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Action Party gives Szachowicz 'thumbs down'

by Nancy Keramias
Two-term Morton Grove Trustee Henry Szachowicz was not re-elected by members of his own Action Party and will run for re-election to the Village Board as an independent candidate on April 4. If he retains his seat, it will be the first bi-partisan Village Board in over ten years. Szachowicz has clashed with his political peers on the issue of trustee representation by districts rather than the existing system of one board representing the entire village. Interviewed by The Bugle January 16, Szachowicz said he Continued on Page 35

MG family to attend Inaugural

by Nancy Keramias
For Morton Grove residents Eunice and Don Conn and their son Timothy, their invitation to the January 20 Presidential Inaugural was spawned by hard work rather than privilege. Involved in the political process since their marriage 31 years ago, the Conn's are currently area Republican co-chairmen for 8 precincts. Eunice was active in Project Responsibility, the 1984 suburban voter registration Continued on Page 27

OCC student enrollment expected to increase

Oakton ok's \$27 million budget

by Linda Zachow
Oakton's College's Board of Trustees set a new precedent at Tuesday night's meeting. For the first time in Oakton's history budget changes were made after the final vote at fiscal year end. According to Oakton's President Thomas Ten Hoeve, "We may have to amend the budget again this year if enrollment continues to increase." The Board set time aside for a public hearing. No one dissented, and the amended budget was approved. Vice President of Finance David Hilquist said of the new figures, "There is a reduction in the deficit (from the original budget) of \$160,000." Figures in the budget summary adopted for 1989 include numbers for the Bond and Interest Fund, Operation Building and Maintenance Fund (Restricted), and the Auxiliary Enterprise Fund. The amended budget shows beginning balances in all funds of approximately \$20,788,000. The ending balance for all funds is estimated to be \$19,198,010. Oakton anticipates revenues of \$26,173,702 for all funds. Total expenditures are predicted to be \$27,763,692. No monies were provided from Continued on Page 35

The Bugle
Village of Niles Edition
8746 N. Shermer Road
Niles, Illinois 60648
966-3900-1-4
VOL. 32, NO. 32, THE BUGLE THURSDAY, JANUARY 19, 1989 25¢ per copy

From the Left Hand

The rumor mill told us Niles village manager was pushed out of his Niles job rather than his leaving voluntarily. But Nick Blase, the man on top, said that's not true. Nick said he figured Jack would stay in his Niles job about five years and it worked out that way.

Niles village president said Jack will be moving back near his former home when he takes over the manager's job in Teaneck, New Jersey. Nick said Teaneck is sort of a hot polloi kind of town, not unlike Glencoe in our North Shore area.

While things are humming along in beautiful downtown Niles, Nick said the timing was wrong in seeking a new manager. This is budget time as the new fiscal year approaches and without the manager, it is likely to throw an extra burden on Blase.

Niles' top man has two elections coming up this spring. He's running for Mayor for the eighth time and he'll be running for Maine Township Committeeman on the Democratic ticket for the seventh time. It is likely to spread his efforts a bit thin as he begins tackling Niles' budget problems, the seeking of a new manager and running two races for political offices.

We told Nick we thought his recent selections for police chief and fire chief were excellent ones and both men were local residents. We wondered if he might seek a Continued on Page 35

NSLS director submits resignation

by Eileen Hirschfeld
Robert Mc Clarren, system director of the North Suburban Library System (NSLS), is scheduled to retire this June after 22 years of service. His retirement was announced at a regular board meeting of the Niles Public Library District on Wednesday, January 11. The cooperative of 45 area public libraries is located in Wheeling. In a letter to all system libraries, McClarren said he is willing to stay for a reasonable period of time beyond June until a replacement can be found or leave earlier if another director can be hired before then. Robert Bullen, the system's administrative services librarian, said "NSLS was said by McClarren to have begun in an in-and-out basket of the Evanston Public Library. It has since grown to an organization of more than 40 Continued on Page 35

Woman charged with DUI after accident

Two people were injured in a car accident on Oakton St., between Oriole and Ottawa, on Monday, January 16 at 1 p.m. The car driven by Maria Baker, 31, of Des Plaines, traveling west at 7615 Oakton, crossed the center lane into the eastbound curb lane, according to police, striking a '79 Buick driven by Ray Betke of Niles, causing extensive damage. After this collision, Baker's car swerved to the right and hit another car, an '87 Mercury head Continued on Page 35

Przybylo named "Citizen of Year"



Ted Przybylo, owner of the House of the White Eagle, 6845 Milwaukee Ave., was named the Niles Chamber of Commerce Man of the Year on Friday. During the presentation, Przybylo was described as having a "lasting impact on our community and its people." Przybylo is shown above, along with employees in the kitchen of his popular restaurant and banquet hall. Story on Page 35

Senior Seasons Guide
Pages 19-26

Christmas at The Huntington



Niles Lodge 138 of the "FRATERNAL ORDER OF POLICE", held its annual Christmas party for the residents of the Huntington Senior Citizen Home, 9201 Maryland, Niles, on Tuesday, December 20.

The Lodge each year holds the party in appreciation for the use of a meeting room, which the lodge utilizes throughout the year. Cookies, cakes and other Christmas "goodies" are served by the lodge to all the residents.

Pictured are the many happy residents, who each year, look forward to the joyous event.

BCI Seniors plan southern trip

Imagine experiencing the charm of Natchez and the best of New Orleans. All of this, including the excitement of antebellum beauty, Creole, Cajun and French dining, the beginning of jazz, a cruise on the Mississippi, and "Breakfast at Brennan's", are some of the attractions awaiting Bank of Commerce & Industry Senior Citizen Club members on a six-day tour from March 10-15.

Cost of the tour is \$549 per person based on double occupancy, and includes round-trip deluxe

motorcoach transportation, overnight accommodations for five nights, breakfast at Brennan's, three dinners, tours of Graceland, Natchez, Nottoway Plantation, a view of the Confederate Pageant Show, Jackson Square, Pirate's Alley, Bourbon Street, St. Louis Cemetery, the Corn Stalk Fence, a Dixieland Show, and the Garden District. A \$50 deposit is required to hold a reservation.

The tour will leave Chicago and overnight in Blytheville, Arkansas, in order to get an early start for a visit to Elvis Presley's Graceland, and then will continue south to Natchez, Mississippi. Following dinner, the group will attend the Confederate Pageant Show in the tradition of the Old South.

Leaving Natchez, a stop will be made at Nottoway Plantation, the largest plantation home in the South, before arriving in New Orleans for a two-night stay at the Royal Sonesta Hotel. The group will then attend a Dix-

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Energy Assistance applications

Maine Township Supervisor Paul K. Halverson has announced that any income-eligible persons need help paying their utility bills may file applications for the Illinois Home Energy Assistance Program (I-HEAP) at the Maine Township Town Hall.

Income-eligibility guidelines based on a 30-day period are \$601 for one person; \$805 for households of two; \$1,009 for three; \$1,214 for four; \$1,418 for five; and \$1,622 for six.

Apartment dwellers whose heat is included in their rent may also be eligible for energy assistance.

An appointment is necessary and can be made by calling the Maine Township General Assistance Office at 297-2510.

Senior Citizens' NEWS AND VIEWS

News for all Niles Seniors (age 62 and over) from the Niles Senior Center
8060 Oakton, Niles 967-6100 ext. 376

WOMEN'S CLUB LUNCHEON AND MEETING

The Women's Club pre-meeting luncheon will take place on Monday, January 23 at noon. The menu will include hot dogs, potato salad and pound cake. The cost is \$1. The Women's Club business meeting will be held following the luncheon at 1 p.m. Following the meeting, the Niles Senior Center line dancers will perform.

MONTHLY MAILING PROJECT

The senior center monthly mailing project will take place on Tuesday, January 24 at 12:30 p.m. Volunteered assistance is always needed and appreciated.

CIRCUIT BREAKER AND ILLINOIS TAX LAW LECTURE

Mr. Robert Eldridge, training coordinator for the Illinois Department of Revenue will lecture on the circuit breaker and Illinois tax law on Wednesday, January 25 at 1 p.m. Although there is no charge, reservations are required in order that adequate handouts will be available. For reservations call 967-6100, Ext. 376.

COLD STRESS LECTURE

A lecture on cold stress will be presented by senior center health nurse, Carol Harris, on Thursday, January 26 at 2 p.m. Hypothermia can occur suddenly and can be dangerous. A film will be shown and there will be free informative handouts. This program is really important for those who suffer from cold hands and feet in the winter's chill. Advance reservations are necessary and can be made by calling 967-6100, Ext. 376. This program is a repeat.

JANUARY LUNCHEON

Our January 27 luncheon will take place at 12:30 p.m. The tickets are \$4.25. The menu will include beef shishkebab, rice pilaf, pineapple jello, tossed salad and rolls. Entertainment will be provided by the musical and dance group Timestoppers. Come and meet the January winter doorknobs. Reservations are necessary and can be made by calling 967-6100, Ext. 376.

St. John Brebeuf Golden Age Club

As we enter our new year 1989, we thank God for the good health he gave us to welcome the new year. President Matt Arazowski and his staff wishes all of our members healthy and happy new year. Adrian Galassi and his committee put in a lot of hours planning to make our Christmas party the success it was. Our honored guests were our Pastor, Father Banzin, Mayor Blase, and Elaine Heinen. Each member received a gift from Santa as they entered as well as tickets for our raffle. We want to thank all our members who were so generous for all of the lovely gifts which were donated. Our music was furnished by Mario Arquilla and his band. We all had our dancing shoes on and all of the seniors danced up a storm! A delicious meal was served with all the trimmings of a good time was had by all.

The senior citizens club of St. John Brebeuf participated on the last Sunday of Advent by bringing the candle to the altar-making it the fourth candle of Advent. The participants were Veronica and Chester Bond on Saturday, Rose and Barney Majewski at 9 a.m. on Sunday, Josephine and Florio at the noon mass. We have new members this last year who are a credit to our club. We thank them for joining us and hope that you are happy with us.

Please pray that Adeline Krazinski, Frank Knapp and Louis Aversano will have fast recovery from their operations. Happy Birthday and Anniversary to all celebrating this month.

S.I.J. 55 Plus Club

We had a very successful year and we hope "89" will be the same. It will be if we all pitch in and help and not just a few. So let's give more support to our upcoming projects. If we all work together, the S.I.J. 55 Plus Club will be as successful as it's been since its start in 1977 with nine members, and has now grown to 260 members. We belong to a well run organization, have a nice meeting place, wonderful programs and parties, and great officers and members. Our New Year's resolutions have been health, friends and peace. Catherine Gitzynski, our membership chairman will be collecting dues, so please pay so you can remain a member in good standing.

Where were you on Dec. 27? You missed a very delightful day regardless of the weather. The lunch at Arveys was delicious and plentiful. Our trip to Northwestern University to see "Desert Song" was great.

Our condolences to Ray Koszutka and family on the loss of his wife Mitchele. Please pray for her and all our deceased members. Get well wishes to all our sick. Can you guess what Angie Franke and Frank Romeo have in common? They both have birthdays on January 23 and born in the same year. Congratulations to them both and to all celebrating birthdays in January along with all celebrating anniversaries this month.

Our meetings are held the 2nd and 4th Thursday of the month from 12:30 to 4:40 p.m.

Shared Housing counseling

The beginning of a new year often is the beginning of new life styles. Eva of The Center of Concern addresses two of those possible changes with her Shared Housing counseling.

In Shared Housing, those who have an extra room and would also like the added income would be matched with one of the persons who has asked for this type of housing situation. Similarity of likes and dislikes is always considered when a client is being referred to a householder.

To offer a home or to apply for one, please call Eva at 823-0453. The office is located at Suite 125 of the 1580 N. Northwest Highway Bldg., Park Ridge.

Michael C. Pabisinski

Second Lt. Michael C. Pabisinski, son of Marion C. and Dorothy L. Pabisinski of 6989 N. Tony Ave., Chicago, has graduated from a Minuteman missile crew officer course at Vandenberg Air Force Base, California.

The Bugle

An Independent Community Newspaper Established in 1957

8746 N. Shermer Road, Niles, Illinois 60648

966-3900-1-4



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Niles Parks to seek leases at Ballard School

by Nancy Keraminas

Members of the Niles Park District Board of Trustees will request a meeting with Niles Village Trustee Angelo Marcheschi in order to formalize a current rental arrangement between the Park District and the Village. The Park District and other organizations use the school for various activities, offices and meeting areas. The Board held their regular meeting Tuesday, January 17.

Park Board member Mary Marusek raised the issue of leases after member James Pierski reported on a request from Niles Events to move from Trident Center to the Park District's first floor Golf Room at Ballard. Moving the Golf Room to another location will result in at least \$500 in costs to the Park District, due to the necessity of raising light fixtures. Attorney Gabriel Beralato explained the District currently has a letter of agreement

with the Village to use space. Pierski acknowledged a lease would "give us more protection." Board President Elaine Heinen reminded Pierski he had previously stated the Board "couldn't get a lease" at Ballard, which was why the arrangement between the two governing bodies. Marusek suggested the Park Board "detail to the Village the improvements we've made" to avoid future expenses incurred from relocating built-ins and temporarily suspending activities while locations are changed. President Heinen and the board members will request the meeting with Marcheschi for Friday, January 27 at 5:30.

Citizens honored
Three state park and recreation awards were given to bus driver Edwin Miller, Sr., Knights of Columbus Council 4338 and the

Continued on Page 27

Maine Democrats name township slate

Nick Blase, Maine Township Democratic Committeeman, announced the nomination of a slate of candidates to run for Township Offices in the upcoming April Elections.

"We are proud to have selected an outstanding group of people to run for township offices under the democratic banner," said Blase. "These individuals are the most talented and professionally qualified candidates to ever run for these positions from any political party. We are confident that when voters compare their credentials with the dismal record of the present incumbents, that Republicans, Democrats and Independents alike, will overwhelmingly support our slate."

Candidates running for office on the slate are: Andrew "Andy" Przybylo, Niles - Township

Supervisor; Lawrence Wagner, Park Ridge - Collector; Helen "Norma" Daniel, Unincorporated Des Plaines - Clerk; Angelo A. "Ginger" Troiani, Niles - Highway Commissioner; Norine M. Murphy, Park Ridge - Trustee; John Edward Halverson, Sr., Des Plaines - Trustee; Bonnie B. Lindquist, Des Plaines - Trustee and Elizabeth G. Hantzos, Morton Grove - Trustee.

"These people have different kinds of experience that they will bring to township government," Blase stated. "For example, our candidate for Township Supervisor, Andy Przybylo, is a well known successful businessman, and our candidate for collector, Larry Wagner, is an expert in financial planning, and so on.

Continued on Page 27

Food Retailers on Highland Square's Menu

by Nancy Keraminas

At least two food retailers are currently seeking space after Highland Square Center, following a recent decision by the Village Board to allow certain food purveyors to rent space if approved by the Board.

One retailer, Original HoneyBaked Ham Co., a Rolling Meadows based company, has one hurdle remaining before approval to set up a shop. The second, had a January 9 Appearance Commission meeting. The retailer will have to appear before the Plan Commission before the case is presented to the Village Board.

Plan Commission Chairman Leonard Bloomfield requested five special use permits for area businesses. The Board granted

four of them but withheld approval for the Highland Square tenant after Greenberg objected to the placing of the legal notice in the Chicago Tribune rather than a local paper. Despite Bloomfield's assertion that all residents within 150 feet of food retailer were notified by mail in addition to placing the legal notice, Trustees voted to defer the decision whether to allow the company to set up shop in Highland Square until the next village meeting January 23.

A clearly upset HoneyBaked Ham representative pleaded with Trustees to approve the outlet immediately, since each delay is "costing the company dollars at this point." Scott Landane, direc-

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Son of political family assumes White House post

Bush names Des Plaines man asst. press secretary

by Shellya Hackett

Gas leak threatens students

A propane gas leak Wednesday, January 11 caused the evacuation of Maryville Academy, Nipper School and several Des Plaines residents. According to Des Plaines Fire Chief David Clark, workers at All Saints Cemetery, 700 N. River Rd., contacted emergency officials when the bottom of a 20 gallon portable tank blew out as it was being filled from a 12,000 gallon underground propane

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Niles West Indian on endangered list

District 219 board members were asked by the son of one of the members to consider whether the use of an Indian as the school mascot was racist. At the board's regular January 9 meeting, the 21-year-old son of board member Karen Honig suggested changing the symbol to a California condor, or similar endangered

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Des Plaines native Bruce Zanca, 28, has been named Assistant Press Secretary for incoming President George Bush. Zanca flies to Japan Jan. 28 as advance Press officer for Bush, who will attend the funeral of Emperor Hirohito. Zanca's sister Lauren, 31, works in Washington D.C. as Director of Public Liaison for the Presidential inauguration; she is also head of Political Affairs for the Republican National Committee. Parents Judy and Jerry Zanca and a party of relatives will take part in inaugural festivities this week. Zanca's father Jerry is veteran Deputy Committeeman for Elk Grove Republican organization.

Group proposes closing Hynes school

by Nancy Keraminas

A 15 member committee comprised of school personnel, PTO members, Chamber of Commerce members, seniors and other citizens of Niles and Morton Grove has recommended that Hynes Elementary School and Golf Junior High students be consolidated under one roof.

In a January 17 interview District 67 Superintendent Harry Trumfio said, "There's nothing

certain," when asked if a closing of Hynes was imminent. "We're still declining in enrollment and the projection from the Northern Illinois Planning Commission is that the population isn't going to increase. According to computer projections, enrollment will be dropping to between 316 and 400 children for both schools. Overall capacity for both

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Morton Grove Condo Association



The Morton Grove Condominium Association held its monthly meeting recently in the senior room of the village hall. The group was established in 1981 to address the special needs of condo owners in the village.

For example," explained Village Trustee Don Sneider who represents the village board at the meetings, "We recognized

that in some ways these residents were not receiving the same benefits as other residential property owners in Morton Grove. Condo owners were paying twice for trash collection - once in their real estate bills and again to the private company who serviced their building. We acted to remedy this inequity.

The group, like others with special needs, has been meeting

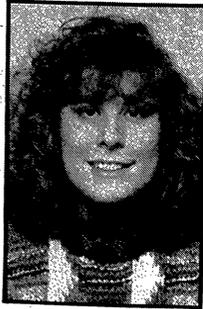
regularly with representatives of the village government to ensure their voice is heard. Pictured seated from 1 to r: Trustees Don Sneider, Harry Grand, Irving Goldstein, Ed Weiner, Mike Ruttenberg, Bob Frisch, Lillian Kovarsky and Harry Rose.

JCC names Adult Program coordinator

Deborah B. Mell of Morton Grove will be the new Adult Program Coordinator of the Northwest Suburban Jewish Community Center (JCC), 1250 Radcliffe Road, Buffalo Grove, working with mature adults and special events.

Ms. Mell will oversee special events including Purim carnivals, Hanukkah celebrations, family extravaganzas, and the annual Walk with Israel fundraiser, and will coordinate JCC's two mature adult programs, the 50-Plus Club and the 55-Plus Singles.

Ms. Mell continues to work part-time as a teacher at the Keshet Day School in Northbrook where she leads group educational activities and provides program evaluation to developmentally disabled adolescents.



Deborah B. Mell

Homeowner Exemption/ Senior Homestead Exemption

The Homeowner Exemption exempts from taxation the first \$3,500 increase in Equalized Assessed Valuation over the 1977 Equalized Assessed Valuation for owners of single family homes, condominiums, co-operatives and apartment buildings of six units or less.

In order to qualify for this exemption, the property must have been occupied by its current or previous owner as his or her principal residence on January 1 of the year for which the exemption is granted. This exemption can

mean a savings of as much as \$350 in property taxes!

If you do not receive an application for this benefit from the Cook County Assessor's office at your tax bill mailing address by the end of February 1989, contact the Niles Township Assessor's office at 5235 Main St., or call 673-8300 and ask for Assessor Hanrahan's office. We will be happy to assist you in filing for this valuable deduction.

Senior citizens who are registered for the Senior Homestead Exemption automatically qualify for the Homeowner's Exemption. They merely renew their Senior Homestead Exemption and automatically qualify for both exemptions. Seniors should be receiving Senior Homestead renewal forms from the Cook County Assessor's office in January or February of 1989.

Senior Homestead Exemptions reduce the Equalized Assessed Valuation of a dwelling by \$2,000. This may result in as much as an additional \$200 savings.

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Michael G. Huszar
Marine Cpl. Michael G. Huszar, son of Gabor and Edith Huszar of Skokie, recently participated in exercise Teamwork-88 while serving at 2nd Marine Aircraft Wing, Marine Corps Air Station, Cherry Point, N.C.

A 1983 graduate of Niles North High School, he joined the Marine Corps in June, 1988.

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Harlem Irving's Giving Tree brightens holidays

The Holiday Giving Tree at the Harlem Irving Plaza made Christmas brighter for over 4,000 needy adults and children in the area. Volunteers manned the Giving Tree during mall hours from November 25 thru December 24 at the center located at Harlem Avenue, Irving Park Road, and Forest Preserve Drive.

The Holiday Giving Tree, in its 6th successful year, held cards with the names of needy children and elderly in the community who were without families. Also included on the card were three of their Christmas wishes. Shoppers were invited to take a card, shop for one of these gift-wishes and return the gift-wrapped present under the tree by December 24. The gifts were delivered to the participants on Christmas Eve.

Organizations who participated in this year's program included: The Chicago Department of Human Services; Cook County Shelter Network; Rehabilitative System; Edison Park Home for the Elderly; Lutherbrook Children's Home; Uhlich Children's Home; Edgewater Uptown; Maryville Academy; Hines and North Chicago Veterans Hospitals; Lawrence Hall Youth Services; The Central Nursing Home; The Foster Care for the Department of Human Services; The Central Nursing Home; The Foster Care for the Department of Human Services; The New City YMCA; Child Share; Infant Welfare Society; Apostolic Church of God; Dickens Shelter; and Kaleidoscope.

"We did achieve our goal this year of 4,000 gifts," said Evelyn Bosbonis, coordinator of the Holiday Giving Tree. "And we extend a big thank you to all the shoppers who participated to make this dream come true," concluded Bosbonis.

Tax assistance

The postman brought Christmas greetings in the mail this week in the guise of 1040 forms. This was quick trip back to the reality of the coming Income Tax preparation.

People in the area will be happy to know that The Center of Concern will again be providing free tax assistance by skilled counselors beginning on Saturday, Feb. 4, and continuing thereafter every Saturday by appointment through April 15.

To call for more information or for an appointment, please call 823-0453 or stop in Suite 125 of the 1580 N. Northwest Highway Building, Park Ridge.

Senior citizens who are registered for the Senior Homestead Exemption automatically qualify for the Homeowner's Exemption. They merely renew their Senior Homestead Exemption and automatically qualify for both exemptions. Seniors should be receiving Senior Homestead renewal forms from the Cook County Assessor's office in January or February of 1989.

THE BUGLE
(USPS 069-760)
David Besser
Editor and Publisher

1988 MEMBER
NORTHERN ILLINOIS
NEWSPAPER
ASSOCIATION

Vol. 32, No. 32, JAN. 19, 1989
8746 N. Sherman Rd.
Niles, IL 60648

Phone: 966-3900-1-2-4
Published weekly on Thursday
in Niles, Illinois

Second Class Postage for
The Bugle paid at Chicago, Ill.

Postmaster: Send address
changes to The Bugle, 8746
Sherman Rd., Niles, Ill. 60648

Subscription Rate (In Advance)
Per single copy \$25
One year \$13.00
Two years \$22.50
Three years \$32.00
1 year Senior Citizens \$11.50
1 year (out of county) \$15.95
1 year (foreign) \$35.00
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Morton Grove Senior Citizens
965-4100

INCOME TAXES
The Morton Grove Income Tax Counselors will be ready to assist fellow senior citizens in filing their 1988 state and federal tax returns starting February 6. A personal and private session with a trained counselor can be reserved any Monday, Wednesday or Friday by calling the Morton Grove Senior Hot Line at 470-5223. Home visits can also be arranged for those unable to come in to the center.

COALITION FOR DISABILITIES
The North Shore Chapter of the Coalition of Citizens with Disabilities to assemble at their next meeting schedules for 7:30 p.m. on Monday, January 23 in Evanston High School's Self Help Center, Room 5122. The coalition unites people with diverse needs providing information, support and advocacy. Evanston High School is located at 1600 Dodge. For more information about the coalition call 256-5385.

FREE CHOLESTEROL SCREENINGS
A quick, simple, painless, accurate and free blood cholesterol screening is offered to Morton Grove residents age 65 and over by the Morton Grove Department of Health and Human Services from 9 a.m. to noon on Tuesday, January 24 in the Flickinger Senior Center. All others (those under 65 or nonresidents) are also welcome but will be charged \$4 for the screening. Appointments are necessary and can be made by calling the Senior Hot Line at 470-5223.

SENIOR SERVERS
The Village of Morton Grove is looking for individuals who would be willing to serve others in the areas of housekeeping or transportation. Servers are referred to senior citizens in Morton Grove and all arrangements and fees are made between the server and the senior. For more information call the Senior Hot Line at 470-5223.

MEMORY WORKSHOP
There are changes that occur in memory as people grow older, but for almost everyone, memory can be improved with training and practice. Parkside Senior Services' Memory Workshop will dispel the myths of memory loss and will teach how memory works, how memory changes and how memory can be improved. The three week course will be held on Wednesdays, February 8, 15 and 22 from 1:30 to 3:30 p.m. at Nathanson School, 3975 Church Street in Des Plaines. The fee is \$50 and pre-registration is necessary since space is limited. The workshop will be conducted by Mary Freeman, M.S.W., clinical geriatric social worker. Call 696-7770 for more information and/or reservations.

SPINAL ANALYSIS
Morton Grove senior citizens can receive a detailed spinal analysis by Dr. Douglas DeLarye with appointments starting at 12:30 p.m. on Wednesday, February 8 at the Prairie View Community Center. For more information, or an appointment please call 965-7447.

WAUKEGAN CORRIDOR TOUR
The Prairie View Senior Travel Club invites Morton Grove seniors to enjoy a day of touring in their hometown. This Tuesday, February 7 excursion will visit the U.S. Post Office (Morton Grove branch) and Monogram Models, and finish off with a luncheon at the Windows Restaurant atop the Northshore Hilton in Skokie. Call Prairie View at 965-7447 for more information.

SNOW REMOVAL
Teen and young adult snow shovellers and plowers of private residential property are now available for Morton Grove seniors who will be needing their sidewalks and driveways cleared of snow this winter. For more information about finding a neighborhood worker, call the Flickinger Municipal Center at 965-4100, Ext. 254.

LOSS SUPPORT GROUP
Morton Grove Senior Citizen residents who have recently endured the loss of a loved one or who are currently experiencing the grief of loneliness may wish to consider a new offering at the Flickinger Senior Center called the "Loss Support Group." Carol Powers, S.W., Family Counselor, and Laurel Letwat, R.N., visiting nurse, will be moderating the group that begins in 1989. For more information, call the Senior Center at 965-4100, Ext. 254.

EMERGENCY FLASHING LIGHT
The Emergency Flashing Light System is available for Morton Grove residents who may be at risk of accidents, fainting, or even illegal entry. A red 500,000 candle power light, transmitter and receiver can be purchased for \$25 and be installed by a member of the Morton Grove Advisory Commission on Aging. When activated, the light will alert passersby of an emergency situation in the home. For more information about the light, call the Senior Hot Line at 470-5223.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-7447. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053.

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Adult children of alcoholics meeting

Adult Children of Alcoholics (ACA) often experience behavioral and developmental problems. Learn how adult children can cope with parental alcoholism and overcome feelings of low self-esteem, hurt and loneliness in a free lunch-time lecture at Northbrook Court mall on Friday, Jan. 20.

The program, "The Alcohol Connection: Adult Children of Alcoholics and Needed Change," will be presented from 12:15 to 1:15 p.m. in the J.C. Penney Community Room of the mall, 1555

Lake Cook Rd., Northbrook. Guest speaker will be David Lamoureux (Arlington Heights), a behavior and developmental counselor in private practice with over 20 years of experience.

Lamoureux will explain how he, as an adult child of an alcoholic, developed a process to help others recover from the negative aspects of being an ACA.

For information, call 635-1812.

Tax planning booklets still available

Make the 1989 tax season easier and more hassle-free with the aid of Skokie Federal Savings' free Tax Planning booklet, available while supplies last. This educational guide covers an extensive range of pertinent tax topics including basic tax structures, itemized deductions, retirement plans, investments, social security benefits and estate planning.

Free booklets are available at Skokie Federal's Main Office, 4747 W. Dempster Street, Skokie, or at any branch location. For information, contact Linda Sudendorf at 676-5547.

Chamber sells entertainment books

The Edison Park Chamber of Commerce is offering Entertainment '89 books for sale as a fundraising program for the organization. The books may be purchased for \$25 each from Mattie Oplawski, newly elected secretary of the Edison Park Chamber of Commerce, and can be obtained at Edison Park Vision Care Center, 6704 Northwest Highway, Chicago, phone 775-4040.

The only edition immediately available from the Chamber is the Chicagoland North Edition which includes two-for-one fine and family dining coupons for restaurants in the Chicago and suburban areas, as well as reduced price coupons for informal dining, movies, special events, sports, as well as dry cleaning, video rental, car washes, hotels and condos, airline discounts, and Fotomat.

WIU mid-year graduates

More than 700 graduates participated in the annual Western Illinois University Mid-Year Commencement Ceremony on Sat., Dec. 17 in Western Hall. Local graduates included: from Des Plaines - Victoria L. Baum, Craig A. Christensen, Chris W. Gosell, John Charles Kurtn, Linda Jean Maliss, James A. Schwingbeck, Stephen R. Truver; from Morton Grove - James Daniel Streiff; from Niles - Steven Barry Fisher, Vince Daniel Gutt, Steve Frank Loferedo; from Park Ridge - Ann Marie Arent, John Marcus Frey; from Skokie - Yong Joon Choi, Scott I. Krause.

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Course to assist with difficult parenting

When a teenager or tweenager disrupts the house and parents find themselves worrying more about their kid's responsibilities than their kids do, the MaineStay Youth Services' eight week Strategic Parenting can help.

Strategic Parenting is for parents of difficult children ages 12-17 and will be held on Wednesdays from January 25 through March 15, from 7-9 p.m. at the MaineStay office, 778 Busse, in Park Ridge.

Bonnie Stapleton and Bill Webster, MaineStay Family Therapists will help parents learn more about how to encourage their child's responsibility, regain control of their life, and fortify themselves for this challenge.

Registration for the course is required. The fee for the course is \$25 per person or \$40 per couple. For more information or to register call 623-0650.

Niles resident cycles for charity

Niles resident Sue Torgersen cycled 500 miles this past summer to raise funds for Chicago Lung Association during BAMMI-Bicycle Across the Magnificent Miles of Illinois. Torgersen was among the event's top fund raisers, raising more than \$500.

BAMMI was sponsored by Chicago Lung Association, Illinois Credit Union League, WFYR-FM and Illinois Governor's Council on Health and Physical Fitness.

Nearly 350 cyclists participated in the seventh annual ride. The seven-day trek began in Chicago and ended in downstate Decatur. BAMMI riders collected pledges from sponsors for every mile they rode. All proceeds support Chicago Lung Association's research funding and educating children on the dangers of smoking. This year BAMMI riders raised more than \$100,000.

Free home buyers seminar

A free public seminar on "What to Look for in Buying a New Home" will be held at Oakton Community College from 7 to 9 p.m. Friday, Jan. 27 in the Performing Arts Center, 1600 E. Golf Rd., Des Plaines.

Learn to ask the right questions when looking for a house, what kind of mortgage to look for and how to choose a good broker, builder, developer and lender from representatives from Coldwell Banker, Sundance Home, and Draper and Kramer.

The seminar is sponsored by Oakton's Real Estate Institute, the Chicago Tribune and the Sales and Marketing Council of the Home Builders Association of Chicago. For information, call 635-1776 or 990-0167.

IRS offers Saturday hours

R.S. Wintrobe, Jr., Internal Revenue Service District Director for northern Illinois, announced that free telephone service will be available every Saturday during the filing season. The tax service will be offered from 9 a.m. to 1 p.m., to assist taxpayers with their questions.

Wintrobe indicated that the Saturday service will be limited to providing tax information for filing 1988 Federal income tax returns.

Chicago residents should call 435-1040 to receive answers to their tax questions; suburban taxpayers or other Illinois residents should call 1-800-424-1040.

Singles Scene

JANUARY 20 ST. PETERS SINGLES
All singles over 35 invited to this dance. St. Peter's Singles dance, Friday, January 20, 9 p.m. Park Ridge VFW Hall, Canfield & Higgins, live band free parking, Donation \$4. Information call 334-2589. Thank you kindly.

CATHOLIC ALUMNI CLUB OF CHICAGO
All single young adults (ages 21-38) are welcome at a dance sponsored by the Catholic Alumni Club at 9 p.m., Friday, January 20 at the Radisson Suite Hotel O'Hare, 5500 N. River Rd., in Rosemont. Non-member admission is \$5. The fee for the course is \$25 per person or \$40 per couple. For more information or to register call 623-0650.

SHABBAT SINGLES HAVURAH
It is our pleasure to invite you to the Shabbat Singles Friday night services held at The North Suburban Synagogue Beth El, 1175 Sheridan in Highland Park on January 20 at 8 p.m. Refreshments and socializing will commence after our short service.

The Shabbat Singles group (35 plus) come together in the spirit of fellowship and Havurah. We look forward to meeting and sharing with you a memorable evening. For more information please call 251-4570 or 761-6862.

JANUARY 27 CHICAGOLAND SINGLES
The Chicagoland Singles Association and the Aware Singles Group will sponsor a joint singles dance with the live music of Pursuit at 8:30 p.m. on Friday, January 27, at the Marriott Oak Brook Hotel, 1401 W. 22nd Street, Oak Brook. All singles are invited. Admission is \$7. For more information, call 545-1515.

The Chicagoland Singles Association and the Aware Singles Group are non-profit organizations.

THE INBETWEENERS CLUB
Singles 40-65 the In-Betweeners Club will hold their monthly meeting in the ministry center of St. Raymond's Church, 1-Oka & Millburn Streets, Mt. Prospect on Friday evening, January 27 at 8 p.m. T-Shirt Contest! Pizza-Games. Guests - \$2, Members \$1. Refreshments & Cash Bar. For information call 675-4426.

SINGLE PROFESSIONAL SOCIETY
Single Professional Society - Dance - on Friday, January 27, beginning at 8:30 p.m. at the Glen Elyn Holiday Inn, Finley and Roosevelt Roads, Glen Elyn. Music by Goldy the D.J. Admission is \$8.50 for non-members. For information on this and other SPS events, call HOTLINE at 964-1384.

JANUARY 29 YOUNG SINGLE PARENTS
Northshore Young Single Parents presents program for all singles on Tuesday, January 29 at 8:45 p.m. The Northshore Chapter of Young Single Parents, (YSP) will offer a program featuring the live band of Frank Tarlo and the Music Men. Come and dance the night away!

The meeting will be held at our new location: The North Shore Hilton at Golf and Skokie Boulevard in Skokie. Following the program will be dancing, casual conversation and a cash bar. For information, call 432-3311, 24 hours.

Admission to this program is open to ALL SINGLES. There will be an admission charge. YSP meets every Tuesday evening at the North Shore Hilton at Golf and Skokie Blvd., in Skokie.

FEBRUARY 2 NEW THURSDAY EVENING JEWISH SINGLES GROUP
The New Thursday Evening Adult (25-49) Jewish Singles Group will meet the first and third Thursdays of every month 8 p.m. at various synagogues throughout the north and Northwest suburbs, providing speakers, socialization, and refreshments. Cost \$3. We will meet at the following locations in February.

February 2 - Temple Jeremiah, 387 Happy Road, Northfield: A Northfield police detective will speak to us about home security, crime prevention and Neighborhood Watch.

February 16 - Cong. B'Nai Tora, 2789 Oak, Highland Park: Attorney Ira Jay Cohen, speaking on new laws of interest regarding Divorce and Family Law. For more info: call Gary at 632-0082.

FEBRUARY 3 AWARE SINGLES DANCE
The Aware Singles Group and the Chicagoland Singles Association invite all singles to a joint dance with the live music of Pam and the Current Times at 8:30 p.m. on Friday, February 3, at the Stouffer Oak Brook Hotel, 2100 Spring Road, Oak Brook. Admission is \$7 for non-members. For more information, call Aware at 777-1005.

The Aware Singles Group is a not-for-profit organization concerned with the needs of single, divorced, and widowed people and is a member of the Chicagoland Association of Singles Clubs. (CLAS).

FEBRUARY 5 TOWN AND COUNTRY SINGLES
Town & Country Singles will sponsor a dance party with complimentary food buffet for their preview opening Sunday, February 5, starting at 7 p.m. at Papa's in The Landings, 2610 Dempster Street at Potter in Des Plaines. This event is open to all singles age 30 and up. The admission is \$5, and there will be a cash bar. No reservations are required. The number to call for information is 459-9248.

TUESDAYS/THURSDAYS LEARN TO DANCE, CO.
Learn to Dance Company for Singles will meet at 11 a.m. on Saturdays, and 7:30 p.m. on Tuesdays in Chicago. A six-week program is \$35. For information, call 578-5244. More than just a dance class, singles can gain self-confidence, exercise and meet new people in a supportive, relaxed and friendly atmosphere.

Jeffrey R. Siegler
Navy Seaman Recruit Jeffrey R. Siegler, son of Rickey W. Siegler of 1905 Parkside, Park Ridge, IL, has completed recruit training at Recruit Training Command, Great Lakes, IL.

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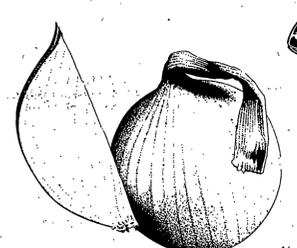
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Have Your Canned Ham Sliced & Tied FREE at the Deli Counter
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CHURCH AND TEMPLE NOTES

Resurrection Auxiliary hosts "Shamrocks"



Resurrection Hospital Auxiliary members Shirley Hackett (left) of Des Plaines and Joan Caruso (right) of Prospect Heights, reflect on the "Shamrocks and Images" theme of the Auxiliary's upcoming luncheon/fashion show. The

EPLC blood pressure check

Nurses from the Regency Health Center will be at Edison Park Lutheran Church, 6626 N. Oliphant, at 10:30 a.m. on Tuesday, January 24, for Blood Pressure and Diabetes testing. For further information, you may phone the church office at 631-9131.

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Lecture slated for women on Torah

Rabbi Levi Bukiet will address women on the topic, "The Hierarchy of Torah," Sunday, January 22 at 9:35 a.m. at the Machon Chaya Mushka Women's Institute for the Study of Judaism, 3107 W. Devon, Chicago. Women are invited to a lox and bagel breakfast at 9:15 a.m. before the lecture begins.

Rabbi Bukiet, Administrator of the Friends of Refugees of Eastern Europe (FREE) organization, will examine the structure of the written and oral Torah, Mishnah, Talmud, and Halacha-Jewish Law.

This event is the second in a series of winter lectures sponsored by Machon Chaya Mushka, serving Jewish women in the Chicagoland area with classes, seminars, and a variety of enriching programs at all levels.

For more information concerning the winter semester of classes, contact Tassel Dallel at Machon Chaya Mushka at 262-2770.

Edison Park Lutheran Church

Some people have been waiting all their lives to read the Bible in its entirety. Members and friends of Edison Park Lutheran Church, 6626 N. Oliphant, will do it in one year—1989.

"Through the Bible In A Year" is the theme of the daily Bible-reading program that has been introduced to the congregation. Participants have been provided with The Word In Season, a booklet which contains a guide for the daily Bible-reading segments and an accompanying meditation. Approximately three chapters of the Bible are to be read each day. The devotional booklet alternates between the Old and the New Testaments as it follows the outline of the church year. The program can be used privately, in family devotions, or in any size of fellowship.

The devotional guides are available in the window wells of the church, or can be obtained in the church office.

Sunday worship at Edison Park Lutheran Church is at 7:30, 8:30 and 11 a.m., with an adult education hour at 9:45 a.m. A lift is available for easy accessibility for the handicapped. The service is broadcast from 8:30-9:30 a.m. every Sunday over WNDZ, 750 AM. For further information about Edison Park Lutheran Church and its programs call 631-9131.

Our Lady of Ransom fashion show

The Our Lady of Ransom Catholic Women's Club, Niles, is sponsoring its annual dinner fashion show, "Mardi Gras Fashion Parade" on Tuesday, Feb. 7 at 8 p.m. at the Starlight Inn, 9950 W. Lawrence Ave., Schiller Park. Fashion will be presented by Michelle Gabrielle Women's Apparel of Rosemont and hair creations by Francoise of Park Ridge. This gala evening has been planned as a fundraiser to benefit the Our Lady of Ransom School scholarship program. Raffle prizes include a custom chair donated by Walter E. Smith Furniture of Park Ridge, weekends for two at the Clock Tower Resort and Lake Lawn Lodge, family membership to the Northwest Community YMCA, and a ladies diamond-trimmed watch. Reservations can be made by calling Ruth at 696-2435. Donations for dinner tickets are \$24 per person.

Local businesses and individuals wishing to become patrons and listed in the program book, can mail donations to the Ministry Center, 8624 W. Normal, Niles 60648, attention "Mardi Gras" or call Gloria at 823-5727.

Beth Emet The Free Synagogue

Beth Emet The Free Synagogue, 1224 Dempster St., Evanston, will hold Shabbat Services on Friday, Jan. 20 at 8:30 p.m. We will be celebrating Tu B'Shevat, "The Celebration of Trees" and also Shabbat Shirah, "The Sabbath of Song" which will include the Beth Emet service for cello and flute, featuring Gilda Barston on cello and Sandy Morgan on flute. Rabbi Peter Knobel will conduct the services and Cantor Jeffrey Klepper will lead the musical portion of the services. An Oneg Shabbat will follow. The community is invited. A Shabbat Minyan is held every Saturday at 9:30 a.m.

Mayfair Presbyterian Women meet

Wednesday, Feb. 1, is the date of the next regular meeting of the Women's Association of the Mayfair Presbyterian Church, 4358 W. Ainslie. Following the noon business session, Mrs. Vivian Wing, President, states the 1 p.m. luncheon would be served by the members of Circle E. The sales project will be given by Circle F. After lunch, Mrs. Ann Riehm, who chairs the Program Committee, will present Mr. Chester Kolmodin, a representative of Association House, as guest speaker.

Everyone is welcome. Please call the church office at 685-0105 for further information.

Parents of North American Israelis

The Chicago Chapter of Parents of North American Israelis (PNAI) will hold its Annual Membership Brunch on Sunday, January 29 at 11:30 a.m. at Congregation KINS, 2800 W. North Shore Avenue, Chicago. Mr. Uri Bar-Nir, the Counsel General of Israel will be the guest speaker. For further information call 431-0620.

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Chapman to address Mayer Kaplan JCC

Eugenia S. Chapman, Coordinator of Community Education on the Staff of Illinois Attorney General Neil F. Hartigan, will be the guest speaker at 1 p.m. on Wednesday, January 25 for the Mayor Kaplan JCC, 3083 W. Touhy Ave.

Ms. Chapman served four years as Chief of the Senior Citizens Advocacy Division in the Illinois Attorney General's Office prior to her present position. She was a member of the Illinois House of Representatives for 18 years, serving as Chairman of the Human Resources and Appropriations Committee.



Local libraries receive state grants

Secretary of State and State Librarian Jim Edgar announced that 101 public libraries in Cook County will receive a total of \$5,373,984 in grants based on the population of the area they serve.

According to Edgar, 546 libraries statewide will receive more than \$9.5 million in per capita grants from his office. Moreover, \$497,488.45 in additional grants were awarded to 100 public libraries unable to meet minimum public library funding at the local community level. Local libraries included Des Plaines Public Library, \$55,374; Glenview Public Library \$33,131; Lincolnwood Public Library District \$11,921; Morton Grove Public Library \$23,747; Niles Public Library District \$33,031; Park Ridge Public Library \$38,704 and Skokie Public Library \$60,278.

Boznors elected to park assoc. board

Nick Boznos, Commissioner of the Morton Grove Park District, has recently been re-elected to serve on the Board of Directors of the Illinois Association of Park Districts. Boznos was chosen for the Association's Board position during the 1989 Illinois Park and Recreation Conference, held in Rosemont at the Hyatt Regency O'Hare, Jan. 5-8. Boznos' new term of service will continue through January, 1991.

The Illinois Association of Park Districts is a not-profit service, research and education organization representing park, forest preserve, and conservation agencies.

Illinois has over 250 established park, forest preserve, and conservation districts in 1,300 communities. These districts are voluntarily served by 2,100 elected citizens.

MG residents hired by Daley

Two Morton Grove residents have been hired as prosecutors in the office of Cook County State's Attorney Richard M. Daley.

Brian Grossman, a 1988 graduate of Loyola University School of Law, is assigned to Daley's Criminal Appeals Division.

Elizabeth Hantzos, a 1987 graduate of John Marshall Law School, is assigned to Daley's Traffic Division.

Safety hints for winter driving

Early in the winter driving season, many motorists forget to adjust their driving habits to avoid skidding on ice and snow. Knowing what causes a skid and how to get out of one will help you avoid an accident.

Skids usually are caused by rapid acceleration, driving too fast for conditions, oversteering, and sudden turning and braking. If you start to skid, do not hit the brakes. Keep a firm grip on the steering wheel, ease off the gas pedal and steer the vehicle in the direction you want the front of the

car to go. Keep your foot off the gas and do not touch the brakes until the tires regain traction. This technique works for both front- and rear-wheel-drive cars.

Experienced drivers frequently avoid skids by shifting into neutral when preparing to stop or turn on a slippery road. This technique equalizes the drive force on all four wheels. However, do not try it unless you are sure you can find neutral without accidentally shifting into reverse or another gear.

According to the AAA-Chicago

Motor Club, using cruise control can result in a skid. Cruise control does not allow you to ease off the gas pedal to slow down when approaching a slippery spot. If the cruise control is on and the vehicle loses traction, your vehicle may start skidding in the time it takes you to turn off the cruise control.

When roads are slippery, accelerate smoothly, increase following distances and signal turns and lane changes well in advance.

Traffic safety hints

by Secretary of State Jim Edgar

Snow and freezing rain the day after Christmas were stark reminders for many Illinois motorists to change their driving habits. For example, to stop or turn on slippery roads, always "squeeze" the brakes with a slow steady pressure.

Pumping the brakes can cause them to lock, resulting in steering loss and possibly causing the vehicle to spin out of control. To avoid spinning out, squeeze the brakes slowly until, just before they lock. Ease off the pedal until

you feel the wheels rolling easily and then squeeze the brakes again. This technique works equally well with both front- and rear-wheel-drive vehicles.

Practice this technique on secondary roads until squeezing the brakes becomes automatic. In conjunction with squeezing the brakes, practice shifting into neutral when stopping or turning on ice or snow.

Although squeezing the brakes will help you stop on a slippery road, remember to take your foot

off the brakes if you start to skid. Simply steer your vehicle in the direction you want the front of it to go until your tires regain traction.

In addition to changing your driving techniques for winter, it is important to change your mental attitude. For example, leave for work earlier so you can drive at slower speeds and increase your following distances. If you drive carefully and know the proper driving techniques, you will not panic if you start to skid.

WHEN THEY TELL YOU THAT ABORTION IS A MATTER JUST BETWEEN A WOMAN AND HER DOCTOR



The incredible photograph above by Dr. Rainer Jonas shows what a healthy, active intrauterine child looks like at 19 weeks. Like the bud of a flower, beautiful. But, unfortunately still a candidate for abortion.

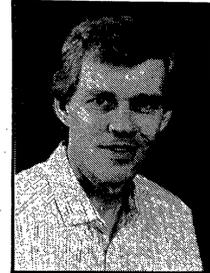
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of Interest to Women

WICI winter brunch

"Passions—using the fires of the belly" will be Chicago author Bill Brashler's topic at a winter brunch Saturday, Jan. 28, for members and guests of the North Shore Chapter, Women in Communications, Inc. The brunch will begin at 11:30 a.m. at Garrett Evangelical Seminary, 2121 Sheridan Road, Evanston.



Bill Brashler
Successful free-lance writer with eight books to his credit and a new novel to be published in

Lecture on self esteem

Recognized counseling therapist, Wynne Brody, will address women on the topic, "Maintaining Self Esteem in the Family Relationship," Wednesday evening, Jan. 25, at 8 p.m. at the Skokie Chabad center, 4059 Dempster in Skokie. Brody will concentrate on five basic points: "Maintaining Self Respect," "Realism Versus Idealism," "Being a Mensch at

Home Too," "Appreciating and Accepting Family Members," and "The Positive Approach". Brody, an individual and family counselor, currently runs her own private practice.

For transportation arrangements and further information, contact chairmen Mrs. Zimmerman, 761-6331 or Mrs. Raices, 675-4126.

Box Social at MG Legion

The Morton Grove American Legion Auxiliary Unit #134 will hold a box supper evening in the upstairs lounge at the Legion Memorial home, 6140 Dempster, Saturday, Jan. 21. Beginning at 7 p.m., admission is just \$1 per person. President Arlene Rook says couples are requested. There will be a cash bar. Proceeds of the supper auction will benefit the Auxiliary rehabilitation program for veterans.

A surprise auctioneer will be present to accept bids on the boxed supper for two that ladies are asked to bring. The committee asks that the supper be wrapped in either the newspaper comic or sports section.

The male bidding the highest for the supper will spend the evening with that lady. Country and western music and square dancing will be part of the evening with some surprises to be found.

Casual dress is requested. Further information available from Mrs. Rook, 965-0029 or Nancy Schluetter-Morrison, 965-3073. All are invited.

Bay Colony ORT meeting

The Bay Colony Chapter of Women's ORT will meet Tuesday, January 24, at Village Town Hall, 1700 Ballard Rd., Park Ridge, at 8 p.m.

Dr. Warren W. Bruhl, Chiropractic-Physician, will speak on Nutrition and Back Care. Dr. Bruhl's credentials include Certification in Spinal Biomechanics Analysis and Biophysics Instructions, and he is a Certified Aerobics Instructor, Southeast Back Institute, in Atlanta, Ga. He holds a Degree as Diplomate, National Board of Chiropractic Examiners. He has served as a Private Tutor to Chiropractic Students and Doctors and Massage Therapists. He was a trainer for Combined Fitness Centers in Northbrook. June Kramer, President, extends a cordial invitation to all area women to attend and enjoy this most interesting program. Chairpersons are Sylvia Rotheiser and Mickey Gluck. Refreshments will be served.

Financial Planning seminar for women

The Women's Issues Club of Oakton Community College will sponsor a free seminar on "Financial Planning for Women" at 1:30 p.m. Sunday, January 22 (repeat session on Tuesday, January 24) in room 1540 at Oakton, 1600 E. Golf Road, Des Plaines.

Representatives from National Center for Women and Retirement Research from Long Island University, New York, and The Equitable will discuss how women can prepare for their own financial independence. Tips on money management, investing fundamentals and retirement planning will be included in the two hour session.

The Women's Issues Club is a new formed student club at Oakton. For information, call 635-1855 or 635-1929.

Programs for new mothers and babies

The Virginia Frank Child Development Center of Jewish Family and Community Service (an affiliate of the Jewish Federation of Metropolitan Chicago), in cooperation with the Rogers Park Family Network will hold a series of get-togethers for new mothers and their infants on Tuesdays, January 24-February 28, 10:30 a.m. - 12 noon. The groups will meet at the Network, 1454 W. Morse Ave., Chicago.

Mothers will meet with other new mothers and their infants to share the joys and struggles of this new life experience. The fee for each meeting is \$12 and can be adjusted to an individual's ability to pay.

For information and registration, telephone Lorraine Perman at 761-4550.

"Empty Arms" Group meeting

The meeting of the "Empty Arms" support group which will meet at Swedish Covenant Hospital, 5145 N. California, at 10 a.m. on Tuesday, Jan. 24, will feature a talk by Dr. Gary Forcier, a specialist in obstetrics and gynecology on the hospital's medical staff.

Dr. Forcier will speak on the medical aspects of miscarriage and stillbirth. "Empty Arms" is intended to give help to parents who have lost a child through miscarriage, stillbirth, or infant death by means of education and sharing. The meetings are free and open to appropriate persons. Trained counselors from the hospital staff moderate the meetings.

For more information, call Ruthanne Werner at 878-8200, Ext. 5097.

SJB Women plan buffet/card party

On Friday, Feb. 3, the St. John Brebeuf Catholic Women's Club will host its annual Salad Buffet/Card and Bunco Party in the school, 8307 N. Harlem, Niles. The Buffet begins at 6 p.m. in Flanagan Hall followed by the Card Party at 7:30 p.m. in the gym. In addition to cards, bunco and board games, there will be a raffle and table and door prizes. Refreshments will be available. The combined Buffet/Card Party tickets are \$8. Advance Buffet reservations are required. Tickets for the Card Party only are available at the door for \$3. Gentlemen are also invited to attend this event. For information, call 625-4283, 967-5608, or 966-6046.

RESOLVE meeting

RESOLVE of Chicago, Inc. is a non-profit, tax exempt organization which offers counseling, medical referral and support to couples experiencing problems with infertility.

General meetings are held at 8 p.m. on the fourth Tuesday of every month, September through June at Lutheran General Hospital, 1775 Dempster, Park Ridge in the 10 E. Cafeteria. Meetings are free and are open to the public.

The next general meeting is scheduled for: Tuesday, Jan. 24. The topic for the evening is Advances in Ovulation Induction discussed by John Reinhardt, M.D., Ph.D.

For information call RESOLVE at 743-1823.

Miller honored for service



Dorothy Miller, a new accounts representative for the First National Bank of Morton Grove, has been honored for 20 years of service to the bank. A Morton Grove resident, she received a diamond pendant.

Y-ME Open Door meeting

The Northwest Group of the Y-ME Breast Cancer support Program will hold its monthly Open Door meeting on Saturday, February 11, 10 a.m. at the Days Inn, 1090 S. Milwaukee, in Wheeling. The topic is "Family Issues & Breast Cancer" and the speaker is Katherine Billingham, Ph.D.

Breast cancer patients, their families and friends, and health professionals interested in the topic are welcome at Open Door meetings. The sessions are free of charge and reservations are not necessary.

Y-ME offers peer support to breast cancer patients via a 24-hour Hotline: (312/799-8228) and educational Open Door Meetings throughout the Chicago Metropolitan area. Y-ME also provides information on what to do if a breast lump is detected. For more information call the Y-ME office at 312/799-8338.

Women's ORT plan fundraiser

The Country Cove Chapter of Women's American ORT (Organization for Rehabilitation through Training) will be selling corned beef lunches to benefit ORT's worldwide network of vocational and technical schools.

Lunches will include a four-pound corned beef sandwich on rye, pickle, chips, dessert, and pop for \$5. They will be available on Feb. 2.

For further information, call 676-4076.

Nurses Association holds seminar

District 18, Illinois Nurses Association will meet on Saturday, January 28 at 8:45, breakfast - \$10 at Allgauer's restaurant, 2855 N. Milwaukee Ave., Northbrook.

For information call Doris Stoll at 699-7884.

New Arrival

A girl was born to Mr. and Mrs. Michael Hollis of Arlington Hts. on December 20, at Holy Family Hospital, Des Plaines. The baby's name is Kimberly Nicole, who weighed 9 lb., 10 oz. Maternal grandparents are Mr. & Mrs. Kenneth Galinski, Sr., of Niles and the paternal grandparents are Mr. & Mrs. Thomas Hollis of Chicago.

Chairwoman of RES Thrift Shop

Adele Arciola is the newly named chairwoman of the Resurrection Hospital Auxiliary's Bargain Basket Thrift Shop, 6712 North-west Hwy., Edison Park.

A major fundraising project of the Auxiliary for more than 25 years, the Bargain Basket features a variety of used and like-new household appliances, clothing, knick-knacks and other resale items for thrift shoppers.

As former manager of a medical clinic and a former employee in the office of the Recorder of Deeds, Arciola brings a wealth of work experience and fresh ideas to her new volunteer assignment, according to Doris Ozdeger, Auxiliary president.

In addition to Arciola, other volunteer day chairwomen staffing the Northwest Side thrift shop include: Tuesday chairwoman Dorothy Isaacson and Mary Christien; Wednesday chairwoman Peg Ziesler; Thursday chair-



Adele Arciola

woman Lorraine Coutry; Friday chairwomen Pearl Snyder and Mary Root; and Saturday chairwoman Rose Poulsen.

1989 Health Tips calendar available

We all know how to use a calendar to find the date, but now there's a calendar that might also help us stay healthier.

The American Institute for Cancer Research has announced the availability of its free health tips calendar, "Horizons for Health '89." This colorful calendar features entertaining, cartoon-style art and a variety of short informative tips for better health in the coming year.

Offering easy-to-follow advice on such subjects as lowering fat in favorite foods, tips for better gardening and home-canning, hints on selecting the best vegetables and fruits, suggestions for interesting health-related gifts, and some tasty, nutritious recipes, this calendar provides a broad selection of information for a healthy new year. While there is no charge for the calendar, the Institute is requesting donations, when possible, to help defray expenses. All proceeds go to further the Institute's programs in cancer research and cancer education.

Copies of the calendar are available by writing to the American Institute for Cancer Research, Dept. Ca189, Washington, D.C. 20069. Donation checks may be made payable to "AICR."

JCC leads trip to "Bloomies"

See the latest in posh Chicago shopping on Thursday, Feb. 2, when the Bernard Horwich/Mayer Kaplan Jewish Community Center (JCC) sponsors "Shopping at Bloomies," a visit to Chicago's newest department store at 900 N. Michigan Ave. in Chicago. Buses will leave the JCC's Kaplan site, 5050 W. Church St. in Skokie, at 10 a.m. and will depart from the Horwich site, 3003 W. Touhy Ave., in Chicago, at 10:30 a.m.

Elegance surrounds visitors at this new shopping spa. Browse, shop, and explore the store's specialty shops along with shoppers from around the world. Lunch at one of the store's restaurants and "people watch" at the same time.

The price of this trip is \$5 for members and \$9 for nonmembers. For information, call Carolyn Topcik at 675-2200.

Lutheran General to offer in vitro fertilization

Lutheran General Hospital-Park Ridge has signed a contract with the Jones Institute Foundation, Norfolk, Virginia, which will allow the hospital to offer its patients the Jones Institute method of in vitro fertilization. The fertility specialists at Lutheran General plan to start offering in vitro fertilization as an option to couples in the summer of 1989.

In 1981, the nation's first baby conceived by in vitro fertilization was born to a patient from the Jones Institute. Lutheran General is the only hospital in the Chicago area to be affiliated with the Jones Institute.

In vitro fertilization involves removing the eggs from a woman's ovary, fertilizing them with the husband's sperm in a petri dish and implanting the fertilized eggs in the uterus. There are approximately 170 in vitro fertilization programs in the country, seven of which are in the Chicago area.

Before beginning the program, Lutheran General physicians and staff will travel to Norfolk for training in the current procedures being used by the Jones Institute. Those to be trained from the hospital include physicians who are specialists in endocrinology and infertility (Charles Miller, M.D., and Laurence Jacobs, M.D.), an embryologist as well as the nurses and technicians who will assist in the operating room. The program will be accepting its first patients next summer. It is anticipated that some 150 procedures will be done the first year; 300 the next and by the third year, some 500-600 will be done.

Lutheran General will be expanding the fertility lab and adding other laboratory services to study semen and preserve eggs for fertilization.

"We chose to affiliate with the

Jones Institute because of its outstanding reputation for quality and successful procedures," explains Charles Miller, M.D., section director, Reproductive Endocrinology and Infertility. "One of the reasons we feel that the Jones Institute is so superior is that they are constantly looking at the data which comes in from their clinic. They then make modifications in their procedures as the need arises."

In addition to research into in vitro procedures, the Jones Institute also is studying other areas of reproductive medicine, contributing factors to male and female infertility, congenital problems of the reproductive system, and disorders of puberty of menstruation and of menopause.

"We are extremely proud to announce this significant addition to our infertility program," added Dr. Miller. "It blends so well with our other services, in particular our laser surgery service which has received national prominence. Lutheran General can now help more couples fulfill their dream of becoming parents through this comprehensive range of services."

Lutheran General Hospital-Park Ridge is a not-for-profit, tertiary care, teaching hospital licensed for 713 beds. The infertility program treats some 1000 new patients annually. The hospital is part of the Lutheran General Health Care System, a national network of organizations committed to delivering health-care services and programs in a manner consistent with the philosophy of Human Ecology, the understanding and care of human beings as whole persons in light of their relationships to God, themselves, their families and the society in which they live.

Hypnotist to meet Skokie Women's Club

The Skokie Valley Business and Professional Women's Club meeting will feature hypnotist "Kathryn the Great" Monday, February 6 at Hoffman's Morton House, 6401 Lincoln Avenue, Morton Grove.

Kathryn Demos has appeared on TV shows. Call Marie Kautenberger 884-1516 or Elsa Behrends 675-9039 to participate.



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ANAD discuss eating disorders

Anorexia Nervosa and Associated Disorders will hold a group meeting for anorexics, bulimics, parents and families at 8 p.m., Thursday, January 26 at Highland Park Hospital, 718 Glenview Ave., Highland Park.

Anorexia Nervosa and Bulimia are dangerous eating disorders characterized by extreme loss of weight and/or binge eating and purging. The meeting is free for all who are interested.

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Jewelers
Jewelry Fashions, Facts, Fiction

By
Gabriele Doerner
Graduate Gemologist
& Jewelry Designer

RESOLVING TO TREAT YOURSELF WELL

Jewelry is a treat to own, a treat to wear. Part of what makes it special is that it is valued in our culture as a sign that a person has arrived -- the career is going well, the relationship is a good one, the promises made will be kept.

When you make your resolutions for the coming year, resolve to treat yourself as the special person you are, as a person who has arrived at a point in life when you recognize your value.

Look at your watch. Are you wearing a watch you are proud of? Fashion watches are fun and there is nothing wrong with wearing them. You might, however, plan to give yourself a watch of substance, a watch of gold and/or diamonds. Any watch will do, but if you're ready to make nice to yourself instead of making due it might be time to consider a treat.

How about your hands. Are you wearing a ring you enjoy now at your present position in life? You may be wearing a wedding ring and you may be wearing other kinds of rings. In fact, they may be just what you want. If not, consider having those special gems given in love set in a new way that continues to bring you pleasure and that says how valuable you are. People buying engagement rings these days are thinking in terms of two months' salary. For your present status in life, a resolution to make that kind of loving commitment to yourself may be warranted.

Perhaps there are other jewelry items you have admired but considered out of reach. This year might be your year to think about giving yourself that desired pearl necklace or that beautiful pendant. Come treat yourself.

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Stolen cars

Person(s) unknown stole a 1987 Chevy owned by a Niles man from the 7000 block of Carol Drive.

Sometime between January 6-9 a 1989 car was stolen from King Nissan Dealership, 5757 Touhy Avenue.

On January 6 a Maywood man came to the dealership and asked to see the vehicle. He claimed he would return in three hours with a \$100 deposit. He never returned and is under suspicion.

LEGAL NOTICE

The Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, February 6, 1989, at 8:00 P.M. in the Municipal Council Chambers, 7200 Milwaukee Ave., Niles, Illinois, to hear the following matter(s):

89-ZP-1 George Panopoulos, 8901 Milwaukee Avenue, Niles, Illinois, Petitioner. Requesting a change in zoning from B-1 to B-1 Special Use to operate a video rental business as part of discount drug/food store at 8901 Milwaukee Avenue, Phar Mor Drugs.

89-ZP-2 Leo P. Marek, K-Mart Corporation, 8650 Dempster Street, Niles, Illinois, Petitioner. Requesting a change in zoning from B-1 to B-1 Special Use to erect a parabolic dish for transmission of data at K-Mart, 8650 Dempster Street.

89-ZP-3 Robert Burros, 9191 Courtland, Niles, Illinois, Petitioner. Requesting a variation of required rear yard from 20 feet to 18 feet to construct an attached garage in required rear yard at 9191 Courtland.

89-ZP-4 Mark Hohm, 1777 Crystal Lane #34, Mt. Prospect, Illinois, Petitioner. Requesting a change in zoning from B-2 PUD to B-2 PUD Special Use to operate a sandwich shop at 5685 Touhy Avenue (Village Crossing Shopping Center).

John G. Frick, Chairman
Plan Commission & Zoning Board of Appeals
Sydney Mitchell, Secretary
Plan Commission & Zoning Board of Appeals

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John G. Frick, Chairman
Plan Commission & Zoning Board of Appeals
Sydney Mitchell, Secretary
Plan Commission & Zoning Board of Appeals

Burglaries/Thefts

A Niles man reported his son's disabled 1979 Datsun parked in front of a grocery store in the 6900 block of Dempster was burglarized January 10. An unknown thief smashed a window of the car causing \$250 damage. In addition, an in-dash stereo system of undetermined value was removed.

Someone caused \$150 damage to a 1982 Lotus during the night of January 13. A blunt object was used to break out a window of the car in order to remove a \$250 cassette player.

A slimjim pry tool was used on a 1968 Camaro parked in the 6000 block of Dempster in an apparent January 15 burglary attempt. \$100 damage was caused to the car but nothing was reported stolen by the owner.

A Glencoe woman who parked her 1985 Cadillac in the Kraft lot at 6350 Kirk reported the theft of a garage door transmitter and

Auto theft

January 10 a Park Ridge man was the victim of auto theft while parked at 8233 W. Golf Rd. Someone smashed the passenger window and removed a radar detector. Damage to the car is estimated at \$125, and the value of the radar detector is \$295.

Between January 9-12 person(s) unknown entered a pickup truck owned by a Niles man. Damage to the lock on the truck is estimated at \$100, and \$300 in personal belongings were stolen.

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Retail theft

January 6 a 28-year-old Northbrook man was apprehended while taking two pairs of pliers from Sears, Golf Mill. The value of the tools is \$22.99. The man was released on \$1,000 bond and is scheduled to appear in court January 27.

A 24-year-old Niles man was arrested January 6 and charged with retail theft. Security guards noticed the man displayed suspicious behavior in a record store and followed him into several mall stores. After entering another record store, the man was observed slipping a compact disc under his shirt. The man fled when approached by security guards and was finally caught on Milwaukee Avenue. He was released on \$1,000 bond and is to appear in court January 27.

Two male offenders in their 30's stole \$437 worth of VHS tapes from F&M Company, 8251 Golf Rd. on January 7. A witness alerted store security to the men who were exiting the store with a shopping cart full of VHS tapes. The offenders were able to flee the area without being caught.

Auto damage

January 7, a 25-year-old Niles woman reported someone threw a hard object at her 1987 Toyota while the car was parked at Benignans parking lot. The rear window was smashed causing \$75 worth of damage.

January 13, a 30-year-old Des Plaines woman reported four tires on her car were slashed between January 8-9. The tires were valued at \$260.

The rear window of an auto belonging to a Glenview resident was broken January 13. The Glenview woman was parked at 8239 Oconto Ave. when the car was vandalized. Nothing was stolen.

A 39-year-old Chicago man who was shopping at a store in the 7900 block of Milwaukee Avenue found his car antenna cut. Damage is estimated at \$85.

January 15 a 1984 car belonging to a Niles man was damaged in the 8000 block of Lyons Street. A hard object was used to break a side window.

Witness threatened by ex-boyfriend

A Bethany Terrace nursing assistant has filed a report with the Morton Grove Police Department complaining that her ex-boyfriend, a 30-year-old Evanston man has been phoning her at work and making threats against her and her children. She called police January 9.

The complainant, a 30-year-old Skokie woman, told police she broke off with the man when she learned he had an extensive arrest record, which includes offenses against children. She told police he is a cocaine user and is on a three-year felony probation.

In one conversation she was reportedly warned against testifying against him at a January 12 hearing. According to the reports, she was told, "You'll be visiting your children at the morgue—whether or not I go back to jail." The woman has an Order of Protection entered by Evanston and Skokie courts warning off her ex-boyfriend.

Purse Theft

A Park Ridge woman's purse was stolen January 12 at 7800 Milwaukee Avenue. The purse was recovered later with all its contents missing. Stolen were credit cards and \$433.

A Maine East High School senior was released on \$1,000 bond and charged with retail theft January 9. Sears, Golf Mill, security guards observed the youth attempting to exit the store without paying for computer tapes worth \$155. The youth attempted to flee but was caught hiding under a car in the 9400 block of Milwaukee Avenue with the tapes in his possession. He is scheduled to appear in court January 27.

Two male offenders in their 30's stole \$437 worth of VHS tapes from F&M Company, 8251 Golf Rd. on January 7. A witness alerted store security to the men who were exiting the store with a shopping cart full of VHS tapes. The offenders were able to flee the area without being caught.

Battery

January 12 two temporary employees of Handy Andy Labor Service became involved in an altercation January 12. The two male Chicago residents began arguing as they were riding the company bus to their assignment at the Moss Printing Company, 7717 N. Austin Ave. The offender became upset about something the victim said, slapped him in the face, and knocked off his glasses. The arrestee told police he was on parole after serving another jail sentence. Police found he was wanted on a warrant in Bedford Park.

January 12 a male and female employee of Ready Man Worker temporary service engaged in a fight after the female victim complained about the offender's offensive language on the company bus. The offender grabbed the woman and threw her to the ground. A witness later helped locate the offender who was at his job. The victim and offender gave conflicting accounts, and a complaint was denied.

Burglars strike Crain-Carol area again

A series of home robberies continues in the Crain-Carol area. Since mid-December eight homes have been burglarized in an area that includes the 8400-8500 blocks of Crain Street, Carol Drive, Chester Avenue, and Roseview Drive.

The pattern in the robberies has been similar in each case. Burglars invaded homes during the day or early evening hours when residents were absent. Their prime target is jewelry and in every case they ransack the bedrooms.

Driver cited for open liquor

A 24 year old Rogers Park man was stopped for speeding by Morton Grove police in the early hours Saturday January 14. The arresting officer noticed a six-pack of beer, including a partially emptied bottle in the car and added that charge to the list of tickets issued. The driver posted \$50 bond and will appear in court February 1 for speeding, failure to use seatbelts and transportation of open liquor.

off the Police Blotter

Treatening phone calls/neighbor trouble

January 6, Niles Police were summoned to an apartment building in the 8800 block of Wisner to settle a dispute between neighboring tenants.

A 19-year-old man was watching TV when he received a threatening phone call from his 70-year-old neighbor who threatened to kill him if he didn't turn off the radio. Upon hearing the threat, the man hung up and summoned police.

Criminal Damage

A resident of the 9000 block of Olander filed a delayed report that his 1987 Pontiac had been vandalized during the evening of December 30. A blunt type instrument was used to break out the driver's side window, costing \$150 to replace.

Twenty five dollars in damage was reported by a resident of the

Thief escapes with coat and socks

With a security guard observing him, a young man dressed in an army fatigue type jacket and black fedora picked up 2 pair of men's socks from the T.J. Maxx store and concealed them inside his coat. The guard followed the man outside but lost sight of him.

Shortly thereafter, the guard saw the same man smoking in front of the store. Still under observation by both the guard and a security camera, the man removed an \$89 overcoat, put it on and casually strolled to the door of the store. With the guard in pursuit, the thief ran to a waiting 1980 thunderbird and yelled to his accomplice, "Go Man - get out of here". The car fled east bound on Dempster.

Embezzlement

An assistant manager of Golf Mill clothing store, Casual Corner, gave an oral and written admission of his role in the embezzlement of money between October 20 and January 4. The 20-year-old Long Grove woman exchanged pony refund slips for cash. The total theft is estimated at \$2,890.89. On January 6, the chain's district manager determined to press charges against the woman.

Floor manager for the shoe department at Kids R Us, 8482 Golf Rd., is suspected of stealing \$2,890.89 from Whole Shoe Company. Wohl is the shoe franchise operating out of the Kids R Us store. Field auditors noted that \$2,890.89 was missing from deposits from December 2 through January 4. The suspect a Chicago resident, was responsible for making those deposits.

Theft in Jewel Foods

A female subject between the ages of 30 and 40-years-old is suspected of stealing \$300 from a shopper at Jewel Foods, 8203 Golf Rd. Upon exiting the store, the victim told police that she was approached by a woman inquiring about the wrapping paper she had just purchased. When she reached her car, the woman felt something amiss and discovered her wallet was gone.

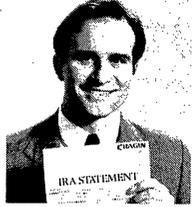
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Regional Lending Center 24 Family Financial Centers throughout Chicago and

SPORTS NEWS

Classic Seniors Mixed

Team	W-L
Hound Dogs	14-0
Hi Steppers	12-2
Greyhounds	10-4
Eager Beavers	10-4
Tigers	10-4
Lambs	9-5
Bulldogs	7-7
No-No's	7-7
Raccoons	6-8
Billy Goats	6-8
Poodles	5-9
Singers	5-9
Alley Cats	4-10
Lions	3-11
Kitties	2-12
Oldies But Goodies	2-12

Hi Series Men

Team	Points
Ken Itter	555
Frank Voelker	526
Jim Calderone	526
Fred Eda	521
Phil Goldfine	502

Niles Men's Wed. Nite

Team	W-L
N.W. Credit Union	22-6
Matthews	16-12
Ralphs Imperial Lounge	15-13
Bank of Evanston	15-13
Candlelight Jewelers	14-14
Wallys	9-19
Minelli's	6-22
Olympic R&H Lounge	6-22

Niles Club 55 Senior Men's Bowl

Standings	W-L
Bodinos	14-0
Fantastic Five	14-0
Long Shots	10-4
Pacers	10-4
Nina-Mos	9-5
Flying Tigers	9-5
Trident All Stars	9-5
Two Plus Three	9-5
Bozos	7-7
Dragon Boys	7-7
Equalizers	7-7
Gold Stars	7-7
Senior Power	6-8
Mustangs	5-9
Pinbusters	5-9
Niles Playboys	4-10
Tridentures	3-11
Unknown Stars	3-11
Sandbaggers	2-12
Destroyers	0-14

St. John Brebeuf Holy Name

Team	Points
Dr. Tom Drozd	19
J & B Sheet Metal	14
State Farm Ins.	12
Champs	11
Northwest Parishes	9
Norwood Federal	9
Skaja Terrace	9
Wiedemann Ins.	8
Anderson Secretarial	7
Windjammer Travel	7

Top Ten Bowlers

Name	Points
C. Lindquist	577
S. Filo	573
G. Fullone	569
V. Greco	560
T. Hanrahan	542
J. Jekot	541
J. Fitzgerald	541
J. Drojcek	535
B. Biewald	533
V. Koss	528

Catholic Women's Bowling League

Team Standings	W-L
1st Natl. Bank of Niles	16-5
Debbie Temps, Ltd.	14-7
Ray Old's-Park Ridge	13-8
G. L. Schmitz Ins.	12-9
Candlelight Jewelers	11-10
State Farm Ins. Beierwaltes	9-12
Classic Bowl	7-14
Skaja Terrace	3-18

Niles Baseball League registration

The Niles Baseball League will hold registration for the 1989 season on Saturday, January 21, from 10 a.m. to 3 p.m. Registration will be held at the Niles Park District Recreation Center, 7877 Milwaukee Ave., Niles.

All Boys and Girls born between 7-31-74 and 7-31-82 are eligible to join. Teams will be formed according to ages. (7 & 8 year olds, 9 & 10 year olds, 11 & 12 year olds, 13 & 14 year olds, 15, 16 & 17 year olds) Teams begin to practice in early April and games conclude in late July.

Contact Sharon & Steve Vitale at 965-5423 for further information on registration.

St. Scholastica Stingers undefeated

St. Scholastica High School's Varsity Basketball Team remains undefeated with a record of 9-0. Sr. Noreen Ferrari is the varsity team coach. Team members include seniors, Kelly Fitzgibbons, Pam Schaffrath, Jo Ellen Thiel, Kathleen Flaherty, and team manager Yvonne Valdez and juniors, Margaret

Niles Soccer Awards



Niles Park District Soccer League received awards for League play. Pictured is the 2nd place, 3rd and 4th grade Warriors with Coaches William Solinski and Harry Achino.

Hockey White Rangers victorious

The Squirt White Rangers squeaked past the Squirt Blue Rangers by the score of 1 to 0. It was the first time in more than ten years of this ever expanding hockey organization that two teams from the same level played each other. The game proved worthy of the wait.

A defensive battle was evident from the start as Squirt Blue goalie Adam Lovekamp and Squirt White goalie Tony Turner both faced some early pressure as each team pushed for that all important first tally.

The Blues received strong defensive play from David Christie, Mike Mazzola, Rich Grabowski and John Barone while offensive sparks came from Rich Aulich, John Flores and Pat Cline.

However a fine scoring effort was set up by the excellent passing of Gus Drivas and Anthony Colletta and was finished off when Jimmy Sikaris pumped a shot into the upper right hand corner of the net off a rebound shot. Dan Frankfort, David Zawadzki and Jim Lubinski also played well for the Squirt White team.

In a game that easily could have gone either way Squirt White was able to withstand tremendous pressure late in the third period leaving both teams eagerly awaiting the January 31 rematch.

Raider of the Week award

Oakton Community College women's basketball player Patty Sikorski has been named recipient of the Raider of the Week award, which is presented for an outstanding achievement in intercollegiate athletic competition.

Sikorski, a 5-foot 8-inch sophomore forward/guard, scored a game-high 27 points and pulled down a career-high 20 rebounds to lead Oakton to a 57-42 win on Dec. 3 over Morton College in a Skyway Conference opener. The former Niles North star also dished out 5 assists and came up with 3 steals.

Res Volleyball Tournament

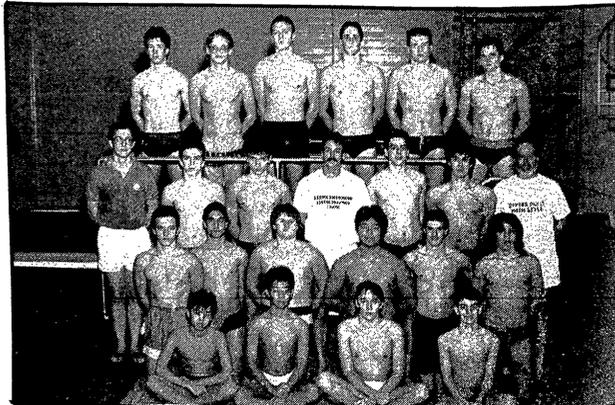
Resurrection High School will host its annual "Res Bandit Grammar School Volleyball Tournament" on Saturday, Jan. 28.

The tournament will begin at 9 a.m. and will include 10 teams in competition rounds. Admission of \$5.00 for adults and \$2.50 for children will be charged. Food and drink will be available throughout the day.

Dawn Konow, head volleyball coach, is coordinating the tournament.

For further information call Resurrection High School at 775-6616. Come and join us for a fun-filled day of volleyball.

Maine East Demon swimmers



Maine East Demon swimmers host Evanston Friday, January 20, and travel to Zion-Benton Tuesday, January 24. The team is 5-0 with recent wins 127-38 over Waukegan East and 99-45 over Elk Grove. (first row, l-r) A. Kwan, S. Chen, R. Warzecha, S. Orlove. (second row, l-r) W. Wojcik, R. Palermo, M. Sampson, J. Chang, S. Naegle, J. Weldon. (third row, l-r) Coach M. Shirley, R. Izzo, N. Taranu, Coach S. Gullfoil, N. Schecter, B. Tietz, Coach E. Detrick. (top row, l-r) J. Belleau, R. Hauptmann, S. Williams, J. Weber, S. Boryk, R. Gwizdz.

Maine East gymnasts keep positive attitude

Although the season is not starting out the way the Demon gymnasts expected, the Maine East team is determined to stay optimistic despite some unusual injuries to key competitors. Coach Betty Axelson was looking forward to the best season start in 19 years, but although it hasn't turned out that way the coach is pleased with the team effort. The leading Demon scorer thus far has been Fr. Angle DeMano, who has averaged an 8.5 in the All-Around, with high scores being a

8.0 on Vault and Floor Ex, and an 8.3 on Beam. Jr. Co-Capt. Debbie Tingas has consistently been the 2nd best All-Around, with high scores of 8.0 in Floor Ex and 8.2 in Vault. Fr. Julie Paternak has been contributing to the Bars effort with a season high of 8.7, scored at the Dec. 28 meet, being the best routine this year with the addition of a difficult "giant" swing. Coach Axelson is counting on Paternak being back in the All-Around line-up by the end of the season, as well as on Fr. Janis

Szukala, also side-lined with a foot injury. Szukala will be a dominating All-Around by the end of Jan., predicted Axelson, and "with these two back in the line-up, Maine East will be a much stronger team."

However, the Demons have done well despite not having their top competitors, and the coach gives a great deal of credit to Sr. Capt. Regina Bacci, sophomores Jenny DeMano, Alison Muench, and Michelle Scott, and Fr. Bridget Regan. "Regina is the

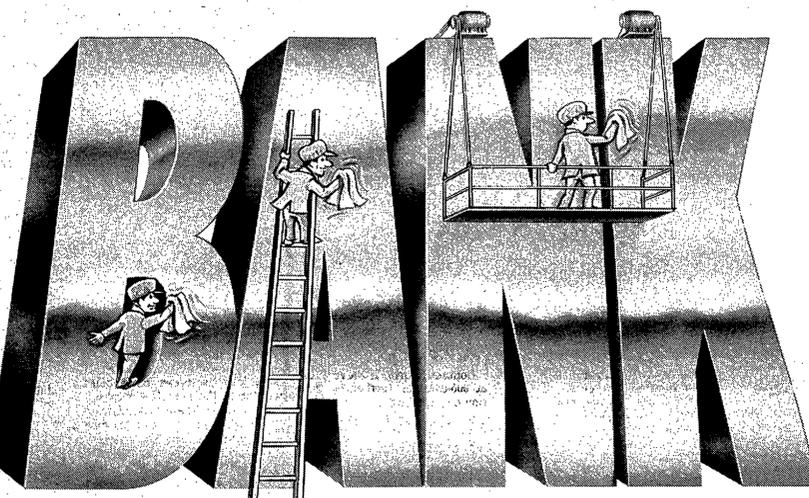
team's beautiful dancer on Beam and Floor, and Jenny has done a super job this year. I'm really pleased with their improvement and hard work, and it certainly has been a big boost to the team."

Two other gymnasts, Alison Muench and Michelle Scott have also been doing a solid job in the All-Around, as well as Bridget Regan, a freshman who is just starting to compete at the Varsity level, and already averaging a 7.0 in the All-Around. And in the JV meets, Sophomores Cheryl Mar-

time and Kim Baim are steadily improving, along with freshmen Jill Kolb and Kris Fancsalszki, who will be ready for optional competition towards the end of Jan.

Coach Betty Axelson is looking forward to the end of the season, when hopefully everyone is "healthy and competing up to the best of their ability." The Demons host Glenbrook South on Jan. 10, and then host the IHSA Regional Qualifying Meet on Friday, February 3.

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to expect from us since 1928. If you're already a customer, we thank you for your business and your confidence in us. If you're not yet a customer, we invite you to stop by the convenient Peerless Federal office in your neighborhood. And sample banking the Peerless way.



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HEALTH NEWS

Toilet training and bed-wetting program



Dr. Rekha Agrawal

"Coping with the Problems of Toilet Training and Bed-Wetting" is the topic of a free communitywide health education program to be presented Tuesday, January 31 at Resurrection Medical Center, 7435 W. Talcott Ave., Chicago. The free community health

Meeting to help laryngectomies cope

The meeting of the New Voice Club of Swedish Covenant Hospital on Tuesday, January 24, at 6:30 p.m. in the Anderson Pavilion, 2751 W. Winona, will break into two discussion groups; one for laryngectomies and one for those who live with a laryngectomy. The New Voice Club is a support group for laryngectomies, those who have had their voice box surgically removed, and for members of their family. Each group will be led by a social worker and a speech pathologist. Time will be given for discussion of issues of concern as well as sharing coping techniques.

Prior to the regular meeting an informational session for new members or those needing a review will be held at 5:30 p.m. They will cover equipment, special CTA services, stoma care and financial help. Call Sheila Derman at 878-8200, Ext. 5305 for reservations or information.



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education program will begin at 7 p.m. in the Sister Anne Room, located on the medical center's lower level.

Dr. Rekha Agrawal, a pediatric nephrologist on staff at Resurrection Medical Center, will speak about the medical problems and difficulties children encounter, and the emotional stress the parents face during the period of toilet training and bed-wetting.

"Parents as well as their children face incredible amounts of stress and aggravation during this difficult period of development, yet parents need to be patient," Dr. Agrawal noted.

The physician also added that almost two percent of school-age children have some problem with bed-wetting. Nearly 10 to 15 percent of five-year-olds have bed-wetting problems at least once a week, but as they grow older the incidents decrease. Other statistics indicated that seven percent of 11-year-olds bed-wet at least once a week.

Advance registration is appreciated. For more information, please call the Health Promotion and Wellness office at 792-5022.

Stop smoking clinic in Skokie

The new year brings with it many resolutions to improve oneself. A common resolution is to stop smoking. Making such a resolution is often not enough. Many people need assistance to stop smoking.

The Skokie Health Department will be offering a Stop Smoking Clinic for Skokie residents beginning on Wednesday, Jan. 25, at 6:30 p.m. The clinic consists of five sessions and will meet over a two-week period. The clinic is being conducted by staff from Resurrection Hospital, which is noted for its excellent health promotion programs.

There is a \$10 registration fee for the clinic. The fee will be refunded to any individual who successfully stops smoking by the end of the clinic. The clinic size is limited and advance registration is required. For more information or to register for the clinic, call the Skokie Health Department at 673-0500, Ext. 238.



MRI delivered to Rush North Shore



A new seven-ton magnet is being delivered to the magnetic resonance imaging (MRI) center at Rush North Shore Medical Center. After it is in place with its steel casings, the equipment will weigh 40 tons and will be the most technologically advanced and most powerful MRI equipment available.

MRI equipment permits non-invasive imaging of all parts of the body, including bones, joints and blood vessels. Rush North Shore Medical Center was the second hospital in Illinois to purchase an earlier generation of MRI equipment back in 1984, shortly after similar equipment had been purchased by Rush-Presbyterian-St. Luke's Medical Center in Chicago.

Radiology seminars for health professionals

Seven Radiology seminars for individuals working as radiologists, nurses and other medical personnel will be offered by the Oakton Community College MONNACEP Office. All seminars are held from 6:30 to 9:30 p.m. and cost \$20 each.

The following seminars will take place in room 149 at Maine East High School, Potter Rd. at Dempster, Park Ridge: "Generalized uses of Radioactive Materials" on Tuesday, Jan. 24 and "Handling the Radioactive Emergency Patient" on Thursday, Feb. 9.

The following seminars will be held in the Auditorium Lobby of Niles North High School, 9800 Lawler, Skokie: "Quality Assurance in Radiation Therapy" on Wednesday, Feb. 1; "Nuclear Medicine for Radiologic Technologists" on Wednesday, Feb. 15; "Overview of Radiation Therapy" on Wednesday, Feb. 22; "Treatment Options for Cancer Patients" on Wednesday, March 15; and "Applications of Radiation in the Treatment of Malignant Disease" on Wednesday, March 29.

Hospital schedules health tests

Testing for total cholesterol, glucose (blood sugar) and anemia are scheduled for Monday, January 23, and from 8:30 to 11 a.m. Each test costs \$2 but it costs \$5 for all three. Also tested on the same dates are lipid profiles measuring HDL, LDL (good and bad cholesterol) and triglycerides for a \$10 fee. Edgewater physicians recommend an eight hour fast and will be available to discuss participants' results.

For further information please contact 878-6000, ext. 3100. Edgewater Hospital is located at 5700 N. Ashland Ave. in Chicago.

seven seminars will receive a special discount fee of \$120. MONNACEP is the adult education cooperative, Oakton and the Maine, Niles and Northfield Township high schools.

For registration and information, call 635-1808.

Edgewater Hospital opens new Emergency Department

Edgewater Hospital is pleased to announce the opening of its new, state-of-the-art Emergency Department in mid-January, 1989. Richard L. Stensrud, President and Chief Executive Officer, states that, "While several Chicago-area hospitals have closed their doors recently, Edgewater Hospital is opening new doors to benefit our community. Our new Emergency Department is more than four times the size of the existing facility, and with ten beds, is capable of treating twice as many patients."

The new Emergency Department offers advanced patient-care technology, including heart monitors at each patient bed, a master patient monitor at the nurse's desk, a dedicated X-ray unit in the Department, and a "mini-lab" that can rapidly perform critical blood and urine tests on the spot, reducing time spent in taking samples to the main laboratory. The Emergency Department also has a comfortable family waiting area and a paramedic and police lounge.

Edgewater's Emergency Department is staffed by Board-certified and Board-eligible emergency physicians, many of whom have completed Emergency Medicine residencies in leading trauma centers. Dr. Scott Cooper, Medical Director of the Emergency Department, is Board-certified in both Internal Medicine and Critical Care Medicine. Mary McGarrigle,

R.N., Clinical Unit Manager of the Emergency Department, notes that many of the nurses who staff the Department are certified in Cardiac Life Support and are capable of handling nearly every type of urgent situation that patients may face. "Our staff nurses, technicians and support personnel are dedicated and highly-motivated," states Ms. McGarrigle, "and are the equal to any emergency department staff in Chicago."

One hallmark of the quality of Edgewater's Emergency Department is the daily case review session conducted by Dr. Cooper, Ms. McGarrigle, and other Department staff members. According to Dr. Cooper, "We have an extensive Quality Assurance program in the Emergency Department, designed to ensure that all patients receive the best and most appropriate care possible. Our daily review sessions allow us to discuss the care provided to each patient, and to resolve any problems that we encounter. This continual peer review is the 'state-of-the-art' in emergency care performance monitoring."

Edgewater has long been a pioneer in advanced medical care, and was one of the first hospitals in the country to offer thrombolytic (blood-clot reducing) heart drugs, a dedicated Coronary Care Unit, and a rooftop helipad for rapid transport of emergency patients, as well as Chicagoland's largest and most

active Hyperbaric Chamber. Mr. Stensrud says that, "Edgewater Hospital has served our community for 60 years, and our new Emergency Department is part of our continuing commitment to the community. In addition to our emergency services, Edgewater offers strong programs in intensive care, cardiovascular care, surgery, obstetrics, and pulmonary and hyperbaric medicine. Our physicians, nurses and staff are dedicated to providing the best and most personalized medical care available."

First Aid course at Leaning Tower

Registration is open for a course in first aid training to be held from 9 a.m. to 5 p.m. on Saturday, Jan. 21, at the Leaning Tower YMCA, 6300 W. Touhy Ave., in Niles.

The multi-media course will be conducted by Evelyn Merki who is certified by the American Red Cross to teach and issue certification for the program. For additional information, contact Evelyn Merki, Assistant Aquatic Director, at 647-6222.

The One And Only Superstore

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In January, The SUPERSTORE is celebrating their 30th anniversary. We are also holding our

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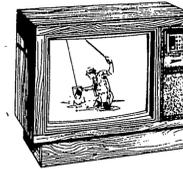
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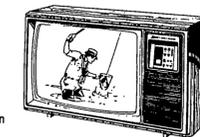
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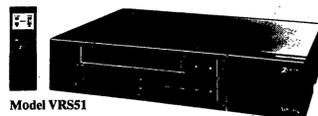
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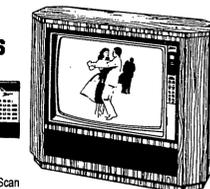
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- Chromacolor Contrast PictureTube
- 178 Channel Tuning



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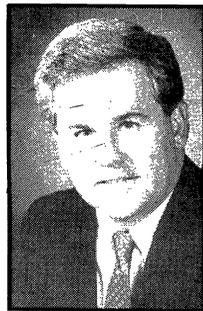
THE BUSINESS PICTURE

Burke joins PlainsBank as Vice President

John A. Burke, formerly Vice President, Commercial Lending, at First Chicago Bank of Mount Prospect, has joined PlainsBank of Illinois as Vice President, Commercial Banking, according to an announcement by Robert B. Bowman, president of the bank.

Burke will serve as loan underwriter and account manager for many of the bank's key commercial relationships, bringing eighteen years of northwest suburban banking experience to that position. Prior to his most recent position at First Chicago (formerly known as Mount Prospect State Bank) he was Vice President, Investments, following an appointment there as Investment Officer. Earlier positions were at Golf Mill State Bank, where he was named commercial loan officer after serving as assistant cashier. Burke began his banking career at Old Orchard Band & Trust.

Burke holds a Bachelor of Arts degree in Political Science from Loyola University and a Master of Management and Finance



degree from Northwestern University. He was recently designated a Certified Financial Planner by the International Board of Certified Financial Planners. He has also attended the National Commercial Lending School in Norman, Oklahoma.

Citicorp Savings appoints manager

Citicorp Savings has appointed Richard D. Sincere, 35, vice president-branch manager of the Northbrook branch.

Sincere joined Citicorp Savings in 1984 as assistant product manager of student loans. He was later promoted to manager of Unsecured Credit. Sincere most recently held the position of vice president of Retail and Relationship Marketing prior to joining Citicorp. Sincere worked for Wilson Sporting Goods as assistant product manager and had previous experience including seven years in insurance sales.

A native of Highland Park, Illinois, Sincere received his bachelor's degree in history from the University of Wisconsin in 1975, and also earned a M.M. in marketing and finance from Northwestern University in 1983.



Richard D. Sincere

Name change to Peerless Federal Savings Bank

Peerless Federal Savings and Loan Association will now be known as Peerless Federal Savings Bank, the savings institution's board of directors announced.

"This slight change in our name reflects our renewed focus on retail banking activities and our continued dedication to providing the highest quality of service to all of our customers," said Eugene J. Rudnik, Jr., President of the \$215,000,000 savings bank.

Mr. Rudnik went on to explain, "We are a full-service retail banking institution and our new name better reflects the resources we have to serve all of our customer's financial needs.

According to Rudnik, Peerless Federal Savings Bank offers high rate CDs, totally-free checking, home and consumer loans, IRAs, securities and investment advice through INVEST(TM) investment brokerage services, and more.

The change to Peerless Federal Savings Bank in no way affects the safety of deposits, since deposits at Peerless Federal are insured safe by a U.S. Govern-

ment agency. Neither will it affect any customer's current savings or checking account nor will it affect loans or loan payments of customers, the chief executive explained.

Since 1928, Peerless Federal Savings has served Northwest Chicago and suburbs. It currently provides financial services through a network of six offices including the main office at 4930 North Milwaukee Avenue in Chicago and branch offices in Niles, Schiller Park, and Park Ridge as well as Chicago's Northwood Park and North Park.

CPA meeting

IRS Examination Division Chief Gary Jurovich will provide an "Update on IRS Programs, and Preparer Penalties" at the next meeting of the North Shore Chapter of the Illinois CPA Society. The meeting will be held on Tuesday, Feb. 14, at the North Shore Hilton Hotel, Skokie, with dinner at 6 p.m. and speaker at 7 p.m. Admission is \$20. For more information, call Michael Teitelbaum at 498-9620.

Real Estate education classes

For more than 20 years Real Estate Education Company has been preparing prospective salespeople and brokers for their real estate careers.

Enrollments are being accepted for the salespersons prelicensing, five-week, Basic Real Estate Transactions course beginning February 8. These classes will be held at Holiday Inn, 5300 W. Touhy, Skokie.

To register or for additional information about review and brokers courses, please call Real Estate Education Company toll free at 1-800-521-3395 or 312-922-6666.

Cragin Federal reports earnings

Cragin Federal Bank of Chicago reported near-record net income for 1988 of \$33.1 million on gross income of \$223 million. For the third consecutive year, the Bank has earned \$33 million or more.

Reserves, assets and deposits also reached all-time highs as of December 31, 1988. Assets jumped 14.2 percent from \$2.06 billion at the end of 1987 to \$2.36 billion—the highest level in Cragin's 80-year history. Reserves increased 22.2 percent, reaching \$182 million by year-end, compared to \$149 million a year ago. Deposits grew 11.8 percent, from \$1.585 billion a year ago to \$1.773 billion.

Cragin currently has the highest earned surplus (versus contributed or paid-in capital) of any Illinois thrift. Cragin's 10.3 percent ratio of new worth to total savings deposits is one of the highest nationally among thrift institutions.

"We're quite pleased with our performance in 1988, which was a tough year for the industry as a whole," said Adams A. Jahns, Cragin president and chairman.

"During the last three years, Cragin has earned after-tax profits of \$26.3, \$36.5 and \$33.1 million. Our profitability and reserves continue to reflect the financial strength and security Cragin offers its customers."

The NATIONAL THRIFT NEWS recently named Cragin the most profitable thrift in Illinois among the state's largest savings associations. The ranking was based on return on average assets (ROAA) among the 240 largest thrift institutions with more than \$1 billion in assets as of June 30, 1988. Cragin's ROAA of 1.74 far surpassed the 1.00 ratio considered outstanding by industry standards.

Cragin's fourth quarter net income was \$7.7 million on net pre-tax income of \$13.2 million. Federal income taxes paid were \$16.8 million in 1988.

Cragin issued 3,060 residential mortgages, adding loans valued at \$448 million to its books.

Cragin Federal Bank, which opened its 24th office in 1988, has 11 locations in Chicago and suburban offices in Itasca, Norridge, Niles, Park Ridge, River Forest, Mt. Prospect, Schaumburg, Wheaton, Glen Ellyn, Carol Stream, Lombard, and Warrenville.

Harvey W. Limpin

Marine Pfc. Harvey W. Limpin, son of Vidal C. and Helen M. Limpin of Lincolnwood, recently complete the FAAD Gunner Course.

Golf Mill'ing Around The Mall

by Linda Zachow

by Linda Zachow

Midwinter greetings from GOLF MILL. In years past the first few weeks of January meant sales with a capital "S". You waited all fall and gritted your teeth during Christmas when that special item wasn't under the tree. You had to chain yourself to a chair waiting for the sixth markdown and you've been drooling since last August.

It's sale time! You walk into one store and out of another. There's one sale rack with nothing you like. In some stores there are no racks left at all. You are dazed, bewildered, trapped in a world where the last time you saw giant markdowns and scads of merchandise was before Christmas—a world where winter merchandise has been picked clean as if a plague of locusts had descended. You have just entered the "play it safe, keep your inventory lean" zone of this year's retail world.

That's exactly what happened to this reporter after spending Christmas week out of town and out of stores. After reading Business Week, we knew it wasn't just our imagination. According to their article on retail sales, "This year's markdowns were premeditated and inventories were kept lean. Because inventories were managed so well this year, post-Christmas bargain hunters found slim pickings."

Be ready next year to get whatever it is you want before the holiday weeks are over. With changing economic and demographic trends, the retail world must also reflect the times.

Older children's clothing was one area where there was a shortage at Golf Mill this post-Christmas season. On the bright side, a new store specializing in children's merchandise and apparel opened in December, McKIDS, managed by Bill Jensen. McKIDS is the epitome of retail specialization aimed toward a particular market—the with-it kid. From the special children's entrance to the diaper changing facilities, it's hard to recognize it as a retail establishment. McKIDS is more like a kids' fun club.

Bill told us that's exactly the way the parent company, SEARS, planned it. McKIDS is totally served to meet the needs of children. In the initial planning stages, National Corporate Director John Whitehead, actually planned the decor while sitting on the floor to gain a child's perspective of color, height, and layout. "We're 29,000 square feet of fun, and we're beating the competition," Bill boasted for good reason.

McKIDS' employees are given a week of special training with a child psychologist before working with children. They've taken special mini courses in storytelling and crafts. Bill shared his excitement about the once-a-week story telling time that will be starting soon. They also plan once-a-month craft time on Sundays. It takes special employees to make a go of these activities. Most of McKIDS employees are teachers or former teachers of small children.

The store has a giant play area to keep junior busy while mom does the shopping. In addition to a play kitchen, it features an Apple Computer the kids lovingly refer to as the "puter". When a young customer gets bored with solving the world's most important problems on the "puter", they can watch special videos from the bleachers in the shoe department. Sales people stock their aprons with special giveaway toys to make leaving more bearable. Otherwise, young tempers flare when it's time to leave. Visit McKIDS for the ultimate in children's stores and don't bump your head by taking the for-kids-only entrance in the front.

Another store that specializes in the creme de la creme is M/K FLORSHEIM SHOE STORE. For generations the name Florsheim has been the Cadillac or Mercedes Benz of the shoe world for men.

Unusually enough, this Florsheim store is managed by a woman, Debbie Pisovicz. Male co-workers testified and couldn't praise Debbie's expertise enough. They say, "She's an expert and real pro on shoe fit, quality, and has a gift of being able to sense what the customer desires."

Debbie also gave us some winter shoe care tips. With today's prices, shoes are more than a necessity. They are an investment. A few years ago men wouldn't have bothered with shoe care but today, men are more likely to want to make that special pair last.

Debbie told us, "Don't use silicone sprays on leather. They cause leather to dry up and crack. Polish shoes regularly. If your shoes get wet, never, never, try to hurry the drying process by placing them in front of a heater. It shrinks the leather and hardens it."

For quality and style trusted for generations, shoes from Florsheim are an American tradition.

Until next time see you at the mall.

Skokie resident receives small business award

The Illinois State Senate recently passed a resolution honoring Donald Aleshire, Jr., president of Parker, Alshire and Company, a full-service insurance agency, with the 1988 Small Business Association Award of Excellence.

The award recognizes Aleshire for his dedication to improve the business climate in Illinois and for his work in establishing an association policy.

A member of the Skokie Chamber of Commerce for over 20 years, Aleshire attended the University of Miami, spent two years on active duty in the Navy and 24 years in the Naval Reserve.

SENIOR SEASONS

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- SPECIAL SERVICES • SENIOR NEWS



THE BUGLE'S SENIOR GUIDE

SENIOR SEASONS

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Local seniors explode myth of post-holiday travel exodus

by Shellya Hackett

Local seniors are exploding the myth that they leave town in large numbers after the holidays to escape winter's snows. Mary Kay Morrissey, Director of Niles Senior Services, and Nancy Reynolds, assistant to the Director of Morton Grove's office, are seeking no great exodus of those involved in the villages' senior programs. "Only a small percentage go," says Morrissey, "although some will, and they may even stay away a few months."

Alice Schleiter, Manager of Windjammer Travel Service in Niles, reports that, for the elders, "Weather is not everything; it's a small part of their lives. They feel family and friends are important, and

they're often involved in senior programs that keep them active at home."

But when they do go away, says Schleiter, they will often pick a week or longer Caribbean cruise, and then stay on for another week in Florida. "Economics are no problem."

Ed Peterson, Manager of Ask Mr. Foster Morton Grove Travel, adds that when seniors get away, they, like most people, want to go "anyplace warm." The owner of Your Travel Agent in Niles, Eva Kunetka, points out that seniors have more time at their disposal, and if they can afford it, will spend four to six months in warmer climates. If time or money is a consideration, they may choose a four to five night

stay in Las Vegas.

Visits to Arizona and southern California are next in popularity after Caribbean ports of call and Florida stays, according to Judy Inglis, Manager of Polonia Travel Agency, Inc., Morton Grove. Inglis pinpoints the Florida resorts of West Palm Beach, Tampa, Fort Lauderdale and St. Petersburg as those most visited. Epcot Center in Orlando is of interest to adults who may have seen the original Disney World with their children.

Lecture on sexuality and aging

"Sexuality in Later Years," a Passages through Life lecture will be held from 1 to 2:30 p.m. Tuesday, Jan. 24 in room 112 at Oakton Community College East, 7701 N. Lincoln Ave., Skokie.

Dr. Jonathan Scott, clinical director at Michael Reese Sexual Diagnostic and Treatment Center, will explore the normal aspects of sexual behavior and discuss acceptable sexual functions, difficulties, and treatment options in cases of dysfunction. Donation is \$1. For information, call 635-1414.

Singers wanted

Singers wanted! Men and women who love to sing are welcome to join the Des Plaines Park District Senior Singers. We perform regularly in the local area throughout the year, and are just now learning new songs for up and coming performances.

Our director is Ethel Dahlin-Bernstein and our assistant director/accompanist is Lenore Galvin. Rehearsals are held every Monday at 1 p.m. at the Senior Center, 1040 Thacker/Dempster Rd., in Des Plaines. Call Ethel at 635-7335.

Body Basics lecture



The Niles Park District will host a presentation by fitness instructor Maggie Deutsch on Body Basics at Ballard School, 8320 Ballard Rd. (Ballard and Cumberland), Tuesday, January 31, beginning at 7 p.m. The registration fee is \$2/advance or \$2.50/at door.

The lecture will include acquainting participants with their body type, beneficial exercises and physical activity, problem areas and healthy living. A question and answer period will be included. Those interested may register at Ballard School or the Administrative Office, 7877 N. Milwaukee Ave. For program information, contact John Jekot, 967-6975.

Senior Citizens Art Network art exhibit

The Senior Citizens Art Network (SCAN) and a coalition of community-based organization and city and state agencies are presenting an art exhibit by senior artists to be held May 6-26, at the Daley Center and the State of Illinois Center. The intention is to provide a vehicle for senior artists to exhibit their works and be acknowledged for their talents.

The SCAN show will be the first of its kind in the city, and among the first in the nation. The show will be a juried, no-fee exhibit open to residents of the Chicago metropolitan area who are 60 years of age or older. The following categories of two-dimensional art will be represented: Painting, Drawing, Photography, Printmaking, Fiber Art, Mixed Media. A maximum of three works per artist may be entered, and must have been completed within the last two years.

Application deadline is March 15, 1989. Brochures will be available after Jan. 30, and may be obtained by sending a stamped self-addressed envelope to: Senior Citizens Art Network/DAD, 510 N. Peshigo Court, 3rd Floor, Chicago, 60611. Attention: Larry Wallingford. Phone is 744-3779.

Laura A. Rapp

"Operation Exodus". Rapp is the daughter of Fern B. Bentkover of 7811 N. Karlov, Skokie.



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(312) 823-5510

WEST OFFICE
705 Warrenville Rd.
Wheaton, IL 60187
(312) 668-8277

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Oak Mill Family Dental Center has new, expanded hours

Dr. Barbara Laskowski is head of the Oak Mill Family Dental Center. Prior to the opening of her private practice, Dr. Laskowski was associated with the Chicago Medical and Dental Center as the Director of its Department of Dentistry. She is a summa cum laude graduate of Mount Holyoke College in South Hadley, Massachusetts and earned her Doctor of Dental Surgery degree from Northwestern University School of Dentistry. After graduation Dr. Laskowski was invited to join the private practice of the internationally recognized dentist, Dr. Emil Stutz, in Richterswil, Switzerland. Upon her return to the United States, Dr. Laskowski chose to establish her practice in our community.

As a public service to families in our community Dr. Laskowski has volunteered to provide free of charge, diagnostic x-rays or study models as a means of identification to aid the various com-



Dr. Barbara Laskowski

munity associations involving missing children.

Dedicated to the well being and dental health of the members of our community, Dr. Laskowski and her staff welcome inquiries and visits to her office located in Oak Mill Mall at Oakton and Milwaukee Aves. The office now has new expanded hours, open 6 days a week for your convenience.

Senior Homestead Exemption

Senior Citizens who are registered for the Senior Homestead Exemption automatically qualify for the Homeowner's Exemption. They merely renew their Senior Homestead Exemption and automatically qualify for both exemptions. Niles Township Seniors should be receiving Senior Homestead renewal forms from the Cook County Assessor's Office in January of 1989.

Senior Homestead Exemptions reduce the Equalized Assessed Valuation of a dwelling by \$2,000. This may result in approximately \$200 of savings for each Senior homeowner.

If you do not receive an application for this benefit from the Cook County Assessor's Office at your tax bill mailing address by the end of January, 1989, contact the Niles Township Assessor's office at 5255 Main Street, or call 673-9300 and ask for Assessor Hanrahan's office. We will be happy to assist you in filing for this valuable deduction.

Parkside to hold memory workshop

Parkside's Memory Workshops will be held on Wednesdays, Feb. 8, 15, and 22 from 1:30-3:30 p.m. at Nathanson School, 9375 Church Street in Des Plaines (at the corner of Church and Potter Road). There are changes that occur in memory as people grow older, but for almost everyone, memory can be improved with training and practice. The workshop will dispel the myths of memory loss and will teach how memory works, changes, and improves.

The fee for the three sessions is \$50. Pre-registration is necessary since space is limited. The workshop will be conducted by Mary Freeman, M.S.W., clinical geriatric social worker. It is not designed for persons already diagnosed by their physician as having severe memory loss. For more information, call Older Adult Services at 696-7770.

Rainbow Hospice volunteer training classes

Rainbow Hospice, Inc. has announced plans for volunteer training classes to be held at Resurrection Medical Center on Sat., Feb. 4, 9 a.m. to 2:30 p.m., Mon., Feb. 6, 13, 20, & 27, 7 p.m. to 9 p.m., and Sat., March 4, 9 a.m. to 2:30 p.m. The Feb. 4 session is open to anyone interested in learning more about hospice, as well as for those planning on attending the rest of the training program. Additional Bereavement Follow-Up Training will take place on March 6 & 13 from 7 p.m. to 9 p.m.

Rainbow Hospice, Inc., a non-profit community based organization affiliated with Holy Family Hospital, Lutheran General Hospital, and Resurrection Medical Center, serves the northwest area of Chicago and suburbs. The hospice program provides a coordinated effort of health care professionals and volunteers concerned with the comfort and support of terminally ill patients and their families. The hospice team addresses the physical, emotional, spiritual, and social needs of patients and the families.

Volunteers are a vital part of the hospice program. As a volunteer, you might be asked to

do any of the following: being a friend and companion to the patient and family; relieving the primary caregiver for a short period of time; running errands; observing and reporting to other hospice team members; and doing bereavement follow up. While volunteers do specific tasks, their greatest asset to patients and families is their ability to listen. Just their presence makes the

room less lonely. Volunteers can also choose to help out in other areas such as: office clerical tasks and fund-raising activities. There is a great need for persons who have a few daytime hours available, but anyone interested in becoming a volunteer is asked to call Rainbow Hospice, Inc. at 774-2480 for further information and to schedule an interview in January.



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letter to the editor

Grandmothers thank Bugle

Dear Editor:

We wish to thank all the staff of The Bugle and wish all only the best in the new year. Thank you for sending your reporter to our Christmas Luncheon to see all of the packages The Grandmothers brought, which in turn were taken to our special friends at Miranda Manor.

Thank You,
Evelyn Wielgos

Wray W. Bridger

Navy Petty Officer 3rd Class Wray W. Bridger, son of Stan A. and Joanne M. Bridger of 815 S. Western, Park Ridge, IL, recently deployed to Guam with Naval Mobile Construction Battalion-3, Port Hueneme, California. He is a 1984 graduate of Maine South High School.

Wade C. Peterson

Marine Lance Cpl. Wade C. Peterson, son of Douglas L. and Esther E. Peterson of 1013 Perda, Des Plaines, IL, recently deployed to Okinawa, Japan with 1st Tracked Vehicle Battalion, Camp Lejeune, N.C. He joined the Marine Corps in November, 1985.



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Swedish Covenant receives check



Beth (Mrs. Sharukin) Yelda, president of the Swedish Covenant Hospital Service Guild, presented a check for \$135,000 to hospital president, James B. McCormick, M.D., during the SCH Benefit Gala held recently at the Westin O'Hare. The check, which represents proceeds from the Gala will be used in renovating the intensive care unit. The Benefit Gala is co-sponsored annually by the SCH Service Guild and medical staff.

Home maintenance, high costs trouble elderly

"We need help to remain in our homes. Our greatest need is affordable, dependable maintenance," said a Park Ridge couple responding to a housing survey conducted by the Maine Township Senior Citizens Advisory Committee.

Their comment was typical of many of those responding to the survey. Of the 219 respondents, 185 said they would like to remain in the area but most indicated they would be forced to move within the next five years. Of those, 84 blamed the difficulty of maintaining their current housing, 70 said their current housing is unaffordable, and the remainder attributed their predicament to disabilities and other causes.

A couple from unincorporated Maine Township pleaded, "Can someone organize retired carpenters, painters and other tradesmen who want part-time work? We would like to remain in our home but need finding reliable, affordable services."

Others indicated they find it impossible to hire competent help at any price for snow removal, lawn care, odd jobs and home repairs.

Jay Lewkowitz, chairman of the advisory committee, said, "The responses appear to indicate that there is a broad segment of the community who would like to remain in their homes if affordable maintenance were available. Perhaps our committee can direct its attention to establishing some kind of program to meet this need." The survey, published in Maine Township's fall newsletter, was directed at persons 50 and older. Eighty-four of the respondents were under age 65, 104 between ages 65 and 80, and 17 older than 80.

Two-thirds of the respondents found their current housing satisfactory, although difficult to maintain. Of the remainder, 31 expressed a need for subsidized housing. Others said they would prefer smaller quarters, ac-

cessory apartments, shared housing or group living arrangements. Only one person indicated a preference for living with relatives.

The Maine Township Senior Citizen Advisory Committee was established by the Township Board to identify and help the township meet the needs of elderly residents.

The advisory committee plans to explore various options available to help the elderly remain in the community.

Maine Township Supervisor Paul K. Halverson said, "We have more than 20,000 senior citizens living in Maine Township. As the population ages, this number is increasing. The township has been committed to serving their needs. Since one of those needs appears to be a strong desire to remain in the community, we will certainly be interested in any solutions this committee can suggest to help them stay here."

Social security services remain free

People in the Northwest suburban area have received direct mail solicitations asking that they pay \$7 to join an organization that provides Social Security related services. Thomas A. Curin, Social Security manager in Des Plaines, said,

"There is no need to pay any firm money to obtain any of the services provided by Social Security, Curin said. Any person can obtain a statement of Social Security covered earnings without payment by calling a Social Security office and asking for a request for a statement of earnings form (Form SSA-7004-PC (6/88). After completing the form and mailing it, the statement will arrive in a few weeks.

There is no need for a plastic Social Security card, Curin said. The Social Security number card issued by the Social Security Administration is the only official card.

For information about Social Security and free Social Security cards call 1-800-234-5534 24 hours a day, 7 days a week.

Joseph L. Cotton

Army Pvt. Joseph L. Cotton, son of Al A. and Annie R. Ochoa of 8440 Trumbull, Skokie, has arrived for duty at Fort Drum, N.Y. Cotton is a cannon crewman with the 7th Field Artillery.

Hospital offers free prostate screenings

Free prostate cancer screening will be available on January 26 from 9 p.m. to 8:30 p.m., or during regular office hours at Mount Sinai Hospital North, 2451 W. Howard St.

Currently up to 70 percent of patients are surviving five years after treatment of localized prostate cancer. It is important that this form of cancer is discovered early.

Most men who get prostate cancer are least 55 years and the risk increases with age. Rates

are higher among blacks than whites, and more married men than single develop it.

Cancer of the prostate usually involves enlargement of the prostate gland that can lead to urinary problems.

Doctors can detect almost all prostate cancer during a digital rectal exam as a part of regular yearly health checkup after age 50.

For information and an appointment call 761-6000, Ext 5119, Monday-Friday, 8 a.m. to 3 p.m.

Vacation trip winners



Winners of the trip for two to London and Paris raffled recently at Swedish Covenant Hospital's annual Benefit Gala were Mr. and Mrs. George Anderson (left) of West Rogers Park, Candace (Mrs. Craig) Anderson, a co-chairperson of the benefit, and Anna (Mrs. Demetrius) Trakas, member of the raffie committee, are seen making the prize presentation at the hospital. The travel package included all accommodations, tours and airfare.

Oncology Support Group meeting

An open discussion has been planned for the meeting of the Oncology Support Group of Swedish Covenant Hospital which will be held on Friday, Jan. 20, at 1 p.m. in the Anderson Pavilion, 2715 W. Winona.

The meetings are free and open to all cancer patients and their families. For more information, contact Steve Jackson in the pastoral care department, 878-8200, Ext. 5098.

SENIOR SEASONS

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Maine Township helps meet senior citizens' needs

A wide variety of services and programs are available to senior citizens through the Maine Township government.

Maine Township has one of the largest senior citizen populations in Cook County numbering nearly 20,000.

Supervisor Paul K. Halverson said, "They are a valuable part of our community, and we attempt to provide a wide variety of services to meet their needs."

One of the key programs provided by the township is an information and referral clearinghouse to help seniors obtain information on housing, medical services, social and mental health services, nutrition, home-delivered meals, social activities and a variety of other services. Senior citizens and their families can take advantage of the information and referral service by calling the social services department at the Maine Township Town Hall, 297-2510.

This program is partially supported through grants awarded to Maine Township by the Suburban Cook County Area Agency on Aging. To date, the township has received seven awards from the Suburban Cook County Area Agency on Aging to continue providing information and referral services.

Senior Citizens can also find fun and companionship through

the many activities offered by the Maine Township Seniors, a social group sponsored by the township. The group offers frequent day trips, theater outings, bingo and monthly luncheons at a nominal cost to members. It also has begun popular mini-vacations and longer trips.

Maine Township Seniors activities in most cases are limited to members. Applicants must be 65 or older and provide proof of residency.

To receive a membership application and obtain reservation information, call Sue Neushel or Helen Jung at the Maine Township Town Hall, 297-2510.

The township also offers OPTIONS 55, a social program for pre-retirement adults, aged 55 through 65. Trips, theater programs and special events are scheduled evenings and weekends for the convenience of members.

Maine Township also sponsors a discount card to help seniors boost their buying power; provides RTA special users passes and handicapped parking cards through the Clerk's office; and participates in the Paratransit Resource Center to provide transportation at special rates to seniors who are unable to use public transportation.

For information on any of these programs, call 297-2510.

Niles Senior Center seeks volunteers

The Niles Senior Center, 8060 Oakton in Niles is seeking volunteers for its office and for its friendly visiting program.

Volunteer coordinator Karen Hansen commented that these two areas were among some of the senior center's most interesting and challenging opportunities: "I know that there are people out there who would be great at this. I just don't know where to look for them."

The volunteer office reception positions require a cheerful disposition and good telephone skills. Hansen indicated, "I'm open to several ways of filling these positions, such as someone coming in to handle a specific task or two persons job sharing one position, thereby cutting down the time commitment. We are also hoping that men will consider the opportunity. It's remarkable how positively people respond to some of our gentlemen up at the front desk. These volunteers have the opportunity to meet so many nice people."

The friendly visiting program requires a volunteer willing to spend one hour per week visiting one person who is homebound. Hansen indicated that while this

VFW entertain Hines vets

Patients in the spinal ward as well as those in the extended care nursing home at Hines Hospital in Maywood participated in Bingo Games supervised by members of Park Ridge veterans of foreign wars and its ladies auxiliary during their recent holiday visit. Winners received coupons entitling them to purchase personal articles.

Auxiliary president Elaine von Schwedler noted that during their holiday visit each patient in the spinal ward received a monetary gift plus a crocheted candle which was made by President von Schwedler. Presentation was made to the patients by Sr. Vice Commander Ron Kobleuch and Auxiliary President Elaine von Schwedler.

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Rush North Shore Medical Center

Preserving traditions at Park Ridge Healthcare Center

At Park Ridge Healthcare Center, a 46-bed intermediate care facility at 665 Busse Highway, Park Ridge, the operating philosophy is based on the dignity of the individual.

The facility knows that when an individual comes into a long term care setting they make many concessions and with aging lose control over many facets of their life. The staff at Park Ridge believes that the one fact that should always be preserved is the memory of sacred family or religious traditions, especially during the holiday season.

As part of the holiday celebration this year the center is incorporating an intracultural exchange of Christmas traditions, including Chanukka festival of lights and the Christian advent wreath. All of the residents will be encouraged to share in the many ways the season is celebrated.

Serving these traditions makes Age timeless.

Good news for Mature Motorists
Older drivers across the country are taking advantage of a course for mature citizens offered by the American Association for Retired Persons (AARP). They are looking their limitations in the eye and learning how to compensate for these problems.

Many of these folks are getting discounts on their auto insurance in the process.

This program is titled '55 Alive/Mature Driving,' the one defensive driving course designed for the mature driver. Anyone age 50 and over can attend the eight hour class (taught in two, four hour sessions) and emerge with a card from AARP and a certificate from the office of the Secretary of State. The certificate from the state entitles you to a discount on liability insurance premium. Pre-registration is required. Classes scheduled as follows: Feb. 4 and 11 at the Niles Public Library, 6990 Oakton, Niles, (North east corner of Waukegan & Oakton) from 12:30-4:30 p.m. To register and/or for information, call: Vel Durham, at 344-4172.

Niles to offer medicare lecture

The Niles Senior Center, 8060 Oakton in Niles will offer a program on the interface between medicare supplemental insurance policies and the medicare catastrophic act on Monday, January 30 at 1 p.m. Ms. Lisa Dietmeyer of the Blue Cross and Blue Shield Seniors in the Neighborhood will present the generic lecture.

Program coordinator Karen Hansen commented that she is expecting a large attendance at this event. "This is our fourth and final program in the lecture series on the catastrophic act. I am pleased that so many of our senior citizens did take advantage of these programs. Now senior citizens may have a better understanding of how this law will affect them. Ms. Dietmeyer will have a big crowd. She was here last year and everyone's response was really enthusiastic."

There is no charge, but reservations are required. For reservations or for more information call 967-6100, Ext. 376.



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APRIL	APRIL	MAY
17-22 Glucose Screening	26 Blood Pressure/Cholesterol Screening (\$5 fee)	8-12 Blood Pressure/Cholesterol Screening (\$5 fee)

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JCC lecture on lower back pain

A group of medical experts estimate that at some time during their lifetime, lower back pain affects two-thirds of this country's population. That is why the Bernard Horwich/Mayer Kaplan Jewish Community Center (JCC) is presenting the talk "Lower Back Pain", on Wednesday, Jan. 25, at the Kaplan site, 5050 W. Church, Skokie. The talk will be given by rheumatologist Herman M. Eisenberg, M.D. The talk is being sponsored by the Lutheran General Medical Group. It is the third in a six-part health seminar.

Most people's back problems can be treated and resolved. But for others, low back pain can be

persistent and disabling. Dr. Eisenberg will explain how, based on experience, key treatment of back pain lies in accurately identifying the cause of the pain, then developing treatment to relieve discomfort as much as possible.

Dr. Eisenberg studied at the Wisconsin Medical School, then completed his internship and residency at Mount Sinai Hospital in Chicago. He is a member of Lutheran General's Medical Group, a 140 member multispecialty physician group affiliated with the Lutheran General Health Care System.

This program is free. For more information, call Carolyn Topick at 675-2200.

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Dr. J. P. McParland
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7508 N. HARLEM AVE. CHICAGO, IL 60648

Muscular back problems fall into three categories

Muscular conditions of the back may be generally divided into one of three categories.

Acute, in which the individual undergoes extreme discomfort for a relatively short period of time, perhaps a week to ten days. Once this condition is rectified the patient is usually free of pain for months, perhaps years, until it occurs again if not properly corrected.

Chronic, wherein the patient has a low grade, rather insidious problem. This is usually not debilitating but does indicate that "something is wrong". It may occur daily, several times a week or many times on a monthly basis. People, unfortunately have a tendency to ignore this type of disorder because it "goes away". An unfortunate combination of both previously mentioned varieties in which the chronic condition, upon being aggravated, exacerbates into an acute situation.

Any one of these varieties, if severe enough, may be accompanied by a nerve involvement. If low-back in nature pain, burning,

Sutker, Lang support insurance plan funding for chronically ill

Chronically ill patients may soon be covered by a special state health insurance plan if funds approved by the Illinois House last week are soon okayed by the Senate, according to State Representative Calvin R. Sutker (D-56) and State Representative Louis I. Lang (D-First District).

"In an override of Governor Thompson's veto, we pushed to reinstate \$10 million in start-up

money to establish the Comprehensive Health Insurance Plan," Sutker stated. "Thousands of Illinois citizens who suffer from cancer, heart disease or other debilitating illnesses are in desperate need of insurance assistance. This program demonstrates a step toward fulfilling that goal."

According to Lang, the "CHIP" program creates an insurance pool for individuals to obtain coverage at affordable rates. Although approved by the General Assembly two years ago, the program was delayed when the Governor vetoed its funding.

"I believe state government has a very clear obligation to help

Mount Sinai offers lecture

Mount Sinai Hospital North and Mount Sinai Premier Years will hold the following lecture in Room 418 at Mount Sinai Hospital North, located at 2451 W. Howard Street.

January 27 - "How to Talk to Your Doctor," Dennis L. Citrin, MD, 1 - 2 p.m. PhD, Medical Director, Mount Sinai Hospital North.

What does your doctor need to know about your health? What symptoms are always an emergency? What will help your doctor understand your problem? Dr. Citrin will discuss these questions and other ways to effectively communicate with your doctor. NOTE: This lecture will be presented at the Bernard Horwich, JCC, 3003 W. Touhy Avenue, Chicago.

Mount Sinai Premier Years is a benefits program for persons 55 and over. The program offers pharmacy discounts, health lectures, a monthly newsletter, and insurance billing assistance, and breakfast and exercise programs to participants. Membership is free.

To reserve your place or for more information on Mount Sinai Hospital North and Premier Years, call Nancy J. Kanon, Premier Years Coordinator, 764-0597.

make health care insurance available for everyone who needs it," Lang said, "and those suffering from serious diseases need insurance the most."

"Those with catastrophic illnesses should be concerned about restoring their health and providing for their families—not with how to pay for soaring medical expenses," Sutker added.

"During the past few months, I received many calls urging me to support this override," Lang said. "I have supported this important measure in the past, and I am very pleased that we reversed the Governor's decision."

Oakton Arms Offers Seniors Housing Hope

As the population of elderly and retired persons in the Northwest suburbs grows each year, more and more senior citizens are faced with a dilemma.

On the one hand, they feel they cannot remain in their homes any longer—either because the house has become too expensive for them to keep up, or because they simply don't want to keep that heavy responsibility in their later years.

On the other hand, many don't want to leave the area where they've raised their children, have their relatives and friends, and feel most comfortable.

For many such seniors, the ideal solution lies in the numerous new senior citizen housing developments which are springing up in the Northwest suburbs.

One of the newest such developments is Oakton Arms. The 102-unit development, located just south of Oakton St. and west of Lee/Mannheim Rd., is the first of its kind in Des Plaines. It was developed in conjunction with the nearby Oakton Pavillion nursing home.

Jay Lewkowitz, executive administrator of Oakton Pavillion, said Oakton Arms was designed

primarily with Des Plaines senior citizens in mind.

Oakton Arms was created for active, healthy senior citizens who want to stay in the community, but need a simpler living arrangement, Lewkowitz said.

All 102 units in Oakton Arms are 425-square foot studio apartments, designed for one or two persons. The monthly rate is \$1,500 a month for a single person, with an additional charge of \$450 a month for couples.

The cost of living at Oakton Arms also includes lunch and dinner served each day in a cafeteria-style setting; a full-time activity center; and access to a "courtesy car" to get seniors to activity centers, shopping areas, churches and other popular destinations. Those who have their own cars also have parking space nearby.

And in the event that special medical treatment becomes necessary, local hospitals are just minutes away, and the Oakton Pavillion nursing home is next door.

Lewkowitz said the philosophy of Oakton Arms management is "to provide residents with the most independence possible, yet with an underpinning of security.

SENIOR SEASONS

Area Activities • Senior Discounts • Special Services • Senior News • Bulletin Board

Volunteers needed for many tasks

Volunteer Services of Skokie Valley, a non-profit independent agency, is a clearing house that matches the interests, skills and talents of prospective volunteers with needs of non-profit organizations serving the community.

Listed below are some of the volunteer positions currently available. Interested persons may call Volunteer Services, 675-7995.

Meals for the Homebound are delivered by volunteers, usually in teams of two. The routes are usually finished in one to one and a half hours. This service makes it possible for seniors and recently hospitalized persons to live at home.

Clerical Volunteers are continually needed by various organizations—assist with mailings, typing, data entry, phone calls, etc.

Vocational Assistants help staff in working with people who have work disabilities due to age or other handicaps. Group Activities Assistants are also needed to work with small groups in activities which include Arts & Crafts, creative writing, simple exercises and discussion of current events.

Drivers—Many cancer and other patients in the area need transportation to and from local hospitals where they are receiving treatment. Volunteer drivers are desperately needed and may arrange their own schedules and fill in as their time allows.

Theatre—If you enjoy the theatre you might find it interesting and fulfilling to volunteer for ushering, typing, press room side, receptionist or even backstage maintenance.

Homecare Volunteers—Provide direct care to patients and/or their families with home visits, transportation, cooking, shopping, etc. Training is provided.

Victims of Violence—Several agencies which work with victims of violence are seeking volunteers to staff hotlines and to work with the victims and their families offering support and informal counseling. Training is provided.

Public Relations Assistant—A volunteer with phone skills, letter-writing capabilities, and excellent "people" skills is needed by a local self-help organization. Training is provided.

Media Assistant—Must type accurately. Some experience with media relations. Training is available.

Computer Data Assistant—Experience with data entry and word processing. Will learn about micro-computers.

Speakers Bureau—Public speaking ability, familiar with some aspect of the self-help field.

Nursing Homes—Several non-profit suburban nursing homes need volunteers for friendly visits, assisting with crafts, games, hobbies and current events discussions or just pushing wheelchairs or taking residents for walks.

Skokie volunteer gives from the heart

Walter Flintrup has kept a promise to his community for nearly two decades. Walter is a blood donor and has been helping to save lives in Skokie, one pint at a time.

Walter helped organize the first Skokie blood drives in the early seventies. As a member of the Village's board of trustees for eight years he helped recruit blood donors. "We gave then for some of the same reasons we give today...because our neighbors needed it for surgery, or their babies needed it as soon as they were born. Today I give blood not so much to replace what my neighbors use, but to help save someone's life. Someone can always use it," he said.

"I first started giving blood in 1949 at Northwestern. They gave me \$5 every time...I used it to take a pretty girl to the movies. Back then, they didn't tell you to wait eight weeks between donations, so I was at the movies every couple of weeks!" he said.

Walter has given 11 gallons of his blood at the Skokie blood drives, held the second Wednesday of every month at G.D. Searle Company. You can join Walter and hundreds of others in Skokie who give the gift of life every chance they get. To make an appointment to give blood at the January 11 blood drive, call Donna Mohrlein at 673-6500, Ext. 230.

"I give as often as I can," Walter said. "It makes me feel good."

Social activities for Maine seniors

Maine Township residents 65 and older can find a wide variety of activities to suit every taste and pocketbook with membership in the Maine Township Seniors.

Special events are frequently offered at little or no charge. In February seniors will have an opportunity to participate in a Valentine miniature workshop and have been invited to free Bingo and a complimentary lunch at the Oakton Arms retirement facility.

The seniors have been invited to several complimentary productions at Maine West High School, and the Maine West Choraliers performed at the Seniors holiday luncheons.

Bingo is offered on the first Wednesday of each month for a nominal 50-cent fee to cover the cost of refreshments.

Other programs include the popular monthly luncheons featuring professional entertainment and celebrating holidays and seasonal events. The luncheons are so popular that three must be held each month to accommodate the Maine Township Seniors' membership.

Day trips to luncheon matinees and interesting sites offer seniors an opportunity to expand their horizons without the hassle of driving.

Fees for luncheons, theaters, and day trips are kept at reasonable rates and include deluxe buses where transportation is required.

To receive a membership application and obtain reservation information, call Sue Neuschel or Helen Jung at the Maine Township Town Hall, 297-2510.

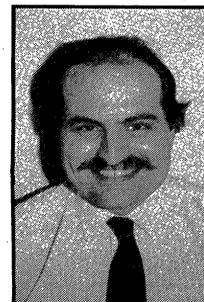
ed the course have stated that they are more confident in their driving after the review than they have been for the past forty or fifty years!

Get involved with Volunteer Services of Skokie Valley. Join our staff of volunteers—"PEOPLE HELPING PEOPLE!"

Director of Pharmacy

Mark A. Vittorini, Pharm. D., of Melrose Park, has been appointed Director of Pharmacy at Mount Sinai Hospital North on the City's far northside. Mr. Vittorini's responsibilities include supervision of all aspects of the Pharmacy, including staff and day-to-day operations, quality assurance and departmental budgeting.

Vittorini received his Doctor of Pharmacy and his Bachelor of Science in Pharmacy from the University of Illinois at Chicago. He earned a Bachelor of Science Degree in Biology from Loyola University, Chicago. Previously, he was a Clinical Pharmacist at Oak Park Hospital. Prior to that he was an instructor at the Schools of Pharmacy and Medicine at the University of Missouri at Kansas City. Mr. Vittorini holds membership in the American Institute of the History of Pharmacy, the American



Mark A. Vittorini Society of Hospital Pharmacists, Rho Pi Phi Pharmaceutical Fraternity, and the American Pharmaceutical Association.

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Mount Sinai North rehab unit helps patients recover skills

Even when "the operation was a success," not all patients leaving a hospital can glide back into the activities they enjoyed before their illness or injury.

They may be weak or have to cope with a permanent condition, such as paralysis following a stroke. That's when rehabilitation becomes synonymous with opportunity for an independent, quality lifestyle.

"Most of the patients entering a rehabilitation program rely on wheelchairs for mobility. And most of the people who complete the program walk out of the hospital and return to their homes," said Richard Paul Bonfiglio, M.D., medical director at Schwab Rehabilitation Center, one of 70 freestanding comprehensive rehabilitation hospitals in the country.

"People enroll in a rehabilitation program to build strength through therapy and to recover skills that were lost due to illness or injury," added Kathleen Yosko, vice president and administrator of Schwab.

Acquiring strength and learning adaptive skills through rehabilitation can be an effective option to placement in nursing homes or dependence on government supported programs. Too often, loss of physical independence can be financially, as well as emotionally and psychologically devastating.

Donald Wojcik is an example of one person who chose rehabilitation over a future of dependence and economic struggle. One day last year, while on the golf course, Donald had a cerebral vascular accident (CVA), com-



Margaret M. Molek, OTR/L, observes a patient as he practices buttoning a shirt. Occupational therapy at Mount Sinai Hospital North's new unit emphasizes the rehabilitation of fine motor skills, such as self-care proficiency and the use of the hands. This enables a patient to recover their daily living skills, such as bathing, dressing, and cooking.

monly known as a stroke. Facing the loss of certain physical and cognitive skills, Donald came to Schwab following his acute care treatment. He began a program of comprehensive rehabilitation to restore as many of these skills as possible and to compensate for those that could not be recovered.

Comprehensive rehabilitation at Schwab is provided by a team of specialists. Physical, occupational and speech therapists work with nurses, psychologists and social workers to ensure progress in all aspects of patient care. The entire team is overseen by the patient's physiatrist, a physician specializing in physical medicine and rehabilitation.

"The field of physiatry is becoming more important," said Richard Paul Bonfiglio, M.D., medical director of Schwab. "Many more individuals with significant disabilities are surviving the initial trauma that led

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Rehabilitation... The road to recovery

by Dennis L. Citrin, M.D., Ph.D.

Medical Director, Mount Sinai Hospital North

Dennis L. Citrin, M.D., Ph.D., is the medical director of Mount Sinai Hospital North, an affiliate of Mount Sinai Hospital Medical Center and site of a new 15-bed comprehensive rehabilitation facility, managed by Schwab Rehabilitation Center.

Dr. Citrin specializes in internal medicine and medical oncology, with a special emphasis on cancer prevention. He is an associate professor of Clinical Medicine at Northwestern University Medical School, and has published over 70 articles and delivered more than 100 lectures at national and international conferences. Dr. Citrin and his associates have a private practice at two locations: one on the north side and one in downtown Chicago.

Q. How does rehabilitation care differ from other medical treatment?

A. Rehabilitation emphasizes the functional aspects of increasing an individual's physical and cognitive independence. Sometimes an injury or illness is so severe that an individual cannot fully resume the life that he led before. Even after a patient is stabilized medically at an acute care hospital, he may be left with some sort of disability. For a disabled individual, rehabilitation is a process of return: it is learning basic skills for a second time and new adaptive techniques to cope with permanent physical problems. The board certified specialist in physical medicine and rehabilitation—a physiatrist—is the physician for survivors. Once a patient has survived a disabling accident or illness, his physiatrist will be his link between hospitalization and the maximum level of independence possible.

Q. What medical problems frequently require rehabilitation?

A. Medical problems—such as stroke, hip fractures, brain injury, cerebral palsy, spinal cord injury, acute and chronic pain, multiple sclerosis, severe arthritis, and amputation—may require rehabilitation. Maximizing abilities to achieve improved functional or cognitive skills is the fundamental goal of rehabilitation.

Q. What medical specialties are part of a staff that can provide comprehensive rehabilitation?

A. A coordinated team of specialists is necessary to provide comprehensive rehabilitation. Headed by the physiatrist, the team works as a unit with the patient, family, and other support persons to target key goals. The team members may include specialists in occupational therapy, physical therapy, psychology, recreational therapy, rehabilitation nursing, social services, speech-language pathology, audiology, and vocational services.

Q. How can individuals benefit from outpatient services?

A. Patients can continue developing finer skills and more sophisticated adaptive techniques long after they are independent enough to leave a rehabilitation hospital. Some may need vocational or psychological counseling, even though they are physically capable of coping with disability. Many people also benefit from physical, occupational, speech and other therapies on an outpatient basis, even though their injuries or illnesses did not require the intensive therapy programs offered to inpatients.

Some facilities develop outpatient programs to meet very specific needs. Schwab Rehabilitation center, for example, offers industrial injury rehabilitation and work hardening at three locations in the Chicago area. In addition, Schwab's speech-language pathologists provide therapy for people who rely on communication skills for success in their careers. This Professional Voice Program offers treatment that focuses on the health of the voice, as well as the sound.

Such outpatient services allow individuals to receive needed medical attention with little disruption in their daily lives.

ness. Acceptance of such functional limitations is a key step in advancing toward rehabilitation goals.

Members of the rehabilitation team meet regularly to discuss progress of patients, so that individual programs can be tailored to maximize strengths and cope with weaknesses during the ongoing rehabilitation process. Family members are encouraged to attend these meetings, as well as therapy sessions, so that the support the patient receives outside the rehabilitation staff can contribute to a successful outcome.

The new rehabilitation unit at Mount Sinai Hospital North, 2451 W. Howard Ave., in Chicago, is managed by Schwab and has begun to accept patients for general rehabilitation. Specialized programs, such as those treating pediatric patients and survivors of head injuries, are planned for the future.

"Frequent family interaction is essential to optimal progress in a

Inaugural... Maine Dems.. DP man...

Continued from Page 1

drive and ran as a Bush delegate in 1984. Eighteen-year-old Timothy has been a precinct captain since he was fourteen and is currently a college freshman majoring in political science.

"We get involved in the political process," said Eunice. "It's not paid work—we work our tails off. Every American should get involved." Adds Don, "An inaugural is like a wedding, you invite your friends and you invite the people you should."

The three Conns will be staying with the rest of the Illinois delegation at the Washington D.C. Westin. They will attend various receptions and breakfasts between Tuesday and the Friday Inaugural. Contrary to what some perceive, the Conns told The Bugle that admission to the gala is by paid ticket. Said Don, "Every type of person is there from the pipe fitter to the CEO. The only free events are the swearing in ceremony, the parade and fireworks display."

Partying is not partisan. The two chuckled and reminisced about the two previous inaugurations they had attended, both for Ronald Reagan. "They'll be really partying at Rostenkowski's party," said Don referring to the Illinois Democratic Congressman. Eunice said she was "arm's distance" from the Reagans in 1985.

The Conns will be at the Friday night ball at the Washington Hilton. President Bush and Vice-President Dan Quayle will attend all the inaugural balls.

Asked the all-important question of what she will be wearing, Eunice answered, "Something I'm making." When the couple traveled to Singapore, Eunice purchased fabric with "threads of gold, silver and orange," and described its texture as being furry. She has made a tunic top to wear over a full-length straight lince chemise with spaghetti straps. Because the fabric is very ornate, she wanted to keep the lines of her gown simple. "Oh, you'll notice her all right," said Don Conn, clearly proud of his wife.

Hynes School... Continued from Page 3

buildings is "about 800" and the recent school census reports there are currently 266 children in the elementary building, 23 of whom are special education attendees from all Niles Township Districts. Golf has 228 in regular classes and 24 special-education pupils.

In addition to declining enrollment, Trumfio cited the \$350,000 price tag for bringing Hynes up to code. Sealed in the crawl space of the building and posing any danger to the students is asbestos, which will have to be removed. In addition, the superintendent referred to other maintenance and updating work needed to bring the Life safety features up to code. Hynes was built in the late 1950's in three sections. Golf was built in 1960. "The welfare of the taxpayer" must also be taken into consideration said Trumfio.

January 30 is deadline for vehicle stickers

Maine Township Clerk Stephen J. Stolton is reminding residents of unincorporated Maine Township that Jan. 30 is the deadline for displaying Cook County vehicle stickers.

Stickers can be purchased at the Clerk's Office in the Maine Township Town Hall, 1700 Ballard rd., Park Ridge. Hours are 9 a.m. to 5 p.m. weekdays and 9 a.m. to noon Saturdays.

Cost of the vehicle stickers is the same as 1988. Fees are \$10 for vehicles of 35 horsepower or less and \$15 for those exceeding 35 horsepower. Senior citizens, 65 years of age or older, may purchase stickers for \$1.

Maine Dems.. DP man... Continued from Page 3

Continued from Page 3

Each of our candidates possesses a particular talent or insight that is related to the specific office that they are running for."

Andrew Przybylo, the latest candidate for Township Supervisor, sounded the theme of the campaign. "The issue in this campaign is one of waste and mismanagement of township funds" said Przybylo. "For the last 12 years, Maine Township officials have wasted taxpayers money by making unnecessary expenditures that often only benefit themselves. We want to cut the fat out of township government and make it perform its limited purpose more efficiently. We are all looking forward to working hard to save taxpayers a lot of money."

The day after the election, a jubilant son called his Mom in Des Plaines, hungry for a home cooked meal. The unflappable Mrs. Zanca invited the 40 person plane of journalists to dinner.

Gas Leak... Continued from Page 3

All Saints personnel quickly shut down power to an adjacent storage shed and evacuated the area to summon help. The highly flammable, toxic gas was free flowing for a portion of the time, posing a hazard to nearby inhabitants. The incident was reported at 10:57 a.m.

Des Plaines police and members of the hazardous materials special unit evacuated the area, and cut off auto and railroad traffic to the vicinity. According to Chief Clark, power and any sources of ignition were shut off and Commonwealth Edison crew shut off their power lines. Emergency personnel using special detection equipment checked valving to the propane units as well as all stoves and furnaces for the presence of the heavier-than-air gas.

A representative of Maryville Academy, a residential facility for approximately 185 children said most of their wards were attending classes at Des Plaines Public Schools. "Less than 100 youngsters and Maryville employees were on academy grounds when the evacuation was ordered. The staff members had made provisions for a longer forecast but power was restored and people permitted to return at approximately 3 p.m. the same afternoon. No injuries were reported during the accident."

Highland Square... Continued from Page 3

Continued from Page 3

Press corps. He moved on as Administrative aide to the late Commerce Secretary Malcolm Baldrige, then on to a position as assistant to then Attorney General Ed Meese at the Justice department. Zanca was promoted to Deputy Director of Advance Press for George Bush for the '88 election campaign, in charge of the Press plane.

The day after the election, a jubilant son called his Mom in Des Plaines, hungry for a home cooked meal. The unflappable Mrs. Zanca invited the 40 person plane of journalists to dinner.

"Politics has been our hobby for years; our kids grew up working in politics" says Mrs. Zanca. As soon as their four kids were old enough to reach the mailbox, they were put to work.

New Assistant Secretary Bruce Zanca now resides in Arlington, Va. He will wed Michele Roy of New Hampshire Feb. 4 upon his return from Japan Feb. 2. Zanca attended Forest View high school in District 214, Harper college and Illinois State university in Normal. He was graduated with a degree in Mass Communications.

Morton Grove Park District Board Members were asked to finetune proposed renovation plans at Harrer Park at a meeting Monday, January 16. All members were present for the presentation by architects from the Glen Eilyn firm, Davis & Associates.

Members of the citizens advisory group, Friends of the Parks, have been working with the park board and architects to improve the park, which is located near Dempster and Austin Avenues. The advisory committee had been polled by Administrative Manager Gary Belling as to the type of improvements which they felt should be included. The group will be asked to render an opinion of the proposed changes at a separate meeting Tuesday, February 7 at 7 p.m.

The proposed improvements, projected to begin sometime in 1992, will be installed in stages, over the course of several years.

Niles Park... Continued from Page 1

Niles Events Committee. Also, the Knights presented a \$1000 check to the Park District for the playground safety surface at Universal Park. According to Trustee Val Engelman, the Knights have contributed \$3,420 for M-NASR activities.

Lions donate fountain
The Lions Club has donated a \$1,000 lion-shaped fountain to the Park District. The practical decoration will be installed at a yet-to-be determined park facility.

Four Park Board petitions filed
James Pierski and three citizens not currently on the Board have filed their credentials with the Village Clerk. The deadline for filing for the April 4 election is January 23.

TAM fees adjusted
In 1989, Niles residents will pay a net of 25 cents more for greens fees at TAM Golf Course while the rates for nonresidents has increased by 50 cents. The 25 cent reservation fee has been discontinued. The Board voted unanimously to adopt the new fees. The number nine sandtrap has been re-dug and new sand added. Notre Dame High School has requested to use the Golf Course for their practices and homemat-

Highland Square... Continued from Page 3

Continued from Page 3

tor of operations for the company told the board, "I missed Christmas this year...Now I'm going to miss Easter." The hamstrung operation was only lightly mollified when he was asked to wait two weeks rather than the originally suggested four weeks.

Trustee Robert Leavitt, reviewing the Plan Commission's report, asked Bloomfield about the resmoking of the hams which are processed in North Dakota before they are packaged and shipped to the store outlets. Bloomfield told the Board he'd visited one of the company's other outlets and did not notice an odor. Landane told the Board the aroma of hams might be discerned by residents but defended him, empoyrs's commitment to the community, "We have 160 stores. We're not fly-by-night company. The quality is there." A lighter mood was in evidence as the Board members discussed the possible residential impact of the smells of flavor-enhanced hams.

Trustees voted 4 to 1 to postpone the decision that will allow citizens a final chance to indicate whether they want an Original HoneyBaked Ham Company outlet at Highland Square. Trustee Neil Cashman dissented, telling the Bugle, "Why should we keep the guy from operating? I felt he was going to fulfill his obligations. I felt it's a good clean operation."

Bill Zimmer, Chairman of the Appearance Commission which met while the regular Village Board Meeting was in session, told The Bugle on January 10 that TCBY Yogurt seemed to ask for "commission input on aesthetics." Zimmer had no comment about the appearance except to say "several on the commission voiced concern regarding carry-outs and flyaway residue (trash)."

Harrer Park improvements planned by MG Park

by Nancy Keramias

Part of the renovation, a creative play area similar to one already in operation at Glenview's Flick Park designed for children with physical disabilities, will be completed in early July of this year.

The plan is both user friendly and neighbor friendly, consideration having been given to both traffic and parking requirements as well as to pedestrian and recreational considerations. One lane of traffic for entry and two lanes for exiting cars are part of the plan. A plaza concept characterizes the site near the pool and the proposal increases existing parking space by nearly 50 percent from 225 spaces to about 336 stalls. Flag football, soccer and various types of softball diamonds will be included. The trustees hope to increase the diamonds to five. Hard ball players may possibly be accommodated by converting an existing diamond in either Oketo or Austin Park for their use.

Said Al Davis of the master

plan, "This is flexible enough to change with the needs of your community. It should guide your direction." In addition to the Friends of the Park group, neighboring Park View School and the Illinois Department of Transportation will be among those shown the plans before a final determination is made.

The creative play area concept is in a more fluid stage of readiness, awaiting input from the Department of Special Recreation and the District 70 School Board. The architects told those assembled there were nine different criteria used in the design: variety, safety, flow, physical challenge, physical development, imaginative play, social development, aesthetic quality and adult participation. \$55,000 has been budgeted for the special playground which calls for three play areas for different age groups.

Morton Grove hosts Children Safety Day

The Village of Morton Grove along with the Morton Grove Park District will host its third annual Children's Safety Day from 10 a.m. to 3 p.m., Wednesday, March 22 at the Prairie View Community Center, 6834 Dempster Street.

More than 600 children and adults throughout the Morton Grove community are expected to attend this year's event. Plans for this year's Safety Day include fingerprinting for children, bicycle registration, Stop Drop and Roll instruction, special appearance by McGruff,

For further information on this year's event, call the Village of Morton Grove at 965-4100.

ENTERTAINMENT

Youthful carolers perform at bank



The First National Bank of Morton Grove lobby served as a stage during the holiday season for these youthful Christmas carolers from St. Martha's School in Morton Grove. It was the third consecutive year the group, directed by Gail Johl (far right), performed at the bank.

Emeritus tour to Santa Fe

An Emeritus tour to Santa Fe will provide an opportunity for adults to enjoy opera in one of the most beautiful settings in the world: the mountains of New Mexico, sponsored by Oakton Community College. The seven-day trip is offered from August 7 to 13.

The highlight of the tour includes a presentation of the popular opera, La Traviata, in a spectacular outdoor amphitheater. Tourists will also be treated to the following opera: Cherubin, Der Rosenkavalier, La Calisto (optional) and The Chinese Opera (optional). The Santa Fe Opera is famous for its magnificent productions and impeccable musical standards.

In addition to the glory of the opera, participants will visit historical sites, beautiful New Mexico countryside, charming cathedrals and famous streets in Santa Fe, and museums, the Civic Plaza and historic Old Town in Albuquerque. The fee is \$985 (before January 30), including round trip transportation, double occupancy, theater tickets, taxes and gratuities. Tour price does not include meals. Registration fee after January 30 is \$1,035. For information, call 635-1812.

Auditions for Oakton comedy

The Performing Arts Department at Oakton Community College will hold open auditions for its spring main stage comedy "Tartuffe" by Moliere and One-Act Play Festival from 7 to 10 p.m. Monday and Tuesday, Jan. 23 and 24 in the Performing Arts Center, 1600 E. Golf Rd., Des Plaines.

Roles are open for people of all ages. Interested actors may bring a prepared audition monologue; however, material will be provided. For information, call 635-1901 or stop in room 1351.

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STARTS FRI. "COCOON II" PG
JAN. 20th SAT. & SUN.: 1:00, 3:15, 5:30, 7:45, 10:00
Don Ameche WEEKDAYS: 5:30, 7:45, 10:00

HELD OVER "MY STEPMOTHER IS AN ALIEN" PG-13
SAT. & SUN.: 1:00, 3:10, 5:20, 7:30, 9:40
Dan Aykroyd WEEKDAYS: 5:20, 7:30, 9:40

DOUBLE FEATURE "BIG" PG
SAT. & SUN.: 2:00, 6:00, 10:00
Tom Hanks WEEKDAYS: 6:00, 10:00
- AND -
HELD OVER "MYSTIC PIZZA" R
SAT. & SUN.: 4:00, 8:00
WEEKDAYS: 8:00

ALL SEATS \$1.50 FOR ALL SHOWS

NBC and Cablevision announce joint venture

Cablevision Systems Corporation (ASE:CVC), the parent company of both SportsChannel and Cablevision of Chicago, and NBC today announced the signing of a letter of intent involving three major initiatives.

The first is the creation of a major joint cable programming venture which will include Cablevision's nine programming entities (including SportsChannel, American Movie Classics and Bravo) and the soon-to-be launched CNBC, NBC's Consumer News and Business Channel.

The second is the offering of a cable package for the 1992 Summer Olympics whereby in addition to the free, over-the-air coverage provided by NBC to its 208 affiliates, for the first time a Summer Olympics package will be made available to viewers through a multi-channel pay-per-view feature.

The third is a commitment to develop SportsChannel America, Cablevision's newest sports venture, into a nationally delivered cable service providing unique and extensive sports programming with distinct regional and local appeal.

The announcement was made by Robert C. Wright, President and Chief Executive Officer of

NBC and Charles F. Dolan, Chairman and Chief Executive Officer of Cablevision Systems Corporation.

The venture creates a major new cable and pay television programming force, with NBC bringing its extensive experience in news and sports to the venture, and Cablevision, through Rainbow, bringing its expertise in special interest programming.

"This endeavor represents the broadcast and cable industries working together to maximize the potentials of each medium to better serve the needs of the television viewer," said Wright. "A major drive of the cable industry today is for more quality programming, and that's the primary mission of this new venture," said Dolan.

The venture's multi-channel Olympics pay television packages will enable viewers to see vastly expanded coverage of numerous events, many of them live. Like the spectator in Barcelona, a subscriber may be able to choose an event to follow from start to finish, or follow a favorite athlete throughout the Games.

A major goal of the overall relationship is to further the development of SportsChannel

America, a cable television service that will be delivered on a nationwide basis. SportsChannel America's programming will be customized to provide high quality sports events of local and regional appeal.

SportsChannel America's concept of regionalization allows for customized sports viewing. "For example, while a viewer in Salt Lake City, Utah watches a college football game of local interest, a hockey fan in New England might be watching live NHL coverage at the same time," explained Dolan. He added, "We will in effect create an 'electronic stadium,' as we bring the sports area to the home on national, regional and local basis.

SportsChannel America is designed as a "backbone" sports programming service into which local sports programming provided by either cable operators or regional sports channels can be inserted. By combining national sports packages such as the NHL with sports programming of local interest, SportsChannel America will seek to further the growth of local sports channels by complementing and strengthening their existing programming schedules.

Under the agreement, NBC will obtain 50% of Cablevision's interest in the programming services and technical facility operated by the Rainbow division of Cablevision. Cablevision will obtain a 50% interest in the NBC Cable Service, CNBC. The transaction between Cablevision and NBC reflects a valuation of the underlying business in excess of \$300 million.

SportsChannel currently serves more than 1,300,000 subscribers throughout Chicago and, and Cablevision of Chicago has 63,000 subscribers in thirty municipalities.

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Jan. 22, 1989
49er's versus Bengals

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6421 DEMPSTER MORTON GROVE 966-8680

Mon-Fri. 11-2 AM
Sat-Noon 2 AM
Sun-noon 12-2 AM

TREAT YOURSELF Dine Out

ENTERTAINMENT

"Safari" show at Niles Historical Museum



Nilesites Joan and Alex Phillips are the featured attraction at Niles Historical Society Museum this month, as they display pictures of their five African Safaris into Kenya and Tanzania. The program, open to the public, will be held on Monday, Jan. 23, at 8 p.m. at Museum Headquarters, 8970 Milwaukee Ave., Niles.

These are professional photographers, who have faced down lions, elephants, zebras, giraffes, hippos, and monkeys in their travels into the wilds of the dark continent.

A professional photographer for the old Chicago American and Today Newspaper, Alex believes in "bringing em back alive" when he and his wife venture off the beaten path to capture the beauty in the beasts of Africa. Traveling in an open-roofed Landrover so that they can stand up through the roof to take their pictures without getting out of the van, the Phillips' have made many friends among the Masai natives who have served as their guides on their many trips to Africa.

Come and experience via photos what this Niles' couple has captured on film.

Winter films at Niles Library

The winter film series will begin on Monday, January 23 at 7 p.m. with the showing of Crocodile Dundee II (Rated PG: 110 minutes). In this film Paul Hogan stars once again as the brawny but softhearted adventurer who discovers how dangerous life in the big city can be. When the love of his life (Linda Kozlowski) is threatened by a band of murderous hoodlums, the two return to the Land Down Under, where Dundee wages an all-out battle on his own turf.

The second film in the series, Return to Snowy River Part II, (Rated PG:99 minutes) will be shown on Monday, February 27 at 7 p.m. When he rode out three years ago, a rugged adventurer in search of his fortune, he promised to return to the land and love he had left behind. Now Jim

Craig (Tom Burlinson) the legendary "Man From Snowy River" is back to claim his rightful stake and renew his romance with Jessica Harrison (Sigrid Thornton), the feisty daughter of a local rancher. Not everyone is happy to see the adventurer return since he plans to build a system of free enterprise in Snowy River...and his legend continues.

Both films are shown free of charge in the library auditorium at 6960 Oakton Street. Everybody is welcome.

Crime show at Pheasant Run

The scene of the crime is at Pheasant Run Resort, Rt. 64 in St. Charles. St. Valentine's Day Massacre February 10, 11 and 12 will quench your thirst for adventure and intrigue. Opportunity knocks for you to play detective and live through an Agatha Christie novel. For reservations of an all inclusive weekend package call (312) 584-6300. Spend St. Valentine's Day with a murderer!!

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Relax and Enjoy the **Playbill Cafe**
Featuring **Live Jazz**
Friday: Ann Pringle
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Fresh Oysters and Clams
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Reservations Accepted

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Nuts, Not Necessarily the Year in Review, Inside the NFL, Encyclopedia, Wall Street, Empire of the Sun, World Championship Boxing, 1st & Ten, The Bulls Mean Business, Smoking Everything You Need to Know, Hope and Glory

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CABLEVISION

"Ten Little Indians" at Northbrook Theatre

"Ten Little Indians" will be presented at the Northbrook Theatre the weekends of Jan. 20-Feb. 5. All performances will take place at the Northbrook Park District's Leisure Center Auditorium, 5323 W. Walters ave. in Northbrook.

Agatha Christie's classic "whodunit" will be brought to life on the Leisure Center Auditorium stage with murder and intrigue galore. Performance dates and times are: Friday, Jan. 20 at 8 p.m.; Saturday, Jan. 21 at 8 p.m.; Sunday, Jan. 22 at 3 p.m.; Friday, Jan. 27 at 8 p.m.; Saturday, Jan. 28 at 8 p.m.; Sunday, Jan. 29 at 3 p.m.; Friday, Feb. 3 at 8 p.m.; Saturday, Feb. 4 at 8 p.m. and Sunday, Feb. 5 at 3 p.m.

For additional ticket and performance information, call the Leisure Center Performing Arts Office at 291-2367.

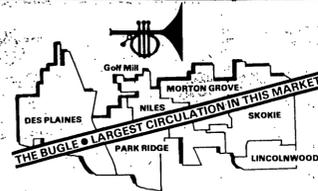
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KITCHEN CABINET FRONTS DON'T REPLACE
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Additional cabinets and Countertops available at factory-to-you prices. Visit our showroom at **640 N. MILWAUKEE PROSPECT HEIGHTS** (Palwaukee Bank Plaza) or call for a free estimate in your own home anytime without obligation. City-wide/suburbs. Financing available to qualified buyers. No payment for 90 days. **The Cabinet People. 520-4920**

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QUALITY WORK AT REASONABLE RATES

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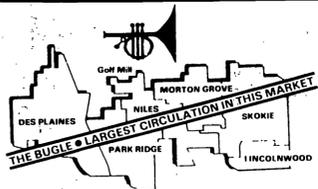
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Noon - 6 PM Only

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NATIONAL PRIDE SELF SERVICE CAR WASH is seeking individual to work Full Time, evenings and weekends, at Niles Car Wash at Harlem & Dempster. Retirees welcome. Ask For Tony
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Monday thru Friday, 8 a.m.-Noon

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Owner Operators
Top Pay and Gas
Northbrook Area
272-0376**
Reliable Trucks Only

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Guaranteed Steady Work if you are reliable and do a good job. Earn up to \$250 a week, plus bonus, plus vacation and holiday pay. Paid training. Paid travel time. HMO plan available. One crew supervisor position available, if you qualify.
**MCMAID
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needed full time for school cafeteria. Must be experienced. Simple menu planning ordering and inventory experience necessary. Must speak and write English fluently. Good salary and all benefits provided.
Hours 8 a.m. to 2 p.m.
NO SUMMERS
Apply in person to Miss Johnson
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5100 Madison Street
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NO EXPERIENCE NECESSARY!

Consider working Part-Time as a School Bus Driver. Our current openings are in the DES PLAINES, NILES, MORTON GROVE & GLENVIEW Areas, Driving late model or new 71 passenger buses, all equipped with an automatic transmission. Training for this type of equipment will be paid at \$5 an hour, the starting salary at \$6.25 an hour. After a 90 day probationary period, you can earn up to \$7 an hour. Previous school bus driving experience will be recognized, but is not necessary.
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392-1668
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(Behind Cleaners-Side Entrance)

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THE GROUND ROUND
850 Oakton n Mannheim Rd.
Now Hiring
*Bookkeeper *Food Servers
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Full & Part Time - Flexible Hours
NO EXPERIENCE NECESSARY
Good Pay, Full Benefits, Paid Vacations & Generous Employee Discounts. Apply in Person
EOE M/F

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4 Hours per day on School days between 9:45 a.m.-2:30 p.m. Enthusiastic, energetic, flexible candidates needed. Will train. \$5.25-\$5.70 per hour depending on experience. Must understand and speak English.
Apply Personnel Department
8:30-11 a.m. & 1:30-3:30 p.m.
Weekdays Only
NILES TOWNSHIP HIGH SCHOOL
7701 Lincoln Ave.
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Full & Part Time Positions, experience preferred but will train the right people.
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Position in childcare center.
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Developmental Training Aides, with or without experience, needed for DD Day Program for adults with all levels of disability in Chicago's near north suburbs. Including innovative and creative programs with special services for hard to serve clients as well as programs for higher functioning. Excellent Salary & Benefits
Team approach
Please Call
966-0550
Weekdays 10-3

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CNA's Up To \$9.00
TO QUALIFY:
• Current ILL License
• Current CPR Cert.
• Current Health Stmnts
• One year experience
NURSEFINDERS OF SKOKIE
5006 W. DEMPSTER
676-1515
Serving All North Suburban Areas

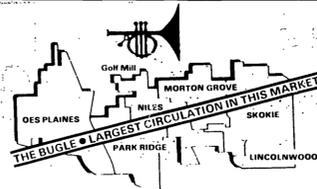
ACTIVITY COORDINATOR
needed at Angel Guardian Senior Center. Writing skills a must.
761-8700

DD DAY PROGRAM
Developmental Training Aides, with or without experience, needed for DD Day Program for adults with all levels of disability in Chicago's near north suburbs. Including innovative and creative programs with special services for hard to serve clients as well as programs for higher functioning. Excellent Salary & Benefits
Team approach
Please Call
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Weekdays 10-3

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KEY HOLDER Part Time
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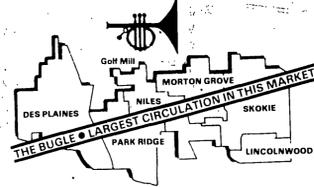
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Mid-size Skokie/Lincolnwood association seeking permanent clerical receptionist. Applicant must have experience in secretarial functions including knowledge of word processing. Good working conditions, excellent company benefits.
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(Prepay with Visa or Mastercard) Actual size of ad...2" x 3 1/2"

From the Left Hand

Continued from Page 1

local person to fill the manager post. He said he wouldn't rule out the possibility. He added a rather odd comment. He said he didn't intend to throw any "grease on the fire" in his next choice and implied he might bring in a more "pacific" manager for his next selection. But he emphasized the candidate would have a strong finance background, similar to Hedge's. He said being a "nice guy" was not the criteria he would seek.

There is something a bit dismaying about the Hedge era in Niles. As we noted a couple of weeks ago, Hedge is leaving a body count behind as he moves on to his new community.

When Hedge moved into the village manager's post he immediately clamped down on the administering of the village. At the Scheel Administration Hall, Hedge became a no-nonsense first sergeant. He segregated personnel and placed poited plants in key areas to eliminate socializing. It was a nine-to-five o'clock, nose-to-the-grindstone job and you better shape up or ship out.

Jack had all but one desk removed from the reception area and former personnel were cramped into a small office. No talking across desks. If you wanted to talk to your former cross-the-desk buddy, you had to call them on the phone. One fireman told us he was reprimanded because he chit-chatted with one of the girls. Do your business and get on your way was Jack's way of operating. Subsequently,

several old timers at the Hall took early retirement rather than put up with some of Jack's nonsense.

The man who ran Niles Family Service program also quit because of Hedge. It was alleged Hedge used the guy as a messenger boy and he found Hedge's overbearingness intolerable. He too quit his Niles job.

It is dismaying to see Hedge come and go as he is doing. He came into a very fine community which was created by the hard work of many of the people down at the Hall. He came in, banged heads and left their bodies in his wake. Hedge moves up an \$83,000 job, partly due to the image of what was done in Niles. And what was done in Niles was created long before he arrived. And it was done by the very people who felt working conditions became intolerable when Hedge took over.

Hedge is on track. He's heading for a very classy community at a top salary. He is obviously proud of his success. But moving up the ladder while leaving a body count in Niles should give him pause to measure his success. Perhaps he will emulate his new President when he moves to New Jersey by creating a kinder more gentler environment than he did in Niles.

Jack played it by the book. It had chapters on Finance and Budgets and Accounting. It excluded chapters on Public Relations and Personnel Relations. We thought it was a rather narrow book.

NSLS director... Continued from Page 1

public libraries in this area as well as academic and specialized libraries."

Under McClarren's leadership, the NSLS has become pioneers in the creation of computerization of public libraries, said Bullen. "We are recognized as a pre-eminent library system in the United States both as to our book holdings and library strength," according to him.

The system's board of directors, who will be responsible for appointing another director, consists of board members, members of public libraries, representatives from academic and specialized libraries are associate and non-voting members, he said.

Book circulation at the Niles Library is up 29 percent and library registration is more than 13 percent than at the same time last year, according to a report given to board members.

In other statistics on library materials, staff member Linda Weiss said technical services, although lacking full personnel strength, processed last month about 2,543 new books which will be available to patrons. The number of newly processed books has increased steadily since this fall with September, 736; October 1,188 and November, 1,634.

Also, board members voted to change library policy so that children may be able to borrow an unlimited number of puppets and puzzles at one visit.

The library will be closed May 19 when an in-service staff training is to be held. Board member Irene Costello said the "Friends of the Niles Library" will donate a new podium to the district. Also, a one

Thomas E. Chapp

Navy Petty Officer 2nd Class Thomas E. Chapp, son of Edwin J. and Helen K. Chapp of 4827 Fargo Ave., Skokie, IL, recently reported for duty with Commander Submarine Force, Pearl Harbor, Hawaii.

Szchowitz...

Continued from Page 1

had gone before the party committee Saturday, Jan. 14 at 2 p.m. and was questioned by them for approximately 45 minutes. At 4 p.m. the same day he was told he would not be on the party's ticket. "I was not informed as to why," said the Trustee. "I lost by two votes." Szchowitz said a majority of a quorum of the 23 members of the committee was necessary to be slated.

Szchowitz said those present during his interview, "fell far short of 23." Szchowitz filed his petition to run as independent trustee candidate at 2:30 p.m. the Monday following the Action Party's rejection. To his knowledge, no other candidate(s) had submitted petitions to Village Clerk Wilma Wendt. Deadline for submission is Monday, January 23. By being the first to file, his will likely be the first name to appear on the ballot.

Szchowitz unveiled three of the planks on his platform. "First, I see myself as an independent watchdog candidate. Two, I'm a logical alternative choice to one party government. Three, I'm there in opposition to a complacent and patronizing attitude."

Szchowitz cited a remark made by Trustee Lewis Greenberg as an example of the attitude he hopes to prevail against. At the meeting, Greenberg supported acting Mayor Dick Hols' assertion that Morton Grove citizens opposed a change to their system of representation and were satisfied with the current Board.

Szchowitz said "I'm not there to disrupt Village government. My record and attendance is as good if not better than any other Trustee. I've been active in all my committees and assignments."

Szchowitz has not been publicly criticized by Hols or by other Trustees as to his qualifications and job performance.

Szchowitz continued by saying his two-term tenure has been characterized by "aggressive and dynamic and innovative legislation." He cited two 1988 ordinances initiated by him and passed by the Village Board which he says have generated over a quarter million dollars in revenue annually to the Village.

The brunt of these taxes on commuter parking and real estate transfers is borne by non-residents, according to the Trustee. Szchowitz also pointed to his initiation of the 911 referendum as a further example of his positive contributions to village government. Along with Village Manager Larry Arlt, Szchowitz said he has worked with community groups battling air pollution as well.

Asked to estimate his chances of retaining his seat, Szchowitz was philosophical: "There've been David and Goliaths before," said the Trustee. "I'm facing a war chest of \$10,000 or more," in party campaign funds.

Szchowitz seemed to feel Action Party members shunned him because of his opposing viewpoint on the representation question rather than his qualifications. "Most of the time was spent asking me about the referendum. I said it's transitory. It's ludicrous...there's nothing in their plank" about the question.

Calls to Action Party member Joe Alessi to get the Party's comments had not been returned by the publication deadline.

Przybylo named Citizen of the Year

The Niles Chamber of Commerce announced the recipient of their 1988 Citizen of the Year Award at their annual banquet held at the Chateau Ritz on Friday, January 13.

Honored for his "lasting impact on our community and its people," was House of White Eagle restaurateur Thadeus (Ted) Przybylo. The seventyish businessman is the seventh recipient of the annual award.

According to a speech delivered by the Chamber's first Vice-Chairman, Bob Christensen: "This year's winner has been working since the age of eight when he delivered newspapers and caddied at Tam O'Shanter Golf Course. At age 22, he established his own business, a small bar on the northwest side of Chicago."

He became president of the Polish Welfare Organization about 10 years ago at a time when it was barely surviving. Today it has a budget in the thousands of dollars.

Currently, his "Pet" organization is the three-year old "Polonia Cares", a program to help youth, the elderly and lonely.

Today, in his early 70's, he still maintains a 12 to 15 hour daily work schedule. He believes old age is one of the greatest sicknesses of man.

In 1988, he completed a 17,000 square foot office-retail complex on Milwaukee Avenue. He raised in excess of \$15,000 for the "Polonia Cares Foundation".

His own business generated sales of \$3.5 million here in Niles. He serves on the Board of Directors for St. Andrews Home for the Aged and has been a Niles Chamber Member for 19 years.

Last year, he helped prevent the deportation to Poland of a

young Niles girl by working through the offices of the Polish Welfare Association and by the placement of a fund-raising table in the main lobby of his business establishment.

He places a strong emphasis on charity. He daughter recalls, "When we were very very little, my dad asked us what our favorite Christmas gift was and I pointed to a stuffed animal. He then took our favorite gifts along with a food basket to a needy family, because he wanted us to know that it isn't always easy to give. I've never forgotten that", she said.

Christmas eve is very important to Polish families and our winner invited 100 Polish immigrants to dinner during that holiday following the Solidarity Uprising in the 1970's. He and his family personally waited tables and kept TV cameras out so these people would not feel exploited.

Many famous people have been attracted to his banquet hall. Included are such names as Pope Pius XII, President Jimmy Carter, former presidential candidate Edmund Muskie and Michal Dukakis, Willie Mays, Karl Malder, Walter Payton and many others.

Our winner attributes his success to his motto: "Give the Business Your Word and Love People". He says rewards occur when people come to his banquet hall and tell him they like him.

"While doing all this, he and his wife Alice have raised six children. Their daughter, Athena Kroger is a State Senator in Vermont. Son, Andrew is a former candidate for Cook County Commissioner."

Previous recipients of the award have been Bernadine Reid, Elaine Heinen, Ray Newman, Bob Wordel, Marilyn Brown, and Lois Kozeny.

Oakton...

Continued from Page 1

transfer funds. This budget reflects an approximate deficit of \$1,589,990.

Sources of revenue expected for 1989 are: Local Government-\$1,350,000; State Government-\$400,000; Federal Government-\$5,000; Student Tuition and fees-\$3,917,000; other sources-\$1,595,000.

Registration is still in progress for the spring semester. Dr. Mary Olson said enrollment is up 10%. MONNACEP enrollment has also increased. Reasons given were brochures mailed earlier than usual and mild weather conditions.

In other business, the Board approved the academic calendar for the 1989-90 school year. Fall registration will begin August 21, and classes commence August 28. Fall semester ends December 20, and Spring registration begins January 8, 1990. Spring classes start January 15, 1990. Commencement takes place and the semester ends May 20.

A presentation was given by Professor Richard Tracz who originated Oakton's "The Write Line", a grammar hot line available to both students and the general public. Professor Tracz has received national and local recognition by the media for his unique service. Tracz gets calls from all over the country from people needing information on grammar, punctuation, spelling, and style. "The Write Line" can be reached at 635-1946.

Chuck Tilley of the Hawthorn Homeowners Flood Prevention Association was present along with John Nitz and other members of watchdog groups who attended because of interest in the controversy over the Northwest Municipal Conference

project.

An angry Tilley addressed the Board and asked for an update on plans for regrading the northwest field. The project was postponed until spring when more bids are expected to come in at lower prices. President Ten Hoeve stated, "Oakton is still committed to removing the landfill in the spring."

Board Chairman William Spaulding began the meeting by reminding those present of Oakton's mission as a community college: "Our mission is four fold," Spaulding said. "To provide a Liberal Arts Education with transferable credits to four year institutions; to provide occupational and vocational training and retraining to reflect the marketplace; to provide post-secondary education and help or review in preparatory skills, and to provide public service programs such as MONNACEP for adult education, leisure, and hobby interests.

Niles West...

Continued from Page 3

species. Robert Honig, a former Niles North student now majoring in pre-law at the University of Illinois told the board he hoped students might learn more about endangered animals and work to help save them from extinction if a symbol such as the condor is selected.

Niles West students have been considering changing their mascot, which has been an Indian since 1982. The student committee was formed in September, of 1988.

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PIER 14



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