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NILES IL 60714

District 207 bans smoking in schools

By Tracey Berk

The Maine Township High School District 207 adopted a policy Sept. 7 that will put a ban on smoking throughout district schools.

The policy was unanimously approved with no opposition by a 7-0 vote and states, "Smoking and any use of tobacco products on District property is prohibited, regardless of whether students

are present or school is in session."

The new policy, which goes into effect Oct. 1, applies to all students, employees and visitors on school property. Previously, employees and adults had designated areas to "light up."

Maine Township District 207 Superintendent Dr. James Elliott said the Board had not decided on

a punishment for those disobeying the new policy.

"We didn't discuss that at the meeting," he said. "But we will come to a decision before the effective date."

"Park Ridge has an ordinance that provides up to a \$100 fine for smoking, so that's a possible course of action."

Niles man sentenced for robbing M.G. bank

By Tracey Berk

A Niles man was recently sentenced to 3.5 years in jail for robbing a Morton Grove bank in January.

Raymond Burback, 57, 7538 Waukegan Road, was arrested in his Niles home Feb. 8 in connection with the Jan. 29 robbery of the Savings of America Bank,

8745 Waukegan, Morton Grove, in which investigators said a gunman, using a semi-automatic pistol, made off with \$1,548 in a black, drawstring shopping bag.

Burback originally pleaded not guilty to the charges in March, but changed his plea to guilty in

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Niles

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New classification, P-1, encompasses publicly owned property

Niles zoners re-classify public land

By Tracey Berk

The Niles Zoning Board adopted its biggest code change in five years at its meeting Monday night.

The Board voted 4-0 in favor of adopting amendments proposed by Director of Code Enforcement, Todd Bavaro, which included the classification of Public Land uses.

"The main thrust of this move is to clean up some of the language (in the code enforcement book)," Bavaro said. "To put it in one chapter, if you will."

The new classification, P-1 Public Land District, is designed to provide group publicly owned land within the Village including schools, golf courses, parks, playgrounds, community centers, fire stations, libraries, public office buildings like Village Hall, post

offices and forest preserves. Forest preserves, which will be reclassified Jan. 1, had previously been zoned R-1, which may have been deceiving.

"When you hear R-1 (residential), you think single family homes," Bavaro said. "But everything we annex comes in at R-1 because it's our most restrictive district."

Bavaro said P-1 is as limited as R-1 and that any sale or change of P-1 classified land would have to be granted by the Zoning Board.

The Plan Commission also left an always controversial item open for individual discussion of each case.

The Board amended an ordinance to state, "The number of parking spaces shall be determined by the Plan Commission based upon the characteristics of the public use."

"We are not going to provide a specific number of parking spaces," said Zoning Board chairman Joseph Salerno. "That will give us the authority to review what is coming in for that particular use and determine the number of spaces needed for each individual building."

The amendments also set guidelines for yard widths and included an amendment that will put 20 feet of distance between residential homes and public use buildings.

"If I live in a residential district with a 40 foot yard," Salerno said, "And my rear lot line coincides with a rear lot line of a public land use building, there must be a 20 foot yard between my rear lot line and the building. Therefore, there will be 60 feet between my home and the village structure."

After the Board approved the changes, Salerno went through

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From the Left Hand

by Bud Besser

We have two letters this week in the Letters To The Editor page from educators in School District 63. They're in response to past weeks' Left Hand columns concerning that district's approving about \$8 million in bonds.

We're always pleased to get letters. Whether they're "You're a cur, Sir" letters or more gentle ones, we feel the community's input into what is written in The Bugle makes our effort worthwhile.

While we often respond to letters with editor's rebuttals we've refrained from such action this week. We've had our say. We think its important letter writers should give their opinions without an editor having the last word. We've often thought when a newspaper constantly has "the last word" on a subject, it discourages others from submitting their thoughts.

Don't begin to think The Bugle is getting soft in its older age. Our eating humble pie may have a ulterior motive. We would like readers to respond to this week's letters.

We've been getting an inordinate amount of telephone calls and anonymous letter correspondence (unsigned letters are never published) from residents concerned about increased taxes and particularly about salary hikes in the public sector. Last week we received one letter from a lady who not

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Chambers to offer business seminars

The Skokie, Niles and Morton Grove Chambers are joining together to present a series of business seminars to help area businesses deal with changes facing everyday operations.

The first seminar is a "Human Resources Law Symposium" on Wednesday, Sept. 21. This seminar will cover recent developments in employment law and how to comply with the changes. Management practices, selection and placement of applicants and compensation and benefits will be examined. This all-day seminar will be held at the Holiday Inn North Shore, 5300 Touhy Avenue, Skokie, from 8:30 a.m. to 4

p.m. Cost of the seminar is \$145 for members and \$195 for non-members and will include a continental breakfast, lunch and materials.

Almost every business deals with interviewing, hiring and promoting of employees. With the changes in the laws concerning the Americans with Disabilities Act, EEOC, etc. managers are faced with a much more challenging job than in the past. "Interviewing: Empowerment or Entrapment for Managers?" will be the topic covered in the second seminar of the series. Learn how to get information without asking

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Chamber of Commerce Week



Pictured with Niles Mayor Nicholas B. Blase (left), are Executive Director of the Niles Chamber of Commerce Denise McCreery and Village Trustee Tom Bondi. At the August Village Board Meeting, Mayor Blase proclaimed the week of Sept. 18-24 as Chamber of Commerce Week.

SENIOR SEASONS GUIDE

OCC offers adult Education and Travel programs

Oakton Community College is offering a refreshing alternative to the standard travel package including trips to China, Ireland, Greece, Turkey and the Galapagos Islands.

Galapagos Islands & Ecuador, Indonesia, Kenya and Morocco. Spring 1995 programs will be to Belize, Bermuda, China, Costa Rica, Egypt, Galapagos Islands & Ecuador, Greece, Indonesia, Ireland, Morocco and Turkey.

Healthy eating seminar for seniors

"Healthy Eating As We Grow Older" will be the topic of the next free health lecture for the community and members of Premium Times at Edgewater Hospital and Medical Center.

Participants will learn from Dr. S. K. Sheh, Board Certified Gastroenterologist, how to eat healthy to maintain a healthy digestive system as well as changes which may occur in the digestive system as we grow older.

Everyone is welcome to attend this free program sponsored by Premium Times at Edgewater Hospital and Medical Center, 5700 N. Ashland in the 8th Floor Auditorium on Friday, Sept. 23 at 10:30 a.m. Free parking is available by entering hospital parking lots from Rosehill Avenue (5800 North). For more information,

Yarn Needed

If you have any left-over yarn, please bring it to the Niles Senior Center. Lap robes are made for veterans from your generous donations. Also, volunteers are needed to crochet and/or sew lap robes or slippers. If interested please call Mary V.



Ballroom Dancing

Ballroom Dancing is on Friday, Sept. 30 at 2 p.m. at the Niles Senior Center. We'll provide cassettes of ballroom music and refreshments. Cost is \$50. Registration is required. We are planning an afternoon of "fun" dancing. Come and join us.

Men's Club trip to Marriott Lincolnshire

The Men's Club trip to the Marriott Lincolnshire to see "La Cage Aux Faux" is on Thursday, Oct. 13, 5 p.m. - 11 p.m. Dinner choices include New York strip steak or Chef choice fish. The cost is \$36.30 per person. Come and enjoy this spectacular production. Call for ticket availability.

Calling all talented seniors

Talented seniors are invited to do short skits at the Dinner/Dance on Friday, Sept. 16 in the evening. If you are planning to attend and would like to participate, sign up with Mary Oleksy. Also, the Niles Senior Center is looking for small "gifts" for the Dinner/Dance. If you have any you would like to donate, please drop them off at your convenience.

Arthritis lecture series

There will be a series of arthritis lectures during September and October for Niles Senior Center registrants. The following lectures will be held in September: "My Achey Breaker Joints," a general overview of arthritis is on Monday, Sept. 12 at 2 p.m. and "Fit for Life: Arthritis & Exercise" on Monday, Sept. 19 at 2 p.m. Registration is necessary.

Seniors show off their ABCs

Have you always been a good speller? The Northbrook Park District Senior Center will test your skills as it hosts the First Annual Spelling Bee on Sept. 26, 10 a.m. at the Center located at 3323 Walters Ave. The Grand Prize winner will receive a free one-day getaway of his/her choice, valued at \$40. Two runner-up prizes also will be awarded. Refreshments will be served. If you are interested in becoming a contestant for this Spelling Bee, please call the Senior Center at 291-2988.

RELAX!

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Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to residents of the Village of Niles, age 62 and over and their younger spouses. Seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

STAMP CLUB
The Stamp Club is currently looking for new members. See Mary Oleksy if interested.

BILLIARDS CLOSED
There will be no billiards on Thursday, Sept. 15 and Friday, Sept. 16 due to the dinner dance.

"CRUISE NIGHT" DINNER DANCE
The annual dinner dance "Cruise Night" aboard the USS Friendship will take place on Friday, Sept. 16. Enjoy an evening of fine food, good friends and great entertainment starting with appetizers & punch at 5:30. Call for ticket availability.

MEN'S CLUB MEETING
The Men's Club will be meeting on Monday, Sept. 19 at 10:30 a.m. Tickets will be on sale for the "Mystery Trip." Call for details. Tickets will also be sold for the Oct. 12 Golf outing (\$10). After the business meeting, Illinois State Senator Walter Dudydz will be the speaker. Tickets will be on sale to non Men's Club members starting Monday, Sept. 26.

WATERCOLOR PAINTING CLASS
Watercolor painting class is on Monday, Sept. 19 - Nov. 7, 10 a.m.-11 a.m. at Ballard. Cost is \$7.50. Supply list is available upon registration. Registration deadline is Sept. 12.

OIL PAINTING
Oil painting class is on Tuesday, Sept. 20 - Dec. 13 (no class on 11/8) from 9:30 a.m. - 11 a.m. at the Senior Center. Class is open to experienced and beginner artists. The cost is \$15. Registration is required.

TAM GOLF 9 HOLE TOURNAMENT
Tam Golf 9 Hole Tournament is set for Wednesday, Sept. 21. Call for ticket availability.

INVESTMENT COUNSELING
Investment counseling is available on an individual basis on Wednesday, Nov. 21 by appointment. Mr. Jeff Cardella will discuss your individual financial needs. Free. Call for an appointment.

LITE LUNCH
September Lite Lunch will be on Friday, Sept. 23 at noon. The menu will be Sloppy Joes followed by the movie "Dave." Cost is \$1.75 per person.

DRAWING CLASS
Drawing Class will begin on Friday, Sept. 23 through Nov. 18 (no class on Nov. 11) from 9:30 a.m. to 10:30 a.m. at Ballard Leisure Center. The cost is \$9.

WOMEN'S CLUB LUNCHEON AND MEETING
The Women's Club pre-meeting luncheon is on Monday, Sept. 26 at noon and will feature Brown's chicken, 2 pieces of chicken, 2 salads and biscuit. Price is \$3.50. Women are also invited to bring a bag lunch. The business meeting will be held at 1 p.m. followed by a Skin Care/Hair Care Demonstration by Patrick Golden of Adare for Hair. A complimentary makeover and three haircuts will be given. Interested women should submit their names in the box located at the senior center reception desk. A drawing will be held a week before the meeting.

WOMEN'S TAM GOLF
Women's Tam Golf is scheduled for Wednesday, Sept. 28 at 8:30 a.m. Price per person is \$10.

FLU SHOT INFORMATION
Appointments may be made on a walk-in basis only starting Wednesday, Sept. 7 through Sept. 20 from 9 a.m. through 4 p.m. Phone registration will first begin on Wednesday, Sept. 21. Flu shot dates are Friday, Oct. 7; Wednesday, Oct. 19; Wednesday, Nov. 2 between 9:30 a.m. to noon and 1:30 p.m. to 4:30 p.m. Shots are available by appointment only. Shots can also be given to homebound seniors by appointment. Contact Terry Sprengel RN BSN starting Sept. 7.

WOMEN'S CLUB OKTOBERFEST
Women's Club Oktoberfest "Roll Out The Barrel" on Monday, Oct. 24 at noon. Luncheon menu -- roast pork with gravy, bread dumplings, Bavarian green beans, sauerkraut, German chocolate cake, Freddie Fisher Orchestra will perform. The cost is \$5.75 per person.

MEALS ON WHEELS
The Niles Senior Center in conjunction with the Bethany Terrace Nursing Home offers Meals on Wheels daily to Niles residents 62 and over and their younger spouses. The meals can be prepared for special diets and are delivered between 11:30 a.m. - 12:30 p.m. There is a charge and depending on whether or not we have a waiting list, there may be a limit as to how long we can provide the meals. Call Mary Oleksy if you are interested or have a family member needing meals.

VOLUNTEERS NEEDED
Volunteers are needed to assist at the monthly ticket sales and also to assist with the flu shot program. Please call the senior center if interested.

Niles, Park Ridge, Morton Grove: Township's For You

by Mark Thompson
Maine Township Supervisor

Some people seem to believe that residents of Niles, Morton Grove, Park Ridge, Des Plaines, Glenview and Rosemont depend on only their municipal governments for any kind of local help or who have any reason to use township government.

However, often I may hear that, I know nothing could be further from the truth. While Maine Township is the primary form of government for residents of the unincorporated areas, it also provides a wide range of services to residents throughout the township.

The Maine Township Seniors social program, for example, has more 3,800 members from Niles, Morton Grove, Park Ridge, Des Plaines, Glenview and Rosemont, as well as from the unincorporated areas. This very popular program offers monthly luncheons, bingo, crafts instruction and trips to destinations as nearby as Lincolnshire and as far away as Germany, Switzerland and Austria.

Two similar programs, Options 55 for pre-retirement adults and One + Options for widowed or single older adults, also are open to any township residents who meet the age requirements.

On the other end of the spectrum, the Maine Township Youth Drop-in Center serves 5th- through 12th graders throughout the township. This free program, based at the Stevenson School building in Des Plaines, offers youths a safe, supervised and drug-free place to play video games, shoot some pool, practice basketball, snack or just socialize.

"Hello Grandma" also serves youths throughout the area. Launched last year in cooperation with the Des Plaines Senior Center, the program allows grade-school children who may be home alone after school to call volunteer "grandmas" on the telephone for company or advice.

Area residents who have fallen on hard times can turn to the township for help. The township's General Assistance Department provides help with many support programs and operates the Emergency Food Pantry, which helps many families in need every month.

There are so many other services that the township offers to all residents. Need a fishing license? Call the township Clerk's Office. Looking for help with disabled services? Come to the Town Hall. Want to research real estate or tax records? The Assessor's Office can help you. In search of volunteer opportunities? The township has plenty. Interested in graffiti cleanup materials? Drop by and ask for some.

The list goes on and on. Newsletters for the homebound. Counseling for youths and their families. A telecommunications device for the deaf. Contracting with area agencies for social services for Maine Township residents. Support groups. Meeting rooms. Information and assistance. Remember, no matter where you live, Maine Township is there for you.

Survey finds majority recycles

Nearly three-quarters, or 73 percent, of all households in the U.S. recycle regularly, according to a national survey conducted by Reynolds Aluminum Recycling Company (RARCO), the Recycling Division of Reynolds Metals Company. The survey also found that aluminum is the material most commonly recycled with 63 percent of all households involved, followed by newspapers (52 percent), plastic (46 percent), other paper products (25 percent) and steel/tin (25 percent).

Ninety-seven percent of the recyclers surveyed noted "concern for the environment" as a strong motivator. Similarly, 97 percent of the recyclers from households with children cited "setting a good example" as an incentive to recycle.

Other significant factors indicated as driving forces in motivating people to recycle were concerns over landfills and supporting schools, charities and other organizations in fund-raising activities.

The survey also showed that 37 percent of aluminum recycling households have given their cans to others, usually individuals - recognition that the aluminum can has value that benefits anyone who recycles," said Steve Thompson, RARCO vice president and national marketing coordinator. "The aluminum can has proven its worth as the container of choice in the beverage industry, primarily because of its recyclability and intrinsic value as a solid waste commodity. We also see recycling as a driving force



New V.P. named

Joseph Sandman has been named vice president, development, for Loyola University Chicago, effective Oct. 3, announced Rev. John J. Piderit, S.J., president of Loyola.

In his new post, Sandman will be responsible for the planning and administration of comprehensive development/fundraising and alumni relations programs for the entire university. He will also work closely with the university's Board of Trustees and volunteer leaders.

Sandman joins Loyola after serving since 1991 as vice president of university relations and advancement as Xavier University in Cincinnati, and from 1983 to 1991 as director of development at the University of Notre Dame.

"Private support from alumni, friends and others has been critical to Loyola's success in higher education and health care," Piderit said. "Joe Sandman and I share many of the same goals for Loyola. He is intent on improving our fund-raising results and I am particularly excited about his plans to establish a National Alumni Association that would focus on non-fund-raising activities for our alumni. Along with his admirable track record, Joe has great energy, enthusiasm and experience."

Commenting on the appointment, Sandman said, "Joining Loyola and Father Piderit, its new president, at a pivotal and exciting time in the university's history is a great opportunity. Because of Loyola's Jesuit identity and the high quality of its education and health care programs, Loyola is well-positioned to expand upon its many contributions to the community and strengthen its identity as an outstanding national university."

Currently, the City of Chicago receives a franchise fee of 4 percent of Commonwealth Edison's gross revenue. The cost of that fee is spread over Commonwealth Edison's entire customer base, including both City and suburban utility users. The suburban franchise fee, which is limited free service, is also spread among all customers. However,

the suburban franchise fee is only 5 percent of gross receipts. The result, is a suburban subsidy of over \$33 million dollars to the City of Chicago.

"The residents of Chicago should pay their fair share of the franchise agreement, just as the suburban residents pay theirs," states President Tom Brown, Village of East Hazel Crest and South Suburban Mayors and Managers Association. "That's what the ruling is really saying."

The ICC decision will require that the cost of Chicago's 4 percent franchise fee, and the cost of free service to the suburban communities be traced only to customers in the municipality receiving the compensation. No longer would those costs be treated as general costs, and spread amongst all Commonwealth Edison users.

"This is a victory both for suburban rate-payers and for fairness in Com Ed billing. It removes a long-standing inequity and it reinforces our position that each community should pay its fair share," says President Jo Ann Eckmann, Village of Libertyville and Northwest Municipal Conference.

ICC votes in favor of the suburbs

Suburban electricity users were victorious recently, as the Illinois Commerce Commission (ICC) voted 6-1 to end a long-standing inequity in Commonwealth Edison electricity billing.

The decision means Com Ed will no longer recover franchise costs from all electricity users in the metropolitan area. Instead, franchise costs will be recovered from the individual communities which have these costs. In practical terms, suburban residents will pay less for the energy they use.

"This decision acknowledges the importance of logic and equity in ICC policies. On that basis, this ruling is positive for both the suburbs and the region as a whole," states Mayor Vivian M. Lund, City of Warrenville, President of DuPage Mayors and Managers Association.

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Fourth degree dinner a success

The Niles West High School Orchestra is holding a car wash and bake sale on Saturday, Sept. 17 from 10 a.m. to 5 p.m. in the auditorium driveway at the school, 5701 Oakton St., Skokie. All proceeds earned will be used to raise money for the Niles West Orchestra program.

For information contact Orchestra Director Steven Katz at (708) 581-2974.

Niles West Orchestra holds notable event

The Assisi Animal Foundation is sponsoring its fourth annual Walkathon Saturday, Sept. 24, to benefit the animals at their cageless, no-kill shelter in Crystal Lake. The 6K walk will take you through the beautiful countryside at Moraine Hills State Park in McHenry, off River Road and just north of 176.

Canine walkers are welcome, if on a leash.

Sign-in starts at 9:30 a.m. and the Walkathon begins at 10 a.m. from the White Tail day use area.

Prizes will be awarded to individuals and groups who turn in the most funds. For information, please call (708) 382-4125, (815) 923-4615 or (815) 455-9411.

Sukkoth Services

Sukkoth is a wonderful warm holiday. Congregation Kol Emeth will be holding Sukkoth Services. Join in the singing and hear Rabbi Barry Schechter speak.

Congregation Kol Emeth, located at 5130 W. Touhy Ave., Skokie, (1 1/2 blocks west of Edens), will hold Sukkoth Services on Monday, Sept. 19 at 6 p.m.; Tuesday, Sept. 20 at 9:30 a.m.; and Wednesday, Sept. 21 at 9:30 a.m.



Mayor Nicholas Blase and Past Grand Knight Kim Lee honoring the Mentally Handicapped Fund Drive sponsored by the Knights of Columbus to be held October 21 and 22.

A recognition dinner was held Sept. 10 at Flannagan Hall honoring Past Grand Knight (PGK) Gary Warner.

The Steak Fry, sponsored by the Fourth degree, was a huge success.

Joe Bradke received the Family of the Month award for September. Past Grand Knight Ray Restarski won the raffle, and our Chaplain, Rev. Andrew Pasko, was the emcee.

The Fourth Degree presented a new banner to the North American Martyrs Council and was blessed during the meeting by the Chaplain. This banner will also be used during Fourth Degree meetings, on the fourth Wednesday of each month at Flannagan Hall.

Fall non-credit Emeritus classes

Enrich your world with fall non-credit classes offered through Oakton Community College's Emeritus Program. Classes are held at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Those who have registered for Oakton or MONNACEP classes within the last five years and have their correct social security number on file, may register (using the codes listed next to course titles below) by the Touch-Tone telephone system at (708) 635-1616.

Spanish for Travelers (LSP E01 61, Touch-Tone code 1100)

SENIOR CITIZENS
Shampoo & Set \$2.50 & Up
Haircut \$3.00 & Up
EVERYDAY EXCEPT SUNDAY
Sr. Men's Clipper Styling \$3.00
Men's Reg. Hair Styling \$5.00

IN HOME HAIR CARE MANICURE & PEDICURE TOGETHER \$14.00
FREDERICK'S COIFFURES
5391 N. MILWAUKEE AVE.
CHICAGO, ILL.
(312) 631-0574

covers what travelers need to know from the time they arrive at the airport to the time they check-out of their hotel. Required text: Spanish in 10 Minutes by Kristine Kershus. The class will meet for eight Fridays beginning Oct. 7 from 9:30 to 11:30 a.m.

Memoirs (HIS E41 63, Touch-Tone code 5229) is designed to show participants how to understand the patterns in their life by writing and rewriting essays about important events, places and people. The class meets for six Mondays beginning Oct. 10 from 2 to 3:30 p.m.

Students can register for these and other Emeritus fall non-credit offerings through MONNACEP, Oakton's Adult Continuing Education Program, in Room 160 at the Skokie campus. For a brochure listing all of the programs, seminars and tours available for the older adult, including registration information, call (708) 635-1414.

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MEETS NATIONAL ENERGY STANDARDS
GUTH HEATING & AIR CONDITIONING
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(312) 631-4843

S.I.J. 55 Plus Club

Vacations are over and they are now fond memories, of course, we are likely to remember experiences good and bad, but relax and smile and think of all the good things to come. Children are back in school and we soon (like it or not) will be thinking of warm clothing, boots, etc. Sounds sad, but we at S.I.J. 55 Plus Club are looking forward to a great time.

Our Sept. 8 meeting was well attended and Chester and Louise Ippoliti treated the club to biscuits and coffee in celebration of their 50th Wedding Anniversary. Congratulations and many more years of Happy Bliss.

New officers nominated are President Rudy Seifert; Vice President Frank Romeo; Treasurer Florence Morgan; and Secretary Bernice Tegler. They will take office at our Business Meeting on Oct. 13. A great group and we look forward to giving them our help and support. Our club members will help keep the club at its good standard, we are a group who speak with each other and have fun at our social gatherings and enjoy life. No amount of money or no consequences can compete with us.

Once again, our Civic Chairman Mike Provenzano, is asking for helpers and volunteers to help us along in our "Little City" drive, which will take place on the weekend of October 7-8. Give Mike a hand in this charitable venture.

Our guest recently was Sister Mary Carmen, she is Vivian Zimmer's sister, it was nice having her visit with us. Also back and off the sick list was Marie Montabano, glad to see you up and around.

On behalf of the Officers and members of the club, our sympathies are extended to the family of Marie Prozek who passed away Sept. 7. Please remember her in your prayers along with our deceased members and may her soul and the souls of our departed members rest in peace. Also remember all our sick in your prayers. Best wishes to all our Birthday and Anniversary people.

Senior line dance reminder

If you enjoy the new line dancing craze, plan to register for either or both of the Northbrook Park District Senior Center's new programs. Learn new dances and intricate steps in Intermediate Line Dancing or bring your partner to share the exercise and fun at Couples Line Dancing.

Both programs will be held at the Senior Center, 3323 Walters Ave., beginning Sept. 22. For further information, stop by the Center or call 291-2988.

Health fair offered to local seniors

The Northbrook Park District Senior Center, in conjunction with Highland Park Hospital, will hold a Health Fair on Wednesday, Oct. 5, from 8 a.m. to noon at the Village Green Center, 1810 Walters Ave.

Screenings will be given for cholesterol, blood pressure, hearing, blood sugar and blood oxygen levels. Free flu shots will be available for eligible candidates. A podiatrist will conduct free foot screenings and a registered dietitian will take your height and weight measurements. A take-home colon cancer test will be provided for your convenience. Free breakfast will be offered throughout the morning.

For this Health Fair to be truly successful, we'll need community volunteers to help greet guests and perform necessary duties. If you are available, please call 291-2988.

Morton Grove Senior Citizens 470-5223

VISUALLY IMPAIRED MOTIVATORS

Morton Grove's support group for people with visual impairments will hold their next meeting at 10 a.m. on Tuesday, Sept. 20 in the Flickinger Senior Center. Helpful information and supportive interaction will assist participants adjust to their impairments. For more information, or to arrange for transportation, call the Senior Hot Line at 470-5223.

VIVA MEXICO

Seniors should wear their brightest clothes as they enjoy this south of the border "Fall Fiesta Festival" (win a prize for saying this fast, ten times) at Harrier Park on Sept. 27 at 11:30 a.m. Enjoy a Mexican luncheon feast and the marimba music of Lory Schreiber. Lory's musical program shares the heritage and culture of Mexico. She will also talk about the most popular fiestas and how they are celebrated. So bring those sombrero and maracas and come out for a great afternoon of food and music. The cost for the program is \$10. In case of rain the celebration will be moved to the Prairie View Community Center. For further information call Catherine Dean at 965-7447.

ELECTION JUDGES WANTED

Election judges are needed for the election of Tuesday, Nov. 8. Call 965-8282 and leave a message. Training will be provided and judges are paid \$100 for working on election day.

FREE FLU SHOTS

For the first time this year, the Village will provide influenza immunizations at no cost to Medicare Part B patients. Any resident who possesses a red, white and blue Part B "Medical Insurance" card is eligible for the free shot. Any other resident wishing to be immunized but who is not a Medicare Part B patient must be over age 60 and must pay \$2.50 for a Medicare Part B patient recommended that people who are over age 65 consider being immunized for influenza. Pneumonia immunizations provide lifelong immunity to the most common forms of pneumonia and will cost \$8. People who have already received this immunization do not need another one. Morton Grove seniors (age 60+) interested in a flu shot must have a reservation. Call the Senior Hot Line at 470-5223, Monday through Friday between 9 a.m. and noon. It is important to make a reservation and it is also important to bring in your "Medical Insurance" card in order to receive the shot free. Immunization Clinic dates and times in the Flickinger Senior Center are as follows: Tuesday, Oct. 4 - 1 to 4 p.m. • Saturday, Oct. 8 - 9 a.m. to noon • Tuesday, Oct. 18 - 9 a.m. to noon • Saturday, Oct. 22 - 9 a.m. to noon • Tuesday, Nov. 1 - 1 to 4 p.m.

SCARECROW FESTIVAL

On Sunday, Oct. 9, seniors will set out for St. Charles, Illinois to attend the Scarecrow Festival. The town comes alive with dozens of wonderful, whimsical, hand-crafted scarecrows in Lincoln Park. The first stop will give seniors an opportunity to see the scarecrows and vote for their favorites. Next, board the Paddlewheel Riverboat for a delightful luncheon cruise on the Fox River. The color should be lovely! The last stop will be the Scarecrow Craft Show. Some early Christmas shopping or great ideas for crafts will be in order. The bus departs from the Prairie View Community Center at 9:30 a.m. and will return at approximately 5:30 p.m. The cost is \$31 for residents and \$34.50 for non-residents. For further information, call Catherine Dean at 965-7447.

"SLEEP DISORDERS" & "HOLIDAY DEPRESSION"

The Prairie View Community Center presents two more special lectures at noon on Thursday, Oct. 13 "Sleep Disorders" and Thursday, Nov. 10 "Coping With Holiday Stress." The seminars are free and will be presented in the board room at Prairie View, 6834 Dempster Street in Morton Grove. Bring your lunch; coffee and dessert will be provided. For details call Laurel Letwat, RN, BA at 470-5246.

TALK ABOUT PRESCRIPTIONS

October is "Talk About Prescriptions" month and Oct. 23 to 29 is National Pharmacy Week. Medications play a significant role in helping many older adults cope with chronic pain, and managing the two is an important issue that affects day-to-day living. On Thursday, Oct. 6 registered pharmacists will staff a toll-free telephone line to answer questions about managing pain and using medications correctly. This is a one day event. Experts will be available between 8 a.m. and 5 p.m.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at (708) 470-5223, or the Prairie View Community Center at (708) 965-7447. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053.

Prime Timers to meet

The North Shore Prime Timers Club meeting will be Thursday, Sept. 15 at 7 p.m. in the Morton Grove Library, 6140 Lincoln Ave. Adults, 50 and over, are welcome.

This is a social mixer and membership drive. Come and see Marina Rantz demonstrate line dancing. Bring a prospective member! Long-time members, come and get re-acquainted. New members, come and meet us at:

Snacks and punch will be served afterwards, during fellowship time which always follows the meeting.

New members are welcome. Cost is \$10 per couple and \$7 per single. There will be dining-out evenings, theater outings and local tours. Mail membership check to Marie Zupko, 8521 Lillibet Terrace, Morton Grove, IL 60053.

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SEAGRAM'S V.O. \$8.99 750 ML.	MILLER or BUDWEISER BEER \$5.99 12 PK. - 12 OZ. BOTTLES	E & J BRANDY \$12.99 1.75 LITER	ALMADEN WINES \$4.49 1.5 LITER	JIM BEAM \$7.99 750 ML.	INGLENOOK WHITE ZINFANDEL \$2.99 750 ML.

Sub Sandwiches 3 Foot to 6 Foot

Church & Temple News

OBITUARIES

Robert D. Hilbrich
Robert D. Hilbrich, 60, of Niles, died on Aug. 25 at Village Terrace Nursing Home. He was the husband of Barbara Hilbrich, father of B. Hilbrich, brother of Lawrence Hilbrich, Jr. and Ignatz Hilbrich, son-in-law of Ignatz and Waltraud Diwisch, brother-in-law of Thomas (Karen) Diwisch and Gabriel (Phil) Hartman. Funeral services were held Aug. 29 at Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

Paul O. Saunders
Paul O. Saunders, 83, of Phoenix, AZ, and formerly of Niles, died on Aug. 26 at Paradise Valley Hospital. Mr. Saunders was born Oct. 19, 1910 in London, England. He was the husband of Dolores Saunders, father of Robert Lindsay, grandfather of two. Funeral services were held Aug. 31 at Skaja Terrace Funeral Home. Interment was in St. Paul Cemetery, Skokie.

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Joseph A. Casseday
Joseph A. Casseday, 88, of Niles, died on Aug. 30 at Lutheran General Hospital. Mr. Casseday was born March 6, 1906 in Chicago. He was the husband of Lillian, father of Joan (Walter) Osterman and Mary Ann Casseday, brother of George Casseday. Funeral services were held Sept. 3 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

Eugene D. Kortas
Eugene D. Kortas, 81, of Des Plaines, died on Aug. 31. Mr. Kortas was born Dec. 6, 1912 in Chicago. He was the husband of Estelle, father of Claudia (George) Twarski, Rose Marie Sorach and Judith Ann Langley, brother of Edward Kortas, grandfather of eleven, great-grandfather of fourteen, great-great-grandfather of two. Funeral services were held Sept. 3 at Our Lady Of Ransom Church. Arrangements were handled by Skaja Terrace Funeral Home.

Maria Rejman
Maria Rejman, 79, of Niles, died on Aug. 24. Mrs. Rejman was born Nov. 8, 1914 in Dora, Pennsylvania. She was the wife of Frank W. Rejman, mother of Diane Stec and Stanley Rejman, grandmother of five. Funeral services were held Aug. 27 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

Irene Sullivan
Irene Sullivan, 79, of Niles, died on Aug. 24 at Glenbridge Nursing Home. Mrs. Sullivan was born June 8, 1915. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

Shelters for Sukkot at Spertus Museum

A connection between the Jewish harvest holiday of Sukkot, the creative booth (sukkah) designs of leading local architects, and the plight of the homeless will be permanently established at the opening of "The Chicago Booth Festival-Architects Build Shelters for Sukkot" at Spertus Museum (618 S. Michigan Ave.), Sunday, Sept. 18.

Spertus Museum invited various leading local architects to create designs for the open-air structures, helping visitors appreciate and experience the various levels of spirituality of the Jewish holiday of Sukkot (Festival of the Harvest). The full-size sukka (booths) also help uncover linkage between the tradition of temporary shelter during the holiday of sukka, and conditions of the homeless. The exhibit runs through February 1995.

Volunteers recognized at local church

Volunteers are a special breed of people, often giving many hours of community service with little noise or fanfare. These giving people should get their due, says the Aid Association for Lutheran (AAL), a fraternal benefit society.

AAL has given one of its volunteer groups, Branch #3088, a grant to help honor Eleanor and Frances Bailey of St. John Lutheran Church, Niles, for their outstanding volunteer efforts. On Sunday, Aug. 29, at the close of their outdoor worship service, St. John Lutheran presented Eleanor and Frances Bailey with a plaque honoring them as Volunteer of the Year. Their names are also added to the Volunteer of the Year plaque in the church. At the church picnic which followed, all volunteers were thanked as root beer floats were served to everyone.

St. Anselm's to hold huge driveway sale

St. Anselm's Episcopal Church, 1600 N. Greenwood, Park Ridge will hold its annual Driveway Sale on Saturday, Sept. 17, from 9 a.m. to 4 p.m. at the church. Clothing, books, phonograph records, antiques, household items, appliances, and furniture, plus many miscellaneous items, will be on sale.

Arden Eijnk of Park Ridge and Beverly Falbe of Niles are in charge of the sale. Polly Giangreco of Park Ridge will be cashier for the day. All proceeds from the sale will go to cover the operating expenses of the Church.

Crafters wanted for fair

St. Monica's Annual Arts & Crafts Fair will be held Saturday, November 5 from 9 a.m. to 5 p.m. at 5115 N. Mont Clare, Chicago. It is one of the largest in the area.

If you would like to sell your crafts at the Fair, tables are \$30 (8 ft. long), deposits are \$20 and application deadlines are September 30. There is a limited number of tables.

World Service

Niles Community Church, 7401 W. Oakton Street, will begin another season of World Service, Wednesday, Sept. 21 at 10 a.m.

Pre-registration is not necessary, except for Bible Inquirer's Class, and the classes are open to the community. For more information on the topics and exact dates, call Pastor Kleist at 965-7340.

Church & Temple News

Reverend to return home

As part of its 25th Anniversary Celebration, First Edison Park United Church of Christ, 6675 North Oketo Ave., Chicago, will welcome home the Rev. Phillip Desenis. Rev. Desenis will preach the sermon at the 10 a.m. worship service on Sunday Sept. 18.

Rev. Desenis is a true "Son of the Congregation" having been baptized at First English Evangelical and Reformed Church on June 30, 1928, and Confirmed at First Edison Park Evangelical and Reformed Church on April 18, 1943. The two congregations merged in 1969 to become the present congregation of First Edison Park United Church of Christ.

Rev. Desenis' parents moved to Norwood Park in 1936. After attending North Park Academy, he went on to graduate from Elmhurst College and Eder Theological Seminary. Well known to the Chicago area, Rev. Desenis was the Associate Pastor at St. Paul's United Church of Christ, Fullerton and Orchard Aves., Chicago from 1953 to 1959. In 1959 he became the Pastor of Trinity United Church of Christ, Deefield, until 1991. While in the Chicago area Rev. Desenis served in numerous capacities in the Illinois Conference of the United Church of Christ, Bensenville Home Society, and Highland Park Hospice. He is still active as a trustee of the United Church of Christ Pension Board and Ministerial Relief

LEGAL NOTICE

Public Notice
Cook County Consolidated Submission Cook County has completed a Consolidated application which has been submitted to the U.S. Department of Housing and Urban Development. The Consolidated application includes 1994 program descriptions of the Emergency Shelter Grants Program, Community Development Block Grant Program and HOME Investment Partnership Program.

Copies are available for viewing at Cook County Department of Planning and Development Office.
Cook County Building Department of Planning and Development 118 North Clark Street, Room 824 Chicago, Illinois 60602
For further information contact: Mr. Nelson Sarmiento, Planner (312) 443-4297

Russian Mission festival service



Retired Pastor Robert Voss and his wife, Carol, will be speaking at a Russian Mission festival service on Sept. 18 at Jerusalem Evangelical Lutheran church.

A special Russian Mission festival service will be held at Jerusalem Evangelical Lutheran Church, 6218 Capulina, Morton Grove, at 3:30 p.m. on Sunday, Sept. 18.

The speaker will be Robert Voss. He is a retired Pastor who recently returned with his wife, Carol, from a year as a volunteer lay missionary in Akademgorodok, Siberia. At a reception following at 4:30, Pastor and Mrs.

Service project events planned at Regina

Retreats and workshops are a part of a Catholic education. Sister Nancy Corcoran, Campus Minister for Regina Dominican High School, is preparing for the 1994-95 school year with many service project efforts and events.

This summer, the Youth Council held a two-day workshop for the orientation of members on August 16 and 17. The overnight experience took place at the Cabrini Retreat Center, 9430 Golf Rd., Des Plaines. Youth Council members coordinate the school liturgies, retreats and service projects. The facilitators for the workshop are Sister Nancy Corcoran and Sister Deborah Fungalli, Theology Department and Sharon Zima, Guidance Department.

The leadership Workshop was held Sunday, Sept. 11 and Monday, Sept. 12 at Regina Dominican High School. The workshop is a two-day leadership and skill development experience offered to editors, officers, and representatives of all school organizations. It was conducted on Sunday and Monday. Monday's session was held at Cabrini Retreat Center.

The Fresh Retreat will be led by the Fountain Square Fools of Cincinnati on Tuesday, October 11 from 8 a.m. through 2:30 p.m. The "Fools," who have been involved in this event for the last three years, are a theatrical group who travel around the country proclaiming the "Good News" through drama, art, and song.

Simple gifts

Niles Community Church, 7401 W. Oakton Street, invites you to worship on Sunday, Sept. 18, at 10 a.m. We will stop and celebrate our "Simple Gifts" in worship. Pastor Boswell will preach from Mark 9:30-37.

St. John Brebeuf to hold "Gala Benefit '94"

"Gala Benefit '94" will take place at the St. John Brebeuf school gym, 8301 N. Harlem, Niles. The price per ticket is \$50, which will include cocktails, appetizers, dinner, sweet table, entertainment and dancing, a silent auction and super raffle. All proceeds will benefit St. John Brebeuf School. For more information, call (708) 966-8145. Reservations must be made from September 24 through October 23 and will be based on availability.

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United Synagogue elects board

Fred Katzenstein, former president of Congregation Beth Shalom, Northbrook, was elected president of the Midwest Region, United Synagogue of Conservative Judaism, at the Annual Meeting held on June 9.

Before assuming the presidency, Katzenstein served the Midwest Region as First Vice President, Chairman of the Presidents' Council and chairman of the Dues Task Force. He is also a member of the Board of Directors of the national United Synagogue and was active for many years in the Northwest Council of Synagogues. Married to the former Sheryl Lewis, he is the father of two sons, Dr. Howard (Terri) and Michael. He is the president of Fresh Sales, a company based in Northbrook.

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New Church youth ministry intern

A new youth ministry intern joined the staff at Edison Park Lutheran Church on Sept. 1. She is Angie Jordan, a graduate of Capital University in Columbus, Ohio. Her home is in Alpena, Michigan.

Jordan has worked as a youth counselor at Camp MichiLuca in Michigan for the last four summers. She served as a Resident Advisor in her dorm during her last year at college. While at Capital University, she took courses in Christianity and the Cinema; cults and the occult, world religions, and Native American spirituality.

Jordan especially loves being outdoors and has a great interest in the environment. She also enjoys music and plays guitar, piano and bassoon.

Jordan has a contract to serve the congregation on a full-time basis until Aug. 31, 1995.

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World Service

Niles Community Church, 7401 W. Oakton Street, invites you to worship on Sunday, Oct. 2, at 10 a.m. The Pastor Howard Boswell will preach on a four sermon series on the Book of Job. Following worship each Sunday

Sermon and discussion

of the series, the Reverend Boswell welcomes everyone who is interested to Continuing the Dialogue, a forum for conversation over the themes presented in the sermons.

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Health News

Affects of health care reform to be discussed

"Health Care Reform: How It Will Affect You" will be presented Thursday, Sept. 22, at 7:30 p.m. in the Winnetka Community House, 620 Lincoln Ave., Winnetka.

"Health Care Reform" will be a forum featuring presentation of viewpoints from perspectives of providers, purchasers, recipients and government concerning health care reform and its effects on local citizens.

Speakers will include State Representative Jeffrey M. Schoenberg (58th District), Vice Chairman of the Illinois House Health Care and Human Services Committee, Joel Shalowitz, M.D., Professor and Director, Health Services Management Program, Kellogg Graduate School of Management, Northwestern University, and Barbara Manny, Director, Health and Welfare Plan, Premark International, Inc. James T. Frank-

bach, President, Rush North Shore Medical Center, sponsor of the event, will be moderator.

"While legislators are concerned about health care reform in terms of the size and rise in national health care expenditures, individuals are concerned with their own personal spending on health care, such as insurance premiums co-payments, out-of-pocket payments, deductibles and types of care that may or may not be covered," says Frankbach. "This program will help sort out the details and clarify many terms now being discussed by the news media and in homes throughout the North Shore communities."

This event is free of charge and is open to the public. For additional information and to make a reservation, call Rush North Shore's Referral Line at (708) 933-6000.

Special health screening just for men

PSA (Prostate-specific antigen) is a simple blood test which has been recommended to aid in the detection of prostate cancer in men. It is common for the prostate to enlarge as men grow older. It can cause symptoms of frequent urination, dribbling, starting and stopping urinating, and a feeling that the bladder isn't completely empty after urinating. If these symptoms exist, it is likely you could have an increased risk of developing cancer of the prostate. A simple test such as PSA can help you detect whether you may be at risk.

A free PSA blood test screening will be conducted for men who have attained the age of 50 in conjunction with the Premium Times program at Edgewater Hospital and Medical Center on Friday, Sept. 23. Appointments are necessary and space is limited. Call Nancy Kanoo at (312) 334-3095 to make your appointment. Edgewater Hospital and Medical Center is located at 5700 N. Ashland Avenue and free parking is available by entering hospital parking lots from Rosehill Avenue (5800 North).

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Program teaches to think light

"Think Light Lowfat Living," a 12-week lowfat weight reduction program, will hold an orientation session on Thursday, Sept. 22, 7 p.m. in Rush North Shore Medical Center's cafeteria.

The program, led by a registered dietitian, features a positive approach to weight control. Features include one-on-one and group support, behavior modification and menus, recipes and grocery lists. A positive approach to healthy eating is the main theme.

For more information or to register call (708) 933-6806.

Health care lecture

The Center for Rehabilitation at Rush-Presbyterian-St. Luke's Medical Center is sponsoring a lecture in honor of National Rehabilitation Week to be given by Larry Gorski, M.M., special assistant to the Mayor, City of Chicago, Mayor's Office for People with Disabilities.

The lecture, which addresses the impact of health care reform on people with disabilities, will be given at noon Monday, Sept. 19, in the Seale Conference Center, room 542, 1725 W. Harrison Street. Please make reservations by calling (312) 942-3675.

Free prostate screenings

Rush-Presbyterian-St. Luke's Medical Center is offering free prostate screenings and prostate-specific antigen blood tests in recognition of Prostate Cancer Awareness Week, Sept. 18-24.

Screenings are limited to men over the age of 50. Men who have a family history of prostate cancer or are of African-American descent may be screened if they are over 40.

Screenings will be held Tuesday, Sept. 20 and Thursday, Sept. 22 at Rush, 1725 W. Harrison Street, Suite 758. Appointments are required. Call (312) 942-6533.

Forest schedules workshop on eating disorders

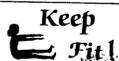
"Introduction to the Treatment of Eating Disorders," a daylong educational workshop for health professionals will be conducted by Barry C. Markell, Psy. D., on Saturday, Sept. 24 from 8:30 a.m. to 4:30 p.m. at the Novick Auditorium of Forest Hospital, 555 Wilson Lane, Des Plaines.

The program is part of Forest Health Systems' 1994 Scientific Lecture Series.

A nationally known expert on the treatment of eating disorders, Dr. Markell is a member of the Forest Hospital professional staff and also teaches in the eating disorder track of National Louis University's master's program in counseling.

Accredited for continuing medical education, the workshop also is approved for six hours on continuing education for social workers.

Cost of the workshop is \$60, which includes lunch. Seating is limited, reservations are required. For registration or further information, call (708) 635-4100, ext. 363.



Nutrients of the 90s lecture

Nutrition of Optimal Health Association, Inc. will sponsor Brian E. Leibovitz, Ph.D., who will discuss using the three nutrients, Bioflavonoids, Carotenoids, and Coenzyme Q10, to prevent and treat a variety of modern diseases on Wednesday, Sept. 21 at 7:30 p.m. at the North Shore Hilton Hotel, 9599 Skokie Blvd., Skokie.

Dr. Leibovitz, from Davis, CA, is Editor-in-Chief of "The Journal of Optimal Nutrition," a Nutritional Consultant, and is co-authoring the Second Edition of

"How to Live Longer and Feel Better" with Linus Pauling, Ph.D. His lecture will focus on the latest developments and health benefits of the three nutrients in relation to cardiovascular disease, cancer, allergies, asthma, viral and other infectious diseases, arthritis, liver diseases, cataracts, vision problems, and other abnormal immune responsiveness.

Admission is \$10, no charge for NCHA members. Call (708) 786-5326 for further information.

First Aid for Children Today

FACT, a comprehensive new health and safety program, will be offered this fall for children, ages 6 to 9. Youngsters will learn to understand and manage their own safety and health issues, including first aid, healthy living habits, injury prevention, road safety and first aid for the environment.

This important program was developed by the American Red

Cross and will be offered on Tuesday afternoons beginning Sept. 20 at the Northbrook Park District Leisure Center, 3323 Walters Ave.

Plan to register your child for this crucially important program. Understanding the fundamentals of health and safety may one day save a life. Call 291-2980, for further information.

CPO to hold open house

The Concerned Parents Organization (CPO) of Lutheran General Children's Hospital (LGCH) will celebrate its 20th anniversary on Sunday, Sept. 18, from 2 until 5 p.m., in the Lutheran General Hospital Olson Atrium. Parents and their children who are past patients of the LGCH New Born Intensive Care Unit (NICU) are invited to attend.

Dr. Henry Mangurten, M.D., chairman, Department of Pediatrics, LGCH, and founder of the Concerned Parents Organization, will be the guest speaker.

CPO provides a forum for parents of high-risk infants and women experiencing high-risk pregnancies to come together for support. Trained Parent Referrals and Referral Moms are on-call to provide experienced advice to parents in need of counsel during the stressful times of a high risk pregnancy or birth.

Those interested in further information about CPO and/or their upcoming open house are encouraged to call the NICU office at (708) 696-5313.

Stop smoking clinic offered

A Stop Smoking Clinic will be held from 7:30 to 9:30 p.m. Tuesday, Sept. 20 through Friday, Sept. 23; Monday, Sept. 26; and Monday, Oct. 3. The Sept. 20 session will be a free introductory session to see what the clinic is all about before investing a penny. Sponsored by Rush North

Shore Medical Center's Good Health Program, the clinic will be conducted by health educator Joel Spitzer. The program includes follow-up counseling and a monthly newsletter.

For further information and to register, call the Good Health Program at (708) 933-6695.

Prostate support group to meet

The "US TOO" prostate Cancer Support Group will hold a meeting on Wednesday, September 21 at 7 p.m. in the Doctor's Dining Room at Evanston Hospital, 2650 Ridge Avenue, Evanston.

Daniel H. Shervin, M.D., Division of Medical Oncology, and Jeffrey M. Ignatoff, M.D., De-

partment of Urology, Evanston Hospital, will be speaking on "Overview of Prostate Cancer." Dr. Shervin and Dr. Ignatoff are co-directors of the Evanston Urologic-Oncology Group.

This meeting is free of charge and open to the public. For information, call Sue Martin at (708) 570-2110.

Keeping your family healthy

"Managing Depression and Anxiety in the Family," the first of a four-part lecture series sponsored by Rush North Shore Medical Center, will be held on Wednesday, Sept. 28 at 7:30 p.m. in the Wilmette Public Library, 1242 Wilmette Ave.

Bennett Braun, M.D., psychiatrist and Director of Rush North Shore's Dissociative Disorders Unit, will discuss ways to help

you keep up-to-date on important issues relating to the mental and physical health of your entire family. New ways to cope when one family member suffers from depression and anxiety will be explored.

There is no charge to attend. For more information or to make a reservation, call the Rush North Shore Referral Line at (708) 933-6000.

Continuing Education class for nurses

MONNACEP, Oakton Community College's Adult Continuing Education Program, is offering a course, "Advanced Interpretation and Clinical Application of 12-Lead EKG on Tuesday, Sept. 20 from 8:30 a.m. to 4:30 p.m. in the Business Conference Center at Oakton's Des Plaines campus, 1600 E. Golf Road. Registration and check-in begin at 8 a.m.

The instructor is Nancy Fink, RN, MSN, CCRN, Nurse Clinical Specialist, Foster McGraw Medical Center.

The program is designed for nurses with basic skills in dysrhythmia interpretation. Content will include a discussion of basic

electrophysiological principles applicable to changes associated with such entities as myocardial infarction, chamber dilation and hypertrophy, axis deviation and others. Applications of 12-lead EKG interpretation to nursing care management will be detailed.

Oakton Community College/MONNACEP is accredited as a provider of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation.

The fee is \$64 and includes instruction, handouts and refreshments. For more information, call (708) 635-1974.

Rehabilitation program

"What Is Rehab All About?" will be the topic of a free community education program on Wednesday, Sept. 21, at Resurrection Medical Center, 7435 W. Talcott Ave., Chicago.

The program will be held from 11 a.m. to noon and from 7 to 8 p.m. in the 5-South Classroom located on the Rehabilitation Unit at the medical center.

Peter Blendonohy, D.O., Medical Director of the Rehabilitation Unit at Resurrection Medical Center, and Sheila Coogan, R.N., Nurse Manager, will discuss the importance of rehabilitation care through occupational therapy, speech and language pathology, physical therapy, social work services and rehabilitation nursing. They will also explain the recovery process and what occurs when a patient goes through rehabilitation.

Advance registration is required. For more information, call (312)-RES-INFO (737-4636).

Forest schedules community education programs

Forest Health Systems has scheduled two new community education programs as part of a continuing series focusing on women's issues. The free programs will be presented in the Novick Auditorium of Forest Hospital, 555 Wilson Lane, Des Plaines.

On Friday, Sept. 16 at 7 p.m., "Dating in the '90s: How to Tell the Good Guys from the Bad Guys," will be presented by Alan Weintraub, L.S.W., who oversees several hospital programs.

"Women, Weight and Self-Esteem: Relating to Food in a Healthier Way" will be the topic on Friday, Sept. 30. Presenters will be Sharon Nighom, M.S., and Mary Ann Troiani, Psy. D., Director, Eating Disorders Program.

Because of limited seating, registration is requested. To register or for further information, call the Forest Hospital Outpatient Department, (708) 635-4100, ext. 224.

Volunteer nurses needed

The Niles Senior Center is looking for volunteer nurses to help at the monthly blood pressure screening program held at the center, 8060 Oakton, Niles. If you are interested in this type of community service, contact Terry Sprengel, RN, BSN at 967-6100, ext. 376.

Free prostate screenings

Resurrection Medical Center, 7435 West Talcott Ave., Chicago, will offer free prostate cancer screenings in recognition of Prostate Cancer Awareness Week, Sept. 18 through 24.

The screenings will be held from 5 to 7 p.m. on Tuesday, Sept. 20, and from 1 to 4:30 p.m. on Wednesday, Sept. 21, in the Cancer Treatment Center located on the first floor of the Outpatient Services Building adjacent to the medical center.

The prostate cancer screening is offered to asymptomatic men over age 50, men with a family history of prostate cancer, and African-American men over age 40.

The prostate cancer screening consists of educational information, a PSA (prostate specific antigen) blood test and a digital rectal exam performed by a physician. Nurses and physicians will be available to answer questions and provide participants with information on prostate health.

Appointments are required. For more information and registration, call (312)-RES-INFO (737-4636).

Kidney presentation

Educating the public is the cornerstone to eradicating kidney and urinary disease. To accomplish this important goal, The National Kidney Foundation of Illinois and The North Shore Retirement Hotel, 1611 Chicago Ave., in Evanston, will co-sponsor an open forum presentation, "Your Kidneys and You," on Tuesday, Sept. 16, at 2:30 p.m. The event is free and open to the public.

Sherry Barnett, Program Director of the National Kidney Foundation of Illinois, will address the concerns of seniors related to kidney disease, incontinence and hypertension. The Foundation believes that educating the public can lead to greater prevention of disease while generating more donors of organs and tissues for transplants. This open forum presentation gives everyone a chance to learn more about a disease that kills 80,000 people each year and afflicts approximately 700,000 people in Illinois.

Reservations are required. To make reservations for "Your Kidneys and You" or more information about The North Shore Retirement Hotel, call The North Shore at (708) 864-6400.

Cholesterol screenings scheduled

Resurrection Medical Center, 7435 W. Talcott Ave., Chicago, will offer cholesterol screenings from Monday, Sept. 19, through Friday, Sept. 23.

The screenings will be held from 9 a.m. to noon in the Aerobics Room located on the ground floor of the Resurrection Professional Building.

A 12-hour fast is required for this test, which includes total cholesterol, HDL, LDL and a triglyceride profile. Appointments are required. The fee is \$10.

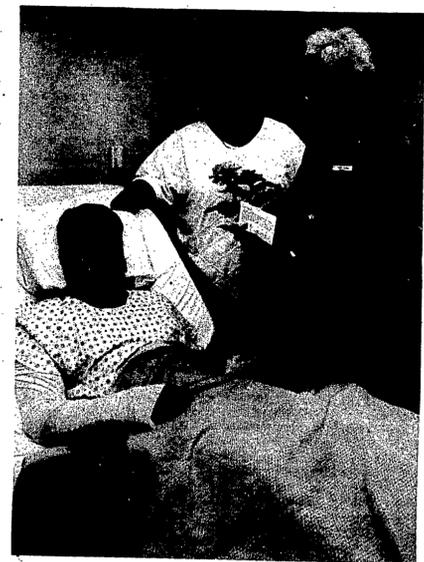
For more information, call (312)-RES-INFO (737-4636).

Caretakers of aging parents support group

A support group, "Caretakers of Aging Parents," sponsored by the Women's Health Program of Rush North Shore Medical Center, will be held Tuesday, September 20, from 7:30 to 8:45 p.m. in the medical center's Sharfstein Academic Center.

The program is free of charge. Reservations are required. For additional information or to register, please call the Rush North Shore Referral Line at (708) 933-6000.

Medical Center implements welcoming program



Donald Wajnicki, of Harwood Heights, receives a vase from volunteer Freda Alix as his mother, Annette Lupo, looks on.

A new VIP Patient Welcoming Program has been established at Resurrection Medical Center, 7435 W. Talcott Ave., Chicago. Patients admitted to the medical center receive a bud vase with a fresh flower and a card from Sister Donna Marie, C.R., Executive Vice President and Chief Executive Officer, extending a welcome from the entire staff and a commitment to serve each individual patient. The volunteers arrange and deliver the flowers every afternoon to the patients who have been admitted within the past 24 hours.

"The program has been favorably received by patients, their families, the physicians and employees," said Sister Donna Marie, C.R. "It serves as a reminder to the health care workers that all of us are committed to caring

about and for each patient as a special person."

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D023267 on September 1, 1994, under the Assumed Name of Cepeda Class Company with the place of business located at 4448 Oakton, Skokie, IL 60076. The true name(s) is: Brian Cepeda, 1720 Long Valley, Glenview, IL 60025; Allen Cepeda, 1720 Long Valley, Glenview, IL 60025.

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Women's News

P.R. woman named Entrepreneur of the Year

Janet Taylor, president of Taylor Management Systems, Inc., in Des Plaines, recently received the Ernst & Young "Woman Entrepreneur of the Year" award at Ernst & Young's 1994 "Entrepreneurs of the Year" awards dinner at the Fairmont Hotel.

Taylor, a Park Ridge resident, was among 15 Chicago area small- and medium-sized business people representing 12 companies who were recognized for their achievements.

Taylor founded Taylor Management Systems, Inc., in 1984 with just \$10,000 in capital and no clients as an information systems consulting and contract services firm which specializes in the areas of computer applications development and telecommunications network support.

Because of Taylor's commitment to a highly personal service and an internal state-of-the-art training system, the company grew rapidly and now employs more than 100 consultants and has annual revenues in excess of \$8 million. Taylor's support staff of 14 includes sales professionals, recruiters, administrative staff and a manager of technical services.

Still very active in the day-to-day operations of the company, Taylor has made organizational, managerial and personal changes that resulted in the company doubling its revenues in the last three years.

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Janet Taylor

recently entered into a strategic alliance with Microsoft to become a Microsoft Solutions Provider Partner, thereby further elevating the level of service provided to clients.

In 1993, Taylor started and staffed a separate company, MedFocus, to provide additional services to her clients in the pharmaceutical industry. Under her direction and management, MedFocus became a profitable venture in less than a year and is a growing enterprise that currently employs 22 people.

Taylor began her professional career in 1975 as a sales representative, spelling copiers and hardware. In 1978, she became an account representative in sales and management at a data processing consulting services business.

Taylor is an active member of the National Association of Women Business Owners, the National Association of Computer Consulting Brokers, and Athletes Against Drugs.

ORT meet features book review

The Washington Courts Chapter of Women's American ORT will hold an open meeting Thursday, Sept. 22 at noon at Maine Township Hall, 1700 Ballard Road.

A mini-lunch will be served at

ter which there will be a book review by Irene Nathan based on a best seller in 1993 entitled "After All These Years" by Susan Isaacs.

Co-Presidents, Reva Goodman and Miriam Drory, would like to see newcomers come to this program as they feel confident that they will enjoy the afternoon among friendly people in a warm atmosphere. Mature women in the community are urged to attend this event so they can meet others who share the same interests and at the same time, get to learn more about Women's American ORT.

A nominal donation of \$3.50 is required to attend the mini-lunch and program.

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Women's seminar set

"Renew Your Personal Self" is the theme of a seminar sponsored by the Women's Club of Wilmette and the Women's Health Program of Rush North Shore Medical Center scheduled for Saturday, Sept. 24, 9:15 to noon at the Women's Club of Wilmette, 930 Greenleaf Ave., Wilmette.

Topics for presentation will include improving self-esteem, coping with the stresses of home, work and community involvement, improving communications between generations, and determining good diets for women of all ages. Presenters will include Dale S. Gody, Ph.D., Marilyn Feder, D.O., Pam Kohlbeck, R.N., psychotherapists in private practice and members of the affiliate staff of Rush North Shore Medical Center, and Andrea Huijgens-Pack, R.D., Clinical Dietitian and Outpatient Dietitian at Rush North Shore Medical Center.

"We welcome new members. Why not come out at least once to see why we enjoy doing what we do. Call membership chairperson Ruth Clark at (708) 965-3792.

"Most women are very busy taking care of their families and helping out in community projects. With this seminar, we are presenting an opportunity for

women to take a morning off to renew their personal selves," said Ada P. Kahn, Manager, Women's Health Program, Rush North Shore Medical Center. Following the seminar there will be networking discussions with the speakers during a buffet luncheon.

There are many ways women of all ages can enhance their self-esteem. Gody will explain how to change one's negative self-talk messages to positive self-talk. "Just watch the difference in your outlook and behavior," she said.

"This event will interest women of all ages," said Kahn, who has managed the Women's Health Program at Rush North Shore Medical Center since 1990. This is one of many events produced by the Women's Health Program in local communities. Included in the community programs are events at North Shore public libraries.

For registration information for the seminar and luncheon (fee: \$20), contact the Rush North Shore Referral Line, (708) 933-6000.

Polish Women's Civic Club celebrates 70th

On Sunday September 18, the Polish Women's Civic Club Inc. will celebrate its 70th anniversary with a Theater-Dinner Party at the Drury Lane Oakbrook, 2:30 p.m. performance of "A Most Happy Fellow" will be followed by a delicious dinner and program.

To supplement its continued scholarship endeavors, Shirley Dudzinski (312) 763-4069 is chairing an anniversary program book. The club's president is Camille Kopolicki and Alice Zurek is general chairman of the event. Tickets for this memorable day are \$50 and reservations are being taken by Joan Kosinski at (312) 582-7252.

Schools combine to enhance women's education

For the first time in the history of the Chicago Archdiocese, women's schools from the Chicago area and across the country will collaborate in support of women's education.

On Sept. 22, at Chicago's Resurrection High School, more than 700 educators will join together for a colloquium, "Revisiting Women's Education for the 21st Century." This day of professional presentations and resource sharing will bring together the best that women's schools have to offer in order to strengthen and enhance women's education in all schools.

Sponsored by Women's Schools Together (WST), a national coalition of nearly 200 Catholic women's high schools enrolling more than 70,000 young women, the colloquium will feature keynote speaker Judith Anderson Dorney, Ed.D. Dorney earned her doctorate in education from Harvard Graduate School of Education and has devoted much of her 25-year educational career to researching and hosting a variety of workshops on topics concerning women and education.

In addition, professional workshops presentations will be made by individuals from more than 25 area high schools, universities, corporations and non-profit organizations. The presentations will focus on a range of topics from women in leadership and interdisciplinary teaching to com-

puter technology and social justice. Sessions will have direct implications for school administrators, counselors, campus ministers, development personnel, teachers and others interested in the education of women in today's society. An exhibit room will also be featured with products and information on services and organizations that related to women's education.

The fee, which includes lunch, is \$25 for non-members and \$10 for WST members outside the Chicago area.

For reservations or more information on the conference please call Kathy Rzany at Resurrection High School, (312) 775-6616, ext. 38.

Second benefit dinner planned for WINGS

Business & Professional Women Northwest and Business & Professional Women of North Glen together with WINGS (Women in Need Growing Stronger) are planning a second annual benefit dinner on September 22, at The Seville in Streamwood.

This benefit is the second annual event with special guest personality, Kathy O'Malley of WGN Radio, to highlight the evening. Invest in your community and join us in this worthwhile effort. Plan to attend this very special event, "Come Be the Wind Beneath Our WINGS." Tickets are \$50, call Jane for reservations at (708) 437-0728.

WINGS is a local program for north/northwest suburban homeless women and their dependent children. It provides housing and the kind of essential, long-term support that allows its residents to regain confidence and independent status.

Currently, WINGS consists of two homes; one in Des Plaines, the other on Park Ridge, plus four Stage-II apartments in Des Plaines, Park Ridge and Palatine. Plans for the future include a third home and additional Stage-II apartments; but making them a reality will require additional funds.

Weight control and pregnancy

by Karen Collins, M.S., R.D. American Institute for Cancer Research

Does pregnancy cause weight problems? Recently, a study in the Journal of the American Medical Association said women who had been pregnant more than once gained weight at the same rate as never-pregnant women (about six to 12 pounds over the five year study). However, women who had a first pregnancy gained four to seven pounds more in those five years than did the other women. Many questions remain as to why.

Pregnancy does change the body's energy processing, promoting fat storage for use during pregnancy and breastfeeding. Large weight gains during pregnancy may signal some sort of medical problem, or may produce larger babies that can be more difficult to deliver. However, even when a large weight gain is not unsafe, it can still cause problems for women. For example, most of the weight women gain from eating large amounts of food in early pregnancy will go to fat stores, not to the baby. And those fat stores may be easier to gain than to lose.

Current weight gain recommendations during pregnancy are 25 to 35 pounds for those of average weight; underweight women are advised to gain from 28 to 40 pounds, while 15 to 25 pounds are suggested for those who are overweight.

Pregnancy itself does not necessarily cause extra weight gain, as seen in this study. A first baby brings about many changes in lifestyle which can also cause weight gain. Such changes can include staying at home where there is greater access to food, eating more fast foods because cooking is too difficult, or using food to relieve fatigue.

After pregnancy, good health strategies may help achieve and maintain a healthy weight. Try to create time periods for physical activity, rest, and nutritious meals. Establish balanced low-fat eating habits, like those advised by the American Institute for Cancer Research, and learn how to keep those habits even when time is tight. Also, remember that breastfeeding is not only best for your baby, but scientists also believe that it can help women burn off the fat stores acquired during pregnancy.

Women of all ages who see pregnancy as a turning point in their life history might look carefully at lifestyle changes that came with motherhood. Good eating and exercise habits can slowly bring you to a healthy weight (which is not necessarily all the way back to your pre-pregnancy weight) while providing a living example for your children of the importance of taking care of themselves.

For a free booklet about good nutrition during pregnancy, send a stamped (\$2 cents postage), self-addressed envelope to AICR, Dept. PW, Washington, DC 20069.

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Take time for yourself

"Renew Your Personal Self," a seminar and luncheon sponsored by Rush North Shore Medical Center and the Woman's Club of Wilmette, will be held Saturday, Sept. 24, from 9 a.m. to noon at the Woman's Club of Wilmette, 930 Greenleaf Ave., Wilmette. Cost for the seminar and buffet luncheon will be \$20.

Most women are busy taking care of their families and using their skills in the workplace or in community activities. Now take time for yourself. Come and learn how to cope with the stresses of life, enhance your self-esteem, and communicate more effectively with your children at any age. Survive being in the "sandwich" generation, deal with aging parents, and learn how to determine the best diet for yourself at any age.

The panel of speakers will include Pam Kohlbeck, R.N., Dale S. Gody, Ph.D., Marilyn Feder, D.O., and Andrea Huijgens-Pack, R.D.

For more information and to request a registration form call the Rush North Shore Referral Line at (708) 933-6000.

Speaker to address women's organization

Gera-Lind Kolarik, author of "Freed To Kill" and "I Am Cain," will be the guest speaker at the Sept. 27 meeting of the North Glen Business and Professional Women's Organization. The group will meet at Allgauer's Holiday Inn Crowne Plaza, 2855 N. Milwaukee Ave., in Northbrook. The evening will begin with networking at 6 p.m., followed by dinner and the program. Kolarik's topic will be "Be All You Can Be - How to Live Your Dream."

Strategic planning not just for big business

The North Suburban Network of Women Entrepreneurs is extending an invitation to women business owners to attend a two-hour workshop which will provide them with an overview of strategic planning and an opportunity to initiate the process of developing a plan for their businesses. Guests are encouraged to bring a list of their firm's strengths, weaknesses, opportunities, and threats which will be used in the workshop.

Getting ready for pregnancy

It's never too early for mothers-to-be to get in shape and increase their chances for an uncomplicated pregnancy. A mother's health, not only during, but also before pregnancy, significantly affects the well-being of her baby.

To help future mothers prepare for a healthy, uncomplicated pregnancy with nutrition and exercise, the Evanston and Glenbrook Hospitals are sponsoring a seminar, "Getting Fit For Pregnancy," on Wednesday, Sept. 28, at 7 p.m. in the Frank Auditorium of the Evanston Hospital, 2650 Ridge Ave., Evanston.

Cathy Signorelli, R.D. outpatient dietitian, and Deborah Sanderson, P.T., A.C.C.E., physical therapist and certified lamaze Childbirth Educator, will discuss how a prospective mother can improve her nutritional status and physical condition to maximize her chances for a healthy pregnancy. Each seminar participant will receive a free gift to help with the planning for a healthy baby.

Because space is limited, those interested in the free seminar are encouraged to register early. For more information or to register, call (312) 570-5020.

Women's News

'Revisiting Women's Education for the 21st Century

For the first time in the history of the Chicago Archdiocese, women's high schools from the Chicagoland area and across the country will collaborate in support of women's education. On September 22, at Chicago's Resurrection High School, representatives from Regina Dominican will join with more than 700 other educators for a colloquium, "Revisiting Women's Education for the 21st Century." This day of professional presentations and resource sharing will bring together the best that individual women's schools have to offer in order to strengthen and enhance women's education in all schools.

Sponsored by Women's Schools Together (WST), a national coalition of nearly 200 Catholic women's high schools enrolling over 70,000 young women, the colloquium will feature keynote speaker Judith Anderson Dorney, Ed.D. Dorney earned her doctorate in education from Harvard Graduate School of Education, and has devoted much of her 25-year career to research and training on topics concerning the education of women.

In addition, professional workshops presentations will be made by individuals from more than 35 area high schools, universities, corporations and non-profit organizations. The presentations will focus on a range of topics from women in leadership and interdisciplinary teaching to computer technology and social justice.

Presentations will be made by Mary Rapp an alumna of Regina's Class of 1965, and also Regina faculty members Dr. Kathleen Burke and Suzanne Wallace. Burke, Wallace and Rapp will discuss which literature fosters the moral and ethical development of young women living in the 21st century, suggestions of literature, and will also share ideas with others concerning the gender balance of literature offered.

Recently, Regina students were given a survey on which female characters influence them or what values are exhibited by a female character in a short story, novel, or epic. The results of the survey will be discussed during the presentation.

Women's group offering scholarship

The Skokie Valley Business and Professional Women's Club, which is affiliated with the Illinois Federation of Business & Professional Women's Clubs and the National Federation of Business & Professional Women's Clubs, is pleased to offer a \$500 scholarship to a working woman going to college.

Applications will be accepted by Peace Green, evenings at (708) 675-3065. The scholarship will be awarded during National Business Women's Week, Oct 17-23.

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Oakton to host class in Lincolnwood

Beginning this fall, the Older Adults Program of Oakton Community College will offer non-credit classes in partnership with a location in the Lincolnwood area.

Those who have registered for Oakton or MONNACEP classes within the last five years and have their correct social security number on file, may register (using the codes listed next to the course title below) by the Touch-Tone telephone system at (708) 635-1616.

Led by Allen Schwartz, former

Oakton adjunct professor, and longtime leader of the Great Books discussions, Skokie Library, Contemporary Literature (HUM E29 61, Touch-Tone code 0322) explores the stimulating ideas of great novelists and playwrights of our time through discussion and critical interpretation. The class meets for eight (alternating) Tuesdays beginning Sept. 20 from 1 to 3 p.m. at Liberty Bank, 6666 N. Lincoln Ave.

All Oakton classes are open to the public. Students over the age of 60 who reside in-district receive a half-price discount on all MONNACEP classes.

For a brochure listing all of the programs, seminars and tours available for the older adult, including registration information, call (708) 635-1414.

Local resident awarded scholarship

Wayne Baety of Des Plaines, is one of 24 high school graduates to receive a 1994 Illinois Department of Children and Family Services scholarship.

"These scholarships provide the means to help young people reach their career goals," said DCFCS Director Jess McDonald. "Each recipient has undergone a rigorous selection process, and we are delighted to help them achieve the success they deserve."

Baety is a graduate of John Hersey High School where he was a member of Students Against Drunk Driving, Service Over Self, the Young Scholars Project and the Track Team. Baety will attend Loyola University, where he will major in computer science.

The scholarships enable high school graduates under DCFCS care to attend any state-maintained college or university of their choice. Winners are selected on the basis of scholastic aptitude, academic rank, citizenship, personal character and high school and community activities.

The four-year scholarships entitle recipients to continued financial support by the Department as long as they maintain an acceptable scholastic record and a full schedule. This includes a \$250 monthly stipend, as well as tuition payments and the waiver of registration fees.

The DCFCS scholarship program, which began in 1964 with the awarding of four scholarships, has served 442 students since its inception.

Local August graduates

The names of 1,060 August graduates have been announced by the University of Illinois at Urbana-Champaign.

Among the local recipients of the 468 undergraduate degrees and 592 graduate degrees are:

Des Plaines - Steven J. Knogil, Glenview - Jerilyn Higgins, Abraham Philip, Bradley H. Cornis, Rhonda L. Fischman, Richard E. Sexner.
Niles - Vincent Galloro, Park Ridge - Julie Ann Lomax, John Michael Roche, Mark A. Schaezlein, Daniel T.M. Chan, Skokie - Dominique Duperval, Goldstone, Rhea D. Laguna, Nasir Imtiaz, Chin Park

Computer seminars offered at OCC

The Institute for Business and Professional Development at Oakton Community College in Des Plaines is offering seminars in microcomputers, materials and manufacturing management and supervision and management development during its fall term.

Introduction to Windows Software provides an overview of four of the most popular software packages in the windows environment. Participants receive a sampling of the Microsoft Office suite of software programs to construct an Excel 5.0 spreadsheet, a slide show in PowerPoint 4.0, a document in Microsoft Word 6.0 and a database in Access 2.0.

Linking and pasting techniques will be used to combine all of these. The seminar meets on Monday and Tuesday, Sept. 19 and 20 from 9 a.m. to 5 p.m. The fee is \$335.

Quality Auditing Fundamentals presents the fundamental concepts of a Quality Auditing Program. Audit program standards, auditor qualifications, quality program standards and components, and how to plan and

conduct an audit are covered. The seminar meets on Tuesday and Wednesday, Sept. 20 and 21 from 8:30 a.m. to 5 p.m. The fee is \$335.

Teambuilding and Empowerment is designed to show managers how to elevate their skills to become effective leaders and to release the synergistic power of teams. The seminar meets on Tuesday and Wednesday, Sept. 20 and 21 from 8:30 a.m. to 5 p.m. The fee is \$335.

Quality Engineering Certification Review Course is a ten week course which provides an intense/structured review of the ASQC Quality Engineering "Body of Knowledge" which is essential in preparing for the ASQC Certified Quality Engineering Exam. Attendees learn through lecture, instructor examples and in-class problem solving. The seminar begins Tuesday, Sept. 20 and 21 from 8:30 a.m. to 5 p.m. The fee is \$250.

For more information, contact seminar registration at (708) 635-1932.

MONNACEP offers special evening registration

Evening registration for fall classes offered through MONNACEP, Oakton Community College's Adult Continuing Education Program, is offered at the Des Plaines Campus, 1600 E. Golf Rd., and Ray Harstein Campus, 7701 N. Lincoln Ave., Skokie.

Those who are interested in taking MONNACEP classes can register from 8:30 a.m. to 7 p.m. Thursday, Sept. 15 at the Ray Harstein Campus. Registration is also available at both campuses on Saturday, Sept. 17 and 24 from 9 a.m. to noon.

Students who have registered for Oakton or MONNACEP classes within the last five years and have a correct social security number on file may register using the Touch-Tone system by calling (708) 635-1616.

For more information about fall classes, call the MONNACEP office at (708) 982-9888.

Real Estate classes being offered

The Real Estate Institute will offer accredited continuing education classes for Illinois real estate licenses. The classes are open to all state real estate licensees and other interested persons.

Classes being offered are: "Fair Housing" (3-hour mandatory), Monday, Sept. 19, 7 to 10 p.m., "Laws of Agency" (3-hour mandatory), Wednesday, Sept. 21, 7 to 10 p.m., "Foreclosure Law" (3-hour elective), Monday

Sept. 26, 7 to 10 p.m., and "Residential Construction" (3-hour elective), Wednesday, Sept. 28, 7 to 10 p.m.

Classes will be held at the school, 4433 W. Touhy, Lincolnwood. Tuition is \$35 for each of four classes for \$75. Enrollment is limited. For those unable to attend, the school also offers convenient self-study. To register, call (708) 329-1700.

Niles North cheerleaders show T.E.A.M. spirit

The Niles North Varsity cheerleaders recently returned from a National Cheerleaders Association (NCA) summer camp workshop where they received the NCA "T.E.A.M." award (Together Everyone Achieves Miracles).

The workshop was held at Eastern Illinois University in Charleston, IL, and attracted over 200 cheerleaders from Illinois and surrounding states.

The cheerleaders were selected for this award on the basis of their unity, friendliness, cooperation, leadership, sportsmanship and their ability to truly work as a T.E.A.M. The presentation of the award came at the completion of a full workshop of training on cheerleading technique, cheers, chants, jumps, partner stunts and pyramids, as well as a leadership program for sportsmanship, crowd participation, responsibility,

organization and dedication. The Niles North squad also won a spirit stick each night of the workshop. This prize was given to those teams that best exhibited enthusiasm and team spirit during each day of the program.

The members of the Niles North cheerleading squad are Marilyn Antonio of Morton Grove, Jean Cagan of Morton Grove, Julie Kim of Skokie, Sally Oh of Skokie, Shayna Oshita of Skokie, Cindy Marks of Niles, Vicky Marks of Niles, Carly Homer of Skokie, Leonard Goldenstein of Skokie, Randi Stein of Skokie, Natalie Rojas of Morton Grove, Courtney Marik of Skokie, Liz John of Morton Grove, Julie Rom of Skokie, Josie Mallari of Skokie, Geoff Turner of Skokie and Andy Lyon of Morton Grove.

Fall College Night



Maine East will host District 207's Fall College Night Wednesday, Sept. 21, from 7 to 9 p.m. Maine East seniors (front, l-r) Alice Lee of Morton Grove, Neela Ghoshal of Des Plaines, Maine East career counselor Verne Farrell, and Riva Khoshaba as well as (back, l-r) Pete Gayness of Des Plaines, John Hong of Des Plaines, Don Baron of Morton Grove and Melissa Walters of Park Ridge have each made plans to attend. Students from all three Maine High Schools and their parents can talk with representatives from more than 200 colleges and universities from the country. Two financial aids meetings will also be held at 7:20 and 8:20 p.m.

District 207's "Fall College Night" for students from all three Maine high schools will be held at Maine East on Wednesday, Sept. 21, from 7 to 9 p.m. Students and their parents are invited to meet with representatives from more than 200 colleges and universities from all over the country.

Seniors can finalize their college plans and underclassmen can obtain information and meet representatives from many colleges.

Degrees awarded to local residents

Local residents were among the graduates recently awarded degrees at Northeastern Illinois University's (NEIU) commencement ceremonies at the University's Physical Education Complex.

Northeastern's President Gordon H. Lamb delivered the commencement address and Wilma J. Sutton, Chairperson of the Board of Governors (BGU), and Luz Maria B. Solis, BGU member, offered greetings from the board to the graduates and their families.

The graduating students include:

Niles - Ben Daniel II Lazer, Caryl M. Para, Lisa Marie Peszek, Morton Grove - Mark J. Andberg, Grace Chi-Yun Chou, Natalie Gail Kaufman, Adila Khan, Phyllis S. Seltzer, Louise Woodier, Skokie - Margarita F. Garcia,

Leah Isaacs, Joi Karnow, Ellen Levin, Gail I. Lowenthal, Gustavo Orozga, James D. Serrano, Roslyn Sugar, Ann C. Tarjan, Adela Tudor, Eric Watson, Evangelina Zafiris

Park Ridge - Kristen Lynn Anderson, Claranne K. English, No-reen Gayford, Nancy J. Graham, Alice D. Young

Des Plaines - Robert Dougherty, Annette Hays, Carolina Holtz, Janet R. Howe, Joanne Luckritz, Abner D. Vega, Betty-Jo White

Lincolnwood - Arthur Lovering, Luis Miguel Martinez, Sheila Marie Ozteklin, Glenview - Katie Albrecht, Jung Mi Cha, Anita Descou-rauz, Robin Glassman, Pamela M. Kitis, Cynthia J. Levy, Margo R. Milde, Mamma H. Patel, Marilyn Ruth Sweeney, Luke I. Yoon.

Notre Dame appoints administrators

As Notre Dame High School for Boys begins its new year, it is pleased to announce the appointment of three teachers to administrative positions within the school.

Michael Hennessey has been appointed Assistant Principal for Student Life. Hennessey is beginning his eighth year at Notre Dame. He has provided strong, positive leadership in the area of student life through his capacity as head football coach and will now continue to show leadership and direction in his new position.

Kurt Jennings has been appointed Director of the Br. Andre Scholars Program. Jennings is beginning his eighth year at Notre Dame. Over the past eight years, Jennings has been very involved in the development of the Br. An-

dre Program. Sr. Donna Bebensee, BVM, has been appointed chairperson of the Math Department. Bebensee begins her ninth year at Notre Dame. Notre Dame is very enthusiastic to have her leadership and expertise in directing the development of the math program.

Anthony L. Brush

Navy Lt. Anthony L. Brush, son of Wallace L. and Patricia M. Brush of Des Plaines, recently completed the Submarine Officers Advanced Course.

During the 22-week course, which is taught at Naval Submarine School, Groton, Conn., students prepare for increased responsibilities as department heads aboard Navy submarines.

Orientation Days at Loyola Academy

During Orientation Day (Sept. 1-2), Loyola sophomores, junior and seniors gathered by class in the new gymnasium for special Opening Assemblies to start the academy's first year of coeducation. School administrators, student council and class officers participated in the 25 minute programs which include welcome and introductions, readings, petitions and prayers for each class. Music for quiet reflection as provided by Christine Favia on flute and Marty Palicki of Niles on piano.

On Thursday, Sept. 1, Sophomore Class Council Officers participated in the prayer service: Presidents Kevin O'Donovan of Glenview and Megan Finn of Mt. Prospect led the opening prayers.

On Friday morning, Sept. 2, these Class Council Officers were part of the Opening Assembly for juniors: Opening Prayers - Presidents Mike West of Northbrook and Melissa LoSasso of Evanston; Petition Responses - Vice-presidents Marilyn McCarville and Matt Sallitto of Northbrook; Secretaries Deepa Cyriac of Des Plaines and Mike Furman of Glenview; Treasurers Kelly Murphy of Glenview and Vernon Magsino of Northbrook.

Friday afternoon the senior Class Council Officers participating in the Opening Assembly program included: opening prayers by President Dina Dragizkos of Glenview; Secretary Joy Johansen of Glenview.

Other all-school Student Council Officers for the 1994-95 year are: Secretary Mike Staff of Northbrook; Treasurer Pat Bradley of Northbrook.

District plans college night

Niles Township high school students will have an opportunity to investigate future educational possibilities when representatives from more than 300 colleges, universities, technical schools and the military gather at Niles West High School for the area's largest post high school planning night, "Directions 94" will begin at 7:30 p.m. Monday, Sept. 19 at Niles West, 5701 Oakton Street, Skokie.

Students and their parents will be able to discuss entrance requirements, special programs,

admission procedures and course offerings with representatives from a diverse array of colleges and technical schools.

All District junior and senior students and their parents are invited to participate, regardless of whether they attend a District 219 school. Representatives will be located in the school's gymnasium and in designated classrooms. A floor plan will be available at the door.

For information, call (708) 966-3800.

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Entertainment

D.P. woman to speak

Lori Mieling, Ph.D., O.M.A., noted writer/lecturer/teacher who was recently nominated as Woman of Achievement for 1994 by the National Association for Women in Careers, will address the Northshore and Chicago Chapters, Inc. of the Retired Officers Association.

This event will be held at Manzo's Banquets, 1571 S. Elmhurst Ave., Des Plaines, on Sunday, Sept. 18 at 3 p.m.

Long-time Des Plaines resident and author of the book, "Krackjack, Cotton Candy and Sesame Seeds," Mieling is currently teaching "Writing Family Folklore" for the Oakton College Outreach Program. She has appeared on numerous television and radio shows and



Lori Mieling is busily writing her second book, *Smile For Me*.

Mieling received an honorary doctorate in Education (Ed.D.) from the University of California for her numerous national writing campaigns for the "Say, No! to Drugs Program". Additionally, she was knighted as Dame Lori in 1991 by the American Federation of Police for her impressive national writing campaigns against child abuse.

For additional information, please call Joseph Dellasega, (708) 705-7958.

Daily Dinner Specials

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- Broiled Italian Sausage w/ Mosaicelli \$9.95
 - Chicken Cordon-Bleu \$10.95
 - Filet of Sole w/ Shrimp Sauce \$11.95
 - Sliced Sirloin of Beef \$12.95
 - T Bone \$13.95

Includes: Lazy Susan, Salad, Potatoes, Vegetable, Beverage, Dessert. (Special offers, moderately priced, by reservation. Charge valid through 10:00 p.m.)

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Chicago star comes home

Enthusiasm has been building since veteran stage actor and TV star Michael Gross signed on to star in Northlight Theatre's Midwest premiere of A.R. Gurney's new romantic comedy *Later Life*. Now, Northlight has announced that Kristine Thatcher, one of Chicago's most acclaimed actresses, has been cast opposite Gross in the female lead.

This pairing, coupled with an unrivaled supporting cast and a top-notch team of behind-the-scenes designers, will provide an exciting kick-off for Northlight's historic twentieth anniversary season.

Northlight has embraced its 1994-95 season as a "movable feast" of Chicago-area theaters following the loss of performance spaces at National-Louis University and the Coronet Theatre earlier this Spring. The entire five-week run of *Later Life*, a Northlight Theatre production, will be presented at the Organic Theater Mainstage, in the heart of Chicago's North Side entertainment district at 3319 N. Clark St. *Later Life* begins previews on September 21. Regular performances will be presented through October 23.

New chorus director leads symphony season

Duain Wolfe, only the second director in the Chicago Symphony Chorus's 36-year history, begins his tenure at Orchestra Hall with the opening subscription performances of the Chicago Symphony Orchestra on September 17, 18 and 19, preparing Bruckner's Psalm 150 and Beethoven's Choral Fantasy. The Chorus's founder, Margaret Hillis, will be honored at the September 17 concert.

Wolfe founded the Central City (Colorado) Opera Festival Chorus, the Colorado Children's Chorus and the Colorado Symphony Chorus. He holds bachelor's and master's degrees in vocal performance, piano performance and musicology, and has received the Governor's Award for Excellence in the Arts, as well as the Denver Mayor's Award for Excellence in an Artistic Discipline and the Bontfili-Stanton Foundation Award in the Arts and Humanities.

In addition to the opening subscription concerts, the Chorus will be featured in four Chicago Symphony programs during

Chicago native Michael Gross, best known as Steven Keaton in the long-running TV series *Family Ties*, will star in this recent Off-Broadway hit. He will play a middle-aged man who meets a woman (Kristine Thatcher) by chance at a party, decades after they shared a single afternoon on the island of Capri - Linda Kimbrough and Greg Vinkler form a supporting cast of two, but they will bring new meaning to the term "versatile" when they play not only the hosts of the party, but several other guests as well.

Later Life, a Northlight Theatre production, will be presented on the Organic Theater Mainstage at 3319 N. Clark St. Previews of *Later Life* begin Wednesday, Sept. 21, and end Wednesday, Sept. 27. Preview show times are 8 p.m. on Tuesday through Saturday, 3 and 7 p.m. on Sunday. Press opening night is Wednesday, Sept. 28; 7 p.m. curtain. Regular performances begin September 29 and run through October 23. Show times are 8 p.m., Tuesday through Friday, 5 and 8:30 p.m. on Saturday, and 3 and 7 p.m. on Sunday. There will be a matinee performance at 1 p.m.,

Wednesday, Oct. 5. Ticket prices are \$15 to \$20 for previews, and \$20 to \$29 for regular performances. There are no performances on Mondays or on Tuesday, Oct. 4. Post-performance discussions will be held after the first and last previews (September 21 and 27), after the 1 p.m. matinee on Wednesday, Oct. 5, and after the 8 p.m. performances on Thursday, Oct. 13; Tuesday, Oct. 18; and Thursday, Oct. 20.

For tickets, call the Northlight box office at (708) 969-7278. Special rates are offered to seniors, students and groups. Street and discounted parking are available. The Organic Theater Mainstage is wheelchair-accessible, and it is near all forms of public transportation.

Trip to benefit Leukemia research

The Croft-Kolodny Chapter of the Leukemia Research Foundation will host the *Everybody's Talking* Branson Trip Sunday through Thursday, September 25-29 to Branson, Missouri.

Highlights of the trip include a visit to Silver Dollar City theme park and live performances by Glenn Campbell, John Davidson, Andy Williams, Charley Pride and Bobby Vinton.

Cost of the trip is \$598 per person (double occupancy) and includes round trip transportation via deluxe motorcoach. Lodgers will stay three nights at the Hampton Inn-Branson and one night at the Holiday Inn-Lake of the Ozarks. The package also includes eight meals (four breakfasts and four dinners). All proceeds go to the Leukemia Research Foundation.

For more information and reservations call Lillian Lipschultz at Planned Travel, (708) 679-1900.

Lecturer discusses how to make dreams a reality

Bob Grahn, B.A., language and education psychotherapist/hypnotherapist, discusses how to make dreams become a reality, as part of the free Passages Lecture Series held on Tuesday, Sept. 20 from 1 to 2:30 p.m. in Room 112 at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Grahn works from Thoreau's premise that, "if you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them." In this lecture, participants learn how to make their dreams work. For more information, call (708) 635-1414.

Annual holiday arts and crafts fair set

New Horizon Center for the Developmentally Disabled will be holding its Annual Holiday Arts and Crafts Fair on Saturday, Oct. 15 at Niles College at 7135 N. Harlem Ave. Crafters are being sought with original handcrafted items for the entire family. For an application and additional information concerning the Holiday Arts and Crafts Fair, call Sophie Klim at (312) 769-0658.

Fall movies at Niles Public Library

For your viewing pleasure this fall, the Niles Public Library District has scheduled a series of movies to be shown Mondays, September through November. The series will feature nine popular movies:

- Philadelphia, Shadowlands, Joy Luck Club, Mrs. Doubtfire, Wrestling Ernest Hemingway, Remains of the Day, Grumpy Old Men, In the Name of The Father, and For Love or Money.
- The movie schedule is as follows: Monday, Sept. 19, Philadelphia (PG-13 125 min.) at 2 p.m.; Monday, Sept. 26, Shadowlands (PG 133 min.) at 2 p.m.; Monday, Oct. 3, Joy Luck Club (R 139 min.) at 2 p.m.; Monday, Oct. 10, Mrs. Doubtfire (PG-13 125 min.) at 2 and 6:30 p.m.; Monday, Oct. 17, Wrestling Ernest Hemingway (PG-13 123 min.) at 2 p.m.; Monday, Nov. 14, Grumpy Old Men (PG-13 104 min.) at 2 and 6:30 p.m.; Monday, Nov. 21, In the Name of The Father (R 133 min.) at 2 and 6:30 p.m.; and Monday, Nov. 28, For Love or Money (PG

96 min.) at 2 p.m. Note that due to heavy demand from our patrons, apart from the regular 2 p.m. showing, we are showing three movies this Fall in the evening at 6:30 p.m. also.

Tickets are available 1/2 hour before showtime at the door (limit one ticket to one person in line). Seating is limited to 75 persons. Under 18 must be accompanied by a parent or guardian to be admitted to the movies. Rated 'R'. ID will be required.

Due to the limited number of parking spaces at the library, it is suggested that you arrive early and if possible share a ride with a friend or take the Niles Free Bus. All movies are shown free of charge in the library auditorium.

Due to unavoidable circumstances, we reserve the right to substitute the movie title. For mobility or communication access assistance, call 967-8554, voice and TDD.

Audition for Oakton Six Piano Ensemble

Auditions for Oakton Community College's nationally acclaimed Six Piano Ensemble will be held on Monday, Sept. 19 and Wednesday, Sept. 21 from 7 to 9 p.m. in Room 1355 at Oakton's Des Plaines campus, 1600 E. Golf Rd. The Six Piano Ensemble is the only musical touring group of its kind in the Midwest. The ensemble performs classical, jazz, ragtime and popular music arranged for six pianos by Glenn Sprague, the ensemble's conductor and professor of music.

The ensemble has achieved national acclaim by performing at the 1993 Music Teachers National Association (MTNA) National Convention at the Opera House in Spokane, Washington. After the group's stellar performance at the national convention, the ensemble has been invited to perform at the 1994 Illinois State Music Teachers Association (ISMTA) convention at Northwestern University. For further information, call ensemble director, Glenna Sprague at (708) 635-1905.

Friendship Concert series launches 15th season

Major country singer-songwriter Michael Johnson and guitarist Muriel Anderson will open the 15th Friendship Concert Hall season on Friday, Sept. 16, 8 p.m., Kolpin and Algonquin Rd., Des Plaines. Michael Johnson, whose records have topped both country and pop music charts, has performed in nearly every major concert and club venue in the country, including Poplar Creek in Hoffman Estates. His most familiar recording "Bluer than Blue" has continued to receive airplay on radio for many years. He was also the subject of an hour-long cable TV special on

TNT, The Nashville Network, focusing on his 20-year, 11 album career. Muriel Anderson's national reputation as one of the country's most versatile acoustic guitarists has been fueled by three highly acclaimed CDs. She has performed around the country with such notables as country guitarist Chet Atkins and classical guitarist Christopher Parkening. Tickets are \$11 in advance, \$13 at the door and may be purchased from the Mt. Prospect Park District. Call (708) 255-5380 for tickets and directions.

Garage Sale

The Chicago Northwest Suburban Chapter of the Vietnam Veterans of America, Chapter #311, will hold its Second Annual Garage Sale on Friday, Sept. 16, at 2882 S. Scott St., Des Plaines (located just north of Devon between River and Mannheim Roads). The sale will run from 9 a.m. to 6 p.m. each day through Monday, Sept. 19. Proceeds from the sale will go toward Chapter 311's service activities, including the distribution of necessary bags and other items to hospitalized veterans. For further information, directions, or if you wish to donate items and/or your time to the sale, call Verna Strickland at (708) 635-8431.

Art show slated in Park Ridge

A special invitation is extended to qualified area artists and craftspeople to be among the exhibitors in the third annual Art & Crafts Adventure II, to be presented by American Society of Artists, a national membership organization, on the grounds of The Park Ridge Public Library, 20 S. Prospect Ave., Park Ridge, Saturday, September 17.

Potential exhibitors in this juried show are invited to submit four slides or photographs of work representative of that which they wish to exhibit, one slide or photograph of their display setup, a self-addressed, stamped business-size (No. 10) envelope, a resume/show listing is also helpful.

Art in Action will be included in the show with some of the exhibitors working and demonstrating at various times during the show. Programs will be available free of charge listing the exhibitors, their media and showing their location in the show. Additional information may be obtained from American Society of Artists, P.O. Box 1326, Palatine, (312) 751-2500 or by calling (708) 991-4748.

Free boating course to be offered

Safety begins with knowledge. Learn how to operate a boat with skill and care in order to help prevent accidents and injury to yourself and others.

Power and sail boaters (and would-be boaters) are invited to participate in a free course offered by the Evanston Power Squadron, a nonprofit organization dedicated to boating safety and education. The course begins Wednesday, Sept. 21, at 7:30 p.m. The sessions, one each week for nine weeks, cover a broad range of safety, navigation, weather and boating handling topics, and are held at Northwestern University's Tech Building, Sheridan Road at Noyes Street, Evanston.

The classes will be taught by Dave Rodolius, a widely respected and capable boater, and are free of charge except for a nominal fee for instruction materials.

Plan to join this interesting and useful course for added knowledge, safety, and fun. For details call (708) 475-8871.

Entertainment

Mighty Wurlitzer to play at the Pickwick



Organist Mark Gifford is set to perform on the Mighty Wurlitzer at the Pickwick Theatre in Park Ridge Sept. 25.

The beautiful sounds of live theater pipe organ music will return to the northwest suburbs last remaining neighborhood movie palace, the Pickwick Theatre, on Sunday, Sept. 25, at 2:30 p.m.

The Mighty Wurlitzer Pipe Organ will rise from the orchestra pit in the capable hands of Mark Gifford, staff organist at the world famous Fox Theatre in St. Louis. While versatile with all kinds of musical styles, Gifford will be playing a program of old fashioned popular music from the 20's, 30's and 40's.

Also appearing with Gifford and the Mighty Wurlitzer will be "Echo Lane," a championship barbershop quartet, currently the Illinois SPEBSQSA District Champions. Among the top 20 barbershop quartets in the United States, Echo Lane will present a program of close harmony and beautiful melodies of popular American music.

Rounding out the program will be an old fashioned sing-a-long with beautiful antique glass slides providing the audience with the words to the music projected on the Theatre's movie screen. It's a chance to relive a tradition of community singing that was popular in the 1920's and 1930's in hundreds of theatres across America.

Tickets for the afternoon of musical enjoyment sponsored by the Chicagoland Theatre Organ Society are available from the hours of operation of the Theatre or by calling (312) 292-0037 for further information on ordering tickets by mail.

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- JONATHAN'S CHICKEN BREAST - Sauter Chicken Breast Topped with Mushroom-Wine Sauce, Served with Rice..... \$6.25
- CHICKEN DE JONGHE - Sauter Chicken Breast Over Fettuccine and Topped with De Jonghe Butter..... \$6.25
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Entertainment

Zoo Run Run for animals



Young athletes help support the animals of Brookfield Zoo during the ninth annual Zoo Run Run. A 1/2 mile Fun Run, which begins at 10 a.m. just west of Roosevelt Fountain, is for children under 10 years of age and young adults with disabilities. This race is limited to 800 participants. Registration is \$12 (\$15 after Saturday, Oct. 1). Runners in the 1/2 mile Fun Run can register before 9:30 a.m. in the northwest parking lot.

Whether you're swift like a hare or slow like a tortoise, you can participate in Brookfield Zoo's ninth annual Zoo Run Run, Sunday, Oct. 16.

Brookfield Zoo offers two 5K races open to runners of all ages—an 8 a.m. men's race and a 8:20 a.m. women's race. These TAC sanctioned 5K races begin in the zoo's northwest parking lot and continue along wooded paths and quiet streets near Brookfield Zoo. Advance registration is \$17 (\$22 after Saturday, Oct. 1). Entries must be received by Friday, Oct. 14. There is no race day registration for the 5K. These races are limited to 1,200 participants each.

The 1/2 mile Fun Run begins at 10 a.m. inside the zoo, just west of Roosevelt Fountain. This race is open to children under 10 years of age and young adults with physical disabilities. Registration is \$12 (\$15 after Saturday, Oct. 1). Runners in the 1/2 mile Fun Run can register before 9:30 a.m. in the northwest parking lot. This race is limited to 800 participants.

Proceeds from the races will contribute to the work of the Chicago Zoological Society in its conservation and education endeavors. It also will help fund improvements for the animals at Brookfield Zoo.

All entry fees are nonrefundable. No transfers, please. For



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Celebrate at Northbrook Theatre

We put the "Art" in Party at the Northbrook Theatre. Beautiful and convenient rooms are available to groups for birthday parties and other celebrations. Cost is \$25 for one hour before or after one of the fantastic theatrical offerings. Special ticket rates are offered to party groups of 15 or more.

Combine your party with live theatre for a birthday the kids will never forget: Sept. 17 - The Atomic Fireballs; Oct. 8 - Illinois Juggling Institute; Nov. 5 - Paint Box Theatre "Not So Scary Stories"; Nov. 12, 13, 19, 20, Kid-stage presents Sleeping Beauty; Dec. 3, 4, 10, 11, 17, 18 Northbrook Theatre Children's Co. presents Aladdin. Call for tickets or further details at (708) 291-2367.

Children's group selling Entertainment books

The West Side Mentally Retarded Children's Aid/Austin Special is selling Entertainment '95 Books for \$35 apiece beginning September 15. Please call (312) 282-9992 in order to place an order.

The group is selling five Chicago-area editions: North, Northwest, West, South and Northwest Indiana. Each book contains a fine dining section plus hundreds of two for one and 50 percent off dining coupons. There are also coupons included for lunch and brunch and many fast food restaurants.

The book also contains deep discounts for car washes, dry cleaning, cruises and movies as well as 50 percent off the price of hotel and motel rooms, theatre tickets and sporting events. Eve Adelman, Director of Development at WSMRCA/Austin Special, said that a portion of the proceeds from the sale of the Entertainment '95 Books will provide funds for programs that serve the developmentally disabled.

An arts & crafts adventure

Oil paintings, contemporary and southwestern floral designs, scratchboard art works, wall hangings and much more will fill the grounds of the Park Ridge Public Library, 20 S. Prospect, Park Ridge, during the third annual Arts & Crafts Adventure II to be presented by American Society of Artists, a national membership organization. The show, hosted by the Uptown Business Association, will be held Saturday, Sept. 17 from 9 a.m. to 5 p.m.

Art in Action will be included in the show with some of the exhibitors working and demonstrating at various times during the show. Each of the many exhibitors will be happy to discuss their work with you. Other displays will include hand-crafted jewelry in a variety of media, including sterling silver, antique button and ceramic; watercolor and acrylic paintings, hand-crafted wood toys, quilting, wood yard ornaments, fabric wreaths, unusual wood animal doorstops and much more. Programs will be available free of charge listing the exhibitors, their media and showing their location in the show.

Additional information may be obtained from American Society of Artists at (312) 751-2500 or by calling (708) 991-4748.



Steppenwolf set to open 19th season

Steppenwolf Theatre Company will present the American premiere of "A Clockwork Orange" by Anthony Burgess as the first play of the 19th season opening Sunday, Sept. 25 at 7 p.m. Steppenwolf co-founder Terry Kinney will direct the production featuring fellow ensemble members Robert Breuler, K. Todd Freeman and Martha LaVey.

"A Clockwork Orange" is the author's own stage adaptation of his 1962 novel about an urban society run amok. Director Terry Kinney creates this fantastic world where the young denizens of the nightwreak havoc on a city's peaceful inhabitants.

"This play speaks to the darkness and the beauty within us all," Kinney said. "It is storytelling at its finest, and we hope to present it with all of the pain, ritual, passion and humor with which it was written."

In mounting this production, music is one element being created to underscore and enhance the imagery and emotions of the play.

Combining a classical string quartet with percussion and synthesizers, music director William Willy Schwarz, is creating a unique soundscape ranging from tender to terrifying.

"Music will be crucial to this play, because it's so important to Alex, the main character," Schwarz said. "Just as we see the story as presented in Alex's words, we are going to hear the music as Alex hears it in his brain. The audience perception of the violence in 'A Clockwork Orange' will be tempered by the music used to present it."

The Third Coast String Quartet (of Chicago) performing on violins, viola and cello will be the

only legitimate musical instruments appearing on the stage throughout much of the action. But pitted against the quartet (and sometimes with them) will be carefully designed assemblage of unusual percussion instruments along with hidden synthesizers.

Previews begin Wednesday, Sept. 14 and continue through Saturday, Sept. 24. Preview performances are at 8 p.m. on Sept. 14-16 and 20-23; at 5 p.m. and 9 p.m. on Saturday, Sept. 17 and 24; and at 3 p.m. and 7 p.m. on Sunday, Sept. 18.

Regular performances begin Tuesday, Sept. 27. Regular run performances are: 8 p.m. Tuesday through Fridays; 5 and 9 p.m. on Saturday; 3 and 7 p.m. on Sundays. "A Clockwork Orange" opens on Sunday, Sept. 25 and is scheduled to close on Sunday, Oct. 30. A Wednesday matinee is scheduled for Oct. 26 at 2 p.m. There is no Sunday 7 p.m. performance on Oct. 30. There are no Monday performances.

For ticket information call the Steppenwolf Box Office at (312) 335-1650. All major credit cards are accepted. Ticket prices range from \$22.50 to \$32. Box office hours are Tuesday through Friday 11 a.m. to 8 p.m.; Saturday, 11 a.m. to 7 p.m. and 11 a.m. to 5 p.m. on days with no 7 p.m. performance.

Monday and non-performance days, 11 a.m. to 5 p.m. For group sales information contact Stephanie Hodde at (312) 335-1888.

Steppenwolf Theatre is near all forms of public transportation and is wheelchair accessible. Street and lot parking are available.

Big fun for little people at Children's Museum

When the big kids head back-to-school, the little ones can head to Chicago Children's Museum for Pre-school Month in September. Busy bodies 2-years-old and older will find a million things to get into throughout the Museum when Chicago Children's Museum offers a combination of tactile, visual, auditory and kinesthetic activities especially for little people.

Beginning Tuesday, Sept. 13, exhibits throughout the Museum will provide activities especially developed for pre-schoolers. Pre-schoolers and adults can explore the Museum during special Pre-school and Day Care Self Guided Tours (pre-registration required), every day from 10 to 11:30 a.m. or 11:30 a.m. to 1 p.m. Visitors can learn about a doctor's office and "drive" an ambulance in City Hospital, "travel" to Africa and make body adornments in Magic & Masquerades, and pick up conservation tips in The Stinking Truth About Garbage. Tots and grown-ups will also enjoy Touchy Business, an area in the Museum just for kids six and under. While in Touchy Business kids can stir up some fun in a mini-kitchen, crawl through tactile tunnels, have an imaginary tea party at the Three Bears House and climb aboard a fantasy vehicle.

There are also special pre-school activities for adults. On Saturday, Sept. 24, from 9-15

a.m. to noon, there will be a Breakfast and Buffet of Ideas (pre-registration required, \$5/member, \$9/non-member). Teachers, day care providers and parents can take part in hands-on sessions that explore the important role of play in children's development. Activities will focus on books and reading, creative arts, and nutrition in the classroom.

For adults interested in volunteering at the Museum, bring your toddler to a One-Plus-One Volunteer open house Friday, Sept. 16, 10 a.m., and learn how you and your pre-schooler can volunteer together all year long. And on Saturday, Sept. 17 at 11 a.m. get important nutrition information at CCM when Heather Hampton from the Illinois Pork Producers Association presents the Food Pyramid and gives out free and delicious snacks.

For more information and to register for special activities, call Beth Klipping at (312) 527-1000.

Park Board meeting scheduled

The Northbrook Park District Board will hold their September meeting on Wednesday evening, Sept. 28, 7 p.m., at the Leisure Center, 3323 Walters Ave. in Northbrook. The public is always welcome to attend.

Bereavement Center expands grief group services

Rainbow Hospice, Inc.'s Bereavement Center expands grief group services. Groups starting in September include the following:

The Adult Loss of Parent is an eight week group that uses discussion, music and experiential exercises to address this special loss. Sessions are held once a week from Sept. 21 to Nov. 9 from 7 to 8:30 p.m. Registration is required.

The Aids Loss Group is an eight week group open to adults who have experienced a loss through an Aids related death. This group is co-sponsored by the Aids Pastoral Care Network and meets one evening a week, beginning Thursday, Sept. 22 to Nov. 10 from 7 to 8:30 p.m. Registration is required.

The General Adult Grief Group is for any adult who has experienced a loss through death. This is an on-going group that meets the 1st and 3rd Wednesday of each month beginning September 7, 1994 from 7 to 8:30 p.m., open to adults wanting to come to any of these sessions.

The Children's Grief Support Group is an 8 week group for children (ages 7-12) who have lost any person through death. There is a concurrent session for parents/adults accompanying the children. This group begins Sept. 22 to Nov. 10 from 6:45 to 8 p.m. Registration is also required.

The Widowed Support Group is for recently bereaved widows and widowers. This group, co-sponsored by Lutheran General Hospital, meets from 7:30 to 9 p.m. on the second and fourth Tuesdays of each month.

The Next Step Group is provided by the Widowed Persons Service. Widowed Persons Service (WPS) is sponsored by Rainbow Hospice, Inc., Lutheran General Hospital, Ballard, A Health Care Residence and

Free mulch available for fall planting

The Forest Preserve District of Cook County has something to make gardeners' lives a bit easier during the fall planting season. It's free mulch. Cook County Board President Richard Phelan announced that the Forest Preserve District will give away mulch to Cook County residents on Saturday and Sunday, Sept. 17, 18, Sept. 24, 25, and Oct. 1, 2, from 9 a.m. to 3 p.m. at its Skokie Forestry Headquarters, 1140 Harms Rd., Glenview, and Northwest Forestry Headquarters, 640 Cosman Rd., Elk Grove Village.

People must bring their own containers and shovels for the mulch, which is available for residential use only. People are also responsible for loading the mulch into their containers and vehicles. Commercial vehicles will not be allowed to pick-up the mulch. For more information regarding the free mulch program, contact the District's Department of Forestry at (708) 771-1180.

Writers Group of Morton Grove

Writers Group, MG meets every third Tuesday at the Morton Grove Library, 6140 N. Lincoln Ave., in Morton Grove (just 2 blocks north of Lincoln and Austin).

The meeting starts at 6:30 p.m., but latecomers are welcome. Bring your work - poetry or prose - to be heard and discussed. Do not forget copies if you want a critique.

Call Norm at (708) 824-1728, for information.

Calling all crafters

The Holy Family Medical Center Auxiliary is now accepting applications for this year's Holiday Bazaar scheduled for Friday, Nov. 11, from 9 a.m. to 4 p.m.

Participation is open to crafters exhibiting original work. No commercial or mass produced items will be accepted. A fee of \$40 is requested from exhibitors for each 8-foot display table.

To reserve a table, contact the Auxiliary office at (708) 297-1800, ext. 1165.

Another expo scheduled

Booth space was filled so quickly for the April expo sponsored by the Greater O'Hare Association of Industry and Commerce (GOA), they have organized another in September to accommodate the many requests they have received. Spotlight on Business will be held Thursday, Sept. 22 from 4 to 8 p.m. at Avalon Banquets, 1905 E. Higgins Rd., Elk Grove Village.

Nearly 1,000 are expected to attend the event featuring over 100 exhibitors. The expo serves as an opportunity to establish or develop business contacts, discover the variety of businesses serving the greater O'Hare area, and to be-

come up-to-date on new products and services available to businesses. In addition, attendees can try their luck at unlocking a treasure chest loaded with prizes, and enter to win \$1,000 cash (winners must be present). Spotlight on Business attendees need only present their business card for admission. For more information, call (708) 350-2944.

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Police News

Cousin trashes relative's home

Police investigated a report of a family dispute around 4:30 p.m. Sept. 10 at a home in the 8300 block of New England.

When they arrived, they found that the residence had heavy criminal damage done to it. The owner of the home, a 29-year-old woman, had a bloody, broken nose, but refused medical attention.

Stereo units were smashed on the floor, walls had large holes in them, picture windows had been smashed and the front room and kitchen furniture had been destroyed.

Police spoke with the woman's live-in boyfriend who said that he had been drinking with the offender, a cousin who lives in Chicago, in the garage of the home

Speeder charged with DUI

A 43-year-old Des Plaines man was arrested around 10:30 p.m. Sept. 11 after being pulled over for traveling 51 m.p.h. in a 35 m.p.h. zone.

The man smelled of alcohol and failed field sobriety tests. The subject's blood alcohol content registered .14.

The subject was charged with a DUI, speeding and failure to wear a seat belt.

when the offender went into the home. The boyfriend said he heard smashing furniture and yelling and swearing inside.

After the offender wrecked the inside of the home, he went outside, smashed a car window on a white Z-28 Camaro and then started throwing rocks through the house windows. The offender then fled in a blue Buick with someone inside.

A 10-year-old boy was found living in the home and was taken into custody by police. The victim wished to sign criminal complaints for criminal damage. The woman, who is on a home monitoring device mandated by the Cook County Courts, said she wanted the juvenile returned to her as soon as possible.

Victim fears harassment

An unknown offender stole a storm door knob from a home in the 7200 block of Green Street between 8 a.m. Sept. 10 and 9 p.m. Sept. 11.

There were no pry marks or force used on the door. The victim, a 41-year-old Niles woman, feels that she is being harassed.

Vehicle damaged in dealership parking lot

An employee of a car dealership in the 9400 block of Milwaukee Ave. was doing inventory Sept. 3 when he discovered that damage had been done to two cars.

A '94 Ford Escort had its rear driver's side vent window shattered by a BB pellet. Damage was estimated at \$150.

An offender had also removed that tailgate from a '94 Ford Ranger Pick-Up. The cost to repair the damage exceeded \$1,400.

Burglary recorded on two tapes

The manager of an electronics store in the 7200 block of Dempster St. told police Sept. 9 that he was in the rear of the store the day before when an offender went behind the counter and stole two items.

Two surveillance tapes show the subject removing two scanner radios, valued at \$349.99 and \$299.99, from the store. The tapes were inventoried pending further investigation.

Drunk driver causes accident

Police investigated an accident at 3:45 a.m. Sept. 10.

A 19-year-old Niles male was traveling westbound on Oakton in the 7600 block when his car left the roadway, struck a curb and then came to rest on a private driveway.

When investigating, police found an '89 Honda with extensive damage to its front bumper and rear axle. The officer spoke with the offender, who said he had been drinking at a friend's house. The youth failed field sobriety tests and was taken into custody. The car was towed.

The youth was charged with a DUI, failure to reduce speed to avoid an accident and no insurance. The offender posted a \$200 cash bond along with his driver's license.

Drugs and alcohol lead to arrest

A 39-year-old Melrose Park man arrested for drunk driving was also charged with possession of cannabis Sept. 10.

A Niles police officer attempted to pull the offender over on Dempster Street around 11:38 p.m. Saturday after he was seen straddling the center and curb lanes.

Despite the officer's siren and emergency lights, the subject continued driving into Park Ridge at speeds ranging from 5 to 25 m.p.h.

The officer spoke over the P.A. and the offender finally pulled over. The offender was looking through a fanny pack searching for his driver's license when the officer spotted a plastic bag of a green, leafy substance in the pack.

The man failed field sobriety tests and was taken into custody. He was charged with a DUI and possession of cannabis. Bond was set at \$3,000 and a court date was scheduled for Oct. 14.

Ryan seeks new penalties for crossing violators

Pointing to a recent rash of railway deaths in the suburbs, Secretary of State George H. Ryan recently called for tough new penalties for anyone who drives around lowered railroad crossing gates.

In the news conferences laying out his traffic safety agenda for a second term, Ryan also pledged to examine a "go-slow" licensing approach for drivers ages 16 to 18.

"We are one of the nation's leading traffic safety states because we have tough laws and programs teaching Illinoisans that safe habits save lives," Ryan said.

"The time has now come to focus statewide attention on a location where far too many lives are lost each year - railroad crossings."

Ryan said he would press for a mandatory \$500 fine or 50 hours of community service for anyone who drives around crossing gates. He also said he would seek a license revocation for any commercial driver disobeying the law.

"These are people who not only jeopardize their own lives," Ryan said, "but put thousands at risk of injury or even death with train derailments."

The public perception is that most of the deaths occur at unmarked intersections, Ryan said. However, of the 272 collisions at public crossings last year, 187 - or more than two-thirds - hap-

pened at locations with active warning systems, including gates, bells and flashing lights. A total of 51 people were killed at public crossings last year, the highest death toll since 1990.

"We have to redouble our efforts to make people aware that if they go around any crossing gate, they are moving into the path of a speeding bullet," Ryan said. "Tragically, too many people in too big a hurry simply ignore the warnings and try to drive around them."

Additionally, Ryan proposed that Illinois consider adopting a provisional licensing system for drivers under age 18.

Already in use in 13 other states, provisional licensing often creates restrictions that are gradually lifted as young drivers demonstrate they are safe drivers and entitled to full privileges.

"This approach is saving lives in 13 other states, and it deserves our full attention here in Illinois," Ryan said.

Motorists can help reduce risks for children

Children age 5 through 14 make up only 15 percent of the population, but they are involved in nearly 30 percent of pedestrian accidents, according to the AAA-Chicago Motor Club. With school underway, alert motorists can help reduce the risks for children.

Q. What are the risks for children?

A. Increased exposure to traffic as they walk to and from school or bus stops.

Excitable and unpredictable behavior of students as the school year begins.

A lack of traffic experience in young children.

Q. Where do most child pedestrian accidents occur?

A. In residential neighborhoods, during daylight hours, and involve a driver who lives nearby.

Q. What are the most important things for motorists to remember when driving through school zones and residential areas?

A. Slow down and obey the 20 mph school zone speed limit.

Leave as wide a margin as possible between your vehicle and objects that might hide children, such as bushes, parked cars and stopped buses.

Scan the area from the ground up to improve your chances of spotting a child who may be preparing to dart into your path.

Use your headlights in the early morning hours.

Be extra alert for children at intersections.

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WPS recognizes volunteers

Volunteers from the Northwest Chicagoland Chapter of the Widowed Persons Services (WPS) were recognized July 9 at a Volunteer Recognition Luncheon held at Rainbow Hospice in Park Ridge. In addition to lunch, volunteers were presented with a certificate and plaque, and thanked for their specific gift to the organization.

"We wanted to show our appreciation for the hours of work our volunteers have spent in outreach to the newly widowed," said Barbe Creagh, director of psychosocial services for Rainbow Hospice Inc. and interim WPS Coordinator. "In addition to one-to-one outreach, WPS volunteers facilitate support groups, serve on committees and help with office work. Some volunteers are founding members, and have been instrumental in the creation of WPS and the establishment of its programs."

Currently seeking additional outreach volunteers, WPS is holding a training session September 24, 8:30 a.m. to 4 p.m. and October 1, 8:30 a.m. to 1 p.m. at Rainbow Hospice, located at 1550 N. Northwest Highway, Suite 220, Park Ridge. Outreach volunteers are a group of specially trained widowed persons who provide one-to-one outreach to the newly widowed in the community. Training sessions are held biannually and are open to people who have been widowed



Pictured are the Northwest Chicagoland Widowed Persons Service (WPS) volunteers who were in attendance at the Volunteer Recognition Luncheon held July 9 at Rainbow Hospice, Inc. From left to right: Paral Belluzzi, Elsie Fregean, Marilyn Baackelandt, Bereavement Counselor, Rainbow Hospice, Inc., Theresa Glasz, Barbe Creagh, Rainbow Hospice, Inc., Barbara Phillips, Maggie McNamara, Hal Thompson, Irene Jarog and Helen Share. Present, but not pictured: Maryann Vaszily, Reva Schneider and Lawrence Mandel; Piser Weinstein Menorah Chapel, and Advisory Committee Member.

one year or longer.

The Northwest Chicagoland WPS Chapter will turn three in November. Jointly sponsored by Rainbow Hospice Inc., Lutheran General Hospital, Ballard, a Healthcare Residence, and AARP, WPS was built on the platform that grieving individu-

als are best helped by others who have experienced and grown through similar grief. When the loss of a loved one occurs, the widowed person can suffer severe grief, depression and isolation. The Widowed Person's Service helps the newly widowed person cope with his/her loss, regain independence and reenter society.

For people widowed longer than one year, WPS offers a self help, educational discussion group called the Next Step Group. This group focuses on issues related to the life changes following a spouse's death and meets the fourth Tuesday of each month from 7:30 to 9 p.m. at the Rainbow Hospice offices. The discussion topic for the August 23 meeting is "Loneliness vs. On Being Alone."

WPS also holds other support groups, monthly get-togethers, and puts out a monthly newsletter. For information on WPS outreach training, the Next Step Group or other WPS activities, call (708) 699-3605.

Home health care

Home health care is one of the important services offered by The Center of Concern, 1580 N. Northwest Hwy, Park Ridge.

The best solution to a sudden illness or gradual disability is to maintain the patient's home and lifestyle. Home health care can do both. The Center of Concern screens qualified potential caregivers at no cost to those seeking employment or those needing long or short term care. The careseeker and caregiver then negotiate a mutually beneficial agreement.

The Center of Concern has years of experience matching those needing long or short term Home Health Care with experienced care givers. The Center has a roster of potential caregivers with a wide range of skills. Mary Maroney and Clare Guzik, interview caregivers, check references and arrange interviews with those seeking services.

Whether you are a caring person seeking employment, or whether you are the one needing long or short term assistance, talk to Mary Maroney or Clare Guzik at The Center of Concern, (708) 823-0453. See how Home health care can work for you.

Oakton's Emeritus Program offers strings workshop

Those who are interested in perfecting their performance in string orchestras, concertos or symphony orchestra auditions can participate in a Strings Workshop conducted by Milton Preves, retired principal violist of the Chicago Symphony Orchestra.

The workshop, offered through Oakton Community College's Emeritus program, will meet for 12 Wednesdays beginning Oct. 5 from 1 - 3 p.m. at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Preves is a conductor of many community orchestras and a member of the Chicago Symphony String Quartet.

For more information, call Bea Mattenson at (708) 272-2784.

All weather senior investment seminar

When it comes to investing, there are five important strategies that can be implemented to help protect investments to weather the ups and downs of a continually changing investment environment. Among these strategic plans are: invest for the long term, invest systematically, diversify, but quality, and use of professional advice.

Mr. Robert Shambora, Investment Representative from Edward D. Jones & Co., will host a seminar to address these strategies that will protect investments. The seminar will begin with lunch, served inside the tent in the courtyard at the Elmdale Apartment Homes, located at 920 Beau Drive in Des Plaines. The presentation by Shambora will follow, leaving time for questions and answers. To register, seniors are asked to call the Elmdale Office at 593-3145.

Oktoberfest

Oktoberfest party for senior citizens will take place at the Elmdale Apartment Homes, on Tuesday, Sept. 20. The festivities will begin at noon with a German style lunch, followed by musical entertainment. "Jimmy's Bavarians," an authentic lederhosen band, will be on stage to perform their repertoire of German music. The band has a real oomp pa-pa sound guaranteed to cause some serious foot stomping and hand clapping.

Elmdale is sponsoring the Oktoberfest as part of their Branches of Elmdale Senior Program. Elmdale is a real community for people of all ages, with special options for senior citizens, including activities and services and a senior director on staff.

Seniors are invited free of charge, however, they must call to register at (708) 593-3145. Elmdale is located at 920 Beau Drive, in Des Plaines - one block south of Dempster and one block east of Elmhurst Road.

Taste of Oakton Arms



More than 300 Oakton Arms Retirement Community residents, family and friends enjoyed Mexican, Chinese, German, French and Italian food at the recent "Taste of Oakton Arms." The crowd sampled from a wide variety of food including fresh fruit, eggrolls and fried rice, sauerkraut, hors d'oeuvre, and eclairs.

Learn to line dance

Oakton Community College's Emeritus Program is offering a variety of non-credit seminars to provide knowledge and fun for all.

The following seminar meets for six Tuesdays beginning Sept. 22 from 11 a.m. to noon at Temple Beth-El, 3610 Dundee Rd., Northbrook.

Texas Line Dancing (Session 1) is a popular country and western class which allows those who

are interested in learning line dances to do so without a partner. Participants are invited to come on down and learn all the latest line dances! Electric Slide, Boot Scoot and Boogie and Achy Breaky are just a few of the line dances participants will learn.

Half-tuition discounts do not apply to the above seminars. For more information, call (708) 635-1414.

Program for senior singles

One + Options, Maine Township's group for widowed and other single adults ages 45 through 65, offers a wide variety of activities every month.

Programs include a Cuisine

Club, a Sunday Strollers group, weekend and long-distance trips, seminars and volunteer opportunities.

Membership in One + Options is free to adults who live in Maine

Township. For more information on coming events, or to join, call Sue Neuschel, Director of Adult & Senior Services, at 297-2510, ext. 240 or 241.

Where Do You Go From Here?

When an older loved one has a health crisis, your first concern is getting him or her well enough to leave the hospital. But when the hospital stay ends,



what comes next?

For many families, the answer is the new Lutheran General Health Center at the Moorings of Arlington Heights. Our affiliation with the Lutheran General HealthSystem means that residents receive the very best medical care. And, our friendly staff is dedicated to fulfilling residents' needs while protecting their health, dignity and self-respect.

For skilled nursing care, look in the direction of the Lutheran General Health Center at The Moorings. For more information, or to arrange a tour, just call (708) 956-4468.



Lutheran General Health Center

Located on the campus of The Moorings of Arlington Heights
811 E. Central Road Arlington Heights, IL 60005

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Maine Township Senior & Adult Programs

Supervisor: Mark Thompson

Clerk: Gary K. Warner
Assessor: Thomas E. Rueckert
Collector: Robert Provenzano
Highway Commissioner: Bill Fraser

Trustees: Regan D. Ebert
Earl Elliott
Jim Reilly
Carol A. Teschky

Maine Township offers a wide range of programs to serve the approximately 40,000 area residents over the age of 55:

- Maine Township Seniors - Social program for adults ages 65 and up. Activities include bingo, lunches and trips.
- Options 55 - Activities for pre-retirement adults ages 55 through 65.
- One + Options - Activities for widowed and other single adults ages 45 through 65.
- Senior Citizen Information and Assistance Service - Information on housing, medical services, social and mental health services, energy assistance and other services.
- Resource publications - "The Homebound Newsletter," "Moving On," (for widowed or divorced adults) and "The Handy Book" (guide to home service people).

FOR INFORMATION, CALL

297-2510

(FAX) 297-1335

(TDD) 297-1336

9 a.m. to 5 p.m.
Monday through Friday

Maine Township
Town Hall,
1700 Ballard Road
Park Ridge, IL 60068

September senior getaways

During September, seniors can enjoy two outstanding excursions thanks to the Northbrook Park District Senior Center. Spend Sept. 14 cruising down the Chicago River, through the locks, and on to the lake viewing the magnificent Chicago skyline. The Chicago Historical Society will guide us through the history of

Chicago along the way. We'll lunch at The Original A-1 at North Pier following the cruise. Celebrate Octoberfest with Night Club at noon at Zum Deutschen Eck on Wednesday, Sept. 28. The Alpiners will perform your favorite authentic Bavarian folk dances. A hearty German

lunch will be included. Transportation to and from these locations will be provided from the Park District Sports Center, 1720 Pfingsten Rd. If you are interested in sharing these enjoyable and unusual experiences with friends, call the Senior Center office, 291-2988.

Can 3,000 seniors be wrong?



That's the number of seniors we serve each month at BCI. How? With a full range of financial services that meet their special needs. Things like direct deposit of social security and pension checks, special promotions on savings accounts and certificates of deposit, minimum balance requirement checking accounts, retirement planning and more.

BCI's Seniors Club combines those financial advantages with social benefits as well. We sponsor and organize special trips, bingo games and other events. And, the coffee's always free.

Three thousand people can't be wrong, so BCI must be doing things right. Stop by or call today...find out what it is about BCI that is so satisfying to so many. When you do, you might want to become number 3,001!

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6100 North Northwest Highway
Chicago, Illinois 60631-2191
(312) 775-8000, Member FDIC



Harbor Village



Pat DiFiore and Erin Mulheran of Harbor Village Retirement Community visit with Mary Meigs, one of the young actresses in the heartwarming production of *Strangers in Good Company*. Harbor Village, at 3121 N. Sheridan Rd., Chicago, offers the highest quality and convenience in retirement living. One low monthly fee includes two waitress served meals and a continental breakfast, utilities, housekeeping, maintenance, daily activities, social programs and twenty four hour staffing. Now, ComfortCare Suites are available for residents who may need additional assistance. For information call (312) 404-9800.

Staying on top of your 'aging' insurance policy

Some things in our lives are plain and simply less interesting to deal with than others. For most of us, insurance tends to be one of those things. However, as people grow older, their insurance needs often change dramatically and that can cause a real problem if coverage hasn't been adjusted appropriately.

According to "Skip" Braband, owner of the Vincent "Skip" Braband Insurance Agency in Park Ridge, most people have the tendency to get insurance in place when they're young and then don't give it very much thought after that. Sadly, it's generally not until something unfortunate happens and people suddenly find out they're not adequately covered that they realize the need to make some changes. "Insurance needs change not only with lifestyles adjustments but also as people mature," explains Braband. "The most dramatic changes seem to happen around the age of 50. That's generally a very important time to review your coverage and make sure it still meets your needs so you don't become one of the many people who find out after a loss or accident occurs that they're not covered."

To help the "mature" market protect themselves against loss, Braband offers an educational booklet courtesy of Hanover Insurance Company entitled "50 Tips For Insurance Buyers Over 50." The following are a few of the many suggestions the piece offers for selecting homeowners, automobile or liability protection that gives you the best protection for the best price:

- Take an inventory of your significant personal property. Many people over the age of 50 have expensive furniture, electronic equipment, and many other valuable possessions but may not be fully aware of their combined value. So, look them over, write down information on them, photograph them and then store that complete inventory in a safety deposit box or other protected place.

- Have a professional ap-

praise your antiques, artwork and other valuables. Once these items are gone, it's very difficult to establish their true value if it hasn't already been determined and recorded.

- Get your money's worth by taking advantage of specialty services offered by insurance companies for "mature" people, such as consumer advisory boards and defensive driving courses.

- Review your insurance regularly to make sure it still matches your current needs.

- Ask your agent about ways you can get maximum coverage without paying higher prices.

- Check out your policy limits! When insuring your home, find out how much it would cost to completely rebuild your house. It's a good idea to insure your home for no less than the replacement cost.

- Consider insuring personal property at replacement cost. This extra coverage means your insurance company will pay you the cost to replace any item(s) you lose without figuring depreciation on them.

- If your home is part of a larger group of homes—such as a condominium or townhouse—find out where the association's responsibility ends and yours begins. You may find that you can eliminate some of your coverage and save money once you have this information.

- Avoid buying the often pushed and sometimes necessary insurance on a rental car. Many rental companies don't mention that the insurance you carry on your car may also cover rental cars used in the U.S. and Canada. Check with your agent on the extent of your current coverage before spending the extra money.

- Check out the insurance discounts you're entitled to as part of the growing "mature" market. To receive a copy of the "50 Tips For Insurance Buyers Over 50" booklet and learn all you need to know to stay on top of your insurance needs, contact: Greg Swanson of The Vincent "Skip" Braband Insurance Agency at (708) 824-7744.

And the Winners are...



Sue Neuschel (center), Director of Adult & Senior Services at Maine Township, congratulates Harriette Rolnicki (left) of Park Ridge and Ruth Edwards of Des Plaines for being bingo prize winners during the Maine Township Seniors' August luncheon at Banquets by Brigantes in Park Ridge. Several hundred Seniors attended the luncheon, one of two held in August.

More than 3,800 residents are part of the Maine Township Seniors. Most activities are limited to members, but there's no cost to join and new members always are welcome. Residents who wish to enroll must be at least 65 years old and live in Maine Township. For a membership application, or for more information about trips and other activities, call Neuschel at 297-2510, ext. 240 or 241.

Senior lifestyles fair to be held

Senior citizens can enjoy a day of entertainment and exhibits courtesy of businesses and service organizations catering to the special needs of the senior community at a "Senior Lifestyles Fair" from 9:30 a.m. to 3 p.m. on Friday, Sept. 16, at The Priory (Harlem & Division, Oak Park/River Forest).

Sponsored by The New World, the official newspaper of the Archdiocese of Chicago, the "Senior Lifestyles Fair" will feature entertainment and exhibits for senior citizens. Activities will include free entertainment, free refreshments, prizes and a grand prize raffle offering a special trip for two.

The entertainment schedule includes a string quartet, line dancing, clowns, the Original Starlites, and an accordionist. Exhibits will showcase a variety of products and services of interest to the senior community.

In addition, medical professionals will be at the site to offer seniors attending the Senior Lifestyles Fair free blood pressure testing, diabetes testing, eye care screenings, and ear canal examinations.

Admission is free. For additional information about the Senior Lifestyles Fair, please call (312) 243-4993.

Senior halloween bingo party scheduled

Join your friends at the Northbrook Park District Senior Center to celebrate Halloween in a festive manner. Following a special holiday bingo game, we'll serve Ghostly Goulash, Creepy Carrots, a Slimy Salad and Devilish Dessert for lunch.

Five dollars will admit you to this hauntingly exciting party scheduled for Friday, Oct. 21 at the Senior Center, 3323 Walters Ave. Hurry to register...reservations end on Oct. 2. For more information please call 291-2988.

Dushkin named Kelly manager in Skokie

Kelly Assisted Living, a subsidiary of Kelly Services, Inc., has named Carol Dushkin manager of the Skokie office. In her new position, Dushkin is responsible for overseeing the daily operations of the office and ensuring the highest level of customer satisfaction.

Prior to joining Kelly Assisted Living, Dushkin was associated director of housing for Lutheran Social Services of Illinois. She also served as the director of housing management services for the Council of Jewish Elderly in Chicago.

Dushkin received her bachelor's degree from Northeastern University with a major in Education and Psychology. She is a member of the Chicago Coalition for the Homeless and the Illinois Housing Retirement Association.

Kelly Assisted Living provides in-home companionship and care to individuals who need assistance with daily living activities. This includes people with short- and long-term disabilities, people affected by Alzheimer's disease, those recovering from surgery or serious illnesses and the terminally ill.

Through nearly 100 offices in 30 states, Kelly Assisted caregivers provide such services as shopping, light housekeeping, personal care and preparing and serving nutritious meals.

Elder abuse to be discussed

Senior Citizen Coordinator, Maureen O'Bryan from the State's Attorney's Office of Cook County, will be the guest speaker at Oakton Arms Retirement Community's lecture "Elder Abuse and Consumer Fraud" on Wednesday, Sept. 21, at 1:30 p.m., 1665 Oakton Place, Des Plaines.

For more information call (708) 927-4200.

Senior October getaways

Join your friends for two seasonal October Getaways, sponsored by the Northbrook Park District. On Oct. 12, we'll travel to Milwaukee, Wisconsin to tour the Pabst Mansion Brewery and

have lunch at Maders famous restaurant. On Oct. 26, we'll take you to Marriott's Lincolnshire Resort/Theater for a performance of the hilarious show, "La Cage Aux Folles."

Deluxe motor coach service will transport participants to and from our Northbrook Park District Sports Center, 1730 Pfingsten Rd. For reservations, call 291-2988.

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THE BREAKERS
at Golf Mill

Senior Lifestyle Management Corporation

Mabel & Al Celebrate 63 Years

Soon Mabel will be celebrating her 63rd wedding anniversary, at home, thanks to a successful rehabilitative therapy stay at Ballard.

A lifetime resident of Des Plaines, Mabel is 90 years young and still very active in her church and community. She has traveled the world and given slide presentations of her trips to audiences at Ballard and at other nursing homes and hospitals in the area.

Mabel is also a published author and, for 24 years, wrote a newspaper column for two local papers. Her most recent book, "She Loved People," tells the story of Mabel's deceased daughter, while at the same time chronicling a family history that spans five generations.

Transitions in Rehabilitation,SM Ballard's newly remodeled rehabilitation suite, helps people like Mabel to return to their communities. Components of the outside community have actually been reproduced in Transitions so that rehab clients have a chance to work with therapists in an environment similar to that which they'll face when returning home.

There's a model apartment, and the OUR TOWN Rehabilitation Center,SM which includes an actual automobile, a bank with an ATM machine, a market with realistically weighted produce, and a gazebo and park setting. The resemblance to a real community is striking. In fact, Mabel could hardly believe her eyes when she first saw it. "It even has a fireplug," pointed out Al, her husband. Mabel's response was, "We better make sure Freckles (Ballard's resident dog) doesn't go near it."

For more information on Transitions, or to obtain a copy of Mabel's book, "She Loved People," call or write Ballard, 9300 Ballard Rd., Des Plaines, IL 60016. (708) 294-2300.



These Days Who Can You Trust?

You need help with your housecleaning, home repair, shopping or even a personal matter...where can you find help? Introducing Independence Network, a network of services* you can trust. Independence Network is a program of Council for Jewish Elderly.



For more information:
312-262-5511

An affiliate of the Jewish Federation of Metropolitan Chicago, supported by the Belle R. and Joseph H. Braun Fund.

*Initially some services available in select areas

Social Security alone won't meet retirement needs

Will Social Security alone enable you to live comfortably during retirement? According to a recent U.S. Government report, the answer is an emphatic "no" for most retirees.

The report explains that social security was never intended to provide 100 percent of retirement income. Rather, it is designed to provide a base or "floor" for retirement income, to which income from private pensions, personal savings, and investments must be added.

Most retirement plan experts agree that you will need between 70 and 75 percent of your working income to maintain your current lifestyle during retirement. However, the percentage of your pay that is replaced by social security is likely to fall far short of the 70 to 75 percent replacement rate you will require.

Recent government statistics indicate that social security typically replaces only about 40 percent of pre-retirement income for the average American worker. The remainder will have to come from:

- employer-sponsored retirement plans, such as pensions, profit sharing, 401(k)s and employee stock ownership programs (ESOPs); and
- personal savings, including individual retirement accounts (IRAs) and personal investment accounts.

For about half of the American work force, much of the money that is needed to replace the 60 percent of pre-retirement income not typically covered by social security benefits at retirement will come from company-sponsored retirement plans. These include defined benefit plans and defined contribution plans.

Defined benefit plans promise a certain monthly benefit, based on a participant's salary and length of service. Payments come to the plan from contributions made by the employer, plus, in some cases, voluntary contributions made by the employee. Defined contribution plans promise a contribution by the employer or employee, which is then invested for the employee's benefit.

The 401(k) plan, also called a "salary reduction plan," is a special type of defined contribution plan. These plans allow workers to deduct a specified amount per calendar year from their paychecks, before income taxes, with the money going into a special account. As with other types of tax-deferred plans, the earnings on this account also grow tax free; taxes are paid as money is withdrawn after retirement. At some companies, employers match all or part of their employees' contributions to a 401(k) plan.

Given the changeable future of social security and funding limits on employer-sponsored retirement plans, personal savings (the retirement income component over which individuals have the most control) will become increasingly important, especially to baby boomers, as retirement draws closer. Developing an effective personal savings program today may likely be the key to achieving the post-retirement lifestyle that you presently have in mind.

The most important part of your retirement savings plan is likely to be an individual retirement account (IRA), which allows you to fund up to \$2,000 annually (\$2,500 for a combination of standard IRA and spousal IRA accounts), and provides the advantage of tax-deferred growth for your investments. Your funds

will continue to grow in the IRA on a tax-deferred basis until they are withdrawn from the account. This can represent a powerful advantage over taxable account accumulations, where earnings are usually taxed at ordinary income tax rates. Keep in mind, however, that withdrawal of IRA funds before age 59 1/2 may incur a tax penalty.

All Americans should ask themselves three important questions as they begin to structure a new retirement plan or review their current retirement plans:

• Will I be able to retire when I want to?

• Am I making adequate preparations for the retirement lifestyle I would like to enjoy?

• Have I positioned my investments appropriately to meet long-term objectives?

If you can't answer yes to these questions, it's time to take a closer look at how well your retirement plan is positioned to meet your objectives.

For a free brochure on financial planning or on specific investments, call Pierre Dunagan, Account Executive, Dean Witter Reynolds, Inc., Matteson, (708) 481-0523.

New family members night

Forest Villa Nursing Center, at 6840 W. Touhy Ave., Niles, has recently started holding meetings for family members that have placed a family member into the nursing center. These meetings usually last an hour and are directed towards orientating the resident and family to the residents new home.

The families are introduced to all of the different departments, such as social work, dietary, housekeeping, nursing, activities, rehabilitation, and are explained their functions. This is a time for the families and residents to ask about any concerns they may have. It is comforting to the families to have the opportunity to see the other new families and discuss related issues with them.

We feel this is the best way to show our compassion to those involved in the placement at Forest Villa Nursing Center because we do realize that this is a difficult time for everyone. We try to provide as much information or direction for the families so they do realize they are not alone.

Polish seniors meet

The Polish National Alliance Southwest Side Seniors will meet Tuesday, Sept. 27, at 10 a.m. at Mayfield Banquet Hall, 6072 S. Archer, Chicago.

The entire city of Chicago will be receiving reassessment notices this year. The reassessments will affect the 1994 property taxes that are paid in 1996. To insure that our seniors get a head start on the upcoming property tax appeal season Joel Monarch, Deputy Director of Revenue, and Mari Zurek, Taxpayers Advocate Office, will address the issues of how to appeal property taxes.

Another highlight to be discussed is the Mayor's anti-crime legislation which was introduced in Springfield.

All seniors 55 and over, PNA members or not, are invited. Refreshments will be served.

For additional information, call (312) 286-0500 ext. 309 or 316.

CJE offers link to service

"It's hard to find good help these days," is a common refrain heard in many households when people ponder the idea of having a housekeeper, repair person, or companion come into their home. As people grow older and wiser, finding people who can perform the job well and who they can trust is especially important.

Independence Network, a new membership program of Council for Jewish Elderly (CJE) for those age 60 or older, understands these concerns and can provide this important link to service. By making one phone call, members are connected to a person who can match them up with services that meet their personal needs and requirements.

"Think of us as a 'one-stop shopping' resource," said Mary Baim, director of Independence Network. "We offer convenient and personable access to services, and since many of our services are the same as CJE's, members are assured the best possible options and the most qualified people."

Independence Network's services and benefits are designed to help individuals maintain a healthy and active lifestyle, while allowing them to remain independent.

Services include housekeeping, home repairs, grocery shopping, health and long term care consultations, personal grooming, companionship, counseling and more. Services can be changed or terminated at any time and all information and records pertaining to service are confidential.

Independence Network also offers a variety of benefits, including free dining club membership, discounts at local stores, a quarterly membership newsletter, worldwide travel packages,

educational programs, free special events and others.

Membership is currently available to those living in the North side of Chicago, including Albany Park, Andersonville, Edgewater, Lakeview, Lincoln Park, Lincoln Square, Near North, North Center, Rogers Park, Uptown, and West Ridge, and the North rim suburbs of Evanston, Lincolnwood and Skokie. Eventually, membership will be available throughout the entire Chicago metropolitan area.

The annual membership fee is \$18. The cost of services is additional. Spouses automatically become members and gift memberships are available.

To join Independence Network, or to learn more, call (312) 262-5511.

St. John Lutheran presents 'Here's Hollywood'

Film buffs will have an opportunity to take a look at Hollywood stars from the beginning to today. St. Matthew Lutheran Home will be presenting "Here's Hollywood" on Tuesday, Sept. 20 and Tuesday, Sept. 27 from 3:30 to 9 p.m.

Mature students can reminisce and add information and stories regarding Hollywood legends such as Bette Davis, Joan Crawford and others.

Instructor will be Judy Langston, and the fee is \$24.

Call Linda Anderson at (708) 825-5531 at St. Matthew Lutheran Home, 1601 N. Western Ave. one block southwest of Lutheran General Hospital in Park Ridge for further directions and information.

Weinberg passes geriatric care boards

President of the medical staff at Rush North Shore Medical Center, Jeffrey Weinberg, M.D., who is certified by the American Board of Internal Medicine, is now also certified by the American Board of Gerontology.

Head of medical student teaching at Rush North Shore Medical Center, Steven Sholl, M.D., who is certified by the American Board of Internal Medicine, is now also certified by the American Board of Gerontology.

Lupus Support Group

You don't have to go through it alone. A support group for those who suffer from Lupus is just a phone call away. For more information about local chapters, call their toll-free number at (800) 2LUPUS2 or (312) 779-3181.

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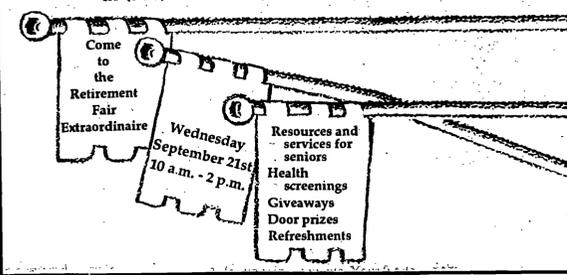
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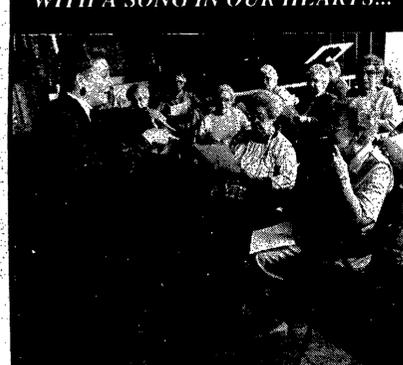
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708-825-5531

Older homeowners warned to beware of rip-offs

Older citizens are favorite targets of con artists who attempt to line their own pockets by pushing fraudulent home repair services, according to the Better Business Bureau.

As spring approaches, so does the con artist who preys on homeowners' concerns for the safety and upkeep of their homes. These thieves typically use scare tactics, such as a dire warning that the chimney is about to crumble, the furnace is about to explode or the driveway needs to be sealed.

"Older folks who live alone far from other relatives are especially vulnerable to slick-talking peddlers," said James E. Baumhart, President of the Better Business Bureau of Chicago and Northern Illinois, Inc. "The con artist befriends lonely consumers, preys on their fears of eminent danger and then pressures them into signing away large sums of money before they can check out the offer."

Most likely the house is not on the verge of collapse, or in need

of costly repairs, but scam artists would like the older consumer to believe otherwise.

Among sales tactics that fraudulent contractors may use is offering an unbelievable price for a repair job, because the company claims it has "leftover" materials from another job.

Another practice is to use old motor-oil as a driveway sealant, which looks good going on, but just creates a harmful mess. Or, a worker may offer to fix a "crumbling" chimney with his "extra" bricks.

"Legitimate contractors rarely order so much that they have enough materials to complete a second job," James Baumhart said.

If the worker is successful in conning the homeowner into hiring him to do the job and collects the money, he may make a great display of beginning work, then ask for more money to "buy more materials". He then fails to return to finish the job, leaving the homeowner with a torn-up house

and empty pockets.

"Last year the Bureau received 14,125 inquiries and 407 complaints on home improvement contractors. Nationwide that figure was 174,980 inquiries and 6,180 complaints," James Baumhart said. "We encourage consumers to check first with the Better Business Bureau, neighbors, friends or relatives, before making a costly home repair decision."

According to James Baumhart, consumers can protect themselves by taking the time to get estimates for the job, and not falling victim to high-pressure salespeople who charge higher than the going rate offered by reliable, established firms in the Chicago and Northern Illinois area.

Homeowners also should find out if the contractor is properly licensed, bonded or insured, and they should never pay for an entire home improvement project in advance. Most reputable companies require one-third of the total payment (or less) as a downpayment.

Homeowners should contact the Better Business Bureau for a reliability report on a local company. The Bureau also has a booklet available, "Tips on Home Improvements."

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Begin visits Council for Jewish Elderly



Israel Ruth Begin, (center) daughter-in-law of the late Prime Minister of Israel, fell right at home on her recent visit to Council for Jewish Elderly's (CJE's) Adult Day Care Center in Evanston. Mrs. Begin, wife of Knesset (Israel's Parliament) member Benny Begin, works closely with the elderly in Israel as a social worker with Israel's Department of Defense. The Adult Day Care Center was one of several CJE facilities she visited. While there, she chatted with Mary Spiegel, (right) a client of the Adult Day Care Center, and Hedy Ciocci, (left) supervisor of Adult Day Care.

The facility, located at 1015 W. Howard in Evanston, is the home of the award-winning Adult Day Care Traditional Program and the Helen and Norman Asher Alzheimer's Care Program. Both programs allow older adults to enjoy the benefits of organized weekday activities and care and return home to relatives, friends, and neighbors in the evening.

It's never too late to begin a fitness program

Talk about the graying of America.

Beginning in 1996, 4 million people will turn 50 each year. So, aging baby boomers, if you haven't developed the exercise habit yet, now is the time to get started.

Look at it this way: Exercise can help prevent heart disease and some of the other illnesses that come with advancing age. It improves cardiovascular health, lowers cholesterol, and can reduce or reverse the bone mineral loss that occurs with aging.

And because exercise builds muscular strength, it can help you maintain your independence longer.

If you're 50 or older, the American Council on Exercise (ACE) suggests consulting your doctor before starting an exercise program. Then, begin with a

low-intensity, short-duration program, like walking for five or 10 minutes every day.

Your goal, ACE says, should be a comprehensive program that includes a warm-up, aerobic activity, muscle toning and stretching exercises. Gauge the intensity of your program by monitoring both your heart rate and your perception of exertion.

In other words, your level should feel comfortable.

If you think you lack the motivation to follow through with your program, joining an exercise class can help. ACE suggests choosing a low-intensity class or one designed specifically for you. A personal trainer can also help you design a program and stay motivated.

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Guild helps disabled with area services

Finding a bank or hospital that meets your needs isn't always easy, but it can be even more challenging for disabled people. The best business around can't do them much good if the parking lot and front door aren't wheelchair-accessible.

That's why Maine Township's Disabled Services Department developed its "Access Guide for Disabled." The 115-page booklet provides important information on accessibility to professional buildings, restaurants, government offices and much more in and around Maine Township.

The "Access Guide" includes information on area banks, theaters, health clubs, shops, hospitals, hotels, restaurants and offices. Easy-to-read listings indicate wheelchair-accessibility to parking, doorways, restrooms, elevators, telephones and seating. Addresses and telephone numbers also are included, as are notes on any special features such as the availability of telecommunication devices for the deaf.

The booklet also lists addresses and telephone numbers for municipal buildings, emergency services, hospitals, schools, park districts, libraries, social service agencies and accessible places of worship.

The booklet is available for \$2 at the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge. It also may be mailed out for an additional \$1.25. For more information, call Donna Anderson, Director of the Disabled Services Department, or Barbara Winiacki at 297-2510, ext. 229, or at TDD number 297-1336.

Oakton offers trip to Washington, D.C.

This has been one of the most intense political years in recent memory, and all of the players, politicians, lobbyists and the media, are slugging it out on the important issues of health care, defense spending and the national debt. Through it all, participants in the Close Up Foundation's Program for Older Americans have front row seats for the national Debate. The trips are scheduled for Sept. 10 to 17, Sept. 17 to 14 or Oct. 1 to 8.

This year, hundreds of Older Americans will come to Washington to participate in the exciting Close Up program. They will become more informed of current events, exchange views with powerful political insiders and make their voices heard as Congress engages in some of the most serious challenges to face our nation in decades.

Participants will learn how they can affect public policy and how public policy will affect them. They will also explore Capitol Hill, visit a foreign embassy, take study tours to national monuments and museums and enjoy an evening at one of Washington's renowned theaters.

Close Up program options start at \$958 per person and include double occupancy hotel accommodations, meals, all program activities, educational excursions, a night of theater and more.

For more information and fees, call (708) 635-1812.

Seniors offered low-cost wills in P.R.

Eligible senior citizens are offered low-cost will preparation services through the Senior Citizens Will Program Wednesday, Oct. 5, at the Center of Concern in Park Ridge. Advance appointments are required and will be scheduled beginning at 9 a.m. that day.

An attorney from The Chicago Bar Association will provide free consultations about wills to seniors who register for the service. At a client's request, the attorney will also prepare a simple will for a reduced fee. The cost for drawing up a will is no more than \$50 for an individual (\$75 for a couple).

To be eligible for the Senior Citizens Will Program, a client must be age 60 or over. Annual income must not exceed \$15,000 (\$20,000 for a couple); and assets, excluding a home and personal car, should be worth no more than \$30,000.

Appointments for the Senior Citizens Will Program must be scheduled in advance. To register, call the Center of Concern at (708) 823-0453.

delaying procedures withheld or withdrawn.

Seniors may complete the Durable Power of Attorney and Living Will forms themselves, or they may hire the attorney to help fill them out and to explain the various options available on the forms. The fee for the attorney to provide legal advice about a Durable Power of Attorney is \$75 maximum for an individual (\$125 for a couple). The charge for a Living Will is no more than \$50 for an individual (\$75 for a couple).

Durable Power of Attorney and Living Will forms are available free of charge. A Durable Power of Attorney allows a senior to designate another person to make property or health care decisions in the event the senior becomes physically or mentally unable to do so. A Living Will allows an individual with a terminal health condition to express his or her desire to have death-

Nature classes available for seniors

Beginning this fall, the Older Adults Program of Oakton Community College will offer non-credit classes, Fall Nature Crafts, in partnership with the Evanston Ecology Center, 2024 McCormick Blvd.

Those who have registered for within the last five years and have their correct social security number on file, may register (using the codes listed next to the course titles) by the Touch-Tone telephone system at (708) 635-1616.

Fall Nature Crafts will bring out the harvest in just about anyone. In the following classes, participants will learn about and use locally-grown materials to make decorations for home or office. Classes include: Fall Nature Wreath (ART S62 61, Touch-Tone code 8059) beginning Sept. 27. A \$5 materials fee payable in class is required; Fall Harvest Arrangement (ART S60 61, Touch-Tone code 8055) beginning Oct. 25. Participants must bring their own container. An \$8 materials

fee payable in class is required; and Holiday Nature Wreath (ART S56 61, Touch-Tone code 8092) beginning Nov. 29. A \$5 materials fee payable in class is required. The above classes will meet from 1 to 2:30 p.m.

All Oakton classes are open to the public. Students over the age of 60 who reside in-district receive a half-price discount on all MONNACEP classes. Students can register for these and other Emeritus fall non-credit offerings through MONNACEP, Oakton's Adult Continuing Education Program, in Room 160 at the Skokie Campus.

For a brochure listing all of the programs, seminars and tours available for the older adult, including registration information, call (708) 635-1414.



When A Loved One Needs Skilled Nursing Care, You Shouldn't Have To Choose Between Comfort And Quality.



Glenview Terrace consistently receives high marks from the State of Illinois for professional excellence—precisely because we offer the highest quality healthcare, with profound respect for human dignity—in handsome, comfortable surroundings. We call it "care with the human touch" and you'll find it everywhere you look:

- ...in our superbly educated medical and support staff, who are dedicated to their patients and their work...
- ...in our attractive, nutritious meals, prepared according to all religious and dietary restrictions...
- ...in our full program of planned activities, that strengthen muscles and enrich minds and spirits...
- ...in our modern, sparkling facility and lovely landscaped grounds, conveniently located on Chicago's North Shore...
- ...in our pledge to help each and every Glenview Terrace resident live a life that is full and complete.

Glenview Terrace. Because, when you truly care, there are no compromises.

For a free brochure, or to make an appointment to visit Glenview Terrace, call Jacob Roedl at (708) 729-9090.

Glenview Terrace
 NURSING CENTER
 A SKILLED CARE FACILITY
 Care with the human touch™

1511 Greenwood Road
 Glenview, Illinois 60025
 Telephone: (708) 729-9090

The Big Band Era Comes Back to the Ivy

The "Ivy Swing"
 An Afternoon of
Ballroom Dancing

2:00 - 5:00 pm
 Friday - September 23
 \$2 Admission
 Call (312) 248-9300
 for reservations

- * Live 30's & 40's Band
- * Free Refreshments
- * Free transportation
- * Door Prizes
- * Casino & Games

THE IVY APARTMENTS
 INDEPENDENT LIVING
 AT THE IMPERIAL

THE IMPERIAL
 A Genesis in Senior Living

FULLERTON AT SOUTHPORT - IN LINCOLN PARK

SENIOR SEASONS

Page 10 Thursday, September 15, 1994

The Bugle

GEORGE J. GOLDMAN MEMORIAL HOME FOR THE AGED "LOVE NEVER GROWS OLD"

6601 W. Touhy Ave.
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FOR 40 YEARS... THE FINEST CARE.

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(708) 647-9875

An independent not-for-profit home
for the Jewish elderly.

Nursing Center gives from the heart

Forest Villa Nursing Center's residents, staff, family and friends took it upon themselves recently to take up donations for the children of Rwanda.

Gertrude Hamrats, a resident of the home, along with the help of A.D.O.N. Christine Lopez, set up a table for one week with pictures and an explanation of the cause. Many visitors gave donations from the heart and expressed their feelings by stating how good an idea it was for the family of Forest Villa to reach out and help others in need.

Oakton to host non-credit Emeritus class

Beginning, this fall, the Older Adults Program of Oakton Community College will offer a non-credit class in partnership with the Wilmette Public Library.

Those who have registered for Oakton or MONNACEP classes within the last five years and have their correct social security number on file, may register (using the codes listed next to the course title below) by Touch-Tone telephone system at (708) 635-1616.

Enjoy the Symphony II (MUS E19 61, Touch-Tone code 5515), the second part of Symphony I, will focus on the major works of main composers of the Romantic Era and the Early Modern composers.

For a brochure listing all of the programs, seminars and tours available for the older adult, including registration information, call (708) 635-1414.

and early Modern styles as well the growth of the symphonic orchestra. The class, partially underwritten by Bank One, Wilmette, will meet for four Fridays beginning Sept. 16 from 10:30 a.m. to noon at the Wilmette Public Library, 1242 Wilmette Ave.

All Oakton classes are open to the public. Students over the age of 60 who reside in-district receive a half-price discount on all MONNACEP classes. Students can register for these and other Emeritus fall non-credit offerings through MONNACEP, Oakton's Adult Continuing Education Program in Room 160 at the Skokie campus.

For a brochure listing all of the programs, seminars and tours available for the older adult, including registration information, call (708) 635-1414.

Oakton to offer non-credit seminars

Oakton Community College's Emeritus Program is offering a variety of non-credit seminars to provide knowledge and fun for all.

The following eight-week seminars are offered at Oakton's Ray Harstein Campus, 7701 N. Lincoln Ave., Skokie.

When I'm 64: Gershwin to the Beatles focuses on songs which reflect the joy, hopes and events of each life cycle. Participants will join Karol Verson in a playful journey through some of the songs of their life cycles. In addition, participants will note how each song reflects their history from childhood through age of emertus. The class meets for six Mondays beginning Oct. 10 from 10 a.m. to noon.

Through Garden Gates meets for four Wednesdays beginning Oct. 5 from 1 to 2:30 p.m. Love, travel and art describe what word? The word is garden. In this seminar, participants will visit the world's most gorgeous gardens, see paintings of gardens and hear details of famous lives connected to grand estate gardens in four world slide presentations: The Artists and Their Gardens on Oct. 5; Special Gardens of America on Oct. 12; Blenheim Palace

and Three Gardens of Southern England on Oct. 19; and Beautiful English Gardens and the Chelsea Flower Show on Oct. 26.

Short stories examines short stories by award-winning authors that illuminate the interesting world of contemporary society. Participants can sit back and listen or sit up and discuss as Diane Capitani discusses South African writers contained in Colors of a New Day. Books may be purchased at the first class. The seminar meets for six Tuesdays beginning Oct. 11 from 11 a.m. to 12:30 p.m. Half tuition discounts do not apply to the above seminars. For more information, call (708) 635-1414.

Kenneth J. Ayres
Navy Seaman Recruit Kenneth J. Ayres, a 1993 graduate of Maine West High School of Des Plaines, recently completed basic training at Recruit Training Command, Great Lakes. Ayres studies included seamanship, close-order drill, naval history and first aid.

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Des Plaines, Illinois

SENIOR SEASONS

Thursday, September 15, 1994 Page 11

The Bugle

To retire or not to retire

If your 65th birthday is drawing near and you haven't decided whether to retire or to keep on working, you may want to consider how your Social Security benefits will be affected by your decision. There are three options you'll want to keep in mind.

Option One

One option is to retire and begin collecting monthly benefits immediately. If there is a cost-of-living adjustment, your benefit amount will increase each December and be reflected in the January checks.

Option Two

A second option is to delay your retirement. If you do, you'll be increasing the amount of the Social Security benefit you will eventually receive. If you continue working beyond age 65, you'll increase your benefit in two ways:

- First, each additional year you work adds another year of earnings to your Social Security record. Higher lifetime earnings may result in higher benefits when you retire.

- Second, your benefit will be increased by a specific percentage (that varies depending on your year of birth) for each month that you delay retirement and don't collect Social Security benefits. For example, if you were born in 1929, 4.5 percent will be added to your benefit amount (3/8 of one percent per month) for each year you do not collect Social Security benefits.

Option Three

Under the third option, you might decide to continue working and you could still get all of your Social Security benefits as long as your earnings don't exceed the limits established by law. This year, for example, a beneficiary between ages 65 and 69 can earn as much as \$11,160 during the year and still collect full Social Security benefits. If you earn more than \$11,160, \$1 in benefits is withheld for every \$3 in earnings over that amount.

Therefore, even if you have relatively substantial earnings, you can receive some Social Security benefits. The amount you can earn without having benefits withheld increases each year. When you reach age 70, your benefits will not be reduced because of your earnings. And, because the amount of your accumulated earnings increases while you're working, your benefit will be recomputed periodically, generally resulting in an even higher benefit.

A Personal Decision
Deciding when to retire is a very personal decision—one that usually takes a lot of thought. To help you decide, you may want to call our toll-free number, 1-800-772-1213, to get a written estimate of the benefits you're eligible to receive. You also can call that number to set up an appointment to talk with a Social Security representative at your local Social Security office.

No matter what you decide about retirement, you should sign up for Medicare as your 65th birthday nears. In some circumstances, your Medicare premium will be higher if you delay applying for it when you are first eligible. Call Social Security or visit your local office to sign up for Medicare.

**DRIVERS...
WATCH OUT FOR
CHILDREN!**

Big Band era returns to The Ivy Retirement Apartments

Lincoln Park senior citizens can move back into the swing era of the '30s and '40s once again on Friday, Sept. 23, when The Ivy Retirement Apartments at The Imperial present The Ivy Swing II. With music provided by the Swing Orchestra Institute of Chicago, community members and Ivy residents alike can dance to tunes made famous by Tommy Dorsey, the Andrews Sisters and other swing bands.

The dance will run from 2 to 5 p.m. and admission is \$2. Located at Fullerton & Southport at The Imperial, The Ivy Apartments also offer free parking and transportation. If you need a ride, call (312) 248-9300, x200.

The transformation of the main floor of the Ivy Apartments, will include a Casino Room, Ballroom, refreshments served in The Cafe Americana and a caricaturist to catch your best profile. Door prizes will be awarded throughout the afternoon.

The Ivy Swing is just one of many social events hosted by The

Ivy Apartments. Seniors who live at the Ivy experience a wide range of activities from yoga, afternoon cocktail hour, hay rides, theater and ice shows, shopping and concerts. Three meals, all utilities, housekeeping and free bus service are included in the rental fee. For additional information about The Ivy Swing dance, or information regarding living at The Ivy, call (312) 248-9300. Make your dance reservations early, dust off your dancing shoes and bring a friend!

Senior Center Open House

The Northbrook Park District Senior Center will hold an informative Open House on Saturday, Oct. 1 between 9:30 a.m. and 1:30 p.m. Seniors are cordially invited to stop by to enjoy entertainment and refreshments and sample a variety of classes offered during the fall and/or winter.

The Senior Center is located at 3232 Walters Ave.

Exercise Daily!

EMPRESS II RIVERBOAT CASINO

PETERSON BANK



Join Peterson Bank Club 55 on the Empress Riverboat Casino. We'll have a deluxe family style lunch at Syl's Restaurant before boarding the riverboat.

Date: October 26, 1994
Time: 9:30 a.m. - 5:00 p.m.

\$25.00 per person Club 55 members
\$28.00 per person non-members and guests

Board the motorcoach at the Peterson Bank parking lot at 3232 W. Peterson Ave., Chicago, Phone (312) 583-6300

YES, COUNT ME IN FOR THE EMPRESS II
RIVERBOAT & LUNCH!

Name: _____
Address: _____
City, State, Zip: _____
Phone: _____

Number of reservations _____ \$25.00 Club 55
Number of reservations _____ \$28.00 Non-Club

Make checks payable to PETERSON BANK. Mail or bring to 3232 W. Peterson Ave., Chicago, IL 60659 Attn: Karen Perlman

Mark your calendar for
October 8, 1994
FROM 1:00 - 3:00 P.M.

to

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with

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**Lutheran
General
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&

**Forest Villa
Nursing Center**

Provided to you **Free** will be:

****Cholesterol Screenings (Immediate Results) **Vision Testing
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Information about Lutheran General Health Systems Services (services that are provided to Senior Citizens) **Lots of Senior Service Exhibits**

FREE GIVE-A-WAY FREE FOOD DOOR PRIZES

ENTERTAINMENT BY "SWING" BUSINESS

ADMISSION IS FREE... AMPLE PARKING!!!

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FOREST VILLA NURSING CENTER

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CALL 708-647-8994 TO R.S.V.P.

Saving for retirement especially vital for women

by Jeffrey L. Cardella
Edward D. Jones & Co.



Despite much progress in the last decade, American women executives still earn only two-thirds as much as men, according to a new study by the Korn/Ferry International executive search firm and the University of California-Los Angeles.

Although many forecasts suggest that pay parity is coming, the pay gap means that several generations of women, from those starting work today to those who have been working for 20 to 30 years, could find themselves short changed in retirement income as well. Consider these facts:

- Men's annual retirement income, including all sources, averages \$10,450 compared with just \$6,020 for women. Because women live an average of seven years longer than men, they're more likely to face the problem of outliving their assets - in fact, women are twice as likely as men to die poor.

- It can be more difficult for women to save for retirement because they earn less throughout their careers. Women have to save a higher percentage of their income to ensure a comfortable retirement.

- Only 50 percent of working women have pensions. This is partly because women are more likely to work in smaller businesses that do not offer pension plans. Also, women often leave the work force when they have children and rejoin later, or move with a spouse, so they may not stay with one employer long enough to be vested in a retirement plan or to accumulate much in any company plan.

- At one time or another, 90 percent of women become wholly responsible for their own financial welfare.

- Nearly 75 percent of the elderly poor are women.

- Eighty percent of retired women are not eligible for pension benefits.

- Many older women are placed in financial jeopardy through widowhood or divorce.

- The average age of widowhood in the United States is 56.

Despite these statistics, women can take control of their financial futures by implementing a few basic strategies. These include developing a plan and sticking to it, paying themselves first, systematically investing for the long term, taking the time to learn about basic investments, sheltering their retirement dollars from taxes, diversifying their investment dollars and using professional advice. The time to plan and invest for your retirement is now. Start today!

Community Partners Program

Seniors are invited to St. Andrew Home at 2 p.m. on Thursday, Sept. 22 for a delightful afternoon. Entertainment will be provided by Tim Burr, a wonderfully amusing performer with songs and fun for everyone.

This is one of a series of events to be held at St. Andrew Home, 7000 N. Newark, Niles, as part of their Community Partners Program. To make a reservation, call Geri at (312) 631-4346. Admission is free.

Housing Options

at Mercy Residence - Tolentine Center

Want a Safe Haven for a Senior Mom or Dad While You Are on Vacation?

Are You a Senior Who Needs a Change of Scenery and a Respite from Cooking and Household Chores?

Join us for worry-free

VACATION DAYS

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ask for Sr. Arnelia, Kay or Conleth

MERCY RESIDENCE AT TOLENTINE CENTER

20300 Governors Highway

Olympia Fields, IL 60461

OR... another option for seniors at Mercy Residence/Tolentine Center.

We have a furnished two-room suite available for vacation days. It also serves as a place seniors can occupy to decide if this kind of housing is suitable for them.

Eldercare Locator provides assistance

Caregivers, whether living near or afar, will find it easier to assist older family members and friends this month, Grandparents' Month, and every month, thanks to Eldercare Locator. The Eldercare Locator is a national, toll-free, directory assistance service providing information about home and community services that help older persons lead healthy, independent lives.

"Because this is a nationwide service, it is ideal for long-distance caregivers, but the Eldercare Locator is equally useful to identify resources within your own state," said Fernando M. Torres-Gil, U.S. Assistant Secretary for Aging. "The Eldercare Locator operators can provide you with the best source of information in the community where the older person lives."

Anyone can call Eldercare Locator at (800) 677-1116, Monday through Friday, 9 a.m. to 11 p.m. (ET). The service helps link callers, on a local level, to organizations that provide meals, transportation, housing, home care, legal and other community services, enabling older persons to remain independent in their own homes.

"Due to the increasing popularity of the service this past year, the hours of operation were extended into the evening and more service representatives were added," Torres-Gil said. "We will continue monitoring Eldercare Locator to ensure that it adequately meets the needs of our older citizens and those persons responsible for assisting with their care."

The Eldercare Locator, established in 1991, and funded by the U.S. Administration on Aging, is made available through the National Association of Area Agencies on Aging and the National Association of State Units on Aging.

A handy brochure describing the Eldercare Locator service is available by writing the National Association of Area Agencies on Aging, 1112 16th St., N.W., Suite 100, Washington, DC 20036-4823.

Empress Riverboat Casino and lunch trip

Peterson Bank's Club 55 is sponsoring an outing to The Empress Riverboat Casino on Wednesday, October 26. We'll have a deluxe family style lunch at Syl's Restaurant prior to boarding the boat. The trip is open to anyone 55 years of age and older.

The deluxe motorcoach will leave at 9:30 a.m. from the Peterson Bank parking lot at 3232 W. Peterson Ave., Chicago, and will return at approximately 5 p.m. Lunch will be family style at Syl's restaurant a few minutes away from the riverboat.

Reservations must be made before September 26. The cost is \$25 per person for Peterson Bank Club 55 members, and \$29 per person for all others.

The Peterson Motor Bank is located in the Lincoln Village Shopping Center, 6101 N. Lincoln Ave., Chicago.

Keep
Fit!

Oakton offers Emeritus Program for seniors

The Emeritus Program at Oakton Community College provides quality higher education for older adults. The program features courses, lectures and activities that encourage intellectual stimulation and the exchange of ideas. You can share your learning experiences while being part of daily college life.

Involvement in the program is also a great way to meet new people. Join Oakton's lifelong students. Registration is now in progress for fall semester classes. For more information, call (708) 635-1414 or (708) 635-1812.

The following programs are offered at Oakton's Des Plaines Campus, 1600 E. Golf Rd., Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie; and various community sites.

Non-credit Emeritus classes are held at Oakton's Ray Hartstein Campus. The fall schedule includes "Drawing Anything" and "Feldenkrais" beginning Sept. 22; "Memoirs" beginning Oct. 10; "New Books for Fall '94" beginning Oct. 17; and "Peace of Mind: Hatha Yoga" beginning Oct. 19.

Oakton also offers off-campus, non-credit Emeritus classes in Des Plaines, Evanston, Lincolnwood, Niles, Northbrook, Park Ridge, Skokie and Wilmette. Classes at various locations in October include "Here's Hollywood" starting Oct. 3 and 17; "Enjoy the Symphony I" starting Oct. 4; "Contemporary Fiction: A Tool for Interpreting the Times" starting Oct. 21; "Co-dependency: A Fact of Life" and "Fall Harvest Arrangement" starting Oct. 25; and "Arts, Ideas and Consequences" starting Oct. 26.

Several non-credit seminars begin in October at the Ray Hartstein Campus. Seminars include "Line Dancing" beginning Oct. 4; "Through Garden Gates" beginning Oct. 5; "When I'm 64: Geriatric to the Beaties" beginning Oct. 10; and "Short Stories" beginning Oct. 11. Off-campus seminars include the "Inner Seeing/Outer Seeing" weekend at the Cabrini Retreat Center in Des Plaines on Oct. 15 and 16.

The Passages Lecture Series is held Tuesdays at 1 p.m. at the Ray Hartstein Campus. Subjects for October are "Personal Financial Record Keeping" on Oct. 4; "Chicago Murals Today" on Oct. 11; "Why Call Them Golden?" on Oct. 18 and "Give Yourself a Financial Checkup" on Oct. 25.

Free, one-hour Lunch-time Lectures are conducted on the first Wednesday of each month at 1:30 p.m. at the Des Plaines Prairie Lakes Community Center. "Do You Remember When -- in Broadcasting" will be presented on Oct. 5.

The Culture's Connection to Foreign Relations series analyzes Asian countries that present complicated challenges to the United States. All lectures are held on Thursdays at 1 p.m. at the Ray Hartstein Campus. Join engineer and writer T. T. Chen for "China's Cultural Heritage" on Oct. 6 and "China's Foreign Relations" on Oct. 13.

The Emeritus Program offers an informative six-week series on arts in Chicago. Who is Chicago? runs from 1 to 2:30 p.m. on Mondays at the Ray Hartstein Campus. The roster features such personalities as Ben Hollis, original host of Channel 11's Wild Chicago, on Oct. 3; Philip Feo, assistant music librarian for the

Chicago Symphony Orchestra; and storyteller Kathleen Visovatin on Oct. 17.

Oakton hosts a variety of special events for the community. A performance of A. R. Gurney's play Love Letters will be presented on Fridays, Sept. 16, 23, 30 and Oct. 7, and Saturdays, Sept. 17, and 24 and Oct. 1 and 8, in Studio 1600 on the Des Plaines Campus.

The tragic-comedy The Visit by Friedrich Duerrenmatt will be presented at Oakton's Performing Arts Center, Des Plaines, on Fridays, Oct. 14 and 21; Saturdays, Oct. 15 and 22; and Sundays, Oct. 16 and 23.

Sample the performing arts by attending the new Fall Culture Club tour. Tours include tickets and bus transportation from the Ray Hartstein Campus. The charming "Verdi and Puccini Opera Cakes" in Evanston hosts a special luncheon performance followed by a program of arias on Oct. 28.

Two all-day tours, "Chicago Markets" on Oct. 21, give participants a view of finance, Chicago style. The tours include coach bus to and from the Ray Hartstein Campus.

Explore new opportunities for travel in 1995. Journey to Turkey from April 12 to 27, Greece from May 12 to 23, and Israel for a musical odyssey from May 20 to June 1.

Glenview Terrace Fun Fest a success

After the last ball was tossed through the basketball hoop, the last massage rubbed and the last morsel eaten, the sixth Annual Community Fun Fest at Glenview Terrace Nursing Center raised approximately \$7,000 for the American Heart Association, according to Curtis Fletcher, Chairman of Fun Fest.

"We are thankful for the wonderful contributions of the community businesses and residents and our own employees, residents and families. Their continuing support enables us to increase our goal year after year."

In addition to the much-loved Ferris wheel, "Wide World of Taste," massage therapy and carnival games, this year's Fun Fest had a Petting Zoo that saw country goats, sheep, a pig and a cow interact with city kids and adults to the amazement of all involved.

The raffle again proved to be exciting with a television, stereo, grill, gift certificates and more going to the lucky people who purchased raffle tickets. All monies raised went to help the American Heart Association conduct research and community education programs in the fight against cardiovascular disease, the nation's number one killer.

Glenview Terrace Nursing Center, a 293 bed, skilled nursing facility, is located at 1511 N. Greenwood Rd., Glenview. For more information, call (708) 729-9090.

Edward P. Balaton
Navy Lt. Edward P. Balaton, son of James I. and Teri Balaton of Des Plaines, recently completed a six-month deployment to the Persian Gulf, Western Pacific and Indian Oceans with Helicopter Anti-Submarine Squadron Eight, Naval Air Station North Island, San Diego, embarked aboard the aircraft carrier USS Carl Vinson.

SEPTEMBER 16/17/18 ST. PETER'S SINGLES
All singles over 45 invited to these big dances. . . St. Peter's Singles Dance, Friday, Sept. 16, 9 p.m., Casa Royale, 763 Lee St. (Mannheim), Des Plaines. Saturday, Sept. 17, 9 p.m., Aqua Bella, 3630 N. Harlem. Sunday, Sept. 18, Early Evening Dance, 6 to 9:30, Tivoli Garden, 3258 N. Harlem. Each dance \$5. Call (312) 334-2589.

SEPTEMBER 17 JEWISH SINGLES TOGETHER
Jewish Singles Together "Kum Kibbitz" - Invites you to Zanies Comedy Niteclub, 230 Hawthorn Village Commons, Vernon Hills, reserved seating area, to see Rabbi Bob Alper for both performances, Saturday, Sept. 17, 6:30 and 9 p.m., \$15. For reservations, information, other events, (312) 661-1976.

CLASSICAL MUSIC RAP SESSION FOR SINGLES

The next classical music rap session for singles will be held Saturday, Sept. 17 at 7:30 p.m. at Mitchell Brothers Realty Office (downstairs Community room), 2528 North Green Bay Rd., (1 1/2 blocks south of Central St.) Evanston. Admission \$5, call for details (312) 276-3762 (24 hrs./day). No reservations required, non-smoking atmosphere, free parking in adjoining lot. Hear three veterans discuss "Should Your Child Play in a Marching Band?" The group enables anyone interested in classical music as an integral part of human life to meet others with similar tastes in a non-technical, informal discussion featuring selected recordings and hosted by a professional musician and teacher.

SEPTEMBER 17 CATHOLIC ALUMNI CLUB
All single young adults, ages 21 to 38, are welcome to attend a theater and dinner outing sponsored by the Catholic Alumni Club at 8 p.m., Saturday, Sept. 17. The club has group discount tickets at \$8 each for a preview performance of Eugene O'Neill's "Desire Under the Elms" at the Touchstone Theater, 2851 N. Halsted St., Chicago. Dinner will follow at Vinny's Italian Restaurant, 2901 N. Sheffield. For more information and reservations, call (312) 854-5900.

SEPTEMBER 18 JEWISH SINGLES 39+
Bagels & More Brunch will be held on Sunday, Sept. 18, 10:30 a.m. - 12:30 p.m. Bagels & More is an informal group meeting monthly in members' homes for Sunday morning brunch and conversation and brainstorming about future 39+ events following brunch. Please join us. The cost for this event is \$4 for members and \$6 for non-members. Please R.S.V.P. by Sept. 17 to Dale at (708) 831-0365. For more information about 39+ and how to join, call (312) 327-8637.

SPARES SUNDAY EVENING CLUB
Spares Sunday Evening Club for divorced, widowed and single adults, will sponsor a Nostalgic Reunion Dance on Sunday, Sept. 18. Come meet new friends and renew old friendships at the Morton Grove American Legion Hall, 6140 Dempster, Morton Grove, 7:30 to 10:30 p.m. Ballroom Dancing to the great music of The Ambassadors. Members \$5, guests \$6, contact (708) 965-5730.

SEPTEMBER 20 THE CITY OF HOPE SINGLES
The City of Hope Singles Council presents "Twice Tuesdays" social-buffet and dance-mixer with DJ, 35 and over, all welcome. 94th Aero Squadron, 1070 S. Milwaukee, Wheeling (just north of Willow Rd.). First and third Tuesday, 7 p.m. Sept. 20, \$6 donation. For information, call Steve (312) 761-4104 or Ilene (708) 537-5997.

SEPTEMBER 21 NORTH SHORE JEWISH SINGLES
North Shore Jewish Singles 39+ over Open Meeting, Wednesday, Sept. 21 at Beth Hallel Congregation, 3220 Big Tree Lane, Wilmette. "The Dating Game" presented by Eileen Price from the Pioneer Press "The Meeting Place" For info call (708) 675-0127. Refreshments, members \$2.50, non-members \$4.

SEPTEMBER 22 CATHOLIC ALUMNI CLUB
A Job Networking meeting for single young adults, ages 21 to 38, will be sponsored by the Catholic Alumni Club at 7 p.m., Thursday, Sept. 22, at the Woodridge Public Library, 3 Plaza Dr., Woodridge. Guest speaker will be Jim Baily who teaches entrepreneurship at Lake Forest College and the University of Illinois. There is no charge for attending this event. For more information, and a free C.A.C. newsletter, call (312) 726-0735.

THURSDAYS H.O.P.E. SUPPORT GROUP
H.O.P.E. is currently forming a support group for separated, divorced, and widowed adults over 40. Meetings are held twice a month on Tuesdays at 7:30 p.m. in Skokie. For information, call (312) 528-2408.

PREFERRED SINGLES
Preferred Singles (45-60) meet every Thursday night at 7:30 in Glenview for discussion and fun. Call Carol 296-9222 evenings or 674-1617 for the groups latest activity.

SEPTEMBER 24 NORTH SHORE JEWISH SINGLES
Join with the North Shore Jewish Singles 39+ over for a Party at the Races, Saturday, Sept. 24, 4:30 p.m. Price of \$16 includes round trip bus to and from Sportsman's Park, Entrance fee, Buffet & Program. Reservations and check by Sept. 12. Call Dee (708) 498-2534.

SUNDAYS SIZZLING SINGLES (ages 30+)
Sizzling Singles (ages 30+), the biggest and best singles party in Chicago, welcomes you each Sunday for an evening of good music, fun and delicious food, at Hyatt Deerfield, Deerfield, IL, 7 p.m. to 7, cost is \$10. For information call (708) 945-3400.

Men's Divorce Rights

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MORTGAGE RATE DIRECTORY						
The rates and terms listed above are subject to change without notice. Rates are updated each Thursday by 3 p.m. For the following weeks editions. These institutions are Illinois Residential Mortgage Licensees						
INSTITUTION	LOAN TYPE	DOWN PAYMENT	TERM	RATE	POINTS	APR
AAA HOME FINANCE 3819 W. Devon Ave. Chicago, IL 60659 (312) 866-1AAA (Broker)	Fixed	5%	30	8.625	0.00%	
	Fixed	5%	15	8.250	0.00%	
	Fixed	5%	20	8.625	0.00%	
	Adjustable	10%	1	5.750	0.00%	
	Adjustable	10%	3/1 Year	7.125	0.00%	
Balloon	10%	5/25 Year	7.625	0.00%		
FIRSTAR HOME MORTGAGE CORP. 1110 W. Lake Cook Rd., #130 Buffalo Grove, IL 60089 (708) 541-5444 (Lender)	Fixed	5%	30	8.750	0.00%	8.783
	Fixed	5%	15	8.375	0.00%	8.407
	Adjustable	10%	7/1 Year	8.000	0.50%	8.243
	Adjustable	10%	3	6.500	0.25%	7.907
FIRST STATE BANK and TRUST 607 W. Devon Park Ridge, IL 60068 (708) 384-1056 (Lender)	Fixed	10%	15	8.500	0.00%	8.548
	Fixed	10%	30	8.875	0.00%	8.907
	Adjustable 1/1	10%	30	6.150	1.00%	8.162
	Adjustable 5/1	10%	30	7.800	1.00%	8.183
	Jumbo Fixed	10%	30	9.000	0.00%	9.013
Jumbo Fixed	10%	15	8.625	0.00%	8.644	
GLENVIEW STATE BANK 800 Waukegan Road Glenview, IL 60025 (708) 729-1900 (Lender)	Fixed	10%	30	9.125	*0.00%	
	Fixed	10%	20	9.000	*0.00%	
	Fixed	10%	10	8.500	*0.00%	
	*Add 1/2 Point for Non-GSB Customers					
JAIN MORTGAGE CORP. 135 N. Addison, Suite 229 Elmhurst, IL 60126 (708) 279-4555 (Broker)	Fixed	10%	15	8.125	0.00%	
	Fixed	10%	20	8.625	0.00%	
	Fixed	10%	30	8.625	0.00%	
	Fixed	10%	1	6.000	0.00%	
	Balloon	10%	5/25 Year	7.625	0.00%	
Balloon	10%	7/23 Year	7.875	0.00%		
LONG GROVE MORTGAGE BANCORP. Long Grove Executive House Long Grove, IL 60047 (708) 634-2252 (Lender/Broker)	Adjustable 3/1	10%	30	7.250	0.00%	
	Adjustable 3/3	5%	30	7.375	0.00%	
	Adjustable 5/1	5%	30	7.750	0.00%	
	Balloon	10%	7/23 Year	8.000	0.00%	
	Fixed	5%	30	8.625	0.00%	
Fixed	5%	15	8.125	2.50%		
MAINE MORTGAGE CO. 430 Touhy Ave. Park Ridge, IL 60068 (708) 292-6500 (Broker)	Fixed	5%	30	8.750	0.00%	
	Fixed	5%	15	8.000	0.00%	
	Adjustable	10%	5/5 Year	7.750	0.00%	
	Adjustable	10%	3/3 Year	7.375	0.00%	
	Adjustable	10%	1 Year	6.125	0.00%	
Coif/Arm	10%	1 Year	2.750	1.50%		
NBD BANK One S. Northwest Hwy. Park Ridge, IL 60068 (708) 618-7100 (Lender)	Fixed	5%	10	8.500	0.00%	8.500
	Fixed	5%	15	8.500	0.00%	8.500
	Fixed	5%	30	8.750	0.00%	8.750
	Fixed	5%	30	8.375	0.00%	8.431
	Adjustable 7/1	5%	30	8.750	0.00%	8.676
	Adjustable 10/1	10%	15	8.625	0.00%	8.625

Teen Coffee House

The Northbrook Park District has developed a safe, supervised place for Northbrook teens to hangout for a few hours each week. The Teen Coffee House, located at the Village Green Center, 1810 Walters Ave., will be open on Fridays from 6 to 11 p.m. and on Tuesdays from 3 to 6 p.m. Snacks, soft drinks and flavored coffees will be served. Movies, TV, music, games, bumper pool and ping pong will be on hand for the enjoyment and entertainment of local teens.

A special grand opening is scheduled for Friday, Sept. 16 and Tuesday, Sept. 20. On Friday, free coffee, pop and pastries will be served, along with a huge dose of Karaoke contest fun. Stop by beginning at 6 p.m. On Sept. 20, we'll extend a welcome with a free pizza party from 3-6 p.m.

Spread the word to all your friends and come join the fun at a place designed especially for teens. If you have any activity ideas that you feel will contribute to the future success of the new Teen Coffee House, call Park District Recreation Supervisor Lori Lovell at 291-2369.

SOFTBALL

Stamp Club resumes

With the school year underway, the Lincolnwood Public Library is inviting kids to try a new hobby—stamp collecting. The library's Stamp Club for fourth and fifth graders begins its fifth season in September.

Stamp collector Harold Stral started the club and continues as supervisor. Stamps and beginning materials are provided without charge. Newcomers are always welcome. Meetings are on the first and third Wednesdays of the month from 3:30 to 4:15 p.m. Specific dates are: Sept. 21; Oct. 5 and 19; Nov. 2 and 16; Dec. 7 and 21.

Open gym for basketball players

Do you enjoy informal basketball games with friends or other talented players?

The Northbrook Park District will open the Glenbrook North High School and Northbrook Junior High gymnasium for walk-in players to enjoy fun, competition and exercise.

Adults can sign up at the door for a \$3 fee. The program operates each Wednesday and Sunday beginning Sept. 15. The gym will be closed on school holidays. Please call 291-2369 to confirm specific no class dates.

Northbrook Park offers children's music course

Your opportunity to participate in the Northbrook Park District's newest music course is swiftly ending. "The Sounds of Children" will help children and parents explore the magic world of songs, instruments and movement.

The program will meet on Wednesdays at the Leisure Center, 3323 Walters Ave., beginning Sept. 21. Registration is filling, so stop by the Registration Offices at 1730 Pfingsten Rd. or 1810 Walters Ave., or call 291-2980, for more information.

Minstrels to play at MG Library

Minstrels, a woodwind trio, will play Renaissance, Classical and Contemporary music on Sunday, Sept. 18 at 2 p.m. at the Morton Grove Public Library, 6140 Lincoln Ave.

Minstrels melds the music of the ages with the music of today in a fresh approach to performing.

For more information, or for mobility and communication access assistance, call (708) 965-4220, for TDD, call 965-4236.

Fall tennis lessons available

Pee Wee, Child, Youth and Adult tennis lessons are available this fall for all different level players. The Northbrook Park District will provide a U.S.P.T.A. certified professional to help you practice newly learned skills, brush up on fundamentals or learn new strokes. Eight classes will challenge participants at each level. Our Wood Oaks Facility at 1150 Sanders Rd. and the Glenbrook Racquet Club are the sites for all lessons.

Tennis begins on Sept. 12. For further information, please contact Mary Pauline, Tennis Coordinator, at 291-2369.

Oakton faces rebuilding season in golf

A year after winning its second Skyway Conference championship in three years, Oakton Community College has six new players filling the roster of its golf team.

Still, coach Rich Symonds believes the Raiders have the potential to make a decent showing again this season in the league.

"It's obviously a rebuilding year for us, but I'd like to believe we can make a run at possibly finishing second in the conference (behind College of Lake County)," he said. "We are inexperienced with six freshmen on the team, but this group looks like it could improve as the season progresses. If we make the improvement it should be a decent season."

Jeff Bergt makes the jump

Coach looks to improve season

Coach Cheryl Romanowski is looking to pick up right from where the Oakton Community College volleyball team left off a year ago.

"We have several new players this year, but we already are at the same level as we were when last season finished," she said. "Hopefully, we can continue to progress and be more competitive this year."

The lone returning player on the Raiders' roster is Theresa Hoffman, who earned second-team all-Skyway Conference honors last fall as a freshman. Playing an outsider hitter position last season, Hoffman also will do some setting for Oakton this year.

Newcomers to the Oakton roster are Caroline Hudor (Maine South), Kim Pellicano (Niles North), Shabrina Zabala (Niles North), Dakota Duce (Chicago-Taft), Peggy Fioretti (Chicago-Taft) and Emily Duka (Chicago-Good Counsel).

"We're not very tall, but we have some good quickness," Romanowski said. "This team will be scrappy and hustles quite a bit, so we should do a good job on defense. We also look to be more balanced than last year, with more people who can contribute on the court."

Oakton is scheduled to open its season today with a 6 p.m. match at Olive-Harvey in Chicago. The Raiders begin conference action at 5 p.m. on Tuesday, Sept. 13 at McHenry County College.

Bike ride of the century

A thousand cyclists will convene at the Lagoon in Evanston's Dawes Park on Sunday, Sept. 18, for the 10th annual "North Shore Century," hosted by the Evanston Bicycle Club.

"The most important thing about the North Shore Century is that it will be lots of fun," said Bike Club president Nancy Shofor. "It will be a day of fun and good fellowship and with four rides to choose from, there is something for everyone."

The "Century," a 100-mile expedition into Wisconsin, and the "Metric Century," a 62-mile jaunt along the shore, will appeal to a serious cyclist. Weekend riders might prefer the "Half Century" or the "Quarter Century," perfect for beginners and families.

Registration will begin at 6 a.m. The \$15 entry fee includes a carbo-load kick-off of bagels with cream cheese and, as well as plenty of fruit, beverages, homemade cookies and PB&J sandwiches at rest stops along the way. Professional bike mechanics will be on hand at registration, and sag wagons and ride monitors will cruise the routes. Upon their return, riders will enjoy birthday cake and coffee.

For information and entry forms, call the Evanston Bike Club hotline (708) 866-7743.

Keep Fit!

Skating lessons to be offered

Are you afraid to In-Line Skate or tired of falling down? Would you like to learn how to use that heelbrake and feel safe while In-Line Skating?

If you answered "Yes" to any of these questions then you would benefit greatly from a one day beginner lesson package being offered at the Leaning Tower YMCA, located at 6300 W. Touhy Ave. in Niles.

The lessons, taught by John Penkava, Jr., a certified In-Line instructor, will cover proper form, benefits of skating, how to stop and safety. One three-hour session will be offered for people ages 15 and over on Sunday, Aug. 28 from 9 a.m. to 12 p.m. The cost is \$20 for YMCA members and \$40 for non-YMCA members.

For those who don't need as much instruction, a one-hour lesson for youths ages 6 to 11 will be held from 5 to 6 p.m. and a 1 1/2 hour lesson for adults will be held from 6:30 to 8 p.m. on Wednesday, Aug. 24. The cost for this day is \$15 for YMCA members and \$30 for non-YMCA members.

Skates and all protective gear must be worn during the lessons. Some equipment is available for rental if you don't have it.

To register or if you have any questions, contact Stacey Nowak at (708) 647-8222. Learn how to skate so you will be prepared to safely skate the bike trails!

Sunday library lineup

The Lincolnwood Public Library's showcase schedule for Sunday at the Library leads off with the laugh riot improvised musical comedy of "Eight Degrees Below Normal" on Sept. 18 at 2 p.m. Glenn Bretter heads the troupe which takes suggestions from the audiences and produces original comedy skits on the spot.

Together for some three years, the group has played Zanies and K.I. Riddles comedy clubs, colleges, dinner theaters and appeared on the WLUP radio station. This summer they performed their musical "Claf Notes" at the Improv Institute on Belmont on Friday nights.

Other programs on the schedule include songwriter-impressionist Frank Pisani who presents "The Ultimate One Man Show" on Oct. 16; William Bunge playing "Ragtime Piano," Nov. 20, in a program that reacquaints, reawakens, and educates his audience about the works of Scott Joplin. The season's finale is "Special Consensus Bluegrass Band" on Dec. 18, playing acoustic bluegrass music on guitar, banjo, bass, mandolin and fiddle.

Tickets are required and available free at the circulation desk to Lincolnwood residents and non-residents one week before. The library is located at 4000 W. Pratt Ave. Call (708) 677-5277, voice and TDD.

Registration open for kids programs

Registration is required and is now open for all children's programs at the Lincolnwood Public Library, 4000 W. Pratt Ave. It is ongoing and open to Lincolnwood residents only.

Storytimes begin the week of Oct. 3 and run for seven weeks. Children must already be the correct age for the group before they are registered. Included on the schedule are:

Parent-Tot Storytime (ages 2-3-1/2): Toddler storytime introduces parents and other caregivers to materials and activities that give toddlers early group experiences. The Wednesday morning programs for children and adults begin Oct. 5 from 10:15 to 10:45 a.m.

Preschool Storytimes & Crafts (ages 3 to 5) are held Tuesdays from 10:30 to 11:15 a.m., beginning Oct. 4, or Thursdays, 1:30 to 2:15 p.m., beginning Oct. 6. Young children will enjoy the books, flannelboard stories, puppets, songs, and short films. PTA moms help with the craft projects.

Tuesday Afterschool Stories/Crafts (K-2) Divided into two parts, the program features books and stories on the day's theme, followed by a related craft-making session, planned and prepared by PTA moms. Group meets Tuesday afternoons, 3:30 to 4:30 p.m., starting Oct. 4.

Games By All Names: A unique game experience is being introduced by the Northbrook Park District. Youngsters, ages 4-6 will play a variety of group games geared to teaching them to enjoy playing simply for fun, not competition. "Games By All Names" is geared to the age and abilities of each child and the course is designed to enhance the concept that exercise is lots of fun in a non-competitive atmosphere. Classes will meet once a week for twelve weeks at the Leisure Center, 3323 Walters Ave., beginning Sept. 19. Register your child with his/her friends; they'll enjoy their afternoons together.

The meeting will be held on Thursday, Sept. 15, at 7:30 p.m. at Hershey High School, 1900 E. Thomas Ave., Arlington Heights, Room 124-C. Parking is available on the west side of the school.

Mainstay series offers parenting solutions

Ever wonder if other parents are in the same boat as you? Mainstay Youth Services will offer a humorous and informative two-part program to help you discover you're not alone!

"Winning at Parenting," a video-based discussion led by therapist Jan Chmielewski, M.A., will be sponsored by the Des Plaines Public Library, 841 Graceland, from 7 to 8:30 p.m., Wednesday, Sept. 21 and Wednesday, Sept. 28.

Parents will compare notes in topics such as chores, bedtime and fighting, as well as how to teach school-age children self-discipline, problem-solving skills and responsibility.

To register for this free series, call 827-5551.

IIT hosts second annual Walk

Illinois Institute of Technology (IIT) and the Hispanic Employees Association of AT&T will co-sponsor a 10K Walk for Hispanic Education on Saturday, Sept. 24, beginning at 7:30 a.m.

Participants will assemble at Lake Shore Drive and Irving Park Road, next to the Morris Magee playground, and will walk south along Chicago's lakefront. Proceeds will benefit the CHAPA (Chicago Hispanic Association to Promote Academics) fund. This endowment fund will offer scholarships to Hispanic students in technical fields at IIT. The walk is part of national Hispanic Heritage Month.

To register and for further information, call Jose Ornelas, director of IIT's Center for Hispanic Educational Development, at (312) 567-3768.

Volunteers wanted for storytime

The Niles Public Library District wants volunteers for a new service: The Circle. Trained volunteers present storytime programs at various daycare centers. This enriches the community at large.

We need people who like children and reading. No prior experience is necessary. The Children's services staff will train you and arrange the visits. You must provide your own transportation. Training begins in October.

The program can accomplish many good things. For the children, you teach language skills and give them the pleasure of stories and rhymes. For the day care staff, you show how to present storytime. For the library, you broaden the reach of our service. This enriches the community at large.

And for yourself, whenever you teach children, you do good. This job means something. The children will love you for it.

If you're interested in helping, call the library at 967-8554, and ask for Rick Kinnebrew in the Children's Department.

Creating drama with Doc

The Northbrook Park District introduces two new drama courses under the direction of the Northbrook Theatre's director, Dr. Gregory Denhardt. Drama with Doc I is a beginning acting course that brings out the best creative talents in youngsters through the use of spontaneously created scenes. Ten and eleven year olds are encouraged to register for this first in the series. Drama with Doc II is an intermediate acting course for 12-13 year olds. Students will learn improvisational techniques to create unusual characters.

Both classes will meet at the Leisure Center, 3323 Walters Ave., beginning the week of Sept. 19. If your child enjoys creativity, the stage and has a flare for the dramatic, these new classes are perfect. Enrollment is being taken at the Registration Office, 1720 Pfingsten Rd. Call 291-2980 for more information.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D022032 on Aug. 19, 1994 under the Assumed Name of L. & B. Cleaning Services with the place of business located at 9098 Terrace Dr., 2A, Niles, IL 60714. The true name(s) and residence address of owner(s) is: Bisenija Protic, 9098 Terrace Dr., 2A, Niles, IL 60714.

Bridge lessons

If you've always wanted to learn to play bridge, here's a great opportunity. Teens and adults are invited to learn the basics of bridge at a new Northbrook Park District fall program. Bridge will seem simple, as the course instructor will guide students through actual game experiences. The program begins on Sept. 17 at the Leisure Center, 3323 Walters Ave. Additional information is available in your 1994 Fall Recreation Guide.

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Political & Business News

I.A.A.I. installs officers

Patricia Kasch, chairman of the Installation of Officers and Directors of the Chicago Chapter #2 of the Independent Accountants Association of Illinois, announced that Ethelyn "Boe" Granzow, newly elected State President of the I.A.A.I. will preside over the ceremonies.



LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D023098 on Aug. 24, 1994 under the Assumed Name of Mariposa Cue Company with the place of business located at 8208 Oketo, Niles, IL 60714.

rome Berman, of Lincolnwood, will be installed as president; David Gilbert also of Lincolnwood, 1st vice president and treasurer; Mark Rosenbloom, of Chicago's near north side, 2nd vice president; and Leonard Dishman, of Skokie, immediate past president.

Applications being accepted for energy assistance program

Neighbors at Work, an affiliate of the Community and Economic Development Association of Cook County, Inc., will begin taking applications for the 1995 Low Income Home Energy Assistance Program (LIHEAP) on October 3, for households with a member of the household over 60 years of age, or with a member of the household who is disabled, or that have heating source disconnected, or documented medical illness with a disconnect notice for heating source.

All applications must meet household income eligibility guidelines. For further information about the program and the eligibility requirements, contact CEDA/Neighbors at Work at (708) 328-5166 between the hours of 8:30 a.m. to 5 p.m., Monday through Friday.

Applications are taken for residents of the Townships of Evanston, Niles New Trier and Northfield. Applications for households not fitting into the four above mentioned categories will be taken beginning on November 1.

Register for Small Business and Entrepreneurship courses

Registration for Small Business and Entrepreneurship courses offered this fall through MONNACEP, Oakton Community College's Adult Continuing Education Program, is currently underway. Classes are offered at local high schools throughout the district.

The following classes meet on Wednesdays starting Sept. 21 from 7-9:30 p.m. Building Your Entrepreneurial Skills is designed to show participants how to capitalize on their strengths and weaknesses, examine skills and abilities and turn their capabilities into financial gain. The four-week class meets at Maine West High School, 1755 S. Wolf, Des Plaines.

Taxes and the Small Business provides an overview on tax regulations and how to keep proper records for taxing agencies. The three-week class meets at Glenbrook North High School, 2300 Shermer Rd., Northbrook. (The class also meets on Tuesdays at Glenbrook South High School, 4000 Lake St., Glenview.) The following classes begin on Thursdays starting Sept. 22 at Niles West High School, Oakton at the Edens Expressway, Skokie.

FBAI to host family business workshop

Family Business Association of Illinois (FBAI) will host a dinner workshop themed "Keystones of Family Business Continuity: Twenty-five Lessons Learned at Loyola University's Family Business Center" on Wednesday, Sept. 21, from 6 to 9 p.m., at the East Bank Club, 500 N. Kingsbury, in Chicago. The featured speaker is Drew Mendoza, director and founder of the Loyola University Chicago Family Business Center, an internationally recognized leader in family-business program development and research.

D. P. franchise receives performance award

CARSTAR Automotive, Inc., said Larel Holt, president and founder of CARSTAR. "By using their staffs efficiently, they have demonstrated excellent levels of management performance. We are pleased to recognize their successful efforts with the Outstanding Performance Awards."

Bring your own best P.R. agent

Christine Corelli will present "How To Be Your Own P.R. Agent," at the September 19 dinner meeting of the National Network of Sales Professionals (NNSP). Her presentation will focus on the personal qualities inherent to succeed in business that can raise a person from mediocrity to "high achievement."

Bob Jones, president BoRics, has overseen the campaign since its conception in the early spring. "It's been wonderful to see the customers of BoRics rally behind us as we strive to meet our goal for Make-A-Wish," he said. "Everyone, from the customers, to the team members of BoRics have been dedicated to helping improve the lives of children with life threatening illness. By supporting Make-A-Wish, we're helping to make a special child's dream come true."

BoRics moving toward fund raising goal

BoRics Salons across the country are close to realizing their goal of raising \$50,000 for the Make-A-Wish Foundation. A minimum of \$50,000 is guaranteed. Their chain has been raising funds since Aug. 1 by donating 50 cents of each regularly priced haircut to Make-A-Wish. The fund-raising drive will take place through Sept. 25.

Since 1980, when the first wish was granted, the Make-A-Wish Foundation has made wishes come true for more than 23,000 children. Make-A-Wish grants wishes to children who have life-threatening medical conditions creating the probability that they will not survive beyond their eighteenth year.

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Letters To The Editor

District 63 superintendent responds to 'Left Hand'

East Maine Teachers hide 'Left Hand' for negative facts

Dear Editor: As President of the East Maine Teachers' Association (District #63) I must respond to your inaccurate and negative portrayal of our district and teachers.

1) The district's share of early retirement is \$1.5 million—not \$2.5 million as you reported. The district also has five years to pay their share.

2) Class sizes in District #63 are already at unacceptable sizes. As of this writing (August 30, 1994), I have thirty-eight (38) students in my 6th grade room. True, when I went to school there were up to fifty in my class. However, that was then and this is now. Parents then respected and backed teachers' authority.

3) "The board is the Union's patsy." I don't even understand what this is supposed to mean. The school board is my employer and we do what they tell us to do.

4) Why would you begrudge teachers a living wage? If their salaries were so great, why do the majority of teachers have second and third jobs? Why would teachers use every available time to take classes (at their own expense) to improve their salaries?

5) "The whole education machine has gotten out of whack." What's out of whack is the misperception of what teachers actually do and how much time they spend doing it. "The teachers want 52 week salaries for 35 weeks of work."

Dear Editor: After reading your recent editorial I felt compelled to respond. "From the Left Hand," paints a very negative perspective of public schools and certainly does more than typical "finger pointing" at District 63. I realize that you, or any editor for that matter, is in possession of much more ink than I, and as such, you will have the last word.

I would agree with the assessment you made that you "doubt the quality is the same in all districts." However, that uniqueness is a hallmark of America's public education system. To expect that all districts to be the same, or of equal quality, is to expect a perfect system.

I really object to your statement that "seeking more money to run the schools is bothersome." Schools do need additional monies to operate. Schools, in fact, do experience an increase in costs in every facet of its function from chalk to improved environmental systems.

6) "Let the teachers go out on strike..." Now that's an encouraging thought. "Let the frisky 22 year olds" take over—another thoughtful statement. What about quality programs, experience, and know-how? It's good to have young teachers, but two hundred of them?

7) Lastly, the parents want the best for their children. The best of anything costs more than the worst. Education is not an exception. It should be the rule.

Mary Pendergast President, EMEA

to report and publish data pertaining to demographics, curriculum and instruction, finances and achievement. The District Report Card is an annually published document which itemizes the performance of students of a given school district and compares the individual school with similar schools, as well as with statewide perspective. (I have enclosed a copy for your perusal.) A basic fallacy of your position is that schools would know how they were progressing if comparisons were published. The fallacy is that community make up and resources are different. Thus to compare schools would be erroneous. The "numbers game" is not hidden from anyone because the documents are, in fact, published. In general, community people know which schools have a good reputation and which schools are academically effective. In general, parents, likewise know the same information.

School reputations contribute significantly to the economic stability of a community.

Relative to administrator's salaries in District 63, I would suggest you are way off base. You too, have engaged in a practice so often used these days by irrespon-

sible people. You have printed rumor. I would strongly suggest that you print factual data if you wish to share information that you say is "hidden from the community." For the record, District 63 has no administrator with a salary of \$100,000.

Your article which was printed in the August 25, 1994 edition of the Bugle is a repeat of the prior two articles. Your position is faulty, and is supported by inaccurate data. In addition, it becomes very apparent that you are out of touch with basic elements of contracts, law, and personal management. School districts simply cannot, at a moment's notice, eliminate jobs and hire "frisky 22 year olds." Besides, what does that do for appropriate instruction, consistent teaching and the expectation of a quality program? At what point are student rights to a future violated?

I wholeheartedly agree with your statement that the district needs money. And yes, it is crunch time as your suggest, but not for the reasons you suggest. District 63 has already engaged in a plan whereby costs have been reduced. We are also taking planned steps toward revising our financial operation to address our problems. We will, as the school year progresses, move closer and closer to correcting the problem. You must keep in mind that we did not get to this unstable position overnight, and we do not expect to correct our problems and concerns overnight either.

In the meantime, I would urge your support rather than your ridicule. I would request that you become part of the solution, as opposed to an additional problem for the district. I would ask that you be factual in your reporting and maybe even attend a few Board meetings to find out what we do. Lastly, I would suggest that you give school districts in general, and specifically District 63, a break by not being so left handed in your approach to reporting.

There is no magic number for appropriate class size, although research has proven that a class size of 20-24 is most effective for optimum student achievement. The variables not identified are: 1) the range of abilities of the class, 2) the schema each child brings to class, 3) the extent of parent involvement with the child at school and at home, 4) the training and effectiveness of the teacher, and 5) the financial resources of the district to provide the best educational opportunities for student success. And yes, I would be one of those Superintendents "who bow to the burdens of teachers who have about 16 weeks of vacation a year." District 63 happens to be blessed with a core of excellent educators who have invested their lives in their career. They are understanding, caring and multi-talented. They do not think the "community owes them" anything, except its support in providing a fantastic service and a wonderful educational opportunity for lots of youngsters. The vast majority of teachers and teacher assistants do not "vacation" as you suggest and certainly not for sixteen weeks. Good teachers work constantly, to be prepared, to address the broad spectrum of student abilities, to stay abreast of new strategies and techniques, and for the reward of experiencing student achievement. I wonder when you last visited a classroom of active children. Perhaps after witnessing a modern day teacher in action, your position may not be so critical.

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Sincerely, Robert W. Varga, Ed.D. Superintendent

Cultural Center holds open house

The North Lakeside Cultural Center, 6219 N. Sheridan Rd., will hold an open house on Sunday, Sept. 18, 1 to 3 p.m. at which time a special raffle drawing will take place. Refreshments and tour of the building will be provided. At 3 p.m., a program of a short opera, "Pimpino" by Telemann, will be presented by Ars Musica Chicago.

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Diary Of A Skokie Girl

Chicago comic Caryn Bark will lead you on a hilarious tour of the North Shore in her one woman extravaganza, *Diary Of A Skokie Girl*. From a nostalgic look at growing up in the sixties...

Don't wait to take advantage of the exclusive North Side Ear-Bird Special Dinner/Show Package. Enjoy a delectable dinner at "My Place For" and attend a performance of *Diary Of A Skokie Girl*...

Help now: foster a child

Catholic Charities is looking for individuals and families willing to take in, on an emergency basis, children who have been removed from their homes due to abandonment, neglect and abuse.

Catholic Charities provides support and services to the child and the foster family throughout the child's stay in the home.

Information on how to become a Catholic Charities foster parent will be presented on Thursday, Sept. 22 at 7:30 p.m. at Catholic Charities Northwest Suburban Office, 1911 Rohlwing Rd., Suite E, Rolling Meadows. For more information, call (312) 655-7200.

A sound for life: Smoke detectors

A recent fire on March 30, 1994, claimed the lives of two adults and five children, all under the age of six. An investigation later discovered that, although there were two smoke detectors installed, the one on the upper level of the two-story residence did not have a battery.

This is a story that can be seen every morning on our televisions, families dying from a fire due to the lack of smoke detectors or no maintenance of them. Unfortunately, it is the small children and babies that pay the price.

Chorus seeks members

Most residential fire deaths occur between 11 p.m. and 7 a.m. This is the time of greatest danger, when people are asleep. The primary killer is smoke and poisonous gases which overcome the victims as they sleep.

When purchasing smoke detectors for your home, be sure they are labeled by a nationally recognized fire testing laboratory, such as Underwriters Laboratories (UL) or Factory Mutual (FM).

The Irish American Heritage Singers are associated with the Irish American Heritage Center and meet each Thursday evening at 7:30 p.m. at 4626 N. Knox Ave., Chicago.



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Oakton presents Gurneys play

J.R. Gurney's play, *Love Letters*, will be performed in the intimate setting of Studio 1600 (located in the Performing Arts Center) on Fridays, Sept. 16, 23 and 30, and Oct. 7, 8 p.m.; and Saturdays, Sept. 17 and 24, and Oct. 1 and 8, 8 p.m. at Oakton Community College, 1600 E. Golf Road.

This powerful and revealing exploration of life's ironic twists, as two lifelong friends reach for the brass ring of true love that is always just beyond their reach. The play is directed by Carol Verson.

For more information about this and other Mainstage or Studio 1600 performances, call the Oakton Box Office at (708) 635-1900.

'Kids Need Culture, Too'

"Kids Need Culture, Too!" returns to the Northbrook Theatre with yet another year of popular performers for the younger set. This Series of Saturday Spectaculars start on September 17, with the Atomic Fireballs, back by popular demand.

Saturday, Oct. 8 brings The Illinois Juggling Institute, with that zany "Juggling Guy" Mike Vondruska. Great for the whole family, see this pro at work - then learn to juggle yourself at the mini-workshop.

Nominate a H.S. teacher for a Golden Apple

Nominations opened Sept. 6 for the 10th Annual Golden Apple Awards, honoring 10 Chicago area teachers each year for excellence in classroom teaching.

Winners receive: \$2,500; paid sabbatical to study tuition-free at Northwestern University; personal computer from IBM; and induction into the Golden Apple Academy of educators.

To obtain a nomination form, call (312) 407-0006 or write the Golden Apple Foundation, 8 S. Michigan Ave., Suite 700, Chicago, IL 60603-3318. Nominations close December 2, 1994.

It's not too late

The Niles Historical Society still has some openings available for crafters at their sixth Annual Holiday Bazaar, to be held on Oct. 1 at \$25 per table or space.

This year, the bazaar will be held at a new site, the Niles Recreational Center, 7787 Milwaukee Ave., Niles, Milwaukee Avenue is a very busy, well-traveled street, giving you many opportunities to sell your hand-crafted projects that you worked so hard to make.

WSPN to hold dinner meeting

Do you think you could make 1,000 mistakes and still be successful in your business? Find out when Harold Wright, president of The Wright Track for Small Business Success addresses the Women's Professional Sales Network at their monthly dinner meeting, Wednesday, Sept. 21, at the Omni Orrington Hotel, 1710 Orrington Ave., Evanston. Wright's topic will be

Bring some sunshine into the life of a lonely senior citizen

If you are in the Niles Township area and are able to donate some of your time on a weekly basis, contact Rose Wahlberg, Outreach Supervisor, at Learning Tower YMCA Senior Center, 6300 W. Touhy Ave., Niles, at (708) 647-8222, ext. 2234. Rose is at the Center Monday, Wednesday and Friday, from 10 a.m. to 3 p.m.

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Women Seeking Men

LOOKING FOR A FRIEND To share life's joys with someone who is fun, outgoing and outgoing with a personal life. You have to be both. Write me at: 444-4444. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality.

DIVORCED WHITE MALE Independent, south suburban, County, Illinois, Chicago area. I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality.

SWEET BRAZILIAN FEMALE 27, looking for a single white male, 30-40, with a great personality. I'm a 27-year-old woman with a great personality. I'm a 27-year-old woman with a great personality. I'm a 27-year-old woman with a great personality.

REAL MAN WANTED Seeking divorced white male professional appearance, but must be a Catholic. I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality.

SEEKS DANCE AND LIFE PARTNER Attractive and petite single white female in Chicago, 36, seeking a dance partner and life partner. I'm a 36-year-old woman with a great personality. I'm a 36-year-old woman with a great personality. I'm a 36-year-old woman with a great personality.

YES! YOU SHOULD HAVE THIS I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality.

WALKING ALONG THE SHORE and sharing a special moment with a beautiful woman. I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality.

HITHER! I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality.

BEAUTIFUL CAROLINE BRUNETTE white, blonde hair, 35, looking for a single white male. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality.

NOT A SHINY MINNIE or a heavy weight. Not looking for a Prince Charming of the ring, but for a real man. I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality.

REFINED CHRISTIAN LADY 40, 5'6", 160 lbs. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality.

CLASS AND STYLE 30, 5'4", 120 lbs. I'm a 30-year-old woman with a great personality. I'm a 30-year-old woman with a great personality. I'm a 30-year-old woman with a great personality.

INTERESTING attractive working female, 30s, white, divorced, loves life, loves to travel, smoke, alcohol and drug-free. I'm a 30-year-old woman with a great personality. I'm a 30-year-old woman with a great personality. I'm a 30-year-old woman with a great personality.

LOOKING FOR MY NEW YEAR'S EVE DATE Party, white, blonde hair, 35, looking for a single white male. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality.

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UNFORGETTABLE! I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality.

TRIM AND PETITE divorced white female, 60, 100 lbs. I'm a 60-year-old woman with a great personality. I'm a 60-year-old woman with a great personality. I'm a 60-year-old woman with a great personality.

CLASSY AND CAREER woman with blonde hair and hazel eyes, 40, 5'3", 130 lbs. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality.

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DES PLAINES Valued interests, however, I feel that a person's qualities and characteristics are more important than their looks. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality.

SLEEPS IN CHICAGO Single white female, early 40s, 5'2", 120 lbs. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality.

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UNFORGETTABLE! I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality.

VERY PETITE Jewish female searching for a handsome, Jewish male in the Chicago area. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality.

DYNAMIC eclectic and attractive Jewish female, 35, 5'7", lives in the city. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality.

VERY ATTRACTIVE, VERY SLIM and petite single black female, 21, no kids, college educated, independent, fun-loving, outgoing, and very successful. I'm a 21-year-old woman with a great personality. I'm a 21-year-old woman with a great personality. I'm a 21-year-old woman with a great personality.

CUTE AND PERRY white professional female, 35, 5'4", 120 lbs. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality.

WARM AND CARING white female, 56, 220 lbs. I'm a 56-year-old woman with a great personality. I'm a 56-year-old woman with a great personality. I'm a 56-year-old woman with a great personality.

HONEST AND CARING single white female, 28, 5'7", 120 lbs. I'm a 28-year-old woman with a great personality. I'm a 28-year-old woman with a great personality. I'm a 28-year-old woman with a great personality.

UNCONDITIONAL LOVE single white female, 22, 5'9", 120 lbs. I'm a 22-year-old woman with a great personality. I'm a 22-year-old woman with a great personality. I'm a 22-year-old woman with a great personality.

NICE-LOOKING outgoing Jewish male, 29, 5'11", 170 lbs. I'm a 29-year-old man with a great personality. I'm a 29-year-old man with a great personality. I'm a 29-year-old man with a great personality.

LOVELY, DIMPLED brown-skinned lady, 30, 5'6", 120 lbs. I'm a 30-year-old woman with a great personality. I'm a 30-year-old woman with a great personality. I'm a 30-year-old woman with a great personality.

READY TO TRY HAPPINESS again? I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality.

WALKING ALONG THE SHORE and sharing a special moment with a beautiful woman. I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality.

HITHER! I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality. I'm a 45-year-old man with a great personality.

BEAUTIFUL CAROLINE BRUNETTE white, blonde hair, 35, looking for a single white male. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality.

NOT A SHINY MINNIE or a heavy weight. Not looking for a Prince Charming of the ring, but for a real man. I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality.

REFINED CHRISTIAN LADY 40, 5'6", 160 lbs. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality.

CLASS AND STYLE 30, 5'4", 120 lbs. I'm a 30-year-old woman with a great personality. I'm a 30-year-old woman with a great personality. I'm a 30-year-old woman with a great personality.

INTERESTING attractive working female, 30s, white, divorced, loves life, loves to travel, smoke, alcohol and drug-free. I'm a 30-year-old woman with a great personality. I'm a 30-year-old woman with a great personality. I'm a 30-year-old woman with a great personality.

LOOKING FOR MY NEW YEAR'S EVE DATE Party, white, blonde hair, 35, looking for a single white male. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality. I'm a 35-year-old woman with a great personality.

ATTRACTIVE, CHARMING professional Japanese-American lady, 40, 5'6", 160 lbs. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality.

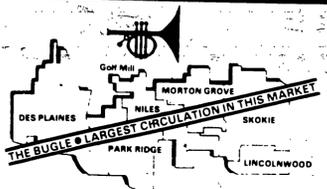
UNFORGETTABLE! I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality. I'm a 45-year-old woman with a great personality.

TRIM AND PETITE divorced white female, 60, 100 lbs. I'm a 60-year-old woman with a great personality. I'm a 60-year-old woman with a great personality. I'm a 60-year-old woman with a great personality.

CLASSY AND CAREER woman with blonde hair and hazel eyes, 40, 5'3", 130 lbs. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality. I'm a 40-year-old woman with a great personality.

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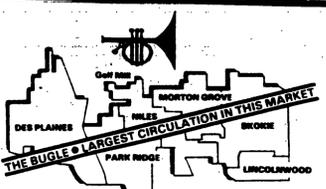
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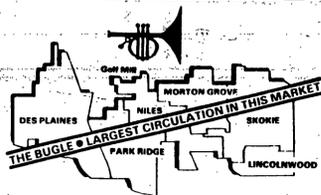
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Bugle Newspapers

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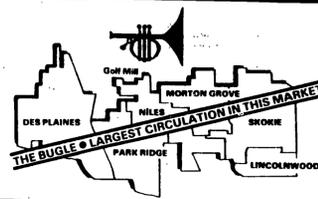
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<p>NURSERY SUPERVISOR NIGHT TIME PIN CHASER Monday - Friday Apply In Person CLASSIC BOWL 8530 Waukegan Rd. Morton Grove</p>	<p>WISCONSIN MADISON WISCONSIN BAKER - IMMEDIATE OPENING! Move to Madison, Wisconsin, medium sized city with a liberal tradition, trees, lakes, + low crime. Needed lead BAKER/PASTRY CHIEF for an upscale catering wholesale restaurant firm. Call Ana (608) 256-6622.</p>		<p>GINO'S EAST Full & Part Time Positions • HOSTESS • WAITRESSES Apply In Person Marianne or Chris 3517 W. DEMPSTER, SKOKIE (708) 982-9401</p>	<p>SALES POSITION Now Hiring Taking Applications For Full or Part Time Employment Opportunity to earn \$300 - \$500 per week to start. Call: (708) 676-0607 eoe m/f</p>
<p>PHARMACY TECH Between 30-40 Hours/Week Experience Preferred. Full Company Benefits WALGREENS 800 W. Devon, Park Ridge (708) 825-7157 Equal Opportunity Employer/MF</p>	<p>BUGLE CLASSIFIEDS WORK</p>		<p>WAITRESS Needed For Part Time Position in Des Plaines. Flexible Hours. Must Be 21. Cesar's Restaurant (708) 298-6500</p>	<p>SALES Part Time or Full Time • Work close to home in Niles, Morton Grove and Golf Mill area • Work during school hours - 5 hours a day • Salary PLUS Commission • Will train The Bugle Newspapers 8746 Shermer Road, Niles (708) 966-3900</p>

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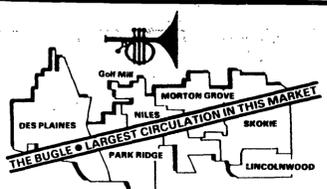
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FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	
SALES / RETAIL	SALES / TELEMARKETING	TRADES / INDUSTRIAL/DRIVERS	TRADES / INDUSTRIAL / DRIVERS	TRADES / INDUSTRIAL/DRIVERS	
MENARDS Retail LOOKING FOR A CAREER OPPORTUNITY OR EXTRA INCOME? Full Time And Part Time Positions Available For • CASHIERS • SALES • OUTSIDE YARD No Experience Necessary. <i>Wage Train.</i> • Excellent Pay and Benefits • Instant Profit Sharing • Advancement Opportunity • Flexible Hours APPLY NOW! LOOKING FORWARD TO MEETING YOU! MENARDS 1775 N. Rand Rd. Palatine, IL MENARDS MENARDS MENARDS MENARDS	TELEMARKETING Sell for Bugle Newspapers at Niles Office EXPERIENCED ONLY 966-3900 Telemarketers Part-Time Or Full-Time Flexible Hours No Experience Needed We Train!! **NO COLD CALLING** GUARANTEED HOURLY SALARY PLUS BONUSES ★★★★★★ The Telemarketing Co. Chicago (Harlem / Irving) Mt. Prospect (near Randhurst) (708) 635-6050 TELEMARKETERS •Excellent Commission •Cash Paid Daily •Flexible Hours •Great Full Time or Part Time Hours •Call For Appointment: (708) 679-7420 10 a.m.-2 p.m. Everyday Ask For Frank TELEMARKETING IN-BOUND No Cold Calls \$19-\$30 Per Hour Is What Good Sales People Earn Selling Promotional Products To Customers Who Call Us. Phones Always Ringing. We Offer Best \$\$\$ Package in Town. Salary, Bonus, Plus Commission. Paid Training. (708) 202-9920 TELEMARKETING Professional Appointment Setters And Lead Generators Needed. \$7/Hour - Northbrook Lucrative Bonus And Benefit Package Call Harvey (708) 272-6061 Career Opportunity	TOOL ROOM Contour Saws needs a General Machinist for our 2nd shift Tool Room Department, 3:30 PM to 12 Midnight. This machinist must have three years of combined experience on Standard Tool Machines, lathes, surface grinders and milling machines. All applicants must have the name, address, and phone number of the last three employers or employers covering the last five years. No application will be considered complete without this information. Apply in person: 9 AM - 2 PM Thursday September 15 through Wednesday Sept. 21 CONTOUR SAWS, INC. 890 Graceland Ave. (Mannheim Ave.) Corner of Graceland & Thacker Des Plaines, IL 60016 (708) 803-7318	Up to \$6.50/Hour 2nd/3rd Shift Full Time Major Candy and Nut Producer seeks experienced forklift operators and production people at their clean, modern facility 20 minutes north of the Chicago Loop. Work 8 to 12 hour shifts starting at 3 PM or 11 PM! • English Speaking Desired • Minimum 1 Year Forklift Experience • Ability To Lift 25-50 Lbs. • Close To Edens / Public Transportation • Overtime Available • \$5 / Hour For Production Positions • \$6.50 / Hour For Forklift Operator SKOKIE LOCATION Call 7 days a week 8 AM to 10 PM (312) 915-0700, ext. 035-SGN	Copier Technician IMMEDIATE OPENING National copier company looking for a copier technician to service Sharp copiers in the Chicago and surrounding areas. Our company offers competitive compensation packages. For further information, please call 1-800-969-4674 ask for Kevin	
• STORE • ASSOCIATES • Full & Part Time Chicago's Largest Retailer Of Fine Wines And Spirits Is Seeking Energetic, Customer Oriented Individuals For Our North Suburban Locations To Perform A Variety Of Store Functions. Qualified Persons Must Be Over 21 Years Of Age, Able To Lift 40-50 Lbs. And Able To Work Day And Evening Hours. Previous Retail Experience Preferred. We Offer Opportunity For Advancement, Attractive Compensation And A Complete Benefits Package. For Consideration Apply In Person: GOLD STANDARD 5100 W. Dempster Skokie, IL 60077 Or Call Personnel Manager: (708) 674-4200 Equal Opportunity Employer	CUSTOMER SERVICE ORDER ENTRY FLEXIBLE HOURS \$\$\$\$\$\$\$ Nationally recognized mail order company conveniently located in Niles seeks 25 individuals for special holiday project. Training begins 9/26 or 10/3 and positions will last through January or February. Will take customer orders via phone or mail and enter them into the computer. Choose hours best for you between 8:00 AM and 5:30 PM. Will train with pleasant phone personality, accurate typing or prior customer service/data entry experience. Excellent hourly pay and partial benefits with opportunity to become permanent full-time or part-time. Beautiful offices. Team-spirited atmosphere. Interviews begin ASAP. Contact Mr. Kelly (708) 966-2332 Auto OUTSIDE ROUTE SALES Peterbilt is Seeking An Outside Route Salesperson. Experience Helpful. Great Compensation & Benefits. Call Mr. Schue At: (708) 310-8900 For An Appointment PETERBILT OF CHICAGO 1211 E. Tower Rd., Schaumburg IL EOE Call one of our adtakers between 9 a.m. and 4 p.m. everyday and get your message right in the best spot in town. The Bugle's Classifieds More potential buyers are going to see our ad than anywhere else and the cost is low! Check our special rates. Call right away & get ready for some instant response!	TRADES / INDUSTRIAL / DRIVERS DRIVERS PART-TIME \$9.25 - \$7.70 TO START NO EXPERIENCE NECESSARY SEPTRAN needs responsible drivers who enjoy children for routes in the Des Plaines, Park Ridge, Niles & Morton Grove area. We will train you on our very easy to drive, fully automatic school buses, 16 passenger minivans, or 9 passenger subvans. Join our friendly corps of drivers! • AM & PM ROUTES (3-4 hrs per day)/Extra hours available • Paid Training for CDL/bus permit/Free Physical • 10% Performance Bonus/Regular Salary Increases • Permitted Drivers Start with Higher Pay • Transportation to & from work for minivans/subvans If you're over 21 with a good driving record & a valid driver's license for 3 years with no breaks or suspensions - call today! (708) 392-1252 Drug Screening Required	FACTORY Light Factory Work • Drill Press • Staple Machine • Bench Work • Packing Felt & Wood Piano Hammers Must Be Dependable and Able to Read a Ruler \$6.00/Hr. - 40/Hrs. week starting Both Men & Women encouraged to apply STANDARD PIANO HAMMER CO. (708) 827-5522 PLANT LOVERS!!!! Take care of tropical plants in office environments... Responsible people needed to provide high quality work for our Important Customers. Benefits - Mileage Good Starting Salary F/T - Rosemont Area. Call Elaine or Jennifer (708) 449-2018	Up to \$6.50 12 Hour Shifts America's #1 video corporation has production and packaging positions available at their clean, modern facility 45 minutes north of the Chicago Loop. Our facility is safe, clean and modern with a friendly work environment. 32 Full Time Positions Work 12 hour shifts starting at 6 AM or 6 PM! • Must be 18 yrs or older • Training provided • Fast Paced Environment • Weekly Paycheck • Need reliable transportation CONVENIENT NORTHBROOK LOCATION Call 7 days a week 8am-10pm Our recruiters look forward to scheduling an interview or simply providing you additional information about this job. Join our team today! 312-915-0700, ext 035-S19	MECHANIC TRACTOR TRAILER MECHANIC Immediate Opening Position of working supervisor. Must be experienced in refrigeration and have own tools. Small shop with good wages and benefits. Call Ed Jones at: (800) 347-1327 BURGLAR ALARMS: Looking For Experienced Burglar Alarm Installers. Must Be Licensed. Please Call Neil At (708) 965-5137 AIR CONDITIONING AND APPLIANCE TECHNICIAN IMMEDIATE OPENING! Must have own tools and transportation. For Chicago area. Call for details: 1 (800) 533-6485 PACKAGE HANDLERS PERFECT FOR COLLEGE STUDENTS RPS, A Small Package Delivery Service, Hires Package Handlers To Load And Unload Trucks. If You Are Not Afraid Of Hard Work, Are At Least 18 Years Old And Can Work 4-5 Hours Per Day, Mon-Fri, 4:30 PM To 8:30 PM, 8:30 PM To 1 AM, And 2:30 AM To 7:30 AM, Then RPS Has An Opportunity For You. We Offer You Up To \$7/Hour Plus \$17 Hour Tuition Assistance. Apply In Person: ROADWAY PACKAGE SYSTEM, INC. 2945 Shermer Rd. Northbrook, IL 60062

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FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME
MEDICAL/HEALTHCARE	SALES/RETAIL	TRADES / INDUSTRIAL / DRIVERS	TRADES / INDUSTRIAL / DRIVERS	TRADES / INDUSTRIAL/DRIVERS
Health Care PHYSICAL THERAPIST'S Immediate Openings! WE'RE GROWING! Christopher East Health Care Center is currently expanding our therapy service in our present staff to include an additional full-time & part time Physical Therapist. We have a dynamic therapy team, a newly remodeled facility and a determination to set the standards for excellence in quality and service in long term health care. We provide competitive compensation and an excellent benefit program (including 401K & tuition reimbursement). Our E. side Milwaukee location is convenient to expressways and bus service. For confidential interview please call Jim Gilley, Executive Director at: (414) 273-3950 or send resume to: 1132 East Knapp St. Milwaukee, WI 53202 equal opportunity employer m/f	Retail FRAME SHOP MANAGER FLORAL DEPARTMENT MANAGER FRAME SHOP ASSOCIATE (Full and Part-Time) Become part of the largest framing service/craft retailer in the nation by joining the Lewards/Michaels Arts & Crafts team in our NILES store. As a Floral Shop Manager, Frame Shop Manager and Frame Shop Associate, you have to be energetic, resourceful and ready for customers who expect the best. Strong sales and customer service skills are a must in these positions. Candidates for the Frame Shop Manager position must have at least 2 years previous management experience in a framing environment, and mat/glass cutting experience. We are proud to offer competitive compensation and benefits to our employees as well as a generous employee discount. Applications are being accepted Monday-Friday, 10 a.m. to 7 p.m., at the following LEEWARDS location: 7225 Dempster Niles, IL 60714 (708) 966-3060 EOE Find the help that you need in our classified section.	Up to \$6.50 12 Hour Shifts America's #1 video corporation has production and packaging positions available at their clean, modern facility 45 minutes north of the Chicago Loop. Our facility is safe, clean and modern with a friendly work environment. 32 Full Time Positions Work 12 hour shifts starting at 6 AM or 6 PM! • Must be 18 yrs or older • Training provided • Fast Paced Environment • Weekly Paycheck • Need reliable transportation CONVENIENT NORTHBROOK LOCATION Call 7 days a week 8am-10pm Our recruiters look forward to scheduling an interview or simply providing you additional information about this job. Join our team today! 312-915-0700, ext 035-S19	Up to \$6.50 12 Hour Shifts America's #1 video corporation has production and packaging positions available at their clean, modern facility 45 minutes north of the Chicago Loop. Our facility is safe, clean and modern with a friendly work environment. 32 Full Time Positions Work 12 hour shifts starting at 6 AM or 6 PM! • Must be 18 yrs or older • Training provided • Fast Paced Environment • Weekly Paycheck • Need reliable transportation CONVENIENT NORTHBROOK LOCATION Call 7 days a week 8am-10pm Our recruiters look forward to scheduling an interview or simply providing you additional information about this job. Join our team today! 312-915-0700, ext 035-S19	MECHANIC TRACTOR TRAILER MECHANIC Immediate Opening Position of working supervisor. Must be experienced in refrigeration and have own tools. Small shop with good wages and benefits. Call Ed Jones at: (800) 347-1327 BURGLAR ALARMS: Looking For Experienced Burglar Alarm Installers. Must Be Licensed. Please Call Neil At (708) 965-5137 AIR CONDITIONING AND APPLIANCE TECHNICIAN IMMEDIATE OPENING! Must have own tools and transportation. For Chicago area. Call for details: 1 (800) 533-6485 PACKAGE HANDLERS PERFECT FOR COLLEGE STUDENTS RPS, A Small Package Delivery Service, Hires Package Handlers To Load And Unload Trucks. If You Are Not Afraid Of Hard Work, Are At Least 18 Years Old And Can Work 4-5 Hours Per Day, Mon-Fri, 4:30 PM To 8:30 PM, 8:30 PM To 1 AM, And 2:30 AM To 7:30 AM, Then RPS Has An Opportunity For You. We Offer You Up To \$7/Hour Plus \$17 Hour Tuition Assistance. Apply In Person: ROADWAY PACKAGE SYSTEM, INC. 2945 Shermer Rd. Northbrook, IL 60062
PROFESSIONAL OPPORTUNITIES TEACHERS Quality Care Begins With Quality People. Now, Employer Based Facility In Rosemont To Open Early Fall. Full And Part Time Positions With Infant, Toddler And Pre-school Programs. Competitive Wages, Excellent Benefits And A High Quality Caring Environment. EOE (708) 384-5650	FAX FOR ADVERTISING COPY (708) 966-0198 BOOKKEEPER To Work 20 Hours Per Week For Bugle Newspapers Mon. and Fri. 9 to 5 - Thurs. 1 to 5 Some experience in accounts receivable, invoicing and computers is preferred. (708) 966-3900 BUGLE NEWSPAPERS CLASSIFIED ADVERTISING OFFICE HOURS and DEADLINES Our offices are located at 8746 Shermer Rd., Niles and we are open weekdays only, 9am-5pm. You may stop in or call (708) 966-3900 to place your ads. For ads only, you may fax your copy anytime, 7 days a week, 24 hours a day to (708) 966-0198. Our deadline for all insertions for our Thursday editions is Tuesday prior to publication at 3pm. Call your representative for other specific information.	FACTORY Light Factory Work • Drill Press • Staple Machine • Bench Work • Packing Felt & Wood Piano Hammers Must Be Dependable and Able to Read a Ruler \$6.00/Hr. - 40/Hrs. week starting Both Men & Women encouraged to apply STANDARD PIANO HAMMER CO. (708) 827-5522 PLANT LOVERS!!!! Take care of tropical plants in office environments... Responsible people needed to provide high quality work for our Important Customers. Benefits - Mileage Good Starting Salary F/T - Rosemont Area. Call Elaine or Jennifer (708) 449-2018	Up to \$6.50 12 Hour Shifts America's #1 video corporation has production and packaging positions available at their clean, modern facility 45 minutes north of the Chicago Loop. Our facility is safe, clean and modern with a friendly work environment. 32 Full Time Positions Work 12 hour shifts starting at 6 AM or 6 PM! • Must be 18 yrs or older • Training provided • Fast Paced Environment • Weekly Paycheck • Need reliable transportation CONVENIENT NORTHBROOK LOCATION Call 7 days a week 8am-10pm Our recruiters look forward to scheduling an interview or simply providing you additional information about this job. Join our team today! 312-915-0700, ext 035-S19	DELIVER NEWSPAPERS Deliver three hours on Thursday in Niles. Must have car. (708) 966-3900

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MISCELLANEOUS

TRADES / INDUSTRIAL / DRIVERS

ARIZONA
Phoenix area GM dealership is looking for experienced Parts Counter person, Body Technician and Service Advisor.
Call Dave Lathrop (602) 835-0900 or send or FAX resume to: **SUN PONTIAC** 1600 W. Main Street Mesa, Arizona 85201 FAX: (602) 964-4606

CONSTRUCTION
CONCRETE PUMP OPERATORS & PUMP MECHANICS
Immediate Opening!
Experienced only. Must pass drug test. Good pay. Vacation, 401K plan. Will consider some moving expenses. Need personal for Texas and Colorado. New Putzmeister equipment available in some areas.
O'BRIEN CONCRETE PUMPING Texas, (713) 868-5370 Colorado, 1 (800) 431-8080

FLORIDA
Immediate Opening!
FLORIDA HI-VOLTAGE TESTING CO.
Needs Circuit Breaker/Relay Tester. Salary Commensurate with Ability. Call Jim Dowling: (904) 384-7008

TEXAS - DALLAS, TEXAS TOOL AND DIE MAKERS
IMMEDIATE OPENING!
AMT, a leader in utilizing the latest technologies to produce PROGRESSIVE METAL STAMPING DIES is currently hiring DIE MAKERS. We offer competitive wages and Retirement Plan. (214) 228-2372.

CAREER CORNER

REAL ESTATE

APTS. FOR RENT
NILES
2 Bedroom Apartment (708) 392-9121

NILES-GOLF MILL AREA (708) 679-0467
Appliances - Heated - No Pets Avail. Now - Call AM OR After 4 PM

BUILDING FOR SALE
Glenview
6-Flat Building For Sale Beautiful Condition - Everything New! (708) 296-5718

Buying or selling.....
BUGLE CLASSIFIEDS is the place for you. Call: **966-3900**

AUTOS FOR SALE

1983 Chevrolet VAN-WHITE C-30 W/12 Ft. Box - Rebuilt Motor Under 10,000 Miles Newly Painted - Runs Good \$5,000 Or Best Offer (708) 543-9882

FURNITURE FOR SALE

White Formica Trundle Bed with Mattress 5 Year Old Apple Computer. 1 Girl's 20" Bike, 1 Boy's 16" Bike. Call Denise After 5 P.M. (708) 541-9555

MOTORCYCLES FOR SALE
'87 Honda Hurricane 600 All Stock - Red and Black Low miles \$3100 Call 967-0140

PETS

DOG OBEDIENCE TRAINING
8 Lessons - \$80.00 Or 8 Lessons At Your Home - \$120 Call Barbara (708) 647-0274

MOLUCHEN COCKATOO
Bird & Cage. \$1,200.00/Best Offer. Moving Sale. Call Debbie (708) 982-9500

PERSONALS

2 Hearts R Better Than 1 Meet Singles Like You & Never Be Lonely Again. 1-900-476-2277 X35. \$2.49/Min. 18+. ITC (310) 792-2460

LIVE, LOVE, LAUGH!
Call The Dateline That Has 1000's Of Singles To Choose From 1-900-443-0629 x 78 \$2.95 / Min. 18+ B1 (213) 993-9450

NILES - 8628 N. MERRILL
Fri. - Sun., 9/16, 17, 18, 9 - 4. Color TV, Exercise Bike, Clothing, Baseball & Football Cards, Sports Collectibles, Slat - Wall Fixtures. Multi - Family. Something For All

NILES - 6919 SEWARD
Fri., 9/16 & Sat., 9/17, 9 am - 4 pm Sheers, Drapes, Rods & Much Misc.

DES PLAINES - 9021 WESTERN
(Between Ballard & Golf) Fri., 9/16 & Sat., 9/17, 9 am - 5 pm Misc. - Something For Everyone!

Your credit is good with us! We accept Visa & MasterCard.

NEED HELP? CALL... 966-3900

All Your Dreams Can Come True! Call My Dateline Now!
1-900-562-7744 Ext. 22 \$2.49/min. 18+

Our classified ads reach more people per week for the least amount of dollars. We cover the near northern suburbs and the northside of Chicago with 2 insertions per week. See how your money can work for you by putting your recruitment ads in both editions of The Bugle. You now get both insertions for the price of one! Call for details.

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Volunteers needed to listen

A 24-hour helpline is seeking volunteers who are willing to listen, not just talk. Though some would say that the members of the so-called "Generation X" never listen, Contact Chicago is looking beyond the hype for those members of the younger generation who want to help all generations and learn valuable skills.

Contact Chicago prepares all its volunteers to listen to callers' problems in a caring and non-judgmental way. The local not-for-profit helpline is preparing for another round of volunteer training sessions on listening skills beginning Sept. 17 in both LaGrange and Chicago. Slots are available for additional volunteers of all ages who want to help the community while at the same time improving their own professional skills.

"We know there are many people between the ages of 20 and 35 who want to help others in need. Besides the usual rewards volunteering brings, we also offer the listening skills training that can improve volunteers' relations with customers and co-workers at their regular jobs," said Debra Berger, Executive Director of Contact Chicago.

For the past 12 years, Contact Chicago has provided the Chicago metropolitan area with a free helpline for those in need. Contact Chicago's help lines are staffed 24-hours a day, seven days a week, throughout the year. "We have volunteers of all ages working the lines at our offices in LaGrange and Chicago," said Berger. "But since a number of our callers come from Generation X, we are looking for volunteers from that same age group who can listen and refer those callers to needed services."

The Professionals in Learning Disabilities will hold its first meeting of the year on Tuesday, Sept. 20, at 7:45 p.m. at Washburne School, 515 Hibbard Road, Winnetka. The speaker will be Nancy Scott, who is immediate past president of the Illinois Psychological Association. The topic is: What Is "The Barriers" Committee Project? What Are "The Barriers?"

Professionals in Learning Disabilities is a non-profit organization whose members strive to promote individual professional growth, to encourage an exchange of ideas, and to provide direct services to learning disabled persons. Non-members are welcome to attend.

For further information, contact C.S. Nicholas at 1-700-679-2177 or 1-708-679-2188.

Road project

State Senator Walter W. Dudy (R-Chicago) has announced that bid receipts for the following road project for the 7th Legislative District were scheduled for August 26.

The project includes: Patching on Canfield Road from Illinois Route 72 (Higgins Road) to Foster Avenue and on Illinois Route 21 (Milwaukee Avenue) at Touhy Avenue located near Harwood Heights and Park Ridge, respectively in Cook County. The program cost is \$400,000.

Exhibitors wanted

St. Stephen's Church in Des Plaines is presenting a Holiday Bazaar on November 5 from 9 a.m. until 4 p.m. We are presently accepting applications for exhibitors. All

Citizenship presentation

Polish Welfare Association is sponsoring a special presentation for those individuals who are interested in learning more about becoming a U.S. citizen.

The presentation will be held on Sept. 18 at 1:30 p.m. in the meeting room of the Des Plaines Public Library, 841 Graceland Ave., Des Plaines.

The panel discussion, titled "The Who, the When and the How of U.S. Citizenship," will be chaired by Ewa Irzyk-Lohn, citizenship coordinator for PWA. She will be assisted by Barbara Ukaszcz, a co-coordinator for the program.

The meeting is designed to provide specific information that can be used immediately by immigrants who are in the process of seeking naturalization.

Should the further services of Polish Welfare Association, such as fingerprints and application assistance, be necessary, additional follow-up sessions will be made available at the same location.

Reservations for the event are not necessary. However, if further information is desired, the panelists can be reached at (312) 282-8206, ext. 341 or 347.

Cultural Center presents trio

The North Lakeside Cultural Center, 6219 N. Sheridan, will present the Spectrum Trio consisting of Edward Moore, cello, Vivienne Venderley, violin, and Robert Sachs, piano playing the works of Beethoven, Brahms, and Mozart on Sunday, Sept. 25 at 3 p.m.

Admission is \$5 at the door, \$3 reserved, seniors \$2. For information and reservations, call (312) 743-4477.

PLD to hold meeting

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Iowa Wesleyan counselor to visit Notre Dame

A representative of Iowa Wesleyan College will be at Notre Dame High School in Niles, on Wednesday, Sept. 21 at 8 a.m. Dereck Hall, an admissions counselor at Iowa Wesleyan, will be at the high school to meet with students interested in learning more about Iowa Wesleyan College.

M-NASR accepting fall registration

The Maine-Niles Association of Special Recreation (M-NASR) is accepting registrations for the Fall program session, which began on August 4 and ends on Wednesday, Sept. 21 and programs begin on Monday, Oct. 3. M-NASR offers a large selection of recreational programs for children and adults with disabilities including integrated programs within the park districts of Des Plaines, Golf-Maine, Morton Grove, Niles, Park Ridge, Skokie and the Village of Lincolnwood.

Call the M-NASR office at (708) 966-5522 for information on Fall programs and to receive the Fall program brochure.

'Miles For Monte' to benefit ALS

Former Chicago Bears Keith Van Horn and Jay Hilgenberg will serve as honorary co-chairs of the fifth annual "Miles for Monte" 5K Run/Fitness Walk and 1-mile Family Fun Walk to benefit the Les Turner ALS Foundation on Sun., Sept. 25, 8:30 a.m. at the Laura B. Sprague Elementary School, 2425 Riverwood Rd. in Lincolnshire.

"Miles for Monte" is organized by Monte Briner, his family and friends to benefit the Les Turner ALS Foundation. Monte, 52, was diagnosed with ALS in 1984. He is paralyzed and can only communicate through a computer controlled with his eyebrow. Last year the event raised \$120,000 and attracted 800 participants.

Entry fees for the 5K Run/Fitness Walk are \$10 prior/\$15 day of race. Entry fees for the Family Fun Walk are \$25 prior/\$30 day of race per family. Awards will be given for male and female 5K Run participants in different age categories. All registrants are eligible to win door prizes including two tickets to anywhere in the continental

Sports Center announces fall hours

Beginning Sept. 6, the Northbrook Park District Sports Center office will be open on Monday through Friday from 9 a.m. to 8 p.m., Saturdays from 8 a.m. to 4 p.m. and Sundays from 9 a.m. to 4 p.m. Please take note of these fall office hours.



From the Left Hand

Continued from Page 1

ed Niles administration salaries increased by a much higher percentage than the national average. Another lady in School District 71 alerted us to a September 20 meeting when she said a hike in taxes will be initiated at that school board meeting. And two weeks ago a resident alerted us to the \$4 million administration salaries

in the Maine high school district.

We've given our opinions. The school superintendent and the head of the teachers' union in District 63 have given theirs. We'd now like to read letters from school board members, politicians and particularly from the guys and gals who pay the bills.

Chambers ... Niles

Continued from Page 1

the wrong questions, how to open and promote two way communication, how to use interviewing for quality improvement and much more. This program will be Thursday, Oct. 13 from 8:30 a.m. to noon, cost is \$65 for members and \$95 for non-members and will include a continental breakfast and materials.

The last part of the series is titled "Workers Compensation and Unemployment Insurance." It will be held Thursday, Nov. 17 from 8:30 a.m. to noon. This seminar will cover claims management, administration of claims and claim settlement. Complying with WC/UI claims management from initial incident to final determination will be discussed. Cost of this program is \$65 for chamber members and \$95 for non-members.

For more information or to register for any or all seminars in this series, call the Skokie Chamber of Commerce at (708) 673-0240.

Niles zoners ...

Continued from Page 1

the code book and pointed out sections that would now be redundant and made a recommendation that the Village Board approve the omission of these phrases.

"We needed to clean up the present zoning ordinance," Salerno said. "We had to get rid of some of the language that we had."

Salerno said the last major zoning code change came about five years ago when the Board reworded an ordinance that restricted more than three unrelated people from living together. The Board changed the ordinance for disabled adults and the Glenkirk home was established as a result.

Pizza Day at Leaning Tower Y

On Friday, Sept. 23, the Leaning Tower YMCA will be holding a Pizza Day. Lunch will be served from 11:30 a.m. to 1 p.m. and dinner from 5:30 to 7 p.m. The pizza will be sold by the slice and pop will also be available.

Join Family Fun Night starting at 7 p.m. Swimming, pre-school gym, Mazing Kids, open gym and much more will be available. Everyone is welcome.

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New assignment for HSA

Robert E. Smetana, Principal of Hiffman Shaffer Associates (HSA) and President of the company's asset management group, has announced that the firm has been awarded a new management assignment at 1001 E. Touhy Ave., Des Plaines.

The 70,000 square foot single-story office structure is one of a four-building complex in Commerce Center at O'Hare and is conveniently located. There is immediate access to both I-294 and I-90, leading to downtown Chicago, O'Hare International Airport and the greater suburban area. The owner is Vesper Management Corp., a subsidiary of Lutheran Social Services of Illinois, who retained HSA to handle both leasing and management of the building.

Hiffman Shaffer Associates, Inc. is one of the area's most active real estate firms with offices in downtown Chicago, the O'Hare area, Schaumburg and Oakbrook Terrace. The firm is the Chicago area representative for New America Network, the world's largest affiliation of independent commercial and industrial real estate firms. HSA's diversified portfolio includes office, industrial and retail brokerage, management, development and consulting.

'Business in Suburbia'

The Consultants Roundtable, aimed at consultants, professionals and small business owners, will hold a program entitled "Business in Suburbia" on Saturday, Oct. 8 at The Destiny Restaurant, 1440 Rand Rd., Des Plaines. Ellen Shubart, Chief of Crain's Chicago Business Suburban Bureau, will be the featured speaker.

Shubart will bring her insights on the economic outlook and how we as small business owners may prepare to take effective advantage of trends. She will also discuss the growth of the franchising industry and why it has led Crain's to establish a business paper (which she will edit) to address this segment of the marketplace.

Registration will take place at 7:30 a.m. The program will be held from 8 a.m. to approximately 10:30 a.m. Cost is \$15 for members/guests for first meeting and \$25 for others. Cost includes full breakfast.

Call Cathy Rough or Jon Shimbarg at (312) 663-5575, for additional information.

Fall drama courses scheduled

Two new Northbrook Park District fall drama programs are designed to encourage the creativity in your child. Drama with Doc I will help your 10 or 11 year old create spontaneous scenes for possible future stage presentations. Drama with Doc II is an intermediate acting course for 12 and 13 year olds who would like to learn improvisational techniques.

Both courses meet at the Park District Leisure Center, 3323 Walters Ave. Both will help bring out the stage talent in your youngster. Performing Art classes are popular, so plan to register as soon as possible. Call 291-2980, for more information.

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Real Estate class offers prep for license

A class in Real Estate Transaction, the basic course needed to obtain an Illinois Salesperson's license, will be sponsored by ERA-USA Realty, Ltd. Classes will be held at 1013 S. Arlington Heights Rd., Arlington Heights. This course will be offered Mondays and Wednesdays for five weeks, from 6:30 to 9:30 p.m.

Real Estate transactions, contracts and conveyancing, advanced real estate principles, real estate appraisal, property management and financing, sales and brokerage, and real property insurance are the topics to be discussed.

The class starts Sept. 26 with a free review night on Oct. 2. The State Exam can be taken by appointment. Tuition is \$100, plus books.

The Illinois Department of Professional Registration requirements are: 21 years of age and a High School Diploma/GED. Regulations: We offer career opportunities and school reimbursement.

For more information regarding the course or to register, call Joe Zivoli, broker/owner at (708) 640-6800.

Centre East Showcase '94

Plans for Showcase '94, the annual showcase of performers and entertainers for young audiences sponsored by Centre East in Skokie, are now in place. Showcase is set for Thursday and Friday, Sept. 22-23, at the Forest View Educational Center, 2121 S. Goebbert Rd. (three blocks south of Golf Rd.) in Arlington Heights.

Centre East Showcase, which provides a look at some of the best programs available for young people, played to a sold-out audience last year. More than 40 percent of this year's mainstage performers are new to Showcase.

Centre East Executive Director Dorothy Litwin reports that an increased number of auditions and out-of-state performers vied for a spot at the 17th annual Showcase. A total of 150 performers will have dis-

plays set up in the Showcase Exhibit Hall to share information on their shows, prices, and availability.

Tickets are still available for Showcase for \$45 each (for the entire Showcase...Thursday and Friday) or \$30 for one day. Tickets include the theater performances, a Showcase program book (also sold separately for \$15), lunch, and entrance to the Exhibit Hall. There is also a complimentary raffle drawing that will entitle winners to reduced prices on in-school programs, theater tickets, and other prizes.

To order tickets or for more information on Showcase '94 on Sept. 22-23, call Joan Lenney or Pat Adams at Centre East at (708) 673-6305 Monday-Friday 9 a.m. to 5 p.m.

Local dentist takes practice to Nepal

Gary Padgett, DDS, a general practitioner in Glenview, reached a career pinnacle, literally, when he provided dental care high in the Himalayan Mountains as part of a program to provide much needed health care in Nepal.

"I worked in a stone hut at 12,000 feet with no running water and no electricity," Padgett said. "I wore a little headlight on my forehead like coal miners wear to see what I was doing. We carried water from the nearest water source and boiled it so I could sterilize the instruments. It was pretty primitive."

"I would love to go back. It was one of the most rewarding experiences of my life."

Padgett received the American Dental Association's Certificate for Volunteer Service in a Foreign country.

"I was looking around for an overseas project in which I could volunteer my services, but because of the demands of the practice, I couldn't," said Padgett, who has been a dentist for 10 years, and practices in the office his father opened in 1950. "In the summer of 1993, I saw an advertisement in a dental journal for a dentist to volunteer in Nepal and I called immediately. I was one of the first and they decided to take me. I was to go in March or April of 1994. In September of 1993, the organization called and asked if I could come the next month. I don't know why, but I said yes."

Padgett put his practice in order very quickly. He flew from Chicago to Los Angeles to Tokyo to Bangkok to Katmandu, then drove for a week to the village of Tipling.

"Some of the people I saw walked a week to get to the clinic," he said. "There really is very little knowledge of health care in Nepal. They simply are not aware of dental hygiene. There's solving for process improvement."

are no dentists; in fact, I was the first dentist and the first American these people had seen. There is no dental or medical school in the country.

"One woman stood in line for three days to get dental care, and I extracted 14 teeth that were in very bad shape. After the procedure, she got up, headed out the door and down the side of the mountain to return to her village. These people are tough."

Padgett purchased hundreds of pounds of supplies and equipment for the trip, all out of his own pocket. He took educational materials that were translated into Nepali. He trained two of his assistants in basic dental procedures.

"I would love to go back but it is very expensive," he said. "Taking a month off from work at your own expense is hard. Plus purchasing your own supplies and ticket is not cheap."

"But, that's beside the point. I would do it all again. The Nepalese have nothing and they are so appreciative of what you do for them. It will take about a year before I can go again. I'd do it."

Grofman earns Employee of the Month

The Illinois Student Assistance Commission (ISAC), Deerfield, selected Mike Grofman, Niles, as the September Employee of the Month.

Grofman is a Special Coordinator in the Claims and Collections Division and has worked for ISAC for two years. He earned the award for his willingness to accept additional responsibilities and creative problem solving for process improvement.

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