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## Caucus Party selects

A coalition of community leaders from Skokie, Lincolnwood, Morton Grove and Niles selected Albert J. Smith, former mayor of Skokie, as Honorary Campaign General Chairman of the Township Caucus Party. The group met on Saturday, Dec. 5, to endorse the re-election of the incumbent Niles Township administration.

Jeffrey Greenspan, former First Assistant Corporation Counsel of Skokie, was selected as chairperson of the party and will serve as its general chairman. The Township Caucus Party slate is headed by Thomas J. McElligott, supervisor. Also on the slate are incumbents Charles Levy of Lincolnwood, clerk; Robert P. Hanrahan of Morton

Grove, assessor; Sam M. Becker of Skokie, collector; and trustee candidates Judith-Rae Ross, Marshall J. Belgrad and Suzanne Schwartz of Skokie and Levon Tamiraz of Morton Grove.

Members of the new party are circulating petitions for the state. The Consolidated Election will be held on April 20, 1993.

## District 207 approves tax levy

Maine Township High School District 207 Board of Education approved a \$49,726,000 tax levy for 1992 at its meeting December 7, a 3.1 percent increase over last year's extension of \$48,992,000. The levy was made assuming 18.75 percent growth in equalized assessed valuation.

"Individual tax bills depend on individual assessments," said Superintendent James L. Elliott. "The tax rate that is applied to that individual assessment will vary depending on what happens to equalized assessed valuation in the district as a whole." The tax  
Continued on Page 49

# Niles

edition of

# The Bugle

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## Niles Park Board asks for working cash fund

# Parks seek emergency cash fund

by Shellya Hackett

If a new working cash fund is added to the Niles Park District's accounting procedures, it will give the district ready funds for emergencies. In the long run, it will save taxpayers money, maintains Park Director Tim Royster. The Niles Park Board unanimously approved the fund Nov. 24, but voters have the power to deny it.

"What qualifies as an emergency? For instance, a building roof caves in, or property tax payments are late and bills are due," Royster explained Dec. 9. "Without emergency money set aside to repair that roof or pay those bills, the district would be forced to take out a loan and pay interest to get the money fast. Taking out such a loan would indirectly cost taxpayers money."

And no, the funds could not be used to cover legal fees, Royster said, explaining the state is strict about use of the funds and has fines up to \$10,000 for mishandling them.

The fund would be in effect for four years and could never be depleted, he noted. If the money is used, it must be repaid immediately. Following State mandates, the fund resources would be joined with other fund monies and invested in interest bearing accounts.

The establishment of the working cash fund carries with it a tax of .025 percent of the equalized assessed valuation of taxable property. Because of this, if ten percent or 1,506 of the registered voters in the Park District sign a

Continued on Page 49

## LWV offers guide to candidates

Anyone planning to become a candidate for public office in Morton Grove or Niles should pick up their petitions and begin planning their campaign. Village trustees, park commissioners and library trustees will be elected on April 20, 1993. Petitions for prospective candidates are now available for circulation and must be filed with the designated election official of each board between Feb. 1 and Feb. 8.

Information on obtaining petitions is available from the election official of each local board. To assist prospective candidates, the Morton Grove/Niles League of Women Voters has completed a booklet entitled

Continued on Page 49

## YMCA offers 'schools out' program

The Leaning Tower YMCA at 6300 W. Touhy Ave., Niles, will be offering a School's Out program for boys and girls ages 6 and up. The program includes swimming, gym, games, arts and crafts, movies and more.

Register for one day or all six. The program will be offered December 21, 22, 23, 28, 29 and 30. It will run from 9 a.m. to 3:30 p.m. with an Extended Care program from 7 to 9 a.m. and 3:30 to 6 p.m. for working parents. The fee is \$7 per day for members and \$14 per day for limited members. The Extended Care fee is \$5 per day.

For more information call the Leaning Tower YMCA at (708) 647-8222.

## Library offers children's entertainment

Families looking for a break from the holiday bustle should visit the Niles Public Library District for two entertaining programs.

On Monday, Dec. 28, at 1 p.m., Mr. D's Magic Show brings sleight-of-hand tricks, plenty of audience participation, levitation and other large illusions.

Then on Wednesday, Dec. 30 at 1 p.m., Chris Fascione returns. His show combines mime with traditional storytelling.

These free shows are recommended for children age five and up. No registration is required, but seating is limited.

For more information, stop by the Children's Department at the Niles Public Library District, located at 6960 Oakton Street, or call us at (708) 967-8554, ext. 30.

## Oakton plans Skokie construction

After several years of study and assessment, Oakton Community College is ready to implement its plans for construction at its Ray Hartstein campus in Skokie.

At a Nov. 24 information meeting planned for residents who live near the campus at 7701 Lincoln Avenue, college officials described plans for a new 133,000 square foot building which will eventually replace the former Niles East High School building, now housing Oakton's branch campus. Part of the old high

school is scheduled for demolition early in 1993. Classes will continue in certain areas of the existing building during construction.

The new two-story facility will be about half the size of the present structure, thus allowing more green space for attractive landscaping and open views.

"We believe our branch campus in Skokie is very important as we plan for the twenty-first century," said Thomas TenHoeve, president of the College. "The

Continued on Page 49

## Packing holiday food baskets



Pitching in to pack holiday food baskets are Maine Township Senior Trustee Mark Thompson (from left), General Assistance Caseworker Lisa Krustinski, Custodian Franklin Morgan, and Supervisor Joan B. Hall. Maine Township distributes holiday food baskets and new toys to needy residents.

Donations may be brought to the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge (between Potter and Greenwood) during regular office hours from 9 a.m. to 5 p.m. Monday through Friday and 9 a.m. to noon Saturday. For information, call 297-2510.

## Property taxpayers denied tax abatement

Legislation that would have required the state to collect Cook County's new sales tax, generating an additional \$60 million a year in new revenue, failed in the Illinois Senate by a straight party vote of 30 to 28, denying property

taxpayers a \$50 million tax abatement. In a speech before the Senate in favor of the override, Senate President Phil Rock (D-Oak Park) said, "If you want to get serious about property tax relief,

then vote for this override. By doing so, you will provide \$50 million in property tax relief for the residents of Cook County." Springfield Democrats argued that Cook County Board Richard Phelan intended to shift the burden of county finances from the property tax to the sales tax to provide property tax relief. "If approved, this override will provide millions in property tax relief - at no cost to downstate or anyone else," said Rep. Louis Lang (D-Skokie).

Contending that the Government's excuses of costliness and administrative burden is a purely political maneuver, Phelan said the State Department of Revenue already collects a use tax for the City of Chicago and would have kept two percent of the revenue raised to pay for the cost of administration. Sen. John Cullerton (D-Chicago) said Phelan's use tax is a prime example of local governments seeking to cover the high

cost of unfunded mandates without raising property taxes. Phelan has said that the state continually requires local governments to pay for programs it mandates but then refuses to collect a tax which enables Cook County to fulfill these requirements.

"Unfunded mandates cost local taxpayers millions of dollars each year," Phelan explained. "Cook County residents need to understand that unfunded mandates are oppressive and are hidden property tax increases. State-wide objectives must be paid for by state-wide funding mechanisms."

The \$50 million tax abatement would have appeared on property taxpayers 1993 real estate bills.



## CUB to fight phone rate proposal

The Citizens Utility Board (CUB) Tuesday vowed to fight a new Illinois Bell rate proposal which would lead to automatic, annual rate increases for residential and business phone customers across Illinois. Although Bell claims its plan will benefit consumers, CUB's analysis shows that, had the plan been in effect over the last five years, phone bills would have increased every year, with a cumulative increase as high as 24 percent.

Under the company's plan, filed with the Illinois Commerce Commission (ICC) recently, phone rates would no longer be based on the company's actual cost of providing service. Instead, rates would be tied to a complicated formula that would allow price hikes every year. The plan would allow Bell to increase rates at a time when the company's costs are going down and when phone companies across the nation are reducing their rates.

Bell claims the plan will freeze local phone rates, however, that "freeze" applies to only two fees, the monthly line charge and the charge for calls made within eight miles of the customer's home, and the freeze is only effective for the first three years of the plan. Charges for all calls beyond eight miles, for toll calls, and for all other phone services, such as installation and repairs, directory assistance and a host of other services, will not be covered by the freeze and can be increased every year.

The phone company also says it will use the extra profits earned under the plan to install new high-tech services in Illinois. However, the improvements cited by Bell already are underway and can be made without massive rate increases. Nothing in the plan guarantees that the company will make any additional improvements in the state's phone network.

The ICC is expected to hold hearings on the Bell plan next year. CUB will urge the agency to reject the plan and to instead order a rate reduction for consumers.

**Kevin M. Arendt**  
Marine Lance Cpl. Kevin M. Arendt, son of Michael J. and Lynn J. Arendt of Des Plaines, recently returned aboard the aircraft carrier USS Saratoga, homeported in Mayport, FL, from a six-month deployment to the Mediterranean and Red Sea. Arendt visited ports throughout the Mediterranean.

The 1990 graduate of Maine Township High School joined the Navy in October 1990.

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## Singer visits AIDS victim



Country singer Reba McIntyre recently made a holiday visit to Whitney Williams and younger sister Becky Sue. Whitney, a 10 year old 5th grader at Parkview School, in Morton Grove, is living with the AIDS virus.

A fund has been set up at Glenview State Bank, 800 Waukegan Road, Glenview, IL 60025 to accept contributions to defray the massive medical expenses the family has incurred.

## Water Reclamation District budget shows increase

At a special meeting, the Board of Commissioners of the Metropolitan Water Reclamation District of Greater Chicago adopted a 1993 budget holding the tax levy increase to just 3.5% over the previous year.

The total appropriation request of \$600 million is for collecting and treating more than 550 billion gallons of wastewater from Cook County residents and industries while meeting all environmental requirements for plant operations and quality of treated wastewater.

The 3.5% increase is needed to fund an expanded sewer rehabilitation program designed to replace or refurbish aging structures, to expand industrial water surveillance, and to further modernize and improve the treatment process.

## Cut county budget by 7.5 percent

Cook County Board President Richard Phelan was the guest speaker at the Rotary Club of Skokie where he discussed the \$2 billion 1993 budget and the County's fiscal condition. The recently passed budget curtailed county spending by 7.5 percent despite the rising cost of health care and the increase in crime. Critical health care services were expanded in the 1993 budget. The cost of providing health care to the county's poor and uninsured will increase by approximately \$118 million in 1993, Phelan said. Dividing this figure is the reopening of Provident Hospital, costs relating to the resurgence of tuberculosis, a 30 percent increase in the price of pharmaceuticals, an ever-growing number of AIDS patients and cost of living increases to honor union agreements. Suburban health services were expanded as well. A 216-bed

## Township sets Dec. 19 recycling date

Maine Township will be unable to accept plastic bottles and containers as well as magazines, catalogues and phone books during its drop-off recycling collection Saturday, Dec. 19. The township has been notified that Cleveland Corporation, its recycling contractor, cannot accept these materials until further notice due to current market conditions. The collection will be accepted: newspapers; corrugated cardboard; aluminum and metal cans; and green, brown and clear glass bottles and jars. All items should be sorted. Glass and metal containers must be thoroughly rinsed with lids, tops and rings removed. Labels also should be removed from cans. Newspapers and cardboard must be bundled separately and tied with string. The collection will be held

## Ballard Ice Rink to open December 18

# Ice rink to re-open for year-round use

by Sheila Hackett  
The Niles Sports Complex ice rink reopens Dec. 18 as a year-round facility. Its new, year-round status will bring readjustments in its staff, management and operations.

At its regular board meeting Dec. 15, the Niles Park Board approved a 1993 operations proposal for the rink at 8435 Ballard Road which includes a new organizational chart, changes in job descriptions and a conceptual budget. The budget was needed because following its reopening Friday, the rink will be in operation before the Park District's

overall budget is approved. Reorganizing the Sports Complex staff will not cut staff, Jerry Krewer, Superintendent of Leisure Services explained later. A new manager is being sought to fill the post of Dave Figgins, who resigned, and nineteen applications have been received, he said. An assistant manager, picked from the current staff will be in charge of evening activities. Some pay adjustments will be made, since some posts were seasonal because the rink had been open eight months instead of the

## Niles firm forms Russian joint venture

by Sheila Hackett  
Moscow's onion-shaped church domes are becoming familiar to some employees of Niles' Baxter-V. Mueller surgical instrument company. As a result of the company's joint venture with a Russian consortium, the Leaning Tower could be Niles' landmark to some Russian visitors. The Baxter-V. Mueller company which headquarters at 7280 Caldwell Avenue, Niles and manufactures nearby at 6600 W. Touhy Avenue, Chicago, is joining with NIAP, a consortium of manufacturers of military and non-military equipment in the former Soviet Union, to manufacture high quality surgical instruments for the Russian market. Surgical instruments of the type and quality the Niles firm makes have been a long-standing need in Russia, said Tim Walsh, the company's Director of Global Manufacturing. We promoted the venture, Walsh said, noting some equipment will be purchased in Russia but the local facility will design equipment and tooling to ship to Russia. Alexander Stepon, a Russian engineer, is now in Niles learning Baxter-V. Mueller manufacturing procedures. And, for the next two to five years, some of the

## Township hosts disabilities seminar



Maine Township Disabilities Services Coordinator Donna Anderson (from left), Township Supervisor Joan B. Hall, and Linda Hoke of the Legal Center for Disability Rights discuss issues explored at a free seminar for employers on the legal requirements of the Americans With Disabilities Act (ADA), the Illinois Human Rights Act, and the Illinois Environmental Barriers Act. The program, sponsored by Maine Township, was designed to familiarize employers with laws applying to employment, zoning, architectural barriers, construction, public and private facilities, and other situations involving disabled employees. Hoke was the guest speaker at the seminar which attracted close to 60 employers.

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Non-insulin-dependent diabetes usually occurs in adults over 40 years of age. This is the most common form of diabetes and accounts for approximately 90 percent of the total diabetic population. It is usually gradual in onset. Some of the warning signs of diabetes are: blurred vision or any change in sight, tingling or numbness in legs, feet or fingers; frequent skin infections or itchy skin; slow healing of cuts and bruises; and drowsiness. Free diabetes screenings are available from 9 to 10 a.m. on Tuesday, Dec. 22 in the Flickinger Senior Center. People coming in for the screening should not be known diabetics and should fast from the evening meal of the night before.

**FINAL SHOPPING DAY**

The Morton Grove Senior Center will make a special shopping trip to Golf Mill on Wednesday, Dec. 23. Wednesdays are special senior discount days for many retailers. The trips are free for all Morton Grove residents over age 55. For more information about the Senior Center or to make a reservation today, call the Morton Grove Senior Hot Line at 470-5223.

**SENIOR TRAVEL CLUB**

The Prairie View Senior Travel Club has planned its outings for the fall and winter seasons. - On Jan. 12, a tour of Sunshine Crafts in Wheeling along with a pizza lunch is on the travel agenda to spell cabin fever. - Then, a trip to Marriott's Lincolnshire Theater for lunch and the production of "Sweeney Todd The Demon Barber of Fleet Street" is scheduled for Feb. 10. - In May, they plan a spectacular trip to the British Midlands where their home for eight nights will be a newly restored and ultra-deluxe English Manor House. For information and details regarding these trips, call Ronce Brenner at 965-7447.

**SENIORS! DISTRICT 67 NEEDS YOU!**

School District 67 (Golf and Hynes Schools) asks Morton Grove senior citizens, "Do you have as little as an hour a week that you can give to our school children?" The schools could use the experience and expertise of seniors in a variety of ways. This could be an opportunity to invest in the education of children from the community. The following list of opportunities is available: • Reading buddy (reading to and along with children). • Li-

brary helper. • Individual or small group tutoring (reading, mathematics, etc.). • Reading stories to students. • Sharing a hobby. • Sharing a life experience. • Sharing travel experience. • Craft or art demonstration. • Picture person. • Telling about your occupation. • I wish to give some time, give me a call. • Or something else. Seniors who are interested can contact the superintendent's office at (708) 966-8200.

**WINTER CARE**

When outdoors on cold days, older people should cover their mouth and nose to avoid breathing problems. Gloves and boots are important because several common health problems of the elderly cause poor circulation in the extremities. A hat contributes added warmth. Those using a walker with metal legs and those with arthritis need to be extra careful not to slip and fall. Autumn is a good time for older people living alone to link up with various community resources such as meals-on-wheels, home health services and volunteer services that can keep tabs on the homeowner's well-being. This can be especially important as cold weather, snow or ice make outdoor trips undesirable or even dangerous.

**REMINISCENCE INTERVIEWS**

The handing down of family history from one generation to another has always taken place, but with the more mobile and busier family of today, we need to make special efforts to provide seniors with opportunities to reminisce. Taking time to listen to another person reminisce gives the powerful unspoken message that "Who you are, what you have done, and the things you care about are very important to me. I believe in you. I accept you, I want to know your story. And even more, I receive what you have to offer as a gift." The Morton Grove Commission on Aging is conducting "Reminiscence Interviews" for interested individuals and their families. Those interested in an interview can call the Morton Grove Senior Hot Line at 470-5223.

**TAX-AID VOLUNTEERS**

Each year hundreds of Morton Grove seniors take advantage of free and expert assistance in filing income tax forms through the Volunteer Income Tax Aid program sponsored by the IRS, AARP, the Village of Morton Grove and the Morton Grove Park District. A few more volunteers will be needed as counselors for this year. People who have tax knowledge and are willing to be trained in a five-day IRS tax course held at the Flickinger Senior Center, may qualify as tax counselors. For more information call the Morton Grove Senior Hot Line at 470-5223.

**RETIREMENT IS FUN!**



An entirely unique approach to retirement living awaits you at the Lawrence House in Chicago. There, residents can take advantage of the fine social atmosphere, accented by many planned activities and programs, as well as by the hotel's convenient location. The Lawrence House makes available such conveniences as a delightful restaurant, the security of a 24 hour switchboard and the luxury that maid services provide. Other amenities include an in-house food shop, beauty and barber salons and a drug store. Visit the Lawrence House... Chicago's in-town retirement hotel for active seniors.

**Lawrence House**

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**Oakton aims courses at older adults**

Older adults are looking for the challenge of life-long learning and finding it in Oakton Community College's Emeritus Program for Older Adults.

Emeritus classes are held on both Oakton campuses and at convenient off-campus sites throughout Oakton's 15-community district. Both credit and non-credit classes are offered. Classes begin the week of Jan. 19 and continue through May 19. The following courses are offered at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

The only experience more satisfying than seeing your byline on a published article is seeing your name on a check in payment for that article. Feature Writing focuses on how to sell what you write, study magazine markets and draw from personal experiences. This class meets from 9:30 a.m. to 12:20 p.m. on Fridays.

Creative Writing covers a variety of literary techniques to help students develop a writing voice. Included are individual conferences, workshop sessions (peer responding), group and partner work, portfolios (mid- and end-of-semester pickup) and reading discussions of published pieces. This class meets on Wednesdays, from 1 to 3:50 p.m., starting Jan. 20.

All credit courses can be audited if the student does not want to receive credit. Tuition is \$25 per credit hour for students under 60 and \$12.50 per credit hour for students over 60 who live in the district.

For more information about these and other credit offerings, as well as non-credit opportunities, contact the Emeritus Program at (708) 635-1414.

USE THE BUGLE

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## Police News

### Forgery

Security agents for a discount store in the 8500 block of Golf Road, Niles, investigated after two customers reported their credit cards missing. One of the cards was used for an unauthorized purchase at another Niles store. The agents found the same cashier at their store had processed the cards and interviewed her. The cashier, a Des Plaines

woman, 27, admitted keeping the cards and using one to purchase toys, clothes and books to forward to Mexico.

The woman, who was on parole from New York state, was charged with forgery, placed on \$25,000 bond and given a Dec. 29 court date. Further charges may be pending from the second credit card company.

### Disorderly conduct

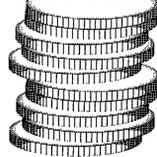
Very early Dec. 10, a 30 year old Skokie woman left a restaurant in the 9100 block of Golf Road, Niles, after she allegedly entered a service area off limits to patrons, then used loud, profane and abusive language to employees and other patrons. As a police officer approached her, the woman swung her arms, resisting arrest and when taken to the station, was kept in restraints because of her combativeness. She was charged with disorderly conduct, placed on \$1,000 bond and given a January 28 court date.

Employees of a restaurant in the 9100 block of Golf Road, Niles, called police early Dec. 12 when two men became loud and abusive toward other patrons and used profanity. Three women signed complaints against one of the men because of the names he called them. The alleged offenders, a Niles male, 19 and a Des Plaines male, 20, both paid \$50 fines.

### Deceptive practice

Nov. 23, an Evanston woman, 36, attempted to buy merchandise at a membership club in the 7400 block of Lehigh Avenue, Niles, but the computer indicated she had a history of non-sufficient funds in her account. The store manager confiscated the woman's membership card, but the woman fled before police arrived. The manager told police checks from the woman totaling over \$331 had been returned and that the woman also returned merchandise bought with the checks for credit and cash.

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### Driving under the influence of alcohol, BAC over .10

In the early hours of Dec. 3, a Niles officer tracked a southbound car near the 9300 block of Greenwood that straddled lanes several times and hit the curb when it tried to correct. The driver, a Niles man, 35, failed field sobriety tests, then later registered .26 in a Blood Alcohol Content (BAC) test. He was charged with driving under the influence of alcohol, having a BAC over .10, not having insurance, speeding 55 miles in a 35 zone and with improper lane usage. He was placed on a \$2,000 recognizance bond and given a Dec. 23 court date.

### Retail thefts

When security agents stopped a Morton Grove woman, 44, leaving J. C. Penney, Golf Mill Dec. 10 without paying for bathroom accessories valued at \$185, the woman explained she was leaving the store to get a threat letter and had planned to return to pay for the merchandise. Police charged her with retail theft, placed her on \$1,000 bond and gave her a Dec. 24 court date.

A Des Plaines man, 40, was stopped Dec. 7 as he attempted to leave a Civic Center Plaza grocery without paying for items totaling over \$94. Police charged him with retail theft, placed him on a \$1,000 recognizance bond and gave him a Dec. 24 court date.

A 39 year old Chicago man was stopped the afternoon of Dec. 7 as he attempted to leave Sears, Golf Mill without paying for tools and clothing valued at \$60. Police charged him with retail theft, placed him on \$1,000 bond and gave him a Dec. 29 court date.

### Vehicle theft

The night of Dec. 12, persons unknown took a 1982 Ford pickup truck valued at \$6,000 from the lot of Golf Mill Bowl. The vehicle was later found on fire in Chicago.

### Theft from car

A hand held phone valued at \$350 was taken from a locked 1992 Buick LeSabre parked in a lot in the 7200 block of Dempster St., Niles, Dec. 11.

### Contract provides jobs for disabled

Gov. Jim Edgar recently announced that the Chicago Association for Retarded Citizens (CARC) has been awarded a contract for nearly \$25,000 to provide janitorial services for the Department of Military Affairs under the Illinois State Use Program.

Administered by the Department of Central Management Services, the State Use Program allows state agencies to purchase needed goods and services through rehabilitation facilities. "The program provides employment opportunities for workers with disabilities and allows the state to receive quality work at competitive costs," said Gov. Edgar.

The Chicago Association will employ three persons with disabilities to provide general cleaning services 15 hours a week at the Midway Army Aviation Support Facility in Chicago.

## Sheriff offers holiday safety tips

Cook County Sheriff Michael F. Sheahan is urging County residents to exercise extra caution during the Christmas season, when holiday activities can lead to an upswing in theft and violence.

"The holiday season presents criminals with plenty of opportunity," said Cook County Sheriff Michael F. Sheahan. "Shoppers carry plenty of cash and large numbers of people leave their homes to visit far-away relatives. But there are several precautions that can be taken for protection. Sheriff Sheahan suggests the following:

- While shopping, be alert and aware of possible pickpockets. Always hold your purse close to your body and be sure the contents are not exposed. Men should avoid carrying their wallets in their back pocket. Keep it in an inside jacket or front pocket instead.
- Don't overload yourself with packages and purchases; make sure that your hands are free and that you can get to your wallet or purse easily. Don't leave purchases visible in your car. Camouflage them or place them in the trunk.
- In a crowded mall it is impor-

## Law creates 'drug-free' truck stop zones

Legislation making Illinois the first state in the nation to create "drug-free" zones at rest areas and truck stops now awaits the governor's signature. Secretary of State George H. Ryan said today.

The measure creates stricter penalties for anyone caught selling drugs or counterfeits within 1,000 feet of any of the 65 truck stops and 31 rest areas in Illinois. "Drugs are a major factor in fatal truck crashes," Ryan said. "There isn't a truck stop operator in this state who thinks drivers should have ready access to drugs, and they want drug dealers out of their places of business. This statute tells pushers that they'll pay an extra price if they peddle drugs to truckers and other motorists."

## Task force to discuss Medicaid funding

The Governor's Health Care Reform Task Force will conduct two public hearings on how to finance Medicaid in fiscal year 1994.

The first public hearing will be in the Statehouse in Springfield. The second public hearing will be from 1:30 to 4:30 p.m. Friday, Dec. 11, in the 5th floor auditorium of the old State of Illinois Building, 160 N. LaSalle.

Persons wishing to testify should call Lois Schell at the Illinois Department of Public Aid (312) 793-1363, in advance of the meeting.

### Gary B. Klatt

Navy Petty Officer 3rd Class Gary B. Klatt, a 1988 graduate of Maine Township High School East, recently returned aboard the ballistic missile submarine USS Stonewall Jackson, homeported in Charleston, SC from a strategic deterrent patrol. The patrol was the 77th for the James Madison Class Fleet Ballistic Missile Submarine which was commissioned in 1964. He joined the Navy in May 1989.

tant to keep track of your children and teach them what to do should you become separated.

If your holiday plans take you out of town to visit friends or relatives, Sheiff Sheahan suggests you take the following precautions to safeguard your home during the holidays:

- Use an automatic timer for lights. Cancel mail and newspaper delivery or arrange for a friend/neighbor to pick it up, so mail doesn't accumulate.
- Let your neighbors know you will be out of town so they can keep an eye open for any suspicious activity around your house.
- The biggest potential threat to your home during the holiday season is the fire hazard posed by holiday decorations. By taking these few simple steps you can avoid a fire in your household:

- Don't overload circuits with excess electrical cords or leave Christmas lights on for an extended period of time. Check them frequently for shorts or missing light bulbs.
- Christmas trees should never be placed near a heating duct or a radiator. You should also regularly water your Christmas tree to keep it from drying out and becoming susceptible to fire.

## Law creates 'drug-free' truck stop zones

The Senate unanimously approved the measure today, sustaining minor technical changes made by Gov. Jim Edgar. The House concurred in the changes last month.

The legislation backed by Ryan's Safe Trucking Task Force and the Illinois Truck Stop Association, was included in House Bill 3598. It will become law with the governor's signature. Under the measure, first offenders would face penalties ranging up to a Class 1 felony. The maximum penalty doubles upon a second conviction, meaning an offender could face up to 30 years in prison.

## Governor names chief counsel

Gov. Jim Edgar today named James S. Montana Jr., a well-respected Chicago Loop lawyer and law professor, as his chief counsel.

Montana, 49, served as a federal prosecutor for four years, playing a key role in official corruption and other white-collar crime cases. His performance in the U.S. Attorney's office in Chicago earned him a special commendation from the Attorney General of the United States.

Montana has been in private practice for the last 17 years, further establishing himself as an outstanding litigator. In addition, he serves as an adjunct professor of law at Loyola University School of Law and as chief justice of the Illinois Court of Claims.

Montana's appointment as chief counsel becomes effective Jan. 1. He will be paid an annual salary of \$88,000. The Governor's new top lawyer is leaving a position as a partner and Director of Litigation in the Chicago office of the Detroit-based Dickinson, Wright, Moon, Van Dusen and Freeman.

## The Singles Scene

### DECEMBER 19 COMBINED CLUB SINGLES

All singles are invited to the Combined Club Singles Dance at 8:30 p.m. on Saturday, Dec. 19, at the Marriott Oak Brook Hotel, 1401 West 22nd Street, Oak Brook. Music will be provided by Music in Motion. The event is co-sponsored by the Northwest Singles Association, Singles & Company, and Young Suburban Singles. Admission will be \$5. For more information call (708) 209-2066.

### DECEMBER 26/27/31 ST. PETER'S SINGLES

All singles over 35 invited to these big dance... St. Peter's Singles Dance, Saturday, Dec. 26, 9 p.m., Golden Flame, 6417 Higgins. Saturday, Dec. 27, 6 to 9:30 p.m. Aqua Bella, 3630 N. Harlem. Each dance is \$5. New Year's Eve Dinner Dance complete with dinner, cost \$15, at Aqua Bella, 3630 N. Harlem, no reservation needed. For information call (312) 334-2589.

### DECEMBER 30 CATHOLIC ALUMNI CLUB

An "Almost New Year's Eve" dance for single young adults (ages 21-38) will be sponsored by the Catholic Alumni Club at 9 p.m. Wednesday, Dec. 30, at the Oak Brook Marriott Hotel, 1401 W. 22nd St., in Oak Brook. The location is one block east of Route 83, and is across from the Oak Brook Shopping Center. Non-member admission is \$9. The band is Pursuit. Recommended attire is dressy. For general information, call (312) 726-0735.

### DECEMBER 31 AWARE SINGLES and CHICAGOLAND SINGLES

The Aware Singles Group and the Chicagoland Singles Association invite all singles to a joint "New Year's Eve Dance" at 8:30 p.m. on Thursday, Dec. 31 at the Embassy Suites O'Hare, 6501 N. Mannheim Rd., Rosemont. Music will be provided by Music Makers. Admission is \$10. For more information, call Aware at (708) 632-9600 or Chicagoland Singles at (312) 545-1515.

### JANUARY 2 COMBINED CLUB SINGLES

All singles are invited to the Combined Club Singles Dance at 8:30 p.m. on Saturday, Jan. 2, in the Penthouse Ballroom of the Stouffer Oak Brook Hotel, 2100 Spring Road, Oak Brook. Music will be provided by Music in Motion. The event is co-sponsored by the Northwest Singles Association, Singles & Company, and Young Suburban Singles. Admission will be \$5. For more information call (708) 209-2066.

### WEDNESDAYS CATHOLIC ALUMNI CLUB

Recreational Volleyball for single young adults (ages 21-38) will be sponsored by the Catholic Alumni Club from 7 p.m. to 9 p.m., on Wednesdays, from January through May, at the Emerson School Gym, 3104 S. Kenilworth, in Berwyn. The non-member fee is \$4 per evening. This is open volleyball, not a league. All levels of ability are welcome. For more information, call (312) 726-0735.

## Skokie Valley needs volunteers

Volunteer Services of Skokie Valley, a non-profit independent agency, serves as a clearing house for matching the interests, skills and talents of prospective volunteers with the needs of non-profit organizations serving the community. Listed are a few of the currently available volunteer positions.

To volunteer or for more information, contact Volunteer Services of Skokie Valley at (708) 675-7995.

Meals for the Homebound - are delivered by volunteers, usually in teams of two. The routes are usually finished in 1 to 1 1/2 hours. This service makes it possible for seniors and recently hospitalized persons to live at home.

Drivers - Many critically ill patients in the area need transportation to and from local hospitals where they are receiving treatment. Volunteer drivers are urgently needed and may arrange their own schedules and volunteer as time permits.

Clerical Volunteers - there are on-going needs from various organizations - assist with mailings, typing, data entry, phone calls, etc.

Theatre - if you enjoy the theatre you might find it interesting and fulfilling to volunteer for ushering, typing, press room aide, receptionist or even backstage maintenance.

Victims of Violence - Several agencies which work with victims of domestic violence, are seeing volunteers to staff hotlines and to work with the victims and their families offering support and informal counseling. Training is provided.

Parental Stress Hotline - Answer hotline calls in your home from parents under stress. Volunteers are also needed to facilitate parent support groups, parent training classes and children's groups. Experience in a related field is preferred.

Rules of the Road - Volunteers are trained to become certified volunteer educators to present Rules of the Road review course to senior citizens clubs, labor unions church/synagogue groups, etc. The course covers the vision, written, and behind the wheel portions of the exam. The volunteer is asked to teach a minimum of one course monthly. Veterans drivers who have attended the course have stated that they are more confident in their driving

Recreational Assistance - Train to work with the handicapped children and adults in groups or one-on-one in recreation activities that include swimming and water exercises, arts and crafts, scouting, singing creative dramatics, bowling, yoga and basketball.

24-Hour Telephone Crisis Line - Answer telephone lines, listen and support persons who are depressed, lonely, sometimes suicidal, or needing referrals for help.

after the review, than they have been for the past forty or fifty years.

O'Hare Volunteers - to assist travelers, runaway children, foreign exchange students, and elderly persons. Desk work, phone contact, public relations and occasional plane meets.

Hospice - a home-based program designed to provide emotional support and care to victims of Alzheimer's and their families within the comfort of their own home. Volunteers and health care professionals work together to provide opportunities for respite, help out with practical needs and sometimes assist with patient care. Training is provided.

Animal Shelter - Men and women needed to assist at local animal shelter. Working with dogs and/or cats. Feeding, cleaning cages, walking dogs, socializing with the animals, medicating sick animals. Can be trained to become adoption counselors after 3 months. Clerical and public relations volunteers also are needed.

School Aides - Several people needed to assist in the classroom, lunchroom or on the playground. Training provided.

Nursing Home/Adult Day Care - Several opportunities are available with nursing homes and adult care facilities. Volunteers are needed to help by playing cards, board games or just conversing with the elderly.

Befriend-a-Youth Program (Big Brother/Big Sister) - You will be matched with a child that is in need of some special attention and a strong role model. Many of the children are from single parent families. Training provided.

Animal Shelter - Men and women needed to assist at local animal shelter. Working with dogs and/or cats. Feeding, cleaning cages, walking dogs, socializing with the animals, medicating sick animals. Can be trained to become adoption counselors after 3 months. Clerical and public relations volunteers also are needed.

School Aides - Several people needed to assist in the classroom, lunchroom or on the playground. Training provided.

Get involved with Volunteer Services of Skokie Valley. Join the staff of volunteers - "People Helping People".

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## Church & Temple News

### Bernardin to implement catechism

Cardinal Joseph Bernardin has appointed an Inter-Agency Task Force to implement the new Catechism of the Catholic Church in the Archdiocese of Chicago. U.S. Bishops will first view the new Catechism in early December, and will determine their overall implementation plan at their annual Spring 1993 meeting.

"I welcome the forthcoming Catechism," Cardinal Bernardin said, "as a compendium of the fundamental content of Catholic faith and morals. The clear articulation of our beliefs is essential in order for us to evangelize and catechize even more effectively."

"At the same time," Bernardin notes, "the authors of the Catechism acknowledge that it has inherent limitations which must be addressed." Bernardin cited the need for appropriate methodology, for integration with socio-cultural contexts and for adaptations according to the human, faith, and moral development of those to be catechized.

The chair of the Inter-Agency Task Force is Dr. Carole Eijers, Director of the Office for Relig-

ious Education. Other task force members include: Mr. David Beaudoin, Office for Catholic Education; Bro. Joseph Boggio, Department of Ministry Formation; Dr. James Campbell, Office of Religious Education; Sister Teresa Disch; Department of Ministry Formation; Mrs. Irene Friend, Catholic Youth Office; Rev. Francis Kane, Department of Evangelization and Christian Life; Ms. Dawn Mayer, Office for Evangelization; Rev. J.J. McDonnell, University of St. Mary of the Lake; Ms. Sheila McLaughlin, Office for Divine Worship; Rev. Michael Place, Research Theologian for the Curia; Rev. Jeremiah Rodell, Office for Ethnic Ministries; and Rev. David Ryan, Catholic Youth Office.

"The new Catechism must take place among our rich documentary tradition," said Bernardin. "It should be implemented in ways which respect the integrity of the ministries it impacts -- such as liturgy and social justice -- and the norms which govern these ministries."

### Service Times For The Church of Today

The new time for Sunday Celebration Services at The Church of Today Unity Center in Palatine is at 10 a.m. Anita Stehmeier, director of the Children's Church Program has children excited and learning how they can grow to respect themselves and one another through the practice of truth principles.

The Children's Church also meets at 10 a.m. Teens will find the Youth Of Unity Program a way to their own empowerment

### Congregation plans Chanukah kiddush

On Saturday, Dec. 26, Congregation B'Nai Zion is celebrating Chanukah with extended kiddush.

Community singing will take place after kiddush. Everybody is welcome.

For information call (312) 465-2161.

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### Church host Christmas celebration

The Club House of the Saratoga Apartments (5500 Astor Lane 1 block West of Wilkie Rd on the South side of Algonquin) is the location for The Church of Today Christmas Celebration. Carol singing, a "pot luck" dinner featuring Honey Baked Ham and Turkey, and gift exchange, bring a gift not to exceed \$10.00 will highlight the evenings.

The celebration is time of sharing fellowship and giving thanks for the blessings of the past years, together with a Spiritual Meditation Experience welcoming 1993 and its promise.

### Set Christmas Eve services

Niles Community Church, 7401 W. Oakton, invites all to Christmas Eve, at 7 p.m. and 11 p.m. for the traditional Christmas Eve Candlelight Worship. The Church School children will sing at 7 p.m. The Chancel Choir will sing at both services on this evening.

At 7 p.m., Pastor Boswell will preach on: "When Everything Found A Voice." At 11 p.m., he will read a Christmas story by Mark Aronson, the husband of Lynne Aronson, our Director of Music, called: "Ox and Ass Before Him Bow".

### Church collects teddy bears

The Church of Today, Unity Center in Palatine, is gathering new teddy bears to distribute to shelters for the homeless, homes for children, nursing homes, and any other groups who might find comfort in a huggable teddy bear during and after the Christmas Season.

Don Sizer, minister of this new Unity Ministry, says that their present membership of 50 has a goal of gathering and distributing 1,000 Teddy Bears. Through networking with friends, relatives and other interested groups Rev Sizer feels that the goal of a thousand bears will be realized.

Each week the Teddy Bears will be held and loved by those attending the 10 a.m. Sunday Celebration Service at the Quality Hotel in Palatine (located at the intersection of Hwy. 53 and Northwest Highway). The purpose is to send love and peace forth with the Teddy Bears when they are distributed during the week before Christmas.

To contribute funds or Teddy Bears to this effort, please contact Rev Don Sizer (708) 255-0955.

### JCC offers vacation programs for children

Entertainment and recreation programs for school-age children will be presented at the Mayer Kaplan Jewish Community Center (JCC), 5050 West Church Street in Skokie Dec. 21 to 24 and Dec. 28 to 31. Drop off is from 7:30 to 9 a.m.; pick-up is from 3 to 6 p.m. each program day.

Registration is now being accepted; both center members and non-members are invited to participate.

Separate vacation day groups will be organized for Kindergarten through second graders, and for third through fifth graders. In addition to special programs each day, participants will swim in the KaplanJCC's indoor pool.

On Monday, Dec. 21, both groups will ice skate at the Skatium in Skokie.

On Tuesday, Dec. 22, participants will be entertained by illustrations of Dennis DeBondt the Magician.

On Wednesday, Dec. 23, kindergarten through second graders will meet the animals and staff of CRickets, Chicago Region Interpreters. Third through fifth graders will visit Batter Up with indoor batting cages and video games.

On Thursday, Dec. 24, young-er children will be entertained by Chris Fascione, the Story Teller and Mime. Older children will

### Early childhood center has openings

Our unique concept in Early Childhood education is incorporated in our new slogan: "We are concerned about your child as an individual."

We believe that in today's world, children have to be prepared to enter school, so we are geared toward developing their skills and abilities through play, fun, and learning at their own pace. One of our aims is to teach the child to love learning. Our children learn to share, to get along with their peers, to listen

### Men's club hears commissioner

On Sunday, Dec. 20, Congregation B'Nai Zion Men's Club, 1447 W. Pratt, Chicago, will have Sunday morning services at 8:45 a.m. followed by breakfast at 10 a.m.

Guest speaker will be commissioner Pat Young who will speak on the Metropolitan Water Reclamation District. There is a nominal donation for breakfast. For further information call (312) 465-2161.

visit Bolingbrook Wave Pool.

On Monday, Dec. 28, kindergarten through second graders will see Emanon Theater's presentation of "Alice in Wonderland." Third through fifth graders will tee off at City Golf, an indoor mini-golf facility at North Pier in Chicago.

On Tuesday, Dec. 29, Jungle Jim's Playland with indoor rides and attractions will be the destination for the younger group. Older children will visit the enchanted Casle for video games, bumper cars and simulators.

On Wednesday, Dec. 30, Animate Puppet Show will present "Under The Big Top" to the kindergarten through second grade groups. The third through fifth graders will travel to the Museum of Science and Industry and Omnimedia, however swimming will not be held.

On Thursday, Dec. 31, both groups will celebrate with a New Year's Eve Carnival featuring games and fun at the JCC.

Daily fees are \$21 for members and \$30 for non-members. The fee for a full package of eight programs is \$150 for members and \$200 for non-members.

To register or for more information, call Dan Callistein at (708) 675-2200.

and follow directions, to respect the rights of others, and to like themselves.

The Early Childhood Center of Northwest Suburban Jewish Congregation is accepting registrations for the 93 school year. Programs are available for children 2 1/2 through 5 years old.

We invite you to visit the children's world at Northwest Suburban Jewish Congregation. To arrange a visit or further information, please call Roz Perper, Director, at 965-0901.

### Set annual Chanukah candlelighting

Congregation B'nai Jehoshua Beth Elohim, 901 Milwaukee Avenue, Glenview, will hold their annual Shabbat Chanukah Candlelighting service on Friday Dec. 25 at 8 p.m.

The sanctuary will be darkened when the menorah is lit and everyone will be allowed to hold a candle and become part of a larger Menorah as they sing the traditional blessings and Rock of Ages.

The experience will be memorable for all ages. All families are invited to celebrate the seventh night of Chanukah. For further information, call 729-7575.

### Men set Chanukah party

Congregation B'Nai Zion Men's Club Chanukah party will be held on Tuesday, Dec. 22 at 6:30 p.m.

A complete hot dinner with dessert will be served. Games, bingo and prizes will round out the party. The cost is \$7.50 per person.

Ted Ginsberg is chairman. David Arieti is president of the Men's Club. For information or reservations call (312) 465-2161.

### JCC plans family party

Join the festivities and fun on Monday, Dec. 21 when the Mayer Kaplan Jewish Community Center (JCC), 5050 W. Church Street, Skokie holds its "Family Hanukkah Party." It will take place from 5:30 to 8 p.m.

Families can participate in "latke" cooking (and eating), and a variety of activities including "dreidel" playing, and singing. Professional entertainment will round out this special day. Dinner will be available.

No payment will be charged at the door. Small fees will be charged for each game. Attendance at the professional performance will cost \$2.50 per child in advance, \$3 at the door. Parents will be admitted to the show without charge.

For information about the Hanukkah party, call Dave Gendel at (708) 675-2200.

### Paulina Home to expand

Paulina Home, an archdiocesan shelter at 527 N. Paulina and one of the eleven campuses of Maryville Academy, will expand and construct a new facility this winter to better serve children who are victims of sexual abuse, child pornography, and teenage prostitution.

Cardinal Joseph Bernardin joined Maryville Academy Executive Director Rev. John P. Smyth at Paulina Home today to unveil the plans for the facility's expansion.

The new Paulina Home will be licensed to care for 22 youths -- 11 boys and 11 girls -- and will continue the program that has served 1000 young people since 1985. A \$1 million grant from the Daniel F. and Ada J. Rice Foundation will make possible the construction of the new facility, providing more living space for children, additional office space for Paulina House staff, and new office space for the Archdiocese of Chicago's Catholic Youth Office.

Cardinal Bernardin linked the outreach offered through Paulina Home to the vast network of family services offered by the Catholic Church in Cook and Lake Counties, and to the national campaign of U.S. Catholic Bishops for "Putting Children and Families First." The Cardinal pledged that the Archdiocese of Chicago "will continue to face head-on the challenge of widespread child abuse and neglect... through our shelters, residential and foster care programs... and through preventive measures such as education and advocacy."

### Enroll in early childhood center

Enrollment for Congregation B'nai Jehoshua Beth Elohim's Early Childhood Center's 1993-1994 school year began on January 4 for currently enrolled students and begins January 15 for new students.

The Center is located at 901 Milwaukee Avenue, Glenview.

The B'Nai Zion Early Childhood Center offers a variety of programs for children and their parents, weekdays and Saturdays. Programs include a parent-child drop-in for children 6 months to three years old, parent-tot classes for children 18 months to 36 months, transition classes for 2 year olds and pre-school for 3 and 4 year olds.

For more information or to set up an appointment to observe, please contact Sandy Robbins, Director, at 729-7575.

### Church sponsors blood drive

Give the gift of life. On Monday, Dec. 28 from 4 to 8 p.m., Niles Community Church will host a blood drive in conjunction with LifeSource. The holiday season is notorious for blood supply shortages so please keep this date open. Anyone between the ages of 17-55 are welcome. Call the church office and sign up for a time to give blood.

Of all the gifts you give during the holidays, the gift of blood is one of the most precious.

**JAMIE WALLER**  
Jamie Lynn Waller, daughter of Harriet and Ronald Waller, was called to the Torah in honor of her becoming a Bat Mitzvah recently at Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove.

### OLR presents Candlelight Festival

First through third graders from Our Lady of Ransom School will present the 9th Annual Candlelight Festival of Lessons and Carols on Thursday, Dec. 17, 7:10 p.m. at Our Lady of Ransom Church, 8624 W. Normal Ave.

The OLR Concert Band under the direction of Mr. Greg Stepanek will provide the prelude music. Soloists include Kristine Berzinski, Mari Flores, Candice Bilson, Jeanine Balaskovitz and Claire Chun.

The music director is Peggy Keller; the organist is Nancy Bobowski.

### B'Nai Zion offers Hebrew lessons

Congregation B'Nai Zion, 1447 W. Pratt Blvd. offers classes in conversational Hebrew and familiarity with Hebrew payers every Sunday from 11:30 a.m. to 12:30 p.m. in Gerstein Lounge. Everyone is welcome.

For information call (312) 465-2161.

### Announce congregation services

Congregation B'Nai Zion Jewish Center, 1447 W. Pratt Blvd. announces minyan services Monday and Thursday at 7 a.m., weekly Saturday morning services at 9:30 a.m., late Friday evening services on the first Friday each month at 8:15 p.m. preceded by Kasher dinner served 6:30 p.m.

Sunday morning services at 8:45 a.m. are followed by breakfast, program and discussion. A nominal donation is required for breakfast.

For information and reservations for breakfasts and dinners call (312) 465-2161.

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## Church & Temple News

### OBITUARIES

#### John R. Fougousse

John R. Fougousse, 38, of Morton Grove, died on Dec. 6 at Rush North Shore Hospital, Skokie. He was the husband of Rosemary, son of John & Jeanne Fougousse, brother of Jeannette Weiland, James, Jeff, Jerome and Joan Ziegler. Funeral Mass was held Dec. 9 at St. Martha Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

#### John Bishop

John Bishop, 80, of Niles, died on Dec. 4 at Lutheran General Hospital. Mr. Bishop was born Oct. 6, 1912 in Chicago. He was the father of Patricia Walczak. Funeral services were held Dec. 7 at St. Nicholas Cathedral. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

#### Jane M. Glowacki

Jane M. Glowacki, (nee Augustyniak), 57, of Niles, died on Dec. 6 at Lutheran General Hospital. Mrs. Glowacki was born Sept. 30, 1935 in Chicago. She was the wife of Theodore F. Glowacki, mother of Daniel (Anne) Glowacki, brother of Walter Lustyk, grandmother of Amanda Glowacki, sister-in-law of Sophie Lustyk. Sister of Irene Wilgren and Helen (Franklin) Sherrill and sister-in-law of Josephine Synowicz. Funeral services were held Dec. 9 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

#### Josefina Sevilla

Josefina Sevilla, 58, of Skokie, died on Dec. 3 at St. Francis Hospital. Ms. Sevilla was born on Nov. 26, 1934 in the Philippines. She was the daughter of Aurelei and Amparo Sevilla, sister of Vivencia and Agnes. Funeral services were held Dec. 5 at St. Lambert Church, Skokie. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

#### Carol A. Pope

Carol A. Pope (nee Ranzulla), 52, of Twin Lakes, WI, died on Dec. 8 at St. Joseph Hospital. Mrs. Pope was born Dec. 10, 1939 in Chicago. She was the wife of Guy Pope, mother of Anthony Pope and Julianne (Robert) McAuliff. Funeral services were held Dec. 12 at St. John Catholic Church. Arrangements were handled by Skaja Terrace Funeral Home.

#### Maria Gaus

Maria Gaus (nee Racko), 78, of Niles, died on Dec. 4 at Lutheran General Hospital. Mrs. Gaus was born on July 19, 1914 in Yugoslavia. She was the wife of Martin, mother of Edward (Gloria) and Eleanor (Antal), sister of Peter Paul Racko and Elizabeth Haladnik. Funeral services were held Dec. 7 at Skaja Terrace Funeral Home. Interment was in Memorial Park Cemetery, Skokie.

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### School News

#### Starlab comes to Apollo

Starlab recently came to Apollo School. The third and sixth graders had a chance to experience the night sky in this portable planetarium.

Starlab is an 11-foot high, 22-foot long dome shaped inflatable planetarium. The students enter by crawling through a tunnel. They are then guided through a sky show by Mrs. Diane Accardi, second grade teacher at Apollo School who is in charge of the Starlab program and the Science Club.

The Science Club is in the process of making hot air balloons that they will really launch and fly. Mrs. Accardi and Mrs. Karol, fourth grade teacher at Apollo School, are teaching the students how to successfully construct hot air balloons.

#### Notre Dame inducts NHS members

Notre Dame High School Boys announced the following students were inducted into the National Honor Society during an all school Mass, recently.

Seniors are Robert Olma, Christopher Salzmann and Adam Wroblewski.

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#### Nelson students raise money

The Nelson School Student Council is busy.

The representatives have been selling ice cream on Fridays to raise money for the Alan Brin Leukemia Group. A donation each year is given to this group in memory of Sharon Helbraun and Alan Brin, former Nelson students who died from leukemia.

For the November project, they are collecting canned food for the Maine Township Food Pantry which will benefit the needy families of the area. The food will be distributed to families around the holidays.

In December, the student council will participate in the Toys For Tots Program sponsored by the U.S. Marine Corp. Students will be asked to bring in new or used toys, and games to give to needy children during the holiday season.

Nelson School is located at 89-01 N. Ozanam in Niles, Illinois, and is one of four elementary schools in East Maine District 63.

#### Lutheran schools basketball teams start season

Another basketball season begins for the combined team of Jerusalem Lutheran of Morton Grove and St. Matthew's Lutheran of Niles. Students in grades 4-8 from both Lutheran schools are able to learn basketball techniques and to have fun playing basketball through bi-weekly practices and games.

The combined girls team is coached by Jerusalem's 3-4 grade teacher, Mrs. S. Colantonio. The joint boys team is under the direction of the principal of St. Matthew's, Mr. Ed Beck.

For additional information and game times, contact the schools at 965-4750, Jerusalem Lutheran or 297-5898, St. Matthew's Lutheran.



#### Demon guard teaches youngsters to swim

There are many clubs to join at Maine East, but only a few directly help children in the community. Demon Guard teaches 5- to 12-year-old children of the community the fundamentals of swimming.

Since Demon Guard started in 1971, the group has taught well over 15,000 children of the community. The idea for such a program originated with math teachers Art Belmonte and Paul Nelson and English teacher Verne Farrell. Belmonte now works with part-time Maine East substitute teacher Kathy Dolasko; the two share organizational responsibilities.

To join Demon Guard, "students have to pass an interview and a 'skills test,'" states Belmonte. There are presently 40 members in the club. Captains are Claudia Tjho of Park Ridge, Erika Beil of Niles, Heidi Raymond of Park Ridge, and Karen Grant of Des Plaines.

The first session, which costs \$15 per youngster for a five-lesson ticket, lasts until Thanksgiving. Members will then start teaching in February until the first Saturday in May. If parents would like information about enrolling a son or daughter in the Demon Guard program, they can call Maine East (708) 825-4484. Each Demon Guard member is required to teach nine Saturdays during the year.

Demon Guard members are: Janet Ando of Niles, Chad Barnes of Des Plaines, Erika Beil of Niles, Rachel Bercovitz of Des Plaines, Dori Berkson of Des Plaines, Beth Cazel of Glenview, Neil Chazin of Glenview, David Chen of Niles, Ray Chen of Niles, Kathy Chiu of Park Ridge, Tom Chweh of Niles, Kathy Dabich of Park Ridge, Chris Diel of Morton Grove, Brad Finkel of Morton Grove, Bob Grabowski of Niles, Karen Grabowski of Niles, Karen Grant of Des Plaines, and Rob Jericho of Glenview. Also, Carlisle Kraft of Niles, Agnes Kozak of Des Plaines, Laura Kretz of Des Plaines, Paula Krynski of Glenview, Elaine Lambropoulos of Des Plaines, Brian Lee of Glenview, Joe Hyun Lee of Niles, Ella Mazzeo of Niles, Adela Mizrahi of Des Plaines, Ronak Patel of Des Plaines, Amy Pickering of Des Plaines, Andy Rabin of Des Plaines, Heidi Raymond of Park Ridge, Melanie Reter of Morton Grove, Jason Schwartz of Glenview, Keith Senkowski of Morton Grove, Linda Stilling of Morton Grove, Nicholas Stojanovich of Niles, Claudine Tjho of Park Ridge, Jenny Weiglar of Park Ridge, Katie Weymer of Glenview, Jerzy Wojcik of Morton Grove, Eva Wrobel of Niles, Phil Yee of Niles, and Julie Yoon of Morton Grove.

#### Marillac announces honor roll students

Sister Ann Marie Butler, D.C., Marillac principal, has announced the names of those students achieving first quarter honors. They are:

Park Ridge: Seniors Danielle Ferrini, Daneen Fitzpatrick, Janette Wagrowski; junior Kerry Flood; sophomores Theresa Gibbons, Sara Moore; and freshmen Kelly Neville, Jenica Tomasello and Nicole Wedryk.

Skokie: Juniors Lilla Lopez, Christine Turcato, Olga Ilagan. Morton Grove: Senior Diane Ciesel; juniors Michelle Morisco, Armida Enriquez; and soph-

omore Theresa Keane. Glenview: Seniors Beverly Alfon, Mary Sliva; juniors Dimi Bolger, Emily Corrigan, Anna Dabrowski; and sophomores Holly Lodarek, Laurie Puisis, Kimberly Schaul. Niles: Seniors Amy Poland, Jennifer Savino; juniors Amy Boffeli, Karen Kuntzman, Julie Schweigert; sophomore Jodie Scordo; and freshmen Christine Healy, Kristin Pierski. Des Plaines: Sophomore Ciny Arackal, Kathleen Leisten, Jamie Sweeney; and freshmen Michelle Garcia, Aida Manalo.

#### St. Francis programs relocate to hospital campus

North Shore Visiting Nurse Association (NSVNA), Visiting Nurse Association (VNA) Home Care Services, and St. Francis Hospice have moved to offices in the St. Francis Physician Office Center, 800 Austin, West Tower, Suites 604 and 606. The Physician Office Center is attached to St. Francis Hospital of Evanston, 355 Ridge Ave. Offices were previously located at 1000 Skokie Blvd. Wilmette. The community will continue

to receive professional nursing care in the home from the NSVNA; private duty homemaker services from VNA Home Care Services; and assistance for the terminally ill and their families from St. Francis Hospice. For further information, contact these programs at their new phone numbers. NSVA can be reached by calling (708) 866-5189; VNA Home Care at (708) 492-2177 and St. Francis Hospice at (708) 492-7114.

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#### NU needs children for study

Infants and toddlers are needed for research at Northwestern University in the latest of a series of studies designed to uncover remarkable cognitive and language abilities in young children.

The current study is examining the ability of newborn to 24-month-old children to notice similarities among objects (such as two different dogs) to categorize them into groups, and to understand hierarchical relations among groups (such as terriers are kinds of dogs and dogs are kinds of animals).

For more than 10 years, Sandra R. Waxman, associate professor of psychology at Northwestern, has been studying how young children develop basic concepts and language skills, and her findings contrast with previous literature that suggests that preschoolers are not able to form stable groups of objects.

The research takes place in a comfortable atmosphere on Northwestern's campus. The child participates in only one visit, and a parent or other caregiver is present throughout the 15- to 20-minute session. Each session is audio-or video-taped.

Children are not individually evaluated, but rather compared by age group. Infants are shown many toys; 12-month-olds are allowed to explore toys freely; toddlers participate in games in which they sort toys (including

puppets and small dolls) and objects into groups. Children are given small gifts for their participation.

Funded by a grant from the National Institutes of Health, Waxman's latest five-year study will chart the linkages between early conceptual and language development in pre-linguistic infants and toddlers by examining the influences of language on their categorization abilities.

To examine the consistency of the findings across cultures, the research also will include French-speaking children in Montreal, Canada, and Spanish-speaking children in Buenos Aires, Argentina. Children learning American Sign Language as a first language will also be studied.

Among Waxman's recruitment efforts, she is contacting area day care centers, preschools and pediatricians.

Those interested in having their children participate in the study call Leesa Slater, research supervisor, at (708) 491-3316.

#### Counselor named association president

Sue Imhoff, counselor at Regina Dominican, was inducted for a two-year term as president of the Illinois Association of Women in Education at the Drake Oakbrook.

#### Nurses offer critical care review

The Continuing Education for Nurses program at Oakton Community College is offering a five-week Critical Care Review Series at Holy Family Hospital in Des Plaines. This series prepares nurses for the AACN exam on February 13, 1993. It is also a valuable review for RNs working in critical care.

This five-week course is designed to provide a comprehensive review of selected care topics and assist the RN preparing for the AACN's certification examination. Experts in the various clinical fields present each review. Topics include Neurology, Cardiovascular, GI/Endocrine and Hematology/Renal. Clinical correlations of anatomy and physiology are highlighted. The fee is \$55 for each session or \$200 for all five and includes instruction and handouts.

The CCRN sessions have been approved by the American Association for Critical Care Nurses for 3.8 CEUs, CERP Category A. Each session meets the criteria for 7.5 contact hours. Oakton Community College/MONNACEP is accredited as a provider of continuing education in nursing by the American Nurse's Association Board on Accreditation.

To register and for more information, call the MONNACEP office at (708) 982-9888.

### School News

#### Announce joint degree partnership

Roosevelt University and The John Marshall Law School, educational neighbors in Chicago's South Loop, recently announced an innovative joint degree program enabling students to earn both a bachelor's degree and a law degree in six years.

Beginning with the January 1993 semester, qualified students can enroll at Roosevelt to begin the program. After completing three years of carefully coordinated undergraduate work with a B average and achieving a satisfactory score on the Law School Aptitude Test, Roosevelt students may apply to John Marshall to continue their pursuit of the J.D. degree.

The students will receive their B.A. degree from Roosevelt University after completing their first year (30 semester hours) at John Marshall. The program allows students

either to begin their university-level studies at Roosevelt or to transfer to the university after their freshman year at another institution. All students are required to take prescribed courses in the natural sciences, social sciences and humanities.

John Marshall will hold 20 spaces per year for qualified students entering from Roosevelt. The joint degree program will be administered by John Marshall's Robert Gilbert Johnston, associate dean, and Jane D. Oswald, assistant dean, and Roosevelt's Ronald D. Tallman, dean of the College of Arts and Sciences and James T. McHugh, director of the university's pre-law program.

For information about enrolling in the program, call the Admissions Office at Roosevelt, (312) 341-3515.

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## Women's News

### Embroiderers plan meeting

North Suburban Embroiderers Guild meets at the Village Presbyterian Church in Northbrook at 1300 Shermer Road on Tuesday, Jan. 5 at 9:30 a.m.

Karen Rockenbach will comment on the 1992 Needlework Show, while Zena Colterjohn's slides.

The Workshop on Needleweaving Fiber Jewelry will be taught by Kimberly Childs, who lives in Wilmette and has had her works displayed at the State of Il-

linois Art Center in the Loop and many other Art galleries.

This technique created by Helen Banes melds weaving threads with beads to create attractive sparkling neckpieces.

The workshop will be held Wednesday, Jan. 6 and Thursday, Jan. 7 at Gloria Dei Church at 1133 Pfingsten Rd., Northbrook, from 9:30 a.m. to 3 p.m. The cost is \$35.

For more information, call 869-6910.

### NCJW sells Entertainment books

The North Shore section of the National Council of Jewish Women (NCJW) is selling 1992-93 Entertainment Books.

The books have half price coupons for hundreds of items including restaurants ranging from Cafe Provencal to Domino's Pizzeria, hotels and entertainment such as local theaters.

The Entertainment Book costs \$35 and will be delivered by NCJW. With the holidays just around the corner, the Entertainment Book is also a perfect gift idea.

Proceeds from the sale of the book will be used to fund NCJW's community projects including Tele-Help, a free, non-sectarian information and referral service (708) 291-0085, Tri-con Day Care Center, traveling troupes that entertain handicapped children and senior citizens, and Tapes for Tots, a service that provides audio stimulation to newborns in the neonatal intensive care unit.

To order an Entertainment Book, or for more information, call (708) 433-0178.

### Teen pageant seeks contestants

Applications are now being accepted for the 1993 Miss Illinois Teen of the Nation Pageant to be held June 28-30.

Young women between the ages of 13 to 19 and living in the state of Illinois are eligible.

The new Miss Illinois Teen of the Nation will win an array of gifts, including a set of luggage, saving bond, pageant outfit, and an all expenses paid trip to Washington, D.C. to compete for the national title of Miss Teen of the Nation in August 1993.

For an official entry form and further information, call (708) 460-4732 or (708) 349-0997 or write: Miss Illinois Teen of the Nation Pageant, 15001 So. 81st Ave., Orland Park, Illinois 60462.

### Research confirms women wrinkle more

A common observation is that women show their age in later years more than men of the same age. Now, research conducted at The Hebrew University of Jerusalem supplies scientific proof of why this is so.

The research reveals that there is a substantial rise in the amount of wrinkles that appear in women's skin after menopause, accompanied by a sharp fall in skin oiliness and moisture. Men of a similar age, by contrast, have only a slight increase in wrinkles and no great loss of oiliness and moisture.

It has always been accepted that men's skin quality is better than women's, but until relatively recently there was no real means of measuring this. Professor Shabtay Dikstein of the Cell Pharmacology unit of The Hebrew University School of Pharmacy - Israel's only school of pharmacy - has developed a number of instruments for measuring skin variables, such as skin surface oiliness, acidity, moisture and softness.

He also has developed the levrometer, which provides a non-invasive, simple-to-use and highly sensitive means for measuring the number of wrinkles as well as skin characteristics resulting from the aging process or from damage caused by sun radiation the primary factor in accelerating wrinkling. It is also possible by using the levrometer, to check whether cosmetic or other forms of treatment improve the condition of the skin or prevent deterioration.

In a project conducted by Prof. Dikstein and his fellow researchers, Vared Manny-Abramson and Avi Shafran, tests were conducted of the skin quality on the inside of the lower part of the arm, an area which is generally neither exposed to the sun nor treated with skin products.

Four groups of people were tested in this experiment; two groups of men and women between the ages of 20-40 and two groups of men and women over 65.

In comparing the amount of wrinkling found in the groups, differences were found between the younger and older groups for both men and women. Within the

younger age group alone, differences were found between the men and the women, but these were less consequential than the differences between the sexes in the older age group, where the contrast was striking.

An analysis of the research, said Prof. Dikstein, shows that men's skin, in both younger and older age groups, is more elastic than that of women. Although a difference of 40 percent was found between younger men and women in quantity of wrinkles, this increased to a 75 percent differential between the two sexes, to the detriment of women, in the older age category.

The researchers conclude from this that some deficiency that occurs in the process of aging causes skin deterioration in women. It would appear that this is related to hormonal changes but it has yet to be determined which hormonal lack brings about the skin wrinkling.

In order to make this determination, Prof. Dikstein is planning an experiment with 100 women over a six to nine-month period in which they will be asked to rub on their inner lower arms hormonal substances which normally decrease in women with age. The hope is that by periodic checking of the skin quality, it will be possible to identify the hormone influencing skin elasticity.

Prof. Dikstein believes it will take several years of work and investment in research to find the exact substance that actively works against wrinkling, but once it is found, it will be possible to compound an ointment that will prevent wrinkling and perhaps even to reverse wrinkling that already had occurred. This would be a medicinal rather than a cosmetic material, since it would work on the lower skin layer, which is 100 microns beneath the skin surface; it is this layer which causes skin wrinkling and which is impervious to cosmetic creams.

Search begins for Miss Chicago

The 71st Annual Miss Chicago Scholarship Pageant will take place in Chicago at the Palmer House Hilton March 21. Applications are now being accepted from young women who wish to compete in the competition according to Daryl Schabinger, Executive Director of the Miss Chicago Pageant. There is no entry fee or sponsor needed. The Miss Chicago Scholarship Pageant, a non-profit organization, is the local preliminary to the Miss Illinois and Miss America Pageants.

"Any young women between the ages of 17 and 24, who are single, and never have been married who either live, work or attend school in Cook County are eligible to enter," Schabinger explained.

The competition will be divided into four categories. Personal interviews with the judges, talent, evening gown, and swim suit. A panel of nine celebrity judges will select Miss Chicago 1993. As an entrant in the Miss Illinois Pageant, Miss Chicago 1993 will attempt to become the seventh Miss Illinois from Chicago since 1971.

Interested applicants should contact Schabinger at (708) 848-2639 for an application and any further information, or by writing: Miss Chicago Scholarship Pageant, 408 S. Lombard #2, Oak Park, IL 60302.

### Set workshop for women entrepreneurs

Women interested in learning about entrepreneurship and the joys and pitfalls of owning their own businesses are invited to attend a workshop designed for them by the Women's Business Development Center.

### Seminar topic is market expansion

The Women's Business Development Center is sponsoring a workshop for established women business owners on the advantages of becoming certified as a woman's business enterprise and "Expanding Your Market to Government and Corporate Buyers."

The workshop will be held on Tuesday, Jan. 26 from 1 to 3 p.m.

The class will be held at the seminar facilities of the Women's Business Development Center, 8 South Michigan Ave., Suite 400 in Chicago. Elizabeth Scully, Coordinator of the Women's Business Enterprise Initiative will present the workshop and help the participants to develop new marketing strategies.

The workshop is designed for established women business owners who want to sell their products or services to corporations or governmental entities, and covers the intricacies of becoming certified with both governmental bodies and the private sector through the Women's Business Enterprise Initiative and other certifying agencies.

This workshop is sponsored by the Small Business Development Center at the Women's Business Development Center.

Registration fee is \$25 and includes all materials.

For further information or to register, call (312) 853-3477.

### Ballard names physical therapy director

Tamara L. Chapman has been appointed Director of Physical Therapy for Ballard Nursing Center, Des Plaines, it was announced today by Eli Pick, Executive Director.

She comes to Ballard from the Rehabilitation Unit of Westlake Community Hospital, Melrose Park, where she was a physical therapist working with hospital in-patients.

"Due to her extensive hospital rehabilitation experience, we feel that Ms. Chapman is uniquely qualified to build on the reputation of a rehabilitation department that has established an enviable record for sending most of its patients home," Pick said.

Chapman holds a Bachelor of Science degree in Physical Therapy from Bowling Green State University. A member of the American Physical Therapy Association (APTA), Chapman has been active in the Geriatrics, Neurology and Orthopedic section of APTA.

Ballard is a 231-bed organization which has been serving the north and northwest suburbs since 1972. It is accredited by the Joint Commission on Accreditation of Health Care Organizations and holds the 6-star Quip Award from the State of Illinois.

USE THE BUGLE

## Women's News

### More cancer patients to receive Taxol®

The experimental anti-cancer drug Taxol® will soon become more widely available to women who have ovarian cancer that has progressed in spite of standard treatment, the National Cancer Institute (NCI) announced today.

Oncologists can now apply to the institute to receive supplies of Taxol and a protocol, or plan for administering the drug. This expanded access reflects increased supplies of Taxol, indications in ongoing clinical trials of its effectiveness in treating ovarian cancer, and improved understanding of how to manage the drug's side effects.

Ovarian cancer is diagnosed in 21,000 women each year in the United States and claims 13,000 lives. Although most patients with the disease initially respond to chemotherapy, the cancer often recurs within a few years.

The Food and Drug Administration recently classified Taxol as "Group C" for refractory (unresponsive to conventional therapy) ovarian cancer. This designa-

tion means that patients with refractory ovarian cancer who are covered by Medicare will be reimbursed for costs related to the administration of Taxol. Although other health insurers are not required to follow Medicare's lead, many are likely to do so. NCI and its Taxol development partner, Bristol-Myers Squibb Company, currently supply Taxol itself without charge under the Group C program.

In October 1991, NCI established a Treatment Referral Center program to coordinate distribution of Taxol, through 39 NCI-designated cancer centers, to women who had advanced ovarian cancer but were not eligible for existing clinical trials. To enroll in the Treatment Referral Center program, patients originally were required to have ovarian cancer that had progressed despite treatment with three standard chemotherapy regimens, at least one of which included a platinum-containing drug such as cisplatin. Currently, patients in the pro-

gram are required to have undergone only two previous chemotherapy regimens, including one with a platinum-containing drug.

Clinical trials have confirmed that Taxol can shrink tumors by at least one half in 20 to 30 percent of patients with refractory ovarian cancer. The median duration of these responses has been about four months. Results from trials also suggest that Taxol could play a role in treating several other types of cancer, possibly including advanced breast cancer.

However, it is by no means clear that Taxol is the best treatment for these women. NCI therefore strongly recommends that eligible breast cancer patients discuss with their physicians whether Taxol, standard treatments, or other clinical trials are most appropriate for them.

Oncologists who are interested in obtaining Taxol for patients, can call NCI's Treatment Referral Center, (301) 496-5725.

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## Health News

### Set exercise classes for expectant mothers

Expectant mothers know the importance of being in shape during their pregnancy, as well as after the baby is born. A low impact workout with proper stretching and strengthening exercises has

been created for these women. On-going Perinatal exercise classes are offered each month from 6 to 7 p.m. on Tuesdays and Thursdays and from 10 to 11 a.m. on Saturdays at Northwestern University's Sports Pavilion. The exercise classes are offered through the Physical Therapy Department at the Evanston Hospital and are designed for expectant mothers and women who have just given birth.

For more information and to register call the Physical Therapy Department of the Evanston Hospital at (708) 570-2060.

### Relationship enrichment program offered

Single individuals seeking relationship skills and married couples hoping to improve their communication and intimacy are invited to attend Loyola University Medical Center's Marriage Enrichment Program on Jan. 9. The Saturday program will be held from 1 to 6 p.m. in the lower-level auditorium of the Loyola Stritch School of Medicine on the Medical Center Campus in the near west suburb of Maywood.

Secrets, jealousy and forgiveness will be explored during the session. Other topics include the physical effects of illness, surgery and medications, and the psychological impact of personal conflicts and emotions on a relationship to men and women, said Dr. Dorena C. Renshaw, director of the sexual dysfunction clinic and associate chairperson of the psychiatry department at Loyola.

Registration deadline is Jan. 4. The program will be limited to 70 persons; the fee is \$40 per person. More information is available by calling (708) 216-3752.

### Carpal tunnel injuries can be preventable

The painful images invoked by the terms "number crunching," "paper pushing," and "key punching" have new meaning these days for hundreds of thousands of workers who suffer from the information age's latest malady, Carpal Tunnel Syndrome.

Recently the U.S. Department of Labor cited this crippling hand disorder, as well as other cumulative trauma disorders (CTDs), as the cause of 48 percent of all industrial workplace illnesses.

In response to the problem, the agency developed ergonomic guidelines, focusing on safe work habits, appropriate tools, and comfortable workstations.

For meatpackers -- a group hit hard by CTDs -- and plans to soon implement ergonomic programs in all industries.

According to the American Physical Therapy Association (APTA), workers can reduce their chances of repetitive stress injuries through early intervention.

"People are hesitant to seek help because the symptoms don't seem severe at first. One of the worse things you can do about Carpal Tunnel Syndrome is ignore it and keep on performing the same hazardous motions," according to physical therapist Janna Jacobs, a Baltimore-based physical therapist and chairman of the APTA Section on Hand Rehabilitation.

Carpal Tunnel Syndrome usually begins as feelings of numbness, weakness, tingling and burning in the fingers and hands, and escalates into acute, persistent pain. The disease can become so crippling that workers can no longer perform the simplest tasks, much less their jobs. Some undergo surgery and miss long periods of work. Others never work again, losing use of their hands entirely.

According to Jacobs, preventive measures such as tool or workstation redesign can prevent or alleviate conditions that can lead to Carpal Tunnel Syndrome or other work-related injuries. This relatively new approach to reducing work-related injuries, called ergonomic intervention, is fast becoming a regular feature of corporate safety programs.

Named for a narrow tunnel in the wrist formed by ligament and bone, Carpal Tunnel Syndrome is classified as a cumulative trauma disorder -- an injury

caused by repeatedly performing stressful motions of the hand and holding the hand in a static position for long periods of time.

The median nerve, carrying impulses from the brain into the hand, passes through the carpal tunnel, along with the tendons that enable the hand to close. If the hand is used repeatedly in stressful motions, the tendons swell inside the tunnel and compress the median nerve.

Some predisposing conditions, such as arthritis, fluid retention, gout, and maligned fractures, can contribute to the compression of the median nerve.

Carpal Tunnel Syndrome need not be an occupational risk for employees performing repetitive tasks with their hands. According to Jacobs, who specializes in industrial injuries caused by repetitive motion, most cases of Carpal Tunnel Syndrome are avoidable.

Physical therapists recommend adjustments in work habits or work station design, periodic rest breaks, and a program of exercises and stretches that can alleviate discomfort in the hands.

At the keyboard remember to: Keep wrists relaxed and straight. Elbows should rest by your sides or be supported by special arm rests now available on some office chairs. Shoulders should be relaxed and level.

Your typing table should be slightly higher than elbows when arms are held relaxed by your sides. Keep wrists straight. Use only finger movement to strike keys -- do not move wrists.

Press keys with the minimum pressure necessary. Make sure keyboards are kept clean and in good working order to minimize resistance.

Move your entire hand to press hard-to-reach keys rather than forcing the hand into awkward positions. Use two hands if necessary to execute combination keystrokes such as shifting to upper case.

Break up typing tasks with other activities such as proof-reading, filing, or telephone work to give fatigued muscle groups a rest.

Although in severe cases of Carpal Tunnel Syndrome, corrective surgery may be necessary, early intervention can usually relieve pain and prevent the disorder's progress.

### Sunscreen important in winter, too

The dog days of summer have long faded and have since been replaced by brisk winter weather. Many summer items have been packed away. However, don't put away the sunscreen! The need for protection from the sun should still be a part of everyone's skin care regime, especially children and infants.

Author Paul Martin writes in the December/January issue of the National PTA's magazine, PTA Today, that skin cancer is on the rise and its patients are younger than ever. Martin suggests that everyone wear a sunscreen with a sun protective factor (SPF) of at least 15. "Along with sunscreen, it is also important to wear protective clothing such as long sleeved shirts, long pants and a hat," he noted.

The author cites the American Academy of Dermatology for the following recommendations to prevent skin cancer.

"Stay out of the sun whenever possible. Minimize your children's exposure to the sun and begin applying sunscreens as early as six months of age. Try a sunscreen

that is especially formulated for children's delicate skin.

Apply sunscreen liberally to young children and teach them how to use it.

If you must be in the sun, even for only 15-20 minutes, always use a sunscreen with a sunprotective factor of at least 15.

Martin added that the key in skin cancer prevention is limiting exposure to the sun. He concluded that "Along with being preventable, skin cancer usually is readily treatable with little or no scarring and is rarely fatal."

Other topics covered in the health-related issue of PTA Today include an article about the increased number of asthma cases, why our children are becoming junk food junkies and the importance of school breakfast programs.

Copies of PTA Today are available for \$2.50 each by sending a check or money order made payable to the National PTA, 700 N. Rush St., Chicago, IL 60611. The magazine is published seven times a year (October-May, December/January combined issues), and subscriptions are \$10/year.

### Center helps patients sleep

It is estimated that 50 million American adults have problems sleeping. Although all experience an occasional night of tossing and turning, recurring sleep difficulty could be a symptom of a more serious disorder.

"The inability to get a restful night's sleep can result in impaired alertness, concentration, memory and task completion," said Gary Hansen, manager of the Sleep Referral Center at Alexian Brothers Medical Center in Elk Grove Village. "Daytime drowsiness can affect how well people perform in their jobs, interact in social situations and even safely drive their car."

The Sleep Referral Center specializes in evaluating, diagnosing and treating a wide variety of sleep disorders. Patients are usually referred to the Sleep Referral Center by their physician for an initial consultation, from which a sleep evaluation may be prescribed to fully diagnose the patient's sleep disorder," Hansen said. "The evaluation typically involves sleeping at the Center for one or two nights while a technician monitors the patient's brain waves, breathing, eye movements and other functions."

The Center's soundproof lab is designed with all the comforts of home, including a double brass bed, soft lighting and a television. "The simulated bedroom envi-

ronment allows patients to relax and get comfortable. Patients come prepared for bed just like they would at home, with their pajamas and toothbrush," he added.

Computer-assisted analysis provides fast, accurate and complete results of data collected during a patient's sleep. Once all the information gathered during the sleep evaluation is compiled and tabulated, a diagnosis can be made and a treatment prescribed.

The most common sleep disorder studied at the center is obstructive sleep apnea, a condition in which a person's breathing stops repeatedly during sleep.

Because poor sleeping habits account for up to 20 percent of sleep disturbances, Hansen suggests trying the following before making a visit to your physician: maintain a regular sleep schedule and wake-up time, avoid naps, abstain from stimulants such as caffeine or decongestants in the evening, avoid meals at bedtime, and schedule time to wind down and relax before bed.

The Sleep Referral Center's staff has more than 30 years combined experience in treating sleep disorders, and includes a board-certified specialist and registered polysomnographic technologist. For more information, call (708) 981-5926.

### Offer support to caregivers

Many stroke patients receive daily care from family members or friends. This support group is designed for family, friends and caregivers of stroke patients. It is a discussion group dealing with coping and adapting to the changes in one's lives that have been brought on by a family/friend's stroke.

The Caregiver Support Group will meet from 7 to 8:30 p.m., Wednesday, Jan. 6, in room C952-956 of The Evanston Hospital, 2650 Ridge Ave.

The group is open to the public free of charge and meets the first Wednesday of every month. For more information, call Colleen Collins at (708) 570-2030.

## Health News

### Holy Family plans cardiac catheterization lab

Holy Family Hospital, an affiliate member of Rush-Presbyterian-St. Luke's Medical Center, recently was awarded certificate of need approval by the Illinois Health Facilities Planning Board for construction of a cardiac catheterization laboratory.

The program will add a key component to a variety of existing diagnostic cardiology services expected in today's community hospitals for early diagnosis and treatment of coronary patients. The cardiac catheterization laboratory will also allow for more continuity of medical decision-making by patients and their physicians. The lab will increase patient access to cardiac technology, enhance quality and medical outcomes, and provide for early intervention and treatment of cardiac diseases.

"The cardiac catheterization laboratory will expand services already available, enhancing the ability of the current cardiology staff to provide excellent care," says Steven Hersh, MD, director designate of the cardiac catheterization laboratory and an invasive cardiologist at Holy Family as well as a member of the Rush faculty.

Holy Family provides comprehensive cardiology services, including a cardiac intensive care unit, a 28-bed telemetry unit and state-of-the-art, three-phase cardiac rehabilitation.

"Cardiac catheterization is a needed segment for comprehensive cardiology services at Holy Family as we are an integral part of the Rush cardiology network," states Kenneth D. Schmidt, MD, vice president of medical affairs for Holy Family Hospital and associate dean of Rush Medical College.

The cardiac catheterization service has been partially funded by community and business donors and other fundraising activities. More than \$200,000 has been donated toward the service. Construction of the cardiac catheterization laboratory is scheduled to be completed by October 1, 1993.

For more information about cardiology services or other programs offered by Holy Family Hospital, located at the corner of Golf and River roads in Des Plaines, call MedConnection, Holy Family's free physician referral and appointment service at (708) 297-1800, ext. 1110.

### Plan meeting for heart transplant patients

A free support group for heart transplant patients and their families meets twice a month at The Evanston Hospital, 2650 Ridge Ave., Evanston.

Group members meet to share their feelings, coping techniques and information on various aspects of living with a new heart and waiting or preparing to receive one. Meetings are moderated by Medical Social Worker Sandra Nothegger, L.C.S.W.

For more information call The Evanston Hospital at (708) 570-2030.

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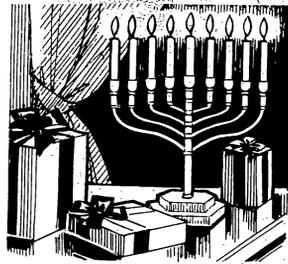
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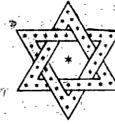
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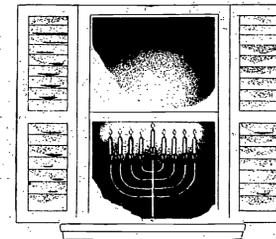
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## Entertainment

### Orchestra Hall to ring in 1993

Following the success of last year's New Year's Eve concert and party, Orchestra Hall will be the setting once again for an evening of music, dancing and dining to welcome in 1993. The Thursday, Dec. 31, date is being sponsored by American Express Cards and is an activity of The Women's Association. The event was inaugurated last year in response from patrons who suggested that the elegant setting of Orchestra Hall would be an unusual and festive spot to celebrate New Year's Eve. The evening was a complete sell-

out. Festivities begin with a 9 p.m. concert featuring members of the Chicago Symphony Orchestra conducted by Kenneth Jean with singers, husband and wife, Richard Cowan and Constance Hauman. The program has a French theme, and to complete the evening, the singing of the traditional Auld Lang Syne. The doors of Orchestra Hall will open at 8 p.m. The party is already sold out, but concert tickets from \$25 to \$50 are available.

### Bowling alley hosts New Year's party

Reserve a lane now for a New Year's Eve Party at Brunswick Niles Bowl, 7333 Milwaukee, Niles. The party begins Thursday, Dec. 31 at 9 p.m. until Jan. 1, ending at 2 p.m. Bowl all night. The cost is \$22 per person in advance which must be paid in full by Dec. 30. Cost is \$30 per person at the door. Included in the package are 2 free bar drinks, a buffet dinner served at 10 p.m., hats and noise makers, champagne, coffee and dessert.

### Celebrate Christmas with an evening of music

The Taft Alumni chorus presents, "An Evening of Christmas Music", on Saturday, Dec. 19, at 7 p.m. in the Taft Auditorium Theatre located at 6545 W. Hurlbut Ave., Hurlbut and Natoma, Chicago. The concert is sponsored by the Taft High School Alumni Association. Plan to attend this evening of Christmas music. General seating tickets are available for \$5 before the concert, and \$6 the night of the performance. Senior citizens and Taft students (with ID) may purchase tickets for \$5. For ticket information, phone (312) 775-4356 or (708) 824-4747. The Taft Alumni Association is a not-for-profit organization that has two primary roles. First and foremost, they provide assistance to current extra-

curricular programs at Taft High School. Some of the programs that have directly benefitted from the efforts of the Alumni Association have been: the Taft Marching Band, the Drama Department, the Yearbook Committee and the Journalism Department. In addition, each year a Taft Senior is selected to receive a College Scholarship from the Alumni Association. Secondly, the Alumni Association provides a means through which graduates can keep in touch with one another and Class Reunions can be coordinated. The Taft Alumni Newsletter is published quarterly. This publication updates members of the happenings at the school and provides information on the whereabouts of classmates.

### Fountain Blue celebrates 15th anniversary

When Tim Psychogios and Gus Sizopoulos opened their restaurant in 1977, they were determined that their establishment would be dramatic architecturally as well as a superb establishment in terms of cuisine and service.

The two partners decided to recreate the famed palace, the Fontainebleau near Paris, and proceeded to invest \$3 million in the 25,000 square structure. The restaurant combines luxurious decor with Strauss chandeliers, 24K gold leaf columns, beautiful Renaissance decor, with literally thousands of linear feet of gold leaf embedded in the beams and woodwork. The Fountain Blue is located at 2300 S. Mannheim Road, on Mannheim just north of Touhy, Des Plaines.

The dining room of the Fountain Blue seats 225 persons while there is seating for 170 in the lounge. Add the banquet facilities for 450, and the total seating of the restaurant is 845. Tim and Gus maintain high standards of food preparation and service. Fresh fish are flown in daily "from everywhere," aged and prime meats are served. In addition to prime beef steaks and prime rib, the restaurant serves gourmet dishes of veal, poultry, shrimp, scallops and other succulent specialties prepared from scratch with the best ingredients.

Tim and Gus maintain strict practices as regards to their kitchen. Potatoes are peeled by hand and the kitchen staff does its own butchering and carving. Every salad dressing is also made from scratch. The high standards of food preparation at the Fountain Blue are reflected in the large lobby showcase which holds the many awards the restaurant has received from restaurant and food magazines, food societies, and culinary institutions. Walls are covered with testimonials to the charitable and civic activities that Gus and Tim have initiated both on behalf of themselves and their restaurant. The city of Des Plaines has given them awards in testimony to how their landscaping has beautified the city.

The Fountain Blue presents live entertainment in the show lounge six nights a week. A variety of hors d'oeuvres is served in the lounge from 4 p.m. to 1 a.m. The Fountain Blue honors all credit cards and is open every day of the week. The restaurant's hours of operation are Monday through Thursday, 11 a.m. to 1 a.m.; Friday, 11 a.m. to 2 a.m.; Saturday, 5 p.m. to 2 a.m.; and Sunday, noon to 1 a.m. There is parking for 1,000 cars in the parking lot.

### Sports Card and Comic Book extravaganza

The Pinsky Sports Card and Comic Book Extravaganza will be held Sundays - Dec. 13, 20 and 27; Jan. 10, 17, 24 and 31; and Feb. 7, 14, 21, and 28, from 10 a.m. to 3 p.m. at the Holiday Inn - Crystal Lake, Illinois. 800 S. Rt. 31 (Northeast corner Rt. 31 & Three Oaks Rd.), 1/4 mile south of Rt. 14 (Northwest Highway). Two miles south of Rt. 176. Eleven miles north of Interstate 90 (Northwest Tollway). Open to the public, admission is \$1, age 6 and younger free. For further information, call Louis Pinsky, (708) 309-8204. As many as 45 exhibitors will be buying, selling and trading, comic books, baseball cards, football cards, basketball cards, hockey cards, sports & comic memorabilia, new items, old items, unopened packs, unique items, rare items, display items, autographed items and related supplies.

### Cruises set sail to Hawaii

Most visitors to Hawaii only visit one of its famed tropical isles during their trip. But this spring Regency Cruises gives passengers the opportunity to experience much more of America's richly diverse Polynesian paradise when the Regent Sea sets sail on two special 10-day cruises between the mainland and Hawaii. On April 6, 1992, the 729-passenger Regent Sea departs from Ensenada, Mexico, after all passengers have been transferred from San Diego to board the ship and charts a southwest-ern course to the islands. The Regent Sea will call at the Big Island's two principal port cities of Hilo and Kona; plus the fabulous resort destination of Kahului, Maui before reaching Honolulu on Oahu, where passengers will overnight on-board to take advantage of sightseeing excursions. The April 16, 1993 itinerary departs Honolulu and showcases Nawi-liwili, Kauai, Lahaina, Maui and Hilo, Hawaii before sailing northeast to Vancouver. Both cruises may be combined into one 20-day vacation. Rates for each ten-day cruise range from \$1,975 to \$3,575 per person, double occupancy; an early booking discount of 20 percent per person, double is available for reservations made by January 31, 1993. Free airfare from most major west coast cities and low-cost add-ons from other U.S. gateways are available. When booking the 20-day itinerary, the second cruise is specially priced from \$795 to \$1,595 per person.

### Northbrook theatre presents 'Firecracker'

The Northbrook Theatre will present "The Miss Firecracker Contest" on January 22-24, 29-31 and February 5-7, 1993. Saturday performances begin at 8 p.m. with a matinee Sunday at 3 p.m. To order tickets or for more information call (708) 291-2988.

### 99¢ Any Breakfast, Lunch or Dinner Entree

(Excluding T-Bone Steak Entree's)  
**VALID MONDAY - FRIDAY, ANYTIME**  
 Buy 1 breakfast, lunch, or dinner entree at regular price, receive second entree of equal or lesser value, just 99¢ from regular adult menu. Beverage & Dessert not included. Please present coupon to waitress before ordering. Only at IHOP 9206 N. Milwaukee Ave., Niles. Good only at above location through 12-30-92. Not good with any other offer.

### INTERNATIONAL HOUSE OF PANCAKES RESTAURANT

**BONUS COUPON OFFER**  
 Min. \$10.00 Purchase  
**20% OFF**  
 YOUR ENTIRE CHECK  
 WHEN YOU PRESENT THIS COUPON  
 Only at IHOP 9206 N. Milwaukee Ave., Niles  
 Good only at above location through 12-30-92  
 Not good with any other offer.  
 Not available with specials (or special menus) coupons, discounts or G.A.C.  
 Please present coupon to waitress before ordering.

**BONUS COUPON/OFFER**  
 Min. \$10.00 Purchase  
**20% OFF**  
 YOUR ENTIRE CHECK  
 WHEN YOU PRESENT THIS COUPON  
 Only at IHOP 9206 N. Milwaukee Ave., Niles  
 Good only at above location through 12-30-92  
 Not good with any other offer.  
 Not available with specials (or special menus) coupons, discounts or G.A.C.  
 Please present coupon to waitress before ordering.

### NEW HOURS

**Only at IHOP**  
 9206 N. Milwaukee Ave., Niles  
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 Sunday-Thursday 6 a.m. - 12 p.m.  
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**KIDS EAT FREE**  
 Everyday 4 pm - 10 pm  
 Some restrictions apply.  
 See store for details.

### WINTER SPECIALS \$9.99

**Complete Dinner for 2**  
**6 DINNER SPECIALS**  
 • Turkey Breast Dinner  
 • Liver & Onions Dinner  
 • Ground Beef Steak Dinner  
 • Country Fried Steak Dinner  
 • Grilled Chicken Breast Dinner  
 • Grilled Ham Dinner  
 Choices of Potatoes, Vegetable, Soup or Salad  
 Beverage, Coffee, Tea or Soft Drink  
 Dessert: 1 Scoop of Ice Cream with Topping or Pie  
**Only at IHOP**  
 9206 N. Milwaukee Ave., Niles  
 Good only at above location through 12-30-92  
 Not good with any other offer.  
 Not available with specials (or special menus) coupons, discounts or G.A.C.  
 Please present coupon to waitress before ordering.

## Entertainment

### Chicago Boat, Sports & RV Show returns

The 63rd Chicago Boat, Sports & RV Show returns to McCormick Place December 30 through January 3 and celebrates the new year by providing the Midwest's biggest selection of boats and RVs available under one roof. The show provides outdoor enthusiasts with a convenient and affordable opportunity to shop for the best and latest products including hundreds of new boats, RVs and accessories.

**Family Day** - On Friday, January 1 only, the Chicago Boat, Sports & RV Show features "Family Day" when children 12 and younger get in FREE when accompanied by their parents. Family Day is sponsored by WGN Radio.

**Water Ski Clinics** - Master-Craft Boat Company sponsors a series of weekend clinics geared toward beginning and intermediate water skiers. Mike Seipal, U.S. World Barefoot Team member and former World Barefoot Champion, demonstrates techniques and offers helpful tips from how to stand up on skis to mastering the intricacies of slalom skiing. Between clinics, attendees may visit and talk with Seipal at the MasterCraft dealer display.

**Hawg Trough** - Speaker Gary Hain conducts workshops from this 42-foot, 5,000 gallon fishing demonstration aquarium. Designed to give spectators the unusual advantage of seeing both the fish and angler simultaneously, the Hawg Trough is a valuable educational tool for experienced and novice anglers.

**Fishing Workshops** - Chevy Trucks Pro Team member Cliff Craft, one of the top money-makers on the B.A.S.S. pro fish-

ing circuit, discusses methods that have helped him maintain a winning edge as a bass fisherman.

**Trout Pond** - After studying the pros in action, youngsters can fish free at the "Huck Finn Trout Pond." Sponsored by Pepsi Cola and the Chicago Tribune, the pond is stocked with some of the biggest trout this side of the Mississippi.

**Casting Pond** - Those who feel up to the challenge are welcome to test their casting skills and compete for prizes at the popular Casting Pond. Participants compete against the clock and each other to repeatedly strike a target area within a certain time limit.

**Radio Controlled Model Boat Races** - Test your maneuvering skills and try to beat the clock for prizes. The person with the best times each day wins a radio controlled model boat. Staff, boats and prizes are provided by Stanton Hobby Shop.

**Free Boating Basics Workshop** - On Saturday, January 2 from 8:30 to 10 a.m. a workshop teaching the basics of owning and operating a craft will be offered free of charge to new and potential boat buyers. Provided as a public service, the workshop is available to all whether or not they attend the show. The boating basics workshop is sponsored by The Chicago Tribune.

The Chicago Boat, Sports & RV Show is synonymous with saving money. The show is the first opportunity to see the new models for 1993. Hundreds of leading boat and RV models are found in one convenient location. And because they are literally side-by-side, shoppers can

### Set New Year's parties

The Saloon and Kinzie Street Chop House will ring in New Year's Eve with champagne, party favors, entertainment and a five-course meal. Executive Chef John Vlandis has designed a special menu that includes a main course selection of surf and turf, mixed grill of seafood medallions, grilled venison, and cheerywood smoked tenderloin of beef.

The Tom Muelner Trio will provide and up-beat backdrop of jazz at Kinzie Street Chop House, while The John Roethlisberger Trio will swing at The Saloon.

Seatings are at 6, 8 and 10 p.m. Price per person is \$75. Reservations are recommended, call Kinzie Street Chop House at (312) 822-0191 or The Saloon (312) 280-5454.

### GRAND OPENING SPECIALS

Spaghetti or Mostaccioli with Meatballs & Garlic Bread

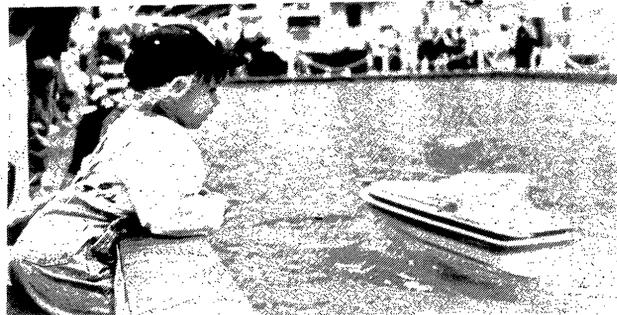
**\$3.25**  
(DINE IN ONLY)

**2 for 1 PIZZAS**  
(Small, Medium or Large)

Thin Crust or Pan  
(CARRY OUT or DELIVERY ONLY)  
Offers Expires 12/30/92

9072 Golf Road  
Niles, Illinois  
(in Golf Glen Plaza  
next to the movies)

708/635-8080



Friday, New Year's Day, is WGN Radio Family Day when children 12 and under are admitted free when accompanied by their parents. Youngsters will enjoy free fishing at the stocked trout pond, competing for prizes at the casting pond, and racing radio controlled model boats.

compare and contrast the looks, options, and prices of hundreds of models in a single, enjoyable day.

Attracted by the popularity of recreational vehicles in recent years, the number of lending institutions making loans has increased. Financing is now available through banks, savings institutions, credit unions, and even dealers themselves. In addition to dealers who often

### Extend musical through holidays

Due to popular demand this holiday season, Center Theater's musical comedy archy and merritabel is based on the stories of Don Marquis, a native of Walnut, Illinois who would later work as New York Sun journalist for nearly eleven years. During that time, Marquis gained fame by promoting the antics of a cockroach that purportedly commandeered his typewriter by night. No detail was spared; the daily column

provide financing, independent lending institutions will have representatives present at the show. The resulting competition among lenders had made it easier for consumers to find favorable financing packages to meet their needs.

Held at McCormick Place, the Chicago Boat, Sports & RV Show is the public's convenient, one-stop answer to boating and

RV questions and purchasing needs. The show is open from Wednesday, December 30 through Sunday, January 3. Hours are 11 a.m. to 10 p.m. on Wednesday, 11 a.m. to 6 p.m. on Thursday, 11 a.m. to 10 p.m. on Friday, 10 a.m. to 10 p.m. on Saturday and 10 a.m. to 7 p.m. on Sunday. Admission is \$6 for adults and \$2 for children ages 6-12.

### Parks distribute winter recreation guide

By now, most Northbrook Park District residents have received their copy of the Winter Recreation Guide. The Winter '92 edition features traditional seasonal activities, countless programs, new and special events for the entire family. Those who did not receive a copy, should stop by any park district facility and pick one up. Residential letters begins December 30, with most classes beginning January 11, 1993.

For more information, call registration at (708) 291-2980.

### Irish singer, comedian at Chicago Theatre

"The Best of Ireland's Song and Laughter," featuring Frank Patterson and Hal Roach will play one show at the Chicago Theatre on Saturday, April 3, at 8 p.m. The duo will be making their first joint concert appearance in Chicago.

Frank Patterson is accepted as the preeminent Irish Tenor on the concert circuit today. His musical talent revives memories of a time when Irish Tenors were the world's leading singers.

Comedian Hal Roach has brought laughter to the world for

nearly a generation. His distinctive style and wit have made him internationally famous, and his countless appearances at the Chicago Theatre in Dublin have helped make Jury's an institution.

Tickets for "The Best of Ireland's Song and Laughter" featuring Frank Patterson and Hal Roach cost \$22.50 and \$25 each and go on sale Friday, Dec. 11 at 10 a.m. at the Chicago Theatre Box Office and TicketMaster. To charge tickets by phone, call (312) 559-1212. Groups of twenty or more should call (708) 679-7007 for discount information.

convention of time travel to educate young audiences in the historical relationship between humans and whales, detailing the scientific studies of whale "songs", communities, migratory patterns, the near-extinction state of specific kinds of whales and the role of public aquariums such as Chicago's John G. Shedd Aquarium.

Of Whales and Time free performances will begin in January 1993 at both the Shedd Aquarium and Center Theater. The complete program includes: a post-show discussion with the actors and a member of the Aquarium's staff; pre and post-visit lesson plans; and an on-site tour of the respective venues.

### Set train swap show

Just in time for Christmas, the Great Train Escape, is proud to present Chicagoland's friendliest and most convenient Toy and Model Train Swap Show, as it steams into the Northwest Suburbs on Sunday, Dec. 20, at the VFW Hall next to the Rand Park Field House, 2025 W. Dempster, Des Plaines, 1/4 mile west of I-294.

Open to the public from 9 a.m. to 2 p.m., the Great Train Escape features hundreds of toy trains in all sizes, gauges, and ages plus parts, books, gifts, railroadiana items, and refreshments too.

For more information, call 398-5809. Admission is \$2 and children under 12 are free.

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When 2nd Entree  
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708-657-2390

### 'Beauty and the Beast' skate into Chicago

One of the most beautiful love stories ever told will come to life when Walt Disney's World On Ice presents Beauty and the Beast glides into the Chicago Stadium for a two-week engagement, January 28 through February 7. Tickets are now on sale at the Chicago Stadium Box Office, 1800 West Madison, and all Chicago area Ticketmaster locations.

Like Disney's blockbuster movie, this six-million-dollar ice extravaganza combines a beloved tale and an unforgettable cast of characters with the Academy Award-winning music of Howard Ashman and Alan Menken. Songs include "Beauty and the Beast," "Belle," "Be Our Guest" and other movie favorites.

Ticket prices for Walt Disney's World On Ice presents Beauty and the Beast are \$15.50, \$12.50 and \$9.50, with a limited number of \$25 ringside seats available for all performances. To order tickets by phone, call (312) 559-1212. For general information, call (312) 733-5300. For group discounts, call (312) 951-0742.



'Beauty and the Beast' as presented by Walt Disney's World on Ice.

### Grant helps fund aquarium project

Center Theater's ArtsReach program receives grant awards from Kraft General Foods and the Lloyd A. Fry Foundation, providing partial underwriting for the first year of The Shedd Aquarium Project. Kraft's first-year gift of \$7,000, based on a three-year pledge, and the Lloyd A. Fry Foundation's one-year support of \$10,000 serve to secure 32 free performances for Chicago area school children. Joyce Grant, manager of Community Affairs for Kraft General Foods says, "Arts education is one of our primary efforts and we're glad to support this collaborative project."

The Shedd Aquarium Project, designed to reach a total of 11,880 students from Chicago area under-served schools through 72 free performances, requires \$35,500 to fully implement its plans for the 1992-93 school year.

The Shedd Aquarium Project features the Center Theater ArtsReach touring production Of Whales and Time, written by ArtsReach Director Karen L. Erickson. The play employs the

### College exhibit investigates 'self'

Columbia College Chicago presents "Self/World: Mary Ahrendt and Dennis Kowalski" through January 29.

The event contains an exhibit by two Chicago artists that investigates the perception of "self" within the larger scope of the world, with an awareness of crisis situations and environmental concerns. The show includes a multi-media installation of mixed media self-portraits by Ahrendt.

Art Gallery hours are Monday through Friday, 10 a.m. to 4 p.m. at Columbia College Art Gallery, 72 E. 11th St., Chicago.

Admission is free and the exhibit is open to the public. For information call the Art Gallery at (312) 663-1600, ext. 110 or (312) 663-5554.



## Entertainment

### Sweet Adelines sing Mardi Gras tunes

The Country Chords Chorus, a chapter of Sweet Adelines International, will give its 34th annual show. The theme is masquerade. The sights, moods and songs of Mardi Gras. Setting the mood will be saxophonist Dan Macke offering his style of Jazz and Blues Ala New Orleans.

Slight of hand artist Tom Tremont will perform magic, allowing a mysterious mood to develop.

The featured quartets are: Just Friends, Double Your Pleasure, Time Was, and a

new, special guest quartet. They will entertain with the unique blend of four part harmony.

Costumes were designed by each member adding glitter and glitz in the tradition of Mardi Gras. Two performances, 2 p.m. and 9 p.m., will be on January 9, 1993 at The Prairie View Center For The Performing Arts in Schaumburg. Tickets are \$10 and \$8 for seniors and children under 12.

For more information, call Pat Sharp at 397-0226.

### Display photographs

The Museum of Contemporary Photography presents "Revealing Territory: Photographs of the Southwest" by Mark Kleit, "United Colors of Benetton: Advertising & Social Issues," an exhibit featuring the controversial Benetton advertising photographs, and "Nicaragua: Meditation: Meiselas: Photographs from Nicaragua, June 1978 - July 1979" by Magnum photographer Susan Meiselas.

### Set antique collectible show

Christmas is coming early to the DuPage Antique and Collectible Market on Sunday, Dec. 20, when more than 150 dealers intermingle antiques and collectibles in the spirit of the holiday season.

Admission to the Antique Market at the DuPage County Fairgrounds in Wheaton is \$2, and plenty of free parking is available. Collector services include china restoration, glass grinding and vintage fountain pen repair. Hungry patrons can take advantage of homemade breakfasts and lunches, which are served throughout the day.

For more information on the DuPage Antique and Collectible Market, contact Marilyn Sugarman at (708) 455-6090.

The exhibit will run through January 9 at the Museum of Contemporary Photography at Columbia College, 600 S. Michigan Ave., Chicago. Museum hours are Monday through Friday, 10 a.m. to 5 p.m. Saturday, noon to 5 p.m.

Admission is free and the exhibit is open to the public. Call the Museum at (312) 663-5554 for information.

### Metra extends family fares

Metra commuter rail will get into the holiday spirit by extending its discounted weekend "Family Fare" plan to include nine consecutive weekdays during the holiday season.

Family Fares, available on all lines except the South Shore and normally available only on weekends and holidays, will be in effect every day from Monday, Dec. 21 through Thursday, Dec. 31. With Family Fares, up to three children under 12 ride free when accompanied by a fare-paying adult; all youths age 12 through 17 ride for half price.

For information, call Metra Passenger Services, (312) 322-5777, during business hours; or the Travel Information Center, (312) 836-7000.

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Every Nite **\$4.95**  
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**MORTON GROVE THEATRE**  
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STARTS FRIDAY - DECEMBER 18th

<b>"LAST OF THE MOHICANS"</b> Fri. ONLY: 5:30, 7:45, 10:00 Sat. thru Wed.: 1:00, 3:15, 5:30, 7:45, 10:00	R
<b>"OF MICE &amp; MEN"</b> Fri. ONLY: 5:10, 7:20, 9:30 Sat. thru Wed.: 3:00, 5:10, 7:20, 9:30	R
<b>"CONSENTING ADULTS"</b> Fri. ONLY: 5:15, 7:15, 9:15 Sat. thru Wed.: 1:15, 3:15, 5:15, 7:15, 9:15	R
<b>DOUBLE FEATURE</b>	
<b>HELD OVER "SCHOOL TIES"</b> Fri.: 5:25, 9:50 Sat. thru Wed.: 1:00, 5:25, 9:50	PG-13
<b>HELD OVER "MR. SATURDAY NIGHT"</b> Fri.: 7:35 Sat. thru Wed.: 3:10, 7:35	R
<b>HELD OVER "HONEY I BLEW UP THE KID"</b> Sat. thru Wed.: 1:10 ONLY	PG
CLOSED THURSDAY, DECEMBER 24TH - HAPPY HOLIDAYS!	
<b>ALL SEATS \$1.50 FOR ALL SHOWS</b>	

## Entertainment

### Theater produces Steinbeck play

Beginning on Thursday January 14, and continuing through Sunday March 7, Touchstone Theatre will produce "Burning Bright" by Nobel prize winning American author, John Steinbeck. This lesser known, extremely evocative piece reaffirms Touchstone Theatre's commitment and dedication to plays rich in language and character.

"Burning Bright" centers around the complex and uncertain lives of its characters; Joe Saul, Friend Ed, Mordcen and Victor. In his own unique style Steinbeck focuses on the intricacies of their relationship to each other and the unravelling of the passions that bind them yet serve as their undoing.

In a highly unorthodox fashion, the scenes and locations change, while the play's characters and universality of theme become the constant, the thread running throughout the play from beginning to end.

In every sense this is classic Steinbeck; timeless deeply moving and meaningful beyond mere intellect or emotion," says Ina Marlowe, Producing Artistic Director of Touchstone Theatre and director of this piece.

Specialty priced previews begin on Thursday January 14 and run through Tuesday January 19. The Tuesday and Thursday performances are at 7:30 p.m., the Friday and Saturday performances are at 8 p.m. and the Sunday performance is at 2:30 p.m. Preview tickets range in price from \$10 to

\$15. "Burning Bright" opens Wednesday January 20 and runs through Sunday March 7. Performances are scheduled for Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m. and Sundays at 2:30 p.m., and tickets range in price from \$16 to \$20. Children under 12, students and seniors receive a \$2 discount. Single tickets are now on sale.

Touchstone Theatre is located at 2851 N. Halsted in Chicago. Valet parking is available adjacent to the theatre.

For more information call the Box Office at (312) 404-4700.

### Add performance of 'Little Prince'

Due to overwhelming audience response and extremely favorable reviews of this year's production of "The Little Prince", directed by Phillip Van Lear, an additional matinee performance, has been scheduled for Saturday, Jan. 2. Curtain time is 2:30 p.m.

The regular performance schedule is: Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m., and Sundays at 2:30 p.m. Tickets range in price from \$16-\$20. Children under 12, students and seniors receive a \$2.00 discount. Single tickets are currently on sale.

Touchstone Theatre is located at 2851 N. Halsted in Chicago. Valet parking is available adjacent to the theatre.

For more information call the Box Office at (312) 404-4700.

### Set auditions for children's theatre

Aspiring actors will be interested to learn that the Northbrook Children's Theatre will be presenting "The Ozma Trilogy." This includes "The Land of Oz," "OZMA of Oz," and "The Emerald City of Oz." The three are all sequels to "The Wizard of Oz."

Auditions will be held on Jan. 5 and 6, 1993 beginning at 4 p.m. at the Leisure Center Theatre, 3323 Walters Avenue, Northbrook. Boys and girls between the age of 11 and 15 are invited to attend.

All who try out must participate in an acting audition that consists of a reading from the script. Actors are given time to rehearse before being considered. Parts awarded on a competitive basis as determined by the audition process. Fee required.

Production will be presented in March. For more information call (708) 291-2988.

### ARK holds Chanukah party

On Sunday, Dec. 20, The ARK will hold its annual Chanukah Party at B'nai Zion Synagogue, 6759 N. Greenwood, Chicago at noon.

Music will be provided by "Friclach's Show and Dance Orchestra." Danziger Kosher Catering will donate and prepare the food, and The ARK's Board of Directors, along with their many volunteers will distribute the food and Chanukah Menorahs and candles.

In the past there have been over 600 people attending this Festival of Lights, given by The ARK. The ARK has been meeting the needs of the Chicago Jewish poor since 1971. It is the only Jewish agency of its kind in the Midwest.

### Exhibit furniture

"Circa: 1992," will be presented by Columbia College Chicago on January 4 through 29, Monday through Friday, 8 a.m. to 7 p.m. and Saturday, 8 a.m. to 5 p.m.

Creative chairs, coffee tables and beds are among the pieces in this furniture exhibit of student work, including a reproduction of a Charles Macintosh chair and a medieval-meets-Filintone style chair.

The exhibit is free and open to the public and will be on display at Columbia College Hokin Center, 623 S. Wabash, Chicago.

For information, call the Hokin Center at (312) 663-1600.

### 'Ruthless' previews at Forum

Candlelight Dinner Playhouse, after recently announcing that it will stage Cameron Mackintosh's Five Guys Named Moe at Candlelight beginning February 3, has scored another coup. Ruthless!, the New York hit musical makes its Midwest premiere on January 13 with a January 20 opening at Candlelight's Forum Theatre.

Ruthless! Author Joel Paley, who directed the musical in New York, will direct in Chicago with musical direction by Composer Marvin Laird.

The Forum Theatre's current hit farce Out of Order, will close January 3, 1993 following a seven month run.

Ruthless! is a campy musical spoof of child stardom, stage motherhood and pushy agents. Pretty little golden-haired Tina lusts to be the lead in her elementary school's production of

"Pippi in Tahiti" and she'll do anything to get the lead in the school play - and she does!

The schedule for Ruthless! and ticket prices follows:  
Wednesday, 8 p.m. - \$25.50;  
Thursday Matinee, 2 p.m. - \$21.50; Thursday, 8 p.m. - \$25.50; Friday, 8 p.m. - \$27.50; Saturday 1st Performance, 6 p.m. - \$27.50; Saturday 2nd Performance, 9 p.m. - \$27.50 and Sunday, 7 p.m. - \$25.50.

The Forum Theatre's Bravol Restaurant serves fabulous continental cuisine to Forum theatregoers, offering great value on Dinner and Show packages ranging from \$31.50 to \$39.50.

For tickets to Out of Order and Ruthless! write or visit Candlelight's Forum Theatre, 5620 S. Harlem Ave., Summit 60501 or phone (708) 496-3000.

### Barbershop quartets present show

It's barbershop harmony time! The 32nd annual Chicago-Land barbershop show takes place at 8 p.m. Saturday, Jan. 23, at the Chicago Theatre in downtown Chicago.

Top talent quartets will be the Chiefs of Staff, 1988 international champions, and featured in the 1992 movie "The Babe"; Chicago News, 1981 international champions; the Naturals, current international 3rd-place medalists; and Ricochet, current international semi-finalists. Also Cincinnati's Southern Gateway Chapter, current inter-

national chorus champions.

Reserved seat tickets are \$25 for the orchestra pit, \$20 for box seats, \$15 for main floor and balcony front, and \$10 for main floor and balcony rear. To order, make check payable to C.A.B.C. and mail with a stamped, self-addressed envelope to: C.A.B.C., Post Office Box 11757, Chicago, IL 60611. Tickets will also be on sale at the theatre box office the day of the show.

For further information phone the 24-hour barbershop hotline at (708) 575-9265.

### Chicago Bar revue returns to Oakton

The Chicago Bar Association's Christmas Spirits Revue returns to Oakton Community College for a benefit performance on Saturday, Jan. 30, at 8:30 p.m. in the Performing Arts Center of the Des Plaines campus, 1600 E. Golf Rd.

Tickets for this satirical revue, "Beauty and the Briefs," are on sale now at the Oakton Box Office.

Entering their 69th year of performance, the bar association showcases Chicago's top lawyers and judges as they take

hilarious aim at those who have been in the spotlight this year. Their inviting targets include Mia Farrow and Woody Allen, Bill Clinton and Al Gore, Ross Perot, Larry King, Carol Mosley Braun, Governor Jim Edgar and, of course, Hillary Clinton.

This performance is sponsored by the Oakton Educational Foundation.

Ticket are \$35 and include a post-show reception. For ticket information, call the Oakton Box Office at (708) 635-1900.

### Student art show announced

Plans for the Student Art Show, open to Chicago area pupils in grades seven through twelve, were announced today by Facing History and Ourselves. The Show will run in conjunction with the Facing History "Anne Frank in the World 1929-1945" exhibit at the Chicago Cultural Center from March 24 - April 25, 1993. The exhibit and show are sponsored by Facing History and Ourselves, a national educational foundation that trains teachers to use 20th century history to help students explore the consequences of racism, antisemitism and indifference.

"Anne Frank in the World 1929-1945" contains over 800 photographs which document the life of a 15-year-old girl who was murdered along with millions of others because she was deemed unworthy of life during the Nazi Holocaust. Students are asked to submit artwork which will be reviewed

on the basis of creativity, originality and how effectively the work relates to contemporary issues. Approximately fifty pieces of student art will be shown in a room adjacent to the Anne Frank exhibit in the Chicago Cultural Center. Others will be seen in the Harold Washington Public Library Center and branch libraries throughout Chicago. Students whose art work is selected for the Cultural Center will be recognized by the City of Chicago and they, along with their parents and teachers, will be invited to a preview reception at the Center.

The Student Art Show is open to all students in grades 7 - 12. Teachers or students interested in a complete set of rules and entry forms should call (312) 726-0083 or write to Facing History and Ourselves, 35 East Wacker Drive, Room 1300, Chicago, Illinois 60601. The deadline for entries is February 10, 1993.

# Ski Resource Guide

• Books, guides and telephone hotlines provide up-to-minute conditions

## Cross-country skiing called superb in Michigan & Wisconsin

Chicagoans often look to Michigan and Wisconsin for downhill skiing, but there is excellent cross-country skiing in these states as well.

The best areas in Michigan are found in the Upper Peninsula because of the beautiful surroundings and the largest annual snowfall of anywhere in the Midwest (up to 250 inches a year).

Lake Superior State Forest near Newberry offers 5 trails that run for 40 miles. Porcupine Mountain State Park in Ontonagon has 4 trails over 26 miles. Mackinaw State Forest offers the longest trails in Michigan: 9 for a total of 62 miles. Pere Marquette Forest is a close second with 7 trails for a total of 59 miles. Other cross-country ski areas in the Upper Peninsula are: Keweenaw Peninsula, Ottawa National Forest and Craig Lake State Park.

The lower peninsula offers some excellent skiing as well, particularly western Michigan which gets lake ef-

fect snow but has "warm" weather (25 degrees to 30 degrees Fahrenheit) because of the lake as well. Boyne is well known for its cross-country trails as well as its downhill runs. Together, the two Boyne resorts have 8 trails for a total of 26 miles. The area near Traverse offers excellent ski conditions as well with an annual snowfall of 80-140 inches a year. There are also many miles of trails near Bear Mountain in Grayling.

A good resource for information about more trails is in the book Cross-Country Skee by Jeanette and Hugh Bayer which has 58 trails and maps of upper Michigan. The Michigan Travel Bureau (1-800-543-2973) has more information as well.

Wisconsin offers excellent cross-country skiing (over 300 facilities) although the annual snowfall is significantly less than in Michigan. The terrain varies from rolling hills with lakes, streams, and swamps to dense forests of hardwood and pine. North-

east and northern trail are Wisconsin's "snow country" averaging 50-60 inches of snow a year. This does not sound like much, but because of consistently low temperatures, the snow cover is reliable.

Telemark Nordic Center is well known for its excellent cross-country skiing. It has 56 miles of trails cover-

ing terrain from flat to hilly and open to wooded. The Eagle River area offers scenic skiing as well. The trails wind through dense forests and numerous lakes. This area also gets more snow than anywhere in Wisconsin (80+ inches a year) and usually has a 2 to 3 foot covering by mid-

January.

Other areas in Wisconsin with extensive trail systems are: Sawyer County Recreation near Haywood with over 200 miles of trails. Haywood is also the home of the annual 35 km American Birkebeiner race. In southeast Wisconsin, Necedah Wildlife Range expands over 40,000 acres but the trails are quite flat. However, many of them are through the woods. Chequamegon National Forest, in northwest Wisconsin near Park Hills, has 50 miles of trails on hilly and wooded terrain.

A good resource for more information is Skiing Into Wisconsin by Jerry Alps which has 124 trails and trail maps in southern Wisconsin. Cross Country Skee has 213 trails and maps in all areas of Wisconsin. The latter book also lists 37 trails (but no maps) in Illinois mostly in the counties of Lake, Cook, McHenry, and Kane. The Wisconsin Travel Bureau (1-608-266-2161) also has more information.

of 20 mph, it feels like 4 degrees Fahrenheit.

• Frostbite, hypothermia can be prevented by proper dress and precautions

## Common sense is greatest factor for safe winter sports

While you are outside enjoying your favorite winter sport, it is important to keep in mind safety factors.

Common sense is the most important factor in winter sports safety. Know your physical limitations because accidents occur more frequently when the body is fatigued. Be sure that the surface of any lake or river that you cross is frozen enough to hold your weight. Obviously falling into water in the winter is a life-threatening situation!

One of the most important aspects of winter safety is knowing how to keep warm to prevent frostbite or hy-

pothemia. Frostbite is a localized cold injury characterized by freezing of the tissues. It occurs most often in the upper and lower extremities and the nose and ears. It is detected by a grayish white appearance of the affected area. Serious frostbite can cause permanent damage.

Hypothermia is much more serious than frostbite and can result in death if untreated. Hypothermia occurs when a person's body temperature is lowered to a point where proper physical and mental functioning is no longer possible. Some symptoms of hypothermia are: fits of shivering, vague, slurred speech,

memory lapses, decreased coordination, and unaware of being cold. Interestingly, hypothermia occurs more in urban environments than in the wilderness.

The best way to avoid these two cold weather afflictions is to dress properly and to be aware of the weather conditions. The components of weather that affect cooling most are temperature, moisture and wind. The wind chill, what the temperature feels like with the wind, is an important factor to be aware of. For example, 25 degrees Fahrenheit is a good temperature to participate in winter activities, but with a wind

of 20 mph, it feels like 4 degrees Fahrenheit.

To keep warm in such weather conditions, dress in layers of loose fitting garments to form air pockets for insulation. Wear two pairs of socks with an under pair made of absorbent wool. Also, do not wear tightly laced boots because they restrict the blood flow which allows the feet to cool more quickly. Most importantly, always wear a hat because up to 50 percent of the body's heat can be lost through the head.

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# Holiday Gift Guide

## Check home improvement stores for gift ideas

If your quest for the perfect gift leaves you frustrated and confused this holiday season, consider exploring a new shopping frontier: your local home improvement warehouse.

"A home improvement store may not seem like a typical spot for holiday shopping, but it's a wonderful source of creative gift ideas," explains Carolyn Jacinto, seasonal merchandise manager

at HomeBase home improvement warehouse. "We all take great pride in our homes, and in these tough economic times, many people prefer practical gifts over knick-knacks."



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## Botanic Garden offers tips on picking Christmas trees

Looking for the "perfect" Christmas tree? The Plant Information Service at the Chicago Botanic Garden has some simple suggestions for selecting a tree.

According to the Plant Information Service:

- Select trees which have fresh, pungent smell.
- Look for trees which have natural green color -- not dyed green or grayish.
- Avoid trees which have brown needles.
- Check trees to see if needles are falling off. You can check this by running your hand backwards on a branch. You can also shake or lightly bounce the trunk on ground to see if needles fall off.

- Make sure needles are resilient -- You may want to bend them to see if they bend or break. If they're frozen, it may not be a good method to test.
- Choose a pine if you plan on keeping it in the house for more than a couple of weeks because spruces and firs drop their needles sooner.
- Wrap it on way home to shield it from the wind to keep it from drying out.
- Make fresh cut on trunk and put it in water immediately.
- Keep it watered -- you will be surprised at how much water a fresh tree will take up.
- Try not to keep it indoors too long after Christmas -- the drier it becomes, the bigger a fire hazard it becomes.

Additional information is available by calling the Plant Information Service from 10 a.m. to 3 p.m. on Monday, Wednesday and Friday at (708) 835-0972.

The Chicago Botanic Garden is a 300-acre living museum owned by the Forest Preserve District of Cook County and managed by the Chicago Horticultural Society. It is located on Lake-Cook Road in Glencoe, one-half mile east of the Edens Expressway. The Chicago Botanic Garden is accredited by the American Association of Museums and a member of the Association of Science-Technology Centers.

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# Holiday Gift Guide

## Lambs sells cookbooks

Looking for the perfect holiday, birthday, wedding, shower or hostess gift? The Lambs' Women's Board has the answer. Fabulous Fare is a 400-page, hardcover, spiral-bound collection of wonderful recipes ranging from appetizers and side dishes to entrees and desserts. A special celebrity section is included so cooks can sample the favorites of famous restaurants and celebrities.

The price of this extraordinary culinary collection is \$18.05 (price includes tax). Shipping and handling is available for an additional \$3 per book. All proceeds benefit the mentally handicapped men and women of Lambs Farm, Libertyville.

Fabulous Fare is now on sale in The Lambs' Silk Screen Card and Gift Shop, Lambs' Country Gifts Catalog, and by phoning Lambs' Development Dept., (708) 362-4636.

The Silk Screen Card & Gift Shop is open daily, 9 a.m.-6 p.m. Lambs Farm is located at 1-94 and Route 176 (Rockland Rd.), Libertyville.

## Christmas shopping with children can be safe, fun

The Christmas holidays are a time of joy for children and families - but only when parents know how to control personal stress. Shopping with children at a mall or department store, for example, can be a pleasurable experience - or a disaster. Unfortunately, we have all seen instances of parents screaming at children, yanking their arms to get their attention, or worse yet, slapping or beating them in public. Most of these parents don't want to hurt their youngsters - they are just reacting to the stress of the moment.

Here are some tips from the Illinois Chapter of the National Committee for Prevention of Child Abuse that may be helpful on the next family shopping trip.

1. Before you go shopping, ask yourself: How is everyone feeling? Is your child too tired or hungry to shop. Are you? It's best to go when both you and your child are rested. Don't wait until the end of a tiring day. If possible, postpone your shopping trip or arrange for a sitter.
2. With a little pre-planning in the form of bring-alongs from home, you can shop while your child keeps busy with:

- A favorite blanket, toy or book from home to help your child feel secure
- A nutritious snack (crackers, raisins, grapes)
- A story or picture book
- Small action or manipulative toys - for a small child, tie a soft toy to the handle of the shopping cart.
- 3. Take an older youngster (possibly a neighbor's child) with you to help entertain your child.
- 4. Wear comfortable shoes and clothes (you and your child). You

## Host holiday party at home for blind

Noah Marcell & Co. will entertain at the Kagan Home for the Blind's gala "Holiday Party" 3525 W. Foster Avenue, Friday Dec. 25 from 12 to 2 p.m.

The day's program is free to blind and visually impaired persons and their escorts, as well as the Home's Auxiliary members. Other guests pay a fee of \$2. Reservations are requested. Refreshments will be served.

The Home is a residence as well as a recreation center for visually impaired persons.

For more information, please call (312) 478-7040.

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## Keep weight off during the holidays

It happens every year, the struggle to keep weight off and to continue exercising during the holidays. Mission impossible? It doesn't have to be, says fitness expert Judi Sheppard Missett, founder and CEO of Jazzercise, the world's largest dance fitness organization.

"The secret is attitude," Missett states, "and a little bit of planning. You can have your cake and eat it too - at least a small portion - if you take the right approach. Pull out your calendar before Thanksgiving, and schedule your workouts through New Year's Day. Every time you pencil in a party or social gathering, you'll be reminded of your commitment to exercise during the holidays."

Missett also suggests planning to fulfill a fitness goal after the holidays, so you can work toward it during December. This strategy nurtures commitment, rather than pressure to succeed, when temptation is greatest.

Local Jazzercise instructor Clare Oulvey offers these tips as well:

"Think of the holidays as a time to maintain your fitness level, not necessarily improve it. If you are just beginning a program, take it easy and increase your activity gradually. Remember, you're getting a jump on all the

New Year's exercisers.

"Exercise with a friend. An exercise partner can be a great motivator."

"Enlist the support of your family. Offer them the opportunity to give you 'early Christmas gifts' by helping you with holiday errands and tasks so you're free to exercise."

"Decide where and when you'll indulge in holiday foods. This will keep overeating in check and allow you to plan your workouts to balance your eating."

"Finally, don't select workouts by the number of calories they burn, but by how much you enjoy them. The calorie count won't matter if you abandon the program early. Strive for lifetime results by searching for exercise activities you enjoy."

Classes will be held at Norwood Park Evangelical Lutheran Church, 5917 N. Nina, Chicago; Monday, Wednesday and Friday mornings from 9:30 to 10:30 a.m. Childcare is available.

Also at Elston Avenue United Methodist Church, 5850 N. Elston, Chicago; Saturday mornings from 9:30 to 10:30 a.m.

And at Edgebrook School Park District, 6525 N. Hiawatha, Chicago; Tuesday and Thursday evenings from 6:30 to 7:30 p.m.

## Children decorate HIP

Over 7,000 dancing snowmen, garlanded ornaments, yummy candy canes and twinkling stars are dangling from the ceiling throughout Harlem Irving Plaza.

The two-foot high ornaments were hand crafted by children in over 25 area schools as part of a holiday project sponsored by the Plaza. The Harlem Irving Plaza is located at Harlem Avenue, Irving Park Road and Forest Preserve Drive.

"The ornaments have been a tradition here at Harlem Irving Plaza," remarked Scott Singer, owner of Hush Puppies and Sing-

er Shoes. "The community spirit in the mall during the holidays is just outstanding! Like no other!" concluded Singer.

The project begins by sending undecorated ornaments to the local schools in early October. Once decorated, the ornaments are returned to HIP and hung during the first few weeks of November. The young crafters delight in bringing their families to find their creations dangling in the mall. They return during the first week of January to reclaim their creations.

## "Yule Connection '92" now available

From Sunday, Dec. 20, through Friday, Jan. 1, 1993, Contact Chicago is offering "Yule Connection '92," a listening and help line. The phone number is (312) 644-HELP.

The line is staffed by professionally-trained volunteers ready to talk with people trying to deal with holiday depression, loneliness, the even greater need for food and shelter, as well as the issues of substance abuse, child abuse, domestic violence, rape, and suicide.

The volunteers participate in a six-hour training program that enhances their communication abilities and listening skills while teaching them how to respond to callers without giving advice or passing judgment. Training sessions will be held in both the Chicago and La Grange locations. For more information on "Yule Connection '92" and/or the training classes, call (312) 644-4900.

Contact Chicago, currently celebrating its 10th year of service to the Chicago metropolitan area, is not-for-profit crisis intervention telephone line. The professionally-trained volunteers handle calls 24 hours a day, 7 days a week, throughout the year.

## Offer savings on magazine subscriptions

If you're looking for a special gift for the reader in your home, consider a magazine gift subscription at up to half off publisher's rates.

Laran Communications earlier this year introduced an online buying service for computer and modem owners which allows Laran to pass their savings in marketing, advertising and sales expense on to the consumer. Although these savings are available year-round, Larry Spiegel, Laran's President, said subscribers are especially grateful to find good buys during the Christmas season when budgets are tight. Laran will send a special gift acknowledgement to the gift recipient if you desire.

Computer owners can obtain Laran's price directory which includes over 2500 listings by downloading a file named MAGAZINE.ZIP from their system.

Access their system for free by dialing (708) 690-9860. And, if busy signals prevent you from getting through on your first try, you can obtain this file from over 100 computer bulletin board systems throughout the Chicago & suburban area. If you have any questions, you can reach Laran at (708) 690-2141.

# Holiday Gift Guide

## Christmas tree shopping tips

Christmas tree buyers will enjoy their purchase a great deal more this year if they follow a few recommendations from the Department of Conservation.

"A fresh tree is remarkably fire resistant," said John Sester, a Department forester. "In a home fire, a real tree merely will disintegrate, while an artificial one may emit toxic fumes from its construction materials."

Know whom you are buying a tree from-- a dealer's reputation and longevity could be the best indicators of reliability and integrity.

Ask questions about a tree's freshness, such as when it was cut, where it came from, and how it was transported and stored.

"Trees that are certain to be dangerously dry are those which have been stacked, uncovered and exposed to wind and sun for a couple of weeks, then were transported uncovered from northern Minnesota, Michigan or Wisconsin on open, flatbed trucks, and stored without wind and sun protection at the sales lot," Sester explained. The dealer will probably know many of these details, though perhaps not all of them.

Using needle-fall as a dryness indicator works only for balsam firs, Sester said. Some species may be tinder dry, yet retain their needles tenaciously, while needles may be knocked from others even as they are growing, he explained. Bending the needles in a test for brittleness doesn't work either. They may remain supple even though the tree's moisture content is low.

When you bring a tree home, store it in an unheated garage or out of the wind in a breezeway until time to bring it inside the house. Keep it in water and check the level daily.

"There is no 'right' Christmas tree," Sester said. If a customer wants a long needle variety, one having needles 1 1/2-6 inches long, a pine is the answer. If short needles are preferred, either choose fir or spruce. Spruce trees, however, are more expensive and often scarce on the market.

Keep in mind the space available for its display-- vertically and horizontally. Also make sure the stump of the tree is long enough to fit deeply enough in the stand to provide support. An industry rule of thumb is the stump should be an inch long for each foot of height to provide sufficient water to the tree. It also should be narrow enough to fit into a stand -- chopping it to fit will eliminate a tree's ability to draw water.

A half-inch horizontal cut on the stump before setting up the tree is recommended to allow water to flow to the tree. A healthy tree should take up a lot of water during the first day you bring it home -- as much as two quarts -- but will decrease its intake each day following. Make sure the water level does not fall below the end of the stump.

Don't bother adding sugar, bicarbonate of soda, honey, vinegar or any other of a number of recommended ingredients to the water in the Christmas tree stand. Experimental tests indicate none of these does much good and sugar can increase a tree's flammability.

Display the tree away from heat outlets, or close off heat vents that will blow directly on the tree. Try to keep hot light bulbs from direct contact with branches and turn them off when no one is home.

## College sets Christmas concert

North Park College will present its annual Christmas concert, A Festival of Lessons and Carols, on Thursday, Dec. 17, at Queen of All Saints Basilica, 6280 North Sauganash near the intersection of Devon and Cicero. The concert is at 8:15 p.m. with prelude music beginning at approximately 7:45 p.m.

The concert is free and open to the public; a free-will offering will be taken.

The program will include readings of the prophecy, annunciation, and birth of Christ by several people from the North Park community and its parent denomination, the Evangelical Covenant Church, musical selections by the North Park choir, chamber singers and orchestra, and congregational singing of familiar Christmas hymns.

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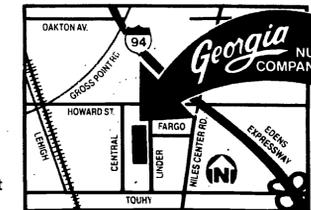
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# Holiday Gift Guide

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## Offer tips on holidays with pets

The holidays may be fun-filled for the people, but they may be a source of stress for animals. A house filled with unfamiliar sights, smells, sounds, people and activity may cause animals to exhibit behavioral problems.

Unusual behavior such as aggression, unusual attachment, fearfulness, or destructiveness may be caused by holiday stress. A way to help an animal through this difficult time of year (and perhaps save some aggravation as well) may be to keep the pet in a quiet room during the festivities. Questions about an animal's behavior can be answered for free by calling The Anti-Cruelty Society's behavior hotline at (312) 644-8338 ext. 343.

It is especially important to remember that during the holiday season, pets should be wearing current identification tags. When guest arrive, keep the pet away from the door so that he cannot slip out during all the excitement. If a pet is lost, come to The Anti-Cruelty Society, 510 N. LaSalle to look for him. Our hours are noon to 5 p.m. daily.

Please be aware of toxins which are in the home during the holidays. Remember to keep companion animals away from

mistletoe, holly or poinsettia plants; all of these are poisonous. Make sure that your Christmas tree is steady and secure so that it can't be knocked over. If there is anything other than plain water in the tree stand, cover it so that a dog or cat cannot drink from it. Leftover cocktails from guests can be dangerous or fatal to a pet. Never let a pet consumer alcoholic beverages.

Please don't give an animal as a gift. Having a companion animal means a daily commitment to that animal for its entire life. Deciding to take on the responsibilities involved with owning an animal is a personal decision and should never be made by someone else. To offer the companionship of a cat or dog to a friend, give an Anti-Cruelty Society gift certificate instead. Gift certificates are for the full price of adoption of an animal from The Anti-Cruelty Society. Prices are \$45 for a dog or puppy and \$40 for a cat or kitten.

The Anti-Cruelty Society is located at Grand and LaSalle. For more information about Society programs and services, please call (312) 644-8338.

## Recipes for non-alcoholic beverages

**STRAWBERRY NON-DAIQUIRI**  
Blend to medium consistency:  
2/3 scoop crushed ice,  
4 1/2 oz. sweet & sour, splash of cream,  
1 1/2 oz. strawberries.  
Makes an 8 1/2 oz. drink.

**SOUR LEMON TWIST**  
Fill glass 1/2 full of crushed ice.  
Add twist of lemon peel,  
several dashes of bitters,  
Schweppes Bitter Lemon.  
Stir gently.

**PINK NON-CHAMPAGNE**  
Boil 1/2 c. sugar,  
1 1/2 c. water until sugar dissolves.  
Stir in 2 c. cranberry juice  
1 c. pineapple juice, and 1/2 c. orange juice.  
Chill.  
Just before serving add 2 (7 oz.) bottles of 7-Up.

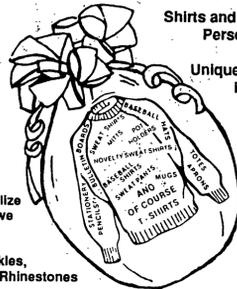
**HONEY BANANA SMOOTHIE**  
Blend at high speed:  
1 c. cold milk,  
2 Tbsp. orange juice,  
2 Tbsp. honey,  
1 ripe banana, peeled and quartered.  
Makes two servings.

**ICE APRICOT BLEND**  
Blend until smooth:  
1/2 c. cold milk,  
1/2 c. heavy cream,  
1 1/2 c. apricot halves (canned or fresh),  
2 Tbsp. sugar; 3 ice cubes.

**BERRY FREEZE**  
1/2 c. grapefruit juice,  
1/4 c. strawberries (fresh or frozen),  
1 Tbsp. honey.

Combine in blender; puree; pour in tall glass and add club soda (1/3 c.) and crushed ice as needed.

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# Holiday Gift Guide

## Use leftover turkey

Try this recipe, as an alternative to turkey divan with leftover turkey.

1 Tbl. butter, over low heat  
1 Tbl. flour, blend in  
Add 1/2 cup milk, slowly stirring - then add 1/2 cup half & half  
Stir to pre-boil, then add 1 whipped egg

Then, a carelessly pour of sherry  
Simmer slowly as you mix in 2 cups diced turkey and 1 Tbl. minced left-over parsley and minced onion - 1/4 cup Thursday's Gravy and 1/2 tsp. curry. Salt & pepper

Serve over boiled rice with Waldorf and cranberry relish.

This recipe was submitted by John O'Grady.

## AT&T predicts record calling on Christmas Day

AT&T has predicted record calling volumes on Christmas Day, anticipating it will handle more than 95 million long-distance calls, up from 91.8 million a year ago.

One reason holiday calling may be increasing is that long distance prices have declined more than 40 percent on average since 1984 while the cost of sending a greeting by mail has climbed. The cost of a first-class stamp alone has risen from 20 cents in 1984 to 29 cents today.

With AT&T holiday rates, a direct-dialed, coast-to-coast AT&T long distance call from 8 a.m. to 11 p.m. on Dec. 25 this year will cost 15 cents per minute—roughly half the price of a first-class stamp. The price is even lower for shorter-distance state-to-state calls. For example, a direct-dialed call from Chicago to New York will cost 14 cents per minute on Christmas Day.

Holiday rates will apply to AT&T state-to-state calls from all 50 states, Puerto Rico and the U. S. Virgin Islands. Subscribers to AT&T Reach Out (R) American calling plans will receive additional savings opportunities depending on which plan they have. To get the most benefit from your holiday calling, AT&T suggests that you:

- Call between 2 and 6 p.m. when calling within the United States. Calling volumes traditionally are lower. If you are calling internationally, consider calling Christmas Eve.

- Dial directly, including international calls. Most customers can dial their own calls directly to more than 200 countries and territories. Local telephone directories can help you determine whether or not you can dial a specific country directly. (AT&T customers who need international calling assistance can call 1-800-874-4000).

- Be sure you've reached your chosen long-distance company from public phones when traveling over the holidays. (AT&T customers need to listen for the AT&T name and, if they don't hear it, they should hang up and dial 10-ATT-0, then the number they're calling).

## Church sets Sunday services

Messiah Lutheran Church at 1605 Vernon Ave., Park Ridge, will have worship services with holy communion on Sunday, Dec. 20 at 8:30 and 11 a.m. At 9:45 a.m. the Sunday School Christmas Program will be held.

## Band concert

The Notre Dame Resurrection Concert Band and the Melodons Jazz Band, both under the direction of Mr. James Kosiek, along with the Notre Dame Community Band under the direction of Mr. John Badging and Mr. Greg Stepanek will perform its winter concert at Notre Dame High School For Boys located at 7600 Dempster St., Niles on Sunday, Dec. 20 at 3 p.m. in the school Gym.

Donation is \$3. Children under six will be admitted free.

## Grandmothers to meet for lunch

Niles Grandmothers Club members will meet Monday, Dec. 21, at 11 a.m. at The Rec Center of the Park District. By bus the group will be driven to Fountain Blue for the Xmas luncheon.

New members are always welcome.

## Christmas by candlelight.



Flawless flowers and French glass candlesticks to grace the table all year long. We can send one anywhere.

The Christmas Candlelight Bouquet  
**Forever Green**  
FLOWERS and GIFTS  
WEDDINGS and FUNERALS  
8118 Milwaukee, Niles  
WE DELIVER ANYWHERE  
823-8570 MON-FRI 10-6 SAT 10-5

## Grant A Wish Tree

The Grant A Wish Tree (formerly called The Holiday Giving Tree) at Harlem Irving Plaza which is located at Harlem Avenue, Irving Park Road, and Forest Preserve Drive, still has names available for gift donations.

The Grant A Wish Tree provides gifts for the needy throughout the Chicago area. The Tree holds the names of area orphans, handicapped adults, and children, and the elderly who are without immediate families.

Included are three of their Christmas wishes. We invite you

to take a card, shop for one of the gift wishes, and return the gift-wrapped present under the Tree.

The gifts will be delivered to the recipient by Christmas Eve. This year visitors to the tree will also find handmade ornaments from Lydia Children's Home available for a donation.

The tree is located in the south mall near Fannie May Candy, and will operate at the Plaza until December 24. Further information is available by calling (312) 625-3036.

## Christmas concert

The Edgebrook Evangelical Free Church presents a Christmas concert featuring concert pianist Huntley Brown at 6:30 p.m. Sunday, Dec. 20.

The concert will be held at the Edgebrook Evangelical Free Church, 6155 W. Touhy, Chicago (across the street & 1/2 block east of the "Leaning Tower YMCA" on Touhy).

There is no admission or offering. Refreshments to follow.

## Shaping the future.

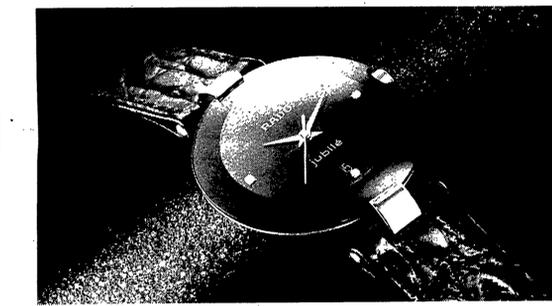
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OPEN SUNDAY, DECEMBER 13th & 20th 12 P.M. - 4 P.M.  
(708) 470-9500





LEGAL NOTICE

Continued from Page 35
ordinance shall not constitute an approval of such alarm system by the District as to its merchantability or fitness for the purpose for which it may be intended and the District assumes no responsibility to respond to such alarm system other than such responsibility as may otherwise exist to the general public of the District.

SECTION 7 - RULES, REGULATIONS AND STANDARDS:

The Fire Chief of the District shall have the authority to adopt such rules, regulations, and standards as he shall deem appropriate and necessary to carry out the purposes and administration of this ordinance, which rules and regulations shall be consistent with this ordinance.

SECTION 8 - VALIDITY:

The Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT hereby declares that should any section, paragraph, sentence, or word of this Ordinance hereby adopted be declared for any reason to be invalid, it is the intent of the Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT that it would have passed all other portions of this Ordinance independent of the elimination herefrom of any such portion

SECTION 9 - DATE OF EFFECT:

This ordinance shall take effect and be in full force and effect from and after its passage, approval, and publication as required by law.

On roll call, the vote was as follows:

- TRUSTEE MORRISON - AYE
TRUSTEE BERNSTEIN - AYE
TRUSTEE ROSEN - AYE

The President then declared this Ordinance as passed by the President and Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT of Cook County, Illinois, on this 9th day of DECEMBER, 1992, and filed with the Secretary of said District on the 9th day of DECEMBER, 1992.

Secretary

Approved by the President of the Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT on this 9th day of DECEMBER, 1992.

Paul Ondrusan
President

(seal)

ORDINANCE #92-0-8

AN ORDINANCE ADOPTING A NON-FIRE SUPPRESSION FEE SCHEDULE AND THE PERMIT REQUIREMENTS.

IT IS HEREBY ORDAINED by the President and Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT of Cook County, Illinois as follows:

SECTION 1 - FEES ESTABLISHED

The following fees are hereby established for Non-Fire suppression and services provided by the North Maine Fire Department. All fees shall be due and payable to the North Maine Fire Protection District prior to the issuance of related permits and are in addition to any other fees and/or permits required by the County of Cook.

Table with 3 columns: Description, Fee, Dept.
Private Requests for Water Flow Data: \$50.00, Fire
Fire Sprinkler System Plan Review: \$50.00 plus \$5/1000 sq ft, Fire
Fire Sprinkler System Annual Test: \$25.00 per hr, Fire
Fire Detection/Alarm Notification: \$50.00, Fire
System Plan Review: \$2/1000 sq ft., Fire
Other Plan Review (Not Classified): \$100.00, Fire
Flammable/Combustible Liquid storage tanks (aboveground and/or belowground installation, reining, and/or removal): \$100 per tank, Fire
Commercial Hood and Duct Systems (plan review and inspection): \$100 per system, Fire
Outside Service Reviews: \$20 per hr, Fire
Storage of Hazardous Materials: \$100 per yr, Fire

SECTION 2 - LATE PAYMENT CHARGES

In the event any person, firm, and/or contractor fails to pay the required fee as set forth in this ordinance, the fee specified shall be increased by the following amounts:

Table with 2 columns: Late Payment Charges, Delinquent Period
Late Payment Charges \$10 or 10% of the fee whichever is greater: Fees paid 30 thru 60 days from invoice date
\$20 or 20% of the fee whichever is greater: Fees paid after 60 days from invoice date

SECTION 3 - USER FEE EXPLANATION

A. Flow Tests: Furnish flow data information on the domestic water system to insurance carriers for the purpose of rating the premium. This information is especially important if the premises being insured is protected by an automatic fire sprinkler system. Fees charged per inquiry whether information on file, or if an actual current flow test is to be performed.

B. Sprinkler System Plan Review: Fee charged for the review and inspection of a proposed automatic fire sprinkler system to be installed. Current codes require such systems in almost every new structure built, additions to current industrial/commercial structures, select existing buildings on a retrofit basis, and new multi-family structures.

C. Sprinkler System Tests: Fee charged for on site observation of actual sprinkler test, pump test, and flow test

D. Fire Detection System Plan Review: Fee charged for the review and

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Inspection of a proposed fire detection system, alarm notification system, or other electronic systems relevant to the fire service.

E. Plan Review: Conductation of a plan review other than that for a fire sprinkler system, fire detection/notification system, a hood and duct system, or fire alarm system.

F. Flammable/Combustible Liquid Storage Tanks: Fees charged for the installation, reining, and/or removal of underground or aboveground storage tanks. Fees are assessed per tank and are calculated by the Fire Prevention Bureau.

G. Commercial Hood and Duct System: Plan review, approval, inspection, and acceptance of a commercial kitchen type hood and duct exhaust system. This fee covers either a required extinguishing system, a hood and duct system, or both.

H. Outside Service Review: At times a construction project may be submitted that is either so specialized, or may be so complicated that it would be prudent to have the plan review process conducted, or supplemented, by an independent third party consultant. The consulting costs will be passed through to the developer/contractor, at the invoiced amount as part of the fee.

I. Storage of Hazardous Materials: Certain occupancies in the jurisdiction inventory, store and use in a process, or hold for resale sufficient quantities of materials that due to volume, nature, chemical properties, and/or reactivity may be considered hazardous. Therefore, if determined by the Fire Prevention Bureau to be hazardous a registration fee would be required and levied. This would include service stations.

SECTION 4 - VALIDITY

The Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT hereby declares that should any section, paragraph, sentence, or word of this Ordinance or of the code hereby adopted be declared for any reason to be invalid, it is the intent of the Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT that it would have passed all other portions of this Ordinance independent of the elimination herefrom or any such portions as may be declared invalid.

SECTION 5 - DATE

This Ordinance shall take effect and be in full force and effect from and after its passage, approval, and publication as required by law.

On roll call, the vote was as follows:

- TRUSTEE MORRISON - AYE
TRUSTEE BERNSTEIN - AYE
TRUSTEE ROSEN - AYE

The President then declared this Ordinance as passed by the President and Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT of Cook County, Illinois, on this 9th day of DECEMBER, 1992, and filed with the Secretary of said District on the 9th day of DECEMBER, 1992.

Secretary

Approved by the President of the Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT on this 9th day of DECEMBER, 1992.

Paul Ondrusan
President

(seal)

ORDINANCE #92-0-9

AN ORDINANCE ADOPTING THE RESPONSIBILITY, ENFORCEMENT AND PENALTIES FOR AUTOMATIC FIRE EXTINGUISHMENT.

IT IS HEREBY ORDAINED by the President and Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT of Cook County, Illinois as follows:

SECTION 1 - RESPONSIBILITY AND ENFORCEMENT

A. Responsibility for Fire Prevention: The owner, agent, occupant or person charged with the custody of any public building, auditorium, hotel, theater, lodge hall, church, synagogue or temple and in the case of schools, the president of the Board of Education, and/or the person in charge thereof and owning the same, shall be held liable for the equipment and maintenance of such apparatus as is required in this Ordinance for the maintenance and safety of all exits, stairs, doors, windows or passageways.

B. Authority to Enforce: It shall be the duty and responsibility of the Chief of the Fire Department or his duly authorized representative to enforce the provisions of this Code.

SECTION 2 - AUTOMATIC FIRE EXTINGUISHMENT

A. Definitions: Unless otherwise expressly stated, definitions of terms used in this Ordinance shall be consistent with those meanings listed in the most current adopted codes of the North Maine Fire Protection District.

Fire areas listed herein shall be gross floor areas between outside building walls, or gross floor areas between outside building walls and approved masonry parapeted fire walls.

B. Codes Adopted: There is hereby adopted by the Fire District, for the purpose of prescribing regulations governing the installation of approved automatic sprinkler systems, that certain code, known as Pamphlet #13, Standard for the Installation of Sprinkler Systems, recommended by the National Fire Protection Association (NFPA), and adopted as part of the NFPA Codes by the North Maine Fire Protection District, in its entirety.

Hydraulically designed sprinkler systems shall be calculated so that the total pressure at the base of each riser will be at least 105% of the required design pressure.

The owner, tenant, or lessee of every building or structure shall be responsible for the care and maintenance of all fire protection systems, including equipment and devices, to insure the safety and welfare of the occupants. Therefore, it is hereby adopted by the North Maine Fire Protection District, for the purpose of prescribing regulations governing the maintenance of automatic sprinkler systems, that certain Code, known as Pamphlet No. 13A, Care and Maintenance of Sprinkler Systems, recommended by the National Fire Protection Association (NFPA), and adopted as part of the NFPA Codes by the North Maine Fire Protection District, in its entirety.

Three copies of stated code shall be available for public inspection as part of the records of the Fire Prevention Bureau.

Affected Buildings: Automatic Sprinkler equipment shall be installed

LETTERS TO THE EDITOR

Thanks for fencing

Dear Editor,
A world of thanks to the First National Bank of Niles and LoVerde Construction Co.

Just recently the homeowners living behind the bank parking lot acquired a new fence and retaining wall. Our thanks are directed to the officers who worked with us and saw to it that the job was completed without disappointment, arguments etc. It was done quickly and with perfection. Whatever little damage occurred was repaired.

The same praise is given to the LoVerde Construction Co. Very seldom have we worked with people as helpful and polite. They have performed an excellent job and we thank them.

Gertrude Anderson
Homeowner

Happy Holidays

Letter to the Editor:

With 1992 almost coming to a close, I would like to take this time to wish the staff and all members of The Bugle, a Merry Xmas and a Healthy and Happy New Year.

To give them a big THANK YOU for all the wonderful publicity given to the S.I.J. 55 Plus Club and also for the pictures of the club's events, so that the community was aware of our events and meetings.
Thanks again!

Sincerely,
Florence Lencione
Publicity - S.I.J. 55 Plus Club

Malnati's sponsors family for holiday

This Christmas holiday, the employees of Lou Malnati's Pizzeria in Lincolnwood are reaching out to needy people by sponsoring a family in their community.

Everyone from the cooks to the managers is donating toys, food, clothing or gifts to make this a special Christmas for a needy family. Malnati's received a family through Maine Township's sponsorship program.

Dave Rosa shoots 300 at Brunswick Niles Bowl

On Halloween night Dave Rosa didn't dress up in a costume. Instead he put on the mask of a perfect bowler. Dave shot 300-165-234 for an outstanding 699 series.

It was his first 300 game. He rolled the perfect game in the Saturday night Filipino Mixed League. Dave holds a 210 average and bowls on the Loyola University bowling team.

He shot the 300 with his Nitro bowling ball on Lanes 9-10. Dave bowls in three Leagues. He will receive a \$100 dollar savings bond and 300 glasses from Brunswick Niles Bowl.

Church holds lessons, carols

Holy Trinity Episcopal Church, 8201 N. Karlov in Skokie, will hold an evening of Lessons and Carols on Friday, Dec. 18, at 7 p.m. A pot luck supper will be held in the Parish Hall following the service.

Guests are welcome. For further information, call (708) 673-1434.

Optometrists donate free eye exams

A program to provide free eye examinations to low-income workers and their families in Illinois will get underway in January.

Called Vision USA, the program is "part of a nationwide effort undertaken by the American Optometric Association," said Walter Zinn, O.D., Niles, the Vision USA coordinator for the Illinois Optometric Association.

Low-income workers and their families who need eye care, but cannot afford it, may apply for the free eye examinations by calling a toll-free number, 1 (800) 766-4466, between January 4-29. Applicants will be screened for eligibility and referred to a volunteer doctor in their community. The exams will be given in the optometrists' private offices, generally to coincide with "Save Your Vision Week," March 7-13.

To qualify, applicants must have a job or live in a household in which at least one member is working; have no health insurance; have income below an established level based on family size; and have had no eye examination during the past 12 months.

"These are people who don't qualify for any government health programs, so we are providing comprehensive eye examinations," stressed Dr. Zinn, "not merely vision screenings. The professional services contributed by the doctors include the diagnosis of eye health and treatment of vision problems. It's optometry's aim to make a positive difference in those people's lives."

Those who need prescription eye glasses will be asked to pay a modest \$20 fee to partially offset the cost of basic materials and fabrication. Most optical wholesale labs throughout Illinois have agreed to participate.

In 1992, the second year of the national Vision USA program, nearly 600 individuals in Illinois received care from volunteer doctor-members of the Illinois Optometric Association. About 250 Illinois optometrists are prepared to donate free eye exams in March, 1993, in anticipation of a greater demand.

Dogs available for adoption

If you are looking to adopt a dog and are thinking of The Anti-Cruelty Society, you're barking up the right tree. Our kennels are filled with dogs looking for good homes.

The Anti-Cruelty Society is the temporary home for thousands of homeless dogs (and cats) yearly. The current large selection of dogs is due to the number of strays brought in recently including purebreds and mixed breeds, big and small, puppies and adults in almost any variety. A recent walk through the adoption kennels showed these purebreds, among others: pomeranian, husky, German shepherd, golden retriever, doberman, beagle, boxer, Afghan.

A \$45 adoption fee includes a complete veterinary exam, inoculations against rabies and other diseases, heartworm testing, spaying or neutering, a collar and leash and lifetime identification tag. Adoption hours are noon to 5 p.m. everyday. ACS is located at 510N. LaSalle Street. The shelter will be closed for adoption Christmas Eve and Christmas Day.



Seek laid-off workers for job training course

Men and women who have been laid off from work, and who want management jobs in the food service industry, are urged to sign up for a free, four-week training and job placement program that begins January 4, 1993.

Offered by The Chicago Institute for Economic Development (CIED), a non-profit organization located at 8 S. Michigan, in Chicago's Loop, the program will include training in: customer relations, food safety, food sanitation, supervision, cost control and human relations.

Joseph Mason, director of the program for CIED, said, "People who successfully complete the program are guaranteed interviews for jobs at good wages."

Louise Valentin, CIED marketing director, said food service management was selected "because recent reports indicate it is

FABIO MARTINEZ

Air Force Sgt. Fabio Martinez has arrived for duty in Germany. Martinez, a general purpose vehicle mechanic, is the son of Rufino and Ermida Martinez of Des Plaines.

The sergeant is a 1986 graduate of Maine Township High School East, Park Ridge.

one of the fastest growing industries in the Chicago metro area, and that it offers job security, upward mobility, and reasonable salaries. Our program specifically targets middle management because we've been told there is the biggest gap at that level. There are enough CEOs and entry-level workers, but there is a shortage of competent workers in management."

According to Mason, people eligible for the Food Service Management training and job placement program must have been laid off a job within the last two years because of a company or plant closing, downsizing, or relocation.

For more information about the program, contact Mr. Mason or Ms. Valentin at (312) 853-8084. The Chicago Institute for Economic Development is an experienced not-for-profit organization providing free employment and training services. It is operated by seasoned professionals who are familiar with the Chicagoland job market and who want to help unemployed eligible workers gain skills and find jobs.

The CIED is located at 8 S. Michigan, Suite 400, Chicago, IL 60603.

Hair salon features new process



Those disgusted with waxing, depilatories and tweezing may want to try Xuan-Ba's simple process for permanent hair removal. People dissatisfied with other methods of permanent hair removal including electrolysis, are raving about Xuan-Ba. Using a piece of thread imported from Hong Kong, and baby powder, Xuan-Ba can remove hair from eyebrows, cheeks, chin, upper lip, legs or any part of the body.

Xuan-Ba works and is part owner of The Ultimate Hair Salon in Niles. The Ultimate is a full service salon specializing in hair styling, make-up, manicures, pedicures and hair removal. The salon carries a full line of products including Paul Mitchell and Matrix hair care products. The Ultimate is open 7 days a week and is located at 898 Civic Plaza in Niles. For an appointment call (708) 470-9333.

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Continued from Page 36

In all instances in the following structures:

Throughout all buildings of ordinary joisted, or heavy timber construction, of other than residential occupancy, one or two (2) stories in height, with a total floor area of over four thousand (4,000) square feet, per floor.

Throughout all high hazard properties, regardless of construction, height, or area.

Throughout all storage, industrial mercantile, and business buildings, of non-combustible or fire resistant construction with a total area over eight thousand (8,000) square feet, regardless of the number of stories in height, or fire rated partitions or subdivisions.

Throughout all theaters and halls occupied as places of public assembly having a stage arranged for theatrical, operatic, motion picture, or similar performances, regardless of construction, height, or area.

Throughout all nightclubs and similar uses regardless of construction, height, or area.

Throughout all places of public assembly including, but not limited to recreation centers, terminals, and similar uses of fire resistant construction, with a total floor area over eight thousand (8,000) square feet, regardless of the number of stories in height, or fire rated partitions or subdivisions.

Throughout all restaurants containing seating for fifty (50) persons or more, other than nightclubs, regardless of type of construction.

Throughout all churches, synagogues, temples, and schools of non-combustible or fire resistant construction, with a total floor area over ten thousand (10,000) square feet regardless of the number of stories in height.

Throughout all institutional occupancies as defined in the Life Safety Code.

Throughout all public and private garages for the storage or parking of motor vehicles, regardless of height, construction or area, except open parking garages.

Throughout all buildings, regardless of height, construction type or area, which do not have exterior window openings.

In multiple-family buildings, including apartments, condominiums, townhouses, housing for the elderly, and all similar uses, regardless of construction: throughout all public areas in said structures, including but not limited to storage rooms, trash chutes, hallways, lobbies, stairways, exitways, laundry rooms, meeting rooms, and similar uses. Individual dwelling units shall be protected by at least one sprinkler head inside hallway doors.

Throughout all buildings three (3) stories or more in height, regardless of construction or occupancy, except multiple-family buildings which are otherwise mentioned herein.

Existing Buildings: Except as otherwise provided in this paragraph, buildings built under, and in full compliance with the codes in force at the time of construction or alteration thereof, and that have been properly maintained and used as originally permitted, shall be exempt from this code. No change or alteration shall be made to any building or structure, whether new or existing, except in conformity with the provisions of this Code, and no change of classification of occupancy, whether necessitating a physical alteration or not, shall be made in any existing building or structure, unless such building or structure is brought into conformance with the requirements of this Code which apply to new buildings of the proposed new use.

Exempted areas: Nothing herein shall be construed to require the installation of sprinklers in safe deposit or other vaults, or in rooms or buildings devoted to the manufacture or storage of product/materials where the application of water may cause or increase the fire, nor increase the hazard; nor shall it be construed in any way to interfere with the substitution of other approved automatic extinguishing equipment or systems.

Nothing herein shall be construed to require the installation of automatic sprinkler devices in single-family residences nor in garages or other appurtenant structures to single-family residences.

Requirements for automatic sprinkler systems shall have a

LEGAL NOTICE

direct water flow alarm connection to an authorized central alarm company/position. This alarm will comply with all accepted and adopted codes of the North Maine Fire Protection District.

F. Drainage required: Provisions shall be made for the discharge of the overflow of water on every story of sprinklered buildings. A minimum of one four inch (4") floor drain or other approved means shall be provided and located at least eight feet (8') away from columns and walls for every five thousand (5,000) square feet or fraction thereof. The installation of floor drains must comply with the existing plumbing codes.

G. Connection with water: No auxiliary connection shall be made to sprinkler systems for all cocks, house services, or other house outlet purpose. All connections to existing available water supply will be within the guidelines as dictated by the water utility having jurisdiction.

H. Limited area sprinkler systems: Limited area sprinkler systems may be supplied from the domestic water system provided the domestic water system is designed to adequately support the design flow of the largest number of sprinklers in any one of the enclosed areas. When supplied by the domestic water system, the maximum number of sprinklers in any one enclosed area shall not exceed twenty (20) sprinklers which must totally protect the area.

I. Removal: No person shall remove from its proper place any fire apparatus or appliances except for inspection or in case of emergency.

SECTION 3 - PENALTY

Whoever violates any of the provisions of this ordinance shall be fined not less than fifty dollars (\$50.00) nor more than five hundred dollars (\$500.00) for each offense; and a separate offense shall be deemed committed on each day during or on which a violation occurs or continues.

SECTION 4 - VALIDITY

The Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT hereby declares that should any section, paragraph, sentence, or word of this Ordinance or of the code hereby adopted be declared for any reason to be invalid, it is the intent of the Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT that it would have passed all other portions of this Ordinance independent of the elimination herefrom or any such portions as may be declared invalid.

SECTION 5 - DATE

This Ordinance shall take effect and be in full force and effect from and after its passage, approval, and publication as required by law.

On roll call, the vote was as follows:

- TRUSTEE MORRISON - AYE
TRUSTEE BERNSTEIN - AYE
TRUSTEE ROSEN - AYE

The President then declared this Ordinance as passed by the President and Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT of Cook County, Illinois, on this 17th day of DECEMBER, 1992.

Secretary

Approved by the President of the Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT on this 17th day of DECEMBER, 1992.

Paul Ondrusan
President

(seal)

## Business

### Ford names manager

Alan Hailey has been appointed manager of Ford Parts & Service Division's Chicago district office in suburban Melrose Park. The district serves 370 Fords and Lincoln-Mercury dealerships in northern Illinois, northwest Indiana, eastern Iowa and Wisconsin.

### Elected treasurer of international foundation

Eugene P. Moats, International Vice President of the Service Employees International Union and president of the S.E.I.U. Local 25 Welfare Fund, in Chicago, was elected Treasurer of the International Foundation of Employee Benefit Plans for the year, 1993. Moats currently served as

President of Joint Council #1, the Illinois Council and Central States Conference. He is Vice President of the Illinois State AFL-CIO and previously served as regional director and assistant to the President of the ALF-CIO.

### Install officers and directors

Lawrence J. Keefe, President of L.J. Keefe & Company, Mt. Prospect, has been elected President of the Underground Contractors Association, a Chicago area organization that services approximately 150 underground contractors and their suppliers.

Among the UCA members who will serve as Directors of the Association is Angelo DePaolo of Glenview.

The Underground Contractors Association member companies are engaged in the construction of sewer, water, utility and tunnel projects in the Chicago Metropolitan area. Started in 1957, the Association is headquartered in Des Plaines.

### Commissioner recognizes oil company



Kathleen Theresa Meany, Commissioner of the Metropolitan Water Reclamation District of Greater Chicago, presents a certificate of appreciation to Carl F. Gerster and Peter G. Halsey, representatives of Mobil Oil Corporation. Commissioner Meany said that not only does the Water Reclamation District appreciate this demonstration of environmental responsibility, but the people of Chicago and suburban areas are delighted with the help in cleaning up the waterways.

### Bank celebrates 'Banking Week'

The week of December 14-19 was proclaimed "Community Banking Week" in Illinois by Governor Jim Edgar.

First National Bank of Des Plaines commemorated the week by reaching out to the community with songs of the season as students from Mark Twain School sang Christmas carols.

In addition, students from Maine Township High School District 207, enjoyed a career day with bankers as part of the bank's involvement in CEAC (Career Education Advisory Committee).

The bank will also continue to collect "Gifts of Warmth" or its holiday tree to benefit Lifespan.

Last year, an American Bankers Association research project found that consumers are generally unaware of the many ways banks contribute to their communities, including small business lending, housing projects and other programs to revitalize local communities.

What many people may not be

aware of, however, is the degree to which First National has worked and continues to work for the well-being of this community.

"As a community bank, we not only accept deposits, we invest that money right back into this area, into home loans and education loans and loans for small business," notes McNulty. We are also involved in the community through our involvement in such organizations as the Des Plaines Economic Development Commission, Minority Economic Resources Council, A.F. Pilchard Educational Foundation, Northwestern Suburban Day Care, Kiwanis International, Operation ABLE, and North Suburban Aid to the Retarded.

Community Banking Week is designed to provide banks with an opportunity to highlight their community involvement programs year round. The employees of First National invite all area citizens to stop by the bank and share in the celebration.

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**Business Directory**

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‡ See dealer for details on this limited warranty.

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SUNDAY 9:30 - 3:00

## NEW YEAR'S EVE PARTY

Reserve Your Lane Now!  
For A Great Time  
Get Your Friends To Come  
LET'S CELEBRATE!

**STARTING**  
**THURSDAY, DEC. 31, 1992 at 9:00 p.m.**  
**TO - JAN. 1, 1993 ending at 2:00 p.m.**

**COST: \$22 Per Person in Advance**  
Must be paid in FULL by Dec. 30  
\$30 Per Person at the Door

**Included in the Package:**  
2 FREE Bar Drinks  
Buffet Dinner - served at 10:00 p.m.  
Hats & Noise Makers • Champagne  
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**SCOTCH DOUBLES Bowling all nite**  
Music provided by DJ

**Brunswick Niles Bowl**  
7333 Milwaukee Ave., Niles  
(708) 647-9433

## Business

### Mercantile Systems renew lease

Bennett & Kahnweiler Inc. announces that Mercantile Systems has renewed its lease for 15,942 square feet of service space at 6201 Howard St., Niles. The announcement was made by Gregory Pacelli, principal with Bennett & Kahnweiler.

6201 Howard Street is a 300,000-square-foot service center that is currently 95% leased. In addition to Mercantile, other tenants include Nightingale-Conant.

Mercantile Systems, headquartered at the Niles facility, specializes in the check guarantee and credit card industry.

### Bank expands loan departments

Success National Bank, Lincolnshire and Lincolnwood, Illinois, has expanded its loan departments due to continued growth. James Hudson, recently joined the bank as senior vice president and chief credit officer to oversee all lending functions. Hudson previously was a consultant in the banking field after retiring in 1983 from the Federal Deposit Insurance Corporation where he served as senior field liquidator. In that capacity, two of two best known liquidations he supervised were Penn Square and United American Banks.

Returning to the bank as a vice president, now in charge of commercial loans and reporting to Hudson, is Christa Calabrese, who has spent the last two years with Resolution Trust Corporation as an asset specialist liquidating loans acquired from saving and loan associations. Janis Anderson, assistant vice president, was made the manager of the mortgage and consumer loan departments and also reports to Hudson. She joined the bank in 1986 and after several promotions has attained her current position.

### Five ways to make sure your competitors won't steal your clients or customers

by James T. Berger, President  
Market Strategies

While businesses will willingly invest large sums of money trying to attract new clients or customers, they often allow valuable relationships to become vulnerable to competitors through simple acts of carelessness and the failure to identify with the needs of the customer or client.

Today's business environment is brutal. Not only is it difficult to get new business, your competitors are working overtime to steal your key accounts.

#### HOW ACCOUNTS GET LOST

There are two basic ways you can lose accounts. First, through "uncontrollable" events and second, through "controllable" factors.

Included among "uncontrollable" issues are factors such as: (1) the economy; (2) cost-cutting; (3) changes in ownership and management; (4) merger or acquisition; (5) bankruptcy; and (6) move to a new location.

While these factors clearly transcend a firm's ability to maintain a relationship, some can be monitored and tracked, if not controlled. If a competitor takes an account away from you from any of these factors and takes you by surprise, then you've probably been doing a poor job of customer retention.

If a relationship is being properly maintained, you are working closely with your client every step of the way. And, if you are working together, you still might be able to maintain the relationship despite these catastrophic events.

#### CONTROLLABLE ISSUES

On the other hand, there is absolutely no excuse for losing a client relationship to a competitor based on "controllable" factors. Here we are talking about: (1) pricing; (2) value perceptions; (3) underestimating your competition; (4) poor service; (5) poor quality work; (6) personality conflicts; (7) failure to adjust to the changing needs of the client/customer; (8) poor billing; (9) poor record-keeping and reporting, and (10) a failure to communicate.

Of all the reasons, No. 10 -- a failure to communicate -- is the kingpin. This one reason is the "gatekeeper" for virtually all the others. Relationships are never lost when you and your client can communicate freely and openly.

#### Problems start when the client stops complaining.

**FIVE SUGGESTIONS FOR KEEPING ACCOUNTS**  
Here, then, are the five steps you can take to make sure a competitor does not invade your turf:

1. **Consistently scrutinize pricing and value issues.** This should be done both internally and through meetings with the customer/client. Make sure the client is satisfied with the value he is getting from the relationship. Don't be afraid to raise or lower fees if warranted.
2. **Constantly and consistently monitor the competitive environment.** Be aware of new products and services offered by your competitors and be aware of your competitors' vulnerabilities.
3. **Pay close attention to service and quality.** Develop procedures for guaranteeing high-quality service. Create and implement a system of getting feedback from clients of service/quality levels and reward good service while pinpointing and correcting weak links. Elicit suggestions from employees on how service/quality can be improved and reward good suggestions.
4. **Immediately eliminate personality conflicts.** If a client tells you he's having a problem with his account person, get him another one. Often, trying to solve these conflicts only worsens them.
5. **Keep communications lines open.** Establish systems for reporting and following up on all meetings and telephone calls. Regularly schedule breakfast and/or lunch meetings with clients. Don't over-rely on FAX communications. Continually flood clients with ideas -- act don't react.

#### LONG TERM BENEFITS

The long-term benefits of a client retention program goes beyond simply keeping your competitors at bay. A strong relationship guarantees you will grow with your client.

It also means NEW business because your client will refer you to other potential clients. And, by cultivating these potential clients through the referral process, you have instant credibility and a major advantage over competitors who lack your level of credibility.

James T. Berger is a marketing consultant who specializes in new business development and client retention. He is a faculty member at Northwestern University and University of Illinois at Chicago where he teaches a variety of marketing-related courses.

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Enjoy a New Year's Eve Interlude!  
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All rates inclusive of tax and gratuity  
Additional night for only \$19.93 plus tax, per room, single or double occupancy. (\$10 per extra person)  
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Lounge will have a free party with favors at midnight and cash bar with D.J.  
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## Marillac names basketball teams

Tanya Johnson, Marillac athletic director and varsity basketball coach, announced the team rosters for the 1992-93 Northstar basketball season.

The Freshman Team consists of Chrissy Healy, and Colleen Sheehan of Niles, Julie Farrel, Laura Lidik of Park Ridge, Cathy Livorsi of Glenview, Maggie Larabee, Jill Stevens, Loral Zdeb, Anne Ozar and Tina Rayyan of Des Plaines. Team managers are Liz Garcia of Glenview and Mirialda Sanchez of Niles.

The junior Varsity Team includes sophomores Kim Schaul of Glenview, Liz Schutt, Karri

## Oakton maintains winning record with win over St. Xavier

Oakton Community College kept its winning basketball record intact with a 76-67 win last Saturday (Dec. 12) over a visiting St. Xavier junior varsity squad.

The victory gave the Raiders a 6-4 slate heading into Tuesday's scheduled home game against Triton College. Oakton is scheduled to take part Friday-Saturday in the Highland Classic in Froport.

Rob Layton, Oakton's freshman forward from Crete, finished last week with a 29.5 points-per-game scoring average, after net-

## Announce public skating times

Perfect your skills on indoor ice at the Northbrook Park District's Sports Center Indoor Ice Arena at 1730 Pfingsten Rd. in Northbrook. The Public Skating schedule for the season ending April 18, 1993 is as follows: Monday, Wednesday and Friday, 10:30 a.m. to noon; Wednesdays, 4 to 5:15 p.m.; Saturdays, 3 to 4:15 p.m.; and Sundays, 3 to 4:15 p.m.

Cost per session is \$4 for adults and \$3 for youths. Practice Card Holders and children under five are admitted for \$1.50. Coupon books save money - 10 admissions cost \$35 for adults and \$25 for youths.

Call (708) 291-2980 for additional information.

## LEGAL NOTICE

FOR: The Niles Park District Tam Golf Course Bridge Replacement Project  
OWNER: NILES PARK DISTRICT

Notice is hereby given the Niles Park District will receive and open sealed bids for the proposed Tam Golf Course Bridge Replacement Project on December 29, 1992 at 3:00 p.m. in the Park District Administrative Offices, 7877 N. Milwaukee Avenue, Niles, Illinois 60714.

Bidding forms and specifications may be obtained from the Niles Park District at the above address. All inquiries should be addressed to Michael Rea, Superintendent of Parks, (708) 647-6777.

The Board of Commissioners reserves the right to accept or reject any or all bids and to waive any technicalities deemed to be in its best interest.

By Order of the Board of Commissioners  
NILES PARK DISTRICT

BY: Marlene Baczek, Secretary  
Niles (12/17/92)

Schillen and Jenny Stevens, and freshman Julie Bumgardner, Jillian Harrington, Moira Slattery, Chris Nelsen, Karen Saffa and Marilyn McCarville.

The Varsity Northstars, coached by Tanya Johnson, are defending GCAC North Division and IHSA Regional Champions. Team members include seniors Kristin Schaefer, Erin Murphy, Michaelene Slagg, Annie Svachula and Kate Ozar, juniors Ginger Belter, Tracey DeLong and Erin Cox, sophomores Erica Coriglione and Laurie Pouis and freshman Beth Schillen.

## Indoor driving range open

The Northbrook Park District's Sportsman's Country Club has an indoor golf driving range perfect for practice during the fall and upcoming winter months. Located on the lower level of the Sportsman's Clubhouse, the range is a great place to improve and maintain your swing.

The indoor driving range is open weekdays from noon to 7 p.m., and on weekends from 8 a.m. to 4 p.m. The fee for this range is \$5 per half hour.

For more information on programs and activities at the Sportsman's Country Club, call 291-2350.

## Park forms basketball league

The Niles Park District is now taking registration for its men's winter basketball league. Games are played on Sunday afternoons at Grennan Heights.

For a registration application and/or for further information, call (708) 967-6975.

## Park holds youth basketball clinic

The Niles Park District is now taking registration for its youth basketball clinic. All girls and boys in grades three to eight can join.

Instruction on practice, conditioning and game situations will be stressed.

For further information, call (708) 967-6975.

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FOR A FREE ESTIMATE, CALL (708) 863-6255

## Holy Family adds staff physicians

Holy Family Hospital, corner of Golf and River Roads in Des Plaines, recently added physicians to its medical staff.

Dr. Zvi Binor, MD, board-certified in obstetrics, gynecology and reproductive endocrinology, attended medical school at the Hadassa Medical School in Jerusalem. He conducted his internship at the Ichilou Medical Center in Tel Aviv, Israel, and residency at Michael Reese Hospital in Chicago.

His office is located at 1725 W. Harrison Street, suite 408, in Chicago.

Dr. Patrick Callahan, MD, board-certified in anesthesiology, attended medical school at Rush Medical College in Chicago. He conducted his internship and residency at Rush-Presbyterian-St. Luke's Medical Center in Chicago. His office is located at Holy Family Hospital.

Dr. Wayne Carlson, MD, board-certified in emergency medicine and family practice, attended medical school at University of Illinois in Chicago. He conducted his internship and residency at MacNeal Memorial Hospital in Berwyn. His office is located at Holy Family Hospital.

Dr. Peter Curran, MD, board-certified in internal medicine, attended medical school at Columbia College of Physicians and Surgeons in New York City. He conducted his internship and residency at University of Chicago Hospital. His office is located at 9301 West Golf Road, suite 202, in Des Plaines.

Dr. Koen DeGeest, MD, board-certified in obstetrics and gynecology, attended medical school at the State University of Gent College of Medicine in Belgium. He conducted his internship and residency at the Academic Hospital of the University of Gent, Belgium. His office is located at 1725 West Harrison Street, suite 408, in Chicago.

Dr. Helen Donnatelli, MD, board-certified in emergency medicine, attended medical school at Rush Medical College in Chicago. She conducted her internship at Mercy Hospital in Chicago and residency at the University of Illinois Hospital in Chicago. Her office is located at Holy Family Hospital.

Dr. Mukesh Doshi, MD, board-certified in pediatrics, attended medical school at Baroda Medical College in Baroda, India. He conducted his internship at the Norwegian American Hospital in Chicago and residency at Mercy Hospital Medical Center in Chicago. His offices are located at 4344 West Lawrence Ave., Chicago and 1000 Grand Canyon Parkway, suite 209, Hoffman Estates.

Dr. Stephen Falkenberg, MD, gynecology and oncology, attended medical school at the University of Texas Medical Branch, Galveston. He conducted his internship and residency at Brigham and Women's Hospital in Boston. His offices are located at 120 West Golf Road, suite 214, Schaumburg, and 1100 W. Central Road, suite 302, Arlington Heights.

Dr. Mark Gibson, MD, board-certified in emergency medicine, attended medical school at University of Illinois in Chicago. He conducted his internship and resi-

dency at Mary Imogene Bassett in Cooperstown, New York and Columbus Hospital in Chicago. His office is located at Holy Family Hospital.

Dr. Beth Ginsberg, MD, board-certified in internal medicine, attended medical school at Rush Medical College in Chicago. She conducted her internship and residency at the University of Chicago Hospital. Her office is located at 7447 W. Talcott Avenue, suite 517, Chicago.

Dr. David Granato, MD, board-certified in radiology, attended medical school at the University of Illinois in Chicago. He conducted his residency at St. Louis University Hospital in Missouri. His office is located at Holy Family Hospital.

Dr. Mark Hornbach, MD, board-certified in pediatrics, attended medical school at Rush Medical College in Chicago. He conducted his internship and residency at Wyle's Childrens Hospital in Chicago. His office is located at 2115 Butterfield Road, suite 202, Oak Brook.

Dr. James Lava, MD, board-certified in emergency medicine, attended medical school at University of California in Davis. He conducted his internship and residency at Michael Reese Hospital in Chicago. His office is located at Holy Family Hospital.

Dr. Leslie Massad, MD, gynecology and oncology, attended medical school at Duke University in Durham, North Carolina. He conducted his internship and residency at Albany Medical Center, New York, and residency at Duke University. His office is located at 1535 Lake Cook Road, suite 300 in Northbrook.

Dr. Sabrina Orenstein, MD, board-certified in internal medicine, attended medical school at the University of Santo Tomas in Manila. She conducted her internship and residency at St. Francis Hospital in Evanston. Her office is located at 2404 Dempster Street, Des Plaines.

Dr. Mark Overton, MD, board-certified in internal medicine and geriatrics, attended medical school at the University of Oregon Health Science Center in Portland. He conducted his internship at Boston University and Carney Hospital in Boston. He conducted his residency at Carney Hospital in Boston. His offices are located at 1725 West Harrison, suite 319, in Chicago and the Bowman Center in Chicago.

Dr. John Phelan, MD, board-certified in internal medicine and cardiology, attended medical school at the University of Rochester in New York. He conducted his internship and residency at Rush-Presbyterian-St. Luke's Medical Center, Chicago. His office is located at 9669 North Kenton, Skokie.

Dr. Medhat Philobos, MD, board-certified in pediatrics, attended medical school at the University of Alexandria in Egypt. He conducted his internship at Alexandria University Hospital

in Egypt, and residency at Cook County Hospital and Columbus Hospital in Chicago. His office is located at 2115 Butterfield Road, suite 202, Oak Brook.

Dr. Natverlal Surati, MD, board-certified in pediatrics, attended medical school at Government Medical School in Surat, India. He conducted his internship and residency at Mercy Hospital Medical Center in Chicago. His offices are located at 4514 North Avers Avenue, Chicago and 4211 North Cicero, suite 300, Chicago.

Dr. Stephen Taly, MD, physical medicine, attended medical school at the University of Cincinnati in Ohio. He conducted his internship at Northwestern Memorial Hospital and his residency at the Rehabilitation Institute of Chicago. His office is located at 7447 W. Talcott, Ave., Chicago, suite 517.

Dr. Mary Truman, MD, anesthesiology, attended medical school at Northwestern University in Chicago. She conducted her internship and residency at Northwestern Memorial Hospital in Chicago. Her office is located at 2115 Butterfield Road, suite 202, Oak Brook.

Dr. Lexy Ann Wistenberg, MD, board-certified in internal medicine, attended medical school at the University of Wisconsin at Madison. She conducted her internship and residency at Rush-Presbyterian-St. Luke's Medical Center, Chicago. Her office is located at 9669 N. Kenton, Skokie, suite 606.

Dr. Edgard Jordan, MD, board-certified in obstetrics, gynecology and oncology, attended medical school at the University of Maryland. He conducted his internship at the University of Chicago and residency at Columbia-Presbyterian Medical Center in New York City. His office is located at 1725 W. Harrison St., suite 408, Chicago.

Dr. Michael Zak, DDS, oral surgery, attended medical school at the University of Illinois, Chicago. He conducted his internship at the University of Illinois Hospital in Chicago and residency at Duke University, Durham, North Carolina. His offices are located at 10 N. Ridge Road in Mt. Prospect and 4935 W. Irving Park Rd., Chicago.

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Dr. Natverlal Surati, MD, board-certified in pediatrics, attended medical school at Government Medical School in Surat, India. He conducted his internship and residency at Mercy Hospital Medical Center in Chicago. His offices are located at 4514 North Avers Avenue, Chicago and 4211 North Cicero, suite 300, Chicago.

Dr. Stephen Taly, MD, physical medicine, attended medical school at the University of Cincinnati in Ohio. He conducted his internship at Northwestern Memorial Hospital and his residency at the Rehabilitation Institute of Chicago. His office is located at 7447 W. Talcott, Ave., Chicago, suite 517.

Dr. Mary Truman, MD, anesthesiology, attended medical school at Northwestern University in Chicago. She conducted her internship and residency at Northwestern Memorial Hospital in Chicago. Her office is located at 2115 Butterfield Road, suite 202, Oak Brook.

Dr. Lexy Ann Wistenberg, MD, board-certified in internal medicine, attended medical school at the University of Wisconsin at Madison. She conducted her internship and residency at Rush-Presbyterian-St. Luke's Medical Center, Chicago. Her office is located at 9669 N. Kenton, Skokie, suite 606.

Dr. Edgard Jordan, MD, board-certified in obstetrics, gynecology and oncology, attended medical school at the University of Maryland. He conducted his internship at the University of Chicago and residency at Columbia-Presbyterian Medical Center in New York City. His office is located at 1725 W. Harrison St., suite 408, Chicago.

Dr. Michael Zak, DDS, oral surgery, attended medical school at the University of Illinois, Chicago. He conducted his internship at the University of Illinois Hospital in Chicago and residency at Duke University, Durham, North Carolina. His offices are located at 10 N. Ridge Road in Mt. Prospect and 4935 W. Irving Park Rd., Chicago.

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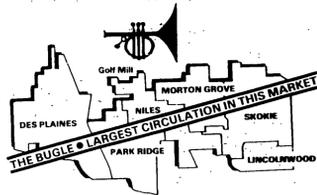
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## BUSINESS SERVICE DIRECTORY

<p style="text-align: center;"><b>ALUMINUM SIDING</b></p> <p><b>SENDERAK CONSTRUCTION</b> Aluminum Siding Soffit - Fascia Seamless Gutters Storm Windows, Doors Replacement Windows <b>(312) 775-5757</b></p>	<p style="text-align: center;"><b>CEMENT WORK</b></p> <p><b>G &amp; L CONTRACTORS</b> • Driveways • Patios • Foundations • Steps • Aggregate Licensed &amp; Bonded Free Estimates Call Guy: <b>(708) 966-7980</b></p>	<p style="text-align: center;"><b>HANDYMAN</b></p> <p><b>RICH THE HANDYMAN</b> • Building Maintenance • Carpentry • Electrical • Plumbing • Painting • Interior/Exterior • Weather Insulation GUTTER CLEANING INSURED • REASONABLE RATES FREE ESTIMATES <b>965-8114</b></p>	<p style="text-align: center;"><b>MOVING</b></p> <p><b>NOTICE TO CONSUMER</b> All local movers must be licensed by the Illinois Commerce Commission. The license number must appear in their advertising. To be licensed, the mover must have insurance on file. Do not place your belongings in jeopardy. Use a licensed mover. For information call: <b>217-782-4654</b></p>	<p style="text-align: center;"><b>PLUMBING</b></p> <p><b>MIKE'S PLUMBING SERVICE</b> Plumbing repairs &amp; remodeling. Drain &amp; Sewer lines power rodded. Low water pressure corrected. Sump pumps installed &amp; serviced. 1-(312) 338-3748</p>																											
<p style="text-align: center;"><b>NORWOOD SIDING</b></p> <p>• Seamless Gutters • Soffit Fascia • Aluminum &amp; Vinyl Siding • Windows, Doors, Repairs • Kitchens - Baths &amp; Rec Rooms Free Estimates Insured <b>1 (312) 631-1555</b></p>	<p style="text-align: center;"><b>DELIVERY SERVICE</b></p> <p><b>DDS DELIVERY</b> Serving Metro Chicago Same-Day Deliveries To Downtown From Your Area. \$6.35-\$8.55 (This Ad Good For 1 Free Regular Delivery) <b>(312) 631-5322</b> Before 10:30 A.M.</p>	<p style="text-align: center;"><b>INSURANCE</b></p> <p>Personal - Home - Auto - Life Commercial, M &amp; C Liability Trusts, Bonds, Workers Comp. Business Owners Business Service Bond Apartment Buildings - Etc. Etc. Schmitz Agency <b>(708) 518-9911</b></p>	<p style="text-align: center;"><b>PAINTING &amp; DECORATING</b></p> <p><b>Rich The Handyman PAINTING</b> Interior - Exterior Staining and Pressure Treated Preserving FREE ESTIMATES Reasonable Rates - Insured <b>965-8114</b></p>	<p style="text-align: center;"><b>REMODELING</b></p> <p><b>PREMIER REMODELING, INC.</b> GENERAL CONTRACTORS Residential - Commercial Kitchens - Baths • Replacement Windows No Job Too Small Or Too Large Licensed - Bonded - Insured Sr. Discounts - Free Estimates <b>(708) 678-8989</b></p>																											
<p style="text-align: center;"><b>CARPET CLEANING</b></p> <p><b>TOUCH OF BEAUTY CARPET CLEANING</b> Full service carpet cleaning specialist. Free estimates, fully insured. We also sell Lesli's &amp; Salem carpets. 8855 Milwaukee Avenue Niles, Illinois <b>(708) 827-8097</b></p>	<p style="text-align: center;"><b>FIREWOOD</b></p> <p><b>Finest Hardwood Blend</b> 2 Year Seasoned Free Delivery &amp; Stacking \$60.00 F.C. <b>(708) 699-7735</b> Call For Volume Discounts</p>	<p style="text-align: center;"><b>MEN'S DIVORCE RIGHTS</b></p> <p><b>MEN'S DIVORCE RIGHTS</b> • Custody • Visitation • Support • Property • Helped write Joint Custody law Jeff Leving, Attorney <b>(708) 296-8475</b></p>	<p style="text-align: center;"><b>PRECISION PAINTING</b></p> <p>Interior Exterior Wallpaper Hanging/Removal Plaster/Drywall Repairs Wood Finishing <b>TONY PAGANO</b> <b>(708) 259-3878</b> Insured References</p>	<p style="text-align: center;"><b>ROOFING</b></p> <p><b>LOW COST ROOFING</b> Complete Quality Roofing Service Free Written Estimates <b>966-9222</b></p>																											
<p style="text-align: center;"><b>CARPET SALES</b></p> <p><b>NEW YORK CARPET WORLD</b> AMERICA'S LARGEST CARPET RETAILER • SHOP AT HOME • Call <b>967-0150</b></p>	<p style="text-align: center;"><b>FIREWOOD UNLIMITED</b></p> <p>Seasoned 2 Years Free Delivery And Stacking Mixed Hardwoods \$50 F.C. Oak \$65 F.C. Cherry, Birch &amp; Hickory \$75 F.C. Discount On 2 Or More Call Anytime <b>(708) 888-0102</b></p>	<p style="text-align: center;"><b>MOVING</b></p> <p><b>DEL'S MOVERS, INC.</b> We specialize in local moves. Residential - Commercial Office. Call us for a quote. <b>1-708-766-8878</b> Ill. CC#4735 MC-C Insured</p>	<p style="text-align: center;"><b>DESIGN DECORATING</b></p> <p>• QUALITY PAINTING • EXPERT PAPER HANGING • WOOD FINISHING - PLASTERING • We vacuum &amp; put furniture back! <b>(708) 967-9733</b> Call Vets References Free Estimates</p>	<p style="text-align: center;"><b>SNOW REMOVAL</b></p> <p><b>SNOW RESIDENTIAL SNOW REMOVAL</b> NILES ONLY <b>1 (312) 659-8646</b></p>																											
<p style="text-align: center;"><b>CATCH BASINS &amp; SEWERS</b></p> <p><b>JOHN'S SEWER SERVICE</b> Oakton &amp; Milwaukee, Niles <b>(708) 696-0889</b> Your Neighborhood Sewer Man</p>	<p style="text-align: center;"><b>GUTTERS &amp; DOWNSPOUTS</b></p> <p><b>FIX GUTTERS - SEAM REPAIR SR. Citizen Discounts</b> Rerouting Downspouts New Installation - Cleaning Trucks are Stationed in City and Suburbs Call Gary: <b>(312) 262-7345</b> Established Since 1972</p>	<p style="text-align: center;"><b>NEED HELP? CALL...</b></p> <p><b>668-4110</b> 1 Place of Truckload Ask for KEN ALL C.C. 38561 MC-C</p>	<p style="text-align: center;"><b>PLASTIC COVERS</b></p> <p><b>PLASTIC COVERS BY DOMINICK'S</b> • We Service Area Since 1967 • Free Estimates • Reasonable • Reliable 25% Discount This Week Only <b>(708) 692-5397</b></p>	<p style="text-align: center;"><b>TUCKPOINTING</b></p> <p><b>MIKWAY 'WE FIX BRICKS' TUCKPOINTING BRICKWORK</b> Chimneys Repaired &amp; Rebuilt Masonry Glass Block Installation Window Caulking Building Cleaning Residential-Commercial-Industrial Fully Insured - Free Estimates <b>708-965-2146</b> SKOKIE</p>																											
<p style="text-align: center;"><b>Local athletes receive college awards</b></p> <p>Several Lewis University athletes were honored recently for their accomplishments during the 1992 fall athletic season.</p> <p>In women's soccer, Laurie Anderson of Park Ridge (Maine South) was named one of the most valuable players. Jean Pavlik of Park Ridge (Maine South) was named one of the most improved players.</p> <p>In women's tennis, Cynthia Manalo of Morton Grove (Maine South) was the recipient of the Sportsmanship Award.</p>	<p style="text-align: center;"><b>Niles Park District</b></p> <p><b>MEN'S FALL BASKETBALL 1992 LEAGUE STANDINGS</b> Results from Nov. 22</p> <table border="0" style="width: 100%;"> <tr> <td>The Force 77 - Mitsubishi Ichibans 58</td> <td>Arvey's 77 - Part Time 54</td> </tr> <tr> <td>Shooters 79 - Mad Men 59</td> <td>Results from Nov. 29</td> </tr> <tr> <td>Part Time 64 - The Force 58</td> <td></td> </tr> </table> <table border="0" style="width: 100%;"> <tr> <td>Team</td> <td>W</td> <td>L</td> </tr> <tr> <td>Arvey's Breakfast Club</td> <td>5</td> <td>0</td> </tr> <tr> <td>Part Time</td> <td>4</td> <td>1</td> </tr> <tr> <td>The Force</td> <td>3</td> <td>2</td> </tr> <tr> <td>Mitsubishi Ichibans</td> <td>2</td> <td>3</td> </tr> <tr> <td>Shooters</td> <td>1</td> <td>4</td> </tr> <tr> <td>Mad Men</td> <td>1</td> <td>5</td> </tr> </table>	The Force 77 - Mitsubishi Ichibans 58	Arvey's 77 - Part Time 54	Shooters 79 - Mad Men 59	Results from Nov. 29	Part Time 64 - The Force 58		Team	W	L	Arvey's Breakfast Club	5	0	Part Time	4	1	The Force	3	2	Mitsubishi Ichibans	2	3	Shooters	1	4	Mad Men	1	5	<p style="text-align: center;"><b>PLUMBING</b></p> <p><b>TOP GUN PLUMBING &amp; SEWER SERVICE</b> • 24 Hour Service • Free Estimates • No Extra Charge For Weekends! Free Catch Basin Cleaning With Main Line Rodding <b>(708) 749-0346</b> (312) 522-0101</p>	<p style="text-align: center;"><b>PLUMBING SVCS.</b></p> <p>All Types Of Plumbing &amp; Sewer Work 24 Hr. Emergency Service <b>(708) 299-8706</b> Beeper <b>(708) 643-0167</b></p>	<p style="text-align: center;"><b>VCR MAINTENANCE</b></p> <p>Specializing in: • VCR HEAD CLEANING • REPAIRS • HOOKUPS IN HOMES • REASONABLE RATES <b>CALL DAVE: 965-6725</b> or leave message</p>
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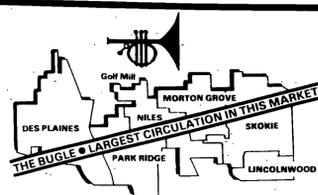
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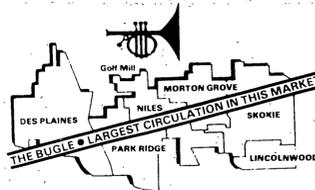
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### FULL/PART TIME



### EMPLOYMENT OPPORTUNITIES

The Northbrook Park District is accepting employment applications for the following winter and summer seasonal positions. Students and applicants can apply and schedule interviews while home on holiday break! Apply 9:00 a.m. till 4:30 p.m. weekdays at the location listed at the Northbrook Park District.

#### YEAR-ROUND OPPORTUNITIES

**CONCESSION WORKERS** ... at various facility locations. \$4.50-\$5.50 hourly. Apply Sports Center Office, 1730 Pfingsten Road.

**FACILITY ATTENDANTS & SKATING GUARDS** ... to assist in part time operations and maintenance of Sports Center and indoor ice rinks. Good second income, evenings weekends and holiday hours. Will train qualified and mature individuals. Apply 9-5 p.m., Sports Center Office, 1730 Pfingsten Road.

#### WINTER OPPORTUNITIES

**ATTENDANTS** ... needed to supervise sledding hills and ice rinks. Great opportunity for persons that enjoy the outdoors. \$6 hourly. Apply in person at Park District Annex Office, 1720 Pfingsten Road. 291-2369 for information.

**ART INSTRUCTOR** ... for children's drawing and painting classes and an adult sketching/drawing class. Tuesdays from 4:00 p.m. starting January '93. Degree in Art required. Call Dayna, 291-2960 for information.

#### SUMMER OPPORTUNITIES

**SOFTBALL SCORE-KEEPERS** ... for adult Softball Leagues at various park locations. Games are M-F evenings starting at 5:30 p.m. \$6 per game. Apply at Annex Offices, 1720 Pfingsten Road.

**TENNIS INSTRUCTORS** ... for tennis lessons. Teaching experience required. Contact Karen Browne, 291-2369, for information and to set-up interview.

**TENNIS ATTENDANTS** ... for tennis programs. Must enjoy working with people M-F, 4-8 p.m. and Sat-Sunday hours. \$6 hourly. Apply in person, Annex Offices, 1720 Pfingsten Road.

**CAMP COUNSELORS & CAMP COORDINATORS** ... for variety of summer camp programs. Great opportunity for college students and adults that enjoy working with children. Contact Lori Lovell, Annex Offices, 291-2369 for information and to set-up interview.

**ART INSTRUCTORS** ... For children's Art Workshops specializing in Photography, Wearable Art, Multi-Media, and Drawing/Painting. Two four-week sessions (June-August). M-F, 8:30 a.m. - 3:30 p.m. Degree required. \$300-400 weekly. Contact Dayna, 291-2960 for information and to set-up interview.

**THEATRE DIRECTORS, MUSICAL DIRECTORS, CHOREOGRAPHERS AND ACCOMPANISTS** ... for children's Summer Theatre Arts Workshops. Two four-week sessions (June-August). M-F, 8:30 a.m. - 3:30 p.m. Degree required. \$300-400 weekly. Contact Sharon Rousso, 291-2988 for information and to set-up interview.

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Major supermarket distributor in Niles looking for person to make local deliveries, plus Wis. & Ind. Must have good driving record. CDL Class B Drivers License required.

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Female Only  
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 Ask For Bonnie

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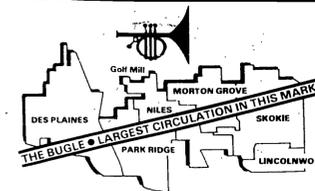
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are worth more than just a quick glance. Have you taken a good look at our Classified pages lately? You'll be surprised at just how many ads we publish. When it comes to Classifieds, "the more the merrier" is true! More potential buyers... more sellers! More people advertising things for sale... and somehow, we get more people looking! That's the way it works! It takes both buyers and sellers... and we've got them! Buying or selling, the first place to look is in... The Bugle Classifieds!  
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 Call Bill:  
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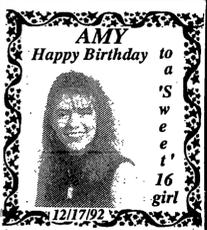
1992 ENCYCLOPEDIA SET  
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 Mother's Helper  
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 Call: **(708) 296-1749**

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 It's Nancy Gion  
 That's Who!!  
 Happy Birthday Nancy  
 December 16  
 "Your Other Mother",  
 Marilyn

My Dearest Keith,  
 As You Watch Over  
 Us, Remember, You  
 Are With Us Spiritually  
 And Always  
 In Our Hearts.  
 Happy 9th Birthday  
 Little Angel  
 With All The Love I  
 Have To Give You  
 Auntie Donna



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## Revised contracts mean lower Edison bills

A typical Commonwealth Edison residential customer will receive an average electricity bill reduction of more than one percent a year under proposed renegotiated contracts between Edison and its major coal and transportation providers. The companies have reached agreement in principle as a result of negotiations which continued for more than a year. The proposed changes would provide a total savings to Edison customers of more than \$2 billion, or approximately \$90 million a year.

More than \$1.2 billion of the total savings will be achieved under renegotiated agreements between Edison and the Decker and Black Butte Coal Companies whose mines in Montana and Wyoming have been providing low sulfur fuel to Edison's northern Illinois generating stations since the 1970s. After federal air quality standards were tightened sharply in 1970, Edison moved to assure an uninterrupted, long-term supply of low sulfur fuel to its coal-fired generating stations affected by the law. The projected savings will be achieved by shifting production to mines whose costs are lower, explained Edison Vice President George P. Rifakes. The coal savings will automatically be passed through to customers in the fuel adjustment portion of their monthly bill statement, beginning in 1993.

Edison has also negotiated revised contracts with the transportation companies which deliver the coal from the west. These negotiations will result in savings of more than \$800 million, Rifakes added, partly through reduced charges and partly through shipping efficiencies. Rifakes said Edison will purchase lighter weight aluminum rail cars which will enable the company to move

more coal at lower cost. He noted that the "dead weight" of rail cars typically is factored into tonnage charges. Rifakes said Edison will award a contract for the purchase of the new cars shortly.

Since 1980, Edison representatives have met with western coal company officials more than 100 times to discuss all aspects of the coal contracts, including proposed price adjustments and contract redrafting. Edison also sought to change the contracts by litigating 12 lawsuits in the federal courts of Illinois, Montana and Wyoming.

Certain aspects of the transaction may require Illinois Commerce Commission (ICC) approval, Rifakes concluded.

## Customers have input on telephone bills

Illinois Bell customers can now choose how much information they want on their monthly phone bills.

With Illinois Bell's new Customer Billing service, customers can choose a one-line summary of monthly charges, a two-line summary of local usage charges, or a combination of the two.

Customers will continue to receive full itemization on their bills unless they request a different option.

Businesses often need detailed information for accounting purposes, but many residential customers only want a total amount, Carter said.

Customers who want to request a different option can call toll-free, 1 (800) 643-3785, 24 hours a day, seven days a week. There is no charge for the service.

## SCH holds annual holiday blood drive

Swedish Covenant Hospital will hold its annual Holiday Blood Drive in conjunction with United Blood Services from 6:30 a.m. to 5 p.m. on Thursday, Dec. 17, in the Anderson Pavilion Auditorium, 2751 W. Winona.

There is always an increased demand for blood during the holidays. Everyone between 17 and 80 years of age weighing over 110 pounds is asked to consider donating. One pint of blood, broken down into components, can help as many as three people.

There is also no need to worry about donating blood. The process is safe and painless and takes only 30 minutes from health screening to donating and refreshments (Actual donation time is less than 10 minutes). All materials involved are sterile and used only once. A person cannot get AIDS or any other disease from donating blood.

To make an appointment call the SCH Blood Bank, 878-8200, ext. 5174. Sandi Swanson, Blood Bank supervisor, is coordinating the drive. Walk-ins will be welcome! United Blood Services is a not for profit organization that provides blood supplies to 22 area hospitals.

## White assumes recorder of deeds position

Honoring his commitment to the end, Jesse White assumed his new position as Cook County recorder of deeds, without leaving the floor of the Illinois House of Representatives.

As state lawmakers met to complete the work of the veto session, Representative White took a short "time-out" to take his oath from Illinois Appellate Court Judge Alan Greiman, a fellow House alumnus.

White formally resigned as 8th District state representative when the legislature wrapped-up the 1992 year. His induction as recorder was reenacted at a ceremony to which he has invited a long list of elected officials, friends and campaign volunteers. U.S. District Court Senior Judge Abraham Lincoln Marovitz presided.

White, best known as organizer and coach of the Jesse White Tumblers, will continue his work with the nationally recognized group of youthful athletes from Chicago's Cabrini-Green housing project. A Chicago Public School teacher and administrator for the last 30 years, White resigned from the Board of Education yesterday.

## LEGAL NOTICE NILES, ILLINOIS NOTICE TO BIDDERS

The Village of Niles will be accepting sealed bids for: OFFICE AND COMPUTER FURNITURE

Fire Station No. 2  
General information and specific bid instructions concerning these items are available at the Office of the Purchasing Agent, 7601 N. Milwaukee Avenue, Niles, Illinois, (708) 967-6100. Sealed bids will be accepted until NOON on Tuesday, December 29, 1992 at 3:00 PM in the Conference Room, Niles Administration Building, 7601 N. Milwaukee Avenue, Niles, Illinois. After review by the Public Works and/or Finance Committees, the bids will be awarded Thursday, December 31, 1992.

## A message from the investment policy committee, fall 1992

by Jeffrey Cardella  
Edward D. Jones & Co.  
8143 N. Milwaukee Ave.



Frequently, political and economic events that cause short-term movements in the stock and bond markets make it difficult for even the most experienced investors to maintain a long-term perspective.

Currently, uncertainty surrounding the outcome of the presidential election has convinced some individuals to take a "wait and see" attitude with regard to their investment decisions.

While the election is likely to have some short term effect on the markets, the Edward D. Jones & Co. Investment Policy Committee recommends that individuals pay closer attention to opportunities and risks that could impact their financial security over the long-term.

### FIXED INCOME

With yields on short-term fixed-income investments still near their 20-year lows, the search for higher yielding investments to replace income lost to low interest rates goes on.

Although long-term bonds, those with maturities of 20 to 30 years, offer substantially higher returns than shorter-term bonds, investors are reminded that the best investment is not always the one paying the highest yield. An individual who invests solely in long-term bonds not only sacrifices flexibility, but also runs the risk of losing a portion of his principal if interest rates rise and the bonds are sold before they mature.

Fixed-income investments should be laddered, that is, spread among a variety of maturities. As short-term bonds mature, investors will be free to take advantage of new opportunities. Meanwhile, longer-term securities will continue to provide a reliable stream of income.

### EQUITIES

For investors seeking growth potential and rising income, over time, no investment has outperformed common stocks. In fact, the performance of the stock market was so good in the 1980s, that investors could be headed into the 90s with inflated expectations.

Historically, investors in the stock market have earned an average annual yield of 10 percent. Over the last ten years, however, stock returns, fueled by low inflation and strong growth in corporate earnings, jumped to an annual rate of 17 percent.

This decade's equity investors are not likely to see a repeat of the stock market's extraordinary performance during the 1980s. Yields are likely to be much closer to the historical averages, in the range of eight to ten percent. Even so, a buy and hold strategy that emphasizes quality will still provide attractive returns and adequate protection from inflation. There is no reason to expect that common stocks will not continue to outperform other investments over the long term.

### INTERNATIONAL INVESTMENTS

Non-U.S. stocks, which have outpaced U.S. stocks over the past 25 years, now account for more than 60 percent of the world's stock market opportunities. Because foreign markets have not kept pace with our own in recent months, many non-U.S. blue chip stocks are now priced more attractively than their American counterparts.

In addition to helping investors improve returns, diversifying internationally also helps to reduce risk. Economies of various nations often move in different cycles. If our own economy is in a downturn, for example, there are likely to be many other countries experiencing periods of growth. Owning the stocks of companies based in a number of countries helps protect your investment portfolio from the effects of a weak economy in any one nation.

## Variety Club hosts benefit

Since 1967, the Variety Club of Illinois has hosted the Celebrity Ball attracting movie stars, Hollywood producers and media personalities from all around the world. This year was no exception, as Variety Club celebrated the 25th anniversary Celebrity Ball, at the Hyatt Regency Chicago.

Proceeds benefited Variety Club and the Variety Club Karyn Kupciet Recreation/Leisure Center at Little City in Palatine.

The evening featured entertainment, dinner and dancing. The Variety Club Karyn Kupciet Recreation/Leisure Center at Little City, named for the noted columnist's late daughter, officially opened in 1978. The center, which houses a swimming pool, weight room and gymnasium, serves as a catalyst for the social and physical development of children and young adults with mental retardation and other developmental challenges.

Almost 700 members strong, the Variety Club has raised millions of dollars for programs such as the Karyn Kupciet Recreation/Leisure Center.

## State board commends Oakton volunteers

The Illinois Community Board, the coordinating board for the state's 49 community colleges, has established productivity program over the course of its primary goals since 1990. According to Harry L. Crisp II, Chairman of the ICCB, "The curricula and services of community colleges throughout the state must be thoroughly reviewed to ensure that they continue to be vital and responsive to community and state needs while operating at the most cost-effective manner possible."

In the board's recently released "Accountability and Productivity Report," community colleges demonstrate their productivity improvements in several areas.

Cary A. Israel, the ICCB Executive Director notes, "Oakton has responded to the challenges facing higher education in a time of dwindling resources with specific measures taken to ensure the college's continued emphasis on productivity and quality."

Because of these productivity improvements, college officials estimate that more than \$3.5 million will be reallocated over the long-term to programs which best serve the needs of the district's students and taxpayers.

Oakton Community College is keenly aware of taxpayers' concerns about rising expenses and the need to monitor revenues and expenditures. Recognizing these

concerns, Oakton has taken creative steps in allocating funds and making use of technology to improve efficiency. To eliminate program overlap, the college has consolidated the Medical Record Technology and Medical Transcriptionist programs into Health Information Technology while still meeting demands in these areas.

Literacy and non-credit English as a Second Language programs have been strengthened by involving over 400 trained volunteers each semester. Over 1,200 students have benefited from 38,500 hours of instruction and tutoring. The widespread use of a new computer network has substantially improved administrative processes. For example, routine communications among staff are now delivered through electronic mail and additional software and information are more widely available.

The state board commends the Oakton board of trustees, faculty, and staff for focusing their attention on productivity and accountability. Israel stated that members of the ICCB "look forward to working in partnership with Oakton and other community colleges over the next several years to guarantee that taxpayers of Illinois are assured of cost-effective services and a quality education for our students."

## Courses examine the Soviet Union

Generations from now, the break-up of the Soviet Union will be remembered as the most important event in the second half of the 20th century.

Learn about the USSR, from the roots of the 1917 revolution to the latest in Russian politics and economy, through two Roosevelt University courses offered in the Spring 1993 semester. Classes begin the week of Jan. 19 at Roosevelt's Downtown Campus, 430 South Michigan Avenue, Chicago.

"Russia Since 1890: The Revolution and the Soviet Union" examines revolutionary origins, the fall of Tsarism, the Bolshevik victory, Stalin's industrialization, World War II, and continuity and change after Stalin. Classes meet Tuesday and Thursdays from

12:15 to 1:30 p.m. "Decline and Fall of the USSR: 1953-Present" begins with Stalin's death and continues through the Cold War period up to today's Russia and newly formed republics. Classes meet Tuesdays from 6 to 8:30 p.m.

Professor Craig Smith, an authority on Russian history, will teach both courses. Smith a frequent visitor to the former Soviet Union and Russia, has received numerous awards, including one from the National Endowment of Humanities.

Both courses can be taken on a reduced-rate, non-credit basis. For additional information, contact the Roosevelt University History Department at (312) 341-3724.

## Grade schoolers compete in math contest

More than 140 young minds from area grammar schools were recently challenged at Resurrection High School's annual Eighth Grade Math contest co-sponsored by the Res Math Club and math department.

Each student competed as an individual, as well as within a team of five. Teams consisted of boys and girls from the same grammar school, with at least three girls per team.

Capturing top team honors were Team B from Edgebrook in first place, St. Zachary in second and the Willows Academy in

third.

First, second and third place individual trophies were earned by Heather Hernandez from Fairview South, Sergio Nunez from Fairview South and Jessica Gibson from St. Robert Bellarmine.

Created by Resurrection's math department, the test challenged students in the areas of arithmetic, algebra, geometry and word problems. The contest itself is designed to increase the interest in and awareness of mathematics as an important skill for both male and female students.

## Skokie students attend university

Two Skokie residents are members of Boston University's Class of 1996. This year's freshman class comes from 49 states and 64 foreign countries.

Now studying at the University are Niles West High School

graduates Sung Rhee and Pavel Yusin. Rhee, the son of Chang Rhee, plans to major in engineering. Yusin, the son of Michael Yusin, plans to major in linguistics.

## Second graders celebrate Thanksgiving

Second grade students at Apollo School celebrated Thanksgiving this year with a presentation of songs and stories about "The First Thanksgiving". All the children were dressed in colorful costumes which were created and designed by Apollo area teacher, Mrs. Monica Boyle.

The musical portion of the program was directed by Mr. Robert Jares, vocal music teacher at Apollo School.

All second grade teachers could be seen during the month actively involved in helping the children with their rehearsals and

their speaking parts. Second grade teachers at Apollo School include: Mrs. Sandi Goldstein, Mrs. Mary Corrigan, Mrs. Diane Accardi, Mrs. Paulette Eisey and Mrs. Adrienne Metcalf.

The children sang many traditional Thanksgiving songs such as: Colors of Autumn, Come Play Indians, Two Little Children, Thanksgiving prayer, Thanksgiving is a Lovely Holiday, etc.

They ended the program with "America the Beautiful" and they all marched out of the theater singing "Love in Any Language".

## Register now for winter MONNACEP courses

Registrations are now being taken for a variety of MONNACEP courses offered at both Oakton's Des Plaines campus, 1600 E. Golf Road, and Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. Classes are also offered at five suburban locations and local high schools.

Classes in arts & culture, music, photograph, women's studies, data processing, writing, fitness / sports and more will be offered at the following locations: Des Plaines: Mail, 700 Pearson, Des Plaines and Evanston / Northshore Y.W.C.A., 1215 Church St., Evanston. Lo-

cal high schools include Glenbrook South, Glenbrook North, Maine South, Maine West, Maine East, Niles North, and Niles West.

Those who have never attended Oakton or have not submitted an application in the past three years, register in-person at either Oakton campus. Touch-tone registration is also available. The phone number to dial is (708) 635-1616.

For more information about courses and registration, call the MONNACEP office at (708) 982-9888.

## East juniors raise prom funds

The junior class at Maine East has been involved in a number of fund raisers and Homecoming activities, including t-shirt sales which raised \$174 and a bake sale. The class council is also concerned about the spring prom.

Some fund raisers that will be held in the future are candy and donut sales as well as the Dominican's Foods contribution program where the food store chain donates a percentage of sales receipts received.

Council officers are president Erika Bell of Niles, vice-president Sun Shi Lee of Des Plaines, secretary Julie Yoon of Des Plaines, and treasurer Dave Chen of Niles.

The first action taken to organize the prom was a survey conducted October 26 on the types of

music to play and a theme. Although junior prom committees haven't been established yet, the class already has enough to cover expenses, \$7,593.49 to exact. This school year alone the class raised over \$1,500.

## Lisa Finnern

Lisa Finnern, a senior at Niles West High School, was among a group of more than 110 college-bound high school students who attended an open house recently on the Illinois College campus in Jacksonville.

Miss Finnern is the daughter of William and Catherine Finnern of Morton Grove. She is interested in pursuing a major in education.

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## Historical Society celebrates St. Nicholas Day



Photo by Mike Heuel

The Niles Historical Society recently hosted a St. Nicholas party. Joining "St. Nick" are Kathryn Nelson (seated, left) and Marge Berles and (back row, left) Dotti Tyse and Bob Berles.

## Township needs food for holiday baskets

Maine Township is seeking donations to help fill Christmas food baskets for needy local residents.

Frozen turkeys, canned hams, nonperishable dry items, canned meats and meals-in-one, grocery store gift certificates, and new toys may be brought to the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge (between Potter and Greenwood) through Tuesday, Dec. 22, from 9 a.m. to 5 p.m. weekdays and 9 a.m. to noon Saturdays. Christmas baskets will be distributed Tuesday and Wednesday, Dec. 22 and

Dec. 23.

Maine Township Supervisor Joan B. Hall said, "The community has responded generously in the past, and, once again, we are asking them to help make the holidays a little brighter for their neighbors in need."

The township also has an emergency food pantry year-round. Donations are welcome and may be brought to the Maine Township Town Hall anytime during regular office hours. For further information, call 297-2510, ext. 236.

## Organize youth basketball league

Join the new Leaning Tower YMCA Youth Basketball League. This program gives boys and girls 8 to 12 years of age the opportunity to learn the basic fundamentals of basketball.

Everyone will play and experience the thrill of Leaning Tower YMCA basketball. Two practice sessions and a five game schedule will be held on Saturday mornings at St. John's Lutheran Church, 7429 N. Milwaukee Ave., Niles.

Register now and get involved in this new program. Call the Leaning Tower YMCA at (708) 647-8222 for more information.

## Set dog obedience class

The midwest's most effective dog training course begins January 7 at the Morton Grove Park District.

Included in this 10 week class are on and off leash exercises, effective solutions or behavior problems, health care, hard signals, and more. All dogs, 4 months and older are welcome. Classes are held at National Park on Thursday from 7:30 to 9:30 p.m.

For more details call 965-1200.

## Park offers small shots basketball

The Niles Park District is now taking registration for its small shot basketball program.

All girls and boys in first and second grade can join. The program will be held at Grennan Heights. Instruction on dribbling, shooting, defense and offense will be given. Participants must bring their own basketball to each class.

For further information, call (708) 967-6975.

## 'Healthy Lifestyles' program at Y

In January 1993, the Leaning Tower YMCA will be starting a new "Healthy: Lifestyles" program. This program is designed to promote behavior modification through education, counseling, and exercise to last a lifetime. The goal of "Healthy Lifestyles" is to facilitate the return of the class participants to a normal lifestyle that includes vigorous activity and gainful employment.

"Healthy Lifestyles" is available to any person with known coronary heart disease or other cardiovascular diseases after a controlled state has been achieved and with a physician's approval. Individuals predisposed to cardiovascular disease or at low endurance fitness levels, hypertensive, diabetic, or those with elevated blood cholesterol or family history are encouraged to join.

Studies show that exercise helps lower blood pressure, regulate diabetes, decrease cholesterol, decrease body fat and increase lean body mass all which help decrease the risk for heart

disease. Exercise will also help reduce stress, increase energy and improve the quality of life.

The classes are led by certified exercise technicians who set up personalized program in the class. Heart rates and blood pressures are monitored to ensure participants work at their correct intensity. Pre and post fitness evaluations are also given to help set the correct exercise level and see the improvements made during the program. During class, participants have the option of walking, running, biking, using the treadmill or rower. Light calisthenics, strengthening, and flexibility exercises are also included.

"Healthy Lifestyles" meets twice a week on Tuesdays and Thursdays either from 7 to 8 a.m. or 5:30 to 6:30 p.m. Open registration begins December 15.

For more information regarding "Healthy Lifestyles" contact Stacey Nowak at the Leaning Tower YMCA, 6300 W. Touhy Ave., Niles, IL 60714 or call (708) 647-8222.

## Try cross country skiing

Families can discover the beauty of the outdoors this winter. Sportsman's Country Club is offering Cross Country Skiing on the Club grounds. Over 200 acres of groomed wooded fairways and small hills provide an ideal background for cross country skiing.

Bring equipment or rent it from the Pro Shop at Sportsman's. All equipment is available

and may be rented through 4 p.m. Skiing instruction will be available on a limited basis.

For the protection of the grounds, a six to eight inch base of snow is required before skiing will be permitted.

Call (708) 291-2350 for details on conditions or any other information.

## Lincolnwood Library has TDD service

Now it is possible for people who are hearing-impaired or who cannot speak to call the Lincolnwood Public Library. The library has TDD - Telecommunications Device for the Deaf - a Text/Telphone system that is an aid for people who cannot communicate through normal use of hearing or speech.

To utilize the system the caller

must also be equipped with a TDD. The unit includes an acoustic coupler that accurately transmits and receives teletypewriter signals over the telephone lines. Two people on either ends of the telephone line hold a conversation by taking turns typing their words on a 4-row keyboard. The conversation is read on a 20-character display on the unit.

The library has a Superprint E unit, which has a built-in printer that prints out words on paper should the parties wish to retain a copy of their TDD conversation.

Call (708) 677-5277 for further information. The library is located at 4000 W. Pratt Ave.

## LEGAL NOTICE

The Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, January 4, 1993, at 7:30 P.M. in the Municipal Council Chambers, 7200 Milwaukee Ave., Niles, Illinois, to hear the following matter (s):

93-ZP-1  
Douglas A. Hanson, Schoyler, Roche & Zimmer, 1603 Orrington Avenue, Evanston, Illinois, Petitioner. Requesting a change in zoning from B-2 to B-2 Special Use and temporary variation of 12 parking spaces (48 required, 36 provided) until April 30, 1997 at 7035 Milwaukee Avenue for Pit Pro Oil Change and Casey Muller Company.

The Village of Niles intends to comply with the Americans With Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodation for a Village service or have any questions about the Village's compliance, please contact Abe Selman, Village Manager, 7601 N. Milwaukee Avenue, Niles, Illinois (708) 967-6100.

John Frick, Chairman  
Plan Commission & Zoning Board of Appeals

Sydney Mitchel, Secretary  
Plan Commission & Zoning Board of Appeals

## Set youth basketball tournament

The Niles Park District is now taking registration for the 3rd annual 3 of 3 Basketball Tournament. All girls and boys in grades three to eight can join. Tournament will be held at Grennan Heights on December 29.

For registration information, call (708) 967-6975.

## Set winter gymbooree open house

The Northbrook Park District is offering a Gymbooree Special Open House to be held on Tuesday, Jan. 5, 1993 from 10 to 11:30 a.m. at the Sports Center Community Room. Find out about the different Gymbooree classes and more.

Children are welcome at this special early childhood open house!

Call (708) 291-2980 for further details.

## Niles Park District...

Continued from Page 1

petition, the establishment of the fund could be put to a referendum in the April '93 election. The petition must be filed with the Park Board Secretary on or before January 4, 1993.

Consider the average Niles resident pays between \$75-\$125 in taxes to the Park District, Royster explained. A person paying \$100 would be putting 25 cents of that towards the working cash fund.

Before the State set up these special funds in 1976, if property tax payments were late, districts would be forced to take out tax anticipation warrants, which at that time carried interest rates up to 12 percent, Royster said.

Most park and school districts have working cash funds, he noted, adding, "...I'm bottom line oriented...it doesn't make sense not to have one."

A similar fund is in effect in Park Ridge Park District, but the Morton Grove District depends on surplus fund retention or accumulated fund balances from previous years to cover unforeseen circumstances, said Administrative Manager Gary F. Bolling. In concept, it's a working cash fund, but not as legislated, in which a tax must be levied, he explained. The district tries to make sure at least 20 percent of the appropriation for operating funds can be retained.

In the Glenview Park District, emergencies are covered with its bonding capacity and a capital replacement fund built up from minor transfers from different funds and accumulated interest from reserves. General Superintendent Tom Richardson said. Fund reserves stay in place, but the interest gained from investing those reserves goes into the capital replacement. "Every one of the Glenview District's 33 parks is undergoing renovation."

Every district does things differently, Richardson asserted. The Glenview Park District implemented a working cash fund during his tenure there, he noted.

## District 207...

Continued from Page 1

rate equals the levy divided by the equalized assessed valuation.

"The money that we lose because the state legislature has frozen property tax assessments in 1992 for taxes payable in 1993 will never be recovered," said Elliott. "And the effects on the quality of education available to students will be far reaching and long term. Now the district is also facing the possibility of tax caps and a roll back in tax rates from \$1.63 to \$1.15."

If there is not enough money to fund the educational program and maintain the three buildings, then the program and facilities will certainly suffer, according to Elliott, who added that the district will try to minimize the damage as much as possible.

## Form mortgage refund company

Paul Holzman, a Chicago businessman, announced the formation of 1st Mortgage Refunds, Inc. to process refunds for homeowners who have adjustable rate mortgages. The company has established 5 local Chicago offices to serve clients and will expand to other midwest cities.

Holzman stated there are serious problems with the calculations of adjustable rate mortgages (ARMS) and any homeowner with a minimum mortgage balance of \$100,000 whose mortgage is at least one year old should have the calculations reviewed as a majority of these homeowners will be entitled to substantial refunds.

Corporate offices have been established at 666 Dundee, Suite 502, Northbrook, (708) 480-1030.

## Oakton...

Continued from Page 1

original Niles East was constructed in 1937, with numerous additions in the 50's and 60's. The building is simply not appropriate for an education world which demands accessibility, technological instruction, and environmental efficiency.

The new building will house 24 classrooms two computer and three science labs, several large lecture rooms, a telecommunications lecture room, a library, an Early Childhood Demonstration Center, English as a Second Language and Community Services program areas, cafeteria and student lounge, as well as other administrative and faculty offices.

Construction costs are estimated to be \$16 million, with an additional \$4 million in related costs. The bulk of the funds will come from local revenues acquired in past years for the purpose of capital development projects. Anticipated completion date is early 1995.

"This new campus will be a significant educational resource for Skokie and the surrounding communities in the eastern part of our college district," TenHoeve commented. "It will be an excellent complement to our modern, well-equipped Des Plaines facility."

## LWV...

Continued from Page 1

"Running for Public Office - What You Need to Know As A Candidate." The booklet has been prepared as a general guide for people running for office in local elections.

The information pertains to village, park, library, school board and community college elections. Included are sections on becoming a candidate, circulating nominating petitions, objecting to nominating petitions, planning and conducting the campaign, working on election day and contesting an election.

Copies of this non-partisan booklet are available from the village, park and library boards in Morton Grove and Niles and from the League of Women Voters at 966-7743.

## Register for youth basketball leagues

The Niles Park District is now taking registration for its youth basketball leagues. All girls and boys in grades three to eight can join. Games are played Saturday afternoons at Grennan Heights.

For registration information, call (708) 967-6975.

## Form mortgage refund company

Paul Holzman, a Chicago businessman, announced the formation of 1st Mortgage Refunds, Inc. to process refunds for homeowners who have adjustable rate mortgages. The company has established 5 local Chicago offices to serve clients and will expand to other midwest cities.

Holzman stated there are serious problems with the calculations of adjustable rate mortgages (ARMS) and any homeowner with a minimum mortgage balance of \$100,000 whose mortgage is at least one year old should have the calculations reviewed as a majority of these homeowners will be entitled to substantial refunds.

Corporate offices have been established at 666 Dundee, Suite 502, Northbrook, (708) 480-1030.

## Study examines corporate stress

The fierce competitive pressures, deregulation, and ever-rising costs that have recently driven many corporations to restructure their business portfolios, their internal organizations, and their financial structures may have also created a new profile for the managerial work force of the 1990s, according to a recent Loyola University Chicago and Northwestern University study.

According to lead researcher Anne Reilly, Ph.D., assistant professor of management at Loyola, those managers studied recognized that because of turbulence (i.e. positive or negative experiences by a corporation that are major, rapid or intense), their job security with their present employer may be threatened and they should be prepared to change organizations any time.

The study results indicated that while these managers may have survived the latest round of turbulence, they've seen enough changes to know that further restructuring may occur," said Reilly. "In addition, the younger managers we surveyed were significantly less satisfied with their job security and more loyal to their own careers, compared to older managers." This connection was found across the eight industries studied.

The implications for corporations are numerous, says Reilly. For starters, companies must learn how to retain good but free agent-type career-loyal employees.

The researchers speculate that when the economy improves and experienced managers are in greater demand, turbulent corporations and may find themselves with turnover problems, ultimately leading to poor organizational performance because of the loss of managerial skill.

The Loyola-Northwestern study, "The Impact of Corporate Turbulence," was presented at the Academy of Management 1992 Annual Meeting in July. The study looked at the relationship between organizational turbulence and the attitudes of almost 700 mid-level managers at 17 Fortune 500 companies nationwide and suggests that these activities have created a new profile for the managerial work force of the 1990s.

Good pay and challenging jobs help retain good managers, the study notes. However, high-performing career-loyal employees seem unlikely to stay with a company unless they perceive a bright future there.

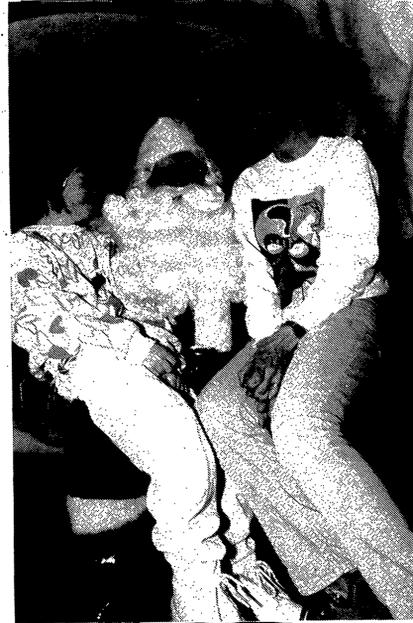
Turbulence, however, does seem to keep people involved in their jobs rather than driving them away, the study found. Those who were more involved in their jobs were the ones whose organizations were experiencing turbulence in the form of growth.

The study results suggest that many of the managers surveyed seem willing to stay highly job involved by foregoing present high salaries in order to work at a growing company that would provide future opportunities.

The study also found that managers at companies that experienced incremental negative turbulence (such as cutbacks and reductions in force), financial restructuring, or growth were also less satisfied with job security. These managers apparently perceived a connection between turbulence and their long term futures.



## Visit with St. Nicholas



Niles residents 9 year old Elizabeth Swiatek (left) and her mother Maureen visit with Santa Claus at the recent Niles Historical Society's St. Nicholas Day event.

## Governor attends pow wow



Gov. Jim Edgar meets with American Indian Center Junior Princess Terry Ortiz at the American Indian Center (AIC) 39th Annual Pow Wow held at Navy Pier, with over 75,000 in attendance. Edgar is the first Illinois Governor to attend the AIC Pow Wow. From left are Gov. Edgar, AIC Board Vice President Kermit Valentino, AIC Junior Princess Terry Ortiz and AIC Board President Wayne Silas Sr.

## MONNACEP offers art classes

Study artists or practice an art by taking one of the many MONNACEP art classes being offered in January and February, 1993.

MONNACEP is offering classes in calligraphy, drawing, painting, jewelry design, basket-weaving, pottery, stained glass, quilting, sewing, woodcarving, graphic design and interior decorating. It is also offering a special interest class, "Ikebana: Japanese Flower Arranging."

The classes are held at local high schools and at Oakton Community College's Des Plaines and Skokie campuses.

Registration is now being accepted. For information, call the MONNACEP office at (708) 965-9889.

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## County budget ...

Continued from Page 3

medical facility at Oak Forest Hospital recently opened to replace a wing of the building which no longer meet accreditation standards and a new health care program was established to provide suburban clinic patients with primary health care in the evenings and on the weekends.

Also, the Access to Care program which provides primary health care to suburban residents was increased by \$250,000 to \$750,000.

Monies were also included in the 1993 budget for a mobile mammogram unit which will travel throughout the County to screen women for breast cancer, the leading cause of death among women, as well as programmatic development and schematics for a new Cook County Hospital.

Criminal justice programs were also increased to meet the surge in crime and combat a 36 percent increase in the inmate population at the jail since Phelan took office. In addition to funding the operation of three new jail additions, the budget features a

## Water reclamation ...

Continued from Page 3

"This budget reflects the thorough scrutiny of the Board," said President Nancy Drew Sheehan. "Although we are proud of the work of the District staff in maintaining our position as world leaders in the technology and efficiency of wastewater treatment, we still require that it be done economically as possible," added Gloria Alitto Majewski, Chairman of the Finance Committee.

At the public hearing, the Civic

## Township ...

Continued from Page 3

from 8 a.m. to noon in the parking lot of the Town Hall, 1700 Ballard Rd., Park Ridge. Please note the change in date. Collections are usually held on the fourth Saturday of each month. Due to the Christmas holidays, the recycling collection has been scheduled for Dec. 19.

The township program is intended to provide a convenient recycling site for residents who do not have curbside recycling and those who wish to recycle acceptable items that are not collected by their local haulers.

For information on recycling, call Mainie Township at 297-2510.

## Association hosts 'Business after hours'

Members and guests of the Greater O'Hare Association will gather for Business After Hours, sponsored by the Greater O'Hare Association, on Thursday, December 17, 1992, from 5 p.m. to 7 p.m. at the Greater O'Hare Association offices, 1050 Busse Road, Suite 100, Bensenville.

Enjoy complimentary buffet and beverages featuring a festive selection of holiday treats provided by Greater O'Hare Association caterers, restaurants, and hotels.

The Greater O'Hare Association is dedicated to the goals and interests of O'Hare area business and is the leading advocate for the business community by serving as a coalition to influence pro-business concerns and legislative issues. For further information, call (708) 350-2944.



new Department of Community Supervision and Intervention which will extend the walls of County Jail by providing a variety of restraints for nonviolent offenders. The purpose of the program is to reduce the number of offenders re-entering the jail after release by offering a variety of services to make their lives more productive.

Phelan explained that participants in the program will receive up to 12 hours of supervision a day, a thorough assessment of risk and need and regular drug testing. They will also be given substance abuse counseling, GED services, vocational skill training and health education with an emphasis on the risks of exposure to the AIDS virus.

In addition, the budget calls for a Bureau of Human Resources to increase the level of fairness in hiring and a Department of Revenue to generate significant revenue by coordinating the collection of taxes that are now collected by four different agencies.

## Water reclamation ...

Continued from Page 3

Federation commended the District for reforming its health care benefits package to obtain more favorable rates from providers and implementing a policy whereby employees share the costs of health care coverage. "The MWRD has long been one of the more professionally run governmental bodies in the Chicago region," said the Civic Federation statement.

## 'Child Find' ...

Continued from Page 3

early intervention services. Call Maddie Davis at 965-9040 for more information.

Referrals from parents, physicians and professionals are welcome.

## Troy ...

Continued from Page 3

plained. The attorneys for the Village and the Park District submitted written briefs to the court clerk and an oral argument was requested. But depending on how the judges feel about the case, Troy stated, once the briefs are in, the participants wait to see if oral arguments will be heard. It could happen the panel studies the case on its own, then sends notice an opinion will be issued on a certain date.

The Village is disputing a Nov. 20 decision by Circuit Court Judge Marjen Staniec that ruled there were an insufficient number of votes cast to dissolve the Niles Park District as proposed in a Nov. 3 referendum.

## Walter P. Marchewka

Navy Petty Officer 3rd Class Walter P. Marchewka, whose wife, Barbara, is the daughter of Robert W. and Sharon Becker of Glenview, recently returned to Mayport, FL, aboard the aircraft carrier USS Forrestal following a seven-month deployment to the Mediterranean and the Red Sea.

Marchewka deployed with the ten-ship battle group while they conducted operations, as well as provided support for the Kurdish Relief effort.

USS Forrestal assisted in President Bush's visit to Greece and Souda Bay, Crete, in July.

This is the last operational deployment for the USS Forrestal. The 36-year-old carrier will transfer to Pensacola, FL, in late January, 1992, to become the Navy's aviation training vessel.

## Niles

### firm ...

Continued from Page 3

company's local employees will be sent to Moscow to train the Russian workers who have "a very good work ethic," Walsh said. About 150 Russians will be employed in the Moscow plant.

The Moscow facility, a former machine manufacturing, defense and space development plant of approximately 35,000 sq. ft., will require some of the usual modifications such as adding power, drains and changing some walls, Walsh said.

An introductory package of surgical equipment manufactured will include clamps, surgical scissors and needle holders. In the future, Russia may be a viable market for flexible plastic containers that hold sterile fluids, such as blood and products used in treating renal disease.

Baxter V-Mueller will try to accommodate Russian standards and its regulatory environment, but the result will be instruments of the high quality the firm is known for world-wide, Walsh added. In addition, the venture is viewed as a foot in the door in the eastern European economy and a way to learn how to do business in the new environment, Jeffrey Fenton, a Baxter Healthcare Corporation spokesman said.

Baxter has many manufacturing facilities in Europe, but it is the first such site for the Baxter-V. Mueller division. In 1992, the parent company also opened sales offices in Hungary, Poland and Czechoslovakia.

## Oakton offers courses in Evanston

The Oakton Community College Early Childhood program now offers courses at select locations in Evanston.

Courses in Observation and Guidance of the Young Child, Home Child Care Provider and Math and Science for the Young Child are offered at the Evanston Child Care Center, 1840 Asbury St., Evanston. The course, Language Arts and Social Studies for the Young Child is offered at the Evanston YMCA, 1215 Church St., Evanston.

Career avenues available in this dynamic field are many and include in-home and center-based care serving infants, toddlers, preschoolers and school-age children. These courses are also valuable for individuals seeking personal and professional enrichment.

These are only a few of the many Early Childhood Education classes offered during the spring semester. Registration is now in progress and classes begin the week of Jan. 19.

For further information on the Early Childhood Education program, call (708) 635-1844.

## Neal Silins

Neal Steven Silins, a junior in the School of Business and son of Mr. and Mrs. Ed Silins of Skokie, was among the more than 500 University of Kansas students inducted into the Golden Key honor society at a reception recently in the Kansas Union ballroom.

The society recognizes the academic achievements of juniors and seniors in all fields. Membership is by invitation only and is offered to full- or part-time juniors and seniors who have a cumulative grade point average of 3.3 or higher on a 4.0 scale.

## Stay Healthy!

## Ice rink... Continued from Page 3

now planned 11 months.

A maintenance person is no longer needed because the post was privatized to save money. There are 40 persons on the rink's part-time staff, Krewer said, including skating guards, the concession staff and night-time supervisors.

At a Finance committee meeting earlier, Park District Treasurer Michael Cielinski reported for the year to date, receipts exceeded disbursements by \$2,754,727. Business Manager Ron Mrowiec stated the District's total investments, which are placed in numerous money market and savings accounts, CDs and Illinois Park District Liquid Asset Funds, as of Nov. 30, 1992 equal \$4,567,926, with interest rates ranging from 2.85 percent to 3.13 percent.

Pressed by Board Vice President and committee Chairman James Pierski on the year to date receipts over disbursements, Mrowiec said the recreation, swimming pool and golf course fund balances were positive, but the ice rink balance was negative.

Budget hearings will be held January 4, 5, 11 and 12, with the portion of the Jan. 12 discussion on personnel being an executive session.

## Display AIDS quilt

New individual quilt panels to commemorate those who have died from AIDS will be accepted from families, groups or individuals when panels from the NAMES Project Memorial Quilt Project will be displayed at Lewis University next spring.

Nancy and Ed Ponczek of the Chicago Chapter of the NAMES Project will accept panels at that time for inclusion in the Illinois Quilt.

Those who wish to make a panel as a personal memorial to one person who has died of AIDS are advised to call Nancy Ponczek from the NAMES Project at (708) 658-3270.

Panels (12" x 12") from the AIDS Memorial Quilt will be displayed from 11 a.m. to 5 p.m. on Wednesday, March 3 at Lewis University in Romeoville. The AIDS Memorial Quilt now incorporates more than 15,000 individual memorial panels. The Quilt Display will be sponsored by Lewis University's Department of Social Work & Human Services.

By displaying the Quilt, the Department of Social Work & Human Services hopes to confront people with the enormity of the AIDS issue and the need for a compassionate and immediate response; and to build a powerful, positive symbol linking people worldwide in response to AIDS.

Admission to the Quilt Display is free. Donations to the NAMES Project will be accepted.

## Regina names Illinois scholars

Twenty-seven members, nearly one quarter, of Regina Dominican High School's class of 1993 have been named Illinois State Scholars.

Area finalists include Monica Baig from Des Plaines, Carrie Skotnicki from Glenview, Theresse Maceda and Eileen Tanghal from Morton Grove, Michelle Venci from Niles, and Jeanne Cushing and Maki Komatsu from Skokie.

## Carlos Martinez

Navy Seaman, Recruit Carlos L. Martinez, son of Carlos M. Martinez of Glenview, is currently aboard the guided missile cruiser USS Jouett, homeported in San Diego and is midway through a six-month deployment to the Persian Gulf.

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