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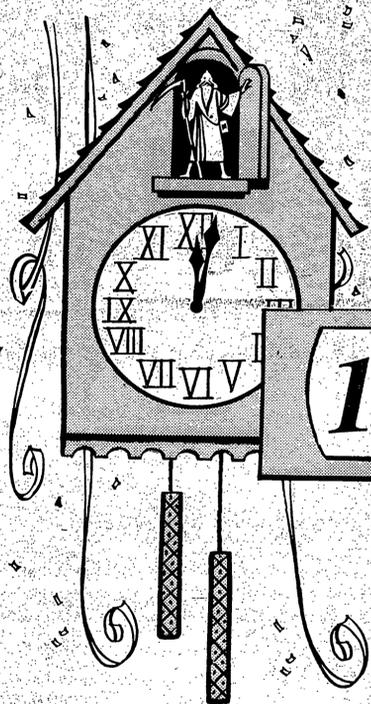
The Bugle



8746 N. Shermer Road, Niles, Illinois 60714 - (708) 966-3900

VOL. 36, NO. 24, THE BUGLE, THURSDAY, DECEMBER 31, 1992

50¢ per copy



RINGING IN

1993



It's the beginning of a whole new year ---- a time for setting new goals for a happier and more fulfilled life. It's time to celebrate lasting friendships and memories with old friends and to look forward to new and rewarding experiences. We wish you a very healthy and happy new year.

The Bugle Staff

Seek homesharing participants

The Homesharing Program of the Council for Jewish Elderly needs housing for older people who speak Russian and have limited knowledge of English.

CJE's Homesharing Program matches people who have extra space with people who need a place to live.

"A younger and older person or two older people can enter a homesharing arrangement; only one must be aged 60," states Ruth Sherman, CJE Housing Resource Coordinator.

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Oakton offers emeritus courses for older adults

Older adults are looking for the challenge of life-long learning and finding it in Oakton Community College's Emeritus Program for Older Adults.

Emeritus classes are held on both Oakton campuses and at convenient off-campus sites throughout Oakton's 15-community district. Both credit and non-credit classes are offered. Classes begin the week of Jan. 19 and continue through May 19. The following courses are among those offered at the Ray Harstein Campus, 7701 N. Lincoln Ave., Skokie.

Geography reviews the setting, structure and the peoples of the world, as well as the natural elements of their environments. The class meets from 9:30 a.m. to 12:20 p.m. on Wednesdays.

U.S. History explores the intentions and issues that have dominated American life since 1945. Topics such as "the bomb," the Civil Rights Movement, Vietnam, information technology, the women's movement and the computer are discussed. The class meets from 12:30 to 3:20 p.m. on Mondays.

Tuition is \$25 per credit hour for students under 60 and \$12.50 per credit hour for students over 60 who live in the district. For more information about these and other credit offerings, as well as non-credit opportunities, contact the Emeritus Program at (708) 635-1414.

Some examples of recent CJE homesharing matches include Mrs. S., a 92-year old, who lives with Miss C., a 25 year old social worker. Miss C. pays minimal rent for her own bedroom and sun parlor in exchange for shopping once a week for Mrs. S. and for sleeping at home five nights a week.

Another match involves Miss G., a 23 year old graduate student who lives with retired school teacher Mrs. K. aged 75. Miss G. pays reduced rent because she walks Mrs. K.'s dog and has dinner with her occasionally.

Mr. R. and Mr. M. are both senior citizens. Mr. R. moved in with Mr. M. for reduced rent because he cooks dinner for himself and Mr. M.

For more information about homesharing through the Council for Jewish Elderly, call: (312) 508-1000.

Seniors spend day at the races

Seniors are invited to horse around at the Lawrence House Retirement Hotel's "Day at the Races" celebration on Friday, January 8 from 1 to 3 p.m. The event is free and open to seniors.

The tension mounts as derby-loving seniors place bets with "phony" money (provided) at mock betting booths. Betting sheets and horse statistics will assist guests in making a sure bet. Then they're off! Everyone can cheer for their favorite horse as the thoroughbreds race nose to nose on a giant video screen.

After the races, all participants have a chance to stop and smell the roses when they cash in their "winnings". Seniors are sure to have fun at a post-race party in the Lawrence House re-creation of a derby pub. Simple non-alcohol beverages and snacks will be provided.

For further information contact Marcia Lawrence at (708) 864-6400.

THE BUGLE
(USPS 069-760)
Bob Besser
Editor and Publisher

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Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to residents of the Village of Niles, age 62 and over and their younger spouses. Seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

SENIOR CENTER CLOSED ON HOLIDAYS
The Niles Senior Center will be closed on Friday, Jan. 1 in observance of the holidays. The center will reopen on Monday, Jan. 4.

HEARING SUPPORT GROUP
The Niles Senior Center has a hearing support group who meet every other week. Those who are hard of hearing are encouraged to attend. The next meetings will take place on Tuesday, Jan. 5 and 19, at 9:30 a.m.

JANUARY TICKET SALES
January Ticket Sales will be held on Monday, Jan. 4 at 9:30 a.m. Tickets will be on sale for the Lite Lunch set for Friday, Jan. 22 at 12 noon. Tickets are \$1.75 with Homemade Soup and Sandwich as the entree. The movie will be "Fried Green Tomatoes." Tickets will also be sold for the January Luncheon set for Friday, Jan. 29 at 12 noon. The menu will include Boneless breast of chicken, over browned potato, vegetable, roll & butter and an ice cream sundae. Entertainment will be provided by Tim Burr, singer and comedian. The cost is \$5.75 per person. Also on sale are tickets for the February Luncheon set for Friday, Feb. 12 at 12 noon. This luncheon will feature Chinese buffet and entertainment from the Senior Center "Golden Notes." Tickets are \$5.75 per person. The February Trip tickets will also be on sale. We are travelling to Drury Lane South in Evergreen Park to see the comedy play "Never Too Late" on Wednesday, Feb. 17, 10:45 a.m. to 5:30 p.m. Tickets are \$29 each which includes lunch (choice of tenderloin roast or chicken Martinique), play and transportation.

Those interested in registering for programs should know that all ticket purchases must be paid for at the time of sign up. You will only be able to phone in for programs that have no charge. Should you have any questions regarding this procedure, please call the senior center at (708) 967-6100, ext. 376.

WOMEN'S CLUB PLANS OUTING
The Niles Senior Center Women's Club is sponsoring an outing on Wednesday, Feb. 3 from 9:15 a.m. to 4 p.m. to the Walt Disney's World On Ice Production "Beauty and the Beast" and luncheon at the popular Como Inn. All Niles seniors are invited to attend. The price for "main floor seating", lunch (choice of lasagna or Veal Parmigiano) and transportation is \$22.50 or \$23.50 (depending on entree) per person. Tickets are available to all Niles seniors. For more information, contact Mary Oleksy at the center, (708) 967-6100, ext. 376.

SQUARE DANCE PROGRAM
The Niles Senior Center will offer Square Dancing lessons beginning on Tuesday, Jan. 12, 1:30 p.m. at the Niles Senior Center. The cost of the program is \$5 and due prior to the first class. Registration is being taken at the senior center.

CAREGIVER LECTURE
A Caregiver lecture will be held at the Niles Senior Center titled "Focus: Home Care" on Friday, Jan. 15 from 1 to 3 p.m. This program will present ways to manage at home if you should become unable to care for yourself. This program is free and you may register by calling the center at (708) 967-6100, ext. 376.

CPR CERTIFICATION OFFERED
The Niles Senior Center is offering CPR (Cardiopulmonary Resuscitation) at the center on Wednesday, Jan. 20 from 1 to 4:30 p.m. This program will be taught by Niles Fire Department personnel. There is no cost, however, registration is required and may be made by calling (708) 967-6100, ext. 376.

SENIOR SINGLES CLUB MEETING
The Niles Senior Center Singles will hold their next meeting on Thursday, Jan. 14 at 2 p.m. Please bring your favorite vacation photos to share. A representative from Mayflower Tours will present a program titled "How To Pack A Suitcase." The cost of this meeting is .75 to cover refreshments. Register at the senior center.

NEW SENIOR CENTER REGISTRATION PROCEDURES
Beginning in January, seniors registering for programs with a fee will need to register in person at the center and make payment at that time. In order to obtain a refund, cancellations must be made before final arrangements and bills are paid by the center. For programs without a fee, seniors may phone in their reservations. Should you have questions regarding this new procedure, please call the center at (708) 967-6100, ext. 376.

Leaning Tower Seniors walk for fitness

The recent Walk-For-Fitness program at Leaning Tower Senior Center turned out to be an overwhelming success.

About 50 members participated. During a seven-week period members walked at the YMCA's outdoor track. Six laps around made a mile. Forty members reached the 20 mile goal, many going way beyond, the 20-mile goal during the seven week period.

All participants were 60 years or older. The 40 members who completed 20 miles were awarded special Tee-Shirts inscribed: "20-Mile Health Walk '92", at the last business meeting to The Senior Center.

THE BUGLE, THURSDAY, DECEMBER 31, 1992

The Bugle

An Independent Community Newspaper Established in 1957
8746 N. Shermer Road, Niles, Illinois 60714 (708) 966-3900

1992 NINA MEMBER NORTHERN ILLINOIS NEWSPAPER ASSOCIATION

Bob Besser - Publisher
David Besser - Founding Publisher
Diane Miller - Director of Advertising
Mark Krajecki - Director of Production

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Skokie skater joins Ronald McDonald on ice



Five-year-old Adina Sheinen recently joined Ronald McDonald for the grand opening of Chicago's new outdoor skating rink "Skate on State."

Located at State and Randolph across from Marshall Field's, the rink is open daily from 11 a.m. to 7 p.m. for the general public. The rink can be reserved for private parties 7:30 p.m. to 10 p.m. daily. Capacity is 400 to 500 skaters. Admission to the rink is free with skate rental and McDonald's concessions are available.

McDonald's Corporation provided all necessary funding for the cooling coils that guarantee season-long ice for the 100 foot by 176 foot ice rink. The rink will be open through early March.

Niles pioneer female Postal employee retires

by Sheila Hackett
Lenora Barnes, who may have been the first woman to hold a permanent position in Niles post office, is retiring. In her 20 years at the facility, she has made many friends.

"You can tell if someone's a nice person—she is. I don't think I'm the only one (who thinks so)," said George Arvey, Niles restaurateur. "Last night she and some of her co-workers stopped in. A UPS man came in and I asked him what he was doing here. He said, 'I just wanted to say good bye to Lenora.'"

Len Minelli, of Minelli Brothers specialty foods on Milwaukee Avenue joined in the plaudits to Barnes: "She's always been a nice lady...easy to take care Continued on Page 26

MG Parks recognized for safety

by Ben Rieck
Two awards honoring the Morton Grove Park District's safety record were presented at its final board meeting of the year December 17. The distinguished accreditation certificate and highest safety rating of "exceptional" were awarded by the Park District Risk Management Association (PDRMA), a group of which Morton Grove has been a member since 1984.

Kevin Hoffman, a PDRMA loss control supervisor, presented the plaques. He discussed how the awards relate back to PDRMA and provided the qualifications for and benefits of winning the awards. PDRMA is an intergovernmental risk pool that was started in Illinois during an insurance crunch in 1984, he said. The Continued on Page 26

Police say stabbing not racially motivated

Glenview man knifed outside Niles bowling alley

A 25 year old Glenview man is hospitalized in fair condition following a Dec. 26 knife attack outside a Niles Golf Mill bowling alley.

Dec. 28 members of Niles Police Immediate Response team, Sgt. Dennis McEnaney and officers Joseph O'Sullivan and Marty Stankowicz apprehended Jon J. Paracki, 19, of south Wood Street, Chicago near his home. He reportedly admitted he stabbed the Glenview man, Heran A. Martinez.

A second man, Joshua Cadieux, 19, who has no permanent address, was arrested Dec. 27 when the response team found him in the 5300 block of Winona Street, Chicago. Both Paracki and Cadieux are charged with alleged aggravated battery and attempted murder. A 16 year old Chicago youth also implicated in the attack was found in the Winona Street vicinity. He was released to his mother pending further investigation and charges.

In Skokie court on Tuesday, Judge Robert Nix set Paracki's bond at \$400,000. Cadieux is being held at Cook County jail on a \$1,000,000 bond set by Judge Jerome Garoon on Monday.

Sgt. Roger Wilson, Niles Police Press Officer, said Cadieux's bond was higher because he has no permanent address and is more of a flight risk. Paracki, in contrast, has a home address and is established in the community.

Witnesses told police the victim, Martinez and Timothy V. Continued on Page 26

New IRS office to open in Morton Grove

The Internal Revenue Service announces to north and northwest suburban residents that it will soon be serving taxpayers at a new location effective January 4. The new address is 8125 River Dr., Suite 103 located in the Northgrove Corporate Park office complex in Morton Grove.

"This will be a full service office for our customers," said Marilyn Day, IRS District Director for Northern Illinois. "They will be able to receive assistance with current and prior year tax returns and also take care of regular audit Continued on Page 26

Niles Park District '92 levy set at \$1.4 million

by Sheila Hackett
The Niles Park Board on Dec. 28 passed a \$1,445,168 levy on taxable property as assessed and equalized, for fiscal year 1992. Taxpayers will be billed in 1993 on their 1992 assessment.

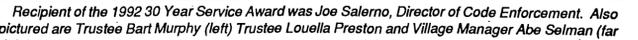
The amount represents only 36 percent of the Park District's entire operating budget, with the remaining amounts coming from user fees, interest rates and other sources, according to Park Director Tim Royster.

District Business Manager, Ron Mrowiec noted the levy is only four percent higher than the previous year's of \$1,389,584, due to the Board's self-imposed tax cap.

Included among the funds for which the levy will provide is the District's new working cash fund. The establishment of this fund is subject to a referendum in the April, '93 election should ten percent, or 1,506 of the registered voters in the Park district sign a petition. The petition must be filed with the Park Board Secretary.

Salerno recognized for 30-years' service

Recipient of the 1992 30 Year Service Award was Joe Salerno, Director of Code Enforcement. Also pictured are Trustee Bart Murphy (left) Trustee Louella Preston and Village Manager Abe Selman (far right).



Learn decorating tips



Niles residents Helen Tomczuk (left), Georgie Hollander (center) and Adeline Tajak (right) get some tips on decorating their holiday tables from Judy Van Stockum (second from left) and Becky Kula (second from right) of Holly, Wood and Vines, a silk flower and home accessory shop in downtown Des Plaines. The free craft program, planned by Maine Township Seniors Director Sue Neuschel, also included a home-made holiday cookie exchange and hot cider.

More than 3,800 residents are enrolled in the Maine Township Seniors. Most activities are limited to members. Membership is free and new members are always welcome. Applicants must be 65 or older and provide proof of residency.

To receive a membership application and obtain reservation information for activities and trips, call Helen Jung or Sue Neuschel at 297-2510, ext. 240 or 241.

Leonard B. Bassig

Navy Petty Officer 1st Class Leonard B. Bassig, son of Antonio and Maria Bassig of Des Plaines, is currently aboard the guided missile cruiser USS Harry E. Yarnell, homeported in Norfolk, VA and is midway through a six-month deployment to the Mediterranean Sea and North Atlantic Ocean. Bassig visited London, Amsterdam, Stockholm, Tallin, Estonia and Italy. He joined the Navy in May 1974.

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Please present coupon to waitress before ordering.

Social Security and SSI benefits increase

Social Security and Supplemental Security Income (SSI) beneficiaries will receive a 3 percent increase in the benefit checks that they receive on December 31, 1992.

For individual Social Security retirees, the average monthly benefit will increase from \$634 to \$653. In a family where both spouses are beneficiaries, the monthly benefit will increase from \$1,029 to \$1,106. Average disability benefits go up from \$608 to \$627 per month.

"The maximum monthly SSI benefit for one person will be increased from \$422 to \$434 and the rate for a couple goes up from \$622 to \$652. But, because some States add money to the monthly Federal SSI benefit, total payment amounts will vary from State to State," says Curin.

The annual increase in both Social Security and SSI benefits is based on the rise in the Consumer Price Index. Other changes that will become effective January 1, 1993 are based on "automatic adjustment" provisions in the law and are tied to the increase in average wages.

* Although the Social Security and Medicare tax rate does not go up in 1993, the "wage base," the maximum amount of earnings taxed for Social Security, will increase to \$57,600 from \$55,500. The combined Social Security and Medicare tax rate remains at 7.65 percent for employees and employers and 15.3 percent for the self-employed.

* The Medicare "wage base" will increase to \$135,000 from \$130,200. People who make more than the Social Security wage base of \$57,600 will pay the Medicare portion of the Social Security tax on earnings up to the new Medicare wage base. (The Medicare portion of the Social Security tax is 1.45 percent for employees, 2.9 percent for self-employed.)

* Currently, the amount of wages needed to earn one Social Security "credit" is \$570. In 1993, it will be \$590. Since the maximum number of credits that may be earned each year is 4, anyone earning more than \$2,360 in 1993 will receive 4 "credits" for the year.

* To be eligible for Social Security benefits, a worker needs a specific number of credits. The number depends on the worker's date of birth and type of benefit involved. Most people need 40 credits to be eligible for retirement benefits, but some younger people qualify for disability and survivors benefits with as few as 6 credits.

* The maximum amount of money that beneficiaries between the ages of 65 and 69 can earn in 1993 without reducing the amount of their Social Security benefits is \$10,560. In 1992, the limit was \$10,200. For every \$3 a person earns over the new limit, \$1 is withheld from his or her benefit.

* For individuals under age 65, the corresponding limit will be \$7,680 in 1993, up from the current level of \$7,440. For every \$2 a person under age 65 earns over this limit, \$1 will be withheld from benefits. (The earnings limits do not apply to people aged 70 or older who continue to earn wages).

Social Security and SSI benefits increase automatically each year based on the rise in the Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W)—formerly known as the cost-of-living index. The CPI-W is a measure of what wage and salary workers pay for items such as housing, food and beverages, transportation, clothing, and medical care.

Morton Grove Senior Citizens 470-5223

CHOLESTEROL SCREENING

- What is cholesterol? It's a steroid alcohol that is present in animal cells and body fluids. In its pure form, it's a white, tasteless, powdery substance. - What does cholesterol do? It helps produce cell walls and hormones. It travels through the blood in "protein packages." - Where does cholesterol come from? It's found in all foods of animal origin. It's manufactured by the human liver. - Why is it important to know your blood cholesterol level? It can form plaque on artery walls, leading to heart disease. - What determines your blood cholesterol level? Levels are affected by diet and by body chemistry. Intake of fat, especially saturated fat, can raise the blood cholesterol level. - How can you check your cholesterol? The Flickinger Senior Center at 6101 Capulina Ave., is conducting a Cholesterol Screening Clinic from 9 to 11 a.m. on Tuesday, Jan. 5 (the first Tuesday of every month), no appointment or fasting is necessary. There is a \$3 fee for seniors (over age 65) and \$4 for those under age 65 or for non-residents. Or, consult your doctor.

WOOD SCULPTURE - BEGINNING & INTERMEDIATE

The popular "Wood Sculpture" course is back for another 8-week session starting Wednesday, Jan. 6. Learn the art of wood sculpture, using a knife and other hand tools. Create fine sculptures of animals, birds, fish, human forms and other items, realistic and abstract. Tool sharpening, wood selection and wood finishing included. Tools for in-class use provided. Materials may be purchased in class. The instructor is Mr. Irv Marion, who has an extensive background in other park districts, senior centers and school districts. The course will be offered on Wednesdays to seniors from 9 to 11 a.m. at the Flickinger Senior Center. There is a cost of \$25 for residents and \$29 for non-residents. For more information call the Prairie View Community Center at 965-7447.

SENIOR TRAVEL CLUB

The Prairie View Senior Travel Club has planned its outings for the fall and winter seasons. - On Jan. 12, a tour of Sunshine Crafts in Wheeling along with a pizza lunch is on the travel agenda to spell cabin fever. - Then, a trip to Marriott's Lincolnshire Theater for lunch and the production of "Sweeney Todd The Demon Barber of Fleet Street" is scheduled for Feb. 10. - In May, they plan a spectacular trip to the British Midlands where their home for eight nights will be a newly restored and ultradeluxe English Manor House. For information and details regarding these trips, call Ronce Brenner at 965-7447.

LUNCH BUNCH

Lunch Bunch is back in 1993! Morton Grove seniors get together for a light lunch and feature length film on Friday afternoons in the Flickinger Senior Center. Register at the Prairie View Community Center on the first Tuesday following the Friday of the previous Lunch Bunch; and of course every day after, as capacity allows. Call today (965-7447) to inquire about reservations for the first Lunch Bunch. Lunches will begin at 12:30 p.m. followed by the film. There is a cost of \$1.50 per lunch/show. This winter's schedule includes: Friday, Jan. 15, "An American Tail"; Friday, Feb. 19, "Awakenings"; and Friday, Mar. 19, "Diary of Anne Frank".

REMINISCENCE INTERVIEWS

The handing down of family history from one generation to another has taken place, but with the more mobile and busier family of today, we need to make special efforts to provide seniors with opportunities to reminisce. Taking time to listen to another person reminisce gives the powerful unspoken message that "Who you are, what you have done, and the things you care about are very important to me. I believe in you. I accept you, I want to know your story. And even more, I receive what you have to offer as a gift." The Morton Grove Commission on Aging is conducting "Reminiscence Interviews" for interested individuals and their families. Those interested in an interview can call the Morton Grove Senior Hot Line at 470-5223.

BECOME A MEMBER

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-7447. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster St., Morton Grove, IL 60053.

Options 55 heads for country music jamboree

Members of Maine Township's Options 55 group can enjoy a high stepping Country Music Jamboree Saturday, Jan. 16, at the Fireside Restaurant and Playhouse in Ft. Atkinson, Wisconsin.

The show is a brand new musical comedy extravaganza by the creators of the original Country Music USA in Nashville and features tributes to country music giants of the past and superstars of today. The excursion also includes a generous country western buffet and time for some post-holiday shopping at The Fireside's new Country Store. A deluxe motorcoach will leave from the Maine Township

Town Hall parking lot, 1700 Ballard Rd., Park Ridge, at 8:15 a.m. and return about 6 p.m. Cost of the trip is \$42 for members and \$47 for guests. Options 55 is a social group serving Maine Township residents ages 55 through 65. It offers trips, theater outings, and special events geared for pre-retirement adults. Membership is free and participants benefit from group rates on trips and activities. Applicants must provide proof of age and residency. For information on membership and registration, call Sue Neuschel at 297-2510, ext. 240.

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49¢ LB.
CUT-UP **59¢ LB.**

LEAN SIRLOIN PATTIES **\$2.89 LB.**

FRESH LEAN PORK STEAK **\$1.49 LB.**

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KORBEL CHAMPAGNE **\$7.99** 750 ML.

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BLOSSOM HILL VARIETAL WINES **\$6.99** 1.5 Liter

SEAGRAM'S 7 CROWN **\$7.99** 750 ML.

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MICHELOB DRAFT **\$3.49** 6 PKG. - 12 OZ. NR BOTTLES

MICHELOB DRAFT REG. or LIGHT **\$2.99** 6 PKG. - 12 OZ. NR BOTTLES

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Health News

Attend hospital benefit



Dr. and Mrs. James B. McCormick (center) of Lincolnwood and their children Amanda and Jeremy were among the 900 guests who attended Swedish Covenant Hospital's recent benefit held at the Field Museum of Natural History. The McCormicks are members of the Benefit Gala committee. Mrs. McCormick is on the board of the hospital's Service Guild and Dr. McCormick, past president of SCH, is chairman of the SCH Department of Laboratory Medicine.

Mended Hearts to meet

The next meeting of The Mended Hearts Chapter 80, Lutheran General Hospital, Park Ridge, will be held on Thursday, Jan. 7.

Meetings are held at 7 p.m. in the Johnson Auditorium, Parkside Center, 1875 Dempster Street, Park Ridge. These meetings are free to the public.

The program "Information on Cancer" will be presented by Bruce Kaden, M.D., Department of Medicine, Lutheran General Hospital. Mended Hearts offers support

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Res holds first aid, CPR classes

The American Red Cross Standard First Aid course combining both first aid training and cardiopulmonary resuscitation (CPR) will be offered on a two-part format at Resurrection Medical Center, 7435 West Talcott Avenue, Chicago.

The program will be held from 5:30 to 10 p.m. Tuesday, Jan. 19, and Thursday, Jan. 21, in the Sister Anne Room located on the lower level of the medical center. The fee is \$80.

According to health educator, Margie Balogh, R.N., the course will cover several critical topics including rescue breathing, CPR, treatment for internal and external bleeding, burns, stroke, poisoning, bites, breaks, strains, sprains, frostbite and more. Participants will receive an American Red Cross Standard First Aid workbook.

Advance registration for this program is required. For more information, call (312) 792-5022 and press 2.

Give support to caregivers

An on-going support group of the caregivers of Alzheimer's patients will meet from 6:30 to 8:30 p.m., Wednesday, Jan. 27, in the small cafeteria at the Glenbrook Hospital, 2100 Pingsten Rd., Glenview.

Group members discuss coping techniques and educational information helpful to those who care for victims of Alzheimer's Disease. The Evanston Hospital Geriatric Services sponsors the meetings of the fourth Wednesday of every month. The meeting is open to the public free of charge.

For more information call the Evanston Hospital's Geriatric Services at (708) 570-2219.

Overeaters to meet

Holy Family Hospital sponsors weekly meetings for Overeaters Anonymous.

The group meets in the Mount Prospect Room at the hospital, located at the corner of Golf and River roads in Des Plaines, every Saturday at 1:30 p.m.

Recognize LGH diabetes care center

Lutheran General Hospital (LGH) recognizes that patient education is an essential component in the treatment of diabetes. Because of LGH's commitment to diabetes education, the Diabetes Care Center was recently awarded the American Diabetes Association (ADA) Certificate of Recognition for quality patient education.

The ADA's voluntary recognition process assures that the Diabetes Care Center meets the National Standards for Diabetes Patient Education. Diabetes education programs that apply for ADA recognition must complete a comprehensive documentation process and undergo rigorous and expert peer review.

According to the ADA, the Diabetes Care Center offers quality diabetes education which is an essential component of effective diabetes treatment. The ADA also believes that the Diabetes Care Center has a staff of knowledgeable health-care professionals who provide participants with comprehensive, state-of-the-art information about diabetes management.

The Diabetes Care Center, which is affiliated with LGH's medical/diabetes unit for inpatients, offers individual and group instruction on topics such as diabetes management, nutrition, insulin therapy, blood glucose monitoring and exercise for people with diabetes and their families.

For more information on the Diabetes Care Center, call the Diabetes Helpline at (708) 696-8282.

Hospital plans socialization workshop

A new workshop to help adults build and improve social skills is being formed through the Outpatient Department at Forest Hospital beginning in January 1993.

The Socialization Workshop provides participants with the skills necessary to successfully interact with peers and family members. "For many people, interacting with others does not come easily," said Mark Jacobson, L.S.W., who leads the workshops. "This program can help build and sharpen social skills so a person can learn how to develop healthier long-term relationships."

The workshop will be held weekly for 10 sessions. Topics for the sessions include: introduction, session 1; communication/listening, session 2; boundaries/trust/empathy, session 3; problem-solving, session 4; peer pressure, session 5; gender stereotypes and appropriate roles in dating, session 6; and using skills to improve family relationships, session 7. Session 8-10 will focus on reviewing and reinforcing what has been learned.

The workshop's group approach gives members a chance to provide each other with constructive feedback and support. A role-play format allows members to practice their social skills and build a repertoire of socially appropriate behaviors. The skills then can be used to better work, family and intimate relationships.

The cost is \$35 per session. For information about the Socialization Workshop, contact the Forest Hospital Outpatient Department at (708) 635-4100, extension 224 or 225.

Recognize health care council achievements

The achievements of the Suburban Primary Health Care Council's (SPHCC) Access to Care program received national recognition when the organization was honored with the opportunity to present a paper at the American Public Health Association Annual Meeting, Carolyn B. Trees, Director of Operations for SPHCC, presented the paper entitled, "Access to Care - Uniting Private and Public Resources to Deliver Primary Care to the Uninsured," at a session sponsored by the Medical Care Society.

The American Public Health Association, founded in 1872, "is organized to protect and promote personal and environmental health by exercising leadership in the development and dissemination of health policy." It is the largest public health association in the world with aggregate membership of 50,000.

Access to Care is a unique health care program designed to aid suburban Cook County residents with family incomes less than twice the federal poverty level (i.e. a family of four earning less than \$27,900 annually) who are ineligible for Medicaid or Medicare and have no medical insurance.

Access to Care has enabled more than 9,000 adults and children to receive primary health care services since the program was launched in December, 1988. This year the program will serve over 5,000 individuals through out suburban Cook County.

The Suburban Primary Health Care Council is a public/private partnership that receives its primary funding from the Cook County Board of Commissioners under the leadership of Board President Richard J. Phelan. It is also funded by townships and municipalities as well as private foundations, corporations, service organizations and individual contributions.

The Council is a private not-for-profit confederation of the Community and Economic Development Association of Cook County, Inc., the Cook County Department of Public Health, the Northwest Suburban Cook County Health Care Task Force and the Park Forest Health Department.

ANAD to meet
Anorexia Nervosa and Associated Disorders - ANAD will hold a group meeting for anorexics, bulimics, parents, and families at 8 p.m., Tuesday, Dec. 29, at Highland Park Hospital, 718 Glenview Avenue, Highland Park.

The meeting is free. Those interested are invited to attend. ANAD groups now hold regular meetings in numerous North Shore communities and other sections of greater Chicago.

For additional information call (708) 831-3438.

Anorexia nervosa and bulimia are dangerous eating disorders characterized by extreme loss of weight and/or binge eating and purging.

DiETING lecture at Des Plaines Mall
August Habighurst, Ph.D., nutrition and diet expert, explains how today's emphasis on "lite" foods and diets take away from good nutrition and body maintenance in a free lunch-time lecture on Wednesday, Jan. 13, from 12:30 to 1:30 p.m. at the Des Plaines Mall, 700 Pearson St., Des Plaines.

In this lecture, Habighurst presents this pros and cons of food supplements.

For more information, contact Bea Cornelissen at (708) 635-1812.

Eating disorders discussion
Sue Thompson, M.A., and nutritionist, discusses the causes, consequences and cures of eating disorders in a free lunch-time lecture on Friday, Jan. 15, from 12:15 to 1:15 p.m. in the J.C. Penney Room at the Northbrook

Court Mall, 1555 Lake Cook Rd., Northbrook.

In this lecture, Thompson presents ideas for eliminating fat from your diet.

For more information, call Bea Cornelissen at (708) 635-1812.

Abused children need special holiday attention

The joy and laughter of children at Christmas time are among the most endearing portraits of the holiday season.

But for those children who live under the specter of abuse, the smiles and happy faces may be only a facade hiding fear, depression and confusion.

"Kids who are abused by their parents or other adults often put up high defense mechanisms around the holidays," said Suzanne Rush, a psychotherapist on staff at Forest Hospital who specializes in abuse and domestic violence cases. "They're dependant upon the abuser and work very hard at keeping it together in situations outside the home."

"Some children think that if they can make it through the holidays, things will get better," she added. "Often, that's just not the case."

Rush, who works with both children and adults, said child abuse -- whether it's physical, sexual or mental -- occurs at all times of the year, holidays included. However, she believes the number of child abuse cases increases during the weeks after the holiday hoopla subsides.

"Beginning in January and running through March, a lot of economic and seasonal changes take place which may contribute to the rise in child abuse and other domestic violence during that time

of the year," Rush said. "Bills start coming in, the economy slows down and people who have seasonal jobs now face the prospect of being out of work. Coupled with cabin fever and cold weather, you have the conditions that lead people to take out their frustrations on the children."

Children who are victims of abuse display a variety of behaviors that may indicate something is wrong, Rush said. She offered the following as examples:

- Startled reflexes when the alleged abuser enters the room;
- Sleep disturbances, including nightmares and bedwetting;
- Reluctance to attend school;
- Being out of the house when the abuser arrives home;
- Hypertension reactions to criticism;
- Withdrawal and excessive television viewing to escape reality.

"In very severe cases, the abused child may even become an abuser himself, taking out his hostilities on other children, animals, plants or inanimate objects," Rush said.

Forest Hospital offers a wide range of inpatient and outpatient treatment programs for children that have been physically, sexually or mentally abused. For more information, call the Outpatient Department at (708) 635-4100, extension 224 or 225.

Focus on healthy lifestyle to keep weight off
Remember the grapefruit diet? Or the Drinking Man's Diet? Even the most frivolous of weight loss programs (and there are thousands of them out there) helps people shed unwanted pounds. Yet, few dieters manage to stay slender for any length of time.

Why? Because their primary focus is on the scale, rather than on a healthful lifestyle.

Being overweight is a symptom of a much greater problem, says the experts at Professional Weight Loss Centers. The real problem is a combination of poor nutritional, psychological and exercise habits. These habits must be addressed for a diet to have long-term effectiveness. This multifaceted approach distinguishes Professional Weight Loss Centers from its competitors.

"Overall good health is more complex than merely losing weight," says President Tami Brennan. "You also have to learn to eat healthy foods. It is possible to lose weight, but still have a dangerously high cholesterol count."

With six locations in the Chicago area including one in Niles, the innovative Professional Weight Loss Centers program combines one-on-one counseling, psychological assessment, behavior modification, individualized diet plans and continuous client support. High-quality protein

and herbal supplements augment the program and a cardiovascular exercise regimen is strongly recommended.

Unlike other weight loss programs, Professional Weight Loss Centers does not promote pre-packaged foods or exercise classes. Specific recommendations are tailored to the needs of each client.

Professional Weight Loss Centers addresses the psychological component through exclusive administration of The Inner Diet. Formulated by Dr. John Sklare and Dr. William Bansberg, this statistically valid and reliable tool identifies mental and emotional roadblocks to weight loss and offers a comprehensive self-help study to overcome them.

Another aspect of the Professional Weight Loss Centers program is its relationship with Bariatric International, an industry leader in the development and manufacture of high-quality nutritional supplements. Professional Weight Loss Centers offers a product line of protein supplements, soups, drinks and snack foods. Of special note is Herbal Balance, an all-natural herbal approach to aid weight control and increase energy levels.

Bariatric products are developed by Dr. Dennis Jones, an internationally recognized expert on plant products.

Be aware of allergies

Make taking good care of yourself your top New Year resolution, advise the Board Certified Allergists of Greater Chicago.

It's no fun to endure chronic fatigue, constant headache or facial pain, a persistent "cold", nasal congestion or annoying cough. You can be suffering from chronic, untreated rhinitis or sinusitis and now be aware of it.

Of the 34 million Americans affected by this common disease, 50 percent have allergies and 10 percent will develop asthma, warn these physicians trained in the diagnosis and treatment of allergies, asthma and related disorders.

To realize an improvement in symptoms, a sharp decrease in costly medical and pharmaceutical bills and time lost from work or school, go on the offensive, suggest the specialists.

They prescribe an intensive personalized medical management and counseling program, which will help control your environment, provide appropriate medication and, if indicated after thorough testing, include individualized allergy injections or immunotherapy.

Begin now to make upcoming years healthy ones.

For free information and the name of a local Board Certified Allergist, call (708) 499-7577.

Support group for Lupus patients

A support group for those who suffer from Lupus is just a phone call away.

For more information about local chapters, call their toll-free number at 1-800-2LUPUS2 or (312) 779-3181.

Health News

Forest Hospital offers panic, anxiety support group

Persons who suffer from panic/anxiety disorders can get help through a new support group offered by the Outpatient Department at Forest Hospital.

The Panic and Anxiety Therapy Group is open to any individual who suffers from panic attacks -- a condition characterized by intense or acute feelings of anxiety, fear, or dread in otherwise normal situations -- and anxiety disorder, characterized by a general sense of fear pervading one's life.

According to the National Institute of Mental Health, panic/anxiety disorder is one of the most prevalent mental health problems in the nation, affecting a greater number of people than depression or alcohol/substance abuse.

The group meets on Saturdays from 1 to 2 p.m. at Forest Hospital, 555 Wilson Lane, Des Plaines. The cost is \$30 per session, and there is no limit to the number of people participating in the group.

For more information on the Panic and Anxiety Therapy Group, call the Forest Hospital Outpatient Department at (708) 635-4100, extension 224 or 225.

Leukemia Society starts new committee

The Leukemia Society of America is a voluntary health agency dedicated to finding the cause and cure of leukemia and related diseases. The Illinois Chapter supports seven local researchers and provides over 1200 patients with financial aid statewide.

Special events raise a large amount of the funds. Those who enjoy planning parties and having a good time while working to help find a cure for leukemia, the #1 killing disease of children, might be interested in our New Events Committee, a group of fun-loving people with two goals, fun events and raising a lot of money.

The New Events Committee helps to produce the major so-

cial event fundraisers that benefit the Society. It is a great group to work with and new input and fresh ideas are always wanted. To help with our upcoming spring events, please contact Claudia DeStefano at 1-800-742-6595. Remember, where there's help, there's hope!

AIMS to meet
An anxiety and panic support group called A.I.M. (Agoraphobics In Motion) will meet every Monday at 7 p.m. at Holy Communion Church, 3010 N. Laverne.

For more information, call (708) 636-6243 or (708) 425-4597, or the hotline at (708) 499-6623.

Thank you!

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Women's News

Auxiliary salutes New Year



Members of the Resurrection Hospital Auxiliary salute the New Year in anticipation of their "Monarch Ball Benefit," to be held Friday, April 23, 1993, at the Westin Hotel O'Hare.

Seated, left to right: Mary Therese Maslanka, Rosemary Ryan, Sue Huber. Standing in the first row, left to right: Mary Ann Nassos, Co-Chairman; Linda Lehman, Chairman; Julia Limperis, Helping Hands. Second row, left to right: Gerry Ryan, Invitations; Ursula Wiet, Ad Book Chairman; Sheila Medansky, Invitations. Back row, left to right: Jeanne Patt, Ad Book Co-Chairman; Mary Kraus, Treasurer.

All proceeds from the gala will contribute to the Auxiliary's pledge for the new Mammography Center in the Professional Building of Resurrection Medical Center, 7447 West Talcott Avenue, Chicago.

Secretaries hear guest speaker

Professional Secretaries International (PSI) Northwest Suburban Chapter's guest speaker on Tuesday, January 5 at 8 p.m. at Allgauger's Holiday Inn Crowne Plaza, 2855 Milwaukee Avenue in Northbrook, will be Greg Risberg, MSW.

His presentation "You Make A Difference!" is sure to chase away those post-holiday blues. With insight, sensitivity, warmth and humor, Greg reminds you of your significance. He'll help you

Mayfair women to meet

Wednesday, Jan. 6, 1993, is the date of the next regular meeting of the Women's Association of the Mayfair Presbyterian Church, 4358 West Ainslie, Chicago.

Devotion for the day will be led by Carol Ann Nyland and Jessie McCaughey. Will conduct the installation of officers. The 1 p.m. luncheon will be served by

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recognize and appreciate your talents, feel better about yourself and realize that your efforts really do "make a difference."

Preceding his presentation there will be cocktails and networking at 5:30, followed by dinner at 6:30. Cost for dinner and presentation is \$20—presentation only is \$10.

For reservations, contact Barbara Bednarz at (708) 397-3000 ext. 2848.

Board Members with the sales project handled by Circle F. A. mini-program will follow.

Everyone is welcome to attend. Cost is \$5.

For further information call the church office at 685-0105.

Dieting/overeating program

Chet Mirman, Ph.D., and clinical psychologist, explores the endless cycle of dieting and overeating in a free lunch-time lecture on Friday, Jan. 22, from 12:15 to 1:15 p.m. in the J.C. Penney Room at the Northbrook Court Mall, 1555 Lake Cook Rd., Northbrook.

For more information, call Bea Cornelissen at (708) 635-1812.

Register now for financing workshop

The Women's Business Development Center presents a workshop on the Women's Business Financing Program. This workshop will tell you how and where you can find financial assistance. In this workshop you will learn about loan opportunities through banks and/or government entities.

The workshop is scheduled for Thursday afternoon, Jan. 14, from 12 to 1:30 p.m.

The class will be held at the Women's Business Development Center, 8 South Michigan, Suite 400, Chicago.

This workshop is sponsored by the Small Business Development center at the Women's Business Development Center.

Registration fee is \$20 and prepayment is required. For further information and to register, those interested may call (312) 853-3477.

Park Ridge mayor to address DAR

The Twenty-first Star Chapter, National Daughters of the American Revolution is pleased to welcome Ronald W. Wietecha, Mayor of Park Ridge, as guest speaker for their first meeting of the new year. Luncheon will begin at 11:30 a.m. January 13 at the Park Ridge Country Club, 636 N. Prospect Ave., with the program presented at 1 p.m.

Mayor Wietecha has been a resident of Park Ridge for 20 years and will be speaking on the "Park Ridge Heritage Commission."

Hostesses for the day are Mrs. Lorraine Fiere, Mrs. Mary Papuga, Mrs. Katherine Rapp and Chairperson, Mrs. Elizabeth Nedwed.

Women in the northwest suburban area who are interested in attending this meeting or in finding out more about membership in the National Society Daughters of the American Revolution are able to prove direct descent from a patriot who served during the American Revolution may contact Mrs. Betty Borman at (708) 692-6279.

People interested in tracing their family tree may visit with Janis Pahnke, Twenty-first Star Chapter DAR Genealogy Docent, at the Park Ridge Library on the third Thursday of each month from 9 a.m. until noon.

Professional women's club holds meeting

The Skokie Valley Business and Professional Women's Club will hold its Monday, Jan. 18 meeting at the North Shore Hilton, 9599 Skokie Blvd.

Dr. Mary Lang Carney of the Center for Women's Health will speak to us on Something You Are Too Embarrassed To Ask Your Doctor About. Terry Bartlett, our five minute speaker will ask "Why Me? To Hope Is To Live."

Social hour is 5:30 p.m. with dinner at 6:30 p.m. The \$15 fee includes tax and gratuity.

Please call Irene Montwill, (708) 965-2097 or Elsa Behrends, (708) 675-9039 if interested in attending.

Niles woman recognized for service

Sylvia Luetke, a Niles resident employed at Marshall Field's Old Orchard store, has received a grant from Field's in her name for her involvement with the Cavaliers Drum and Bugle Corps.

The organization teaches responsibility, loyalty, devotion and discipline to young men ages 16-21 through national competition. Sylvia, an assistant visual manager at Field's has been a volunteer with the corps for 15 years. During this time, she has designed, repaired and altered uniforms, and assisted the corps nurse.

Marshall Field's employees were recognized for their outstanding volunteer contribution to non-profit organizations through Field's V.I.P. (Volunteer Involvement Program). The program salutes Field's associates who are exemplary community volunteers and contributes a \$250 check in their name to the charitable organization where the associates' efforts are dedicated.

Announce ladies theology series

Share the following issues, insights and ideas with renowned authors, teachers and activities during the 1993 winter series sponsored by Ladies Theology at Park Ridge, "Faith Challenged" includes the following topics:

January 13: Rev. John Shea, Ph.D., Author, Dir. of Doctor of Ministry Program, St. Mary of Lake Seminary - Taking Care of Yourself Spiritually.

January 27: Katherine Bracco, White, Mother, Teacher, Dir., Rel. Educ., Human Sexuality Program - Life's Journey: A Non-Stop Flight or A Trip on Route 66?

February 10: Alan Schmitt, Dir. of Rel. Educ., St. Thomas Becket, Mt. Prospect, Tolerance - A Forgotten Christian Virtue.

March 10: Rev. Kenneth McKnight, Ph.D., Pastor of St. Luke's Lutheran Church, Park Ridge - Biblical Ethics for Sex

To enroll in the entire series, send a check for \$20 (payable to Ladies Theology), with name, address, and phone number to Renaia Dooley, 115 N. Washington, Park Ridge, IL 60068; phone (708) 825-7885, or pay \$22 at the door. It is \$5 for a single session.

LeValley speaks to 'women in careers'

Joan C. LeValley, president of the Park Ridge-based LeValley and Associates, Inc., will act as "Mentor Speaker" to the Northwest Chapter of the National Association for Women in Careers at the Hyatt Woodfield Hotel on January 11 at 6:15 p.m.

This noted accountant/public speaker has been making the radio and television talk-show circuit, winning friends and followers with each presentation.

Joan was presented "1990 Person of the Year" award from the Independent Accountants Association of Illinois and is the only woman of eight members to be appointed to the Chicago IRS District Director's Filing Period Readiness Group Committee. Additionally, Ms. LeValley was a leading contender for the 1992 "Entrepreneur Award" and is past president of the Park Ridge Chapter of Business and Professional Women.



Joan LeValley

IBS a common problem

Approximately 40 to 50 million North Americans suffer from irritable bowel syndrome (IBS), according to the Glaxo Institute for Digestive Health. Many of these Americans may not even realize they have IBS and that they could receive help from a physician.

The symptoms of IBS seem to be related to over activity of the bowel, or intestine, and can include bloating, cramps, constipation and diarrhea. For some patients, symptoms are worsened by stress, certain foods, or a disruption in normal eating habits.

IBS does not lead to serious disease or cancer. Although the

Choral Society sets rehearsals

The Northwest Choral Society begins rehearsals Monday, Jan. 4, 8 to 10:15 p.m. at the First United Methodist Church, 418 Touhy in Park Ridge, to prepare for their March 27 concert. This non-profit community choral group is comprised of about 50 members from Chicago and the northwest suburbs, singing classical and popular music under the direction of John Melcher.

The March concert will feature Mozart's "Coronation Mass" and Beethoven's "Choral Fantasy," with full professional orchestra

and vocal soloists. The June 4 and 5 "Pops" concert will include music of favorite Broadway musicals.

There are openings for good voices in the Tenor and Bass sections, and limited openings for additional Sopranos and Altos. Prospective members may attend the first two "open" rehearsals on Jan. 4 and 11 before auditioning.

For more information about membership or concerts, call Judy or Glen Richardson, (708) 823-7320.

Women in Communication hold meeting

The North Shore Chapter of Women in Communications, Inc., will hold a new member meeting with the feature topic "Navigating the Minefields of Office Politics: Managing Conflict and Sabotage."

The brunch meeting will be Saturday, Jan. 16 at 10:30 a.m. The meeting will be held at the home of Mary-jane Snyder, 1012 Ashland Ave., Wilmette.

Join Andrea Medca, a women's self-defense trainer and specialist in conflict management, as she examines turmoil within the office place and how it can be resolved. People interested in becoming members or learning more about Women in Communications are invited to this special meeting especially for the prospective member. Students are also urged to attend.

The brunch is sponsored by Women in Communications/North Shore and the cost is \$10 for members and non-members.

To make reservations or receive more information, call (312) 440-2714 (days), or (708) 869-1010 (evenings).

DAR hosts square dance

The Twenty-first Star Chapter, National Society Daughters of the American Revolution will host a Square Dance for patients at Hines V.A. Hospital on January 22 at 7 p.m.

In appreciation of our veterans, gifts of greeting cards and notes, Tracheotomy Covers, lap robes, paraplegic balls, combs, toothbrushes, decks of cards, toiletries, pencils, screw shades, soap, jigsaw and crossword puzzles, craft kits, writing paper and envelopes have been donated to Hines and Lakeside V.A. Hospitals.

Money given to Fourth Division NSDAR is used to provide transportation and spending money for patients to attend Cubs baseball games. The ballgame tickets are usually donated. Money has also been sent to Lakeside Medical Center for their Christmas fund.

The square dance is a special event where friendship, dancing and homemade cookies are enjoyed by all.

Women in the northwest suburban area who are interested in finding out more about membership in the National Society Daughters of the American Revolution and who think they are able to prove direct descent from a patriot who served during the American Revolution may contact Mrs. Betty Borman at (708) 692-6279.

People interested in tracing their family tree may visit with Janis Pahnke, Twenty-first Star Chapter DAR Genealogy Docent, at the Park Ridge Library on the third Thursday of each month from 9 a.m. until noon.

Good Counsel students named Illinois state scholars

The Illinois Student Assistance Commission recently announced the 1993-94 Illinois State Scholars. Of this year's

Scholars, 20 are Good Counsel seniors. They are Iran Alam, Anne B. DeCourtenay, Natalie Bartold, Eleanor Dayrit, Rachelle DeAsa, Aimee Fagan, Gabriella Galka, Jennifer Gerena, Marcyrene Gorski, Jennifer Lundstrom, Susan Lundy, Tricia Malec, Megan McHugh, Marina Papaioannou, Stephanie Papaioannou.

In order to enter the competition, high school students must take the ACT and/or the SAT examination their junior year. The Illinois Student Assistance Commission selects Scholars based on a combination of their test scores and their class rank at the end of junior year.

Host basketball tournament

The sixth grade girls basketball teams from St. John Brebeuf in Niles and from St. Paul of The Cross in Park Ridge are among the teams competing in the 3rd Annual Sacred Heart 6th Grade Girls Invitational Basketball Tournament the weekend of January 9 and 10 in the Campbell Building, Sacred Heart's double gym at 6250 N. Sheridan Road.

Schools from all over the city and suburbs will vie for First Place "Tournament Champion" t-shirts, trophies, and individual awards.

Tournament play runs from 9 a.m. to 4 p.m. on Saturday, and from 11 a.m. to 3 p.m. on Sunday. Refreshments are available. Admission is \$1 for adults, \$0.50 for children.

Women's News

Nurse shares own recovery

Resurrection Medical Center nurse Aggie Hansen thought she could survive anything after a heart attack several years ago, but then she discovered she had a disease that was the second leading cause of death among women in the United States, Breast Cancer.

It was two and a half years ago when Hansen discovered a lump in her left breast. She had a mammogram to confirm her worst fear—a malignant tumor. After a mastectomy was performed at Resurrection Medical Center, she recovered at home and eventually returned to work, but found that the experience changed her life.

"As a nurse and as a breast cancer survivor, the whole experience helps me to understand what my patients are going through because I know what it's like to have breast cancer," noted the 63-year old recovery room nurse. "I know I can help them cope."

And the ability to help patients cope is one of Aggie's greatest assets. She's convinced that her encouragement and support is the best medicine for her patients. She tells them that they must have faith; she tells them that life is not over because of breast cancer.

"Once you've experienced the trial of breast cancer, caring for



Aggie Hansen, R.N. cares for a patient in the recovery room.

another person who has the disease is a special connection because as a survivor you can tell them, 'I've been through this and you'll be o.k.'"

Aggie has been a nurse at the medical center for almost 40 years. She worked in the Surgical Intensive Care Unit for 13 years and has worked in the Recovery

Room for the last nine years. She enjoys the patient care and personal contact in her job.

"Nursing is a wonderful and rewarding profession. I hope my nursing skills and my experience as a breast cancer survivor can make a difference in someone else's life," she concluded.

School announces basketball team

The following students are members of the Creative Children's Academy's 1992-93 Girl's Basketball team: Annie Envall, Tiffany Hansen, Kristy Milligan of Park Ridge, Elizabeth Paris,

Anjali Kumar, Angela Lamondi of Glenview, Erin McGrath, Mary Pacquette, Kelly Brady, Taryn Collins, Courtney Eisner, Beth Gregersen, Maisie Rinne, and Traci Zamp of Glenview.

The team will play other independent school teams from Chicago and the suburbs. Mr. Timothy Krentz, CCA faculty member, is the team's coach.

Women's resolutions should include mammogram

Women over 35 years of age who have never had a mammogram should resolve to do so in the coming month, according to a breast care specialist at Loyola University Medical Center.

Mammograms are among the best health maintenance tools. They are useful for diagnosing benign breast conditions as early as possible, said Sandy Hoffman, M.S.N., nurse coordinator of Loyola's Breast Care Center.

More than 180,000 women will be diagnosed with breast cancer in 1992. However, two-thirds of those cancers will be detected early enough to prevent spread of the disease to the lymph nodes or other body organs, explained Dr. Kathy Albain, co-director of the Breast Care Center and associate professor of medicine, division of hematology and oncology.

"Many women tend to put caring for others—their sons, daughters, spouses, mothers, aunts and sisters—before their own health," Hoffman said. That kind of unselfishness is laudable, but should not preclude a woman from neglecting her own health care needs, including early detection of breast disease, she added.

Early detection begins with an initial mammogram between the ages of 35 and 40. This first mammogram, known as a baseline test, can be used as a comparison for follow-up diagnostic tests throughout a woman's life.

Patients should ask for an initial mammogram if it has not yet been recommended by a physician, Hoffman said.

Between the ages of 40 and 50, women should have a mammogram every one-to-two years; annual mammograms are recommended for women over age 50.

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School News

Child development class tours obstetrics department

As an increasing number of women are combining careers with families responsibilities, Maine East's Child Development class has become more relevant. And to make learning more effective, teachers are incorporating field trips and guest speakers into the curriculum as a way of making the class more interesting.

A recent field trip to Lutheran General Hospital exposed students to what bearing a child really involves. The Child Development students toured the labor and delivery rooms with a nurse who answered questions and explained how everything works for the mother and her newborn.

"It's good to see that Lutheran General has new programs for expecting mothers," says Christina Krklus, a Maine East sophomore from Morton Grove.

"I was most excited about seeing the newborn infants. Seeing the premature baby helped me realize that I should physically and mentally stay in shape while

pregnant!" exclaimed Sharri Ferdman, a Maine East junior from Morton Grove.

Seeing the babies as well as viewing the procedures involved in having a baby was what the field trip was all about.

The classroom itself prepares the Child Development students by informing them of all the nutritional and physical requirements in order to prepare one's body to have a child.

"I would like to become part of the child care field and attending the field trip helped me realize what is involved," comments Barbara Spatola, a Maine East senior from Des Plaines enrolled in Child Development.

Mrs. Margaret Wicherts, Maine East home economics lead teacher and Child Development instructor, explains, "The field trip was all about getting a realistic view of what labor really involves. I hope the students realize the importance of being in a hospital and staying healthy."

Oakton class helps college bound

"College 101," a seminar geared to increasing students' success in college, is offered this spring at Oakton Community College.

Designed to "help freshmen become sophomores," College 101 enhances academic skills, interpersonal adjustments, cultural understanding and career awareness, according to Phyllis Deutsch, director of instruction at Support Services at Oakton.

"Our goal is to help students develop techniques for college survival and success."

College 101 is offered on both Oakton campuses and morning, afternoon and evening sections are available. A special section for adults is also available.

Classes begin the week of January 19. For information and registration, call Phyllis Deutsch at (708) 635-1656.

Regina schedules placement exam

Eighth grade girls who plan to enroll at Regina Dominican High School in the fall will take placement exams from 8:15 a.m. to 1 p.m. Saturday, Jan. 9 at Regina Dominican High School, 701 Locust Road, Wilmette. Each girl should bring two #2 pencils and the \$20 testing fee. No advance registration is necessary.

A college preparatory high

school, Regina currently offers advanced placement and early college credit in 15 subjects. Computerized library and business departments, state-of-the-art biology and physics laboratories, and a newly equipped auditorium are only a few of the recent improvements in the 36-year-old school complex.

Students play in band

St. Martha School students who are members of the Notre Dame High School Community Youth Band include 4th grader Kaitlin Meyer and 6th graders Archie Lamorena, Bryan Nabong, Matt Primero and Lowell Yap. All are saxophone players.

These young musicians were in concert at Notre Dame High School and they will also participate in the National Catholic Bandmasters Association Solo Contest on March 6 at Holy Cross High School.

Basketball team members named

The following students are members of the Creative Children's Academy's 1992-93 Boy's Basketball team: Charles Carson, Scott Gregersen, Jeff Laten, David Lineal, Andrew Royal, Scott Scheele, David Wallace, Kevin Zamp of Glenview, Garret Chen of Park Ridge, Mike Craig, Casey Milligan of Park Ridge, Alex Saunders, Graham Creighton, Jason Fernandez, Tim Polko, Dan Scala, Don Schmidt, Grant Threlfall, and Hans Guderian.

The team will play other independent school teams for Chicago and the suburbs. Timothy Krenz and Charles Saad, CCA faculty members, coach the team.

Mrs. Margaret Wicherts, Maine East home economics lead teacher and Child Development instructor, explains, "The field trip was all about getting a realistic view of what labor really involves. I hope the students realize the importance of being in a hospital and staying healthy."

Res schedules entrance exams

All eight grade girls who plan to attend Resurrection High School, 7500 West Talcott, are invited to take the placement test at 8:15 a.m. on Saturday, Jan. 9.

No registration is necessary. Students are simply asked to bring #2 pencils and a pen. The test fee is \$20 and checks may be made payable to Resurrection High School.

Testing will last until approximately 12:45 p.m.

For more information, call Sister Joyce Marie at (312) 775-6616.

Notre Dame sets entrance exam

Notre Dame High School, 7655 Dempster Street, Niles will hold an entrance exam for eighth graders on Saturday, Jan. 9 at 8:15 a.m. \$20 fee is required.

Notre Dame High School is committed to serving the educational needs of the communities served by the school. In the spirit of the Congregation of Holy Cross and the tradition of the school, Notre Dame reaffirms its commitment to furthering an educational environment that is Catholic, college preparatory, and developmentally sensitive to the needs of young men in today's world.

Call (708) 965-2900 or in Chicago (312) 267-8554 for further information.

Offer Suzuki piano course

The Music Center of the North Shore is offering a course in Suzuki Piano Pedagogy, Level 1 B. The course will meet Jan. 27, Feb. 3, Feb. 17, March 3, March 17, and April 7, from 9 to 10:30 a.m. and 11 a.m. to 12 p.m. at The Music Center, 300 Green Bay Road, Winnetka.

The fee for the course is \$200. There is a registration fee of \$15 for new students at The Music Center of the North Shore. For more information, call Gilda Barston at (708) 446-3822.

Oakton offers free marketing seminar

Oakton Community College invites the community to a free seminar on Marketing in the 90's on Thursday, Jan. 7, from 7 to 8:30 p.m. in Room 1540 at the Des Plaines campus, 1600 E. Golf Rd.

Featured guest speakers include Christian Brickman, Business Development Director for Nutrasweet, Russ Dahl, division manager for Richardson Electronics, Jeanne Garrett, chairman of the Chicago area Direct Marketing Association and Jeffrey Heilbrunn, president of the

American Marketing Association.

The seminar focuses on the 4 P's - product, place, promotion and price. Also highlighted are eight new certificate programs in marketing management, promotion management, sales management, business to business management, direct marketing, professional selling, retail management, and retail mall management.

For more information, contact Sue Cisco, marketing department chairperson at (708) 635-1910.

Hold preschool registration

Registration for nursery school and day care at the Mayer Kaplan Jewish Community Center (JCC), at 5050 W. Church Street, Skokie, begins Monday, Jan. 25. Nursery school classes at JCC are for children ages two and one-half to five years with a variety of days and times to choose from. Day care children are ages two to five-years-old.

The Jewish heritage is incorporated throughout the preschool curriculum. Shabbat is enjoyed each week, and holidays are celebrated and taught throughout the year.

JCC's preschool facilities have equipment especially selected to offer correct size, safety, and eye appeal to young children. There is a playground designed for safety and fun, a gym for physical activities and a swimming pool for swim lessons.

For information about JCC's preschool programs, or to register, call Debbie Heifetz at (708) 675-2200.

Oakton offers real estate classes

The Real Estate Institute of Oakton Community College is offering several types of approved real estate courses required for licensing and license renewal.

Precursing courses leading to the salesperson's or broker's license are available starting Jan. 19, daytime or evenings at Oakton's Des Plaines, 1600 E. Golf Road and Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. Courses last for eight or 16 weeks.

Several continuing education courses are offered on Friday evenings or Saturday mornings at the Des Plaines campus. Twelve

hours of these courses are required to renew a license with the Illinois Department of Professional Regulation.

Oakton is offering three New Real Estate Appraisal courses for the Illinois Residential Appraiser's license. Eight week classes are held on Tuesday and Thursday evenings at the Ray Hartstein Campus.

All day review classes are offered on Saturday once a month for those preparing to take the salesperson or broker examinations.

For more information, call the Real Estate Institute Chairman John Michaels at (708) 635-1776.

Meteorologist visits Nelson School

Channel 7's meteorologist, Andy Avalos. As he showed slides, Mr. Avalos discussed the causes of weather, especially weather in this area. He stressed severe weather that may occur, and the students paid close attention while he explained safety precautions necessary during severe weather situations.

The fifth graders left with a deeper understanding of the weather, and how to insure their safety if a severe storm or tornado should occur.

Nelson School is located at 8901 N. Ozanam in Niles, and is one of four elementary schools in East Maine District #63.

Mark Twain announces superstars

Mark Twain School in Niles announced the new group of Mark Twain Superstars! This honor is given to students who have made outstanding progress in all four fields of Achievement, Effort, Citizenship and Sportsmanship.

The students who have attained this status are First Grade - Stephanie Brown, Stacy Fullitt, Maria Santos, Jane Soderling, Shannon Spector, Second Grade - Robin Drell, Janet Han, Jennifer Hwang, John Olken, Amol Raval.

Third Grade - Nathan Hoops, Neil Jardeleza, Yeele Jo, Nicholas Pipikios, Matthew Rosen, Rachel Thomas, Melissa Weiser. Fourth Grade - Jessica Hahn, Linda Park, Fifth Grade - Ceryle Beltran, Christopher Ceja, Ben Hwang, Debbie Yoon. Sixth Grade - Kelly Hugh, Michael Huynh, Sopyla Kokonos, Isabel Lazar, Daniela Slayton, Megan Volpert.

Mark Twain School is located at 9401 Hamlin Avenue in Niles and is one of six schools in East Maine School District #63.

Read a Thon to benefit MS

Edison School in Morton Grove, Middleton School in Skokie and Immanuel Lutheran, St. Mary School in Des Plaines are participating in the 1993 MS ReadAThon program sponsored by the Chicago-Greater Illinois Chapter of the National Multiple Sclerosis Society. The emphasis of ReadAThon is to teach disability awareness, promote literacy and encourage community involvement among children ages 6 to 13.

In addition to B.J. Armstrong and the Chicago Power, ReadAThon is sponsored by Walgreens, Sylvan Learning Center, WPNT Radio, SportsChannel, Connie's Pizza, Santa's Village, Turbo Technologies, Inc., Dairy Queen, White Castle, Albert Whitman Publishing Co. and Tempel Lipizzan Horse Farm.

Inquiries about the ReadAThon reading program from teachers and parents are welcomed by Kathy Horky, program coordinator, at the MS office (312) 922-8000 or 1-800-922-0484.

B.J. Armstrong of the Chicago Bulls is this year's ReadAThon spokesperson. The ReadAThon participant who raises the most money will have the opportunity to meet B.J. and see a Chicago Bulls game.

The Chicago Power professional soccer team is also a sponsor of ReadAThon. Each child who completes the program receives a free ticket to a home game.

The ReadAThon reading program is introduced in participating schools with a disability awareness assembly explaining how the program works and what it accomplishes. Children are encouraged to seek sponsors who will pledge a certain amount to MS for each book the child can read in a specified time period.

The assemblies are conducted in January and February with a deadline of March 19 for pledges collected. The money raised goes toward MS research and service programs for the Society's 10,000

members.

The ISSA is searching for creative high school students who wish to have the opportunity of working with outstanding professional artists and teachers, investigating the arts within an innovative and exciting interdisciplinary curriculum, developing insight into several art forms, transforming ideas from one art form to another (theater to music, movement to visual arts, etc.) as well as making friends with other talented students from across the State.

Application materials are available now. For further information, call (309) 438-7762 immediately. The deadline for applications is February 19, 1993.

To receive full consideration for 1993-94 academic year scholarships, applications should be submitted by March 1, 1993.

Scholarship recipients also will be eligible for stipends to support participation in research projects at IIT, and off campus at participating medical and research facilities.

For more information, call (312) 567-3025 in Chicago or 1-800-448-2329 outside Chicago.

Apply now for seminar school for the arts

High school students from every region of the State who are interested in Creative Writing, Media Arts, Movement & Dance, Music, Theater or Visual Art can apply now to the Illinois Summer School for the Arts (ISSA).

The ISSA is an innovative two-week in-residence arts program for high school students held annually at Illinois State University (ISU), Normal, IL. This summer's sessions will be held from July 18 to August 1, and is open to high school students who will complete grades 9, 10 or 11 by June.

The ISSA is searching for creative high school students who wish to have the opportunity of working with outstanding professional artists and teachers, investigating the arts within an innovative and exciting interdisciplinary curriculum, developing insight into several art forms, transforming ideas from one art form to another (theater to music, movement to visual arts, etc.) as well as making friends with other talented students from across the State.

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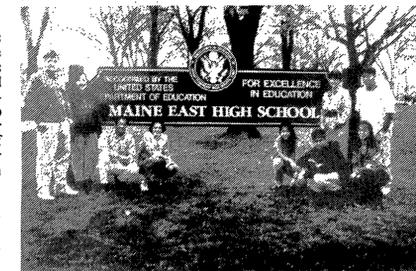
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Application materials are available now. For further information, call (309) 438-7762 immediately. The deadline for applications is February 19, 1993.

School News

Students raise funds for school sign



Student organizations at Maine East contributed money to fund the school's Excellence in Education sign erected on the Dempster Street campus. (Front, l-r), Ugnesh Thakkar of Des Plaines, Graphic Arts Club president; Renee Button of Niles, French Club president; Adnan Jafer of Glenview, Senior Class president; Erika Beil of Niles, Junior Class president; Josephine Lee of Morton Grove, Korean Club president; Mrunil Champaneeri of Des Plaines, National Honor Society president; and Ewa Dembowska of Morton Grove, yearbook co-editor. (Back, l-r), Maine East Principal Carol Grenier and Tossaporn Bhudvanbhen of Des Plaines, yearbook co-editor.

Niles schools set pre-school screening

All school districts in Niles Township will be conducting free developmental screening during the months of January and February 1993, for all children who are 3 and 4 years of age. This annual screening is held to assess a child's general development and to detect any problems or delays in vision, hearing, motor, cognitive, social-emotional and/or speech and language development.

Members of the special services team will conduct the screening and will provide feedback to parents as to their child's performance. The screening is done informally and children generally enjoy the process.

This screening is strongly recommended. Educational problems identified at an early age can often be corrected. If the screening identifies educational needs, services are available in the township.

Pre-school children screened last year can be re-evaluated this year. All children living in any of the nine Niles Township School Districts are eligible. There is no charge for this service. The screening requires about 45 minutes to complete.

District # 67/Hynes School; January 20, 21, 22 contact Pat Steinman at 965-4500; District # 68/Highland School, February 6, 20, contact Rita Weinstein at 676-9380; District # 69/Madison School, February 8, 9, 10, contact Ellen Levin at 675-3048; District #71/Niles Elementary, January 11, 12, 14, contact Kathleen Panke at 647-9752; District # 73/East Prairie School, February 23, 24, contact B. delTorres at 673-1141; District # 73.5/Middleton School, February 22, 23, contact Beverly Gothel at 673-1222; and District #74/Todd Hall February 16, 17, 18, 19, 22, contact Kathy Koziol at 675-8235.

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Church & Temple News

Local churches raise money for needy

Churches in Niles and Park Ridge raised \$10,000 in their recent CROP Walk for Hunger. The Maine Township Food Pantry will receive \$2,500 and the remainder will be distributed by Church World Service, which is the disaster relief, development, and refugee resettlement arm of the National Council of Churches of Christ in the USA.

Nine churches and 130 walkers participated in the event: Our Lady of Ransom, Niles Community Church, First Methodist of Park Ridge, Messiah Lutheran,

Redeemer Lutheran, St. Anselms, Park Ridge Community Church, St. Paul of the Cross, Morton Grove Community Church, and the OLR Connection (the young adults of OLR and Our Lady of Perpetual Help).

The event was a success thanks to all the walkers, sponsors, donors, promoters, and St. Luke's of Park Ridge, Oak Mill Mall, and Our Lady of Ransom - for offering their locations as rest stops and providing refreshments during the 10K walk for hunger.

Churches celebrate Christian unity

A worship celebration of Christian Unity will be held on Wednesday evening Jan. 20 at 7:30 p.m. at First Edison Park United Church of Christ, 6675 N. Oketo Ave., Chicago.

This will mark the fourth year that protestant, catholic and anglican churches have gathered to celebrate their common faith.

The service will feature a eucumenical choir that will rehearse at the church at 6:30 p.m. Offering from the service will be directed to Church World Service, an interdenominational world relief agency ministering locally and around the world.

Participants in the worship will represent various church traditions from Edison and Norwood Park congregations with the sermon being preached by the Rev. Dr. W. Sterling Cary, Illinois Conference Minister of the United Church of Christ. Dr. Cary brings to the worship celebration a national as well as local focus. Dr. Cary is past President of the National Council of Churches, the nation's largest ecumenical church body representing 33 Protestant, Orthodox and Anglican communions.

Communications scholarship offered

Catholic High School seniors and Catholic students in Cook and Lake County public high schools interested in pursuing a communications-related college degree are invited to apply for the Cardinal's Communications Scholarship.

This scholarship, a \$3,000 tuition grant renewable for three years, is available to a "B" average or an approved college or university, has supported promising young students for 23 years. One scholarship is awarded each year on the basis of merit and a project submission.

To qualify, a candidate must be a projected 1993 graduate of a Catholic high school in Cook and Lake County. Catholic seniors in Cook or Lake County public high schools may also apply, provided

Bar Mitzvah

JASON SHAPIRO

Jason David Shapiro, son of Joyce and Steven Shapiro, was called to the Torah in honor of his becoming a Bar Mitzvah recently at Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove.

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New Year's eve worship set at St. John Lutheran

The members of St. John Lutheran Church, 7429 Milwaukee Avenue in Niles, will join together for a New Year's Eve Communion Service at 7:30 p.m. on Thursday, Dec. 31.

The theme for this Service will be "possibly Our Best Year" based on Isaiah 60:1. As 1992 ends and everyone looks forward to 1993, it is good to pause and give thanks to God for past blessings and then to move confidently into the new year, knowing that God goes along.

All members of the community are invited for this time of worship and praise. For further information, call the church office at (708) 674-9867.

B'Nai Zion sets services

Congregation B'Nai Zion, Jewish Conservative, 1447 W. Pratt Blvd. will hold Minyan services Monday and Thursday at 7 a.m., weekly Saturday morning services at 9:30 a.m. and late Friday evening services the first Friday of each month at 8:15 p.m. preceded by Kasher dinner served at 6:30 p.m.

Sunday morning services are at 8:45 a.m. followed by breakfast, program and discussion. A nominal donation is required for breakfast.

Kabbalat Shabbat services set

On Friday, Jan. 1 Niles Township Jewish Congregation will have a 6 p.m. Kabbalat Shabbat service. On Saturday morning, Jan. 2 Shabbat services will begin at 10 a.m.

Services will be led by Rabbi Neil Brief and Hazzan Shlomo Shuster.

For further information or membership information, call (708) 675-4141.

Offer Hebrew lessons

Congregation B'Nai Zion, 1447 W. Pratt Blvd. offers classes in conversational Hebrew and familiarity with Hebrew prayers every Sunday at 11:30 a.m. to 12:30 p.m. in Gerstein Lounge. Everyone is welcome. For information call (312) 465-2161.

Enroll in early childhood center

Enrollment for Congregation B'Nai Jehoshua Beth Elohim's Early Childhood Center's 1993-1994 school year began on January 4 for currently enrolled students and begins January 15 for new students.

The Center is located at 901 Milwaukee Avenue, Glenview.

The BJBE Early Childhood Center offers a variety of programs for children and their parents, weekdays and Saturdays. Programs include a parent-child drop-in for children 6 months to three years old, parent-toe classes for children 18 months to 36 months, transition classes for 2 year olds and pre-school for 3 and 4 year olds.

For more information or to set up an appointment to observe, please contact Sandy Robbins, Director, at 729-7575.

OBITUARIES

Eugene A. Kawiecki

Eugene A. Kawiecki, 70, of Niles, died on Dec. 6 at the Veteran Administration Hospital. Mr. Kawiecki was born March 15, 1922 in Chicago. He was the husband of Sylvia Kawiecki, brother of Lorraine (Robert) Ness, step-brother of Felix Ptak, Casey Ptak and Claire Magiera. Funeral services were held Dec. 9 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery.

Charlotte F. Hundrieser

Charlotte F. Hundrieser (nee Buhr), 76, of Niles, died on Dec. 8 at Lutheran General Hospital. Mrs. Hundrieser was born Jan. 11, 1916, in Chicago. She was the wife of Eugene Hundrieser, sister of Eleanor Loherty, the late Walter, Fred, Gilbert and Linda Buhr. Funeral services were held Dec. 11 at St. Juliana Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Eden Memorial Park, Schiller Park.

Ruth Emma Shudes

Ruth Emma Shudes (nee Siebel), 70, died on Dec. 12 at St. Elizabeth Hospital. Mrs. Shudes was born on Jan. 31, 1922 in Sterling, Colorado. She was the mother of Ronald (Pan) Shudes and Roger (Georgette) Shudes, grandmother of Jennifer, Karen, Steven, Kevin and Alan Shudes. Sister of Eleanor (George) Forslin, Mary (John) Schroeder, Molly Mehdorf and Ann (Adam) Heft. Funeral services were held Dec. 17 at Skaja Terrace Funeral Home. Interment was in St. Lucas Cemetery, Chicago.

Everest Siwietz

Everest Siwietz, 78, of Lincolnwood, died Dec. 13 at St. Francis Hospital. Mr. Siwietz was born Aug. 14, 1914 in Chicago. He was the husband of Regina (nee Ludtke), father of Adrienne (Bruce) Heiser, grandfather of Deborah, Bryan, Brenda and David Heiser. Brother of Evelyn (Burdette) Michael. Funeral services were held Dec. 17 at Queen of All Saints Basilica. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Mausoleum, Niles.

Delores Nicholson

Delores Nicholson (nee Piefer), 65, of Glenview, died on Dec. 14. Mrs. Nicholson was born April 14, 1927 in Chicago. She was the wife of Albert Nicholson, mother of Bruce (Kim) Nicholson and Gail (Joe) Pisula, grandmother of Jennifer, Brian and Justin. Funeral services were held Dec. 16 at Skaja Terrace Funeral Home. Interment was in Montrose Cemetery, Chicago.

John B. Douglas

John B. Douglas, 72, of Niles, died on Dec. 18. Mr. Douglas was born Sept. 11, 1920 in Chicago. He was the husband of Irene (nee Kosiek) Douglas, father of Arlene Grzesiak, Judy (Richard) Sloan, Joan (Keith) Foley, Wayne Douglas, Gail (John) Meisig and Brian Douglas. Brother of Allen (Ruth) Douglas and Pearl (Earl) Bannister, grandfather of 9. Funeral services were held Dec. 21 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

Lawrence E. Esch

Lawrence E. Esch, 70, formerly of Niles, died on Dec. 16 in Shakopee, MN. Mr. Esch was born Jan. 14, 1922 in Chicago. He was the father of Nancy, Kenneth and Lawrence Esch, brother of Jack (Violet) Esch and Ruth Ninaber. Funeral services were held Dec. 22 at Skaja Terrace Funeral Home.

Adeline T. Krazinski

Adeline T. Krazinski (nee Zimny), 75, of Niles, died Dec. 10 at Lutheran General Hospital. Mrs. Krazinski was born Oct. 16, 1917 in Chicago. She was the wife of Edwin, mother of Veronica (Peter) Seiler, John Krazinski, Marcia (Richard) Wysocki and Rita (John) Peterson. Grandmother of 6. Funeral services were held Dec. 14 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

Honesto C. Pasia

Honesto C. Pasia, 83, of Rush North Shore Hospital. Mr. Pasia was born Sept. 5, 1909 in Cuenca, Philippines. He was the husband of Erlinda (nee Gomez) Pasia, father of Dante (Letty) Pasia, Rolando (Reden) Pasia, Tito (Chito) Pasia, Flor Salamat, Robert (Eleanor) Pasia, Alfredo Pasia, Pete (Malou) Pasia, Opel (Nestor) Aguilera and Edna Pestano, grandfather of 23. Funeral services were held Dec. 17 at St. Martha Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

Henry Behrends

Henry Behrends, 86, of Niles, died Dec. 18 at Belmont Community Hospital. Mr. Behrends was born Nov. 10, 1906 in Wykaufwick, Germany. He was the husband of Florence (nee Rindfleisch) Behrends, father of Jack Behrends, grandfather of Barbara (Warren) Pugh and Jacqueline Behrends, brother of Ocke (Elsa) Behrends. Funeral services were held Dec. 22 at Skaja Terrace Funeral Home. Interment was in Ridgewood Cemetery, Des Plaines.

Dominic G. Ennuso

Dominic G. Ennuso, 76, of Morton Grove, died Dec. 21. Mr. Ennuso was born July 29, 1916 in Mt. Morris, New York. He was the husband of Florence (nee Tomasiak) Ennuso, father of Victoria (Joseph) Faulisi, grandfather of Joseph Faulisi, Jr., Eileen (Joseph) Khasno and Diane (Jerimey) Quattrochi. Brother of Caroline Ennuso, brother-in-law of Daniel Meccia and Rose Sitarz. Funeral services were held Dec. 24 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Queen Of Heaven Cemetery, Hillside.

John B. Douglas

John B. Douglas, 72, of Niles, died on Dec. 18. Mr. Douglas was born Sept. 11, 1920 in Chicago. He was the husband of Irene (nee Kosiek) Douglas, father of Arlene Grzesiak, Judy (Richard) Sloan, Joan (Keith) Foley, Wayne Douglas, Gail (John) Meisig and Brian Douglas. Brother of Allen (Ruth) Douglas and Pearl (Earl) Bannister, grandfather of 9. Funeral services were held Dec. 21 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

Group plans new year shape-up

Physically disabled adults can shape up for the New Year at a post-holiday exercise program at 7:30 p.m. Thursday, Jan. 7, in the Maine Township Town Hall, 1700 Ballard Road, Park Ridge. Graham and Linda Hills, special needs program coordinators at the Lattof YMCA in Des Plaines, will lead exercises especially suited to persons with different types of disabilities to help them prepare for a healthy 1993.

The program is one of a series of special events and informative programs co-sponsored monthly

by A-SCIP, a support group for the disabled, and Special People Inc., a service organization. Meetings are held on the first Thursday of every month at the Maine Township Town Hall, which is accessible to the handicapped. Guests and new members are always welcome.

For more information on this or other programs for the disabled, contact Maine Township Disabled Services Coordinator Donna Anderson at 297-2510, ext. 229, or Special People Chairman Ken Krause at 827-1893.

Set Jewish fund drive

Chicago's Jewish community is mobilizing for "JUF in January," a city-wide phonothon starting on Sunday, Jan. 24, that will launch the 1993 Jewish United Fund's multi-million dollar campaign.

Chairman Mark Chudacoff, Scott Newberger and Ellen Steinberg hope to raise millions of dollars for the JUF-Israel Emergency Fund and Continuing Operation Exodus campaigns in five days of telephoning at nine sites in Chicago and suburbs. For

information, reservations call Amy Stern at (312) 444-2914.

Lost jobs, reduced hours and forced retirement have hit some 5,000 Chicago area Jewish families, the chairmen said.

Financial pressures on the Jewish elderly whose savings no longer earn adequate income, reduced government supports and the arrival here of more than 300 Soviet Jewish refugees a month are also straining local JUF-supported agency resources.

JCC sets Sunday family days

Games and activities for the entire family are scheduled for Family Sunday Sundays at the Mayer Kaplan Jewish Community Center (JCC), 5050 W. Church St., Skokie. The dates to remember are: January 10, 17, 24, and 31; February 7, 14, 21, and 28; March 7 and 21. The times of the Family Sundays are from 1 to 4 p.m.

The gym will be set up with equipment for climbing and obstacle courses. Different activities will be planned for each week. Participants can also use the pool for open swim. Parents must accompany children as the emphasis is on play areas, rather than organized games.

Family Funday Sundays are free to JCC members; \$2 for non-members. For more information, call the Early Childhood Department at (708) 675-2200.

NWSRA lists winter activities

The Northwest Special Recreation Association provides recreational programs and services for people with special needs. A variety of winter special events are offered for all ages and ability levels. Some of the activities planned include: Parent Night Out, January 15 for all children; Beach Party, January 16 for adults 18 years and older with mental impairments; Museum of Science and Industry and Omni-ma Theater, January 25 for all children and teens; 50's Sock Hop, February 10 for adults 18

years and older with mental impairments; Unbirthday Party, February 12 for all children, and Kidnastics, March 1 for all preschool children.

NWSRA winter programs begin Tuesday, Jan. 19. Brochures are available at your local park district or through the NWSRA office at 3705 Pheasant Dr., Rolling Meadows.

For more information on special events and programs, call Northwest Special Recreation Association at (708) 392-2848.

Seek original poems for contest

Sparrowgrass Poetry Forum Inc. is offering a grand prize of \$500 in its new "Distinguished Poet Awards" poetry contest. Thirty-four other cash awards are also being offered. The contest is free to enter.

Poets may enter one poem only, 20 lines or less, on any subject, in any style. Contest closes January 31, 1993, but poets are encouraged to submit

their work as soon as possible, since poems entered in the contest also will be considered for publication in Treasured Poems of America, a hardcover anthology. Prizes will be awarded by March 31, 1993.

Poems should be sent to Sparrowgrass Poetry Forum Inc., Dept. NT, 203 Diamond Street, Sistersville, West Virginia 26175.

Legion donates gift certificates

The American Legion, Niles Auxiliary Post 29 and its Ladies Auxiliary again this year donated Jewel Gift Certificates to Niles Family Service. These certificates will be distributed to families in crisis this holiday season.

The American Legion branch and member, Thaddeus Odahowski, has been consistent each year in bringing a little extra joy to the needy families in the community.

Orchard Village needs volunteers

This year, make a New Year's resolution to volunteer! Volunteer tutors are needed for a new Literacy Program at Orchard Village, a residential and vocational training community for persons with developmental disabilities in Skokie.

The literacy classes for Orchard Village residents will be held at Oakton Community College's Skokie campus on Monday and Wednesday evenings, beginning January 13, 1993. For more information, please call (708) 967-1800.

Seek foster parents

Children who have been abused or neglected need foster parents who will make a positive difference in their lives. Many individuals and families in this area have given their time and energy to these children, but more are needed.

The number of children requiring substitute care is increasing. Social workers provide services and support to the foster family and foster child throughout the child's stay in the home. Individuals of all social, ethnic and religious backgrounds are needed.

Information on how to become a Catholic Charities Foster Parent will be presented at a meeting at Catholic Charities Northwest Suburban Office, 1911 Rohlfing Road, Suite E, in Rolling Meadows. The meeting will be held at 7:30 p.m. on Thursday, Jan. 21.

For additional details, call Amy Kendal, use (312) 876-2261 if calling before January 15, and (312) 655-7200 beginning January 19.

Park sponsors animal escapades

Emily Oaks Nature Center is home to lots of weird and wonderful animals - bats, frogs, butterflies, raccoons, foxes, squirrels, owls, snakes and more! Each week during Animal Escapades children in grades one and two will get to know a different wild critter and discover its winter ways.

Activities include games, outdoor adventures, related craft projects, and snowshoeing, weather permitting, and meeting some of these incredible animals face-to-face. Come prepared to spend time outdoors.

The class is held at Emily Oaks Nature Center from 4 to 5:30 p.m. The fee is \$49 for resident, \$61.25 for non residents.

Session A will be held on Monday, Jan. 11 through March 15 and Session B will be offered on Tuesday, Jan. 12 through March 2.

For more information, call 677-7001.

Library hosts Endangered Species Club

The Lincolnwood Public Library's popular new Endangered Species Club for kids meets on the last Saturday of each month at 2 p.m. at the library, 4000 W. Pratt Ave. Led by Kathleen Visovatti, the members learn the plight of endangered creatures and discuss what can be done to raise awareness and to prevent their demise.

Registration is required and is ongoing and open to Lincolnwood residents only. Call (708) 677-5277.

JCC summer camp registration begins

Registration for 1993 summer camps at the Mayer Kaplan Jewish Community Center (JCC) will begin on Monday, Dec. 14 at the center, 5050 W. Church St., Skokie. Registration hours on Monday, and on weekdays thereafter, will be 8:30 a.m. to 5:30 p.m.

Camping programs for preschoolers include "Mom and Tot Camp" for children ages 16 months to three years with their mothers, "First Timers Camp" for children who reach age two-and-a-half before June 1, 1993; and "Camp K'Ton Ton" for children ages three and four. Preschool camps begin Monday, June 21 and continue for eight weeks.

Camps for school-age children including "Camp Godel" for children entering kindergarten, "Camp Chaverim" for children entering first through fifth grades, and "Sports Camp" for children in third through seventh grades who have a special interest in sports. Both four- and eight-week sessions are available for

these camps. The first session begins Monday, June 21; the second session begins on Monday, July 19.

For children in kindergarten through fifth grades, a pre- and post-camp program will be available from June 14-18 and August 16-20.

In addition, the center will sponsor a new one-week "Summer Basketball Camp" for enthusiasts in third through seventh grades who wish to sharpen their skills and play three-on-three and full-court games. The camp will be presented from 9:30 a.m. to 3 p.m., August 16-20.

Teens entering sixth through tenth grades may participate in the "Counselor-in-Training" program. Participants may sign up for two week sessions during the summer.

All JCC camps are closed on Monday, July 5. For more information about JCC camping programs for summer, 1993, call the JCC at (708) 675-2200.

Discover winter at River Trails

Active, outdoor children who want to be involved in something more than Saturday morning cartoons may register for Winter Discovery at River Trail Nature Center, Northbrook, this January.

Cook County forest preserve naturalists will lead a variety of outdoor discovery activities on Saturday, Jan. 9 through 30, from 9 to 11 a.m. Children will take hikes to look for tracks and other animal activity, watch and learn about birds and make their own bird feeders, learn how plants sur-

vive the winter, and more. Snacks and games will add to the fun.

This program is free and open to children from 7 to 12 years old. Space is limited and pre-registration in person is required. Participants should plan to attend all four Saturdays as activities will be co-ordinated from one session to the next. Proof of age may be requested.

River Trail Nature Center is at 3120 Milwaukee Ave., Northbrook. Phone (708) 824-8360 for registration or information.

Jazz ensemble now forming

Under the direction of Dr. Ron Surace from Jacksonville State University, the Morton Grove Park District will be holding open auditions to form the Morton Grove Jazz Ensemble.

Individuals of all ages are invited to audition which will con-

sist of scale playing and reading. Experience in jazz music is desirable but not a requirement. Instruments needed include saxophone, trumpet, base drums, vibraphone, guitar, and piano.

For further information, call Dr. Surace at 475-2897.

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Police News

Sheriff drug testing policy for sworn employees

Cook County Sheriff Michael F. Sheahan announced plans to implement the first-ever random drug testing program for sworn personnel throughout all departments of the Sheriff's Office.

Under the terms of the program, which is scheduled to begin in the first quarter of 1993, 20 percent of all sworn personnel will be tested each year for drug use. Employees to be tested will be selected on a random basis.

The 4,800 sworn employees in the Sheriff's Office include Correctional Officers, Deputy Sheriffs and Sheriff's Police Officers. All Supervisory and command personnel will also be subject to testing.

To demonstrate his commitment to the program, Sheahan said he and his management team will be the first to be tested when the program begins.

"As a law enforcement agency, it is imperative that we not only combat drugs in the community but that we implement a strict drug testing program and demand a drug free work force," Sheahan said.

Psychic speaks

Mel Doerr, a psychic consultant often referred to as the "policeman without a badge," speaks about his work on kidnapping and murder cases in a free lunch-time lecture on Friday, Jan. 8, in the J.C. Penney Room at the Northbrook Court Mall, 1555 Lake Cook Road, Northbrook.

Doerr is known to demonstrate 90 percent accuracy on future predictions. Anecdotes about his work with famed psychic Peter Hurkos are discussed.

For more information, call Bea Cornelissen at (708) 635-1812.

Burglary

Between Dec. 25-26, persons unknown broke a basement window to enter a residence in the 8100 block of Oak St., Niles. They took a color TV, electric power pump and two stereo speakers from the basement, then damaged the door jamb when they tried to force open a first floor door fastened with a dead bolt lock. The homeowner estimated his losses at \$1,050.

Retail theft

Police charged an Evanston woman, 29, with retail theft after agents for Kohl's, Golf Mill saw her take shoes valued at \$75. She was placed on \$1,000 bond and given a Jan. 29 court date.

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Security guard found dead

A 39 year old Chicago man, a security officer for a firm in the 5700 block of Touhy Avenue, Niles, was found face down in a room next to the company's guard shack the morning of Dec. 24. Niles paramedics took him to Resurrection Hospital, Chicago, where he was pronounced dead. The Cook County Medical Examiner's office listed a ruptured aneurysm as the cause of death.

Battery/criminal damage to property

Dec. 24, a Florida man, 28, became agitated when a car pulled into the space he was waiting for in a lot in the 8900 block of Greenwood Ave., Niles. The man got out of his car and kicked the other car, a 1992 Toyota Camry driven by a Glenview woman. When the woman's passenger, her daughter, 27, got out, the man took hold of her and shook her, then spat towards the mother.

Police charged the man with battery against the daughter and with criminal damage to property because of the estimated \$150 damage done to the Toyota. The man, who was also wanted on a bond forfeiture in Wheaton, IL, has a Jan. 21 court date.

DUI

December 23, police responded to an accident at Milwaukee and Ozanam Avenues in which a 1990 Honda driven by a Morton Grove woman, 19, collided with a 1988 Honda driven by a Chicago woman, 31. The Chicago woman left the scene, but was stopped in the 8500 block of Ozark Avenue. The woman reportedly needed help to stand and a bottle of whiskey was found in her car, but she was taken to Lutheran General Hospital, Park Ridge because of her injuries. She was charged with driving under the influence of alcohol, making an improper left turn, failure to yield when turning left, failing to give aid or information and for not having a driver's license on her person.

She was placed on a \$3,000 recognition bond and given a January 22 court date.

Wallet theft

A woman in her mid-20s who applied for a job in a tanning parlor in the 9100 block of Golf Road, Niles, Dec. 21 is suspected of taking a sales clerk's wallet from behind the counter when the clerk walked away. The woman left her supposed name and address in Des Plaines at the desk, but police investigation proved they were false identification. The clerk's wallet contained \$70, identification and credit cards.

Offer training sessions to parents

Parents of children with special education needs, who need information on their children's education rights can attend a free Special Education Rights Training Session every Tuesday 9:30 a.m. to 11 a.m.; the second Tuesday evening, 6 p.m. to 9:30 p.m.; or the fourth Saturday of each month, 9:30 a.m. to 1 p.m., at the Family Resource Center on Disabilities, 20 E. Jackson Blvd., Room 900, Chicago, Illinois 60604.

Pre-registration, and confirmation is required for this free service. In addition to training, FRCD provides free information, referral services, a volunteer trainers workshop and free printed materials (in English and Spanish).

The purpose of the Special Education Rights Training sessions is to inform parents about the free services the public schools must provide by law to children with disabilities, ages 3 to 21, and options parents have if needed services are not available.

The Family Resource Center on Disabilities will provide Special Education Rights Training sessions to parents and their professional helpers, in their community, upon request from parent organizations, schools, and social service agencies.

Additional training topics include: Assertiveness training, Transition and Futures Planning, and Early Intervention Services. For more information call (312) 939-3513 (Voice) or (312) 939-3519 (TDD).

DUI/resisting a peace officer/BAC over .10

In the early hours of Dec. 25, a patrolling Niles officer saw a car southbound on Milwaukee Avenue suddenly veer into the oncoming traffic, correct itself, then continue to weave in southbound lanes from the 8500 block to Oakton Street. When the officer activated his masts lights, the car accelerated to 60 miles per hour in a 35 zone, ran a red light at Howard Street, then stopped at Harlem Avenue, when squad cars formed a roadblock. The car driver, a

Suspicious car

A 27 year old Chicago woman parked her 1980 Dodge Shadow in the Chi Chi's restaurant lot at Golf Mill before noon Dec. 21. When she returned at 9 p.m. her car was missing from that space, but was found parked elsewhere, near Sears. The car was not damaged and nothing was missing, but 115 miles had been added to the odometer.

Petite thefts

Dec. 26, a Glenview woman, 60, was stopped when she attempted to leave Woolworth's, Golf Mill without paying for craft supplies valued at over \$41. She paid her \$50 fine on the scene.

A 17 year old Des Plaines woman was apprehended Dec. 21, when she tried to leave without paying.

Networks agree to standards on TV violence

In a breakthrough for movement toward industry-wide efforts to reduce violence on television, U. S. Sen. Paul Simon, D-IL, announced that ABC, CBS and NBC have agreed to joint standards on entertainment TV violence that will guide programming on the networks.

The networks invoked the anti-trust exemption in the two-year-old Television Violence Act to draft and implement the standards, which draw upon their separate existing guidelines. The Television Violence Act, authored by Simon, exempts the television industry from antitrust limits to allow industry self-regulation to scale back depictions of violence in entertainment programs, through development of common standards.

Illinois Air guardsmen to support Somalia relief

Gov. Jim Edgar today announced that two Illinois Air National Guard flight crews at O'Hare International Airport in Chicago will fly refueling missions for airplanes delivering relief supplies to beleaguered Somalia.

Once again, the men and women of the Illinois Air National Guard are responding to the call of their country for assistance," the Governor said. "We are proud that our Guard personnel will again be fulfilling their mission and helping in the humanitarian efforts to aid the starving people of Somalia."

The Illinois airmen are members of the Illinois Air National Guard's 126th Air Refueling Wing based at O'Hare, said Maj. Gen. Donald W. Lynn, Illinois National Guard adjutant general.

The 14 volunteers are part of two crews flying a KC-135 "Stratotanker" aircraft to their base of operations at Moron Air Base, Spain, where for the next

two weeks they will be performing air-to-air refueling missions. While flying out of Spain for the next two weeks, the airmen will work with a "Tanker Task Force" organized by the Air Guard unit's higher headquarters -- the U.S. Air Force Material Command.

"This is a response to a request for volunteers that came from the National Guard Bureau in Washington, D.C.," Lynn added. "No other Illinois Army or Air National Guard units have been tasked by the U.S. Department of Defense with missions relating to the Somalia relief effort. However, Lynn said the Illinois National Guard stands ready to respond should additional volunteers be needed."

Theft

In a grocery store lot in the 7800 block of Waukegan Road, Dec. 26, an Evanston woman, 29, was putting her grocery bags into her car when a youth 17 or 18, wearing a Blackhawks jacket grabbed her purse from her shoulder and ran towards the northwest part of the lot. The woman lost the \$350 and \$150 in food stamps she carried in her purse.

When agents for Kohl's, Golf Mill stopped a Chicago man, 23, for taking shorts valued at \$53 without paying, the man admitted his guilt and paid his "P" ticket fine on the scene.

Puppets for Susan Bass Marcus will bring her troupe of star puppets on stage one Sunday each month to share the secrets of archaeology through fables, bible stories and legends from ancient Israel. The puppet shows are scheduled for January 17, February 21, March 21, April 11 and May 16.

"The Rooster Prince," opens the series on Sunday, Jan. 17 and closes it on Sunday, May 16. It tells the story of a wise old man who teaches a young Jewish prince how to be a man - a mensch - and how to become a great king.

"Run for the Hills," (Sunday, Feb. 21) presents two tales about young David of Israel. In each tale, the dark shadows of the caves near Ein Gedi in Israel hide David from the wrath of King Saul.

"What the Wind Did," (Sunday, March 21) is a legend from the time of King Solomon about a poor, but kind woman who loses her last grains of wheat for making bread to the tricky wind but nonetheless wins a great treasure.

"If Happened in Egypt," (Sunday, April 11) tells of baby Moses' wise sister Miriam and his brave mother Yocheved, who outfit the pharaoh, save Moses' life, and begin the story of the Israelites' journey to freedom.

Performances for the January 17, February 21, March 21 and May 16 shows are at 1 p.m. and 3 p.m. Performances for the

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Holiday Inn offers New Year's dinner

A New Year's Eve dinner celebration is being offered by the Holiday Inn O'Hare International's two premier restaurants. Both the Marketplace Restaurant and Corgi's and the Marketplace Restaurant have created special menus for the evening.

Executive Chef Joe Barrett said the Corgi's celebration is a complete dinner that includes: an appetizer of seiche, shrimp and calamari, cream of sorrel soup, house salad, lemon sorbet, an entree of tournedos coque served with vegetables and potato, and bananas foster for dessert. The price per person is \$28.95.

The Marketplace Restaurant has an "all you can eat" prime rib buffet scheduled for New

Year's Eve that includes a soup and salad bar as well as an ice cream sundae bar. It is \$18.95 per person.

Both Corgi's and the Marketplace will serve these special dinner offerings from 5 to 10 p.m. Taxes and tips are extra. Patrons dining in the restaurants that evening will be given free admission to the hotel's At The Hop's night club for its New Year's party.

The Holiday Inn O'Hare International is located at 5440 North River Rd. in Rosemont across from the Rosemont Convention Center. The hotel provides free parking for guests and reservations are suggested. Call: (708) 671-6350, extension 7122. All major credit cards are accepted.

Spertus lists children's activities

Spertus Museum presents a series of children's theater performances throughout the winter and spring at the Rosenbaum Artifact Center. Programs include a series of puppet shows and children's theater workshops.

Puppets for Susan Bass Marcus will bring her troupe of star puppets on stage one Sunday each month to share the secrets of archaeology through fables, bible stories and legends from ancient Israel. The puppet shows are scheduled for January 17, February 21, March 21, April 11 and May 16.

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NEW YEAR'S WEEKEND

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Every Sunday
\$11.95 FIVE COMPLETE DINNER SPECIALS
Including: Relish Tray, Bread Basket, Soup, Salad
Potato or Vegetable, Beverage, and Ice Cream
THIS SUNDAY FEATURING ROAST LEG OF LAMB

Park Ridge Players set auditions for play

The Park Ridge Players have set dates for their upcoming spring production, "Meanwhile, Back on the Couch," by Jack Sharkey. Auditions for a cast of four men and four women will be held on Jan. 11 and 12 at 7:30 p.m. in St. Mary's Theater, 711 Crescent (at Prospect), Park Ridge.

The play will run Fridays and Saturdays, March 12 through March 27, and be directed by Mike Prindiville of Park Ridge, who most recently appeared on stage as Leslie in PRP's hilarious fall production of "Love, Sex, and the I.R.S." For information, call (708) 698-3081.

Auditions held for 'Brigadoon'

Best Off Broadway Players will be holding open auditions for its Spring musical production "Brigadoon" at Cutting Hall, 150 E. Woods St., Palatine.

Auditions will be Sunday, Jan. 10 from 2 p.m. to 5 p.m. and 7 p.m. to 11 p.m. Auditions will also be held on Monday, Jan. 11 from 7 p.m. to 11 p.m.

This classic Lerner and Loew is being directed by Herb Berry and music direction by Tom Taylor. Male and female actors, singers and dancers age 18 years and older, are needed to fill the roles of this musical. Be prepared to sing, dance and read from available scripts.

For more information, call Anne Marie at 438-2556.

Entertainment

Museum announces family overnight schedule

Families are invited on a unique, sleep-over adventure at the Field Museum this winter. The Family Overnight is an adventurous, fun-filled opportunity for family members to explore museum wonders in a way they never have before.

In addition to viewing exhibits after hours, Overnights include two natural science and cultural workshops, an evening snack, a storytelling or musical performance, flashlight tours, informal activities in the exhibits, and a continental breakfast in the

morning. Overnights are scheduled throughout the year and are designed for families with children in grades 1-6.

Upcoming dates are Saturday, Jan. 16, Saturday, February 13, and Saturday, March 20. Registration is \$30 per child and \$35 per adult.

An Overnight exclusively for educators will be held on Friday, Jan. 22.

For complete information on the family or educator's Overnight, call the Field Museum at (312) 322-8854.

Stage 'Hansel and Gretel'

The Theatre School Playworks of DePaul University will present "Hansel and Gretel," a new adaptation of the classic Grimm's Brothers fairy tale written and directed by Max Bush.

The production features magical scenery designed by Simon Pastukh, designer for the Bolshoi Ballet and Opera of Moscow. Costume design is by Amy La Marra and lighting design is John C. Dykhouse.

Performances are scheduled for January 12, through March 11, Tuesdays and Thursdays at 10 a.m., Saturdays at 2 p.m.

Performances will be held at DePaul Reskin Theatre, formerly the Blackstone, 60 E. Balbo Dr., Chicago. Discount parking is available with coupon acquired from the Box Office. Ticket prices are \$5 per person and \$2 for children 18 months and younger. Special rates for groups of 8 or more are available. VISA/Mastercard and Discover cards are accepted. Make checks payable to DePaul University.

For information and reservations, telephone (312) 322-8455.

Gallery Players set auditions

Gallery Players will be auditioning actors/singers for the musical "Man of La Mancha" on January 7 at 7:30 p.m. in the Recital Hall at Rosary College, 7900 W. Divison Street in River Forest.

Performances will be held at Rosary College on March 27, 28, April 2, 3 and 4. For additional information call (708) 969-5300 from 9 a.m. to 4 p.m. daily.

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Entertainment

Fishing workshops featured at Boat Show

The Chicago Boat, Sports & RV Show drops anchor December 30-January 3 at McCormick Place presenting an impressive line-up of fishing workshops for a series of fishing workshops. Some of the topics that will be covered are fishing for bass and walleye.

Chevy Trucks' Pro Team member Cliff Craft covers a variety of proven techniques for catching prize bass. He also gives transportation and trailer tips and discusses steps he takes to keep his vehicle in top shape. On the professional B.A.S.S. circuit for 18 years, Craft has won honors in such prestigious fishing events as the BassMasters Classic and the Super B.A.S.S. Tournament and is on the All-Time B.A.S.S. Money List. Craft's appearance at the Chicago Boat, Sports & RV Show is sponsored by Chevy Trucks.

Tony Fidanzo hosts workshops on Great Lakes fishing and directs the competition at the Casting Pond. A veteran fisherman, Fidanzo has worked with boat and motor manufacturing companies to help design or adapt bass boats and off-shore boats for Lake Michigan.

George Liddle, Jr. gives attendees tips on bass fishing. Liddle's appearance at the show is sponsored by Ranger Boats.

Tracker Marine Pro Team member Greg Horoky features successful methods for walleye. For the past two years Horoky was the top Canadian angler on the Professional Walleye Tournament circuit and for more than a decade ran a successful charter boat/fishing guide business on Lake Erie.

Speaker Gary Hain conducts workshops from the "Hawg

Trough," a 42-foot, 5,000-gallon fishing demonstration aquarium. Designed to give spectators the unusual advantage of seeing both the fish and angler simultaneously, the Hwang Trough serves as a valuable educational tool that shows how fish react to different techniques and lures. As a result, anglers can refine fishing skills after observing the fish's reaction to the lure's underwater movement.

Complementing the workshop will be the Casting Pond, where youngsters and adults can test their casting skills and compete for free prizes. Participants compete against the clock and each other to repeatedly strike a target area during a specified time limit. Winners will be chosen on the basis of number and accuracy of casts within the time limit.

After attending the informative workshops, kids 12 and under can practice what they've learned at the "Huck Finn Trout Pond" where participants can keep what they catch. The Trout Pond is sponsored by Pepsi and the Chicago Tribune.

The Chicago Boat, Sports & RV Show features the latest rods, reel and tackle in one convenient location. Held at McCormick Place, the Chicago Boat, Sports & RV Show is the public's convenient, one-stop answer to boating and RV questions and purchasing needs.

The show is open from Wednesday, Dec. 30 through Sunday, Jan. 3. Hours are 11 a.m. to 10 p.m. on Wednesday, 11 a.m. to 6 p.m. on Thursday, 11 a.m. to 10 p.m. on Friday, 10 a.m. to 10 p.m. on Saturday and 10 a.m. to 7 p.m. on Sunday. Admission is \$6 for adults and \$2 for children ages 6-12.

Beluga whales at Shedd Aquarium



Visitors may have an opportunity to see John G. Shedd Aquarium's two newly arrived beluga whales on public view beginning Friday, Dec. 11, at 10 a.m. At that time, a moveable underwater gate will be officially opened allowing the newcomers an opportunity to swim into the 200,000-gallon saltwater pool known as Middle Passage.

The two beluga whales, one male and one female, are in good health. Both of them are adapting well to their surroundings.

The male beluga whale currently weighs 895 pounds and measures 10 feet 6 inches. The female beluga whale weighs 637 pounds and measures 8 feet 8 inches.

The new male and female beluga whales were among four belugas brought to Chicago from Churchill, Manitoba. The other male and female beluga whales died suddenly September 22 from what appeared to be an adverse reaction to anti-parasite medication.

The two new whales eventually will join Immiyuk and Pujji, two female belugas that reside in Secluded Bay, a 400,000-gallon saltwater habitat next to Middle Passage.

Mostly Music hosts anniversary weekend

Mostly Music kicks-off its 20th anniversary with a once-in-a-lifetime classical music weekend featuring internationally acclaimed pianist Anton Kuerti. Kuerti will make three appearances in the Chicago area on Friday, Jan. 15, Saturday, Jan. 16 and Sunday, Jan. 17. The performances are made possible by Mostly Music in conjunction with the Canadian Consulate General.

On Friday, Jan. 15 at 7:30 p.m., Kuerti and his cellist wife, Kristine Bogoy will perform masterworks of Mozart, Schumann, DeFalla, Chopin and Beethoven at Northwestern Illinois University, 5500 N. St. Louis Ave., Chicago. A reception with the musicians will follow the performance. Tickets are \$8 each, \$5 for seniors/students. On Saturday, Jan. 16 from 1 to 4 p.m., Anton Kuerti will conduct a free and open master class for musicians and the interested public. During this hands on learning experience, several ensembles and solo pianists will perform for and be critiqued by Kuerti. The master class will be held at Northwestern University's Lutkin Hall, 700 University Place, Evanston. Reservations are required.

The weekend will culminate in concert with Kuerti and the Vermeer Quartet on Sunday, Jan. 17 at 3 p.m. The Vermeer Quartet is Chicago's premier string ensemble. Kuerti and the Quartet will perform works by Dvorak, Beethoven and Ligeti at Diller Street Theatre, 310 Green Bay Road, Waukegan. A reception with the musicians will follow the performance. Tickets are \$18 per person.

For general information on this weekend with Anton Kuerti, contact Mostly Music at (312) 667-1618. For master class reservations, call the Northwestern University Concert Office at (708) 491-5441.

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Art classes for kids offered

Adventures in Art and Cartoon Creations are art classes offered by the Morton Grove Park District for kids.

Adventures in Art for ages 8 to 12 is a beginning art class where students will learn basic drawing and sketching techniques. Students will progress at their own pace as they exercise their creativity and take an adventure into art. Classes are held Wednesdays from 5:15 to 6:15 p.m. at Oketo Fieldhouse beginning January 20.

Cartoon Creations is a great class for 11 to 14 year olds who want to create their very own cartoon character. New drawing techniques will be explored each week as well as comic strips and comic book formats. Cartoon Creations will be held on Wednesdays from 4 to 5 p.m. beginning January 20.

For further art class information, call 965-1200 or stop by the Prairie View Community Center, 6834 Dempster, Morton Grove to register.

Sign up for wrestling

Children in grades 5 through 8 will learn wrestling techniques in the Niles Township Wrestling program sponsored by the Morton Grove Park District.

Activities to develop agility, strength, desire and a winning attitude will be included in this new program. Competition in dual meets and tournaments is possible. A parent meeting will be held at the first class.

The program begins January 12 and will be held on Tuesdays and Thursdays from 6:30 to 8 p.m. at Niles North High School Wrestling gym. For more information on this program, call Steve Poznansky at 673-6900.

Learn to babysit

Skokie Park District offers youths ages 9 through 13 a chance to develop the skills needed to become a well-trained babysitter.

This is the Camp Fire Self-Reliance course whose purpose is to help youth become confident and effective in caring for young children. Participants receive workbooks to use during the course. Buttons and an I.D. card will be given out upon completion of the course.

For further information, call 674-1500. The course will be held at Devonshire Center, 4400 Grove St., from 4 to 5:30 p.m. Friday, Jan. 15 through Feb. 12. The fee is \$22 for residents, \$27.50 for non-residents.

Hold golf clinics

Maintain your enthusiasm for gold and improve your skills.

Sportman's Country Club is offering a wide variety of winter indoor lessons and clinics. One Day Clinics will take place in December at both beginning and intermediate/advanced levels. These two hour sessions offer in depth individualized instruction. Rules Clinics will teach the rules of golf.

The Junior Golf Program, designed for children ages five through seventeen, will provide the basic fundamentals and rules of good golfing.

Adult Golf Clinics will sharpen gold techniques so golfers will be ready for the season next Spring.

Call (708) 299-2350 for further information or registration.

Join earth patrol

Join the Earth Patrol on its weekly rounds of the Emily Oaks Nature Center! The Patrol will be on the lookout for incredible earth discoveries, footprints in the snow, and amazing encounters with woodland critters!

Weekly activities with an adult leader focus on heightening the children's awareness and understanding of our wondrous home, the planet earth. Snowshoe activities will be included, weather permitting. The Patrol is for children in grades 3 and 4 at the Emily Oaks Nature Center and will be held from 4 to 5:30 p.m. Wednesday, Jan. 13 through March 3. The fee is \$49 for residents and \$61.25 for non-residents.

For further information, call 677-7001.

Niles Park offers horseback riding lessons

The Niles Park District will be offering horsemanship/horseback riding lessons this coming winter. Lessons are held at the Willow-Brook, Acres riding club in Morton Grove.

Introduction as well as continuing lessons will be offered to participants 7 years old and up.

Call (708) 967-6975 for further information.

Summer softball leagues forming

The Morton Grove Park District is now accepting applications for new adult softball teams for the summer softball season.

The deadline for accepting applications from last year's teams shall be Friday, Feb. 12. Applications must be submitted with a \$100 deposit. Application forms are available at the Prairie View Community Center, 6834 Dempster St., Morton Grove.

For more information, call 965-1200.

Fantastic Fridays at Skokie Park District

Skokie Park District has planned a fantastic theme party for Friday, Jan. 15 for 4 to 7 year olds at Oakton Center, 4701 Oakton St.

All are invited to come to the special theme party. This Friday's party theme is Pongo and Pals and they have planned a party with 101 fun things to do! Join us for games, crafts, and of course "doggie" treats.

The party runs from 4 to 5:30 p.m., costs are \$8 for residents and \$10 for non-residents. For registration information, call 674-1500.

Kid's Studio offers classes

Cultivate the artistic tendencies in 8 to 13 year olds by signing them up for the Northbrook Park District's Kid's Studio - Drawing and Painting. The class meets on Tuesdays from 4 p.m. until 5 p.m. at Meadowhill Park Chalet Building beginning January 12, 1993.

Drawing with pencils, pastels, watercolors and more provide an enjoyable experience for all. Experiences will range from working on easels in our "studio" to outdoor landscape paintings. Fee required and includes all materials and tools.

Call (708) 291-2980 for additional information and registration.

Holiday open gym offered

Don't sit around like a couch potato during holiday break! Spend it shooting hoops at the Northbrook Junior High Gym where the Northbrook Park District is offering a special event, Holiday Open Gym.

Fifth through eighth graders may take part from 10 a.m. until noon between December 21 and 31 and high school students and adults may participate between noon and 2 p.m. on those same dates.

Fifth through eighth graders may shoot baskets or organize pick up games. Supervision is provided but play is unstructured.

For high school students and adults, pick up games will be formed. Fees required.

Call 291-2980 for additional information.

Dog obedience course slated

The Midwest's most effective dog training course begins January 7 at the Morton Grove Park District.

Included in this 10 week class are on and off leash exercises, effective solutions for behavior problems, health care, hand signals, and more. All dogs, 4 months and older are welcome.

Classes are held at National Park on Thursdays from 7:30 to 9:30 p.m. For more details call 965-1200.

Parent/child nights planned

Sign up now for a special evening of games, dancing and refreshments. Daddy/Daughter Date Night is slated for Friday, Feb. 19 and the week following on February 26. The Mother and Son's Night Out will be held.

It's not too early to register, just come to the Prairie View Community Center, 6834 Dempster, Morton Grove.

For more details, call 965-1200.

Tot program set

A variety of Tot classes for the winter months are being offered by the Morton Grove Park District.

Parent-Tot Play, Preschool Sports, and Fitness and Fun are for the active tots who want to spend time in the gym. Parent-Tot Creative Time and Toddler Time are for the artistic tots who want to create scrumptious recipes. Junior Wizards are for tots who want to experiment with science projects.

All classes begin in January. For further details, call 965-1200.

Kids art

Sign up now for Adventures in Art or Cartoon Creations at the Morton Grove Park District. These kids are classes begin January 20 and are held at Oketo Park Fieldhouse. No art experience is necessary, just an interest in using your creativity.

For art class information call 965-1200.

Park sets skating lessons

Session 11 Skating lessons at the Northbrook Park District begin the week of January 4, 1993 at the Sports Center Ice Rink.

Call (708) 291-2980 for additional information.

Park District News

Northbrook park set Winter Carnival

Gather the entire family and come to the Northbrook Park District's 1993 Winter Carnival Sunday, Jan. 17 at the Village Green, Meadowhill Park and Sportsman's Country Club.

Games, programs, contests and an ice sculpting demonstration will provide an enjoyable day for everyone.

The Ice Sculpture demonstration from 10 a.m. to 2 p.m. is co-sponsored by the Park District, the Northbrook Chamber of Commerce and Industry, the Holiday Inn Crown Plaza-Northbrook, the Radisson Suite Hotel of Glenview and the Sheraton North Shore Inn. The sculptures will remain at Village Green as long as the cold weather holds out.

In addition to the Ice Sculpture demonstration at Village Green,

other activities include Sledding Races from 10:15 to 11 a.m. at Meadowhill Sled Hill, Broomball games from 11:15 to noon at Meadowhill Hockey Rink, Snowball Throw Contest from 12:15 to 1 p.m. at Meadowhill Park and Skating Races from 1:15 to 2 p.m. at Meadowhill Large Ice Rink, all free.

Snow Volleyball Tournaments and Snow Softball Tournaments will begin at noon at Village Green and are also free.

Horse Drawn Sleigh Rides will be available at Sportsman's Country Club from 2 to 4 p.m. A fee is required for sleigh rides.

The refreshment stand at Meadowhill Chalet will be open for snack needs during the carnival events.

For more information, call 291-2369.

Parks teach taekwon do

The Niles Park District is offering taekwon do lessons. Classes are taught by instructors under the direction of grand master Duk Gun Kwon, eighth degree black belt.

Lessons are held at Ballard Leisure Center on Tuesday and Thursday nights, with Friday night being the make up night. Classes are open to those who are 7 years and up.

For further information call (708) 967-6975.

Create an exhibit

Join the Skokie Park District at the Skokie Heritage Museum for a four week educational series where children will learn about Skokie's heritage, while creating an exhibit for the Museum's second floor.

The series is for ages 7 to 10 and will be held from 10 to 11:30 a.m. Saturday, Jan. 16, 23 and 30 with the exhibit opening February 5. The fee is \$30 for residents, \$48 for non-residents. The exhibit created by the children will reflect both Skokie's past and the children's individual creativity.

There will be an "Exhibit Opening" where parents and friends can view the exhibits created by the children. For registration information, call 674-1500.

Pre-Karate and Youth Karate classes are offered by the Morton Grove Park District at the Devonshire Center in Skokie. Classes begin in early January and are planned for Monday or Wednesday.

Pre-Karate classes are for children 5 to 7 years old. Karate is for 7 to 14 years old. Classes are available for all abilities.

For more Karate information, call 965-1200.

Register for spring soccer

Registration for AYSO Soccer will be held Sunday, Jan. 10 from 1 to 3 p.m., Tuesday, Jan. 12 from 7 to 9 p.m., and Wednesday, Jan. 13, from 7 to 9 p.m. at the Prairie View Community Center, 6834 Dempster, Morton Grove.

This program is for girls and boys ages 5 to 8th grade. This program begins in March. For more details, call 965-1200.

Learn karate

Both adults and children may learn or advance their karate skills by joining one of the Northbrook Park District's many offerings.

Pre-Karate is available for five, six and seven year olds. Through a variety of fun and creative activities, young children develop coordination, strength and preliminary karate skills in a safe and well supervised setting.

Youth Karate is available for seven to fourteen year-olds and Adult Karate is available to those fifteen and older.

A Parent/Child Karate class is also open to parents along with their children who are seven or older.

For more information call (708) 291-2980.

Announce public skating hours

The Northbrook Park District's Sports Center Ice Rinks offers public skating now through April 18, 1993.

Sessions are Monday, Wednesday and Fridays from 10:30 a.m. to noon; Wednesdays 4 to 5:15 p.m.; Saturdays 3 to 4:15 p.m.; and Sundays from 3 to 4:15 p.m. Cancellations will be posted.

Daily fees for public skating are \$4 for adults and \$3 for youths. Practice Card Holders and children under five pay only \$1.50. Don't forget to ask about our Coupon books. A book of 10 admissions cost \$35 for adults and \$25 for youths.

For complete skating information call the registration office at 291-2980.

Skokie Park offers folk art for kids

Children ages 7 through 12 will enjoy making hand painted baskets, sand painting, linoleum block wall hangings, and brightly painted soft sculptured items. This is a new class that features southwest and folk art designs with all new projects.

The class will be held at Oakton Center from 5:30 to 6:30 p.m. Wednesday, Jan. 13 through March 3. The fee is \$44 for residents, \$55 for non-residents.

For further information, call 674-1500.

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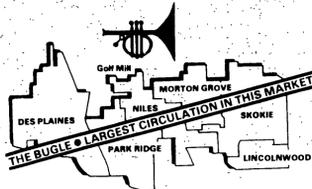


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