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Niles

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The Bugle

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Election for three Niles Park seats is most hotly contested race

Voters go to polls Tuesday

The Park Board contest is the most closely watched race in Niles. Here the election of two Citizens for a Better Niles candidates, Myrna Breitzman and Richard Sheridan and the reelection of Commissioner Bud Skaja, Jr., could portend the end of an independent district. Skaja has already urged the District's dissolution and its takeover by the Village, and Breitzman and Sheridan have pledged not to support further funding for the District's legal defense, if elected. The combined weight of their three votes could successfully defeat any opposition.

CAROL PANEK

Incumbent Park Board President Carol Panek is trying for a second term. She cites her presidency of the Board and 14 years of experience in local govern-

ment as proof of her ability. She "worked for the financially successful Oasis pool and Jozwiak park batting cages," she noted, and during her term, the Board launched the rehabilitation of the Sports Complex ice rink and pool. She said the ongoing upgrading of five parks will increase property values and "make people want to live here." Niles parks are the only areas of open space, she maintains, and seniors, parents and children benefit.

She advocates a citizen advisory committee for the Park Board and pointed out a Park-sponsored teen board now meets monthly.

Panek was vice-President of the Maine-Niles Association for Special Recreation for two years, a ten year Village Trustee and a candidate for State Representative. She is a former teacher but

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Blase seeks ninth term; says slate provides stability

Niles Mayor Nicholas Blase and his "Proven Ability With Economy" party slate is unopposed in next week's election.

Relying on his record 32 years in office to carry him into his ninth term, Blase suggested April 7 if his party were not doing a good job, the electorate would let them know about it. He said "We have one of the more stable governments...in the northwest suburbs. A lot of the trustees and myself are long term people; it provides for great stability."

Would Blase like a challenge this election? He replied "From an organizational point of view (you do,) because it keeps your

people on edge; it's good to have a challenge, but only occasionally."

The Mayor recently told a voters forum he and his running mates, Trustees Jeffrey Arnold, Louella Preston and Andrew Przybylo would cope with the cuts in federal revenue sharing and the possibility of tax caps to maintain Village services "which are some of the best around."

Slate member Trustee Jeffrey Arnold is a lawyer and Administrative Director of the Cook County Circuit Court. He is responsible for 400 judges and 3,000 employees, a County bud-

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Dems seek to unseat Maine GOP; Niles Twp. unopposed

Fifteen contestants will vie for elective seats in Maine Township, but the incumbents seeking reelection in Niles Township are unopposed.

Only Maine Township Assessor, incumbent Republican Thomas Rueckert, a Glenview attorney, has no challenger. He seeks a third term.

But Democrats and Republicans are running off to ballot contests.

On the GOP slate, incumbent Senior Trustee Mark Thompson will try to assume the post soon to be vacated by current Supervisor Joan Hall. He is a Des Plaines resident and an attorney with the Illinois Industrial Commission. The Township Clerk's office is

being sought by the current Collector, Gary Warner, a Park Ridge resident and a pipefitter, while Robert Provenzano of Des Plaines will try to move into the Collector's position. Provenzano is an administrative assistant and field engineer for the County Highway department.

A fourth term as Highway Commissioner is the goal of incumbent Bill Fraser, who is running for re-election.

Trying for the four trustee openings on the Township Board are incumbent Trustee Carol Teschky of Glenview, a self-employed business woman and newcomers Regan Ebert of Niles, a lawyer, Earl Elliott, a Park

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EDITORIAL

Park Board needs Skaja, Breitzman, Sheridan to end fiscal nightmare

In The Bugle Newspapers' 36 years covering the Niles Park District, we have never seen such animosity and divisiveness as demonstrated by the current Niles Park Board.

The animosity on the park board was caused by a three-member voting bloc which rammed through hiring and firings, rudely leaving the two remaining commissioners out of the decision-making process, and intimidating park employees during the contentious November referendum campaign.

The time for voters to correct this problem is Tuesday, April 20.

Personalities aside, the main issue for voters to weigh on Tuesday is, simply, property tax dollars. The current board has greatly burdened taxpayers for years to come by recklessly borrowing millions of dollars in the name of Niles taxpayers. They purchased over \$3 million in bonds for improvements to the Ballard Sports Complex which they claim will be paid for by revenues from this facility. However, in no year in its existence has the Ballard Sports Complex generated any profits.

VOTE Tuesday, April 20

While the park board was within its rights in seeking the bonds we strongly believe they should have asked the voters for their approval before burdening residents with additional taxes.

Particularly disturbing was the repeated assurances from alleged experts that these extraordinary debts will not have to be paid for by taxpayers. Well, Mr. and Ms. Experts: Who else is going to be expected to pay for this borrowed money?

Speaking of money, this current board will probably charge taxpayers some \$50,000 in legal fees to fight a referendum in which 6,700 voters urged the parks be dissolved and incorporated into the village administration. Taxpayers also were needlessly charged \$33,000 for a university professor to perform an analysis of area residents' park needs.

Rick Sheridan, Myrna Breitzman and Bud Skaja, Jr. each bring to the board a different field of expertise and of equal importance, a harmonious relationship. Together they led the fight for the right of the voters to speak in November and have promised in their campaign to be the voice of the Niles taxpayers and to cut unnecessary spending of tax dollars in the Niles Park District.

It is important to elect the Breitzman-Sheridan-Skaja team as a group since the other candidates running would have an allegiance with current board commissioner Marlene Baczek and this situation would only lead to another divisive board.

Creating harmony on the Niles Park Board is the key to this election.

Two candidates seek 2 Library seats

Two unopposed candidates are standing for election to the Niles Library Board. They serve six year terms.

Rosanne Dulski, a second grade teacher at Our Lady of Ransom school, said she is "concerned with education...looks forward to helping the library continue its good progress." Before suggesting changes at the library, Dulski said she would "look into the background information and see what is best for all concerned."

Avis Gibbons is a communications consultant with an employee benefits actuarial firm. Speaking at a recent voters' forum, Gibbons stressed she was committed to the community. She said in her job, she must "operate within a budget and within a limited time frame (and) that is precisely what I plan to do as a (library) Trustee."

Deadline for in-person absentee balloting

Maine Township Clerk Stephen J. Stolton is reminding registered voters who are residents of unincorporated Maine Township and expect to be out of the county for the Consolidated Election April 20 that they can vote in person by absentee ballot at his office in the Maine Township Town Hall, 1700 Ballard Road, Park Ridge.

In-person absentee voting will be available through Monday, April 19. The Clerk's Office is open from 9 a.m. to 5 p.m. Mondays through Fridays and 9 a.m. to noon Saturdays.

Residents of the unincorporated area who will be serving as election judges in precincts other than their own and those working on Election Day for the County Clerk or State Board of Elections can also vote in person at the Township Clerk's Office.

Stolton stressed that only residents of the unincorporated area can vote in person at the Town Hall. Residents of municipalities who expect to be out of the county on April 20 may vote by absentee ballot at their city or village halls.

For further information, call the Maine Township Clerk's Office at (708) 297-2510, ext. 224.

Voter registration closed March 22 and will reopen April 22.

Free show for Maine Seniors

Members of the Maine Township Seniors are invited to a free performance of "Babes in Arms" at 4 p.m. Thursday, April 29, at Maine West High School, 1755 S. Wolf Rd., Des Plaines.

This classic romantic musical by Rogers and Hart features talented local high school students performing "My Funny Valentine," "The Lady is a Tramp," "I Wish I Were in Love Again," and "Where or When."

More than 3,800 residents are enrolled in the Maine Township Seniors. Most activities are limited to members. Membership is free and new members are always welcome. Applicants must be 65 or older and obtain reservation information for activities and trips, call Helen Jung or Sue Neuschel at 297-2510, ext. 240 or 241.

St. Pat/St. Joseph Day celebrants



Two Octogenarian residents, Msgr. John Farrell (l) and Dora Russell led a hilarious St. Patrick parade at St. Andrew Home. All residents had a little of the Irish in them by wearing the green for good luck and sharing smiles with everyone.

Two days later the Irish Monsignor Farrell transformed into the Polish Prince to give equal honor to St. Joseph and the residents of Polish descent. Dressed in the royal red and gold and a big hat with a feather and with a sceptre in his hand, he walked among the residents singing the famous Polish song, "Sto Lat." Mae Dore (r), Mother of OLF pastor, is pictured on right.

The breakfasts of 150 residents turned into a joyous pandemonium. The Home is lucky to have another Bob Hope as its resident.

Support group for widows, widowers planned by JFCS

The Niles Township District of Jewish Family and Community Service (an affiliate of the Jewish Federation of Metropolitan Chicago) will hold an 8-week support group "Widows and Widowers - Building a New Life" Tuesdays, starting April 20 through June 8, from 4 to 5:30 p.m.

The group will meet at JFCS, 5050 Church Street, Skokie.

Led by Sheri Fox, A.C.S.W., JFCS Family Life Educator, the group will discuss coping with loss and change, becoming a whole single person and building relationships.

The fee for the 6-week program is \$60 per person (adjustable).

For information and registration, telephone Ms. Fox at (708) 675-0390.

North Shore holds Mother's Day Tea

In the tradition of the English, all seniors are invited to celebrate "Mothering Sunday" at The North Shore Retirement Home's Mother's Day Tea on Sunday, May 9 from 1:30 p.m. to 3:30 p.m. at 1611 Chicago Avenue in Evanston. The event is free and open to seniors. Reservations are required.

Live musical entertainment will be provided by the Listen Up Quartet.

For reservations and further information, contact Sandra Small at (708) 864-6400.

THE BUGLE

(USPS 069-760)

Bob Besser

Editor and Publisher

MEMBER NORTHERN ILLINOIS NEWSPAPER ASSOCIATION

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Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to residents of the Village of Niles, age 62 and over and their younger spouses. Seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

CAREGIVER CONCERNS LECTURE
The Niles Senior Center is sponsoring a lecture on the legal and financial concerns of caregivers. On Thursday, April 29 from 2 - 3:30 p.m. Joseph Monahan, J.D. and Janna Dutton, J.D. will discuss the legal issues surrounding medical directives, power of attorney, trusts and guardianship and the financial issues surrounding Medicare and Medicaid. In addition, Lissa Farrell will discuss her role as a Medicare volunteer at the center. This lecture is free, however, reservations are requested and may be made by calling the center at 967-6100, ext. 376.

ASSERTIVE COMMUNICATION LECTURE
The Niles Senior Center is hosting an "Assertive Communication" lecture on Friday, April 23 at 2 p.m. Dr. Witt will speak on the art of obtaining what you want in a positive manner and learn to say no to what you don't want. Improve communication skills and strengthen positive well-being in this interesting lecture. Lecture is free, reservations may be made by calling the center at 967-6100, ext. 376.

VENDORS WANTED FOR CRAFT FAIR
Registration for the Annual Arts and Crafts Fair is now being taken. The Fair date is Friday, May 7 beginning at 10 a.m. Vendor registration is free and open to Niles seniors age 62 and over only. All items must be handmade and new. Food items are not allowed. For registration, call the center at 967-6100, ext. 376.

APRIL LUNCHEON
Tickets are now on sale for the April 30 Luncheon. The menu will include Brown's Chicken, mostaccioli and apple slice. Entertainment will be provided by Edwin, the harmonica player. Luncheon will begin at noon and tickets may be purchased at the senior center.

ANNUAL DINNER DANCE - COUNTRY HOEDOWN
The theme of this year's Niles Senior Center dinner dance is "Country Western Hoedown." The dinner dance is set for Friday, May 14 beginning at 5:30 p.m. The menu includes appetizers, Beef Roulade, mashed potatoes, corn, fruited jelly, rolls and apple pie. Entertainment includes music and comedy from Whitley O'Day and dance music from the Moonlighters. Tickets are \$8.50 each and can be purchased at the center. Register early as space is limited.

WOMEN'S CLUB HAWAIIAN LUAU
Tickets are now on sale for the Women's Club Hawaiian Luau set for Monday, April 26 at noon. The menu includes breast of chicken, oriental rice, baby peas and carrots, Hawaiian salad and sherbet. Hawaiian dancers will provide us with a delightful show. Tickets are \$6 and may be purchased at the center. Everyone is invited to dress Hawaiian.

JEWELRY MAKING CLASS
A craft class, Jewelry Making, will be held on Friday, April 30, 10 a.m. at Ballard Leisure Center. Registration is being taken at the Niles Senior Center. Students will complete two sets of jeweled earrings and two jeweled pins. The cost of this class is \$2. This is a beginning class in crafts.

MEN'S CLUB SHOOT-OUT
The Niles Senior Center Men's Club Shoot-Out is set for Monday, April 19 at 10 a.m. there will be games and a sandwich lunch following the business meeting. New members for the Men's Club are always encouraged to attend.

Coffee Talks held for Leaning Tower seniors

Leaning Tower Senior Adult Center features Coffee Talks on the Second and fourth Monday of each month from 11 a.m. to noon.

These talks are free and open to the community. Guest speakers are invited to speak on subjects of interest to senior citizens. Doris Billhorn of Ballard Resource Center will speak on "Nutrition for Active Seniors," on Monday, April 26.

Day trip for Leaning Tower seniors

A day trip to Tuxedo Junction's "Fascinatin' Rhythm" is planned for Leaning Tower Seniors on Wednesday, May 19, at Georgio's new dinner theater in Wood Dale. It will feature tappers and the magic of music's most memorable decades. Cost is \$39 per person for members and \$41 for guests which includes the bus, tickets, and luncheon.

THE BUGLE, THURSDAY, APRIL 15, 1993

The Bugle

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David Besser - Founding Publisher
Diane Miller - Director of Advertising
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Receives Community Service Award



Pictured from left to right are M-NASR Board President, Foy Sues, Ulick O'Sullivan, Maureen O'Sullivan, Katie Whalen and Cathy O'Sullivan.

The Maine-Niles Association of Special Recreation (M-NASR) congratulates Maureen O'Sullivan for receiving the Community Service Award, which is given annually by the Illinois Parks and Recreation Association. The award, which is given through recommendation by M-NASR, recognizes individuals who provide distinctive service in a volunteer capacity. O'Sullivan volunteered for M-NASR's Early Childhood Summer Day Camp program in June 1992 and was highly recommended; stating a desire to gain experience in working with children. O'Sullivan excelled in working with the 3 to 6 year old children with special needs that the camp serves. She was recognized for her constant positive attitude, ability to work well with co-workers and counselors, and her quick response in problem solving. O'Sullivan is completing her sophomore year at The Willows Academy in Niles and lives in Chicago. O'Sullivan received her award plaque at a meeting of the M-NASR Board of Directors.

Local merchants aid Niles Park marchers

The Niles Park District anticipates that over 100 Niles adults and children will participate in the March for Parks Saturday, April 17, according to Superintendent of Parks Michael Rea. The 3.2 mile walk, which will begin at 10 a.m. at the Rec Center, coincides with Earth Day and is part of a nationwide March for Parks effort to raise awareness and funds for America's national, state, regional and local parks. "The Niles Park District's March for Parks has the support of the entire community, including Friends of Niles Parks, our local businesses and the Village of Niles," Rea said. "We're very pleased with the positive response to this cause as well as with the donations from our area merchants."

Amlings Flowerland, Builders Square, Coca Cola, Jewel Food Stores, McDonald's, Meinke Gardening Center, Minelli Brothers Italian Specialties, Niles Color Center and Salerno Cookies represent some of the businesses who have donated either food to serve the marchers at the end of the march or who have contributed merchandise or gifts. O'Sullivan received her award plaque at a meeting of the M-NASR Board of Directors.

Assessor cautions homeowners to watch taxing bodies

Most people seem to think that an assessment increase is the reason for an automatic tax bill increase. The truth is that increased assessed value allows more money to be available if it is needed to be spent. However, only spending not available makes real estate taxes go up. If you note, when reading your local newspapers, that there is a tentative plan for increased spending by one of more of the taxing bodies which service your property, what can you do? You can ask for a budget hearing agenda or schedule and plan to attend the appropriate board meeting to ask about the reason for the large increase in spending by that taxing body. There may be a real good reason for increase, a reason you feel comfortable with the plan for spending and want to give your input. Remember, there are ways that you can give input and help direct and control much of the spending. It does take time, effort and involvement in your community. Become part of the solution-get involved! Try to read your local newspapers and watch for news of spending by taxing bodies- particularly now at budget time.

Ten teens from Pisa coming to Niles in July

Sister Cities Association seeks families to house teens

Niles Sister Cities Association is looking for Niles families to host a teen from Pisa, Italy this summer. Association Vice President Charles Barbaglia said Monday that four more homes are needed for the teens, who will arrive in Niles about July 13. Six homes have already been reserved for these visitors. Last year seven Niles teens went to Pisa for one month.

Niles accepting applications for housing repair funds

The Village of Niles is now accepting applications from Niles homeowners for no interest loans to repair their homes. Eligible home repair projects include code violations such as bad wiring, plumbing problems, furnaces, and structural defects. Energy conservation measures such as adding insulation or sealing windows and doors also are eligible. The zero interest loans will be guaranteed through liens on the property. To qualify, applicants must meet certain income guidelines as established by the United States Department of Housing and Urban Development. Applications may be picked up at the following Village locations during regular business hours: Trident Center-8060 Oakton Street Niles Administration Building-7601 Milwaukee Avenue

Gang Task Force to hear sheriff's reps

Commander Leonard Merck of the Cook County Sheriff's Police will provide an update on anti-gang activities in northern Cook County at a public meeting of the Maine Township Task Force Against Gangs at 7:30 p.m. Wednesday, April 21, in the Maine Township Town Hall, 1700 Ballard Road, Park Ridge. A representative of the Sheriff's Police Gang Crimes Unit also will be on hand to discuss anti-gang measures in unincorporated Maine Township. The Maine Township Task Force Against Gangs was organized last April in the wake of a gang-related murder in unincorporated Maine Township. The Task Force has worked to form Neighborhood Watch groups, established a Drop-In Center for teens and preteens, and promote community involvement in anti-gang activities. For information, call Maine Township, 297-2510.

Five Year Service Awards



Recipients of the 1992 Five Year Service Award from the Village of Niles included John Coakley, Howard Chason, Gerald LaCerra, Joseph Romano (front row) and Gary Krause (back row). Also pictured are Trustees Bart Murphy (far left) and Village Manager Abe Selman (far right).

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VNA celebrates 95th birthday

The Visiting Nurse Association North will present its 95th Birthday Celebration at The Woman's Club of Evanston on Sunday, April 25 at 5 p.m. The evening will feature a dinner buffet and a gala cake-cutting of birthday desserts donated by 16 local bakeries. "Acting Up," a nationally acclaimed performance troupe, will celebrate "aging" in humor, drama and song.

For tickets or more information, phone Judie Levin (708) 328-1900.

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Maine Seniors to see 'Student Prince'

The Maine Township Seniors will head for the popular Fireside Dinner Theatre in Fort Atkinson Wisconsin, Friday, April 23, where they will enjoy lunch and a matinee performance of the classic Sigmund Romberg opera, "The Student Prince."

Deluxe busses will leave at 8:30 a.m. from Rand Park, 2025 Miner St., Des Plaines and return at approximately 6 p.m. Cost is \$39 for members. Guest reservations at \$44 will be accepted on a space-available basis.

More than 3,800 residents are enrolled in the Maine Township Seniors. Most activities are limited to members. Membership is free and new members are always welcome. Applicants must be 65 or older and provide proof of residency. To receive a membership application and obtain reservation information for activities and trips, call Helen Jung or Sue Neuschel at 297-2510, ext. 240 or 241.

Senior housing directory available

The Suburban Area Agency on Aging has announced the availability of the Suburban Senior Housing Directory Winter 1992 Update. The directory contains valuable information for older persons in suburban Cook County on such topics as: continuing care retirement communities, homesharing programs, home repair and maintenance programs and reverse mortgages. The directory also provides seniors with valuable information on subsidized housing and property tax deferral, weatherization and energy assistance programs.

Also included in the directory are names, addresses and telephone numbers of over 140 traditional and nontraditional housing facilities in the suburban Cook County area.

The complete Senior Housing Directory is available from the Area Agency at a cost of \$30. Future update sheets are an additional \$10. To order the directory, contact Mary Bowers, (708) 383-0258.

Morton Grove Senior Citizens 470-5223

NORTHWEST SYMPHONY ORCHESTRA
The Northwest Symphony Orchestra will present a community concert under the direction of Perry Crafton at 3:30 p.m. on Sunday, April 18 in the auditorium of Maine West High School (corner of Oakton and Wolf). 16-year-old cellist Ani Aznavoorian will appear as the soloist in a performance of the Chello Concerto in A Minor by Camille Saint Saens. Repertoire for the remainder of the program will include the Fourth Symphony by Johannes Brahms, and the L'Arlesienne Suite No. 1 by Bizet. Tickets for seniors are \$7 and are available at the box office, or to order in advance, call (708) 317-9343.

VISUALLY IMPAIRED MOTIVATORS
Morton Grove's support group for persons with visual impairments will hold their next meeting at 10 a.m. on Tuesday, April 20 in the Flickinger Senior Center. Helpful information and supportive interaction will assist participants adjust to their impairments. For more information, or to arrange for transportation, call the Senior Hot Line at (708) 470-5223.

LONG-TERM CARE: CHOICES
The Winnetka Community House, 620 Lincoln Avenue in Winnetka will present this two evening program at 7:30 p.m. on Wednesday, April 21 and Wednesday, April 28. The program will discuss the choices of today and tomorrow for aging parents and the aged themselves. Whether people are 25 or 75, knowing what to expect, where to turn for help and how to make an informed decision is important to individuals and to families. This program costs \$15 for one person for both sessions, and \$5 for each additional family member. Reservations can be sent to Long-Term Care: CHOICES, North Shore Senior Center, 7 Happ Road, Northfield, IL 60093 and are due by April 12. Call 446-8765 for more information.

SENIORS INVITED
Maine East, Niles North and Niles West High Schools invite township seniors (Maine Township residents west of Harlem Avenue age 62+, Niles Township residents east of Harlem Avenue age 60+) to join in on free school productions to be performed this spring. At Maine East: "Camelot"; Thursday, April 29, 4 p.m. At Niles North: Auroris Dance Show; Thursday, April 22, 1 p.m. At Niles West: "Last of the Red Hot Lovers"; Thursday, May 6, 2 p.m. For more information about activities open to seniors at the schools call 969-3600 for the Maine Township High School District 207 Gold Card Club and 965-9365 for the Niles Township Senior Citizens Club.

PRIME TIMERS
The North Shore Prime Timers Club invites interested Morton Grove residents to two appealing upcoming programs. They will tour the Chicago Center (the old library on Michigan Avenue) on Friday, April 30, and a lunch and musical of "The Band Played On" at the Atrium on Sunday, May 2. For more information about the Prime Timers and their activities call Priscilla Godemann at 966-7363.

SKIN CANCER SCREENING
Rush North Shore Medical Center at 9600 Gross Point Road in Skokie will offer free skin cancer screenings from 11 a.m. to 3 p.m. on Sunday, May 2. All examinations will be performed in private rooms by Rush North Shore Medical Center dermatologists. Participants should wear a bathing suit under their clothing. Examinations are by appointment only and can be made by calling (708) 933-6000.

MEMORY WORKSHOP
Lutheran General Senior Services Memory Workshop will teach participants exciting new ways to improve their memory. The three week course will be held from 10 to 11:30 a.m. on Tuesdays beginning May 11 at 9375 Church Street, Des Plaines (corner of Church and Potter). Changes often occur in memory as people grow older, but almost everyone can improve their memory with training and practice. This workshop will dispel the myths of memory loss and teach how memory works and changes and how it can be improved. Space is limited; pre-registration is required. For more information or to pre-register, call Lutheran General Senior Information and Referral at (708) 696-7770.

NORTHERN ILLINOIS SENIOR OLYMPICS
You needn't be an olympic caliber athlete, but only a person who enjoys having fun, to compete in the upcoming Northern Illinois Senior Olympics. This year's games will be held from May 13 to 15 at Northern Illinois University. Some of the events include: bowling, golf, swimming, tennis and track & field. Competition is against others in age brackets beginning at 55. Local seniors have represented Morton Grove nobly in recent olympics. Seniors should start getting in shape today to participate in their favorite events. For registration information come in to the Flickinger Senior Center.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at (708) 470-5223, or the Prairie View Community Center at (708) 965-7447. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park district, 6834 Dempster Street, Morton Grove, IL 60053.

VOTE APRIL 20!

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Senior Center to hold wedding fashion show

The Senior Center is having a wedding fashion show and would like brides of all ages or a relative to model their dress or suit. The Center would also like grandchildren who have been flower girls or ring bearers to model their outfits. This special fashion show will follow the May 14 lunch and birthday party.

Anyone interested in showing their dress or modeling should contact the Senior Center at 291-2988 by April 26. Cost for this special luncheon and fashion show will be \$5 for members and \$8 for non-members.

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School News

Info sessions on nursing

The Associate Degree Nursing Program (ADN) at Oakton Community College will hold two information sessions on Thursday, April 22, from 10 a.m. to 12 p.m. and 7 to 9 p.m. in Room 1540 at Oakton's Des Plaines campus, 1600 E. Golf Road.

Mary Lou Wasseluk, director

of the ADN Nursing Program, and representatives from the Admissions Office will explain requirements for admission to the nursing program and answer any questions potential students may have.

For further information, call (708) 635-1720 or (708) 635-1702.

District 71 International Night

Culver Middle School Student Council and Niles Elementary and Culver School PTA would like to thank everyone for their generosity in making our first International Night a huge success.

Without the help of the business community, International Night would not have been so successful. To name a few: Sobczak's Avondale Sausage Shop, Niles; Dragon Inn, Glenview; Lone Tree Inn, Niles; Chi Tung, Niles; Oak-Mill Bakery, Niles; Big Daddy's Pizza, Niles; China Chef, Skokie; Sabarro's Pizza, Niles; Chinese Inn, Niles; Pizza Hut, Niles; Joy of the Wok, Morton Grove; Pinocchio's Pizza, Niles; Vince's Pizza, Des Plaines; Niles House of Pizza, Chicago; Little Caesar's Pizza, 5542 N. Milwaukee, Chicago; Little Caesar's Pizza, Morton Grove; Little Caesar's Pizza, Park Ridge; Barnaby's Pizza, Niles; Suparossa Pizza, Niles; Omni Food Store, Niles; Jewel Food Store, 7900 N. Milwaukee, Niles; Taco Bell, Niles; Minelli Brother's, Niles; Coca Cola, Niles; Niles Pastry Shop, Niles; Niles Park District; Ellen's Hallmark, Niles; Sunrise Travel & Tours, Chicago; Irish Connoisseur, Glenview; Papa Chris's, Niles; Brown's Chicken & Pasta, Niles; Dr. Pablo Torres DDS, Chicago; ABT Appliances, Morton Grove; Hit or Miss, Niles; Brunswick Niles Bowl, Niles; Gigio's Restaurant, Niles; Gigio's Dolls & Sherry's Teddy Bears, Chicago; Omega Restaurant, Niles; United Hair Lines, Niles; Jerry's Fruit & Garden Center, Niles; Civic Cleaners, Niles; Riggios Restaurant, Niles; Eduardo's Restaurant, Hillside; Arvey's Restaurant, Niles.

Thanks to all of our students, teachers and parents for helping to make this an international educational night.



Polish Club Dancers giving an exhibition.



Country Poland: Parents l to r: Mrs. Skora, Mrs. Stankiewicz and student Dorota Rus with a doll collection.

Maine East Art students



Maine East art students and members of the National Art Honor Society have been organizing artwork for judging in the Park Ridge Art League and Des Plaines Art Guild competitions. In addition, Maine East art students will exhibit work in the fifth annual Central Suburban League Art Exhibit held at Northbrook Court Mall from April 16-25. An opening reception will be held Friday, April 16, beginning at 7 p.m. Music will be provided by the 45-member Maine East Concert Orchestra under the direction of Mr. Walter Wolodkin.

Maine East National Art Honor Society officers are seniors (l-r) Eun Joo Lee of Des Plaines, Julie Bai of Des Plaines, and Grace Kim of Niles. Next fall Julie Bai will major in art education at Augustana, Grace Kim will attend the Illinois Institute of Technology to major in math, and Eun Joo Lee will enter pre-med at the University of Illinois in Champaign.

Childrens Learning World to host open house

Childrens Learning World, a Montessori School will host an open house, Sunday, April 18 from 1 to 3 p.m. The school will also have open house week April 19 to 23 for parents who wish to observe the children at work in the classroom.

Childrens Learning World was founded in 1970, and is dedicated to providing the finest pre-school education and care for children ages 2-6. The school is located at 8101 Golf Rd. in Niles (formerly St. Isaac Jogues school). Registration for the 1993-94 school year as well as for the summer program will be taken at this time. For further information please call (708) 470-0370.

Leukemia Research Benefit



Executive Director of the Leukemia Research Foundation, Janie Wiesenberg, is flanked by Leukemia Research Foundation President, Scott Kroman (left), and Kroman's co-chair, Jeff Koldny, at the annual Wolff-Berger Auction at the Holiday Inn in Skokie.

Regina students qualify for tournament

Thirteen Regina Dominican High School students have qualified to compete in the National Catholic Forensic League Grand National Tournament in Boca Raton, Florida Memorial Day Weekend.

Competitors qualifying in the top six in each category will go on to finals. Placement was based on their combined record from the three qualifying tournaments of the Chicago Catholic Forensic League.

The following area students qualified from Lincolnwood: Melissa Dunne, league champion in dramatic performance; Michelle Maurice, second in original oratory; and from Morton Grove: Eileen Tanghal, fifth in Student Congress; and Therese Maceda, sixth in oral interpretation of literature.

Holocaust Remembrance Day

Good Counsel juniors Alexandra Kitty and Patricia Dyr and freshmen Kristin Falasz and Eva Sajdak will represent Good Counsel High School at the April 19 Holocaust Remembrance Day memorials at the Hyatt Regency Chicago and the Daley Center Plaza. Selection was based on their outstanding written and test work examining the Holocaust.

Niles resident awarded AU Scholarship

Melissa Sanchez of Niles (Maine West High School) received a Presidential Minority Achievement Scholarship from Aurora University.

Minority Achievement Scholarships are awarded to minority students who demonstrate high academic achievement and potential for success.

Sanchez and other scholarship recipients were honored at a special honors luncheon at AU on March 27.

Lecture on Japan Hong Kong Southeast Asia

Minoru Suzuki, director of Public Affairs, Japan External Trade, Chicago, explores the deeply interconnected relationship between Japan and the United States in the fields of trade and investment on Thursday, April 22, from 1 to 2:30 p.m. in Room 112 at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Suzuki will analyze Japan's changing role in the development of the Pacific Rim and make predictions for its renewed relationship with China. This presentation is featured this spring through Oakton's Older Adults Program, Culture's Connections to Foreign Relations, a continuing series which examines international economics.

Each lecture is \$5 at the door. For more information, call (708) 635-1414.

James Yuen, director of the Hong Kong Trade Development Council, illustrates the growth and development of Hong Kong and the Asian/Pacific region on Thursday, April 15, from 1 to 2:30 p.m. in Room 112 at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Look at the leadership Hong Kong provides in the economic life of the Asian/Pacific region. This presentation is featured this spring through Oakton's Older Adults Program, Culture's Connections to Foreign Relations, a continuing series which examines international economics.

Each lecture is \$5 at the door. For more information, call (708) 635-1414.

School News

Oakton accepts scholarship applications

Those in need of financial assistance to further their education should try the Financial Aid Office at Oakton Community College. Students who are interested in applying for scholarships must submit their application by April 1. Scholarships will be applied to the 1993-94 school year which begins in August.

Awards are given to Oakton students, incoming students, as well as to students who choose to continue their education at four-year institutions. Recipients are selected on the basis of such criteria as grade point average, programs pursued, community and

college service, and in some cases, financial constraints.

Last year, Oakton received 270 scholarship applications and 70 students received awards. Scholarship winners will be announced in June and recipients will be invited to attend the annual Scholarship Recognition Dinner in October.

Applications are available in Room 1221 of the Des Plaines campus, 1600 E. Golf Rd., and Room 102 of the Ray Hartstein campus, 7701 N. Lincoln Ave., Skokie.

For more information or an application, call (708) 635-1708.

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Church & Temple News

SJB 'Roman' luncheon



SJB's 6th grade recently had a special "Roman" luncheon. Students all brought in Roman food, such as Cornish Hens, Cheeses, Grapes, Bread and Oysters.

Yom Hashoah Service to be held

A Community wide Yom Hashoah Service (in memory of the six million Jewish people who perished in the Holocaust) will be held at Northwest Suburban Jew-

ish Congregation, 7800 W. Lyons, Morton Grove, on Saturday evening, April 17, at 8:45 p.m.

The Honorable Arthur Avnon, Consul General of Israel in Chicago serving the Midwest States, will be the guest speaker. Also, participating in the program will be the Solomon Schechter Day School Children's Choir under the direction of Roz Ebstein.

In addition, a Memorial Candle Lighting Ceremony by Holocaust Survivors will be held. The event is being sponsored by the North Suburban Synagogue Council. Rabbis from the affiliated Synagogues will participate in the Service.

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Niles Community Church Rummage Sale

Niles Community Church Presbyterian Women Annual Rummage Sale will be held April 21, 6:30 p.m. and April 22, 9 a.m. to 2 p.m. Drop off times for rummage will be April 19, 9 a.m. to 9 p.m., April 20, 9 a.m. to 8 p.m., and April 21, 9 a.m. to noon. There will also be a bake sale and coffee shop. For more information, contact the Church Office, (708) 967-6921.

Beginning Wednesday, April 21 at 7:30 p.m., Howard and Bronwen Boswell will lead a study of Ernest Boyer's book, *Finding God at Home: Family Life as Spiritual Discipline*. This

course would be excellent for parents and grandparents who took Active Parenting, parents of children who have been baptized in the last four years and are looking for ways to incorporate worship into their home life, and for grandparents, aunts, uncles, and any relative looking for ways to share faith in the family. In other words, this course could be for you. The cost of the course will be \$10, which includes the book and childcare for all who attend. If you have any questions about this course, please contact the Church Office at (708) 967-6921.

Pre-School registration being held

Registrations are currently being accepted at Messiah Lutheran Child Care Center for summer and fall enrollments. Messiah's summer program begins on Monday, June 14 and includes a pre-school program as well as sports and arts/crafts program for children 6 to 10 years old.

Messiah's fall program will begin on Monday, Aug. 30 for pre-school and kindergarten. The pre-school and kindergarten hours are 9 a.m. to 11:30 a.m. and the center is open from 6:30 a.m. to 5:30 p.m. for extended child

care. Half day enrollments are also available. Part time and full time registrations are accepted for the 3-year old, 4-year old, older 4's and kindergarten classes.

Messiah Lutheran Child Care Center is located at 1605 Vernon Ave., Park Ridge (1 block south of Dempster, between Maine East and Lutheran General Hospital).

For further information, for registration materials or to arrange a school visit, call 823-0484 and ask for Karen.

'Jews of China' travel program

An open meeting for anyone interested in "The Jews of China Travel Program" will be held at 7 p.m. at Oakton Community College, Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie, Room 112. The meeting will be led by Oakton Professor Beverly Friend and Xu Xin, Professor of Judaic Studies, Nanjing University, on June 11 through 20.

Rabbi Neil Brief of Niles Township Jewish Congregation will describe his experiences leading this trip last year.

For further information, call (708) 676-9891.

JUF Missions set Israel tour

Two Jewish United Fund Missions are set to leave Chicago in late June for one-and-a-half weeks of touring in Israel.

A Family Mission will leave June 28 and a Summer Singles Mission will leave June 27. Both missions will return to Chicago July 8.

Scott and Brenda Meadow will lead the Family Mission, which offers families an opportunity to rediscover their heritage together. Families can choose to celebrate the Bar-Mitzvah or Bat-Mitzvah of their children at a historic site.

The cost of the Family Mission depends on the number of hotel rooms the family needs and ranges from \$7,160 for a three-person family to \$15,979 for a six person family. A minimum gift of \$2,000 per family to the 1994 Jewish United Fund-Israel Emergency Fund Campaign is required. Fare reductions and family plans are available.

Terri Friedman, Elizabeth Mann and Allan Koltin will lead the Singles mission, which is open to singles between the ages of 25-40. The itinerary includes the traditional sites throughout Israel and offers participants the opportunity to meet like-minded singles from all over the United States in a meaningful environment. The mission costs \$2,100 and requires a minimum gift of \$500 to the 1994 Jewish United Fund-Israel Emergency Fund Campaign.

For more information on the missions and the dates of informational meetings, please call Susie Spier of JUF at (312) 444-2909.

B'nai Zion sponsors series on Middle East

"The Quest for Middle East Peace", a five lecture/discussion program will be presented on five consecutive Wednesday evenings beginning April 21, at 7:30 p.m. at Congregation B'nai Zion, 6759 N. Greenview.

These programs will examine the history, issues and possibilities for peace in the Middle East.

This series is being presented in celebration of Israel's Independence Day (April 26) and in conjunction with The Dawn Schuman Institute for Jewish Learning and The Chicago Zionist Federation. Cost is \$10 per lecture and \$50 for series.

For more information, call (312) 465-2161.

Bar/Bat Mitzvahs

Joel Aaron Dubinsky, son of Ruth and Allan Dubinsky, was called to the Torah in honor of his becoming a Bar Mitzvah, Saturday evening, March 20, at Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove.

Sarah Pike, daughter of Sharon and Sheldon Pike, was called to the Torah in honor of her becoming a Bat Mitzvah, Saturday morning, March 27, at Northwest Suburban Congregation, 7800 W. Lyons, Morton Grove.

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Sisterhood spring fashion gala, luncheon

The Sisterhood of Niles Township Jewish Congregation, Skokie, IL, will present a dazzling fashion look at what's new in spring and summer fashions for women and children, when the Sisterhood holds its annual fund raising fashion event, "Spring in Bloom II" at 11:30 a.m., Sunday, April 25, in the Robbins Community Hall in the Congregation, 4500 Dempster St., Skokie, IL.

The fashion gala will feature thirty models, including ten boys and girls ranging in age from two to fifteen years, who will show the new spring and summer look for children and teens from Janie's For Kids shop located in White Plains Center, Northbrook.

In addition to the toddlers and pre-teens, Sisterhood members, their daughters and daughters-in-law will stroll down the fashion runway to model sportswear from the Applause Shop, and

new swimwear, intimate apparel and leisure wear from Intimate. Both shops are located in Lake Cook Plaza, Deerfield.

The toddler models include: Mia Weinberger, 2, of Evanston; Jamie Lubowich, 2, and Corey Lubowich, 4, of Skokie; Nicky Wiczorek, 3, Highland Park; Abigail Ross, 3-1/2, Waukegan; and Arielle Rosenberg, 2, of Northbrook. Preteen and teen models include Melanie Maffris, 7, Morton Grove; Cheryl Primack, 10, Skokie; Margo Freedman, 12, Chicago; and Heather Persky, 15, of Glenview.

"Spring in Bloom II" fashion show and luncheon is open to all interested women. To attend the fund-raising fashion show and luncheon, a \$15 donation per person is requested.

For reservations and information, call Arline Dubow, (708) 673-8682, or Miriam Goodman, (708) 673-8750.

OBITUARIES

Charles Pieroni

Charles Pieroni, of Niles, died on March 31 at Norridge Nursing Center. Mr. Pieroni was born Aug. 11, 1897 in Italy. He was the husband of Fannie (nee Santini) Pieroni and father of Albert (Gail) Pieroni. Funeral services were held April 3 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

Gertrude C. Draheim

Gertrude C. Draheim, of Niles, died on April 5 at Lutheran General Hospital. Mrs. Draheim was born Nov. 6, 1899 in Chicago. She was the mother of Rose Accomando and Barbara Peterson. Funeral services were held April 6 at St. Juliana Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

Frank Pedi

Frank Pedi, of Park Ridge, died on April 5 at Whithall Nursing Home. Mr. Pedi was born May 14, 1903 in Chicago. He was the husband of Marie, father of Dolores Zickert, grandfather of 1, brother of Laura Bianco, Janet Conrad and Leonard Cutone, uncle of many. Funeral services were held April 8 at Our Lady of Ransom Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in All Saints Mausoleum, Des Plaines.

Leonard A. Borta

Leonard A. Borta, of Niles, died April 5 at Lee Manor Nursing Home. Mr. Borta was born June 10, 1925 in Chicago. He was the husband of Rita Borta, father of Lorraine (Joe) Kalita, grandfather of 1. Arrangements were handled by Skaja Terrace Funeral Home.

Rita Warpenberg

Rita Warpenberg, of Niles, died April 5 at Lincoln West Hospital. She was born Dec. 4, 1923 in Chicago. Funeral services were held April 8 at St. Andrew Home. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

Eleanor V. Pawlowski

Eleanor V. Pawlowski (nee Wayda) died April 2. Mrs. Pawlowski was born on Feb. 14, 1918 in Chicago. She was the wife of Joseph M. Pawlowski, mother of Constance (Dr. Ronald) Brons, Joyce (Joseph) and Karen (Gilbert) Pawlowski, grandmother of 7, sister of Josephine Sachman and Helen Szymanski. Funeral services were held April 7 at St. Juliana Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery.

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Police News

Dog bite

When a Morton Grove boy, 14, knocked on his friend's door in a building in the 8200 block of Elizabeth Ave., Niles April 9, a Doberman dog sprang from a neighboring apartment and bit the boy on both legs. Niles paramedics took the boy to Lutheran General Hospital, Park Ridge when police determined the dog owner had not secured veterinarian or rabies certification for the dog.

Semi-trailer burglarized

April 9, persons unknown cut a lock securing a semi-trailer parked in the rear of a discount department store in the 8500 block of Golf Road, Niles and took assorted store merchandise valued at \$1,359.

Locker thefts

A thief struck two lockers in the YMCA in the 6300 block of Touhy Avenue, Niles the morning of April 10. One locker user, a Chicago man, 35, told police he secured his locker with a padlock then returned to find the lock missing, along with his jacket, wallet, keys, membership card and \$100.

A second locker user, a Chicago man, 40, returned to find his locker still locked, and his money secure, but his wallet was outside his pants and two credit cards were missing.

Theft from garage

A resident of the 8300 block of Oleander Ave., Niles reported a \$470 lawn mower was taken from his garage the night of April 8.

DUI, BAC over .10

Early April 10, police responded to a report of a van hitting a road sign, then leaving the scene of the accident. Police found the van driver attempting to back up in a rear lot in the 7900 block of Waukegan Road, Niles. The driver denied the incident, but police found an open bottle of beer near the driver's seat. The driver, a 23 year old Des Plaines man, failed field sobriety tests, was charged with driving under the influence of alcohol and having a Blood Alcohol Content (BAC) over .10. He was placed on \$1,000 bond and given a May 7 court date.

A patrolling officer stopped a northbound car in the 9500 block of Milwaukee Ave., Niles early April 8 after he saw it cross the double yellow line three times. The driver, a Mount Prospect man, 40, failed field sobriety tests and was charged with driving under the influence of alcohol, placed on \$1,000 bond and given a May 7 court date.

Theft from manufacturing company

In a delayed report, an official of a manufacturing company in the 6200 block of Gross Point Road, Niles said between March 12-30, persons unknown took 22 boxes of nickel cobalt electro forms from his warehouse area, resulting in a loss between \$3,500-\$4,000.

Burglary

A resident of the 6900 block of Lexington Ave., Niles saw his neighbor's patio door window smashed when he walked his dog early April 9. The house's new owner, who was preparing to move in, reported a sable fur coat of unknown value was missing from the premises and that bedroom dresser drawers were ransacked.

Tires slashed

A 19 year old Mount Prospect woman who parked her '91 Ford Mustang in the 9700 block of Dee Road, Niles the afternoon of April 8 returned to find a driver's side tire slashed. She estimated her loss at \$250.

A resident of the 8600 block of National Avenue, Niles returned from vacation April 6 to find the two rear tires of his 1990 GEO Prism slashed; he gave no estimate of the loss.

Theft from vending machine

Persons unknown cut a padlock from a soft drink machine outside a variety store in the 8600 block of Dempster St., Niles the night of April 8. They used a key to open the machine and take a coin box containing over \$50. Similar keys were kept in the store's office and with the employees who refilled the machine.

Retail theft

An agent for a drug and variety store in the 8900 block of Milwaukee Avenue, Niles on April 9 stopped a man he saw hide 18 bottles of antihistamine spray under his jacket and attempt to leave without paying the \$180 due.

The man carried no identification, but a check for his fingerprints determined he was a 43 year old Chicagoan who used several aliases, was wanted on a warrant from the Matteson, IL police department and had an extensive criminal history. He was placed on \$75,000 bond and given an April 14 court date.

Car burglary

The afternoon of April 9, unknown offenders smashed a door window in an '88 Ford Escort parked in a lot in the 8400 block of Golf Road, Niles and took a Sterling, Illinois' woman's work-out bag containing \$49, three credit cards, one cash station card and miscellaneous papers.

Criminal damage to property

A security guard for a church in the 8100 block of Golf Road, Niles reported unknown offenders broke an east side window in a school building the night of April 8, then entered and left the building without any apparent further disturbance.

Theft from car

The afternoon of April 8, unknown offenders forced open doors on a 1991 Chevrolet GEO Prism parked in a restaurant lot in the 8800 block of Milwaukee Ave., Niles. They took an Arlington Heights woman's cellular bag phone of unknown value.

Criminal damage to car

A Rockford, IL man complained persons unknown scratched a message on the side of his 1987 Pontiac Trans Am while it was parked overnight at Civic Center Plaza, Niles April 9. Police developed a lead when investigation showed two cars of the same model and manufacture on a neighboring street were recently vandalized in a similar manner.

Watch for motorcycles in traffic

The motorcycle riding season is beginning, and car and truck drivers once again are sharing the road with motorcyclists. According to the Illinois Department of Transportation, 109 cyclists were killed in 1991, including 48 in collisions with vehicles.

Q. What are the most important considerations to give a motorcyclist in traffic?
A. * Never crowd a motorcycle. Allow more distance than when following a car. If a cyclist must stop quickly and you are following too closely, you may hit him or cause him to lose his balance.

* Do not pass a motorcycle in the lane it is using. Motorcyclists are entitled to use the full width of a traffic lane. They constantly change positions within the lane to see more clearly and avoid potholes and other objects.

* Before turning in front of a motorcycle that has its turn signal on, be sure the rider is turning and not coming straight ahead. Turn signals do not turn off automatically on most motorcycles, and the rider may have forgotten to turn the signal off after a previous turn.

* If you are following a motorcycle, allow more distance when approaching a railroad track. When a crossing is rough or the tracks cross the road at an angle, the rider must slow down and needs room to maneuver.

Fabio Martinez

Sgt. Fabio Martinez has been decorated with the Air Force Achievement Medal. The medal is awarded to airmen for meritorious acts of courage, or other outstanding accomplishments.

It is his second award. Martinez, a general purpose vehicle mechanic, is the son of Rufino and Erminda Martinez, 8671 Josephine Ave., Des Plaines, Ill.

Driving safety tips

by Secretary of State George H. Ryan

Early spring showers can make driving hazardous by increasing the possibility of skidding. Surface oil and grease form a slush film that is not washed away until after 20 or 30 minutes of hard rain. Hydroplaning is another risk of driving on wet pavement.

Q. What is hydroplaning?
A. Hydroplaning, which is caused by speeding or too little tire pressure or tread, occurs at about 35 miles per hour when tires begin to lose contact with the road surface. At speeds up to 35 mph, most tires "wipe" the road like a windshield wiper. However, as the speed increases, tires actually ride up on a thin layer of water like a set of water skis.

Q. What if I start to skid?
A. If you start to skid at speeds less than 55 mph, you should be able to regain control by taking your foot off the accelerator and letting the car slow down. Steer in the direction you want the front of the car to go.

Q. What are the dangers of driving more than 55 mph?
A. You will be unable to brake, accelerate or corner because tires can lose all contact with the road at 55 mph. As a result, a gust of

Burriss receives service award



As host and master of ceremonies, for Chicago and Illinois Chamber of Commerce 18th Annual Crime Prevention Awards luncheon recently, WLS-TV news anchor-man, John Drury; (left) presents the "Distinguished Service Award" to Illinois Attorney General, Roland W. Burriss (center). Dan Webb was co-chairman of the event.

win, curve in the road or slight turn can throw your vehicle into an uncontrollable skid. If this occurs, release the accelerator and ride out the skid.

Approach accident scene cautiously

When motor vehicles crash and injuries occur, the difference between life and death can be measured in minutes. Any driver approaching an accident scene should know what to do and what not to do.

Q. What should I do if I'm the first person at the scene?
A. Park no closer than 500 feet from the accident.

Call the police immediately if there is a telephone nearby, or if you have a mobile telephone on a citizens band radio. If there is no telephone nearby, stop another motorist and ask him or her to make the call.

If flares are available, place them at least 500 feet in front of

and behind the accident to warn other drivers.

Ask passing motorists to help control traffic until the police arrive.

Q. What are the things not to do at an injury accident scene?
A. Do not try to move accident victims from their vehicles, but make them as comfortable as possible.

Do not try to be a hero. If there is any immediate danger from smoke, fire, hazardous materials or any other source, stay away from the area. Every year, many people are injured trying to give aid to those who were hurt in the original accident.

'92 Federal Efficiency Standards

CHICAGO. With the support of congressional leaders and the endorsement of a broad coalition of environmentalists, Congress recently passed the National Appliance Energy Conservation Act (NAECA). Effective January 1, 1992, the new legislation raises the efficiency standards for most electric, oil, and gas-powered home appliances, including furnaces, water heaters, air conditioners, ranges and ovens.

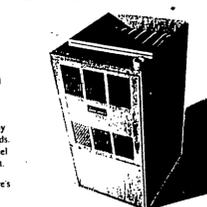
Starting on January 1, 1992, all newly manufactured gas furnaces will be required by federal law to meet higher efficiency standards. Next year's furnaces will have to burn less fuel while still providing the same amount of heat.

If you're looking for a furnace right now, here's some news you can use. Every gas furnace Amana makes already surpasses next year's efficiency standards. In fact, Amana gas furnaces have met the '92 standards for over four years. We combine state-of-the-art technology with long-life materials to make our furnaces not only affordable, but among the best performers on the market.

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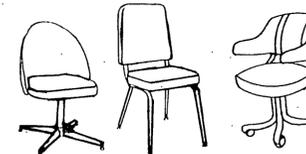


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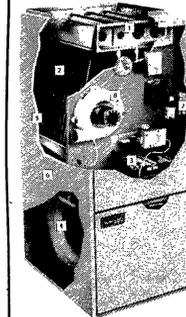
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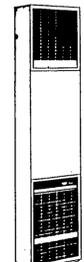
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Women's News

NSJC to hold spring boutique, resale

There will be a Spring Boutique and Resale given by Northwest Suburban Jewish Congregation on Sunday, April 25 from 9 a.m. to 5 p.m. and Monday, April 26 from 9 a.m. to 4 p.m. The sale will be held at the synagogue at 7800 West Lyons, Morton Grove. The phone number is (708) 965-0900.

SECRETARIES WEEK APRIL 18-24

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Schreiner to MC Woman's Club luncheon

Larry Schreiner, WGN 720 radio personality, and "Man about Town" will be the Master of Ceremonies at the Woman's Club of Niles annual Spring Luncheon. It will be held on Saturday, April 24 at the Chateau Ritz, 9100 N. Milwaukee Ave. in Niles. Cocktail hour will be from 11 a.m. until noon, when luncheon will be served.

There will be a fashion show, with fashions furnished by Gantos, of Golf Mill. Music will be provided by Larry Skeet, guitar, and Tony Devito, accordion. There will be many prizes donated by local businesses, and raffles.

The proceeds of this event will go to the Rainbow Cancer Kids, who will enjoy a summer camping experience in Colorado.

Tickets are \$18 per person. All area women are invited to attend, and help us support this most worthy project. The Committee



Larry Schreiner consists of Elaine Heinen, Chairman, and Angie Gallo and Denise Mack. Come and enjoy an afternoon of fun, while helping more children fulfill their last wish. For further ticket information, call 823-4023.

Jewish Women host annual conference

Conference of Jewish Women's Organizations of Metropolitan Chicago is holding its Annual Day on Thursday, April 22, at 9:30 a.m. at the Radisson Lincolnwood Hotel, 4500 W. Touhy Avenue, Lincolnwood, Illinois.

Special Guest will be Ruth M. Rothstein, Director of Cook County Hospital and Chief of the newly created Bureau of Health Services. She is highly praised for her work at Mt. Sinai Hospital and Schwab Rehabilitation Center for initiating the delivery and access to health care and related services.

She served on many commission and committees, including the Illinois Hospital Association and National Association of Public Hospitals. She has received numerous awards for her outstanding leadership and contributions in health care and to the broad community. Her topic will be "Are They Finally Paying Attention to Us?"

Couvert for the Dairy Breakfast is \$9.50 and the public is invited. Reservations are being taken by Sally Cole at (312) 338-

Program on Centennial of NCJW

"Paradise Was Not Perfect Without Women: The Store of World's Fair Women in 1893, Hannah Solomon and the Founding of the National Council of Jewish Women," will be the topic of the next open meeting of the Chicago Jewish Historical Society on April 18. Julia W. Kramer, independent scholar, family historian and writer, will be the speaker.

The program will begin at 1:15 p.m. at A.G. Beth Israel Congregation, 3635 W. Devon Ave., Chicago, IL. Following a social period, the featured talk will take place at 2 p.m. There is no charge for admission to this event.

Allen-Polkow Engagement

Mr. and Mrs. Dennis R. Allen of Niles, announce the engagement of their son, Jeffrey G. to Kimberly Polkow, daughter of Mr. and Mrs. George Polkow of Buffalo Grove.

Jeff is a 1985 graduate of Maine South High School and is currently employed as a Cement Finisher for the City of Park Ridge.

Kim, a 1987 graduate of Buffalo Grove High School attended the University of Wisconsin at Oshkosh. She is employed by Children's World Learning Center in Arlington Heights. A Fall wedding is planned.



Convenient way to have a mammogram

Inconvenience and fear are cited as two major deterrents to having regular mammography screenings for early detection of breast cancer. Most women will not take time off from work or interrupt their daily schedules to have a mammogram performed.

Victory Memorial Hospital has made mammography screenings convenient with its mobile mammovan. The unit is totally self-contained and operated by skilled health care professionals

from Victory Memorial Hospital. The cost of a screening is only \$60 and includes a radiologist's reading. For your convenience, Victory's mammovan will be in your neighborhood from 9 a.m. to 3 p.m. on Tuesday, April 20 at the Nicholas Lattoff International YMCA, 300 E. Northwest Highway, Des Plaines.

Call 1 (800) 877-XRAY to schedule an appointment. Walk-ins are also welcome.

Women in Construction meeting

The O'Hare Suburban Chapter #193 of the National Association of Women in Construction (NAWIC) will meet Tuesday, April 20 at the Avalon Restaurant, 1905 E. Higgins Rd., Elk Grove Village.

Reservations for dinner at \$12 may be made with Darlene Kasik, Coco Corporation at (708) 323-5454. Social Hour is at 5:30 p.m. followed by dinner at 6:30 p.m. Floyd Page of Lombard Archite-

ctural Precast Products will be the guest speaker for the evening. His topic will be "Adding Beauty to Structure". The Chapter's monthly business meeting will follow the presentation.

Guests and all women interested in construction are invited to attend. For membership information, contact Kathy Cejka, Podcor Construction Co., (708) 531-8222.

Methodist Women set rummage sale

The United Methodist Women from the Central United Methodist Church in Skokie will have a rummage sale on Friday, April 23 from 7:30 a.m. to 8 p.m. and Saturday, April 24 from 9 a.m. to

noon. The church is located at 8237 Kenton, Skokie between Oakton Street and Main Street and just east of Skokie Boulevard. Entrance is off James Drive.

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Business women set meeting

The Clean Air Act Amendments will be the topic of the next meeting of the North Glen Business and Professional Women's Organization. The group will meet April 27 at Allgauer's Holiday Inn Crowne Plaza, 2855 N. Milwaukee Ave., in Northbrook. Networking will begin at 6 p.m., followed by dinner and the program at 7 p.m.

Guest speaker will be Barbara Hayskar, president of the Northbrook Chamber of Commerce. She is a member of the Employee Trip Reduction Task Force which is charged with developing a State of Illinois Implementation Plan to meet the requirements of

the 1990 Clean Air Act Amendments. Her talk will focus on the changes citizens will have to make in order to comply with the amendments.

The Business and Professional Women's Organization is the oldest and largest group in the world dedicated to working women. The North Glen chapter is celebrating its 25th anniversary this year. All working women, regardless of where they live or work, are invited to join.

Reservations for the April 27 meeting, which must be made in advance, are available by calling Pat Nold, (708) 486-8530.

Image Impact Workshop

Interested in achieving that polished look? Want direction on selecting flattering colors, wardrobing, and accessorizing your appearance? A visit to the Niles Public Library District on April 19 at 6:30 p.m. might make a difference.

Kim Eggert, Image Consultant, will offer an Image Impact Workshop which includes: color analysis and the importance of wearing the right colors; wardrobing which creates a basic

money saving selection of clothes acceptable for office, casual or evening wear; image profiling which provides instruction on dressing according to facial shape, body type and fashion personality; and accessorizing which creates a more dynamic and unified look. This hour long program is free and open to all. Registration is required. For mobility or communication assistance please call 967-8554 voice and TDD.

Success in the non-profit sector

Planning on a Shoestring: PR and Marketing for Small Non-Profits set for Saturday, April 17 at Country Inn Restaurant, Lambs Farm, Route 176 at I-94, Libertyville. An optional guided tour of Lambs Farm will take place at 10:45 a.m. The lunch and program will begin at 11:45 a.m. Ann Marie Arzi, Director of Special Events for Glenkirk, and Bev Kennedy, President of Ken-

nedy and Associates, will discuss the essentials of marketing for charities and non-profits. Sponsored by Women In Communications/North Shore, the fee is \$15 members/\$18 non-members. Reservations must be received by Wednesday, April 14. For further details, call Michele Bresler at (312) 440-2714 (days) or (708) 869-1010 (evenings).

Sisterhood Fashion Show

Bnai Emunah Sisterhood presents Parade of Fashions of '93 at Congregation Bnai Emunah, 9131 Niles Center Rd., Skokie.

Fashions will be by Lucille Hillborn of Highland Park. Show is on Thursday, May 20 at noon. Luncheon will be served. Tickets are \$18 per person. For reservations or information call (708) 674-9292.

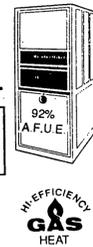
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Women's News

JWV Auxiliary plans luncheon

The Department of Illinois Ladies Auxiliary, Jewish War Veterans, will hold their Annual Donor Day Luncheon at The Fireside, 9101 N. Waukegan Rd., Morton Grove, on Sunday, April 18. There will be entertainment and a Woman of the Year presentation will be made.

This annual event recognizes the volunteer efforts of the members in all of the local auxiliaries which comprise the Dept. of IL, JWVA. This Service Organization which is chartered by the U.S. Congress, serves hospitalized veterans of every race, creed and color at the four local VA Medical Centers: Hines, Lakeside, North Chicago and Westside, as well as through an Adopt-A-Hospital program at the VA Hospitals in Marion and Danville, IL. These ladies also support many projects for children and the elderly.

Dept. President is Ann Weiss of Skokie and Donor Day Chairman is Lillian Rovner, Past Dept. President, of Glenview.

Mrs. America Pageant

Sherri Hicks of Long Grove, was crowned Mrs. Illinois/America 1993 on March 28. Sherri is 32 years old, 5' 7", blonde and blue eyes. She is the proud wife of Robert Hicks, Sherri is a professional model, housewife and mother.

Sherri qualified for the 1993 Mrs. America finals, which will be taped for national television in the Fall. State winners will arrive for nationals two weeks prior to the scheduled taping for Pageant activities, preliminary competition, and rehearsals for the two-hour television special.

To qualify for the Mrs. Illinois State Pageant, a contestant must be a U.S. citizen, a minimum of 18 years old, married for at least six months prior to the entry date of her state pageant, and a resident of the state she represents for a minimum of six months.

This year's Mrs. Illinois prizes include an all-expense paid trip (2 weeks) to nationals and a complete wardrobe of fashions for the National Pageant, plus a cash



Sherri Hicks

award. Further information on Sherri Hicks can be obtained by contacting Marcie Aceto of Classic Pageants, Inc., 2615 W. 35th St., Oakbrook, IL 60521. Telephone (708) 325-5509.

Features book review

The Washington Court Chapter of Women's American ORT will hold an open meeting Tuesday, April 20 at noon at Maine Township Hall, 1700 Ballard Road.

Members and guests will be served a mini-lunch and the highlight of the afternoon will be a book review given by Irene Nathan based on the book "Woman of Spirit" by Herbert Tarr.

There will be a donation required of \$3 for members and \$3.50 for guests which covers the cost of both the mini-luncheon and book review.

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Health News

Support group for heart patients

The Cardiac Rehabilitation department of Swedish Covenant Hospital has started a support group, "Heart Talk," for heart patients, their spouses and friends. The new group's next meeting will be at 7:15 p.m. on Monday, April 19, at the Galtier LifeCenter, 5157 N. Francisco.

The purpose of "Heart Talk," which meets monthly, is to help heart patients by giving them and those close to them the opportunity to share the thoughts, feelings and experiences resulting from the emotional impact of heart disease. Educational input and leadership will be provided by staff skilled in cardiology and counseling.

The meets are free and open to all heart patients. For more information contact Deborah Drewke in the Cardiac Rehabilitation department at (312) 878-9936.

Low-impact aerobics classes set

A series of low-impact aerobics, sponsored by the Good Health Program of Rush North Shore Medical Center in Skokie, is being held at the medical center.

Classes are scheduled Monday through Friday from 9:10 to 10 a.m., Monday and Wednesday from 5:30 to 6:30 p.m.; Tuesday and Thursday from 4 to 5 p.m. and from 5:30 to 6:30 p.m.; and Saturday from 8:30 to 10 a.m.

For further information and to register, call the medical center's Good Health Program at (708) 933-6695.

Cholesterol screening

According to the National Institute of Health, high cholesterol is a major cause of heart attacks, resulting in 550,000 deaths each year.

To help community residents determine if they are at risk of having heart problems, the Glenbrook Hospital is holding a cholesterol screening on Saturday, April 24, from 8 a.m. to 11 a.m., in the enclosed lobby at the Glenbrook Hospital, 2100 Pfingsten Rd., Glenview.

There will be a \$14 laboratory fee. For more information, or to register, please call (708) 570-5020.

OCC holds lecture on depression

Kathleen Johnson, psychotherapist at Rush North Shore Medical Center, Skokie, explains what depression is and what can be done about it, as part of the Passages Lecture Series on Tuesday, April 27 from 1 to 2:30 p.m. at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

This program is presented courtesy of the Women's Health Program at Rush North Shore Medical Center in Skokie.

For more information, call (708) 635-1414.

Overeaters Anonymous support group

Holy Family Hospital sponsors weekly meetings for Overeaters Anonymous. The group meets in the Mount Prospect Room at the hospital, located at the corner of Golf and River Roads in Des Plaines, every Saturday at 1:30 p.m.

Free foot screenings

Our Lady of the Resurrection Medical Center will offer a free foot screening on Wednesday, April 21, from 9 a.m. to 12 p.m. in the seventh floor classroom at the medical center, 5645 W. Addison St., Chicago. An appointment is required by calling the Center for Healthy Living at (312) 794-7640.

Medical center staff podiatrists will check for common foot abnormalities and problems, such as corns, callouses, bunions, and plantar warts.

This foot examination will include a comprehensive inspection of the feet and ankles. Feet will be examined without coverings; therefore, participants are encouraged not to wear pantyhose or other hosiery that may be difficult to remove.

Lecture series on Diabetes

Peter Curran, M.D., and endocrinologist on staff at Rush North Shore Medical Center, Skokie, speaks about issues that diabetics need to know to keep their disease under control, as part of the Passages Lecture Series on Tuesday, April 20, from 1 to 2:30 p.m. at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

This program is presented courtesy of the Women's Health Program at Rush North Shore Medical Center in Skokie.

For more information, call (708) 635-1414.

ABC weight control program set

ABC 16 (Achieving Behavior Control), a 16-week weight control program for adults who are serious about losing weight without dieting, is being sponsored by the Good Health Program of Rush North Shore Medical Center in Skokie.

Enrollment is limited. For further details or to register for the Wednesday, April 14 information meeting, call the medical center's Good Health Program at (708) 933-6695.

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Better parenting can cut down on child abuse

Child abuse is one crime that often goes unnoticed and unreported. It takes place in homes ranging from the wealthiest suburb to the poorest inner city neighborhood.

Because abuse is widespread nationwide, the National Committee for Prevention of Child Abuse has launched a campaign in April as part of Child Abuse Prevention Month. The objective is to increase parenting education programs.

"The best way to prevent abuse is to educate people how to be better parents by replacing abusive forms of behavior with adaptive behavior techniques," said Suzette Rush, Psy.D., director of the Family Trauma Center at Forest Hospital in Des Plaines. "Even providing help through a telephone hotline can interrupt a cycle of abuse."

Dr. Rush, who has counseled more than 100 families in the past 18 months, said parents abuse their children for many reasons—the most common of which is previ-

ous exposure. "Nine out of 10 times, a parent who abuses his or her kids grew up in a home where abuse was prevalent," Dr. Rush said. "They grew up believing that assaulting children is acceptable because it happened to them."

Stress is another cause. Parents who have high levels of stress and poor stress management skills often are more abusive than those who can mobilize support from spouse or peers. Also, parents who can't cope with an emotional disorder or take drugs or alcohol have a greater tendency to be abusive or neglectful.

Understanding the difference between discipline and abuse is one element of effective parenting.

For more information on programs offered through the Family Trauma Center at Forest Hospital, call the Outpatient Department at (708) 635-4100, extension 224 or 225, or Dr. Rush at extension 132.

Dinner benefits ALS/Lou Gehrig's disease

Mary Ann Childers, WLS-TV news anchor and husband Jay Levine, WBBM-TV news anchor/reporter, will host the Les Turner ALS Foundation's 6th annual ALS Lou Gehrig "Hope Through Caring" Award Dinner, Saturday, April 24 at 6:30 p.m. at the Hyatt Regency Chicago.

The dinner will honor the 18 founders of the Skokie-based Les Turner ALS Foundation, under whose leadership the foundation has grown to become the nation's largest independent organization working to find a cause and cure for amyotrophic lateral sclerosis, better known as ALS/Lou Gehrig's disease. Founded in 1977, the internationally-recognized foundation has raised more than \$5 million for ALS research and

patient services and is affiliated with Northwestern University Medical School.

The 1993 "Hope Through Caring" Award Dinner will feature special guests Trace Armstrong and Keith Van Horn of the Chicago Bears, the music of the Bradley Young Orchestra and a raffle. Tickets are \$200 per person.

Amyotrophic lateral sclerosis (ALS) is a terminal, progressive neuromuscular disease that attacks the muscles of the body while leaving the mind unaffected. There is no known cause or cure for ALS.

For information or reservations, call the Les Turner ALS Foundation, (708) 679-3311.

Start support group for heart patients

A free support group "Heart Talk," for heart patients, their spouses and friends, is being initiated by the Cardiac Rehabilitation department of Swedish Covenant Hospital in affiliation with the American Heart Association from 7:15 to 8:30 p.m. at the Galtier LifeCenter, 5157 N. Francisco.

The purpose of the group, which will meet the third Monday of every month, is to share thoughts, feelings and experiences resulting from the emotional impact of heart disease. Educational input and leadership will be provided by staff skilled in cardiology and counseling.

For more information contact Deborah Drewke in the Cardiac Rehabilitation department at 878-9936.

Second dose of measles vaccine

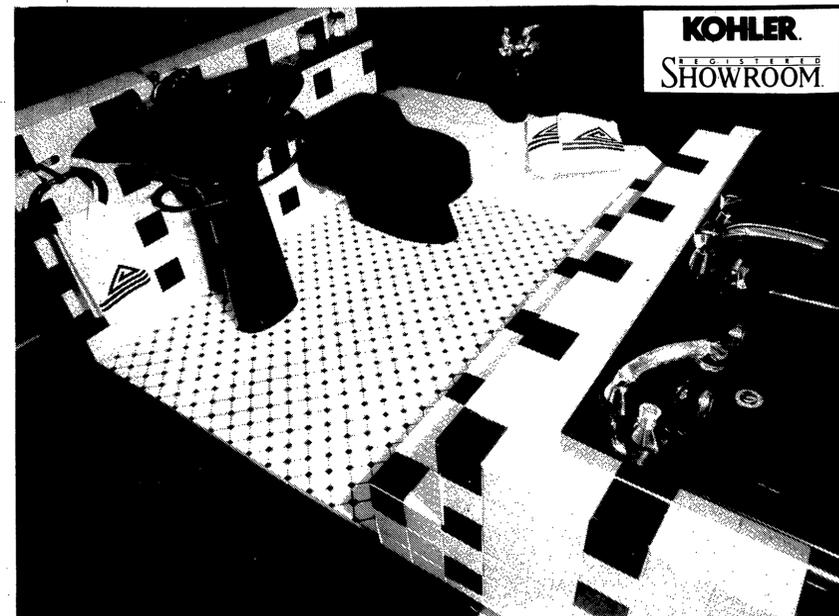
Effective September, 1993, the Illinois Department of Public Health is requiring that all school age children (kindergarten and older) provide proof of receiving a second dose of measles vaccine. The health department is urging parents to act now and have their children immunized before September.

The new requirement is in response to the measles outbreak of 1989-90. For the 1990-91 school year, fifth graders were the first group to have to provide proof of receiving a second dose of measles. In 1991-92, fifth and ninth graders and those entering college were required to comply. And beginning with the 1992-93 school year, all other students need have the second dose before school entrance.

The Cook County Department of Public Health offers the following local immunization clinics free of charge to suburban Cook County residents. Parents should remember to bring their child's immunization record when attending clinic.

North Suburbs:
Des Plaines: Trinity Lutheran Church, 675 Algonquin Road 3rd Thursday of every month 9:00 a.m. - 11:00 a.m.

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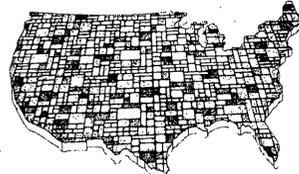
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Politics

Maine Democrats list differences in township campaign

As the April 20 election approaches, a number of important issues have separated the two major parties. The key issues facing the voters are:

Golf Maine President endorses Democratic slate

Mike Yesner, president of the Golf Maine Park District, endorsed the Democratic slate for Maine Township government.

"I am happy to have a person with President Yesner's credentials backing us," Trustee Bonnie Lindquist, Democratic candidate for supervisor, said.

Yesner, who is active in the gang prevention and intervention programs in the township, said he was speaking for himself and that his endorsement did not necessarily reflect that of the rest of the park board. He said he was proud to back the slate headed up by Lindquist.

"Bonnie Lindquist was the only board member to attempt to do something about gangs before there was tragedy," Yesner said.

He added only Lindquist and Supervisor Joan Hall testified before the Cook County Board with him about the funding for the Gang Crime Task Force.

Yesner also endorsed the Democratic gang program.

"We use off-duty sheriff's officers on foot patrols," he said. "The Matuzsak proposal is a good one."

He thought making the drop-in center a mostly volunteer pro-

gram was a good idea as well. "Our experience last summer was that the volunteer drop-in center at the Park District worked extremely well," Yesner said.

"I've seen numerous reports that drop-in centers work better when they're primarily a voluntary organization. I question why the Township government changed that format."

Finally, Yesner and the Democratic slate for Township government encourage voters to vote yes for 9-1-1.

Lindquist said enhanced 9-1-1 service in the unincorporated parts of the township is important to provide "safety and protection" to these areas.

Democratic Candidate for Clerk Norine Murphy, who attended meetings of county emergency personnel on this potential life-saving service recently, said these organizations support the 9-1-1 program which would only cost residents in the unincorporated area \$1.25 on their phone bill.

Lindquist added that people using 9-1-1 would not even need to talk on the phone to get emergency help because the calls can be traced by emergency dispatchers.

new. They have stated they will continue the programs of Supervisor Joan Hall, but have dumped her from their slate. And, in public forums, they predict (incorrectly) what the Democrats will do, without suggesting any programs.

2. Do you want to continue reckless spending, or demand accountability for your tax dollars? History has shown the Republican dominated Board revenues or increases virtually all spending programs with no requirement for accountability. The Democrats will demand full accountability for all grant programs to make sure you are getting your money's worth. This will make it possible to eliminate waste and duplication, and permit adding needed new services.

3. Do you want officeholders who claim to be frugal, yet reward themselves with major perks like fully paid family health insurance for only 6 hours work a month. Or, do you agree with the Democrats that this \$32,000 is reckless spending, and should be cut?

4. Do you think public money should be spent with a favored source, or that open bidding should be employed? For example, the Township now awards its insurance to the same broker year after year. The Democrats propose to open the bidding process.

5. Do you want officials capable of understanding and acting upon the needs of the Township, or do you want officials slated for strictly political reasons? The Democratic slate includes a social worker, a public finance professional, and a trained law enforcement professional.

The Republican slate contains none of these. Republican candidates have consistently demonstrated their lack of understanding of what the Township Government has done in the past, and should do in the future. A candidate recently told a public forum that the Republicans created the teen drop in center. The fact of the matter is the existing Board usurped a vital community based effort.

6. Do you want a Supervisor who already has one full time job on the public payroll, and is assigned to a location in downtown Chicago? A man who cannot attend to Township activities during business hours without taking a leave of absence, or behaving unethically? Or do you want a Supervisor who will be able to be on sites as needed.

7. There is one area of clear agreement. 911 is already in place in all the municipalities in the Township. It is not in place in the Unincorporated area. Residents of that area should vote yes on 911 to obtain this lifesaving service.

Michael E. MacDonald
Marine Sgt. Michael E. MacDonald, a 1986 graduate of Glenbrook South High School of Glenview, was recently named honor graduate after completing the Noncommissioned Officer (NCO) School at Marine Corps Air Station, Kaneohe Bay, Hawaii. He joined the Marine Corps in June, 1988.

North Maine fire chief urges 9-1-1 vote passage

Chief Morris J. Farberman of the North Maine Fire Protection District urges residents to approve the 9-1-1 referendum on Tuesday, April 20.

"On Election Day, Tuesday, April 20, you will have the opportunity to vote on a referendum that will improve the delivery of emergency medical, fire and police services to the unincorporated residents of Cook County, including Maine Township. The referendum I am speaking of asks that you approve an Enhanced 9-1-1 emergency telephone system for Cook County.

The North Maine Fire Protection District first began its efforts to bring this vital public safety question to the ballot in November of 1989. Most cities and villages in Cook County have approved Enhanced 9-1-1 emergency telephone systems over the past five years. We, in unincorporated Maine Township, are now surrounded by municipalities that have approved an Enhanced 9-1-1 emergency telephone system.

Why is it important to have an Enhanced 9-1-1 emergency telephone system? When seconds any resident to reach emergency police, fire or paramedic services for assistance by simply dialing 9-1-1. Enhanced 9-1-1 provides

an automatic digital display of the caller's phone number and address the same instant the call is received. These important features will allow emergency vehicles to be dispatched more quickly, and are especially important in emergencies involving young children or callers who, for some reason, are unable to speak or complete their call. Even if the call is disconnected, emergency personnel will have a record of the caller's address and phone number and will be able to call back or dispatch assistance based on the address and telephone number shown on the display screen.

Enhanced 9-1-1 calls can be made from pay phones without coins. Enhanced 9-1-1 will eliminate confusion over like-sounding streets, since the location is displayed on the dispatcher's computer screen. In addition, specific important information can be added to a caller's number or address to display special emergency response information such as bedridden, blind, child, etc., on the display screen.

The North Maine Fire Protection District urges you to vote YES on the Enhanced 9-1-1 emergency telephone system. If you desire more information, call the North Maine Fire Chief at 297-5020.

Cielinski promises to bring leadership to Niles Parks

Niles Park District Commissioner candidate Michael C. Cielinski issued the following statement on his candidacy.

Niles Park District Commissioner candidate Michael C. Cielinski, why is he running, and what can he do for Niles?

Why is he running? "I would like to bring my leadership experience to the park district. We need to start planning for the future. I believe a commissioner must have vision into the 21st century. I think we all agree that the world is changing faster everyday, and so are the needs of the park district. We must elect people who see this and know that our lifestyles and the value of our homes depend on a strong district that will regard the residents as the number one concern."

What can Mike do for Niles? One of his goals is to build a closer working relationship with the different taxing bodies in Niles. "I feel that there should be a park commissioner at all village meetings." Mike would like to start planning for the future of the Ballard school. "There is only four years left on the contract and we must start planning for that now, not at the last minute when it is too late as we have experienced with past projects."

The day care issue is another area of concern for Mike. "There is not a day care located in the center of town. The village and park district need to work together in providing a facility for the young families in our community."

The community needs to address better programming for its seniors and teenagers. "Along with having a teen advisor, we

should also have a senior advisor. We need to sit down with the different groups and learn what their needs are and figure out the best solutions. We also need to improve our marketing strategies for the programs, so more of our residents can participate in them." Competitive sports leagues is also very important to Mike. "We should help all of our leagues, not hinder them. I would like to see some type of voucher system for our coaches as some of the surrounding parks do."

And one of Mike's major concerns is cost. "We must run the park district as efficiently as possible, and be frugal with the taxpayers money. One way to reduce cost is to teach employees to be energy wise. Another area we should look into is the use of solar energy. The cost of solar is getting more reasonable each year and we should start planning now for the future and look into grant money for this. We also can improve targeting the needs of our residents more efficiently, in other words we need to get more for what we are spending. I believe in looking into areas of major cost. I do not want to step over dollars to pick up pennies." Mike would like to see his home town of Niles where he learned to play ball and swim and also the place where his children have done the same prosper into the future. "As park district commissioner, I will be a servant of the people and see that the residents are my number one concern."

On April 20th look for Michael C. Cielinski and punch 222. Any questions or comments may be directed to him at 825-4016.

Sheridan/Breizzman/Skaja team vows to cut Park spending

The team of Sheridan, Breizzman and Skaja want to firmly establish four principles of good government within the Niles Park District. Dedication to serving the needs of the community, be more open and accountable, more cost efficient and productive, and be a fairer, more just place for its employees and participants in its services. By applying these principles, it means we can increase productivity, find more cost savings, create new revenue and provide more and better service.

The current philosophy of using bond (loan) money to supplement the General Fund, day to day operational cost, must stop! A pattern of robbing Peter to pay Paul has been established. This is equivalent to a person using their credit card to charge their every day living expenses; such as groceries, maintenance, etc. Eventually this kind of spending catches up with you and your debt, with interest, overwhelms you. The Park District is getting away with issuing bonds (loans with interest) because they have a source of income...the taxpayer!

When the 5% tax cap is imposed, the Park District will lose the ability to roll over bonds (loans) without going to referendum. Because they are currently using this loan money to supplement every day operational costs, spending money like it was water, it will eventually catch up to them. There is a strong indication that when this occurs, the taxpayer will pay the price.

Residents/Taxpayers...Think about the ramifications of the present spending philosophy. Last year alone we paid \$992,649 in loan principal and interest and we borrowed another \$846,000 in 1993. If we didn't have this overwhelming debt, we could utilize taxpayer dollars more effectively.



None of the other three candidates have spoken about cutting out the waste. Waste is an unpopular subject for supervisors and Board members, but one that every taxpayer holds dear to their heart. Our priority must be service to the people, not to ourselves. One team goal of Sheridan, Breizzman and Skaja, is to cut out wasteful and unnecessary spending so that we may serve the people in the most cost efficient and accountable way possible. Many inuendos about the Village, our team and the Bugle have been made during the last month. It is imperative that each of you weigh everything carefully and disregard any information being used as a scare tactic. Our team has been honest and above board about all the issues and we are not trying to fool anyone. Our team's bottom line is that we want to make our Park District the best that it can be, serving the needs of all people in the most cost efficient manner possible. Each of our three team members will bring different qualities and experiences to the Park District Board, but as a team, we have the same goals in mind. We must bring accessibility, accountability, productivity and fairness to the Niles Park District. We owe the taxpayers nothing less. Make your vote count this time! On Tuesday, April 20, vote for: Richard (Rick) Sheridan #217, Myrna L. Breizzman #219 and Bernard (Buddy) Skaja III #221.

Orchard Village buying two homes in Morton Grove

No staff will reside in the homes, but they will be fully staffed when residents are present. This move is part of the Illinois Department of Mental Health and Developmental Disabilities transition process which will transfer several hundred residents from state operated facilities into community placement. Orchard Village, which currently has 42 CILA program residents in seven apartments and four homes in Skokie, will be able to provide a fuller and richer life for the eight individuals.

Orchard Village, a residential and training community for individuals with developmental disabilities, is currently acquiring two homes in Morton Grove, expanding its services to eight individuals with profound physical and developmental disabilities who are currently residing in area nursing homes. They will move into the new homes May 1, 1993 through the Community Integrated Living Arrangement (CILA) Program funded by the Illinois Department of Mental Health and Developmental Disabilities.

Cable companies announce 'local vote' project

Cook County Clerk David Orr and representatives of the seven cable companies serving suburban Cook County announced a project to help suburban voters make informed choices in the upcoming local suburban elections.

The seven systems serving Cook County -- Cablevision of Chicago, Continental Cablevision, Jones SpaceLink, MetroVision, Multimedia Cablevision, TCI of Illinois and Post-Newsweek Cable -- have worked with community organizations to develop coverage of debates and candidate forums for the April 20 local elections.

Coverage of these events will be broadcast prior to the April 20 election on the evenings of Sunday, April 18 and Monday, April 19. Coverage can be found on local cable access or origination channels when available, in an effort to insure residents have access to this important informational programming.

To find out what races in your area will be covered and broadcast times, viewers can check their local cable access listings for Sunday, April 18 or Monday, April 19.

Politics

Park candidate Hynes comments on election issues

Next Tuesday, the voters of Niles will be given the opportunity of voting for the future direction of the Niles Park District. This election is important to all residents of Niles so please exercise your precious right as an American. VOTE FOR THE CANDIDATES OF YOUR CHOICE.

As a first-time candidate for elective office, I have been particularly impressed with two things during this campaign. First, everyone whom I have met and talked with concerning my candidacy has been polite, interested in the issues and concerned about the future of the Niles Park District. Second, all of the candidates have stuck to the issues as they see them and have refrained from negative, personal attacks on each other. This is the way elections should be conducted, and I am proud to have participated in the process.

The important issues for this campaign are two-fold: do you want Park Commissioners who will work to keep the Park District independent, with elected commissioners, and do you want Park Commissioners with strong professional backgrounds who will do the long-range planning

necessary to keep our parks strong and healthy for the next generation. If you answered both of these yes, then Mike Cielinski and I are the candidates to vote for. We pledge to work with all of the community organizations, improve the responsiveness of the Board, and to work with the Village and all other municipal governments to give the residents a more efficient and responsive park district.

Again I want to thank all of the residents who support my candidacy, and those who don't who have treated me with respect. But most importantly, I urge all of you to get out and vote on April 20.

REMEMBER, BAD GOVERNMENT IS THE CHOICE OF THOSE WHO DO NOT VOTE!! So please, ELECT good government. Vote on April 20.

Housing options for disabled

An evening fair focusing on housing options for individuals with disabilities will be held April 22 from 7 to 10 p.m. at the Frost Administration Center, 1131 S. Dee Road, Park Ridge.

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Senior Lifestyle caters to active seniors

One of the most common myths about seniors is that they think alike, act alike and live alike. In fact, though, today's senior citizens represent a diverse group of people who differ in their values, interests and needs. And since seniors now maintain such active lifestyles, they also are looking for an appealing and secure environment in which to live independently. That's why meeting the divergent housing needs of seniors has become so challenging - they are demanding a wide range of quality residential options.

Senior Lifestyle Corporation, a Chicago-based nationwide senior housing community developer, marketer and manager, offers seniors independent retirement living with the security and amenities of most upscale resorts. Senior Lifestyle Corporation manages three properties in the Chicagoland area including:

- The Breakers at Edgewater Beach, 5333 N. Sheridan Rd., Chicago;
- The Breakers at Golf Mill, 8975 Golf Rd., Niles; and
- Lincolnwood Place/The Manor at Lincolnwood Place, 7000 N. McCormick Blvd., Lincolnwood.

The Breakers at Edgewater Beach, The Breakers at Golf Mill and Lincolnwood Place have studio, one- and two-bedroom apartments. Included in the monthly rental fee are two meals a day; weekly housekeeping; schedule transportation and a 24-hour emergency response system. The Manor at Lincolnwood Place additionally offers health care services and other support services in assisted living suites or complete skilled nursing care facilities. The Manor offers each resi-

dent a spacious apartment; three daily meals; help with bathing, dressing and medication; housekeeping and laundry services; transportation and has 25 assisted living units and 40 nursing care beds. All three properties have regular scheduled social and cultural activities.

Several trends have emerged among the senior population, and Senior Lifestyle Corporation retirement communities have adapted to offer complementary housing options to fit different lifestyles. For example, reverse geographic retirement is one trend recognized by Senior Lifestyle Corporation. Some seniors are now choosing to move from warmer, southern climates (Florida, Arizona, etc.) to Chicago during the hot summer months, while some seniors who have never lived in Chicago are moving here rather than to traditional retirement locations to be near their children. In response to this trend, Senior Lifestyle offers a Seasonal Program to give seniors the choice to reverse retire for a

few months out of the year, through a short-term lease option. In addition, in order to make its communities more affordable, Senior Lifestyle Corporation developed a "Friendship Program." In this program, two residents share an apartment, thereby greatly reducing the monthly rent individually, while still providing the full array of services and amenities of the community.

What's important to remember is that seniors find a housing option that meets their financial, social psychological and physical needs. Senior Lifestyle Corporation manages its properties with a high-touch approach geared to meeting its residents needs. Everyone on staff is sensitive to the current and changing desires of the residents. By talking and interacting with them daily, the staff constantly adjusts the amenities and activities to continually provide residents a dynamic lifestyle. For more information contact Senior Lifestyle Corporation at (312) 944-6333.

Spring Makeover at The Lawrence House

Spring up for spring at the Lawrence House Retirement Hotel's Spring Makeover, 1020 W. Lawrence Ave., Chicago, on Wednesday, April 21 from 10 a.m. to 2 p.m. The event is free and open to all senior men and women.

If you're looking for a new hairstyle or the latest make-up tips, Young Beauty School will be happy to show you what's new for the spring of 1993. Students from the school will provide complimentary hairstyles, cuts, manicures and make-up applications.

Barbara's Boutique and Fashions at a Fraction will offer accessories and fashions to update spring wardrobes at reasonable prices. Shop until you drop or just browse.

Guests are sure to enjoy the sounds of music by a pianist and strolling accordionist. Everyone has a chance to win the door prize and, as always, all are invited to enjoy complimentary refreshments.

For further information about The Lawrence House Retirement Hotel's Spring Makeover or for reservations, contact Marcia Lawrence at (312) 561-2100.

Emeritus tour to Santa Fe

Enjoy opera under the stars in the beautiful mountains of New Mexico during the Emeritus tour to the Santa Fe Summer Festival of Music, Aug. 2-8. The trip, led by Professional Patrick Casali, is sponsored by Oakton Community College.

The Santa Fe Opera is famous for its magnificent productions and impeccable musical standards. Productions scheduled during the tour include: La Boheme, The Magic Flute and Capriccio, including transportation.

The tour also includes a behind the scenes tour of the Santa Fe Opera outdoor amphitheater and several side trips to historical sites, museums and shops in Albuquerque and Santa Fe.

The total cost of the trip is \$1475 per person based on double occupancy, including round trip transportation, theater tickets, taxes and gratuities. To register and for more information, call Bea Cornelissen at (708) 635-1812.

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Those Golden Years

Ballard name change reflects expanded role



Eli Pick (left) and Mark Pick show off Ballard's new sign, showing the residence's new name.

"As we continued to develop new programs and services, it became evident that our name was no longer reflective of the environment Ballard has come to offer," said Eli Pick, Ballard's Executive Director. "Referring to ourselves as Ballard, a healthcare residence in Des Plaines, more accurately depicts the services we provide."

"Meeting the special needs of our clients is our mission, and by adding innovative programs and listening to our clients we remain dedicated to this commitment."

Ballard's new programs include a respite break designed to provide relief to caregivers of family members with dementia and rehabilitative stays for clients who need more time to recuperate and regain their strength before returning home.

The recent staff addition of a Gerontological Nurse Practitioner (GNP) is also a step in the direction of matching services to our customer's needs. The specialty of advanced gerontological

nursing care refers to the study and consideration of all aspects of the aging adult. "Providing for the expanded needs of today's older adult is a proactive approach new to the long term care industry," commented Doris Billhorn, Ballard's new GNP and Clinical Program Director.

"As a provider of geriatric services, we feel that it is our responsibility to assume a leadership role in the field of gerontology. By keeping the public informed of advances and issues in geriatric healthcare and helping them to choose the best healthcare option, we have been able to forge a role as a community resource," said Eli Pick.

Ballard is a licensed healthcare residence that has been providing services for both short term and long term clients since 1975. It is accredited by the Joint Commission on Accreditation of Healthcare Organizations and holds a 6-Star QUIP Award from the state of Illinois.

Parkinson's support group plans meeting

The monthly meeting of a Parkinson's disease support group for patients under 60 and their families will be held at 7 p.m. on Wednesday, April 21, at the Glenbrook Hospital, 2100 Pfingsten Rd., Glenview.

This month, physical therapist Mia Bolen will discuss the physical problems associated with Parkinson's and demonstrate exercises that improve flexibility and strength. Occupational therapist Char Neumann will offer practical suggestions for self care in dealing with problems at work.

After their presentation the regular support group meeting will be held. Group members meet to share their feelings, coping techniques and information on various aspects of living with Parkinson's disease.

Refreshments will be served. The meeting is free of charge and open to the public. The group meets the third Wednesday of the month. For more information, call the division of neurology at (708) 657-5875 between 10 a.m. to noon and 1 p.m. to 3 p.m., Monday through Friday.

Those Golden Years

Music is therapeutic for Ballard residents

Louis Lambis is the most popular music maker in Chicagoland, at least to a small group of his fans at Ballard, a healthcare residence in Des Plaines.

Lambis conducts Ballard's Music Therapy sessions and enjoys a following of about thirty-five men and women. Lambis is Ballard's Music Coordinator and his sessions are much more than sing-alongs.

"They are a way to bring joy, enrich lives, stimulate feelings and connect past and present by stimulating memories which do not go in a straight chronological line," Lambis explains. "These songs connect participants with their past lives and put them in touch with themselves and with each other."

Several times a week, Lambis leads the group in songs like "Daisy, Daisy," "My Bonnie Lies Over the Ocean" or "Let Me Call You Sweetheart," rarely varying

the repertoire from session to session. Most of those participating smile, sing along, tap their feet or clap in time to the music. Occasionally, someone will rise and do a ballroom glide or two. Or a singer will turn to a silent neighbor and urge him or her to join in.

Lambis has a resonant baritone voice and the quick, sure movements of an actor as he walks about the room interrupting his own singing to pat a shoulder here or give a word of encouragement there. In fact, he acted in off-Broadway productions in New York for 11 years.

He grew up in Chicago's Edgewater neighborhood, graduated from Oak Park High School, and received his Bachelor of Arts degree in drama and psychology from Northeastern Illinois University.

Before coming to Ballard a little over a year ago, he worked with adolescent wards of the state at the Methodist Youth Center in Chicago and with retarded children at the Approved Home, also in Chicago.



Louis Lambis, music therapy coordinator at Ballard, dances with resident Mildred Tanella.

Learn about Social Services for Seniors

Information about social services, educational programs and other resources for older adults will be shared at a lecture presented jointly by Rush Anchor HM's Geriatrics Section and the Family Counseling Service of Evanston and Skokie Valley.

The one-hour program will be held on Thursday, April 22 from 1:30 to 2:30 p.m. at Rush North Shore Medical Center, 9600 Gross Point Rd., Professional Building, Main Lobby, Room GPA1. This free program is open to the public.

The featured speaker will be Diane Niemeyer, senior outreach coordinator for Family Counseling Service of Evanston and Skokie Valley. Niemeyer's presentation will focus primarily on community resources available to the elderly in the North Shore area.

Family Counseling Service of Evanston and Skokie Valley provides a variety of health and community services for North Shore residents.

To register and receive more information, call (312) 986-4758. Refreshments will be served.

Golden Home Rummage Sale

The Goldman Nursing Home, 6601 W. Touhy Ave., Niles will be having their annual rummage sale on April 25 from 9 a.m. to 2 p.m.

The Goldman Home is located on the corner of Harts Road and Touhy Avenue. Items to be sold are household items, clothing, toys, and books. Furniture will not be for sale.

Free blood pressure screenings

Holy Family Hospital offers free blood pressure screenings every Wednesday from 1:30 to 3 p.m. in the Outpatient Lobby at the hospital, located at the corner of Golf and River roads in Des Plaines.

For more information, please call MedConnection, Holy Family Hospital's free physician referral and appointment service at (708) 297-1800 ext. 1110.

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IMMEDIATE OCCUPANCY

Holy Family Health Center expands physical therapy

Holy Family Health Center, located at 2380 E. Dempster St., Des Plaines, has expanded its physical therapy, occupational

therapy and speech pathology services to include more treatment modalities for both inpatients and outpatients.

As a Medicare-certified community nursing home, the Health Center provides a continuum of intermediate to skilled care. A variety of quality services include respite care, rehabilitation, an Alzheimer's unit, ventilator care, podiatric and dental care and more.

Holy Family Health Center is affiliated with Holy Family Hospital and Rush-Presbyterian-St. Luke's Medical Center. Holy Family is located at the corner of Golf and River Roads in Des Plaines. For more information about physical therapy services offered by the center, call the admissions director of Physical Therapy Director Rosemarie Gloeckner at (708) 296-3335.

Musicals available to Gold Card members

District 207 Gold Card Club members have their choice of three Broadway musicals that will be presented free of charge this spring in the three Maine high schools.

A thank-you to senior citizens for their support, Gold Card Club membership is open to all residents 62 and over. "Our schools don't just belong to the teenagers who attend them," said James L. Elliott, superintendent. "They belong to the people who support them with their tax dollars."

"Brigadoon" will be presented

for Gold Card Club members on Thursday, April 22 at 2 p.m. at Maine South High School, 1111 S. Dec Rd., Park Ridge.

"Camelot" will be presented on Thursday, April 29 at 4 p.m. at Maine East High School, 2601 W. Dempster, Park Ridge.

"Babes in Arms" will be presented Thursday, April 29 at 4:15 p.m. at Maine West High School, 1755 S. Wolf Rd., Des Plaines.

To find out how to become a Gold Card Club member, call the district office at 696-3600.

Glenview Terrace volunteers give from the heart



Volunteer Joan Pritchard leads an Art Appreciation group for the residents at Glenview Terrace Nursing Center.



Students from Glenbrook South High School visit with Glenview Terrace residents twice a month.

Magic Show at North Shore

Seniors are invited to become spellbound at ABRACADABRA, an afternoon of magic and illusions at The North Shore Retirement Hotel on Wednesday, May 19 from 2:30 p.m. - 4 p.m. at 1611 Chicago Ave., Evanston. The event is free and open to seniors.

Magician Terry Evanswood will mesmerize and captivate guests with intricate feats of magic and illusion in The North Shore's Grand Ballroom. His fast-paced Las Vegas style adds a unique dimension to the ancient art of deception. From the intimacy of sleight of hand to the grandeur of masterful illusion, Evanswood is destined to revolutionize the art of magic and have guests sitting on the edge of their seats.

After the performance, don't do a disappearing act because everyone is welcome to enjoy refreshments with friends.

For further information on ABRACADABRA at the North Shore Retirement Hotel, contact Sandra Small at (708) 864-6400.

Volunteering at Glenview Terrace Nursing Center is multifaceted with people of all ages and backgrounds coming together and giving freely of their time and energy. They participate in all types of activities ranging from local high school students visiting residents to community residents coming to lead an art appreciation group.

Nationally, volunteers comprise a growing segment of the population that annually contributes 20.5 billion hours towards health, education and welfare organizations. Because of the im-

portant roles that volunteers play, the week of April 18-24 has been designated National Volunteer Week.

"Our volunteers should be recognized," says Roberta Weinstein, Director of Activities. "They provide an invaluable service throughout the year."

Volunteers' impact can be felt on every floor of Glenview Terrace. One group that regularly visits residents is the Key Club from Glenbrook South High School. Students from all grade levels participate in this inter-generational program.

"This is a great program for the students and the residents," says Jean Goerth, co-advisor for the Club. "It broadens their understanding of the elderly and also fills a need for many of them to have a relationship with a grandparent figure."

Whatever the activity, or whoever the volunteer, they all have one thing in common. "These are all kind-hearted people who feel we appreciate their services," says Weinstein. "They feel good reaching out to someone else. Often times, they have a common bond that they have lost an older friend or relative and they want to continue a relationship with someone of that age."

Volunteering seems to peak during the months of December. "We really appreciate people volunteering at anytime," says Weinstein, "and want to encourage them to visit throughout the year, including the months after the holidays. Anyone who wants to volunteer can really make an impact at that time, especially."

Persons wishing to volunteer their services at Glenview Terrace Nursing Center, 1511 Greenwood Road in Glenview, should call Roberta Weinstein at (708) 729-9090.

"Retirement" Benefits: It Means What It Says

by Thomas A. Curin
Social Security Manager in Des Plaines, IL

If you own a business or are an officer of a corporation, especially a family-owned corporation, you can expect to spend some extra time with a Social Security representative when you file for your retirement benefits. The extra time will be needed to fill out some forms that are designed to elicit information about your business, any services you still perform and the compensation you receive for those services, and the arrangements that have been made to replace you.

Not surprisingly, Social Security "retirement" benefits are paid to people who have "retired." The law permits Social Security recipients to continue to work and receive their benefits as long as they keep their earnings under certain limits. For people age 65 through 69, the 1993 limits is \$10,560. People under 65 can earn up to \$7,580.

However, if you're self-employed, we also consider the amount of work you perform in your business and the payment you receive for your services. This is then compared with the amount of work performed and the payment you received prior to your retirement. We do this because business owners and corporate officers are in a position to control their earnings and there is a possibility that they will continue to operate their business full time while paying themselves a reduced salary just to stay under the Social Security earnings limit. Under the law, an owner may receive retirement benefits if he or she hires someone to manage the business or to perform certain activities that the owner performed prior to retirement. The owner may then reduce his or her wages to take into account the reduction in duties. Sometimes an owner simply turns the business and all the earnings over to his or her spouse while retaining control and continuing to work and manage the business. In this situation, the person is not actually "retired" and Social Security "retirement" benefits will not be paid.

Many self-employed individuals set up these arrangements with their spouse with the best of intentions, figuring they've discovered a way to collect Social Security and retain their former role in their business or corporation. Only when they talk to a Social Security representative do they learn the arrangement is improper. Unfortunately, by then extra time and effort is needed to file amended tax returns and adjust Social Security records. And on top of that, processing of the Social Security retirement claim may be delayed.

The best advice is to check with Social Security well before you plan to file for benefits. And remember: you have to "retire" to collect "retirement" benefits - or at least significantly reduce your involvement in your business and keep your earnings under the limits.

VNA North: A cure for today's health care ills

The search for photos and historical records of the Visiting Nurse Association North has uncovered early papers that put today's health care debate into sharp focus.

VNA North was founded in 1897 as a philanthropy of the Woman's Club of Evanston. In the seemingly quaint expression of that day, "The endeavor is made to treat each individual case as its peculiar necessities seem to demand, giving help in time of greatest need, and saving the small wage-earner so far as possible, from the worry of debt and discouragement consequent upon severe illness."

Board Chairman Carolyn Rademacher observed, "We had the right idea all along. We started out with one nurse traversing the streets of Evanston on a bicycle. She made 10 or 11 visits every day and cared for about 400 patients a year. We use the same model now - minus the bike - and we place our services within the financial reach of everyone who needs care."

The Visiting Nurse Association North is a free-standing, not-for-profit home health care agency serving Chicago's northside and northern suburbs from Foster Avenue north to HalfDay Road and from Lake Michigan all the way to Barrington. Caring for young and old patients in their homes, regardless of ability to pay, the 200-member VNA North staff includes nurses, rehab therapists, IV specialists, social work-

ers, nurse's aides and companion/homemakers.

The increased demand for home care can be attributed in part to cutbacks in hospital insurance benefits and cost-containment measures that send patients home before they can function independently. Advances in health technology also play a role, in that some kinds of high-tech care can be provided in the home as efficiently as in a hospital. The demand for home care is likely to increase as the country's population ages.

Phyllis Anderson, President of VNA North, admits that the government and the insurance industry promote home care as a way to contain health care costs. But she is quick to point out that in this age of high technology, people are looking for humane and dignified alternatives to prolonged hospital stays. "Home-based care offers unique restorative powers for people of all ages," she says. "Our staff care for disabled children living at home, convalescing parents who need to be near their families, and people recovering from accidents, surgery and strokes. Home health services are especially helpful for the frail elderly," she adds. "And when people are approaching death, they and their families choose home hospice because it preserves their dignity and respects their wishes. That is what VNA North is all about."

VNA North provides a comprehensive array of home health

services that range from skilled nursing, high-tech IV treatments and rehabilitative therapies to homemaker and companion programs. For 14 years, VNA North has operated a Home Hospice program which provides care for terminally ill patients and support for their families. There also is a RespiteCare program to sustain caregivers of the frail elderly and disabled children. Last year, the organization provided more than 45,000 home nursing visits, almost 6,000 home hospice days, 34,500 hours of home support services, and 11,000 hours of volunteer respite for 870 family caregivers.

Restrictions on third-party coverage often deny access to many whose financial resources are dwindling. VNA North provides care on a sliding fee scale to low-income clients who do not have private insurance or Medicare but still need home care. The organization also offers designed care and a bath program to supplement care being provided by family caregivers in the home. These innovative approaches to service delivery are supported through private contributions and the United Way.

The VNA North serves Chicago from Foster Avenue north and 28 suburban communities. Local communities are Des Plaines, Golf, Park Ridge, Skokie, Evanston, Lincolnwood, Niles, Glenview and Morton Grove.

Friendship Village volunteers honored

Friendship Village honors over 100 volunteers at a banquet in Friendship Hall on Wednesday, April 21, at 7 p.m. Under the direction of Volunteer Coordinator, Kathy Irwin, volunteers ranging from 11 years of age to almost 90 years of age have donated approximately 12,000 hours of service to the residents.

Volunteers will enjoy a five course meal prepared by the Village's own food service department. Following the dinner and presentation of Certificates of Appreciation, guests will enjoy the entertainment of "Ladies Night Out".

Friendship Village is a nationally accredited retirement community serving people of retirement age for the past 15 years. It is located at 350 W. Schaumburg Road in Schaumburg, Illinois. For further information, call (708) 884-5000.

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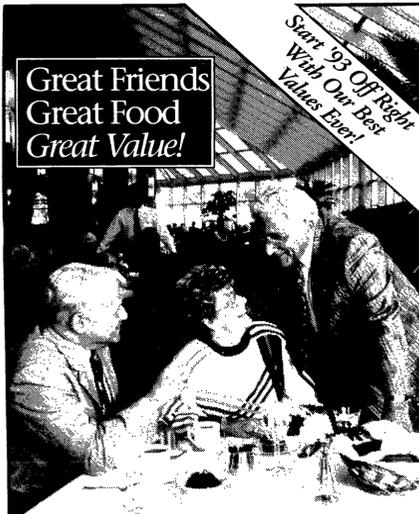
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Director of Human Resources for Ballard

Cynthia M. Peto has been appointed to Director of Human Resources for Ballard, a healthcare residence in Des Plaines, announced Eli Pick, Ballard's Executive Director.

"Ms. Peto's position is new to Ballard, and was created, in part, to spearhead Ballard's new Continuous Quality Improvement program," said Eli Pick.

"Continuous Quality Improvement (CQI) is a customer-driven approach to quality service," explained Ms. Peto. "It is a process that entails building relationships between departments and empowering all staff to participate in problem solving and decision making."

"Although it is well established among hospitals, Continuous Quality Improvement is relatively new to the long term care

industry," commented Pick. "Ballard has initiated a CQI program in an effort to meet and exceed customer expectations and improve the overall quality of care."

As Director of Human Resources, Ms. Peto will also be responsible for new employee selection and orientation, benefits administration, and training and development. "Ms. Peto's extensive background in training and human relations will be a great asset to Ballard," said Pick.

Before coming to Ballard, Ms. Peto taught Human Relations and Organizational Behavior at Greenville College in Greenville, South Carolina and Tri-County Technical College, Pendleton, S.C.

Ms. Peto holds a Master of Science Degree in Industrial/Organizational Psychology from



Cynthia M. Peto

Clemson University, Clemson, S.C. and a Bachelor of Science Degree in Psychology from Indiana University. She is a member of the Greater Chicago Area Industrial and Organizational Psychologists.

Ballard is a licensed healthcare residence that has been providing services for both short term and long term clients since 1975. It is accredited by the Joint Commission on Accreditation of Healthcare Organizations and holds a 6-Star QUIP Award from the state of Illinois.

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Mr. Eli Pick
Executive Director
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Your entire staff gave far in excess of what would be considered normal. I came away with the impression that Mom was considered by the staff as a member of their own personal families. The care she was given far exceeded that which would have been rendered at any hospital.

Again, on the behalf of our entire family, many, many thanks to you and your entire staff.

Kindest Regards,

Jack H. Mittel

Jack H. Mittel



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'Say the Secret Word'



Maine Township Seniors Director Sue Neuschel (right) as Dinah Shore conducts a celebrity interview of Groucho Marx, otherwise known to the seniors as Mike Provenzano of Niles, as 5th and 6th graders from South School in Des Plaines wait in the wings during an intergenerational musical program with the Seniors at their March luncheon.

The song and dance program, "See the U.S.A.," starring students and seniors, toured the country from coast to coast with song and dance routines from Disneyland, New Orleans, New York and Texas - culminating with the Woody Guthrie classic, "This Land is Your Land."

Resurrection Retirement Community open house

Resurrection Retirement Community invites community residents to an open house on Sunday, April 18, at 7262 W. Peterson Ave., Chicago. The open house, featuring its efficiency apartments, will be held from noon to 3 p.m.

A limited number of efficiency apartments are now available for occupancy. The retirement complex includes 473 apartments in a comfortable, secure and home-like environment. Residents enjoy a variety of activities tailored to their interests. Other amenities include daily religious services; a library; on-site banking, beauty salon and laundry facilities.

Appointments are required to attend the open house. For more information and registration, call Lynn Marie Simmons or Cindy Duszynski at (312) 792-7930.

Resurrection Retirement Community is affiliated with Resurrection Health Care Corporation, which also includes Resurrection Medical Center, Our Lady of the Resurrection Medical Center, Resurrection Nursing Pavilion and three Immediate Care Centers.

Cinco De Mayo at Lawrence House

All seniors and senioritas are invited to travel south of the border to the Lawrence House Retirement Hotel's Cinco De Mayo fiesta on Wednesday, May 5 from 2 to 4 p.m. at 1020 W. Lawrence Ave., Chicago. No pesos are required because the fiesta is free and open to seniors.

Ethnic dancers from Chicago's Julia Center will perform.

Pandulce (sweet bread), fruit drinks and other Mexican specialties will be provided. Everyone will have a chance to break open the pinata and there will be handmade Mexican artwork and crafts for sale, as well.

For further information on the Lawrence House Retirement Hotel's Cinco De Mayo fiesta contact Marcia Lawrence at (312) 561-2100.

Spring at Leaning Tower Senior Center

April is here and signs of Spring activities are showing up at the Leaning Tower Senior Adult Center, 6300 W. Touhy Ave., Niles. The Senior Center under the able direction of Lois Dickert, is open to men and women 60 years and older and not just from Niles. Seniors from the North Side of Chicago and most of the North and Northwest suburbs belong to Leaning Tower Senior Adult Center.

The most popular activities, of course, are swimming and the senior exercise class. Senior members swim from 11 a.m. to 3 p.m. 4 days per week. The exercise class meets 3 days per week. In addition there are 3 different dance groups, line dancing, square dancing and ballroom dancing. There are parties, trips and special events. There is a bowling league, bridge lessons, pinocle lessons, a duplicate bridge group and the senior center has its own chorus, The Tower Tones. There is an annual picnic, a monthly birthday party and a large annual Christmas Party. For information call the Senior Center at (708) 647-8222, ext. 2235.

In addition to all these activities, there is an Outreach Program supervised by Rose-Wahlburg

consisting of 10 Friendly Visitors, who visit about 200 elderly in Niles Township area Nursing Homes and about 50 isolated shut-ins in their own home. Other community services include Free Income Tax Assistance, Blood Pressure Screening, Information & Referral, Bus Passes for seniors over 65, and much more.

The Center is open 4 days per week, Monday, Tuesday, Wednesday and Friday from 10 a.m. to 3 p.m. Come in or call for a brochure and information on joining Leaning Tower Senior Center.

Between 62 and 65 Most workers are eligible for full Social Security retirement benefits at age 65. Workers also have the option of receiving a reduced benefit before age 65—as early as age 62. Benefits are reduced five-ninths of 1 percent for each month they are received between ages 62 and 65. For example, if you retire at age 64, your benefit will be reduced about 7 percent. If you choose to retire at age 62, the benefit will be reduced by 20 percent. The disadvantage to retiring before age 65 is that you will receive a smaller Social Security benefit each month. The advantage is that you'll receive your benefits over a longer period of time.

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Forest speaker on "Sandwich Generation"

The "sandwich generation" - adult care givers responsible for elderly parents as well as their children - will be the topic of a free presentation by clinical psychologist Jerry Hiller, Psy.D., of Forest Hospital on April 25 at Christ Church in Des Plaines.

Dr. Hiller, a member of the Forest Hospital professional staff, will begin the presentation at 10:45 a.m. at the church, 1492 Henry in Des Plaines. Admission to the presentation, part of the church's adult continuing education program, is free.

"Adults who fall into the sandwich generation are under a great deal of stress today," Dr. Hiller said. "They need guidance on how to manage stress, be responsible to their parents and children and still have a life of their own."

The unstable economy and various societal factors today have created greater demands on middle-aged adults than at any time in the past, Dr. Hiller pointed out.

"Many men and women of this age are caught between caring for

young adult children still living at home and aging parents with greater life expectancies," Dr. Hiller said. "At the same time, they themselves may be out of a job, sacrificed at the altar of corporate downsizing."

Dr. Hiller has spoken extensively on the "sandwich generation" and other current issues through "Repair My House," a free psychoeducational series presented at St. Peter's Church in Chicago's Loop.

For more information, call Virginia Ericson, associate pastor at Christ Church, at (708) 297-4230.

Serving the northwest suburbs for more than 35 years, Forest Hospital is a private psychiatric facility offering treatment programs for children, adolescents and adults suffering from mental or emotional disorders. The hospital also offers comprehensive programs for eating disorders, dual diagnosis, substance abuse and partial hospitalizations, as well as a range of outpatient services.

St. Matthew's Faith Place opens



Faith Place resident Emma Herwaldt and staff member Amy Fletcher share a tender moment. The home-like atmosphere that the unit's director, LeAnne Arsenneau, has developed facilitates relationships like this. Because of the low resident-to-staff ratio staff members are able to relate more intimately to individual residents.

Holy Family seeks rheumatoid arthritis patients

A north suburban research center is seeking patients who have been diagnosed with rheumatoid arthritis to participate in the study of a new investigational immune modulator.

The North Suburban Rheumatologists, Ltd., located in Des Plaines, is directed by Ira L. Melnicoff, M.D., a Holy Family Hospital physician. Dr. Melnicoff is board-certified in internal medicine and rheumatology.

In order to be considered for this study, patients cannot have taken cyclophosphamide (cytox-

an), cyclosporine or chlorambicel (leukeran), and must not have used gold (oral or injectable), methotrexate (rheumatrex), imuran (azathioprine) or anti-malarials (plaquenil/chloroquine) during the last three months.

Individuals who fulfill the criteria and become participants will receive free physical exams, lab testing and study medications. There is no participation fee.

For more information about the study, call the coordinator at (708) 297-0764.

Offer exercises to people with arthritis

A series of "Exercises for People with Arthritis," sponsored by the Good Health Program of Rush North Shore Medical Center in Skokie, is being held Mondays and Thursdays, from 5:30 to 6:30 p.m., at the Skokie Park District Fieldhouse, 4700 Oakton, Skokie.

For further information or to register, call the medical center's Good Health Program at (708) 933-6695.

Renascence and Mother Frances award recipients

Holy Family Hospital awarded its most esteemed awards, the Renascence and Mother Frances awards, to two gentlemen who have contributed substantially to Holy Family and the Des Plaines community.

The awardees are selected by members of Holy Family's Women's Board and honored annually at the Renascence Ball. Next year's event is scheduled for March 12, 1994, at the Four Seasons Hotel in Chicago.

Award recipient, Kenneth J. Maier, MD, Holy Family's medical imaging chairman, were honored during the seventh annual Renascence Ball held March 27 at the Marriott Lincolnshire.

The awardees are selected by members of Holy Family's Women's Board and honored annually at the Renascence Ball. Next year's event is scheduled for March 12, 1994, at the Four Seasons Hotel in Chicago.

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PACE begins service to Des Plaines Senior Center



Officials from Pace, the Des Plaines Senior Center, and the City of Des Plaines were on hand to greet local residents and kick off the new routing of Pace Route 230. The route now makes a number of trips into the Prairie Lakes Community Center where the senior center is located. Members of the senior center are shown from back left to right: Ozzie Steele, Pace Intergovernmental Affairs, Area Coordinator Supervisor, Joanne Abbott, Executive Director, Des Plaines Community Senior Center, Mayor Michael Albrecht and Wayne Stell, Transportation Supervisor, Pace North-west Division.

Home fire safety: What seniors need to know

Americans over the age of 65 are at the greatest risk of dying in a fire. 75% of the 1,300 seniors who perish each year do not have a working smoke detector in their homes.

- If you are a senior, remember to do the following:
 - Have a smoke detector installed in your home, make sure it's checked out at least monthly.
 - Have a licensed electrician examine the wiring in your home; also, have the wiring on your appliances checked out.

Intergenerational sing at Friendship Village

The Elk Grove Senior Choir joins the residents of Friendship Village for an evening of song on Thursday, April 15, at 7 p.m. in Friendship Hall. The choir of approximately 90 students from Elk Grove High School will begin the evening with a variety of popular melodies. During the performance, about 25 residents of the Village will join the students in singing a collection of patriotic songs. Both choirs have been working independently on songs such as This Is My Country, Grand Old

- Keep space heaters away from flammable materials.
- Never cook in loose-fitting clothing that could catch fire over the stove.
- If you are forgetful, put a big sign in your kitchen reminding you to turn off the burners.
- Avoid smoking inside the house. If you must smoke, do not smoke in bed, around upholstered furniture or near anything that may ignite easily.

- Keep your address and directions to your house next to your phone, in case you have to call to report an emergency.
- If the fire breaks out, put a cloth or towel over your mouth and nose, and crawl low on the floor to the nearest exit.
- In case of a fire: get out of the house immediately; call for emergency assistance; and do not go back into the house for any reason.
- Talk to other seniors about starting a fire prevention education group; invite a fire official to a meeting.

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Regency sponsors Parkinson's Support Group

Regency Nursing Centre, 6631 N. Milwaukee Ave., Niles, has announced plans to sponsor a Parkinson's Support Group offering informal, informative monthly meetings on Parkinson's Disease to be held on the third Wednesday of each month in the Regency first floor dining room from 7 to 9 p.m. Currently Regency has several Parkinson residents and was recently asked by the Chicago Area Chapter of the American Parkinson Disease Association to start a support group. In keeping with their 20 year tradition of meeting the needs of the older adult community, Regency Nursing Centre is proud to offer their facility and services in support of this group. The monthly meetings will be facilitated by Julie Fleckenstein, Regency's Social Service Coordinator and Donna Konec, a North-

eastern University student who is currently working on her Masters in Gerontology.

Susan Stoken, Editor of the "Chicago Parkinson" Newsletter has stated that "Although a support group cannot and should not replace the doctor in diagnosing and treating Parkinson's Disease, we believe the social, emotional and educational benefits of support groups are invaluable."

Offering a varied format, with occasional guest speakers, the Regency Parkinson's Support Group meetings will encourage group interaction and is open to all Parkinsonians, their families, friends and all other interested parties. The first meeting will be held on Wednesday, April 21.

Regency also sponsors an Alzheimer's Support Group which is held the last Wednesday of each month at 7 p.m.

Seniors invited to annual Mass

Senior citizens of all faiths and denominations are invited to the 22nd annual Senior Unity Mass on Thursday, May 6, beginning at 10 a.m. at Holy Name Cathedral, 735 N. State St. in Chicago. The Most Reverend Placido Rodriguez, C.M.F., auxiliary bishop of Chicago, will be the main celebrant of the Mass which is sponsored by Catholic Charities of the Archdiocese of Chicago. Reverend Edwin M. Conway, adminis-

trator, and other priests from Catholic Charities will concelebrate the Mass with Bishop Rodriguez.

Weather permitting, refreshments will be served after Mass in the Cathedral courtyard. The north courtyard entrance of the Cathedral is wheelchair accessible. Reservations are not necessary. For more information, call Dorothy Miskinis at Catholic Charities at (312) 465-3005.

Timely Talks For Seniors at Norwood Park Home

"Final Choices" The Basics of Living Wills, Durable Power of Attorney for Health Care, Do Not Resuscitate, and Surrogates" is the title of the next installment of Norwood Park Home's continuing series, "Timely Talks for Seniors." Louise Amato, a registered nurse who has first-hand experience in advising seniors and their families about these important life decisions, will speak on

Thursday, April 22 at 2 p.m. at Norwood Park Home, 6016 N. Nina Ave., Chicago. Admission is free, light refreshments will be served, and all are welcome. More information is available at (312) 631-4856.

"Many people neglect to make important advance decisions related to health care -- their own or their parents'. With some planning, you can be sure your actions are the right ones in a time of crisis," says Mrs. Amato, a member of Norwood Park Home's nursing staff for 4 years.

A 20-minute video titled "Timely Decisions: Will They Know What You Want Them To Do?" will be shown along with Mrs. Amato's talk.

Norwood Park Home is a residence for seniors located on Chicago's far northwest edge. It offers full dining and housekeeping services, plentiful social activities, nursing care, and many other comforts to its nearly 200 residents.

Traveling Troupes present Oakton shows

The nationally acclaimed Acting Up! and Acting Up Too! traveling troupes, sponsored by Oakton Community College, will present six performances in the performing Arts Center at Oakton's Des Plaines campus, 1600 E. Golf Road. Under the direction of Joyce Stern Greenberg, producing director of the Older Adult Performing Arts Program, the two troupes, consisting of men and women all over the age of 60, will perform, entirely different productions. Both troupes will

use original lyrics, music and humor to challenge the myths of aging.

Acting Up! will perform on Wednesday, April 28, and Wednesday, May 5, at 1 p.m. and Friday, May 7, at 8 p.m. Acting Up Too! will perform on Thursday, April 29, and Friday, May 7, at 1:30 p.m. and Saturday, May 8, at 8 p.m.

Tickets are \$7 general admission and \$5 for students/seniors. For tickets, call the Oakton Box Office at (708) 635-1900.

Glenbridge opens Alzheimer's Unit



Glenbridge Nursing & Rehabilitation Centre, 8333 W. Golf, Niles, recognizes that individuals with Alzheimer's Disease need personalized programs and services which are appropriate for this very special population. The professional and highly skilled staff at Glenbridge is dedicated to improving and enhancing the quality of life for each resident diagnosed with Alzheimer's Disease. The compassionate, tranquil, restraint-free environment provides 24-hour exceptional nursing care and medical supervision. A team approach offers the ultimate care necessary to meet each resident's unique needs. The team consists of doctors, nurses, nursing assistants, social workers, rehabilitation therapists, activity and recreation specialists, dietitians, and consultants. Glenbridge's goal is to meet the special needs of each resident through a sensitive, safe, loving and supportive environment. Care, comfort and security are a priority at Glenbridge.

Caring for someone with Alzheimer's Disease, often creates

significant emotional stress and trauma for family members. Glenbridge understands and addresses this issue by offering support groups for the families of residents. Caregivers and loved ones may often feel angry, confused, fearful, depressed or overwhelmed. Alzheimer's Family Support Groups can help ease the emotional distress as members hear their experiences, provide one another with emotional support, and learn tools for personal growth through the direction of a professional facilitator. Support groups meet at Glenbridge the first Wednesday of each month. In addition, Glenbridge offers respite or vacation stays for Alzheimer's patients. This provides the opportunity for family members to take a much needed vacation, and rest assured that the responsibilities caring for the Alzheimer's patient will be provided in Glenbridge's safe, supportive "home away from home."

For more information on Alzheimer's care, call Sharon Moravec (Admissions Director) at Glenbridge, (708) 966-9190.

Regency celebrates with The Centurians

Regency Nursing Centre, 6631 N. Milwaukee Avenue, recently celebrated the birthdays of four (4) extraordinary residents who have reached...or surpassed...that amazing century milestone. These "Young-at-heart" folks who help make Regency such a special place are:

Lydia Paladino - 103 years young. Born: 1889. She has been a Regency resident since 1990. Lydia enjoys daily visits with her best friend, Helen, also a Regency resident. She attends most of the activities, especially all the music programs. When asked what her wish was when she blew out her candles, Lydia replied "A few more good years!"

Elizabeth Cervinec - 102 years young. Born: 1889. Regency resident since 1992. Elizabeth likes going to the Morning Activity Program, but her favorite love is sewing. She still makes her own clothing...sewing each piece entirely by hand. If she doesn't like the style of a dress, she completely remakes it or designs something herself.

Elmer Frohardt - 101 years young. Born: 1892. Regency resident since 1991. Still very active, Elmer enjoys going out into



Shown above from l to r: Regency Nursing Centre resident centenarians Elizabeth Cervinec, Clara Morrow, Elmer Frohardt and Lydia Paladino.

the community to various musical productions. He bowls, plays bingo, bakes and regularly attends all the Regency activities. He gets the most enjoyment from his daily visits, and long walks with his son.

Clara Morrow - 100 years young. Born: 1892. Regency resident since 1987. With her best friend and room-mate, Marie, Clara enjoys participating in all

the daily activities and loves to attend plays and musicals out in the community. Our February birthday girl, Clara is a wonderful speller and is active in all our "Spelling Bees" which she usually wins for her floor.

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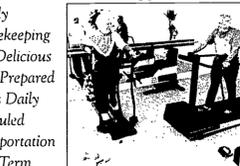


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Ballard resident wins bowling trophies



Ballard, a healthcare residence in Des Plaines, is now proudly displaying a bowling trophy brought home by William Hatting, a seasoned bowler and Ballard resident of eleven years. William's team won the 1992-1993 end of season award for highest score in their tournament organized by the Maine-Niles Special Recreation Association (MNSRA). The trophy was provided by the Des Plaines Kiwanis Club. Having bowled for the MNSRA for five years now, this is not the first trophy William has been awarded. He also covets a second trophy won two years ago. There are 3 bowling seasons: winter, summer and fall, and Williams is a faithful participant each season.

William is an active member of the community through the SRA, as association for people with special needs, and attends outings and activities about three times a week. "William has even gone on a camping trip with the MNSRA," said Sneha Colonna, Ballard's Director of Activities.

Ballard is a licensed healthcare residence that has been providing services for both short term and long term clients since 1975. It is accredited by the Joint Commission on Accreditation of Healthcare Organizations and holds a 6-Star QUIP Award from the State of Illinois.

Name director of human resources at Ballard

Cynthia M. Peto has been appointed to Director of Human Resources for Ballard, a healthcare residence in Des Plaines, announced Eli Pick, Ballard's Executive Director.

"Ms. Peto's position is new to Ballard, and was created, in part, to spearhead Ballard's new Continuous Quality Improvement program," said Eli Pick.

"Continuous Quality Improvement (CQI) is a customer-driven approach to quality service," explained Ms. Peto. "It is a process that entails building relationships between departments and empowering all staff to participate in problem solving and decision making."

"Although it is well established among hospitals, Continuous Quality Improvement is relatively new to the long term care industry," commented Pick. "Ballard has initiated a CQI program in an effort to meet and exceed customer expectations and to improve the overall quality of care."

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St. Matthew fundraiser a success

St. Matthew Lutheran Home of Park Ridge conducted its third spaghetti dinner fundraiser at St. Andrews Lutheran Church on Saturday, April 13.

Ticket sales, donations, a raffle and silent auction netted over \$12,000 to support the completion of the St. Matthew's Faith Place Alzheimer's Unit.

Over 100 local volunteers participated and over 60 local businesses donated items for the silent auction or donated funds. The crowd enjoyed seeing local and state politicians including Senator Marty Butler, Park Ridge Mayor Ron Weitecha and Illinois Lt. Governor Bob Kustra. Chicago Bears team member Maury Buford also attended.

Over 650 guests filled St. Andrews Church in support of St. Matthew Home. The dinner has become a tradition among many local church congregations. Many guests look forward to the dinner as an opportunity to catch up with old friends.

Plans are in place for St. Matthew's Fourth Annual Spaghetti Dinner scheduled for Spring 1994.

Tours offered at Bethany Retirement Home

An Open House, highlighting personalized tours of the beautiful Bethany Retirement Home, will be featured during the Retirement Home's Annual June Festival to be held Thursday, June 10.

The Bethany Retirement Home is located at 4950 N. Ashland (within 10 minutes of Chicago's "Magnificent Mile").

All are invited to attend the June Festival which will feature booths displaying a vast array of wares ranging from colorful arts and craft items to plants, jewelry, books and sundry items. Several booths will also present craft workshops and other special programs throughout the day.

Tours of the Bethany Retirement Home's beautiful facilities will be offered at 11 a.m. and 2 p.m. For additional information, call (312) 989-1501.

Lawrence offers 'free for all' retirement fair

Where can senior citizens get a free manicure, free consultation from the Cook County State's Attorney's office, a free hearing exam and complimentary astrology reading all in one place? -- At the Lawrence House Retirement Home's "Free For All" Retirement Fair on Friday, May 21, 10 a.m. to 2 p.m., 1020 W. Lawrence Avenue, Chicago. The event is free and open to seniors.

Over 40 exhibitors will be on hand to provide seniors with free services, product samples, giveaways, in addition to information concerning health, transportation, aging, law, beauty and much more. While at the "Free For All," be sure to take time to dine in the beautiful Lawrence House garden, a perfect spot to relax and enjoy lunch (\$2 per person box lunch). Personal guided tours of the apartments at the Lawrence House Retirement Hotel will also be available.

For further information, contact Marcia Lawrence at (312) 561-2100.

The Department of Aging will provide RTA reduced fare cards and the CTA will provide senior ID cards to seniors with proper identification. Just for the health of it, seniors can choose from a variety of medical services including hearing screenings from

Doctor warns of bogus arthritis treatments

Marketing unproven arthritis remedies has become big business in the U.S. Last year alone, consumers spent more than \$1 billion on such products.

"Consumers should know what to watch out for before purchasing as remedy not prescribed or recommended by their physician," says Ira L. Melnicoff, D.O., attending rheumatologist at Holy Family Hospital and Fellow of the American College of Rheumatology (ACR).

There are several tell-tale signs indicating a product is suspicious. According to Dr. Melnicoff, the ACR recommends the following guidelines before buying any unproven remedies and warns against taking any product fitting any of the following categories:

- Product claims to help all types of arthritis
- Product claims are made by "users" and not medical researchers
- Product did not undergo multiple medical studies by legitimate research institutions
- Product lists no specific dosage instructions or side effect information

Product cannot be purchased from reputable retailers, rather must be purchased by mail or phone

- Product's ingredients are not disclosed

Many remedies, such as wearing copper and other metals, are based on folklore and have endured by word of mouth for generations. However, growing numbers of products are making claims that rheumatologists feel are giving false hope to millions of consumers desperate for treatment that will bring relief to their joint pain and destruction.

"Any suspicious product, no matter how innocent it appears, should be discussed with a physician," says Dr. Melnicoff.

For more information about rheumatologists on staff at Holy Family Hospital, call MedConnection, Holy Family's free physician referral and appointment service at (708) 297-1800, ext. 1110.

Treat your dentures with tender loving care

If you are among the 23 million people in the United States who have no natural teeth and are about to receive your first set of dentures, here are some tips from the Chicago Dental Society that can help you make your transition to denture wear a smooth one.

First, remember that denture treatment is not a one-time transaction with your dentist. When you first get your dentures, you will receive complete instructions on caring for the oral tissues, placing and removing the dentures, wearing them during sleep and cleaning them.

But your mouth is a living organism; therefore, it constantly changes. Dentures that fit well when you first get them may later need to be adjusted or repaired as the shape of your jaws and gums change. Only your dentist has the training to assure your dentures are in good condition. As a denture wearer, you will need ongoing professional care, including semi-annual check-ups with your dentist.

To keep your mouth healthy and your breath fresh, clean your mouth and dentures daily. Gently brush your gums and tongue and the roof of your mouth with a soft toothbrush or piece of damp gauze.

Plaque, a stick bacterial film constantly forming in your mouth, also forms on dentures. For this reason, dentures must be treated just like natural teeth--you must brush and floss daily.

Your dentist can usually repair and refit a broken or cracked denture, providing it has not been further damaged by your attempt to fix it. However, over-the-counter repair kits contain chemicals and solvents that can damage the plastic materials in the denture. If that happens, or if the broken parts of the denture are not lined up properly, dentures may have to be replaced.

In addition, improper relining of a denture places uneven pressure on the supporting bond and gum ridges, making these ridges shrink away and damaging the hard tissues.

Both reliner and repair kits are required to carry this Food and Drug Administration warning label: "Warning--for temporary use only. Long-term use of this product may lead to faster bone loss, continuing irritation, sores and tumors. For use only until a dentist can be seen."

So, where your health is concerned, don't take chances. See your dentist at least once a year for a thorough oral examination and on-going instruction in denture care.

Nurse relates need for ambulatory care

Joan Ruehrmund, R.N., nurse manager, Ambulatory Care Unit, has seen many changes since she started at Rush North Shore 22 years ago.

"The medical center didn't have an ambulatory care department," Ruehrmund says. "It wasn't until 1985 that we opened our Ambulatory Care Unit -- a relatively new concept at that time. The unit has grown an average of 19 percent a year. For many reasons -- including cost containment and improved technology -- outpatient services have become an important trend in health care. Our unit has grown so much because of this trend and also because we provide the high quality care demanded by our patients and their physicians."

In 1989 the Rush North Shore Ambulatory Care Unit expanded and now it is on the verge of expanding again when the Gross Point Addition opens in March. The new addition for surgery, outpatient services and critical care will contain an outpatient unit to be called the Ambulatory Care Center.

The center will consist of Pre-Surgical Services, which provides convenient registration services, pre-admission testing and patient education programs; a 14-suite unit where outpatients will be brought before and after surgery, and a Special Diagnostics and Treatment Unit, where procedures such as eye surgery and gastro-intestinal diagnostic

tests will be performed. There will also be two rooms for minor surgical procedures. All these outpatient services will be located in one area directly off the lobby, offering patients the convenience of a free-standing surgery center with the added security provided by a full-service hospital.

"The new Ambulatory Care Center has many features that will provide our patients with state-of-the-art medical care in a pleasant setting," says Ruehrmund. "One particular thing I'm excited about is the fact that outpatient who have had surgery will recover in their own room, affording them and their visitors maximum privacy and comfort."

Ruehrmund is one of the many dedicated R.N.s who provide excellent medical care along with support and caring to Rush North Shore patients. She shows her commitment to people in many ways.

For example, Ruehrmund has just returned from a mission to Thailand with Voluntary Optometric Services to Humanity (VOSH). Along with 21 ophthalmic doctors and nurses Ruehrmund distributed 2,500 pairs of eyeglasses to people who otherwise wouldn't have had eye care.

"Helping impoverished people in other countries is not only gratifying but it also makes me more knowledgeable and more able to care for the needs of our patients here," Ruehrmund says.

Alcoholism: Retirement's hidden hazard

Heavy drinking can be a serious problem for retired people. When there is too much leisure time and too few activities, alcohol fills a void. Some older people turn to alcohol to relieve loneliness or pain or for solace following the death of a spouse. In retirement communities where socializing and drinking often go hand-in-hand, alcoholism can become an unwanted guest.

Widowers over the age of 75 have the highest rate of alcoholism in the country, and more than 10 percent of all older adults may suffer from a drinking problem. Although alcoholism is usually considered to peak during middle age, a New York City study showed two peaks: one between the ages of 45 and 54, the other between the ages of 65 and 74.

Experts believe that alcoholism in older adults may be underreported because it is easier to hide when you don't have to report to work every day. Men are usually considered to have a greater problem than women, but women who do not work or who are retired also frequently conceal their drinking. Men are more likely to be diagnosed as alcoholics, whereas women with the same symptoms may be diagnosed as depressed.

Heavy drinking can cause both physical and psychological problems, including, malnutrition, vitamin deficiency, chronic brain disorder, cirrhosis of the liver, memory impairment, anxiety, and depression. Mixing alcohol and prescription drugs, especially painkillers, can be fatal. Former First Lady Betty Ford struggled

against her cross-addiction to alcohol and painkillers, an abuse she called insidious. Studies show that up to 56 percent of all hospital admissions of older people are alcohol-related. According to a 67-year-old man who conquered his alcoholism, drinking marred his health and broke his spirit. In the TIAA-CREF booklet, Voices of Experience, he recounts how he began to drink heavily during the last years of employment but thought the problem would go away when he retired and escaped the pressure of his job.

Instead he found "that late-blooming alcoholism, triggered in retirement by the removal of the restraints of employment, is a common and serious problem. Fortunately, alcoholism is treatable and controllable if there is an honest desire to do so." He sought professional treatment, joined Alcoholics Anonymous, and stopped drinking completely. "For the past five years I have been extremely active, productive, and above all - happy. My health is better than it has been for twenty years. In short, life is now simply great."

Admitting you have a drinking problem is the first, and hardest, step toward a cure. Talk to your doctor and contact your local Alcoholics Anonymous group. The AA phone number is in the white pages of your telephone book. For more information or a free confidential consultation, call Holy Family's Substance Abuse Unit at (708) 299-2555, 24 hours a day.

Seniors agency offers solutions for family leave takers

The alarm is sounding in corporate America. Passage of the Family Medical Leave Act has stirred apprehension in many an executive suite.

While remaining supportive of employees with family concerns, many corporate chiefs can't help but worry about the work to be done and who will be left to take care of business.

Faced with the reality of Family Medical Leave, managers are now wondering how they can minimize disruptions triggered by employees away from critical jobs for weeks on end. What options are there for dealing with the dilemma? One remedy may be to shorten the time an employee needs to be away from work caring for a family member.

The care of a new child presents a challenge which employees often handle by providing for formal or informal day care. With advance planning and careful selection among options, many employees can feel comfortable returning to work earlier than they otherwise would.

At the other end of the age spectrum, a frail older loved one might suddenly need the care of a family member who works. Confronted with this challenge, an employee can turn to the vast array of supportive services offered through the Suburban Area Agency on Aging and its network of community-based senior service organizations.

Professionals in the field of aging can put support services in place to help older adults who experience some difficulty functioning as well as they once did. The services include home delivered meals, senior centers, special transportation, legal assistance, care management, adult day care and chore/housekeeping.

These specialists can also provide counsel on benefit programs that help older adults on limited, fixed incomes deal with the wearisome financial burdens of home ownership, taxes, and high emergency costs. They can also advise seniors and their family members about numerous benefit programs that assist the elderly with escalating medical expenses.

With appropriate services and programs in place, an employee concerned about an older family member can be comfortable returning to work confident that all is well at home.

To help employees dealing with the care of older family members or facing that possibility, the Suburban Area Agency on Aging is now conducting informative workplace presentations describing supportive services and resources for older adults. The presentations include details of numerous benefit and service programs for seniors, including eligibility and access information.

For more information contact Suburban Area Agency on Aging at (708) 383-0258.

Rainbow Hospice available to residents

Resurrection Nursing Pavilion and Rainbow Hospice, Inc., have recently announced that Rainbow Hospice is now providing services to eligible terminally ill residents of Resurrection Nursing Pavilion, 1001 N. Greenwood Ave., Park Ridge.

Rainbow Hospice, Inc., is a not-for-profit organization affiliated with Holy Family Hospital, Lutheran General Hospital, Resurrection Medical Center, and Our Lady of Resurrection Medical Center. It serves the terminally ill and their families in northwest Chicago and surrounding suburbs.

Resurrection Nursing Pavilion hospice clients and their families will receive support and guidance from the interdisciplinary hospice team that is traditionally provided at home. These services include coordination with the patient's attending physician, nursing visits to assist with symptoms.

For further information about Rainbow Hospice care offered at Resurrection Nursing Pavilion, call Rainbow Hospice, Inc., at (708) 292-0550 or Resurrection Nursing Pavilion at (708) 692-5600.

Lawrence House seeks exhibitors

If you're an organization, group or individual involved in serving senior citizens, the Lawrence House Retirement Hotel is interested in inviting you to participate in this free and open to the public "Free For All" Retirement Fair on Friday, May 21 from 10 a.m.-2 p.m. at 1020 W. Lawrence Avenue, Chicago.

There is no registration fee for exhibitors who provide complimentary services, raffle prizes, product samples or other free giveaways directed toward senior citizens.

The Lawrence House Retirement Hotel provides exhibit space and tables to all exhibitors. For further information, contact Jamie Schrero at 708/433-6888.

Resurrection plans Adult Health Fair

An Adult Health Fair will be held on Tuesday, April 27, at Resurrection Medical Center, 7435 W. Talcott Ave., Chicago. The free event will be held from 10 a.m. to noon and 6 to 7:30 p.m. in the Marian Conference Center located on the ground level of the medical center.

Participants will have an opportunity to meet with doctors and other health care professionals including ophthalmologists, radiologists, hearing specialists, occupational therapists, dietitians and nurses. Information about exercise, nutrition, prescriptions, mammography tests and living wills will be available. Hearing and vision screenings will be conducted at the health fair.

Advance registration is required. For more information and registration, call the Weight Management Office at (312) 792-5022 and press 1.

Alliance for Mentally Ill offers support groups

The Alliance for the Mentally Ill-Greater Chicago has support groups for families, for adult children with a mentally ill parent, and for brothers and sisters of a person suffering with schizophrenia, manic depression or depression. The groups are informal and free.

Call (312) 642-3338 for more information.

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RETIREMENT/NURSING HOME

The Bugle

Page 12 Thursday, April 15, 1993

Eye disease affects many

Studies show that disease of the eye and visual system may affect as many as one third the U.S. population (80 million people).

Recently, the North Side Optometric Society, a division of the Illinois Optometric Association, and Advanced Eyecare Associates hosted its Second Annual Continuing Education Seminar at Swedish Covenant Hospital.

The physicians of Advanced Eyecare Associates, Mark A. Rosanova, M.D. and Mary Ann Rosanova-Kaper, as those attending this meeting, are devoted to providing their patients with the best eye care possible through cooperative care.

Dr. Rosanova and Dr. Rosanova-Kaper worked with optometrists in Chicago and the surrounding area to review the importance of early detection and treatment of these sight-threatening diseases. "Early detection and treatment of eye dis-

ease could help prevent the unnecessary loss of sight," according to Dr. Mark Rosanova, Surgical Director of Advanced Eyecare Associates.

This year the meeting focused on two of the diseases causing much of the blindness reported in the U.S. today, Diabetic Retinopathy and Macular Degeneration.

Diabetic Retinopathy is a complication of diabetes. Statistics from the American Academy of Ophthalmology show that 8,000 diabetics lose their sight every year. The longer a person has had diabetes, the more likely they will have diabetic eye disease. Fortunately, if detected and treated early, irreversible vision loss can be prevented.

Individuals who have been diagnosed with diabetes should have their eyes checked at least once a year (as recommended by the American Academy of Ophthalmology).

Aging Macular Degeneration is one of the leading causes of legal blindness in people 55 and older. This disease damaged the macula, the part of your eye responsible for central vision. An individual with macular degeneration would see a dark or empty spot in his center of vision; yet, he would clearly see all objects around that spot.

Early detection and treatment can often slow down the degenerative process, or in rare cases, even stop it.

Those concerned that they might be having trouble with their vision should call Advanced Eyecare Associates, (312) 594-0000, for more information.

Dr. Rosanova encourages everyone to keep in mind that, "one third of all blindness in the U.S. is preventable with today's technology. Through cooperation and education we can stop needless suffering and blindness."

"Lost Wages" Insurance: a loser for seniors

by Martha A. McSteen
President-National Committee
to Preserve Social Security and Medicare

An auto insurance policy that protects against lost wages is a great idea for working Americans. But for those insured drivers who are retired, it's nothing but a drain on their wallets - and a financial windfall for insurers.

Wage-replacement insurance obviously is unnecessary for those who have left the workforce. Yet insurers continue to sell it to retirees who are unaware they are paying for it.

How many seniors are affected by this procedure in how many states is anybody's guess. No one knows, although those familiar with the problem believe it could be a substantial number of seniors in many states.

On the surface, the amount of

money a retiree pays for this coverage isn't a whole lot - it averages between \$25 and \$70 a year. But those individual premiums collectively translate into tidy profits for insurance companies.

The coverage often is hidden deep inside the fine print and technical language of a policy. Sometimes called "lost wage insurance," it frequently is included under "personal injury protection" (which offers back-up insurance for medical expenses) or "uninsured motorist protection" (which covers drivers in collisions with motorists who have no insurance).

There are two important steps retirees should take to avoid paying needlessly for lost-wage protection.

First, ask your insurance agent if your state allows lost-wage protection and, if so, whether you're covered. Remember, it may be difficult to determine just by looking at your policy. Remind the agent that you're retired, then ask him to remove the coverage and request a rebate for the unexpired portion of the policy. Even if your insurance policy clearly shows that you're retired, insurance companies have the right to continue charging you for the coverage unless you specifically ask that the coverage be cancelled. It's unfortunate, but right now, it's legal.

That's why step two is important if you live in a lost-wage-protection state: call your local lawmakers and urge them to change your state's law. Currently, it's not illegal to sell this unneeded coverage to retirees. But it should be. Legislation should require that those over 65 who are retired automatically be excluded from the lost-wage clause.

Most seniors get by on fixed incomes. Following the presentation, the speakers will be available to answer any questions.

Check your policy. Call your local lawmakers. The time for change is now.

Alzheimer's support group plans meetings

The Chicago Area Chapter of the Alzheimer's Association sponsors an Alzheimer's Support Group in Glenview the fourth Wednesday of each month, 6:30 to 8:30 p.m. in the Small Dining Room at Glenbrook Hospital, 2100 Pfingsten Rd.

These informal sessions are designed for people to meet others coping with Alzheimer's disease and caring for Alzheimer's patients. They are free and open to the public.

For more information, call the Helpline of the Chicago Area Chapter of the Alzheimer's Association at (708) 933-1000.



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SENIOR LIFESTYLE CORPORATION

Liberty Bank security guard saves customer's life



Gilbert Parra, the Security Guard at Liberty Bank for Savings, 2392 N. Milwaukee Ave. in Chicago, received recognition for his quick and courageous action in a life threatening situation that occurred this February.

Parra was on duty when he noticed a woman leaving the bank and stepping out into traffic at the busy intersection of Milwaukee and Fullerton. The woman, wearing portable radio headphones and unaware of an approaching truck, did not hear Parra's warnings. Parra ran into the intersection and grabbed the woman out of the path of the truck. No one was injured.

William J. Smigiel, President of Liberty Bank, congratulated Parra for a job well done and presented him with a token of appreciation.

First National of Des Plaines sets budgeting seminar

First National Bank of Des Plaines will host "Living With Less" a seminar designed to help participants develop a budget, learn techniques for savings and guidelines for spending, while finding those "black holes" of your budget. The seminar begins at 10 a.m. on Saturday, May 1, at First National Bank of Des Plaines, located at 701 Lee St., Des Plaines. The seminar is expected to end at 11:30 a.m.

The seminar will be led by: Tod Magnafichi, Assistant Vice President of Financial Services at First National Bank of Des Plaines; and Susanne Dunn, Education Counselor at the Consumer Credit Counseling Service of Elgin. Following the presentation, the speakers will be available to answer any questions.

Mid-Citco reports higher earnings

Kenneth A. Skopec, President of Mid-Citco Incorporated, announced that first quarter 1993 Earnings (January 1 - March 31) for the four-bank holding company rose 28.47% to \$3.47 million versus the \$2.70 million posted for the same period in 1992. Assets were also higher reflecting a 11.63% gain to \$1.37 billion as compared to \$1.23 billion for the first quarter last year.

Mid-Citco Incorporated is the parent for The Mid-City National Bank of Chicago, First National Bank of Morton Grove and the Bank of Elmhurst, all Illinois holdings, and the Union Bank and Trust Company in Oklahoma City, Oklahoma.

Frank's Lawnmower becomes Honda dealer

Frank's Lawnmower, 8113 Milwaukee Ave., Niles, has been selected to become an authorized dealership for Honda Power Equipment Company.

Frank's Lawnmower will sell and service Honda Lawnmowers. For more information, call Rick, Chris or Kal at (708) 966-2223.

Niles, OH 3rd graders seek info on Niles, IL

Dear Editor: Would you please put this letter in your newspaper for us. We are doing a project for "National Library Week."

Thank you. The students from Jackson Elementary School, 522 Emma Street Niles, Ohio 44446

Dear Niles, Illinois: My class is interested in your city. The name of our school is Jackson Elementary. What is your city school called? Our class teacher's name is Mrs. McMahon.

Do you have a library in your town? What is its name? We have an after-school program for all ages there. Our city library is divided into two parts. One part is the library. The other part is the museum and a very big area. The museum is made after a president. Does your library have any special programs? How many parts is it divided into? Does it have a museum?

Mrs. McMahon's 3rd grade students.

P.S. If this gets into the newspaper please send us a copy. Please send us a post card of your city if you can.

Artists wanted

The 21st Annual Custer's Last Stand Festival of the Arts, a not-for-profit arts organization, is accepting applications from artists and craftspeople. The show will take place on June 19th and 20th in Evanston, Illinois. The festival starts at 10 a.m. and runs till 7 p.m. each day. In addition to arts and crafts this festival features three show stages, twenty-eight restaurants, and antique fair and a home and garden section. 60,000 people attend every year. It is free to the public. For an application call 708-328-2204 or write to: Custer's Last Stand Festival of the Arts, P.O. Box 6013, Evanston, IL 60204-6013.

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Letters To The Editor

Community Colleges are valuable institutions

Dear Editor: What would we do without our local community college? That's a question to ponder during April, Community College Month in Illinois.

Certainly, our lives would be quite different today without this relatively new institution which has so firmly established itself as an indispensable purveyor of education in an ever-changing society.

Who would be providing the first two years of college at such a reasonable cost?

Who would be assisting with the technical training that so many of our local businesses, industries, and health care providers need from their employees?

Who would be helping new residents learn English so they can quickly become productive members of our communities?

Who would be providing continuing education for adults, even for those who are older and still intellectually curious and active?

Who would be offering the lectures and forums which provide information on current issues? Our world is rapidly changing.

and continuous learning is the only way that individuals can survive. Community colleges are right there, close to your neighborhood, in locations that are easily accessible, in building that you all helped build, offering courses in the latest technology and even inviting your children for weekend enrichment courses.

I don't know how we could ever do without this very American institution - the community college. For all who have been a part of Oaktown, in whatever small way, I invite you to help us celebrate Community College Month by joining us at Family Day on April 18 from noon to 4 p.m. at the Des Plaines campus. This day of entertainment and great fun is indeed a celebration of what a community college truly is - a place for growth, learning, and living. And if you've never been on campus, join us. It's truly your community college too.

Sincerely,
Jody Wadhwani
Chairman, Board of Trustees
Oaktown Community College

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Entertainment

Wolff's Flea Market at Rosemont Horizon

On Sunday, April 18, Wolff's Flea Market will open its third season at the Rosemont Horizon. The market will be open Sundays through the end of September from 7 a.m. to 3 p.m. (except May 2). Wolff's Flea Market just ended its successful six month indoor run at Randhurst in Mount Prospect as of March 28.

The approximately 300 vendors at this family operated Rosemont Flea Market offer a wide variety of quality merchandise. Customers can find both new and used items at terrific prices. Merchandise includes: toys, jewelry, clothing, perfume, tools, sundries, office supplies, household goods, home decor items, crafts, antiques and collectibles, or even plain old gar-

age sale bargains.

Wolff's Flea Market is located in the parking lot of the Rosemont Horizon on Mannheim Road between Higgins and Touhy, in Rosemont, with easy access from I-294 and I-90. Admission is 75¢ for adults and 50¢ for senior citizens and children aged 6 to 12. For children under 6, admission is free.

Sellers' rates are \$19 per day. Non-profit groups and charities involved in fund-raising activities for their organizations will be given free selling spaces at the flea market.

Hours are 7 a.m. to 3 p.m. (open for sellers at 6 a.m.). Parking is free.

For further information, or to reserve a seller's space, call (708) 529-9590.

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Harbor Village gives spotlight to "Radio Days"



Mortimer Snerd joins his buddy Bob Isaacson of "Those Were The Days Radio Players" live on stage at Harbor Village Retirement Community in Lakeview. For information on their next visit to Harbor Village call (312) 404-9800.

Harbor Village Retirement Community's reputation for entertaining tenants and guests in high style is well known on Chicago's north side.

But nothing takes the seniors so nostalgically back-in-time as visits from the "Those Were The Days Radio Players."

Fond memories of radio's golden days are rekindled on the Harbor Village stage when the "Radio Players" lovingly and authentically recreate the voices, sounds and spirit of the old time airwaves.

While some of the volunteer performers read from vintage radio scripts ranging from Hopalong Cassidy to Dragnet and Our Miss Brooks to Burns and Allen, others create life-like sound effects to accompany the story lines.

"Radio Days keeps alive some of the most important parts of American entertainment history," says Erin Mulhern, executive director of Harbor Village Retirement Community at 3121 N. Sheridan Road, Lakeview. "And it's only natural," she says, "...that our friends would enjoy hearing radio shows they haven't heard for 40 or 50 years."

Wright College Jazz Band holds Spring Series

The Wright College Jazz Band, under the direction of John DeRoule and featuring Richard Corpolongo on the alto sax, will perform its Spring Performance Series concert at 3 p.m. on Sunday, April 25, in the College Auditorium, 3400 N. Austin Ave., Chicago.

Rich Corpolongo, a Chicago-land native, is equally adept on all the reed instruments including tenor and soprano sax, clarinet and bass clarinet, flute, alto flute and piccolo. He will play the following numbers: "Killer Joe" by Benny Golson, "Quintessence" by Quincy Jones, "Fantasia" by Kim Richmond, "Soft As Velvet" by Sammy Nestico, "Blues in Flat E" by Bob Ojeda, and "Something Green" by John DeRoule.

Sponsored by the Wright College Cultural Events Committee, the jazz concert is free. Ample parking is available and the college is wheelchair accessible.

For more information, call (312) 481-8390.

Oakton's series features artist/sculptor

Indira Johnson, artist/sculptor, who works primarily in ceramics, now also works in metals and woods. Born in India, she uses her art to bridge the gap between her native country and the United States, interweaving Indian philosophies throughout her work.

Johnson, who works primarily in ceramics, now also works in metals and woods. Born in India, she uses her art to bridge the gap between her native country and the United States, interweaving Indian philosophies throughout her work.

Johnson's works have been widely exhibited across the country. She sits on the Visual Arts Panel of the Illinois Arts Council and has galleries in Atlanta, Minneapolis and Chicago.

The Who is Chicago? series, which runs for six weeks, is sponsored by Oakton's Emeritus Program for older adults. It brings Chicago artists to campus to informally speak about their experiences in the arts. Each presentation is followed by a question-and-answer session.

Other Chicago artists participating in the Who is Chicago? spring series include Jesse White, originator of the Jesse White Tumbling Team, on May 3 and actor Nathan Davis on May 10.

All presentations are held at the Ray Hartstein Campus from 1 to 2:30 p.m. The fee for individual presentations is \$5. For additional information, call (708) 635-1414.

"All-American" spring concert

The Northwest Chicago Symphony Orchestra, under the direction of Michael Holian with guest artists Timothy Fillman, will perform an All-American program for its spring concert at 3 p.m. on Sunday, May 2, in the Wilbur Wright College Auditorium, 3400 N. Austin Avenue, Chicago.

Sponsored by the Wright College Cultural Events Committee, the concert is free.

For more information, call (312) 481-8390.

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Please present coupon to waitress before ordering. Not good with any other discounts or specials. Excludes holidays. Expires April 30, 1993. Good only at IHOP 9206 N. Milwaukee Ave., Niles.

Entertainment

Chamber Opera Chicago celebrates anniversary

Chamber Opera Chicago will celebrate its 10th Anniversary in April and May of 1993 by presenting Mozart's *The Magic Flute*, Bartok's *Bluebeard's Castle*, Puccini's *Il Taborro* and Wolf-Ferrari's *Susanna's Secret* at the Ruth Page Theater, 1016 N. Dearborn in Chicago. All performances will be sung in English.

Opening April 24, will be Mozart's *The Magic Flute*.

Opening on May 8 and running in repertory with *The Magic Flute* till the end of May will be an evening of three one-act 20th century operas. Heading the triple-bill is the revival of Chamber Opera Chicago's critically acclaimed 1986 production of Bartok's *Bluebeard's Castle*.

210-seat Ruth Page Theater. Performances are held at Ruth Page Theater, 1016 N. Dearborn, Chicago.

Performance dates for *The Magic Flute* are April 24, 30, May 1, 7, 16, 21, 22, 27 and 29 and for *Triple Bill*, May 8, 9, 14, 15, 28 and 30. Performance Times: Thursdays, Fridays and Saturdays - 7:30 p.m.; Sundays - 3 p.m. Tickets cost \$14 to \$35.

Discounts for students and senior citizens available on Thursdays, Fridays and Sundays. Additional discounts for student groups of 15 or more. Special matinee performance for student groups only: Thursday, May 11.

VISA and MasterCard accepted.

For information and reservations (312) 822-0770.

"Ruthless!" extended at Forum Theatre

A musical comedy all about a killer child star has captured the hearts of Chicago audiences in a big way at Candlelight's Forum Theatre. *RUTHLESS!*, the wildly offbeat musical comedy that features Dale Benson as never seen before (or hopefully, again); Paula Scrofano as a housewife who goes from "dearest mommy" to "mommy dearest"; E. Faye Butler as a frustrated actress turned third grade teacher and Priscilla Behne as the eight year

old tyke who will do ANYTHING to get the lead, has been extended due to overwhelming demand at the Forum Theatre through Sunday, August 22, 1993.

Just like the movie "The Player", *RUTHLESS!* was labeled an "insider show" by some, but as a box office receipts have shown, it has mass appeal.

For tickets to *RUTHLESS!*, phone 708/496-3000.

The Bugle Newspapers Guide To Fine Dining

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Evanston Children's Chorus

The Evanston Children's Chorus will perform Saturday, May 15 at 10 a.m. at the year festival on Dempster and Sherman in Evanston.

The Evanston Children's Chorus is sponsored by the Music Center of the North Shore, Evanston Campus. Open to girls and boys in grades two through eight, a love of singing and the motivation to learn are the main criteria for joining the Evanston Children's Chorus. The repertoire includes rounds, canons, folk songs, and contemporary pieces of quality and appeal, as well as works of classic composers.

Admission is free. For more information, call (708) 446-3822.

Entertainment

Oakton's Six Piano Ensemble to perform

Direct from the Music Teachers National Association (MTNA) National Convention in Spokane, Wash., Oakton Community College presents the Six Piano Ensemble, performing classical, ragtime, jazz and popular music at 8 p.m. Saturday, April 24, and 3 p.m. Sunday, April 25, in the Performing Arts Center on Oakton's Des Plaines campus, 1600 E. Golf Rd.

The ensemble will perform selections from Telemann, Mozart, Beethoven, Brahms, Shostakovich and Scott Joplin.

Students performing in the

ensemble are: Georgine Antos, Chicago; Janet Deenen, Chicago; Diane Gnatok, Des Plaines; Beatriz Levi, Skokie; Beth Prezembel, Palatine; and Christy Stevens, Lake Forest.

A reception with conductor Glenna Sprague and ensemble members will follow Saturday's concert. Tickets are \$7 for general admission and \$5 for students, faculty, staff and seniors. Tickets may be purchased in advance or at the door. For tickets, call the Oakton Box office at (708) 635-1900.

Classic 'Thumbelina' at Centre East

Live actors and giant puppets combine with lively music and beautiful scenery in Theatre IV's production of *Thumbelina*, adapted from the classic Hans Christian Andersen tale. *Thumbelina* will be performed at Centre East Family Theatre in Skokie Sunday, April 25, 1993 at 1:00 p.m.

Thumbelina is the story of a little girl born inside a tulip and reared to sleep in a walnut shell, called *Thumbelina* because she

was no bigger than your thumb. Tickets for *Thumbelina* Sunday, April 25 at 1 p.m. are \$7.50 and \$5.50 and are now on sale at the Centre East Box Office (7701 North Lincoln Avenue, Skokie) and at all TicketMaster locations. To charge tickets by phone, call Centre East at (708) 673-6300 or TicketMaster at (312) 902-1500. The Centre East Box Office is open Monday - Friday 10 a.m. - 3 p.m. and Saturday - Sunday 10 a.m. - 2 p.m.

Chicago's Academy auditions

The Chicago Academy for the Arts will host auditions and portfolio reviews for Fall 1993 admission on Saturday, April 17, at 9 a.m. Students with interest and talent in visual arts, dance,

music, theatre, creative writing, or musical theatre who will be entering grades 9-12 in the fall should call Mary Lou Primm at (312) 421-0202 to register for the audition.

Loyola Theatre to present 'Baby'

The musical, "Baby," will be performed at Loyola University Chicago April 23, 24, 25, 30 and May 1 and 2 at the Lake Shore Campus in the Kathleen Mulleady Memorial Theatre, Centennial Forum, 6525 N. Sheridan Rd., Chicago.

Friday and Saturday performances begin at 8 p.m., and Sunday performances begin at 2 p.m. Tickets are \$5, \$2 for students.

Set in a college town, "Baby" focuses on three couples as they progress (or try to) through the nine longest months in any family's life. The characters include an undergraduate couple; a middle-aged dean and his wife who have already raised three children; and the men's track coach and his wife, the women's basketball coach, whose desire for a child has been thwarted until now by the mathematics of infertility.

Associate professor of theatre Sarah Gabel, Ph.D., will direct this student production. Terry James, a professional stage, television and film actor, will serve as the guest vocal coach.

For tickets or additional information, call (312) 508-3847.

OCC presents 'Arts in the Afternoon'

Come hear the Emeritus Chamber Orchestra in an open practice session as part of Arts in the Afternoon, a celebration of the creativity of Emeritus students, presented by the Emeritus Program of Oakton Community College on Friday, April 23, from noon to 2 p.m. at Oakton's Ray Harstein Campus, 7701 N. Lincoln Ave., Skokie.

In addition to the practice session, Emeritus students will exhibit their art work, including sculptures, photography and paintings. Creative writing students will read original poems and stories.

A \$2 donation is requested. Refreshments will be served. For information, call (708) 635-1414.

Lincoln Train retraces 1865 route

The Lincoln Train is coming! President Lincoln's funeral train will retrace its 1865 route from the nation's capital to Springfield in 1993-arriving in the Illinois state capital on May 3 on the 130th anniversary. President Lincoln was shot by actor John Wilkes Booth while attending a play at Washington's Ford Theatre on April 14, 1865 and died in the home of William Petersen across the street early the next morning.

Two rail cars, the "United States," Lincoln's private coach, and the "Green Car," from the Philadelphia, Wilmington, and Baltimore RR, used as the escort officers' car, and the locomotive "Nashville" will make up an exact 1/12 model of the original.

The train is being built by Dr. Wayne Wesolowski, a chemistry professor at Illinois Benedictine College (IBC) and a nationally-known model railroader. A full set of working engineering drawings were created by John Haines of Benicia, CA, a miniature steam locomotive builder. Haines, using a high power magnifier, worked with all of the photographs available to create his drawings.

Retracing the route of the funeral train will mean stops in Washington, DC; Baltimore, Maryland; New York City, Albany, and Buffalo, New York; Philadelphia and Harrisburg, Pennsylvania;

Cleveland and Columbus, Ohio; Indianapolis, Indiana; and Chicago and Springfield, Illinois. Lincoln's private coach, with its 16 wheel trucks, tufted upholstery, etched glass windows, and fine woodwork, was probably the most opulent car on the railroads in 1865. Strangely, Lincoln never used the car in life, it only served him as a funeral coach. In addition to taking Lincoln to Springfield, the funeral coach was used to bring Lincoln's 11-year old son, Willie, who died in Washington three years earlier in 1862, home to Springfield where he was to be buried with his father. The funeral train left Washington at 8 a.m., Friday, April 21, for its journey to Abraham Lincoln's hometown of Springfield, Illinois.

The idea for the project was suggested by the late Thomas J. Dyba, executive vice president of Illinois Benedictine College and Lincoln aficionado. His thought: that a large scale model of Abraham Lincoln's private coach and a traveling exhibit of the funeral train would complement the already extensive (80,000 pieces) IBC Lincoln collection was shared by Dr. Wesolowski. Dyba had constructed, for the IBC Collection, a near perfect 1/12 (doll house) size model of Lincoln's Springfield home, the only home the president ever owned.

Evanston Children's Chorus

The Music Center of the North Shore, Evanston Campus will hold auditions for the summer session or fall semester for the Evanston Children's Chorus beginning May 3.

The Evanston Children's Chorus is sponsored by The Music Center of the North Shore, Evanston Campus. Open to girls and boys in grades two through eight, a love of singing and the motivation to learn are the main criteria for joining the Evanston Children's Chorus. The repertoire includes

rounds, canons, folk songs, and contemporary pieces of quality and appeal, as well as works of classic composers.

The Chorus meets during the summer session on Tuesday and Thursday, June 15 through July 13, from 5-5:50 p.m. (Chorus I) and 6-7 p.m. (Chorus II). During the fall semester, the Chorus meets on Wednesdays, 4-4:45 p.m. (Chorus I) and 5-6 p.m. (Chorus II). For more information or to schedule an audition, call (708) 866-9161.

MG bartender aids fundraiser



Vickie Archam, and Dave Hoffman of Rusty's Tavern, Morton Grove, attended a kickoff party for the MS Ugly Bartender Challenge held at the Riverside, Gurnee.

Archam is Rusty's competing bartender in the fund-raising project benefitting multiple sclerosis research and client services of the Chicago-Greater Illinois Chapter of the National Multiple Sclerosis Society.

ECO gives away free trees at Family Day

In addition to its traditional nature hikes, the Environmental Conservation Organization (ECO), composed of Oakton Community College students, will give away free trees at Family Day on Sunday, April 18, at Oakton's Des Plaines campus, 1600 E. Golf Road.

Using funds raised from their year-round aluminum recycling project, the ECO will purchase about 1,000 trees including 500 Colorado Blue Spruces and 500 White Pines from a tree farm in Custer, Michigan. The ECO will demonstrate how to plant the trees and hand out an information sheet describing what the tree should look like once it grows.

Aside from their year-round recycling project, the ECO monitors the water quality of the Des Plaines River with Friends of the Des Plaines River, a local community organization. Future projects, include selling T-shirts in commemoration of Earth Day on Tuesday, April 22, and a canoe outing down the Nippersink Creek, Northern, IL.

For more information, contact David Rodgers at (708) 635-1787.

MWRD plans Earth Day observance



Kathleen Therese Meany

Commissioner Kathleen Therese Meany, of the Metropolitan Water Reclamation District of Greater Chicago, has announced that the District will have an exhibit at the Lincoln Park Zoo for the 1993 Earth Day Observance. From 11 a.m. until 3 p.m. on April 18, the District will have staff on hand to discuss fish life in the inland waterways. Slide and video presentations will illustrate increased fish life in the area waterways.

Wellness on Wheels in Des Plaines

The Cook County Department of Public Health's Mobile Adult Health Clinic, the Wellness on Wheels (WOW) van, is coming to Des Plaines CEDA Headstart (Maryville Academy), 1170 N. River in Des Plaines, on Wednesday, April 28 from 8 to 11:30 a.m. Among the services provided by the WOW van are high school and employment physicals for those who qualify financially. Call the Cook County Department of Public Health at (708) 445-2530, 8:45 a.m. to 4:15 p.m., Monday-Friday for more information.

If your children receive free school lunches or you qualify for the Women, Infants, and Children (WIC) program, then you are among those who qualify for free adult health check-ups. If you wish to use WOW services, you must call ahead for an appointment. Cook County Department of Public Health personnel will help you determine if you qualify for this service when you call. Call (708) 445-2530, 8:45 a.m. to 4:15 p.m., Monday-Friday for more information.

Climb Mt. Everest, raise funds

Galter LifeCenter, 5157 N. Francisco, Chicago will sponsor a "Climb Mount Everest" fundraiser on Thursday, April 29, from 1 to 10 p.m. to raise money for the purchase of new equipment to support on-going wellness and rehabilitation programs. Sponsored participants will simulate climbing Mount Everest using Chicago's first "Treadwall" as well as Versa Climbers, Stair Masters, and treadmills. The LifeCenter is the first club in Chicago to have the "Treadwall".

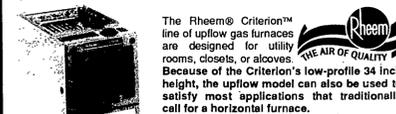
The Treadwall, a twelve-foot vertical treadmill with rock holds, is the world's first fitness trainer that simulates rock climbing. The community is invited to come and see the treadmill and participate in the Climb Mount Everest event.

For more information, contact the LifeCenter at (312) 878-9936.

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- Hot surface ignition models feature an integrated board with humidifier and electronic air cleaner hookups. An accessory kit is available for standing pilot models.

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Singles Scene

EVERY WEDNESDAY JEWISH SINGLES TOGETHER

Jewish Singles Together sponsors a social and dance every Wednesday at Remington's Club, 223 W. Chicago, doors open at 5:30 p.m. Dance, buffet, live band and D.J., dance lessons, prizes. Admission is \$6, after 9 p.m. \$3. Call (708) 433-1976. Contribution to Mogen David Socials.

APRIL 16/17/18 ST. PETER'S SINGLES

All singles over 40 invited to these dances. . . St. Peter's Singles Dance, Friday, April 16, 9 p.m., at the Golden Flame, 6417 Higgins, Saturday, April 17, Inside Picnic Dance, free hot dogs, Park Ridge VFW, Canfield and Higgins, Sunday, April 18, Early Evening dance, 6 to 9:30, Aqua Bella, 3630 N. Harlem, Each Dance \$5. For information call (312) 334-2589.

JEWISH SINGLES 39+

"Bagels & More" is an informal group that meets in different homes for Sunday morning brunch, conversation and brainstorming about future 39+ events following brunch. Please join us. The next event will be Bagels & More Brunch, Sunday, April 18, 10:30 a.m. - 12:30 p.m. This cost for this event is \$2 members/\$4 non-members. R.S.V.P. by April 17 to Bill at (312) 685-0648. For more information about 39+ and how to join please call (312) 327-8637 or (708) 724-1913.

Carlos L. Martinez

Navy Seaman Recruit Carlos L. Martinez, son of Carlos M. Martinez of Glenview, is currently aboard the guided missile cruiser USS Jouett, homeported in San Diego and midway through a six-month deployment to the western Pacific, Indian Ocean and Persian Gulf as part of the aircraft carrier USS Ranger Battle Group.

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Sports News

SJB 4th graders 1st place Basketball Division



Congratulations to S.J.B. 4th grade boys in taking 1st place in their Catholic League Basketball division.
Front Row: Sal Cardenas, Ryan Ullrich and Brian Jung. Middle Row: Chris Suchecki, Erik Hirtzig and Derek Duszak. Back Row: Sean McNeill, Chris Jennings and Steve Nasshan.

Regina recognizes basketball players

Regina Dominican High School Varsity, Junior Varsity, and frosh basketball players received recognition at recent award banquets.

Coach Rich Majcin presented the following local varsity team members with awards: Jenny Corbett, Glenview; Lori Bielinski, Morton Grove; Jenny Froehlich, Northbrook; and Vanessa Hirtzig, Niles.

Coach Bob Newton presented

the following Junior Varsity team member with an award: Maureen Collins, Northbrook, Most Valuable Player.

Other Junior Varsity Team members include Cindy Martindale of Glenview and Jessica Herold of Skokie.

Other frosh players include: Joey Johnson, Michelle Messner and Gretchen Sander of Morton Grove; and Candice Ponsaran of Skokie.

Tips on golf

Looking for advice on your golf game? Greg Genz, pro from Tam, will be at the Niles Public Library District April 24 at 2 p.m. Greg will offer some basic golf tips. He will advise the beginning or advanced golfer on the proper grip, hand positions, and various swings. In addition, he will talk about selection of golf balls along with appropriate equipment and

include a bit about the history of Tam. Stop off at the library on Saturday, April 24. It may help your game!

This library program is free and open to the public. Reservations are required. For mobility or communication access assistance please call 967-8554 voice and TDD.

Teenagers summer bowling league now forming

Brunswick Niles Bowl is seeking teens ages 13 to 19 to bowl on Friday nights at 9:15 p.m. Openings are for boys or girls. Teams can be mixed or strictly male or female.

The cost is \$5.50 per person per week. The league starts on June 4 at 9:15 p.m. There will be a meeting at 8:30 p.m., prior to the start of the league.

Awards will be given to all who participate. There will be a pizza-pop banquet on the last night of bowling. First place trophies and jackets will be awarded.

One can sign-up as an individual and be put on a team or can sign-up their team. Call (708) 647-9433 and ask for Connie or Tim. To pick up a schedule, visit Brunswick Niles Bowl located at 7333 N. Milwaukee Ave. in Niles, one block north of Touhy on Milwaukee.

Niles Park District athletic leagues

Get ready to join the Niles Park District's summer leagues in Co-Rec Volleyball, Men's Basketball and Wacky Wheelie! Only the hottest indoor sport for crazed, fun-loving four-person teams. Men age 18 and over will participate in NPD's first wiffle ball league, beginning June 5 and each Saturday morning at Grennan Heights through August 21. But you have to form your teams now before registration begins in May.

Men's summer basketball is Wednesday nights at Grennan Heights beginning July 9 and continuing through July 28. There is no height requirement but players must be at least 18 years old. Form teams now to be ready to register May 3. Co-Rec summer volleyball night is Thursdays at Grennan Heights, beginning June 10 and ending August 5. Get your team together now.

Grennan Heights Recreation Center is located at 8255 Oketo Ave. and features a weight training and fitness room, vending machines and full gymnasium available for rentals. Call 967-6975 for a league application or further information.

Bowling programs for children at Niles Bowl

This Summer Brunswick Niles Bowl, 7333 N. Milwaukee Avenue has a variety of children's bowling programs.

On Tuesday at 1 p.m. there is a Coke N' Hot Dog League. Wednesday at 9:30 a.m. and Thursday at 1 p.m. Also in the afternoon we have Coke N' Hot Dog Leagues. The format is simple, kids get a hot dog and soft drink included in a weekly fee of \$5.25 for ages 4 to 7 and \$6.50 a week for ages 8 to 13. Instructors will be provided.

There are 3 bowlers to a team. Bumper bowling teams will be formed and they bowl 2 games. Ages 4-7 can bowl bumpers.

Ages 8-13 bowl 3 games with 4 bowlers to a team. Coaching is available if needed.

Meetings for these Coke N' Hot Dog Bowling Leagues are on June 22, 23 and 24. The meetings

begin a half hour prior to the leagues starting time. The leagues run 9 weeks and are done in August. Trophies and awards are awarded to all who participate.

For parents interested in bowling with their kids we will have an adult/child bowling league starting June 3 at 6:30 p.m. Four to a team, the cost is \$14 per couple - adult \$8; child \$6. All junior bowlers will get an award as well as 1st, 2nd and 3rd place team trophies. There is also a pizza-pop banquet on the final night of bowling. The league will be 12 weeks.

To sign-up your child for any youth summer league, call (708) 647-9433 ask for Connie or Tim. Brunswick Niles Bowl now has automatic scoring for your bowling enjoyment.

District 219 students named scholar athletes

Eight winter athletes from Niles West High School and 15 winter athletes from Niles North High School have been named Scholar Athletes by the central Suburban League and 10 qualified for the Scholar Athlete award from the National Interscholastic Athletic Administrators Association. Students receive the CSL honor if they have maintained a minimum 3.0 average on a 4.0 scale for academic work for the past six semesters. In addition, each Scholar Athlete is a senior and varsity letter-holder for the sport. The NIAAA requires a minimum 3.5 grade point average.

Niles West's NIAAA Scholar Athletes, who also receive the CSL award, are D.J. India and David Lieberman in wrestling; Eric Fischer, Charlie Grigorakos and Todd Scheck in boys swimming and Lisa Schuhrke in girls basketball. CSL Scholar Athletes are Juan Balcazar and Steve Laska in wrestling; Zach Silvers in boys swimming; Kerri Brown, Jaya Chacko, Lori Gaiser and Elissa Hutensky in girls basketball; and Steve Saranecki and Allen Goldner in boys basketball.

Several students were also chosen for All-Conference teams. From Niles West, they are Sol Ashbach, Dave Wishnick, Abe Rayan and Mark Davino in wrestling; Jenny Milosavljevic and Emily DeGuzman in girls gymnastics; Kurni Sulejmani in girls basketball; and John Kajmowicz and Eugene Spivak in boys swimming. Niles North's All-Conference athletes are Charmaine Danguilan in girls basketball; and Adam Passaglia, Marcus Osacky, Dave Lieberman and Juan Balcazar in wrestling.

Adult open volleyball

Now through the end of May is a great time for men and women age 18 and over to play volleyball at the Niles Park District's Grennan Heights Recreation Center from 7:30 p.m. to 10 p.m. Get a great workout, make new friends

and enjoy yourself. High school Co-Rec players also have an open volleyball night.

Men's night at Grennan is Monday until May 24. Women compete Tuesdays through May 25 (No play April 20) and Wednesdays. Co-Rec adult and teens volleyball players get separate courts for their open games. Co-Rec volleyball ends May 26. Grennan Heights is located at 8255 Oketo Ave. Call 967-6975 for further information.

Collegiate athletic scholarships available

Over 100,000 collegiate athletic scholarships are available each year to male and female high school and junior college student athletes. Contrary to popular belief, students don't have to be all state to qualify. Much of this money goes unused.

For information on how to get a collegiate athletic scholarship, send a #10 self addressed, stamped envelope to the National Sports Foundation, 611A Willow Drive, P.O. Box 940, Oakhurst, NJ 07755.

Brunswick Niles Bowl summer leagues

Brunswick Niles Bowl located at 7333 N. Milwaukee Avenue now has summer league openings for adults, individuals or teams. The center has computerized automatic color scorers.

These automatic scorers make bowling more relaxing and enjoyable. Openings for summer leagues are being taken by phone or in person. Mixed leagues for men or women feature four people to a team. The leagues run 12 to 14 weeks. Any weekday and weekend days are now available. The mixed league openings include a riverboat gambling league on Tuesday nights at 7:30 p.m. Everyone goes on a riverboat gambling cruise! There is a bowling ball league on Friday evenings, people can get the bowling ball of their choosing. There is a no-tap mixed league and also an every-other week mixed league on the weekends at 7 p.m. These are a few to choose from.

If you sign-up for a league you can practice or open bowl for

\$1.25 a game during the summer. Bowl in 2 leagues and open bowling is only \$1 a game. Three leagues and you can bowl for fifty cents a game. Four leagues and summer open bowling will be no charge.

Mens leagues are on Monday thru Wednesday evenings, your choice. Sunday, there is also evening or morning mens team or individual openings.

Ladies can bowl on Tuesday night at 7:30 p.m., 4 ladies on a team. Daytime ladies openings are on Tuesday and Wednesday at 9:30 a.m. Babysitting playroom service is available during the daytime. Ladies can also bowl on Friday afternoon at 1 p.m. Kids can bowl or go to the playroom on Friday afternoons.

Sign-up as soon as possible either as an individual or if you have a team. Call (708) 647-9433 and ask for Connie or Tim. You can pick up a summer schedule at Brunswick Niles Bowl, 7333 N. Milwaukee, located one block north of Touhy Avenue.

Lutheran General Hospital men's group plan golf outing

The Men's Association of Lutheran General Hospital presents its 18th annual Celebrity Golf Classic at Midlane Country Club in Wadsworth on Monday, June 14, at noon. Maury Buford, former Chicago Bears punter, serves as honorary chairman.

Cost for the day is \$175 per person including golf and dinner; the tournament is open to the public. Each golfer will be matched with a Chicago land sports or media celebrity. Prizes will be awarded for closest-to-the-pin

and longest drive along with chipping and putting contests as well as a live auction in the evening.

Proceeds benefit senior's, children's and various healthcare programs at Lutheran General Hospital, Park Ridge. The Men's Association of Lutheran General Hospital raises funds for various hospital programs and services.

In 1992, the tournament raised more than \$35,000. For more information and reservations, call (708) 696-5978.

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Sports News

Bike races held at Meadowhill Velodrome

The Northbrook's Ed Rudolph Meadowhill Velodrome, located in Meadowhill Park, corners of

Waukegan Road and Maple Avenue, is one of only twelve quarter mile bike tracks in the country.

Weekly races attract top cyclists from all over the Midwest. Additionally, the facility has been selected for the National Bike Races several times.

Summer camp registration set

The Morton Grove Park District offers a wide variety of summer camps for all ages. Kiddie Kamp, for ages 3 and 4, is a half-day camp to introduce preschoolers to a camp experience. Junior Camp, for ages 4 and 6, offers children fun and adventure as they enjoy games, swimming and special events.

Registration is at the Prairie View Community Center, 6834 Dempster, Morton Grove for all of these summer camps. For further details, call 965-1200.

The track is not reserved for championship use. Its bank is not as steep as other quarter mile tracks and it is safe for the recreational rider as well as the competitive racer. Residents are invited to ride their own bikes around the track when it is not reserved for regular races or training sessions.

For more information on the Velodrome at Meadowhill Park, call 291-2980. Or check the 1993 Spring/Summer Guide for additional information.



Brunswick Summer League Schedule

Mixed Leagues	Bowling Day	Time	League Name	No. On Team	Starting Date
Monday		8:00 PM	Guys And Dolls	4	6-7 12
Tuesday		7:30 PM	Riverboat Gamblers	4	5-18 14
Wednesday		7:00 PM	Wed. Nite Mixed	4	5-19 14
Thursday		7:00 PM	All American Mixed	4	5-20 14
Friday		7:00 PM	Pro Rhino Mixed	4	5-21 14
Friday		7:30 PM	Filipino Mixed	4	5-21 14
Saturday		7:00 PM	Sat. Nite Mixed	4	6-5 12
Saturday		7:00 PM	Every Other Week	4	6-5 6
Sunday		7:30 PM	Sun. No-Tap League	4	5-16 12

\$1.25 PER GAME
WHEN YOU SIGN UP
FOR A SUMMER LEAGUE

Ladies Leagues	Bowling Day	Time	League Name	No. On Team	Starting Date
Tuesday		9:30 AM	Early Risers	4	5-11 14
Tuesday		7:30 PM	Foxy Ladies	4	5-18 14
Wednesday		9:30 AM	Morning Glories	4	5-12 14
Friday		1:00 PM	Mothers Day Out	4	6-4 12

JOIN 2 SUMMER LEAGUES AND OPEN BOWL FOR \$1.00 PER GAME

Men's Leagues	Bowling Day	Time	League Name	No. On Team	Starting Date
Monday		8:30 PM	Marathon Men	3	5-17 14
Tuesday		7:45 PM	Men's Pro Shop LG	3	5-18 14
Wednesday		7:00 PM	Men's Nite Out	4	5-19 14
Sunday		10:00 AM	Men's Scratch Trio	3	6-6 10
Sunday		6:45 PM	Sun. Men's Doubles	2	5-16 14

Meeting will be held 1/2 hour prior to league play
Ask for Connie or Tim

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EXERCISE

Now through the end of May is a great time for men and women age 18 and over to play volleyball at the Niles Park District's Grennan Heights Recreation Center from 7:30 p.m. to 10 p.m. Get a great workout, make new friends and enjoy yourself. High school Co-Rec players also have an open volleyball night.

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Collegiate athletic scholarships available

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For information on how to get a collegiate athletic scholarship, send a #10 self addressed, stamped envelope to the National Sports Foundation, 611A Willow Drive, P.O. Box 940, Oakhurst, NJ 07755.

School referendum...

Continued from Skokie and Morton Grove Page 1

of Skokie and southeast Morton Grove. According to Maier, if the referendum fails, they will have to borrow an additional \$4 million in 1994 to meet operating expenses and this will increase tax bills. The \$4 million can be borrowed without a voter referendum through the sale of working cash bonds and property owners

would then be required to pay the debt through taxes.

The board is seeking an increase of \$1.25 per \$100 of assessed valuation.

In the past 5 years the district has had an enrollment increase of 35% and they estimate another 23% increase over the next 5 years.

MG voters...

Continued from MG Page 1

Among the Morton Grove First party candidates aiming for Trustee posts is attorney Scott Klunder, a founding member of "Citizens to Stop the Mountain," a group fighting the "mountain" of spoil expected to accumulate in the Village as a result of the Deep Tunnel project. He is a member of the Chicago Area Runners Association.

Klunder is joined by Thelma Bascos, a director of the Filipino-American Council of Chicago, Inc. and a Chicago school teacher. The organization, Civic Action, U.S.A. counts Bascos among its members.

Former Trustee Gregory Youstra seeks a return to the Village Board where he served from 1977 to 1987. He is a veteran physical health instructor in a Niles Township high school and holds a doctor's degree in educational administration.

Softball Tournament

The Morton Grove Lions Club is sponsoring its second annual 12 and 16 inch softball tournament in Harner Park on Saturday and Sunday, May 1 and 2.

There will be sixteen teams in both the 12 and 16 inch categories. Play will begin at 10 a.m. and continue to approximately 6 p.m. on both Saturday and Sunday. Park View School and St. Martha School will be sponsoring teams to play each other beginning at noon on Saturday.

Admission is free to all who wish to come out and watch the games. Refreshment stands operated by the Lions Club will be there to serve up hot dogs, beverage and pop corn at a nominal cost.

Dems seek...

Continued from Page 1

Ridge businessman and James Reilly, a Des Plaines realtor. The sole Democrat on the Township Board, incumbent Trustee Bonnie Lindquist, will try to break the GOP's virtual monopoly with her own slate of candidates. Lindquist, of Des Plaines, is vying with Thompson for the Supervisor's slot.

Housewife and voting instructor Norine Murphy of Park Ridge seeks the Clerk's post. Park Ridge lawyer and Cook County public defender Robert Mucci is running for the Township Collector's job.

Robert Festerstein of Niles is challenging incumbent Fraser for the job of Highway Commissioner.

John Halverson of Des Plaines, long time head of Niles Department of Family Services, is among the Democrats trying for a trusteeship. He is joined by James Butler, Jr. of Park Ridge, a financial consultant; John Matuszak of unincorporated Des Plaines, an attorney and Lillian White a Niles housewife active in the Ladies' Auxiliary of the V. F. W. Township Trustees serve four year terms.

Running unchallenged in Niles Township are Supervisor Thomas McElligott of Skokie, Assessor Robert Hanrahan of Morton Grove, Clerk Charles Levy of Lincolnwood and Collector Sam Becker of Skokie.

They are joined by incumbent Trustees Marshall Belgrad, Judith Ray Ross and Suzanne Schwartz, all of Skokie, and Lee Tamraz of Morton Grove.

Niles voters...

Continued from Niles Page 1

now works as an administrative assistant for a metal finishing firm.

BUD SKAJA, JR.

Also seeking reelection is Commissioner Bud Skaja, Jr. He advocated the dissolution of the Park District and a Village takeover prior to the November election. He recently said "I've worked hard and diligently. I've taken some hard stands that some might not agree with; I thought it was in the best interest of Niles."

Skaja hopes the new Park Board will work in cooperation with the Village and the people and "not set itself up (as to) who can talk and how long." He looks for more openness and honesty in Board actions.

Skaja has worked in his family's funeral business for 14 years and is a former Vice President of the Park Board. An active member of St. John Brebeuf parish, he belongs to its Holy Name and Knights of Columbus societies.

He also belongs to the Maine Township Democratic organization and is a charter member of the Niles Optimist club. In his student days, he served as a judge in Niles Bicycle court and was named Youth of the Year in the 1970s.

MYRNA BREITZMAN

Myrna Breitzman is also trying for one of the three openings on the Park Board. As a member of the Citizens for a Better Niles party, Breitzman worked for a Village takeover of the Park District. She said if elected, she would vote against further spending to fight a takeover. She said "I love Niles...I want to make a difference." Regarding the Park District, she said "I looked at the tax bill and saw a system I didn't like...three people have control of everything; they have to answer to somebody."

Breizman wants "to get people excited about the Park District," and advocates the District's getting a marketing plan.

Breizman works part time in a business office and is treasurer for her church. She and her husband are co-owners of the Niles Nuggets, a semi-pro baseball team and run a summer day camp. She was associated with the Niles Baseball League for 18 years and with the Boy Scouts for 15 years.

MICHAEL CIELINSKI
Michael Cielinski, current Park District Treasurer, is vice president of a brokerage firm and a nine year member of the Chicago Board of Trade. He was a Police Reserve officer in Niles for five years and taught at Oakton Community College in the mid-80s.

He has coached local hockey, baseball and soccer teams, including CYO softball while at St. John Brebeuf parish. Cielinski and his wife now also work with the Our Lady of Ransom parish carnival committee.

If elected, Cielinski feels he can draw from the management style and leadership abilities he has developed in his current position, being in charge of a 100 person department. He prefers solving disagreements by discussion.

Cielinski is for an independent Park District, believing a "strong, healthy Park District will return to (Village residents) a healthy lifestyle and improved value of their homes." He wants to keep politics out of the District, feeling Niles is best served if all local units of government cooperate for the good of the residents.

JAMES HYNES

Jim Hynes is now a lawyer in private practice, but spent over ten years as the Assistant U. S. Attorney for northern Illinois. For two of the four years he was associated with Waste Management, Inc., he was Director of State Governmental Affairs for the entire United States and five provinces of Canada. Hynes also has a master's degree in business administration and is active in both the Chicago and American Bar associations.

He is on the Niles Rangers' Board of Directors and has helped coach baseball, basketball and hockey. He and his wife, Mary Ann are members of the President's Council, a volunteer advisory and fundraising group at the Museum of Science and Industry.

Hynes said if elected, he would draw from his work experience at several firms in which he was responsible for budgeting, personnel and litigation. He would begin the budget process earlier in the year. Every Board inherits the problems, he noted, but its members should find out what they are and then start planning. An independent Park District

is "essential" he believes, since it "gives a chance for those who don't like what's going on to put in new people...if the Park is a mere department of the Village, how would people voice complaints?"

RICHARD SHERIDAN

Richard (Rick) Sheridan, led the Citizens for a Better Niles group in backing dissolution of the Park District and a Village takeover. Now that the issue is in the courts, Sheridan said "It is out of our hands. If (the Park District) stays separate, (and I am elected,) I will do all I can to make it a better Park District." If the court decides the Village should take over the District, he would not "waste any more money fighting it."

An electrician, Sheridan is field supervisor for an electrical contractor at O'Hare field, in charge of manpower and scheduling. He believes his construction experience would help him on the Board.

If elected, he would work for more effective use of tax money, putting more into programming and less into administrative expenses. He advocates more senior and teen programs.

Sheridan coached for the District for 12 years and managed the girls' baseball league and traveling softball teams. He has been on the Board of Directors of the Baseball league. He is a member of the St. John Brebeuf Holy Name and Knights of Columbus societies. A Vietnam veteran, he belongs to the Veterans of Foreign Wars.

Blase...

Continued from Niles Page 1

get for \$155 million and State monies of \$30 million. He is incoming President of the National Association for Court Management.

Arnold wants "to keep (Village) taxes low and services high" and to keep Niles a viable business community.

He was a Park Commissioner six years and later Park District Treasurer. He was also a member of Niles Youth Commission.

Incumbent Trustee Louella Preston is a lawyer and a teacher at a Chicago high school. She points to the Village recycling program and construction of a new water reservoir as recent accomplishments of the current Village management. A former Park Commissioner and zoning Board member, Preston is running for her third term on the Village Board.

Trustee Andrew Przybylo also seeks reelection. The General Manager of the White Eagle restaurant in Niles, Przybylo is also a member of the board of the First State Bank of Chicago, the advisory board of St. Mary of Nazareth Hospital and a number of philanthropic boards.

MG Historical Society meeting

The Morton Grove Historical Society will meet on Tuesday, April 20 in the Council Chambers of the Flickinger Center, 6101 Capuline Ave., Morton Grove.

The time is 7 p.m. and the program will be presented by Ralph Freese of the Chicago Canoe Club. This time, Ralph will help members and guests observe the 20th anniversary of the re-enactment of Father Marquette's journey by water through our Great Lakes region.

After a short business meeting, the evening will conclude with the serving of light refreshments and a drawing for door-prizes. The public is invited to be present and there is no admission.

SWAP crews...

Continued from Page 3

County. The SWAP crews are transported and supervised at all times by trained, uniformed Deputy Sheriffs.

"Rather than having these non-violent offenders sit idle in the overcrowded Cook County Jail, we are utilizing them for important community work projects and enabling them to pay their debt back to society in a productive fashion that benefits the taxpayers," Sheriff Sheahan said.

In 1992, the SWAP Program provided more than 350,000 hours of work to municipalities and not-for-profit agencies throughout the County. For more information on SWAP, call (708) 865-4960.

Local merchants

Continued from Page 3

to beautify and preserve open space. While these parks are already budgeted for renovations, the contributions will subsidize the planning of additional perennials and trees to beautify the areas. Pledge folders may be obtained by calling 967-6633 or 824-8860.

Artists needed for fair

Artists wanted to participate in Skokie Art Guild Annual Art Fair on the Village Green, 5200 Oakton, July 10-11. Original paintings, sculpture, jewelry, pottery and stained glass. Juried show with cash prizes and ribbons. Entry card/slides due June 1. For information or an application call (708) 966-9236.

Gary B. Klatt

Navy Petty Officer 3rd Class Gary B. Klatt, a 1988 graduate of Maine East High School, Park Ridge, was recently awarded the Battle Efficiency, or Battle "E" ribbon.

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George Hall attends brother's funeral

George Hall, a long time resident of Niles lost the last remaining member of his family of ten. His brother Bernard, died April 1 and was buried April 3 in Maryhill Cemetery in Niles. George was in Niles for the funeral.

Hall is now living in DeBary, FL but had lived in Niles for 23 years and served many organizations, one of which was The Maine Township Democratic Organization. He was also very active in the SUJ 55 Plus Club and the SJB Golden Agers.

Public meeting set for Block Grant Program

The Village of Niles is soliciting comments and suggestions from citizens and organizations regarding the Cook County Community Development Block Grant Program. Those wishing to express their views will be given an opportunity at the next board meeting scheduled for Monday, April 19 at 6:30 p.m. at the Council Chambers, 7200 Milwaukee Ave.

Funding for the Cook County Community Development Block Grant Program is available for programs which fall within the following categories: Housing and Residential Rehabilitation; Economic Development; Commercial Improvements; Real Property Acquisition; and Clearance and Demolition.

Activities are eligible only if they provide principle benefit to low and moderate income persons or aid in the elimination of slums and blight.

The Village will be applying for money from the Residential Rehabilitation category. This is the initial step in the application preparation process for the 1993 Community Block Grant Program.

Passport Photo Studio celebrates second anniversary

AAA Passport & Photo Studio, at 8330 Waukegan Rd., Room 4 (Classic Bowl Building) in Morton Grove provides customers with instant, low cost, official passport, visa, immigration, naturalization, citizenship, resume, ID, school, publicity, portrait photos in color or black and white.

Free passport application forms and foreign entry visa requirement information is provided for travelers.

Fingerprinting service and charts are also available. Instant color photos laminated on club membership cards.

Instant laminating service from small items to including legal size; also laminated business card or personal luggage tags, badges, club membership cards, photo ID cards, photos, menus, signs, certificates, etc.

No appointments are required. AAA Passport & Photo Studio is open 7 days a week. Hours are Monday thru Friday from 9:30 a.m. to 5 p.m., Saturday and Sunday from 9:30 a.m. to 2 p.m.

Free laminated personal luggage tag with strap for the first two hundred people to visit AAA Passport & Photo Studio with this article, in the month of April 1993. No purchase is necessary. This is a free gift for you.

For additional information, you may contact AAA Passport & Photo Studio at (708) 470-9514.

Present orchid show

The Illinois Orchid Society will present its annual Spring Orchid Show. "Orchids from Friday and Saturday and Sunday, April 24 and 25 at the Botanic Garden. More than 500 orchids in all colors of the rainbow and sizes from "dinner plate" to those small enough to need a magnifying glass will be on display in the main exhibition hall at the Botanic Garden.

Show hours are 9 a.m. to 5 p.m. on both days. Special hours for photographers are 7:30 to 9 a.m. on Saturday and Sunday.

Cast Your Vote!

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Lindquist cites key issues facing voters

As the April 20 election approaches, a number of important issues have separated the two major parties. The key issues facing the voters are:

1) Do you want proactive or reactive office holders? The Democrats have offered detailed plans for the future. The Republicans have yet to propose anything new. They have stated they will continue the programs of Supervisor Joan Hall, but have dumped her from their slate. And, in public forums, they predict (incorrectly) what the Democrats will do, without suggesting any programs.

2) Do you want to continue reckless spending, or demand accountability for your tax dollars? History has shown the Republican dominated Board renews or increases virtually all spending programs with no requirement for accountability. The Democrats will demand full accountability for all grant programs to make sure you are getting your money's worth. This will make it possible to eliminate waste and duplication, and permit adding needed new services.

3) Do you want officeholders who claim to be frugal, yet reward themselves with major perks like fully paid family health insurance for only six hours work a month? Or, do you agree with the Democrats that this \$32,000 is reckless spending, and should be cut?

4) Do you think public money should be spent with a favored source, or that open bidding should be employed? For exam-

ple, the Township now awards its insurance to the same broker year after year. The Democrats promise to open the bidding process.

5) Do you want officials capable of understanding and acting upon the needs of the Township, or do you want officials slated for strictly political reasons? The Democratic slate includes a social worker, a public finance professional, and a trained law enforcement professional. The Republican slate contains none of these. Republican candidates have consistently demonstrated their lack of understanding of what the Township government has done in the past, and should do in the future. A candidate recently told a public forum that the Republicans created the teen Drop-In Center. The fact of the matter is the existing board usurped a vital community based effort.

6) Do you want a Supervisor who already has one full-time job on the public payroll, and is assigned to a location in downtown Chicago? A man who cannot attend to Township activities during business hours without taking a leave of absence, or behaving unethically? Do you want a Supervisor who will be able to be on-site as needed?

There is one area of clear agreement. 911 is already in place in all the municipalities in the Township. It is not in place in the unincorporated area. Residents of that area should vote "Yes" on 911 to obtain this safe saving service.

mer veterans confined to the Hines VA Hospital near Maywood, are making these bright flowers for distribution in May.

Morton Grove Legion preparing for Poppy Day

Traditionally the month of May is saluted by the American Legion and Auxiliary groups as the Month of Remembrance. In that vein, poppies, the little red flower of remembrance of the deceased service personnel, are offered to the public.

Co-hospital chairman - both past presidents of the Morton Grove Unit #134, Josephine Lange and Alyce Campanella, report the veterans fashion these poppies which are offered to the community residents.

At present, a large group of for-

Funds derived are used to furnish comfort items to the hospitalized vets as well as aid to their widows, wives and children.

The American Legion says the makers are paid a small stipend which allows them the dignity of earning some money but also according to doctors, receiving therapeutic value for physically engaging in a satisfying activity.

District 219 Community Relations meeting

The Community Relations Committee of Niles Township High School District 219 will meet at 7:30 p.m. Wednesday, April 21 in the Board Room of the District Administrative Offices, 7700 Gross Point Road, Skokie. The meeting is an opportunity for community members to discuss school district matters informally with the Board of Education. Members of the community-wide Gang Task Force will show a videotape and be on hand to answer questions. All community members are invited to attend and bring a topic to the committee for discussion.

For information, call (708) 965-9365.

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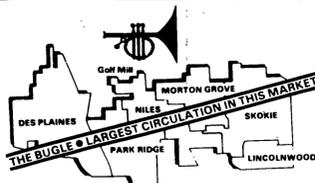
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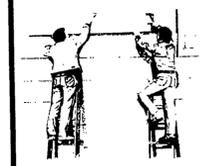


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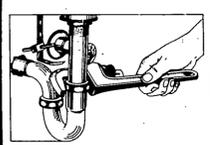


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KITCHEN CABINET REFINISHING AFFORDABLE PRICES UNBELIEVABLE RESULTS For Wood - Metal or Formica SAVE 70% over refinishing for a total new look MUST SEE! CALL: RON (708) 640-0650 Over 15 Years In Your Area

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COMPLETE CEMENT AND HOME REPAIR COMPANY Steps A Specialty Many Jobs Under \$250 Complete Basement Wall Cracks & Floor Cracks Repaired Permanently * All Work Warranted Rapid Repair Cement Can Be Applied At Temperatures As Low As 20°F & Can Be Walked On In 4 Hours Adds To Home Value - Adds A Fresh New Finish * COMPLETE INTERIOR PAINTING SERVICES AVAILABLE * (312) 509-6370 (24 Hours - 7 Days)

HERE IS YOUR CHANCE!! AN INEXPENSIVE, ENGLISH SPEAKING "ABSOLUT" CLEANING SERVICE Have You Had Trouble Keeping Your House Clean Lately? Have You Had Trouble Communicating With Those Who Clean Your House? Starting Tomorrow You Can Have This Problem Off Your Hands Our Job Is To Clean Your House We'll Do It INEXPENSIVELY, FAST AND PRECISE WE HAVE INSURANCE AND EXPERIENCE CALL NOW!!! (312) 794-9038

LENEEE'S CARPET CLEAN (708) 966-8430 RESIDENTIAL AND COMMERCIAL FREE ESTIMATES

CLEAN SWEEP Professional Office Cleaning And Window Cleaning Service FOR FREE ESTIMATES... (708) 324-3945

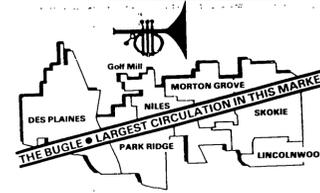
WE WILL GET YOUR AD QUICKLY and ACCURATELY ON OUR FAX MACHINE

FAX FOR ADVERTISING COPY

Bugle Newspapers

8746 N. SHERMER ROAD, NILES, IL (708) 966-0198 (OUR FAX NUMBER)

USE THE BUGLE Classifieds 966-3900



Your Ad Appears In The Following Editions

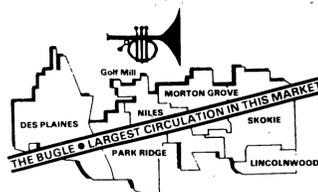
- NILES BUGLE
MORTON GROVE BUGLE
SKOKIE/LINCOLNWOOD BUGLE
PARK RIDGE/DES PLAINES BUGLE
GOLF-MILL/EAST MAINE BUGLE

INFORMATION ON CLASSIFIED ADS You Can Place Your Classified Ads by Calling 966-3900 or Come To Our Office in Person At: 8746 N. Shermer Road, Niles, Illinois. Our Office Is Open - Monday thru Friday, 9 A.M. to 5 P.M. Deadline for Placing Ads is Tuesday at 2 P.M. Certain Ads Must Be Pre-Paid In Advance: Business Opportunity, For Sale, Miscellaneous, Moving Sale, Personals, Situation Wanted, Or If The Advertiser Lives Outside Of The Bugle's Normal Circulation Area.

Table with 5 columns: FULL/PART TIME, FULL/PART TIME, FULL/PART TIME, FULL/PART TIME, FULL/PART TIME. Contains various job listings such as National Consumers Finance Company, Security Officers, Plaster Patching Helper, Warehouse, CNA's Long Term Care Facility, Tellers, LPN's, Bi-Lingual Positions, Patient Financial Services Opportunity, Vending, Legal Secretary, and Child Care.

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FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	PART TIME	PART TIME
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SUMMER EMPLOYMENT OPPORTUNITIES AT THE NORTHBROOK PARK DISTRICT College Students!

Here's A Great Way To Spend Those Warm Summer Days Having Fun At The Northbrook Park District. If You Enjoy Working With Young Children, Positions Exist At Our:

- Summer Camps • Sports Events
- Swimming And Life Guarding
- Concession Stand Opportunities At Both Pool Facilities

Applications At The Sports Center Annex Offices
1720 Pfingsten Road, Northbrook
Call For More Information: (708) 291-2369

NORTHBROOK PARK DISTRICT JOB OPPORTUNITIES

YOUTH SOCCER OFFICIALS

Northbrook Park District Needs Mature And Enthusiastic Individuals To Officiate In Youth Sports Program. Flexible Weekend Schedules. Certification Desired But Zeal More Important. \$10 Hourly. Apply In Person Before April 16: 1720 Pfingsten Road, 9 to 5 PM, Or Call (708) 291-2369

SOFTBALL OFFICIALS

Northbrook Park District Needs Mature And Enthusiastic Individuals To Officiate In Its Girls Softball Program. Flexible Weekend Schedules. Certification Desired But Zeal More Important. \$10 Hourly. Apply In Person Before April 16: 1720 Pfingsten Road, 9 to 5 PM, Or Call (708) 291-2369

POOL CONCESSIONS

Northbrook Park District Has Summer Concession Opportunities Available June Through August. Flexible Hours, Weekdays & Weekends. Apply In Person - Sports Center Registration 1720 Pfingsten Road, Or Call (708) 291-2980

CAMP POSITIONS

Positions Available At Boy Scout Camp Near Antigo In Northern Wisconsin. Salary \$1,500.00 For Season Plus Room And Board If Necessary. June 12 Through August 10. Contact Mike Hale At (708) 433-1813.

SHOOTING SPORTS DIRECTOR

Must be 21, Will Supervise Rifle And Shotgun Range. Must Be NRA Instructor, Military Personnel Or Be Willing To Receive Boy Scout Certification.

AQUATICS DIRECTOR

Must Be 21, Have Standard First Aid And B.S.A. Instructor Or Red Cross Water Safety/Lifeguard Instruction. Experience Important.

NEED HELP ? CALL... 966-3900

The Bugle Newspapers are happy to announce the introduction of our Weekend Job Guide, which will be offered to our advertisers as of January 7, 1993. The deadline for this publication will be Thursday at 4 pm. Please call (708) 966-3900 for further information.

DAY CAMP POSITIONS

Day Camp Positions Available At Cub Scout Camp. Location Is Wheeling For 2 Weeks Then Wadsworth For 6. Contact Mike Hale At (708) 433-1813 If You Are Interested In The Following Positions:

For 16-20 Year Old Males Or Females Who Enjoy Working With Youth. Salary Range From \$90.00 A Week To \$150.00 A Week Based On Age And Experience. Dates Are June 14 To August 13 - 5 Days A Week.

For 21 Year Olds Or Older. Will Work With Youth Age 7 To 11. Need Someone Who Enjoys Working With Youth. Dates Are June 21 - July 2. Salary Is \$250.00 Per Week At The Wheeling Location Only. One Position Available 21+ For June 11 - August 13. Salary Negotiable

ELECTRICAL PROJECT ENGINEER

North Side Manufacturer Of Meat Processing Equipment Seeks An Aggressive B.S.E.E. Or Equivalent With 3-5 Years Experience Responsible For Electrical, Mechanical, Controls Design And Assembly Excellent Growth Potential With Competitive Salary And Benefits

Send Resume And Salary Requirements To:
Personnel Manager
P.O. Box 46489 - Chicago, IL 60646

ADMINISTRATIVE ASSISTANT

Fast Paced Sales Office In Niles Needs A Full-Time Self-Starter. You'll Need Good Communication Skills, An Eye For Detail, And Some Computer Experience

Non-Smoking Office
Call: (708) 692-2260

SECURITY OFFICERS

Immediate Openings For Uniformed Guards \$5.50/7.00 Per Hr. Benefits Available. Chicago, N.W. & Near West Suburbs. Apply Thursday, April 15th 9 A.M. To 4 P.M.

Holiday Inn, Mannheim & Touhy, Des Plaines, IL
SECURATEX LTD
(708) 598-3399

CORRECTIONS

Each ad is carefully proof read, but errors do occur. If you find an error please notify us immediately. Errors will be rectified by republication. Sorry, but if an error continues after the first publication and we are not notified before the next insertion, the responsibility is yours. In no event shall the liability for the error exceed the cost of the space occupied by the error.

ROBINSON BUS SERVICE, INC & SUBSIDIARIES

SCHOOL BUS DRIVERS WANTED

No Experience Necessary, We Will Train You.

- You Must Be At Least 21 Years Old.
- Have A Good Driving Record For The Past 3 Years.
- Pass A Required Physical Exam.

We Offer Insurance Benefits, Paid Holidays, & Vacation, & Much More! If You Are Interested, Please Apply At The Following Convenient Locations On Weekdays Between 9 A.M. & 3 P.M.:

4716 W. Division St., Chgo.
7333 S. State St., Chgo.
1528 Emerson, Evanston
8253 N. Lincoln, Skokie

SCHOOL BUS DRIVERS

Morning & Afternoon Hours Available
No Experience Necessary!

- We'll train you! Work Monday thru Friday, 2 to 5 hours or more each day, driving in Evanston, Glenview, Glencoe, Wilmette and Skokie areas.
- We offer a competitive wage. Applicants need to be 21 or older with a good driving record. Apply in person at 1528 Emerson in Evanston or 8253 Lincoln Ave., in Skokie. eoe m/f/d/v

Winkels Transportation Maierhofer, Inc.

SALES

Full/Part-Time Salespeople Personal Safety Product Sells Itself. Ground Floor Opportunity. Full Training. Distribution. Ask For John: (708) 545-6900

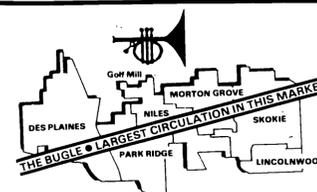
WE WILL GET YOUR AD QUICKLY & ACCURATELY ON OUR FAX MACHINE

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FOR ADVERTISING COPY
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8746 N. SHERMER RD., NILES, IL
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(OUR FAX NUMBER)

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DATA ENTRY OPERATOR - CUSTOMER SERVICE

Full-Time
Must Have Pleasant Speaking Voice
Experience Necessary
In Data Entry
(312) 633-0900
Call After 10 A.M.
Ask For Randi

DATA ENTRY CLERKS

Looking For A Good Job?
You Need To Know Someone.

GET TO KNOW OLSTEN!
Must Exceed 7,000k. Free Brush-Up If Qualified. High Hourly Weekly Paycheck. Vacation Pay After 1200 Hrs. Corporate Environment In NW Suburbs.
Ask For Michelle
(708) 518-0800

GENERAL OFFICE

Mac Experience
Flexible Hours
1 PM - 6 AM Daily
O'Hare Area
Contact Joanne:
(312) 380-7500

TELEMARKETING

Home-Based
Perfect For Retirees And Others
4-6 Hours Per Week
• NO SELLING •
• Must Be Reliable •
Please Call:
(708) 515-5822

DIETICIAN

Immediate opening for full time administrative dietitian, candidate must be a highly motivated individual who will oversee and manage our Health Care Center's food program. Must be RD or RD eligible.

Please call or send resume:
PRESBYTERIAN HOMES
Human Resources Department
3200 Grant St.
Evanston, IL 60201
(708) 492-2905

DEMONSTRATIONS

Permanent - Part-Time
Supervisor/ Demonstrators
In Niles/Skokie
CALL: DIANE
1 (800) 852-3088

Recruitment Center Restaurant Opportunities

RESTAURANT MANAGEMENT

We Are:
GROWING TOO FAST! YOU CAN GROW FAST TOO!

- SHIFT MANAGERS
Full And Part-Time
\$6.50 - \$8.05 Per Hour
- ASSISTANT MANAGERS
Up To \$21,000 Per Year
Benefits Available

Brand New Stores Under Construction In:

NILES 2 Locations
EVANSTON 2 Locations
SKOKIE 1 Location

Call:
Pizza Hut (708) 298-3993
Or Send Resume To:
9102 Milwaukee, Niles, IL 60714

WAITERS / WAITRESSES

Full And Part-Time
Private Country Club On North Shore Now Developing And Training New Quality Wait Staff For Full-Time & Part-Time Positions. Day Or Evening Hours Now Open. \$8.25 Per Hour. Health Insurance Available.
Experience Not Necessary
Please Call:
Liz Or Carl
(708) 729-6500

AU BON PAIN BAKERY CAFE

Interviewing For Full & Part-time

- CASHIERS
- FOOD PREP PERSONNEL

For Our Location At Old Orchard Mall. If You Are Energetic, Friendly, Responsible And Seeking A Great Opportunity, We Want To Talk To You. Interviews Will Be Held At:
Au Bon Pain
#62 Old Orchard Road
Monday - Friday - 9 A.M. - 3 P.M.
Ask For Kathy

WE'RE REALLY COOKING NOW & SERVING UP OPPORTUNITIES FOR YOU!

- * Full-Time
- * Part-Time
- * Flexible Scheduling
- * All Shifts Available
- * COOKS
- * Line, Broiler
- * Prep & Pantry
- * Starting at \$6.50 / Hour
- * SERVERS

WE'RE HAMBURGER HAMLET BAR & GRILLE... AND WE'RE COMING TO GLENVIEW!
We've got great opportunities available for enthusiastic individuals who want to work with an industry leader.

We provide "exceptional benefits, competitive salaries, advancement opportunity, ongoing training & development and a fun, relaxed environment!"

WE'RE WAITING FOR YOU! APPLY IN PERSON, Monday, Saturday, 9 AM - 6 PM at: Hamburger Hamlet Bar & Grille in Glenview. We're located in the Carillon Square Shopping Center (on Waukegan Rd., just north of Lake). Equal Opportunity Employer.

HAMBURGER HAMLET BAR & GRILLE

Bus Boys

Bus Staff Wanted At Private Club For Summer Hours. \$6/Hour To Start
We Train
Call:
(708) 729-6500
Liz Or Carl

- MANAGERS-ASSISTANTS
Growth Potential And Excellent Fringe Benefits
- THRIFT STORE CLERK
Part Time-Day & Evening Hours Plus Weekends.

HOLSUM BAKERS
9207 Milwaukee, Niles
(708) 965-8080
No Wednesday Interviews
EOE/M/F/H/V

DELIVERY - DRIVERS

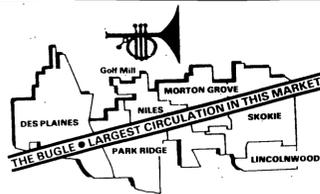
Now Hiring!
Full Or Part-Time
Hours Available
Must Have Clean Driving Record And Be Able To Start Immediately.
(708) 657-1057
Pizza Hut
Glenview

Your credit is good with us!
We accept Visa & MasterCard

Notice
Bugle Newspapers reserves the right at any time to classify all advertisements and to reject any advertising deemed objectionable. We cannot be responsible for verbal statements in conflict with our policies. All Help Wanted ads must specify the nature of the work offered. Bugle Newspapers does not knowingly accept Help Wanted advertising that in any way violates the Human Rights Act. For further information contact the Department of Human Rights, 32 W. Randolph St., Chicago, IL 793-6490.

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Classifieds
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PART TIME

TYPIST/PASTE-UP
The Bugle Newspapers Is Looking For A High School Student To Work In Our Production Department
5 - 10 Hours Per Week.
• Must Be Good Student •
Call Mark
(708) 966-3900

PART TIME

DELIVER NEWSPAPERS
3-5 Hours Per Week
Must Have Car!
Call:
(708) 966-3900

**Come In And Place
Your Garage Sale
Ad Today!**

**Pick Up Your
FREE
Garage Sale Signs**

Appearing in all 5 editions 3 lines \$6.50 each additional line \$1.50

THE BUGLE NEWSPAPERS
8746 N. Shermer — Niles
(708) 966-3900

BUGLE NEWSPAPERS CLASSIFIED ADVERTISING OFFICE HOURS and DEADLINES
Our offices are located at 8746 Shermer Rd., Niles and we are open weekdays only, 9am-5pm. You may stop in or call (708) 966-3900 to place your ads. For ads only, you may fax your copy anytime, 7 days a week, 24 hours a day to (708) 966-0198. Our deadline for all insertions for our Thursday editions is Tuesday prior to publication at 3pm. Call your representative for other specific information.

There are now 2 deadlines for your convenience. You still can place your classified ads until 4:00 pm. Tuesday for our Thursday editions, AND ALSO UNTIL 4:00 pm. THURSDAY for our Weekend Job Guide! Take advantage of this second deadline for those last-minute positions that need filling NOW! You no longer have to wait a week to have your ads reach thousands of readers in your area. So call: (708) 966-3900 for fast service and RESULTS!!

MISCELLANEOUS FOR SALE

Easy Chair, Sofa & Love Seat Blue, Mauve & Cream - Ex. Cond. Must Sell \$550 - (708) 855-9047

1992 Encyclopedia Set - Major Brand Still New - Box Unopened Only \$1200 - Must Sell \$295 (708) 860-0585 - 8/4-5:30 P.M.

Furniture - Cherry Queen Ann Style Perfect Condition - Bedroom Set \$1100 Dining Room Set \$1700 Must Sell Complete Set (708) 855-0611

OUTBOARD MOTOR 10 HSP 2 Sump Pump, 1 House Scaffold 967-6709

RUMMAGE SALE

The United Methodist Women Of Central United Methodist Church Will Hold A Rummage Sale, April 23, 7:30 A.M.-8:00 P.M. & April 24, 9:00 A.M. - 12:00 P.M. At The Church: 8237 KENTON AVE., SKOKIE Clothing, Household Items & More

NILES COMMUNITY CHURCH

7401 Oakton St.
Wed., 4/21, 6:30 P.M. - 9:30 P.M.
Thurs., 4/22, 9 A.M. - 2 P.M.
French Room & Bake Sale

SNOWBLOWER FOR SALE

SNOWBLOWER 8 H.P. Self-Propelled With Chains Like New \$375.00 - (708) 390-0044

TANNING

WOLFF TANNING BEDS

New Commercial - Home Units From \$199.00 Lamps - Lotions - Accessories Monthly Payments Low As \$18.00 - Call Today FREE NEW Color Catalog 1 (800) 462-9197

WANTED TO BUY

WANTED WURLITZERS JUKE BOXES ALSO SLOT MACHINES Any Condition (708) 985-2742

Your credit is good with us! We accept Visa & MasterCard.

Bugle Newspapers AUTO DEALER DIRECTORY

Avanti /Subaru SUBARU IN PARK RIDGE 740 Busse Highway, Park Ridge (708) 823-9800	Chrysler Plymouth WALTON CHRYSLER PLYMOUTH 5050 Dempster Skokie (708) 673-7600
Buick LOREN BUICK/HYUNDAI 1620 Waukegan Road, Glenview (708) 729-8900	Subaru STEVEN SIMS SUBARU 715 Chicago Avenue - Evanston (708) 869-5700 - 1 (312) SUBARUS
Chevrolet /Volkswagen JENNINGS CHEVROLET/VOLKSWAGEN 241 Waukegan Rd. Glenview (708) 729-1000	AUTO DEALERS! Call Classified to place your ad FOR INFORMATION (708) 966-3900

REAL ESTATE

APTS. FOR RENT COMPARE TO BELIEVE Renovated & Updated 2 Bedr Apt. New Carpeting - Great Location Private Entrance - Blocks From I-294 View Of Acre Courtyard Laundry/Storage - A/C - \$625 Month Malibu Apartments (708) 658-8463	VACATION RENTAL HILTON HEAD DISCOUNT RENTALS Why Not Get Away To Beautiful Hilton Head Island, SC? 1, 2 & 3BR Ocean Condos Toll-Free For Rental Brochure (800) 445-8664
New Remodeled Efficiency Apartment Located Minutes From I-294 Private Entrance - Parking A/C - Laundry/Storage Malibu Apartments (708) 658-8463	
NILES - 6 Room, 3 Bdr, 1-1/2 Bath, Heated - No Pets - Available 6/1 (708) 803-8718	Find the help you need in our classified section.
Skokie - 3 bdr., 1-1/2 ba., dishw. & laundry, 1 parking + half of garage \$975 - Call Tania - (708) 933-1223	

REAL ESTATE

WANTED TO BUY
WANTED WURLITZERS JUKE BOXES ALSO SLOT MACHINES Any Condition (708) 985-2742

Equal Housing Opportunity

Real Estate advertised in this publication is subject to the "Federal Fair Housing Act", "The Illinois Human Rights Act" and "The Chicago Fair Housing Ordinance". These laws make it illegal to advertise any preference, limitation, or discrimination based upon a person's race, color, religion, national origin, sex, marital status, mental or physical handicap, age, marital status, parental status, sexual orientation, or lawful source of income. This publication will not knowingly accept any advertising for Real Estate that is in violation of the law. All persons are hereby informed that all dwellings advertised herein are available on an equal opportunity basis.

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ATTENTION HOME OWNERS

- Tired of shoveling snow • Tired of cutting your grass
- Tired of maintenance • Tired of not having the freedom to travel without worrying about your home

THEN

TREAT YOURSELF TO THE LUXURY OF A COURTYARD OF HARWOOD HEIGHTS CONDO

Come see us at The Courtyard of Harwood Heights, affordable luxury with all the amenities you want at a price you can afford. Includes heated garage, laundry room in each unit, 3 elevators, balcony, all appliances and much more.



CONCERNED ABOUT SELLING YOUR HOME?
THEN
INQUIRE ABOUT OUR BUY/SELL ASSURANCE PROGRAM

**MODEL'S OPEN : Monday thru Friday 11:00 AM - 5:00 PM
Saturday & Sunday 11:00 AM - 5:00 PM
OPEN WEDNESDAY 11:00 - 8:00 PM**

FOR DETAILS CALL

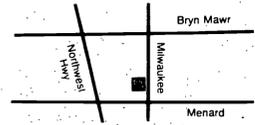
SAM ZITELLA (708) 997-1975
ZITELLA DEVELOPMENT CORP
4950 N. HARLEM
HARWOOD HEIGHTS, IL 60656



Quality Sold Here

PAULSON'S PAINT, WALLPAPER & WINDOW FASHIONS

SINCE 1945



WE DISCOUNT ALL WALLPAPERS



HOURS:
MON & THURS 7:30 AM - 9 PM
TWF: 7:30 AM-5:30 PM. SAT: 8 AM - 5 PM
OPEN SUNDAY: 10 AM - 3 PM



**NOW FEATURING
Artloom
Carpeting**

5514 MILWAUKEE AVE • CHICAGO, ILLINOIS 60630 • PHONE (312) 763-7337

We've cornered the market on Quality

Save now on Moore's top quality interior Regal paints. Choose from Regal Wall Satin for a velvety flat finish, Regal AquaVelvet for a washable eggshell finish, Regal AquaPearl for a beautiful pearl-like lustrous finish or Regal AquaGlo for a picture perfect semi-gloss finish. All four provide beauty, durability and feature spatter-resistant application. Also available in over 1600 custom and ready-mixed colors.

25% OFF With This Ad ONLY
Sale Ends May 2nd
GALLON SIZE ONLY

Natural Beauty that Lasts

Mask wood grain while enhancing it's texture with the rich, rustic shades of Moorwood Solid Color Exterior Stain and Moorwood Vinyl Acrylic Latex Stain. Quality, protection and natural beauty for smooth or rough siding, shakes, shingles, trim and fencing.

25% OFF With This Ad ONLY
GALLON SIZE ONLY

Sale Ends May 2nd

<p>PAINTERS-PAK BRUSHES Your Choice: 4" brush and 1 1/2" trim brush or 2" brush. \$3.99 \$8.99 FOR 2 BRUSHES Use for All Paints by Linco</p>	<p>SPRAYMASTER THE ULTIMATE SPRAYER Highest quality spray bottle that's made to last. 2 FOR \$4.99 EACH BOTTLE 5 Year Guarantee</p>
<p>HYDRA SPONGE Ideal size for walls and ceilings. \$4.99 Non-toxic PHC3</p>	<p>HOW DO YOU CLEAN YOUR BLINDS? Try our new quick, easy Blind-Glo no rinse cleaner. \$2.99 16 OZ. SPRAY</p>
<p>Let-Corner CLEAR CORNER PROTECTORS 4 Ft. strip \$1.39 Won't crack</p>	<p>INDUSTRIAL STRENGTH PAINT & VARNISH REMOVER \$11.99 Removes Paint Lacquers Varnish Enamel</p>
<p>BLUE SOAP by Metolite Wall and Floor Cleaner 2 LB. \$2.49 5 LB. \$4.99</p>	<p>RESTORES AND REWEBS CERAMIC GROUT LINES Clean, restores and rewebs grout lines. \$3.99 8 OZ.</p>
<p>CHALLENGER Removes Grease & Grit 17 \$4.39 ET.</p>	<p>BATH SCRUB Cleans better and faster than a scrub. \$2.39</p>

Moore's House Paint SALE

25% OFF With This Ad ONLY
GALLON SIZE ONLY

Latex Exterior Primer
High hiding and great leveling latex primer recommended for use under latex paint. Resists blistering on new construction.

Flat House Paint
Beautiful matte-flat finish featuring exceptional hiding and durability. Especially suited for exterior masonry and wood.

MoorGlo Latex Exterior Stain Paint
Distinctive soft-gloss finish offers outstanding gloss and color retention for all types of exterior surfaces. Perfect for repainting aluminum and vinyl siding.

MoorGard Latex House Paint
Long lasting beauty and weather-resistance in a beautiful low-lustre finish. Choose from over 1600 custom and ready-mixed colors.