

AUG 93 N 05
NILES DISTRICT
NILES IL 60714

Park employee charged with welfare fraud

A concession cashier at Tam golf course is one of 43 indicted Oct. 8 for alleged public aid fraud. Cook County State's Attorney Jack O'Malley listed Niles Park District employee Olga Vargas, also known as Olga Gonzales, 31, as allegedly receiving

\$41,264.68 in unauthorized welfare benefits from September, 1988 to August, 1992. The alleged double-dipping of all 43 indictees defrauded the state of more than \$776,000 in welfare benefits, O'Malley said. Vargas is still a Tam employee

but when reached by phone Tuesday said "I don't think I want to talk about it," State's Attorney files indicate she is a Chicago resident. Park District Director Tim Royster said only "She's been in- Continued on Page 31

Phase 1 rehab starts at Golf Mill Park

by Sheilya Hackett

District-wide renovations occupied the Niles Park Board at its regular meeting Oct. 13. Ground-breaking for Golf Mill park rehabbing will be Oct. 22, paving the way for a Phase 1 development of the southwest corner of the park as a playground and family picnic area. Further develop- ment phases include constructing a gazebo, performance area and quiet recreation areas for seniors. Preliminary drawings for Jonquil Terrace park are being reviewed, according to Parks Superintendent Mike Rea. Neighbors will be contacted and Continued on Page 14

Niles

edition of

The Bugle

8746 N. Shermer Road, Niles, Illinois 60714 - (708) 966-3900
VOL. 36, NO. 17, THE BUGLE, THURSDAY, OCTOBER 15, 1992 50¢ per copy

Niles police to host Halloween party

The Niles Police Department will be hosting the annual Halloween Party for all village youngsters on Saturday, Oct. 31, from 3 to 7 p.m. at Notre Dame High School, 7655 Dempster Street.

The party is held each year as a safe and fun alternative to trick or treating door-to-door.

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Friends of Park meeting

The next scheduled meeting of Friends of the Niles Parks will be Friday, Oct. 16, at 7:30 p.m. at Ballard Leisure Center, Ballard and Cumberland.

It will be an open forum and generally concentrate on the upcoming Niles Parks dissolution referendum.

The meeting is open to all residents of Niles. If you are unable to attend but have a question or comment, call Mike Cieloski at 825-4016.

Cost to cover creek mounts to \$4 million

by Sheilya Hackett

Plans to cover part of Prairie Creek are gaining momentum. Under present plans, the State of Illinois will spend in excess of \$3 million for the creek project and communities involved in the Prairie Creek Steering Committee will pay \$1 million.

The Creek meanders through parts of Niles, unincorporated Maine Township, Park Ridge and Des Plaines and leaders of those entities form the Steering Committee. Normally shallow, the Creek can become a swollen, dangerous torrent after heavy rains.

Continued on Page 14

Niles Parks to fill residents' mailboxes before November referendum

Though Illinois law specifically prohibits the Niles Park District from using public funds to campaign against the November referendum calling for its incorporation into the Village of Niles, residents will pay for two mailings promoting the parks just days before the election.

The Niles Park District will print and mail at least 10,000 copies of a first-time newsletter at the end of October. In a press release announcing the newsletter, park officials said the newsletter resulted from "numerous requests from patrons and residents."

In response to the November referendum, the Niles Park District has also pushed ahead the November 15 Needs Assessment survey so it will be mailed on October 29.

The Needs Assessment, costing the taxpayers \$30,000 and conducted by a consulting firm, will poll 2,500 residents about their concerns and use of Niles Park District facilities.

The much publicized survey contains 239 questions and will be sent using first class mail costing taxpayers nearly \$1 per questionnaire just in postage.

239-Question Park Survey To Cost \$12 Per Household

Sharpen your pencils and get out your stop watch as residents prepare to fill out the Niles Parks' Needs Assessment survey being mailed on October 29.

The survey, which the Niles Park District is paying \$30,000 to conduct, contains 239 questions on subjects as wide ranging as how residents use their parks, to what grade school they finished to what the income of residents is.

Park officials, in statements released Monday, said the survey is "easy to complete and should only take a few minutes to fill out." In another prepared statement the Niles Park District said, "The survey questions...take less than 20 minutes to answer confidentially..." If the park district is to be taken at their word, residents will have to complete one question every 5 seconds to complete the form within 20 minutes.

The survey will be distributed to 2,500 residents as well as chil- Continued on Page 14

\$800,000 renovation, broken pipes may cause Park District to close pool

Future of Ballard Pool in doubt

by Sheilya Hackett

Whether the Niles Park District's Sports Complex pool will be ready for the 1993 swimming season is still unknown. Oct. 13, pool consultants told the Park Board their plans for renovating the over 20 year old pool. One fact was made clear: a complete rehab by May 30 is impossible, but a before and after swimming season construction set-up might be worked out to retain the '93 swimming season.

Later, when pressed by Niles resident Rick Sheridan if the pool, in its present condition could be used next summer, one consultant answered "It's going to take some repair."

Pool consultants Carl Fuerst and Claude Rogers of Leisure Concepts and Design, Inc. and ice rink specialist James Maland of

Bonestroo, Rosene, Anderlik Associates gave in-depth proposals for both the Complex pool and the building housing the ice rink. This is part of the problem, since construction in either area affects the other. Safeguards such as temporary walls could be put up to shield on-going construction, but that will add to the cost.

Consultants' pool plans call for bathhouse renovation, a new water heater, water recirculation system and gutter system. The present filter could be replaced with the one used at the former Recreation Center pool. Commissioner Elaine Heinen questioned the use of the old filter, but Fuerst replied "It's only a year or so old...its capacity is sufficient...it's a quality piece of equip-

Continued on Page 14



November, 1992

Dear Niles Resident:

As part of our commitment to providing quality leisure and recreational services, the Niles Park District is conducting a recreation attitude and interest study. This study will be used to develop short- and long-range plans for recreational services for Niles in the coming years.

You can play a very special role in helping us plan these services. You and other members of the Niles community have been selected by random sample to represent the opinions of your community through the enclosed survey. Please take a few moments to answer the questions in the survey. It is important that you return the questionnaire as soon as possible. When you have completed the survey, please return it in the enclosed postage-paid envelope. No names are requested, and your responses are all strictly confidential.

Thank you for taking the time to complete this survey. The information you provide will be very helpful to us as we plan for recreation services in the coming years.

A copy of a cover letter for the Niles Park District's \$30,000 Needs Assessment Survey indicates it was to be sent out in November. Park officials, however, have decided to send it out on October 29 prior to the November referendum to dissolve the Niles Park District.

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**Citizens For A Better
Niles plan meeting**

The Citizens For A Better Niles will hold their next meeting at 7 p.m. on Wednesday, Oct. 21 at The White Eagle restaurant, 6845 Milwaukee Ave., Niles. All interested Niles residents are invited to attend.

This group was formed by concerned Niles taxpayers who feel residents of the park district would be better served by the incorporation of the park district into the Village of Niles. We want ALL Niles voters to be educated before deciding on this vital referendum.

We will compare the two systems of government - Park District vs. Village-run recreation departments, and the expenses and savings involved in both systems. All concerns will be answered honestly by the representatives of the Citizens For A Better Niles.

Donations can be sent to: Citizens For A Better Niles, P.O. Box 48565, Niles, IL 60648-0565. If interested in volunteering, or for more information, call Richard Sheridan, Chairman, at (708) 698-6493.

**Alan Raffel, District 63
board member, resigns**

by Eileen Hirschfeld

In a surprise move, school board member Alan Raffel tendered his resignation effective at a regular meeting of East Maine Elementary School District 63 last Tuesday.

Board President Steve Stone, reading from Raffel's letter, said, it is "with much sadness and regret" that he resigns his position. Raffel also stated he enjoyed serving with the board during the past three years and wishes the district luck in the future. He served the district three years of a four-year term.

Superintendent of Schools Dr. Eldon Gleichman said the board has 45 days to fill the unexpired term. Those interested in the position must meet age and citizen requirements as well as live with-

in the district's boundaries.

Although the letter was not read until the end of the meeting, it was apparent some change would be announced when Raffel's name was omitted from the roll call, he did not appear and his name plate was not in front of his usual place.

In other business, board members approved numerous stipends for teachers to serve in district schools in various capacities such as lunchroom supervision, cheerleading, clubs, sports and student council.

In a related item, Apollo Principal (formerly Stevenson) Jay Smith was named to coordinate the Drug-Free Schools and Community Grant and receive a stipend.

Continued on Page 34

**Leaf pickup
service begins**

Leaf pickup service will resume in mid-October and will continue through early December. Residents will receive this service every other week as follows:

Residents living east of Milwaukee Avenue, Monday, Oct. 19, Monday, Nov. 2, Monday, Nov. 16, and Monday, Nov. 30.

Residents living west of Milwaukee Avenue, Monday, Oct. 26, Monday, Nov. 9, Monday, Nov. 23, and Monday, Dec. 7.

Residents living east of Milwaukee Avenue, Monday, Oct. 19, Monday, Nov. 2, Monday, Nov. 16, and Monday, Nov. 30.

Plastic pop, milk and water containers may be recycled, but the township's recycling contractor is unable to accept other plastics due to current market conditions. All caps and rings must be removed.

The following items also will be accepted: newspapers; magazines and catalogues; corrugated cardboard; aluminum and metal cans; and green, brown and clear glass bottles and jars. All items should be sorted.

Residents should rake their leaves to the curb by Monday of their pickup week where they will be removed by crews from the Public Services Department. Foreign materials such as grass, branches, plants and rocks will not be accepted. When possible, residents are asked to park their cars in their garages or driveways to allow leaf pickup vehicles easy access to streets.

Each street will be cleared at

Continued on Page 34

**Township sets
recycling date**

Labels also should be removed from cans. Newspapers, magazines and catalogues, and cardboard must be bundled separately and tied with string.

Collections are held from 8 a.m. to noon on the fourth Saturday of each month. The next recycling is scheduled for Nov. 28.

The township program is intended to provide a convenient

Continued on Page 34

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Possible raise in garbage pick-up costs in Niles, Morton Grove

**Cook County surcharge
could hike disposal fees**

by Sheilya Hackett

**LWV to discuss
Niles park
referendum**

Do you have questions concerning the referendum to dissolve the Niles Park District? Are you concerned about what will happen to your taxes and park services in Niles if the referendum passes? Would you like more information on this or the chance to discuss this with other concerned citizens in Niles.

The League of Women Voters of Morton Grove/Niles will hold a public meeting to discuss this important issue on Monday, Oct. 26 at 7:30 p.m. at the Niles Community Church, 7401 Oakton. All Niles residents and taxpayers are invited to attend.

**Niles Park Ice
Rink set to
open in Dec.**

The Niles Park District Ice Rink will re-open in mid-December, according to park officials.

Extensive renovations, at a cost of approximately \$1 million, included a new sub-floor, insulation and piping.

Numerous revenue-paying groups have been directed to competing park district ice rinks and Niles Park officials hope they will return to the Niles rink after its opening.

Niles and Morton Grove waste disposal costs could rise if a bill now under study is passed by the Cook County Board.

Still in committee is a proposal to place a surcharge on garbage taken to county landfills. The surcharge, 45 cents per cubic yard of garbage - is suggested in a recent study prepared for the Board by Envirodyne Engineers, Inc., of Chicago.

The money would fund a county-wide solid waste plan. While Niles and Morton Grove already have a plan in place because they are members of the Solid Waste Agency of Northern Cook County (SWANCC), some areas of the county do not. A county-wide waste program would not supercede a local plan, but

would incorporate it into its plan, since the county endorses a landfill, according to Envirodyne's Ivor Vilcins, one of the architects of the plan.

But a bill "could and probably would, be under" the surcharge, if such an ordinance were passed, said SWANCC official Brooke Beal. In the natural order of things, those costs would be passed on to local Villages.

Vilcins said Oct. 7 "This falls into a little grey area...SWANCC is entitled to impose a fee, but there's a maximum amount...it's not clear if they (could) take the entire amount or share it with the County."

Beal said the state limits the

Continued on Page 34

**Joint police action
nabs man second time**

A Chicago man arrested Oct. 4 in Niles for possession of stolen property was arrested again Oct. 9 in Chicago under similar circumstances. Just after midnight that night, Niles police led by Sgt. Dennis McEnerney joined in joint surveillance of Joseph Kolodziej, 43, of Chicago.

The police followed Kolodziej from his workplace in Elk Grove Village to the vicinity of Foster and Nordica Avenues, Chicago, where he parked his car. As police watched, Kolodziej allegedly went down an alley, testing garage doors and entering yards.

In the 6900 block of Farragut Avenue, he found an unlocked

garage, allegedly entered it, removed items and stacked them under a nearby bush. He reportedly returned to his car, drove it to the Farragut address and was arrested as he loaded the items into his trunk.

Niles Deputy Chief William Reid said Niles officers then withdrew and Chicago police from the 16th District charged Kolodziej with burglary. His car was seized under Article 36 of the Illinois Revised Statutes which allows holding a vehicle used in the commission of certain felonies such as burglary, Reid said.

Less than a week earlier in

Continued on Page 34

Firefighters help clean-up park

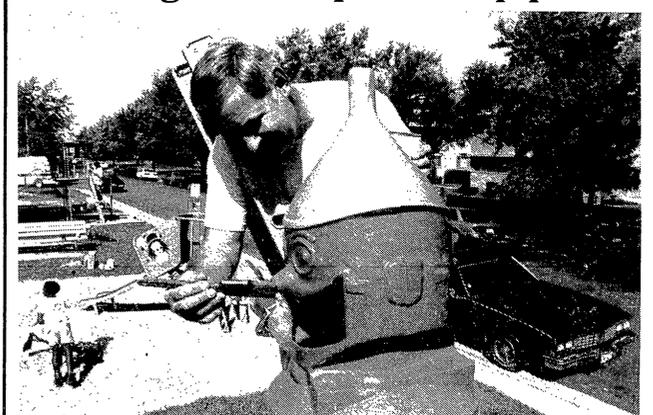


Photo by Mike Heel
Among the firefighters and community residents who turned out Saturday, Oct. 3, to spruce up the park at the Greenwood Manor Home Owners Association on Gregory Lane in unincorporated Maine Township is Bob DeJure, a parkton firefighter adding a touch of paint to the playground equipment.

Township ships 19 trailers in hurricane relief drive

A total of 19 trucks, each carrying about 35,000 pounds of supplies, left Maine Township during its "Operation Andrew" relief drive, according to Township Supervisor Joan B. Hall.

Maine Township announced plans to begin "Operation Andrew" on Aug. 24 within hours after the hurricane struck South Florida and headed for Louisiana.

Hall said, "We were the first in the area to start a relief effort and the largest non-national relief drive in the country."

Within two days after the drive began, the township was swamped with donations of food, clothing, baby supplies, sanitary items, medicine and other items to be sent to victims. Hundreds of volunteers sorted and packed supplies while other loaded trucks headed for disaster sites.

By Sept. 14, all of the supplies had been shipped to their destinations using transportation provided by the Illinois National Guard, A.B.F. Freight Line, Commercial Pallet, Benjamin Moore Co., American Airlines, Amvets and Watkins Freight Lines. Another \$8,800 in monetary contributions were distributed to the Red Cross, Salvation Army and Florida Relief Fund.

The relief operation was supervised by the township's Emergency Management Agency (EMA), assisted by state and regional EMA personnel, township officials, and staff members who worked relentlessly to implement the drive.

Through the efforts of Maine Township's Emergency Management Agency, additional large-scale contributions were shipped

Robert R. Murfin

Air Force Lt. Col. Robert R. Murfin is attending the Army War College here. The 10-month curriculum of the Army's senior school prepares officers and civilian officials of the fed-

eral government for top level command and staff positions with the U.S. armed forces throughout the world. He is the son of Robert and Jessie Murfin of Des Plaines.

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by business directly to the relief sites. These included three fork-lifts, two forklift batteries, three walk-in freezers with install crews, two boxcars of 3/4-inch plywood and 5,000 blankets, with a total value of \$510,000.

Roosevelt High seeks grads for all-year reunion

Graduates and friends of Roosevelt High School, 3436 W. Wilson Ave., on Chicago's north-west side, are being sought to attend an All-Year Reunion Party and '50s Basketball Game, Saturday, Oct. 24, 6:30 p.m. at the high school. The party is being sponsored by the Alumni and Friends of Roosevelt High, a new group raising funds and awareness to benefit the school.

Alumni from the years 1928 to 1992, and friends of the school, are urged to attend the party and enjoy an evening that includes a buffet dinner, the basketball game, nostalgia, and fun. The cost is \$12 per person in advance, and \$15 at the door. Casual dress is suggested. There is free parking on the premises. Proceeds from the event will be used to aid the school and today's students.

For reservations, send a check for the number of tickets desired and mail to the Alumni and Friends of Roosevelt High School, 3436 W. Wilson Ave., Chicago 60625. For more information, call (312) 534-5000. Tickets will be held at the door.

Teams of the '50s: Members of the Roosevelt City Champions Team of the 50's will include: Morty Gelman, Jack Ikenn, Ron Kushner, Lou Landt, Moose Malitz, Fred Rosen, Mickey Rotman, and Manny Weincord.

The City All Stars of the '20s will include: Sweet Charlie Brown, Pat Craddock, Alan De-nenberg, Barry Holt, John Olson, Tim "The Rim" Robinson, and Chuck Yaculla.

Niles seniors hold art craft fair

The annual Arts and Crafts Fair presented by the Niles Senior Center, 8060 Oakton Street in Niles, will take place on Wednesday, Oct. 21, from 10 a.m. to 2 p.m.

Vendor participation is limited to members of the senior center and enrollment is now being taken. Guidelines are available and vendors may pick these up at the senior center.

A hot dog lunch will be available for a cost of \$1.

THE BUGLE
(USPS 069-760)
Bob Besser
Editor and Publisher

MEMBER
NORTHERN ILLINOIS
NEWS-EDITORIAL
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VOL. 36, NO. 17, OCT. 15, 1992
8746 N. Sherman Rd.
Niles, IL 60714
Phone: 964-3900-1-2-4
Published Weekly on Thursday
in Niles, Illinois

Second Class Postage for
The Bugle paid at Chicago, Ill.
and additional entry offices.
Postmaster: Send address
changes to The Bugle,
8746 Sherman Rd., Niles, IL 60714

Subscription Rate (In Advance)
Per single copy \$.50
One year \$23.00
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Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to all Niles seniors, 62 and over and their younger spouses. Registration may be made by visiting the senior center at 8060 Oakton.

MEN'S CLUB MEETING
The Niles Senior Center Men's Club will meet on Monday, Oct. 19 at 10:30 a.m. Following the business meeting, Dr. Ochwat will speak of foot care. Tickets will be on sale for the Men's Club Holiday Party set for Friday, Dec. 4 at Chateau Ritz. Tickets are \$16.50 for chicken and \$17.50 for beef or scrod. Payment is due at the time of registration.

MONTHLY LUNCHEON
The October Luncheon is set for Friday, Oct. 23 at noon. The menu includes brat/bun, sauerkraut, boiled potatoes, carrots and apple slice. Entertainment will be provided by "The Jolsen Singers." Tickets are \$5.75 and must be purchased by Friday, Oct. 16.

OCTOBER TRIP - MC HENRY AND WOODSTOCK
The Niles Senior Center will travel to McHenry and Woodstock on Thursday, Oct. 22. The day will include lunch at McHenry Country Club. Following lunch our group will tour the Civic Opera House and the Dick Tracy Museum. Tickets are \$17 and must be purchased by Friday, Oct. 15. Payment is due at the time of registration.

ARTS AND CRAFTS FAIR
The Niles Senior Center, 8060 Oakton St., will be sponsoring the annual Fall Arts and Crafts Fair on Wednesday, Oct. 21 from 10 a.m. to 2 p.m. Featured will be Niles senior artisans with a variety of handmade items such as: woodworkings, needlework crafts, jewelry and dolls. A hot dog lunch will also be available for \$1. For more information, please call the senior center at 967-6100, ext. 376.

DISCOVER DISCUSSION GROUP
The Niles Senior Center is offering a new discussion group set to start on Thursday, Oct. 15, 2 p.m. at the center. This program will meet on the 3rd Thursday of each month and will be led by Sophie Laske and Helen Sparkes of the center. The group will explore and discuss a variety of interesting subjects concerning news, art, media and much more. Call the senior center for registration. This program is free and is open to Niles seniors.

WOMEN'S CLUB OCTOBERFEST
The Niles Senior Center Women's Club Octoberfest is set for Monday, Oct. 26 at noon. The luncheon will feature roast pork with gravy, bread, dumpling, Bavarian green beans, sauerkraut, German potato salad, rye bread and German chocolate cake. Freddie Fisher orchestra will perform. The cost is \$5.75. Tickets will be available beginning on Monday, Oct. 5.

RECREATIONAL GAMES GROUP FORMING
The Niles Senior Center is seeking interested seniors who would like to join a recreational games group who will meet on Monday afternoons at the center beginning in November. Those interested in joining should call Maureen Jekot at 967-6100, ext. 376.

NEW GROUP FOR THE HARD OF HEARING
The Niles Senior Center will sponsor a new group for those who are hard of hearing. The group will explore coping techniques to improve communication skills. We invite you to join others who are experiencing the same difficulties in communication. The group will begin on Tuesday, 9:30 a.m. on Nov. 3. Call Trudi Davis for additional information and registration at 967-6100, ext. 376.

Offer free flu shots

The Cook County Department of Public Health is offering free influenza vaccines to suburban Cook County residents 65 years of age or older, the chronically ill 3 to 8 years old who have had a flu shot in the past and all chronically ill residents 9 years and older. Richard J. Phelan, President, Cook County Board of Commissioners urges seniors and the chronically ill to take advantage of this free service.

Yearly immunization is necessary because the vaccine changes each year and protection only lasts a few months.

Flu shots will be administered from 9 a.m. to noon Friday, Oct. 30, at the Des Plaines Senior Center, 515 E. Thacker, Des Plaines and from 9 a.m. to noon Friday, Nov. 6, at the Park Ridge Senior Center, 100 S. Western Ave., Park Ridge.

Influenza, commonly known as the flu, is a viral infection of the nose, throat, bronchial tubes and lungs and can make a person ill. The flu can be particularly dangerous for the elderly and the chronically ill because of the potential for serious medical complications such as pneumonia.

Seventeen flu clinics are being held through suburban Cook County during October and November. For more information, residents of suburban Cook County can contact the health department's flu hotline at (312) 920-2524. Persons needing accommodations for a disability should contact: voice (708) 445-2460, TDD (708) 445-2406.

Steve A. Chambers

Steve A. Chambers has been promoted in the U.S. Air Force to the rank of technical sergeant. Chambers, a communication cable systems installation/maintenance technician, is the son of Edna U. Ramsay of Skokie. The sergeant is a 1979 graduate of Evanston Township High School. He received an associate degree in 1985 from the Community College of the Air Force.

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Phase 1 rehab...

the plans publicized, to allow for community input, he stated. Commissioner Elaine Heinen added more park maintenance statistics: Grennan Heights Center has been painted with funds from a December, 1991 bond issue and the fencing and floor hockey courts have been repaired at Washington Park. Bids for new equipment at Courtland and Washington parks have gone out. At Commissioner Marlene Baczek's motion, the Board re-

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D010488 on Sept. 28, 1992, under the Assumed Name of Rick Tivers & Associates with the place of business located at 8930 N. Waukegan Rd., Suite 202, Morton Grove, IL 60053. The true name(s) and residence address of owner(s) is: Rick A. Tivers, 475 Blue Ash Dr., Buffalo Grove, IL 60089.

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Continued from Page 1

affirmed earlier action by accepting feasibility studies for the Sports Complex pool and building.

Moving to financial matters, at Vice President James Pierski's motion, the Board opened an accounting fund for the recently acquired \$2,795,000 in bond money for Sports Complex and other renovations. Pierski said the money was deposited in a certificate of deposit.

Other figures showed the total of all District funds for the month close to \$395,000 over disbursements and Tam revenues for the year to date at nearly \$117,000 over disbursements. The promising figures were somewhat tempered by Commissioners Baczek's announcement that the Maine-Niles Association of Special Recreation is suggesting a six percent increase in member district contributions. Turning to legal business, Board Attorney Gabe Berrafato said the District had appealed a Circuit Court decision on the Park District referendum and a date for oral arguments will be set soon.

Director Tim Royster and Superintendent of Leisure Services

Ballard pool...

ment...some repairs will be done." Emphasizing the current tank is viable and needed, Fuerst asserted the Complex pool if improved, would increase its attendance and revenues. It will complement the Oasis Park pool and accommodate lap and competitive swimming, although no diving. In the plan, the adjacent wading pool would be expanded to include a zero depth area and water play pieces, such as a "rain-drop" sprinkler and a slide. A raised deck would give sunbathers view of both pools and improvements at the concession stand would include a permanent patio near it, with seating for 50 persons.

An adjacent sand area would provide two sand volleyball courts and a sand play section. Some residents were unhappy the plans failed to address their

request for a year-round pool and even lacked bleachers necessary for swim meets. Leisure Services Supervisor, Jerry Krewer later gave reporters his views on those points, maintaining that of all the nearby park districts, only Arlington Heights has an indoor pool. It was part of a high school and may be subsidized, he believes. He stressed trying to make a year-round pool self-supporting becomes a liability. The successful ones are those included in health clubs and "Y's" in which revenues come from memberships. Drawing on his four seasons running Northbrook pools, Krewer said heating pools year-round is also harder, and the high humidity in the facilities cause rust. Customary practice is to bring in portable bleachers for swim meets, he maintained.

The Board accepted the consultants' concept for both pool and Sports Complex building renovations while emphasizing the plans may not be implemented in their entirety. Consultant Rogers estimated the cost of the proposed pool renovation at \$797,500, allowing \$107,500 of that amount for contingency and fees.

Maland's estimate for Sports Complex building renovations was \$921,000 with an additional \$154,000 in options.

Neighbors band together to stop home break-ins

Because of the increase in the number of home invasions re-

cently, one local neighborhood is starting its own community watch program.

Dubbed Operation Light-Up, the plan calls for homeowners in the Monroe Street area to turn on their front porch lights when it is dark outside to deter future home break-ins. Turning on lights at side doors and on garages would also light up the area and, hopefully, prevent intruders.

The cost of operating the lights is just pennies a day, much less than the loss incurred in a home break-in, according to representatives of the new neighborhood crime watch program.

Neighbors are hopeful their watch program will create an awareness of the problem and eventually institute an area posted with "Crime Watch Area-We Call Police" signs.

Kurt R. Urban

Marine Sgt. Kurt R. Urban, a 1979 graduate of Maine West High School, Des Plaines recently received the Good Conduct Medal.

Park services...

Continued from Page 1
 dren at three area junior high schools. The cost per taxpaying household receiving the survey will be \$12 per home.

Additionally, the survey will be mailed out using first class mail at a cost of 52 cents per piece, rather than the greatly reduced non-profit rate available to the Niles Park District. A postage-paid envelope will be enclosed for the completed survey.

LEGAL NOTICE

Sealed bids will be received up to 11:00 a.m. on November 10, 1992 at Niles Elementary Schools District 71, 6935 W. Touhy Ave., Niles, IL 60714 which bids will be opened at 11:00 a.m., November 10, 1992, at Niles Elementary Schools District 71, 6935 W. Touhy Ave., Niles, IL 60714 for the Purchase of Food and Cafeteria supplies.

Bid specifications may be picked up at Niles Elementary Schools District 71, 6935 W. Touhy Ave., Niles, IL 60714 beginning October 8, 1992 between the hours of 8:30 a.m. and 3:30 p.m.

The Board reserves the right to reject any and all bids.

Eileen Varisco
 Secretary, Board of Education

Eugene H. Zalewski
 Superintendent

Continued from Page 1

request for a year-round pool and even lacked bleachers necessary for swim meets. Leisure Services Supervisor, Jerry Krewer later gave reporters his views on those points, maintaining that of all the nearby park districts, only Arlington Heights has an indoor pool. It was part of a high school and may be subsidized, he believes. He stressed trying to make a year-round pool self-supporting becomes a liability. The successful ones are those included in health clubs and "Y's" in which revenues come from memberships. Drawing on his four seasons running Northbrook pools, Krewer said heating pools year-round is also harder, and the high humidity in the facilities cause rust. Customary practice is to bring in portable bleachers for swim meets, he maintained.

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Creek costs...

Continued from Page 1

Initially, the state proposed a less expensive, open, fenced, concrete channel for the Creek between a retention pond on Lutheran General Hospital property and Dee Road. A child who accidentally fell into the Creek in that area a year ago nearly drowned and Maine Township Supervisor Joan Hall and Highway Commissioner Bill Fraser pushed for covering the channel for safety reasons.

This could add \$1 million in construction costs, said Arlen Juhl, Chief of Engineering for IDOT's Department of Water Resources. Local sources will also pay for acquiring the rights of way, moving any utility poles and culvert maintenance.

Upstream, along Ballard Road, three culvert replacements are scheduled because the bridges there are restrictive, Juhl noted.

Juhl said the next step will be to get Steering Committee approval and signed agreements to participate from the communities. Since the covered culvert area lies chiefly in unincorporated Maine Township, Juhl expects Township officials will strike the final cost-sharing agreement.

The State legislature must approve funding for the project, Juhl said, but his department will spread the request for funds over a two or three year period and if all goes well, construction could proceed in stages. An amount of \$460,000 is appropriated now.

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SUBURBAN HOMES

A GUIDE TO HOME FURNISHINGS AND MAINTENANCE

A Bugle Newspapers Publication

October 15, 1992



TOMORROW'S BATHS...

One of the elegant new bathroom designs at the Kohler Bathroom Showcase on display at Max Gerber, Inc., 2293 Milwaukee Avenue in Chicago. Celebrating 63 Years At This Location

Small Savings Add Up



Energy savings make sense all the time. But it makes a lot more sense when times are tough and many homeowner's budgets are tight. "There are some very simple and inexpensive ways in which to reduce high heating and cooling costs," said Matthew Herko of The Home Depot.

FOLLOWING ENERGY SAVING TIPS can assist in saving from \$300-\$500 annually.

ATTIC INSULATION—The size of your house and attic, as well as current utility bills, will determine the actual savings you can get from installing insulation. In many cases, you can save as much as 30 percent on your annual electric bill. Most people will recover their investment in the

course of the first year.

WATER HEATER CARE—The next biggest gobble of electricity in your home is the water heater. If it's hot to the touch, you're wasting a lot of energy. Cover the heater with an insulation blanket kit and use pipe insulating foam around hot water pipes. Also, lower the heater's thermostat to 140 degrees Fahrenheit (60 degrees Celsius) if you have a dishwasher, or to 120 degrees Fahrenheit (40 degrees Celsius) if you don't. Your energy savings will ultimately depend on the number, ages and habits of the people in your house.

HOT WATER WASTE—Water-saving showerheads and flow restrictors in kitchen and bathroom faucets

reduce the actual volume of water that comes out by as much as 20 percent or more but will not affect your washing capabilities in any way. Also, shut the water off when shaving or brushing your teeth and take shorter showers.

SHADE THE A/C COMPRESSOR—Install a fence (and a partial roof, if you can) or plant high bushes or arca palms around the compressor (outside unit) of your air conditioner to shade it and help it cool off faster. Leave at least three feet of free room all around the unit to facilitate free air circulation.

CEILING FANS—Ceiling fans help reduce your cooling costs. For each degree you raise your thermostat, you can reduce your electric bill by about 10 percent. In the meantime, a ceiling fan operating at slow speed uses no more electricity than a 15-watt lightbulb.

THERMOSTATS—If there is no one in the house for several hours at a time during the day, a programmable thermostat will save you money and keep you comfortable. Set it so the air conditioner starts cooling the place about half an hour before your scheduled arrival time.

TIMERS—There are timers for lamps and electrical appliances. Light-sensitive timers will turn on and off depending on the amount of daylight available, whereas clock timers have to be set for specific hours when you need them. Timers can also be used to water your garden during the early morning hours, when it's best to water your plants to avoid evaporation from the strong mid-day sun.

LIGHTS—You may be able to turn off some lights without making your house a dungeon, but an excellent alternative is to use fluorescent halogen lamps wherever possible. They are four times brighter and much cooler than regular incandescents, use up to 75 percent less electricity and last 25 times longer. For outdoor lighting, you might try sun-battery-powered lights and wipe out your electric costs altogether.

CAULK AND SEAL—Estimates indicate that you can save up to 10 percent of your yearly home cooling costs by caulking and sealing all windows and doors. Hold a lit candle next to the gap between a door or a window and its frame. If the flame flickers, you have a draft that can be cured with one of the many sealing kits available. Caulking is best applied around door and window frames, where they meet the wall, as well as around openings to the outside.

OLD APPLIANCES—If any of your major appliances keel over, look very carefully at the yellow tags of potential replacements. They tell you the relative electricity usage of each model as compared to similar ones. Choose the model that best fits your needs and has the lower estimated energy consumption number.

For more information on home energy savings, contact your neighborhood Home Depot.

It's Home Improvement Time

Transform Walls Into Gallery With "Print Room" Wallpaper



Modern wallcoverings recreate an old English print room.

The "print room," one of 18th century England's most popular and inventive trends in wall decoration, is being revived in a new wallcovering collection, Mary Gilliat's Faux Finish II: Backgrounds and Borders.

"At that time," says designer Mary Gilliat, "people began acquiring prints on their travels and delighted in displaying them in highly decorative arrangements. Walls made a social as well as a decorative statement."

"Formal reception rooms were papered with engravings of Old Masters, portraits of kings and courtiers, architectural renderings, and scrollwork, then cut out in interesting shapes and used directly on a pale wall," she adds.

"Wallpaper borders were used to frame the prints for an overall picture gallery effect."

Richard Felber of Sandpiper Studios, a division of Design Directions, collaborated on this collection of wallcoverings, borders and fabrics in which the print room pattern appears.

"Besides the one-of-a-kind print room design, we hand-picked antique frescos, architectural motifs and decorative painterly finishes," says Felber, adding, "The mood of this exciting new collection is Old World but the application is universal."

The print room pattern shown here is available in six colorways and borders, each ideal for hall, library, bedroom or most any room in the house. For more information on Seabrook Wallcoverings, call toll free 1 800 238 9152. In TN, call 1 800 582 6233.

Comfortable Personal Environment Protected By Windows



Hurd InSol-8® windows offer unsurpassed personal environmental protection from heat, cold, drafts, 95% of outside noise, and over 99.5% of harmful ultraviolet light. Temperature swings are reduced, and because the interior glass temperature stays close to room temperature, personal living space is increased.

More and more Americans are becoming concerned with the effects environmental influences have on their personal health and well-being. Personal threats are seen as coming from many sources: acid rain, oil spills, air, water and noise pollution, and the effects of ultraviolet rays no longer blocked by the depleted ozone layer.

Reactions to these perceived threats vary, from working for political solutions to making changes in personal lifestyles. But whatever the reaction to this assault from the environment outside, most Americans agree that it is becoming increasingly important to control and protect their personal environment. In the 90's, we will increasingly be looking for a personal space where we can relax and "make the world go away."

One way to achieve a comfortable, protected personal environment is through the use of quality windows. Hurd Milwork Company, Medford, Wisconsin, offers a remarkable, high-quality wood window which protects your personal environment not only from the cold, but from heat, noise, and ultraviolet radiation as well.

The glass, which results in a single trapped air space. InSol-8®, because of its two suspended sheets of film, offers three insulating air spaces.

Because of the unique property of the suspended Heat Mirror™ film, harmful ultraviolet rays are virtually eliminated from rooms using InSol-8® windows. Less than one-half of one percent of the sun's UV rays pass through the window.

InSol-8's Heat Mirror film also protects personal environments from extremes of heat and cold. A home's radiant heat is reflected by the film back inside in the winter, and solar heat is kept out in the summer. Because the area close to the window is free of temperature, personal living space is increased. Winter heat loss and summer heat gain can be reduced by 50%, providing a more comfortable personal environment. And homeowners can expect to pay lower heating and cooling bills year 'round.

The InSol-8 window has yet another advantage: because the windows are so well sealed, outside noise is reduced by 95%, providing a quieter area in which to escape from the "real world."

For more information about protecting your personal environment with InSol-8 windows, write "Consumer Window Guide", Hurd Milwork Company, 575 South Whelan Avenue, Medford WI 54451.

Don't Blame Condensation Problems On Windows

Some windows sweat. Occasionally, home owners see condensation running down their walls, destroying their curtains, drapes and walls?

Condensation Causes
Window condensation is a function of the inside window surface temperature, room temperature and inside humidity levels.

Condensation occurs when the inside window surface temperature is low enough to cause the room air next to it to drop below its "dew" point. This also happens on a bathroom mirror when taking a shower or on the outside of a cold glass of ice water.

The "dew" point is the temperature at which the air is "saturated," and can hold no more moisture. The saturated air then deposits moisture on any surface cooler than itself. Condensation happens with some windows during the winter months when the inside temperature and humidity level are high and the outside temperature is low.

A little condensation, or "fogging" can be expected and causes few problems. It can occur on any window.

Condensation Control
To minimize condensation, aluminum windows incorporate thermal separations in their framing members. This helps keep condensation from forming on the frame.

Glass is a poor insulator and this is where condensation usually forms. One way to decrease the likelihood of condensation forming on the glass is to increase the number of glass window panes. Double-glazing and triple-glazing reduces the possibility of condensation. This is because the dead air space between the window glazing acts as an insulator, thus reducing the temperature difference between the inside and immediate outside surface of the glass. By increasing the amount of air space, this also helps.

By using thermally separated aluminum windows and controlling the amount of humidity in a house, you'll go a long way in keeping damaging condensation from creating problems.

For more information and learning about what your proper inside humidity should be, write to the Aluminum Extruders Council, 1000 N. Rand Road, #214, Wauconda, IL 60084.

Consumers need to know their window facts when shopping for energy efficient replacement windows.

Aluminum window frames:

- are stronger than other framing materials.
- never need repainting.
- are highly resistant to expansion and contraction and hold their shape over the years. This means they less likely will need replacing.
- hold their value.
- nearly maintenance free.
- won't swell, shrink, split, crack, or check over many years of wear.
- can't rust.
- don't get soft in sunlight.
- have a 40 year history of proven performance.

For more information, write to the Aluminum Extruders Council, 1000 N. Rand Road, #214, Wauconda, IL 60084.

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Shopping For Energy Efficient Aluminum

Consumers need to know their window facts when shopping for energy efficient replacement windows.

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- are highly resistant to expansion and contraction and hold their shape over the years. This means they less likely will need replacing.
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- nearly maintenance free.
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- can't rust.
- don't get soft in sunlight.
- have a 40 year history of proven performance.

For more information, write to the Aluminum Extruders Council, 1000 N. Rand Road, #214, Wauconda, IL 60084.

To Save Energy Weatherstrip



Windows and doors represent the biggest source of heat loss in your house if they are not properly sealed. Weatherstripping controls this loss. Weatherstripping is available in a wide variety of forms, but usually, the least expensive is the felt type with burlap backing. Place the stripping with its edge firmly against the frame of the window sash and staple it about every four inches with an Arrow T-50 Heavy Duty Staple Gun Tacker. Doors should be weatherstripped on the outside. Install the stripping on the door stops, the wood strips on the sides and top against which the door closes. Stapling is the same as for windows.

For additional tool information, write to Arrow Fastener Company, Inc., 271 Mayhill Street, Saddle Brook, NJ 07662.

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Plenty Of Ice For Entertaining

Remember when there was never enough ice for the kids' scout meetings, neighborhood cookouts and parties? And you promised yourself that wasn't going to happen again? Well, one good way to solve that problem once and for all is to install your very own automatic icemaker in your home—and now's the time to do it in order to ensure that the upcoming

entertainments won't require last minute supply runs to the store for bagged ice.

Depending on your family's needs and preferences, you can choose from two different types of high capacity automatic icemakers designed for home installation say Whirlpool home economists.

The first, model produces only ice—up to 51 pounds of crystal-clear cubes in a 24-hour period—while its companion model, produces up to 25 pounds of ice in a 24-hour period plus up to 2.5 gallons of clear, chilled water on tap, ready to dispense to a thirsty group.

Both models feature 18-inch wide cabinets made of textured steel, easy-access ice storage bin, handy ice scoop, recessed handle, an interior light and a control to vary cube thickness, and both can be installed freestanding or built-in under a counter.

According to Whirlpool home economists, these high-capacity icemakers are designed to offer a steady supply of crystal clear ice all year long. Ample supplies of ice come in mighty handy for holiday parties and countless other special family occasions.

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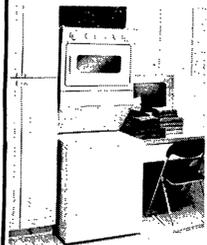
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Trend: Migrate To Kitchen Laundries



It's finally happened. The dull, utilitarian laundry, long relegated to the basement, utility area or garage, is migrating to the center of activity in the home—the kitchen! And, it's making the move with style and pizzazz!

According to home economists from Whirlpool Corporation, this movement of the laundry to the home's living areas is long overdue. They note that during the past decade, the kitchen established itself as the hub of household activity. And with the way we do our laundry (most any time of the day or night, seven days a week) and who handles it (all family members, when they have time or need something washed), the kitchen is a very logical place to locate the laundry center.

While consumer research indicates that the kitchen is a place of choice for installing the laundry, how do you fit more appliances into a room that's already squeezed for space? Home economists suggest that you think compact—not in load capacity but in floor space requirements. To do this, think tall and narrow, not wide and side-by-side. A typical washer and dryer pair needs a floor space that's almost five-feet wide. But a Whirlpool full-size stacked laundry pair needs only a 27.5-inch wide floor space for the same load capacity.

However, space and capacity are not the only features to consider when selecting laundry appliances for a kitchen installation. Also important are style and color, and how well the laundry products coordinate with kitchen appliances.

The hottest styling for kitchens in the 1990s is the white-on-white look. The Whirlpool full-size "Thin Twin" laundry center offers the same sleek styling of new kitchen appliances and comes in white with coordinating white controls and lid/door handles.

As with kitchen appliances, the stacked laundry center can be installed with cabinets and counters surrounding it for a built-in look.

The two-speed washer features 6 automatic cycles, a self-cleaning lint filter and 4 water temperature combinations. The large, shoulder-high dryer offers a wide side-opening door for easy loading and unloading with no stooping or bending. It features 5 drying cycles, an electronic dryness control and an end-of-cycle signal.

For family convenience, the kitchen obviously can be a very good location for today's modern, stylish laundry appliances.

Safe Wiring

Electricity is such an integral part of our daily lives that we often take it for granted. But people living on farms should be aware of safe (and unsafe) electrical conditions.

In most rural areas there are no requirements for inspecting electrical installations as required in towns and cities. Therefore, consumers must rely on the knowledge of their electrician, or on educating themselves, to be sure wiring is safe.

If you are building or remodeling any type of rural structure, including your home, the *Agricultural Wiring Handbook* can be an excellent resource. Since its first publication in the mid-1960s, the *Agricultural Wiring Handbook* has been consistently updated every three years to keep up with the changing electrical

Easy Design System Brings Home Carefree Ceramic Floor

We've been romancing the stone look for the past few years with faux finishes of all kinds of painted walls, woodwork and wall covering—even furniture. The trend continues in ceramic tile for floors in foyers, sunrooms, kitchens, family rooms and around fireplaces.

The newest concept for the nineties is Triad™—an upscale design system of three exciting stone looks at reasonable prices. Triad makes it as easy as 1-2-3 to be your own designer.

1. Choose the look you like—either marble or granite in four great mineral-like colors.

2. Combine with a geometric decorated tile or go for an overall pattern made from a simple cube or a complicated kilim rug design.

3. Try it for size—big is the trend in floor tile—choose 8" x 8" or 12" x 12". Now you're done—everything coordinates perfectly.

The look is right, the style is lasting.

and the surface textured glaze is surprising. American Olean designed Triad for food courts at shopping malls, where it holds up and cleans up beautifully. It also has strong slip resistant properties, even in wet areas.

So at home, Triad requires just a quick mop—it takes food, kids and fun in stride (dogs, too!). Triad is for the way we live now and into the future because most of us don't want to think about our floors, we just want them to look terrific all the time.

American Olean Tile Company offers a variety of other great pretenders—glazed floor tiles in finishes to vie with marble and slate in large 12" x 12" ceramic in several colors from the Homestyles™ collection.

See American Olean tile at your ceramic tile dealer or write for a brochure on Triad and Homestyles floor tile: American Olean Tile Company, 1000 Cannon Avenue, Dept. HT, Lansdale, PA 19446.

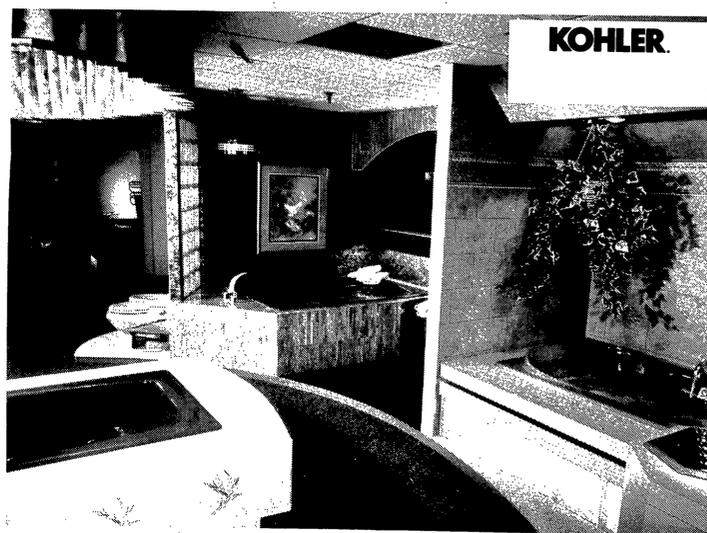


New Triad, a series of three coordinating stone looks answers the trend to faux finishes which are expected to continue through the '90s. Easy to install over existing floors in 12" x 12" or 8" x 8" sizes. American Olean Triad marble deco is shown with a border of solid granite look on the floor, and the wall features the other deco, a kilim rug pattern.

It's Home

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Tomorrow's Baths... Today



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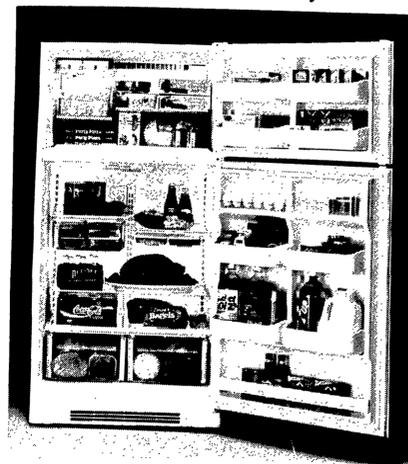
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Today's New Refrigerators Save Energy With a Style



More and more homeowners today are looking beyond size and features when searching for a new refrigerator. Tired of the square-edged, boxy shape that's been around for decades, many are now turning to a new generation

of gently rounded styling highlighted in the newest line of refrigerators from Frigidaire.

According to Roger Felch, director of cold products for Frigidaire, the new refrigerators not only give home-

owners a new styling alternative, but also help them survive today's constantly rising energy costs.

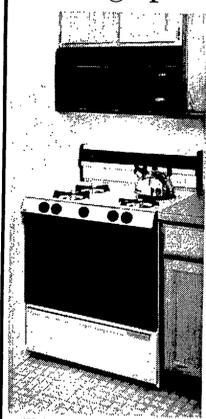
"Until now, when consumers found the 'right' refrigerator, the only choice left to make was what color to buy," said Felch. "With new generation styling now available in refrigerators, and soon in other Frigidaire appliances, contemporary elegance and style can be added to any kitchen decor... and since these refrigerators are also built with superior energy efficiency, they give people a big break on their electric bill."

Dedicated to "creating a better tomorrow" and concerned about the environment, Frigidaire has designed all of its refrigerators to exceed government energy-efficiency standards by as much as 30 percent, making them twice as energy-efficient as refrigerators from the 1970s. Frigidaire refrigerators contain a lower percentage of ozone-depleting CFCs (chlorofluorocarbons) in the cabinet's foam insulation than other major U.S. brands.

Available in a variety of top freezer and side-by-side models, new Frigidaire refrigerators feature completely adjustable interiors that let homeowners customize space to fit their individual storage needs. They also offer today's most requested features, including heavy-duty glass shelves, oversize door bins, see-through storage drawers and crispers, and front-mounted temperature controls. Frigidaire refrigerators are available in family-size capacities, with up to 24 cubic feet of storage space.

For the name of the Frigidaire dealer nearest you, or for more information about Frigidaire refrigerators and other Frigidaire appliances, call 1 800 451 7007.

Microwave Ovens Offer Both Cooking Speed, Space Savings



"Help! My kids and husband demand a microwave oven. I want one, too—but our kitchen has so little counter space that we can't afford to give up any for another appliance."

According to microwave specialists from Roper Appliances, scarce kitchen space is a common problem. But, in the case of microwave ovens, there's a simple solution: You can put

them almost anywhere! Above the counter. On a shelf, on a wall—or even above your kitchen range!

Microwave oven and hood combos afford a very practical solution to a kitchen's space crunch. This dual-purpose product not only offers the speed, convenience and time savings in cooking wanted by today's busy families, it also provides a needed ventilation system for the range or cooktop.

Roper microwave oven-hood combinations, available for vented or non-vented installations, feature a 1.0 cu. ft. oven capacity and 750 watts of cooking power. Designed to be installed above the range, this hood and oven combo is just under 30-inches wide—matching the typical size of free-standing ranges and built-in cooktops.

In addition to cooking speed and space economy, Roper microwave oven and hood combinations offer four cooking cycles, end-of-cycle/cooking signals, ten cook power levels and an easy-to-use cookbook.

Product designers from Roper Appliances suggest installing a microwave oven above the range for one neat solution to a kitchen's space crunch. Within a skinny 30-inch space, this Roper cooking center features a microwave oven, vent hood and a free-standing gas range.

"Clearly, with the installation flexibility of today's microwave ovens, there's no longer any need to encroach on a kitchen's scarce counter space," note product specialists from Roper Appliances.

Keeping The Cold Out New Window Technology

Windows were first invented by the Egyptians. They placed holes in the top of their walls, near the ceiling, to allow for ventilation.

The Romans moved the windows, framed in wood, down to the middle of the wall and sealed them with glass.

Steel was introduced as a window framing material in the 1930s. Aluminum, as a window framing material, was the next material innovation. It entered the marketplace af-

ter World War II. Aluminum is an excellent conductor. That's one of the reasons it is used so extensively in pots and pans. Thus, the problem was to discover a way to keep the aluminum frame from conducting the outside cold temperature to the inside warm temperature.

The aluminum window frame members are hollow. They are designed that way for maximum strength. In the case of thermal barrier

ers, the metal frame exposed to the outside cold air is separated from the metal frame inside the house. This is done by using either high or low density polyurethane or rigid vinyl (PVC). Thus, the cold passing through the metal encounters a barrier and is stopped from entering the inside of the house.

Modern aluminum window frames are composed of three pieces: an outer or extruded frame, a central core of insulating material, and an inner extruded frame. They work well in addressing the early problem associated with aluminum windows.

Aluminum replacement windows are strong, durable, energy efficient windows that won't swell, shrink, split, crack, check, rust, are ideal for refinishing, and not affected by the sun. For more information, write to the Aluminum Extruders Council, 1080 N. Rand Road, #214, Wauconda, IL.



WARM YOUR SPACE Winter After Winter



GAS YOUR BEST ENERGY VALUE

- The Rheem® Criterion™ line of upflow gas furnaces are designed for utility rooms, closets, or alcoves.
 - Because of the Criterion's low-profile 34 inch height, the upflow model can also be used to satisfy most applications that traditionally call for a horizontal furnace.
 - The design is certified by the American Gas Association. Canadian models are certified by the Canadian Gas Association.
- Features**
- Patented Turbulox™ Heat Exchanger, constructed of both stainless and aluminized steel for the maximum in corrosion resistance.
 - Low profile "34 inch" design is lighter and easier to handle, and leaves room for optional equipment.
 - Both standing pilot and hot surface ignition models available.
 - Left or right side gas inlet connections with quick, simple change.
 - Hot surface ignition models feature an integrated board with humidifier and electronic air cleaner hookups. An accessory kit is available for standing pilot models.
 - Insulated blower compartment, a slow-open gas valve and a specially designed draft inducer motor make it one of the quietest furnaces on the market today.
 - Integrated solid state control board.
 - Pre-paint galvanized steel cabinet.
 - Molded permanent filter.
 - Grab-holes in doors to aid in easy door removal and replacement.

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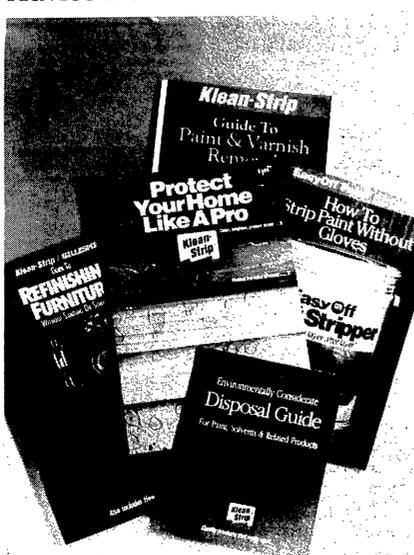


The gingerbread trim, that gave a look of elegance and beauty to many turn-of-the-century homes and buildings, is now staging a nationwide comeback. Victorian style trim, for both exterior and interior use, is once again adorning porches, outlining roofs, accenting hallways and supporting mantels. Lacy fretwork and intricate carvings, based upon 19th century designs, are even being used as wall or panel or cabinet door decoration.

Products readily available include doors, mantels, gable treatments, corbels, brackets, spandrel and balustrades and rails, gazebos, along with highly decorative moldings.

Bars, back bars and Brunswick style bar treatments enhance recreation rooms in homes and bar areas in restaurants. A complete source for authentic Victorian Millwork, including custom designing, is Cumberland Woodcraft Company, Inc., Post Office Drawer 609, Carlisle, PA 17013. A full color catalog, with over 175 color pictures and design ideas, along with a price list, is available for \$4.50. All Cumberland Woodcraft products are crafted from premium grade solid oak or poplar. The products come fully assembled, ready for staining or painting.

Free Booklets Offer Great Advice For Do-It-Yourselfers



Good advice is hard to find, especially if you are a do-it-yourselfer. When it comes to fixing things around the house, it's important to get information from someone who knows what they are talking about.

Klean-Strip, the nation's leading manufacturer of paint removers and solvents, puts nearly 50 years of experience into five free booklets it offers to do-it-yourselfers. The booklets discuss subjects like paint removal and wood refinishing, protecting outdoor concrete and wood, and disposing of household chemicals without harming the environment.

Klean-Strip has three free booklets about paint stripping and refinishing. "The Guide to Paint & Varnish Removal," "How To Strip Paint Without Gloves," and "The Guide To Refinishing Furniture Without Sanding Or Stripping." The information in these booklets will help you learn the easiest and best ways to refinish beautiful furniture and woodwork.

"The Environmentally Considerate Disposal Guide" is one of Klean-Strip's most popular booklets. Many household products contain chemicals which are harmful to the environment when disposed of improperly. This booklet explains how to dispose of hazardous household chemicals without polluting. It's a great reference to keep around the kitchen or shop.

The booklet "Protect Your Home Like A Pro" contains important advice for cleaning and protecting your deck, patio, fence and other outdoor amenities. You can make your home look better and retain its value by following the maintenance suggestions in this booklet.

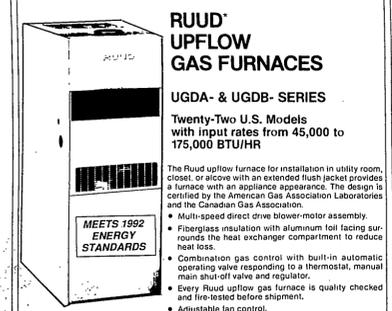
You can get all five of these great booklets free by calling Klean-Strip at 1-800-238-2672, or by writing to Klean-Strip, Box 1879, Memphis, TN 38101. Please specify the booklets you want.

Heat Pumps Save Energy

Did you know that heat exists in all air down to absolute zero (-460°F or -273°C)? Even cold winter air contains heat. This is the principle behind a heat pump. Heat pumps provide summer cooling and winter heating, replacing both furnace and central air conditioner with a single heating-cooling system, according to the Air-Conditioning and Refrigeration Institute (ARI).

In summer, a heat pump operates as a standard, electrically driven air conditioner, collecting heat from the air in your home and expelling it outside. In

winter, the process is reversed so that the heat pump collects heat from outdoor air to warm the air inside your home. During the heating season, the heat pump's efficiency increases on mild days and decreases on cold days. For the coldest days, many heat pump installations have a heater electrical resistance heater that automatically switches on to supplement the heat brought in from outside. Because it collects heat that already exists in the outdoor air, a heat pump can supply from 1.5 to 2.5 times more heat than the energy it uses.



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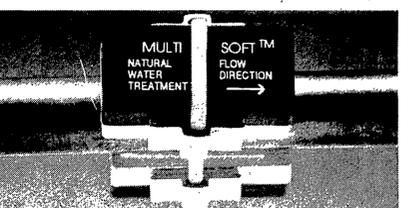
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Grow brilliant blossoms; vibrant foliage; lush, green lawns; succulent fruit, plus magnets on your pipes.

If you'd like to grow brilliant blossoms; vibrant foliage; lush, green lawns; succulent fruit, plus magnets on your pipes. Magnetically treated water encourages growth and health in plants, trees, lawns, and crops; reduces corrosion and the build up of scale in pipes and sprinkler systems; and you need less of it to do a better job.

Industrial pioneers have physically treated water with magnetism for years to reduce corrosion and build up, but the cost has been previously prohibitive for many potential magnet users.

Niels Chew, President of Dowling Miner Magnetics Corporation, a magnetic products manufacturing firm founded 45 years ago, is determined to revolutionize the use of magnets for physically treating water. "In collaboration with inventor Bo Ek, we are manufacturing an extremely effective system that every residence and business can afford," he said.

When Dowling Magnetic's Multi-Soft™ units are attached to vertical water pipes, magnetic fields separate water molecules, reducing surface tension and suspending minerals allowing them to flow freely. Water supplying the garden penetrates the soil more effectively, and reaches the roots more quickly; evaporation is minimized.

In controlled studies conducted by the Israel Institute of Technology (1988), magnetically treated water produced larger, higher quality fruit than untreated water. Yields were increased, and fruit was more uniform in size. Water usage, as well as the need for fertilizer and chemically treated water, was reduced; scale deposits in pipes and sprinkler heads were eliminated.

For more information concerning magnetizing water for landscaping purposes, write to Dowling Miner Magnetics Corporation, P.O. Box 1829H, Sonoma, CA 95476, or call 1-800-MAGNET 1.

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Turn Dirt Into Dollars With Geothermal Heating And Cooling



A GSDX water-less geothermal heating and cooling system of US-Power Climate Control, Inc. occupies less than seven square feet in a garage or basement. The coils are buried in the ground and the unit is as quiet as a refrigerator.

A Ground Source Direct Exchange (GSDX) water-less geothermal heating and cooling system of US Power unleashes the power to turn dirt into energy saving dollars. The Pennsylvania-based manufacturer addresses the needs of home and business energy consumption by providing an affordable and efficient high-tech system which harnesses the naturally occurring temperature of the earth to provide heating in the winter and cooling in the summer.

This GSDX system operates with the movement of a liquid refrigerant through copper coils buried in the ground below frost line, a compressor, and an air handler containing a fan. Since the ground temperature remains relatively constant at a certain depth, the soil is warm to frigid winter air, yet cool to hot summer air. So efficient is this method, a typical 2,000 sq. ft. home in national average weather Kansas had an annual heating and cooling bill of \$243.

While the initial cost of a GSDX system is usually more than a conventional heating and cooling system, the only cost over and above is the minimal power expense required to operate the compressor and run the fan. Because of the outstanding efficiencies, typically in the range of 300%-600%, the payback period is short, usually within one to five years over conventional equipment.

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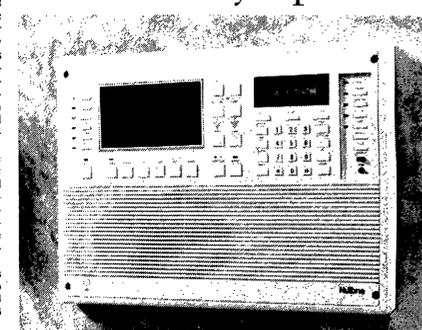
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Existing Radio-Intercoms Can Be Easily Updated



The comfort level produced is just as outstanding as the efficiency. In the heating mode, warm comfortable air is amply supplied at people-friendly temperatures of 110°F (plus or minus 10%) while significantly dehumidified air abounds during the cooling cycle. An additional benefit is an optional hot water preheater which harnesses excess heat generated and freely supplies about 50% of an average home's hot water needs.

Being an all-electric system, the Ground Source Direct Exchange eliminates the need for hazardous and polluting fossil fuels as well as their inherent shortages or price hikes. Ultimately, the need for additional generating plants is deferred which aids the utility provider in energy conservation.

For more information about this heating and cooling system, write to US-Power Climate Control, Inc. 954 Maroon Blvd., Allentown, PA 18103 or call 1-800-669-1138.

How To Enhance A Garden



Give any Gazebo a touch of Victorian elegance with solid oak or poplar balustrades, rails, fret brackets or spandrels. You can even custom design your own Gazebo with a complete line of Victorian millwork, available directly from Cumberland Woodcraft Company, Inc. All Victorian millwork accessories represent 19th Century originals.

According to the company, a new, full color catalog and design idea book contains dozens of Gazebo trim designs that may be easily installed by do-it-yourselfers or professionals including ready-to-assemble Gazebo Kits as pictured. Model shown is available in 10', 12' and 16' diameters.

The complete catalog may be obtained by sending \$4.50 to: Cumberland Woodcraft Company, Inc., Post Office Drawer 609, Carlisle, PA 17013.

It was the character and charm of the 30-year old colonial, plus its tree-shaded yard that compelled the young couple to buy this, their first home. There were some custom touches they especially enjoyed, like the radio-intercom system.

They appreciated the peace of mind the system gave them. For example, they could talk room-to-room without raising their voices. From the basement laundry to a second floor bedroom, or from the kitchen to the backyard patio, they were always in touch. They could answer the doors without opening them, which gave them a safe feeling, and they could listen in to the baby's room or to their three-year-old's bedroom when she was sick. However, the components looked dated and the Master Station had an AM-only radio.

When they called a local installer to see if the system could be updated, they got good news. The Master Station and Speakers could easily be replaced, using the existing wiring, at a very reasonable cost. Because their old intercom used 3-wire cable, they chose a 3-wire system from NuTone with FM/AM Radio, a digital display and one-button listen operation. For extra security, they added Video Door Answering and Surveillance, a NuTone option the installer told them about.

Today, they're enjoying state-of-the-art electronic convenience as well as the charm of their older home.

NuTone's IM-3003 Master Station replaces older 3-wire systems. Shown here with optional Auto-Reverse Cassette Deck, a Compact Disc Player is also available.

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Hardwood Floor Guide Care & Maintenance Tips



Thinking of building a new home... remodeling your present one... or have you removed old carpeting to discover attractive hardwood floors? Here's the first step to make the most of natural, long-lasting hardwood floors.

mi Hardwood Floor Care Guide will give you all the facts about hardwood floors and finishes. You'll receive fourteen pages of information, photos, ideas and care tips about hardwood floors. It will make you a well-informed consumer when it comes to choosing and caring for wood floors. The booklet is a guide to both new and old floors, the right stain, and the proper finish. Learn the key to easy maintenance for a hardwood floor. The booklet includes product definitions, a glossary, stain chart, and more. BonaKemi is a leading manufacturer of hardwood floor finishes. Their specially formulated water-based products are nonyellowing, odor free, quick drying, and VOC compliant—making them the environmental choice. To obtain a copy of the "Perfect Wood Finish" booklet, write to BonaKemi, Dept. HIT, 14805 E. Monieriff Place, Aurora, CO 80011.

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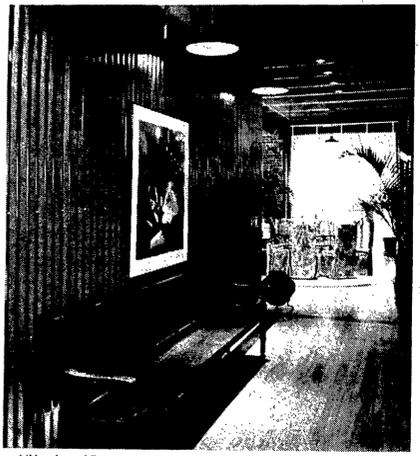
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A Hardwood Floor Finish Is Everything



All hardwood floors start out pretty much the same. Strips of wood are laid down to form the floor and then stained light, dark or left natural. A finish goes over the stain and then polished. What makes them appear and respond differently is that stain and finish with which they have been treated.

The protective overcoating or finish on any floor helps keep dirt and grime from the wood. However, a really superior finish should also enhance the natural qualities of the wood and keep it looking new for years to come. In addition, the right finish can offer practical easy-care maintenance—an important criteria for today's busy lifestyles.

Choosing the right stain (color) and finish (protection) is as important a decision as choosing a floor. Always look for a waterborne finish for a hardwood floor. Because of the way waterborne finishes are formulated, they will not turn yellow and mask the beauty of the wood. And waterborne finishes remain easy to maintain for the life of the floor.

Waterborne finishes are odor-free, quick drying and the environmental choice. They provide a tough wear layer for a floor in addition to being easy to take care of. There's no waxing or polishing needed for these new miracle finishes. Just vacuum as you would regular carpet. Spills can be wiped up and stains can be easily prevented. Heel scuffs are easily removed with a spot application of BonaKemi Hardwood Floor Cleaner.

A world leader in this type of floor protection and quality is BonaKemi. Send for their free booklet, "The Perfect Wood Finish." Write to BonaKemi, Dept. HIT, 14805 E. Monieriff Place, Aurora, CO 80011.

Hardwood floors have advantages

Hardwood floors offer an **Environmental Advantage!** Hardwood floors are made from one of nature's most easily renewable resources. And with proper care, hardwood floors can last a lifetime.

Since 1950, more than 15 billion square feet of hardwood floors have been installed according to the National Oak Flooring Manufacturers Association. In addition, people are pulling up their carpeting and finding hardwood floors just waiting to be refinished. Not only are these refinished wood floors easier to maintain than ever, they also add value to any home.

Hardwood floors offer a **Medical Advantage.** Coping with dust in the home is a familiar chore for everyone. Not only does it make a house look unattractive and neglected, but for people with allergies or suffering from asthma, it can cause a great deal of discomfort.

Hardwood floors are just one method of reducing household dust. Much of what we consider house dust has actually been found to be a product of small insects called dust mites. Visible only through a strong microscope, these tiny creatures are found in damp climates and can live in dark, dense areas such as carpet. When the insects are disrupted by general home cleaning activities, a sensitive person can suffer an allergic reaction.

An alternative in flooring is 100% all-natural wood. BonaKemi USA leads the hardwood floor finishing industry in environmental awareness. All of their waterborne products are VOC compliant.

BonaKemi waterborne finishes protect your floor. Call 303-371-1411 for information or write: BonaKemi USA, Dept. HIT, 14805 E. Monieriff Place, Aurora, CO 80011.

Anchor Fastener Staple Gun Shoots Into Masonry Metal And Wood

Arrow Fastener Co., Inc. now have an attachment for their staple gun model T-50, T-50M and T-55 that make it a multi-purpose fastening tool. It shoots a tight gripping Xpando anchor fastener into wood, masonry, metal, hollow doors and drywalls. Xpando anchors securely fasten almost anything using the same attachment. The attachment slips on the front of the staple gun and gives you a multipurpose fastening tool. Arrow's Xpando fasteners are made in two basic styles: one designed mainly for use in solid materials such as concrete, brick and wood (1/2", 3/4", 1", grip range) and the X", 1/2" HD and 3/4" HD grip range mostly for use in the hollow walls like board where regular expansion type anchors would normally be used.

For additional tool information, write to Arrow Fastener Company, Inc., 271 Mayhill Street, Saddle Brook, NJ 07645.

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VALUABLE COUPON

Fluky's offers Halloween fun with hot dogs

Black cats, vampires, ghosts and goblins are lurking at Fluky's throughout October, providing a scary, but delicious Halloween Fluky's, home to the original Chicago-style hot dog since 1929, has also achieved popularity for its unique and elaborate, life-size animated displays which decorate Fluky's Western Avenue, Niles and Northbrook locations.

Vampires lie stiffly in caskets among corn stalks and blinking jack-o-lanterns in the Western Avenue (Rogers Park) Fluky's, while in Northbrook there's a haunted house and Fluky's Niles location features a "pumpkin patch" in the parking lot, where all sizes and shapes of pumpkins can be purchased. Kids receive spider rings and skeletons as special holiday souvenirs and there will be apples for sale.

Fluky's now has five Chicago-land locations: 6821 N. Western Ave. at Pratt Ave. and 5631 N. Ridge Ave., just south of Hollywood Ave. (this is Fluky's new express double drive-thru), Chicago, 3631 Dundee Road, Northbrook, 9645 Milwaukee Avenue at Golf Road in Niles; and in the Lincolnwood Town Center, Touhy and McCormick Avenues in Lincolnwood.

Repertory group presents cabaret act

Bailiwick Repertory announced its newest performance series, 11 Minutes Max! on October 9, 16 and 23 at 11 p.m. at Bailiwick Repertory in Residence at the Theater Building, 1225 W. Belmont, Chicago, with hostess Paula Killen. For tickets at \$11 for two people, call the Theater Building box office at (312) 327-5252.

11 Minutes Max! is an art cabaret, a late night, uncensored 11 minute forum for diverse performers. Paula Killen will host the puppetry of Matthew Owens, the fantasia of Kaia Overstreet, the ruminations of monologist Jon Mozes, a theater video of free-association and L.A. riot-influence created by Robin Stanton, Lenny Melto and Phila Broich, a 10-minute Scott Sandoe play directed by Rick Carter, storyteller Jill Wachholz, a video by Suzie Silver, a special appearance on the 23rd of Marc Smith of "Poetry Slam" fame, and Gurleen and Gurlette Hussey.

Holiday boutique at Botanic Garden

The Allendale Shelter Club, an organization which raises funds for the Allendale School, will hold its 29th Annual Christmas Boutique, from 10 a.m. to 6 p.m. on Tuesday, Oct. 27; 10 a.m. to 9:30 p.m. on Wednesday, Oct. 28 and 10 a.m. to 4 p.m. on Thursday, Oct. 29 in the Exhibition Hall at the Chicago Botanic Garden. General admission to the sale is \$5.

This boutique will feature more than 25 shops from across the country and London. Shoppers can select from fine lingerie, household items, antiques, fine foods, men's and women's sportswear, children's clothing, games and much more. Other events which are scheduled throughout the boutique include a raffle of a Nutcracker shadow box display created by the Allendale Shelter Club.

Allendale school students have made a variety of crafts and woodworks which will also be for sale. Proceeds from the event will support residential and day care for severely troubled children at the Allendale School in Lake Villa.

The Chicago Botanic Garden is located on Lake-Cook Road in Glenview, one-half mile east of the Edens Expressway. The Botanic Garden is open every day except Christmas from 8 a.m. until sunset. Admission is free; parking is \$4 per car. For additional information, call (708) 835-5440.

Theatre plans Halloween event

Oak Park Festival Theatre is sponsoring a Halloween event with appeal for lovers of theatre, literature, costume, music, and even auctions!

On Saturday, Oct. 24, Metamorphosis Theatre's Page Hearn will star in "An Evening With Edgar Allan Poe," a locally acclaimed presentation of the stories, poems, and biography of the noted writer of the macabre. Hearn's one-man performance will be held at the Oak Park Arts Center, Oak Park Avenue and Erie Street in Oak Park, at 7:30 p.m.

After the performance, auctioneer Jim Bohentstengel of Galerie St. James will open the bidding on props and costumes from the Oak Park Festival Theatre archives.

Oak Park Festival Theatre hopes to raise at least \$6,000 through this event to help offset the large debt brought on by the extremely rainy summer season.

performing on the pipe organ. Light refreshments, beer and wine are included in the ticket price.

Tickets are \$18 in advance and \$20 at the door, with a \$2 discount for students and seniors. Visa and Mastercard will be accepted. Doors will open at 7 p.m.

Call the Oak Park Festival Theatre box office at (708) 524-2050 for more information.

Heart Association benefits from film

Participants are wanted to appear in the feature film "Rookie of the Year" at Wrigley Field, Sunday, Oct. 11. For every person who appears in the film through the American Heart Association of Metropolitan Chicago's entrance, 20th Century Fox will donate a dollar to the AHA-MC.

To sign up or for more information on what to wear, bring and when to report, call the express casting office at (312) 587-1090. When calling, be sure to mention The American Heart Association.

Fine arts, crafts exposition at Northbrook Court

Experience the world of artistic beauty and creativity when Northbrook Court hosts its premiere Invitational Fine Art & Fine Craft Exposition and Sale October 16-18.

Local as well as nationally recognized artists will gather together for the three day exposition which will take place on the Lower Level of Northbrook Court Shopping Center during regular mall hours. Modern and Classical motifs will be presented through impressionist oils, muted pastels, sharp watercolors, sculpture, glass jewelry, photography, acrylics, metal and more.

Lubov Yegudin from Niles will be present displaying his oil paintings on canvas.

Oscar's Restaurant celebrates anniversary

Oscar's Restaurant of Morton Grove will celebrate its 62nd anniversary the week of October 12 through the 17.

In 1930 Oscar and Edith Faust founded Oscar's Restaurant as a roadside hamburger stand in Morton Grove, and the tradition of home-style cooking began. The business grew and moved across the street, to the west side of Waukegan Road.

The business continued in the old frame house until 1964 when it moved one block north to 9040 Waukegan Road, its present location.

Now, 62 years later, the tradition of home-cooking is continued by Oscar's granddaughter and her husband.

The celebration will continue all week long, featuring a specially designed menu with rolled back prices. There are 13 different entree selections that will be served for lunch and dinner. Some of the selections are breaded pork outlet, baked Virginia ham, roast sirloin of beef, roast chicken, rainbow trout, and filet of sole. Most entrees are priced at \$4.95 to \$6.95, and include soup or salad, and potato or vegetable.

Other featured items during the week will be prime rib and filet mignon at reduced prices. Special appetizers and desserts will also be available.

Each day of the week will have a featured cocktail, with draft beer at \$1.25, and house wine priced at \$1.50 all week long.

Stop by Oscar's during the next few days to pick up a sample menu showing the selected entrees and daily drink specials. Oscar's will be open from 11:30 a.m. to 10 p.m. weekdays, and till 11 p.m. on Friday and Saturday.

For reservations call (708) 965-1977, or stop by Oscar's Restaurant, 9040 Waukegan Road, Morton Grove.

Singer entertains at home for blind

Marie Lewis, singer, will highlight Kagan Home for the Blind's activity day, Wednesday, Nov. 11. Located at 3525 W. Foster, Chicago, Kagan Home for the Blind is the only sheltered-care residence in the Chicago area serving people with vision loss.

Community members with vision loss and their guests are invited to attend the specially-designed activity day which begins with low-impact exercises at 9 a.m., followed by arts and crafts at 10 a.m. and a discussion on current events led by George Lieberman an hour later. Lunch will be served at noon and Marie Lewis's performance will be at 1 p.m.

Every month Kagan Home for the Blind hosts an activity day from 9 a.m. until 2 p.m. Community members with vision loss and their escorts are admitted free. For other individuals who wish to attend, the cost is \$4. For additional information and reservations, call (312) 478-7040.

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Entertainment

Ronnie Milsap and Eddie Rabbitt in concert at Pheasant Run

Eddie Rabbitt and Ronnie Milsap will perform in concert together on December 12 for one performance at the Pheasant Run Mega Expo Center in St. Charles, IL. These Grammy award artists will perform for one hour each back to back.

Milsap is not only known as a vocalist, but also for his keyboard wizardry, which has established him as one of the undisputed leaders on the contemporary scene in recent years. With hits like "What A Difference You've Made in My Life," "Let's Take the Long Way Around the World," and the million-selling "It Was Almost Like a Song," he became one of the leaders of the country-pop crossover rage of the late 70's and early 80's.

Multi-dimensional Rabbitt is

known for his solid lyric contents and tightly produced country tracks, as well as harmonic ballads such as "You Look Like an Angel." He has a style of attracting the ears of an across-the-board audience. His easy styling and intimate delivery defy categorization. Rabbitt is known as both a country and pop artist of this decade, because of songs like "Kentucky Rain," "Forgive and Forget," and "I should Have Married You."

Rabbitt and Milsap together can be seen at Pheasant Run Resort's Mega Expo Center on December 12 at 8 p.m. for one performance only. For tickets, pricing and package information, call Pheasant Run Resort at 584-MEGA. Tickets are now available.

"Sleeping Beauty" opens at Forum

Candlelight's Forum Theatre will present Alpha Bet Soup's new production of "Sleeping Beauty" directed by Mark Penno, October 21 through January 29, 1993.

Alpha Bet Soup Productions are known for taking classic children's tales and turning them upside down. This laugh-filled version of "Sleeping Beauty" features various surprising twists, such as fairies on roller skates and a prince named Bubba.

Performances run Tuesdays through Fridays at 10:15 a.m. and selected Saturdays at 12:15 p.m. Tickets are \$4.50; \$4 per person for groups of 20 or more. Box lunches are available for an additional \$2.

For tickets, write or visit Candlelight's Forum Theatre, 5620 South Harlem Avenue, Summit, IL 60501, or phone (708) 496-3000. Ask about discount bus service.

Executive Chef unveils Cricket's new menu

Randall Wiley, Executive Chef of Cricket's in the Tremont Hotel, announces the debut of his new lunch and dinner menus. The menus highlight a direction toward lighter dining options and creative new American cuisine, while retaining the signature items for which the toy-festooned, power-dining restaurant has become famous.

With his new menus, Wiley notes, "I'm bringing the classic style that has characterized the Cricket's menu into the nineties by introducing new dishes, innovative sauces, and an artistic style of presentation. I will continue to utilize my daily specialties as a means to introduce new items. The new menus presently reflect approximately fifty percent new items."

The dinner menu now boasts such delicacies as wild mushroom risotto and escargot ravioli appetizers; Southwestern tortilla soup; roast pork loin with braised cabbage, Granny Smith apples and a green peppercorn sauce; and a veal chop stuffed with fresh mozzarella and wild mushrooms and brandy truffle

sauce. The new dessert menu features eight standing desserts and an array of tantalizing daily specialties.

Cricket's new lunch menu features entrees for lighter mid-day dining, including grilled portobello mushrooms on baby greens with a basil shallot vinaigrette and a seafood and rotelli pasta with spicy tomato chutney. Also featuring in the light dining selection are Mediterranean and Cobb salads. Sandwich offerings include an oyster Po'Boy; wild game burger; deli-style Reuben sandwich and open-face crab and avocado sandwich. Regulars will find Cricket's classics such as chicken hash mornay, veal Cricket's and Lake Superior whitefish among the line-up of luncheon entrees.

Cricket's is open for breakfast Monday through Friday 6:30 to 10:30 a.m., Saturday and Sunday 7 to 11 a.m.; brunch: Sunday only, 11 a.m. to 2 p.m.; lunch Monday through Saturday 11:30 a.m. to 2 p.m.; dinner seven days a week, 6 to 10:30 p.m.

Concert aimed at families

Dave Rudolf, singer/songwriter, and his trio, perform a children's concert of songs for kids and their parents from 10:30 to 11:15 a.m. on Saturday, Oct. 24, in Room 112 at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

The Family Program is sponsored by the Oakton Community College Board of Student Affairs. Admission is \$3 for adults and \$1.50 for children.

For more information, call (708) 635-1699.

Heart assoc. sells holiday cards

Send heart-felt holiday wishes to special people and benefit research, education and community programs in Cook, DuPage and Lake counties. Whether an individual or company, the contribution made by purchasing the American Heart Association of Metropolitan Chicago's festive holiday cards will help in the fight against the nation's number one killer - heart disease.

Cards may be bought in increments of 25 and may have a name printed on the card (one line) and an address printed on the envelope (two lines).

Order forms are available at all AHA-MC offices located in Cook, DuPage and Lake counties. For more information call the North Cook office in Skokie, (708) 675-1535.

Halloween party benefits La Rabida

As the moon rises on Halloween night, guests at the Hotel Nikko's grand ballroom in Chicago will be greeted with cobwebs, tombstones, elaborate candelabras, and skeletons to complete the look of a haunted palace. This spooky scene will set the stage for the Friends of La Rabida third annual fundraiser - a Halloween Party, to benefit the patients of La Rabida Children's Hospital and Research Center.

To be held on October 31, at 7:30 p.m., the event will encourage guests to dress in their finest Halloween costumes, ranging from the ancient royalty of Antony and Cleopatra to the classic tradition of witches and warlocks. It is the second consecutive year that the Friends of La Rabida designed their annual gala to break away from the traditional evening gown and black tie affairs.

Malnati's hosts cancer research benefit

On Monday, Oct. 26, members of the Chicago Bears, their families, and the Malnati's will team up to present the 22nd Annual Lou Malnati Cancer Research Dinner to benefit Northwestern Memorial Hospital. The fundraiser will take place at Lou Malnati's Pizzeria in Buffalo Grove, 85 S. Buffalo Grove Rd.

The uniqueness of this benefit attracts many Bears fans and supporters of cancer research. Unlike most benefit dinners, this benefit

boasts a casual dress code and low ticket price (\$50) so people of all ages are able to attend the dinner while contributing to a great cause here in Chicago. Guests attending will be able to enjoy a family style dinner prepared by Lou Malnati's as well as meet and get autographs from members of the Chicago Bears.

For more information about the Lou Malnati Cancer Research Dinner, call (708) 673-0808.

Cablevision produces documentaries

"Cablevision of Chicago is bringing two documentaries into viewers homes in the next few weeks, as well as placing more emphasis on shows for young people," says William P. Morton, Cablevision of Chicago General Manager.

On tap for November and December are Cablevision documentaries presenting an inside look at Chicago's famous stadiums and a "mockumentary," looking at the rise of a struggling comedian.

Season, on October 5, 12, 19, 26 and November 2 at 5 p.m., further enhancing the student sports coverage presented during the weekly "Sports Rap" airing every Thursday at 8 p.m.

Subscribers can turn to channel 14's Prevue Channel or the channel guide for more information.

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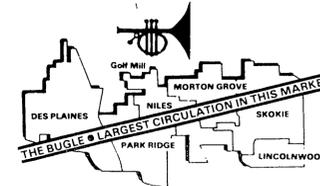
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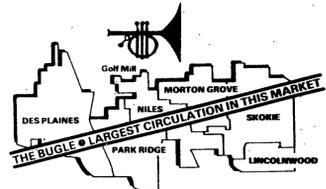
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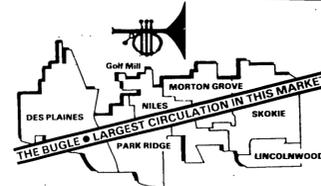
RUMMAGE SALE

Rummage Sale
United Methodist Women
Friday, October 16, 7:30 A.M.-8 P.M.
Saturday, October 17, 9 A.M.-Noon
8237 Kenton, Skokie
(3 Bks N. Of Oakton & 4 Bks E. Of Skokie Blvd., Entrance On James Drive Side
Clothing, Household Items & More

Rummage-Bake-Plant Sale
Saturday, Oct. 17 - 9 A.M.-4 P.M.
8701 N. Menard, Morton Grove
(5800 W. - 1 Bk S. of Dempster)
Proceeds Benefit Handicapped Children
Cash Only

Just check the Business Service section of The Bugle's Classified Ads and let the pros do the job! You'll find competitive skills and rates that'll give you a great selection. Whether you need a job done or are offering your services, read and use our Classifieds for an informative, inexpensive handle on your area's marketplace for life's everyday needs and wants.
THE BUGLE'S BUSINESS SERVICE DIRECTORY FOR ALL YOUR HOUSEHOLD NEEDS & SERVICES

USE THE BUGLE
Classifieds
966-3900



Your Ad Appears
In The Following Editions

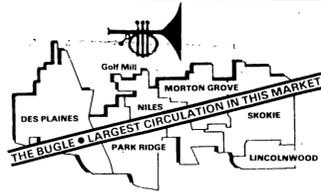
- NILES BUGLE
- MORTON GROVE BUGLE
- SKOKIE/LINCOLNWOOD BUGLE
- PARK RIDGE/DES PLAINES BUGLE
- GOLF-MILL/EAST MAINE BUGLE

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FULL TIME	FULL TIME	FULL/PART TIME	FULL/PART TIME
<p>ELKO GENERAL HOSPITAL is currently recruiting a full-time Medical Technologist. Must have a baccalaureate degree from an approved Medical Technologist Program, ASCP certified preferred. Ability to perform clinical testing in areas of blood bank, microbiology, serology, chemistry, hematology and urinalysis. Must be able to work under high stress. EGH offers a competitive salary and excellent benefits package, including employer paid health and life insurance and retirement. Elko is located in northeastern Nevada, right next to the beautiful Ruby Mountains. There is no state income tax. Contact Mabel Woods, Personnel 1297 College Avenue, Elko, NV 89801 (702) 738-5151 ext. 123</p>	<p>RESTAURANT Luxurious Sr. Community Seeking Dining Room Supervisor - Full-Time Position For More Information Call: THE BREAKERS AT GOLF MILL (708) 296-0333 Ask For Stuart Gold</p>	<p>DATA ENTRY Part-Time/Full-Time Experienced Data Entry People Needed For MKT Research D.P. Company. 1-2 Years Experience With P.C. Data Entry System Required. MKT. Research Survey Experience A Definite Plus. Send Resume & Letter Or Call: Star Data Systems Inc., 6232 N. Pulaski Rd. Chicago 60646 1 (312) 794-0400 Ask For Mrs. Campos</p>	<p>MEDICAL BILLING EMC-America Electronic Insurance Claims Processing For Medical Practitioners. \$30,000 Part-Time To Over \$80,000 Full-Time. Investment \$550 Plus PC. For Information By Mail Call: (816) 283-9975</p>
<p>PROOF OPERATORS Full/Part-Time Earn \$6.57/hr. at NBD Bank, Mt. Prospect depending upon your ability. START RIGHT NOW. We're growing and would like to have you join our professional team. If you have accurate 10-key adding machine & data entry skills you may qualify. You'll work from, full-time, 9 a.m.-6:30 p.m. Mon.-Fri. & Sat. 9 a.m.-2:30 p.m. Part-time flexible hours between 1 p.m. to 6 p.m. Mon.-Fri. & Sat. 9 a.m.-2:30 p.m., includes benefits. Please Call: (708) 392-1600 ext. 374 NBD BANK N.A. EOE</p>	<p>GENERAL OFFICE Export Company With Worldwide Contacts Needs A Person For Interesting General Office Work. Must Be Able To Take Shorthand, Type Neatly And Spell Properly. Will Train. Friendly Offices Close To Lincolnwood Call: (312) 283-6601</p>	<p>Permanent Part-Time Position Telemarketing From Your Home Minimum 4-6 Hours A Week Must Be Reliable Please Call: (708) 515-5848</p>	<p>Luxury Retirement Community Seeking Aggressive And Mature Individuals For Server (\$5 Per Hour Flat Rate) Dining Room Attendant (\$4.50 Per Hour Flat Rate) Part-Time - Will Train Diet Aide (\$6 Per Hour) Experience Desired - Apply: Lincolnwood Plaza 700 N. McCormick Blvd. Lincolnwood, IL 60645 Your credit is good with us. We accept Visa and Master Card! Call: 966-3900</p>
<p>PICTURE PERFECT PHOTO CLIPPERS Earn \$75-\$125 Per Day! Work Without Pressure Call Anytime 1 (800) 643-1345</p>	<p>MARKETING Growing insurance company is seeking an addition to their product development staff. The candidate should be detail-oriented, organized and have a high mathematical aptitude. Strong analytical and communication skills are required. Experience in the property and casualty field, and research experience is desirable. Knowledge of Excel and Pagemaker 4.0 are highly desirable. Please forward resume to: Allied American Insurance 111 South Washington, Park Ridge, IL 60068 Attn: Human Resources EOE.</p>	<p>FINANCIAL ANALYST/ANALYST TRAINEE NTL Co. Needs Dedicated Personnel Management. Entry Positions. Growth Potential. Degree Preferred. \$24K-45K Salary + Benefits. A.P.E. (708) 407-9977</p>	<p>SEARS Portrait Studio FULL AND PART TIME POSITIONS AVAILABLE Here's your opportunity to work with one of the most nationally recognized companies in the photography industry. Sears Portrait Studios are operated under license by CPI Corporation in over 900 locations. If you are creative, outgoing, talented with children and enjoy seeing the direct result of your work, this may be the job for you. Experience is not necessary. Ability to work with the public a must. Any previous experience in retail sales is an asset. We will provide a fully paid training program, competitive compensation, excellent benefits, and outstanding opportunities for career advancement. Put yourself in our picture! Please apply in person at Sears Portrait Studio, Golf Mill Shopping Center, Lake Hurst Mall, Hawthorne Center and Randhurst Center next door to Fanny Mae Candy Equal Opportunity Employer M/F</p>
<p>OFFICE POSITIONS Long Term Temp Assignments • Word Processors • Data Entry • Secretaries • Switchboard • Customer Service If you have experience in a corporate environment and a minimum of 6 mo's to 1 year experience on any of the following: Word Perfect 5.1; Lotus-Advanced; Microsoft Word for Windows or Always - IBM or MACINTOSH, we can assign you to long & short term temp positions at excellent client firms. We offer top pay, holiday & vacation benefits, free cross training on state-of-the-art software and the opportunity to be hired temp-to-perm. Please Call Marcie at: Paige Temporary, Inc. Skokie (708) 966-2332</p>	<p>CLEANING GUARANTEED STEADY WORK 3-5 Days/Wk - Paid Training Vacation/Holidays - MHO Ins. Available. Must Speak English And Have Valid Drivers License Car Not Necessary MC Maid - Morton Grove (708) 470-1999</p>	<p>ADMIN. ASSIST. NAT'L JEWISH WOMEN'S ORGANIZATION 21 Hours Per Week Detail oriented and excellent interpersonal skills. Correspondence, newsletters, WordPerfect, answering phone, light bookkeeping. Well organized independent worker with initiative who enjoys taking responsibility. Flexible hrs. Excl. benefits. Salary commensurate with experience. Send resume with salary requirements to: B'NAI B'RITH WOMEN 7701 N. LINCOLN AVE. SKOKIE, IL 60077</p>	<p>TELEPHONE SALES PART-TIME PHONE SALES AT NILES OFFICE SALARY PLUS COMMISSION (708) 966-3900</p>
<p>CELEBRITY CENTRE (708) 259-5600</p>	<p>CUSTOMER SERVICE We Need Your Skills! Clients In Niles & Skokie Need 9+ People For Long Term Assignments Data Entry Or Typing A Plus Call Sarah: (312) 693-6400</p>	<p>\$\$\$ EARN CASH \$\$\$ If You Are At Least 21 Years Old And A Regular Smoker Of Cigarettes And Would Like To Participate In An Opinion Study - Call Faith: (312) 774-3155 To Be Registered Poryam & Kroll</p>	<p>PHOTOGRAPHY Sears Portrait Studio FULL AND PART TIME POSITIONS AVAILABLE Here's your opportunity to work with one of the most nationally recognized companies in the photography industry. Sears Portrait Studios are operated under license by CPI Corporation in over 900 locations. If you are creative, outgoing, talented with children and enjoy seeing the direct result of your work, this may be the job for you. Experience is not necessary. Ability to work with the public a must. Any previous experience in retail sales is an asset. We will provide a fully paid training program, competitive compensation, excellent benefits, and outstanding opportunities for career advancement. Put yourself in our picture! Please apply in person at Sears Portrait Studio, Golf Mill Shopping Center, Lake Hurst Mall, Hawthorne Center and Randhurst Center next door to Fanny Mae Candy Equal Opportunity Employer M/F</p>
<p>CELEBRITY CENTRE (708) 259-5600</p>	<p>NATIONAL MARKETING COMPANY Looking for aggressive, motivated, self managed individual to place promotional displays in retail establishments. Premium territories available in Burlington, Sandburg, Aurora & Naperville. Good Transportation a must Benefits include salary, commission and insurance. This is a full-time position. Please call John: (800) 359-6661</p>	<p>CNA'S Somerset House, A 450 Bed Long Term Intermediate Care Facility For MI Residents, Has Several FT Positions Available For CNA's. Must Be Certified & State Qualified. Transportation To Our Door. Apply In Person: Monday-Thursday 9 a.m.-12 p.m. At: Somerset House, 5009 N. Sheridan Rd. Chicago, IL 60640 EOE</p>	<p>High School Student Part-Time Typist Sophomore or Junior About 10-12 hours per week B average or above 2 to 3 days a week after school and Saturdays CALL: 966-3900 The Bugle Newspapers 8746 Shermer Road, Niles</p>

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USE THE BUGLE Classifieds 966-3900



Your Ad Appears In The Following Editions

- NILES BUGLE
- MORTON GROVE BUGLE
- SKOKIE/LINCOLNWOOD BUGLE
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FULL/PART TIME		MISCELLANEOUS FOR SALE		TANNING		WANTED TO BUY			
CHILI'S NOW HIRING - WAITERS - WAITRESSES - COOKS - DISHWASHERS FULL & PART-TIME APPLY IN PERSON 2 P.M. - 4 P.M. DAILY 5435 W. TOUHY (708) 679-1425		SWITCH BOARD/RECEPTION Part-Time Hours Thursday & Friday 8:15 A.M. - 5 P.M. & Alternate Saturdays - 8:15 A.M. - Noon Excellent Interpersonal Skills For Answering Counsel Switchboards, Handling Safe Deposits And Other Miscellaneous Duties. Must Be Organized, Have Good Common Sense, Type 40 WPM (Accurate) Take Pride In Your Work & Present Good Appearance Bank Of Northern Illinois (708) 724-9000		Fine China Mikasa Florisac Black 12pps Plus All Serving Pieces A Total of 91 Pieces - Retail \$2100 Asking \$1600 Or Best Offer Call Tim (312) 935-3587 Or Kim (312) 247-1488		WOLFF TANNING BEDS New Commercial - Home Units From \$199.00 Lamps - Lotions - Accessories Monthly Payments Low As \$18.00 Call Today FREE NEW Color Catalog 1-800-228-6292		WANTED WURLITZERS JUKE BOXES ALSO SLOT MACHINES Any Condition (708) 985-2742	
ACCOUNTING CLERK Niles Nursing Home Looking For Full Time Accounting Clerk Computer Literacy And Bookkeeping Experience Required Good Salary And Benefits Call (312) 774-1440		Clean Box Spring & Mattress Dinette Set - 4 - Mate Chairs - Davenport Like New - Bargain Price - (708) 966-7632		Bugle Newspapers AUTO DEALER DIRECTORY					
Party Store, Must Be Creative Artistic And Hands-On - Part-Time Good With People, Apply in Person Mon-Thurs 10 A.M. - 2 P.M. Party's Galore & More 8357 Golf Rd. - Niles, IL 60714 (Next To Toys R Us)		Dining Room Table W/6 Chairs Formica - Good Condition Asking \$350 - Call: (708) 966-5924							
Full-Time/Part-Time Help Needed RETAIL SALES \$8 to \$16 Per Hour For Interview Call: (708) 776-0607 E.O.E.		1992 ENCYCLOPEDIA SET Major Brand - Top Quality New In Box, Unopened - Orig. \$1200 Must Sell \$295 - (708) 860-0585		Avanti /Subaru SUBARU IN PARK RIDGE 740 Busse Highway, Park Ridge (708) 823-9800		Dodge DODGE CITY OF DES PLAINES 1439 S. Lee Street Des Plaines (708) 298-5200			
REAL ESTATE		CORRECTIONS Each ad is carefully proof read, but errors do occur. If you find an error please notify us immediately. Errors will be rectified by republication. Sorry, but if an error continues after the first publication and we are not notified before the next insertion, the responsibility is yours. In no event shall the liability for the error exceed the cost of the space occupied by the error.		Buick LOREN BUICK/HYUNDAI 1620 Waukegan Road, Glenview (708) 729-8900		Ford WILSHORE FORD 611 Green Bay Road Wilmette (708) 251-5300			
APTS. FOR RENT		MOTOR HOME FOR SALE Men's 10-Speed Racer \$70 Or Best Offer (708) 965-3776		Chevrolet /Volkswagen JENNINGS CHEVROLET/VOLKSWAGEN 241 Waukegan Rd. Glenview (708) 729-1000		Lexus ARLINGTON LEXUS IN PALATINE 1285 E. Dundee Rd. Palatine (708) 991-0444			
GLENVIEW 2 Bedroom 4 Room Apartment Fresh Paint - New Carpet Please Call After 5 p.m. (708) 296-3718		MUSIC INSTRUCTIONS Piano, Accordion & Guitar From Professional Musician With B.A. Degree For Information Call: (708) 967-1184		Chrysler Plymouth WALTON CHRYSLER PLYMOUTH 5050 Dempster Skokie (708) 673-7600		Subaru STEVEN SIMS SUBARU 715 Chicago Avenue - Evanston (708) 868-5700 - 1 (312) SUBARUS			
NILES - TERRACE SQUARE - 1 LG BR Swim. Pool - Sauna - Parking - Security Bldg. Avail. Immed. - \$565/Mo. - (708) 699-7291		MUSIC INSTRUCTIONS Piano, Accordion & Guitar From Professional Musician With B.A. Degree For Information Call: (708) 967-1184		AUTO DEALERS! Call Classified to place your ad		FOR INFORMATION (708) 966-3900			
1 Bedroom Apt. Great Location Clean And Updated - Private Entrance, View Of Acre Courtyard Rent \$480 - (708) 658-8463		SITUATION WANTED Retired Person Willing To Watch Your Home And Take Care Of Your Animals While You're On Vacation - Call: (708) 966-7648		THE BUGLE CLASSIFIEDS are worth more than just a quick glance. Have you taken a good look at our Classified pages lately? You'll be surprised at just how many ads we publish. When it comes to Classifieds, "the more the merrier" is true! More potential buyers...more sellers! More people advertising things for sale...and somehow, we get more people looking! That's the way it works! It takes both buyers and sellers...and we've got them! Buying or selling, the first place to look is in...The Bugle Classifieds! TO PLACE AN AD, CALL (708) 966-3900 THE BUGLE NEWSPAPERS THE NEWSPAPERS THAT DELIVER		LEGAL NOTICE Notice of Public Meeting A public meeting to discuss clean-up plans for the property located at 6150 W. Touhy, Niles will take place on Monday, November 16, 1992 7:00-8:30 p.m. White Eagle Banquet Hall 6839 N. Milwaukee, Niles The meeting is open to the general public and provides an opportunity for residents to voice comments about the clean-up plans for the site. Informational materials are currently available for review at the Niles Public Library, 6960 Oakton, Niles and Edgebrook Branch Library, 5436 West Devon, Chicago.			
GLENVIEW NEAR GOLF MILL 1 Bdrm Garden Apt. Imm. Occupancy \$515 - No Pets - (708) 966-9427		NEED HELP? CALL... 966-3900		FOR INFORMATION (708) 966-3900		LEGAL NOTICE Notice of Public Meeting A public meeting to discuss clean-up plans for the property located at 6150 W. Touhy, Niles will take place on Monday, November 16, 1992 7:00-8:30 p.m. White Eagle Banquet Hall 6839 N. Milwaukee, Niles The meeting is open to the general public and provides an opportunity for residents to voice comments about the clean-up plans for the site. Informational materials are currently available for review at the Niles Public Library, 6960 Oakton, Niles and Edgebrook Branch Library, 5436 West Devon, Chicago.			
NILES - 6 Room Apt. - Fenced In Yard Garage - Washer/Dryer In Building (708) 591-0603		VACATION RENTAL West Palm Beach Area Deluxe 2 Bdrm Furnished Townhouse - Near Shopping (708) 453-6983 Or (708) 456-1490 After 5 P.M.		FOR INFORMATION (708) 966-3900		LEGAL NOTICE Notice of Public Meeting A public meeting to discuss clean-up plans for the property located at 6150 W. Touhy, Niles will take place on Monday, November 16, 1992 7:00-8:30 p.m. White Eagle Banquet Hall 6839 N. Milwaukee, Niles The meeting is open to the general public and provides an opportunity for residents to voice comments about the clean-up plans for the site. Informational materials are currently available for review at the Niles Public Library, 6960 Oakton, Niles and Edgebrook Branch Library, 5436 West Devon, Chicago.			
Free Apartment In Niles - In Exchange For Handymen - Must Know Pub/Elec/Ctry/ General Maintenance - (708) 591-0622		Find the help that you need in our classified section.		FOR INFORMATION (708) 966-3900		LEGAL NOTICE Notice of Public Meeting A public meeting to discuss clean-up plans for the property located at 6150 W. Touhy, Niles will take place on Monday, November 16, 1992 7:00-8:30 p.m. White Eagle Banquet Hall 6839 N. Milwaukee, Niles The meeting is open to the general public and provides an opportunity for residents to voice comments about the clean-up plans for the site. Informational materials are currently available for review at the Niles Public Library, 6960 Oakton, Niles and Edgebrook Branch Library, 5436 West Devon, Chicago.			
NILES - 7628 N. MILWAUKEE 1 Bdrm - \$455 Per Mo. Parking Incl. Cable Ready (312) 764-0802 Aft 7 pm		INFORMATION ON CLASSIFIED ADS You Can Place Your Classified Ads by Calling (708) 966-3900 or Come To Our Office in Person AT: 8746 N. Shermer Road, Niles, Illinois. Our Office is Open - Monday thru Friday, 9 A.M. to 5 P.M.		FOR INFORMATION (708) 966-3900		LEGAL NOTICE Notice of Public Meeting A public meeting to discuss clean-up plans for the property located at 6150 W. Touhy, Niles will take place on Monday, November 16, 1992 7:00-8:30 p.m. White Eagle Banquet Hall 6839 N. Milwaukee, Niles The meeting is open to the general public and provides an opportunity for residents to voice comments about the clean-up plans for the site. Informational materials are currently available for review at the Niles Public Library, 6960 Oakton, Niles and Edgebrook Branch Library, 5436 West Devon, Chicago.			
We accept Visa and Master Card! Call: 966-3900		INFORMATION ON CLASSIFIED ADS You Can Place Your Classified Ads by Calling (708) 966-3900 or Come To Our Office in Person AT: 8746 N. Shermer Road, Niles, Illinois. Our Office is Open - Monday thru Friday, 9 A.M. to 5 P.M.		FOR INFORMATION (708) 966-3900		LEGAL NOTICE Notice of Public Meeting A public meeting to discuss clean-up plans for the property located at 6150 W. Touhy, Niles will take place on Monday, November 16, 1992 7:00-8:30 p.m. White Eagle Banquet Hall 6839 N. Milwaukee, Niles The meeting is open to the general public and provides an opportunity for residents to voice comments about the clean-up plans for the site. Informational materials are currently available for review at the Niles Public Library, 6960 Oakton, Niles and Edgebrook Branch Library, 5436 West Devon, Chicago.			

Park employee... Continued from Page 1

dicted; it doesn't mean she's guilty; (we're) waiting to see." He said the State's Attorney's office notified him the day before the indictments were announced.

Niles Police... Continued from Page 1

This year, children will delight in the "tricks" of the haunted house as well as receive numerous treats including candy, prizes, and a very special guest appearance. Parents will also receive some treats of their own including complimentary cake and coffee and a safe place for their children to celebrate the holiday.

If children insist on trick or treating, please advise them to be extra cautious. While no set hours have been established for trick or treating, police suggest that children be in by dusk.

In addition, please keep the following in mind:
 • Make sure children are accompanied by an adult or responsible guardian when they go door-to-door.
 • Instruct children never to eat anything until they are home and the treats have been examined. Cut and wash fruit before eating. Throw away anything unwrapped.

• Check the wrappers of commercial treats for signs of tampering. Call the police if there are suspicious-looking treats.
 • Make sure children's costumes fit properly and that they can see well. Instead of masks which restrict vision, make-up should be used.
 • Tell children to trick or treat in their own neighborhood and on well-lit streets.
 • Make sure children carry a flashlight.

Residents are also reminded to use a flashlight in pumpkins rather than candles and to keep holiday decorations, such as dried cornstalks, away from heat sources. Individuals desiring more information about Halloween safety should call the Niles Police Department.

Daniel T. McHugh
 Navy Seaman Recruit Daniel T. McHugh, a 1991 graduate of Niles West High School of Morton Grove, IL, recently completed basic training at Recruit Training Command, Great Lakes.

During the cycle, recruits are taught general military subjects designed to prepare them for further academic and on-the-job training in one of the Navy's 85 occupational fields. Studies include seamanship, close-order drill, naval history and first-aid.

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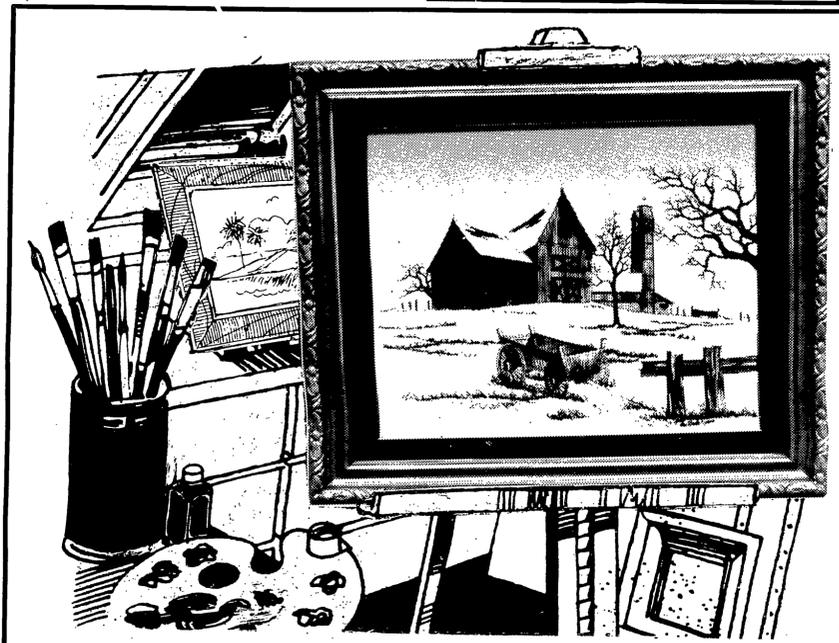
FALL SPECIAL

THURS. & SAT. 9:30 P.M.
\$5.00 ALL YOU CAN BOWL



MINI LEAGUES NOW FORMING

Classic Bowl
 8530 Waukegan Road Morton Grove
(708) 965-5300



Arts and Craft Show October 16 - 18

North and South Malls
OVER 80 EXHIBITORS

Golf Rd. at Milwaukee Ave. (708) 699-9440
 Monday - Friday 10 - 9
 Saturday 10 - 5:30
 Sunday 11 - 5



Health News

Hospice to collaborate with Rush

Hospice of the North Shore and Rush North Shore Medical Center recently signed an agreement to build a collaborative relationship on behalf of terminally ill patients and their families. This agreement includes making available a hospice bed for hospice patients should a medical crisis require hospitalization. Although hospice care is given primarily in the home, occasionally a medical situation arises which must be handled in a hospital inpatient setting. Another important use of the hospice

bed will be to transition patients from inpatient care to hospice care in the home. Hospice care remains intact throughout hospitalization, with visits by members of the hospice team continuing. Hospice of the North Shore is a community-based, not-for-profit hospice which provides the medical, nursing, and family support services that enable families to care for their dying loved ones at home. Further information about the hospice is available by calling (708) 866-4601.

Announce community education series

Forest Hospital resumes its popular series of free community education lectures with a fall schedule focusing on topics of contemporary concern. Beginning Oct. 16, the program will be held on Friday (excluding Thanksgiving - Friday) from 7 to 8:30 p.m. at the hospital, 555 Wilson Ln., Des Plaines. Following is a schedule of the fall series.

October 16 - Building Self-Esteem - How to Feel Better

Stop smoking

A Stop Smoking Clinic will be held at Rush North Shore Medical Center from 7:30 to 9:30 p.m. Tuesday, Nov. 3, through Friday, Nov. 6, Monday, Nov. 9; and Monday, Nov. 16.

Sponsored by the medical center's Good Health Program, the clinic will be conducted by health educator Joel Spitzer. Cost of the introductory session is \$30; the remaining five sessions cost \$120 and include both follow-up counseling and a monthly newsletter. For further information and to register, call the Good Health Program at (708) 933-6695.

Golf Mill Lanes and East Coast Pizza
9300 N. Milwaukee

Sign in by 7:00 p.m.	\$1.00 Off
\$1.00 Per Game	Large Pizza & Free
Open Play	Liter RC Cola
Expires 11/30/92	Expires 11/30/92
(708) 296-5505	(708) 299-8700

United Hair Lines Inc.
Men, Women and Children's Hair Designs
FOR APPOINTMENT CALL

312/743-5300 708/965-2600
6221 N. Clark - Chicago, IL 7629 N. Milwaukee Ave. - Niles, IL

\$5.00 OFF ANY HAIR STYLE
\$12.50 OFF ANY PERM
\$2.00 OFF ANY OF OUR FINE HAIR PRODUCTS
(WITH THIS AD)
Product purchase must be \$5.00 or more for \$2.00 discount.
NOT GOOD WITH ANY OTHER OFFER. OFFER ENDS DEC. 1, 1992

HOLLYWOOD NAILS FACIALS & TANNING

TANNING	FULL SET OF FIBERGLASS NAILS
\$4.00 PER SESSION	\$39.95 REG. \$50.00

OTHER SERVICES: Wax Hair Removal • Electronic Muscle Stimulator • Make Overs • Make Over Lessons • Air Brushing Nail Designs

(708) 966-1119
8141 N. MILWAUKEE AVE. - NILES, IL

Nurses address financial planning

All area nurses and guests are invited to a program entitled, "Financial Planning" presented by James R. Platania, CFP of Platania Financial and Retirement Services Ltd.

The meeting will be held at Glenbrook Hospital, Enclosed Lobby, 2100 Pfingsten Road, Glenview, at 7:30 p.m. Oct. 21. For further information, call Ardolino Baldonado (708) 864-6743.

Resurrection to offer free foot screening

A free foot screening will be offered on Wednesday, Oct. 21, at Resurrection Medical Center, 7435 West Talcott Avenue, Chicago.

The screening will be held from 11 a.m. to 4 p.m. in the Diabetic Foot Clinic located on the first floor of the Outpatient Services Building adjacent to the medical center. Malik Abraham, D.P.M., and Michael Pallisor, D.P.M., podiatrists on staff at Resurrection Medical Center will conduct the screening.

Advance registration is required. For an appointment, call (312) 792-5257.

Lecturer addresses eating disorders

David Lansky Ph.D., clinical psychologist and family and marital therapist - discusses eating disorders in a free lunch-time lecture from 12:15 to 1:15 p.m. Friday, Oct. 16, in the J.C. Penney Community Room at Northbrook Court mall, 1555 Lake Cook Road, Northbrook.

Using an individual and family systems approach, Lansky addresses the cause, consequences and cures of overeating.

For more information, contact Bea Cornelissen at (708) 635-1812.

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Hotline offers advice on back pain

Physical therapists nationwide will celebrate National Physical Therapy Month by holding a hotline on back pain Oct. 23 and 24, from 9 a.m. to 5 p.m. (all time zones). The toll-free number for the service is 1 (800) 955-7848.

The hotline is sponsored by the American Physical Therapy Association to educate the public about the treatment and prevention of back pain, although it is not intended as a substitute for personal health care. To handle the high volume of calls expected, APFA has installed telephone lines and recruited volunteers across the country for the two-day event.

Physical therapists suggest basic, everyday back care to avoid injury:

- Sit with care. Prolonged sitting in one position is a back hazard you might not suspect. Lumbar support and periodic breaks to move around are essential.
- Work on your posture. Don't slouch. Maintain the natural "arch" in your lower back whether standing or sitting.
- Lift with your legs. Don't bend over the object, bend your legs and keep your back straight. Most importantly, don't twist as you lift.
- Control your weight. Being overweight, especially if you have a "pot belly," puts added stress on your lower back.

Forest schedules parenting skills program

Parenthood often is characterized as a rewarding challenge. Many parents, however, go through periods when the challenge seems to outweigh the reward. To help parents develop essential skills, Forest Hospital's Community Services Department is offering a six-part program beginning October 23.

The STEP (Systematic Training for Effective Parenting) program will help parents build the blocks of communication, discipline, negotiation and understanding that lead to rewarding

and successful parent-child relationships. A variety of teaching methods, including discussions, instructive tapes, reading and role-playing provide a lively format for the series.

Scheduled on Friday beginning October 23, each of the hour-long sessions will begin at 6:30 p.m. at Forest Hospital, 555 Wilson Lane, Des Plaines. The fee is \$30 for the six-week program. Enrollment is limited. To register, call (708) 635-4100, ext. 224 or 225.

Holy Family names new director

Holy Family names new director of Holy Family Hospital, corner of Golf and River roads, Des Plaines, announces the appointment of George Thoren, C.A.D.C., as director of the Holy Family Hospital Substance Abuse Center "Keys to Recovery" program.

Thoren brings to Holy Family more than 18 years of experience in the field of chemical dependency and is a graduate of Northeastern Illinois University. He has provided treatment for adolescents and adults in both outpatient and inpatient settings and has presented numerous workshops, locally and national-

ly, on the prevention and treatment of chemical dependency. He is also a published author in the field. Before joining Holy Family, Thoren served as program director of LaGrange Memorial Hospital's substance abuse program.

The Holy Family Substance Abuse Center "Keys to Recovery" program celebrated its first anniversary on July 10. The center provides comprehensive substance abuse treatment for adults on an inpatient and outpatient basis. For information or a free assessment, call (708) 298-4422.

Sell lox to benefit Leukemia Foundation

The Wolff-Berger Chapter of the Leukemia Research Foundation is selling lox boxes for delivery on Saturday, Nov. 7. The cost is \$15 and includes: 1/2 pound of lox, bagels, cream cheese, tomato, onion, juice, cake and other extras. Orders must be placed by Saturday, Oct. 24.

Proceeds from the lox boxes will be contributed to the Leukemia Research Foundation, which provides funding for research and patient services. The Leukemia Research Foundation is supported by contributions from individuals, corporations and foundations.

Learn C.P.R.

A basic rescue cardiopulmonary resuscitation class will be offered by St. Francis Hospital of Evanston on Saturday, Oct. 24 from 8 am to 12:30 pm.

The course will focus on adult resuscitation techniques as well as infant C.P.R. and choking. The \$25 cost includes materials. Class size is limited. Registration is required. Call (708) 492-6170.

For more information about lox box delivery, call (708) 480-1177.

Lutheran General appoints administrator

Kevin Wardell, president, Lutheran General Hospital (LGH), announced the promotion of Joyce Sienkowski, R.N., to the position of administrator for the Emergency/Trauma Strategic Service Unit.

As administrator for the Emergency/Trauma Strategic Service Unit, Sienkowski will perform all the administrative functions related to the Emergency Department, trauma services, the Employee Health Service and the nursing aspects of the strategic service unit.

Stay Healthy!

Citizens for a Better Niles challenge LWV letter

Dear Editor:

In response to the League of Women Voters' letter in The Bugle on Thursday, Oct. 8,

1. The Village of Niles is very interested in bringing young families into the community. Young families consider two major areas of concern when moving into a community...one is schools and the other is recreation. The Village is committed to attracting young families into the community and, therefore, would provide strong recreational activity in order to ensure young families moving into Niles.

2. The League of Women Voters brought up the question of double taxation regarding the Park District. Yet, at no time did they bother to ask the Village of Niles how this would be handled. Apparently, the League made up its mind concerning the referendum long before it had any of the facts. The Village can either issue a rebate to its residents who are in another Park District, which the Village has committed to do; or the Village can set a separate tax rate the same way that the Park District sets a rate now that would be levied only to residents living in Niles and in the Niles Park District. Residents presently not in the Niles Park District would not receive this additional tax levy.

3. The Village of Niles is in a better position to run the affairs of the Park District because 90 percent of all revenues spent by the Village of Niles come from sources other than property taxes. At the same time, 90 percent of all Park District revenue comes from property taxes. The Park District is near its limit in the use

of property taxes for recreational purposes and, thus, is unable to spend for necessary programs that meet the needs of the community. The Village of Niles, on the other hand, is not limited in resources and, therefore, can easily provide all necessary programs for a "first class park district."

4. It does not take a rocket scientist to realize that one local government can operate more economically than two governments. There are obvious duplications when you have multiple governments. This would be eliminated if the Niles Park District became a part of the Village of Niles. Taxes are important to everyone and this would be a tax saving measure.

5. The reason this referendum has been called by a group of Niles residents is because, over the years, the Niles Park District has not chosen to effectively represent all of its constituents:

(a) For example, it has been only in the last few months, with the pressure of the referendum facing them, that the Park District faced the reality of what to do with the ice rink. By delaying a decision on the repairs of the rink, they have lost an entire season of ice skating revenue since the rink will not be available in time for many of its users.

(b) For example, even in their own Park Administration, they have lost a large number of key employees because of dissatisfaction...

(c) For example, during the summer their pools were closed by the State of Illinois for health

Park survey not necessary

Dear Editor:

Three out of the five Niles Park District Board members recently voted "yes" to spend a little over \$30,000 of taxpayers' money on a survey to find out what the people of Niles think and want.

I find that disgusting in light of the fact that I was told last December while questioning the Board about their reasoning for not renewing the contract of former Park District Director Thomas Lippert, that it didn't matter if I got the signature of every person in Niles on a petition saying that they wanted to retain Mr. Lippert, it wouldn't make any difference. They certainly didn't seem to care then what the people thought or wanted.

Now, this same Board would like us all to believe that it matters a great deal, \$30,000 worth in fact, about what we want and think. In my opinion, it would cost much less to enroll each of them in a course in Public Relations to give them some much needed communication skills.

Everyone in Niles wants the same things: they want their taxes and program fees to be kept at a minimum, safe and clean parks and facilities, exciting programs for all ages, and last, but not least, an innovative plan for the future which would compliment the Mayor's efforts to attract young families to the wonderful town we live in.

With some concern, communication and cooperation, the Niles Park District Board could accomplish these goals without any

\$30,000 survey! What would be so hard about sending a representative to the Senior Citizen's meetings to ask them what park programs they would like and what they would consider reasonable fees? Then on to the Hockey League to tell them you would be willing to build a year-round ice rink if they would in turn promote the facility and help secure lucrative contracts from Niles and surrounding areas to help finance the facility. Then go to high school and grammar school P.T.A. meetings and ask the parents what programs would be important to their teens and younger children.

I think it's an atrocity to spend \$30,000 on research that could and should be done by salaried employees of the Niles Park District. It seems to me it's a simple matter of communication within the boundaries of Niles.

Since the referendum issue has arisen, the Park District Board has tried to change their negative image, but in my opinion, they still don't get it. Each voter in Niles will have a chance to make their voice heard on November 3. Mayor Blase has answered all concerns about the creation of a Department of Recreation honestly. If you still have concerns, ask questions. It is our duty as Niles taxpayers to evaluate the facts and then come to the polls on November 3 ready to vote on this all important issue.

Myrna Breitzman
30-Year Resident of Niles

Letters To The Editor

Parks a reason people choose to live in Niles

Remember how you choose Niles? It was probably that special affordable house in an apartment nice neighborhood. You didn't know about Niles then - except that it was near Chicago but was not Chicago. And that was important!

As time passed you learned that you had made a very smart decision in selecting Niles. You became familiar with neighbors, with Niles' businesses and even with local governing bodies. You learned that the Village fathers generally had your best interest in mind, that the Schools were making a real effort to do a good job and that others like the Library and the Park District were there to support your needs. The part you probably liked best was that you now had a definite and direct input on how those governing bod-

ies did their respective jobs. Unlike statified Chicago, you and your neighbor had a definite say on what should and should not happen in Niles. In other words, your input was meaningful!

There is a move to change this comfortable pattern! The operation of the Park District (being governed by a group of your peers - elected Commissioners) is in jeopardy of becoming a part of the Village government. This is how Chicago operates and this is the major flaw of the Chicago Park District! Remember what the Niles Park District has done for your family since you moved to a place called Niles. Remember why you left Chicago.

Jack Leske
Niles Park Commissioner
1961-1978

The Readers Write

The Bugle urges all its readers to submit Letters to the Editor pertaining to local issues or in response to editorials appearing in the paper. All letters must be signed and contain the name, address and telephone number of the writer. No letter will be printed in The Bugle unless this information is furnished. Of course, this information will not be printed if the writer requests same to be withheld. Also, no pre-written form letters of any kind will be published. It is the Bugle's policy to withhold printing letters of a political nature the week prior to an election.

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Friday October 16 7:00-8:30 p.m. BUILDING SELF ESTEEM-HOW TO FEEL BETTER ABOUT ME	Friday November 6 7:00-8:30 p.m. PANIC AND ANXIETY ATTACKS - YOUR CAN OVERCOME IT	When it comes to understanding ourselves better, we all have something to learn. There are problems we'd like to work out, but need help knowing how. Changes we'd like to make, but can't.
Friday October 23 7:00-8:30 p.m. SOLUTIONS TO SCHOOL FAILURE-SUCCESS VS. FAILURE	Friday November 13 7:00-8:30 p.m. FATAL SHAME - ADOLESCENT SUICIDE	That's why Forest Hospital's Division of Community Services is offering another series of free presentations... in your communities... about these issues. They're convenient, they're informative, they're important.
Friday October 30 7:00-8:30 p.m. ATTENTION DEFICIT AND HYPERACTIVITY IN CHILDREN	Friday November 20 7:00-8:30 p.m. COMPULSIVE OVER-EATING	Availability is limited and by reservation, so register early. Call (708) 635-4100, ext. 224 or 225 for further details.

Forest Hospital
COMMUNITY SERVICES
708/635-4100 Ext. 224
555 Wilson Lane - Des Plaines, IL

District 63 ... Cook County ... Continued from Page 3

pend for the work. One school board member voted against this because he did not think administrative personnel should receive stipends.

Also, board members consented to approve the Articles of Agreement with Maine Township Special Education Program (MTSEP). No revisions were made to the contract which is reviewed every three years. MTSEP, administered by District 207, is an umbrella organization of four school districts to provide special education services.

Board members also authorized the administration to direct the architect to write specifications for a property survey at Apollo in order to correct a drainage problem.

Contracts were awarded for the purchase of 330 student chairs and 25 student stools at a total cost of about \$8,610.

Other payments included \$260,343 for life and safety work, costs to be recovered to the extent permitted by the State and Federal Laws and Regulations. Also, board members approved a certificate of completion for 1992-93 life and safety work which is procedure for architects and contractors to follow.

Remember to Buckle Up!

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Weekdays: 6:00, 8:00, 10:00

HELD OVER "DEATH BECOMES HER"
Sat. & Sun.: 1:30, 3:30, 5:30, 7:30, 9:30
Weekdays: 5:30, 7:30, 9:30

HELD OVER "BOOMARANG"
Sat. & Sun.: 1:00, 3:15, 5:30, 7:45, 10:00
Weekdays: 5:30, 7:45, 10:00

DOUBLE FEATURE

"HOUSEITTER"
Sat. & Sun.: 3:35, 7:20
Weekdays: 7:20 ONLY

"NO MONEY"
Sat. & Sun.: 1:50, 5:35, 9:20
Weekdays: 5:35, 9:20

ALL SEATS \$1.50 FOR ALL SHOWS

amount of surcharge to \$1.05 per cubic yard. The proposed 45 cent surcharge, added to the existing 60 cent state surcharge, would reach the prescribed limit. The state money goes to the Illinois Environmental Protection Agency, and can be used only to finance waste programs, Vilcins noted.

And Oct. 12, Loe Brandsma, Vice President of Haulaway, the scavenger for Niles and Morton Grove, said the surcharge "would certainly have an impact...based on today's disposal rates, it would probably raise costs between 2 - 1/2 - 3 percent." He suggested when the proposal becomes more

Leaf pickup ...

Continued from Page 3

least once per week during the applicable week. Residents who choose to bag their own leaves must use Village of Niles yard waste bags which should be put out on regularly scheduled garbage pickup days. Plastic bags or boxes will not be accepted.

Branch pickup service will end Monday, Oct. 26. This service will resume again in 1993 on Monday, April 8 for those residents living east of Milwaukee and Monday, April 26 for those residents living west of Milwaukee. There will be no branch pickup service in November.

Niles Yard Waste Pickup Service runs annually from March through November on regular garbage collection day.

Township ...

Continued from Page 3

recycling site for residents who do not have curbside recycling and those who wish to recycle acceptable items that are not collected by their local haulers.

For information on recycling, call Maine Township at 297-2510.

public "a certain amount of lobbying will be done...in the last five years, (disposal firms) have become the whipping boys for taxes."

Of the few landfills left in Cook County, Sexton in Hillside is still operating and used by Haulaway. But formerly active Land and Lakes in Dalton is closing; American Grading in Summit closed in September. Winnetka's municipal landfill is small and restricted in use, according to Vilcins, and probably would not be subjected to the surcharge.

Full construction on Balefill, SWANCC's landfill, has not begun.

Police action ...

Continued from Page 3

Niles, Kolodziej was stopped when police found him standing next to his car's open trunk about 2:30 a.m. near Nordica and Birchwood Avenues. A car stereo and tool boxes were clearly visible in the trunk and other items were found scattered in nearby yards. A Fargo Avenue resident identified some of the items as his property and Kolodziej was subsequently arrested and charged.

OLR guild sets art, craft show

The Ave Maria Guild of Our Lady of Ransom Parish, 8300 N. Greenwood, Niles, is hosting its annual Arts and Crafts Show on Sunday, Oct. 18, from 8 a.m. to 4 p.m. in the church hall.

Sixty exhibitors will be showing their arts and crafts. There is no admission charge. Refreshments will be available and there will be many mini raffles throughout the day. All are welcome.

Flea market opens indoor

David S. Wolff, President and Donald M. Wolff, Vice-President have announced the opening of Wolff's World Flea Market at the old Child World location at Randhurst Shopping Center. Randhurst Shopping Center is located at Rt. 83 and both Rand Rd. and Euclid Ave.

After two summer runs at the Rosemont with their outdoor Flea Market, they decided to find an indoor location for the fall and winter. They want to make sure everyone is aware they will be back at the Rosemont Horizon in the spring again for their third season.

The new indoor Flea Market's opening days are Saturday and Sunday, Oct. 17 and 18, and will be open every Saturday and Sunday through the month of March. The hours will be 8 a.m. to 4 p.m.

MaineStay offers free parenting programs

0650.

"Cluing In On Your Child's Self Esteem" will be the topic of a workshop at 7 p.m. Monday, Nov. 16, led by Lori Baer in the Park Ridge Library. This program will present parents with simple techniques to help their children improve self esteem, build relationships and reduce tension in the household.

Looking ahead to winter, MaineStay will offer a six-week "Parenting Skills" course led by MaineStay Director Bonnie Stapleton, L.C.S.W., and MaineStay therapist Bill Webster, M.S. The series for parents of children ages 6 to 12 will present parents with effective child management techniques that help end fruitless conflicts, improve problem solving and develop a mutually respectful relationship. It will be offered at 7 p.m. Wednesdays, Feb. 3 to March 10, at MaineStay Youth Services, 838 Busse Highway, Park Ridge. Registration is required and there will be a nominal fee of \$25 per person or \$40 per couple for the series.

Besides parent education, MaineStay offers youth and family counseling, administers a model juvenile restitution program, coordinates a drop-in center and supports local substance-abuse prevention programs. For further information on MaineStay services or to register for these parent education programs, call 823-0650.

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LEGAL NOTICE FOR PLAYGROUND EQUIPMENT OWNER NILES PARK DISTRICT

Notice is hereby given the Niles Park District will receive and open sealed bids for the Washington Terrace and Courtland Park Playground Equipment and Installation, on Monday, November 9, 1992, at 3:00 p.m. in the Park District Administrative Offices, 7877 N. Milwaukee Avenue, Niles, Illinois 60714.

Bidding forms and specifications may be obtained from the Niles Park District at the above address. All inquiries should be addressed to Michael Rea, Superintendent of Parks, (708) 647-6777.

The Board of Commissioners reserves the right to accept or reject any or all bids and to waive any technicalities deemed to be in its best interest.

By Order of the Board of Commissioners
NILES PARK DISTRICT

By: Marlene A. Baezok
Secretary

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Living in High Style at Harbor Village

"We make certain that seniors no longer need to sacrifice their life savings to assure themselves comfortable and up-scale lifestyles," maintains Pat DiFiore, CEO of Ashley Management and Harbor Village in Chicago.

Under DiFiore's direction, Ashley pioneered a complete congregate retirement housing concept - the benefits of which are financial and emotional for seniors and their families.

Harbor Village requires no endowment fees. Monthly rental rates include all utilities and services, nutritious waitress-served lunches and dinners and a continental breakfast each day. The 144 apartments at 3121 North Sheridan Road, are user-friendly and include special amenities designed for the convenience of senior citizens.

Tenants can retain their independence and enjoy their own life style choices in a family environment offering not only companionship with men and women of the same maturity level, but security and support of a knowledgeable and caring 24-hour a day staff.

Harbor Village tenants and their guests enjoy a spacious, sunny living room and lobby area, reading room and library, activity

rooms and lounges, two dining rooms, an outdoor patio, exercise room, mini-spa with sauna and whirlpool tub.

"Our tenants retain their dignity, their freedom and best of all, their sense of adventure," says



Pat DiFiore

Erin Mulheran, Executive Director and in charge of creating programs and services. Seniors are invited and encouraged to participate in a wide array of activities for the mind and body, including gentle yoga lessons, safe exercise classes, therapeutic massage, dance parties, health seminars, outings and special events.

Niles Seniors present arts, craft fair

The annual Arts and Crafts Fair presented by the Niles Senior Center, 8060 Oakton Street in Niles, will take place on Wednesday, Oct. 21, from 10 a.m. to 2 p.m.

Vendor participation is limited to members of the senior center and enrollment is now being taken. Guidelines are available and vendors may pick these up at the senior center.

There is no charge for admission, so take this opportunity to browse and buy handcrafted works of art.

A hot dog lunch will be available for a cost of \$1.

Exercise program for people with arthritis

A series of "Exercises for People with Arthritis," sponsored by the Good Health Program of Rush North Shore Medical Center in Skokie, is being held Mondays and Thursdays, from 5:30 to 6:30 p.m., at the Skokie Park District Fieldhouse, 4700 Oakton, Skokie. Classes are designed to increase muscle strength and walking ability, while not aggravating joint inflammation.

For further information or to register, call the medical center's Good Health Program at (708) 933-6695.

Will your older years be your golden years?

by Jeffrey Cardella Edward D. Jones & Co.



Most people hope to accumulate enough of a nest egg during their earning years to spend their golden years in comfort. A recent survey, however, showed that three out of four people fear they will be forced to lower their standard of living during retirement.

When it comes to your retirement dreams, don't leave the fate of your future in the hands of Social Security and a company sponsored retirement plan. After all, these programs may or may not meet your retirement needs.

It is important that you start saving now to meet your retirement needs, and an excellent way to do so is by using Individual Retirement Accounts. Many people believe IRAs went out with the Tax Reform Act of 1986, but the truth is that they remain one of the best ways to save for a comfortable retirement. Who qualifies for IRAs?

Anyone under the age of 70 1/2 with earned income can contribute up to \$2,000 annually to an IRA. The tax deductibility of the contributions is determined by two factors: whether you and your spouse are covered by an employer-sponsored retirement plan and your adjusted gross income. IRA contributions are fully deductible if anyone is not covered by an employer-sponsored plan.

The tax-deferred growth of IRAs make them a great way to save for retirement. You pay no taxes on your IRA earnings until you withdraw them. The longer you save, the larger your IRA will grow.

IRAs come in many forms. Many people believe that the only way to save for retirement is in a CD backed IRA, however many other options are available. Many plans can offer unique benefits to suit your individual needs for growth and safety. Mutual funds provide the diversity that adds safety to retirement savings, along with the long term growth that the stock market can provide. A self-directed IRA allows the investor the ability to choose the investments for the tax-deferred growth. The choices are many, including stocks, mutual funds, corporate and government bonds or annuities.

If you already have an IRA, now is a good time to examine it and decide if it is working as hard as it can be. Even a small increase in the rate can make a big difference when you're ready to retire. The most costly mistake you can make is waiting too long to begin. Providing for a secure retirement is a long-term goal that requires a long-term investment strategy.

Maine seniors to tour St. Louis

Maine Township mature adults can register now for a three-day deluxe tour to St. Louis Friday, Dec. 4 through Sunday, Dec. 6. Highlights include two nights at the luxurious Ritz-Carlton Hotel and a visit to the "Way of Lights" at Our Lady of the Snows National Shrine.

While at the Ritz, guests will enjoy its ambiance and service as well as Christmas decorations, carolers and a life-size gingerbread house in the lobby. The first evening will include a buffet and entertainment aboard the vintage Goldenrod Showboat on the Missouri River and a chance to view the sparkling lights of Tilles Park.

Saturday's itinerary will include a Christmas show by Bob Kramer's Marionettes, a guided tour of the city with a stop at the Cathedral of St. Louis, a special holiday dinner at the Ritz and a journey along the breathtaking "Way of Lights" at Our Lady of the Snows National Shrine.

The return trip home includes a guided tour of historic St. Charles, Missouri, the original state capital and lunch at the charming Mother-in-Law House.

Cost of the trip is \$429 per person double occupancy and \$529 single occupancy including deluxe motorcoach transportation, two nights' luxury accommodations, one full breakfast, one continental breakfast, two lunches, and two dinners.

The trip is open to members of the Maine Township Seniors, Options 55, One + Options, and guests. For reservations or membership information, call Sue Neuschel or Helen Jung at 297-2510, ext. 240 or 241.

The Maine Township Seniors is a social group serving more than 3,800 township residents 65 and older. Options 55 serves Maine Township residents 55 through 65, and One + Options meets the needs of widowed and other single adults 45 through 65.

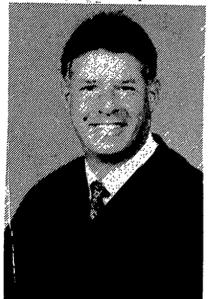
ABOUT OUR COVER:

Both photos on the cover of this special Retirement/Nursing Home Section were taken at St. Matthew Lutheran Home, 1601 N. Western Ave., Park Ridge. The photos depict the entertainment and services provided to St. Matthew's community of older adults. For information call (708) 825-5331.

Locallo to address Prime Timers

Judge Daniel M. Locallo, who is currently assigned to the Criminal Court Building, 2600 S. California, will be the guest speaker for the Prime Timers Club on Thursday, Oct. 15.

Philo Kane, coordinator, announced the meeting will begin with coffee at 7:15 p.m. At 7:30 p.m. the judge will speak to the



Judge Daniel Locallo group on, "Consumer Protection."

Judge Locallo is a lifelong Chicagoan. He is a graduate of Notre Dame High School in Niles, University of Illinois Circle Campus, and John Marshall Law School. Appointed an Associate Judge in 1986, he is running for full Circuit Judgeship in the 10th Sub-Circuit E District. The judge is a former Cook County Prosecutor, having tried over forty felony juries to verdict on charges such as rape, murder, and armed robbery.

The trip is open to members of the Maine Township Seniors, Options 55, One + Options, and guests. For reservations or membership information, call Sue Neuschel or Helen Jung at 297-2510, ext. 240 or 241.

Maine seniors attend Octoberfest

Registration is now being taken for the Maine Township Seniors' Octoberfest celebration Wednesday, Oct. 28, at Andre's Steak House in Richmond, Illinois.

A German-style luncheon will be accompanied by The Bavarians band from Addison, Illinois, who will entertain the audience with German music, polkas and fun.

Deluxe buses will leave at 11 a.m. from the parking lot at Casa Royale, 783 Lee St., Des Plaines, and return at approximately 5:15 p.m. Cost is \$26 for members and \$31 for guests.

More than 3,800 residents are enrolled in the Maine Township Seniors. Most activities are limited to members. Membership is free and new members are always welcome. Applicants must be 65 or older and provide proof of residency. To receive a membership application and obtain reservation information for activities and trips, call Helen Jung or Sue Neuschel at 297-2510, ext. 240 or 241.

Lecture on self-healing

"Say NO to illness" is the message author and TV and radio personality August Alonzo will bring to the Lincolnwood Library, in a free lecture on self-healing at 7 p.m., Thursday, Oct. 22. His method, which has been called "a beautiful invitation to health" is an adjunct to traditional therapy.

Alonzo is the author of "Time Alterations: An Option to Live." The Lincolnwood Library is located at 4000 W. Pratt Ave. Call (708) 677-5277.

Township adults to cruise with big band

Maine Township mature adults can sign up now for a five-night luxury vacation at a special bargain rate, Jan. 29 through Feb. 3.

Participants will fly to New Orleans and transfer to the Mississippi Queen where they'll enjoy the tones of the Ink Spots and Glen Miller Bands. Other highlights aboard ship include five meals a day, riverboat bingo, lectures, pool, gym, movie theatre, beauty salon and gift shop.

The itinerary will include a stop at Houmas House, a once prosperous sugar plantation, where guests may wander the grounds and visit the gift shops or take an optional tour of the home for \$5.50. They may also remain aboard the steamboat to enjoy the facilities.

The following day includes a stop at St. Francisville, home of artist/naturalist John James Audubon and site of the splendid Rosedown Plantation and other antebellum mansions. Guests will have a choice of two optional tours for \$16 each, either to the Rosedown Plantation with its fine antiques and art work or to a Cajun Village where they will experience authentic Cajun culture.

They may also visit the town on their own or remain aboard and enjoy the festivities.

On Feb. 1 and 2, guests will spend two nights at a deluxe hotel in the romantic French Quarter where, among other attractions, they will enjoy brunch at Brennan's, dinner at renowned Arnauds, and New Orleans beignets and cafe au lait at the Cafe Du Monde. Highlights include a guided city tour of the French Quarter, Jackson Square, the Garden District, lakefront, uptown and university areas as well as a visit to the undersea world at the new "Aquarium of the Americas."

Cost of the trip including airfare, hotel, steamboat and the most meals is \$1,326 per person double occupancy with an outside stateroom, a \$432 savings over the regular rate, and \$1,212 per person double occupancy for an inside stateroom, a \$356 savings. Deluxe veranda staterooms are available for \$1,386 double occupancy, \$472 less than the brochure rate. There is also a \$30 per person federal passenger vessel fee. A single occupancy rate is available upon request.

The free services will consist of consultation, examinations and x-rays if necessary. The donations will be given to the Niles Food Pantry. Call (312) 631-6161 for an appointment.

Chiropractors set Community Appreciation Day

Dr. Greg Bradford has set Wednesday, Oct. 21 as Community Appreciation Day in his office located at 6237 W. Touhy Ave. across from the Leaning Tower YMCA. Dr. Bradford and his associate chiropractor are offering their services free of charge on that day in exchange for a donation of non-perishable food or clothing (\$10 to \$20 value).

The free services will consist of consultation, examinations and x-rays if necessary. The donations will be given to the Niles Food Pantry. Call (312) 631-6161 for an appointment.

So scare up some Halloween spirit and don't miss The North Shore Retirement Hotel's Halloween Party. For further information contact Sandra Small at (708) 864-6400.

This monster bash will feature Halloween fun for all. There will be witch's brew to quench your thirst and cookies for goblin' down. The afternoon's spooky activities will also include bewitching musical entertainment. Even Dracula and Frankenstein won't want to miss the creepy costume contest. Be sure to dress up or you won't stand a ghost of a chance to win!

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North Shore seniors 'scare up' Halloween fun

Join the seniors at The North Shore Retirement Hotel for a Halloween party on Saturday, Oct. 31, 2:30 p.m. to 3:30 p.m. at 1611 Chicago, Evanston. The event is free and open to the public.

This monster bash will feature Halloween fun for all. There will be witch's brew to quench your thirst and cookies for goblin' down. The afternoon's spooky activities will also include bewitching musical entertainment. Even Dracula and Frankenstein won't want to miss the creepy costume contest. Be sure to dress up or you won't stand a ghost of a chance to win!

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The Benchmark Council creates changes

Elected officials could learn a lesson in grassroots democracy from the seniors at The Benchmark of Hoffman Estates retirement community.

In just six short months, residents of the Benchmark laid the groundwork for getting a cable television "hook-up" for their building, for establishing a volunteer "concierge" telephone desk and for insuring better security measures in the building. They accomplished this through the formation of the Resident Council which is an outgrowth of The Benchmark's Executive Director Robert Rados' philosophy to "empower" the community residents.

"A community is only as good as its residents, so we want them to be involved," said Rados. "If they don't participate, it's one-sided."

The committee, formed in September 1991, meets the second and fourth Monday of every month with each floor represented by two council members.

Heading the group is Thelma Piermatti, a resident of the Benchmark for one year and a former deacon of the First Presbyterian Church of Mountain Homes, Arkansas. Piermatti and



Thelma Piermatti

other members such as former Algonquin mayor Ed Marshall bring a wealth of experience to this "political office." Reluctant at first to take the chairman's position, Piermatti

said she sees the committee's role "to observe, make recommendations and be the go-between with the residents and management."

One of the council's first tasks was to improve television reception. A petition seeking changes garnered 194 signatures and now, Benchmark management is finalizing negotiations to put a satellite dish atop the building as well as wiring all units for hook-up.

Marshall, who is working on improving security, was active in Algonquin's education system and local government for nearly 30 years until his retirement in 1972. During the late 60's, he was both principal of the Dundee Junior High School and Algonquin mayor. Marshall was also instrumental in starting a recycling program at The Benchmark.

A third project which will soon become a reality, is the volunteer-staffed telephone desk. Those who staff the desk will answer residents' questions regarding bus schedules, the day activities, and the restaurant's menu. Thirty-four people have registered to volunteer, and Piermatti said the phone workers will receive training before they start.

The council deals with small problems as well as large ones. For example, grocery carts used by residents to wheel bags from the entry to their rooms were disappearing. So, committee member Sylvia Winter needledpointed "The Benchmark" on signs which were attached to the carts as a reminder for residents to return them.

Rados said, "Our building's success is a compilation of staff ideas and residents' ideas and the synergy which comes about because of that."

Located at 1515 Barrington Rd. in Hoffman Estates, the Benchmark provides an active lifestyle with assisted living for senior citizens. The Benchmark includes a fine-dining restaurant, library, spacious apartments with fully-equipped kitchens, 24-hour security, transportation, maid and linen services and a full schedule of activities. For more information, call (708) 490-5800.

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rarely found elsewhere. It's your assurance that your retirement years will be rich, rewarding and independent... with personal freedom to pursue any interest or activity you desire. Here you'll share those retirement years with others who have your interests, faith and heritage in a beautiful environment of meaningful Christian fellowship... with the added assurance, if care is ever needed it is close at hand. To obtain information about Covenant Village of Northbrook please call or fill out and mail the coupon below.



Covenant Village of Northbrook is administered by Covenant Retirement Communities, Inc. on behalf of the Board of Beneficence of the Evangelical Covenant Church.

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Widowed to hear financial planner

Michael Block, Certified Financial Planner will make a presentation on "Investment Planning For Now and For the Future" on Tuesday, Oct. 20. The program is sponsored by the Widowed Persons Service and will be located at Ballard Nursing Center, 9300 Ballard Rd., Des Plaines.

The evening will begin at 6:30 p.m. with a buffet dinner followed by the presentation at 7 p.m. Widowed persons in the community are invited. The cost of the program is a suggested donation of \$3 with all proceeds going to the Widowed Persons Service.

The Widowed Persons Service is a newly formed organization sponsored by Rainbow Hospice, Lutheran General Hospital and Ballard Nursing Center. Supported by volunteers in the community, the organization is dedicated to providing outreach, education and social opportunities to widowed persons. For more information on the Widowed Persons Service or to R.S.V.P. for the investment seminar, call (708) 292-2828.

Lecture discusses self-esteem

Cheri DeMoss, M.A., N.C.A.C. discusses how self-esteem is affected by our inner feelings, as part of a Passages Lecture Series from 1 to 2:30 p.m. on Tuesday, Oct. 20, in Room 112 at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

In this lecture, DeMoss provides techniques for improving self-esteem. For more information, call (708) 635-1813.

Prime timers to meet

At its general meeting on Thursday, Oct. 15, the North Shore Prime Timers will present Judge Daniel Locallo who will speak on "General Consumer's Protection Laws". Judge Locallo presides at the Felony Trial Division of the Criminal Court Building at 26th Street and California in Chicago.

The meeting will begin at 7:15 p.m. in the Morton Grove Public Library, 6140 Lincoln Avenue, Morton Grove. Everyone is welcome.

Edward D. Jones & Co. opens 2,000th office

Jeffrey L. Cardella, the Niles representative for the financial-services firm Edward D. Jones & Co. will host a satellite broadcast for customers and friends Friday, Oct. 16, to commemorate the opening of the firm's 2,000th office. The featured speaker for the program will be one of America's favorite personalities, "Today" Show Weatherman Willard Scott.

During the program, Scott will give participants an inside look at his broadcasting career. Because the program will be interactive, guests at the Niles office will have an opportunity to ask questions following Scott's remarks via satellite.

The program is free, but seating is limited. So call today for reservations or for more information.

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Clark Weber visits The Abington of Glenview



WJJD radio personality and talk show host Clark Weber recently visited The Abington of Glenview to review the facility. He not only was very impressed with The Abington, but made friends with many of the residents who were thrilled with his visit. Shown above is Mr. Weber shaking hands with one of The Abington's residents, Pauline Ginsburg.

92-year-old still has 'zest for life'

A marvelous personality with a sharp mind, a lot of wit and experience best describes Beatrice Kneafsey, 92 years old. Her wall of pictures takes you back to Ireland and her endless stories are impressive. The Irish American Heritage Center in Chicago has a photo of Beatrice as the representative of the Irish people.



Beatrice Kneafsey

Beatrice raised three children and led an exciting life with her husband who died at 90. For twenty-two years she held a "Career Hitched to Stars" as tour-guard at the Adler Planetarium and Astronomical Museum. She saw hundreds of youngsters daily and all kinds of celebrities, including President Eisenhower's brother, Arthur Godfrey, Sammy Davis, Jr., Gloria Swanson, Senator Paul Douglas, and Admiral Nimtz.

Her best life acquaintance at the Planetarium was Rev. Bernard Rocklage, SVD from Techy, IL. He and a few seminarians were frequent guests at her home for an Irish meal of corned beef, cabbage and potatoes. That was her way of getting Rev. Rocklage to discuss theological matters and hear his unusual experiences as a missionary in the Philippine Islands. Father Rocklage was

known as "Bishop Sheen of the Philippines." His death six years ago was a great loss to her. Beatrice refuses to wait for the Vatican to pronounce Father Rocklage a Saint. She claims he took care of many of her petitions already. Her last request from him before the Lord is for a safe and quiet departure to eternity during her sleep.

He won't let you down, Beatrice. For all those tasty Irish meals of many years, Father Rocklage will greet you at the "pearly gates."

Seniors Club honors Capparelli



State Rep. Ralph C. Capparelli (second from right) is presented with a plaque in recognition of his "diligent work and steadfast commitment to upgrading the quality of life for senior citizens in the 13th Legislative District." Making the presentation are Mike Tomczko (left), director of the Bank of Commerce & Industry Senior Citizens Club, and John J. Frale, BCI president, while Joanne Cooper, BCI Seniors Club assistant director, look on. The presentation took place at the 16th anniversary afternoon party of the BCI Seniors Club. Capparelli, who is seeking election in a newly drawn district, continues to be a staunch supporter of legislation for senior citizens.

Center of Concern sponsors loss groups

There are two great "Loss" groups that meet every week at The Center of Concern. One concerns the subject of weight and nutrition and the other group focuses on grief and/or loss.

Those who enroll in the Weight Loss program are given advice on healthy eating as well as on maintaining the desired weight after the loss has been achieved.

The other "Loss" group consists of those who have lost a loved one, or a job, or health, or anything that changes the pattern of their lives. A certified counselor conducts this group.

To register for either group, call (708) 823-0453, or stop in at the office at 1580 N. Northwest Highway, Park Ridge, Suite 223.

Free blood pressure check

The Abington of Glenview is offering free blood pressure testing on the second Friday of every month from 10 a.m. to 12 noon. Complimentary coffee and rolls will be served. The Abington of Glenview is located at 3901 Glenview Road, Glenview (southeast corner of Milwaukee Ave. and Glenview Rd.). For more information call (708) 729-0000.

Apply for energy assistance

Neighbors at Work, an affiliate of the Community and Economic Development Association of Cook County, Inc., is now taking applications for the 1993 Low Income Home Energy Assistance Program (LIHEAP) for households: a) with a member of the household over 60 years of age, or b) with a member of the household who is disabled, or c) that have heating source disconnected, or d) documented medical illness with a disconnect notice for heating source.

All applicants must meet household income eligibility guidelines.

For further information about the program and the eligibility requirements, contact CEDA/Neighbors at Work at (708) 328-5166 between the hours of 8:30 a.m. to 5 p.m., Monday through Friday.

Applications are taken for residents of the Township of Evanston, Niles, New Trier and Northfield. Applications for households not fitting the four above mentioned categories will be taken beginning on Nov. 2, 0000.

Methodist women plan craft fair

The Glenview United Methodist Women invite all to attend their 11th annual Country Market Arts and Crafts Fair Saturday, Oct. 17, from 9 a.m. to 4 p.m. at the Methodist Church, 727 Harlem Ave., Glenview.

Over 60 crafters will be selling their handcrafted items. Lunch will be served at a minimal cost.

Donations to attend are \$1, which will make you eligible to win a hand-sewn quilt, and many other hand-made items.

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how affordable! Now Mom's Kelly Caregiver helps her with the cooking, laundry, cleaning - even takes her shopping. Mom's feeling better than ever, and so am I. Because I know she's getting the kind of companionship and care she needs when I can't be there.

Kelly Assisted Living was the answer to our problem. And they can help you, too. For more information, call (708) 677-0364.

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Mom always helped me solve my problems. Now it's my turn.



Nursing center names new director

Barbara A. Hecht, Administrator of Regency Nursing Center, 6631 N. Milwaukee Ave., Niles, announced the appointment of

Ms. Kelly Duiker-Keller as the new Director of Marketing/Public Relations for the six-star, 300-bed nursing facility.

A Chicago native, Duiker-Keller holds an M.B.A. in Marketing and a master's degree in psychology and is an award-winning copywriter and broadcast producer/director. To date, she has received twenty-three (23) Addy Awards along with nu-

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Seniors club celebrates anniversary



The Bank of Commerce & Industry Senior Citizens Club recently celebrated its 16th anniversary with a gala afternoon party at the Royal Gardens Banquet Hall, Chicago. Among the activities was the presentation of special service and recognition awards to club members who volunteered their time throughout the past year at Club meetings. Recipients (from left) are: Hattie Rolla; Ruby Larson; Louis Knopka; Evelyn Sopoci; Walter Murawski; Frances Knopka; Mike Tomeczko, BCI Seniors Club director who made the presentations; Marge Wall; Frank Wisniewski; Rose Materko; Joanne Cooper, BCI Seniors Club assistant director; and Mardy Densler.

Attendees enjoyed the family-style dinner, a puppet show by Claire and Bruce Newton, originators of Garfield Goose, and dance music by Joe Pat Orchestera.

Oakton's Emeritus program marks 10th anniversary

As Oakton Community College celebrates the 10th anniversary of its Emeritus Program the week of October 12, this program for older adults is doing some well-deserved reflecting on its origins and the people instrumental in its development.

When few educational systems were serving students over 60 in the mid 1970's, Blanche Block was searching for more. A Hyde Park resident at the time, Block drove to the Oakton campus in Morton Grove to participate in credit classes at the suggestion of her sister, a Skokie resident. Noticing that class discussions were typically dominated by the few older adults in the courses, she began looking for learning opportunities designed specifically for older adults, which would allow her to meet with her peers while facing the challenges of college-credit classes.

Visiting her son, a teacher in a community college in New Jersey, Block has the opportunity to sit in on his classes for older adults, where she found older students enthusiastic about the college experience. On vacation in San Francisco, she visited the Fromm Institute, where she saw retired professors offering classes to older adults.

On both coasts, Block found adults who had come of age in the Great Depression without the opportunity to attend college classes. Upon retirement, she discovered these people turned to education. Ultimately, Block discussed the results of her informal research with Pat Handzel, then

manager of community outreach and now director of College Relations for Oakton Community College, and Vivian Mitchell, who coordinated special events for the college. Block found a sympathetic ear since education for older adults had always been a goal for Oakton, but one which had not yet fully been implemented.

Since 1982, the program has been under the direction of Leona Hoelting. Blanche Block, who works part-time, is now responsible for the popular Passages weekly lecture series. The Office of Older Adults offers seminars, lectures, and exhibits as well as credit and non-credit courses in the arts, psychology, literature, history, foreign languages, social studies, microcomputers, astronomy, international relations, physical education, and the humanities for more than 10,000 older adults annually. A chamber orchestra and two acting troupes round out the offerings, with a concert band and chorus planned for the future. Today, classes for older adults are held on both campuses as well as at multiple off-campus sites.

As it celebrates its 10th anniversary, the Emeritus Program re-dedicates itself to working with people over 50 years of age to find new and productive challenges to continue learning throughout their lives. Adults over 50 who would like more information about Oakton's Emeritus Program are invited to call the Office of Older Adults at (708) 635-1414.

Norwood Park Home holds annual fall bazaar

Norwood Park Home, a residence for seniors that was founded in 1896, is the site of a wide variety of social and other events. On Saturday, Oct. 17, Norwood Park Home will hold its Annual Fall Bazaar from 10 a.m. to 3 p.m. at the Home, 6016 N. Nina Ave., Chicago.

the home will offer free hearing screenings and blood pressure testing from 9 a.m. to 3 p.m.

The Home's annual Spaghetti Dinner will take place on Friday, Nov. 6, with seatings at 5, 6:30 and 8 p.m. For dinner reservations and/or information about Norwood Park Home, call (312) 631-4856.

On Election Day, November 3,

Abington resident enjoys her 'home away from home'



Hazel Becker, is a resident of The Abington of Glenview, 3901 Glenview Rd. She enjoys her new home away from home.

Hazel was born November 18, 1908 in Louisville, Kentucky. She was a gifted child and attended classes for the gifted. She graduated from the University of Louisville where she was a Home Economics major. "Cooking, cleaning, and sewing with a smile" was her goal in life.

Hazel said she will always have her sense of humor. "The only sense I've got is my sense of humor," she says jokingly.

Hazel married Bernard Becker in 1933 and they had two sons, Louis and Bruce. She also has five grandchildren and "a wonderful daughter-in-law, Susanne Becker." Susanne helped move Hazel into The Abington of Glenview and make it her new home. Hazel enjoys playing the piano, talking proudly of her family and coming up with one liners that are terrific. Her favorite phrase is that "she is a nut and that's why they called me Hazel."

Hazel's Southern hospitality always shines through. She constantly has a smile on her face, invites everyone into her room for a chat, and loves to talk about her achievements. She said The Abington staff is warm and caring and make the facility "the nicest place you could be."

Participants in Walk-a-Thon



Photo by Mike Heuel

Sam Trob, 81, a resident of The Breakers at Golf Mill, 8976 Golf Road, Des Plaines, is congratulated by his daughter, Susan Sloan of Glenview (center) and Kim Steers, resident service coordinator at The Breakers. Trob completed two laps in his wheelchair at The Breakers recent Walk-a-Thon for AIDS.

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JFCS supports widowed

Jewish Family and Community Service (an affiliate of the Jewish Federation of Metropolitan Chicago) will hold a 7-week support group "Widows and Widowers - Learning to Live Alone," Mondays, Oct. 26 through Nov. 29, 10 to 11:30 a.m. The group will meet at JFCS, 5050 Church Street, Skokie.

Led by Sheri Fox, A.C.S.W.,

JFCS Family Life Educator, the group will discuss living alone, coping with grief, financial management, family and social relationships, and building a new life.

The fee for the 6-week program is \$60 per person (adjustable).

For information and registration, telephone Ms. Fox at (708) 675-0390.

Offers medical identification devices

One in five Americans has a "hidden" medical problem such as diabetes, cardiac condition, allergies to medications, visual or hearing impairments, or a disability. Any of these conditions might endanger a life in a medical emergency. Those who have a

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For more information call or write Medi-Check International Foundation, Inc., 8320 Ballard Road, Niles, Illinois 60714, or phone (708) 299-0620.

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Resurrection Retirement Community meets the candidates



Jack O'Malley, State's Attorney, visits with residents, left to right, Mary Kenneally, Sarah Broska and Mary Moisan.

Political candidates met an active constituency at a Mock Political Convention held recently at Resurrection Retirement Community on Chicago's northwest side. More than 300 of the facility's 500 residents turned out to hear some two dozen candidates for national, state and local offices.

Both Democratic and Republican candidates, from the Presidential ticket to local officials, were invited to participate. All of the candidates either appeared in person or sent a representative.

Among the candidates who participated were Herbert Sohn, U.S. Congress; Jim McGing, Illinois Senate; Roger McAuliffe, Illinois House of Representatives; Mary Ann Groukin-McMorrow and Robert Chapman Buckley, Judge of the Supreme Court; Pat-

rick O'Connor and Jack O'Malley, Cook County State's Attorney; Aurelia Pucinski and Herbert Schuman, Clerk of the Circuit Court; Jesse C. White and Susan Catania, Cook County Recorder of Deeds; and Gloria Alitto to Majewski, Nancy Drew Sheehan, Patricia Young, John Halowinski, Nancy Street and Susan Kelsey, Cook County Water Reclamation District. The program was moderated by Chicago Alderman Brian Doherty, who also is a member of the Board of Directors of Resurrection Medical Center.

Candidates provided a supply of their campaign posters, balloons, pins and hats. A catered buffet dinner was underwritten by eight local candidates.

The evening offered candidates an opportunity to present brief comments on their platform and their candidacy. As promised in the invitation, they were subject to cheers and boos, but were spared the usual "baby kiss-

ing." "We have 500 intelligent, interested citizens here who are eager to cast their votes in November," said Diane Lewandowski, Coordinator of Activities at the retirement community. "These senior citizens are very much alert and alive and politics is a part of their lives," she noted.

The 473-unit retirement complex at 7262 West Peterson includes a variety of efficiency, one-bedroom and two-bedroom apartments. A selection of smaller apartments is currently available.

Residents enjoy companionship, independence and security in a quiet residential neighborhood. They can be as active as they wish in a wide range of recreational, cultural, social and spiritual activities.

For additional information or a personal tour of Resurrection Retirement Community, call (312) 792-7930.

Burriss testifies on fraud against the elderly

Illinois Attorney General Roland W. Burriss told the Senate Special Committee on Aging today that the sale of controversial "living trusts" by non-attorneys is of growing concern to Illinois law enforcement authorities.

The Attorney General said his office is investigating companies that sell living trusts to senior citizens. The focus of the investigation is upon non-lawyers who purport to provide legal advice on the need for the living trust.

A living trust is a legal document wherein an individual's property is transferred into a trust held by one or more other persons or corporations. During the individual's lifetime, he or she will continue to manage the property just as if it were still in the individual's name; however, in the event of disability or death, the trustees would be authorized to administer the property as necessary.

Burriss told senators about the case of a Streator widow, Catherine Fitzsimmons, who paid a substantial amount of money for an unwanted living trust.

Fitzsimmons, 75 and recovering from hip surgery, responded to an ad in a well-known publication for senior citizens.

Much to her surprise, the information she requested came in the form of a salesman on her door-

step. He stayed for three hours until Fitzsimmons gave him the money to get him out of the house. It cost her \$1,950.

Joining Burriss at the Senate hearing was Marcella Patrick of Springfield, a senior citizen who also fell victim to a convincing sales pitch.

While a customer in a bank, Mrs. Patrick was engaged in a conversation regarding the sale of her house, and the other customer immediately convinced Mrs. Patrick to listen to a sales pitch on living trusts sold by her husband.

Burriss said that an investigation being conducted by the Attorney General's Office in conjunction with the Illinois State Police and the Illinois State Bar Association, shows that:

- The elderly are sometimes pursued with such high-pressure tactics that they feel they are being held hostage in their own homes. Some write a check so the person will leave;

- The salesmen overstate the cost of probate and the savings of a living trust;

- Tax savings of a living trust are overstated; and;

- Sometimes the mass-produced trust documents contain wrong information, even to the point of names and decedents.

Oakton administrators contribute to success of Emeritus Program

The Emeritus Program for older adults at Oakton Community College is celebrating its 10th anniversary during the week of Oct. 12-15. As part of the celebration activities, several college administrators are being recognized for their roles in establishing and supporting programs for older adults.

When Patricia Handzel, present director of college relations, started at Oakton in the early 1970s, there were few classes offered for older adults. In 1977, she became director of

non-traditional student programs and older adults credit/non-credit classes. As director, Handzel created many older adult classes and services including Acting Up!, the older adults theater troop, and Grandparents Unlimited, in which older adults spend time working with children at local day care centers.

Handzel also developed cooperative programs with senior centers, including a series of management classes for senior center professionals. "These types of programs attack the myths and stereotypes of aging and prove to society that you don't have to close the door on older people," Handzel says.

"I think the Emeritus Program is an excellent service which lives up to all the expectations that Oakton has for it," continues Handzel.

Friendship Village wins innovation award

Friendship Village of Schaumburg, will receive the American Association of Homes for the Aging's 1992 Innovation of the Year Award at AAHA's annual meeting and exposition in Boston.

The Innovation of the Year Award recognizes facilities or organizations which develop and successfully execute new programs or services that others can also implement. In naming Friendship Village one of three recipients, AAHA cited it for its novel cultural and educational programming efforts, specifically its Art Walk.

In 1991, Friendship Village, in cooperation with the Northwest Cultural Council and Bank One, opened an Art Walk gallery at the Village.

The Art Walk features one new painter and one new sculptor every two months. As many as 500 people attend each artist's reception, which gives local citizens and Village residents the opportunity to learn more about the artists.

The artists also visit Friendship Village to discuss their works and share their skills with the residents. Since the Art Walk's inception, some residents have even taken up art as a hobby.

Aside from the involvement with the Art Walk, Village residents also participate in other cultural events including an International Folk Festival and poetry writing seminars. In addition, Friendship Village's association with Northwest Cultural Council enables residents to get involved in many community activities as volunteers.

Lawrence House sets Halloween party

A spooky and scary afternoon awaits all at the Lawrence House Retirement Hotel's Halloween Party on Saturday, Oct. 31, from 1:30 p.m. to 3:30 p.m. at 1020 W. Lawrence Ave. in Chicago. The event is free and open to seniors. The celebration is guaranteed to be filled with plenty of tricks and treats. Mingle with friendly ghouls and ghosts while enjoying the bewitching entertainment. Even the most gruesome of jack-o-lanterns will love the tasty treats (refreshments). There will be creepy games including a costume contest. Don't forget your mask, funny shoes or broomstick!

Join in the Halloween spirit at The Lawrence House Retirement Hotel's Halloween Party. For further information contact Marcia Lawrence at (312) 561-2100.

Ballard honors volunteers at luncheon

Ballard Nursing Center recently honored its volunteers at a luncheon. A cake frosted with the words "Thanks, Volunteers" capped a specially prepared meal which was served in Ballard's Stratford Room.

Eli Pick and Mark Pick, Ballard's Co-Executive Directors distributed certificates of appreciation to the volunteers. Speaker for the event was Bonnie Rendt, Volunteer Coordinator for Rainbow Hospice, Park Ridge. Between 50 and 70 volunteers were expected, according to Sheha Colorina, Ballard's Director of Recreational Therapy.

Ballard is a 231-bed nursing center serving the north and northwestern suburbs since 1975. It is located at 9300 Ballard Road, Des Plaines.

Walk-a-Thon for AIDS



Residents of The Breakers, Anne Orloff (right) and Sonia Sugarman each completed 7 laps in the recent Walk-a-Thon for AIDS sponsored by The Breakers at Golf Mill, 8975 Golf Road, Des Plaines.



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Prepare against hypothermia

Anyone who has lived in the Midwest during the winter season has experienced the bone chilling feeling of a far below zero wind chill. When it happens, we stay inside until the temperature warms to a more human degree. But when it is absolutely necessary to venture out into the cold, we need to be aware of the dangers that over exposure to cold can cause. Hypothermia is one such danger.

"Hypothermia is caused by extreme exposure to cold," says Ghodrati Sarrafi, MD, board-certified in family practice and pediatrics, on staff at Holy Family Hospital. "When a person's body temperature drops below 95° Fahrenheit (98.6° is normal body temperature), hypothermia can easily develop."

When cold causes your body temperature to drop, your body becomes weak, your heart rate slows and your mind becomes muddled. If help is not received quickly, you could go into a coma or die.

There are several warning signs that signal if someone is suffering from hypothermia. Cold, stiff muscles, uncontrollable shivering or no shivering in the cold, a stomach that is cold to

the touch, puffiness in the face and difficulty breathing are all physical signs that something is wrong. If these symptoms are accompanied by mental symptoms such as confusion and forgetfulness, medical attention is probably necessary.

The first step you should take if you think someone has hypothermia is to immediately call a doctor. Second, to prevent further heat loss, wrap the person in blankets, towels or extra clothes. Make sure to cover the head and neck, as this is where the majority of body heat escapes. If the person is alert give him or her warm food or drink (no alcohol). "Older adults, infants and those in poor health are especially vulnerable to developing hypothermia," says Dr. Sarrafi. "During the winter it's a good idea for family and friends to check on those people you think are at risk."

"To prevent hypothermia, stay warm, dress properly and maintain a constant level of activity," says Dr. Sarrafi. "When outside wear several layers of protective clothing because air gets trapped between the layers and acts as an insulator."

Women vets to celebrate anniversary

The media proclaims, "This is the year of the woman!" It is also the year to formally recognize and honor America's military women. Fifty years ago, 350,000 women enlisted in the WAAC, the WAVES, the SPARS and the Women Marines in answer to the call to help the nation wage and win World War II. They served with distinction.

For those women who served during World War II, this is the year to commemorate their service a half century ago in the Army, the Navy, the Marines and the Coast Guard. Women who have served since then also have memories to share.

The Illinois Council of Women Veterans, representing 16 different chartered veterans' organizations, will celebrate National/Illinois Women Veterans Recognition Week at its Fourth Annual Luncheon to be held on Saturday,

Nov. 14, at the White Eagle Restaurant, 6845 Milwaukee Ave., Niles.

An invitation is extended to all active duty, reserve, and veteran women and to their male comrades, other family members and friends to attend this luncheon. A special invitation is directed to those women veterans who have not, up to now, taken part in the observance of their contribution and service to the nation. This is the year to do so.

The cost of the luncheon is \$20 per person for the White Eagle's superior family-style Polish cuisine. Reservations may be made by calling Leona Swich at (312) 539-1114, Eva Meyer at (708) 967-9048, or by sending a stamped self-addressed envelope to the Illinois Council of Women Veterans, Suite A, 2828 West 38th Place, Chicago, IL 60632.

ARK seeks volunteers

Volunteers are needed. Donations of furniture, TV's, VCR's, appliances, housewares, linens, jewelry, toys and knickknacks are also needed.

The ARK has recently opened a third Thrift Shop at 1302 N. Milwaukee Ave., Chicago (Ashland & Division), 4800 N. Broadway and 3345 N. Lincoln, Chicago. Hours are Monday, Tuesday and Wednesday from 10 a.m. to 5:30 p.m., Thursday from 9:30 a.m. to 2 p.m., and Sunday from 11 a.m. to 5 p.m. (Lincoln Avenue store only).

All are closed Saturdays. For furniture pick-ups, call (312) 275-0062.

Items can be dropped off at any of the above locations. Contributions are tax-deductible.

Library sponsors new book club

The first meeting of the newly forming Lincolnwood Library Book Club will be an organizing session at 10:30 a.m., Friday, Oct. 16. The book club has openings for up to 25 members. The third Friday morning of the month has been selected for the meetings which will generally last two hours.

Julie Anne Nitz-Weiss, adult outreach services coordinator, is asking members to come to the first meeting with their book suggestions for the club to consider adopting for the first six months. The library is located at 4000 W. Pratt Ave.

Books that will be selected must be available in paperback so they are easily obtainable, Nitz-Weiss said. Once the book club list is set, the staff will do all it can to reserve copies of the books from the library's collection or through inter-library loan but cannot guarantee being able to supply the books.

The November meeting will feature guest leader Virginia Carter to help launch the club. For information about joining or leading the discussions, call Nitz-Weiss, (708) 677-5277.

RELAX!

Beware of con artists posing as utility workers

It seems to happen about this time every year. Con artists, masquerading as utility workers, get a head start on Halloween by playing a cruel version of trick-or-treat on unsuspecting homeowners.

The most recent example occurred on Chicago's north side, where a man claiming to be a utility lineman called at a woman's home and said he had been working on equipment on a pole nearby. He held the woman he needed to check the electrical outlets and appliances in her home because he suspected she was being overbilled for service. He promised a \$50 reimbursement, but when the impostor left, the woman was \$270 poorer.

This incident represents the latest variation on schemes that have been around a long time. Over the years, in various communities, con artists have arrived at someone's door, claiming the utility owes a refund, but they require change for a large denomination bill. Other times, they might claim that a home's wiring is causing trouble in nearby power

lines and they need to conduct an investigation. On still another occasion, impostors called a number of homes to say Commonwealth Edison was having transformer problems, that power would be shut off for three days, and it would be a good idea to move in with a relative or friend.

Regardless of the method used, the intention is nearly always the same: to gain entry to the home in order to commit theft. In some cases, an impostor will keep the homeowner occupied in one room while his partner ransacks another part of the house.

Commonwealth Edison does not conduct unsolicited wiring inspections, and if a refund is due, it will be made by check or bill credit. Bona fide utility workers carry picture identification cards and should display them when seeking entry to a home.

Homeowners who still doubt the identity of a person claiming to work for Commonwealth Edison should contact Edison and the police. The all-purpose Edison telephone number is 1-800-EDISON-1.

Married business partners each need Social Security coverage

Married couples who are also business partners should make sure they both earn Social Security coverage through the business, or one of them could lose out on potentially valuable benefits, according to Thomas A. Curin, District Manager in Des Plaines.

Sometimes, when a husband and wife start a business together, they decide that the simplest way to report their income for tax purposes is to report all of it on one Social Security number, usually the husband's. "And, if the couple remains married and stays healthy until retirement age, they may, indeed, have no regrets," Mr. Curin said.

"But if something such as a divorce or disabling injury happens -- and we know that it can -- then that couple may wish they had shared the income on their tax returns," he explained.

Social Security coverage is based on credits an individual earns while working. During a

person's working years, earnings are posted to his or her Social Security record and credits are based on those earnings. These credits are later used to determine eligibility and benefit levels for retirement, and for disability or survivors benefits if the person should become disabled or die.

Disability benefits, for example, are based on recent work under Social Security. An individual who has no income reported to Social Security records in a five-year period, or who has less than five-years income reported in a ten-year period, loses his or her eligibility to get Social Security disability benefits.

"Retirement decisions can also be affected," Curin explained. "While spouses can receive retirement benefits based on their husband or wife's earnings -- and divorced spouses can get benefits if the marriage lasted 10 years -- having your own Social Security eligibility allows flexibility in making retirement decisions. And it can also affect the amount of retirement benefits a husband or wife might receive."

How should business income be reported to assure dual Social Security coverage?

"The procedures are fairly simple," Mr. Curin said. "If spouses run a business together and share in the profits and losses, they may be partners -- even if they don't have a formal partnership agreement. When they are ready to file a tax return for the business, they complete Form 1065 for a partnership tax return and separate Schedules SE to cover each business partner for Social Security."

Total tax liability will usually not be increased. For tax information about family partnerships, contact the Internal Revenue Service (IRS). For questions about Social Security coverage, call the toll-free number, 1-800-772-1213, any business day from 7 a.m. to 7 p.m.

Orchestra rehearses



Bea Mattenson pauses during a rehearsal of the Oakton Community College Emeritus Chamber Orchestra. The orchestra rehearses the classics of great composers such as Brahms, Beethoven and Wagner every Friday morning at the Ray Hartstein Campus in Skokie. Mattenson founded the orchestra and solicited the conducting talents of Milton Preves, retired principal violist of the world-renowned Chicago Symphony Orchestra.

The Emeritus Program at Oakton Community College is celebrating its 10th anniversary Oct. 12 - 16 at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. The week-long gala features keynote speakers and a senior expo. All activities are free to the public. Refreshments are provided by Humana Gold Plus. For more information regarding the Emeritus celebration, call (708) 635-1414.

Conference, congress on aging to merge

Illinois Department on Aging Director Marjalee I. Lindley announced today that the Department will combine its annual Governor's Conference for the Aging Network with the Mid-America Congress on Aging (MACA) 19th Annual Meeting. The conference is scheduled Nov. 4-7, at Chicago's Hyatt Regency Hotel, 151 E. Wacker Dr. A debate on national health insurance will be a highlight of the conference, featuring speakers from the Illinois Public Action Committee, the American Medical Association and the American Association of Retired Persons. Awards to be presented at the conference include those honoring

individuals and groups that have made exceptional contributions to the field of aging.

The November conference, consisting of three general sessions, eight intensives and 69 concurrent educational sessions, is expected to draw nearly 1,200 participants representing national, state and local organizations serving older adults. Continuing education credit will be available for social workers and nursing home administrators.

For information on the conference, contact the Illinois Department on Aging at (217) 785-3387, or call toll-free 1 (800) 252-8966.

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An independent not-for-profit home for the Jewish elderly.

Norwood Park Home sets fall bazaar

Norwood Park Home will hold its Annual Fall Bazaar from 10 a.m. to 3 p.m. Saturday, Oct. 17, at the Home, 6016 N. Nina Avenue, Chicago. The Bazaar is a popular tradition organized by the Women's Service League of Norwood Park Home.

What can you buy at the Bazaar? Handcrafted gifts, holiday decorations, white elephant items, Christmas cards, fresh baked goods, and much, much more, all at bargain prices. A light lunch (sloppy joes, chips, etc.) will be available for purchase for \$3.50, courtesy of volunteers from the Home's Employees Council.

All proceeds from the Bazaar benefit Norwood Park Home, a not-for-profit seniors' residence that has operated at its current location since 1893. More information is available at (312) 631-4856.

Capparelli addresses Niles seniors

During a recent appearance before the Niles Women's Senior Club at the Trident Center, State Representative Ralph Capparelli (D-13th) spoke not only as a public official but as a fellow senior citizen. "Let's face it, our priorities are way out of order when we spend more money to take care of a prisoner than we do to take care of an elderly person who has become ill," said Capparelli.

Representative Capparelli feels as special kinship with the senior community and has worked hard to see that the needs of the ever increasing senior population are addressed. Capparelli worked to increase the "Home-stayed Exemption," which gives senior citizens tax relief.

This past Spring the General Assembly passed legislation that increased penalties on nursing homes where bodily harm occurs to residents. Capparelli knows the importance of safety in senior care facilities because his mother, who is 95, is a current nursing home resident.

Representative Capparelli was recently honored by the B.C.I. Senior Club for his legislative work on behalf of senior issues. "Representative Capparelli has always been a strong voice for senior citizens in Springfield," said Michael Tomczko, Director of the B.C.I. Senior Club.

Discuss Parkinson's disease at lecture

More than 500,000 people in the United States are afflicted with Parkinson's disease, with the average onset of the disease beginning at age 60. Although Parkinson's Disease cannot be prevented, with individualized treatment, most patients enjoy a full and active life.

To help people gain a basic understanding of Parkinson's Disease and its effect on the entire family, The Glenbrook Hospital is sponsoring a lecture, "Parkinson's Disease and Your Family" on Monday, Oct. 26, at 7 p.m., in

the Enclosed Lobby, at The Glenbrook Hospital, 2100 Pfingsten Rd., Glenview.

Topics of discussion will include: treatment modalities; recent research developments; the effect the disease may have on psycho-social situations; and the benefits of comprehensive team approach to patient evaluation.

The lecture is open to the public free of charge. The deadline for registration is Friday, Oct. 23. For more information, or to register, call (708) 570-5020.



Come for Coffee at the Norwood Park Home — a residence for seniors, located in the heart of Norwood Park.

Calendar of Events	
Saturday, October 17 10:00 am - 3:00 pm	Annual Fall Bazaar, sponsored by the Women's Service League of Norwood Park Home. Bargains galore!
Tuesday, November 3 9:00 am - 3:00 pm	Election Day - FREE hearing screenings and blood pressure tests.
Friday, November 6 Seatings 5:00, 6:30, 8:00	Annual Spaghetti Dinner Call 312/631-4856 for reservations.

Norwood Park Home offers 24-hour security, full dining and housekeeping services, and a charming atmosphere. Nursing care is also available. No endorsement fee!
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At Ballard, a Glass of Milk and Two Cookies

Does a Better Job Than a Sleeping Pill

Mrs. Crane lives with us at Ballard. She has a habit of falling asleep while watching TV and then waking up around midnight. Joanne, our Administrator, told me the other day that Mrs. Crane can't get back to sleep until she has a glass of milk and two cookies. "So there are standing orders that every night around midnight, Mrs. Crane is to get cookies and milk on a tray." Joanne said

Eli Pick
Executive Director

We at Ballard don't like to interrupt the habits of a lifetime and we're delighted to make Mrs. Crane's midnight cookies and milk part of our routine.

After all, as Joanne put it: "It's much better than giving Mrs. Crane a sleeping pill."

For further information, call 708-294-2300 or write: Ballard Nursing Center 9300 Ballard Road Des Plaines, IL 60016

that Mrs. Crane's daughter laughed when told about the midnight snack. "Bless her, she has done that as long as I can remember. She always managed to fall asleep after the milk."

St. Matthew Home plans Fall Festival



Volunteer Grace McKoy works with St. Matthew Lutheran Home residents to create items for this year's fall festival.

Bring in this lovely fall season with a visit to St. Matthew Lutheran Home's Fall Festival. Sponsored by the St. Matthew Service League, the food and crafts festival will take place from 10 a.m. through 7 p.m., Friday, Oct. 23.

Browse the Bake Sale, Grannie's Attic, Farmer's Market, Stationary and Paper Goods stand, and Holiday Table. Home-baked goodies; home-canned fruits and

vegetables; holiday wrapping paper, cards and calendars; and many hand-made crafts will be available. There will also be a Halloween Table and many gifts and toys for children.

Make reservations for lunch to be served from 11 a.m. through 2 p.m., and enjoy a complimentary cup of coffee, served from 2 p.m. through 5 p.m. The luncheon costs \$5.

St. Matthew is located at 1601

N. Western Avenue, Park Ridge. Call Christopher Dykes at (708) 825-5531 for more information.



Hold mock election at Lawrence House

Forget the Gallup Poll, true poll watchers will have their eyes on the Lawrence House Retirement Hotel's Mock Election, 1020 W. Lawrence Ave., Chicago, on Monday, Nov. 2, from 9 a.m. to 2 p.m. All are invited to a victory party at 3 p.m. The event is free and open to seniors.

On the eve of election day, over 300 seniors will cast their preliminary ballots in curtained voting booths, monitored by poll watchers. The ballots, listing all

political candidates and referendum issues, will go into a sealed ballot box. The polls will close at 2 p.m. and the votes will be tallied.

At 3 p.m., the election results will be announced and seniors are invited to celebrate at a victory party for the winning candidates.

For further information on the Lawrence House Retirement Hotel's Mock Election, contact Marcia Lawrence at (312) 561-2100.

QMB can help Medicare beneficiaries

Social Security is trying hard to get the word out about a program that can save some people hundreds of dollars each year in Medicare premiums and other expenses. These people are low-income Medicare beneficiaries--and the program is called the Qualified Medicare Beneficiary, or QMB, program.

What does QMB do? It pays the monthly premium for Medicare (Part B) medical insurance coverage, which is currently \$31.80 a month, and may help pay for other out of pocket Medicare costs.

To be eligible for QMB, one must have (or be eligible for) Medicare hospital insurance, and if one's income and resources are low enough to meet state requirements for "Medicaid," the health insurance program run by State welfare agencies for low-income

people. In general, those requirements are:

- that the annual income be near or below the 1992 national poverty guidelines of \$6,810 for one person, or \$9,190 for a family of two; and
- that one's resources, such as bank accounts or stocks--may not exceed \$4,000 for one person or \$6,000 for a family of two.

Now please note, that "resources" does not mean everything owned. For example, one's house doesn't count as a resource, and in most cases, neither does the car.

Only the Illinois Dept. of Public Aid can determine who is eligible for help from the QMB program. Those who think they might be eligible, should contact the Department and ask about filing an application.

AICR booklet guide to cancer information

Where can you find information about cancer prevention? About new cancer treatments? About how to stop smoking? About early detection of cancer?

While not too long ago cancer was a subject that made many people uncomfortable, today more people are learning that the more they know about cancer and cancer prevention, the better their chances of avoiding or beating this disease.

A new booklet from the American Institute for Cancer Research, "Cancer Information: Where to Find Help," should prove a valuable resource to anyone interested in finding out more about cancer, or in finding help if cancer does strike.

While many consumers are aware that organizations like the American Institute for Cancer Research and the American Cancer Society, as well as the federal National Cancer Institute, provide research and education programs, they often are not aware of the wealth of information on cancer and cancer prevention that's available for the asking. This booklet outlines many of the services and materials available from these sources, along with information on how to make contact by phone or mail.

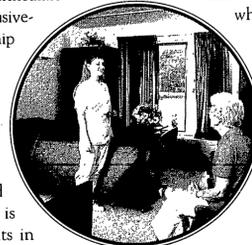
The booklet also provides information on many lesser known sources of cancer information, ranging from groups providing aid and information for specific types of cancer, to organizations geared to provide emotional and counseling support for cancer victims and families.

The booklet is available free by sending a stamped (\$2 cents postage), self-addressed, business size envelope to the American Institute for Cancer Research, Dept. FH, Washington, D.C., 20069.

For the first time in many years...

The Health Care Center at Friendship Village is now able to accept a limited number of patients from outside our residential community. For 15 years, this very high quality of intermediate and skilled care was reserved exclusively for the 800 residents of Friendship Village.

Our not-for-profit, Medicare-certified, 190-bed care center offers a 40-bed Special Care Unit for residents experiencing disorientation, Alzheimer's and wandering tendencies. Therapy is also available for those residents in need of rehabilitation. As a part of Friendship Village, The Health Care Center is an important component of our "Continuum of Care" commitment.



More important than physical surroundings, there's a real sense of family in our Health Care Center. Our staff-to-patient ratio is very high which allows us to maintain an environment where care is given with tenderness and respect. Our residents feel at home here because we care for and about each other.

Find out how quality care, delivered with love and respect, does make a difference. Call The Health Care Center at Friendship Village at (708) 884-5050.

The HealthCare Center

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