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NILES IL 60714

Blase sees surcharge as Springfield bargaining chip

by Sheilya Hackett

Niles Mayor Nicholas Blase predicts the income tax surcharge will be the "Number one argument in Springfield until June." Niles and other municipalities were upset last year when state legislators cut the towns' share of

the surcharge revenues. Originally, towns received 50 percent and schools the other 50 percent. Last year, because of the state revenue deficit, legislators extended the surcharge through June 30 and voted to give half of the towns'

portion to the state. The state, in turn, used that money for the schools, Blase said. But with the City of Chicago unhappy over losing \$53,000,000 because of the new distribution, Continued on Page 27

MaineStay offers parent education program

MaineStay, Maine Township youth services department, will present "Cluing In To Your Child's Self-Esteem," a program for parents of children 12 and under, at 7:30 p.m. Wednesday, Jan. 27, in the Maine Township Youth Drop-In Center at Stevenson School, 9000 Capiol Dr., Des

Plaines. The free program, presented by MaineStay therapist Lori Baer, M.S.W., will offer parents simple techniques to increase rapport with their children and nourish their self-esteem. Parents will also have an op- Continued on Page 27

Niles
edition of **The Bugle**

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Taxpayers' money sinking down Ballard pool drain

Millions for 17 Niles swimmers

The multi-million dollar Ballard Sports Complex pool, owned by the Niles Park District, was used by an average of only 17 patrons per day last summer. A report issued on January 5 by Boonestro and Associates consulting firm, hired by the park district, indicated the low pool usage. A source at the Park District noted that Boonestro used at-

tendance figures provided by Niles Park District staff. "It would be cheaper to build a swimming pool in the backyards of each of these seventeen swimmers, than repair the existing pool." -Niles official
In spite of the virtual non-use Continued on Page 27

File election petitions

Petitions for the April 20 Consolidated Election may be filed with Village Clerk Kathy Harbison at the Niles Village Hall between the hours of 8:30 a.m. and 5 p.m. beginning Monday, Feb. 1. The deadline for filing is Monday, Feb. 8, at 5 p.m. For further information contact the Village Clerk's office at 967-6100 ext. 330.

District 219 parents oppose cut of Hebrew language course

Parents of students in Niles Township High School District 219 packed a school board meeting to complain about the District's proposal to dissolve the Hebrew language program if enrollment does not increase. The school board proposal raises the minimum number of first year students to 60, up from

the current 15, to maintain the language program. The board listened to parents at the meeting and said it would vote on the issue at the next board meeting in February. Leonard Ackman, Niles West High School administrative director, said the proposed change Continued on Page 27

Apply for township energy assistance

Those having trouble paying their heating bills may qualify for financial help through the Low Income Energy Assistance Partnership Program (formerly REAPP).

Persons who meet income qualifications may file an application at the Maine Township Social Services Department in the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge. To schedule an appointment, call 297-2510, ext. 236.

This program can provide help with heating bills to persons who are low-income working people and recipients of AFDC, Social Security, Supplemental Security Income, Disability, Unemployment Compensation, General Assistance or other government aid.

Apartment dwellers whose heat is included in their rent and who pay more than 30 percent of their income for rent may also be eligible.

Income eligibility guidelines are as follows: Household of one, \$625; two, \$843; three, \$1,061; four, \$1,279; five, \$1,497. Add \$218 for each additional household member.

The program is funded by a government grant administered by the Community Economic Development Association of Cook

County (CEDA). Maine Township is the closest designated application site. Applications will be processed immediately and delivered to CEDA so that applicants can obtain energy assistance as quickly as possible.

File for township offices

Maine Township Clerk Stephen J. Stolton has announced that filings for the April 20 Township Election will be received by Chief Deputy Clerk Pam Anderson in the Township Clerk's Office beginning at 9 a.m. Feb. 1. Filings will close at 5 p.m. Monday, Feb. 8.

Candidates nominated at the Democrat and Republican Caucuses on Jan. 12 file Certificates of Nomination as a slate. Any other candidates must file nominating petitions.

For further information, contact Andersen at 297-2510, ext. 224.

SENIOR SEASONS GUIDE

Recognize Parkside program



J. Patrick O'Brien (left), general manager, Central Region, Swissair, presents the airline's first annual Quality Award to Steve Twadell (center), director, Parkside POWER Program, Lutheran General Behavioral Health Corporation (LGBH). Looking on is Terence M. Madl (right), regional manager, Cargo Sales and Services, Swissair. LGBH's POWER Program is an outdoor wilderness experience used by corporations to teach executives teamwork. A group of Swissair employees are shown in the background, scaling an 11-foot wall that's an optional part of the program. The award—a handcrafted brass authentic Swiss cowbell on an embroidered yoke—is always worn by the leader of large herds of Swiss dairy cattle. The cowbell symbolizes recognition of superior leadership skills and outstanding performance.

Niles seniors spread holiday cheer



Niles Senior Center Singles Club spread holiday cheer by delivering gift bags to fellow seniors. Pictured are club members Mary Allen and Bill Bethman.

Induct officers at Y Senior Center

New Officers for 1993 were elected at the December meeting of Leaning Tower Senior Adult Center, 6300 W. Touhy Ave., Niles. An installation of officers was held January 4.

The following members of Leaning Tower Senior Center were installed: Merritt Cook, President; Victoria Brauer, Exec. V.P.; Marion Zehner, V.P. Committees; Irv Eisenstein, V.P. Programs; Veronica McFadden, Recording Sec.; Al Pollack, Corr. Sec.; William Lynch, Corr. Sec.; Svea Engberg, Fin. Sec.; Marie Konicek, Treasurer; Ruth Chern, Sgt.-at-Arms; Glenn Dismang, Sgt.-at-Arms. Installing Officer was James Kohler, Executive Director of the

Leaning Tower YMCA. Leaning Tower Senior Adult Center has almost 1,000 members and over 80 activities for Senior Citizens over 60 years of age. The new officers look forward to serving fellow members with much enthusiasm. Refreshments will follow installation ceremonies. All members of the senior center are invited to come and welcome their newly elected officers.

Andrew N. Sullivan Marine Staff Sgt. Andrew N. Sullivan, whose wife, Theresa, is the daughter of Jack and Marie Maugi of Morton Grove, IL recently reported for duty at Marine Corps Logistics Base, Barstow, CA.

File senior citizen exemption

Robert P. Hanrahan, Assessor of Niles Township has informed Senior Citizens that the Renewal Forms for the 1992 Senior Citizen Exemption, which must be filed each year, were recently mailed to those seniors who were registered for the exemption for 1991.

The applications are letter size with a detachable form at the bottom. Senior homeowners can verify the information and complete the renewal process simply by signing and returning the lower portion of the form either to the Cook County Assessor's Office or the Niles Township Assessor's Office. Those who turned 65 in 1992 are eligible to receive the Senior Citizen Exemption for the first time.

Homeowners receiving the Senior Citizen Exemption automatically qualify for the general Homeowners Exemption and will not have to apply for it when those forms are mailed at a later date.

For further information call 673-9300.

Caregivers receive support

SHARES, a support group for persons who care for an elderly or sick individual in their home, will meet at 7 p.m., on Thursday, Jan. 21, in the Anderson Pavilion of Swedish Covenant Hospital, 2751 W. Winona.

The meetings are free and moderated by trained counselors on the hospital's staff. All appropriate persons are cordially invited to attend. For more information, contact the SCH Pastoral Care department, (312) 878-8200, ext. 5365.

Guitarist entertains

Singer, guitarist, and comedian Timothy Burr entertained at Devon Bank's Senior Citizen Program recently.

Free refreshments are provided before all Devon Bank monthly senior citizen entertainment. Devon Bank has free senior citizen checking with direct deposit, which assures the safe, on-time arrival of Government payments. Seniors with questions about Devon Bank products or services or the scheduled programs may call Joellen at (312) 465-2500 X302 during regular banking hours.

Gary B. Klatt Navy Petty Officer 3rd Class Gary B. Klatt, a 1988 graduate of Maine Township High School East of Park Ridge, recently returned aboard the ballistic missile submarine USS Stomewell Jackson.

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Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to residents of the Village of Niles, age 62 and over and their younger spouses. Seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

DISCOVER DISCUSSION GROUP
The Discover Discussion Group will meet on Thursday, Jan. 21 at 2 p.m. at the senior center. Newcomers are always invited to join in the group's lively discussion on various subjects. There is no charge to attend this program however, reservations are requested and may be made by calling the senior center at 967-6100, ext. 376.

CPR CERTIFICATION OFFERED
The Niles Senior Center is offering CPR (Cardiopulmonary Resuscitation) at the center on Wednesday, Jan. 20 from 1-4:30 p.m. This program will be taught by Niles Fire Department personnel. There is no cost, however, registration is required and may be made by calling 967-6100, ext. 376.

NEW SENIOR CENTER REGISTRATION PROCEDURES
Beginning in January, seniors registering for programs with a fee will need to register in person at the center and make payment at that time. In order to obtain a refund, cancellations must be made before final arrangements and bills are paid by the center. For programs without a fee, seniors may phone in their reservations. Should you have questions regarding this new procedure, please call the center at 967-6100, ext. 376.

INCOME TAX ASSISTANCE APPOINTMENTS
The Niles Senior Center will begin taking Income Tax appointments on Monday, Jan. 25 at 9:30 a.m. Appointments will be available on Tuesdays, Wednesdays, and Thursdays, Feb. 2 through April 8. For appointments call 967-6100, ext. 376.

BREAKFAST AND MOVIE
The Niles Senior Center will host an event featuring sweet rolls/coffee and the movie "Fried Green Tomatoes" on Wednesday, Jan. 27 at 9:45 a.m. The cost is 50¢. Register at the senior center.

UPCOMING LUNCHEONS
The Niles Senior Center will host a luncheon on Friday, Jan. 29 at noon. The menu is boneless breast of chicken, oven browned potato, vegetable, roll/butter and ice cream sundae. Entertainment will be provided by Tim Burr, singer and comedian. The cost is \$5.75 per person. Tickets are also on sale for the Feb. 12 lunch at noon. The event will feature a Chinese buffet and entertainment from the center's "Golden Notes." Tickets are \$5.75 each. Registration should be made in person at the senior center.

SCREENINGS AT THE SENIOR CENTER
The Niles Senior Center will hold a Blood Draw for coronary risk panel on Monday, Feb. 1 between 9 a.m. and 11 a.m. The cost is \$15. Also available will be a free TB test at the same time. For additional information, Terry Sprengel, RN, BSN at 967-6100, ext. 376.

S.I.J. 55 PLUS CLUB
Our first meeting of the year was on Jan. 7, with the installation of the new officers by moderator Frank Romeo. New officers are as follows: President Bernice Tegeler, Vice-President Rudy Seifert; Secretary Eleanor Britt; and Treasurer Florence Morgan. We want to thank out-going President Ann Romeo and her officers and committee people for the wonderful job they did for us. President Bernice Tegeler is asking for everyone's full support. The months ahead promise to be busy and require help from everyone. On Feb. 11 we are planning a Valentine Party so sign up. Plan on participating in all events. Best wishes are extended to all who celebrate their birthdays this month. Get well wishes, cards or visits and prayers are asked to be sent to all our sick members. Hearts, flowers and best wishes to all couples who celebrate their wedding anniversaries in January. Also a big thank you to Betty and Felix Jach, who treated us with coffee and biscuits at our Jan. 7 meeting. It was in celebration of their 50th Wedding Anniversary. God's blessing and much happiness to a wonderful couple in the ensuing years. Congratulations!

Emeritus courses at Oakton

If you think retirement is a time to do the rewarding things you have put off in the past, the Emeritus Program at Oakton Community College is for you. Meet the instructors and learn about spring credit courses at "Taste of Emeritus" on Tuesday, Jan. 26, from 1 to 2:30 p.m. at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Registration is underway for spring courses including drawing, painting, Tai Chi Chih, Hatha Yoga For Beginners and Theater-Going in Chicago. Also courses in literature about family life, great novels, playing bridge, stress relief and great composers such as Mozart are offered.

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1993 NINA MEMBER Northern Illinois Newspaper Association

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David Besser - Founding Publisher
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Fire marshal receives award

"In recognition of your outstanding support and dedication to the missions of the Fire Investigator's Strike Force," reads the plaque that was presented to Fire Marshal Wayne E. Parthun of the North Maine Fire Department. The presentation took place at the annual meeting of the Fire Investigator's Strike Force in Rosemont.



Fire Marshal Wayne Parthun displays his plaque. Parthun was recognized for his efforts in pursuing and getting a conviction against an arsonist. This was also in recognition of his continued work, statewide, in chairing a committee dealing with the Juvenile Fire Setter problem.

Both activities have kept Fire Marshal Parthun busy since joining the North Maine Fire Department's Fire Prevention Bureau. The conviction of two arsonists is the result of teamwork between the investigators of the Fire Department and the investigators of the Cook County Sheriff's Police Department. Both cases involved residential property. One fire involved the endangerment of life, and the other fire involved loss to a private home.

Fire Marshal Parthun is Chairman of the Juvenile Fire Setter Committee of the Illinois Chapter of the International Association of Arson Investigators. As chairman, he is responsible for the coordination of fifteen area coordinators statewide, program development, training sessions, and material updating. He has been the guest speaker at several

seminars during 1992. "The success of the Committee has been based on the full participation of its Committee members, and their dedication to resolving this very serious problem facing the fire service, Juvenile Fire Setters," states Fire Marshal Parthun. "When Parthun is not inspecting buildings, enforcing building and Fire Safety Codes, or following up on citizen complaints and home inspections, he is assisting the Community Action Committee to eliminate the gang influence in the Fire District.

District 207 implements Project Homerom

Despite some obstacles, Project Homerom has helped District 207 look forward to the future when all students will have a computer in their home, linking them to the school for continual learning and communication, according to Suzanne Millies, assistant superintendent for instruction.

Project Homerom joined District 207 in the fall of 1991 with Ameritech Telephone, Centel, and IBM in a two-year pilot project to place computers in about 100 student homes and link them to the school's mainframe computer and computerized library via telephone lines. At the November 19 education committee meeting, board members heard an assessment of the first year of the program by Jeffrey B. Hecht, Hecht, who evaluated the project, is with the educational research laboratory of the college of education at Illinois State University.

Forest Preserve District honors volunteers

Individuals who have donated their time to preservation efforts at the Cook County Forest Preserve District will be honored by Board President Richard Phelan during an awards ceremony on January 23 at 11:30 a.m. at the Brookfield Zoo Discovery Center.

"Volunteers play an integral role in the restoration and preservation of the Forest Preserves," Phelan said. "Their dedication, energy and talents can be felt throughout the Forest Preserves. Without their efforts, many areas in the country would not be in the rich ecological state that they are in today."

Communication between teachers and students has increased, according to Hecht, who also reported that the program has extended the school day, encouraged students to work harder, diminished barriers between subject areas, and helped students become adept in technology applications. In the assessment, the most problems were reported with the printer; the least with the phone. Teachers were consistently cited by both parents and students as being the most helpful in overcoming difficulties and keeping the technology useful. "The Maine high schools have

Question of damage to parks raised; '93 budget available to public

Park debates Niles Events use of shelter

by Shellya Hackett

At its Jan. 19 meeting, the Niles Park Board debated whether or not to temporarily suspend its monthly drop-off recycling program due to cost factors and a lack of markets for many materials. Cost of collection has tripled since the program began 18 months ago, and the recycling contractor has had to stop accepting various materials, particularly plastics, due to market conditions.

There will be no recycling collections until further notice while the township explores the cost and availability of alternative services. For information, call Bill Cox at Maine Township, 297-2510. **Smoky trash fire stalls cooky production**
A smoldering fire in a trash compactor briefly shut down operations at Salerno-Megewon Biscuit Company, 7777 Caldwell Avenue, Niles early Jan. 19.

The compactor, located outside the building, has an opening near the production area on the inside and smoke filtered through it. Salerno production personnel were evacuated during the half hour it took Niles firefighters, assisted by units from Morton Grove and Glenview, to extinguish the fire and ventilate the building, said Niles District Chief Walter Blase. More production time was lost while company personnel cleaned machines and disposed of any exposed products. Blase estimated the loss to Salerno at several thousand dollars.

Fienski noted the popularity of the fest in the community. He said its managers have shown integrity in paying for any damage done in the past and suggested it was late in the year to turn them down, since plans had to be made far in advance. In response to a Baczek question, Parks Superintendent Mike Rea recalled new grass planted prior to last year's fest had not suffered. He noted the fest planners could use a tent for the bingo, but a nearby bank's parking lot might not be available. During the regular board session, Heinen gained approval to table a motion on the park's use until a Feb. 9 meeting. Commissioner Bud Skaja, Jr.'s suggestion that other requests to facilitate their schedule was not accepted. Dealing with finances, Board members approved issuing a 1993 budget ordinance in which \$7,285,725 is budgeted and

Continued on Page 27

Sixth graders visit teen center

All sixth grade students from Nelson School recently spent an afternoon visiting the Maine Township Drop-In Center, located in the former Stevenson School on Ballard Road. This field trip was coordinated with the D.A.R.E. program being taught by Officer Charles Herring from the Cook County Sheriff's Office. Instead of becoming involved with drugs, alcohol, tobacco, or gangs the drop-in center offers a wholesome recreational alternative. The students played pool, ping pong, and table hockey. A multitude of games were accessible, or they could watch a movie. There is also a gym available for sports activities. Tutoring and homework assistance is offered upon student request. Nelson School is located at 8901 N. Ozanum, Niles, and is one of four elementary schools in East Maine District 63.

Offer driving refresher course to seniors



The Niles Senior Center Rules of the Road instructors gear up for 1993 classes. The refresher course is held on the second Monday of each month at 10 a.m. at the Ballard Leisure Center. To register, call 967-6100, ext. 376. Pictured (left to right) is instructor Chester Fumanski, Maureen Jekot, program coordinator, Diane Walsh of the Secretary of State Office and instructors Bunny Ferraro and Joe Cygnar.

Golden Agers celebrate at holiday party



St. John Brebeuf Golden Ager members recently held their annual Christmas Party at the Chateau Ritz in Niles. Pictured (from left) are George Roth of Niles, Steve Bochenek of Morton Grove, Treasurer; Margaret Roth of Niles, Recording Secretary; Michael Provenzano of Niles, Past President; Rev. Robert Banzin Pastor, St. John Brebeuf Church; Lillian Miller of Niles, Vice-President; Elaine Heinen, Commissioner Niles Park District.

Prime Timers elect officers

At its November General Meeting, the North Shore Prime Timers elected the following officers and Directors: Marge Coorlas, President; John Hanson, vice President; Joyce Senf, Secretary; Leonard Marshall, Treasurer; Priscilla Godemann, Membership; Jane Besse, Communications; John Hanson, Programs; Lee Lippai, Publicity; Dodde Connelly, By-Laws.

On January 28, there will be a free tour of the Chicago Tribune's Freedom Center, starting at 10:30 a.m. Lunch-on-your-own will follow at the Como Inn. To make your reservations, call Van Adams at (708) 965-6565 or Ann Stevens at (708) 724-6420. Anyone wishing to join the North Shore Prime Timers should mail their check to Priscilla Godemann, 8200 Mango St., Morton Grove, IL 60053. Membership for the 1993 year is \$10 per couple and \$7 for one person. North Shore Prime Timers meet in the evening of the third Thursday of each month, exclusive of July and August, at the Morton Grove Library. Throughout the year, dining-out evenings, theater outings and tours are offered.

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Township set evening of food, flowers

Members and guests of Maine Township's One+ Options group can enjoy a romantic evening of "hearts and flowers" featuring floral and culinary demonstrations at 7 p.m. Thursday, Jan. 21, in the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge.

Judy Van Stockum, a professional floral designer from Holy, Wood and Vines in Des Plaines will create romantic floral centerpieces, bouquets and decorative candlesticks for gifts or accessories. Participants can also learn how to prepare a Pear Helene with raspberry sauce and heart-shaped chocolate mousse from Joe Aiello, president of ACF Chicago Chefs and Cuisine Association and partner in Banquets by Brigante. This will be followed by coffee and a taste test.

Cost of the evening is \$3 for members and \$5 for guests.

One+ Options is a group for widowed or other single Maine Township residents 45 through 65. Membership is free and participants benefit from group rates on trips and activities. In addition to dining events, the group offers seminars, trips, a Sunday Strollers group, special activities and challenging volunteer opportunities.

For reservations and membership information, call Sue Neuschel or Barbara Koss at (708) 297-2510, ext. 240.

Eric C. Fliszar

Marine Cpl. Eric C. Fliszar, son of Gladys A. Fliszar Skokie, is currently serving with the 15th Marine Expeditionary Unit, Camp Pendleton, CA off the coast of Somalia and recently participated in an early morning amphibious landing from a three-ship amphibious task unit.

Morton Grove Senior Citizens 470-5223

CREATIVE GIFT-MAKING CLASS

Monday mornings are fun and festive at the Flickinger Senior Center with the weekly congregation of ladies in the "Creative Gift-Making Class" working feverishly and enjoying one another's company. Participants share and teach their crafts and talents with one another each Monday beginning at 10 a.m. Crafters of all skill levels are welcome.

LUNCH BUNCH

Lunch Bunch is back in 1993! Morton Grove seniors get together for a light lunch and feature length film on Friday afternoons in the Flickinger Senior Center. Register at the Prairie View Community Center or call 965-7447. Lunches will begin at 12:30 p.m., followed by the film. There is a cost of \$1.50 per lunch/show. This winter's schedule includes: Friday, Jan. 22, "An American Tail"; Friday, Feb. 19, "Awakenings"; and Friday, Mar. 19, "Diary of Anne Frank".

DIABETES SCREENING

Non-insulin-dependent diabetes usually occurs in adults over 40 years of age. This is the most common form of diabetes and accounts for approximately 90 percent of the total diabetic population. It is usually gradual in onset. Some of the warning signs of diabetes are: blurred vision or any change in sight, tingling or numbness in legs, feet or fingers; frequent skin infections or itchy skin; slow healing of cuts and bruises; and drowsiness. Free diabetes screenings are available from 9 to 10 a.m. on Tuesday, Jan. 26 in the Flickinger Senior Center. People coming in for the screening should not be known diabetics and should fast from the evening meal of the night before.

GOLF MILL SHOPPING

The Morton Grove Senior Center will make a special shopping trip to golf Mill on Wednesday, Jan. 27. Wednesdays are special senior discount days for many retailers. The trips are free for all Morton Grove residents over age 55. For more information about the Seniortrav or to make a reservation today, call the Morton Grove Senior Hot Line at 470-5223.

TAX RETURNS

The Morton Grove volunteer income tax aides will be available again this year to assist senior citizen residents in filling out their 1992 federal and state income tax forms as well as Circuit Breaker forms. The program assists those who would like help with the language, formulas, and ever-changing tax laws. Seniors can make a reservation for Mondays and Wednesdays at the Prairie View Community Center, or Fridays at the Flickinger Senior Center beginning Monday, Feb. 8. Call the Morton Grove Senior Hot Line at 470-5223 for an appointment. There is absolutely no charge for this service.

55 ALIVE/MATURE DRIVING

"55 Alive/Mature Driving" is an eight-hour classroom refresher course for older drivers who wish to improve their driving skills and prevent traffic accidents. The course will be offered right here in Morton Grove from 9 a.m. to 1 p.m. on Monday, March 8 and Tuesday, March 9 in the Flickinger Senior Center, 6101 Capulina Avenue. Drivers over age 55 can save money on automobile insurance, without changing companies, just by successfully completing this course. There is a tuition fee of \$8 per person and graduates will receive a certificate of completion which they can present to their insurance carrier. A reservation is required for this valuable course. Call the Morton Grove Senior Hot Line at 470-5223 to sign up.

SNOW REMOVAL

Teenage snow shovelers are now available to meet the snow removal needs of neighboring senior citizen homeowners this winter. Those seniors needing a winter-time worker can call the Flickinger Senior Center today at 470-5246.

ASSISTANCE WITH MEDICARE FORMS

Morton Grove seniors can receive no cost assistance with Medicare and other health insurance forms. These forms can be difficult to wade through and accurately process, let alone understand. Morton Grove's Flickinger Senior Center will help local seniors in filing their health insurance claims while clarifying billing procedures. Call the Flickinger Center today at 470-5223, for more information or an appointment.

1ST CLASS ADVENTURES

MONNACEP and Oakton Community College are now offering world-wide tours designed for the adult traveler. The purpose of these trips is to enjoy travel with peers while exploring the "roads less traveled." Travelers can: - Go places and meet people the ordinary tourist does not have access to; - use the world as a classroom with scholarly escorts who make the destinations come alive; and - enjoy site lectures, seminars and field experiences. For information on trips to such places as Eastern Europe, New Mexico, Ireland, Alaska, the Galapagos Islands and Ecuador, Kenya, Costa Rica and China, call Oakton at (708) 635-1812.

BECOME A MEMBER

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-7447. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster St., Morton Grove, IL 60053.

MEATS

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LEAN CORNED BEEF BRISKET  **\$1.69** LB. SPICED 6-8 LB. AVG.

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LEAN TENDER CUBE STEAKS **\$2.89** LB.

LEAN SIRLOIN PATTIES **\$2.89** LB.

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STELLA PROVOLONE **\$1.69** 1/2 LB.

VIENNA LEAN CORNED BEEF **\$2.69** 1/2 LB.

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TANQUERAY GIN  **\$11.99** 750 ML.

BLOSSOM HILL WINES  **\$6.99** 1.5 LITER

BUDWEISER or MILLER BEER **\$10.99** 24 12 OZ. CANS

KLUSKI EGG NOODLES **\$1.29** 16 OZ.

DUTCH FARMS 100% PURE ORANGE JUICE **\$1.99** GAL.

Centrella CREAM CHEESE **89¢** 8 OZ.

SWISS VALLEY 2% MILK **\$1.99** GAL.

SOFT 'N GENTLE BATHROOM TISSUE **99¢** 4 ROLLS

DUTCH FARMS ENGLISH MUFFINS **2 \$1** FOR 12 OZ. PKGS.

DUTCH FARMS MOZZARELLA **\$2.99** 16 OZ.

PLEDGE HOUSEHOLD CLEANER **\$1.99** 28 OZ.

SO DRI TOWELS **59¢** ROLL

GRADE A JUMBO EGGS **89¢** DOZ.

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2 12 INCH CHEESE FOR **\$6**

2 12 INCH SAUSAGE FOR **\$7**

FRESH HOMEMADE CANNOLI DAILY

PLAY LOTTO

COCA COLA REGULAR DIET CAFFEINE FREE **\$2.99** 12 12 OZ. CANS

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FRESH CAULIFLOWER **98¢** EACH

THOMPSON SEEDLESS GRAPES **\$1.29** LB.

TEMPLE ORANGES **39¢** LB.

FRESH MUSHROOMS **\$1.59** 1 LB. PKG.

RED SEEDLESS GRAPES **\$1.29** LB.

BANANAS **39¢** LB.

SEAGRAM'S CROWN ROYAL **\$15.99** 750 ML.

CHRISTIAN BROS. BRANDY **\$13.99** 1.75 LITER

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School News

Approve District 207 calendar

The 1993-94 calendar that will coordinate winter and spring breaks for District 207 as well as its underlying elementary districts was approved at the Maine Township High School District 207 Board of Education meeting January 4.

According to the calendar, both District 207 students and their younger brothers and sisters in Districts 62, 63, 64 and 79 will have a two-week break in late December and early January and a one-week break in late March and early April. However, August opening dates and June closing dates may still differ from district to district.

According to the 1993-94 calendar, District 207 schools will open with a two-day teachers' institute on Thursday and Friday, August 26 and 27. The first day of student attendance will be Monday, August 30. Winter break will run from Saturday, Dec. 18, through Sunday, Jan. 2. Spring break will run from Saturday, March 26, through Sunday, April 3. School will close on Tuesday, June 14.

Half-day institutes have been scheduled on the following Thursday... September 23, October 21, November 4, February 17, and April 21.

JOSH RIEK
North Central College senior Josh Riek was awarded his second varsity letter as a member of the 1992 Cardinals soccer team.

A graduate of Maine East High School, Riek was a defender for coach Jim Kulawiak's squad which finished the season with a 5-9-5 record.

School ecology club recycles paper



Maine East Ecology Club officers are (from left) Marissa Oshett of Niles, Jerzy Wojcik of Morton Grove, Grace Suh of Niles, Steve Nguyen of Morton Grove, and Dukjin Chang of Niles. A major club activity is weekly paper recycling.

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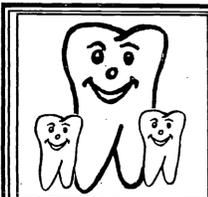
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School News

Chorale seeks new members

The Montay College/Community Chorale is seeking new members in all voice ranges for its final concert of the 1992-1993 season under the direction of its new conductor, Gregory D. Luchhaupt.

Rehearsals are held on Tuesday evenings beginning January 26 from 7 p.m. to 9 p.m. in the Conservatory at Montay College, 3750 W. Peterson Avenue on Chicago's Northwest side. The final concert of the season will be held in early May, and will feature works by American composers.

Maine East offers circus club

Circus Club is a unique opportunity for high school students, and while a lot of extra-curricular activities at Maine East have tryouts, this club doesn't.

"You don't need any experience whatsoever. All you have to be able to do is walk and chew gum," laughs club sponsor Betty Axelson. "It helps if you have some experience, but anyone can be a clown. You just have to be funny and make people laugh."

Some of Circus Club's "big" activities are, of course, V-Show, the spring dance concert, and the Homecoming freight rally. Each year members also perform at difference schools; this year it was Apollo. For V-Show they did one large group number, tum-

The Montay College/Community Chorale is sponsored by Montay Fine Arts, a unit of Montay College, and is made up of Montay College students and members of the community at large. It performs two concerts on campus each year, as well as performing for various functions on and off campus.

For further information regarding the Montay College/Community Chorale, or any of Montay Fine Arts community outreach programs, contact Sr. Alphonsetta Haneman at (312) 539-1919.

This year's officers are president Aiki Papastergiou, a junior from Des Plaines; vice-president Shannon Zilligen, a sophomore from Niles; and secretary Deanna Droszcz, a junior from Niles. Chris Arlington, a senior from Niles, is in charge of equipment; Rachel and Tobey Silverman, seniors from Des Plaines, are costume chairpersons.

"This club is definitely a young person's sport. I mean, how many times do you have an opportunity to fly on a trapeze," describes Axelson.

The best way to get involved in Circus Club is to contact Axelson or listen to the daily bulletin.

Marillac sets replacement test re-take

Marillac will administer the High School Placement Test for a second time on Saturday, Jan. 23 at 8:30 a.m. This test is for 8th grade girls planning to enter high school in the fall, who were unable to attend the first testing date on January 9. Students should bring the \$20 testing fee and two #2 pencils with them.

Marillac is located at 315 Waukegan Road in Northfield, about one block south of Willow Road. For further information or test reservations, call Shannon Sullivan at (708) 446-9106.

Summer program for educators offered

Loyola University Chicago's School of Education will offer summer workshops for educators at the university's Rome Center Campus. All workshops carry three hours of graduate credit and are open to anyone eligible to take graduate coursework. This is the third consecutive year that such courses have been offered by Loyola in Italy.

The summer session will run from July 5-16, and workshops will be held Mondays through Fridays. Deadline for applications is May 3.

Cost per workshop is \$956 and includes tuition and program fees. Housing is available on campus at the rate of \$20 per night for a double room or \$40 per night for a single room. A special, optional group airfare will be offered.

For further information, call (312) 915-6050 or write to Office of the Dean, School of Education, Loyola University Chicago, 820 N. Michigan Ave., Chicago, IL 60611.

Kindergartners show artwork



OLR students in Laura Thielen's Kindergarten class display the Pilgrim Pals they constructed to celebrate the Thanksgiving season.

Resurrection slates Las Vegas night

The Resurrection High School Parents Club invites adults 21 years of age or older to Las Vegas Night on Saturday, Feb. 6 from 6 p.m. to midnight at Resurrection High School located at 7500 W. Talcott Avenue in Chicago.

There is a \$4 admission after 7 p.m.; the first hour is free. Food and bar will be available. Poker, Blackjack, Roulette, Wheel Games, Bang Tables, and Pull-tabs can be played till midnight.

All proceeds from this event benefit the school. Illinois License CG-73. For additional information call (312) 775-6616.

Oakton offers new computer course

A new course, Computer Peripherals (ELT 140) will be offered on Saturdays, beginning Jan. 23, at Oakton Community College, 1600 E. Golf Rd., Des Plaines.

The course content includes information related to operation of the computer and the addition of internal and external peripherals. Students will learn what to look for when purchasing a computer, the installation procedure, necessary software and how to install it.

For more information, call Tom Witte, (708) 635-1909.

Celebrate Mozart's birthday

Coming up! The second annual Mozart Gala Concert on January 27 at 7:30 p.m. to celebrate his 237th birthday.

The Loyola Academy Chamber Orchestra and String Quartet, which gained new insights on Mozart and the performance of his music on their recent European concert tour, will present another delightful evening of the Master's music in the Academy's Little Theatre.

Loyola hosts parents party

The Loyola Academy Mother's Club, assisted by the Loyola Father's Club, announced that this year's Parent Party will be an evening of fun in a casual French Bistro atmosphere on Saturday, Jan. 23.

Cocktails and hors d'oeuvres at 6:30 p.m. will be followed by dinner at 7:30 p.m. in the gymnasium at Loyola.

Chairpersons Lynn Fortunato and Julie Kearney of Glenview have planned a delicious buffet dinner of cordon bleu, beef bourguignon, ceasar salad, vegetable salad Nicoise, French bread and mini croissants.

Contact Arlene Marzano of Northfield for information and reservations.

Conduct diagnostic preschool screening

School District 68 will conduct a free diagnostic preschool screening on February 6 and 20. The program is designed to detect possible deficiencies in vision, hearing, language and/or motor development. Parents of 3 and 4 year olds who reside in District 68 are encouraged to take advantage of this opportunity.

Call Mrs. Weinstein at Highland School, 676-9380, to make an appointment for screening or for further information.

Again faculty and staff guest artists will join the musicians for a rendition of Leopold "Papa Mozart's" Toy Symphony." Singing of Happy Birthday and serving of birthday cake will round out the evening of music celebration.

Oakton offers early childhood education program

Registration for Oakton's summer and Fall Early Childhood Education Program is scheduled to begin Jan. 25.

The program is offered at Oakton's Des Plaines campus, 1600 E. Golf Road and the Ray Harstein Campus, 7701 N. Lincoln Ave., Skokie.

The child development centers are nationally accredited, high quality preschool programs for children three to five-years-old. Children must have reached age three by Sept. 1, 1993.

A stimulating curriculum responding to individual and group needs is planned. The centers also implement a bias free curriculum to encourage appreciation of the many aspects of diversity, including gender, ethnicity, and ability.

The demonstration centers are licensed by the Department of Children and Family Services (DCFS) to enroll 20 children per session.

Some spaces are still available at Oakton's Des Plaines campus for the current spring sessions. For more information, contact Shari Labinger, site coordinator at the Des Plaines campus at (708) 635-1840 or Constance Porteous, site coordinator at the Ray Harstein Campus at (708) 635-1441.

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Women's News

Niles women donate food



At the December meeting, fifteen baskets of food, toys, and gift certificates were donated by the members of the Woman's Club of Niles. These were given to the Niles Family Service to be distributed to needy families of Niles. Pictured are Phyllis Lupino, (left) First Vice President, and Elaine Heinen, Philanthropy Chairman.

State to regulate tanning spas

Indoor tanning facilities in Illinois are now required by state law to apply for an operating permit and follow new safety and sanitation regulations. Dr. John R. Lumpkin, state health director announced. Once a tanning facility has been inspected and received a state permit, the operator must display a sign near each piece of tanning equipment warning of the dangers of ultraviolet radiation. In addition, patrons must annually receive a written copy of the warning from the operator. Besides requiring permits, inspections and posting of warning signs, the state indoor tanning regulations mandate: •No customers younger than the age of 14. •Persons aged 14 to 17 years have written permission from their parent or guardian. •Patrons wear protective eye wear. •Customers be limited to one tanning session every 24 hours. •Patrons list medications, cosmetics, toiletries or other substances that may cause a photosensitive reaction. The record is to be confidentially maintained at the facility. •Equipment must comply with federal performance standards. •Trained operators must be in the facility at all times. The regulations, issued by the Illinois Department of Public Health, are in result of the passage and signing in 1991 of

Niles women to hear columnist

The Woman's Club of Niles will have its first meeting of 1993, on Wednesday, Jan. 27 at 7:30 p.m. at Trident Center, 8060 W. Oakton St. in Niles. The speaker of the evening will be Lori Mieling, columnist for the Niles Journal. Mieling has written several books on "Family Folklore," her reflections on writing family history as a keepsake for future generations. Mothers and grandmothers will find her informative as to how to write a family history, and what articles to save. Members are asked to bring their hand-made art work, so the club can judge the winners. They will be entered in the 10th District Fine Arts Contest, in competition with local clubs.

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New salon opens in Niles

Frank Paga brings the latest in fashion looks to Niles at The Ultimate Salon, 898 Civic Center Plaza. With partner Xuanba Loc, the Ultimate offers hair style consultations, color and permanent consultations, make overs, the latest in highlighting techniques and, most importantly, the most recent hair cutting techniques. Xuanba's specialty is hair removal, including her Oriental technique. The Ultimate also offers the latest in nail design, skin care and make-up consultations. The Ultimate is open from 9 a.m. to 9 p.m. seven days a week. Call (708) 470-9333 for an appointment or information.

Rabbi addresses sisterhood

"I'm Still Searching for Common Sense About Inter-marriage" will be Rabbi Mark Shapiro's topic as he addresses the Sisterhood of Congregation B'nai Jehoshua Beth Elohim (BJBE) of Glenview, on Wednesday, Feb. 3, at 7:30 p.m. Appetizers and desserts will be provided at this Open Meeting, with opportunities to join in this discussion. Call Marilyn Erntsen or Helene Melnick, c/o the temple office, (708) 729-7575, if you have any questions. The Reform congregation is located at 901 Milwaukee Avenue, just south of Glenview Road and 1-1/2 miles north of Golf Road.

Y offers winterize program

Exercise all the options at the Y so that everyone in the family can maximize their winter fun. Join the Leaning Tower Family YMCA and enjoy the benefits of a YMCA experience. Join an aerobics or exercise class, tone up in the weight room or Hi-Tech Center, swim or relax in our two heated swimming pools on even the coldest days and take advantage of over 300 classes for all ages and much more. Those who join the YMCA by January 30, will receive an additional 30 days on their annual membership. Leaning Tower Family YMCA membership automatically qualifies a member for privileges in 30 YMCA's in Chicago and Metropolitan YMCA. Call (708) 647-8222 for more information.

Park slates jazzercise class

Fitness is the reason for all that jazz at the Niles Park District, which has expanded its jazzercise offerings to include classes for 8 to 14 year olds as well as adults in all age groups. Instructor Trudy Metz, a seasoned professional with extensive jazzercise experience, will conduct three classes. Jr. Jazzercise Step is a great workout for youngsters' hips and thighs. Jazzercise Light is a low-impact class which is ideal for beginners, seniors, pregnant women and those who are slightly overweight. In addition, the regular Jazzercise class features the low-impact, fun aerobics that has made jazzercise a highly popular fitness offering. Registration for these classes has begun. Interested participants can sign up at the Ballard Leisure Center, 8320 W. Ballard Road or at 7877 N. Milwaukee Avenue. Call 967-6633 or 824-8860 for information.

Bead designer demonstrates technique

Jana Burnham a Minneapolis glass bead designer, demonstrates her technique in creating flame-lamp worked beads at "Bead It!" on Sunday, Feb. 14 from 12 to 4 p.m. "Bead It!" is located at 5242 North Clark Street in Chicago. As a jewelry designer, Burnham discovered the wonder of glass bead making in 1986. While creating her orbs, Burnham says she reflects on the individuality of people and their different choices and experiences in life, incorporating that idea into her beads. Burnham manipulates the combination of sound, textures, and light reflections, making each bead a complete and beautiful work of art. In March, glass artist Nancy

Potek demonstrates her technique in creating with bead faces, fruits, vegetables and insects using motifs taken from religion and the natural world. Bead It! has compiled manufacturer's quality "findings" and hundreds of beads from Africa, Asia, South America and Europe to meet the needs of the bead connoisseur and jewelry maker. Classes are offered monthly on how to best construct these loose orbs into works of art. Samples of beaded jewelry, produced by local artists, are on display and available for sale at "Bead It!" Bead It! is open from 11 a.m. to 5 p.m. on Tuesday, Wednesday and Friday, 11 a.m. to 7 p.m. on Thursday, 10:30 a.m. to 5:30 p.m. on Saturday and 12 p.m. to 5 p.m. on Sunday. For further information about the workshop, call (312) 561-9683.

NWSRA provides 'Magic'

The Northwest Special Recreation Association is holding its annual showcase event titled "Magic." The event is sponsored by the Special Leisure Services Foundation and will be held Friday, March 5 from 7 to 9 p.m. at the Rolling Meadows Community Center, 3705 Pheasant Dr., Rolling Meadows. Participants from many of NWSRA's programs, such as piano, ballet, gymnastics and tumbling, will perform in the show. NWSRA is an extension of 16 member park districts, which provides recreation programs for individuals with special needs and disabilities. For further information, call (708) 392-2848.

Register for early childhood program



Alexander Meihof, of Des Plaines plays with play dough in the Early Childhood Development Center at Oakton Community College. Registration for Oakton's summer and fall Early Childhood Education Program is scheduled to begin Jan. 25. The program is offered at Oakton's Des Plaines campus, 1600 E. Golf Road and the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. Some spaces are still available at Oakton's Des Plaines campus for the current spring session. For more information, contact Shari Lebing, site coordinator at the Des Plaines campus at (708) 635-1840 or Constance Porteous, site coordinator at the Ray Hartstein Campus at (708) 635-1441.

'Good Citizen' award winners recognized

The Twenty-first Star Chapter, National Society Daughters of the American Revolution pays tribute to the following DAR Good Citizens winners: Claudine Tjio is from Maine East High School, Counselor Dr. Jane Simmons, and Principal Mrs. Carol Grenier have been very supportive of this program of excellence. Tjio has exhibited leadership through her roles as captain of the swim and track teams, vice-president of NHS, Demon Guard (a program to teach children how to swim). She was Homecoming Queen of 1992 and is an officer in the National Honor Society and S.A.D.D., teaches Sunday School and is a Board Member of the United Way, having worked in Chicago soup kitchens. Kristin Reardon of Maine South High School whose Principal is Dr. Thomas Cachur and who with Assistant Principal Clifford Adamo has encouraged and helped students to enter the DAR-sponsored contest. Reardon has been on the Class Council for four years, Student Council, Soccer team and Cheerleading for three years, Brotherhood Society for four years, a member of the Youth Council Commission of Park Ridge as well as Mu Alpha Theta and Thrust. As a church youth group member, she has helped care for cocaine babies and participated in food and clothing drives. Melinda Samp of Maine West High School has been guided by Principal James Coburn and Counselor James Gary. Her achievements include Pi Sigma Pi, Ecology Club, Big

Brother/Big Sister, President of West Women Club and National Honor Society. Samp has worked on political campaigns and in support of the new Des Plaines library as well as being lector at her church affiliation and as a CCD teacher there. Jayesh Rathod is the Good Citizen from Niles North High School. His principal is Dr. Donald Childs and assistant principal is Dr. William Parker who foster dependability and service in their students. Jayesh is a Board Member of the Orchestra, and has served on the All-State Honors Orchestra. He was designated Outstanding Performer of the Day at Northwestern University. He serves on the Literary Magazine as Editor-in-Chief, President of Spanish Honor Society, Treasurer of Model United Nations Team. He placed 2nd in 1992 National Spanish Exams was a State Finalist in Japan-U.S. Senate Program and Who's Who Among American High School Students. In the community he participates in the We Help Others Club, tutors students and assists with the United Way. Mrs. Karen K. Barba is Good Citizens Chair of the Twenty-first Star Chapter, DAR whose theme this year is "Our American Heritage and My Responsibility to Preserve It." The contest includes an Essay of 500 words or less on a patriotic theme, a Personal Profile of the student's service, leadership, dependability and patriotism at school, at home and in the community. The above named winners will now go on to compete at a Regional level.

Appoint senior center director

After an extensive search the Board of Directors of the Des Plaines Community Senior Center, 515 Thacker Street has appointed Joanne R. Abbott as its new Executive Director.



Joanne Abbott, a native of Mount Prospect, was selected from the more than 50 applicants who applied for the position that runs the day-to-day operations of the Center and serves as the administrative head. Abbott, who will report directly to the Senior Center Board of Directors, brings to the center experience in fund-raising, event planning, membership administration, personnel management and budget monitoring.

Marillac students ski

Marillac's Freshman Class Council recently sponsored its annual winter ski trip to Wilmot Mountain. All grades were invited to attend the one day trip. Members of the class council responsible for the planning included: Kerry Brennan, president; Marilyn McCarville, vice president; Stephanie LoVerde of Glenview, secretary; and Maura Slattery, treasurer. Homeroom representatives include Raegan Gauvin, Kelly Murphy of Glenview, Beth Schillen and Colleen Sheehan of Niles. Mrs. Jeanne Stahmer of Chicago is freshman class moderator.

DAR presents annual awards

Mrs. Barrie Shinn, Regent of the Twenty-first Star Chapter, National Society Daughters of the American Revolution announced the annual luncheon meeting honoring DAR Good Citizens and History Scholars from local area high schools. The meeting will begin at 11:30 a.m., Wednesday, Feb. 10, at Maine Township Town Hall, 1700 Ballard Rd., Park Ridge with guest speaker Gregg Peter, an A.F.S. Student in Thailand presenting "An American Abroad" at 1 p.m. The Good Citizens winners this year are: from Maine East High School, Claudine Tjio, daughter of Lec and Joyce Tjio of Maine South High School whose parents are Mr. and Mrs. Gerald Reardon; Melinda Samp, daughter of Mr. and Mrs. Edmund Samp of Des Plaines and Mr. Jayesh Rathod of Niles North High School, son of Mr. and Mrs. Maneklal Rathod of Skokie. Mrs. Karen Barba is Good Citizens Chair whose theme this year is, "Our American Heritage and My Responsibility to Preserve It."

Co-Chairs for the day are Mrs. Barbara Murphy and Mrs. Joy Martin, with Chapter hostesses, Mrs. Georgia Brockhouse, Mrs. Marjorie Maute, Mrs. Lois Johnson and Hospitality Chairperson, Mrs. Elizabeth Nedwed. Women in the northwest suburban area who are interested in the American Revolution and are able to prove direct descent from a patriot who served during the American Revolution may contact Mrs. Betty Borman at (708) 692-6279. People interested in tracing their family tree may visit with Janis Pahne, Twenty-first Star Chapter DAR Genealogy Docent, at the Park Ridge Library on the third Thursday of each month from 9 a.m. until noon.

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Hadassah forms new health group

The North Shore Chapter of Hadassah announced the formation of its newest group, Health Care Professionals. Hadassah, the largest women's volunteer organization in the world, is committed to the advancement of medical care, not only in Israel, but worldwide. Therefore, it is only appropriate that a group be established for American women who have chosen health-care careers. The newly elected officers are: Dana Price, president; Francine Hersh and Beth Korby, membership vice-presidents; Roni Weiss and Jodi Pineless, program vice-presidents; Michelle Lewis, corresponding secretary; Robyn Kahn, Record secretary; and Cindy Buyer, treasurer/financial secretary.

The next program meeting for the group will feature Teresa Savage, R.N., practitioner-teacher. She will speak about Advance Directives - ethical issues, living wills, power of attorney, resuscitation. The meeting will be held in Chicago on Tuesday, Feb. 16 at 7:30 p.m. at the home of Becky Blase. For further information, please call Dana Price at (708) 808-1965. The group's membership currently includes medical, dental and mental health professionals from Chicago and the North and Northwest suburbs. For further information, contact Betty Hains-further, RDH, MPH, group advisor, or Nissah Mattenson, North Shore Hadassah President, at (708) 433-6350.

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Church & Temple News

'Creating a Home' is senior topic

A morning seminar titled "Creating a Home in the 1990s" will be presented January 24 by Alan Weintraub, L.S.W., a member of the Forest Hospital Professional staff, as part of an adult education program sponsored through Christ Church of Des Plaines.

The seminar will be held from 10:45 to 11:45 a.m. in the lounge of Christ Church, 1492 Henry Avenue. Admission is free, and all interested parties are invited.

"The objective of the presentation is to help parents realize the new roles they must play while raising children in today's often hectic, fast-paced society," Wein-

Diocese hosts ministry conference

Parish staff members, volunteers and others are invited to a social ministry conference on Sunday, Feb. 28 from 2 to 5:30 p.m. at Our Lady of the Wayside Parish Middle School Building, Park and Ridge Streets, in Arlington Heights.

In addition to the keynote presentation, attendees may attend two of eight workshops being offered at the conference. Under the general theme of "Sharing the Vision, Meeting the Needs," by "Putting Children and Families First," workshops will be offered on personal spirituality, senior

care programs, family ministry, parish emergency assistance ministry, ministry to the disabled, appreciation of ethnic diversity and funding parish social outreach programs.

The fee is \$10 per person. Reservations must be made in advance by February 22. For more information or to make a reservation, contact Ms. Rita Wiley Catholic Charities Parish Social Ministry Consultation Services, 1911 Rohlfing Road, Suite E, Rolling Meadows, IL 60008; (708) 870-0560 weekdays between 8:30 a.m. and 4:30 p.m.

Pancake breakfast at St. John

St. John Lutheran School, 7429 Milwaukee Avenue (one block south of Harlem) in Niles, is having its annual Pancake Breakfast on Saturday, Jan. 23 from 8 to 11 a.m.

Treat family and friends to a menu of homemade pancakes, sausages, juice, coffee or milk. Tickets are available at the door

Congregation announces breakfast programs

Northwest Suburban Jewish Congregation announces its Sunday Mornings Breakfasts and Programs. These Breakfasts are open to everyone. They begin at 9:30 following the 9 a.m. Minyan.

There is no set charge. Donations are appreciated.

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various collections will be sharing about them.

January 31 - Rabbi and Linda Feldheim, "Intermarriage."

February 7 - Sammy Attar, "Peace Talks with the Syrian, Jordanian, & Palestinian Delegations."

Seminarian to preach

Niles Community Church, 7401 W. Oakton St., invites you to worship on Sunday, Jan. 31 at 10 a.m.

Seminary Assistant Greg Mansphill will be preaching.

SJB sets Super Bowl party

One of the most popular events at St. John Brebeuf is the annual Super Bowl Party sponsored by the Holy Name Society.

Everyone over 21 years of age, including the ladies, is welcome to attend this year's party in the parish hall, 8301 N. Harlem, Niles, on January 31. Doors will open at 2 p.m. Activities will continue throughout the afternoon and evening.

The football game will be viewed on a 10 ft. diagonal television screen. A raffle will be held which includes a color television as first prize.

The ticket price is \$10 and includes admission, hot dogs, chili, chicken dinner, soda and beer. For information, call Mike Bishop, 967-5752, or Andy Beierwaltes, Jr., 966-6961.

Conduct Shabbat service

Congregation B'nai Jehoshua Beth Elohim, 901 Milwaukee Avenue, Glenview, will hold Shabbat services Friday, Jan. 22, at 8 p.m. conducted by Rabbi Mark S. Shapiro and David B. Fine.

For information call 729-7575.

St. Monica sets Las Vegas night

St. Monica Parish invites adults 21 years of age and over to Las Vegas Night on Friday, Feb. 19, and Saturday, Feb. 20, from 6 p.m. to midnight in the gymnasium and Beyenka Hall at 5115 N. Mont Clare, which is south of Foster Avenue and east of Harlem Avenue in Chicago.

There is a \$3 admission, however the first hour will be free. Food and bar will be available. Games of Poker, Blackjack, Money Wheel, Bang Tables, Pulltabs, and Roulette can be played in addition to a \$20 hourly raffle.

No person under 21 years of age will be admitted. All proceeds from this event will benefit St. Monica School. Illinois license CG-374. For additional information call (312) 763-1661.

Men's Club holds breakfast

On Sunday, Jan. 24, Congregation B'nai Zion Men's Club, 1447 W. Pratt, Chicago, will have Sunday Morning services at 8:45 a.m. followed by breakfast at 10 a.m.

Guest speaker will be Rabbi Tarkenton speaking on "Torah Restoration." Nominal donation for breakfast.

Talk focuses on Chuetas

The Adult Education Series of A.G. Beth Israel, 3635 W. Devon, Chicago, continues with the topic "Exotic Communities - But Are They Jewish?"

On Tuesday, Feb. 2, starting at 8 p.m., Rabbi Gluckman will speak on "The Chuetas of Majorca - Still victims of The Inquisition."

Christopher E. Bevington

Pvt. Christopher E. Bevington has completed basic training at Fort Jackson, Columbia, S.C. He is the son of Jack E. Bevington of Glenview and brother of Geoff M. Bevington of Schaumburg.

OBITUARIES

Clara A. Rytko

Clara A. Rytko, (nee Regal), 85, of Des Plaines, died on Jan. 4 at Holy Family Hospital. Mrs. Rytko was born March 1, 1907 in Stanley, Wisconsin. She was the mother of Lillian (Gerald) Kleiman, Patricia (Tom) McCrindle and Elaine (Phil) DeSilva, grandmother of 14, great-grandmother of 3. Funeral services were held Jan. 7 at St. Juliana Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

Sara Esther Cervantes

Sara Esther Cervantes, 8 months, of Niles, died on Jan. 8 at Evanston. She was the daughter of Rafael and Kelly Cervantes. Funeral services were held Jan. 12 at the First Baptist Church, Niles. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Memory Lane Cemetery, Schererville, Indiana.

Mary Magdalene Gross

Mary Magdalene Gross, 74, of Des Plaines, died on Jan. 9 at Holy Family Hospital. Mrs. Gross was born April 9, 1918 in Chicago. Funeral services were held Jan. 12 at St. Ste-

Salvatore Ingrassia

Salvatore Ingrassia, 83, of Niles, died Jan. 12 at Glenbridge Nursing Home. Mr. Ingrassia was born Sept. 20, 1909 in Chicago. He was the husband of the late Rose Ingrassia, father of Orsola (John) Kopish and Nancy Nielsen. Grandfather of Christopher Kopish, Susan Cherunko, Mark Nielsen and Todd Nielsen, great-grandfather of Nicholas and Amanda Cherunko. Funeral services were held Jan. 16 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Joseph Cemetery, River Grove.

Anthony M. Mazur

Anthony M. Mazur, 47, of Niles, died on Jan. 9 at Lutheran General Hospital. Mr. Mazur was born on April 13, 1945 in Chicago. He was the son of Helen Mazur. Funeral services were held Jan. 14 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

phen Church, Des Plaines. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Peter Cemetery, Skokie.

Tu B'shvat celebration planned

The Board of Jewish Education Departments of Early Childhood and Music proudly announce a Shabbat Shirah and Tu B'shvat concert for families with children attending nursery schools in the BJE system. Due to the unprecedented success of last year's concert, the BJE is making this an annual event.

Fran Avni will be the featured entertainer this year on Sunday, Feb. 7 at 1 p.m. at Moriah Child Care Center, 200 Taub Dr., Deerfield. Fran's interactive children's concerts delight youngsters, parents and grandparents alike with a blend of whimsical fun-filled songs and movement activities.

Tickets at \$3 may be purchased at any of the participating early childhood centers: Beth Emet, (708) 869-4230; B'nai Jehoshua Beth Elohim, (708) 729-7575; Bnai Torah, (708) 433-7100; Jewish Reconstructionist Congregation, (708) 328-7678; Moriah Preschool-Day Care Center, (708) 948-8930; Niles Township Jewish Congregation, (708) 675-4152; Northwest Suburban Congregation, (708) 965-0900; Shaare Tikvah, (312) 539-2202; Temple Shalom, (312) 525-4867; Board of Jewish Education E.C.C., (708) 634-0363 at Beth Hillel, Beth Judea, Bnai Tikvah, Beth El - Northbrook, and North Shore Congregation Israel.

On Sunday afternoon, Feb. 7, Congregation Solel and North Suburban Synagogue Beth El will present Ms. Avni at Congregation Solel, 1301 Clavey Rd., Highland Park, at 3:30 p.m. This concert is open to members of Solel and North Suburban Synagogue Beth El.

On Monday night, Feb. 8, at Congregation Solel, 1301 Clavey Rd., Highland Park, at 7:30 p.m., a workshop will be held for music

Nursery school program at Shabbat

Friday evening Shabbat Services at Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, will be held at 7:30 p.m. on Friday, Jan. 22. There will be a nursery school program.

On Friday, Jan. 29, the services will begin at 8:15 p.m. The Hebrew School Daled Class will participate in the service.

Rabbi Edward H. Feldheim and Cantor Joel J. Reznick will be conducting the services.

ATTEND CHURCH

R.C.A. discusses family values

The Midwest Region Rabbinical Council of America Conference slated for January 27 at the Hebrew Theological College, Skokie, will be looking at a major problem facing American society. Entitled "Family Values, Torah Ideals and Practical Realities," the one-day event will be aimed toward understanding the "family values" issue within a Jewish framework.

Rabbi Michael Balinsky chairman for the all day conference, has announced that Rabbi Gedalia Dov Schwartz, Av Beth Din of the Chicago Rabbinical Council, will lead off the day's events with a presentation entitled "Family Values - An Halachic Overview." Rabbi Schwartz will try to establish some parameters in family relations as defined by Jewish

law. Followed by a panel of experts involved in various areas of tension in families today, i.e. addiction, physical abuse and marital problems, speaking to the issue of "Confronting the Reality," attendees will be treated to a general sense of the status of Jewish family life today.

The afternoon session will consist of a panel discussion "Addressing Practical Concerns." The panel will be composed of educators, social workers, and communal rabbis.

The Conference is open to members as well as non-members of the Rabbinical Council of America. For more information and registration, contact the Chicago Rabbinical Council, 3525 W. Peterson-Ave., Chicago, IL 60659, (312) 588-1600.

Loyola thespians attend workshop

Sixteen Loyola Thespians recently attended the Illinois High School Theatre Festival on Jan. 7-9, at the University of Illinois at Urbana-Champaign. This year's festival theme was "Theatre...The Times of Our Lives."

Over ninety workshops provided practical sessions in creating theatrical magic and featured six full-length shows and twelve showcase productions, chosen to represent high school theatre across the state in a wide range of plays and performances. Loyola Thespian moderator Faye Ryan served as adjudicator for the se-

lection of these productions.

The Festival, sponsored by the State Board of Education, the Illinois Theatre Association, Illinois State University and the University of Illinois is the only one of its kind in the country.

Since it originated in 1975, more than 2,000 students from well over one hundred high schools in our state participate each year. The goal is to provide a statewide event where students and teachers of theatre can share theatrical experiences and learn more about the art in a non-competitive atmosphere.

Register for preschool

Our unique concept in Early Childhood education is incorporated in our new slogan: "We are concerned about your child as an individual."

We believe that in today's world, children have to be prepared to enter school, so we are geared toward developing their skills and abilities through play, fun, and learning at their own pace. One of our aims is to teach the child a love for learning. Our children learn to share, to get along with their peers, to listen

and follow directions, to respect the rights of others, and to like themselves.

The Early Childhood Center of Northwest Suburban Jewish Congregation is accepting registrations for the 93 school year. Programs are available for children 2 1/2 through 5 years old.

We invite you to visit the children's world at Northwest Suburban Jewish Congregation. To arrange a visit or further information, please call Roz Perper, Director, at 965-0901.

JCC plans heritage tour

An informational get-together will be held on Thursday, Feb. 11 at 7:30 p.m. to give details of a 14-day Jewish Heritage Tour of the British Isles. The trip will take place from Wednesday, April 28 through Tuesday, May 11, and is sponsored by the Mayer Kaplan Jewish Community Center (JCC), 5050 W. Church St., Skokie. The get-together will also be held at the JCC.

The trip will begin with five days in London, followed by visits to Bath, Chester and Wales,

and three days in Dublin. There will be a stop at Stratford-on-Avon before the London departure. Tourist sites include: Bank of England, Windsor Castle and the Jewish museums in London, Manchester, and Dublin. There are 13 breakfasts and 8 dinners included in the price, along with roundtrip limousine pick up from home to O'Hare.

For more information about the get-together, or a detailed itinerary of the trip, call Carolyn, at (708) 675-2200.

Congregation continues Sunday programs

Northwest Suburban Jewish Congregation continues its Sunday Morning Breakfasts and Programs. These breakfasts are open to everyone. They begin at 9:30 a.m. following the 9 a.m. Minyan.

There is no set charge. Donations are appreciated.

The programs are as follows: January 24 - "Collectors Corner, Part 1" - People who have

Name state scholars from Loyola

Illinois has designated 107 Loyola seniors as State Scholars for 1992-93. Selection of Scholars is based on a combination of their ACT and/or SAT scores and their class rank at the end of Junior year. Approximately 10 percent of Illinois' top seniors are named State Scholars each year; at Loyola 30 percent of this year's senior class have been selected.

Loyola's 1993 Illinois State Scholars are Walter Punsapy from Morton Grove; Christopher H. Bautista, Robert S. Nasby, Ryan E. Agullo, Alexander C. Denja, Marcel L. Munoz, all of Skokie and Thomas P. Ahem, Brian J. Barry, Patrick E. Clifford, James J. Conlon, Jr., Stephen F. Lisowski, Darren R. Stroutman and Jeffrey A. Stultz, all of Park Ridge.

Marillac dads plan Super Bowl party

The Marillac Fathers' Club is planning its annual Super Bowl Party, to be held on Sunday, Jan. 31, at the school.

The party begins at 4 p.m., an hour before kick-off. Guests can enjoy an open bar and sandwich buffet for \$7.50 per person, while watching the game on a big screen television, or one of the many smaller sets. Score squares can also be purchased, and prizes are awarded at each quarter and at the end of the game.

The public is invited to the Super Bowl Party. For further information, call Marillac at (708) 446-9106.

Select students for Honor Society

Notre Dame High School For Boys announced that the Faculty Council of the Father Moreau Chapter of the National Honor Society has chosen seniors John Amato and Joseph Lang as the school winners of the National Honor Society Scholarship Program.

These two young men are outstanding models in the areas of scholarship, leadership, character, and service, and will compete for the national scholarships offered to select students across the country.

Regina students win competition

Regina Dominican High School students received awards in the Spanish Poetry and Poster Contest sponsored by the American Association of Teachers of Spanish and Portuguese.

Area winners include Jenny Schnitzler of Park Ridge, Janet Wasilewski of Niles, Maria Beardsee of Glenview, Maria Mallidis of Morton Grove and Melissa Martinez and Michelle Oh both of Skokie.

Hold dress-up day

The Our Lady of Ransom Student Council held a Dress-Up Day for grades Kindergarten through 8th. The charge was \$0.50 for participants.

The students raised \$145.17 which will go to St. Vincent De Paul.

ATTEND CHURCH

Church & Temple News

Re-enact Christmas Story at OLR



Kindergarten students at Our Lady of Ransom re-enacted the Christmas story for family and friends. The Early Childhood Christmas Program consisted of poetry, songs, dramatization and artwork.

Pictured are Jessica Janko, Monica Ostrega, Michelle Papciak, Luis Tigera, Jessica Lapanski, Michelle Ficarella, Shaun Sim, Alexander Bohan, and Konrad Dziamski.

B'nai Zion men to meet

On Sunday, January 31, 1993, Congregation B'nai Zion Mens Club, 1447 W. Pratt, Chicago, will have Sunday morning services at 8:45 a.m. followed by breakfast at 10 a.m.

Resurrection slates Las Vegas night

The Resurrection High School Parents Club invites adults 21 years of age or older to Las Vegas Night on Saturday, Feb. 6 from 6 p.m. to midnight at Resurrection High School located at 7500 W. Talcott Avenue in Chicago.

There is a \$4 admission after 7 p.m.; the first hour is free. Food and bar will be available. Poker, Blackjack, Roulette, Wheel Games, Bang Tables, and Pulltabs can be played till midnight.

All proceeds from this event benefit the school. Illinois License CG-73. For additional information call (312) 775-6616.

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Police News

Fugitives surrender to police

Two persons who led a good samaritan family and a Golf Mill security in a Jan. 10 chase through Niles residential streets surrendered to police Jan. 16. One, a 25 year old Deerfield resident, is an alleged shoplifter; his female companion, 26, who allegedly drove the getaway van, is a Crystal Lake resident. Police charged both with retail theft, placed them on \$1,000 bonds and gave them a March 8 court date. The woman was released on her own recognizance.

Jan. 10, the Todd Selk family of Bolingbrook acted as good samaritans and offered to help the guard catch the fleeing Deerfield man after he allegedly took store

merchandise valued at \$69. The chase led from the Golf Mill lot, down Cumberland Avenue to Ballard Road and Grace Street, where the Selk car managed to block the fugitive van.

Mrs. Selk and the guard exited their car, attempting to further block the van, but the van at first backed into, but did not injure the guard, then advanced towards the Selk car. Todd Selk, unaware his two children had got out, backed up his car, injuring his two year old son Aron, standing nearby. The boy suffered abrasions and the van escaped. Police broadcast the van's description on an emergency radio network.

Copper wire stolen

Between January 12-14, unknown offenders took 2,000 lbs. of copper wire from two secured trailers parked near a ComEd station in the 8200 block of Golf Road, Niles. A spokesman for the trailer owners - a Naperville Construction company, said a 3,500 watt portable gas generator was also taken, making the total loss to the company equal \$3,500.

Stolen cars

The night of Jan. 15, a Chicago man left his 1988 Buick Century in a lot near the Golf Mill theater for 40 minutes, then returned to find it gone. He valued the car at \$8,000. The same date, a 24 year old male parked his late model Oldsmobile Calais in the 7400 block of Lehigh Avenue, Niles, then returned to find it missing. He valued his car at \$15,000.

Criminal damage to property

Persons unknown broke nine windows, a glass louver and a glass section of a storm door in a vacant house in the 7900 block of Octavia Avenue, Niles, the night of Jan. 15. The owner estimated his loss at \$650.

DUI/possession of Cannabis

The night of Jan. 15, a Niles officer saw a car driving south on Milwaukee Avenue, Niles at 55 miles per hour in a 35 zone and stopped it at Mulford Street. The driver, who smelled of burnt cannabis, had difficulty with field sobriety tests and was warned the officer would find any cannabis kept in the car. The driver gave up a box holding a brass smoking pipe and a powdered green substance and said other pipes might be in the glove box. When the green substance tested positive for a controlled substance, the driver, a Chicago man, 34, was charged with possession of cannabis, driving under the influence of alcohol, placed on \$3,000 bond and given a Feb. 23 court date.

Burglary

Unknown offenders smashed out a 6.5 x 3 ft. glass door in a manufacturing firm in the 5600 block of Howard Street, Niles, the night of Jan. 3. Once inside, the offenders moved office equipment and opened desk drawers, but apparently took nothing. They left behind a hammer with glass fragments on its head.

Retail theft

Jan. 16, agents for a discount store in the 8500 block of Golf Road, Niles saw a Glendale man, 27, take merchandise valued at \$284 and stopped him as he attempted to leave without paying. Other merchandise was found in the man's car. The man, who also has a previous case pending, was charged with retail theft, placed on \$200,000 bond and given a Feb. 25 court date.

Donut Shop burglary

An employee of a donut shop in the 7500 block of Harlem Avenue, Niles, closed the shop for an hour in the early hours of January 4 then returned to find \$346 missing from the shop's three cash registers. There were no signs of forced entry.

Thefts from cars

Between Jan. 9-15, persons unknown took four plastic hubcaps from a 1993 Ford Escort wagon parked in a dealer's fenced lot in the 6200 block of Touhy Avenue, Niles. He valued the hubcaps at \$175. The same date, four silver-colored hubcaps were taken from a 1993 Ford Probe in the same fenced lot for a loss of \$471.

In a dealer's lot in the 9400 block of Milwaukee Avenue, Niles the night of Jan. 11, unknown offenders took a \$500 steering wheel from a locked '88 Ford Mustang in a rear lot. In the same agency between Dec. 21-Jan. 15, persons unknown replaced a dashboard in a locked 1985 Ford Mustang with a defective one, causing the owner a \$300 loss.

Stolen purses

When a River Grove woman momentarily left her table at a lounge in the 9000 block of Milwaukee Avenue, Niles early Jan. 16, a Niles man, seated at a nearby table took her purse from the table, carried it to the men's room and emptied the contents into a wastebasket. Two witnesses stopped him when he emerged. Police found he carried an ID belonging to another Niles man, but charged him with theft, placed him on \$1,000 bond and gave him a Feb. 26 court date.

A Park Ridge woman, 74, reported someone took her purse which contained \$390, bank checks and miscellaneous papers from her while she shopped in a Golf Mill grocery the morning of Jan. 15.

Criminal damage to vehicle

An unknown offender broke a side window of an '85 Chevrolet Celebrity belonging to a Wooddale man Jan. 17 while the car was parked in the 8700 block of Dempster Street, Niles. The owner estimated damage at \$250.

Carry winter survival kit

Motorists can be stranded on the highway for hours or even days under extreme blizzard conditions. The best way to prepare for this possibility is to carry a winter survival kit in the vehicle, said Secretary of State George H. Ryan.

Q. What items are recommended in a winter survival kit?

A. According to the Emergency Management Agency, start with a two- or three-pound coffee can and fill with the following:

• Candy, dried fruits, instant coffee or tea, dry soup and bouillon cubes. Chocolate and dried fruits are good quick-energy sources to help produce body heat. The coffee can will double as a container to heat the soup, coffee, tea, etc., to help keep your body warm.

• Aspirin, bandages and essential prescription medicines. A safer alternative is to keep a well-stocked first aid kit in your vehicle at all times.

• A compass, several books of matches, a small flashlight with extra batteries, a small, wide-based candle, spoons, insulated cups and a small pie tin.

Place gloves or mittens and a ski mask and stocking cap with the kit in the back seat of your vehicle. Wearing the mask and cap are especially important if stranded in a blizzard because 50 to 75 percent of body heat is lost through the head.

Also carry extra blankets, flares, salt or sand, a shovel, a fire extinguisher and an extra coffee can for sanitary purposes.

Drive carefully in fog

Rapidly changing temperatures in Illinois this time of year can result in fog, which reduces visibility and makes driving hazardous. Be prepared to change your driving habits if fog appears suddenly.

Q. What Illinois law applies to driving in fog?

A. Driving with parking lights only is prohibited.

Q. What safety rules are recommended when driving in fog?

A. Slow down. Reduce your speed even more if you see headlights or taillights in front of you. Headlights may be on a vehicle coming down the center of the road. Taillights can indicate a stopped vehicle or one that is hardly moving.

Dim your headlights. Low beams direct light onto the road ahead, help you see more clearly and help others to see you. Light from high beams hits the fog and is reflected off it.

Avoid lanes. Do not overdrive your headlights. Stay within the limits of your vision and be prepared to stop in an emergency. If the fog becomes so dense that you can barely see, either exit the highway or pull onto the shoulder. Do not drive on the highway at five or 10 miles per hour. If you pull off the road, stay in your car.

Avoid driving in fog whenever possible. If you must drive, remember that driving safely in fog takes concentration and patience.

Singles Scene

JANUARY 22/23/24 ST. PETER'S SINGLES

All middle age singles invited to these dances. St. Peter's Singles Dance, Friday, Jan. 22, 8:30 p.m. with 17 piece orchestra at Casa Royale, 783 Lee St., Des Plaines. Saturday, Jan. 23, 9 p.m. Hecks Hall, 5131 Milwaukee. Sunday, Jan. 24, 6 to 9:30 p.m., Aqua Bella Hall, 3630 N. Harlem. Each dance is \$5. For information call (312) 334-2589.

JANUARY 23 CATHOLIC ALUMNI CLUB

A dinner and an evening at the theater for single young adults, ages 21 to 38, will be sponsored by the Catholic Alumni Club on Saturday, Jan. 23. Singles are welcome to attend either or both of these events. A "singles dining out" dinner will begin at 7 p.m. at the La Novita Italian Restaurant, 1232 W. Belmont Ave., Chicago. The Catholic Alumni Club has group discount tickets available for the play, "St. Joan of the Stockyards," which starts at 9 p.m. at the Theatre Building, 1225 W. Belmont Ave. (across the street from the restaurant), in Chicago. Tickets are \$10, and may be obtained by calling Diana at (312) 929-TIXX. For more information about the Catholic alumni Club, and a free C.A.C. newsletter, call the club's answering service at (312) 726-0735.

JANUARY 29 AWARE SINGLES and CHICAGO LINDS SINGLES

The Chicagoland Singles Association and the Aware Singles Group will sponsor a joint singles dance at 8:30 p.m. on Friday, Jan. 29, at the Marriott Oak Brook Hotel, 1401 W. 22nd St., Oak Brook. Music will be provided by Music Makers. All singles are invited. Admission is \$5. For more information, call Aware at (708) 632-9600 or Chicagoland Singles at (312) 545-1515.

JANUARY 30 NORTH SHORE JEWISH SINGLES

All single young adults, ages 21 to 38, are welcome at a dance sponsored by the Catholic Alumni Club at 9 p.m. Friday, Jan. 29, in the Grand Ballroom of the Ramada O'Hare Hotel, 6600 N. Mannheim Rd., Rosemont. Non-member admission is \$7. Music will be provided by a professional D.J. The dress code requires coat and tie for men. For more information, and a free C.A.C. newsletter, call (312) 726-0735.

JANUARY 30 NORTHWEST SINGLES ASSOCIATION

All singles are invited to the Combined Club Singles dance at 8 p.m. on Saturday, Jan. 23, at the Marriott Oak Brook Hotel, 1401 W. 22nd Street, Oak Brook. Music will be provided by Music in Motion. The event is co-sponsored by the Northwest Singles Association.

JANUARY 30 NORTHWEST SINGLES ASSOCIATION

All singles are invited to the Combined Club Singles dance at 8 p.m. on Saturday, Jan. 30, at the Holiday Inn Rolling Meadows, 3504 Algonquin Rd., Rolling Meadows. Music

FEBRUARY 12 SPARES SUNDAY EVENING CLUB

Spare Sunday Evening Club will host a card night of party bridge and pinocle, Friday, Feb. 12 at the Prairie Lakes Community Center, 515 E. Thacker, Des Plaines. No partners are required. Time - 7:30 p.m. Members \$2.50 - guests \$3.50. Contact (312) 878-7023.

FEBRUARY 14 SPARES SUNDAY EVENING CLUB

A pre-Valentine's Day dance for single young adults, ages 21 to 38, will be sponsored by the Catholic Alumni Club at 9 p.m. Friday, Feb. 12, at the Oak Brook Marriott Hotel, 1401 W. 22nd St., Oak Brook. The location is one block east of Route 83, and is across from the Oak Brook Shopping Center. Non-member admission is \$8 but there is a \$1 discount for wearing red. Music will be provided by a professional D.J. The dress code requires coat and tie for men. For more information, and a free C.A.C. newsletter, call (312) 726-0735.

FEBRUARY 14 SPARES SUNDAY EVENING CLUB

Spare Sunday Evening Club will hold their regular meeting and Valentine's Day Dance Sunday, Feb. 14 at the American Legion Hall, 6140 Dempster St., Morton Grove at 7:15 p.m. Dancing to the music of The Mitchellaires from 7:30 p.m. to 10:30 p.m. Members \$5 - guests \$6. For information call (708) 965-5730.

FEBRUARY 28 SPARES SUNDAY EVENING CLUB

Spare Sunday Evening Club will meet Sunday, Feb. 28 at 7:30 p.m. at the Morton Grove American Legion Hall, 6140 Dempster St., Morton Grove. Refreshments and dancing to live music from 8 p.m. to 11 p.m. Members \$5 - guests \$6. For information call (708) 965-5730.

EACH WEDNESDAY CATHOLIC ALUMNI CLUB

Recreational Volleyball for single young adults (ages 21-38) will be sponsored by the Catholic Alumni Club from 7 p.m. to 9 p.m. each Wednesday through May, at the Emerson School Gym, 3104 S. Kenilworth, Berwyn. The non-member fee is \$4 per evening. This is open volleyball, not a league. All levels of ability are welcome. For more information, and a free C.A.C. newsletter, call (312) 726-0735.

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will be provided by Music in Motion. The event is co-sponsored by the Northwest Singles Association, Young Suburban Singles, and Singles & Company. Admission will be \$5. For more information call (708) 209-2066.

FEBRUARY 12 SPARES SUNDAY EVENING CLUB

Spare Sunday Evening Club will host a card night of party bridge and pinocle, Friday, Feb. 12 at the Prairie Lakes Community Center, 515 E. Thacker, Des Plaines. No partners are required. Time - 7:30 p.m. Members \$2.50 - guests \$3.50. Contact (312) 878-7023.

FEBRUARY 14 SPARES SUNDAY EVENING CLUB

A pre-Valentine's Day dance for single young adults, ages 21 to 38, will be sponsored by the Catholic Alumni Club at 9 p.m. Friday, Feb. 12, at the Oak Brook Marriott Hotel, 1401 W. 22nd St., Oak Brook. The location is one block east of Route 83, and is across from the Oak Brook Shopping Center. Non-member admission is \$8 but there is a \$1 discount for wearing red. Music will be provided by a professional D.J. The dress code requires coat and tie for men. For more information, and a free C.A.C. newsletter, call (312) 726-0735.

FEBRUARY 14 SPARES SUNDAY EVENING CLUB

Spare Sunday Evening Club will hold their regular meeting and Valentine's Day Dance Sunday, Feb. 14 at the American Legion Hall, 6140 Dempster St., Morton Grove at 7:15 p.m. Dancing to the music of The Mitchellaires from 7:30 p.m. to 10:30 p.m. Members \$5 - guests \$6. For information call (708) 965-5730.

FEBRUARY 28 SPARES SUNDAY EVENING CLUB

Spare Sunday Evening Club will meet Sunday, Feb. 28 at 7:30 p.m. at the Morton Grove American Legion Hall, 6140 Dempster St., Morton Grove. Refreshments and dancing to live music from 8 p.m. to 11 p.m. Members \$5 - guests \$6. For information call (708) 965-5730.

EACH WEDNESDAY CATHOLIC ALUMNI CLUB

Recreational Volleyball for single young adults (ages 21-38) will be sponsored by the Catholic Alumni Club from 7 p.m. to 9 p.m. each Wednesday through May, at the Emerson School Gym, 3104 S. Kenilworth, Berwyn. The non-member fee is \$4 per evening. This is open volleyball, not a league. All levels of ability are welcome. For more information, and a free C.A.C. newsletter, call (312) 726-0735.

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Darts tournament hosted by City of Hope

The Singles Council (35+) for City of Hope National Medical Center will host a Singles Mixer Darts Tournament on Sunday, Jan. 24, at Odee's Pub, 8751 Milwaukee Ave. in Niles. Registration begins at 6 p.m. Admission is \$10 for Singles Council members, \$12.50 for non-members or \$27.50 for those who join the Singles Council that evening. Winning teams will receive trophies.

City of Hope National Medical Center and Beckman Research Institute. Founded in 1913 and located in Duarte, California, city of Hope is recognized as a world leader in the advanced research and treatment of cancer including leukemia, and diabetes, as well as research in AIDS, Alzheimer's, and many hereditary and genetic disorders. For more information on the tournament, call Jerry Velic at (708) 390-9444 or City of Hope at (708) 699-0100.

Singles volunteer group formed

The Chicago National Office for City of Hope National Medical Center is forming a volunteer group of suburban singles, age 35 and under, to help plan fundraising events which will support medical research and treatment at City of Hope.

will benefit City of Hope National Medical Center and Beckman Research Institute. Founded in 1913 and located in Duarte, California, City of Hope is recognized as a world leader in the advanced research and treatment of cancer including leukemia, and diabetes, as well as research in AIDS, Alzheimer's, and many hereditary and genetic disorders. For more information on the tournament, call Jerry Velic at (708) 390-9444 or City of Hope at (708) 699-0100.

"Original Sunday Singles"

The Original Sunday Singles Dance and Party, for all singles from ages 30 to 50, will be held on Sunday night, Jan. 24, from 7:30 p.m. to 1 a.m. The evening features DJ music, dancing, door

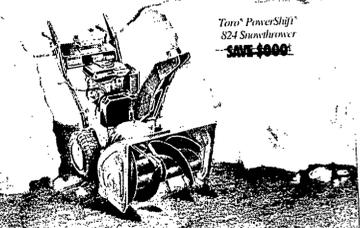
prizes, and munchies. Admission is \$3, at Maxie's Lounge, Quality/Clarion Hotel, 6810 N. Mannheim Rd. Rosemont. For further information, call (312) 921-6321.

Mogen David Jewish Singles

Mogen David Jewish Singles Network Social and Leadership meeting of the Board of Advisors will be held on Sunday, Jan. 31, at 7 p.m. at the Radisson Lincoln-

wood Hotel, 4500 W. Touhy Ave., in the 1st floor Board Room. (708) 317-1171. All ages are welcome.

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Forest schedules male codependency support group

The men-only codependency support group operated through the Outpatient Department at Forest Hospital will meet on Wednesdays from 6 to 7:30 p.m. beginning in January, it was announced.

Formed last summer, the group addresses the nature and manifestations of codependency. Participants also learn how to cope with codependency and perform exercises designed to help stop related behavior.

Codependency is defined as focusing on the personal and emotional needs of a loved one or friend while putting personal needs aside, said Margo Reiner, director of Chemical Dependency Services at Forest Hospital and group leader. Left untreated, it can lead to severe depression or emotional problems.

Health care service relocates

A-Abiding CARE, Inc., provider of quality home health care services, announces the relocation of its corporate office to 233 N. Northwest Hwy., Park Ridge.

Established in 1983, A-Abiding CARE, Inc. provides home health care services including RN, LPN, Nursing Assistant, Companion and Live-In care to clients living in Chicago and the North and Northwest suburbs.

For information call A-Abiding Care, Inc., (708) 698-CARE or (708) 698-1400.

LEGAL NOTICE

Sealed bids will be received up to 11:00 a.m. on February 9, 1993 at Niles Elementary Schools District 71, 6935 W. Touhy Ave., Niles, IL 60714 which bids will be opened at 11:00 a.m., February 9, 1993, at Niles Elementary Schools District 71, 6935 W. Touhy Ave., Niles, IL 60714 for the Purchase of Food and Cafeteria supplies.

Bid specifications may be picked up at Niles Elementary Schools District 71, 6935 W. Touhy Ave., Niles, IL 60714 beginning January 15, 1993 between the hours of 8:30 a.m. and 3:30 p.m.

The Board reserves the right to reject any and all bids.

s/Eileen Varisco
Secretary, Board of Education

s/Eugene H. Zalewski
Superintendent

The all-male group was formed to let men have a forum to discuss their codependent behavior without women present.

The cost for the male codependency support group is \$30 per session. For additional information, call the Forest Hospital Outpatient Department at (708) 635-4100, ext. 224 or 225.

Serving the northwest suburbs for more than 35 years, Forest Hospital is a private psychiatric facility offering treatment programs for children, adolescents and adults suffering from mental or emotional disorders. The hospital also offers comprehensive programs for eating disorders, dual diagnosis, substance abuse and partial hospitalization, as well as a range of outpatient programs.

Discussion on cancer prevention

"It's Not Only Fiber" Cancer Prevention in the 90's, will be the topic of discussion by Dr. Dennis Citrin, M.D., Ph.D. Dr. Citrin is a practicing internist and a prominent cancer specialist. Citrin is a professor of Medicine at Northwestern University Medical School. A noted author and much sought after lecturer.

This program is sponsored by Lubavitch Chabad of Wilmette and will take place at the home of Rabbi and Mrs. Dovid Flinkenstein, 311 Kilpatrick in Wilmette, Saturday, Jan. 23 at 8 p.m. For further information call (708) 251-7707 or (708) 251-4182.

Free podiatry screening offered

A free podiatry screening is being offered by the Stamelos Clinic for the Orthopedic Disorders and Swedish Covenant Hospital from 10 a.m. to 1 p.m. on Thursday, Jan. 28, at the clinic, 4501 N. Lincoln.

Dr. Peter Chioros, podiatrist on the SCH medical staff and associate of the clinic, will conduct the general foot screening. Appointments are necessary and may be made by calling 561-0469.

The podiatry screening marks the first of several free community health care events planned at the clinic this year.

UOA chapter to hear national officer

Marilyn Mau of Park Ridge, the annual conference chairman and a past president of the United Ostomy Association, will be featured speaker when UOA's North Suburban Chicago Chapter meets at 8 p.m. Wednesday, Jan. 27, in the East Dining Room (10th floor) of Lutheran General Hospital.

She will present a slide show on UOA's 1993 annual conference, which will be held August 4-7 in San Diego and is expected to attract more than 1,000 delegates from UOA's more than 600 chapters.

Mau was president of the national UOA, which has nearly 50,000 members, for a two-year term (mid-1988 through mid-1990), serving as spokesperson for the estimated 750,000 people in North America who have ostomies. She is also a past president of UOA's North Suburban Chicago Chapter, and has been a board member of officer of the national UOA since 1981.

UOA is a volunteer, nonprofit organization that provides support and education to people who have had or are about to have ostomy surgery or related medical procedures. The North Shore Suburban Chicago Chapter meets the fourth Wednesday of every month at Lutheran General.

People with ostomies or related conditions, family members and friends are welcome. For more information on the group or the meeting, phone 708-692-3592.

Teach infant and child CPR

Learn to save a child's life. Plan to attend the Infant and Child CPR class being offered at the Galter LifeCenter, 5157 N. Francisco, at 6 p.m. on Tuesday, Jan. 26.

The course, which is especially important for parents, grandparents and babysitters, will be taught by an American Heart Association certified instructor. Fees of \$10 for individuals, \$35 for couples and \$15 for students include an informative handbook.

Registration is necessary and may be done by calling the LifeCenter at 878-9936.

AIM to meet

An Anxiety and Panic Support group called A.I.M. (Agoraphobics In Motion) will meet every Monday at 7 p.m. at Holy Communion Church, 3010 N. Lavergne, Chicago.

For more information, call (708) 636-6243 or (708) 425-4597, or the hotline (708) 499-6623.

View video on stress

At the January meeting Mended Hearts Chapter 217 of Evanston-Glenbrook Hospitals will present a new video tape on Stress Management - produced by the American Heart Association.

A panel discussion led by Dr. Steven Tobian of Evanston Hospital and Jeannette McMahon, specialist in stress management, will follow the film.

Since stress is many times one of the underlying factors in cardiac problems, the meeting should be most interesting and informative on how to live a positive and productive life after a heart

attack or with other cardiovascular problems.

Meetings of The Mended Hearts support group are for the benefit of former patients, their families, friends and others interested in the subject.

The meeting will be held at 7:30 p.m. on January 21 at Glenbrook Hospital, 2100 Pfingsten Road, Glenview, IL.

Meetings are free and refreshments will be served. For additional information call Lloyd M. Gordon, President, (708) 674-3930 or Paul Basinger, Publicity Chairman, (708) 675-0288.

Support group to meet

Luthern General Medical Group, S.C. announces the next meeting of the Cleft Lip and Palate Support Group will be held on Monday, Jan. 25, at 7 p.m. in room 1042 at Luthern General Hospital, 1775 Dempster in Park Ridge.

The program for the meeting will be "Discussion of Psychosocial Impact of Facial Clefts for the Child and Parents", presented by Traci Fertel, L.C.S.W. The meeting will also be attended by representatives from the local chapter of the "About Face" support group, a national organization for parents, children and adults with cleft lip, palate, and other craniofacial

problems. Refreshments will be served, and children are welcome.

Meetings are open to parents, patients and others interested in orofacial clefting. The group will provide an opportunity for parents and their children, as well as other interested individuals, to meet on an informal basis, learn from one another, and provide mutual support. Adults with cleft lip and/or cleft palate are encouraged to attend as well. For more information, or for those interested in attending, contact Debby Reynolds, R.N., nurse at the Cleft Palate Clinic, at (708) 696-7705.

Foreign accent improvement course offered

Those who speak English with a foreign accent and would like to improve their speaking skills are invited by The Speech Therapy department of Swedish Covenant Hospital to Pronounce English as a Second Language (P-ESL) course at 5 p.m. on Thursday evenings beginning Jan. 21 in the Anderson Pavilion, 2751 W. Winona.

The 13-week program is completely individualized and based on a phonetic analysis of each participant's tape-recorded speech. Beside 25 hours of instruction and practice, the course incorporates individually customized practice tapes, a training manual and scripts for practice recordings, a tape and booklet of words chosen because of their importance to the student, and more.

Previous students come from all walks of life including accountants, airline pilots, salespeople, secretaries, etc. Anyone with a foreign accent who wishes to better his business, professional and/or social speaking skills is an appropriate student for the class. For more information, or a free brochure, call (312) 878-8200, ext. 5305.

Oncology group to hear dietician

The Oncology Support Group of Swedish Covenant Hospital will hear a talk by Merle Shapiro, clinical dietician, at its meeting at 1 p.m. on Friday, Jan. 22, in the Anderson Pavilion, 2751 W. Winona.

Shapiro will speak on diet and metabolism and what a person can do about them. The meetings are free and open to all cancer patients and their families, whether or not patients at Swedish Covenant Hospital. The purpose of the group, which meets every other week, is to give support through education, information and sharing.

For more information, call group moderator Sharon Hyman at (312) 878-8200, ext. 5284.

Free dental screening offered

The Swedish Covenant Hospital Dental Service is offering a free dental screening from 9 a.m. to noon on Thursday, Jan. 28, in its offices in the Anderson Pavilion, 2751 W. Winona.

The screening is open to all persons of all ages. Appointments are needed and may be made by calling 878-8200, X5500.

Depressive Association to meet

The Depressive and Manic-Depressive Association of Metropolitan Chicago will have as their speaker Ronald Davidson, Director of Public Policy for the Mental Health Association of Illinois, February 8, 7:30 p.m. at the Devon Bank, 6445 N. Western Ave., Chicago.

Dr. Davidson will speak about conditions in the public mental health care delivery system. He has exposed many conditions of patient neglect, unsanitary conditions, and facility mismanagement and has been instrumental in having such conditions alleviated.

All meetings are free and open to the public, with free parking adjacent to the bank. For information, call (312) 774-5100.

SPECIAL SUPPLEMENT *The Bugle Newspapers* JANUARY 21, 1993

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Grandmothers to meet

Wednesday, Jan. 27, at the Niles Recreation Center, at 11 a.m., the Niles Grandmothers will hold their first meeting of the new year. A light lunch will be served. New members are welcome.

Physical, Occupational and Speech Therapy



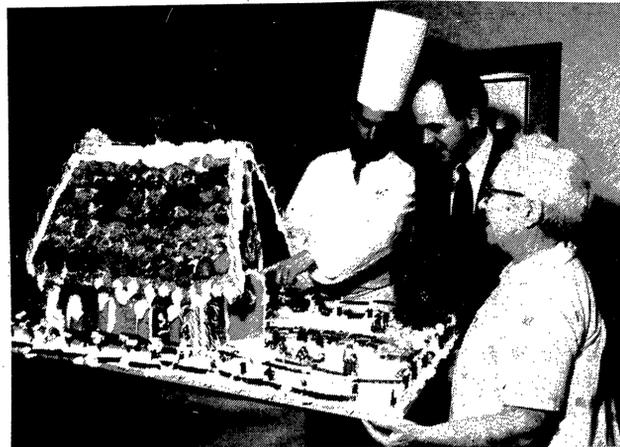
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Display gingerbread house



Larry Berkowitz (left), Chef at Resurrection Nursing Pavilion, 1001 North Greenwood Avenue, Park Ridge, displays his gingerbread creation for Mike Jacobs, Food Service Director, and Josephine Clemente, a resident who moved to the facility three years ago on Christmas night. The gingerbread house graced the buffet table at the nursing home's Christmas party and then was displayed for the residents' enjoyment.

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St. Benedict slates annual Pancake Breakfast

St. Benedict Home is sponsoring a Pancake Breakfast on Sunday, March 21 from 8 a.m. to 1 p.m. at St. Benedict Home Holbrook Hall.

Your generosity last year was super. As a result of your caring and sharing, we were able to purchase an aviary for the enjoyment of the residents and visitors.

Can we call on you again this year? Both, your dream of pancakes and ours of purchasing a gift for the services of the residents, will be realized.

To cook a wholesome breakfast we are in need of the following items: pancake mix, syrup, coffee, orange juice, sausage, butter, cream, sugar, tea, hot chocolate, paper products, napkins, etc. or anything donors wish to contribute.

The names of donors and their business who contribute \$100 or more will be printed on the place-mats that will be used at the breakfast. Included in the deal is a complimentary ticket for the breakfast. Send a business card or whatever should be printed on the placemat.

Income tax preparation offered

The Center of Concern, 1580 N. Northwest Hwy., Park Ridge, announced that they will again have specially trained persons available on Saturdays to assist with filing income tax returns for 1992.

This service will begin on Saturday, Feb. 6, and will continue through Saturday, April 10. There is no charge.

Make appointments as soon as possible and bring along all the current tax forms which were mailed by the IRS for Federal and State Income Tax returns, all 1099's, W-2's or other tax information forms, as well as a copy of the reports filed last year.

Call at (708) 823-0453 to make an appointment.

Seniors at Harbor Village "learn" to truly relax

by Dee Dunheim

Harbor Village Retirement Community, 3121 North Sheridan Road in Chicago, is known for offering excellent health and wellness programs for seniors. Perhaps the most enjoyable classes are ones in which residents do nothing. Absolutely nothing.

Relaxation instruction, conducted at Harbor Village by yoga teacher Nancy Heggemeier of White Crane Wellness Center, teaches seniors to reach a deep silence within themselves.

They begin by getting comfortable in a room free of outside stimulus and distraction. They wear clothes which don't confine them. They lie down or sit with their backs supported. They often take their shoes off.

After becoming completely at ease, and permitting themselves to be absolutely quiet and still, they are made to realize just how active and busy their brains are throughout each day. "We can often sense a voice within ourselves saying things like '...my knee itches,' or, '...I wonder what we're having for lunch,' or 'why hasn't my daughter called me lately,'" explains Nancy. But we can use special techniques to make that little voice stop -- and replace it with a true, calming silence.

Nancy's progressive relaxation techniques begin with urging Harbor Village residents to focus on their body parts: toes, ankles, legs, hands, arms shoulders, neck, face. "Quiet your mind. Be with the moment," she whispers. "Allow tensions to drift away. Do not review the past or anticipate the future. Be really, truly in the present."

To help empty your mind of thought or concern, it helps to observe your own breathing. Notice its rhythm. Is it fast or slow? Notice its fullness. Is it deep or shallow? By concentrating on nothing but your breathing, your body and mind can slow themselves down.

Relaxation requires no special equipment, no special location. It is the best gift you can give yourself. "Seniors who have worked hard all their lives and have raised families, now deserve to sit back and relax," according to Harbor Village's CEO, Pat DiFiore, "...and it's heart-warming to watch our residents actually being taught HOW to do it."

For more information about the comfortable life at Harbor Village Retirement Community, or to have a personal tour, call (312) 404-9800.



Harbor Village Retirement Community residents aren't always sitting around with their feet up and their eyes closed, but it happens during relaxation sessions hosted by White Crane Wellness Center. Very comfortably seated from left to right are: Ruth Morrison, Natalie Scher, Jean Trudan, instructor Nancy Heggemeier and Jack Engberg.

Kristin Joyce, Director of Community Services

Jody T. Goben has been appointed Assistant Director of Community Services for Ballard Nursing Center, Des Plaines, it was announced today by Eli Pick, Executive Director.

Goben is a graduate of North-

ern Illinois University, where she majored in Organizational Corporate Communication. During her education at NIU she was an active member of Women in Communications and American Marketing Association.

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Elderly adults who can look after their personal needs but find maintaining a house or apartment too difficult or lonely often look for housing alternatives. Council for Jewish Elderly's Group Living Residences provide an innovative, attractive alternative to living alone in an apartment.

Group living provides privacy, independence and a family-like atmosphere, but relieves elderly adults of the burdens of home repair, cooking and housekeeping. The residents have private rooms and baths which are clustered around common living rooms and snack kitchens.

CJE maintains two group living residences, the Sylvia Robineau Residence at 7530 N. Kostner Ave., Skokie, and the Herman and Gertrude Klafner Group Living Residence at 615 Ridge Rd., Wilmette. Robineau was built in 1981 and Klafner in 1988.

Rooms are furnished but residents may bring a favorite piece of furniture and other mementos to decorate their rooms and make them feel at home. Linen service and housekeeping are provided. Residents launder their own clothing in the residence laundry room.

Kosher lunches and dinners are served daily in an attractive dining room. Breakfast food items are distributed to residents according to lists submitted each week. Residents prepare their own breakfasts in their shared snack kitchens.

Both Klafner and Robineau have large, sunny rooms that afford privacy while the many common areas encourage interaction with other residents. Bulletin boards list the varied activities available and includes craft and exercise classes taught by CJE volunteers. Residents can visit sites throughout the Chicago area on the day trips organized weekly. Programs such as "Bubbies and Babies" bring children in to interact with the residents. Residents can invite family and friends to visit any time.

Staff members are on duty day and night in case of emergency. The architecture of the buildings are designed so that no resident is far from others. This solves the problem of isolation so prevalent among the elderly. This solves the problem of isolation so prevalent among the elderly. Each room and bathroom is equipped with an emergency cord in case a resident needs to summon help.

The Group Living Residences are completely wheelchair accessible. To apply to the CJE Group Living Residences, call CJE's Intake Department at (312) 570-7000 or Klafner's marketing hotline at (708) 251-6243.

Township helps meet senior citizens' needs

Maine Township has one of the largest senior citizen populations in Cook County numbering about 20,000. A wide variety of services and programs are available to senior citizens through the Maine Township government.

Supervisor Joan B. Hall said, "They are an important part of our community, and we try to provide a wide range of services to meet their needs."

One of the key programs offered by Maine Township is an information and referral clearinghouse to help senior citizens and their families obtain information on housing, medical services, social and mental health services, nutrition, home-delivered meals, employment, energy assistance, social activities and a variety of other services.

Call the information and referral service representative, Lisa Krusinski, at the Maine Township Town Hall, 297-2510, ext. 232. This program is partially supported through grants awarded to Maine Township by the Suburban Cook County Area Agency on Aging. To date, the township has received ten awards from the Suburban and referral services. Krusinski is also available to help seniors with Medicare forms and insurance questions. She has been certified by the Illinois Department of Insurance Senior Health Insurance Program (SHIP) to provide this service.

Senior citizens can also find fun and companionship through the many activities offered by the Maine Township Seniors, a social group sponsored by the township. The group offers frequent day trips, theater outings, bingo, workshops, educational opportunities, and monthly luncheons at a nominal cost to members. It also sponsors popular mini-vacations and longer trips.

More than 3,800 Maine Township Seniors belong to the group. Activities in most cases are limited to members. Applicants must be 65 or older and provide proof of residency.

The township also sponsors Options 55, a social program for pre-retirement adults, aged 55 through 65. Trips, theatre programs and special events are scheduled evenings and weekends for the convenience of members.

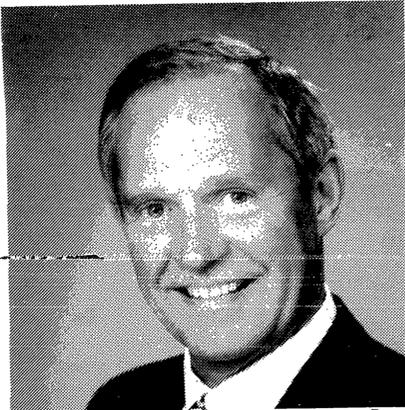
Maine Township also serves widowed and single adults, ages 45 through 65, with its One + Options program. Members can take advantage of free seminars on issues of common interest, a Sunday Strollers group, a cuisine Club, volunteer opportunities, and trips co-sponsored by OPTIONS 55.

Membership in all three groups is free and open to Maine Township residents. For information and membership applications call Sue Neuschel, 297-2510, ext. 240.

Maine Township also provides RTA special users passes and handicapped parking cards through the Clerk's office and participates in the Paratransit Resource Center (PRC) to provide transportation at special rates to seniors who are unable to use public transportation.

For information on any of these programs, call 297-2510.

Financial counselor speaks to seniors at Norwood Park Home



Bruce Bagge

On Tuesday, Feb. 9 at 2 p.m., Norwood Park Home will present a talk titled "Is Your Nest Egg Ready to Hatch? Safe Investing for the '90s."

Financial counselor Bruce P. Bagge will be the guest speaker in this third installment of the Home's continuing series, Timely Talks for Seniors. Admission is free, all are welcome, and coffee and fresh-baked cookies will be served.

Norwood Park Home is located at 6016 N. Nina Avenue on Chicago's far northwest edge. More information is available at (312) 631-4856.

Bruce P. Bagge is well known across the nation as an investment expert. He is co-host of "Ask An Expert," an investment show aired on Channel 20.

Bagge was co-creator, producer, and host of The Conservative Investor, a publicly televised show that aired weekly in Chicago and Milwaukee and was syndicated on national television.

Recently, Bagge was selected out of 200,000 stock brokers as "one of the top twenty brokers in the United States and Canada" by Registered Representative Magazine. He is Senior Vice President at Gruntal & Company, Inc., a 137-year-old investment firm in Chicago.

On February 9, he will discuss safe investing choices for seniors. Timely Talks for Seniors is a series of informal talks on subjects of interest to those over 65, offered as a community service by Norwood Park Home. The Home is a not-for-profit residence for seniors located on Chicago's far northwest edge. Its residents enjoy full housekeeping and dining services, 24-hour security, and a wide variety of activities. Nursing care is available, and the Home charges no "endowment fee."

For more information about services and benefits for seniors throughout suburban Cook County including referral to local senior service organizations such as South Suburban Senior Services, contact the Suburban Area Agency on Aging at (708) 383-0258.

The agency can also provide information about opportunities for volunteer service in a variety of senior services programs ranging from delivering meals to homebound seniors to assisting with recreational and social programs and serving on the councils and boards of directors of local senior services organizations.



Life begins again at 100

They had a big birthday celebration for John Seneczko not so long ago. He was beginning his 100th year and everybody at the senior center was on hand to wish him well.

The party was a huge success. Dozens of active seniors joined in celebrating the beginning of John's second century. The senior center's regular noon meal featured a special birthday menu and was topped off with a big birthday cake for all to enjoy.

For John Seneczko, reaching 100 has meant enjoying a vital new life. A native of the Ukraine who immigrated to Chicago when he was 15, John worked at a number of jobs in the Chicago area including 40 years as a surgical technician.

John is a firm believer in "getting the mind to grow." After losing his wife and many of his longtime friends and with seven great-grandchildren scattered throughout the U.S., John wanted to remain active in his community. Enjoying good health and an energetic enthusiasm for life, John, whose home is the Harvey YMCA, found his way to the senior center five blocks away.

The senior center is operated by South Suburban Senior Services, a unit of Catholic Charities, in suburban Harvey. The agency, whose senior services and nutrition programs are funded through the Suburban Area Agency on Aging as well as funds from local sources, is one of 19 senior service organizations involved in an outreach program aimed at informing suburban Cook County seniors of benefits and services for which they may be eligible.

John Seneczko has been actively promoting support of the senior center to local business people. "I love this place!" John tells them. "We seniors who come here almost every day need this place...we love it!"

One group of visitors asked if John could join Rosemarie Rossman, outreach specialist for South Suburban Senior Services, when she visited their businesses to describe how her agency helps older people in the area. Many of their employees are or will become responsible for the care of older parents or loved ones.

John is delighted to take part in the presentations. He is a model example of the vital and independent lifestyle seniors can enjoy with the help of senior services programs. One of these is the delicious, nutritionally balanced noon meals he enjoys each day at the senior center in the company of new-found friends with whom he shares good times. "I hope all of you live 100 years. It's a great life," he tells his audiences. When he needs them, John might take advantage of additional senior services that can help older persons continue to live independent lives in their own community.

Among them are services which, when indicated, can include in-home assistance such as housekeeping service, friendly visiting and respite (substitute care for an older person while a caregiver takes a break). They might also encompass a wide range of transportation services, housing benefits, help with energy costs and income supplements as well as health related benefits.

The outreach program in which John and Rosemarie are involved, is an 18-month project involving nineteen community-based senior services agencies like South Suburban Senior Services. It is being funded by The Chicago Community Trust in recognition of the rapidly mushrooming senior population in Chicago's suburbs, one which has grown by 22 percent in the ten years between 1980 and 1990.

The outreach project is being coordinated by the Suburban Area Agency on Aging, a private, not-for-profit human services agency based in Oak Park designated by the Illinois Department on Aging to plan for and administer senior services programs in suburban Cook County. The programs are underwritten with funds authorized by the Older Americans Act, the State of Illinois and other sources.

For more information about services and benefits for seniors throughout suburban Cook County including referral to local senior service organizations such as South Suburban Senior Services, contact the Suburban Area Agency on Aging at (708) 383-0258.

The agency can also provide information about opportunities for volunteer service in a variety of senior services programs ranging from delivering meals to homebound seniors to assisting with recreational and social programs and serving on the councils and boards of directors of local senior services organizations.

'Color in Motion' presented

Friendship Village presents "Color in Motion" at the Art Walk celebration January 21 at 6:30 p.m. in the main atrium at the Village. The exhibit features the work of Judy Bjorling. Ms. Bjorling's transparent water colors define subtle objects allowing the viewer to interpret his or her own experience. During the evening, a slide presentation will be shown by Ms. Bjorling introducing the audience to the variety of her talent in her original sculptures, realism and life drawings.

Following the artist's insights, the Barrington Youth Dance Ensemble, under the direction of Mary Brennan, will perform a varied program including a musical comedy dance, a modern selection and the Can Can.

Friendship Village is a nationally accredited retirement community serving people of retirement age for the past 15 years. It is located at 350 W. Schaumburg Rd. in Schaumburg. For further information, call (708) 884-5000.

Maine seniors plan February activities

Maine Township Seniors have planned a heartwarming array of events in February.

They can begin the month by gathering for fun and friendship at one of two regular monthly bingo games at noon Tuesday, Feb. 2, at Oakton Arms, 1665 Oakton Place, Des Plaines, and noon Thursday, Feb. 4, at the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge. Registration is required and a 50-cent fee will be collected at the door to cover refreshments.

On Wednesday, Feb. 10, the group is planning a trip to see "Miss Saigon" at the Auditorium in Chicago. The Seniors' first block of seats is already sold out, but the group will attempt to obtain additional tickets if there is enough demand. Please call Sue Neuschel or Helen Jung at 297-2510, ext. 240 or 241. Cost is \$50 for members and \$55 for guests.

"Romantic Bingo" featuring special prizes will set the mood at the Seniors' Valentine luncheons in February. Seniors can choose one of two luncheons at noon Tuesday, Feb. 16, at Casa Royale, 783 Lee St., Des Plaines, or noon Thursday, Feb. 17, at Banquets by Brigante, 2648 Dempster, Des Plaines.

Cost of the luncheon is \$7.50 for members. Guest reservations

at \$8.50 will be taken on a space-available basis.

Seniors can enjoy a "Polish Celebration" with an elaborate ethnic buffet at noon Tuesday, Feb. 23, at Polo Restaurant, 8801 N. Milwaukee Ave., Niles. This is the first of several ethnic events to be held at local restaurants this year. Cost of the luncheon is \$7.50 for members and \$10.50 for guests.

During their monthly craft workshop at 9:30 a.m. Monday,

Feb. 22, seniors can create decorative ribbon and lace heart wreaths for accessories or gifts.

The workshop will be held in the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge. Cost is \$8. Participants should bring a sharp scissors, Aleene's thick designer tacky glue, low temperature glue gun, glue sticks and ruler. All other materials will be provided. Advance registration is required at 297-2510, ext. 240 or 241. Ask for Helen or Sue.

Seniors will be greeted in costumes will be dressed in costumes of the Villa for the Needy. Tickets are priced at \$250 per person (or \$2,500 for a table of 10) with proceeds benefiting the Elderly at Villa Scalabrini. Reservations for the event on Saturday, Feb. 20 must be made by Feb. 2. For more information, please contact Jon Dellaria at (708) 530-8795.

Seniors will be greeted in costumes will be dressed in costumes of the Villa for the Needy. Tickets are priced at \$250 per person (or \$2,500 for a table of 10) with proceeds benefiting the Elderly at Villa Scalabrini. Reservations for the event on Saturday, Feb. 20 must be made by Feb. 2. For more information, please contact Jon Dellaria at (708) 530-8795.

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Check with Queenie with questions on aging

If you wouldn't consider your local beauty operator a source of definitive information about aging, you probably haven't met Queenie.

Queenie owns a beauty shop, Queen's Parlor, in suburban Skokie where over two-thirds of her clientele is over the age of 65. Beyond their interest in a shampoo and set, many of Queenie's customers are also concerned about the particulars of reverse mortgages, durable powers of attorney for health care, home sharing and similar programs that enable seniors to live independently in their local community.

After 22 years in the beauty business, Queenie knows her customers well. She knows they like to visit with one another during their beauty treatments. She's observed that, in recent years, their conversations have increasingly focused on their desire to continue living in their own community for as long as they possibly can.

To do so, however, many need supportive services to compensate for their reduced ability to function as they once did. Thus, it's not unusual to find Queenie offering advice on senior services in addition to her expert counsel on hair styles and manicures.

Queenie became knowledgeable about aging issues almost by accident. Diane Niemeyer, an outreach specialist for senior services at Family Counseling Service of Evanston and Skokie Valley, needed her hair trimmed and discovered that Queenie's shop, just around the corner from Diane's office, was open evenings. When Diane arrived for her appointment, Queenie observed that Diane had lowered the average age of the shop's clientele by a considerable amount.

"Virtually all of my customers are at least 60 years old or more," declared Queenie. "In that case," replied Diane, "your customers are just the people I'm looking for."

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Diane's organization is one of 19 human service agencies participating in an outreach program aimed at informing suburban Cook County seniors of programs to help them live vital and independent lives at home in their own community. Diane's mission was to proclaim the good news to all the seniors she could find.

The outreach effort is being coordinated by the Suburban Area Agency on Aging and funded by The Chicago Community Trust in recognition of the rapidly mushrooming senior population in the Cook County suburbs, an area where the number of persons age 50 and older has grown by 22 percent in the ten years between 1980 and 1990.

Queenie and Diane have become somewhat of an outreach team. With Queenie's encouragement, Diane has stocked the beauty shop with colorful brochures describing a myriad of benefit and service programs of interest to seniors. Queenie, in turn, has learned a lot from Diane about programs and benefits for seniors.

"Virtually all of my customers are at least 60 years old or more."

The programs Queenie and Diane describe range from in-home support services to Medicare options and Social Security. They also include a wide range of transportation services, housing benefits, help with energy costs and income supplements as well as health related benefits.

Spreading the word about senior programs sometimes involves unusual forums. On one occasion, Diane found herself making an impromptu presentation from beneath a hair dryer to a woman who had heard about a senior program and brought her husband to the beauty shop to get more details.

The senior services are coordinated by the Suburban Area Agency on Aging, a private, not-for-profit human services agency based in Oak Park designated by the Illinois Department on Aging to plan for and administer senior services programs in suburban Cook County. The programs are

"In that case, your customers are just the people I'm looking for."

underwritten with funds authorized by the Older Americans Act, the State of Illinois and other funding sources.

For more information about services and benefits for seniors throughout suburban Cook County including referral to local senior service organizations such as Family Counseling Service of Evanston and Skokie Valley, contact the Suburban Area Agency on Aging at (708) 383-0258.

The agency can also provide information about opportunities for volunteer service in a variety of programs ranging from delivering meals to homebound seniors to assisting with recreational and social programs and serving on the councils and board of directors of local senior services organizations.

Kelly Assisted Living: Relief for the "Sandwich Generation"

According to sociologists, the "baby boom generation" has turned into the "sandwich generation."

The term describes the conflicting responsibilities great numbers of individuals are beginning to experience. With many couples delaying childbearing to later years, not only do working parents have responsibility for child care, they are often looking after elderly relatives at the same time.

Managing Conflicting Responsibilities

The number of people responsible for care of two generations or a job and care-giving duties is becoming a significant factor for some employers. At least 20 percent of the 100 million people who work in the United States now have some responsibilities for elderly relatives, according to Michael Creedon, an executive director at the National Council on the Aging. American Demographics magazine notes that nearly three-quarters of these caregivers are women, with over half holding full or part-time jobs. Nearly 40 percent of caregivers also have responsibility for children.

Recent studies of individuals who provide eldercare report conflicts between work and caregiving responsibilities that include missed work, work interruptions, including excessive telephone use, loss of pay, regret of their choice to work and loss of energy to do work well. Increased physical and mental stress, leading to higher incidents of illness, have also been found.

And although employment is not the only, or even major factor in the strain experienced by many caregivers, as many as 70 percent of employed caregivers are more likely to place their relative(s) in a nursing home or other facility than those who are not employed.

These competing demands on significant numbers of valuable workers are becoming an issue for American business. With the labor force growing more slowly than at any time since the 1930s — only one percent a year over the next few decades — finding ways of maintaining worker productivity as well as retaining valuable employees who otherwise may be forced to leave the workforce due to conflicting personal obligations is becoming important.

An Alternative
"Many families turn to us when they finally realize that they just can't do it all by themselves," said Marlene Brockmiller, branch manager of Kelly Assisted Living Services, Inc., in St. Louis, Missouri. A subsidiary of Kelly Services, Inc., Kelly Assisted Living provides companionship and in-home care for mature persons and others requiring assistance with everyday tasks.

Brockmiller has seen a lot of families who have tried to cope with the conflicting demands of jobs, children and elderly parents who need assistance. "We usually see people at their greatest point of frustration," said Brockmiller. "Often times, they are at a crossroads; it's either us or a nursing or retirement home for their elderly relatives. They want their relatives to be happy and

would like to be able to help them maintain their independence and remain in their own homes."

Brockmiller notes that she now frequently sees fairly young couples who both work and have small children that also have an elderly relative who needs assistance with day-to-day living. "We have a new client who has Alzheimer's disease. Until recently, her children, a daughter and a son, had been checking on her in the evenings and weekends. The son is single and has a high-pressure job. The daughter works, is married and has two young children.

"After about six months of dealing with their mother's progressing disease, the children found they just couldn't handle the compounded strain on their lives, constantly checking on and worrying about their mother. She had gotten to the point where she would forget a lot of things, such as to turn off the stove, eat properly or lock the doors at night," Brockmiller said.

"When they came to us, they were at wit's end. Now they have peace of mind, knowing that their mother is well taken care of and has constant, caring companionship."

Care Across the Miles
Not only are people living longer than before, the increased mobility of society often means that parents and children are separated by hundreds of miles. Kelly Assisted Living, Ft. Lauderdale Branch Manager Ellen Kramer sees this situation often. "Frequently, we get a call while the adult children are here on va-

cation, visiting elderly relatives," said Kramer. "The children are often shocked to find the conditions their relatives are living in and realize they require some assistance. Most families are committed to keeping their relatives in their environment and as independent as possible. That's where we come in."

A Kelly Assisted Living customer who lives in Florida and has parents in North Carolina sums it up best. "As an only child living out-of-state, I have a constant worry about my elderly parents. It is such a comfort to know I have someone to depend on when I can't be there."

Independence and Peace of Mind

Kelly caregivers act as an extension of the family, helping with activities such as bathing, dressing, meal preparation, light housekeeping and shopping for as little as four hours to as much as 24 hours, with the frequency chosen by the client.

Prior to accepting any case, Kelly Assisted Living conducts a Home Conference, meeting with the potential client and family member to discuss client needs and requirements. After the visit, a customized care plan is drawn up and a Kelly Assisted Living caregiver is matched to the client's needs and personality.

Kelly Assisted Living operates 95 offices in the United States. Currently, most inquiries for Assisted Living Services come from concerned sons or daughters who need help for their elderly parents. Kelly also works with Employee Assistance Programs and

company referral programs to provide employees with elder-care needs with information on Kelly Assisted Living services.

A New Life
For many people, Kelly Assisted Living is a cost-effective alternative to institutionalizing a loved one. But it is also often a new lease on family relationships for the elderly as well as their family.

Both Brockmiller and Kramer have observed that once the strain of care-giving is lifted from their clients' families, the relationship between them seems to strengthen and improve.

"They have time to enjoy each other's company once again," said Kramer.

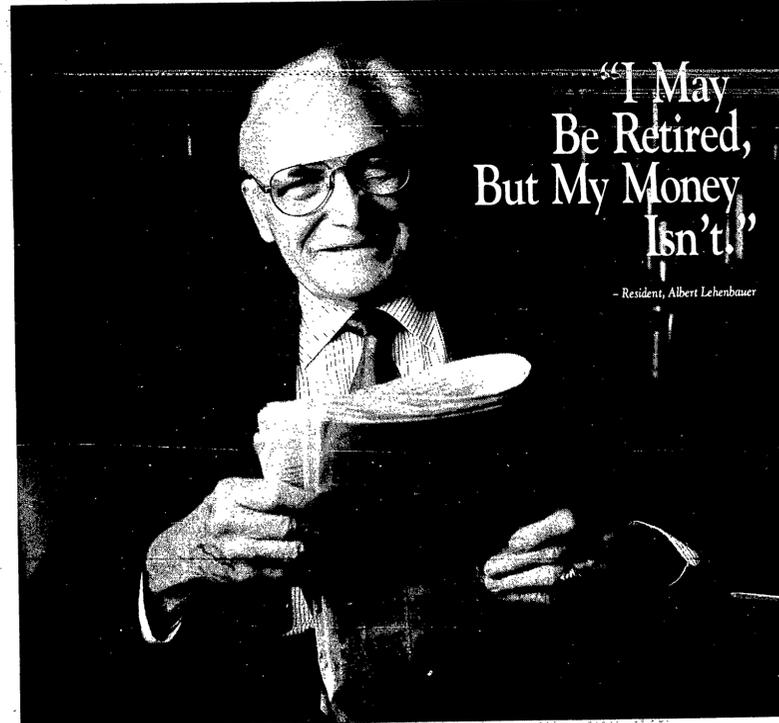
Friendship Village's new activities

Residents of Friendship Village begin the new year with a series of activities to learn how to live-up their homes, decorate with accessories, and balance colors between hair and skin tones.

On Thursdays, Jan. 21 and 28, guest speakers will present their ideas at 10 a.m. in the Art Room.

The guests include: Pat King from Harper College discussing decorating basics; Wayne Matousek will teach floral arranging by combining fresh and silk flowers; and Nancy Matlin explains color coordinating hair colors and skin tones in wardrobe and jewelry selections.

Friendship Village is located at 350 W. Schaumburg Rd. in Schaumburg. For further information call (708) 884-5000.



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Ice carvers demonstrate skill at Ballard



Ice carvers Rob Gunter, Director of Dining Services for Ballard (left), and Ballard resident Emil Donadin put the finishing touches on a cornucopia carved from a 400 pound block of ice. Before his retirement, Emil served as a chef and ice sculptor for a number of restaurants and country clubs. He and his wife, Anna Mae, are both residents at Ballard.

Social Security: direct deposit is smart way to do business

Perhaps there's a special feeling of security in actually holding your first Social Security benefit check in your hand. That may be the reason some new beneficiaries don't sign up at the outset to have their monthly benefits deposited directly into their bank accounts. However, more than 20 million beneficiaries have found that direct deposit is the smart thing to do. They never have to worry about:

- a check being lost, stolen, or misplaced;
- being away from home and having a check sitting unprotected in their mailbox; or
- making a special trip to the bank or standing in line to deposit their checks.

Beneficiaries who receive their checks in the mail are 16 times more likely to report receipt problems than beneficiaries who use direct deposit.

For information about how to begin direct deposit of your Social Security benefits, call Social Security's toll-free telephone number, 1 (800) 772-1213, any business day between 7 a.m. and 7 p.m. When you call, you should have your Social Security number and your bank account number handy. Or, ask about direct deposit where you have your bank account. Many banks offer checking account services free of charge to depositors who are age 50 or older.

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Valentine's Day celebrated at Sweetheart Dance

Don't spend Valentine's Day waiting for Cupid to strike with a bow and arrow and miss The Lawrence House Retirement Home's free and open-to-seniors Sweetheart Dance. Lawrence House residents invite visitors to be their valentines and share in the fun at The Lawrence House on Friday, Feb. 12, from 1 to 3 p.m. at 1020 W. Lawrence Ave. in Chicago.

Treat yourself and a special sweetheart to a live musical performance by Lori Cohen and her Musical Friends. This four piece band is sure to find the key to everyone's heart with waltzes, rumbas and foxtrots. There will be a dance contest and plenty of Valentine's Day games for all to enjoy.

Seniors and their valentines can satisfy their sweet tooth with complimentary Valentine's Day love potions and treats including passion punch and heart-shaped snacks.

For further information on this Sweetheart Dance at The Lawrence House Retirement Hotel, contact Marcia Lawrence at (312) 562-2100.

North Shore hosts Victorian Valentine tea

Treat yourself and the one you're sweet on to the North Shore Retirement Hotel's Victorian Valentine Tea on Sunday, Feb. 14 from 2 to 4 p.m. at 1611 Chicago Ave., Evanston, and make Cupid's job a little easier this Valentine's Day. The event, steeped in tradition, is free and open to seniors.

In true Victorian fashion, an elegantly costumed staff will be there to greet you and serve tea and other sweets for the sweet. Vocalist Diana Klima is sure to have everyone humming the day away as she performs the songs of Jeanette McDonald.

A picture is worth a thousand words! As a memento to a lovely day, guests will be able to have their picture taken with Diana Klima in one of her seven beautiful costumes.

Come relive this bygone era at the North Shore Retirement Hotel's Victorian Valentine Tea. For reservations and further information, contact Sandra Small at (708) 864-6400.

New dental office offers weekend, evening hours

Gregory S. Jacob, D.D.S., has opened a new general dental practice at 324 Waukegan Rd. in Glenview with weekend and evening hours to serve busy area residents. Appointments are available from 6 to 9 p.m. Monday through Friday, 2 to 7 p.m. Saturday, and 8 a.m. to 8 p.m. Sunday. The phone number is 724-2399.

In addition to his Doctor of Dental Science from the University of Illinois at Chicago, Dr. Jacob holds two bachelor degrees and a master's degree in biological science. He is an experienced research scientist, teacher and author.

A native of Park Ridge, Dr. Jacob currently resides in Des Plaines.

Passages lecture discusses living arrangements
 Jeanne Heid Grubman, education coordinator at the Center for Applied Gerontology, discusses alternative services and living arrangements for older people, as part of a Passages Lecture Series from 1 to 2:30 p.m. on Tuesday, Feb. 2, in Room 112 at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. A \$1 donation is requested.

In this lecture, Grubman discusses why it's important to consider these options before the person is in a state of crisis. For more information, call (708) 635-1414.

Emeritus tour to Santa Fe
 Enjoy opera under the stars in the beautiful mountains of New Mexico during the Emeritus trip to the Santa Fe Summer Festival of Music, Aug. 2-8. The trip, led by Professional Patrick Casali, is sponsored by Oakton Community College.

The Santa Fe Opera is famous for its magnificent productions and impeccable musical standards.

The total cost of the trip is \$1475 per person based on double occupancy, including round trip transportation, theater tickets, taxes and gratuities.

To register and for more information, call Bea Cornelissen at (708) 635-1812.

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Luther Village constructs new residence

Luther Village retirement community announced that due to overwhelming response and demand, it is starting construction of another new mid-rise residence building.

The new building, named Bradley House, will be the second mid-rise building at Luther Village. They are now accepting reservations for Bradley House, which will contain 139 studio and one- and two-bedroom residences.

According to Kathleen Ullo, Director of Sales, "Given our current level of sales, early reservations are essential to insure the best locations. Bradley House will have a number of different floor plans available. The resi-

dences will begin at \$99,000 and feature a broad range of amenities, including a full kitchen, balcony or patio, wall-to-wall carpeting, a security alarm and 24-hour emergency call systems. Heated underground parking will also be available."

When completed in Spring, 1994, Bradley House, much like the current Arlington House, will be linked to the 40,000 square foot Wittenberg Commons by an enclosed walkway. Wittenberg Commons serves as the focal point, acting as the community center, including a dry cleaner,

barber shop, beauty salon, bank, convenience store, health club with pool and whirlpool, dining rooms (including private dining facilities), a chapel and a library. Luther Village is one of the first full equity retirement communities in the country and is being developed by The Charles H. Shaw Company.

Unlike virtually all other retirement communities, Luther Village provides residents with equity ownership of their property. This ensures residents control their own financial destiny and benefit from financial advantages

such as the deduction of real estate taxes, retention of property appreciation and long-term capital gains tax benefits.

Luther Village residents also profit from the fact that they pay only for services they need or want. A full-range of services, from meals to health care, are available, but are tailored to the individual needs of residents. These cost differences can be substantial and represent a significant savings to residents of Luther Village.

At Luther Village, residents may use their own health care

providers, or take advantage of the facilities of the Lutheran Home, which has provided services for over 100 years in the northwest suburban area. Luther Village residents have priority access to Lutheran Home Health Care Services for temporary or long-term nursing care as well as social, recreational and therapy programs.

Luther Village is located at 1280 Village Dr. in Arlington Heights. For more information or for a free brochure, call The Luther Village Information Center at (708) 506-1919.

Mature adults travel to Santa Fe

Maine Township mature adults can explore Santa Fe, New Mexico and nearby southwestern sites during a seven-night luxury vacation April 26 through May 3. Participants will fly to Albuquerque and then enjoy a spectacular motorcoach ride as they travel to Santa Fe nestled in the peaks of the Sangre De Cristo Mountains. They will spend six nights at the Inn of the Governors located in the heart of the historic district.

Highlights include a tour of Santa Fe including the picturesque Plaza, visits to Los Alamos including the Bradbury Science Museum and Los Alamos National Laboratory, breathtaking Taos, El Santuario de Chimayo, a national landmark known as the "Lourdes of the Southwest."

Guests can capture an overview Native American culture with visits Taos Pueblo where life has remained virtually unchanged for more than 1,000 years—the Bandelier National Monument settled by the Anasazi Indians around 1,100 A.D.; and the Indian Pueblo and Cultural Center in Albuquerque. There will be ample opportunities to observe potters, weavers, craftsmen, ceremonial dances and native musicians.

Dining and entertainment highlights include a step back into the Old West during dinner at the Legal Tender Saloon, an evening at an authentic working ranch including a chuck wagon dinner and entertainment by cowboys and wranglers.

The final day will be spent exploring Albuquerque with overnight accommodations at the Sheraton in historic Old Town and a farewell dinner in the Salvador Armijo House, a restored adobe hacienda built in 1847.

Cost of the trip including airfare, deluxe hotel accommodations, escort, admission fees, seven breakfasts, one lunch and seven dinners is \$1,439 per person, double occupancy and \$1,699 per person single occupancy.

The trip is open to members of the Maine Township Seniors, Options 55, One + Options, and guests. For reservations or membership information, call Sue Neuschel or Helen Jung at 297-2510 ext. 240 or 241.

Membership in all three groups is free and members benefit from group rates on activities. Applicants must be Maine Township residents and provide proof of age and residency.

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*As of 01/01/93, rate changes weekly.
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SENIOR SEASONS

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Lincolnwood mallwalker celebrates 99th birthday



Jennie Schaffner (center) of Rogers Park celebrated her 99th birthday surrounded by friends and well-wishers at the Lincolnwood Town Center. All are members of the Treadsetters, a mall-walking program co-sponsored by the Lincolnwood Town Center and St. Francis Hospital of Evanston. Thrice weekly Jennie walks a mile-and-a-half inside the Center. With a membership of about 1,000, Treadsetters walk the mall from 7 to 9 a.m. seven days a week.

Tales From Two Rivers Writing Contest

The 14th annual Tales From Two Rivers Writing Contest is open to all Illinois residents age 60 and over. The subjects for this year's contest include: A Stroll Down Main Street, My First Visit to the City, Starting Out in the Thirties (Early Married Life), Going to the Movies, Neighbors, My Experience in High School, Perils of the Times Gone By, Poetry, and an open category. All stories must pertain to the personal experiences and memories of the author. All stories should have happened in Illinois and not been previously published. Stories should run no more than 1500 words. The contest will close April 1, 1993. Two first place prizes of \$50, two second place prizes of \$40, two third prizes of \$25, ten fourth prizes of \$5 and twenty honorable mentions will be awarded. All stories are considered of worth and are preserved at the Western Illinois University Library Archives.

Sponsored by Two Rivers Arts Council the contest was begun in 1979. The past thirteen contests have helped to preserve over 2,000 stories of Illinois. The goal of the contest is to document our rich Illinois heritage as written by the people who lived it. Tales from Two Rivers writing contests have produced five collections of selected stories. The books, Tales from Two Rivers 11, 111, IV, and V are currently available. Tales from Two Rivers 1 is now out of print. Writing contest entry forms are available by writing Two Rivers Arts Council, c/o Helen Thomson, Ex. Director, P.O. Box 640, Macomb, Illinois 61455. Tales from Two Rivers writing contest is funded by the Two Rivers Arts Council with support from the Illinois Arts Council with support from the Illinois Arts Council, a state agency.

Fear of Probate stimulates sales of living trusts

While recuperating at home following hip replacement surgery, a 75-year-old widow read with interest a magazine advertisement for a living trust. She sent away for more information. Much to her surprise, the information came in the form of a salesman who showed up on her doorstep. After listening to a three-hour sales pitch, she bought a living trust of \$1,950. She purchased the legal document mainly to get the salesman out of her house. Fortunately, the woman's daughter contacted the Attorney General's Office and we were able to obtain a refund for her.

Where possible, my office files lawsuits against fraudulent companies. However, these cases are difficult to prove because the evidence is often buried with the victim. A living trust is a legal document that, depending on the type of trust, allows an individual to continue to manage their property during their lifetime, and, in the event of disability or death, have a designated trustee authorized to administer and dispose of the property as defined in the trust. Properly tailored and used in appropriate circumstances, a living trust is a useful planning tool that can minimize estate taxes and protect one's heirs from the expensive and lengthy process of probate court.

Problems arise when living trusts are sold by companies which use non-legal salesmen, who come out to the house much like insurance salesmen. These living trust sellers use a "one size fits all" approach and often exaggerate the tax savings to be gained from setting up a living trust. They sometimes frighten customers with unwarranted claims, such as the undesirability of finances being made public in probate court. In short, it appears they are simply selling the fear of probate court.

Often times, the cost of purchasing a living trust from these salesmen is higher than what an attorney would charge to prepare such a document. And, many of these in-house salesmen use high pressure sales tactics. One woman said she felt like she was being held hostage in her own home because the salesman would not leave. Recently, my office filed suit against a Texas-based company and its officers, who were charged with defrauding seniors in the execution and sale of living trust plans in Illinois. The American Association for Senior Citizens, Inc. of Dallas, was charged with violating Illinois Consumer Protection laws by allegedly bilking over 20 Illinois residents out of more than \$42,000.

1993 retirement plan changes

by Jeffrey Cardella
Edward D. Jones & Co.
8143 N. Milwaukee Ave.
Niles, IL 60714, (708) 470-8953



If you participate in an employer-sponsored retirement plan, such as a profit sharing plan, 401 (k) or money-purchase pension plan, you'll be playing by a new set of rules beginning in 1993.

Specifically, the game plan calls for several changes in the way lump sum distributions are handled. Under current law, when an employee retires or changes jobs, he or she can take receipt of the lump sum distribution and within 60 days roll the money into an Individual Retirement Account (IRA) to avoid penalties and taxes. Beginning Jan. 1, 1993, employees will be required to transfer their lump sum distributions directly from one plan to another, without taking receipt of the funds, in order to avoid taxes and penalties.

A transfer may involve your employer either wire transferring the distribution directly to your new retirement plan trustee or mailing a check to the trustee. The check may also be given you for delivery to the new retirement plan trustee. However, if the check is made payable to you, rather than to the trustee, it would constitute taking receipt of the funds and could cost you dearly.

Beginning in the new Year, any distributions taken by an employee from a qualified retirement plan will be subject to 20 percent federal income tax withholding unless the distribution is transferred directly into an IRA by the employer. If the individual is under age 59 1/2, there may also be a 10 percent penalty for early withdrawal.

For example, let's assume you change jobs take receipt of a \$25,000 lump sum distribution from your employer's profit sharing plan. The plan administrator is required to withhold 20 percent, or \$5,000, for federal income tax. This means you will receive only \$20,000. However, the full \$25,000 is taxable income in the year you receive it. In addition, if you are under age 59 1/2, you may be subject to a 10 percent premature distribution penalty. Remember, the \$5,000 withheld represents additional taxes you paid for the year and will be a credit on your tax return.

Let's take this a step further. You would still have the option to roll your distribution into an IRA within 60 days. However, you would need to replace from other assets the \$5,000 withholding. If this were not possible, and you could only roll over \$20,000, the \$5,000 would be considered a taxable distribution and would be subject to income taxes as well as a possible early withdrawal penalty. Again, to avoid taxes and penalties altogether, your plan administrator can directly transfer your entire \$25,000 lump sum distribution to an IRA or other qualified plan.

It's very important to note that IRA distributions are not affected by these rules. Only distributions from employer-sponsored qualified retirement plans, such as profit-sharing plans, 401 (k)s and money-purchase pension plans, are involved.

The changes in lump sum distributions are confusing at best, and they can be costly for those who misunderstand them. If a lump sum distribution is in your future, see a tax professional to make sure you don't end up needlessly sacrificing a penny of the retirement benefits for which you've worked so hard.

The lawsuit charges AASC with misrepresenting the savings to be had under the living trust arrangements, charging exorbitant prices for services that could be obtained elsewhere for a lower cost and using high pressure tactics during in-house sales pitches. The company was also charged with violating the Attorney at Law Act for engaging in the unauthorized practice of law and with trying to create an impression that it was affiliated with the American Association of Retired Persons, a well-known and highly respected national organization. In addition to investigating and suing these types of fraudulent companies, my office is committed to alerting and educating consumers who may fall prey to many types of fraudulent business activities.

How do you know if you might benefit from having a living trust? Most people with modest holdings, such as a house, a savings account, or an insurance policy, probably do not need a living trust. But every person's needs are different. A discussion with family members and your attorney can help you decide what type of financial arrangements will be best suited to your particular needs.

Salesmen who purport to arrange living trusts without the necessary legal background and experience are not working in the consumer's best interest and are not working within the law. If you have a question or a complaint about living trusts, please call our Senior Citizen toll-free hotline at 1-800-243-5377 (Chicago) or 1-800-252-2518 (Springfield).

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SENIOR SEASONS

The Bugle

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Children, Seniors enhance each others' lives

When children and senior citizens are brought together, everyone benefits. That's the simple principle behind intergenerational programming. One of the primary benefits is increased self-esteem for both parties, says Jane Angelis, director of the Illinois Intergenerational Initiative.

For example, when children who need extra help are paired with retired people who serve as tutors, the retirees gain a renewed sense of purpose and direction. The youngsters receive individual attention from an adult--something that is missing in many children's lives. Tutors identify the positive qualities of the students they work with and build on those. As the team experiences one success, then another, then another, both parties feel good about themselves and each other.

Angelis made the comments recently at a panel discussion held as part of the Joint Annual Conference of the Illinois Association of School Boards, Illinois Association of School Administrators and Illinois Association of School Business Officials. The conference attracted more than 5,000 school board members and administrators who attended small group discussions, workshops, meet-the-experts sessions and a host of other activities designed to help them operate the state's public schools more effectively and efficiently.

Intergenerational programming is a simple concept that has proven to be a cost-effective way of enriching the educational experience, Angelis points out. Surveys by the American Association of Retired Persons show that there are many retired people and senior citizens who are eager to

take part in a full program of joint activities such as Halloween parties and Thanksgiving dinners, as well as individual activities such as letter-writing and making favors, valentines or decorations.

In addition to schoolwide activities, each classroom teacher has the option of taking on individual classroom projects. One year, a jointly-planted garden provided salad for all.

The good relationship with the nursing home has a positive effect on the school's relationship with the community in general, Montague says. The school has also approached senior citizens centers for volunteers, speakers, and tutors. For all its value, the program requires little effort to maintain. "I don't know how much easier a program can be," says Montague.

More and more, the trend is to involve schools with community. Angelis points out, as educators find it beneficial and necessary to work closely with other service providers and social service agencies. Intergenerational programming is an important part of that trend. And, there's a bonus for schools involved in such programs, she says: "Where you find seniors involved, you'll find support for bond issues and tax levies."

For more information about intergenerational programming, contact Angelis at (618) 453-1186. For more information about the Gilson Brown School project, contact Montague at (618) 463-2175.

◆◆◆◆◆

Girl Scouts present gift at Ballard



Margaret Brown of Ballard, A Healthcare Residence in Des Plaines receives a holiday gift from Sherry Nicholas, a student at Our Lady of Angels School in Chicago and a member of Girl Scout Troop No. 661. Sherry and several members of her troop visited Ballard over the holidays and presented gifts to the residents. Troop leader Lydia Lascola of Des Plaines said the troop visits Ballard every month, "but our favorite time is during the holiday season."

Emeritus tour to Santa Fe

Enjoy opera under the stars in the beautiful mountains of New Mexico during the Emeritus trip to the Santa Fe Summer Festival of Music, Aug. 2 to 8. The trip, led by Professor Patrick Casali, is sponsored by Oakton Community College.

The Santa Fe Opera is famous for its magnificent productions and impeccable musical standards. Productions scheduled during the tour include: La Boheme, The Magic Flute and Capriccio, including transportation. The total cost of the trip is \$1475 per person based on double occupancy, including round trip transportation, theater tickets, taxes and gratuities. To register and for more information, call Bea Cornelissen at (708) 635-1812.

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SENIOR SEASONS

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The Bugle

Planning to Retire? Contact Social Security now

If you're past 62 and thinking about retiring any time in 1993, contact a Social Security representative now to discuss your plans. Because Social Security rules permit people to work and receive retirement benefits at the same time, it could be to your advantage to have your benefits begin in January - even if you aren't actually retiring until later in the year. For an application to be effective in January 1993, the filing period is October 1, 1992, through January 31, 1993. For additional information, call Social Security's toll-free number, 1-800-772-1213, business days between 7 a.m. and 7 p.m., to make an appointment to discuss your retirement plans.

When to file
• Almost anyone age 62 or older who plans to claim Social Security retirement benefits should contact Social Security in advance of retiring to see which month will be the most advantageous for them to file.

• People who plan to stop working and to begin receiving Social Security retirement bene-

fits immediately at age 62 should contact Social Security to file their application 3 months before their birthday.

• People whose annual earnings are high should check to see if they'll be eligible to receive any benefits. A person's age, earnings, and benefit amount all are taken into consideration in deciding what is too high. Under the new Social Security earnings rules for 1993, at age 65 a retired worker with maximum benefits of \$1,128 per month may earn up to \$47,784 during the year and still be eligible to receive a benefit for 1 month. If any family members also are eligible for benefits, the earnings could be higher and some benefits might still be payable.

People whose annual earnings are less than Social Security's earnings limit may file now if they are 62 or older. In 1993, the limit for persons aged 62-64 will be \$7,680; for those aged 65-69, the amount is \$10,560. For beneficiaries aged 70 or older, earnings do not affect their benefit payments.

Full social security benefits paid to workers after age 70

Social Security has sent more than 12,000 letters to workers age 70 or older. The letters were mailed to people who enrolled for Medicare at age 65 but never applied for Social Security retirement benefits because they hadn't stopped working. They are being reminded that once you are 70 years old, you can work, earn any amount, and still receive full Social Security benefits. Before age 70, benefits are reduced if your earnings exceed the specified limits. In 1993, for beneficiaries age 65-69, \$1 in all benefits will be withheld for every \$3 of earnings over \$10,560. For beneficiaries under age 65, \$1 in benefits will be withheld for every \$2 of earnings over \$7,680.

This mailing is part of Social Security's continuing effort to ensure that eligible workers get all the benefits they're entitled to receive. There still are people who don't realize they can collect their full Social Security benefit while they are working if they have turned 70. To reach these Medicare-only enrollees, Social Security is contacting them by mail 5 months before their 70th birthday. The letters tell them to contact Social Security if they want to begin receiving their retirement benefits.

To arrange for an appointment to apply for benefits, call Social Security's toll-free telephone number, 1 (800) 772-1213, business days between 7 a.m. and 7 p.m., or call or visit your local Social Security office. Don't miss out on benefits you have earned.

Present EXCEL award



Joe Parkin (right), president of the Chicago-based Retirement Research Foundation, and Robert P. Ewing (left), trustee of the Retirement Research Foundation and secretary of the Board, present Northbrook resident Tae Sue Kang, with the EXCEL award.

The EXCEL (EXemplary Commitment to the ELderly) awards were created to recognize outstanding individuals who are making a difference in the lives of the elderly.

Kang was presented with the award for founding and administering programs at the Korean American Senior Center, 4750 N. Sheridan Road.

Seniors' chorus marks 15th year

The Leaning Tower Senior Center's Tower-Tones senior chorus recently celebrated its 15th year as a choral group with a luncheon held at Leaning Tower YMCA to honor this special event.

Ruth Hallderson, a dedicated and talented member was the catalyst in starting the chorus with seven interested members and is

still directing today with the able assistance of Lucille Peter. The Tower-Tones now consists of over thirty participants who sing at the YMCA, and also throughout the community at nursing homes, hospitals, churches and other Senior Centers.

Their repertoire includes both classical and popular choral music.

A Caregiver's Best Alternative

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January 21, 1993

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The Bugle's

Ski Resource Guide

• Books, guides and telephone hotlines provide up-to-minute conditions

Cross-country skiing called superb in Michigan & Wisconsin

Chicagoans often look to Michigan and Wisconsin for downhill skiing, but there is excellent cross-country skiing in these states as well.

The best areas in Michigan are found in the Upper Peninsula because of the beautiful surroundings and the largest annual snowfall of anywhere in the Midwest (up to 250 inches a year).

Lake Superior State Forest near Newberry offers 5 trails that run for 40 miles. Porcupine Mountain State Park in Ontonagon has 4 trails over 26 miles. Mackinaw State Forest offers the longest trails in Michigan: 9 for a total of 62 miles. Pere Marquette Forest is a close second with 7 trails for a total of 59 miles. Other cross-country ski areas in the Upper Peninsula are: Keweenaw Peninsula, Ottawa National Forest and Craig Lake State Park.

The lower peninsula offers some excellent skiing as well, particularly western Michigan which gets lake effect snow but has "warm" weather (25 degrees to 30 degrees Fahrenheit) because of the lake as well. Boyne is well known for its cross-country trails as well as its downhill runs. Together, the two Boyne resorts have 8 trails for a total of 26 miles. The area

near Traverse offers excellent ski conditions as well with an annual snowfall of 80-140 inches a year. There are also many miles of trails near Bear Mountain in Grayling.

A good resource for information about more trails is in the book Cross-Country Skee by Jeanette and Hugh Bayer which has 58 trails and maps of upper Michigan. The Michigan Travel Bureau (1-800-543-2973) has more information as well.

Wisconsin offers excellent cross-country skiing (over 300 facilities) although the annual snowfall is significantly less than in Michigan. The terrain varies from rolling hills with lakes, streams, and swamps to dense forests of hardwood and pine. Northeast and northern trail are Wisconsin's "snow country" averaging 50-60 inches of snow a year. This does not sound like much, but because of consistently low temperatures, the snow cover is reliable.

Telemark Nordic Center is well known for its excellent cross-country skiing. It has 56 miles of trails covering terrain from flat to hilly and open to wooded. The Eagle River area offers scenic skiing as well. The trails wind through dense forests and numerous lakes. This area also gets

more snow than anywhere in Wisconsin (80+ inches a year) and usually has a 2 to 3 foot covering by mid-

The best cross-country areas in Michigan are found in the Upper Peninsula because of the beautiful surroundings...."

January.

Other areas in Wisconsin with extensive trail systems are: Sawyer County Recreation near Haywood with over 200 miles of trails. Haywood is also the home of the annual 35 km American Birkebeiner race. In southeast Wisconsin, Necedah Wildlife Range expands over 40,000 acres but the trails are quite flat. However, many of them are through the woods. Chequamegon National For-



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To buy or to rent equipment

This once-burning issue has largely been resolved over the last few years:

- Consider buying boots fairly early in your career.
- Ignore skis and bindings until you're a solid intermediate.

Boots are the only truly personal piece of ski equipment; a good boot has to fit you well, and the chances of getting that in a rental boot are, as they say, slim to nil. Too many people with different sizes and shapes of foot, weight distribution, and skiing technique pound the innards of even the best foot into a misshapen lump within a few weeks; and believe it, rental boots are rarely among the best of the breed. Thus it would seem a good idea for you to invest in boots fairly early.

But do you know how a boot should fit? Sure, the big and small magazines and every ski book worth its ink and paper offer a slew of rules, but no article or book can tell you how it's supposed to feel on your foot in the shop; unlike skis, boots are rarely available on the try-before-you-buy basis. Even most experienced intermediates tend to buy their boots too large, and novices inevitably opt for comfort - or what appears to be comfort - at the expense of control. Thus the key word in Rule 1 above is *consider*, as in *be careful*.

Buying skis early in your career is a waste of money; it's cheaper to rent until you can use top-of-line hardware, and you'll probably be using equipment from the rental operation during that era superior to what you'd be prone to buy. (Those discount-store bargains are, by large, junk; comparing the prices charges by those same chains for top-line equipment; the same, if not higher, than charged by specialty ski shops). Today the good skis produced by

most companies are in the two top-of-line categories, "racing" and "performance." A good intermediate can and should use one of those; a notch or two lower and you're not only throwing money away but inhibiting your rate of improvement.

Buying bindings is even more of a headache. No skier should use a unit lower than the company's second line - for example, The Salomon 637, the Tyrolia 280D - and children, in fact, should use only the company's first-string junior model. The problem is, as we mentioned earlier, even the best step-in bindings are less than perfect at the lowest settings. On the other hand, the two best bindings in the rental market - the Burt and the Spademan, in my order of preference - have a near infinity of release angles and can be set for very low torque. But both bindings (for different reasons) tend to reduce a skier's sensitivity to his skis and snow conditions, and the higher up the ability ladder you go, the more you're apt to trade a small margin of safety for significantly better performance. Let us miss the point, though that Burt/Spademan margin of safety is far higher at the beginner level; what reduces the margin up-scale is the higher speed (and torque) a good skier develops and the greater predictability of his angles of release. Some very good skiers do opt for the safety of the Burt, but not that many.

Finally, most instruction programs use some variation of GLM or ATM (see page 238), at least into the mid-intermediate range, so why waste your money buying short skis? When you've reached a full-length ski and a solid base of competence, then invest knowledgeably in skis and bindings. Until then rent.



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The Bugle's **Ski Resource** Guide

Comments from a ski instructor

Questions and answers for beginning skiers

Following is a brief talk with John Tidd, former member of Professional Ski Instructor of America's (PSIA) demo team, ski instructor for 25 years and ski area operator for a few years. John is currently manufacturing snow grooming equipment for cross country ski trail preparation.

Why does one need a lesson?
A first-time cross country skier uses 2-3 times more energy than an experienced skier. Shuffling along, continuously falling and getting up and being anxious about the downhill can drain one's energy reserves quickly. Hence the often heard comment, "I tried cross country, it's a lot of work!" Very true - for the first couple of outings without any guidance. However, with a bit of instruction, some gliding skills, and learning how to control speed on the hills, cross country skiing is very relaxing...not taxing. With a good first lesson and some practice on easy, well-groomed trails, a skier can quickly learn to let the skis do most of the work.

"With some solid instruction, good equipment, and by skiing on prepared trails, the learning curve for skiing is greatly reduced."

How many lessons are needed to master the basics of skiing? Two to four lessons would be ideal for becoming a solid, versatile skier. Too many people start out on their own, or take only a single lesson. The result is that they are not very strong on their skis, even after a number of years at the sport. The first lesson is only for survival tactics on skis. Subsequent lessons refine your skills and add elegance and efficiency to your movements.

How important are lessons on the intermediate and advanced levels? Lessons are not just for beginners. Intermediate skiers are generally concerned with two things: control on the downhill and learning how to glide easily on the flats.

Intermediate skiers can shuffle along adequately and negotiate most downhills without doing bodily harm, but few have mastered a strong snowplow (wedge) turn, or can stride gracefully on their front ski. Refining skills through further instruction can do wonders for smoother, more controlled skiing.

Advanced skiers who want to learn how to skate, master a downhill turn, or just refine their technique can also benefit from a lesson or two.



Snowmaking improved to assure first-class conditions all season

The days of waiting to ski until that first giant snow storm are long gone - when the grass is still green in the suburbs, people are already enjoying the sport. In fact, according to the United Ski Industries Association (USIA), major advances in snow making technology have made it possible for many ski areas to operate from November into April without the benefit of natural snow.

"Ski areas are perceived by most people as scenic wintry places with exciting mountain vista," says Rick Own, Director of Marketing and Communications for USIA. "But what they don't realize is that behind the pretty picture is an intriguingly complex operation employing sophisticated high tech systems to make snow in spite of snow droughts and warm weather."

From the smallest Midwestern hills to the Northwest's massive, 11,000-foot mountain ranges, modern ski operators are spraying water into the chilly air to create snow crystals just right for skiing.

"Snowmaking has matured from a black art into a manufacturing process where efficient cost and quality controls are being instituted," says Scott Barthold, Vice President of Engineering at Sno-Engineering, Inc. in Littleton, NH, a leading mountain resort planner. "Today's modern snowmaking plant probably puts out double the amount of snow with the same amount of energy used 10 years ago."

Snowmaking technology was spawned and nurtured in the East. But until recently the West found little use for it except in southern California, where temperatures necessary for good natural snow were marginal. Gradually, ski area operators in places known for high natural snowfalls, such as Colorado and Utah, began making snow on lower terrain areas as they found customers could use lifts to reach the natural snow on upper mountain terrain but

couldn't ski down. And, as they discovered that the durability and consistency of machine-made snow provided a superior base for skiing, even those ski areas blessed with abundant natural snow are using machines to maintain a good base in high traffic areas.

Indeed, machines make it possible to open a considerable amount of terrain that would previously have been unskiable - terrain, for example, with a more southerly exposure. USIA figures reveal that in nationwide survey of 327 ski areas, 70 percent report having snowmaking and over half of those with snowmaking machinery are capable of blanketing every inch of skiable terrain.

In the East, Snowshoe, WV, Peek 'n Peak, NY and Seven Springs, PA demonstrated incredible high-tech power last winter with massive snowmaking systems that - in just 36 hours - turned acres of bare ground into well-covered ski trails. And Bear Mountain and Boreal in California credit snowmaking with saving their season during last year's devastating drought.

There are two variations of snowmaking technology. Both use water under pressure, but one uses compressed air and the other uses a fan to spray the water into the air. Although fans use perhaps 70 percent less energy they are bigger, harder to transport and tend to be less effective in warmer temperatures. Recent improvements make them more popular, but compressed air systems are still in the majority.

The end component in any system is snowmaking guns and nozzles and these, too have evolved.

The current generation uses considerably less air than their predecessors and run more quietly. The final product is a bigger and better snow crystal twice the size of those produced in the 1980's, and this bigger crystal stays in one place, drifts less and lasts longer.

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Kid's singer performs at Centre East

Recording artist Rory makes her Centre East debut, along with The Rocket Band, on Sunday, Jan. 24, at 1 p.m.

Rory began her singing career in nightclubs and doing commercial jingles before marriage and motherhood turned her attention to children's music. She noticed "There was not much out there that introduced kids to the more classical elements of music at an early age" and thus, "KidRock" was created. It's an eclectic melding of musical forms that travels beyond the traditional folk rhythms and nursery rhymes that have long been the staple of children's music.

Tickets for Rory and The Rocket Band at Centre East Sunday, Jan. 24 at 1 p.m. are \$7.50 and \$5.50 and are now on sale at the Centre East Box Office, 7701 N. Lincoln Ave., Skokie, and at all TicketMaster outlets. Group discounts and free parking are available, and all major credit cards are welcome. To charge tickets by phone, call Centre East at (708) 673-6300 or TicketMaster at (312) 902-1500. Centre East Box office hours are Monday-Friday, 10 a.m. to 3 p.m., and Saturday-Sunday, 10 a.m. to 2 p.m.

'Miss Firecracker' continues

The Northbrook Theatre continues its 1992-93 theatre season with "The Miss Firecracker Contest." Written by Pulitzer Prize winning playwright, Beth Henley, and directed by Rose Ann Pontillo-Smith the play is set in the small Mississippi town of Brookhaven a few days before the Fourth of July.

As the story unfolds, Carnelle Scott is furiously rehearsing for the Miss Firecracker Contest, hoping that a victory will salvage her tarnished reputation and act as her ticket to fame, fortune and big city living. Aided by several other cheerfully nutty characters,

Carnelle perseveres, leading to a denouncement of unparalleled hilarity and compassion coupled with the promise of a better future for all.

Performances for "The Miss Firecracker Contest" are January 29-31 and February 5-7. Friday and Saturday shows begin at 8 p.m., and a Sunday matinee starts at 3 p.m. All seats reserved.

To order tickets call 291-2988 Monday through Friday from 9 a.m. to 5 p.m. All performances will be at the Leisure Center Theatre located at 3323 Walters Ave., Northbrook.

Theater-in-the-Rough sets auditions

Auditions for Theater-in-the-Rough's 29th annual musical revue, "It's a Mall, Mall, Mall, Mall World" will be held on Sunday, Jan. 24 from 1 to 5 p.m., and on Monday, Jan. 25 from 7:30 to 10 p.m. at Zion Lutheran Church, 10 Deerfield Rd. in Deerfield (one mile east of Waukegan Rd.).

Those interested should be prepared to sing a song from the show or a song of their choice, and to do a simple dance routine. Auditions will also be held for more advanced dance and tap routines. All ages - from 21 to 101 - are welcome!

"It's a Mall, Mall, Mall, Mall World" takes place in a shopping mall and comprise 40 songs, skits and dance routines. Proceeds from our performances on May 7, 8, 14 and 15 will be donated to the Deerfield Senior Center and the Friends of Rebecca - the funds for Deerfield's Rebecca Wylie.

For more information, call Dick Waxen at 940-9369 or Vicki Repsholdt at 666-4094.

Set auditions at Oakton for 'Wait Until Dark'

Auditions for Frederick Knott's production "Wait Until Dark" will be held from 7 to 9:30 p.m. on Monday and Tuesday, Jan. 25 and 26, in the Performing Arts Center at Oakton Community College, 1600 E. Golf Road in Des Plaines. All students, faculty, staff and community members are welcome. Participants may bring a prepared monologue but audition material will be provided. One girl, pre-teen to teen age (or can play that age), one woman, mid-twenties to mid-thirties and six men, mid-twenties to mid-fifties are needed. The show is directed by Catherine Davis.

Performances are scheduled at 8 p.m., Thursdays, March 4, and 11, Fridays, March 5 and 12, Saturdays, March 6, and 13 and 3 p.m., Sundays, March 7 and 14.

For more information, call (708) 635-1301.

Feature concert at Wright College

Marty Hackl, violin, and Katerina Kishka, piano, are the featured recitalists at the opening cultural event of the Spring 1993 Performance Series at Wright College, 3400 N. Austin Ave. The recital on Sunday, Jan. 31, will begin at 3 p.m. with the two contemporary movements of "Sonata" by William Walton.

After intermission, native-Chicagoan Hackl and recently Ukraine-immigrated Kishka will perform a charming medley: Wieniawski's "Capriccio Valse", Stravinsky's "Chanson Russe", Elgar's "La Capricieuse", Debussy's "La Fille Aux Cheveux de Lin" ("The Girl with the Flaxen Hair"), Massenet's "Meditation", Debussy's "Golliwog's Cakewalk", Kreisler's "Schon Rosmarin", and Debussy's "Clair de Lune".

This free-to-the-community recital is sponsored by the Wright College Cultural Events Committee. Free parking is available and the auditorium is wheelchair accessible. For more information, call (312) 481-8143.

Chamber players to perform

The Music Center of the North Shore and Northern Trust Bank in Winnetka present the concert series Sundays at Seven at 7 p.m. on Sunday, Feb. 14, in the Concert Room at The Music Center, 300 Green Bay Road, Winnetka.

An evening with Dresden Chamber Players features Irving Ilmer, violin; Julie Zumsteg, cello; and William Dresden, piano.

Admission to the concert is \$6 for adults; \$3 for senior citizens and students. All students currently enrolled at The Music Center are admitted free of charge. For more information or to order tickets by phone using Visa or MasterCard, call The Music Center at the North Shore at (708) 446-3822.

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Entertainment

Centre East lists winter productions

Starting the 1993 Winter/Spring feature attractions series is Opera a la Carte's production of Gilbert and Sullivan's popular operetta "The Mikado". Tickets for this performance on Friday, Feb. 5 at 8 p.m. are \$23.50 and \$20.50.

Two weeks later, the Swiss mime troupe Mummenschanz returns to the Centre East stage. Mummenschanz performs Friday, Feb. 19 at 8 p.m. and tickets are \$24.50 and \$21.50.

The following evening, enjoy the good-time folk music of The Irish Rovers at 8 p.m. Saturday, Feb. 20. Tickets are \$18.50 and \$15.50.

In March, the humorous political song parodies of The Capitol Steps will be heard at Centre East. The performance is at 7 p.m. Saturday, March 20. Tickets are \$23.50 and \$20.50. Humorous musical comedy from singer-songwriter Peter Schickel (also known as the perpetrator of "P.D.2. Bach") is on the Centre East stage Saturday, April 3 at 8 p.m. Tickets are \$18.50 and \$15.50.

One of the hottest comedienne in show business, Carol Leifer, makes her Centre East debut Saturday, April 17 at 8 p.m. Tickets are \$18.50 and \$15.50. And the season wraps up with the popular a capella vocals of the King's Singers on Thursday, May 6 at 7:30 p.m. Tickets are \$25.50 and \$22.50.

There's always great entertainment on the Centre East Family Theatre schedule, and Winter/Spring '93 is no exception. Children's singer Rory and The Rocket Band, winner of the 1989 Parents' Choice Award Gold Rating, brings "Kid Rock" to Centre East Sunday, Jan. 24 at 1 p.m. Tickets are \$7.50 and \$5.50.

Centre East welcomes back The Chinese Golden Dragon Acrobats from Taiwan at 1 p.m. Sunday, Feb. 7. Tickets are \$9.50 and \$7.50. Stage One: The Louisville Children's Theatre brings its production of the Hans Christian Andersen tale "The Emperor's Nightingale" to Centre East Sunday, Feb. 21 at 1 p.m. Tickets are \$7.50 and \$5.50.

Adapted from the original story, Colorado's Arvada Children's Theatre performs The 101 Dalmatians at 1 p.m. Sunday, March 7. Tickets are \$7.50 and \$5.50 and the selling fast for this one! A special Family Theatre performance of Ballet Chicago is set for Saturday, March 13 at 2 p.m. Tickets are \$6 and \$4.

TheatreworksUSA performs two productions of favorite stories. "The Secret Garden" on Sunday, March 28 and "Tom Sawyer" on Saturday, April 17. Both shows start at 1 p.m. and tickets are \$7.50 and \$5.50. Thumbelina is brought to life by Theatre IV of Richmond, Virginia on Sunday, April 25 at 1 p.m. Tickets are \$7.50 and \$5.50.

Lazer Vaudeville featuring juggling, comedy, acrobatics and fantastic laser light effects will be on the Centre East stage Saturday, May 1 at 2 p.m. Tickets are \$7.50 and \$5.50.

Tickets for all Centre East shows are now on sale at the Centre East Box Office, 7701 N. Lincoln Ave., Skokie and at all TicketMaster outlets. Group discounts and free parking are available and all major credit cards are welcome. To charge tickets by phone, call the box office at (708) 673-6300 or TicketMaster at (312) 902-1500.

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All students, faculty, staff and community members are welcome. Participants may bring a

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Follow the life and death of Eva Peron, the greedy tyrant, seducer and saint of Argentina. Her ruthless rise to power is documented in the Tony Award-winning musical *'Evita'* written and composed by Tim Rice and Andrew Lloyd Webber.

A cast of 30 performers will bring this show to life led by Chicago residents, Jennifer Chada playing Eva Duarte Peron, Andrew Rothenberg as Che Guevara and Carlos Botill portraying

prepared monologue but audition material will be provided. *Patio Porch and Graceland* is written by Jack Heifner and *Graceland* is written by Ellen Byron. Both shows are directed by Patti Interrante. Performances are scheduled at 8 p.m., Friday and Saturday, April 16 and 17; and 3 p.m., Sunday, April 18.

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Performances run Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. Tickets are \$10. For more information or for ticket reservations call the Winnetka Community House at (708) 446-0537.

Juan Peron.

Pheasant Run Dinner Theatre will present *'Evita'* every Thursday thru Sunday evening.

Ticket prices for dinner and show package range from \$35 to \$44. Senior, child and group rates are available, as well as overnight packages.

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Des Plaines hosts 'Charlie Brown'



Mike Yehl of Des Plaines and Tom Frawley of Park Ridge.

The roles of six of America's most well-known fictional characters have been filled for the Des Plaines Theatre Guild's upcoming production of *You're A Good Man Charlie Brown*, which will be presented in February.

As the title indicates, *You're A Good Man Charlie Brown* is the story of that lovable loser that has spent decades working for "Peanuts." Although the comic strip first appeared nationally in 1950, the musical came much later, following a circuitous route to the stage, beginning as a record album first, which was then adapted and expanded for the theatre.

Half of the Theatre Guild's cast of adults - portraying children - hails from Chicago; Woody Bryant, portraying Charlie Brown, himself; Julie Beth Goldstein, as the irrepressible beagle, Snoopy; and Bruce Graves as Schroeder, the classically-trained, pint-sized pianist with a penchant for Beethoven. The remainder of the troupe includes David Eterno of Niles as the "quilt" but wise Linus; Andrea Townsend of Wheeling as his overbearing sister, Lucy; and Laurie Smith of Des Plaines as Patty, who loves to jump rope.

Eterno was last seen on the Guild stage - briefly - as one of the dancers out at the beginning of *A Chorus Line*.

Park Ridge's Jack Short, a longtime veteran in the Guild's orchestra pit, is musical director. The show's producers are

part of the Des Plaines Park District's newest facility at the Prairie Lakes Community Center, 515 E. Thacker, just west of Wolf Rd. The Des Plaines Theatre Guild is the northwest suburbs' oldest community theatre, and the fourth oldest continuously-running theatre group in Chicago.

For more information, call the Des Plaines Theatre Guild 24 hours a day at (708) 391-5720.



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Eterno was last seen on Guild stage - briefly - as one of the dancers cut at the beginning of A Chorus Line.

Park Ridge's Jack Shoenberger, a longtime veteran in the Guild orchestra pit, is musical director. The show's producers



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CORRECTION

The preceding document has been re-photographed to assure legibility and its image appears immediately hereafter.

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Sat. & Sun.: 1:00, 3:05, 5:10 Weekdays: 5:10	
HELD OVER "MUPPETS CHRISTMAS CAROL"	
Sat. & Sun.: 1:30, 3:20, 5:10 Weekdays: 5:10	
HELD OVER "JENNIFER 8"	R
Everyday: 7:30 and 10:00	
HELD OVER "CONSENTING ADULTS"	R
Everyday: 7:00 and 9:00	
DOUBLE FEATURE	
HELD OVER "UNDER SIEGE"	R
Sat. & Sun.: 1:40, 5:35, 9:30 Weekdays: 5:35, 9:30	
HELD OVER "PASSENGER 57"	R
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Entertainment

Oakton sets auditions for 'Patio Porch and Graceland'

Auditions for the Studio 1600 Livingroom Theatre Series of 'Patio Porch and Graceland' will be held from 7 to 9:30 p.m. on Wednesday and Thursday, Jan. 26 and 27, in Room 1540 at Oakton Community College, 1600 E. Golf Road in Des Plaines.

All students, faculty, staff and community members are welcome. Participants may bring a

'Steel Magnolias' presented

Winnetka Community Theatre will present 'Steel Magnolias' at the Winnetka Community House, 620 Lincoln Ave., Winnetka beginning Friday, Jan. 29. The production runs weekends through February 13.

'Steel Magnolias' has been one of the most popular productions in professional and community theatre since it was first performed in 1987. Many have commented that the play, written by Robert Harling, accurately reflects women's issues and emotions, considering the gen-

'Evita' to open at Pheasant Run

Follow the life and death of Eva Peron; The greedy tyrant, seducer and saint of Argentina. Her ruthless rise to power is documented in the Tony Award winning musical 'Evita' written and composed by Tim Rice and Andrew Lloyd Webber.

A cast of 30 performers will bring this show to life led by Chicago residents, Jennifer Chada playing Eva Duarte Peron, Andrew Rothenberg as Che Guevara and Carlos Bofill portraying

prepared monologue but audition material will be provided.

'Patio Porch and Graceland' is written by Jack Heifner and 'Graceland' is written by Ellen Byron. Both shows are directed by Pati Intertrana. Performances are scheduled at 8 p.m., Friday and Saturday, April 16 and 17; and 3 p.m., Sunday, April 18.

For more information, call (708) 635-1901.

der of the author. Winnetka Community Theatre takes this one step further by having its production directed by a male. Dino Capone, a relative newcomer to the North Shore but not to directing, has the challenge of balancing the play to appeal to both sexes.

Performances run Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. Tickets are \$10. For more information or ticket reservations call the Winnetka Community House at (708) 446-0537.

Pheasant Run Dinner Theatre

Pheasant Run Dinner Theatre will present 'Evita' every Thursday thru Sunday evening.

Ticket prices for dinner and show package range from \$35 to \$44. Senior, child and group rates are available, as well as overnight packages.

Tickets can be ordered by phone at (708) 584-MEGA (6342) or at any ticketmaster location.

Des Plaines hosts 'Charlie Brown'



The roles of six of America's most well-known fictional characters have been filled for the Des Plaines Theatre Guild's upcoming production of 'You're A Good Man Charlie Brown', which will be presented in February.

As the title indicates, 'You're A Good Man Charlie Brown' is the story of that lovable loser that has spent decades working for "Peanuts." Although the comic strip first appeared nationally in 1950, the musical came much later, following a circuitous route to the stage, beginning as a record album first, which was then adapted and expanded for the theatre.

Half of the Theatre Guild's cast of adults - portraying children - hails from Chicago; Woody Bryant, portraying Charlie Brown, himself; Julie Beth Goldstein, as the irrepressible beagle, Snoopy; and Bruce Graves as Schroeder, the classically-trained, pint-sized pianist with a penchant for Beethoven. The remainder of the troupe includes David Eterno of Niles as the quiet but wise Linus; Andrea Townsend, of Wheeling as his overbearing sister, Lucy; and Laurie Smith of Des Plaines as Patty, who loves to jump rope.

Eterno was last seen on the Guild stage - briefly - as one of the dancers cut at the beginning of 'A Chorus Line.'

Park Ridge's Jack Short, a longtime veteran in the Guild's orchestra pit, is musical director. The show's producers are

Mike Yehl of Des Plaines and Tom Frawley of Park Ridge.

'Charlie Brown' will be presented Fridays, Saturdays and Sundays from Feb. 5 through the 28th. Friday and Saturday performances begin at 8 p.m.; Sunday shows are 2:30 p.m. matinees. Tickets are \$10, with special rates for students (under 21) and seniors (over 62) on Fridays and Sundays.

All performances will be held at the 298-seat theatre built as

part of the Des Plaines Park District's newest facility at the Prairie Lakes Community Center, 515 E. Thacker, just west of Wolf Rd. The Des Plaines Theatre Guild is the northwest-suburbs' oldest community theatre, and the fourth oldest continuously-running theatre group in Chicago.

For more information, call the Des Plaines Theatre Guild 24 hours a day at (708) 391-5720.

Northwestern Equestrian Center



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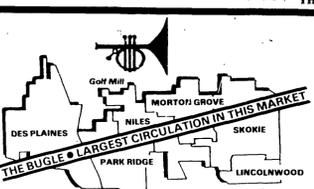
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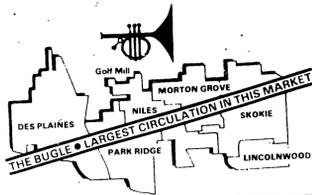
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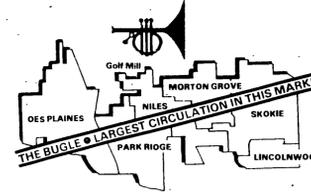
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<p>SEASONAL ATTENDANTS Needed To Supervise Northbrook Park District Sledding Hills and Outdoor Ice Rinks \$6 Hourly To Start - Apply In Person: Northbrook Park District, Annex Office 1720 Pfingsten Rd. - Northbrook 9 AM to 4 PM or Call For More Information: (708) 291-2369</p>	<p>CLEANING Guaranteed Steady Work 3-5 Days Per Week Paid Training Vacation/Holidays HMO Insurance Available Must Speak English & Have Valid Drivers License Car Not Necessary (708) 470-1999 McMaids - Morton Grove</p>	<p>CHILDRENS INDOOR AMUSEMENT PARK IN DES PLAINES -Ride Operators -Hosts/Hostesses -Cashier No Experience Necessary \$4.75 Per Hour 10:45 a.m. - 4 p.m. - Tues. thru Fri. For A Fun Job Working With Kids Call: (708) 640-5500</p>	<p>BUGLE CLASSIFIEDS WORK</p>

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Business

Edens Bank donates to Toys for Tots



U.S. Marine Sergeant Brian Hampton (left) and Wilmette Optimist Club Representative Bill Dominick (second from left) thank Edens Bank Vice President Sheila Allen and Executive Vice President Jack Jones for the Bank's donation to Toys for Tots.

Each year Edens Bank employees exchange gifts in a grab bag at their Holiday Party. This year, employees decided to brighten the lives of less fortunate children by donating gifts to the Toys for Tots program in lieu of grab bag gifts.

Bank employees and directors showed their generosity by donating nearly 7 barrels of toys during the bank's first year of participation in the program.

Bill Dominick of the Wilmette Optimists Club and U.S. Marine Sergeant Brian Hampton, co-organizers of Toys for Tots, ex-

pressed their gratitude for the bank's participation which helped make this year's effort an overwhelming success. Dominick said that Edens Bank was the community's largest contributor, accounting for nearly 20% of total donations.

Edens Bank has three full service offices including 3245 W. Lake Avenue, Wilmette, 915 Ridge Road, Wilmette, and at Fashion Square Plaza in Skokie at 9422 Skokie Boulevard. The phone number for all offices is (708) 256-5105.

Earnings up at First National Bank of Morton Grove

William F. McCarty, President of the First National Bank of Morton Grove announced recently that 1992 earnings were up dramatically, 56.63%, to \$2.68 million from the \$1.71 million posted in 1991.

A modest increase of 3.92% in Assets was also reported from \$209 million in 1991 to \$217 million in 1992.

"Obviously, we are pleased with our 1992 numbers and move into 1993 with a great deal of confidence in our ability to continue to provide safety as well as quality products and services for our customers," remarked McCarty.

Fourth quarter 1992 (October 1 to December 31) Earnings were also up sharply, 52.78%, to \$660 thousand as compared to the \$432 thousand reported in 1991.

Mid-Citco Incorporated, the multi-state bank holding company which owns the First National Bank of Morton Grove, The Mid-City National Bank of Chicago and Bank of Elmhurst, in Illinois and Union Bank and Trust Company, Oklahoma City, reported its 12th consecutive year of record earnings, and has assets of \$1.40 billion.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D012042 on Jan. 4, 1993, under the Assumed Name of Express Yourself, with the place of business located at 8445 Dempster, Niles, IL 60714. The true name (s) and residence address of owner(s) is: Nancy Joann Vuco, 8445 Dempster, Niles, IL 60714.

CPAs to meet

On Saturday, Jan. 23, the North Shore Chapter of the Illinois CPA Society will present a seminar on "The Preparation of Form 1040, Income Tax Update." The class will be held at Windows Restaurant in the North Shore Hilton Hotel, Skokie, IL.

Non-CPAs are also invited. Registration is at 8 a.m. and the class is from 9 a.m. until 1 p.m. Fee is \$60.00, which includes a continental breakfast.

CPE credit of 4 hours is given to CPAs. For reservations, call Joan Hunt at (312) 993-0407 x232.

New approach to mortgage refinancing

A new approach to first mortgage refinancing is being introduced by Success National Bank at Lincolnshire and Lincolnwood.

FAME, First Alternative Mortgage made Easy, is a program designed for financing 59 percent or less of the current market value of the home, said assistant vice president Janis Anderson. Interest rates are pegged at prime with a maximum rate of 10 percent.

Loan length is 10 years, but can be paid off at any pace as long as the monthly interest requirements are met. The total cost is an extraordinary low \$495 and includes appraisal, document preparation, recording of mortgage, title insurance and credit report.

The most significant advantage of FAME other than its low rate and cost is its built-in line of credit. The borrower can write checks on the difference between the remaining money owed and the maximum credit they are allowed which is 59 percent of the home value. The total line of credit must be between \$70,000 and \$202,300, although special arrangements are available for higher line amounts.

First Alternative Mortgage made Easy carries a number of benefits to the borrower; a flexible payment schedule based on the interest owed, a low initial cost, and has a built-in line of credit. With FAME, Success National Bank makes a first mortgage refinancing easy on the pocketbook.

Anyone interested in learning more about FAME can call Janis Anderson at Lincolnshire (708) 634-4200 or Barbara Taylor at their Lincolnwood location at (708) 982-3900.

Cragin chairman re-elected to board

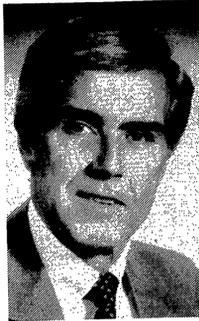
Adam A. Jahns, chairman of the board and CEO of Cragin Federal Bank for Savings, has been re-elected to the board of directors of the Federal Home Loan Bank of Chicago. His term, which began January 1, will last two years.

The Federal Home Loan Bank of Chicago, an AAA-rated institution, is the central bank for housing finance in Illinois and Wisconsin. The Bank makes short- and long-term loans to financial institutions to fund their credit and interest rate swaps.

Jahns also serves on the board of directors of the Bank for Financial Institutions and the Illinois League of Savings Institutions. He is a member of the FDIC Industry Advisory Committee in Washington, D.C.

Previously Jahns served on the board of directors and on the executive committee of the Savings and Community Bankers of America. He is past president of the Illinois League of Savings Institutions.

Cragin Federal Bank, one of Illinois' largest savings institu-



Adam Jahns

tions, has assets of \$2.7 billion and capital of over \$300 million. It operates 27 family financial centers in Chicago, Alsaca, Park Ridge, Schaumburg, River Forest, Mt. Prospect, Niles, Wheaton, Carol Stream, Lombard, Glen Ellyn, Norridge, Des Plaines, Morton Grove, McHenry and Riverside.

Avondale names president, CEO

Avondale Federal Savings Bank, the 12th-largest thrift in the Chicago region, has elected Robert S. Engelman, Jr. as president and chief executive officer.

Engelman currently is chairman and chief executive officer of University Financial Corp., which is scheduled to merge with Old Kent Bank of Illinois on January 1, 1993. University is the holding company for First Federal of Elgin F.S.A. First Federal's assets total \$275 million and its mortgage banking division serves \$800 million in loans for third-party investors.

"I look forward to leading an organization with the history and financial strength of Avondale," said Engelman. "I firmly believe if we take care of our communities, our communities will take care of us. Avondale has the people and the financial resources to provide personalized, high-quality services to the communities in which it operates. We are committed to this goal."

Engelman, a graduate of Dart-

mouth College in Hanover, N.H., began his banking career in 1964 as a commercial lending officer at the American National Bank and Trust Company. By 1980, he had become executive vice president, overseeing marketing and asset and liability management.

In 1984, Engelman organized University Financial Corp. as a holding company to acquire Chicago-area thrifts. University's mortgage banking operations are among the largest of Illinois thrifts, ranking fourth in sales of residential mortgage loans to the secondary market and sixth in volume of loans serviced for third-party investors.

Founded in 1911, Avondale Federal Savings Bank is a profitable thrift institution with assets of \$560 million and \$27.8 million in capital. It has six banking offices, four in Chicago, and one each in Niles and Lake Forest. According to 1991 ranking in *Crain's Chicago Business*, it is the 12th-largest thrift in the Chicago area.

Niles facility offers Wednesday banking

For over 30 years the First National Bank of Niles has met the needs of the community and specifically the needs of business customers. To continue to better serve customers, the First National Bank of Niles will now be open for full service banking

on Wednesdays. New hours on Wednesdays will be 8:30 a.m. to 4 p.m. and all areas of the bank will be open and staffed to meet your needs. All other hours including Saturday hours will remain the same.

Des Plaines man receives award

Printing franchisor Minuteman Press International Inc. presented annual awards to both Regional VPs and regional tech and marketing reps at the franchisor's annual staff meeting.

Tom Davis, Regional V P of Minuteman's Chicago region, is the recipient of the franchisor's "1992 Regional VP - M.V.P." (Most Valuable Player) Award". Davis was selected from among his 20 colleagues as the recipient of this award, presented by Roy W. Titus, Pres of Minuteman Press International.

Davis, whose office is in Des Plaines, Illinois, has been with the company for over 10 years, and he serves our franchise owners in Illinois, Indiana and a portion of Wisconsin in his area.

Gardner impacts MWRD

Frank E. Gardner, who serves on the Board of Commissioners for the Metropolitan Water Reclamation District is making his impact felt with a big picture approach.

The district has come a long way since Gardner became the attorney on staff after graduating from the University of Illinois and continuing on to the law school where he graduated cum laude in 1978 and is a member of Phi Beta Kappa. He also attended St. Benedict Grade School and High School on Chicago's Northwest side. He served the district in that role for eleven years until he decided to run for commissioner. He was elected in November, 1990.

As chairman of the district's Real Estate Committee, Gardner feels he is able to set policy in a wide range of areas. He has made it a priority to hold the line on taxes and spending.

On property the district was proposing to sublease, he revised the rent being charged from a nominal fee to be 10 percent of the value of the property to bring the district an extra million dollars.

He was against the district building a sundial on the newly built Centennial Fountain on the Chicago River saying it was beyond the role of the district and could be put in with private funding. That saved the district \$400,000.

Gardner has taken a very active role in dealing with homeowners and private interests that have built up along river areas owned by the district. In fact, he chaired the town hall meetings between the homeowners and the district about the land along waterways.

Gardner feels the goal is to have public access of the whole waterway system balanced with commercial and industrial uses. There can be scenic overlooks, natural trails, canoe launchings and picnic areas that the public can use.

For the first time, fish are also



Frank Gardner

coming back to area rivers and streams because the district's pollution control efforts are taking effect. Gardner said the district is working on constructing Side-stream Elevated Pool Aeration (SEPA) waterfalls. These man-made cascades will not only beautify the rivers but allow them to have even higher oxygen levels to sustain more fish and wildlife.

Many people are not aware of the delicate balance that lies in the hands of the Metropolitan Water Reclamation District. Whole-scale flooding of the entire area would occur without the careful monitoring of the water levels at various key points along the whole waterway system.

The Chicago River system of canals holds water from downtown to Lockport. The weather is forecast and just before the rains hit the area, water is released at Lockport. Gardner, who also is chairman of the Engineering Committee, said the new computer system is even more efficient in monitoring the water levels that protect the city and suburbs.

Gardner not only has the vision needed in the 90's for leadership in government, but he has the ability, courage and determination to make it happen.

Niles Historical Society meeting

The Niles Historical Society will hold its next regular meeting on January 25 at 7:30 p.m. at the Museum at 8970 Milwaukee Ave., Niles. The monthly meetings are open to the public and are free of charge.

The program will be a video film - "Star of India".

The "Star of India" began her life as a British full-rigged ship on November 14, 1863 - five days before Abraham Lincoln delivered the Gettysburg Address. The first trips for the ship were around the Cape of Good Hope to India to load jute for a firm in Liverpool. Under a new owner, from 1871 to 1897, it was used to carry around 400 emigrants to the colonies of Australia and New Zealand. In all, the ship completed 21 circumnavigations.

From 1898 to 1900 the ship was registered as a Hawaiian vessel, sailing around the Pacific Rim, with cargoes of lumber, coal and copper ore. In late 1900 the ship was sold to the Alaska Packers of San Francisco, who rigged her down to her present rig, that of a bark. Until 1923 it was used to transport salmon from Alaskan waters to San Francisco.

By 1923 steam ruled the seas and the "Star of India" was considered obsolete; it was moored in Oakland Estuary, slowly rotting away. It was saved by a group of San Diegans in 1927, taken to San Diego, and forced to wait more than 30 years for restoration, which began in the late 1950s. The "Star" is now well restored and is a major tourist attraction for the city. It has sailed 4 times since 1976.

It is the oldest iron sailing ship afloat in the world, and the oldest ship of any type still able to sail - a gallant survivor of the glorious age of sail and of the "iron men" who took such vessel around the world.

The Museum is open to the public Wednesdays and Fridays from 10:30 a.m. until 4 p.m. Tours are available upon request. The Society meets the fourth Monday of the month at the Museum. For information call (708) 390-0160.

Conrod Swiatkowski

Marine Pfc. Conrad Swiatkowski, son of Richard and Bozena Swiatkowski of Morton Grove recently completed recruit training and was promoted to his present rank.

The 1992 graduate of Niles West High School, Skokie, joined the Marine Corps in August 1992.

Local residents speak on finances

Park Ridge residents, Joan C. and Curt Le Valley will be guests on "Northshore Tonight" Tuesday, January 26 at 7 p.m.

Their topic of discussion? "Money Talk of the 90's."



Joan Le Valley

This mother and son duo has been featured on both radio and television broadcasts on a regular basis. Joan was recently featured in several area newspapers, applauding her hard work and success in, what was once, a male-dominated field.



Curt Le Valley

Curtis Le Valley, Vice President of Howe Barnes Investments, Inc., possesses a 'can-do' attitude and the knowledge that goes with it.

The Le Valleys will enlighten the viewing audience on the new tax laws and how to handle money wisely. Check local listing guide for times/dates in the local area.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D012196 on Jan. 14, 1993, under the Assumed Name of Nagor Appliance Service, with the place of business located at 7443 W. Emerson, Morton Grove, IL 60053. The true name(s) and residence address of owner(s) is: Tom Andriopoulos, 7443 W. Emerson, Morton Grove, IL 60053.

Cablevision presents public service announcement day

Cablevision of Chicago is pleased to announce its first annual Public Service Announcement Day on Monday, March 1. The event, to be held several times a year, will allow not-for-profit organizations to tape PSA's at the Cablevision studios.

MWRD wins award

Commissioner Gloria Alitto Majewski, Chairman of Finance, of the Metropolitan Water Reclamation District of Greater Chicago, has announced that the District has received for the seventh consecutive year the Government Finance Officers Association Distinguished Budget Award for an outstanding budget for 1992.

In receiving the award, Commissioner Majewski stated she was pleased that the District's budget is the only budget nationally to be honored. Commissioner Majewski went on to say that the award is the highest form of recognition in Governmental Budgeting.

LEGAL NOTICE

Notice is hereby given that on Wednesday, February 10, 1993, the Niles Park District will receive and open sealed bids at 2:00 p.m. for the typesetting, layout and printing of (3) Recreational Program Brochures. The bid opening shall be in the Park District, 7877 N. Milwaukee Avenue, Niles, Illinois, 60714.

Inquiries regarding specifications or other questions should be addressed to Ms. Nancy Keramias, (708) 824-8860.

A sample brochure and bid specifications are available at the Niles Park District to provide an exhibit of form and substance.

All bids should exclude sales tax and shall be submitted in an envelope clearly marked "PROPOSAL, BROCHURE BID, FEBRUARY 10, 1993."

The Board of Commissioners reserves the right to accept or reject any and all bids or to waive technicalities deemed to be in the district's best interest in awarding a contract.

Nancy Keramias
Public Relations Director

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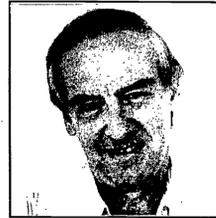
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METROPOLITAN SERVICES, INC.

Park debates... Continued from Page 3

\$7,609,847 appropriated. The budget will be on public display at the District Administration building for the next month, preliminary to final approval at the February Board meeting. Because of the crush of budget preparation, no treasurer's report was available for the meeting. This was Heinen's 15th experience with Park District budget preparation; Pierski's 13th.

In other action, Heinen gained approval to use bond issue money, not to exceed \$5,000, to upgrade the fire alarm panel at the Sports Complex. And at Superintendent Mike Rea's recommendation, Heinen also gained Board confirmation to budget \$140,000 from a 1991 bond issue of \$855,000 for a 100 ft. by 14 ft. bridge to span the river from the sixth tee to the sixth green at Tam golf course.

Rea explained without the bridge it is necessary for golf course equipment, such as grass mowing machines, to exit the course, and drive along Caldwell Avenue in order to reach the green. The project, begun in 1991, did not receive needed Army Corps of Engineer approval until late summer of 1992.

In compliance with a suggestion from District auditors, the Board formally closed accounts

for two special project funds of \$900,000 and \$1.22 million because the money was spent.

A \$1,000 rebate on its insurance was awarded to the Park District by the Park District Risk Management Association, an intergovernmental insurance cooperative. Niles was recognized for its outstanding safety record in which it scored 947 out of a possible 1,000 points.

An award of another type came to Tam golf course manager Greg Genz, who was named Facility Manager of the Year by the Illinois Park and Recreation Association.

Attorney Marc Porter, sitting in for District Attorney Gabe Berfano, noted the Illinois Association of Park Districts had notified them it is filing a friend of the court brief supporting the Park District in regard to the November referendum.

Resident Myrna Breitman, a candidate for the Park Board, asked how many needs assessment surveys had been returned and how many were necessary to make the survey viable. Park Director Tim Royster said he did not have the data for an answer with him, but would provide it if Breitman would contact him at the office.

Kaplan JCC names first patron member

The Mayer Kaplan Jewish Community Center (JCC), at 505 W. Church Street, Skokie, reports that Seymour Mandel, who renewed his membership in November, has become the center's first Patron Member.

By becoming a Patron Member, Mandel has given himself maximum usage of Kaplan facilities. In addition, he has also given extra support to the Kaplan JCC by showing his philanthropic support of the center.

Mandel is a Funeral Director and Managing General Partner with Piser Weinstein Menorah Chapels.

Become a master gardener

The University of Illinois Cooperative Extension Service Master Gardener Program is open to anyone with an interest in learning about plants and with a willingness to share information with others. Masters Gardeners receive 45 or more hours of training in home horticulture topics. In return for the training the volunteer donates time back to the educational efforts of the Extension office.

Training classes are conducted by University of Illinois Educators. Topics covered include basic botany, soils, culture and care of trees, lawns, vegetables, fruits, flowers, houseplants, composting, and insect and disease identification and control. All information presented is based on research conducted at the University of Illinois and its sister agricultural schools around the country.

Classes will be held at the Friendship Park Conservatory in Des Plaines on Mondays, Jan. 25 to March 22, 1993. Each of the sessions will run from 9 a.m. to 3 p.m.

Successful graduates will be asked to volunteer time over the following year.

Those interested in the 1993 North Cook County Master Gardener Program, call the Extension office at (708) 919-2901 and request an application and training schedule.

District 207... Continued from Page 3

always had a tradition of excellence," said Millies. "That excellence is based, in part, on their willingness to explore new paths in the education of young people. Project Homeroom is one of those new paths - not without its bumps - but an exciting path nonetheless that will lead us to find new ways to improve the learning of our students."

Israel programs day planned

Major Jewish organizations will help high school and college students and adults explore a wide variety of programs of work, study and travel in Israel at Israel Programs Day from 2 to 5 p.m. on Sunday, Feb. 7, at the Mayer Kaplan Jewish Community Center, 5050 W. Church St. Skokie.

For those who are unable to attend Israel Programs Day on Feb. 7, there will be three additional outreach programs for teens and their parents.

At these additional outreach programs, recent Israel Programs Day participants will discuss their Israel experiences and distribute information packets describing Israel programs.

Additional programs will be held on Tuesday, Feb. 23, Congregational Bnai Emunah, 9131 Niles Center Rd., Skokie, 6 to 7 p.m., call (708) 674-9292.

Featured on Feb. 7 at the Kaplan JCC will be an Israel Programs Information Fair from 2 to 5 p.m. staffed by program sponsors and previous participants.

Workshops will be held at 2:30 and 4 p.m. for college students and young adults and at 4 p.m. for high school students and graduates of the Send-a-Kid-to-Israel Partnership (SKIP) program.

Admission is free and there will be free refreshments. Israel Programs Day is sponsored by the Jewish Federation of Metropolitan Chicago/Chicago Community Israel Program, Send-a-Kid-to-Israel Partnership (SKIP), Chicago Jewish Youth Council, Aliyah Council of Greater Chicago, Israel Aliyah Center, and Chicago Zionist Federation.

For additional information, call Doris Wolin at (312) 444-2895, Stacy Fromm (708) 675-2200, or Dale Andur at (708) 674-8861.

Environmental education catalog available

The Nature Conservancy introduces the Winter 1993 edition of Prairie University, a guide to educational offerings for the months January through May in natural history and ecological restoration in northeastern Illinois. The catalog is free and is now available Monday through Friday, 9 a.m. to 5 p.m. at The Nature Conservancy, 79 W. Monroe, Suite 900, Chicago, IL 60603.

Prairie University is also available by sending a \$2 check to cover postage and handling, made payable to "The Nature Conservancy", to the above address.

The catalog brings together in one place information about educational opportunities offered by colleges and universities, forest preserve districts, non-profit organizations, museums, nature centers, professional societies and governmental agencies that might train volunteers or recruit new people to take an interest in our native landscape. Included is a detachable five-month calendar of events, two maps of site locations and an index of contents by subject.

Marvin Baker

Marvin L. Baker Jr. has been promoted in the U.S. Air Force to the rank of senior airman.

Baker, an aerospace propulsion specialist, is the son of Marvin L. and Shirlene Baker of Skokie.

The airman is a 1989 graduate of Niles North High School.

MWRD to upgrade weather forecasting equipment

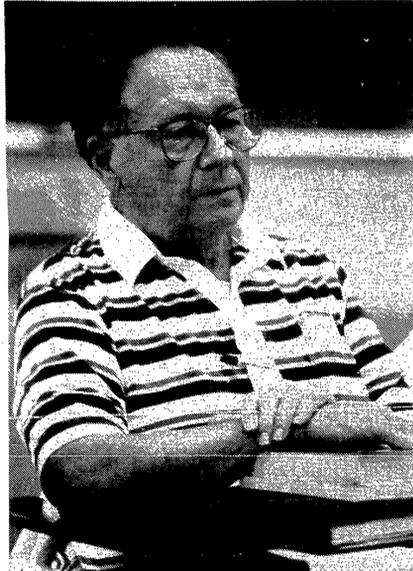
Frank E. Dalton, the General Superintendent of the Metropolitan Water Reclamation District of Greater Chicago has sent out important information to the general public.

General Superintendent Dalton has stated that in order to improve our weather forecasting information, to anticipate storms, and to take flood preventive measures, the District has approved the purchase and installation of additional precipitation gauges for our weather monitoring network.

Commissioner Gloria Alitto Majewski, who is chairman of the Finance Committee for the District, speaking on behalf of the Board of Commissioners, suggested that other interested persons be informed about the availability of this information.

Superintendent Dalton has released a list of the locations of existing and planned precipitation gauges. You may contact the systems dispatcher at (312) 751-5133 any time of the day. Dispatchers are on duty around the clock at the waterways control room at 100 E. Erie St., Chicago.

Class leads MG resident to write autobiography



The simple project Morton Grove resident Joe Rakoski began for his creative writing class at Oakton Community College turned into a much larger endeavor thanks to his teacher's encouragement. "The teacher, Mary Hilmer, started me on my autobiography," Rakoski says. "She picks a subject, like cars, and I write about how it relates to the family. It's a terrific tool to bring out various aspects of family life." In addition to writing, Rakoski has taken classes in ceramics, music and world religions. For more information about Oakton's courses, call the Older Adults Program at (708) 635-1414.

Schedule entertainers at home for blind

Yvonne and Larry will highlight Kagan Home for the Blind's activity day, Wednesday, Feb. 10, 1993. Located at 3525 W. Foster, Chicago, Kagan Home for the Blind is the only sheltered-care residence in the Chicago area serving people with vision loss.

Community members with vision loss and their guests are invited to attend the specially-designed activity day which begins with low-impact exercises at 9 a.m., followed by arts and crafts at 10 a.m. and a discussion on current events led by George Lieberman an hour later.

Lunch will be served at noon and Yvonne and Larry's performance will be at 1 p.m.

Every month Kagan Home for the Blind hosts an activity day from 9 a.m. until 2 p.m. Community members with vision loss and their escorts are admitted free. For other individuals who wish to attend, the cost is \$4.

For additional information and reservations, call (312) 478-7040.

District 219... Continued from Page 1

is definitely related to the district's current \$5.5 million deficit. He said Hebrew is not the only course being reviewed; other classes with low enrollment are also being considered to be eliminated.

Hebrew teacher Alex Miron recommended to the board that various levels of Hebrew classes be combined. He said Evanston Township High School and New Trier High School have successfully combined levels of Hebrew classes. The effort could serve the community and save money, he said.

Parents at the meeting complained that children have differing levels of comprehension in Hebrew and the proposed changes would not work well.

Blase... Continued from Page 1

The issue is becoming a bargaining chip between Democrats and Republicans, Blase noted. Many local governments did not include projected surcharge revenues in their budgets, but if they did come, used them for capital projects. Chicago is one that is budgeting the expected revenues, and last year, Niles did too.

Adding to the towns' frustration is the slow distribution of funds when they do come, said George Van Geem, Niles Finance Director. Niles budgeted \$765,000 for surcharge revenues in fiscal year 1992-93 and through December, only \$239,000 has been received.

He suggests a better payout schedule would give towns their revenue within 90 days after the

Elderhostel plan programs

Trees for Tomorrow Natural Resources Education Center will be conducting two 5-day Elderhostel programs during the winter of 1993. The program dates are Feb. 7-12.

Elderhostel is an educational program for adults who are 60 years of age or older. Inspired by the youth hostels and folk schools of Europe, and guided by the need of older citizens for intellectual stimulation, Elderhostel is for older citizens on the move; not just in terms of physical movement and travel, but in the sense of reaching out to new experiences. It is based on the belief that retirement does not mean withdrawal.

Elderhostel programs at Trees for Tomorrow focus on natural resource management and the natural history of northern Wisconsin.

The Winter program week will feature three courses: Cross Country Skiing/Snowshoeing and Winter Survival and an in-depth study of Snow - It's Formation and Wildlife Adaptations to it.

Small group instruction and ski equipment will be offered for every ski level including beginners. Each day will be highlighted by a different ski tour.

Lectures and field investigations will focus on ecology and management of northern wildlife species. In addition, participants will go for an evening sleigh ride in the Northwoods. Participants will discover how to plan for winter safety and learn how to build a winter shelter. Opportunities to apply skills and outdoor application will be provided.

The cost for each program is \$270 and includes all meals, lodging, program costs and ski and snowshoe equipment. For more information contact: Amy Greiner, Trees for Tomorrow, P.O. Box 609, Eagle River, WI 54521, (715) 479-6456.

To register directly, or receive an Elderhostel catalog, contact: Elderhostel, 75 Federal Street, Boston, MA 02110-1941, (617) 426-8056.

Trees for Tomorrow began in 1944 when a group of nine paper and power companies formed the non-profit organization to reforest vast areas of Wisconsin woodlands which had been overharvested and neglected. Through the years the Center has developed public education programs emphasizing management and the wise use of natural resources.

Forest preserve offers moonlight skiing

The moon, stars and lanterns will guide cross-country skiers on spectacular trails during the Forest Preserve District of Cook County's Moonlight Nordic Ski Outing on February 6, from 6-10 p.m., at Deer Grove Forest Preserve, Quentin Rd. (north of Dundee Rd.), Barrington, announced Cook County Board President Richard Phelan, who plans on skiing as well.

There is a \$5 fee for the program and reservations are required. For reservations and further information, call (708) 771-1014 or (708) 771-1062. Participants must provide their own skis. Special rates on ski rentals are available from Erewhon, an outdoor sporting goods store. For information, call (708) 537-9901.

All suburban communities of less than 50,000 will be receiving program information and applications in early February. For further information, call (312) 443-4297.

Niles swimmers... Continued from Page 1

of the pool, the Niles Park District is going ahead with a \$1.8 million dollar renovation of the Ballard Sports Complex. Plans call for a double-sized water playground and tot area and handicap accessible area.

Also, needed repairs on leaking pipes and the heating system will be made.

Lastly, a new locker room and reconstructed office and lobby area will be included in new plans.

Additional expenses for the seventeen swimmers include three full-time pool staff, as well as pool insurance and maintenance costs.

The pool reconstruction is scheduled to be completed in

Library presents investment seminar

"Give Yourself A Raise" is designed to provide practical ideas in an easy-to-understand format, with the underlying concept: It's never too late - or too early - to become investment-wise!

Call the Library at (708) 965-4220 to register; only 24 registrations will be taken for this free, informative program on Thursday, Feb. 25, 1993, at 7 p.m. The Library is located at 6140 Lincoln, Morton Grove.

Encourage communities to apply for grants

Cook County Board President Richard Phelan announced that the county's Community Development Block Grant Program (CDBG) will receive over \$15.5 million for 1993, approximately \$3 million more than last year. The money will fund projects that improve the tax base, stabilize neighborhoods, maintain affordable housing and improve infrastructure in small suburbs and unincorporated areas.

Urban program monies will be allocated to suburban cities and townships with populations of

Social Security's toll-free telephone services

Answers to your Social Security questions may be as close as your telephone. Across the country, you can have questions answered, request information and schedule an appointment to file for benefits at your local Social Security office by dialing the toll-free number, 1-800-772-1213.

The 800 number has become the preferred way to doing business for millions of consumers. On October 1 of this year, the toll-free service celebrated its fourth anniversary, having logged more than 275 million phone calls since its inception.

Although using the toll-free number often is the quickest way to get information, the 1,300 Social Security offices continue to be a resource to call or visit when you have Social Security questions or a claim to file.

If you call the 800 number during business hours, 7 a.m. to 7 p.m., a Social Security telephone representative can provide the answer to the most commonly asked questions or can arrange an appointment for you at your local office if you're filing for benefits.

Since January of this year, callers who cannot be put through to a representative immediately are told how long they will have to

wait. This service is particularly helpful during peak calling times - the first week of the month, Mondays, and the day after a Federal holiday. The best times to call are early in the morning or late in the afternoon, Wednesday through Friday. Have your Social Security number available when you call.

If you have a touch tone telephone, you may want to take advantage of automated messages that offer another option for some services. This feature is available to about 60 percent of the Nation's phone users during the day and nationwide after 7 p.m., weekends, and on holidays.

Callers using a touch tone phone can:

- request an application for a new Social Security number or replacement of a lost or stolen Social Security card.
- request a statement that verifies the amount of your Social Security benefit or Supplemental Security Income payment.
- request an application for a Personal Earnings and Benefit Estimate Statement form; and
- order consumer publications or obtain general program information about Social Security.

Mature adults travel to Santa Fe

Maine Township mature adults can explore Santa Fe, New Mexico and nearby southwestern sites during a seven-night luxury vacation, April 26 through May 3.

Participants will fly to Albuquerque and then enjoy a motor-coach ride as they travel to Santa Fe nestled in the peaks of the Sangre De Cristo Mountains. They will spend six nights at the Inn of the Governors located in the heart of the historic district.

Highlights include a tour of Santa Fe including the picturesque Plaza, visits to Los Alamos including the Bradbury Science Museum and Los Alamos National Laboratory, Taos, El Santuario de Chimayo a national landmark known as the "Lourdes of the Southwest."

Guests can capture an overview Native American culture with visits to Taos Pueblo where life has remained virtually unchanged for more than 1,000 years, the Bandelier National Monument studied by the Anasazi Indians around 1,100 A.D., and the Indian Pueblo and Cultural Center in Albuquerque. There will be ample opportunities to observe potters, weavers, craftsmen, ceremonial dances and native musicians.

Dining and entertainment highlights include a step back into the Old West during dinner at the Legal Tender Saloon, an event

at an authentic working ranch including a chuck wagon dinner and entertainment by cowboys and wranglers.

The final day will be spent exploring Albuquerque with overnight accommodations at the Sheraton in historic Old Town and a farewell dinner in the Salvador Armijo House, a restored adobe hacienda built in 1847.

Cost of the trip including airfare, deluxe hotel accommodations, escort, admission fees, seven breakfasts, one lunch and seven dinners is \$1,439 per person double occupancy and \$1,699 per person single occupancy.

The trip is open to members of the Maine Township Seniors, Options 55, One + Options, and guests. For reservations or membership information, call Sue Neuschel or Helen Jung at 297-2510, ext. 240 or 241.

The Maine Township Seniors is a social group serving more than 3,800 township residents 55 and older. Options 55 serves Maine Township residents through 65, and One + Options meets the needs of widowed and other single adults 45 through 65.

Membership in all three groups is free and members benefit from group rates on activities. Applicants must be Maine Township residents and provide proof of age and residency.

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