynn Stewart, Kristin Ann White, Michael Frank Barinek and Sarah E. Kearns, of Park Ridge; and Stefanie Dana Blank and Karen E. Noesen, of Skokie.

Mothers of graduates meet for dinner

Mothers of Marillac graduates have been meeting for informal dinners twice a year since 1990. They gather to renew friendships and catch up on school news and activities.

The first dinner of the current school year was held in November at the Glenview home of Joyce and John Schuler. Thirty-five mothers and four Daughters of Charity attended this gala event. Sisters Marie, Anne, James and Sheila shared stories and experiences of the new educational Loyola with the group.

LDM Alumnae Mothers Committee members Lynn Di Paola of Glenview, Karen Moore of Park Ridge and Mary Jane McCarthy of Northbrook invites interested mothers to attend the next dinner on Wednesday, Feb. 22, at the Marillac Sisters home in Northfield.

The February dinner is being planned by Mary Doerscher, Marion Anetsberger, Katie Lane and Mary Ewen of Northbrook and Marilyn Adamski of Mt. Prospect. All Marillac Alumnae Mothers are welcome to attend. Call Mary Jane McCarthy at Loyola (708) 256-1100, ext. 350 for information.

Parkview School donates to senior program



Parkview School Student Council Vice President Katrina De Ocampo (left) and Secretary Angela Burgess (right) visit with seniors, Margaret Panaride and Evelyn Reddick.

Since 1991, the Parkview Student Council has sponsored a bake sale and dedicated the proceeds for a senior citizen program. This year, the money was donated to the Community Thanksgiving Day Dinner. In previous years, the money has been used to augment the Lunch Bunch Program.

This community service is one of the several outreach programs the students are involved in. Elliot Costianis, president of the 30-member Student Council, said, "seniors have contributed to our community, and we have a responsibility to repay all they have given us." Parkview has also contributed to the Morton Grove Firefighters Association Annual Food Drive, Pediatric AIDS, Juvenile Diabetes and for school or community people who have been affected by a tragedy.

Win airline tickets through RES H.S. RES-ma-tazz

The Resurrection High School community invites you to take off on American Airlines. Only 200 tickets will be sold for a chance to win two round-trip tickets on American Airlines to any location in the continental U.S.

Raffle tickets are available through the school for \$20 each and the winner will be drawn at Resurrection High School's RES-ma-tazz on Saturday, Feb. 25 at 6 p.m. (winner need not be present). Offering a buffet dinner, silent auction, cabaret performances, a d.j., dancing, a 50/50 raffle and much more, RES-ma-tazz promises to be an evening of fun for everyone. Prizes and auction items already include Chicago Bulls tickets and a variety of gift certificates for dining and entertainment throughout the Chicago area. All funds raised will benefit the students of Resurrection High School. For more information and reservations, call the Res development office at (312) 775-6616, ext. 27.

MONNACEP data processing courses

MONNACEP, Oakton Community College's Adult Continuing Education Program, is offering a variety of data processing classes for beginning to advanced computer users. Classes are held at Oakton's Des Plaines campus, 1600 E. Golf Road and Ray Harstein Campus, 7701 N. Lincoln Ave., and at local high schools throughout the district.

The following classes begin in February:

Introduction to WordPerfect 5.1 for DOS provides a hands-on introduction to wordprocessing using WordPerfect 5.1. Participants learn how to create, edit, format, and save files. Typing speed should be at least 40 words per minute. Prerequisite: Introduction to PC or equivalent experience. The class meets for four Fridays starting Feb. 17 from 7:45 to 9:45 p.m. at Oakton's Ray Harstein Campus.

Introduction to Microcomputers/PC is a hands-on course designed for the student with no PC experience or those who are re-entering "the world of computers" and need to refresh their skills. An overview of the basic functions of DOS, WordPerfect 5.1 and Lotus 1-2-3 is included. The class meets for five Saturdays starting Feb. 25 from 1 to 4 p.m. or five Sundays starting Feb. 26 from 2 to 5 p.m. at Oakton's Des Plaines campus.

Mark Twain School welcomes Donna Washington

Donna Washington, the creative "Artist-In-Residence," is currently working with our 2nd and 4th graders. The second grade is focusing on decision-making skills which include instruction in improvisation, elements of drama, use of imagination and problem-solving. The fourth grade workshop is focusing on the history of Illinois, particularly the Lincoln-Douglas debates.

Washington has led workshops and taught storytelling and drama for children throughout the Chicago area since 1989. Her services are made possible because of a grant through the Illinois Arts Council Artist-in-Residence Program.

wordprocessing including how to format, create, edit, print and save files. Prerequisite: Introduction to PC. The class meets for three Sundays starting Feb. 12 or four Fridays starting Feb. 17 at Oakton's Ray Harstein Campus, or four Sundays starting Feb. 26 from 10 a.m. to noon at Oakton's Des Plaines campus.

Other classes beginning in February include: Introduction to Macintosh, Desktop Publishing, WordPerfect for Windows 6.0, Internet, Microsoft Excel, Microsoft Windows 3.1 and Introduction to Microsoft Word for Windows.

Registration is now in progress. Students who have registered for Oakton or MONNACEP classes within the last five years and have a correct Social Security number on file, may register using the Touch-Tone system by dialing (708) 635-1616. Registrations can also be taken via fax at (708) 635-1448. Payment must be made by a major credit card (Visa, Mastercard or Discover).

For a brochure or more information about winter classes, call the MONNACEP office at (708) 982-9888.

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Community Focus

Octogenarian an encyclopedia of Park Ridge history

by Joseph Zurawski
Sometimes he wore a tuxedo. But not when he worked in the boiler room. He was most relieved when Willis Jones found the dynamite before it exploded and "blew up the place." And with John Miller sitting in the alley with a shotgun, he at least knew no one could sneak up behind him in the dark.

Fugitive? Gangster? ...must be an actor.

No, No, Not even close. Meet Bill Knaack, a lively, energetic octogenarian, former Park Ridge postmaster, high school drop out, and most delightfully, a walking, talking encyclopedia of Park Ridge history.

Bill, seems to have a sense for the memorable. What he lived, what he has saved over the years, the spirit, which emerges in conversation five, six, seven decades after the events he describes is lively, fresh, entertaining.

Bill is interested in history, particularly the history of Park Ridge. He has the memorabilia: films 50 to 60 years old, photographs taken almost a century ago, programs of the first movie house in Park Ridge, and all the regular stuff of history like books, newspapers, documents, says Bill. To which he responded, "no way." He was then told he could take swimming. Again Bill asked to be excused. He wasn't, so he left school.

Since seventh grade he had

Flea Market at St. Andrew's

The Women of St. Andrew's will hold a flea market from 9 a.m. to 3 p.m. on Saturday, Feb. 25 at the church located at 260 N. Northwest Highway, Park Ridge.

About 50 vendors will offer antiques, jewelry, collectibles, toys, tools, etc.



been working at the Ridge Theater on Vine, across the street to the north from today's City Hall. Now at 14, he went to work for Bob McGregor full time at the Ridge.

Bill has saved just about all the printed programs from the Ridge, "the first movie house in Park Ridge built as a movie house," says Bill.

Even though the stage was only five feet deep, there were vaudeville acts plus a silent film for "15 cents for kids and 30 to 35 cents for adults," says Bill.

In November of 1928 William Malone built the Pickwick Theater. Since he couldn't get films, he bought the Ridge Theater and closed it in two weeks.

Bill approached Malone, "You put me out of work, do you have a job for me?"

Malone responded, "Sure, if you can work the boiler room."

Niles Woman's Club holds guest night

The Woman's Club of Niles will be holding their annual guest night at The Lone Tree Inn, 7710 Milwaukee Ave., Niles, on Feb. 22.

Cocktail hour is 6:30 and dinner will be served at 7:30 p.m. After a short business meeting, the entertainment will be provided.

Get In Shape!

tionists walked off the job since there wasn't money to pay them. Bill recalled he was 18 at the time and wanted to be a projectionist.

"But I didn't have the \$10,000 in cash to pay Tommy Malloy who ran the union," says Bill.

Nevertheless, Bill became the projectionist and he found out, almost immediately, that the "film didn't have any sound. They gummed it up," says Bill. He found the fuse that was missing, explained how he made a fuse that served the purpose, wired it in, and there was sound.

Being a non-union movie projectionist in the early 1930's was not a safe occupation. Bill anticipated problems so he called on his friend, John Miller, a veteran of the Spanish American War to sit in the back of the theater with a shot gun protecting the rear entrance to the projection booth.

"Once an usher got in, but he was the only one," says Bill. No one else even got close for four months.

There was cause for concern. One of the Polka brothers returned from Europe and "was run off the road in Lake Forest," explained Bill.

One evening, "they put a stink bomb in aisle one, about 10:15 in the evening," says Bill, "which disrupted us for about a half hour." It was discovered before it went off and did major damage, but the sewer into which it was thrown says Bill, "did smell pretty bad for a few weeks."

The theater closed in August.

"You should see the one we did on the Pickwick," Bill advised. He was referring to the videos on Park Ridge history available at the library in Park Ridge.

Like maybe, about his grandfather's farm which occupied the exact corner where Thompson's supermarket is now located. But that's another story.

Notre Dame holds Mission Mardi Gras

The 32nd Mission Mardi Gras Carnival will be held at Notre Dame High School for Boys in Niles, on Tuesday, Feb. 28 from 4-10 p.m.

Mission Mardi Gras will have many new games of skill and chance set up in midway fashion on the gym floor. Look for many new events, including a new dunk booth and a mini golf course, but the big hit this year will be the new bungi-run.

The event will also include a pasta dinner, a dance, a variety show and a raffle. There is no general admission charge. Dinner will be served from 5 p.m. to 7 p.m. The cost of the dinner will be \$5 for adults and \$2.50 for children. Hot dogs, pizza, and drinks, ice cream and snacks will also be available.

For more information, please call Notre Dame High School and ask for Brother Patrick Lynch, CSC at (708) 965-2900.

One day Otto Polka - "we were like brothers," says Bill - was sitting at his desk in the theater when he said, "It smells like the 4th of July." Polka sniffed again and exclaimed, "It's a bomb."

An immediate search and the good fortune to have patrolman Willis Jones "about 125 feet away" who "saw the bomb-about six sticks of dynamite," definitely prevented a disaster explains Bill.

Willis grabbed the dynamite, ran, and threw it over a fence into an open field. "There was a tremendous hole," says Bill.

Willis received a citation in and letters. And his memory is terrific. We not only get to know what he tells us, we appreciate, laugh, are awed, surprised, stunned.

Some samples of vintage Bill Knaack: Bill enjoys speaking of his five-day high school experience. After he reported to Maine Township to begin high school, Bill was informed he must take sports, "particularly football," July 1932 and a \$15 reward. Bill says he still has a copy of the citation.

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Like maybe, about his grandfather's farm which occupied the exact corner where Thompson's supermarket is now located. But that's another story.

Friendly visitors at Leaning Tower Y Senior Center

Bring some sunshine into the life of a lonely senior citizen by visiting on a weekly basis to talk or read to an elderly man or woman whose eyesight is poor and who is alone in the world.

If you have an hour or two per week to share with a shut-in from the Niles Township area, we need you. Leaning Tower YMCA Senior Center has an Outreach Program that is in need of Friendly Visitors who can donate their services to bring some cheer to these needy individuals.

How can you become a Volunteer? Contact Rose Wahlburg, Outreach Supervisor at Leaning Tower YMCA Senior Center, 6300 W. Touhy, in Niles and she will tell you all about this program. Call (708) 647-8222, Ext. 2234 Monday, Wednesday or Friday, from 10 a.m. to 3 p.m.

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Sunday 11 AM to 6 PM

Singles Scene

FEBRUARY NEW BEGINNINGS, INC.
The Chicagoland Chapter of New Beginnings, the mutual support group for the recently separated or divorced, announces its program for February 1995.

"Valentines: Rage and Romance," "Coping with Aloneness," and "Open Discussion bring their own questions or issues to share."

Each topic discussion is held in the evening in a member's home usually in groups of 15-20. Each discussion is led by a trained facilitator, who is also a member and has gone through divorce.

February locations are Chicago's Lincoln Park neighborhood, Park Forest and Midlothian and Kenosha, WI.

Each topic is presented numerous times. Anyone interested is free to attend whichever is most appealing or convenient. Other topics will be presented in the future with new topics being presented each month.

Activities for February and March include a weekend retreat at Algonkian Regional Park near Sterling, Virginia.

FEBRUARY 19 ORIGINAL SUNDAY
Original Sunday Singles will be having a Jolly Bean Contest on Sunday, Feb. 19. Win cash and prizes guessing the number of jelly beans in the glass jar.

The Original Sunday Singles Dance and Party, for all singles from age 25+, will be held on Sunday, Feb. 19 from 7:30 p.m. to midnight. The evening features DJ music, dancing, door prizes, and munchies. Admission is \$3 at Maxie's Lounge, the Clarion Hotel, 6810 N. Mannheim Rd., Rosemont. For more information, call (708) 453-7017.

FEBRUARY 17, 18, 19 ST. PETER'S SINGLE CLUB
All singles over 45 are invited to the following dances: St. Peter's Singles Dances Friday, Feb. 17, 9 p.m. at Aqua Bella, 3630 N. Harlem and Saturday, Feb. 18 at 9 p.m. at Christmas, 8465 Grand. Sunday, Feb. 19, Mardi Gras Dance at the Tivoli Gardens, 3258 N. Harlem. Each dance is \$4. Phone (312) 334-2589.

FEBRUARY 17 AWARE SINGLES GROUP, CHICAGOLAND SINGLES ASSOCIATION
The Aware Singles Group and Chicagoland Singles Association invite all singles to a joint dance at 8 p.m. on Friday, Feb. 17 at the Sheraton Gateway Suites O'Hare Hotel, 6501 N. Mannheim Rd., Rosemont. Music will be provided by Music Makers. Admission is \$5. For more information, call Aware at (708) 632-9600.

FEBRUARY 18 COMBINED CLUB SINGLES AND T.G.I.S. SINGLES
All singles are invited to a joint "Super Dance" sponsored by the Combined Club Singles and T.G.I.S. Singles at 8 p.m. on Saturday, Feb. 18, at the Sabre Complex Ballroom, 8900 W. 95th St., Hickory Hills. Music will be provided by Music in Motion. The event is also co-sponsored by Northwest Singles Association, Singles & Co., Young Suburban Singles and T.G.I.S. Singles. Admission will be \$5.

For more information call (708) 2066.

FEBRUARY 24 AWARE SINGLES GROUP CHICAGOLAND SINGLES ASSOCIATION
The Aware Singles Group and the Chicagoland Singles Association invite all singles to a joint dance at 8 p.m. on Friday, Feb. 24, at the Drake Oak Brook, Hotel (upstairs), 2301 York Rd., Oak Brook. Music will be provided by Music Makers. Admission is \$5. For more information, call Aware at (708) 632-9600, or Chicagoland Singles Association at (312) 545-1515.

FEBRUARY 26 JEWISH SINGLES 39+
Jewish Singles 39+ are having a Jazz Concert at Congregation Am Shalom in Glencoe on Sunday, Feb. 26. For more information call Bella at (708) 818-0244.

FEBRUARY 26 JEWISH SINGLES 39+
Jewish Singles 39+ are having a bowling and dinner event on Sunday, Feb. 26 at 2 p.m. Cost is \$2.95 per game and \$1.75 for shoe rental.

For more information and reservations, call Judy at (708) 541-6549. RSVP by Feb. 17.

FEBRUARY 26 JEWISH SINGLES 39+
"Bagels & More" is an informal group meeting monthly in members' homes for Sunday morning brunch and conversation, and brainstorming about future 39+ events following brunch. Join us! The cost for this event is \$4 for members and \$6 for non-members. R.S.V.P. by Feb. 18 to Ina at (708) 885-2277.

For more information about 39+ and how to join, call (312) 327-8637.

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Area News

Canadian author to appear at Harper

Deborah Joy Corey, a Canadian author who was expelled from high school three times, became a fashion model and still managed to write a critically acclaimed first novel, will speak...

come to terms with a son's death. Corey's overriding theme, however, is one of love. For, despite all of the calamities, the family demonstrates their capacity of love amidst adversity.

Township, County may help repair 2 private roads

Maine Township Supervisor Mark Thompson and Highway Commissioner Bill Fraser announced that two long-neglected private roadways in the unincorporated area soon may be repaired with the help of Cook County.

The affected area of Burma Road, which is 29 feet wide, runs 630 feet from Bobbi Lane to Dempster Street.

Under the plans for Sumac alley, the township would apply to the county for a community development block grant of about \$100,600.

The township would use the funds for repairs and would continue to maintain the area as a one-lane, public alley.

The two roadways - an access route informally known as Burma Road, and a private alley that runs parallel to Sumac Road - have gone without regular maintenance or significant repairs since the adjoining areas were developed with townhouses and multi-family dwellings in the 1960s.

Thompson said at Wednesday evening's meeting of Maine Township Neighborhood Watch, the township would use the funds for repairs and would continue to maintain the area as a one-lane, public alley.

Since the November election, though, Schumann and Silvestri have been working with the township to find a solution.

The 17-foot wide alley runs 950 feet between Emerson Street and Noel Avenue.

Thompson said he was optimistic both proposals could be approved so repairs to the roads could get under way this year.

He added he was grateful both Schumann and Silvestri have made the improvements a priority at the county level.

Garden designer to address Lily Society

Pam Duthie, an award-winning Northbrook garden designer, will give a public slide-show presentation to the Wisconsin-Illinois Lily Society at 3 p.m. on Sunday, Feb. 19, on "How To Design Your Garden Around Lilies," in the Linneaus Room at the Chicago Botanic Garden.

Professional Landscape Designers. Mrs. Duthie was featured in the Chicago Tribune last May 8, in a major article on the area's leading landscape designers.

The fee is \$54 and includes lunch and all admissions. The bus will depart from Niles North High School. For more information, call (708) 733-0071.

The bus will depart from a tour of a three-story mansion owned by one of the leading citizens of the 1860s that replaced one lost in the Great Chicago Fire of 1871.

Attorney named to Stroger transition team

Chicago area zoning attorney, John J. Pikarski, Jr., who is Chairman of the Cook County Board of Ethics and a northwest side resident of the Sawganash Community, has been appointed to serve on the Transition Team of newly elected County Board President, John H. Stroger.

The Transition Team will assist President Stroger in reviewing all facets of county government with an eye toward reducing budget, adding to efficiency and streamlining systems and delivery of services to the citizens of Cook County.

Managing asthma

Do you suffer from the wheezing, coughing and gasping symptoms of asthma attacks? On Thursday, Feb. 23, from 6 to 7:30 p.m., Northwestern Memorial Hospital is offering a class that can help you better understand the causes and treatment strategies for this condition.

Asthma experts, Dr. Chris Winslow and Susan Leonard, MSN, will also demonstrate a peak flow meter which measures the amount of narrowing in the airways.

The cost of this class is \$10. Pre-registration is required. For more information, call Northwestern Memorial Hospital at (312) 908-8400.

Jungian workshop in Evanston

The C.G. Jung Institute of Chicago will present a workshop, Soul and Earth: Jungian Re-imagining for Planetary Survival by Daniel Noel on Saturday, Feb. 18, from 10 a.m. to 4 p.m. and Sunday, Feb. 19 from 10 a.m. to 1 p.m. at the C.G. Jung Institute, 1567 Maple Ave., in Evanston.

MONNACEP offers tour of Lost Chicago

Those intrigued by Chicago's past can explore the heritage of its bygone era on the Lost Chicago tour sponsored by MONNACEP, Oakton Community College's Adult Continuing Education Program, on Monday, Feb. 27 from 9 a.m. to 4 p.m.

Also to be featured are the Sheila Tully Irish Step Dancers who will dance the lively Irish Jig & Reel with the orchestra.

Participants will visit Union Station which was the busiest railroad terminal when Chicago was the center of railroading.

The fee is \$54 and includes lunch and all admissions. The bus will depart from Niles North High School. For more information, call (708) 982-9888.

Stars appear at free home show in Palatine

It's free admission and free parking to The Home Show at Harper College in Palatine, Feb. 24 through 26. The show features established local tradesmen and contractors to help homeowners with their remodeling and repairs, and will be highlighted by TV guest speakers, Martin Van of Yan Can Cook, and Jim Wilson of The Victory Garden.

Showgoers will see an array of products and services including: custom wood decks; high-efficiency furnaces; bay, bow and replacement windows; all types of remodeling; cleaning services; kitchens and bath ideas; new roofing products; decorating concepts; basement waterproofing; and, many other exhibits.

Door prizes will be raffled and include books, tee shirts and a variety of other giveaways to be autographed by the show's special celebrity guests.

Admission is free. Hours are: Friday, Feb. 24, 5 to 9 p.m.; Saturday, Feb. 25, 10 a.m. to 7 p.m.; Sunday, Feb. 26, 10 a.m. to 5 p.m.

'A Wee Bit O'Ireland continues at SOS. Symphony of the Shores (SOS) continues their fifth season on Sunday, Feb. 19 at 7 p.m. at Pick-Stalger Concert Hall, located on the campus of Northwestern University in Evanston.

The concert program, titled "A Wee Bit O'Ireland," continues with the daring, creative programming concepts that has brought this award-winning professional ensemble much critical acclaim and fame in the past five years.

Tables are available for \$25. There are no stairs involved. For information, please call (312) 594-0093.

Face group challenges on Teams Challenge Course

Winter is the perfect time to bring your group to the Northbrook Park District's Teams Challenge Course. The course is a series of outdoor events designed to promote teamwork, interpersonal relationships and communication skills among corporate, school, church or social groups.

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Call SOS for tickets at (708) 869-3133. Two concert subscriptions that will include the Australian program on June 4 are available for \$36/\$33. Single tickets are \$22/\$20 for adults and \$20/\$18 for students and seniors.

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Portrait of a man, likely related to the 'A Wee Bit O'Ireland' article.

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PERSONAL Connections

WOMEN SEEKING MEN: ATTRACTIVE white professional female, 43, 5'11", 135 lbs. seeks partner: a single white male, 43-58, You find me bright, affectionate and down-to-earth. Ethnic dining, music, reading, movies, plays. EXT 4762.

LEARNING TO "LIGHT HIS FIRE" and looking for a progressive thinking, fun, emotionally and financially secure single white male to practice. Blonde, colorful, 40th, classy, good listener. Nonsmoker, preferably. EXT 4762.

HIGH CHEEKBONES, HIGH IQ, high expectations. Attractive, independent, city dwelling divorced white female with blue eyes, blonde hair, small, slim, solid, ready for a relationship based on honesty and communication. EXT 4854.

MAKE ME LAUGH. Sense of humor. Maintain a balance in life. Blonde, 30-something, blue eyed attorney. Travel, dining. Seeking friendship and more. EXT 4823.

WANTED: WHITE MALE, 55-67, good looking, caring and loving. 1m 40 look 30-something. Brown hair, beautiful blue eyes, very attractive. 150 lbs, 5'11", divorced, three kids. Smoker and occasional drinker. North Chicago city. Loves kissing and snuggling. EXT 4743.

VERY ATTRACTIVE white female, virgin by choice, 28, college, seeks single white male, attractive, clean, calm, financially secure, educated, 28-43, no dependents, 5'7-6", no mummy's boy. Moral, easygoing, kind, brown eyes, thick dark hair, preferred. EXT 4743.

WHERE ARE ALL THE honest men? Attractive and classy woman of color seeks remarkable pro male of maturity over age 45 who is healthy, successful, easygoing and ready for a relationship based on honesty and communication. EXT 4854.

LIBERAL ARTS GRADUATE, 57, seeking companion, relaxed, outgoing friend for sharing and caring. Enjoy books, film, theatre, TV, walks, music, cooking, dance, art, group activities, hiking, culture, parties. You fit, welcome! All replies considered. EXT 4816.

SINGLE white female, transformational counselor, seeks single white male, Renaissance gentleman who enjoys and facilitates personal growth, travel, jazz, cultural arts, and romantic getaways, quality inspirational, empowering, loving relationship. If these are shared interests, please reply. EXT 4854.

SPORTS, OUTDOORS! Fun! This attractive and sincere professional female, 22, 5'8", blond and blue-searching for an outgoing, caring, single white male, 22-27, for enduring friendship. EXT 4743.

LOOKING FOR A FRIEND who is drug and smoke-free and who appreciates classics, zodiac, birds, walks, and enjoys the outdoors. This single white female, 48, My goal: romantic getaways, quality inspirational, empowering, loving relationship. If these are shared interests, please reply. EXT 4854.

AMBITIOUS, PLEASANT, 52, 5'2", 300 lbs, green eyes, outgoing, fun, energetic, single white male, 43, seeks a single white female, 30-35, who is outgoing, fun, energetic, and ready for a relationship based on honesty and communication. EXT 4854.

FIT AND FUN. Happily divorced (no kids) cute, 40, blonde, employed, 5'2", 110 lbs, blonde, emerald green eyes. Wants to exercise, love romance and happily. Let's experience the possibilities with this noncommittal lady. Please call. EXT 4854.

ATTRACTIVE PROFESSIONAL (with graduate degree), 40, blonde, 5'7", 120 lbs, blonde, emerald green eyes. Wants to exercise, love romance and happily. Let's experience the possibilities with this noncommittal lady. Please call. EXT 4854.

ASIAN-AMERICAN male, 26, single, looking for a sincere, successful woman who accepts me for who I am. Not looking for a relationship based on honesty and communication. EXT 4854.

ROMANTIC MOMENT. Tall, brown, nice-looking single white male, 30, professional, athletic, looking for a tall and shapely (curvy) female, 28-35, to share warm nights in and relaxing day activities. How about Starbucks coffee and a chat? 7104.

WANTED: WHITE MALE, 55-67, good looking, caring and loving. 1m 40 look 30-something. Brown hair, beautiful blue eyes, very attractive. 150 lbs, 5'11", divorced, three kids. Smoker and occasional drinker. North Chicago city. Loves kissing and snuggling. EXT 4743.

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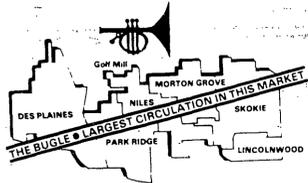
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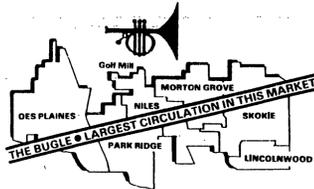
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CLERICAL / OFFICE OPPORTUNITIES

Part Time Position SWITCHBOARD OPERATOR
 Northwest Suburban Bank is seeking individual with excellent communication skills and professional work attitude. Responsibilities include... Typing and Varied Clerical Duties.
21 - 26 1/2 Hour Week Offers Alternate Work Shifts
 For Interview, Please Call: Vera Andler
(708) 967-5300
FIRST NATIONAL BANK OF NILES
 EOE/AA

DATA ENTRY
 2nd Shift
 Keypunch Operators. Must have minimum 10,000 strokes per hour (or 55 / 60 wpm. typing). Incentive plan along with excellent benefits.
 Modern office in Niles
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Monday - Thursday between 12 PM - 7:30 PM at:
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 Ext. 315

SEMINAR REGISTRATION CLERK
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 Oakton Community College has an immediate opening for a part-time (19 hours/week) Seminar Registration Clerk to assist in registering seminar participants, prepare billing and handle seminar receipts and assist the Seminar Coordinator in preparing seminar programs. Qualified candidates must have a high school degree or equivalent, preferably some college or advanced secretarial training one year in a clerical position, and typing of 50 wpm with wordperfect wordprocessing. This position has flexible day hours, although some evenings or weekends may be required. Interested candidates should send resume or apply in person to:
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Oakton Community College
 1600 E. Golf Rd., Des Plaines, IL 60016
 EOE M/F

CERIDIAN EMPLOYER SERVICES, a division of Ceridian Corporation, a Fortune 500 Company has immediate openings for the following:
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 Full time position available in a fast-paced service office for a self-confident, friendly, energetic, organized person with excellent verbal and written communication skills. Must be familiar with AT&T System 75 including voice mail and be PC literate. Will use Microsoft Word for Windows (60+ wpm minimum). Lotus or Excel, PowerPoint, and communications software. Must be reliable, timely, and responsive to internal and external customers. High School diploma required with some college or technical school training plus. Hours 8:00 a.m.-5:00 p.m. Equal Opportunity Employer.
Elizabeth A. Raetz
Ceridian Employer Services
 1030 West Higgins Road
 Park Ridge, Illinois 60068

RECEPTIONIST / SECRETARY
 Immediate Opening For A Receptionist / Secretary
 Responsibilities Include Telephone, Filing And Administrative Support To President And Staff. Must know Word for Windows, Skokie Location.
 Full Benefits
 Send Resume To: Att: AA
 Intertech Dev. Co.
 7401 N. Linder
 Skokie, IL 60077

RECEPTIONIST-CLERICAL
 IMMEDIATE OPENING
 Individual needed who loves interesting and varied work duties.
MUST BE DETAIL ORIENTED AND ORGANIZED.
 Word Perfect skills required.
 Non-smoking office
 Niles Location
 Please Call:
(708) 677-4730
 Ext. 147
 No Agencies, Please

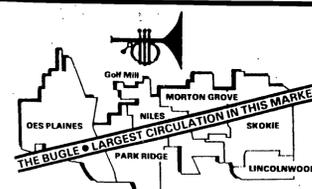
DATA ENTRY/ GENERAL OFFICE
\$8 PER HOUR
 Good Attitude & Flexibility A Must. Temp & Temp To Hire. Ask For Trish.
SELECT STAFFING TEMPS
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SECRETARY FRONT OFFICE
 Unique opportunity to contribute to this progressive International Manufacturing Company. Person must possess a "can do" attitude, high energy level, proven office and computer skills and the ability to handle multiple tasks. Client offers competitive salary and benefits.
 Fax resume to:
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 Responsibilities Include Telephone, Filing And Administrative Support To President And Staff. Must know Word for Windows, Skokie Location.
 Full Benefits
 Send Resume To: Att: AA
 Intertech Dev. Co.
 7401 N. Linder
 Skokie, IL 60077

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FULL/PART TIME				
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CLERICAL OFFICE OPPORTUNITIES

OFFICE PART-TIME
 Mature, personable and reliable switchboard operator, evenings and weekends. Typing experience is helpful. Excellent phone manner necessary.
 For Further Information Contact Mary Kay At:
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 Niles, IL 60714
(708) 647-8994

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\$8-\$10/HOUR
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SELECT STAFFING TEMPS
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 We're expanding and need industry professionals with experience interested in growing with us.
 Phone Sales, Parts, Research Operators and Clerical Positions Available.
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JOSEPH ELECTRONICS
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\$12 PER HOUR
 MS Word, Excel And/Or Power Pt. Temp & Temp To Hire. Ask For Trish.
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 No Experience Necessary. Now Hiring. For Info. Call:
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 Ext. 7122
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 • Brand new hospital
 • 4 day work week
 • Competitive pay
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 • Advancement opportunities
 All positions require the following:
 • Outgoing, positive attitude
 • Excellent customer service skills
 • A commitment to quality pet care
 • The ability to work with computers
 For immediate consideration, please forward your resume and a letter outlining your qualifications, including clinic and position of interest, to:
 Team Recruiter, PO Box 20456, Portland, OR 97220-0456, or fax them to: (503) 256-7636. We are a drug free environment practicing equal opportunity employment.
VetSmart
Pet Hospital
Health Center

MEDICAL/ HEALTHCARE

PSYCHO SOCIAL/ SOCIAL SERVICE ASSISTANT
 Full Time - Part Time
 North Suburban Nursing Center is Seeking A Highly Energetic, Creative Person To Conduct Psychosocial Groups To The Elderly. Experience Helpful, But Not Necessary. Documenting And Writing Ability Is A Must.
 Call Lisa
(708) 647-8994
FOREST VILLA NURSING CENTER
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 Looking For
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\$18,000 Guaranteed!
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 • Account Managers
Full & Part Time
 Have Openings At Corporate Accounts. Good Customer Service Skills Appreciated. Need 15-20 People. Must Have Phone & Transportation. We Provide Free Uniforms & Training. ALSO Openings In Northbrook, Arlington Heights, Rolling Meadows, Hoffman Estates, Elk Grove, Elgin, Des Plaines, & Skokie.
RETIREES & MILITARY WELCOME!
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SERVERS -- HOSTS
 For Our Location At 8480 Golf Rd., Niles, IL
 Apply in Person Between 2 PM - 6 PM
 We offer:
 • Flexible work schedule
 • Great training program
 • Medical Insurance
 • Competitive hourly rates
 • Fun working environment
 • Opportunity to advance
 Equal Opportunity Employer

Domino's Pizza
HIRING DELIVERY DRIVERS & ASSISTANT MANAGERS
 Drivers earn up to \$12.00 hour. Full time, part time. Work all day or 3 hours. Weekdays or weekends. Lunch, dinner or late evening. Cash paid daily. Must be 18 and good driving record and proof of insurance.
ASSISTANT MANAGERS
 Complete career courses. Go on to manage 1 of our stores for 1 year, can apply for franchising. Opportunities are abundant.
 Apply In Person
DOMINO'S PIZZA
 1022 WAUKEGAN RD., NORTHBROOK, IL (708) 205-0028
 775 N. MILWAUKEE AVE., GLENVIEW, IL (708) 729-1709
 4510 OAKTON, SKOKIE, IL (708) 675-7724

Our classified ads reach more people per week for the least amount of dollars. We cover the near north suburbs and the north side of Chicago with 2 insertions per week. See how your money can work for you by putting your recruitment ads in both editions of The Bugle. You now get both insertions for the price of one! Call us today for details. We will be happy to assist you in placing your ads and in reserving space for our next issue. We offer two deadlines each week for your convenience. AND ALSO, TAKE ADVANTAGE OF OUR SPECIALS! SIMPLY CALL (708) 966-3900, and ask for our classified department. Our trained staff will be available to take your orders.

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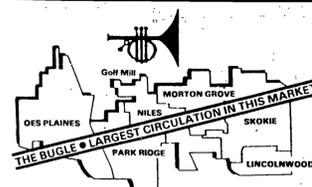
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FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	
SALES / RETAIL		TRADES / INDUSTRIAL / DRIVERS		TRADES / INDUSTRIAL / DRIVERS	
<p>SALES INSIDE FASTENERS Progressive Manufacturer/Distributor of Fasteners Desires Person With Minimum of 3 Years of Fastener Sales. Experience Selling O.E.M. Accounts Fasteners For Production. Person Must Be Aggressive & Good Worker. Benefits Include PS, PP, Insurance & Excellent Salary. Non-Smoking Office. Call: (708) 647-5900 Fax: (708) 647-1535 Mr. Valentine</p>		<p>Sears Authorized Cleaning Services SEARS YEAR AROUND WORK CARPET & UPHOLSTERY CLEANING \$10 to \$13 HR. 1st Year Earning Potential If you would like Full Time, Year around work and have experience or are willing to be trained as a Senior Technician - Carpet & Upholstery Cleaner, we are looking for you. To qualify, you must be dependable, possess strong communication skills, have a valid driver's license, be self-motivated and be professional. For a Confidential Interview Call Grant or Trey (708) 808-8070</p>		<p>SHIPPER - RECEIVER Full Time We have immediate need for an experienced Shipper-Receiver for our Service Branch. Duties include a variety of shipping & receiving including loading & unloading. In addition, shipper-receiver works service counter dealing with our customers and using CRT. We require previous experience with shipping-receiving procedures and the ability to use material handling equipment. This position offers a good starting salary and excellent benefit package. INTERESTED CANDIDATE SHOULD APPLY IN PERSON MILWAUKEE ELECTRIC TOOL CORP. 5629 W. Howard, Niles Equal Opportunity Employer M/F/H/V NO PHONE CALLS PLEASE</p>	
<p>REAL ESTATE SALES 75% Commission. Best Opportunity in 1995! For N.W. Chicago And Suburbs. Newer Modern Office, Old Established Name, No Franchise Fees Confidential Interview Mr. Robert (312) 792-2828 Your credit is good with us. We accept Visa and Master Card! Call: 966-3900</p>		<p>DRIVERS Part Time \$7.20 - Mini Bus \$9.25 - School Bus No Experience Necessary SEPTAN needs responsible drivers who enjoy children for routes in the North / Northwest Suburban area. Will train on easy-to-drive, fully automatic school buses and vans. • 3-4 Hours / Day • Paid Training • 10% Performance Bonus • Permitted Drivers start with Higher Pay • Transportation to & from work for minivans If you are over 21 with a good driving record & a valid DL for 3 years, Call Today! (708) 392-1252 Drug Screening Required</p>		<p>TEAM DRIVERS HOME EVERY WEEK - DEDICATED RUN Competitive Pay With Weekly Pay Load / Unload And Stop Pay - Vacation / Health Insurance Late Model Conventional - Assigned Tractors We Require: Verifiable OTR Experience Good Driving Record - Drug Screen Meet DOT Requirements For Interviews Call Art Or Steve At: 1-815-224-2223 Or 1-800-228-4291</p>	
<p>TELEMARKETERS Earn Cash For The New Year! Cash Paid Daily. Start Now! Will Train! Hanover Park (708) 372-2102 Northlake (708) 531-0531</p>		<p>Production Labor We are seeking candidates with: • production related work experience in beverage, food, drug, or chemical industries • fork lift experience • equipment sanitation experience We are seeking candidates with: • mechanical experience with pharmaceutical, chemical or liquid operations • PLC experience • electrical background If you are confident you meet or exceed these requirements, come meet with a company representative at our Open House. Coca-Cola Open House Monday, February 13 3:00 pm to 6:00 pm Clarion Hotel (next to Rosemont Horizon) 6810 N. Mannheim Road Rosemont, IL <small>©Coca-Cola and the Contour Bottle design are registered trademarks of The Coca-Cola Company. An Equal Opportunity Employer.</small></p>		<p>ALWAYS Coca-Cola Major expansion gives you the opportunity to join the leader in the beverage industry. We are seeking individuals to be a part of our production team at our Niles facility. Candidates must be able to work days, evenings, and nights including weekends. We are seeking candidates with: • production related work experience in beverage, food, drug, or chemical industries • fork lift experience • equipment sanitation experience We are seeking candidates with: • mechanical experience with pharmaceutical, chemical or liquid operations • PLC experience • electrical background If you are confident you meet or exceed these requirements, come meet with a company representative at our Open House. Coca-Cola Open House Monday, February 13 3:00 pm to 6:00 pm Clarion Hotel (next to Rosemont Horizon) 6810 N. Mannheim Road Rosemont, IL <small>©Coca-Cola and the Contour Bottle design are registered trademarks of The Coca-Cola Company. An Equal Opportunity Employer.</small></p>	
<p>OUR FAX MACHINE FAX FOR ADVERTISING COPY (708) 966-0198 Bugle Newspapers</p>		<p>TELEMARKETERS Needed for fund raising • Paid daily - On bus line • Hours to fit your schedule • We pay daily! Open 7 days a week. (708) 679-7420 (Between 10 am - 3 pm every day)</p>		<p>Production Labor We are seeking candidates with: • production related work experience in beverage, food, drug, or chemical industries • fork lift experience • equipment sanitation experience We are seeking candidates with: • mechanical experience with pharmaceutical, chemical or liquid operations • PLC experience • electrical background If you are confident you meet or exceed these requirements, come meet with a company representative at our Open House. Coca-Cola Open House Monday, February 13 3:00 pm to 6:00 pm Clarion Hotel (next to Rosemont Horizon) 6810 N. Mannheim Road Rosemont, IL <small>©Coca-Cola and the Contour Bottle design are registered trademarks of The Coca-Cola Company. An Equal Opportunity Employer.</small></p>	
<p>CAREER CORNER Would You Like To Be Involved With Helping People In Your Community? Do You Enjoy Working With Senior Citizens? We Are Looking For Homemakers And Housekeepers And Other Qualified Applicants To Work With Our Clients Throughout The North Suburban Areas. We Offer: • Bonuses And Pay Raises • Free Training One Year Experience Is Required. Car With Insurance Preferred. Please Call For An Immediate Interview. We Have Many Positions Available Throughout The Suburban Areas. Call Roxann or Susan NATIONAL HOME CARE SYSTEMS (708) 965-9269</p>		<p>Production Labor We are seeking candidates with: • production related work experience in beverage, food, drug, or chemical industries • fork lift experience • equipment sanitation experience We are seeking candidates with: • mechanical experience with pharmaceutical, chemical or liquid operations • PLC experience • electrical background If you are confident you meet or exceed these requirements, come meet with a company representative at our Open House. Coca-Cola Open House Monday, February 13 3:00 pm to 6:00 pm Clarion Hotel (next to Rosemont Horizon) 6810 N. Mannheim Road Rosemont, IL <small>©Coca-Cola and the Contour Bottle design are registered trademarks of The Coca-Cola Company. An Equal Opportunity Employer.</small></p>		<p>Notice Bugle Newspapers reserves the right at any time to classify all advertisements and to reject any advertising deemed objectionable. We cannot be responsible for verbal statements in conflict with our policies. All Help Wanted ads must specify the nature of the work offered. Bugle Newspapers does not knowingly accept Help Wanted advertising that in any way violates the Human Rights Act. For further information contact the Department of Human Rights, 32 W. Randolph St., Chicago, IL 789-8490.</p>	

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FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	MISCELLANEOUS
TRADES / INDUSTRIAL / DRIVERS		REAL ESTATE	PERSONALS
<p>LAW ENFORCEMENT JOBS No Experience Necessary Now Hiring US Customs, Officers, Etc. For Information Call: (219) 794-0010 - Ext. 2428 8 AM - 10 PM - 7 Days</p>		<p>APT FOR RENT Niles - 8151 Milwaukee, 1 Bdr, 2nd Flr. Htd. \$500. Call Demetri (312) 725-1212</p>	<p>Congratulations NATASHA DUSZAK and SJB's 8th Grade On Your Confirmation Sunday February 19th 1995 Love: Mom, Russell & Derek</p>
<p>PUNCH PRESS OPERATOR Must be 18. Shop math and knowledge of blueprints desirable... will train qualified applicant. Call Dennis after 12 PM for interview. (708) 869-2269</p>		<p>ROOMS FOR RENT ROOM AVAILABLE IN TOWN HOUSE Buffalo Grove Area With Single Mom & Two School Children. Student Or Woman, Non-Smoker. Call Evenings. (708) 541-9555</p>	<p>MISCELLANEOUS 1994 Encyclopedia Set. Major Brand. New. Box Unopened. Orig. \$1200 - Must Sell \$295. (708) 966-0585 Octagon End Table - \$25. Antique Mirrored Shadow Box - \$60. Apt. Size Refrigerator - \$55. (708) 966-1676 MOVING SALE New Kenmore Vacuum. Porch Furn. Lamps. Kit. Tables. Pics. Misc. (708) 470-0278 after 5 Niles-Fri. 2/17 & Sat. 2/18. 8227 N. Newland (1 blk. E. of Waukegan, N. of Cleveland) L/R. Cherry D/R. Ladies Desk. Curio Cab; Music Box, Lamps, Lennox & Spode China, Love Seat, Krt. Utens, Pwr. Tools, Lawn Mowers, Radial Arm Saw, Bicycles, Much Misc.</p>
<p>PRINTING SALES IMMEDIATE OPENING Pre-press sales position for exp'd self-starter to represent sophisticated electronic pre-press organization looking to grow. Current Chicago area accounts. Send resume to home office of: LITHOCRAFT STUDIOS, INC. 5820 Fee Fee Rd. St. Louis, MO 63042 Attn: Sales Mgr.</p>		<p>VACATION PROPERTY HILTON HEAD DISCOUNT RENTALS Why not get away to beautiful Hilton Head Island, SC? 1 BR-6 BR ocean condos & homes Toll-free for rental brochure 800-445-8664</p>	<p>POWERFUL PRAYER to the Holy Spirit, Holy Spirit, You solve all problems, who light all roads so that I can obtain my goals. You who give me the divine gift to forgive & to forget all evil against me. In all instances of my life You are with me. I want in this short prayer to thank You for all things & to confirm once again that I never want to be separated from You, even & in spite of all material illusions. I wish to be with You in eternal glory. Thank You for your mercy toward me & mine. The person must say this prayer for 3 consecutive days, after 3 days the favor requested will be granted even if it may appear difficult. This prayer must be published immediately after the favor is granted without mentioning the favor. B.D.</p>
<p>ROCKFORD, ILLINOIS Precision Group, Inc. has an immediate opening for a CNC Machinist w/3-5 yrs. exp. Take advantage of an exc. opp'ty. to join a growing company that provides ample opp'ty for advancement. Competitive wage & exc. benefit pkg. incl. discretionary incentive bonus, 401k plan, educational reimbursement & exc. medical & dental benefits. Interested qualified applicants should send resume to: Precision Group, Inc. P.O. Box 5044 Rockford, IL 61125 Attn: Human Resources Your credit is good with us. We accept Visa and Master Card! Call: 966-3900</p>		<p>MISCELLANEOUS Sofa-Corner Section Only. Only 4 Months Old-Never Used-Lt. Black With Pink - \$280. (708) 803-0054. MODEL HOME CONTENTS Sofa/Loveseat Set - Hunter Green & Cranberry - \$595, Other Sets, Plaids, Etc. - DR & BR Sets Also (708) 329-4119</p>	<p>TANNING SUNQUEST WOLFF TANNING BEDS New Commercial-Home Tanning Units From \$199.00 Lamps-Lotions-Accessories Payments low as \$20.00 Call Today! FREE New Color Catalog 1 (800) 462-9197</p>
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<p>Production Labor We are seeking candidates with: • production related work experience in beverage, food, drug, or chemical industries • fork lift experience • equipment sanitation experience We are seeking candidates with: • mechanical experience with pharmaceutical, chemical or liquid operations • PLC experience • electrical background If you are confident you meet or exceed these requirements, come meet with a company representative at our Open House. Coca-Cola Open House Monday, February 13 3:00 pm to 6:00 pm Clarion Hotel (next to Rosemont Horizon) 6810 N. Mannheim Road Rosemont, IL <small>©Coca-Cola and the Contour Bottle design are registered trademarks of The Coca-Cola Company. An Equal Opportunity Employer.</small></p>		<p>DELIVERY Deliver Bundles Of Newspapers To Area Businesses. Must Have Car. (708) 966-3900</p>	<p>WANTED TO BUY WANTED WURLITZERS JUKE BOXES ALSO SLOT MACHINES Any Condition (708) 985-2742</p>
<p>Production Labor We are seeking candidates with: • production related work experience in beverage, food, drug, or chemical industries • fork lift experience • equipment sanitation experience We are seeking candidates with: • mechanical experience with pharmaceutical, chemical or liquid operations • PLC experience • electrical background If you are confident you meet or exceed these requirements, come meet with a company representative at our Open House. Coca-Cola Open House Monday, February 13 3:00 pm to 6:00 pm Clarion Hotel (next to Rosemont Horizon) 6810 N. Mannheim Road Rosemont, IL <small>©Coca-Cola and the Contour Bottle design are registered trademarks of The Coca-Cola Company. An Equal Opportunity Employer.</small></p>		<p>JANITOR Part-Time To Work 4 Hours Per Week Doing Light Clean-Up At Niles Office. CALL: (708) 966-3900</p>	<p>PERSONALS May the Sacred Heart of Jesus be adored, glorified, loved & preserved throughout the whole world now & forever. Sacred Heart of Jesus pray for us. St. Jude worker of miracles, pray for us. St. Jude help for the hopeless pray for us. Say this prayer 9 times each day for 9 days by the eighth day, your prayer will be answered. Publication must be promised. B.D.</p>
<p>Production Labor We are seeking candidates with: • production related work experience in beverage, food, drug, or chemical industries • fork lift experience • equipment sanitation experience We are seeking candidates with: • mechanical experience with pharmaceutical, chemical or liquid operations • PLC experience • electrical background If you are confident you meet or exceed these requirements, come meet with a company representative at our Open House. Coca-Cola Open House Monday, February 13 3:00 pm to 6:00 pm Clarion Hotel (next to Rosemont Horizon) 6810 N. Mannheim Road Rosemont, IL <small>©Coca-Cola and the Contour Bottle design are registered trademarks of The Coca-Cola Company. An Equal Opportunity Employer.</small></p>		<p>DESKTOP PUBLISHING "Words In Process" • Brochures • Typesetting • Correspondence • Mailing Labels • Filers • Overload Assistance Madelyn Lullo Certified Word Processor / Desktop Publisher (708) 647-2522 FAX: (708) 647-2084</p>	<p>FOUND Brown, White & Tan. Older Female Cocker mix. Vic. Golf & Potter. Call (708) 296-3830</p>

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Fargo St. ...

Continued from Page 1

again. Irene Hein and Elaine Noga, speaking for those in favor of opening the street, stated that although they worried about the time it takes police and fire vehicles, snow plows and school buses to reach homeowners, their main concern was the time it takes these vehicles to back out from the street. Fargo is a narrow street and the vehicles are too large to turn around.

The possible lock-in on the street if Fargo should ever be blocked off at Waukegan was another reason cited.

Alternatives to alleviating the inconvenience the street closing has caused were proposed by many homeowners. Residents suggested extending the sidewalks on Nordica on both sides of the street, providing speed bumps on Fargo east of School Street, opening Nordica Avenue to Niles Terrace, closing Nordica to Howard, putting in no parking signs and a left turn sign at Howard and Waukegan and stop signs.

Selman stated that the opinions generated at the meeting will be presented to the Mayor. Mayor Nicholas Blase and the Village Board will decide this issue within a month.

Health Plan ...

Continued from Page 1

past two years. On Jan. 23, the Morton Grove Park District Board was presented with \$30,010 representing its portion of the total \$750,000 surplus that the IPEHN Board voted to return to its members.

This dividend revenue will be used to complete a Living Memorial at Prairie View Park to all those from Morton Grove who have served our country in the military. In 1976, eight trees were planted at Prairie View Park to remember the eight men killed in Vietnam wartime service and to honor all who served.

During the Village Centennial, twelve more trees will be added to the site to create a complete and unified Living Memorial. In addition to twelve trees, plans have been drawn up for a circular area with benches, lighting and a brick walk that may have plaques. This project is scheduled to be completed by Memorial Day, 1995, pending weather conditions and contractor obligations.



LEGAL NOTICE

Maine Township Invitation to Bid
Maine Township is seeking a professional custodial service for its offices located at 1700 Ballard Road in Park Ridge, Illinois. References are required. Sealed bids must be received by no later than 4:00 p.m. on Tuesday, December 27, 1994 at Maine Township Hall, 1700 Ballard Road, Park Ridge, Illinois, 60068. The bid opening will take place at 7:00 p.m. on December 27, 1994 at the Town Hall. Maine Township reserves the right to reject any and all bids and accept any bid which in the judgement of the Board serves the best interest of the township. To tour the facility and receive a list of job specifications, contact Pamela Andersen, Administrator, (708) 297-2510.

Gary K. Warner, Town Clerk

Chicago 1995 Special Events

In 1995, the City of Chicago will once again present the Taste of Chicago, the Chicago Air and Water Show, Venetian Night, and the Chicago Blues, Gospel, Country, Jazz, and "Vival! Chicago" Latin music festivals.

The Mayor's Office of Special Events will continue the tradition of presenting the pre-admission events and lakefront music festivals that distinguish Chicago as a world-class city in 1995," said Mayor Richard M. Daley.

The festival season kicks off with WinterBreak Chicago, now in its second year. The City's winter festival features free activities and events throughout the city and at Sears Skate on State. Museums, hotels, theaters, retail shops, galleries, and restaurants will also participate with special offers and discounts during this event.

Augmenting our permanent festival line-up is the Mayor's Cup Youth Soccer Tournament

NAWIC Chapter meeting set

The O'Hare Suburban Chapter #193 of the National Association of Women in Construction (NAWIC) will meet Tuesday, Feb. 21 at the Avalon Restaurant, 1905 E. Higgins Rd., Elk Grove Village.

Reservations for dinner at \$15 may be made with Jennie Oratowski, Enger-Vavra, Inc. at (708) 678-4200. Social hour is at 5:30 p.m., followed by dinner at 6:30 p.m.

The speaker of the evening will be a representative from the Illinois Division of Employment Security. Be sure to bring any and all questions you may have regarding this topic.

Guests and all women interested in construction are invited to attend. For membership information, contact Jan Turner, Stein & Company at (312) 853-1630.

Town Hall ...

Continued from Page 1

permit for the Town Hall does not require new hearings. As long as the township continues its current functions on the property, a new special use permit is not required, attorney Dan Dowd told commissioners.

The commission said it would seek the advice of the Park Ridge city attorney but asked the township to proceed with the scheduled hearing.

First Lady ...

Continued from Page 1

According to Karen Larsen, public relations director for District 207, Clinton was invited back to the school by veteran history teacher Paul Carlson who taught Clinton when she was a student there.

Clinton was at Maine East until about 8:30 a.m., when she left for her second stop in the Chicago area Wednesday, the Berwyn-Cicero Council on Aging, 5817 W. Cermak Rd., in Cicero.

Clinton ended her Chicago visit Wednesday evening at the Civic Federation Dinner held in the International Ballroom of the Conrad Hilton Hotel and Towers, 720 S. Michigan Ave. She returned to Washington, D.C., after the dinner.

& Festival, featuring a youth soccer competition as well as children's entertainment and activities. This event was inspired by the children's soccer tournament held in honor of the 1994 World Cup Games that took place in Chicago this past summer.

The dates for the City's free events and music festivals are as follows:

WinterBreak Chicago Festival, Feb. 16-20; Chicago Blues Festival, June 2 - 4; Chicago Gospel Festival, June 10 - 11; Taste of Chicago, June 24 - July 4; Chicago Country Music Festival, June 24 - 25; Venetian Night, July 22; Mayor's Cup Youth Soccer Tournament & Festival, July 22 - 23; Chicago Air and Water Show, August 5 - 6; Chicago Jazz Festival, Sept. 1 - 3; 1995 Chicago Neighborhood Summer Festivals, May - September.

For more information, contact the Mayor's Office of Special Events at (312) 744-3370.

Psychiatrist to address Niles Township staff

Dr. William Glasser, national recognized psychiatrist and education author, will address the teachers, administrators and staff of District 219, along with administrators and teachers from the other nine school districts in Niles Township, in a special all-day Institute Day on Monday, Feb. 20 in the Niles West auditorium, 5701 Oakton St. in Skokie.

The author of nine books, including "The Quality School: Managing Students Without Coercion," "Control Theory in the Classroom" and "Schools Without Failure," Dr. Glasser is known throughout the country for his innovative integration of reality therapy, control theory, total quality management (TQM) and classroom technique.

In this program, Dr. Glasser will present a two-part lecture during the morning, offering his insights and perceptions regarding the use of control theory and TQM in a scholastic setting. The afternoon session will feature a unique opportunity for educators, as Dr. Glasser will interview several District 219 high school students and discuss their experiences with and perceptions of the Niles Township educational system.

"Dr. Glasser suggests that all basic human behavior is based upon our motivation to satisfy the essential needs of survival, love, power, fun and freedom," notes Dr. David Schauer, District 219 Director of Instructional Improvement. "According to Glasser, the school can be in the 'quality world' of students and members of the school community when it is meeting these needs...he offers some specific principles that could be of assistance as the schools in Niles Township look for answers on how to more effectively meet the needs of our students."

Staff members throughout District 219 have been meeting in small groups to discuss Dr. Glasser's concepts, and following his visit further learning groups are scheduled that will address how the ideas presented could be useful in the Niles Township schools. Further plans also call for up to fifty teachers to undergo training in Glasser's concepts with the ultimate goal of implementing his ideas in the Niles Township school system.

NHS members help Channel 11: National Honor Society students at Good Counsel demonstrated their commitment to public television by answering phones and taking pledges which helped Channel 11 raise \$1,058,225.

Food class builds house for Brickyard Mall: Students from Sr. Mary Carotta's Intro to Foods class at Good Counsel won a \$300 cash prize by participating in the first annual Gingerbread House contest. The houses of several local schools adorned the Hospitality House for holiday shoppers to enjoy throughout the holiday season.

Dance Club on the move: Image Dance Club members at Good Counsel were invited by Ann Tersch to perform "Gonna Move It."

USE THE BUGLE

Maine Township to collect recyclables

Maine Township will collect recyclable items from 8 a.m. to noon Saturday, Feb. 25, in the parking lot at Maine Township Town Hall, 1700 Ballard Rd., Park Ridge.

Plastic soda, milk and water containers will be accepted. All caps and rings must be removed. Other items that may be recycled include newspapers; magazines and catalogs; corrugated cardboard; aluminum and metal cans; and green, brown and clear bottles and jars. All items should be sorted.

Glass and metal containers should be thoroughly rinsed and lids, tops and rings should be removed. Labels also should be removed from cans. Newspapers, magazines, catalogs and cardboard must be bundled separately and tied with string.

Maine Township's recycling program is aimed at providing a convenient recycling site for residents who do not have curbside recycling, and for those who wish to recycle acceptable items that are not collected by their local waste haulers. Collection is held on the fourth Saturday of every month, except during holidays.

For more information on the township's recycling program, call 297-2510.

Donate unwanted cars before the snow arrives

The snow isn't piling up yet, but it will be soon, and the last thing Illinois residents need this winter is an unwanted car frozen in their driveway.

Illinois Special Olympics announced that its "Recycle for Gold" program will remove unwanted vehicles in any condition free of charge.

According to President and CEO, Doug Snyder, "Recycle for Gold gives us a great opportunity to provide a service to the community, while at the same time helping raise part of the funds necessary to provide year-round athletic competition and training to over 20,000 Special Olympians in Illinois."

"Recycle for Gold" is a unique program which allows Illinois residents to have unwanted vehicles in any condition removed free of charge by simply making a phone call to 1 (800) 590-1600.

Free Dogwood Trees

Ten free white flowering dogwood trees will be given to each person who joins The National Arbor Day Foundation during February.

The free trees are part of the non-profit Foundation's Trees for America campaign. "The white flowering dogwoods will add year-round beauty to your home and neighborhood," John Rosenow, the Foundation's president, said. "Dogwoods have showy spring flowers, scarlet autumn foliage, and red berries which attract songbirds all winter."

The trees will be shipped post-paid at the right time for planting between March 1 and May 31 with enclosed planting instructions. The six to twelve inch trees are guaranteed to grow or they will be replaced free of charge.

Members also receive a subscription to the Foundation's bi-monthly publication, "Arbor Day," and The Tree Book with information about tree planting and care.

To become a member of the Foundation and receive the free trees, send a \$10 contribution to Ten Free Dogwoods, National Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by Feb. 28, 1995.

Good Counsel News

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Dance Club on the move: Image Dance Club members at Good Counsel were invited by Ann Tersch to perform "Gonna Move It."

USE THE BUGLE

Business News

Cook County Treasurer's office extends hours

The Cook County Treasurer's office recently announced extended hours to accommodate property owners who wish to pay their first installment real estate tax bills. The taxes are for 1994, collectable in 1995.

Cook County Treasurer Edward J. Rosewell said that effective Tuesday, Feb. 21, the daily office hours at his downtown and five suburban offices will be from 8 a.m. to 6 p.m. In addition, all six offices will be open on Saturday, Feb. 25, from 9 a.m. to 1 p.m. to accept tax payments.

The deadline for the payment of the first installment real estate tax bills is Wednesday, May 1. Taxes paid after the penalty date are subject by law to a 1 and 1/2 percent penalty on the amount due for each month or portion thereof.

Rosewell said that all six of his offices will be closed on Monday, Feb. 13, in observance of Lincoln's birthday, and on Monday, Feb. 20, in observance of President's Day.

The first installment taxes are estimated bills based upon one half of the previous year's total tax bill. The second installment bill, due in August, will reflect the actual tax rates and property assessments.

The tax bills were mailed in December 1994, a month earlier than usual in order to avoid an increase in postal rates. This saved more than \$45,000 in postal costs.

Rosewell said that any property

owner who has not received his or her tax bill, should call the Treasurer's office, at 443-5100, or visit any of the six offices to obtain a duplicate bill.

The offices are located in Chicago at five suburban offices including 5600 Old Orchard Road, Skokie.

SCORE to give advertising workshop for small business

SCORE (Service Corps of Retired Executives) announces a half-day workshop on "Advertising," to be given Wednesday, March 1, for those in the process of starting up a business, or planning to do so. Focus will be on advertising fundamentals, and the development of an advertising program for the small business.

The workshop will be given at 500 W. Madison St. (Citicorp Center), Suite 1250, Chicago, where SCORE is based in the Business Information Center of the U.S. Small Business Administration. Workshop leaders are principally SCORE retired business and professional people, who volunteer their services to provide counseling to the small business community.

Maximum limit of 20 persons per session facilitates personal instruction. Advance registration is recommended. Phone (312) 553-7724 for details and an application. Workshop starts promptly at 9 a.m. and continues until noon.

Microsoft Windows 3.1 focuses on how to use a mouse to "click" through various applications, including how to create a masterpiece in Paintbrush. Participants learn word processing, personal file management and calculation an dhow to create

Columbia raises loan program limit

Columbia National Bank would like to announce that they have just raised the loan limit on their "Community Partnership Loan Program" to \$10,000.

This Home Improvement Loan product is targeted to limited income families and is being marketed through each of Columbia's six branch locations, as well as through local community organizations, civic groups, and churches.

These "Community Partners" include: Northwest Association of Realtors, St. John Lutheran

church, ABI Polish Services, Village of Harwood Heights, St. Rosalie Church, and Niles Community Church.

Columbia's "Community Partnership Loan Program" will provide a special fund of \$1 million for homeowner redevelopment projects within the Northwest Chicago area through June 31. This special interior/exterior fix-up and repair program works to improve both individual property value and overall neighborhood appeal.

The "Community Partnership

Loan Program" offers special low-cost, low-rate home improvement loans now up to a maximum loan amount of \$10,000 based on family income. Interest rates for this program are fixed for the entire term of the loan, and can be as low as 7.75% APR (or the current Prime Rate in effect upon the closing of the loan).

For more information on Columbia's "Community Partnership Loan Program," call (708) or (312) 775-6800 and ask to speak to a Consumer Loan Officer.

Professional business seminars at Oakton

The Institute for Business and Professional Development at Oakton Community College is offering seminars in microcomputers, materials and manufacturing management and purchasing during its winter term at the Des Plaines campus, 1600 E. Golf Road.

Introduction to Microsoft Excel 5.0 introduces the concepts of this modern and very popular spreadsheet program, including basic commands and functions leading to the creation of worksheets, graphics and databases. The seminar meets on Wednesday, Feb. 22 from 9 a.m. to 5 p.m. The fee is \$225.

Purchasing Techniques for the Newly Appointed Buyer provides the newcomer with a clear overview of the mission and duties of purchasing in today's business environment. The program addresses the purchaser's role in the company and duties as a buyer. The seminar meets on Tuesday, Feb. 28 from 8:30 a.m. to 5 p.m. The fee is \$225.

company logos and menu systems. The seminar meets on Tuesday, Feb. 28, from 9 a.m. to 5 p.m. The fee is \$225.

Uncovering Hidden Profits with Activity Based Cost Management (ABX) is designed to provide participants with an understanding of the principles of ABX, the benefits that can be derived and the procedures involved in implementing a system within an organization. The seminar meets on Tuesday, Feb. 28 from 8:30 a.m. to 5 p.m. The fee is \$225.

Microsoft Windows 3.1 focuses on how to use a mouse to "click" through various applications, including how to create a masterpiece in Paintbrush. Participants learn word processing, personal file management and calculation an dhow to create

p.m. The fee is \$225. For more information, contact seminar registration at (708) 635-1932.

John Steiner

Navy Petty Officer John Steiner of Chicago, recently reported to Navy Recruiting District Chicago's Evanston area recruiting office which covers a wide area of the North Suburbs.

Steiner has detailed information on Navy education and training programs, and can be considered the most comprehensive and up-to-date source of information on job availability, benefits and Navy life.

Steiner is a 1984 graduate of St. Edwards school. He can be reached by calling (708) 864-7412 or visiting the recruiting station at 1318 Dodge Ave. Evanston.

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Premium Bananas	29¢ per lb.	Indian River Red Grapefruit	99¢ each	California Navel Oranges	99¢ each	Tyson® Chicken Whole Fryers	49¢ per lb.
Russet Potatoes	59¢ each	US fancy, large size	19¢ each	US #1, 4 lbs.	99¢ each	grade A, fresh frozen	
Letuce	59¢ each						
Red Delicious Apples	89¢ extra fancy grade, 3 lbs.						
Onions	49¢ US #1, 3 lbs.	Premium White Bread	25¢ 20 oz.	Grade A Fancy Canned Vegetables	25¢ 14.5-15.25 oz.	Tyson® Chicken Leg Quarters	29¢ per lb.
Cauliflower	99¢ each	All Purpose Crackers	99¢ 16 oz.	Sliced Bacon	99¢ 16 oz., #1 grade	Keekler Lowfat Honey or Cinnamon Crisp Graham Selects*	\$2.49 27 oz.
Carrots	69¢ US #1, 2 lbs.	Mushrooms	49¢ stems & pieces, 4 oz.	American or Swiss Cheese Slices	\$1.29 12 oz.		
Ground Beef Patties	\$3.99 48 oz.	Beef Ravioli	59¢ 15 oz.	Chunk Light Tuna	49¢ oil or water pack, 6.125 oz.		

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*Store Hours may vary by an hour in some locations

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