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DiPaolo construction pays fines, halts water shut off

The management of a Niles office building averted a water shut off Feb. 9 by agreeing to meet Village charges for an illegal water connection of 17 years' duration. The connection was in a two story structure at 7400 Waukegan Rd., a building built and partly

managed by the DiPaolo Construction company of Glenview. Through his attorney, Angelo DiPaolo, a principal of the company, acceded to Village of Niles' demands for \$24,500 in past fees plus \$10,000 in penalties and interest. Gary Karshna, Niles Fi-

nance Director, estimated the bill on the basis of an average consumption of 1,200,000 gallons of water per year. February 12, Niles Attorney Richard Troy said, "We're satisfied with the agreement and wish
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Voter registration deadline Feb. 20

Maine Township Clerk Stephen J. Stolton is reminding residents that Feb. 20 is the last day they may register to vote at the Clerk's Office before the March 20 Primary Election. To accommodate residents, Stolton's office will be open on Washington's Birthday, Monday, Feb. 19.

Residents may register at the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge (between Potter and Greenwood). The Clerk's Office is open from 9 a.m. to 5 p.m. Mondays through Fridays and 9 a.m. to noon Saturdays.

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Blase describes bus negotiations as "pandemonium"

Nortran buses could end in March: Blase

Niles Mayor Nicholas Blase described negotiations between PACE and NORTRAN bus systems as "pandemonium," and said Niles residents may have cause for concern over the continued operation of NORTRAN at the end of the month. NORTRAN gets 60 percent of its funding from PACE, the suburban branch of the Regional Transportation Authority. A purchase of a service contract between NORTRAN and PACE expired Dec. 31, 1989, but was extended through February, 1990 when NORTRAN refused to sign the more strict agreement. Blase indicated PACE was attempting to take over NORTRAN, and if it succeeds, "There will be no continuation of NORTRAN as we now know it." The Niles Mayor

and mayors from affected communities such as Morton Grove, Skokie, Park Ridge, Lincolnwood and others are meeting Feb. 15 to evaluate negotiations. Blase said the situation "At present... is not good."

NORTRAN is owned by 26 communities and their representatives sit on NORTRAN's Board of Directors, thus having direct input and more control on the bus system's operations, according to Blase. The contract under negotiation would eliminate those individual members.

Negotiations between NORTRAN and PACE officials regarding a renewal of the purchase of service agreement will resume Feb. 19, according to PACE spokesperson Anne Mur-

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From the Left Hand

by Bud Besser

A Funny Thing Happened.....

On my way to becoming 65 years old.

Two weeks ago I reached that magic age. It came upon me without much thought. And it came and passed without much trauma.

At this very important landmark I was going to write some sagacious words for my children and grandchildren. I was going to route them thru a few shortcuts which would help them live a better life. I was going to tell them how important "discipline" was in living a full and successful life. And I was going to write about the "ability to forget" and how essential this quality is. But as my birthdate approached I recalled how often I preached to my kids. I realized one of the best pieces of advice I could offer myself was not to give any advice. I didn't want the kids to be thinking of their Dad as an old Poop...the kind of a greybeard who was forever waxing pearls of wisdom which they've heard over and over again through the years.

Last week I substituted for a vacationing driver and delivered newspapers thruout the area. Jumping on and off the truck is an exercise in sheer exercise. But when I finished I was on an emotional high that I got through the work without an ache or a pain. I told myself 65 years old isn't any different than recent past ages. Well,

Continued on Page 36

Maine Twp. opposes TB clinic relocation

A proposal to move the Suburban Cook County Tuberculosis Clinic to Church Street and Potter Road in unincorporated Maine Township has residents and officials concerned about maintenance and flooding problems resulting from the relocation.

The Cook County Zoning Board is expected to rule March 7 on whether Lutheran General Health Care System will receive an R-4 special use permit favorable to moving the clinic from its current site on Dempster Street in order to build a parking lot intersecting with Luther Lane. At the zoning's January meeting, Niles and Park Ridge officials gave their input into rezoning proposal with Niles stipulating that the facility must remain an outpatient clinic and must meet water retention requirements 50 percent above the norm, to prevent flooding. Flooding is a chief concern among residents and township officials, who have written the board: "We are...troubled with any development that may ex-

Continued on Page 36

Police seek victims to identify stolen goods

Niles police have asked area victims of auto burglaries committed prior to Feb. 3, 1990, to contact that agency for possible identification of their property.

Three young suburban men and a teenage Northlake woman were arrested in a Niles motel room full of electronic equipment, believed stolen from automobiles in Niles, Des Plaines and Northbrook. The suspects are reportedly associated with the Latin Kings, a street gang.

David L. Oakley, 17, of 1917 Yuma Ln., Mt. Prospect, was

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Health & Fitness Guide

Pages 17-22

Nortran says thanks to Niles



Pictured above are Trustee Bart Murphy, Niles Representative to the Nortran Board Robert Volenec, Mayor Nicholas B. Blase, and Trustee James Mahoney. Mr. Volenec presented Mayor

Blase with a plaque from the Trustees and Board Members to Nortran in appreciation for the Village of Niles support since the inception of Nortran in 1972.

Community Focus

Founder of Morton Grove Lions Club has not missed a meeting since 1940

by Nancy Keraminas

Art Loutsch loves lions. At least the two-footed variety. The youthful octogenarian is the sole remaining founder of the Morton Grove Lions Club back in 1940 and has never missed a meeting of that philanthropic organization.

Perfect attendance has meant attending monthly meetings in one of the 40,000 Lions International Clubs in 1,666 countries worldwide, no matter where he and wife Gretchen have traveled. "I've attended meetings on six continents in 34 countries of the world," Loutsch says proudly, noting that the organization boasts 1.33 million members and its monthly magazine is printed in 18 languages.

It was shortly after his 1939 wedding, that the young businessman joined with 41 other Morton Grovets who formed their own chapter, naming then Morton Grove Mayor Herbert Dilg, president. The club was chartered Feb. 19, 1940. Still reeling from the Great Depression, the men wanted to share their meager wealth with those less fortunate.

"The community needed a service club," Loutsch says. "We've done a lot of good." Loutsch joined the army in World War II and served three years. He and fellow Lion-



Art Loutsch, one of the original founders of the Morton Grove chapter of Lions Clubs International, displays his collection of antiques and banners from meetings attended in chapters in 34 countries on six continents.

boasts 90 members, at least 60 of whom are at the monthly meetings at the Morton House at any given Monday. Loutsch was elected president in 1946 and served as district governor in 1949. Service seems to be part of his heritage.

Loutsch's family has always been active in the community. He met his wife Gretchen while she was teaching in the Morton Grove schools. The former Niles Township collector lived in Morton Grove from 1907 to 1953 and was also one of Morton Grove's volunteer firefighters. He still has the antique highwheeler he rode in village parades for twenty years. His brother served as Mayor of Morton Grove and his father was a village trustee.

Now retired, the Loutsch's live in Golf, surrounded by antiques and remembrances lovingly collected through fifty years of marriage and Lions meetings from Norway to New Zealand. They have collections of farm implements, sea shells and ornate clocks that would do a museum proud. But he is especially proud of his display of Lions banners from various clubs.

Loutsch and his fellow Morton Grove Lions, family and friends will gather at Eugene's Fireside Banquet Center Feb. 17 to celebrate their golden anniversary. They note that not one dime received from their Candy Day sales and similar charitable fundraising is used for this or any other club function.

Let's hear a roar of approval for that.

Today the Morton Grove club



Photo by Nancy Keraminas

An antique sleigh is one of hundreds bits of Americana that Art Loutsch and wife Gretchen have collected through fifty years of marriage. The couple spent summers in Wisconsin where he attended Lions meetings to maintain his perfect attendance record through fifty years of membership in the Morton Grove Lions Club.

servicemen were temporarily excused from meetings while overseas. Those that remained at home helped sell war bonds and created an honor roll for Morton

Grove's men and women in the armed forces. Lions collect used eyeglasses and readjust them for the needy with vision problems. They also support blind charities and participate in American Legion Poppy Day. Locally, the Morton Grove club donates to the Hadley School for the Blind, the Morton Grove Library, and has supported Morton Grove Days.

The philanthropists have always appreciated the first three letters of the word "fundraising". Noted for their sense of humor and meeting antics, the Morton Grove Lions take their responsibilities seriously without being too serious.

Loutsch shows a visitor pictures of some of the club's past events which include donkey baseball and "Peter Perkins parties," the latter of which are "dramatizations" where members dress up, usually as members of the fairer sex to raise money for operational costs. Back in the days when everybody knew everybody in the village, members acted out pantomimes of notable community

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Senior News

Hugo Hitzelberger named senior of month



A second retirement will suit Hugo Hitzelberger, a retired pharmacist, just fine as he settles back from a 39-year career as a pharmacist and spent 12 years as a health inspector with Morton Grove's Health Department. His wisdom will remain in the community, though he has also served on positions with the Board of Health, Environmental Control Commission and the Traffic & Safety Commission. Hugo and his wife Frances will celebrate their 60th wedding anniversary in March. But few people though they'd stay together that long after they eloped when he was 20 and she was 18. They now enjoy 10 grandchildren and 9 great grand-children (with another on the way).

SENIOR CITIZENS	
Shampoo & Set	\$2.50
Haircut	\$3.00
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Sr. Men's Clipper Styling	\$3.00
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Larry Northon named senior of month



The names, Larry Northon, and, Seniortran, are becoming synonymously related in Morton Grove. Larry is the long-time driver of Seniortran the vehicle that picks up and delivers senior citizen residents from their homes to destinations within Morton Grove. Larry is known for "going the extra mile" in serving Seniortran riders. He volunteered recently to use the new Seniortran after-hours, to bring shut-ins out to see the Christmas lights in the community. Larry believes that the most interesting seniors, are those who think young despite growing older and who keep active among younger people which are qualities he lives by also.

High Blood Pressure classes

"Don't Let Your High Blood Pressure Get You Down" classes will take place at Northwest Community Hospital at 800 W. Central Rd. in Arlington Heights, Ill., beginning Thursday, Mar. 1 at 7:30 p.m. The free classes, taught by health educators from the Cook County Department of Public Health, will run for one hour and a half every Thursday for six weeks. Blood pressure will be taken at the beginning of every class.

Topics include medication, low-salt diets, cholesterol, stress management, exercise and weight control. Practical activities such as food label reading, recipe preparation and relaxation techniques will be presented.

This program has won several national and state awards for health promotion. Nearly 1500 suburban residents have attended high blood pressure classes since 1984. Many find their blood pressure lower by the end of class.

To register for the free blood pressure classes, call the Cook County Department of Public Health, Division of Health Education at 865-6033. Everyone is welcome!

Swedish pancake breakfast

Bring your Valentine to an authentic Swedish Pancake Breakfast sponsored by Varblomman Children's Club! It will be held Saturday, Feb. 24 from 8 a.m. till noon at Ebenezer Lutheran Church, 1650 W. Foster, Chicago. Ebenezer is in the heart of the Andersonville (Foster and Clark) area of Chicago.

Treat yourself to unlimited Swedish pancakes served with

Swedish Lingonberries or maple syrup, sausage, orange juice, coffee, tea or milk. The cost of the delicious breakfast is \$3.50 for adults and \$1 for children 12 and under. On street parking is readily available for the breakfast and public transportation is convenient.

For further information about the club or the breakfast, call Joy Hamrin at (312) 777-5906.

Hearing impaired seniors have better access

The Suburban Area Agency on Aging is now able to provide information and referral directly to the senior hearing impaired population. This service will maintain the older persons' privacy through a Telecommunication Device for the Deaf (TDD). Hearing impaired individuals who have use of a TDD may call (708) 383-0258 to receive information about case management, transportation, congregate or home delivered meals, chore housekeeping, legal assistance or other assistance for suburban older adults.

In 1989 the Suburban Area Agency on Aging service system reached 86,300 of the estimated 404,000 suburban population age 60 and over. The older population in the suburbs is increasing more rapidly than that of Chicago, as the veterans and their wives who settled in these suburbs after World War II grow older.

The Suburban Area Agency on Aging is a not-for-profit corporation established under federal law and designated under state law. The agency represents persons through a Board of Directors and Advisory Council made up of suburban Cook County residents. A wide variety of community services are funded at local senior centers, township offices, family agencies, legal assistance offices, congregate meal sites and other locations.

Morton Grove Senior Citizens 470-5223

MEDICARE INSURANCE AND YOU
The North Shore Prime Timers Club will hold their next monthly meeting at 7 p.m. on Thursday, Feb. 15 at the Morton Grove Public Library. Joan Adams, Coordinator for Senior Groups from Blue Cross will address the topic, "Medicare Insurance and You" The Prime Timers invite all seniors to this forum.

VISUALLY IMPAIRED MOTIVATORS
Morton Grove's support group for persons with visual impairments will hold their next meeting at 10 a.m. on Tuesday, Feb. 20 in the Flickinger Senior Center. Helpful information and supportive interaction will assist participants adjust to their impairments. For more information, or to arrange for transportation, call the Morton Grove Senior Hot Line at 470-5223.

HOW TO MAKE MORE MONEY WITH YOUR MONEY
Oakton Community College presents another program in their Passages lecture series entitled, "How to Make More Money with Your Money." Robert Sayre, M.B.A., financial consultant for Prudential Bache, will explain the fundamentals of sound investing, what securities are most desirable, how to receive more income from current investments and much more. The program begins at 1 p.m. on Tuesday, Feb. 20 at the Oakton East campus, 7701 Lincoln Ave. in Skokie.

HIGH SCHOOL EVENTS
Maine East, Niles North and Niles West High Schools invite township residents age 60+ to join in on free school productions to be performed this winter.

At Maine East: Orchestra Dance Show, 8 p.m., Friday and Saturday, March 2 and 3.
At Niles North: Band Concert, 7:30 p.m., Tuesday, Feb. 20; "The Boyfriend" (musical), 1 p.m., Wednesday, Feb. 28; and Orchestra/Choral Concert, 7:30 p.m., Wednesday, March 14.
At Niles West: "Man of LaMancha," 2 p.m., Thursday, March 15.

UNDERSTANDING ALZHEIMER'S DISEASE
A special 3-week series for families of Alzheimer's patients will be held from 7:30 to 9 p.m. on Feb. 21, 28 and March 7 at the Wilmette Public Library Auditorium, 1242 Wilmette Avenue. Session topics include: Understanding Alzheimer's Disease - Current Research; Legal and Financial Issues; Common Sense Approaches - Management of the Alzheimer Patient; Psychological Concerns - Care for the Caregiver and Community Resources. To register call the North Shore Senior Center at 446-8750.

VISION SCREENING
Morton Grove seniors can receive free vision screenings at 12:30 p.m. on Wednesday, Feb. 21 at the Prairie View Community Center. For more information call Ronce Brenner at the Morton Grove Park District, 965-7447.

HOW TO TALK TO YOUR DOCTOR
The Abiding Care Inc. home health agency will present a special program for seniors on communicating with a personal physician. The program will begin at 12:45 p.m. on Monday, Feb. 26 at the Prairie View Community Center.

LEGISLATIVE SPEAKOUT
The fourth annual "Speakout" on issues concerning senior citizen legislation in the 1990 Illinois General Assembly will be held from 2 to 4 p.m. on Thursday, March 1 in the Rolling Meadows Holiday Inn, 3405 Algonquin Road. Guest speakers include Sen. Robert Kustra, Sen. Virginia MacDonald, and Rep. Kay Wojcik. Please R.S.V.P. by calling the Resource Center for the Elderly, 577-7070.

ILLINOIS HEARING AID CONSUMER PROTECTION
Receiving quality products, care and service are important concerns for hearing aid wearers. The Illinois Hearing Aid Consumer Protection Program is a service provided by the Illinois Department of Public Health to assist consumers with questions and/or problems concerning hearing aids and the purchasing of hearing aids. For more information contact the Illinois Department of Public Health, 535 W. Jefferson, Springfield, IL, 62761 or locally, call "A" Hearing Aids; (312) 589-1200.

TAXING FORMS
The Morton Grove volunteer income tax aides will be available again this year to assist senior citizen residents with their federal and state income tax forms. The program assists those who would like help with the language, formulas, and every-changing tax laws. Appointments will begin on Monday, Feb. 5 from 9 a.m. to noon. Seniors can make a reservation for Mondays and Wednesdays at Prairie View, or Fridays at the Flickinger Center by calling the Senior Hot Line at 470-5223. There is absolutely no charge for this service.

SCHOOL LUNCHES
Parkview School at 6200 Lake Street in Morton Grove invites seniors to daily lunches at the school. Nutritious meals combined with an opportunity to get out and mingle with the younger crowd are two advantages of eating at Parkview. Lunches cost \$1.75 and are served from 11:40 a.m. to 1 p.m. For more information call the school at 965-6200.

For more information about these and other senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-7447. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL, 60053.

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Area News

Women's Workout World offers new facilities

Women's Workout World now offers its more than 250,000 women members a little "TLC" in the form of its new Ten-pound Loss Challenge diet program. The 26-outlet fitness and diet center chain is also adding high tech teaching aids to its locations and replacing older units with larger, more upscale locations.

The facility, which is being heralded in WWV's first-ever television advertising campaign, is significant to the \$8 billion fitness center industry. "Women's Workout World is now the only place where you can lose weight and get into shape at the same time," said WWV president Mark Golob. "For our membership fee, which is under \$100 per year, women get the health club and the Ten-pound Loss Challenge." Golob, 40, who joined the company in October, knows a bit about fitness. He owned his own fitness center in Florida for 14 years and organized a national tour for fitness femme fatale Jane Fonda.

Nutritionist Susan Hoag developed "TLC." "It is designed for simplicity, maintenance and losing weight," she said. Everyone involved chooses three meals and two snacks each day from a menu. There's no calorie counting, it's all been done for you. (Each day provides about 1,000 calories.) The menus provide a very sufficient amount of food so you don't feel hungry, but it's all low in fat and cholesterol. The menus contain at the most four ingredients, which can be bought at the grocery store, and take three minutes to prepare," she said. Hoag said TLC, which has been catered specifically for the female metabolism, works without exercise, but combined with

Mark G. Kenneally
 Navy Seaman Recruit Mark G. Kenneally, son of John M. and Carole B. Kenneally of 233 Lake Ave., Park Ridge, Ill., has completed recruit training at Recruit Training Command, San Diego.

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New Illinois Bell phone billing

Customers in northeastern Illinois may notice a difference in their phone bills this month as Illinois Bell replaces message-unit billing with minutes-of-use billing.

The change is intended to make the phone bills easier to understand. It has no effect on calling charges.

In addition to displaying the total minutes billed for local service, the new bills will show the minutes billed for calls made both inside and outside the local calling area during peak periods and discount periods.

All residence calls made within the local calling area are billed for only one minute, regardless of their duration. Therefore, minutes billed for local calls are actually equal to the number of calls made in the local calling area.

Customers will begin receiving the bills later this month. February bills also will be the first to reflect lower overall calling rates, bigger discounts for nighttime, weekend and holiday calling, and a new 10 percent discount rate for calls made from 8 a.m. to 9 a.m., 11 a.m. to 2 p.m. and 8 p.m. to 9 p.m. Monday through Friday.

Volunteers needed to deliver meals

Older Adult Services' Home Delivered Meals Program needs volunteer drivers to help deliver meals to homebound senior citizens in the Park Ridge and Des Plaines area. Volunteer drivers can donate as few as one hour each week. Drivers pick up the meals at the Neuhanson School, 9375 Church St. in Des Plaines (at the corner of Church St. and Potter Road), then make the deliveries. Meals are packaged in easy-to-carry, lightweight, thermal containers.

If you cannot volunteer every week, you can still volunteer on an "on-call" basis. Please call Ann Hardiman, information and referral specialist, older adult services, at 696-7770 for more information about becoming a volunteer driver for the Home Delivered Meals Program.

Older Adult Services is a division of Parkside Senior Services, a member of Lutheran General Health Care System.

Studying abroad

Leslee Kupperman of Morton Grove is spending a semester in London, England, participating in a program sponsored by the American Institute for Foreign Study. Students from the University of Iowa, Iowa State, University of Arizona, and Arizona State combine a basic course of study with opportunities for extensive travel. Incorporated throughout the curriculum are courses that give the exchange students cross cultural viewpoints.

Leslee is a Business/Marketing major at the University of Iowa in Iowa City, Iowa and a 1987 graduate of Maine East High School in Park Ridge.

USE THE BUGLE

Singles Scene

FEBRUARY 16 AWARE SINGLES
 The Aware Singles Group and the Chicagoland Singles Association invite all singles to a joint singles dance with the live music of Dynesty at 8:30 p.m. on Friday, Feb. 16, at the Hyatt Regency Oak Brook Hotel, 1909 Spring Rd., Oak Brook. Admission is \$7 for non-members. For more information, call Aware at 312-777-1005.

The Aware Singles Group is a not-for-profit organization concerned with the needs of single, divorced, and widowed people and is a member of the Chicagoland Association of Singles Clubs. (CLAS).

FEBRUARY 16/18 ST. PETER'S SINGLES
 St. Peter's Singles dances, Friday, Feb. 16, 9 p.m. Valentine dance, Park Ridge VFW Hall, Canfield & Higgins. Free Chocolates. And Sunday, Feb. 18, Aqua Bella Banquet Hall, 3630 N. Harlem. Early evening dance 6 to 9:30. \$4, live bands free parking. For information call 334-2589.

FEBRUARY 17 NORTHWEST SINGLES
 All singles are invited to the Combined Club Singles Dance with the live music of Music Makers at 8:30 p.m. on Saturday, Feb. 17, at the Stouffer Hamilton Hotel, 400 Park Blvd., Itasca. The dance is co-sponsored by the Northwest Singles Association, Young Suburban Singles, and Singles & Company. Admission will be \$7. For more information call 312-725-3300.

THE SPARES
 The Spares Sunday Evening Club will hold a singles dance Saturday, Feb. 17 at the Morton Grove Moose Lodge, 6419 Chestnut in Morton Grove. Dance from 9 p.m. to live music by Eddie Kon Trio. For information, call (708) 893-7251.

FEBRUARY 18 THE NETWORK
 Network - A Link to Jewish Friends, ages 21-35, presents a trip to the Museum of Science and Industry, 57th and Lake Shore Dr., Chicago, at 1 p.m. on Sunday, Feb. 18. For more information or for car pools, call Laurie at (708) 803-1857 or Lane at (708) 541-0241.

FEBRUARY 21 A. G. BETH ISRAEL PROFESSIONAL SINGLES
 A. G. Beth Israel Professional Singles will meet at the Synagogue, 3635 W. Devon, Chicago, on Feb. 21, at 8 p.m. Harry Volkman, weather forecaster at channel 2, will speak on "How the Weather Affects Your Life." Admission \$1 for members, \$3 for guests includes refreshments. For more information call (312) 549-3910.

FEBRUARY 23 A. G. BETH ISRAEL SINGLES
 A. G. Beth Israel Singles will join in with the congregation for a special Friday evening Shabbat Service to be held Feb. 23, at 8 p.m., 3635 W. Devon, Chicago. A social hour will follow with refreshments, everybody invited. The service will be conducted by Rabbi Irving Clickman. The address is 3635 W. Devon, Chicago. For information call (312) 549-3910.

FEBRUARY 23 AWARE SINGLES
 The Aware Singles Group and the Chicagoland Singles Association invite all singles to a "Turnabout Dance" with the live music of Pursuit at 8:30 p.m. on Fri., Feb. 23, at the Marriott Oak Brook Hotel, 1401 W. 22nd St., Oak Brook. Admission is \$7 for non-members. For more information, call Aware at 312-777-1005.

The Aware Singles Group is a not-for-profit organization concerned with the needs of single, divorced, and widowed people and is a member of the Chicagoland Association of Singles Clubs. (CLAS).

THE IND-BETWEENERS
 Singles 40-65, The Ind-Betweeners Club will hold their monthly meeting in the Ministry Center (near office of St. Raymond's Church, I-Oka & Milburn Sts., Mt. Prospect, Ill.) on Friday evening, Feb. 23, 8 p.m. All singles welcome! Members \$1, Guests \$2. Speaker from Rush-Pres. will give talk on "Healthcare In The Nineties." For information call 675-4426.

CLASSICAL MUSIC RAP SESSION FOR SINGLES
 Next classical music rap session for singles will be Fri., Feb. 23, at 7:30 p.m. at What's Cookin' Inn (downstairs Mediterranean Room), 6107 N. Lincoln Ave. (nr. Lincoln & McCormick Blvd.) Chicago. Admission is \$5, no reservations required. Non-smoking atmosphere. For information call 276-3762 (24 hrs./day). Free parking in adjoining lot.

Classical Music Rap Sessions for Singles enables anyone interested in classical music as an integral part of human life to meet others with similar tastes in a non-technical, informal discussion featuring selected recordings and hosted by a professional musician and teacher.

FEBRUARY 23/24 CATHOLIC ALUMNI CLUB
 All single young adults (ages 21-38) are welcome at a dance sponsored by the Catholic Alumni Club at 9 p.m., Fri., Feb. 23, at the O'Hare Marriott Hotel, 8535 W. Higgins Rd. (by Cumberland Ave. and the Kennedy Expy.), in Chicago. Non-member admission is \$6. The band is "Dynasty." For more information, call (312) 726-0735.

A Racquetball and Pizza Party for single young adults (ages 21-38) will be sponsored by the Catholic Alumni Club from 7 p.m. until midnight, Sat., Feb. 24, at the Court House, 1135 N. Harlem Ave., in Oak Park. Racquetball courts will be designated for beginners, intermediate, and advanced players. Also available will be a walleyball court and exercise machines. The non-member fee of \$12 includes court time, food, and beverages. For more information, call (312) 726-0735.

FEBRUARY 25 MIDWEST SINGLES
 The Midwest Singles Association invites all singles to an open dance party with DJ music at 7 p.m. on Sunday, Feb. 25, at the Hyatt Regency Oak Brook Hotel, 1909 Spring Rd., Oak Brook. Admission is \$5. For more information, call 312-282-0600.

The Midwest Singles Association is a non-profit organization.

Project BIG celebrities scheduled

Sylvia Perez, weekend anchor for Channel 7 Eyewitness News, and Jane Brody, a Maine South graduate who is a news reporter for Channel 7 Eyewitness News, and Tom Couch, radio producer for WXRT Radio, will be among representatives of more than 200 occupations and professions from a variety of fields that will help students who attend this year's Project BIG make an educated career choice. This year Project BIG will be held at Maine South High School, 1111 S. Dec. Rd., Park Ridge, on Monday, Feb. 26, from 7 to 9 p.m.

The evening program gives students and parents an opportunity to explore career interests, learn about job descriptions, skills, and necessary training by talking with people who are actually working in the occupations or professions represented at the program. Nearly 3,500 students and parents are expected to take advantage of the opportunity to talk with representatives from trade, technical, scientific, business, medical and other professional careers.

Tips on selecting tax preparer

Jerald P. Busse, President and Principal of Martin & Martin, a leading firm of Certified Public Accountants (CPAs) headquartered here, offers guidelines on how to pick a tax preparer in an article in the current issue of a regional business magazine (Commerce).

Mr. Busse, who lives in Prospect Heights, is an expert in tax planning and tax preparation and a professionally qualified Certified Public Accountant. In the article, he explains how individuals and firms should go about selecting the right accountant to meet their particular needs and situation.

Martin & Martin, established in 1945, specializes in tax and estate planning, auditing, and accounting, and has more than 250 corporate and individual clients coast to coast. The firm is located at Suite 209, 1460 Renaissance Dr., Park Ridge, IL 60068 (telephone: 708/296-1085).

Legal counseling at Center of Concern

The Center of Concern has been offering Legal Counseling to the community for the past eleven years. There is no charge. Legal Counseling is available every Saturday by appointment. In addition, we provide a Wills service on Wednesdays by appointment.

You may call (708) 823-0453 to make an appointment. Location is in Suite 223 of the 1580 N. Northwest Highway Building in Park Ridge.

Hynes kindergarten registration

On Feb. 20 and 21, parents registering their children for kindergarten at Hynes School, will be given the opportunity to express their preference for a half-day kindergarten program or an extended-day kindergarten program. The implementation of the extended-day program is dependent upon the amount of parental interest expressed.

The hours of the extended-day program, during the months of October through June, will be 8:25 a.m. to 2:15 p.m. During the month of September, the children will attend class for only a half-day (8:25 a.m. to 11:10 a.m.). The half-day sessions during the month of September are meant to provide time for the children to become acclimated to the school setting and to prepare them for the longer school day.

Hynes School kindergarten registration will be held on Tuesday and Wednesday, Feb. 20 and 21 at Hynes School, 9000 Belleforte Ave., Morton Grove, Ill.

Parents may register between 9 a.m. and 11:30 a.m. and 1 p.m. to 3 p.m.

A child must be five years of age on or before September 1 to be eligible for kindergarten. Parents should be sure to bring the child's birth certificate at the time of registration.

Contact Dr. Roger Prossie at 965-4500 for more information.

YMCA classes

Look to the Learning Tower YMCA for more variety in your workouts. We offer over 60 classes a week taught by certified instructors. Our classes range from a beginners, to body sculpting or low impact to interval training, to super circuit training to body awareness to the advance hi/lo impact aerobics class, plus a

whole lot more. New session begins Feb. 26. Join us!
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Church & Temple News

NSJC

Northwest Suburban Jewish Congregation will hold its annual Roast on behalf of the Jewish National Fund honoring Fran and Earl Simon on Sunday, February 18, 1990. The cocktail hour will begin at 6:30 p.m. with the roasting to follow at 7:30 p.m. Howard G. Kaplan will be the guest speaker.

Fred and Teddie Koch along with keyboard wizard, Bobby Wright are coming to Northwest Suburban Jewish Congregation Nursery School, Sunday, February 25, 1990 from 2 p.m. to 4 p.m. Make plans with friends and relatives for a memorable afternoon. Performance is geared for all ages. Audiences are involved throughout the performance with singing, call and response activities, chants, fingerplays. During the program children are actively involved. Donation \$3.50. Tickets may be purchased at the Nursery School office, 7800 Lyons, Morton Grove. For further information, contact Mrs. Perper at 965-0900.

On Sunday, March 18, 1990 at 7:00 p.m., Northwest Suburban Jewish Congregation and the Simon Wiesenthal Center will present Robert Clary, star of television's "Hogan's Heroes" and "Days of Our Lives" and survivor of the Nazi Holocaust. Mark your calendars. For more information,

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Choir and church school Christmas musical at Niles Community Church



The Church School and the Chancel Choir of Niles Community Church, 7401 Oakton Street, presented the Christmas Musical, *Emmanuel: Child of Hope*, on Sunday, Dec. 17, during morning worship. Pictured are: (front row, left to right) Jenny Kitchka (Des Plaines), Erika Sabey (Morton Grove), Andrea Zeman (Niles), Kelly Enright (Des Plaines), Adam Pearson (Mount Prospect), Stephanie Dauksch (Niles); (second row, left to right) Rudy Means (Palatine), John Olson (Chicago), Janel Lucchesi (Niles), Kristin Antosh (Niles), Julie Lucchesi (Niles), Christee Means (Palatine), Eric Kostelny (Des Plaines); (third row, left to right) Melissa Dauksch (Niles),

Erin Shields (Niles), Chris Harpling (Niles), Joe Zeman (Niles), Katherine Dauksch (Niles), Emily Swanson (Niles), Cheryl Sabey (Morton Grove); (back row, left to right) Mrs. Diane Antosh-Superintendent of Church School (Niles), Mrs. Donna Zeman-Assist. Sup. of Church School (Niles), Teri Sabey (Morton Grove), Ken Zeman (Niles), and Brian Shields (Niles).

Worship service, which includes a Children's Message, and Church School for children and youth from 3 to 15 years of age are held Sundays at 10 a.m. with Child Care provided for children under three.

Temple Beth Israel Special Bible program

Des Plaines Bible Church, 946 Thacker St., will host a "Walk Thru the Bible's Old Testament" seminar on March 3, from 9 a.m. to 5 p.m. In one action-packed day, you'll learn more about the Bible than you have in your entire life. The seminar will take you on

an unforgettable journey that will show you invaluable insights into God's Word. Non-refundable tuition is \$20 per adult. Special discounts available. Early registration discount available thru Feb. 25. Call 297-2525 for additional details.

Knights of Columbus dinner

North American Martyrs Knights of Columbus invite you and the priests from your nearby parishes to be their guests at their second annual "Honor the Clergy" on Wednesday, Feb. 21 at Flanagan Hall, 8301 N. Harlem in

Niles at 7 p.m. Donations are \$5 per person to cover the cost of a chicken and ham dinner to be served promptly at 7 p.m.

Checks will be distributed from the Knights recently mentally retarded fund and youth fund to representatives of organizations benefiting from our charity projects.

For more information or reservations call Past Grand Knight Carl Ferina, 966-5842 or Grand Knight Tad Lesniak, 966-6756.

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Temple Judea Mizpah

Friday, Feb. 16, Shabbat Eve Services will be held at Temple Judea Mizpah, 8610 Niles Center Road, Skokie at 8:30 p.m.

Saturday, Feb. 17, there will be a Shabbat Study Minyan at 9 a.m. Rabbi Marc E. Berkson will officiate.

Women's addictions discussed in church program

"Women and Addictions" is the subject of a speaker program held Thursday, Feb. 15, 7:30 p.m. at St. Mary of the Woods Parish Hall, 7033 Moselle Road, Chicago. The speaker, Kitty Shanahan, is a staff member with the Women's Chemical Dependency Unit, Columbus Hospital. The program is sponsored by the St. Mary's Substance Abuse Awareness Ministry and admission is free.

63rd anniversary at EPLC

On Sunday, Feb. 25, Edison Park Lutheran Church, 6626 N. Oliphant, will celebrate the 63rd anniversary of its congregation. Rev. Mark Twietmeyer, former EPLC pastor, will preach at the 7:30, 8:30 and 11 a.m. worship services.

A special congregational gathering is scheduled at 4 p.m. on the 25th at the church. It will be an afternoon filled with singing and there will be dancing by a Norwegian folk group. A light supper will be served.

Letters To The Editor

Candidate withdraws from race

I would like to take this opportunity to thank the men and women who worked, under the most frigid conditions, to circulate and sign my petitions for Congress in the 11th Congressional District of Illinois.

As many of you may know from newspaper reports, I have withdrawn from the race. However, statements made by a few reporters who were expressing their opinions did cause some confusion. In our press release we state that since my declaration of candidacy, a late entry in the race caused us problems in securing party workers and the finances needed to withstand a petition challenge in the courts, the primary and general election.

The conservatives in our party, through the congressional committee, and its Co-Chairman Ed Rollins, solicited another candidate who would represent their point of view. With \$400,000 and an army of political workers, including the top election lawyers in Chicago, given to our primary opponent it was politically and financially unwise to continue our campaign for Congress.

When we entered the race, we were well received by the statewide, county, and local party leaders. However, with the involvement of Washington conservatives, our campaign efforts were minimized. Those of you who have been involved in our campaign and those of my friends in the community who have called and sent letters of support are aware of my commitment to the community.

I will continue to be active on a national and statewide level in regard to such issues regarding the right of choice, health care reform, day care and the environment. Those proposals which impact on national health care policy will be submitted to the White House, as well as submitted to Secretary of State, Jim Edgar for consideration in his race for Governor.

Again, I thank you for your support and I ask that you vote for those candidates who will serve you, your family, our community and this nation.

For only when we have full equality, for men and women of all races, can we enter this decade and the next century in peace and harmony. Remember, your vote counts!

"Falsely accused at Butera's": Niles Businesswoman

I am the owner and operator of Rose's Beauty Salon which is a beauty shop located on the Chicago border of Niles at Milwaukee and Harlem Avenues. I have been in business for over 35 years, many of which were in the village of Niles.

At approximately noon on Sunday, Jan. 28, I was shopping at Butera's food store in Golf Mill. I selected a few items which I wanted to purchase and proceeded to the express line to check out along with other customers (some of whom were friends and patrons at my beauty shop). Suddenly I was accosted by two Butera employees, the store manager and assistant manager who loudly accused me of being a thief in front of everyone. They implied that I had emptied a package of cold tablets and placed them in my right coat pocket. I was stunned and could barely keep my composure.

I told them they were mistaken and that I had not taken the cold tablets. I was forced to empty the contents of my right coat pocket in front of these men and everyone else in the store (including my friends and customers), who just happened to be nearby. When they saw the cold tablets were not

Thanks for Toys for Tots support

Dear Editor: On behalf of Allstate Insurance and the Marines of Marine Air Control Group-48, N.A.S. Glenview, I would like to extend my appreciation for your dedication and loyal support of our 1989 Toys for Tots campaign. Your assistance brightened the holiday season for many of the area's needy children who otherwise would not have had a joyous holiday.

Because of your support the Marines were able to fill over 250,000 requests state-wide and 6 1/2 million throughout the nation.

I have enclosed a "Certificate of Appreciation" signed by Lieutenant Colonel R.V. Monfort, Commanding Officer, HML-776, Marine Air Control Group-48 at N.A.S. Glenview in recognition of your support.

Once again, on behalf of Allstate Insurance, Chicago Metro Region and the U.S. Marine Corps Reserve, thank you for your continued support of this worthwhile cause.

Sincerely,
Martin Naughton
Public Affairs Coordinator

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Urges voters elect Democrats

Dear Editor: On March 20, 1990, voters in Suburban Cook County can assure adequate suburban representation for their concerns. The Cook County Democratic Party has slated four outstanding Suburban leaders for the Metropolitan Water Reclamation District of Greater Chicago and Cook County Clerk.

Louis S. Viverito (Burbank), James C. Kirie (Elmwood Park), and Thomas S. Fuller (Evanston) are candidates for commissioners of the Metropolitan Water Reclamation District of Greater Chicago. Calvin "Cal" Suker (Skokie) is the Democratic candidate for Cook County Clerk.

Viverito, a District commissioner for six years, led the fight in Cook County to protect environmentally endangered lands throughout the county. Kirie, a District commissioner for over 10 years was instrumental in obtaining more than \$1 million in federal grants for Cook County flood control programs. Fuller, a District commissioner for twelve years, has worked for the participation by female-owned and minority-owned firms in county construction contracts.

Suker, currently a state representative, has won numerous awards for outstanding public service as a legislator. As the candidate for Cook County Clerk, Suker has proposed legislation which would require that any property tax increase over 10% would require a referendum by the voters.

As public servants, Louis S. Viverito, James S. Kirie, Thomas S. Fuller and Calvin "Cal" Suker have fought for the rights of Suburban Cook County. With the support of suburban voters on March 20, these preeminent suburban leaders can continue to guarantee the voices for Suburban Cook County will be heard.

Nicholas Blase,
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Women's News

Catholic workshop for mothers

Mothers from around the city and suburbs have been gathering at The Willows Academy in Niles for a series of workshops entitled "Passing on the Catholic Faith". The workshops are designed to help Catholic mothers learn more about their faith and, in turn, make it relevant to the next generation. Speakers have included Rev. Francis Gallagher from the Peoria diocese and Ann Marie Dempsey, a Wilmette attorney, CPA and mother of twelve. The last in the series will take place on April 4, exploring the theme of spiritual reading and formative activities to help children in their search for God at different stages of their life.

The Workshops are inspired by members of Opus Dei (Work of God), a Personal Prelature of the Catholic Church. Opus Dei was founded in 1928 by Monsignor Josemarie Escriva, a Spanish priest. He recognized a mother's

incalculable and lasting effect on society, saying that "a teacher manages to educate a number of boys and girls more or less successfully in the course of his life. A mother can give her children a solid set of values and shape their character and can make them, in their turn, others teachers, thus setting up an uninterrupted chain of responsibility and virtue."

Escriva died in 1975 and his process of canonization is officially under study in Rome. The Women's Branch of Opus Dei will mark its 60th anniversary on Feb. 14.

Washington Courte ORT book review

A meeting of the Washington Courte Chapter of Women's American ORT will be held Feb. 20, 12 noon at Maine Township Village Hall, 1700 Ballard Road.

A mini-luncheon will be served and the highlight of the afternoon will be a musical book review by Florence Burack based on the book "Bubbles" by Beverly Sills, the celebrated opera singer.

Admission to the event is \$2 for members and \$2.50 for guests and Shirley Mitnick, Program Chairperson, invites women in the community to escape the winter blues and come out for an enjoyable afternoon.

Miriam Drory, chapter president, is urging mature women from Niles, Des Plaines, Glenview, Morton Grove and Skokie to attend this meeting so they can see for themselves what an ORT chapter is all about.

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By
Gabriele Doerner
Graduate Gemologist & Jewelry Designer



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A diamond worn by the man in your life lets you celebrate together. The ring has long been a symbol of love. The diamond ring is a symbol of love and quality. Each time he extends his index finger to make a point, the listeners see that sparkling, authoritative gem. And you are the one to put it on his finger.

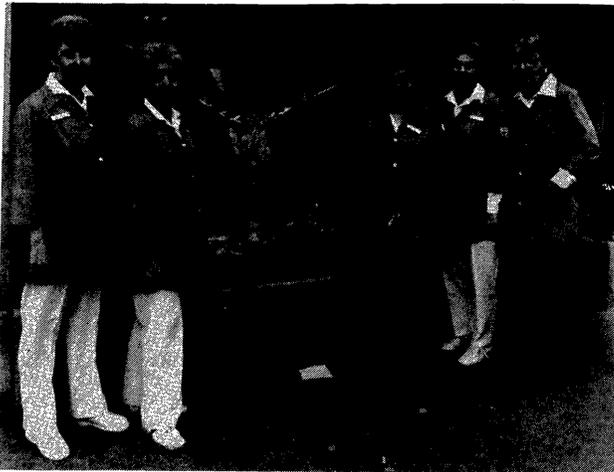
A diamond tie tack catches the eye, holds the attention like a runner is help on first. While he foibles ideas, the diamond flashes the signal that this is a player who has things under control.

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Find Valentines gift at bargain basket



Resurrection Auxiliary volunteers chairing day-to-day operations at the Bargain Basket Thrift Shop, 6712 Northwest Hwy., Edison Park, invite thrifty shoppers to browse through their extensive collection of winter clothing, jewelry, knick-knacks and small gift items for a perfect Valentine's treasure.

Pictured (left to right) in front of the Bargain Basket's special Valentine display window are day chairwoman: Dorothy Isacson, Lorraine Coutra, Betty Lewis, Mary Christien and Pearl Snyder. Not pictured is Friday evening chairwoman Mary Root.

The resale shop is open: 12:30 to 3 p.m. Mondays; 10 a.m. to 4 p.m. Tuesdays, Thursdays and Saturdays; 10 a.m. to 3 p.m. Wednesdays; ket at 775-6649.

All proceeds from sales at the Bargain Basket benefit the Auxiliary's \$1 million pledge to expand outpatient surgical services at Resurrection Medical Center.

The Woman's Club of Niles guest nite

The Woman's Club of Niles will celebrate its annual guest nite on Feb. 21st at Lone Tree Inn, 7710 Milwaukee Ave., Niles. Dinner and a brief meeting will be at 6:30 p.m. followed with entertainment provided by the Joe Foltz Band.

The Woman's Club of Niles is a philanthropic organization promoting welfare of home and community. We meet every 3rd Wednesday of the month from Sept. thru April at The Niles Recreation Center, 7877 Milwaukee Ave. at 7:30 p.m. Guests are always invited.

Parents support group

Open Arms, a support group for parents who have lost a child through miscarriage, stillbirth or infant death will hold an open discussion at its meeting at 10 a.m. on Tuesday, Feb. 27, at Swedish Covenant Hospital, 5145 N. California.

The meetings are free and conducted by trained counselors from the staff of the hospital. Babysitting at the SCH Child Care Center is available for a slight fee; however, this service must be requested in advance.

For more information contact Ruthanne Werner, group moderator, at 878-8200, ext. 5365.

Lecture on dealing with anger

Healthy ways of dealing with anger will be examined in a free lunch-time lecture, "The Well-th of Anger," at Northbrook Court mall from 12:15 to 1:15 p.m. Friday, Feb. 16 in the J.C. Penney Community Room of the mall, 1555 Lake Cook Road, Northbrook.

Mary Ellen McAleese, holistic wellness consultant, will offer reflections on attitudes toward anger and how they are manifested. For lecture information, call 635-1812.

Resurrection Auxiliary Fashion Show



"Spring Palette '90" will be the theme for this year's Resurrection Hospital Auxiliary spring luncheon and fashion show Saturday, March 24.

The annual fundraising luncheon begins at 11:30 a.m. with a cocktail reception at the starlight Inn, 9950 Lawrence Ave., Schiller Park. A 12:30 luncheon will be followed by the 2 p.m. fashion extravaganza. Tickets are priced at \$25 and reservations are required, according to Laurel Hadawi, Auxiliary chairing this year's event. Reservations may be made by contacting the Resurrection Auxiliary office at (312) 792-5110.

This year's luncheon will feature a beautifully choreographed fashion show with an emphasis on fashion and accessories for the coming 1990 season," commented Mrs. Hadawi (Park Ridge). "The show will encompass the total fashion palette and will provide participants with a peek at what's 'in' this spring, in addition to tips on accessorizing outfits."

Tickets and invitations are limited and early reservations are advised.

Band concert rescheduled

The Niles North High School band concert originally scheduled for Tuesday, Feb. 20 has been rescheduled for 7:30 p.m. Thursday, March 8 in the school's auditorium, 9800 Lawler Ave., Skokie. Admission is free.

The Symphonic Band will perform "Slava," by Leonard Bernstein; "Be Then Glad, America," by William Schumann; and "The Wind and The Lion," by Jerry

Goldsmith. The Concert Band will play "Cantation," by Bus Griffith; "A Jubilant Overture," by Alfred Reed; and "The Gathering of the Ranks of Hebron," by David Holsinger. The Jazz band will get your feet tapping with its performance of "Dr. Dues and Company," by Dominic Opera; "Mr. Funk," by Bob Mintzer; and "Get It On," by Bill Chase and Terry Richards.

Family counseling services

Family Counseling Service of Evanston/Skokie Valley has been designated by the Illinois Department on Aging as the provider agency for the Elder Abuse and Neglect Program in Niles and Evanston Townships.

Staff social workers have participated in an intensive two and one-half day training program and are equipped to respond to older persons who are victims of abuse, neglect and exploitation by building on the existing legal, medical and social service system. If you have any questions or concerns about elder abuse, please call (708) 328-2404.

Promotion

Kimberly Wilcox-Klein, 30, has been promoted to loan rollover supervisor at Avondale Federal Savings Bank in Chicago. In this capacity, she will be responsible for overseeing the prime loan rollover process. Wilcox-Klein joined Avondale in 1985, and was most recently promoted from the position of loan processor.

Before joining Avondale, Wilcox-Klein was employed with Jim Beam Distilling Company. She is a member of High Risk Moms, Inc. and resides with her husband Kevin in Orland Park.

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Classes set at Chicago Botanic Garden

The Chicago Botanic Garden has scheduled a series of programs which will examine different elements of flower arranging. These programs include "A Dramatic Arrangement for Your Coffee Table" on Wednesday, Feb. 21; "Designing Centerpiece Arrangements," on Wednesday, March 7; "An Informal Arrangement for Your Kitchen" on Wednesday, March 14; and "Arranging Flowers in a Glass Vase" on Wednesday, March 21.

All sessions are offered from 9:30 to 11:30 a.m. or from 7 to 9 p.m. The cost for each class is \$29 per person.

Additional information about all classes at the Chicago Botanic Garden is available by calling the Registrar at (708) 835-8261.

The Chicago Botanic Garden is located on Lake-Cook Road in Glencoe, one-half mile east of the Edens Expressway. The Botanic Garden is open every day except Christmas from 8 a.m. until sunset. Admission is free; parking is \$3 per car. The 300-acre facility is owned by the Forest Preserve District of Cook County and managed by the Chicago Horticultural Society.

Valparaiso University brunch

The Park Ridge chapter of the Valparaiso University Guild will hold a Valpo Brunch on Sunday, Feb. 25 from 9:30 a.m. until 12:30 p.m. at St. Andrews Lutheran Church Parish Hall, Elm and Northwest Hwy., Park Ridge. Tickets are available by calling (708) 825-1270 and (312) 631-3707. Prices are \$4.50 for adults and \$2.75 for children (12 years and under). Tickets purchased at the door will be \$5 and are welcomed.

The Valpo Guild helps to provide educational facilities and support for students who each year attend Valparaiso University - the largest Lutheran affiliated university in the country. The Guild creates and develops greater interest in the university as an institution of Christian higher education, helps to increase student enrollment, gives financial assistance to the university and provides specially needed student facilities.

For more information, call (312) 794-2792.

Anorexia meeting held

Anorexia Nervosa and Associated Disorders - Anad, will hold a group meeting for anorexics, bulimics, parents, and families at 8 p.m. Thursday, Feb. 22 at Highland Park Hospital, 728 Glenview Ave., Highland Park. The meeting is free. Those interested are invited to attend.

ANAD groups now hold regular meetings in numerous North Shore communities and other sections of greater Chicago. For additional information, call 831-3438.

Anorexia nervosa and bulimia are dangerous eating disorders characterized by extreme loss of weight and/or binge eating and purging.

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New director of nursing

Lisa Garland, RN, was recently promoted to director of nursing for the Chicago/North Shore office at Concerned Care, Inc., a Skokie-based home care nursing service. Garland, 27, brings to her new position a diverse background in neonatal and pediatric nursing.

As director of nursing at Concerned Care, Inc., Garland will oversee professional/non-professional cases, budgeting, marketing and day-to-day operations.

Before joining Concerned Care, Inc., in August 1988, Garland worked as a neonatal nurse in the Neonatal Intensive Care Unit of Evanston Hospital from 1987-'88. She graduated from Lutheran General Hospital School of Nursing in 1987.



Lisa Garland, RN

Harlem Irving Bridal Show begins Feb. 16

Fashion showings featuring gowns from House of Brides, and tuxedos from Gingsiss Formalwear are highlighting this year's Bridal Show at Harlem Irving Plaza. The show runs from Friday, Feb. 16 thru Sunday, Feb. 18. Fashion Showings are scheduled at 2 p.m., Saturday, Feb. 17, and at 2 p.m., Sunday, Feb. 18. The center is located at Harlem Avenue, Irving Park Road, and Forest Preserve Drive.

This show has always been successful. It is a great means for couples to gather information for that special day. The fashion showings feature many bridal gowns, brides-maids dresses, mother of the bride dresses and tuxedos for the entire wedding party," commented Sharon So-

Teachers exam workshop

For those interested in taking the National Teachers Examination, Northeastern Illinois University's Educational Foundations Department will conduct a free workshop Monday, Feb. 19 from 5 p.m. to 8 p.m. in the university's Commuter Center, 5500 North St. Louis Ave. in Chicago. The workshop will focus on strategies for taking the exam. No advance registration is required.

For more information, call (312) 794-2792.

Medifast Weight Loss Plan

A free information meeting on the Medifast program, a medically supervised liquid protein weight reduction plan, has been scheduled for 7 p.m. on Tuesday, Feb. 20, in the Anderson Pavilion of Swedish Covenant Hospital, 2751 W. Winona.

Swedish Covenant is certified to administer the weight loss program which is recommended for persons who are 40 or more pounds overweight. All who are interested are cordially invited to attend. For more information or a free brochure, call 878-8200, X5660.

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Police News

Employees arrested in department store scam

Sears security personnel videotaped two employees as they attempted to bilk the company out of \$116.33 by an improper refund. A 21-year-old Evanston woman reportedly wrote out the refund and later issued the cash to a 19-year-old Chicago woman, as part of her charge issued in another transaction.

Management suspects the pair of up to \$4,000 in similar illegal transactions, according to reports. A Feb. 28 court date was assigned.

Public urination

A Niles police officer arrested a 37-year-old Lansing man committing a private act on the public way Feb. 6. The man was spotted outside Doc Week's Restaurant, as he urinated in the parking lot. He will have a Feb. 27 court date.

Card store theft reported

The manager of a greeting card store located in the 8500 block of Golf Road reported the theft of \$690.01 worth of receipts, including \$527 cash from a store room on the premises. The incident occurred Feb. 5.

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DUI-hit and run arrest

Glenview police apprehended a 23-year-old Waukegan man wanted by Niles police after he allegedly fled the scene of a Milwaukee Ave./Golf Road accident Feb. 6.

The suspect was found to have a .24 blood-alcohol concentration, after he was handed over to Niles police. According to reports, his car experienced extensive front end damage and his left front tire was flat. In addition, his speech was reportedly incomprehensible and he was unable to give officers information.

Bad checks

The Golf Mill Merchants Association is holding \$750 worth of rubber checks written by a 25-year-old Arlington Heights woman who purchased five gift certificates totalling that amount. The certificates were made out to another woman who cashed them in the mall. The incident was reported to Niles police Feb. 5.

Drunken speeder arrested

A driver was arrested by a Niles police officer after he nearly collided with a squad car stopped at a traffic light at the intersection of Golf Road and Greenwood Avenue Feb. 11.

His pickup truck, traveling at an estimated 65 mph eastbound on Golf, skidded across the right turn lane as the driver attempted to apply his brakes. The driver then proceeded south on Greenwood as the Niles officer, who was originally facing north, made a u-turn to pursue the truck.

When the driver stopped his car and exited, he reportedly dropped an open beer bottle on the thoroughfare. He was charged with numerous traffic offenses.

Car phone retailer burglarized

Thieves netted \$8,906 worth of cellular phones from Metrocom, 9635 Milwaukee Ave., in a Feb. 6 burglary.

A security agent checked the premises at 3:20 a.m. and discovered the front door smashed 40 minutes later when the building was rechecked. Ten phones were stolen from a display case that was also smashed.

Theft

Four lockers in the Park District Community center, in the 6800 block of Dempster St., Morton Grove were broken into by persons unknown the afternoon of Feb. 10. All of the lockers were in the men's dressing room and most of them were padlocked. A Niles man, 53, lost \$125 in cash and credit and identification cards. A Florida man, 32, in town for a visit, lost \$230, credit cards and a military identification card. A Glenview man, 35, and a Morton Grove man, 35, lost his wallet and its contents, including cash, for a total loss of \$37.

Video "thefts"

The evening of Feb. 11, a female patron offered a gas credit card for a \$17.50 cigarette purchase in the station in the 7100 block of Golf Rd., Morton Grove. The card could not be certified and the attendant, a Glenview man, 22, became suspicious when the patron argued, but drove off with a female companion. The woman returned a short time later and again confronted the attendant, then left. The man called Police, who stopped the woman's car. The woman, 19, of Des Plaines, and her friend, 18, of Niles were taken into custody.

A search of the vehicle uncovered a wallet and checkbook containing identification and credit cards in the name of a former Northbrook, now Chicago, resident. A check with Northbrook Police determined a purse containing the wallet and other items was reported stolen in Chicago. The Des Plaines woman meanwhile declared she found the wallet, checkbook and identification in another gas station that afternoon, before she tried to buy cigarettes.

Stolen vehicles/theft

Between Jan. 22-Feb. 9 unknown persons removed a red semi-trailer with stainless steel doors from a factory dock area in the 6900 block of Golf Rd., Morton Grove. The '84 Fruehauf vehicle belonged to a Des Plaines trucking company.

Another vehicle, a blue 1980 Dodge, with the word "Cold" on its sides, was among the items allegedly taken Jan. 9 by the former roommate of a 32 year old resident of an apartment in the 8500 block of Waukegan Rd., Morton Grove. The apartment occupant believes the same person, 27, also allegedly took a color TV valued at \$200 and U.S. coins valued at \$50. The offender gained entry by breaking a window valued at \$50.

In the 7700 block of Arcadia Street, Morton Grove, the night of Jan. 9, unknown offenders jimmed a door to enter and ransack a teenager's bedroom by puncturing a water bed and throwing baseball cards around the room. The offenders also took pieces of jewelry, china figurines and a VCR from other rooms. The cost of the VCR was estimated at \$400 loss; the water bed, \$300. A witness reported seeing two men, aged 18-20, at the kitchen door at that night.

Retail theft arrests

Security agents from Kohl's Golf Mill arrested a 31-year-old Chicago woman who reportedly stole three jogging suits from that store Feb. 5. The agent saw the woman steal one outfit and investigation later revealed she had two other sets concealed under her skirt. She will have a March 8 court date.

A 27-year-old Albany Park man was apprehended by Sport Mart security personnel Feb. 6 after he reportedly tried to pay \$22.94 for a \$59.94 baseball bat he had allegedly switched tags on. He will also appear in court March 8.

Three video tapes valued at \$80.89 were reportedly shoplifted from K-Mart Feb. 9 by an 18-year-old Chicago man, arrested for the offense. He was assigned a March 8 court appearance.

Auto burglaries

A neighbor noticed broken glass on the street and alerted a resident of the 9300 block of Ozark Avenue, Morton Grove to his burglarized car. Between Feb. 2-11, an unknown offender caused \$150 damage by breaking a side window of a '77 Chevrolet Monte Carlo parked in the street. The owner, 41, lost clothes valued at \$960, an equalizer valued at \$100 and a small hub cap valued at \$10.

The night of Feb. 6, an unknown offender broke a side window in an '84 Toyota Celica parked in a lot in the 6900 block of Dempster St., Morton Grove. An AM/FM stereo cassette radio worth \$600 is missing. The broken window is estimated at \$100 loss.

Feb. 9, persons unknown used a hammer-type tool to smash a side window in the lot in the 8000 block of Austin Avenue, Morton Grove. A radar detector valued at \$169 was taken. The window damage was estimated at \$150.

Liquor sign violation

At 1:35 a.m. Jan. 9, Morton Grove Police issued a citation to a bar in the 6400 block of Dempster St., for displaying a lighted beer sign after the deadline, in violation of a Village ordinance.

Skokie Library book discussions

"History of the Peloponnesian War," by Thucydides will be the next feature in the Great Books Discussion on Tuesday, March 13, at the Skokie Public Library, 5215 Oakton, 8 p.m. Led by Allen Schwartz, further information may be obtained from him, (708) 679-4123.

A Daytime Great Books Discussion Group meets at 9:30 a.m. at the Winnetka Public Library, 768 Oak, for 8 consecutive Thursdays, starting Feb. 15. Led by Allen Schwartz under the auspices of the New Trier extension program, further information may be obtained by calling (708) 256-7070.

Passages lecture on investing

The fundamentals of safe investing will be explained in a Passages Through Life lecture from 1 to 2:30 p.m. Tuesday, Feb. 20 in room 112 at Oakton Community College East, 7701 N. Lincoln Ave., Skokie.

"How to Make More Money with Your Money" will be discussed by Robert Sayre, M.B.A., financial consultant for Prudential-Bache. He will explain how to put money to work in C.D.'s, money markets, stocks and bonds; use proven investment techniques to increase income, avoid common mistakes and know the proper timing for investing.

Donation is \$1. For information, call 635-1414.

New on your tax return

Here's some information to help you with your 1989 tax return, which is due Monday, April 16:

Exemptions: The personal and dependent exemption is \$2,000 this year, up \$50 from 1988.

Dependents: Social Security numbers must be included on tax returns claiming dependents aged 2 and up. Last year, ID numbers were needed for children aged 5 and up.

Also, you can't claim an exemption for a child age 24 or older who earns more than \$2,000, even if he or she is a full-time student.

The standard deduction has been increased to \$5,200 for married taxpayers filing jointly, \$3,100 for singles, and \$4,500 for heads of households.

The standard mileage rate for business use of a car is 25.5 cents for the first 15,000 miles, up from 24 cents last year.

Personal interest expense. Only 20% of personal interest expense is deductible, down from 40% last year.

For help with your income tax, call your tax accountant or Joan C. LeValley, whose phone number is (708) 825-3857. She has offices at 841 Touhy Ave., Park Ridge, and is a member of the Independent Accountants Association of Illinois.

Voice of Democracy winner

The Park Ridge Veterans of Foreign Wars and its Ladies Auxiliary announced the winners of the 1989 Voice of Democracy script writing program. Peter Lawrence, Loyola Academy; Michael Keener, Maine East High and Mario Trocchio, Resurrection, were 1st place winners for their schools. Winners in overall judging were Patti Disparte, 3rd place; Rosalie Felfle, 2nd place and Mario Trocchio, 1st place. All three students are from Resurrection High School. Students wrote and recorded a speech on "Why I Am Proud of America."

Safe driving at night

by Secretary of State
Jim Edgar

Driving safely at night is difficult because you cannot see as far or well as you can during the day. Use extra caution at night and observe these safety tips:

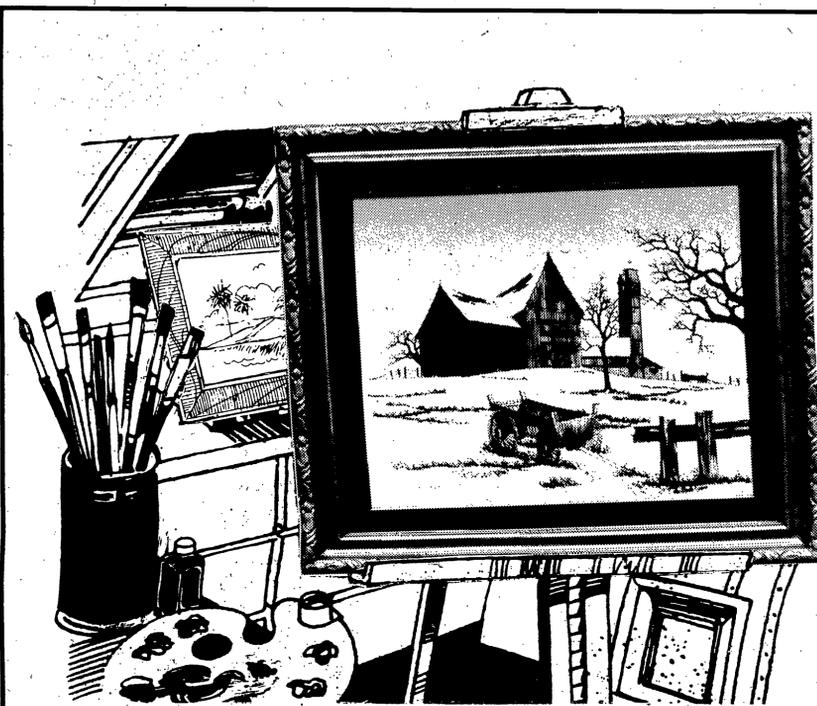
1. Avoid overdriving your headlights, which the National Safety Council says is the most persistent problem of night driving. Reduce your speed so you can stop within the distance lighted by your headlights (about 350 feet).

2. As you look down the highway, gaze further ahead into the area that is barely illuminated. You may be able to see the faint glow of a distant headlight or other movement that will alert you to a possible hazard.

3. Dim your headlights when you are within 500 feet of an approaching vehicle. If you are blinded suddenly by the bright headlights of an oncoming vehicle, turn your eyes away from the lights and use the right edge of the road to guide you.

4. Increase your following distance at night. Dim your headlights when you are within 300 feet (the length of a football field) from the vehicle in front of you.

5. Never stop on the road at night unless you have a flat tire or another emergency. If you must stop, pull as far off the road as possible. Use an illuminated or reflective device, such as a flare or reflecting triangle, to alert other drivers of your presence.



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Sports News

Aquanastics water exercise at Leaning Tower

The Leaning Tower YMCA recognizes that one of the most popular active sports is exercise in the water.

Swimming is one of the best physical activities for people of all ages and for many persons who are handicapped. Vigorous water activities can make a major contribution to the flexibility, strength, and circulatory endurance of individuals.

With the body submerged in water, blood circulation automatically increases to some extent; pressure of water on the body also helps promote deeper ventilation of the lungs; and with well-planned activity, both circulation and ventilation increase still more.

Increased flexibility work is performed more easily in water because of the lessening of gravi-

Mite House League

After a scoreless first period the Hawks scored twice to lead the Blues 2 to 0 after two periods of play in Mite House League action. The Blues scored early in period three but the Hawks, behind the goaltending of Chris Kozioled held on for a 2 to 1 victory.

The Blues Joey Patterson scored an unassisted goal at the 9:02 mark of the third period but that is as close as the Blues would get despite some outstanding play in the games final period.

Kris Kozowski scored the Hawks first goal, an unassisted tally at 9:21 of period two. Less than six minutes later Ricky Lapinski scored his first goal ever on a fine effort and it would prove to be the margin of victory for the Hawks.

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Men's Basketball Standings

GOLF MAINE PARK DISTRICT AS OF 2/5/90

Team	W-L
Ridgers	2-0
Love Pumps	2-0
Knights	1-1
Marty's Team	1-1
Kepsters	1-1
Terminators	1-1
Bulls	0-2
Cujo	0-2

Youth Basketball Standings

GOLF MAINE PARK DISTRICT AS OF 2/5/90

Team	W-L
Tapley Tutoring Bulls	2-0
Tapley Tutoring Lakers	1-1
Fuky's Knicks	1-1
Martin & Marbrly	0-2
Realtors Spurs	0-2

Co-Rec Volleyball League

NILES PARK DISTRICT 1989-90 STANDINGS

Team	W-L
Rusty's (P.L.C.)	36-0
Eliminators	23-13
Sneekers	22-14
Subway	18-18
Rustic Spikes	16-20
Nobs	13-23
OOPS	9-27
Networks	7-29

Co-Ed Soccer Standings

GOLF MAINE PARK DISTRICT AS OF 2/1/90

Team	W-L-T
Devils	0-0-1
Riverrats	0-0-1
Hoosiers	0-0-1
The Kicked	0-0-1
The Mutts	0-0-0

GOLF MAINE PARK DISTRICT AS OF 2/2/90

Team	W-L
Nuke 'Em	3-0
Ballbusters	3-0
Oddballs	0-3
Screwballs	0-3

Squirt Blue Rangers

The Squirt Blue Rangers scored two goals in the game's first twenty-eight seconds and led 3 to 0 after the first period in route to a 6 to 0 white wash of Falcons #2.

Goalie Nick Aulich turned in another fine performance while registering his third shutout of the season.

Bobby Grabowski got the only goal Aulich would need just seventeen seconds into the contest when he fired home a rebound of a Pat Cline shot. Grabowski has really been coming on strong of late and this goal is the product of a lot of hard work by Bobby.

Another hard worker, Brendon Dalton also broke a long drought when he scored on an unassisted goal which gave the Rangers a 5 to 0 lead after two periods of play. Pat Cline led all scorers with two goals and two assists while Rich Aulich added two goals to the victory total.

Cub scout pack 45 derby winners



Forty-one Cub Scout Pack 45 contestants carved their own race cars for the troop's annual Pinewood Derby. (l-r) Guilio Bruni, Eddie Gabriel and Mike Cozzi took first, second and third place honors, respectively.

BOWLING

Niles Senior Men's Bowling League

Team	W-L	HONOR ROLL:
Equalizers	33-9	Ed Piotrowski
Moose Buddies	29-13	579; Jack Hanrahan 594; Jim Fitzgerald 579; Walter Kubaki 565; Ron Svoboda 563; Dave Schillaci 561; Bob Teschner 541; Andy Anderson 540; Ted Staff 535; Frank Voelker 528; William Kurpy 526; John Beton 525; Cliff Gronczewski 525; Art Boruta 523; Chet Hajduk 522; Martin Boxer 520; George Kovich 518; Ed Hanson 516; Stan Shafar 514; Ray Mungtes 511; August Donash 510; Frank Cieplik 509; Henry Knitter 506; Joe Kucan 506; Walter Pikulicky 506; Ed Holland 501.
Trident Seniors	29-13	
Dragon Playboys	26-16	
Fantastic Five	26-16	
Pinbusters	26-16	
Niles Playboys	25-17	
Ex-Stars	24-18	
Sandbaggers	24-18	
Destroyers	22-20	
Unknown Stars	21-21	
Long Shots	19-23	
Recycled Seniors	19-23	
Gold Stars	16-26	
Royal Flush	16-26	
Flying Tigers	15-27	
Three Plus Two	15-27	
Bodinos	12-30	
Lucky 13	12-30	
Magic Machine	11-31	

St. John Brebeuf Ladies Bowling

Team	W-L
7 Up	29-13
Coca Cola	29-13
Sprite	29-13
Green River	28-14
Jolt	28-14
50-50	23-19
Sunkist	23-19
Pepsi	23-19
Barrelhead	20-22
Bubble Up	18-24
Hawaiian Punch	17-25
Diet Rite	10-32
Squirt	10-32
Mountain Dew	7-35

Catholic Women's Bowling

Week of Feb. 7, 1989 Wed. Evening 7 P.M.

Team	W-L
Ray Old's Park Ridge	31-11
Debbie Temps, Ltd.	31-11
Candlelight Jewelers	23-19
State Farm Ins.	
A. Beierwaltes	22-20
Skaja Terrace	19-23
Classic Bowl	16-26
Windjammer Travel	14-28
1st Nat. Bank of Niles	12-30

High Series	Score
C. Wesson	585
G. Thoma	538
K. Kesiak	514
M. Kroll	511
C. Tinnes	490
C. Oettinger	497

High Games	Score
E. Capo	230
C. Wesson	216
K. Lesniak	202
M. Wasilewski	183
M. Kroll	182
G. Thoma	181

SJB Holy Name Society

Scores of February 9, 1990

Team	Points	Top Bowlers	Score
Anderson Secretarial	30	Tom Drozd	612
Norwood Federal Sav.	24	Mel Koenigs	596
Wiedemann Insurance	23 1/2	Andy Beierwaltes	588
Skaja Terrace Fun. Home	20	Rick Sheridan	559
Northwest Parishes Crd.	20	Carl Lindquist	552
Beierwaltes State Farm Ins.	18	Bob Coteus	547
J & B Sheet Metal Mfg.	17	Jim Dvojack	534
Dr. Tom Drozd DDS	15 1/2	Van Koss	530
		Jim Jekot	529
		Bob Miller	519

A Bugle Publications Special Section

Health & Fitness

Health

A Supplemental Guide to your continued Health and Fitness

health & fitness

The Tikvah program offers special services

The Tikvah program at Camp Ramah in Wisconsin is for teenagers between the ages of 13-17 who have special learning problems.

It provides them with the experience of living and learning in a camp setting based on Jewish values.

They are integrated and involved in the Camp Ramah program. They learn to establish lasting friendships with their peers and staff.

Our programming includes a peer tutoring program providing a one to one learning setting and a chance to form friendships.

In addition, Hebrew language and Judaica classes taught by spe-

cially trained teachers.

Activities include tennis, baseball, basketball, instructional swimming, canoeing, sailing, drama, music, arts and crafts, woodwork, dance, movement, synagogue skills, silk-screening and gardening.

Camp Ramah in Wisconsin features modern kosher kitchen and three dining rooms, modern infirmary, developed waterfront, modern cabins with indoor plumbing, tennis courts, ball fields, auditorium and stage, canteen room, library and synagogue.

Call (312) 606-9316 for further information.

Resurrection staff honored



Resurrection Medical Center staff and employees were recently recognized by the Board of Directors of the Metropolitan Chicago Healthcare Council for their "valiant efforts" during the evacuation of patients from the hospital last August.

President Sister Bonaventure, C.R., displays the recognition plaque with staff representing their departments (from left): Sister Loretta Wagner, Nursing supervisor; Sue O'Hara, R.N.,

Emergency Room; Eileen Durkin, vice president, Patient Services; Frank Karas, supervisor, Environmental Services; David Meyers, M.D., director, Emergency Department; Edwin Dickinson, Engineering Department; president Sister Bonaventure, C.R.; Janice Youngwith, assistant director, Public Relations; Sister Donna Marie, C.R., executive vice president; Denise Pawlak, R.N., ICCU; Rosa Perez, Radiology technician; and Frank Strapko, Maintenance.

Depression linked to physical problems

The emotional let down many people face after the holidays may not be simply a diminished Christmas spirit, anxiety over unpaid bills or the prospect of returning to the work day grind.

The so-called "post-holiday blues" may actually be the very real problem of depression, a disorder that carries an underlying physical disturbance and can afflict anyone from teenagers to senior citizens.

In the past, treatment for persons diagnosed as depressive has been restricted to therapy sessions. But recently, the psychiatric community has made great strides in treating depression by including a prescribed medication.

"The new treatment programs in use often call for a combination of therapy and medication," said Renato De Los Santos, M.D., co-chairman of the Mood Disorder Clinic at Forest Hospital in Des Plaines. "Today, it is important to fully evaluate and understand the nature of depression to determine appropriate treatment."

Treatment programs for people afflicted with depression vary with each patient. Generally, medication is prescribed for around six months, while therapy can last from 10 to 12 weeks. Individual, group and family therapy programs are offered.

For more information on the Mood Disorder Clinic at Forest Hospital, call 635-4100, extension 224.

Maine East schedules Health Fair

Maine East is working hard to make the second annual Sweetheart Health Fair on Friday, Feb. 16, from 8 a.m. to 3 p.m. in the girls' gym successful.

"The purpose of organizing an in-school health fair is to increase awareness among students about staying healthy and to stress the benefits of better health," commented Nurse Barbara Manuele. In addition, a "Sweat Heart" warm-up for students and faculty is planned for Thursday, Feb. 15, from 3:15 to 3:45 p.m. in the center court gym. The "Mighty Quinn" from the Mt. Prospect Chicago Health Club will lead the warm-up.

Of the 25 organizations which will have booths, demonstrations, and exhibits Feb. 16, a number are returning from last year's Health Fair. Among these are the American Heart Association (providing blood pressure screenings), the Dental Hygiene Department of Harper College (providing oral cancer screenings), and Alcoholics Anonymous (distributing literature).

Several new organizations will also be in attendance at Maine East this year. Among these will be the Fit or Fat Systems, offering a person a complete body fat analysis within a matter of minutes. However, there is a \$5 charge for the analysis. Strong Athletes Against Steroids in Des Plaines will demonstrate the proper tech-

niques for using weights as well as distribute literature regarding steroids. Resurrection Medical Center will offer a pulmonary function test. Also, Women's Services will distribute brochures on domestic violence and sexual assault.

Several Maine East clubs will also participate in the second annual Sweetheart Health Fair. Computer Club returns with testing of one's knowledge of health wellness. WMTB radio has organized "Name That Disease" game, patterned after the popular game show "Jeopardy." Sign Language Club will have a booth, and members will demonstrate signing.

The Health Fair is open to students and faculty/staff members from 8 a.m. to 3 p.m. Physical education classes will attend during their assigned periods of instruction, and from noon to 2 p.m. Maine East parents and community residents are invited to participate.

The first 200 faculty/staff members, who attend will receive a certificate for a free cholesterol blood test, including HDL/LDL breakdown, at Lutheran General Hospital.

The Drug Free Schools committee members that helped organize this year's Health Fair are David Clifford, Wayne Connell, Robert Dollaske, Bruce Erickson, David Howley, Joanne John-

son, Jay Karant, Joan Lampert, Eileen Lange, Richard Lefort, Barbara Manuele, Emma Neiveem, Lou Petrizzi, Doreen Rodgers, Marge Sala, Donna Smith and Irene Wojcik.

Resurrection Pavilion health fair

Community residents are invited to a special health fair, Saturday, March 10 from 9 a.m. to noon at Resurrection Nursing Pavilion, 1001 N. Greenwood Ave., Park Ridge.

Located in the first floor dining room, the health fair will feature a variety of free health screenings and health information programs.

Resurrection Nursing Pavilion Education Coordinator Ramona Kukulewicz notes that the fair will feature a special fasting, \$6 blood cholesterol test, as well as several free screenings such as blood pressure, pulmonary function, weight measurement, hearing tests and a diabetes (finger stick) blood sugar test. Also included in the fair will be healthy eating information and snacks, and an on-duty ambulance available for tours.

Advance registration is not required for the health fair. For additional information, call Resurrection's Health Promotion and Wellness office at (312) 792-5022 between 8 a.m. and 5 p.m. Monday through Friday, or contact the Resurrection Nursing Pavilion at (708) 692-5600.

Steve N. Vuco
Marine Pfc. Steve N. Vuco, a 1988 graduate of Maine Township East High School of Park Ridge, IL, recently reported for duty with 3rd. Marine Division, Marine Corps Base Camp Schwab, Okinawa, Japan. He joined the Marine Corps in April 1989.

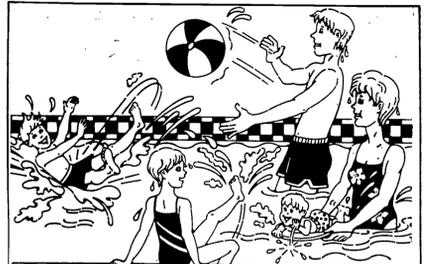
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Rush North Shore Medical Center



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health & fitness

SCH Service Guild hosts speaker



Jo Ann Cannon, DPH, delegate to the recent Citizen's Summit on the Global Environment held in Moscow, outlines her itinerary for Dr. James B. Mc Cormick, president of the Swedish Covenant Hospital. Dr. Cannon will be the featured speaker at the SCH Service Guild's annual meeting on Monday, Feb. 19 at 7 p.m.

For reservations call 878-8200, Ext. 5273.

Orchard Village hosts Legislative Breakfast Forum

Orchard Village, a residential community for developmentally disabled adults in Skokie, is hosting a Legislative Breakfast Forum open to the public. The forum will be held on Thursday, Feb. 15, in the Assembly Building at Orchard Village.

Legislators attending include: Senator Berman, Senator Carroll, Senator Kustra, representative Lang and a representative from Attorney General Hartigan's office. The legislators will have an opportunity to discuss issues af-

fecting persons with disabilities such as the implementation of OBRA (Omnibus Reconciliation Act) of Illinois and Community Integrated Living Arrangements (CILAs) as well as the development of family support systems.

Volunteer openings at SCH

Now that the busy holiday season is over and the decorations are put away, you might want to consider getting involved in some volunteer work at Swedish Covenant Hospital, 5145 N. California.

The hospital has openings for men and women in several areas of service. Volunteer positions are available in the coffee shop, on nursing units, and in offices doing typing and filing.

Volunteers receive a free meal, free parking in the hospital garage, and the use of a uniform, plus the satisfaction of knowing they are helping others and performing a job that is needed.

For more information or to make an appointment with Marilyn Carlson, volunteer coordinator, call 878-8200, X5273.

Three good health lectures, will be held at the Des Plaines Public Library at 7:30 p.m. on Wednesdays, Feb. 21, March 14 and 28, at 841 Graceland Ave., Des Plaines.

"Macrobiotic Medicine" will be discussed by Keith Block, M.D., on Feb. 21. He will explain a comprehensive clinical program he has developed to support the immune system and minimize the potential for diseases. "Allergies" will be examined by Suel-

Forest Hospital staff to address Loyola Academy students

Members of the professional staff of Forest Hospital, Des Plaines, will speak on a variety of important contemporary issues during the two-month long Life Issues Forum presented by Loyola Academy, Wilmette. The forum, which will address such topics as depression, self-esteem, steroids and suicide, is being sponsored by the academy's Peer Leadership Counseling Group.

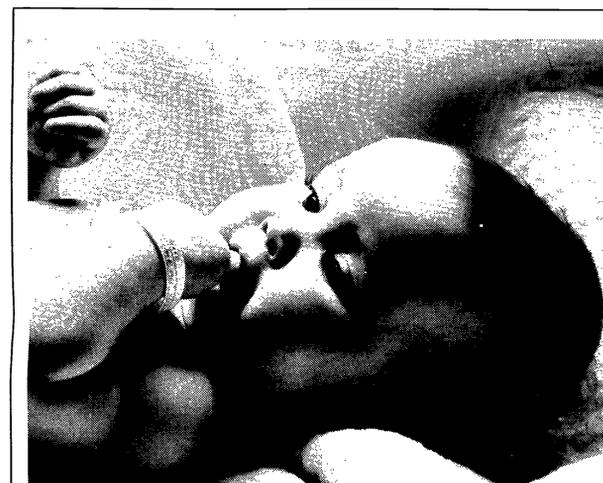
According to Larry Nikodem, Peer Leadership Coordinator for the Forest Foundation, the forum was designed as part of the school's participation in the Forest Foundation's Peer Leadership Grant Program. Loyola Academy's peer leadership group currently includes some 120 junior and senior student participants.

Nikodem said that the Forest grant program works with schools and other recipients in the development of peer leadership programs. "The funding we provide is an important first step. But we are equally committed to working closely with every grant recipient to do whatever we can to assure a successful, viable program that's going to be of real use to young people."

The complete schedule of lunch-hour programs and the Forest Hospital presenters follows:

- Steroids, Feb. 8, George Badgley, coordinator, Countdown to Recovery;
- Alcohol, Feb. 12, Nika Garriety, director of Chemical Dependency Services;
- Feb. 21, Natural Highs, Lawrence Nikodem, peer leadership coordinator;
- Feb. 26, Depression, Alan Weintraub, R.S.W., program development coordinator;
- March 6, Self Esteem, Margo Jacquot, senior counselor coordinator;
- March 13, Anger, Jackie O'Keefe, director of social work;
- March 20, Substance Abuse (Family Members), Lawrence Nikodem, peer leadership coordinator;
- March 29, AIDS, Sylvia Becker, substance abuse counselor.

Overall in 1989, the Forest Foundation Peer Leadership Program distributed more than a quarter of a million dollars in grants to 31 Illinois schools and organizations.



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health & fitness

Avoid the danger of fume poisoning

Carbon monoxide is a deadly poison that can dull the senses and cause an accident. Cold weather increases the risk of exposure to carbon monoxide because many motorists warm up their vehicles before driving and keep the engines running while parked.

If allowed to seep into a vehicle, carbon monoxide can cause weariness, yawning, dizziness, nausea, headache and ringing in the ears. Those who start to feel any of those symptoms while driving should pull off the road as soon as possible. Turn off the engine and get plenty of fresh air.

The following safety precautions will help prevent carbon monoxide poisoning:

Coping with the pain of arthritis

Learning to live with chronic pain may be the most challenging aspect of having arthritis, reports the Arthritis Foundation, Illinois Chapter.

"Everyone reacts to pain differently," said Linda Muzio, RN, MSN, a clinical nurse specialist at Chicago's Michael Reese Medical Center, and a volunteer for the Arthritis Foundation, Illinois Chapter. "Pain is physical, but it is also affected by psychological factors. The up-and-down nature of arthritis can leave people feeling depressed and helpless, taking away the energy needed to cope with pain. It's possible to be caught in a vicious cycle of pain, depression and stress that is hard to break."

Muzio points out that the way people manage pain can have a dramatic effect on how they feel. Having arthritis and the pain that goes with it can lead to a life built around pain and sickness. Or, you "change gears" and build your life around wellness instead.

A "wellness lifestyle" involves eating a balanced diet, getting daily exercise and enjoying some kind of social activities. It also includes learning how to relax and maintaining the proper weight.

"The first step in learning to handle pain is to believe you can help yourself, and then to take steps toward accomplishing this goal," Muzio said. "Arthritis may limit you, but it doesn't need to control your life."

The stress from having a chronic disease, combined with other factors in your life, can trigger flare-ups of arthritis. These in turn cause more pain. Learning relaxation techniques may be one way to help reverse the effects of stress and give you a sense of control and well-being. Deep breathing, muscle relaxation and biofeedback are some of the more popular relaxation techniques. A doctor or physical therapist can suggest which would be best for you.

The Arthritis Foundation offers a booklet entitled "Coping with Pain," which provides in-depth advice and tips on learning to live with the chronic pain of arthritis. For a free copy of the booklet, or for more information on arthritis, contact the Arthritis Foundation at 79 W. Monroe St., Suite 510, Chicago, Ill. 60603, or call the Foundation at (312) 782-1367 or, 1-800-572-2397 (toll free outside the Chicago area).

Rush North Shore staff member

Have the muffler and exhaust system checked when the vehicle is "winterized" this fall. If the vehicle has been "winterized," but the muffler and exhaust system were not inspected, have them checked as soon as possible.

Open the garage door before starting the engine and back out of the garage before warming up the vehicle.

Keep a window open partially while driving the vehicle and when the engine is idling.

Do not let children play with car keys.

Irwin Horwitz, M.D., has recently joined the medical staff of Rush North Shore Medical Center as a member of the Department of Surgery. He specializes in otolaryngology. His office is located in the medical center's adjacent professional center, 9669 N. Kenton, Skokie.

Dr. Horwitz received his medical degree from the University of Illinois School of Medicine in Urbana. After serving an internship at Cook County Hospital, he spent two years in the military.

He then served his residency in otolaryngology at the University of Illinois Eye and Ear Infirmary. He received a fellowship at the National Institute of Health. He is certified by the American Board of Otolaryngology.

Dr. Horwitz is a member of the medical staffs of Rush Presbyterian-St. Luke's Medical Center and St. Joseph Hospital, and is a professor at Rush Medical College.

He and his wife, Isabel, live in Lincolnwood.

Swedish Covenant support group

The Oncology Support Group of Swedish Covenant Hospital will hold an open discussion at its meeting on Friday, March 2, at 1 p.m. in the Anderson Pavilion, 2751 W. Winona.

All cancer patients and their families are cordially invited to attend. The meetings are free and intended to give support through education and sharing. For more information call Steve Jackson, club moderator, at 878-8200, ext. 5098.

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health & fitness

Everybody needs a healthy heart

A national health care company is advising Americans to make three lifestyle changes to improve their cardiovascular health during Heart Month this February.

Health Management Resources (HMR), a provider of outpatient health programs to hospitals and medical centers nationwide, says 60 percent of premature deaths due to coronary heart disease and stroke could be prevented with simple lifestyle changes.

"Even simple changes in dietary habits and physical activity can significantly reduce your risk of cardiovascular disease, the nation's number one killer," says HMR President Lawrence Stifler.

"You don't have to be a marathon runner or eat a perfect diet to be healthy."

Every excess pound over ideal body weight is associated with increased medical risks, including increased risk of coronary heart disease. If you're overweight and concerned about health risks, Stifler advises:

Increase your level of physical activity. "Maintaining an active lifestyle that will help you control your weight while reducing your risk of cardiovascular disease is easier than you think," says Stifler. "Walking ten minutes out and back twice most days can have a positive impact on

your health."

Decrease the amount of fat in your diet. A high fat diet is one of the most potent of all risk factors and is associated with high blood cholesterol and increased risk for cardiovascular disease. Stifler states, "One of the easiest ways to decrease fat is by increasing your consumption of fruits and vegetables. Diets that contain large quantities of fruits and vegetables result in lower TC/HDL and lower triglyceride levels and contribute to maintaining a more ideal body weight. 'It's as easy as eating 2 cups of vegetables and one cup of fruit per day!'" says Stifler.

Stop smoking. In addition to losing weight and increasing physical activity, quitting smoking can reduce a former smoker's risk of heart attack to that of a non-smoker in as few as two years. Smoking remains one of the nation's leading risk factors and preventable causes of death. It's never too late to quit! For example:

Individuals who stop smoking even after age 65 can reduce their risk of heart attack by as much as 50 percent.

The harmful effects of smoking on blood cholesterol may be reversed within as little as one year after quitting.

By stopping smoking, a 25

year old man who smokes two packs of cigarettes a day could add an average of more than eight years to his life expectancy.

Women who stop smoking experience the same health benefits and risk reduction for heart disease as men.

Even if you are unable to or do not want to stop smoking, you will still benefit by reducing the amount that you smoke. The greater the number of cigarettes smoked, the greater the health risk. Any change you can make that will decrease the total number of cigarettes, pipes or cigars smoked will decrease your health risk. However, it should be noted that even 1-4 cigarettes a day are still associated with measurable increased health risk. That being said, the best course of action is to stop smoking entirely.

In addition, the lifestyle changes that you might make more easily, such as increased physical activity, can support a decision to become a non-smoker. Physical activity plays a major role in the maintenance of optimal health. Individuals who maintain active lifestyles often experience a better quality of life regardless of the presence of other medical conditions.

Special cholesterol testing at Resurrection
A special 22-test chemistry profile including total cholesterol and high density lipoprotein (HDL) cholesterol will be offered the weeks of Mar. 12 and Mar. 19 at Resurrection Medical Center's Professional Building, 7447 W. Talcott Ave., Chicago, Ill. Advance registration and prepayment for the special chemistry profile blood test is required. Reservations and prepayment may be made between 2 p.m. and 6 p.m. Thursday, Mar. 1 in the first floor classroom of the Resurrection Professional Building. The actual tests will be conducted during the weeks of Mar. 12 and Mar. 19. Limited registrations available.
Sponsored by Resurrection Medical Center's Health Promotion and Wellness department, the chemistry profile screening features 22 tests including the high density lipoprotein cholesterol level. A 12-hour fast is required before testing. Cost for the chemistry profile and cholesterol screening is \$16.
Another related community health education program, "Know Your Cholesterol Connection," is slated for Thursday, Mar. 15 at the Northwest side medical center. The program is free and will be offered at both 10 a.m. and 7 p.m. in the hospital's Sister Anne meeting room.
A special Low Cholesterol/Low Calorie cookbook developed by dietitians at Resurrection Medical Center will be available for a small \$3 fee at the program. Free parking also will be available in the hospital's front visitor parking lot, with convenient and easy access directly to Marian Hall and the Sister Anne meeting room.
For additional program information and registration, contact the medical center's Health Promotion and Wellness department at (312) 792-5022.

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Stay Healthy!

health & fitness

Cardiac risk screening

A cardiac risk screening is being offered at the Swedish Covenant Family Health Center, 6304 N. Nagle, from Monday, Feb. 19 through Friday, Feb. 23, during regular office hours.

The screening will test for levels of cholesterol, triglycerides and high and low density lipoprotein. Participants blood pressure also will be taken, and their correct weight recorded.

A free follow-up consultation

will be scheduled for those whose test results are higher than desired.

A 14-hour fast is required prior to the screening. Instructions will be given when appointments are made.

To make a necessary appointment call 631-1300. The fee for the screening is \$20. The Family Health Center is open Monday thru Friday from 9 a.m. to 3 p.m.

Forest Foundation funds computer system

Installation of a new computerized data management system wholly dedicated to the Youth Office is assuring the Park Ridge Police Department streamlined recordkeeping and greater overall efficiency. The system was made possible by a grant to the department from the Forest Hospital Foundation, Des Plaines.

According to Det. Robert J. Kristie, a Park Ridge Police Department Juvenile Officer, the new system is expected to aid in identification of at-risk individuals, provide increased efficiency in social service/psychological intervention and assist in comprehensive case- and child-tracking.

Forest Hospital is a 170-bed private psychiatric facility offering treatment programs for children, adolescents and adults suffering from mental or emotional disorders. The hospital also offers comprehensive programs for eating disorders, dual diagnosis and substance abuse, as well as a range of outpatient programs.

Volunteers needed at Holy Family

Holy Family Hospital, located at the corner of Golf and River Roads in Des Plaines, is looking for volunteers.

If you or a member of your family are interested in volunteering at Holy Family, several positions are open. Volunteer positions are especially needed for the women's health center, intensive care and cardiac intensive care units, admitting department, StableLives diabetes department, outpatient registration (7 - 9 a.m.), wheelchair transportation, and for general secretarial duties.

The information desk and gift shop need volunteers for evenings and weekends.

If you are interested in becoming a volunteer at Holy Family, call the volunteer office at (708) 297-1800, ext. 1160 to set up an appointment.

Colon cancer study

A nationwide study reported in the Feb. 8 New England Journal of Medicine shows that a drug combination following surgery reduces the death rate for patients with Dukes' C colon cancer by more than one-third. These patients, whose cancers had spread to nearby lymph nodes, were followed from two to five and one-half years.

Dr. Leonard M. Klein of Lutheran General Hospital was one of 500 doctors nationwide who participated in the study of 1,296 patients. The Park Ridge physician is affiliated with Eastern Cooperative Oncology Group, a national research organization that conducts clinical trials of cancer treatments.

Lecture on understanding your back

The Niles Park District's Maggie Deutsch will present a Lecture on Understanding Your Back. Maggie Deutsch is a Movement Therapist whose Bio-Mechanical practice includes many individuals with back problems.

This informative program provides reasonable explanations and solutions with easy to do at home exercises to help everyone toward a healthier, stronger back.

The lecture will be held on Tuesday, March 6, from 7 to 8:30 p.m. at the Ballard Leisure Center, 8320 Ballard Rd., in Niles. The fee is \$2 per person and is open to all ages. Those interested may register at either the Administrative Office, 7877 N. Milwaukee Ave., or the Ballard Leisure Center, 8320 Ballard Rd. For more information, please call John Jekot at 967-6975.

Update on heart disease at Resurrection

A free community health education program, "Update on Heart Disease," will be offered Thursday, Feb. 15 at Resurrection Medical Center, 7435 W. Talcott Ave., Chicago.

Cardiologist Timothy O'Connor, M.D., on staff at Resurrection, will present the informative educational program at both 10 a.m. and 7 p.m. in the Sister Anne Room, located on the hospital's lower level. The program is free and open to the public. Advance registration is not recommended.

In addition to his presentation, the program will include a free blood pressure screening.

Free parking will be available in the hospital's front visitor parking lot, with convenient access directly to the Marian Hall and Sister Anne meeting room.

For additional information and registration, contact the medical center's Health Promotion and Wellness department at (312) 792-5022.

Program on arthritis

A series of "Exercise for People With Arthritis" is being held Mondays and Thursdays, from 5:30 to 5:50 p.m. at Rush North Shore Medical Center in Skokie. Classes are designed to increase muscle strength and walking ability, while not aggravating joint inflammation.

For further information and to register, call the Good Health Program of Rush North Shore Medical Center at 677-9600, ext. 3588.

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Learn how your weight loss will be completely supervised by staff professionals including physicians, nurses, nutritionists and behavioral specialists.

And how the safety and effectiveness of Medifast have been proven by over 200,000 patients across the nation.

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Attend our free seminar. And make this the week you start doing something about it.

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DIET - CARRY-OUT OF NILES CALL (708) 803-DIET

Edison "Show-and Tell" teaches electrical safety



Elementary school students watch as a Commonwealth Edison engineer points out the hazards of carelessness near overhead power lines. Commonwealth Edison is offering this unique traveling "show-and-tell" program which is designed to teach young and old alike how to co-exist safely with electricity.

Commonwealth Edison is offering a unique traveling "show-and-tell" program, featuring a model city street in miniature with live electric lines, to demonstrate the potential hazards of overhead wires.

The safety model has been designed to effectively educate persons of all ages about the potential dangers of electricity.

Each year, hundreds of persons are injured because they were not aware of the dangers of handling electricity. Commonwealth Edison is committed to help its 3.1 million customers know how to properly co-exist with electricity - preventing accidents through education.

The new program recently introduced by Edison features a scaled replica of a city street with miniature people, realistically depicting the hazards of carelessness near overhead power lines.

The unique visual model is energized to 12,000 volts and simulates accidents involving a kite, sailboat, crane, TV antenna, a tree making contact with a power line, a downed power line contacting a vehicle, and other statistically frequent accidents involving electricity. A special feature is an energized "out out" which blows a fuse when an aluminum ladder contacts the electrical service line at the model house.

Your school, youth organization, or other group can request to have the electrical safety demonstration presented free of charge at your designated location.

To book your date call (312) 294-3059 and ask for the Speakers Bureau. Please call at least two weeks prior to the date you wish to have the presentation, and have an alternate date available.

Rules of the Road course offered

The Center of Concern, in cooperation with Secretary of State, Jim Edgar, is offering a Rules of the Road Review Course for all citizens in the Maine Township area.

The purpose of the course is to help applicants pass the Illinois Drivers' License renewal examination. It updates drivers on the current rules of the road, explains the vision and the driving ability examinations, and prepares applicants for the general written and road sign examination.

The Rules of the Road Review Course will be held at The Center of Concern, Conference Room, 1580 N. Northwest Highway, Park Ridge, on Monday, February 19, from 1 to 3:30 p.m.

The course is free to everyone, any age, who wishes to attend. For more information, please call The Center at (708) 823-0453.

Reclamation District OK's O'Hare reservoir

The Board of Commissioners of the Water Reclamation District today authorized an agreement with the Army Corps of Engineers for construction of a reservoir in Des Plaines that will store combined storm and sewer water during storm periods.

Commissioner Harry "Bus" Yourell, chairman of the Flood Control, Drainage and Storm Flow committee, said, "The O'Hare Reservoir will store up to 342 million gallons of water, and will provide welcome relief to the communities of Des Plaines, Mount Prospect and Arlington Heights."

Under the agreement, the District will provide 25% of the cost of the project, which is part of the overall flood control plan for the Chicagoland area. The total cost is estimated at \$20,500,000, so the District's estimated share is \$5,125,000.

Construction is expected to begin this summer and will take up to four years to complete.

Tournament raises \$15,000 for suicide prevention

More than \$15,000 was raised to support suicide prevention efforts at the Third Annual Stephen Sexton Memorial 3-On-3 Basketball Tournament, held December 30 and 31 at Maryville Academy gym in Des Plaines.

The 1989 tournament was the most successful to date, accounting for about half the total funds raised by tournament since its inception in 1987.

Checks of \$5,000 each will be presented to Maryville, City of Youth in Des Plaines; Glenview Youth Services; and the Evanston Hospital Affective Disorder Program. The money will be used by the organizations to initiate and maintain suicide prevention programs and research.

More than 40 teams participated in the 1989 tournament which was also supported by four corporate sponsors: Foot Locker, Miller High Life, TCI of Illinois and the Woodscape Group Ltd.

The information desk and gift shop need volunteers for evenings and weekends.

If you are interested in becoming a volunteer at Holy Family, call the volunteer office at (708) 297-1800, ext. 1160 to set up an appointment.

USE THE BUGLE

Spring arrives at Home & Energy Show

Chicago's original and most successful home improvement show will return this spring for a great weekend of activity.

The Spring Home & Energy Show will run from Friday, Feb. 23, through Sunday Feb. 25, at Harper College in Palatine, Illinois.

Co-sponsored by Y108 radio, the show features 200 displays of products and services that will improve the home either indoors or outside as well as the owners' lifestyle.

The National Association of the Remodeling Industry (NARI) will staff a public service information area with experts from the home improvement industry. Also the Illinois Department of Tourism will have a special display.

National and local celebrities such as Jimmy Fiersall, baseball personality, Don Aslett, America's #1 Cleaning Expert, Steve King and Johnnie Putnam, of WGN Radio, Pat Gerlach, of the Daily Herald, and Ken Benson, Landscape Designer, will be making personal appearances.

Area landscapers will further enhance the show with their beautiful garden displays and will answer lawn and garden questions.

There will be many doorprizes and giveaways at the show. Hours are from 4 p.m. to 10 p.m. Friday; 11 a.m. to 10 p.m. Saturday and 11 a.m. to 6 p.m. on Sunday.

Admission is \$5 for adults, \$2 for children 6-12, free for children under 6. Discount tickets are available from True Value Stores, Dominick's Food Stores, and leading financial institutions.

For more information, call Tower Conference Management at (708) 469-3373.

William A. Koen

Pvt. 1st Class William A. Koen has completed basic training at Fort Dix, N.J.

During the training, students received instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, first aid, and Army history and traditions.

He is the son of Carol A. Cook of 10603 Hemwick, Houston, and Ronald H. Koen of 9240 Courtland Dr., Niles.

There's No Place In A Visionary Business For Blind Faith.

The blackout that should have occurred over northern Illinois last July 10th was averted nearly two decades earlier.

That's when the decisions were made to build our Byron and Braidwood generating stations.

Had we adopted a wait-and-see attitude, and simply hoped for the best, your electric bill might be lower today, but so would the generating capacity available to serve your needs. We'd be struggling, as other

companies are, to provide even minimum service during peak demand. And could be facing a construction program in the 1990's that might well be twice as costly as it was in the 70's and 80's.

Instead, while other utilities struggle to reduce acid-rain-causing emissions and build new facilities to satisfy demand, we have one of the cleanest generating systems in the world, with capacity to meet your growing needs well through the 90's.

No one is blessed with the wisdom to be always right. But it is our responsibility to foresee the needs of 8 million people in northern Illinois and provide for those needs at the lowest possible cost. When historians record the decade of the 90's, we believe we'll be judged to have met that responsibility.

Commonwealth Edison
Were There When You Need Us



Notify IRS of address changes

Far worse than getting an IRS notice is not getting it, advises Park Ridge tax accountant Joan C. LeValley, because you might miss the deadline for a payment or a reply. The IRS is obligated to send notices to your last known address, but not to hunt you down - even if its notice doesn't reach you or is returned to it by the post office. Putting your new address on your 1989 return is a handy way to notify the IRS, because processing of returns may take many weeks. A deficiency notice sent to your old address in the meantime can be valid.

It's safer to write to the IRS ser-

vice center where you last filed a return, recommends LeValley, sending the letter by certified mail, return receipt requested. Couples must be sure to list both names and both social security numbers. And make sure that the post office is forwarding your mail correctly, especially if you move after filing your return and are expecting a refund.

For help with tax filing problems, call your accountant or LeValley at 708-825-3857. She has offices at 841 Touhy Ave., Park Ridge, and is a member of the Independent Accountants Association of Illinois.

Internal Revenue service for taxpayers

Monday through Friday, for self-help assistance. You should bring your tax package, as well as W-2 and 1099 statements, receipts and other documents with you. You can also get copies of the most common forms and publications at the office.

The IRS Lincolnwood office, located at 7301 N. Lincoln Ave., is open from 8 a.m. to 4:15 p.m.,

Safety tips for winter driving

During the winter driving season, many motorists forget to slow down and end up skidding on ice or snow.

By knowing what causes a skid and how to get out of one, you may avoid an accident, experts say.

Accelerating too fast on ice or snow, driving at excessive speeds, and suddenly turning and braking can cause your tires to lose traction and throw your vehicle into a skid.

The AAA-Chicago Motor Club recommends that drivers of both front- and rear-wheel-drive cars take the following steps to get out of a skid:

1. If you start to skid, do not hit the brakes.
2. Ease your foot off the gas pedal until the tires regain traction and you can steer the car. Experienced drivers often de-clutch or shift into neutral to equalize the drive force on all four wheels. However, this technique must be practiced before you try it in an emergency.
3. Steer gently in the direction you want the front of the car to go. Oversteering could cause a severe spin.
4. When the tires have regained traction, shift back into gear. Accelerate slightly on front-wheel-drive cars.

When roads are slippery, accelerate smoothly, increase following distances, and signal turns and lane changes well in advance. Remember, roads are most treacherous when the temperature hovers near freezing and the road has a nearly invisible coating of ice.

Freezing temperatures also make overpasses and hills especially dangerous.

Des Plaines residents won trip to Super Bowl



Fred and Louanna Steinken of Des Plaines were guests at this year's Super Bowl thanks to Holy Family Hospital's Super Bowl raffle.

The hospital coordinators of the event were (from left) Sue Mrotek, Glenn Glinke, (with the Steinkens in the center) and Marilyn Paglia.

Mr. and Mrs. Steinken took daughter and son-in-law Jim and Nancy Bredberg with them.

"We are all very excited," stated Mrs. Steinken, "We don't win things and rarely enter contests. However, we decided to, since it was a benefit for Holy Family."

Other winners of the raffle include: Mount Prospect resident Jackie Pytel, a deluxe weekend for two; Lou Maegdin, a 19" color TV; and David Brown, a 35mm camera.

Lions deserve your support

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Working in their various communities in Illinois, they strive to make life a little brighter, a little cheerier, and a lot more meaningful for those they support - the blind and the deaf.

Literally they have taken to heart the words of Hellen Keller when she charged Lions at their 1925 International Convention to become "Knights of the blind."

They have worked tirelessly on such programs as the Glaucoma Screening Unit, which travels the state annually visiting hundreds of communities at the invitation of the local club. It offers free screenings for glaucoma, diabetes and hypertension, all leading causes of blindness in adults.

Lions have also led efforts in their communities to:

- Collect Eye Donor pledges for eye tissue to help relieve the chronic shortage of eye tissue for corneal transplants.
- Assist low-vision youngsters at the Illinois School for the Visually Impaired in Jacksonville to make the most of their limited eyesight.
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Truly Lions deserve our thanks. But even more to the point, they deserve our full support for the care and dedication

they have shown for the blind and the deaf. Such support can be shown in several meaningful ways:

- Donation of your old and obsolete hearing aids and eyeglasses. Lions work with several organizations in supplying eyeglasses and hearing aids to those who need them throughout the world. Contact the local Lions Club or the Lions of Illinois Foundation, Lions charitable affiliate. The Foundation phone number is (708) 681-8800.
- Lions Candy Day, always held the second Friday of October, by volunteering to collect for Lions or by contributing generously in this annual Lions Fundraiser which funds Lions activities the year round.

Not only will your support reassure Lions in their efforts, but it will help to meet the needs of those whom we so often overlook in the press of daily living - the blind and the deaf.

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A district brochure listing course offerings at all three Maine high schools will be available on or about April 2. Registration for summer school begins at all three schools on April 16.

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Make plans. For one day only - Saturday, February 17, 1990 - from 9 to 5, Townhouse TV's entire stock of Lionel, American Flyer, Williams, K-Line, and inventories from twenty other vendors will be on sale.



New and used model trains, dolls, toys, & games. Over 5,000 square feet of bargains. Trade-ins are welcome. Visa MasterCard Discover & cash are accepted.

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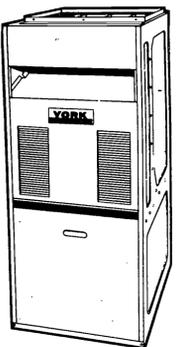
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New and used model trains, dolls, toys, & games. Over 5,000 square feet of bargains. Trade-ins are welcome. Visa MasterCard Discover & cash are accepted.

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Entertainment

Pasta and Pops time at Niles West

The 10th Annual Pasta and Pops, Niles West High School's popular dinner concert, will take place on Saturday, Feb. 24 in the school gym, Oakton St. at the Edens Expy. in Skokie. An Italian dinner will be served from 6:30 to 8 p.m. with continuous entertainment from 6:45 to 9:30 p.m.

This entire evening can be enjoyed for only \$6.50 per person. Pasta and Pops is the Music Parents Association's major fund-

raiser of the year. Those attending will be supporting the school's music program. The proceeds provide student scholarships and equipment.

Reservations for Pasta and Pops can be made by calling Dinner Co-Chairperson Kathy VanMersbergen at (708) 679-1007. Tables for 10 or more can be reserved, and no tickets will be sold at the door. For further information, call Co-Chairperson Cary Katznelson at (708) 679-2453.

Drop-off sites for Music Mart

Year-round drop-off sites are now open for the annual Les Turner ALS Foundation Mammoth Music and Record Mart, an 11-day sale of donated musical items to raise money for the fight against amyotrophic lateral sclerosis, commonly known as ALS or "Lou Gehrig's" disease.

The 13th annual Mammoth Music and Record Mart will be held Sept. 13-23 at the Old Orchard Center in Skokie and will feature more than 250,000 musical items for sale at bargain prices. Every item is donated by the public.

Donations of musical items such as records, cassettes, videotapes, compact discs, stereo/video equipment and instruments can be made year-round at the following locations: Crystal Lake, Full Cycle Records, 5610 S. Route 31, (815) 459-9550; Downers Grove, Added Dimensions Women's Clothing Store, 7329 Lemont (Downers Park Plaza), (708) 971-0600; Matteson, Added Dimensions Women's Clothing Store, Lincoln Highway and Crawford (Route 30), (708) 747-2800; Waukegan, Oakwood Racquet Club, 351 Oakwood Ave., (708) 336-7444; Wilmette,

Fire Station, 1304 Lake Ave. (Lake and Green Bay Road), (708) 251-1101. Free pick-up service is available for larger items and all donations are tax deductible.

Donations can also be made directly to the Les Turner ALS Foundation office, 3325 Main St., Skokie 60076. For more information on donations and the Mammoth Music and Record Mart, call the Les Turner ALS Foundation (708) 679-3311.

Dramatic reading contest

On February 19 the All American Toastmasters of Niles will have a dramatic reading contest. Speaking succinctly and articulately is important during job interviews, or when trying to impress someone. This skill can be learned. All American Toastmasters of Niles can provide the tools to develop this skill. The organization meets on the first and third Mondays of each month at the Niles Trident Center at 8060 W. Oakton St. at 7:30 p.m.

For more information, call Barb at 823-5631.

Free play and luncheon at Concord Plaza

Seniors and their friends and families are invited to spend "An Evening With Mr. and Mrs. Lincoln" on Sunday, Feb. 25, at Concord Plaza Retirement Community in Northlake. This original play is written and performed by Max and Donna Daniels, Mr. and Mrs. Lincoln look-a-likes.

The play will be presented at 1 p.m., and will be followed by a luncheon. There is no charge. Concord Plaza is located at 401 W. Lake St., in Northlake. After the luncheon, seniors will also have the opportunity to tour Concord Plaza's facilities, including the roof-top greenhouse, indoor pool, ballroom, Exercise Center and crafts room.

For more information or reservations, call Jeannie Weiss, (708) 562-9000.

Foreign films at the Niles Library

The second film in the FOREIGN FILMS SERIES, WINGS OF DESIRE (130 min.) will be shown on Monday, February 19 at 7:00 p.m. Wings of Desire is as much a re-examination of the divided city of Berlin and its almost spectral inhabitants, as it is thoroughly romantic love story. Daniel (Bruno Ganz) is an angel who has grown tired and frustrated at his inability to affect the people over whom he watches in his weightless existence. Visiting a traveling circus, he encounters a beautiful trapeze artist and falls in love. He leaves the heavens and enters the mortal world of earthly delights.

Tickets are required for this showing at the Niles Library. 75 tickets will be available at the circulation desk (one ticket per person in line) thirty minutes before each show time. Movie will be shown free of charge in the library auditorium at 6960 Oakton St. Everybody is invited.

Resurrection Auxiliary Birthday Party meeting



Puppeteer Michelle Stevens will be the featured entertainment at the Friday, Feb. 23 meeting of the Resurrection Auxiliary at Resurrection Medical Center. For additional information call (312) 792-5110.

Members of the Resurrection Auxiliary are invited to a special giant birthday party celebration and business meeting Friday, Feb. 23 at Resurrection Medical Center, 7435 W. Talcott Ave., Chicago.

The meeting begins at 1 p.m. in Marian Hall located on the medical center's lower level. Following a brief business meeting, Auxiliaries will be treated to a special performance by Murphy's Paw Puppet theatre starring Michelle Stevens.

The meeting will focus on a "birthday party" theme. Cake and ice cream refreshments will be served.

For additional information on the Resurrection Hospital Auxiliary, contact the Auxiliary office at (312) 792-5110.

Illinois Golf Expo to benefit MD

The Illinois Golf Expo comes to the Sheraton O'Hare in Rosemont for three days starting Friday, Feb. 16 running thru Sunday, Feb. 18. The 1990 Illinois Golf Expo, produced by Golf Promotions International, is expected to draw an anticipated crowd of over 30,000 golfers.

Each golfer attending the Golf Expo will have an opportunity to win one of the many prizes to be given away throughout the three day event and each golfer will be given a free souvenir program that will include a guide to N.E. Illinois Public Golf Courses.

The big winner at the Illinois Golf Expo will be "Jerry's Kids", that's because 10 percent of all gate receipts will be donated to the Muscular Dystrophy Association for the "Golfers Fight Against Muscular Dystrophy."

The Golf Show provides golfers an opportunity to see, feel and learn what's new in the way of golf equipment and golf apparel. Golf Resorts from around the U.S. and the Caribbean will be offering special golf show vacation getaway packages and many exhibitors will be offering golfers special one time golf show bargains that can be purchased right on the spot. The United States Golf Association will be there to help you understand the rules of golf and answer any questions you might have. Many Chicago-area celebrities are expected to be on hand at the Muscular Dystrophy Association Booth.

The Illinois Golf Expo opens on Friday, Feb. 16, 4 p.m. to 9 p.m. - Saturday, Feb. 17, 10 a.m. to 5 p.m. - Sunday, Feb. 18, 10 a.m. to 5 p.m., at the Sheraton O'Hare, 6810 N. Mannheim Rd., Rosemont, IL. Tickets are available at the door, \$5 for adults, children under 12 free when accompanied with an adult. Infants in strollers are discouraged.

Entertainment

Showcase '90 on Feb. 20 at Oakton



Instructor Shari Labinger of Northbrook gives hands-on computer lessons to young Nicole Warren of Des Plaines and Matthew Lucas of Park Ridge in the Early Childhood Education Demonstration Center at Oakton Community College. Learn about the dynamic field of Early Childhood Education and other vocational programs available at Oakton during Showcase '90: a College and Career fair from 6 to 9 p.m. Tuesday, Feb. 20 at the College, 1600 E. Golf Rd., Des Plaines. For information, call 635-1672.

Childhood Education and other vocational programs available at Oakton during Showcase '90: a College and Career fair from 6 to 9 p.m. Tuesday, Feb. 20 at the College, 1600 E. Golf Rd., Des Plaines. For information, call 635-1672.

Dixieland band to entertain at Resurrection

The Banjo Buddies Dixieland Band, one of the most unique and exciting attractions around today, will be performing their musical magic at Resurrection High School on Sunday, Feb. 25 from 4 p.m. - 8 p.m.

This is not just a band but a very visual, personable, top entertaining musical group who will provide an afternoon of Dixieland music from the roaring '20s, the Swing Era, Big Band tunes, sing-a-longs and much, much more.

Tickets are \$10 and are available at the high school.

"Patent Leather Shoes" held over at guild

The Des Plaines Theatre Guild is extending the run of its current production, "Do Black Patent Leather Shoes Really Reflect Up?" The hit musical has been playing to sold-out houses since it opened on Jan. 19. Two productions have been added: Friday and Saturday, Feb. 17 and 18 at 8 p.m. Ticket prices are \$7, with student and senior discounts (\$5) available on Friday. To reserve tickets call 296-1211.

Lincolnwood library closed Friday

Friday, Feb. 16, the Lincolnwood Library, 4000 W. Pratt Ave., will be closed to the public for in-service staff training.

Looking for singers

Do you like to sing? Looking to sing something different? Then the country chords chapter of Sweet Adelines would like to meet you. We are an international singing organization for women who love to sing four-part harmony in the barbershop style. Barbershop is one of only a few native American styles of music. We rehearse every Tuesday evening, 7:30 p.m., at the Presbyterian Church of Palatine, Rohlfing and Palatine Roads in Palatine. Come visit us and put some harmony in your life. For more information, please call Clare at 967-9074.

At Pheasant Run

Wayne Richards comes to 'Lil-lis Lounge', Pheasant Run Resort, in St. Charles. Singer and songwriter, Richards has been performing in Pheasant Run's Prime Cut Lounge. "Because of his successfulness and draw into Prime Cut, we thought we'd try him in Lilly's where the room allows for a larger crowd," states Ken Vranek, food and beverage director.

Wayne Richards will be performing Monday through Thursday from 8:30 p.m. to 1 a.m., Fridays from 9 p.m. to 2 a.m., and Saturdays from 8:30 p.m. to 2 a.m. There is no cover and no minimum drink.

Puppet show

Marilyn Price Puppets presents "The Wonderful Whirl of Puppets" at the Lincolnwood Library, 4000 W. Pratt Ave., Sunday Feb. 18 at 2 p.m. Free tickets will be available at the circulation desk beginning Feb. 11.

Storytellers entertain at Skokie Library

Three members of the Maathian Storytellers Network will present a family afternoon of storytelling at Skokie Public Library on February 18 at 3 p.m. The Network is an organization formed to promote oral history and dedicated to the griot style of storytelling. (African griots served both to preserve the oral history of their communities and to entertain others with stories, songs and poems.)

Maathian Storytellers take their name from the Ancient Egyptian Goddess Maat, the symbol of truth, order harmony and justice. Members of the Network have led programs such as Current Events and Folklore, and

Storytelling Programs for Radio and Television throughout the Chicago area. Admission is free to the Library program. The Library is located at 5215 Oakton St.

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HELD OVER "THE FABULOUS BAKER BOYS" Michelle Pfeiffer Sat., Sun., Mon.: 1:10, 5:35, 10:00 and Weekdays: 5:35, 10:00 R

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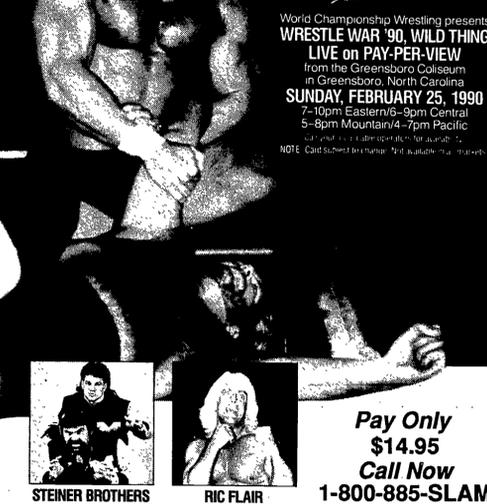
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School News

St. John Brebeuf school registration

Registration for St. John Brebeuf School's 1990-1991 Pre-School and Kindergarten classes will be held from 9 a.m. to 12 p.m. Sunday, Feb. 25 in the school lobby, 8301 N. Harlem Ave., Niles.

Registration fee for Pre-School is \$20 and for new families in Kindergarten the fee is \$25 which is applied to the tuition. Children registering for the 3 and 4 year old programs must have reached the appropriate age by Sept. 1, 1990.

Children must be 5 years old by September 1 to enroll in Kindergarten. A copy of the child's birth certificate must be presented at registration. Children who were not baptized in St. John Brebeuf Church also must bring a baptismal certificate to registration.

Students now enrolled in Kindergarten through seventh grade at St. John Brebeuf School will receive registration forms in school to be completed and returned.

New families wishing to enroll children in grades one through eight may register by appointment next week or thereafter. Call 966-3266 to arrange an appointment and tour of the school.

MONNACEP courses in word processing

Beginning computer users can learn about IBM/PC and word processing software packages such as Lotus 1,2,3, WordPerfect and dBase III by attending Oakton Community College MONNACEP evening and weekend courses in February.

"Introduction to IBM/PC: Beginners Only," a three-week hands-on course beginning Sunday, Feb. 25, will provide an overview of the basic functions and commands of an IBM/PC. The course is offered in the afternoon at Des Plaines and Skokie. A three-week advanced course is offered beginning Saturday, Feb. 24, at Skokie.

"Lotus 1,2,3" combines spreadsheet, information management and graphing. Students will learn basic and intermediate features of Lotus software. The three-week course is offered in the morning and afternoon beginning Sunday, Feb. 25 at Des Plaines.

"Introduction to WordPerfect" will include hands-on instruction

with Sister Rita Green, Principal. All students entering Kindergarten and fifth grade must provide evidence of a physical examination and required immunizations on Aug. 18, the date tuition downpayment is due.

St. John Brebeuf School presently has an enrollment of 544 students, a Before and After School Program, a Hot Lunch Program, Computer lab, a Science lab, a part time Counselor, a Learning center, general and private music lessons, a band, Student Council, cheerleading, an Athletic Program including Intramurals, Scouting, Science Fair, Speech Contest, Spring Musical, Battle of the Books and conducts an extensive Summer School.

St. John Brebeuf is a Catholic School where teachers and students share faith, knowledge, prayer and moral values in an atmosphere of trust, discipline and love. Combined with an excellent academic program the role of the school is to provide a Christian philosophy and moral value system.

If interested, you are encouraged to make an appointment to see and feel the atmosphere of our school.

District 74 pre-school screening scheduled

Lincolnwood School District #74 will be conducting a free developmental screening on Feb. 21, 22 and 23, 1990 for all children who will be 3, 4 or 5 years old (excluding kindergartners) by September 1, 1990.

This annual screening is held to assess a child's general development and to detect any problems or delays in vision, hearing, motor, cognitive, social-emotional and/or speech and language development.

Members of the Special Services Team will be conducting the screening and will provide feedback to parents as to their child's performance. This screening is done informally and children generally enjoy the process.

This screening is strongly recommended. Educational problems identified at an early age can often be corrected. If the screening identifies educational needs, services are available in the township.

Pre-school children screened last year can be re-evaluated this year.

All children living in Lincolnwood are eligible. There is no charge for this service. The screening requires about 45 minutes to complete.

Please call the Todd Hall Office (675-8235) beginning on Feb. 5 between 9 a.m. and 3 p.m. to set up an appointment or to request additional information.

Abuse program at Stevenson P.T.A.

On Tuesday, Jan. 9, Mrs. Bonnie Bodenheimer, social worker at Stevenson School in Des Plaines, presented a program on sexual abuse education for the parents of the local P.T.A. Mrs. Bodenheimer works with all of the students at Stevenson School on this topic each year as a part of the child protection program.

Mrs. Bodenheimer discussed the increase in such abuse cases in recent years and outlined various national and local resources available to parents and school personnel to resolve such incidents.

She presented an audio visual program from the National Congress of Parents and Teachers about sexual abuse that clearly outlined how parents educate their children to protect them from this negative aspect of modern life.

Using a variety of techniques and materials, Mrs. Bodenheimer demonstrated to parents how she educated their children about the topic, ways in which they could protect themselves and methods to report any possible abuse. Parents asked many questions ranging from the frequency of such cases in the local area to why the National P.T.A. has taken a strong stand on teaching children to protect themselves from such abuse.

The presentation lasted nearly one hour and many parents thanked Mrs. Bodenheimer for her continuing and effective efforts to help the children of the school.

Stevenson School is one of the four elementary schools in the East Maine School District No. 63, Des Plaines.

USE THE BUGLE

Scholarship winner



Carolyn Choi, junior at Maine Township High School East, Park Ridge, was the fourth place winner in the annual MS Word Encounters spelling held recently at her school.

Presenting Carolyn with a \$250 scholarship and trophy were G. A. Grankin (left), of the Walgreen Company, corporate sponsor of the program, and Dominic F. Marita, Ph.D., board of trustees member of the Chicago-Northern Illinois Chapter, National Multiple Sclerosis Society. Proceeds of the fund-raising program go to MS research and client services.

Career Month at Maine East

February is career month at Maine East, and among different activities, presentations, and field trips organized for students is the Monday, Feb. 26, Project Big Career Night, hosted this year at Maine South beginning at 7 p.m.

Project Big Career Night gives District 207 students an opportunity to get first-hand information from people who actually work in various jobs. The convention-style format allows students to go from table to table and ask questions of the representative. More than 100 careers, ranging from accounting and law enforcement to forestry and funeral directing, will be present. Also, a display will have beauticians actually cutting and styling students' hair.

Project Big, formerly an annual spring event, is now scheduled every two years and gives the district's career counselors more time to plan additional activities, presentations, and field trips so students can explore careers in depth at the individual schools.

A presentation titled "Hi Tech Job Market" will be offered at Maine East on Wednesday, Feb. 28, first or second periods in Room 230. According to Maine East career counselor Verne Farrell, this presentation will define which occupations are high tech and what skills and education are needed to land one of these careers in the next decade.

Three career field trips have also been planned by Mrs. Farrell. Thursday, Feb. 15, a maximum of 16 students will visit the Kendall College Culinary School in Evanston, which is a cooking school which trains chefs for hotels and restaurants locally as well as internationally. Tuesday, Feb. 20, a maximum of 16 students will visit Universal Tech Institute in Glendale Heights. Although this is an automotive/diesel school, programs in heating and air conditioning are also offered. Thursday, Feb. 22, a maximum of 12 students will tour Medical Records and the Speech

Audiology Department at Lutheran General Hospital. Interested students should see Mrs. Farrell in the Career Resource Center. Field trip registration will be first come, first serve although grade level may become a consideration in some cases.

Those planning to attend Project Big Career Night may want to ask representatives the following: what are job requirements, what kind of training is needed, what is the average salary, what are the advantages/disadvantages of this job, and what is the job outlook?

Preschool screening and kindergarten registration

School District 71 will conduct a free diagnostic screening program for preschool children. The program is designed to detect possible delays in vision, hearing, language and/or motor development. All parents of three and four year olds are encouraged to take advantage of this opportunity. Children who are five years old by Sept. 1, 1990 will register for kindergarten on the same day.

Screening and registration will be held on Wednesday, March 7, and Thursday, March 8, at Niles Elementary School South, by appointment only. Please call the school secretary, Mrs. Panke, at 647-9752 to set up an appointment.

Baseball players sought

Semi-pro mens baseball team needs players (ages 18-40) for the 1990 season. Tryouts will be held in late March. Team plays 40-60 games in Chicago and surrounding suburbs. All players are asked to bring their own glove and bat. Signing players now.

For more information call Dennis Gindmon (708) 931-1945 or Ron Markowicz (312) 539-8928.

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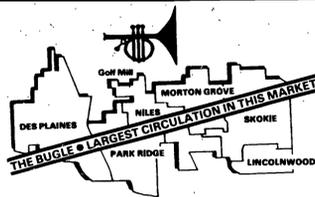
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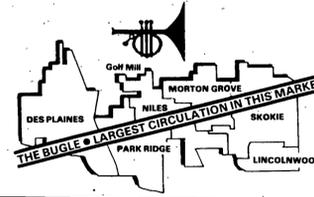
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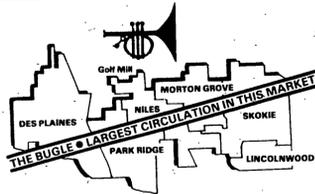
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<p>FULL TIME</p> <p>GINO'S EAST has openings for Full Time BARTENDERS Apply in Person Marianne or Chris 3517 W. Dempster, Skokie 982-9401</p>	<p>FULL TIME</p> <p>DIRECTOR OF NURSING 90 bed nursing home. Exper. required. Rural area w/urban amenities. Excl. loc., tropical climate, outstanding schools. HILLCREST NURSING HOME, 1281 Stratford Road, Avon Park, FL 33825. (813) 453-6674 EOE</p>	<p>FULL TIME</p> <p>Find the help that you need in our classified section. Bugle Publications reserve the right to classify all advertisements and to revise or reject any advertisement deemed objectionable.</p>	<p>Edgewater gives you all the benefits of working close to home plus much more...</p> <ul style="list-style-type: none"> • excellent salaries • staff opportunities: ER OR MED/SURG ICU • Out-pt. L&D OB ALL SHIFTS • flexible schedules • no rotation necessary • Mon-Fri. scheduling options • \$2 night shift differential • \$5 night-weekend differential • penthouse swimming pool & exercise facility • free parking <p>For more information call: Jill Goedert, RN EDGEWATER MEDICAL CENTER 5700 N. Ashland Ave., Chicago, IL 60660 (312) 989-8600 ex. 3331</p>
<p>GENERAL OFFICE BOOKKEEPER Doc Weed's is now interviewing for an experienced office clerk. Accounts payable, payroll, general ledger; basic accounting skills. Apply in person, or forward resume to: DOC WEED'S 8832 W. Dempster Des Plaines, IL 60016</p>	<p>A CAREER U.S. Graphics is hiring high caliber reps for our advertising department. Our top reps earn \$500-\$900 per week. Call Mr. Lee: (312) 263-5665</p>	<p>BUILD YOUR CAREER ON A FOUNDATION OF EXCELLENCE Clinical Nurse Specialist We are seeking a Clinical Nurse Specialist for our Critical/Intermediate Care and Emergency services. Full time position with responsibilities to include staff education and orientation; consultation in patient care and practice issues; and demonstration of clinical expertise; BSN required; MSN preferred. Experience and clinical specialization in Critical Care and Emergency room nursing preferred. CCRN and/or CEN preferred. RN's We have several openings in the following areas: *ICU/CCU *Med/Surg *Emergency Interested candidates please send resume or contact: Director of Human Resources HOLLAND COMMUNITY HOSPITAL 602 Michigan Ave., Holland, MI 49423-4999 (616) 392-5141 equal opportunity employer M/F/V/H</p>	<p>CALIFORNIA HERE I COME! OPEN HOUSE February 17th</p> <p>Century City Hospital is a 195-bed unusually progressive and growing facility located in one of the most famous business and financial centers of the U.S. Enjoy the Southern California lifestyle while being part of our healing team. Immediate openings for:</p> <ul style="list-style-type: none"> • PHYSICAL THERAPISTS Neuro-back Wellness Program Sports Medicine Occupational Health • RN'S • RADIOLOGY TECHS • PHARMACISTS Management positions also available. <p>Generous sign-on bonus. Excellent salary and benefits. For further details, please contact: Human Resources 1-800-522-0055</p> <p>Century City Hospital 2070 Century Park East Los Angeles, CA 90067 Equal Opportunity Employer M/F An NME Facility</p>
<p>GOVERNMENT JOBS \$16,040 - \$59,230/yr. Now Hiring. Call 1-(805) 687-6000 Ext. R-2010 for current federal list.</p>	<p>NEED HELP? CALL... 966-3900</p>	<p>DIRECTOR OF SOCIAL WORK Established Evanston retirement/long term care community serving nearly 600 residents is seeking a Director of Social Work. Must have MSW as well as experience in gerontology. Excellent benefits. Send resume to: THE PRESBYTERIAN HOME Personnel Office 3200 Grant St., Evanston, IL 60201</p>	<p>Business Directory</p>

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<p>FULL / PART TIME</p> <p>ACTIVITY THERAPIST Full or Part Time position available to facilitate group activities with elderly residents in a long-term care setting. Send resume to: THE PRESBYTERIAN HOME 3200 Grant Street, Evanston, IL 60201 or call: (708) 866-1633</p> <p>HOSTESSES Attn: Homemakers - Students Market Research firm in Niles is looking for energetic, personable individuals, for Day and Evening positions with flexible hours, who will attend to clients' needs and assist with various exciting duties. For more information call Carol (708) 966-8666</p>	<p>FULL / PART TIME</p> <p>GENERAL OFFICE Part Time Small firm needs Part Time help 2-3 days a week. Varied work including typing & billing. Please reply by mail only. Include work experience, wages & phone number. FAEHR ELECTRONICS 7511 N. Waukegan Niles, Ill. 60648</p> <p>GOVERNMENT JOBS! Now hiring in your area, both skilled and unskilled. For a current list of jobs and application, call 1-615-383-2627 Ext. P210</p> <p>Try a Classified! Call today! 966-3900</p>	<p>FULL / PART TIME</p> <p>LOOKING FOR THAT PERFECT PART TIME JOB? No Experience Necessary We Will Train. Afternoon & weekend shifts available in the Message Center of our paging service. Good communication skills & typing 40 wpm req'd. STUDENTS, HOMEMAKERS, SEMI-RETIRES, RETIREES, ETC., WELCOME. Excellent pay & bonuses. Call Sue at METAGRAM AMERICA, INC. (312) 774-1100 (Conveniently located at Cumberland & Kennedy X-Way; CTA/RTA to door)</p> <p>INFORMATION ON CLASSIFIED ADS You Can Place Your Classified Ads by Calling 966-3900 or Come To Our Office in Person At: 8746 Shermer Road Niles, Illinois Monday thru Friday 9 a.m. to 5 p.m. Deadline for Placing Ads is Tuesday at 2 P.M. Certain Ads Must Be Pre-Paid In Advance: Business Opportunity For Sale Miscellaneous Moving Sale Personals Situation Wanted Or If The Advertiser Lives Outside Of The Bugle's Normal Circulation Area.</p>	<p>FULL / PART TIME</p> <p>MEDICAL ACCOUNTS RECEIVABLE REP Full Time Our Home Medical Equipment Division is looking for an individual with 1-2 years collection and billing experience in a medical setting. Customer service background a plus. We offer a competitive salary and excellent benefits. Call Eileen Ploss (708) 205-2798 HEALTH CARE MATERIALS 2855 Shermer Road, Northbrook, IL 60062 eoe mt</p> <p>MEDICAL ASSISTANT Attractive busy Evanston pediatric office needs energetic, experienced medical assistant. Duties include greeting patients, answering phones, giving injections, drawing blood, performing lab tests and other patient related tasks. Part timers will be considered. Call Lucy 869-0892</p>	<p>FULL / PART TIME</p> <p>health care</p> <p>NURSING OPPORTUNITIES We have immediate openings in our Nursing Department. PM/ Night, Weekend differentials. Apply in person or call: FOX CREST MANOR Rte 59 & North Ave. West Chicago, IL (708) 231-4050 EOE</p> <p>CRNA'S NEEDED for hospital based group practice. State-of-the-art equipment and multi-disciplinary practice w/close knit supportive personnel. Excellent benefits, 401K/ Profit Sharing plan. Send curriculum vita & references: CRNA PERSONNEL, P.O. Box 55534, Houston, TX 77255, or call collect (713) 827-1820 - Jean</p> <p>HEALTH CLUB Women's Workout World a progressive fitness company, is now accepting applications for: MANAGEMENT Qualified persons should be mature, highly motivated, high energy individuals who are fitness and service oriented. A great career and advancement opportunity with compensation, bonus & incentives. Call for appointment (708) 965-5150</p>
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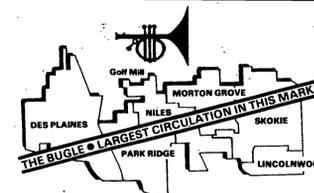
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Rural Northeast California facility nr Reno/Lake Tahoe area seeks professionals for above positions. Must be licensed or eligible in the state of CA. Send resume or call: Personnel Dir. **SERRA VALLEY COMMUNITY HOSPITAL, P.O. BOX 178, Loyalton, CA 96118 (916) 963-1225, EOE.**

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Call for info: (708) 351-9350, Ext. 18</p> <p>• RNs / LPNs • Days / Evenings Come join HOLY FAMILY HEALTH CENTER, be part of a caring nursing team and reap the rewards and benefits of: • New Salary Structure • "2" Increases 1st Year • Weekend Shift Differential • Tuition Reimbursement (708) 296-3335 2380 Dempster St., Des Plaines, IL 60016 eoe</p> <p>WANTED: If you're an experienced RN, LPN, or CNA, Nursefinders thinks you deserve your choice of assignments at great facilities. HIGHER NEW PAY RATES Up to \$31 for RNs Up to \$17.50 for LPNs Up to \$9.50 for CNAs You'll work only the hours you want, and earn top wages, too! Call today! MULTI-TALENTED NURSES NURSE finders The Professional Choice 5010 W. Dempster Skokie, Illinois (708) 676-1515</p>	<p>FULL / PART TIME</p> <p>R.N. We have a permanent part-time opening for an R.N. on our night shift. We are a small private nursing home near Old Orchard Shopping Center and offer a competitive salary. Ask about our higher rates in lieu of benefits. Call: (708) 676-4800 OLD ORCHARD MANOR 4660 Old Orchard Road Skokie, Illinois</p> <p>RN's, LPN's, GRADUATE NURSES Looking for a unique way to utilize your nursing skills? Spend a rewarding summer working w/children & adults w/developmental disabilities. Sal. + Free room & board. Send resume or call: CAMP FRIENDSHIP, Rt. 3 Box 162, Annandale, MN 55302 (612) 274-8376</p> <p>THRIFT STORE CLERK Immediate Part Time opening in our Thrift Store for a clerk to work afternoons, evenings, and weekends. Call for an appointment. HOLSUM BAKERS 9207 Milwaukee, Niles (708) 965-8080 No Wednesday interviews eoe mt/f</p> <p>Health Care</p> <p>RN's / LPN's MEDICAL PERSONNEL POOL is recognized as the leading Health Service for Employees as well as Clients because we care! JOIN US NOW!!! WE OFFER VARIETY!!! HOME VISITS Full or Part Time Positions VENT HOME CARE STAFFING ICU - MED SURG CALL - (708) 383-7320 for the office nearest you and assignment of your choice MEDICAL PERSONNEL POOL eoe</p> <p>PHOTOGRAPHERS Work as a news photographer for The Bugle Newspapers Should be familiar with cameras and photography. Call: 966-3900</p>	<p>FULL / PART TIME</p> <p>Secretary</p> <p>TERRIFIC OPPORTUNITY! Secretarial and marketing support needed. 8:30 a.m. - 12:30 p.m. (or flexible hours). Five days/week for marketing department at The Presbyterian Home in northwest Evanston. Word processing, computer skills, good personal and phone communication skills, accuracy and flexibility required. For appointment please call: (708) 492-4802</p> <p>SALES OPTICAL TRAINING Full and Part Time Positions Available Perfect for aggressive, energetic individuals. Excellent opportunities for the right people. Good pay and commission. For Appointment Call: Jammie PENNEY'S OPTICAL (708) 299-1366 in Golf Mill Mall Nancy SERVICE OPTICAL (708) 498-6222 in Deerfield</p>	<p>FULL / PART TIME</p> <p>SECURITY GUARDS Full Time / Part Time Good opportunity for right individual. 8:30 a.m. - 11:00 a.m. References required. MEYER PATROL, INC. 967 Graceland Des Plaines, IL (708) 298-6730</p> <p>CORRECTIONS Each ad is carefully proof read, but errors do occur. If you find an error please notify us immediately. Errors will be rectified by republication. Sorry, but if an error continues after the first publication and we are not notified before the next insertion, the responsibility is yours. In no event shall the liability for the error exceed the cost of the space occupied by the error.</p>	<p>FULL / PART TIME</p> <p>SECURITY Security guards needed. Full and part time. Uniforms and training furnished. Paid benefits included. Call Mr. West: (708) 572-0800</p> <p>WAREHOUSE CONTROL Part Time Some evenings and weekends. Ideal for retired person. No heavy lifting. No experience necessary. Apply in person ABT TV & APPLIANCES 7315 W. Dempster, Niles (708) 967-8830 (Established 1936)</p> <p>DOC WEED'S has expanded & is looking for: • HOSTS + HOSTESSES • FOOD SERVERS + COAT CHECK • COCKTAIL WAITRESSES Day and Night Positions. Experience preferred but will train the right people. APPLY IN PERSON AFTER 2 P.M. DOC WEED'S 8832 W. DEMPSTER 299-6600 (Across from Lutheran General Hospital)</p> <p>Looking For An Exciting And Profitable Career With Flexible Hours? Like meeting the public? Have a car? WELCOME WAGON wants you! Representative positions open in Niles, Morton Grove, Pk. Ridge, Evanston, and Skokie. Contact Judy Offner. (708) 249-1717 Friday, Feb. 16, 9 a.m. - 5 p.m. Monday, Feb. 19, 9 a.m. - 5 p.m. WELCOME WAGON eoe</p>
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Sell unwanted items with a miscellaneous for sale ad call: 966-3900	FLORIDA - OCALA 6 BR / 3 BTH 5,000 sq ft Playroom, family room, den, fireplace & antique mantel, formal dining room, about 2A car carport. \$100K negotiable. No collect calls. (904) 867-8159	VACATION RENTAL SO. CAROLINA Hilton Head Is. 1, 2 & 3 bdr. villa. Tennis, golf, beach, pool. Rent from owners & save \$\$. (312) 774-2850

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Seniors praise Resurrection programs

"There's a power in the music shared between us," notes Clint Brown, Activities assistant coordinating musical activities for more than 450 Resurrection Retirement Community residents. Brown, who joined the retirement community Activities staff last year and still enjoys his private concert and recreational music pursuits, says music is indeed therapy for the mind as well as the body. "Whether participants sing-along, dance or in some way participate in the performance, this is a 'step past entertainment,'" stressed Brown. "And that is exactly what I strive to achieve."

There are three main musical offerings for residents to enjoy at the Northwest side retirement complex. The "music circle" meets at 1 p.m. Wednesdays in the Blue Room. Here participants sing-along to old-time favorites while Brown provides guitar and vocal accompaniment. Residents like Mabel Denny, who wrote a special theme song for the retirement community, and Margaret Mann have opportunities to hone skills at song writing. "We have some residents who are extremely talented, and one thing I like to do and am still trying to learn is to bring people out through music," he explained.

'Die Fledermaus' tickets at OCC

Tickets are on sale at Oakton Community College for "Die Fledermaus," this year's performance by the Lyric Opera Center for American Artists, the resident training and performing wing of the internationally renowned Lyric Opera of Chicago. This Viennese operatic comedy about mistaken identity by Johann Strauss, Jr. will be presented at 8 p.m., Saturday, May 5 and 2 p.m. Sunday, May 6 in the Performing Arts Center, 1600 E. Golf Road, Des Plaines. Conducted by Maestro Lee Schaefer, the opera will be sung in English with full costume, spectacular lighting and special effects. Tickets are \$30 for the evening performance, which includes a black-tie (optional) reception, and \$15 for the Sunday matinee. The program is sponsored by the Oakton Educational Foundation and partially funded by the Illinois Arts Council and the First National Bank of Des Plaines. The Opera Center's past performances were sold out, so early reservations are advised. For tickets, call the 24-hour hotline, 635-1900, or stop in room 1501. For information about the show, contact the Office of College Development, 635-1976.

Golf Mill arts & crafts show

Golf Mill will be hosting an Arts & Crafts Show the weekend of Feb. 16-18. Displays will be throughout the north and south courts. More than 100 exhibitors will fill the north and south courts with original work of creative art and crafts. Many will demonstrate their particular craft. The north court will host a fine arts show. More than 35 fine artists will display watercolors, oils, sculpture, pottery, photography and primitive paintings. The south court will feature arts and crafts such as wood, floral, jewelry, tote, leather, soft sculpture and other original work. Area artists include: Marianne Flanagan and Joan Franzen of Niles; Rick Rubin of Morton Grove; Dave and Joan Johnson, Sue McDonough and Irene Shanok of Des Plaines; and Lowell Martin, Kathy Miller and Luise Arndt of Skokie. More than 100 artists from eight midwest states will show and sell. The show is coordinated by Promotion Management Associates and sponsored by the Golf Mill Merchants Association. The show will be at Golf Mill during all mall hours.

Tropical benefit for Howard Center

Help support the Howard Area Health Center by attending St. Francis Hospital of Evanston's "A Night in the Tropics" Variety Show on Friday, Feb. 16 at 7:30 p.m. The benefit will be held in the St. Scholastica High School Auditorium, 7416 N. Ridge. Join the fun and be entertained by St. Francis employees, medical staff and friends. Acts include Irish Folk Singers, Polynesian Dancers and more! All proceeds will be donated to the Howard Area Health Center, offering quality medical services to over 1500 low-income area families. Tickets are \$3 and can be purchased at the door. Anyone wearing a Hawaiian shirt pays only \$2. For more information, call 492-6170.

MS "caregivers" workshop

A workshop for the "caregivers" of people who have multiple sclerosis will be held at 7 p.m. Wednesday, Feb. 21 at Resurrection Hospital, 7435 W. Talcott, Chicago. Recognizing the fact that the "caregivers" and "significant others" of people with MS also have issues and need support systems, the workshop is sponsored by the Chicago-Northern Illinois Chapter, National Multiple Sclerosis Society. For further information, call Kathy Saldan, Client Coordinator, at the MS Chapter at 312/922-8000.

LEGAL NOTICE
 ADVERTISEMENT FOR BIDS
 NOTICE IS HEREBY GIVEN THAT THE VILLAGE OF MORTON GROVE, ILLINOIS WILL ACCEPT BIDS FOR A PAINT SPRAY GARAGE ADDITION TO THE PUBLIC WORKS BUILDING UNTIL 10:00 A.M. ON FRIDAY, MARCH 2, 1990. ALL OTHER INFORMATION CONTAINED IN THE NOTICE PUBLISHED ON JANUARY 25, 1990 REMAINS UNCHANGED. REFER ALL INQUIRIES TO THE OWNER'S AGENT, LOUIS D. BLATNICK, C.S.I. AT (708) 965-4100, EXT. 297. SPIRO HOUNTALAS
 Director of Finance

Traffic safety hints

Illinois law determines who has the right-of-way in any traffic situation. However, courtesy and common sense can be just as important in preventing accidents. When two vehicles approach an intersection from different roads at the same time and there are no stop signs, yield signs or traffic lights, the driver on the left must yield to the driver on the right. If the driver on the left fails to yield, the driver on the right should use common sense and yield. When two or more vehicles arrive at a four-way stop intersection at about the same time, the first driver to stop should be the first to go and the others should take their turns. Take your turn when it comes so you will not delay traffic behind you. If another driver turns in front of you, let him go and avoid an accident. You also must yield the right-of-way to oncoming traffic if you are turning left at an intersection, alley or driveway. If you are in an intersection with traffic lights, you may finish your left turn if the light has changed to red. If you are not in the intersection when the light changes to red, you must wait for a green light before turning left. When you get a green light, do not turn left until all cross traffic has cleared the intersection safely. Remember, the right-of-way is something to be given, not taken, in every traffic situation.



WATCH OUT FOR
 CHANGING TRAFFIC LIGHTS

American Diabetes seeking volunteers

The American Diabetes Association, Northern Illinois Affiliate, and the Lions of Illinois are seeking volunteers for their 1990 Tag Day to be held Saturday, March 17. Volunteers are asked to give two hours on either day to stand on public sidewalks collecting donations for diabetes research and educational programs. Since diabetes is the leading cause of new blindness in the United States and The Lions of Illinois traditionally support projects to combat blindness, The American Diabetes Association and The Lions of Illinois are joining forces for this year's Tag Days. The money raised will be used to help support the American Diabetes Association's local programs and services including research grants, summer camp for children with diabetes, support groups, education meetings and literature for area residents with diabetes and their families. Volunteering your time to collect donations will help the American Diabetes Association achieve their goal: To prevent and cure diabetes and to improve the lives of all those affected by it. Show your support by calling The American Diabetes Association at (312) 346-1805, because you can make a difference!

Chamber schedules 'Business Expo'

The Des Plaines Chamber of Commerce & Industry will sponsor its first "Business Expo" of 1990 in conjunction with Midway Motor Lodge's Business After Hours on Thursday, March 29, from 5 p.m. to 7:30 p.m. at the Midway Motor Lodge, 1600 Oakton St., Elk Grove Village. The dual event will be highlighted by 30 business exhibits, prize drawings, refreshments/hors d'oeuvres, tours and seminars in the hotel's new Theatre/Symposium room. Area Businesses are invited to attend. For reservations and more information call 824-4200.

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From the Left Hand

Continued from Page 1

there was a little difference. When I finished the deliveries I went home, jumped in the shower and went to sleep all afternoon.

Sunday afternoon we visited the Science and Industry Museum. When we returned to our car my wife noticed the side zipper on her purse was unzipped and her wallet was missing. This sticky finger job caused problems. By the time she was aware of her loss it was too late to telephone the Museum. But Sunday night she began the long journey of phoning and phoning the many companies whose credit cards and check cashing cards were taken with the stolen wallet. She phoned the Chicago police and Monday began the job of retrieving a new driver's license and other nec-

essary cards. Credit cards were cancelled and new ones were to be sent out. By Monday afternoon a security official from the museum called and said they had the wallet as well as the well-dressed guy who absconded the wallet. All the cards were still in place in the wallet. But it was little consolation to have retrieved them since she'll be receiving new cards from the companies she called reporting the missing cards.

The subject of credit cards reminds us of an item appearing in a recent newspaper. A man telephoned a woman resident and reported he was from the bank which issued her credit card. He verified her name and address and said a new card was to be issued. He asked her to relate the number of her present credit card. Fortunately, the woman refused to give out the number and was commended by the police when she reported the incident. They told her this sounded like a scam by someone knowing her name and address, who was seeking her credit card number which he would personally use.

I can only echo what many residents are saying about this time in world history. This is truly a remarkable era we're living in, seeing eastern European and South African residents gaining their freedom.

Back in the fourteenth century historians labeled the wars between France and England as "The Hundred Year War". We believe future historians may conclude what is happening in Europe today ends the hot and cold wars which have dated back to 1914 and even to 1871. They might label this era as a period in which we had a 75 year war or even a 108 year war. The 44 year cold war was truly a war, not unlike the hot wars of World Wars I and II.

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We always thought America's participation in Korea and Viet Nam were the result of what we learned about confronting rather appeasing totalitarian rulers. Chamberlain's 1938 appeasement of Germany taught us to confront rather than appease dictators. It was a lesson which proved successful when confronting Russia but was not successful in our fighting in Korea and Viet Nam.

We are living through an incredible time in history. I wonder if other 65 year olds thought the same thoughts when they, too, turned 65 years old.

Last week we reported residents in the 606 postal zone paid higher auto insurance rates than their neighbors who lived in 600 postal zones. State Farm insurance man Bill Southern and a Niles resident reported our information was incorrect. He said his insurance man said an asterisk is placed after suburbanites with Chicago zip codes and a lesser rate is charged in the suburbs. Southern's secretary related the 606 suburbanites had less rates as well. Our information came from a Chicago insurance man who told us Tuesday all insurance companies set their own rates and he thought the zip codes were the criteria used in determining rates.

Tuesday afternoon Niles insurance man Hank Green reviewed for us the insurance rates of four insurance companies. Most of their rates showed Nilesites' rates were lower than Chicago residents' rates. However, he did find a couple of figures where insurance rates were comparable.

Niles librarian visits school

Librarian Rich Kinnebrew of the Niles Public Library visited with the first grade students of Washington School recently. He is the liaison between the Niles Library and the schools in the area. He showed the students what is available at the library and told them an African story.

LEGAL NOTICE

The Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, March 5, 1990, at 8:00 P.M. in the Municipal Council Chambers, 7200 Milwaukee Ave., Niles, Illinois, to hear the following matter(s):

90-ZP-1
Leonardo Galati, 8141 Church Street, Niles, Illinois, Petitioner. Requesting a subdivision of lot 174 into two lots and a 9% variation to lot 1 from 6,250 square feet to 5,717 square feet to construct two single family homes at 9200 Courtland.

90-ZP-2
Sean Derrig, Derrig Construction Co., 4900 Jarvis, Skokie, Illinois, Petitioner. Requesting a change in zoning from B-1 to R-4 to subdivide land and construct 4, 3 unit apartment buildings at 8810 Grace Street.
John Frick, Chairman
Plan Commission and Zoning Board of Appeals

Sydney Mitchell, Secretary
Plan Commission and Zoning Board of Appeals

DiPaolo... Continued from Page 1

him well in future endeavors." Troy refuted earlier statements by a DiPaolo attorney that the threatened shut off was an effort to coerce his client into payment of higher fees than originally estimated. Troy indicated the deeper the Village looked into the situation, the more a re-computation of fees was necessary.

Complaints of low water pressure from building tenants alerted Niles officials to the problem. Village inspectors examined a normally sufficient six inch water main in the front of the property, but discovered an illegal connection in the rear. The connection was used to fill the water tanks of a concrete cutting company.

In defense of his client, DiPaolo's attorney on Feb. 6 noted the plumber who installed the connection is dead and the connection may have been done when other buildings, now razed, were located behind the 7400 facility. DiPaolo said confusion over water usage resulted from the Village changing from manual to computerized metering.

In November, the Village supervised correction of the illegal piping and the DiPaolo company paid for it, but negotiations on payment of the fines continued. Early the week of Feb. 5, Attorney Troy announced the Village would stop water service to the building and its 12 tenants. By week's end, the bills were paid.

Nortran... Continued from Page 1

phy. NORTAN disputes the stronger language of the contract as well as the abbreviated term.

Murphy characterized the Feb. 8 meeting between the two sets of representatives as "cordial". "Ideas were exchanged on both sides," she said, warning though "A number of items are not negotiable."

Chief among the items that PACE will not relent on is the reduction in the contract term from three years to one year. "We get a budget every year from RTA," Murphy explained. "As a matter of good management practice, we can't commit to another organization for a longer length of time."

NORTAN serves 32,000 passengers daily, or about 19 million commuters on its 23 suburban routes and says it cannot operate without RTA subsidies. It says PACE is wresting financial control under terms of the new contract, whereas PACE counters that the new agreement formalizes the current arrangement.

The contract dispute will not stop Niles' free bus service, according to Village Manager Abe Selman, though the village aligns with NORTAN in the dispute.

"We're going to run the free bus regardless," Selman promised, indicating that the village was committed to operating the buses, with or without PACE's 40-50 percent subsidy. PACE, the suburban arm of the Regional Transportation Authority (RTA) also makes up the difference between NORTAN's fares and its \$14 million plus annual operating costs, an annual subsidy of 60 percent or so, without which the NORTAN buses could not operate.

"We have a contract very similar to that between NORTAN and PACE," Selman said. "We've made a decision to stand by NORTAN."

Selman indicated that PACE had extended the contracts through February, two months

TB move...

Continued from Page 1

erbate existing flooding problems in the area."

Objecting to the move, Park Ridge's attorney told the Cook County zoners in January that the area would have to be zoned C-1 in order to accommodate a clinic. The zoners will deal with the appropriateness of the zoning at the March meeting.

Maine Twp. and Park Colony Condo Association representatives are expected to ask that the board establish responsibility for repair and maintenance of Church St. Park Colony, which is situated across the street from the proposed clinic site, cleans and plows its own sections of Church St.

past their official expiration of Dec. 31, 1989. Beyond that, the buses are still expected to wind their way through Niles' streets and shopping centers.

"The free bus is an integral part of our community. There's no way we're going to allow it to stop," the village manager asserted.

Burglary...

Continued from Page 1

charged with five counts of felony auto burglary after he admitted to three thefts in Niles and one each in Northbrook and Des Plaines. The serial numbers of certain equipment found in the Niles motel room Oakley rented, matched that of recent auto burglaries.

Robert M. Farberger, 18, of 1752 Greenwood, Glenview, Michael A. Alcazar, 20, of 501 Bernice, Wheeling, and Lorena Alcazar, 19, 134 S. Wolf Rd., Northlake, were charged with possession of stolen property.

Additional charges are pending against the suspects, if owners can identify their stolen stereos, radar detectors, CB radios, equalizers, power boosters, speakers, portable phones, cameras, cassettes and "boom boxes".

Montay college honors Ald. Laurino

Montay College has selected Alderman Anthony C. Laurino, to receive its SHARE THE VISION AWARD. This award will be presented at the annual Dinner Dance on March 10, 1990.

The SHARE THE VISION AWARD is presented to individuals or organizations who share the mission of the College to enhance the cultural and educational opportunities for the community. Alderman Laurino has held public office since 1964 and, ranking first in seniority among fifty aldermen, is Dean of the City Council.

Alderman Laurino is known as an advocate for the rights of seniors and the handicapped. He is Chairman of the Committee of Traffic Control and Safety and responsible for all the ordinances that deal with traffic in the city's 3,200 miles of streets. Active in the Democratic Party affairs for over fifty years he has membership in the Democratic Central Committee.

The SHARE THE VISION DINNER DANCE will be held at Przybylo's White Eagle, Niles, on March 10, 1990. Music will be provided during cocktails and dinner by Montay College. Dancing will be to the strings of Franz Benteler and his Orchestra. For information about tickets call Dory Domanowski, 539-0948.

St. John Brebeuf honor roll students

Congratulations to S.J.B. students who attained the 2nd quarter honor roll.

Grade 8, A Honors: Barbara Kurcz, Vanessa Hirtzig, Danny Healy, Mark Suchecki, Cheryl Michaels, Alex Lee, and Sylvia Kazmierczak.

Grade 8, B Honors: Amy Sobarnia, Michelle Morisco, Jim Wleklinski, Karen Kuntzman, Renny Seiwert, Beata Hryniewicki, Steve Mazik, Amy Boffelli, Brian Kalinowski, Janet Wasilewski, Cathy Betka, Chad Mirshak and Joel Rosal.

Grade 7, A Honors: Amy Alexander, Alfred Daoud, Jennifer Doczekalski, Renee Kowalczyk, Heidi Lapin, John LeVoy, Maria Mallidis, Renee Babu, Michelle Bacher, Linda Chu, Maria Genualdi, Jason Joseph, Tracy Mendonnes, Beatrice Przybysz, Janice Adamczyk, Nicole DiPaolo, Ronald Fernandez, Kathy Gorman, Robert Hryniewicki, Donna Jung, Pam Kurkose, Marty Palicki, Michael Poland, and Jerry Rescobor.

Grade 7, B Honors: Doug Indelak, Michael Kauth, Richard Wozniczka, Allen Lee, Dina Arvanis, Andy Dolorenzo, Russell Duszak, Karl Schlenker, Brad Skaja, Amy Sullivan, Kenny Ca- brio, Katie Corrigan, Dan Morjal, Brian Rademacher, and Billy Webster.

Grade 6, A Honors: Karen Fraser, Purvi Patel, Claire Pawlowski, Chris Stoll, Sharon Arndt, Cindy Bello, Kathy Konecny, Peter Thrappoj and Meme Wang.

Grade 6, B Honors: Greg Beierwates, Judy Costes, Dan Guerrieri, Frances Hanna, Christine Healy, Evie Vavoulitios, Amanda Wagner, Randy Daniel, Jenny Gioffredo, Laura Loris, Stephanie LeVercie, Tim Michellotti, Julie Venci and Raymond

Host families sought for international students

Host Families are being sought for high school exchange students from Sweden, Norway, Denmark, Finland, Holland, Austria, Switzerland, Germany, Spain, Portugal, France, Italy, Brazil, Ecuador, New Zealand, Australia, Japan, Thailand and Yugoslavia for the School year 1990-91 in a program sponsored by the American Intercultural Student Exchange (AISE).

Job fair planned for special needs students

The first annual Job Fair for Students with Special Needs will be hosted by the Niles Township High Schools at the Marriott O'Hare on Thursday, March 15.

Junior and senior students will participate in morning activities which explore future job opportunities. Representatives and employers from a variety of work fields will be present to answer questions and give short presentations.

The Job Fair is sponsored by Maine High Schools, the Illinois Department of Rehabilitation Services, Stratford School, IAM Cares, the Private Industry Council of Northern Illinois, Orchard Village, The Center, Planning Council on Developmental Disabilities, Illinois Department of High School, Highland Park High School, New Trier High School and Glenbrook High Schools.

To attend the Job Fair, students must be invited through their vocational teachers. For more information, call your school district office.

Mallinckrodt College and Loyola discuss merger

Mallinckrodt College of the North Shore (MCNS) located in Wilmette, and Loyola University Chicago (LUC) are in discussions looking toward a possible merger agreement. Under terms of the proposed agreement, Loyola would assume educational and operating responsibility for the college, which would become the fourth Chicago-area campus of Loyola University.

Many of the details of the current negotiations remain unresolved, but a final agreement is hoped for in the spring of 1990.

The "primary focus of these discussions is to enhance educational offerings at Mallinckrodt and to maintain value-oriented high education on the north Shore," said Marjorie L. Noterman, president of MCNS. "The interests of Mallinckrodt students, faculty, staff, and members

of the Sisters of Christian Charity are the highest priority in the planning process."

Mallinckrodt is an undergraduate liberal arts and pre-professional college founded by the Sisters of Christian Charity in 1918. It has 250 students and a faculty and staff numbering approximately 80. It offers bachelor's degrees in general studies, business administration and legal administration, as well as a legal assistant certificate and a certificate in English as a second language.

Loyola University Chicago is a national university offering educational, research and health care programs in the Jesuit Catholic tradition, with 10 schools and colleges on three campuses in the Chicago area and one in Rome, Italy.

Student U.N. participants

Niles North High School brought eight students to participate in the Model United Nations of the University of Chicago (MUNUC) Conference, held Jan. 25 to 28 at the Palmer House Hotel in Chicago. The conference, largest of its kind in the Midwest, brought together 600 students from 39 schools in ten states to "represent" over 60 countries.

The Niles North High School students, led by their advisor, Sandy Wilson, had the role of representing Algeria at the Model U.N. The students grappled with global problems right out of today's headlines.

If you were the Colombian ambassador to the U.N., would you condemn the U.S. for its invasion of Panama? Each of these kids is an ambassador for a weekend," says Michael Volchok, a University senior and Secretary.

Maine gold card club

The spring calendar for the Maine Township High School District 207 Gold Card Club has been mailed to members. Gold Card membership is open to District 207 residents who are 62 and over. To find out how to become a Gold Card member, call the district office at 696-3600.

Gold Card members are admitted, either free or at a reduced rate to many concerts, plays, swim shows, and other entertainment sponsored by the school district and held at the three Maine high schools. Gold Card members are also entitled to free admission to all home athletic events at each Maine high school, except when the school is host for a tournament.

Maine Township District 207 high schools are Maine East, 2601 West Dempster, Park Ridge, Maine South, 1111 South Dee Rd., Park Ridge; and Maine West, 1755 South Wolf Road, Des Plaines.

Mended Hearts chapter meeting

"It's great to be alive and to help others." This is the motto of Mended Hearts, Inc., and there is an active chapter at Lutheran General Hospital. The Mended Hearts is a support and educational group for those who have had heart surgery, heart attack, angioplasty...as well as anyone interested in heart disease. Meetings are held on the first Thursday of every month at 7:30 p.m. in Johnson Auditorium, ground floor of Parkside Center, just west of the main lobby.

The February 1 meeting will have as guest speaker, Steve Royal, Chief Operating officer, Lutheran General Hospital. His subject will be: Hospital Administration in the 90's. This will be an excellent opportunity for those desiring information on the day by day running of a hospital, to ask questions.

For additional information, call: Cardio Rehab, Ltd., 825-7040.

Resurrection High holds placement test

Resurrection High School recently held the Eighth Grade Placement Test at the school.

328 prospective students from 67 different grade schools took the test which will enable them to enroll as freshmen in September, 1990.

Resurrection High School has for 67 years been providing quality education to young women. With this excellent number of future students the school will be able to continue to offer the best in education.

Niles Library visitors



Rick Kinnebrew is the new School Liaison Librarian at the Niles Public Library. Rick is shown with students from St. John Brebeuf and Mark Twain who are participating in the Battle of the Books, a Children's Department program. "It's a lot of fun for them," says Rick, "and for us, too."

Oakton and Northeastern sign transfer agreement

Oakton Community College and Northeastern Illinois University have signed a transfer agreement which will make it easier for Oakton students to transfer to the University.

According to Margaret Lee, vice president for Curriculum and Instruction at Oakton, students who follow course guidelines and earn an associate in arts degree at Oakton will be given junior standing in the College of Arts and Sciences at Northeastern. In addition, Northeastern will give the student credit for completing all freshman and sophomore general education requirements.

The agreement is the first of its kind for Northeastern. Barbara Hursh, the University's provost, said, "Northeastern is very pleased to have reached an agreement that will smooth the transfer process for students. Questions about course transferability are eliminated for students who follow the guidelines."

Oakton already has similar agreements with almost all public universities in the state and many private colleges and universities.

For information about the transfer agreement with Northeastern, call Trudy Bers, senior director of Institutional Research, Curriculum and Strategic Planning at Oakton, 635-1894.

Two area students on Dean's list

Johnson & Wales University has announced that two area students have been named to the Dean's List for academic achievement during the fall trimester.

Local students included: Alisa Sattler, of Lincolnwood, majoring in culinary arts, and Andrea Kismartoni of Park Ridge, majoring in hospitality management.

We publish every Thursday...



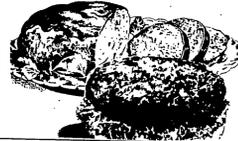
--- If you have a pet peeve, a word of thanks or anything of news value, write a Letter to the Editor ---

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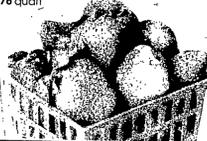
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USDA Choice

Boneless Chuck Roast or Boneless Shoulder Roast

1.99 lb.*†



Gov't. Insp. (with back portion)

Fresh Jewel Quartered Chicken Breasts

1.69 lb.



Gov't. Insp.

Fresh Jewel Split Chicken Breasts

1.99 lb.



Golden Ripe Bananas

39¢ lb.

12 oz. pkg. Vienna Beef Franks

1.99



Gov't. Insp.

Center Cut Rib Pork Chops

1.99 lb.*
Loin Pork Chops 2.09 lb.*



3.98 lb.

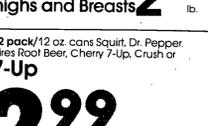
Select Turkey Breast

1.99 1/2 lb.



12 pack/12 oz. cans Squirt, Dr. Pepper, Hires Root Beer, Cherry 7-Up, Crush or 7-Up

2.99



1 lb. pkg. Lazy Maple Sliced Bacon

1.49



Thawed for your convenience
40-50 count

Shell On Shrimp

4.99 lb.
11¢ each

Jewel CASHBACK
Price equivalent to approximately



PLU # 158

1.99

CORELLE Dinnerware 3 Piece Place Setting

1 - Dinner Plate, 1 - Cup, 1 - Saucer
With this coupon and a separate 15.00 purchase. Limit one coupon per household. This may not be combined with any other coupons or stamp offer offers. No substitutions please. Expiration Date: 2/21/90.

Jewel



3.58 lb. Baked Hickory Smoked Ham

1.79 1/2 lb.

14.75-16 oz. can Teddy O's Spaghetti or Franco American Spaghetti

3/\$4 With in-store coupon

16 oz. loaf Fresh Baked Vienna Bread

99¢



Prices good unless otherwise indicated, at all Chicagoland and Northwest Indiana Jewel Stores Thursday, Feb. 15 thru Wednesday, Feb. 21, 1990. Jewel reserves the right to limit quantities on all advertised and featured specials. No sales to dealers. ©1990 Jewel Companies, Inc.

* Plus 15¢ per pound for further processing
† Plus 20¢ per pound for thin slicing.

