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Niles restaurateur ambushed and robbed

A robber ambushed the owner of Cafe Bravo, 6701 Touhy Avenue, Niles, as he left work the night of Sept. 26, threatened his life and escaped with \$1,300.

The owner, James T. Alikakos, of Des Plaines said the man came up behind him as he walked to his car at the southwest corner of the restaurant's parking lot and said, "Give me your money or I'll kill

you!"

In the struggle that ensued, the two men fell to the ground. Grabbing the cash from Alikakos' pants pocket, the attacker fled to the brush behind a nearby hot dog stand and onto the Forest Preserve bike trail. He dropped his baseball cap in his flight. Niles and Cook County Sheriff's police searched the area with negative

results.

Alikakos sustained minor abrasions to his chin and arm. He said he did not see a weapon and believes the robber knew when he would leave and where he carried his money. The robber was between 20-30 years of age, 5'6", 130 lbs. and had long black hair. He wore a 3/4 length field jacket and dark pants.

Local Legislators win Praise from Mayors

by Sheilya Hackett

Both Democrats and Republicans could find comfort in recent awards given by the Suburban Mayors Action Coalition (SMAC). State Senators Martin Butler (R-28), Walter Dudydz (R-7) and State Representative Ralph Capparelli (D-13) were

among those in Cook County cited in legislative report cards for their support of legislation favorable to the suburbs.

Mayors in the Northwest Municipal Conference (NWMC) are joined with those from the West

Continued on Page 18

Niles

edition of

The Bugle

8746 N. Shermer Road, Niles, Illinois 60714 - (708) 966-3900

VOL. 36, NO. 15, THE BUGLE, THURSDAY, OCTOBER 1, 1992

50¢ per copy

Day care center moves from Oak School to Des Plaines site

No decision yet on Oak School: Blase

by Sheilya Hackett

September 28, Niles Mayor Nicholas Blase shot down rumors Oak School property, 7640 Main Street, had been sold to a condominium developer. Village Trustees have discussed the property, he agreed, but have made no decision as to its future. He said the Oak School building was in bad repair and the cost of rehabilitating it is "huge." When a decision is made, it will be done publicly, he emphasized.

Niles bought Oak School from School District 63 in the late 80s for \$1.

Other rumors had KidCare classes being transferred to Ballard Leisure Center, located in the former Ballard School, 8320 Ballard Road. But Sept. 29, KidCare Administrator, Ruth Grabow, said "We're alive and well...we're moving to 9000 Capitol Drive, Des Plaines...taking the same staff."

When KidCare was advised to move, parents were "hysterical," the staff was shocked, and finding another suitable location was

Continued on Page 18

Park District seeks input

Park officials will meet with Park District affiliate groups and community organizations Thursday, Oct. 1 from 6:45 to 9 p.m., and Friday, October 2 from 1 to 3 p.m. at the Ballard Leisure Center, to seek their input for the first phase of the Needs Assessment Study.

Dr. Joseph J. Bannon of Management Learning Laboratories, an internationally known expert in the field of Parks and Recreation, will facilitate these meetings.

Organization or groups that would like to provide feedback at these meetings, contact Tracy Taylor, Administrative Coordinator, at 967-6633.

Lions Candy Day set for Oct. 9

At the September 22 Village of Niles Board Meeting, Mayor Nicholas Blase proclaimed Friday, Oct. 9 as Lions Candy Day in Niles.

Niles Candy Day Chairman Dennis Burns reported that "Niles Lions members, their families, and many volunteers will be up before sunrise on Friday, Oct. 9, giving away candy to motorists and pedestrians." They will also be accepting donations as part of a statewide effort to help the blind and deaf.

As in the past, the Niles Lions will retain a portion of the collected funds for special local blind and deaf projects. Last year the Lions of Niles donated \$3,500 to Niles resident Jamie Margalski, enabling him to have a canine companion.

The Niles Lions Club will remit the balance to the Lions of Illinois Foundation. The Lions of Illinois Foundation provides many services throughout the state that individual clubs cannot.

Continued on Page 18

Niles peddling ordinance protects residents

The Village of Niles has an ordinance on the books governing peddling and soliciting within its corporate boundaries.

Peddling is completely prohibited and charitable solicitors or canvassers must register before they go door to door. Even if a solicitor is properly registered and their actions are guaranteed by the constitution, Niles residents still do not have to deal with them. It is the right of a property owner or renter to prohibit solicitors by giving notice of intent.

There are several ways to give such notice. One way is by displaying a 3"x4" card that can be obtained from the Village Hall, Trident Center or Police Department which states in bold letters, "No Solicitors or Peddlers Invited". This sign should serve as a notice to any solicitor that the resident does not want to be bothered.

Every solicitor who is soliciting within the corporate boundaries of the Village of Niles is required to be registered with the Village of Niles. In fact, before speaking with a solicitor, ask to see their permit and they should have a card issued by the Village of Niles and signed by Mary Kay

Lombardi to fill school board vacancy

The Board of Education of Niles Elementary Schools District 71 has appointed John Lombardi to fill the vacancy on the Board created by the resignation of Mrs. Barbara Hedrich.

Lombardi is a graduate of John Marshall Law School and is an Appointed Assistant State's Attorney for Cook County assigned to the Criminal Prosecutions Bureau. He has one child attending Niles Elementary School (South).

Morrissey; if not call the police. Part of the registration process includes a background check and to inform the potential solicitor of the hours, 9 a.m. to 7:30 p.m. weekdays April 15 through November 15 and 9 a.m. to 5 p.m. November 16 through April 14, none on Sundays or holidays and of the avoidance of homes with the "No Solicitors or Peddlers Invited" signs.

Those who do not have one of these signs can verbally advise a

Continued on Page 18

Mayor proclaims 'Fire Prevention Week'



At the recent Village of Niles Board Meeting, Mayor Nicholas Blase proclaimed the week of October 4 through October 10 as Fire Prevention Week, urging the people of this village to participate in fire prevention activities at home, work, and school and to heed the message: "Test Your Detector - It's Sound Advice."

Pictured (from left) are: Village Trustee Bart Murphy, District Chief Kobylecki, and Mayor Blase.

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THE BUGLE, THURSDAY, OCTOBER 1, 1992

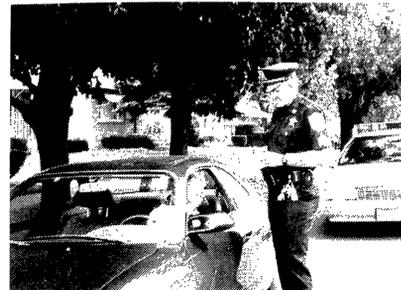
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Village to ticket cars without city stickers



The Village of Niles will begin ticketing Niles residents who have not registered their vehicles and do not display a current Village vehicle sticker on their front windshield. All vehicles, registered to an address within the Village must display a current village vehicle sticker, including automobiles, trucks, motorcycles, and mopeds.

New residents have 30 days to obtain a sticker once they move into the Village. Stickers are valid from July 1 through June 30 and may be purchased at the Village Hall between the hours of 8:30 a.m. and 5 p.m.

Grant spurs Lutheran General literacy program

by Sheilya Hackett

For 13 years Maria Galvez performed housekeeping tasks at Lutheran General Hospital, (LGH) Park Ridge. Today, after several months' participation in the hospital's literacy program, speaking English has become easier to the Hispanic-American and she has graduated to the position of physical therapy technician. Joining in the English as a Second Language (ESL) classes "gives an opportunity to grow... (you) hope you'll learn more," Galvez said. Galvez, 40, a Des Plaines resident, is one of 50 LGH employees studying with trained volunteer tutors during their workday. Leann Alexander, program coordinator, said the tutors include staff members from all levels, including nurses, supervisors and even the Vice president of a division. Each tutor works with one, or at the most, two learners.

Continued on Page 42

Registration open for parenting program

MaineStay, Maine Township's youth services department, is now taking registration for an encore presentation of "1-2-3: MAGIC," to be offered at 7 p.m. Tuesday, Oct. 27, in the Maine West High School Auditorium, 1755 S. Wolf Rd., Des Plaines.

The program, developed and presented by Dr. Thomas W. Phelan, a clinical psychologist, offers parents a no-nonsense method for training and disciplining children, ages 2 to 12, without arguing, yelling or spanking. The program is free, but because of the high demand, registration is required. Call 823-0650.

Scouts collect food

The Boy Scout Troops and Cub Scout Packs recently participated in a national Scouting for Food "Good Turn".

Scouts are collecting canned goods for distribution to food pantries in their areas. This year it is extremely important to replenish the Chicago area good depository because so much was sent to Hurricane Andrew victims.

Park View Troop 228, along with other area scouts, delivered hang tags door to door that contain information regarding the de-

pository because so much was sent to Hurricane Andrew victims.

pository because so much was sent to Hurricane Andrew victims.

Hurricane doesn't dampen area resident's desire to return

Nilesite weathers hurricane during Florida vacation

by Sheilya Hackett

The devastation of Hurricane Andrew left Niles resident Nancy Stranczek with mixed emotions. Now, a month after Stranczek and four friends held out against the storm's fury, huddled in a Miami Beach home, she admits "I feel very fortunate. I almost felt guilty, I came out so well and others didn't."

What began a few days before the storm as a relaxing vacation for Stranczek and two girlfriends at a Hollywood Beach, FL, ocean front condo ended abruptly Sunday afternoon, August 23. As the hurricane neared, they had to evacuate, taking only money, jewelry and a change of clothes. Friends in Miami gave them shelter, but immediately put them to work, helping to board up the windows and carry in lawn furniture and potted plants. They propped a mattress against a sliding glass door.

Their hosts told of shopping for necessities as the storm approached. They waited in a gro-

Continued on Page 42

Board names Marks as Golf School principal

The Board of Education of School District 67 is pleased to announce the appointment of Dr. Linda Marks to the position of Golf School principal/assistant superintendent. Dr. Marks assumed her duties on Tuesday, Sept. 29. She was selected from a pool of eighty (80) applicants for the position.

Dr. Marks earned her B.A. in Elementary Education at De Paul University, a master's degree in School Administration from Northeastern Illinois University and a Ph.D. in Leadership and Policy Studies from Loyola University. She has also done post-doctoral work at Harvard University.

Dr. Marks comes to School District 67 from Arie Crown Grove.

Dr. Marks expresses a strong commitment to the middle school philosophy and to the development of the professional staff. She is a resident of Morton Grove.

Thanks for hurricane aid



Maine Township officials meet with U.S. Rep. Henry J. Hyde (second from left) to extend their thanks for his help during the township's "Operation Andrew" hurricane relief drive. Shown with the Congressman are (from left) Trustee Mark Thompson, Supervisor Joan B. Hall, and Trustee Robert C. Williams. The public's response to the relief drive was so overwhelming that volunteers alone, were unable to process all the donations. Cong. Hyde contacted Gov. Jim Edgar who released National Guard troops to help expedite processing and shipment of relief supplies.

Senior News

Options 55 to explore victorian mansion

Members of Maine Township's Options 55 group will travel to DeKalb, Saturday, Oct. 3, where they can step back in time with a visit to the Victorian Ellwood mansion, a national historic site.

The tour will be preceded by a buffet lunch at the Fisherman's Inn. A guided tour of the 33-room mansion offers a glimpse of the lifestyle of a wealthy 19th century family complete with an anecdotal account of balls, musicals, world travels, and famous visitors such as Theodore Roosevelt and Jane Addams. The group

will be able to explore all four floors of this grand mansion, its smaller scale Victorian playhouse, the carriage house and gardens.

A deluxe motorcoach will leave from the Maine Township Town Hall parking lot, 1700 Ballard Rd., Park Ridge, at 11 a.m. and return about 5:30 p.m. Cost of the trip is \$22 for members. Guest reservations at \$27 will be accepted on a space-available basis.

For information, call Sue Neschel at 297-2510, ext. 240.

Senior drivers refresher course

State Representative Roger P. McAuliffe of the 14th District will host another in a series of "Senior Citizen Drivers' Refresher Courses," in conjunction with trained personnel from the driver's division of the Secretary of State's office.

Rep. McAuliffe is inviting those interested in attending to join with him and with Illinois Secretary of State George H. Ryan, who will also be on hand, beginning at 1 p.m. on Saturday, Oct. 3 at the Oriole Park Fieldhouse, located at 5430 N. Oriole Ave., in Chicago.

Those interested in attending this refresher course may confirm their reservation for October 3 by calling Rep. McAuliffe's 146th District Service Office at (312) 792-0749.

Maine seniors gather for bingo

Maine Township can gather fun and friendship at one of two regular monthly bingo games at noon Thursday, Oct. 1, at the Maine Township Town Hall, 1700 Ballard Road, Park Ridge, or Tuesday, Oct. 6, at Oakton Arms, 1665 Oakton Place, Des Plaines. Registration is required and a 50-cent fee will be collected at the door to cover refreshments.

More than 3,800 residents are enrolled in the Maine Township Seniors. Most activities are limited to members. Membership is free and new members are always welcome. Applicants must be 65 or older and provide proof of residency. To receive a membership application and obtain reservation information for activities and trips, call Helen Jung or Sue Neschel at 297-2510, ext. 240 or 241.

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1992 MEMBER NEWS
NORTHWEST ILLINOIS
NEWSPAPER
ASSOCIATION
VOL. 36, NO. 15, OCT. 1, 1992
8746 N. Shermer Rd.
Niles, IL 60714
Phone: 966-3900-1-2-4

Published Weekly on Thursday
in Niles, Illinois
Second Class Postage for
The Bugle paid at Chicago, Ill.
and additional entry offices.
Postmaster: Send address
changes to The Bugle,
8746 Shermer Rd., Niles, IL 60714

Subscription Rate (In Advance)
Per single copy \$3.00
One year \$33.00
Two years \$62.50
Three years \$89.00
1 year Senior Citizens \$11.50
A year (out of county) \$15.95
1 year (foreign) \$35.00
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OCTOBER TICKET SALES

Ticket Sales will be held on Monday, Oct. 5 at 9:30 a.m. at the senior center on a walk in basis. Tickets will be on sale for the Lite Lunch set for Monday, Oct. 12. This Lite Lunch is a special intergenerational program designed for seniors and their grandchildren ages 6-12 years old. Come join us for a "Sloppy Joe" lunch, activities and the Disney movie "An American Tale." The cost is \$1.75 for seniors and \$1 for children. The October Trip is on Thursday, Oct. 22 from 10:45 a.m. to 5 p.m. Lunch which includes a choice of either roast chicken or roast beef will be held at the McHenry Country Club. We will then travel to the Woodstock Opera House for a tour and then on to a tour of the Dick Tracy Museum and Art Gallery. We will also have a little extra time to visit the shops around the square. Please note that this trip has substantial walking involved. The cost is \$17 per person. The October Luncheon is set for Friday, Oct. 23 at noon. The menu includes bratwurst/bun, sauerkraut, boiled potatoes, carrots and apple slice. Entertainment is provided by "The Al Jolson Singer." Tickets are \$5.75.

NILES SENIOR CENTER REGISTRATION

The Niles Senior Center is open to residents of the Village of Niles age 62 and over and their younger spouses. Registration may be made by visiting the senior center at 8060 Oakton St.

FLU SHOT REGISTRATION

Seniors interested in making a Flu Shot appointment should call the senior center at 967-6100, ext. 376. Flu Shot dates are Friday, Oct. 16, Wednesday, Oct. 28 and Friday, Nov. 13. Flu shots will be administered at the center. Call for all the details. Vaccine provided by Cook County Board of Health.

CAREGIVERS SUPPORT GROUP

The Niles Senior Center is sponsoring a Caregivers Workshop for individuals who are caring for a family member or senior friend. The workshops will be held on Tuesdays, Oct. 13 through Nov. 17, 7-9 p.m. at the senior center. The workshop will feature topics such as aging, personal care of the homebound, community resources, legal issues and much, much more. Call the senior center at 967-6100, ext. 376 for registration. This program is free.

SENIOR SINGLES GROUP RESTARTING

Niles Senior Center will be restarting its support group again on Thursday, Oct. 15, 1-2 p.m. at the Trident Center's Family Services. The group is open to all single seniors who have experienced a loss through death, divorce or separation. The group will be limited to 10 Niles residents, 62 years and older. Call Terry Sprengel at the senior center for specific dates of the meetings.

CREAKY JOINT LECTURE

Niles Senior Center will be having a free lecture, "Creaky Joints - There is a Treatment" on Friday, Oct. 9 at 2 p.m. If you have a joint problem, this lecture is for you. Registration is required and may be made by calling 967-6100, ext. 376.

RULES OF THE ROAD

The Niles Senior Center will sponsor a "Rules of the Road" review class at Ballard Leisure Center on Monday, Oct. 12 at 10 a.m. This class is free and prepares seniors for taking the Rules of the Road written exam.

DISCOVER DISCUSSION GROUP

The Niles Senior Center is offering a new discussion group set to start on Thursday, Oct. 15, 2 p.m. at the center. This program will meet on the 3rd Thursday of each month and will be led by Sophie Laske and Helen Sparkes of the center. The group will explore and discuss a variety of interesting subjects concerning news, art, media and much more. Call the senior center for registration. This program is free and is open to Niles seniors.

WOMEN'S CLUB OCTOBERFEST

The Niles Senior Center Women's Club Octoberfest is set for Monday, Oct. 26 at noon. The luncheon will feature roast pork with gravy, bread, dumplings, Bavarian green beans, sauerkraut, German potato salad, rye bread and German chocolate cake. Freddie Fisher orchestra will perform. The cost is \$5.75. Tickets will be available beginning on Monday, Oct. 5.

RECREATIONAL GAMES GROUP FORMING

The Niles Senior Center is seeking interested seniors who would like to join a recreational games group who will meet on Monday afternoons at the center beginning in November. Those interested in joining should call Maureen Jekot at 967-6100, ext. 376.

NEW GROUP FOR THE HARD OF HEARING

The Niles Senior Center will sponsor a new group for those who are hard of hearing. The group will explore coping techniques to improve communication skills. We invite you to join others who are experiencing the same difficulties in communication. The group will begin on Tuesday, 9:30 a.m. on Nov. 3. Call Trudi Davis for additional information and registration at 967-6100, ext. 376.

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Symphony series begins

Michael Morgan, associate conductor of the Chicago Symphony Orchestra, starts off the Who Is Chicago? series on Oct. 5 at 1 p.m. in Room 112 at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

The series, which runs for six weeks, is sponsored by Oakton's Emeritus Program for older adults. It brings Chicago artists to campus to informally speak about their experiences in the arts. Each presentation is followed by a question-and-answer session.

Maestro Morgan also shares conducting responsibilities for the Civic Orchestra of Chicago, a training ground for young musicians aspiring to symphony orchestras throughout the world. He discusses the nurturing and education of young instrumentalists.

Other Chicago artists participating in the Who Is Chicago? fall series include Chicago panoramic photographer Mark Segal on Oct. 19; Chicago Architect Foundation docent Joan Eggers on Oct. 26; Joyce Slocum, producer of The Second City on Nov. 2; neon artist Greg Mowry on Nov. 9; and Claire Bataille, retiring choreographer/dancer from the Hubbard Street Theater and recent recipient of the coveted Ruth Paige Award.

All presentations are held in Room 112 on the Ray Hartstein Campus from 1 to 2:30 p.m. The fee for individual presentations is \$5; the complete series is offered at a reduced fee of \$20 for all six presentations.

For additional information, call (708) 635-1414.

Daniel J. Warzynski
Navy Seaman Recruit Daniel J. Warzynski, a 1991 graduate of Notre Dame High School for Boys of Niles recently completed basic training at Recruit Training Command, San Diego.

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YOUR PARENTS AND YOU

When a Toy Truck Becomes a Treasure

Mrs. Decker bought a toy truck the other day while shopping with several other Ballard residents at Randhurst Shopping Center. There was an antique show going on in the mall and she spotted the truck among a pile of other small toys on one of the vendor



tables. "The truck was exactly like the one my son used to play with when he was five years old," she told me.

was his favorite toy for almost a year. I want to give it to Danny and tell him it was his Dad's favorite toy."

If you would like to know more about Ballard Nursing Center, call 708-294-2300 or write: Ballard, 9300 Ballard Road, Des Plaines, IL 60016

Presents 'Roaring Twenties' show



Jillann Gabrielle

Paradise Productions presents Jillann Gabrielle in her one-woman show, "Roaring Twenties in Song," at Knickers Restaurant, 1050 E. Oakton, Des Plaines, on Tuesday, Oct. 6 and Wednesday, Nov. 4. Jillann Gabrielle, a "senior entertainment favorite," has been performing for seniors and ladies clubs for 10 years.

Paradise Productions specializes in exceptional mid-day entertainment for seniors and other folks who prefer traveling during the day. Lunch will be served at noon. The cost for the lunch and show is \$23. Music during lunch is performed by pianist Bobby Schiff.

For reservations call Paradise Productions at 1 (800) 831-3139. Groups of all sizes, buses and individuals are welcome.

Analyze Germany

Peter Hayes, Ph.D. and associate professor of history and German at Northwestern University, presents an analysis of Germany, as part of a Culture's Connection to Foreign Relations series in a free lecture from 1 to 2:30 p.m. Oct. 15 in Room 112 at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Professor Hayes, who spent the first few months of 1992 in Germany, examines the new stresses and prospects that have evolved in Germany since the re-making of Europe in 1989-'90. For more information and pre-registration, call the Emeritus Program for older adults at Oakton Community College at (708) 635-1414.

Enis W. Aninmis
Navy Seaman Recruit Enis W. Aninmis, son of Nihat and Fatma Aninmis of Skokie recently completed basic training at Recruit Training Command, Great Lakes, IL.

Morton Grove Senior Citizens 470-5223

REACTION TO DISABILITIES

Do you have a disability? Do you know someone who is dealing with a disability? How do you and others act and react? Join the next A.S.C.P.'s Special People Inc. meeting for a discussion led by Sandy Schwilb who is a wheelchair user. She will be assisted by both disabled and able-bodied people who will share their experiences. This program will deal with the events that occur in daily life. The program begins at 7:30 p.m. on Thursday, Oct. 1 in the Maine Township Town Hall, 1700 Ballard Road in Park Ridge. Oct. 4 through 10 is National Disability Awareness Week, so come and learn more about disabled people, even if not disabled yourself.

CHOLESTEROL SCREENING

- What is cholesterol? It's a steroid alcohol that is present in animal cells and body fluids. In its pure form, it's a white, tasteless, powdery substance. - How can you check your cholesterol? The Flickinger Senior Center at 6101 Capulina Ave., is conducting a Cholesterol Screening Clinic from 9 to 11 a.m. on Tuesday, Oct. 6 (the first Tuesday of every month), no appointment or fasting is necessary. There is a \$3 fee for seniors (over age 65) and \$4 for those under age 65 or for non-residents. Or, consult your doctor.

INFLUENZA & PNEUMONIA IMMUNIZATIONS

Morton Grove seniors (age 60+) can prepare for the winter flu season by receiving an influenza and/or pneumonia immunization coming up at five special clinics. A flu shot is strongly recommended for seniors who are at increased risk for complications of the flu. Flu can be particularly dangerous for seniors leading to the more serious, pneumonia. The best time to receive the flu shot is now, before the flu season really begins. Clinics will be held in the Flickinger Senior Center at the following times: - Saturday, Oct. 10, 9 a.m. to noon - Tuesday, Oct. 13, 1 to 4 p.m. - Saturday, Oct. 24, 9 a.m. to noon - Tuesday, Oct. 27, 1 to 4 p.m. - Tuesday, Nov. 10, 1 to 4 p.m.

Most people have no adverse side effects from flu vaccines. Flu shots are given by injection into the muscle of the upper arm. This may cause soreness for a day or two at the injection site and occasionally a fever or muscle ache for a day or two. People who should not get a flu shot include anyone who is allergic to eggs, chicken or chicken feathers or anyone who has been paralyzed with Guillain Barre Syndrome. Anyone who is ill or has a fever should put off getting a flu shot until the fever or other symptoms are gone. Also, anyone taking a blood thinner such as coumadin, warfarin or panwarfarin should bring in a release from their doctor in order to receive the flu shot. Appointments are required and can be made by calling the Morton Grove Senior Hot Line at 470-5223. Immunizations are free of charge but donations to offset their cost are accepted.

LUNCH BUNCH

Lunch Bunch is back! Morton Grove seniors get together for a light lunch and feature length film on Friday afternoons in the Flickinger Senior Center. Please note that registration for these get-togethers is being altered this year in order to allow more seniors to enjoy this activity. Register at the Prairie View Community Center on the first Tuesday following the Friday of the previous Lunch Bunch; and of course every day after, as capacity allows. Call today (965-7447) to inquire about reservations for the first Lunch Bunch. Lunches will begin at 12:30 p.m. followed by the film. There is a cost of \$1.50 per lunch/show. This fall's schedule includes: - Friday, Oct. 16 "Regarding Henry" - Friday, Nov. 13 "Three Men & a Baby" - Friday, Dec. 11 "Kindergarten Cop".

SENIOR TRAVEL CLUB

The Prairie View Senior Travel Club has planned its outings for the fall and winter seasons. - On Oct. 29, the group will travel to Ft. Atkinson, Wisconsin where they will see the current production of "Phantom of the Opera" at the famed Fireside Dinner Theater. - "A Day In Chicago" will take in the NBC Studios, the Harold Washington Library and lunch at Binyons on Nov. 12. - An overnight holiday outing to the Mobil five-star Kohler Resort in Kohler, Wisconsin is planned for Dec. 6 and 7.

THANKSGIVING DINNER

Don't spend Thanksgiving Dinner alone! Join in on a traditional Thanksgiving Dinner with all the trimmings at the Prairie View Community Center on Thanksgiving Day. Dinner and entertainment is being provided through the extraordinary generosity of the Niles/Morton Grove Rotary Club. All participants will be guests, free of charge, as it would be at any "family" celebration. For information and reservations call Prairie View at 965-7447.

FACTS ON OSTEOPOROSIS

Osteoporosis is a disease in which bones deteriorate, making them fragile and more likely to break. In addition to severely hindering a person's independence and mobility, the disease is responsible for approximately 50,000 deaths a year. Twenty-five million Americans have osteoporosis, which leads to 1.3 million fractures each year. If you want to determine if you are at risk for the disease, consult your physician. Also, individuals can get more details about the disease by ordering the National Osteoporosis Foundation's "Stand Up to Osteoporosis" brochure. Just call 1-800-223-9994.

THANKSGIVING DINNER

Don't spend Thanksgiving Dinner alone! Join in on a traditional Thanksgiving Dinner with all the trimmings at the Prairie View Community Center on Thanksgiving Day. There are many folks who, for one reason or another, are not able to be with family on this holiday. How about spending it with us and others in the village who share the same situation? Dinner and entertainment is being provided through the extraordinary generosity of the Niles/Morton Grove Rotary Club. All participants will be guests, free of charge, as it would be at any "family" celebration. For information and reservations call Prairie View at 965-7447.

"Those Were The Days"



Faina Pyatigorskaya recognizes a familiar melody at a Senior Prom "Those Were The Days," held recently at the Council for Jewish Elderly's Adult Day Care Center, 1015 Howard Street, Evanston. Pyatigorskaya is a participant at the center which encompasses two components under one roof, an adults day care program and the Asher Alzheimer's Care Program.

(Photo by Margot Karlin)

Set showboat celebration at the North Shore

Enjoy an exciting casino atmosphere at The North Shore Retirement Hotel's Showboat celebration on Wednesday, Oct. 14, from 2:30 p.m. to 4:30 p.m. at 1611 Chicago Avenue in Evanston. The event is free and open to seniors.

The North Shore's grand ballroom will be transformed into an old-fashioned casino boat with plenty of thrilling games and lively entertainment. The North Shore staff, dressed in turn of the century costumes, will also be on hand.

Guests are welcome to try their luck at the wheel of fortune and other games of chance. Play money will be provided.

The showboat celebration is a wonderful opportunity to reminisce while listening to enchanting musical entertainment. Sing along with friends or join with a partner in a dance. As always, refreshments will be served. For further information on the North Shore Retirement Hotel's Showboat Celebration contact Sandra Small at (708) 864-6400.

James P. Notzen

Navy Petty Officer 2nd Class James P. Notzen, son of John F. Notzen of Park Ridge, recently received a Letter of Commendation.

Notzen was cited for superior performance of duty while assigned aboard the submarine USS Dallas, homeported in Groton, CT.

The 1987 graduate of Maine South High School, Park Ridge, joined the Navy in September 1987.

Maine seniors announce October activities

Maine Township Seniors have planned a full schedule of events during October, including an Octoberfest celebration at Andre's Steak House in Richmond, Illinois.

They can begin the month by gathering for fun and friendship at one of two regular monthly bingo games at noon Thursday, Oct. 1, at the Maine Township Town Hall, 1700 Ballard Road, Park Ridge, or Tuesday, Oct. 6, at Oakton Arms, 1665 Oakton Place, Des Plaines. Registration is required and a 50-cent fee will be collected at the door to cover refreshments.

Seniors will "travel" to Denmark during their October luncheons where they will be entertained with a jazz-to-classics concert by a Danish children's band led by Djarne Rasmussen, director of the Danish Queen's Band. The youngsters, ages 11 to 17, have played throughout Europe and are appearing for the first time in the United States.

Diners will enjoy typical Danish fare at one of two luncheons at noon Tuesday, Oct. 13, and noon Wednesday, Oct. 14, both at Banquets by Brigante, 2648 Dempster, Des Plaines.

Cost of the luncheons is \$7.50 for members. Guest reservations at \$8.50 will be taken on a space available basis.

An authentic Octoberfest Celebration will be held on Wednesday, Oct. 28, at Andre's Steak House in Richmond, Illinois. A German-style luncheon will be accompanied by The Bavarians band from Addison, Illinois who will delight the audience with German music, polkas and fun.

Deluxe buses will leave at 11 a.m. from the parking lot at Casa Royale, 783 Lee St., Des Plaines, and return at approximately 5:15 p.m. Cost is \$26 for members and \$31 for guests.

It will be Apple Fest time at the seniors monthly craft workshop from 9:30 to 11:30 a.m. Monday, Oct. 26, in the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge. Seniors can create country apple door hangers by painting and trimming a chunky wooden apple.

Cost is \$3.50. Participants should bring a 1/2-inch artist brush and tacky glue. All other materials will be provided. The class is limited to 36 people and advance registration is required.

To receive a membership application and obtain reservation information for activities and trips, call Helen Jung or Sue Neuschel at 297-2510 ext. 240 or 241.

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Real estate office sells coupon books for MDA

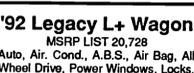
Gold C Saving Spree Coupon books are now being sold by the sales associates of ERA GROVE REAL ESTATE, said Kathleen Ricketts, Broker. The books are being sold for \$10 each and one-half of the proceeds will be donated to the

Muscular Dystrophy Association. Each Gold C book features over 600 coupons from leading merchants with hundreds of 50 percent off, 2 for 1 and other fabulous discounts. Use of one

or two coupons will defray the entire cost of the book. Contact ERA GROVE REAL ESTATE at (708) 966-7600, or stop by to pick up a book at 6441 W. Dempster, Morton Grove, in the Riverbank Plaza.

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7:00-8:30 p.m.
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Friday
October 23
7:00-8:30 p.m.
SOLUTIONS TO SCHOOL FAILURE-SUCCESS VS. FAILURE

Friday
October 30
7:00-8:30 p.m.
ATTENTION DEFICIT AND HYPERACTIVITY IN CHILDREN

Friday
November 6
7:00-8:30 p.m.
PANIC AND ANXIETY ATTACKS-YOUR CAN OVERCOME IT

Friday
November 13
7:00-8:30 p.m.
FATAL SHAME-ADOLESCENT SUICIDE

Friday
November 20
7:00-8:30 p.m.
COMPULSIVE OVER-EATING

Friday
December 4
7:00-8:30 p.m.
HOLIDAY BLUES

When it comes to understanding ourselves better, we all have something to learn. There are problems we'd like to work out, but need help knowing how. Changes we'd like to make, but can't.

That's why Forest Hospital's Division of Community Services is offering another series of free presentations... in your communities... about these issues. They're convenient, they're informative, they're important.

Availability is limited and by reservation, so register early. Call (708) 635-4100, ext. 224 or 225 for further details.

Forest Hospital
COMMUNITY SERVICES
708/635-4100 Ext. 224

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Announce game party for seniors



Chairman Nick Costantino (center) announces that a free senior citizen game party is planned for Wednesday, Oct. 28 to be held at the House of White Eagle, 6845 Milwaukee Avenue, Niles.

Maine Township regular Democratic organization and committeeman Nicholas B. Blase (right) has sponsored and supported this event for 19 years. It is offered free to all senior citizens of Maine Township and the Village of Niles. Doors will open at 1 p.m.

Free entertainment and refreshments will be served. Also, a king and queen will be drawn to reign for the day and each will be given an award.

Tickets can be obtained at local senior citizen clubs and at 8074 N. Milwaukee Avenue. Call (708) 692-3388 for more information. Bus will provide pickups at: Huntington Senior Building at 12:15 p.m.; Niles Library at 12:20 p.m. and St. Andrew's at 12:30 p.m.

Also pictured is Veda Kauffman.

MaineStay seeks helpers in drug prevention program

For those who enjoy working with children, like clowning around and have two mornings or afternoons a month available during the school year, MaineStay Youth Services needs volunteers for its primary grade substance abuse education program.

Maine Township K.L.O.W.N. (Kids Learning Other Ways Naturally) Club program, an innovative substance abuse education and prevention program designed for grades K-3, is looking for volunteers to be clown facilitators.

Training, costumes and materials will be provided by MaineStay. For information call Angela Palmer, MaineStay program coordinator, at (708) 823-0650.

MaineStay, Maine Township's youth services department, offers youth and family counseling, provides parent education, administers a model juvenile restitution program, coordinates a drop-in center and supports local substance-abuse prevention program. For further information on MaineStay services, call (708) 823-0650.

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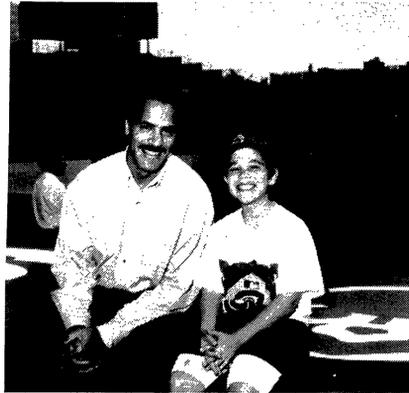
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Saturday: 9AM-6PM
Closed Sunday
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Walk, ride, roll to benefit diabetes foundation



The 14th Annual Ron Santo Walk Ride and Roll benefit for the Juvenile Diabetes Foundation will be held Sunday, Oct. 4. Sites for the benefit include the Lakefront, Lincoln Park at North Avenue; the Busse Woods Bicycle Trail, Elk Grove and the Illinois Prairie Path in Villa Park. Justin Singer (right) of Glenview joins Lester Holt, WBBM-TV news anchor and celebrity walk chairman at Wrigley Field to announce the official call for participants.

St. Francis holds infant CPR class

The infant cardiopulmonary resuscitation (CPR) class will be held at St. Francis Hospital, 355 Ridge Ave., Evanston, on October 6 at 7 p.m. The cost is \$20 for the 2-hour course, which also covers infant choking.

The class is taught by an American Heart Association Certified Instructor. Registration is limited. Call (708) 866-4532 to register.

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Registration DEADLINE Monday Oct. 5
 VOTE Tuesday Nov. 3

For Information Call David Orr, Cook County Clerk: 312/443-5157

Hear scary stories at library

The Children's Department of the Niles Public Library District will present an evening of scary stories on Thursday, Oct. 22, at 7 p.m. This free, open-to-the-public program will be blood-curdling, so it is recommended for older children and adults.

Also on that night, the winner of the "Guess-the-Weight-of-the-Pumpkin" contest will be announced. Contest rules and a giant pumpkin, courtesy of Jerry's Fruit and Garden Center, will be on display in the Children's Room in October.

For more information, stop by the Children's Department at the Niles Public Library District, located at 6960 Oakton Street, or call (708) 967-8554, ext. 30.

Traveling zoo visits library

Scales and Tales Traveling Zoo will bring an educational encounter with exotic animals to the Lincolnwood Public Library, 4000 W. Pratt Ave., 2 p.m., Sunday, Oct. 4.

Among the animals scheduled to appear are Cocoa, the spider monkey; Julius Squeezer, a snake; turtles and African hedgehogs.

Everyone will be encouraged to touch, pet and ask questions about the tame animals. The activities are supervised by professional trainers and handlers who tell vivid stories about the lives of the animals in their natural habitats. Open to Lincolnwood residents only, the program is for ages 3 and up. Tickets are required and are available free at the circulation desk. Call (708) 677-5277.

YMCA announces Membership Reciprocity Program

Beginning Sept. 1, members of the Leaning Tower YMCA will have a choice of 23 pools, 22 gyms, 43 handball/racquetball courts, 13 running tracks, Universal, Nautilus, Monarch, Eagle-Cyber and Stairmaster equipment, a rock climbing wall and an outdoor ice rink, not to mention hundreds of programs and services for families, youth, adults and seniors.

Under the YMCA of Metropolitan Chicago's new membership reciprocity program, membership at any center in the Chicago YMCA system now includes the use and basic privileges of every YMCA in the Association. This includes all YMCA's

in Chicago and many Y's in the metropolitan area, from Harvey to Downers Grove to Palatine.

In addition, the Chicago YMCA now offers a "money-back guarantee" on all programs and services. If, for any reason, a YMCA user is not completely satisfied with a program or service, he or she will be refunded the unused portion of the money paid.

For more information about YMCA of Metropolitan Chicago centers and locations, or to find out how to become a member, call the local YMCA or the YMCA corporate office at (312) 280-3400.

MG library displays collages

The work of Geneva, Illinois artist Salvador J. Ingrassia is on exhibit in the Morton Grove Public Library.

Ingrassia graduated from the Chicago Art Institute in 1958 with a degree in Surface Design. Today he works in a variety of media including pastels, collage,

acrylic paint, and monopoint. The Baxter Room exhibit features many of the colorful collage paintings on which he has been working since 1980.

A price list of displayed works is available at the library circulation desk.

Local woman makes dream a reality

The Emeritus Program for older adults at Oakton Community College is celebrating its 10th anniversary during the week of October 12-15. As part of the celebration activities, the program is recognizing several people for their roles in establishing the department for Oakton's senior-most students.

In August 1990, Northbrook resident Bea Mattenson, an older

adult herself, and a clarinet player and retired music teacher for the Chicago Board of Education, dreamed about forming an orchestra for older adults. Once retired, she began working to make her dream a reality as she recruited the musical talents of former doctors, professional musicians, teachers, and professors, some of whom have as many as 60 years of musical experience.

"After working with young people for so many years, I felt the need to work with retired persons like myself who have so much to offer, because they're often left out," Mattenson said. The Emeritus musicians are proving it's never too late to pursue dreams.

Now in its third season, the orchestra is comprised of 43 members who range in age from 35 to 86, and represent almost every instrument in the strings, woodwinds, brass, and percussion families. The orchestra continues to thrive, thanks in great part to the continuing efforts of Mattenson, who feels she's playing better than ever. "I'm over 70, and I still like to think of myself as young," she said.

Mattenson continued, "The Emeritus Chamber Orchestra has brought glamour to the college," and a bit of prestige as well. The conductor is Milton Preves, the retired principal violist of the world-renowned Chicago Symphony Orchestra, who brings more than 52 years of professional experience to his position. Lured out of retirement three years ago to conduct the orchestra, Preves now holds weekly string workshops in addition to full-orchestra workshops every Friday. The workshops are scheduled from 9 a.m. to noon every Friday in the assembly hall at the Ray Hartstein Campus, 7701 N. Lincoln Avenue in Skokie, and are open to the public free of charge.

As it celebrates its 10th anniversary, the Emeritus Program re-dedicates itself to working with people over 50 years of age who want to find new and productive challenges to continue learning throughout their lives. The anniversary week celebration will include events each day, including speakers and activities on many topics. Further information is available from the Office of Older Adults at (708) 635-1414.

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Peaches , irregular pieces, light syrup, 29 oz. 79¢	Chunk Light Tuna oil or water pack 6.125 oz. 49¢	Pre-Creamed Shortening 42 oz. 89¢
Extra Wide Noodles 12 oz. 49¢	Flour 5 lbs. 59¢	Corn Oil , 32 oz. \$1.29
Spaghetti Sauce 32 oz. 79¢	Buttermilk Pancake Mix 32 oz. 79¢	Corn Flakes 18 oz. 89¢
Thin Spaghetti , 2 lbs. 79¢	Premium White Bread 20 oz. loaf 25¢	Equal Sweetener , 50 ct. \$1.99
Orange Juice grade A fancy unsweetened 46 oz. 99¢	Premium Margarine , qtrs., 16 oz. 29¢	Cheese Spread 2 lb. loaf \$2.69
Grapefruit Juice unsweetened, grade A fancy, 46 oz. 99¢	Premium Coffee all purpose grind brick pack 26 oz. \$1.99	Colby or Cheddar Cheese , 10 oz. \$1.29
Premium Sliced Bacon 16 oz. 89¢	Premium Coffee , all purpose grind, 39 oz. can \$2.99	Potatoes U.S. #1 grade 10 lb. bag \$1.29
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Stalking

An 18-year-old Des Plaines woman, who works as a waitress in a Niles restaurant complained her former boyfriend, a Park Ridge man, 19, has followed and harassed her for a month. She said he visits her place of employment, grabs her and insists she sit and talk with him. She said he makes indirect threats to her, such as "you're going to pay for this," or if he has anything to do with it, "you're not going to be successful in life."

Retail thefts

Security agents for J. C. Penney, Golf Mill stopped a Chicago woman, 49, Sept. 25 after she took four costume rings and left the store without paying. Police charged the woman with retail theft, placed her on \$1,000 bond and set a court date of Oct. 15 for the \$60 theft.

After store agents for a discount store in the 8500 block of Golf Road, Niles, saw an Evanson man 25, take miscellaneous video games, tapes and hand tools with a total value of \$127, then attempt to leave without paying, they stopped him. Police charged him with retail theft, placed him on \$1,000 bond and set Oct. 15 as a court date.

The evening of Sept. 23, when a security agent for Montgomery Ward's, Village Crossing, stopped a Chicago man, 35, for taking a pair of shoes, the man admitted the shoes he had on were also taken, two days before.

For taking the merchandise valued at \$65, police charged the man with retail theft, gave him a November 11 court date and released him on a recognizance bond of \$1,000.

Battery

After a 21-year-old woman and her former boyfriend argued at the woman's Niles apartment, the woman drove to the parking lot of a fast food restaurant in the 9600 block of Milwaukee Avenue, Niles. The ex-boyfriend, 22, of Park City, Ill., followed her there and the argument continued, with the boyfriend punching the woman about the head. She sustained a bump and contusion to her forehead.

Swerving car crunches building supports

The driver of a 1978 Cadillac, a Buffalo Grove man, 64, told police he was turning to avoid a pedestrian when his car struck three brick building supports in the front of a K-Mart, 8650 Dempster Street, Niles, the afternoon of Sept. 26.

Witnesses said no pedestrians were in the area at the time of the incident, in which \$2,000 in damages was done to the building.

There were no injuries, but the Niles Fire Department aided in opening the car's damaged door.

Armed robbery

A Niles student, 17, told police as he left a grocery store at 8203 Golf Road, Niles, about 9 a.m. Sept. 21, two men pulled up beside him in a red over grey, late 80s Chevrolet Cavalier. One man got out, threatened the youth with a black revolver and said, "Give me your watch." The youth handed over his gold, \$400 watch, the man re-entered the car, which was driven by another man, and fled onto eastbound Golf Road.

Offender and victim both charged in Niles bar fracas

The night of Sept. 26, in a bar in the 9000 block of Milwaukee Avenue, Niles, a Niles man, 20, had a disagreement with a Park Ridge man, 21, and as he walked past him at the bar, the Park Ridge man struck him in the face with a beer bottle, cutting his cheek.

Police arrested the Park Ridge man, charging him with battery, placing him on a \$1,000 recognizance bond and setting a November 12 court date. Paramedics took the Niles man to Lutheran General Hospital, Park Ridge for treatment, but while there, it was discovered he was underage to be at a bar and he had used a fraudulent state ID card to enter it. Police charged him with possession of a fraudulent ID card, set his recognizance bond at \$1,000 and gave him a November 12 court date.

Mislead property theft

A Skokie man, 21, reported he forgot his bank card after using it at an automated teller machine at a grocery in the 7800 block of Waukegan Road, Niles, the night of Sept. 9. Subsequently, an unknown offender used the card to withdraw \$100 from his account.

Thieves distract card shop clerk; flee with gold pens

A clerk at a Golf Mill card shop said two men entered the shop the evening of Sept. 23 and while one distracted her, the other took several gold writing pens valued at \$250. Both men fled without paying.

Battery

The driver of a late model Ford van apparently became incensed when another driver asked "what are you doing?" as he backed his van close to the other drivers car near Ozanam and Dempster Streets, Niles, the evening of Sept. 23. The questioning car driver, a Niles resident, 17, said the van driver jumped out of his vehicle, tried to pull him out of his car by his shirt, then left the scene.

Traffic, investigation of burglary tools

Seeing a car near Milwaukee Avenue and Jonquil Terrace without a front license plate early Sept. 25, a Niles officer initiated a traffic stop. A computer check determined the driver, a Niles resident, 20, had a police record.

When questioning him about his additional lack of insurance, the officer saw large lock cutters and pry bars in the car. The man's two companions, ages 20 and 21, also had police records and the 21 year old was on parole, but no charges were pending against them.

They were then taken to the station and eventually released. The driver was processed, charged with lacking a front license plate and failure to carry proof of insurance. He was placed on a \$2,000 recognizance bond and the burglary tools were inventoried.

Fabric store theft

The assistant manager of a fabric shop in the 8400 block of Golf Road, Niles, reported persons unknown entered her office and took \$150 from her purse the afternoon of Sept. 24.

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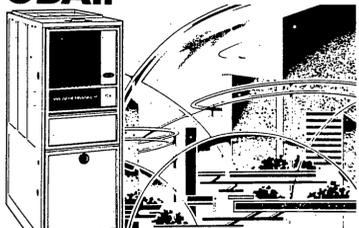
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Kustra urges disability awareness

October is National Disability Employment Awareness Month and in addition to reminding employers that people with disabilities make good employees, Lieutenant Governor Bob Kustra is encouraging all Illinoisans to take note of the many great societal contributions made by people with disabilities.

"All too often people overlook the roles people with disabilities have played in the enrichment of all our lives. They are surprised when they learn that famous activists, artists, writers and scientists were also people with disabilities," said Lieutenant Governor Kustra. "They don't realize that inventors Thomas Edison and Alexander Graham Bell were both hard-of-hearing or that authors Sylvia Plath and Virginia Wolff both had forms of mental illness.

"Since the passage of the Americans with Disabilities Act (ADA), interest in and awareness of people with disabilities has been on the increase. By making the general public aware of the benefits and enjoyment derived from the talents of people with disabilities, I hope they will better accept all people with disabilities. At the same time I hope it will remind employers that their talents and skills can be limitless," added Kustra.

In conjunction with both Disability Employment Awareness Month and Kustra's call for awareness and recognition, the Department of Rehabilitation

Services (DORS) has developed a disability awareness puzzle. The puzzle is an acronym, giving people clues to the names of fifteen famous people with disabilities. The puzzle comes complete with answers and an additional awareness list of more than one hundred noted individuals with disabilities.

The puzzle, its answers and the additional awareness list are available, free of charge, to all interested groups and individuals. For a copy, contact DORS' Disabled Individuals Assistance Line at 1 (800) 233-DIAL (V/TDD/TT).

Oakton to host debate

The Oakton Community College Political Science Club is sponsoring a debate between incumbents State Senator Roger Keats, R-Glencoe, and State Representative Grace Mary Stern, D-Highland Park, from 11:30 a.m. to 12:30 p.m. on Friday, Oct. 2, in Room 1540 at Oakton Community College, 1600 E. Golf Road, in Des Plaines.

Both Keats and Stern are running for a seat on the New Illinois Senate District 29. The district boundaries extend through north Evanston, Glencoe, west to Northbrook, Glenview and a very small part of Highland Park.

Admission is free. For additional information, call the student activities office at (708) 635-1699.

Management association endorses Butler

Sen. Marty Butler of Park Ridge, Republican candidate for the Illinois Senate from the 28th District, has received the endorsement of a statewide business organization for his legislative efforts to improve business and employment in Illinois.

Jay Shattuck, of the Management Association of Illinois (MAI) said the membership is backing Butler "because of his commitment to protect and enhance Illinois' job climate."

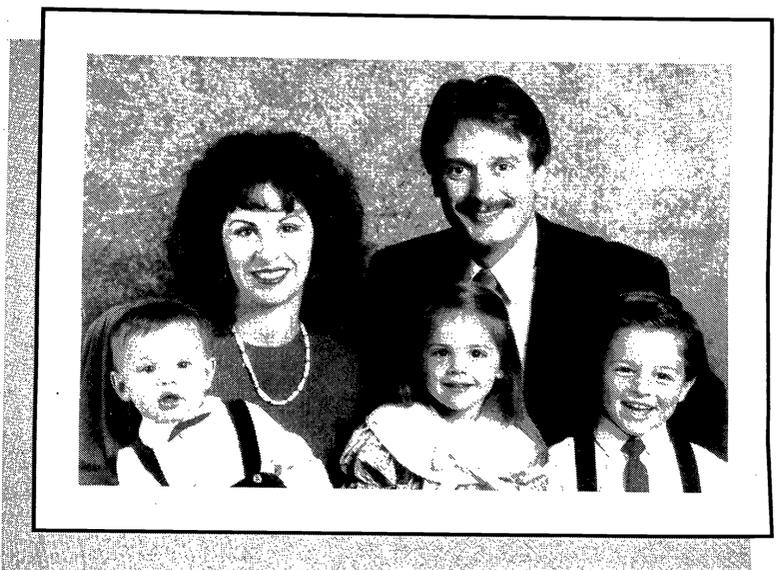
MAI based its endorsement on Butler's votes on seven key business/jobs issues. The MAI monitored all legislators' votes on a variety of business legislation, including unemployment insurance, prevailing wage, striker replacement and workplace mandates.

McGing sets benefit dance

A benefit dance for State Senate candidate James M. McGing will be held Saturday, Oct. 3, at St. Juliana's Church, 7400 W. Touhy in Chicago. The dance, which will run from 8 p.m. to midnight, will feature music by Johnny Gleason.

For further information call McGing for State Senate campaign headquarters at (312) 763-1992.

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Church & Temple News

Sts. Peter, Paul hold dinner dance

The Saints Peter and Paul Greek Orthodox Church of Glenview will hold its annual dinner dance, "City Lights, Autumn Nights" on October 17. This year's fundraising event will be held at Hotel Nikko-Chicago. The fellowship hour will begin at 6:30 p.m. with dinner at 7:30 p.m.

The evening's entertainment will be provided by the Linardakis Greek and American Band. Also, the evening will include awarding of prizes. Among the prizes is two round trip tickets to Greece on United Airlines. For further information, contact chairperson, Mrs. Julie Karagiannis, (708) 564-3037. Reservations chairperson is Mrs. Denise Georgis, (708) 291-2265.

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Self-help series holds anniversary session

The 75th anniversary session of "Repair My House," a popular series of free self-help seminars offered by Forest Hospital and St. Peter's Church, will highlight a 10-week program which will run through November 25.

The anniversary session, held September 30, focused on ways to improve one's personal well-being with suggestions from the life of St. Francis of Assisi. "We felt it was appropriate to incorporate some of St. Francis' teachings into our 75th anniversary session because his beliefs are extremely relevant today," said Dr. Jerry Hiller, a clinical psychologist who heads up the Forest Hospital Department of Behavioral Medicine and Health Psychology. "What's more, St. Peter's Church is served by the Franciscan Order, which was founded by St. Francis."

Dr. Hiller, who leads the seminars with Marilyn Rochon, a psychotherapist and faculty member of De Paul University's School For New Learning, added that St. Peter's Church will honor St. Francis on October 4, the saint's feast day.

The seminars -- free and open to the public -- run from 12:10 to 12:55 p.m. and are held in the lower level of St. Peter's, 110 W. Madison St., in Chicago's Loop.

Since "Repair My House" originated last summer, more than 6,100 people have taken advantage of the seminars, which are designed to provide "living skills" to help people cope with everyday problems.

The following topics will be

Florin R. Deian

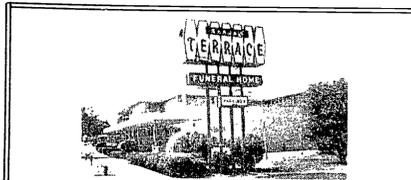
Pvt. Florin R. Deian, son of Geniv and Maria Deian of Skokie, recently completed the Automotive Organizational Maintenance Course at Marine Corps Base, Camp Lejeune, NC.

The 1970 graduate of Niles North High School joined the Marine Corps in November 1991.

John G. Olshock

Navy Seaman Recruit John G. Olshock, son of Margaret J. Olshock of Skokie recently completed basic training at Recruit Training Center, Great Lakes, IL.

The 1978 graduate of Niles East High School joined the Navy in May 1992.



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addressed during the upcoming series:

October 7, "Self-Esteem and Risk-Taking"

October 14, "Managing Worrying During Difficult Times" (Part One)

October 21, "Managing Worrying During Difficult Times" (Part Two)

October 28, "Doing It Now -- Overcoming Procrastination" (Led by Alan Weintraub, a licensed social worker and director of Forest Hospital's Outpatient Services)

November 4, "Self-Esteem and Coping With Our Stage of Adult Development"

November 11, "Challenges Facing 'Ordinary Men'"

November 18, "Being Alone/

Lonely in a Big City"

November 25, "Making This Holiday Less Stressful and More Enjoyable"

For more information on the series, call Mary Faso, program coordinator at St. Peter's Church, (312) 853-2411.

Serving the northwest suburbs for more than 35 years, Forest Hospital is a fully accredited, 170-bed private psychiatric facility offering treatment programs for children, adolescents and adults suffering from mental or emotional disorders. The hospital also offers comprehensive programs for eating disorders, dual diagnosis, substance abuse and partial hospitalization, as well as a range of outpatient programs.

JUF conducts mission to Israel

The Jewish United Fund will conduct a special mission to Israel, February 7-14, 1993, focusing on the rescue and resettlement of Soviet and Ethiopian Jewish refugees. Mission briefings are now being held throughout the Chicago area. For further information contact Susie Spier, JUF Director of Missions at (312) 444-2909.

Mission itinerary includes meeting refugees as they arrive in Israel, visits to the homes and classrooms of recently arrived refugees, and meeting with high-level Israeli government and resettlement officials, plus a broad range of visits to more typical Israeli tourist sites.

OBITUARIES

Anna K. Krzywonos

Anna K. Krzywonos, (nee Sodej), 73, formerly of Niles, died on Sept. 17 at Springhill Regional, Springhill, FL. Mrs. Krzywonos was born May 10, 1919 in Poland. She was the wife of Valentine Krzywonos, mother of Richard J. Krzywonos and Mary Broecker, grandmother of 2. Funeral services were held Sept. 25 at Maryhill Cemetery. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

Helen S. Machaj

Helen S. Machaj, (nee Wojciechowski), 78, of Niles, died on Sept. 18 at Lutheran General Hospital. Mrs. Machaj was born Nov. 14, 1913 in Chicago. She was the wife of Raymond Machaj, mother of Ronald (Virginia) Machaj, Barbara (Jack) Cavallenes and Daniel (Pamela) Machaj. Grandmother of 12 and great-grandmother of 4. Funeral services were held Sept. 21 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

Bernice Koniecki

Bernice Koniecki, (nee Dabrowski), 74, of Niles, died on Sept. 19. Mrs. Koniecki was born Oct. 25, 1917 in Chicago. She was the mother of Karen (Stan) Loerzel, Beverly (Ron) Ivanowski and Greg (Pat) Koniecki. Sister of Matt Dabrowski and Josephine Majka, grandmother of 4. Funeral services were held Sept. 21 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

Church & Temple News

Jerusalem Lutheran celebrates 90th anniversary

Jerusalem Evangelical Lutheran Church, the first church in Morton Grove, is celebrating its 90th birthday the month of October. The congregation, which consists of nearly 600 members today, was founded on July 5, 1902, when nine men met in the old village municipal building to organize "Die Evangelische Lutherische Jerusalem Gemeinde". Today the congregation has members with ethnic origins in Japan, India, Yugoslavia, Italy and many other places around the world.

The congregation has had only five pastors in 90 years, two of which are serving today. The small group was served originally on a part time basis by pastors

Church sponsors October Fest

The First Congregational Church of Forest Glen, U.C.C., 5400 N. Lawler Avenue, Chicago, (corner of Lawler and Catalpa) is having an "October Fest Dinner" Friday, Oct. 9, from 5 p.m. to 7 p.m. The menu will feature pork roast, German potato salad, sauerkraut and applesauce.

Donation for adults is \$6.50, for children, \$3. Make reservations by Oct. 5 only, by calling the church (312) 777-4277 and leave the name and how many will attend.

Congregation sets worship services

Congregation B'nai Jehoshua Beth Elohim, 901 Milwaukee Ave., Glenview, (708) 729-7575 and Rabbis Mark S. Shapiro and David B. Fine will hold Shabbat Shuva worship Friday at 8:30 p.m.; Erev Yom Kippur-Kol Nidre Tuesday at 6:30 p.m. and 9:30 p.m.; Yom Kippur services Wednesday at 9 a.m. and noon, children's service 2:45 p.m. Afternoon Yiskor-Neilah 4:45 p.m.

OLR offers Bible study

This fall the Little Rock Bible Study Program will be offered at Our Lady of Ransom Catholic Church. The program will focus on the Gospel According to John. Sessions are now under way and are held in the OLR Ministry Center, 8624 W. Normal, Niles, on Tuesday mornings at 9 a.m.

The program includes personal study, small group discussions, and prayer. Each participant receives a Bible Commentary and Study Book. The public is welcome.

Register by calling the Ministry Center at (708) 823-2550.

Congregation sets services

Congregation B'nai Zion, Jewish Conservation, 1447 W. Pratt Blvd., holds Minyan services Monday and Thursday at 7 a.m. Weekly Saturday morning services are held at 9:30 a.m. Late Friday evening services are held the first Friday each month at 8:15 p.m. preceded by Kasher dinner served at 6:30 p.m. Sunday morning services at 8:45 a.m. are followed by breakfast, program and discussion. There is a nominal donation for breakfast. For information and reservations call (312) 466-2144.

from St. Paul Lutheran in Skokie and St. Matthew in Niles. In 1904, Pastor Theodore Thurrow was installed as the first resident pastor. He served until 1904, and was followed by Pastor Otto Heidtke, who served until 1954. Pastor George Boldt served from 1954-1983, when Pastor Dennis Kleist was called as pastor. Finally, Rev. Steven Radunzel joined Rev. Kleist in 1990 on the pastoral staff.

After two unsuccessful attempts, the congregation established a Lutheran Elementary School in 1906. Pastor Heidtke taught all eight grades. The school continues today, although it was suspended during the Depression.

As the area changed and grew, so did the congregation. One of the two services each Sunday was held in German until 1952. An addition was built to the school, and in 1963 the original church structure was razed to make way for the present sanctuary.

Presently the congregation car-

ries on a variety of ministries, many particularly for the benefit of children. In 1985, the services of Wisconsin Lutheran Child and Family Services, a counseling, adoptive, educational agency were added. In 1990 a second pastoral staff position was added for Christian counseling and family nurture. The second pastor also carries on a student ministry on the Northwestern University campus. In 1992, in response to the need for quality early childhood education, the congregation began Precious Child Early Learning Center.

In addition, there are the many Bible studies and fellowship groups which maintain the feeling of family even in a larger congregation.

When asked what the future held for his congregation after these 90 years, Rev. Kleist responded, "we'll let God hold the future, right now God asks us to care for his people, body and soul, and we just want to do that faithfully in every way we can."

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Health News

Technologist recognized



Elk Grove resident Dave Manning (right) radiology special procedures technologist, has been awarded Holy Family Hospital's Sister Theresine Award. Kenneth Maier, MD, director of radiology at Holy Family, presented the award.

Manning is the eighteenth recipient of the Sister Theresine award, which is given annually to an outstanding employee in Holy Family Hospital's radiology department.

Manning received a check for \$150 and his name was engraved on a plaque which hangs in the radiology department.

Doctors schedule evening, weekend hours

For the growing number of women choosing to work through their childbearing years and busy women who are at home with young children, it's become quite a challenge to fit in a visit to the doctor. In order to meet the needs of women's demanding lifestyles, three physicians on the professional staff of the Evanston and Glenbrook Hospitals have opened the NorthShore Obstetrics/Gynecology Practice which offers evening and weekend hours for appointments.

"Our main priority in planning our practice is availability," says Cheryl Niehaus, M.D., one of three doctors who will participate in the group. Niehaus has teamed up with Marion Jelcz, M.D. and Brian P. Foley, M.D. They will work out of two offices, one in Glenview and one in Mt. Prospect.

The Glenview office will offer evening and weekend hours, as follows:

Monday and Wednesday from 9 a.m. to 7 p.m.; Tuesday and Thursday from 9 a.m. to 5 p.m.; Friday from 9 a.m. to 3 p.m. and Saturday from 9 a.m. to noon.

In addition, the Mt. Prospect office will be open for appointments on Monday from 1 to 5 p.m. and Friday from 10 a.m. to 2 p.m.

Dr. Niehaus of Evanston graduated from the University of Iowa College of Medicine and completed her residency at Loyola University Medical Center.

Marion Jelcz, M.D., of Lincolnwood graduated from Loyola University, Stritch School of Medicine, and completed his residency at Loyola University Medical Center. Dr. Jelcz is interested in stressing the overall care for post-menopausal women.

For more information about the NorthShore Obstetrics/Gynecology Practice, call (708) 486-8100.

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Discuss cause of dizziness

"Physical Therapy for Balance Problems" will be the topic for the next meeting of a support group for people with vestibular disorders and their families.

The group will meet Wednesday, Oct. 7, from 6 p.m. to 7:30 p.m. in the second floor Heyworth Room of the Rehabilitation Institute of Chicago, 345 E. Superior Street. Free parking is available.

This is the sixth of eight monthly sessions that will help people understand what causes dizziness and how they can cope with the problem. The series is sponsored by the Rehabilitation Institute of Chicago and the Northwestern University Medical School.

For more information, call Lyn Lottes at (312) 908-6171.

Course aims at staffing issues

The Continuing Education for Health Professionals Program at Oakton Community College/MONNACEP offers a new course, Resolving Staffing Issues in Long-Term Care on Wednesday, Oct. 21, from 8:30 a.m. to 4:30 p.m. The Holiday Inn-Crowne Plaza, 2855 N. Milwaukee Ave., Northbrook.

This session focuses on creative recruitment and retention strategies for the long-term care industry. The impact of diminished manpower and financial resources, coupled with strict federal and state regulations, are examined. Nursing home administrators, directors of nurses, and human resource managers can benefit from this program. The course fee is \$50 and includes lunch.

For the program, registered nurses receive 7.5 contact hours, and nursing home administrators earn six clock hours. Oakton Community College/MONNACEP is accredited as a provider of continuing education in nursing by the American Nurses' Association Board on Accreditation. It is also approved as a sponsor of continuing education in the 1992-93 renewal period by the Nursing Home Administrators' Licensing Board of the State of Illinois, Department of Professional Regulation.

For more information, call (708) 635-1794.

SCH offers dental screening

The Swedish Covenant Hospital Service is offering a free dental screening from 9 a.m. to noon Thursday, Oct. 29, in its offices in the Anderson Pavilion, 2751 W. Winona.

The screening is open to persons of all ages. Appointments are needed and may be made by calling 878-8200, X5500.

Name nursing administrator

Patricia A. Tiernan was appointed Administrator of Resurrection Nursing Pavilion, 1001 N. Greenwood Ave., Park Ridge.

"Tiernan's management expertise and extensive background in long-term care will assure the continuation of our tradition of excellent care designed to enhance the dignity and autonomy of each resident," said Sr. Bonaventure, C.R., President of Resurrection Health Care Corporation, in announcing the appointment. The 295-bed skilled nursing facility has been owned and operated by the Sisters of the Resurrection since 1980.

Tiernan has more than 20 years of experience in planning, developing and administering health care programs for the elderly.

Tiernan is a member of the Board of Directors of the national Conference of Catholic Charities.



Patricia Tiernan

She also serves on its Commission on Aging.

Schedule depression screenings

Forest Hospital will participate in a national depression screening effort on Thursday, Oct. 8. Free confidential screenings will be provided on that day from 2 to 4 p.m. and again from 6 to 8:30 p.m. at the hospital, 555 Wilson Lane, Des Plaines.

In conjunction with the screening, Forest also has scheduled a follow-up, community education seminar on depression. This program, which also is offered free of charge, will be presented at the hospital at 7 p.m. Monday, Oct. 12.

National Depression Screening Day was instituted last year to heighten public awareness about depression and to aid the thousands of people who may be needlessly enduring its effects.

The project, which takes place during Mental Health Awareness Week, is co-sponsored by the American Psychiatric Association, McLean Hospital of Harvard Medical School and the National Depressive and Manic-Depressive Association, in cooperation with participating hospitals throughout the country.

Unlike a brief bout of the "blues" that most people are likely to experience now and then, those suffering from depression have feelings of isolation, futility and hopelessness. Lasting for an extended period of time, these emotions impair the ability to function.

Other symptoms of depression include:

- Change in appetite
- Sleeping too much or too little
- Inability to concentrate
- Lack of enjoyment in usual activities
- Lack of self-esteem
- Fatigue
- Persistent physical ailments with no medical correlation
- Thoughts of suicide or attempts to suicide

For further information or to register for either the screening or the community education program, call the Forest Hospital Outpatient Department, (708) 635-4100, ext. 224 or 225.

800 number to give memorial donations for cancer research

With a growing number of calls from contributors wishing to remember loved ones lost to cancer, the American Institute for Cancer Research has set up a toll-free Memorial Gift Phone Line, 1 (800) 843-8114. Families and friends can now easily reach AICR's memorial program representatives, who - within twenty-four hours - will send a letter acknowledging their gift to the family of the deceased. Memorial gifts may be charged to a major credit card.

Researchers estimate that 40 to 60 percent of all cancers are directly linked to diet, making research on cancer prevention and treatment through nutrition a vital area of medical research.

AICR is the only national cancer organization that focuses exclusively on the link between diet and cancer, funding cancer research projects and educating consumers about dietary guidelines to reduce their cancer risk. AICR's research and education programs are made possible by more than 4 million individual supporters nationwide.

Memorial gifts for cancer research may also be made by sending a check and the appropriate information to the American Institute for Cancer Research, Memorial Gifts, 1759 R Street NW, Washington, D.C. 20009.

Anxiety support group sets monthly meetings

An anxiety and panic support group called A.I.M. (Agoraphobics in Motion) will meet every Monday at 7 p.m. at Holy Communion Church, 3010 N. Lavergne, Chicago.

For more information call (708) 636-6243 or (708) 425-4597, or the hotline (708) 499-6623.

Low Back Pain a Universal Problem

by
Dr. Nancy E. Bayer



Osteoarthritis is commonly considered a "wear-and-tear" process and is associated with degenerative changes in the disc, which results in an altered relationship (derangement) between adjacent vertebrae. This derangement causes an increased strain, as well as a loss of motion of the gliding joints of the spine. These gliding joints (facets) are found in pairs, along the entire spine, and their function is to allow for movement and flexibility of the spine. When these facet joints are subjected to repeated trauma from excessive strenuous athletic activities, heredity, weak abdominal muscles, and the inevitable aging process, low back and/or leg pain is commonly experienced.

Degenerative changes in the disc or an altered function in the facet joints, for whatever reason, contributes significantly to the "wear-and-tear" process, placing a strain upon this important area of the spine. The osteoarthritic spine becomes less flexible, and therefore becomes more vulnerable to injury. A simple unexpected or forced movement, physically heavy work, improper posture, frequent bending or lifting, all can produce strain and injury to these facet joints.

As the intervertebral disc narrows, it loses height, mobility and oftentimes forms bony spurs which may irritate the spinal nerve roots as the disc space narrows.

Specific chiropractic adjustments of the spine improve spinal mobility and unlock the facet joints helping to relieve the accompanying muscular, ligamentous, and tendon contractions, as well as the mechanical or reflex irritation of the nerve root.

To determine whether or not your low back would benefit from chiropractic care, please call Dr. Nancy E. Bayer at Bayer Chiropractic, (708) 825-8855. Dr. Bayer's office is located at 712 W. Higgins in Park Ridge.

SYMPTOMS AND SIGNS OF AN OSTEoARTHRITIC SPINE

- Limited movement in low back.
- Increased pain and stiffness in morning or after sitting which improves with movement/activity.
- Tightness and cramping in buttocks and leg muscles.
- Recurrent, frequent bouts of low back and leg pain.
- Increased leg pain after walking short distances (relieved with rest).
- Other signs may be present.
- Dull, painfully stiff low backache.
- Frequent muscle spasms in low back.
- Numbness, tingling, and feeling of weakness into legs and/or toes.
- Radiating pain into buttocks, legs and feet.
- Constant painful inability to walk or move - without the use of some form of support.
- Other symptoms may be present

Cleft lip and palate support group available

Lutheran General Medical Group, S.C. announced the availability of a support group for adults and families of children with cleft lip and cleft palate at Lutheran General Hospital in Park Ridge.

Meetings are free of charge and open to parents, patients and others interested in orofacial clothing. The group will provide an opportunity for parents and their children, as well as other interested individuals, to meet on an informal basis, learn from one another, and provide mutual support. Adults with cleft lip and/or

cleft palate are encouraged to attend.

The next meeting, held every other month, has been scheduled for Monday, Nov. 23. Scott Shore, DDS, will present a program entitled, "Dental Dilemmas". Meetings are held from 7 to 9 p.m. in room 1042 West at Lutheran General Hospital, 1775 Dempster St., Park Ridge.

For information about the Cleft Lip and Palate Support Group, contact Dobby Reynolds, R.N., nurse at the Cleft Palate Clinic, at (708) 696-7705.

Hospice holds annual dinner

Hospice of the North Shore will hold its annual dinner on Thursday, Oct. 8, at the Woman's Library Club of Glenview. An annual event, the 1992 celebration includes a special presentation by Pat Taylor, member of advisory council of Hospice of the North Shore. Her topic will be Who's in charge? Empowering the Elderly. Located in Evanston, Hospice

of the North Shore is a community-based, not-for-profit hospice which provides medical care, comfort, and support to individuals and families who are dealing with the last phases of a life-threatening illness. The services provided enable families to care for their dying loved ones at home.

Health News

SCH recognizes nurse



The "Outstanding Achievement in the Profession of Nursing" award given annually by the Department of Nursing of Swedish Covenant Hospital was presented recently to Dr. Joan Zetterlund, (right) professor and former chairperson of the Nursing division at North Park College. Barbara Jones, vice president of nursing at SCH, presented Dr. Zetterlund with the award.

Oktoberfest benefits hospital unit

The Friends of the Evanston and Glenbrook Hospitals will host an Oktoberfest party on Thursday, Oct. 15, from 6 to 9 p.m. at Berghoff Brewery and Restaurant, 435 W. Ontario.

Proceeds from the event will benefit Easy Street, a rehabilitation unit to be completed at Evanston Hospital in 1993. East Street simulates Main Street USA and is designed to help rehabilitation patients re-master daily living skills such as grocery shopping, dining out, and getting in and out of a cab.

The Oktoberfest benefit will feature German food and drink, games and dancing to the tunes of the John Wagner Band. They will perform both German selections and traditional American dance music. The party will include games and a raffle, and guests will be invited to sing along with the band with the help of song sheets.

All food and drinks are included in the ticket price of \$20 in advance, and \$25 at the door. For further information, or to purchase a ticket, call (708) 570-5095.

Appoint psychologist for substance abuse center

Holy Family Hospital, located at the corners of Golf and River Roads in Des Plaines, announces the appointment of Joseph O'Donnell as licensed clinical psychologist for Holy Family Hospital's Substance Abuse Center "Keys to Recovery" program.

The Holy Family Substance Abuse Center "Keys to Recovery" program provides comprehensive substance abuse treatment for adults on an inpatient and outpatient basis. For information or a free confidential assessment, call (708) 298-4422.

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FREE DEPRESSION SCREENING

Thursday, October 8

2 p.m. to 4 p.m. and 6 p.m. to 8:30 p.m.

The free depression screenings will be offered at Forest Hospital as a public service as part of a national depression screening effort, co-sponsored by the American Psychiatric Association. Screenings assure anonymity. To register or for more information call The Forest Hospital Outpatient Department 708-635-4100, ext. 224 or 225

Forest Hospital
COMMUNITY SERVICES

708/635-4100 Ext. 224

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Fitness program..

Continued from MG Page 1
 activities that they enjoy, rewards them for good fitness behavior and shows them how to carry these lessons into adulthood."
 The Prudential FITNESSGRAM Program works as follows: after completing a multi-week conditioning program, participating students are tested for aerobic capacity, muscle strength and flexibility, and body composition (their percentage of leanness or fatness). At the conclusion of testing, Prudential FITNESSGRAM software, which is supplied free of charge, tabulates students' performances and prints out personalized "FITNESSGRAM" report cards that compare individual results to established health fitness standards. The FITNESSGRAMS also provide general recommendations for improvement based on individual test results, a message to parents explaining the program, and instructions on how students and their families can participate in a national "Fit for Life" program to maintain their good fitness levels.

The Cooper Institute for Aerobics Research is an internationally-recognized non-profit physical fitness research and education center based in Dallas, TX. It was founded in 1970 by Dr. Kenneth H. Cooper, the "Father" of modern aerobics and author of eleven books, including the best-selling *Kid Fitness*. The Cooper Institute is dedicated to advancing the understanding of the relationship between living habits and health and has served as a consultant on health and fitness to schools, corporations and agencies in all 50 states, as well as in Germany, Italy, Finland, Poland, Brazil, and the former Soviet Union.

Pending ordinance...

Continued from Page 1
 solicitor to leave the property. If a solicitor refuses to leave the property or is using strong arm or high pressure sales techniques, call the police and they will assist residents in removing the solicitor from the property. Under no circumstances should a resident let unknown people in their home; talk to them through a locked or closed door but do not open the door or let them inside the home.
 There have been some real horror stories over the years about people letting strangers into their homes under different pretexts. The Niles police have been lucky through the years in that they have not had more crimes committed due to people letting strangers into their homes for one reason or another.

There are certainly many legitimate charitable organizations, especially those locally, that deserve consideration, but the police are reminding residents to be careful.

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Legislators...

Continued from Page 1

Central Municipal Conference and the South Suburban Mayors and Managers Association. Rita Athas, Executive Director of NWMC, said Sept. 29, "The mayors feel strongly (about the various bills); it will put (legislators) on notice (we're) watching."
 The legislators, honored at a Sept. 13 meeting, were graded in reference to seven House bills and five Senate bills, most of them dealing with preempting home rule rights, state mandates without funding, revenue raiding, and fire and police pensions. Representatives were graded against a higher number of bills since more of the bills originate in the House than the Senate, Athas said.

The NWMC has held a series of luncheons for state legislators to acquaint them with suburban needs. This is the first year for the legislative report cards and SMAC will probably get more refined in its grading as it progresses, Athas said.

Commenting on his selection, Representative Capparella said "I'll always vote for the constituents before I do anything else."

Senator Butler remarked "It's obvious municipalities have been almost victims of legislation for quite a while because of all the State mandates. When I became Senator 22 months ago, (I determined) to make sure they either funded or totally justified mandates (which school districts and municipalities) don't need and can't afford."

Referring to revenue raiding, Butler said he tried to work out a program so towns would get their due share of state sales and income taxes. In the end, he indicated, the towns at least got some of the monies.

Communities are being forced to tighten their belts, as the State has, Butler said. He foresees the State being "almost a billion dollars in the hole by the end of the fiscal year, unless a miracle happens with the economy."

Candy Day...

Continued from Page 1

afford. These state-wide services include: Camp Lions For the Sight and Hearing Impaired; Mobile Hearing and Glaucoma Screening Units; Eye Donor Registry; and support of the Eye Research Institute at the University of Illinois Circle Campus.

Niles Lion President Walter Bousse has urged all his members to redouble their past efforts and make this candy day the most successful yet. The Niles Lions asks the cooperation of the general public to assist them in providing these services to the community.



Oak School...

Continued from Page 1

report said "Due to the age of the building and cost, it becomes an undue hardship and financial burden for the Village to make the building accessible."
 "really hard," she indicated. Grabow said as recently as a few days ago, the only information she could get from the Village was "nothing has been decided." She said "We enjoyed being here, got along well with the neighbors (and) we're here 10 hours a day!"

The Oak School property is in an area zoned R-2 residential. It backs up to Oak School Park at Ottawa Avenue and Lee Street, which is Niles Park District land. Village properties were recently surveyed for compliance with the Americans With Disabilities Act. Regarding Oak School, the

Armenians set cotillion

The Chicago Armenian General Benevolent Union (A.G.B.U.) announces the 10th Cotillion Ball on Saturday, Nov. 28, 1992. This event will be held in the Grand Ballroom of the Hilton and Towers in Chicago. Tickets for the evening of dinner and dancing are \$75 per person.

A portion of the proceeds will assist educational and cultural enrichment programs at the Chicago A.G.B.U. Center, located in Chicago. Music will be provided by Allan Kaye and his orchestra.

For ticket information, contact Christine Aznavourian (708) 304-1709 or Anahis Hartz (708) 658-6531.

Main Township hosts seminar on Disabilities Laws

Employers are invited to register for a free seminar at Maine Township Thursday, Oct. 29, on the legal requirements of the Americans With Disabilities Act (ADA), the Illinois Human Rights Act, and the Illinois Environmental Barriers Act. The program will be held from 10 a.m. to noon in the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge.

Guest speaker Linda Hoke of the Legal Center for Disability Rights, a project of the Council for Disability Rights, will discuss the laws and their applications. She will be joined by other experts who can help employers identify which federal or state laws apply to the following areas: Employment, zoning, architectural barriers, construction, public and private facilities, and other legal requirements.

Space is limited and early registration is required. Please contact Donna Anderson, Maine Township Disabled Services Coordinator, at (708) 297-2510, ext. 229.

Emilia Nanstiel

Marine Sgt. Emilia Nanstiel, whose husband, Ronald, is the son of Norman P. and Betty A. Nanstiel of Des Plaines, recently returned with Marine Fighter Attack Squadron 235, 1st Marine Expeditionary Brigade, Marine Corps Air Station, Kaneohe Bay, HI, following a one-month training exercise at Marine Corps Air Ground Combat Center, Twenty-nine Plains, CA. Nanstiel's squadron flies the F/A18C Hornet which is a single-seat fighter attack aircraft equipped with thermal imaging navigation and a night vision system. She joined the Marine Corps in October 1982.

Consumers Week theme is buy wise

October 25-31 has been designated National Consumers Week. The theme of this year's observance is "Operation Wise Buy" which underscores the power and responsibility of consumers to make wise choices among marketplace offers and alternatives.

Consumer Credit Counseling Service of Evanston and Skokie Valley, a program of Family Counseling Service, provides consumer education, budget counseling for individuals and families, and debt management services.

During National Consumer Week, CCCS would like to promote the responsible use of credit by all consumers. Purchases, other

than emergencies, should be delayed until the balance can be in full. All credit card balances should be paid in full each month or else the consumer ends up paying high interest rates.

The numbers are surprising. A balance of \$4,000 on a credit card, paying the suggested minimum of 3% a month at 19% interest, will take 13 years to pay off. Interest of \$3,900 will be paid in addition to the \$4,000 principle.

For information or assistance in managing debts or figuring out a budget, call Consumer Credit Counseling Service of Evanston and Skokie Valley, a not-for-profit United Way sponsored agency, at (708) 676-2404.

Historian addresses art club

The American Jewish Art Club, one of the nation's oldest and most prestigious art organizations, held its recent meeting at the home of Chicago artist, Molly Schiff. Program Speaker and presenter was Dr. Susan Weinger, professor of Art History at Roosevelt University, who recently curated the art show entitled, "Thinking Modern: Painting in Chicago 1910-40", at the Block Gallery of Northwestern University, Evanston Campus.

material and cultural wealth during the early part of the 20th Century, Dr. Weinger narrated a slide presentation from the exhibition. She stressed the influence of ethnic cultures as well as geographic influences. She also pointed out the artist's search and description of the "American Roots".

The American Jewish Art Club (AJA Club) is comprised of over 70 active artists.

Artists interested in membership, contact Dee Stein, (708) 675-5394.

Sukkah on display at Botanic Garden

A Sukkah will be on display at the Chicago Botanic Garden Oct. 9 through Oct. 20 in celebration of the Jewish harvest festival of Sukkot. The Sukkah will be constructed by members of the National Council of Jewish Women, North Shore Section. Visitors to the Botanic Garden will be able to help decorate the Sukkah on Friday, Oct. 9.

A temporary structure, a Sukkah is open on three sides and has an open roof allowing the sky to be seen at all times. It is constructed with boards or cloths covered with green twigs and branches. The inside is decorated with fruits and vegetables.

The festival of Sukkot has both agricultural and historical ori-

gins. It reminds the Jewish people of how their forefathers crossed a desert for 40 years with only such frail booths and faith in God to protect them. The holiday is also a time of thanksgiving for a fruitful harvest.

The Chicago Botanic Garden is located on Lake-Cook Road in Glencoe, one-half mile east of the Edens Expressway. The Botanic Garden is open every day except Christmas from 8 a.m. until sunset. Admission is free; parking is \$4 per car. The 300-acre facility is owned by the Forest Preserve District of Cook County and managed by the Chicago Horticultural Society. For additional information, call (708) 835-5440.

La Rabida seeks volunteers for child life program

La Rabida Children's Hospital and Research Center is looking for daytime volunteers to work in the child life department. The child life department provides activities that help patients adjust to and understand their hospitalization and medical care. Volunteers are needed to help the child life staff from 9 to 11 a.m. and 2 to 4 p.m.

Child life activities take place in La Rabida's new children's pavilion. In the pavilion's learning center, volunteers may work with one or two children on academic tasks such as reading assignments or geography lessons on a computer game. Child life volun-

teers also assist the staff with arts and crafts, cooking projects, games, stories and other activities. Child life volunteers work with children of all ages under the direction of a child life specialist. A teaching background is not necessary to be a child life volunteer. La Rabida volunteers are individuals with varied backgrounds, abilities, and experiences who possess patience, dedication, and enthusiasm. Those interested in becoming a child life volunteer should call Michelle Melin, coordinator, at (312) 363-6700, ext. 248.

Peter E. Gemmel

Marine Pfc. Peter E. Gemmel, son of David E. and Mary N. Gemmel of Park Ridge, recently reported for duty with 3rd Maintenance Battalion, 3rd Force Service Support Group, Okinawa, Japan.
 The 1991 graduate of Maine South High School joined the Marine Corps in November 1991.

SUBURBAN HOMES

A GUIDE TO HOME FURNISHINGS AND MAINTENANCE

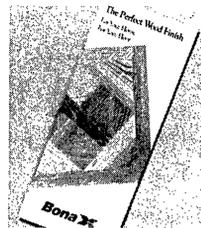
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The booklet is a guide to both new and old floors, the right stain, and the proper finish. Learn the key to easy maintenance for a hardwood floor. The booklet includes product definitions, a glossary, stain chart, and more. Bona Kemi is a leading manufacturer of hardwood floor finishes. Their specially formulated water-based products are nonyellowing, odor free, quick drying, and VOC compliant—making them the environmental choice.

To obtain a copy of the "Perfect Wood Finish" booklet, write to Bona Kemi, Dept. HIT, 14805 E. Monieriff Place, Aurora, CO 80011.

A Hardwood Floor Finish Is Everything



All hardwood floors start out pretty much the same. Strips of wood are laid down to form the floor and then stained light, dark or left natural. A finish goes over the stain for added protection. What makes them appear and respond differently is that stain and finish with which they have been treated.

The protective overcoating or finish on any floor helps keep dirt and grime from the wood. However, a really superior finish should also enhance the natural qualities of the wood and keep it looking new for years to come. In addition, the right finish can offer practical easy-care maintenance—an important criteria for today's busy lifestyles.

Choosing the right stain (color) and finish (protection) is as important a decision as choosing a floor. Always look for a waterborne finish for a hardwood floor. Because of the way waterborne finishes are formulated, they will not turn yellow and mask the beauty of the wood. And waterborne finishes remain easy to maintain for the life of the floor.

Waterborne finishes are odor-free, quick drying and the environmental choice. They provide a tough wear layer for a floor in addition to being easy to take care of. There's no waxing or polishing needed for these new miracle finishes. Just vacuum as you would regular carpet. Spills can be wiped up and stains can be easily prevented. Heel scuffs are easily removed with a spot application of BonaKemi Hardwood Floor Cleaner.

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Hardwood Floors Have Many Advantages



Hardwood floors offer an environmental advantage! Hardwood floors are made from one of nature's most easily renewable resources. And with proper care, hardwood floors can last a lifetime.

Since 1950, more than 15 billion square feet of hardwood floors have been installed according to the National Oak Flooring Manufacturers Association. In addition, people are pulling up their carpeting and finding hardwood floors just waiting to be refinished. Not only are these refinished wood floors easier to maintain than ever, they also add value to any home.

Hardwood floors are just one method of reducing household dust. Much of what we consider house dust has actually been found to be a product of small insects called dust mites. Visible only through a strong microscope, these tiny creatures are found in damp climates and can live in dark, dense areas such as carpet. When the insects are disturbed by general home cleaning activities, a sensitive person can suffer an allergic reaction.

An alternative in flooring is 100% all-natural wood. BonaKemi USA leads the hardwood floor finishing industry in environmental awareness. All of their waterborne products are VOC compliant. BonaKemi waterborne finishes protect your floor. Call 303 371 1411 for information or write: BonaKemi USA, Dept. HIT, 14805 E. Monieriff Place, Aurora, CO 80011.

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Include Indoor Coil When Replacing Central Air Conditioning Systems

Reminder To Homeowners

Homeowners purchasing high efficiency central air conditioners as replacements for old units will not get the energy efficiency and lower electric bills they expect if the indoor coil is not replaced at the same time as the outdoor unit. According to the Air-Conditioning and Refrigeration Institute (ARI),

Most residential central air conditioners and heat pumps are split systems with both indoor and outdoor heat exchangers (or coils). High efficiency air conditioners that provide more cooling with less electricity consumption are available now. Many homeowners, however, will not get the efficiency they expect because they fail to replace the entire system. Most of the existing indoor coil units are not suitable for matching with a new high efficiency outdoor compressor unit. The result of this mismatch is often a combination that performs little or no better than the old unit.

The efficiency of a central air conditioner is rated by its Seasonal Energy Efficiency Ratio (SEER). The higher the rating, the more efficient

the unit. A homeowner who purchases a unit with a 10.5 SEER, for example, may end up with a unit whose SEER turns out to be an 9.0 or less if the indoor coil is not replaced with a new coil that is properly matched to the outdoor unit. Federal law now dictates that manufacturers must produce split-system air conditioners and heat pumps with a minimum SEER of 10.0.

Those who opt for purchasing the new higher efficiency units should ask their installing contractor:

- Will you be replacing the indoor coil with a high efficiency indoor coil to ensure the unit's high efficiency?
- Does the new indoor coil match the manufacturer's specification for the installation of the unit?
- Can you verify the efficiency of the combination to be installed by showing me its SEER rating in a listing such as the ARI certification directory?

For more information, send to ARI's free pamphlet "How to Keep Your Cool and Save Cold Cash." Send a stamped self-addressed business envelope to ARI, Dept. U-177, P.O. Box 37700, Washington, DC 20013.

Shopping For Energy Efficient Aluminum Windows

Consumers need to know their window facts when shopping for energy efficient replacement windows.

- Aluminum window frames:
- are stronger than other framing materials.
- never need repainting.
- are highly resistant to expansion and contraction and hold their shape over the years. This means they less likely will need replacing.
- hold their value.
- nearly maintenance free.
- won't swell, shrink, split, crack, or check over many years of wear.
- can't rust.
- don't get soft in sunlight.
- have a 40 year history of proven performance.

For more information, write to the Aluminum Extruders Council, 1000 N. Rand Road, #214, Wauconda, IL 60084.

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Easy To Find And Use Screwdrivers



Anti-Camout Ribs® on the tips and the ergonomic design of the handle are major features of the screwdrivers.

Screwdrivers have changed very little for decades but the Claw™ screwdrivers of Vermont American Tool Company are equally useful to professionals and do-it-yourselfers with changes that users can see and feel. There are popular screwdriver sizes and styles covering over 90 percent of all applications. They are available in singles and in sets.

Features and benefits of the Claw include:

- color coded handles with red for Phillips® and yellow for slotted drivers to make recognition easier in the tool box and on the job;
- graphics with Phillips® and slotted symbols plus sizes on the handle for easy selection;
- an ergonomic design, oversized tri-oval handle which produces more torque with less effort and is much

more comfortable than conventional fluted handles:

- anti-camout ribs on the tips which grip the screwhead to prevent slippage and prevent damage to the screw or the workpiece;
- a proprietary manufacturing process in the blade and tip to produce a strong, long lasting hand tool with very high breakage resistance;
- a free replacement policy.

Vermont American, with plants in North America, Europe and Australia, is the world's largest manufacturer of power tool accessories and is a leading manufacturer and marketer of cutting tools and hand tools. For more information write Vermont American Tool Company at P.O. Box 340, Lincolnton, NC 28093, Attention Marlene Meier, or call 704 736 8013.

To Save Energy Weatherstrip



Windows and doors represent the biggest source of heat loss in your house if they are not properly sealed. Weatherstripping controls this loss. Weatherstripping is available in a

wide variety of forms, but usually, the least expensive is the felt type with burlap backing. Place the stripping with its edge firmly against the frame of the window sash and staple it about every four inches with an Arrow F-50 Heavy Duty Staple Gun Tacker. Doors should be weatherstripped on the outside. Install the stripping on the sides and top against which the door closes. Stapling is the same as for windows.

For additional tool information, write to Arrow Fastener Company, Inc., 271 Mayhill Street, Saddle Brook, NJ 07662.

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Heat Pumps Save Energy

Did you know that heat exists in all air down to absolute zero (-460°F or -273°C)? Even cold winter air contains heat. This is the principle behind a heat pump. Heat pumps provide summer cooling and winter heating, replacing both furnace and central air conditioner with a single heating-cooling system, according to the Air-Conditioning and Refrigeration Institute (ARI).

In summer, a heat pump operates as a standard, electrically driven air conditioner, collecting heat from the air in your home and expelling it outside. In winter, the process is reversed so that the heat pump collects heat from outdoor air to warm the air inside your home. During the heating season, the

heat pump's efficiency increases on mild days and decreases on cold days. For the coldest days, many heat pump installations have a booster electrical resistance heater that automatically switches on to supplement the heat brought in from outside. Because it collects heat that already exists in the outdoor air, a heat pump can supply from 1.5 to 2.5 times more heat than the energy it uses.

ARI's pamphlet, "Heat, Cool, Save Energy with a Heat Pump," helps homeowners understand how to save energy and money with heat pumps. For a copy, send a stamped, self-addressed business envelope to ARI, Dept. U-183, P.O. Box 37700, Washington, DC 20013.

Don't Blame Condensation Problems On Windows

Some windows sweat. Occasionally, homeowners see condensation running down their walls, destroying their curtains, drapes and walls?

Condensation Causes
Window condensation is a function of the inside window surface temperature, room temperature and inside humidity levels.

Condensation occurs when the inside window surface temperature is low enough to cause the room air next to it to drop below its "dew" point. This also happens on a bathroom mirror when taking a shower or on the outside of a cold glass of ice water.

The "dew" point is the temperature at which the air is "saturated," and can hold no more moisture. The saturated air then deposits moisture on any surface cooler than itself. Condensation happens with some windows during the winter months when the inside temperature and humidity level are high and the outside temperature is low.

A little condensation, or "fogging" can be expected and causes few problems. It can occur on any window.

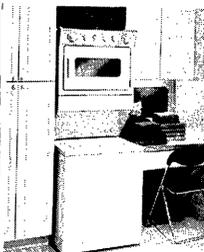
Condensation Control
To minimize condensation, aluminum windows incorporate thermal separations in their framing members. This helps keep condensation from forming on the frame.

Glass is a poor insulator and this is where condensation usually forms. One way to decrease the likelihood of condensation forming on the glass is to increase the number of glass window panes. Double-glazing and triple-glazing reduces the possibility of condensation. This is because the dead air space between the window glazing acts as an insulator, thus reducing the temperature difference between the inside and immediate outside surface of the glass. By increasing the amount of air space, this also helps.

By using thermally separated aluminum windows and controlling the amount of humidity in a house, you'll go a long way in keeping damaging condensation from creating problems.

For more information and learning about what your proper inside humidity should be, write to the Aluminum Extruders Council, 1000 N. Rand Road, #214, Wauconda, IL 60084.

Trend: Migrate To Kitchen Laundries



It's finally happened. The dull, utilitarian laundry, long relegated to the basement, utility area or garage, is migrating to the center of activity in the home—the kitchen! And, it's making the move with style and pizzazz!

According to home economists from Whirlpool Corporation, this movement of the laundry to the home's living areas is long overdue. They note that during the past decade, the kitchen established itself as the hub of household activity. And with the way we do our laundry (most any time of the day or night, seven days a week) and who handles it (all family members, when they have time or need something washed), the kitchen is a very logical place to locate the laundry center.

While consumer research indicates that the kitchen is a place of choice for installing the laundry, how do you fit more appliances into a room that's already squeezed for space? Home economists suggest that you think compact—not in load capacity but in floor space requirements. To do this, think tall and narrow, not wide and side-by-side. A typical washer and dryer pair needs a floor space that's almost five-feet wide. But a Whirlpool full-size stacked laundry pair needs only a 27.5-inch wide floor space for the same load capacity.

However, space and capacity are not the only features to consider when selecting laundry appliances for a kitchen installation. Also important are style and color, and how well the laundry products coordinate with kitchen appliances.

The hottest styling for kitchens in the 1990s is the white-on-white look. The Whirlpool full-size Thin Twin® laundry center offers the same sleek styling of new kitchen appliances and comes in white with coordinating white controls and lid/door handles.

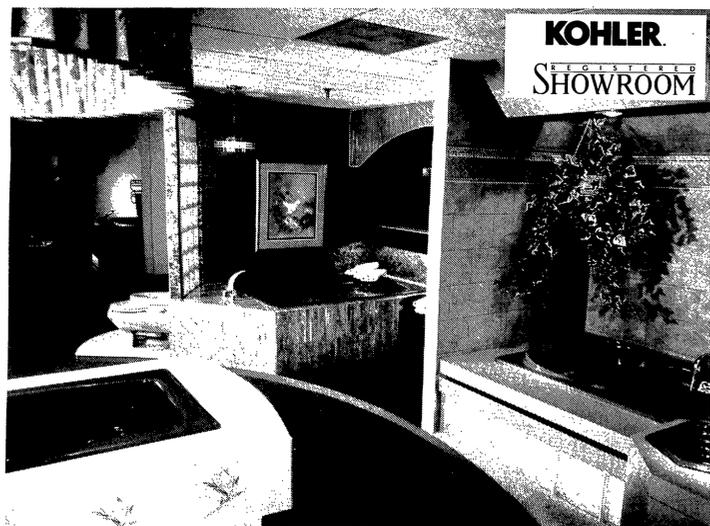
As with kitchen appliances, the stacked laundry center can be installed with cabinets and counters surrounding it for a built-in look.

The two-speed washer features 6 automatic cycles, a self-cleaning lint filter and 4 water temperature combinations. The large, shoulder-high dryer offers a wide side-opening door for easy loading and unloading with no stooping or bending. It features 5 drying cycles, an electronic dryness control and an end-of-cycle signal.

For family convenience, the kitchen obviously can be a very good location for today's modern, stylish laundry appliances.

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Seven Basic Carpet Types Offer Buyers A Choice

There are seven basic types of carpet construction: velvets, saxones or plushes, friezes, level loop, multi-level loop, tip sheared and cut/loop or tracers.

Velvets are the ultimate in elegance. All the pile fibers blend together in these extra dense, cut pile carpets to give you an ultra-smooth sweep of rich luxurious color.



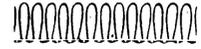
Saxones or plushes offer versatile beauty in cut pile but are not as formal as velvets. The degree to which individual tufts are visible in the pile creates a wide range of subtly different appearances. This style shows footprints and shading as part of its styling effect.



Friezes (pronounced freeze) are the most casual and rugged of cut pile carpets. Tightly twisted heat-set yarns curl back on themselves creating a distinctive nubby or pebbled texture. They tend to wear very well and hide footprints and dust.



Level loop is carpet made with tufted loops of the same height. It has a tight pebbly surface to take hard wear and hides footprints and furniture marks. Soil tends to stay on the surface for easy cleaning. The visibility of each loop and the way it reflects light from the surface makes level loop carpets most suitable for commercial applications.



Multi-level loop has variances in the height of the loops which create a wide range of styles in a sculptured or

patterned surface. The carpet design can offer additional practicality in maintenance over a level loop texture due to the patterned effect.



Tip sheared carpets tend to be the most luxurious of the loop styles. Using loops of different height, a rich pattern is created by shearing the tips of the higher loops while maintaining the benefits of other loops.



Cut/loop combines the effect of a saxone carpet with a tracing loop patterned effect which is why these carpets are sometimes referred to as "Traceries". This unique combination of cut pile and loop pile creates a carved, sculptured effect.



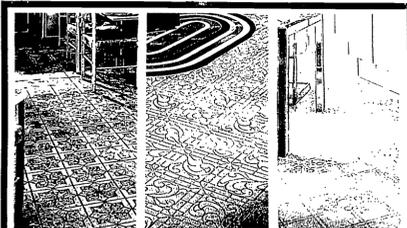
For your free copy of the Consumer's Guide to Carpet call 1-800-845-4252.

Acrylic finishes for interior and exterior walls

Decorator-quality interior wall finishes and tough, all-weather exterior wall coatings provide an easy, economical way to add beauty and durability to your home.

The interior finish system is called Ruff-It Acrylic Sculpture Coat, and the exterior coating system, Texture-It. Both are manufactured by Z-Brick, a division of ChemRex Inc.

Both are pre-mixed and pre-colored, and can be applied directly over plywood, foam-board, concrete, or concrete block. Both come in three distinctive colors; will not crack or peel, and can be applied right from the container without the mixing, mess and equipment needed for conventional coatings.



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Choosing the right carpet

If you've been shopping for carpet lately, you know all too well that the carpet buying process isn't easy. Faced with a seemingly endless selection of colors, fibers and carpet styles, many find the carpet buying process confusing and time consuming. It doesn't have to be!

A little knowledge about carpeting, before you buy, can make a big difference in avoiding costly mistakes and selecting the carpet that best meets your needs and expectations.

Good carpet must not only last a long time, but appearance retention, style, color coordination, comfort and easy maintenance are all listed as important factors in carpet performance, according to a recent consumer survey conducted by Peerless Carpet Corporation, one of the world's largest carpet manufacturers.

"Today's consumers expect that carpeting will last. They are looking for a carpet that will look new years from now, one that will be comfortable and fashionable and easily maintained," says Peerless' Corporate Marketing and Advertising Director Catherine Larose.

"Today's carpet consumers are every bit as discriminating as fashion conscious clothing shoppers, and they'd better be," warns Larose. "They'll have to live with their carpet a lot longer than their clothing." In fact, with today's advanced manufacturing processes and space age fibers, the family usually tires of the carpeting long before it wears out.

A consumer has to be well informed to avoid choosing the wrong type of carpeting for a room. A number of decisions should be made before going shopping.

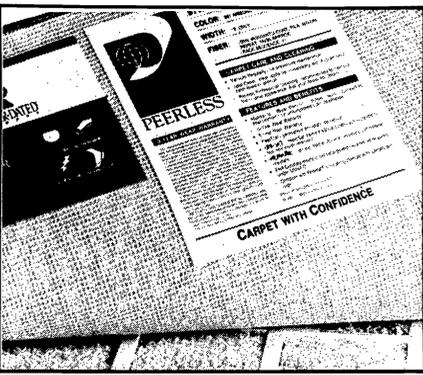
Topping the list is the specific application for the carpet. Different uses require different characteristics. For example, a soft luxurious feel is highly desirable in the bedroom, and durability and easy maintenance are crucial factors for the family room, hallways and basement. Various combinations are needed for living and dining rooms depending on the traffic patterns in each room. After deciding on the carpet's application, a consumer should examine specific carpet qualities.

With two basic types of construction, four main fiber types, and seven different style types, a consumer faces 56 choices before quality, comfort and color even enter the purchase equation. Add pile height and density, twist and backing and you have a computer-sized calculation to make before considering which color would best match the burgundy polka dots on the wallpaper in little Melissa's bedroom.

Actually, a consumer who understands the basics of carpet manufacturing techniques is well prepared to choose carpet that will perform best for his or her specific needs.

Carpet Fibers Make A Difference

Fiber choice is important and should be based upon intended use, appearance and cost. Carpet yarn or fiber includes nylon, polyester, polypropylene and wool and can either be tufted or woven. The differing properties of each fiber type offer advantages over others depending upon where the car-



Check the carpet's label. It can provide a lot of useful information about the quality of the carpet.

pet will be used.

Most carpets on the market today are made from synthetic fibers. Nylon has excellent durability, abrasion resistance and is very resilient. Polyester has natural stain and static resistance. Polypropylene is light fast and resists moisture.

Stain and soil resistance along with color clarity are essentially functions of the carpet fiber. Good carpets will carry a label on the backing which should be checked for stain and soil resistance and warranty protection against wear and static. If no such label is present or the warranty is inadequate, beware of the carpet's performance.

Manufacturing Techniques Are Key Factors

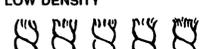
Fiber is only one consideration in carpet selection. Construction, or how well the fiber is put together with the backing, is the difference between good and poor quality carpet. This difference is measured in pile density, pile height and twist levels.

Pile density is the most important of these three. It refers to the space between individual tufts or loops of yarn that make up the carpet pile. Dense carpet packs more fiber into the backing. A dense pile wears longer, resists crushing and matting better and retains its texture longer.

HIGH DENSITY



LOW DENSITY



Closely packed pile helps resist stains and dirt by keeping them on the surface of the carpet where they can be easily removed.

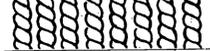
HIGH PILE LOW PILE



Pile height is also an important gauge of carpet quality. In carpets of equal density, the one with lower pile will generally perform better.

With most cut pile constructions, twist level and twist stability are also important considerations.

TIGHT TWIST



LOOSE TWIST



Carpet yarn is formed by twisting two or more yarn strands together before tufting. The tighter the twist the better a cut pile carpet will perform.

A close look at individual tufts of yarn should reveal neat, tight and well defined tips of individual yarn. If they are loose and flared rather than tight and neat throughout, then the carpet will likely not perform well.

Perhaps the most important factor in cut pile constructions is heat setting. Heat setting gives the yarn a twist memory to stabilize it, which results in longer wear and better performance. Make sure the twist has been heat set before buying the carpet.

Carpet needs very room to room

Do you want a luxurious carpet that you can sink your toes into? Or do you need a carpet that can survive an active family and withstand lots of wear and tear?

Halls and Stairs: These high traffic areas should be covered with a densely tufted carpet with low pile. Color should be neutral and the carpet should possess good soil hiding properties.

Dining Room: Stain and soil resistance are high priorities here.

Living Room: If the living room is used a great deal by the family, look for a carpet with the same characteristics as the dining room. Otherwise go for luxury and comfort.

Master Bedroom: This is a low traffic area where your imagination can run free. Look for color and comfort.

Children's Room: Look for a durable, easy to clean carpet with good soil hiding capabilities.

Family Room: A party-proof carpet is called for in this area. Dense pile, excellent soil resistance and for easy maintenance a multi-tonal carpet usually performs best in these conditions.

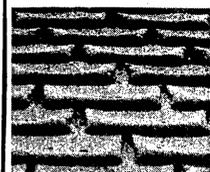
Roof shingles may cause damage

Nothing causes more aggravation and expense than a leaking roof. Treasured possessions can be ruined, furniture and carpeting soaked, and family routine upset for days.

Homeowners can help prevent leaks before they begin with regular spring and fall inspections of their shingle roofs.

Some common danger signals to look for include damaged shingles, roof bare spots, loosened nails, deteriorated flashings, and granules washing off the roof.

If some of these problems exist, the homeowner may want to consider re-roofing. Not only will damage from leaks be avoided, but also a new roof will add to the beauty and value of the home.



Problem: Damaged shingles.



Problem: Roof bare spots.



Problem: Loosened nails.



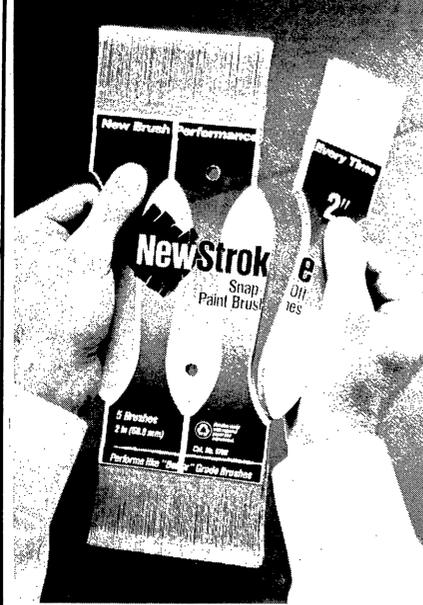
Problem: Washed-off shingle granules.

To help make the job go smoothly, the makers of Manville fiber glass shingles have published an illustrated, pocket-size guide that provides quick, easy-to-follow steps for re-roofing, as well as putting a roof on a new home.

The guide lists the tools and materials that will be needed, and how to prepare the roof before the shingles are applied. With simple sketches, it explains how to install the new shingles, types of fastening methods, and how to handle flashing, valleys and even dormers.

You can obtain a free copy of "How to Apply Manville Fiber Glass Shingles," No. RF-270B, from your building supply dealer, or by writing to Manville Inquiry Dept., 1601 Park Ave. West, Denver, CO 80216.

Products Of The '90s Are Better For The Environment



This brush can be snapped from the pack because the handles are made from recycled paperboard rather than wood or plastic.

Paint brushes made with recycled paperboard, a paint remover that uses water, aerosols that do not contain damaging chemical ingredients? A few years ago, no one would have thought these products would have been made available to consumers—and sell! But, with the growing interest in reducing waste and clim-

ported to remove 97 percent of airborne particles from the home. This includes pet dander, dust, pollen and other irritants that bother people with allergies. Available in over 10 sizes for heating/air conditioning systems, the filter also comes in one cut-to-fit size for room air conditioner units.

Unique technology electrostatically charges filter fibers. This permits filters to act as magnets to grab and hold particles. Expect additional home air quality products to emerge from this concept.

NewStrok Snap-Off Paint Brush. Gonic are the wood or plastic handles. Gonic is the metal hand between handle and bristles. The handle of this brush is made from recycled paperboard. The brush comes in packs of three or five, depending on size, with one brush snapping away from the pack as needed. Popular Mechanics magazine recently gave the brush its design and engineering award.

A companion roller can be cleaned of latex paint in one minute, saving gallons of water.

Safest Stripper Paint & Varnish Remover. The very first and very popular waterbased remover. It does not use methylene chloride, a suspected human carcinogen, or other solvents. It has received positive ratings from several leading consumer product testing

organizations and it won an environmental award from the American Marketing Association.

Scotchgard Fabric Protector. It has been around a long time, but it is constantly improved. The famous red can has eliminated virtually all dangerous ozone-depleting chemicals. Formulas sold in cans for auto cleaning and protecting now are water-based.

Increasingly, consumers and retailers are calling for products that reduce waste, eliminate health hazards and have less of an impact on natural resources. A growing number of companies are responding with such products and new, less-polluting manufacturing methods.

When searching for products that are less damaging to the environment, consumers should be cautious of "green hype." Look for items that offer factual benefits and can support the claims.



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The Rheem® Criterton™ line of upflow gas furnaces are designed for utility rooms, closets, or alcoves. Because of the Criterton's low-profile 34 inch height, the upflow model can also be used to satisfy most applications that traditionally call for a horizontal furnace.

The design is certified by the American Gas Association. Canadian models are certified by the Canadian Gas Association.

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- Patented Turbulent™ Heat Exchanger, constructed of both stainless and aluminum steel for the maximum in corrosion resistance.
- Low profile "34 inch" design is lighter and easier to handle, and leaves room for optional equipment.
- Both standing pilot and hot surface ignition models available.
- Left or right side gas inlet connections with quick, simple change.
- Hot surface ignition models feature an integrated board with humidifier and electronic air cleaner hookups. An accessory kit is available for standing pilot models.
- Insulated blower compartment, a slow-grip gas valve and a specially designed draft inducer motor make it one of the quietest furnaces on the market today.
- Integrated solid state control board.
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Don't be fooled by the touch test

Drafty windows, higher heating bills as the heat goes out the windows and condensation problems mean it's time for replacement windows.

Don't be fooled by the touch test. Know your window facts.

Some sales people will ask you to touch pieces of aluminum, vinyl and wood at room temperature. Then they'll ask you which one feels cooler. The answer will be the aluminum one, and you'll be right.

This is to imply that aluminum windows won't keep out the cold, but that's wrong. Aluminum will always feel cooler than vinyl or wood at room temperature because the metal is an excellent conductor, and allows heat to flow rapidly from your hand to the metal.

This doesn't mean that aluminum windows won't keep the cold outside and the heat inside your home. Actually, aluminum window manufacturers minimize aluminum's thermal conductivity by separating the frame and sash and rejoining the two parts with an insulated material.

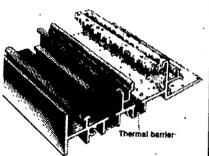
This insulated material is called a thermal barrier. It's made of high or low density polyurethane, or rigid vinyl (PVC). In the winter, the cold temperature from the outside and the heat from the inside (the exact oppo-

site in the summer) don't pass through the frame and this makes the aluminum window frame an excellent framing material.

Aluminum won't swell, shrink, split, crack or check over the years, rust, get soft in the sunlight and deteriorate from ultra-violet rays.

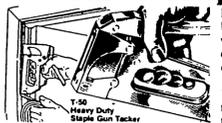
Aluminum is more than 3 to 43 times stronger than other window framing materials.

For more information, write to the Aluminum Extruders Council, 1000 N. Rand Road, #214, Wauconda, IL 60084.



Typical cross-section of a thermally separated aluminum window frame. It inhibits the outside temperature from passing through the frame to the inside of the window.

To Save Energy Weatherstrip Windows



Windows and doors represent the biggest source of heat loss in your house. If they are not properly sealed, weatherstripping controls this loss. Weatherstripping is available in a wide variety of forms, but usually, the

least expensive is the felt type with burlap backing. Place the stripping with its edge firmly against the frame of the window sash and staple it about every four inches with an Arrow T-50 Heavy Duty Staple Gun Tacker. Doors should be weatherstripped on the outside. Install the stripping on the door stops, the wood strips on the sides and top against which the door closes. Stapling is the same as for windows.

For additional tool information, write to Arrow Fastener Company, Inc., 271 Mayhill Street, Saddle Brook, NJ 07662.

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Aluminum replacement windows solve energy problems

With cold and hot weather on its way, many home owners are planning on replacing their old, drafty and worn out windows. As the price of energy continues to rise, consumers are tired of paying for heat that doesn't stay in their house. They are tired of feeling cold because of air leaking through windows and condensation that may ruin their drapes, rugs and walls.

A hundred years ago, there was little choice but to learn to live with the problems. Today, the problems of energy inefficiency, air leakage and condensation can be solved with new replacement windows.

The type of replacement window depends upon individual needs and tastes. In today's marketplace, aluminum, vinyl, wood, wood windows with aluminum on the outside, aluminum or vinyl windows with wood on the inside, and other options are available.

There are advantages and disadvantages of any window. Aluminum windows have many advantages that should be considered when making a choice.

Once for once, aluminum is stronger than any of the other window framing materials. Aluminum doesn't expand and contract. It won't swell, shrink, split, crack, check, or rust, making it an ideal surface for finishing.

Today, anodized aluminum windows are available in colors from dark to light bronze and black to light gray. It is a finish that will last for decades because anodized aluminum finishes actually become part of the metal itself. Aluminum windows that have a wide color variety of baked enamel finishes. Finishes that are deposited over chemically treated aluminum and can last for 30 years or more.

Energy Efficient Aluminum Window

When purchasing replacement windows for energy efficiency, consider the glazing. Look at double and triple glazing, coatings applied to the glass (i.e., Low-E, tints, etc.) and the method of sealing the glazing.

A study by the Canadian National Research Council noted that 95% of the window energy loss is lost through the glazing. Old aluminum frames were not energy efficient. Years ago, aluminum frames conducted the outside cold temperature into the house. Today's technology has changed all that. Currently, aluminum window



Replacing windows saves energy, adds comfort and increases home values.

manufacturers provide a thermal barrier. This inhibits the aluminum from conducting heat or cold through its frame.

Thermally separated aluminum windows offer the same energy advantages as the other window framing materials.

Air Leakage
Most new replacement windows will initially solve the air leakage problem. This is partly because they are new and have not been subjected to the weathering elements.

Consider how the window will perform after it's been in the house for awhile. Climate takes its toll on windows. The cold winter and hot summer temperatures cause window frames to expand and contract. The moisture and subsequent loss of moisture play havoc with frames because they cause many window framing materials to swell and shrink.

Aluminum frames are least affected by climatic conditions. For example, a 60 inch long frame member subjected annually to a 120 degree temperature range—the difference between a cold winter and a hot summer day in Chicago—will expand at different rates, depending upon the material in the frame. An aluminum frame will stretch about 1/8". Other frames, can stretch 1/2" or more. As this takes place, year after year, such expansion and contraction can lead to frame distortion, window seal failure, water leakage and of course air infiltration. Depending upon the type of window framing material, they may swell and shrink with the moisture

of the wall and sealed them with glass. Steel was introduced as a window framing material in the 1900s. Aluminum, as a window framing material, was the next material innovation. It entered the marketplace after World War II.

Aluminum is an excellent conductor. That's one of the reasons it is used so extensively in pots and pans. Thus, the problem was to discover a way to keep the aluminum frame from conducting the outside cold temperature to the inside warm temperature.

The aluminum window frame members are hollow. They are designed that way for maximum strength. In the case of thermal barriers, the metal frame exposed to the outside cold air is separated from the metal frame inside the house. This is done by using either high or low density polyurethane or rigid vinyl (PVC). Thus, the cold passing through the metal encounters a barrier and is stopped from entering the inside of the house.

Modern aluminum window frames are composed of three pieces: an outer extruded frame, a central core of insulating material, and an inner extruded frame. They work well in addressing the early problem associated with aluminum windows.

Aluminum replacement windows are strong, durable, energy efficient windows that won't swell, shrink, split, crack, check, rust, are ideal for refinishing, and not affected by the sun.

For more information, write to the Aluminum Extruders Council, 1000 N. Rand Road, #214, Wauconda, IL 60084.

Keeping the cold out - new window technology

Windows were first invented by the Egyptians. They placed holes in the top of their walls, near the ceiling, to allow for ventilation. The Romans moved the windows, framed in wood, down to the middle of the wall and sealed them with glass.

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THE BUGLE, THURSDAY, OCTOBER 1, 1992 PAGE 27

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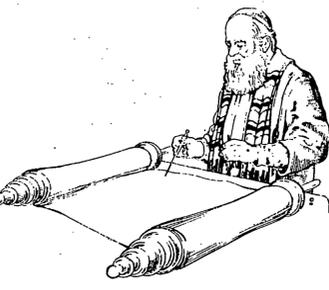
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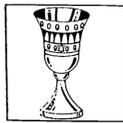
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Business

Realtors association show home sales up

State home resale activity in the first half of 1992 proved stronger than the same period one year ago, reports the Illinois Association of Realtors.

From January through June this year, sales of existing single family homes totaled 40,313 compared to 37,095 sales in the same period one year ago. This reflects an increase of 8.7 percent over the first half of last year. The non-seasonally adjusted home sales activity during the second quarter totaled 24,635 and 23,492 for the same quarter one year ago, reflecting a 4.6 percent increase. While the nation experienced a decline of 3.4 percent in sales of previously owned homes to 3.36 million units during the month of June, the state of Illinois resale activity held steady with preliminary figures reporting in at 8,502, as compared to 8,518 in June of 1991.

"The year kicked off with an unseasonably active first quarter, with Illinois recording the highest sales rate of any state in the Midwest and third in the nation. We were able to sustain that momentum throughout the second quarter by outpacing the sales rate set one year ago," says Phil Johnson, President of the Illinois Association of Realtors. "Low mortgage rates have certainly contributed to keeping sales constant." The statewide median home sales price for Illinois during the second quarter of 1992 was \$100,600, up 7.1 percent from the second quarter of 1991 when the price was \$93,900.

The IAR second quarter price survey shows that median prices for existing single-family homes ranged from \$254,900 in the North Shore area to \$27,100 in the Kewanee area. In the Northwest Suburban area, the IAR reported a 4.6 percent increase in the median price of homes from the second quarter of 1991 to the same period in 1992. The Illinois Association of Realtors survey covers median prices for existing detached single-family homes in 40 markets throughout the state as reported by local boards/associations of Realtors. Of the 40 markets reporting 32 revealed increased median home prices during the second quarter in 1992.

The Illinois Association of Realtors Housing Affordability Index which measure the ability of

a typical family to purchase a median priced existing single-family residence for the second quarter of 1992 stood at 133.3. This index revealed that a family earning the statewide median family income of \$36,947 had 133.3 percent of the income needed to qualify for conventional financing covering eighty percent of a home priced at \$100,600, the median state-wide price for a single-family residence during the second quarter of 1992. The second quarter 1992 index of 133.3 was two full percentage points higher than the second quarter of 1991 index of 131.4, reflecting greater affordability.

The interest rate used to compute IAR's Housing Affordability Index is a composite of closing rates for a 30-year fixed rate mortgage on existing single-family homes as reported by the Federal Home Loan Mortgage Corporation. The average effective rate was 8.74 percent during the second quarter of 1992.

Low mortgage rates have enticed more first-time buyers into the market. The National Association of Realtors reports first-time buyers comprised 42 percent of the 1992 market, as compared to the usual one-third.

"The state as a whole has been able to buffer any affects that may be felt nationally because of the low interest rates, stable prices and a plentiful supply of inventory," says Johnson. "We are seeing the lowest interest rates in 15 years, buyers are realizing that these rates may not be around forever."

The Illinois Association of Realtors, is the voice for real estate in Illinois, representing more than 33,000.

Nimlok appoints marketing manager

Sandra Stephens has joined the Nimlok Company of Niles as Advertising and Marketing Manager.

Most recently an Associate Marketing Manager with Standard Rate and Data Service in Wilmette, IL, Stephens' experience in the advertising and marketing fields includes direct marketing, advertising, telemarketing and display advertising sales.

Nimlok is a leading international manufacturer of display and exhibit systems.

Career women learn coping skills

The Northwest Suburban Chapter of the National Association For Women In Careers sponsors its monthly dinner meeting/workshop.

Nationally recognized speaker, Lois Peterson and Megan Vaughan will portray situations that generate misunderstandings and through interactive participation demonstrate problem solving techniques for these situations.

The meeting will take place Monday, Oct. 12, at the Hyatt Regency Woodfield, 1800 E. Golf Rd., Schaumburg. Registration is at 5:30 p.m., dinner at 6:30 p.m. and workshop at 8 p.m. Make reservations by calling (708) 934-5299 before Friday, Oct. 9. The fees are as follows: members - \$19, non-members - \$24 and \$12 for those who want to attend only the program.

Com Ed board elects five VPs

Commonwealth Edison's Board of Directors today elected three corporate vice-presidents to the position of senior vice-president while elevating two managers to the post of vice-president. At the same time, the company announced that two of the newly-elected senior vice-presidents will exchange responsibilities.

Named senior vice presidents were Thomas J. Maiman, previously vice president for engineering; Robert J. Manning, formerly vice president for division operations; and Donald A. Petkus, previously vice president for corporate relations. Maiman and Manning will exchange duties, while Petkus will continue to oversee the company's Advertising, Audio-Visual Services, Communications Services, Corporate Affairs, Governmental Affairs, Public Affairs, and Regulatory Affairs departments.

Elected to vice presidents were William H. Downey, previously manager of marketing and customer services; and Paul D. McCoy, formerly manager of transmission and distribution operations. Edison Chairman James J. O'Connor noted that the election of Downey and McCoy signals an enhancement of Edison's commitment to reliability and customer service. Both executives, along with Maiman, Manning, and Petkus, performed key roles in maintaining public safety and restoring electrical service during the April underground flooding in downtown Chicago.

VP-general counsel named for Central Telephone

Carol Sulkes, vice president-regulatory policy for Central Telephone Company's local exchange telephone operations in six states, has been appointed to the newly created position of vice president-general counsel for Central Telephone Company of Illinois.

Before joining Centel, Sulkes was an associate attorney for Fox & Grove in Chicago. She is a member of the Chicago Bar Association, the American Bar Association, and the Midwest Coordinating Committee of the Federal Communications Bar Association.

Sulkes received a bachelor's degree and law degree from the University of Michigan in Ann Arbor.

ASSE breaks ground for headquarters addition



The American Society of Safety Engineers (ASSE) recently celebrated a milestone in Society growth with ground-breaking ceremonies for its \$1.5 million headquarters expansion. The groundbreaking took place near the existing headquarters in Des Plaines.

Present at the ground-breaking were (l to r) Timothy Schumacher, project manager and Robert W. Edwards, president, Edwards Construction; Philip E. Ulmer, P.E., 1992-'93 President and Judy T. Neel, CAE, executive director, ASSE, and Neil Schoof, project architect and Duane Linden, chairman, KLLM Architects Inc.

Glenview resident promoted at St. Paul Federal

James L. Gregory has been promoted to Assistant Vice President, Budget and Cost Accounting Officer of St. Paul Federal Bank For Savings. With the bank since 1990, he was formerly Cost Accounting Officer.

Gregory, 33, holds a bachelors degree in Production Management from Eastern Illinois University, Charleston, Illinois and an MBA from St. Louis University, St. Louis, Missouri.

Gregory currently resides in Glenview with his wife Catherine. St. Paul Federal offers a wide array of financial products, has assets of \$3.6 billion and operates 37 branches throughout the metropolitan Chicago area. St. Paul Federal is the wholly-owned subsidiary of St. Paul Bancorp, Inc.

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Women's News

Horn - Kenzer



Patricia Horn of Arlington Heights and Sanford Horn of Niles announce the engagement of their daughter Jennifer to David Kenzer, son of Albert Kenzer and Gerda Hansen formerly of Glenview.

Both Jennifer and David are graduates of Maine East High School and University of Illinois Champaign-Urbana. Jennifer is a CPA in Northbrook and David is currently attending law school at Northwestern University.

The wedding is set for early November, 1992 in Glenview. The maid-of-honor is the bride's sister Rebecca Tudor. The bridesmaids are the groom's sister, Suzanne Kenzer, the groom's sister-in-law, Michele Kenzer, and friend of the bride, Alissa Jelke. Mark Kenzer, the groom's brother, will be the best man. Groomsmen include: James Martin, Brian Jelke, and James Colletti. Karl (Trey) Alteniem and Mark Schultz will usher the event. The couple are planning a honeymoon in Hawaii.

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AMI sets fall fair

The fall Butterfly Arts, Crafts, and Fashion To Wear Fair will be held at AM Shalom, 840 Vernon Ave., Glencoe, November 2 from 10 a.m. to 8 p.m. Sponsors are AMI (Alliance for the Mentally Ill) and AM Shalom Sisterhood.

A buffet luncheon and fashion show from Boutique Unique, Niles, as well as a supper for the commuters, will be offered.

Admission is free but luncheon tickets must be purchased in advance. Call (708) 835-4916.

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Women in medicine: opportunities abound, thanks to Illinois pioneers

When Letitia Westgate, M.D., established her medical practice 100 years ago in Sycamore, Ill., very few women practiced medicine in the state, or in the country. Today, women represent 17 percent of the physician population nationwide, and their ranks are expected to increase to 30 percent by the year 2010. This growth is due largely to a few pioneering women, who at the turn of the century, opened the doors of medical institutions to women.

To recognize the accomplishments of women physicians the American Medical Association designated September "Women in Medicine" month. Perhaps their most important accomplishment has been their entry into the previously male-dominated field, creating a world of opportunities for women to make individual contributions to medicine and public health. The history of women in Illinois medicine provides several examples of the obstacles early women physicians encountered in their struggle to practice medicine.

Women's greatest obstacle to practicing medicine was obtaining training, as universities across the country were reluctant to admit them. The Chicago Medical College admitted three women on a trial basis in 1859. But when male students complained that faculty omitted certain clinical materials and observations in mixed company, women no longer were admitted.

To get around such obstacles, several medical schools were established exclusively for women.

Discuss disease impact at Y-ME meeting

The North Suburban Group of the Y-ME National Organization for Breast Cancer Information and Support, will hold its monthly Open Door meeting at 10 a.m. Saturday, Oct. 10, at the Northbrook Library, 1201 Cedar Ln., Northbrook 60062. The topic, "Talking with Family & Friends about the Impact of Breast Cancer" will be led by Ann McDonald, R.N., Evanston Hospital.

Breast cancer patients, their families and friends, and health professionals interested in the topic are welcome at Open Door meetings. The sessions are free of charge and reservations are not necessary.

Y-ME offers peer support to breast cancer patients via a 24-hour Hotline (708) 799-8228, and educational Open Door meetings throughout the Chicago area. Y-ME also provides information on what to do if a breast lump is detected.

For more information about the meeting, or about Y-ME, call the Y-ME office at (708) 799-8338.

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When Mary Harris Thompson, M.D., opened the Chicago Hospital for Women and Children in 1863, aspiring women physicians came from nearby states to observe - the closest many could come to actual clinical instruction. The Women's Hospital Medical College was formally established in 1870 with no funds and little equipment. What made the first year a success was the excellent corps of professors recruited from the hospital and 17 enthusiastic women.

Soon the college earned an outstanding reputation. Nevertheless, for years its graduates were denied positions in hospital intern programs. It wasn't until 1881 that the college's first graduate was accepted into the highly sought-after intern program at Cook County Hospital. Through her appointment, Mary E. Bates, M.D., helped pave the way for women interns into hospitals across the state.

Regardless of their training, women physicians were not widely accepted by their male counterparts. Men maintained that women physicians were the product of inferior training and refused to consult with them and ostracized those who did. Such sentiments became the basis for not welcoming women into organized medicine.

While the AMA admitted women as early as 1846, many state societies were reluctant to follow suit. The Illinois State Medical Society first accepted women in 1875, when it granted membership to three female physicians.

Hollywood straight talk

Moms and Dads - If your children keep asking about how to get into TV commercials, this special event offered by the Northbrook Park District will show you how! Offered on Thursday, Oct. 8 from 7 to 9 p.m. at the Sports Center Community room, this seminar will give you the information you need.

You will learn about agents, casting directors, unions, photographers, auditions and finding work. Jean Gramer, a talent agent with a well-known children's agency and instructor with Act One in Chicago, will lead this popular class. For additional information call 291-2980.

Manor Women plan holiday bazaar

Park Ridge Manor Women will hold a holiday bazaar Saturday, Nov. 14 from 9 a.m. to 3 p.m. at Franklin School, 2401 Manor Lane, Park Ridge. For more information call (708) 825-7170.

One, Sarah Hackett Stevenson, M.D., of Ogle County, became the first woman delegate to the AMA. Dr. Stevenson was asked to attend the June 1876 annual AMA meeting in Philadelphia in place of a male colleague who had fallen ill. She was met with much criticism, as AMA membership did not yet entitle women to leadership positions.

To give women physicians nationwide a support network and forum for sharing information, Bertha Van Hoesen, M.D., founded the Medical Women's National Association (now the American Medical Woman's Association) in Chicago in 1915. While the goals of the association were much the same as men's medical societies - organizational business and the review of medical papers and individual cases - the focus differed greatly. Women concentrated on prevention, public health, sanitation, and women's and children's health issues, providing the basis for contemporary public awareness campaigns.

Through their own self-determination, early women physicians created countless opportunities in medicine for women. Universally accepted by medical schools, women today are represented in every medical specialty. Three women now serve on the AMA's governing body, the Board of Trustees, and a woman currently holds the top U.S. health care post, Antonia Novello, M.D., U.S. Surgeon General. For all their accomplishments, the Illinois State Medical Society salutes women in medicine.

DAR meeting features program on Columbus

Twenty-first Star Chapter, National Society Daughters of the American Revolution, will hold a meeting at the Park Ridge Country Club, 636 N. Prospect Ave., Oct. 14. The luncheon is scheduled for 11:30 a.m. with the program at 1 p.m. Hostesses for the day are Mrs. Roland Benjamin, Mrs. George Fritz, Mrs. George Kacding, Mrs. Joseph Nedwed, Chair.

Mrs. Susannah Fritzier of Des Plaines will present a slide program entitled, "Discover Columbus in America" including information about the Boalsburg, Pa., descendants of Christopher Columbus.

Women in the northwest suburban area who are interested in membership in the National Society Daughters of the American Revolution and are able to prove direct descent from a patriot who served during the American Revolution should contact Mrs. Betty Borman at (708) 692-6279.

Joy Hess scholarship

Joy Hess, daughter of Dora and Paul Hess of Arlington Heights, is the recipient of a Cardiovascular-Thoracic Scholarship in the amount of \$2,792 for her second year tuition at the St. Francis Hospital School of Nursing in Evanston. The scholarship is awarded on the basis of need, CPA, attendance, clinical evaluations, and the student's interest in the field of cardiovascular surgery.

Women Vets of World War II celebrate golden anniversary

The media proclaims, "This is the year of the woman!" It is also the year to formally recognize and honor America's military women. Fifty years ago 350,000 women enlisted in the WAAC, the WAVES, the SPARS and the Women Marines in answer to the call to help the nation carry on and win World War II. They served with distinction.

In May of this year, a famous entertainer, Bob Hope, presented his Armed Forces Day show in honor of the women of America who have served their country since the days of the American Revolution. First Lady Barbara Bush agreed with him that honoring service women was a long overdue tribute.

For women who served during World War II, this is the year to commemorate their service a half century ago in the Army, the Navy, the Coast Guard and the Marines. Women who have served since then also have their memories to share.

The Illinois Council of Women Veterans, representing 16 different chartered veterans' organizations, will celebrate National/ Illinois Women Veterans Recognition Week at its Fourth Annual Luncheon to be held on Saturday, Nov. 14, at the White Eagle Restaurant, 6845 Milwaukee Ave., Niles.

An invitation is extended to all active duty, reserve, and veteran women and to their male comrades, other family members and friends to attend this luncheon. A special invitation is directed to those women veterans who have not, up to now, taken part in the observance of their contribution and service to the nation. This is the year to do so.

The cost of the luncheon is \$20 per person. Reservations can be made by calling Lorna Swiech at (312) 589-1114; Eva Meyer at (708) 967-9048; or by sending a stamped self-addressed envelope to the Illinois Council of Women Veterans, Suite A, 2828 W. 38th Place, Chicago 60632.

The Lilac Tree holds workshop

The Lilac Tree, a not-for-profit organization dedicated to helping divorcing or recently divorced women make a successful transition from married to single life, is holding a special seminar for therapists and family counselors.

Discussing the special needs of divorcing therapy patients/clients, and the alternatives available to them, will be The Honorable Kathy Flanagan, Judge, Circuit Court of Cook County, Divorce Division; attorneys Gemma Allen and Ronald Ladden of Prezel & Stouffer, and a mediator from the Court's Family

Mediation Service as well as Dr. Karen Bloomberg, Ph.D., who is in private mediation practice. Nan Gold, founder and Executive Director of The Lilac Tree, will host the evening's events.

The workshop will be held Wednesday, Oct. 14 from 7 to 9:30 p.m. at the Evanston Catholic Women's Club, 1560 Oak Ave., Evanston. The cost to attend the workshop is \$45. Advance registration for the event is required as space is limited. Reservations can be made by calling (708) 328-0313.

Workshop for women starting businesses

Women interested in learning about entrepreneurship and the joys and pitfalls of owning their own businesses are invited to attend a workshop designed for them by the Women's Business Development Center.

The "Before You Start Your Business" workshop will be given Tuesday, Nov. 3, from 12:30 to 3 p.m.; Thursday, Nov. 5, from 5:30 to 8 p.m.; and Thursday, Nov. 19, from 12:30 to 3 p.m.

The workshop is designed to help participants self-assess risks, financial issues, and commitment in evaluating their potential as entrepreneurs; and to help them analyze the correlation of their business skills with their business ideas. "Before You Start" can be taken individually or as part of the FAST TRACK workshop series.

Auxiliary changes bazaar date

The date for Holy Family Hospital's Auxiliary annual holiday bazaar has been changed to Friday, Oct. 30, from 9 a.m. to 4 p.m., instead of Nov. 6.

The bazaar will feature handmade crafts, baked goods and a used book sale. A quilt made by auxiliary members will also be awarded at the bazaar. Santa and Mrs. Claus are scheduled for a special visit during the event.

Sisters set bazaar

The Sisters of the Holy Family of Nazareth will sponsor their annual Autumn Bazaar Sunday, Oct. 11 from 11 a.m. to 5 p.m. The bazaar will be held in Holy Family Hospital's auditorium; located at the corner of Golf and River roads in Des Plaines. The bazaar will feature handmade crafts, baked goods, toys, several raffles and bingo.

Club sets luncheon

The Lincolnwood Afternoon Club will hold its annual philanthropy luncheon and fashion show "Everything Coming Up Roses" on Wednesday, Oct. 14 at Monastero's Gino's Banquet Room, 3935 W. Devon Ave., Chicago. Cocktails are scheduled for 11:30 a.m. with luncheon served at 12:30 p.m.

Fashions will be presented by Quintros, 1730 Lake St., Oak Park. Reservations can be made by calling (708) 677-7281. Tables of eight or 10 are available and the price per person is \$22.

Weber hosts dinner/fashion show

Archbishop Weber High School will hold its Annual Dinner/Fashion Show, "Guys & Dolls," at Banquets by Biagio, 4236 No. Central Avenue, Chicago on Friday, Oct. 16.

Cocktail hour begins at 6 p.m., followed by dinner at 7 p.m. The cost is \$25 per person. Advance reservations are needed and may be made by calling Lottie (312) 237-6082 or Clara (312) 237-0748. The event is sponsored by Weber High School Parents' Club.

Business ownership meeting

The Communicator as Entrepreneur: How To Build a Successful Business in the 90's. Lunch meeting, Saturday, Oct. 24, 11:30 a.m., Hackney's on Lake Restaurant, 1514 E. Lake, Glenview. A panel discussion for writers, photographers, graphic artists and people in communications careers. Sponsored by Women In Communications/North Shore. \$15 members, \$20 non-members. To make reservations or receive further information, call (days) 312/440-2714 or (evenings) 708/869-1010.

Welcome, Baby

Susan and Richard Domzalski of Mt. Prospect are the parents of Kyle Richard Domzalski, 6 lbs. 15 oz., born August 28. Mr. and Mrs. Richard Finkler and Mr. and Mrs. Edmund Domzalski, all of Niles, are the grandparents.

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Women's News

Local woman competes in pageant



Kathleen Sobczak

Kathleen Sobczak, daughter of Joseph and Linda Sobczak of Niles has been selected as an entrant in the 1992 Miss Illinois Teen All American Pageant to be staged in the Grand Ballroom of the Quality Hotel in Palatine on Saturday and Sunday, Oct. 3 and 4. This event will select Illinois' representative to the Fifteenth Annual Miss Teen All American Pageant staged at the Miami Airport Hilton & Towers in Miami, FL next August.

Sobczak will be competing with young women from all over the state for the title of Miss Illinois Teen All American 1992. She attends Niles West High. Her other activities include water skiing and working at a hardware store in Morton Grove.

Welcome, baby

William and Violet Piazzi of Niles and John and Eleanor Chrystal of Mundelein are the grandparents of a girl, Kathleen Grace who was born to Mr. and Mrs. Christopher D. Piazzi on 9-6-92 at Highland Park Hospital in Highland Park. Kathleen has a brother John Christopher age 3.

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Entertainment

Candlelight Forum Theatres available for fund-raising

Candlelight Dinner Playhouse and the adjacent Forum Theatre are now available for fund-raising events such as fashion shows, corporate business meetings, luncheons, and dinner dances. Candlelight's staff will work with business, civic and social leaders to insure a successful event.

Available on an affordable rental basis on afternoons and evenings when Phantom and Out of Order are not playing, Candlelight/Forum offers luxurious and convenient accommodations for your group's next social function.

Candlelight features a sophisticated lighting and sound system, in addition to its acclaimed hydraulic stage, making it ideal for fashion shows and dinner dances with its intimate in-the-round dining.

The Forum Theatre, with comfortable theatre style seating and a proscenium stage is perfect for business and town hall meetings.

Candlelight/Forum has actively worked with civic, church and community groups in its thirty year history, donating hundreds of thousands of tickets to charitable organizations.

For information or planning your next special event, phone Candlelight's business staff at (312) 735-7400.

Northbrook Theatre sets auditions for 'Firecracker'

Budding actors and actresses between the ages of 18 and 45 may answer the call of the Northbrook Theatre's auditions for its production, "The Miss Firecracker Contest." Auditions will be held at 7 p.m. at the Leisure Center Theatre, 3323 Walters Ave., Northbrook on Tuesday, Oct. 13, and Wednesday, Oct. 14.

All who tryout must participate in auditions drawn from the playscript. Needed are two men and four women.

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Cablevision tapes Hemingway history

Cablevision of Chicago is joining the Ernest Hemingway Foundation to tape a video oral history of the famed writer Ernest Hemingway. The first of several videotaping sessions will be held at the Cablevision studios at 1144 Lake St., Oak Park, on Friday, Oct. 2.

Cablevision joined with the Arts and Entertainment Network to donate video and television equipment earlier in the year. This donation will allow museumgoers to view the Oral History.

For more information about the taping, call the Hemingway Foundation at 848-2222.

Terror returns to the lake

The Des Plaines area Jaycees once again present their award winning annual haunted house "Terror on the Lake," with the help of the Lattof and Leaning Tower Scuba Club and the cooperation of the Des Plaines Park District.

"Terror on the Lake" is known throughout the Northwest suburbs as one of the scariest Halloween haunts. Ghouls, ghosts, goblins and sea monsters will be allowed to run free terrorizing those brave enough to attend. All new theme rooms and haunts are planned and everyone is welcome.

"Terror on the Lake" will operate at "full scare" starting Oct. 17 and 18 and open again Oct. 23 thru Oct. 31. Hours are Monday thru Friday 7 to 10 p.m., Saturday and Sunday 7 to 10 p.m. For pre-arranged groups, call the "Terror on the Lake" hotline at (708) 518-6977.

Admission will be \$4 for adults and \$3 for children under 11.

"Terror on the Lake" is on the north end of Lake Park (Lake Opoka). Lake Park is located on the corner of Touhy and Lee in Des Plaines.

Chorus sponsors dinner dance

The Austrian Mixed Chorus of Chicago annual concert and dinner dance will be held Saturday, Oct. 31 at the Fireside Banquet Center, 9101 N. Waukegan Rd., Morton Grove. The cost is \$28 per person.

For information and reservations, contact Loretta Fleischmann (708) 696-2878 or (312) 583-6700.

'Songs of War' debuts at NJT

"The Song of War," a play by Murray Schisgal featuring beloved songs of the war years, opens at 7:30 p.m. on Monday, Oct. 26, at National Jewish Theater (NJT) in Skokie.

Susan Padveen, newly appointed Co-Artistic Director of NJT will direct.

The cast includes Guy Barile as actor Calvin Saks, Paul Amandes, David Bonanno, Julie Greenberg, Wantland L. Sandoz Jr., and Lisa Marie Schultz. Claire Bataille is the choreographer and Stephen Dewey is music director. The Songs of War designers are Richard and Jacqueline Penrod (sets), Mary M. Badger (lights), and Jessica Hahn (costumes).

Tickets are available by calling the National Jewish Theater box office at (708) 675-5070.

The Songs of War is a theatrical glimpse into the family life of Calvin Saks, a sixty year old successful actor. In this humorous retrospective of his early years, Saks informs his battling parents of his decision to join the Navy. He plans to leave home at age 16, and become part of a conflict larger than himself, World War II. Calvin Saks

returns as a mature adult to reconcile himself with his chaotic past. The nostalgic music underscores the story with the passion of an actor. Schisgal's selections for the show include the popular favorites "K-K-Katy," "I'll Be With You In Apple Blossom Time," and "Don't Sit Under The Apple Tree."

"The Songs of War" opens on Monday, Oct. 26, at 7:30 p.m. at National Jewish Theater, 5050 W. Church St. in Skokie. Previews begin Wednesday, Oct. 21, and the show is now scheduled to run until Sunday, Nov. 29. Performances are Wednesdays and Thursdays at 7:30 p.m.; Saturdays at 8:15 p.m.; Sundays at 2 p.m. and 7:30 p.m. Three Wednesday matinees are scheduled on Oct. 21, Nov. 4 and Nov. 18 at 1:30 p.m. There is no Friday evening performance. There is no performance on Thanksgiving. Ticket prices are \$15 and \$25 for previews and \$18 to \$26 for the regular run. Group rates are available. There is free parking. For tickets and further information call the NJT box office at (708) 675-5070.

Riverwoods sets annual art exhibit

The 33rd annual The Arts and Riverwoods is scheduled for Saturday, Oct. 3, and Sunday, Oct. 4. The public is invited to view and purchase fine art displayed in five distinctive Riverwoods homes from noon to 5:30 p.m. Bike, walk or ride a shuttle bus through the fall woods, ablaze with color to each home displaying a collection of fine and fun art.

The Arts and Riverwoods is a unique show in the Midwest. Those who attend the show are able to view the work of 26 fine artists, many showing for the first time in the Midwest. Visitors will view a variety of fine paintings, jewelry, sculpture, pottery and more. Homes in this

Upstage/Downstage presents Haunted House

The Upstage/Downstage Theater will hold its annual Haunted House on October 24, 25 and 29, 30, and 31 from 5 to 10 p.m. at the studio at 4411 Oakton St., Skokie. Admission is \$2 and refreshments will be available.

The Haunted House is for ages 8 to 80.

A Little Spook House for ages 4 to 8 will be held October 26 from 4 to 7 p.m. Admission is \$1 and includes activities geared for the "little spooks."

For more information call (708) 674-4620.

Symphony to honor maestro

The Board of Directors of the Northbrook Symphony Orchestra is hosting a gala benefit fundraiser dinner Sunday, Oct. 25 at the Cuneo Estate Museum in Vernon Hills, to honor Miriam and Samuel Magad.

Children's Museum celebrates Halloween

"Blast Off" for the Kohl Children's Museum for an out-of-this-world Halloween celebration Saturday, Oct. 24, and Sunday, Oct. 25. Families will enjoy a safe and creative Halloween festival where they will be greeted by Tabor, the amazing human robot.

Youngsters will visit a make-believe space kingdom where they will meet the kingdom's ruler, Niprop. During each child's exploration of the Museum, he or she will experience life on the moon, listen to space-age music, participate in galactic games, receive prizes and more. Everyone will trick or treat through the universe, visiting Pluto, Saturn, Jupiter, Mars and Earth. At each planet children receive a treat.

All activities will run throughout each party to give everyone an opportunity to take part in the fun.

Party times are 10 a.m., 12:30 and 3 p.m., on Saturday and Sunday. Parties are 90 minutes in length. Tickets are \$6 per person. Children under one year old are free. Tickets are on sale now in The Learning Store located within the Kohl Children's Museum. For more information call (708) 251-7168 or (708) 251-6950. Due to the popularity of the event, advance purchase of tickets is strongly suggested. The Museum is closed to the general public during the Halloween "Blast Off" event; only those who purchase tickets for the parties will be admitted. The Museum is located at 165 Green Bay Rd., Wilmette.

Rush North Shore Medical Center's Fall Fantasy Ball '92

"Le Masquerade," world-class performers whose show blends mesmerizing costumes, music, lighting and special effects, will highlight Rush North Shore Medical Center's Fall Fantasy Ball '92, at the new Stouffer Riviere Hotel, 1 W. Wacker Drive, Chicago on Saturday, Oct. 10.

Tickets for the benefit may be purchased per availability. Proceeds from the evening will benefit Rush North Shore Medical Center's Gross Point addition.

Enroll in Irish dancing classes

The Mullane Irish Dancers were established in 1985 by North American Champion Irish Dancers, brother and sister Michael Mullane and Mary Alice Godley to promote the lively art of traditional Irish step-dancing. Now starting their seventh year, the Mullane Irish Dancers are one of the largest Irish dancing schools, not only in Chicago, but in the world.

The teachers are known for their high energy and enthusiastic style of teaching. The traditional dances of the jig, reel, and hornpipe are just a small sample of the dances that the school offers. The dancers range in age from 5 through 20 and compete in dancing competitions across the United States called "feises." The school has won numerous awards in both solo and team competitions, competing in National Championships and recently the World Championships held in Limerick, Ireland.

In addition, the dancers are well known throughout Chicago.

Kohl Children's Museum celebrates Halloween

"Blast Off" for the Kohl Children's Museum for an out-of-this-world Halloween celebration Saturday, Oct. 24, and Sunday, Oct. 25. Families will enjoy a safe and creative Halloween festival where they will be greeted by Tabor, the amazing human robot.

Children's academy presents 'Beauty'

Creative Children's Academy, Mt. Prospect, presents its first theatrical production of the 1992-'93 school year, Beauty and the Beast, Oct. 23, at 7:30 p.m.

Under the direction of Mrs. Margaret Schmolli, Early and Lower School Music teacher and one of the Academy's four recipients of the 1992 Award for Excellence in Gifted Education, 22 Academy students will have roles in the play.

The public is invited to attend the performance and there is no admission charge. The Academy is located at 101 N. Owen St., Mt. Prospect.

For information about the performance or the Academy, itself, call (708) 577-5864.

Oakton presents Broadway hit

Comedy lovers shouldn't miss Oakton's presentation of the 1973 Broadway hit, The Good Doctor, Friday through Sunday, Oct. 8 through 11 and 15 through 18 in the Performing Arts Center at Oakton Community College, 1600 E. Golf Road, Des Plaines. Show time is 8 p.m. on Fridays and Saturdays, and 3 p.m. on Sundays.

The play provides a delightful look at Anton Chekhov's stories through the comical eyes of Neil Simon. This series of sketches is an affectionate portrait of the human condition. The play is directed by Charles Doolittle, technical director of Oakton's Performing Arts Center.

Tickets are \$5 and \$7. After the Friday night show on October 16, meet the director and cast of The Good Doctor at a complimentary post-performance reception sponsored by the Oakton Community College Alumni Association. Refreshments will be served.

For ticket information, call the Oakton Box Office at (708) 635-1900.

NEIU presents memorial tribute concert to string teacher

Northeastern Illinois University's (NEIU) Department of Music will present "A Memorial Tribute to Sylvie Koval: An Evening of Chamber Music and Song," Thursday, Oct. 1, at 7:30 p.m. in the university's auditorium, 5500 North St. Louis Avenue, Chicago.

Performances by music faculty will feature Allen Anderson, piano; Ronald Combs, baritone; Andrew Glendening, trombone; Phyllis Hurt, soprano; William Schmitt, piano; Paul Urbanick, violin; and Julie Zumsteg, cello. Works include Beethoven's "Archduke" trio for piano, violin and cello, and songs by Schubert and Brahms.

Sylvie Koval, NEIU associate professor of music until her death this past spring, had taught at NEIU since 1968. In 1990, the Illinois American String Teacher Association presented her with its Distinguished Service Award. She also coordinated a teaching composer alliance project, to introduce students to contemporary music.

The tribute concert is free and open to the public. For more information call the music department at (312) 794-3042.

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Entertainment

Historic Pullman announces 19th annual house tour

The Historic Pullman Foundation and the Pullman Civic Organization will hold its 19th Annual House Tour on Saturday, Oct. 10, and Sunday, Oct. 11.

The Pullman House Tour will be held from 11 a.m. to 5 p.m. and will begin at 614 East 113th Street. The tour will include a 12-minute slide show, the Hotel Florence, the Greenstone Church, a number of private residences, a look at an archaeological dig being undertaken at the location of the former Pullman Arcade building and other sites in the Pullman District, a national, state and city landmark. Visitors may also wish to dine at the Victorian and elegantly appointed 112-year old Hotel Florence, the town's focal point.

In 1880, the best of Victorian architecture, construction, and craftsmanship were implemented to create the town of Pullman. George M. Pullman, owner of the Pullman Palace Car Company, built the model town for his employees. It was billed as the "world's most perfect town" because of its unique architecture and innovative living arrangements. Today, an enthusiastic community is involved in the preservation of Pullman homes and historic buildings.

Tickets are available for the discounted price of \$8 when purchased in advance. To receive the advance sale discount, checks or money orders should be made payable to Historic Pullman House Tour and mailed to the Hotel Florence House Tour, 11111 South Forestville Avenue, Chicago, IL 60628. Tickets will also be available at the door both days of the event. Door ticket prices are \$10, \$8 for senior citizens and groups of 10 or more. Door tickets may be purchased until 3:30 p.m.

Tickets may also be purchased at the Hotel Florence, located at 111th Street and Forestville Avenue, Chicago, four blocks west of I-94 and one block from the Pullman Station of the Illinois Central Railroad.

For further information, call (312) 785-8181.

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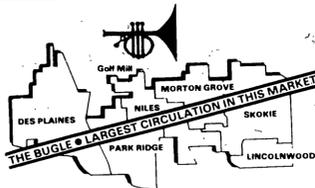
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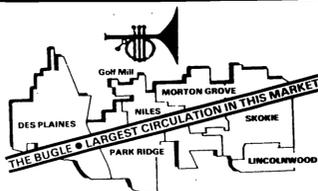
BUSINESS SERVICE DIRECTORY

Grid of business service advertisements including: PLUMBING (TOP GUN PLUMBING), ROOFING (LOW COST ROOFING), TUCKPOINTING (MIKWAY), UPHOLSTERING (CUSTOM MADE PLASTIC COVERS), VCR MAINTENANCE (Specializing in: VCR HEAD CLEANING), WALL WASHING (NORTHWEST WALL WASHING), NEED HELP? CALL... (966-3900), and THE BUGLE'S Classified Ads give you... MORE results for LESS money.

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USE THE BUGLE
Classifieds
966-3900



Your Ad Appears
In The Following Editions

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- PARK RIDGE/DES PLAINES BUGLE
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BIRDS FOR SALE

Mated Pair Of Cockateils
(2 Years Old) W/Cage
\$125 - Call: (708) 390-0044

ESTATE SALE

FLORENCE (708) 635-9958
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The Bette Girls
ESTATE SALES
GARAGE SALES

• SALES • SET UP • LIQUIDATION
VIRGINIA (312) 736-2853
CLAIRE (708) 678-0450

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SHIRTS • CAPS • SWEATSHIRTS
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H. Darmer & Associates
Advertising Specialists
FREE RUSH SERVICE JUST
TELL US WHEN YOU NEED IT

All kinds of gifts & forms with your
company's imprint
• For Business • Schools
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• Fund Raisers • Company
• Clubs • Picnics
• Grand • Special Events
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Call
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MAGNETS • MUGS • LIGHTERS

MISCELLANEOUS

I'LL SAVE YOU!
What are you looking
to buy?
I'll find it for you
in your price range!
Even if I have to go
out of state
Call Pat Now
699-0512

Find the help that
you need in our
classified section.

The Bugle's Bulletin Board

"We'll Make Your Lawn Dreams Come True"
PARADISE LAWN DESIGN
20% OFF
• Design Service • Sodding
• Grading • Seeding
• Stone Walkways • Lawn Maintenance
• Retaining Walls • Shrubs & Trees Planted
• Water Falls & Ponds • Fall Leaf Special Clean Up
NEW HOME OWNER SPECIAL
FOR NEW SODDING
(708) 515-5614
Offer Expires 11/19/92
One Coupon Per Customer Not Valid With Any Other Offer

Money for College!
Every Student qualifies for some type of scholarship, regardless of financial need or academic achievement. Scholarships are available for Undergraduate, Graduate, Doctoral, and Post-Doctoral students.
FREE
Scholarship Information CALL (708) 296-4837
Scholarship Search Services

PUSH BUTTON GARAGE DOORS
\$289
16' X 7' STEEL DOOR
CASH & CARRY
\$429
16' X 7' STEEL DOOR
INSTALLED
(708) 968-6070

KITCHEN CABINET REFINISHING
AFFORDABLE PRICES
UNBELIEVABLE RESULTS
For Wood - Metal or Formica
SAVE 70%
over refinishing for a total new look
MUST SEE!
CALL: **RON**
(708) 640-0650
Over 15 Years In Your Area

Call (708) 966-3900
To Place Your
Bulletin Board Notice!

TOP GUN PLUMBING & SEWER SERVICE
• Power Rodding • Flood Control • Clean Out And Install
\$10 Off Any Rod Job
\$50 Off Any Sewer Repair
• 24-Hour Service
• Free Estimates • Senior Discount
No Extra Charge For Weekends!
In House Credit Terms Available
(708) 749-0346
(312) 522-0101

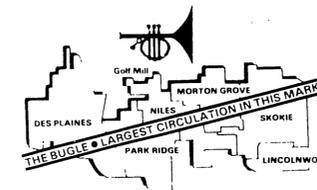
WE WILL GET YOUR AD QUICKLY and ACCURATELY
ON OUR FAX MACHINE

FAX FOR ADVERTISING COPY

Bugle Newspapers
8746 N. SHERMER ROAD, NILES, IL
(708) 966-0198
(OUR FAX NUMBER)

The Bugle's Classified Ads give you . . .
• **MORE** results for • **LESS** money
"The newspaper that delivers"

USE THE BUGLE
Classifieds
966-3900



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The Bugle's Bulletin Board

LENEEE'S CARPET CLEAN
(708) 966-8430
RESIDENTIAL AND COMMERCIAL
FREE ESTIMATES

CREDIT PROBLEMS?
Now You've Got a
SECOND CHANCE
Regardless Of Your Past History
• REFUSED CREDIT? • FIRST TIME?
• MILITARY?
VISA YOUR FINANCIAL FUTURE BEGINS
THE DAY YOU ESTABLISH CREDIT
(708) 564-4473

E & S ROOFING & TUCKPOINTING
• Glass Block Windows • Stucco
• Remodeling • Room Additions
• Porches • Garages
• Decks • Chimney Repair
• Siding • Gutters
Free Estimates **(312) 622-7355**

HERE IS YOUR CHANCE!!
AN INEXPENSIVE, ENGLISH SPEAKING
"ABSOLUT" CLEANING SERVICE
Have You Had Trouble Keeping
Your House Clean Lately?
Have You Had Trouble Communicating
With Those Who Clean Your House?
Starting Tomorrow You Can Have This
Problem Off Your Hands
Our Job is To Clean Your House
We'll Do It INEXPENSIVELY, FAST AND PRECISE
WE HAVE INSURANCE AND EXPERIENCE
CALL NOW!!! (312) 794-9038

OPEN 7 DAYS A WEEK
• Free In-Home Consultation
• Free Custom Design
• Fast Professional Installation
• Weekend Installations
• Closet Painting
• Closet Accessories
• Full Line Of Storage Products
WEEKEND INSTALLATIONS
Organization starts at...
CLUTTERER'S ENEMY
(708) 674-6300
3945 Dempster Skokie
• Custom Made Or Do-It-Yourself

Call (708) 966-3900
To Place Your
Bulletin Board Notice!

The Bugle's Bulletin Board

Call **(708) 966-3900** To Place Your Bulletin Board Notice!

YOU TOO CAN GET THE SAME GREAT
ACTION WITH YOUR CLASSIFIED ADS...
CALL **(708) 966-3900** TODAY
or stop in...8746 N. Shermer Road, Niles

The Bugle's Classified Ads give you . . .
• **MORE** results for • **LESS** money
"The newspaper that delivers"

GARAGE SALE

NILES - 7421 SCHOOL ST.
1 Block East Of Waukegan Rd., Fri. & Sat.
Oct. 2 & 3 - 9 A.M.-4 P.M. - Lots of Goodies

NILES - 8019 MERRILL
Oct. 3 & 4, Sat & Sun - 9 am-4 pm
Lots of Baby Clothing & Toys & Tools

CHGO. 5752 N. ROCKWELL (2600 W)
Saturday October 3 - 9 A.M.-4 P.M.
Yard And House (In & Out) Sale!

PERSONALS

Jan You're
NUMBER 1
Happy Birthday
October 1st
The Bugle
Bunch

HOLY SPIRIT, you who make me see everything and you who show me the way to reach my ideas. You who give me the divine gift to forgive and forget the wrong that it done to me and you who are with me. I and this dialogue want to thank you for everything and to confirm once more that I never want to be separated from you no matter how great material desires may be. I want to be with you and my love ones in your perpetual glory. Amen. Thank you for your love towards me and my love ones. Persons must pray this prayer 3 consecutive days without asking your wish. After the 3rd day, your wish will be granted no matter how difficult it may be. Promise to publish this dialogue as soon as your favor has been granted. H.O.

Just Thinking Of You

Happy Birthday Ray!
Love
The Buglers

BOB
It's Your Birthday.
So INDULGE!
October 7

The Buglers

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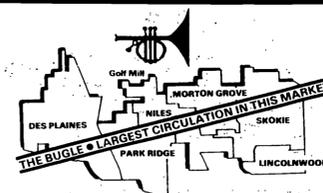
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<p>FULL TIME</p> <p>PUT YOUR BEST FOOT FORWARD</p> <p>AND REPEAT THESE WORDS...</p> <p>MANAGEMENT OPPORTUNITIES</p> <p>...I want a challenging and interesting opportunity with a bright retail organization that's going places. Importantly, they should be well-established and sell high quality products. I consider myself to be pretty sharp so I expect competitive pay, good benefits and a schedule where I can enjoy my own life.</p> <p>Famous Footwear has all of the above and more! We've written the book on the successful retailing of quality footwear. And we take very good care of our people...that's why we're an industry leader and we continue to grow. We're opening new stores and are seeking more professionals to join us. Put your best foot forward and bring your career to Famous Footwear. We won't give you the retail two-step, we'll give you a career. Send your resume to:</p> <p>Attn: Alicia Parker Famous Footwear 817 Church St. Evanston, IL 60201</p> <p>Attn: Karen James Famous Footwear 8314 Skokie Blvd Skokie, IL 60077</p> <p>Equal Opportunity Employer M/F/D/V</p>	<p>FULL TIME</p> <p>I.I.S.</p> <p>Needs Consultants: OS/2, DOS, SQL-Server, Database, COBOL, MFC, DB2, PL/1, Database Mgr., SPF, DIA Mgr., APS/PC, Mark IV, KMBS, Intellect, C, Assembler, Excelerator, CICS, DB2, VSAM</p> <p>9003 W. Airport Fwy. - Suite 375 Fort Worth, TX 76180 (817) 498-6830 Fax: 485-0847</p>	<p>FULL/PART TIME</p> <p>BE A CHILD CARE PROFESSIONAL</p> <p>Full Time, Part Time and Live In Positions. \$150-\$400/Week. CPR, First Aid & Related Child Care Programs available to applicants registered with us.</p> <p>CHILDMINDERS, INC. (708) 673-8998</p>	<p>FULL/PART TIME</p> <p>DRIVERS</p> <p>Busy Messenger Service Needs Drivers Must Have Own Vehicle Cars, Wagons & Vans For City And Suburban Delivery (312) 292-4529</p>
<p>MANAGER TRAINEE</p> <p>Large International Corporation Looking For An Ambitious Individual With Ambition To Earn \$30,000 Per Year And More Willing To Start At Bottom And Learn New Business Opportunity To Earn \$300 Per Week While Learning Call: (708) 676-0607 EOE/M/F</p>	<p>CUSTOMER SERVICE</p> <p>We Need Your Skills! Clients In Niles & Skokie Need 9+ People For Long Term Assignments Data Entry Or Typing A Plus Call Sarah: (312) 693-6400</p>	<p>\$200-\$500 WEEKLY</p> <p>Assemble Products At Home. Easy! No Selling. You're Paid Direct. Fully Guaranteed. FREE Information-24 Hour Hotline. (801) 379-2900 Copyright #IL240DH</p>	<p>Permanent Part-Time Position</p> <p>Telemarketing From Your Home Minimum 4-6 Hours A Week Must Be Reliable Please Call: (708) 515-5848</p>
<p>DRIVER</p> <p>FULL-TIME MUST HAVE CLASS A CDL FOR TRACTOR TRAILER (708) 595-4762</p>	<p>TELLER</p> <p>In Glenview - Monday-Friday 10 A.M.-2 P.M. Heavy Cash Handling Exceptionally Good Customer Contact Skills For This Teller Position Experience Preferred (6 Mos. +)</p> <p>Bank Of Northern Illinois (708) 724-9000 Call For Interview Appt. EOE M/F/D/V</p>	<p>GINO'S EAST</p> <p>Has Immediate Openings For Full-Time/Part-Time • Waitress • Hostess • Phone Order Takers Apply In Person To Marianne Or Chris 3517 W. Dempster - Skokie (708) 982-9401</p>	<p>ADMIN. ASSIST. NAT'L JEWISH WOMEN'S ORGANIZATION</p> <p>21 Hours Per Week Detail oriented and excellent interpersonal skills. Correspondence, newsletters, WordPerfect, answering phone, light bookkeeping. Well organized independent worker with initiative who enjoys taking responsibility. Flexible hrs. Excl. benefits. Salary commensurate with experience. Send resume with salary requirements to: B'NAI B'RITH WOMEN 7701 N. LINCOLN AVE. SKOKIE, IL 60077</p>
<p>GENERAL OFFICE</p> <p>Export Company With Worldwide Contacts Needs A Person For Interesting General Office Work. Must Be Able To Take Shorthand, Type Neatly And Spell Properly. Will Train. Friendly Offices Close To Lincolnwood Call: (312) 283-6601</p>	<p>DATA ENTRY</p> <p>Part-Time/Full-Time Experienced Data Entry People Needed For M/T Res. D.P. Computer. 1/2 Years Experience With P.C. Or Main Frame Data Entry System Required. Mkt. Res. Survey Exp. A Definite Plus. Send Resume & Letter Or Call: Star Data Systems Inc., 6232 N. Pulaski Rd. Chicago 60646 1 (312) 794-0400 Ask For Mrs. Campos</p>	<p>HOME TYPISTS</p> <p>PC Users Needed \$35,000 Potential Details Call: (1) (805) 962-8000 Ext. B-2010</p>	<p>SALES FULL OR PART-TIME</p> <p>Successful west coast company expanding nationally. Sell exclusive product with universal appeal. Seeking aggressive sales executives for the midwest. Unlimited long-term income for dedicated persons. Don't make a mistake call Mike Hardy at: (708) 397-0531</p>
<p>OFFICE POSITIONS</p> <p>Long Term Temp Assignments</p> <ul style="list-style-type: none"> • Word Processors • Data Entry • Secretaries • Switchboard • Customer Service <p>If you have experience in a corporate environment and a minimum of 6 mo's to 1 year experience on any of the following: Word Perfect 5.1, Lotus-Advanced, Microsoft Word for Windows or Always - IBM or MACINTOSH, we can assign you to long & short term temp positions at excellent client firms. We offer top pay, holiday & vacation benefits, free cross training on state-of-the-art software and the opportunity to be hired temp-to-perm.</p> <p>Please Call Marcie at: Paige Temporary, Inc. Skokie (708) 966-2332</p>	<p>CASHIERS/STOCK</p> <p>FT/PT - Exp. Preferred Or Will Train Good Work Ethics & Neat App. Nec. Good Benefits For Full-Time And Flexible Part-Time Hours Please Call Branko Between 8 a.m.-4 p.m. - Mon.-Fri. at: (708) 831-3310</p>	<p>CATERING SERVERS & SALES PERSONEL</p> <p>Flexible Hours Weekends & Evenings Allen's Catering (708) 480-1700</p>	<p>REAL ESTATE</p> <p>APTS. FOR RENT</p> <p>GLENVIEW 2 Bedroom 4 Room Apartment Fresh Paint - New Carpet Please Call After 5 p.m. (708) 296-2718</p>
<p>JOIN OUR WINNING MANAGEMENT TEAM!</p> <p>If you are highly motivated, have leadership and people skills, enjoy sales promotions, we have a career opportunity for you.</p> <p>Cosmetologist License A Must Call For Interview 1 (800) 542-4247 Ext. 5063</p>	<p>HEATING AND A/C SERVICE PERSON</p> <p>EXPERIENCED MUST HAVE POSITIVE ATTITUDE Call: (708) 298-4611</p>	<p>SNOW PLOW & BOBCAT OWNERS & OPERATORS</p> <ul style="list-style-type: none"> • Northbrook Area • \$\$ Top Pay \$\$ • Guaranteed Hours • Plenty Of Work <p>(708) 272-1747</p>	<p>CONDO FOR RENT</p> <p>FLORIDA - DISNEY - EPCOT - MGM Spacious 3 Bedroom - 2 Bathrooms Furn. Villa - Pool - Jacuzzi & Tennis (312) 631-1448 Or (708) 457-0519</p>

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USE THE BUGLE Classifieds 966-3900



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<p>FULL/PART TIME</p> <p>SWITCH BOARD/ RECEPTION</p> <p>Part-Time Thursday & Friday 8:15 A.M.-5 P.M. Saturday - 8:15 A.M.-Noon</p> <p>Excellent interpersonal Skills For Answering Counsel Switchboard, Vault Attendant & Miscellaneous Duties. Must Be Organized, Have Good Common Sense, Accurate Typing (40 WPM), Take Pride In Your Work & Present Good Appearance</p> <p>Bank Of Northern Illinois (708) 724-9000</p>	<p>MISCELLANEOUS</p> <p>GET BACK IN CONTROL</p> <p>How Do Drugs Destroy Your Ability To Control Your Life? What Can You Do About It? Find Out Now. Buy And Use PURIFICATION: AN ILLUSTRATED ANSWER TO DRUGS</p> <p>ILLINOIS PROFESSIONAL PHARMACEUTICAL 461 E. Prospect Avenue Mt. Prospect, IL 60056 (708) 259-9600 - Cost: \$17.00</p>	<p>TANNING</p> <p>WOLFF TANNING BEDS</p> <p>New Commercial - Home Units From \$199.00 Lamps - Lotions - Accessories Monthly Payments Low As \$18.00 Call Today FREE NEW Color Catalog 1-800-228-6292</p>	<p>WANTED</p> <p>WURLITZERS JUKE BOXES ALSO SLOT MACHINES Any Condition (708) 985-2742</p>
<p>BUGLE SEEKS NEWSBOYS</p> <p>The Bugle is seeking delivery newscarriers of all ages to deliver newspapers on Thursday.</p> <p>For An Opportunity To Earn Extra \$\$\$ Call (708) 966-3900</p>	<p>MISCELLANEOUS FOR SALE</p> <p>JIMMY 4 X 4</p> <p>Clean, Cruise, Power Windows Remote Locks, Trailer Pkg. Original Owner - \$5,000 Days (708) 966-2223</p>	<p>Bugle Newspapers</p> <p>AUTO DEALER DIRECTORY</p>	
<p>TELEPHONE SALES PART-TIME PHONE SALES AT NILES OFFICE SALARY PLUS COMMISSION (708) 966-3900</p>	<p>MISCELLANEOUS FOR SALE</p> <p>Brand New - Coleman Spa - 5-6 Per, Paid \$4,200 - Asking \$3,500 Call: (708) 470-0922 (Aft. 7 PM)</p> <p>Dining Room Table W/6 Chairs Formica - Good Condition Asking \$250 - Call: (708) 956-5324</p> <p>Furniture - Cherry Queen Ann Style Perfect Condition - Bedroom Set \$1100, Dining Room Set \$1700 Must Sell Complete Set (708) 406-0166</p>	<p>Avanti /Subaru</p> <p>SUBARU IN PARK RIDGE 740 Busse Highway, Park Ridge (708) 823-9800</p>	<p>Dodge</p> <p>DODGE CITY OF DES PLAINES 1439 S. Lee Street Des Plaines (708) 298-5200</p>
<p>REAL ESTATE</p> <p>HOUSE FOR SALE</p> <p>SUPER VALUE</p> <p>1789 Plainfield Dr. - Des Plaines 3 Bedroom, 1 1/2 Bath & 2 1/2 Car Garage Tri-Level - Eat In Kitchen Large Family Room Plus Sub-Basement \$177,500 Call: (708) 297-4331 Ask For John Immediate Occupancy</p> <p>MOBILE HOME FOR SALE</p> <p>'79 Elcona Mobile Home In Good Condition - 14ft. x 56ft. 5 Rms. - 2 Bdrms. 1 Bath Includes Appl. - Wood Deck 10 x 12 Double Panned Windows With Screens Easy access to O'Hare And Expressway Located In Des Plaines Asking \$14,000 Or Best Offer Call: (708) 803-4370</p> <p>Find the help that you need in our classified section.</p>	<p>MOTOR HOME FOR SALE</p> <p>'87 Winabago Itasca 21' Motorhome Excellent Condition Sleeps 4 - 2 Air Cond. \$14,500 Or Best Offer (708) 251-6354</p>	<p>Buick</p> <p>LOREN BUICK/HYUNDAI 1620 Waukegan Road, Glenview (708) 729-8900</p>	<p>Ford</p> <p>WIL-SHORE FORD 611 Green Bay Road Wilmette (708) 251-5300</p>
<p>CONDO FOR RENT</p> <p>Niles - 7628 N. Milwaukee - 1 Bdrm \$455/mo. Ground Level or 2nd Floor - Parking Included Cable Ready (312) 764-0602 (Aft. 7 P.M.)</p> <p>Des Plaines 1 BR - Includes Heat/AC Laundry & Parking \$490/Month - (708) 966-0979</p>	<p>MUSIC INSTRUCTIONS</p> <p>Piano, Accordion & Guitar From Professional Musician With B.A. Degree For Information Call: (708) 967-1184</p>	<p>Chevrolet /Volkswagen</p> <p>JENNINGS CHEVROLET/VOLKSWAGEN 241 Waukegan Rd. Glenview (708) 729-1000</p>	<p>Lexus</p> <p>ARLINGTON LEXUS IN PALATINE 1285 E. Dundee Rd. Palatine (708) 991-0444</p>
<p>FLORIDA - DISNEY - EPCOT - MGM</p> <p>Spacious 3 Bedroom - 2 Bathrooms Furn. Villa - Pool - Jacuzzi & Tennis (312) 631-1448 Or (708) 457-0519</p>	<p>MUSIC INSTRUCTIONS</p> <p>Piano, Accordion & Guitar From Professional Musician With B.A. Degree For Information Call: (708) 967-1184</p>	<p>Chrysler Plymouth</p> <p>WALTON CHRYSLER PLYMOUTH 5050 Dempster Skokie (708) 673-7600</p>	<p>Subaru</p> <p>STEVEN SIMS SUBARU 715 Chicago Avenue - Evanston (708) 869-5700 - 1 (312) SUBARUS</p>

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THE BUGLE CLASSIFIEDS

are worth more than just a quick glance.

Have you taken a good look at our Classified pages lately? You'll be surprised at just how many ads we publish.

When it comes to Classifieds, "the more the merrier" is true! More potential buyers...more sellers! More people advertising things for sale...and somehow, we get more people looking! That's the way it works! It takes both buyers and sellers...and we've got them!

Buying or selling, the first place to look is in...The Bugle Classifieds!

TO PLACE AN AD, CALL
(708) 966-3900
THE BUGLE NEWSPAPERS
THE NEWSPAPERS THAT DELIVER

Nilesite ...

cery check out line for one and a half hours and no one would accept one man's offer of \$100 to precede them in line.

The friends, now a group of five, huddled in one room all night, waiting for the storm to hit and listening to safety precautions on TV. Stretched out on the floor during their vigil, Stranczek was startled as a lizard, carried in one one of the plants, jumped across her neck. At 4 a.m., the electricity went out. "It was like a bomb was going to drop" to the storm watchers, Stranczek recalls.

When the driving winds and rain subsided later in the day, they realized the storm had passed. And though three trees in front of the house were half-uprooted, "Nothing really happened," Stranczek said.

Returning later to check their beachfront condo was "like being the last person on earth," she recalls. Roads were blocked, power lines were down, trees and screens were awry. Their condo was safe, but the sandy beachfront bore signs of the storm, with lots of fish, debris and someone's dentures washed ashore by the high tides.

Stranczek plans to go back next year, she said, but "not in the hurricane season."

A woman with ties to Niles who also survived the storm's wrath is Rita Mancuso, a former member of the St. Isaac Jogues 55-Plus Club. Mancuso experienced the long, loud wail of hurricane winds the morning of August 24 in her South Naples, FL home.

The former club member and her husband moved to their ranch style home in 1980. Now 80 years old and a widow, Mancuso said Andrew is the first bad hurricane she has seen since her move. Her home on the west coast of Florida is a 45 minute drive from the ocean.

Mancuso was not ordered to evacuate but those orders did go to her two daughters who live on offshore Marco Island. One of the daughters and her husband took refuge with Mancuso as the storm approached. Luckily they did, Mancuso muses, because the pool at their Marco Island home was destroyed. Mancuso feels

Continued from Page 3

fortunate, since her home is mostly unscarred and her palm trees still stand while those of many of her neighbors were uprooted.

"We knew it was coming...we brought everything inside" she recalls. At 4 a.m. Monday, August 24, "The sky was a beautiful blue; at 7 a.m. it started. (Though) the lights would blink off and on, we could see in the daytime. You could see the trees going down, some came right out (of the ground.)" The tumultuous winds lasted about four hours, she remembers, and though they lost power and the benefit of air conditioning, power was restored midday.

Remembering those hours a few days later, she recalled "it wasn't very easy--scary--but we survived; I hope I never see another again."

Deadline ...

Continued from Page 3

zens and 18 on or before Nov. 3. Voters who have moved or changed their names must register to be eligible to vote. They should bring two pieces of identification, including proof of current address. Naturalized citizens must provide the date and court of naturalization.

For information call (708) 297-2510, ext. 224.

Bonds ...

Continued from Page 3

so too are corporations and governmental agencies refinancing their long term debts.

The lead managing underwriter of the refunding bonds sale is First Chicago Capital Markets and senior co-managers are Bear, Stearns and Company and William Blair and Company.

Among the other members of the underwriting team are K M Independence Group and Gardner Rich and Company, minority business enterprises; Smith Mitchell and Robert A. Podesta and Company are women-owned business enterprises.

Grant ...

Continued from Page 3

Most of the learners are parents and have no time to take classes after work, Alexander explained. Making ESL available at no charge during working hours helps participants communicate better with the patients, gives them better confidence and self esteem and makes participants more promotable, hospital officials have found. In private life, they can talk to their kids about school and attend PTA meetings, Alexander explained.

Learners are Ukrainian, Hispanic, Vietnamese, Thai, Italian and Romanian, Alexander said. An inability to speak English adequately relegated many to entry level positions such as house-keeping, food service and buildings and grounds care. Some had been business owners and engineers. A man who was a veterinarian in his native land at LGH worked in food service; a woman who was a registered nurse in Poland acted as a nurse's aide here.

To get its ESL program off the ground a year ago, LGH received a grant from the state which the hospital had to match. Again just recently, Secretary of State George Ryan, whose office administers the program, awarded \$5,000 to LGH for the program.

Statewide, 58 businesses are sharing \$500,000 in grants and must match the amount of the grant. Grants for the 104 communities involved need not be matched, but a shortage of state funds may lead them to seek funding elsewhere, a Secretary of State spokesman said. This year \$4.9 million is available. In many cases, the programs teach mostly basic reading and math skills.

Other area firms in the literacy program besides LGH include The Center, Des Plaines; Oakton Community College/MONNACEP, Skokie, Adams Elevator Equipment Company, Skokie; Injection Plastic Corp., Skokie and Wells Manufacturing Company, Skokie.

Since 1986, when the statewide program with businesses began, more than 100,000 adults have been helped.

Heritage club sets meeting

The Heritage Club of Polish Americans will hold its next meeting on Sunday, Oct. 4, at the Copernicus Cultural Center 5216 W. Lawrence at 2 p.m.

Guest speaker will be Dr. David Laske of Steinmetz High School. Dr. Laske's topic will be "The Geography of Polish Settlements in Chicago". Tickets for the club's Dec. 13 Wigilia will be available at the meeting.

The public is invited to attend this meeting. There will be a charge of \$1 for non-members. Refreshments will be served. For more information, call (312) 693-4582.

Races to benefit The Ark

Two races and a 5K family walk will go through Lincolnwood and Skokie October 4 which is being sponsored by five businesses to benefit The Ark.

Registration for the 5K and 10K races will be held from 4 to 9 p.m. October 1, from noon to 6 p.m. on October 2 and on race day from 7 to 8:30 a.m. at the Radisson Hotel, 4500 W. Touhy Ave., Lincolnwood. Registration cost is \$10 for children through the age of 14 and \$15 for all others.

Awards will be presented in both male and female categories with breakdowns in the following age groups: 14 and under, 15-19, 20-29, 30-39, 40, 49, 50-59 and 60 and above. The family walk will take place at the same time as the races.

Entertainment will include Benny the Bull and music by the Tum Balalaika Ensemble. The Ark is a Jewish charity that since 1971 has served the needs of the homeless, hungry and jobless regardless of race, creed, or religion. It is located at 6450 N. California Ave., Chicago.

Wrestling program to begin

A new wrestling program for boys in grades 5 through 8 is being offered by the Morton Grove Park District.

Wrestling is a very beneficial sport in that it helps to develop strength, endurance, and mental alertness. Knowledge and techniques of wrestling will be taught through drills and competition.

This program will take place at Niles North High School and will be taught by Steve Kasprzyk, a member of Niles North and West wrestling staff.

More information on this program is available by calling Steve Poznansky at 673-6900. This program is scheduled to begin Tuesday, Nov. 10.

"Bartered Bride" opera lecture Oct. 1

Next in the series of free opera lectures at the Lincolnwood Public Library is a talk on the opera "Bartered Bride," by Bedrich Smetana, given by a member of the Lyric Opera Lecture Corps at 7:30 p.m., Thursday, Oct. 1.

The library is located at 4000 W. Pratt Ave. Call (708) 677-5277.

Library offers books on tape

The Lincolnwood Public Library, 4000 W. Pratt Ave., will have some twenty unabridged fiction and non-fiction books on tape available October 1. Patrons may borrow up to three full sets.

Lincolnwood is co-sponsoring the new collection, which rotates every three months, with the Deerfield, Glenview and Winnetka libraries. Pooling resources, each library contributed \$1250 to purchase over 80 selections.

Included in the first rotation for Lincolnwood are such classics as "The Red and the Black" by Stendahl, "Emma" by Jane Austen and "The Fellowship of the Ring" by Tolkein, as well as "A Small Town in Germany" by John le Carre, "The Bridesmaid" by Ruth Rendell, "Flowers in the Rain" by Rosamunde Pilcher, and "The Arabs" by David Lamb.

This selection will be available until the end of December at which time twenty different titles will be offered to the library's patrons. Call (708) 677-5277 for information.

Set educational programs at River Trail

The Naturalists will meet visitors at Baker's Lake in Barrington for a "Birding Bonanza" Saturday, Oct. 3 at 8 a.m. Migration and ecology will be discussed while observing the abundant waterfowl. Binoculars are essential. Spotting scopes will be helpful. Registration is required by phone or in person.

For those birders who do not want to venture to Barrington, an Early Bird Walk will be conducted at River Trail on Oct. 3 at 7:30 a.m. Naturalists will stroll through the autumn forest in search of southbound migrants. Please dress for the weather. Registration is not required.

A "Crater Connection" will be held on Saturday, Oct. 10 at 1 p.m. A close-up look will be had of one of River Trail's animal residents.

On Sunday, Oct. 11 at 1 p.m. a Bird Feeder Workshop will be featured. Visitors will learn to make simple feeders and what to feed birds.

An Owl Walk will be featured on Friday, Oct. 16 at 7 p.m. Visitors will be lead through the forest in search of these night flyers. Registration is required. No groups please.

The Fall Honey and Harvest Festival will take place on Sunday, Oct. 18 from 9 a.m. to 5 p.m. Nature walks, bee keeping and apple cider pressing demonstrations, an art and craft fair as well as a pumpkin, honey and Indian corn sale will highlight the day's events. Bring a t-shirt to make a nature print shirt.

Enjoy a Fall Color Walk beneath the golden maples on Sunday, Oct. 25 at 1 p.m.

River Trail Nature Center is located on Milwaukee Ave. between Willow and Palatine Roads and Lake Avenue/Euclid in Northbrook.

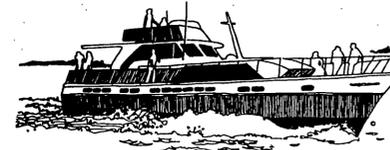
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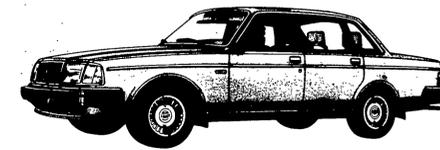
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Sign up for basketball

Sign-up has begun for the Morton Grove Park District's Youth Basketball Program. Skill development, competition, and fun are the main features of this very popular program for children in grades 3 through 8.

The fee for this 12 week program is \$95 which takes place on Saturdays at Parkview School. Included in the fee is a Park District Youth Basketball t-shirt. For more details call 965-1200.

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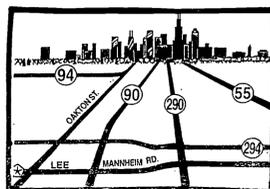
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