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 6960 DAKTON
 NILES IL 60714

Officer hospitalized in hit-and-run

By Tracey Berk

A Skokie police officer standing on the street was struck by a car that fled the scene Oct. 3. Officer Robert Grau was directing traffic at an accident site at Touhy and St. Louis Ave. around 6:24 a.m. Monday when he was hit by an unknown vehicle which fled westbound on Touhy Avenue following the incident.

Grau was transported to St. Francis Hospital in Evanston and was listed in stable condition. As of Tuesday, the officer was still in the hospital suffering from a broken leg. "He was banged up all over," said Sergeant Robert Mason of the Skokie Police Department. "He had cuts on his face, his head,

his arms. It's unbelievable that he didn't suffer a concussion." Police believe the offender was a male, driving a blue '85 or '86 Camaro which may have left front or side damage. Anyone with information regarding the incident is being asked to contact the Skokie Police Department at 982-5900.

Schools take step into future

by Ben Rieck

The District 63 Board of Education approved two payments at its Sept. 27 meeting; one for the district's future and one for an emergency that might have been worse. District 63 took a step toward the next century when the board approved a payment of \$150,000

to First Security and an agreement for Mark Twain School to be a test site for a technological renovation. Director of Operations Jim Reynolds said that for agreeing to be a test site, First Security will provide all available technology in Continued on Page 26

Niles

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Former teacher plea bargains for probation/ work program sentence

ND coach sentenced in sex case

By Tracey Berk

A former Notre Dame High School swimming coach pleaded guilty Sept. 30 to fondling a then 15-year-old member of the team. Douglas T. Williams, 46, of 3636 W. Church Street in Skokie, was found guilty of aggravated criminal sexual abuse and was sentenced to four years probation and six months on the Cook County sheriff's work alternative program as part of a plea-bargain agreement.

Skokie Branch Circuit Court Judge Joseph Romano also ordered Williams to continue seeking psychiatric counseling and to have no contact with the victim, or any children under the age 18, for the duration of his probation.

Prosecutors said that Williams sexually abused the male student, who is now a 16-year-old senior, four times over a three-month period, with one of the incidents occurring on the all-boy Catholic school grounds, 7655 Dempster St., Niles.

After two friends of the victim told the school's principal of the alleged abuse, an investigation

began between Niles police and the Illinois Department of Children and Family Services into the accusations.

According to school officials, Williams, who had been at the school since 1990, was placed on paid leave of absence from Notre Dame in February, 1994 and fired after his June 3 arrest.

A spokesman for the state's attorney's office said that prosecutors were looking to seek the maximum sentence of 7 years in prison, but the victim's parents did not want to put their son through a trial.

Williams, who also taught math at Notre Dame, has worked at several establishments prior to the Niles school, including Glenbrook North in the 70s, where he was asked to resign in 1979 after two students complained he had inappropriately touched them.

Williams had pleaded guilty to contributing to the sexual delinquency of a minor, a misdemeanor, and was placed on supervision for two years. The conviction was expunged from his record after he completed his probation.

"We always do an extensive resume check before we hire a teacher," said Notre Dame principal Reverend Kenneth Molinaro after Williams' June arrest. "We checked Mr. Williams' credentials. There was nothing there."

A 1993 state law prevents misdemeanor criminal sexual abuse convictions from being expunged from records.

A spokesman from the Illinois State Board of Education said that Williams will have to forfeit his teaching certificate and that school systems throughout the 50 states will be notified of his felony conviction.

From the Left Hand

by Bud Besser

The Changing Faces of America.....

Niles village manager, Abe Selman, was so excited about Niles plans to build a new village hall-fitness center that we got caught up in Abe's exuberance. He said if we wanted to see what the new fitness center would be like we should visit Park Ridge's two-year-old community center on Touhy Avenue, one mile west of the downtown area.

The center is on the site of the former YMCA building which was torn down before the new center was built. It's a handsome building at Western and Touhy.

We dropped by Tuesday morning about 10 a.m. Inside the fitness room were 20 exercisers pulling and cycling while rowing and sweating while reading and puffing and working and straining. We assumed they were having a wonderful time. The 20 exercisers were divided among seniors and younger-aged mothers, whose pre-school wunderkind were supervised in another part of the building.

Alongside the fitness room was a running track bordering the upstairs part of the gymnasium. Downstairs were several pools, wading and hot, and the full-sized pools where several lady-aerobicizers were working out.

We spoke briefly to the di- Continued on Page 26

Survey shows Dist. 63 students 'just say no'

by Ben Rieck

The results of the Rocky Mountain Drug and Alcohol Survey report that most sixth and eighth grade students in East Maine School District 63 have never used drugs and never will.

Robert Jares, principal of Melzer School and Drug Free Schools Committee member, delivered the results of the survey, which was given to the students in March, at the last board of education meeting held Sept. 27. "The results of that survey show that the majority of students in our district are making healthy, positive decisions regarding alcohol and other drugs," Jares said.

Results showed little drug use by district students and pointed toward programming additions for community involvement.

"The statistics show that our students fall below the national

averages for alcohol and cigarette usage," Jares said.

Nationally, 67 percent of eighth graders have tried alcohol, he said, and 45 percent have tried cigarettes.

The survey found, however, that 72 percent of sixth graders and 86 percent of eighth graders in District 63 said that they have never used drugs and never will.

How dangerous students use of drugs gets is determined by a risk scale. Jares reported that approximately 80 percent of eighth graders and 88 percent of sixth graders are in the low risk category. "Fringe students" in eighth grade, or occasional drug users, are in the moderate risk category and account for approximately 17 percent of the grade level.

Of the 445 students who took Continued on Page 26

Niles liquor seminar held to educate

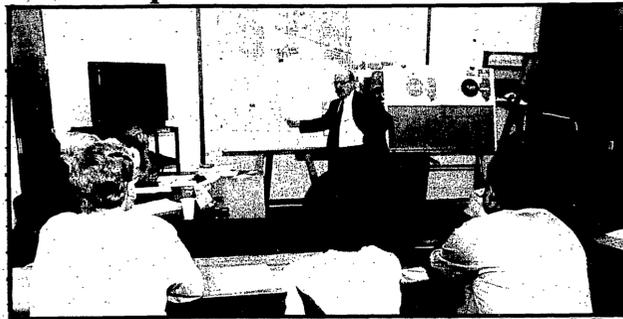


Photo by Mike Heuel

Nick Costantino, liquor commissioner for the Village of Niles, conducts a liquor seminar held on Sept. 28 at the administrative building. The seminar is designed to update local tavern owners and distributors of Niles liquor ordinances and procedures.

Chemical Dependency

Pages 10 & 11

Entertainment for seniors at Devon Bank

On Wednesday, Oct. 12, Devon Bank presents singer-guitarist, Lance Brown, in a morning of free entertainment for area senior citizens. The program will begin at 10 a.m. in the bank's conference center at 6445 North Western Ave., in Chicago. Refreshments will be served before the performance.

In his presentation of "Timeless Tunes and Tales," Lance Brown sings and plays jazz, swing, ragtime, and dixie on his guitar and ukulele. His storytelling reflects his love of humor, exaggeration and innuendo. It's hard to say who has more fun, Lance or his audiences.

Devon Bank sponsors free entertainment for senior citizens on the second Wednesday of each month. The bank has free senior citizen checking with direct deposit, which assures the safe, on-time arrival of Government payments. Seniors with questions about Devon Bank products or services or the scheduled programs may call Iraida at (312) 465-2500, X302 during regular banking hours.

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Senior Social Service Center announces fall programs

The Senior Social Service Center of Temple Beth-El will host a Fall series of programs including adult study, exercise classes, nutrition seminars and social activities for well active seniors in the community.

Maine seeks input on proposed disabled program

Maine Township's Disabled Services Department is surveying area residents to determine interest in a possible counseling group for the disabled and their caregivers and to identify needs for programs and services.

The department is asking interested residents to respond by Oct. 10.

The proposed counseling group would meet once a week for eight weeks. The cost would be \$35 per person or \$70 with family members or caregivers.

Other Disabled Services programs include A-SCIP, a monthly support group; referrals on services for disabled residents; a Telecommunications Device for the Deaf (TDD); energy assistance; and a guide to accessibility of commercial and public buildings in Maine Township. The department also helps organize an annual Job Fair for the Disabled and actively supports legislation to improve the quality of life for disabled people.

For more information, call Donna Anderson, Director of Disabled Services, or Barbara Winicki, at 297-2510, ext. 229, or at TDD number 297-1336.

The programs, starting in October, are open to seniors of all faiths and will be held on Tuesdays and Thursdays at Temple Beth-El, 3610 Dundee Rd., Northbrook. They are being conducted in co-sponsorship with Oakton Community College-Office of Older Adults. Topics for programs include: "Peace of Mind: Hatha Yoga," "Texas Line Dancing," "Memoirs," "Crash Course in Basic Judaism," and "Humanities Treasures." Speak out discussions over brown bag lunches will be held Thursdays on a variety of current event topics and wellness discussions led by doctors from Glenbrook and Evanston Hospitals.

There is a registration fee available at reduced rates for the adult study programs and some programs are free. For additional information, including a brochure describing the programs, call the Temple Beth-El office at (708) 205-9982, weekdays.

On Fridays beginning Oct. 14, a series of culture tours will be offered co-sponsored with Oakton Community College. The tours include a visit to the Chicago Mercantile Exchange, the Federal Reserve Bank, a performance of arias and a program by the Chicago Symphony Orchestra.

Passages lecturer discusses aging

Barbara Glick, licensed clinical social worker and public speaker, will present a lively informative seminar on aging, as part of the free Passages Lecture Series held on Tuesday, Oct. 18 from 1-2:30 p.m. in Room 112 at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

In this lecture, Glick will discuss physical, marital, societal and personality changes. Interested persons are invited to come and learn how to turn their "golden years" into happy ones.

For more information on the lecture, call (708) 635-1414.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct of transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D023623 on September 21, 1994, under the Assumed Name of MDF with the place of business located at 8060 W. Church St., Niles, IL 60714. The true name (s) and residence address of owner(s) is: Marco DiFranco, 8060 W. Church St., Niles, IL 60714.

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Bob Besser
Editor and Publisher

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Niles Senior Citizens 967-6100 ext. 376

INVESTMENT COUNSELING
Investment counseling is available on Wednesday, Oct. 19 by appointment. Mr. Jeff Cardella will discuss your individual financial needs. Free. Call for appointment.

MEN'S CLUB GOLF BANQUET
Men's Club Golf Banquet is set for Thursday, Oct. 20 at 11 a.m. at Line Tree Restaurant. The cost is \$10. The last day to register is Oct. 13.

WOMEN'S CLUB OKTOBERFEST
Women's Club Oktoberfest "Roll Out The Barrel" on Monday, Oct. 24 at noon. Luncheon menu - roast pork with gravy, bread dumplings, Bavarian green beans, sauerkraut, German chocolate cake. Freddie Fisher Orchestra will perform. The cost is \$5.75 per person.

WOMEN'S CLUB OCTOBER MEETING CANCELLED
There will be no Women's Club meeting in October due to the Oktoberfest party.

MEALS ON WHEELS
The Niles Senior Center in conjunction with the Bethany Terrace Nursing Home offers Meals on Wheels daily to Niles Residents 62 and over and their younger spouses. The meals can be prepared for special diets and are delivered between 11:30 a.m. - 12:30 p.m. There is a charge and depending on whether or not we have a waiting list, there may be a limit as to how long we can provide the meals. Call Mary Oleksy if you are interested or have a family member needing meals.

VOLUNTEERS NEEDED
Volunteers are needed to assist at the monthly ticket sales and also to assist with the flu shot program. Please call the senior center if interested.

VOLUNTEER NURSES NEEDED AT SENIOR CENTER
The Niles Senior Center is looking for volunteer nurses to help at the monthly blood pressure screening program held at the center, 8060 Oakton, Niles. If you are interested in this type of community service, contact Terry Sprengel, RN, BSN at 967-6100, ext. 376.

CARBON MONOXIDE PROGRAM VOLUNTEERS NEEDED
Each year the Village of Niles Departments of Code Enforcement and Human Services, Senior Services Division work together to offer free residential inspections for carbon monoxide emissions and natural gas leaks. This year the Niles Senior Center is looking for volunteers to help with the continuation of this most needed and successful program. If you or someone you know are interested in helping us with the scheduling of carbon monoxide inspections, please call the senior center at 967-6100, ext. 376. Your participation in this program would be most welcomed!

STAMP CLUB
The Stamp Club is currently looking for new members. See Mary Oleksy if interested.

YARN NEEDED
If you have any left-over yarn, please bring it to the senior center. Lap robes are made for veterans from your generous donations. Also, volunteers are needed to crochet and/or sew lap robes or slippers. If interested please call Mary V.

ARTHRITIS LECTURE
There will be an arthritis lecture presented by the Arthritis Foundation on Monday, Oct. 10 at 2 p.m. called "Stress Busters Pain Management." Lectures are free. Register now.

FLU SHOT INFORMATION
Phone registration began on Wednesday, Sept. 21. Flu shot dates are Friday, Oct. 7; Wednesday, Oct. 19; Wednesday, Nov. 2 between 9:30 a.m. and noon and 1:30 p.m. to 4:30 p.m. Shots are available by appointment only. Shots can also be given to homebound seniors by appointment. Contact Terry Sprengel RN BSN.

BLACKSTONE THEATRE TRIP
The Blackstone Theatre trip to "Shear Madness" and lunch at the Chicago Hilton will be on Thursday, Oct. 6 at 10:45 a.m. to 5 p.m. The cost is \$34.50 Call for ticket availability.

BOOK REVIEW
Book Review is on Friday, Oct. 7 at 10 a.m. at the Senior Center. The book to be discussed is "Pleading Guilty" by Scott Turow. The \$1 cost includes refreshments. Registration is necessary.

RULES OF THE ROAD
Rules of the Road class meets on Monday, Oct. 10 at 10 a.m. at Ballard. The class prepares seniors for renewing their driver's license. Free. Registration is required.

REVERSE MORTGAGE INFORMATION
Reverse mortgage information sessions are available on an individual basis on Monday, Oct. 10.

MONTHLY MAILING
Monthly mailing is on Tuesday, Oct. 11 at 12:30. Volunteers are needed and welcome.

MEN'S CLUB TRIP TO MARIOTT LINCOLNSHIRE
The Men's Club trip to the Marriott-Lincolnsire to see "La Cage au Faux" is on Thursday, Oct. 13, 5 p.m. - 11 p.m. Dinner choices include New York strip steak or Chef choice fish. The cost is \$36.30 per person. Come and enjoy this spectacular production. Call for ticket availability.

LEGAL AID APPOINTMENTS
Legal aid appointments are available on Wednesday, Oct. 12. Call for information and eligibility.

BLOOD PRESSURE SCREENING
Blood pressure screening is on Wednesday, Oct. 12 from 1 p.m. to 4 p.m. Free to Niles residents 60 and older. No appointment necessary.

QUILTING CLASS
Quilting class begins on Friday, Oct. 14, 21, 28 and Nov. 18 at 10 a.m. Students may work on a CHRISTMAS TREE SKIRT OR A HOLIDAY TABLECLOTH. The \$10 charge includes pattern. A supply list will be given at registration.

Parish bids farewell



Reverend Thomas M. Dore says goodbye to Joe and Gigi Baliko at a farewell reception held Oct. 2 at Our Lady of Ransom Church in his honor. Dore, who has served as Pastor at OLR for 13 years, was recently appointed Pastor of St. Giles Parish in Oak Park.

Township Seniors plan outings

An Oktoberfest getaway to Milwaukee is just one of the special events planned for the Maine Township Seniors in October.

Bingo games are scheduled for Thursday, Oct. 6, at the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge, and Tuesday, Oct. 11, at Oakton Arms, 1665 Oakton Place, Des Plaines. Doors open at noon and play begins at 1 p.m. There is a limit of 100 players at each location and advance registration is required. An admission fee of 50 cents is charged at the door to cover the cost of coffee and sweet rolls.

On Wednesday, Oct. 12, and Thursday, Oct. 13, musical performer Jemmy Armstrong will entertain seniors during monthly luncheons at Banquets by Brigante in Park Ridge. Among the instruments she will play are the banjo, fiddle, and bagpipes.

Lunch begins at noon and will include vegetable soup, salad, roast pork with apple dressing, potato spaetzle and German chocolate cake. The cost is \$7.50 per member, \$8.50 per guest. Guests may attend on a space available basis.

On Monday, Oct. 17, seniors travel to Milwaukee to enjoy an Oktoberfest meal and entertainment at the John Ernst restaurant. On the menu are tossed salad, relish tray, wiener schnitzel, sauerbraten, polish sausage, boiled potato, fresh Wisconsin butter, red cabbage, sauerkraut and strawberry schaum torte for dessert.

Joe's German Band will provide the entertainment, performing such favorites as "Du Du" and other Oktoberfest standards. Buses will leave at 10:15 a.m. from the Maine West High School parking lot, and will return to the school at about 4:15 p.m. The cost is \$24 per member and \$29 per guest.

On Saturday, Oct. 15, and Sunday, Oct. 22, Maine Township and the North Shore Senior Center will offer a two-part program on "Getting Your Financial House in Order." Led by Henry Gramman, a legal expert and certified public accountant, the course will focus on estate planning, living wills and powers of attorney for health care and property.

The program will run from 9:30 a.m. to noon both Saturdays. The \$20 fee includes a resource notebook and organizational materials. Additional family members may attend for \$5, which does not include an additional notebook. Registration is at (312) 561-3500.

Baby Brigade visits Regency
Come visit the Baby Brigade for songs, stories and other surprises. On Wednesday, Oct. 12, from 10 a.m. to 11:30 a.m., Regency Nursing Center at 6631 North Milwaukee Avenue, Niles and the Baby Brigade program of Uptown Center Hull House Association will host an open house to introduce this intergenerational nursing home visitation program to the community.

Since 1985, the goal of Baby Brigade has been to bring new life to nursing home residents, teach children the value and values of the senior generation and provide parents with an opportunity for community involvement. Over 50 volunteer families visit the residents of 8 Chicago area nursing homes. In three group settings per week, Moms, Dads, babies, toddlers and residents play, sing, chat and celebrate together. For many seniors, holding babies, having other adult attention and enjoying the sound of children's laughter are eagerly awaited weekly events which enhance the quality of life for all involved.

The Baby Brigade program at Regency is seeking new volunteers and would like to invite you to their Regency Nursing Center Open House. Baby Brigade Members should be between 3 months and 4 years of age. If you would like to join in the fun and participate in this fine program please contact Baby Brigade Representative Monica Glaser at (312) 561-3500.

Fall II class registration to begin

The Fall II registration for classes at the Leaning Tower YMCA, 6300 W. Touhy Ave., Niles, begins Monday, Oct. 10 at 6 p.m. for members and Wednesday, Oct. 12 at 6 p.m. for non-members; or, use mail-in registration. Classes begin Oct. 23 and run for seven weeks ending Dec. 23.

Two swimming pools offer a wide variety of aquatic classes for everyone. Adult classes include Aquanastics, Aqua-jogging, Scuba, Diving, Water Works Wonders, Synchronized Swimming and regular swim classes for beginners thru advanced. Youth Aquatic classes include Progressive Swim, Swim Team, Diving and Synchronized Swimming.

In the Fitness and Wellness area, the Y is offering Step Classes, Slide Classes, Tone and Stretch, Power Plus, Get Fit, Healthy Lifestyles, Circuit Training, Shape Up and Aerobics.

Youth Sports are always fun at the "Y." Basketball leagues and classes, volleyball, racketball,

wallyball, golf, soccer, floor hockey, gymnastics and martial arts.

For the pre-schoolers gym and swim are offered, Kiddie Kollege, Discovering Fun, Makin' Masterpieces, Play & Learn, gymnastics, soccer, biddy basketball. Don't forget Mazing Kids Adventure Center where you can crawl thru tubes, slide down slides, climb nets while Mom or Dad workout, go shopping or take some time for themselves.

Popular special interest classes include, Ballroom Dancing, volleyball and basketball leagues, yoga, Dog Obedience, Hypnosis, CPR, First Aid, golf, martial arts and computer classes.

Don't forget the Family Haloween Party Oct. 21 at 7 p.m. Come to the "Y" and ask for a brochure and a tour to see the facilities. It's a great place to meet new people, get fit and learn new skills.

For more information, call the "Y" at (708) 647-8222.

Niles office to close for Columbus Day

All Secretary of State offices and facilities will be closed for Columbus Day, according to Secretary of State George H. Ryan. The holiday is observed by all state agencies.

Driver Services facilities outside Cook County and the Chicago West, Midlothian and Niles facilities in Cook County, which normally are open Tuesday through Saturday, will be closed Saturday, Oct. 8, and will reopen Tuesday, Oct. 11.

All offices that normally are open Monday through Friday will be closed Monday, Oct. 10, and will resume business Tuesday, Oct. 11.

North Maine Fire to celebrate 25th anniversary

The North Maine Fire Protection District Trustees, Officers, and Firefighters would like to invite you and your family to celebrate Fire Prevention Week, and the District's anniversary of 25 years of service to the community. This celebration will be taking place on Sunday, Oct. 9, noon until 4 p.m. at the North Maine Fire Station, 9301 Potter Rd., Des Plaines.

Since 1985, the goal of Baby Brigade has been to bring new life to nursing home residents, teach children the value and values of the senior generation and provide parents with an opportunity for community involvement. Over 50 volunteer families visit the residents of 8 Chicago area nursing homes. In three group settings per week, Moms, Dads, babies, toddlers and residents play, sing, chat and celebrate together. For many seniors, holding babies, having other adult attention and enjoying the sound of children's laughter are eagerly awaited weekly events which enhance the quality of life for all involved.

On Friday, Oct. 21, from 7 to 8 p.m. at the River Trail Nature Center, "Owls," offers a close-up look for the entire family at these night creatures. Advance registration is required.

On Saturday, Oct. 22, from 10 to 11 a.m. and 1 to 2 p.m. at the River Trail Nature Center, "Leaves, Leaves, Leaves," features nature games and activities for everyone.

On Sunday, Oct. 23, from 1:30 to 2:30 p.m. at the River Trail Nature Center, "Fall Color Walk," explores the transformation of the terrain and native plantlife during the fall season.

On Thursday, Oct. 27, from 7 to 8 p.m., "Owls," is repeated. On Saturday, Oct. 30, from 7:30 to 8:30 a.m., at the District's Beck Lake, Central and East River Roads, Des Plaines, "Waterfowl Watch," examines the herons, egrets and other species that frequent the wetlands. Bring

On Saturday, Nov. 19, from 11 a.m. to noon, "Toddler Tales" is repeated. On Sunday, Nov. 20, from 1:30 to 2:30 p.m. at the River Trail Nature Center, "Harvesters and Hibernators," investigates the ways animals prepare for winter. Advance registration is recommended. The nature center's programs are for people of all ages except when noted. To register for a particular program or to obtain additional information, contact the River Trail Nature Center at (708) 824-8360.

On Saturday, Oct. 8, from 1 to 2 p.m. at the River Trail Nature Center, a Bird Feeder workshop enables participants to learn how to implement a bird feeding program at home.

Also Saturday, Oct. 8, from 11 a.m. to noon at the River Trail Nature Center, youths between the ages of 3 and 5 with an adult are invited to participate in nature stories and activities during "Toddler Tales."

On Sunday, Oct. 9, from 7:30 to 9:30 a.m. at the District's nature center, an "Early Bird Walk" enables participants to identify and view the region's birds and study their migration patterns. (For young adults and up).

On Saturday, Oct. 29, and Nov. 5, from 11 a.m. to noon at the River Trail Nature Center, "Toddler Tales" is repeated for youths between the ages of 3 and 5.

On Sunday, Nov. 6, from 1:30 to 2:30 p.m., at the River Trail Nature Center, "Nature's Travelers," examines migrant birds and other travelling species of the fall season.

On Saturday, Nov. 19, from 11 a.m. to noon, "Toddler Tales" is repeated.

On Sunday, Nov. 20, from 1:30 to 2:30 p.m. at the River Trail Nature Center, "Harvesters and Hibernators," investigates the ways animals prepare for winter.

Advance registration is recommended. The nature center's programs are for people of all ages except when noted. To register for a particular program or to obtain additional information, contact the River Trail Nature Center at (708) 824-8360.

Forest Villa to host annual health fair

Plans are underway for Forest Villa Nursing Center's annual health fair celebration. It will

take place on Saturday, Oct. 8 from 1-3 p.m. at Forest Villa Nursing Center, 6840 W. Touhy, Niles. This annual health fair is designed to answer any questions that senior citizens in the community may have regarding their health. Participants include specialists such as podiatrist, pharmacist, physical therapist, occupational therapist, speech therapist, dietitian, optometrist and chiropractor.

There will be a complimentary food buffet for all who attend. Also, there will be entertainment during the two hours that the health fair is open.

Of particular interest to seniors will be free cholesterol screen-

Polish senior group to meet

The Polish-National Alliance North Side Seniors will meet Wednesday, Oct. 12, at 10 a.m. at the Fraternal Center, 6038 North Cicero, Chicago.

As a senior, are you aware of the over 40 city, state and federal benefit programs available, for which you may qualify?

Our guest speaker, Brenda Groeper, Benefit Eligibility Specialist for the Northwest Region of the Chicago Department on Aging, will give a presentation explaining the benefits to you.

All seniors 55 and over are invited. Refreshments will be served.

For additional information, call (312) 286-0500, ext. 309 or 316.

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ings, free blood pressure check, free vision testing, give-a-way, door prizes and senior service exhibitors providing information from Niles Senior Center, American Diabetes Assn., Alzheimer's Assn., Arthritis Foundation, American Heart Assn., Cancer Society, Medicare, Medigap Insurance and more.

This event is co-sponsored by Lutheran General Hospital. There will be specific information from Lutheran General provided by the Older Adult Services, Emergency Response System, Senior Passport, Stroke Club and senior information and referral line. The community is invited to participate in the activities. Admittance is free. For more information or to RSVP, call (708) 647-8994.

Low-cost wills at Niles Senior Center

Eligible senior citizens are offered low-cost will preparation services through the Senior Citizens Will Program Friday, Oct. 14, at the Niles Senior Center. Advance appointments are required and will be scheduled 9:30 to 11:30 a.m., that day.

An attorney from The Chicago Bar Association will provide free consultations about wills to seniors who register for the service. At a client's request, the attorney will also prepare a simple will for a reduced fee. The cost for drawing up a will is not more than \$50 for an individual (\$75 for a couple).

Durable Power of Attorney and Living Will forms are available free of charge. A Durable Power of Attorney allows a senior to designate another person to make property or health care decisions in the event the senior becomes physically or mentally unable to do so. A Living Will allows an individual with a terminal health condition to express his or her desire to have death-delaying procedures withheld or withdrawn.

Seniors may complete the Durable Power of Attorney and Living Will forms themselves, or they may hire the attorney to help fill them out and to explain the various options available on the forms. The fee for the attorney to provide legal advice about a Durable Power of Attorney is \$75 maximum for an individual (\$125 for a couple). The charge for a Living Will is no more than \$50 for an individual (\$75 for a couple).

To be eligible for the Senior Citizens Will Program, a client must be age 60 or over. Annual income must not exceed \$15,000 (\$20,000 for a couple), and assets, excluding a home and personal car, should be worth no more than \$30,000.

Appointments for the Senior Citizens Will Program must be scheduled two weeks in advance. To register, call the Niles Senior Center at (708) 967-6100, ext. 376.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D023365 on September 8, 1994, under the Assumed Name of De Vries Design with the place of business located at 8649 Osceola Ave., Niles, IL 60714. The true name(s) and residence address of owner(s) is: Dean A. De Vries, 8649 Osceola Ave., Niles, IL 60714.

Morton Grove Senior Citizens 470-5223

SCARECROW FESTIVAL

On Sunday, Oct. 9, seniors will set out for St. Charles, Illinois to attend the Scarecrow Festival. The town comes alive with dozens of wonderful, whimsical, hand-crafted scarecrows in Lincoln Park. The first stop will give seniors an opportunity to see the scarecrows and vote for their favorites. Next, board the Padlewheel Riverboat for a delightful luncheon cruise on the Fox River. The colors should be lovely! The last stop will be the Scarecrow Craft Show. Some early Christmas shopping or great ideas for crafts will be in order. The bus departs from the Prairie View Community Center at 9:30 a.m. and will return at approximately 5:30 p.m. The cost is \$31 for residents and \$34.50 for non-residents. For further information, call Catherine Dean at 965-7447.

BLOOD PRESSURE

Periodic measurement of blood pressure is important for determining whether personal health is threatened by high blood pressure. High blood pressure is a major contributor toward strokes, heart disease, and kidney failure. Unfortunately, high blood pressure usually has no symptoms. A person can feel great and still have high blood pressure. A free blood pressure screening clinic is offered for Morton Grove residents from 9 to 10 a.m. on Tuesday, Oct. 11 in the Flickinger Senior Center.

COMMISSION ON AGING

The Morton Grove Commission on Aging will hold its next monthly meeting at 1 p.m. on Tuesday, Oct. 11 in the Flickinger Municipal Center. The commission provides an area for discussion and planning of services and programs to benefit Morton Grove's senior citizen population. All interested residents are welcome to attend.

SLEEP DISORDERS

To sleep or not to sleep - that is the question many have when dealing with the disturbing and annoying problem of snoring and obstructive sleep apnea. Dr. Alan C. Pollack is a board certified otolaryngologist and head neck surgeon, and is affiliated with Rush North Shore and Lutheran General Hospital. This program will begin at noon on Thursday, Oct. 13 in the Prairie View Community Center's Board Room, 6834 Dempster Street, Morton Grove. Bring your lunch; coffee and dessert will be provided. For details call Laurel Letwat, RN, BA at 470-5246.

ENERGY ASSISTANCE

October is "Priority Month" for persons with disabilities and persons who are elderly, with the Coalition of Citizens With Disabilities in Illinois' Low Income Home Energy Assistance Program (LIHEAP). LIHEAP makes a one-time payment to the homeowner's utility company toward a bill or directly to the consumer if heat is part of a rent payment. The amount paid depends on the number of people in the household, the household's total income (\$767 monthly income for one person, \$1,025 for two, \$1,283 for three) and the type of energy used to heat the home. For more information call the Coalition at 1-800-453-8848.

FREE FLU SHOTS

For the first time this year, the Village will provide influenza immunizations at no cost to Medicare Part B patients. Any resident who possesses a red, white and blue Part B "Medical Insurance" card is eligible for the free shot. Any other resident wishing to be immunized but who is not a Medicare Part B patient must be over age 60 and must pay \$2.50 for the shot. It is strongly recommended that people who are over age 65 consider being immunized for influenza. Pneumonia immunizations provide lifelong immunity to the most common forms of pneumonia and will cost \$8. People who have already received this immunization do not need another one. Morton Grove seniors (age 60+) interested in a flu shot must have a reservation. Call the Senior Hot Line at 470-5223, Monday through Friday between 9 a.m. and noon. It is important to make a reservation and it is also important to bring in your "Medical Insurance" card in order to receive the shot free. Immunization Clinic dates and times in the Flickinger Senior Center are as follows: • Tuesday, Oct. 18 - 9 a.m. to noon. • Saturday, Oct. 22 - 9 a.m. to noon. • Tuesday, Nov. 1 - 1 to 4 p.m.

HOLIDAY DEPRESSION

Hear about developing coping strategies for the upcoming hectic holiday season. Diane Rodriguez, of Northwest Community Hospital's 12 years of experience in mental health nursing with five additional years in social work. Ms. Rodriguez will speak to seniors beginning at noon on Thursday, Nov. 10 in the board room at Prairie View Community Center, 6834 Dempster Street in Morton Grove. Bring your lunch; coffee and dessert will be provided. For details call Laurel Letwat, RN, BA at 470-5246.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at (708) 470-5223, or the Prairie View Community Center at (708) 965-7447. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053.

NARFE meeting to be held

A regular meeting of the National Association of Retired Federal Employees Chapter 2118 will be held on Friday, Oct. 7, at 1 p.m. at Warren Park Field House, 6601 N. Western Ave., Chicago. All retired federal employees are welcome to come to the meeting even if you are not a member of this chapter.

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Church & Temple News

The Jonathan Pollard Case

The Jonathan Pollard Case, What My Son Did To The Government. What The Government Did To My Son. will be presented by Jonathan Pollard's father DR. MORRIS POLLARD, Ph.D. Dr. Pollard is a professor and chairman of Microbiology at the University of Notre Dame. He also holds the Coleman Chair in Cancer Research. Pollard is a former Lt. Col. for the U.S. army and the author of 12 books and lectures throughout the country.

Jonathan Pollard is now serving a life sentence with recommendation against parole. This November, Jonathan would have served nine years of that judgment. On March 23, President Clinton refused to commute Jonathan's sentence. Dr. Pollard is continuing to fight for his son's freedom. Come and hear from him the details of the "Jonathan Pollard Case," an American injustice.

This program will take place on Friday evening, Oct. 7, at 6:30 p.m., and will be preceded by Shabbat services and dinner at the Tannenbaum Chabad House - Northwestern Jewish Center, 2014 Orrington in Evanston. The community is invited and there is no charge. For additional information, call (708) 869-8060.

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Foundation for Jewish Education conference set

"The Effective Synagogue: Planning for Jewish Identity and Continuity" is the theme of the Community Foundation for Jewish Education Fall Invitational Conference on Oct. 16 from 2 to 5 p.m. at Beth Hillel Congregation in Wilmette.

Dr. Joseph Reimer, newly appointed director of the Hornstein Program in Jewish Communal Service at Brandeis University will keynote the conference. He will address the issues of the unique role of the synagogue in the American Jewish Community, how the synagogue provides for its own membership and how the synagogue can become a force in the Jewish community by linking up with other organizations to support Jewish continuity.

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NA'AMAT USA has over 1,000 installations in Israel that offer a vast network of programs and services benefiting women and children. We are also active in the settlement of Russians, Ethiopians and other newcomers. To buy a '95 Entertainment Book and help support NA'AMAT's many vocational, educational and social programs in Israel, please call Barbara at the Suburban Chicago Council Office at (708) 446-7275.

and identity. He will also discuss how the various components of the synagogue work together to be effective.

For the past several years, Dr. Reimer's research has focused on the synagogue as a context for Jewish education. He is currently on the steering committee of the Commission on Jewish Identity and Continuity sponsored by the Council of Jewish Federations.

Synagogues are invited to send a team of up to 10 key people in the congregation to this conference. Each team will have an opportunity to plan programs with a facilitator and to share these programs with other teams. There will be no registration fee but pre-registration is required. Please call Sara Shapiro, (312) 427-5570, ext. 309 for more information.

Temple Beth-El to hold Book Fair

The Fourth Annual Book Fair sponsored by Temple Beth-El Parent Organization will be Sunday, Oct. 16 from 8:45 a.m. to 2 p.m. at 3610 Dundee, Northbrook. The book fair will also be open Monday, Oct. 17 from 11:30 a.m. to 1 p.m. and 6:30 to 8:30 p.m.

Books of interest to 6th to 8th grade young adult readers, preschool picture books, adult books, cassettes, videos, stickers and book marks will be for sale.

There is no admission charge to the book fair. For more information, call (708) 205-9982 or (708) 559-5800.

Shabbat service schedule

Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, announces its Friday Evening Service Schedule for the month of October.

On Friday, Oct. 7, services will begin at 6:30 p.m. Fridays, Oct. 14 and 21, services will be held at 8:15 p.m. Congregants whose anniversaries fall during the months of August, September, and October will be recognized at the Oct. 14 service. Services will begin at 6:30 p.m. on Oct. 28. Everyone is welcome.

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OBITUARIES

John Caden

John Caden, 66, of Skokie, died on Sept. 26 at his residence. He is survived by his wife, Barbara (nee Foley); two daughters, Tiemey Ann (Michael) Harte and Barbara Ann (Edmund) Reilly; five grandchildren - sisters, Mary Gibbons, Kathleen McKenna; brothers, Anthony, Paddy, Seamus and Vincent Caden. Mr. Caden was a tavern owner. Mr. Caden was held Sept. 29 at St. Peter Church, Skokie. Interment was in Maryhill Cemetery. Arrangements were made through Haben Funeral Home, Skokie.

Emil W. Wilke

Emil W. Wilke, 80, of Morton Grove, died on Sept. 18 at the Glenbridge Nursing Center, Niles. He is survived by his wife, Bertha; daughters, Alice Maro, Linda Wagner and Patricia Struck; son, Wayne Anderson, five grandchildren; and two sisters. Mr. Wilke was a retired meat cutter, a veteran of WW II where he served as a Staff Sergeant in the US Army, a longtime member of the Skokie Post 320 American Legion. Funeral service was held Sept. 21 at Haben Funeral Home, Skokie. Interment was in Ridgewood Cemetery, Des Plaines.

Marie M. Passmore

Marie M. Passmore, 88, of Skokie, died on Sept. 21 at her residence. Mrs. Passmore was preceded in death by her husband, William S. She is survived by daughters, LaVerne Siggist, Carol Passmore and Joan Shermach; nine grandchildren; 5 sisters and 2 brothers. Funeral Mass was held Sept. 23 at St. Lambert Church, Skokie. Interment was in All Saints Cemetery, Des Plaines. Arrangements were made through Haben Funeral Home, Skokie.

Violet Kaniecki

Violet Kaniecki, 74, of Niles, died on Sept. 21. Mrs. Kaniecki was born Jan. 2, 1920 in Wausau, Wisconsin. She was the wife of the late Frank S., mother of Gerald F. (Betty) Kaniecki and Frank J. Kaniecki, sister of Alice Osowski, Lucille Pritzl, Leo Woytasik, Norbert Woytasik, the late Clemens Woytasik and Irene Woytasik; grandmother of two, great-grandmother of two. Funeral services were held Sept. 23 at St. Stanislaus Kostka Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

Jule Bodenschatz (Bode)

Jule Bodenschatz, beloved husband of the late Beatrice, loving father of Jack (Lorraine Mickey) Bode, and the late Jule C. Bode (Beverly Liss), late Mayor of Morton Grove, grandfather of Steve C. Bode, James (Barbara) Bode and Marilyn (John) Gabbey, and great-grandfather of John Gabbey, Erik Gabbey, Anne Bode and Tom Bode. Mr. Bodenschatz was a veteran of WWI and a 75 year member of the American Legion, Advertising Men's Post #38. Retired from Hooker Paint and Glass Co., a 4th generation Chicagoan. He was born June 27, 1894 and died Aug. 30, 1994. He was 100 + 2 months old.

Arrangements were handled by Simkins Funeral Home, Morton Grove. Interment was in Montrose Cemetery.

Meno Kopoulos

Meno Kopoulos, 66, of Niles, died on Sept. 23 in Lake Havasu City, Nevada. Mr. Kopoulos was born Feb. 5, 1928 in Chicago. He was the father of Kim and Kathy Kopoulos, grandfather of Jessica, Billy, Cheryl, Ashley Stephanie, brother of Jim Kopoulos. Funeral services were held Sept. 28 at St. John the Baptist Greek Orthodox Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Rosehill Cemetery.

Thomas Wright

Thomas Wright, 67, of Niles, died on Sept. 23 at Resurrection Medical Center. Mr. Wright was born Dec. 16, 1926 in Chicago. He was the husband of Margaret, father of Kathleen Marie Wright and Thomas Wright, grandfather of Marc Menet and Christopher Menet, brother of Anne Marie O'Malley and Margaret June Niederkorn. Funeral services were held Sept. 26 at Skaja Terrace Funeral Home. Interment was in Montrose Cemetery, Chicago.

Edwin J. Rupinski

Edwin J. Rupinski, 82, of Niles, died on Sept. 19. Mr. Rupinski was born on Jan. 19, 1912 in Chicago. He was the husband of the late Genevieve, father of Cynthia (Michael) Duffy, grandfather of Genevieve Duffy. Funeral services were held Sept. 23 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

John J. Zajac

John J. Zajac, 71, of Niles, died on Sept. 21 at St. Joseph Hospital. Mr. Zajac was born on Sept. 15, 1923 in Chicago. He was the husband of Harriet, father of Judith (Michael) Ripley, grandfather of Kimberly, Kerry and William Malczyk. Funeral services were held Sept. 24 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery.

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Women's News

The difference in a woman's heart

Anne Smith was 50-years old when she experienced her heart attack—only she didn't learn it was a heart attack right away. "I just hadn't been feeling well," she said. "Even with just a little effort, I'd suddenly be out of breath. Sometimes I felt so nauseous, I couldn't eat. I went to the emergency room and they thought it was my stomach. I insisted on a second opinion and that's when a cardiologist told me I was indeed having a heart attack."

Anne may not have been diagnosed as having a heart attack right away because the signs of cardiovascular disease are often different in women than in men. While men usually experience sharp pains in the chest, women experience vague chest pressure, usually in the epigastric area (below the sternum). Their pain tends to come and go and is often accompanied by nausea. Women with heart disease also tend to experience severe shortness of breath when mildly exerted.

According to medical experts from the advisory board of "The Difference in a Woman's Heart" campaign, which is a national effort sponsored by DuPont Radiopharmaceuticals to educate physicians and women about female

heart disease, women may not recognize their risk factors—age, hormone status, family history of heart disease, smoking, obesity, cholesterol levels, and physical inactivity—and need to take a more active role in discussing them with their doctor.

Cardiovascular disease, well known as the leading killer of men, is actually the number one killer of women as well, claiming the lives of nearly 500,000 every year, reports the American Heart Association (AHA). According to a recent Gallup poll, many women believe that breast cancer is their most serious health threat, but in fact, about twice as many women die from heart disease than from breast, lung, ovarian and uterine cancers combined.

Research has proven that women with coronary artery disease, which causes heart attacks, are less likely to be properly diagnosed than men and are also less likely to be treated aggressively. A study conducted by D. Douglas Miller M.D. and his colleagues at St. Louis University Medical School shows that women with suspected coronary artery disease undergo fewer additional diagnostic studies than men after an initial noninvasive stress test that shows abnormalities.

According to Dr. Miller, there are simple, painless, noninvasive tests available to detect heart disease that may be better suited to a woman's anatomy and physiology. One of these is cardiac imaging which shows 3-D images of blood flow and the pumping action of the heart.

"By using a newer imaging agent such as Technetium-99m sestamibi," Dr. Miller said, "we are able to overcome the problem of shadows caused by breast tissue which can interfere with images of the heart. The clearer picture resulting from this method of testing may give more accurate results than previously available from routine treadmill and echocardiogram tests."

If you suspect that heart disease may be a problem for you or someone you care about, consult your doctor.

For a free patient brochure about "The Difference in a Woman's Heart," call (800) 866-0400.

Keep Fit!



Welcome, babies

Timothy Michael Reusche
Timothy Michael Reusche was born on August 30 at Lutheran General Hospital. He weighed 7 lbs. 10 oz.

Parents are Teri Cathleen and Michael John Reusche of Arlington Heights.

Grandparents are Shirley and Larry Bourbon of Morton Grove and Marion and Philip Reusche of Hawthorn Woods.

Dylan Marcus Buchweitz
Dylan Marcus Buchweitz was born on September 8 at Lutheran General Hospital. He weighed 5 lbs. 12 3/4 ozs.

Parents are Debbie and Larry Buchweitz of Buffalo Grove.

Grandparents are Chester and Florence Jekot of Niles and Steven and Ruth Buchweitz of Buffalo Grove.

Great grandparents are Thelma Erick of Skokie and Karl and Rose Buchweitz of Fair Lawn, New Jersey.

Skokie resident elected to Nature Conservancy board

Jane Balaban of Skokie has been elected to the board of trustees of The Nature Conservancy's Illinois Chapter. A nonprofit conservation organization with over 30,000 members statewide, the Conservancy is led by its volunteer board of community leaders and scientists. Her election came at the Chapter's annual meeting in September at Spears Woods in the Palos Forest Preserves of southwestern Cook County.

Balaban is a long-time volunteer of the North Branch Prairie Project (NBPP), current serving as its Regional Steward. NBPP is a 17-year-old organization of concerned Chicago-area residents working with the Forest Preserve District of Cook County to restore the ecological integrity of natural areas along the north branch of the Chicago River in the city and several northern suburbs. Balaban is a Clinical Pharmacy Manager for Evanston Hospital and has been with the hospital since 1977.

"Jane's wealth of experience and her commitment to conservation are invaluable assets to our board of trustees," said Bruce Boyd, Director of the Conservancy's Illinois Chapter. "We're grateful she is including The Nature Conservancy among her many endeavors."

This 4-year, national study of

Lutheran General provides lower-priced mammograms

Lutheran General Hospital and Lutheran General Medical Group are cutting the price of mammograms nearly in half throughout the month of October, which is Breast Cancer Awareness Month. A mammogram and radiologist's reading are being offered for \$60. Regularly, both services cost \$115.

Using low-dose X-ray equipment dedicated to breast examinations, mammograms frequently detect breast abnormalities before they can be felt, significantly improving survival. If breast cancer is caught early enough the patient may be treated with conservative breast surgery, making a mastectomy unnecessary.

The simple procedure takes less than a half hour. The American Cancer Society suggests women obtain a baseline mammogram between the ages of 35 and 39. They should follow up with a mammogram every two years between the ages of 40 and 49 and once a year after the age of 49.

The mammograms and readings will be administered at the Lutheran General Hospital Radiology Department and Diagnostic Center in the Golf Ambulatory Surgical Center in Des Plaines. Appointments can be made by calling the hospital at (708) 696-7717, or the Golf Surgical Center at (708) 803-2940. Appointments can also be made at Lutheran General Medical Group mammography centers located at Nesset Pavilion, Buffalo Grove and Chicago.

The Northwest Suburban Chapter of Women in Management, in conjunction with the American Business Women's Association, will gather for a Night To Network on Tuesday, Oct. 18, at the Atrium Restaurant, 3233 Algonquin Rd., Rolling Meadows.

Networking will begin at 6 p.m. and dinner will be served at 6:30 p.m., followed by the presentation. Linda Crohn, attorney, will share her most effective networking techniques. Guests are welcome to join us for networking and to learn more about NWIM and ABWA.

Please contact F.I. Goldhaber for reservations by Oct. 16. She can be reached by phone at (708) 520-7746, or by fax at (708) 520-7876.

Night to Network

Study seeks post menopausal women

Because of changes in hormone levels after menopause, a woman's risk of heart disease increases significantly. To help reduce the risk of heart disease in women who have gone through menopause, the department of preventive medicine at Rush-Presbyterian-St. Luke's Medical Center is currently conducting a study comparing the effectiveness of two different types of blood pressure medication in postmenopausal women.

If you are a woman with high blood pressure who has gone through menopause and would like to participate in this study, call the Department of Preventive Medicine at (312) 942-2146. Eligible participants will receive all study related care and transportation reimbursement.

NBDC establishes loan program

The Women's Business Development Center (WBDC) will be assisting low-income entrepreneurs through the Small Business Administration's (SBA) Illinois Development Finance Authority (IDFA) Micro-loan program.

The WBDC received a grant of \$125,000 for three years from the SBA allowing them to provide training, technical assistance and a loan of up to \$25,000 for entrepreneurs who need financing.

The SBA recently announced that 19 grants were awarded to sites across the nation. The WBDC expects the program to begin in October.

For more information about technical assistance for the Micro-Loan Program, contact the WBDC at (312) 853-3477.

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Challenges for women in international business

The International Business Committee of the Illinois CPA Society will sponsor a forum group discussion on Monday, Oct. 10, titled "Challenges Facing Women in International Business Today." The public, is scheduled for 7:30 to 9:30 a.m. at the offices of KPMG Peat Marwick, 303 E. Wacker Dr., 24th Floor, Chicago.

A four person panel will discuss issues facing women in international business today. Professional trainer Kathleen Siebert of International Organization Resources (IOR) will begin the panel discussion with an overview of current trends in international business. Other panelists include Nina Wilson of FMC Corp., who will discuss her international business experiences in the Middle East; Paul Qu of KPMG Peat Marwick, who will examine international business issues in China and Pat Gill of Motorola, who will offer insights for professionals working with Latin American businesses.

A continental breakfast will be served. Time will be allowed for networking and a question and answer session. For additional information, contact Nancy Glover at KPMG Peat Marwick offices at (312) 938-3284.

P.R. resident to be guest speaker at D.P. Henrich House

Park Ridge native Charlotte Ogorek will be the guest speaker at Henrich House, 1301 Ashland Avenue, Des Plaines, on Wednesday, Oct. 12 at 10 a.m. The public is invited.

Ogorek's topic of discussion? "Women: Alone and in Charge of Their Financial Futures."

Ogorek's background includes 17 years "in the world of finance" for Ogorek and Associates, Inc. where she has been actively involved in preparing personal and corporate tax returns.

Additionally, this mother of three adult children and grandmother of two is a founding member of the Supportive Care Project, an organization established to build live-in facilities for hospice patients.

Fashion Show at Regina Dominican

Regina Dominican High School's annual Mother-Daughter Fashion Show will be held Tuesday, Oct. 11 in the school cafeteria. The evenings decorations and music will feature an Italian theme with Italian dinner catered by Everyday Gourmet beginning at 6 p.m.

The committee is pleased to announce this year's fashions will be provided by The Limited of Northbrook Court and the latest ski attire being furnished by Hubbard Woods Ski Chalet and Running Shop of Winnetka. Chair of the event is Janice Urban, of Palatine and Co-Chair is Ellen Ryan of Sauganash. Regina Dominican students who will model in the show will have their hair and make-up done by Teddie Koss-owski of Northfield.

Tickets are \$15. For more information, contact Regina Dominican High School's development office at (708) 256-7660.

Preconception tour set

If pregnancy is in your future, you should put Wednesday, Oct. 12 at 7 p.m. on your calendars. Join us for a tour of the Evanston Women's Hospital and learn what it has to offer you.

Maternity nurses, our obstetrician/gynecologist and high-risk pregnancy specialists will be among the many maternity caregivers and educators on hand to discuss preconception and prenatal care and to answer your questions.

Tours begin in the Evanston Women's Hospital lobby. Participants will receive a free gift to help in the planning for a healthy baby.

Jewish First Ladies lecture
Joyce Schragger, noted lecturer, will discuss Jewish First Ladies of the Stage and in the Arts, sponsored by Keturah Hadassah in a special all-day session on Tuesday, Oct. 25 from 10:45 a.m. to 3:30 p.m. at Temple Judea-Mitzpah, 8610 Niles Center Road, Skokie. Cost is \$25, lunch included. For information, call (708) 949-8300.

DAR to host luncheon
Twenty-First Star Chapter, National Society Daughters of the American Revolution, will hold a meeting at the Park Ridge Country Club, 636 N. Prospect Avenue on Oct. 12. The luncheon will be held at 11:30 a.m. with the program commencing at 1 p.m. Hostesses for the day are Mrs. Isabel Erickson, Mrs. Louise Kaeding, Mrs. Edith Mangun and Mrs. Mary Redmann, Chair.

Mrs. Helen Mitchell, Division IV Director will present a program entitled "The Five Service Academies."

Women in the northwest suburban area who are interested in membership in the National Society Daughters of the American Revolution and are able to prove direct descent from one who served in the American Revolution should contact Mrs. Betty Borman at 692-6279.

Janis Pahnke, Chapter DAR Genealogy Docent, offers assistance to people tracking their family tree on the third Thursday of each month at the Park Ridge Library from 9 a.m. until noon, September through May.

Christian Women's Club hosts luncheon

The O'Hare Suburban Christian Women's Club invites all women to their Oct. 12th "South of the Border" luncheon to be held at The Bristol Court, 828 E. Rand Rd. in Mt. Prospect from noon to 2 p.m.

Crafts from South America will be presented by Cross-Cultural Crafts in Glen Ellyn. Carol Taylor, a music teacher from Elk Grove, will favor us with some melodious tunes. Dori Littell from Naperville, an extensive traveler, will speak on "Life an Adventure."

There is a free pre-school nursery available upon reservation. All reservations can be made by calling Ruth Bohmann at (708) 824-1258 or Pat Thomey at (708) 827-0729 by Sunday Oct. 9th. The cost of the luncheon is \$8.50 inclusive.

Area residents graduate from BNAT

Twenty area residents recently graduated from Oakton Community College's Basic Nurse Assistant Training Program (BNAT) at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

A joint effort of Oakton and the private industry Council of Northern Cook County, this program prepares students for employment as Certified Nurse Assistants in hospitals, nursing home and other health care agencies.

The graduates honored include: Cherise Potts, Susan Schoepf and Cynthia Willis, of Des Plaines; Joan Rowe, of Glenview; Mabozero Qureshi, of Niles; Renee Gillen, of Park Ridge; and Mary Chacko, Kwai Lan Lai and Lesley Wood, of Skokie.

The next session of the BNAT program begins on Tuesday, Oct. 11. For more information, call (708) 674-5950.

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Women's News

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Chemical Dependency and Health

Mental Illness Awareness Week Walk

Each year, Congress designates the first week in October as Mental Illness Awareness Week. In recognition of this week, the Alliance for the Mentally III: Cook County North Suburban (AMI: CCNS) will be holding a Mental Illness Awareness Walk on Saturday, Oct. 8 at Chicago Read, 4200 N. Oak Park Avenue in Chicago. The 10 kilometer (6 mile) walk is scheduled to begin at noon.

In the United States, mental illness strikes one in four families. Brain diseases such as manic depression, schizophrenia, and depression cost our nation billions of dollars each year and rob millions of Americans of their health and dignity. However with proper treatment, many persons with mental illness can live healthy and productive lives.

"Our goal is to stamp out the stigma associated with mental illness," said Bill Barclay, Chair of AMI: CCNS's Walkathon. "Too many people needlessly suffer with a mental illness because they are frightened to seek help."

Individuals are invited to participate by walking on Oct. 8, sponsoring a walker, or making a donation to AMI: CCNS. Monies raised will be used to provide education about mental illness, further advocacy efforts, eliminate the stigma, raise funds for research into brain diseases, and support services for mentally ill. For more information or to request a walker packet, call (708)

966-2867 or (708) 729-1457. During Mental Illness Awareness Week, AMI chapters from across the nation—including those in the Chicago metropolitan area—will be holding similar walks in their communities. AMI is dedicated to improving the quality of life of people with mental illnesses and their families. Nationwide, more than 1,000 AMI groups are working to increase public awareness and promote greater understanding of mental illness and its treatment.

National Physical Therapy Month

Holy Family Medical Center will celebrate National Physical Therapy Month in October.

Sponsored by the American Physical Therapy Association, the theme for National Physical Therapy Month, "Posture Yourself For Good Health," emphasizes the positive effect posture can have on overall health.

Improving your posture, whether sitting, standing, walking or lifting can prevent chronic pain, reduce fatigue and muscular strain and promote movement efficiency and endurance.

The American Physical Therapy Association is a national professional organization representing more than 60,000 physical therapists, physical therapist assistants and students.

Stay Healthy!

Let Families Anonymous help you

Does a family member's drug or alcohol problem affect your life? Holy Family offers a support group to help you understand these issues. Families Anonymous meets every Sunday at 7:30 p.m. in the Des Plaines room at Holy Family Medical Center, located at the corner of Golf and River roads in Des Plaines.

For more information, call Holy Family's substance abuse program, *Keys to Recovery*™, at (708) 298-9355.

Stop Smoking

"SmokeStoppers" is an eight session program offered by Northwestern Memorial Hospital on Oct. 5, 10, 11, 12, 13, 17, 24 and 31, from 6 to 7:30 p.m.

A certified SmokeStoppers™ instructor will use a three-stage, multiple treatment approach teaching psychological, physical and nutritional strategies to help smokers quit comfortably and confidently.

The cost of the class is \$125. Pre-registration is required; space is limited. For more information, call Northwestern Memorial Hospital at (312) 908-8400.

Bryan Apolinar

Marine Pfc. Bryan Apolinar, a 1993 graduate of Niles North High School of Skokie, recently reported for duty with 2nd Battalion, 11th Marines, 1st Marine Division, Marine Corps Base, Camp Pendleton, Calif.

Chemical Abuse

Low fat, no fat, no sodium, aerobic activity. The list goes on. Americans are paying attention to nutrition, which is important considering our emphasis on preventive medicine and care. Our nutrition habits control the amount of energy we have and determine body function, maintenance and overall health.

However, proper nutrition is often lost in the lives of many alcoholics. Alcoholics often eat poorly, limiting their supply of essential nutrients. Alcohol also interferes with the nutritional process by affecting digestion, storage and utilization of nutrients.

Why are nutrients so important? Food supplies energy and provides the building blocks needed to replace damaged cells and the nutritional components needed for body function. Since alcohol deters this process, these cells are not being replaced properly.

Digestion is also affected. Once ingested, food needs to be digested so it is available to produce energy. Digestion begins in the mouth, continues in the stomach and intestines, with help from the pancreas. Nutrients from food are absorbed from the intestines into the blood and carried to the liver.

In some alcoholics' systems, this process is inhibited. After years of excessive drinking, the nutrients are not absorbed properly because alcohol damages the cells lining the stomach and intestines, and disables some nutrients that travel to the blood.

Even if some nutrients are digested and absorbed, alcohol may prevent them from functioning properly by altering their transport, storage and excretion.

Many alcoholics suffer from a lack of energy. Carbohydrates, proteins and fats are the three basic nutritional components in food that are used as energy once they are converted to simpler products. Some alcoholics ingest as much as 50 percent of their total daily calories from alcohol. Since they are neglecting important foods that provide an energy source, they are left feeling tired and without energy.

Even if the alcoholic's food intake is sufficient, alcohol can impair body mechanisms that control blood glucose levels, resulting in either increased or decreased blood glucose (sugar). As a result, alcohol causes the brain and other body tissue to be deprived of glucose needed for proper energy and body function.

Nutrition deficiencies can have severe and permanent effects on the function of the brain, liver and pancreas. Alcohol itself does some irreparable damage, but coupled with poor nutrition habits, the damage is doubled. Alcohol also has a direct effect during pregnancy, during the development of a fetus. It can cause birth defects, including fetal alcohol syndrome. A nutrition deficiency will compound the risk of developmental damage and restrict nutrition flow to the fetus.

Nutrition deficiencies related to alcohol abuse are among several resulting complications of alcoholism. For more information about the nutrition system, or if you or someone you know has a drinking problem, call *Keys to Recovery*™, Holy Family Medical Center's Substance Abuse Center, 24-hours a day seven days a week, at (708) 298-9355. The first consultation and assessment are free of charge.

Forest Health System will present a free workshop designed specifically for couples affected by Attention Deficit Disorder (ADD) on Saturday, Oct. 8 from 1 to 4 p.m. Conducted by Charlotte Edwards, Psy. D., ADD program director, and Sharon Nighorn, M.S., the workshop will be held at Forest Hospital, 555 Wilson Ln., Des Plaines.

ADD was once thought to primarily affect children. It's now known that thousands of adults also struggle with ADD, and its symptoms - which include difficulty in listening or following directions, being easily distracted and forgetful - can create serious

Forest hosts special ADD workshop for couples

problems in a couple's relationship. Though adults with ADD typically do very well in situations that are stimulating, they lack concentration for mundane tasks and often are unable to prioritize.

Forest Health System offers extensive programs for adults with ADD, including separate groups for men and women to address gender-specific issues relating to the disorder.

To attend the couple's workshop, at least one partner must have a confirmed ADD diagnosis. For information or registration, call (708) 635-4100, ext. 224.

National Osteopathic Medicine Week

"Osteopathic Medicine: A Vital Piece of the Healthcare Puzzle" is the theme for National Osteopathic Medicine Week 1994. This year's observance, Oct. 9-15, focuses national attention on the osteopathic medical profession's critical role in healthcare reform in the advent of managed care.

The nation's 35,000 osteopathic physicians (D.O.s) fill a critical need by providing primary healthcare services in urban and rural areas throughout the United States. In fact, 60 percent of all D.O.s practice in a primary care area such as family practice, internal medicine, obstetrics/gynecology, and osteopathic manipulative treatment, making the osteopathic medical profession a natural solution for healthcare reform, which has consistently highlighted the need for more pri-

mary care physicians. D.O.s also represent an essential presence in rural healthcare. While they represent 9 percent of the complete physician population, D.O.s represent 15 percent of the complete physician population in areas of 10,000 or less.

Alliance for Mentally III offers support groups. If someone in your family suffers with schizophrenia, manic depression or depression, you can find help for yourself and your family member by attending the support groups offered by the Alliance for the Mentally III of Greater Chicago.

The groups are free of charge and meet in various locations in the city and surrounding suburbs. Call (312) 642-3338, for more information.

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Denial - The deadly aspect of alcoholism and chemical dependency

What is denial? It is the mental process by which people protect themselves from something threatening by blocking knowledge of that thing from their awareness.

The alcoholic and chemical dependent person creates a complex, rigid, and subtle denial system to protect themselves from the facts and destructive evidence of their chemical usage.

Denial is part and parcel of the disease of alcoholism and chemical dependency. Denial is a major symptom of alcoholism and chemical dependency.

Denial is progressive. As the alcoholism and chemical dependency progresses, the denial progresses. The more apparent the effect of alcoholism and chemical dependency become, the less the alcoholic and chemically dependent person sees what is really happening.

The chemically dependent person is using a drug! (This includes alcohol and prescription drugs as well as street drugs). A person who uses drugs has a druged perception of what they experience. Their memory of their experiences is a druged memory.

Why denial? People use drugs to make themselves feel better. Drugs are used for the euphoria they produce. Drugs are used to relieve pain. In other words, the use of drugs brings pleasurable results. As the addiction and the denial progress, what has become a pleasurable experience turns into a deadly illness!

Denial protects the affected person from the realization that they are alcoholic and chemically dependent. Denial preserves the person's sense of self-worth and dignity. The pain and shame of the harmful consequences of the

chemical usage would be too much for the alcoholic and chemically dependent person to bear. Denial protects the addiction. Anything threatening continued use is rejected!

How is denial expressed? Simple denial: saying what is so is not so.

Minimizing: admission, but in a way that appears not serious. Blaming: the behavior is not denied, but its cause is placed with someone or something else.

Intellectualizing: avoiding personalization by generalizing, intellectual analysis, or theorizing.

Rationalization: offering alibis, excuses and justifications. Hostility: using anger to back people off and get them off the subject.

Denial is the major barrier to recovery. Denial is the major barrier to recovery from alcoholism and chemical dependency.

As long as the denial system is intact, the alcoholic and chemically dependent person is not concerned about doing anything appropriate about the problem.

Dealing with denial. Verification and convincing the individual about the problem exists are necessary to get the person to do something about their alcoholism and chemical dependency.

The task of dealing with denial in recovery means both dissolving the denial system and keeping it dissolved. It is an on-going problem which requires lifelong effort.

Reference: Dealing With Denial and Caring Community Series, Hazelden Educational Services, Center City, MN.

Since early 1993, when Forest Hospital added Rational Recovery (RR) to its outpatient and inpatient substance abuse treatment programs, it has proved the program of choice for a majority of people.

RR has proved so popular and is helping so many people, that plans are underway to expand our schedule and scope of services," said Forest's director of chemical dependency services, David Trippe.

Launched in California in 1986, Rational Recovery is a lifetime abstinence program that offers an alternative to the traditional 12-step method of Alcoholics Anonymous. A network of RR self-help groups exists throughout the area, but Forest's inpatient program is one of only two in the country.

Forest continues to offer AA, as well as RR, in both its inpatient and outpatient programs. Patients choose the mode they think will suit them best. When the basics of both programs are outlined to patients, they are cautioned: RR may sound simple, but it's not easy.

In contrast to the 12-step concept that relies on a higher power and considers recovery to be a life-long, on-going process, RR takes place within a limited time frame and uses a cognitive approach to help participants gain lasting control over the impulse to drink or use drugs.

RR is based on the self-reliance principles of Rational-Emotive Therapy developed by

Dr. Albert Ellis. RR participants learn to recognize the inner, addictive voice (which RR labels "the beast"), and to accept sole responsibility for their choice to use drugs or alcohol. As they take responsibility for their decisions and overcome the addictive voice, RR participants gradually wean themselves from the RR group itself, usually in one to three years, by which time they consider themselves recovered.

The program's active, involved participation calls for a constant process of introspection that challenges a participant's thoughts and feelings. There also are numerous reading and writing assignments.

Like AA, RR participants include men and women from a range of ethnic and economic backgrounds. But the program has had strong appeal for women, minorities and adolescents. These three segments, whose lives may already be affected by a lack of power, often have difficulty embracing the 12-step credo of being powerless.

"The battle against substance abuse and addiction is so crucial, it's imperative that we give patients a choice of effective weapons," RR has proved a very valuable addition to that arsenal."

For information about Rational Recovery, call David Trippe at (708) 635-4100, ext. 131.

Rational recovery: An alternative treatment

Stay Healthy!

Snuff your smoking habit

The American Cancer Society reports cigarette smoking as the single most preventable cause of disease and death in the United States. Overcoming a smoking addiction significantly decreases your risk of lung cancer, heart disease and emphysema.

Holy Family offers a "Stop Smoking Through Hypnotherapy" class that can help you quit smoking in just two 45-minute sessions. Classes are held at Holy Family and are scheduled for Oct. 4 and 6 at 7 p.m. and Oct. 17 and 19 at 3:30 p.m. The medical center is located at the corner of Golf and River roads in Des Plaines. The fee is \$90. To register, call (708) 297-1800, ext. 1110.

David Beyer

Navy Petty Officer 1st Class David J. Beyer, son of Leo A. Beyer of Des Plaines, recently received the Navy Achievement Medal.

57 internal medicine physicians

68 family practice physicians

25 obstetricians/gynecologists

23 pediatricians, 27 pediatric subspecialists

Chemical Dependency and Health

Overeaters support group

Turning Point Behavioral Health Care Center is currently offering an Overeaters Therapy Group on Tuesday evenings from 6:30 to 8 p.m. The group meets in the Center's offices at 8324 Skokie Boulevard in Skokie.

The focus of the group is on the identification of emotional cues

Substance Abuse Center offers speakers

Are you looking for someone to speak at your next meeting about drug and alcohol abuse? Holy Family Medical Center's substance abuse program has speakers available to discuss topics such as alcoholism as a disease, codependency, adult children of alcoholism, the road to recovery and more.

If you or your group would like more information or to arrange

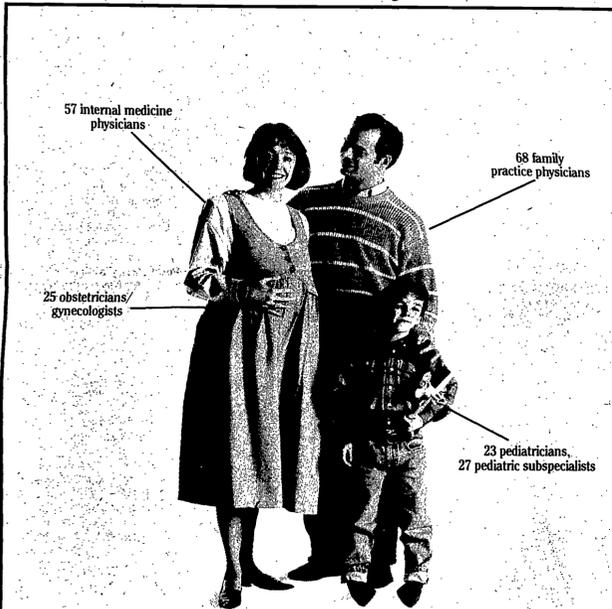
that lead to overeating and recognizing alternatives to overeating.

The group is led by Lynette Vedrine, Psy., D., and Beatrice Finkelstein, BSN, both of whom are therapists at Turning Point.

For further information and registration, call (708) 933-0051 Ext. 458.

Election judges needed

Republican election judges are needed for the election on Tuesday, Nov. 8. Call (708) 966-8282 and leave message, if interested.



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Entertainment

Performance to benefit disabled children

The October 11 opening benefit performance of *The Who's TOMMY* at the Auditorium Theater will feature a traumatized boy hero, who can't see, hear or speak, who finds his way back into the world through his pinball wizard.

What better entertainment than *TOMMY* to raise funds for communication-disabled infants and children in programs co-sponsored by the Foundation for Hearing and Speech Rehabilitation and Northwestern University's School of Speech? This special performance will be signed by Chicagoland Advocates for Signed Theater

(C.A.S.T.), interpreters for the deaf, and members of a network of agencies for people who are hearing-impaired will attend. Individuals, both hearing and hearing-impaired, may reserve Oct. 11 benefit tickets by calling Cathi Ward at the Foundation for Hearing and Speech Rehabilitation at (312) 704-1344. All benefit seats are center or front orchestra.

Guests of the Foundation for Hearing and Speech Rehabilitation will enjoy a pre-performance reception in the restored Sullivan Room at Roosevelt University, where a working pinball machine will warm up the *TOMMY* audience.

The Who's *TOMMY* won five 1993 Tony Awards for best score, best director, best choreography, best scene design and best lighting design. Also to its credit are six Drama Desk Awards and three Outer Circle Awards, including Outstanding Musical.

TOMMY began in 1969 as a best-selling album written by Pete Townshend and performed by The Who. A quarter of a century in the making, *The Who's TOMMY* has been successfully presented in concert as a classical recording, as a ballet, as a motion picture, and finally, with Pete Townshend's close involvement, a theatrical staging.

Methodist Church holds rummage sale

The Elston Avenue United Methodist Church, at 5850 N. Elston Avenue, will hold its Fall Rummage Sale on Saturday, Oct. 8, from 9 a.m. to 3 p.m.

There will be a "shopping bag special" during the last hour. Call the church at 775-3999 for more information.

Chicago Sinfonieta ignites its eighth season

The gala opening concert of the Chicago Sinfonieta will take place at Rosary College in River Forest on Sunday, Oct. 9, at 2:30 p.m., and at Orchestra Hall on Wednesday, Oct. 12 at 7:30 p.m. Featured soloists in both concerts will be pianist Leon Bates and cellist Borislav Strulev.

Bates, the distinguished and gifted African-American pianist will perform the Piano Concerto No. 2 by Edward MacDowell, one of America's most talented composers of the romantic era. No stranger to Chicago audiences, Leon Bates has appeared with the Chicago Sinfonieta several times during the past seven seasons, including an auspicious debut at the Kennedy Center in the nation's capital with the Chicago Sinfonieta in March, 1993.

Borislav Strulev, the 18-year-old virtuoso Russian cellist, will make his Chicago orchestral debut with the Chicago Sinfonieta in these concerts. Strulev has been hailed as the future Rostropovich, and has already made his recital debut at the Kennedy Center in December, 1993. He will perform the ever-popular Saint-Saens Cello Concerto No. 1.

Under the baton of its dynamic Music Director, Maestro Paul Freeman, the Chicago Sinfonieta's orchestra renditions on the Oct. 9 and 12 performances will be Rossini's Overture to the "Barber of Seville"; Variations for Strings by the American composer Ellen Zwillich, and the Suite No. 1 from the ballet "The Three Corned Hat" by the Spanish composer Manuel de Falla.

Masetero Freeman returns to Chicago to open the season following guest-conducting engagements with the Moscow Philharmonic and the English Chamber Orchestra in London. The Chicago Sinfonieta, now entering its eighth season, has gained international acclaim through its European tours and recordings. In addition to specializing in the authentic performances of music for mid-sized orchestras, the Chicago Sinfonieta's cultural diversity truly represents the ethnic mosaic of Chicagoland. These concerts are sponsored by Soft Sheen products. For ticket information, please phone (312) 857-1082.

Kagan Home Activity Day

The inimitable Jonathon Clark, will highlight Kagan Home for the Blind's activity day Wednesday, Oct. 12. Located at 3525 W. Foster, Chicago, Kagan Home for the Blind is the only sheltered-care residence in the Chicago area serving people with vision loss.

Community members with vision loss and their guests are invited to attend the specially-designed activity day which begins with low-impact exercises at 9 a.m., followed by arts and crafts at 10 a.m. and a discussion on current events an hour later. Lunch will be served at noon and Jonathon Clark's performance will be at 1 p.m.

Every month Kagan Home for the Blind hosts an activity day from 9 a.m. until 2 p.m. The cost is \$4 per person. For additional information and reservations, call (312) 478-7040, Monday through Friday, 9 a.m. to 5 p.m.

Oakton presents comedy stage play



Shown during a rehearsal session, cast members for Friedrich Duerrenmatt's brilliant searing tragic-comedy, *The Visit*, (adapted by Maurice Valency) are from l. to r. Robert Sadiowski and Charles Makula, both of Niles; David Boe, Linda Portiera, David Kazmierowski, all of Des Plaines; and Mark De Bartolo, Niles.

Those who get a kick out of comedy can enjoy a night at the theater as Oakton Community College presents, *The Visit*, a humorous play coming to the stage of the Performing Arts Center at the Des Plaines Campus, 1600 E. Golf Rd.

Performances will be held on Thursday, Oct. 13; Friday, Oct. 14 and 21 and Saturday, Oct. 15 and 23 at 8 p.m.; and Sunday, Oct. 16 and 23, at 3 p.m.

Voted the best foreign play of the year by the New York Drama Critics Circle, this brilliant

and searing tragic-comedy by Friedrich Duerrenmatt (adapted by Maurice Valency), cuts deeply to expose the curious capacity for revenge and greed that even the most average man or woman can experience when presented with an unexpected opportunity for wealth and freedom. The play is directed by Carole Kleinberg.

For more information about this and other Mainstage or Studio 1600 performances, call the Oakton Box Office at (708) 635-1900.

Northbrook Theatre announces '94/'95 season

An exciting year of theatre is just around the corner at the Northbrook Theatre. This fall promises to bring one of the best seasons ever to a north suburban theatre with growing popularity.

Applause, the musical version of "All About Eve" will run for four weekends starting October 14, and running through November 5. Rumors, Neil Simon's hilarious new comedy about gossip and comedic innuendo in New York, will be the winter offering. It will open January 13, 1995 and run through February 4.

Man of La Mancha, lets you dream "The Impossible Dream" as you follow the tales of Don Quixote. As our season finale, it will be presented for four weekends from May 5 to May 27. New this season, the Northbrook Theatre will become the perfect meeting place for Chicago area singles. On the first Saturday of each production, singles groups are invited to meet and mingle while they enjoy an evening of live theatre. A post theatre coffee will offer them an opportunity to chat with fellow theatre lovers.

Children and families have lots of opportunities to enjoy the performing arts at the Northbrook Theatre. The Children's Company is this area's largest By-Youth, For-Youth program and will offer two fantastic childhood favorites: Aladdin, Weekends in December, and The Wizard of Oz, weekends in March.

The Northbrook Theatre also offers our "Kids Need Culture, Too!" series. Special guest performers are highlighted each month in presentations especially suited for kids and family audiences.

This fall brings the return of the Atomic Fireballs, back by

New resale children's boutique to open in Niles

If you spend a fortune for your child's clothing, just to have them grow out of it after wearing it only once or twice, your problems may soon be over. Children's Orchard, the leader in children's resale boutiques, is set to open their doors in Niles with a Grand Opening Celebration in November.

Children's Orchard stores feature new and gently used clothes, toys, books and equipment at bargain prices. Only freshly laundered, unstained clothing is accepted for sale, and unlike consignment shops, Children's Orchard pays cash on the spot for accepted clothing.

Started back in 1980, Children's Orchard stores are now

franchised, with stores from Maine to Honolulu. Recently, Entrepreneur Magazine called Children's Orchard, "...number one in children's resale." The Niles store, located at 8506 Golf Road (corner of Golf and Milwaukee, in Venture Plaza), will be the first of many new stores planned for the Chicagoland area.

Manager Lynn Spehn said she expects an exciting Grand Opening. "They're always great. We'll have clowns and fun for the kids, and of course, all the great bargains for parents!"

To make an appointment to sell your children's outgrown items, call Children's Orchard at (708) 470-1105.

VNA North announces Voices For Hospices

VNA North announces a concert to commemorate the fifteenth anniversary of its hospice program. Voices For Hospices will take place Saturday, Oct. 8, at 7:30 p.m. in the Alice Miller Chapel located at Northwestern University, Sheridan Rd. and Chicago Ave., in Evanston.

The concert will be a sing-along performance of Handel's Messiah, with soloists, chorus and orchestra. General admission tickets are \$10.

For tickets or further information, call (708) 581-1717.

Harvest Fest features Scarecrow Contest

Families, businesses, organizations, and friends are invited to participate in a scarecrow making contest. Registration and straw for making the scarecrows are now available free of charge. Entrants have two weeks to create their scarecrows and return them for display at Alden's two day festival Oct. 15 and 16.

Cash prizes of \$100, \$75, and \$50 will be presented by Mayor Sam Macrane to contestants in the Family/Individual category, while businesses and organizations vie for plaques. There will also be free entertainment, pony rides, games, food vendors, and one of the premier craft shows in the area.

The event will be held at Alden Nursing Center, 1525 Oxford Lane in Naperville. For information or registration, call Sherry Weinstein at (708) 983-0300.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D023748 on September 28, 1994, under the Assumed Name of MSG Enterprises with the place of business located at 4912 Jarvis Ave., Skokie, IL 60077. The true name(s) and residence address of owner(s) is: Gregory Goldman, 4912 Jarvis Ave., Skokie, IL 60077.

Teen Coffee House hosts first Band Jam

Oct. 7 is the night to rock along with two sensational new up-and-coming Glenbrook North High School bands at the Teen Coffee House, 1810 Walters Ave. in Northbrook. "Band Jam" admission is free...live music is awesome, and refreshments are plentiful. Be there promptly at 8 p.m. to cheer on

both talented groups. The Teen Coffee House is the newest 'in' place for Northbrook teens to spend quality time with friends. Sponsored by the Northbrook Park District, the Teen Center is open on Fridays from 6 to 11 p.m. and Tuesdays from 3 to 6 p.m. For additional information call 291-2969.

Close up photography talk at D.P. Camera Club

The next meeting of the Des Plaines Camera Club will be held on Monday, Oct. 10 at the Des Plaines Public Library in the meeting room downstairs. The meeting begins at 7:30 p.m. and the Library is located at 841 Graceland Ave.

Following a short business meeting, the program entitled "Close-Up and Nature Photography" will be presented by Ernie Stolle, past president of the Club. Stolle will give a demonstration of equipment that can be used for close-up photography, from very inexpensive attachments to state-of-the-art equipment, all of which will yield excellent results. Methods of controlling light and a slide presentation will round out the program.

Members of the Club extend an open invitation to friends in the community who are interested in photography to attend. Refreshments will be served following the program with a time for fellowship. There is never a charge

for admission. Slide-of-the-Month was captured by Ernie Stolle. Awards were received by Gene Hartung and Ernie Stolle, with Honorable Mentions to Evelyn Mikee, Carole Trycha and Ernie Stolle.

The Print-of-the-Month was awarded to Jerry Hug, President of the Club. Awards were given to Gene Hartung for a small Monochrome print, Jerry Hug for a large Monochrome print, and Tom Chikakulas for a small Color print. Honorable Mentions were awarded to Gene Hartung, Jerry Hug and Tom Chikakulas.

The Des Plaines Camera Club meets twice a month on the second and fourth Monday, September through May. A special Awards Banquet is held at the end of May to celebrate the 1994-95 Photographic Season. Guests are always welcome. For more information, call (708) 696-2899.

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Features of the Month

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SLICES - Pumpkin Pie • Apple • Cherry • Pineapple Upside Down • Bienenstick
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Entertainment

Palatine's Sweet Adelines

The Country Chords Chorus of Sweet Adelines International present Petticoats West, its 35th annual show under the direction of June Berg. The show will be held at St. Viator High School in Arlington Heights on Oct. 15, at 7:29 p.m.

Featuring several quartets and The Kitchen Band from the Lutheran Home of Arlington Heights, the show is based on the "Mail Order Bride" theme. Along with the annual show, the chorus performs for benefit dinners, conventions, Taste of Palatine, Frontier days, Arlington International Racecourse, WGN's Pumpkinfest, you name it.

Ladies interested in more singing information or for show information should call Karen at 381-5819.

members how to sing, perform, and plan. Sweet Adelines is a wonderful organization for women to develop their skills and talents, not to mention gain confidence while having fun and gaining great friendships. Especially appealing to the young women who sing are vocal, staging, choreography, costume, public relations and marketing, goal and teamwork classes.

Along with the annual show, the chorus performs for benefit dinners, conventions, Taste of Palatine, Frontier days, Arlington International Racecourse, WGN's Pumpkinfest, you name it.

Ladies interested in more singing information or for show information should call Karen at 381-5819.

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Entertainment

Katman hosts Car Care Clinic



John Katzbeck, US 99's "Katman" hosts Fair Muffler & Brake Car Care Clinic in Des Plaines. Karen Hepburn (left) of Niles learned the basics on preventative car care maintenance.

"Cyrano" continues at the Bog

"Cyrano de Bergerac" by Edmond Rostand (translation by Anthony Burgess) continues weekends through Oct. 16 at The Bog Theatre located at 620 Lee Street in Des Plaines. Performances are 8 p.m. on Friday and Saturday, and 3 p.m. on Sunday.

For more information on The Bog Theatre and its production of "Cyrano de Bergerac," call the box office at (708) 296-0622.

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WEEKDAYS: 7:10, 9:50 [R]

Tommy Lee Jones
"THE CLIENT"
SAT., SUN. & MON.: 12:35, 2:55, 5:05, 7:25, 9:45
WEEKDAYS: 5:05, 7:25, 9:45 [PG-13]

Hold Over
"ANGELS IN THE OUTFIELD"
SAT., SUN. & MON.: 1:15, 3:20, 5:25, 7:30, 9:35
WEEKDAYS: 5:25, 7:30, 9:35 [PG]

"LITTLE RASCALS"
SAT., SUN. & MON.: 1:20, 3:10, 7:20
WEEKDAYS: 7:20 [PG]

Keanu Reeves Hold Over
"SPEED" EVERYDAY: 5:00, 9:10 [R]
ALL SEATS \$1.75

St. Francis Day

You and your pets are cordially invited to the outdoor service of the blessing of all animals in the St. Francis garden at St. Alban's Episcopal Church, 6240 N. Avondale, Chicago, on Saturday, Oct. 8 at 11 a.m. as presented by Father Lawrence DeCio.

Passages lecturer discusses Chicago murals

Catherine Cajandig, a Chicago muralist for 16 years, will provide a slide and lecture presentation on Chicago murals as part of the free Passages Lecture Series held on Tuesday, Oct. 11 from 1 to 2:30 p.m. in Room 112 at Oakton's Ray Hartslein Campus, 7701 N. Lincoln Ave., Skokie.

In this lecture, Cajandig will discuss the history and significance of murals as well as the exciting new materials and methods that artists are incorporating into their work. Cajandig is currently working with adults and teenagers involving them in the creation, design and execution of murals.

For more information on the lecture call (708) 635-1414.

Cultural Center offers music program

The North Lakeside Cultural Center, 6219 N. Sheridan Rd., presents "Ars Musica Chicago" with Michael Becker playing the recorder and Paul Ciennewa, spinet.

The program will consist of several types of music from Renaissance to ethnic folk to popular. Presentation is Sunday, Oct. 9 at 3 p.m. Admission is \$5 at the door, \$3 for members and seniors.

For information about parking, call (312) 743-4477.

Arts & Crafts and Rummage Sale set

Saint Andrew Home, 7000 N. Newark, in Niles, will be holding their annual "Arts & Crafts" and "Rummage Sale" on Saturday, Oct. 8 from 9 a.m. to 4 p.m.

The A&C floor will present local crafters, a variety of hand-crafted items and a raffle of a bed-size quilt, handmade by the residents of SAH.

The Rummage Sale will offer furniture, household goods, electrical appliances, books, records, clothing, knick-knacks, live plants and much more.

Admission is free, refreshments will be available and parking is plentiful.

Arts & Crafts Fair

The Couples Club of St. John Lutheran Church will hold its 17th Annual Arts and Crafts Fair on Saturday, Oct. 8 from 9 a.m. to 4 p.m. in the lower level and gym of the school, 1101 Linnean Rd., Mt. Prospect. A pillow cleaning and sanitizing service, including new ticking will be offered.

There will be approximately 70 exhibitors. Also featured will be a bake sale - greeting cards - novelties, also a snack bar. Come and help us celebrate our 17th year.

For further information please call (708) 437-3704 or (708) 299-2721.

Oklahoma to take center stage

Director Diana L. Martinez and Pheasant Run Theatre proudly announce the upcoming production of Rodgers and Hammerstein's family musical masterpiece, "Oklahoma".

This classic, which set the precedent for musical comedies, tells the captivating story of farmers and cowmen, true Americana in the ole' west and southern ladies and gentlemen in love. "Oklahoma", which first united the team of Rodgers and Hammerstein, celebrates musical theatre with such jewels as "Oh, What a Beautiful Mornin'" and "People Will Say We're in Love".

"Oklahoma" will come sweeping down the Pheasant Run stage on October 14 with a cast of 24 talented actin', singin' and dancin' cowboys and cowgirls.

Auditions rescheduled for October

Auditions for the musical Godepell, the third of six shows in the 49th consecutive season of the Des Plaines Theatre Guild, have been rescheduled for Monday and Tuesday, Oct. 17 and 18.

Des Plaines resident Peggy Murphy and Park Ridge native Carolyn Paulson will produce the musical, which the not-for-profit theatre group will present on Fridays, Saturdays and Sundays, Jan. 6-29, 1995. At least eight people are needed for the production, which will be directed by Kathleen Margovich (who, ironically enough, directed Nunsense for the DPTG two years ago), with musical direction by Jack Short.

Those auditioning should be prepared to sing - not necessarily a song from the show - and should bring sheet music for the accompanist. (The directors have asked, however, that

"Turn Back O Man," one of the songs from the show, not be used for auditions.) Auditionees should also be dressed appropriately for a dance audition and will be asked to read from the script.

The auditions for Godepell were originally scheduled for Monday and Tuesday, Nov. 7 and 8, but were moved up to the October dates to allow time for the cast and production staff to enjoy the holidays which fall just before the production's January opening.

Auditions are open to all. Appointments are not needed or accepted; resumes or photos are not mandatory, but will be accepted.

Up-to-date information on auditions, as well as information about ticket reservations, is available 24-hours a day from the DPTG box office at (708) 391-5720.

Cartoons kick off family theatre season

The 1994-95 Family Theatre season at Centre East in Skokie begins Saturday, Oct. 8 when some of television's favorite cartoon characters come to life.

Tom and Jerry and Captain Planet and the Planetes perform at 11 a.m. and 2 p.m. Both shows will also feature a special guest appearance by Bart Simpson. Hosting the show will be award-winning children's recording artist David Jack.

The cat-and-mouse team of Tom and Jerry has been delighting movie and television audiences for decades. Captain Planet and the Planetes is a more recent cartoon, originated by television mogul Ted Turner as a means of educating children on the importance of the environment and keeping the earth safe from pollution. Both Tom and Jerry reruns and Captain Planet can be seen nationally every weekday on Turner's TBS superstation.

Sometimes referred to as "America's favorite 10-year-old," Bart Simpson is a lovable rascal who has an unfortunate habit of making life miserable for those around him, especially his parents and sisters. The Simpsons has been a hit series for Fox Television for more than six years - the first animated prime-time weekly series to be rated in the Top Ten since The

Divorced spouses can count on SS

It's a sad fact of life that there are almost as many divorces as marriages each year. But if you're divorced or about to be divorced, you should be aware that the end of your marriage usually doesn't mean the end of your eligibility for Social Security benefits on your ex-spouse's work record.

As a general rule, if your marriage lasted at least 10 years and you're not currently married and your own retirement benefit isn't higher than the amount you would be entitled to based on your spouse's benefit, you'll be able to get a spouse's or widow(er)'s benefit when you meet the other eligibility requirements.

Divorced Wives and Husbands
Before you can be eligible for a divorced spouse's benefit, your former husband or wife must be receiving Social Security retirement or disability benefits. An exception to this rule is if your spouse is age 62 or older and eligible for retirement benefits, but not actually receiving them, you can be paid a spouse's benefit if you've been divorced for 2 years or more.

If your former husband or wife meets the rules outlined above, you'll qualify for benefits as a divorced spouse if:

- you're age 62 or older;
- you were married to your ex-spouse for at least 10 years; and
- you're currently unmarried.

(Note: the last requirement means even if you remarried after your divorce, you could be eligible for benefits on your first spouse's Social Security record if your second marriage also ends. If you are eligible for Social Security benefits on both spouse's records, you will receive the benefit that pays the highest rate.)

Your former spouse's current marital status does not affect your eligibility. So, both an ex-spouse and current spouse may be eligible to receive benefits on one worker's Social Security record, along with other qualified dependents such as minor or disabled children. Further, benefits paid to a former spouse do not reduce payments made to a current spouse and dependents.

Divorced Widows and Widowers
If your former husband or wife is deceased, you could be eligible for benefits on his or her Social Security record if you meet one of these age requirements:

- you're 60 or older; or
- you're 50 or older and disabled; or

• you're any age and caring for your former spouse's child who is under 16 or who has a disability that started before his or her 22nd birthday.

In addition to the age requirement, you must have been married at least 10 years if you are age 60 or older or 50 or older and disabled, and you must be currently unmarried. Widows and widowers who remarry after age 60 (or disabled widows and widowers who remarry after age 50) maintain their eligibility for benefits on their former spouse's Social Security record.

And, just as wives and husbands may be eligible for Social Security benefits from more than one former spouse, divorced widow(er)s may be eligible on two or more records and they, too, will receive the highest benefit. Again, benefits paid to a divorced widow or widower do not affect benefits payable to other surviving family members.

Information Available
If you have any questions concerning benefits payable to divorced spouses and widow(er)s, call Social Security's toll-free number, at 1-800-772-1213, any business day between 7 a.m. and 7 p.m. It's best to call toward the end of the week and in the latter part of the month.

Participants needed for Bachelor Auction

If you're attractive, single, male, and between the ages of 25 and 55, Selective Singles Social Club in Northfield invites you to participate in the Ninth Annual March of Dimes Bachelor Auction this fall. This year's event is co-sponsored by Selective Singles and the March of Dimes, and will be held at the Chicago Marriott Hotel on Michigan Avenue, Thursday, Oct. 27 from 5:30 p.m. until 9 p.m.

The gala evening begins with a singles' cocktail party at 5:30, and the auction at 7 p.m. Tickets are \$15 in advance. If you are interested in volunteering for this worthwhile charity, call Selective Singles at (708) 441-7475.

City of Hope Singles Halloween Party

The City of Hope Singles Council presents a Halloween Party on Sunday, Oct. 30 at the Prop House in Chicago, 1675 North Elston, from 6 p.m. to 10 p.m.

The most outrageous costume will win the biggest prize at this event. Come and entertain each other with your funky and original creations. Or just come for the fun! Costumes are optional and you will meet singles in the 35 to 55 age group. Proceeds from this event benefit the City of Hope Hospital and Medical Research Center in California. There will be pizza, dancing, Karaoke and a cash bar.

The cost for this event is \$20 in advance or \$25 at the door. For more information contact Gary Kolb (708) 632-0082 (evenings).

Singles Halloween Dance

The Spares Sunday Evening Club for Widowed, Divorced, and Single Adults will sponsor a Special Halloween Dance on Sunday Oct. 30. There will be prizes for best costumes, costumes encouraged but optional. The dance will take place at Morton Grove American Legion Hall 6140 Dempster, Morton Grove from 7:30 to 10:30 p.m. Music by "The Melodaires" The cost is \$5 for members and \$6 for guests.

Singles Scene

OCTOBER 7/8 ST. PETER'S SINGLES
All singles over 45 invited to these dances. . . St. Peter's Singles Dance, Friday, Oct. 7, 9:30 p.m., Bristol Court, 828 E. Rand Rd., Mt. Prospect. Saturday, Oct. 8, 9 p.m., Aqua Bella, 3630 N. Harlem. Each dance \$5. Hotline (312) 334-2589.

OCTOBER 9 NORTH SHORE FORMERLY MARRIED
North Shore Formerly Married will hold an Autumn Dance on Sunday, Oct. 9, 7:15 p.m., at the Oakton Field House, 4701 W. Oakton Blvd., Skokie, for singles 49+. One time only admission: \$3.50. Great dance music, free coffee and . . . For further information call Jan at (708) 673-7182.

OCTOBER 13 SIZZLING SINGLES
Sizzling Singles (ages 30+), the biggest and best singles party in Chicago, welcomes you each Sunday at 7 p.m. for an evening of good music, fun and delicious food, at Hyatt Deerfield, Lake-Cook & 294, Deerfield, IL. \$8 admission. For information call (708) 945-3400.

THURSDAYS H.O.P.E. SUPPORT GROUP
H.O.P.E. is currently forming a support group for separated, divorced, and widowed adults over 40. Meetings are held twice a month on Tuesdays at 7:30 p.m. in Skokie. For information, call (312) 528-2408.

PREFERRED SINGLES
Preferred Singles (45-60) meet every Thursday night at 7:30 in Glenview for discussion and fun. Call Carol 296-9222 evenings or 674-1617 for the groups latest activity.

MORTGAGE RATE DIRECTORY

The rates and terms listed above are subject to change without notice. Rates are updated each Thursday by 3 p.m. For the following weeks editions. These institutions are Illinois Residential Mortgage Licensees

INSTITUTION	LOAN TYPE	DOWN PAYMENT	TERM	RATE	POINTS	APR
AAA HOME FINANCE 3619 W. Devon Ave. Chicago, IL 60659 (312) 866-1AAA (Broker)	Fixed	5%	30	8.750	1.00%	
	Fixed	5%	15	8.250	1.00%	
	Fixed	5%	20	8.625	1.00%	
	Adjustable	10%	1	5.750	0.00%	
	Balloon	10%	3/1 Year 5/25 Year	7.125 7.625	1.00%	
FIRST HOME MORTGAGE CORP. 1110 W. Lake Cook Rd., #130 Buffalo Grove, IL 60089 (708) 541-5444 (Lender)	Fixed	5%	30	9.125	0.25%	9.175
	Fixed	5%	15	8.750	0.00%	8.783
	Arm	10%	1 Year	5.625	0.25%	8.274
	Arm	10%	3/1 Year	7.000	0.75%	8.271
	Arm	10%	7/1 Year	8.250	0.50%	8.492
FIRST STATE BANK AND TRUST 607 W. Devon Park Ridge, IL 60068 (708) 384-1056 (Lender)	Fixed	10%	15	8.625	0.00%	8.673
	Fixed	10%	30	9.000	0.00%	9.032
	Adjustable 1/1	10%	30	6.150	1.00%	8.497
	Adjustable 5/1	10%	30	7.800	1.00%	8.397
	Jumbo Fixed	10%	30	9.125	0.00%	9.138
Jumbo Fixed	10%	15	8.875	0.00%	8.894	
GLENVIEW STATE BANK 800 Waukegan Road Glenview, IL 60025 (708) 729-1900 (Lender)	Fixed	10%	30	9.25	*0.00%	
	Fixed	10%	20	9.25	*0.00%	
	Fixed	10%	10	8.75	*0.00%	
	*Add 1/2 Point for Non-GSB Customers					
	Fixed	10%	15	8.500	0.00%	
JAIN MORTGAGE CORP. 135 N. Addison, Suite 229 Elmhurst, IL 60126 (708) 279-4555 (Broker)	Fixed	10%	20	8.875	0.00%	
	Fixed	10%	30	9.000	0.00%	
	Fixed	10%	1	6.250	0.00%	
	Balloon	10%	5/25 Year	8.125	0.00%	
	Balloon	10%	7/23 Year	8.250	0.00%	
LONG GROVE MORTGAGE BANCORP Long Grove Executive House Long Grove, IL 60047 (708) 634-2252 (Lender/Broker)	Adjustable 3/1 J or C	10%	30	7.375	0.00%	
	Balloon 5/25	10%	30	7.625	0.00%	
	Adjustable 7/1	5%	30	8.375	0.00%	
	Fixed	5%	30	8.375	2.75%	
	Fixed	5%	30	9.000	0.00%	
MAINE MORTGAGE CO. 430 Touhy Ave. Park Ridge, IL 60068 (708) 292-6500 (Broker)	Fixed	5%	30	9.000	0.00%	
	Fixed	5%	15	8.500	0.00%	
	Adjustable	10%	5/5 Year	8.250	0.00%	
	Adjustable	10%	3/3 Year	7.750	0.00%	
	Adjustable Cof/Arm	10%	1 Year	6.000	0.00%	
NBD BANK One S. Northwest Hwy. Park Ridge, IL 60068 (708) 518-7100 (Lender)	Fixed	5%	10	8.625	0.00%	8.625
	Fixed	5%	15	8.625	0.00%	8.625
	Fixed	5%	30	8.875	0.00%	8.875
	Adjustable 7/1	5%	30	8.500	0.00%	8.666
	Adjustable 10/1 Jumbo Fixed	10%	30	8.750	0.00%	8.787
			15	8.750	0.00%	8.750

USE THE RUGLE

Plaza hosts Recruit Day

Harlem Irving Plaza will host a Recruit Day open to the public on Friday, Oct. 7, from 11 a.m. to 7 p.m. The center is located at Harlem Avenue, Irving Park Road and Forest Preserve Drive. Participating Harlem Irving Plaza stores will be set up throughout the center with employment information & applications.

"Many of our great retailers have exciting job openings and this is the perfect opportunity for a job seeker to visit many prospective employers at one time and place," said Rich McKeown, General Manager. The stores will also invite customers to set up a charge account with their store. Discounts, special offers, notice of sales and

free gifts are among the benefit of being a charge customer.

Public hearing to be held



Commissioner Frank E. Gardner

Commissioner Frank E. Gardner of the Water Reclamation District of Greater Chicago, and Chairman of the Engineering committee, has announced that a Public Hearing will be held on Thursday, Oct. 6. The hearing will take place at 10 a.m. in the Boardroom, 100 E. Erie St., Chicago.

The public hearing is a prerequisite to final action by the State of Illinois on the District's application for financial assistance from the Water Pollution Control Revolving Fund.

Commissioner Gardner has stated that the purpose of the hearing is to solicit comments on the amendments to the Facility Plan, which is being circulated by the Illinois Environmental Protection Agency under its Preliminary Environmental Impacts Determination (PEID) for the North Leg project.

USE THE BUGLE

Professional business seminars

The Institute for Business and Professional Development at Oakton Community College in Des Plaines is offering seminars in microcomputers and materials and manufacturing management during its fall term.

Advanced Microsoft Excel 5.0, a continuation of "Introduction to Microsoft Excel," offers advanced techniques in using names, working with functions, finding and replacing data, controlling recalculation and more. The seminar meets on Tuesday, Oct. 11 from 9 a.m. to 5 p.m. The cost is \$225.

Cycle Counting for Inventory Accuracy covers the fundamental principles of inventory control, ABC analysis, cycle counting and their direct impact on inventory record accuracy. The seminar meets on Tuesday, Oct. 11 from 8:30 a.m. to 5 p.m. The cost is \$225.

Introduction to WordPerfect 5.1, designed as a hands-on workshop, focuses on how to produce specialized documents and master time saving skills. The seminar meets on Thursday, Oct. 13 from 9 a.m. to 5 p.m. The cost is \$225.

Inventory Management in the Nineties focuses on how to manage inventory within today's changing and challenging manufacturing and distribution environments. The seminar meets on Wednesday, Oct. 19 from 8:30 a.m. to 5 p.m. The cost is \$225.

For more information, contact seminar registration at (708) 635-1932.

Red Cross urges home fire prevention and safety

Last year, more than 160 Chicago-area residents died in fires. Each year in Illinois, an average of 350 people are killed in an estimated 14,000 fires. To help increase fire safety and decrease the number of fire-related injuries and deaths, the American Red Cross urges people to take precautions to avoid fires during National Fire Prevention Week, Oct. 9 to 15.

The National Fire Protection Association estimates about 78 percent of the nearly 2 million fires that occur in the United States each year occur in homes. Nationwide, someone dies in a fire every hour and a half. In 1992, 3,705 people across the country died in home fires, up nearly 6 percent from the previous year. An additional 21,100 people were injured.

The Red Cross recommends families know and follow these basic fire safety procedures to avoid fire-related deaths and injuries:

- Smoke detectors save lives! Install battery-operated smoke detectors in your home and check them monthly to make sure they are working. Replace batteries at least once a year.

- Prepare a home fire escape plan which includes two ways out of each room in your home, and practice the plan at least twice each year with your entire family.

- If you are in a fire, feel all doors with the back of your hand before opening and close all doors behind you. Crawl low under smoke until you are out of the building.

Expectant Parent Classes offered at Swedish Covenant

The Division of Nursing of Swedish Covenant Hospital, 5145 N. California, is offering a series of Classes for Expectant Parents beginning on Monday evening, Oct. 10, at 7 p.m. The six class series will be held once a week in the Anderson Pavilion, 2751 W. Winona, through Monday, Nov. 14.

A variety of topics will be covered. The course also prepares couples for a father-attended

birth, including cesarean birth. This broad, basic approach to birth education makes the course appropriate whether or not it is a first pregnancy.

Advance registration is necessary as class size is limited. For fee information, to make a reservation, or for a free brochure, call Julia McDonagh, clinical supervisor, maternal-child nursing, at (312) 989-3834.

Archdiocesan HIV/AIDS conference

"Case Study: A Family Living and Dying With AIDS" will be the focus of the annual conference sponsored by the HIV/AIDS Task Force of the Catholic Health Alliance for Metropolitan Chicago (CHAMC) and Catholic Charities of Chicago. The conference will be held on Tuesday, Oct. 25 at the Ukrainian Cultural Center, 2247 W. Chicago Ave. in Chicago from 8 a.m. until noon with lunch immediately following.

This conference is intended for hospital, hospice, medical and health care providers; ministers of care; clergy; pastoral ministers; and social workers.

The \$15 per person cost includes registration, morning coffee and a buffet lunch. Registrations are due Oct. 14. Send check payable to CHAMC, 320 N. Michigan Ave., Suite 900, Chicago, IL 60601-3713. For more information, call (312) 606-0266.

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School News

Scholarship awarded to local student



The Northwest Italian American Society has begun a scholarship award program in 1994. The recipient of this scholarship award goes to Colleen LoPresti. A senior at the Willows Academy in Niles, LoPresti was excited being the first female recipient of this award.

Teachers single LoPresti out as someone who always gives herself completely to any task. She is involved in many clubs and is active on the sports teams. The Northwest Italian American Society is extremely proud to present this scholarship to Colleen as its very first female recipient.

Pictured from left to right are: Nora Byrne, Director of Admissions; Mrs. LoPresti; Colleen LoPresti; Nick Gargano, Treasurer; Todd Bavaro, Program Chairman, and Tom Parala, Director.

Come home to homecoming

The Niles North Vikings hope to defeat the Highland Park Giants in a homecoming game held on Saturday, Oct. 8 at 2 p.m. at the Niles North football stadium 9800 Lawler Avenue in Skokie. All alumni of Niles North are encouraged to attend to cheer the Vikings on to victory.

A pep rally will be held on Oct. 7 at 7:30 p.m. There will be a parade on Oct. 8 at 10 a.m. followed by an alumni brunch at noon. The football game is at 2 p.m. and a dance is scheduled for 8 p.m. All events will take place at Niles North High School.

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Bank at school program

Students at Jerusalem Lutheran School, 6218 Capulina in Morton Grove, will be participants in the "Bank at School" program sponsored by First National Bank of Morton Grove.

The students had a brief training session on Aug. 29, followed by a visit by bank official to the school on Sept. 1 to show a video on bank operations.

The program entered full swing on Sept. 16, following a tour and lunch at the bank. The program encourages the students to save and gives them hands-on experience in the business of banking.

Yearbook editors prepared for this year's edition

Fourteen Loyola YEAR '95 editors attended summer workshops in preparation for their task this year of capturing the new educational Loyola in the Academy's largest yearbook cover.

At the Ball State University Workshop, Co-editor-in-Chief Doug Boiv of Park Ridge won first prizes in Theme Development and in Theme Design and Julie Cotteleer of Northbrook received an award for Excellence in Computer Design.

The Loyola group received a double standing ovation for their theme presentation at the Yearbooks Workshop at the University of California in San Jose, Individual, Honorable Mention in Design. Awards went to Steve Schroeder of Morton Grove, who also got a perfect score in Copy. Other California workshop participants included Sam Maurice of Lincolnwood, Noelle Vichitnsaen of Skokie, Tom Shahwan of Niles, Harry Baaran of Glenview and Jason Bolina of Morton Grove.

Dan Hwang, also of Morton Grove, attended the Columbia Scholastic Press Association Yearbook Workshop in New York City.

Regina students selling raffle tickets

This year's student raffle grand prize is a 1995 Geo metro LSI, which will create excitement for the students at Regina Dominican High School. The annual fundraiser will begin Oct. 6 at 9:30 a.m. with the Kick-Off assembly in the auditorium.

Although the car is the most popular attraction of the raffle, other prizes include four tickets to a Chicago Bears game and two consecutive nights for two at Lake Lawn Lodge.

The students will be selling raffle tickets from Oct. 6 - 28.

Maine East senior attends JETS program

Don Baron, a senior at Maine East, attended the Illinois Junior Engineering Technical Society (JETS) summer program at the University of Illinois at Champaign-Urbana last June. He became interested in JETS because he's considering a career in mechanical or electrical engineering or law.

At Maine East, Baron is co-editor-in-chief of the school paper, The Pioneer. He is also co-captain of the varsity School

Boat team and vice-president of Ski Club. In addition to these extra-curricular activities, Baron is also a member of National Honor Society and the mathematics honor society, Mu Alpha Theta.

In the fall, Baron who resides in Morton Grove, plans to apply to Northwestern University, the University of Illinois at Champaign-Urbana, and the Massachusetts Institute of Technology.

D.P. college student volunteers in Boston

Jeni Barber of Des Plaines was among 270 Boston University students who spent the last week of their summer vacations volunteering in Boston through the Boston University Community Service Center's First Year Student Outreach Program (FY-SOP).

FYSOP offers entering freshmen the opportunity to arrive on campus one week early to participate in community service programs throughout Boston. In the process, students become familiar with the city and contribute to public service projects in the greater metropolitan area.

Barber, a 1994 graduate of Maine Township High School West, is the daughter of John and Joan Barbe of South Cumberland Parkway.

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References Upon Request

King and Queen Homecoming candidates



Maine East's Homecoming activities get rolling Friday, Oct. 7--the varsity soccer game against Maine South is set for 6:30 p.m. in the stadium. The Homecoming King and Queen will then be announced during the firelight rally, scheduled for 8 p.m. Saturday, Oct. 8, at 2 p.m. the Demon varsity football team hosts Niles West; Homecoming '94 at Maine East ends with a dance sponsored by the senior class from 8-11 p.m. in the girls' gym.

Maine East's Homecoming King and Queen candidates are: (front, l-r) Dave Christie of Des Plaines, Mike Lopez of Niles, and Chris Quidayan of Morton Grove. (Standing, l-r) Dean Vavouliotis of Morton Grove, Linda Chu of Niles, Brie DiPrima of Glenview, Jeannine Haslett of Des Plaines, Chris Minkley of Morton Grove, Melanie Rivenson of Des Plaines, and Heidi Lapin of Niles. (Not pictured: Basia Gwizdz of Des Plaines).

Locals graduate from I.S.U.

A total of 823 Illinois State University students completed requirements for the bachelor's degree at the end of the Summer 1994 semester.

Illinois State University, the oldest public university in Illinois, delays the announcement of graduates until the Office of Admissions and Records can verify the completion of academic requirements for graduation.

Illinois State bachelor's degree recipients include: Sean C. Ansett, Laura Catherine Bachar, Vicki Christine Genz, Julie Lynn Lockman, George John Lutfallah, Danielle Lynn Sheridan, James William Wait, of Des Plaines; Scott J. Whelan of Lincolnwood; Andrew P. Laliberty, of Morton Grove; and Jamie Lynn Weisman, of Skokie.

Skokie resident receives KU degree

More than 800 students received degrees from the University of Kansas after the 1994 summer session, according to KU's Department of Educational Services, which recently announced the names of the new graduates.

Because KU conducts only one formal commencement ceremony each year, many of these graduates will return to take part in commencement exercises in May 1995. Jamie Rose Garti, of Skokie, received a bachelor of general studies in Human Development.

Niles resident awarded scholarship

Milwaukee School of Engineering (MSOE) announced that John Sikaras has been awarded a \$3,600 scholarship for the 1994-95 school year.

Sikaras, who enrolled at MSOE this fall, plans to major in Mechanical Engineering. He is the son of Mr. and Mrs. Gus Sikaras and is a graduate of Niles Township West High School.

Melzer readers

The Melzer Kindergarten Center would like to congratulate the following students who read at least eight books for the Niles Public Library District's Summer Reading Club, Bella Darji, Elliot Davis, Kirsyn DeSanus, Kyle DeSanus, Jenna Grosnick, Adam Haruing, Cherise Jackson, Maria Kanelos, Syed Khalid, Donna Kowalshen, Baroun Park, Jonnah Song, Sarah Tyre, and Andrew Yampolsky.

The staff at Melzer wishes to thank the Niles Public Library

District for recognizing the importance of working closely with the school during the summer as well as during the school year.

The Melzer Kindergarten Center, 9400 Oriole, Morton Grove, is one of six schools located in East Maine School District 63.

Niles student named Scholarship recipient

Kalamazoo College announced the winners of its 1994 Honors and Competitive Scholarships, which are renewable each year. Amanda Lichenstein, daughter of Mr. and Mrs. Richard Lichenstein of Skokie, was named an Honors Scholarship winner. She is a Niles North High School student.

Kalamazoo College is pleased to recognize and reward students who have made significant contributions to their schools and their communities. Nominees for the scholarships were selected from new students admitted to Kalamazoo College. Selection criteria for the awards included academic accomplishments, as well as extra-curricular achievements.

Regina news magazine awarded first place

Crown, Regina Dominican High School's news magazine, has received a first place award with three marks of distinction from the National Scholastic Press Association.

The paper was rated in the areas of coverage and content, writing and editing, photography, art and graphics, layout design, and leadership. Crown merited marks of distinction for its coverage and content, writing and editing and leadership.

1994 staff members include the following: Eilyn Kennedy of Park Ridge and Erin Reynolds of Skokie.

School News

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Library/Parks
and Sports News

Drop in for storytime

The Niles Public Library District's Fall Storytime Series begins in October. Each storytime is designed to appeal to a specific age group and to provide children with an introduction to the library and its staff. Please note the age requirements for each group. No registration is necessary; just drop in.



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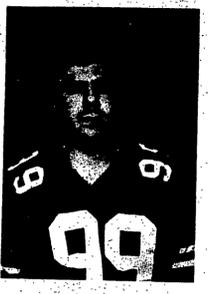
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Skokie resident playing football at Elmhurst College



Sargon Gewartis

Sargon Gewartis of Skokie is a returning, three-year letterman on the 1994 Elmhurst College football team. A 6-0, 235-pound senior defensive tackle, Gewartis is majoring in organization management at Elmhurst. He is a 1990 graduate of Mather High School in Chicago, where he was an all-conference guard on the football team. Gewartis previously attended Oakton Community College, where he was a member of the football team. In 1993, Gewartis recorded 17 tackles and one sack for the Bluejays. Gewartis is a recipient of the Assyrian Universal Alliance Foundation Scholarship. He is the son of Mr. and Mrs. Paul Gewartis of Skokie.

Chicago Rockers search for CBA hopefuls at camp

The Chicago Rockers will be looking for the future stars of the Continental Basketball Association (CBA), when the team hosts its first free-agent camp Saturday, Oct. 15 and Sunday, Oct. 16 at Chicago's Angel Guardian Gymnasium, 6250 N. Winchester. A pre-registration fee of \$100 is required for all interested participants. On-site registration Oct. 15 is \$125.

Chicago Rockers head coach John Treloar believes that Chicago is the nation's top market for basketball talent and that the free-agent camp could uncover a promising young star. "Chicago consistently produces some of the best basketball players in the country and the Rockers want to tap into the city's talent through the free-agent camp," Treloar said. "Our goal is to find player good enough to compete for a roster spot when training camp begins Nov. 4." The camp comprises two days of drills, skill testing and scrimmages. The initial session on Saturday, Oct. 15 runs from 1 to 6 p.m. The second session runs from 11 a.m. to 2 p.m. Sunday, Oct. 16. The first session of camp will focus on testing and evaluating a player's quickness, speed, jumping and shooting ability through a series of basic drills. After the skill testing phase players will be broken down into squads where general offensive and defensive sets will be taught and practiced. The second session will focus on controlled scrimmages. The coaching staff will evaluate players based on their overall skill level, athleticism, and ability to understand and execute the Rockers offensive and defensive schemes. Treloar's teams are known for their defensive intensity, and the coaches will be looking for players that display a desire to play tough defense. "Championships are won on the defensive end of the court,"

Treloar said. "Most players in the CBA can score, so I look for players who take pride in their defense. You have to play defense to play for the Chicago Rockers." The Rockers anticipate a large turnout for the camp and expect to draw several players with college experience from the Midwest. Often, players who excelled in major college programs travel across the country to try out at CBA free-agent camps. Last year, Treloar worked with two ex-Big Ten stars in Purdue's Woody Austin and Ohio State's Jamaal Brown. Austin was voted Indiana's Mr. Basketball in 1988 and was a first-team All Big Ten guard in 1992. "Woody showed exceptional skills at the free agent camp but wasn't invited to our regular season camp," Treloar said. "We had too many talented guards at that time. Jamaal also showed a great deal of promise and earned an invitation to our regular season training camp. He was one of the last players we released." According to Treloar, many players feel that they have the skills necessary to compete on the CBA level and don't realize how competitive the league is. "The CBA has some of the best young players in the world," he said. The CBA, the official development league of the National Basketball Association, set a record last year for the number of players (38) called-up by NBA teams. In addition, 31 former CBA players appeared on NBA playoff rosters in 1994. The Rockers have sent 13 players to the NBA over the past five years, including University of Illinois' Stephen Bardo. For more information about the Chicago Rockers free agent camps, call (312) 595-1222, or send a self-addressed stamped envelope to the Chicago Rockers, 101 W. Grand Ave., Suite 600, Chicago, IL 60601.

Friends of the Library book sale

The Friends of the Niles Public Library will be holding their semi-annual Book Sale Thursday, Oct. 6 through Saturday, Oct. 8. The sale will be held in the large meeting room of the Niles Public Library, 6960 Oakton Street (the northeast corner of Waukegan and Oakton). The doors will be open from 6 to 9 p.m. on Thursday, and from 9 a.m. to 4 p.m. on Friday and Saturday. Donations of paperbacks are always welcome and can be dropped off at the Library. Hardcover books are 25 cents; paperbacks are available for a dime each.

Used sporting goods sale

Participate in the 1st Annual Sporting Goods Sale on Saturday, Oct. 8 from 10 a.m. to 2 p.m. at the Des Plaines Park District. You utilize an 8 foot table in the Leisure Center Gym to display and sell your old sporting goods. The fee is \$7.50 per resident or \$11.25 per non-resident. If you don't want to sell, stop by and shop. Check in time for sellers is 9 a.m. Bring your own change. Registration deadline for tables is Oct. 5. For more information, call (708) 391-5700.

Harvest Festival celebrates the fall season

A free, two-day Harvest Festival will be held at North Park Village Nature Center, 5801 N. Pulaski, Chicago, on Saturday and Sunday, Oct. 8 and 9, from 11 a.m. to 3 p.m.

This family oriented event will feature apple bobbing, nature storytelling, marshmallow roasting over a bonfire, nature walks, a "Creatures of the Night" program, free pumpkins and pumpkin painting, free cider, face painting, and much more. On Saturday, Oct. 8, actor and environmentalist Dennis Paige will do a presentation of "Dr. Earl, Earth Keeper," an engaging ecology play, from 12:30 to 1:30 p.m.

Sunday, Oct. 9 will feature a family scare-crow making contest from 11 a.m. to 2 p.m., with judging at 2:30 p.m.

North Park Village Nature Center is a unique 61 acre nature preserve in the heart of Chicago. Part of the City of Chicago's Dept. of Environment, the Nature Center offers many exciting educational events and programs for all ages, free of charge.

Learn basic home repair

Join Mark O'Brien on Monday evening, October 3 at 7 p.m. at the Niles Public Library, for some helpful tips on Basic Home Repair for the Fall. Mark will discuss a number of things to do in preparing a home for the cold weather. Several of the topics to be covered are: gutter maintenance, door and window weather proofing, garage checkup, furnace inspection and cleaning, plus more.

The Niles Public Library program is free, but registration is required. For mobility or communication access assistance, call 967-8554 voice and TDD. Parking spaces at the library are limited, so plan to arrive early.

Free films at M.G. Library

On the second Monday of each month, the Morton Grove Public Library has free screenings of feature films. On Oct. 10 the Morton Grove Public Library will show Little Buddha at 11 a.m., 2:30 and 7 p.m.

Bernardo Bertolucci directs Keanu Reeves in this movie about Siddhartha, the young prince who became the Buddha. The Morton Grove Public Library is located at 6140 Lincoln Ave. For more information, or mobility and communication access assistance, please call (708) 965-4220, for TDD 965-4236.

Estate planning seminar

A free seminar on Estate Planning will be offered on Thursday, Oct. 13 at 7 p.m. at the Morton Grove Public Library, 6140 Lincoln Ave.

Tom Stiller, Vice President of Investments at Rodman & Renshaw, and estate planning attorney Mike Erde, will discuss legal and investment strategies for quality estate planning.

For more information, or for mobility and communication access assistance, please call (708) 965-4220. For TDD call 965-4236.

Marimba Magic at Library

Marimba? Come and see what this central American musical instrument looks like; how it's played; and what kind of music it makes!

The Niles Public Library District will host accomplished marimba players, Lory Schreiber, on Sunday, October 9 at 1:30.

Schreiber has been a marimba player since her youth and has played professionally for some time. During this forty minute performance, you will learn about the instrument, be exposed to some facts about the development and construction, and also be treated to concert selections.

This program is free, but registration is required. For mobility or communication access assistance, call 967-8554 voice and TDD. Parking spaces at the library are limited.

Cooking healthy workshops

Enjoy participating in all aspects of food preparation, from making wise food purchases to sampling the menus. The key to all classes is healthful eating including many vegetarian recipes as well as emphasis on low fat food preparation. Recipes are provided.

Sign-up for one or more of the following workshops instructed by Rhonda Popko and located in Prairie Lakes Kitchen at 515 E. Thacker in Des Plaines: Mondays, 7 to 9 p.m., Oct. 10-Healthy Appetizers; Oct. 24-Main Dish, Soups, and Nov. 7-Main Dish, Salads. The fee is \$15.50 per workshop for residents and \$23.25 per workshop for non-residents. Registration is now in progress. For more information, call (708) 391-5700.

Library/Parks
and Sports News

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Political & Business News

IRS seeking volunteers

Some 95,000 Americans gave to the IRS this year and they can't wait until next year to do it again.

According to the Internal Revenue Service, what they gave wasn't money; it was time. They did this through IRS-sponsored volunteer programs which provide free tax assistance to people who can't afford professional tax help. VITA - Volunteer Income Tax Assistance - primarily helps low-income people, senior citizens, people with disabilities, and those who have difficulty with English. TCE - Tax Counseling for the Elderly - is a companion

program cosponsored by organizations such as the American Association of Retired Persons.

The IRS is now recruiting volunteers for next year's programs. The most important qualification is a desire to help others by answering tax questions and filling out basic income tax returns. Though some volunteers are accountants, many more come from other walks of life, such as students, business people, teachers, and retired people.

Free training is provided to all volunteers. Then volunteers offer help at schools, libraries, sen-

ior citizen centers, and other convenient neighborhood locations.

The IRS is also looking for groups interested in sponsoring new tax help sites. If you'd like to volunteer, or have questions about these programs, call the IRS toll-free at (800) 829-1040 and ask for the Taxpayer Education Office.

Rotary Club speaker scheduled

The Niles/Morton Grove Rotary invites all local businesspersons to hear our speaker, Robert F. Kemp, Attorney-at-Law. He will speak on the importance of protecting patent, trademark, copyright and trade secret issues. This will be a most informative and interesting lecture.

Please join us Oct. 10 at Eugene's Fireside Restaurant, 9101 Waukegan Rd., Morton Grove, at noon.

Kemp is a former Rotary Foundation Graduate Scholar (France, 1983) and is well acquainted with Rotary and its objectives.

For more information, call Harry Melnick, President, at (708) 966-7600.

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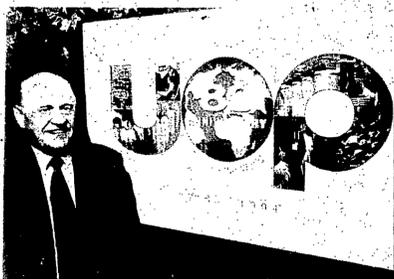
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D.P. company celebrates 80 years



UOP President Mike Winfield unveils a display poster commemorating the company's 80th anniversary, featuring the theme "Our Technology Touches the World." Headquartered in Des Plaines, UOP plans a year-long series of employee and community events to mark the occasion.

Founded in 1914, UOP is a leading international supplier and licensor of process technology, catalysts, adsorbents, process plants, and technical services to the petroleum refining, petrochemical and gas processing industries.

Two local residents join fast growing law firm

Patricia J. Whitten, Acting General Counsel of the Chicago Board of Education, and two other attorneys have joined the rapidly expanding law firm of Franczek Sullivan Mann Crement Hein Relias, P.C.

Whitten is leaving the law firm of Seyfarth Shaw Fairweather and Geraldson to join the Franczek Sullivan firm, and will continue as Acting General Counsel for the school board. Whitten has been with the board for a total of 16 years, including nine years (1982-1990) as General Counsel. She returned as Acting General Counsel in 1993.

Also joining Franczek Sullivan are Niles resident Michael Z. Green, formerly with Lord, Bissell and Brook and Glenview resident Kathleen L. Leyden, formerly with Winston & Strawn.

"We are rapidly becoming the firm to watch" in Chicago," said James C. Franczek, Jr., a founding partner of the firm.

Franczek-Sullivan was formed in February, 1994 through an unprecedented consolidation of 12 leading partners from four major Chicago law firms: Seyfarth Shaw; Vedder Price Kaufman & Kamholz; Wildman Harold Allen & Dixon; and Klein Thorp and Jenkins. Eleven top rated associates have since joined the new firm bringing the total number of attorneys in the firm to 26.

The firm, which specializes in

employment and labor law, now has one of the city's largest practices involving governmental bodies - particularly in the area of elementary and secondary school districts - in the Chicago Metropolitan area. The firm also has numerous governmental clients, including school districts, in downstate Illinois.

Green's credentials include graduating cum laude from Loyola University School of Law; receiving an M.A. degree in business administration from California Lutheran University; and a B.S. degree from the University of Southern California in electrical engineering.

At Lord, Bissell and Brook, Green performed all general labor and employment litigation functions and represented and advised management clients in all aspects of labor and employment under federal and state law, including matters before the National Labor Relations Board and the Illinois Human Rights Commission.

Leyden was an associate in the litigation department at Winston & Strawn for the past three years, after graduating from Notre Dame University Law School. She also received a B.B.S. in accounting from Loyola University. At Winston & Strawn, Leyden focused on multi-district, complex litigation.

The Bugle's

Business Directory

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M.G. resident elected director of Chicago Dental Society

William J. Cohen, a general practitioner in Morton Grove, has been elected to serve a three-year term on the board of directors of the Chicago Dental Society. Dr. Cohen will represent the North Side Branch of the 130-year-old organization.

As a Chicago Dental Society director, Cohen is a member of the management team responsible for formulating policies and conducting business for the 4,500-member organization. The team oversees the activities of a professional staff with offices at 401 N. Michigan Avenue in Chicago.

The non-profit organization was founded in 1864 to promote public welfare through dental health education and professional services. The society annually organizes and conducts the Chicago Midwinter Meeting - one of the largest dental conferences and its kind in the world - hosting more than 28,000 dental professionals from around the world.

A 1963 graduate of the University of Illinois College of Dentistry, Cohen has held all of the offices in the North Side Branch, including president in 1992-93.

Cohen has served the CDS Midwinter Meeting by working with the Table Clinic Division, 1985-1987; Course Division, 1988 to present; and Limited Attendance Committee. Since 1988, he has served as chairman from the North Side Branch of the CDS Peer Review Committee.



William J. Cohen

On the state level, Cohen has served as an alternate delegate and delegate to the Illinois State Dental Society House of Delegates. He also attended the State Leadership Conference in 1992.

A fellow of the Academy of General Dentistry, Cohen also is an accredited member of the American Academy of Cosmetic Dentistry. He is a member of the Board of Directors of the American Academy of Cosmetic Dentistry. He also is a member of Alpha Omega dental fraternity, the Academy of General Dentistry and the Pierre Fauchard Academy.

Cohen and his wife, Eileen, have three children, Julie, Janice and Debbie.

New SEC ruling affects individual investors

A new Securities and Exchange Commission (SEC) ruling scheduled to take effect June 1, 1995, could dramatically impact the way individual investors conduct their securities transactions. Specifically, investors will have three business days, rather than the current five, to pay for securities purchases or to deliver certificates after a transaction. The rule is commonly referred to as "T+3," which stands for "trade date plus three days."

Jeffrey L. Cardella, the Niles representative for the financial-services firm Edward D. Jones & Co., said, "T+3" is designed to help curb the risk in the securities market. Over the past 20 years, we've seen an incredible increase in the use of computerized trading as well as growth in the sheer volume on the New York Stock Exchange; yet, the business of paying for all those securities has remained basically the same. In addition, most other nations have already reduced their settlement periods to three days or less. This new initiative will enable us to keep pace with technology, with the volume of trading and with other world markets."

According to Cardella, the new ruling also means that investors will receive the proceeds from selling securities two days earlier. "Reinvestment dollars will be put to work more quickly than in the past," Cardella said. A shorter settlement may also affect the way many investors transact their securities business. In most cases, using the postal service to remit payment or send in certificates for a trade will no longer be fast enough. Rather, payment for securities may need to be on deposit in the investor's account at the time a transaction is executed.

To avoid trading delays when

the June 1, 1995, ruling takes effect, investors should begin preparing today," Cardella said. "A portfolio review is a good first step, and many investors will want to consider establishing accounts that offer a money-market option to provide easy access to the cash they need to pay for purchases and that also offer safe-keeping of securities so that certificates are readily available for sale.

For more information on T+3, contact Cardella at 8143 N. Milwaukee Ave. or call at (708) 470-8953.

Bill O'Donnell joins Kunkel million dollar producers

Bill O'Donnell becomes the eighth Wm. L. Kunkel & Co., Realtors sales associate to top the one million dollar mark in residential sales, closing on more than one million dollars this past month. O'Donnell, a Des Plaines resident for nine years, has been with the company since 1993.

An active community member, O'Donnell belongs to the Des Plaines Elks. He loves Des Plaines and finds selling real estate allows him the opportunity to learn more about "this wonderful and very prosperous town of ours."

"I truly enjoy being in this business," O'Donnell said. "It gives me a chance to meet many new people and to let them get as excited about this community as I am. And I enjoy working for Jim (McLaughlin, Kunkel Vice President of Residential Sales) and with the great team we have here. Kunkel is anxious for all of its Realtors to have GRI certification, and I am proud to say that with the help and support of this company I will complete the last of my three tests this November."

NNSP celebrates 2nd anniversary at dinner meeting

On Oct. 17 the National Network of Sales Professionals (NNSP) will celebrate its second anniversary at a dinner meeting that will feature well-known speaker Greg Risberg and include numerous raffle prizes for both business and social use.

Risberg's presentation, "Humor, Hugs and Home," is a positive and upbeat program aimed at helping people share laughter with others, see more humor in their lives, learn the 7 Basic Hugs, strengthen a person's sense of hope, lower their stress level and raise their energy level. Risberg, M.S.W. is a social worker and educator and the author of Touch: A Personal Workshop. Prior to developing his consulting practice and embarking on a speaking career, he was a lecturer at Northwestern University Hospital and Loyola Medical Center in Chicago.

The anniversary celebration will be a fun evening and also serve as a major fundraiser for NNSP. Proceeds will go towards the organization's 1995 sales/marketing scholarship and two social projects. Last year's event and fundraiser featured some 50 raffle prizes, donated by members and others.

The meeting will be held on

Monday, Oct. 17, at 6 p.m. at the Wellington of Arlington, 2121 S. Arlington Heights Rd., Arlington Heights. Reservations can be made by calling (708) 253-2661; and must be made by 3 p.m., on Friday, Oct. 14. The cost of the dinner is \$32 for non-members, \$25 for NNSP members and \$35

for walk-ins. In addition to monthly dinner meetings, the NNSP sponsors business referral groups which provide additional support and networking opportunities for its members. For more information about NNSP and its referral groups, call (708) 705-2362.

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Police News

Teachers report student to be suicidal

A 54-year-old Niles woman said that her 15-year-old son was contacted on Sept. 28 by several high school teachers who missed school again and may be suicidal.

The teachers were at the home of the boy, who was inside screaming and throwing things around acting out-of-control. He went up to his bedroom, pushed out the screen of the window and threatened to damage the car of one of the teachers in the future.

The youth, who was holding a hunter's knife, then exited the rear door of the home, jumped over a fence and fled the scene. Police searched the home for the knife and could not find it.

Within minutes the teachers located the student on Church and Lincoln and called 9-1-1. An officer arrived and the boy began yelling obscenities at him. The officer grabbed the youth's arms and a pat down revealed the knife. The officer also discovered two throwing stars and a large folding knife.

The youth was transported to Lutheran General Hospital for psychological treatment as requested by his mother.

Drug abusing son needs more help

A 48-year-old Niles man told police Sept. 29 that his 18-year-old son had been on four drug abuse programs and in two hospitals over the last two and a half years and still needs help.

The man went into his son's bedroom and found an empty syringe needle. When asked about it, the youth, who is currently on a drug program and is taking medication and he received five free needles from another drug program in Chicago and had just given himself an injection of heroin.

His father expressed interest in enrolling his son in a better drug program.

Man swings baseball bat, gets charged with battery

A 19-year-old Des Plaines man told police Sept. 30 that he was talking with friends behind a restaurant when another 19-year-old Des Plaines man walked up to him without warning and began striking him with a baseball bat in the head, arms and back. The victim was transported to Lutheran General Hospital by the Niles Fire Department for treatment of a laceration to the head.

Dmitry Bogatiryov was taken into custody outside his Des Plaines home later that day. The suspect admitted striking the vic-

tim with the baseball bat approximately two times, however, said that he was talking with friends behind the restaurant when the victim appeared and started to give him a hard time. Bogatiryov told police he then went to his girlfriend's car and got the bat.

Assistant state's attorney Dave Stoioff refused aggravated battery charges and Bogatiryov was charged with simple battery. The subject posted 10 percent of his \$1,000 bond and is scheduled to appear in court on Oct. 19.

Alarm scares off burglars

Unknown offenders gained entrance into a food mart in the 8000 block of Waukegan Rd. at 3:30 a.m. Sept. 29 by using a pry type tool to open the outside stock door that was not deadbolted.

Once inside, the offenders pried open the inner wood door, damaging the outer frame as the force pulled the deadbolt through the frame.

Nothing was taken from the store, as police believe that the security alarm scared off the offenders.

In what police believe to be a related incident, someone used a pry type tool to gain access into an ice cream store around the same time in the 8000 block of Waukegan.

The offenders were not successful, however, since the inner steel door was deadbolted. Damage was done to the steel frame.

Garage burglaries

There have been several thefts out of garages reported around Niles over the last few weeks.

Someone pried the garage door open at a house in the 8500 block of Chester between Sept. 14-24 and removed many items inside.

Stolen was a mountain bike, valued at (\$569.38), a set of Wilson golf clubs (\$450), Footjoy golf shoes (\$150) and a Burton golf bag (\$100).

A 22-year-old Niles man reported that someone walked into his garage between Sept. 10-15 in the 8400 block of N. Clifton and stole several items including a mountain bike, a wrench set, bike clothing and seven quarts of Castrol Oil.

On Sept. 28, unknown offenders went into a garage in the 8200 block of Park with no forced entry and removed a radar detector and a pair of sunglasses from the car parked inside. A saw was also taken from the garage.

Illegal maneuver ends in DUI arrest

A Niles police officer saw a driver make an illegal left turn onto Harlem Ave. and enter Taco Bell, 7535 Harlem, at 11:49 p.m. Sept. 27.

The officer followed the offender into the drive-thru and asked him to back up so he could be issued a ticket. While he was backing up, the driver struck a ce-

ment garbage can. The driver smelled of alcohol and failed field sobriety tests.

Kenneth Zaleski, 25, of Norridge, was charged with a DUI, blood alcohol level over .10 and disobeying a traffic device. His bond was set at \$1,000 and the subject is scheduled to appear in court on Oct. 19.

Safe burglarized

A pry pry tool was used to gain entry through the west side door of a store in the 8000 block of Milwaukee Ave. between 10:15 p.m. Sept. 27 and 7 a.m. Sept. 28.

An attempt was made to gain entrance through a south door, as police found a lock broken off the door, but the door had been bricked in.

The offenders destroyed a safe with the same tools and about \$3,000 was taken. Nothing else was harmed.

Indecent exposure

A witness observed a 33-year-old Chicago man masturbating while two juvenile females walked by in the 8900 block of Greenwood Sept. 29.

The witness called police and the man, who had escaped in an '87 Plymouth 'Yoyage, was stopped and placed into custody.

In-store theft

Someone used a cutting tool to cut open the back of boxes and remove contents inside at Best Buy, 9530 Greenwood Ave. Sept. 25. The offender removed three

hard drive upgrade kits and then put the boxes back on the shelves. The kits are valued at \$399 apiece. The total theft equaled \$1,197.

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LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D023547 on September 19, 1994, under the Assumed Name of Al-jon & Co. with the place of business located at 8630 Waukegan, Morton Grove, IL 60053. The true name(s) and residence address of owner(s) is: Albin Perlman, 8630 Waukegan, Morton Grove, IL 60053.

Police News

911 Informational Hotline established

The Cook County Emergency Telephone System Board has set up a telephone hotline to provide information on the establishment of a 911 emergency telephone system for unincorporated Cook County and six suburbs.

By calling (708) 865-4976, residents can discuss any questions they might have about the 911 system and receive the latest updates on the progress of the system. The hotline will be answered by a representative of the Cook County Emergency Telephone System Board from 8:30 a.m. to 4:30 p.m., Monday through Friday.

The Cook County Emergency Telephone System Board is overseeing the implementation of an Enhanced 911 Emergency Telephone System that will serve unincorporated Cook County and the towns of Ford Heights, Golt,

Northbrook construction project awarded

A \$249,106 contract has been awarded for the improvement of the intersection of Willow and Sanders Roads in Northbrook, the Illinois Department of Transportation said recently.

Involved are the extension of the Willow Road left-turn bay and the resurfacing of the intersection.

The project was scheduled to begin Monday morning, Oct. 3, and the contractor - Arrow Road Construction Co., Mt. Prospect - is expected to complete it by Oct. 21.

Meanwhile, work continues on the repairing and patching of defective concrete pavement on various parts of southbound lanes of Illinois 83, between Touhy and Oakton Avenues in Elk Grove Village.

The road is expected to be closed to traffic until Oct. 31 while work progresses.

Motorists are urged to drive carefully in the areas and, when workers are present, to "Give 'Em a Brake - Slow Down."

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Gas prices stabilize in Illinois

Although still higher than any time since the Persian Gulf War, self-serve pump prices tumbled sharply in Indiana and fractionally in Illinois during the past month, according to the AAA-Chicago Motor Club's September Fuel Gauge Survey.

In Chicago and Cook County, average self-serve prices decreased by 0.6 cent per gallon during the past month after gaining more than 20 cents per gallon the previous five months. The current price of \$1.341 per gallon for self-serve unleaded regular remains near the Persian Gulf War high of \$1.387 per gallon reached in January, 1991.

Average self-serve prices in Illinois outside of Cook County inched down 0.6 cent per gallon. During the previous five months, self-serve gasoline prices skyrocketed more than 20 cents per gallon. Currently, a gallon of self-serve unleaded regular averages \$1.257. That price remains near the Persian Gulf War high of \$1.288 reached in January, 1991.

As of Sept. 5, the national average for self-serve unleaded regular was \$1.196 per gallon, up 1.1 cents since August.

Although wholesale prices fell 11.5 cents per gallon since August, retail prices could remain at their current levels through September because of continued supply concerns and the transition to a reformulated fuel, says Computer Petroleum Corporation, which surveys local gas prices for AAA-CMC.

Compared to a year ago, average self-serve prices are currently 17.7 cents higher in Chicago and Cook County, 15.5 cents higher in Illinois outside of Cook County, and 12.2 cents higher in Northern Indiana.

Highway project to hit Park Ridge

Senator Walter W. Dudyrcz (R-Chicago) has announced that at the bid letting held by the Department of Transportation in Springfield Aug. 26, the Capitol Cement Company was the apparent low bidder for a \$385,497.50 project that includes pavement patching on Canfield Road from IL 72 to

Foster Avenue and also on IL 21 at Touhy Avenue in Harwood Heights and Park Ridge.

"When completed, this project will improve the operation of the highway facility in the 7th Legislative District", Senator Dudyrcz said.

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From the Left Hand

Continued from Page 1
rector, Bob DeLeonardis, a former Morton Grove, who is in charge of the facility. He said 97% of the users are from Park Ridge. He said practically everyone in the community participates.

While city funds support the Park Ridge center, membership fees cost \$444 for a family of four to use the entire facility.

We've often complained Niles has an uneven playing field. The sales tax-rich village couldn't contribute to villagers' recreation needs so long as a separate park district controlled all of Niles' recreation facilities. But now with the village creating this additional facility, Niles will be able to provide the same opportunities for recreation as its next door neighbor. And because sales tax will now be used for Nilesites recreation needs, villagers will be well-served without increasing their taxes. We're almost as excited about the new plans as Mr. Selman.

On the way back from the Park Ridge Center we stopped off at Starbucks Coffee house in downtown Park Ridge. We first came across Starbucks in Portland, Oregon, though its first home is in Seattle.

We've been drinking coffee since our very young years. Because the coffee pot was always at the ready on our kitchen stove it was a simple transition to put "a few drops of coffee into our glass of milk" and quickly moved into our "few drops of milk into our coffee" at an early age. By our teen years we often stopped at a south Michigan Avenue coffee shop in the old Stevens Hotel for what we called "hotel coffee" which we thought was the very best. We've subsequently been through the eggshells in our coffee era and even had a wholesaler send us his Continental restaurant coffee in days bygone.

Starbucks' success has been slow but steady. We've noticed they seem to locate their suburban stores in very up-close communities. In the north suburbs we've seen them in Evanston and Park Ridge stores. It's not likely Niles or Morton Grove will have Starbucks as a tenant.

The other "changing in America" which is a phenomenon of these years is the construction of new buildings on older property in our areas. Driving back from Starbucks on Park Ridge's north Prospect Avenue we counted six homes which have been or are being built on Prospect Avenue. Since there are no empty lots, it's obvious homes were torn down before the new homes were constructed. The cost of the property on Prospect had to be astronomical. And the very extravagant new homes must place many of them in the million dollar bracket.

Oakton presents Ploughshares Exhibit

The Ploughshares Exhibit, featuring various items made by the people of Indochina (Vietnam, Laos and Cambodia), using handmade items from the Vietnam War, will be on display in the library at Oakton Community College's Des Plaines campus, 1600 E. Golf Rd., from Oct. 12-28. The college library is open from 8 a.m. to 10 p.m. Monday through Friday, 9 a.m. to 3 p.m. Saturday, and 12-6 p.m. Sunday.

CORRECTION

LEGAL NOTICE
PLEASE TAKE NOTICE -- THE MORTON GROVE ZONING BOARD OF APPEALS will hold a public hearing on Monday, October 17, 1994 at 7:30 P.M. in the Board of Trustees Chambers, Richard T. Fildner Municipal Center, 6101 Capulina Avenue, Morton Grove, Illinois, to consider the following cases:

CASE 1256
Requesting a variance from Section 2-5.5.4 of Ordinance 91-10. (Zoning Ordinance of the Village of Morton Grove) to allow for the construction of a 2-car detached garage.

Distance Between Accessory and Principal Structures:
Required - 10 feet
Requested - 6 feet
Variance Required - 4 feet

The parcel is located in the R-2 Single-Family Residence District and is commonly known as 8616 Lillib Terrace, Morton Grove, Illinois 60053.

All interested parties are invited to attend and be heard.

Leonard A. Bloomfield
Chairman

(This is only one of five cases to be heard by the Morton Grove Zoning Board of Appeals, Cases 1252, 1253, 1254 and 1255 were printed in the Bugle on September 29, 1994.)

This has been happening in Niles for the last five or six years though at a lesser cost. Residences on Church and Davis, east of Milwaukee Avenue, have been built after tearing down existing buildings. On Sherman Road north of Dempster in Morton Grove, a sprawling ranch home was constructed there after tearing down a home on the west side of the street. Unlike Park Ridge, in Niles, the developer must find a large lot with one home on it. After knocking down the old house, he then subdivides the lot and builds two homes on it. The lots must be about 2/3 of an acre and the two homes must sell for upwards of \$300,000 each for the builder to turn a profit.

We have a summer home in a middle class community, on the Indiana-Michigan border. Suddenly the get-rich-fast Yuppies have been invading the community. One 40-year-old brought an expensive home on lakefront property at a cost of several hundreds of thousands of dollars. He tore down the house and is building a sprawling two story home on the now vacated land. The cost for the total project must be close to a million dollars. While we're showing our age, the original property including the home, may have cost \$10,000 when it was built sixty years ago. Obviously, we're living in a different time frame than today's young people.

The other "changing in America" which is a phenomenon of these years is the construction of new buildings on older property in our areas. Driving back from Starbucks on Park Ridge's north Prospect Avenue we counted six homes which have been or are being built on Prospect Avenue. Since there are no empty lots, it's obvious homes were torn down before the new homes were constructed. The cost of the property on Prospect had to be astronomical. And the very extravagant new homes must place many of them in the million dollar bracket.

Survey ... Mobile Health Clinic to visit Des Plaines

The Cook County Department of Public Health's Mobile Adult Health Clinic, the Wellness on Wheels (WOW) van, is scheduled to visit the Des Plaines CEDA Headstart at Maryville Academy, 1170 N. River Rd., on Thursday, Oct. 13 from 8 a.m. to 11:30 a.m. Eligible suburban Cook County residents can receive employment physicals. Appointments can be made by calling the Cook County Department of Public Health at (708) 445-2530, 8:45 a.m. to 4:15 p.m., Monday through Friday.

"Furnished with state-of-the-art equipment, the Wellness on Wheels Van offers convenient access to health care services for suburban Cook County residents who might otherwise have difficulty obtaining them," according to Cook County Board President Richard J. Phelan.

Additional services offered through the WOW van include health counseling, tests for anemia and diabetes, blood pressure and cholesterol screening, tuberculosis (TB) testing, immunizations, urinalysis, self breast exam instruction, pelvic exams and pap smears for women, and prostate and testicular exams for men. If a health problem is found, the clinic is referred to available services for treatment. Some referral services are provided by the Cook County Department of Public Health and when necessary, clients are referred to other health care services in their area.

WOW services are available to suburban Cook County residents who qualify financially (i.e. school lunch; Women, Infants and Children (WIC)). Appointments are necessary and are scheduled by calling (708) 445-2530, 8:45 a.m. to 4:15 p.m. Monday through Friday. At the time an appointment is scheduled, financial screening will be done. Persons needing accommodation for a disability should contact (708) 445-2530 or TDD for the hearing and speech impaired at (708) 445-2406.

Keeping your entire family healthy

"Midwives: Beyond Delivering Babies," the third of a 4-part Lecture Series sponsored by Rush North Shore Medical Center, will be held on Monday, Oct. 10 at 7:30 p.m. in the Wilmette Public Library, 1242 Wilmette Avenue, Wilmette.

Topics to be discussed by Susie Todd, R.N., C.N.M., certified nurse-midwife, include how nurse-midwives can help a woman protect her health. There will be a discussion after the presentation.

There is no charge to attend. For more information or to make a reservation, call the Rush North Shore Referral Line at (708) 933-6000.

Volunteers sought for Halloween events

The Skokie Park District will be holding two very special Halloween events this year, and we need your help. Halloween Happenings, a safe and fun alternative to trick or treating, will be held on Saturday, Oct. 29 from 1 to 4 p.m.

New this year, will be a Haunted House for pre-teens and teens. This event will be held Friday, Oct. 28, Saturday, Oct. 29 and Monday, Oct. 31.

If you are interested in volunteering your time, contact the district at 674-1500, ext. 103.

PERSONAL CONNECTIONS

1-900-432-2222 (\$1.70 per min)

WOMEN SEEKING MEN
SPUNKY, FRIENDLY professional female, 36, 5'7", 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4520.

ENGLISH CHICK with one child, single black female would love to meet a single white male with a good job and a nice car. Call EXT 4521.

LOOKING FOR MR. RIGHT: Are you the one? Full figured woman, 38, 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4522.

VERY SPIRITED and attractive graduate degree divorced white female who is secure both financially and emotionally. Love to travel and has a great job. Call EXT 4523.

LOOKING FOR MR. RIGHT: Are you the one? Full figured woman, 38, 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4524.

CLASS AND STYLE sprinkled with romance, laughter, wit, and a well-developed sense of humor. Looking for a guy who is fun, sexy, and successful. Call EXT 4525.

ARE YOU TIRED of being lied to, cheated on and used? Well, so am I! I have blonde hair, blue eyes, am petite and love dancing and sports and would love to talk. (Over 38 please) EXT 4526.

SEEKS DANCE AND LIFE PARTNER: Attractive and single white female in NW Chicago, 36, seeks attractive, outgoing single white male under 40 with no dependents. Please have a nice car, a good job, and a nice house. Call EXT 4527.

YVONNE REDHEAD with sparkling hazel eyes, 23, shy, intelligent, unique sense of humor, needs a guy who is fun, sexy, and successful. Call EXT 4528.

WALKS ALONG THE SHORE and respects personal space. I'm a professional in the 30s. Prefer a guy who is fun, sexy, and successful. Call EXT 4529.

A SWEETHEART IS NEEDED for this caring, pretty and polite divorced white female, 36, 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4530.

WARM AND LOVING blonde female, 50, 5'7", attractive, seeks to enjoy quiet and cozy times with a single (or divorced) white male over 50. Do you have a sense of humor? Are you a car and a house? Call EXT 4531.

COMPANION FOR YOU! Very attractive, very slim and petite. Unique body (21) seeks affluent white gentleman for travel. EXT 4532.

SHORT AND SWEET Jewish female. Like the message? One-night stands need not call. Looking for the Real thing! Love and marriage. Includes: inside moves, therapy, gourmet food, working out. Seeking male 40-50 with similar goals. EXT 4541.

LIMITS EXERCISE, bowling, conversation, love and nature. Blue eyes, brown hair, 42 (looks 30), fit, attractive, Christian female. Desires attractive and fit single white male over 50. No kids, no ex, no dependents. Call EXT 4542.

ATTRACTIVE, CHARMING Japanese American girl, sweet, kind and caring. Looks 40s. Attracted to appreciate the quality of a man that is good hearted, kind, gentle, loving, good conversationalist and communicator. He values a relationship of trust and respect and love, has faith and is Christian. 55-60s. EXT 4547.

HELLO! Medium built single black female (37, 5'3") in search of long-term committed relationship with a secure gentleman, 28-50. Race and religion unimportant. EXT 4568.

LIKES BOWLING, sports, music and movies! Attractive full-figured black female, 41, seeks single black male, 38-45, for long-term relationship. EXT 4569.

NOT A SKINNY MINNIE or a heavy weight! Not looking for a Prince Charming or the frog, but rather someone who is fun, sexy, and successful. Well as receives TLE. EXT 4529.

VERY PRETTY Jewish female searching for a handsome, fit Jewish male in his late 40s to early 50s for special romantic relationship. EXT 4521.

LOOKING FOR MY NEW YEAR'S EVE date. Pretty Jewish female with a personality, warm and caring, divorced, looking to meet her match. If you're a caring, loving, white professional male 35 and 45, we can meet. Non- smoker please. EXT 4522.

PLEASANT PERSONALITY. Attractive divorced black female, full-figured, light complexion, 40, 5'4", one child, Christian, light complexion (bleaching hair). You are an attractive black male, 34-44, 5'7", tall, medium build. No smoking or drugs. EXT 4532.

CRAZY ABOUT MUSIC? Divorced white female with brown eyes and hair, 38, 112 lbs, 5'6", divorced, 2 dependents, seeking a guy who is fun, sexy, and successful. Call EXT 4533.

CLASSY AND CARING woman with blond hair and hazel eyes, 46, 5'3", 130 lbs, smoker, light drinker, divorced, 2 dependents, seeking a guy who is fun, sexy, and successful. Call EXT 4534.

NORTHWEST SIDE of Chicago. Blonde woman with green eyes employed as a nurse. 28, seeking single white male looking to share life with her. Please call EXT 4535.

GERMAN BORN, 48, full figured, widowed, 2 kids, 5'7", 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4536.

SLIMMER, romantic and petite, Jewish, North Shore, 40, 5'2", 110 lbs, blond hair, green eyes, 28, divorced, 2 dependents, seeking a guy who is fun, sexy, and successful. Call EXT 4537.

HIGH ON LIFE. Single 50ish lady, 5'7", 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4538.

I DON'T NEED TO BE RESCUED! Good life but would be great share with someone special. Looking to laugh and play with a quiet man with a job, 40-50, 5'7", 130 lbs, blond hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4539.

WELL MANNERED, ATTRACTIVE LADY of 49 considered very gentle, caring, healthy, successful gentleman over 35 with solid values for life. Seeking a guy who is fun, sexy, and successful. Call EXT 4540.

WALKS ALONG THE SHORE and respects personal space. I'm a professional in the 30s. Prefer a guy who is fun, sexy, and successful. Call EXT 4541.

A SWEETHEART IS NEEDED for this caring, pretty and polite divorced white female, 36, 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4542.

WARM AND LOVING blonde female, 50, 5'7", attractive, seeks to enjoy quiet and cozy times with a single (or divorced) white male over 50. Do you have a sense of humor? Are you a car and a house? Call EXT 4543.

COMPANION FOR YOU! Very attractive, very slim and petite. Unique body (21) seeks affluent white gentleman for travel. EXT 4544.

SHORT AND SWEET Jewish female. Like the message? One-night stands need not call. Looking for the Real thing! Love and marriage. Includes: inside moves, therapy, gourmet food, working out. Seeking male 40-50 with similar goals. EXT 4545.

LIMITS EXERCISE, bowling, conversation, love and nature. Blue eyes, brown hair, 42 (looks 30), fit, attractive, Christian female. Desires attractive and fit single white male over 50. No kids, no ex, no dependents. Call EXT 4546.

ATTRACTIVE, CHARMING Japanese American girl, sweet, kind and caring. Looks 40s. Attracted to appreciate the quality of a man that is good hearted, kind, gentle, loving, good conversationalist and communicator. He values a relationship of trust and respect and love, has faith and is Christian. 55-60s. EXT 4547.

HELLO! Medium built single black female (37, 5'3") in search of long-term committed relationship with a secure gentleman, 28-50. Race and religion unimportant. EXT 4568.

LIKES BOWLING, sports, music and movies! Attractive full-figured black female, 41, seeks single black male, 38-45, for long-term relationship. EXT 4569.

NOT A SKINNY MINNIE or a heavy weight! Not looking for a Prince Charming or the frog, but rather someone who is fun, sexy, and successful. Well as receives TLE. EXT 4529.

VERY PRETTY Jewish female searching for a handsome, fit Jewish male in his late 40s to early 50s for special romantic relationship. EXT 4521.

LOOKING FOR MY NEW YEAR'S EVE date. Pretty Jewish female with a personality, warm and caring, divorced, looking to meet her match. If you're a caring, loving, white professional male 35 and 45, we can meet. Non- smoker please. EXT 4522.

LOOKING FOR A FRIEND to share life's joys with. I'm energetic and outgoing with a great personality. You'll never be bored with me. I'm a fun, sexy, and successful guy who is fun, sexy, and successful. Call EXT 4547.

CARING, UNSELFISH south suburban single white female, 21, 5'3", 110 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4548.

FULLER FIGURED single white female, 31, 5'5", brown hair and eyes, professional, 30s, 30-35, looking for a guy who is fun, sexy, and successful. Call EXT 4549.

DIVORCED WHITE MOM, tradesperson, south suburbs area. I'm fun, sexy, and successful. Call EXT 4550.

READY TO TRY HAPPINESS again? Time to take a chance and divorced Jewish male, 38, petite, brown hair, brown eyes. Seeking divorced Jewish girl, 34-44, for friendship. Call EXT 4551.

WANTED: WHITE MALE, 35-47, good looking, caring and loving. I'm 40 but look 30. I'm a fun, sexy, and successful guy who is fun, sexy, and successful. Call EXT 4552.

CLASSY, INDEPENDENT ASIAN lady, 33 but EXT 4553. I'm a fun, sexy, and successful guy who is fun, sexy, and successful. Call EXT 4554.

GOOD TIMES ARE BETTER, bad times are easier with someone by your side. Petite Jewish male (23-25), 5'7", 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4555.

TINED OF BARS? Me too. Beautiful, sexy lady with long brown hair and vibrant eyes. I'm 30, 5'7", 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4556.

ARE THERE ANYONE who likes beautiful, fit, sexy women? I'm blonde, green eyes, full figured (not obese), caring, love to laugh and have fun. I'm a good listener and understand what you like. I'm a fun, sexy, and successful guy who is fun, sexy, and successful. Call EXT 4557.

GREAT SENSE OF HUMOR! Single white female with Auburn hair and big brown eyes, 38, 5'7", 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4558.

HURRY! STUDENT seeking friendship. I'm 21, 5'7", 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4559.

VERY ATTRACTIVE, VERY SLIM and petite single black female, 21, no kids, no ex, no dependents, seeks shopping spree, theater, music, dining, etc. Seeking thoughtful, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4560.

DOWN-TO-EARTH single white male, 27, 5'8", honest, in search of non-smoking single white female, 28-38, slim, full figured or buxom for romance. Includes: inside moves, therapy, gourmet food, working out. Seeking male 40-50 with similar goals. EXT 4561.

VERY ENERGETIC, nice and attractive brunette with killer blues, 28, hair and body that enjoys quiet evenings (along with dining, movies). Has one dependent (17 year old boy). Seeking monogamous relationship with a single white male (30-40) who gives as much as he receives. Call EXT 4562.

ATTRACTIVE PROFESSIONAL (with graduate degree) Divorced white female in 40s, 5'4", 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4563.

STUNNINGLY ATTRACTIVE divorced white female with long hair, a 34 year old, 5'7", 120 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4564.

REFINED CHRISTIAN LADY over 40, 5'5", 120 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4565.

DYNAMIC, eclectic and attractive Jewish female, 35, 5'7", 130 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4566.

BIG, SEXY BROWN EYES and a curvy full figure that's well proportioned. Attractive white female with (28, 5'8" single) searching for an attractive, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4567.

LOOKING FOR ONE MAN. I'm shy with dark hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 4568.

HANDSOME, SENSITIVE, WITTY single white male, 45, 5'8", blonde hair, blue eyes, seeking genuine, attractive and sensitive single female. No kids, no ex, no dependents. Call EXT 5771.

JEDAE WARRIOR (divorced white male, 50) searching for his princess. I'm caring, funny, confident, loves fitness, travel, jazz, walks in the park, etc. Seeking caring, beautiful woman with good figure. No smoke or alcohol. Call EXT 5772.

READY FOR SERIOUS RELATIONSHIP and marriage. Divorced white male in his 30s (190 lbs, 5'10", non-smoker) seeks woman with Christian values. Praises country and city style and attentive combined. Looking for a woman who is fun, sexy, and successful. Call EXT 5773.

CAN YOU SMILE WITH YOUR EYES? Jewish guy, 45, 5'8", blonde hair, blue eyes, seeking genuine, attractive and sensitive single female, 21-30, for romance. I'm a fun, sexy, and successful guy who is fun, sexy, and successful. Call EXT 5774.

YEEHA! This single white male (26, 6'2", 200 lbs) is looking for a single white female with height and weight proportionate, 23-30, loving and playful, who loves country music, and who is fun, sexy, and successful. Call EXT 5775.

SINCERE, and attractive divorced white male, 50, 5'5", 167 lbs, blonde, athletic, ethnic restaurateur, 45, 5'8", blonde hair, blue eyes, seeking genuine, attractive and sensitive single female, 21-30, for romance. I'm a fun, sexy, and successful guy who is fun, sexy, and successful. Call EXT 5776.

HUGS AND KISSES WANT! A tender and polite and attractive woman. I'm a fit and honest single white male, 38, sincere, romantic, open minded fun. Please call and let's talk. Limited offer. EXT 5777.

JEWISH male, 44, looks 30, single, 5'4", 135 lbs, black hair, hazel eyes, likes walks, music, quiet evenings, music. Seeking genuine, attractive and sensitive single female, 21-30, for romance. I'm a fun, sexy, and successful guy who is fun, sexy, and successful. Call EXT 5778.

PROFESSIONALLY SUCCESSFUL, very intelligent, athletic and good-looking divorced white male, 40, 5'8", blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 5779.

NEW TO MORTON GROVE. Don't want to be ignored in town. Near 40. Decent. Very nice, good looking, Jewish friendly, professional woman with sense of humor. EXT 5779.

DIVORCED WHITE MALE, 50 (looks 55). Energetic, fit, fun, considerate. City dweller seeks true love. Seeking genuine, attractive and sensitive single female, 21-30, for romance. I'm a fun, sexy, and successful guy who is fun, sexy, and successful. Call EXT 5780.

DIVORCED white male, 55, 5'5", 170 lbs, not handsome, not rich, lonely but not desperate. Seeking woman for friendship and more. I have a slight speech impediment, otherwise am healthy fun-loving. You call gets me in return. EXT 5781.

SPONTANEOUS and adventuresome is more fun. Single white male with brown eyes and hair, 43, 5'5", 165 lbs, handsome, seeking pretty, fun, outgoing, single white female with a sense of humor. Call EXT 5782.

SEEKS SHY AND QUIET intellectual and culturally-minded woman. Single black male, 47, nice looking, employed, self-esteem, independent, seeks attractive single white female, 35-45, professional, slightly independent, for monogamous relationship. Travel, bookstores, movies, dining, etc. EXT 5770.

JEWISH blue-eyed moustached man, 28, looking for a Jewish white female with a sense of humor. I'm a fun, sexy, and successful guy who is fun, sexy, and successful. Call EXT 5783.

OVER 5 HANDED. Divorced in good shape, 40-45, 190 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 5784.

PROFESSIONAL. Adventurous, honest, outgoing white single male, 51, 5'10", 180 lbs, blonde hair, blue eyes, fit, energetic, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 5785.

FUNNY, crazy and adventurous yet loving, romantic and passionate guy. 41, attractive, 180 lbs, blue eyes, seeks slender, attractive lady to 41 with open mind, compassion and sense of humor. Please be ready for a relationship. NW suburbs. EXT 5782.

FIT, honest, professional, considerate. Single male, 36, 5'4", 150 lbs, brownish, handsome, sincere, fun-loving, outgoing, fun-loving, intelligent, successful, single, no kids, no ex, looking for a guy who is fun, sexy, and successful. Call EXT 5786.

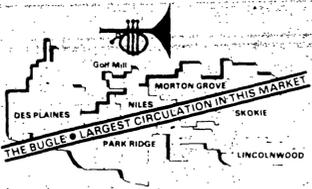
IN HERE! Looking for a single white female who seeks a single white male. No games. Call EXT 5787.

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Call the extensions of your choice. When you listen to the voice behind the ad, you learn more about the person behind the voice.
But the first step is to
Take Time to Listen!
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Telephone Rate \$1.70 a min

Send in your coupon today! It will be published FREE!
All information will be kept in confidence. Available through touch tone phone only. Neatly write or type your message (please limit to 35 words), and attach to coupon.
Name _____ Address _____ Apt # _____
City _____ State _____ Zip _____
Day Phone () _____ Evening Phone () _____
Mail to: Personal Connections, Suite 266, 60 E. Chestnut St. Chicago, IL 60611
You will be notified by MAIL when your ad will appear and instructed on how to retrieve the responses. Personal Connections reserves the right to edit or reject any ad.

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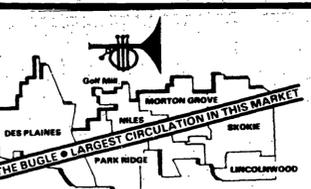
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BUSINESS SERVICE DIRECTORY

ATTORNEYS		CLEANING SERVICES		MOVING		ROOFING	
HOME REAL ESTATE CLOSINGS PURCHASE OR SALE \$295⁰⁰ (Legal Fee Only) JOSEPH A. LA ZARA Attorney At Law 8111 Milwaukee, Niles, IL 60714 (708) 470-0330 Fax (708) 966-9444 10 Years Experience Concentrating In: Living Trusts, Wills And Real Estate		CLEANING SERVICE For Homes, Apartments, Condos & Offices Call & Leave Message (708) 965-5457 Just check the Business Service section of The Bugle's Classified Ads and let the pros do the job! You'll find competitive skills and rates that'll give you a great selection. Whether you need a job done or are offering your services, read and use our Classifieds for an informative, inexpensive handle on your area's marketplace for life's everyday needs and wants. THE BUGLE'S BUSINESS SERVICE DIRECTORY FOR ALL YOUR HOUSEHOLD NEEDS & SERVICES		NOTICE TO CONSUMER All local movers must be licensed by the Illinois Commerce Commission. The license number must appear in your advertisement. To be licensed, the mover must have insurance on file. Do not place your belongings in jeopardy. Use a licensed mover. For information call: 217-782-4654		LOW COST ROOFING Complete Quality Roofing Service Free Written Estimates 966-9222 THOMAS MAYS ROOFING DR. Insured. State Licensed. Bonded. 25 Yrs. Experience Call: (708) 642-3870 Page (708) 536-2043	
ALUMINUM SIDING KENNEY EXTERIOR PRODUCTS, INC. 7570 N. Milwaukee (312) 752-3700 WINDOWS - DOORS Siding - Soffit - Fascia Gutters - Awnings - Trim All Styles - Colors Manufacturers 39 Year Member, Northwest Builders Suburban Contractors Showroom Open Daily Same Location Over 20 Years Family Owned & Operated All Materials Fully Insured - Guaranteed		CATCH BASINS & SEWERS JOHN'S SEWER SERVICE Oakton & Milwaukee, Niles (708) 696-0889 Your Neighborhood Sewer Man CEMENT/CONCRETE ROSEBUD CONSTRUCTION Cement Work • Specializing In Concrete • Stairs - Porches • Room Additions • Garage Floors • Driveways - Sidewalks • Patios, Etc. • Insured • Bonded • Licensed • Free Estimates (708) 773-3676		MOVING? CALL 668-4110 1 Piece or Truckload Ask for KEN ILL. C.C. 35041 MC		DEL'S MOVERS, INC. We specialize in local moves. Residential - Commercial Office Call us for a quote 1-708-766-8878 Ill. CC64735 MC, C Insured	
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Bugle Newspapers
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 LOREN BUICK/HYUNDAI
 1620 Waukegan Road, Glenview
 (708) 729-8900

Chevrolet /Volkswagen
 JENNINGS CHEVROLET/VOLKSWAGEN
 241 Waukegan Rd.
 Glenview (708) 729-1000

Subaru
 STEVEN SIMS SUBARU
 715 Chicago Avenue - Evanston
 (708) 869-5700 - 1 (312) SUBARUS

AUTO DEALERS!
 Call Classified to place your ad FOR INFORMATION
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Your credit is good with us!
 We accept Visa & MasterCard.
BUGLE CLASSIFIED ADS GET RESULTS!
 Place your ad now
 (708) 966-3900

The Bugle's Bulletin Board
 Call (708) 966-3900 To Place Your Bulletin Board Notice!

E & S ROOFING & TUCKPOINTING
 • Glass Block Windows • Stucco • Remodeling
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 New Exhibits And Movies Coming!
Cinema Museum
 Celebrate
 100 Years Of Motion Pictures in Chicago
 Wednesday-Saturday - 10-5 - Admission \$3 - Children \$2
 Carey Williams, Director
 Open To The Public
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 (312) 654-1426

LENEEE'S CARPET CLEAN
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 RESIDENTIAL AND COMMERCIAL
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 Manicures • Pedicures • Tanning • Facials
 Acrylics • Fiberglass • Gels • Nail Art
 Marti & Paula
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 (708) 692-6255

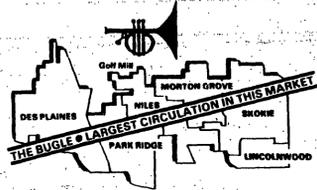
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 Professional Office Cleaning And Window Cleaning Service
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 unique, personalized gifts
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Bugle Newspapers
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 (OUR FAX NUMBER)

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<p>BANKING OPPORTUNITIES</p> <p>BANKING OPPORTUNITIES If you're interested in developing a solid career in the banking industry, consider these opportunities with River Forest Bancorp. We are an aggressive and successful bank seeking:</p> <p>CUSTOMER SERVICE REPRESENTATIVE & PERSONAL BANKER This position is available at Madison National Bank of Niles (Golf & Des Plaines), for an individual to handle customer inquiries regarding account status. Excellent customer service skills and a professional demeanor are essential. PC skills and previous banking experience would be helpful. Some college preferred. Hours are M-Sat.</p> <p>TELLERS Full & Part-time Positions are available for self-motivated, energetic individuals at various Chicago locations: • Madison & Canal • Lincoln, Fullerton & Halsted • Lincoln, Irving & Damen Trainers welcome! For consideration, please send resume or stop in to fill out an application between 9am-4:30pm, M-F at: RIVER FOREST BANCORP c/o Commercial National Bank 4800 N. Western Ave. (Lincoln, Lawrence & Western) Chicago, IL 60625 EOE M/F/D/V</p>	<p>BOOKKEEPING/ FINANCIAL</p> <p>BOOKKEEPING Bookkeeping/Secretarial for Health Care Facility, in Modern, pleasant environment. Fax Resume to Sherry: (708) 825-5596 PARK RIDGE CARE CENTER 665 Busse Highway Park Ridge, IL 60068</p> <p>CLERICAL/ OFFICE OPPORTUNITIES</p> <p>• Receptionist BUSY OFFICE of healthcare company has Full-Time position handling incoming calls, greeting visitors and variety of clerical duties. MUST: BE computer literate: WP6.0, Lotus; Windows experience a plus. Experience with multi-line console required; some college or secretarial training preferred. EXCELLENT salary/benefits package. To learn more about this rewarding position, please call Connie Elliott at (708) 470-9193 or fax resume to (708) 470-9256 or mail it to: VITAS CORP. Attention: Connie Elliott 5215 Old Orchard Rd. Suite 800 Skokie, IL 60077 (e.o.e.)</p>	<p>CLERICAL OFFICE OPPORTUNITIES</p> <p>• SECRETARY Approximately 20 hours/week ASSIST Director of Admissions of busy healthcare organization with typing (WP5.1 or 6.0), filing, correspondence, telephone customer service. FLEXIBLE, part-time schedule and pleasant, congenial offices. GENERAL computer aptitude needed, as well as understanding of the value of both internal and external customers. Some college or secretarial school preferred. TO LEARN more about this opportunity, call: Connie Elliott 708-470-9193, or Fax (708-470-9256) or mail resume to her: VITAS CORP. 5215 Old Orchard Rd., #800, Skokie, IL 60077 (e.o.e.)</p>	<p>MEDICAL/ HEALTH CARE</p> <p>ADMITTING REGISTRAR Full-Time If you're an outgoing individual who enjoys interacting with the public and you possess good organizational skills, EHS Ravenswood Hospital's Outpatient Admitting Department may have an opportunity for you. The right candidate will have experience with patient registration and insurance verification, as well as typing skills of 35wpm (minimum). Familiarity with medical terminology is a plus. Excellent benefits and a competitive salary are offered. Please apply in person or send a resume to our Human Resources Department (no phone calls please). EHS Ravenswood Hospital Medical Center 4550 N. Winchester Chicago, IL 60640 equal opportunity employer</p>
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<p>NEW ACCOUNTS COUNSELOR First Federal Bank for Savings is seeking a customer oriented person to open accounts and help our customers in the financial services area of the bank. Customer service experience helpful along with PC and WP skills. Applicants may apply at: First Federal Bank for Savings 749 Lee St. Des Plaines, IL 60016 equal opportunity employer</p>	<p>RECEPTIONIST + + Looking for a quick learner. Must type 40 wpm. Computer experience a plus. Monday thru Friday, 9am - 1:30 pm Starting Salary \$7.00/hr. Professional Office Near O'Hare. Call Scott (708) 390-8778</p>	<p>DATA ENTRY OPERATOR Several Part Time Positions Available For 2 Shifts: 7 AM - 1 PM & 1 PM - 7 PM Hourly Pay & Incentives Must Type 40-45 WPM Accurately Near Public Transportation For Appointment Call: (708) 297-2300 Ext #336 9 AM - 3 PM</p>	<p>Bigger & Better . . . We've Moved to Elmhurst Big & Little PEDIATRIC HOME CARE We offer: Flexibility - Monthly Bonuses Paid Orientation Medical - Dental Benefits FT & PT Positions Assignments available: • Park Forest 1-1/2 y/o RN/LPN • Vent dependent G.S. Trach • St. Charles 1-1/2 y/o RN/LPN • Trach, O2 (D-E-N & W/O D + E) • Prospect 4 y/o RN/LPN • Trach, NG (100 Days) • Children 2 y/o RN/LPN - Trach, Vent • Worth 4 y/o RN/NOI LPN/Days - Vent • Waukegan 2 y/o (RN) • Trach, Vent Dependent • Crystal Lake 4 y/o RN/LPN - G.S. • Schaumburg 1 y/o • Trach, Vent Dependent You've worked for the rest, now try the best. Pedia Pro Home Health Annette White (708) 833-5200</p>
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<p>CLERICAL / OFFICE OPPORTUNITIES</p> <p>BUILDERS SQUARE SECRETARIAL OPENINGS! We have immediate secretarial openings for an installed Sales Secretary and a Commercial Sales Secretary. These positions require good office organizational skills, including 35-40 wpm accurate typing and ability to handle busy phones. Interested candidates should apply immediately at the Regional Office rear entrance Monday-Friday from 8:00 am to 4:00 pm and ask for Mike Misner. Builders Square Rear Entrance 9000 W. Golf Road Niles, IL 60714 An Equal Opportunity Employer</p>	<p>GENERAL OFFICE Part Time Position available for responsible person in busy Northwest suburban accounting firm. Must have data entry, payroll, 10 key, and general office experience, and be able to handle phones. Send resume or contact: GERALD DENNEN & CO. 1640 Elk Blvd., Des Plaines 60016 (708) 297-1111</p>	<p>GENERAL OFFICE & INSIDE SALES For Small Rubber Hose Company Located in Chicago (312) 372-4076</p> <p>Find the help that you need in our classified section.</p>	<p>TYPYST and PASTE-UP at Niles Newspaper Work 25 scheduled hours 5 days per week Call Judie or Beverly (708) 966-3900 for exact hours and information</p>
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<p>MEDICAL / HEALTHCARE</p> <p>MEDICAL BILLER Large anesthesia group from Rush-Presbyterian Medical Center located in Lincolnwood is in need of experienced, biller. Must have 2 1/2 yrs. experience, knowledge of Medicare, Public Aid and Commercial Insurance. Light typing skills required. Excellent benefit package. Call Pam: 708-679-6363 E/O/E</p> <p>LIVE IN THE ROCKIES! NURSE MANAGER/ICU IMMEDIATE OPENING! Position available at the Vail Valley Medical Center. Full time, regular. Call Wally Stephens 1 (303) 479-7185 or send resume to Vail Valley Medical Center 181 W. Meadow Drive Vail, CO 81657 E/O/E</p>	<p>RESTAURANTS/ FOOD SERVICE</p> <p>CAFETERIA Full Time Grill Work - Register Experienced Preferred But Not Necessary Call Maria: (312) 509-3214</p> <p>GINO'S EAST Full & Part Time Positions • HOSTESS • WAITRESSES Apply in Person Marianne or Chris 3517 W. DEMPSTER, SKOKIE (708) 982-9401</p> <p>• WAITSTAFF North Suburban Country Club Seeks Experienced Waitstaff Flexible Hours \$7 - \$8 Per Hour (312) 401-6280</p>	<p>NATIONAL TEMPORARY HELP WEEK October 2 - October 8</p> <p>★ ★ ★ ★ DEBBIE TEMPS Thanks You! ★ ★ ★ ★ To All of Our TEMPS Who Helped Us In Our BEST YEAR EVER! ★ Congratulations★ on NATIONAL TEMPORARY HELP WEEK</p> <p>• Data Entry • Receptionists • General Office ♦ Several Openings ♦ Apply, Monday-Friday 8:30 AM - 11:30 AM ♦ AMERICA'S TEMPORPS ♦ 4325-B N. Milwaukee Chicago, IL 60641</p>
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PROFESSIONAL OPPORTUNITIES

STRINGERS
 Part-Time Reporters and Photographers Wanted for Weekly Newspaper
 Experience Necessary
 (708) 966-3900
 Ask for Tracey

RESTAURANTS / FOOD SERVICE

HAMBURGER HAMLET BAR & GRILLE
 Of Glenview

• **SERVERS** • **DAYTIME HOSTESS**
 Full & Part Time
 High Volume, Excellent Tips - Apply in Person Monday-Saturday - 9 To 11 AM & 2 to 6 PM At:
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 (Lake & Waukegan Rd.)

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 Will Train If Necessary
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 Or Apply in Person
Jonathan's Restaurant
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Find the help that you need in our classified section.

SALES / RETAIL

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 Cash In On The Hottest Retail Bank Service Now Available To Illinois Merchants, Cash Station / Visa, Master Card Processing, Don't Wait! This Is Happening Now!
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 Chicago's Largest Retailer Of Fine Wines And Spirits Is Seeking Energetic, Customer Oriented Individuals For Our North Suburban Locations To Perform A Variety Of Store Functions. Qualified Persons Must Be Over 21 Years Of Age, Able To Lift 40-50 Lbs. And Able To Work Day And Evening Hours. Previous Retail Experience Preferred.
 We Offer Opportunity For Advancement, Attractive Compensation And A Complete Benefits Package.
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 Or Call Personnel Manager:
 (708) 674-4200
 Equal Opportunity Employer

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SALES / RETAIL

RECRUIT DAY! We Want You!

Friday, October 7th
 11:00 a.m. - 7:00 p.m.

Employment Opportunities at HIP!

Visit participating Harlem Irving Plaza stores and learn about employment opportunities. HIP retailers will set up throughout the center to talk with you and answer your questions regarding positions within their company.

Set Up a Charge with our Stores!

Participating Harlem Irving stores also invite you to set up a charge account with their stores. Special offers, notice of sales, discounts & free gifts are among the benefits of being a charge customer.

Visit the HIP stores set up on the mall and see what opportunities await you!



Harlem Avenue Irving Park Road & Forest Preserve Drive
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MENARDS **MENARDS** **MENARDS** **MENARDS**

Retail

LOOKING FOR A CAREER OPPORTUNITY/ OR EXTRA INCOME?

Full Time And Part Time Positions Available For

- CASHIERS • OUTSIDE YARD
- No Experience Necessary. Will train.
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APPLY NOW!
LOOKING FORWARD TO MEETING YOU!

MENARDS
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Achieve success in any area of life by identifying the optimum strategies and repeating them until they become habits.

SALES / RETAIL

SALES

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Bugle Newspapers
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 Niles, IL 60714
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SALES / TELEMARKETING

Telemarketers
 Part-Time Or Full-Time
 Flexible Hours
 No Experience Needed
 We Train!!

NO COLD CALLING

GUARANTEED HOURLY SALARY PLUS BONUSES
 ★★★★★

The Telemarketing Co.
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TELEMARKETING
 Part Time
 INBOUND - NO COLD CALLS
 \$12 - \$35 per hour

We offer salary, bonus + commission, cash paid daily. Part Time even, and Sat. No experience necessary. Paid training.

NW Suburbs near Metra.
 Call Bunny
(708) 202-1791

TELEMARKETING
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is what good salespeople earn answering phones & closing sales from customers who call us. Phones ring constantly.

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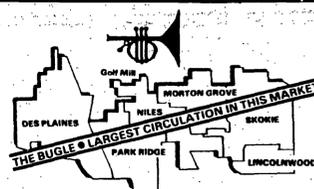
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FULL/PART TIME				
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WORK NOW!!!

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What: Packaging Assembly Warehouse

When: NOW, All Shifts

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We Are A Growing Retailer Of Fine Wine And Liquor Seeking A Delivery Driver For Our North Suburban Locations. Must Be At Least 21 Years Old, Have A Valid Driver's License, A Clean Driving Record, And A Good Knowledge Of The North City And North Suburban Area. Must Be Available To Work Days, Evenings And Weekends. Competitive Salary And Benefits Package. For Consideration, Please Call Or Apply In Person At:

Personnel Manager
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GOLD STANDARD LIQUORS
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 Equal Opportunity Employer

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- Experience in sign or other related manufacturing.
- Mechanical background.
- Understand manufacturing processes and controls.
- Have management or supervisory experience.
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To find out more about this position contact Tschier Station, 446 N. Cecil St., Bonduel, WI 54107 or call 715-758-2146.

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APPLICANTS MUST BE 18 OR OLDER AND HAVE AN INSURED VEHICLE. AN EQUAL OPPORTUNITY EMPLOYER.

TRADES/ INDUSTRIAL/DRIVERS

Factory

GENERAL FACTORY

Second shift
 (3 p.m. to 11 p.m.)

Third shift
 (11 p.m. to 7 a.m.)

Contour Saws has opening for General Factory Production Machine Operators. Experience should include minor machine set-up. The right individual will have an excellent verifiable attendance record. Starting rate \$7.75 hr. plus 40¢ per hour night bonus and we offer a complete benefit program. All applicants must have the name, address and phone number of last 3 employers or employers covering last 5 years. No application will be considered without this information.

Apply in person between 9 a.m. and 2 p.m. Wednesday October 5th through Wednesday, October 12th.
(708) 803-7318

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We are seeking individuals with production related work experience, fork lift experience, a stable work record, and a good work ethic. Qualified candidates MUST be willing to work days, evenings, and nights including weekends.

If interested, apply in person at:

Coca-Cola Bottling Co.
 7400 N. Oak Park Ave.
 Niles, IL 60714
 Equal Opportunity Employer

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- Be 25 Years Of Age

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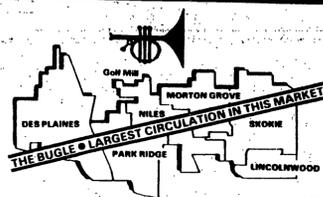
for Niles West High School
 Hours 9 am - 2 pm
 Mon. thru Fri.
 Call Kim
CUSTOM COFFEE
(312) 776-7301

Find the help that you need in our classified section.

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<p>FULL/PART TIME</p> <p>TRADES/ INDUSTRIAL/DRIVERS</p> <p>AUTO MECHANIC Experienced Only Harlem & Shermer Service 9021 N. Harlem Morton Grove 965-4388</p> <p>WISCONSIN TOOL ROOM DIE POLISHER IMMEDIATE OPENING Capable of high-luster mold polishing. Must have a minimum of 5 years experience. Excellent pay and benefits. Call for apt or send resume. WISCONSIN ENGRAVING CO. 2435 SOUTH 170TH STREET NEW BERLIN, WI 53151 (414) 786-4521</p> <p>REAL ESTATE</p> <p>APTS. FOR RENT</p> <p>Niles - Terrace Sq. Deluxe 1 Bedroom, 1-1/2 Bath, 2 Balconies Immediate Occ. No Pets - \$720/Mo. (708) 827-6874</p> <p>Niles - 2 Bd. 1 1/2 Ba. Appl. A/C, w/w carpet, Balc, Pkg. \$620 + util. Laund. Imm. Occ. (708) 698-1297.</p> <p>Niles - Garden Apartment Heat Not Included - No Kids BR - LR & Kit. - Available Oct. 17 (708) 967-0630 Call After 5:30 PM</p> <p>BUILDING FOR SALE</p> <p>Glenview 6-Flat Building For Sale Beautiful Condition - Everything New! (708) 296-3718</p> <p>GARAGE FOR RENT</p> <p>Garage Space For Rent (Harlem & Touhy) Call: (708) 647-9778.</p> <p>FAX FOR ADVERTISING COPY (708) 966-0198</p>	<p>REAL ESTATE</p> <p>ROOM AVAILABLE</p> <p>ROOM AVAILABLE IN TOWNHOUSE Buffalo Grove Area With Single Mom And Two School Children. Student Or Women, Non-Smoker. Call Evening. (708) 541-9555</p> <p>VACATION RENTAL</p> <p>HILTON HEAD DISCOUNT REALTY Why Not Get Away To Beautiful Hilton Head Island, SC? 1, 2 & 3 Bedroom Ocean Condos Toll-Free For Rental Brochure (800) 445-8664</p> <p>MISCELLANEOUS</p> <p>AUTOS FOR SALE</p> <p>'83 Toyota Supra - Runs Great Call Brian: (312) 776-2515</p> <p>ESTATE SALE</p> <p>ESTATE SALE Five Rooms Of Furniture Plus Misc. Everything Will Be Inside And ALL MUST GO. Saturday & Sunday 9:00 to 5:00 8300 N. Harlem - Niles</p> <p>MORTON GROVE - 6037 Crain Thurs. thru Sat. 10/6-10/9 9AM-5PM Bedroom Set - Sleeper/ Sofa - Stove - Lamps - Household Items Too Much To List!</p> <p>FURNITURE FOR SALE</p> <p>MODEL HOME CONTENTS Sofa And Loveseat Set - Hunter Green & Cranberry - New - \$595 10 Piece Dining Room Set - \$1695 (708) 329-4118</p> <p>Easy Chair, Sofa & Loveseat. Blue, Mauve & Cream \$550. Leather Sofa & Loveseat \$950. Never Used - Must Sell. (708) 648-1046</p> <p>Furniture - Cherry Queen Ann Style Perfect Condition, Bedroom Set \$1100, Oak Bedroom \$1200, DR Set \$1700, Oak DR Set \$1000. Best Deal Complete Set. (708) 648-1046.</p> <p>White Formica Trundle Bed with Mattress. 5 Year Old Apple Computer. 1 Girl's 20" Bike, 1 Boy's 19" Bike. Call Denise After 5 P.M. (708) 541-9555</p>	<p>MISCELLANEOUS</p> <p>GIFTS</p> <ul style="list-style-type: none"> • 8 Beautiful Note Cards with Envelopes • 8 Different Pictures Per Set • Each Card Hand Personalized in Calligraphy • Packaged in a Gift Box ONLY \$10.00 & 2.00 P/H actual size 4 in x 5 in <p>Call Barb at (708) 291-1446 or Judie at (708) 966-4567</p> <p>GARAGE SALE</p> <p>MORTON GROVE 9240 Lehigh (E. of Waukegan - N of Dempster) MULTI FAMILY Fri. 10/7 - Sat. 10/8 - Sun 10/9 9 AM - 6 PM Fum. - Rug - Cloth. - Jewelry VCR - Tools - Dishes - Books Garden Equip. - Maps - Much More!</p> <p>NILES - 8206 Osceola Fri. 10/7 & Sat. 10/8 - 9 AM - 4 PM Household - Children's Items - Antiques</p> <p>MORTON GROVE - 8219 Washington SAT. 10/8 & SUN. 10/9 9AM-5PM Everything Under The Sun Moving To Florida</p> <p>NILES - 8429 W. Roseview - 9-4 Fri. 10/7 - Sat. 10/8 - Sun. 10/9 Costs - Appl. - Lots of Everything!</p> <p>MISCELLANEOUS</p> <p>1994 Encyclopedia Set Major Brand. New. Box Un-opened. Orig. \$1200.00. Must Sell - \$295. (708) 960-0585</p> <p>MOTORCYCLES FOR SALE</p> <p>'87 Honda Hurricane 600 All Stock - Red and Black Low miles \$3100 Call 967-0140</p> <p>PETS</p> <p>MOLUCHEN COCKATOO Bird & Cage. \$1,200.00/Best Offer. Moving Sale. Call Debbie (708) 982-9500</p> <p>RUMMAGE SALE</p> <p>CENTRAL UNITED METHODIST CHURCH Holding A Rummage Sale Fri. Oct. 7 - 7:30 AM - 8 PM Sat. Oct. 8 - 9 AM - Noon 8237 Keaton Avenue Skokie</p>	<p>PERSONALS</p> <p>PERSONALS</p> <p>Happy 2nd Birthday Kristen J. Krajecki October 9, 1994</p> <p>HAPPY 2nd BIRTHDAY THOMAS FISHER 10-11-94</p> <p>LOVE, GRANDMA THELMA</p> <p>Happy Birthday Bob 10/7</p> <p>Thank you to St. Jude and St. Joseph for favors granted. JD, and AD</p> <p>2 Hearts R Better Than 1 Meet Singles Like You & Never Be Lonely Again. 1-900-476-2277 X35. \$2.49/Min. 18+. ITC (310) 792-2460</p> <p>SITUATIONS WANTED</p> <p>Nurse's Aide Available for companion for elderly or sick. Drives. Live-in. Good Refs. (312) 731-5165</p> <p>TANNING</p> <p>SUNQUEST WOLFF TANNING BEDS New Commercial-Home Units From \$199.00 Lamps-Lotions-Accesories Monthly payments low as \$18.00 Call Today FREE NEW Color Catalog 1 (800) 462-9197</p> <p>WANTED TO BUY</p> <p>WANTED WURLITZERS JUKE BOXES ALSO SLOT MACHINES Any Condition (708) 985-2742</p>
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Smugglers Legit observes Breast Cancer Awareness Month

Y-ME, an association devoted to providing information and support for women with breast cancer, will be given 10 percent of the price of all purchases of in-stock merchandise made at Smugglers Legit Fine Jewelry from Oct. 6 through Oct. 19, says store owners Sue Greb and Susan Berman, both of Highland Park.

"We are please to support Y-Me and, through it, the hunt for a cure for this deadly disease," they said. "At the same time, we want to help build awareness of the steps each of us can take to keep ourselves safe."

Customers of the store, at 300 Skokie Blvd in Northbrook, will also receive a 10 percent discount on qualifying purchases made during the period. Smugglers will have literature available about breast cancer and will pass out homemade pink ribbons as a reminder of the need for awareness and research.

It is the second year that Smugglers has observed Breast Cancer Awareness Month (October) with such a program. Last year it donated \$1,425 to Y-ME.

Y-Me provides information, referrals and emotional support to people concerned about or diagnosed with breast cancer. Found-

Breast cancer benefit slated

Nationally renowned surgeon and author Dr. Susan Love, director of the UCLA Breast Center, will present an update on breast cancer research at a special benefit on Oct. 11 in Riverwoods. Joyce Nathan, Y-ME president and Riverwoods resident, will also discuss how men can support their partners who have breast cancer. This event will formally launch Y-ME's 1995 Special Gifts Campaign.

The benefit will be held at the home of Renee and David Israel in Riverwoods. North Shore residents serving on the benefit committee are Barbara and Barry Weisz, Lesley and Jim Anixter, Sandy and Howard Topel, Lisa and Jerry Klein, Julie and Brian Barrish, Joyce Shaevitz, Debbie and Kenneth Fishbein, Shari and Harvey Herman, June and Phil Jackson, Beverly and Steve Walfer, and Arlyn and Allen Goodman.

For information about the reception for Dr. Love and Y-ME call the Y-ME office at (312) 986-8338.

DependiCare introduces smoke alert program

DependiCare, a leading Chicago-area home medical equipment company, has introduced a new "Smoke Alert Safety Program" for its patients in recognition of Fire Prevention Week, Oct. 9 to 15.

On routine visits to a patient's home during the year, a DependiCare driver, technician or respiratory therapist will check all smoke detectors in the home to insure that the batteries are changed. In the event that a new battery is required, DependiCare will provide the battery and install it at no cost.

As an extension of the "Smoke Alert Safety Program," DependiCare also will provide and install a free smoke detector and battery to all new oxygen patients during October. Current oxygen patients also will receive a smoke detector for their home or apartment if it is needed.

"DependiCare has introduced this program to demonstrate our concern for our patient's well-

Country Craft Fair to be held

St. Joseph the Worker Church, 181 W. Dundee Rd., Wheeling, will hold its 17th Annual Country Craft Fair on Saturday, Oct. 15, from 9 a.m. to 4 p.m.

Artisans will be on hand to exhibit needlework, ceramics, woodwork, Christmas crafts and much more. Food will be available, including a bake shop. Pumpkins can be purchased in the parking lot and prizes will be raffled off.

There is a \$1 admittance fee (children under 18 free) which will go towards a door prize.

ed in 1978 and headquartered in Homewood, it assists women who are in various stages of breast cancer with the psychological aspects of their diagnosis and informs them of their treatment options. Each caller to Y-ME's national hotline is matched with a trained volunteer who has had the disease and who has a background similar to hers. Y-ME has more than 200 such volunteers.

Y-ME conducts monthly support meetings throughout the country, sponsors educational programs for non-symptomatic women stressing the importance of early detection, and provides free written materials and a monthly newsletter. It operates a wig and prosthesis bank for women with limited resources, encourages funding of research and sponsors a biennial national conference of breast cancer experts to foster an exchange of medical information.

An estimated one out of eight women in the United States will develop breast cancer in her lifetime.

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Golden Ripe Bananas per lb. **29¢**
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Red Delicious or Granny Smith Apples extra fancy grade, 3 lbs. **89¢**
Onions US #1, 3 lbs. **39¢**
Cauliflower US #1, large head each **79¢**
Carrots US #1, 2 lbs. **49¢**
Celery US #1, large stalk each **39¢**

Tomatoes US #1, 20 oz **89¢**
Cucumbers fancy grade, large size each **19¢**
Campbell's Fresh Mushrooms 8 oz. **99¢**
Green Peppers fancy grade, 16 oz., 4 pk **69¢**

Large Head Iceberg Lettuce U.S. #1 each **39¢**

Produce prices good through Sat., Sun.

Tyson® Chicken Leg Quarters grade A, fresh frozen per lb. **29¢**



Premium White Bread 20 oz. **25¢**



14" Christmas Bear **\$2.99**



16" Porcelain Doll **\$9.99**



Tyson® Whole Fryers grade A, fresh frozen per lb. **49¢**



Cassette Player & Recorder **\$14.99**



18" Hi-Pile Stuffed Bear **\$4.99**



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Whole Ham and water product random weight per lb. **\$1.29**



Coko Bricks **\$7.99**



Disney® Musical TV **\$7.99**



Elegant Evening Doll **\$2.99**



New Crop California Apricot Halves choice quality, 16 oz. **59¢** was 79¢



Sea Wolf Remote Control Car **\$9.99**



5 lb. Canned Ham **\$7.99** was \$8.99



Grade A Fancy Canned Vegetables cream style or whole kernel corn, cut green beans, sweet peas 14.5 - 15.25 oz. **25¢**



Fruit Dots 12 oz. **\$1.69**



Raisin Bran 18 oz. **\$1.29**



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6220 N. California
3333 N. Milwaukee Ave.

STORE HOURS
 Mon.-Thurs. 9 AM-7PM
 Friday: 9 AM-8PM
 Saturday: 9 AM-6PM
 Closed Sunday
 *Store Hours may vary by an hour in some locations



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