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RECD DEC 08 1994

Transformer fire disrupts power for thousands

By Anne Louise Bannon and Janice Matsumoto

Skies over the Des Plaines Commonwealth Edison transformer substation at Setegers and Rand Roads were clear Dec. 1 after the previous day's fire that blacked out service to 20,000 customers in seven Chicagoland sub-

urbs between 11 a.m. and 1 p.m. Commonwealth Edison officials are still trying to put a dollar figure on the damage. "It's totally speculative right now," said Wayne Laursen, Public Affairs Director in the utility's

Mount Prospect office. The figure will be determined by how much damage was actually done and how much of the transformer is salvageable. A Commonwealth Edison
Continued on Page 30

Vocational training center denied by Zoning Board

By Lisa Hemminger

Backers of a vocational training center for developmentally disabled adults will have to sit patiently while the Niles Plan Commission studies their case further or looks for a new location. In a drawn-out emotional appeal, officials for Search Development entreated Niles Zoning Board commissioners to come to

a favorable decision Monday, requesting a special use permit to open a center at the existing building located at 7449 Natchez. The goal of the project is to create an environment to train up to 250 developmentally disabled adults to handle assembly line, packaging and service work assignments.
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Niles edition of The Bugle

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Larger raise based on increase in property values or state multiplier

District 63 tax levy up near 5%

by Ben Rieck

The East Maine School District 63 Board of Education approved an approximate 5 percent increase in the tentative 1994 Property Tax Levy Nov. 29.

Business Manager Walter Korpan stressed, however, that the 4.975 percent increase is the worst case scenario and a very remote possibility. More likely would be a 2.75 percent increase in total property taxes.

The larger increase, Korpan said, would be based on an increase in either the value of property in the district or the state multiplier.

Three factors affect the assessed valuation, he said, including the establishment of new buildings, the remodeling of current buildings and the reassessment of property district-wide.

Korpan said that reassessment is done every four years and it is only the second year of that cycle. The tentative levy was ap-

proved by a 6.1 margin, with Board member Donald Conn registering the lone dissenting vote. Conn said that he expects the multiplier to be going up and the levy increase will drastically hurt the people who are sending students to school.

Board Member Steve Stone said that in the worst case scenario, the levy increase will only affect the tax rate by a one percent increase.

A public hearing will be held before the next board of education meeting for the presentation and approval of the proposed property tax increase.

The meeting will be held at 7 p.m. on Dec. 13 at the Nelson Elementary School, 8906 Ozanam Ave., Niles. Anyone who wants to speak at the hearing should call Korpan at 299-1900.

Before the board members discussed the tentative levy, they voted to amend a contract originally approved at their Sept. 27 meeting.

The contract, with DuKane and First Security, was in the amount of \$150,000, as Mark Twain School became a test site for technological renovation.

As the renovation project spreads to other district schools, and as additional equipment not manufactured by DuKane or First Security is needed, the district will pay for the items.

Director of Operations Jim Reynolds said that the amendment gives the district the option to either receive the equipment at the same cost available to DuKane or negotiate for a better price.

If the district can get a better price than the manufacturers offer for DuKane, Reynolds said, the district may see a cost savings.

The contract was amended by the board by a 6-0 vote, with one abstention.

The renovation project is underway at Twain, with equipment ordered and installation planned for during the students winter break.

Continued on Page 30

From the Left Hand

by Bud Besser

We've never been satisfied with the way anonymous Letters To The Editor have been handled. On the one hand we've always had a strict policy unsigned letters would not be published in The Bugle. It's obvious letter-writers who don't have to identify themselves are given free reign on being irresponsible. If they don't have to be accounted for, they can spout off in any direction. They can attack and malign and yet hide behind the mask of anonymity. It's not a very gutsy practice. And the newspaper which publishes such letters is equally irresponsible.

The radio call-in shows are guilty of this problem. Anybody operating on a minimum of cylinders can pop off without standing up and identifying himself.

On the other hand we would like the public to have input into what is being published. For many reasons people do have legitimate complaints and they should have an outlet for airing their problems.

One of the Des Plaines newspapers allows unsigned complaints to be published in their paper. We've always had trouble with it. We've been suspicious many of the complaints came from anonymous sources on the newspaper.

Being the local Niles and Morton Grove newspapers we continuously get telephone
Continued on Page 30

Burglars caught in the act by Niles Police

By Tracey Berk

Niles police uncovered a burglary in progress that ended in three arrests Dec. 1.

John Piatkowski and Luis Rios, both of Chicago, were charged with residential burglary after admitting their involvement in an attack on a Niles home.

Police received a call of a suspicious vehicle parked on the north side of Jonquil Terrace around midnight Dec. 1. The caller said the automobile was a blue and white Blazer occupied by two males.

When police arrived, the car was empty. The license plate did not register to the Blazer, but to a Pontiac out of Chicago. Niles units staked out the vehicle for

approximately five minutes when two subjects left a residence through the front door.

The two entered the car and attempted to drive away when the officers surrounded the vehicle and ordered them out of the car. Found in the vehicle was a green duffel bag containing items from the residence that had just been burglarized.

The officers checked the home and found that the basement window had been smashed. One of the offenders had a hammer on him.

The two were taken to the Niles Police Department where the offenders, who police said are
Continued on Page 30

Golf Maine unveils new rec center



Photo by Mike Heuel

The new Golf Maine Park District recreational center celebrated its grand opening and dedication Dec. 3. Feldman Park, located at the corner of Dee Rd. and Emerson St., took close to three years to build. Pictured are Larry DeGraff, Director, David Greenfield, Board president, and Alene Feldman, surviving wife of Gerald Feldman, the former commissioner whom the center is named after. The 25,000-square-foot building, which costs about \$2.5 million, includes a gymnasium and a track and was funded by alternate revenue and non-referendum bonds.

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Devon Bank presents program for seniors

Devon Bank invites all senior citizens to a free musical entertainment program on Wednesday, Dec. 14, featuring the Maxwell Street Klezmer Band. The performance will begin at 10 a.m. in the conference center at 6445 North Western Avenue, in Chicago.

The Maxwell Street Klezmer Band, which was founded in 1983, performs a combination of instrumental dance music, folk songs, theater songs, and jazzy Yiddish pop music from the 1930's to the 1950's. They currently divide their time between giving concerts and bringing traditional Jewish music back to weddings and other celebrations. The band travels to perform in festivals across America. In the United States, they play over 250 performances at local concerts and private parties a year.

Devon Bank sponsors free entertainment for senior citizens on the second Wednesday of each month. The bank has free senior citizens checking with direct deposit, which assures the safe, on-time arrival of Government payments. Seniors with questions about Devon Bank products, services or the scheduled programs should call Iraida at (312) 465-2500, X302 during regular banking hours.



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NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to residents of the Village of Niles, age 62 and over and their younger spouses. Seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

STAMP CLUB
The Stamp Club is currently looking for new members. See Mary Oleksy if interested.

YARN NEEDED
If you have any left-over yarn, please bring it to the senior center. Lap robes are made for veterans from your generous donations. Also, volunteers are needed to crochet and/or sew lap robes or slippers. If interested please call Mary V.

NEEDLEPOINT CLASS
Needlepoint class meets from 1 to 3 p.m. at Ballard Leisure Center on Monday, Dec. 5 and 12.

SENIOR CENTER DECORATION PARTY
The Senior Center decoration party will be held on Friday, Dec. 9 at 10 a.m. Come join in the fun as we "Spruce" up our center for the holiday season! Pizza will be served to all decoration volunteers! Come share the holiday spirit with us! Registration helpful.

REVERSE MORTGAGE
Reverse mortgage information sessions are available on an individual basis on Monday, Dec. 12. Call for appointment.

WOMEN'S CLUB HOLIDAY PARTY
Women's Club holiday party will be held on Monday, Dec. 12 at noon. The menu will feature Chicken Picante, (breast of chicken in a lemon sauce) and all the trimmings. Entertainment will feature the one and only "Frank Pasani" - an impressionist, singer, actor, comedian! Cost is \$6. Purchase tickets by Monday, Dec. 5.

MONTHLY MAILING
Monthly mailing will be on Tuesday, Dec. 13 at 12:30. Volunteers are needed. Come join your neighbors in this labor of love.

LEGAL AID APPOINTMENTS
Legal aid appointments are available on Wednesday, Dec. 14 between 9 a.m. and noon. Call for information or an appointment.

BLOOD PRESSURE SCREENING
Blood pressure screening is on Wednesday, Dec. 14 from 1 p.m. to 4 p.m. Free to Niles residents 60 and older. No appointments needed.

WILL APPOINTMENTS
Will appointments are available to eligible seniors on Friday, Dec. 17 from 9 a.m. to noon. If you are eligible the cost is \$50 for an individual or \$75 for a couple. For additional fee you may have a Durable Powers of Attorney for health care and/or property and the Living Will. Call the center for program guidelines and appointments.

MEN'S CLUB MEETING
The Men's Club Meeting will be held on Monday, Dec. 19 at 10:30 a.m.

INVESTMENT COUNSELING
Investment counseling is on Wednesday, Dec. 21 by appointment. Mr. Jeff Cardella will discuss your individual financial needs. Free. Call for appointment.

MEDICARE/SUPPLEMENTAL INSURANCE INFORMATION APPOINTMENTS
Medicare and supplemental insurance information appointments are free to seniors. Representatives from Banker's Life Insurance Company are available on an individual basis on Wednesday, Dec. 28 by appointment.

WOMEN'S EXERCISE PROGRAM
Women! are you ready to get in shape and reap the benefits of good health? If interested see Mary Oleksy for information. We are looking to start a bi-weekly class.

CRAFT AND HOBBY INSTRUCTORS NEEDED
If you have a talent for crafts or hobby expertise and would like to teach others how to do those crafts or hobbies, then please call Mary Oleksy at the Senior Center. We are currently looking for part-time instructors with some creative ideas for new classes.

HOLIDAY ITEMS AVAILABLE
The Niles Senior Center offers handmade and holiday items on display in the Center's showcases. These items can be purchased anytime between 9:30 a.m. to 4 p.m. Monday through Friday. So why not make plans to see what our talented seniors have made for your holiday gifts?

ADDRESS INFORMATION REQUESTED
If you are not receiving our calendar, flyer and newsletter please call the senior center and let us know and we will correct our records or add you to the mailing list if you aren't currently registered. You don't want to miss all of the happenings so call right away.

THE BUGLE
(USPS 069-760)
Bob Besser
Editor and Publisher

MEMBER NORTHERN ILLINOIS NEWSPAPER ASSOCIATION

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D.P. Mayor donates to Snug Hugs for Kids



From left: Des Plaines Mayor Ted Sherwood presents new children's clothing to Merlin's Muffler and Brake shop owner Kevin Skier and Dave Ball for the store's annual Snug Hugs for Kids campaign. The Des Plaines store, 480 S. River Rd., is collecting new winter clothing items through Dec. 13 to benefit the Children's Home and Aid Society of Illinois, which serves nearly 10,000 children in need between the ages of newborn and 18.

Zoners deny Davis St. lot sub-division

By Lisa Hemminger

A Davis Street land owner was denied a zoning variance to subdivide property after his neighbors addressed the Niles Zoning Board Monday.

Petitioners for Americo Bernabei, 8024 Davis St., requested a side yard variance from 6 feet to 3.25 feet in connection with the building of a new home on the property. Commissioner Angelo Troiani said a similar request to subdivide the property into three lots was denied in August, 1993. Monday's appeal was to subdivide Bernabei's property into two lots, but Troiani said only the "rhetoric" of the argument had changed since the last appeal.

Neighbors vocally fought for what was termed "the character" of the neighborhood along Davis, Church and Washington Streets. "I like that word you use... character," said Davis St. resident Frank Allen. "When I moved here 37 years ago, this area was unique. It was a narrow, gravel street line with American Elms with lots a minimum of 90 feet."

Allen said his lot was currently 10 feet from the Bernabei property, which covers a 212 x 178 foot area.

Church St. resident Diane Miller claimed precedent for downsizing lots in one of the last wide-lot areas of the Village would be set if the variance was granted. Leonard Catalano, of Washington St., also argued against the subdivision variance.

Director of Code Enforcement Todd Bavaro said the trend of the area followed a minimum 16-foot side yard average. Neighbors said they would rather see the Bernabei property subdivided into three lots, allowing more side yard space. Bernabei's lawyer, John Pitarski, said his client's present house would have to be destroyed to achieve three lots.

He said that would "wreak financial devastation" to the family.

The appeal will now go before the Village Board without Zoning Board recommendation.

Niles Chamber to give away holiday tree tags

Free tie-on-tags for use by tree vendors will be available this year from the Niles Chamber of Commerce and the Illinois Traffic Safety Leaders (ITSL). One side of the tag reads, Drive Smart/Drive Sober, Help Keep The Holidays Joyous! The reverse side of the tag has been left blank for the price of the tree. The tags are 7 inches long and include a wire tie.

This is the eighth year that the tags have been distributed, and the first time that the Chamber has joined in the distribution. The tags are being used in Illinois to call attention to the annual National Drunk and Drugged Driving Awareness Month. Observance is throughout December.

"This project is being done in Illinois to call attention to the problem of drinking and driving," said Judi Keippel, ITSL president. "The holiday season is one of the most hazardous times of the year since the incidences of drinking and driving increase dramatically. I hope this reminder attached to the trees will emphasize the seriousness of the problem and promote prevention."

The tags may be ordered by phoning the Niles Chamber of Commerce & Industry at (708) 647-0144.

Holiday Smiles for Needy

Maine Township's General Assistance department is seeking sponsors for "Holiday Smiles," a program dedicated to ensuring that every needy child in the area will have a Christmas to enjoy. The department is seeking new toys in the \$8 to \$10 range to be distributed in December with holiday food baskets.

Food donations also are welcome. The township's Emergency Food Pantry is especially in need of canned meat products such as pork and beans, Spam and chili; spaghetti sauces; pasta; chunky soups; and fruit juices in non-breakable containers. Donations can be made at the General Assistance Office in the Maine Township Town Hall, 1700 Ballard Road, Park Ridge. For more information, call 297-2510, ext. 236.

Niles Park Board approves resolution to sell bonds

The Niles Park Board sealed a safeguard for future funding last week by passing a resolution authorizing their right to sell bonds worth up to \$5.2 million.

The vote was not an intent to sell bonds, but to create the option to sell when the Board sees fit. Like a bond sale intent, the Board vote will be placed on the general ballot in April if 7.5 percent of Niles Park District voters (1,072) sign a petition within 30 days of Dec. 8. The bonds, when sold, will be general obligation alternative revenue source bonds, and will be used "to pay the costs of land condemned or purchased for District parks and facilities and for the building, maintaining, improving and protecting of District parks and facilities."

Commissioners met in executive session to discuss the acquisition of property prior to passing the bond resolution. No particular land purchase was discussed in open session, but park officials have discussed purchasing the Ballard School site before. The park district currently leases the Ballard School recreational facility from the Village of Niles.

Niles Park District financial consultant Peter Koukos defended the district's decision to open the door on future bond sales. "The tax cap will force fiscally responsible governments to do things they normally wouldn't do," Koukos said. "I normally wouldn't suggest doing this, but (the board) has no alternatives."

The consultant claimed numerous taxing bodies in the county were taking similar action now to ensure the bonding authority after the expected tax cap seal. The \$5.2 million figure was chosen, in part, because the indebtedness incurred with that amount would not affect the current taxing rate, he said. That rate has been stable at .185 percent for the last eight years, according to parks executive director Tim Royster. Koukos said the tax rates should decline for a period of time under the weight of the expected tax cap. An expected decrease in EAU is also predicted.

"Some municipalities are levying taxes this month to maximize their available money in the event the authority to do so is taken away," Koukos said.

Park districts are penalized heavily under tax caps, according to the consultant, because other taxing bodies have the option of transferring real estate taxes and using motor vehicle tax to supplement property tax revenue. Koukos suggested the board members explore adding another revenue-producing program to generate revenue after the expected funding collar. IceLand and Tam Golf Course currently generate revenue for the district.

Jan. 8 will be the final day of

the 30-day waiting period for the bond authority resolution. Commissioners will have only one day then to officially pass an intent to sell bonds without voter input. Legislators are expected to put the tax cap into force Jan. 9.

Shoe warehouse donates sales to Cancer Society

DSW Shoe Warehouse, one of the nation's most complete men's and women's value-priced, named brand shoe chains, located in the Skokie Fashion Square, 9454 Skokie Boulevard, Skokie, is pleased to announce that five percent of store sales between Dec. 7-12 will be donated to the American Cancer Society.

This generous donation follows DSW Shoe Warehouse's previous contribution to the exciting charity event "Shoes on Sale," presented by the Fashion Footwear Association of New York. This "largest shoe sale in history" took place in early October and was created to help raise funds for the fight against breast cancer. Beneficiaries for the event included the American Cancer Society, National Alliance of Breast Cancer Organizations, Strang-Cornell Breast Cancer and the Virginia Clinton Kelly Breast Cancer Education and Research Center. After the sale, DSW Shoe Warehouse acquired the remaining inventory of shoes, which will be sold at DSW locations starting Dec. 7.

Niles funeral home official Toys-For-Tots collection



Colonial Wojciechowski Funeral Home for the second year is serving as a collection point for the United States Marine Corps Reserves Toys-For-Tots campaign. Helping launch the campaign (left to right) are Mark Wojciechowski, funeral home co-owner; Karen Lietzau, manager of the Niles Toys 'R Us; Niles Mayor Nick Blase, Jody Wojciechowski, funeral home co-owner; and Marine Corps Sgt. Sam Unsworth. The funeral homes, located at 6250 N. Milwaukee Ave., Chicago, and 8025 W. Golf Rd., Niles, each weekday through Dec. 23 will accept unwrapped new toys for distribution to needy children and families throughout the Chicago and area. Drop-off hours are from 9 a.m. to 5 p.m.

For seniors only

The Oakton and Laramie Senior Adult Clubs are open to all Park District residents 55 years of age or older. Each club's activities will include a weekly business meeting, card playing, bingo, luncheons and socializing. New members are welcome. The senior Adult Clubs meet every Wednesday and Thursday at

Oakton Center (4701 Oakton Street). They meet from 9 a.m. to 2 p.m. year round. The fee is \$5 per year, per club. If you have any questions, call 674-1511.

The Skokie Park District's Senior Adult Exercise class is a great place to increase your mobility, muscle tone and flexibility. This class is lead by a qualified senior

adult volunteer. This class is held every Monday and Friday from 10 to 11 a.m. at Oakton Center year round. The fee is \$10 per year. Call 674-1500 for further information.

Couples and singles are invited to join the Skokie Park District for ballroom dancing at Oakton Center, the 2nd and 4th Wednesday of the month, year round, 2:15 to 4:30 p.m. Fee is \$150 for members. Call 674-1511 for further information.

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Exercises for people with arthritis

A series of "Exercises for People with Arthritis," sponsored by the Good Health Program of Rush North Shore Medical Center in Skokie, is being held Mondays and Thursdays, from 5:30 to 6:30 p.m. On Mondays the classes are held at the Old Orchard Hospital gym and the Thursday classes are held at the Skokie Park District Fieldhouse, 4700 Oakton, Skokie.

Classes are conducted by a specially trained and experienced staff and are designed for people with rheumatoid arthritis and osteoarthritis. An excellent general workout for senior citizens, bad backs and deconditioned individuals.

For further information or to register, call the medical center's Good Health Program at (708) 933-6695.



Morton Grove Senior Citizens 470-5223

MAINE EAST, NILES NORTH & NILES WEST
Maine East, Niles North and Niles West High Schools invite seniors (Maine Township residents call 692-8500, Niles Township residents call 965-9366) to join in on free school productions to be performed this fall. At Maine East; Actors' Winter Concert, Dec. 11, 2 p.m. At Niles North; Band Holiday Concert, Dec. 15, 7:30 p.m.; Choir & Orchestra, Dec. 22, 7:30 p.m. At Niles West; Holiday Concert, Dec. 20, 7:30 p.m.

WINTER WONDERLAND
Delight in Charles Dickens' Old England Winter Wonderland at the Pheasant Run Resort on Tuesday, Dec. 13. Walk through a life size replica of the Tower of London and be entertained by strolling carolers. A magician will present illusions and jolly Old St. Nick will be on hand as well. One of Pheasant Run's chefs will share the art of decorating gingerbread and holiday cookies and take-home samples will be available along with a personal recipe. A delicious buffet lunch is included along with the opportunity to browse through a holiday style arts and crafts show. After lunch visit the Piano Factory Mall in St. Charles. The bus will leave the Prairie View Community Center at 9 a.m. and return at approximately 4 p.m. The cost of the trip is \$27 for residents and \$29.50 for non-residents. For further information call Catherine Dean at 965-7447.

BLOOD PRESSURE
Periodic measurement of blood pressure is important for determining whether personal health is threatened by high blood pressure. High blood pressure is a major contributor toward strokes, heart disease, and kidney failure. Unfortunately, high blood pressure usually has no symptoms. A person can feel great and still have high blood pressure. A free blood pressure screening clinic is offered for Morton Grove residents from 9 to 10 a.m. on Tuesday, Dec. 13 in the Flickinger Senior Center.

COMMISSION ON AGING
The Morton Grove Commission on aging will hold its next monthly meeting at 1 p.m. on Tuesday, Dec. 13 in the Flickinger Municipal Center. The commission provides an arena for discussion and planning of services and programs to benefit Morton Grove's senior citizen population. All interested residents are welcome to attend.

GOLF MILL
The Morton Grove Seniortran will be making a special trip to Golf Mill Mall on Wednesday, Dec. 21. The trip is free for all Morton Grove residents over age 55 and departure times are 9:30 and 10:30 a.m. For a reservation call the Morton Grove Senior Hot Line at 470-5223.

EXPLORING YOUR CREATIVITY
Melt away those wintertime blahs, with a four-week class at the Prairie View Community Center offering a chance to explore the artist within. Choose from charcoal, pen or ink sketching, scratch board, pastels, acrylics and water colors. Instructor Karen Porzak will conduct a preview presentation at 11 a.m. on Monday, Jan. 9 demonstrating each media and provide a list of supplies needed. Classes begin at 11 a.m. on Tuesdays from Jan. 24 to Feb. 14. The cost is \$10 for residents and \$12 for non-residents. For information call Catherine Dean at 965-7447.

"MUSIC MAN"
Come spend an enjoyable afternoon with Professor Harold Hill and the innocent Iowa town that he turned upside down. Hear such musical favorites as "Trouble," "Goodnight My Someone" and "76 Trombones." This Meredith Wilson classic is warm, funny and as American as apple pie. Turkey, orange roughy or tortellini carbonara will be the choices of entre for lunch at the Marriott's Lincolnshire. Mark Jan. 11, 1995 on the calendar for this event. The bus will leave the Prairie View Community Center at 11 a.m. and return at approximately 5 p.m. The cost is \$36 for residents and \$39.50 for non-residents. Please register by Dec. 23. For further information call Catherine Dean at 965-7447.

SENIOR EXERCISE
There is an exciting and invigorating exercise class for seniors who want to feel loose and lively. The class meets at 9 a.m. every Tuesday and Friday in the Prairie View Community Center. This Park District course is taught by an excellent instructor and adapted to enhance mobility and flexibility. For more information call Catherine Dean at 965-7447.

POSTAGE STAMPS BY PHONE
The United States Postal Service offers a 24-hour telephone service for postage stamps. There is no minimum order and stamps are delivered in three to five days. There is also a \$3 service charge for ordering by phone and paying by credit card. For service, call 1-800-STAMP-24.

Classes and special events encourage senior participation

The 1994 Winter Recreation Guide from the Northbrook Park District describes a wide variety of new classes and special events offered for seniors.

Along with the traditionally popular clubs, lunches, card games and classes offered for seniors, the Park District has added parties on Christmas/Hanukkah, New Years, Valen-

tines Day and St. Patrick's Day. Special one-day trips to the opera, a Speakeasy, the local community theater and a gambling casino cruise round out a winter season of diversified activity. If you would like further information about any Senior Center activities, call 291-2988 or stop by the office at 3323 Walters Ave.

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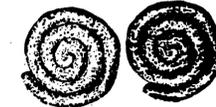
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HOMEMADE LASAGNE FAMILY SIZE HEAT & EAT \$12.99 6 LBS.

HOMEMADE TORTELLINI CHEESE or MEAT \$3.49 LB.

HOMEMADE RAVIOLI CHEESE or MEAT JUMBO SIZE \$3.49 12 CT. SMALL SIZE \$2.99 24 CT.

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Church & Temple News

Cookie Walk to follow service

Niles Community Church, 7401 W. Oakton Street, invites all to worship on the Third Sunday of Advent, Dec. 11, at 10 a.m. Every year on the Third Sunday of Advent, we light the pink candle in the Advent Wreath to remind us of the great joy which is ours through Jesus Christ. Pastor Boswell will preach on our need for joy from Zephaniah 3:14-20 and Philippians 4:4-7, "Rejoice! Rejoice!"

After worship, Presbyterian Women invite all to their Annual Cookie Walk. They're a bargain at \$5 per pound. We need the support of all members and friends. So get out your cookie sheets and start baking. If carefully wrapped they can be brought to Church on Saturday, Dec. 10—but the sale will not start until 11 a.m. on Sunday.

Evening prayer

Niles Community Church, 7401 W. Oakton Street, invites all to Advent Services of Evening Prayer, on Wednesday, Dec. 14, and will conclude next Wednesday, Dec. 21, at 7:30 p.m. We will look at the passages for the coming Sunday and reflect together about their meaning. Also, we will sing carols of Advent and Christmas.

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St. John Lutheran Choirs present 'Night of Wonder'

The combined choirs of St. John Lutheran Church and School present "Night of Wonder" Sunday, Dec. 11 at the 8 a.m. and 10:30 a.m. services.

Follow the familiar Christmas story from Advent through the coming of the Wise Men as presented by the Handbell Choir, Adult Choir, School Choir, God's Messengers, and the Pre-Kindergarten/Kindergarten Choir.

This Christmas musical will be presented in the church sanctuary at St. John Lutheran Church, 7429 Milwaukee Ave., Niles. Call (708) 647-9867, for more information.

Santa is coming to Chicago church

Join us for our second annual "Lunch with Santa" on Saturday, Dec. 17 from 11 a.m. until 1 p.m. in the church's South Hall. Bring your children, grandchildren, nieces, nephews, friends and neighbors.

The cost of the lunch is \$3 per person. Children age one and under are free. Payment and reservations must be made by Dec. 15. Call the church at (312) 631-9131 for reservations and details.

We are also asking that everyone attending bring a canned food item which will be donated to Lutheran Day Nursery. Any profits from the luncheon will also be donated to Lutheran Day Nursery.

Fall Square Dance

Chicago Jewish Marriage Encounter, a not-for-profit organization, will host its annual Fall Square Dance on Dec. 10 from 7 to 9:30 p.m., at Austin Park Field House, 8336 Marmora, Morton Grove. Friends of all faiths are invited. For more information, call 966-LOVE.

OBITUARIES

Mildred Anderson

Mildred Anderson, 85, of Des Plaines, died on Nov. 23, at Holy Family Health Care Center. Miss Anderson was born May 1, 1909 in Minneapolis, Minnesota. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Elm Lawn Cemetery, Elmhurst.

John S. Tomaszewski

John S. Tomaszewski, 85, of Niles, died on Nov. 25 at Oakton Pavilion. Mr. Tomaszewski was born Nov. 2, 1909 in Chicago. He was the husband of Gertrude, father of Geri (Raymond) Karwowski and Nancy (Bud) Barnes, grandfather of five. Funeral services were held Nov. 28 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

LaNelda I. Borman

LaNelda I. Borman, 79, of Niles, died on Nov. 21 at Evanston Hospital. Mrs. Borman was born July 24, 1915 in Detroit, Michigan. She was the wife of Harold H. Borman, sister of Penny (Walter) Shultz, grandmother of Nicole Shultz-Barker. Funeral services were held Nov. 26 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

Edmund Falk

Edmund Falk, 78, of Niles, died on Nov. 25 at home. Mr. Falk was born Sept. 3, 1916 in Chicago. He was the husband of Sylvia Falk. Funeral services were held Nov. 28 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery.

Henry Tesar

Henry Tesar, 92, of Niles, died on Nov. 26 at Valley Hi Nursing Home. Mr. Tesar was born June 16, 1902 in Austria. He was the husband of Rose, father of Ruth Wiegand. Funeral services were held Nov. 28 at Our Lady of Ransom Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

Eugene Joseph Manny

Eugene Joseph Manny, 66, of Niles, died on Nov. 27. Mr. Manny was born April 14, 1928 in Chicago. He was the father of George, Keith and Brett Manny. Funeral services were held Dec. 1 at Saint Stanislaus Koska Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Saint Adalbert Mausoleum.

Rose Cannizzo

Rose Cannizzo, 87, of Des Plaines, died on Nov. 20 at Holy Family Health Care. Mrs. Cannizzo was born Sept. 22, 1907 in Italy. She was the mother of Gregory (Anne Marie) Cannizzo and Joseph (Karin) Cannizzo, grandmother of Jennie (Richard) Obrey, Gregory R. (Linda) Cannizzo, Mary Jo, Ross, Paul and Roanna Cannizzo, great-grandmother of Zachary, Haley Kelsey, sister of Steve (Mary) Gagliardo. Funeral services were held Nov. 23 at Our Lady of Ransom Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Joseph Cemetery, River Grove.

Gabriel B. Ambrus

Gabriel B. Ambrus, 81, of Morton Grove, died on Nov. 22 in Morton Grove. He was the husband of Mildred, father of Gayle George, John, and Carol Schieren, grandfather of six, brother of William, Tom, and the late Mary and Margaret. Mr. Ambrus was a life member of First Catholic Slovak Union, Painters Union Local #194 and VFW Post #3854. Funeral services were held Nov. 25 at Simkins Funeral Home, Morton Grove. Interment was private.

Victoria V. Ilagan

Victoria V. Ilagan, 54, of Morton Grove, died on Nov. 22 at Rush Presbyterian St. Lukes Hospital. Miss Ilagan was born Nov. 2, 1940 in the Philippines. She was the sister of Rebecca Mendoza. Funeral services were held Nov. 26 at St. Isaac Jogues Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Montrose Cemetery, Chicago.

Patricia Rose Larimore

Patricia Rose Larimore, 61, of Schiller Park and formerly of Morton Grove, died on Nov. 23 at Resurrection Hospital, Chicago. She was the wife of Thomas Larimore, mother of Debbie Ristick, Theresa Friedman, Tamara Davis and Thomas Larimore, Jr., grandmother of two. Funeral services were held Nov. 26 at Simkins Funeral Home, Morton Grove. Interment was private.

Helene Ziegler

Helene Ziegler, 85, of Niles, died on Nov. 28. Mrs. Ziegler was born Nov. 14, 1909. She was the wife of Ray Ziegler, mother-in-law of Maureen Ziegler, grandmother of three, great-grandmother of five. Funeral services were held Dec. 1 at Skaja Terrace Funeral Home. Interment was in Eden Memorial Park Cemetery.

Lucille M. Zagors

Lucille M. Zagors, 85, of St. Petersburg, FL and formerly of Niles, died on Nov. 21. Mrs. Zagors was born Jan. 1, 1909 in Melford, Wisconsin. She was the wife of the late Edward, mother-in-law of Alice Zagors, grandmother of Kathleen (Vito) LoVerde, Debra (John) Heydt, Steven (Gina) Zagors, Mary Lou (James) Butler and Christopher Zagors, great-grandmother of nine. Funeral services were held Nov. 25 at St. Juliana Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Joseph Cemetery, River Grove.

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Line dancing at M.G. Synagogue

A Country-Western Line Dancing Night is being sponsored by Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, on Saturday, Dec. 10, at 8 p.m. with Bob Kaiser and Bonnie Brown. There will be food, soda, dancing, and fun. Everyone is welcome. Call the Synagogue for more information at 965-0900.

Schindler's List survivor to speak at Congregation Kol Emeth

Congregation Kol Emeth is proud to present Dr. Alexander B. White, who was saved from the Nazis by Oskar Schindler, as guest speaker at services on Friday evening, Dec. 9. Services will begin at 8 p.m.



Dr. Alexander B. White
For further information, call (708) 673-3370.

Congregation Kol Emeth is located at 5130 Touhy Avenue, Skokie, 1-1/2 blocks west of the Edens Expressway, Touhy Avenue Exit West.

All are invited to come to services and hear Dr. White, who speaks graphically and movingly of his experiences as one of whose life was saved because his name was included on the famed "Schindler's List."

Congregation Kol Emeth's spiritual leader is Rabbi Barry Schechter, and the President is Joyce Avers. An Oneg Shabbat with refreshments will follow services.

Holiday Bake Sale in Niles

The St. Haralambos Philoptochos Society of the Greek Orthodox Church of Niles, presents its annual Holiday Bake Sale, on Thursday and Friday, Dec. 15 and 16 from 9 a.m. to 6 p.m. in the Community Center, 7373 N. Caldwell Ave., Niles.

The "Holiday Bake Sale" will feature delicious, home-made Greek pastries such as Baklava, Diples, Kourambithes, Melomakarouna, Kataifi and Galaktoboureko, also the traditional Christmas breads. Join us for a pasty and coffee in our Coffee Shop, and take some delicious pastries home. A light lunch will also be available and served on both days. Call ahead to place your order and to arrange your pick-up if the above times are not convenient. Free admission and abundant parking.

For more information or to place your order, call the Church office, (708) 647-5880.

Service schedule released for M.G. Synagogue

Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, will hold its regular Friday Night Services at 8:15 p.m. on Friday, Dec. 9.

Congregants whose anniversaries fall during the months of November and December will be celebrated. Norman and Darlene Padnos will be sharing their experiences from their recent trip to Israel.

On Friday, Dec. 16, services will begin at 6:30 p.m. There will be a special 8:15 p.m. Friday Night Service on Dec. 23, geared to college-aged students, but all ages are invited to attend.

World-renowned Jewish storyteller, Syd Lieberman will be the guest speaker. With a fresh look at Jewish experiences, he can make one laugh and cry. This is a "must attend" service.

Rabbi Edward H. Feldheim will be conducting the services. On Saturday mornings, services begin at 9:30 a.m.



Comedy night at Temple Beth-El

Temple Beth-El cordially invites the community to attend "Taste of Beth-El and Comedy Night" featuring comedienne Caryn Bark to be held on Saturday, Dec. 10, 7 p.m., at Temple Beth-El, 3610 Dundee Road, Northbrook.

Caryn Bark, cited in USA Today as Chicago's top female comic, is a popular performer in all the best comedy clubs. Caryn has performed for HBO and Comedy Central and hosted the local cable show Anything Goes. Caryn currently is performing in her one woman show "Diary of a Skokie Girl."

Temple members will be bringing creative delicacies from appetizer to dessert for dinner and sharing the recipes. For additional information, call the Temple Beth-El at (708) 205-9982, weekdays.

St. John Lutheran Choirs present 'Night of Wonder'

The combined choirs of St. John Lutheran Church and School present "Night of Wonder" Sunday, Dec. 11 at the 8 a.m. and 10:30 a.m. services.

Follow the familiar Christmas story from Advent through the coming of the Wise Men as presented by the Handbell Choir, Adult Choir, School Choir, God's Messengers, and the Pre-Kindergarten/Kindergarten Choir.

This Christmas musical will be presented in the church sanctuary at St. John Lutheran Church, 7429 Milwaukee Avenue, Niles. Call (708) 647-9867, for more information.

Church & Temple News

Line dancing at the Synagogue

A Country-Western Line Dancing Night is being sponsored by Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, on Saturday, Dec. 10 at 8 p.m. with Bob Kaiser and Bonnie Brown.

There will be food, soda, dancing, and fun. Cost is \$15 per person. Everyone is welcome. Call the Synagogue for more information at 965-0900.

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MORTGAGE RATE DIRECTORY

The rates and terms listed above are subject to change without notice. Rates are updated each Thursday by 3 p.m. For the following weeks editions. These institutions are Illinois Residential Mortgage Licensees

INSTITUTION	LOAN TYPE	DOWN PAYMENT	TERM	RATE	POINTS	APR
AFFORDABLE MORTGAGE 950 N. Milwaukee #204 Glenview, IL 60025 (708) 298-9590 (Broker) Fast Approvals - 100% Equity Line	Fixed	5%	30	9.250	0.00%	
	Fixed	5%	15	8.875	0.00%	
	Arm	5%	3/3 Arm	8.375	0.00%	Conf/Jumbo
	Arm	10%	5/1 Arm	8.500	0.00%	Conf/Jumbo
	Arm	10%	1 Year	6.625	0.00%	Conf/Jumbo 5 Units & More & Commercial
Arm	20%	5/1 Year	9.375	1.50%		
FIRSTAR HOME MORTGAGE CORP. 1110 W. Lake Cook Rd., #130 Buffalo Grove, IL 60089 (708) 541-5444 (Lender)	Fixed	5%	30	9.500	0.00%	9.522
	Fixed	5%	15	9.125	0.00%	9.158
	Arm	10%	1 Year	6.625	0.25%	9.060
	Arm	10%	3/1 Year	7.750	0.25%	8.955
	Arm	10%	7/1 Year	8.750	0.25%	9.044
GLENVIEW STATE BANK 800 Waukegan Road Glenview, IL 60025 (708) 729-1900 (Lender) *Add 1/2 Point for Non-GSB Customers	Fixed	10%	30	9.750	*0.00%	
	Fixed	10%	20	9.625	*0.00%	
	Fixed	10%	10	9.250	*0.00%	
	Fixed	5%	30	9.250	0.00%	
	Fixed	5%	15	8.750	0.00%	
MAINE MORTGAGE CO. 430 Touhy Ave. Park Ridge, IL 60068 (708) 292-6500 (Broker)	Adjustable	10%	5/1 Arm	8.625	0.00%	
	Adjustable	10%	3/1 Arm	8.375	0.00%	
	Adjustable	10%	1 Year	6.625	0.00%	
	Adjustable	10%	1 Year	4.625	1.00%	
	Coft/Arm	10%				
NBD BANK One S. Northwest Hwy. Park Ridge, IL 60068 (708) 518-7100 (Lender)	Fixed	5%	15	9.125	0.00%	9.125
	Fixed	5%	30	9.375	0.00%	9.375
	Adjustable 7/1	5%	30	9.125	0.00%	9.340
	Adjustable 10/1	5%	30	9.375	0.00%	9.446
	Jumbo Fixed	10%	15	9.250	0.00%	9.250

Health News

IDPA terminates three Medicaid providers

The Illinois Department of Public Aid has dropped three Medicaid providers from the Medicaid program, announced Director Robert W. Wright.

Two have been terminated for being sanctioned by the U.S. Department of Health and Human Services for failure to repay education loans. They are Russell

St. Francis on Internet with Carter Center

Through a special partnership, the Congregational Nurse Program of St. Francis Hospital of Evanston and the Interfaith Health Program of the Carter Center of Emory University (President Jimmy Carter, Chairman) have created the Internetwork for Interfaith Health Practices (IHP-NET).

IHP-NET is an Internet forum for dialogue and resource sharing among poor professionals of all religious traditions, regarding the dynamic relationship between spirituality and health, especially its practical expression in the advancement of human wellness. This computer network allows subscribers to communicate by E-mail, exchange electronic data and conduct live discussions on a variety of faith and health issues.

In only the third week since its launch, IHP-NET has grown to more than 250 international members, including community and spiritual leaders, health care providers, health promoters, policy advocates, and educators from Hawaii to Australia.

Ras, D.D.S., of 6538 Joliet Rd., Countryside, and David Bailey, D.C., of 111 N. Wabash, Chicago.

Landsman Pharmacy, of 4000 W. Division, Chicago, was terminated following a field audit that found billings in excess of the pharmacy's inventory.

LGH Fitness Center offers massage therapy

Lutheran General Hospital (LGH) now offers massage services at its Fitness Center. Certified massage therapists, Michael Marlow and Leah Hake, have extensive training in Swedish massage, muscle therapy, sports massage, acupressure/energy based massage, orthobionomy massage (a form of massage which uses gentle positioning to move the body toward optimal comfort) and craniosacral therapy (a technique that supports cervical and spinal circulation to reduce headache pain and stress).

Sessions are open to the public with discounts for LGH Fitness Center members. Prices range from \$25 for 1/2 hour to \$45 for a full-hour massage.

To insure the best results from massage, each massage recipient is asked to fill out a form detailing his or her health history.

To schedule an appointment or to receive more information about massage therapy through LGH Fitness Center, call (708) 696-6138.

Puppeteer to perform at Leukemia Foundation meeting

A puppeteer performance will be featured at the meeting of the Solomon-Zeleneitz Memorial Chapter of the Leukemia Research Foundation, Saturday, Dec. 10, at 7:30 p.m. at the Bernard Horowitz L.C.C., 3003 W. Touhy, Room 346, Chicago.

The meeting is free and open to the public. For more information, contact Clara Benell, at (708) 677-2157.

Winter blood drive

Wright College will sponsor a winter blood drive on Wednesday, Dec. 14, from 9:30 a.m. till 2:30 p.m. in the North Campus Science Building, 4300 N. Narragansett Avenue. Community residents are encouraged to give the gift of life at this holiday season effort.

If you are at least 17-years-old, weigh more than 110lbs., and are healthy, call (312) 481-8143 to make an appointment TODAY with your name and telephone number.

Open and closed AA meetings

Alcoholics Anonymous meets every Saturday at 8 p.m. in Holy Family's cafeteria, located at the corner of Golf and River roads in Des Plaines.

Closed meetings are also held at Holy Family every Friday at 8:30 p.m. in the cafeteria. For more information, call the substance abuse program at (708) 298-9355.

Radiology and imaging facility opens at Res



Gregory Moss, M.D., Medical Director of Diagnostic Radiology (is pictured with the new fluoroscopy equipment in the new Radiology and Imaging Department at Resurrection Medical Center. With the use of fluoroscopy, which is x-ray in motion, the digital equipment takes and records images of the entire body.

A new Radiology facility opened Nov. 21 at Resurrection Medical Center, 7435 W. Talcott Ave., Chicago.

The \$6.2 million state-of-the-art facility, designed by the Chicago architectural firm Loeb, Schlossman and Hackl, Inc., consolidates the general and special areas of diagnostic radiology, which serve both inpatients and outpatients. The new facility includes an 8,350-square-foot one-story addition and an adjacent 5,600 square feet of renovated space in the south wing of the hospital. The newly constructed department connects the south wing of the hospital with the Resurrection Professional Building.

The entrance to the new facility is located in the connecting corridor on the ground floor between the Professional Building and the hospital. All outpatients arriving for radiology procedures register in this reception area. The reception area, beautifully decorated in wood tones, projects a warm and comfortable atmosphere for patients and their families. A central design element in the addition is a two-story glass atrium running approximately 50 feet along the main corridor where inpatients arrive from other areas of the hospital.

The new facility includes three general X-ray rooms, three fluoroscopy rooms and an angiography suite for vascular studies of the head and extremities. Digital computer equipment enhances diagnostic capability and improves productivity. Unlike conventional film/screen systems, the computerized system records an image onto a high-sensitivity

imaging plate. The image is scanned by a laser beam and transformed into digital signals, which can then be computer enhanced. Clerical areas, file rooms, the film library and radiologist's offices are also located in the new addition.

With the move to the new facility, all radiology and imaging services are more centrally located. Mammography, Magnetic Resonance Imaging (MRI), Nuclear Medicine, Ultrasound and CT are also on the ground floor of the medical center.

"The consolidation of the radiology areas allows for greater convenience, comfort and privacy for our patients," noted Sister Donna Marie, C.R., Executive Vice President and Chief Executive Officer of Resurrection Medical Center. "Creating an environment that shows how much we respect and care about our patients was the focal point in the design of this facility."

The patient centered department assures the privacy of each patient. Private registrar's office ensure confidential patient registration. In addition, separate men's and women's dressing and waiting rooms provide further comfort. Robes are provided for outpatients to wear to and from exam rooms.

Further expansion will include an additional room each for general radiology and fluoroscopy. Plans also call for the relocation of CT, Nuclear Medicine and Ultrasound to renovated space adjacent to the new area, further integrating the radiology and imaging department.

Dietitians give free answers to nutrition questions

Confused about how to eat for better health? No wonder. When today's news reports suddenly tell us not to trust foods we thought were healthful - or when food labels leave you wondering about ingredients, or exactly how much is in a gram - it's good to know the answers are just a toll-free phone call away.

The American Institute for Cancer Research Nutrition Hotline - (800) 843-8114 - is offered by the Institute as a public service. Any questions you may have about foods and how they affect your health are relayed to one of AICR's Registered Dietitians, who will research the answer and return your call within 48 hours. Along with the information they provide, hotline dietitians also give references to additional information sources (they are not able to give medical advice), and can send you free AICR information about eating for better health and lower cancer risk.

The Nutrition Hotline operates weekdays 9 a.m. to 5 p.m., Eastern time.

RELAX!

ADHD programs accommodate adults

Eight-year-old Johnny is in trouble again: disruptive and noisy in his classroom, he's also been involved in several playground fights since school started this fall.

His classmate, Jenny, isn't doing very well, either. Though she's as quiet as Johnny is boisterous, Jenny seldom finishes assignments and often is "miles away", lost in day-dreaming instead of listening to her teacher.

Though Johnny and Jenny are fictitious third-graders, they represent typical children with attention deficit hyperactivity disorder (ADHD). And their behavior demonstrates the markedly different ways that ADHD shows up in boys and girls. (Boys, for instance, are far likelier than girls to exhibit the hyperactivity component of the disorder.)

Those gender differences continue into adulthood. Though it once was commonly thought that most children with ADHD would "outgrow" the disorder, it's now known that thousands of adults continue to cope with ADHD -- and its effects in the lives of men and women are as different today as they were back in third grade.

Many adults have learned coping mechanisms without even realizing they are affected by ADHD, notes Charlotte Edwards, Psy.D., director of ADHD programs for Forest Health Systems. But the disorder creates a significant stress factor in their lives, none-the-less, because of poor concentration and a tendency to put off tasks, or leave them unfinished, while moving on to something else.

The characteristics of ADHD can interfere with any adult's ability to maintain satisfying work or personal relationships. Men, however, are more likely to recognize difficulties that occur within the framework of

Rush sponsors program on hearing

"Hearing: A Most Precious Sense," a program sponsored by Rush North Shore Medical Center, will be presented on Friday, Dec. 9, 10 a.m. at the Skokie Public Library, 5215 Oakton St., Skokie.

Alan Pollak, M.D., who specializes in ear, nose, throat/head and neck surgery, will be the speaker. Learn about screening and diagnostic techniques that are used during complete physical examinations, and how to protect or improve your hearing. There will be a discussion after the presentation.

The program is free of charge. For further information or to make a reservation, call the Rush North Shore Referral Line at (708) 933-6000.

Help for parents under stress

Being a parent is one of the toughest jobs in the world. Call the 24-hour Parental Stress Hotline, (312) 3-PARENTS, to talk over your frustrations or concerns with a trained volunteer who cares, or to obtain information on support groups and parenting skills classes. We understand and we can help!

their job performance. Though they may seem inattentive to family or friends, it's not the basis of their initial concern.

Most women, on the other hand, still feel a main responsibility for tending to the often mundane "hearth and home" issues, and keeping up family relationships and friendships. Though they are likely to experience the same impact of ADHD as men do in the workplace, they often are troubled by ADHD's effect on interpersonal relationships. For these reasons, Forest Health Systems offers separate ADD programs for men and women.

"Not only do they find a different balance in the problem of the disorder," said Dr. Edwards, "but men and women tend to want to explore things differently. Men are more likely to go at things in a very specific, goal-directed fashion, while women typically are very comfortable doing a little digging and exploring; they're more open to examining relationships and their roles in them."

"Providing separate forums for men and women accommodates those differences and helps to assure that everyone has the best chance to progress. Our participants, both men and women, report they find it to be a comfortable, effective approach," Dr. Edwards said.

Holy Family employee recognized

Jane Scarsi, RN, CDE, diabetes nurse clinician for the StableLives® diabetes management program at Holy Family Medical Center, was recognized at the second Annual Diabetes Educator Recognition Program in Indianapolis.

The goal of the program was to provide diabetes educators with important health care information regarding diabetes care.

Scarsi has been involved in diabetes education for six years, the last three as a diabetes nurse clinician. Along with being a certified diabetes educator, she is also a certified external insulin pump trainer.

The StableLives® program has been at Holy Family for six years and has attained recognition status by the American Diabetes Association.

Holy Family Medical Center, located at the corner of Golf and River roads in Des Plaines, is a member of the Rush System for Health.

Nutrition class offered by NOHA

Nutrition for Optimal Health Association, Inc. (NOHA) will host a nutritional class on Dec. 13 and 14.

Proteins and Amino Acids will illustrate how to balance these two important nutrients in one's daily diet. This class will be held on Tuesday, Dec. 13, 7 p.m., at Ann Sathers Restaurant, 929 W. Belmont, Chicago, and will be repeated on Wednesday, Dec. 14, 7 p.m., at the Wilmette Library, 1242 Wilmette Avenue, Wilmette.

For more information, call (708) 786-5326.

Stay Healthy!

New anti-epilepsy drugs under investigation

Researchers at the Rush Epilepsy Center are investigating the effectiveness of several new medications in the treatment of epilepsy.

Epilepsy is a neurological disorder characterized by sudden, brief attacks of altered consciousness, motor activity or sensory phenomena. Any recurrent seizure patterns is considered epilepsy.

Researchers at Rush are seeking volunteers who have a diagnosis of epilepsy to take part in the studies.

Patients involved in the study will receive free anti-epilepsy medication, comprehensive evaluations and ongoing support services throughout their participation.

For more information, contact Linda Smith at the Rush Neuroscience Institute, (312) 563-2030.

Understanding chest pain

If you were having chest pains, would you know for certain whether or not to be concerned? Mild, occasional chest pain is not uncommon, however, the location and type of pain may mean something more serious.

On Wednesday, Dec. 14, from 6 to 7 p.m., Northwestern Memorial Hospital cardiologist Dr. Mihai Gheorghideanu will discuss which chest pains are "normal" and which ones are cause for concern.

The cost of the class is \$10. Pre-registration is required. For more information, call Northwestern Memorial Hospital at (312) 908-8400.

Health News

Insurance Issues and Diabetes

"Insurance Issues and Diabetes," a lecture sponsored by Rush North Shore Medical Center, will be held on Tuesday, Dec. 13 at 7 p.m. in the medical center's Sharfstein Academic Center.

The lecture will be given by endocrinologist Alan Reich, M.D., who will discuss basic information regarding insurance issues for those with diabetes. A question and answer session will follow the lecture.

There is no charge to attend. For further information or to make a reservation, call the Rush North Shore Referral Line at (708) 933-6000.

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Women's News

State legislators to address JUF Women's Group

State Senator Grace Mary Stern (D-29) and State Representative Jan Schakowsky (D-18) will participate in a dialogue sponsored by the Business & Professional Women of the Jewish United Fund at the Harold Washington Library (400 S. State St., Chicago) on Tuesday, Dec. 13.

The evening will commence at 5:30 p.m. with cocktails and a light buffet supper, followed at 6:30 p.m. with the program featuring the five Illinois women legislators who are members of the Jewish Caucus in Springfield.

Appearing with Stern and Schakowsky will be State Representatives Lauren Beth Gash (D-60) and Carol Ronen (D-17), as well as State Representative-Elect Sara Feigenholz (D-12).

Admission is \$18. Funds will not be solicited. For tickets, call (312) 444-2835.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D024650 on November 10, 1994, under the Assumed Name of Niles Foot and Ankle Center with the place of business located at 8145 N. Milwaukee Ave., Niles, IL 60714. The true name (s) and residence address of owner(s) is: Paul A. Santangelo, D.P.M., 440 Pleasant Ln., Des Plaines, IL 60018.

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State's First Woman Agriculture Head

Protecting Illinois agriculture and its natural resources was the main focus when Rebecca Doyle was appointed by Governor Jim Edgar as director of the Illinois Department of Agriculture (IDOA) in January 1991.

That initial focus has expanded to include convincing the people of Illinois that the department serves more than farmers.

"People need to understand that the department serves the entire state, including urban areas," said Doyle, who was a farmer and small business owner prior to accepting her current appointment. Doyle, the state's first female director of the Department of Agriculture, has been acknowledged for her efforts to work with non-farm groups such as Leadership Illinois, a group of women who hold public and private leadership posts.

"I believe that if our agency is to achieve its purpose, and even more, to be effective, we must serve 100 percent of the state's population," she said.

Informing the public about the work of her department has broadened to include getting urban legislators interested in agriculture issues. "There is a geographic segment in the General Assembly who have a difficult time understanding why agriculture is so important," she said. "Yet we have a number of regulatory programs that benefit all consumers in the state."

Prioritizing promotion of Illinois food products is important for the public and for legislators. In addition, Doyle cites the importance of funding agriculture research which makes farm production more efficient and keeps food costs down, "thus benefiting urban low-income families."

Skokie woman named to Alzheimer's Board

Lesley Arshonsky of Skokie has been named to the Board of Directors of the Chicago Area Chapter of the Alzheimer's Association, a non-profit volunteer organization providing services to patients and families within Cook, DuPage, Kane and Lake Counties.

Arshonsky has been a volunteer with the chapter for the past decade, having served as vice president/development and most recently as vice president of patient and family services. She is the creator of the Alzheimer's Second Generation program and is currently completing her M.S. in Geriatric Counseling from National Louis University. Lesley is an Alzheimer's family member.

There are 100,000 people locally affected with Alzheimer's, and the mission of the Chicago Chapter is to help improve the quality of life for families and victims of the disease through a broad range of programs.

Services offered include a 24-hour telephone counseling referral service, 47 Family Support Groups, respite aide training programs and assistance for family members, and the Alzheimer's Family Care Center, the first day care center specifically created for Alzheimer's victims in Chicago.

For more information, call the Chicago Area Chapter of the Alzheimer's Association at (708) 933-1000.

Skokie woman receives highest award for geographic education

Barbara Winston, Ph.D., Chair, Geography and Environmental Studies and Professor of International/Intercultural Studies at Northeastern Illinois University in Chicago, received the George J. Miller Award, the highest honor given to an individual by the National Council for Geographic Education. The award is presented annually to one individual in the United States and Canada for outstanding achievement in geography education.

Winston, a Skokie woman, lectures at numerous schools, has consulted for corporations such as Encyclopaedia Britannica, and has organized various environmental conferences. She is a member of the Task Force on World Class Standards in Geography, the National Task Force on Geography Education Assessment, and directs the Summer Geography Institute for Teachers.

Winston received her Ph.D. from Northwestern University, her M.A.T. from Northeastern Illinois University, and her B.S. degree at the University of Illinois, Urbana.

Breast Cancer Prevention support group

A Support Group for Breast Cancer Prevention (Tamoxifen Trial Study), sponsored by the Women's Health Program of Rush North Shore Medical Center, will be held on Saturday, Dec. 10, from 10:30 a.m. until noon in the medical center's Sharfstein Academic Center.

The group is open to women in the study or considering entering the study because of high risk for breast cancer.

There is no charge. Reservations are required by calling (708) 933-6000 or (708) 272-4321.

Women in Management meet

The Northwest Suburban Chapter of Women in Management will be meeting for a luncheon/presentation on Friday, Dec. 16, at The Meadow Club, 2850 W. Golf Road, Rolling Meadows.

Networking will begin at 11:30 a.m. and lunch will be served at noon, followed by the presentation. The speaker will be Denise Kennedy. Ms. Kennedy will speak on ADVENTURE TRAVEL. She will share her travel experiences and travel tips to help get us through the holiday season.

Please contact F.I. Goldhaber for reservations by Dec. 13. She can be reached by phone at (708) 520-7746, or by fax at (708) 520-7876.

Welcome Baby

Mariah Shavon Winn was born on November 8 at Lutheran General Hospital. She weighed 7 lbs. 4 oz.

Parents are Shantell Winn and Bobby Harris of Wheeling.

Mariah has two brothers, Marcus and Allen.

Grandparent is Debra Winn of Wheeling.

Woman's Club set December meeting



Mary Ann Valenta, Membership Chair, installed Rose Degidio at the November meeting of The Woman's Club of Niles.

The Women's Club of Niles (GFWC IFWC, 10th District) will be holding their December meeting at the Trident Center, 8060 W. Oakton on Thursday, Dec. 15 at 7:30 p.m. The holiday festivities will include the Lynette School of Dance of Park Ridge. The project for the month of December is the annual food drive.

Chicago Bulls host Women's Basketball Clinic

Women who love the game, play the game or simply want to know more about the game of basketball will gather in the Regency Ballroom of the Hyatt Regency Chicago on Saturday, Dec. 17, from 1:30 to 3:30 p.m., for the Chicago Bulls 4th Annual Women's Basketball Clinic.

Women of all ages and basketball backgrounds will learn how to pass, dribble and shoot hoops with former Chicago Bulls players. Scheduled to attend are John Paxson and Bob Love, former Women's Professional Basketball player, Olympian and Hall of Famer, Carol "The Blaze" Blazowski, and Chicago Tribune sportswriter, Melissa Isaacson.

"We've had a terrific turnout every year we've sponsored the clinic," said John Paxson. "There are a lot of women out there who are Bulls fans and who just plain enjoy the game of basketball. It's fun for all of us," he said.

Admission is \$5 at the door with all proceeds benefiting CharitaBulls, the Chicago Bulls charity. Space is limited and admission is on a first-come, first-served basis.



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CJHS presents program at Chicago Historical Society

"Becoming American Women: Clothing and the Jewish Immigrant Experience" will be the topic of the next open meeting of the Chicago Jewish Historical Society on Dec. 11. The speaker will be Barbara A. Schreier, Ph.D., deputy director of the Chicago Historical Society, and curator for the CHS's exhibit of the same name.

Dr. Schreier's lecture will begin at 1 p.m. at the Society Conference Room at the Chicago Historical Society, Clark Street and North Avenue, Chicago. There is no charge for admission to the lecture and it is open to the public. Members of the Chicago Jewish Historical Society are welcome to tour the exhibit after the conclusion of the lecture at 1:45 p.m. for an admission fee.

Holy Family appoints new V.P. of Nursing

Holy Family Medical Center announces the appointment of Mary Beth Paulk, RN, as vice president of nursing.

Paulk, an Arlington Heights resident, has more than 25 years of nursing experience, 11 of which have been in nursing management. She has been with Holy Family since 1970.

Paulk received her nursing diploma with highest clinical honors from St. John's Hospital School of Nursing. She received her bachelor's and master's degrees from Roosevelt University in Chicago.

Previously, Paulk was the director of nursing for the medical center's 28-bed general medical/surgical pediatric unit as well as a 19-bed diabetes unit.

Early pregnancy class offered

Northwestern Memorial Hospital is offering a class for couples in the first five months of pregnancy. The class will take place on Thursday, Dec. 15, from 7 to 9 p.m.

The cost of this class is \$15 per family. Pre-registration is required. For more information, call Northwestern Memorial Hospital at (312) 908-8400.

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Police News

Handguns stolen; teens suspected

A 58-year-old Niles man told police Nov. 29 that two guns were missing from his home. The man said that he keeps the two handguns unloaded in a dresser drawer. He said he last saw them the first week of November.

There was no indication of forced entry or burglary at his home. The man said he has two 17-year-old children who deny knowledge of the whereabouts of the guns, but have friends over to whom they would have access to the weapons.

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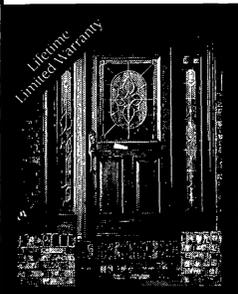


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Senior attempts suicide

A 68-year-old woman living in a nursing home was found in a deep sleep that she would not awake from Nov. 28. The paramedics were called and it was learned that medication belonging to the woman, who suffers from severe mood swings, was missing. The victim's son was contacted and said that his mother told him in a phone conversation Nov. 27 that she was going to end her life. The woman, who had good vital signs and was snoring, was transported to Lutheran General Hospital for treatment.

Purse snatched

A 35-year-old Niles woman was leaving an insurance company in the 7600 block of Milwaukee Dec. 1 when a man grabbed her purse. The victim said she was in the parking lot around 4:30 p.m. when the man ran past her and snatched her purse from her shoulder then fled by foot. The woman said she had numerous credit cards in her purse, along with \$900, her birth certificate and social security card.

Truant's parents issued a ticket

Police responded to a 911 call on Dec. 1 to find a 5-year-old alone in her Niles apartment. The child answered the door, but refused to allow the officers inside. A second floor tenant arrived and talked to the girl who continued to refuse the officers entry. The girl opened the door five minutes later and the officers learned that the girl was not in school and her parents' work numbers could not be located. The officers noted that the apartment was in order and the child appeared to be in good health. Niles Social Services were contacted and a representative, who later said the Department of Children and Family Services would be contacted, arrived on the scene. The mother of the child was issued a truancy ticket.

Underagers ticketed for entering bar

Two 20-year-old Glenview men and a 19-year-old Park Ridge male were issued tickets for entrance to a liquor establishment while under 21 Dec. 1. The three entered a bar in the 8000 block of Oakton just before 11 p.m. and walked directly to the bathroom. An employee soon heard a loud banging noise and went to investigate.

Speeder arrested for drunk driving

A Niles police officer observed a 24-year-old Chicago man traveling 72 m.p.h. in a 35 m.p.h. zone in the 8200 block of Milwaukee Dec. 4.

Upon pulling the driver over, the officer smelled a strong odor of alcohol on his breath. The subject was asked to perform field

Niles youth arrested for drunk driving

An officer saw a driver hit a curb then cross over the double yellow lines into oncoming traffic at 2 a.m. Dec. 4. The driver, a 21-year-old Niles man, smelled of alcohol and failed field sobriety tests. He was taken into custody and submitted

An evening on personal security

J. J. Bittenbinder, a well-known expert on crime prevention, will appear Tuesday, Dec. 13, at 7:30 p.m. at Lakeside Congregation, 1221 Lake Cook Road, Highland Park. The event is free and open to the public. With the Chicago Police Department in Chicago, Bittenbinder has interviewed more than

Assessor Hanrahan commends Officer Hennessey

Dear Chief Miller,
When I was a youngster, the neighborhood policeman could be seen generally making sure everything was safe and secure as he walked his beat. The other day, I happened to be coming from the

In the bathroom, one of the Glenview youths was repeatedly kicking the restroom divider. He was taken into custody and charged with criminal damage to property. Bond was set at \$1,000 and all three are scheduled to appear in court Jan. 19. Damage to the divider was estimated at \$250.

sobriety tests, which he failed, and was taken into custody. After registering a .24 on the breathalyzer, the offender was charged with a DUI, blood alcohol content over .10, speeding and no insurance. Bond was set at \$3,000 and a court date scheduled for Jan. 24.

1,000 people involved in street crime including offenders, victims and witnesses. He has developed a four-point plan of personal security and will share his knowledge of "tough target" tactics with the audience. For additional information, call the Lakeside office at (708) 432-7950.

bank in downtown Skokie and saw Officer Hennessey doing what a policeman of old used to do.

Then I remembered that Officer Hennessey had contacted the Niles Township Assessor's office several months ago. He alerted us to the fact that a very old person on his beat was in danger of losing her home. He thought that her property assessment was a large part of her problem. Since she had recently had surgery, my deputy and I visited her. I must admit that Officer Hennessey was right on target. We worked on her assessment and we were able to help her get a significant reduction. Assessor Hynes was also most helpful.

The moral of the story is, the perception of a good street cop is surely a wonderful thing to behold! Please include this letter of recommendation to Officer Hennessey's file. I believe his badge is #277.

Gratefully yours,
Robert P. Hanrahan
Niles Township Assessor

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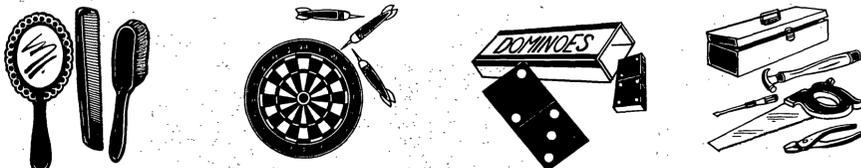
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HOLIDAY FESTIVITIES

Autographed memorabilia to be auctioned at benefit

The Make-A-Wish Foundation of Northern Illinois' Eighth Annual Celebrity Christmas Stocking Auction, scheduled for Dec. 13, will auction off hundreds of valuable items to the highest bidder.

From a Rolling Stone's autographed leather motorcycle jacket to an autographed Dwight Yoakum guitar, and a signed baseball by the "Big Hurt," this year's auction contains an enormous amount of autographed memorabilia from some of the biggest stars in the music, sports, entertainment and film industries. Funds raised from the event will go directly to fulfilling the favorite wishes of children who suffer from life-threatening illnesses.

Sponsored by Mobil, the Celebrity Christmas Stocking Auction will be held on Tuesday, Dec. 13 at Excalibur in Chicago, 632 N. Dearborn. Doors open at 6 p.m. for the silent auction, and continue at 7:45 p.m. with the live auction. Advanced ticket purchases may be made at the Make-A-Wish Foundation, 640 N. LaSalle St., Suite 289. For more information, call the Make-A-Wish office at (312) 943-8956.



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Annual Holiday Sale

Pantry needs donations to spread holiday cheer

Maine Township is seeking donations to its Emergency Food Pantry so needy area residents will have something to celebrate during the coming holidays.

The pantry distributes hundreds of food baskets to needy residents every Christmas. To do so, it needs to keep its shelves well stocked with a wide variety of canned goods and staples.

Right now, the following items are in especially short supply: canned meat products, including pork and beans, Spam and chili; spaghetti sauces; pasta; chunky soups; and fruit juices in non-breakable containers. The pantry also needs donations of turkeys, which will be stored in freezers until baskets are distributed.

The volunteer-run food pantry is open year-round to help residents in crisis situations. It is located at the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge. Donations from many individuals and community organizations, including the Park Ridge Human Needs Task Force, help the pantry keep its doors open throughout the year.

For more information, call the township's General Assistance Office at 297-2510, ext. 236.

Great gift giving idea

Do you have someone on your list that's really hard to buy for? Why not buy that person a Morton Grove Park District Gift Certificate. The Park District offers something for everyone from Ballroom Dance and Karate to Swimming and Aerobics. This gift certificate could also be used towards a Fitness Club Membership.

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Jin and Tang, Lincoln Park Zoo's baby snow leopards, make the purrfect holiday gift.

Here's a holiday gift that'll make you feel warm and fuzzy all over. Adopt one of Lincoln Park Zoo's baby snow leopards this holiday season and help support an endangered big cat.

For \$30, you'll receive a cuddly snow leopard plush with holiday bow, an official framed adoption certificate, fun facts about the snow leopard, an A.D.O.P.T. (Animals Depend on People Too) refrigerator magnet and a photo of your favorite snow leopard.

The zoo's snow leopard cubs, sisters Jin and Tang, were born on June 12 to 5-year-old Viet Yang. They are the 49th and 50th snow leopards born at the zoo since 1957, when the

Making it through the holiday season

With the holiday season lasting longer each year, more and more Americans are showing signs of holiday depression. Whether we realize it or not, the burdens we place upon ourselves during this time-idealized expectations, loneliness and financial stress-are taking their toll.

- O: Only do important stuff; choose the things you can do, and avoid the rest.
- L: Lessen the cost of gifts: Overspending is directly linked to holiday, and post-holiday sadness.
- I: Individualize: strive for gifts that are special to the person.
- D: Don't diet! Allow yourself to indulge in some of the holiday's goodies.
- A: Anniversaries: Remember a universal anniversary with any and all friendships.
- V: Yule feel better in January! Don't worry, it will all end soon enough.

CHRISTMAS GREETINGS FROM SANTA!

HOLIDAY FESTIVITIES

Holiday shopping causes foot problems

An impending disease outbreak that affects mostly women could reach epidemic proportions during the holidays. It's called Holiday Foot-itis, so-named by podiatrist Lawrence Rubin, DPM.

"The extra stress of shopping and cooking during the holidays causes a flare-up of foot problems that people ignore the rest of the year. Minor discomfort turns into major pain. Unfortunately for women, they are three times more likely to contract the affliction than men. They simply do more of the shopping, and many do it during or immediately after work while wearing high heels," said Dr. Rubin, president of Northbrook-based FootCare America Networks, Inc. (FCAN), a managed footwear firm which offers direct contact to local podiatrist offices through its toll free HelpLine 1-800-401-FEET (3338).

Holiday shows at Art Centre

Holiday spirit abounds at the Paramount Arts Centre! This season offers something for everyone with holiday offerings from such favorite performers as Roger Williams, Kathy Mattea and the Canadian Brass as well as the timeless classic "A Christmas Carol."

Opening the holiday season is the one and only Roger Williams, Saturday, Dec. 10 at 8 p.m. Hailed by Billboard Magazine as "America's No. 1 selling pianist in history," Williams has recorded an incredible 100 albums to his credit, including 17 gold albums.

Next, what would the holidays be without "A Christmas Carol?" Performing at the Paramount Sunday, Dec. 11 at 3 p.m., the Nebraska Theatre Caravan has toured nationally with their own musical version of the Dickens classic for 15 years and thousands of performances.

Reviewers across the country rave about the production. "The performance, along with rich and colorful scenery and period costuming all combined to create a Christmas flavor one could almost taste just by watching...and what a superior taste it was," says one critic.

Then in a very special holiday show, Grammy Award winner, Kathy Mattea sings holiday favorites from her "Good News" Christmas album as well as such favorites as "Walking Away a Winner" and "Eighteen Wheels and a Dozen Roses," Friday, Dec. 16 at 8 p.m.

Rounding out the season is the incomparable Canadian Brass, Saturday, Dec. 17 at 8 p.m. With their unique blend of virtuosity, spontaneity and humor, The Canadian Brass have paved the way for many other brass groups, but clearly, they remain in a class by themselves.

Tickets for all shows are available through the Paramount Arts Centre Box Office, 23 E. Galena Blvd. in Aurora, (708) 896-6666. Ticketmaster (312) 902-1500.

• Painful red, inflamed spots in the morning -- if the feet haven't recovered after a night's rest, the soreness will only get worse.

• A recurring stab of pain that shoots between the toes, numbness, and a burning sensation, which can be caused by an enlarged nerve between the toes that is often aggravated by long periods of standing or walking.

• Most of these problems are avoidable, and thankfully there's still time to take action before Holiday Foot-itis sets in," said Dr. Rubin. "People with minor foot problems should call the toll free HelpLine to find a podiatrist who can provide immediate 'comfort care' treatment. This helps avoid or ease discomfort until more permanent steps can be taken, after the holiday rush."

• In the meantime, Dr. Rubin offers the following tips for lessening the impact of Holiday Foot-itis:

- If heels must be worn, keep to those one inch or shorter, athletic shoes are preferable;
- Use lots of powder both in the shoe and in the foot part of hose to lessen rubbing;
- Change shoes during the day; shoes get moist and begin rubbing after long periods of wear.

• Slipping their heel or foot out of their shoe while standing at a check-out counter to relieve sore spots;

• Smashing down the backs of their shoes with their heels, basically making a closed shoe into a more comfortable open-back;

• Rolling their ankles outward, transferring weight off painful areas to the outsides of their shoes and feet;

ery and period costuming all combined to create a Christmas flavor one could almost taste just by watching...and what a superior taste it was," says one critic.

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• Use lots of powder both in the shoe and in the foot part of hose to lessen rubbing;

• Change shoes during the day; shoes get moist and begin rubbing after long periods of wear.

Society offers tips to keep animals healthy this season

The Anti-Cruelty Society wishes you and your pets a happy holiday season. With a few simple tips in mind, you can enjoy the holidays while protecting your pets from holiday hazards.

Make sure your Christmas tree is steady and secure so that it can't be knocked over. If you have anything other than plain water in the tree stand, cover it so that your dog or cat cannot drink it. Sharp pine needles, bits of broken ornaments and ornament hooks can cause intestinal as well as external injuries.

Make sure ornaments,insel, string or angel hair are out of reach of your curious pet, as swallowing any of these could result in serious abdominal distress. Keep open flames from candles away from pets.

If you have guests this holiday season, post a sign on both sides of your door so that everyone is careful to close it securely. A dog or cat can easily slip out and not be missed in the holiday confusion. Make sure your

animal is wearing up-to-date identification AT ALL TIMES. If your animal is especially agitated by strangers, noise, or activity, consider letting him stay in a quiet room in your house during the festivities.

The Anti-Cruelty Society strongly opposes giving animals as gifts. Having a companion animal means a daily commitment to that animal for its entire life (10-20 years). Becoming a companion animal guardian is a personal decision that should never be made by someone else. If you want to offer the companionship of a dog or cat to a friend, give a gift certificate from The Anti-Cruelty Society instead. Gift certificates are available at The Anti-Cruelty Society, 510 N. LaSalle Street, Chicago. The Society is open from noon to 5 p.m. seven days a week.

For more information about Anti-Cruelty Society programs and services, call (312) 644-8338.

Holiday Party set at animal shelter

Save-A-Pet will hold its annual Holiday Party on Dec. 10 and 11 from noon to 5 p.m. at the shelter at 2019 Rand Road in Palatine. Staff and volunteers will serve refreshments and answer questions concerning the dogs and cats in the shelter. Pets can also be adopted.

Everyone is welcome. It has long been the custom for guests to bring gifts of dog and cat food or other pet supplies. People who have adopted animals from the shelter often come with news and pictures of their pets and then stroll through the dog and cat areas.

Merchandise from the Save-A-Pet Thrift and Gift Shop in Skokie will be sold in one room, with items ranging from Holiday Cards to sweat shirts and other things. The Building Fund Committee will also have a table with their merchandise.

The Grand Holiday Raffle drawing will be held at 3 p.m. on Sunday. Winners need not be present. Raffle tickets may be bought at any time prior to the drawing.

From A Selection That Can't Be Beat!
A Gift For The Holidays!
Best Plants For The Price!
All Home Grown!
Poinsettia Plants \$2.49 & Up

ALSO:

- Christmas Greens
- Wreaths
- Garlin
- Hanging Baskets
- and MUCH MORE!

JAMAICAN GARDENS

CLOSED THANKSGIVING, CHRISTMAS & NEW YEAR'S DAY

MORTON GROVE
8509 Frontage Rd.
(708) 967-9360
Winter Hours:
Daily 9 - 5
Holiday Hours
From
Nov. 25th
Thurs. & Fri.
Evening
til
7 p.m.



GREEN OAKS
14595 W. Rockland
(708) 367-5570
Winter Hours:
Daily 9 - 5
Holiday Hours
From Nov. 25th
Thurs. & Fri.
Evening til 7 p.m.

HOLIDAY FESTIVITIES

Volunteers needed during the holidays

As the Christmas countdown begins, many people will soon be wading through crowded shopping malls and anxiously waiting in long lines to find that perfect gift. Unique gift can often be found during the holidays, and Contact Chicago is seeking volunteers interested in giving a gift of a different sort this season -- the gift of listening.

In preparation for the annual increase of people who need help during the holidays, Contact Chicago, a community help line, is searching to help staff its holiday programs. These programs include, "Yule Connection" and the "1994 Holiday Boutique."

In its 18th year, "Yule Connection" a free 24-hour, holiday help line -- will operate from Dec. 19 to

Jan. 1. The phone number is (312) 644-HELP. Contact Chicago will soon conduct training sessions for potential volunteers. During the training sessions, participants will learn how to become active listeners, respond to different situations, and access various resources.

"While training equips our volunteers to handle each caller's problems, many say it improves their relations with customers and co-workers in their work places," said Debra Berger, executive director of Contact Chicago. "It's a great way to give back to the community during the holidays."

After completing a six-hour training session, volunteers will field calls from people who have problems that include domestic violence, drug abuse, hunger, and homelessness. Training sessions for "Yule Connection" will be at locations in downtown Chicago and in suburban LaGrange.

For more information about training sessions, volunteer opportunities, and donations, call (312) 644-4900.

Winter holiday programming

The Skokie Park District is offering several programs during the school holidays for children, ranging from all day care to Mini-Sports Camp. Registration is currently in progress, but openings remain. Call 674-1500, for information regarding these programs.

Channel 2 teams up with Salvation Army



This year, Channel 2 is partnering with the Salvation Army to support the 1994 Tree of Lights Campaign Angel Tree program. The program ensures that every child has a gift for the holiday season. Showing off the "angels" on the Channel 2 tree are station Vice President and General Manager Bob McGann and Salvation Army representative Carol Hodgson, along with (left to right) eight-year-old Karan Miller, eleven-year-old Nathan Miller, and ten-year-old Jason Ferguson.

As a trusted friend for decades, the Salvation Army is on the front line battling homelessness, hunger, drug and alcohol abuse, child abuse and many other ills. This year, Channel 2 is partnering with the Salvation Army to support those in need through the 1994 Tree of Lights campaign.

To ensure every child has a gift for the holiday season, the Salvation Army has created the Angel Tree Program. Special Angel Trees decorated with paper angels noting the size of a boy or girl, as well as an item to be purchased, are located at: Randhurst Mall, 999 N. Elmhurst Rd., Mt. Prospect; Sandox Crop Protection, 1300 E. Touhy, Des Plaines; and Amerihost, 2400 E. Devon Ave., Des Plaines.

Venture stores locations include: 8500 W. Golf Road, Niles and 9449 Skokie Blvd., Skokie.

Clean coats for Christmas

Local businessmen Harold Steinman, owner of Murray Cleaners (a dry-cleaners at 7166 Dempster, Morton Grove and 1335 Dempster, Park Ridge) recently contacted The Salvation Army Headquarters with an offer to help the homeless by providing used coats which his dry-cleaners will collect and clean for the organization.

The Clean Coats for Christmas collection will be conducted through Dec. 20. During that period donors need only drop-off any usable winter coats at either Murray's shop. Murray's will clean the coats and turn them over to The Salvation Army for distribution before Christmas.

Robert Bonesteel, Salvation Army communications and PR director, who has coordinated a number of coats drives, said "We are pleased to see Murray's join the Clean Coats for Christmas project. Last year, Signature Cleaners in Chicago started the project and collected more than 200 coats, providing crucial assistance for homeless adults and children."

"We hope Murray's has the same success," Bonesteel said. "We are grateful for any usable donation that can help the less fortunate, but being able to save the expense of cleaning the garments is really great. When we give out clothing, it is our desire to uplift people. A clean garment is pretty important to that end. Last year one lady came into one of our clothing pantries with a couple of children in tattered coats. What a joy to see her leave with her kids better protected."

The Salvation Army hopes local areas residents will take advantage of this business-sponsored community service project.

FEET HURT?

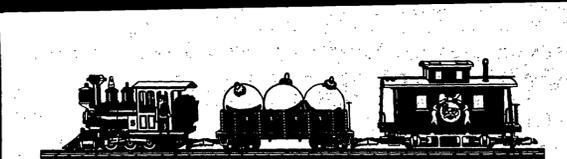
- ARTHRITIS
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- DIABETES
- EDEMA
- BUNIONS
- GOUT
- SWOLLEN FEET
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THEN STEP INTO COMFORT WITH XTRA DEPTH® MEN'S & WOMEN'S SHOES!



OPEN EVERY SUNDAY TILL CHRISTMAS
SERVING YOU FOR OVER 70 YEARS
SQUARE DEAL SHOES
"Your Family Shoe Store"
1516 Miner St., Downtown Des Plaines 824-5262
Mon-Thurs. 9-9, Tues.-Wed. Sat. 9-5-30
Park in the Plaza at Back Door

AT HOME FOR THE HOLIDAYS.



\$169.95 ORNAMENT EXPRESS
Complete and Ready-To-Run Train Set

Ho, ho, ho! All aboard the Ornament Express this Christmas for an unforgettable holiday adventure. Decked out in bright red and green, it's the perfect train for under the tree. The highly detailed locomotive with operating headlight has real brass wheels and other accents. Three removable ornaments are cradled in the wood-sided gondola. A festive caboose brings up the rear. Even Santa Claus is along for the ride.

And because it's a Lionel, the Ornament Express will thrill the young at heart for many holidays to come. Ride the magic rails today!



TRAINS & TOYS of YESTERDAY

7923 W. Golf Road (Highland Square Mall) Morton Grove-Niles area
Hours:
Mon. & Thurs. 10-9
Tues., Wed., Fri., 10-6 Sat. 9-5
(708) 470-9500

HOLIDAY FESTIVITIES

OMNI Superstores participating in toy drive

OMNI Superstore/Discount Food and Drugs is participating in Toys for Tots campaign sponsored annually by the U. S. Marine Corps Reserves and Pepsi-Cola.

Through Dec. 19, every OMNI store will have a collection barrel for shoppers to donate new or like-new toys. All donated toys go to the Marine Corps Reserves, who will distribute them to needy children in the Chicago area.

James S. DiMatteo, chief executive officer, stated: "All of us at OMNI are very proud to support this year's Toys for Tots drive. We invite everyone to stop at their local OMNI Superstore, drop a toy in the collection barrel and help make the holidays a little more joyful for a great many children."

Season's Treatings at Old Orchard

Chestnuts roasting on an open fire add excitement and a nostalgic touch to the holiday spirit at Old Orchard Center, Saturdays, Dec. 10 and 17 between noon and 3 p.m. on the Fountain Court (North side of the mall) and the Garden Court (South side of the mall).

True to tradition, the chestnuts are hand roasted from an old-fashioned rolling cart. Enjoy the hot nutty morsels in the mall while you hear renditions of favorite tunes sung by the Holiday Harmony Strolling Carolers. As an added treat, Santa will be visiting on both afternoons.

Old Orchard Center is located at Skokie Boulevard and Old Orchard Road, just east of the Edens Expressway in Skokie.

License required for sale of Christmas trees

Anyone wishing to sell Christmas trees in Illinois must have either a nursery dealer's license or a nurseryman's certificate, said Warren Goetsch, chief of the Illinois Department of Agriculture's Bureau of Environmental Programs.

"Lawmakers passed the licensing requirement in 1993 to help prevent spread of pests and diseases damaging to Illinois' nursery industry," Goetsch said. "The law benefits all of us by helping ensure the plants you buy are free of insects and diseases."

People who buy Christmas trees from a grower for resale must have a dealer's license and pay a \$15 fee per selling location. Agriculture Department inspectors will check sales sites for licensure and to ensure the trees harbor no damaging insects and diseases.

Nurserymen must have their production fields inspected annually by a Department of Agriculture official to ensure their stock

Don't let the holidays stress you out

The holidays are here. It's a time for shopping, for family gatherings...and for stressful situations.

Stress is the bodily or mental tension that results from a person's response to physical, chemical or emotional factors. Stress can be physical as well as mental. Everybody feels stress at different times, in different amounts and with different reactions.

Researchers don't yet know the role that stress plays in the development of heart disease. That's why the American Heart Association says more study is needed on the subject.

In the meantime, however, here are 10 positive ways of dealing with stress during the holidays and during the rest of the year. These tips are particularly helpful if you become irritated and hostile when experiencing stress and impatience.

1. Take a serious look at the demands you are placing on yourself.
2. Consider delegating or delegating some of the activities you've accumulated. Delegating responsibilities gives others a chance and takes you off the hook.
3. Schedule with the real world in mind--not the world as you'd like it to be.
4. Take an inventory of your support. If you don't have someone to turn to for emotional support, devote some time and energy into developing your support by reaching out to others.
5. Identify hostility-provoking situations and be on guard--you may be at high risk when you're in these situations.
6. Place yourself in situations that tend to trigger your anger and then practice not getting angry.
7. Drive in the slow lane or get into the longest lines to practice positive coping rather than becoming angry.
8. Try to control anger and make conscious decisions about whether or not it is worth the cost to your health.
9. Don't turn to unhealthy habits to handle the stress such as drinking alcohol, smoking and overeating.
10. Develop positive strategies for coping with stress including brisk walking, relaxation, humor and keeping events in their proper perspective.

Passages lecturer discusses the holidays

Licensed Social Worker Maryann Maniack, MSW, presents a discussion entitled The Holidays: Festival of Meaning as part of the Passages Lecture Series on Tuesday, Dec. 13 from 1 to 2:30 p.m. in Room 112 at Oakton's Ray Harstein Campus, 7701 N. Lincoln Ave., Skokie. Admission is free.

Maniack will show participants how to allow the season to become a festival of celebration instead of dwelling on the losses of childhood and loved ones missed. For more information on the lecture, call (708) 635-1414.

Local carolling groups delight shoppers at HIP

Harlem Irving Plaza is hosting several area carolling groups during the holidays. The groups will be entertaining shoppers in the Plaza's Carson's Court through Dec. 20. The center is located at Harlem Avenue, Irving Park Road and Forest Preserve Drive.

"The joy of holiday cheer is appreciated this time of year," stated Randy Klocke, member of the Board of Directors of the Harlem Irving Plaza Merchant's Association, and store manager of Woman's World. "The sound of live holiday music fills the mall with a warm, joyous feeling," added Klocke.

YOU'RE INVITED TO OUR STOREWIDE HOLIDAY SALE!

20% TO 33% OFF

- MOST WATCHES • ALL GOLD JEWELRY
- ALL DIAMONDS • ALL PEARL JEWELRY
- ALL COLORED GEMSTONES

As we begin our 20th year... we would like to take this opportunity to thank our many loyal customers for their continued patronage and wish to extend to them and their families a healthy, bright and prosperous holiday season. As in the past, we will continue to serve you and our community with the finest merchandise available so that you may continue to buy with confidence.

The Candlelight Family

FOR THIS HOLIDAY SEASON AND OTHER JOYOUS OCCASIONS... BUY YOUR JEWELRY FROM SOMEONE YOU KNOW AND CAN TRUST!

M-F 10AM-8PM
SAT. 10AM-5PM
SUN. 11AM-5PM

CANDLELIGHT JEWELERS

7900 N. MILWAUKEE AVENUE • NILES • IN OAK MILL MALL

HOLIDAY FESTIVITIES

Creating family holiday traditions

Come the holidays, the "peace on earth" concept sometimes frays in households where cultures and traditions compete because of blended stepfamilies or interfaith marriages.

But a reasoned approach, larded with a healthy respect for other ways of doing things, can help families develop a meaningful holiday observance that represents the best of everyone's heritage.

That's the advice of Alan Weintraub, L.S.W., program director, Forest Outpatient Clinic and Chet Mirman, Ph.D., co-director of the Center for Divorce Recovery at Forest Hospital.

"I've seen families that let

Niles North band presents Holiday Concert

Musicians from the Niles North High School band will perform in a free holiday music concert at 7:30 p.m. Thursday, Dec. 15 in the auditorium of Niles North High School, 9800 Lawler Avenue in Skokie. Members of the beginning band, the concert band and the symphonic wind ensemble will be featured.

The beginning band, conducted by Niles North band director Elton Eisele, will open the pro-

Mark Twain School presents 'Joyful Jingles'

The students at Mark Twain Elementary School in Niles would like to invite everyone to take a break from their holiday shopping and join them as they perform their winter show "Joyful Jingles" at Apollo School located at 10100 Des Road in Des Plaines. The Dec. 14 performance will be held in the Spectator Gym at 7:30 p.m. Admission is free.

The Mark Twain Chorus is comprised of fourth, fifth, and

mine-versus-yours battles tear them apart at the holidays," Weintraub said. "It's tragic, because families are missing the opportunity to create a celebration that reflects who they are as a family. Over time, this 'new' way of doing things can become yet another treasured tradition that's handed down for generations."

Learning about and respecting the holiday observances or beliefs of your spouse, in-laws or other members of your stepfamily pays dividends.

"When other members of the family take the trouble to understand who you are and where you're coming from, it's comforting," Mirman said. "Once that

begins, it's easier to bridge the differences."

Trying to merge new ways into old can be complicated, of course, especially in traditional families where a new recipe for pumpkin pie is seen as a travesty.

But complicated doesn't mean unsurmountable, says Mirman.

Just acknowledging that there's conflict is progress," he said. "Once you label something, you can begin to talk about it as a family and work towards solutions."

Flexibility, rather than hard and fast rules, is the key. One family may be able to fit together pieces of tradition jigsaw-style to produce a seamless and personalized celebration, while another may agree to alternate full-scale annual observances— even years are "your way," odd years are "our way."

What's important is not how the holidays are structured, but that they're created as part of a family effort.

"Our children learn from us," Weintraub said. "Often, they're confused and have no central idea of what the holidays are about. We can either tear them apart with dissension or give them security and traditions that they can pass down to their children."

The Bog Theatre celebrates the holiday season with a "Do-It-Yourself-Messiah" performance on Tuesday, Dec. 20, at 8 p.m. Singers and music fans alike are invited to participate in this performance of Handel's classic at the theater, 620 Lee St., in Des Plaines.

Admission is by donation. Seats are available for a fee. For more information, call The Bog Theatre box office at (708) 296-0622.

Season's Greetings

Create a holiday gingerbread treat

What is colorful, fun, creative and tastes good, too?

How about the gingerbread house you will design and create at the Northbrook Park District Gingerbread Workshop? Children, ages 6-12, are invited to share this holiday workshop on Sunday, Dec. 17, to transform gingerbread, icing and a colorful assortment of candies into the most remarkable, delicious house you've ever seen.

This session lasts from noon to 1:30 p.m. at the Lalesure Center, 3323 Walters Ave. Supplies are included, so hurry to register. This fun-filled family class will fill quickly. Registration is being accepted at 1730 Pfingsten Rd., or at 1810 Walters Ave.

Annual all church Christmas celebration

The Annual All Church Christmas Celebration will be held Sunday, Dec. 11 at 6:30 p.m. at Morton Grove Community Church, 8944 Austin Ave.

Many of the cast of this year's program "Memories and Traditions of the Morton Grove Community Church" written by Deb Rodeghero, are very personable puppets. These puppets making their debut are the result of workshops that were open to interested sewers and crafters in the church.

Leon Pech, on staff at the church as student assistant, led the workshops on the puppets construction.

Members of all ages are participating in the event. Story teller Joyce Sienkowski is performing along with the adult and children's choir to make this one of the best celebrations ever. Refreshments will be served in the church parlor following the program. The community is welcome to attend. The church's phone number is 965-2982.

Cookie Club to make snowmen

The Skokie Park District's Cookie Club on Dec. 14 will meet and create snowmen and snowflakes. Children ages 4-9 years are welcome to join the park district in creating the cookies of their dreams, while your kitchen stays clean. The fee for the program is \$7 for residents. Call 674-1511, for registration information.

Carvey, Bonaduce to perform on New Year's Eve

Pheasant Run Resort, in St. Charles, is thrilled to announce that Dana Carvey will be performing in the Mega Center on New Year's Eve for one show at 10:30 p.m. The show is scheduled to end at midnight when Carvey will count down into 1995 with the audience.

Opening for Carvey is Chicago's own Danny Bonaduce.

"Danny was a big success last year, he knows how to put everyone in the mood to have a fantastic time and celebrate the New Year," said Diana Martinez, Director of Entertainment.

The resort is planning to have one of the biggest New Years celebrations in the Chicago area, with four simultaneous open bar parties until 3 a.m. in the resort following the concert. Bands contracted to appear include: Danny Bonaduce's House Band "The Critics" performing in the New Orleans Ballroom. Performing in the St. Charles Ballroom will be "The Pete Fleming Orchestra" known for their brass section and high energy.

Pheasant Run Resort promises this New Year's Eve to be their most exciting New Year's event to date. The Resort is offering a variety of packages including dinner, overnight, and party packages. Tickets and packages are now on sale. For further information on this event, call Pheasant Run Resort at (708) 584-6300.

Cookie Club to make snowmen

The Skokie Park District's Cookie Club on Dec. 14 will meet and create snowmen and snowflakes. Children ages 4-9 years are welcome to join the park district in creating the cookies of their dreams, while your kitchen stays clean. The fee for the program is \$7 for residents. Call 674-1511, for registration information.

Divorced spouses can count on Social Security

It's a sad fact of life that there are almost as many divorces as marriages each year. But if you're divorced or about to be divorced, you should be aware that the end of your marriage usually doesn't mean the end of your eligibility for Social Security Benefits on your ex-spouse's work record.

As a general rule, if your marriage lasted at least 10 years and you're not currently married and your own retirement benefit isn't higher than the amount you would be entitled to based on your spouse's benefit, you'll be able to get a spouse's or widow (er)'s benefit when you meet the other eligibility requirements.

Before you can be eligible for a divorced spouse's benefit, your former husband or wife must be receiving Social Security retirement or disability benefits. An exception to this rule is if your ex-spouse is age 62 or older and eligible for retirement benefits, but not actually receiving them, you can be paid a spouse's benefit if you've been divorced for 2 years or more.

If your former husband or wife meets the rules outlined above you'll qualify for benefits as a divorced spouse if:

- you're age 62 or older;
- you were married to your ex-

spouse for at least 10 years; and

- you're currently unmarried.

Divorced Widows and Widowers

If your former husband or wife is deceased, you could be eligible for benefits on his or her Social Security record if you meet one of these age requirements:

- you're 60 or older; or
- you're 50 or older and disabled; or
- you're any age and caring for your former spouse's child who is under 16 or who has a disability that started before his or her 22nd birthday.

In addition to the age requirement, you must have been married at least 10 years if you are age 60 or older or 50 or older and disabled, and you must be currently unmarried. Widows and widowers who remarry after age 60 (or disabled widows and widowers who remarry after age 50) maintain their eligibility for benefits on their former spouse's Social Security record.

If you have questions concerning benefits payable to divorced spouses and widows (ers), call Social Security's toll-free number, 1 (800) 772-1213, any business day between 7 a.m. and 7 p.m. It's best to call toward the end of the week and in the latter part of the month.

DECEMBER TOGETHER SINGLES PRODUCTIONS

Together Singles Productions, an event service and multifaceted social club, including a live events hotline for Chicago's singles. Events are scheduled throughout the year, almost every day, including theater, dances, socials, trips, charity benefits and more. Membership is \$35 semi-annually. For membership information call (312) 661-1976.

EVERY THURSDAY PREFERRED SINGLES

Preferred Singles (45-60) meet every Thursday night at 7:30 in Glenview for discussion and fun. Call Carol 296-9222 evenings or 674-1617 for the groups latest activity.

TUESDAYS SIZZLING SINGLES COFFEEHOUSE

Sizzling Singles Coffeehouse "A New Concept For Singles" at Starbucks (Sanders & Dundee) Northbrook. Join us for a comfortable setting to meet and greet new friends. Tuesdays, 7:30-10 p.m., \$5, complimentary coffee & pastry. For information call 559-1984.

TUESDAYS H.O.P.E. SUPPORT GROUP

H.O.P.E. is currently forming a support group for separated, divorced, and widowed adults over 40. Meetings are held twice a month on Tuesdays at 7:30 p.m. in Skokie. For information, call (312) 528-2408.

DECEMBER 9 O.L.P.H. PHOENIX SUPPORT GROUP

Our Lady of Perpetual Help Phoenix Support Group for the divorced, separated, and widowed invites you to attend their mas holiday dance on Friday, Dec. 9 at 7:30 p.m. (cash bar). The place is St. Catherine Labouré, 3425 Thornwood, Glenview. Directions: Lake Avenue to Greenwood - north to Thornwood (look for St. Catherine sign) - left 2 blocks to lot-park on south end. Music: 8 p.m. to 11 p.m., featuring Walter Flechsig's Dance Band. Donation: \$12 in advance and \$15 at the door. Send reservations to Sue Sullivan (make checks payable to O.L.P.H. Phoenix) 403 Third St., Wilmette, IL 60091.

DECEMBER 9 AWARE SINGLES and CHICAGOLAND SINGLES

The Chicagoland Singles Association and the Aware Singles Group will sponsor a combined dance at 8 p.m. on Friday, Dec. 9, at the Holiday Inn Glen Ellyn, 1250 Roosevelt Rd., Glen Ellyn. Music will be provided by Music Makers. All singles are invited. Admission is \$5. For more information, call Aware at (708) 632-9600 or Chicagoland Singles at (312) 545-1515.

DECEMBER 10 NORTH SHORE JEWISH SINGLES 45+

Join with the North Shore Jewish Singles on Saturday, Dec. 10 for dinner and dancing. For more information call Dee (708) 498-2534.

DECEMBER 11 SIZZLING SINGLES

Sizzling Singles (ages 30+), the biggest and best singles party in Chicago, welcomes you each Sunday at 7 p.m. for an evening of good music, fun and delicious food, at Hyatt Deerfield, Lake-Cook & 294, Deerfield, IL. \$8 admission. For information call (708) 945-3400.

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Program on award winning photographs at D.P. Camera Club

On Monday, Dec. 12, the Des Plaines Camera Club will enjoy photographic selections of award-winning published photographs presented by Earl and Betty Kubis, Chicago area photographers from Downers Grove.

A short business meeting will begin at 7:30 p.m. prior to the evenings special program. The Club meets regularly on the second and fourth Monday of each month, September through May with an Awards Banquet held in May. Field Trips are planned as announced. Recently, a group went down to Chicago's Lakefront to photograph the sunrise at 6:40 a.m.

November's Print-of-the-Month was captured by President Jerry Hug. Receiving Awards were George Keller for a Monochrome print, Jerry Hug for a large Monochrome print; Helen Beck, Carole Swiderski, George Keller and Evalyn Mikes for small Color prints; and Ernie Stolle for a large Color print. Honorable Mentions were given to Jerry Peterson and Jerry Hug for small Monochrome prints; and Jerry Hug for a large Monochrome print; to Joe Bagdonias, Tom Chikulas and Ernie Stolle for Color prints.

November's Slide-of-the-Month was awarded to Simone Paul. Awards were given to Er-



Township works to assure emergency readiness



Maine Township Supervisor Mark Thompson (right) talks with Allen Graber, director of the township's Emergency Management Agency (EMA), during a recent open house at the North Maine Fire Protection District in Des Plaines. The township EMA works with North Maine and many other area agencies to develop disaster preparedness and response plans for the region.

Niles residents display crafts

Tom Suh and Judith Tancredi of Niles will be displaying their handmade crafts at the craft and art fair on Dec. 9, 10 & 11, at Harper College, Building M, on the corner of Algonquin & Roselle Rds. in Palatine. Show hours are Friday from 5 to 9 p.m., Saturday, from 10 a.m. to 5 p.m., and Sunday, from 11 a.m. to 4 p.m.

There will be a wide variety of crafts displayed at the show including porcelain dolls, hand-painted adult & children's clothing, birdhouses, floral arrangements, stained glass, wood shelves, pillow quilts, soft sculpture, decorative eggs, wood miniatures, jewelry, American Girl doll clothing, Barbie doll fashions, gourmet foods, calligraphy, theorem paintings, fretwork, ornaments, hair fashions, goose clothing, cross stitch, wa-

tercolor paintings, and blown glass. 200 exhibitors from a six state area will be displaying their wares.

From Berlin Center, Ohio, Barbara Scott will be displaying her handpainted women's clothing. From Wisconsin, crafters will bring ceramics, wood, fretwork, watercolor paintings, stained glass, clothing, and jewelry. The Indiana crafters will be bringing homemade candy, rag rugs, jewelry, soft sculpture, wood miniatures, and decorative eggs. From Iowa, crafters will be displaying wood jewelry, decorative wood, dolls and wood fence post figures. From Grandville, Michigan, Karen Deckrow will be bringing her appliqued sweatshirts.

For more information, call Karen Yackley at (708) 231-8644.

Maine South Vocal Ensemble to play for the DAR

The 1994 holidays will begin in a festive manner on Dec. 14 when the Twenty-First Star Chapter, National Society Daughters of the American Revolution, welcome the Maine South Vocal Jazz Ensemble and their director David Dankwart to their meeting. Luncheon will begin at 11:30 a.m. at the Park Ridge Country Club, 636 N. Prospect Ave. The program will begin at 1 p.m. Hostesses for the day are Martha Bobel, Bettie Dwinell, Josephine Vogel and Mary Redmann, Chairman.

The Maine South Vocal Jazz Ensemble under the direction of David Dankwart is the only audition group at Maine South High School. It is composed of 28 students who are the "cream

of the crop" practicing after school for 25 minutes each day. Dankwart started this special vocal group after joining the staff at Maine South several years ago.

Women in the northwest suburban area who are interested in membership in the National Society Daughters of the American Revolution and are able to prove direct descent from one who served in the American Revolution should contact Betty Borman at 692-6279.

Janis Patnke, Chapter DAR Genealogy Decent, offers assistance to people tracking their family tree on the third Thursday of each month at the Park Ridge Library from 9 a.m. until noon, September through May.

Informational session on Israeli trip set

Those interested in Middle-East travel are invited to attend an informational session about a very special trip to Israel. Ellen and Michael Steinberg will lead the Jewish United Fund's "Chevra 1995 Mission to Israel." The seven-day trip will run from Feb. 13 to 20. "Chevra" is Hebrew for "circle of friends."

The sessions will be held at the Jewish Federation of Metropolitan Chicago, 1 South Franklin, at 5:30 p.m. on Monday Dec. 12.

The mission is designed to appeal to both first-time and regular visitors. Beyond touring many popular sites, the mission offers a chance to mingle with Israelis, a tour of the Golan Heights, and an

optional two-day extension in Jordan. Further extensions are available as well.

For more information, call Tobit Kelmer, Jewish United Fund's Director of Missions, at 444-2909.

Mario J. Scaduto

Navy Petty Officer 2nd Class Mario J. Scaduto, son of Laura M. Scaduto of Des Plaines, recently returned to the Persian Gulf aboard the aircraft carrier USS George Washington in response to yet another crisis in Iraq.

Scaduto joined the Navy in July 1991.

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RETIREMENT HOME AND NURSING HOME GUIDE



An Informational Guide on Retirement Living, Facilities and Extended Care

Township presents an old-fashioned Christmas

The holidays will arrive early for members of Maine Township's Options 55 and One + Options when both groups travel to Fort Atkinson, Wis., to enjoy "An Old-Fashioned Family Christmas."

The outing is scheduled for Sunday, Dec. 18. A motor coach will leave at 8:30 a.m. from Maine Township Town Hall, 1700 Ballard Road, Park Ridge, and will return at about 6:30 p.m.

"An Old-Fashioned Family Christmas," a production of the Fireside Dinner Theater, features classic holiday songs, lavish costumes, lively dances and comedy.

Before the show, guests will be able to enjoy a Sunday brunch. On the menu are tropical fruit salad, fresh-baked danish pastries, coffee cake, muffins and bread;

poached or scrambled eggs; chicken breast tempura; beef tenderloin; shrimp and scallops; scampi with pasta; pepper-crusted spring lamb patties; Maryland seafood cakes; apple fritters with warm maple syrup; hash browns; stir-fried garden vegetables; a holiday truffle tree; and Kona coffee, tea or milk.

For more information, call Barb Koss in Maine Township's Adult & Senior Services Department at 297-2510, ext. 240 or 252.

Community volunteers needed

There are over 400,000 older adults in Cook County communities, and more than 80,000 need assistance to access services and to overcome barriers while they remain in their homes.

The American Association of Retired Persons (AARP) and the Suburban Area Agency on Aging (Suburban AAA) seek volunteers from Oak Park and surrounding Cook County communities to help these older adults.

Volunteers will help older persons with reading, completing documents, making telephone appointments and overcoming barriers to community services. With this help, seniors can remain in their own homes with dignity and independence.

Local volunteers, who elect to carry out short-term community services, enable older persons in Oak Park and surrounding areas to meet daily challenges. A weekly visit or the delivery of a needed meal may mean that an older neighbor continues to live in this community.

These tasks seem very basic, but there are many older adults who need a little help from a neighbor to remain independent.

The AARP and the Suburban AAA are teaming-up to connect those in need with those who can help.

If you want to become a volunteer or wish more information, call the Suburban AAA at (708) 383-0258 and ask for Monica.

Township wins top honors for senior program



Several Maine Township officials and employees were on hand during the Township Officials of Illinois conference in Peoria to accept the Township of the Year award for commitment to senior services.

Pictured are (front row, left to right) Sue Neuschel, Director of Adult & Senior Services; Supervisor Mark Thompson; Lisa Krusinski, Senior Information and Assistance Specialist; (back row, left to right) Marsha Warnick, Director of General Assistance; Phyllis Klug, Agency Coordinator; Clerk Gary K. Warner, Trustee Carol Teschky; Collector Robert Provenzano, who recently was appointed a Trustee; Deputy Clerk Margie Blalczak; and Administrator Pam Andersen.

During the last Township Officials of Illinois conference in Peoria, Maine Township was recognized as the Township of the Year for its commitment to senior services.

The statewide award, given by the Illinois Township Association of Senior Citizens Services Committee, was based on Maine Township's innovation responsiveness and variety in the area of senior services. There are 1,433 townships in Illinois.

"Our goal is to provide the best in programs for our seniors," said Supervisor Mark Thompson, adding that seniors are one of the community's greatest assets. "We are proud and honored to receive recognition from our statewide township peers that we are the best, and we intend to get even better."

About 40,000 residents over the age of 55 live in Maine Township, and the township's Adult &

Senior Services Department has developed a wide range of programs to meet their needs. The department was created in 1985 based on recommendations from a committee led by Thompson, then a trustee. Previously, the Maine Township Seniors, started in mid-1970s, was a social program only.

Shortly after the committee made its recommendations, Sue Neuschel was hired as Adult & Senior Services Director. She has overseen the department ever since.

Among the department's programs are the Maine Township Seniors, which offers regular social activities for more than 3,800 adults ages 65 and over; Options 55, which focuses on activities for pre-retirement-age adults and serves about 1,300 residents; and One Plus Options, a 500-member social group for widowed and other single adults ages 45

through 65. Membership in all three groups is free.

Other programs include a Senior Citizen Information and Assistance Service - led by information specialist Lisa Krusinski - which is a guide to resources for senior citizen housing, home-delivered meals and other services; the Senior Health Insurance Program, which provides help with filing Medicare claims and reviewing long-term care policies; and several publications for the homebound, widowed and seniors seeking home-related services. The department also offers many volunteer opportunities and recently has developed several new programs aimed at bringing together children and seniors.

Thompson praised Neuschel, Krusinski and the senior department staff for their efforts in overseeing so many programs.

"Their outstanding work made this award possible," he said.

Senior citizen tax freeze passes house

Senior citizens can expect to see a freeze on their property tax assessments, thanks to the support of State Representative Ralph Capparelli (D-13).

"Senior citizens are finding it increasingly difficult to afford to stay in their homes because their property taxes continue to rise while their income remains the same."

This past Spring, both chambers of the General Assembly passed legislation that would freeze property tax assessments for senior citizens 65 years of age or older, who have a total house-

hold income under \$35,000.

During the election, Capparelli, a co-sponsor of the measure, organized a local petition drive urging the Governor to sign the measure into law. Unfortunately, Governor Edgar vetoed the measure.

"After hearing overwhelming support for the bill from senior citizens throughout the district, I pushed to override the Governor's veto," said Capparelli.

According to Capparelli, Illinois ranks 19th in the nation in terms of property tax burden. This measure will ease that bur-

den for senior citizens.

"This measure will not affect the appreciation of any senior citizen's home - it will freeze their assessments and they will save on future property tax increases," Capparelli said.

Senior Adult Clubs welcome new members

The Oakton and Laramie Senior Adult Clubs are open to all Park District residents 55 years of age or older. Each club's activities will include a weekly business meeting, card playing, bingo, luncheons and socializing.

The Senior Adult Clubs meet very Wednesday and Thursday at Oakton Center (4701 Oakton Street). They meet from 9 a.m. to 2 p.m. year round. The fee is \$5 per year, per club. If you have any questions, call 674-1511.

Stay Healthy!

United Way responds to needs of alzheimer's victims

Former President Ronald Reagan recently announced that he has been diagnosed with Alzheimer's disease, a progressive, incurable and debilitating disease that affects approximately 4 million Americans.

United Way funds programs that meet the special need of those who have been diagnosed with Alzheimer's and their families, as well as the needs of our aging population.

Last year, United Way allocated more than \$4.3 million to support services at health and human care agencies that were used by more than 274,000 seniors in Chicago and the suburbs.

Other United Way-supported programs for the elderly include services for homebound seniors and widowed seniors, senior center activities, adult day care, counseling and home-delivered meals.

According to the American Medical Association, about 100,000 people die every year from Alzheimer's, making it the fourth leading cause of death in the United States. Although most victims of Alzheimer's are older than 65, Alzheimer's can afflict individuals in their 40s or 50s. Victims of the disease usually die eight to 10 years after diagnosis.

United Way-supported agencies that specifically address the needs of victims of Alzheimer's Disease, include Chicago Commons, Jewish Federation, Woodlawn YWCA, North Shore Senior Citizens Center and OARS Adult Day Care. These and more than 70 other United Way-supported agencies link senior citizens and their families with the following social and health care services:

Health Services: Home health care is provided for those who have difficulties leaving their homes and travel assistance to medical facilities is available for mobile seniors.

Family Services: Adult day care programs offer seniors planned activities and necessary care, while respite services offer caregivers a needed break from

Kozbil/Piscetello win Senior No-Tap

They did it again Joe Kozbil with doubles partner Ann Piscetello captured 1st Place in Brunswick Niles Bowl's Senior No-Tap. They scored 420-515-478 = 1415 to beat two second place teams by 14 pins. They won the second side high game pot.

Pete and Audrey Smith tied with Todd Bavaro and Emilio Dichitang for second place with 1399. 1st high game was Mike and Meta Rolak with 500. 3rd high game Todd Bavaro and Emilio Dichitang 5040.

Brunswick Niles Bowl will have its next senior Handicap No-Tap Doubles Tournament Tuesday afternoon Dec. 13 at 1 p.m.

Check your blood pressure lately?

Visit Holy Family's outpatient lobby the first Wednesday of each month from 1:30 to 3 p.m. and have your blood pressure checked free. Holy Family is located at the corner of Golf and River roads in Des Plaines.

For more information, call MedConnection, Holy Family's free physician referral and appointment service at (708) 297-1800, ext. 1110.

Retirement community does aerobics



When the National Aerobic Team Champions performed their award-winning routine at Harbor Village, resident Ada Barron voiced her appreciation to Patrick Knowles (middle) who teaches exercise at the retirement community. "I feel wonderful, healthwise since partaking in Patrick's program," she announced. "He takes good care of his kids-especially the older ones...We all love you." Harbor Village is located at 3121 North Sheridan Road. For a tour, or information on the safe exercise, tai chi, yoga and aerobics classes specifically geared to seniors at Harbor Village, call (312) 404-9800.

RETIREMENT IS FUN!



An entirely unique approach to retirement living awaits you at the Lawrence House in Chicago. There, residents can take advantage of the fine social atmosphere, accented by many planned activities and programs, as well as by the hotel's convenient location. The Lawrence House makes available such conveniences as a delightful restaurant, the security of a 24 hour switchboard and the luxury that maid services provide. Other amenities include an in-house food shop, beauty and barber salons and a drug store. Visit the Lawrence House... Chicago's in-town retirement hotel for active seniors.



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Maine seniors celebrate at luncheon



Warming up for an afternoon of musical entertainment are (left to right, front row) Nick and Barbara Kahles, who recently celebrated their 61st wedding anniversary; Antoinette Kosik of Des Plaines; Jean Slater of Park Ridge; Sue Neuschel, Maine Township's Director of Adult & Senior Services; and Maine Township Supervisor Mark Thompson. In the back row are "Nighttime Nancy" and Ragtime Charlie, who performed favorites from the '20s through '40s during this month's Maine Township Senior Luncheons at Banquets in Park Ridge.

More than 3,800 residents are part of the Maine Township Seniors. Most activities are limited to members, but there's no cost to join and new members always are welcome. Residents who wish to enroll must be at least 65 years old and live in Maine Township. For a membership application, or for more information about trips and other activities, call Neuschel at 297-2510, ext. 240 or 241.

Polish seniors meet

The Polish National Alliance North Side Seniors will meet Wednesday, Dec. 14, at 10 a.m. at the Fraternal Center, 6038 North Cicero Ave., Chicago.

School Band under the direction of Madonna Swenson. All Seniors 55 and over, P.N.A. members or not, are invited. Refreshments will be served.

The meeting will feature entertainment by the Madonna High School Band.

New family members night

Forest Villa Nursing Center, at 6840 W. Touhy Ave., Niles, has recently started holding meetings for family members that have placed a family member into the nursing center.

These meetings usually last an hour and are directed towards orienting the resident and family to the residents new home.

The families are introduced to all of the different departments, such as social work, dietary, housekeeping, nursing, activities, rehabilitation, and are explained their functions. This is a time for

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Males sought for prostate cancer prevention study

A study to gather as much information as possible on the development of prostate problems in healthy men and determine the effectiveness of a drug in preventing prostate cancer requires additional participants, especially African-American men, said physicians at Loyola University Medical Center, Chicago, and The National Cancer Institute (NCI).

An estimated 165,000 new cases of prostate cancer are diagnosed annually in the United States. More than 38,000 men will die of the disease in 1994. The highest prostate cancer death rate in the world occurs among African-American males, according to the NCI.

Loyola is one of about 200 sites involved in the national, NCI-sponsored study, known as the Prostate Cancer Prevention Trial. The drug under investigation is finasteride, which is currently used in treating benign prostatic hypertrophy, a non-malignant enlargement of the prostate gland.

The medication may prove effective in preventing prostate cancer because it is able to limit the ability of an enzyme in the body to initiate a series of actions that turn healthy prostate cells into cancerous ones.

Specifically, the enzyme transforms the male hormone, testosterone, into dihydrotestosterone, another hormone that can stimulate the prostate cells to undergo malignant changes, said Dr. Robert Flanigan, chairman of the urology department and principal investigator for the study at Loyola.

To join the project, men must be 55 years of age or older and show no evidence of prostate cancer as determined by a blood test and a digital rectal examination.

Participants are randomly divided into two groups, those who receive the drug and those who are merely given a placebo. Neither the participant nor his physician knows to which group a person is assigned.

Initiated in the fall of 1993, the study will follow each man for seven years. Participants will take one pill daily for the duration of the study, be examined annually for signs of prostate cancer and undergo a biopsy of the prostate gland at the end of the study period, Flanigan said.

The prostate is a walnut-sized gland that is located just below the bladder and plays a role in creating a man's ejaculate.

Of the 10,000 men currently enrolled in the prevention study on a national basis, only 3 percent are black. More than 90 percent are white.

"Ideally, we would hope to recruit men from all racial and ethnic groups, African-Americans, Caucasians, Native Americans, Hispanics and Asian Americans, roughly in proportion to their numbers in the population," said Dr. Otis Brawley, the NCI's senior investigator for the prevention trial.

In addition to determining the effectiveness of finasteride, study investigators are attempting to identify risk factors that can lead to development of prostate cancer and to learn better how to differentiate between prostate cancer cases that are deadly and those that are not.

Men who want more information or wish to enroll in the study should call Loyola's 24-hour prostate study number, (708) 216-8187.

SCH announces House Calls Program



Swedish Covenant Hospital's new SCH House Calls program brings a physician/nurse team to the patient's home. The mobile team travels in the SCH House Calls van. Seen here at one of the program's first house calls are: (from l.) Craig Cathcart, RN, program supervisor; Karen Preusser, RN, nurse coordinator; and Dr. Michael Feinzeimer, medical director.

House calls are not a thing of the past. Swedish Covenant Hospital, 5145 N. California Avenue, recently initiated an exciting new program "SCH House Calls," which provides mobile physician services to older adults who are not physically able to go to the doctor's office.

A physician/nurse team make the initial visit to a patient's home to obtain a medical history and perform a physical examination. Additional services can also be provided during the visit including: laboratory testing, EKG, determination of blood oxygen levels and minor procedures.

"SCH House Calls provides a needed service for the older, homebound patients in our community," said Dr. Michael Feinzeimer, medical director of the program, "many of whom have not been able to access the health-care system."

This community service is funded in part by grants from the Washington Square Foundation and the Daniel F. and Ada L. Rice Foundation. SCH House Calls

Nursing Center acknowledges residents' rights

An integral part of the admission process at Forest Villa Nursing Center is to inform each new resident of their rights in a long term care facility. Each resident has certain rights, protections, and privileges according to State and Federal laws. Here is a brief review of some of these rights.

The residents have the right to make choices about day to day activities, financial issues and especially health care decisions, such as Power of Attorney and Living Will.

The residents have the right to choose an attending physician and to be able to contact that physician regarding the personalized condition and care being given to that resident.

The residents have the right to safety within their homelike atmosphere. Residents of Forest Villa Nursing Center are encouraged to bring in personal belongings from their home to continue to have the comfortable environment they are used to. At Forest Villa Nursing Center, it is not uncommon for residents to have their favorite chair, dresser or television from home.

The residents have the right to privacy. The staff at Forest Villa Nursing Center respects the residents' privacy by allowing the resident to have time alone to speak on the phone. Also the resident is given time to read their

Lea appointed Assistant Director for Ballard

Tifani Lea has been appointed to the post of Assistant Director of Admissions for Ballard, a healthcare residence in Des Plaines, announced Eli Pick, Ballard's executive director.

Lea will assist the Director of Admissions in managing all admission to Ballard and ensuring that smooth and comfortable transitions are made. Her responsibilities include meeting with prospective clients and providing them with a tour of the facility and information about Ballard's services. She will also work closely with hospital discharge planners to coordinate each client's transition from the hospital to Ballard.

Ballard provides services for clients needing continuous care or short term care such as rehabilitative therapy or a respite stay.

"Part of the admissions process entails coordination of Ballard's resources to best meet the client's needs," Pick said. "For example, a rehabilitation client's needs are quite different needs from those of a dementia client. Tifani is an instrumental member of a team of Ballard staff who are continually improving the admissions process."

Lea comes to Ballard from Elder Lane/Community Care Alternatives in Clinton, Wisconsin, where she was Assistant Facility Director. While at Elder Lane, a long term care residence, Lea gained experience providing



New program

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The North Shore

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Seniors create Investment Clubs

The Northbrook Park District Senior Center, 3323 Walters Ave., is host each month to three unique Investment Clubs. Each shares investment advice and information to benefit members. The Men's Investment Club meets on the first Wednesday of the month, the Women's Investment Club meets the third Thursday of the month and the Investment Speculators Club meets on the second Friday of the month.

Heart Transplant Support Group

The cardiac rehabilitation department at Holy Family Medical Center offers a new support group for those who have undergone heart transplant surgery, recently or years ago. The group meets the second Monday of each month at 7:30 p.m. in the cafeteria's Arlington Heights room at Holy Family.

For more information, call Ruth Wieder, at (708) 537-2105.

Norwood Park Home now offers skilled nursing care

Norwood Park Home, a residence for seniors located on Chicago's far northwest side, further expanded its services this fall. The Home is now licensed by the Illinois Department of Public Health to offer Skilled Nursing Care, a more advanced level of nursing care that allows for procedures such as the use of I.V.s, treatment of residents with advanced skin problems, swallowing difficulties, and much more.

"We're delighted to be able to expand our continuum of services," said Executive Director Marcia R. Hagopian. "Our new status allows us to handle more medical procedures right here on the premises, instead of transferring residents to the hospital."

For decades, Norwood Park Home has been licensed to offer "Intermediate Care"—an industry

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Dept. on Aging expands physical fitness programs for seniors

The Chicago Department on Aging recently announced it will expand physical fitness programs held at the city's five Senior Centers, by purchasing fitness equipment to be used by persons age 60 and older.

The Department received funding totaling \$15,000 to purchase treadmills, exercise bicycles, free weights, stretch bands, ping pong tables and other physical fitness equipment. A grant for \$8,000 was received from the Chicago White Sox Charities and \$7,000 was donated by the Department of Streets and Sanitation's annual charitable employee golf outing.

The fitness equipment is scheduled to be in place at the five Senior Centers by spring of 1995. Currently, fitness activities at the regional Senior Centers include aerobic exercises, dance classes, Tai Chi, walking clubs and massage therapy.

"This is another wonderful example of how public and private partnerships work together on behalf of our city's older adults," said Mayor Richard M. Daley.

Expansion of the fitness program will include a comprehensive fitness plan designed by physical fitness experts, exclusively for older adults. The plan

will also include fitness equipment orientation, regional competition programs and senior tournaments.

"We hope that by expanding this program, older adults will appreciate how important it is to their health to be physically fit, and that they will incorporate exercise in their daily lifestyle," said Commissioner Donald R. Smith.

Employees at Streets and Sanitation understand the importance of helping older adults keep fit and healthy," said Commissioner Eileen Carey.

For more information about the Chicago Department on Aging's exercise and fitness programs, call (312) 744-4016.

Programs for singles 45 through 65

One + Options, Maine Township's group for widowed and other single adults ages 45 through 65, offers a wide variety of activities every month.

Programs include a Cuisine Club that takes trips to area restaurants, a Sunday Strollers group, weekend and long-distance trips, seminars and volunteer opportunities.

Membership in One + Options is free to adults who live in Maine Township. For more information on coming events, or to join, call Barb Koss in the Adult & Senior Services Department at 297-2510, ext. 240 or 241.

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Senior's spirit lives on

By Lisa Hemminger
A 79-year-old Niles senior named Joe Tarelli died Nov. 8, days before his 80th birthday.

Tarelli had volunteered as a head cook for the Niles Senior Center for more than a decade, preparing specialties for Men's Club luncheons and special events.

He faithfully delivered aid through the "Meals on Wheels" program after joining the center 15 years ago. At all the arts and crafts fairs at the Trident Center during those years, Tarelli could be found running Joe's hotdog stand. He lived with his daughter, Kathleen, and her husband Ray Johnson.

Those are the facts about Joe Tarelli. Here are some feelings from friends:

"When Joe came here about 15 years ago, he was kind of at loose ends, asking if there was something he could do. Over the years, he really became part of the family here, not just from a staff point-of-view, but from the men and women. There are certain people who are really special and become an embodiment here. That was Joe." -- Mary Kay Morrissey, Niles Human Services Director.

"Joe was honest, home-loving, loved his family. He always had a smile on his face and never said 'no' when somebody asked for help. I'm sure he touched many people in many ways." -- friend Carmen Mazzuca.

"He was so ambitious, wanting to work, faithful throughout. He was so good-hearted, one of those people you have to admire in so many ways." -- friend Ralph Lieske.

"He was quiet, sobering and serious. Always a hard worker and conscientious. I'm sad he's gone." -- friend Lester Betke.

"I've known Joe for about 50 years. He was a hard worker and spend every day helping out at the center. He was a good guy." -- Connie Colasvono, sister-in-law.



Happy birthday, Mickey



Photo by Mike Heuel
Glenbridge resident Gall Moody poses with Mickey Mouse Nov. 18 when the home celebrated Mickey's 66th birthday. The event included a parade, Mickey cartoons and trivia.

Rehab services expand at Glenview Terrace

Glenview Terrace Nursing Center is expanding its rehabilitation department to better integrate its physical, occupational and speech-language therapy services. The result of these efforts will be to restore individuals to their maximum level of function in the shortest amount of time and assist patients in maintaining optimum independence.

The team behind this comprehensive rehabilitation department, Achievement Rehab, combines strong clinical experience in geriatrics with an integrated approach that better serves the patient.

Susan Bagnieski, Rehabilitation Services Director at Glenview Terrace, will supervise the day-to-day operation of the department including all clinical work done by the therapists. One

of her first duties will be to assist in planning the move of the department to a larger space-adjacent to the first floor dining room. This move will more than double the current space used for therapy. This larger "Therapy Gym" will allow patients to be treated with greater privacy and more services.

"I'm excited about the opportunity we have at Glenview Terrace to serve both the short term rehabilitation patient and the long term resident," Bagnieski said. "Both have unique, highly individualized rehabilitation needs that we will be able to help."

Physical therapy helps individuals increase strength and physical mobility; it also improves balance and coordination. Physical therapy can be very effective in speeding recovery from some types of injuries. Occupational therapy increases the ability of individuals to carry out the activities of daily living, such as eating and dressing. Speech therapy focuses on enhancing communication and swallowing skills in order to maintain nutrition and hydration.

Glenview Terrace Nursing Center, 1511 N. Greenwood Road in Glenview, is a 293-bed skilled nursing facility. For more information regarding the Rehabilitation Department, call Susan Bagnieski, at (708) 729-9090.

Exercise leaders needed

The Niles Senior Center Women's Exercise Class is in need of volunteer women interested in training to become exercise leaders. Interested persons may contact Terry Sprengel, RN, BSN at 967-6100 Extension 376.

USE THE BUGLE

Video portrait leaves legacy to future generations

Everyone has an important story to tell -- Legacy of Life Productions, Inc. has captured engaging stories and meaningful memories in a video autobiography, a preservation of heritage for children, grandchildren, and future generations. Legacy of Life Productions documents and immortalizes the history, life experiences, and loves of an older adult through a professional video tape. While writing an autobiography is great, video is the medium of the 90s and beyond; the new family archive.

Legacy of Life Productions, Inc. was created as an entrepreneurial venture, growing out of the Reminiscence work of Karol Verson, a gerontologist, who conducts workshops and has published a how-to manual entitled: Time Dance: Looking Backward/Moving Forward, The "Art of Reminiscence." For the past 15 years, Karol Verson has been assisting older adults to share their life experiences with each other and with their families.

"The company's mission is not only to offer a product but to enable older persons to experience the 'process' of gathering the materials to illustrate their stories and sharing those stories with family members," Verson said. Each unique half hour to one hour video biography of an older adult, couple, or family, is filmed in their own home, and is produced by a professional videographer/editor and interviewer. The video is edited to the person's specifications with the use of

state-of-the-art broadcast quality video and editing equipment. The video interviews, intertwine with still photos, home movies or videos, relevant memorabilia and important stepping stones of one's life and their unique personality. Included in the video package is a pre-interview of the subject. While many people own video cameras and often say "I could do that!" they do not take the time, they often don't know the questions to ask, nor do they have the technical skills to put it all together. In addition, never before has this caliber of professional product been offered to consumers at reasonable prices.

These video memories offer a world of possibilities for life review. Clips from old family movies, photos, and audio tapes can be incorporated into the new video. Not only can slides and favorite music be added for sentiment, but subjects can also be taped doing a favorite hobby, like dancing, playing the piano, or riding a bike.

"The video is special because it is not only the end result of a gathering of memories, but it also represents the summation of an entire lifetime of meaningful events," Verson said. "It's like weaving the tapestry of life, pulling together all the various threads."

Memories create a meaningful sense of the "ageless self," a sense of continuity, completing the important life journey.

Seniors offered low-cost wills in Skokie

Eligible senior citizens are offered low-cost will preparation services through the Senior Citizens Will Program Wednesday, Dec. 14, at the Skokie Office of Human Services. Advance appointments are required and will be scheduled from 9:30 to 11:30 a.m. that day.

An attorney from The Chicago Bar Association will provide free consultations about wills to seniors who register for the service. At a client's request, the attorney will also prepare a simple will for a reduced fee. The cost for drawing up a will is not more than \$50 for an individual (\$75 for a couple).

Durable Power of Attorney and Living Will forms are available free of charge. A Durable Power of Attorney allows a senior to designate another person to make property or health care decisions in the event the senior becomes physically or mentally unable to do so. A Living Will allows an individual with a terminal health condition to express his or her desire to have death-delaying procedures withheld or withdrawn.

Seniors may complete the Durable Power of Attorney and Living Will forms themselves, or they may hire the attorney to help them out and to explain the various options available on the forms. The fee for the attorney to provide legal advice about a Durable Power of Attorney is \$75 maximum for an individual (\$125 for a couple). The charge for a Living Will is no more than \$50 for an individual (\$75 for a couple).

To be eligible for the Senior Citizens Will Program, a client must be age 60 or over. Annual

It's Hat Day for Maine Township Singles



Sampling tea and fanciful hats during a recent One + Options outing to Long Grove are (left to right) Mildred Bender of Niles, Anita Rothas of Des Plaines and Marge Stoklosa of Morton Grove. One + Options -- Maine Township's group for widowed, divorced or single residents ages 45 to 65 -- journeyed to Long Grove for some pre-holiday shopping and a "Mad Hatter Tea Party" at Seasons, a restaurant specializing in English-style tea service.

One + Options offers a wide variety of activities every month, including interesting seminars, a Cuisine Club with regular dining adventures at Chicago-area restaurants, a Sunday Strollers group that explore interesting sites, challenging volunteer opportunities and both weekend and long-distance trips. Membership is free to adults who live in Maine Township. For more information on coming events, or to join, call Barb Koss in the Adult & Senior Services Department at 297-2510, ext. 240 or 252.

Miller honored for work

The Niles Senior Center, in conjunction with the Suburban Area Agency on Aging, has recognized Herb Miller, a volunteer at the center, for his fine work.

Herb helps by delivering Meals to the Homebound along with other various jobs. He has been part of the center for over 13 years. He also just recently celebrated his 53rd year of marriage with his wife, Mildred. Congratulations!

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located at 6840 W. Touhy in Niles, Forest Villa has many activities planned for our residents during the holidays. This time of the year can be more difficult than other times, that is why Forest Villa pays close attention to the needs of our residents. This year, there will be christmas caroling, volunteers visiting each & every resident, Christmas Buffet & party, New Year's Eve celebration and more...



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RETIREMENT/NURSING HOME

Page 8 Thursday, December 8, 1994

Ten warning signs of Alzheimer's disease

Forgetting where you put your keys is normal. Forgetting that your keys start your car is not normal, and could be a sign of Alzheimer's disease. According to the Chicago Area Chapter of the Alzheimer's Association, many people wrongly assume that memory loss, decline in mental abilities, disorientation and even bizarre behavior are a normal part of the aging process. They actually may be symptoms of Alzheimer's disease, requiring a physician's assessment and care.

The Chicago Area Chapter of the Alzheimer's Association is part of a nationwide educational campaign to increase public awareness, called Is It Alzheimer's? Ten Warning Signs. November is National Alzheimer's Disease Month and the campaign will also include public service announcements, educational materials and community outreach.

The Alzheimer's Association has developed a checklist to help identify early warning signs of dementia. People who know someone who exhibits these symptoms, or experiences the symptoms themselves, should see a physician.

1. **Recent Memory Loss That Affects Job Performance.** It's normal to occasionally forget assignments, colleagues' names or a business associate's telephone number, but generally remember them later. Those with dementia, such as Alzheimer's disease, may forget things more often, and not remember them later. They may repeatedly ask the same question, not remembering the answer, or that they already asked the question.

2. **Difficulty Performing Familiar Tasks.** Busy people

can be distracted from time to time, and leave carrots on the stove, only remembering to serve them at the end of the meal. People with Alzheimer's disease could prepare a meal, forget to serve it, and even forget they made it.

3. **Problems with Language.** Everyone has trouble finding the right word sometimes, but can finish the sentence with another appropriate word. A person with Alzheimer's disease may forget simple words, or substitute inappropriate words, making their sentence incomprehensible.

4. **Disorientation of Time and Place.** It's normal to forget the day of the week or your destination for a moment. But people with Alzheimer's disease can become lost on their own street or in a familiar shopping mall, not knowing where they are, how they got there or how to get home.

5. **Poor or Decreased Judgement.** People can become so immersed in an activity or telephone conversation they temporarily forget the child they're watching. A person with Alzheimer's disease could entirely forget the child under their care and leave the house to visit a neighbor.

6. **Problems with Abstract Thinking.** People who normally balance their checkbooks may be momentarily disconcerted when the task is more complicated than usual, but will eventually figure out the solution. Someone with Alzheimer's disease could forget completely what the numbers are and what needs to be done with them.

7. **Misplacing Things.** Anyone can misplace their wallet or

keys, but eventually find them by reconstructing where they could have left them. A person with Alzheimer's disease may put things in inappropriate places—iron in a freezer, or a wristwatch in the sugar bowl—and not be able to retrieve them.

8. **Change in Mood or Behavior.** Everyone has a bad day once in a while, or may become sad or moody from time to time. Someone with Alzheimer's disease can exhibit rapid mood swings for no apparent reason: e.g., from calm to tears to anger to calm in a few minutes.

9. **Changes in Personality.** People's personalities ordinarily change somewhat at different ages, as character traits strengthen or mellow. But a person with Alzheimer's disease can change drastically, becoming extremely irritable, suspicious, or fearful.

10. **Loss of Initiative.** It's normal to tire of housework, business activities or social obligations, but most people regain their initiative. The person with Alzheimer's disease may become very passive and require cues and prompting to get them involved in activities.

"Since most patients are cared for at home, Alzheimer's disease often affects the entire family," added Bartheiser. "The Chicago Area Chapter of the Alzheimer's Association considers each caregiver to be a 'second victim.' Therefore, we provide programs and services for both patients and caregivers."

For more information contact the Chicago Area Chapter of the Alzheimer's Association, at (708) 933-2413, from 9 a.m. to 5 p.m. and (708) 933-1000 after 5 p.m.

If you're retiring in 1995 contact SS now

If you're thinking about retiring in 1995, now is a good time for you to contact Social Security to see which month is best for you to claim benefits," according to Thomas A. Curin, Social Security manager for Des Plaines.

"In some cases, the month you choose for retirement could mean additional benefits for you and your family. Under current rules, many people can receive the most benefits possible with an application that's effective in January. And, depending on your earnings and benefit amount it may be possible for you to collect Social Security benefits while continuing to work," Curin stated.

For more information about when you should apply for Social Security benefits, or to arrange for an appointment to talk with a Social Security representative, call 1 (800) 772-1213. The lines are busiest early in the week and early in the month, so it's best to call at other times.

Agency on Aging celebrates 20 years

On Nov. 29, the Suburban Area Agency on Aging, Oak Park, celebrated 20 years of service to older persons in suburban Cook County at its Annual Meeting at the William Tell Restaurant in Countryside.

During the meeting, officer elections for the Agency's Board of Directors and Advisory Council were held. In addition, volunteers who have made noteworthy contributions to the suburban aging network were honored during a special Volunteer Recognition Luncheon.

Norwood Park Home joins newly formed LSN

The Illinois Association of Homes for the Aging (IAHA) has reorganized and changed its name to the Life Services Network of Illinois (LSN) to better reflect the diversification and programs its members represent.

The statewide Association, with offices in Hinsdale and Springfield, represents 300 organizations providing nursing services, retirement housing, assisted living and community services to over 35,000 older adults in Illinois. Norwood Park Home is a proud member of Life Services Network of Illinois.

"As part of this Association, Norwood Park Home has the additional support we need as we continue to meet the changing needs of the different populations we serve. Our dedication to quality care is enhanced by our professional affiliation with Life Services Network of Illinois," said Marcia Hagopian, Executive Director.

Dennis Bozzi, President of Life Services Network of Illinois is also excited about the changes approved by his members, because all these changes will enhance the Association's effectiveness to better respond to member needs and is not a departure from the historical mission of IAHA.

"There has been no change in our goals or in the quality care our members represent. We are retooling to meet the challenges of a rapidly growing health care environment. We feel renewed!" Bozzi said.

The name change was approved on Oct. 5 at the Membership Meeting during IAHA's Fall Conference and Exhibition in Peoria, and is effective immediately.



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Entertainment

Maine East hosts Annual winter concert

With the annual winter concert at Maine East, the tradition continues as a celebration of the spirit of the season. Maine East is one of the most culturally diverse high schools in the United States and it is the spirit of brotherhood and unity that is celebrated with the annual winter concert. The concert this year will take place on Sunday, Dec. 11, at 2 p.m. in the Maine East auditorium followed by a reception in the student cafeteria.

Almost three hundred of the Maine East students will be performing as members of the Concert Choir, Girls' Chorus, Mixed Chorus, Concert Orchestra, and Symphonic Wind Ensemble. This year is the debut of the new Orchestra Director, Mr. Edward Eubank, who comes to Maine East from Jacobs High School and Mother Garin High School and under his direction the Orchestra will be performing "The Brahms Symphony," selections from "Dances with Wolves," "Traditions of Christmas," and the special arrangement of "America the Beautiful."

Vocal selections performed by the various choirs from Maine East under the direction of Mr. Patrick Barnett include

"Regina Coeli," "Rhythm of Life," "Traditions of Christmas," "Elohim Hashivenu," and a parody of a Christmas classic, "The Twelve Days After Christmas." The choruses will also participate in the finale number.

The Symphonic Wind Ensemble under the direction of Mr. Kenneth Gelz will perform "Incantation and Dance," "On the Mall," and "Russian Trepak" from the Nutcracker.

"The finale has always been a dramatic part of the concert," commented Mr. Jeffers. "It is a tribute to the birth nations which number over sixty of the students at Maine East. It is a procession of flags and this tradition has become an important part of the program." The music accompanying the presentation will be from "Dances with Wolves." The finale number itself is with all sixty plus flags in presentation. The combined Mixed Chorus, Girls' Chorus, Concert Choir and Concert Orchestra will perform Dragon's arrangement of "America the Beautiful." The concert, again, should be an outstanding event that kicks off the holiday season and everyone is invited to this free concert.

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POMPANO BEACH, FLORIDA

Winnie the Pooh and pals grace Niles West stage

The Niles West Children's Theatre presents two special matinee performances of the classic story "Winnie the Pooh" on Saturday, December 10, at 1 and 3:30 p.m. at the Niles West High School auditorium, 5701 Oakton Street, in Skokie. Admission is \$3 for adults and \$2 for children.

This tale follows the adventures of Christopher Robin and Winnie the Pooh as they journey through the Forest, surrounded by their friends Piglet, Eeyore, Tigger, Rabbit, Owl, Kanga and Roo. Their insights on life, relationships and friendship remain loving, humorous and endearing to children of all ages.

The cast of this production features Jesse Winograd of Morton Grove and Seth Bender of Skokie as narrators, Michael Jansson of Lincolnwood as Christopher Robin and Joseph Chollampel of Lincolnwood as the lovable Winnie the Pooh.

Also featured are Marsha Suzara of Morton Grove as Piglet, Anna Zbilut of Skokie as Eeyore, Emily Kahn-Sheahan of Skokie as Tigger, Stephanie Le Witt-Greenman of Skokie as Owl, Tracy Frey of Niles as Kanga, Andrea Mitofsky of Lincolnwood as Roo, Sofia Javed of Lincolnwood as Rabbit, Caroline Costa of Skokie as Rabbit 1, Andrienne Delgenio of Skokie as Rabbit 2, Christie Tienchai of Niles as Rabbit 3, Dan Flood of Morton Grove as Rabbit 4, Cindy Olsen of Niles as Ostrich, Stacy Lucas of Lincolnwood as Skunk, Michelle Ann Barsky of Lincolnwood as Frog, Melissa Venn of Skokie as Raccoon and Grace Choi of Skokie as Butterfly.

"Winnie the Pooh" is directed by Cynthia Philbin. Stefania Akwa is the technical director, the assistant director is Dana



Winnie the Pooh, played by Niles West student Joseph Chollampel of Lincolnwood, ponders where to find his next pot of "hunny" during a scene from the Niles West Children's Theatre production of "Winnie the Pooh." This classic story will be performed on Saturday, Dec. 10 at 1 p.m. and 3:30 p.m. at the Niles West auditorium, 5701 Oakton Street in Skokie. Admission is \$3 for adults and \$2 for children.

Rzechula of Skokie, make-up is by Dale Calandra and the costume designer is Teresa Ripley. After each performance, Winnie the Pooh and friends will also celebrate his sixty-eighth birthday at special parties held in the school cafeteria at 2 p.m. and 4:30 p.m. The parties are free for adults and \$1 for children. Each party will feature refreshments for all attendees. The cast of the show will also be available for autographs and pictures. There will be a photo service available for a nominal charge, and guests are encouraged to bring their own cameras to take souvenir photos. For further information on the parties or the performances, contact the Niles West theatre department at (708) 966-8290.

Traditional holiday ballet at Centre East

For the fourth consecutive year, the Salt Creek Ballet Company of Hinsdale brings its critically-acclaimed production of The Nutcracker to the stage of Centre East in Skokie. This year's full-length performance is set for Saturday, Dec. 10, at 2 p.m. This production of The Nutcracker is a traditional rendering of Tchaikovsky's perennial holiday favorite and includes all the ingredients of fantasy and wonder that have spellbound audiences for generations. Tickets for The Nutcracker performed by Salt Creek Ballet on Saturday, Dec. 10 at 2 p.m. are \$13 each (all seats reserved) and are now on sale at the Centre East Box Office (7701 North Lincoln Avenue, Skokie) and at all TicketMaster outlets. Free parking and group discounts are available, and all major credit cards are welcome. To charge tickets by phone, call Centre East at (708) 673-6300 or TicketMaster at (312) 802-1500. The Centre East Box Office is open Monday through Friday, from 10 a.m. to 3 p.m. and Saturday and Sunday from 10 a.m. to 2 p.m.

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Sundays at Seven concert series

The Music Center of the North Shore and Northern Trust Bank in Winnetka present the concert series, Sundays at Seven at 7 p.m. on Sunday, Dec. 11, in the Concert Room at the Music Center of the North Shore, 300 Green Bay Road, Winnetka.

Schumail Ran, Pulitzer-prize winning composer and current Professor of Composition at the University of Chicago will explain the building blocks behind

her pieces with performances by Mary Stolper (flute), Kim Scholes (cello), and Abraham Stockman (piano).

Admission to the concert is \$7 for adults; \$3 for students and senior citizens. All students currently enrolled at The Music Center are admitted free of charge. For more information or to order tickets by phone using Visa or MasterCard, call The Music Center of the North Shore at (708) 446-3822.

Suzuki Sunday featured

One of the regular features of The Music Center of the North Shore Suzuki program is the monthly "Suzuki Sunday." Special activities for the students are planned for the afternoon of Sunday, Dec. 11, from 1:30 to 5 p.m. in the Concert Room at the Music Center, 300 Green Bay Road, Winnetka.

The afternoon will include cello, flute, piano, and violin "Jamborees" along with a solo recital. The "Jamborees" are informal concerts for the children in the Suzuki Program to play their

solo pieces for their friends, family, and teachers. The Solo Recital is a concert of Suzuki students of all instruments who are selected by their teachers to perform.

The community is invited to attend any part of this event, however, participation is limited to those registered in the Suzuki program. Refreshments will follow the recital. For more information, call The Music Center of the North Shore at (708) 446-3822.

St. Patrick alumni slate Christmas concert & sock hop

The St. Patrick High School Alumni Chorus will hold its fourth annual Christmas Concert and Sock Hop on Saturday, Dec. 10, from 7:30 to 1:30 p.m. in the St. Patrick gymnasium, 5900 W. Belmont.

The event will feature an old-fashioned concert of Christmas carols by the Alumni Chorus followed by a sock hop with music

from the 50s, 60s, and 70s. Special guest singers have been invited to perform that night from Alvernia, Mother Guerin and Notre Dame high schools.

The event is open to alumni, parents, families, and friends of St. Patrick High School. For more information, call Michele Novak at (312) 282-8844, X-230.

Afternoon Club to hold Holiday Luncheon

The Lincolnwood Afternoon Club is inviting all its members and guests to their Holiday Luncheon on Tuesday, Dec. 13 at Monaster's Ristorante, in Chicago. The program for the afternoon will feature the Glenbrook South High School Chor-

us, under the direction of Dr. Lamble.

Social hour is at 11:30 a.m. and lunch is at 12:30 p.m. Tickets are \$20. For reservations or information, call (708) 673-8253.

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cocktails 4-8 • Dinner at 9
Glass of Champagne
Prime Tenderloin Filet
Columbian Lobster Tail
Full 7 Course Dinner Cooked To Your Order
Unlimited cocktails with Premium Liquors
Unlimited coffee with Your Choice
Homes of evening Champagne Toast at Minute Notice. Home, Hotel, etc.
Reservations Required

DANCING FROM 9pm
Flats, Niteclubbers, Etc.

HOURS:
Lunch, Tues-Sat. 11-3
Early Dinner, Tues-Sat. 3-6
Dinner, Tues-Thurs. 6-10
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Your Hosts, Bill and Kris Govas

Entertainment

'A Christmas Carol' continues at Bog Theatre

Step back into the 1940's with The Bog Theatre when it presents an original radio-play adaptation of Charles Dickens' classic holiday favorite, "A Christmas Carol," weekends through Dec. 18. Audiences will experience a simulated radio broadcast of "A Christmas Carol" as The Bog Theatre is transformed into the studios of WBOG, circa 1944, complete with music and authentic newsreel footage from the era. To complete the mood, the theater's lobby will be decorated in the style of a 1940's Christmas.

"A Christmas Carol" will be performed at 8 p.m. on Friday and Saturday and at 3 p.m. on Sunday at the theater, located at 620 Lee St. in Des Plaines. Tickets are \$10 for adults and \$5 for seniors and students.

Violin Masterclass offered

The Music Center of the North Shore announces a Violin Masterclass with Sally O'Reilly for Music Center students on Sunday, Dec. 11, at 1 p.m. at The Music Center of the North Shore, 300 Green Bay Road, Winnetka. The public is welcome to observe free of charge. For further information, call The Music Center of the North Shore at (708) 446-3822.

Concert to celebrate holiday season

Northwest Chicago Symphony Orchestra, the resident Wright College orchestra directed by Professor Michael Holian, will feature its Principal Players in a concert celebrating the holiday season at the Wright College South Auditorium, 3400 N. Austin Avenue, on Sunday, Dec. 11, at 3 p.m. Sponsored by the Wright College Cultural Events Committee, this concert is free to the community. Ample parking is available and the building is wheelchair accessible. For further information, call (312) 481-8143.

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>> Variety of Vegetables ala Greco
>> Athenian Chicken, NY Strip Steak,
Charcoal Grilled Lamb Chops (2-pieces or Pound of Chops),
Grilled Salmon or Swordfish Steak
>> Walnut Cake or Nougatina
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>> Complimentary Champagne for New Year's Toast
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School News

Skokie resident receives scholarship

Doris Sinitic of Skokie, a recent St. Scholastica High School graduate received a \$1800 Academic Scholarship from Northwestern Business College (located at 4839 N. Milwaukee Ave.). As one of 9 students who were awarded this honor, Sinitic will apply it to her study of Accounting.

One FREE Admission Wolff's Marketplace

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LEGAL NOTICE NOTICE OF PROPOSED PROPERTY TAX INCREASE FOR NILES ELEMENTARY SCHOOLS DISTRICT NO. 71, COOK COUNTY, ILLINOIS

I. A public hearing to approve a property tax levy increase for Niles Elementary Schools District No. 71, Cook County, Illinois for 1994 will be held on December 20, 1994, at 8:00 p.m., in the Board Room at Culver Middle School, 6921 W. Oakton Street, Niles, Illinois 60714.

Any person desiring to appear at the public hearing and present testimony to the taxing district may contact Dr. Eugene H. Zaleski, Superintendent, Niles Elementary Schools District No. 71, 6935 W. Touhy Avenue, Niles, Illinois 60714, 708-647-9752.

II. The corporate and special purpose property taxes extended or abated for 1993 were \$3,786,949.

The proposed corporate and special purpose property taxes to be levied for 1994 are \$4,353,980. This represents a 14.974% increase over the previous year.

III. The property taxes extended for debt service and public building commission leases for 1993 were \$0.

The estimated property taxes to be levied for debt service and public building commission leases for 1994 are \$0. This represents a 0% increase over the previous year.

IV. The total property taxes extended or abated for 1993 were \$3,786,949.

The estimated total property taxes to be levied for 1994 are \$4,353,980. This represents a 14.974% increase over the previous year.

Dated this 29th day of November, 1994
 Board of Education
 Niles Elementary Schools
 District No. 71
 Eileen Varisco, Secretary

Holiday music programs at Glenview Schools

Annual holiday music programs are scheduled at District 34 schools in Glenview on these dates: Henning - Dec. 15, 10 a.m. and 1:15 p.m.; Lyon - Dec. 15 - 9:30 a.m. and 2 p.m.; Westbrook - Dec. 15 - 9:30 a.m. and 2:30 p.m.; Hoffman - Dec. 14 - 1:30 p.m.; Glen Grove - fourth graders - Dec. 8 - 1:45 p.m., fifth graders - Dec. 14 - 1:45 p.m., sixth graders - Dec. 15 - 8:30 a.m. breakfast and 9 a.m. concert; Pleasant Ridge - Dec. 16 - 1:15 p.m.

Ski Club begins season's activities

Maine East's Ski Club begins another season of skiing and snowboarding at Wilnot, WI, on Friday, Dec. 9 - weather permitting.

Friday night skiing at Wilnot for club members is \$19.75 for transportation and lift ticket.

Club members can also participate in Michigan weekend trips on Dec. 16-19 and Mar. 3-6.

Besides Wilnot and Michigan's Upper Peninsula, the Ski Club will also offer trips to Cascade Mt. in Portage, WI, on Saturday, Jan. 28, and Alpine Valley on Saturday, Mar. 11.

Bernadette Gil of Park Ridge is president of Maine East's Ski Club. Working with her to coordinate club activities are vice-president Don Baron, Treasurer Laura Arlt, secretary Jason Davis, and trip coordinator Lauren Vaughn, all of Morton Grove.

Gemini School elects Student Council officers

The 793 seventh and eighth grade students at Gemini Junior High School, 8955 N. Greenwood, Niles, have recently elected Student Council officers for the 1994-95 school year.

Candidates for the officers decorated the school halls with campaign posters and were given the opportunity to address the seventh and eighth grade voters during school assemblies. The election took place during first period classes on Nov. 17.

Student Council Officers for the 1994-95 school year are: President-Jenny Mistretta, Vice-President-Nikki Garippo, Treasurer-Elani Karlos, and Secretary-Judy Lee.

St. Martha students named to Honor Roll

Congratulations to the following Junior High students who have accepted the academic challenge of St. Martha School and have attained Honor Roll status during the First Quarter. First Honors were awarded to: Andrea Allen, June Arpmurat, Nicole Curry, Bill Durband, Jessica Foster, Ashley Gorr, Christopher Gorr, Dan Huscher, Cathy Hwang, Joyce Jurado, Archie Lemoore, Ann Malooly, Mike Marszalk, Jennifer Moscoco, Bryan Nabong, Bernadette Remo, Sarah Rosanova, Michael Wallenberg, and Marc Wezowski.

Second Honors went to: Nina Franco, Caroline Tabamo, Kelly Whalen and Lowell Yap.

Canned food drive set



Maine East National Honor Society is again organizing a canned food drive to benefit Little Brothers, Friends of the Elderly this holiday season. Canned goods and monetary donations from Maine East students and staff will be accepted through Wednesday, Dec. 14. Last year Maine East donated 4,806 cans and \$830.63.

Officers are (front-back) president Alice Lee of Morton Grove, vice-president Pete Gayness of Des Plaines, and secretary Jennifer Laurin of Park Ridge. (Not pictured: treasurer Paul Bober of Morton Grove) Earlier, Maine East's National Honor Society and Key Club members jointly organized a UNICEF "Trick or Treat" drive and raised \$357.01 to help support UNICEF-assisted projects that provide health care, clean water, nutrition, and education to children world-wide.

Friendship Chorus presents 'A Threepenny Christmas'

Friendship Junior High School in Des Plaines will present "A Threepenny Christmas" in the school auditorium on Thursday evening, Dec. 8, beginning at 7:30 p.m.

"A Threepenny Christmas," or the Legend of Nick the Saint, is a musical fantasy. A Santa impersonator steals from the rich in order to give to the poor. Holmes tips off the police that St. Nick plans to rob the Tower of London. Then the valuables will be sold for three pennies to the poor at the thieves' Kringle's Department Store. To do this, the gang will dress up in Santa suits and enter by the chimneys. Scotland Yard counters by also dressing its officers in Santa

suits. All resolves nicely as the Queen of England pardons Nick for his transgressions and promises to do more for the poor. Fine suspense, good humor and rousing song combine to form a show not to be missed.

The musical will be performed by 6th, 7th and 8th grade Chorus members. Danny Donatelli will play the part of Nick the Saint. Also featured will be Chase Kusoro, Mike Radke, Bobby Niculescu, Nicole Trocchio, Kira Kallits, Michelle Kotara, Esther Micula, Zoi Karatasoulis, Megan Bay, Kara Thorstenson, Kotsil Pak, David Proessel, Luke Foster, Chris Chikulas, Valerie Witteborg and Debi Travis.

Nelson Student Council donates to needy

Nelson School's Student Council has had a busy couple of months. They have been selling ice cream every other Friday to raise money for the Alan Brin Leukemia Foundation. Each year a contribution is given in memory of two former Nelson students, Alan Brin and Sharon Helbraun.

The school is also participating in the U.S. Marine Corps "Toys for Tots" collection for needy children. The council is collecting new or old toys (in good condition) to be given to children for the upcoming holidays. They have been participating in this activity for the last several years. If you wish to donate a toy, book,

stuffed animal, etc., bring your contribution to the school office by Wednesday, Dec. 14.

Nelson School is one of four elementary schools in East Maine District 63 and is located at 8901 N. Ozanam in Niles.

Yensy P. Cemerikic
 Marine Lance Cpl. Yensy P. Cemerikic, a 1990 graduate of Niles West High School in Skokie recently returned to the Persian Gulf aboard the aircraft carrier USS George Washington in response to yet another crisis in Iraq.

He joined the Marine Corps in March 1993.

Math teacher speaks to students at NEIU



(From left to right), Angelina Pedrosa, NEIU Professor of Foreign Language and Literatures (Skokie); NEIU President, Dr. Gordon H. Lamb; educator and guest of honor, Jaime Escalante; and Murrell H. Duster, NEIU Dean of Academic Development (Roseland).

Escalante recently spoke to an invited audience of hundreds of high school and college students and teachers at NEIU. The famed math teacher, on whom the film "Stand and Deliver" was based, gave a math lesson and reminded students that desire is necessary to achieve.

Local students inducted as Dumbach Scholars

Loyola's Dumbach Scholars Program welcomed thirty-eight new members during its tenth Liturgy of Induction on Oct. 16. Following the liturgy, Headmaster Bernie Boulette challenged the inductees to be Renaissance learners who resolve to put their talents towards the service of others.

Senior Doug Broin, of Park Ridge, representing present Dumbach scholars, saluted the newcomers and shared with them his own experience of challenge and camaraderie through the program.

Newly elected Dumbach Scholars from the Class of 1997 include: Magali Bergerieux of Northbrook; Jonathan Pier Bernard of Lincolnwood; Peter Choi of Morton Grove; Thomas Damirich II and Ruben Koshy of Skokie; Steven Gazda, Margaret Kearney, Anne King, Mary Krings, Theresa Malvar, Kelly Morgan, Angela Russo, Jennifer Simczak, Robert Siwick, Joseph Wenger, Jr. and Christopher Wolf of Glenview; and John Hanna of Niles.

Inductees from the Class of 1996 include: Jih Eui Hong of Glenview; and Andrew Uhm of Skokie.

Regina Speech team competes

Members of Regina's Speech team competed in a Varsity Individual Events Tournament against 25 public high schools on Nov. 5, at Constant High School in Hoffman Estates. The following team members broke to final round: Danielle Taddei, first place in Dramatic Interpretation; Laura Kelly, sixth place in Dramatic Interpretation; Ann Bagel, fourth place in Oratorical Declaration; Meredith White, and Michelle Geary, tied for sixth place in Oratorical Declaration.

The Speech teams are coached by Judith Spiser, Morton Grove, and Christopher Comella, Chicago.

March 1993.

Loyola Prep staff members

Loyola Prep Editor-in-Chief Doug Boin of Park Ridge and his staff are pleased that the Kettle-Morraine Press Association awarded the Academy's student newspaper an Honorable Mention based on the last three spring issues of the Prep.

Other staff members include Managing Editor, Matthew Brett and Executive News Editor, Michael Carlson of Glenview; News Editors, Tom McCann of Park Ridge; Opinions Editor, Alfred delLeon of Morton Grove; and Claudine Hamm of Lincolnwood.

Loyola Forensics Team places 2nd

The Loyola Academy Forensics Team finished in Second Place at the St. Ignatius Student Congress Competition last weekend. Leading the Ramblers with top scores were Jason Feldner of Skokie and Al De Leon of Morton Grove.

UIC students inducted into national honor society

Exactly 213 students and faculty were inducted into the national honor society of Phi Kappa Phi at the University of Illinois at Chicago during the spring semester.

The UIC chapter of Phi Kappa Phi annually selects its initiates from the upper 10 percent of the senior class and upper 5 percent of the junior class. A limited number of faculty members and graduate students are also eligible for initiation on the basis of scholarly distinction.

Founded in 1897, Phi Kappa Phi recognizes and encourages superior scholarship in all academic disciplines. Active members of the society participate in a variety of locally sponsored activities and are eligible for special Phi Kappa Phi fellowships. Each of this year's initiates had a cumulative grade average of at least 4.83 on a 5.0 scale.

Area students inducted include: Anurag Patel, David Soltysik, Barbara Walters, and Lisa Zimmerman of Des Plaines; Stuart Goldman, of Morton Grove; Tina Cadre, Christina Czart, Franz Demavivas, Ricky Lam, and Tricia Smith, of Niles; Erich Nelson, of Northbrook; Karen Steele, of Park Ridge; and Melani Pathyil, of Skokie.

Local student inducted into College staff

Luther College junior Sarah Voorhees has been named to the staff of CHIPS, the college's weekly newspaper.

As an editorial board member, Voorhees reviews articles for each week's issue of CHIPS. The paper is designed, composed, edited and managed entirely by Luther students. The faculty advisor of CHIPS is Lise Kildegaard, an instructor in English.

Voorhees is the daughter of Chandler and Joan Voorhees of Park Ridge. She is pursuing majors in music and communications.

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Library/Parks
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Skokie resident to play
basketball at Elmhurst

Kristina "Kris" MacAndrews of Skokie is a new member of the 1994-95 Elmhurst College women's basketball team.

A 5-7 freshman guard, MacAndrews is majoring in pre-physical therapy at Elmhurst.

MacAndrews is a 1994 graduate of Niles West School in Niles, where she was a three-sport athlete (volleyball, basketball and softball).

As a senior at Niles West, MacAndrews lettered as an outside hitter in volleyball, a guard and forward in basketball, and an outfielder in softball to earn Female Athlete of the Year honors.

In basketball, MacAndrews averaged eight points, four rebounds, four assists and two steals per game as a senior. She was the Coach Gene Earl Award winner and a team captain.

Also a team captain in volleyball, MacAndrews converted on 75 percent of service attempts and 50 percent of spike attempts. She was named winner of the Jeff Richards Memorial Award.

In softball, she batted .250 with 23 runs scored, 15 runs batted in



Kristina MacAndrews and 20 stolen bases.

Academically, MacAndrews was an honor student in four of her last five semesters at Niles West.

She is the daughter of Rick and Mary Ellen MacAndrews of Skokie.

Library accepting
book donations

The Evanston Library Friends are accepting donations of books for their spring book sale. All categories of books in good condition, including fiction, biography, art, music, science, history, and children's books may be donated. The Evanston Library Friends will also accept magazines in good condition, particularly science and art magazines, sheet music, comics in good conditions, postcards and other paper collectibles.

The date for the spring book sale has yet to be selected, but this sale, the first in more than two years, promises to be a big one. All proceeds from book sales are used to benefit the Evanston Public Library.

Small donations may be brought to the Library's Circulation Desk. Larger donations may be brought to the service entrance on the north side of the Library building, located at Church and Orrington.

For access assistance, call (708) 866-0309 (voice) or (708) 866-0340 (TDD).

Park District
class lottery
information

The Northbrook Park District utilizes a lottery system for enrollment in classes offered each season. For 1994-95 winter classes, all Northbrook Park District residential enrollment received before Dec. 16, at 5 p.m., will be put into a random computerized lottery in the morning of Dec. 21. Non-resident enrollment received before Dec. 16, at 5 p.m., will be put into a lottery scheduled for the afternoon of Dec. 21.

Enrollment received after Dec. 16 will be processed randomly on a daily basis once both computerized lotteries have taken place. Programs beginning before Dec. 16 will not be put in the general recreation class lottery. Ice Skating and Private Music class registration differs slightly. Check your 1994 Winter Recreation Guide for further details concerning these classes or call 291-2980.

Candle making
class at museum

The Skokie Park District will be offering a class on Dec. 13 in making your own beeswax candles and scones. This class for adults will meet at the Skokie Heritage Museum at either 10 to 11:30 a.m. or 7 to 8:30 p.m. The fee for this program is \$7 for residents. Call 677-6672, for more information.

Santa's Hotline

Santa and his elves have installed a direct telephone line from the North Pole to the Skokie Park District. If you would like to receive a call from Santa or Mrs. Claus, just ask Mom or Dad to register you at Devonshire or Oakton Center and then be extra good until Christmas. No mail-in registrations will be accepted. Registration Deadline is Dec. 16.

Santa or Mrs. Claus will be calling on Thursday, Dec. 22, between 6 p.m. and 9 p.m. (because long distance rates from the North Pole are cheaper at that time.) There will be a limit to the number of calls that can be made. A processing fee of \$1 per call will be charged. Call 674-1500, for registration details.

Niles student
receives award
for tennis

Loyola Girls Tennis teams celebrated the end of their fall season with a November banquet. Coach David Bavlsik presented the following player award: Varsity Coach's Award was presented to Jodie Scordo of Niles.

White Sox training
center announce
Winter Warm-ups

After a successful summer of nearly 100 youth baseball camps throughout the Chicago area, White Sox Training Centers have organized a series of five "Winter Warm-up" Training Centers for the holidays. White Sox Training Centers, the youth instructional baseball camps organized by the Chicago White Sox, have created a variety of "Winter Warm-Ups" in order to meet the different needs of players in grades 1-12.

The five "Winter Warm-ups" will cover a variety of topics, ranging in length from one full day to five half-days. The Pitcher-Catcher-Hitting and Power Hitting sessions will be geared toward the advanced player. The Father-Son camps and two comprehensive camps will address the fundamental needs of the younger player.

University of Illinois-Chicago's outstanding NCAA Division I athletic facilities will be the site of three camps. The Elk Grove Park District's new state-of-the-art Pavilion and Merrillville, Ind. High School's spacious fieldhouse will each host a comprehensive camp. Staff will include college coaches; former Major Leagues, current professional coaches; professional scouts; select high school coaches; and top collegiate players.

"Following the terrific reception that our summer camps received, we know there is a large number of kids out there who can't wait to get a jump on next year," said Rob Gallis, White Sox senior vice president of marketing and broadcasting. "As with the summer Training Centers, the Sox are extremely pleased to help these young players fulfill their dreams of becoming the best ballplayers they possibly can."

Registration is under way and enrollment is limited at each site. Players are encouraged to register as soon as possible. For registration information, call the White Sox Training Centers at (708) 674-1500.

North Pole
Express

Boy is the Skokie Park District well connected. If you register for the North Pole Express, they will have Santa Claus send you a very special personalized letter. Santa's letter will be mailed directly from the North Pole to your home before the Christmas Holiday.

Register early. Santa gets pretty busy as the holiday gets closer. Deadline is Dec. 9. A processing fee of \$2 per letter will be charged. Call 674-1500, for registration details.

Early fee/lottery
registration deadlines
approaching

If you would like to save money when you register for your favorite winter activities at the Northbrook Park District, take note of these dates: Dec. 16 at 5 p.m.-Ice Skating Class Early Fee Ends; Dec. 12-Ice Skating Class Lottery; Dec. 16 at 5 p.m.-Registration Deadline for Early Fees and Dance Program Priority Registration; and Dec. 21-Residential Lottery held for winter classes that begin Jan. 9.

For more information, consult your 1994 Winter Recreation Guide or call 291-2980.

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Jane Addams
at the library

Worthy Choices, a dramatic performance about the life of Jane Addams, the founder of Hull House, will be presented by Ann Kolasinski, at the Morton Grove Public Library, 6140 Lincoln Avenue, Tuesday, Dec. 13, at 11:30 a.m.

Kolasinski will follow the performance with a slide show of historical photos, and narration about Jane Addams and life in Chicago at the end of the 19th century.

Madrigals to
perform at the
M.G. Library

The North Shore Madrigals, an a cappella ensemble of a dozen singers, will perform in Renaissance costume for a holiday concert Sunday, Dec. 11 at 2 p.m. at the Morton Grove Public Library, 6140 Lincoln Ave.

Madrigals originated in medieval Italy as short lyrical poems. They flourished in the 16th and 17th centuries as secular, polyphonic vocal songs.

For more information, or for mobility and communication access assistance, call (708) 965-4220, for TDD, call 965-4236.

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Library/Parks
and Sports News

Surprise guests
with gourmet
appetizers

The Final Gourmet Cooking Series at the Northbrook Park District emphasizes preparation of the freshest and finest gourmet appetizers. You'll learn recipes for Cheese Boerag with Fresh Herbs, Chilled Shrimp on Feuille, Cracked Fizzettes with Smoked Salmon, Prosciutto and Artichokes, Memelitas and Polenta Triangles with Gorgonzola. Receive tips on advance preparation, cookware, appliances and utensils at this informative, hands-on course.

"Appetizers" will be held on Wednesday, Dec. 14, 7 to 10 p.m., at the Leisure Center kitchen, 3323 Walters Ave. The staff of Prairie Kitchens looks forward to assisting you with preparation and generous samples. For more information, call 291-2980.

Photography exhibit
on display at the
M.G. Public Library

Personal Vision of Loel Martin, a series of photographs capturing mosaics and montages from around the world, will be on display in the Baxter Room at the Morton Grove Public Library for the month of December.

The Morton Grove Public Library is located at 6140 Lincoln Ave. For more information, or for mobility and communication access assistance, call (708) 965-4220.

After school
sports at
Leaning Tower Y

Kids, are you trying to find something to do after a long day at school? How about a Youth Sports activity at the Leaning Tower YMCA. Our Youth Sports program has a new look this winter, so you're sure to find an activity you'll enjoy. You can choose from Basketball, Soccer, Sports of all Sorts, Fun Gym or Floor Hockey. If they all sound good, you can purchase our new Youth Sports Pass and go to all of them.

For more information, see our winter brochure, call (708) 647-8222, or stop in at 6300 W. Touhy, Niles. Registration begins Dec. 12 and activities start Jan. 2.

Free films
featured at
library

The second Monday of each month, the Morton Grove Public Library has free screenings of feature films. On Dec. 12, the Morton Grove Public Library will show Clear and Present Danger (rated PG-13) at 11 a.m., 2:30 p.m. and 7 p.m.

As deputy director of the CIA, Harrison Ford finds deceit and betrayal everywhere in this action film based on Tom Clancy's best-selling novel. The Morton Grove Public Library is located at 6140 Lincoln Ave. For more information, or for mobility and communication access assistance, call (708) 965-4220, for TDD 965-4236.

Winter program
registration

Registration has begun for all Morton Grove Park District Winter Programs. Registration takes place at Prairie View Community Center, 6834 Dempster, Morton Grove.

Some of the many classes offered include Preschool Sports, Girls Gymnastics, A Touch of Arctic Kids, Junior High Wallyball, Teen Ski Trips, Aquasize, Practical Puppy Class and Senior Country Western Dance.

For program information, call 965-1200.

Holiday college
special

During the month of December, the Morton Grove Park District offers a special one-month membership to the Fitness Club for all college students home for the holidays.

This membership can be purchased between Dec. 1 and Dec. 31 and lasts one month. You must have a current college I.D. and be a full-time student to be eligible for this special.

Call 965-1200, for further details.

District restoration effort gets
boost from federal government

The Forest Preserve District of Cook County will receive \$879,000 from the U. S. Congress to fund the first year of a two-year ecosystem restoration project, announced Cook County Board President Richard Phelan.

The project's three major goals include: the development of a long range ecosystem management plan for all District holdings; the expansion of the Swallow Cliff Restoration project in Palos; and the creation of an urban jobs program in ecological restoration.

"Our success with restoration in the coming years will determine whether rare native communities and their biodiversity will once again flourish on the lands of the Forest Preserve District," Phelan said.

"It is encouraging that the District has received such widespread support for this important effort. This type of cooperation from the federal government as well as other civic groups and individuals will help us meet this enormous challenge."

The District's holdings have been identified as containing some of the largest and best surviving examples of oak and prairie ecosystems. At one time, these natural communities were widespread across mid-North America. However, development and the invasion of non-native vegetation has nearly pushed these communities into extinction.

Recently the District formed a partnership with The Nature Conservancy, the Illinois Department

of Conservation, the USDA Soil Conservation Service and the USDA Forest Service. These organizations have pledged their support to help in restoration. Never before have such groups worked together, along with the public, toward ecological goals.

To date, each of the five project partners have contributed staff time and resources to designing and developing the ecosystem management initiative.

Last summer the District's Youth Opportunity Corps, a summer employment program for economically disadvantaged youths, participated on a model restoration project at Swallow Cliff. With these new funds, the District plans to expand the effort at Swallow Cliff to an even larger area and to employ 15 year-round participants to work throughout the year on this restoration project.

"While the District has made great strides in restoring its lands, so much more needs to be done," Phelan said.

Visit Jewish
Mexico City

Elise Ginsparg will present the last program in the Travel Through Time series at the Lincolnwood Public Library on Dec. 12, with her talk on "Visit Jewish Mexico City". The program begins at 7:30 p.m. in the library which is located at 4000 W. Pratt Ave. Phone 677-5277, voice and TDD.

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*Store hours may vary by an hour in some locations.

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• Mt. Prospect 730 E. Rand Rd.
• Wheeling Rt. 83 & Dundee
• Chicago 4645 W. Diversey 5001 N. Pulaski 2431 W. Montrose Ave. 6220 N. California 3333 N. Milwaukee Ave.

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Political & Business News

Niles welcomes new delicatessen



Enzo Paladino stands outside his new Specialty Meats & Deli catessen store located at 8130 N. Milwaukee Ave. in Niles.

Niles is the new home of Enzo Paladino Specialty Meats & Delicatessen, located at 8130 N. Milwaukee Avenue. This new store is owned by Mr. and Mrs. Enzo Paladino. Mr. Paladino has been in this business for the past 50 years and started working as a butcher in Sicily at the age of seven. For generations his entire fam-

ily has been in the meat business, in fact, Enzo was born in a butcher shop. The store features a variety of meats and delicatessen items both domestic and imported. Mrs. Paladino's homecooked pastas, antipastos, fresh salads, sandwiches, cold and hot lunches are also available. Mr. Paladino prides himself in the freshness

and goodness of all the products in the store. Paladino's accepts special orders and caters events. He has very competitive prices. The store is open Monday-Saturday, 9 a.m. to 6 p.m. and Sunday, 9 a.m. to 2 p.m. For more information, call Paladino's at (708) 698-7424 or (708) 698-7425.

Bank of Northern Illinois introduces 'The First Step'

The Bank of Northern Illinois has developed a new program to help first-time home buyers save the funds needed to help make the down payment.

"The First Step" loan is a savings program that not only helps the customer meet his/her savings goal but offers the added advantage of helping the customer establish a credit history or perhaps restoring his/her current credit.

With The First Step loan, the customer can borrow up to \$5,000 with a maximum repayment period of two years. The interest rate will be 2 percent above the Bank's savings account rate. The initial loan proceeds will be placed in a Bank of Northern Illinois savings account and held as security for the loan. The loan earns interest at the bank's savings account rate.

The customer will receive his/her own payment coupon booklet to be used in making monthly payments. If the customer is unable to make a monthly payment, he/she can request the bank withdraw the payment from The First

Step account. Ideally, the borrower will make all monthly payments and leave the initial loan amount in tact and perhaps add to it. In addition, the account continues to earn interest. After the two-year period, the customer will have accumulated a home down payment "nest egg."

"This is an outstanding product for people whose rent payment may represent more than a monthly mortgage payment," said Thomas Eiden, President and Chief Executive Officer of the bank. "There are many, new first-time home buyer programs that only require a 3 percent down payment."

Those interested in learning more about this new product may call or visit either Bank of Northern Illinois office and speak to a personal banker.

The Bank of Northern Illinois has offices at 1301 Waukegan Rd. in Glenview and at 1441 Waukegan Rd. in the Glen Oaks shopping center.

'Limited Liability Partnerships and Other Forms of Doing Business'

The Illinois CPA Society will sponsor a conference titled "[The] Limited Liability Partnerships and Other Forms of Doing Business" on Monday, Dec. 12 at the Hotel Inter-Continental, 505 N. Michigan Ave. in Chicago.

The half-day conference, which begins at 9 a.m., is designed to help CPAs clarify how they can benefit their firm or clients by properly structuring or restructuring their form of business. Topics scheduled for discussion include "Limited Liability Partnerships: The New Kid on the Block," "Limited Liability Companies: One Year Later," "S-

Corps: What's New with an Old Friend?", "Family Limited Partnerships: Secret to Tax-Free Wealth Transfer," and "Creative Uses of Trusts."

The conference qualifies for 4 CPE credit hours and adjourns at 12:30 p.m. The registration fee for Society members is \$110; the cost for non-members is \$150. Participants who register the day of the conference will be charged an additional \$15 to cover administrative costs. To register in advance, contact the Illinois CPA Society at (312) or (800) 993-0393.

Korean Air leases space in Des Plaines

Colliers, Bennett & Kahnweiler Inc. announces that Korean Air has leased and taken occupancy of 42,912 square feet of industrial space at 301 W. Touhy Ave. in Des Plaines. The international cargo and passenger airline relocated from smaller Des Plaines facilities in July. 301 W. Touhy

Ave. is a 70,700-square-foot building that is fully leased. It is located adjacent to O'Hare International Airport and offers easy access to I-90. Mas Ishida of Colliers, Bennett & Kahnweiler Inc. represented both parties during lease negotiations.

DP resident earns Employee of the Month

The Illinois Student Assistance Commission (ISAC), Deerfield, selected Francisco Alvaro, Des Plaines, as the December Employee of the Month.

Alvaro is an Assistant LAN Administrator in the Management Information Services Division and has worked for ISAC for more than two years. He earned the award for his dedication, responsiveness to customer needs, and willingness to work above and beyond his normal work assignments.

Local resident qualifies for Honor Roll

Fred H. Rothschild CLU, RHU of Lincolnwood, has qualified for the Million Dollar Round Table's (MDRT) 1994 Honor Roll.

The Honor Roll, which consists of approximately 5,000 Round Table members, recognizes producers who have qualified for MDRT by meeting or exceeding the Round Table's production requirement 15 or more times. Of the 5,325, 35 have qualified for MDRT 40 or more years.

Rothschild has qualified for MDRT by submitting proof of production for 24 years.

MDRT is an international, independent association of nearly 19,000 leading life insurance producers, each of whom has met strict ethical and production requirements to qualify. MDRT members represent about 450 life insurance companies from more than 50 nations.



Avondale Bank collecting for Toys For Tots

Avondale Federal Savings Bank has made it easy to support the Toys For Tots program. Between Dec. 1-19, new, unwrapped toys can be taken to any one of Avondale's six branches: 20 N. Clark St., Chicago; 2965 N. Milwaukee Ave., Chicago; 8300

W. Belmont Ave., Chicago; 6033 N. Sheridan Rd., Chicago; Milwaukee Ave. at Oakton, Niles; 300 E. Illinois Rd., Lake Forest. Since its origin in 1947, the Marine Corps Reserve's Toys For Tots program has sponsored the collection and distribution of

gifts for nearly 100 million economically disadvantaged youths. For more information, call (312) 782-6200.

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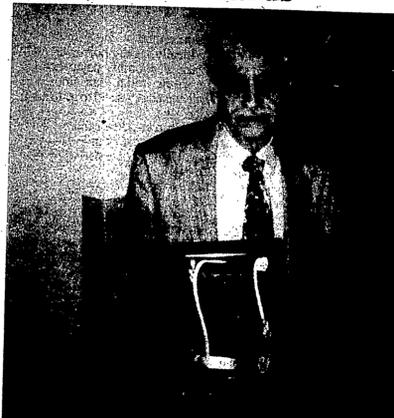
*A minimum opening deposit of \$2,500 is required. The Annual Percentage Rate (APR) is effective as of 12/6/94 and is subject to change without notice. The 9-month CD is not renewable nor eligible as an IRA. A penalty will be imposed for early withdrawal. Please see a Personal Banker for complete disclosures.



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Political & Business News

Doctor, Chapter win awards



The National Association To Advance Ethical Hypnosis, at their 39th National Convention in Baltimore, Maryland, on Oct. 21-23, honored its Illinois Chapter Two with two prestigious awards.

Dr. Lawrence Goldberg, O.D., was awarded The Harry Arons Award. Harry Arons was one of the founders in 1956 of the Association To Advance Ethical Hypnosis and is a renowned writer, lecturer, and authority on Hypnosis.

Illinois Chapter Two also received the much sought after "Chapter Of The Year Award." Illinois Chapter Two has been meeting on the second Tuesday of each month for the last 27 years, at 8 p.m. on the 9th floor of The Learning Tower YMCA in Niles. Anyone interested in Hyp-

nosis is invited to attend. We are now in our 28th year and welcome other Hypnotists, novices and adults interested in Hypnosis. Suburban Committee sets December meeting

The December luncheon meeting of the Public Relations Society of America/Chicago Chapter Suburban Action Committee will feature a presentation on planning special events. The meeting will be held Tuesday, Dec. 13, at the Clarion International Hotel, 6810 N. Mannheim Rd., Rosemont, at noon.

Registration begins at 11:30 a.m. The luncheon and program will run from noon to 1:30 p.m. For reservations, call Betty Melton at (312) 372-7744.

Interviewing Techniques to sell yourself

Join Patricia Bach at the Niles Public Library District on Dec. 12 from 6:30 to 9 p.m. Bach, of SMAHRT, Inc., has been in the Human Resources profession for a number of years, working in the airline industry and also as a private consultant.

This program will focus on interviewing tips and techniques to use after you've gotten your foot in the door. Polish your skills to negotiate for the position you want.

This program is free and open to all, but registration is required. For mobility or communication access assistance, call 967-8554 voice and TTY. We recommend that you arrive a bit early, since parking is often limited.

Nominations sought for CPA Society Public Service Award

The Illinois CPA Society is seeking nominations for its 1995 Public Service Award, conferred annually on a civic-minded Society member who takes his or her "public" title to heart.

The Public Service Award recognizes the efforts of a dedicated CPA who donates valuable time and experience to a variety of community projects or organizations. Through their public service, he or she not only made a difference in the community, but enhanced the overall image of CPAs as well.

A potential nominee must be 1) a Society member who 2) has been in business for at least 15 years, and 3) has selflessly provided public service to several community and/or religious organizations.

The winner of the Illinois CPA Society's 1995 Public Service Award will also be entered in the national AICPA award program

to honor public-spirited CPAs. Past Public Service Award Winners include Lester McKeever, managing partner of the Chicago accounting firm of Washington, Pittman & McKeever, and Ernie Wish, city clerk for the City of Chicago.

All nominations must be received by Jan. 15. Nominators need not be a member of the Society. For more information, or to receive an officials nomination form, please contact Anne O'Connor, Public Relations Coordinator, or Renee Diver, Director of Public Relations at the Illinois CPA Society, (312) or (800) 993-0407.

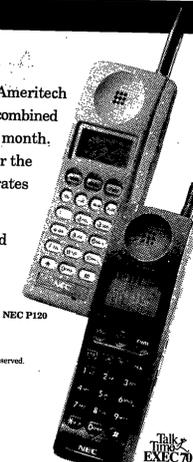


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Date: Saturday, Dec. 17th at 6:30 P.M.
Sunday, Dec. 18th at 11:00 A.M. and 6:30 P.M.
For Info: (708) 470-9988

From the Left Hand

Continued from Page 1

calls and unsigned letters from residents asking for help. We try to help quickly. We have about a 50-50 success average.

Some years ago a local called us and said he had paid a deposit to a dining hall for an upcoming wedding. But because of a death in the wedding family, the wedding was postponed. The dining hall owner refused to return the deposit. We called him and he said he felt justified in keeping the money because he would likely lose that date for another function. He was adamant. We told him we were running a complaint column in the paper and if the problem wasn't resolved we would publish the complaint in the column and identify his establishment. A couple of days later he called and said he would refund the money. We won one for the good guys. It was done quietly and we kept the item out of the newspaper. He even invited us to dine ala freebie. That was the price of intimidation.

This past week we received several letters from one or more senior citizens who objected to neighbors whose cars didn't have up-to-date vehicle stickers. We were asked to help. We called Niles Village Manager Abe Selman and he told us he received duplicates

of these letters and he sent police to the area in question to check on the complaint. Abe lives in a large apartment complex and he said even his parking area is periodically checked for license violations. He said one morning when he came down to the lot there were several tickets under windshield blades which cited violation.

Another anonymous letter-writer commented on the "abundance of tax dollars spent on children." The writer cited the beautiful parks, playgrounds, driving ranges, pools and other facilities which are geared for children. He/she admitted these facilities attract families to the area which "is great" but suggested the focus of tax dollars should also be for "grandparents and ethnics." The writer said "People with no children or grown children pay dearly in tax dollars." The letter-writer presents the question whether or not the "scale is balanced" regarding who utilizes the facilities and who pays for them.

Commenting on these anonymous letters in this manner may be the right way to handle them. We're not sure. We would welcome your opinions.

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Zoning Board ... Continued from Page 1

Participants in the Search program would attend the center five hours a day, bussed in from different locations. The training center would be the first facility of its type in the Village, however, after much debate and a board reluctant to vote either way, commissioners finally moved 4-1 to deny the zoning request. The denial is, in effect, the best decision Search officials could have received since time was a stressed issue. Code enforcement director Todd Bavaro said Search petitioners were granted a continuance, an option discussed, the case would not be finalized until as late as April based on the number of cases on the appeals docket. With the denial, the appeal will now go up before the Village Board in February, but without advantage of zoning board recommendation.

Search officials said they were losing money daily by not having a start-up permit because of a bid contract linked with the building. The most controversial aspect of the proposed Search project involves around its expected tax-exempt status. The training venture is funded through state public health funds and department of mental health funds, according to executive director Sandra Luchowski. The tax-exempt status reportedly translates into removing close to \$100,000 in taxable assets from Village and school district reach, a point stressed by zoning commissioner Angelo Troiani.

"Speaking just from the Niles point of view, we are losing property worth \$60,000," he said. "To justify that, I would like to see more information." Troiani said he empathized with their position of bringing good will to the community, but that stance left him short-handed as a Village representative.

"I personally support the work of your organization, but that doesn't take away from this point," Troiani said. "This is a substantial piece of property in today's market. I need a selling point so I can take it to the (Village) board. Do you have some ammunition?"

Luchowski said that while defending the charitable worth of the project to taxpayers may be difficult, defending its denial to people with developmental disabilities striving for independence may be more difficult, especially in the case of Niles special needs residents. Representatives for Search said chances are slim they will be able to finance the waiting period through February.

Burglars ...

Continued from Page 1
Known drug users, admitted committing the burglary. At 12:35 a.m., Assistant state's attorney Casey Bartnik approved felony burglary charges against Rios and Piatkowski, whose hands were turned off in an accident a couple years ago. During interviewing, police obtained a search warrant for Piatkowski's Chicago home. The officers immediately went to the residence and found a 19-year-old male named Jason Morrill at the home. Police found numerous stolen items that were taken from recent burglaries and, after telling the officers that he had knowledge of the thefts, Morrill was taken into custody.

Assistant state's attorney Miles Kelleher approved felony theft charges on Morrill, another known drug user, for possession of stolen property. (The officers) found all different kinds of property: TVs, jewelry, electronics," said Sergeant Roger Wilson of the Niles Police Department. "We believe they are from burglaries that occurred all over the place. They are still trying to identify where each took place."

LEGAL NOTICE

This is hereby given, pursuant to "An Act in relation to the conduct or transaction of business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D025071 on Dec. 6, 1994 under the Assumed Name of Health Basics with the place of business located at 4350 W. Golf Road, Skokie, IL. The true name(s) and residence address of owner(s) is: Debra H. Miller, 4350 W. Golf Road Skokie, IL 60076.

New restaurant has something for everyone

Zofia's restaurant, formerly a Niles establishment for 17 years, is celebrating its new location at 310 W. Rand Rd. in Arlington Heights. Zofia's offers the best Polish and American food with daily lunch and dinner specials. Two banquet rooms seat more than 250 combined and the restaurant has the best in live entertainment.

Open 11 a.m.-10 p.m. during the week and 11 a.m.-11 p.m. on the weekends, Zofia's bar remains open until 1 a.m. weekdays and 2 a.m. weekends. The establishment will be open for Christmas Eve, New Year's Eve and New Year's Day, and is taking special orders for Christmas Day.

"We welcome old friends and new friends," owner Zofia said. "We have a big menu, a lot of selections. There is something here for everybody."

Transformer

Continued from Page 1
work crew was installing posts Nov. 30 for a vehicle barrier fence in the station yard when equipment struck a 12,000 volt underground cable, which triggered an explosion in the large transformer, according to Des Plaines Fire Chief Thomas Farnella. One of the two men on the crew was taken to Holy Family Hospital, 100 N. River Road, to be treated for smoke inhalation and released. There were no other injuries.

Five Des Plaines fire trucks and three ambulances were joined by two foam units, one each from Mount Prospect and Wheeling fire departments. Farnella said that the fire was put out at 4 p.m.

Commonwealth Edison workers were able to restore power within two hours of the explosion with extra equipment at the station and by manually re-routing telephone pole power lines. A transformer can range in size from the green boxes found next to wooden telephone poles to a piece of equipment the size of a small garage. Electricity is sent over long distances at a high voltage, called "transmission voltage," because it is more efficient.

When it arrives at Commonwealth Edison substations, the voltage must be reduced to "distribution" levels to be used by consumers. The fire affected a garage-sized transformer at the substation, causing power disruptions as far south as downtown Chicago and as far north as Waukegan.

The Board of Education also unanimously ratified a contract with the East Maine Custodial Maintenance Association. Michael Johann, Director of Personnel and Pupil Services, said that the contract expired on June 30 and a tentative settlement had been reached Sept. 8.

After legal council examined the agreement, the Custodial Association, representing 26 workers, ratified the contract Nov. 5, Johann said. The contract includes an approximate 3 percent salary increase for each year of the two year deal and a slight change in the benefits offered.

New employees will not be offered the option of taking a cash equivalent instead of receiving health insurance, Johann said. Current custodians and maintenance workers, however, will retain the option, he said.

Community members with vision loss and their guests are invited to attend the specially-designed activity day which begins with low-impact exercises at 9 a.m., followed by arts and crafts at 10 a.m. and a discussion on current events an hour later.

Lunch will be served at noon and Jonathon Clark's performance will be at 1 p.m. Every month Kagan Home for the Blind hosts an activity day from 9 a.m. until 2 p.m. The cost is \$4 per person. For additional information and reservations, call (312) 478-7040, Monday through Friday, 9 a.m. to 5 p.m.

Clark scheduled to entertain at Kagan Home

Jonathon Clark will highlight Kagan Home for the Blind's activity day Wednesday, Dec. 14. Located at 3525 W. Foster, Chicago, Kagan Home for the Blind is the only sheltered-care residence in the Chicago area serving people with vision loss.

Community members with vision loss and their guests are invited to attend the specially-designed activity day which begins with low-impact exercises at 9 a.m., followed by arts and crafts at 10 a.m. and a discussion on current events an hour later.

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Illinois Arts Council to meet

Shirley R. Madigan will chair the 17-annual meeting of the Illinois Arts Council (IAC) on Friday, Dec. 9, from 9:30 a.m. to noon, at the James R. Thompson Center, 100 W. Randolph, Room 16-504, Chicago, IL. Beginning at 9 a.m., the IAC will hold a 30-minute public hearing prior to the Council meeting. Both segments are open to the public, and all interested persons are encouraged to attend.

Accessibility arrangements for individuals who are hearing-impaired can be made by contacting the Public Information Office at the IAC, phone (312) 814-6755; toll-free in Illinois, (800) 237-6994; or telephone text (312) 814-4831 (telecommunication device for individuals who are hearing or speech-impaired).

The IAC's goal in holding the public hearing is to provide Illinois Arts Council constituents and the public opportunity to directly address the Council to provide input and feedback regarding the Council and its activities and programs. The IAC hopes interested citizens will avail themselves of this opportunity.

Individuals interested in addressing the Council will be requested to sign-up in advance and will be heard in a first-come, first-served order. Each speaker will have a maximum of five minutes.

The meeting's agenda includes approval of fiscal year 1995's IAC Artists Fellowships awards and ratification of Artstour, Special Assistance and Special Projects grants. Also slated is a report by the Panel Procedures Committee regarding the review of certain peer panel procedures used by the IAC to evaluate grants applications and make funding recommendations. Acting Executive Director Rhoda Pierce and Council member Ralph Arnold will provide the Council with a report on the 1994 annual meeting of the National Assembly of State Arts Agencies, the membership organization representing the arts agencies of the states and the special jurisdictions of the United States. Closing the agenda will be a report by the IAC Director of Ethnic and Folk Arts Programs regarding this program's mission to support Illinois' cultural heritage.

When the students return to school, staff must first be trained to use the equipment, Reynolds said, and students should be able to use the new technology by December. The Board of Education also unanimously ratified a contract with the East Maine Custodial Maintenance Association.

Michael Johann, Director of Personnel and Pupil Services, said that the contract expired on June 30 and a tentative settlement had been reached Sept. 8. After legal council examined the agreement, the Custodial Association, representing 26 workers, ratified the contract Nov. 5, Johann said.

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Elizabeth S. Harper Elizabeth S. Harper has been promoted in the U.S. Air Force to the rank of chief master sergeant at Kirtland Air Force Base, Albuquerque, N.M. Harper, a first sergeant, is the daughter of Gaspare and Mary Scaturro of Des Plaines. She is a 1970 graduate of Elk Grove Village High School.

Annual search launched for 'Fairest' wife of all

In order to participate in the Mrs. Illinois/America competition, a major national Pageant that doesn't discriminate against married women, a contestant must be a U.S. Citizen, a minimum of 18 years old, married for at least one month as of the entry of her state pageant, and a resident of the State of Illinois for a minimum of six months.

In addition to such beautiful prizes as a 14-carat Diamond Necklace, an all-expense paid trip to the Nationals, a Cash Award, and a complete wardrobe of fashions, the winner will also earn the right to represent Illinois at the nineteenth annual Mrs. American Pageant. The finals will be taped as a nationally syndicated one-hour television special to be seen in over 100 major markets throughout the country.

A distinguished panel of judges comprised of entertainment, community and business leaders will have the difficult task of selecting the fairest Mrs. Illinois of them all to succeed Kelly Fisher, the reigning queen from Long Grove.

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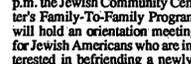
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Family-To-Family Program sets meeting

If you've ever traveled abroad or moved to a new city, you know what it's like to be a stranger in a strange place. The Family-To-Family Program is set up to help ease the transition for Jewish singles, seniors and families who are newly arrived from the former Soviet Union. Volunteers practice English, teach customs, and offer practical suggestions, to the newcomers. Shared holiday celebrations, job search assistance, and friendly phone conversations contribute to their adjustment.

On Tuesday, Dec. 13 at 7:45 p.m. the Jewish Community Center's Family-To-Family Program will hold an orientation meeting for Jewish Americans who are interested in befriending a newly-arrive family, single or senior from the former Soviet Union.

The meeting will take place at the Mayer Kaplan JCC-5050 W. Church, Skokie. For more information call (708) 675-2200 x170.



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GAMS (MUFFLER & BRAKE CENTER) **312-763-8200**
\$1500 OFF ANY PURCHASE OVER \$110.00
\$1000 OFF ANY PURCHASE OVER \$80.00
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Not good in conjunction with any other offer or discount. Expires 12/31/94

VALUABLE COUPON
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GO - GO FASHIONS & GIFTS
MONTHLY DRAWING For \$20.00 GIFT CERTIFICATE
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Women's Wear
Unique Gift Items
4870 Dempster Ave., Skokie, IL 60077
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Hours: Mon.-Fri. 12:30 pm - 7:00 pm Sat. 11:00 am - 6 pm Sun. 11:00 am - 5 pm Expires 12-18-94 Not valid with other offers

VALUABLE COUPON
Classes and Contact Lens Specials. Bring your old glasses to donate to the Lion's Club and we'll take an additional \$5.00 off this already specially discounted price.
Save \$25.00 On Any Complete Pair Of Eyeglasses With This Coupon Offer Expires 12/31/94
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Try Soft Contacts! Only \$35.00/yr*** With This Coupon Offer Expires 12/31/94

VALUABLE COUPON
GRAND OPENING LINCOLNWOOD PIZZA
4706 W. Touhy Avenue, Lincolnwood, IL 60466
(708) 679-1717
CARRY OUT or WE DELIVER
Hours: Mon.-Sat. 11 A.M.-11 P.M. - Closed Sunday
*** FREE POP ***
FREE 2 Liter With X-Large Pizza
FREE 1 Liter With Large Pizza
FREE 2 Liter With Any Order Over \$15.00

VALUABLE COUPON
North Shore MUFFLER & BRAKES 7420 N. Milwaukee Niles, IL 60714 (708) 647-8717
DAN VRANJES Manager
Converters • Oil Change • Custom Bending Shocks • Coil Springs • Brakes • Free Estimates • Free Inspection
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ACADEMY VIDEO
RENT TWO - GET ONE FREE
Open Every Day 11 a.m. - 10 p.m.
OVER 4,000 REGULAR & ADULT TITLES
965-3050
6005-B DEMPSTER, MORTON GROVE (Austin at Dempster) EXP. 1/85

VALUABLE COUPON
PAPA CHRIS' CATERING ALL OCCASIONS
\$10.00 OFF 20 PEOPLE OR MORE
We're Habit Forming 6235 W. TOUHY CHICAGO, IL 60648
Call and Ask NECK for Price Quote Ask Us About Using Our State For Children's Parties NO PARTY TOO BIG OR TOO SMALL
HOURS: MONDAY THRU SATURDAY 12:30 A.M. to 9:00 P.M. CLOSED SUNDAYS
For Faster Service: Phone Ahead: (312) 631-4322 or FAX: (312) 631-0607 EXPIRES FEBRUARY 1, 1995

VALUABLE COUPON
CALL THE BUGLE (708) 966-3900
FOR RATES IN THIS SPECIAL SECTION

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BUSINESS SERVICE DIRECTORY

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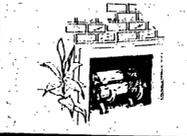
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GUTTERS & DOWNSPOUTS GUTTERS REPAIRED OR REPLACED WITH NEW - All Types Gutter Cleaning 10% Off This Month Call Gary (312) 282-7345 Est. 1972



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MOVING NOTICE TO CONSUMER All local movers must be licensed by the Illinois Commerce Commission. The license number must appear in their advertising. To be licensed, the mover must have insurance on file. Do not place your belongings in jeopardy. Use a licensed mover. For information call: 217-782-4654

MOVING? CALL 668-4110 1 Piece or Truckload Ask for KEN ALL C.C. 3059 / MC 107

DEL'S MOVERS, INC. We specialize in local moves. Residential - Commercial Office. Call us for a quote 1-708-766-8878 Ill. CC#4735 MC-C Insured



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CORRECTIONS Each ad is carefully proof read, but errors do occur. If you find an error please notify us immediately. Errors will be rectified by republication. Sorry, but if an error continues after the first publication and we are not notified before the next insertion, the responsibility is yours. In no event shall the liability for the error exceed the cost of the space occupied by the error.

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VCR MAINTENANCE Specializing in: VCR HEAD CLEANING REPAIRS HOOKUPS IN HOMES REASONABLE RATES CALL DAVE: 965-8725 or leave message.

THE BUGLE'S BUSINESS SERVICE DIRECTORY FOR ALL YOUR HOUSEHOLD NEEDS & SERVICES

Advertise Your Business HERE Call 966-3900 For Special Business Service Directory Rates



OOPS! DON'T GET STUCK! GET HELP..... LOOK IN THE BUGLE CLASSIFIEDS

Just check the Business Service section of The Bugle's Classified Ads and let the pros do the job! You'll find competitive skills and rates that'll give you a great selection. Whether you need a job done or are offering your services, read and use our Classifieds for an informative, inexpensive handle on your area's marketplace for life's everyday needs and wants.

THE BUGLE'S BUSINESS SERVICE DIRECTORY

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Your credit is good with us! We accept Visa & MasterCard.

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WE WILL GET YOUR AD QUICKLY and ACCURATELY ON OUR FAX MACHINE FAX FOR ADVERTISING COPY Bugle Newspapers 8746 N. SHERMER ROAD, NILES, IL (708) 966-0198 (OUR FAX NUMBER)

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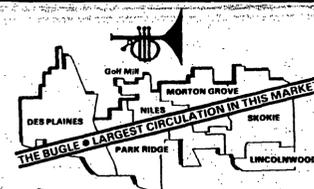
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FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME
BANKING OPPORTUNITIES	CLERICAL / OFFICE OPPORTUNITIES	MARKET RESEARCH	CLERICAL / OFFICE OPPORTUNITIES	MARKET RESEARCH
Banking TELLER OPPORTUNITIES Full time positions available in our Des Plaines and Schaumburg locations. We need dependable individuals with cash handling experience. And if you enjoy interacting with people and providing excellent customer service (including cross-selling), you are the person for us! No direct telling experience needed, we will train. Excellent benefits and working conditions. Please apply in person. Qualified candidates will be contacted for an interview. First Federal Bank for Savings 749 Lee St. Des Plaines, IL 60016 Equal Opportunity Employer M/F/H/V	NEW COMPANY Needs 5 People •Customer Service •Data Entry •General Office For more information Please Call: First Temps, Inc. (312) 286-2640	ADMINISTRATIVE ASSISTANT- GENERAL OFFICE Immediate opportunity for an organized, self-starting, result-oriented individual with excellent written & verbal skills who is able to handle multiple tasks. Must have a desire to learn & grow. Computer experience a plus. Call Keith (708) 966-6080 Fax Resume-(708) 966-7634	\$\$\$ EARN \$\$\$ EXTRA MONEY Market Research Company Needs TESTERS To Participate In TASTE TEST Call: Peryam & Kroll 6323 N. Avondale (312) 774-3155 Ask for: June	Find the help that you need in our classified section.
Banking CUSTOMER SERVICE REP. Full Time - Glenview Typing (50+ Accurately), Computer Experience Basic Accounting Procedures, Detail-Oriented Good Customer Service, 2+ Years General Office Bi-Lingual A Plus Bank of Northern Illinois. N.A. Call: (708) 724-9000 For Interview Appointment e/o/e m/f	IT IS THE SEASON TO BE MERRY... JOIN THE SELECT STAFFING TEAM Immediate Openings \$\$\$ TOP PAY \$\$\$ - \$\$\$ BENEFITS \$\$\$ • DATA ENTRY • CLERICAL • RECEPTION • WORD PROCESSING Call Trish NOW! 708-390-5870	MEDICAL / HEALTH CARE KENTUCKY INPATIENT THERAPIST IMMEDIATE OPENING Master's level therapist needed for successful inpatient psychiatric program for adolescents in Owensboro, Kentucky. Duties include: Individual, group and family therapy, treatment planning and discharge planning. Work in a team framework with L.C.S.W. supervision. Competitive salary. Call Collect: Roger Hargus, L.C.S.W. 502-686-8477 or send resume and cover letter to Human Resources Office Green River Regional MH/MR Board, Inc. 416 West 3rd St., Owensboro, KY 42301, EOE.	TRAINEES No Experience Necessary/We Will Train! Full or Part Time (\$7.70-\$8.00 an hr) Days and/or Evenings Immediate position for individuals with previous experience in general office environment. Must type 40 wpm. We offer an excellent plan of benefits including Blue Cross/Blue Shield, Life Insurance, 2 weeks Paid Vacation, Paid Holidays and more. Please send fax or application between 9am-5pm. JAMES E. VAN ELLA & ASSOCIATES, INC. 8420 W. Bryn Mawr Chicago, IL 60631 or Kennedy Exp. & Cumberland (O'Hare subway stop) an equal opportunity employer	NEW YORK STATE DENTIST/FULL TIME Immediate Opening! Busy practice Upstate New York looking for General Dentist. Must have New York State Dental License and must relocate. Starting salary \$70K gross plus benefits and percentage. Send resume to: Rome Family Dental Services P.C. 215 North Washington St. Rome, NY 13440 or Call: (516) 339-8330
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BOOKKEEPING/ ACCOUNTING ACCOUNTS PAYABLE ASSISTANT Part Time Needed To Prepare Invoices For Payment Skokie Location Flexible Hours 1-2 Days or 3-1/2 Days Per Week Call Lynne Sanderman (708) 679-3377	OUR FAX MACHINE FAX FOR ADVERTISING COPY (708) 966-0198 Bugle Newspapers	RESTAURANTS / FOOD SERVICE DOMINO'S PIZZA Full Time - Part Time - Flexible Hours Lunch - Dinner - Late Night • Delivery Drivers • Pizza Makers • Order Takers Average \$10/\$12 per hour - Cash Paid Daily Hourly Wage, Tips, + Bonus Apply In Person Northbrook 1022 N. Waukegan Skokie 4510 Oakton Glenview - 775 N. Milwaukee Countryside Plaza	RESTAURANTS / FOOD SERVICE Century 21 ELM We are looking to expand our sales staff. If you are energetic and willing to learn, we will train you. Please call (708) 692-5522 Ask for Danielle	

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FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME
MEDICAL / HEALTHCARE	PROFESSIONAL OPPORTUNITIES	SALES/RETAIL	SALES / RETAIL	SALES / RETAIL
HEALTH CARE NURSE PRACTITIONER OR PHYSICIAN ASSISTANT IMMEDIATE OPENING Fayette County Hospital, a member of the BJC Health System, is currently seeking an experienced Nurse Practitioner or Physician Assistant to start up its new rural health clinic. Located just an hour from downtown St. Louis, Fayette County offers the best in rural or small town living with the advantages of a major urban community a short drive away. As part of a major health system, FCH offers a competitive salary and a complete benefits package including health, dental, life, vision, and LTD insurance. Earned Time Off, and tuition assistance. Interested individuals are invited to call or send a resume to: Bunny Brozman FAYETTE COUNTY HOSPITAL Seventh & Taylor Streets Vandalia, IL 62471 618-283-1232, ext. 362	Telecommunications RECRUITING BONUS IMMEDIATE OPENING Join the fastest growing Telecommunications Company in Arizona. If you have a high drive and proven track record in Telecommunications this is the opportunity for you. • PBX/Hybrid Management • PBX/Hybrid Sales • Embroidered Base Sales • Administrative Assistant Please call 802-379-1063	STROUDS The Linen Experts NOW HIRING IN VERNON HILLS (At The Townline Commons Shopping Center) STROUDS, the largest specialty retailer of linens in the West, has brought the ultimate assortment of linens for today's lifestyle to your neighborhood. And, we'd like you to join us. Your outgoing personality and can-do attitude could be the perfect match for one of the following positions available at our new superstore. MANAGEMENT 2 years home store mgmt. Experience required. Must be able to relocate throughout Chicago land. FULL & PART TIME SALES ASSOCIATES STOCK ASSOCIATES FLOOR MANAGER HOURLY SUPERVISOR We'll provide you with all the training you'll need on brand names such as Faldon, Marlow, Wainwala and Crosell to name a few. You can look forward to competitive salary plus bonuses, an immediate 20% merchandise discount and career advancement. Please apply in person daily: STROUDS 555 East Townline Rd. Vernon Hills or CALL (708) 240-2030 EOE M/F/D/V	SALES/TELEMARKETING TELEMARKETERS Cash Paid Daily Start Now Will Train Hanover Park (708) 372-2102 Villa Park (708) 782-0200	TRADES/ INDUSTRIAL/DRIVERS LA PORTE, INDIANA MOLD MAKING IMMEDIATE OPENING Journeyman Mold Maker with possible hands-on management willing to relocate to La Porte, Indiana. Small mold-making facility for 3 captive molders. Send resume to: KENCO PLASTICS ATTN: MARION COOPER DEPT. C.N. P.O. BOX 364 LA PORTE, IN 46350
Find the help that you need in our classified section.	***** CUSTOMER SERVICE - SALES Do you have a successful service background and want to work during the school year? Position available for responsible, enthusiastic person representing educational products to schools - we are an established, growing company in Niles with low turnover and summer off. Call Tracy (708) 647-0600	SALES/TELEMARKETING BUGLE CLASSIFIED ADS GET RESULTS! Place your ad now 966-3900	Find the help that you need in our classified section.	RESTAURANTS / FOOD SERVICE DOMINO'S PIZZA Full Time - Part Time - Flexible Hours Lunch - Dinner - Late Night • Delivery Drivers • Pizza Makers • Order Takers Average \$10/\$12 per hour - Cash Paid Daily Hourly Wage, Tips, + Bonus Apply In Person Northbrook 1022 N. Waukegan Skokie 4510 Oakton Glenview - 775 N. Milwaukee Countryside Plaza

INFORMATION ON CLASSIFIED ADS

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HOLIDAY GREETINGS

Enjoy a terrific holiday season filled with laughter and good spirits. Our best wishes to all!

From
Your Classified Department

Beverly
Judie

FAX FOR ADVERTISING COPY (708) 966-0198

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FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	REAL ESTATE
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TRADES/ INDUSTRIAL/DRIVERS

GENERAL FACTORY
 Third Shift (11 p.m. to 7 a.m.)
 Contour Saws has opening for General Factory Production Machine Operators. Experience should include minor machine set-up. The right individual will have an excellent, verifiable attendance record. Starting rate \$8.25 per hour which includes night bonus. We offer a complete benefit program. All applicants must have the name, address and phone number of last 3 employers or the employers covering last 5 years. No application will be considered without this information.
 Apply in person between 9 a.m. and 2 p.m. from Wednesday, Dec. 7th through Wednesday, Dec. 14th.
CONTOUR SAWS, INC.
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 890 Graceland Ave. (Mannheim Rd.)
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 Exp. with gymnasium floor maintenance needed. Excellent salary & benefits. If interested, call or send resume to: Maryville Academy - City of Youth, Attn: Maint. Dept., 1150 N. River Rd., Des Plaines, IL 60016, 708/294-1840
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 IMMEDIATE OPENING!
 EXPERIENCED MOLD MAKER NEEDED
 Send resumes to:
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 1420 Wagner Drive
 Albertville, Alabama 35950
 (205) 593-3441 : 7 AM - 5:30 PM

TRADES / INDUSTRIAL / DRIVERS

DRIVERS IMMEDIATE OPENINGS
 After a thorough analysis of the trucking industry, Ag Trucking, Inc. an E.O.E., has developed a new driver qualification process that is simple and fast. Given that the trucking industry has sustained an extremely high turnover rate, we feel we are better able to recruit the best drivers.
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 For further information about our complete package,
Contact Dick at 800-366-1216

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 RPS, a small package delivery service, hires package handlers to load & unload trucks. If you are not afraid of hard work, are at least 16 years old and can work 4-5 hrs/day, M-F, 2am-7am, 9pm-2pm, 4:30 pm-9pm & 11am-4pm, RPS has an opportunity for you. We offer you up to \$7.50/hr + \$1/hr. tuition assistance.
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 2945 Shermer Rd.
 Northbrook, IL 60062
(708) 272-4310
 EOE/AEE

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RGIS
(708) 253-1173
 EOE

DRIVERS

DRIVERS Part Time \$7.20 - Mini Bus \$9.25 - School Bus
 No Experience Necessary SEPTA needs responsible drivers who enjoy children for routes in the North / Northwest Suburban area. Will train on easy-to-drive, fully automatic school buses and vans.
 •3-4 Hours / Day-Paid Training
 •10% Performance Bonus
 •Permitted Drivers start with Higher Pay
 •Transportation to & from work for minivans
 If you are over 21 with a good driving record & a valid DL for 3 years, Call Today!
(708) 392-1252
 Drug Screening Required

Drivers - School Bus Drivers - Immediate Opening!
 (\$8.40 Per Hr.) (10 Openings)
 • Add'l 75 Cents Per Hour
 • Paid Training/License Reimbursement
 • Attendance Bonus Program
 • 401(k)
 • Tuition Reimbursement
 • Company Paid Life Insurance
 • Credit Union
 Northbrook/Glenview area. No experience necessary. Applicants must be 21 years or older with clean driving record. Drug screening required. For more information call Ken Hill at 708-724-7200, Northbrook, IL EOE
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 25 Scheduled Hours Per Week
 5 Days a Week for Niles Newspaper
 Call Judie or Beverly
(708) 966-3900
 for hours and information

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965-4388

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 Jiffy Lube is now hiring both full time and part time positions. We offer competitive wage and benefit packages including health insurance. Our training program is the best in the industry! No experience necessary, but a good attitude is. If you like working around friendly people, apply today at:
JIFFY LUBE
 9401 Golf Rd. (At Potter)
 Des Plaines, IL
(708) 299-3071
 Ask for Jim

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 We Pay Daily Flexible Hours
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 A COLORADO Millwork company needs a shop supervisor with strong supervisory skills, extensive shop near floor experience and equipment knowledge. A new 45,000 sq ft plant with current equipment.
 Send detailed resume to:
 Bryan Tolinton, Phelps-Tolinton Millwork, 1001 Buckingham, Fort Collins, Colorado 80524

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 8746 N. SHERMER RD., NILES, IL
(708) 966-0198
 (OUR FAX NUMBER)

Smugglers celebrates new quarters with jewelry sale

Smugglers Legit Fine Jewelry is celebrating its move to larger quarters with a one-day sale of rare and beautiful estate jewelry, Sunday, Dec. 11, from 11 a.m. to 4 p.m.
 Smugglers doubled its space by moving next door to its former location, still in the Berkeley Row Shopping Center, 300 Skokie Blvd., Northbrook, behind Artie's restaurant and across from the recently torn down Edens Theaters.

The estate jewelry event, which includes celebratory hors d'oeuvres and champagne, features superb examples of the jeweler's art, collected from private collections and estates throughout the world.

Rings, bracelets, necklaces, brooches, lavaliers, cameos and earrings, made of precious gems and metals by skilled artisans of the Victorian, Art Nouveau, Art Deco and, even, Contemporary periods, will be available at prices ranging from \$100 to \$10,000 but 33 percent less than their appraised replacement values.

The sale is open to everyone, but appointments are suggested and can be made by calling (708) 559-0101.

Winter activities abound at Sportsman's

Whether you prefer indoor ice skating or outdoor snow skiing action during winter months, the Northbrook Park District offers a distinct variety of exciting leisure activities for you to share with family and friends.
 As soon as weather permits, Sportsman's Country Club, located at 3335 Dundee Rd. will open the course for cross country skiing and for Horse Drawn Sleigh Rides on Jan. 22. For golf enthusiasts, Sportsman's will continue indoor lessons, one day clinics, a Junior Golf Program, a Rules Clinic and convenient indoor driving range hours.

The Park District Sports Center at 1730 Pfingsten Rd., sponsors a wide variety of ice skating lessons for youngsters and adults, hockey classes and rink facilities for ice skating parties. Public ice skating time is abundant and popular from September through April. Watch for the Annual Holiday Ice Recital on Dec. 16, a Skate and Equipment Exchange on Jan. 7 and the Northbrook-On-Ice Recital trouts for Solo and Key Character, Pairs and Icelets in December and February.

Take time to examine your new 1994 Winter Recreation Guide to learn of all the wonderful winter opportunities available to you from the Northbrook Park District.

Nelson students 'walk' for Leukemia Foundation

As part of school "Spirit Week," Nelson School, 8901 N. Ozanan, Niles, recently held a Walk-A-Thon to raise money for the Leukemia Foundation. Students had two weeks to collect pledges and then walked for an hour on a designated course around the school.

"I am extremely pleased to announce that our students raised an incredible \$3,000," reported Mrs. Linda J. Rageb, principal at Nelson. "It was a total school effort with students, parents and faculty working together that made this project such an outstanding success and I congratulate them all," she added.

Nelson School is one of four elementary schools in East Maine School District #63.

Residents attend Boston University

Two Des Plaines residents are members of Boston University's Class of 1998. This year's freshman class comes from all 50 states and 130 foreign countries.

Now studying at the University are Mother Guent's High School graduates Amy Jo Marton and Maine West graduate Jennifer Barber. Marton plans to major in electrical engineering, and Barber plans to major in political science.

Forest program examines workplace violence

"Violence in the Workplace" will be the topic of a professional program presented by Forest Health Systems on Friday, Dec. 9, at 8:30 a.m. (registration at 8 a.m.). The half-day program, part of Forest's continuing Scientific Lecture Series, will be held in the Novick Auditorium at Forest Hospital, 555 Wilson Lane, Des Plaines.

Presented by James Janik, Psy. D., the program will review the history and prevalence of workplace violence and its causes. It also will provide a psychological profile of typical perpetrators.

Janik was part of the task force that consulted with the United States Post Office on workplace violence and has conducted thousands of evaluations and assessments for a variety of federal, county and municipal departments, including the Chicago Police Department and the Secret Service.

Open to professionals and students in the health fields, the program is CME-accredited for the Physicians Recognition Award of the American Medical Association and also is approved for three hours of continuing education for social workers.

Fee for the program is \$25. Because of limited seating, reservations are requested. To register, or for further information, call the communications department of Forest Hospital (708) 635-4100, ext. 363.

Office Systems Technology course at Oakton

A variety of spring courses will be offered through Oakton Community College's Office System Technology (OST) program. Classes begin the week of Jan. 17, and are offered on Oakton's Des Plaines campus, 1600 E. Golf Road or Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Automated Office Procedures (OST120) is a three credit hour course offered only during the spring semester to prepare students for the automated office. Software applications covered include spreadsheets, databases, calendaring, calculator, notepad, clipboard, electronic mail and scheduling. CompuServ will be used to connect the user to a commercial database. In addition, records management, electronic techniques, telephone usage and decision making will be reviewed. The class will meet on Mondays and Wednesdays from 11:30 a.m. to 12:45 p.m. on the Des Plaines campus.

Word Processing for College Success (OST 110) is a one credit hour course designed for non-OST students who need to use word processing in their English classes or to produce papers in other courses. Students will learn a word processing software package for personal use to enhance academic assignments in just seven sessions. The class will meet on Mondays, Wednesdays and Fridays from 12:30 to 2:20 p.m. at the Ray Hartstein Campus.

Typewriting Speed and Accuracy Development (OST 106) is a one credit hour intensive course designed to develop speed in keyboarding along with a high rate of accuracy. The class will be offered on Fridays from 9 to 10:50 a.m. and Tuesdays and Thursdays from 8:30 to 9:45 p.m., Jan. 20 through March 3.

Registration for spring classes is now in progress. For more information about these and other OST offerings, contact Kitty Tabers, OST chairperson, at (708) 635-1954.

Caroling in the Season

On Thursday, Dec. 15, the Culver Chorus will usher in the holiday season by caroling at Hampton Plaza Health Care Center, 8555 Maynard Rd., Niles, at 10:30 a.m. and Golf Mill, North Mail, at 2 p.m.

Members of the Culver Chorus are Lilly Arsenjevic, Christopher Bialobrzewski, Georgia Chronopoulos, Janine Cienny, Malha Darugar, Annie DiMaria, Joseph DiMaria, Christine Crachenberg, Galina Dvorkin, Nicholas Etrosinis, Seema Ferooqui, Valerie Geer, Jaclyn Graganani, Vince Heidkamp, Heather Hwang, Jaclyn Johnson, Desiree Jurenci, Robert Khoury, Hana Kim, Joann Kim, Ki Won Kim, Sena Kim, Sarah Klein, Andy Krueger, Agatha Kubalski, Hyun-Jin Lim, Claudia Lombardi, Philip Marchisotta, Erin McNeela, Shannon McNeela, Martha Merendon, Pauline Millotis, Norman Moore, Milena Nititi, Esther Park, Eunice Park, Ashis Patel, Nina Patel, Rina Prizant, Sara Ryan, Lamia Saifuddin, Art Sarmonpal, John Schutt, Laura Schuit, Dan Sherowski, Rachna Sheth, David Shin, Sabina Smyczynska, Jason So, Mindy Subantawanch, Andrea Swytnyk, Betsy Turk, Alex Yang, Krystyna Yang, Soo Yoon, Nahn Youkhana, and Andrea Zeman.

SCORE sets business insurance workshop

A half-day workshop on Business Insurance for owners and managers of small businesses, as well as for those planning to go into a small business, will be given Wednesday, Dec. 14, by SCORE (Service Corps of Retired Executives), 500 W. Madison St., (Citicorp Center), Chicago, where SCORE is based in the Business Information Center of the U.S. Small Business Administration.

Focus will be on helping those in small business gain a clearer understanding of the ways and means available for protecting their businesses, from every aspect, with the choice of the correct insurance to fit their specific needs--and how to avoid the pitfalls to which management of the underinsured and unprotected small business can be exposing itself. The workshop will be led by an active insurance expert firmly grounded in all current aspects of this rapidly changing subject, applying the personalized question-answer approach.

Advance registration is suggested (limited seating capacity). Send check or money order (\$50) to SCORE, 500 W. Madison St., Suite 1250, Chicago, IL 60661, or phone (312) 353-7724 for an application and details. Seminar starts at 9 a.m. and continues until about noon.

GRAND OPENING CELEBRATION



THE SMALLER OFFICE WITH BIGGER OPPORTUNITIES

Security Federal Savings has opened a new branch office in the Village Crossing Shopping Center at 5697 N. Touhy Avenue. While our new office is smaller in size, we are proud to bring you bigger opportunities in savings, checking and home loan services. We bring you all this and personal banking services, 7 days each week including Sundays, plus 24 hour ATM service. In addition, we bring you the 84-year experience of our \$250 million association and an unexcelled record for safety. If you are looking for the more personal, friendly touch of a banker you can get to know, join us during our Grand Opening Celebration, December 10 through January 15. There will be something for everyone.

BIG PRIZES



Win a beautiful decorator clock, a color T.V., a VCR or one of hundreds of other prizes. Simply come into our office and request one of our prize brochures. If it contains our address in a special "rub-off" area, you are an automatic winner. Everyone will win something. It's that simple, and you don't even have to be a customer. Everyone is welcome. Sorry, only one brochure and one prize per residence or family.

OPEN SUNDAYS

We think bankers' hours should coincide with your hours. Since many of you shop at the Village Crossing Center on Sundays, we will have our lobby open each Sunday from 10 a.m. to 3 p.m. to let you take care of your financial matters.

LOBBY HOURS:

Monday-Friday: 10:00 a.m. - 7:00 p.m.
Saturday: 10:00 a.m. - 4:00 p.m.
Sunday: 11:00 a.m. - 3:00 p.m.

24-HOUR ATM CASH STATION SERVICE

BONUS RATES

During our Grand Opening Celebration, we are making our insured CDs even more attractive. When you open your CD, we will give you a bonus rate of 1/4 of one percent above our already competitive rates on insured CDs. Certificates of Deposit must be opened with a minimum of \$1,000 and are available in terms of three months to seven years. Your savings are insured safe up to \$100,000 by the FDIC. Stop in or call for these special bonus rates. There is a penalty for early withdrawal from certificates.

FREE GIFTS FOR NEW ACCOUNTS

Open a new savings account or checking account with \$500 or more or a new certificate of deposit with \$1,000 or more and receive a free clock radio plus excellent interest. We hope our clock radio will be a reminder that Security Federal's office in the Village Crossing Shopping Center is open seven days each week to serve you.

Sorry, only one free gift per family. This offer is good through January 15, 1995.



5697 W. Touhy Avenue • Niles, Illinois 60714 • Phone: 708-647-8555
Located in the Village Crossing Shopping Center (Around the corner from Jewel)

