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Niles man charged in MG bank robbery

By Tracey Labovitz

A Niles man was arrested in connection with the January 29 armed robbery of a Morton Grove bank. Raymond Burback, 58, was taken into custody by Morton

Grove police at his home, 7538 Waukegan Road, Niles, during the evening of February 8. According to Morton Grove police, his arrest came after authorities received anonymous

tips stemming from media reports regarding the January 29 bank robbery at the Savings of America Bank, 8745 Waukegan Road, Morton Grove. Continued on Page 18

Park Board approves \$2 million bond

by Dina Marie Maltese

The Niles Park Board approved the selling of bonds to total \$2,050,000 during Tuesday night's meeting. These bonds will be used for capital projects. "This will not affect the taxpayers because the debt limit of our tax

rate will remain the same," said Ron Mrowiec, business manager. Also approved at the meeting was the plan to re-lamp existing fixtures at Jozwiak Park Diamond No. 4. Fulton Contracting Continued on Page 18

Niles
edition of



The Bugle

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New owner pays \$2.01 million for property Oak Mill Mall sold at auction

By Tracey Labovitz

After many years, Oak Mill Mall finally has a new owner.

The mall, located at 7900 Milwaukee Avenue in Niles, was bought through a sheriff's sale February 7 by Harry Major of National Saturn, Inc. for \$2.01 million.

"Everybody in retail has known about this property for 10 years," Major said. "We weren't even sure we were going to be successful at the auction. We haven't completed the sale, yet. It's still under the control of the courts, but it should be completed in the next month or so."

Oak Mill Mall has been in fore-

closure for years and has had a significant number of owners. As its newest, Major said his first step is to evaluate the property.

"I'm obviously going to try to fix it up and develop a marketing structure to bring back occupancy," he said. "But first you need to take a little time to see what's there and what's available in terms of retailers."

Major, who is a North Shore resident, is an experienced property owner in the retail shopping center business. He said that he has had good experiences in the past and feels Oak Mill Mall is a well located property that could do tremendous business.

From the Left Hand

by Bud Besser

"Niles is Joe." That's what one of Joe Briski's customers said Monday morning when he came into Joe's Marathon station at Milwaukee and Main Streets and was told Joe had passed away the previous Thursday.

Joe has been an old friend of The Buglers for most of the 32 years he had his station. Bugler Ray Betke told us the sad news Monday morning. One of the single women in our office said she always went to Joe's gas station because she knew she would get a fair shake from Joe. She said women like her often get taken because they know so little about their cars. But Joe was honest and that's why she went to him.

Tuesday morning Joe's sons, Mike and Dave, who will continue running the family business, said their Dad was a guy who really enjoyed life. They reminded me one of their customers came in Monday and said Joe was always yelling at him. "The funny thing," he said, "Joe was usually right."

In addition to his usually being right he was also a very hard worker. In his early days owning the station he also worked for the Niles Park District as well as working at Teletype. He often told family members, "Six hours of sleep was enough. More sleep than that was a waste of time." Continued on Page 18

Dist. 63 to extend wheelchair assistance

by Ben Rieck

After more than a year of use and the expiration of its warranty, the School District 63 Board of Education voted unanimously to extend coverage on a wheelchair lift at its last meeting held Feb. 6.

The lift helps physically challenged staff and students at Apollo School handle traveling up and down stairs in the building.

James Reynolds, Director of Operations, said a standard one-year maintenance contract is usually approved for economy sake. After the manufacturer's warranty expires, the decision is made to extend the warranty based on the importance of the equipment and the possibility of problems, he said.

The wheelchair lift model used at Apollo is unique, Reynolds said, because it is one of few

available that are battery operated. By running on batteries, the lift is safer with no risk of shock, he added.

DME Co. of Naperville is the local distributor of the lift and, he said, will perform the maintenance checks and service.

The newly approved warranty extension includes labor costs for two inspections and for any breakdowns or service, Reynolds said. With one service call, the

Continued on Page 18

Niles Grandmothers to meet

Niles Grandmothers will meet Wednesday, Feb. 23, at the Niles Rec. Center. The meeting starts at 11 a.m.

Grandmothers come prepare to order tickets for the April Founders Day Luncheon. Cost is \$13.

Lite lunch will be served. New members are always welcome.

Bugle's Retirement/Nursing Home Guide

Page 1 of Retirement Section

Village Trustee receives retirement plaque



Pictured (left to right) are Village Trustees Bart Murphy and Louella Preston, John "Jack" Frick, Mayor Nicholas B. Blase, and Trustees Andrew Przybylo and Tom Bondi. At the January Village Board meeting, Mr. Frick was presented with a retirement plaque from the Board in appreciation for his 32 years of dedicated service on the Niles Zoning Board. Frick was first appointed to serve on the Zoning Board in May, 1962, and later became Chairman of the Zoning Board in 1968.

Craft coordinator joins Maine Seniors

Suzette Horyza has joined Maine Township as the new craft coordinator for the Maine Township Seniors.

Horyza, age 33, has a bachelor's degree in recreation and previously worked as the senior citizens/recreation supervisor for the Des Plaines Park District.

Horyza, who will lead monthly craft classes for the seniors, said her first projects may include clothing decorations or window treatments. She said she also would like to bring in occasional guest speakers and offer craft projects that could make useful gifts for the area's homebound.

When not leading classes, Horyza runs Colorburst, a jewelry, clothes and home decor design business. She also works as a consultant for senior programs.



Suzette Horyza

A Golden Time

Judith Schillace, Administrator The Manor at Lincolnwood Place 7000 McCormick Lincolnwood, IL 60645 708-982-2660

Pets are apparently good for your heart. A large Australian study in 1992 found that pet owners are at lower risk of heart disease than those who don't have animals. Of 5741 participants, the 13.6% with pets had on the average lower blood pressure, lower cholesterol levels, and lower triglyceride levels than others. The difference in cardiovascular status was significant even after taking into account smoking habits, weight, diet, and socioeconomic status. The type of pet did not seem to matter. All types of pets were associated with good cardiovascular health.

A graduate of Illinois State University, Horyza worked for the Des Plaines Park District from 1982 to 1988. She then served as director of the Northbrook Park District's senior center for three years. She started her own business in 1991.

Loop the Loop

Omni Tours will take the Prairie View Senior Travel Club on a Chicago excursion on Thursday, March 24. The trip includes a tour of the Board of Trade, the Chicago City Hall and the Harold Washington Library followed by lunch at Binyon's. Departure time is 8:30 a.m. and return around 5:30 p.m. The cost is \$48, \$52 for non-residents.



'Living with Arthritis' class offered

Northwestern Memorial Hospital is offering a class called "Living with Arthritis," on Friday, Feb. 18 from noon to 1 p.m. More than 36 million Americans suffer from some form of arthritis. Internal medicine specialist Dr. James Schroeder will discuss the different forms of arthritis, its causes and treatment options available to help relieve this painful affliction.

The cost is \$5. Pre-registration is required. For more information, call Northwestern Memorial Hospital at (312) 908-8400.

Jeffrey M. Leedahl

Navy Airman Jeffrey M. Leedahl, son of Elaine W. Leedahl of Des Plaines, recently returned from a six-month Western Pacific, Indian Ocean and Persian Gulf deployment.

THE BUGLE (USPS 069-760) Bob Besser Editor and Publisher

1994 MEMBER NEWS PAPER ASSOCIATION

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For more information call the Evanston Hospital's Geriatric Services at (708) 570-2219, ext. 1111

Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to residents of the Village of Niles, age 62 and over and their younger spouses. Seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

WOMEN'S CLUB TRIP TO DRURY LANE
The Niles Senior Center Women's Club is hosting a trip to Drury Lane South on Wednesday, March 9 from 10:30 a.m. to 5:30 p.m. Enjoy your choice of built steak or chicken Martinique for lunch followed by the comedy "Don't Dress For Dinner" starring Ken Barry. The cost is \$31, call for ticket availability. Men are also invited to this trip.

LECTURE - "SITTIN' AT THE GROWN-UPS TABLE"
The Niles Senior Center is hosting a lecture, "Sittin' At The Grown-Ups Table" on Wednesday, Feb. 23 at 1:30 p.m. Ms. Marci Novit will present a light and whimsical look at the misconceptions of growing older. This entertaining presentation will make you look at your life in a new, amusing and positive way. This lecture is free, however registration is requested. Coffee and treats will be served at this fun and lively presentation.

OIL PAINTING CLASS
Registration is now being taken for the Oil Painting Program which begins on Tuesday, Feb. 22 and continues through May 10. The classes meet on Tuesdays at 9:30 a.m. at the center. The fee is \$15 for the session. Beginners are welcome to join the class.

STILL LIFE DRAWING FOR SENIORS
The Niles Senior Center is offering a Still Life Drawing Class for seniors on Tuesdays, 9:30 to 10:30 a.m. at Ballard Leisure Center from March 15 to May 3. This class is for both beginner and intermediate artists. The cost of the class is \$9 which includes supplies. Register at the senior center by March 4.

MEDICARE & SUPPLEMENTAL INSURANCE APPOINTMENTS
The Niles Senior Center is offering Medicare and Supplemental Insurance information appointments on Wednesday, Feb. 23. A representative from Banker's Life will be available to answer questions concerning insurance. For appointment, call the senior center at 967-6100, ext. 376.

SINGLES GET TOGETHER
The Niles Senior Center will host a Singles Get Together on Thursday, Feb. 24 at 1 p.m. The agenda will include socialization and entertainment by Rose, a strolling musician. There will also be refreshments at this event. The get together is free, however, registration is requested and may be made by calling the center at 967-6100, ext. 376.

WOMEN'S CLUB MEETING
The Niles Senior Center Women's Club will hold their next meeting on Monday, Feb. 28 at 1 p.m. There will be a presentation on Senior Safety Awareness Program presented by the Cook County Sheriff's Office. A pre-meeting lunch will be available at noon. A turkey sandwich on a croissant with potato salad will be available for \$1.50. Tickets will be sold for the March 9 Women's Club Drury Lane Theatre outing.

LEGAL AID ASSISTANCE
The Niles Senior Center through the efforts of the Cook County Legal Assistance Foundation offers legal aid to eligible clients. Once eligible, clients can receive advice on Social Security related problems, unemployment, railroad retirement, Medicaid/Food Stamps, Medicare and other areas of legal concerns. Clients are given a phone interview with a qualified legal aid representative followed with a written response a few weeks later. For additional information on this service, call the senior center at 967-6100, ext. 376.

INCOME TAX REGISTRATION
Registration is now being taken for senior Income Tax Appointments. Appointments will be on Tuesday, Wednesday and Thursday mornings and afternoons on Tuesday, Feb. 1 through Thursday, April 7. If you need to fill out a Circuit Breaker Only please let us know. Call the senior center at 967-6100, ext. 376 for an appointment.

Offer support to caregivers Alzheimer's specialist to speak

An on-going support group for the adult children of Alzheimer's patients will meet from 6:30 to 8:30 p.m., Wednesday, Feb. 23, in the Community Health Education Center, Burch building room G24 at the Evanston Hospital 2650 Ridge.

Group members discuss coping techniques and educational information helpful to those adult children who care for parents with Alzheimer's Disease or other type of memory loss.

For more information call the Evanston Hospital's Geriatric Services at (708) 570-2219, ext. 1111

Niles Park District receives state awards



Pictured, (left to right), are Niles Park District Commissioner Rick Sheridan, Commissioner Marlene Baczek, Professional of the Year Jerry Krewer, Ice Rink Manager of the Year Joe Modrich, Commissioner Elaine Heinen, and Commissioner Myrna Breitzman.

The Niles Park District was honored with two awards at the Illinois Park and Recreation Conference held Jan. 13-15, 1994. The Conference is sponsored by Illinois Park and Recreation Association (IPRA) and Illinois Association of Park Districts (IAPD).

Superintendent of Recreation Jerry Krewer, was bestowed Facility Management Professional of the Year for 1993 in recognition of his promotion, development and management of the Niles Park District's recreational facilities. A member of the IPRA Facilities Section for over 17 years, Krewer has been an active member of the Ice Skating Institute of America (ISIA).

Joe Modrich was named Ice Rink Manager of the Year. This award is given to the top professional in each of five sub-categories of the IPRA Facility Management Section. Modrich is currently the Manager of the

Niles Park District Ice Land Facility.

These honors showcase the professionals that the Niles Park District has on staff. Golf Professional Greg Genz, Golf Operations Manager of Tam Golf Course, received the Golf Course Facility Manager of the Year for 1992. To have three honored Facility Managers of the Year on staff is an unusual accomplishment for a park district.

Harlem Irving wins advertising award

Harlem Irving Plaza, owned and managed by Harlem Irving Companies Inc., recently won a 1993 Star Award from the Chicago Area Marketing Directors Association (CAMD). The Star Award Program honors shopping centers for excellence in print advertising. The Plaza, located at the intersection of Harlem Avenue, Irving Park Road and Forest Preserve Drive in Chicago, won in the category of "Best Overall Campaign: Regional Center."

Harlem Irving Plaza's Marketing Director Kathy Vitello, CMD, Graphic Designer Carolyn Davis, and Herb Adler of Promotion Management Associates were collaborators on the advertising campaign. Judging was based on the effective use of print space, creativity, design, copy, and production techniques.

Dunning Square, located at Irving Park Road and Narragansett Avenue in Chicago, received an honorable mention for "Best Overall Campaign: Community/Strip Center." Dunning Square is another holding of Harlem Irving Companies.

North Shore Men's Club speaker

Circuit Court Judge Margaret O'Mara Frossard will speak before the North Shore Men's Club on Tuesday, Feb. 22, at 1 p.m. at the North Shore Senior Center, 7 Happ Road, Northfield.

John Swenson, coordinator, announced that Frossard will share her expertise on laws protecting the elderly.



Judge Margaret O'Mara

Judge Frossard has been fighting crime for 12 years, rising through the ranks of the State's Attorney's Office to her appointment as Associate Judge in 1988. She has presided over hundreds of civil and criminal trials, resolving cases of hate crime, sexual assault, domestic violence, gang violence, and narcotics violations among others. Judge Frossard currently lectures at several Chicago universities, including Chicago Kent Schools of Law, and the University of Chicago.

Dean's list

Several local residents are among 790 students named to the Elmhurst College Dean's List for the first semester of the 1993-94 academic year. Included are Helen Roman from Morton Grove and Jonathan Paul Arendt, Mark Alan Dessimo, James Ruschein, and Laura Sprovionio from Niles.

Judge to address Expanding Horizons

Circuit Court Judge Loretta Carol Douglas will speak before the Expanding Horizons Club on Tuesday, Feb. 22, at 11 a.m. at the Bernard Horwich J. C. C. Center, 3003 W. Touhy.

Sarah Friedman, coordinator announced the judge will share her expertise on crime and punishment.

Judge Loretta Douglas has served as a judge of the Circuit Court of Cook County since 1984. She currently presides in a felony trial court of the criminal division in the Bridgeview Court-



Judge Loretta Carol Douglas

house. Douglas received her J.D. from Loyola University and her master of law degree from George Washington University National Law Center. She is a past president of the Women's Bar Association and currently teaches litigation and criminal law at South Suburban College.

The judge is a candidate in the upcoming primary election on Tuesday, March 15.

Local students enroll at Lake Forest

The following students have enrolled as freshmen at Lake Forest College, Lake Forest, Ill: Lisa Lobodzinski of Northbrook; Jenny Amoroso, Julianne Beck, and Maria Nassos, of Glenview.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D019137 on February 7, 1994, under the Assumed Name of Levinson Associates with the place of business located at 1325 West Howard Street, Suite 204, Evanston, IL 60202. The true name(s) and residence address of owner (s) is: David Levinson Lewis, 7901 N. Keeler Avenue, Apt. 1-A, Skokie, IL 60076-3573.

LEGAL NOTICE

FOR: Foot Deck Lighting Iceland, 8435 Ballard, Niles, Illinois
OWNER: NILES PARK DISTRICT
Notice is hereby given the Niles Park District will accept sealed bids for the purchase of Light poles, fixtures, and their installation until Friday, March 4th, at 12:00 p.m. (noon) in the Park District Administrative Offices, 7877 Milwaukee Avenue, Niles, Illinois 60714. The bid opening will be held at 3:00 p.m. on March 4, 1994 at the aforementioned address. Bidding forms and specifications may be obtained from the Niles Park District at the above address. All inquiries should be addressed to Michael Rea, Superintendent of Parks, (708) 647-6777.

The Board of Commissioners reserves the right to accept or reject any or all bids and to waive any technicalities deemed to be in its best interest.

By Order of the Board of Commissioners
NILES PARK DISTRICT

Secretary
Niles - 2/94

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THE BUGLE (USPS 069-760)
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Group members discuss coping techniques and educational information helpful to those adult children who care for parents with Alzheimer's Disease or other type of memory loss.

For more information call the Evanston Hospital's Geriatric Services at (708) 570-2219, ext. 1111

COLUMBIA NATIONAL BANK OF CHICAGO

Invites Parents and Students to attend a **FREE SEMINAR** on the topic **COLLEGE EXPENSES... WHERE TO GO FOR HELP**

Date: Wednesday, February 23, 1994	or	Date: Thursday, February 24, 1994
Time: 6:30 - 8:30 p.m.		Time: 6:30 - 8:30 p.m.
Location: Notre Dame High School for Boys Library 7655 Dempster St. Niles, IL 60714		Location: Columbia National Bank Community Room 4000 N. Cicero Ave. Chicago, IL 60641

Presented as a community service by Columbia National Bank, this seminar brings together several experts on the critical topic of "College Expenses" including:

- Ms Carol Lee Barry, Director of College Counseling, Notre Dame High School for Boys
- Scholarships
- Making the final college decision
- Sharon Johnson, Illinois Student Assistance Commission
- Joe Burkhart, Student Financial Assistance, Loyola University, Lake Shore Campus
- School aid and assistance now available to the student
- Time elements in applying for assistance
- Best times to apply for scholarships or financial aid
- How the University decides the amount of aid available to each student
- Bret Rusk, Loan Production Officer, Columbia National Bank
- Dawn Palanti, Loan Production Officer, Columbia National Bank
- A bank's involvement in processing student loans and parent loans
- What options are available to parents to finance a college education

FREE DRAWING: Five \$100 U.S. Savings Bonds
Refreshments will be served.

Seating for this seminar is limited, so reserve your seats today by calling Joanne Metoyer at (312) 775-6800 by February 21, 1994.

Member F.D.I.C. Ample free parking available

Non-credit Emeritus classes to be held

Enrich your world with spring non-credit classes offered through Oakton Community College's Emeritus Program. Classes are held at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie and various sites throughout the district.

A few of the non-credit classes offered this spring at the Skokie campus include Painting Anything starting Tuesday morning, March 1; Drawing Anything starting Thursday morning, March 3; Intermediate Tai Chi Chih beginning Friday afternoon, April 15; and Continuing Yoga beginning Wednesday afternoon, April 13.

Some of the off-campus classes include Beginning Quilting starting Wednesday morning, March 16, Minnesota Fabrics, 9731 N. Milwaukee, Niles, Ill.

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So nice to come home to

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CHICAGO (312) 763-6468

Senior citizens offered low-cost wills at Skokie office of Human Services

Eligible senior citizens are offered low-cost will preparation services through the Senior Citizens Will Program, Wed., March 9, at the Skokie Office of Human Services. Appointments will be scheduled from 9:30 to 11:30 a.m. that day.

An attorney from The Chicago Bar Association will provide free consultations about wills to seniors who register for the service. At a client's request, the attorney will also prepare a simple will for a reduced fee. The cost for drawing up a will is not more than \$50 for an individual (\$75 for a couple).

A senior may also ask the attorney to prepare a Durable Power of Attorney or Living Will document. A Durable Power of Attorney allows a senior to designate another person to make property or health care decisions in the event the senior becomes physically or mentally unable to do so. A Living Will allows an individual with a terminal health condition to express his or her desire to have death-delaying procedures withheld or withdrawn.

The fee for completing a Durable Power of Attorney document is \$75 maximum for an individual (\$125 maximum for a couple). The cost for establishing a Living Will is no more than \$50 for an individual (\$75 for a couple).

To be eligible for the Senior Citizens Will Program, a client must be age 60 or over. Annual income must not exceed \$15,000 (\$20,000 for a couple), and assets, including a home and personal car, should be worth no more than \$30,000.

The Senior Citizens Will Program is sponsored by The Chicago Bar Association, the Suburban Area Agency on Aging, the Chicago Department on Aging, and the Cook County Legal Assistance Foundation.

To schedule an appointment for the Senior Citizens Will Program, contact the Skokie Office of Human Services at (708) 673-0500, ext. 208.

Free podiatry screening slated at Swedish Covenant Hospital

A free general foot screening is being offered by Swedish Covenant Hospital from 9 a.m. to noon on Fri., Feb. 25, in the hospital's Family Practice Center, 2751 W. Winona.

Dr. Theodore Polizos, podiatrist on the SCH medical staff, will conduct the screening which will identify a variety of foot problems including bunions, contracted toes, warts, ingrown toenails, etc.

Appointments are necessary and may be made by calling 878-8200, X5107.

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Prime Timers to discuss sensory assistance program

At its General Membership Meeting to be held on Thursday, Feb. 17, the North Shore Prime Timers will present Loraine Moss who will speak about her successful new program, "The Sensory Assistance Program" which alerts hospital personnel to the fact that a patient has a disability.

The meeting will be held at the Morton Grove Library, 6140 Lincoln Ave., Morton Grove at 7 p.m. Refreshments will be served; everyone is welcome.

MG Park District receives senior grant

The Morton Grove Park District was recently informed it will be the recipient of a grant from the Suburban Area Agency on Aging. The grant, in the amount of \$6,504 is part of a One Time Allocation of General Revenue Funds awarded by the Illinois General Assembly for Community-Based Senior Services.

The money will be used for renovations to the Senior Center at the Prairie View Community center which include new tile, carpeting, and a much needed P.A. system. The renovation will be completed by September 30.

Chris Supinski

Marine Pvt. Chris Supinski, son of Alicia Supinski of Des Plaines, recently completed recruit training.

Steven C. Wessman

Japan, as part of the aircraft carrier USS Independence Battle Group.

Wessman joined the Navy in September, 1975.

USE THE BUGLE

Morton Grove Senior Citizens
470-5223

MOVIES & MUNCHIES

Morton Grove seniors get together for a light lunch and feature length film on Friday afternoons at the Flickinger Senior Center in what is called "Lunch Bunch." The cost is only \$1.50. Call today at 965-1200 to make a reservation for the January show. Film titles and dates for the upcoming winter will be: "Father of the Bride," 12:30 p.m., Friday, Feb. 18. "City Slickers," 12:30 p.m., Friday, March 11.

CULINARY SCHOOL/INDIAN MUSEUM

On Tuesday, Feb. 22, the Prairie View Senior Travel Club is planning an enjoyable afternoon close to home in Evanston. Taste buds will be treated to a delicious and beautifully presented lunch prepared and served by "great chefs" in training at the Knedall College Culinary School. The students not only prepare the meal from their glass-enclosed kitchen, but they also serve as hosts and waiters/waitresses too. After lunch, tour the Mitchell Indian Museum located under the Culinary School. The Museum maintains a collection of art and artifacts from the native peoples of America and Canada and provides exhibits and programs for the education and enrichment of the community. Departure time is 11:30 a.m. and return around 3 p.m. The cost is \$20.50, \$22.50 for non-residents.

Diabetes screening is usually occurs in adults over age 40. It is usually gradual in onset. Some of the warning signs are: blurred or any change in vision, tingling or itchy skin; slow healing of cuts and bruises; and drowsiness. Fee diabetes screenings are available from 9 to 10 a.m. on Tuesday, Feb. 22 in the Flickinger Senior Center. People coming in for the screening should not be known diabetics and should fast from the evening meal of the night before.

GOLF MILL

The Morton Grove Senior Center will be making a special trip to Golf Mill Mall on Wednesday, Feb. 23. The trip is free for all Morton Grove residents over age 55 and departure times are 9:30 and 10:30 a.m. For a reservation call the Morton Grove Senior Hot Line at 470-5223.

HOSPICE VOLUNTEERS

Visiting Nurse Association North is seeking volunteers for its Hospice Program. People interested in working with hospice patients and their families may enroll in the spring Volunteer Training Course that will run from on Wednesday evenings and Saturday mornings from Feb. 26 through March 23. Being a hospice volunteer is a challenging and rewarding opportunity to provide companionship, assistance and support to patients and families through a period of terminal illness. Volunteers are warm, empathetic individuals who are able to listen and give of themselves a few hours each week. For further information about enrolling in the training program, please contact Nadine Francione, at (708) 328-1900.

"LET'S FACE IT"

"Let's Face It" is a special monthly program held at the senior citizen apartments at 9016 Waukegan (the White House). The next meeting begins at 2 p.m. on Thursday, Feb. 24 and is moderated by Laurel Letwat, R.N. and Dick Zembron, M.S.W. of the Flickinger Senior Center. This discussion group focuses on topics of interest to those who attend. The community is invited to attend this free program. For more information call the Morton Grove Department of Health & Human Services at 470-5246.

55 ALIVE/MATURE DRIVING

"55 Alive/Mature Driving" is an eight-hour classroom refresher course for older drivers who wish to improve their driving skills as well as become eligible for a discount on their auto insurance. A course will be offered from 9 a.m. to 1 p.m. on Monday, Feb. 28 and Tuesday, March 1 in the Flickinger Senior Center, 6101 Capulina Avenue in Morton Grove. There is no test that must be taken in this course and the tuition fee is \$8 per person. Call the Senior Hot Line at 470-5223 for a reservation.

CULTURAL EVENTS AT OAKTON COMMUNITY COLLEGE

The spring calendar of events of Oakton Community College presents many fine art performances and educational experiences open to the public. In March the schedule includes: Suburban Issues Forum, Volunteers Meeting Serious Social Needs, March 1, 11:30 a.m. - 2 p.m., Des Plaines campus, room 1540. "You're A Good Man Charlie Brown" (family musical), March 10, 11, 12, 18, 19, 7 p.m., March 13, 20, 2 p.m., Des Plaines campus, Performing Arts Center. Distinguished Lecture Series, An Evening with Tim O'Brien, March 15, 7:30 p.m., Des Plaines campus, Performing Arts Center.

FOR MORE INFORMATION ABOUT THESE SENIOR SERVICES AND RECREATION PROGRAMS, CALL THE MORTON GROVE SENIOR HOT LINE AT (708) 470-5223, OR THE PRAIRIE VIEW COMMUNITY CENTER AT (708) 965-7447. TO RECEIVE THE "SENIORS IN MORTON GROVE" NEWSLETTER, SEND \$2.50 TO THE MORTON GROVE PARK DISTRICT, 6834 DEMPSTER STREET, MORTON GROVE, ILL. 60053.

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Police News

Shoplifter receives double charge

A 26-year-old Evanston man went to a store in Golf Mill February 9 and took four pairs of jeans off the display shelf.

The offender told a clerk that he had bought two of the pairs at \$37.99 apiece and wanted cash back for the items without a receipt.

The clerk tendered \$82.25 to the arrestee who then took the illegally obtained cash and purchased the other two pairs of pants at \$37.99 and \$34.99.

The offender was charged on a retail and theft charge.

Missing juvenile found

On February 9, a 41-year-old Niles woman related to police that her daughter didn't come home from the junior high school that she attends in Park Ridge.

The woman stated that she had had an argument with her daughter before she had left for school regarding a phone conversation with an unknown male.

The girl suffers from depression and her treatment includes taking an anti-depressant drug called "Prozac".

The youth was found later that day in Chicago.

Food thief charged by eatery

A 19-year-old Chicago youth and an unknown male and female entered a restaurant on Caldwell Street February 8 and ordered \$25.18 worth of food.

After the three ate the food, the two unknown subjects left the restaurant. The 19-year-old, however, had no money to pay the tab.

The subject was transported to the Niles Police Department where he was processed and charged with theft pending a March 11 court date in Skokie.

After the offender was placed in his cell, he related to an officer that he had taken a substantial amount of cocaine earlier that evening. The arrestee said he was feeling no ill effects and appeared to be normal.

Cash theft reported by victim

On the same day around 7 p.m., a 20-year-old Des Plaines man was approached by an offender while standing near the food court in Golf Mill.

The offender, whom the victim apparently knew as a 20-year-old Des Plaines resident, approached the victim and said, "let's take a walk."

The victim went against his will to an area outside a leather store where the offender told him to "pull your money out of your pockets." The victim said no.

The offender reached into the victim's pockets, pulled out about \$70 and placed \$20 in his own pocket.

The victim grabbed the rest of his money and the offender started walking away. The victim followed the offender, telling him to return his money.

This continued until both parties reached the arcade area where the victim told an acquaintance to call security.

After a brief conversation in which the subject threatened to shoot the victim when he got home that evening, the offender left the mall and the victim called police. The victim was able to direct the police to the offender's address, but there was no answer at the door.

About four hours later, police returned to the alleged offender's residence. The offender came to the door, but refused to open the door or talk to police about the incident. Police issued a warrant on the offender.

Shoplifter alleges son held hostage

A 36-year-old Chicago woman was seen by an agent of a department store taking a VCR from the display shelf February 9.

The woman put the VCR in a cart and took it to the door. She then removed the VCR from the cart and attempted to exit the store without paying for the item. She was stopped past the registers before exiting the store.

The woman, who was wanted on a warrant for a previous retail theft charge in Niles, told police that she was with her 11-year-old son and a 28-year-old Chicago man known as "Pony Tail Mike" because he had a long, blonde pony tail.

The woman claimed that she was brought to the store by Michael to steal the VCR as partial payment for a drug debt.

Her son was told to stay in the car by Michael while his mother went into the store. Michael had showed her a handgun and said if she didn't commit the theft he would kill her son.

However, when police arrived, there was no sign of Michael or her son.

The woman was charged with two counts of retail theft and a bond forfeiture warrant on the previous retail theft charge. The case was turned over to the Chicago police.

Pornography charges

The Bugle reported that on January 31 a 31-year-old Chicago man was arrested with contributing to the delinquency of a minor. The man was held pending further investigation.

Police uncovered new information after the man's initial arrest. The man was found in a motel January 31 with two girls, one juvenile reported missing from the Department of Children and Family Services shelter in Chicago and a 17-year-old, who was also reported missing as a ward of DCFS.

The missing juvenile indicated that the 17-year-old was in possession of some films showing the 31-year-old engaging in sexual acts with the 17-year-old.

With the offender still in custody on the original charge, police developed the photos and confirmed that the offender did engage in sexual intercourse with the youth.

An assistant state's attorney from the child exploitation unit interviewed both females and the offender and approved two charges of child pornography.

A \$15,000 bond was set on February 1 for the offender.

Clothing store burglarized

Unknown offenders used a red brick to smash the front glass door of a clothes store on Milwaukee Avenue February 12.

Once inside, the offenders removed 32 sports jackets valued at \$129.99 each, and eight sport sweatshirts valued at \$69.99 apiece.

The total dollar loss equalled \$4,719.60.

Two latent prints from the front door were inventoried.

Woman robbed in toy store

A 40-year-old Mount Prospect woman was approached from behind by an unknown offender around 5:50 p.m. February 8 in a toy store on Milwaukee Avenue.

The offender removed the woman's purse from her shoulder and fled. The victim gave chase until the offender entered a car containing two males.

At this time the offender yelled, "Leave us alone or I'll shoot you." The victim never saw a gun. The offending vehicle fled northwestbound on Milwaukee.

The woman lost a black Liz Claiborne purse which contained \$60, a Mastercard, a Visa and an ATM card.

Bowler loses car

A 33-year-old Chicago man parked his '90 Pontiac TransAm in a bowling alley parking lot February 13 and went bowling.

When he returned, the car, which was locked with its alarm activated, was missing.

Obscene phone call

A 33-year-old Niles woman received an obscene phone call February 9 in which the male caller knew her first name.

The man said hello to the woman and then stated, "My name is Alan. You're very beautiful. I'm going to rape you."

The woman immediately hung up the phone. She said she doesn't know anyone named Alan and, although her name is in the phone book, it is listed by her nickname.

Student attacks teacher in school

Niles police were dispatched to a school for problem children February 9 to investigate a battery.

Upon arrival, police interviewed the teacher, a 24-year-old Glenview woman, and a witness, a 35-year-old male teacher.

The woman stated that a 16-year-old Chicago youth was in the "crisis" room following a disturbance in a classroom. The offender stood up and threatened to hit another student with a chair and the woman and witness attempted to restrain the boy.

At that point the offender threw the woman, face first, to the ground, fell on top of her and began punching her about the head and shoulders.

Other staff members restrained the offender and he was taken into custody and transported to the police station. There he was processed under juvenile petition and released to his mother.

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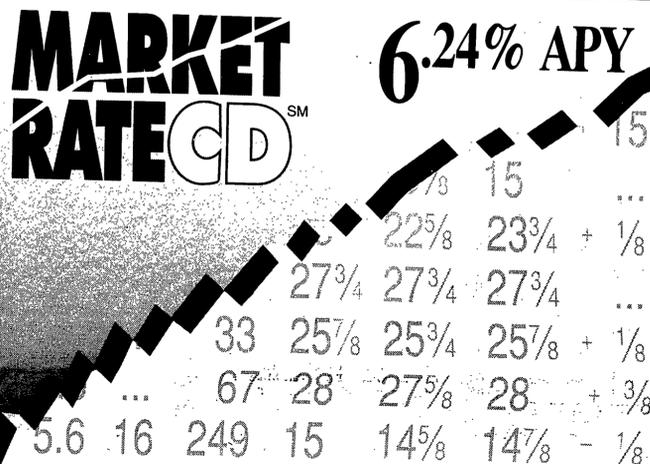
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Church & Temple News

Seminary honors local rabbi

Rabbi Edward Feldheim, spiritual leader of Northwest Suburban Jewish Congregation in Morton Grove, will receive an honorary Doctor of Hebrew Literature degree at a special convocation to be held on Tuesday, Feb. 15.

The degree, to be bestowed by The Jewish Theological Seminary of America in cooperation with the Rabbinical Assembly, honors Rabbi Feldheim's 25 years of distinguished service in the rabbinate.

Previously, he was the rabbi at Both David Synagogue in Greensboro, North Carolina, for 14 years. Rabbi Feldheim is known for his work both as a pulpit rabbi and as a pastoral counselor and chaplain at local hospitals. He holds a B.A. from Temple University, a B.H.L. from Gratz College, and an M.H.L. and rabbinic ordination from the Seminary. He and his wife, Linda, have three children: Rachel, Deborah, and Benjamin.

Now in its second century, the Jewish Theological Seminary of America is a university-level educational institution with broad-based undergraduate, graduate, rabbinical and professional programs designed to meet the diverse needs of Jewish life in the



Rabbi Edward Feldheim

modern world. The Seminary serves as the institutional leader of Conservative Judaism and offers North America's most extensive program of advanced Jewish studies.

NSJC to host breakfast programs

Northwest Suburban Jewish Congregation, 7800 West Lyons, Morton Grove, will have two special Sunday Morning Breakfast Programs.

On Sunday, February 20, Jeff Frosdriksen will speak on "A Little Purim Magic". Then on Sunday, March 6, Joyce Shrager will be the speaker.

The breakfasts begin around 9:30 a.m. following the 9 a.m. Minyon. Everyone is welcome.

MTJC

Maine Township Jewish Congregation - Shaare Emet, 8800 Ballard Rd., Des Plaines, will celebrate the Purim holiday with the traditional reading of the Megillah Esther (Book of Esther) on Thursday night, February 24, at 6:30 p.m.

For more information, call the Synagogue at (708) 297-2006.

Niles Church holds first Lenten worship

Niles Community Church, 7401 W. Oakton Street, invites you to worship on the First Sundry in Lent, Feb. 20, at 10 a.m. The pastor, Howard Boswell, will preach on Mark 1:9-15, "Jesus Walked This Lonesome Valley." Throughout Lent, our worship service will use liturgy from the new Book of Common Worship. The hymns and prayers will aid us to learn what Lent means.

EPLC announces Lenten schedule

Ash Wednesday, Feb. 16, begins the season of Lent. All are invited to join at 6626 N. Oliphant to receive ashes and the Sacrament of Holy Communion. Services will be at 11 a.m. and 7:30 p.m.

On the Wednesdays during Lent, you have two opportunities to worship - 11 a.m. and 7:30 p.m. The weekday Lenten preaching series will focus on the theme of sacrifice. This series will explore the positive and healing aspects of sacrifice in a culture where the popular quest for possessions and false power leave us feeling spiritually empty.

A light lunch will follow the 11 a.m. service each Wednesday. For the past several years, Ruby D. & Mc Restaurant, 6701 Northwest Hwy., has provided soups for these lunches. A free-will offering will be received to defray costs.

At 7 p.m. each Wednesday a brief contemplative service of laying on of hands and anointing, with prayers for healing and wellness will be offered. Following that service, at 7:30 p.m. Holden Evening Prayer will be introduced. Pastors Duane Pederson and Melody Eastman will preach. Various guest choirs will participate in the evening worship. Joining will be the E-Johnson Male Chorus on Feb. 23, the Windy City Brass Players on March 2, the Alice Miller Chapel Choir of Northwestern University on March 9, the Barrington Children's Choir on March 16, and our own Senior Handbell Choir on March 23.

Holy Communion is available for the home-bound during Lent by calling the church office, (312) 631-9131.

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OBITUARIES

Josephine Sachman

Josephine Sachman, 90, of Niles, died on Jan. 20 at Resurrection Medical Center. Mrs. Sachman was born March 17, 1903 in Chicago. She was the wife of the late Victor Sachman, mother of Norman, grandmother of Stephen. Funeral services were held Jan. 22 at St. Andrew Home. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery.

Anna Moran

Anna Moran, 97, of Niles, died on Jan. 20 at Lutheran General Hospital. Mrs. Moran was born Feb. 4, 1896 in Luxembourg. She was the wife of the late Anthony, mother of Sophie (Richard) Covey and Till (late George) Allen, sister of Julie Nirk and Sister Sebastiana OWS of Belgium, grandmother of 6, great-grandmother of 5. Funeral services were held Jan. 22 at Skaja Terrace Funeral Home. Interment was in Memorial Park Cemetery, Skokie.

Evelyn Januszewski

Evelyn Januszewski, 86, of Niles, died on Jan 21 at Westwood Nursing Home. Miss Januszewski was born on Oct. 26, 1907 in Chicago. Funeral services were held Jan. 24 at Saint Isaac Jogues. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

John T. Newborn

John T. Newborn, 64, of Niles, died on Jan. 28 at Resurrection Medical Center. Mr. Newborn was born Oct. 6, 1929 in Tamrore, Illinois. He was the husband of Nancy, father of John (Nancy) Newborn and Janice Ahmed, grandfather of 4, brother of Robert (Robert) Newborn, Billy Newborn and Jimmy Newborn. Funeral services were held Jan. 31 at Skaja Terrace Funeral Home. Interment was in Ridgewood Cemetery, Des Plaines.

John L. Dzien

John L. Dzien, 46, formerly of Niles, died on Jan. 29 at Glenbrook Hospital. Mr. Dzien was born April 24, 1947 in Chicago. He was the husband of Christine, father of Kim and Cindy, brother of Dorothy (Tom) Murphy, Terry (Bob) Smika and Joanne (Pete) Micheli, son-in-law of Conrad Kostrezeski, uncle of Rob, Julie, Michael and Mary. Funeral services were held Feb. 2 at St. Edna Church, Arlington Heights. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

Elson Krause

Elson Krause, 87, of Niles, died on Jan. 15 at Lutheran General Hospital. Miss Krause was born on Sept. 3, 1906 in Wisconsin. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Sunset Memorial Lawns, Northbrook.

James S. Polit

James S. Polit, 83, of Niles, died on Jan. 25 at Glenbridge Nursing Home. Mr. Polit was born Aug. 8, 1910 in Chicago. He was the husband of Anne Polit, father of Diane Curtis and Ronald (Lona) Poli, brother of Alexander Politowicz and Sererine Adamik, grandfather of 5, great-grandfather of 3. Funeral services were held Jan. 28 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery.

Stefan Kaiser

Stefan Kaiser, 89, of Niles, died on Jan. 31 at Ballard Nursing Home. Mr. Kaiser was born Nov. 18, 1904 in Yugoslavia. He was the husband of the late Katarina, father of Theresa Schwatzil, Magdalena Jost, Rosina Nurme, Katie Schlegel, Stephan Kaiser, Jr. and Joseph Kaiser. Funeral services were held Feb. 3 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

William B. Thomas

William B. Thomas, 101, of Miramar, Florida and formerly of Niles, died on Jan. 30 at Hollywood Medical Center. Mr. Thomas was born Feb. 29, 1892 in Chicago. He was the husband of the late Irene Thomas, brother-in-law of Ess-ther Jacksben, friend of Ann Rich. Funeral services were held Feb. 4 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in All Saints Mausoleum, Des Plaines.

NTJC to hold Megilla reading

On Thursday, Feb. 24 at 7 p.m. Niles Township Jewish Congregation will have their Megilla reading in honor of Purim celebration. Rabbi Neil Brief and Hazzan Shlomo Shuster will lead the Service.

MTJC to sponsor Purim Carnival

On Sunday, Feb. 20, the MTJC Religious School, 8800 Ballard Rd., Des Plaines, will sponsor its annual Purim Carnival.

Admission is one can of kosher food. Game tickets are 5 for \$1, in advance or \$2.5 each at the door. Enjoy Hamantaschen and refreshments.

For more information, call the Synagogue office at (708) 297-2006.

Bat Mitzvah

Julie Beth Fuhrer, daughter of Sharon and Phillip Fuhrer, was called to the Torah in honor of her becoming a Bat Mitzvah, Saturday evening February 5, 1994, at Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove.

Lutherans announce Lenten services

Jerusalem Lutheran Church (WELS), Fernald and Capulina Avenues, Morton Grove, will be holding special Lenten services on Wednesday evenings at 7 p.m. Beginning Feb. 23, five Wednesday evening meditations will focus on the theme, "Living Free In Jesus." "Living Free In Jesus" applies the death and resurrection of Christ to 5 areas of personal life in which many people struggle.

The weekly divisions of the theme are respectively, free from loneliness; free from fear; free from stress and worry; free from self-will, and free from the love of money. The children of Jerusalem Lutheran Elementary School will provide special music.

Congregation holds Shabbat services

Join Rabbi Alexander Graubart and Hazzan Ephraim Tatlbaum each Saturday morning at 9 a.m. for Shabbat services with active participation from congregants in prayer and discussion. Kiddush following services provides an opportunity for informal socializing.

The community members and prospective members are always invited to join the Shabbat observance together with their families. Gan Shabbat for toddlers is available every week.

Week day services meet Monday and Thursday in the chapel at 7 a.m. and Monday through Thursday evenings at 5:45, Friday evenings at 7:30 p.m. Call the synagogue office for specific times, or to participate regularly, call (312) 539-2202.

Congregation Shaare Tikvah is a conservative congregation on the north side of Chicago, drawing members from the city, Lincolnwood, Skokie, and Evanston. Programming includes an active Preschool, Religious School and Senior Center. Special mid-year membership packages are available at reasonable rates.

Congregation Shaare Tikvah is located at 5800 N. Kimball, Chicago. For more information, call the synagogue office, (312) 539-2202.

Information regarding the ordering of Lox Boxes is available by calling Barbara Goldfine or Lois Perlman at the Temple office, 729-7575.

NTJC to hold Shabbat services

Niles Township Jewish Congregation will hold Shabbat evening services at 8 p.m. on Feb. 25, and Shabbat morning services will be held at 10 a.m.

Services will be led by Rabbi Neil Brief and Hazzan Shlomo Shuster.

On Saturday, Feb. 26, Tot-Shabbat services will be held at 11 a.m.

Services to be held at NSJC

Friday evening services will be held at Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, at 8:15 p.m., on Feb 18 and Feb. 25.

The Morton Grove Chapter of Hadassah will be participating in the Feb. 25 service.

Rabbi Edward H. Feldheim and Cantor Joel J. Reznick will conduct the services.

Saturday morning services begin at 9:30 a.m.

Niles Church holds evening Lent services

Niles Community Church, 7401 W. Oakton Street, invites you to Lenten Evening Prayer Services beginning Wednesday, Feb. 23, from 7 to 7:30 p.m. These services will continue every Wednesday throughout Lent. These services will be brief, yet they will provide a time for sharing of concerns and joys and for prayer as a community of faith and friendship.

Purim services announced

Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, announces its schedule of services and programs for Purim.

Thursday, Feb. 24, is the Fast of Esther. The Reading of the Megillah will take place at 7:30 p.m., following the 7 p.m. Minyon.

On Friday, Purim Day, the Founding of Hadassah on Purim, will be honored at a special Shabbat Service beginning at 8:15 p.m. with participants from the Morton Grove Chapter.

Saturday, Feb. 26, Shushan Purim, Shabbat Services begin at 9:30 a.m.

On Sunday, Feb. 27, USY will hold their Purim Carnival beginning at 11 a.m. Beginning at 6 p.m. there will be an Adult Purim Costume Party featuring dinner, games, and prizes. The cost is \$18 in advance per couple and \$20 per couple at the door. Contact the Synagogue at 965-0900, for further information. Everyone is welcome.

MTJC

Maine Township Jewish Congregation Shaare Emet, 8800 Ballard Rd, Des Plaines, holds daily and weekend services throughout the year.

Morning services are held at 7:30 a.m. Monday through Friday. Evening services are at 7:30 p.m. Sunday through Thursday. Friday and Saturday evening services vary according to sundown. (Call the Synagogue for time)

Saturday morning services are held at 9:30 a.m. and Sunday morning services are at 9 a.m.

For more information or times, call during regular business hours at 297-2006. The Synagogue is open Monday and Wednesday from 9 a.m. to 5 p.m. Tuesday and Thursday 10:30 a.m. to 6:30 p.m. and Friday, 9 a.m. until 1 p.m.

Church & Temple News

Church World Service seeks donations for earthquake survivors

To respond to the immediate, long-term and unmet needs of the Californian earthquake survivors including both pastoral care and material assistance, Church World Service (CSW) is issuing a \$500,000 appeal as a first response.

Monetary donations may be sent to Church World Service, California Earthquake, P.O. Box 968, Elkhart, Indiana 46515.

CSW has already dispatched William and Arlene Kool, CSW Commissioned Disaster Consultants, to the stricken area. They will advise and assist the officials of the Southern California Ecumenical Council and San Fernando Valley Interfaith Council as they develop their immediate responses and long-term strategies to disaster-related problems of the survivors.

Church World Service disaster

response in the United States pays particular attention to those vulnerable segments of society whose needs are not necessarily met by such agencies as FEMA or the American Red Cross.

Responding to the California earthquake, is just one of hundreds of emergencies (Hurricane Andrew, Midwest Floods, the conflict in the former Yugoslavia and the Southwest India earthquake, just to cite a few examples) that Church World Service has served in the United States and around the world since it was founded in 1946. Church World Service is the cooperative agency of 32 Protestant, Anglican, and Orthodox communions.

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Health News

PALS toy drive benefits LGCH



It wasn't Santa Claus who delivered the 150 new toys to Lutheran General Children's Hospital (LGCH), 1775 Dempster Street. It was People Assisting Little Stars (PALS), a new charitable auxiliary benefiting LGCH. The two-month toy drive was held to restock the pediatric toy closet.

More than 8,000 children are treated at LGCH each year and many of them are chronically ill and therefore, repeatedly hospitalized. PALS works to provide these children with an environment that encourages their well-being and helps them feel more "at home" while in the hospital.

Pictured (left to right) are Wood Dale resident Monika Maziarz, with Ribbons the dog and Laca the Clown who helped the children christen the new toys.

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Colon cancer screening discussed

Northwestern Memorial Hospital is offering the class, "Focus on Colon Cancer/Screening," on Monday Feb. 28 from 6 to 7 p.m.

Colon cancer is the second most common form of cancer in the United States. Gastroenterologist Dr. David Barch will discuss who is at risk. He will also provide information on testing, treatments and prevention strategies. A screening will be given at the program.

The cost is \$10. Pre-registration is required. For more information, call Northwestern Memorial Hospital at (312) 908-8400.

Continuing education courses offered to nurses

MONNACEP, Oakton Community College's Adult Continuing Education Program, is offering a course, Physical Assessment Skills for nurses, on four Sundays, Feb. 20 and 27 and March 6 and 13 from 8:30 a.m. to 4:30 p.m. at Oakton's Des Plaines campus, 1600 E. Golf Road.

The instructors for the class are Virginia Rogers, RN, MSN and Adrienne Pike, R.N., M.S.N.

This program is designed for the nurse who wishes to gain in-depth knowledge and practical expertise in the skills of inspection, palpation, percussion and auscultation. Content focuses on the normal and abnormal findings of the head, neck, eyes, chest, heart, abdomen, musculoskeletal and neurological systems. Each session includes classroom instruction followed by supervised laboratory practice with a lab partner. Students must bring a stethoscope to class.

This class meets criteria for 33 contact hours. The fee is \$190 and includes text, instruction and handouts.

Oakton Community College/MONNACEP is accredited as a provider of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation.

'Heart Talk' support group to meet

"Heart Talk," a support group for heart patients, their spouses and friends will meet at 7:15 p.m. on Monday, Feb. 21, at the Galter LifeCenter, 5157 N. Francisco. The group is sponsored by the Cardiac Rehabilitation department of Swedish Covenant Hospital.

The purpose of "Heart Talk," which meets the third Monday of each month, is to help heart patients by giving them and those close to them the opportunity to share the thoughts, feelings and experiences resulting from the emotional impact of heart disease. Educational input and leadership will be provided by staff skilled in cardiology and counseling.

The meetings are free and open to all heart patients. For more information, contact Deborah Drewek in the Cardiac Rehabilitation department at (312) 989-3804.

For more information or to arrange for a speaker, call Holy Family's substance abuse unit at (708) 298-9355.

Seminar for kidney patients scheduled

The Chicago Friends of the Polycystic Kidney Research Foundation and Rush-Presbyterian St. Luke's University Transplant Program are co-sponsoring a seminar on kidney transplantation, dialysis and diets for kidney patients on Saturday, Feb. 26, from 9 a.m. to noon at The Inn at University Village Hotel, on the Rush Medical Campus, 635 S. Ashland Ave., Chicago.

Dr. James W. Williams, Director, Section of Transplantation, and Dr. Stephen C. Jensik, Associate Director of Renal Transplantation at Rush and Dr. Roger A. Rodby, Assistant Professor at Rush Medical College, along with Annette Smerko, a Registered Dietician from Caremark, Inc. will speak.

Dr. Williams will give an overview of Rush's Kidney Transplant program and Dr. Jensik will talk about recent developments in immunosuppressant drugs and transplantation. Dr. Rodby will talk about the various dialysis options available to kidney patients and Ms. Smerko will discuss recommended diets to prolong renal function in kidney patients.

St. John Brebeuf Ministry of Care

There is always a need for additional ministers of care in parish programs. A special ordination process will begin on February 17 and continue to March 24. There will be two-hour afternoon or evening sessions to accommodate those interested in becoming volunteers. These training sessions are open to all parishes in Deaneville III or others interested in ministering to the homebound.

For further information regarding the Ministry of Care program, contact Jeanine Lembecke, 966-8145.

Holy Family to hold false memory workshop

Holy Family Hospital's "Keys to Recovery" substance abuse unit will sponsor a workshop on the "false memory syndrome" Friday, February 25 from 9 a.m. to 5 p.m.

'Rap Session' slated by UOA Chapter

A "rap session" will be held by the United Ostomy Association's North Suburban Chicago Chapter when it meets at 8 p.m., Wednesday, Feb. 23, in the East Dining Room (10th floor) of Lutheran General Hospital, 1775 Dempster St., Park Ridge.

The chapter meets the fourth Wednesday of each month at Lutheran General. People with ostomies, their family members and friends are welcome. For more information on the group or the meeting, phone (708) 692-3592.

Substance Abuse Center offers speakers

Those who are looking for someone to speak at their next meeting about drug and alcohol abuse should call "Keys to Recovery." Holy Family Hospital's substance abuse center. Speakers are available to discuss topics such as alcoholism as a disease, codependency, adult children of alcoholism, the road to recovery and more.

For more information or to arrange for a speaker, call Holy Family's substance abuse unit at (708) 298-9355.

A.I.M. to meet

An Anxiety and Panic Support Group called A.I.M. (Agoraphobics in Motion) will meet every Monday at 7 p.m. at Holy Communion Church located at 3010 N. Laverne.

For more information, call the hotline at (708) 499-6623.

Mobility Plus of Illinois Inc. to open in Morton Grove

An innovative store devoted to the needs of the physically challenged opened on Feb. 7 at 6001 W. Dempster St. in Morton Grove. Mobility Plus is an authorized distributor for sales and service of Ortho-Kinetics Products, which will include electric scooters and electric recliner/lounger chairs that will stand you up! Other items available will be indoor/outdoor ramps, electric door openers, trunk and van lifts, and a revolutionary new walker by In Step Mobility Products. A full line of living aids designed for ease and comfort will also be provided. In-home service and demonstrations will be offered, as well as on the premises.

The two owners, Don Uterback and Bob Capps, are drawn to this business because of personal involvement with physically challenged family members. They know there is a need for quality servicing and sales of these specialized mobility vehicles. Both have been north suburban residents for over 30 years.

Uterback was previously in the plumbing business, designing and installing roll-in showers, handicap fixtures and assist.

Capps was a Kenilworth policeman for 29 years and a volunteer fireman in Northfield. On many occasions, he dealt with residents with special needs.

Weight control program offered at Rush

The fact that most diets ultimately fail may be a reason why many weight loss programs do not follow-up studies of their graduates. There is, however, a weight control program that has dared to look into whether its participants keep off the pounds they shed. That program is the Rush North Shore Medical Center ABC Weight Control Program.

ABC has done two follow-up studies. The first found that 80 percent maintained their weight loss or continued to lose weight up to one-and-one-half years after completion of the ABC program. In the second study, 83 percent maintained or continued to lose weight up to two years later.

ABC is different because it follows the philosophy that the only successful way to lose weight and maintain the weight

loss is by developing new behaviors and attitudes. A 16-week program for adults, ABC rejects crash diets and pills. It helps participants successfully deal with the stress and emotions that lead to overeating. It helps them gradually develop new and more healthful habits. Participants are helped to increase their activity level so exercising more, and simply moving more often, becomes a natural part of their routine.

The ABC program is led by health care professionals with extensive training and experience in the behavioral sciences. These people are experts at helping people to change behavior, habits and attitudes.

ABC is run by the Rush North Shore Good Health Program, which is dedicated to maintaining and improving the health of the community.

Back pain topic of SCH lecture

The first presentation in Swedish Covenant Hospital's Free Spring Lecture series will be "Chronic Back Pain: Control and Relief in the 90s," scheduled for 7 p.m. on Monday, Feb. 21, in the Anderson Pavilion Auditorium, 2751 W. Winona.

Dr. Howard Konowitz, board certified anesthesiologist and pain management specialist, will

Pain management to be discussed at Rush

"Pain - Understanding Your Medications for Acute and Chronic Pain," is the topic to be discussed by Robert Barkin, MBA, Pharm.D., on Tuesday, Feb. 22 at 3:30 p.m. in the Sharfstein Academic Center Room 2 at Rush North Shore Medical Center.

Participants will learn to have an appreciation and basic understanding of multidisciplinary pain management and to have an appreciation of both traditional and non-traditional medical management of pain syndromes.

Dr. Barkin is a consultant, Rush North Shore Pain Center and Rush-Presbyterian-St. Luke's Pain Center.

There is no charge to attend the program. For information or to register, call the Rush North Shore Medical Center Referral Line at (708) 933-6000.

Codependency program scheduled at Res

The Addiction Treatment Services at Resurrection Medical Center, 7435 West Talcott Ave., Chicago, is sponsoring a community education program, "Codependency: How Do I Break the Habit of Putting Myself Last?"

The program will be held on Wednesday, Feb. 23, from 7:30 to 8:30 p.m. in the Sister Anne Room located in the Marian Conference Center on the ground floor of the medical center. Barbara Thomas, Director of Addiction Treatment Services and a community and family counselor, will discuss codependency and how one can break the habit of giving too much too often to someone else and learn to have more time and energy for oneself.

Codependency is defined as the enmeshment in relationships with a personally disordered, chemically dependent or other codependent or impulsive disordered individuals.

The fee is \$5. Advance registration is requested. For more information, call (312) 792-9925.

RELAX!

Health News

Bereaved parents offered support

Parents who have suffered the death of a child from illness or accident are invited to attend the Support Group for Bereaved Parents at the Evanston Hospital. Parents are encouraged to discuss their feelings surrounding the loss.

The group will meet from 7:30 to 9 p.m., Tuesday, Feb. 22 in Room G952 and G956 of The Evanston Hospital, 2650 Ridge Avenue, Evanston. The monthly group is facilitated by David Guterman, M.A., psychologist, and Sorrelle Yones, M.Ed., coordinator of the Child Life Program at The Evanston Hospital.

The support group is open to the public free of charge. For more information call (708) 570-2882.

Leukemia chapter to host Treasure Hunt

The Goland-Orenstein-Sherman Memorial Chapter of the Leukemia Research Foundation will host its Second Annual Treasure Hunt at Northbrook Court on Saturday, Feb. 19.

The treasure hunt will take place from 6 to 8 p.m., followed by dinner at Woody's Roadhouse in Northbrook. Cost is \$18 per person. Reservations are limited. For additional information and to place a reservation, call (708) 966-4213.

Roger Valdez

Marine Pvt. Roger R. Valdez, son of Rogelio G. Valdez Sr. of Skokie, recently completed recruit training.

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Women's News

Loyola to host program on women and violence

The Women's Studies Program at Loyola University Chicago will sponsor "Women: Naming Violence and Envisioning Peace," a day-long dialog on Tuesday, March 1 to celebrate women's history month. It will be held in the Simpson Living Learning Center, 6333 N. Winthrop Ave., Chicago, on Loyola's Lake Shore Campus.

The day will combine theory and practice; identify problems

and strategies for solving problems; integrate experience and analysis; and provide workshops facilitated by Loyola faculty members and leaders in social action groups and agencies which serve the needs of those who experience direct violence.

For additional information, contact Loyola history professor Prudence Moylan, Ph.D., at (312) 508-8528.

G.O.P. Women to host candidates

Candidates on the Maine Township ballot in the March 15 Republican Primary will be featured at a "Candidates' Night" meeting of the Maine Township Republican Women's Club.

The meeting, which is open to the public, will be at the Elks' Club lodge at 495 Lee St., Des Plaines, on Tuesday, Feb. 22 at 7 p.m.

Candidates who are contested in the primary and have committed their appearance include Cook County Commissioner Herbert Schumann and his opponent Teresa Nuccio; Ed Jordan, candidate for Circuit Court judge in Subcircuit 12 A; and Dan Staackmann, candidate for state representative in the 13th district.

Further information may be obtained by contacting campaign activities chairman Kay Jarzombek at 825-1616.

Catholic Women's Bowling League

Wednesday, Feb. 9 7 p.m.

Windjammer Travel 29-13
Candlelight Jewelers 28-14
Andy Beierwaltes 27-15
State Farm Ins. 25-17
Debbie Temps Ltd. 23-19
1st Nat'l Bank of Niles Skjaja Terrace 15-27
Thomas Drozdz D.D.S. 15-27
Classic Bowl 6-36

HIGH SERIES
Millie Kroll 535
Debbie Hendricks 511

HIGH GAMES
Millie Kroll 198
Carol Tinnes 188

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Girl Scout council opens new service center

Girl Scouts - Illinois Crossroads Council has opened a new service center in Glenview at 1617 Glenview Road, southeast corner of Waukegan and Glenview Roads.

The new service center includes a Girl Scout Shop. Hours are 9 a.m. to 5 p.m., Monday through Friday.

Illinois Crossroads operates two other Girl Scout service centers: 570 East Higgins Road, Elk Grove Village; and 300 West Grand Avenue, Waukegan. The new Glenview Service Center provides convenient service to Girl Scout families of the North Shore and Skokie Valley.

Illinois Crossroads' Council was formed in 1993 when Illinois Prairie and Illinois Shore councils consolidated. The council serves 18,000 girls and 6,000 women of the North Shore, northwest Cook County, Lake County, and Skokie Valley.

Cook County President visits auxiliary

Cook County American Legion Auxiliary President May Magnuson recently visited the 7th District, American Legion Auxiliary.

Magnuson is serving as head of the First Division Auxiliary this current year which encompasses the entire county area.

The district includes 10 individual legion Auxiliary Units who rotate between their various Post Homes holding monthly meetings.

Various communities are part of the 7th District, including north shore area of Chicago, Wilmette, Skokie, Niles, Morton Grove, Northbrook, Glenview, etc.

Magnuson complimented the district on all their fine projects, wished the ladies well and offered her assistance for their continuance of these varied and necessary fields of endeavor in the children and welfare area, community service, rehabilitation of veterans and cooperation with their Legion Posts.

Adoption Connection fundraiser slated

The Adoption Connection, an Illinois not-for-profit organization, dedicated to helping women with unplanned pregnancies, is having a western-style fundraiser. This benefit will include country-western dancing, casual conversation, good eats, live and silent auction items and a raffle. The excitement takes place at Goose Island Brewery on Saturday, March 19.

As special feature of the evening, WGN afternoon radio personality Ian Case Pennett will serve as guest auctioneer.

The Adoption Connection provides a wide range of consultation, support and educational services to all adopting participants, including prospective adoptive parents and birth parents. For reservations or additional information about the Adoption Connection or the March 19 event, call (708) 433-7820.

MG Auxiliary provides gifts at Hines

Each year veterans confined to the various VA Hospitals are given the opportunity of selecting gift items without charge for their loved ones through the generosity of the American Legion Auxiliary, Dept. of Illinois.

Participating in the Christmas Gift Shop program each year is the Morton Grove American Legion Auxiliary Unit #134 reports its president, Mrs. Arlene Kook.

The Morton Grove group was given the Hines VA facility in Hines, IL, near Maywood to provide tables of festive settings with gift items for loved ones dependent on age, sex and personal desires.

Volunteers of the state American Legion "provide chaperon-

ing, WGN afternoon radio personality Ian Case Pennett will serve as guest auctioneer. The Adoption Connection provides a wide range of consultation, support and educational services to all adopting participants, including prospective adoptive parents and birth parents. For reservations or additional information about the Adoption Connection or the March 19 event, call (708) 433-7820.

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Women's conference spotlights life transitions

"Women in Transition: The Journey," a conference focusing on health and wellness issues facing women at various stages of their lives, will be presented March 5 from 8 a.m. to 2 p.m. at the Orrington Hotel, 1710 Orrington Ave. Evanston.

Sponsored by the St. Francis Hospital Auxiliary and the Center for Women's Health Advisory Board, the conference features Kathy O'Malley of the Chicago Tribune's INC. column and Judy Markey, author and columnist, as keynote speakers. The duo, who also host a WGN radio show, will kick off the conference at 8:45 a.m. with their unique view of women in the '90s.

Following the keynote address conference participants can select two of six 90-minute panel discussions to attend. Each panel

will focus on a specific transition period in a woman's life, such as "The Journey through Middle Age" or "The Journey through Relationships."

Joan Murphy, RN, Ph.D., will offer a luncheon presentation entitled, "The Power of Humor in Healing." Murphy is the Director of Health Promotions Services, Women's Wellness Consultants, Employee Health Service and Maternal & Child Education at Little Company of Mary Hospital and Health Care Centers.

The cost of the conference is \$25, and includes a continental breakfast and lunch. For more information about the conference or to register call Ethel Walker, Center for Women's Health Administrative Director, at (708) 492-3704.

Omni hosts Baby Derby

On Monday, Feb. 21, a Baby Derby will be held at the Omni Superstore located at 7801 N. Waukegan Rd., Niles, in the Civic Center Plaza.

The Baby Derby starts at 12:30 p.m. Parents must register their children beginning at 11:45 a.m. and the first 50 crawling babies registered will participate.

Sponsored by Kimberly-Clark, Baby Derby has become an annual event at Omni.

The event consists of approximately 10 separate races, with 5 babies in each race. The winners of the races then compete in one or more semi-final races, with two winners from each semi-final competing for first, second and third place in the final race.

All participating babies will receive a complimentary gift, and the three winning contestants convenience size packs of Huggies-diapers.

Sheahan visits Maine Township Women

Cook County Sheriff Michael F. Sheahan visited with the Maine Township Democratic Women's Organization on Thursday, Feb. 3.

Sheriff Sheahan informed the membership of the steps he has taken to clean up a once scandal ridden office. Sheahan has collected more than 1400 badges from political cronies, increased police patrols by more than 46% by placing an additional 64 squad cars on the street and reassigning personnel, created the first ever military style Sheriff's Boot Camp for felony offenders, appointed a 22 year F.B.I. veteran as Inspector General to weed out, and fight corruption, implemented a Drug Testing Program for all employees, fired "Ghost Employees," and demanded that all Sheriff employees give eight hours of work for eight hours of pay.

Researchers investigate new thermometer

A spoonlike, plastic device that women can use at home to measure the temperature of their urine may provide an easier, more accurate way of monitoring the menstrual cycle to determine the most opportune time for become pregnant, according to researchers at Loyola University Medical Center, Chicago.

A woman's body temperature often drops a few tenths of a degree at the point of the menstrual cycle when she is most fertile. Currently, this fluctuation in temperature must be checked with an oral or rectal thermometer immediately after a woman awakes, but before she rises from the bed, said Dr. Michael Zinaman, chief of reproductive endocrinology and infertility at Loyola.

"Not only is oral measurement less effective in detecting these slight temperature changes, but body temperature naturally fluctuates after a person wakes and moves about. This fluctuation is not significant clinically, but can make all the difference in the world for couples practicing natural family planning," Zinaman said.

Because more energy is required to heat liquid, the temperature of urine remains much more stable for longer periods of time than overall body temperature. Therefore, the urine thermometer should provide a more accurate reading and not require the woman to lie in bed while taking her temperature, Zinaman explained.

The device is manufactured by Medical Indicators Corp. and is shaped like an Oriental soup spoon with an extended handle. The bowl of the "spoon" holds approximately three tablespoons of urine. A crystal thermometer at the bottom of this bowl measures the urine's temperature.

Marshall Field's presents "A Night For Women"

Marshall Field's brings President Bush's Campaign Manager Mary Matalin to its "Challenging the Future: An Evening for Women" on Thursday, Feb. 24, at the Fairmont Hotel in the Imperial Ballroom.

The evening will begin at 5 p.m. with a light supper, presentation by former deputy campaign manager, Mary Matalin, and a spring fashion show featuring the season's newest career, casual and social trends. The fashion show will begin with a first-time presentation of designer Isda Funari, of ISDA & Co., Spring '94 collection.

As Field's featured designer, Funari takes a common sense approach to designing clothes with an emphasis on quality and workmanship. She designs clothing based on women's real lives by creating easy-going pieces that are versatile and functional.

ISDA's trunk show will be on display at Field's State Street store Friday, Feb. 25, noon to 2 p.m., in the Bridge department, third floor.

Monday through Friday, from 8:30 a.m. to 4:30 p.m. customers may purchase "Challenging the Future" tickets by calling (312) 781-4777. The ticket price of \$25 is redeemable toward any \$75 or more purchase in women's career wear, casual wear and social dressing.

A woman holds the device in her stream of urine and then reads the thermometer. Cleaning the new device is as simple as cleaning a normal spoon, Zinaman added. The user need only rub the thermometer after cleaning to reset the temperature.

"This device should allow women to go about their normal, daily activities, without having to lie in bed for five minutes waiting to take their temperature," Zinaman said.

Approximately 100 women will be included in the Loyola study, of which 65 people already have taken part. Participation in the study lasts for two menstrual cycles for each woman.

Women of reproductive age who are not taking any medication to enhance or decrease their chances of becoming pregnant are invited to participate in testing the effectiveness of the new device by calling Loyola researchers at (708) 216-9596.

Zonta Club to discuss status of women

The Zonta Club of Northwest Cook County will hold its monthly dinner meeting February 28 at 6 p.m. at Bimbo's Restaurant, 1580 W. Rand Rd. in Palatine.

The guest speaker will be Pat Taylor. Taylor will discuss the status of women. The program will feature "What's in Women's Future from an Economic Perspective?" She will focus on issues which women will be facing in the near future.

Taylor is currently a Trust Officer at NBD Bank and president of OWL (Older Women's League) in Illinois. Also, she serves on the Board of Women in Charge and is a member of the State of Illinois Guardianship and Advocacy Committee.

The Zonta Club is a worldwide service organization of executives in business and the professions. For more information call Judy Mandolini at (708) 248-4438.

Workshop offered by business center

The Small Business Development Center at the Women's Business Development Center (WBDC) is sponsoring a workshop called "Expanding Your Market to Government and Corporate Buyers." For established small business owners, the workshop outlines the advantages of becoming certified as a minority or women's business enterprise.

The workshop will be held Tuesday, Feb. 22 from 1 to 3 p.m. at the Women's Business Development Center, 8 South Michigan, Suite 400, Chicago.

MADD-Illinois expands in northern Illinois

Gary Kenzer, Executive Director of Mothers Against Drunk Driving, (MADD) Illinois announced the appointment of Dick Hackett to the position of Director of Field Services/Special Projects-North. Hackett will be primarily responsible for the development of new chapters and community action teams north of

I-80. He will also help to expand programs and services of MADD to residents in northern Illinois.

The purpose of MADD is to stop drunk driving and support the victims of this violent crime. To find out more about MADD in northern Illinois, feel free to contact Hackett at (312) 782-6266.

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Women's News

Plan ahead with advance directives

Planning for a sudden, debilitating illness is usually not a high priority, but should be according to Laureen Youtsey, Director of Social Services at Glenview Terrace Nursing Center. And, with a recent federal law called the Patient Self-Determination Act, more people will be asked to deal with this issue when they are admitted to a hospital or nursing home.

"Making decisions about preferred types of medical treatment can prevent undue pain and suffering for residents and their families," says Youtsey.

Advanced directives are legal documents that inform the physician about your decisions on what kind of medical treatment you would or wouldn't want in the event of a terminal condition and you could not communicate what you want yourself. Advance directives include Living Wills and Power of Attorney for Health Care.

The Power of Attorney for Health Care allows one to designate a person to make health care decisions for him or her should he or she not be able to do so for themselves.

The Living Will gives a physician the ability to withhold or withdraw death-delaying procedures in the event of a terminal condition.

In Illinois, a spouse does not automatically have decision-making power in medical situations. It is important, therefore, that a Power of Attorney for Health Care is enacted to ensure that a spouse can carry through with any medical decisions. Both a Living Will and Power of Attorney for Health Care must be signed and witnessed.

So that families know more about advance directives and what they cover, Glenview Terrace Nursing Center will host a program on Sunday, March 6 at 2 p.m. Carol Kain, LCSW, Director of Social Services at Glenview Hospital, will present the topic and answer questions.

For more information on the program, call Laureen Youtsey at Glenview Terrace Nursing Center, located at 1511 Greenwood Rd., (708) 729-9090.

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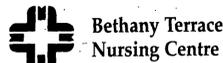
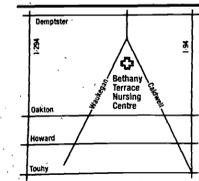
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A Check-Up On Health-Care Reform

Jeffery Cardella
Edward D. Jones & Co.
8143 N. Milwaukee Ave.
Niles, IL 60714
(708) 470-8953



President Clinton's much anticipated health care reform blueprint is now on the table. The details should be made public within the next few weeks, but it is worthwhile to take a look at the package outline and the potential implications for investors.

First, what does the plan propose to do? The objective of the administration's health care package is to expand coverage to include all Americans, it's estimated that 37 million people of 254 million citizens are currently without adequate coverage. In addition, the plan aims to curtail the spiraling costs of health coverage and care for all of us, and halt the expanding amount of Gross Domestic Product (GDP) consumed by health care.

To do this, the administration proposes to:

- create insurance buying pools - regional alliances - to spread the risk;
- create a national uniform coverage package that applies to all Americans;
- bar insurers from refusing coverage to sick or high-risk people;
- impose spending caps on Medicare and Medicaid;
- attempt to curtail administrative waste; and;
- reform medical malpractice liability laws.

The basic idea is to include all Americans in purchasing pools that allow standard coverage and buying power similar to that enjoyed by large corporations.

One thing the administration's plan does not do, at this point, is impose cost controls or mandated prices. Instead, the plan recommends a "managed competition" structure whereby drug companies, for instance, compete to have their products included on a short list of formulary, of alternatives for various ailments, usually on a price basis.

One point regarding the President's plan on which there appears to be universal agreement is that it is ambitious. Moreover, if enacted sometime next summer, the plan is sure to be significantly altered from the original proposal. The administration has emphasized its willingness to compromise, and there will be stiff opposition to many of the particulars from members of the medical community. The question of financing the package has yet to be fully addressed as well.

Given the uncertainty surrounding the outcome of the proposal, many investors are concerned about their current health care investments. Others view the price of health care stocks as potential bargains at current "assume-the-worst" market prices.

With regard to health care stocks, the general drift of the administration's proposal suggests higher volumes, or unit sales, but lower profit margins. HMOs, for example may see a greater number of patients, but included in the new members will be less profitable, higher risk individuals. This will mean slower growth in earnings, likely accompanied by reduced price-to-earnings multiples.

Insurance companies are particularly targeted by the proposal. In its current form, the plan would mandate insurance rate caps, adjusted annually for inflation. This would preclude insurance companies from managing their risk exposure, and could result in the demise of weaker companies.

Pharmaceutical companies that are in sound financial condition and with a well-developed portfolio of current and new drugs may fare better. Providing comprehensive drug benefits through Medicare and Medicaid could add \$8 billion to drug companies' overall revenue. However, discounts and rebates may squeeze the profit margins on these revenues, except where the higher volumes more than offset the rebates.

As always, investors in this area should proceed with caution. As with any major changes that have far-reaching economic implications, health care reform is likely to present new investment opportunities as well as new risks. Before making dramatic changes in your strategy, take a close look at your long-term objectives and be sure any changes are in line with your goals.

Call Jeff Cardella, Edward D. Jones & Co., 8143 N. Milwaukee Ave., Niles, IL 60714. (708) 470-8953.

Low-impact aerobics at Rush

A series of low-impact aerobics, sponsored by the Good Health Program of Rush North Shore Medical Center in Skokie, is being held at the medical center.

Classes are scheduled Mon. through Fri., from 9:10 to 10 a.m.; Mon. and Wed., from 5:30 to 6:30 p.m.; Tues. and Thurs., from 4 to 5 p.m. and from 5:30 to 6:30 p.m.; and Sat., from 8:30 to 10 a.m.

For further information and to register, call the medical center's Good Health Program at (708) 933-6695.

Seminars and courses offered at OCC

The non-credit seminars offered through Oakton's Emeritus program this spring include Chorus Workshop, beginning March 11; Releasing the Genie Within You, starting March 24; and An Inside Look at the Outside World, beginning April 5.

Oakton also offers non-credit Emeritus classes, such as Painting Anything, starting March 1; Drawing Anything, beginning March 3; Beginning Quilting, starting March 16; and Intermediate Tai Chi Chih, beginning March 21.

For more information, call (708) 635-1414 or (708) 635-1812.

Levy appointed Director of Admissions for Ballard

Cathy C. Levy has been appointed to the post of Director of Admissions for Ballard, a health-care residence in Des Plaines, announced Eli Pick, Ballard's executive director. Levy will be responsible for managing all admissions to Ballard and ensuring that smooth and comfortable transitions are made.

Levy comes to Ballard from Buckingham Pavilion Nursing Center, where she was Director of Social Services. She was promoted to her position at Buckingham after having served as Director of Health Promotions at Birchwood Plaza Nursing Home, an affiliated nursing home.

Levy holds a bachelor of science degree from Bradley University in Peoria, where she majored in public relations and advertising, with a concentration



Cathy C. Levy

in marketing. Ballard provides services for clients needing continuous care or short term care, such as rehabilitative therapy or a respite stay.

Seniors offered low-cost wills

Eligible senior citizens are offered low-cost will preparation services through the Senior Citizens in Park Ridge. Appointments will be scheduled beginning at 9 a.m. that day.

An attorney from The Chicago Bar Association will provide free consultations about wills to seniors who register for the service. At a client's request, the attorney will also prepare a simple will for a reduced fee. The cost for drawing up a will is not more than \$50 for an individual (\$75 for a couple).

A senior may also ask the attorney to prepare a Durable Power of Attorney or Living Will Document. A Durable Power of Attorney allows a senior to designate another person to make property or health care decisions in the event the senior becomes physically or mentally unable to do so.

Valentine's Day event supports long-term care

The Suburban Area Agency on Aging is organizing a Valentine's Day Advocacy event in support of the Illinois chapter of the National Long Term Care Campaign. Helen Heyrman, member of the Area Agency Board of Directors, is chairperson of this year's campaign. The Suburban Advocacy Group for the Elderly, Illinois Association of Area Agencies on Aging and the Illinois Coalition on Aging will assist the Area Agency in contacting U.S. and Illinois legislators to remind them that long term care is a major problem for many of their disabled young, adult or elderly constituents.

According to the 1991 Illinois Needs Assessment of Older Persons, 22 percent of the senior Illinoisans interviewed had been hospitalized in the previous year.

OCC holds lecture on Culture Connections

Those who want to learn more about our world can attend a Culture's Connections to Foreign Relations lecture, such as "Former Yugoslavia" on April 7, and "Turkey's Cultural Heritage" on April 14. Lectures are held on Thursdays at 1 p.m. at Oakton's Ray Hartstein Campus.

For more information on this lecture, call (708) 635-1414.

Norwood Park Home to hold open house

On Wednesday, Feb. 23 from 2 to 4 p.m., Norwood Park Home will hold an Open House for seniors, caregivers, and other interested members of the community. Norwood Park Home, a residence for seniors, is located at 6016 N. Nina Ave. in Chicago's

far northwest edge (3 minutes northeast of the Kennedy Expressway, Harlem exit).

Open House visitors will enjoy a behind-the-scenes tour of the Home, coffee, and home-baked cookies. Hospice of the North Shore will conduct blood pres-

sure tests free of charge. Norwood Park Home serves residents who are relatively independent but who enjoy the security the Home offers, as well as residents who require nursing care. More information is available at (312) 631-4856.

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Senior Lifestyle Management Corporation

Foot screening, blood pressure check at Elmdale

Because they have been a part of the community for over twenty years, Elmdale enjoys providing a public service for senior citizens throughout the community in addition to offering programs for their residents.

On Thursday, March 10, beginning at 10 a.m., Dr. David Kibrit, D.P.M., will be at Elmdale to offer foot screenings. Dr. Kibrit will meet privately to examine foot problems and answer questions and offer advice. If treatment is recommended, he will make a referral to an appropriate source for further evaluation.

At the same time, Annette M. Heneghan, R.N., a representative from AccuCare Home Health Care agency, will be taking blood pressure checks. Participants may discuss any medical concerns with Ms. Heneghan.

Elmdale is located on the northwest side of Des Plaines, at 920 Beal Drive. It is an independent rental community with residents of all ages, offering services for those with special needs. Appointments are not necessary, however if additional information is needed, call (708) 593-3140.

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Liberty offers reverse mortgages to seniors

Liberty Federal Savings Bank announced it has begun offering federally-insured reverse mortgage income to homeowners senior citizens in the north city and suburban metropolitan area, making it the first savings bank in Illinois to promote the new financial instrument.

Edward J. Burns, president of the 107-year-old association, stated, "We serve many older homeowners through our facilities in Chicago, Glenview and Morton Grove. Reverse mortgages can provide them with guaranteed retirement income for necessities, travel and luxuries, or simply to feel more financially secure."

A reverse mortgage enables senior citizens age 62 and older to remain securely in their own homes for life with full ownership rights while converting some of the value of their homes into tax-free, guaranteed monthly retirement income or cash reserves. Unlike a regular mortgage, the monthly reverse mort-

gage check goes to the homeowner from the company, and imposes no qualifying income or credit standards. No repayment is required until the last co-owning resident dies, sells or moves from the home. Normally, repayment of the cash received, plus various charges, is made with proceeds from the sale of the home by the estate, with all remaining equity and home appreciation going to the heirs.

Burns explained, "We expect many people will use their reverse mortgage income to pay for such needs as home health care, prescriptions, mortgage payoffs, credit card bills, property taxes, and home repairs. Others will probably use their funds for discretionary things such as travel, new automobiles, dining out and remodeling."

The money from a reverse mortgage can be a significant boost to a household budget. A brochure available from Liberty Federal shows the example of a

75-year-old couple with a home valued at \$100,000 who could receive a monthly check of \$390 for as long as either lives in the home, or \$620 monthly for 10 years, or about \$50,000 in a lump sum or expanding line of credit. Higher-value homes would yield more money for the owners. However the money is received, no repayment is made until the owners die, sell or move away.

In order to offer this new product, Liberty Federal has entered into a partnership with Chicago-based Senior Income Reverse Mortgage Corporation, which will underwrite the mortgages. Senior Income is the first firm in the nation organized exclusively to provide older people with federally-insured reverse mortgage income.

Free consumer information letters on reverse mortgages are available to senior homeowners by calling Michael Sowinski of Liberty Federal Savings Bank at (312) 769-8260, ext. 204.

Volunteers being sought for senior program

The Office of Older Adults at Oakton Community College is seeking volunteers to help lead discussion groups of older adults. The Humanities Treasures program explores a variety of topics through the reading and discussion of literature, history, philosophy and the arts.

Books for this Oakton College program are provided free of charge through the Office of Older Adults' membership in the National Council on Aging. Anthologies are available on a variety of topics, including The American Family in Literature and History; The Remembered Past: 1914-1945; The Search for Meaning; Exploring Values; Work and Life; and others.

Humanities Treasures discussion groups usually meet once a

week for a period of six to eight weeks. Classes can run from an hour in length to 90 minutes or two hours, as volunteers prefer.

The popular programs, which are free to participants, are presently held in 22 off-campus locations, and the Office of Older Adults has more requests than the present bank of volunteers can meet.

Interested people who would like additional information about becoming a Humanities Treasures volunteer leader may call the Office of Older Adults at Oakton's Skokie Campus at (708) 635-1414. Training sessions are held several times a year to acquaint volunteers with the program and discussion techniques.

Conference on Aging set for 1994

The Older Americans Act Amendments of 1992 (Public Law 102-375) was signed into law by President George Bush on September 30, 1992. Title II of the amendments provides for a White House Conference on Aging to be held no later than December 31, 1994. The law also requires that the Conference:

- Increase public awareness of the interdependence of generations and the essential contributions of older individuals to society;

- Identify the problems facing older individuals and how they relate to problems faced by younger generations;

- Examine the well-being of older individuals including the impact it has on our aging society;
- Develop recommendations for maintaining and improving the well-being of the aging; and

- Consider the impact Social Security's earnings limits have on older individuals who are employed.

Terra Nova announces film festival

The first film festival in the U.S. to depict positive images of older people will run in Chicago from May 19 to 22. According to festival planner James Vanden Bosch, director of Terra Nova Films, the film festival will showcase both U.S. and foreign feature length productions "that show older people as they really are...vital, experienced and wise." Vanden Bosch says the festival will celebrate the positive side of aging to counteract the negative stereotypes prevalent in today's media.

Co-sponsored by the American Society on Aging, the American Association of Retired Persons (Area 5), the Illinois Department on Aging and the Chicago Department on Aging, the Terra Nova Film Festival will open Thursday, May 19 and run through Sunday, May 22. The Film Festival will hold special events and screenings to appeal to the general public, professionals in the field of aging, and older adults.

For further information on the Terra Nova Film Festival, contact Rebekah Cowing at Terra Nova Films, 9848 S. Winchester Ave., Chicago, IL 60643 or phone (312) 881-8491.

Harbor Village completes renovation



Construction and renovation of the studio and one bedroom apartments in Phase II of Harbor Village Retirement Community are now complete. Affordable rentals include all housekeeping services, utilities, social activities, entertainment, around-the-clock personnel, a continental breakfast and two waitress-served meals each day.

Now Harbor Village ComfortCare Suites, with First Choice Home Health Care, are available for seniors who may require extra services or extended personal care. For more information, or for a personal tour of Harbor Village located at 3121 North Sheridan Road in Lake View, call (312) 404-9800.

Artists to speak at 'Who Is Chicago?'

Artists speak about their work and experience in the city during the "Who Is Chicago?" series on Mondays at 1 p.m. at the Ray Harstein Campus.

The roster includes Sandy Shinner, associate artistic director of Victory Gardens Theater, on April 11; Alfred Glasser, director of education and editor of publications for the Lyric Opera, on April 18; and Wes Bleed, broadcast journalist with Radio Station WGN, on April 25.

Call (708) 635-1414 for more information.

Senior exercise group meets

The Skokie Park District invites you to join this group of energetic seniors as they begin another year of fitness. Be rewarded with increased mobility, muscle tone and flexibility as you exercise with this class.

This exercise group is led by a qualified senior adult volunteer and held at the Oakton Community Center, 4701 Oakton St., in Skokie. The group meets Mondays and Fridays from 10 to 11 a.m. on a year round basis for the low fee of only \$7 a year.

Call Judy at 674-1511, for further information.

Bugleland communities offer variety of senior activities

By Tracey Labovitz

The average senior population in the communities of Niles, Morton Grove, Skokie, Park Ridge and Glenview is approximately 26 percent.

In response to such a predominant age group, each community houses a senior center that offers endless activities for people over the age of 60.

"That group of people is considered a valuable component of the community," said Bud Swanson of Morton Grove's senior center. "And the municipal government gears a significant portion of the budget to serve that part of the community. That's why there are so many senior centers."

Morton Grove's senior population equals 27 percent of its total population. The senior center in Morton Grove, located at 6101 Carolana Avenue, offers daily activities including lectures, field trips and support groups.

"People must sign up for most events," Swanson said, "but we are pretty open to residents or non-residents. We can help just about anybody."

Skokie's senior population is 27.5 percent of its total population. The Smith senior center, located at 5120 Galitz in Skokie, is also open to residents or non-residents and conducts activities every day.

"We offer activities every day of the week," said Smith activity worker Carol Franz. "There are so many things to list, I can't even tell you."

To find out more information about activities available to seniors in Skokie, call 673-0500.

Twenty-six percent of the population in Park Ridge are people over the age of 60. The Park Ridge senior center offers mem-

berships of \$15 per year or \$24 for two people. Memberships are available to non-residents as well, but the fee is doubled.

Activities available to seniors at the center, located at 100 S. Western Avenue in Park Ridge, include an exercise group, a walking group, ceramics, line dancing, day outings, discussion groups, book reviews, wood carving, art workshops, bridge and three day extended trips, just to name a few.

It is also possible for seniors to sign up and pay solely for certain events or trips. For more information, call the Park Ridge senior center at 692-3597.

The senior population in Glenview is 18 percent of its total population. The senior service in Glenview provides information and referrals linking its senior residents to needed services. The center also does general counseling involving topics of health, living arrangements, financial issues, home care and protective services.

"We advocate for senior issues," said Carol Karol of the Glenview senior center. "We consult with seniors from age 60 up and assist them with entitlement programs and government programs available to them. We also meet with family members to arrange services for their parent or family member."

To inquire about the other social services this senior center offers, call 724-1700.

Niles has the largest senior population, 32 percent of its total population, and its senior center is open to all residents age 60 and older.

"Our Niles senior center is a division of Human Services," said Mary Kay Morrissey of the Niles

senior center. "We offer activities all day long, Monday through Friday."

To contact the Niles senior center, call 967-6100. To find out about any community's senior services, contact its Village Hall.

Each community offers activities or services for its senior population. The North Shore Senior Center is open to anyone over 50 from any community across the state.

It costs \$40 per person to become a member of the senior center and \$65 per couple for one year.

"If someone has difficulty with that," said Junia Hedberg of the North Shore Senior Center, "they are welcome to talk with our activities director regarding a reduction."

The center offers more than 60 activities a week, a vast social services program, counseling and case management. It also administers a community care program and elder abuse intervention and prevention.

The center also provides respite care for those with certain conditions, such as Alzheimer's Disease. Respite allows family members to rest while the patient is at the center in good care.

The North Shore Senior Center offers classes from German to Spanish and golf to tennis, as well as quilting, sculpturing, computers and videographers, just to name a few.

The center is located in the New Trier West Center, 7 Happ Road, Building D, Northfield. For further information, the phone number is 446-8750.

No matter what day it is, senior centers throughout the Niles area offer many activities of interest; there is something for everyone.

Senior Income

"I was able to keep my home and pay off my debts, and now I receive a tax-free check every month."

Margaret Kent, Chicago, Illinois

A Reverse Mortgage Helps Seniors Turn Their Homes Into Income

If you own your own home but need money to keep up with monthly expenses, you may want to consider a federally-insured Senior Income Reverse Mortgage. A reverse mortgage converts equity in your home into tax-free monthly (or lump sum) income, while you remain secure in your home with full ownership rights.

There is no repayment as long as you or any co-owning applicant resides in your home. The amount of income you receive depends on the age of the youngest homeowner, your appraised home value and the current interest rate.

To be eligible, you and any co-owner must be at least 62 years old. If you believe a reverse mortgage may help your situation, call 1-800-SR-INCOME (1-800-774-6266) for our free Consumer's Information Letter.

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Main Office: 5700 N. Lincoln Avenue, Chicago, Illinois 60659 Phone (312) 334-1200

Senior Income Reverse Mortgage Corporation is an Illinois Residential Mortgage Licensee located at 125 S. Wacker Drive, Chicago.

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Winning the CAMME Award for "Best in Senior Housing" is an honor that sets Harbor Village apart from others in the industry. But the real winners are the proud people who make their home here.

Winner of four 1993 CAMME Awards including "Best in Senior Housing"

For seniors, playing it safe could actually be risky

For people who want to make the most out of life, the time is now. A 65-year-old today has a 56 percent chance of living 15 more years. And the chance of reaching 85 is 36 percent.

That's wonderful news. So why isn't everyone smiling? Because some people will have more years than money left. Even complacent smilers with money tucked into CDs may see inflation erode their ability to maintain their lifestyle.

Consider this sobering equation: Someone retiring today on a \$40,000 annual income will need \$106,000 a year in 20 years just to maintain their standard of living if inflation averages five percent. Is this downward spiral unavoidable?

No, according to investment strategist Porter Pierpoint Mor-

gan of Liberty Financial Companies. But on all the investment options, Morgan says only one has truly beaten inflation over time—stocks.

This leads Morgan to an unavoidable conclusion: Everyone, regardless of age, must accept some risk in their investment portfolio.

Morgan appreciates how investors become less tolerant of risk as they approach 65. But he says that should not mean putting all their money into CDs.

He suggests this formula: Subtract your age from 100. What's left is how much you should have in stocks. Using this rule, a 65-year-old might have 35 percent of total assets in stocks and stock mutual funds.

Stock mutual funds are Morgan's suggestion for the highly

risk-sensitive. Investors can diversify by investing in several different funds. This lessens the impact of one falling stock or group of stocks. And the funds' professional management increases the chances of picking more winners than losers.

Once stock mutual funds are added to portfolio, Morgan suggests these guidelines: •Reinvest dividends. It's called compounding, letting investment income grow. If you don't need extra income for living expenses, let the returns accumulate.

•Explore growth and income funds. If you do need extra income, growth and income funds and utilities funds usually pay regular dividends for income and they participate in the stock market.

•Invest regularly. Investing the same amount every month buys more shares when prices are low and less when prices are high, decreasing overall average cost. With current market valuations being high, scaling back investment dollars has never been more important.

Workshop series offered

The Institute for Therapy through the Arts is holding a workshop series sponsored by the Montay College Gerontology Department. All workshops will be held at Montay College, 3750 W. Peterson, Chicago.

"Releasing the Genie in You" uses theater games, movement, music, costumes, props, poetry and role play in order to help individuals:

- connect to their own creative imagination
 - realize more of their own potential
 - reduce stress, release tension, reduce isolation
 - find new ways to connect to other people
 - find new outlets for expression of feelings, ideas and talents
 - look at themselves and others with renewed appreciation
- "Using the Mandala to Further the Journey Through Mid-Life Issues" - Art Therapist Melitza Loving will lead participants through use of the Mandala in order to help facilitate awareness, dialogue and integration of mid-life issues.
- Leader: Melitza Loving, B.F.A., M.A.A.T. Date: February 26 at 9 a.m. to noon.
- "Speak To Me Through Move-

Veteran boxing matchmaker shares memories



Mickey "Soldier" Farr, a recent patient at Swedish Covenant Hospital, 5145 N. California, checks out the sports page with nurse Hilda Karam, RN.

Mickey "Soldier" Farr, fight promoter and matchmaker in the days when boxing was booming in Chicago, shared some of the colorful stories of his career while a recent patient at Swedish Covenant Hospital, 5145 N. California.

"I was matchmaker for some of the biggest boxing events in the city," said "Soldier," a bright and spunky 91-year-old. "One of the fights I'm most proud of is the King Levinsky, Joe Lewis fight. A lot of people said we couldn't get it, but Blind Joe Foley sent me to New York anyway to try and persuade Mike Jacobs, boxing's boss man at the time. I was just a kid, but Jacobs liked me, and we got the fight."

"Levinsky was scared to death," he added. "Soldier" explained how he got his nickname. "As a kid growing up on the West Side, a bunch of neighborhood roughnecks saw me in my Boy Scout uniform and named me 'Soldier'."

Farr, who was a personal friend of many of boxing's greats including Barney Ross, Jack Dempsey, Rocky Marciano and Joe Lewis, was always popular with newsmen. "I never gave them a bum steer," he said, "and in a short conversation I could give them enough information for a couple of columns."

Currently a resident of a local home for seniors, Farr recently celebrated his 91st birthday at Eli's restaurant. "It was great," he said, "and I'm looking forward to attending the party planned for my 100th at the Friars Club in Los Angeles."

About his stay at Swedish Covenant Hospital, "Soldier" commented, "Everything has been wonderful. This is a first class hospital!"

YOUR PARENTS AND YOU

Vacation Days Are Here - At Ballard

You may be looking longingly at an advertisement for one of those tempting vacation packages. It's an "everything week" which includes air, hotel and two meals a day plus tickets to three big local attractions. The price is so right you don't even care about the "leave on a Tuesday and return on a Wednesday" clause.

You long for some fun in the sun but the voice of conscience won't let you pick up the phone and make the reservations. "Mom and Dad might need us while we're away - and besides, what



kind of fun would they have?" Ballard has an answer. Let your parents enjoy a stay at Ballard while you are away. They will enjoy a comfortable, attractive room, meals prepared by a talented chef, and activities of all kinds - entertainment and social events at Ballard and area attractions like shopping and

movies. We will monitor medications if need be, and even draw up a program of special exercise workouts if you'd like.

Chances are your parents will have as much fun as you will. They might not even let you get a word in edgewise when you try to tell them about your vacation.

You'll find costs surprisingly affordable. To find out more about how to plan a vacation for parents while you are away, call (708) 294-2300 or drop me a note at Ballard, 9300 Ballard Road, Des Plaines, Illinois 60016.

SJB Golden Age Club announces February plans

Even though Old Man Winter (the "original" Golden Ager) has been overworking his snow, ice, and bitter breath brigades, members of the St. John Brebeuf Golden Age Club bundled up and braved nature's elements to attend their weekly meeting. The club's February business meeting was opened with a prayer and a salute to the flag.

Nominating Committee Chairperson Helen Willer presented the 1994 slate to Club President Michael Provenzano: President - Michael Provenzano; Vice President - Henry Piontek; Recording Secretary - Virginia Moritz; and Treasurer - Steve Bochenek. President Provenzano then asked for nominations from the floor. Because no nominations were made, the slate will stand as originally presented.

February 26 is the date of the Club's monthly Communion Mass, which all members attend as a group.

Margaret and George Roth will celebrate their 49th wedding anniversary this month. Joining them are Ferdinand and Marion Schneider, who also will be celebrating a wedding anniversary - their 48th. Congratulations and many more to both couples.

On the fourth Monday of each month, Matt Araszewski does volunteer work for the PLA Veterans Group. He has been doing his good deeds for 49 years.

Every Wednesday and Friday, Ann and Frank Knapp volunteer their time to work for the Nutrition Center, which serves approximately 100 people.

Frank Rajski, grandson of Rossella and Chico Gloriana and the Marriot's new chef, provided a decorative fruit "ship" garnish.

Farr, who was a personal friend of many of boxing's greats including Barney Ross, Jack Dempsey, Rocky Marciano and Joe Lewis, was always popular with newsmen. "I never gave them a bum steer," he said, "and in a short conversation I could give them enough information for a couple of columns."

Volunteers being sought for senior program

The Office of Older Adults at Oakton Community College is seeking volunteers to help lead discussion groups of older adults. The Humanities Treasures program explores a variety of topics through the reading and discussion of literature, history, philosophy and the arts.

Books for this Oakton College program are provided free of charge through the Office of Older Adults' membership in the National Council on Aging. Anthropologies are available on a variety of topics, including The American Family in Literature and History; The Remembered Past; 1914-1945; The Search for Meaning; Exploring Values; Work and Life; and others.

Humanities Treasures discussion groups usually meet once a week for a period of six to eight weeks. Classes can run from an hour in length to 90 minutes or two hours, as volunteers prefer. The popular programs, which are free to participants, are presently held in 22 off-campus locations, and the Office of Older Adults has more requests than the present bank of volunteers can meet.

Interested people who would like additional information about becoming a Humanities Treasures volunteer leader may call the Office of Older Adults at Oakton's Skokie Campus at (708) 635-1414. Training sessions are held several times a year to acquaint volunteers with the program and discussion techniques.

More low-income Medicare beneficiaries may qualify for Costsharing Payments

Recently announced changes in the national poverty guidelines could result in more low-income Medicare beneficiaries being eligible for the Qualified Medicare Beneficiary (QMB) or Specified Low-Income Medicare Beneficiaries (SLMB) programs.

The QMB program requires States to pay the Medicare Part A and Part B premiums, deductibles, and coinsurance expenses for Medicare beneficiaries who meet the income and resource limits. Under the SLMB program the States pay only the full Medicare Medical Insurance (Part B) monthly premium and eligibility may be retroactive for up to 3 calendar months (but not earlier than Jan-

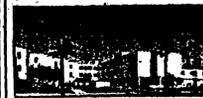
uary 1993). Both programs are administered by the Health Care Financing Administration in conjunction with the States. The rules vary from State to State; but, in general, to qualify your annual income must be near or below the 1993 national poverty guidelines of \$6,970 for one person or \$9,430 for a family of two for the QMB program; for the SLMB program, your annual income must be 110 percent or less of the 1993 national poverty levels. Under both programs, \$20 in monthly income will not be counted toward the limit.

*Resources such as bank accounts or stocks may not exceed \$4,000 for one person or \$6,000 for a family of two. (Resources generally are things you own. However, not everything is counted: The house you live in, for example, doesn't count, and, in some circumstances, your car may not count either.)

Only your State can decide if you are eligible for help from the QMB or SLMB program. So, if you are elderly or disabled, have low income and very limited assets, and are a Medicare beneficiary, contact your State or local welfare or social service agency to apply. For more information about either program, call the Health Care Financing Administration's toll-free telephone number, at 1-800-638-6833.

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Program on planning retirement set

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es and provide them with a secure retirement.
"Financial Strategies for Successful Retirement" will be taught at the Leisure Center in three Tuesday evening sessions by Alan M. Morgen, CPS and RFP with the Equitrust Financial Group, Ltd. Classes take place on March 1, March 8 and March 15 from 6:30 to 9:30 p.m. Key topics will cover how to make use of an employer's retirement plan, how to evaluate a secure retirement option and reduce estate taxes.

Participants will receive a printed course workbook, study aids and a comprehensive financial plan. Register at the Park District Registration Office, 1730 Pfingsten Road or call 291-2980 for more information.

Older adults join Emeritus Program

The Emeritus Program at Oakton Community College provides quality higher education for older adults. The program features courses, lectures and activities that encourage intellectual stimulation and the exchange of ideas. Share learning experiences while being part of daily college life. Involvement in the program is also a great way to meet new people.

The programs are offered at Oakton's Des Plaines Campus, 1600 E. Golf Rd.; Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie; and various community sites. For more information, call (708) 635-1414 or (708) 635-1812.

Suburban aging network honors volunteers

At its Annual Meeting on November 30, 1993, at the William Tell Inn in Countryside, the Suburban Area Agency on Aging recognized local volunteers for their outstanding contributions to the suburban Cook County aging network. Humana Health Care Plans sponsored the day's luncheon for the volunteers. Guest Speaker Michael Marcus, Senior Staff Associate at The Chicago Community Trust, spoke on "Empowering Yourself," focusing on the strengths of older persons, volunteers and their impact on producing a better society.

The Area Agency honored the following volunteers from the northern suburbs of Cook County: Annette Ambrus, nominated by Northwest Senior Services of Catholic Charities in Arlington Heights, Eileen Bissing, is nominated by Kenneth Young Centers in Hoffman Estates, Ruth Chern, nominated by Leaning Tower YMCA Senior Adult Center in Niles, Frank Freddo, nominated by Wheeling Township, Nancy Hansen, nominated by Lutheran General Senior Commu-



The Suburban Area Agency honored the following volunteers from northern suburbs of Cook County. (Left to right, front row) are: Mary Loreck, Mary Slavik, Irene S. Justiniano and Midori Ohi. (Back row) are: Margaret Pullinger, Annette Ambrus, Ruth Chern, Nancy Hansen and Frank Freddo. Volunteer Eileen Bissing is not pictured.

ty Services in Park Ridge, Irene Schackel Justiniano, nominated by Great Opportunities Adult Day Care, Mary Loreck, nominated by Respite Care in Evanston, Midori Ohi, nominated by Park Place Senior Center in Ar-

Full Social Security benefits paid to workers after age 70

Social Security has sent more than 12,000 letters to workers age 70 or older. The letters were mailed to people who enrolled for Medicare at age 65 but never applied for Social Security retirement benefits because they hadn't stopped work. They are being reminded that once you are 70 years old, you can work, earn any amount and still receive full Social Security benefits. Before age 70, benefits are reduced if your earnings exceed the specified limits. In 1993, for beneficiaries

aged 65-69, \$1 in benefits will be withheld for every \$3 of earnings over \$10,560. For beneficiaries under age 65, \$1 in benefits will be withheld for every \$2 of earnings over \$7,680. This mailing is part of Social Security's continuing effort to ensure that eligible workers get all the benefits they're entitled to receive. There still are people who don't realize they can collect their full Social Security benefit while they are working if they have turned 70. To reach these Medicare-only en-

rollees, Social Security is contacting them by mail 5 months before their 70th birthday. The letters tell them to contact Social Security if they want to begin receiving their retirement benefits. To arrange for an appointment to apply for benefits, call Social Security's toll-free telephone number, 1-800-772-1213, business days between 7 a.m. and 7 p.m., or call or visit your local Social Security office. Don't miss out on benefits you have earned.

Oakton offers choral workshop

Friends that sing together stay together. Join an eight-week choral workshop offered through Oakton Community College's Emeritus Program on Fridays beginning March 11 from 1 to 2:15 p.m. at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

For more information or to register for the workshop, call (708) 635-1414. Enjoy an hour of be-bop and do-wop with the Jazz Chorale. This chorale group will present the vocal timbre of jazz harmonies and contemporary music. The first session will entail placing voice types.

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Determining asset allocation for seniors

Today, at the age of "fiftysomething" one may not be able to afford to retire in five years or even ten years from now. High taxes, lagging retirement planning, escalating college education costs, and the possibility of having to assist in the support of elderly parents all present financial challenges the fiftysomething investor must plan to meet head on.

Many financial advisors believe that establishing an asset allocation model is critical to formulating a well-thought-out investment plan. In fact, some advisors believe that the percentages of a portfolio devoted to stocks, bonds, or cash—the allocation model—could be more important than the actual stocks or bonds in the investor's portfolio.

Typically, "fiftysomethings" are concerned with safety of principal as they approach retirement. By now, they are beginning to give serious thought to retirement planning and are aware that retirees often have twenty or more active years ahead of them after they stop working.

Safety of investments is a major concern among "fiftysomethings." Investors may seek safety in two ways. The equity portion of this group's portfolios should be well-diversified and contain stocks with moderate yields; this tends to dampen portfolio volatility. In addition, the bond portion should now be skewed toward Treasuries and quality municipal bonds. For additional tax benefits, municipal bonds issued by the investor's home state should be considered.

An overweighting in equities is recommended in order to generate sufficient growth for the retirement years—which, as men-

tioned above, could number twenty or more. The cash component of the asset allocation model reflects today's richly valued market. This cash could be put back to work in equities as opportunities arise.

Optimum asset allocation mix will change over time, depending on individual circumstances and financial objectives. The best way to achieve goals is to have a well-thought-out plan that is developed and reviewed regularly by a person and his or her financial advisor.

Whatever the age, if assistance is needed in determining whether a current asset allocation plan will meet one's investment objectives, and a free brochure on Retirement planning, call Pierre Dugan, Retirement Planning Specialist, Dean Witter Reynolds, at (708) 481-0523.

Seniors at risk by misusing medications

Studies show the average person over 65 takes between two and seven prescription medicines daily, and has more than 13 prescriptions filled each year. In addition, adults over 65 purchase an estimated 40 percent of over-the-counter medicines.

Such extensive use of medicines may help explain why almost 40 percent of all adverse drug reactions involve people over 60, and almost a quarter of a million older adults are hospitalized each year for harmful reactions to prescription or over-the-counter medicines.

Many of these incidents could be avoided if consumers read the medicine label for important safety information.

These statistics have prompted the Council on Family Health to develop educational materials about the safe and proper use of medicines for older Americans.

The Council has developed a brochure, "Medicines and You: A Guide for Older Americans," designed to help older adults and their families understand the importance of reading the medicine label, how to take medicines safely and effectively, and why it is critical to discuss their concerns and questions with their doctors. It features tips on how to take medicine properly and includes a medicine chart to help older adults keep track of their medication schedules.

Also included in the brochure is important information about drug interactions. Some older adults are unaware that the different medicines they take may interact with each other, causing the medicine to become less effective than intended, or perhaps even harmful. In addition, they may not be aware that certain foods and existing medical conditions may affect the way their medication works.

Some key tips in the brochure include:

- always read the medicine label before taking any prescription or over-the-counter medicine. It should tell you what you need to know about your medicine;
 - if you still have questions, ask your pharmacist or doctor. Also ask if there are certain foods, beverages and medicines to avoid while taking particular medicines;
 - when your medicine is prescribed, ask your doctor about drug interaction warning signs to note;
 - keep a written record of all medicines being taken, prescription and over-the-counter, in order to prevent potential drug interactions;
 - organize a medicine schedule at home to keep track of dosing times.
- Copies of "Medicines and You: A Guide for Older Americans" are available free by writing to the Council on Family Health, P.O. Dept. NU, Box 307, Coventry, CT 06238.

One of Jennifer and Lisa's favorite things is the twinkle in Grandma's eyes. We intend to keep it there.



Volunteer's phone call has positive results

On an arctic winter morning in Chicago, with the wind chill factor 60 degrees below zero, the Tele Care Volunteers of The Ark were calling shut-ins to make sure they were okay.

A lady in her early eighties answered the phone after many rings and when she responded she was incoherent and rambling. The Tele Care volunteer who happens to know this lady was very upset and called the manager of the building to check on her. After checking he called 911. The paramedics came and immediately took her to the hospital. She had an acute psychotic breakdown and was very fortunate that someone had been there to have her placed in the hospital.

The Ark, an Illinois Non-Profit Organization, Special Grant Recipient of the Jewish Federation of Chicago, is a social service agency, located at 6450 N. California Ave., Chicago, which offers 130 diverse services to their clients. The Tele Care Program is one of the most important services offered to The Ark clients. The Ark serves over 25,000 clients and their families - from the very young to the very old - who are dependent on the agency for support. All of these services are offered with dignity and kindness.

To volunteer or make a financial contribution, call (312) 973-1000 ext. 270.

When a person's capacities are diminished by age or illness, that doesn't mean they've lost their thirst for life. Or their love of surprises. Or their need to maintain the same kind of dignity they enjoyed when living independently. At Glenview Terrace, we offer skilled nursing "care-with the human touch." Our facility, both inside and out, is modern, elegant and comfortable.

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For a free brochure, or to set an appointment for a tour of our facility, please phone our Director of Resident and Family Services, Laura Patur, at 708-729-9090.

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Renovation complete at Harbor Village



The first impression visitors get when they enter Harbor Village Retirement Community in Chicago's Lake View neighborhood is elegance. And beyond the grand piano, oriental rugs, spiral staircase, skylights and balconies, the superior services and affordable rents at Harbor Village make it one of the most sought after senior residences on Chicago's north side.

Construction and renovation of the studio and one bedroom apartments in Phase II of the award-winning facility is now complete. Many of the floor plans overlook Lake Michigan. The affordable rents include two waitress-served meals and a continental breakfast each day, all housekeeping services, utilities, social activities, entertainment and around-the-clock personnel.

Now Harbor Village ComfortCare Suites, with First Choice Home Health Care, are available for seniors who may require extra services or extended personal care. For more information, or for a personal tour, call (312) 404-9800.

Social Security Services are Free

by
Thomas A. Curin
Social Security Manager, Des Plaines

"All Social Security services are free." According to Thomas A. Curin, Social Security Manager in Des Plaines. He added however, that there are organizations that attempt to charge individuals for Social Security-related services. Social Security headquarters in Baltimore, Maryland receives hundreds of letters weekly from individuals across the country expressing confusion over such mailings.

Curin cautioned that senior citizens are often a target for special interest groups who ask for money because they claim the Social Security system is in serious financial trouble or that Social Security's trust funds are being mishandled. These groups are entitled to their opinions and can solicit contributions in order to pay lobbyists to voice those opinions to Congress. "But," he added, "many seniors don't realize that they do not have to respond if they find their requests for donations misleading and troublesome."

Recently married couples are often a target of another deceptive mailing practice. There are direct mail advertisers who offer to change your name on Social Security records for a fee. "If you ask us to change your name on your Social Security records, we will do it for free," Curin said.

Parents of a newborn often find that there are businesses that offer to get a Social Security number for their child for a fee when all they generally do is send out a form and ask them to return it to Social Security. Parents can get the form directly from Social Security and the form and the service is free.

"Should a direct mail advertiser imply that they are in any way connected with or working for the government or the Social Security Administration, that organization is breaking the law and you should refer the advertiser to the authorities," Curin said.

People who feel they are being harassed by direct mail solicitations, or if they receive an offer from a private organization that implies a connection to the government, they should refer the complete mailing, including the envelope to: Social Security Administration, Office of Public Affairs, Misleading Information, P.O. Box 17740, Baltimore, MD 21235.

People can also bring such matters to the attention of their postmaster, or send a complaint that includes the package to the: Chief Postal Inspector, United States Postal Service, 475 L'Enfant Plaza SW, Washington, D.C. 20260-2100.

Senior exercise group to meet

The Skokie Park District invites you to join this group of energetic seniors as they begin another year of fitness. Be rewarded with increased mobility, muscle tone and flexibility as you exercise with this class.

This exercise group is led by a qualified senior adult volunteer

and held at the Oakton Community Center, 4701 Oakton St., in Skokie. The group meets Mondays and Fridays from 10 to 11 a.m. on a year round basis for the low fee of only \$7 a year.

Call Judy at 674-1511, for further information.

Treat your dentures with tender loving care

If you are among the 23 million people in the United States who have no natural teeth and are about to receive your first set of dentures, here are some tips from the Chicago Dental Society that can help you make your transition to denture wear a smooth one.

First, remember that denture treatment is not a one-time transaction with your dentist. When you first get your dentures, you will receive complete instructions on caring for the oral tissues, placing and removing the dentures, wearing them during sleep and cleaning them.

But your mouth is a living organism; therefore, it constantly changes. Dentures that fit well when you first get them may later need to be adjusted or repaired as the shape of your jaws and gums change. Only your dentist has the training to assure your dentures are in good condition. As a den-

ture wearer, you will need ongoing professional care, including semi-annual check-ups with your dentist.

To keep your mouth healthy and your breath fresh, clean your mouth and dentures daily. Gently brush your gums and tongue and the roof of your mouth with a soft toothbrush or piece of damp gauze.

Plaque, a sticky bacterial film constantly forming in your mouth, also forms on dentures. For this reason, dentures must be treated just like natural teeth--you must brush and floss daily.

Your dentist can usually repair and refit a broken or cracked denture, providing it has not been further damaged by your attempt to fix it. However, over-the-counter repair kits contain chemicals and solvents that can damage the plastic materials in the denture. If that happens, or if the broken

parts of the denture are not lined up properly, dentures may have to be replaced.

In addition, improper relining of a denture places uneven pressure on the supporting bond and gum ridges, making these ridges shrink away and damaging the hard tissues.

Both reliner and repair kits are required to carry this Food and Drug Administration warning label: "Warning--for temporary use only. Long-term use of this product may lead to faster bone loss, continuing irritation, sores and tumors. For use only until a dentist can be seen."

So, where your health is concerned, don't take chances. See your dentist at least once a year for a thorough oral examination and on-going instruction in denture care.

MONNACEP offers courses on Alzheimers

MONNACEP, Oakton Community College's Adult Continuing Education Program, is offering a course, Current Issues in Aging: Alzheimer's Disease, on Tuesday, March 15 from 8:30 a.m. to 4:15 p.m. at the Northbrook Hilton, 2855 N. Milwaukee. Registration and check-in begin at 8 a.m. The instructor for the class is Amy Perrin Ross, RN, MSN, CNRN.

The geriatric population is increasing at a rapid rate. Memory

changes can be part of normal aging. Alzheimer's disease, however, is not a part of the normal process. It is a disease that robs people and their families of healthy aging. This course will present an update on the normal aspects of the aging of the nervous system and focus on the pathology in Alzheimer's disease. Individuals working in acute and long-term care will benefit from this comprehensive approach to the assessment and management

strategies used for geriatric clients.

This class meets criteria for 7.5 contact hours. The fee is \$59 and includes instruction, handouts and lunch.

Oakton Community College/MONNACEP is accredited as a provider of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation.

For more information, call (708) 635-1794.

Council for Jewish Elderly

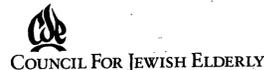
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Senior recalls psychology class at OCC



Once each month, Clara Weiss gathers for brunch with several other members of the psychology class they took eight years ago at Oakton Community College. "We talk about what's happening in each other's lives and enjoy our long-lasting friendships," Weiss says.

For the spring semester, Weiss is taking international relations and music courses to keep her "aware of the things going on today." A great grandmother of two, she also volunteers in Oakton's Grandparents Unlimited program.

Butler offers guidebooks to seniors

State Sen. Marty Butler (R-Park Ridge) is offering free guidebooks describing many of the programs and services available to Illinois senior citizens through government and private agencies.

"This is a new 24-page guidebook that provides concise information that will be useful to all senior citizens," Butler said. "It also includes a helpful listing of toll-free telephone numbers and an update on recent state legislation to benefit seniors."

The booklet describes federal programs, including Social Security. It explains the state Circuit Breaker and Pharmaceutical Assistance programs, Community Care, Home Health Care and other health services and financial assistance.

"The guidebook even has listings of various organizations that hire older workers or that can help in obtaining employment," Butler said. "It also discusses housing programs, utility assistance, services for veterans, transportation programs, recreational opportunities and volunteer programs."

Any senior citizen wanting a free copy of the new guidebook can telephone or write to Butler's 28th District office, (708) 299-5646 located at 940 Lee St., Suite 201, Des Plaines, IL 60016.

Oakton offers variety of productions

Oakton's Performing Arts Center offers a range of productions during the upcoming season, including You're a Good Man Charlie Brown from March 10 to 20, Just Jazz on April 9, Family Classics Children's Theater on April 16 and 17, Six Piano Ensembles on April 23 and 24, and the Acting Up! Festival from May 4 to 15.

For ticket information, call the Oakton Box Office at (708) 635-1900.

OCC hosts International Week

One of Oakton's most popular events is International Week from April 10 to 15. Highlighting the College's understanding of diverse cultures, the programs include lectures, panel discussions, international films, exhibits and entertainment. Family Day on April 10 kicks off this week-long celebration.

Arts in the Afternoon showcases the masterpieces of Emeritus students at 11 a.m., on April 22, at the Ray Harstein Campus. Paintings and sculptures, stories and poems, and a performance by the Emeritus Chamber Orchestra are all part of this creative day.

For further information, call (708) 635-1414.

Skokie Park offers ballroom dance

Join the Skokie Park District for an afternoon of socializing and dancing. Stay active by dancing to the old songs. Couples and singles are welcome.

Our group meets the second and fourth Wednesday of each month at the Oakton Community Center, 4701 Oakton St., Skokie from 2:15 to 4:30 p.m. The fee is \$1.50 for members and \$2.50 for non-members.

Call 674-1511, for further information.

Variable annuities help fund retirement

One effective method to help plan for a comfortable retirement is to consider a variable annuity.

Variable annuities are "open-ended" investment contracts drawn up between a life insurance company and an individual investor. Variable annuities are an excellent way to fund or supplement retirement savings because they combine the growth potential, investment flexibility and diversification of mutual funds with the tax advantages, benefits and guarantees of annuities. In fact, annuities are one of a few investment vehicles that permit investors to save on a tax-deferred basis.

Variable annuities are characterized by professional investment management and investment diversification through investment choices such as bond and stock funds, the annuity's value fluctuates with the performance of the investment option.

Variable annuities also provide the flexibility to transfer between investment options tax-free. So, as your investment objectives change, your investment can change with you. While in a deferred state, the annuity grows free from current taxation. Any dividends, interest and capital gains are automatically reinvest-

ed, allowing them to generate additional long-term growth.

After growing on a tax-deferred basis during the initial "accumulation" period, assets in a variable annuity can then provide income. Depending upon the payout option selected, one can receive tax-advantaged income over you and your spouse's lifetimes. When the payout period (annuitization) is reached, tax advantage is in the form of return of principal, which is tax-free, and interest, which is taxable as ordinary income.

Many annuities also allow annual withdrawals of up to 15 percent of the deposit for any need. However, upon withdrawal or surrender, earnings are taken out first and are taxable. If the owner is under age 59 and 1/2, he or she may also incur a 10 percent tax penalty.

Unlike most other market-sensitive instruments, variable annuities provide a guaranteed death benefit, ensuring that beneficiaries will never receive less than your total contributions.

For a free brochure on variable annuities, call Pierre Dunagan, Retirement Planning Specialist, Dean Witter Reynolds, at (708) 481-0523.

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SS says direct deposit is smart way to do business

Perhaps here's a special feeling of security in actually holding your first Social Security benefit check in your hand. That may be the reason some new beneficiaries don't sign up at the outset to have their monthly benefits deposited directly into their bank accounts. However, more than 20 million beneficiaries have found that direct deposit is the smart thing to do. They never have to worry about:

- a check being lost, stolen or misplaced;
 - being away from home and having a check sitting unprotected in their mailbox; or
 - making a special trip to the bank or standing in line to deposit their checks.
- For information about how to begin direct deposit of your Social Security benefits, call Social Security's toll-free telephone number, 1-800-772-1213, any

business day between 7 a.m. and 7 p.m. When you call, you should have your Social Security number and your bank account number handy. Or, ask about direct deposit where you have your bank account. Many banks offer checking account services free of charge to depositors who are age 50 or older. The bank's service representative can help you enroll on the spot.

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"Retirement" Benefits: It Means What It Says

by Thomas A. Curia
Social Security Manager in Des Plaines, IL

If you own a business or are an officer of a corporation, especially a family-owned corporation, you can expect to spend some extra time with a Social Security representative when you file for your retirement benefits. The extra time will be needed to fill out some forms that are designed to elicit information about your business, any services you still perform and the compensation you receive for those services, and the arrangements that have been made to replace you.

Not surprisingly, Social Security "retirement" benefits are paid to people who have "retired." The law permits Social Security recipients to continue to work and receive their full benefits as long as they keep their earnings under certain limits. For people age 65 through 69, the 1993 limits is \$10,560. People under 65 can earn up to \$7,680.

However, if you're self-employed, we also consider the amount of work you perform in your business and the payment you receive for your services. This is then compared with the amount of work performed and the payment you received prior to your retirement.

We do this because business owners and corporate officers are in a position to control their earnings and there is a possibility that they will continue to operate their business full time while paying themselves a reduced salary just to stay under the Social Security earnings limit. Under the law, an owner may receive retirement benefits if he or she hires someone to manage the business or to perform certain activities that the owner performed prior to retirement. The owner may then reduce his or her wages to take into account the reduction in duties. Sometimes an owner simply turns the business and all the earnings over to his or her spouse while retaining control and continuing to work and manage the business. In this situation, the person is not actually "retired" and Social Security "retirement" benefits will not be paid.

Many self-employed individuals set up these arrangements with their spouse with the best of intentions, figuring they've discovered a way to collect Social Security and retain their former role in their business or corporation. Only when they talk to a Social Security representative do they learn the arrangement is improper. Unfortunately, by then extra time and effort is needed to file amended tax returns and adjust Social Security records. And on top of that, processing of the Social Security retirement claim may be delayed.

The best advice is to check with Social Security well before you plan to file for benefits. And remember: you have to "retire" to collect "retirement" benefits - or at least significantly reduce your involvement in your business and keep your earnings under the limits.

Oakton to hold lecture series

Oakton's Distinguished Lecture Series features two outstanding speakers: Tim O'Brien, author of the National Book Award-winning novel, *Going After Cacciato*, on March 15; and Phyllis Pituga, senior astronomer at the Adler Planetarium, on April 20. The Passages Lecture Series is held Tuesdays at 1 p.m. at the Ray Harstein Campus. Subjects include "Casino Gambling in Chicago: An Unwanted Expertise" on Feb. 22, "Do You Remember When?" on March 1, "Modern Jewish Views of Jesus" on March 8, and "Can Your Prescription Drugs Become Addictive?" on March 15. Free lunch-time lectures are conducted the first Wednesday of each month at 1:30 p.m. at the Des Plaines Prairie Lakes Community Center. "The Physiology of Aging: Preparing for Your 60s, 70s and 80s in Your 30s, 40s and 50s" on March 2 and "Empowerment Means Courage" on April 6 are two of this season's offerings. Call (708) 635-1414 or (708) 635-1812, for further information.

Workshop series offered

The Institute for Therapy through the Arts is holding a workshop series sponsored by the Monty College Gerontology Department. All workshops will be held at Monty College, 3750 W. Peterson, Chicago.

- "Releasing the Genie in You" - uses theater games, movement, music, costumes, props, poetry and role play in order to help individuals:
 - connect to their own creative imagination
 - realize more of their own potential
 - reduce stress, release tension, reduce isolation
 - find new ways to connect to other people
 - find new outlets for expression of feelings, ideas and talents
 - look at themselves and others with renewed appreciation
- preserve remembered roles and rehearse for future role changes
- "Using the Mandala to Further the Journey Through Mid-Life Issues" - Art Therapist Melitta Loving will lead participants through use of the Mandala in order to help facilitate awareness, dialogue and integration of mid-life issues.
 - Leader: Melitta Loving, B.F.A., M.A., A.T. Date: February 26 at 9 a.m. to noon.
 - "Speak To Me Through Movement" - Dance Therapist Ira Carol McGill will lead participants through dance movement exercises which have proven effective with Alzheimer's patients. These movements link patients to life and reality as our last basic instinct is to move. McGill will introduce both theory and experiential material in order to add one more tool to the many skills therapists need in working with these clients.
 - Leader: Ira Carol McGill, March 5 from 9 a.m. to noon.

SJB schedules open house, registration



Pictured making things at the woodworking center are St. John Brebeuf preschoolers (left to right) Sonia Peterson, Vanessa Meegan and Jacky Stillmaker.

St. John Brebeuf Pre-School and Kindergarten new family registration for the 1994-95 school year will take place on Sunday, March 13, from 10 a.m. to noon in the school lobby located at 8301 N. Harlem Ave., Niles. The phone number is (708) 966-3266. Registration of new families, parishoner and non-parishoner, will begin on this date.

Opportunities will be available for parents to view the classrooms, meet the principal and teachers, and learn about the curriculum. Parents should bring a birth certificate and a baptismal certificate (if Catholic).

East Maine announces Snowflurries Program

Friendship and Feelings is the theme for the Snowflurries Program for East Maine School District #63. One hundred thirty fifth and sixth graders and adult facilitators will gather on February 18 at the First Baptist Church, 1266 N. Northwest Hwy., Park Ridge to participate in activities. Snowflurries is a prevention program created to give students and adults the opportunity for open discussion on a variety of topics. The event will feature presenters Tony Anamille, Kevin Adair with large group activities led by teacher Debbie Stafford, Washington School. Students and adults will also join in small discussion groups. All activities concentrate on developing healthy peer relationships, promoting responsible decision-making and offering healthy alternatives in resisting negative peer pressure. Snowflurries is sponsored by the Drug Education Committee for Kids under the guidance of Robert Jares, director for the Drug Free Schools and Communities program in East Maine School District 63.

MONNACEP offers continuing education courses

MONNACEP, Oakton Community College's Adult Continuing Education Program, is offering a course, *The Right Person for the Right Job: Interviewing Skills for Managers in Health Care*, on Tuesday, Feb. 22 from 8:30 a.m. to 4:30 p.m. at the Northbrook Hilton, 2855 N. Milwaukee Ave. Registration and check-in begin at 8 a.m. The instructor for the course is Michael Cohen, MA. Selecting, interviewing and hiring the right person for the right job is one of the manager's first and foremost responsibilities. This offering will focus on key issues that health care managers must consider beginning with examination of agency and unit philosophies and mission statements. The hiring interview will be detailed including effective techniques, acceptable versus discriminatory questioning, creating an appropriate atmosphere, listening skills and man-

agement of discipline and quality control of discipline and quality control.

Bears to speak at alumni sport night

To help underwrite the cost of the Alumni Dinner Auction on Saturday, March 26, a sports night will take place at Notre Dame High School for Boys on Thursday, Feb. 17 at 7:30 p.m.

Chicago Bears Kicker Bob Thomas '75-'84, Bob Christian and Richard Dent will donate their time and be the speakers.

There will be an opportunity to get their autographs, take pictures and bid on their autographed, framed jerseys.

The admission fee is \$5 for children, \$10 for adults and \$20 for families. For more information, call Fr. Joseph Stroet, CSC, at (708) 965-2900.

Read-More program set at Melzer

The Melzer PTO will be introducing Read-More to all the kindergarten students at the Melzer Kindergarten Center, 9400 Oriole, Morton Grove, starting February 22 and running until March 18. The goals of this program are to help the children to discover the rewards of reading in a non-competitive yet challenging atmosphere and to encourage parents to read to their children.

The theme of the Read-More program this year is Aladdin and Princess Jasmine flying from place to place. The children will receive "flying carpets" on which they are to write down titles of books that have been read at home. The carpets are returned to school on Fridays and they will be placed on the bulletin board outside of the gym. The flying carpets will help Aladdin and the Princess on their journey. The students will receive an award for participating in the program.

Melzer School is located in East Maine School District 63.

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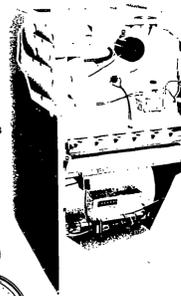


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School News

ME schedules registration program

Maine East will hold its Class of 1998 registration program Wednesday, Feb. 23, to help enroll and register current eighth grade students for their freshman year at Maine East.

At 7 p.m. on February 23 parents and eighth graders will attend a group meeting with their high school counselor to receive placement test results, eligibility for freshman courses, freshman course descriptions, enrollment information, physical examination information, and information pertaining to the opening day of 1994-1995 school year.

After the 7 p.m. counselor meeting, the families will view the building and the department

displays and talk with the teachers and department chairpersons about the curriculum opportunities at Maine East.

While families are attending the meetings and open house, Maine East staff will be photocopying the student's original or certified birth certificate document. The document can be picked up at the end of the evening's programs.

Questions about the Wednesday, Feb. 23, program and enrollment of the Class of 1998 (freshman in August 1994) may be directed to the Student Personnel Services office at Maine East; call 825-4484.

Course offered for nurses

This class meets criteria for 7.5 contact hours. The fee is \$59 and includes instructions, handouts and lunch.

Oakton Community College/MONNACEP is accredited as a provider of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation.

For more information, call (708) 635-1794.

Passages lecture discusses casino gambling

The controversy over casino gambling in Chicago will be the topic of a Passages lecture on Tuesday, Feb. 22 at Oakton Community College's Ray Harstein Campus, 7701 N. Lincoln Ave., Skokie. Dr. William Koehnline, Ph.D., former president of Oakton, will share his research on this issue.

A \$20 donation is requested, or \$2 for each lecture. For more information, call (708) 635-1414.

Regina student nominee for Honor Society
Regina Dominican High School senior, Lori Bielinski, Morton Grove, has been selected as the Regina Dominican nominee for the National Honor Society Scholarship.

Local student makes Willows honor roll

Bincy Babu of Morton Grove made the Honor Roll for the second quarter of the 1993-94 school year. Bincy attends The Willows Academy in Niles.

Local students make Willows honor roll

The Willows Academy in Niles, is pleased to announce that Jacqueline Decker, Patricia Dziamski, Maria Cristina Martinez and Donna Skora of Niles made the Honor Roll for the second quarter of the 1993-94 school year.

Entertainment

SOS presents 'Two-Faced' program

Symphony of the Shores (SOS) will continue their 4th season on Sunday, Feb. 27 at 7 p.m. at Pick-Staiger Concert Hall, located on the campus of Northwestern University in Evanston.

The concert program, titled "An Homage to Janus," continues with the daring, creative programming concepts that has brought this award-winning professional ensemble much critical acclaim and fame in just three years. In the spirit of the Roman god of portals Janus, Music Director Steven Martyn Zike will lead SOS in a split program of music that looks back to the past, then forward with premiere artistic collaborations that have become an SOS trademark.

The first portion of the program will feature Baroque virtuosity with J.S. Bach's Orchestral Suite No. 3 and Concerto for Oboe d'Amore with Judith Zuma, mon Lewis as soloist. The future looking portion of the program begins with the world premiere of Chicago composer Doug Lofstrom's Concerto for Strings, winner of the 1993 Symphony of the Shores Composers Competition underwritten by William Harris Lee & Company, Inc. Then comes the Chicago premiere of Canadian composer Glen Buh's Double Concerto with soloists Darlene Drew, flute



T. Daniel and Stephen Hartman, harp. Then the 20th century looks back on itself when internationally renowned mime artist T. Daniel interprets works by Hindemith and Stravinsky.

Audience members are invited to a free reception following the concert to meet the soloists and SOS musicians. Call SOS for tickets at (708) 869-3133. Two concert subscriptions are available for \$33 to \$30. Single tickets are \$20/18 for adults and \$18/16 for students and seniors. Special rates of \$12 are also available for groups of 10 or more. Handicap seating is available at Pick-Staiger Concert Hall.

Bog Theatre premier production

The Bog Theatre announces its premier production of Tom Stoppard's farcical who-done-it, "The Real Inspector Hound" opening February 25 and continuing weekends through March 27 at 620 Lee St., Des Plaines.

The new theatre is located in the Temple Building which was built in the early 1920's and is a former home of the Des Plaines Theatre Guild.

Performances will be Friday through Sunday the weekends of February 25-27, March 4-7, March 11-13, March 18-20 and March 25-27. Performances are at 8 p.m. on Friday and Saturday and at 3 p.m. on Sunday.

Tickets are \$10 for adults, \$5 for seniors and \$8 for students. For more information on The Bog Theatre and its premier production of "The Real Inspector Hound", call the box office at (708) 296-0622.

MORTON GROVE THEATRE 7300 DEMPSTER (708) 967-6010

STARTS FRIDAY, FEBRUARY 18TH

Clint Eastwood & Kevin Costner "PERFECT WORLD" SAT. & SUN.: 1:45, 4:25, 7:05, 9:45 WEEKDAYS: 7:05, 9:45 PG-13

Charlie Sheen "3 MUSKETEERS" SAT. & SUN.: 1:10, 3:15, 5:20, 7:25, 9:30 WEEKDAYS: 5:20, 7:25, 9:30 PG

Angelica Houston "ADDAMS FAMILY VALUES" SAT. & SUN.: 1:30, 3:25, 5:20, 7:15, 9:10 WEEKDAYS: 5:20, 7:15, 9:10 PG-13

John Candy Held Over "COOL RUNNINGS" SAT. & SUN.: 1:10, 5:35, 10:00 WEEKDAYS: 5:35, 10:00 PG

Held Over "JURASSIC PARK" SAT. & SUN.: 3:10, 7:35 WEEKDAYS: 7:35 PG-13

Chorus to conduct free vocal lessons

On Monday evening, Feb. 21, Edge O Town Chorus of Sweet Adeline's International, will begin a six-week program of free vocal lessons instructed by vocal teacher and chorus director, Debra Morgan.

The new Mini-Chorus membership program will begin February 21 at 7:30 p.m. at the Mayfair United Methodist Church Hall, Edens Expressway and the Wilson Exit (4600 N. Kilpatrick) and continue through Monday, March 28.

Participants will also learn to sing and perform 4-part harmony. Call Marilyn Spietz, (312) 777-5408 or Jeanne Mueller, (708) 678-5496 for more information.

Musical drama for children and families

Oakton Community College's Child Development Center proudly presents Jim Gill, performing musical dramas for children of all ages on Saturday, Feb. 19 from 10:30 a.m. to 1 p.m. at the Lincolnwood Community Center, 6900 N. Lincoln Ave.

Gill, a banjo and guitar player, has performed in Chicago and on the Northshore, enlightening children and their families with a variety of musical treats.

Tickets are limited and will be available at the door. The cost is \$2.50 for children over two years old and \$3 for adults.

For more information, call (708) 635-1441.

Niles West presents 'Strider'

The story of life as seen through the eyes of a plebeid horse will be depicted on the Niles West High School stage

where student actors perform "Strider" from Feb. 23 to 26. A free performance for senior citizens is scheduled for 2 p.m. Wednesday, Feb. 23 in the school's auditorium, 5701 Oakton St. in Skokie. A special performance for local junior high schools is slated for Thursday, Feb. 24, and public performances will be held at 8 p.m. Friday and Saturday, Feb. 25 and 26.

Tickets are \$5 and may be reserved by calling (708) 966-8280.

The Adults Representing Theatre Students (ARTS) will also host a dinner theatre package for the Friday and Saturday evening performance. The catered dinner plus the play is available for \$15 per person, and must be reserved by Feb. 16 by calling Sandy Kamenek at 674-5260.

Loyola Theatre to present 'Hedda Gabler'

The theatre department of Loyola University Chicago will present "Hedda Gabler" on Feb. 18-20 and 25-27 in the Kathleen Mullaney Theatre at the university's Lake Shore Campus, 6525 N. Sheridan Rd., Chicago.

Performances are at 8 p.m. on Fridays and Saturdays and 2 p.m. on Sundays. General admission tickets are \$5; \$2 for students. For tickets or additional information, call (312) 508-3847.

"Hedda Gabler" is the fourth production of Loyola's 25th anniversary season. The season will close with "I Hate Hamlet," April 15-17 and 22-24.

A Chorus Line opens at Pheasant Run

Pheasant Run Theatre presents A Chorus Line like it's never been seen before. "Traditionally, this production has been mounted and re-mounted using the original Broadway staging and choreography by the legendary choreographer, Michael Bennett. We have chosen to revive and rejuvenate the original concepts and choreography into a more contemporary production," says director Diana L. Martinez.

Marvin Hamlisch's Tony Award winning score of A Chorus Line offers favorites such as "One", "I Can Do That", and "What I Did for Love". Musical director, Scott Stevenson will be using a series of keyboards and synthesizers for the large dance numbers to give the score less of a 70's sound and a more energized 90's feel.

A Chorus Line tells the story of actors auditioning for a Broadway production and shows the audience what goes on beyond the footlights. This legendary musical stands alone by its brilliant script.

A Chorus Line is now playing at Pheasant Run Dinner Theatre. Performances are Thursdays and Fridays at 7:30 p.m.; Saturdays at 4:45 p.m. and 9 p.m.; Sundays at 1:45 p.m. and 6 p.m. Overnight and dinner packages are available. Parking is free. For further information and to order tickets, call (708) 584-MEGA or call Ticketmaster at (312) 902-1500.

Brass quintet concert slated

The Chicago Brass Quintet will appear in concert Thursday, Feb. 24, at 12:15 p.m., at Harper College, 120 W. Algonquin Road, Palatine, in Building P, Room 205.

The group, which made its debut at the Kennedy Center in 1986, tours throughout the United States and Canada and performs regularly with Lyric Opera of Chicago, the Chicago Symphony and the Milwaukee Symphony.

The members of the group are Ross Bearcraft and Kevin Hartman playing trumpet, James Molen, trombone, Greg Flint, horn and Dan Anderson, tuba.

The concert is free and open to the public. For more information, call the Harper College Music Department, (708) 925-6568.

Hungarian Folk Ensemble to perform

The colorful Hungarian State Folk Ensemble from Budapest performs Sunday, February 20 at 7:30 p.m. at Centre East in Skokie.

Under the direction of Sandor Timar, this 75-member company preserves true Hungarian folk elements while presenting them with theatricality and spectacle. The performers are whirling dancers, a chorus, and a virtuosic orchestra complete with gypsy violins, Hungarian cimbaloms, and other typically ethnic instruments.

On the program for their Centre East performance are musical numbers by Franz Liszt and Johannes Brahms, as well as several of Timar's original compositions and choreography.

Tickets for The Hungarian State Folk Ensemble Sunday, February 20 at 7:30 p.m., are \$22 and \$19 and are now on sale at the Centre East Box Office (7701 North Lincoln Ave., Skokie), and at all TicketMaster outlets. Group discounts and free parking are available and all major credit cards are welcome.

To charge tickets by phone, call Centre East at (708) 673-6300 or TicketMaster at (312) 902-1500. Centre East Box Office hours are Monday through Friday from 10 a.m. to 3 p.m. and Saturday and Sunday from 10 a.m. to 2 p.m.

For tickets or information, call (708) 291-2367.

Continentals Cablevision has a new teen series

Continentals Cablevision is once again pioneering local programming with a new series, Deafinitely, aimed at both the deaf and hearing adolescent population.

The new program uses a magazine format to address a variety of topics such as technologies for the deaf, career opportunities for deaf and hearing adolescents, and even features a rap session with the cast of eight teens, who debate issues from a teenage perspective.

The first episode airs Wednesday, Feb. 17 at 5 p.m. on channel 37, and will be replayed on Thursdays at 5 p.m.

"We're exploring new territory with this series," said Elizabeth Braham-Spencer, co-producer of Deafinitely. "There aren't many quality programming choices for teens, let alone for deaf teens. Our objective is to show that all teens have similar interests and concerns, whether or not they can hear."

Braham-Spencer said the idea for the program came from Jeanne DeBroach, a Hinsdale South High School teacher for the deaf and co-producer of Deafinitely. DeBroach had successfully used Continentals' Cable in the classroom video service to help teach her deaf students, earning Continentals' Teacher of the Year award for her innovativeness.

"Deaf teens have many good ideas and opinions," DeBroach said. "They just haven't been recognized before. This is a great opportunity for them and for the deaf population as a whole."

Continentals Cablevision serves 30 communities and over 112,000 customers in the Chicago suburbs and northeastern Illinois area. As an active member of the communities it serves, Continentals is committed to offering excellent customer service and a wide variety of programming and entertainment.

'Mr. Tapps' performs for children

Northbrook Theatre presents the popular "Mr. Tapps," as part of its Kids Need Culture Too! Series. The program will be at 2 p.m., Saturday, Feb. 19.

All seats are \$5. Special discount for groups taking advantage of the Theatre Party Package.

For tickets or information, call (708) 291-2367.

DINE OUT TONIGHT

Center East presents 'An Evening in Old Town'

Skokie Center East will present Jim Post in "An Evening in Old Town." Running through the end of March, the show will be performed Friday and Saturday at 8 p.m. and Sunday at 2 p.m. "An Evening in Old Town" will run in Studio B.

For ticket information, call (708) 673-6300 or TicketMaster at (312) 902-1500.

The first act is drawn from the folk hits of the sixties and their influences on pop music. The second act is Post's own music, and mirrors the growth of folk music in popular culture.

For interviews, photos, tickets, or more information on the show, call (615) 777-3969.

'Shua' to be presented at Niles College Seminary



Charles Gerace stars in 'Shua, a fictional monodrama by Rev. William Burke about the life of Jesus Christ as seen through the eyes of his boyhood friend, being presented by the Marbleworks Theatre at Niles College Seminary, Thursdays through Sundays through March 20.

"Shua, a fictional monodrama by Rev. William Burke about the life of Jesus Christ as seen through the eyes of his boyhood friend is being presented by the Marbleworks Theatre at Niles College Seminary, 7135 N. Harlem (Harlem & Touhy Aves.), for 20 performances Thursdays through Sundays, from February 17 to March 20.

The play provides a unique vision into Jesus' childhood and adolescence - a time of Christ's life that has left Biblical scholars speculating. The narrator reveals that, as a child, 'Shua had a stutter. "This idea came from my observation that very gifted children have trouble communi-

cating," says Rev. Burke. "Perhaps Jesus might have had trouble putting his own thoughts and insight into words."

"Shua is the most current professional production of the recently established Marbleworks Theatre. This year marks the third time 'Shua' will be performed at Niles College Seminary.

Performances are at 8 p.m. Thursday through Saturday and 3 p.m. on Sunday. Tickets for this theatrical experience are available by calling (708) 647-8028. General admission is \$12; tickets for seniors, students, and groups of ten or more are \$10.

The Illinois Benedictine College Jazz Studies Program will present the jazz saxophone event of the year on Saturday, Feb. 19, when saxophonists Mark Colby, Ed Peterson and Eric Schneider will be featured in concert. The performance will begin at 8 p.m. in the IBC Kraza Student Center on the college campus, located at 5700 College Road in Lisle, Illinois.

The concert will be held in conjunction with IBC Jazz Saxophone Day, a day-long educational workshop sponsored by the Jazz Studies Program.

Admission to the concert is \$8 for adults and \$6 for students and senior citizens. For more information and to reserve tickets, contact the IBC Music Department at (708) 960-1500, extension 1920.

Entertainment

Skokie Park presents 'Magic Revue'

Skokie Park District presents a show that the whole family can enjoy. At 2 p.m. on Sunday, Feb. 20 the curtain will rise on Tim Balster and his magic revue which includes special effects, live animals and dazzling costumes.

The show will be held at the Devonshire Community Center, 4400 Grove St. and tickets are \$2.50 in advance, \$3 at the door (children under two are free). Call (708) 674-1511 for further information.

Park Ridge Players present 'What the Bellhop Saw'



"No. 5" (at left, Bill Napollillo) and Stan (Joe Forestal, right) are CIA men who trap Babu the terrorist (Frank Panzeca) as Heidi (Beth Flynn) looks on, in "What the Bellhop Saw," an action-packed, comedy to be presented by the Park Ridge Players. The show will run at 8 p.m. Fridays and Saturdays from Feb. 25 through March 12 at St. Mary's Theater, 711 W. Crescent (at Prospect), Park Ridge. Call (708) 698-3081, for tickets.

The Park Ridge Players have gathered the Marx Brothers, The Three Stooges, and Abbott and Costello for "What The Bellhop Saw."

This action-packed, comedy is written by William Van Zandt and Jane Milmore. Directed by Betty Bryant, the play includes mistaken identities, long-suffering romance, a bumbling terrorist and action and surprises, along with the "Bellhop Ballet."

The cast features Joe DeMail as George the shy accountant to whom everything happens; Thomas Hart as Wally, George's bellhop brother who gives tips as well as takes them; Suzanne Ewry as Mikes, the starstruck ambitious maid; Shirley Brown as Arlene, George's terrifying, domineering wife; Frank Panzeca as Babu, the bumbling patriotic terrorist; and Deborah Hammerman, as

Heather, the sweet and innocent secretary. Other cast members are David Reilly as Roger, the writer of controversial novels; Joe Forestal as Stan, the CIA man; Norbert Weisman as Mr. Bickhardt, the hotel manager with heart; Manase Latu as Billy, the young bellhop who eavesdrops everywhere; Manny Schenk, the hotel guest, who wishes he wasn't; Beth Flynn as Heidi, Roger's daunting daughter; and Bill Napollillo as "Number Five," the backup CIA agent.

The play will run at 8 p.m. Fridays and Saturdays, Feb. 25 through March 12, at St. Mary's Theater, 711 W. Crescent (at Prospect), Park Ridge. Tickets are \$6; senior citizens, \$4. There will be an opening night discount, \$1. Reservations are recommended. Call (708) 698-3081.

Reserved-seat tickets range in price from \$10 to \$25. To order tickets or for more information, call Dick Robbins at (312) 878-0605 or stop by the Arie Crown Theater ticket office or any TicketMaster outlet.

The Music Center of the North Shore and Northern Trust Bank in Winnetka present the concert series Sundays at Seven at 7 p.m. on Sunday, Feb. 27 in the Concert Room at The Music Center, 300 Green Bay Road, Winnetka.

Violinist Stephanie Preucil, cellist Walter Preucil and pianist Annette Lee perform works by two masters of the piano-trio literature of the Romantic era.

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Park board ... Continued from Page 1

was the lowest bidder underbidding the budget by \$13,000. The bid was significantly lower than the board had anticipated. "The Fulton Contracting bid saved the park district \$4,000," said Michael Rea, superintendent of parks. Kevin Hoffman of PDRMA recognized the park district's safety efforts toward safety by presenting a \$1,000 check. The Niles Park District has a 93.2 percent overall safety level. "The safety and loss prevention committee has done an excellent job," said Hoffman. The Niles Baseball League also presented the park district with \$1,000. This was done to show the gratitude of the Niles Baseball League for the cooperation of the Niles Park District.

The money presented to the park district will possibly be used toward the renovation of Jewiak Park or toward new scoreboards. The Sweetheart Open featuring 450 skaters began Wednesday and will run through the weekend. Skaters from Illinois and Wisconsin will participate. The competition will take place at Iceland Skating Rink on Ballard and Cumberland. Admission is free. Hours are Wednesday through Friday 4 p.m. to 9 p.m., Saturday and Sunday from 8 a.m. to 9 p.m. Finally, the board approved Utility Tax Resolution No. 94-R-201 exempting the park district from the residential utility tax. The Niles Park District also decided to follow village rules to obtain territory to be annexed.

LEGAL NOTICE

Notice of Hearing on Motion to Confirm Foreclosure Sale and To Discharge Receiver No. 920682

State of Illinois, County of Cook, ss. -- Circuit Court of Cook County, County Department, Chancery Division. NATIONAL SAVINGS AND LOAN ASSOCIATION, Plaintiff, v. AMERICAN NATIONAL BANK & TRUST COMPANY OF CHICAGO, as TRUSTEE UNDER TRUST AGREEMENT DATED JUNE 15, 1979 AND KNOWN AS TRUST NO. 46831; AMERICAN NATIONAL BANK AND TRUST COMPANY OF CHICAGO, AS TRUSTEE UNDER TRUST AGREEMENT DATED AUGUST 15, 1975 AND KNOWN AS TRUST NO. 91305; MILTON SCHRABER; RICHARD ERLICH; JOCELYN STOLLER; JEWEL COMPANIES, INC.; OAK MILL MALL ASSOCIATES; LILLIAN BIEZE; OAK MILL ENTERPRISES 2000; ALEXANDER S. KNOFFLER; UNKNOWN OWNERS; UNKNOWN TENANTS IN POSSESSION; AND UNKNOWN AND NON-RECORD CLAIMANTS, Defendants. No. 91 CH 8606.

Pursuant to a Judgment of Foreclosure And Sale entered by the Court in the above-titled cause, Michael F. Sheahan, the Sheriff of Cook County, Illinois, on February 8, 1994, at the hour of 12:00 noon in Room LL155 of the Richard J. Daley Center, Chicago, Illinois, sold at public sale the following described premises and real estate mentioned in said Judgment, situated in Cook County, Illinois, to wit:

PARCEL 1:

THAT PART OF THE NORTH 1/2 OF THE NORTH 1/2 OF THE NORTH EAST 1/4 OF SECTION 25, TOWNSHIP 41 NORTH, RANGE 12 EAST OF THE THIRD PRINCIPAL MERIDIAN, DESCRIBED AS FOLLOWS: COMMENCING AT THE SOUTH WEST CORNER OF THE INTERSECTION OF MILWAUKEE AVENUE AND OAKTON STREET, SAID CORNER BEING 50 FEET SOUTH OF THE NORTH LINE OF THE NORTH EAST 1/4 OF SAID SECTION AND 50 FEET WESTERLY OF THE CENTER LINE OF MILWAUKEE AVENUE AND RUNNING THENCE WEST ALONG THE SOUTH LINE OF OAKTON STREET, BEING A LINE 50 FEET SOUTH OF AND PARALLEL WITH THE NORTH LINE OF SAID NORTH EAST 1/4 A DISTANCE OF 235 FEET, THENCE SOUTHEASTERLY ALONG A STRAIGHT LINE A DISTANCE OF 235 FEET TO A POINT WHICH IS 235 FEET WESTERLY OF THE WESTERLY LINE OF MILWAUKEE AVENUE, THENCE EAST ALONG A LINE PARALLEL TO THE SOUTH LINE OF OAKTON STREET, A DISTANCE OF 235 FEET TO A POINT IN THE WEST LINE OF MILWAUKEE AVENUE, SAID POINT BEING 50 FEET WESTERLY OF THE CENTER LINE OF SAID AVENUE, THENCE NORTHWESTERLY ALONG THE WESTERLY LINE OF MILWAUKEE AVENUE, A DISTANCE OF 235 FEET TO THE POINT OF BEGINNING IN COOK COUNTY, ILLINOIS.

PARCEL 2:

LOT 1 AND LOT 2 IN FRATINI HARTNETT SUBDIVISION OF PART OF THE NORTH EAST 1/4 OF SECTION 25, TOWNSHIP 41 NORTH, RANGE 12 EAST OF THE THIRD PRINCIPAL MERIDIAN, IN COOK COUNTY, ILLINOIS. PIN #:

09-25-201-014-0000
09-25-201-015-0000
09-25-201-026-0000
09-25-201-027-0000, Volume 903.

The improvements on the property consist of a commercial shopping center commonly known as the Oak Mill Shopping Center located at 7900 North Milwaukee Avenue, Niles, Illinois, including the corner lot.

Public notice is hereby given that National Saturn, Inc., the successful bidder at the sale, has filed a motion to confirm the sale and to discharge James M. Flanagan as Receiver. The motion has been noticed for hearing before the Honorable Arthur Dunne on Monday, February 28, 1994, at the hour of 9:30 a.m. in Court Room 2403 of the Richard J. Daley Center, Chicago, Illinois. For information regarding the motion, contact Purchaser's attorney: Jay S. Geller, Esq., Jenner & Block, One IBM Plaza, 38th Floor, Chicago, Illinois 60611. Tel. No. (312) 222-9350.

Dist. 63 ...

Continued from Page 1

warranty extension could pay for itself, Reynolds said. Standard maintenance includes work on electronic circuit boards, checks on the lift's safety features and troubleshooting the stationary and portable lift controls, he added. The school district will pay \$587 to DME for the one year maintenance agreement.

Robbery ...

Continued from Page 1

Apparently, the exposure provided by local news medias featuring a surveillance photograph of the bank robber taken during the robbery resulted in the discovery of Burback's identity. Burback was remanded to the custody of the Federal Bureau of Investigation and was formally charged with violation of the bank robbery statute in a federal complaint filed February 9 in the Northern District of Illinois.

The Niles resident appeared before a United States Magistrate February 9 and was ordered held without bond pending his next hearing. According to the Niles police, Burback's 31-year-old wife contacted the Niles Police Department because she had no job or income to support her seven-month-old daughter. Police brought the two to Niles Family Services.

"She was interviewed," said Sergeant Roger Wilson of the Niles Police Department. "The child was turned over to DCPS (Department of Children and Family Services) and the woman was taken to Lutheran General Hospital for alcohol dependency."

In 1981 Morton Grove led the nation when it passed its gun law. Its significance was not that it would have an impact on local crime. But the trustees hoped other communities would follow suit and perhaps a groundswell would take place throughout the United States. The big guns (no pun intended) came from the National Rifle Association headquarters, and they put out the call for other members and sympathizers to ascend on Morton Grove to object to the ordinance. The crowd filled the hall, lined the hallways and jammed the street in front of the village hall during a heated but well-controlled meeting.

MG Foundation to sponsor benefit

The Morton Grove Foundation will hold its annual "Taste the World" Benefit, Thursday, March 3, from 5:30 to 8:30 p.m. at Eugene's Fireside in Morton Grove. The purpose is to be able to provide resources that will benefit the welfare, health, education, environment and safety of citizens of our community. Last year, over \$7,000 was raised for the community at the "Taste."

Approximately 15 area restaurants will prepare a variety of delectable entrees, appetizers and desserts from around the world. Participating restaurants are donating their time, talents and cuisine to this gala. Any restaurant interested in participating should contact Jim Simkins at 965-2500. Tickets for the "Taste the World" Benefit can be purchased for \$25 in advance by calling 965-2330.

Rhoda Davis Sweeney honored

There was a reception honoring Rhoda Davis Sweeney, attorney at law, on Wednesday, Feb. 16, at the East Bank Club. Ed McElroy who has been with Chicago radio and TV will emcee the program.

Rhoda, a former Assistant State's Attorney, is now one of the top criminal lawyers in Chicago. She resided in the northwest suburbs where she attended college.

USE THE BUGLE

From the Left Hand

Continued from Page 1

There's more to life than sleeping."

Joe could be intimidating. His language was free flowing. When we mentioned to a woman in our office he occasionally would accentuate what he had to say with a few four letter words, she said he talked that way around her and everyone else. There were no pretensions about Joe. He was one guy who was for real.

Joe was a Marine who served in the Korean War. If this guy had been my first sergeant I probably would have gone AWOL. But under the gruffness was a warm loving man. You need only talk to his sons for a minute and you'd know the love that went both ways in his family.

In addition to Mike and Dave he is survived by his wife, Helen, daughter Michelle and a third son, Joe, Jr. He was a member of St. John Brebeuf, the Holy Name Society, the American Legion and the VFW. There was a marine honor guard at the funeral.

Blase-led Niles village boards have been very progressive in leading other suburbs into the last years of the twentieth century. But Niles dragging its feet on gun laws is symptomatic of Blase's outlook. Many years ago when a Blase-village board was bombarded by residents who were indignant a black family moved into Niles, Nick stood tall and defended the Bill of Rights. So long as the laws were on the books Nick would enforce them no matter how angry his constituents were. He stood firmly and tall and never flinched. But since no gun law was on the books and few residents confronted the issue, there was no reason to take action. Even though the momentum of such laws throughout the country might have moved the national government to action Niles remained silent. That's been the other side of Nick Blase.

Registration open for basketball league

Leaning Tower YMCA Jr. High basketball league will give one a chance to continue working on all the fundamentals already learned and put them to use in competitive league play. Everyone plays an equal amount of time in each game. Practices will be held on February 26 and March 5 with games running from March 12 through April 9. Registration for members begins February 7. Call the Leaning Tower Family YMCA at (708) 647-8222, for more information.

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Engineer Battalion to hold reunion

The 44th Engineer Battalion Association is a growing organization, with several regional chapters, open to anyone who served with the Battalion at any time in Korea. A reunion will take place on Sept. 18-22 1994 at Las Vegas, NV. For information on joining the Association or on the next reunion, contact HQ or Charles P. Regas, 5847N. Harlem Ave., Chicago, IL 60631, or call (312) 763-8536.

The cost will be \$8 per person (or couple) for each session, or \$42 per person (couple) for all six. Handouts will be available at each session. For more information and registration materials, contact the North Suburban Cook Extension at (708) 818-2901.

Welter surpasses \$10 million

Ken Welter, longtime Niles/Edison Park/Park Ridge area real estate broker, surpassed the \$10 million mark in 1993 sales. Ken and father George owned and operated Century 21-Welter Realtors prior to 1991 when Ken joined forces with RE/MAX Properties Northwest at 37 S. Prospect Avenue, Park Ridge. Ken has been selling real estate in this area since 1970 and can be contacted by calling (708) 698-7000.

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Fundraiser to benefit victims of earthquake

St. Paul Federal Bank For Savings recently announced that it has launched a fundraising drive to benefit victims of the Los Angeles earthquake. The bank will match all donations up to a total of \$10,000. Money collected will be used to assist earthquake victims throughout the American Red Cross.

In 1992 St. Paul successfully raised more than \$20,000 for the Florida victims of Hurricane Andrew, including \$10,000 in matching donations. In 1993 the Bank was able to raise more than \$26,000 to benefit victims of Midwest flooding, including \$10,000 in matching donations. Individual contributions are tax deductible and will be used to assist victims who have lost their homes and/or personal belongings, or need assistance with other basic needs.

Tax exempt owners must file report

Robert P. Hanrahan, assessor for Niles Township, would like to remind all tax exempt property owners in Niles Township that an annual report must be filed with the Cook County Assessor's office by February 28, in order to maintain a status of exemption. The procedure now being used by the Cook County Assessor's office regarding tax exempt properties is that forms will be mailed directly to registered tax exempt property owners.

Realty company names vice president

Jerry J. Nichilo, CCIM, formerly of Traflet Crow Company and The Palmer Group, was recently named Vice President of Goldie B. Wolfe & Company according to Goldie B. Wolfe, President.

Christopher Karabin

Air Force Airman Christopher J. Karabin has graduated from Air Force basic training at Lackland Air Force Base, San Antonio. Karabin is the son of Steve and Jeanne Karabin of Park Ridge.

Mary Hershey
Mary E. Hershey of Park Ridge has earned a Master's in Business Administration from Illinois Benedictine College (IBC) in Lisle.

Professional business seminar offered at OCC

The Institute for Business and Professional Development at Oakton Community College in Des Plaines is offering seminars in purchasing, microcomputers and supervision & management during its winter term.

"Fundamentals of Purchasing" is a primer of hands-on, cutting-edge buying fundamentals covering those essential tasks needed to become effective buyers in today's competitive environment. The new role of the buyer and the latest performance criteria are presented. The seminar meets on Tuesday, Feb. 22 from 6 to 9:15 p.m. The cost is \$335.

"The New Supervisor: Making the Transition" covers how to make a smooth transition into management by understanding the role of a manager and developing the skills to effectively supervise people. Participants also learn the basic management functions and common mistakes to avoid. The seminar meets on Tuesday, March 1 from 8:30 a.m. to 3 p.m. The cost is \$255.

"Introduction to Microcomputers for Windows Including Excel, Microsoft Word and PowerPoint For Windows" focuses on the differences between DOS and Win-

TCF Bank Illinois

TCF Financial Corporation (TCF) (NYSE:TCB), Minneapolis-based parent of TCF Bank Illinois (a subsidiary of TCF Financial Corporation) headquartered here, recently announced that its board of directors has authorized the repurchase of up to 5 percent of TCF common stock, or approximately 618,000 shares. The shares will be repurchased from time to time, depending upon market conditions, through open market or privately negotiated transactions. The repurchased shares will become treasury shares and will be used for employee benefit plans and other general corporate purposes.

TCF Bank has 28 full service branches and 6 "lending only" locations in northern Illinois, including offices in Chicago (Jefferson Park), Joliet, Oak Brook and Rockford.

LaSalle announces staff promotions

LaSalle National Bank has announced the following officer promotions. To Bank Officer: Maria J. Hondros, 25, from systems analyst. Hondros is a graduate of Northwestern University and is currently pursuing an MBA degree from Loyola University.

George A. Stephanopoulos, 41, from technical support analyst. Stephanopoulos is a graduate of Southern Illinois University.

Wanda D. Washington, 29, from loan analyst supervisor. Washington attended Western Illinois University.

Bryan D. Hood, 29, from senior financial analyst. Hood is a graduate of Eastern Illinois University and received an MBA degree from the University of Illinois at Champaign-Urbana.

Ravi R. Gupta, 24, from investing banking associate. Gupta is currently pursuing an MBA degree at the University of Chicago Graduate School of Business.

USE THE BUGLE

Business

General Nutrition Center opens Skokie store



General Nutrition Center's "Store of the Future" opened recently in the Village Crossings Shopping Center, 5465 W. Touhy Avenue, in Skokie.

The "store of the future" is three times the size of an average GNC store and also includes the first-ever Health Management Center (HMC). The HMC is designed to help individuals determine their fitness levels through a variety of testing packages. Following testing, customized nutritional/exercise programs can be created that will improve the individual's health and fitness level.

Members of the GNC/HMC staff include (back row) Anthony Skwerski, GNC Assistant Manager; (front row, from left) Cathie McCormick, massage therapist; Katie Moseby, HMC counselor; Jacqueline Hosenk, GNC/HMC General Manager; Margarita Sepulveda, GNC Assistant Manager and Julie Wiley, GNC Sales Associate.

Richard Prosser joins Million Dollar Producers

Sales associate Richard Prosser recently reached the million dollar plus sales mark for Wm. L. Kunkel & Co., Realtors, Commercial/Industrial Division. The announcement was made by Ralph Martin, president.

For more information, call (708) 965-4220. For TDD, call (708) 965-4236.

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Politics

Niles Twp. GOP endorses Ryan for Attorney General

The Niles Township Regular Republican Organization endorsed DuPage County State's Attorney Jim Ryan in the Republican primary for Illinois Attorney General last week.

In other contested races in the March 15 primary, the organization endorsed Jim Edgar for Governor and Bob Kustra for Lieutenant Governor, George Larney for 9th District U.S. Congressman, Dan Staackmann for 13th District State Representative, and Sheldon Marcus for Niles Township Republican Committeeman.

In addition, the organization unanimously endorsed Joe Morris for Cook County Board President, as well as Skokie resident Sandra Wilson-Muriel for Cook County Assessor and

Lourdes Mon for 13th District Cook County Commissioner. Also endorsed were Elmwood Park Mayor Pete Silvestri for 9th District County Commissioner and John McNeil for 10th District County Commissioner. Ninth Judicial Subcircuit District Candidates Richard Moening and Don Sampen were also endorsed.

The endorsements were determined by a secret ballot vote of Niles Township Republican precinct captains and organization members. According to the organization's by-laws, a candidate had to receive 60 percent of the vote to be endorsed.

Any candidate running in a contested Republican primary race was allowed to speak to the captains prior to the vote.

Dudycz recognized by business organization

Assistant Senate Majority Leader Walter Dudycz (R-7th, Chicago) will receive an award from the Management Association of Illinois (MAI) for his voting record on legislation affecting employers.

Dudycz is one of just 24 senators who will receive a "Voice of Employers" award from the state-wide management organization. MAI Executive Vice President Jay Shattuck says the awards are

based on 12 key votes during the 1993 legislative session, on such issues as health care, striker replacement, wage withholding, tort reform, insurance, health care, and expansion of prevailing wage.

The Management Association represents nearly 2,000 member companies in Illinois with training, human resource consulting and employment law lobbying.

Niles Twp. GOP endorses Staackmann

On Tuesday, Jan. 25 the Niles Township Regular Republican Organization endorsed Daniel Staackmann for state representative in the 13th district by an overwhelming 95% margin.

This endorsement comes on the heels of an endorsement last week by the Niles Township Regular Republican Organiza-

tion where Staackmann received 97% of the vote. The 13th district embodies all of Morton Grove and golf and parts of Glenview, Niles, Park Ridge, Lincolnwood, Skokie, Chicago's 41st ward, 45th ward and 39th ward.

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Saturday: 7:30 a.m. - 4:00 p.m.

Capparelli passes senior's Bill of Rights

Senior citizens' rights are becoming more apparent, recognizable and understood in the legal system thanks to House Joint Resolution 73, the Senior Citizens Bill of Rights, sponsored and passed by State Rep. Ralph C. Capparelli (D-Chicago). The legislation also was approved in the Illinois Senate during the fall legislative session.

The resolution recognizes that "after a lifetime of hard work and contribution to this society, Senior Citizens deserve to have the utmost dignity and respect shown toward them." It further pointed out that they "have special needs and concerns that require immediate attention and resolution," and that they "are frequently the victims of financial exploitation and physical abuse."

According to the resolution, "senior citizens shall have the following rights:

- To have equal access to all the resources our society has to offer, including but not limited to

the legal system, social services, credit, health care, police protection, and consumer advocacy;

2. To have age and physical condition taken into consideration for scheduling of court dates and accessibility to the legal forum;

3. To have effective court supervision and oversight of proceedings affecting seniors in their physical and financial affairs;

4. To have the fact that Seniors usually live on a fixed income taken into consideration in determining transportation fares, taxes, and utility rates;

5. To have thorough and prompt investigations into allegations of physical abuse and financial exploitation against Seniors;

6. To obtain and maintain suitable housing, independently selected, designed and located with reference to special needs and available at costs which Seniors can afford; and

7. To access a comprehensive array of community-based, long-

term care services adequate to approximately sustain Seniors in their communities and in their homes.

"These guidelines have become highly regarded in the judicial system," said Capparelli. "This is where we expect it to have its greatest impact. Judges often pointed out to me the lack of specific criteria that they could use when ruling on litigation affecting senior citizens. That's what prompted me to establish the Senior Citizens Bill of Rights."

"Now they have the criteria as do legislators when preparing legislation or considering the merits of proposed legislation," he said. "It can only help to improve the quality of life for all the elderly."

Capparelli said he will continue to monitor the use of these guidelines and seek additional ways to further the interests of the state's older population.

ORR applauds new lobbyist law

Cook County Clerk David Orr recently described the new Cook County Lobbyist Registration Ordinance as "highly successful," pointing out that his office received a 50 percent increase in registrations.

There are 127 lobbyists registered with the Clerk's Office, up from 85, a 50 percent increase. Lobbyists filing now listed a total of \$18,768 in expenditures, compared to only \$1,870 last year and now list salaries of \$245,000 compared to \$18,391 in July of 1993, the last filing under the old law.

"The increase in registrations is due to the stronger, more inclusive ordinance and the effort we have made to notify people, including mailing information to every county vendor and to all firms seeking county bond business," Orr said.

Under the new ordinance which was passed last summer, any individual who for compensation, attempts to influence any

county official on a county matter is now required to register as a lobbyist. "County matter" includes contracts, though the ordinance contains exemption for certain individuals who make no reportable expenditures.

The information to be listed in the expenditure reports now includes clients; persons lobbied; county matters involved; compensation; specific expenditures to county officials/employees such as gifts, meals and political contributions; aggregate lobbying expenses; such as publications, lodging and entertainment.

"This is an important law because the public should know what money is being spent to influence decisions in Cook County government, which is a \$2 billion business," Orr said.

The deadlines for people to file expenditure reports who had been previously registered lobbyists was January 20 of this year. Persons who registered for the first time after January 1, 1994 do not

have to file an expenditure statement until the period between July 1 and July 20 of this year.

Any person filing a late registration or report is subject to a late filing fee of \$10 per day per document. Any person filing a late registration after January 31 or a late report after January 31 or July 31 is subject to an additional penalty of \$100 per day if found guilty by a court of law. Any person convicted by a court of any violation of any provisions of this civil ordinance is also prohibited from lobbying for a period of three years.

Orr said that his office is calling on all those who lobby to register and those who are registered but missed the January 20 deadline to get their filings into his office. "A list of delinquent filers will be sent to the State's Attorney, and the Clerk will ask the State's Attorney to review expenditure reports to make sure that required information is being listed."

Letters To The Editor

District 71 School Board responds to Blase

Dear Mayor Blase: This letter will serve as the response of the District 71 School Board to your letter expressing concern over the recent property tax hikes by the school districts in Niles. We cannot respond for the other districts, but we can only express our position.

This Board has in the past and does now keep our spending at the lowest possible level. We are forced to balance the educational needs of the students with the ability of the citizens of District 71 to pay for those needs. We constantly make choices which strive to keep that delicate balance. These decisions are not arrived at in a vacuum.

We are aware of the state of the economy and all of the other economic indicators which you cite in your letter. We too, are concerned with the economic viability of our area. It is precisely for this reason that the Board levies only the amount which is needed to run the District. Our rate for 1992 is 1.209 which compares to

1.277 for 1991. It is important to note that this amount is much lower than the rate of 1.82 which the Board could legally levy.

In the years 1984, 1985, 1986 and 1987 the Board levied an amount that was lower than that levied in each preceding year.

The 1993 levy is 7.9 percent higher than the 1992 levy. It is not a 10 percent increase as you have erroneously stated.

We have only one funding source, the property tax. We cannot avoid ourselves of the sales tax and utility tax revenues which the Village has at its disposal. These alternative funding sources are a major reason the Village's portion of the property tax bill is only 4 percent. Moreover, in District 71, the Village has created two TIF Districts. While this proves a

boon for the Village of Niles in increasing its base of sales tax revenues, the valuation of the properties is frozen thus depriving District 71 of increased revenues. The resultant loss of reve-

nuce must then be shouldered by the property owners of District 71.

One of the major factors that makes Niles a great place to live is its schools. We shall continue to endeavor to make the schools in District 71 the best they can be and do it in an economically responsible manner.

Sincerely,
The Board of Education:
John Lombardi, President
Bamey Namovic, Vice-President
Eileen Varisco, Secretary
Vincent Bugarin, Member
Clifford Drexler, Member
Destia Elliott, Member
Carolyn Kosiba, Member

Dean's list

Jie Chu, a junior accounting major and the daughter of Mr. and Mrs. Fu-tan Chu of Skokie, is one of 125 students named to the Monmouth College Dean's List or Honor Roll for the fall semester.

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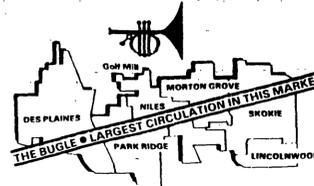
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Glenview (708) 729-1000

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Chicago's Finest Selection of Antique, Collectible And
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We Purchase Dolls & Bears.
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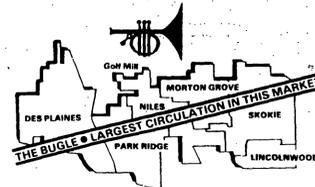
Bugle Newspapers

8746 N. SHERMER ROAD, NILES, IL (708) 966-0198
(OUR FAX NUMBER)

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Must Be Dependable
No Selling
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BAKERY CAFE**
Interviewing For Full & Part-time
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For Our Location At Old Orchard Mall.
If You Are Energetic, Friendly,
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Ask For Kathy

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\$15/Hour - Full Time or Part Time
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Full Or Part Time - Day Or Night Shifts
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NO PHONE CALLS PLEASE
E. O. E.

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SCHOOL BUSES \$7.20 / Hour
MINI-VANS 7-9 A.M. and 2-4 P.M. Additional Hours, Charters Available
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If you are over 21 with a good driving record, call today!
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The ideal candidates will possess a high school diploma or equivalent, at least 6 months of cash handling with balancing experience, and previous customer service background. Strong math skills as well as polished communication abilities are essential.
We offer very competitive salaries, excellent benefits, flexible schedules and opportunities for growth. For consideration for these positions, please call (708) 816-5749. To find out about other available positions, please call (708) 918-4450. We are proud to be an EEO/AA employer M/F/D/V.

FIRST OF AMERICA
BANK CORPORATION
Growing. But Still A Neighbor

DISTRIBUTION CLERK
First Federal Bank in Des Plaines is seeking an energetic, reliable, well organized person to work part-time in our distribution center. Duties include delivering mail, filing and running mail machines.
No Experience Necessary, Will Train
Applicants Should Apply In Person To:
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749 Lee St., Des Plaines, IL 60016
EOE M/F/V/H

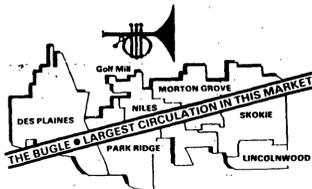
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Individual For Heavy Typing Work. Experience In Word Perfect, Plus 65 WPM. Full-Time - Permanent Call: (312) 989-9199

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We offer competitive wages, a superb benefits package, a generous merchandise discount, as well as the excitement of being a part of our fashion-forward company.

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 - Stock Associates (Temp)
 - Visual Merchandiser
 - Temporary Associates

at our new store location: **WOODFIELD VILLAGE GREEN** 1500 E. Golf Road Schaumburg, IL

Applications are being taken at the above address:
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FASHION BUG Northgate Shopping Center 906 N. Lake St. Aurora, IL 60505
Equal opportunity employer, m/f

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* experience in gas and diesel * * engine and truck repair * 2 years experience preferred
C.D.L. License OFFERING
* Top Pay * * Union Benefits * * Sign On Bonus *
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Must also be able to take phone orders. Some heavy lifting. Skokie.
Non-smoking office.
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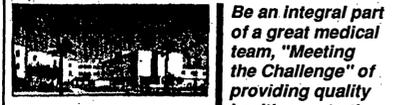
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Forest Villa Nursing Center
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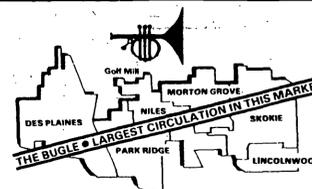
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Loan Clerk
Full-Time - Monday-Friday - Rotating Saturdays 1/2 Day Typing (50+). Filing, Heavy Phone Contact With Customers And Auto Dealers, Friendly, Self-Starter With Good Figure Aptitude. Must Have Ability To Take On Multiple Tasks And Complete In A Timely Manner. 1-3 Years Experience In A Fast-Paced Office Environment.
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Call: (703) 261-5301

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5,700 square feet. Located in Dubuque, Iowa. Terms. cash.
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3+ acres. 150 feet from mainland lot. Northern Minnesota. Recreational Lake. 3 miles to city. Beautiful property. \$200,000.
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Colonial 4 BR, 2-1/2 BA, living room, dining room, eat-in kitchen, 1 car att gar, basement. Lot size 57' x 106'. Asking \$359,000. Anxious to sell. Price negotiable.
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NORTH CAROLINA - FOR SALE BY OWNER * WANT TO OWN A MOUNTAIN - 87 a. bet. Great Smoky Mtns & Blue Ridge Pkwy. Custom yr. round cabin. Mtn. top meadows. 4,000' elev. Abundant views, wildflowers/wildflowers/fruit/springs. Easy access by 4 wheel drive. 1 hr to Asheville. \$169,000. (704) 649-3959 or (803) 953-2088.

Buy or Selling... Bugle Classified is the place for you Call 966-03900

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Lovely 3 BR - 1-1/2 BA - Brick Ranch - Full Finished Basement With 2nd Kitchen - Fantastic Enclosed Porch - \$179,000
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INFORMATION ON CLASSIFIED ADS
You Can Place Your Classified Ads by Calling (708) 966-3900 or Come To Our Office in Person AT: 8746 N. Shermer Road, Niles, Illinois. Our Office is Open - Monday thru Friday, 9 A.M. to 5 P.M.

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AUTO FOR SALE	LOST PET
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Regulation Size Deluxe Ping Pong Table Excellent Condition - \$75.00 Call: (708) 965-4882	WANTED TO BUY
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and
DEADLINES

Our offices are located at 8746 Shermer Rd., Niles and we are open weekdays only, 9am-5pm. You may stop in or call (708) 966-3900 to place your ads. For ads only, you may fax your copy anytime, 7 days a week, 24 hours a day to (708) 966-0198. Our deadline for all insertions for our Thursday editions is Tuesday prior to publication at 3pm. Call your representative for other specific information.

Heart talk scheduled at library

"Heart Problems," a discussion of the condition of mitral valve prolapse, will be presented by board certified cardiologist Marc Tenzer, M.D., at the Lincolnwood Public Library at 7 p.m., Thursday, Feb. 24.

The program is one in the Health Series lectures presented by St. Francis Hospital and held on the last Thursday in the month. Continuing through April, other programs will be "Wise Wills and Wishes" and "Coping with Alzheimer's." The lectures are free.

The library is located at 4000 W. Pratt Ave. Call (708) 677-5277 for further information.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D008262 on Feb. 7, 1994 under the Assumed Name of Carpet Cleaning Company, with the place of business located at 6724 N. Lawndale, Lincolnwood, IL 60645. The true name(s) and residence address of owner(s) is: Michael Mastorakis, 8912 N. La Vergne, Skokie, IL 60077.

LEGAL NOTICE

The Village of Niles is offering for sale, by sealed bid, items as listed below. These items may be inspected at the Village of Niles Maintenance Garage, 7104 W. Touhy, Niles, Illinois, 60714. To make an appointment, or for information on the bid process, please call the Purchasing Agent at (708) 967-6100.

- Item No. 1: Eight (8) 1991 Chevrolet Caprices formerly used as squad cars, mileage in 110,000 range, good condition, silver color, holes plugged. Being sold as one package.
- Item No. 2: One (1) 1970 Pirsch Aerial Fire Truck, Tractor, Trailer, with 100' ladder, fully certified, re-powered to diesel and automatic transmission in 1980, full complement of ground ladders, mileage, 94,600.
- Item No. 3: One (1) V-Box Salt Spreader, 6-yard.
- Item No. 4: One (1) V-Box Salt Spreader, 7-yard.
- Item No. 5: Three (3) Baker-Flink Snow Plows, 10-ft. (may be sold individually-bidder to specify one or three).
- Item No. 6: One (1) Baker-Flink Snow Plow, 11-ft.

All items will be sold "as is". Successful bidders are responsible for pickup of items purchased.

Sealed bids will be accepted until 5:00 P.M. on Friday, March 4, 1994, at the Administration Building, 7601 Milwaukee Avenue, Niles, Illinois 60714. Bids for each item must be in a separate envelope, addressed to the Purchasing Agent, and legibly marked with the items being bid for and the words, "BID ENCLOSED". The bidder's name, address and phone number must be included in each envelope. The Village of Niles reserves the right to waive technicalities and reject any and all bids and to award the purchase to the party or parties submitting bids in the best interests of the Village.

LEGAL NOTICE

The Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, March 7, 1994, at 7:30 P.M. in the Municipal Council Chambers, 7200 Milwaukee Avenue, Niles, Illinois, to hear the following matter(s):

94-ZP-5
Joan Dahlberg, 7333 Waukegan Road, Niles, Illinois, Petitioner. Requesting a change in zoning from B-2 to B-2 Special Use to permit living quarters in rear of business at 7333 Waukegan Road.

94-ZP-6
Alan J. Emerick, First National Bank of Niles, 7100 Oakton Street, Niles, Illinois, Petitioner. Requesting a change in zoning from R-2 to B-1 Special Use for a parking lot at 7120-7130 Oakton Street for First National Bank of Niles.

94-ZP-7
Marek Maka and Alina Piszczka, 5321 W. Belmont Avenue Chicago, Illinois, Petitioner. Requesting a change in zoning from R-1 to R-4 Special Use, to construct 8 townhouse condominium units at 9250 Washington Street.

The Village of Niles intends to comply with the Americans With Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodation for a Village service or have any questions about the Village's compliance, please contact Abe Selman, Village Manager, 7601 Milwaukee Avenue, Niles, Illinois, 708/967-6100.

Meeting features history of Sisters of the Resurrection

The Norwood Park Historical Society will present Sister Virginia Ann Wanzek, C.R. Provincial, at their next meeting on Wednesday, Feb. 23.

Sister Virginia Ann will talk about the role of the Sisters of the Resurrection in the Norwood Park community and the world at large. The Sisters have been a vital part of the Norwood Park community through their considerable effort in establishing Resurrection Hospital (and its many satellites), Resurrection High School, the Retirement complex, and the Resurrection Pavilion (nursing home) in Park Ridge. Sister Virginia Ann will illustrate her talk with slides that document the many stages of this outstanding group.

The meeting will begin at 7:30 p.m. on Wednesday, Feb. 23, at the Crippen House, 5624 N. Newark Ave. A coffee hour will follow.

For meeting and membership information call (312) 631-4633.

VFW present 'Youth on Parade'

The Park Ridge V.F.W. Post #3579 and its Ladies Auxiliary invite the scouting organization and their leaders to attend the annual "Youth on Parade" program, to be held Saturday, Feb. 19 at the Post Home, 10 W. Higgins, Park Ridge, Ill. (corner of Higgins and Canfield) starting promptly at noon.

Youth groups, scout leaders, scout masters and den mothers are asked to call Auxiliary chairman Rose Lobb at (708) 635-8713 between 6 p.m. and 9 p.m., to indicate the number planning to attend.

Shamrock to celebrate 55th year

The Shamrock American Club one of the oldest active Irish social and cultural clubs in the state of Illinois, and founder of the Irish American Heritage Center is celebrating its 55th year.

The celebration will be marked by a dinner dance to be held on Saturday, February 26 at the Heritage Center, 4626 N. Knox Ave., in Chicago.

The evening will begin with cocktails at 7 p.m. followed by dinner at 8 p.m. Music for dancing and listening will be provided by the Shannon Aires.

There will be an exhibition of Irish dancing by the world famous Irish Trinity Academy. There will also be door prizes and an open bar.

Tickets are \$35 each and can be reserved by calling (708) 967-1575.

Announces Legion Auxiliary rummage sale

Remember someone's trash is another person's treasure. As with garage sales, the Morton Grove American Legion Auxiliary unit #134 is inviting the community to view their many tables of goodies at the Tuesday, Feb. 22 Rummage Sale to be held at the Post Memorial Home, 6140 Dempster, from 9 a.m. to 4 p.m.

There will be no admission fee. Come and browse and do some shopping. There will be a furniture room. Other items available will be clothing, household articles, dishes, pots and pans, school supplies, knick knacks and bric-a-brac.

Outdoor Skating set at Emily Oaks

Enjoy outdoor ice skating at Emily Oaks Nature Center, 4650 W. Brummel, Skokie, on Monday through Friday from 4 to 8 p.m.; Saturday, 11 a.m. to 8 p.m.; and Sunday, noon to 6 p.m.

To confirm ice conditions, call 677-7001 or 674-1503.

LEGAL NOTICE

FOR:
One Three Hoop Championship Mini Basketball Court
OWNER:
NILES PARK DISTRICT

Notice is hereby given the Niles Park District will accept sealed bids for the purchase of one Three Hoop Championship Mini Basketball Court until Friday, March 4th, at 12:00 p.m. (noon) in the Park District Administrative Offices, 7877 Milwaukee Avenue, Niles, Illinois 60714. The bid opening will be held at 3:00 p.m. on March 4, 1994 at the aforementioned address.

Bidding forms and specifications may be obtained from the Niles Park District at the above address. All inquiries should be addressed to Michael Rea, Superintendent of Parks, (708) 647-6777 or Julene Valle, Jozwiak Park Supervisor, (708) 967-6975.

The Board of Commissioners reserves the right to accept or reject any or all bids and to waive any technicalities deemed to be in its best interest.

By Order of the Board of Commissioners
NILES PARK DISTRICT
By: Timothy Royster, Secretary
Niles, IL 60714

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Anniversary Celebration

ARTEMIS

RESTAURANT

"Out With The Old In With The New"

Artemis did not close its doors January 1st as planned. We will begin remodeling in early spring with a brand new and up-to-date look. We would like to thank our landlord Mr. Bob Dimucci for renewing our lease for 25 more great years.



And to show our appreciation of our customers for 20 years of business and success Artemis is turning back the clock featuring 20 great specials for lunch and dinner and our original breakfast menu from 1974 available 6 a.m. - 11 a.m.

Join us in our Anniversary Celebration
And join us for our Grand Opening in early spring.

Chilled Juices and Fruit ORANGE JUICE 50-75 GRAPEFRUIT JUICE 50-75 FRUIT COCKTAIL 60 APPLE SAUCE 55 TOMATO JUICE 50-75 SLICED BANANAS 75 HALF GRAPEFRUIT MELON IN SEASON		GYROS AND EGGS Potatoes, Toast, Butter and Jelly \$3.75	Eggs and Omelettes All Our Eggs Are Always Fresh and Fried in Butter ONE FRIED EGG, Potatoes, Butter, Toast and Jelly 1.15 with Bacon or Sausage 1.85; with Ham 1.95 TWO FRIED EGGS, Potatoes, Butter, Toast and Jelly 1.55 with Bacon or Sausage 2.15; with Ham 2.25 TWO FRIED EGGS with HAMBURGER PATTY, Potatoes, Butter, Toast and Jelly 2.55 THREE FRIED EGGS with Potatoes, Butter, Toast and Jelly 1.95 TWO POACHED EGGS (Only), Toast and Jelly (No Potatoes) 1.55 ONE POACHED EGG (Only), Toast and Jelly 1.15 PLAIN OMELETTE (3 Eggs), Potatoes, Butter, Toast and Jelly 1.95 CHEESE OMELETTE (3 Eggs), Potatoes, Butter, Toast and Jelly 2.25 HAM, BACON, SAUSAGE OR DENVER OMELETTE (3 Eggs), Potatoes, Butter, Toast and Jelly 2.55 HAM AND CHEESE OMELETTE (3 Eggs) Potatoes, Butter, Toast and Jelly 2.75 DENVER AND CHEESE OMELETTE (3 Eggs), Potatoes, Butter, Toast and Jelly 2.75 English Muffin Substituted For Toast (1/2c extra) Side Order of Ham Brown Potatoes 60 Side Order of Ham 1.00; Bacon or Sausage 90 Side Order One Egg 60; Two Eggs 1.00
Fresh, Crisp Cereals COLD CEREAL 75 HOT OATMEAL (in season) 75 COLD CEREAL WITH FRUIT 95		STEAK & EGGS SPECIAL Served with Potatoes, Butter, Toast and Jelly \$4.95	
Rolls and Pastries ASSORTED SWEET ROLLS 50 PECAN ROLL 65 DONUTS 45 TOAST 40 LAYER CAKE 60 POUND CAKE 50 ENGLISH MUFFIN 50 RAISIN TOAST 50		From the Griddle GOLDEN BROWN FRENCH TOAST Served with Butter and Syrup 1.65 SHORT ORDER FRENCH TOAST 1.35 OLD FASHIONED GOLDEN BROWN PANCAKES, Served with Syrup and Butter 1.55 Short Order Pancakes with Butter and Syrup 1.25 with Strawberries #8, Pineapple #9, Topped with Whipped Cream	
Beverages COFFEE, "Our Own Special Blend" 40 HOT TEA (1 Pot) 40 Second Serving 15c GRADE "A" MILK 50-60 HOT CHOCOLATE, Whipped Cream 50 COFFEE (To Go) 40 SANKA 40 CHOCOLATE MILK 55-70			

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BROILED GREEK PORK CHOPS 5.95	BROILED CHOPPED STEAK with grilled onions 4.25	SPAGHETTI with meat sauce 3.25
10 OZ. LOBSTER TAIL 11.95	B.B.Q. BACK RIBS & B.B.Q. CHICKEN 4.45	FRIED OCEAN PERCH with tartar sauce 3.45
	GYROS PLATTER 3.45	BROILED TROUT 4.45

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